



Victoria Beach Herald Sponsored by the Victoria Beach Club

Victoria Beach CLUB

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60th ANNIVERSARY (1925-1985)
BIKE RACE — August 10 — 10:00 A.M. — Sports Ground
VOLLEYBALL TOURNAMENT (Mixed) — August 10 & 11
Sports Ground
ADULT DANCE — August 10 — 9:00 P.M. — Clubhouse



Aerial Photo — 1984 — Marina — Highway 59 — Lagoon — Swamp — Bays

FAMILY SING SONG — August 17 — 8:30 P.M. — Clubhouse
SLOW PITCH TOURNAMENT (Mixed) — August 17 & 18 — Sports Ground
DUPLICATE BRIDGE TOURNAMENT — August 16 — 7:45 P.M. — Clubhouse

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MONDAY - FRIDAY
 Leave 5:00 p.m. from Winnipeg
 Arrive Beach Junction 6:50 p.m.
 Arrive Victoria Beach 6:55 p.m.

Departures from Victoria Beach

Monday	Friday	7:45 a.m.
Saturdays	2:15 p.m. and 7:00 p.m.	
Sundays and Holidays	5:30 p.m.	

ABOUT THE HERALD

There are only three more editions of the Herald to come this year and I hope you have enjoyed reading it as much as I have enjoyed putting it together.

I've met a tremendous number of interesting and contributing people and I would like to thank them now for their help and effort.
 All pictures and treasured items will be returned to you by the end of August.

Contributions for the 60th Anniversary Edition of the Herald are still coming in and if you would like to still make such a contribution you may do so by dropping some change into the contribution box at 3 Pine Road. Contributions will go to reducing the added cost of the 28-page special of July 19.

By the way, there are still a few copies of the Anniversary Special available at 3 Pine Road so if you have not got one yet, act quick!

RENE DESMET

SWINGING SENIORS' DINNER DANCE

Where else can you swing and sway to the mellow music of the 40's and 50's? Overcrowded? Not when the attendance is limited to a modest number. So dress casually, put on your dancing shoes and come out to the Swinging Seniors' Dinner Dance. The food will be sumptuous, the atmosphere will be pleasant and you will be amongst friends. If you wish you can gather a group of 10 and have your own reserved table. This event promises to be the highlight of the anniversary year. It starts with a reception from 7-8 p.m. on August 24th and dinner and dancing follow at 8 p.m. All you need is \$15.00 per person and that includes dinner, wine, music, and prizes. Tickets are available from Fran Pollard, 223-3rd, phone 754-2814.

BRIDGE

Although there were only six tables of regular bridge players on July 29th there were three tables of beginners. This should prove once again that you don't have to be an expert to enjoy an evening of bridge with us at the Clubhouse.

In regular play, high scorer for the evening was Lynda Murray (visiting her parents and here from Minneapolis) with 5790, and runner-up was a newcomer, Bill Greenway, with 4870.

By the time you read this there will be just three more sessions for you to come and try your skill or join in the fun with the beginners.

See you next Monday at eight.

GLADYS MILDREN



"The Gang" (1949). L-R: Don MacKay, George MacKay, Harry McFee, Jim McFee, Bob McFee and Frank Breiz.

PROPOSED LAGOON DEVELOPMENT

With regards to the proposed development at the lagoon, we would like to make the following points:

1. The marina was approved and developed and it was supposed to have been a threat to the birds, which seem to have adapted to the motor boats and would now most certainly adapt to new human residents.
2. We too are concerned about the ecology of the area but let us also be concerned about an uncontrolled area of the beach that promotes the lighting of fires and tenting, etc.
3. The area presently has residue which will be removed and the beaches will be cleaned.
4. We no longer wish to provide a unique lake from property "for the birds" and we feel that the area would be better if it was cleaned up and developed so that it could provide enjoyment for new residents and for the birds as well.

ELISE AND VICTOR PARISIAN

V.B. COTTAGERS' ASSOCIATION

The annual meeting of the Cottagers' Association will be held at 1:00 p.m. on Sunday, August 19, at the Clubhouse. Your executive will bring you up to date on those concerns expressed during the past year. In addition this meeting will give anyone an opportunity to discuss any present concerns which may affect the unique atmosphere we are trying to preserve at Victoria Beach. You are encouraged to attend and you might even be prepared to nominate some individual to serve on the executive for the coming year. New members will also be welcome. See you there.



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FIGHTING THE INTERNAL COMBUSTION ENGINE

We can be proud and pleased that, up until the 60th Anniversary of our community, we have preserved a way of life unique in its resistance to some popular trends. We have shown repeatedly by our votes and preferences that we opt for a break-away from the pollutive effects of the internal combustion engine. The emergence of sailboarding came as a welcome reprieve from the whine of powerboats pulling skiers up and down the Bay!

What are the threats that this calm may not be preserved for our 75th Anniversary? We are unique in having held on to our determination so long! We must not give in now.

