

# Victoria Beach Herald

Sponsored by the Victoria Beach Club



VOLUME 60 No. 2

JULY 5, 1985

**Editor:**  
RENE DESMET  
3 Pine Road  
PH 754-8896

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## 60TH ANNIVERSARY (1925-1985) "60 Years of Sunshine"

**FLEA MARKET — July 6, 2:00 p.m. — Clubhouse**  
**FISHING DERBY — July 6, 9:00-12:00 noon — Pier**

### 1985 VICTORIA BEACH CLUB MEMBERSHIP DRIVE

This year's membership drive kicked off last weekend with a door-to-door blitz by several dozen volunteer canvassers. They called on cottages in the restricted area to enlist people's support either through purchase of a V.B. Club Membership or a donation (tax deductible if \$10.00 or more). Canvassers distributed the activities calendar, individual membership cards, a movie list, and a club membership sticker. **Note** membership cards are required to be presented at most club activities.

Please don't forget that so many of the activities that contribute greatly to the wonderful unique lifestyle Victoria Beach continues to offer are funded primarily by the membership drive. If you've already bought your membership or made a donation, thanks for your support. If you were missed in the initial canvass, memberships can still be obtained or donations made throughout the summer at:

133 5th (Elsie Hughes)  
204 4th (Mary Ann Seyler)  
71 Gibson (Bernice Komar)  
321 7th (Membership Headquarters)

or by mailing a cheque made payable to the Victoria Beach Club c/o the R.M. of Victoria Beach, 510-283 Portage Avenue, Winnipeg, R3B 2B5.

Income tax receipts will be issued later for donations of \$10.00 or more.

Membership rates remain unchanged from last year.

	Family	Couple	Single
Season	\$25	\$20	\$15
Month	\$20	\$15	\$10

Join the club and have a great summer.

DALE & MARIYAN DAVIS

### BIRTHDAY CELEBRATIONS TO REFLECT COMMUNITY ATMOSPHERE OF VICTORIA BEACH

Upwards of 1000 people should prove to be quite an experience on July 20th as the 60th Birthday of the Victoria Beach Club is celebrated. Not since the days of the train will the Village Green (Memorial Park) have been the beehive of activity it is expected to be on July 20th.

Organizers have an afternoon planned to appeal to all ages. The Village Green has been chosen for its historical significance as well as its natural beauty. The site provides many varieties of vegetation as well as some large shade trees to escape the sun. There exists also a natural amphitheatre sloping gently downhill towards the Library and the Moonlight Inn which will be the stage area for the formal entertainment.

Entertainers include local artists and many professionals from Winnipeg's Children and Folk Festivals. Food will be

*(Continued on page 3)*

**SPORTS DAY — July 13, 10:00 a.m. — Sports Ground**  
**DOG SHOW — July 13, 7:00 p.m. — Sports Ground**

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Leave 10:00 a.m. from Winnipeg  
 Arrive Victoria Beach 11:55 a.m.

**SATURDAYS ONLY**

Leave 5:00 p.m. from Winnipeg  
 Arrive Victoria Beach 6:55 p.m.

**MONDAY - FRIDAY**

Leave 5:00 p.m. from Winnipeg  
 Arrive Beach Junction 6:50 p.m.  
 Arrive Victoria Beach 6:55 p.m.

**Departures from Victoria Beach**

Monday - Friday 7:45 a.m.  
 Saturdays 2:15 p.m. and 7:00 p.m.  
 Sundays and Holidays 5:30 p.m.

**BIRTHDAY CELEBRATIONS (Continued from page 1)**

served to all with the Manitoba Hog Producers Marketing Board assisting with their portable barbecue wagons.

Ticket prices include food and beverage as well as entertainment. Prices at \$3.00 per adult and \$2.00 per child are designed to just cover expenses. This is not a fund raiser!

It is extremely important, however, for organizers to know in advance of the number of people attending, hence only advance sale tickets will be available.

