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Victoria Beach CLUB

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FISHING DERBY — Sat., July 4, 9:00 to 12 Noon at the Pier
FLEA MARKET — Sat., July 4, 2 P.M. at Clubhouse
SWIMMING REGISTRATION — Sun., July 5, 11-12:30 p.m.
at Clubhouse — Bring Membership



Victoria Beach, 1920s

SPORTS DAY — Sat., July 11, 10:00 A.M. at Sports Ground
ADULT DANCE, Sat., July 11, 9:00 P.M. at Clubhouse


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Air Photo, Page 1

 This picture, taken sometime early in the 1920s, shows the beach
as it was in the early years. Depending on the clarity in print of an old
photo, you may pick out 2 piers, an early beginning of the inn, a
Vickers Vedette flying boat of the Forestry Service on the bay, the aer-
odrome, a train on the track, and more stores than we have today.
The present grocery and bake shop are seen in their same spots. Was
the railway station built at this time, or is it just hidden? Answers,
please.

* * * * *

 Do you have any photos of historical or current interest? It is the
prints which are needed, not negatives, black and white or color, and
of course they will be returned.

* * * * *

And speaking of old photos:

 Last summer Bob Hinet bought an old camera at the Flea Mar-
ket for a buck or so and found that it contained an exposed film. Judg-
ing from the cars and haircuts in the developed prints, the film had
likely been in the camera for 25 years or more. We are printing some
of them here with the hope that someone will recognize the people or
places and will claim eight old memories.

Thanks, Bob, for a potentially great human interest story.


**Sports Day 1987
Sportsfield, Saturday, July 11th, 10 a.m.-2 p.m.**

 The Victoria Beach Family Sports Day is planned for Saturday,
July 11th from 10:00 a.m. to 2:00 p.m., weather permitting.

APPROXIMATE times for events are:

 Sprints: 3 and under to 12 years old 10:00 a.m.
Family Relay: 11:00 a.m.
Sack Races: 5 and under to 16 years old 11:15 a.m.
Sprints: 13 years old and up 12:00 noon
Slow Bike: 12:45 p.m.
3-Legged Races: 1:00 p.m.
Finals: 1:30 p.m.

 We still need volunteers to hold string, identify winners, hand out
ribbons, etc. Please contact Barb or Rick Wansbutter at 307-4th if you
can help.

BARB & RICK WANSBUTTER
**Victoria Beach Club
Swimming Program**

 The 1987 Swimming Program begins on Mon., July 6th and con-
tinues daily until Friday, Aug. 14th. Please register for lessons on
Sund., July 6th, 11:00-12:30. To assist in registration please bring your
Victoria Beach Club memberships and the child's Red Cross contin-
uous evaluation report if possible.

 Instructors this summer are Karen Jaeger and Laura McInnes. A
full program of Red Cross Water Safety and Royal Lifesaving will
be offered, as well as a synchronized swim class. "Mimow" classes
for three year olds will be scheduled every morning. We welcome
Jeanne Jaeger back for the month of July. She will be assisting with
the Bronze Medallion and Bronze Cross class. Watch for a synchro
swim clinic on July 31, 1:00-3:00.

 If you are unable to register on July 6th, please see Karen or Laura
on the 6th for class times. The following schedule is a tentative one;
times may be adjusted according to individual class enrollments.

LESSON SCHEDULE (tentative)
Karen
9:00-10:00 Bronze Medallion/Bronze Cross
10:00-10:30 Grey
10:30-11:00 Red
11:00-11:20 Yellow
11:20-11:40 Mimow
11:40-12:00 Mimow
Lunch Break
1:00-1:30 Orange
1:30-2:00 Blue
2:00-2:30 Lifesaving I, II
2:30-3:00 Grey

Laura
9:00-9:30 White
9:30-10:00 Lifesaving III
10:00-10:30 Green
10:30-11:00 Red
11:00-11:20 Orange
11:20-11:40 Mimow
11:40-12:00 Mimow
Lunch Break
1:00-1:30 Red/Orange
1:30-2:00 Maroon
2:00-2:30 Synchronized Swimming
2:30-3:00 Green/Blue

