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October 14, 2009  
Volume 18, No. 21  
**The Winnipeg  
River**

# Echo

## Negotiations Underway

Pine Falls/Powerview, Sagkeong, St. Georges, Great Falls,  
Beaches, Little Black River, Manigotagan and Bissett

By Charles Norman

The two locked-out unions, USW and COPE, met with Tembec and the government appointed mediator, Michael Werier, last Thursday and Friday.

No information is available to The Echo on the progress of the negotiations but meetings between the two unions, the company and the mediator, have been arranged for next Monday and Tuesday, October 19 and 20.

## \$10 million Trust Fund Announced

By Charles Norman

Manitoba Premier Gary Doer announced October 13 that a ten million dollar contribution to a trust fund earmarked for conservation will be administered by the Winnipeg Foundation.

The Winnipeg Foundation is a long-standing charitable foundation. The Foundation expects that federal and other contributions will double the amount in the trust fund.

The fund will be used to fund the Pimachiowin Aki Corporation made up of four First Nations on the east side of Lake Winnipeg. It is expected that the fund will generate about a million dollars a year and will be used to cover the cost of Pimachiowin Aki personal as they prepare for the designation of the area as a world heritage site.

Environmentalists claim that the region is one of the last unspoiled boreal forests in the world, the others are almost all of northern Ontario, Northern Quebec and also the

Russian Taiga across Siberia.

The area proposed for the Manitoba World heritage site is about the size of Vancouver Island.

The concept has been promoted by environmentalists groups to stop the development of the forestry resource in the region. They claim that eco-tourism will replace revenue lost from any forestry development.

The Provincial Tories support the concept of a World Heritage Site, but point out that other World Heritage Sites do not exclude roads and hydro transmission lines. They point to Banff as an example.

Promoters of the world heritage site have managed to convince local people and the provincial government not to allow a hydro transmission line through the area. They claim that this would have very little impact on the region and would save half a billion dollars over the proposed alternative route on the west side of Lake Winnipegosis.



## Singing for History

Entertainers CCMA Hall of Famer, Gary Fjellgaard (inset), Metis Singer, and Aboriginal Artist of the year in Saskatchewan, Darrel Delaronde (left), and Alto-Soprano Saskia, from Utrecht Netherlands (right), gave a concert in the Lac du Bonnet Memorial Hall to raise money for a monument to celebrate the Vickers Vedette aircraft used by the RCAF base in Lac du Bonnet prior to World War 2. See full story on page 8.

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# News

## Honouring Our Eastern Manitoban Entrepreneurs:

### Small Business Week

Entrepreneurs and their innovative businesses are key to Canada's economic growth. By responding to the changing demands of the marketplace and creating jobs, entrepreneurs continue to be a primary force in driving the national economy.

Here in Eastern Manitoba, there is abundant

evidence that small business is the backbone of our communities and contributes to the quality of life of residents and visitors alike. They provide a significant source of new jobs in the region and help to create a vibrant and competitive economy.

Community Futures Winnipeg River, now in its 21st year of operation, has a longstanding tradition of supporting and helping grow small businesses by providing access to capital, and free

business counselling, resources, and entrepreneurial training. On average, they serve about 230 business clients a year. Since its inception, Community Futures Winnipeg River has approved 233 business loans valued at over \$7.1 million that have helped to create or maintain 645 jobs in the North Eastman region.

To celebrate the achievements of our rural entrepreneurs and the contribution small businesses make to our regional economy, Community Futures Winnipeg River, in partnership with Manitoba

Agriculture, Food and Rural Initiatives, the Business Development Bank of Canada, Sunova Credit Union, and Oakbank Credit Union, will be hosting a Small Business Week Celebration Banquet, on October 22nd at the Brokenhead River Recreational Complex in Beausejour.

This exciting event will feature a fascinating presentation by two of Canada's great young entrepreneurs, Chris Emery and Larry Finsson. As the creators of Clodhoppers Candy, they took their grandma's recipe,

put their faces on it, and turned it into a million dollar business. Their youthful, dynamic energy and never-say-die attitude led Krave's Candy Company to be ranked among the Top Ten Food Companies in Canada and experienced a 1,000% increase in gross income in their first 3 years of business.

They have been featured on CNN's Mavericks of the Morning, in Fortune's Small Business Magazine, and was named as one of Canada's Fastest Growing Companies by Profit Magazine.

### Winnipeg River Sailing Club



Chris Emery and Larry Finsson, creators of Clodhoppers, will be making a presentation at this year's Small Business Week celebrations in Beausejour.

Hello everyone. Thanks to everyone who showed up to winterize and put all boats away for the winter. Harold is repairing two of the laser II boats and the centre board of the Bombardier. All the other boats are stored at the club site for the winter.

Our next event according to the constitution should be a late fall meeting for elections and setting out the goals for next years sailing. I will contact all for with the exact date and place. Hopefully we will have an earlier start and create an exiting calendar that includes sailing school, regattas, as well as regular sailing. Please invite friends and interested people so we can increase the membership. Take care till then. Steve

### Maskwa Snowmobile Club

**Open Meeting**  
October 21st, 2009 at 7:30pm  
at Chicken Chef

Secretary and Treasurer Positions to be filled.  
Everyone Welcome!  
Call Mike at 345-3074 for more information

Thursday	Friday	Saturday
Bud, Spud & Rib Night	Bud, Spud & Steak Night	Bud, Spud & Steak Night
\$8.99	\$8.99	\$8.99



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Every Weekend  
4:30-8:00pm



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**RETIREMENTS - MEETINGS, ETC.**

at the **GREAT FALLS COMMUNITY HALL**

Contact Hall Manager 367-2998

### USW & COPE THANK YOU

**Musicians**  
Don MacLellan, Kimmick the Magician, Norm & Kristen, Leon Bouvier, The Lock Out Boys, The Division Slaves, The Bowman brothers Mark and Claude and their buddy on Bass Guitar.

**People to thank**  
The Echo - for the advertisement  
The Musicians and Entertainers - for their talents and time  
Drinks - USW Local 3-1375 & COPE Local 216  
Hot Dogs / Buns - 150 hot dogs & Buns from Dancys  
240 hot dogs from Home Town Sausage  
180 Buns from Sunrise Bakery  
60 Buns from UWS Local 3-1375  
Water - from all the donations to the picket line  
Face Painting Supplies - COPE Local 216  
Sugar - USW Local 3-1375 & COPE Local 216  
Music Mixer - Mr. Dave Westdal  
Mixing equipment - Sunrise School Division  
Big Tent - Bud Monkman & Kurt Behrendt  
Pic Boiteau - for all your help  
Electrical Power - The Town of Powerview-Pine Falls, Manitoba Hydro, - Special thanks to Jeff and Roger Johnston for the installation, Bill Lavailee for all your help.  
Stage - The Town of Powerview- Pine Falls  
Ice - Pine Falls O/Timers  
USW Local 3-1375 & COPE Local 216 members that helped set up and take down for the event  
Security - Neil Boulet, Paul Roberts, Darcy Denis, Darren Dufour, Dwight Legal, Lawrence Abraham  
Popcorn machine, Cotton Candy machine & Bouncers - Ken & Rose Funk  
Popcorn and Oil - USW Local 3-1375 & COPE Local 216

The Members of the two Unions would just like to thank the Community for all the generosity that has been displayed over the past month and any donations coming.

It is a wonderful thing to experience and see that we still have a Community that can pull together when times are tuff we will not forget this in the future if times get tuff for you or your group.

# News



## Wings of Power Harvest Dinner

By Debbie Lackman

In times of uncertainty it's easy to forget all the things we have to be thankful for. We tend to get lost in the fears and worries. Thanksgiving always reminds us to see the blessings in our lives. As has become the tradition at Wings of Power, we hosted our annual community harvest dinner on October 7...

our own acknowledgement of thanks to the community. In spite of the cold, rainy weather, we shared warm food and family fun with 80 people in our community. With hearty servings of spicy pea soup, chili, wild rice casserole and bannock, no one went home with a hungry stomach. Add in quality time spent with your family and neighbors, and you find that your spirit goes home nourished too.

Although attendance was down slightly from last year, we were pleased to see so many old and new faces at our tables. Each family in attendance was sent home with a package of spicy lentil soup to warm their own home at a later date. The children were entertained at our craft tables making finger puppets and decorating foam pumpkins. Thanks to a few local residents, our families were offered a huge selection of cucumbers, zucchini, tomatoes, potatoes and other vegetables to take home to fill their pantry. And with our fabulous volunteers from the Ecole Powerview School graduating class of 2010, our staff's families and a supportive Wings Board of Directors member, we found the afternoon flew by.

Generosity in our community seems to know no limits. We, at Wings of Power, are thankful for each and every one of you. Whether you drop off donations for our thrift store, drop by our building, donate financially, eat in our school breakfast program, or support

us in the so many other ways we see, we know that we could not do it without you. We look forward to seeing you over the coming months and wish you many reasons to be thankful.

## Eastman Career Symposium

The 3rd annual Eastern Manitoba Career Symposium will be held on Wednesday, October 21, 2009 at the Brokenhead River Recreational Complex in Beausejour. The Career Symposium provides a dynamic venue where students, parents, and the general public can learn about careers, post-secondary educational opportunities, and other training options.

This is your opportunity to meet a variety of exhibitors who can provide a wealth of information on career prospects, employment opportunities, appren-

ticeship and trades, leading academic programs, student aid, and career planning. A series of seminars will provide information regarding career opportunities in skilled trades, health care, and law enforcement, as well as student financial aid. The seminar schedule is available on the event website [www.eastmancareers.com](http://www.eastmancareers.com).

New this year is an exciting interactive Trades Showcase which will be held during the day and will feature students and instructors from Winnipeg Technical College who will demonstrate skills obtained from

trades programs such as Motorsport Technician, electrical applications, welding, and carpentry.

If you are a high school student, a parent, a recent graduate, are looking to re-enter the workforce, make a career change, or returning to school, you won't want to miss this event! The Symposium runs from 9:30 a.m. to 3:30 p.m. and from 5:00 p.m. to 8:30 p.m. For more information contact Community Futures Winnipeg River at 345-2514 or visit [www.eastmancareers.com](http://www.eastmancareers.com).

## Could it be the flu?

What you should know. What you should do.

H1N1 and seasonal flu are expected in Manitoba this fall and winter. If you feel ill, use the guidelines below to help you decide what to do.

### It's probably not the flu...

If you have not had a fever - even if you have one or more of these symptoms:

- sore throat
- runny nose
- stuffy nose

Whether or not it is the flu, you should always pay attention to your symptoms in case they get worse and need medical care.

### It could be the flu...

If you have a fever over 38°C (100.4°F) that came on suddenly, a cough and one or more of these symptoms:

- sore throat
- joint pain
- muscle aches
- tiredness or fatigue

Children may also feel sick to their stomach, vomit or have diarrhea. Elderly people and people with lowered immunity may not have a fever.

If your symptoms are mild and you don't have risks for severe illness (see below), stay home, treat your fever and other symptoms, drink fluids and rest until you feel well enough to return to work or school. Most people recover from the flu without any problems.

