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COMMENT

Putting Jim Hayes on the Spot

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BEACHES

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NATURE

The Chickadee

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\$1.00 tax included
 July 22, 2009
 Volume 10, No. 09
The Winnipeg River

ECHO

Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls, Beaches, Little Black River, Manigotagan and Bissett

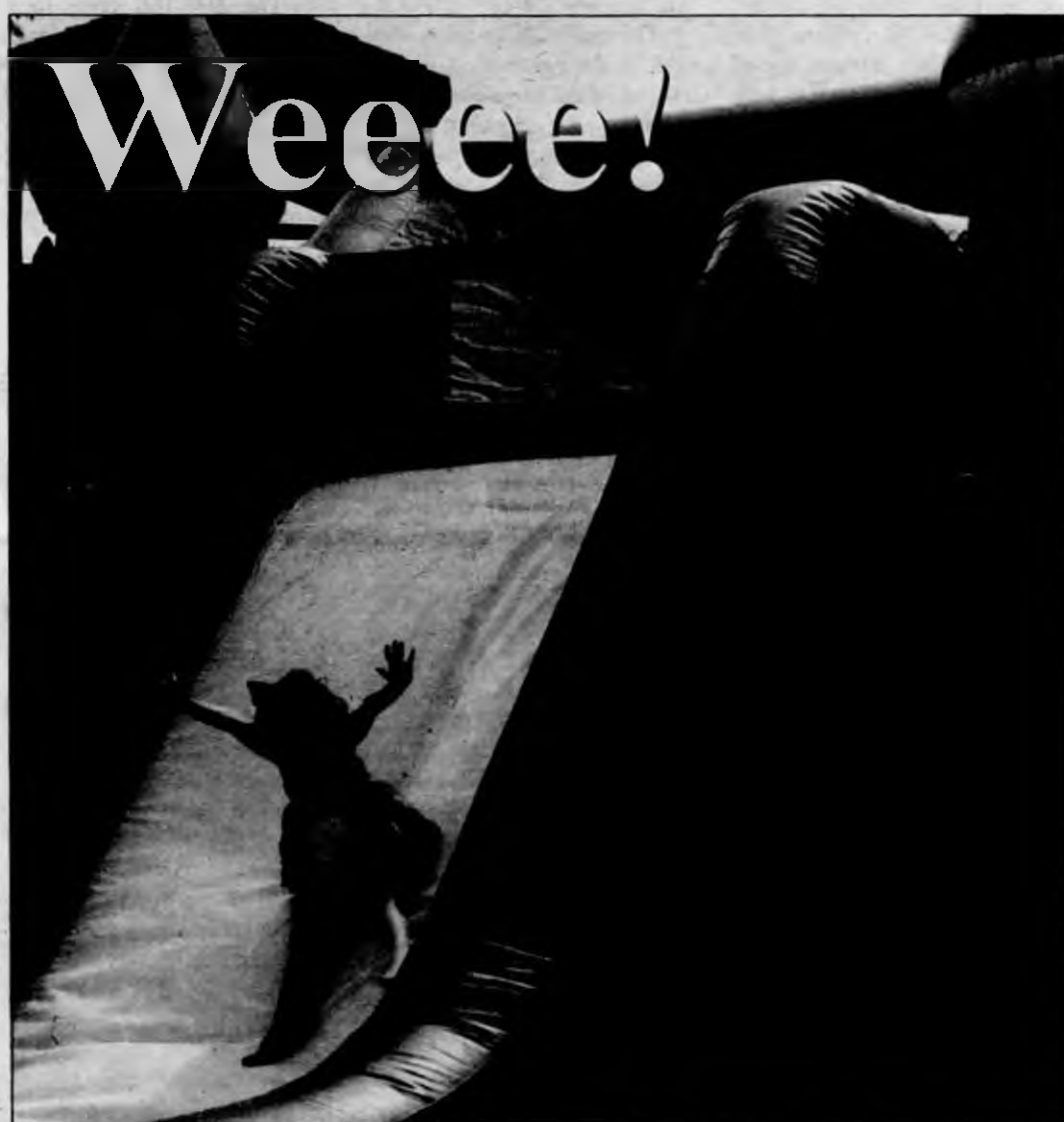
Summer Winds Music Festival Starts Friday

The 3rd Annual Summer Winds Family Music Festival is just around the corner on Friday, July 24th and Saturday, July 25th. This major fundraiser for the new Victoria Beach Sports Club is great for the whole family, and features a terrific lineup including a few VBers and their musical talents as well. This year's playbill includes:

- **Damn Straight** - A country/rock/pop band that encourages crowd interaction. Head bobbing music for sure.
- **Take Me To The Pilot** - Singer/songwriter Mike Bilenki, formerly of the band Low Profile, is an artist with great energy, outstanding musicianship and a likeable stage pres-

- ence.
- **The Burning Kettles** - (Becky Hill) This talented young band plays both originals and covers in a folkish style, taking oldies and changing them to fit their own unique style.
- **The Division Slaves** - These popular and dedicated musicians play classic rock and blues that energizes crowds wherever they appear.
- **The Dust Rhinos** - A combination of skilled musicianship, a playful sense of humour and a dynamic stage show make this Celtic rock band a fan favorite.
- **The Squirrel Creek Ramblers** - Be sure to bring your dancing shoes

Continued on page 6



Chateau Guay Festival a Success

Three-and-a-half year old Shasha Kettles enjoys one of the children's rides at the Chateau Guay Festival last weekend. St. Georges residents and visitors from as far away as Staffordshire, England enjoyed the festivities. More photos on page 8

Foul Play Not Suspected: RCMP

By Charles Norman

The RCMP do not suspect foul play in the death of Hollow Water resident Barbara Cawley who was reported missing by a family member July 16.

Her body was found in a bushy area near her home at

about 9:00 pm the next day. A post Mortem conducted at the Health Sciences Centre July 18 found no evidence of foul play.

Toxicology tests are underway to determine the cause of death. Results are not expected for at least two weeks.

welcome to the bright side.

SUNOVA
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Letters to the Editor

More on the WTP

In the past few weeks there have been numerous editorials, comments and letters to the editor in "The Echo." All of which contain some very valid points, but not all the points that should be there.

This writer believes one of the main points that is and has been left out is: what the True Cost of the water will be? The public has a right to know what this cost will be. This writer believes this has become a contentious issue that no one wants to address.

The Echo has failed to address this issue, the most important one there is. The true costs can be worked out by looking at operations in other areas with similar characteristics.

Today we have a plethora of Laws, Regulations, and Mandatory requirements, guidelines etc., that are available for all to study and become acquainted with that will show what is all included in the true cost of the water.

The Sustainable Development Act was assented to on June 28, 1997. In 1990 The Government of Manitoba adopted policies for Manitoba's waters. The publication, "Applying Manitoba's Water Policies"

has a section titled Policy 4.3.

This policy deals with: "The cost of developing, operating, and maintaining the water resource infrastructure shall be apportioned among the beneficiaries in accordance with their share of benefits."

The Background is: "Direct costs of water supply infrastructure include the costs of constructing, operating, maintaining, and refurbishing water supply dams and reservoirs, water supply pipelines and diversions, water treatment facilities, and water distribution systems. Indirect costs include costs of collecting, treating, and disposing of domestic sewage and industrial discharges resulting from water use, as well as environmental costs and damages related to water supply, water use, and wastewater discharges."

Manitoba Rural Infrastructure Fund's Objective A.2.1. states:

"The objective of this category is to construct, restore or improve public infrastructure that improves water quality and ensures the sustainable use and management of the infrastructure and water resources."

A.2.3. b)

"The business case must include consideration of alternatives to the project being proposed as well as the long term operating costs of the infrastructure."

In 2001, the Federal Government, through its Infrastructure Canada Program (IC) and the National Research Council (NRC), joined forces with the Federation of Canadian Municipalities (FCM) to create the National Guide to Sustainable Municipal Infrastructure (Infraguide).

Infraguide researched and published many "Best Practices" for Canadian Municipalities to use. One of the last to be published was the Water and Sewer Rates: Full Cost Recovery.

Page 22 of the publication indicates:

Best Practice Municipalities should adopt the principles of full cost recovery and user pay.

This publication has a complete breakdown of the costs, far too large to print here but available on-line for those interested to learn more about full cost recovery.

The presentation to the R.M. of Alexander Council on July 15, 2008, indicates on page 4 how the water rate is arrived at. There are 3 components; operating and maintenance, capital costs, and distribution costs.

Under the new Communities Components of the Build Canada Fund, for a project that receives less than \$10,000,000 Federal monies, the proponent has in place or commits to implementing full cost recovery.

The 2 levels of government have brought about change to the way public bodies report their financial positions today. The

Manitoba Public Utilities Board has issued Order No. 93/09, June 9, 2009.

REGULATORY REQUIREMENTS - RATE SETTING, REQUIRED DUE TO ADOPTION OF THE PUBLIC SECTOR ACCOUNTING STANDARDS FOR LOCAL GOVERNMENTS

"The adoption of these accounting standards will have significant implications for municipalities, not only with respect to the presentation of annual financial reporting, but also on utility rate making." Page 2, 93/09

The main implication will now be the process of depreciation of the tangible capital assets as an expense, this has not been done in the past.

On page 4 of The Echo, July 15/09, Mr. Norman puts a scenario out similar to the one put forward many months ago at public meetings and printed in the Leader February 13/09 regarding a regional water system and how it could come to reality. In this scenario Mr. Norman indicates that a sinking fund could be established, cost on the water. A pipeline to St. Georges and Great Falls and the cost would be borne by the water customers, charges for water. Along with the above CAPITAL COSTS and DISTRIBUTION COSTS we also have the OPERATING and MAINTENANCE COSTS.

All these and the new costs will have to be borne by the customer, one way or the other.

All of the foregoing is for the general public to be able to discern if the information put forward today is the best that money is buying. The public has to be assured that

the numbers presented represent the actual true cost of operations.

As an Editor's note in the July 15, 2009 Echo; "The operating cost for the Lac du Bonnet water treatment plant was \$95,400 in 2006 and \$94,700.

When one looks at the December Month End Financial Report for 2006 the total cost of operating the Lac du Bonnet Utility was \$527,285.50. In 2007 the cost was \$461,253.41 and 2008 \$401,370.17. The budget for 2009 is \$442,690.20.

The \$95,400 cost does not include many of the costs that are identified above.

Note: The 2006 cost was offset by a \$76,616.11 grant and \$40,969.08 gas tax money. Sales in 2006 amounted to about 139,140CuM.

