

Serials Clerk: 24 Jan 10  
Legislative Library of Manitoba  
Room 100 - 200 Vaughan Street  
Winnipeg, MB R3C 1T5

**COMMENT**

**Where Does it All Go?**

**PAGE 4**

**COMMUNITY**

**Physical Arts Training (PHAT) Camp**

**PAGE 8**

**NATURE**

**Wetlands Contribute to Health of Lake**

**PAGE 9**

\$1.00 tax included  
August 19, 2009  
Volume 18, No. 13

**The Winnipeg River**

Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls, Beaches, Little Black River, Manigotagan and Bissett

# Echo

## Union in Contract Negotiations with Tembec



Algae bloom on Lake Winnipeg

(file photo)

### Algae Threat to Lake Winnipeg

By Charles Norman

Last spring's flood, which created a huge extension of Lake Winnipeg to south of the United States border, absorbed a great deal of nutrients from the prairie soil. When it drained into the Red River and the Floodway and eventually into Lake Winnipeg it took most of those nutrients with it. Scientists have recently measured an increase of 20%

in levels of nitrogen and phosphorous in the lake.

Nitrogen and phosphorus are two nutrients that are essential to the growth of algae. Two other contributors are sunlight and warmth and since the weather has been quite a bit colder than normal this year, with less sunlight than usual there may not be a huge increase in algae blooms this year - in fact, because of the weather, algae may be less of a problem

than usual.

But it takes several years for incoming flows from Manitoba rivers to flush out the lake, most of those additional nutrients will still be there next year. While the South Basin gets most of the flow into the lake and hence is flushed out quite rapidly, the larger North Basin takes longer to cleanse itself, so the problem will remain longer in the north.

Continued on page 5

By Charles Norman

Tembec's Pine Falls newsprint mill is on a market related shut-down but is scheduled to reopen on Monday August 24. But if rumours are correct it may not be for long.

Union negotiations are in their early stages and neither the union nor management are talking to the press, but there are rumours that the company is asking employees to take a wage cut. It has been impossible for The Echo to verify the rumours and they may be completely unfounded, but they are persistent.

The rumours are circulating as if the negotiating process had already broken down - there is one rumour that a conciliator has already been appointed - and the men are already declaring that they are not willing to take a cut and are expecting a lock-out before the situation is resolved.

It cannot be over-emphasized that the Echo has no firm knowledge of the status of the negotiations, nor of the issues that are on the table, but it seems that Tembec's most recent financial state-

ments will have an impact on the discussions.

The financial health and profitability always have an impact. Unions will try to maximise benefits from a series of profitable years and the company will take a much tougher stand if market conditions are difficult and prices are low. That in undoubtedly the case this time around.

It is difficult to determine the exact position of the Tembec mill from the data given in the financial reports. Newsprint and coated bleached board are reported together under paper. Coated bleached board represents roughly half the sales of paper and the Pine Falls newsprint roughly half of the remainder. That is, only one quarter of Paper sales can be attributed to Pine Falls.

The paper segment had an EBITDA (earnings before interest, taxes, depreciation and amortization.) of minus one million dollars for the quarter ending June 30, down from plus 18 million for the previous quarter. Prices fluctuate but it seems that coated paper board pro-

Continued on page 5



what's the easiest way to save up for what you want?

stay tuned...

# News/Letters

## Parkinsons Sufferer Feels Let Down by Social Workers

To the Editor

Hello, I'm Charles Meade, Jr. and I felt the urgent need to write this letter to anyone who may listen and respond in a positive manner. I am appealing the social assistance seizure of \$7,000, plus from my Canada Pension Plan. The following reasons are bringing forth this appeal. I feel I was forced to sign a form which did not benefit me through intimidation scare tactics. The Beausejoir office had me apply for disability with Canada Pension while on disability social assistance. I feel I should have been supported by this very office. I applied for this disability pension due to the fact that I had just been diagnosed with Parkinson's disease. This

was in May of 2005.

Upon hearing I was being considered by Canada Pension I immediately was sent a letter by social assistance that informed me I had to sign or benefits would be rescinded. What they had me sign was to reimburse any funds received back to social assistance. Dealing with the effects of Parkinson's, I was in a vulnerable position, physically and financially. I would have had to give up my independence which keeps me going. In the following five months I was threatened that I would be removed from social assistance benefits and at one point my financial worker told me (and I quote): "you'd better not have got that money and spent it."

Due to an argument with

social assistance, my case-worker and financial worker would not accept my phone calls for three days. I only knew I was covered because I called my rental place in Winnipeg. I explained the situation to my landlord and he said the "rent is paid." I called the pharmacist to see if my pills were covered and they were and that is how I knew I was still on social assistance.

Now I know this is a very late appeal but recent events have greatly offended me, and I feel I need to get my money back. Recently I approached social assistance for help in paying my pharmacare. I offered to pay any amount back, all I needed was help this one time. I was told no because I made too much money but if I was a welfare recipient or working man they could help me. Also, I was informed to approach the pharmacist in

Pine Falls about establishing credit. So, now can you tell me what is wrong with this picture? When a man has an incurable, debilitating disease cannot get help in a matter of financial and personal well-being from the agencies that have been created to assist in any manner individuals like myself... there is something wrong with the picture. Secondly, I am tired of seeing healthy men drive around in their cars and do nothing but collect welfare because they are too lazy to get a job. They go to bingo every night and win... where do they get the money to go to bingo every night?

Now, I worked hard all my life and paid monies into social assistance. I feel as a contributing member of society, rather than as a drain, I deserve better. I am currently living on \$700.00 a month and it is a struggle. I worked for my money and paid all my

life to support programs like social assistance and then to be intimidated and called a thief by social assistance workers was very offensive. Now, for me to be on social assistance was a very negative moment in my life. I have pride and dignity in myself, although I seemed to have lost that when I let the Beausejoir office walk all over me. This letter empowers me again with pride and dignity. Just to let you know I am a fair-minded person and have high regard for social workers in Winnipeg and have been treated extremely well and professionally by two social workers in particular. A big thanks to Cheryl Childs and Michelle Beauchamp. Unfortunately there is a Beausejoir office which I have had nothing but problems with since day one. Perhaps a course in public relations would be helpful to this office. I know the amount of money I want back will not permanently solve any of my problems. But it would go a long way to helping a man who worked all his life and now lives in poverty due to an incurable disease. Finally, I cannot stress enough that it would not be this way if I could work. I would have had NOTHING to do with social assistance. In fact, to stay off social assistance, I did some dirty and dangerous jobs in the mining and construction industry. So, I feel very strongly I worked for this money and feel I should have no contest in this matter.

Thank You,  
Charles Meade, Jr.

### 4P Jamboree

Friday, September 04, 2009

#### Looking for Home Grown Talent

The Jamboree will be held in the Big Tent at the Powerview School Grounds and a sound system will be provided. The music will start at 5:00pm along with the Chamber of Commerce Fish Fry.

There will be open mic from 5-9:00pm and Karaoke with Kristen from 9-1:00am

This is your opportunity to show your community what you can do.

Anyone who is interested in performing from 5:00pm-9:00pm please contact Bev @ 367-8064 or dbube@mts.net to pre register.

### 4P Friday Family Fishing Derby

Friday, September 04, 2009

St Georges Dock - 10 to 2:00pm

Register at 9:00am - \$20.00 Entry per Boat

Lunch and Prizes

### NEW EVENT

### Amazing 4P Race Walking Historical Adventure

Saturday, September 05, 2009

Register at 2:00pm at the Big Tent, Powerview School Grounds

\$20.00 Entry - Team of Two

50/50 Cash Prizes

### 4P Parade

Sunday September 6, 2009

#### NEW: \$1,000.00 in Participation Prizes

Children's Decorated bikes - \$100.00 Random Draw  
Floats and Other Entries - \$400, \$300 and \$200 Random Draws  
Not Eligible for Draws - Political and Paid Entrants  
Assembling at 11:00am @ Pine Falls Pool

To register please contact Terri Papineau at 367-4238 or 2040@mts.net

## Want to Start Your Own Business!

### Self-Employment Program

- You are presently receiving employment insurance (E.I.) benefits
- You have received E.I. benefits in the last 36 months
- You have received maternity or parental benefits in the last 60 months

If you are unemployed, and if any of these situations apply to you and you have a viable business idea, please call us for information

Self-Employment Program Call for more information! 345-8691

Delivered by Community Futures Winnipeg River Community Futures Winnipeg River

Funding Provided by: The Government of Canada Employment Insurance Account The Province of Manitoba

Thursday	Friday	Saturday
Bud, Spud & Rib Night	Bud, Spud & Steak Night	Bud, Spud & Steak Night
\$8.99	\$8.99	\$8.99



HAPPY HOUR  
Every Weekend  
4:30-8:00pm

NITE

Papertown  
Motor Inn



# Powerview RCMP Press Report

July 27th - August 3rd, 2009

2009/07/27

**TRAVERSE BAY** - police contacted the registered owner of a vehicle to remove the unit. A complaint was received after the vehicle had been abandoned in the parking lot of a local business for several days.

- Mischief to a cottage lot structure resulted in several windows being broken. Culprits did not gain access to the building.

**FORT ALEXANDER** - Officers attended a residence to remove an unwanted guest but a twist of events resulted in the suspect being taken into custody on outstanding warrants and new charges of spousal assault. The accused was transported to Provincial Remand Center later in the day.

2009/07/28

**RM ALEXANDER** - a complaint of weapons possession led police to locate an intoxicated individual on Highway 11 carrying a knife and other weapon. When police approached the man attempted to spray officers with bear spray but eventually was apprehended. Once inside the police vehicle the man again uttered threats to police and was uncooperative. Further investigation found the male to be in breach of court conditions and was remanded into custody to the Provincial Remand Center. No one was injured in the incident.

**FORT ALEXANDER** - police warned one individual for continual phone calls to a relative. A custody issue was the source of the incidents.

