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COMMENT

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\$1.00 tax included
 July 29, 2009
 Volume 18, No. 18
The Winnipeg River

Echo

Pine Falls/Powerview, Sagkeeng, St. Georges, Grand Falls, Beaches, Little Black River, Maniyotagan and Assost

AUG 5 2009

Another Mill Shutdown

By Charles Norman

The Tembec newsprint mill was back in production again this week, but only for a week. Another three week shutdown has been scheduled in August.

The Tembec - on again off again operation of the mill is typical of the entire North American newsprint industry, but analysts warn that the newsprint market will not stabilize until some mills are taken out of production permanently. They claim that if no mills close down then, when the demand begins to pick up again, mills will take less downtime and hence will maintain a surplus of capacity in the market with the result that prices will continue to be too low to sustain the industry.

Everyone in the industry knows that, and every producer is hoping that the other guy will quit first. The biggest newsprint producer is Abitibi Bowater. Instead of taking some of its mills out of production in order to stabilize the industry, it is marketing its newsprint aggressively - using a low price structure in an attempt to "buy" the market and put others out of busi-

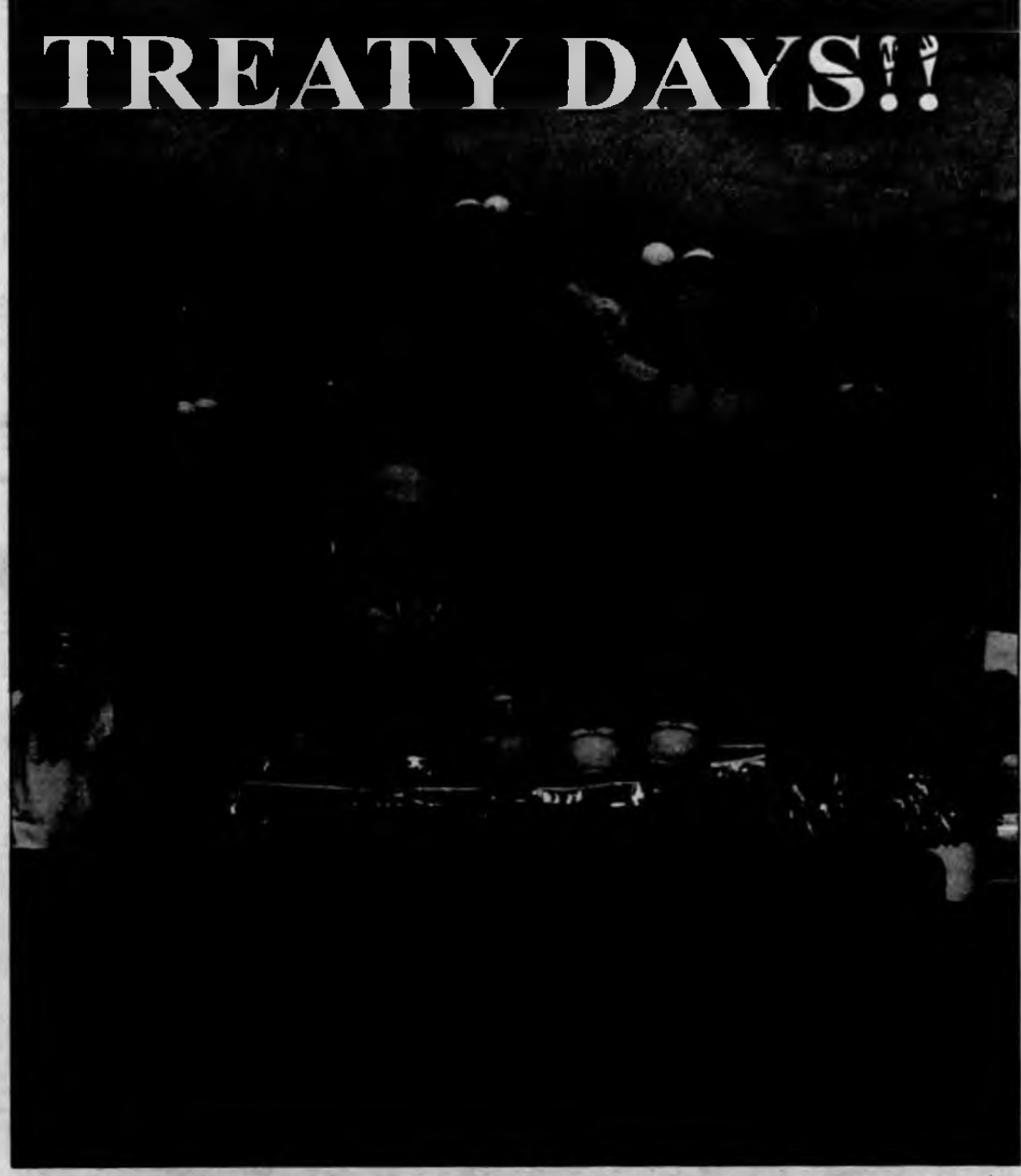
ness. Abitibi Bowater is in bankruptcy so its shareholders have nothing to lose if the company loses money. Presumably the company has obtained the approval of its other creditors for this marketing strategy.

The net result is that there is a really vicious war going on for the control of what remains of the market. It is impossible to say who will be left standing at the end of this war, but it is certain that it cannot go on much longer, and that when it's all over there will be less newsprint producers in North America than there are now.

The Manitoba mill may be one of the survivors. While the mill is an old and not very efficient mill, it has the advantage of being in Manitoba where Hydro costs are as low as anywhere in the world. Electricity is a major part of the cost of newsprint, and environmental policies of the new US administration are likely to cause a doubling of power prices if they are implemented the way they are currently proposed. The problem is that it will take some time before the effect of the new policies are reflected in US utility prices.



Tembec's Pine Falls newsprint mill



One of the floats in the Sagkeeng Treaty Days Parade held yesterday. (July 28). The Treaty Days celebration runs from Tuesday July 28 to Monday August 3rd. The Sagkeeng treaty, Treaty No. 1, was signed 138 years ago, on August 3rd, 1871. Please see page 2 for more the weekend's schedule.

welcome to the bright side.

SUNOVA
 bank brighter.
 www.sunovacu.ca

News/Letters

Treaty Days Weekend Schedule - Thursday to Sunday

THURSDAY

8AM-10AM PANCAKE BREAKFAST
\$5.00/Plate—Christ Anglican Church
Contact: Nancy & Richard Bruyere 367-8226

9PM - 5PM TREATY PAYMENTS
Arena Lobby
Contact: Rita Guimond 367-2287

10AM—GOLF TOURNAMENT
Grand Pines Golf Course
Contact: Pat Bruyere 367-2249

12PM-6PM CHILDREN'S CARNIVAL
Arena Grounds
Contact: Sagkeeng Wellness 367-2755

12PM-7PM—HOLE IN ONE
Arena Grounds
Contact: Garry Courchene 367-2129

1PM-3PM KIDS JIGGING
KIDS TOY SCRAMBLE 2-6 YRS
INFANT CRAWLING PARENT/CHILD RELAY
Arena Grounds
Contact: Maternal Child

Health 367-1358

3PM-5PM—KIDS SHOWS
Treatment Centre
Contact: Garry & Susie Swampy 367-4921

7PM-9PM—HIGHWAY 373 CONCERT
Arena Multiplex
Contact: Fran Bruyere 367-2215

6PM—\$10,500 MINI MONSTER BINGO
Care Home Grounds
Contact: Laurie or Tanya 367-2287

FRIDAY

8AM-10AM—PANCAKE BREAKFAST
\$5.00/Plate—Christ Anglican Church
Contact: Nancy & Richard Bruyere 367-8226

9AM-3PM—FISHING DERBY
White Wolf
Contact: Cory Seymour 367-4204

10AM—KIDS TOY SCRAMBLE (2-6 YRS)
Care Home Grounds
Contact: Wanda Cook 367-

2245

12PM-7PM—HOLE IN ONE
Arena Grounds
Contact: Garry Courchene 367-2129

1PM—BEST BANNOCK CONTEST
Sagkeeng Arena
Contact: Sagkeeng Wellness 367-2755

1PM—KIDS TOY SCRAMBLE (7-12 YRS)
Care Home Grounds
Contact: Wanda Cook 367-2245

2PM—SIGNATURE CAKE CONTEST
Sagkeeng Arena
Contact: Sagkeeng Wellness 367-2755

1PM-3PM—BABY STROLLER CONTEST
Treatment Centre Gym
Contact: CPNP Program 367-1358

3PM-4PM—BABY CRAWL CONTEST
Arena Grounds
Contact: Child & Family 367-2215

4PM—TRIATHLON
North Shore
Contact: Sean Roche 367-1315

7PM—POWWOW GRAND ENTRY
Sagkeeng Powwow Grounds
Contact: Darlene Courchene 340-6206

7PM-11PM—MUCH MUSIC
\$5.00 Entry Sagkeeng Arena
Contact: Culture Centre 367-2129

Contact: Fabian Bunn 367-8561

11AM—QUAD MUD BOG
Starr Road, South Shore
Contact: Sharon Bruyere 367-2263

12PM—DOUBLES HORSESHOE TOURNAMENT
Cameron Bunn's North Shore
Contact: Cameron Bunn 367-2584