The accuracy of the reporting of the numbers has to be of paramount importance to all concerned. You can not operate a water plant with out water (capital), you can not operate a water plant with out water (source), you can not distribute the water with out pipes (distribution network), you can not operate the utility without sending a statement of costs (administration costs). In addition to the above you also have to put money away for a rainy day (reserves), all of which is part of the utility operation costs and will be part of the rates. Only by taking all costs into consideration will the public be able to judge if this is a good deal and will they be able to afford it.

The true cost of the water has to be known. What will it be - how will it be paid?

Ted Mathers
Lac du Bonnet



Powerview RCMP Press Report July 5th - July 19th, 2009

PUBLIC ASSISTANCE: During the period of June 27 to July 6, 2009 culprits spray painted local signs and Transportation road signs in the Belair area. Anyone with information is asked to contact Powerview RCMP at 367-8728.

2009/07/05
POWERSVIEW - intervention in a child custody matter was dealt with by police. Further investigations found the couple had no interim order for visitation in place and were advised to contact legal council to arrange same.

MANIGOTAGAN - a complaint of child custody was dealt with by police. A youth was returned to a parent in the incident, the situation stabilized and no further problems were incurred.

FORT ALEXANDER - police attended a residence where an intoxicated female was causing a disturbance and had assaulted another female. The woman being on various court conditions was apprehended, charged accordingly and taken into custody to Provincial Remand Center.

HOLLOW WATER - an abandoned vehicle left stuck at a residential driveway resulted in being a stolen vehicle and was returned to its owner.

HILLSIDE BEACH - complaints of mischief resulted in 3 vehicles being scratched down the side with an object sometime in the early morning hours. Police have no suspects in the incident.

2009/07/06
MANIGOTAGAN - police attended a residence to a complaint of an assault. Further investigation found that alcohol was involved and a verbal argument only had occurred.

RM ALEXANDER - a residence was attended by police when a youth became agitated and destroying property in the process. Upon attendance the youth had stabilized and the situation diffused. No charges were laid in the incident.

FORT ALEXANDER - investigation continues into a theft of property. A male walked into a residence in

the early morning hours and removed a television set.

2009/07/07
BISSETT - a vehicle abandoned on Highway 304 near Bissett due to mechanical problems was later vandalized and windows smashed out. The owner was contacted by police to pick up the vehicle before further damages occurred.

POWERSVIEW - a complaint of child neglect remains under investigation.

FORT ALEXANDER - a male was apprehended from a residence by police. The man was in breach of several court orders and was remanded into custody to Provincial Remand Center.

- investigations continue into a spousal assault of a female. Police are attempting to locate a male involved in the incidents.

MANIGOTAGAN - 2 truck tires with rims were stolen from a vehicle parked at a residence.

2009/07/08
HOLLOW WATER - an intoxicated male was removed from a house and lodged in cells overnight. The man entered a relatives residence with several other persons and proceeded to have a party. No damages were sustained and all other persons left the premises.

- investigation continues into a complaint of a threat being issued to a female.

- a spousal dispute resulted in a female being threatened by a male. Further investigation resulted in a male being charged. The investigation continues.

2009/07/09
BELAIR - a break, enter and theft at a cottage property resulted in approximately \$1,000.00 worth of items being stolen. Investigation continues.

St. GEORGES - a break and enter to a shed at the local school was reported to police. It was unknown at this time if anything was stolen.

- investigation continues into an incident where a male struck an oncoming vehicle on the highway with an object.

2009/07/10
HILLSIDE BEACH - a break, enter and theft to a residence resulted in food and small amount of cash being stolen from a cottage property.

WALLACE LAKE - a homemade utility trailer was stolen from the boat launch. Trailer has 2 unique yellow poles in the back of the unit and a stone guard.

RM ALEXANDER - a stolen vehicle from Winnipeg was recovered in the area. Investigation continues.

PINE FALLS - a male and female have been charged after a verbal dispute resulted in threats being uttered. The pair were known to each other from a previous relationship. Investigations continue.

2009/07/11
FORT ALEXANDER - an assault of a male by 2 other males remains under investigation. Police are attempting to locate 2 suspects involved in the incident.

BLACK RIVER - police were alerted by child and family services when 2 youth were unaccounted for. Police had dealt with a parent earlier in the day. The children were located later in the day safe and sound and no further police assistance was requested.

RM ALEXANDER - a vacant trailer was the victim of vandalism. The owner arrived to find a front window smashed in her absence.

BELAIR - a break, enter and theft at a cottage property resulted in alcohol being stolen.

2009/07/12
POWERSVIEW - investigations continue into a spousal assault.

- a male was apprehended for his safety after complaints of an intoxicated male on the roadway causing traffic problems. Further investigation found the man to be in breach of court conditions, charged accordingly and lodged in cells until sober.

FORT ALEXANDER - while attempting to appre-

hend 2 intoxicated females following an altercation, 1 of the women became combative and uncooperative with police which resulted in 2 officers being assaulted in the incident. The situation stabilized and the women were both lodged in cells overnight. Investigation continues.

- a female was apprehended for public mischief after numerous calls to the 911 center. The woman apologized to police later in the day once sober.

2009/07/13
TRAVERSE BAY - a break, enter and mischief reported to police resulted in property damage. Nothing was stolen from the cottage residence. Culprits threw a brick through a patio door to gain access.

- while patrolling the area in connection to a complaint of a break and enter police observed a suspicious vehicle and signaled the unit to pull over to the side of the road. Upon approaching the car individuals inside the unit proceeded to flee the vehicle. 1 male observed with a knife dropped the weapon on the highway. A short pursuit ensued with the male entering the bush. 2 females were taken into custody on scene, the male was later located. 1 RCMP officer was assaulted in the skirmish. A male has been charged with Flight from police, assault and possession of weapon, plus 3 counts of failure to comply with court conditions. Police continue to investigate.

2009/07/14
FORT ALEXANDER - investigations continue into the theft of a purebred dog.

- a missing male youth has not been located at this time. Police continue to follow up with friends and family as to his whereabouts.

2009/07/15
TRAVERSE BAY - complaints of 2 break and enters at cottage properties were made to police. Nothing was stolen from one cottage the other cottage lost alcohol, DVD players, a surround system and sporting goods. Access to one of the cottages was gained by pushing in a wall mounted air conditioner.

FORT ALEXANDER - police assisted child and family services when a

female youth continued to be combative, agitated and abusive with workers. The youth was returned and lodged in cells as a safety precaution and later released to a guardian

2009/07/16
POWERSVIEW - police intervened in a spousal dispute. Upon police arrival at a residence the situation stabilized and a female left the residence peacefully. No further call backs were requested.

FORT ALEXANDER - a youth was spoken to accordingly when complaints were made regarding throwing rocks into westbound traffic on Highway 11.

2009/07/17
BISSETT - an abandoned vehicle left on highway 304 near Bissett was vandalized. Culprits knocked windows out of the car and the pushed the vehicle into a ditch. The owner has been notified by police.

MANIGOTAGAN - investigation continues into the assault of a female at a residence. The woman attended local hospital for treatment. Police are attempting to locate a second female suspect involved in the incident.

PINE FALLS - a break, enter and theft at the mill was reported to police. An unknown amount of electrical wire appears to have been taken from the east side area. Culprits cut the fence to gain access.

FORT ALEXANDER - a stolen van in the ditch off highway 11 was recovered. Investigation continues into the incident.

2009/07/18
TRAVERSE BAY - a break, enter and theft to a cottage and shed resulted in a ver/dvd combo and gas being stolen. Culprits cut the screen to a porch and pried a front door to the cottage. Windows to the shed were smashed out.

POWERSVIEW - 1 male was remanded into custody by police. The man was responsible for assaulting a male and female earlier in the evening. He was also charged with 4 counts of breaching court conditions.

FORT ALEXANDER - police assisted child and family services when a

Continued on page

Phillips' Massage Therapy

18B Pine Street, PO Box 132
Powerview/Pine Falls, MB, R0E 1P0
367-2141, email: jphillip@granite.mb.ca

To my many valued clients:

I would like to take this opportunity to express my thanks for your continued support. I realize that it has been difficult recently for us to schedule your appointments in a timely manner. Therefore, I have submitted my resignation at Revitalize Soul Spa in Selkirk, so that I may concentrate my efforts at "Through the Arbour" in Pine Falls. This will take effect at the end of July.

To celebrate this event, for the first week in August (the 4th to 8th), I will set up at the Maskwa Project. Not only will massage therapy be available, you can bring your swimming suit and take a dip in the river, or enjoy the wood fired sauna. Hiking trails and canoes are available for your use on site. A healthy snack will also be provided (for a minimal cost.) The Maskwa site provides a very healing atmosphere on its own. Just think of enjoying a therapeutic massage in the comfort of a screened dining tent. Hearing the birds, the water, and enjoying the fresh air while receiving your treatment will make a refreshing change of atmosphere for you (and me!).

Hope to see you soon, at "Through the Arbour" in Pine Falls or on the banks of the Bear River at the Maskwa Project.

Please book early to reserve your spot!

Thank you,
Jon O. Phillips, RMT

Thursday	Friday	Saturday	
Bud, Spud & Rib Night	Bud, Spud & Steak Night	Bud, Spud & Steak Night	
\$8.99	\$8.99	\$8.99	

HAPPY HOUR
Every Weekend
4:30-8:00pm

NITE **Papertown**

Comment



Putting Jim Hayes on the Spot

Opportunity to Question NEHA CEO

By Charles Norman

Shirley Lavallee of Pine Falls has organized a public meeting to give local people an opportunity to grill NEHA CEO Jim Hayes on the reasons for the decline in the quality of Pine Falls health care services in the last few years. The meeting is in the Golden Leisure Centre in Pine Falls (30 Pine St) at 1:30 pm on August 4.

When Jim Hayes became Chief Executive Officer of the North Eastman Regional Health Authority Pine Falls had a fully operational 29-bed hospital, with an operating theatre and a delivery room. Today it has 14 beds in use, no delivery room and the operating theatre is now a storage room.

There used to be four doctors manning the clinic. All of them lived in the area. There were enough nurses living locally to manage the hospital. Mothers from Bisset, Manigotagan, Hollow Water, Black River, St Georges, Powerview, Pine Falls and Sagkeeng delivered their babies in the Pine Falls Hospital. Today all mothers are sent to Winnipeg to deliver their babies. More than 100 babies are born to mothers from this area every year, but the closest pediatrician is more than a 100 km from here.