**PINE FALLS** - a suspect was caught on camera at a local business for shoplifting. Investigations continue.

2009/07/29

**FORT ALEXANDER** - a female has been charged with assault of a male. The woman was released on a promise to appear in Powerview Court at a later date and placed on no contact conditions with the male.

- investigations into an assault between 2 males was found to be a consensual fight. No charges were laid by either party in the incident and the situation stabilized.

- police patrolled the South Shore for a male and female after they attended a residence causing a disturbance by yelling and banging on the door continually. The couple were not located in the incident. But no further complaints were received.

- an ATV was seized and impounded for 30 days after police stopped the driver and passenger for offences under the Highway Traffic Act. The male driver was disqualified from driving in Manitoba.

**POWERTVIEW** - a strange incident occurred when culprits struck a residence and removed 2 garbage bags left outside a front door to the home. The bags contained laundered clothing.

- a complaint of take auto without consent was found to be unfounded. A dispute resulted in the male spouse leaving the home with the vehicle. Police advised the female complainant that in a common law situation the property is jointly owned by the pair.

2009/07/30

**RM ALEXANDER** - a male was arrested and charged by Powerview RCMP in assistance to Lac Du Bonnet RCMP. Earlier in the week the man fled police

on an ATV. The ATV was also seized and towed to a local compound. Investigations continue.

**FORT ALEXANDER** - investigations continue into a complaint of the assault of several youth.

2009/07/31

**FORT ALEXANDER** - police attended a residence to remove a disruptive guest. Further investigation found the male to have outstanding warrants and he was remanded into custody. The complainant declined pressing charges for mischief.

2009/08/01

**POWERTVIEW** - a female was lodged in cells after officers attended a residence further to a complaint of a male causing problems at the home. Upon attendance police found the male sober and the woman highly intoxicated. No evidence of any mischief as was reported by the woman. She was released in the morning when sober and released.

- an incident of threats being uttered was dealt with informally. The matter was documented should any further problems incur.

**FORT ALEXANDER** - a complaint of shots fired and a male outside a residence was found to be false. The male complainant was highly intoxicated and could not recall contacting police however a patrol of the neighborhood was conducted.

2009/08/02

**FORT ALEXANDER** - investigation of an assault revealed 2 victims a male and female. A male with outstanding warrants has been arrested and charged in the incidents.

- a female has been charged with dangerous operation of a motor vehicle and assault with a weapon causing bodily harm. Following an earlier domestic dispute the woman struck the man with her vehicle. The man was taken for treatment to local hospital. Investigations continue into the incidents.

- investigations continue into an incident where an assault and robbery occurred.

2009/08/03

**FORT ALEXANDER** - a male youth remains in custody after a domestic dispute turned into an assault of a female. The youth also has also been charged with several counts of breaching court conditions. Alcohol was involved in the incident. Investigations continue.

**RM ALEXANDER** - investigations continue into the assault of a youth by several other youth.

**ALBERT BEACH** - investigations continue into a theft of property at a cottage residence.

**SUMMARY: July 27th - August 16th, 2009**

- Police also attended to:
- 2 False 911 calls
  - 12 Alarms
  - 12 Assistance to other Police Agencies/Service of Documents
  - 13 Common Offence Notices (HTA/Liquor)
  - 2 Coroners Act
  - 4 Impaired Driving/Refusal of Breathalyzer
  - 15 Intoxicated Persons Detention Act/Disturb Peace

- 13 Mental Health AcU/Transport
- 9 Noise/By Law Complaints
- 8 Sexual Assault
- 1 Theft Under/Lost (Prescription Medication)
- 19 Traffic Accident Reports/Mischief to Vehicles

REMEMBER IF YOU HAVE ANY INFORMATION ON ANY CRIMINAL MATTER YOU CAN REMAIN ANONYMOUS AND CONTACT CRIME STOPPERS AT 1-800-782-8477 OR THE POWERTVIEW RCMP AT 367-8728.

## Correction: Week of Aug 24 Sailing Classes



Enthusiastic Sailors From Age 7 To 70

\$75.00  
Plus \$10.00 For Insurance Limited Participation  
Please Call Vince  
**367-4455**



Rides still available! Visit bigbike.ca or call 1.888.473.4636.

### RURAL MUNICIPALITY OF ALEXANDER

#### OFFICE CARETAKER SERVICES

The Council of the Rural Municipality of Alexander will accept proposals regarding the provision of daily janitorial services for the Municipal Administration Offices located in St. Georges, Manitoba. Additional information regarding service expectations and a listing of duty requirements may be obtained at the Municipal Office in St. Georges.

Written proposals may be forwarded to:

Michele Stefaniuk  
Assistant CAO  
Rural Municipality of Alexander  
P.O. Box 100  
St. Georges MB R0E 1V0

Application closing date is Monday, August 31<sup>st</sup>, 2009 at 4:00 p.m.

Stephen Kulyk  
Certified Financial Planner

2 McLaughlin Avenue, St. Georges, MB

Telephone (204) 367-9572 Toll Free (888) 665-0649

stephen@kulykfinancial.com www.kulykfinancial.com

Retirement • Estate Planning • Insurance • Investments

**ONYX**  
Financial Group

# Comment



## Where Does it All Go?

Canadian banks are not in the same league as the big US banks when it comes to executive remuneration. Citibank, a recent recipient of a huge US government bailout gave its executives 5.3 billion in bonus payments for 2008. (After the bailout) taxpayers were outraged.

Taxpayers have also been outraged in Britain where banks have been handing over money from government bail-outs to already rich bank executives.

Us ordinary mortals can perhaps be forgiven for thinking that the primary driving force of senior banking official is greed pure and simple. It is not a quality that would be any handicap at the local country club, but it certainly would have been a handicap in getting invited to the best dinner parties in Victorian England.

So it is a pleasure to note that we don't have that problem in Canada.

Because the Royal Bank of Canada made a smaller profit than forecast last year,

(annual profit sagged 17% the bank's Chief Executive Officer, Gord Nixon took a pay cut of \$1.6 million. His salary remained unchanged at \$1.4 million, his bonus was reduced to \$2.4 million. His total income for 2008 was thus a modest \$3.8 million. It was also more than almost all of his customers make in an entire year. (He isn't hurting too much, in 2007 he made \$5.4 million, and in 2006, 6.4 million. A three year total of 15.6 million dollars.

The big RBC winner in 2008 was Chuck Winograd who retired in October - he took home \$9.15 million. (He was Group Head of Capital Markets).

The Royal bank of Canada is a huge multi-billion dollar concern and these executive compensations are small potatoes. The shareholders will not miss it, but nevertheless it is useful to look at where this money comes from.

Today's price for a Royal bank five-year term mortgage is 4.9%. That is what it

costs you as a borrower. Today's price for a five year term deposit is 1.7%. That is what they pay you as an investor. If you lend them \$100,000 and they then lend it to someone else to buy a house they net \$3,200 every year for five years. Maybe it cost that much to run a bank - but maybe not.

If you lean \$100,000 to the Sunova Credit Union for five years they would pay you 4%. They would charge a borrower 4.49%. They would net \$490 every year for five years.

The conclusion seems inescapable - it costs more than six times to run a bank than it does a credit union. Part of the difference is executive salaries.

It is, of course, not that simple. Bank shareholders have to be paid and some of those are company pension plans - but it seems that if we are to make greed our motivating force we should say to hell with bank presidents and shareholders and bank with the local credit union.

## Report From the Legislature



By Gerald Hawranik, MLA for Lac du Bonnet, House Leader and the Critic for Advanced Education

## Hydro and Hogs

In 2008/09, Manitoba Hydro's debt increased by \$443 Million. Today, Hydro's total debt is more than \$7.6 Billion. Most constituents are unpleasantly surprised when they are informed that our Hydro Crown Corporation is in debt. Most Manitobans think that Manitoba Hydro is debt free - not so! The increase in Manitoba Hydro's debt by \$443 Million from last year to this year is sure to increase the operating costs of Manitoba Hydro. Increasing operating costs will very likely increase Hydro rates to consumers. Your Hydro rates will be increased to cover the increased interest costs on the increased debt. Add to this the NDP's decision to force Manitoba Hydro to build Bipole III down the longer, more environmentally-damaging West side route at an additional cost of \$640 Million, to you the taxpayer.

Manitoba's hog farmers and Manitoba's farm families are disappointed by this NDP Government which has not provided adequate support for farm families. Pork producers cannot wait any longer - they have been devastated by such challenges as

the H1N1 outbreak, Country of Origin labeling, challenges related to our weather, Bill 17 which prevents hog producers from expanding, high input costs, low product prices, and other challenges. We have been demanding that NDP Agriculture Minister Rosann Wowchuk recall the Legislature's Standing Committee on Agriculture and Food to discuss and examine these serious issues - instead, the Minister declined this request, and added that it was not "necessary" for the Committee to meet. This is clearly a slap in the face for producers. We need to stand shoulder-to-shoulder with our farmers, ready to tackle the challenges to our agriculture industry. It is clear from the lack of action by the NDP, that they are once again turning their backs on rural Manitobans.

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



# Comment



MP Report  
Niki Ashton,  
MP Churchill

## Today's Young Families Need a National Child Care Program

One of the key issues that people raise with me throughout the riding is the need for affordable, accessible, quality child care.

Many young families identify child care as a key concern. People often have difficulty finding child care. In some cases it can even be a barrier to people working or furthering their education.

Here in Manitoba we have more support for child care than most provinces. Since the 1970's we have had a licensed, provincially funded system that provides some of the highest support to child care in the country. Despite this there are still shortages of available spaces, especially in some Northern communities.

What we clearly need is a national child care policy that adds significant Federal support to the existing provincial support. There was significant progress a few years ago when the previous government did sign child care agreements with the provinces. This progress was reversed when the current Federal government cut back on these funding commitments. They have made it clear they do not support a national child care program.