12PM-7PM—HOLE IN ONE
Arena Grounds
Contact: Garry Courchene 367-2129

2PM-6PM—SQUARE DANCE JAMBOREE
Sagkeeng Arena
Garry Swampy 367-4921

6PM—CANOE RACES
Road down by Powwow Grounds
Contact: Laurie or Tanya 367-2287

10AM—SLOW PITCH TOURNAMENT
North Shore Ball Diamond
Contact: Fabian Bunn 367-8561

12PM—SINGLES HORSESHOE TOURNAMENT
Cameron Bunn's North Shore
Contact: Cameron Bunn 367-2584

12PM-7PM—HOLE IN ONE
Sagkeeng Arena
Contact: Garry Courchene 367-2129

1PM & 7PM—POWWOW GRAND ENTRY
Sagkeeng Powwow Grounds
Contact: Darlene Courchene 340-6206

1PM-3PM—FUN FAIR
Sagkeeng Junior High
Contact: Garry Swampy 367-4921

1PM-3PM—KIDS SCRAMBLES
Arena Grounds
Contact: Allison Courchene 367-9548

8PM-9:30PM—CRYSTAL SHAWANDA CONCERT
Sagkeeng Arena
Contact: Laurie or Lana 367-2287

11:30PM—FIREWORKS
Arena Grounds

SATURDAY

8AM-10AM—PANCAKE BREAKFAST
\$5.00/Plate—Christ Anglican Church
Contact: Nancy & Richard Bruyere 367-8226

10AM—SLOW PITCH TOURNAMENT
Northshore Ball Diamond

SUNDAY

8AM-10AM—PANCAKE BREAKFAST
\$5.00/Plate—Christ Anglican Church
Contact: Nancy & Richard Bruyere 367-8226

Letters:

Town Falling Short Again?

Today (July 23rd) I received the Town Newsletter enclosed with my water bill. Front page states "They're back, etc", indicating mosquito spraying will start Thursdays.

Oh good... we really need this... the bugs are really bad. But wait...

I telephoned Public Works to ask if spraying would take place tonight. I was told "NO, Larry Stinson is not back till next week." Upon further query, I was told Larry is now on contract by the Town and is the only person who is qualified to spray/apply chemical, but is only available one week out of three. So now what??

1. Is this the best the Town can offer? Sporadic spraying dependent upon ONE person????

2. How come there is not another qualified person on staff or for hire to carry out this much needed and promised action?

The Town fell short in their promise to carry out regular mosquito spraying last year, and it appears it will do so again this year.

The Town council needs better foresight and planning in these matters because the Town residents deserve this service.

Summer's too short to stay indoors!!!!

Gloria Beedy



<p>Thursday</p> <p>Bud, Spud & Rib Night</p> <p>\$8.99</p>	<p>Friday</p> <p>Bud, Spud & Steak Night</p> <p>\$8.99</p>	<p>Saturday</p> <p>Bud, Spud & Steak Night</p> <p>\$8.99</p>
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HAPPY HOUR
Every Weekday 4:30-6:00pm

NITE
Crown

Paperto



Powerview RCMP Press Report

July 20th - July 25th, 2009

2009/07/20

POWVIEW
Investigations continue into a spousal assault where a female was forcibly confined to a residence. A male was apprehended later, charged accordingly and remanded into custody.

MANIGOTAGAN - a house fire was reported to police. Smoke & minimal damage was sustained to the residence. The small blaze was extinguished prior to emergency crews being alerted.

BELAIR - a break and enter at a cottage property resulted in some damages. Nothing was stolen in the incident.

POWVIEW - police attended a local business where culprits set a garbage can on fire. No suspects or evidence was obtainable from the incident.

FORT ALEXANDER - a patrol of the North Shore was made after reports of shots fired in the area. The incident was unfounded, police could not locate anyone with firearms in the vicinity.

2009/07/22
PELICAN HARBOUR - Culprits were caught on camera removing a barbecue from a cottage development.

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Blue Water Physiotherapy

Is Now Open Full Time
Monday to Friday from 9:00 am to 4:30 pm.

We would like to welcome, Cherie Crous, as our new physiotherapist. Cherie trained in South Africa and moved to Canada earlier this year. She also specialized in manual therapy and Pilates while in South Africa.

Cherie will be offering Pilates classes in addition to working as a physiotherapist. Please contact the clinic at 367-2537 for rates, location and schedule of classes.

Good luck Cherie, we hope that you will enjoy working in our great community!

Police continue to investigate.

POWVIEW - police recovered a firearm from a stolen vehicle abandoned in a ditch. Investigations continue.

BLACK RIVER - investigations continue into a family 1 dispute where threats were uttered. Alcohol was involved in the incident.

2009/07/23

MANIGOTAGAN investigation continues into an assault of a female with a weapon. The woman was taken to local hospital for her injuries. A male has been charged in the incident.

FORT ALEXANDER - a spousal dispute resulted in a female being assaulted. The male suspect was not located by police and a warrant has been issued at this time.

PINE FALLS - police patrolled for 2 suspicious people after complaints of shoplifting and loitering outside business's. A female and male were later identified and warned by police as requested by the complainant.

2009/07/24
FORT ALEXANDER - Police intervened in a custody matter and the situation was stabilized. All parties were spoken to accordingly. - Police continue to try and locate a male in breach

of court orders. The man continued to be in contact with a female while on a no contact order.

ALBERT BEACH - 2 break, enter and thefts at cottages at Albert Beach were reported to police.

TRAVERSE BAY - a break, enter and theft at a cottage was also reported from this area.

2009/07/25

RM ALEXANDER - investigation continues into an assault of a female with a weapon. The woman was taken to local hospital for her injuries. A male has been charged in the incident.

HILLSIDE BEACH/ BELAIR - 3 break, enter and thefts at cottage properties occurred. Police have no

suspects at this time.

HOLLOW WATER - a male was taken into custody for breach of an undertaking x 3, assault and possession of a weapon. Investigation continues.

Numerous items were stolen in the break and enters. Police have no suspects at this time.

SUMMARY: JULY 20th - JULY 26th, 2009

Police also attended to:

- 1 False 911 calls
- 6 Alarms
- 5 Assistance to other Police Agencies/Service of Documents
- 2 Common Offence Notices (HTA/Liquor)
- 0 Coroners Act

- 0 Impaired Driving/Refusal of Breathalyzer
- 8 Intoxicated Persons Detention Act/Disturb Peace
- 6 Mental Health Act Transport
- 2 Noise By Laws/Complaints
- 1 Sexual Assault
- 1 Theft Under(Prescription Medication)
- 7 Traffic Accident Reports

REMEMBER IF YOU HAVE ANY INFORMATION ON ANY CRIMINAL MATTER YOU CAN REMAIN ANONYMOUS AND CONTACT CRIME STOPPERS AT 1-800-782-8477 OR THE POWVIEW RCMP AT 367-8728.

YOU CAN PROTECT YOURSELF FROM WEST NILE VIRUS

DON'T BE A TARGET

WHAT ARE THE SYMPTOMS?

- A severe case of West Nile virus (WNV) can be life-threatening and may result in long-term disability.
- Some people develop an illness with symptoms such as fever, headache, fatigue, body aches and rash.
- Most people infected with WNV have no symptoms and do not become ill.

WHO IS AT RISK?

- In southern Manitoba, anyone can be exposed to an infected *Culex tarsalis* mosquito during the summer months.
- Severe illness most often occurs among older adults or people with chronic health conditions or weakened immune systems. However, severe illness has occurred in all age groups.

WHEN IS THE RISK HIGHEST?

- The risk of WNV infection is highest during late June, July, August and early September.
- The risk varies from year to year based on temperature, precipitation, mosquito population and other factors.

HOW DO I PROTECT AGAINST WNV?

- Reduce the time you spend outside between dusk and dawn.
- Apply an appropriate mosquito repellent.
- Wear light-coloured, loose-fitting, long-sleeved clothing.
- Get rid of standing water around your home.
- Make sure your door and window screens fit tightly and are free of holes.

For more information about West Nile virus (WNV), including information about risk, visit our website at manitoba.ca. For WNV health concerns, contact your doctor or call Health Links-Info Santé at 788-8200 (in Winnipeg); toll-free 1-888-315-9257.

Manitoba

Comment



Shawn Atleo is the newly elected Grand Chief of the AFN

A New Grand Chief

By Charles Norman

Shawn Atleo was elected AFN Grand Chief on Thursday, July 23. During his campaign for election for National Chief he made education the cornerstone of his campaign. His interest in education is not surprising - he has a masters degree in education and global change from the University of Technology of Sydney, Australia, his mother and father both have PhDs. Atleo earned his degrees by correspondence.

He is Hereditary Chief of the Ahsousht First Nation on the west coast of Vancouver Island. There is no road. Ahsousht is only accessible by air or by sea.

As leader of Canada's First Nations, Atleo has big shoes to fill. Two of his predecessors, David Courchene and Phil Fontaine both had a major impact. Courchene was instrumental in bringing the concerns of aboriginal people to the forefront of

Canadian politics and there is no question that Phil Fontaine has made major progress - especially on the residential schools issue which could easily have been brushed under the carpet and forgotten if it were not for him.

Atleo is 42 years old and from a new generation. He recognises how important education is and recognises the direct connection between poverty and education and promise to use all his efforts to improve the quality of aboriginal education. It is the only way to eliminate poverty among Canada's First Nations. Aboriginal poverty exists. There are many of Canada's First Nations Peoples living in Third World conditions. In one of the richest countries in the world it is a national disgrace.

People with skilled trades or with a university education are not poor. Education is the way out of the despair

and hopelessness of a life on welfare.

