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SPORTS

**Young Blood
New PF Golf
Club
Champion**

PAGE 4

COMMUNITY

**National
Aboriginal
Firefighting
Championship**

PAGE 8

NATURE

**American
Goldfinch**

PAGE 9

**\$1.00 tax included
August 28, 2009
Volume 18, No. 14**

**The Winnipeg
River**

Echo

**Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls
Beaches, Little Black River, Manigotagan and Bisson**

Angry Bear Chases Berry Picker

Lesson Learned...

Drop your Berries!

By Laura Tutlies

If you are reading this piece you likely live or vacation in "Bear Country". The bears were here first and we are in their territory, not the other way around. This fact is sometimes difficult to remember especially when our thoughts are on the hiking trail ahead or on those delicious - and free - blueberries, saskatoons, raspberries and other delicacies that flourish in the meadows and bushes of East Beaches. Great pies, cakes, muffins and light desserts are the happy result of our labours and eaten "straight", the health benefits are enormous - to say nothing of the great exercise involved in the picking.

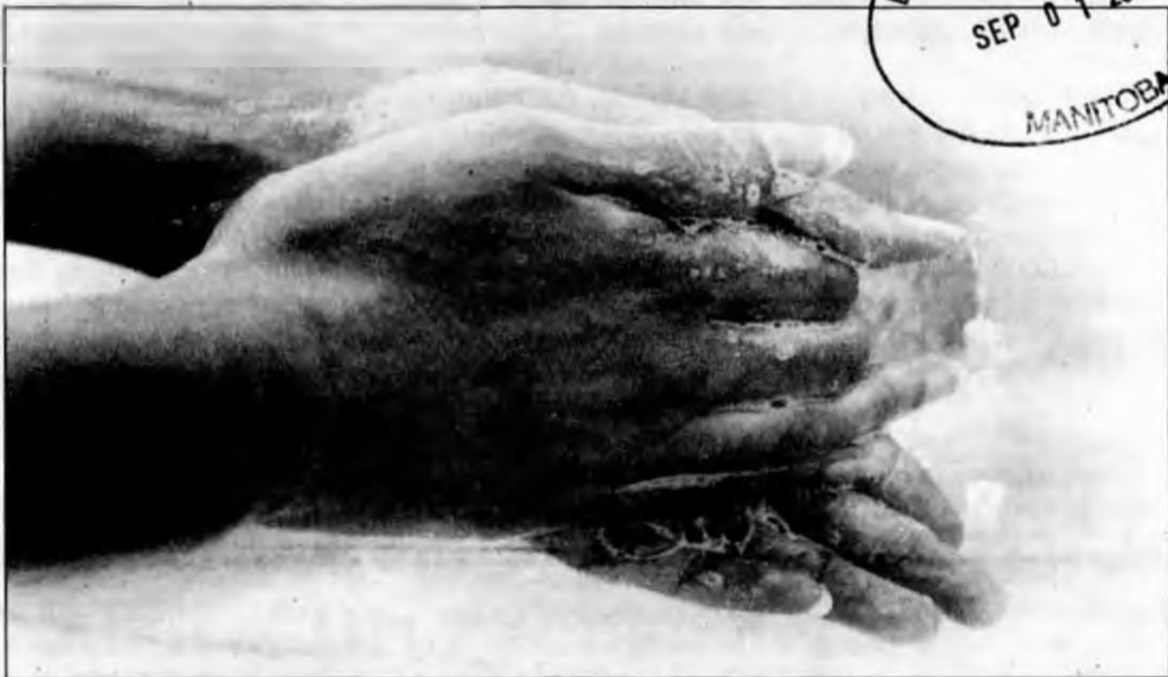
One hapless berry picker got a little more exercise and adrenalin than she bargained for. I know we all have a "bear story or two" but this one really caught my attention. One morning last week Nellie Danwich was on her way to Winnipeg in the company of her daughters Bonnie Hemsworth and Diana Ateah - Diana was at the wheel of

her van. Just south of Belair they noticed a woman running out of the bush. They slowed down and saw that the woman, berry pail in hand was closely trailed by a large black bear. In this race, the bear was a too close second.

Quick thinking Diana slowed down immediately and pulled as far off the shoulder as she dared then commenced to pound the horn. The bear hesitated and the berry picker (who remains unidentified) was offered shelter in the Ateah van. She declined preferring to hurry back to her car which was a fair distance down the road. Both Nellie and Diana confirm that this bear was angry. As Diana continued to use the horn while the lady rushed back to her car, the bear reared onto his back legs protesting out loud the indignity he or she had endured at missing a healthy meal - the berries not the human.

There were no cubs sighted so it appears the bear was looking for a free lunch compliments of the berry picker.

Continued on page 7



School Division Announces H1N1 Plan

By Charles Norman

The Sunrise School Division Board gave approval for the division's plan for dealing with an anticipated return of the H1N1 swine flu in the fall.

In school, the plan primarily provides for increased cleanliness. Hand washing with an alcohol based cleanser on arrival at school, after breaks and after lunch, are the first line of defence for the students.

The school will maintain a cleansing program to ensure as far as is possible that classroom and corridor surfaces are free of contamination. A program for school bus decontamination will be put into effect.

Students and staff will be told to stay away from school if they develop flu-like symptoms, to limit contact with others, to avoid touching eyes lips or mouth, and to cough or sneeze into a

sleeve, tissue or elbow. Students and staff will also be urged to contact a doctor if they develop a fever, tired aching muscles, a cough or a sore throat.

Much of this information has already been transmitted but the schools will be reinforcing it every day, by action, by example and by posters displayed throughout the schools.

Every effort will be made
Continued on page 6



what's the easiest way to
save up for what you want?

stay tuned...



Powerview RCMP Press Report

August 4th - August 23rd, 2009

2009/08/04
RM ALEXANDER - Culprits vandalized a front end loader parked at a local gravel pit. Windows were smashed out of the unit at the site.

HILLSIDE BEACH - Patrols for several youth on bikes were made by police due to complaints that the group were at the trailer park harassing residents. Complaints of youth throwing rocks at vehicles at another location was also reported to police. The suspects in both incidents were not located at this time but no further complaints were received.

FORT ALEXANDER - a male has been charged with 2 counts of spousal assault of a female. Investigation continues.

male and remanded him into custody to Provincial Remand Center. The man was charged with assault of a female and a youth. Police continue to investigate.

2009/08/05
BLACK RIVER - police arrested a male and female for reciprocal spousal assault. Both were released on promises to appear in Powerview Court at a later date and placed on no contact conditions.

RM VICTORIA BEACH - a complaint of shots fired was made to police. Further investigation found that fireworks had been in progress at the time of the complaint.

MANIGOTAGAN - an attempted theft of a firearm from a vehicle was interrupted and then reported to police. The homeowner located the rifle nearby. A

male in his early 20's was observed near the residence at the time but no further suspects were identified.

2009/08/06
BLACK RIVER - police received a report of a male in breach of court conditions to have no contact with his ex spouse. The man was charged accordingly and the couple advised to contact the courts to have the order varied or lifted to allow visitation by the man.

- investigations continue into a theft of funds from a senior.

TRAVERSE BAY - approximately \$ 1,800.00 of building supplies were stolen from a cottage residence. Investigation continues.

HOLLOW WATER - an incident of threats being uttered was dealt with informally. 2 youth and parents were spoken to by police accordingly. The complainant requested no further charges in the isolated incident.

2009/08/07
BLACK RIVER - Intervention into a custody matter was made by police. The couple were referred to legal council to obtain set visitation and arrangements for the children of the pair.

RM ALEXANDER - an attempted theft of a vehicle resulted in a smashed window and damaged steering column. Police retrieved no evidence from the scene to warrant charges.

- Police attended a residence to arrest a male but upon arrival found the man to be uncooperative. The man then became belligerent

resisting arrest. He was finally apprehended, charged accordingly and transported to the Provincial Remand Center.

2009/08/08
MANIGOTAGAN - investigations continue in to an alleged assault between a male and female.

BLACK RIVER - a complaint of a male possibly involved in an assault requiring medical attention was made to police. Further investigation found injury self inflicted and no assault had occurred. The man was treated and released from local hospital the following day.

- a complaint of harassing phone calls was dealt with informally and no charges laid in the matter. A male youth was spoken to and a parent notified accordingly.

WALLACE LAKE - investigation continues into the break and enter at a Biological Station.

TRAVERSE BAY - complaints of shots being fired were the result of firecrackers being shot off by a youth. The youth was spoken to by police accordingly.

2009/08/09
HOLLOW WATER - a complaint of an aggressive dog in the area that bit a youth was referred to the local band constables. Medical attention was obtained and the injury not life threatening in the incident. The complainant was advised accordingly to contact the local chief and council regarding animal control problems as well.

FORT ALEXANDER - a male has been charged with

uttering threats to harm an ex spouse. He was released on a promise to appear in Powerview Court at a later date with no contact conditions in effect.

2009/08/10
HOLLOW WATER - Investigation by police found an injury to a female had been accidental and not the result of an assault.

POWERVIEW - 2 males were apprehended in a stolen vehicle by police. Both were charged accordingly as the investigation continues.

FORT ALEXANDER - Police continue to investigate a consensual fight where injury was sustained.

2009/08/11
HOLLOW WATER - police spoke to a complainant in reference to the division of common law property. The woman was advised to contact legal council and that the pair were in a common law relationship and as such are co owners of said property. No further action was taken by police.

2009/08/12
POWERVIEW - Police attended a residence on a call of a possible domestic altercation. Upon arrival the situation had stabilized and no evidence to indicate anything other than a verbal dispute had occurred.

HOLLOW WATER - investigations continue into a possible breach of court con-

ditions by a male. The man is to have no contact with a female who may have been visiting in the area.

2009/08/13
POWERVIEW - an incident at a residence involved a male pulling out a weapon after a verbal argument with another guest. No one was injured in the matter. Alcohol was involved. Investigation continues.

FORT ALEXANDER - Police apprehended an intoxicated male who had laid down in a driveway of a residence. Further investigation found the male to be in breach of court conditions. The man was lodged in cells until sober for his own safety and charged accordingly.

2009/08/14
MANIGOTAGAN - An Off Road Vehicle(Quad) accident left 2 females a youth and

adult injured in the incident. Both were further transported to Winnipeg Health Sciences Center. The female adult remains in hospital at this time. Police continue to investigate.

FORT ALEXANDER - Police intervened in a family dispute and removed a male from the residence for the evening. The man was lodged to prevent a further breach and released in the morning. At the request of the complainant no charges were laid.

HILLSIDE BEACH - vandalism and mischief occurred at a cottage residence. Culprits syphoned gas from a boat, stole gas from a jerry can and were utilizing a fire pit on the property.

2009/08/15
TRAVERSE BAY - an attempted theft of an ATV

News/Letters

RCMP Report

Continued from page 2

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2009/08/15
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was reported to police. Culprits pushed the unit down the driveway but were unsuccessful. No damage was incurred to the unit.

HOLLOW WATER - a female has been charged with dangerous operation of an Off Road Vehicle, impaired and assault peace officer. The incident occurred when the local constable attempted to stop a female and male from driving erratically on the main road in the community. The quad was seized and towed to local compound. Investigations continue.

FORT ALEXANDER - an ongoing verbal dispute between a couple resulted in several calls to police. Cause of the dispute was a custody and care issue of children.

Prior to police presence a male finally left the residence and further patrols could not locate the man. No physical violence occurred, the situation had stabilized and alcohol was a factor in the incident.