I believe it is time we recognized the need to have child care treated as something that is available to

young families across Canada. We can use the model of medicare. It was pioneered at the provincial level in Saskatchewan. It became a national program when the Federal government committed to provide ongoing financial support. It needs to focus on funding for child care facilities and on providing decent wages and training support for child care workers.

Here in Manitoba, an entire generation of young families grew up with a child care system that was there when needed. It has made a huge difference in the ability of women in particular to further their education and obtain employment. In fact much of the progress in terms of equality for women in recent years has been because of the availability of child care.

The fact that child care is such a concern in Northern Manitoba should come as no surprise. We are on of the youngest regions in Canada and there are many young families.

As MP for Churchill I will be continuing to speak out on the need for more child care in the North. I will be delivering the message that today's young families need a national child care program that will help them access child care in their community.



## On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board



## Delivering Support for Hog Industry Restructuring

The current global economic uncertainty has hit the pork industry especially hard. Country of origin labelling legislation in the US has also made it harder for Canadian producers to get fair prices. And just when Canadian pork producers started to see a glimmer of light at the end of the tunnel, they got hit again when H1N1 influenza was wrongly called swine flu. Taken together, this has created a perfect storm of pressures on our producers.

Last week, I was pleased to join Minister Ritz for the announcement of some important initiatives our Government is taking to rebuild the Canadian pork industry for the long-term - initiatives that are especially important to rural Manitoba with Provencher being perhaps one of the largest pork producing ridings in Canada.

We know Canadian hog producers can become profitable again, but we have to face tough realities to make our pork industry lean and competitive. As such, our new initiatives include:

- An International Pork Marketing Fund of \$17 million for market research, promotion and access initiatives to find new customers for Canadian pork products.

- Long-term loans with government-backed credit that financial institutions can offer to allow viable hog operations to restructure their businesses. These long-term loans will be provided at market rates. Producers with sound business plans will be able to access short-term credit for operating costs such as feed and payroll.

- A Hog Farm Transition Program to allow producers to tender bids for the amount of funding they need to transition out of the hog industry and cease hog production for at least three years. This program will invest up to \$75 million to gradually reduce production and oversupply issues.

It was important to take the time to work with the pork industry to deliver a comprehensive restructuring plan that will hit the target at the farm gate. We also needed to ensure that our plan works within the international trade agreements our pork industry relies on. We all recognize the tough decisions and hard work ahead as we rebuild the Canadian pork industry back to profitability. This government will continue to work side-by-side with industry leaders as we meet these challenges.

Detailed program information will become available over the next few weeks. For more information, visit [www.agr.gc.ca](http://www.agr.gc.ca)

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact my office toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8-227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at [toewsvl@mts.net](mailto:toewsvl@mts.net)

<b>PUBLISHER</b> Don Norman	<b>SALES</b> Della Vincent-Clark	<b>SUBSCRIPTIONS</b> Local Rate: \$33.60 National & Urban Rate: \$44.80 Foreign Rate: \$112.50 Prices include GST & PST
<b>EDITOR</b> Charles Norman	<b>CONTRIBUTORS</b> Charles Norman	2nd Class Mail # 1783687 (Postage paid in St. Georges, MB)
<b>LAYOUT AND DESIGN</b> Don Norman		
<b>ADVERTISING DESIGN</b> Lori Pachkowsky		

Box 40, St. Georges, Manitoba R0E 1V0  
Place McDougall, St. Georges  
email: [theecho@mts.net](mailto:theecho@mts.net)  
Phone: 204-367-9468 • Fax: 204-367-9974

The Echo is an independent weekly newspaper published on Wednesdays in Pine Falls, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Wednesday's publication.



# News



Tembec's Pine Falls Mill

## Tembec in the Drivers' Seat Regarding Contract Negotiations

Continued from page 1  
 duction is profitable since the price is 17% higher than it was 18 months earlier, while the price of newsprint was substantially the same as it was 18 months ago. Tembec

attributed the lower EBITDA in June to the lower newsprint prices in the previous quarter, but it is impossible to determine, from the financial statements, whether the reduction was caused by

Tembec's Kapuskasing newsprint mill or whether Pine Falls contributed to the drop in earnings. (More details can be found on Tembec's web page).

However, if better figures are available the union will have them and they will be taken into consideration in the present negotiations. One thing is certain. The company is in the drivers' seat in this round of negotiations.

## New CEC Report Due Out in October

Continued from page 1

The algae problem in Lake Winnipeg is recent. Older people do not remember not being able to swim in the lake sixty years ago because algae had turned the lake into a good imitation of green paint. Two causes of the increase in algae have been identified.

The first is the dramatic increase in the population of Winnipeg - There is a huge amount of nitrogen and phosphorus in human sewage and all of this passes through lake Winnipeg on its way to the sea. The second cause is the reduction of wetlands on the prairies. In Manitoba 70% of wetlands have been converted to agriculture. Fertilization of agricultural land is probably not a major factor. Manitoba farmers fertilize with nitrogen, but, since local soils are rich in phosphorus, phosphorus is

not necessary. Without phosphorus algae cannot grow.

The Manitoba Clean Environment Commission has told the City of Winnipeg to remove nitrogen from its sewage - a hugely expensive proposition - but recently a group of sixty US and Israeli scientists have said that phosphorus and not nitrogen is the problem and the provincial government has asked the Clean Environment Commission to re-examine their recommendations. A new recommendation from the CEC will be published by the end of October. Planned City of Winnipeg sewage treatment upgrades are estimated to cost up to \$1.8 billion.

This week's featured nature article covers a recent Ducks Unlimited study on the impact of draining wetlands on the health of Lake Winnipeg

**THE VICTORIA BEACH SNOWDRIFTERS**

Pig roast      Water Skip      Turkey boil  
 &  
 Date Change      Raft Regatta      Date Change  
 Sept 19th                      Sept 19th

REGATTA STARTS AT 12:00 AT YACHT CLUB BEACH  
 REGISTER AHEAD AT HILLSIDE POWER PRODUCTS  
 BAR OPENS AT 1PM AND SLIPPER AT 6PM  
 AT CLUBHOUSE.

regatta registration \$5 per person  
 advance ticket \$12      children under 14 free  
 kids 12 & under \$5 at door      please register in advance  
 kids under 4 free      at hillside power products  
 can be bought at      life jackets mandatory  
 saffies, hillside power products,  
 vb postoffice traverse bay,  
 Wona (pine falls), the village store

Membership bought at event  
 receives \$5 back per meal  
 kids under 12 free

silent auction  
 regatta prizes  
 great family fun

VOLUNTEERS NEEDED      FOR MORE INFO OR VOLUNTEER PHONE  
 NO GLASS OR OUTSIDE LIQUOR ALLOWED      754-0228 OR 754-6509

Denture Wearers  
 WE SPECIALIZE IN HARD-TO-FIT CASES

**DAIEN DENTURE CLINIC**

22 Years at our MAIN OFFICE: 268-3488      10 Years at our SATELLITE OFFICE:  
 37-3rd St. S. Beauséjour      District Health Centre  
 • Seniors Discounts      Lac du Bonnet  
 • We honor all Dental Plans

**BRYAN M. DAIEN, DENTURIST**

**PUBLIC NOTICE**  
**BOARD OF REVISION**

PUBLIC NOTICE is hereby given that the 2009 Assessment Rolls for the Town of Powerview - Pine Falls has been delivered to the Municipal Office of the Town of Powerview - Pine Falls and is open for public inspection during regular office hours (8:30 a.m. to 4:30 p.m. Monday to Friday). Applications for revisions may be made in accordance with Sections 42 and 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION:  
 42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of the premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:  
 a) liability to taxation;  
 b) amount of an assessed value;  
 c) the classification of property; or  
 d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS:  
 43(1) An application for revision must  
 a) be made in writing;  
 b) set out roll number and legal description of the assessable property for which a revision is sought;  
 c) state the grounds on which the application is based; and  
 d) be filed by:  
 (i) delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2); or  
 (ii) serving upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on October 8th, 2009 at 7:00 p.m. in the Council Chambers of the Town of Powerview - Pine Falls.  
 The final date on which applications must be received by the Secretary of the Board is September 22nd 2009. Please Note: the Board shall not consider applications which do not comply with above requirements [subsection 43(2)].  
 Dated in Powerview, this 18th day of August A.D. 2009.  
 Margaret Bonekamp, C.M.M.A.  
 Secretary Board of Revision  
 Town of Powerview - Pine Falls

# News

## Fall Courses and Workshops at the WRLC

The Winnipeg River Learning Center is gearing up for another exciting line-up of courses and workshops for this Fall & Winter. We have six Red River College certificate programs suited to your career goals and a number of WRLC workshops. The Pleasure Craft Operator certificate testing will be ongoing. By September 15, 2009, it will be mandatory for every person operating a motorized boat to hold a PCO card, anyone under 23, must have their card NOW. The learning centre makes it easy...buy a manual, self study, write the exam. The manuals and tests are through Red River College and the Lifesaving Society. PCO cards, once obtained, are good for life.

The Red River College Five-Month Electrical Certificate Program, that is currently on-going, will be offered again in January, 2010. This is a full time certificate program and upon completion, students will

have obtained their Level One in the electrical trades. Graduates will have skills for employment in the electrical construction industry with public utilities, motor repair facilities, and manufacturers and distributors of electrical equipment.

The RRC Para-Educator Certificate is a 17-week full-time program with 4-weeks of practicum. A para-educator is an employee who provides direct and indirect support services for students in educational settings under the direction of teachers or other certified personnel. This will start September 21, 2009.

Two new courses to the learning centre is the 24-week RRC Office Technician, commencing October 19, 2009. This program focuses on communications, payroll, bookkeeping and computer software applications. And the RRC Management Development Certificate that starts November 2, 2009. Students will be required to complete 240 hours to qualify for this Certificate. This program is designed to expand and enhance your supervisory skills to improve your career prospects or to prepare for advancement. Graduates will have the training to be employed in management positions. Opportunities also exist in fields such as human resource, product management, and in the corporate

and private sector.

