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NEWS **ALUM PLANNING**

\$3.3 Million
for Learning
Centre

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NEWS

Progress on
Mill Buyout

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NEWS

Hwranik
Donates 70
Hams

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\$1⁰⁰ tax included
December 18, 2009
Volume 32, No. 39
**The Winnipeg
River**

Pine Falls/Powerview, Selkirk, St. Georges, Great Falls,
Beaches, Little Black River, Maniitagan and Bissett

Echo

See You in **the New Year!**

Happy New Year to all
of our loyal readers.
The next issue of the
Echo will be published on

January 4. Our office is closing
for holidays at 3:00PM
on Friday, December 18. We
will re-open on January 4th.



Karen Papineau helps Evan Kulyk make Christmas ornaments at the Community Christmas Part last Sunday.

Merry Christmas, Happy New Year



you've got mail!

visit us for details.
www.sunovac.ca

SUNOVA

Letters to the Editor

CLARK'S CORNER BAIT & TACKLE Christmas Blowout Sale on from Dec. 16-24

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HICKORY ALDER SMOKER BAGS Reg. \$4.25 SALE \$2.75

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CLARK'S CORNER Highway 11 and 304, Powerview, Manitoba, Phone 367-2238

Band: All That
Dec 17, 18, 19th

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NYE

Never Give Up!

I was impressed by Bill Lavallee's letter about getting a "day in the sun". As one who was lucky enough to have that luxury, because of market and currency conditions at the time, I can only HOPE that all affected with this unimaginable situation Tembec has imposed on so many employees, their families, communities--and indeed the Province, that they have the will to overcome what lies ahead. It will not be pretty, and it will not be easy. We took 4 years from the very start to the finish on the initial P.F.P.C. buy-out. We did not have then what now appears to be universal solidarity, and for you, that is great. You need to stand together, and one old saying is--"never give up, never give up!"--or, more crudely--"don't let the ba---rds get you down!"

Luck is fine, but it is hard work, and lots of it, that will carry the day this time. Also, VERY PROFESSIONAL representation is essential in any negotiations, especially benefits such as pensions. A competent actuary for pension evaluation is essential. Cliff Fox (an actuary from Winnipeg) comes to mind from my experience, as we began negotiations with Abitibi-Price with them offering \$11.some million for transfer to our new company, while Cliff valued it at over \$19 million. After wading through yards of B.S and very tough negotiations, we finally ended up with just under \$19 million transferred. Where substantial sums of money are involved, companies are not above being rather "shady", and your pension plan still has substantial assets, which the company would likely want



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Letters to the Editor

Letter Continued from page 2

to get its hands on, if it can. Be VERY careful! Top Corporate lawyers are a must as well, and all this expertise comes at substantial cost, like \$500 per hour for the best lawyers and actuaries. OUCH!

The one good thing about a buy-out, is that the seller

must make available financial information that will be subject to scrutiny, and validation. Until now, as I understand it, they have been unwilling to release any substantive information, except that they require drastic wage and benefit concessions--when: is their justification on

paper? Now, with impending permanent mill closure, they have upped the ante, and stated that no re-start is contemplated, even with a buy-out. Their time-line is calculated to force you into hasty decisions, where they have already made theirs for some time, and are trying to make you react with as little critical information as possible.

Hope the Province can pressure them to be more reasonable and forthcoming. Well, if the ability and will to get this mill going again is there, Pine Falls Paper can again be a contender--not a big one, but a recognized quality supplier, as it has always been. Newsprint is not dead, but it is a casualty of electronic

media at this point. There will always be newsprint, but the question is--who will supply it? Hope it is Pine Falls. Bill, you wrote a fine letter, and I know that many others want to get their "day in the sun". Who doesn't? P.S. The pseudo-intellectual idiot who commented in Continued next page



NOTICE OF APPLICATION AND PRE-HEARING CONFERENCE

APPLICANT:
MANITOBA HYDRO

APPLICATION:

Manitoba Hydro has applied to The Public Utilities Board (Board) for approval of rate schedules incorporating a 2.9% average across-the-board increase effective April 1, 2010. This rate increase would, if approved, produce additional revenue of \$33.4 million for fiscal year 2010/11. Manitoba Hydro is also seeking approval of rate schedules incorporating a 2.9% average across-the-board increase effective April 1, 2011, which if approved, would produce additional revenue of \$35.1 million for fiscal year 2011/12.

For a typical Residential customer, without electric space heat using an average of 1000 kilowatt-hours per month, the proposed April 1, 2010 rate change, if approved by the Board, will result in a monthly bill increase of \$0.53, or 0.8%. A residential customer with electric space heat using an average of 2000 kWh a month would note an increase of \$5.03, or 3.8% per month, commencing April 1, 2010.

The proposed rate change for April 1, 2011, if approved by the Board, will result in a monthly bill increase of \$0.38, or 0.5%, for a typical Residential customer without electric space heat using an average of 1000 kWh per month. A residential customer with electric space heat, using an average of 2000 kWh a month, would expect an increase of \$5.18, or 3.8%, commencing April 1, 2011.

General Service customers would, assuming the Board approves the proposed April 1, 2010 rates, experience increases ranging from 1.8% to 4.9% depending on monthly consumption, load factor and/or voltage level served. The proposed overall average increase for 2010/11 is 2.9% for General Service customers. Based on the proposed April 1, 2011 rates, General Service customers would experience increases ranging from 2.0% to 3.7%, depending on monthly consumption, load factor and/or voltage level served. The proposed overall average increase for 2011/12 is 2.9% for General Service customers.

Manitoba Hydro has also applied for final approval of various interim *ex parte* Orders relating to the Surplus Energy Program (SEP) and the Curtailable Rate Program (CRP), including orders with respect to these programs issued subsequent to both the filing of Manitoba Hydro's application and the Board's order in this matter. Manitoba Hydro has also applied for final approval of Board Order 126/09, and seeks making permanent the bill concessions approved therein as payment deferrals.

Finally, the Board will be conducting an in-depth review of Manitoba Hydro's risk exposures as an integral part of determining fair and reasonable rates; such rates take into account the impacts on consumers as well as the on-going

financial health of the Utility. Past interveners have been invited to a separate pre-hearing conference, scheduled for December 10, 2009, to discuss the process to be followed in relation to risk issues specifically. New interveners attending the December 22, 2009 Pre Hearing Conference will also be given an opportunity to provide their submissions to the Board related to the process to be used to consider Hydro's risk issues.

PARTICULARS OF APPLICATION:

Full particulars of Manitoba Hydro's Application can be obtained by interested parties from:

Manitoba Hydro
Attention: Patti Ramage
360 Portage Avenue
Winnipeg, MB R3C 2P4
Phone: 360-3946 (collect if necessary)

An electronic version of the Application is located at http://www.hydro.mb.ca/regulatory_affairs/electric/gra_2010_2012/index.shtml (under Corporate, Regulatory Affairs).

PARTICIPATION:

Interveners are those wishing to examine witnesses, provide evidence, make submissions, and/or present final argument. Interveners should notify the Board of their intention to do so by applying to the Secretary of the Board immediately--the Board will thereupon notify Hydro of the intention.

Interveners may be entitled to financial assistance. The Board's Rules of Practice and Procedure (Rules) provide the procedure to seek an award of costs, and the guidelines for an award of costs. Parties wishing to make an application for an award of costs should review the Rules before applying.

Those parties wishing to submit a written brief or to express oral comments to the Board, but who do not wish to be an intervener, are known as Presenters. They should advise the Secretary of the Board of their intention to appear at the public hearing by no later than April 15, 2010 and submit their written briefs as soon as possible.

PRE-HEARING CONFERENCE:

All persons, firms or corporations wishing to intervene in respect of this Application and participate in the examination of witnesses, provide evidence, or make submissions and final argument, are required to attend or to send a representative to the Pre-Hearing Conference to be held by the Board at its offices at 400-330 Portage Avenue, Winnipeg, Manitoba on Tuesday, December 22, 2009 at 10:00 a.m., at which time their application for intervention will be reviewed by the Board.

The purpose of the Pre-Hearing Conference is, among other things, to identify the interveners and their reasons for intervention, to

provide an opportunity for interveners to cooperate and avoid duplication of interventions, and to finalize a timetable for the orderly exchange of evidence and information. All persons seeking Intervener Status should be present or represented at the Pre-Hearing Conference.

Persons wishing to address this Pre-Hearing Conference in French are required to notify the Board's Secretary prior to December 18, 2009.

Mr. G. Gaudreau, Secretary
The Public Utilities Board
400 - 330 Portage Avenue
Winnipeg, MB R3C 0C4
Phone: 1-204-945-2644 or toll free 1-866-854-3698
Fax: 1-204-945-2643
E-mail: publicutilities@gov.mb.ca

RURAL MEETINGS:

The Board is prepared to consider other locations in which to hold additional public meetings. Based on the public's response to this notice the Board is prepared to convene meetings in other locations as warranted. People who wish to be Presenters at other locations are to submit their written request to the Board's Secretary by Friday, December 18, 2009.

Confirmation of public meeting dates and locations will appear in a future Notice.

PROCEDURE:

The Board has adopted Draft Rules of Practice and Procedure, which shall apply to the conduct of this General Rate Application. All interveners should familiarize themselves with the Board's requirements. Copies of this document are available on-line at <http://www.pub.gov.mb.ca> or upon request from the Board Secretary.

VARIATION:

Upon an application to it, the Board may make an Order granting the whole or part only of the Application, or may grant such further or other relief in addition to, or in substitution for, that applied for, as fully and in all respects as if the Application had been for such partial, or further or other relief.

DATED this 4th day of December, 2009.

G. Gaudreau
Secretary
The Public Utilities Board



400 - 330 Portage Avenue
Winnipeg, Manitoba
R3C 0C4
www.pub.gov.mb.ca



Letters to the Editor



Good to Know!

Well Christmas came early for the good folks of Pine Falls and surrounding areas. It is the not knowing, that is so stressful. Now you know the mill is for sale. I say good, the virus will be eradicated from the area. In all my years at Atlantic Packaging Products Ltd, there is one thing that I remember well. People coming to my control booth and introducing themselves. Then it was, where are you from? Oh, Pine Falls.

Than somewhere in the conversation these words would be spoken. A lot of good people there. Through this nightmare of a lockout, the people lived up to this phrase. I wish you all a Merry Christmas and all the best in the New Year. Pine Falls and the surrounding areas, a lot of good people there.

Stay strong
Albert Dupont

Letter

Continued from page 3

the Free Press Letters to the editor on behalf of an eco-wilderness group that this situation of shutting down a "major polluter" in Manitoba, because of the coal-fired boilers, was a positive step, should be ashamed. He is a product of a misguided political mindset that is anti-industry, anti-development, and generally anything that has to do with a pro-business agenda (unless it is ECO-TOURISM). I'm sure this individual would love to guide his fellow environmentalists through a ghost town that once was Powerview/Pine Falls in the future, and tell them "look what can be achieved environmentally with some activism!!" What a JERK!