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MEMBERSHIPS	Seasonal	Monthly	Two Weeks
Senior (65 and over)	\$ 50.00	\$30.00	\$1.00
Family, Single Adult	120.00	80.00	2.00
Single Adult	75.00	55.00	1.00
Junior 13 to 17	35.00	27.50	0.50
Child 12 and under	35.00	25.00	0.50
2 or more children (12 & under) same family	70.00	50.00	1.00

GREEN FEES —	Week days	2 or 3 holes	1.25
	— Sat 9 holes		1.50
	— Senior, per round		1.00
Weekends & Holidays —	18 holes		1.75
	— Sat 9 holes		2.25

LOCKERS — Seasonal	Monthly
Lock Size	20.00
Locker open	15.00
Locker open	11.00
Locker open	Daily

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**Contrary to Popular Belief**

The Victoria Beach Yacht Club is a group of individuals, most of whom are your neighbours, who enjoy sailing and are interested in promoting sailing throughout the beach. The following is a list of directors of the Victoria Beach Yacht Club, many of whom may be familiar to you:

Commodore (Big Chief) — Tammas Scott, Jr.
 Past Commodore — Bruce Guest

Secretary-Treasurer — Barry Warrick

Race Chairmen — Paul Nagle, Dave McKibbin

Facilities Chairman — Harry Wall

Sailing School Chairman — Chris Aldridge

Communications Chairman (Yours Truly) — Fred Johnson

If you have recently acquired a sailboat, consider a membership in the VBVC. Where else can you find between 20 and 30 coaches/instructors to help you along the way to proficiency in your chosen sport.

From personal experience, I can tell you that I learned more about sailing in one weekend of racing, than I could have in a month using trial and error methods.

Through events such as the "Learn-to-Race Day" (see the next *Herald* for more details), the VBVC hopes to get more sailors participating in our weekly races.

As well as improving your sailing skills, a membership in the VBVC offers you the opportunity to meet many new friends with whom you share a common interest, *SAILING*.

As you all know, the VBVC has recently graduated from the old caboose to a smart new building, complete with a large deck. To complement the new structure, a new fence was added this year. Our facilities chairman, Harry Wall, deserves special thanks for his effort in acquiring this new fence for us. Thanks, Harry!

The 1987 sailing season got officially underway with the "Red Eye" Regatta, the first event of the season. Unfortunately, we were not blessed with a long-weekend this year, and the regatta will not be completed till Wednesday, July 1st. Results of the regatta will be posted in the next issue of the *Herald*.

Participating in the first race of the season were: Tom Scott Sr./Fred Johnson, Paul Nagle, Chris Aldridge/Richard Vardonboocour, Peter Duke/Rick Bender, Samuel sailing catamarans; Rudy Isaac, Ron MacInosh, Juna Aldridge sailing Lasers; and Dave Price/Garth Dyck sailing a Laser II. Wind conditions were light out of the west, with gusts out of the south-west, which made rounding the windward mark interesting.

In case you missed last week's *Herald*, the training programs in place for this summer include:

1. The Mobile Sailing School for sailors 12 years old and up — July 6-10 and July 13-17.
2. Optimist Sailing School for children between the ages of 8 & 11 — July 23 & 26.
3. Board Sailing School for anyone able to handle a sailboat — Aug. 8 & 9.

For further details, please contact Chris Aldridge at 35 Gibson Drive, Victoria Beach (Ph: 754-8292).

Please note that you *DO NOT* have to be a member of the VBVC in order to enroll in these training schools.

So you see, the VBVC has something to offer people of all ages.

FRED JOHNSON
 Communications Chairman

Thank You

A sincere thank you to the Victoria Beach first aid group. On May 30, 1987, I fell and broke my shoulder. Wally phoned Robert Jonsson and the one phone call was instrumental in bringing an efficient crew to our cottage:

Doris Stucky
 Herby Harbour
 Reg Thomas
 Owen Griffiths

They are just part of the group, who took an extensive course in first aid last winter.