### Contact your health care provider...

- If you have flu symptoms and risks for severe illness (eg. chronic illness, weakened immune system, obesity, alcoholism, substance abuse, pregnancy, Aboriginal ancestry). Children under five and adults under 65 have been at greater risk for severe H1N1 illness.
- If your flu symptoms get worse (even if you don't have risks for severe illness) or if you are concerned about your health - even if you have already seen your doctor about this illness.
- Early treatment (within 24 to 48 hours) may be very important. If you are not able to contact your health care provider for advice or care, you can call Health Links-Info Santé at 788-8200 or 1-888-315-9257.

### Go for emergency medical help...

If you or a loved one has any of the following symptoms, go directly to an emergency room, nursing station, or health care provider, or call 911:

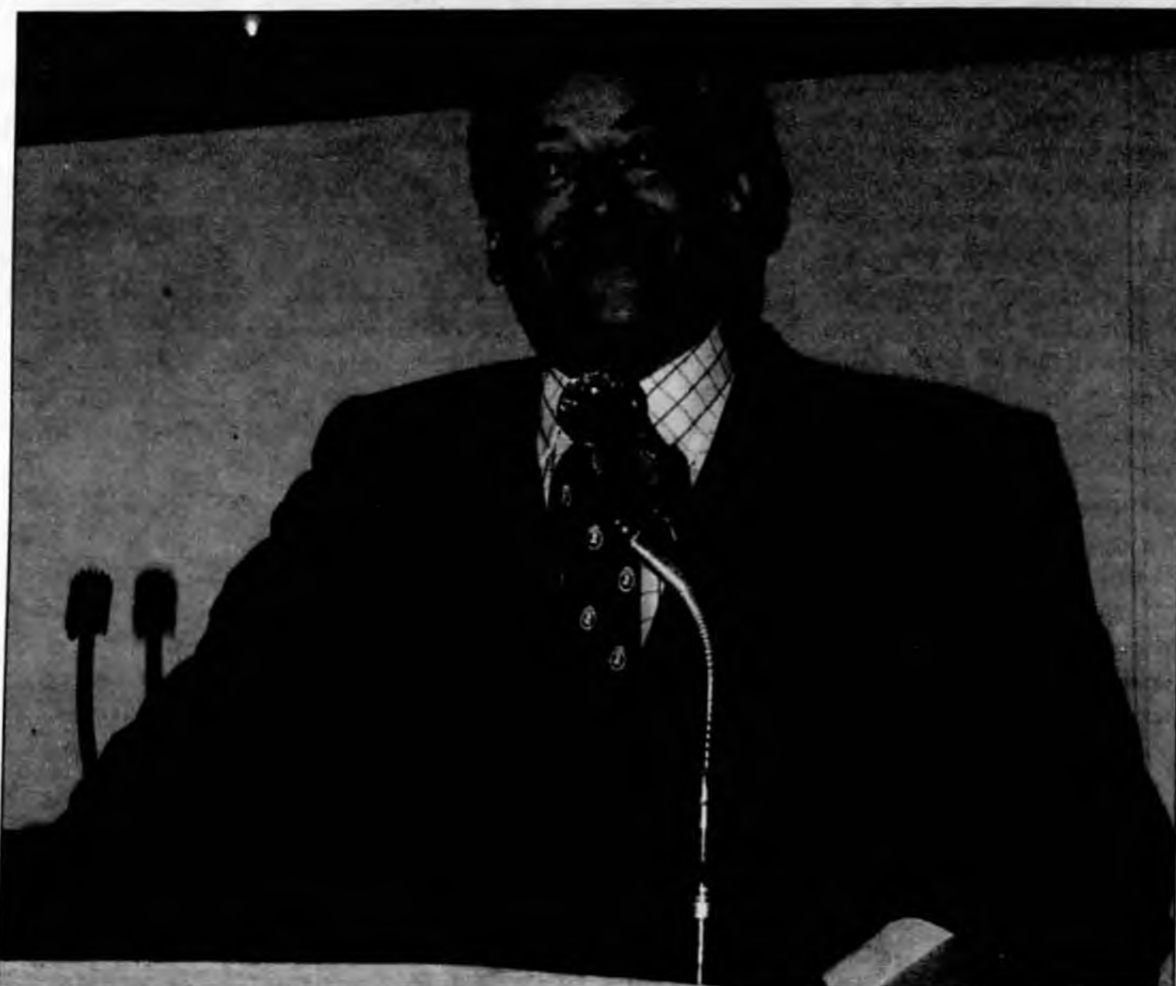
- shortness of breath or difficulty breathing
- severe weakness
- dehydration or no urination for 12 hours
- drowsiness or confusion
- fever in an infant under three months old

For up-to-date information about H1N1 and the Manitoba government's pandemic plan, visit the flu website at [manitoba.ca](http://manitoba.ca).

For personal health advice call your health care provider or call Health Links-Info Santé at 788-8200 or 1-888-315-9257 (toll-free).



# Comment



Lord Monckton at the Winnipeg Convention Centre last Friday

## Scientists Shoot Down Global Warming Scare

*The Science is in: The Problem is Gone*

By Charles Norman

Lord Monckton was at the Winnipeg Convention Centre last week where he addressed a lunchtime crowd of about seventy people. His primary message was urge Canadians to urge the Prime Minister not to sign the treaty on Climate Change, scheduled for the first two weeks in December in Copenhagen.

Lord Monckton, who was a science advisor to Margaret Thatcher was in Winnipeg as part of a cross Canada tour. His message everywhere was the same. He said recent scientific developments have indicated that surface temperature of the earth is almost 100% caused by the sun, not by concentrations of carbon dioxide. He gave enumerated several other reports of scientific studies that disproved to contentions of the global warming alarmists.

He also pointed out that, if the United Nations Panel on Climate Change was to be believed in order to eliminate the threatened 3.5 Degrees Celsius temper rise, a reduction in total greenhouse gas emissions of 2 trillion tonnes would have to be forgone. Since human beings are responsible for only 30 billion tonnes of carbon dioxide it would take the complete elimination of all CO2 emissions for 227 years to save the world from that much global warming. No automobiles, no trucks, no ships and no aircraft for 227 years.

Monckton prefaced his remarks with the statement; "The Science is in, the problem is gone, the economics

don't work, yet the UN's proposed world government would supplant democracy and markets."

He is not exaggerating. The United Nations Framework Convention on Climate Change actually uses the word "government" in its description of how the United states would facilitate enforcement of climate change policies and how it would distribute up to 200 billion dollars every year, year after year, from the richer nations to the poorer ones. Nations would be required to reduce their sovereignty over their energy policy, which includes a huge part of their economy.

The net result would be the development of a huge powerful bureaucracy at the UN and a large number of very rich dictators in third

world countries.

Lord Monckton, in asking Canadians to urge their Prime Minister not to go along with the terms of the proposed treaty is not fully aware of the precarious position that Stephen Harper is in. Because the media has not yet caught on to the new science that knocks on the head the theories of the global warming alarmists, there would be a huge outcry if he refuses to sign. He would be defeated in the Parliament and probably defeated in the subsequent election.

But he has to take that chance. He cannot sign. If he

has to, he has to fight that election on Science, not on the junk science myths promoted by global warming alarmists. It could make for an interesting election campaign.

But it may not be necessary. The indications are that the media is becoming aware that they were being scammed all along. They may react in time. Already it looks as if the global warming alarmists power is collapsing around them. Hopefully they will be trying to dig themselves out of the rubble when the time comes for the signing of the treaty.



## Is a 35% cut a 'Matter of Survival'?

By Charles Norman

Tembec has said that the 35% wage and benefits cut is a matter of survival for the Pine Falls newsprint mill, however that does not appear to be necessary for Tembec's other newsprint mill in Spruce Falls Ontario.

Tembec's Business Affairs and Corporate Development Vice President, John Valley, in an interview with the Kapuskasing Northern Times commenting on word that 19 jobs were to be cut at the Spruce Falls mill, would neither deny nor confirm the rumour, but said that any changes were intended to keep the mill in a competitive position. He said the mill "right now is okay but not great."

"Obviously, the mill has avoided closure and avoided as much downtime as most if not all mills in North America, or at least in eastern Canada," He said.

The Spruce Falls mill has a higher operating cost than Pine Falls. Its hydro costs are much higher, and cause the mill to try to reduce the amount of power they use in the refiners in their TMP mill. The result is a lower quality, but higher cost newsprint compared with Pine Falls.

In spite of this, Valley says that Spruce Falls is "okay, but not great." He did not suggest that their mill needed a 35% wages and benefits cut in order to survive.

# Opinion



## On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board

## Conservative Action Building Economic Strength

The global recession continues to create challenges for Canadian families and businesses. However, we are increasingly seeing signs that we are edging closer to recovery, thanks in large part to the action our Conservative government is taking action to help strengthen our economy.

Statistics Canada is reporting that retail sales for hardware stores and pharmacies are showing increases. Overall, retail sales rose in five of the first seven months of 2009. Experts have said the growing strength in hardware and building supply store sales is likely due to our Conservative government's popular Home Renovation Tax Credit.

Additionally, the Canada Mortgage and Housing Corporation reported that home construction went up by 12% in August. We're helping Canadians purchase their homes with tax incentives and opportunities. Opportunities like the First Time Home Buyers' Tax

Credit, which provides up to \$750 in tax relief that can be put towards closing costs, legal fees and disbursements.

In August, 27,000 new jobs were created across Canada. There can be no doubt that our economic future is looking brighter every day. In fact, the Bank of Canada is reporting that we are on track for a stronger economy and will likely exceed expectations.

Unfortunately, despite the positive results we are seeing, Michael Ignatieff and the Liberals seem determined to undermine Canada's recovery. They continue to push for an election that Canadians neither want nor need.

Recently, Mr. Ignatieff led the Liberals in voting against the Home Renovation Tax Credit. He voted against it despite the thousands of Canadians who are saving their home renovation receipts for tax time.

Despite opposition objections, our Conservative government got the job done and passed our Home Renovation

Tax Credit as well as new action for unemployed Canadians.

There is much more work to be done.

But Ignatieff and the Liberals continue to push for an election that could very well jeopardize Canada's economic recovery. Why would Ignatieff risk the economic security of so many families and businesses?

The answer is clear. Michael Ignatieff is not in it for himself. Our Conservative government is going to continue working for you. We are going to fight this recession and deliver for families in Manitoba and for Canadians from coast to coast to coast.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8 - 227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toews1@mtn.net.



## Report From the Leg

Gerald Hawranik  
MLA for Lac du Bonnet

## End of the Session



Thursday, October 8, 2009 was the last day of the current legislative session. This session was only four weeks long but was extremely important in spite of its brevity because it gave the opposition a chance to test various government Ministers, who could no longer lean on the Premier to hail them out in Question Period when the going got tough. As we all know, the Premier resigned to take the position as Canada's Ambassador to the United States. I wish him well and I know that he will ably represent Canada's interests. During the last few weeks of this session it was apparent that the Premier's heart was not in the Legislature - he was obviously looking forward to his new challenges South of the border. This left the rest of the NDP Caucus vulnerable, and it showed!

The NDP leadership campaign is interesting to outsiders and divisive to insiders in the sense that both leadership candidates appear to be willing to do almost anything to win! Steve Ashton, an MLA from outside the City of Winnipeg, a career politician, and with a very left-leaning ideology, is continually crying foul stating that Greg Selinger is bending the rules. This type of leadership contest will only serve to split the NDP into 2 camps and it's anyone's guess whether the rift will heal after the Leadership convention.