The RRC Health Care Aide Certificate program will be offered for its third consecutive season. This course will start February, 2010 and wrap up in June, 2010, following 1-month practicum. Good physical and mental health are essential in order to cope with activities such as moving and lifting clients, and dealing with difficult behaviors.

The RRC Human Resource Management credit course will be offered again this Fall. Nine courses and three workshops are required for the HRM certificate. Classes will be offered one evening a week, to be determined in consultation with registrants.

Winnipeg River Learning Center Fall and Winter programs include the Certificate in Business Computing. This is a 280-hour introductory level program that allows participants to learn at their own pace. This program is focused on teaching the applications of the computer.

The following are still under development: The WRLC Land and Water Stewardship Certificate, in conjunction with Assiniboine Community College and the University of Manitoba, develops practical applications of environmental stewardship theories, principles, and practices as these relate to the natural resources in the

Winnipeg River watershed.

WRLC Career and Life Transitions Certificate Program is a 10-week program that will help you develop key skills and abilities you will need to re-enter the workforce or to make that critical change in your career.

In partnership with University College of the North, WRLC is bringing the first year of the two-year UCN Natural Resources Management Technology Diploma. Designed to train the student for a wide range of employment opportunities in the field of natural

resources management, this program emphasizes interrelationships among natural resources including forests, water, fish and wildlife.

For more information on these courses and our continuing computer workshops, please call the Winnipeg River Learning Center at 367-2761. Email at wrlc@mts.net or drop by, we're located in the former Pine Falls School in the Town of Powerview-Pine Falls, #3 Walnut Street, hours of operation are Monday - Friday, 8:30 AM - 11:30 AM.

## Correction

In last week's paper we published an article about the walkathon being organized to raise money for the Charlie Wall Park. In the article we published the date as Sunday September 5, when it actually should have said that the walkathon and bikeathon will be starting at 10:00am on Saturday, September 5.

For more information contact Natasha at (204) 756 3868

**Saffie's**  
 GENERAL STORE  
 ALBERT BEACH

Judy Calvert-Pierce  
 Shaun Pierce  
 Grand Beach & Area  
 (204) 754-2709  
 Winnipeg  
 (204) 250-9180  
 Toll Free:  
 1 (800) 559-7873  
 Email: sok@beachesrealty.com  
 www.beachesrealty.com

**4P FESTIVAL**  
**SLO-PITCH TOURNAMENT**  
 Labour Day Weekend  
 Come Join the Fun

**3 games Guaranteed**

- \$200 per team
- First 48 teams paid
- August 31/09 deadline
- 6 men - 4 women

September 5 & 6

Norm Vezina 367-4513  
 Vince Rodych 345-6411

Colour Chart Available **FREE ESTIMATES**

**Serving...**  
 • Pine Falls  
 • Lac du Bonnet  
 • Pinawa  
 • Beaches area

**B&D STUCCO**

12 Years Combined Experience  
 Serving you locally!

Contact Buddy at 204-479-1689  
 or  
 Dave at 204-371-0820

# Community

Pineview held its annual Phat Camp at Powerview School this week. It's a Physical Arts Training Camp which ran from August 10 to 14th. Here are some pictures.



# Nature



the hillside lagoon alongside the path to the beach directly below the redwing

## Wetlands Contribute to the Health of Lake Winnipeg

By Charles Norman

Earlier this year Ducks Unlimited published the results of a study on the Impact of Wetland Loss in Manitoba. The study estimated that 70% of wetlands have been lost in settled areas of Canada and also that "Wetland loss is significantly deteriorating Manitoba's environment. Algae blooms on Lake Winnipeg and many other lakes in Manitoba are symptoms of increased nutrients delivered from upstream watersheds."

Ducks Unlimited hope that the findings of the report will convince the provincial and federal governments to provide an economic incentive to landowners, mostly farmers, to leave wetlands as they are and not drain them for agricultural use. The result is often low quality agricultural land.

Ducks Unlimited are, of course, primarily interested in preserving habitat for

ducks, and they have been extremely successful in doing that and in maintaining duck populations but the rest of us have even more reasons for supporting Ducks Unlimited endeavours.

Manitoba wetland are a stopping point for migrating wildfowl, for greater and lesser Canada Goose, and for the Snow Goose on their way to the breeding grounds in the north, but they are also summer home to the Great Blue Heron, to the Kingfisher, the American Bittern, the Marsh Hawk, the occasional White Egret and the colourful Redwing Blackbird with its easily recognised song.

Then there are the Beavers. Many of the wetlands are created by Beaver dams and Ducks Unlimited is trying to encourage the protection of wetland created by their dams. In the wetlands are frogs and crayfish, some of them are host to turtles.

One of the places I never

tire of visiting is the path to Hillside Beach. On that path I have startled, and been startled by a pair of Mallards taking flight. I have listened to the mating calls of frogs in the marsh and, on the other side of the path, heard two young Beaver making mewling sounds to each other as they nudged each other with affection. At the edge of the lagoon I have watched the majestically tall great Blue Heron stalk its prey. At the right time of the year it is a great spot to watch carp spawning with the female thrashing in the shallows and the male waiting close by to fertilize the eggs.

Ducks and Geese swim in the lagoon, and at the northern end Pelicans congregate.

And in the sky above, two Osprey from their nest on Highway 59, may be seen hunting in the shallows of the lake or lagoon, calling to each other with soft mewling cries - a stark contrast to the harsh warning cry of the

female to anyone approaching too close to the nest. And, perhaps at the same time a Vee shaped flock of Pelicans may silently and majestically pass overhead.

While the Hillside Beach lagoon does not appear to be

under threat, many others are. There are many, many reasons to protect wetlands and perhaps the recent findings will provide an incentive to protect them all at once instead of a piecemeal one-at-a-time effort.



A redwing blackbird singing its heart out above the hillside lagoon

# Volunteering

## Volunteer Opportunities for Older Adults

**A** LCOA MB has volunteer opportunities for older adults to work in and around their communities in two ways. **Volunteer Peer Leader Speakers:** ALCOA MB believes that

older adults have a great deal of experience and wisdom to offer their peers. Research has shown that people listen to and accept health messages from people who are their peers. Our mandate is to help older adults understand the importance of active and healthy living and how to improve or maintain their well being.

We provide a two day training session to enable volunteers to deliver a presentation on active living. This is followed by additional training sessions on other topics including Ten Habits for Healthy Living, Falls Prevention and Medicine Use and Misuse. The number of presentations depends on the time volunteers have available and the demand from organizations. Generally volunteers will do 4-6 one-hour presentations in one year.

We are planning our fall 2009 schedule. At this time we have the following training sessions planned: **Winnipeg: Wednesday September 16 and Friday September 18 at the**

**Wellness Institute Swan River or Dauphin: October 8 and October 9**

We are willing to provide training in other areas for a minimum of 6 people. Financial assistance for travel and accommodations is available.

If you are interested in organizing a session in your area, or if you know of an organization or individuals who may be interested please pass this information along to them. My contact information is below.

**Volunteer Peer Exercise Leaders- Steppin' Up With Confidence**

ALCOA MB, in partnership with in-motion and Manitoba Fitness Council provides training and support for volunteer exercise leaders. The training is one day long and is at no cost. Volunteers will receive information on the benefits of exercise, how to exercise safely and how to conduct a class. Practice is part of the training day. We encourage volunteers to work in pairs. Most volunteers provide

exercise sessions once per week in places where seniors live or frequent. We have training planned for fall 2009 in the following areas: **Brandon- September 23 at the Seniors Centre Beausejour- September 29 Swan River- October 7 Winnipeg- October 14**

We are willing to provide training in other areas for a minimum of 12 people. Financial assistance for travel and accommodations is available.

If you are interested in organizing a session in your area, or if you know of an organization or individuals who may be interested please pass this information along to them. My contact information is below.

Thank you for helping us reach out to older adults.

*Sue Mackenzie  
Peer Leader Coordinator-  
ALCOA MB  
1-866-202-6663 (toll free)  
632-3947 (Winnipeg ALCOA)  
1-204-755-2919 (direct line to Sue)  
email: info@alcoamb.ca  
smack@granite.mb.ca*

## Grand Pines Golf Course

### Early Twilight Special

Sunday to Wednesday after 2:00pm

**\$31.00** Walking  
PER PERSON  
**\$41.00** Riding  
PER PERSON

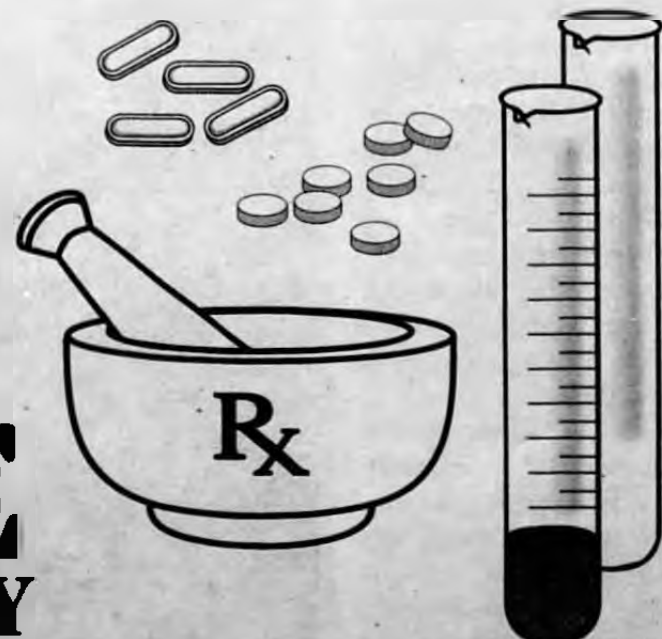
Excludes Holiday Sundays

Call 204-756-2345

Located on Hwy. 59  
15 kms. North of Grand Beach  
www.golfgrandpines.com

## TRY YOUR DRUGSTORE *first*

- **Pharmaceuticals**
- **First Aid Supplies**
- **Hair Products**
- **Health & Beauty**
- **Stationary**
- **Greeting Cards**
- **Lottery Centre**
- **Gifts**



## PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.

367-2611

DISPENSARY

367-2517

### REQUEST FOR TENDER

Roof Replacement RM of Alexander Office  
104058 PTH 11

Sealed Bids, one original and one copy, in a clearly marked envelope must be received no later than 4:00 pm August 31, 2009.