We should all be grateful that we have these fine, dedicated people here and grateful also that their help is available to us. Believe me, I was so relieved to see all of them walk into our yard.

A thank you also to Dr. Murray McLandress who also came away with Robert Jonsson and gave his support. The ambulance from Pine Falls with driver and lady attendant arrived in very good time and gave excellent care.

Last but not least a sincere thank you to our wonderful neighbors, Madeline and Russ Garrett, who helped us through a very bad day.

ANNIE SPEAR

Natural History

Have you ever wondered the shores of our beach and noticed the granite boulders with the pink and white minerals crisscrossing their structure? Looking into the causes of this reveals some interesting aspects of the geological history of the area.

Victoria Beach is located on the fringe of the Canadian or Precambrian Shield, which is made up of rock formed 4 billion years ago — about the oldest on earth. This rock can be seen as massive protrusions as you drive to Pine Falls, and continues as the major landform in the Whiteshell and across all of Northern Ontario and Quebec. Part of the basement floor of the Hudson Bay store in Pine Falls is bare bedrock. Ask to see their storeroom.

These Precambrian rocks exist at Victoria Beach, and indeed across the entire province, but underground at increasing depths as you move west. The granite boulders on the lakefront have been pushed up from bedrock over the ages, and contrast with the much newer sedimentary limestone and sandstone. The same granite boulders can be seen from 3 to 6 metres underground in the newly dug garbage disposal pit at Belair.

Now the origin of the streaks is another matter. The granite is volcanic and the streaks are of similar origin — intrusions of hot magma into flaws in the hardening granite.

Manitoba is currently a "prairie" province and it may be difficult to think of it as having once been a mountainous region with active volcanoes. Things change in 3 or 4 billion years! Our mountains had weathered away completely prior to the glacial periods. The Laurentians in Quebec are an example of a well weathered range. The Rockies could be billed as "Rockies II". All that's left of the original range can be seen as foothills, such as those west of Calgary.

Glaciation also left its mark, polishing the surface of the exposed bedrock, and rearranging land features. Scratches on the bedrock at Pine Falls are still visible after hundreds of thousands of years and are evidence of the direction of ice movement.

Glacial Lake Agassiz, caused by ice damming of the Hudson Bay watershed as the glaciers melted on the south, at one time covered all of the province except the extreme southwest corner and the Hudson Bay lowlands. Successive shorelines as the lake receded are marked now by gravel ridges such as Birds Hill and the many others in southern Manitoba.

Our very flat, fertile farmland, starting at St. Anne on the east, is the bottom of Lake Agassiz in its final form. The only remnants today are Lakes Winnipeg, Manitoba and Winnepegosis and, in geological terms, they too are shrinking.

If our past is literally carved in rock, don't worry about the immediate future. Enjoy the rocks and the lake — we are due for another ice age before it disappears completely!

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Recreation Director's Report

Programs start July 4th

• All activities will be run on the Sports ground with the exception of Arts & Crafts and Tennis.

Arts & Crafts — Rec Hall

Tennis — Courts

Golf Lessons limited to 12 per group. Sign up at Rec Hall prior to each week's lessons.

Adult Tennis — Alternate Fridays, Mixed Tournaments. See notice for upcoming fun tournaments outside Clubhouse.

Fitness at the beach — Monday and Wednesday; Men's — Mon., 9:10; Women's — Wed., 8:30-9:30

Fitness for the Mature Crowd, Mon., Tues., Thurs., Fri., 9:30-10:30 Clubhouse; Betty O'Malley

Yoga with Dorothy Gregory Wed., at Clubhouse, 10:00-12:00

We would appreciate assistance with the Arts & Crafts programme. Please see Derck at Rec Director's Cottage.