There are limits to the number we can feed so please assist in early purchase of tickets. No tickets will be available on the day of the event. Don't be disappointed. Buy your tickets now at the following locations:

- 217 5th Avenue
- 43 Gibson Drive
- Victoria Beach Library
- Moonlight Inn
- Parking Lot Office

GERRY DENNEHY & JILL QUINON

**YOGA CLASSES**

Every Wednesday morning 10-12 at the Clubhouse. Bring a firm blanket and a towel. V.B. membership only required.

DOROTHY GREGORY

**HE COULDN'T MAKE IT!**

Sam Meach, well known to many old-time cottagers and long-time resident of Victoria Beach is also recognized for some of the more bizzare stories he tells.

"When Sam was a young man and before he married his good wife, Jessie, he was an avid long distance swimmer. Once, during a long distance swim from Gumli to Grand Beach, Sam tells us he had left Gumli and had gone three-quarters of the way to Grand Beach when he developed a cramp in his leg and was getting very tired."

"I could see the people waiting at the finish line but I knew that I could not make it so I turned around and swam back!" Sam said.

*Editor's Note: Sam and Jessie Meach are very much interested in sailing and have attended the last three or four Silver Biscuits. In March of this year they enjoyed the Biscuit in Glasgow, Scotland, and are now considered permanent members of the "Pondhoppers Club."*

**CLAN MacKAY**

June 28th to July 8th is an active time for the MacKay family this year. Everyone in the family is out here at Victoria Beach celebrating the second gathering of the Clan. The first took place in 1978 when Mary took her sons Donald, George and Fran and their two children, and daughter Allison and her husband Graham to Portland, Maine, to visit her eldest daughter, Margaret. The journey was done non-stop in a 26 foot motorhome with many a laugh being had. It was quite a surprise to Margaret and her family as they were led to believe that George, Fran and family were the only ones coming.

So this year Margaret and her husband Donald Weller decided to return the favor and bring their sons Mark and Brad to Canada. Each of the boys brought along their lady friends, Shawn and Beth respectively.

With the help of a few neighbours the Clan was able to field a full baseball team made up of the younger generation. The team gave a respectable performance in the V.B. Sports Club Tournament held June 30.

The 25 bodies that destroy groceries daily at 210 8th Avenue or at Ironwood Point are as follows: Margaret and Donald Weller and their children Mark and Brad and ladies Shawn and Beth; Donald and Val MacKay and Donald's son, Kevin; George and Fran MacKay and their children, David and Lorraine and their friends Heidi and Jim; Allison and Graham Bloomer and their daughter Heather; Stella Parsons, a long time friend of the family; Jim and Helen Pugh, who are friends of Don and Val; Mavis McMillan and family, neighbours of George and Fran.

If we kept you awake due to the noise we made we sincerely apologize, but when you get a group this size together it's hard to hold them down.

GEORGE MacKAY

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	Plus \$2.00 weekly additional cost	\$2000
	Family (single adult)	1000.00
	Single adult	500.00
	Junior (17 and under)	250.00
<b>Monthly</b>	Senior (18 and over)	80.00
	Family (1, 1800) 2 (2400)	1100.00
	Plus \$2.00 weekly additional cost	1100.00
	Family (single adult)	500.00
	Single adult	250.00
	Junior (17 and under)	125.00
<b>Two Weeks</b>	Senior	15.00
	Family (1, 1800) 2 (2400)	60.00
	Plus \$2.00 weekly additional cost	60.00
	Family (single adult)	30.00
	Single adult	15.00
	Junior (17 and under)	7.50
<b>Green Fees</b>	Week days (18 and over)	\$4.00
	Senior (65 & over) per month per day	2.00
	18 & under	2.00
	Week ends & Holidays (18 & over)	\$7.00
	Senior (65 & over)	3.50
	18 & under	3.50
<b>Lockers</b>	Seasonal	20.00
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Secretary-Treasurer  
Mrs. L. Ann M. Fries, 4770 St. George Ave., Winnipeg  
Phone 943-3000

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Public Works Foreman: Wilfred Anderson

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**"QUIET WINTER" — POLICE CHIEF**

I thought you might like to know what transpired at Victoria Beach over the winter so I had a brief chat with Robert Jonsson, Victoria Beach's police chief for the past 15 years.