A very real threat emerged with the dredging of the channel into the lagoon. As our provincial taxes made possible the operation of the dredger, many of us prayed that the powerful natural forces of the lake would repair its damaging inroad into the fragile marsh and canoeing area. The proliferation of power boats emerging from the lagoon had the potential not only of noise-pollution but of polluting our water supply. Large boats carry waste tanks which they can empty into the lake. (Unfortunately no provincial or federal rules apply to prevent this.) Should we lobby for legislation? (It's horrible to think of our water intake pipes gobbling up effluent!)

Freedom for people to choose their sport and way of life is respected by municipal councils and ours is no exception. We hope that the several realtors handling rapidly developing properties will acquaint their buyers with the unique aspects of Victoria Beach, a quiet unmechanized resort area. So many alternatives exist for those who prefer power-operated boats and land sport transportation.

III DA MORRISH

WATCH THOSE BIKES!

Dr. William Neal has asked parents to talk to their youngsters about racing their bicycles down the narrow paths and lanes of Victoria Beach. It seems that there have been a good number of accidents, most of them minor, in the past few weeks.

Bikes should show courtesy to pedestrians and motor vehicles at all times just as pedestrians and vehicles show courtesy to them. We do not want a serious accident that someone will later be sorry for.

The time to act is now! Please be careful when riding your bikes — for others and for yourself, too.

DR. AND BEEPER SYSTEM

The beach has a long range beeper system so that the doctor, William Neal, can be contacted at all times for emergencies when the doctor cannot be located by dialing the doctor's office at 754-2247.

The physician can be located via the beeper by dialing 1-943-6106 and asking for the operator to beep page 931-8218. The operator can give the physician your message.

Leave your name, address, phone number (if possible) and message.

Repeat the call if there is no response from the doctor.

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Alf Mahon at 207-6th, July, 1935.

HOW CAN WE SAVE OUR BIRCH TREES?

Look around your cottage lot or along any avenue at Victoria Beach and you will see dead or dying birch trees. They have been subjected to winter kill and to a pest from Ontario.

In an article written by Bradley Bird in the Free Press (June 31, 1985) Joel Goswelin of SWA1 Professional Exterminators says an application of Cygon 2F around the trunks of affected trees can save some when combined with the pruning of dead branches. This insecticide can also help to safeguard healthy birches.

The application of Cygon 2F is a simple treatment and takes about four minutes to apply.

The pest from Ontario is the Bronze Birch Borer. It eats through the bark and into the sap and lives in nearby deadwood killed by cold weather. The borer lays eggs in the deadwood and lives off of the live part of the tree and systematically kills it.

Frank Richards, a city entomologist technician agrees that the double blow of winter kill and the Bronze Birch Borer is causing a decline in Manitoba birches. He recommends watering, fertilizing, and pruning the trees, and sheltering their roots. He also claims that in the literature looked at Cygon 2F was not very effective Goswelin claims Cygon 2F does work.

Birch trees 20 years or older are especially vulnerable because they usually contain deadwood. A birch normally lives for about 35 years.

Another report on "How can we save our birch trees" will follow as soon as more information is available.



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CROSS COUNTRY RUN RESULTS

The annual cross country run was postponed from Saturday, August 3rd to Monday, August 5th. Rain and lightning on Saturday were the causes. Thanks to all those who fit this run into their schedules. All who participated were easily able to finish and appeared to be fit and well trained.

The Kerr Trophy for female winner in the 3 k was won by Andrea Boyd. The first male in the 3 k was Scott Shepard. The Giee Trophy for the 5 k winner was Brent Willows and the first female was Wendy Ritchie.

The results were as follows: 3 k: 6 & under — 1st Matt LaFreiere; 7 & 8 Male — 1st Alan Loch; 7 & 8 Female — 1st Mary Lawler; 2nd Christine Cottrell; 9 & 10 Male — 1st Scott Shepard; 2nd Ben Neville; 3rd Danny Angus; 9 & 10 Female — 1st Suzanne Boyd; 2nd Leanne Boyd; 3rd Tammy Cottrell; 11 & 12 Female — 1st Andrea Boyd; 2nd Cindi Sallons; 15 & 16 Female — 1st Karen Jaeger; 2nd Colleen Archer; 30-39 Male — 1st Bob Lawler; 40-49 Female — 1st Helen Black; 5 k: 16-19 Male — (Tie) Ray Dubois; Harvey Cramp; 20-29 Male — 1st Brent Willows; 2nd Mike Gunter; 3rd Reid Anderson; 20-29 Female — 1st Kim Anderson; 30-39 Male — 1st Doug Sammons; 2nd Mike Sampson; 3rd Paul Ritchie; 30-39 Female — 1st Wendy Ritchie; 2nd Karin Boyd; 3rd Christine James; 40-49 Male — 1st Keith Black; 2nd David Rosenberg; 40-49 Female — 1st Elaine Archer

Draw prizes presented by Doug Sammons of Phidippides Sports and Elaine Archer on behalf of the V B Club were much appreciated. Thanks to assistants M. Sammons, Rosenberg, Angus, Bill Stewart and George Ursel

KEN & CHRIS JAMES

DOG SHOW REPORT

In between rain showers the 1985 Victoria Beach Dog Show was once again held and in spite of the weather the show was a resounding success.

