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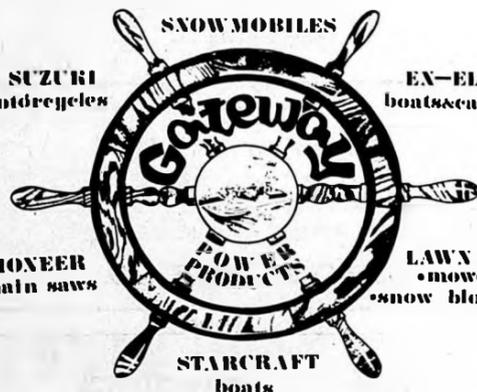
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MUSIC: Mrs. Lee Anderson is in charge of music for the season.

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Saturday Evenings at 7.30 p.m.

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Commencing June 30th

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**SPECIAL NOTICE**

It would be very much appreciated by the local garbage guys if the garbage was put in the big green garbage bags. If this was done the garbage collector could walk in and pick up the bag or bags instead of walking back and forth with a can.

Most people may not realize, but one bag can hold just as much if not more than a can.

Your attention to this request would be greatly appreciated. Thank you.

CLIFTON M. TRAINOR  
Sanitary Engineer, Victoria Beach.

# Victoria Beach Herald

Sponsored by the Victoria Beach Club



VOLUME 48, No. 3

JULY, 1973

Editors:

MRS. SALLY KNOX, 316-2nd Ave.  
MRS. JOYCE BENDOR-SAMUEL, 309-2nd Ave.

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MR. J. K. KNOX  
316-2nd Avenue

**SWIMMING PROGRAM**

Swimming lessons got off to a fairly good start this week, and despite some rather bad weather we now have an enrollment of approximately 175. Swim to Gimli is being held from 4 to 5 p.m. daily and the turnout has been excellent with 35 swimmers registered, some of whom are swimming over 2 miles a day. Next Friday is our first test day and we hope to have some good results.

**YOGA ANYONE?**

Wednesdays at 11 a.m. at the Clubhouse. Become supple and relaxed (if not contorted.) Bring a mattress or sleeping bag.

DONNA PLANT, Instructress

**LOST.**

Man's pale green golf jacket on Clubhouse Road, with three keys on a large ring. Finder please deliver to police office. Thank you.

**GLADYS ON BRIDGE**

A "whale of a gale" ushered in the new season of bridge but a small group of enthusiastic and hardy players still turned out. Winners for the evening were Mrs. Rosalind Anderson first, with a score of 5,600, and Mr. Pat Dewar second with 5,590. Everyone is welcome. Come and join us.

GLADYS MILDREN

**CHILDREN'S BEACH EVENTS**

Say kids, next Saturday, July 21st is your chance to win a prize for the best suntan, most freckles, swimming skills and sand castle building. Cash in on your special claim to fame on Clubhouse Beach beginning at 10:30.

Ribbons will be given in a great variety of contests for kids 10 years old and under. Free dixie cups for all competitors. If we get rained out, same time and place next day.

ROD & KATHLEEN PEELER

**200 YARD OPEN SWIM**

This event will take place Sunday, July 22 at 10:30 a.m. In addition to the trophies for the first boy and girl, there will be 1st, 2nd and 3rd ribbons for the following age groups: 15 and over; 13 and over; 11 and 12; 10 and under.

200 yards is 2 lengths of the pier. Come and give it a try!

AB HANSFORD, Convener.

**SPORTS DAY**

Don't forget this Saturday morning at 10:30. Bring your frisbee and your "slow" bicycle. Lots of fun for everyone.

RON STELMACK, Convener.

**FISHING DERBY RESULTS**

Seventy-nine fishermen and fishergirls turned out for the Fishing Derby. While the number of fish caught was not as large as in past years, the quality and size of the fish made up for the numbers.