Jim Hayes would not allow doctors from the Blue

Water Medical Clinic to deliver babies here. He told The Echo that the local doctors refused because of the cost of insurance. This was not true. They were willing but not allowed to. The Echo has been told that the Blue Water Clinic was shut down because Jim Hayes would not allow them to practice medicine the way they thought it should be practiced.

While Jim Hayes would not allow Blue Water Medical Clinic doctors to deliver babies he is now talking about setting up a midwife delivery system. It may be politically correct but it does not seem to make an awful lot of sense.

NEHA is the lowest cost per capital health authority in Manitoba. Jim Hayes started out in the health care field as an assistant buyer at the Grace Hospital. He was very good at his job and saved the Grace Hospital a lot of money. That is the job of an assistant buyer. The job of a health authority manager is to deliver health services to the people in the region. The cheapest way to do this is too not deliver health services at all. Someone should tell Jim Hayes that his job is to deliver health services - not cut them.

Abrogation of aboriginal treaties

There is no question that

health services in Pine Falls are inferior to those in Pinawa and Beausejour. The question is why?

Highway 11 was repaired two years ago from Highway 59 right up to the border of Sagkeeng and Pine Falls where it stopped. Local people wondered out loud if this was because Sagkeeng voted NDP and Pine Falls voted conservative. There are also wondering if this is the reason the provincial government has not fixed the hole in the road at Powerview Creek. We could put a man on the moon forty years ago, but today we cannot fix a hole in the road.

Is this the reason why the hospital has been down graded? If it is it is not the first time that a group of people has been punished for not voting the right way. It was standard practice in Quebec 50 years ago under the Duplessis regime.

But we have treaty obligations with the First Nations in this area to deliver health services to their people. We have treaties with Hollow Water, Black River and Sagkeeng. It is not up to Jim Hayes to abrogate those treaties.

There are numerous questions that members of these communities can put to Jim Hayes on August 4. The Echo will be there to record his answers.

A Faith Perspective:

By Pastor Jake Doell



Dealing with Delays!

How often do you face a delay in your life? An appointment is late or even worse, doesn't show up and you wonder what and why. Delays caused by other human beings often irritate us. What about the delays we face in our relationship with God.

When God doesn't answer our prayer according to our time schedule, do we get upset with Him?

Such was the case with Lazarus' two sisters Mary and Martha. Lazarus had fallen seriously ill and they called for Jesus to come and heal him. Yet Jesus stayed two more days before He set out to go see Lazarus. (Gospel of John, chapter 11) When Jesus arrived late Martha shamed Him by saying, "If you had come here would not have died." Martha implied that Jesus didn't care enough to come when He was sent for. In the supernatural scheme of things Jesus could have healed Lazarus at a distant and prevented his death.

God often delays "His answer" to our prayer so that He might accomplish His purposes that can only be achieved in the delay. Jesus raised Lazarus from the dead after he had been in the grave four days. (vs.39-44) the delay was only a problem from the human side, not from Jesus' perspective. You see Jesus used this event for two purposes. Number one, it brought great crowds to wherever Jesus went and secondly it triggered the

Pharisee's to come up with a death plot (crucifixion) for Jesus.

When Jesus rode into Jerusalem on Palm Sunday he was met by a great crowd who wanted to crown Him King. Many in this great crowd were there because they had heard of Lazarus being raised from the dead and they wanted to see another great miracle performed by Jesus. If Jesus had not raised Lazarus from the dead, there would have been no crowds to cheer the Lord when He came into Jerusalem riding on a donkey. Also Jesus knew the time for fulfillment of His life purpose - dying for our sins on an old rugged cross, was now at hand. You see Jesus willingly gave Himself to His enemies to be crucified. You see nobody could put Jesus to death without His permission. (John 10:18)

God often sets the stage so that His own glory is revealed through the seeming "human delays" in our lives. I'm glad God had some of "His delays" in my life. I know I wouldn't be here today if He would have worked on my time schedule.

My friend are you facing a delay in your life today? Maybe it is a "God delay." Don't take God's delays lightly. Don't get angry at Him as He places you in what seems to be a holding pattern. God is at work and He knows the purpose for His delays. Don't give up. Remain faithful and He will reward you in the end.

Comment

MP Report

Niki Ashton, MP Churchill



Visiting: Critical to Representing Our Riding

Being vocal and speaking out in the House of Commons is a key part of representing our riding. So too is visiting to listen to people's concerns.

That is why I have been visiting non stop since the House of Commons ended sitting in June.

Since then I have visited Churchill, Thompson, Flin Flon, The Pas, Nelson House, Snow Lake, Moose Lake, Norway House, Cross Lake, Grand Rapids, Manigotagan, Hollow Water, Seymourville, Little Black River and Sagkeeng.

What was clear was the fact that there are many local concerns but many other concerns that are common across the riding.

I visited many communities where people expressed concern about the need for proper pandemic planning

and response, specifically regarding the H1N1 flu. This is one of the key issues I raised in the House of Commons during the session.

In other communities there was concern about transportation services. This included train service on the Bay line and bus service between Flin Flon, Snow Lake and Thompson. I will be meeting with Via Rail to follow up on the train service concerns. In terms of bus services, I spoke at two of the Motor Transport Board hearings in the North and I am continuing to fight against the proposed cuts to this vital service.

Concern was expressed over the impact of the economic slowdown in the North. This includes impacts on forestry in The Pas and mining in Flin Flon. I am

continuing to speak out on the need for the Federal government to support our communities and for reform to EI.

I also spoke to many people about specific individual problems and concerns. I encouraged people to contact my constituency offices if they do have any problems or concerns.

In visiting I also had the opportunity to visit many community events. We have so much to offer here in the North when it comes to summer events.

Yes, the Churchill riding is big. In fact it is one of the biggest in terms of area in Canada. What I found is that people really appreciate it when I do visit. That is why I will be doing more visiting this summer so that I can best represent our riding in Parliament.

Government Must Take Bold Action on H1N1: Ashton

Federal NDP Release

The government must take bold action in dealing with the disproportionate impact of the H1N1 virus on young peo-

ple, says New Democrat Critic for Youth Niki Ashton.

It became clear one month ago that the infection and hospitalization rate for First Nations people was

cause for great alarm, and now it is now evident that young people are a great deal more susceptible than previously expected. Recently released data places the median age of Canadians infected with H1N1 at only 18 years old.

"The message we keep getting from the scientific community is that we need to take this virus very seriously," says Ashton. "We're not seeing any evidence of bold forward-looking action on behalf of the federal government."

Young Aboriginal Canadians have been hit particularly hard by H1N1. A recently published study in the international medical journal 'The Lancet' points to poverty, poor nutrition, overcrowded housing and a lack of clean water as root causes for the compromised battle against the virus' spread. More than half the aboriginal population of Canada is under the age of 25.

At the same time, we are committed to improving Canadians' awareness of



Government of Canada Takes Actions to Improve Canadians' Health

James Bezan, MP Selkirk-Interlake

Canadians can feel confident that the Government of Canada is working to protect their health and safety. In fact, protecting and promoting the health and safety of Canadians and their families is of the utmost importance to our Government. It is why we continue to take action to further improve Canadians' health.

Recently, we took a significant step by introducing Bill C-6, the Canada Consumer Product Safety Act. This Act aims to modernize and strengthen product safety laws. It will improve the Government's ability to take timely compliance and enforcement actions when unsafe products are identified on the Canadian market.

In addition, we have taken important steps to protect our youth. We have proposed regulatory actions that would prevent the use of six chemicals called phthalates in child-care articles, and to limit lead content in certain products also commonly used by young children. We are the first country to move ahead with regulations to prohibit polycarbonate baby bottles that contain Bisphenol A (BPA). Further, we recently proposed amendments to the Tobacco Act to protect children and youth from tobacco marketing that encourages them to smoke.

At the same time, we are committed to improving Canadians' awareness of

their health. We launched a three-year public education campaign on immunization that offers parents easy-to-understand information to help them make informed decisions about their children's health. Immunization is one of the best tools we have to protect the health of our children.

In addition, we announced funding of \$10 million over three years to support lung health initiatives that will help Canadians prevent, detect and manage respiratory diseases. Further, we announced \$15 million over four years to support Canada's first national population study on neurological diseases. Both these announcements deliver on commitments made in the 2008 Speech from the Throne.

We are also working with Canadians to ensure they have access to the latest safety information on health products. We recently introduced the MedEffect Canada social marketing campaign to encourage consumers and health-care professionals to report suspected side effects from health products and keep up-to-date on important safety data.

The Government of Canada recognizes that each Canadian is distinct, with different health concerns. We are committed to ensuring that our policies, programs and services meet the important health needs of all Canadians.

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The Echo is an independent weekly newspaper published on Wednesdays in Pine Falls, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Wednesday's publication.

REQUEST FOR TENDER

Re: Vincent Avenue Storm Sewer Project (east side)

The Town of Powerview - Pine Falls invites experienced companies to submit a quotation on the proposed installation of approximately 920 feet of 24" HDPE pipe plus two manhole catchbasins, with soil cover graded for drainage to catchbasins. The town will supply all pipe and catchbasins, this is for installation to grade and cover to grade only.

A drawing of the proposal is available from the Municipal Office at 277B Main Street in Powerview.

Interested parties are to submit quotations on or before 12 o'clock noon July 31, 2009, either by mail, fax, or email clearly marked "Vincent Storm Sewer"



The Town of Powerview - Pine Falls
Box 220 227B Main Street
Powerview, Mb. R0E 1P0
Phone 367-8483 Fax 367-4747
Email: powerview.pinefalls@mts.net

Contact the Public Works Supervisor, or designate.
@ 367-2070 if more info is required.

News



Dust Rhinos performing at last year's festival.

Summer Winds Family Music Festival Lineup

Continued from page 1

Michael Lauze - Mike is a 16 year old student from Pinawa whose love for old country classics inspired him to be a modern day Johnny Cash and Hank Williams fan.

For the Children, Lulu and TomCat are a children's musical group formed in Roland, MB in 2001 by Lori LuLu and Thomas Neufeld. They have produced five albums and 36 books. Face painting, games, crafts and much more!! Advance Family Passes

(Includes Fri & Sat) are \$30 or \$40 at the door. (2 adults & 2 kids under 18)

Advance Single Passes (Includes Fri & Sat) are \$15 or \$5 for Friday evening and \$20 for Saturday

Children's Activities - Canteen - Beer Garden - Silent Auction - 50/50 Draws.