It is interesting to note that next Monday is the anniversary of the signing of treaties one and two. In those treaties the crown promised to set up a school on every reserve if the community wanted it. It seems that Atleo will ensure that those schools will be every bit as good as off-reserve schools.

Our community is showing the way. The recent grade 12 graduation ceremonies indicated a dramatic increase in high school completion rates for members of Sagkeeng, Black River and Hollow Water First Nations. Something is working - and working well. You could not help but notice the excitement and confidence in the future at the Hollow Water and Sagkeeng ceremonies. There is still much to be done - especially in the remote communities. Shawn Atleo deserves our support.

A Faith Perspective:

By Pastor Jake Doell



The Bible - God's Final Answer

I'm sure most of you are familiar with the popular game show on TV called "Who wants to be a millionaire?" The contestant's must choose from four possible answers. When the answer is given the host asks the question, "Is that your final answer?" If the contestant gives the correct answer, they are eligible to win the corresponding cash prize. The longer the correct answer is forthcoming the greater the prize.

Life is filled with many questions. Is there a place we can go to for the "final answer"? Many people tune in to the TV talk show host for the final answer. Others read their horoscopes, and others go to a psychic. Although these sources will give you an answer but it is not the "final answer." There is much more at stake to life's questions and answers than \$1,000,000 dollars. Who in life can give the correct final answer to all of life's questions? Peter the disciple who walked on water asked Jesus one day, "Lord to whom shall we go? You have the words of eternal life." (John 6:68)

Peter asked a very important question that all of us need to ask.

Is there a book that gives the "final answer" on all life's important questions? Questions like "What is the purpose of my life? Where do I go after I die? Is there a heaven and a hell?" God has given us a book that gives us the correct answers to those questions. It is the Bible - the Word of God. You see if you



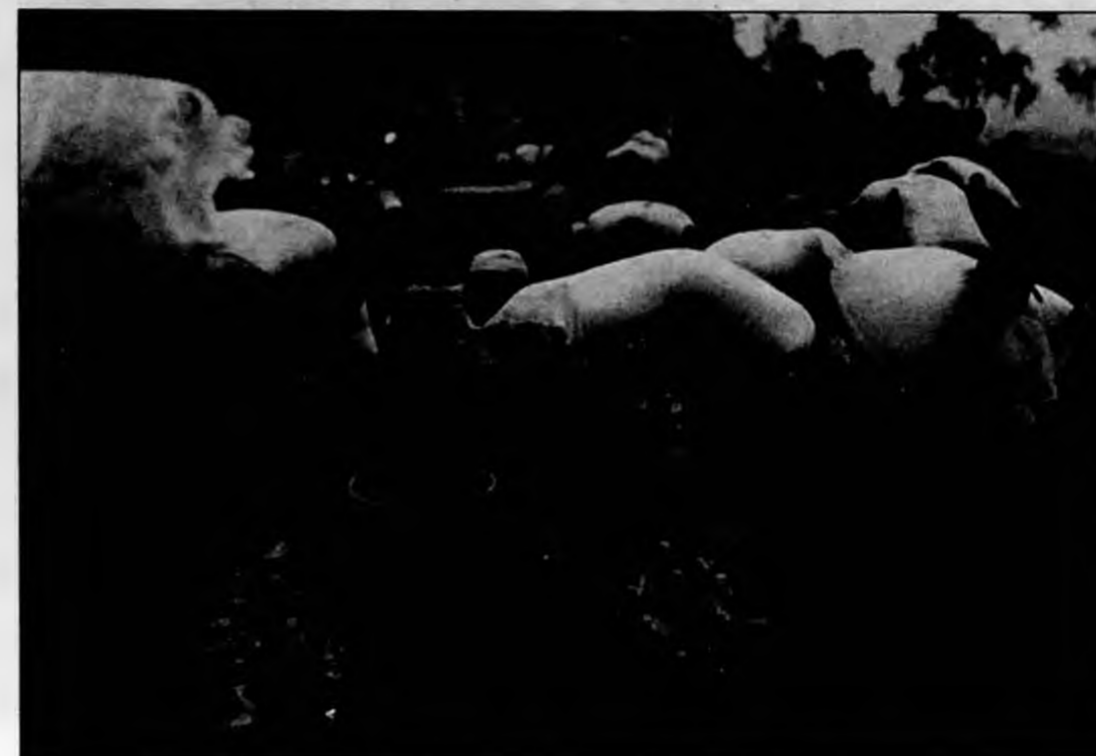
give an incorrect answer to a million dollar question, you've lost your chance to be a millionaire. But what if you give the wrong answer to the question "What must I do to inherit eternal life?" You lost spending eternity with God and that is a far greater loss than a million dollars. The Bible asks the question, "And how do you benefit if you gain the whole world but lose your own soul in the process. Is any thing worth more than your soul?" All of us must answer that question in the "game of life." What will your answer be? If you need to study "the BOOK" to get the correct final answer, do so today. God doesn't want anyone to lose at the game of life so He gave us the BIBLE which is His "final answer" to all of life.

Jesus Christ who answered all the questions correctly said this, "I am the Way - I am the Truth - I am the Life. No one can come to the Father, except through Me" (John 14:6) So prepare to be a winner and study for the exam. Your answer will determine your eternal destiny.

Comment

On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board



Canada Leading By Example When It Comes to Food Security

It is an unfortunate reality that not everyone in the world has access to food. With over a billion people now suffering from hunger, food security is a critical global challenge whose effects are felt most dramatically by the world's poorest and most vulnerable.

Both before and during the current global recession, we've seen a troubling pattern of scarcity and price instability causing significant hardship, particularly in the developing world.

Whether we are talking about famines, price-spikes or lack of sustainable agricultural development, there are many clear and compelling humanitarian, economic and security reasons to address this mounting global challenge today.

At the recent G8 Summit in Italy, Prime Minister Stephen Harper announced Canada's participation in the G8 food security initiative. As part of this participation, Canada will more than double its investment in food security and provide \$600 million in increased funding over three years, reaching \$1.18 billion in overall fund-

ing. In total, G-8 members pledged to mobilize at least USD \$15 billion (CAD \$17.4 billion) over three years for programming and initiatives. Canada is a global leader in increasing food security, with our overall investment including food aid reaching over \$580 million in fiscal year 2008-2009, a nearly 40% year-over-year increase. In April 2008, we fully untied our food aid budget, which particularly benefits developing countries. Untying food aid helps promote the development of local and regional markets, and helps to ensure the food assistance needs of vulnerable populations are met in a more timely manner. According to the Organisation for Economic Co-operation and Development, untying food aid dollars increases its impact by as much as 30% because it allows for activities such as local procurement and cutting transportation costs.

Our Government recognizes how important it is to do our part, leading by example on the world stage. Unfortunately, the same cannot be said for Liberal party leader Michael Ignatieff

who, in dealing with countries like North Korea, has stated that he supported a "reduction in food aid" to strengthen the international community's negotiations with North Korea on nuclear weapons.

Mr. Ignatieff downplayed concerns about the impact of a food boycott on the already starving civilian population, stating: "Is that a difficult human rights problem? You bet. But that's where I would go."

Unlike Mr. Ignatieff, our Government does not agree that reducing food aid to the starving civilian population of North Korea is the way to go. We will continue to do our part to ensure the world's most vulnerable have access to food.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8-227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net

Remaining Focused on the Economy

On Parliament Hill, Vic Toews, MP for Provencher and President of the Treasury Board

Earlier this week, members of the Conservative caucus travelled back to Ottawa for a mid-summer meeting. We discussed the concerns and issues our constituents have raised with us over the month of July and we discussed the continuing implementation of Canada's Economic Action Plan.

While there continues to be speculation about election readiness, our focus remains firmly on continuing to implement our Action Plan. And while we have recently seen some encouraging economic data, we fully understand that many Canadians are still being hurt by the global recession.

We are particularly concerned about Canadians who have lost their jobs. These Canadians, in particular, expect their political representatives to keep our eye on the ball - on implementing an effective response.

Fortunately, Canadians are seeing benefits from the timely, targeted and temporary investments in our Economic Action Plan. More than 80% of the investments in our Economic Action Plan are already being implemented, and we are working hard to implement the rest.

In fact, Canada continues to outperform on the world stage. The International Monetary Fund (IMF) says

that of all the industrialized countries in the world, Canada has seen the smallest decline. As well, the IMF has projected that Canada will be one of the strongest to recover in the coming months.

We are leading by example with Canada's Economic Action Plan. Tax cuts and targeted investments are providing important stimulus for businesses, helping to maintain and create needed jobs for Canadian workers. As the IMF put it, Canada's Economic Action Plan is, "large, timely and well-targeted."

As we prepare for the fall session, we will remain focussed on delivering our Action Plan. If you want to hear partisan rhetoric and endless election speculation that will create no jobs and generate no economic activity, then listen to the other parties.

While the opposition are focussed on the priorities of politicians, we're focussed on the economy - the real priority of Canadians.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8-227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net



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News



Damn Straight

3rd Annual Summer Winds Music Festival a Success

by Cara Kennedy

On Friday July 24th, 2009 the Summer Winds Family Music Festival kicked off its third annual year of good music with a bang! The gates opened on Friday at 7:00 pm and the 2-day festival began with the youngest performer

of the weekend, Dylan Thomas, who at the age of 9 has already placed first at the Winnipeg Musical Festival for his classical guitar skills. Followed by fiddlers Bryan Koshelanyk and Emily Green of the Metis fiddlers group who stomped and fiddled their hearts out pleasing

the crowd. Further entertainment for Friday included Michael Lauze, a modern day Johnny Cash who was accompanied by Al Kelsch. After that The Burning Kettles featuring Becky Hill lit up the stage with their folk style twist on our favourite nostalgic tracks from the 60's

and 70's. To end off Friday night, Mike Bilenki, Take me to the Pilot, hit the stage with exceptional vim and vigor making his hometown of Victoria Beach ever so proud!