Mr. Jonsson stated that there were very few break-ins over the winter. Two did occur during the spring though at the Victoria Beach Clubhouse and at the Victoria Beach Sports Club. There were a few complaints about vandalism.

The R.C.M.P., through Crimestoppers in Winnipeg, were able to arrest one man and recover a boat and motor.

There were only 11 fires last year, the fewest in the last six years. Most of these were of a minor nature.

1984 saw 77 building permits issued, four more than 1983. Building permits are required for additions, alterations, decks, and for demolitions among other things. Building permits are up again this year. As of June 8th there were 48 building permits issued.

Mr. Jonsson has requested help from residents in two areas. **Boatowners** should register their boats at the police office. With the heavy winds and ensuing storms, boats are often set off of their moorings. Registered boats make it easier in locating owners. As of June 22, Chief Jonsson reported that only two boats had been registered. **Mmibikes:** Owners of mmibikes that are unlicensed are not allowed on any road, street, or highway. Licensed mmibikes are not allowed in the restricted area during the restricted season. Parents are the owners of mmibikes even if many of the youngsters feel otherwise. Children must comply with the regulations and parents are asked to discuss these with their children. Units should be pushed to trails and operated with care. Recent articles in the Winnipeg Free Press and medical journals indicate that injuries on these units are up and that these injuries are often serious.

Brian Morn and Erik David, both of whom have been serving the beach area for several years, will be back this summer to assist Chief Jonsson. Ronald Beckert will be doing beach patrol, taking over from Warren Morfoot, who did the job last year. She will be on duty on weekends only and will be patrolling all beaches in the area.

The Police Office at the Parking Lot will be attended by Mrs. Donna Jonsson. Office hours will be from 10:00 a.m. to 7:00 p.m. and from 6:00 p.m. to 8:00 p.m. daily.

**JOHN LIKES CANADA'S BIRTHDAY CELEBRATIONS**

A big hooray to the organizers of the fireworks display on Alexandra Beach on Sunday evening. My wife and I enjoyed the colorful spectacle from our deck on 4th Avenue. This was a great way to celebrate Canada's birthday!

JOHN McCARTIN  
332 4th Avenue

**COMMUNITY BREAKFAST WITH WILLARD REEVES**

A community breakfast with special guest Willard Reeves of the Blue Bombers will be held at the Victoria Beach Sports Club Centre, Pine Road, 8:30 a.m., Saturday, July 13, 1985. The cost is \$3.00 per person. Tickets are available from Helen Trainor, Ateah Road, phone 754-2257 or 754-2610 Victoria Beach. Willard has been invited by St. Michael's Church Sunday School and young people. He will be relating the spiritual dimension of his football career.

HELEN TRAINOR

**1985 — INTERNATIONAL YOUTH YEAR**

1985 has been specially designated for young people by the United Nations.

Residents of Victoria Beach by nature are a family-oriented people and fully appreciative of our youth. Traditionally, we are a family-centered community and many of the best traditions of the beach had youth in mind. We are certainly proud of our young people and fully support the idea of 1985 — Year for Youth.

It is a treat to see our young people doing their thing and enjoying their summer time at the beach. With their help, we will keep our beaches clean, our pathways litterless and safe.

We salute Youth in their year — 1985.



**SPORTS DAY 1985**

Sports Field — Saturday, July 13  
10:00-1:30 p.m.

Approximate Time of Events

Sprints	10:00 a.m.	Slow Bike	12:45 p.m.
Family Relay	11:00 a.m.	3-Legged Race	1:00 p.m.
Sack Race	11:15 a.m.	Extra	1:15 p.m.
Sprints	12:00 noon		

See you there!