Laird Crawford,
Pine Falls

Liberal Senators are Protecting Canadians from Regulations Illegal under our Charter of Rights and Freedoms

MP Vic Toews is complaining about the Liberal Senators blocking Bill C-6. Bill C-6 strips ordinary citizens of their right to a day in court. Bill C-6 gives government inspectors the right to trespass, to seize property and to levy fines without a court order, and to use lethal force in the process. Bill C-6 strips an elder from giving a traditional medicine to a family member if an inspector deems it unsafe. The only recourse a citizen has if such draconian laws are imposed on them is to beg mercy of the Federal Minister in charge of the department. What about our day in court? Doesn't a criminal with a gun

Cancellation of By-Law 23/08

We are pleased that the RM of Alexander has voted to rescind By-law 23-08 and abandon that funding previously allocated to the project. Please note that if the provisional funding referred to is to be given back, one third or over one million dollars of that is from the RM of A taxpayer and therefore is not up for grabs.

The municipality had failed to consider in any meaningful way any true regionalization for the provision of water services to the residents included in the local improvement district or with adjacent towns and municipalities. This absence of consultation and lack of due diligence for the project has created controversy, unnecessary expense and harm to the residents of the proposed LID and to all the ratepayers of the municipality.

In addition to the exodus of population caused by the proposed by-law, there is now a further loss of population due to the closure of our main industry, the Tembec paper mill. Many of the trades people are having to seek employment outside the area and even outside the province which further reduces the local population.

It is time for a cooling-off period within the RM of Alexander and to give the town of Powerview/Pine Falls time to determine how it will obtain potable water in the future. This should be an opportunity for some form of collaboration in order to achieve economy of scale by way of a shared water system.

There are many possible options for the supply of potable water and sewage disposal to our area, and it is essential that we have "the best sustainable option" as proclaimed by the Water Services Board. This will require an honest study by a truly independent body devoid of vested interests. Much could be learned by studying the operations of other multi-jurisdictional water providers such as the Pembina Valley Water Co-op.

And most importantly, the public must not be shut out from the decision making process with regard to decisions affecting them. This issue is well addressed in the guidelines of the Sustainable Development Act. Until the RM council has a mandate to proceed with any multi-million dollar project, it must reach a consensus with a well informed public.

Gerald Goodfellow
Winnipeg River Regional Water Society

Letters/Comment

Surviving Christmas

Christmas is supposed to be a "happy time", that was what one of the locked out mill workers stated on television following the news that the mill is now up for sale. The real message was that he wasn't anywhere near happy at all; he's trying to survive like everyone else in the area. Christmas is an emotional time of the year. Your mood can swing from feeling great to being angry or sad in a moments notice. Throw in the stress of not having enough money and it's like throwing gas on the fire, it makes matters worse. We can become angry at the drop of a hat, lose control and behave in ways that we normally wouldn't. Alcohol or drugs are sometimes used to put that fire out but as you know there are dangers that go along with that. In your

struggle to figure out how you will get through this holiday season there are several things that you may want to consider. Hold your family and friends close to you. They are your most valued possessions; they can help you make it. The other thing to consider is to reach out and help your friends and family, they need you. You will be a better person for it.

If you wish you can contact us at the Mental Health Program. Problems with anxiety, lack of sleep and changes in your mood and behavior over a prolonged period of time are indicators that there is too much stress. You can contact us at 866-577-2901 or 204-444-6147. The telephone number for the Addictions Foundations of Manitoba is 204-268-6166.

John Hawranik



Report From the Leg

Gerald Hawranik
MLA for Lac du Bonnet

Pharmacare Deductibles for Locked-Out Tembec Employees and their Families

I have had several locked out Tembec workers approach me concerning an important issue for their families. Since Pharmacare deductibles are based on the previous year's income, locked out Tembec workers had Pharmacare deductibles which were based on higher incomes. Their deductibles were artificially high, considering that this year their incomes are much lower due to the lock-out. Prescription drugs are extremely expensive, and for some families, the cost of prescription drugs for their families can be in the thousands of dollars.

For the information of all those families locked out by Tembec, Pharmacare deductibles can be reassessed if there is a 10% reduction in income, therefore the deductible for the current benefit year can be recalculated. You may contact the Pharmacare office at 204-297-8099 to obtain a Projected Income Worksheet for the 2009/10 Pharmacare benefits year. You can also obtain the worksheet online at www.gov.mb.ca/health/pharmacare.

I have had special arrangements made for locked out Tembec workers and families.

You can return the Projected Income Worksheets, along with the required supporting income documentation to:

Ms. Elisa Ritchot, Acting Manager, Provincial Drug Programs and Ancillary Programs:

Manitoba Health
1020 - 300 Carlton St.
Winnipeg, Manitoba
R3B 3M9

She will ensure that your application receives priority status. If you wish to make an application, please do so as soon as possible, but the deadlines for submission for the 2009/10 Pharmacare benefit year is March 31, 2010. Don't miss it!

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB. R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



MP Report

Niki Ashton,
MP Churchill

The Need for Healing

The 2008 apology to Residential School Survivors by Prime Minister Stephen Harper opened a door and made clear the need for action. That action involves the need for healing. Such supports for healing have existed for ten years as part of the Aboriginal Healing Foundation, an organization that is slated to be cut by the Federal Government at the end of March, 2010.

The Aboriginal Healing Foundation is aimed at addressing the legacy of physical and sexual abuse in the Residential School system, including dealing with the intergenerational impacts. It supports 139 projects across the country, of which 27 are in Manitoba. The Foundation supports 18 projects in Northern Manitoba in 17 communities, allowing for everything from counselling services, to community events to building awareness. The healing programming has received overwhelmingly positive feedback from Survivors, their family members and communities.

Despite this positive feedback the Government has been unwilling to commit to extending the funding. That is why we have spearheaded a campaign along with interested Northerners and Manitobans to call for the Government to commit to the healing programming that is vital to the well-being of people and their communities. This is a campaign we are asking everyone to get involved in by signing our petition to the Government: <http://nikiash-ton.ndp.ca/ahf> and sending it to our office in Ottawa. As your MP, I will be taking your voices and the voices of Northerners to Ottawa, asking for the recognition that healing programming is part of the legacy of action that ought to follow the apology.

As your MP, I will be bringing forward your voices and working with people in Northern Manitoba and across Canada to hold the Government accountable to the spirit of the historic apology it made to Aboriginal people - a spirit that involves healing.



On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board

Over the years, reviews of CIDA programming by Parliamentary and Senate committees and by the Auditor General, have consistently indicated that Canada's aid program lacked focus and clear results. The message was clear that CIDA needed a thorough review.

Since being elected, our government has been working to ensure that Canada's international assistance is more effective, more focused and more accountable.

Our effectiveness agenda is two-fold. First, we have focused geographically by establishing countries of focus. Secondly, we have focussed our efforts thematically. Our three priority themes are food security, children and youth and economic growth.

Earlier this month, my colleague Bev Oda, the Minister of International Cooperation, announced that Canada is providing \$30 million to the World Food Programme (WFP) to support its operations. This funding is in addition to the \$185 million provided by our Government to the WFP so far in 2009.

Our contributions to the

WFP help vulnerable populations and respond to a range of humanitarian situations around the world. In fact, we are helping meet the food and nutritional needs of an estimated 14 million beneficiaries in seven countries in Africa, the Middle East, and South America. We are also helping 3.7 million refugees who live in difficult conditions for long periods of time and rely completely on international assistance to meet their most basic needs.

I'm proud of the action our Government has taken, making us the third largest single-country donor to the World Food Programme!

Unfortunately, we cannot fund every project that is submitted to our Government for consideration. Such is the case with funding to KAIROS. With the establishment of our new priorities, previous funding should not be considered as a guarantee for future support. While we receive many excellent proposals, we cannot possibly fund every one and we have to make difficult decisions. However, it is important to note that several of KAIROS' member organizations con-

tinue to receive separate funding from CIDA and KAIROS may re-apply for funding for future initiatives that are effective, accountable and will make a difference in the lives of those living in poverty in developing countries.

As CIDA continues to move toward a closely focused and effective aid agenda every project will be reviewed against our priorities as they evolve and within the context of the best, most effective means of achieving results.

I would invite you to visit CIDA's website at www.acidacida.gc.ca for more information about the action our Government has taken to ensure aid effectiveness and accountability.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact my office toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write my office at 8 - 227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toewsv1@mtn.net.

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Provencher MP Vic Toews at the Winnipeg River Learning Centre in Pine Falls

\$3.3 Million for Learning Centre

By Charles Norman
Federal Treasury Board President Vic Toews and Provincial Industry Minister Peter Bjornson, together with Model Forest Executive Director Brian Kotak were in the Winnipeg River Learning Centre to present cheques to Bev Dube, Powerview-Pine Falls Councillor who has been instrumental in bringing the Learning Centre to reality since it was first proposed at a Round Table meeting in 2004.

Opening the presentation, Mary Greber of Winnipeg River Community Futures said she had been working with Bev Dube since 2004 when it was first identified as a need for the community. First with a needs assessment, then a feasibility study and a business study. She congratulated everyone involved in the

project, but especially Bev Dube.

Vic Toews, on behalf of Minister of State for Western Diversification, Lynne Yelich, presented Bev Dube with a cheque for \$2.7 million. He said there is a future in Powerview-Pine Falls. "We have to see that the West remains strong," he said. "Because a stronger West means a stronger Canada."

Trade Minister Peter Bjornson presented a cheque for \$600,000, and Brian Kotak of the Manitoba Model Forest presented a cheque for \$30,000.

Bev Dube told the Echo that the money will be used for a complete renovation of the Pine Falls School, both the original and newer addition. She said geothermal heating and cooling is being looked at as a means of reducing the

current very high heating cost. (There is currently no air conditioning.) Proper insulation will be installed, (it is currently only R6) and wiring and plumbing will be upgraded. New roofing is required.

Bev Dube said the work will be going out to tender very soon and a requirement would be that as much local labour as possible would be used in the project. The cost of the renovation will be primarily a labour cost and the \$3.7 million should generate a lot of jobs for locked-out mill employees.

The work will start with renovations to the new addition, then move to the original school when the weather is warmer and less heating will be required. Work on the exterior and the roof will be carried out next summer.

COACHROOM RESTAURANT & LOUNGE

Saturday, 11am to 11pm
Have a Happy Holiday

Lock Out

Progress on Buy-Out

By Charles Norman
As reported earlier, the provincial government has offered funding of one million dollars to help with the transition resulting from the closure of the mill.

Last week, on December 11th an initial meeting of a Community Adjustment Committee was held in the Powerview-Pine Falls Municipal offices. At the meeting it was decided to have representatives from the two municipalities and the Sagkeeng First Nation, from the two unions, the Chamber of Commerce and the St George community Development Corporation. Also at the meeting were Angela Matheson, Secretary to the Economic Development Committee of Cabinet who reports to Manitoba

Premier Greg Selinger, Mary Greber from Winnipeg River Community Futures. Three other provincial government officials were also present.

Since Tembec has said that they must have a potential buyer by February 1 or the mill would close down permanently a mill buy out committee was set up.

On Wednesday, December 16th the Community Adjustment Committee met again in the Powerview-Pine Falls offices to go over the procedures to be followed by the committee, so that government funding could be obtained for future projects associated with community adjustment. At the second meeting, Sagkeeng Chief Donovan Fontaine, Economic development officer Lyle Morrisseau, and two other Sagkeeng councillors

More on Lockout

By Charles Norman
Last week Tembec announced that their Pine Falls Mill was for sale and that the lock-out would be lifted subject to the employees accepting certain conditions.