KARIN HOYD

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-10:00 *See alternate time for start.*	Men's Fitness Club	Children's Golf (ages 9-14) *Maximum 12 per group.*	Women's Fitness Club (8:30-9:30)	Children's Golf (ages 9-14) *Maximum 12 per group.*	Adult Golf (8:30-10:00)
10:30-12:00 *See alternate time for start.*	Low Organized Games (split — ages 5-8, 9-12)	Arts & Crafts (ages 9-12) Adult Golf/Tennis *alternate each week.* (11:00-12:00)	Hikes (ages 7 & up) 10:00 a.m.-1 p.m. *Younger children with parent*	Arts & Crafts (ages 5-8) Children's Tennis (10:30-12:00)	Adult Tennis (10:30-11:30) Low Organized Games (ages 5-12)
P M EVENINGS	Family Recreation (7-8 p.m.)	Movies (7:30-9:30)	Family Recreation (7-8 p.m.)	Movies (7:30-9:30)	Family Recreation (7-8 p.m.)

BEWARE

It is nice to see the cars disappear from the avenues, which marks the official start of the summer season. Unfortunately this also seems to be the beginning of the junkfood-wrapper-and-drink-can-along-the-roadsways season.

Now I don't know who eats junkfood around this place, but anyone who refuses to use the many garbage cans **WATCH OUT!** One of these days the Spirit of Victoria Beach will grab you and, believe me, you will never scatter litter anywhere again!

RON PRATT

Art and Crafts Exhibition

A letter was received from Jocelyn Munsen on behalf of the Manitow Rapids Arts Council advising of an exhibition to be held on Sunday, July 5th, at the Victoria Beach Sports Centre on Pine Road, from 2 p.m. to 6 p.m. The purpose is to give artists from Senterbury to St. Georges, and including local residents, to gain a wider audience and to seal their work.

Plan to attend and you should be richer for the experience.

Kiddies' Korner

Try these riddles. Answers on page 9.

1. What has eyes but no head and what has heads but no eyes?
2. What has a face but no mouth?
3. What has a neck but no head?
4. What has many eyes but never a nose?
5. What has a tongue but no mouth?
6. What has a hundred teeth but no mouth?

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Beach People

Allan and Jo West on Elm St. are celebrating their 40th Wedding Anniversary July 5th. They have been coming to Victoria Beach for 15 summers.

Barb and Bob Letchford, Brad and Brie are spending the first two weeks of July at 222 - 4th.

John and Suzanne Lemaistre will be staying at the Burch's cottage on Sunset, and will be joined by their children and grandchildren. Steve and Jan Tonhill with children Todd and Brandon are visiting from Calgary and are staying at Sunset and 5th.

Daughter Brenda and son-in-law David Coke and sons Jason and Robbie from Calgary are spending the month with Donna and Robert Jonsson.

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1986 60+ Golf Tournament

The Seniors 60+ Golf Tournament and Pot Luck Supper would
end the 1986 seniors' program on 8 September of last year.

The weather was fine and 82 persons took part in the tournament
and 175 persons attended the pot luck supper that was held at Vic-
toria Beach Sports Centre. The winners of the tournament were:

Ladies	Low Net Low Gross Second Low Net Second Low Gross	Ray Cox Pat Greengrass Ruth Campbell Eve Maddar
Men	Low Net Low Gross Second Low Net Second Low Gross	Harold Cartwright Sam McMorris Charlie McCrae Durward Smith
Ladies	Least Putts Longest Drive No. 4 Hidden Hole Low Hidden Hole High	Bessie Campbell Eleanor Clapham Marion McLean Ruth Hurlburt
Men	Least Putts Closest to No. 3 Hole pin Longest Drive No. 2 Hidden Hole Low Hidden Hole High	Mary Brayshore Duncan Campbell Grant Murray Peter Chabingie Doug Bell Murray Kess Harold Clark

Our thanks to the following persons and organizations who made
contributions to this event:

Sam Atch Hyron Angus Hank Hennings Bill Browncombe Duncan Campbell Les Carter Jackie Darwin Gerry Denchey George Flook Russell Garrett Hilda Home Fred Jones Murray Kerr Bill Langdon Grade Lung Grant Murray John McNiven Bill Neil Bert Parsons Marjory Paton Gil Rosie Roger Smith Alf Stedman Bob Strachan Bill Woodrow Jack Waller	Betty Zaglinski Victoria Beach Council Shell Canada Gulf Canada Canada Packers Athletics Wear Birchwood Hotel Orchid Florist CJOB Safeway SAAN Fit Stop Aur Canada Hudson's Bay Co. Muskey Gas CP Airlines Canadian Imperial Bank Great West Life North West Orient Toronto Dominion Bank Spalding Labatis Via Rail Enfield Baker Manitoba Telephone System Manitoba Hydro Daxion
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The event was organized by the committee comprising Marg and
Roger Smith, Bonnie and Murray Kerr, Rene and Bob Strachan,
Marion McLean and Jackie Darwin.

The 1987 Golf Tournament and Pot Luck Supper will be held
Monday, September 14 and work is now underway to make this year's
event even better than last year. We look forward to seeing all seniors
at that time.

French teacher available to tutor after July 6th. Please inquire at
Camp David, David Read, one block west of David's Store. Ask for
Leanne or call Winnipeg 237-3220 prior to July 6th.

1987 Advertising Rates, V.B. Herald

1/16 page — \$12.00 per issue
1/8 page — \$19.00 per issue
1/4 page — \$28.00 per issue
1/2 page — \$60.00 for 1 issue or \$50.00 for each of 9 issues
Full Page — \$100.00 for 1 issue or \$85.00 for each of 9 issues.

Please address all inquiries to Mrs. Arroll Stewart, Advertising
Manager, 327-5th Avenue, Victoria Beach. Please note all ads must
be prepaid and must be delivered to the above address by 4 p.m. —
Sunday for inclusion in the following Friday's edition.

Answers to Kiddies' Korner

1. Needles and pins
2. A clock.
3. A bottle.
4. A potato.
5. A shoe.
6. A saw.

Dealing With Power Outages

If this information from Manitoba Hydro is of a little use at the
beach, it may be of even greater importance at home.

Where to be if the lights go out...

Nobody can predict the exact consequence of storms on an elec-
trical system. However, ice storms, severe thunderstorms, or high
winds can cause damage to electrical distribution systems resulting in
temporary power loss in your home. Although the cause of power out-
ages is often out of our control, Manitoba Hydro can usually correct
the situation in short order (depending on the severity of the damage).
As a homeowner, you can also play a part in lessening the incon-
venience of a power outage by being prepared... being safe... and
being patient.

The calm before the storm

Being prepared for a prolonged power outage is the best way to
handle such a situation should it occur. Preparation involves planning
and good foresight, so take the time to organize your household...
before the lights go out.

- If you have a fireplace, keep a good supply of fuel such as coal and
firewood on hand.
- Use only fuel-burning heaters which meet Underwriters Labora-
tories of Canada (ULC), Canadian Standards Association (CSA),
or Canadian Gas Association (CGA) requirements.
- Have five or ten litres of antifreeze available to protect plumbing
fixtures from freezing.
- Have flashlights, lanterns, candles and matches, or other emer-
gency lighting devices stored in a handy place.
- Have a battery operated radio and a good supply of batteries on
hand. The radio can keep you informed during emergencies.
- Keep extra fuses (the type and size used in your home) on hand in
case the power outage is simply the result of blown fuses.
- Label your circuits or have an electrician assist you, so you'll know
what each fuse or breaker supplies. Also have him list the sizes of
fuses the circuit should have and don't allow anyone to oversize
the fusing.
- Have your wiring system periodically checked.
- Prepare an emergency kit (see below).
- Effective insulation in your home will properly slow down heat loss
during a severe power outage. Interior insulation RSI 3.5 (R20) will
give you at least 17 hours of heat before reaching the freezing mark
0°C (32°F). Exterior insulation RSI 3.5 (R20) will give you up to
2 days before temperatures reach the freezing mark. (Remember
that insulating to RSI 3.5 standards gives you year-round protec-
tion from costly heat loss.)
- Check with your local Manitoba Hydro office before arranging
for installation of emergency generators for furnaces, appliances or
lighting.
- Choose a shelter such as a basement, storm cellar or spot beneath
the stairs where you can go in case of severe weather conditions.