- an attempted theft of a truck resulted in some damage to the unit. Police have no suspects in the incident.

- investigation continues into the theft of a vehicle. The new owner was not able to find the vehicle at the specified location after purchase.

RCMP Report

charged for unauthorized possession and lodged in cells until sober.

2009/08/16
TRAVERSE BAY - vandalism again occurred to a piece of heavy equipment at local gravel pit. A windshield was damaged in this incident.

SEYMOURVILLE - investigations continue by police into an act of mischief. The incident occurred over a former relationship between a couple resulting in a vehicle being damaged.

FORT ALEXANDER - while at a residence to remove an unwanted male guest police located a man in breach of court conditions.

Continued on page 6

LETTERS: Liberal Candidate Abuses His Position as MKO Grand Chief



Wally Daudrich

Liberal Candidate Sydney Garrioch while attending the Treaty Days event in Garden Hill last week, abused his office of Grand Chief for the MKO by promoting his federal campaign for the Liberal party. While delivering a speech in his capacity of Grand Chief Mr. Garrioch openly praised the Liberal party and attacked the government.

Mr. Garrioch should not be promoting his federal campaign as Liberal Candidate with the privileges of MKO. MKO is an organization meant to help First Nation

communities some of which are impoverished. Garrioch clearly believes that his Liberal campaign is more important than the real needs of MKO.

Sydney Garrioch must immediately resign his position as Grand Chief, and publicly apologize for abusing the privileges of this important institution. Any funds that were incurred by MKO for this event should be paid back by the Liberal party.

The government's Aboriginal Caucus Chair Rod Bruinooge, who is originally from the Churchill riding, also was disappointed in Garrioch's behaviour. He too believes that Mr. Garrioch is in a clear conflict of interest. And he is very disappointing to see him using the office of MKO Grand Chief for Liberal partisan activities. Mr. Bruinooge also agrees that he should resign his MKO post immediately.

Wally Daudrich, Conservative Candidate for Churchill Riding

4P Jamboree

Friday, September 04, 2009

Looking for Home Grown Talent

The Jamboree will be held in the Big Tent at the Powerview School Grounds and a sound system will be provided. The music will start at 5:00pm along with the Chamber of Commerce Fish Fry. There will be open mic from 5-9:00pm and Karaoke with Kristen from 9-1:00am. This is your opportunity to show your community what you can do. Anyone who is interested in performing from 5:00pm-9:00pm please contact Bev @ 367-8064 or bdube@mts.net to pre register.

4P Friday Family Fishing Derby

Friday, September 04, 2009

St Georges Dock -10 to 2:00pm
 Register at 9:00am - \$20.00 Entry per Boat
 Lunch and Prizes

NEW EVENT Amazing 4P Race Walking Historical Adventure

Saturday, September 05, 2009

Register at 2:00pm at the Big Tent, Powerview School Grounds
 \$20.00 Entry - Team of Two
 50/50 Cash Prizes

4P Parade

Sunday September 6, 2009

NEW: \$1,000.00 in Participation Prizes

Children's Decorated bikes - \$100.00 Random Draw
 Floats and Other Entries - \$400,\$300 and \$200 Random Draws
 Not Eligible for Draws - Political and Paid Entrants
 Assembling at 11:00am @ Pirie Falls Pool

To register please contact Terri Papineau at 367-4238 or 2040@mts.net

Thursday Bud, Spud & Rib Night \$8.99	Friday Bud, Spud & Steak Night \$8.99	Saturday Bud, Spud & Steak Night \$8.99
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HAPPY HOUR Every Weekend 4:30-6:00pm

NITE Papertown Motel Inn

YOU CAN PROTECT YOURSELF FROM WEST NILE VIRUS

DON'T BE A TARGET

WHAT ARE THE SYMPTOMS?

- A severe case of West Nile virus (WNV) can be life-threatening and may result in long-term disability.
- Some people develop an illness with symptoms such as fever, headache, fatigue, body aches and rash.
- Most people infected with WNV have no symptoms and do not become ill.

WHO IS AT RISK?

- In southern Manitoba, anyone can be exposed to an infected *Culex tarsalis* mosquito during the summer months.
- Severe illness most often occurs among older adults or people with chronic health conditions or weakened immune systems. However, severe illness has occurred in all age groups.

WHEN IS THE RISK HIGHEST?

- The risk of WNV infection is highest during late June, July, August and early September.
- The risk varies from year to year based on temperature, precipitation, mosquito population and other factors.

HOW DO I PROTECT AGAINST WNV?

- Reduce the time you spend outside between dusk and dawn.
- Apply an appropriate mosquito repellent.
- Wear light-coloured, loose-fitting, long-sleeved clothing.
- Get rid of standing water around your home.
- Make sure your door and window screens fit tightly and are free of holes.

For more information about West Nile virus (WNV), including information about risk, visit our website at manitoba.ca. For WNV health concerns, contact your doctor or call Health Links-Info Santé at 788-8200 (in Winnipeg); toll-free 1-888-315-9257.

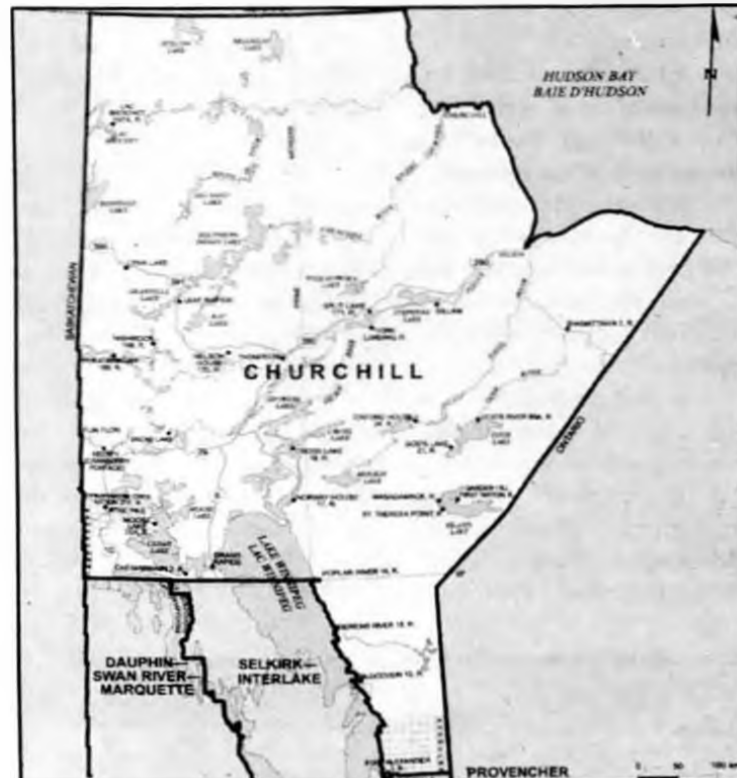
"Chronic fatigue and bouts of depression - all from the bite of a mosquito. Please take the time to protect yourself and those you love."

"Mosquitoes infected with West Nile virus can bite anyone - and that anyone could be you. Take precautions to cut down the risk."

Manitoba

Comment

Churchill Could Turn Out to be an Interesting Contest



Churchill has the distinction of being the largest riding in area with the smallest population in Canada.

By Charles Norman

Churchill is a huge riding. In terms of area it is almost all of Manitoba. It takes in all of Manitoba north of Poplar River, and everything south of there on the east side of the lake to Sagkeeng. But its population is only 75,000. It is the largest federal riding in area and the smallest in population.

In the 2008 election only 18,528 voted. Niki Ashton for the NDP got 8,735 votes (47%). The incumbent, Tina Keeper for the Liberal Party got 5,313 votes (29%) and Tory Wally Daudrich picked up 3,774 votes (20%). The last time the riding had a Conservative representative was in 1974. Since then, with two minor liberal interruptions, it has been NDP. It has been more than a generation since the Tories won the huge federal constituency of Churchill but the present Tory challenger Wally

Daudrich doesn't seem keen to wear the badge of also-ran this time out.

In the run-up to the last election NDP candidate Niki Ashton spent a great deal of time touring the riding with her cabinet minister father, Steve Aston. It probably helped her beat Tina Keeper but Keeper did not have the advantage of fighting a split NDP vote this time. (The previous incumbent Bev Desjarlais lost the nomination to Niki Ashton because of her opposition to gay marriage). Keeper also had the awful handicap of having Stephan Dion as a leader. Wally Daudrich fought that election for the Tories but picked up less than half of the votes of the winning candidate.

Wally Daudrich is carrying the Tory banner again. No election has been announced but he is already making himself look like a serious contender. While he

only received 20% of the vote last year, he was only 5,000 votes behind the winner. From that perspective it does not look like an insurmountable obstacle. He is in there fighting hard.

But it is a huge riding, and it is shaping up to be a hotly contested one. Niki Ashton is the incumbent, and as such, has the advantage of recognition. She is the local Member of Parliament and has been able to visit many parts of her riding. As an NDP MP she can expect a large share of the substantial union vote in Thompson.

The Liberal candidate this time around is Sydney Garrioch, Grand Chief of the MKO (Manitoba Keewatinow Okimakanak), a federally-funded lobby group for Northern Manitoba First Nations. Daudrich is making

hay out of what he perceives to be a conflict of interest in the way Garrioch is using the advantage of his position to further his electoral hopes. He appears to be using his position to travel through the riding as Grand Chief at government expense but using the opportunity to make anti-government speeches whenever he can. Daudrich is crying foul, (see letter on page 3). As a result, Daudrich has generated a significant stir in Winnipeg media regarding this issue; including a news item from Mia Robson on August 20 and an Opinion piece by Dan Lett on August 22 - both in the Winnipeg Free Press.

Wally Daudrich is undoubtedly the underdog in this contest, but he is getting good press coverage and fighting like he wants the win. Whenever the next election is, this riding will be one to watch.

Report From the Legislature



By Gerald Hawranik, MLA for Lac du Bonnet, House Leader and the Critic for Advanced Education

Harmonized Sales Tax (HST)

Over the past week we have been hearing a great deal about the Harmonized Sales Tax (HST) and the fact that the NDP in Manitoba is considering combining our Provincial Sales Tax (PST) with the existing Goods and Services Tax (GST). If the NDP decide to harmonize these sales taxes, rest assured that you, the Manitoba taxpayer will be paying more taxes. The GST applies to a wider range of goods and services, so with the HST you will be paying more for gasoline and groceries, and for new homes. The increased revenue from the HST will result in an additional \$400 Million as a minimum to the Province - all taken out of your pocket, the pocket of the Manitoba taxpayer. Even your Hydro bill will go up as a result of the HST. Currently if your primary source of heat for your home is from electricity, then you are charged a reduced rate of 1.5% for PST on the Hydro bill, and 5% GST on that same bill for a total of 6.5%. With a Harmonized Sales Tax, you will be charged 12%, nearly double your current taxes on that same Hydro bill. Since most rural Manitobans heat their homes with electricity, it follows that harmonization will likely affect rural

Manitobans the most - another tax on rural Manitobans! In 1999, during the Provincial election campaign, Gary Doer proudly proclaimed that "he was not elected to raise taxes". In the meantime we have seen the scope of the Provincial Sales Tax increase dramatically. You now pay PST on electrical and mechanical contracts, on legal fees, on accounting fees, on engineering fees and on architectural fees, but to name a few. A new HST will now be applied to Real Estate fees. In the meantime, we have seen Pharmacare deductibles rise by 5% per year nearly every year since Gary Doer was elected, and now the chronically ill, and most of whom are on fixed incomes, pay dramatically more for their prescription drugs than ever before. These are just but a few examples of increased taxes which you as Manitobans have been forced to pay by the NDP.