This request for Tender is for the roof repair and shingle replacement at the RM of Alexander Municipal Office located at 104058 PTH 11, St Georges MB, as outlined in the scope of work contained herein, hereinafter sometimes referred to as the Project or the Work.

The intent of this document is to invite and receive bids to furnish all labour, materials, services, transportation and incidentals to perform the roof repair and shingle replacement.

A scheduled site examination can be done during regular Municipal hours of operation, 8:30 am - 4:30 pm Monday through Friday by appointment.

The project will be subject to a 10% holdback fee. Upon satisfactory completion of the project and inspection the holdback fee will be released.

Bids received after the deadline, whether delivered personally, or if mailed, regardless of postal markings, will not be opened. The onus is on the Bidder to ensure that the Bid is received in the proper location and before the closing time.

Michele Stefaniuk, CMAA  
Assistant CAO  
Rural Municipality of Alexander  
104058 PTH 11  
PO Box 100  
St. Georges MB, R0E 1V0

# Community

## A Faith Perspective:

By Pastor Jake Doell



**H**ave you ever gotten really angry with God? Life took a sudden and unexpected turn, and you wondered "Where is God in all of this"? Maybe you lost your job or maybe the doctor told you that you had contracted a terminal disease. Life can change so quickly. Often it leaves us wondering, "Does God even care?" Often we become disappointed with life and we even become angry with

God. After all if God is as big as His word says He is, why did He allow this to happen?

Anger at God can be displayed in a number of ways. Some choose to shout out their anger and disappointment to God others choose to ignore God as if He didn't exist. Jeremiah a prophet of God some 2600 years ago, got angry at God and shouted to Him, "O Lord, you have deceived me...you overpowered me

and prevailed...So the Word of the Lord has brought me insult and reproach all day long. But if I say, "I will not mention Him or speak in His name." But Jeremiah continued to be honest with God, "I was weary of holding it in, but indeed I cannot."

Jeremiah was honest with God. He did not pout and ignore God. He told Him exactly how he felt - angry. "O Lord, you have deceived

me..." God can handle our anger if it comes from an honest heart. Jeremiah came pretty close to packing it in as a prophet, "I will not mention Him or speak in His name." But Jeremiah continued to be honest with God, "I was weary of holding it in, but indeed I cannot."

Maybe life has disappointed you to the point where you are downright angry with God. Express your true thoughts and feelings to Him and then allow Him to reply to you. You see true prayer is a two way street. God is bigger than all our problems, in fact He is

bigger than life itself. God loves you in spite of your present dilemma. His words to you are found in the Gospel of Matthew, chapter 11 verse 28: "Then Jesus said, "Come to Me all of you who are weary and carry heavy burdens and I will give you rest." Millions have responded to that invitation and come to the Savior and found a rest that can't be found anywhere else. Come to Him today and tell Him how you feel and He will give you His peace and rest.

Real Estate	Real Estate	Real Estate	Real Estate	Real Estate
 <b>MLS#2909839</b> PTH11 - \$49,900. 157.96 acres on Highway 11 just West of Jackfish Creek. Excellent opportunity and priced to sell!	 <b>MLS#2904999</b> 32 Laura St, Powerview, \$188,900 - 1140 sq ft home, custom kitchen, patio with hot tub, DT/2 insulated.	 <b>MLS#2902097</b> 7 Ross St, Powerview, \$179,500 - 1920 sq ft bi-level home, DT/2 insulated & heated with workshop	 <b>MLS#2912278</b> 10 David Dr, Traverse Bay, \$89,900 - Loads of upgrades 200 x 400 lot, drilled well, new kitchen cabinets	 <b>MLS#2908522</b> 50 Fergusson Cr, Great Falls, \$114,900 - Attractive 1136 sq ft home, recently renovated kitchen, 2 baths, deck w/hot tub
 <b>MLS#2817130</b> 38 Ash St, Leisure Falls, \$12,000. Affordable lot on Ash St between Lac Du Bonnet and Pine Falls near the Winnipeg River	 <b>MLS# 2909603</b> 98 Lakeview Drive, Balsam Bay - \$26,990 Perfect place for the dream cottage, hydro and driveway approach, 2 min. walk to beach and Balsam Harbour right next door.	 <b>MLS#2913966</b> 1 Betty St, Powerview, \$159,900 - Immaculate 2 storey, 1298 sq ft, features brick fireplace and hardwood throughout	 <b>MLS#2821151</b> PRICE REDUCED FOR 2 WEEKS ONLY \$44,900...39 Pelican Harbour, LAKEFRONT for an excellent price! Cottage lot develop 2 hr drive N of Wpg.	 <b>MLS#2902624</b> 19 Lynnwood Drive, Traverse Bay \$109,900 - Perfect retreat for year round relaxation, drilled well, newer sunroom, br addition, DT/1, Guesthouse
 <b>MLS# 2914955</b> 38 Berrywood Bay, Hillside Beach \$139,900 - Year round 1032 sq ft home/cottage, DT/2, nicely treed and private lot	 <b>MLS#2911087</b> 47 Bayview Crescent, Traverse Bay \$255,000 - Lakefront impressive property, 1636 sq ft cottage with pine interior, open plan, 12x24 covered deck	 <b>MLS#2815569</b> 7 Ateah Drive, Traverse Bay, \$75,000 - Furnished 3 bdr cottage, with path to the beach just steps away	 <b>MLS# 2905930</b> 15 Troon Bay, Grand Pines, \$250,000. Gorgeous year round property in one of the area's nicest developments, over 1400 sq ft, furnished	 <b>MLS# 2912057</b> Hwy 59 and Traverse Bay Rd - \$124,900 11 1/2 acres located at the corner of Traverse Bay Rd and Hwy 59, great commercial potential!

## Ateah Realty Ltd.

Ph 204-756-3749 Fax: 204-756-3798  
Toll Free: 1-866-755-5406  
Box 70 Victoria Beach, MB R0E 2C0

# RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

## SUMMER PROGRAMS

**Crafts & Outside Games**  
A different craft every week in the Morning and outside games for the afternoon that can include baseball, soccer, badminton, Bocce ball etc.  
Every Monday @ Powerview - Pine Falls  
Every Tuesday @ Victoria Beach Sports Field  
10 am - 3 pm  
Cost: \$3.00 Bring a lunch

## Girls Only Day

An amazing fun day for just Girls that includes crafts, manicures, Make-up, games and popcorn & a movie.  
Wednesday July 8 @ Pine Falls School Gym  
Thursday July 9 @ Victoria Beach Sports Field  
10 am - 4 pm  
Cost: \$5.00 Bring a lunch

## Mini Olympics

Put your sneakers on and get Ready for a super fun challenging day of individual and relay races.  
Wednesday July 15 @ Pine Falls School Field  
Thursday July 16 @ Victoria Beach Sports Field  
10 am - 4 pm  
Cost \$5.00 Bring a lunch

## Hip Hop & Jazz Dance

Register now for July/August Session. Golden Leisure Centre Tuesday's  
Instructor: Alisha Carlson  
Kids Program Ages 3-4 \$25.00  
Kids Program Ages 5-7 \$25.00  
Kids Program Ages 9-11 \$35.00  
Adult Program \$35.00  
Registration night Monday June 22nd  
At the Pineview Rec Office  
For registration & fees contact 367-9142

## Softball

Powerview-Pine Fall  
Cost: \$10.00 per child for summer  
For July & August  
• Level 1: Ages 5 & 6  
Thursday evening @ 6:30 PM  
Industrial Park Diamond, Powerview  
• Youth ages 9 - 14  
Monday evenings @ 7:00 PM  
Tasty Treats Diamond, Powerview. Bring your own glove, hat & water. The emphasis is on Fun, Action and a Positive Atmosphere with a gradual introduction to non-struggle competition. To register contact Lori at Pineview Rec Office 367-9142

## PHat Camp

Physical Arts Training Camp Programs for children & youth ages 6+  
• Victoria Beach: July 27-31 Before July 1 \$100/After July 1 \$125  
• Powerview- Pine Falls: August 10-14, Before July 20 \$100/After July 20 \$125

This year's theme is Way of the Young Legends.  
Programs include: Phat School Musical, Hip Hop, Music Video, Cheer, Boot Camp, Film Making and more.  
• Teen & Adult Workshops  
New for this year for Tues & Thurs Evening: Hip Hop Dance @ Victoria Beach Sport Club Before July 1 \$25/After July 1 \$30. Salsa Dance @ Powerview School, Before July 20 \$25/After July 20 \$40.  
Camp registration forms available @ Pineview Rec Office 367-9142.