What is particularly disturbing about the leadership process is that you, as Manitobans, have nothing to say about who the next Premier will be. A democracy demands that you, as a Manitoban, have the power to select the Premier of the Province.

What we are witnessing in this campaign is entirely contrary to all democratic principles. Under this very flawed process, you can only participate in selecting the next Premier if you:

1. Purchase an NDP membership, and
2. Are elected to represent 10 other members in your constituency who agree with your choice of leader.

What is most disturbing is the fact that under the NDP rules, unions are allowed 20% of all votes and delegates to select a new Premier. Unions are not allowed to vote in general elections, and neither are corporations. However, in spite of this, a select group namely unions, are allowed 20% of the votes, and the union does not need to be an NDP member. This is a slap in the face to multitudes of other groups/organizations who also do not have a vote - such as businesses, business groups, corporations, health authorities, municipalities, service groups, chambers of commerce, school divisions, and many others. Above all, this process is a slap in the face to all Manitobans, who are not given the opportunity to decide who will be our next Premier.

What is fortunate, is that all Manitobans will be given the right to decide and to cast their ballot on October 4, 2011, the date of the next General Election, to vote in the next Premier - and the results may not be what the NDP wants - but at very least democracy was done - you had a say in the selection of the next Premier, and you didn't have to spend your money to purchase a political party membership to participate!

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



## MP Report

Niki Ashton,  
MP Churchill

## Saving Our Postal Service

There are few things that are more essential than our postal service.

Whether we live in an urban or remote community in Northern Manitoba we rely on our postal service.

That is why we have to work hard to ensure we maintain the level of postal service in our communities.

As MP for Churchill I am concerned that we may be on the verge of a new round of postal service cuts that could affect us here in Northern Manitoba.

Canada Post recently conducted a strategic review that could have a significant impact on our postal service. The review has raised concerns about possible closures and

privatization of service.

We currently have a moratorium on post office closures. If this moratorium was to be lifted it could have a drastic impact on rural and Northern communities.

Many of the challenges the post office has been facing have been created by the Federal government itself. It has introduced legislation to legalize the activities of remailers, which will erode the revenues of Canada Post Corporation needed to maintain its current Universal Service Obligation.

I believe our public post office plays a key role in our social and economic life by providing the infrastructure that healthy communities

need to thrive and businesses need to grow. We all need to call on the Government of Canada to maintain the moratorium on post office closures and withdraw the legislation to legalize remailers.

We need to call upon the Government of Canada to instruct Canada Post to maintain, expand and improve postal services.

Northerners have become involved in this campaign by sending letters, postcards and signing a petition. I am looking forward to presenting as many petitions as possible in the House of Commons on behalf of our communities. If you would like a copy, please contact us at 1-866-669-7770 or 677-1333. I look forward to continuing to work with you to send a strong message to the Federal Government to stay away from cutting and privatizing but look at supporting this vital service in the North.

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# Beaches

## Tidbits

It did not rain or snow on Thanksgiving though certainly Mother Nature did her best to put a chill on the occasion. For many in East Beaches it was a strange holiday. With regret we noticed this year, that a number of seasonal and permanent residents have recently taken flight for that big beach in the sky. Their presence, their energy and their friendship have been missed and will continue to change our world. Other once hardy souls, have moved away or are making active plans to spend their twilight years in the South - the far South - Florida, Mexico and Texas at least until May. On top of the regrettable losses, a surprising number of 'regulars' have abandoned their cottages early this year so they can spend a warm and convenient holiday in the city. The beach properties of our seasonal neighbours were winterized weeks ago. We expect that their imaginations have set new plans for 2010 but in other words, the summer and lovely 'almost summer' of 2009 have simply been a write-off for many cottagers. Oh well, there is always next year - Right?

Apologies are due to the colourful dancers who displayed their talent at the Ukrainian Fest held a few weeks ago at the Grand Marais Recreation Centre. The attractive and lively dancers were, in this column, given the moniker of Rusalka Dancers. They were not. The honour actually belongs to the Zorya dancers from East Selkirk. The Grand Marais Recre-

ational Association held a very successful Fall Dinner. Each of the four and six o'clock settings of 200 each were near sell-outs and the club boasts it's best dinner ever. This is the biggest fundraiser of the year for the GMRA but they are also planning on expanding their ability for making money to keep the club afloat and providing much needed cash to the new East Beaches Regional Community Complex by serving a "Wednesday Night Special" to all the crib players and curlers who show up at the hall for their weekly fix of "15 - 2" or sweep - sweep HARD. Each Wednesday the club will prepare a "special" dinner. Expect chili and bannock or perogies and sour cream and possibly a roast beef dinner as a Crib Night/Curling Night Special from the GMRA.

Although we hate the good bye to fall, Curling will soon be underway in East Beaches. Both the Victoria Beach and the Grand Marais Curling Rinks are receiving paint and ice and will soon be ready for a season of rock hurling. What has become a sign of the times is "stick curling" which allows those with knee and back injury to deliver one

of the 44 pound stones from one end of the rink to the other with use of a specially devised stick (much like a ski pole). Stick curling allows the player to deliver (push) a curling rock without ever having to kneel in the hack (those push points dug into the ice). This angle of the game has really caught on and the stick curlers even have their own tournament. Keep in touch this winter for bonspiels in the area. Just one question for all readers. Are you really ready for Halloween? What does your costume look like?



One of the Zorya dancers from East Selkirk performing at the Grand Marais Recreation Centre, recently.

# Community

## Everything Fitz Group Fiddles their Way to Pinawa

by Evelyn Selda

Fiery fiddling and sensational step dancing will hit the stage when Everything Fitz blows into Pinawa on its third stop in an 11-venue tour of Manitoba.

The Eastern Manitoba Concert Association (EMCA) will host Everything Fitz as its second production for its 2009-2010 seven-concert series.

Everything Fitz is a professional family group from Bancroft, Ontario, featuring the high-energy fiddling and step dancing of four of Canada's finest young musicians.

With roots in the Canadian old-time fiddle tradition, their unique stage show combines a variety of musical styles - everything from Celtic, bluegrass and western swing, to entertaining novelty tunes and choreographed step dance routines.

Accompanied by mother, Pam Fitzgerald, on keyboard and father, Paddy, on bass guitar, Julie (19), Kerry (18) and Tom (15) are all champion fiddlers and provide three-part fiddle harmonies as well as solo improvisation on fiddle and mandolin. Pat (20) rounds out the group on percussion and joins in with his siblings for award-winning step dancing.

Julie Fitzgerald earned the title of "Junior Canadian Fiddle Champion in 2004 and 2006 at the prestigious Canadian Fiddle Championship held in Shelburn, Ontario. All four performers have received numerous awards in both fiddle and step dance.

The show is geared for people of all ages and Paddy Fitzgerald sprinkles storytelling and humour as he walks the audience through the show. Two of the fiddle favorites

they are routinely asked to perform are The Orange Blossom Special and Listen to the Mockingbird while their three-part harmonies usually list Tennessee Waltz, Smile the While, Wonderful World and La Vie En Rose.

The band has toured across Canada and the United States several times performing in theatres, at festivals, fairs and exhibitions as well as corporate and fundraising events and outreach programs in schools. Recently three of the large venues they performed were at Branson, Missouri; the Medicine Hat Stampede and the Atlantis Resort in the Bahamas. A hugely popular group, they are booked for a gruelling 33 venues in 42 days this fall already and that is after competing in fiddling competitions all summer.

A previous Everything Fitz show this reporter covered, captured the audience during the first set and had them clapping along, stomping their feet to the music and erupting in thunderous applause after each of their songs. At the end of their performance they received a standing ovation by everyone in the house.

Everything Fitz will be on stage Friday, Oct. 23 at 8:00 p.m. in the Pinawa Community Centre, 20 Vanier Ave.,

Pinawa. Tickets are \$20 for adults and \$10 for students. For more information and season memberships go to [www.emcaconcerts.ca](http://www.emcaconcerts.ca) or contact Cathy at (204) 753-2767



## Powerview School News

by Julie Papineau

This school year began with a little bit of soccer! The high school boys team ended up in third place in the division. The play-offs started with Powerview School against E.S.S., the Beausejour team. They needed to defeat them to go to the zones. It was a hard fought game but the boys pulled it off and won 3 - 2. In the zones championship they had to win against Pinawa and tied 0 - 0. The boys ended the games with playing against Niverville but sadly lost 3 - 1. Powerview high school girls also came in third in the division. They played against E.S.S and lost by one goal with a score of 2 - 1! The

next game the girls had to beat Pinawa to qualify for zones. It was an extremely close game but the girls won by one goal. They out matched the Niverville team 6 - 0 but lost by one goal against E.S.S. Both the soccer teams put their hearts, souls and also feet into all their soccer games! Powerview school is very proud of you guys, congratulations!

Also there was a lacrosse game last Friday: Powerview School versus Sagkeeng. The scores were very close but unfortunately Powerview lost!! Don't forget that this month we have picture day! It's on the fifteenth so prepare yourselves everyone!

### Seasonal Sites Available

Blue Water RV & Campground  
367-4748

Stephen Kulyk  
Certified Financial Planner  
2 McDougall Avenue St. Georges, MB  
Telephone: (204) 367-9572 Toll Free: (888) 666-0697  
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### DAIEN DENTURE CLINIC

22 Years at our MAIN OFFICE: 268-3488 10 Years at our SATELLITE OFFICE:  
37-3rd St. S. Beausejour District Health Centre  
Lac du Bonnet

• Seniors Discounts • We honor all Dental Plans

**BRYAN M. DAIEN, DENTURIST**

## TRY YOUR DRUGSTORE first

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts

### PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m. — DISPENSARY

367-2611 367-2517

Everything Fitz

### Family Services and Housing

Community can be defined as "the state of being shared or held in communion" (Oxford 1982). Family Services would like to know more about your community, how it can best engage with you, the citizens, agencies, and other interested stakeholders.

Please join us for an opportunity to share information with us about your community, its strengths and needs, and to find out about how you can help make your community stronger.

Date: Monday, October 19, 2009  
Location: Pine Falls Legion  
7 Tamarack Street  
Times: 2pm - 4 pm and 7pm - 9pm

**The Public Utilities Board**

### NOTICE OF CLOSURE

**RUSSELL FUNERAL HOMES LTD.**

October 5, 2009

The Public Utilities Board (Board) has been advised that Russell Funeral Homes Ltd. (Russell) has ceased operations.

The Board requests that persons who may have paid funds to Russell for prearranged funeral services, which had not yet been provided at or before July 1, 2009, contact the Board (with details of the arrangements made, including supporting documents).

Russell sold prearranged funeral service plans. In making such arrangements, some were to be made using an insurance product (whereby families purchased an insurance policy and upon death the proceeds of the policy would pay for the prearranged service). In such cases, payment should have been made directly to the insurance company. With other arrangements, payment may have been made directly to Russell - these monies were required to have been placed in a trust account in accordance with *The Prearranged Funeral Services Act*.

The Board is currently investigating if Russell has been in compliance with the requirements of *The Prearranged Funeral Services Act*, particularly regarding the proper holding and use of funds paid by consumers for prearranged funeral service plans. Unfortunately, the Board has already determined that Russell's prearranged funeral service plans records may not be complete.