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



Comment



MP Report
Niki Ashton,
MP Churchill

Focussing On the Unique Needs of All Our Communities

Each and every one of our communities in Northern Manitoba is unique. We need to make sure we focus in on the unique needs of each community.

This was the message I gave to the 39th annual Annual General Meeting of the Northern Association of Community Councils.

The NACC brings together the many Northern Affairs communities in the province

The mission statement of the NACC sums up its role. It aims to be a "meaningful and effective advocacy group". It aims to "improve the quality of life in Northern Association Communities by having positive, proactive meetings with Ministers and Cabinet on issues affecting our communities and to inform and involve community councils and residents in our progress."

The NACC recognizes the unique nature of its communities when it states "We believe that all communities are unique and that their needs and interests should be recognized." That is exactly what I have been consistently saying as MP.

As MP for Churchill I am proud to represent many Northern Affairs communities.

In the Eastern region I represent Berens River, Bissett, Island Lake, Little Grand Rapids, Manigotagan, Red Sucker Lake and Seymourville. In the Northern region I represent Brochet, Cormorant, Cross Lake, Easterville, God's Lake Narrows, Grand Rapids, Granville Lake, Herb Lake Landing, Ilford, Moose Lake, Nelson House, Norway House, Oxford House, Pik-witonei, Sherridon, South Indian Lake, Thicket Portage, and Wabowden.

Concerns in the commu-

nities range from health care and education to transportation and infrastructure. Although there are many common themes there are differences. In terms of transportation some communities have road access while others have only train or air service.

The NACC has played a major role in lobbying for improvements in the Northern Affairs communities. The announcement of significant funding for infrastructure in several Northern Affairs communities under the Federal Provincial program is a clear example of the difference the NACC is making on many of these concerns.

The NACC has also been a key player in the development of the Northern Healthy Foods Initiative. The main objective of the project is to increase healthy living, promote diabetes awareness and increase community involvement. Under the initiative many community gardens have been established in order to increase accessibility to healthy foods, increase physical activity and involvement within the community. The main role of NACC is to readily provide and obtain resources according to the needs voiced by the communities.

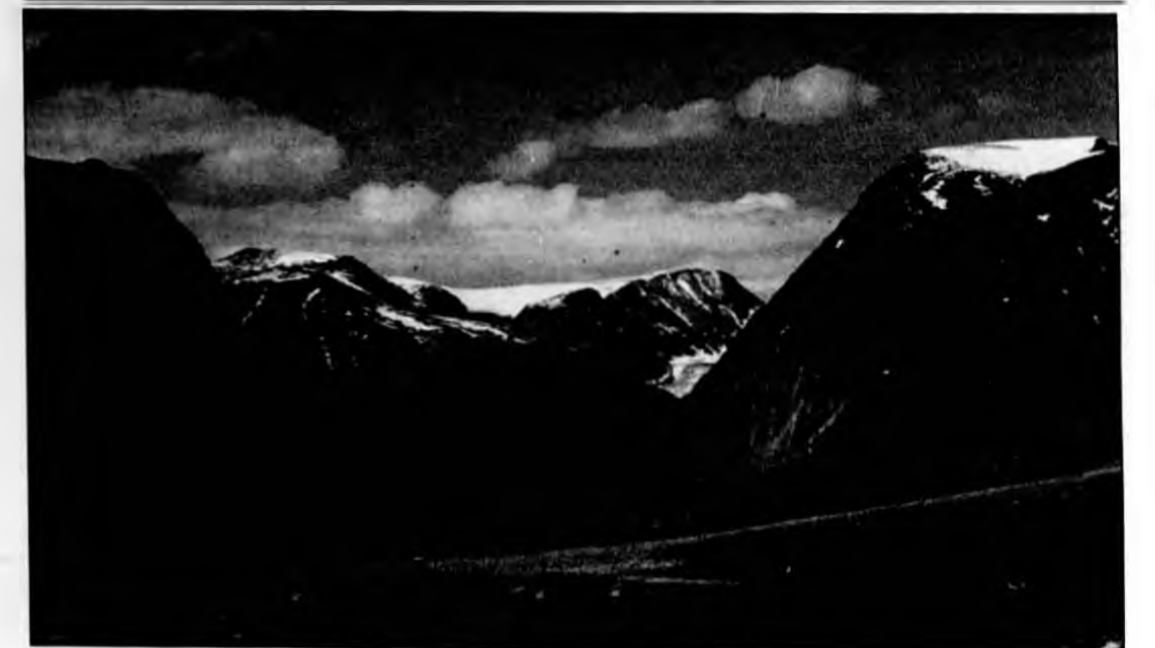
I have worked closely with NACC President Reg Meade and NACC communities on many Northern issues. As MP I will be continuing to fight for the kind of facilities and services our Northern communities deserve.



Reg Meade, NACC President

On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board



Southern entrance to Auyuittuq National Park; mouth of Weasel River and Mount Overlord (Pangnirtung Fiord). Photo taken by Ansgar Walk

Real Results for Canada's North

In many ways, the North exemplifies those characteristics most strongly associated with Canada: strength, resilience and endless potential. Each time I have the opportunity to travel up North, I am amazed by the abundant natural resources and the resourcefulness of Northerners themselves.

During my most recent trip, I was pleased to travel to Iqaluit to take part in Cabinet meetings with the Prime Minister and my cabinet colleagues.

Our Government also made a series of announcements, recognizing the tremendous opportunities and challenges, to help ensure the North realizes its true potential as a healthy, prosperous and secure region.

As part of Canada's Economic Action Plan, our government is creating the Canadian Northern Economic Development Agency (CanNor). This agency will help Northerners to work with companies and organizations wishing to do business in the North, creating jobs and boosting local economies.

We also announced the construction of a new small craft harbour in Pangnirtung,

Nunavut, one of dozens of harbour restoration and construction projects contained within Canada's Economic Action Plan. Work on Pangnirtung's harbour will create local jobs right away, and when completed, this harbour will give fishermen in the region a modern and reliable base of operations for years to come.

Major road reconstruction and rehabilitation projects throughout the Northwest Territories will be underway soon thanks to a major investment by our federal government.

Northern job-seekers will be receiving additional help as a result of new labour market agreements signed between the Government of Canada and the governments of Nunavut, Northwest Territories and Yukon, and, a major Yukon power plant will double its production of clean energy thanks to a new job-creating investment.

These are all important investments that create both short-term impacts and lasting change for the better.

And when it comes to the North, one of our highest priorities is protecting Canada's sovereignty. The previous Liberal government neglected this, starving our Canadian Forces and virtually ignoring economic devel-

opment in our North.

A strong, secure and prosperous North is essential to Canada's future. While in the North, the Prime Minister was able to visit with our brave men and women in uniform as our Canadian Rangers and Canadian Forces carried out a military training exercise. The operation included an anti-submarine warfare exercise, and numerous ships, aircraft and military vehicles from the Army, Navy, and Air Force. This show of strength and determination to guard our land and water is a wake-up call to those who doubt Canada's ability to secure our border.

Our Government continues to make the North a top priority, placing it higher on the policy agenda than it has been in many decades. We are delivering real action to bring lasting prosperity and security to the region.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact my office toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8-227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net

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The Echo is an independent weekly newspaper published on Wednesdays in Pine Falls, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Wednesday's publication.

News

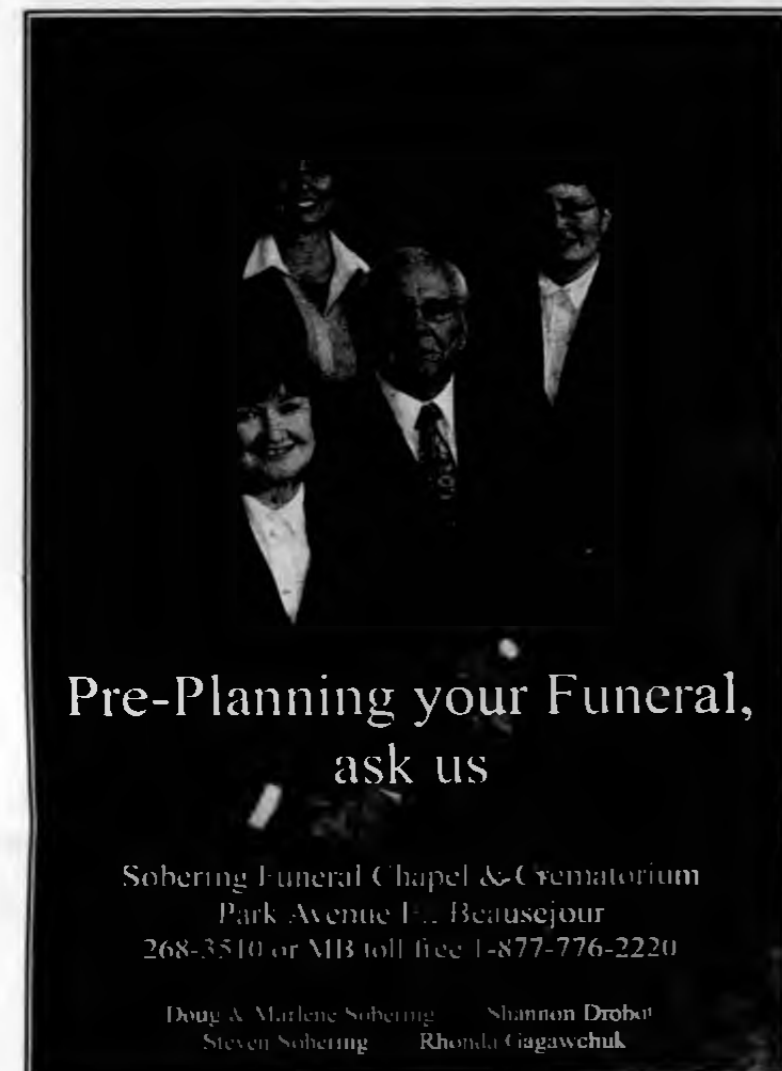
H1N1 Cont. from p. 1

to get information to parents, students, and staff, either directly, by circulars or via the web. Approximately 80% of Sunrise students are on the internet, but this varies considerably by location.

The division will be working with the Department

of Education and with health professionals at NEHA. Absences and reasons for them will be sent to the Department of Education to enable the department to monitor the progress of any epidemic.

The plan will be operational as long as the emergency continues.



Pre-Planning your Funeral, ask us

Sobering Funeral Chapel & Crematorium
Park Avenue E., Beausejour
268-3510 or MIB toll free 1-877-776-2220

Doug & Marlene Sobering Shannon Drobtz
Steven Sobering Rhonda Gagawchuk

Wings of Power Junior Kindergarten and the Pine Falls Pre-School have merged together to create...

Little Wings Pre-School

New location will be in the Powerview School
Classes begin, Monday, September 14, 2009

From August 28th to August 31st
at Powerview (Upstairs)

WE ARE OFFERING 3 DIFFERENT PROGRAMS

- 2 year old program - Tuesday & Thursday morning
- 3 year old program - Monday, Wednesday, Friday mornings
- 4 year old program - Monday thru Thursday afternoons

Morning classes are from 9:00am to 12:00pm.
Afternoon classes are from 12:30pm to 3:30pm.

A warm safe place for children to develop socially, emotionally, cognitively and physically.

The main focus for the 2 and 3 year olds is to develop socially with their peers, while the 4 year olds are taught school readiness skills in preparation for Kindergarten.