The festival picked up right where it left off on Saturday July 25th, 2009 at 3:00 pm with the first performer at 4:00 pm, LuLu & the Tom Cat. The sunny and hot afternoon catered to young families with multiple craft like activities for children. The children danced around in hand made fairy headbands and bandanas, which they had the opportunity to make at the children's tent, while a few kids even made their way on stage to jam with the hilarious LuLu and the Tom Cat! At 5:30 pm blue grass band The Squirrel Creek Ramblers with local Tom Stucky performed their authentic tunes with virtuosic playing of the banjo and guitars. Following the rambler's was the beloved Dust Rhino's, a 5 piece butt-kickin' Celtic band from Winnipeg that left the audience in stitches after their wonderfully musical and comedic performance. When the sun went down the mood of the festival changed and an older crowd of people

poured in to catch the last two acts of the evening Damn Straight and Division Slaves. At 9:00 pm Damn Straight stepped up to the plate and showcased their country/rock style with some great oldies hits. With the audience revved up on good music, the final band of the night, Division Slaves hit the stage to a rocking finish. To compliment the incredible

musicianship of the young band surprise guest appearance Peter Jesseman played along side the Division Slaves for a few numbers. As always Master of Ceremonies Graham Cameron kept the crowd amused with his wit and singing abilities. The night finished at 1:00 am, but no was even close to being ready to go home! At this time The Moonlight Inn's catering bus, was flooded with hungry dancers wanting fries and a burger before they ventured home.

The festival attracted over 800 people over the two days of celebration, "a number that the sports club had aimed for" said Glenn Halgren chairperson of the festival. The Victoria Beach ballpark located on Hwy 59 (which is the proposed site for the new sports facility) seemed to be an appropriate venue to house such an event because "the gated area was safe for kids, and great for parents wanting to enjoy the music" said an onlooker. However, the festival did not only attract families, but people of all ages looking for exceptional music, crafts, food, and the famous silent auction draw!

Overall the festival was a gigantic success for the Victoria Beach Sports Club. The proceeds of the festival will bring us that much closer to the goal of a new sports facility. Thank you to all of the sponsors and dedicated volunteers and especially to everyone that came out to support the event. We hope to see you all at The Summer Winds Family Musical Festival 2010!



Tom Cat

4P Festival 2009 Market Square

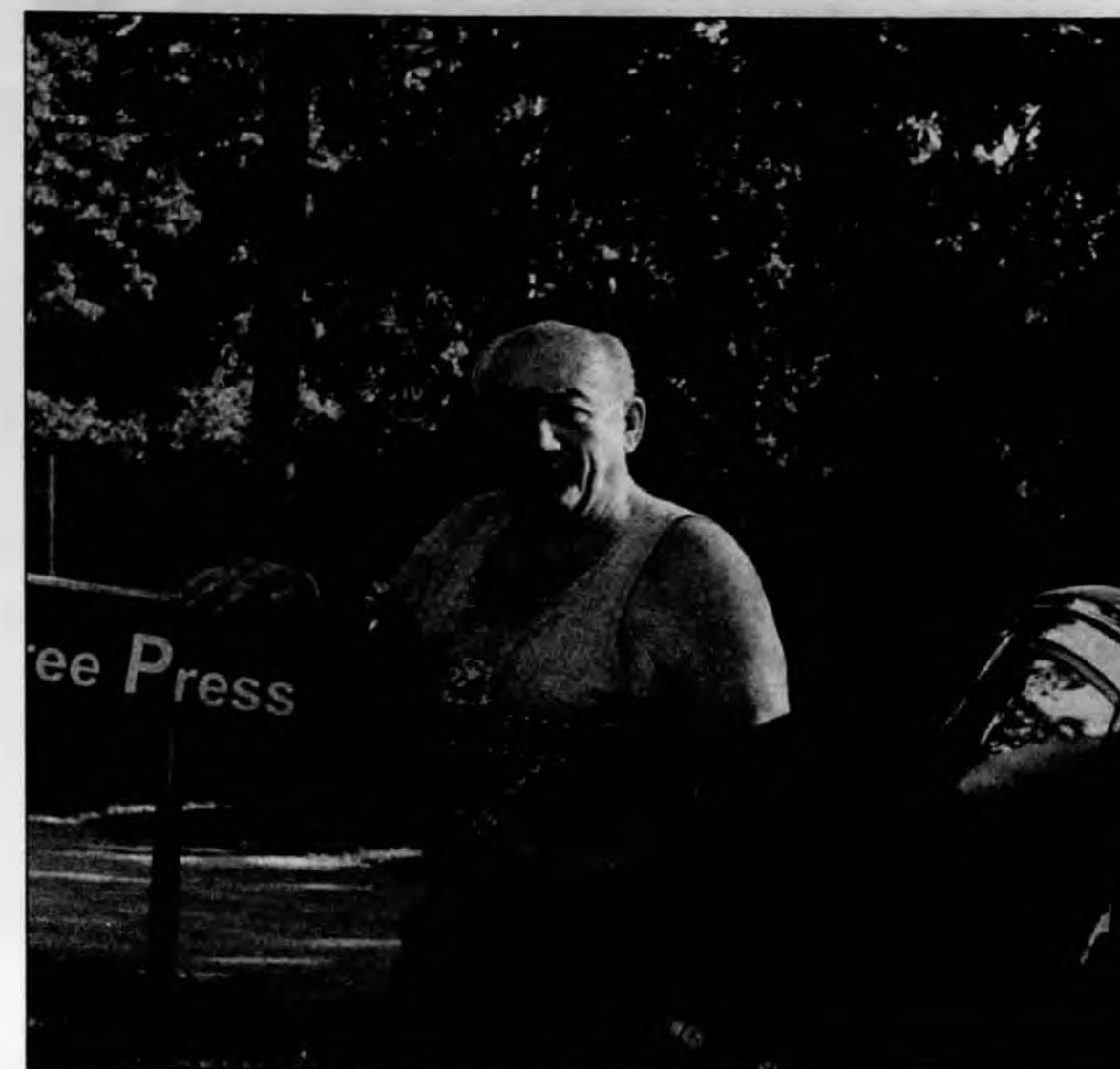
SATURDAY, Sept. 5th - 10:00am to 5:00pm & SUNDAY Sept. 6th - 12:00noon to 5:00pm

NEW LOCATION - ECOLE POWERVIEW SCHOOL,
23 Vincent Ave. Powerview-Pine Falls
Gymnasium Entrance

Space rental is \$25.00 per day that includes 1 banquet table, one chair and 9 x 9 space.
Space rental is \$15.00 per day if you bring your own table and chair.

To confirm your registration please contact Bev Dubé at (204)367-8064, fax (204)367-8897 or email: bdube@mts.net

Beaches



Harry Smith

The World's Oldest Paperboy

by Laura Tuttle

There are no statistics available to prove that Harry Smith is NOT "the World's Oldest Paperboy". In fact, there doesn't even seem to be a category for paperboys in the 'Guinness Book of Records' but there should be! This East Beaches, Winnipeg Free Press paperboy is just short of his 78th birthday and has been lovingly endowed with this unique distinction by his neighbours, friends and his customers - the folks who live in Lakeshore Heights and the other lakeside subdivisions found south of Grand Beach.

Keep in mind that this senior never delivered a newspaper until after his 74th birthday. His motivation at the time was to provide a community service while getting himself into shape after a heart attack and then two surgeries on each of his knees in 2004. He had never considered this time honoured occupation as a "full time" career while growing up in Fisher Branch, Manitoba. In fact, when the Manitoba Free Press became the Winnipeg Free Press in

1931 Harry Smith wasn't yet a glimmer in his parent's eyes. These days Harry Smith has been comfortably retired for 13 years after many years of work in the "overhaul" division of Air Canada. He will be 78 at the end of July; yet even when those of us in our fifties feel pooped at the end of the day (and sometimes at the beginning) you'd be hard pressed to find a man

of his energy and enthusiasm anywhere. Harry is always the first in line for a good time. He is a regular at community events, a volunteer for the huge East Beaches Family Festival every winter, plus he is the kind of neighbour you can count on in a pinch.

Did I mention Harry Smith is also a great dancer? Somehow he captured the heart of one of the nicest ladies you could hope to meet and married her 48 years ago. Alice and Harry are usually the first couple up on the polished hardwoods of the Grand Marais dance hall whenever there is a benefit social or "good music" in the offering. Harry and Alice can show the youngsters just how a waltz or jive really should be articulated. Many times I have admired their skill and perfect timing on the dance floor and to me, it speaks volumes about rapport and of two lives well lived - together.

The truth is that Harry Smith pushes the notch just a little higher for folks finding themselves close to eight decades of life experience. As a Free Press paper boy he is likely the best to be had. At 6:00 the papers are delivered to his door and ten minutes later he is on the road from Boulder Bay to Whitesand Estates a distance of just over seven kilometres. We are in Lakeshore Heights

and ours arrives well before we fill the teapot at 6:30 a.m.. Harry delivers the daily news from Spring until Fall - without fail. "Rainy days are the worst and sometimes I get drenched," says Harry. "The papers have to be stuffed into plastic bags so they don't get soggy. My biggest challenge are those places that don't have a paper box or a storm door that I can squeeze the paper into".