If the Lockout was lifted, and replaced by a lay-off the employees would have been eligible for employment insurance benefits.

The conditions were few. One that the employees agree to the postponement of their severance payments for twelve months. Other conditions were that there would be no reopening of the mill and that if a buyer was not found the mill would close permanently on February 1st next year. In the meantime union employees would not be allowed in the mill to take part in routine care and maintenance of the mill.

At press time the unions had not responded to the latest Tembec offer. Unless there is some hidden legal meaning to the offer it would simply mean that employees would accept one months EI payments in return for waiting a year for their severance pay.

We want to take this opportunity to wish one and all the very best throughout this festive season. May your homes be warm, comfortable and filled with the love and laughter of family and friends. We look forward to seeing you in 2010 while we proudly continue to work within this wonderful community and area we call home.

SEASONS GREETINGS AND MANY THANKS!!

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Happy Holidays

Winnipeg River Missionary Project



Winnipeg River Missionary Project (WRMP) held their Pie Auction Fundraiser on Sunday, December 6, 2009 at the Notre Dame du Laus Hall. Homemade soup and a taste of pie was offered for lunch

followed by the auction itself. Apple pies, pumpkin pies, Cranberry/Rum pies, Meat pies, Fieldberry pies, Red-berry pies were all made by volunteers in the community over the weekend and then auctioned off to the highest bidder. The bidding was a frenzy!! Auctioneers Denis Boulet and Richard Chevrefils kept things moving right along while the youth group walked around showing off the pies. The bids would start out at \$5.00 and before you could blink it would be up to \$45.00!! The highest bid went to the Brunet table for \$47.00!!! There was lots of shouting and laughing, especially when Rita Boulet and her husband Mike were out-bidding each other!! One of them got the pie, though we're not sure who got to eat it when they got home!! Everyone had a wonderful time and the fundraiser was a HUGE success, netting almost \$1500!! The comment "When are you holding your next party?" was heard from more than a few people.

We would like to thank everyone who attended the function, for your donations and your support. Without you, this project would never be more than someone's dream.

Our next "party" is being held on Sunday, December 20, 2009. We are having a Pancake Breakfast and Raffle Draw at 11:00 in the Notre Dame du Laus Hall. I think that we are also expecting a jolly visitor from the North Pole, so bring the little ones!! You can still get Raffle tickets from any member of our team - First Prize Draw is \$200+ of meat from Hometown Sausage, 2nd Prize is an Ipod Nano and 3rd Prize is a Day at the Spa. We look forward to seeing you there and wishing you a very Merry Christmas!!

If you are unable to attend our Pancake Breakfast, you may make a charitable donation to: Winnipeg River Missionary Project, Box 262, Pine Falls, MB R0E 1M0. Receipts will be issued via Amigos de L.U.I.S.

We still have room for about 2 or 3 more volunteers to join our group. If you are interested, please call Richard Chevrefils at 485-5630 or Fr. James Gray at 367-2700.

Peace on Earth



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The Management and Staff Wish all a safe and happy holiday season.



Season's Greetings



Community

Victoria Beach Student Accepted into People to People Academic Program



Dylan Thomas of Victoria Beach

Dylan Thomas a student in Victoria Beach, Canada, has been accepted into the People to People World Leadership Forum. Dylan will join a select group of students in Washington, D.C. April 19 to 24, 2010 to study leadership and explore some of the United States' most prominent monuments and institutions.

From Capitol Hill to the Smithsonian Institution, and from historic Gettysburg to the National Museum of American History, Dylan will examine the characteristics of American leadership during times of national challenge and prosperity. Forum delegates will also participate in small group discussions and exercises to experience firsthand how successful leaders develop strategies, make decisions, build consensus, and foster change.

Thomas was accepted for the honor based on outstanding scholastic merit, civic involvement, and leadership potential.

The program is coordinated by People to People Leadership Programs to fulfill the vision President Dwight D. Eisenhower had for fostering the world citizenship when he founded People to People International during his presidency in 1956. For additional information please visit peopletopeople.com/leadership.

Hope your Holiday brings you carloads of happiness.



POWERFALLS AUTOBODY

Merry Christmas
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Merry Christmas

All are best for a Happy and Healthy New Year!



Wishing you a Wonderful Holiday Season and all the Best in the New Year!



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Season's Greetings

Wishing you a Safe & Happy Holiday Season!



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Powerview RCMP Press Report November 30th - December 6th, 2009

2009/12/07

FORT ALEXANDER - police attended a residence assisting child and family services to keep the peace and maintain safety for all parties concerned. No problems were incurred at this time.

POWERVIEW - a black ford ranger supercab was stolen from a residence in the early morning hours. Police have no suspects at this time.

2009/12/08

TRAVERSE BAY - a

break, enter and theft at a cottage property resulted in damage to a garage and shed door. One of the items stolen was a red 2008 Baha minibike.

FORT ALEXANDER - police were dispatched to a complaint of 2 people fighting outside a vehicle parked near the personal care home. The area was searched by police and patrols made but the subjects nor vehicle were located.

- a female causing a disturbance at a residence was

not located by police. The woman had fled the residence prior to police arrival. No further call backs were received.

2009/12/09

PINE FALLS - police patrolled for a suspicious vehicle but were unsuccessful in locating it. The vehicle was reported to have contained stolen goods.

- investigation continues into a complaint of shoplifting at a local business. Culprits again were caught

on camera.

2009/12/10

POWERVIEW - a complaint of an assault causing bodily harm was documented by police. The victim declined to proceed with formal charges and suspects involved could not be identified.

RM ALEXANDER - police towed a damaged vehicle from a ditch off highway 11. The vehicle had mechanical problems but was later vandalized as well.

The owner was contacted by police regarding the incident. - investigations continue into an incident of harassing phone calls.

2009/12/11

RM ALEXANDER - culprits again struck Hydro buildings breaking in and stealing copper wire plus a few tools.

FORT ALEXANDER - a male and female were both apprehended by police. The man was in breach of court conditions and the female emotionally and mentally unstable was taken to local hospital for assistance. Investigations continue.

TRAVERSE BAY - an incident of shoplifting was reported to police. A suspect was identified in the incident.

2009/11/12

HOLLOW WATER - no action was taken in an incident of an assault reported to police after the complainant declined to proceed with charges. No further call backs were received on the matter as well.

RM ALEXANDER - police attended with emer- Continued next page

News

RCMP Report Continued from previous page

gency response crews to a machine shop fire. The fire was extinguished and cost of damages not known at this time. Arson was not a factor in the incident.

POWERVIEW - intervention in a domestic dispute resulted peacefully. Police returned property to a female and no further action was taken at this time.

2009/12/13

BISSETT - a break, enter and theft at a local business resulted in a substantial amount of cash taken. Investigations continue into the incident.

FORT ALEXANDER - investigations continue in to an incident of mischief at a residence.

SUMMARY:

Police also attended to:
0 False 911 calls

4 Alarms	1 Theft Under/Lost (Prescription Medication)
2 Assistance to other Police Agencies/Service of Documents	6 Traffic Accident Reports/Mischief to Vehicles
2 Common Offence Notices (HTA/Liquor)	0 Utter Threats
0 Coroners Act	
1 Impaired Driving/Refusal of Breathalyzer	
3 Intoxicated Persons Detention Act/Disturb Peace	
1 Mental Health Act/Transport	
0 Noise/By Law Complaints	
1 Sexual Assault	

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*Wishing you all a joyful Christmas!
May the joy of the season brighten each and everyone of your days!*

Powerview Dental Centre

Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Jackie Chun

Yvette, Donna, Nellie, Ashleigh
367-2815

*Season's Greetings
We wish you a Merry Christmas and all the Best in the New Year!*

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Happy Holidays

A Merry Christmas to all, and to all a Great Nite! Season's Greetings

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Happy Holidays!

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Wishing you peace, love and happiness this Holiday Season!

All our best in the New Year

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Beaches

Christmas Dinner - For the Kids - By the Kids - With the Kids!



Breakfast with Santa - Isabel Russell, Ashley Thomas, Paige Thomas, Santa (Lawrence Bennet), Andrew Juvonen, Riley Reckseidler

By Laura Tuttle
Christmas traditions quickly evolve into treasured memories that stay with us for all of our lives. I mentioned to a neighbour that Walter Whyte School was having a Christmas luncheon to honour the volunteers at the school. Immediately she fondly recalled helping her

daughter to prepare for this event which has now become a familiar tradition. The occasion is a chance to acknowledge the valuable contributions that volunteers make to the school and it's eventual alumni. Since the daughter of my acquaintance is well into her thirties I was able to determine that this particular seasonal traditional has to be at least 25 years old.

I was given a warm greeting when I made a quick "lunch time" visit to the school on December 9th, the day of the dinner. Bernie Reckseidler was helping to manage the kitchen but took time out to introduce me to a couple of the key players in the event. In charge of the servers was Agatha Wren, Administrator of the SMILE program. SMILE puts together Elders/Seniors from the community with students from the school to connect and learn from each other. Biweekly they gather to make crafts, read stories, participate in a variety of adventures and generally get to understand the world of their

opposite generation.

At the invitation of Gloria Juvonen, Vice Principle of the Walter Whyte School, the SMILE group, mostly consisting of members of the Seniors Scene in Victoria Beach, were on hand to ladle out generous portions of the tantalizing food. Joining them was Reg Thomas - who manages the Youth Night every Friday at the Grand Marais Recreation Centre. The huge banquet table was laden with turkey, meat balls, potatoes, vegetables, dressing, rice and gravy, plus a variety of desserts that are integral to a seasonal feast. The meat was donated by the school however all the food was prepared in the homes of the students and their parents. Each classroom was responsible for providing a particular dish, such as potatoes, or vegetables or buns & butter or sweets.

Honoured guests were a contingent of volunteers from the Target Reading Program, Lunch Helpers, along with community representatives; Audrey

Litzenberger and a constable from the Grand Marais RCMP detachment; plus Jean Oliver - Chairperson for the Lord Selkirk School Division; along with Luise & Ken Avery - Trustee for Ward III (St. Clements) and Joe Edwards & Denise Thomas, Vice President of the Southeast Region Manitoba Metis Federation. There were no formal speeches just good food and lots of mingling between the students and the volunteers. Jean Oliver commented that "this school is very infected with school spirit."

Gloria Juvonen, sees it all up close. The dinner to thank the volunteers and school staff is just one of several events happening at WWS over the next couple of weeks and I complimented her on the energy of the organizers and of the students. "Walter Whyte School may just be the best kept secret in the Lord Selkirk School Division" says Juvonen. The school is not large whereas it's catchment area is expansive and it is the only school in the East



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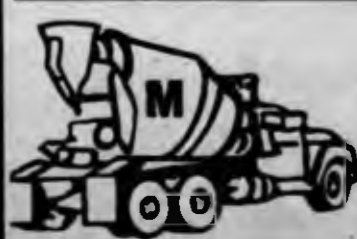
Wishing all the a very Merry Christmas and all the best in 2010!