Move it or Lose it!

By Laura Tuttle

While travelling north not far from Lake Winnipeg, you will have subconsciously noticed the number of business signs which boarder the far side of the ditches and beckon your business as you near the Beaches. Most of these road signs have stood in the same spot for years and have put many customers at the door of the advertiser. No doubt you remember the "Idle Thyme and Plum Creek" or the "Stead Ranch" signs which are the mainstay advertising of these small businesses. They sat just sprinkled along

the hill close to the Winnipeg Supply quarry near the Gull Lake turnoff. Except, now these two signs and their neighbouring advertisers are no longer there. A decree from the Department of Highways has banned their existence.

It seems all the businesses affected had been contacted and told they would have to move their signs or be charged \$600 to reclaim it. Cheryl West of Idle Thyme received an e-mail telling her to move her sign before the end of June. West says, "July is just when we [business owners] start to make money again and to have our sign re-

moved seemed just ludicrous. I went to our counsellor for the R.M. of Alexander and asked him to look at the notice. It just didn't make any sense to me." West says the counsellor was helpful but after checking with the Department of Highways office in Beausejour he said, "Cheryl just take down the sign". She opted to move it rather than pay the \$600.

So far, only signs between Scantebury and Stead turn-off have been removed and representatives from the Province of Manitoba, Highways Department were not available for comment with regard to further confiscations.

RCMP Report

Continued from page 3

The man was arrested, charged accordingly and released on a promise to appear in Powerview court at a later date.

2009/08/17
BISSETT - an altercation at a local business resulted in a female being spoken to by police. The complainant was advised and requested no further action.

POWVIEW - Police assisted child and family services at a residence. Officers were present to keep the peace and prevent any further breach from occurring.

FORT ALEXANDER - an attempted break in to the health center was averted due to the quick action of the public. Officers were called out when suspicious activities were seen after hours, patrols were made however the suspicious persons had fled the area.

PINE FALLS - investigations continue into aq complaint of harassment. The incident was a result of an ongoing incident regarding property division.

2009/08/18

PINE FALLS - Police continue to investigate an incident regarding an assault of a youth.

TRAVERSE BAY - An incident of shoplifting was reported to police. Possible suspects were identified however police were unable to conclude they were responsible.

FORT ALEXANDER - 2 youth were returned to their foster home after being taken from the residence by a parent illegally. The youth were located at a relatives nearby. A female was warned by police and no further action was requested by the complainants in the incident.

ST GEORGES - a Honda TRX 680 was stolen from a property sometime during the previous 2 week period.
2009/08/19

FORT ALEXANDER - culprits vandalized the Catholic Church and smashed a window with rocks.

RM ALEXANDER - a single vehicle accident resulted in no injuries. Alcohol was involved in the

incident. A male has been charged with impaired driving. Investigation continues
2009/08/20

PINE FALLS - a break enter and theft at the Golf Course resulted in numerous items stolen or damaged. Investigations continue.

POWVIEW - police patrolled fro 2 suspicious vehicles. 1 for dangerous driving the other a possible domestic situation. Both vehicles matching the descriptions provided were not located. No further call backs were received on either vehicle.

SUMMARY: August 17th - August 23rd, 2009

- Police also attended to:
- 7 Alarms
 - 4 Assistance to other Police Agencies/Service of Documents
 - 3 Common Offence Notices (HTA/Liquor)
 - 1 Impaired Driving/Refusal of Breathalyzer
 - 1 Intoxicated Persons Detention Act/Disturb Peace
 - 2 Mental Health Act/Transport
 - 2 Noise/By Complaints Law
 - 2 Theft Under/Lost (Prescription Medication)
 - 8 Traffic Accident Reports/Mischief to Vehicles

Remember if you have any information on any criminal matter you can remain anonymous and contact crime stoppers at 1-800-782-8477 or the Powerview RCMP at 367-8728.



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Beaches



Bob Cherlet snapped this shot of some bears in the East Beaches area a couple of years back.

Bear Scare

Continued from page 1

Nellie says "my heart still pounds when I think how close this woman came to being attacked by the bear". This story may very well have had a more tragic ending but for Ateah's good judgement. There are three lessons in this episode. First, carry a bell or noise maker when in bear country. The bears are offended by the noise and will likely take off. Second, don't pick berries alone or you are truly at the mercy of the bears. Last, when you are in bear country with a pair of berries - drop your berries! Those blueberries likely taste better than you will should you loose the race between you and a hungry bear.

mayed to learn that Dee had a serious fall at home early this July. This mishap put her back in hospital for the second summer in a row. The good news is that she has been transferred to Pine Falls hospital where she is in recovery mode. She says, "the staff here have been really good to me and I am well looked after". Dee looks surprisingly well given the circumstances of her

ordeal. Her color is great, her cheeks have a healthy blush and her hair is as beautiful as always (thanks to Rita Wittig who made a special visit). What I admired was the hint of the original twinkle in her eye as she told me some of her stories. She is optimistic about the physiotherapy she is receiving and said it has been a huge boost both to her health and to her esteem. The excellent nurse attending her bedside told me that the walking cane that has helped Dee to go beyond her bed is something brand new on the market and was recently provided to the hospital especially for Dee to use.

The day I visited, Dee had just got back to her room after strolling through the halls with the help of the therapist and her special cane. Apparently this is a novelty and Dee was very pleased. She told me they won't leave the cane in her room just in case she tries to take off on her own. She makes only a tiny mound under the blankets but she

says "I'm eating well and everyone is trying to fatten me up". One of her friends told her they had heard that they shouldn't come without cookies. Dee says "I don't know about that but I am grateful for all the company. It doesn't really tire me out; in fact at the end of the day, it helps me to relax." Both Dee and Frank are really missing her presence at the Lake but Dee and I agree that with such a dismal summer-weather wise - things could be worse! She is an inspiration.

Tidbits...

Fall feels like it is here though there are still a few weeks to go before the solstice. With autumn comes good food. You can get your

tickets for the Grand Marais Recreation Association Fall Supper a 4 p.m. or 6 p.m. sitting on October 3rd. Call Jean Valentine at 754-3989 or pick them up at Doris' Store, The Village Store, The Sandbar Motor Inn or the Grand Beach Central Gas Station. For Crib players there is a Crib Tourney at 1 p.m. which precedes the dinner. The event sell out quickly.

Keep your heads up for a soon to be announced sod turning and ribbon cutting event that will introduce the new Destination Grand Marais Heritage Centre and the pending debut of the East Beaches Regional Community Complex. This will take place in early September - The Echo will have the entire story.

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Little Wings Pre-School

Annual General Meeting
will be held on
Wednesday, September 2nd, 2009
at 7:00 pm
at the Wings of Power Building



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Sports/Community



Andrew Bonekamp
Pine Falls GC Club Championship Aug. 17 & 18

Young Blood Wins Club Championship

It's been an eventful golf summer for young Andrew Bonekamp. He recently scored a "hole in one" out at Grand Pines Golf Club and this week he won the local golf club's Men's Championship. In this year's Northeastern Men's Open, he was awarded a prize for the longest drive in the morning draw and followed the leader of the tournament by only four strokes.

He was definitely not a pretournament favourite. He hits the ball a mile, but doesn't always score great. He put it all together in this event though.

Andrew was playing behind defending champ Doug Hanson and Kelly Sharpe who finished tied with two day totals of 150. With two holes left to play, all he needed to do was par in to win by one shot. Unfortunately

he bogeyed, but on hole #18 he nearly drove the green, chipped close and dropped his pull to win by one.

Kelly Sharpe had some consolation. He became the new Senior Champ over defending Gene Lazaruk. Albert Garand is the new Super Senior Champ edging out Fritz Kemball and Glenn Hibbert. First flight winner was Lawrence Abraham and winner of the second flight was Craig Schmidt.

Please come golfing and attend the mixed fun night this Sunday, Aug. 30 at the Pine Falls Golf Club. It is only \$11 entry for 9 holes - includes meal and bring a white elephant prize, (\$10 to \$15). Call the Pro Shop for details.

Also the Billy Roy Memorial Junior Tournament is Wednesday, September 2, 2009. Call the Pro shop for more info.



Bonnie Borlais (left) was the Ladies' Club Champion



Senior Men's club champ, Kelly Sharpe



Lining up for competition.

Sagkeeng Competes at 2009 National Fire Fighters Competition in Listuguj Mi'gmaq First Nation, Que

After placing first in the regional fire fighter's competition, Team Sagkeeng represented Manitoba at the National Fire Fighter's competition held in Listuguj Mi'gmaq First Nation, Quebec August 22, 2009. There were a total of eight (8) teams that competed for the national crown and team members from Manitoba consisted of: Team Captain Michael Fontaine, Sean Roche, Evan Courchene, Tyler Canard, Adam Bruyere and Christian Edwards. Other teams that represented their respective provinces include: Teams Quebec, B.C., Alberta, Saskatchewan, Ontario, Atlantic, and Nunavut. "It was a really great experience for us to be out there with the best of Canada" said Edwards. "We had a great time, met a lot of people and got to be a part of something very special."

All teams were treated with great respect and Listuguj did a great job organizing this event. During the competition, the Listuguj Fire Department received a fire dispatch. Nobody was hurt nor were there any damage to any structures and the emcee of the event joked: "I'm sure we have enough fire fighters here to take care of (the emergency) it. Fire fighters were required to compete in five (5) events. These events include: Standard Hose Lay, 38 mm Dual Attack Line, Hose Rolling, Fast Coupling, and the Combination Relay where fire fighters are required to perform a broad range of tasks that are designed to simulate real-life scenarios during an actual house fire.

"This was Nunavut's 3rd year competing and their team comes from different communities in the

Northwest Territories so they don't get that much time to practice together" said Edwards. "Our team bench was right beside theirs so we had the opportunity to learn from their culture and have a few laughs with them too."

The Sagkeeng Fire Department would especially like to thank the Sagkeeng First Nation Chief and Council for their support in helping us bring this event to a reality. A special thanks also goes out to Ronald Guimond for helping along the way. The driving was crazy, but we made it there and back. Meegwetch!

Here were the final results:
1st- Saskatchewan
2nd- Quebec
3rd- Alberta
4th- Nunavut
5th- Manitoba
6th- Ontario
7th- Atlantic
8th- British Columbia



All the teams who competed in the championships. Team Manitoba is in the centre of the picture.

Nature



American Goldfinch

The male American Goldfinch in its summer breeding plumage is unmistakable. No other local bird is a bright canary yellow with a black cap. In Summer the female is a drab olive with a yellow bib on the chest and neck. Both sexes have black wings and tail feathers. A white rump contrasts with the black tail. They are about the size of a house sparrow - about 4.5 inches long.

They moult in spring and fall. After the fall moult both sexes are a buff colour below and olive brown above. The wings are black with white bars and the black tail is etched in white.

Probably because of the complete spring moult American Goldfinches breed late in the year - in August and September.

The nest is built up to 30 feet above the ground in the branches of a bush or tree. They often nest in mini-colonies of two or three pairs. Two or three nesting pairs can usually be on the path to Hillside beach. The female builds the nest with the male often bringing building materials to the nest. Only the female actually builds the nest. She uses plant fibres, catkins and dried grass. The outside is reinforced with bark and spider or caterpillar webs.

Thistledown or other soft material is used as a liner. The inside diameter is about 2.5 inches.

About a week after beginning the nest four to six blue-white eggs are laid. Incubation is by the female who is fed by the male directly into her beak as he would a nestling. The eggs hatch after about 13 days.