Continued on Page 11

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A POWERFUL ALLY

Aunt Vickie's Recipe Corner

Five Hour Stew

2 lbs. stewing beef
2 cups diced carrots
1 tsp. salt
1 bay leaf
1 can water
2 cans tomato or cream of mushroom soup
1 medium can of soup with juice
2 small onions, chopped
dash of pepper

Put all into a casserole dish and stir well. Cook in oven at 275°F and enjoy the beach, golf course, etc. for five hours.

Indoor S'Mores

2/3 cup corn syrup
2 tbsp. margarine or butter
300 g. package chocolate chips
1 tsp. vanilla
1 10 oz. package Golden Grahams cereal (7-8 cups)
or substitute Rice Crispies
3 cups miniature marshmallows

Butter a baking pan, 13x9x2 inches. Heat corn syrup, margarine and chips just to boiling in a 3-quart saucepan, stirring constantly. Remove from heat and stir in vanilla. Pour over cereal in large mixing bowl and toss quickly until completely coated with chocolate. Fold in marshmallows one cup at a time. Press mixture evenly in the pan with the buttered back of a spoon. Let stand about one hour until firm. Cut into squares. Lasts at least 2 days at the beach.

Aunt Vickie invites you to submit your favourite beach recipe, and include your name if you would like to see it in print. Don't forget! She can get a bit testy when disappointed.

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Dealing with Power Outages

Continued from Page 9

- Plan for such an outage emergency with all members of your family so that everyone is aware of what to do.

When you're the only one in the dark

If your lights go out and your neighbors' lights remain on, this may signal that your main cartridge type fuses have blown or that your main circuit breaker has been tripped.

If this is the case, check your branch fuses for burned spots on the face. Cartridge fuses give no visible indication of blowing although, if you have no lights at all, it probably indicates that one or more of these fuses may have blown. Turn off as many lights and appliances as you can and replace these fuses one at a time.

If a branch circuit fuse is blown:

- Unplug all lamps, cords or appliances on the circuit.
- Disconnect all electricity to your house.
- Replace the blown branch fuse.
- Return the main switch to the 'on' position or correctly replace the pull-out section in the fuse box.
- Turn on lights and plug in appliances one by one to see if one blows the fuse.
- If these actions do not restore power, call the Manitoba Hydro office in your area.

If a branch circuit breaker is tripped:

- Unplug all lamps, cords or appliances on that circuit.
- Move branch breaker handle completely to the 'off' position and then to 'on'.
- Turn on lights and plug in appliances one by one to see if one trips the breaker.
- If these actions do not restore power, call the Manitoba Hydro office in your area.

When it's lights out for a long time

If you experience a power outage for more than a couple of hours, notify your Manitoba Hydro Representative and follow these power failure procedures:

Don't panic: Keeping your cool when the power is off will go a long way in helping you cope confidently and carefully. Being prepared also helps, so have a plan in place.

Report downed wires right away: If you see a downed wire, keep away from it and report its location to Manitoba Hydro, the police, or the fire department as soon as possible. Guard the downed conductor at a safe distance to prevent others from contacting it until the police or the utility arrive.

Think safety: If you use candles, oil lamps, cook stoves, and/or portable heaters during a power outage, exercise extreme caution. Ensure that you have proper ventilation, that you refuel outside, never store fuel inside, wipe up spills immediately and don't allow children to carry candles or oil lamps around the house (a fall could spell disaster).

Frozen food facts: Do not open the door to your freezer during a power outage. This shortens the time the food inside will remain frozen. A well-filled freezer will maintain the frozen foods for 24 to 72 hours, depending on room temperature and loading. You can refreeze some partially frozen foods (those that still contain ice crystals). Most refrozen foods are safe to eat but lose their flavor and texture as a result of refreezing. Poultry, seafood, ice cream, cream sauce mixtures, or any other foods that are highly susceptible to food spoilage should never be refrozen. You can cook some of these foods for immediate use or refreeze them as a cooked dish. If the odour or colour of any itawed food is questionable, do not use it.