All information will be kept strictly confidential.

Information and questions may be addressed to:  
Kristine Shields by mail, or by phone, at 204-945-2638  
or toll free at 1-866-854-3698 (in Manitoba); or  
by email: [Kristine.shields@gov.mb.ca](mailto:Kristine.shields@gov.mb.ca)

**Manitoba**

# Feature



The Vickers Vedette aircraft in the Western Canada Aviation Museum in Winnipeg. Similar aircraft were used by the RCAF at Lac Du Bonnet

## Lac du Bonnet Remembers the Vedette

By Charles Norman

Thursday, October 15, Entertainers CCMA Hall of Famer, Gary Fjellgaard, Metis Singer, and Aboriginal Artist of the year in Saskatchewan, Darrel Delaronde, and Alto-Soprano Saskia, from Utrecht Netherlands, gave a concert in the Lac du Bonnet Memorial Hall to raise money for a monument to celebrate the Vickers Vedette aircraft used by the RCAF base in Lac du Bonnet prior to World War 2.

The Vedette was a remarkable aircraft, it went into service with the RCAF in 1927, and it was from photographs taken from this aircraft that many of the maps used in Canada were made. It was Canadian-designed and built by the Vickers Aircraft Corporation in Toronto – a biplane flying boat, with three seats. In the rear two seats side-by-side for the

pilot and flight engineer and in front for a passenger or photographer.

In addition to photographic mapping, which made mapping of much of Canada for the first time the aircraft was also used for forestry and fire patrol work.

It was a quite small, with a wingspan of 42 feet, and a total weight, with engine and crew of a little over 3,000 lbs. 60 of them were produced between 1924 and 1930.

The hull was wood, cedar planking of 3/16 and 1/4 inch thick, covered with fabric. Wings were fabric and all struts of wood – most of them laminated by hand.

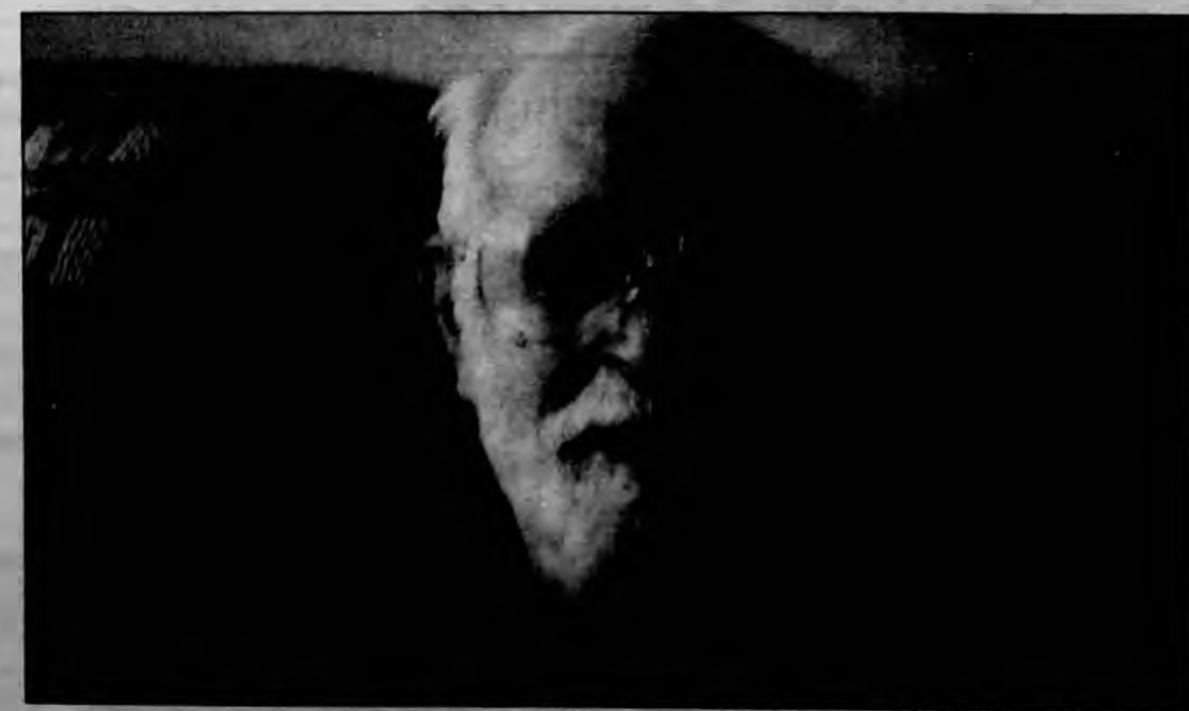
There is only one Vedette in existence. It is in the Western Canada Aviation Museum, and was painstakingly put together from the wreckage of several crashed aircraft over many thousand hours by a group volunteers

headed by Lac Du Bonnet resident Gordon Emberley. Volunteers hand laminated each of the hulls ribs using glues available at the time. The aircraft was built without the help of the original

drawings and often re-creating the design proved quite a challenge.

It is powered by a “pusher” engine mounted above and behind the pilot. The Vedette in the museum is

capable of flying but the museum has no intention of putting it into the air. As Gordon Emberley to The Echo, “We know it will fly. The only reason to fly it would be to show off.”



Lac du Bonnet resident George Emberley who played a key role in rebuilding of the vedette aircraft

# Nature



Blue Salamander

## Salamanders

By Charles Norman

Manitoba has fifteen amphibians – four toads eight frogs and three salamanders

All three salamanders are found in our area. They are the mud puppy, the tiger salamander and the blue spotted salamander. While some organizations list the range of the tiger salamander as southeast Manitoba, Ducks Unlimited say it is a boreal forest resident. The Echo would like to know if any of our readers can confirm this.

### Blue Salamander

Lake Winnipeg is the extreme western limit of the blue salamander. They range from the Great Lakes to James Bay.

They are quite small, ranging in size between 2 and 4 inches, of which 40% is tail. They have four toes on the front feet and five on the hind feet; Males are usually smaller than females.

They prefer moist deciduous forests or swampy forested area, but also are found in the coniferous forest to the east of Lake Winnipeg. The usually choose areas where ponds retain water until mid summer for breeding. The shelter under leaves rocks and logs, and are not easy to find.

Eggs are attached to rocks or vegetation at the edge of a pond or ditch in clutches of about a dozen. The female lays up to 500 eggs in a year. They first mate at two years old.

Eggs hatch after about a month, larvae have well-developed mouth and eyes.

Front limbs form after about two weeks and hind limbs about a week later. It becomes a fully formed salamander by the end of summer.

They will cross breed with tiger salamanders. The offspring are all female and can reproduce without mating.

### Tiger Salamander

The tiger salamander usually reach six to eight inches and can reach up to 14 inches long. They are grey, green or black, sometimes with stripes or blotches. They feed on small insects and worms.

They are rarely seen above ground but live in borrows that can be up to two feet deep. They breed in water, usually returning to their place of birth.

The Ducks Unlimited Interpretive Centre has several tiger salamanders, which have been accustomed to people and will approach visitors obviously expecting to be fed. Tiger Salamanders are often sold as pets. They are always caught in the wild. Attempts at breeding in



A Tiger Salamander looking for food. The person in the background is Helen Norman on a recent trip to Oak Hammock Marsh.

captivity have not been successful.

### Mud Puppy

Mud puppies keep their gill on maturing from larvae. They have lungs but spend their entire lives in water. They can absorb oxygen through the skin and can breathe at the surface using their lungs. They are called mud puppies because the make a peculiar grunting sound when caught.

They prefer slow moving shallow streams; they feed on small fish, crayfish and many invertebrates. They mature at four to six years old and can live as long as twenty years. They can grow to eleven to sixteen inches in length.



Mud Puppy

### ARE YOU:

- ◆ Looking for a career change or to re-enter the workforce?
- ◆ Thinking of returning to school?
- ◆ A parent of a teen?

Don't miss the Eastern Manitoba Career Symposium

Trade Show with over 50 Exhibitors and an Interactive Trades Showcase

Door Prizes

Wednesday, October 21, 2009  
9:30 a.m. to 3:30 p.m. & 5:00p.m to 8:30 p.m.  
Brokenhead River Recreational Complex  
Beausejour



Pre-Planning your Funeral,  
ask us

Sobering Funeral Chapel & Crematorium  
Park Avenue E., Beausejour  
208-337-0000, fax: 208-776-2220

# Community



## Living Like Champions

by Laura Tuttle

Custom made shirts, custom made pants - this sounds like the life of a millionaire. It is not. The tasteful custom made clothes on display to the sceptical audience belong to a smart, funny, talented and formerly fat person. Three healthy volunteers hold up his old pants, three others including Jim Hayes, the CEO of North Eastman Health Association (NEHA) display a neat cream coloured and finely tailored shirt. Behind this scene stands a smiling, laughing and handsome man who narrowly escaped from the prison of someone morbidly obese. His old shadow dominates the projected picture on the wall.

Joel Lamoureux - to quote

a course detractor - was "a big fat pig". This dubious label is stuck with for over 20 years. On October 6th as dozens of folks from the Pine Falls/Powerview attend the 'Living Like Champions' forum sponsored by NEHA as evidence of its Chronic Disease Prevention Initiative, the audience hear these ugly words said aloud by Lamoureux and the language sounds cruel. Even as this title - big fat pig - is repeated again on paper, it leaves a bitter taste in my mouth.

Lamoureux was a diabetic and a thin man living in the body of someone morbidly obese and he managed consciously, systematically, and courageously to make the decision to emerge from the dark world of addiction to

food into a world of wellness. Lamoureux made the life changing decision to lose over 300 pounds and then defeat his physiological dependence on food and totally reverse the lifestyle that perpetuated that addiction. He will never, ever eat potato chips again. Chips alone did not get him to the point in his life where he weighed just under 600 pounds but now when the chips call he is on a bike or skates racing far from their seductive voices.

A completely shattered ego, a true disgust of the reflection in the mirror plus a displaced knee were the definitive factors. While trying to use the washroom in a world that is not kind to persons who are even a third of

his size, Lamoureux found himself sprawled on the floor and unable to carry his own weight. He then began an uphill journey to find help. He eventually submitted his being to surgery that reduced his stomach to about a tenth of its size but says he would never endorse such drastic means to an end. In 2003 he underwent the procedure and then put himself in position to eradicate that which had beat him in the past. Food addiction and lack of exercise were prominent in his conscience even though he had been a child who loved sports and the outdoors.

Joel Lamoureux is an exceptional person and today is a powerful, passionate advocate for others faced with the effects of chronic illness. His has and will always have a mental illness, an addiction to food. It is an sickness that he deals with daily but one which he has mastered. He says "if only one person goes away today with a thought that can change their life, then I have done my job." Lamoureux is fit and healthy and in possession of a good sense of humour. He is a very successful disc jockey in B.C. and has recently played hockey on the same ice as world champions. He cycles whenever he can and now tours Canada telling his story. His is a graphic history that actually began in Powerview. This town can be very proud of the shadow of a man who has conquered chronic disease and embraces wellness.

## Anderson Family Vision Care Moves Shop

By Charles Norman

Dr. Anderson has moved his optometrist practice to Rupert's Landing.