The winners were:

Girls	Most Fish Caught	Biggest Fish Caught
8 and under	Lorraine MacKay	Nadine Korman
9 and 10	—	Joy Zelinski
11 and 12	Mandy Stratton	Mandy Stratton
13 and over	Kelly Stratton	Beverley Geddes
Boys	Most Fish Caught	Biggest Fish Caught
8 and under	David MacKay	David Sage
9 and 10	Brian Borger	Doug Homme
11 and 12	Brent Roberts	Brent Roberts
13 and over	Glen McLeod	Glen McLeod

The longest fish, a 24 inch jack, was caught by Brent Roberts and the heaviest, a 3 pound jack was caught by Glen McLeod. The youngest girl fishing was Margo Sage and the youngest boy was Doug Mann. A big thank you to all who participated.

GRAHAM McLEOD, Convener.

**RECREATION PROGRAM**

Throughout the season, overnight camps have been arranged. Would any 7, 8 or 9 year olds be interested in camping register before Monday, July 16 at the Clubhouse. For supervisory purposes, registration will be limited to the first 15 youngsters. Bring your sleeping bag and 75 cents to cover the cost of food.

Mrs. Kraft has kindly offered her talents in macramé. Anyone interested, may show up at the Clubhouse Wednesday 2:00 p.m.

**CROSS-COUNTRY RACE**

An even dozen came out early Sunday, July 8, to run a rugged 1½ mile race. Doug Mitchell placed first in just over seven minutes, well ahead of the pack. Susan Mitchell ran a strong first amongst the lady participants. A loud Vee Bee

**Sports Day—Sat. July 14, 10:30 a.m. Half-mile Open Swim—Sun. July 15, 1:30 p.m.**

clap must be given for Mr. Curtis Elston for his singular participation in the adult class. Following is a summary of the first three finishers in each class.

**Overall:** 1, Doug Mitchell; 2, Richard Hill; 3, Dale Bezte. **25 and Over:** Curtis Elston. **16 to 24:** No Entries. **Girls, 13 to 15:** 1, Susan Mitchell; 2, Sandra Mitchell; 3, Debby Storozuk. **Tammy Bezte. Boys, 13 to 15:** 1, Doug Mitchell; 2, Richard Hill; 3, Dale Bezte.

NORM CARRIERE, Rec. Director.

#### FLEA MARKET

The first V.B. Flea Market was held July 7th at the Clubhouse and was a success due totally to the participation of the beach residents. Some fascinating antique items were donated along with more practical articles such as washers, furniture, dishes, etc. Many thanks to all who donated items for sale and our apologies to anyone who was missed in the morning pickup. Save those donations for next year - we'll guarantee you won't be missed next time!

My thanks to all who donated their time by either pricing in the a.m. or selling in the afternoon and a special word of thanks to Maureen Swystun, Walter Bushuk and our hardworking President, John Neufeld who all worked all day. I would also like to mention that the truck and driver for the morning pickup were donated by the V.B. Council.

Total Receipts.....	\$212.66
Expenses: Rental of truck from parking lot for 1 hr. ....	2.50
Supplies.....	2.94 5.44
Total profit.....	\$207.22

JOYCE HOWE, Convener.

#### GRAND AGGREGATE TROPHY

Commencing this year both the men's and the ladies Grand Aggregate Awards will be determined from the results based on the following events: Swimming, One Mile, Open; Canoeing, Singles, Open; Tennis, Singles, Open; Cross Country, Open; Bicycle Race, Open.

Points will be awarded on the following basis: 1st Place, 10 points; 2nd Place, 6 points; 3rd Place, 4 points; 4th Place, 2 points; 5th Place, 1 point.

This system ensures that all events are now represented on an equal basis when determining the winner of the Grand Aggregate. So come on Sporting enthusiasts, lets participate in as many events as possible.