Be advised. When you are on Harry's paper route you not only get your paper on time and dry, but you will also get a story or commentary from Harry on the state of the world or you'll be privy to a story about one of his own shenanigans, - that is, if you are awake to greet him at the ungodly hours that he delivers the Free Press to his grateful customers. This season he is delivering 45 papers weekly, 140 papers on Saturdays and 85 papers on Sundays from May through September. If he has left-overs, he stops folks on the street or offers a paper to the inhabitants of the "summer only" cottages that don't receive a regular paper. The personable, energetic and irrepressible Harry Smith is one of our "cottage country" icons and folks here are an adoring fan club who are very grateful for the excellent service and the privilege of knowing the "World's Oldest Paperboy".

Grand Pines Golf Course

Early Twilight Special
Sunday to Wednesday
after 2:00pm

\$31.00 Walking
PER PERSON

\$41.00 Riding
PER PERSON

Excludes Holiday Sundays

Call 204-756-2345

Located on Hwy. 59
15 kms. North of Grand Beach
www.golfgrandpines.com

Beaches Service Directory

General Store

Suffie's GENERAL STORE
ALBERT BEACH

Real Estate

Judy Calvert-Pierre
Sharon Pierce

Grand Beach & Area
(204) 754-2708
Winnipeg:
(204) 250-4180
Toll Free:
(800) 568-7873
Email: ask@beachesrealety.com
www.beachesrealety.com

Real Estate

East Shore Realty Inc.

Cheryl Demiduk
Broker

Window Cleaning

QUIET PINES WINDOW CLEANING
756-3668

Beaches Half Marathon



AND THEY'RE OFF!!! The starting line of last weekend's Beaches Half Marathon

Beaches Half Marathon a Resounding Success

By Charles Norman

With 320 entrants it can reasonably be said that the Beaches Half Marathon has become firmly established in the Manitoba racing calendar.

Saturday, July 25, was a cool, mostly cloudy day, with the humidity perhaps a little bit higher than would have been desirable, but not bad weather for running long distances. There was a festive atmosphere at Charlie Wall Park on Hillside Road from the early morning until the last of the runners staggered to the tape to complete the run.

The run covered 13 miles through cottage country in the Hillside beach area. Instead of the wide-open streets under a blazing sun of the recent Manitoba Marathon in Winnipeg, runners travelled along tree-line country lanes under cloudy skies. Another difference from Winnipeg is the hill that Hillside Beach gets its name from. It was a feature of the race which the runners were

very aware of - especially for that last few hundred metres leading up to the finish.

The organization was superb. Volunteers did a great job and the whole event went very smoothly.

The race began with the runners assembling at the start in Charlie Wall Park with the playing of a medley of Scottish airs on the bagpipes. Runners for both events started together. The major event - the Half Marathon, covering just over 13 miles, (42 km) and the secondary event a Quarter Marathon covering just over 6.5 miles (about 10.5 km).

Winners of the Quarter Marathon arrived back at the finish line first, with Jason Redpath of Lockport winning with a time of 39:55. More than five minutes later Brent Willows of Winnipeg crossed the finish line with a time of 45:04 followed by Adam Pawlak also of Winnipeg, who took third place with a time of 49:06.

The first woman at the finish of the Quarter Marathon was Mary Stewart

of Winnipeg with a time of 50:19. Second place was taken by Rebecca Tardiff of Pine Falls who now lives in Winnipeg. She finished the course in 53:55. Four seconds later, in Third place was Lisa Osler of Winnipeg with a time of 53:59.

Half an hour or so behind the Quarter Marathon leaders came the Half Marathon runners. In first place was Daniel Erdolo from Ethiopia, with a time of 1:24:08. Second place was taken by Stephan Redding of Surry BC with a time of 1:25:00. Third was Keith Bilous of Winnipeg with a time of 1:26:09.

Three Winnipeg runners took the first three places in the Women's Half Marathon, Sue Girard, (1:40:21), Rosalinda Pallone, (1:41:08), and Heather Marks (1:47:54).

David Juvonen of Grand Beach was not able to compete this year. He still hold the course record of 1:18:36 - more than five and a half minutes faster than today's time



Daniel Erdolo from Ethiopia, won the event with a time of 1:24:08



Rebecca Tardiff from Pine Falls (Now Winnipeg) poses with Olympic Speed Skater, Susan Auch.



Race director Natasha Joy

Nature



Sandhill Crane

By Charles Norman

A pair of sand hill cranes have been seen flying across Highway 304 on the straight part of the road south of Powerview. They were seen on two separate occasions and it seemed that they were breeding in the area. Since Godfrey's Birds of Canada indicates that Sandhill Cranes no longer breed in southern Canada this was thought to be unusual. Godfrey's book was published in 1966, but the more recent, Birds of Manitoba, published by the

Manitoba Naturalist Society in 2003 mentions that, after declining rapidly in the first half of the 20th century the population rapidly rebounded and is now a common sight in south western Manitoba. The sand hill Crane is now the world most abundant crane with a population of more than half a million.

The Sandhill Crane is grey with a red forehead and white cheeks. It stands about four feet high and has a wingspan of 6 to 8 feet. It is somewhat similar to the Great Blue Heron but can easily be distinguished from the heron by its habit of flying with its neck outstretched. The Heron tucks its head into its shoulders

during flight. The Sandhill crane has a loud trumpeting or bugling call that can be heard from as much as a kilometre away. Pairs of cranes will often call in a duet, with the female calling twice for every male call.

Because of its light weight and large wingspan it is a very efficient user of thermals and can soar up to a kilometre in height and remain in the air for a considerable time with only the occasional flap of its wings.

Sandhill cranes have lived for as long as fifty years in captivity, but only for about twenty-five in the wild. They are at least two years old and can be as old as seven before breeding. They

nest on the ground close to water or on a mound in marshy areas. They lay two eggs but usually only one survives. They mate for life and both parents incubate the eggs and feed the young. Learning to fly takes several weeks and during this time the parents teach the young with a series of bouncing dances with wings flapping.

Eggs and nestlings are vulnerable to crows, ravens, hawks, eagles and racoons. Adult cranes can be taken by foxes, coyotes, bobcats and wolves, or by eagles or large owls. They will defend themselves against another bird with their feet or against a ground predator with their beaks making an aggressive

hissing sound.

Habitat loss early in the 20th century caused a serious drop in Sandhill Crane Populations, but conservation measures in the latter part of the century have been very successful in restoring numbers.

Sandhill Cranes have been used as foster parents to Whooping cranes in an effort to increase the population from a low of 42 in the early part of the century. These efforts were not successful. The Whooping Crane identified with the Sandhill cranes around it, attempting to mate with the Sandhill rather than Whooping cranes. The Whooping Crane population had increased to 206 in 2007.

RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

SUMMER PROGRAMS

Crafts & Outside Games
A different craft every week in the Morning and outside games for the afternoon that can include baseball, soccer, badminton, Bocce ball etc.
Every Monday @ Powerview - Pine Falls
Every Tuesday @ Victoria Beach Sports Field
10 am - 3 pm
Cost: \$3.00 Bring a lunch

Girls Only Day
An amazing fun day for just Girls that includes crafts, manicures, Make-up, games and popcorn & a movie.
Wednesday July 8 @ Pine Falls School Gym
Thursday July 9 @ Victoria Beach Sports Field
10 am - 4 pm
Cost: \$5.00 Bring a lunch

Mini Olympics
Put your sneakers on and get Ready for a super fun challenging day of individual and relay races
Wednesday July 15 @ Pine Falls School Feild
Thursday July 16 @ Victoria Beach Sports Field
10 am - 4 pm
Cost \$5.00 Bring a lunch

Hip Hop & Jazz Dance
Register now for July/August Session, Golden Leisure Centre
Tuesday's Instructor: Alisha Carlson
Kids Program Ages 3-4 \$25.00
Kids Program Ages 5-7 \$25.00
Kids Program Ages 9-11 \$35.00
Adult Program \$35.00
Registration night Monday, June 22nd
At the Pineview Rec Office
For registration & fees contact 367-9142

Softball

Powerview-Pine Fall
Cost: \$10.00 per child for summer
For July & August
Level 1: Ages 5 & 6
Thursday evening @ 6:30 PM
Industrial Park Diamond,
Powerview
Level 2: Ages 7 & 8
Wednesday evenings @ 6:30 PM
Industrial Park Diamond,
Powerview
Youth ages 9 - 14
Monday evenings @ 7:00 PM
Tasty Treats Diamond,
Powerview. Bring your own glove, hat & water. The emphasis is on Fun, Action and a Positive Atmosphere with a gradual introduction to non-stressful competition. To register contact Lori at Pineview Rec Office 367-9142

PHat Camp
Physical Arts Training Camp
Programs for children & youth ages 6+
Victoria Beach: July 27-31
Before July 1 \$100/After July 1 \$125

Powerview- Pine Falls:
August 10-14, Before July 20 \$100/After July 20 \$125
This year's theme is Way of the Young Legends.
Programs include: Phat School Musical, Hip Hop, Music Video, Cheer, Boot Camp, Film Making and more.
Teen & Adult Workshops
New for this year for Tues & Thurs Evening, Hip Hop Dance @ Victoria Beach Sport Club
Before July 1 \$25/After July 1 \$30. Salsa Dance @ Powerview School, Before July 20 \$25/After July 20 \$30.
Camp registration forms available @ Pineview Rec Office 367-9142.