Celeste Basson, Cherie Crous, Denise & Carmen



Wishing everyone a wonderful Holiday Season!



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Beaches

Beaches area. Yet the children here lack nothing that may provide a chance to stir their imaginations or expand their education. Be it cultural, schematic, technological, scientific, artistic, athletic or simply fun - the students at Walter Whyte School have the opportunity to experience it. This includes giving back to the volunteers and staff who make it all possible. At this Christmas Feast it was obvious by the cheerful conversations and the jovial expressions on the faces of the youngsters, their teachers and the volunteers that Christmas truly is a magical time that brings out the best in those who care.

Breakfast with Santa in East Beaches ...

St. Nicholas took pause from his busy toy building schedule, to attend a Saturday morning breakfast at Walter Whyte School on December 12th. A few of the little ones hung on tight to

their parent or grandparent while in the presence of such a great legend. They came not entirely willingly to sit on his lap and ask for favours. However, the adolescents and teens were less shy and happily posed with the popular elf (a.k.a. Lawrence Bennet) when I asked for their picture. In fact, it was this same group, mostly made-up of Senior class members of WWS who were at the door selling tickets and making certain that everyone was fed and comfortable.

Breakfast with Santa is just one of a number of fund raisers that are being hosted by the senior students Walter Whyte School. They have their sights on a trip to Paris and London in 2011 and travel doesn't come cheap. Ashley Thomas, a graduate of WWS was at the school with her sister Paige, who is one of the potential travellers on the highly anticipated European adventure.

Ashley explained it this way, "In a small community like ours, hosting the 'Breakfast with Santa' is a great opportunity to hang out with friends and to provide a community service at the same time."

Since this writer is one who believes that travel provides a valuable education that exceeds what is found in written text and is an experience that needs to be encouraged at a young age; Ashley's words struck a cord. She made me realize that 'Breakfast with Santa' was not just a Christmas party for parents and kids, it was also teaching these young people the joy of community service while whetting their appetites for a world beyond East Beaches. I expect it will bring them full circle some day, to the realization that where you come from influences who you will become no matter what part of the world you explore.



Seniors Christmas Dinner - President Betty Cross

Grand Marais and Area Seniors Christmas Dinner

I have had a year of hard work for the Seniors of the community. An amazing amount of time is spent running a weekly Bingo, hosting community craft, baking and book sales and making perogies. All of this is for fun and for charity but it is hard work none-the-less. In celebration a group of about forty men and women gathered Monday evening, December 14th for their annual Christmas Dinner. A business meeting

was followed by a sumptuous turkey dinner catered by Martin and Emily Rach. Hostess for the evening, club president Betty Cross, kept the crew in order and was the delightful bearer of gifts for everyone present. Venue for the evening was the newly renovated banquet hall at the Grand Marais Recreation Association which looked fresh, bright and festive with its stuccoed walls that add some "R" value to the aging building.

Jesus is the Reason for the Season!

*Best Wishes to one and all.
May you all have a festive
& enjoyable Season!*

Ray Allen

*From Raymond and Valerie Garand
and Staff*

Christmas 2009

This Will Be a Christmas to Remember

By Charles Norman
On Earth, peace, good will toward men.

Christmas is traditionally a time for forgiveness. That may take a little time when it comes to Tembec, but amongst ourselves it has to be right now.

Pine Falls is facing its greatest challenge since the depression. It is a huge challenge and will overwhelm us if we do not learn to work together and to cooperate very quickly.

We have been too dependent on the mill, and have been able to have the luxury of squabbling

amongst ourselves without it doing too much harm. Powerview-Pine Falls and the RM of Alexander have had trouble working together. St. George has been successful by being insular, and the relationship between the Sagkeeng First Nation and the rest of the community has been lukewarm at best.

All of that has to be put behind us. Christmas is the perfect time to do it.

On that first Christmas night when the angels appeared to the shepherds and the heavenly host appeared, saying, "Glory to God in the highest, and on Earth, Peace, good will



We have been too dependent on the mill, and have been able to have the luxury of squabbling amongst ourselves without it doing too much harm

towards men." It was a sign that from then on things were going to be different.

That sign of 2000 years ago is still valid today, and in our community more relevant than ever. We don't know how the future will pan

be different. If we can go forward with that spirit of good will which is the true meaning of Christmas we will survive, and may even come out of it stronger than before.

We cannot do it alone. We should not forget to ask for help from the One who gave

us that message 2000 years ago, and we should not forget to thank him when he does help, as he most certainly will. We only have to ask.

If we do this it may just be the best Christmas ever - and truly a Christmas to remember.

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 Good Cheer, Health & Happiness to
 all our surrounding communities!

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Christmas 2009

The following are a selection of Christmas images from around the community. We have pictures of the Powerview School Concert, the Community Christmas Party and some of the lights people have put up around the beaches. Enjoy! And Merry Christmas



Season's Greetings

Wishing you and your family
 the very best for the Holiday Season
 and throughout the New Year.

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Community

May peace & Joy surround you and yours this Holiday Season!

Wishing you a Blessed Christmas and a Joyous New Year! From all of us at



Broadlands Mall & Convenience



Gerald Hawranik stands with Resource Centre manager, Cindy Beck (centre) and volunteer Shannon Courcelles, after having 70 hams donated to the Centre.

Hawranik Donates 70 Hams to Food Bank

Lac du Bonnet MLA, Gerald Hawranik dropped into the Powerview Food Bank on Wednesday with 70 hams for the locked out Tembec workers. "We're trying to do all we can for the community," he said. The hams were also purchased locally.

In 1991, Hawranik was involved in the establishment of the very first rural food bank in Manitoba, in Beausejour.

Merry Christmas & Happy New Year

Christmas Special for the month of December

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Christmas Eve Service



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All Welcome

EN SEMAINE 18H ET 23H

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AVEC MARIE-CHRISTINE GAGNON



Community

A Faith Perspective:

By Pastor Jake Doell

Christmas – The Father Planned It

Christmas means many things to many people. For some, it is festive parties and gift exchanges to end off the past year. Others dread Christmas because it puts pressure on already tough finances. Then there are those who celebrate the birth of Christ and worship the One who was born in a manger.

When you read the account of the first Christmas 2000 years ago in the Gospels of Matthew and Luke, you realize that this event could not have hap-

pened without divine input. The Bible tells us that before God created the world, He had a plan on His heart (Ephesians 1:3&4). Adam and Eve chose to disobey God and broke a perfect relationship with God. Since that time, people have tried desperately to restore that place of close fellowship with God. Alas, all human efforts have failed, whether it is the "good works" approach or man-made religions, or by educating the human race to rise up and out of its brokenness and sorrow.

But God, in His great love and mercy planned to send His Son to this earth in human form to be our Redeemer. "For God so LOVED the world (you and I) that He gave His one and only Son, that whoever believes in Him should not perish but have eternal life." (John 3:16) God was motivated by His love for you to sacrifice His Son on a cruel cross that you and I might believe and be restored to that perfect relationship with the Father.

It is interesting that all the world's religions require something from the follower. Whether it is a pilgrimage, fasting and meditation or a list of commandments to keep, all require serious effort from the party trying to reach utopia/heaven. God has made it very simple, that by a personal choice of faith in Christ we can receive His wonderful gift of eternal life. That's why the Christmas story from the Bible is Good News. God did for us what none of us could do by our own efforts. He made it possible to restore us into a family relationship with God so that when we pray; "Our Father....." it is not just a religious cliché but a personal experience. God the Father planned the events of that first Christmas that He might receive us back into His family and that we might enjoy Him and each other in love and peace.

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Merry Christmas & Happy New Year

Thank you for your continued Support!

May joy & happiness fill all your days!



Merry Christmas & Happy New Year

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Season's Greetings and Happy New Year



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Mom & Dad, Jeff & Clerise	Billy Trudell, Norman Trudell
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Community

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Merry Christmas

May this Holiday Season
bring you and yours Peace
in your souls and hope in your hearts!

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Jack Bonekamp
Rick Rusk, Gord Watson
Henry Dubé, Bev Dubé
Staff
Yves Lavoie,
Gerald Pelletier,
Forrest Oman,
Sharon Deslanyk,
Merissa Mabb,
James Captain



Remembering the Good Old Days

On Sunday December 14, a celebration was held in honour of Gabrielle Roy's (French Canadian Author) 100th anniversary. The evening in which traditional French cuisine was enjoyed (Tourtière, chicken pate and sugar pie) was also filled with music to dance to and traditional and modern songs. Unbelievable talent from St. Georges (Gilles and Armand Boulet) as well as Noel Joyal from St. Agathe filled the ears of the appreciated audience. Honored guests from Maison Gabrielle Roy in St. Boniface were amongst the crowd. The director, Lucienne Chateauf, read an excerpt from Gabrielle's

book Les Enfants de ma Vie, Aline Vincent (volunteer at la Maison) lead a prayer of special benediction. Alma Vincent also a volunteer at la Maison) also graced us with her presence. This project was made possible thanks to Ginette Vincent within the framework of an inter-generational grant. Her small group of volunteers (Diane and Edgar Dube, Gilles and Odile Dubé, Jean-Marie Vincent, Rose Vincent and Elise and Bart Zolinski) were responsible for making all of the food. Janel and Kalene Zolinski also read excerpts from Gabrielle Roy's books. They also helped to serve the supper.

Thanks to all the participants and may everyone have a joyous Christmas.

Une soirée du bon vieux temps

Dimanche, le 14 décembre une grande célébration s'est passée en honneur du centenaire de la grande écrivaine manitobaine - Gabrielle Roy. Cette soirée dans laquelle des mets traditionnels tels que les tourtières, les patés de poulets, et les tartes au sucre furent dégustés par la communauté francophone de St-Georges a été remplie de chansons du bon vieux temps



Merry Christmas
from
BIGROCK ELECTRIC
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LLOYD'S BARBER SHOP

Lac du Bonnet

Holiday Wishes



Good Luck to
the **TEMBEC**
Employees!

Community

et des chansons contemporaines. Des voix incroyables de St-Georges (Gilles et Armand Boulet) ainsi que de St-Agathe (Noel Joyal) remplirent la salle de musique pour danser et chants à répondre.

Des invitées de la maison Gabrielle Roy ont partagé la soirée avec nous. La directrice, Lucienne Chateauf nous a lu un texte de Gabrielle- Les enfants de ma Vie, Aline Vincent (benevole à la Maison) a fait demande pour une benediction spéciale. Benevole, Alma Vincent de la Maison était aussi parmi les notes.

Ce projet fut possible grâce à Ginette Vincent dans le cadre d'un projet intergénérationnel. Son petit groupe de benevoles (Diane et Edgar Dube, Gilles et Odile Dube, Rose Vincent, Jean-Marie Vincent et Elise et Bart Zolinski) ont fait les mets traditionnels. Janel et Kalene Zolinski ont fait des lectures de textes de Gabrielle Roy et ont aidé à servir le souper.

Nous aimerions remercier tous qui furent participants et nous souhaitons un Joyeux Noel à tous!



Gilles and Armand Boulet Performing at the Gabrielle Roy 100th Anniversary Celebration.



Happy Holidays!

Wishing you
a Wonderful
Holiday
Season and
a very
Happy
New Year!