The young are covered in a fluffy grey down. For the first week of life the nestlings are quiet but after the first week they become very noisy. They are fed by both parents who regurgitate undigested seed bound together by mucus and place it directly into the mouths of the screeching chicks.

They grow very quickly and are ready to leave the nest after 11 to 15 days. By this time they have the beginning of their olive-yellow juvenile plumage.

We are close to the northern edge of the range of the American Goldfinch. There are no records of them being seen north of Bisset. They prefer open country, along roadsides or river banks and do not favour the boreal forest. They are seed eaters and feed primarily on the seeds of the Canada Thistle, dandelions and sunflowers. (all of these are introduced species). In winter birch tree seeds are a major source of food.

They do not always spend winter in Manitoba. Over a twenty-year period they have been recorded five times in the Christmas bird count in

Pinawa - one year as many as 55 birds being counted. Those that leave move only short distance to the south

is not and endangered species - it is listed as "secure" but numbers have recently begun to be reduced by about 4% per year.

Pete's
224 Grand Ave

Daily Specials August 26th 2009 - September 9th 2009

Wednesday August 26th 2009	Soup & Sandwich of your choice \$ 4.99
Thursday August 27th 2009	Hamburger or Cheeseburger & small Cesar salad \$ 6.99
Friday August 28th 2009	5 Jalapeno cheese poppers \$ 4.99 or 8 breaded shrimp \$ 7.99
Saturday August 29th 2009	Wiener Schnitzel with fries, red cabbage and cucumber salad \$ 9.99
Sunday August 30th 2009	Pizza Madam - Buy any pizza and get a second one for half price
Tuesday September 1st 2009	Chicken Alfredo Fettuccini & small Cesar salad \$ 7.99
Wednesday September 2nd 2009	Sheppard's Pie & tomato salad \$ 7.99
Thursday September 3rd 2009	Burger & Fries all you can eat for \$ 7.99
Friday September 4th 2009	Chicken Wings \$ 8.50/plate, small onion rings \$ 1.00, Nachos \$ 2.00
Saturday September 5th 2009	German sampler platter \$ 9.99
Sunday September 6th 2009	Pizza Madam - Buy any pizza and get a second one for half price
Tuesday September 8th 2009	Hungarian beef stew with tomato salad \$ 8.99
Wednesday September 9th 2009	Chili for all you can eat \$ 7.99

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Community

Health Corner

Ask your Primary Health Care Provider

NEHA Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre; phone: 345-8647; or Email corvis@neha.mb.ca. For more health information, Please, visit the NEHA website: www.neha.mb.ca.

World Alzheimer Day - September 21st

The theme for World Alzheimer's Day, September 21, 2009, is "Diagnosing Dementia: See It Sooner." The materials and activities will focus on the importance of getting a diagnosis and encouraging medical professionals to recognize the signs of the disease in order for people to receive the treatment they need.

The early signs of dementia are very subtle and vague and may not be immediately obvious. Sometimes people fail to recognize that these symptoms indicate that something is wrong. They may mistakenly assume that such behavior is a normal part of the ageing process. Or symptoms may develop gradually and go unnoticed

for a long time. If you have the following symptoms you may need to consult your doctor for a complete examination:

Recent memory loss that affects day to day functions. A person with dementia may forget things more often and not remember them at all. Difficulty performing daily tasks. An individual with dementia might prepare a meal and not only forget to serve it, but also forget that they made it. Problems with language. A person with dementia may forget simple words or substitute inappropriate words, making sentences difficult to understand. Disorientation to time and

place. People with dementia may become lost on their own street, not knowing where they are, or how they got there, or how to get back home. Poor or decreased judgment. Dementia affects a person's memory and concentration and this in return affects their judgment. Many activities such as driving require good judgment and when this ability is affected; the person will be a risk, not only to themselves, but also to others on the road. Problems with abstract thinking. Individuals with dementia may have problems with numbers that may affect balancing a cheque book. Misplacing things. A per-

son with dementia may repeatedly put things in inappropriate places. Changes in mood or behavior. Someone with dementia can have rapid mood swings, from calm, to tears, to anger, for no apparent reason.

Changes in personality. A person with dementia may become confused, suspicious, or withdrawn. Changes may also include apathy, fearfulness or acting out of character. Loss of initiative. An individual with dementia may lose interest in previously enjoyed activities or become very passive and require cues prompting them to become involved.

Remember that many conditions have symptoms similar to dementia, so it is important not to assume that someone has dementia just because some of these symptoms are present. Strokes, depression, alcoholism, infections, hormone disorders, nutritional deficiencies, and brain tumors can all cause symptoms similar to dementia. However, if you have these symptoms and have been diagnosed with dementia, you may have many mixed feelings. It is common to feel angry, depressed, worried, sad, guilty, and alone or frustrat-

ed. It is important to know that you are not alone. You may be able to get help, support, and information from your family, friends, doctor, health and social workers, counselors and the Alzheimer Association.

While there is no cure for Alzheimer's disease or for most other dementia at present, many of the problems associated with dementia such as restlessness and depression can be treated. It may also be possible, especially in the early stages of dementia, to improve someone's memory with medication.

In the past we tended to presume that the person with dementia lost their individuality and personality during the course of their illness. As physical damage occurred to the brain, their value, as a person was assumed to diminish. People with dementia were sometimes not treated as individuals in their own right. An approach to dementia care which recognizes the personal history, character, and individuality of the person with dementia has been shown to have a positive impact on the progress of the disease.

Submitted By: Laura Gmiterek, Source: Health Canada & The Canadian Alzheimer Society

Community

A Faith Perspective:

By Pastor Jake Doell



The Limitations of the Dollar

The dollar is sometimes called the "Almighty buck." Money does have power. It can buy you material things-houses, cars and land. It can buy you fame - Paris Hilton. It can buy you influence as in political campaigns. Yet there are limitations to what money can buy. Here is an article on, "What Money can't buy."

"A bed but not sleep -

Books but not brains

Food but not an appetite - Cosmetics but not beauty

A house but not a home - Medicine but not health

Luxuries but not satisfaction - Entertainment but not happiness

A crucifix but not a Savior - A church pew but not heaven.

The truth is "the buck" is not Almighty. In fact it is quite limited.

A rich young man came to Christ one day and asked Him, "Good teacher, what must I do to inherit eternal life? Jesus answered, "You must not commit adultery; You must not murder; You must not steal; Do not give false testimony and honor your father and mother." The

young man replied, "I've carefully kept all these commandments since I was young." When Jesus heard this He said to him, "You still lack one thing. Sell everything you have and give to the poor and you will have treasure in heaven. Then come follow me." (Luke 18:18-23)

The young man was like so many of us. He did many good things but he still lacked the most important thing in life - a personal relationship with God through Christ. He was rich and his dependence was on his wealth. How do we know that? The Bible tells us that when he heard this he became very sad. There is

nothing wrong with money and wealth in themselves, but money can very easily become a personal "god." Money can not buy you a home in heaven. Only faith in Jesus Christ and His death and resurrection can assure us of heaven. Then you can use your money to help the poor and to support God's work and thereby store up treasure in heaven.

My friend don't depend on something that is as limited as "the buck."

Put your trust in Christ and you will be richer than the richest person on planet earth. You will inherit the riches of God Himself and that is more than what the "buck" can buy.

Real Estate	Real Estate	Real Estate	Real Estate	Real Estate
 MLS #2910159 40 Kinwa Blvd, Victoria Beach - \$119,900 884 sq ft year-round, furnished, just steps to the beach	 MLS #2913966 1 Betty Street, Powerview - PRICE REDUCED - Immaculate 2 storey 4 BR, 1298 sq ft features brick fireplace and hardwoods throughout.	 MLS #2906809 2 Ballyshannon Rd, Belair \$199,900 1950 sq ft, 3BR, screened sunroom, hrd woods and plank wood floors, AT/2 insulated	 MLS # 2904999 32 Laura St, Powerview \$188,900 1140 sq ft home, custom kitchen, patio with hot tub, DT/2 insulated	 MLS #2902624 19 Lynnwood Dr, Traverse Bay \$109,900, Perfect retreat for yr-round relaxation, drilled well, sun-room, BR addition, DT/1, newer guesthouse
 MLS #2903145 18 Johnnys Dr, Belair \$179,900 1450 sq ft yr-round 3 BR with unique yard. Sunroom, newer family room addition	 MLS # 2815569 7 Ateah Dr, Traverse Bay \$75,000 - Furnished 3 BR cottage with path to the beach just steps away. Vendor motivated	 MLS # 2902097 7 Ross St, Powerview \$179,500 1920 sq ft bi-level home, DT/2 insulated & heated with workshop	 MLS #2819235 16 Methuen Bay, Hillside Beach \$134,900 1044 sq ft newly remodelled yr-round. 10 min walk to beach	 MLS #2913588 2 Driftwood Bay, Albert Beach \$202,800 1823 sq ft, 4 BR cottage with impressive veranda, cedar vaulted ceiling
 MLS #2912059 5 Mike Bay, Victoria Beach \$114,900 Well appointed 3 BR, 5 min walk to the beach	 MLS #2915140 10 Reinhold Dr, Lester Beach \$105,900 1024 sq ft 3 BR, Glazed sunroom, deck	 MLS #2914995 38 Berrywood Bay, Hillside Beach, \$139,900. Yr-round 1032 sq ft cottage, DT/2, nicely treed and private	 MLS #2903173 115 Sonora Dr, Albert Beach \$184,900 1464 sq ft, well built 3 BR bungalow. Fenced yard, sandy beach nearby	 MLS #2821151 PRICED REDUCED FOR ONE WEEK ONLY \$44,900 Lot 39 Pelican Harbour - LAKEFRONT for an excellent price, cottage lot development 2 hr drive N of Winnipeg

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RECREATION UPDATES

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SUMMER PROGRAMS

Crafts & Outside Games
A different craft every week in the morning and outside games for the afternoon that can include baseball, soccer, badminton, Bocca ball etc.
Every Monday @ Powerview - Pine Falls
Every Tuesday @ Victoria Beach Sports Field
10 am - 3 pm
Cost: \$3.00 Bring a lunch

Girls Only Day
An amazing fun day for just girls that includes crafts, manicures, make-up, games and popcorn & a movie.
Wednesday July 8 @ Pine Falls School Gym
Thursday July 9 @ Victoria Beach Sports Field
10 am - 4 pm
Cost: \$5.00 Bring a lunch

Mini Olympics
Put your sneakers on and get ready for a super fun challenging day of individual and relay races.
Wednesday July 15 @ Pine Falls School Field
Thursday July 16 @ Victoria Beach Sports Field
10 am - 4 pm
Cost \$5.00 Bring a lunch

Hip Hop & Jazz Dance
Register now for July/August Session, Golden Leisure Centre Tuesday's
Instructor: Alisha Carlson
Kids Program Ages 3-4 \$25.00
Kids Program Ages 5-7 \$25.00
Kids Program Ages 9-11 \$35.00
Adult Program \$35.00
Registration night Monday, June 22nd
At the Pineview Rec Office
For registration & fees contact 367-9142

Softball
Powerview-Pine Fall
Cost: \$10.00 per child for summer
For July & August
• Level 1: Ages 5 & 6
Thursday evening @ 6:30 PM
Industrial Park Diamond, Powerview
• Level 2: Ages 7 & 8
Wednesday evenings @ 6:30 PM
Industrial Park Diamond, Powerview
• Youth ages 9 - 14
Monday evenings @ 7:00 PM
Tasty Treats Diamond, Powerview
Bring your own glove, hat & water. The emphasis is on Fun, Action and a Positive Atmosphere with a gradual introduction to non-stressful competition. To register contact Lori at Pineview Rec Office 367-9142

PHat Camp
Physical Arts Training Camp Programs for children & youth ages 6+
• Victoria Beach: July 27-31 Before July 1 \$100/After July 1 \$125
• Powerview- Pine Falls: August 10-14, Before July 20 \$100/After July 20 \$125

This year's theme is Way of the Young Legends.
Programs include: Phat School Musical, Hip Hop, Music Video, Cheer, Boot Camp, Film Making and more.
• Teen & Adult Workshops
New for this year for Tues & Thurs Evening, Hip Hop Dance @ Victoria Beach Sport Club Before July 1 \$25/After July 1 \$30. Salsa Dance @ Powerview School, Before July 20 \$25/After July 20 \$30.
Camp registration forms available @ Pineview Rec Office 367-9142.