Dr Anderson bought the practice from a Dr. Bassman 32 years ago and has served Pine Falls and the surrounding area from an office in the Manitou Lodge since that time. He moved to Rupert's Landing on October 5th.

The Rupert's Landing, in the same building as Dancy's, Pete's Bistro, and Country Concepts is more convenient for patients looking for ancillary services and is wheelchair accessible. It

also has more room for equipment and the clinic will be able to provide improved services for diabetic patients.

Dr. Anderson has practices in Winnipeg, Steinbach

and Selkirk. One son, Mathew practices with him in the Selkirk office. They will be joined by another son, Tyler, when he completes his studies in three years.



## Curling Registration Next Week

Curling season is just around the corner. Last year the Curling Club had a great 2008-2009 season with 8 Ladies teams, 11 Men's teams, and our new League - 20 Junior curlers out for their first season.

We are having a second curling registration on Monday, October 19th at 7:00 at the Pine Falls Curling Club. Please come out and register. We need everyone to come out and register in order to determine if we will have any curling this season.

Fees are as follows: One Night - \$170.00, Payments due on November 15th (\$85.00) and January 15th (\$85.00); Two Nights - \$210.00, Payments due on November 15th (\$105.00) and January 15th (\$105.00). Men's League - Monday; Junior League - Tuesday; Ladies League - Wednesday; Afternoon/walk in - Thursday; Mixed League - Thursday evening

## Second Annual Christmas Candelight

Sunday, November 8th, 2009, 7pm, Victoria Beach Sports Club, 5 Ash Avenue, Free access and Free Parking

Music and Selected Readings, Memory Picture Table, Candelight Memorial, Non-Denominational Memorial Christmas Tree Ornament

This is a time to remember our loved ones at Christmas time. The music, poetry and candelight create a healing and therapeutic experience for those who are missing a precious loved one who has passed away.

This is a 100% free evening courtesy of TyTashEm Grief And Resource Centre

Everyone is welcome. We ask that you call to confirm if you are attending so we can anticipate the amount of refreshments needed for after the service.

We encourage all who are grieving or missing a precious loved one who has passed away to attend. Please bring a picture of your loved one for our memory table. To RSVP or if you have any question please contact Wendy @ 759-3881

**1 Fall Tea**  
Sunday, October 25th  
1pm to 3pm  
Powerview Church Basement  
Silent Auction  
Bake Sale  
Everyone Welcome

# Community

## A Faith Perspective:

By Pastor Jake Doell



## Thanksgiving and Generosity

All of us enjoy being on the receiving end of someone else's generosity. We love being around generous people who enjoy blessing others. One of the more recent examples of a generous life was that of Mother Theresa. She gave her life to the poor and the destitute so they might experience God's love in human form. Calvin Coolidge a former American president said this; "No person is ever honored for what they received. Honor has been the reward for what they gave." Generosity is not based on how much a person has. Sometimes I've heard people say that if they only had more, they would be more generous in helping others. It is hard for a person to be generous when they are not satisfied with what they have. Generosity is born out of a contented and thankful heart. John D. Rockefeller once said; "I have made millions, but they have brought me no true happiness." Why? He learned that contentedness did not come until he became a generous person. If you're not content with a little, you won't suddenly be content with a lot. If you're not generous with a little you won't suddenly be generous with a lot.

In a certain town the story is told about an old man going door to door to sell some vegetables. Mrs. Smith purchased some of his vegetables because she felt sorry for this poor old man. To her chagrin, he returned a week later and introduced himself as Mr. Williams, the man who lived in a rundown shack down the road. As she took a closer look at him, she noticed that it was cataracts and not alcohol that glazed his eyes. On another visit, he shuffled into her house wearing two mismatched right foot shoes. Sitting down he would pull out his old harmonica and played an old

gospel tune.

On one visit, he shared on how he had been blessed that morning; "The Lord is

so good' he said, "This morning as I came out of my shack, I found a bag full of shoes and clothing on my

porch." "That's wonderful," Mrs. Smith replied, "I'm happy for you." "You know what is wonderful?" he asked, "Just yesterday I met some people that could really use them."

This thanksgiving let me suggest three ways that you can improve on your generosity:

1. Give something of real value to someone who has less than you. Do it

anonymously if possible. 2. Invest some time in someone else's life to help them live up to their potential. (ie. Mentoring program)

3. Realize that giving is like sowing, you always reap more than you sow.

Let me encourage you with the words of our Lord Jesus Christ; "It is more blessed to give than to receive." (Acts 20:35)



## TOWN OF POWERVIEW-PINE FALLS EMPLOYMENT OPPORTUNITY Public Works Foreman

A perfect blend of town and country The Town of Powerview-Pine Falls (located northeast of Winnipeg) is a smaller, but serviced community with a population of 1294 residents. The Town is situated close enough (approximately 1 1/2 hours) to enjoy the benefits Winnipeg has to offer, but far enough to enjoy a contemporary lifestyle without the problems and congestion of big city living.

The Town of Powerview-Pine Falls is seeking a leader to take on the role of Public Works Foreman, which would include overseeing municipal public works, water and wastewater, and some development.

The right candidate will have leadership skills in organization, planning, supervision, problem-solving, public relations, and financial management.

Qualifications:

- Supervisory and projects management experience, with technical knowledge in the various aspects of the position
- At least 5 years experience in a municipal public works environment or equivalent
- Certification of Water/Wastewater Level 1 minimum, or a willingness to obtain this certification
- Valid Class 1 or Class 3 (with air brake endorsement) Manitoba Drivers License; drivers abstract required
- Ability to provide technical input to sewer and water infrastructure projects
- Demonstrated experience in the supervision of human resources, scheduling of projects and personnel, and the coordination of work crews, projects and contractors
- Ability to operate municipal equipment and to train others in their operation
- Ability to interpret blueprints, plans, maps and other technical drawings
- Experience in budget preparation and inventory controls
- Excellent verbal and written communication skills and public relations
- Present a good knowledge of safety standards and best practices
- Bilingual communication skills are considered an asset
- Computer literacy

The Town of Powerview-Pine Falls offers a complete benefits package and competitive salary to this unionized position. Interested applicants should submit a resume and salary expectations to the Chief Administrative Officer.

Attention: Margaret Bonekamp  
Box 220, 277 B Main Street  
Powerview, MB R0E 1P0  
Fax 367-4747 Ph: 367-8483  
Caopvpf@mtns.net

Until noon Friday, October 30, 2009  
Applications submitted within the last 6 months will be considered.  
All applicants are thanked for their interest, however, only those invited for a personal interview will be contacted.

## Margaret Freda Dankowski (nee Neisman)



On Monday, September 28, 2009, Marge passed away peacefully, with family by her side, at the Sunnywood Manor in Pine Falls, MB at the age of 84 years.

Remaining to cherish her memory are her dear husband Joe; son, Ken (Mandy); daughter, Brenda; as well as six grandchildren Anthony, Margaret, David, Jason, Shaun, and Daniel, and 8 great-grandchildren, Jeremy, Megan, Jaylene, U'sinne, Cassidy, Trenton, Xander, and baby Caleb. She is also survived by her sister, Katherine (Joe) Bohonis (Pawda, MB), one brother, Clarence (Chilliwick, BC), and numerous nieces and nephews. Marge was predeceased by her parents, Wilhelmina and Aloysius Neisman, brothers Richard, Art, Gordon, Leo, and Edward.

Marge was born on February 3, 1925 in Ardill, SK. Her early years were spent on the family farm prior to joining the Air Force in 1943, after which she settled in Pine Falls in 1950. This is where she eventually met her beloved husband of 55 years, Joseph. Marge was a very loving mother, grandmother and great grandmother, and loved to spend a lot of time with the children. An active member of the Pine Falls Legion #64, Marge also spent time volunteering with various groups within the community, yet still found time for her bingo and her bowling.

Mass of Christian Burial was celebrated on Saturday, October 3, 2009 at 2:00 p.m. in the Notre Dame du Laus Roman Catholic Church, Powerview, MB, with Rev. Fr. James Gray, presiding.

Honorary pallbearers will be Mom's friends and colleagues.

Active pallbearers will be her 5 grandsons, Anthony, David, Jason, Shaun and Daniel, as well as friend, Jim Kleyh.

The family would like to thank all of the staff and doctors at Sunnywood Manor as well as Pine Falls and St Boniface hospitals for their wonderful care and compassion over the past 5 years.

In lieu of flowers, please make donations to a charity or organization of your choice.

Rest In Peace, Mom

**Wojcik's FUNERAL HOME & CREMATORIUM**  
BEAUSEJOUR, MANITOBA  
1 - 866 - 424 - 6271 - 1 - 204 - 268 - 2263  
www.wojcikfuneralchapel.com

# 2009 & 2010 Programs



Pineview Rec Office  
Located at:  
46 Pine Street  
Pine Falls, MB  
Phone 367-9142  
Fax 367-9142  
prarec2003@yahoo.ca  
Rec Director: Lon Violoux

Promoting and  
Coordinating programs for:  
RM of Alexander &  
Town of Powerview-Pine Falls

### Fitness

**Pilates**  
Pine Falls United Church, 5 Walnut St  
Instructor: Cherie Crous  
Thursdays 5:30-6:30 PM  
Monthly Fee \$35.00 Drop in fee \$10.00  
For more info call 367-2537

**Seniors Exercise**  
Golden Leisure Club, 30 Pine St, Pine Falls  
Every Mon, Wed, Thurs & Fri 10:15 - 10:45 AM  
Contact Shirley Lavallee 367-8983

**Fitness with Kim Bonekamp**  
Pine Falls School Gym (side entrance)  
Kim Bonekamp 367-2107 kbonekamp@hotmail.com

**Rise & Shine Fitness Class**  
Monday, Tuesday, Wednesday & Thursday  
6:30-7:30 AM \$30 Monthly Fee  
Program includes aerobics, circuits & boot camp training

**Strength for Seniors & Exercising with Arthritis**  
Mondays & Wednesdays 10:00-11:00 AM  
\$30 Monthly Fee  
Class includes walking, exercise ball, stretching & resistance. Arthritis program is designed through PACE for people living with arthritis.