Seventy-five well-behaved champion dogs attracted a large, appreciative gallery. Many thanks to our judges, Judy Moberley, Clarice Matthews, Kathy McKibbin, Peter Duke, Ross McCormack, our M C Randy Clark, and helpers Barb Duke and Rebecca McCormack.

The following is a list of the winners, their special categories and their handlers or owners.

Shamus, the dog with flouciest skirts — Elizabeth Thorp; Smokey, shortest crew-cut — Barb Rayner; Ching-Chang, most lovable dog — Lisa Alsip; Benji, dog with the coolest shirt — Allana; Victor, most invisible eyes — Heather Jessiman; Daisy, brightest eyes — Ian and Andrew Gateson; Pepper, Mexican dog with shiniest coat — Laura Friesen; Snowy, best heard — Amie Cameron; Beaver Brook, whitest boots — David and Darcy Lee; Gleam, dog with the best mask — Susan Block; Ginger, cutest nose — Jason; Bingo, most shy dog — Sarah Wilkinson; Max, longest whiskers — Jamie Randle; Iomana, most sorrowful eyes — Jennifer Pablo; most patient dog — Joanne Jaeger; Chelsea, youngest puppy — Lauren Pratt; Annie, best sniffer — Betty Harrison; Heidi, smallest dog with biggest paws — Andrea Pratt; Rapid, most macho dog — Carey Vadeboncoeur; Skye, daintiest paws — Jessica and Nicholas Wanshutter; Ralph, most handsome dog — Len Jensen; Nutmeg, smallest dog — Cinda Solyo; Jemma, shyest dog — Elizabeth Wreford; Bonnie, longest eyelashes — Jennifer Gunther; Scrapy, longest tail — Amy McCaig; Bonnie, coat with most colors — Patricia Lewis; Lucy, most lady-like dog — Maureen Stewart; Sunny, floppiest ears — Rebecca McCarton; Mandy, daintiest eater — Derrick Russell; Barra, most Scottish dog — Cathy Auld; Snowflake, waggiest derriere — Terra Funk; Misty, most velvet coat — Bruce McKibbin; Buffie, best pixie cut — Pattie Page;

Danny, most intellectual dog — Kevin Tkachuk; Captain, biggest footprint — Jona Aldridge; Shandar, Big Red — Steven Russell; Rags, biggest tongue — Devin Chang; Shawna, most ravishing redhead — Joanne Brum; Buffie, curliest ears — Jane Herman; Miss Polly, pinkiest nose — Nadine Krack; Dum Dum, smartest dog — Becky Ng; Brynna, whitest teeth — Lindsay Duke; Luke, best behaved dog — Scott Palmer; Bart, dog with the shortest nose — Colin Laidlaw; Roger, most saucy — Alison Laidlaw; Morgan, longest legs — Amanda Lawler; Tammy, most character in her face — John and Michael Leggett; Lady, most kissable dog — Katherine Wreford; Penny, most unique hairdo — Trista Mills; Sebastian, most expressive eyes — Scott Johnson; Toto, most cuddly — Josh and Christian Humphries; Dolly, sheekiest coat — Thain family; Tuffy, bushiest eyebrows — Barbara Best; Lady, dog with different colored eyes — Christopher Warrack; Koko, most inquisitive — Breil & Shawn; Odie, thickest eyebrows — Desmet family; Cleo, most patient — Julianne and Carolyn Fuller; Brandy, waggiest tail — David and Jennifer McConn; Tammy, curliest coat — Sarah Desrochers; Tuffy, perkied dog — Christie Smith; Abra, loveliest eyebrows — Max Preston; Maggie, dog with longest nose — Bill Browncombe; Tassie, cutest couple — Amika Judd; Casper, most beautiful blonde — Libby Stuart; Duffly, softest coat — Lea Craig; Shasta, best behaved dog — Robin Jewers; Jenny, cuttiest dog — Mark, Sammy, and Matthew Adkins; Johann, dog with whitest paws — Laura Williamson; Smokey, fullest coat — Kyle Friesen; Peppy, curliest coat — Scott and Joanne Salmons; Doulas, the gamest dog with three legs — Roy Neville; Jasper, best groomed coat — Amanda McEllan; Bonnie, longest coat — Richard Mathews; Scamp, teeth that a dentist would love — Mara & Karen Le Clair; Brian Matthews and Alison Urschat; most undisciplined dogs — Donna Matheson

CAROLYN MCCORMACK

V.B. YACHT CLUB NEWS

The V B Y C will be sponsoring this weekend's Adult Dance at the Community Club. All are welcome. Tickets are \$6.00 each and are available at the Bakery.