Tickets available at: Saffies, Traverse Bay Corner, VB General Store, Moonlight Inn, Grand Marais Village Store or call Lynn 367-4127 or Glenn 756-2662.

Sponsored by: Allwright Contracting, Ateah Realty Ltd. Beaches Half Marathon,

Hillside Building Supply, Lakeside Surveillance, Lyall's Landscaping, Molson, Riverside Developments (Walter Chomichuk) RM of Alexander, RM of Victoria Beach, South Beach Casino, The Cottage and The Echo.

We would like to give a HUGE THANK YOU to our group of dedicated volunteers and sponsors!! Without their support this festival would not be possible.

Please come out and participate in this fun-filled weekend, suitable for all ages. Rain or shine - bring your lawn chair.

RCMP Report

Continued from page 3
Investigations continue.

RM ALEXANDER - investigations continue into an attempted assault of a male with a weapon.

MANIGOTAGAN - Police continue to investigate an incident where a male breached a court order and attended a residence of a female. The man also attempted an assault but was unsuccessful in harming the woman. Police were able to later locate the man, arrest and lay charges.

- a 2002 Dodge Ram was stolen from a residence.

2009/07/19
BLACK RIVER - a male has been arrested for failing to comply with court conditions. The man attended a residence of a former spouse and proceeded to create problems. Police were contacted when the male refused to leave. The intoxicated man was later located by police and charged accordingly. Investigation continues.

- police attended a residence where a male was refusing to leave. The complainant also advised the man was known to carry a weapon. However upon

arrival police found the man had fled. A patrol of the area did not locate the suspect and no further call backs were received on the incident.

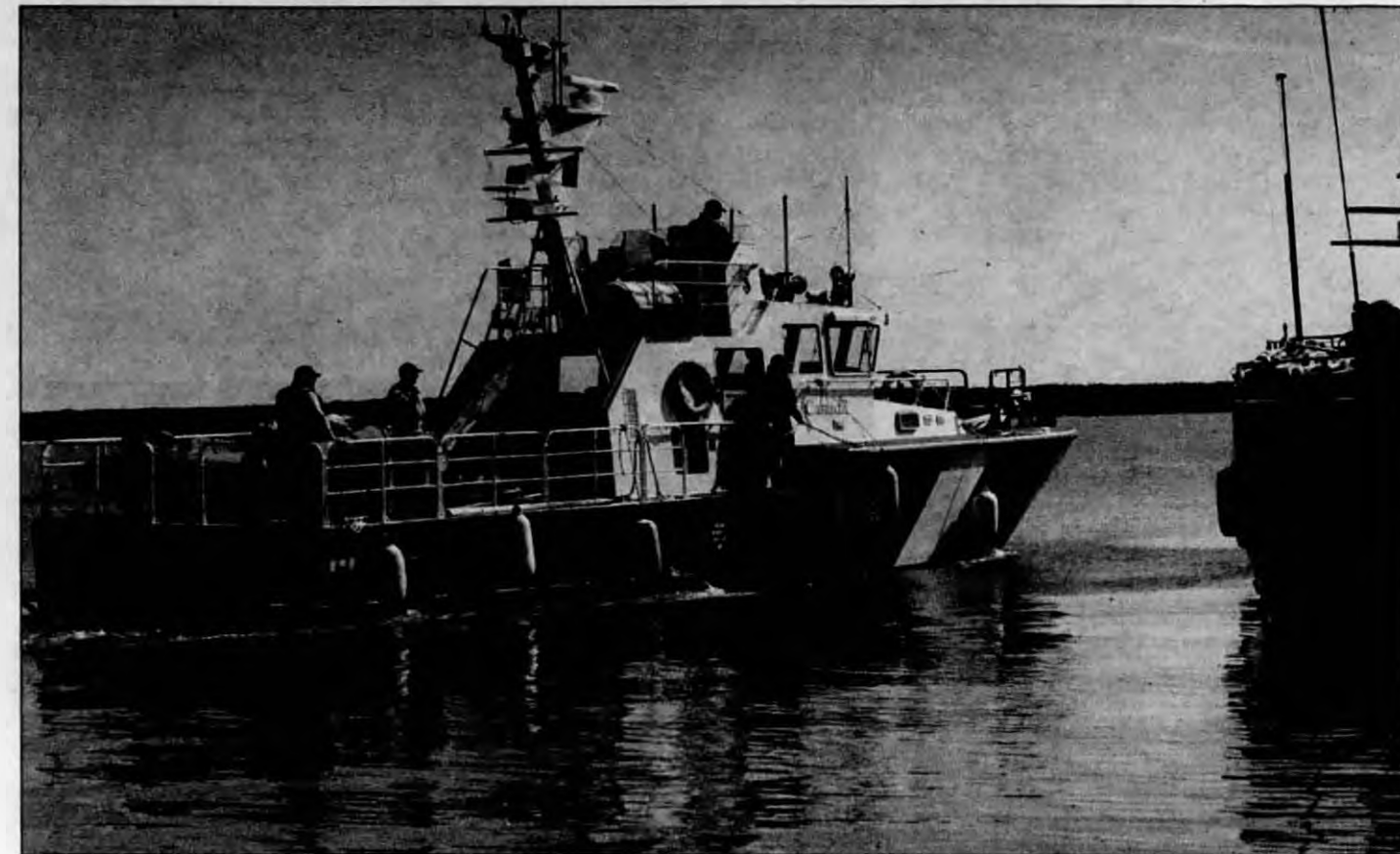
SUMMARY: JULY 13th - JULY 19th, 2009

Police also attended to:

- 3 False 911 calls
- 5 Alarms
- 4 Assistance to other Police Agencies/Service of Documents
- 2 Common Offence Notices (HTA/Liquor)
- 2 Coroners Act
- 3 Intoxicated Persons Detention Act/Disturb Peace
- 4 Mental Health Act Transport
- 3 Noise By Laws/Complaints
- 1 Sexual Assault
- 1 Theft Under(Prescription Medication)
- 14 Traffic Accident Reports

REMEMBER IF YOU HAVE ANY INFORMATION ON ANY CRIMINAL MATTER YOU CAN REMAIN ANONYMOUS AND CONTACT CRIME STOPPERS AT 1-800-782-8477 OR THE POWERVIEW RCMP AT 367-8728.

Beaches



Vakta coming into dock

Search & Rescue in Victoria Beach

by Laura Tuttle

The marina, pier and the residents of the gated resort of Victoria Beach were audience and host to a drama that was created in a boardroom and played out on land, water and in the air just beyond this idyllic community. The Police and Fire Departments of the R.M. of Victoria Beach were principal partners in a realistic scene that has in the past created angst and fatality along and beyond the shores of East Beaches.

The enactment of a plausible incident and most of the subsequent choreographed Search & Rescue response took place at Elk Island Provincial Park, a small water-locked forest and former logging camp at the mouth of Traverse Bay and the Winnipeg River just north of Victoria Beach. The Island is isolated and small, barely five kilometres long and half as wide. It is a popular getaway for campers, day trippers, berry pickers and mushroom hunters. It is also subject to the mood of the oft times tricky and treacherous waters of Lake Winnipeg. Elk Island is a perfect spot for summer getaways and for trouble - real or imagined.

Currently 911 calls from the East Beaches are routed to Trenton, Ontario where dispatchers then contact Search & Rescue crews already located in Manitoba. The simulated boating accident was created and carried out with the help of career and volunteer Search and Rescue experts. Two of the cast included pretend 'victims', Tom Thomas and Dustin Sinclair of the East Beaches Fire & Rescue who were among the eighty or so participants involved in this exercise on the second weekend of July 09.

The goal of the command team was to enhance the training of Search & Rescue crews who must address emergencies on water and/or land. Further to this, the purpose was to test the functionality of a new remote/local 'Joint Rescue Control Centre'. It doubles as an operations and communication strategy that is expected to expedite the process of getting help to accident victims in the south basin of Lake Winnipeg.

The massive training ploy involved water, air and ground Search & Rescue crews from the Department of National Defence (D.N.D.) in Trenton, Ontario;

R.C.M.P. representatives from "D" Division Search Management, Winnipeg; the Manitoba division of D.N.D. rescue staff and call centre operators; ambulance services from North Eastman Regional Health Authority; plus volunteers and staff from the Northeast Mutual Aide District - Ground Search & Rescue in Manitoba.

Integral to the rescue effort was the Coast Guard vessel, the C.C.G.C. Vakta who along with four other Lake Winnipeg vessels were called to duty for the water search. In the air was the Lockheed Martin C-130 Hercules (better known as 'the Herc') with its crew and two divers on board. Headquarters for the exercise was the Victoria Beach Fire Hall where all parties mustered and where debriefing would take place at the end of the four day trial exercise.

Dave Lussier of Lac du Bonnet is in charge of 'ground' Search & Rescue and supervises the S&R operations of 13 Fire Departments from Eastman Region. He clearly articulated the various sequences of the event and clarified each phase of the expected action and outcome. He explained

the premise. "First, a civilian has dialled 911 and reported seeing a flare fired just to the East of Elk Island. The information from the call was then dispatched from the call centre to the 'Joint Rescue Patrol Centre'."

"This is the point" says Lussier, "where the new localized communication strategy is intended to speed up rescue operations that

may be compromised by the current long distance relationship that DND Trenton has with the East Beaches." At the this stage, the particulars of the 911 call are passed on to the police unit responsible for the area of the accident, in this case the Victoria Beach Police because Elk Island is within their territory. Should the incident have occurred in the Grand Beach area, then RCMP from the Grand Marais detachment would have been contacted.

Since the flare was reported to be seen on water and away from the shores of a land mass, the call is relayed first to the Canadian Coast Guard who send their 52 foot cutter, the Vakta (Icelandic for 'on watch' or 'on patrol') from its birth in Gimli across Lake Winnipeg toward the site near Elk Island. The Department of National Defence is next to be contacted and they send the privately contracted, Hercules with two divers on board to the potential rescue site. Activity in the area increases when, after several passes, the divers are dropped from the plane to the spot where the overturned boat has been sighted.