#### Race For The Grand Aggregate Trophies

Race for the Grand Aggregate (Points accumulated to July 8th). **Men:** Doug Mitchell, 10; Richard Hill, 6; Dale Bezte, 4; Glen McLeod, 2; Brad Ross, 1. **Women:** Susan Mitchell, 10; Sandra Mitchell, 6; Debby Storozuk, 4; Tammy Bezte, 4.

These points are based on the results of the Cross-country Race run on Saturday, July 8th.

CHARLIE MITCHELL, Special Events Chairman

#### LIBRARY NOTES

(Hours: Monday - Friday 11-12 a.m. 7-8 p.m.)

Our thanks to all who so generously donated books this year. Children's favourites are specially welcomed. A plea to return any paperbacks or other books you may unearth in your cottage with the tell-tale VB Library stamp - (an amnesty on last year's books!). If you were lucky and got some of our new books this year, please speed them back when read for another's pleasure.

The new crew of librarians are hard put to match the enthusiasm and energy of ten-year old Sue Hughes - the first to knock on our door and help clean out the winter's zoological accumulation... Thanks Sue! Shortly after came

Sandra and Beverley Geddes, Margo Stevenson, Danielle and Michelle Swerhune, Cindy Kowal and Mrs. Grace Hodson, all new to our staff. A great team we have for July. A few places are left on our August calendar for adults or teenagers who enjoy working with books rewarded by good fellowship.

Mrs. Best's wealth of knowledge and regular assistance after closing is invaluable - we are so grateful. Come, meet us and stock up for rainy-day reading.

HILDA MORRISH

#### BEACH PEOPLE

Brian and Cilla Grover and their family will be staying at 303 - 3rd Ave. from July 15 to August 15.

Bob and Pat Muecke and their boys Bobby and Andy from Boulder, Colorado visited the Knoxes on 2nd Avenue this week.

Mrs. Douglas Hodson who is at her cottage on Sixth for the season enjoyed as her guests the last weekend in June, Mary and Joan Murphy from Winnipeg and Mrs. Margaret McLerond of Johannesburg, South Africa. Over the July holiday weekend Doreen and Ian Bell and family of Silver Heights were delightful visitors at 215.

#### SAILING NEWS

The Sailing Season is well underway starting with the weekend of June 16th and 17th with the Annual Gold Eye Regatta. 28 boats participated. It turned out to be a very successful event with Bill Konantz of Kenora winning the over-all event. Dan Peges of Pinawa winning the Fireball Competition and Gordon Konantz of Kenora leading the Laser Class.

The club is welcoming new members. Anyone interested in joining see Dodds Hughes, 133 - 5th Avenue or Gordon Garbutt of 325 - 5th Avenue.

The Victoria Beach Yacht Club is anxious to start a Junior Sailing Course. If enough Juniors are interested, the course will begin on Monday, July 23rd at 9 A.M. Registration will be Monday, July 16th at the Compound between 12 and 1 P.M. The fees will be \$10.00 for a one week course.

GLORIA LITTLE

#### IN MEMORIAM

DAVIS - In loving memory of a dear husband and father Wm. H. (Bill) who passed away July 17, 1968.

*Five long years have passed  
Since you were taken away  
Gone are the days we used to share  
But in our hearts you are always there  
The gates of memory will never close  
We miss you more than anyone knows.*

Always remembered and sadly missed by wife Fran. and family of 321 - 7th Avenue, Victoria Beach.

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**DINING OUT, BY SHERRY WHINE**

One of the more pleasant places to eat around town these days is Luigi Cannoloni's Chinese-Ukrainian restaurant. You may not care too much for one of the house specialties, sweet and sour perogies, but the chop suey blintzes with water chestnuts and peanut sauce are quite extraordinary. Holubci guy kew is also reputed to be generally most acceptable, although on the day we visited Luigi's, the holubci filling was a trifle too-heavily spiced. A discriminating palate could easily detect the excess of normally tasteless monosodium glutamate. To complement our meal we ordered a bottle of cabbage saki, imported specially by our host from a small village in northern Mongolia entirely populated by Ukrainian immigrants from the turn of the century. The taste, although unusual, was nonetheless pleasing.