Hop a Hop Program
Ages 3-5
Victoria Beach: July 27-31

Before July 1 \$30/After July 1 \$40
Powerview-Pine Falls: August 10-14, Before July 20 \$30/After July 20 \$40
Monday - Friday 10:00 AM - 10:45 AM
Funky, fun, energetic class ideal for both boys & girls. The class is designed with creative & fun elements teaching kids a better sense of body awareness, coordination, memory and rhythm using a wide range of both popular and world music.
Camp registration forms are available @ Pineview Rec Office 367-9142

Pine Falls Swimming Program
Session 1: July 6-17
Session 2: July 20-31
Session 3: August 3-14
Duck (Parent & Child Program), Sea Turtle, Salamander, Sunfish
Red Cross Levels 1-10
For registration and fees contact Rec Office 367-9142

Female Softball/Fastpitch
Squirt (born 1999) PeeWee (born 1997) Bantam (born 1995)
Looking into developing athletes to play in league play in 2010 in Winnipeg and also for the Manitoba Indigenous Summer Games, Manitoba Summer Games and possibly For the 2011 North American Indigenous Games in Wisconsin, USA.
For more info contact Allister Courchene 367-4411 (wk) 367-2885 (hm) allistercourchene@black-river.ca

EXERCISE PROGRAMS
Seniors Exercise
Golden Leisure Club, Pine Falls
Every Mon, Wed, Thurs & Fri 10:15 - 10:45

Body Sculpture
Walter Whyte School, Grand Marais
Instructor: Natasha Joy
Classes to resume in September
Contact Natasha 756-3868
inatasha@mts.net

Family & Beginners Fitness
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

Strength For Seniors
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September
Total Body Workout
St. Georges School Gym
Instructors: Nick Bonekamp & Paul Roberts
Classes to resume in September

Rise & Shine Fitness Class
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September
Contact Kim Bonekamp 367-2107 or email
kbonekamp@hotmail.com

Rivers North Fitness Coop
Powerview Arena
\$100.00 membership
\$250.00 annual user fee with membership
\$300.00 annual user fee without membership
For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

Golf
Junior Golf Lessons
Pine Falls Golf Course
Every Wednesday
6:00 PM, Free of charge
For more info contact Glen Hiebert 367-8982 or Pine Falls Golf Course 367-8463

Junior Golf Clinic
Grand Pines Golf Course
Wednesdays for month of June
\$10.00 per class. Junior golf clubs available if required

Pine Falls Golf Course
Ladies Night Every Wednesday, Tee off 5:30 PM
9 holes, Pre-registration call 367-8463

Men's Night, Every Thursday
Shot Gun at 5:00 PM, 18 Holes
Pre-registration call 367-8463
Seniors Day, Every Friday
Tee off at 9:00 AM, 9 holes
Grand Pines Golf Course
Ladies Golf Clinic, Every Wednesday in June, 5:30 PM
\$10.00 per week

Kids Golf Free, Every evening
starting 6:00 PM, includes 8 holes, Parental approval for under 12.
Family & Couples Night
Every evening starting 6:00 PM
\$10.00 for 9 holes
Mixed Fun Golf
Every Tuesday evening starting 6:00 PM, 9 Hole Scramble
Prizes every week

SENIORS
Pole Walking
Senior Scene, Victoria Beach
Monday, Wednesday & Friday
9:00 AM. For beginners, intermediate and high speed walkers.
Coffee is available after the walk.

GOLDEN LEISURE CLUB
PINE FALLS
For Adults & Seniors 45+
Canasta, Wednesday & Friday's 1:00 PM
Cribbage, Every first Monday of the month, 1:00 PM
Bridge, Every Monday & Thursday, 7:00 PM
Exercise, Every Monday, Wednesday & Friday, 10:15 - 10:45 AM

SENIORS SCENE
VICTORIA BEACH
For Adults & Seniors
Yoga
Every Monday @ 3:00 PM
Advance Line Dancing
Every Tuesday @ 10:00 AM
Cribbage
Every Tuesday @ 7:00 PM
Stained Glass & Ceramics
Every Tuesday @ 9:30 AM

Square Dancing
Every Tuesday @ 3:00 PM
Quilting
Every Tuesday @ 10:00 AM - 3:00 PM,
www.seniorssceneinc.com

Festivals & Events
Vacation Bible School
Notre Dame du Laus (Powerview) Catholic Church
Basement, July 13-17, Cost: \$20.00. Pre-register by June 30th with Michelle Kotak 367-2700 or 367-2753
Cool Kingdom Party Vacation Bible School includes games, Prizes, snack, crafts, faith & lots of fun.

3rd Annual Beaches 1/2 Marathon & 1/4 Marathon
July 25th
Located in Hillside Beach starting at 8:00 AM
For more info contact 756-3868
Email: inatasha@mts.net
Register online:
www.events.runningroom.com

Festival Chateauguay
July 17, 18 & 19, 2009
Weekend celebration of culture, music, food, children's activities, fishing tournament, sand castle building and great family fun.
For more info contact Diane 367-9970

Summer Winds Music Festival
Victoria Beach Sports Field
July 24 & 25, 2009
Music, children's activities, great food & beer gardens.
3rd Annual advance tickets are available.
Visit www.summervindsmusicfestival.com

Picnic In The Park
Village Green, Pine Falls
Friday, August 7th
Noon - 4:00 PM
Bike Parade & Rodeo, Chronic Disease Prevention, Entertainment, Helmet & Bike Safety, BBQ & more.

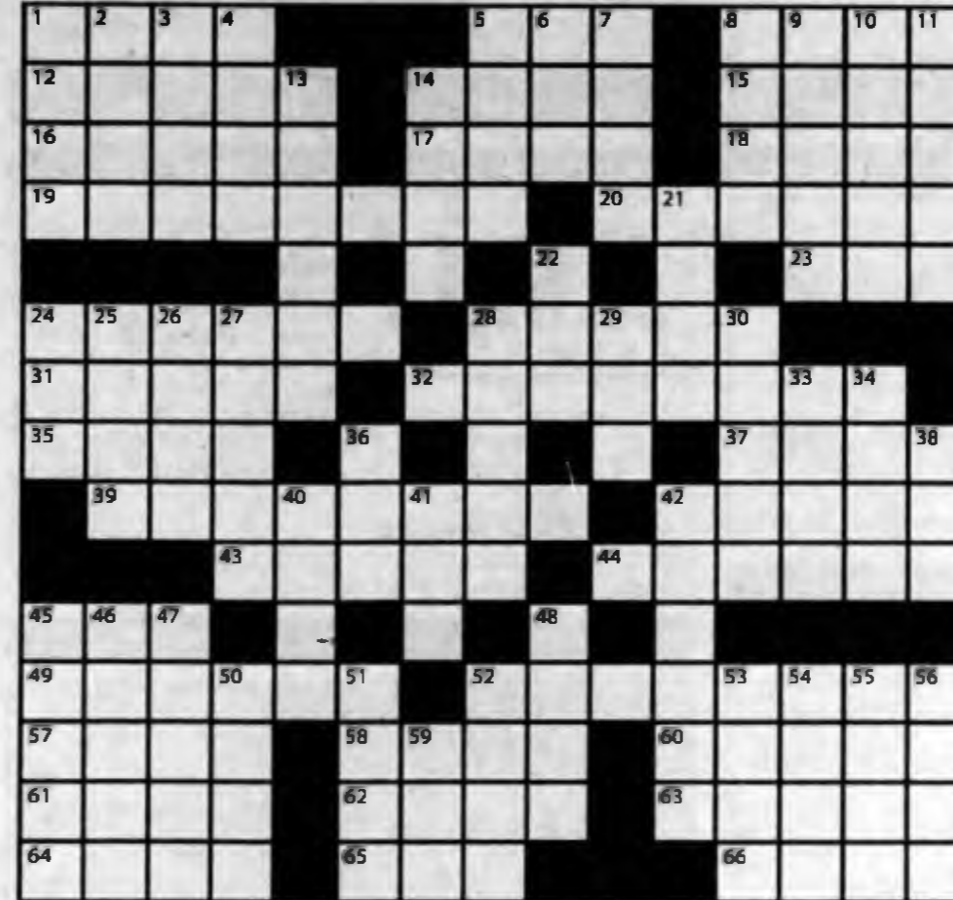
PUBLIC LIBRARIES
Bibliothèque Allard Regional Library
St. Georges 367-8443
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00 PM - 8:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

Beaches Library
Located in Walter Whyte School 754-4007
Operation Hours
Tuesday 9:00 AM - 12:00 PM
Thursday 4:00 PM - 8:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

Pine Falls Library
Located in Pine Falls School 367-8983
Closed for July
Internet Access Site

PINEVIEW RECREATION COMMISSION - Lori Vialoux, Rec. Director
Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

Crossword



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- Across
- Sob
 - Make an effort
 - Palm fruit
 - Shocking
 - In alignment
 - Cut and paste
 - Sports stadium
 - Eastern discipline
 - Dull
 - Financially ruined
 - Go to bed
 - Saloon
 - Fish hawk
 - Assassinated
 - Broadcast again
 - Small telescope
 - Hat feature
 - Daytime TV offering
 - Atmosphere
 - Cooktop
 - Parting word
 - Uncouth
 - Neon, e.g.
 - Neglectful
 - Compass housing
 - Waterless
 - Blacken
 - Internet messages
 - Launch site