As the scenario unfolds, the pilot reports that there appear to have been six passengers in the boat and that two of the stranded boaters were able to swim to Elk

Continued on page 10

3rd Annual Summer Winds Family Music Festival

Victoria Beach Sportsfield, Hwy 59 (next to the Firehall)
Victoria Beach, Manitoba

Friday, July 24 - Gates Open 7:00 pm

8:00 pm - Mike Lauze
9:15 pm - Burning Kettles (Becky Hill)
10:30 pm - Take me to the Pilot (Mike Bilenki)

Saturday, July 25 - Gates Open 3:00 pm

4:00 pm - Lulu & Tomcat
5:30 pm - Tom Stucky & Squirrel Creek Ramblers
7:00 pm - Dust Rhinos
9:00 pm - Damn Straight
11:00 pm - Division Slaves

► Children's Activities
► Beer Garden
► Silent Auction + Raffles
► Craft Tables (to rent a table call Glenn 756-2662)

Tickets: Friday Night \$5.00
Advance Single \$15.00 (includes Friday)
Advance Family \$30.00 (includes Friday)
At the Door - Single \$20.00, Family \$40.00

Available at: VB General Store, Saffies, Traverse Bay Corner, Grand Marais Village Store or call Bruce 756-6463 or Glenn 756-2662 or Lynne (Pine Falls) 367-4127

Sponsored by: Allwright Contracting, Ateah Realty, Beaches Half Marathon, Hillside Building Supply, Lakeside Surveillance, Molson, RM Alexander, RM Victoria Beach, Riverside Development (Walter Chomichuk), The Echo & The Cottage
Visit our website www.summerwindsfamilymusicfestival.com



Grand Pines Golf Course

Early Twilight Special
Sunday to Wednesday
after 2:00pm

\$31.00 Walking
PER PERSON

\$41.00 Riding
PER PERSON

Excludes Holiday Sundays

Call 204-756-2345

Located on Hwy. 59
15 kms. North of Grand Beach
www.golfgrandpines.com

Beaches Service Directory

General Store

Saffie's GENERAL STORE
ALBERT BEACH

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July Calvert-Pierce
Shaun Pierce

Grand Beach & Area
(204) 754-2709
Winnipeg:
(204) 250-9180
Toll Free:
1 (800) 559-7873
Email: info@beachesreality.com
www.beachesreality.com

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756-3868

Chateauguay Festival



One of the entries in the Sand Castle Competition



Cardboard boat building factory under the big tent



Hot dogs from Hometown Sausage



Ready, Set, Go!! Start of the second heat of the cardboard boat race.



Janel Zolinski, the new manager of la Grande Tasse



Claydon Zalinski accepts the first place prize in the cardboard boat race.



Rock painter, Julia Adams, from St. Anne



Cohen McMullin (third from left), second place prize winner.



(left to right) MLA Gerald Hwanik, MP, Vic Toews and Reeve George Harbottle



Randy Burston (left) took home third prize in the cardboard boat race.

Nature



Black Capped Chickadee

By Charles Norman

The chickadee dee dee call of the Black Capped Chickadee is familiar to everyone. Scientists claim that the call is a warning sound, but it seems, to this writer at least, that it is just a display of sheer exuberance.

In spring and summer, he hardly seems to want to stop. The chickadee dee dee dee dee seems to indicate that it is great to be alive, whereas in the early morning, in the depth of winter, we may only get a brief chicka with perhaps a dee or perhaps a dee dee later in the day as the weather warms up. However scientists say this call is used to challenge intruders and to let others in the flock know of sources of food.

Chickadees have 15 or more calls, one of them a whistled - fee bee bee. Males may sing for up to an hour at dawn and will also sing during nest building and

egg-laying.

The Chickadee is a small bird, measuring up to six inches from the tip of the beak to the end of the tail. It is a greenish-grey above and white underneath, with a black cap and a black patch on the throat. There are several other Chickadees that are similar to our own, but the Black Capped Chickadee is the only one that breeds here. Its range extends from the northern half of the continental United States to Newfoundland and southern Alaska. Its northern limit in Manitoba is probably around Poplar River on the east side of Lake Winnipeg. It is a year-round resident.

The Chickadee feeds on insects, spiders and other small invertebrates that represent about 80 percent of its food intake in summer and fifty percent in winter. The balance is made up of seeds. It is a voracious eater and a major benefit in keeping

down garden pests. When food is plentiful it will store items in caches and can remember locations of caches for up to a month. This is important to the Chickadee in northern latitudes when food is scarce or the feeding time is reduced

by the shorter daylight hours. In winter body temperature is dropped by 10 to 12 degrees Celsius at night to conserve energy.

Courting takes place in February and March when Chickadees spend a great deal of time in pursuit of each other while calling loudly. Gradually the flock,

which consists of 20 to 30 birds during winter, will break up into pairs. The male follows the female who finds a suitable nesting place that the male defends against all-comers, including those from the winter flock. A territory of around 7 to 20 acres is defended.

Together, the male and female excavate a hole in rotting wood or a tree stump between three and ten feet above the ground, sometimes higher in dead trees. At this time the female's voice becomes raspy as she lays her eggs. At other times the male and female are indistinguishable. Six to eight eggs are laid. They are white with dark spots.

She sits on the eggs for twenty-minute periods during the day and for the entire night. The male feeds the female while she is on the nest, but she will often feed herself during the day.

The eggs hatch after 13 or 14 days, the young are kept warm until their feathers are grown. They are fed up to 15 times per hour and looking after 6 or 8 nestlings can drain parent's energy reserves to a point where survival becomes in question. After a little over two weeks they are ready to leave the nest, but are fed by the adults for another two weeks.

The parents then moult, losing feathers rapidly. The new plumage takes up to two months to replace the old.

During the recent warm spell numbers have increased dramatically. Chickadees number in the millions in Canada and are definitely not an endangered species.

4P Festival 2009 Market Square

SATURDAY, Sept. 5th - 10:00am to 5:00pm &
SUNDAY Sept. 6th - 12:00noon to 5:00pm

NEW LOCATION - ECOLE POWERVIEW SCHOOL,
23 Vincent Ave. Powerview-Pine Falls
Gymnasium Entrance

Space rental is \$25.00 per day that includes
1 banquet table, one chair and 9 x 9 space.
Space rental is \$15.00 per day
if you bring your own table and chair.

To confirm your registration please contact Bev Dubé at (204)367-8064,
fax (204)367-8897 or email: bdube@mts.net

Community



Time to Ride

The Heart and Stroke Foundations BIG BIKE RIDE Season was kicked off on the grounds of the Manitoba Legislature on June 15, 2009 with a rider from Pine Falls! That rider has agreed again to bring the BIG BIKE to Pine Falls this September. Last year, the 3 teams from Pine Falls were in the top 10 teams for fundraising! What a great community we live/work in. Last year

the total donations from our 3 teams for the BIG BIKE were over \$13,000.00. September 2009 will see the BIG BIKE back in Pine Falls/Powerview and of course we are looking for RIDERS for the BIG BIKE. 2 Teams for sure are back and again we will be riding for bragging rights for the fastest time... watch out GUYS... the LADIES have a matter to settle with you! There will be a BBQ the

day of the BIG BIKE RIDE and we hope that people will come out and enjoy some good eats and have a great time cheering on their favorite rider and team.

Sponsor sheets can be picked up from Midway Foods (Don or Lori Robb) or from Pine Falls Service Centre Shell (Kim Bonekamp). Red Hearts will be available again at both Midway Foods and the Shell. Come on and show off your HEART, and support the BIG BIKE RIDE.

MCSC Funding in Eastman

Submitted by Holly Parcey
MANITOBA COMMUNITY SERVICES COUNCIL INC. (MCSC) was established in 1984 by the Province of Manitoba, as part of an umbrella system, to serve the voluntary sector in Manitoba. The Council is funded by the Province of Manitoba and reports to the Minister of Culture, Heritage, Tourism and

Sport. MCSC also receives bingo events each year from Manitoba Lotteries Corporation. MCSC operates as an arms-length organization. A committee of volunteers representative of the Manitoba community is responsible for the allocation of dollars and/or bingo events to qualifying groups. In 2008, 21 organizations in eastern Manitoba received funding from

MCSC, including Survivor's Hope Crisis Centre Inc. The funding we received from MCSC covered a number of operating expenses through 2008 and 2009. This valuable partnership made it possible to continue the sexual assault crisis intervention program operating through the three NEHA hospitals and to expand the school based workshops to include grade 6 this past school year. Visit www.mbcsc.ca to learn more about MCSC and the various organizations supported since 1984.

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BRYAN M. DAIEN, DENTURIST

Search and Rescue



Rescue - victims and crew safe and sound.

Continued from page 7
 Once all victims are accounted for the water vessels with the Vaktu bringing up the rear, head for the Victoria Beach pier. At about 16:00 the Search and Rescue teams, the boat crews and the surviving 'victims' are greeted by a curious crowd and many of their peers and commanders. The entire exercise has taken the better part of the day. The good news is that everyone made it safely to shore. From there the entire contingent is portaged back to Victoria Beach Fire Hall where a debrief is conducted to gain feedback from the participants.

At the end of the day, the command team will be looking at what worked well and where their might be possible improvement. Every movement was monitored including the circumstance of the pair of manikins used to portray the sad fate of two drowned boaters. For the volunteers and staff it was an excellent training opportunity and proof of their merit in a difficult situation.

Third Annual Louis St.Croix Memorial Motorcycle Ride - 2009

Ride will be held on Sunday, July 26, 2009. Beginning at 10:00am, riders will travel from St.Croix Cycle &

Marine (105022-Hwy 11) East to Hwy 307 and travel through the Whiteshell Provincial Park to Breton Lake-Pit Stop, continue on Hwy 307 to Hwy 44 and Head East to West Hawk Lake-Pit Stop. Ride will continue back west on Hwy 44 to final stop in East Selkirk; pit stop in Beausejour. Riders may join the group at any location along the route; all types of vehicles welcome. Rain date is August 9, 2009. Please call (204)367-2219 or 1-877-367-2219 if you require additional information.

Community

South Beach Casino & Resort Encourages Responsible Play

View the website of virtually any Canadian casino and you'll find information on upcoming live acts, how to play the various table games, and photos of flashy slot machines. What you'll also find, however, are links to organizations that help problem gamblers—an acknowledgement that while most Canadians view gambling as a pleasant diversion, for some it becomes an obsession.

"Studies suggest up to four percent of gamblers will have a problem keeping their play in check, so we have a number of programs to help prevent gambling from getting out of hand," says Barry Denesiuk, Director of Casino Operations at South Beach Casino and Resort. "We welcome patrons to spend their entertainment dollars in our casino, but we certainly don't want them to spend borrowed dollars or funds required for daily living."