BILL & MAUREEN WATCHORN

**DOG SHOW**

Our eagle-eyed judges are ready and waiting to spot the unique feature of each one of V.B.'s canine crew. Join us on Saturday, August 17, 7:00 p.m. at the Sports Ground.

All dogs should be on a leash, please.

CAROLYN McCORMACK

**FOR SALE**

"STOP! Have we got what you need!" This is the year of the woodstove. One woodstove, four burner oven, great for warmth. Inquiries 309 Sunset Blvd., phone 754-2754.

**KID'S RIDDLES**

1. What do you call a dwarf skunk?
2. What is the best kind of water to put in a waterbed?
3. How much do batteries cost?
4. What did one candle say to the other?

(Answers on page 7)

### RAIN, RAIN, GO AWAY! PLEASE!

Has this been the 8th, 9th or tenth weekend of rain? Who cares? We want sunshine!

With the inclement weather, one might expect holidayers and taxi drivers to be just a little grumpy. This was not the case for the July long weekend. People were joking about the weather and being overly pleasant even though it may have been a little difficult. One wonders where John Ateah recruits his very pleasant and cheerful taxi squad.

The Victoria Beach Club was busy selling t-shirts and hats by the parking lot on Saturday, June 29, trying to bring a little additional joy to us all. Sales were good and we saw a lot of happy faces wearing the 60th Anniversary t-shirts around the beach.

Yet, where is the rainbow that will end all of this unpopular beach weather? What is a rainbow? Two ingredients are necessary for a rainbow — sunshine and water droplets. We've had plenty of the latter. Sunlight is a combination of all of the prismatic colors (red, orange, yellow, green, blue, indigo, and violet). Each color has a particular wave length.

You see a rainbow when the sun is shining behind you and rain is falling in front of you. As the sun passes through each drop of rain, the raindrop acts as a prism, bending or refracting it and separating it into different colors. A complete rainbow has two bands of color — the primary bow, which is very bright and has the red color on the outside and the violet on the inside, and the secondary bow, in which the colors appear in reverse.

The same process works through a lawn sprinkler. Try it on the front lawn of your cottage this summer, if the sun will co-operate.

### AUNT VICKIE'S RECIPE CORNER

I hope that you've tried my recipe for rhubarb-strawberry deep dish pie in the first issue of the Herald. With the blueberry season fast approaching us, I think you will enjoy these next two recipes.

#### Blueberry Crisp

Place in a 1 1/2 quart greased baking dish

4 cups fresh blueberries

Sprinkle with

1/2 cup granulated sugar

2 tsps. lemon juice

Cream 4 Tbsps. butter or margarine

Gradually cream in

1/2 cup brown sugar

Mix in 1/2 cup flour

Rub to a crumbly mixture. Spread crumbs over the top of the fruit. Bake in a moderate oven 350 F for about 30 minutes. Serves six.

#### Low-Calorie Blueberry Topping

This topping is delicious with plain, low fat yogurt

1/2 cup fresh blueberries

1 Tbsp. water

1 tsp. granulated sugar

1/2 tsp. cornstarch dissolved in 1/2 tsp. of water

In metal 1 cup measure, combine berries, water and sugar. Bring mixture to a boil. Stir in dissolved cornstarch and cook, stirring constantly, until mixture thickens, about 2 minutes, pour into small cup or bowl and let cool. Serve at

room temperature or cover and refrigerate until chilled. Makes one serving. Each serving provides 59 calories.

Don't forget, if you have a favourite recipe that you feel others would enjoy send it along.

### TO THE EDITOR:

#### An open letter to the V.B. Club Executive

I would like to know if there is any particular problem with up-dating the "map" on the reverse side of the V.B. Club Summer Activities card. It has been the same for years and there are new sub-divisions in the restricted area that do not appear on the map. In our area (Bayview), Thornton Blvd. is shown as Gibson. Juniper and Berry are not shown at all, and of course the former railroad "right-of-way" where Gibson Drive is now located, has been gone since the 50's!