Hop n Bop Program
Ages 3-5
• Victoria Beach: July 27-31 Before July 1 \$30/After July 1 \$40
• Powerview-Pine Falls: August 10-14, Before July 20 \$30/After July 20 \$40
Monday - Friday 10:00AM - 10:45AM
Funky, fun, energetic class ideal for both boys & girls. The class is designed with creative & fun elements teaching kids a better sense of body awareness, coordination, memory and rhythm using a wide range of both popular and world music.
Camp registration forms are available @ Pineview Rec Office 367-9142

Pine Falls Swimming Program
Session 1: July 6-17
Session 2: July 20-31
Session 3: August 3-14
Duck (Parent & Child Program), Sea Turtle, Salamander, Sunfish, Red Cross Levels 1-10
For registration and fees contact Rec Office 367-9142

Female Softball/Fastpitch Squirt (born 1999) PeeWee (born 1997) Bantam (born 1995)
Looking into developing athletes to play in league play in 2010 in Winnipeg and also for the Manitoba Indigenous Summer Games, Manitoba Summer Games and possibly for the 2011 North American Indigenous Games in Wisconsin, USA.
For more info contact Allister Courchene 367-4411 (wk) 367-2885 (hm) allistercourchene@black-river.ca

Exercise Programs
Seniors Exercise
Golden Leisure Club, Pine Falls Every Mon, Wed, Thurs & Fri 10:15 - 10:45

Body Sculpture
Walter Whyte School, Grand Marais
Instructor: Natasha Joy
Classes to resume in September Contact Natasha 756-3868 inatasha@mts.net

Family & Beginners Fitness
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

Strength For Seniors
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September
Total Body Workout
St. Georges School Gym
Instructors: Nick Bonekamp & Paul Roberts
Classes to resume in September

Rise & Shine Fitness Class
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September
Contact Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

Rivers North Fitness Coop
Powerview Arena
\$100.00 membership
\$250.00 annual user fee with membership
\$300.00 annual user fee without membership
For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

Junior Golf Lessons
Pine Falls Golf Course
Every Wednesday
6:00 PM, Free of charge
For more info contact Glen Hiebert 367-8982 or Pine Falls Golf Course 367-8463

Junior Golf Clinic
Grand Pines Golf Course
Wednesdays for month of June
\$10.00 per class. Junior golf clubs available if required

Pine Falls Golf Course
• Ladies Night, Every Wednesday, Tee off 5:30 PM
9 holes, Pre-registration call 367-8463
• Men's Night, Every Thursday Shot Gun at 5:00 PM, 18 Holes
Pre-registration call 367-8463
• Seniors Day, Every Friday Tee off at 9:00 AM, 9 holes
Grand Pines Golf Course
• Ladies Golf Clinic, Every Wednesday in June, 5:30 PM \$10.00 per week
• Kids Golf Free, Every evening starting 6:00 PM, Includes 9 holes, Parental approval for under 12
• Family & Couples Night

FESTIVALS & EVENTS
Vacation Bible School
Notre Dame du Laus (Powerview) Catholic Church
Basement, July 13-17, Cost: \$20.00. Pre-register by June 30th with Michelle Kotak 367-2700 to 367-2753
Cool Kingdom Party Vacation Bible School includes games, Prizes, snack, crafts, faith & lots of fun.

3rd Annual Beaches 1/2 Marathon & 1/4 Marathon
July 25th

Every evening starting 6:00 PM \$10.00 for 9 holes
• Mixed Fun Golf
Every Tuesday evening starting 6:00 PM, 9 Hole Scramble
Prizes every week

SENIORS
Pole Walking
Senior Scene, Victoria Beach
Monday, Wednesday & Friday 9:00 AM. For beginners, intermediate and high speed walkers. Coffee is available after the walk.

GOLDEN LEISURE CLUB
PINE FALLS
For Adults & Seniors 45+
Canasia, Wednesday & Friday's 1:00 PM
Cribbage, Every first Monday of the month, 1:00 PM
Bridge, Every Monday & Thursday, 7:00 PM
Exercise, Every Monday, Wednesday & Friday, 10:15 - 10:45 AM

SENIORS SCENE
VICTORIA BEACH
For Adults & Seniors
Yoga
Every Monday @ 3:00 PM
Advance Line Dancing
Every Tuesday @ 10:00 AM
Cribbage
Every Tuesday @ 7:00 PM
Stained Glass & Ceramics
Every Tuesday @ 9:30 AM
Square Dancing
Every Tuesday @ 3:00 PM
Quilting
Every Tuesday @ 10:00 AM - 3:00 PM,
www.seniorsceneinc.com

Beaches Library
Located in Walter Whyte School 754-4007
Operation Hours
Tuesday 9:00 AM - 12:00 PM
Thursday 4:00 PM - 8:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

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Located in Walter Whyte School 754-4007
Operation Hours
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Saturday 10:00 AM - 2:00 PM
Internet Access Site

Located in Hillside Beach starting at 8:00 AM
For more info contact 756-3868
Email: inatasha@mts.net
Register online:
www.events.runningroom.com

Festival Chateaugay
July 17, 18 & 19, 2009
Weekend celebration of culture, music, food, children's activities, fishing tournament, sand castle building and great family fun.
For more info contact Diane 367-9970

Summer Winds Music Festival
Victoria Beach Sports Field
July 24 & 25, 2009
Music, children's activities, great food & beer gardens.
3rd Annual advance tickets are available.
Visit www.summerwindsmusicfestival.com

Picnic In The Park
Village Green, Pine Falls
Friday, August 7th
Noon - 4:00 PM
Bike Parade & Rodeo, Chronic Disease Prevention, Entertainment, Helmet & Bike Safety, BBQ & more.

PUBLIC LIBRARIES
Bibliothèque Allard Regional Library
St. Georges 367-8443
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00 PM - 8:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

Pine Falls Library
Located in Pine Falls School 367-8983
Closed for July
Internet Access Site

Pine Falls Library
Located in Pine Falls School 367-8983
Closed for July
Internet Access Site

Pine Falls Library
Located in Pine Falls School 367-8983
Closed for July
Internet Access Site

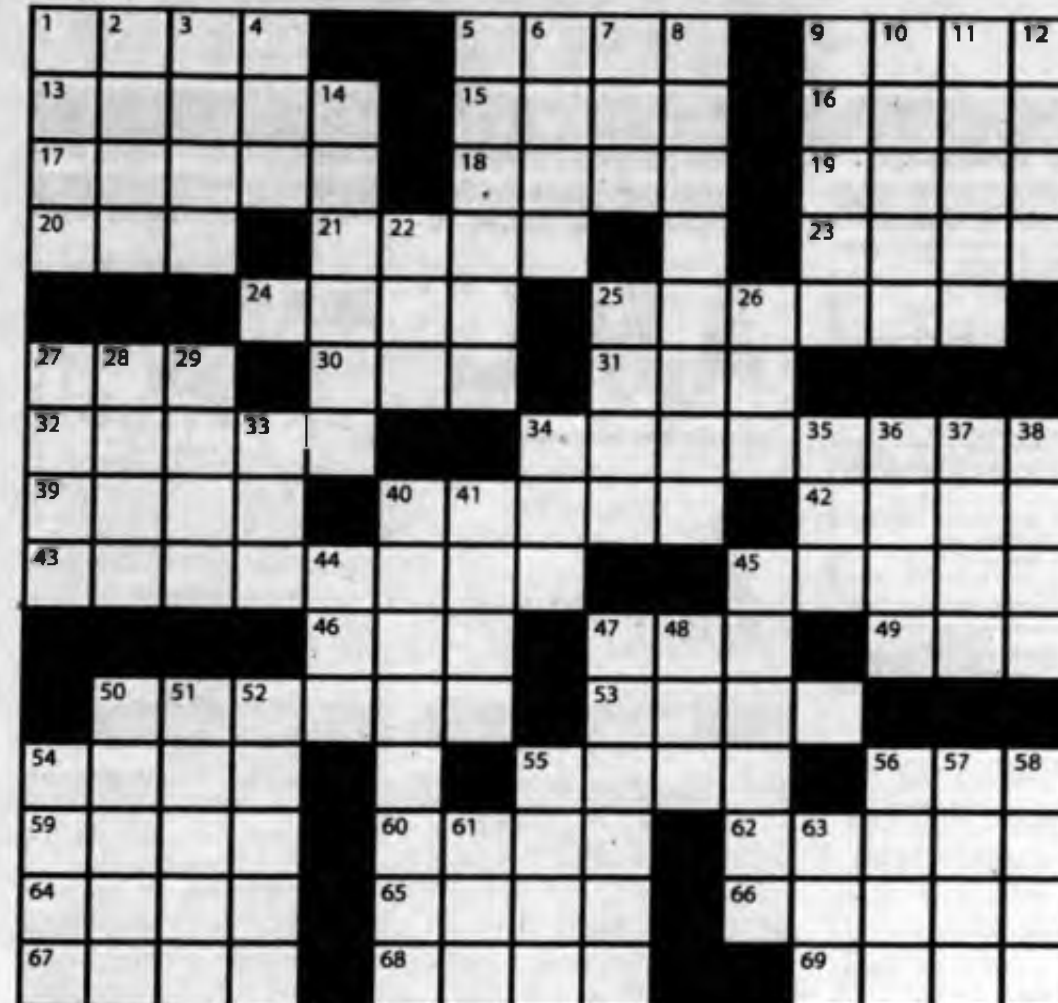
PINE FALLS POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons 1-4 pm Public Swim	8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons 1-4 pm Public Swim	8-9 am Morning Swim & Lap Swim	11 am-8 pm Public Swim	11 am-8 pm Public Swim
9am-1pm Swim Lessons	4-8 pm Water Games	9am-1pm Swim Lessons	4-8 pm Water Games	9am-1pm Swim Lessons		
1-4 pm Public Swim	8-8 pm Adult Swim & Lap Swim	1-4 pm Public Swim	4-8 pm Adult Swim & Lap Swim	1-4 pm Public Swim		
6-8 pm Family Swim		6-8 pm Family Swim	6-8 pm Family Swim	6-8 pm Family Swim		

Pool PRC Summer Memberships
Family \$105 Single \$52.50 Senior \$42.00
Non Member Drop In Fees
Single \$3 Family \$10 (Up to 4 people) 10 Visits \$25

PINEVIEW RECREATION COMMISSION - Lori Vialoux, Rec. Director
Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