Merry Christmas



Christmas is a time
for sharing old memories
and creating new ones.
We hope your holidays
are filled with old
fashioned warmth and
lots of Good Cheer!

From the Reeve,
Councillors
and Staff...

RURAL MUNICIPALITY OF ALEXANDER



And we heard
him exclaim
as he turned
out of sight...
Merry Christmas
to all...and to all
a Good Night!

GREWINSKI TRUCKING 345-2202
Lac du Bonnet

Season's Greetings



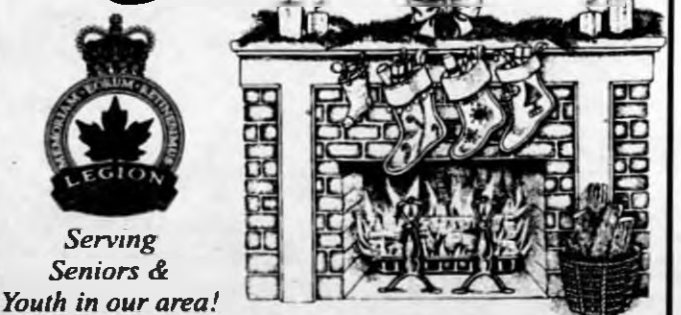
Wishing you a
Happy & Healthy New Year!
From RBC Pine Falls and Lac du Bonnet

RBC Financial Group

ROYAL CANADIAN LEGION PINE FALLS LEGION BRANCH #64

We especially welcome the opportunity to say thank you for your friendship throughout the year!

Merry Christmas!



Serving
Seniors &
Youth in our area!

Health



Health Corner

Ask your Primary Health Care Provider

Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre; phone: 345-8647; or Email: corvis@neha.mb.ca. For more health information, Please, visit the NEHA website: www.neha.mb.ca.

Tips for Peace of Mind During the Holidays:

Submitted by: Sharon Bissonnette, Director, Mental Health Services

The Canadian Mental Health Association suggests these 10 stress-busting tips to help people cope with the added pressures and demands on our time. By following these

common sense strategies, you're more likely to have a less hectic, and a much healthier holiday season.

1. Plan ahead. When entertaining, keep it simple and make meals that can be prepared ahead of time, partially prepared and/or able to be frozen. Try to complete things in

2. Organize and delegate. Have a 'family meeting' and make a commitment to share tasks. Rather than

have one person cooking the whole meal, have family and friends bring a dish. Children can help with gift-wrapping, decorating baking or addressing cards. Try to focus on doing what's really important to you and your family.

3. Beware of overindulgence. Alcohol is a depressant so try to keep consumption to a minimum. Too much food can make you feel

lethargic, tired, and guilty.

4. Get plenty of exercise. Exercising as a family to work out excess energy and stress is a great activity to serve as much-needed breaks during hectic weeks.

5. Stay within budget. Finances are a great stressor so set a budget and stick with it. A call, a visit, or a note to tell someone how important he or she is to you can be as touching and more meaningful than a gift. Some activities around the holiday season are free, including driving around to look at holiday decorations, going window-shopping, going skating, or taking a walk in the park.

6. Remember what the holiday season means to you. While holiday advertising creates a picture that the holidays are about shiny new toys and gift giving, remember that this season is really about sharing and time spent with loved ones. Develop your own meaningful family traditions.

For all its charm and warmth, Christmas is a season to celebrate...

HAPPY HOLIDAYS!

Ingham
PHARMACY
Lac du Bonnet
345-2232

BEST WISHES
IN THE
NEW YEAR!

BIGWAY FOODS
HOMETOWN BIGWAY FOODS

Wishing you a very Merry Christmas and a Happy New Year!

• FULL GROCERY SERVICE
• OPEN 7 DAYS A WEEK
• LOTTERY CENTRE

60 - 2nd Street LAC DU BONNET
345-8720

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Complete Interior and Exterior Maintenance Free Home Renovations

Free Estimates
Paul Gauthier ph. 204-422-9099
Ste. Anne, MB fax. 204-422-6128
Iberville Windows Consultant

Merry Christmas

to the Readers of the
Winnipeg River Echo

Season's Greetings

Best wishes for a very Merry Christmas and a Happy New Year from...

Dancyt's Foods
Pete's Bistro
Dr. Anderson
Country Concepts
Celebrations Unlimited
Sears Outlet

RUPERTS LANDING MALL
Conveniently located in downtown Pine Falls

Health

7. Help others learn about shared social responsibility. Attend diverse cultural events with family and friends. Help out at a local food bank or donate clothes and toys. Encourage children to make gifts or cards for friends and relatives so the focus is on giving rather than buying.
8. Include others. If you have few family or friends, reach out to neighbors. Find ways to spend the holidays with other people. If you're part of a family gathering, invite someone you know is alone to your gathering.
9. Put fun, humor, affection and "break time" into your holidays. Fun or silly activities, games or movies that make you laugh, hugs, playing with pets, and quiet time alone or with a partner are all good ways to reduce stress.
10. Get into the light. Research suggests that elevated depression around this time of year can have a lot to do with the weather, especially lack of daylight. So soak

up the sun when you can. If your dampened mood carries into the New Year, you may want to pay a visit to your doctor or mental health professional.

Above all else this holiday season, help one another, and share your problems. Trying to cope alone can become overwhelming. Mental health problems are often encountered by those who want to make the holiday season perfect for their family, but don't have the resources to meet those needs. Talk things through with family and friends and remember that while we all wish for peace on earth this holiday season, we shouldn't overlook the importance of peace of mind.

Dealing with holiday grief
The holiday season can be especially difficult for those of us who've lost someone close to us recently, or at this time of the year. With all the messages of family togetherness and joy, the emptiness left behind when someone passes away is a harsh contrast to what society seems to "expect" us to feel. Below are tips to help

you or someone you know get through a potentially difficult time:

- * Talking about the deceased person is okay. Your stress will only increase if the deceased person's memory is allowed to become a landmine that everyone tiptoes around.
- * Things won't be the same. It's normal to feel at odds with yourself when dealing with grief. Do not isolate yourself, but limit your involvement when you need to.
- * Don't let other people's expectations dictate how your holiday will unfold. If you do want to attend holiday functions, make sure you know your limits. Leave early, arrive late, drive alone - do whatever you need to do to help yourself.
- * Seek support. Talk to your friends and family about how you feel. Many communities offer support groups for people who are grieving. Being around people who know what you're going through can be very comforting.
- * Plan a special time to celebrate the memories of the person who died. Some fam-

ilies develop creative rituals like decorating a miniature Christmas tree at the cemetery, donating money to the deceased person's favorite charity, singing their favorite seasonal song, reciting a special prayer before the evening meal, or even just lighting a candle. Symbolic gestures like these can help families validate their feelings of sadness and overcome the guilt of enjoying special occasions.

* Take care of yourself. Stress, depression, and bodily neglect are not a great mix at any time of year.

* Think about starting new traditions. Planning something totally different is not an insult to the memory of a loved one and can be a positive way to ease some of the pressure.

For more information on mental health, visit www.cmha.ca or contact your local Canadian Mental Health Association office @ 1-204-250-1110.

For services, contact Community Mental Health Intake (Mon to Fri) @ 1-866-577-2901 or 444-6147 OR 24-Hour Mental Health Crisis Services @ 1-866-427-8628.

Christmas Greetings to All!

Merry Christmas from all the Staff & Management at Melnick Motors
Good Luck to all the Tembec Employees!

Jeff Melnick Owner Shawn Stogran Sales Manager Edna Ritchot Business Manager Mark Kowalka Sales and Leasing Richard Smith Sales Consultant

MELNICK Motors
Tel Free 1-877-MELNICK (535-6426)
BEAUSEJOUR 268-1514

HOURS: MONDAY TO FRIDAY 8AM - 6PM
SATURDAY 8AM TO 4PM

OnStar

Home hardware
Season's Greetings

Wishing you all a fun and festive Holiday Season!

EN VOGUE FURNITURE
"For the Designer in you"

Lac du Bonnet, MB 345-2241

Holiday Greetings!

Thinking of you during the holidays, we wish you a safe and joyous Christmas and prosperous New Year.

MANITOBA MODEL FOREST NETWORK RESEAU DE FORETS MODELES

Nature



RURAL MUNICIPALITY OF ALEXANDER EMPLOYMENT OPPORTUNITY RECEPTIONIST/CLERK TYPIST

The Rural Municipality of Alexander will receive written applications for the position of Receptionist/Clerk Typist. Under the day-to-day supervision of the Assistant CAO, the Receptionist/Clerk Typist will be responsible, as the primary public contact for provisions of customer service and the performance of clerical duties as assigned.

The minimum required qualifications consist of:

Grade Twelve education or the equivalent
Demonstrated ability to type fifty (50) wpm
Certificate or demonstrated competence in word processing and spreadsheet applications

Two (2) years office experience

Excellent communication skills

Competence in the organization and filing of materials

Physically fit and mentally able to perform the required tasks

Must be bondable

Preference will be given to those fluent in both official languages, and willing to undertake training in Accounting and Municipal Administration.

This is a term position with the possibility of becoming full time. It is a 35 hour work week Monday to Friday, 8:30 a.m. - 4:30 p.m. Rate of pay will depend on qualifications and experience.

Written resume including 3 references may be sent to:

James Fanske
Chief Administrative Officer
Rural Municipality of Alexander
P.O. Box 100
St. Georges MB R0E 1V0

Alternatively you may fax your application to (204) 367-2257, email to cao@rmaalexander.com or drop off at the municipal office @ 104058 PTH 11.

The closing date is January 15th, 2010 at 4:00 p.m.

We thank all applicants, but advise that only those applicants selected for an interview will be contacted. Those with resumes on file, please re-apply if interested.

Jack Pine

By Charles Norman

In the three years that we have been carrying these feature articles on local natural history we have never dealt with trees. It is rather neglectful since without trees, jack pine and black spruce in particular, Pine Falls and Powerview would

not be here.

Before the TMP mill was built the mill used black spruce and jack pine, some of it stone ground and some chemically treated. This was supplemented by purchased Kraft pulp to increase strength. Later recycled paper was added.

In this process the amount of jack pine was limited by

the high level of pitch it contained. It was found that 17% was about the limit. The pitch caused production problems on the paper machines and runnability problems on the customers presses if this concentration was exceeded.

This was unfortunate since jack pine prefers sandy soil and can easily be harvested in summer. Black spruce tends to prefer muskeg swamps and can only be harvested after the ground has frozen.

The result was that jack pine, often closer to the mill remained in the forest while loggers went farther and farther for black spruce. Because of the longer transportation distances black spruce became more expensive than jack pine, but, as already stated, jack pine's lower cost could not be taken advantage of because of the pitch content.

When the TMP mill was built Tembec was able, after some modifications exclusive to the Pine Falls mill, to increase the percentage of jack pine up to 75%. Currently, because of the extra energy required, the mill is using about 30% jack

Peace
on Earth
and
Goodwill
to all!

Community & Family
Resource Centre
367-9641

pine

The jack pine is exclusive to North America. Its range reaches from east of the Rocky Mountains to Nova Scotia in Canada and from Minnesota to Maine in the US. It is not a big tree, usually around 30 to 70 feet high. In sandy soil it forms open stands where pine needle form an acidic understory which provides excellent conditions for blue berries.