Yours truly,

RON KOMAR

71 Gibson Drive

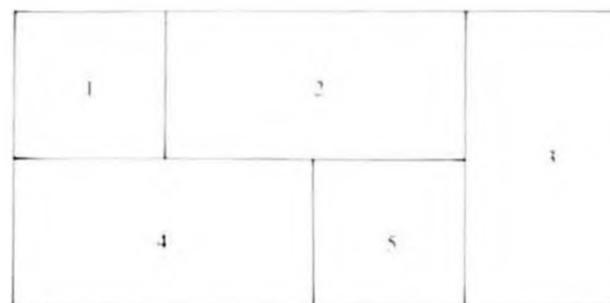
*Editor's Note: Many of us agree with you, Ron. V.B. Club President, George MacKay, will look into it.*

### FIELDER'S CHOICE

The city cousin stood in the middle of the barren field and asked his country cousin what he grew in it.

The country cousin replied, "I plant five crops, one in each of five fields. We are standing in field five. From the following information and clues, you should be able to tell me "

- "I grow soybeans in one of the smaller fields."
  - "I don't grow corn in a field next to the wheat field."
  - "I grow soybeans in a field next to the corn field."
  - "I don't grow barley in a field next to the wheat field."
- "Where do I grow oats, and what do I grow here in field five?"



(Answers on page 9)

### WANTED

Students to tutor for Tutors Unlimited at Victoria Beach. Must be Grade 11 or higher. Must be academically proficient and able to communicate their knowledge effectively. Call 477-1597 Winnipeg.

### FOR SALE

WALL propane heater, 35,000 BTU. Excellent condition. 330 Sixth, ph. 754-8117.

### BECOME THE ONE DREAM YOU CAN BE . . .

To me, the sun is a symbol of success.  
That I can refer to as an educated guess.  
As when the sun shines, there is nothing out of reach.  
A time for us to learn and a time to teach.  
As I think back to yesterday.  
I can recall what I've done.  
The good and bad, but most of all  
I remember the shining sun,  
influencing me to do my best.  
Could it be the reason for my success?  
Now, as I look at my today.  
I wonder if the sun's warm rays  
will fill the world with success.  
For on every sunbeam is hope and patience,  
Values we need to live for tomorrow.  
Tomorrow is always far away.  
Only near when it turns to today.  
We are now old enough to manage ourselves.  
Blind and stumbling in our footsteps, we delve  
into our future.  
Our future is like a labyrinth.  
But there is always a road to freedom.  
We can only hope the sun will shine.  
And with our values we may find  
Answers to questions in our mind.  
Perhaps it's just an educated guess.  
Could values be the key to success?

CHARLENE KOMAR

Age 15

*Editor's Note: We invite Herald readers to do what Charlene has done so well, put your feelings into words and share them.*

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### KIDS: FIND A WORD

See if you can find ten things that we like to do in or on the water at Victoria Beach in the puzzle below. One has been done for you.

A	X	W	D	I	F	T	S	W	I	N
C	B	O	I	G	I	K	C	H	P	M
Z	R	T	V	O	S	A	U	J	D	E
S	N	I	E	V	H	X	P	L	A	Y
E	P	A	D	D	L	E	C	H	F	X
J	L	Q	A	R	V	C	B	X	Z	S
W	U	S	W	I	M	B	O	T	E	P
K	L	M	F	H	E	N	Z	Y	W	L
I	R	U	P	F	L	O	A	T	J	A
C	B	L	Z	M	Q	U	C	W	I	S
K	V	X	C	A	N	O	E	D	F	H

### ANSWERS TO KID'S RIDDLES

1. A little stinker
2. Spring water
3. They are free of charge
4. Are you going out tonight?

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**RECREATION NEWS**

Well, Gil and I are moved in and ready to go! It doesn't take long to get right into the swing of things so come join us.