**Evening Fitness Classes**  
Monday & Thursdays from 5:30-6:30 PM  
\$30 Monthly Fee  
Start on the road to a healthier lifestyle improving your cardio, strength & flexibility

**Exercise with Natasha Joy**  
Natasha Joy 756-3868 natasha@mts.net

**Body Sculpture**  
Grand Marais Rec Centre, Grand Marais  
Monday & Thursdays @ 3:00 PM  
Moderate - High intensity. Class is always different and modified for every level. \$70 per month or \$10 drop in fee

**Exercise For All Ages & Abilities**  
Senior Scene, Victoria Beach  
10 Week Program \$70 per person  
Monday & Thursdays @ 9:45  
Active 50+ with bands, bodyweight & cardio  
Monday & Thursdays @ 10:45  
Chair exercises, light aerobics includes muscles & stretching

**Total Body Workout**  
St. Georges School Gym  
Instructors: Nick Bonekamp & Paul Roberts  
Mondays & Wednesdays 7:00 PM - 8:30 PM  
\$20.00 per month Family plans available  
Kickboxing, stretching, skipping, rubber bands, circuits & fat pads. Lose Weight & Feel Great! Call 367-2702 or 367-8018

**Exercise Class**  
Starting at end of October - Dates TBA  
St. Georges Church Basement  
Monday, Wednesday & Fridays  
9:30 AM - 10:30 AM  
5 step program with warm up & cardio  
For more info contact Ginetta Vincent 367-8244 or Simone 367-8671

**Square Dancing**  
Senior Scene, Victoria Beach  
Instructors: Ted & Betty Kernoski  
Great cardio & strengthening, socialization & keeps your mind sharp! Mondays @ 2:00 PM  
Members \$7 per session/Non-Members \$8 per session  
For registration call Rod 756-3688

**Line Dancing**  
Senior Scene, Victoria Beach  
Everyone Welcome - Every Tuesday 10:00 AM  
Drop in fee for members \$2/non-members \$3.  
Call Rod 754-3688

### Youth Programs

**Dance**  
Ecole Powerview School, 23 Vincent Ave  
Instructor: Heather Rudolph  
**18 Week Program**  
Thursday's Starting November 19th-April 1  
Ballet - Ages 3 & 4 4:00-4:45 PM \$150.00  
Ballet/Jazz - Ages 5&6 5:00-6:00 PM \$195.00  
Jazz - Ages 7-9 6:10-7:10 PM \$195.00  
Jazz - Ages 10-12 7:20-8:20 PM \$195.00  
Jazz - Ages 13-18 8:30-9:30 PM \$195.00  
For registration call the Lori @ Rec Office 367-9142

**Can Skate & Figure Skating**  
Pine Falls Arena, 11 Elm St. Pine Falls  
Starting in November  
Instructor: Cheryl Gogo  
Levels will include Can Skate & Star Skate  
To register call Lori @ Rec Office 367-9142

**Minor Hockey**  
Pine Falls Arena, 11 Elm St. Pine Falls  
Teams registration includes male & female  
Initiation (Born 2003-04,05), Novice (Born 2002,01) Atom (Born 2000, 1999), Pee Wee (Born 1998,97) Bantam (Born 1996,95) Midget (Born 1992,93,94)  
For more info contact Natalie Lecuyer 367-9519, Jackie Prowse 367-8332, Ian Cyr 367-8084

**Tumblers Gymnastics @ Pine Falls School Gym**  
Starting This Week  
Kindergym (ages 3-5) Wednesdays 4:15-5:00 PM  
Recreational (ages 6+) Wednesdays 5:00-6:00 PM  
Pre-Competitive Mon 4:15-5:15 PM & Wed 5:00-6:00 PM  
Competitive Mon 5:30-8:00 PM & Wed 6:00-8:00 PM  
For more info contact Audrey 367-4963 or Bonnie 367-4122

**Youth Curling**  
Pine Falls Curling Club, 11 Elm St  
Tuesday evening 6:30-8:00 PM  
For ages 11 (born 1998) and older  
Cost: \$50.00 per person For info & registration call 367-4122

**Victoria Beach Sports Club**  
Instructor: Kim Mackelston  
Dates & Time TBA  
For ages 8-15 Includes instruction on proper curling techniques & etiquette For registration call Kim 367-9142  
Grand Marais Curling Club, Grand Marais  
Ages 15-18 For info or registration call Rec Office 367-9142

**First Lake Winnipeg Beavers & Cubs**  
Walter Whyte School, Grand Marais  
Leader: Carol Laling  
For children (male & female)  
Beavers Kindergarten and Grade 2 & Cubs Grade 3-5  
Program runs from October - May  
Games, crafts, music, the outdoors & spiritual fellowship  
For more info contact Carol Laling 754-6232 or Sue 754-2541

**Beaches Drama Club**  
Victoria Beach Sports Club  
Director: Liz Jonkers  
Featuring the musical comedy "The Green Chili Rebellion of 1896" To be performed in May 2010  
Looking for sponsorship For more info contact Angel 756-8426

**Stead Settlers 4H Club**  
Stead Community Centre, Stead, MB  
Contact Kelly Otto 268-5844 or email kello17@hotmail.com  
For ages 8-21  
Young people gain valuable experience while acting as club executive members, making decisions and planning events and projects just for them.

**Youth Event with Motivational Speaker Antonia Kelsey & The Free Agency Band**  
Wings of Power, 39 Main St. Pine Falls  
Sunday, October 25 @ 7:00 PM  
Join Antonia and listen to her story of growing up in Manitoba, running away to California & her triumph over drugs & alcohol  
Award nominated rap/hop band The Free Agency will also be performing. A Free evening to enjoy!

### Arts & Crafts

**Stained Glass for Beginners**  
Senior Scene, 3 Atsah Rd, Victoria Beach  
4 Sessions Starting Thursday September 17 @ 9:30 am  
Registration Fee \$10 & cost of glass plus drop in fees  
Learn the proper methods of glass cutting, grinding, foil & soldering Register with Judy 754-3132. All ages welcome!

**Water Color & Acrylic Painting Classes**  
Senior Scene, 3 Atsah Rd., Victoria Beach  
Instructor: Nancy Lou Atsah  
Thursdays starting October 15<sup>th</sup>  
1:00-4:00 PM \$20.00 per class  
Follow along with painting demonstrations. Class include lots of individual help on new or started art work, drawing, color, theory, composition values & tricks of the trades.  
To register call Nancy 756-3447 or niatah@grants.mb.ca

**Painting Winter Scenes on a Glass Block Light**  
Instructor: Bernice Phillipa  
Sunday - Nov 22 or Dec 13, 10:00 AM - 4:00 PM (Bring a lunch)\$45.00 includes all supplies. No experience necessary. To register 367-2141 or Rec Office 367-9142

**Introduction to Aroma Therapy**  
Instructor: Bernice & Kristine Phillipa  
Monday - November 16 @ 7:00-9:00 PM  
\$40.00 includes all supplies. Location TBA  
Choose your own blends and learn to create deodorant room sprays, natural disinfectants, body sprays, bath salts & more. Register call 367-2141 or Rec Office 367-9142

**Aroma Therapy Christmas Gifts From the Heart**  
Instructor: Bernice & Kristine Phillipa  
Monday - December 7 from 7:00-9:00 PM  
\$40.00 includes all supplies. Location TBA  
Create your own Christmas scents for sprays, ornaments, diffusers & salts or scrubs. To register call 367-2141 or Rec Office 367-9142

### Workshops & Events

**Angèle Arsenault en spectacle**  
Salle du Manitou Lodge  
Lundi, le 19 octobre 2009 @ 7h30 PM  
\$15.00 billet en vente à la Caisse La Prairie  
Organisé par le Comité culturel Châteauguay

**Halloween Story Time Party**  
Wings of Power, 39 Main St. Pine Falls  
Wednesday, October 28<sup>th</sup> @ 8:30 PM  
Family time to enjoy a Halloween story, crafts & snacks  
For more info contact Debbie 367-9641

**Standard First Aid & AED**  
Winnipeg River Learning Center (formerly Pine Falls School)  
Instructor: Ron Bruneau  
October 29 & 30 from 8:00 AM - 4:00 PM (Bring a lunch)  
\$110.00 per person includes all required books  
For registration call Ron 367-8989 or Rec Office 367-9142

**Cook It Up**  
Pine Falls United Church, 3 Walnut St. Pine Falls  
Monday, November 9, 2009 5:30-7:00 PM  
Instructor: Trevor Forkheim, R.D. NEHA  
This is a free workshop for you to learn what it takes to cook food that keeps you healthy and your blood sugar controlled. The evening will include a cooking demo, samples, and tips on recipe adjustments, reading labels and eclectic ingredients.  
For pre-registration contact the Rec Office 367-9142 or for more info phone 367-1337

**Youth Empowerment with Don Burnstick**  
Wings of Power, 39 Main St. Pine Falls  
Friday, November 13, 2009  
Evening comedy presentation open to the public with motivational speaker and comedian Don Burnstick  
Tickets are \$17.50. For info call Debbie 367-9641

**Bazar annuel/Annual Bazar of the La Paroisse Saint-Georges /Parish**  
Au sous sol de l'église St. Georges Church Basement  
14 novembre/November 2009 11h00-2h00 pm  
Encaill silencieux, vente de pâtisserie, artisanat nombreux, tirages, en core. Silent auction, bake sale, craft sale, meat draw & more.

**Annual Christmas Arts & Crafts Festival**  
Powerview School, 23 Vincent Ave, Powerview  
Saturday, November 28, 2009  
10:00 AM-4:00 PM  
Come and experience crafters & vendors from all over Manitoba. Plus pictures with Santa. For table bookings call Lori 367-9142.

**Stead Christmas Craft Sale**  
Stead Community Centre  
Saturday, November 28, 2009  
Call Irene Thompson 635-2297 for more info

**Christmas Story Time**  
Library Allard, Hwy 11, St. Georges  
Thursday, December 3, 2009 @ 8:30 PM  
Enjoy a family evening with the staff of Library Allard reading Christmas stories, sipping cocoa and eating cookies. For more info call 367-8443

### Adult Groups & Leagues

**Dart League**  
Royal Canadian Legion, 7 Tamarac, Pine Falls  
Tuesdays @ 7:00 PM. For info call Jackie 367-8332

**Pine Falls Bowling League**, 4 Maple St. Pine Falls  
Saturday, November 28, 2009  
Seniors League contact Jerry Gauthier 367-8789

**Grand Marais Curling Club, Grand Marais Rec Centre**  
Men's, Ladies, Seniors, Mixed and Bonapleis. Chris 754-3058

**Pine Falls Curling Club**, 11 Elm St. Pine Falls  
Men's, Ladies, Mixed & Bonapleis  
For info contact Melinda 367-4682 or Fay 367-8988  
Seniors League contact Bob Sequin 367-8344