For those of our readers who are in the habit of dining out while at the beach on week-ends, and this habit certainly has a good deal to recommend it on hot days when the humidity is above 80 and the mosquito relative density quotient is near 90, making barbecuing a contest of endurance between insect and repellent, which almost always finds its way into the hamburger, we recommend the Moonlight Inn at Victoria Beach.

Owner-chef George Taillon, now in his second year of business at the same site, enjoys a steady clientele who appreciate his chicken and spare rib recipes, while the younger set set keep him busy all summer turning out all the usual varieties of pizza. On the day your reporter visited the Inn the spare ribs were exceptionally good. Chef George told us that his recipe called for over six hours of gentle cooking to provide the exact measure of firm tenderness which we so greatly appreciated. At the present time George's establishment does not have a liquor licence, which enables him to keep the cost of his meals down. The Inn is also reputed for the excellence of its ice-cream, this however has its disadvantages as the supply is sometimes unable to keep up with the demand, and the customer is somewhat restricted in his choice, having only four or five from which to choose. Not many restaurants these days are equipped to handle family service, the Moonlight Inn is an outstanding exception to this general rule, we heartily congratulate Mr. Taillon on his contribution to family dining.

Next week your reporter will have an account of a visit to one of the most unusual eating places in the west Ho-Che-Sing's Indian Spaghetti house.

**"WE ALL RISK DROWNING OUR CHILDREN."** It's a fact, hard and cold. And coming from Al Thiessen, National Director of the Canadian Red Cross Water Safety Service, it's a fact every family should remember.

The causes? More often than not, just plain carelessness. It doesn't take much. A minute of inattention and the child who was playing happily in the sand on shore can be out of sight and under water.

What can be done? People who have had the frightening experience of pulling a sputtering child from the water usually respond with the strictest set of water safety rules known to man. People who have never had a 'close call' tend to be a little lax. They take the short trip back to the car for a magazine or have a snooze on the beach while the children play at the water's edge.

As an expert in the field of water safety, Mr. Thiessen has some advice for families planning on visiting a beach this summer.

"As a former lifeguard, I've seen too many parents play Russian roulette with the lives of their children. My advice? Don't just accompany your children to the water. Watch them every second. Supervise - stare at - glue your eyes on -

children and non-swimmers of any age when they are in or near the water. It only takes a moment for a child to go under.

"Even in supervised areas guard your children yourself. If you take family picnics in unsupervised areas, check the water and the beach for broken glass, sharp rocks, holes. Throw twigs into the water to see if there is a strong current. And never swim alone. Candies and chewing gum are land treats. Inflatable toys belong on the beach. They can float away and lure a child into deep water.

"Too many rules? There are never too many rules when you are dealing with lives. In water, the old adage 'live and learn' doesn't work. You have to learn in order to live.

"This summer learn with rules of water safety. Enroll children in swimming classes. And if your own swimming ability could stand some brush up, go too. The Red Cross Survival Swimming course teaches you to take care of yourself and your children in water.

"Water is a lot of fun and Red Cross Water Safety wants you to keep right on enjoying it!"

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**Superintendent:** Lorne A. Anderson

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**LAKE WINNIPEG - THE PHILOSOPHER'S LAKE**

Because of the concern for Lake levels and the interest in weather patterns the following excerpt from "Conservation Comment" may be of interest.

"However, to see Lake Winnipeg only in terms of how much water it holds ignores a major aspect of its personality. The wild animals and birds tied to the shoreline are part of a world which is of major importance to the balance of nature. Throughout the year, these areas are inundated when excessive precipitation or wind and waves combine to raise the water level. Extensive, shallow ponds are created where the water is warmer than in the lake itself. Here, insects breed in vast numbers, attracting all the birds and aquatic animals which feed on insects. Ducks nest by the thousands, muskrat huts rise darkly from the water and hawks float over-head, all fed by one of nature's greatest shopping centres.