## Hop n Bop Program

Ages 3-5  
• Victoria Beach: July 27-31 Before July 1 \$30 After July 1 \$40  
• Powerview-Pine Falls: August 10-14, Before July 20 \$30/After July 20 \$40  
Monday - Friday 10:00AM - 10:45AM  
Funky, fun, energetic class ideal for both boys & girls. The class is designed with creative & fun elements teaching kids a better sense of body awareness, coordination, memory and rhythm using a wide range of both popular and world music.  
Camp registration forms are available @ Pineview Rec Office 367-9142

## Pine Falls Swimming Program

Session 1: July 6-17  
Session 2: July 20-31  
Session 3: August 3-14  
Duck (Parent & Child Program).  
Sea Turtle, Salamander, Sunfish,  
Red Cross Levels 1-10  
For registration and fees contact Rec Office 367-9142

## Female Softball/Fastpitch

Squirt (born 1999) PeeWee (born 1997) Bantam (born 1995)  
Looking into developing athletes to play in league play in 2010 in Winnipeg and also for the Manitoba Indigenous Summer Games, Manitoba Summer Games and possibly For the 2011 North American Indigenous Games in Wisconsin, USA.  
For more info contact Allister Courchene 367-4411 (wk) 367-2885 (hm) allistercourchene@black-river.ca

## EXERCISE PROGRAMS

**Seniors Exercise**  
Golden Leisure Club, Pine Falls Every Mon, Wed, Thurs & Fri 10:15 - 10:45  
**Body Sculpture**  
Walter Whyte School, Grand Marais  
Instructor: Natasha Joy  
Classes to resume in September Contact Natasha 756-3868 inatasha@mts.net

## Family & Beginners Fitness

Powerview-Pine Falls  
Instructor: Kim Bonekamp  
Classes to resume in September

## PINEVIEW RECREATION COMMISSION - Lori Vialoux, Rec. Director

Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls  
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

## Strength For Seniors

Powerview-Pine Falls  
Instructor: Kim Bonekamp  
Classes to resume in September  
Total Body Workout  
St. Georges School Gym  
Instructors: Nick Bonekamp & Paul Roberts  
Classes to resume in September

## Rise & Shine Fitness Class

Powerview-Pine Falls  
Instructor: Kim Bonekamp  
Classes to resume in September  
Contact Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

## Rivers North Fitness Coop

Powerview Arena  
\$100.00 membership  
\$250.00 annual user fee with membership  
\$300.00 annual user fee without membership  
For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

## GOLF

**Junior Golf Lessons**  
Pine Falls Golf Course  
Every Wednesday  
6:00 PM. Free of charge  
For more info contact Glen Hiebert 367-8982 or Pine Falls Golf Course 367-8463

## Junior Golf Clinic

Grand Pines Golf Course  
Wednesdays for month of June  
\$10.00 per class. Junior golf clubs available if required

## Pine Falls Golf Course

Ladies Night, Every Wednesday, Tee off 5:30 PM  
9 holes, Pre-registration call 367-8463  
• Men's Night, Every Thursday Shot Gun at 5:00 PM, 18 Holes Pre-registration call 367-8463  
• Seniors Day, Every Friday Tee off at 9:00 AM, 9 holes Grand Pines Golf Course  
• Ladies Golf Clinic, Every Wednesday in June, 5:30 PM \$10.00 per week  
• Kids Golf Free, Every evening starting 6:00 PM, Includes 9 holes, Parental approval for under 12  
• Family & Couples Night

Every evening starting 6:00 PM \$10.00 for 9 holes  
• Mixed Fun Golf  
Every Tuesday evening starting 6:00 PM, 9 Hole Scramble Prizes every week

## SENIORS

**Pole Walking**  
Senior Scene, Victoria Beach Monday, Wednesday & Friday 9:00 AM. For beginners, intermediate and high speed walkers. Coffee is available after the walk.

## GOLDEN LEISURE CLUB

**PINE FALLS**  
For Adults & Seniors 45+ Canasta, Wednesday & Friday's 1:00 PM  
Cribbage, Every first Monday of the month, 1:00 PM  
Bridge, Every Monday & Thursday, 7:00 PM  
Exercise, Every Monday, Wednesday & Friday, 10:15 - 10:45 AM

## SENIORS SCENE

**VICTORIA BEACH**  
For Adults & Seniors  
Yoga  
Every Monday @ 3:00 PM  
Advance Line Dancing  
Every Tuesday @ 10:00 AM  
Cribbage  
Every Tuesday @ 7:00 PM  
Stained Glass & Ceramics  
Every Tuesday @ 9:30 AM  
Square Dancing  
Every Tuesday @ 3:00 PM  
Quilting  
Every Tuesday @ 10:00 AM - 3:00 PM.  
www.seniorsceneinc.com

## FESTIVALS & EVENTS

**Vacation Bible School**  
Notre Dame du Laus (Powerview) Catholic Church Basement, July 13-17, Cost: \$20.00. Pre-register by June 30th with Michelle Kotak 367-2700 to 367-2753  
Cool Kingdom Party Vacation Bible School includes games, Prizes, snack, crafts, faith & lots of fun.  
3rd Annual Beaches 1/2 Marathon & 1/4 Marathon July 25th

Located in Hillside Beach starting at 8:00 AM  
For more info contact 756-3868  
Email: inatasha@mts.net  
Register online: www.events.runningroom.com

Festival Chateauguay July 17, 18 & 19, 2009  
Weekend celebration of culture, music, food, children's activities, fishing tournament, sand castle building and great family fun.  
For more info contact Diane 367-9970

Summer Winds Music Festival Victoria Beach Sports Field July 24 & 25, 2009  
Music, children's activities, great food & beer gardens.  
3rd Annual advance tickets are available.  
Visit www.summerwindsmusicfestival.com

Picnic In The Park Village Green, Pine Falls Friday, August 7th Noon - 4:00 PM  
Bike Parade & Rodeo, Chronic Disease Prevention, Entertainment, Helmet & Bike Safety, BBQ & more.

**PUBLIC LIBRARIES**  
Bibliotheque Allard Regional Library  
St. Georges 367-8443  
Operation Hours  
Tuesday 10:30 AM - 5:00 PM  
Wednesday & Thursday 12:00 PM - 8:00 PM  
Friday 12:00 PM - 5:00 PM  
Saturday 10:00 AM - 2:00 PM  
Internet Access Site

Beaches Library Located in Walter Whyte School 754-4007  
Operation Hours  
Tuesday 9:00 AM - 12:00 PM  
Thursday 4:00 PM - 8:00 PM  
Saturday 10:00 PM - 2:00 PM  
Internet Access Site

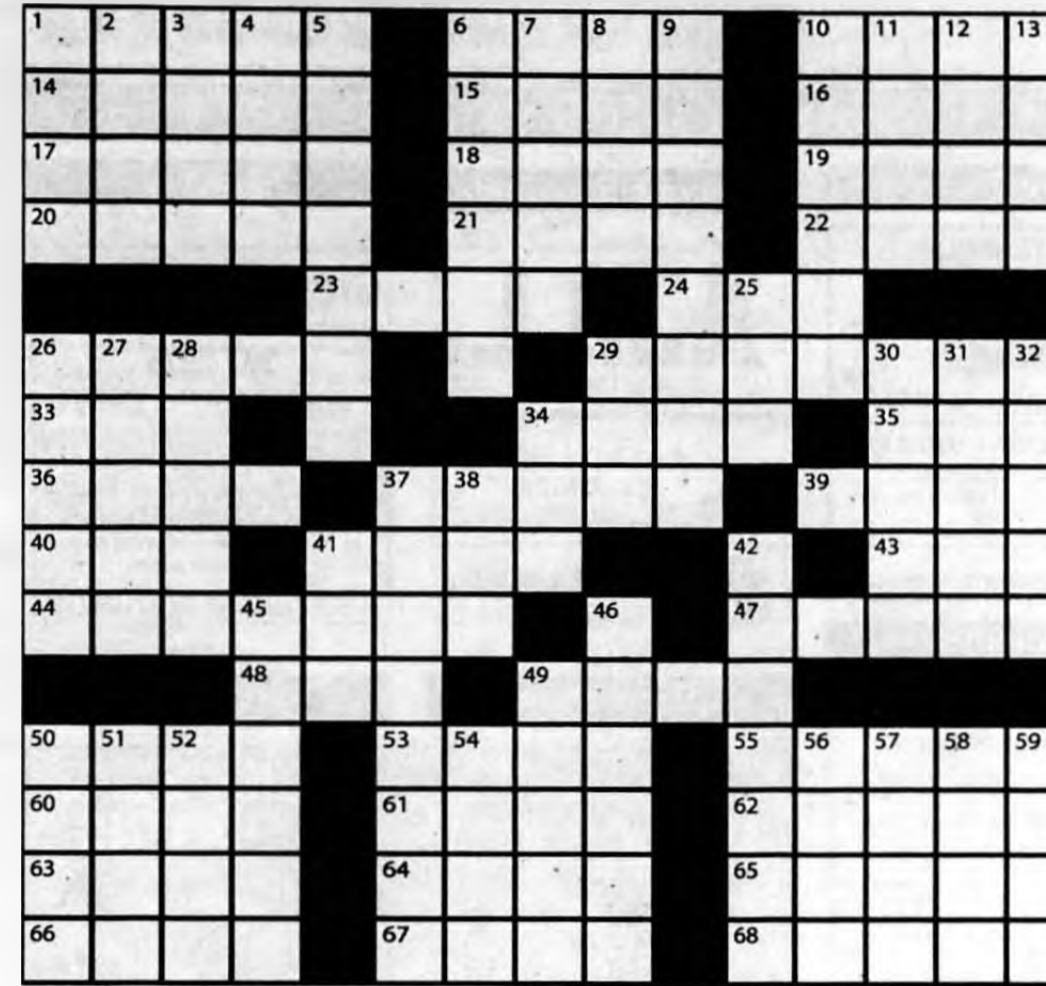
Pine Falls Library Located in Pine Falls School 367-8983  
Closed for July  
Internet Access Site

# PINE FALLS POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons	8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons	8-9 am Morning Swim & Lap Swim	11 am-8 pm Public Swim	11 am-8 pm Public Swim
9am-1pm Swim Lessons	1-4 pm Public Swim	9am-1pm Swim Lessons	1-4 pm Public Swim	9am-1pm Swim Lessons		
1-4 pm Public Swim	4-6 pm Water Games	1-4 pm Public Swim	4-6 pm Water Games	1-4 pm Public Swim		
6-8 pm Family Swim	6-8 pm Adult Swim & Lap Swim	6-8 pm Family Swim	6-8 pm Adult Swim & Lap Swim	6-8 pm Family Swim		