Jack pine cones are quite distinctive. They are small, about two inches long, curved and grow close to the branch, often pointing along the branch. Cones have a built-in survival mechanism: They will not open until the temperature reaches 50 degrees Celsius. Thus reseeding takes place only after a forest fire, when the land has been cleared of any vegetation competing for sunlight. (Lots of sunlight is essential for jack pine to thrive).

This property of the jack pine cone is particularly important in eliminating jack pines major pest. Dwarf mistletoe is a parasite that uses the jack pine as a host and eventually kills the tree. A jack pine stand destroyed by dwarf mistletoe (also called witches broom because of its appearance), can be seen on the Ancient Beach trail in Grand Beach Provincial Park. Soon, on a dry day a lightning strike will find it easily combustible. The fire will consume everything except the jack pine cones, which will open and begin the regeneration. This time without the dwarf mistletoe.

The pine bud worm is another pest which can kill the tree. It consumes only the new growth and the tree can survive it if the infestation lasts only one year. The pine budworm is destroyed in winter if the winter is cold enough, but if infestation continues for several years it can kill the tree. Again the cones take care of regeneration after the next forest fire.

Advertise
in the Echo
Classifieds
For as
little as
\$5.50
per week

Season's
Greetings
and
Happy
Findings
to all!

École
Powerview
School

With warm wishes
for a
**Blessed
Christmas**

Our families wish you
and yours an
abundance of love,
peace and harmony this
holiday season.

**SOBERING
FUNERAL CHAPEL
& CREMATORIUM**

Would like to wish
all a safe and joyous
holiday season!!
May your New Year
be filled with
health, happiness,
and prosperity!!

Manitoba Metis
Federation
Southeast Region

Special Holiday Wishes to
all the Tembec Employees and the
Powerview School Drama Club

TOWN OF POWERVIEW-PINE FALLS
P.O. Box 220 Powerview, MB R0E 1P0 Telephone: (204) 367-4483 Fax: (204) 367-4747

NOTICE OF OFFICE CLOSURE

The Town Office will be closed from December 24th at noon until January 1st inclusive.

Regular office hours will resume on Monday, January 4th, 2010.

Wishing you a Merry Christmas & Happy New Year!

Denture Wearers
WE SPECIALIZE IN HARD-TO-FIT CASES

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22 Years at our MAIN OFFICE: **268-3488** 10 Years at our SATELLITE OFFICE:
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Doug & Marlene Sobering Shannan Drobet
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TOWN OF POWERVIEW-PINE FALLS
Box 220 Powerview, MB R0E 1P0 Telephone: 204-367-4483 Fax: 204-367-4747
Public Works: 204-367-2070
Email: Public Works - ppofpubw@mts.net Administration: municlark@mts.net

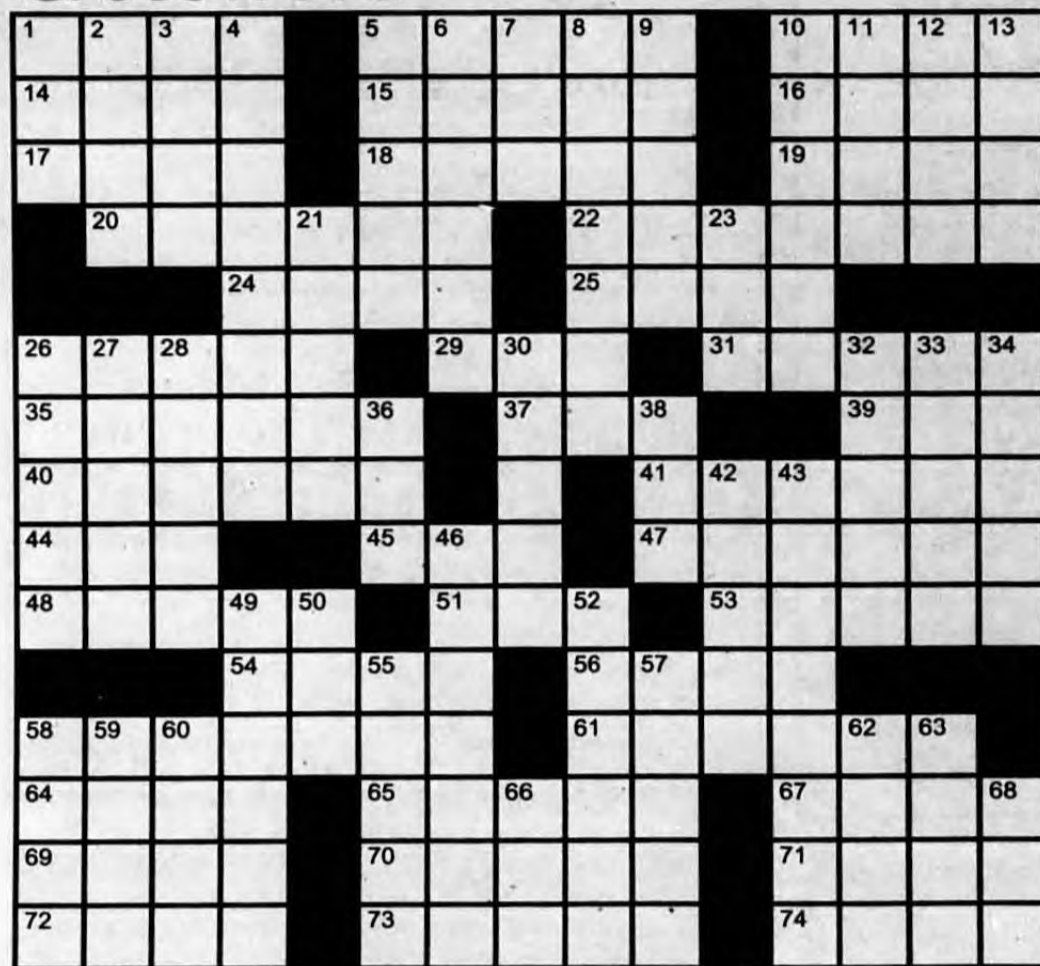
**RECYCLING
HOLIDAY SCHEDULE**

Due to the holiday season, Recycling pick-up will commence on the Tuesday for the last two weeks of December as follows:

Tuesday December 22nd, Recycle Pick Up
Tuesday December 29th, Recycle Pick Up
January 2009 Recycle dates will resume to Thursday 8:00 am pick up

Please Note Garbage pick-up dates will not be affected through the holiday season

Crossword



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- Across
- 1. Long, long time
 - 5. Amorphous creature
 - 10. Slight
 - 14. Extinguish
 - 15. Cell alternative
 - 16. Man Friday
 - 17. Assortment
 - 18. Popped up
 - 19. Convene
 - 20. Charge
 - 22. Done within a business
 - 24. Half a fortnight
 - 25. Honour's spot
 - 26. Daisy like bloom
 - 29. "_____ we having fun yet?"
 - 31. Noodles
 - 35. Showy bloom
 - 37. It's a free country
 - 39. Calphalon product
 - 40. Rub out
 - 41. Feel concern or interest
 - 44. "Rocks"
 - 45. It has a certain ring to it
 - 47. Arise
 - 48. The post at the top or bottom of stairs
 - 51. 40 winks
 - 53. Role player
 - 54. Cliff's pal on "Cheers"

- 56. Exude
- 58. Hair wash
- 61. Double sawbuck
- 64. Medical breakthrough
- 65. Concentrated, in a way
- 67. Hammock holder
- 69. "_____ for the poor"
- 70. Assess
- 71. Pinocchio, at times
- 72. Beat to a pulp
- 73. Church official
- 74. Past time
- Down
- 1. Big fuss
- 2. Apple variety
- 3. Give off, as light
- 4. Metal workers bond
- 5. Abreast (of)
- 6. Old Finish money
- 7. "I" problem
- 8. In addition
- 9. "Gladiator" setting
- 10. Indian turnover
- 11. In _____ of
- 12. Bad day for Caesar
- 13. Ration (out)
- 21. Cliffside dwelling
- 23. Not square
- 26. _____ asst.
- 27. Booze
- 28. Pitched
- 30. Cuban dance
- 32. Gush forward quickly
- 33. Argentine dance
- 34. A deadly sin
- 36. Gallery display
- 38. High card
- 42. Astound
- 43. Lately
- 46. Lacking of standards or principles
- 49. Catch, as in a net
- 50. Chop (off)
- 52. Thick creamy soup
- 55. Blush
- 57. Title holder
- 58. Ponzi scheme, e.g.
- 59. Waikiki wiggly
- 60. Treaty subject
- 62. The Magi, e.g.
- 63. Calendar span
- 66. Flower starter
- 68. Shortly before?

Solution



Each letter represents another letter in the alphabet. If you can break the code to figure out the famous quotation

Last Week's Solution
YOU'VE GOT TO SEIZE THE OPPORTUNITY IF IT IS PRESENTED TO YOU.
-CLIVE DAVIS

CRYPTIC PUZZLE

LQTDW YT LTI NS YMJ MNL MJXY, FSI TS
JFWYM UJFHJ, LTTIBNQY YTBFWI RJS -
XFNSY QZPJ

Weekly Horoscopes

ARIES (Mar. 21- April 20) Don't let anyone take credit for a job you did. You must act quickly. Emotionally you won't see things accurately. You can sort out any differences you have in an amiable manner.

TAURUS (Apr. 21- may 21) Avoid arguments with relatives who might be conservative and outdated. Move forward if you want to turn your life around. Don't take sides if you wish to remain on good terms with both parties. Invite people home to discuss your plans for group fundraising events and outings.

GEMINI (May 22-June 21) You may find out that someone has not been completely honest with you. Don't say something you'll live to regret. This may not be the day to get involved in risky joint financial ventures. You will have a greater involvement in groups; however, they may not be to your advantage.

CANCER (June 22-July 22) Someone envious of your popularity may challenge you to a debate. Be honest if you wish to solve the problem. You can make progress if you deal with the right individuals. You won't impress anyone by being overly generous.

LEO (July 23-Aug 22) You can make major accomplishments while on short trips. Be careful not to overexert yourself. You may jump from the frying pan into the fire if you make a move this week. Your outgoing, aggressive nature will attract someone you've been eager to meet.

VIRGO (Aug. 23 -Sept. 23) You can accomplish a lot if you direct your thoughts toward starting your own small business on the side. Don't hesitate to go ahead with any plans for entertainment. Your loved ones could set you off. Don't let your boss make you feel guilty enough to take work home with you.

LIBRA (Sept. 24 -Oct. 23) Problems with females you live or work with will try your patience and cause temper flare ups. Don't try to deal with important issues or make changes that will upset the apple cart. Your intellectual charm will win hearts and bring opportunities that you least expect. Be sure to pay attention to your bank account.

SCORPIO (Oct. 24 - Nov. 22) Children may be less than honest with you. Lay your cards on the table regarding your personal direction. Minor health problems will cause setbacks if you haven't taken proper care of yourself. Work on legitimate financial deals that may enable you to bring in some extra cash.