But there are still mysteries about Lake Winnipeg. No one, for instance, knows why birds migrate only along the western shore. Every spring and fall, birds pour down a carefully bounded highway, yet a mile inland only the occasional migrating bird is seen. And the eastern shore is virtually ignored by the birds.

However, another mystery is being unlocked. Anyone who has lived on Lake Winnipeg knows that during the summer, the eastern shore is subjected to violent electrical storms, while the western shore is not. In their study of micro-climates, weathermen have found that westerly winds pick up moisture from the lake, then are forced upwards as they cross the eastern shore, creating atmospheric turbulence. The effects are numerous and include everything from an abnormal amount of lightning to a greater snow fall.

But the lake does more than that to our weather. For one thing, it is the lowest spot in a relatively flat area, so that cold air is inclined to settle over it and remain stationary. And in fall, the warm water gives off heat, keeping the temperature up along the lakeshore. In spring, the ice cover and the frigid water keep the temperature from rising as quickly as in areas some distance from the lake. Also, at these seasons of the year, streamer clouds rise from the lake, and they too keep the minimum temperature from rising higher.

Ask 10 different people what the lake means to them and you will get 10 different answers. The lake's past, its physical characteristics, its many roles, will all have a part in shaping the answer. But each man who works and plays near Lake Winnipeg will have his own reason for the way he feels."

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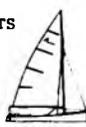
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**LETTER TO THE EDITOR**

Dear Sir:

One disturbing aspect of frequent beach discussions of Lake levels and Manitoba Hydro plans for modifying them is a scarcity of factual information. The Herald, one of the special features of our special resort, could help by publishing data about current lake levels. Then if Manitoba Hydro ever deigned to advise its owners (us) of its specific plans for regulating Lake Winnipeg, those of us who regard the lake as a recreational resource as well as a reservoir would be familiar with the effects on the beaches of various water levels.

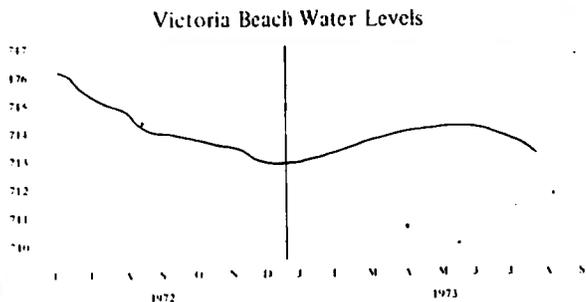
The water level recorder at the pier is looked after by the Inland Waters Branch of Environment Canada, who report that water levels in July ranged from 715.3 to 716.9 feet about sea level. Since Manitoba Hydro proposes to regulate lake levels between 711 feet and 715 feet, we would apparently have had more beach this summer if the control works at the north end of the lake were already operating. And if we are patient our power utility may eventually tell us how historic lake levels — or beach areas — would have been affected by the proposed method of regulating Lake Winnipeg. This would indicate the probable future effects of the control structure.

Would the Herald consider publishing lake level data regularly in the future?

Yours truly,

**BRIAN GROVER**

*Editor's Note:* In answer to Mr. Grover's request and for the information of Beach residents, your editor and family have turned into temporary readers of water level gauges. Our findings, added to those of the Inland Waters Branch, give the following graph:



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Club House, Victoria Beach, 11.00 a.m.

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MUSIC: Mrs. Lee Anderson is in charge of music for the season.

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During July and August

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Commencing June 30th

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Sponsored by the Victoria Beach Club



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## COME TO THE MARDI GRAS!

This is the big week-end for the big folks! Don Shannon's orchestra will provide the music. A prize will be given for the best mask, but mask or not you will be welcome to trip the light fantastic, visit the Bar, win Spot Dance prizes and visit with friends at the Clubhouse this very Saturday night. See you there!