**Victoria Beach Curling Club**, 5 Ash St. Victoria Beach  
Men's, Ladies, Mixed & Bonapleis, contact Tracey 756-87

**Pine Falls Old Kings Hockey Club**  
Chic Desautels 367-2369

**St. Georges Voyageurs Hockey Club**  
Dave Legasse 367-2486

**Powerview Old Timers Hockey Club**  
Randolf Druzak 367-4691

**Leftovers Hockey Club**  
Yves Bojko 367-8877

**Ladies Hockey League**  
Amanda Lavoie 367-4968 or Dawn Nault 367-8410

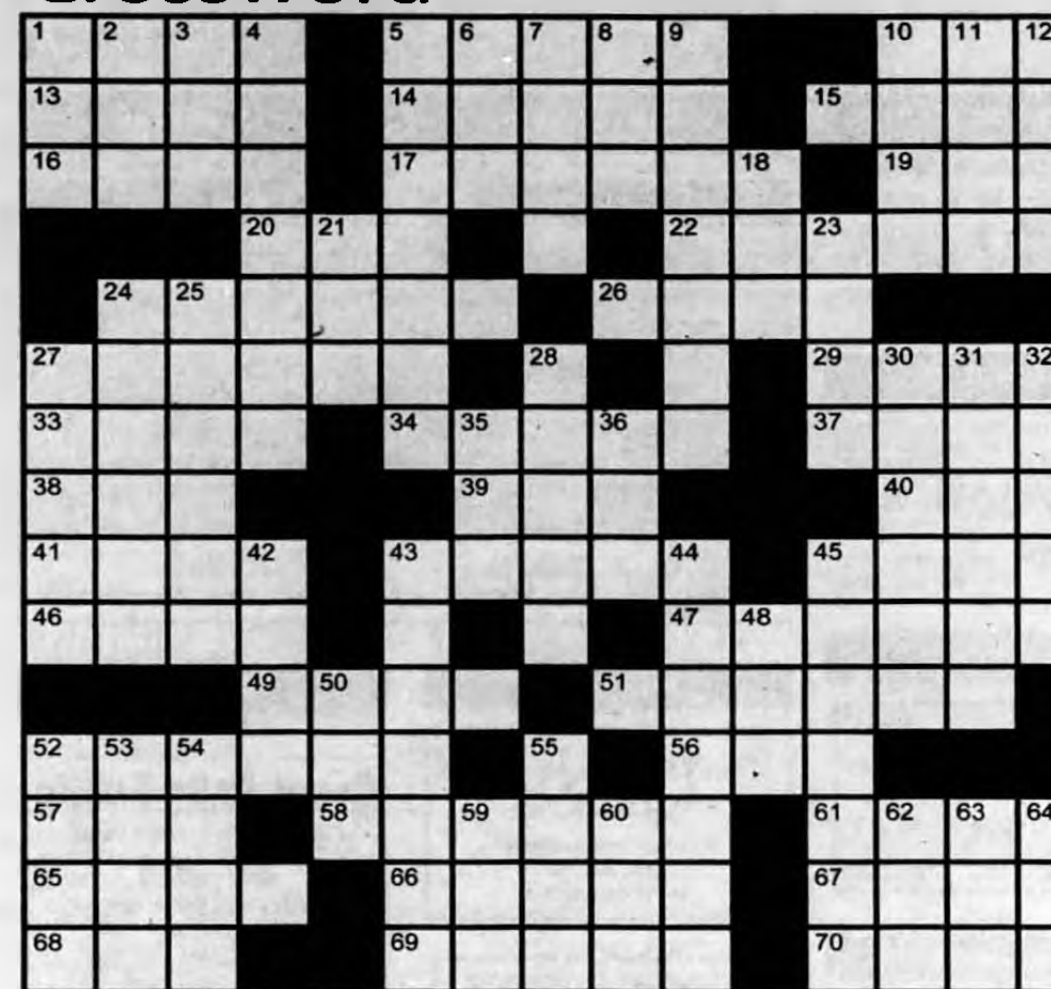
**Maskwa Snowmobile Club**  
Powerview-Pine Falls & St. Georges  
Mark Vincent 367-4770

**Snow Drifters Snowmobile Club- Eastern Beaches**  
Glenn Henderson 792-4266

**T.O.P.S. - Weigh loss Program**  
St. Jude's Church, Grand Marais  
Wednesdays 9:00 AM  
Nancy Robson 756-2888 Jeanine Schouten 754-2871

**Weight Watchers**  
Senior Scene, 3 Atsah Rd, Victoria Beach  
Wednesdays weigh in @ 5:45 meeting at 6:30

## Crossword



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- |                              |                         |                            |
|------------------------------|-------------------------|----------------------------|
| Across                       | Down                    | Down                       |
| 1. Door fastener             | 1. Master's Voice       | 24. Baseball pitch         |
| 5. Prohibit                  | 2. "Much" About         | 25. Bemoan                 |
| 10. wire                     | 3. Cunning              | 27. Plant life             |
| 13. Inactive                 | 4. Dense fog            | 28. Pasture                |
| 14. Wear away                | 5. In reality           | 30. Glacial period (2wds.) |
| 15. Child's construction set | 6. Be mistaken          | 31. Desolate               |
| 16. bean                     | 7. Churn                | 32. Contemptuous look      |
| 17. Day of the week          | 8. Append               | 35. Hit the slopes         |
| 19. Large northern deer      | 9. Nuclear              | 36. Finish                 |
| 20. Health club              | 10. Computer enthusiast | 42. Monarch or emperor     |
|                              | 11. Tangelo             | 43. Like saddle shoes      |
|                              | 12. Oxen's harness      | 44. Authorize              |
|                              | 18. "rang?"             | 45. Leave by airplane      |
|                              | 21. Wordplay            | 48. Long, long time        |
|                              | 23. Bookie's quote      | 50. Slow pitch             |
|                              |                         | 52. Bistro                 |
|                              |                         | 53. Farm division          |
|                              |                         | 54. Spool                  |
|                              |                         | 55. Curved passageway      |
|                              |                         | 59. Rodent                 |
|                              |                         | 60. Miner's find           |
|                              |                         | 62. Hawaiian garland       |
|                              |                         | 63. " alive!"              |
|                              |                         | 64. Cereal grass           |

### Solution



**CRYPTIC PUZZLE**

MLGSRMT RH RNLHRRYOV ULJ GSV NZM  
DSL WLVHM'G SZEV GL WL RG SRNHVOU  
- Z. S. DVOOVI

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

**Last Week's Solution**  
POETS HAVE BEEN MISTERIOUSLY SILENT ON THE SUBJECT OF CHEESE - G. K. CHESTERTON

## Weekly Horoscopes

October 15 to October 21

**ARIES (Mar. 21 - April 20)** Social activities that involve the whole family will be enjoyable. Finish overdue paperwork and catch up on letter writing and reading. Be careful while traveling. Do not overspend on entertainment. You could find that children will be a handful.

**TAURUS (Apr. 21 - May 21)** Emotional deception is evident. If you are not already, think about going into business for yourself. An older member of your family may have left you with a pressing situation. Avoid any confrontations with colleagues.

**GEMINI (May 22 - June 21)** Try not to allow superiors or those in a higher position to take advantage of you. You could receive recognition for a job well done. Problems with your mate will develop if you don't let them have their way. Concentrate on your job.

**CANCER (June 22 - July 22)** Don't evade important issues; you may find yourself backed into a corner. Work diligently and you will get ahead this week. You can bet that you'll draw attention to yourself. You can expect insincere gestures of friendliness this week.

**LEO (July 23 - Aug 22)** Your energy will be high; however, if not channeled suitably, temper tantrums may erupt. People trying to entice you to join in will be less than trustworthy. Children may be on your mind. Keep your thoughts to yourself for the time being.

**VIRGO (Aug. 23 - Sept. 23)** Be sure to double-check the house on your way out. You must strive to get the most important projects completed properly, rather than doling everything in a half baked way. Your persuasive nature will win the heart of someone you've had your eye on. Join humanitarian groups and let your leadership ability take over.

**LIBRA (Sept. 24 - Oct. 23)** Abrupt changes in your home may send you for a loop. Arguments could prevail. You need to do something that will make you feel better about yourself. You will be in an overly generous mood this week.

**SCORPIO (Oct. 24 - Nov. 22)** Travel will be exciting. You should be promoting your ideas. Join a club to work off that excess energy; but consider ways of doing that without spending the money. Don't give in too quickly.

**SAGITARIUS (Nov. 23 - Dec. 21)** Put your time and energy into home improvement. Relationships will be erratic this week. You might just as well let others do their own thing. If everyone wants to do their own thing, let them.

**CAPRICORN (Dec. 22 - Jan. 20)** Refuse to let others make unrealistic demands of you. Your social activity should be conducive to finding love. You will be emotional when dealing with coworkers or employers. If you can't get away, make plans to do something special with friends or relatives.

**AQUARIUS (Jan. 21 - Feb. 19)** Unique forms of entertainment could capture your attention and bring about a romantic interest. You will have a tendency to exaggerate, which will lead to major confrontations with loved ones. Deception will play an important factor in relationships. A little overtime may help you reduce the workload.

**PISCES (Feb. 20 - Mar. 20)** Get involved in activities that will bring your knowledge about foreign land, philosophies, or cultures. You will need to spend extra time sorting through your work. Implement your ideas into your projects at work. You haven't been watching your spending habits and you may have been neglecting your duties.

# Classifieds

## Buy/Donate

Looking for two or more used mattresses. Also looking for a washer/dryer. Call Chantal or France 367-1773. 3s-3

## For Sale

**TRUCK FOR SALE**  
2002 GMC Sierra V6 1500, 58,000kms, 8 ft. box with bench cab seating, A/C, navy blue with box cover, asking \$7900, call 754-3069, leave a message. 2s-2

## Employment

Now Hiring For the Position of Full-Time Grill Line Cook  
Minimum 2 years experience  
Qualifications:  
Experience cooking individual dishes as well as complete meals; Experience preparing foods for meals and banquets  
Knowledge on safe food handling; Cleaning and organizational skills; Able to take direction and work well with others.

Successful applicant will be paid \$12.70 - \$13.70 per hour.

Apply in person or mail  
Manitou Lodge  
#2 Pine St., Box 599  
Pine Falls, MB ROE 1M0  
Or by fax 1-204-367-4202  
Or by email: mldodge@mts.net 2s-2

## Help Wanted

**CAREGIVER WANTED**  
To look after a four year old child, approximately 30 hours/week in Pine Falls. Must be responsible and reliable with a drivers license. Call 367-1732, cell 782-1672 or 792-5887 for more details. 2spd-2

## Wanted

**2 Youth Hockey Helmets**  
Looking for two small youth hockey helmets to fit 4-7 year old. Call 367-2766.

## For Rent

**Woodland Place/Dale Haven Apartments**, 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. Furnished, weekly and monthly rates also available, call after 6:00 p.m. 367-4922. TFN

## House For Rent

A newly renovated and clean home perfect for a family. House for rent located in St-Georges, MB. This is a 1100 sq ft Bi-level with attached double Garage. The home has 3 bedrooms, 2 full bathrooms, sun-room, rec room, laundry room, nice private yard with storage shed. Appliances included are Stove, Fridge, Dishwasher, Washer and Dryer. Satellite TV ready(Bell). Immediate possession available. \*\*\*NON SMOKERS/ NO PETS\*\*\* Rent is \$805/mth plus Hydro(2005/mth budget). Requires damage deposit. 1yr lease or month to month available. Serious inquiries only please. Rent to own is an option. Please contact Marty @ 204-250-8230 3s-3

## For Rent

I have a house and two bedroom are available for rent. The living room and kitchen are available as often as you want. Everything is included ( Heat, Phone line, Internet). Half furnished ( fridge, stove) so you still need to have your own mattress and bed. The house is right beside Clark's Corner in Powerview. \$400.00 per room is asked, call Chantal or France 367-1773. 3s-3

## Accommodations

Shared accommodations available, for 1 person or 1 couple, all amenities, \$400/month plus 1/2 the hydro, call 754-3069, leave a message. 2s-2

## For Rent

## FOR RENT

### Broadlands View Motel Rooms

- Monthly Rates
- Furnished Rooms
- 1-2 Bedrooms
- Hydro Included

**1-204-228-2085**

## Wanted to Rent

**Wanted to Rent**  
I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFN

## Automotive

Windshield Replacement & Repair  
All Your Auto Body Needs  
Courtesy Care  
**powerfalls AUTO BODY** Box 187  
Powerview, MB  
ROE 1P0  
Phone 367-2877  
Fax 367-2538

## Bakery

Stop by our Coffee Shop!  
**Sunrise Bakery**  
Share Hours: Pine Falls  
367-8018