Last weekend four races were scheduled for the Sprague Cup but because of moderate to very light winds only three were run. The winners will not be determined until the final race, which will be held on Saturday, August 10. Let's have a lot of spectator support on the end of the pier. The race begins at 10:30 a.m. Thus far the results are as follows:

Race #1: Mono-Hull — 1. Rob Garbutt — Laser; 2. Orest Dackow — Laser; 3. Dave and Trevor Priestley — Fireball Multi-Hull — 1. Roy and Carrie Vadeboncoeur (welcome back Roy) — Solcat; 2. Tam Scott Sr. and Fred Johnson — Hobie 18; 3. Jeff Hughes and Crew — Hobie 16.

Race #2: Mono-Hull — 1. Doug Pollard and Scott Thain — Laser II; 2. Orest Dackow — Laser; 3. Dave and Trevor Priestley — Fireball Multi-Hull — 1. Jeff Hughes and Crew (Jeff what is her name?) — Hobie 16; 2. Roy and Carrie Vadeboncoeur — Solcat; 3. Tam Scott Sr. and Fred Johnson — Hobie 18.

Race #3: Mono-Hull — 1. Rob Garbutt — Laser; 2. Orest Dackow — Laser; 3. Ron MacIntosh — Laser Multi-Hull — 1. Harry Wall and Tam Scott Jr. — Hobie 16; 2. Roy and Carrie Vadeboncoeur — Solcat; 3. Tam Scott Sr. and Fred Johnson — Hobie 18. Good sailing Tam Scott Jr.

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JUNIOR TENNIS TOURNAMENT

High drama occurred on the V.B. tennis courts as the Jr. Tournament took place. A body draped over the net, or hurtling into the fence at the back of the court, fists beating on the shale surface, were sights to be seen. These actions were generated by the enthusiasm and energy of the competitors. Approximately forty young people participated, and all played the game with spirit and a sense of fair play.

A new event this year, the parent-child competition, drew nine teams, and proved to be great fun. Young Kelly McCaig gave the McDonalds a scare in the semi-final of this event. Father Dunc assisted. We wish we could present a trophy for this competition. Any donors out there?

One new trophy was evident this year for the mixed doubles event. This trophy was paid for in part by proceeds from Mathew Heiman's lemonade stand during the senior tournament last summer. Again, we thank you, Mathew.

Another trophy ought to be presented — to the unflappable Ann Lugdin. Her patience and cheery nature suit her well to the running of the Jr. Tournament. I thank you for your efforts of the past three years, Ann.

The big winner of the tournament was Scott McDonald. He and his family staggered home under the weight of several trophies and many cans of tennis balls. Congratulations, Scott.

Results follow.

Jr. Tennis Tournament Results

Boys 16 & under: Champion Scott McDonald, Runner-up Norman Taylor. **Girls 16 & under:** Champion Heather Drybrough, Runner-up Lee Ann Johnson. **Girls 14 & under:** Champion Libby Stuart, Runner-up Margaret Rozzi. **Girls 12 & under:** Champion Mary Ann Gow, Runner-up Amanda Lawler. **Boys 14 & under:** Champion Patrick Jones, Runner-up Adam Peeler. **Boys 12 & under:** Champion Mathew Heiman, Runner-up Lee Davis. **Girls Doubles:** Champion Margaret Rozzi and Jacqui Steward, Runner-up Bridget Peeler and Stephanie Rozzi. **Boys Doubles:** Champion Scott McDonald and Mike Wiley, Runner-up Andy Gow and Glen Mitchell. **Mixed Doubles:** Champion Scott McDonald and Lee Ann Johnson, Runner-up Heather Drybrough and Norm Taylor. **Novelty Event:** Champion Scott Gardner and Mathew Heiman, Runner-up Lee Davis and Girant Dawson. **Parent-Child:** Champion Scott McDonald and Bill McDonald, Runner-up Lane Stuart and Libby Stuart.

SHILLAGH YARLETT

EXERCISE CLASSES AND BETTY O'MALLEY APPRECIATED

There are a dozen ladies in V.B. who have been able to eat that extra slice of 'Irish White' as a result of attending the exercise classes under the capable leadership of Betty O'Malley. Thank you, Betty, we all enjoy starting the day this way.

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Log Contest Judges Jessie Ateah and Maxine Clark hard at work trying to find the best of 63 log entries.

AUNT VICKIE'S RECIPE CORNER

Well, I hope that you at least enjoyed reading "Joe Batt's Arm Fish Casserole" which I wrote up for the last issue of the Herald. You should really try it. It's delicious!

This week I would like to introduce you to a delicious cake recipe: Pistachio Cheese Cake. Your family and friends will love it.

Pistachio Cheese Cake

Layer 1

- 1 cup flour
- 1/2 cup butter
- 1/2 cup (chopped walnuts or pecans optional)

Mix ingredients together and press into 9 x 13 pan. Bake at 150 for 15 minutes. Cool.