SHIRLEY RUHR

## CHILDREN'S MASQUERADE

Start gathering your ideas and materials for the children's masquerade to be held on July 28, 7:00 p.m. at the Sports Ground. Prizes will be awarded in 3 categories in various age groups: novelty, comedy and fancy. Group entries are limited to 6 per group. Treats and fun for everyone, so see you there!

PETER SWERHONE

## REGATTA SWIM RACES

On Sunday July 22 at 10:30 the swimming sprinters have their chance. There are events for kids 12 and under, 13 & 14, and over 14, so if you can swim we want you out.

Swimmers are asked to come to the pier at 10:15 latest. Parents and friends are asked to come out and cheer loudly. Don't miss the fun and excitement at absolutely no charge!

BILL MANN

## RECREATION PROGRAM

Its been a beautiful week at the beach. The tennis courts have had a chance to dry out (get dusty in fact) the swimming lessons have been progressing and week-end events had a high level of participation.

Join us for fitness classes week-day mornings from 8:30 to 9:30. Yoga classes are held at the clubhouse at 10:30 Wednesdays. For the more aesthetic, macrame classes are held at the clubhouse Wednesdays at 2 p.m.

The Sportsground is used for baseball, soccer and other games from 6:30 to 8 p.m. each night so join us there.

The teeners will have to wait till next week for a dance as the adults are having their fling this Saturday.

Its going to be a big week-end of activities this week. Take note of all the events listed on the banner below. All ages and interests are encompassed in this week-end bag of goodies, so come and have your freckles counted, pat out a mean sandcastle, plow out the mile along the pier, or sprint (in the

**Beach Events: Sat. July 21, 10:30 Club Beach; One Mile Open Swim: Sat. July 21, 1:30 - Pier**  
**200 Yd. Open Swim: Sun. July 22, 10:30 - Pier; Regatta Swim Races: Sun. July 22, 1:30 - Pier**

water that is) home to victory. If you can't participate, be someone's biggest fan.

## SWIMMING PROGRAM

Friday the 13th was our first test day at Victoria Beach this summer. All of the instructors felt the test results were very good, considering we had completed only two weeks of instruction. Many thanks to Mrs. Betty Moorhouse who examined the older children, and congratulations to those who passed their tests.

**Pre-Beginner** — Tracy Anderson  
**Beginner** — Donna Swiderski, Cheryl Dyck, Tannis Dyck, Karen Little, Mike Ross, Daniel Bezte.  
**Junior** — David Wilson.  
**Intermediate** — Robbie Currie, Kerri Macpherson.  
**Senior** — Miriam Duff, Joan Jonsson, Tara Bezte, Debbie Storozuk, Nicole Anderson, Pat Karras, Karoline Kitchur.

Swim to Gimli '73 is progressing very well. We now have 43 people swimming daily and after only four days of swimming, three people, Sandra Mitchell, Susan Mitchell and Kevin Stafford are over the half-way mark. Keep up the good work, everyone.

RENEE SARCHUK

## SPORTS DAY — 1973

Under sunny skies and a tremendous crowd of over 500 adults and children Sports Day turned out to be a huge success. An added feature to the races this year were the Frisbee contest, egg throwing contest and soft background music.

I would like to thank all the volunteers, particularly to Roman Wengel, the starter, Ron Storozuk, Ken Little, Steve Steigerwald and George McKay the finishing judges, Jackie Storozuk and Donna Ritchie for handing out the ice cream. A special thanks to my wife Pearl, who did a tremendous job as recording secretary.

Also a special thanks to Silverwoods and their usual good ice cream.

RON STELMACK, Convener.

## SPRINTS

**3 and under Boys**—1st, Jonathan Wengle; 2nd, Tommy Bennet; 3rd, (tie) Richard Kowal, Andrew Barkman.  
**Girls**—1st, Tannis Wengle; 2nd, Tracy Clapham; 3rd, Marieke Wijkamp.