We've got a great line up of movies this summer (thanks to Craig and Carla Oliphant), baseball, volleyball, arts & crafts, hikes, as well as some new activities on deck. We'll keep you posted!

Don't forget the Flea Market and Fishing Derby coming up this weekend. We're going for the big one so we'll see you there!

GIL & SUSAN RICHARD

**PLEASE NOTE**

Persons wishing to place articles in the Herald must drop them off at any of these three locations:

1. Victoria Beach Grocery
2. Parking Lot Office
3. 3 Pine Road

Articles must **not** be sent directly to the publishers.

**BEACH NEWS**

With six children scattered from coast to coast it is indeed a treat for the Dennehys, 321 1st Avenue, to have second son Kerry, wife Gerry and son Kelly visiting from Vancouver and only daughter D'Arcy and son Daniel visiting from Halifax. East is East and West is West but Dennehys always meet!

**VICTORIA BEACH ADULT DANCE**

It's the time of your life! (Again!) The Carmen Larosa Band is back this year with more 50's and 60's tunes for the Victoria Beach Annual Bash 'N' Splash on Saturday, July 20th. Come and celebrate our 60th Anniversary with some good old time rock n' roll.

It's a sellout every year and this year's dance promises to be the best ever with a big pork barbecue and live entertainment kicking it all off in the afternoon on the Village Green.

Tickets are only \$8.00 and they are going fast so don't be disappointed. Pick up your tickets now at the Victoria Beach Grocery Store.

We'll see you at 9:00 p.m. at the Clubhouse.

DAVE MACKAY

**V.B.Y.C. NEWS**

With the start of summer-like weather last weekend the Yacht Club began its first set of races with four scheduled in three days. Due to light to non-existent winds only three races were completed.

In the monohull division on Saturday Rob Garbutt placed first and Ian Scott Sr. won the multihull division. The wind conditions were light as Ian Scott Sr. and Paul Nagle were neck-in-neck right to the finish line. Ron Ritsema had rudder blade problems, leaving himself with a last place. After some rudder switching and adjustments Ron Ritsema took first place in the multihull division on Sunday and Monday Paul Nagle took first place. In the monohull division, Rob Garbutt took first again and on Monday the Priestly Fireball grabbed first place.

The time for the sailing school is fast approaching. The first class dates begin after next weekend on July 15, 1985 with the second class starting on July 22, 1985. There are still a few openings left if you wish to attend. The sailing school is for all ages and if more information is required please contact the Cramps at 485th for an application form. If you are interested in sailing or would like to try this great summer sport come down to the Yacht Club and let us know your interests or come down to the pier on Saturday or Sunday mornings for a great view of dinghy racing. Start time is 10:30 a.m. If you want to purchase a used boat Harvey Cramp is selling his Fireball and a Laser II will be at the Yacht Club from July 20 to September for anyone to try their hand at sailing.

See you on the water!

CHRIS ALDRIDGE

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**LOGO CONTEST**

As of June 30th we have only one entree in our fabulous Logo Contest. The Victoria Beach Club is looking for a logo or a design symbolic of Victoria Beach, that they can incorporate as a permanent fixture on all of their letterheads and supplies, etc.

If you are interested in submitting a logo or two you may enter this contest by sending your design to the Victoria Beach Herald. The deadline for entries will be Saturday, July 13th.

A group of impartial judges will decide on the winning logo. The Victoria Beach Club will maintain the right of selecting a design from sources other than those submitted in the contest should these not be appropriate. The winner will have their name and design published in the Herald and must relinquish all rights to the logo. Submissions will be returned upon request.

Get going on that logo!

**THE DEMISE OF THE FOUNTAIN**

In the beginning Mr. Ivanoff of 8th Avenue created at the request of Councillor Doreen Benningen our fountain, a delightful showpiece for our Village Green.