SAGITARIUS (Nov. 23 -Dec. 21) Your love will not be willing to listen to your criticism. Pleasure trips will turn out to be better than anticipated. Your hard work will payoff; advancement looks positive. A new relationship can be yours if you get out with friends.

CAPRICORN (Dec 22.- Jan. 20) Your efforts will be rewarded handsomely. Be sure that you have all the facts before you take action. Travel should be on your mind. Your personal secrets may be revealed if you let coworkers in on your family dilemmas.

AQUARIUS (Jan. 21 -Feb. 19) Changes in your home will be positive. Property in vestments should payoff. You are best to keep your cash in a safe place. You will have to be sure not to burn the candle at both ends. You may be out of sorts if you have been extravagant or have let children or friends take advantage of you financially.

PISCES Feb. 20-Mar. 20) You'll regret every word for some time to come. You may have to explain your actions to your family. You can ask for favors and get sound advice from close friends or relatives. Be ready to explain your actions.



Pineview Rec Office
Located at:
46 Pine Street
Pine Falls, MB
Phone 367-9142
Fax 367-9142
prrec2003@yahoo.ca
Rec Director: Lori Yalouk

WINTER PROGRAMS

Promoting and Coordinating programs & events for RM of Alexander & Town of Powerview-Pine Falls

Fitness

Hall Walking Club
Grand Marais Rec Hall, 90 Melinda Ave, Grand Marais
Monday, Wednesday & Friday 9 AM - Noon
For more info contact Bonnie 754-3240

Pilates
Pine Falls United Church, 5 Walnut St.
Instructor: Cherie Crous
Thursdays 6:30-8:30 PM
Monthly Fee \$35.00. Drop in fee \$10.00
For more info call 367-2537

Seniors Exercise
Golden Leisure Club, 30 Pine St, Pine Falls
Every Mon, Wed, Thurs & Fri 10:15 - 10:45 AM
Contact Shirley Lavallee 367-8983

Fitness with Kim Bonekamp
Pine Falls School Gym (side entrance)
Kim Bonekamp 367-2107 kbonekamp@hotmail.com
• Rise & Shine Fitness Class
Mon, Tue, Wed & Thurs 6:30-7:30 AM
\$50 Monthly Fee. Includes aerobics, circuits & boot camp training.
• Strength for Seniors & Exercising with Arthritis
Mondays & Wednesdays 10:00-11:00 AM
\$30 Monthly Fee
Class includes walking, exercise ball, stretching & resistance. Arthritis program is designed through PACE for people living with arthritis.
• Evening Fitness Classes
Mon & Thurs 5:30-6:30 PM / \$30 Monthly Fee
Start on the road to a healthier lifestyle improving your cardio, strength & flexibility.

Exercise with Natasha Joy
Natasha Joy 756-3868 natasha@mtns.net
• NEW PROGRAM @ BIRCHWOOD HOTEL
CIRCUIT WEIGHT TRAINING STARTING JAN. 4TH
Monday to Thursday 4:30-5:15 PM
Upstairs of the Birchwood Hotel
6 weeks (24 Classes) \$120.00
Sessions will include upper & lower body, back and abs. Great Xmas gift. Call Natasha 756-3868
• Exercise For All Ages & Abilities
Senior Scene, Victoria Beach
NEW SESSION STARTING JANUARY 4TH
10 Week Program \$70 per person
Monday & Thursdays @ 9:45
Active 50+ with bands, bodyweight & cardio
Monday & Thursdays @10:45
Chair exercises, light aerobic includes muscles & stretching

Total Body Workout
St. Georges School Gym,
Instructors: Nick Bonekamp & Paul Roberts
Mondays & Wednesdays 7:00 PM - 8:30 PM
\$20.00 per month/ Family plans available
Kickboxing - stretching, skipping, rubber bands, circuits & felt pads. Lose Weight & Feel Great! Call 367-2702 or 367-8018

Exercise Class
St. Georges Church Basement
Monday, Wednesday & Fridays
9:30 AM - 10:30 AM
5 step program with warm up & cardio
For more info contact Ginette Vincent 367-8244 or Simone 367-8671

Square Dancing
Senior Scene, Victoria Beach
Instructors: Ted & Betty Kemski
Great cardio & strengthening, socialization & keeps your mind sharp! Mondays @ 2:00 PM
Members \$7 per session/Non-Members \$8 per session
For registration call Rod 756-3668

Line Dancing
Senior Scene, Victoria Beach
Everyone Welcome - Every Tuesday 10:00 AM
Drop in fee for members \$2/non-members \$3.
Call Rod 754-3688

Adult Volleyball Fun Night
Walter Whyte School, Hwy 59 Grand Marais
Wednesday Evenings Starting January 6, 2010
8:30 - 8:30 PM
Get out and get active!
For more info contact Brenda 754-3456

Pole Walking
Senior Scene, Victoria Beach
Monday, Wednesday & Friday (outside) 9:00 AM

Youth Programs

Recreation Hockey
Fraysa Starting December 4th
Pine Falls Arena, 11 Elm St. Pine Falls
6:30-7:30 PM
For ages 10+ Helmet, hockey sticks and skates are all the equipment required, coaching & scrimmage hockey that does not require any traveling outside the community. Registration cost \$25.00 for the season. If you would like to volunteer to help with this program or want more info call Lori 367-9142

Youth Drop In
Grand Marais Rec Centre, 90 Melinda
Friday Evenings starting November 13th from 7-9 PM
Pool table, ping pong, air hockey & Wii Game
For more info contact Reg Thomas 754-2894

Dance
Ecole Powerview School, 23 Vincent Ave
Instructor: Heather Rudolph
18 Week Program Every Thursday
For registration call the Lori @ Rec Office 367-9142

Can Skate Program - 14 Week Program
Pine Falls Arena, 11 Elm St. Pine Falls
CanSkate is Skate Canada's learn-to-skate program designed for beginners in skating and figure skating. This program focuses on fun, participation and basic skill development. There are 6 levels that you will earn badges. Led by a Level 1 Skate Canada Coach, Cheryl Gogo.
Payment Plans: Nov 25 \$57.00, Jan 25 \$57.00, Feb 22 \$56.65. Levels will include Can Skate Level 1-6
To register call Lori @ Rec Office 367-9142

Minor Hockey
Pine Falls Arena, 11 Elm St., Pine Falls
For more info contact Natalie Lecuyer 367-9519, Jackie Prowse 367-8332, Ian Cyr 367-8084

Tumblers Gymnastics @ Pine Falls School Gym
Kindergym (ages 3-5) Wednesdays 4:15-5:00 PM
Recreational (ages 6+) Wednesdays 5:00-6:00 PM
Pre-Competitive Mon. 4:15-5:15 PM & Wed 5:00-6:00 PM
Competitive Mon 5:30-8:00 PM & Wed 6:00-8:00 PM
For more info contact Audrey 367-4963 or Bonnie 367-4122

Youth Curling
• Victoria Beach Sports Club
Instructor: Kim Macke son
Dates & Time TBA
For ages 8-15. Includes instruction on proper curling techniques & etiquette. For registration call Kim 756-2984
• Grand Marais Curling Club: Grand Marais
Tuesdays evenings 6:30-8:30
Ages 15-18. For info or registration call Rec Office 367-9142

First Lake Winnipeg Beavers & Cubs
Walter Whyte School, Grand Marais
Leader: Carol Laing
For children (male & female)
Beavers Kindergarten and Grade 2 & Cubs: Grade 3-5
Program runs from October - May
Games, crafts, music, the outdoors & spiritual fellowship.
For more info contact Carol Laing 754-6232 or Sue 754-2541

Beaches Drama Club
Victoria Beach Sports Club
Director: Liz Jenkins
Featuring the musical comedy "The Green Chili Rebellion of 1899". To be performed in May 2010.
Looking for sponsorship. For more info contact Angel 756-8428

Pine Falls Arena
See Arena schedule for Open Ice (with sticks & pucks), and Public Skating (no sticks allowed). Helmets are mandatory when playing hockey. For more info contact Bruce Garbutt, Arena Manager 367-2703

Workshops & Events
Christmas Caroling
Join together with members (young and old) of the beaches community that bring holiday songs (sometimes on tune) to senior's homes throughout Victoria Beach, Hillside Beach and Traversa Bay
• Friday December 18th @ 6:30 PM
Everyone to meet at Victoria Beach Sports
• Sunday, December 20th @ 3:00 PM
Everyone to meet at Saffies Store

Muck Hill Family Fun Day
Bouvier Trail, St. Georges
Sunday, December 27th 10:00-4:00 PM
A fun family day of sliding & snowboarding with free wiener roast & hot chocolate.

Winterfest & Muck Jam
Powerview-Pine Falls & St. Georges
February 19, 20 & 21, 2010
Anyone interested in volunteering to help with this fun filled winter event please call Lori @ Pineview Rec Office 367-9142

School Christmas Concerts
• Ecole Communautaire Saint-Georges - December 18th
To be performed at the St. Georges Church Basement
Doors open at 6:00 PM. Concerts starts at 6:30 PM
Refreshments & Silent Auction
• Ecole Powerview School - December 10th
Concerts to start at 6:30 PM
• Walter Whyte School - Thursday, December 17th
Concerts to start at 7:00 PM

Grand Marais Annual Winter Carnival
Grand Marais Recreation Centre, 90 Melinda Ave, Grand Marais
February 12, 13 & 14
Kids activities, live entertainment, sleight rides, arts & crafts, Pancake breakfast, raffles and much more.
For more info contact Bonnie 754-3240

Big Swamp Ice Fishing Derby
Grand Marais shore at Lake Winnipeg
Saturday, March 13 10:00 AM - 4:00 PM
Pre-registration \$10/whole or \$15/on the ice
Pre-registration at Grand Beach Central Station & Sand Bar Hotel
Every child receives a prize, hot food, chili bake off
1st & 2nd Prizes for 3 different fish species.
Dinner and presentation to follow at the Sand Bar Motor Inn.
For more info contact Jean 756-3989

THE PINEVIEW RECREATION OFFICE HAS MOVED TO A NEW LOCATION
46 PINE STREET (GRAY BUILDING) ACROSS FROM PINE FALLS FIRE DEPARTMENT STOP IN TO SAY HI! SAME PHONE #367-9142

Watch In Next Weeks Paper For:
CHRISTMAS HOLIDAYS CALENDAR OF EVENTS
Arena schedule, Ecole Powerview School Gym Schedule, and fun family days throughout the holidays!