- lang syne
 - Words to live by
 - Remove the rind
 - Cabernet, e.g.
 - Acute
 - Prudish
 - Cuban dance
 - Eyeglasses
 - Mature
 - Twangy, as a voice
 - Birdcall
 - Heroic tale
 - Hawaiian garland
 - For each
 - 15th of March
 - Wester
 - Destroyed
 - Clutch
 - Eagle's home
 - Facial expression
 - Shuttlecock
 - American
 - Mark for life
 - Denuded
 - Berserk
 - Coop
 - Citrus fruit
 - Flair
 - Chromaticity
- Down
- Spill the beans
 - Halo, e.g.
 - Small songbird
 - Connect
 - Lope
 - Carpet
 - Calendar span
 - Money owed
 - Impromptu (2 wds.)
 - Jewelled headdress
 - Early anesthetic
 - Make dimmer
 - Keyboard writing
 - Morally bad
 - Aviate
 - Sphere
 - Word repeated after "Que." in song

Last Week's Answers

Q	A	S	I	S	A	T	O	M	P	U	R	E	
P	E	N	O	S	E	T	H	R	U	E	L	A	N
A	R	O	S	E	L	E	E	S	A	C	I	D	
R	I	O	T	C	A	M	H	E	R	E	T	O	
T	E	T	A	N	U	S	D	R	A	W			
T	R	A	C	T	C	O	N	E	Y	D	I	E	
R	U	S	E	E	L	B	O	W	S	U	N	K	
Y	E	S	G	R	A	I	N	A	T	O	N	E	
B	E	D	I	L	L	U	M	P	S	U	M		
A	E	R	A	T	E	F	A	T	P	I	N	E	
G	R	I	N	D	R	I	P	M	A	N	I	A	
G	I	F	T	D	O	L	E	E	G	G	O	N	
Y	E	T	I	Y	E	L	L	T	E	E	N	S	

CRYPTIC PUZZLE



WXVIA SFXYVT, QTBJSFXYVJ, WXFAHQTWJ
XTSFXYVJ, NXZNQQSBJV, KFNQATY.
-KVFSPPQTAI ZVNLMX

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

Last Week's Solution
IF FORTY MILLION PEOPLE HAVE A WRONG OPINION, IT'S STILL A WRONG OPINION.
- ANATOLE FRANCE

WINNIPEG RIVER PLANNING DISTRICT

104058 PTH 11 Phone: (204) 367-8392
St. Georges MB R0E 1V0 Fax: (204) 367-9028
wprd@malexander.com

**UNDER THE AUTHORITY OF THE PLANNING ACT
NOTICE OF PUBLIC HEARING
REGARDING BY-LAW NO. 66/08**

On the date and at the time and location shown below, a **PUBLIC HEARING** will be held pursuant to Section 40(1) to receive representations from any persons who wish to make them in respect to the following matter:

Being a By-law of the WINNIPEG RIVER PLANNING DISTRICT to adopt a Development Plan.

HEARING LOCATION: RM of Alexander Administration Office
104058 PTH 11

DATE & TIME: August 18th, 2009 at 4:30 p.m.

GENERAL INTENT OF BY-LAW 66/08: In part, the purpose of the development plan is to provide a consistent set of policies to serve as a guide for the planning district in making decisions related to the use and development of land.

AREA AFFECTED: All lands within the boundaries of the Rural Municipality of Alexander and the Town of Powerview-Pine Falls

FOR INFORMATION CONTACT: Michele Stefaniuk, Secretary-Treasurer
104058 PTH 11
367-8392 or 367-6170

A copy of the above proposal and supporting material may be inspected online at www.malexander.com, or at the location noted above (during office hours 8:30 - 4:30, Monday to Friday). Copies may be made and extracts taken therefrom, upon request.

PINE FALLS POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons	8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons	8-9 am Morning Swim & Lap Swim	11 am-8 pm Public Swim	11 am-8 pm Public Swim
9 am-1 pm Swim Lessons	1-4 pm Public Swim	9 am-1 pm Swim Lessons	1-4 pm Public Swim	9 am-1 pm Swim Lessons		
1-4 pm Public Swim	4-6 pm Water Games	1-4 pm Public Swim	4-6 pm Water Games	1-4 pm Public Swim		
6-8 pm Family Swim	6-8 pm Adult Swim & Lap Swim	6-8 pm Family Swim	6-8 pm Adult Swim & Lap Swim	6-8 pm Family Swim		

Pool PRC Summer Memberships
Family \$106 Single \$52.50 Senior \$42.00
Non Member Drop In Fees
Single \$3 Family \$10 (Up to 4 people) 10 Visits \$25

Weekly Horoscopes

- ARIES (Mar. 21- April 20)** Major moves will be emotional and not necessarily to your benefit. You can't help everyone. You're in a high cycle for romance. Secret enemies will be eager to spread rumors about you.
- TAURUS (Apr. 21- may 21)** You may exaggerate your emotional situation. Investments may be misrepresented this week. Sudden changes regarding your circle of friends could prove interesting and stimulating. Use your charm, but don't be phony.
- GEMINI (May 22-June 21)** Opportunities to get ahead are evident. Not everything you hear will be legitimate. You will need to finalize important deals this week. Travel and educational pursuits may help alleviate the stress you have been feeling.
- CANCER (June 22-July 22)** You will be best suited to doing things around the house or inviting friends over for a visit. Residential moves will be in your best interest. Be careful not to lead someone on if you truly have no interest. Romantic opportunities are evident if you get involved in large groups or organizations.
- LEO (July 23-Aug 22)** Travel will stimulate your need to experience exciting new things. Be careful what you consume this week. Involvement in groups will be favorable and lead to valuable information. Exercise is always a good way to relieve stress.
- VIRGO (Aug. 23 -Sept. 23)** Residential moves will be hectic and may be unsatisfactory. Don't make a move; your confusion has caused this dilemma and you are best to back away and reassess the situation. Your partner may push buttons that infuriate you. Overindulgence may be a problem.
- LIBRA (Sept. 24 -Oct. 23)** Make sure to arrange in advance to spend quality time together. Your ability to talk circles around your colleagues will help you forge ahead in the workforce. Don't start a dispute unless you're prepared to accept irreversible results. Your best efforts will come through investments concerning your home.
- SCORPIO (Oct. 24 - Nov. 22)** Keep important information to yourself. Social get-together will bring you in contact with intelligent new friends. Get together with friends who like to participate in indoor sports. Your sensitive, affectionate nature will capture the heart of anyone you are attracted to.
- SAGITARIUS (Nov. 23 -Dec. 21)** Your lover will be extremely sensitive and now will not be a good time to make changes that they won't like. You should want to feel good about yourself and your goals. Your diplomacy will be of utmost importance this week. You must not lead someone on or show interest in them for the wrong reasons.
- CAPRICORN (Dec 22- Jan 20)** Matters pertaining to work must be completed before you leave. Take time to make physical improvements that will enhance your appearance. Visit friends or relatives you rarely see. Work hard on improving your living quarters.
- AQUARIUS (Jan. 21 -Feb. 19)** Don't overspend on entertainment on children, or make poor investments. Your ideas may be a little ahead of their time; don't push them, instead just continue working on development. Have a heart-to-heart talk with family and find out what the problems are. Co-workers may have little consideration for the underdog.
- PISCES Feb. 20-Mar. 20)** You can pick up valuable information if you listen to those with more experience. Your hypnotic eyes will capture the hearts of those who interest you. This will be a good day for research and sitting down with some good, informative reading material. Find out what they're up to, and see if you can pick up where you left off.

Classifieds

For Rent

WoodlandPlace/DaleHaven Apartments. 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. Furnished, weekly and monthly rates also available. call after 6:00 p.m. 367-4922. TFN

House for Rent in St. Georges, 3 bedroom with double attached garage, prefer non-smoker with no pets. \$600 plus Hydro, contact 250-8230. TFN-3

FOR RENT
Three Bay Repair Shop on Main Street in Powerview. Plus 900 square feet that can easily be converted to living space. \$1000/per month. call 367-8360. TFN-2

Wanted to Rent

Wanted to Rent
I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFN

Real Estate

For Sale
Beautiful Riverfront Property 115 Silverdale Drive, Silver Falls, Winnipeg River 3/4 acre, 200' of rock shoreline. \$199,000. Call Kevin at 291-4734 or 367-8393. Email: kevinl@lora@hotmail.com 3s-1p4

Fabulous Cabin For Sale! \$59,900. 1 Bracken Falls. Many upgrades. Corner lot. Trend. Lots of Privacy with new fence. Call Vandy 371-4763 or vandyin@gmail.com

3 MINUTES TO BOAT LAUNCH 5 MINUTES TO LAC DU BONNET

This brand new custom home is situated on 2.2 acres, 1,679 Sq. Ft., 3 Bedrooms, 2 1/2 Baths, Ensuite with a Jacuzzi tub & huge ceramic shower, walk in closet. Maple floors through out, maple kitchen cabinets with 5 new appliances. Main floor laundry. Triple Pane windows, fully insulated basement. Front & Rear covered porch. Huge 26x30 detached garage.
This home must be seen. Market price \$335,000. Yours for only \$293,800.