Crossword



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- Across
1. Forest growth
 5. Ballyhoo
 9. Carbonized fuel
 13. Be of use
 15. It's a long story
 16. Despise
 17. Musical style
 18. Trudge
 19. Wight, for one
 20. Wrath
 21. Hurt
 23. Prevaricator
 24. Chills and fever
 25. Coarse layered rock
 27. "We've been ___!"
 30. Vase
 31. Self-importance
 32. Wear away
 34. Eternal
 39. Bank claim
 40. ___guided
 42. Matinee
 43. Mathematical curve
 45. Web-footed birds
 46. Male sheep
 47. Come together
 49. An affirmative
 50. Gym wear
 53. Fleur-de-lis
 54. Leveling wedge
 55. Fizzless
 56. Stir-fry pan

59. Prospector's find
60. Frosted
62. Fine dinnerware
64. "... happily ___ after"
65. Music symbol
66. Hurried
67. Refuse
68. Egg on
69. "Scram!"
26. Long, long time
27. "S.O.S.!"
28. Diva's solo
29. Person of action
33. Paternity identifier
34. G8 member
35. Metal shaper
36. Thought
37. Snoopy
38. Great merriment
40. Abhorrence
41. "___ for the pour"
44. Lingerie item
45. Malfunction
47. Covered with gold leaf
48. Epoch
50. Push roughly
51. Broaden
52. Manicurist's board
54. Sleigh
55. Greek cheese
56. Desire
57. "I'm ___ your tricks!"
58. Boxing term
61. Pigeon sound
63. Possesses

- Down
1. Wise Men
 2. Concluded
 3. Not crazy
 4. Knight's title
 5. Divide with a dash!
 6. Harvard rival
 7. Plays for pay
 8. Threaten
 9. Hot pepper
 10. Desert sanctuary
 11. Book of maps
 12. Suggestive look
 14. Baseball's American ___
 22. Mongrel
 25. DNA segment

Solution



CRYPTIC PUZZLE

M FIPMIZI MR IUYEPMXC JSV IZIVCSRI,
IBGITX VITSVXIVW ERH TLSXSKVETLIVW -
- QELEXQE KERHLM

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

Last Week's Solution
IF GOD HAD WANTED US TO VOTE, HE WOULD HAVE GIVEN US CANDIDATES - JAY LENO

Weekly Horoscopes

AUGUST 20 to 26

- ARIES** (Mar. 21- April 20) You may find that your plans will cost a little more than you had expected. You will be in the mood for entertainment. Check your personal papers and make sure everything is in order. You may want to take a look at courses offered at a local institute.
- TAURUS** (Apr. 21- May 21) Don't be alarmed. Take time to deal with the concerns of children. Don't put limitations on yourself. Be sure to think twice before you say something that might hurt your partner's feelings.
- GEMINI** (May 22-June 21) You might find that the extra cash will come in handy when an opportunity to invest comes along. Strong willpower will come to your rescue. You could have a tendency to spend too much on your home or entertainment. Spend time with your lover this week.
- CANCER** (June 22-July 22) New relationships will surface through work related events. You have to take hold of your life and make some crucial decisions. You will probably have to defend your mate. Accept the inevitable and continue to do your job.
- LEO** (July 23-Aug 22) You can clear up important legalities and sign contracts this week. Changes in your home may be disruptive and upsetting. Control your temper by getting immersed in your work. Do your own thing without drawing attention to it.
- VIRGO** (Aug. 23 -Sept. 23) You may find yourself changing plans for some form of entertainment. Draw up contracts regarding your personal situation. Don't volunteer private information about yourself unless you're prepared to be talked about behind your back. Changes in your residence may be financially favorable.
- LIBRA** (Sept. 24 -Oct. 23) Don't make large purchases or investments. Sign up for seminars that will expand your business awareness. You won't have much time for your mate this week. Don't be alarmed.
- SCORPIO** (Oct. 24 - Nov. 22) Don't let criticism upset you. Hassles will delay your plans. This is not the day to be extravagant. Tie up your personal papers or push to have legal settlements completed. Real estate ventures will be to your advantage.
- SAGITARIUS** (Nov. 23 -Dec. 21) Your position may be in question if you haven't been pulling your weight. Hidden matters are likely to surface. Opportunities to expand your circle of friends will result in possible new romantic encounters. You will have a tendency to exaggerate, which will lead to major confrontations with loved ones.
- CAPRICORN** (Dec 22- Jan. 20) Be cautious while traveling to foreign countries. Control your emotions and everything will fall into place. Include the whole family or those you love. Do your job and then spend some time with family; you'll be glad you did.
- AQUARIUS** (Jan. 21 -Feb. 19) Your own small business on the side sounds pretty lucrative. Opportunities for new romantic encounters will unfold through the social events you attend. It might be best not to spend your money on luxuries this week. Get them to pitch in, if you need help.
- PISCES** Feb. 20-Mar. 20) Try not to lend or borrow money this week. Children may pose a problem if they don't like suggestions. You will not be able to contain your emotions this week. Your mate will appreciate your honesty.

Classifieds

For Rent

WoodlandPlace/DaleHaven
Apartments, 1 - 2 bedroom
apartments for rent, utilities and
parking included, coin laundry,
very clean and well maintained.
Furnished, weekly and monthly
rates also available, call after
6:00 p.m. 367-4922. TTN

FOR RENT
Three Bay Repair Shop on Main
Street in Powerview. Plus 900
square feet that can easily be
converted to living space.
\$1000/per month, call 367-
8360. TTN-6

Wanted to Rent

I want to rent a house or trailer
in the Pine Falls, St. Georges or
Great Falls area. 1-204-482-
6171 TTN

Help Wanted

EMPLOYMENT OPPORTUNITY
Clarks Corner
Now accepting applications for
Gas Attendant/Cashier
Part Time Cook
Competative Wages/ Health
Dental/ Vision Benefits
Apply in person or email
resume to ccorner@mts.net

Help Wanted

Private HomeCare Services
needed. Must have some
HomeCare Training, call 367-
4393, located in Powerview.

For Sale

Frididaire 15 cu. in. fridge and
stove N.E.W. never used \$700.00
pair. new dishwasher \$200.00,
black, 1998 Plymouth Grand
Voyageur \$1600.00 (not
safetied), 1999 Sugar Sand
Tango Boat, Jet drive 175hp
includes trailer and toys
\$8200.00.

Thank You

We would like to thank every-
one from the bottom of our
hearts for the heartfelt love and
support from all our families
and friends. Thank you to Lissa
Vincent and Dawn Blatz for
sharing Debbie's life and mem-
ories and how Debbie touched
the lives of many. We express
our deepest gratitude for the
pillbearers, Neil, Mark, and
Karlvin Pakoo, Vincent
Harbottle, Vincent Lavoie and
Mark Lavoie, for the beautiful
lunch served and above-all to
Father Gray for the beautiful
mass and the kind words that we
needed to hear.

John, Linda, Jason (Kim)
Poitras and Family
Dwayne Houston and Family

Birthday



Maire Fontaine
Oldest Member of Sagkeeng
First Nation Celebrates
92nd Birthday
August 16, 1917

Happy Birthday Mom!
With Love
from all your family



Happy 2nd Birthday
Jesse!

Love Mum, Dada & Ya-Ya

In Memoriam



In memory of J.R.
(Gerry Chagnon) 1961-2007

A wonderful life came to a
sudden end. He died as he
lived, everyone's friend.
He was thoughtful, loving and
kind. What a precious memory
he left behind. He left us
suddenly, his thoughts
unknown. But he left us
memories, we are proud to own
Treasur him God, in your
garden of rest. For in our
world, he was one of the best.

Sadly missed, you're always in
our hearts, love your family.

Advertising

\$5.50 for the first 25 words and
15¢ for each additional word.
Photos are an extra \$5. Call
367-9468, fax 367-9974 or
email theecho@mts.net to place
your ad. (GST extra).

Business Classifieds

Hunting/Fishing

WHITE WOLF
Hunting & Fishing Supplies
City Junior
Phone/Fax 367-1210
Box 22, Post Alexander, MB ROE DPO
Landed all birds 411

FALL HUNTING SEASON IS COMING SOON

- Canadian Firearms Instructor - Adult
- Hunter Safety Training Instructor - Youth, Online
- Small Repair Gunsmithing
- Gun Cleaning, Sighting in Scopes
- Layaway

SPECIAL ORDERS AVAILABLE ON REQUEST

Concrete/Excavating

A.M.L.
AL MEISNER LTD

- REDI-MIX CONCRETE
- EXCAVATING
- AGGREGATES

367-8454

Grocery

Great Falls Foods
Highway 11, Great Falls
367-2976
OPEN 7 DAYS A WEEK

Store Hours:
Mon. - Thur. 8-6, Fri. - 8-7
Sat. 9-7 Sun. 12-5

Having a Social Function?
Call us to look after everything for you
Ask us about delivery
The House of Quality

Excavating

To place your
Business Directory
ad, call 367-9468

Excavating

DAN'S EXCAVATING
204-340-5783

Dan Courcelles
Box 1, Powerview, MB ROE 1P0

Windshield Replacement & Repair
All Your Auto Body Needs
Courtesy Care

powerfalls AUTO BODY
Box 187
Powerview, MB
ROE 1P0
Phone 367-2677
Fax 367-2338

Bakery

Search for our
Coffee Shop
Opening Soon!

Sunrise Bakery
Store Hours: Sun. 8am - 10pm
Mon. - Sat. 8am - 10pm
367-8019

Building Supplies

Osis Building Supplies
367-5663 (WOOD)
"Home of the Crooked Stud"

Catering

RAPID WATER DELI & CONVENIENCE

Business Hours:
Mon-Fri: 8am - 10pm
Sat-Sun: 9am - 10pm
367-2382
Located in McDougall Plaza, Powerview

PIZZA
WATER REFILLS
MOVIE RENTALS

Computer/Networking

M&C Brunelle's PC SERVICES

Microsoft Certified
Professional Systems Engineer

HARDWARE DIAGNOSIS
UPGRADES • TROUBLE SHOOTING
SOFTWARE INSTALLATION
SYSTEM CONFIGURATION

Ph: 345-6876

Gift Shop

plum creek
Gift Shop
Open Daily
7 days a week 10am - 5pm
Phone: 756-3335 Open: Drive Shopping

Grocery

Dancy's FOODS
THIRD STREET,
LAC DU BONNET
204-348-2221

Financial

Caisse
A better way to bank
367-8268
www.caisse.biz

Hardware

RONA HARDWARE
For all your Hardware Needs
OPEN: Mon. to Sat. 9am to 6pm
Daily Merchandising & Localized Services
Pine Falls 367-2380

Furniture

Dave's
EXPLORIST JVC
bühler INTEREST

Convenience Store/Gas

Broadlands Mall
Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm

Restaurant
Daily Specials
Open 6 am-10 pm
367-4484

Gift Shop

CLARK'S CORNER
Pine Falls, Phone 367-2228

OPEN
Tackle &
Outdoor Store
Live Bait
Dress Foot

RAMO
HUMP TO THE PUMP

Grocery

Dancy's FOODS
THIRD STREET,
LAC DU BONNET
204-348-2221

Classifieds

Hotel/Restaurant

The Lakeview STEAKHOUSE
57 Park Avenue, Lac du Bonnet, Phone 345-8661

Every Friday & Sunday
Steak Dinner Specials
CHINESE Available

Casey's
OR INN
Friday & Sunday
Daily 9am
345-6294

Manitou Lodge

Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed

367-2252 Tuesday Nite
Wing Nite & Draft Special
WEEKEND FEATURES EVERY WEEKEND

Papertown

367-2261 Motor Inn
Deluxe Jacuzzi Rooms Home of NITE
Licensed Family Dining Room
Banquet Facilities VLTs, Beer Store
Hot tub Night Club
TWISTERS WATER PARK
1 Mile East of Pine Falls, Hwy. 304 & 11

PINE FALLS SERVICE CENTRE

Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

SUBWAY
Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.
367-8803

Insulation

O'HANLEY INSULATORS

Now in Cellulose Insulation

Free Estimate Messages
Call Charles 367-4411
367-1578 Cell: 266-8193
ohanley-insulators@hotmail.com

Insulation

POWerview AGENCIES
367-4455

the co-op partner autopac

Your Ad Here

Medical

Call the Echo
367-9468
to book this
space!