Layer 2

- 1 pkg. (8 oz.) cream cheese
- 1 cup icing sugar
- 1 cup prepared dessert topping mix or whipping cream

Cream together cheese and icing sugar. Fold in dessert topping mix. Spread on cooled crust.

Layer 3

- 2 pkgs. (4 portion size) pistachio instant pudding mix
- 3 cups milk
- 1 can (14 oz.) drained, crushed pineapple

In large mixer bowl, add pudding mix and the milk. Beat slowly for 2 minutes on low speed. Fold in pineapple. Spread on cream cheese layer.

Layer 4

Whip 1 cup whipping cream, spread on top of cake. Sprinkle with walnuts, pecans or pistachio nuts, or chocolate flakes.

I know that there are some good recipes out there. Why don't you send one in for publication in the final two Herald's of the year?

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A SPECIAL KIND OF FRUIT

In a grassy yard at the corner of Third and Alexandra stands a cluster of snow-white birch. While they're very beautiful, they aren't the trees they once were. Not so long ago these same trees were the wonder and fascination of all who passed by. Just inside the fence running along Alexandra, they once boasted a most impressive and colorful array of fruit. In very size and shape of berry they bore. Juicy apples, downy peaches, golden oranges, lemons, limes, bananas and a pineapple or two hung from their lower branches. Always fresh, these plastic delicacies had many, young and old, stopping to see if what their eyes beheld could in fact be real.

People who remarked on the trees or paused for a better look were invariably drawn into conversation with a kindly old gentleman by the name of Charlie Gerrie. With his wife Ina, Charlie was the source of local news collected from people passing up and down the street. Those heading down Alexandra to the beach for a swim could always learn from Charlie how warm or cold or rough the water was as he'd heard from the early swimmers heading back to the cottage. Sitting on his patio, feeding chipmunks by the hour, Charlie was the epitome of V. B. friendliness and his trees with their peculiar fruit were just one more way of attracting people, whether friends or strangers, to stop for a friendly chat and a bit of news. Charlie passed away a few years ago and the fruit no longer hangs on his trees. Something though about that fruit and the many pleasant conversations it prompted is typical of the special kind of place Victoria Beach is.

K. BURR

MERCURY OUTBOARDS



This Week's Special

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MORE 60 YEARS MEMORIES

Visitors would comment on the numerous people on the station platform when a train arrived but ten minutes later hardly anyone was to be seen — like at the car park everyone rushed to get to their cottages.

Many of us youngsters took our wagons to the train to pull anyone's luggage home to their cottage for 25¢.

Edna Weir was, her sister, and myself would often be seen meeting trains where our favorite engineer, Art Beebles, was the engineer and we'd get a ride in the engine to the "Y". Our own children followed in Mother's footsteps going to the "Y".

As teenagers, we experienced the fun of staying up all of one night waiting for the "Moonlight" to come in — there had been a train accident. We spent most of the night keeping our parents informed of the no-show train asking if we could stay up to see it come in — finally around 5 a.m.

Did you know that Roger Smith and Hugh Johnston wired the Victoria Beach Community Clubhouse, the hardest part was transferring the power from the CNR Station (courtesy CNR) to the Clubhouse so we could enjoy our own records for dancing.

Mrs. Ateah showed my sister and I how to cut wood into stove lengths with a bucksaw between our legs (using a scabbard motion). Our parents always cautioned us to sit still when the coal oil lamps were lit — always the danger of fire. This was our only light to read by, play cards, etc.

One year when we came down on the winter excursion train there was a snow drift as high as the station platform and we could walk right up it onto the roof.

One never thought of the drinking wells working all winter but the water is so deep down it never freezes.

Remembering winter here keep in mind even today never to jump off of the end of the pier into snow. The current of

water there never freezes hard. One his we found out and had to be rushed (in a snowmobile) to Smith's cottage to thaw out.

When the Vallans was run by Walter Thomas about 25 of us Pascos, Sims, Andersons, MacGregors, etc. would go to Elk Island for a picnic and to pick berries for the day. Tommy MacNicol (7th Ave.) who had gone for the ride only decided to stay and asked mother if he could borrow a sandwich. We would walk right through Elk Island picking blueberries and raspberries with never a thought to seeing bears.

Can you all remember the hotel and cabins (our old library is one), pine, oak, elm and ash?

Sara Ateah delivering ice and customers wondering why to keep it from melting (over 80° F weekends) you wrapped newspapers around it. Those were the days.

LIBRARY NEWS

Friday, August 16th is the last day for book borrowing. The Library will be open for returns only August 19th to 21st. You may return overdue books through the slot in the door at any time.

YOGA CLASSES

Every Wednesday morning 10-12 at the Clubhouse. Bring a firm blanket and a towel. V.B. membership only required.