Then dogs adopted it for a bathtub and there was consternation that the Municipality would be libel if a toddler had the same idea.

A rather ugly fence was installed with a lock on the gate and then came vandalism. Time after time Mr. Ivanoff replaced and repaired the frogs and the parts of the fishermen and each time it was heartbreaking to tell this elderly gentleman we needed him again.

A few years ago Mr. Ivanoff died and we were helpless to cope with further vandalism. The time and constant expenses moved us to abandon the fountain. We certainly hope that the flower garden will somehow commemorate Mr. Ivanoff's contribution to our Village Green.

Isn't it wonderful that statues have stood for hundreds of years in Europe?

DODIE DENNHY  
Councillor  
Parks and Recreation

**VS FOR KIDS**

Many things come in threes. See how much you know about the number three by trying the following:

1. They lost their mittens.
2. A tablespoon equals.
3. Insect means.
4. They followed a star to Bethlehem.
5. Goldilocks messed up their house.
6. "Your out" after.
7. A yard equals.
8. Triplets are.
9. A trios is.
10. Three means.

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### BEWARE OF BEES

Do not take the sting of a bee lightly. Bee stings or bites could be very serious. These hairy, yellow and black striped insects, along with hornets, wasps, and yellow jackets are to blame for many a nasty bite.

Now that you are outdoors again and back at Victoria Beach you should be familiar with the basic first aid practices when stung or bitten by any of these creatures.

Although some victims may not care, there is a difference between a sting and a bite. Bites are inflicted by the mouth of a creature and stings are delivered by other organs, usually the tail. Stings are always accompanied by the injection of poison. Medical attention should be given right away.

The effects of the bee sting are immediate. One feels a sharp instant pain which is followed quickly by irritation and swelling. A bee's stinger is barbed and it can not be withdrawn from the skin. When the bee escapes, its stinger is almost always torn out of the bee's body. The venom glands left behind continue to pump their contents into the wound.

Death for the bee is simply a matter of time. Wasps, hornets, and yellow jackets can sting and live to sting again.

The severity of symptoms varies, but they usually disappear within several hours, except in those individuals who are allergic or sensitive to bee stings. In these cases the reaction is immediate. There are intestinal cramps, difficulty in breathing, nausea, vomiting, diarrhea, followed by convulsions unless treated promptly. This reaction is called anaphylactic shock. The most severe systemic reaction comes from stings of bees, wasps, hornets and yellow jackets.

If any member of your family is stung and they have no immediate reaction, they should still be watched carefully. Anaphylactic shock has been classified into having "immediate" and "delayed" reactions. The shorter the interval between the sting and the reaction, the more severe the symptoms are likely to be.

The immediate reaction is easily recognized by the symptoms described earlier. Delayed reactions can be local or total. Local would be a badly swollen, hot or tender arm, leg, neck or head. A total reaction would develop slowly but would call for medical attention.

A delayed systemic reaction can occur within several hours after the sting or as long as 14 days later. Symptoms include painful joints, swollen lymph glands, blood coagulation defects, and disorders of connective tissues.

If anyone in your family has been stung and is not sensitized to the sting, the most important and first step is to see if the stinger is still in the wound. If the family member has been stung by a hornet, wasp or yellow jacket, it probably isn't.

If a bee's stinger remains, it is important to get it out without injecting any additional venom. Scraping away from the wound with the edge of a knife blade will usually release the stinger, the slight downward pressure preventing any additional venom from escaping.

If stung, some of the pain may be relieved by a wet dressing of Epsom salts or from a paste of baking soda and water. Ice packs help to reduce pain and swelling.

Most stings are the result of fear on the part of the insect. To avoid a sting, keep your hands and feet out of places you can not see into like rock ledges or holes. If you are stung beware of what you should and should not do to treat the sting. Do not underestimate their potency.

Brian G. Taylor  
and  
W. Bruce Henderson, M.B.A.



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