If the weather is warm, your refrigerator will become warm quickly so use perishable foods as soon as possible. In winter, the out-of-doors provides the best refrigeration (keep food in secure containers away from any animals). In the winter you can also freeze a bucket of water overnight and put it in the refrigerator to help keep foods cool.

Major appliance musts: Turn off all of your major appliances (stoves, refrigerators, televisions, air conditioning units, etc.) so they won't all come on when the power is restored and possibly blow fuses or trip circuit breakers.

If you drain your electric water heater, it's an absolute necessity to turn off the appropriate circuit breaker or remove the connecting fuses. Otherwise, you could burn out the heating elements should the power come on.

Water wisdom: Private water systems such as wells or cisterns using electric pumps will be out of service during a power outage. This is why you should try to store several gallons of water for such emergencies. Boil this water before storing it in plastic or clean glass containers.

Plumbing can present many problems during a prolonged outage because freezing water can cause considerable damage to pumps, water heaters, supply lines, boilers, hobby equipment, or traps in the drains of tubs, sinks, commodes, washing machines and dishwashers. If you cannot drain these water areas, add an antifreeze solution to them.

Relief heat: You can use propane, fuel oil, or other supplementary heaters to keep your home warm. Follow all manufacturer's recommendations and directions. Close off the house except for the room which has a fireplace or heater so that you only have to heat one room.

Once your electrical service is restored:

- Be sure to fill the water heater and then switch on the main electric switch
- Turn off any standby heating units
- Flush toilets to dispose of antifreeze and flush each sink and floor trap
- Rinse out dishwasher and washing machine if necessary
- Warm house slightly above normal temperature for a few hours
- Check food supplies in refrigerators, freezers and cupboards for signs of spoilage.

In case of emergency...

Before an emergency hits, prepare a special kit including:

- Flashlight
- Fresh batteries/spare batteries
- Matches
- Candles
- Battery-powered radio (don't put batteries in the radio before power failure occurs)
- Several gallons of drinking/cooking water
- Portable heater
- Camping equipment (sleeping bags, portable lamps or lanterns, camp stoves, etc.)

Kerosene heater hints

Kerosene heaters, provided they are ULC or CSA approved, make excellent standby heating sources in a power outage. These portable heaters are designed to warm a single area, require proper ventilation to operate safely, and demand extreme caution in their use.

DO NOT... fill them when burner is in operation (fill outdoor away from open flames)

DO NOT... use naphtha or gasoline as fuel

DO NOT... place clothing or other combustible articles on top of heater (this applies to cooking utensils as well)

DO NOT... move or service the heater when it is hot or burning
Your heater will come with operating instructions and safety regulations which you must follow for maximum performance.

Remember, if there is a prolonged power outage in your area...

Be Prepared! Have a plan, an emergency kit, and knowledge of the electrical system in your home.

Be Safe! Follow instructions on emergency equipment precisely, store flammable materials away from this equipment, and stay clear of downed electrical wires.

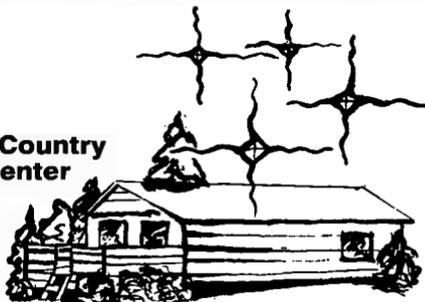
Be Patient! If the outage is widespread, we must put high-voltage transmission lines which feed substations, and substations themselves, back in service before we can repair lines feeding individual customers or communities. As well we must give priority attention to police and fire departments, hospitals, and other utilities where electricity is immediately vital to health and safety. Manitoba Hydro will make every effort to restore your electric service as quickly as possible.

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