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The frame is the base on which your furniture is built. If the frame isn't strong, it won't take the stress put on it by the springs. Therefore you might not be getting the proper amount of spring support in your seat or back. If it isn't solid, the spring tailored look the furniture will have when it is new won't remain. Look for or ask for a frame made of 100% hardwood that is dowelled at all pts. of stress & corner blocked. A frame made out of good hardwood (birch, elm or ash) that is cut to the proper thickness will produce a heavy piece of furniture. "Grab an arm and give it a lift. You will get the idea."

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TRAVERSE BAY PETE



Mr. Thomas is one of the oldest pioneers to take a homestead in the Traverse Bay district, a community bordering the southeast shores of Lake Winnipeg, between the mouth of the Winnipeg River and Victoria Beach.

He was born in northern Manitoba on January 7, 1876 in a place called Brochet, where his dad trapped and hunted for a living, selling furs to the Hudson Bay Trading Post.

He left his home and took up a homestead in Traverse Bay in the year of 1905 where he settled down with his wife and seven children.

He got to be known as one of the best sturgeon fishermen on Lake Winnipeg. Some of the fish he caught weighed as much as 210 pounds and measured ten feet long.

With his hunting and trapping experience he supplied many of his neighbours with meat and wild birds when food was scarce. Being a good-hearted man, he was well-liked by every one that knew him.

He loves to smoke a pipe and I've known him to hitch up his dog team and drive all the way to Selkirk for a plug of tobacco.

Mr. Thomas is still in good health, has his original teeth and his eyesight is exceptionally good considering his age. The day I dropped in to pay him a visit on March 5, 1968,

in the same old cabin he built when he first took the homestead, he had just arrived from his sort trap line. He greeted me with a big smile and called me inside.

During my visit he told me what a wonderful time he had last summer when his grandson Peter took him for a trip to Vancouver and Seattle. He loved the mountains, the heavy forests and big rivers. From there they went to the sulphur springs in Harrison, B.C., where he bathed in the warm water which made him feel young again.

Before leaving the sulphur springs he filled a bottle of the wonder water to bring home for his rheumatism.

For years he farmed a big vegetable garden, growing some of the finest turnips, beets, carrots and potatoes.

To preserve these for the winter months he built himself a root cellar on the side of the hill on his farm.

Mr. Thomas has thirty-five grandchildren, fifteen great-grandchildren and eight great-great-grandchildren, all living in different parts of Canada.

When his wife passed away some years ago, his grandson Peter went to live with him at the age of five.

When Peter grew up to manhood he remodelled the old cabin, furnished it with modern kitchen cabinets, etc., threw away the old wood heater and cook stove and replaced them with the latest type of electric appliances.

Peter is still living with his grandfather and taking good care of his grand, old gentleman.

As I was leaving he stood at the doorway, his white hair waving in the wind and waved me goodbye. At the age of 92 his massive body still filled the doorway of his cabin.

SAM ATEAH

Editor's Note: "Traverse Bay Pete" is an interesting article about Peter Thomas, one of Victoria Beach's earliest pioneers as written by Sam Ateah, in 1968. Mr. Thomas died in 1971.

"HEALTH IS A STATE OF COMPLETE PHYSICAL, MENTAL AND SOCIAL WELL-BEING AND NOT MERELY THE ABSENCE OF DISEASE OR INFIRMITY." — *World Health Organization*
"THE FIRST WEALTH IS HEALTH." — *Ralph Waldo Emerson*

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By following these guidelines, you can avoid injury.



• **CONSULT YOUR PHYSICIAN** before starting.

• **WARM UP** for 5 minutes after waking before you exercise.

• **WARM UP** for about 5 minutes before you exercise — enough to get your blood flowing and your muscles loosening up.

• **DRINK FLUIDS** — consume amounts of exercise products.

GET ENOUGH EXERCISE

Most physicians recommend at least 30 minutes of cardiovascular exercise 3 to 5 times a week.



BENEFITS of regular exercise:

- **HEART** pumps more efficiently; strengthens myocardium.
- **LUNGS** are better able to process oxygen.
- **FITNESS** results in less and easier fatigue; a dignified and steady state of mind.
- **WEIGHT** and cholesterol level decrease (with proper diet).
- **EMOTIONAL** health improves — you feel better about your appearance.

WWII ENDS AT ALBERT BEACH

Forty years ago I received a letter from my mother, Mrs. Allan Milner, to tell me how she and my father heard about the end of World War II.

They were at their cottage at Albert Beach and heard the C.N.R. steam locomotive whistle continuously blowing.

My father, who was a C.N.R. locomotive engineer, went to Saffie's store and "Curly" Saffie (Leonard's father) said that World War II had ended. Curly had telephoned over to the Victoria Beach railway station to enquire about the whistle blowing. The railroaders were "letting off steam" to celebrate the end of hostilities.