**Pool PRC Summer Memberships**  
Family \$105 Single \$52.50 Senior \$42.00  
**Non Member Drop In Fees**  
Single \$3 Family \$10 (Up to 4 people) 10 Visits \$25

# Crossword



Copyright © PuzPuz Puzzles 2008

- |                   |                      |                               |
|-------------------|----------------------|-------------------------------|
| Across            | 20. Senior           | 36. Chocolate cookie          |
| 1. Picture puzzle | 21. Palm fruit       | 37. Squalid                   |
| 6. Did laps, say  | 22. Daub             | 39. New Zealander             |
| 10. Tree trunk    | 23. Graphic symbol   | 40. Egg cell                  |
| 14. Blatant       | 24. Deuce            | 41. University head           |
| 15. Tramp         | 26. Boston newspaper | 43. Single                    |
| 16. Summit        | 29. Collusions       | 44. Search for an escaped con |
| 17. Keno          | 33. Fond du ___ Wis. | 47. Flexible plastic          |
| 18. Prayer ending | 34. Deviate          | 48. Affirmative               |
| 19. Wayer Men     | 35. Short sleep      |                               |

- |                    |                            |
|--------------------|----------------------------|
| 49. Valley         | 12. Child's building block |
| 50. Fishhook's end | 13. Leave                  |
| 53. Fleur-de-lis   | 25. How come               |
| 55. Speedy         | 26. Sombreness             |
| 60. Bellow         | 27. Cocoon contents        |
| 61. Finest         | 28. Sea                    |
| 62. Got up         | 29. Engine part            |
| 63. Against        | 30. Burger topper          |
| 64. Tardy          | 31. Yellowish brown        |
| 65. Fine thread    | 32. Pitch                  |
| 66. House title    | 34. Delivery vehicle       |
| 67. Flair          | 37. Reasonable             |
| 68. Afterwards     | 38. Dine                   |

- Down
- |                            |                      |
|----------------------------|----------------------|
| 1. Gown                    | 42. In general       |
| 2. Morally bad             | 45. Intercrossed     |
| 3. Curve                   | 46. Secure           |
| 4. Craving                 | 49. Panorama         |
| 5. Celebrated              | 50. Actor Pitt       |
| 6. Covertly follow someone | 51. Topnotch (hyph.) |
| 7. Adult female            | 52. Charge per unit  |
| 8. Assist                  | 54. Genuine          |
| 9. Pecuniary               | 56. Diva's solo      |
| 10. Cane material          | 57. Publicize        |
| 11. Opaque gem             | 58. ___ of Wight     |
|                            | 59. Does and bucks   |

## Solution



## CRYPTIC PUZZLE

NK LTI MFI BFSYJI ZX YT ATYJ, MJ BTZQI  
MFAJ LNAJS ZX HFSINIFYJX.  
-OFD QJST

Each letter represents another letter in the alphabet.  
See if you can break the code to figure out the famous quotation

**Last Week's Solution**  
WHAT A JOY IT IS TO FIND JUST THE RIGHT WORD FOR THE RIGHT OCCASION - JEWISH PROVERB

# Weekly Horoscopes AUGUST 20 to 28

**ARIES** (Mar. 21-April 20) Don't let others take advantage of your good nature. Don't let criticism upset you. Hassles will delay your plans. Intellectual stimulation is what you are looking for. This week is not the day to try to corner people by giving them ultimatums.

**TAURUS** (Apr. 21- may 21) Prove your worth; concentrate on getting the job done and steer clear of office politics and gossip. Uncertainties regarding your love life will surface if you have neglected your mate. Your partner may be somewhat irritable this week. Delve into your work if you can't make amends at home.

**GEMINI** (May 22-June 21) You should be getting into self-improvement projects. You really can't do anything to change matters this week. Unexpected events may be upsetting. Loss is evident if you don't consider all the angles.

**CANCER** (June 22-July 22) You can make a difference if you offer your help at functions that involve children. Your mate may want to pick a fight but if you're persistent with your affections their anger should dissipate. It will be important that you have your priorities straight. Develop some of your good ideas.

**LEO** (July 23-Aug 22) You may be up for some changes in your home. You must be extremely careful not to let relatives or friends interfere in your personal life. Expand your knowledge and sign up for courses and seminars. Deception and doubts may surround your involvement with friends and relatives.

**VIRGO** (Aug. 23 -Sept. 23) Partnerships will be favorable and contracts can be signed. You will meet exciting new people through interest groups or functions that you attend with your children. Be honest with yourself before getting involved with someone who is likely to lead you on. Think about your budget before booking a trip.

**LIBRA** (Sept. 24 -Oct. 23) Depression may be likely if you're away from home. Your emotional reaction will be dependent upon your partner's responsiveness. Try not to let your emotions interfere with the completion of your work. Your diplomacy will be of utmost importance this week.

**SCORPIO** (Oct. 24 - Nov. 22) You'll have problems with authority figures if you don't play by the rules. Your emotional partner will push the right buttons this week. Turn things around, make sure they do their share. Trouble could be brewing at home.

**SAGITARIUS** (Nov. 23 -Dec. 21) Your outgoing, aggressive nature will attract someone you've been eager to meet. Follow through on some of the good ideas that come up, and you could have a real winner of a deal. Wait and get all the information before consulting your boss. Be aware that you don't get anything for nothing.

**CAPRICORN** (Dec 22- Jan. 20) Your love will not be willing to listen to your criticism. Don't use emotional blackmail on someone you love. You are best not to discuss your personal life with others. You can make profitable investments if you purchase an art object for your home.

**AQUARIUS** (Jan. 21 -Feb. 19) Complete those hobbies you started a long time ago. Try not to get into disputes that will lead to estrangement's. You may find out that someone has not been completely honest with you. Don't let your emotions interfere with your professional integrity.

**PISCES** (Feb. 20-Mar. 20) Don't blame others for your own stubbornness. Much knowledge can be obtained through the experiences you have. Older family members may try to put unreasonable demands on you. Don't reveal anything about your personal life to those who may use such information against you.

# Classifieds

### For Rent

WoodlandPlace/DaleHaven Apartments. 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. Furnished, weekly and monthly rates also available, call after 6:00 p.m. 367-4922. TFN

### For Sale

Fabulous Cabin For Sale! Reduced price of \$54,000... Owners motivated to sell. Offers!!!! BrackenFalls. Many upgrades. Corner lot. Treed. Lots of Privacy with new fence. Call Vandy 204-377-4155 or vandyv1@gmail.com

### FOR RENT

Three Bay Repair Shop on Main Street in Powerview. Plus 900 square feet that can easily be converted to living space. \$1000 per month, call 367-8360. TFN-5

### For Sale

1 - 7 year old Ice making machine.  
1 - 8 year old Glass washer, both in working condition, BEST OFFER. Contact: Fay at 345-6522

### Wanted to Rent

Wanted to Rent  
I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFN

### Pets

1-yr old Collie-cross dog to give away. She was found, no one has claimed her, she has since been spayed, up-to-date on all shots, trained, leash trained, very well behaved, sweet & loyal. \$20 for leash, supplies & food. Please call Lesa @ 367-8786 or 754-0101. Great family dog. Unfortunately, will soon be going to the Humane Society.

## NEWS TIPS?

Call us at the Echo with your News Tips or Sporting Events.

PHONE: 367-9468  
FAX: 367-9974  
EMAIL: theecho@mts.net

Deadline for Advertising is Fridays at 3:00pm

### Printing

### For All Your Printing Needs

- Social Tickets
- Raffle Tickets
- Business Forms
- Wedding Invitations
- Envelopes
- Letterhead
- Cheques

**The Echo**  
Box 40, St. Georges, Manitoba R0E 1V0  
Place McDougall, St. Georges  
email: theecho@mts.net  
Phone: 204-367-9468 • Fax: 204-367-9974

### Advertising

\$5.50 for the first 25 words and 15¢ for each additional word. Photos are an extra \$5. Call 367-9468, fax 367-9974 or email theecho@mts.net to place your ad. (GST extra).

As low as **\$4.25 per Week!**  
For the Most Rates for Long-term Advertising  
**Echo Business Directory**  
367-9468

**Echo**  
Box 40, St. Georges, Manitoba R0E 1V0  
Place McDougall, St. Georges  
email: theecho@mts.net  
Phone: 204-367-9468 • Fax: 204-367-9974

## Business Classifieds

### Hunting/Fishing

**WHITE WOLF**  
Hunting & Fishing Supplies  
City Hunter Summer  
Box 22, Fort Alexander, MB R0E 0P0  
Located off Hwy. #11

**FALL HUNTING SEASON IS COMING SOON!**

- Canadian Firearms Instructor - Adult
- Hunter Safety Training Instructor - Youth, Online
- Small Repair Gunsmithing
- Gun Cleaning, Sighting in Scopes
- Layaway

**\*\*SPECIAL ORDERS AVAILABLE ON REQUEST\*\***

### Concrete/Excavating

**A.M.L.**  
AL MEISNER LTD

- REDI-MIX CONCRETE
- EXCAVATING
- AGGREGATES

**345-8454**

### Grocery

**Great Falls Foods**  
Highway 11, Great Falls  
**367-2976**  
OPEN 7 DAYS A WEEK

Store Hours:  
Mon - Thur: 8-6, Fri - 8-7  
Sat: 9-7 Sun: 12-5

Having a Social Function?  
Call us to look after everything for you  
Ask us about delivery

**The House of Quality**

### Automotive

To place your Business Directory ad, call 367-9468

Windshield Replacement & Repairs  
All Your Auto/body Needs  
Courtesy Care

**powerfalls AUTO BODY**  
Box 187, Powerview, MB R0E 1P0  
Phone: 367-2677  
Fax: 367-2336

### Excavating

**DAN'S EXCAVATING**  
Grading - Landscaping  
Foundation - Excavating  
204-340-5783

**Dan Courcelles**  
Box 1, Powerview, MB R0E 1P0

### Bakery

Watch for our Coffee Shop Opening Soon!