DR. ARNOLD ANDERSON

LAB ON SITE

Optometrist
Contact Lenses and Eyeglass Fittings

MANITOU LODGE PINE FALLS
367-2390

Monday - Friday 9:00 a.m. - 12:30 p.m.
1:30 p.m. - 5:00 p.m.
Closed Lunch Hou

Examinations done on Tuesdays

Celesté Basson
R ScPT, CA(C)

Bluewater District Transit

For Bookings Call
367-9128 Office
345-3075 Driver

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)

- Autopac
- Blue Cross
- Veteran's Affairs
- Worker's Compensation

Phone 367-4858
No referral required Please call for appointment

Jon. O. Phillips, RMT

Registered Massage Therapist (MTAM)
CLINIC LOCATIONS:
Through the Arbour Revitalize Soul Spa
18B Pine Street, Pine Falls (204) 367-2141
225 Clondeboye Ave, Selkirk (204) 785-8922
Direct billing available to Blue Cross & Great West Life

Medical/Dental

Call the Echo
367-9468
to book this
space!

Blue Water Physiotherapy

Phone 367-2537
Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Ceasurature
- Orthotics
- Manual Therapy

Located on Highway #11 in Powerview

Celesté Basson
R ScPT, CA(C)

Physio at the Beach

Physiotherapy Clinic

Jenny Terrio Baturin
Physiotherapist

- Ph: 754-8165
- #9, Pine Street, Sunset Beach

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

WANTED 8 HOMES THAT NEED NEW WINDOWS

Eight (8) homeowners in this area will be given the opportunity of having Cimara Shield Premium Windows installed on their homes at a very reasonable cost.

This lifetime product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Cimara Shield Premium Windows come with TempSmart Space System as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.

Your home can be a showplace in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.

Ask about low monthly payments through Hydro

For an appointment call
the Stewart at
MISSY WINDOW & DOOR
1-800-582-5488
www.missy.mb.ca

Medical/Dental

Powerview/Pine Falls Dental Centre
277A Main Street, Powerview
Hwy. 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.

Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Danny Bae

Emergency Care
New patients welcome

367-2815

Memorials

STEWARTS MEMORIALS
Lac du Bonnet
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Real Estate

Ateah Realty Ltd
Professional Service
Professional Results

Toll Free
1-866-755-5406

Resident agents serving
Eastern Shore of Lake
Winnipeg area

204-756-3199
www.ateahrealty.com

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Pawn Shop

CASH IN A FLASH PAWN

Located on the corner of
Art Ave. and Hwy. 11
in Powerview
367-4537

Gilles Lamoureux

G's SEPTIC TANK CLEANING SERVICE
Portable Toilet Rentals
P.O. Box 998, PINE FALLS, MANITOBA ROE 1M0
PHONE: 367-4706 CELL: 345-3835

WANTED

Eight (8) homeowners in this area will be given the opportunity of having Cimara Shield Premium Windows installed on their homes at a very reasonable cost.


This lifetime product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Cimara Shield Premium Windows come with TempSmart Space System as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.

Your home can be a showplace in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.

Ask about low monthly payments through Hydro

For an appointment call
the Stewart at
MISSY WINDOW & DOOR
1-800-582-5488
www.missy.mb.ca


2009 RAV 4 ALL MODELS



FROM \$17,900

12E33VP and BE33VP Models Only.
*ZE33VP incl freight, PDI, Htr and full tank of gas.
\$86 @ 8-387

2009 NEW PRIUS HYBRID




FINANCING 0% 36 mo BAC

2000 DEALER DISCOUNT
2000 PROVINCIAL HYBRID REBATE

\$4000 SAVINGS

2010's ARE HERE!



\$500

2010 COROLLA CE

17,400*

1.8 L 4 cyl automatic trans, PB, PS, AM/FM CD WMA/MP3, power locks/windows/mirrors, cruise, tilt, telescopic steering, ABS brakes, keyless entry, freight, PDI, bill inc. incl. INCLUDES NEW FOR 2010 - VEHICLE STABILITY CONTROL * TRACTION CONTROL! * IN STOCK ONLY

OR

CASH BUYERS

10000 DEALER DISCOUNT
10000 TOYOTA CASH REBATE
10000 PROVINCIAL HYBRID REBATE

\$7000 SAVINGS

"IT'S ALWAYS WORTH THE TRIP!"

1-800-498-7806

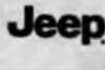





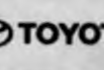

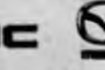
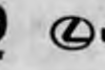
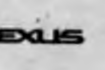


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 <p>2006 CHEVROLET EXPRESS G2500 It's Always Worth The Trip!</p> <p>AT, 8 cyl., FWD, air, ABS, PB, PS, tilt, Sk. #U8-211. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2006 PONTIAC GRAND PRIX It's Always Worth The Trip!</p> <p>AT, 6 cyl., air, alloys, CD, keyless entry, PB, PM, PS, PW, PDL, cruise, Sk. #U8-245. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2006 PONTIAC G6 It's Always Worth The Trip!</p> <p>AT, 4 cyl., air, CD, keyless, PB, PM, PS, PST, PW, PDL, spoiler, Sk. #9-278A. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2007 PONTIAC MONTANA It's Always Worth The Trip!</p> <p>DVD entertainment system, power door, very well equipped, Sk. #9-288A. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>
 <p>2003 CHRYSLER PT CRUISER It's Always Worth The Trip!</p> <p>12144 kms, 2 lt Turbo 4 cyl., air, alloys, keyless PB, PM, PS, PW, PDL, cruise, CC, CD, Sk. #8-863A. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2004 SATURN ION It's Always Worth The Trip!</p> <p>59,884 kms FWD manual 4 cylinder, burgundy Sk. #9-242A. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2003 NISSAN FRONTIER It's Always Worth The Trip!</p> <p>Extended cab, AT, 6 cyl., air, alloy wheels, CD, keyless entry, PB, PM, PS, PW, roof rack, tilt, cruise, PDL, Sk. #9-62B. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>1999 JEEP TJ 4X4 It's Always Worth The Trip!</p> <p>Just arrived, Hard and Bolt Top, Sk. #9-229B. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>
 <p>2006 CHEVY COLORADO CREW CAB 4X4 It's Always Worth The Trip!</p> <p>Great looking truck! Sk. #U8-46. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2008 HONDA ELEMENT SC It's Always Worth The Trip!</p> <p>Like new, just arrived! Sk. #U8-47. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2007 TOYOTA CAMRY It's Always Worth The Trip!</p> <p>47,957 kms, Hybrid, air, alloys, CD, keyless, PB, PM, PSeat, PS, PW, PDL, CC, Bluetooth, Sk. #9-35A. Dr. #0370.</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2006 TOYOTA MATRIX It's Always Worth The Trip!</p> <p>54,188 kms 1.8, 5 spd, 4 cyl., air, alloys, CD, PB, PM, PS, PW, PDL, spoiler, cruise, Sk. #U8-18. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>
 <p>2002 KIA SPORTAGE It's Always Worth The Trip!</p> <p>Air, alloy wheels, CD, keyless entry, PB, PM, PS, PW, tilt, cruise, Sk. #9-400A. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2001 SUBARU FORESTER It's Always Worth The Trip!</p> <p>2.5L AT 4 cyl., air, alloys, CD, keyless entry, PB, PM, PS, PW, cruise, PDL, Sk. #9-158A. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2008 TOYOTA FJ CRUISER It's Always Worth The Trip!</p> <p>10,200 kms., 4x4, air, alloys, keyless, PB, PM, PW, low pkg, Sk. #U9-29A. Dr. #0370.</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2006 FORD F-150 It's Always Worth The Trip!</p> <p>33,188 kms, Super Cab, 4x4, air, alloys, CD, cruise, PB, PM, PS, PW, low pkg, CC, PDL, Sk. #U8-48. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>
 <p>2005 TOYOTA SIENNA It's Always Worth The Trip!</p> <p>75,961 kms., air, alloys, CD, keyless, PB, PM, ST, PW, PDL, rear airhead, Sk. #U9-64. Dr. #0370.</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2007 TOYOTA COROLLA It's Always Worth The Trip!</p> <p>87,845 kms., air, CD, keyless, PB, PM, PS, PW, tilt, PDL, CC, Sk. #U8-234. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2006 FORD FUSION It's Always Worth The Trip!</p> <p>31,678 kms, AT, 6 cyl., air, alloy wheels, CD, keyless entry, PB, PM, PS, PST, PW, tilt, Sk. #U9-39. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>	 <p>2005 TOYOTA COROLLA It's Always Worth The Trip!</p> <p>110,594 kms, air, alloys, CD, keyless, PB, PM, ST, PDL, spoiler, Sk. #U8-238. Dr. #0370.</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>
 <p>2006 DODGE DAKOTA 4X4 EXT. CAB It's Always Worth The Trip!</p> <p>60,763 kms, air, CD, keyless, PB, PM, tilt, leather, Sk. #U8-227. Dr. #0370</p> <p>FUNK'S TOYOTA 1-800-498-7806 www.funks.toyota.ca</p>			

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 <p>2001 TOYOTA TACOMA XTRA CAB 4X4 It's Always Worth The Trip!</p> <p>V6, 5 speed, air, power group, cap plus more, Sk. #8-754A. Dr. #0370</p> <p>FUNK'S MOTORS 1-888-346-9715 toll free www.funks.toyota.ca</p>	 <p>2005 HONDA CIVIC LX It's Always Worth The Trip!</p> <p>AT, air, sunroof, alloy wheels plus more! Sk. #U9-41. Dr. #0370</p> <p>FUNK'S MOTORS 1-888-346-9715 toll free www.funks.toyota.ca</p>	 <p>2006 FORD FIVE HUNDRED AWD It's Always Worth The Trip!</p> <p>Includes leather seats plus so much more, Sk. #U9-32. Dr. #0370</p> <p>FUNK'S MOTORS 1-888-346-9715 toll free www.funks.toyota.ca</p>	 <p>2005 TOYOTA SIENNA CE AWD It's Always Worth The Trip!</p> <p>7 passenger, loaded with options just for you, Sk. #U8-214. Dr. #0370</p> <p>FUNK'S MOTORS 1-888-346-9715 toll free www.funks.toyota.ca</p>
 <p>2006 FORD F150 XLT SUPER CREW 4X4 It's Always Worth The Trip!</p> <p>5.4L, very well equipped, Sk. #U9-48. Dr. #0370</p> <p>FUNK'S MOTORS 1-888-346-9715 toll free www.funks.toyota.ca</p>	 <p>2006 CHEV MALIBU LT It's Always Worth The Trip!</p> <p>Very well equipped, Sk. #U9-38. Dr. #0370</p> <p>FUNK'S MOTORS 1-888-346-9715 toll free www.funks.toyota.ca</p>		