A lot of happy and thankful people enjoyed that day, especially over at Albert Beach. There were only 13 cottages, 2 stores and 1 farm house there but 16 persons served in the various forces of Canada. Their names and services they served in were: Alex Lester - Army; Godfrey Tippett - Army; Jennie Fraser - Airforce; Tom Copeland - Airforce; George Copeland - Army; Gordon Evans - Navy; Tom Harlick - Army; Bob Smith - Army; Allan Milner - Navy; David Milner - Army; Earl Graute - Merchant Marine; Harold Warne - Army; Alf Mayer - Army; Bill Martin - Navy; his daughter Betty Martin - Airforce; his son Harold Martin - Airforce.

The letter that my mother sent to me was received in Avrich, Germany, where I was stationed with the Royal Winnipeg rifles in the Canadian Army of Occupation.

I only missed two summers, while serving overseas, otherwise I have enjoyed the pleasure of swimming in Traverse Bay at Albert Beach every year, starting in 1930 and I am looking forward to many more swims in the future as I hope to duplicate or better my father, he is still alive and enjoying his home at Mill Bay on Vancouver Island and he is 96 years old!

DAVID MILNER

Lot 11, Playdon Street, Albert Beach

Editor's Note: I spent an enjoyable half hour talking with David on Sundays about life at Albert Beach. He has a world of information about the area and was kind enough to share some of it with me. Thank you again, Mr. Milner, for this contribution. It's so nice to receive some cups from Albert Beach.

TEN MOST POPULAR BREEDS OF DOGS IN CANADA

Is your dog popular? Does he like his leash? How does he rate with the Canadian Kennel Club? Here is a listing of the ten most popular breeds of dogs in Canada.

1. German Shepherd
2. Doberman Pinscher
3. American Cocker Spaniel
4. Poodle
5. Labrador Retriever
6. Collie (rough)
7. Shetland Sheepdog
8. Irish Setter
9. Yorkshire Terrier
10. Pomeranian

WORDS WE LIKE TO USE

Ever wonder about what words we use the most? Here is a list of the ten most common words used by Canadians.

- | | |
|--------|---------|
| 1. The | 6. In |
| 2. And | 7. Is |
| 3. Of | 8. You |
| 4. A | 9. That |
| 5. To | 10. It |

Surprised you, didn't we. Notice the lack of swear words

"WE SMILE THAT STRANGE SMILE"

I'm not really sure why I'm writing this down. People who know what I mean don't need it, those who don't won't be any wiser. But in any event...

The thing is we finally did it. After literally decades of renting, we took the step and bought a cottage at our beloved beach. As we excitedly explain this move to people who don't know us all that well, some fascinating dialogue has occurred which, if viewed objectively, would probably be confusing.

Something like

"Well, that's terrific. Now you can do more boating. I guess."

"We could, but we don't have a boat."

"No boat?"

"No."

"Oh, well, then you don't ski?"

"No."

"Sailboat either?"

"Uh, no."

"Uh, but your cottage is right on the lake?"

"No."

"No?"

"Fraid not."

"Uh, how far away is it?"

"Maybe half a mile. It's not really important."

"Half a mile?"

"Uh huh."

"And it's not really important?"

"Not really."

"No dock?"

"No, at least not one of our own."

"You share the dock?"

"I guess you could say that."

"How about the fishing?"

"They say it's OK. We don't fish."

"You don't fish?"

"Right."

"You can drive right down to your place, can't you?"

"Well, yes and no."

"Pardon?"

"Yes, but not in the summer."

"Here's no road?"

"Sure there's a road. You can drive in most of the year. Just not in the summer."

"Just not when everyone's down at their cottages?"

"Exactly."

"How do you get to the cottage if you have stuff to carry?"

"La!"

"You take a taxi? From Winnipeg?"

"No, only from the parking lot close to the beach."

"The parking lot?"

"Right."

"You voluntarily pay for parking? To get to your own cottage?"

"Uh huh. But only for the summer."

"Only the summer."

"That's right."

A certain wariness has crept into the eyes of our questioner by now, often accompanied by several small steps backward as if on the verge of sudden flight. Some just register confusion, some a touch of pity, or contempt, especially from Whiteshell cottage owners.

"You say no boat, no dock, no car, half a mile from the lake, you don't fish... what the hell do you do?"

Here we smile that strange smile familiar to almost all of our beach neighbours who have been in similar discussions.

"Oh, we find our time there passes quite nicely, thanks."

"Well, congratulations on your cottage. I guess. But there's something I obviously don't understand..."

That's because you don't know Victoria Beach, we say to ourselves. And our smile broadens. It drives people crazy.

KEITH BLACK

Editor's Note: Keith and Helen Black, after years of renting finally bought their own cottage at 336 8th Avenue and have established themselves and their family here forever.

Keith's dialogue about his family's summer residence can really be appreciated, if one, like Keith and Helen, loves Victoria Beach... the way it is!

CAN A CAT HAVE MORE KITTENS THAN A DOG CAN HAVE PUPPIES?

Can a cat have more kittens than a dog can have puppies? The answer is questionable as it depends on the size of the various litters. For your interest here is a pregnancy period rating for ten Canadian animals.