Curling Bonspiels

- Men's Cash Spiel - January 15, 16 & 17**
Grand Marais Rec Centre
\$200.00 team entry - Call Chris 754-3058
- Birchwood Mixed Bonspiel - January 22, 23 & 24**
Victoria Beach Sports Club
\$100.00 team entry - Call Karen 756-2596
- Family Spiel - January 29 & 30**
Victoria Beach Sports Club
\$30.00 team entry Call Kim 756-2984 or Michelle 756-3006
- Ladies Bonspiel - February 5, 6 & 7**
Grand Marais Rec Centre
Phone 754-3058
- Victoria Beach Men's Bonspiel - Feb. 19, 20 & 21**
Victoria Beach Sports Club
Phone Tracey 756-8755
- Mixed Cash Spiel - February 26, 27 & 28**
Grand Marais Rec Centre
\$160.00 team entry - Call Chris 754-3058
- 2 Person Stick Curling - March 6 & 7**
Grand Marais Rec Centre
\$60.00 team entry - Call Chris 754-3058

Groups & Leagues

- Grand Marais Curling Club**, Grand Marais Rec Centre
Men's, Ladies, Seniors, Mixed and Bonspiels Chris 754-3058
- Pine Falls Curling Club**, 11 Elm St. Pine Falls
Men's, Ladies, Mixed & Bonspiels
For info contact Melinda 367-4682 or Fay 367-8968
Seniors League contact Bob Sequin 367-8344
- Victoria Beach Curling Club**, 5 Ash St. Victoria Beach
Men's, Ladies, Mixed & Bonspiels, contact Tracey 756-8755
- Pine Falls Old Kings Hockey Club**
Chic Desautels 367-2369
- St. Georges Voyageurs Hockey Club**
Dave Legasse 367-2460
- Powerview Old Timers Hockey Club**
Randolf Druzyk 367-4691
- Leftovers Hockey Club**
Yves Bois oil 367-8877
- Ladies Hockey League**
Amanda Lovell 367-4968 or Dawn Nault 367-8419
- Maskwa Snowmobile Club**
Powerview Pine Falls & St. Georges
Mark Vincent 367-4770
- Snow Drifters Snowmobile Club - Eastern Beaches**
Glenn Henderson 792-4265
- T.O.P.S. - Weigh loss Program**
St. Judes Church, Grand Marais
Wednesdays 9:00 AM
Nancy Robson 756-2889 Jeanine Schoulen 754-2671
- Weight Watchers**
Senior Scene, 3 Alesh Rd, Victoria Beach
Wednesdays weigh in @ 5:45 meeting at 6:30
Debrae Kemball 367-2945
- Stead Settlers 4H Club**
Stead Community Centre
Kelly Otto 268-5844 kello17@hotmail.com

Arena Schedule

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dec 17 Public Skats 3:30-5:15	Dec 18 Public Skats 3:30-5:15	Dec 19 Public Skats 3:30-5:15	Dec 20 Open Ice 1:00-3:00 Public Skats 3:00-4:00
SUNDAY Dec 21 Public Skats 3:00-4:00 Pm Open Ice 4:00-6:00	MONDAY Dec 22 Closed every Monday	TUESDAY Dec 23 Public Skats 3:30-5:15	WEDNESDAY Dec 24 Closed

Classifieds

Lost



Falon is smaller cat, fixed, tattooed, and very friendly. She was taken from Victoria Beach, (thought to be homeless), and brought to the Grand Marais area. She was last seen at Chieftan Roofing near the RCMP Station on September 27th. Please call Jill at 754-0030 if you have any info. REWARD for her return.

For Rent

Furnished 1 bedroom suite for rent, \$600/month. Bachelor Suite \$400/month. Both include hydro and water, satellite available at an extra cost, call 228-2085.

Wanted to Rent

I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171

Taxidermy

Hunters - If you get your buck or bull moose, or have a set of antlers in the rafters and would like them mounted on an oak plaque, call Melvin Vincent 367-4376.

Automotive

Wrecked Replacement & Repair At Your Authority Licensed Courtesy Cars

powerfalls AUTO BODY

Box 187 Powerview, MB R0E 1P0
Phone 367-2877 Fax 367-2538

Bakery

Stop by our Coffee Shop!

Sunrise Bakery

Hours: Mon-Fri 7:30-11:30am Sat-Sun 8:00-11:30am
367-8018

Building Supplies

Osis Building Supplies

367-2883 (WOOD)

"Home of the Crooked Stud"

Catering

RAPID WATER DELI CONVENIENCE

Business Hours: Mon-Fri 8am-5pm Sat & Sun 9am-5pm
Call 367-3282

PIZZA WATER REFILLS WIGUE RENTALS

Located in MacLaughlin Plaza, St. Georges

Computer/Networking

M&C Bruneau's PC SERVICES

COMPUTER REPAIRS & MAINTENANCE

Microsoft Certified Professional Systems Engineer

HARDWARE DIAGNOSIS - HARDWARE UPGRADES - TROUBLE SHOOTING - SOFTWARE INSTALLATION - SYSTEM CONFIGURATION

Ph: 345-8876

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Business Classifieds

Excavating

DAN'S EXCAVATING

204-340-5783

Excavating

Bobcat Services

Dan Courcelles
Box 1, Powerview, MB R0E 1P0

Financial

LIBERTY TAX SERVICE
Sandra Duval
367-4244

INCOME TAX SERVICES
BOOKKEEPING SERVICES
2 McDougall Ave, St. Georges, MB

Financial

Great Falls Foods

Highway 11, Great Falls
367-2976

OPEN 7 DAYS A WEEK

Store Hours:
Mon. - Thur. 8-6, Fri. - 8-7
Sat. 9-7 Sun. 12-5

Having a Social Function?
Call us to look after everything for you. Ask us about delivery.

The House of Quality

Hardware

RONA HARDWARE

For all your Hardware Needs

OPEN: Mon. to Sat. 9am to 6pm

367-2380

Furniture

Dave's

REFURBISHED JVC
CHESE BINDER CURTAINS

Gift Shop

Plum Creek

Gift Shop

Open Daily 7 days a week 10am - 5pm
Phone: 754-5555 Open House Saturday

Hotel/Restaurant

BIRCHWOOD MOTOR HOTEL

- 16 Modern Units
- Hot tubs
- Dining Room
- Room 756-2596

Traverse Bay

OPEN YEAR ROUND

Hotel/Restaurant

Broadlands Mall

Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm

Restaurant Daily Specials
Open 6 am-10 pm

367-4484

Hotel/Restaurant

CLARK'S CORNER

1190 Highway 11
Powerview, Manitoba, Phone 367-2228

Tackle & Outdoors Store
Live Bait
Diesel Fuel

DOMO
JUMP TO THE PUMP!

Classifieds

Hotel/Restaurant

The Lakeview STEAKHOUSE

57 Park Avenue, Lac du Bonnet, Phone 345-8861

Every Friday & Saturday

Steak Dinner Specials
CHINESE Available

Casey's MOTOR INN
Live Entertainment Friday & Saturday Country Bands
345-6284

Medical/Dental

Manitou Lodge

Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed

367-2252

Tuesday Nite Wing Nite & Draft Special

WEEKEND FEATURES EVERY WEEKEND

Medical/Dental

DR. ARNOLD ANDERSON

LAB ON SITE

Optometrist

Contact Lenses and Eyeglass Fittings

LOCATED IN RUPERTS LANDING MALL PINE FALLS

367-2390

Monday - Friday 9:00 a.m. - 12:30 p.m.
1:30 p.m. - 5:00 p.m.
Closed Lunch Hour

Examinations done on Thursday

Medical/Dental

PINE FALLS SERVICE CENTRE

Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.

367-8803

Medical/Dental

WHITE WOLF

Hunting & Fishing Supplies

Box 22, Post Alexander, MB R0E 0P0
Located off Hwy. #11

HAPPY HOLIDAYS!

Canadian Firearms Instructor - Adult
Hunter Safety Training Instructor - Youth, Online
Small Animal Grooming
Gun Cleaning, Sighting & Scope
Leasing

SPECIAL ORDERS AVAILABLE ON REQUEST

Medical/Dental

POWVIEW AGENCIES

367-4455

Autopac

Medical/Dental

Jan O. Phillips, RMT

Registered Massage Therapist (MTAM)

Through the Arbour

188 Pine Street, Pine Falls
204-367-2141

Credit billing available to Blue Cross & Great West Life

Medical/Dental

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)

- Autopac
- Blue Cross
- Veteran's Affairs
- Worker's Compensation

Phone 367-4858

No referral required Please call for appointment

Medical/Dental

Blue Water Physiotherapy

Phone: 367-2537

Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Acupuncture
- Orthotics
- Manual Therapy

Located on Highway #11 in Powerview

Celeste Basson
B.ScPT, CACCI

Medical/Dental

Bluewater District Transit

For Bookings Call

367-9128 Office
345-3075 Driver

Medical/Dental

Powerview/Pine Falls Dental Centre

277A Main Street, Powerview
Hwy. 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.

Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Danny Bae

Emergency Care
New patients welcome

367-2815

Medical/Dental

TRY YOUR DRUGSTORE

first PINE PHARMACY

Monday to Saturday
9 a.m. to 5:30 p.m.

367-2611
367-2517

Medical/Dental

POWERVIEW AGENCIES

367-4455

Autopac

Medical/Dental

Jan O. Phillips, RMT

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188 Pine Street, Pine Falls
204-367-2141

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Lac du Bonnet
345-2844

Memorials

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Shaun Jackson

PO Box 670
Lac du Bonnet, MB
R0E 1A0

Memorials

WANTED 8 HOMES THAT NEED NEW WINDOWS

Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.

Your home can be a showplace in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.

Ask about low monthly payments through Hydro

For an appointment call
Mr. Stewart at
NSBY WINDOW & DOOR
1-800-582-5488
www.nsbymb.ca

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Employment

Now Hiring

Receptionist/store clerk at Wings of Power

Duties include answering phones, faxing, photocopying, operating the till in the Thrift Store, customer service, bringing in and sorting through donations, light cleaning, computer skills and other duties as assigned. Daily heavy lifting is a requirement of the job so all applicants must be able to lift and carry parcels. Applicants must possess a positive, friendly, outgoing attitude as a large component of the position is interaction with customers & clients. Full job description available upon request. Position is 5 days a week, 5.5 hours per day. Please send resume to Debbie Lackman, Executive Director at Wings of Power, Box 66 Pine Falls, Mb, R0E 1M0, or at fax number 367-9784, or email at dl.wingsofpower@mts.net. Closing date for applications is Wednesday, December 23 at 4:00 pm.

Employment

PUBLIC WORKS DEPARTMENT

Casual Call-in Position

Applications are now being accepted for casual call-in positions with the Public Works Department of the Town of Powerview-Pine Falls.

The position requires an individual to be available as a call in at the truck driver/tractor operator entry level. The successful applicant must possess a Class 3 Drivers License with air brake endorsement; equipment operator experience; enjoy working outside in all seasons, physically capable of strenuous labour, and able to work in a team environment.

Bilingualism would be considered an asset.

Interested individuals are asked to submit a resume with a list of education and experience to the Municipal Office at Box 220, Powerview, MB R0E 1P0 or drop off at 277B Main Street, Powerview, between 8:30 am to 4:30 pm Monday to Friday. Questions may be directed to the CAO, Margaret Bonekamp @ 367-8483, or email: caopvp@mts.net

Closing date to receive applications is January 8th, 2010. Salary is as per the IUOE Local 987 Collective Agreement. The successful applicant will be required to submit a driver's abstract prior to starting employment.

TOWN OF POWVIEW-PINE FALLS

P.O. Box 220 Powerview, MB R0E 1P0
Telephone: (204) 367-4402
Fax: (204) 367-4747

Season's Greetings

We at the Echo
wish all our
Readers a very
Merry
Christmas!

Glory to God
in the highest:
and on Earth,
Peace: Goodwill
toward men.



The ECHO

All our best for the New Year... Don, Charles, Lori, and Della