**Sunrise Bakery**  
204-367-9010

### Financial

**Caisse**  
A better way to bank  
367-8268  
www.caisse.biz

### Hardware

**RONA HARDWARE**  
For all your Hardware Needs  
OPEN: Mon. to Sat. 9am to 6pm  
Color Matching & Locksmith Services  
Pine Falls 367-2380

### Building Supplies

**Osis Building Supplies**  
"Home of the Crooked Stud!"  
367-9993

### Liberty Tax Service

**LIBERTY TAX SERVICE**  
Sandra Duval  
Franchise Owner  
367-4244

**INCOME TAX SERVICES**  
**BOOKKEEPING SERVICES**  
2 McDougall Ave., St. Georges, MB

### Hotel/Restaurant

**BIRCHWOOD MOTOR HOTEL**  
- 16 Modern Units  
- Hot tubs  
- Dining Room  
- Beverage Room  
- Meeting Rooms  
- Fully Licensed

Traverse Bay  
**756-2596**

**OPEN YEAR ROUND**

### Catering

**RAPID WATER DELI**  
CONVENIENCE  
Business Hours:  
Mon - Fri: 8am - 10pm  
Sat & Sun: 8am - 10pm  
Call 367-2992  
Located in McDougall Plaza, St. Georges

**PIZZA**  
**WATER REFILLS**  
**MOVIE RENTALS**

### Furniture

**Dave's**  
EXPERIMENT JVC  
204-367-5555

### Broadlands Mall

**Convenience Store/Gas**  
Movie Rentals  
Open Daily 7 am - 11 pm

**Restaurant**  
Daily Specials  
Open 6 am-10 pm

**367-4484**

### Computer/Networking

**M&C Bruneau's PC SERVICES**  
Microsoft Certified  
Professional Systems Engineer

- HARDWARE UPGRADES
- TROUBLE SHOOTING
- SYSTEM CONFIGURATION
- SOFTWARE INSTALLATION

Ph: 345-6876

### Gift Shop

**plum creek**  
Gift Shop  
Open Daily  
7 days a week 10am - 5pm  
Phone: 756-5555

### Computer/Networking

**WHYTE NORTH COMPUTER SERVICES**  
The Whyte  
204-367-2970  
whytenorth@mts.net  
www.whytenorth.ca

WE DO IT ALL

### Gift Shop

**The Veranda GIFT SHOP**  
Gifts • Antiques • Collectibles  
756-8184

### Computer/Networking

**GRANT WHYTE NORTH COMPUTER SERVICES**  
The Whyte  
204-367-2970  
whytenorth@mts.net  
www.whytenorth.ca

WE DO IT ALL

- Custom Computer Design
- Network Design & Support
- Virus & Software Removal
- Web Design & Hosting
- Data/Online Computer Software Support

### Grocery

**Dancyt's FOODS**  
204-348-2221

### Convenience Store/Gas

**Restaurant**  
Daily Specials  
Open 6 am-10 pm

**367-4484**

### Outdoor Store

**CLARK'S CORNER**  
Highway 11 and 204  
204-367-2228

OPEN 6:00am to 10:00pm  
6 DAYS A WEEK

Tackle & Outdoor Store  
Live Bait  
Meat Fuel

**DOMO**  
Under New Management  
JUMP TO THE PUMP

# Classifieds

### Hotel/Restaurant

**The Lakeview STEAKHOUSE**  
57 Park Avenue, Lac du Bonnet, Phone 345-8661

Every Friday & Saturday  
**Steak Dinner Specials**  
**CHINESE Available**

**Pasey's MOTOR INN**  
Live Entertainment  
Friday & Saturday  
Country Bands  
345-6294

### Medical

Call the Echo 367-9468 to book this space!

### Medical

**Blue Water Physiotherapy**  
Phone: 367-2537  
Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Acupuncture
- Orthotics
- Manual Therapy

Located on Highway #11 in Powerview

**Celeste Basson**  
R.S.M.T., C.A.P.T.

### Medical/Dental

**Powerview/Pine Falls Dental Centre**  
277A Main Street, Powerview  
Hwy 11 - Municipal Building  
Monday - Friday 9:30 a.m. to 4:30 p.m.

**Dr. Mark Karpa**  
**Dr. David Kindrat**  
**Dr. Drew Dear**  
**Dr. Danny Bae**

Emergency Care  
New patients welcome

**367-2815**

### Pharmacy

**TRY YOUR DRUGSTORE**

*first*

**PINE PHARMACY**  
Open Monday to Saturday  
9:30 a.m. to 5:30 p.m.

**367-2611**

**DISPENSARY**  
367-2517

### Manitou Lodge

**Manitou Lodge**  
Mon - Wed: 8am to 9pm  
Thurs. & Fri: 8am to 10pm  
Sat: 10am-10pm, Sun: Closed

**367-2252**

WEEKEND FEATURES EVERY WEEKEND

**Tuesday Nite**  
Wing Nite & Draft Special

### DR. ARNOLD ANDERSON

**LAB ON SITE**

**Optometrist**  
Contact Lenses and Eyeglass Fittings

**MANITOU LODGE PINE FALLS**  
**367-2390**

Monday - Friday 9:00 a.m. - 12:30 p.m.  
1:30 p.m. - 5:00 p.m.  
Closed Lunch Hou

Examinations done on Tuesdays

### Blue Water Physiotherapy

**Blue Water Physiotherapy**  
Phone: 367-2537  
Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Acupuncture
- Orthotics
- Manual Therapy

Located on Highway #11 in Powerview

**Celeste Basson**  
R.S.M.T., C.A.P.T.

### Papertown Motor Inn

**Papertown Motor Inn**  
367-2261

Deluxe Jacuzzi Rooms  
Licensed Family Dining Room  
Banquet Facilities  
VLTs, Beer Store  
Hot tub

**NITE**  
Night Club

**TWISTERS WATER PARK**  
1 Mile East of Pine Falls, Hwy. 304 & 11

### Blow In Cellulose Insulation

**O'HANLEY INSULATORS**  
Blow In Cellulose Insulation

Free Estimate  
Call Charles 367-4411  
367-1578  
ohanley-insulators@hotmail.com

### Physio at the Beach

**Physio at the Beach**  
Physiotherapy Clinic

**Jenny Terrio Baturin**  
Physiotherapist

- Ph: 754-8165
- #9 Pine Street, Sunset Beach

### PINE FALLS SERVICE CENTRE

**PINE FALLS SERVICE CENTRE**  
Monday to Saturday  
6:00 a.m. to 12:00 midnight  
Sunday 8:00 a.m. to 12:00 midnight

**SUBWAY**  
Subway open 7 days a week  
from 10:00 a.m. to 11:30 p.m.

**367-8803**

### For the Best Rates for Long-term Advertising

**The Echo Business Directory**  
**367-9468**

### Insurance

**POWVIEW AGENCIES**  
367-4455

the co-opelites autopac

### For the Best Rates for Long-term Advertising

**The Echo Business Directory**  
**367-9468**

### Insurance

**POWVIEW AGENCIES**  
367-4455

the co-opelites autopac

### For the Best Rates for Long-term Advertising

**The Echo Business Directory**  
**367-9468**

### Your Ad Here

**Your Ad Here**

### Memorials

**STEWART'S MEMORIALS**  
Lac du Bonnet  
345-2644

### Real Estate

**Ateah Realty Ltd**  
Professional Service  
Professional Results

Toll Free  
**1-866-755-5406**

Resident agents serving  
Eastern Shores of Lake  
Winnipeg and area

204-756-3749  
www.ateahrealty.com

### For the Best Rates for Long-term Advertising

**The Echo Business Directory**  
**367-9468**

### For All your Real Estate Needs!

**CONTACT**  
Our Real Estate Professionals  
Look forward to Working with You!

**Century 21**  
Sun Country Realty

Call 1-800-854-8148  
345-2121 • 268-2011  
Email: c21sun@mts.net

www.century21suncountry.com

### Pawn Shop

**CASH IN A FLASH PAWN**  
Located on the corner of  
Arl Ave. and Hwy. 11  
in Powerview

**367-4537**

### Septic

**Gilles Lamoureux**

**G's SEPTIC TANK CLEANING SERVICE**  
Portofolio Toilet Rentals

PO Box 905, PINE FALLS, MANITOBA R0E 1W0  
PHONE: 367-4706 CELL: 345-3835

### Windows

**WANTED 8 HOMES THAT NEED NEW WINDOWS**

Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.

The ultimate product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Climate Shield Premium Windows come with TempSmart Space System as well as SolarPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill!

Your home can be a showpiece in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.

Ask about low monthly payments through Hydro

For an appointment call  
the showroom at  
**NISBY WINDOW & DOOR**  
1-800-582-5488  
www.nisby.mb.ca

### Windows

**WANTED 8 HOMES THAT NEED NEW WINDOWS**

Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.

The ultimate product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Climate Shield Premium Windows come with TempSmart Space System as well as SolarPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill!

Your home can be a showpiece in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.

Ask about low monthly payments through Hydro

For an appointment call  
the showroom at  
**NISBY WINDOW & DOOR**  
1-800-582-5488  
www.nisby.mb.ca

**TRY YOUR  
DRUGSTORE**

*first*

- *Pharmaceuticals*
- *First Aid Supplies*
- *Hair Products*
- *Health & Beauty*
- *Stationary*
- *Greeting Cards*
- *Lottery Centre*
- *Gifts*



*Pick up Your  
Sunscreen for your  
work in the garden!*



**PINE  
PHARMACY**

*Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.*

**DISPENSARY**

*367-2611*

**367-2517**