Animal	Pregnancy Period (months)
1. Horse	11 1/2
2. Cow	10 1/2
3. Human being	9
4. Reindeer	8 1/2
5. Mongoose	8
6. Polar Bear	7 1/2
7. Beaver	3 1/2
8. Cat	2 1/2
9. Dog	2 1/2
10. Fox	1 1/2

JOTTINGS FROM JUDY

To determine whether an egg is fresh without breaking the shell, immerse the egg in a pan of cool salted water. If it sinks to the bottom, it is fresh. If it rises to the surface, throw it away.

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LOOKING BACK

Our editor asked me to put a few thoughts together on my years at the beach and involvement with the Club. My first introduction to Victoria Beach was in 1957 when I accompanied my husband then in charge of the R.C.M.P. Detachment at Beauséjour, which included the Victoria Beach area on a visit to Don Barber. Don, a law student was in charge of policing in Victoria Beach that summer. He and his wife Norton were living in a small cottage on Pier Road, south of the Clubhouse, provided by the Municipality. When I climbed the sand dune at the back of the cottage and saw the panoramic view of the sand and lake, I was spellbound. At the same time we had a small house trailer which was the most practical holiday accommodation when we were always subject to transfer. My husband had visited here in 1952 while stationed in Beauséjour for a year and at that time became acquainted with many of the local residents.

The vision of that lovely sand stayed with me and when my husband retired from the R.C.M.P. to take a position with the Department of Education he left it to me to choose a vacation spot not too far from Winnipeg where he could relax and rest. He had no holiday time the year before owing to the change of jobs. In the spring of 1967 I kept my eye on the 'Cottages for Rent' and managed to rent on 6th Ave for July 1st. The lady renting kindly advised me to bring along a wagon, as we would have to leave our car in the parking lot on 8th Ave. She had previously told me about all the programs offered by the Victoria Beach Club. I was particularly interested in the children's activities as our youngest son, Randy, was only ten — our other two were at university age and working part time. This information really sold me.

Not being aware of the parking restriction I assumed with the cottage on 6th we had just two blocks to walk. (Hal) Harold did his usual complaining about the amount of luggage I insisted was necessary, especially the wagon. However, I managed to convince him that this was a must and off we went!

Our 'moving in' day turned out to be a scorcher and as I had to pick up the key at the other end of 7th, I gathered up what I could handle and set off. I thought I had taken a wrong turn somewhere. When I finally arrived at our cottage I was warmly greeted by a hot, irate husband — especially when it started to pour and he had 2 or 3 trips to make. (We didn't know that there were taxis.)

However, after settling in, a cool drink and some nourishment things looked brighter and we decided to explore our new surroundings. We were intrigued with the beauty and serenity of the avenues, not to mention the lake and sunsets. We spent any off time spent on the beach taking down addresses of vacant lots of cottages for sale. I'm sure many reading this have had the same experience.

Again in the spring I watched the advertisements and found a cottage for sale and bought it. As it was a little too small for our needs, we doubled the size and built a guest

house. In fact, since that time we've never quit working. I stayed out each summer with Randy as he worked as a "beach-boy", clubhouse assistant, and then paper carrier. He loves the old Clubhouse and in the past years he has served the Club in many capacities. Our daughter Kathy Chalmers, now in Snow Lake, and eldest son Gerry, from Fin Flon, with their families, have spent each summer here over the years and have a deep appreciation for all the benefits they have experienced.

During the first eight years we had the pleasure of knowing Evelyn Bevis, who owned the cottage next door. She told me endless stories about the beach of years past. She came here with her parents as a child and was then in her 80's. My intention was to make tapes with her but as is so often the case, I waited too long. Even days before she died she asked me to wait just a little longer until her voice was stronger and the tape would be better. It was her wish that we purchase her property and have the larger area for family, which we did the year before her death, when she was no longer able to stay in the cottage. We were able to bring her out in go through her dishes, etc., as she wanted to give her niece a few of her treasures. We also took her to Sam Aitch with her father's cane and some of her mother's china for his museum. I talked to her about putting some sort of the history together and she was delighted.

Doreen Langdon organized the first Filea Market and I took it on the following year. My next job was Editor of the Herald. It was while editing the idea of the book "Looking Back" came to me as a souvenir of the 50th Anniversary. It was a very interesting project — borrowing the old Herald's and reading accounts of the same programs we enjoy today, the issues of the day, the foresight of the early Club executives and the Victoria Beach Company. I have constant requests from people wanting to buy a copy, but I'm afraid there have been none available for at least five years. One thousand copies were printed originally — perhaps a second printing could be considered. I would love to have it in a hard cover but it was considered too costly at that time. I also had the pleasure of serving as Vice President and President. My husband has also served in several areas and is now a Director (Maintenance).

There has been a tremendous history of unselfish, dedication by so many over the years. I know I can speak for past chairpersons in strongly urging newcomers to get involved to ensure these longstanding programs continue for your grandchildren and great grandchildren. There is no better way to get acquainted and feel part of the action.

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