#7 White Crest Rd, off of Riverland Rd.
Phone - 204-654-3400
Open House:
Friday July 31st 6-8PM & Saturday Aug 1st 2-4PM

Advertising

\$5.50 for the first 25 words and 15¢ for each additional word. Photos are an extra \$5. Call 367-9468 or email theecho@mts.net to place your ad. (GST extra).

Help Wanted

Busy lawn care company requires dependable, experienced, fit person to work 8-10 hours a day in Grand Beach and surrounding area. Own transportation preferred. Please apply by calling (204) 756-4261.

Engagement



Dave and Joanne Lower are pleased to announce the engagement of their daughter Stacey Lower to Buddy Guay, son of Marcel & Gisele Guay. A summer wedding is planned for Summer, 2010.

Printing

For All Your Printing Needs

- Social Tickets
- Raffle Tickets
- Business Forms
- Wedding Invitations
- Envelopes
- Letterhead
- Cheques

The Echo
Box 40, St. Georges, Manitoba R0E 1V0
Place McDougall, St. Georges
email: theecho@mts.net
Phone: 204-367-9468 • Fax: 204-367-9974

NEWS TIPS?

Call us at the Echo with your News Tips or Sporting Events.

PHONE: 367-9468
FAX: 367-9974
EMAIL: theecho@mts.net

Deadline for Advertising is Fridays at 3:00pm

Business Classifieds

ATV/Motor Cycles

St. Croix Cycle
ALL TERRAIN MOTORCYCLES & POWER PRODUCTS
Honda, Yamaha, Kawasaki
367-2219

Automotive

To place your Business Directory ad, call 367-9468

Windshield Replacement & Repair
All Your Auto Body Needs
Courtesy Cars
powerfalls AUTO BODY
Box 187, Powerview, MB R0E 1P0
Phone: 367-2677 Fax: 367-2336

Bakery

Watch for our Coffee Shop Opening Soon!
Sunrise Bakery
Store Hours: Pine Falls, Saturday 8:00am to 9:30pm
367-8019

Building Supplies

Osis Building Supplies 367-2963 (WOOD)
"Home of the Crooked Stud"

Catering

RAPID WATER DELI & CONVENIENCE
PIZZA WATER REFILLS MOVIE RENTALS
Business Hours: Mon - Fri 8am - 10pm Sat & Sun 8am - 10pm
Call 367-2382
Located in McDougall Plaza, St. Georges

Computer/Networking

M&C Bruneau's PC SERVICES
Microsoft Certified Professional
Hardware Diagnosis • Hardware Upgrades • Troubleshooting
Software Installation • System Configuration
Ph: 345-6876

GREAT WHITE NORTH COMPUTER SERVICES
Jim Whyte President
204-367-2970 jim@white.north.ca
www.white.north.ca

WE DO IT ALL
Custom Computer Design • Hardware Design & System Repair & Service • Remote Tech Support & Hosting
www.white.north.ca

Concrete/Excavating

A.M.L.
AL MEISNER LTD.
•REDI-MIX CONCRETE
•EXCAVATING
•AGGREGATES
367-8454

Excavating

DAN'S EXCAVATING
Dan Courcelles
Box 1, Powerview, MB R0E 1P0
204-340-5783

Financial

Caisse
A better way to bank
367-8268
www.caisse.biz

Hotel/Restaurant

BIRCHWOOD MOTOR HOTEL
- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed
Traverse Bay
756-2596
OPEN YEAR ROUND

Furniture

Dave's
KLEINER JVC
bühler
367-2382

Gift Shop

plum creek Gift Shop
Closed Until April 11, 2009
Phone: 756-5555

The Veranda GIFT SHOP
Gifts • Antiques • Collectibles
756-8184

Dancyt's FOODS
Highway 11
Lac du Bonnet
204-367-2479
204-348-2221

Grocery

Great Falls Foods
Highway 11, Great Falls
367-2976
OPEN 7 DAYS A WEEK
Store Hours:
Mon. - Thur. 8-6, Fri. - 8-7
Sat. 9-7 Sun. 12-5
Having a Social Function?
Call us to look after everything for you
Ask us about delivery
The House of Quality

Excavating

Bobcat Services
Dan Courcelles
Box 1, Powerview, MB R0E 1P0
204-340-5783

Hardware

RONA HARDWARE
For all your Hardware Needs
OPEN: Mon. To Sat. 9am to 6pm
Dishes Washed & Locksmith Services
Pine Falls 367-2380

Hotel/Restaurant

BIRCHWOOD MOTOR HOTEL
- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed
Traverse Bay
756-2596
OPEN YEAR ROUND

Gift Shop

plum creek Gift Shop
Closed Until April 11, 2009
Phone: 756-5555

Restaurant

Restaurant
Daily Specials
Open 8 am-10 pm
367-4484

CLARK'S CORNER
Tackle & Outdoors Store
Live Bait
Diesel Fuel
204-367-2479

DOMO
JUMP TO THE PUMP!

Classifieds

Hotel/Restaurant

The Lakeview STEAKHOUSE
57 Park Avenue, Lac du Bonnet, Phone 345-8861
Every Friday & Saturday
Steak Dinner Specials
CHINESE Available
Live Entertainment
Country Bands
Casey's MOTOR INN
345-6294

Manitou Lodge

Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed
367-2252
WEEKEND FEATURES EVERY WEEKEND
Tuesday Nite
Wing Nite & Draft Special

PaperTown Motor Inn

367-2261
Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub
Night Club
1 Mile East of Pine Falls, Hwy 304 & 11

PINE FALLS SERVICE CENTRE

Monday to Saturday 8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 11:30 p.m.
SUBWAY
Subway open 7 days a week from 10:00 a.m. to 11:30 p.m.
367-8803

Insulation

O'HANLEY INSULATORS
Blow In Cellulose Insulation
Free Estimate Messages
Call Charles 367-4411
367-1578 Cell: 266-9193
ohanley-insulators@hotmail.com

Insurance

POWVIEW AGENCIES
367-4455
the co-operative autopac

Your Ad Here

Medical

Call the Echo 367-9468 to book this space!

DR. ARNOLD ANDERSON

LAB ON SITE
Optometrist
Contact Lenses and Eyeglass Fittings
MANITOU LODGE PINE FALLS
367-2390
Monday - Friday 9:00 a.m. - 12:30 p.m.
1:30 p.m. - 5:00 p.m.
Closed Lunch Hour
Examinations done on Tuesdays

Bluewater District Transit

For Bookings Call
367-9128 Office
345-3075 Driver

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)
◆ Autopac
◆ Blue Cross
◆ Veteran's Affairs
◆ Worker's Compensation
Phone 367-4858
No referral required Please call for appointment

Jon. O. Phillips, RMT

Registered Massage Therapist (MTAM)
CLINIC LOCATIONS:
Through the Arbour 188 Pine Street, Pine Falls (204) 867-2141
Revitalize Soul Spa 225 Clarendon Ave. Selkirk (204) 785-8322
Direct billing available to Blue Cross & Great West Life

Medical

Call the Echo 367-9468 to book this space!

Blue Water Physiotherapy

Phone: 367-2537
Please call for an Appointment
•Work and Sports Injuries
•Neck and Back Pain
•Acupuncture
•Orthotics
•Manual Therapy
Located on Highway #11 in Powerview
Celesté Basson
R. ScPT, CFCP

Physio at the Beach

Physiotherapy Clinic
Jenny Terrio Baturin
Physiotherapist
• Ph: 754-8165
• #9 Pine Street, Sunset Beach

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Medical/Dental

Powerview/Pine Falls Dental Centre
277A Main Street, Powerview
Hwy 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.
Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Danny Bae

Emergency Care

Emergency Care
New patients welcome
367-2815

Memorials

STEWART'S MEMORIALS
Lac du Bonnet
345-2644

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Pawn Shop

CASH IN A FLASH PAWN
Located on the corner of Art Ave. and Hwy. 11 in Powerview
367-4537

Septic

Gilles Lamoureux
G's SEPTIC TANK CLEANING SERVICE
Particulate Toilet Rentals
P.O. Box 805, PINE FALLS, MANITOBA R0E 1A0
PHONE: 367-4708 CELL: 345-3836

Windows

WANTED 8 HOMES THAT NEED NEW WINDOWS
Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.
Your home can be a showplace in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.
This lifetime product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Climate Shield Premium Windows come with TempShield Space System as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 37% on your fuel bill.
For an appointment call
Mr. Stewart at
NISEBY WINDOW & DOOR
1-800-582-5488
www.niseby.mb.ca

Pharmacy

TRY YOUR DRUGSTORE
first
PINE PHARMACY
Open Monday to Saturday
9:30 a.m. to 5:30 p.m.
367-2611
DISPENSARY
367-2517

Real Estate

Ateah Realty Ltd
Professional Service
Professional Results
Toll Free
1-866-755-5406
Residential Real Estate serving
Eastern Shore of Lake
Winnipeg area
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For All your Real Estate Needs!

CONTACT
Our Real Estate Professionals
Look forward to Working with You!
Call 1-800-854-8148
345-2121 / 268-2011
Email: c21sun@mts.net
www.century21suncountry.com

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Windows

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**TRY YOUR
DRUGSTORE**

first

- *Pharmaceuticals*
- *First Aid Supplies*
- *Hair Products*
- *Health & Beauty*
- *Stationary*
- *Greeting Cards*
- *Lottery Centre*
- *Gifts*



*Pick up Your
Sunscreen for your
work in the garden!*



**PINE
PHARMACY**

Open Monday to Saturday 9:30 a.m. to 5:30 p.m.

DISPENSARY

367-2517