## Building Supplies

**Osis Building Supplies**  
Home of the Crooked Nail

## Catering

**RAPID WATER DELI**  
CONVENIENCE  
Business Hours:  
Mon - Fri 8am - 8pm  
Sat. & Sun. 9am - 5pm  
Call 367-2228  
Located in McDougall Place, St. Georges

## Computer/Networking

**M&C Brumant's PC SERVICES**  
Microsoft Certified Professional Systems Engineer  
Hardware Diagnostics - Hardware Upgrades - Troubleshooting - Software Installation - System Configuration  
Ph: 345-6876

## Gift Shop

**Plum Creek Gift Shop**  
Open Daily  
7 days a week 10am - 5pm  
Phone: 756-2500

## Concrete/Excavating

**A.M.L.**  
AL MEISNER LTD  
REDI-MIX CONCRETE  
EXCAVATING  
AGGREGATES  
345-8454

## Excavating

**Dancyt's FOODS**  
THIRD STREET, LAC DU BONNET  
367-2877

## Business Classifieds

### Excavating

**DAN'S EXCAVATING**  
Dan Courcelles  
Box 1, Powerview, MB ROE 1P0  
204-340-5783

### Financial

**Caisse**  
A better way to bank  
367-6288  
www.caisse.biz

### Liberty Tax Service

**Sandi Duval**  
Franchisor/Owner  
367-4244  
2 McDougall Ave,  
St. Georges, MB

### Footcare

**NURSING FOOT CARE**  
Call Lynn at 367-1351  
or email at LandR.Pow@mts.net  
Life support available  
Having difficulty trimming your toenails due to arthritis, poor vision, diabetes, or problem nails...?  
Your friendly certified foot care nurse can help!  
Offering in-home services, or, get a group of at least five persons in one location and qualify for a reduced clinic rate.

### Hardware

**RONA HARDWARE**  
For all your Hardware Needs  
OPEN: Mon. To Sat. 9am to 6pm  
Pine Falls 367-2380

### Hotel/Restaurant

**BIRCHWOOD MOTOR HOTEL**  
- 18 Modern Units  
- Hot tubs  
- Dining Room  
- Traverser Bay  
756-2596  
- Beverage Room  
- Meeting Rooms  
- Fully Licensed  
OPEN YEAR ROUND

### Convenience Store/Gas

**Broadlands Mall**  
Convenience Store/Gas  
Movie Rentals  
Open Daily 7 am - 11 pm  
367-4484

### Gift Shop

**Veranda GIFT SHOP**  
Gifts • Antiques • Collectibles  
756-9184

### Restaurant

**CLARK'S CORNER**  
367-4455  
367-4455

### Excavating

**Dancyt's FOODS**  
THIRD STREET, LAC DU BONNET  
367-2877

# Classifieds

## Hotel/Restaurant

**The Lakeview STEAKHOUSE**  
57 Park Avenue, Lac du Bonnet, Phone 345-0881  
Every Friday & Saturday  
**Steak Dinner Specials CHINESE Available**  
Live Entertainment  
Friday & Saturday  
Country Bands  
**Casey's MOTOR INN** 345-6294

## Manitou Lodge

Mon - Wed. 8am to 6pm  
Thurs. & Fri. 8am to 10pm  
Sat. 10am-10pm, Sun. Closed  
367-2252  
WEEKEND FEATURES EVERY WEEKEND  
Tuesday Nite  
Wing Nite & Draft Special

## Papertown Motor Inn

367-2261  
Deluxe Jacuzzi Rooms  
Licensed Family Dining Room  
Banquet Facilities  
VLTs, Beer Store  
Hot tub  
Night Club  
1 Mile East of Pine Falls, Hwy. 304 & 11

## PINE FALLS SERVICE CENTRE

Monday to Saturday  
8:00 a.m. to 12:00 midnight  
Sunday 8:00 a.m. to 12:00 midnight  
**SUBWAY**  
Subway open 7 days a week  
from 10:00 a.m. to 11:30 p.m.  
367-8803

## Hunting/Fishing

**WHITE WOLF**  
Hunting & Fishing Supplies  
Box 22, Post Alexander, MB R0E 0P0  
Located off Hwy. 111  
FALL HUNTING SEASON IS COMING SOON  
• Canadian Firearms Instructor - Adult  
• Hunter Safety Training Instructor - Youth, Online  
• Small Repair Gunsmithing  
• Gun Cleaning, Sighting in Scopes  
• Agency  
\*\*SPECIAL ORDERS AVAILABLE ON REQUEST\*\*

## Insurance

**POWerview AGENCIES**  
367-4455  
Autopac

## Your Ad Here

**Jon. O. Phillips, RMT**  
Registered  
Massage Therapist  
(MTAM)  
Through the Arbour  
188 Pine Street, Pine Falls  
(204) 367-2141  
Direct billing available to  
Blue Cross & Great West Life

## Medical/Dental

### Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)  
• Autopac  
• Blue Cross  
• Veteran's Affairs  
• Worker's Compensation  
**Phone 367-4858**  
No referral required Please call for appointment

## DR. ARNOLD ANDERSON

**LAB ON SITE**  
Optometrist  
Contact Lenses and Eyeglass Fittings  
**MANITOU LODGE PINE FALLS**  
367-2390  
Monday - Friday 9:00 a.m. - 12:30 p.m.  
1:30 p.m. - 5:00 p.m.  
Closed Lunch Hour  
Examinations done on Tuesdays

## Bluewater District Transit

For Bookings Call  
367-9128 Office  
345-3075 Driver

## Physio at the Beach

Physiotherapy Clinic  
Jenny Terrio Baturin  
Physiotherapist  
Ph: 754-8165  
• #9 Pine Street,  
Sunset Beach

## Powerview/Pine Falls Dental Centre

277A Main Street, Powerview  
Hwy. 11 - Municipal Building  
Monday - Friday 9:30 a.m. to 4:30 p.m.  
**Dr. Mark Karpa**  
**Dr. David Kindrat**  
**Dr. Drew Dear**  
**Dr. Danny Bae**  
Emergency Care  
New patients welcome  
**367-2815**

## Pharmacy

**first PINE PHARMACY**  
Open Monday to Saturday  
8:30 a.m. to 5:30 p.m.  
367-2611  
DISPENSARY  
367-2517

## Medical/Dental

**Jon. O. Phillips, RMT**  
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Massage Therapist  
(MTAM)  
Through the Arbour  
188 Pine Street, Pine Falls  
(204) 367-2141  
Direct billing available to  
Blue Cross & Great West Life

## Medical/Dental

### Blue Water Physiotherapy

Phone: 367-2537  
Please call for an Appointment  
• Work and Sports Injuries  
• Neck and Back Pain  
• Acupuncture  
• Orthotics  
• Manual Therapy  
Located on Highway #11 in Powerview  
**Celeste Basson**  
B.ScPT, C.AFCI

## Blowup

**SEPTIC TANK CLEANING SERVICES**  
Shaun Jackson  
PO Box 670  
Lac du Bonnet, MB  
ROE 1A0

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Shaun Jackson  
PO Box 670  
Lac du Bonnet, MB  
ROE 1A0

## Memorials

**STEWARTS MEMORIALS**  
Lac du Bonnet  
345-2644

## For the Best Rates for Long-term Advertising

**The Echo Business Directory**  
367-9468

## Pawn Shop

**CASH IN A FLASH PAWN**  
Located on the corner of  
Art Ave. and Hwy. 11  
in Powerview  
**367-4537**

## Septic

**G's SEPTIC TANK CLEANING SERVICE**  
Portable Toilet Rentals  
P.O. Box 905, PINE FALLS, MANITOBA R0E 1M0  
PHONE: 367-4708 CELL: 345-3835

## Septic

**G's SEPTIC TANK CLEANING SERVICE**  
Portable Toilet Rentals  
P.O. Box 905, PINE FALLS, MANITOBA R0E 1M0  
PHONE: 367-4708 CELL: 345-3835

## Windows

**WANTED 8 HOMES THAT NEED NEW WINDOWS**  
Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.  
Your home can be a showpiece in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.  
This lifetime product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Climate Shield Premium Windows come with TempSmart Space System as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.  
Ask about low monthly payments through Hydro.  
For an appointment call  
367-2611  
**NISBY WINDOW & DOOR**  
1-800-582-5488  
www.nisby.mb.ca

## For the Best Rates for Long-term Advertising

**The Echo Business Directory**  
367-9468

## Real Estate

**Ateah Realty Ltd**  
Professional Service  
Professional Results  
Toll Free  
1-866-755-5406  
Residential Real Estate  
Eastern Shore of Lake  
Winnipeg Area  
204-756-3449  
www.ateahrealty.com

## For All your Real Estate Needs!

**CONTACT**  
Our Real Estate Professionals  
Look forward to Working with You!  
Call 1-800-854-8148  
345-2121 / 268-2011  
Email c2lsm@mts.net  
www.century21suncountry.com

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Ask about low monthly payments through Hydro.  
For an appointment call  
367-2611  
**NISBY WINDOW & DOOR**  
1-800-582-5488  
www.nisby.mb.ca

## For the Best Rates for Long-term Advertising

**The Echo Business Directory**  
367-9468

**2009 TOYOTA CAMRY LE**  
It's Always Worth The Trip!  
AT, A/C, alloys, CD, CC, keyless, PDL, PS, PW, tilt. Sk. #U9-101. Dir. #0370  
FUNK'S TOYOTA  
1-800-498-7806  
www.funks.toyota.ca

**2000 TOYOTA ECHO**  
It's Always Worth The Trip!  
AT, 4 cyl., A/C, PS, remote start, tilt. Sk. #U9-18A. Dir. #0370  
FUNK'S TOYOTA  
1-800-498-7806  
www.funks.toyota.ca

**2008 TOYOTA CAMRY LE**  
It's Always Worth The Trip!  
AT, A/C, CD, CC, keyless, PB, PDL, PM, PS, PW, tilt. Sk. #U9-75. Dir. #0370  
FUNK'S TOYOTA  
1-800-498-7806  
www.funks.toyota.ca

**2005 TOYOTA PRIUS**  
It's Always Worth The Trip!  
AT, A/C, alloys, CD, CC, keyless, PB, PDL, PM, PS, PW, tilt. Sk. #9-192A. Dir. #0370  
FUNK'S TOYOTA  
1-800-498-7806  
www.funks.toyota.ca

**2002 KIA SPORTAGE EX 4X4**  
It's Always Worth The Trip!  
A/C, alloys, CD, CC, keyless, PB, PDL, PM, PS, PW, roof rack. Sk. #9-600A. Dir. #0370  
FUNK'S TOYOTA  
1-800-498-7806  
www.funks.toyota.ca

**2003 TOYOTA MATRIX XR**  
It's Always Worth The Trip!  
A/C, alloys, CD, CC, keyless, PB, PDL, PM, PS, PW, tilt. Sk. #9-325A. Dir. #0370  
FUNK'S TOYOTA  
1-800-498-7806  
www.funks.toyota.ca

**2009 TOYOTA YARIS CE**  
It's Always Worth The Trip!  
AT, A/C, CD, keyless, PB, PDL, PM, PS, PW, tilt. Sk. #8-716. Dir. #0370  
FUNK'S TOYOTA  
1-800-498-7806  
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