To help its patrons play responsibly, Denesiuk says all relevant staff are taught to recognize the signs and symptoms of problem gambling and where to refer clients for help. They learn how to tactfully suggest the player take a break from the gaming tables or slot machines, and might even suggest the patron consider enrolling in the casino's Voluntary Exclusion Program. Under this program,

patrons can request that they be banned from the casino for one year or longer. The patron requesting the ban is required to sign a consent form agreeing to a one-year exclusion from the casino and must have his/her photo taken to allow identification by staff. Patrons desiring re-admittance after the one-year exclusion must submit a written request and must complete a gambling education course offered by the Addictions Foundation of Manitoba before being allowed to return.

Denesiuk adds that not all casino bans are voluntary. For example, he says the casino will exclude a patron for up to two years if they have left children under the age of 12 unattended in a vehicle.

Organizations that work to overcome and prevent gambling addictions offer a number of tips to help prevent gambling from becoming all-consuming. They say it's important to decide on a loss limit ahead of time and stick to it. They also warn against gambling when stressed or depressed, and against borrowing money to gamble.

They also say it's important for players to realize that all casino games have a "house advantage." This means that, over time, the house—and not the gambler—will make money. In other words, all gamblers



will eventually lose more than they win.

"It's surprising how many people think that if they have a 'system' when playing slot machines or VLTs, they can increase their odds of winning," says Denesiuk. "In fact, there is no way to improve the chances of winning. All VLTs and slot machine are designed so that each press of the button or pull of the handle is completely random and independent of earlier plays. All VLTs and slot machines in Manitoba are

programmed to take money over time."

In addition to providing staff training and the Voluntary Exclusion Program, Denesiuk says South Beach Casino is working to educate patrons and the general public about the potential dangers of gambling and how the odds are stacked against them. To that end, casino patrons will find many reminders about responsible play through brochures, washroom posters and even scrolling messages on the slot machines.

In addition, visitors to the South Beach web site (www.southbeachcasino.ca) will find documents with titles such as The Psychology of Gambling, How Gambling Really Works and What's Your Gambling IQ?

Manitobans who think they may have a gambling problem, or are concerned about the gambling activities of someone they know, are encouraged to call the Addictions Foundation of Manitoba Problem Gambling Helpline at 1-800-463-1554 or 944-6382 (Winnipeg).

FTA NOT WORKING

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367-2611 367-2517

RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

SUMMER PROGRAMS

Crafts & Outside Games
A different craft every week in the morning and outside games for the afternoon that can include baseball, soccer, badminton, Bocca ball etc. Every Monday @ Powerview - Pine Falls
Every Tuesday @ Victoria Beach Sports Field
10 am - 3 pm
Cost: \$3.00 Bring a lunch

Girls Only Day
An amazing fun day for just girls that includes crafts, manicures, make-up, games and popcorn & a movie.
Wednesday July 8 @ Pine Falls School Gym
Thursday July 9 @ Victoria Beach Sports Field
10 am - 4 pm
Cost: \$5.00 Bring a lunch

Mint Olympics
Put your sneakers on and get ready for a super fun challenging day of individual and relay races.
Wednesday July 15 @ Pine Falls School Field
Thursday July 16 @ Victoria Beach Sports Field
10 am - 4 pm
Cost \$5.00 Bring a lunch

Hip Hop & Jazz Dance
Register now for July/August Session, Golden Leisure Centre Tuesday's
Instructor: Alisha Carlson
Kids Program Ages 3-4 \$25.00
Kids Program Ages 5-7 \$25.00

Kids Program Ages 9-11 \$35.00
Adult Program \$35.00
Registration night Monday June 22nd
At the Pineview Rec Office
For registration & fees contact 367-9142

Softball
Powerview-Pine Falls
Cost: \$10.00 per child for summer
For July & August
Level 1: Ages 5 & 6
Thursday evening @ 6:30 PM
Industrial Park Diamond,
Powerview

Level 2: Ages 7 & 8
Wednesday evenings @ 6:30 PM
Industrial Park Diamond,
Powerview
Youth ages 9-14
Monday evenings @ 7:00 PM
Tasty Treats Diamond,
Powerview. Bring your own glove, hat & water. The emphasis is on Fun, Action and a Positive Atmosphere with a gradual introduction to non-stressful competition. To register contact Lori at Pineview Rec Office 367-9142

Phat Camp
Physical Arts Training Camp
Programs for children & youth ages 6+
Victoria Beach: July 27-31
Before July 1 \$100/After July 1 \$125
Powerview-Pine Falls: August 10-14, Before July 20 \$160/After July 20 \$125
This year's theme is Way of the

Young Legends
Programs include: Phat School Musical, Hip Hop, Music Video, Cheer, Boot Camp, Film Making and more.
Teen & Adult Workshops
New for this year for Tues & Thurs Evening, Hip Hop Dance @ Victoria Beach Sport Club
Before July 1 \$25/After July 1 \$30. Salsa Dance @ Powerview School, Before July 20 \$25/After July 20 \$30.
Camp registration forms available @ Pineview Rec Office 367-9142.

Hop a Hop Program
Ages 3-5
Victoria Beach: July 27-31
Before July 1 \$30/After July 1 \$40
Powerview-Pine Falls: August 10-14, Before July 20 \$30/After July 20 \$40
Monday - Friday 10:00AM - 10:45AM
Funky, fun, energetic class ideal for both boys & girls. The class is designed with creative & fun elements teaching kids a better sense of body awareness, coordination, memory and rhythm using a wide range of both popular and world music.
Camp registration forms are available @ Pineview Rec Office 367-9142

Pine Falls Swimming Program
Session 1: July 6-17
Session 2: July 20-31
Session 3: August 3-14
Duck (Parent & Child Program),
Sea Turtle, Salamander, Sunfish,
Red Cross Levels 1-10
For registration and fees contact Rec Office 367-9142

Female Softball/Fastpitch
Squirt (born 1999) PeeWee (born 1997) Bantam (born 1995)
Looking into developing athletes to play in league play in 2010 in Winnipeg and also for the Manitoba Indigenous Summer Games, Manitoba Summer Games and possibly for the 2011 North American Indigenous Games in Wisconsin, USA.
For more info contact Allister Courchene 367-4411 (wk) 367-2885 (hm) allistercourchene@black-river.ca

EXERCISE PROGRAMS
Seniors Exercise
Golden Leisure Club, Pine Falls
Every Mon, Wed, Thurs & Fri 10:15 - 10:45

Body Sculpture
Walter Whyte School, Grand Marais
Instructor: Natasha Joy
Classes to resume in September
Contact Natasha 756-3868 inatasha@mns.net

Family & Beginners Fitness
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

Strength For Seniors
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

Beaches Library
Located in Walter Whyte School 754-4007
Operation Hours
Thursday 9:00 AM - 12:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

Seniors Scene
Victoria Beach
For Adults & Seniors
Yoga
Every Monday @ 3:00 PM

Public Libraries
Bibliothèque Allard Regional Library
St. Georges 367-8443
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00 PM - 8:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

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Yoga
Every Monday @ 3:00 PM

PINEVIEW RECREATION COMMISSION - Lori Vialoux, Rec. Director
Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

Total Body Workout
St. Georges School Gym
Instructors: Nick Bonekamp & Paul Roberts
Classes to resume in September

Rise & Shine Fitness Class
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September
Contact Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

Rivers North Fitness Coop
Powerview Arena
\$100.00 membership
\$250.00 annual user fee with membership
\$300.00 annual user fee without membership
For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

3rd Annual Beaches 1/2 Marathon
July 25th
Located in Hillside Beach starting at 8:00 AM
For more info contact 756-3868
Email: inatasha@mns.net
Register online: www.events.runningroom.com

Festival Chateaugay
July 17, 18 & 19, 2009
Weekend celebration of culture, music, food, children's activities, fishing tournament, sand castle building and great family fun.
For more info contact Diane 367-9970

Summer Winds Music Festival
Victoria Beach Sports Field
July 24 & 25, 2009
Music, children's activities, great food & beer gardens.
3rd Annual advance tickets are available.
Visit www.summerwindsmusicfestival.com

Picnic In The Park
Village Green, Pine Falls
Friday, August 7th
Noon - 4:00 PM
Bike Parade & Rodeo, Chronic Disease Prevention, Entertainment, Helmet & Bike Safety, BBQ & more.

Public Libraries
Bibliothèque Allard Regional Library
St. Georges 367-8443
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00 PM - 8:00 PM
Friday 12:00 PM - 5:00 PM
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Bibliothèque Allard Regional Library
St. Georges 367-8443
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00 PM - 8:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

Beaches Library
Located in Walter Whyte School 754-4007
Operation Hours
Thursday 9:00 AM - 12:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

Seniors Scene
Victoria Beach
For Adults & Seniors
Yoga
Every Monday @ 3:00 PM

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MORTGAGE SALE

The building and land known as 16 Heathwood, Traverse Bay, Manitoba, as described in Certificate of Title No. 2126921 will be sold at auction on Wednesday, the 19th day of August 2009 at 10:30 a.m. At Gray's-Carter Auction, 33 Princess Street, Winnipeg, Manitoba.

The vendor is informed that there is situate on the said land an approximately 964 square foot bungalow with livingroom, diningroom, kitchen, one bathroom, three bedrooms, laundryroom, crawspace and is located on a lot being 100 feet by 200 feet. The house is under construction and the vendor is not aware of the work required to finish the residence.

The vendor is informed that the residence when finished will be suitable for either a principal residence or a vacation home.
TERMS: \$15,000.00 by cash, certified cheque or bank draft payable to David Miles "in trust" and the balance according to conditions be announced at the sale.

The property will be sold subject to taxes due subsequent to December 31, 2006 and to Caveat No. 86-36321 filed by L.G.D. of Alexander, Caveat No. 86-36322 filed by Woodbury Enterprises Ltd., Caveat No. 86-51276 filed by Manitoba Hydro Electric Board and Manitoba Telephone System, and Mortgage Nos. 3219249 and 3290331 which mortgages will be paid off and discharged from the proceeds and to any water charges which may have accrued. Copies of the caveats are available on request.

RESERVE BID: the exact bid will be announced prior to the commencement of the auction and will be approximately \$81,000.00.

FURTHER information may be obtained from:
SUN MORTGAGE CORPORATION
404-167 Lombard Avenue
Winnipeg, Manitoba R3B 0V3
Attention: Robert C. Hunter 956-0769

and

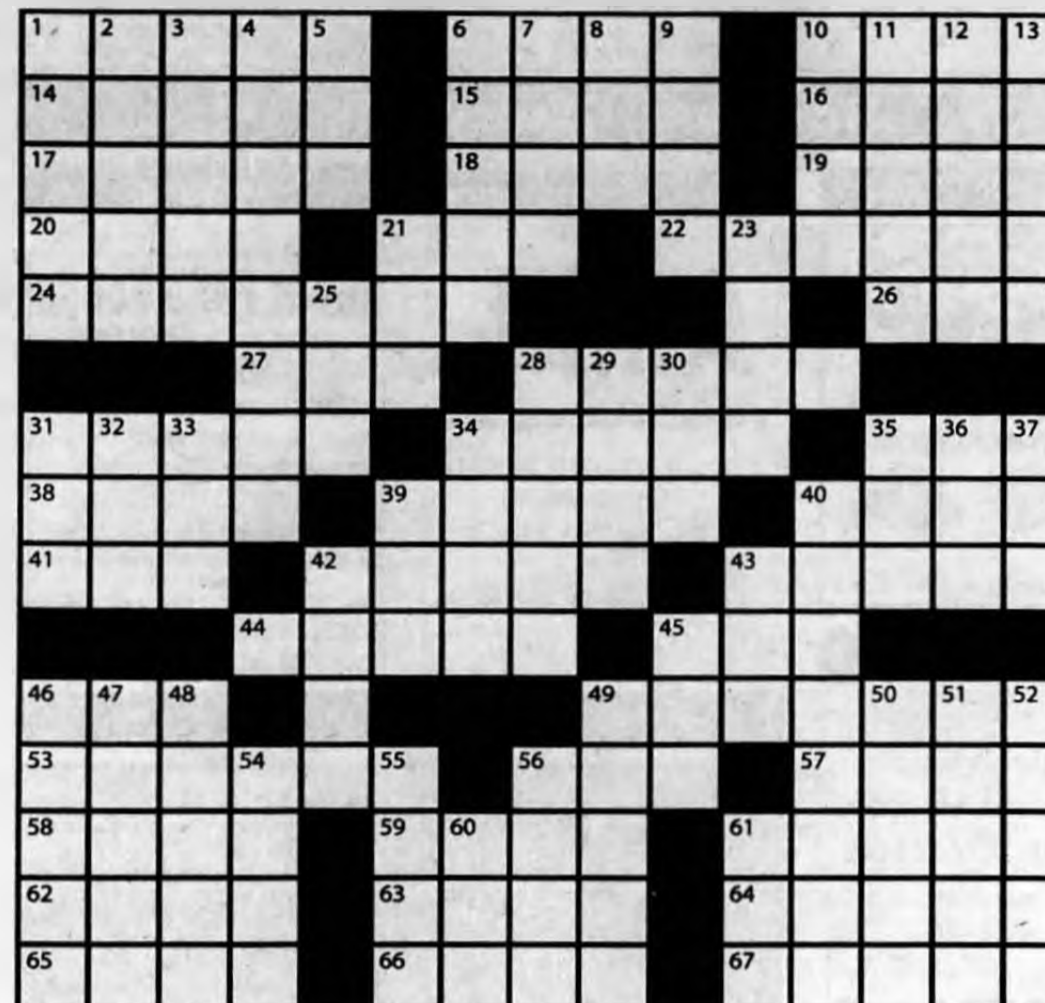
DAVID MILES
Barrister and Solicitor
800-294 Portage Avenue
Winnipeg, Manitoba R3C 0B9
942-7488

PINE FALLS POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons & Lap Swim	8-9 am Morning Swim & Lap Swim	9 am-1 pm Swim Lessons & Lap Swim	8-9 am Morning Swim & Lap Swim	11 am-8 pm Public Swim	11 am-8 pm Public Swim
9 am-1 pm Swim Lessons	1-4 pm Public Swim	9 am-1 pm Swim Lessons	1-4 pm Public Swim	9 am-1 pm Swim Lessons		
1-4 pm Public Swim	4-8 pm Water Games	1-4 pm Public Swim	4-8 pm Water Games	1-4 pm Public Swim		
8-8 pm Family Swim	8-8 pm Adult Swim & Lap Swim	8-8 pm Family Swim	8-8 pm Adult Swim & Lap Swim	8-8 pm Family Swim		

Pool PRC Summer Memberships
Family \$105 Single \$52.50 Senior \$42.00
Non Member Drop in Fees
Single \$3 Family \$10 (up to 4 people) 10 Visits \$25

Crossword



Copyright © PuzPuz Puzzles 2008

- Across
- Desert sanctuary
 - Engine part
 - Particle
 - Unadulterated
 - Tubular pasta
 - Via
 - Flair
 - Got up
 - Bruce and Robert E.
 - Battery contents
 - Public violence
 - Engine part
 - Regarding this point
 - Lockjaw
 - Not processed
 - Doze (off)
 - Cooktop
 - Parcel of land
 - Brooklyn's Island
 - Metal shaper
 - Con
 - Cubitus
 - Gone under
 - Affirmative
 - Silo contents
 - Repent
 - Muscle
 - Plays for pay
 - Sleeping place
 - Complete payment

- Oxygenate
- Tuesday (Mardi Gras)
- Yeam
- Smile
- Faucet problem
- Fan frenzy
- Present
- Hand (out)
- Incite (2 wds.)
- Abominable snowman
- Holler
- Adolescents
- Upright
- "a chance"
- Batman's sidekick
- Auth. unknown
- Modern
- Make an effort
- Street or road (fr.)
- Pack animal
- Pincer
- Pair
- Roadhouse
- Epoch
- Occlusion
- Sand
- Human limb
- Place
- Loose-fitting
- Mysterious
- Room
- Place for a boutonniere
- Scorch
- Employee brotherhood
- Stands for
- Against
- Whirlpool
- "er up"
- Fish eggs
- Gathered

- Down
- Abstractionism
 - Eagle's home
 - Condescending one
 - Example
 - Watch
 - Book of maps
 - Not us
 - Bauxite, e.g.
 - Dogslud
 - Orchard item
 - Gastric woe
 - Indian side dish
 - Fund
 - Something to chew on

Last Week's Answers

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S A S S I D E A S C O F F
T R O T N O O N C A N O U
Y E A R C E N T U N C U T
A R O M A E B B E R A
N S A C R A T
G A G G L E O V A W E S T
R U E A C L A W O G L E
U R N C E I L I N G G A P
F A I R N A A N E O N E
F L E A N O T F L A N G E
Y O U E G O F
H A D S I X R E F E R
A L I B I R A C E E V I L
S T A R E A G O G C E I D E
P O L A R Y O Y O T R E E
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CRYPTIC PUZZLE



BL LSNPX IBHHBSR TKSTHK ACCK C VNSRM
STBRBSR BP'O OPBHH C VNSRM STBRBSR
- CRCPSHK LNCREK

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

Last Week's Solution

THERE'S NONE SO BLIND AS THOSE
THAT WILL NOT SEE -
ENGLISH SAYING

Weekly Horoscopes July 16 - July 22

ARIES (Mar. 21- April 20) Relatives may not be telling you the whole truth about a family situation. Be careful not to sign your time or your cash away. You're in need of love. Try to spend time with those having similar interests.

TAURUS (Apr. 21- may 21) You will be able to pick up on future trends if you keep your eyes peeled for unique ideas. Don't sign up for too many extra activities or you'll have trouble fulfilling your obligations. Don't let your health suffer because of abuse. Talk to an older, established individual about your present situation.

GEMINI (May 22-June 21) You may want to tell someone how you really feel. Try a barbecue or a day at the beach. Your determination and sheer desire to do your own thing will be successful. Opportunities to learn important information will surface through discussions with peers or seminars you attend.

CANCER (June 22-July 22) Your ability to come up with original ideas will bring recognition from superiors. You can get a great deal accomplished if you bring work home. Avoid conflicts with in-laws or other family members. If you are not already, think about going into business for yourself.

LEO (July 23-Aug 22) So smile! Changes in your home may be alarming at first. Get help setting up a reasonable budget. Look into ways of making extra cash. Educational courses will be stimulating and successful.

VIRGO (Aug. 23 -Sept. 23) You will be in an overly generous mood this week. Try to ease any disappointment by making amends. Don't be too quick to respond to a plea for help. Be prepared to meet new lovers through colleagues.

LIBRA (Sept. 24 -Oct. 23) You will have a problem sorting out your true feelings when it comes to your relationship. Visit those less fortunate than your self; be sure to help them with their personal problems. You could meet potential new mates if you go out with friends or take pleasure trips. Someone you live with may cause drastic alterations in your usual routine.

SCORPIO (Oct. 24 - Nov. 22) Dead end projects could plague you. You will learn easily if you put forth an effort. You will be ready to jump on anyone who gets in the way of your progress this week. There's a good chance that they won't come back.

SAGITARIUS (Nov. 23 -Dec. 21) Your involvement in sports or entertainment will lead to new romances. Opportunities to learn important information will surface through discussions with peers or seminars you attend. Look closely at motives and honesty in your personal encounters. Be diplomatic but stem.

CAPRICORN (Dec 22- Jan. 20) You must lay down ground rules so that you can complete a job. Believe in yourself and so will those who count. Sign up for tours or courses that will enlighten you. Any intimate relationships with colleagues will lead to gossip that could easily affect your position.

AQUARIUS (Jan. 21 -Feb. 19) Expressing yourself in novel ways should lead you down new avenues. Don't deny yourself this week. Pleasure trips will be emotionally favorable. You'll look guilty if you don't lay your cards on the table.

PISCES Feb. 20-Mar. 20) Don't hesitate to sign up for lectures or seminars that will enlighten you. Put aside any decisions concerning your position at work. You must not let fellow workers take advantage of your fine talents. Curl up with a good book or go for a drive in the country.

Classifieds

For Rent

Woodland Place/Dale Haven Apartments, 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. Furnished, weekly and monthly rates also available, call after 6:00 p.m. 367-4922. TFM

House for rent in St. Georges, 3 bedroom with double attached garage, prefer non-smoker with no pets. \$600 plus Hydro, contact 250-8230. 3x-2

Three Bay Repair Shop on Main Street in Powerview. Plus 900 square feet that can easily be converted to living space. \$1000/per month, call 367-8360. TFM-1

Wanted to Rent

I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFM

Real Estate

For Sale
Beautiful Riverfront Property 115 Silverdale Drive, Silver Falls, Winnipeg River 3/4 acre, 200' of rock shoreline. \$199,000. Call Kevin at 291-4734 or 367-8389. Email: kevinlalom@hotmail.com 3x1pd

Looking for that special house with character and charm? Just move in and enjoy this 995 sq ft. bungalow in Pine Falls, MB at 3 Holly St. This home is located in a desirable and well-established neighborhood close to schools, hospital, golf, shopping and park. 3 Bdrm, 1 1/2 baths, fireplace, large deck, fenced yard, central air and vac, garage door opener, fridge/stove, washer/dryer, dishwasher. Vendors are eager to meet you so come on down! Call to view: 612-7147. Price \$129,000.

3 MINUTES TO BOAT LAUNCH 5 MINUTES TO LAC DU BONNET

This brand new custom home is situated on 2.2 acres, 1,679 Sq. Ft, 3 Bedrooms, 2 1/2 Baths, Ensuite with a Jacuzzi tub & huge ceramic shower, walk in closet. Maple floors through out, maple kitchen cabinets with 5 new appliances. Main floor laundry. Triple Pane windows, fully insulated basement. Front & Rear covered porch. Huge 26x30 detached garage. This home must be seen. Market price \$335,000. Yours for only \$293,800.

#7 White Crest Rd., off of Riverland Rd.
Phone - 204-654-3400
Open House:
Friday July 31st 6-8PM & Saturday Aug 1st 2-4PM

Help Wanted

San Gold Corporation/ Rice Lake Gold
We currently have a requirement at our San Gold Corporation/Rice Lake Gold Mine for the following position:

LUBE SERVICEMAN
We have an entry level position of Lube Serviceman in the Mobile Equipment Maintenance Department. Lube Serviceman will be responsible for the routine lubricating of mobile equipment, washing equipment and other shop related duties. The ideal candidates will be mechanically inclined and able to work in an underground mining operation. San Gold Offers competitive wages and a comprehensive benefit package. Shift Schedule 14 days on 14 days off-12 hour days. Bissett is located three hours from Winnipeg in a small picturesque community located along the shores of Rice Lake. See our fact sheet at <http://www.sangoldcorp.com>. Interested candidates are invited to forward a detailed resume to: Human Resources San Gold Corporation P. O. Box 1000 Bissett, Manitoba R0E 0J0 Fax: 204-277-5552

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Prayer Corner

May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever.
- Amen Say six times a day for nine days and promise public ation and your prayers will be answered no matter how impossible they may seem by the ninth day.

Printing

For All Your Printing Needs

- Social Tickets
- Raffle Tickets
- Business Forms
- Wedding Invitations
- Envelopes
- Letterhead
- Cheques

The Echo
Box 40, St. Georges, Manitoba R0E 1V0
Phone - 204-654-3400
Open House:
Friday July 31st 6-8PM & Saturday Aug 1st 2-4PM

Business Classifieds

ATV/Motor Cycles

St. Croix Cycle
ALL TERRAIN MOTORCYCLES & POWER PRODUCTS
May 11
367-2219

Automotive

To place your Business Directory ad, call 367-9468

Windshield Replacement & Repairs
All Your Auto Body Needs
Courtesy Care
powerfalls AUTO BODY
Box 187
Powerview, MB
R0E 1P0
Phone 367-2877
Fax 367-3336

Bakery

Watch for our Coffee Stamp Opening Soon!
Sunrise Bakery
367-8010

Building Supplies

Osis Building Supplies
Home of the Osis

Catering

RAPID WATER DELI
COMMERCIAL
PIZZA WATER REFILLS
MOVIE RENTALS
Located in McDougall Place, St. Georges

Computer/Networking

M&C Bruneau's
PC SERVICES
Hardware Diagnostics - Hardware Upgrades - Troubleshooting - Software Installation - System Configuration
Phone: 345-6876

THE GREAT WHYTE NORTH
PRESIDENT
204-367-2970
204-367-2970
www.greatwhitenorth.ca

Concrete/Excavating

A.M.L.
AL MEISNER LTD
•REDI-MIX CONCRETE
•EXCAVATING
•AGGREGATES
345-8494

Excavating

DAN'S EXCAVATING
204-340-5783
Dan Courcelles
Box 1, Powerview, MB R0E 1P0

Financial

Caisse
A better way to bank
367-4268
www.caisse.biz

Hardware

RONA HARDWARE
For all your Hardware Needs
OPEN: Mon. to Sat. 9am to 6pm
Pine Falls 367-2380

Furniture

Dave's
EXPERIMENT JVC
OPEN YEAR ROUND

Gift Shop

Ploom Creek Gift Shop
Closed Until April 11, 2009
Phone: 756-0885

Veranda GIFT SHOP
Gifts • Antiques • Collectibles
756-8184

Grocery

Dancyt's FOODS
THIRD STREET, LAC DU BONNET
204-345-6221

Grocery

Great Falls Foods
Highway 11, Great Falls
367-2976
OPEN 7 DAYS A WEEK
Store Hours:
Mon. - Thur. 8-6, Fri. - 8-7
Sat. 9-7 Sun. 12-5
Having a Social Function?
Call us to look after everything for you
Ask us about delivery
The House of Quality

Excavating

DAN'S EXCAVATING
204-340-5783
Dan Courcelles
Box 1, Powerview, MB R0E 1P0

Hotel/Restaurant

BIRCHWOOD MOTOR HOTEL
- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed
Traverse Bay 756-2596

Hotel/Restaurant

Papertown
367-2261 Motor Inn
Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub
Night Club
1 Mile East of Pine Falls, Hwy. 304 & 11

Insulation

O'HANLEY INSULATORS
Blow In Cellulose Insulation
Free Estimate Messages
Call Charles 367-4411
367-1578 Cell: 266-9193
ohanley-insulators@hotmail.com

Insurance

POWERVIEW AGENCIES
367-4455
of the co-operatives autopac

CLARK'S CORNER
Trunkie & Outdoor Store
Live Bait
Blood Fuel
DOMO
JUMP TO THE PUMP!

Grocery

Dancyt's FOODS
THIRD STREET, LAC DU BONNET
204-345-6221

Classifieds

Hotel/Restaurant

The Lakeview STEAKHOUSE
87 Park Avenue, Lac du Bonnet, Phone 345-6881
Every Friday & Saturday
Steak Dinner Specials
CHINESE Available
Casey's MOTOR INN
Lac du Bonnet
345-6284

Medical/Dental

Manitou Lodge
Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed
367-2252
WEEKEND FEATURES EVERY WEEKEND
Tuesday Nite
Wing Nite & Draft Special

Medical/Dental

Papertown
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PINE FALLS SERVICE CENTRE
Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight
SUBWAY
Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.
367-8803

Medical/Dental

DR. ALAN GRANT - DENTIST
Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
Tuesday, Wednesday, Thursday
9:30am - 4:30pm
Closed Mondays and Fridays
Health Centre 367-2208
Direct Line 367-4417

Medical/Dental

DR. ARNOLD ANDERSON
LAB ON SITE
Optometrist
Contact Lenses and Eyeglass Fittings
MANTOU LODGE PINE FALLS
367-2390
Monday - Friday 9:00 a.m. - 12:30 p.m.
1:30 p.m. - 5:00 p.m.
Closed Lunch Hour
Examinations done on Tuesdays

Medical/Dental

Blue Water Physiotherapy
Phone: 367-2537
Please call for an Appointment
•Work and Sports Injuries
•Neck and Back Pain
•Acupuncture
•Orthotics
•Manual Therapy
Located on Highway #11 in Powerview
Celeste Basson
B.ScPT, CAFC

Medical/Dental

Physio at the Beach
Physiotherapy Clinic
Jenny Terrio Baturin
Physiotherapist
• Ph: 754-8165
• #9 Pine Street, Sunset Beach

Medical/Dental

Esser Chiropractic Health Centre
Corner of PTH 11 and Church Street (beside Papineau Motors)
• Autopac
• Blue Cross
• Veteran's Affairs
• Worker's Compensation
Phone 367-4858
No referral required Please call for appointment

Medical/Dental

Jon. O. Phillips, RMT
Registered Massage Therapist (MTAM)
CLINIC LOCATIONS:
Through the Arbour 18B Pine Street, Pine Falls (204) 667-9241
Revitalize Soul Spa 225 Clarendon Ave, Selkirk (204) 785-8922
Direct billing available to Blue Cross & Great West Life

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Direct Line 367-4417

Medical/Dental

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Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed
367-2252
WEEKEND FEATURES EVERY WEEKEND
Tuesday Nite
Wing Nite & Draft Special

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367-2261 Motor Inn
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Powerview/Pine Falls Dental Centre
277A Main Street, Powerview
Hwy 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.
Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Danny Bae
Emergency Care
New patients welcome
367-2815

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•Orthotics
•Manual Therapy
Located on Highway #11 in Powerview
Celeste Basson
B.ScPT, CAFC

Medical/Dental

Physio at the Beach
Physiotherapy Clinic
Jenny Terrio Baturin
Physiotherapist
• Ph: 754-8165
• #9 Pine Street, Sunset Beach

Medical/Dental

Esser Chiropractic Health Centre
Corner of PTH 11 and Church Street (beside Papineau Motors)
• Autopac
• Blue Cross
• Veteran's Affairs
• Worker's Compensation
Phone 367-4858
No referral required Please call for appointment

Medical/Dental

Jon. O. Phillips, RMT
Registered Massage Therapist (MTAM)
CLINIC LOCATIONS:
Through the Arbour 18B Pine Street, Pine Falls (204) 667-9241
Revitalize Soul Spa 225 Clarendon Ave, Selkirk (204) 785-8922
Direct billing available to Blue Cross & Great West Life

Pharmacy

TRY YOUR DRUGSTORE
first
PINE PHARMACY
Open Monday to Saturday
9:30 a.m. to 5:30 p.m.
367-2611
Dispensary 367-2517

Pharmacy

Manitou Lodge
Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed
367-2252
WEEKEND FEATURES EVERY WEEKEND
Tuesday Nite
Wing Nite & Draft Special

Pharmacy

Papertown
367-2261 Motor Inn
Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub
Night Club
1 Mile East of Pine Falls, Hwy. 304 & 11

PINE FALLS SERVICE CENTRE
Monday to Saturday
8:00 a.m

**TRY YOUR
DRUGSTORE**

- *Pharmaceuticals*
- *First Aid Supplies*
- *Hair Products*
- *Health & Beauty*
- *Stationery*
- *Greeting Cards*
- *Battery Centre*
- *Gifts*

first



*Pick up Your
Sunscreen for your
work in the garden!*



**PINE
PHARMACY**

Open 7 days a week 9:30 a.m. to 5:30 p.m.

DISPENSARY

367-2517