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a family
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July 8, 2009
Volume 11, No. 05
**The Winnipeg
River**

Echo

Sinkhole on Highway 11

Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls,
Beaches, Little Black River, Manigotagan and Bissett



The Division Slaves with Burton Cummings: (l-r) Kris Ulrich, Scott Watling, Dane Moreau, Burton Cummings, Cole Moreau and Kyle Sokoloski

Division Slaves open for Burton Cummings at Pony Corral

The young Pine Falls Band, The Division Slaves, made up of Dane and Cole Moreau, Scott Watling, Kyle Sokoloski and Kris Ulrich, played one set at the Pony Corral at 1700 Pembina Hwy. in Winnipeg on July 1st, 2009. The backup band for Bachman Cummings

played the next two sets. Both bands were playing classic rock songs. During the last set Burton Cummings arrived and performed with The Carpet Frogs and solo. Everyone was superb! A large contingent from our area came to cheer the Division Slaves on and was lucky enough to see Burton Cummings too!

Principal Trevor Reid of Powerview School was there with his wife as well as Assistant Superintendent Paul Barnard and their friends. All the families of The Division Slaves and were there also. It was a wonderful evening and a night these young musicians will never forget..

By Charles Norman

Early Monday morning a three-foot deep hole suddenly appeared on Highway 11 at Powerview Creek. The hole spread halfway across the road.

Highways department officials responded rapidly and had warning notices up almost immediately. Alternate one-way traffic was established on the other half of the road. Some vehicles used the Dupont Road as a bypass.

Later Monday Highways brought in a backhoe to excavate the extent of the subsidence. It was excavated down to the culvert but no indication of the creek bypassing the culvert under-

ground was apparent.

The highway at that location has been sinking for many years. After excavating down to the culvert. Patching with asphalt is carried out almost every year but a large dip in the road has steadily got worse.

The excavation revealed another layer of asphalt about three feet below the existing road indicating that a depression had once been covered with earth and paved over.

A few years ago Dupont road was washed out when the creek managed to flow around instead of through the culvert. That problem was solved by installing a much larger culvert.



The excavation on Highway 11

welcome to the bright side.

SUNOVA

bank brighter.
www.sunovacu.ca



Powerview RCMP Press Report

June 21-28th, 2009

UPDATES:
Police are reminding the general public to stop by the Powerview RCMP Detachment if they are missing or have had a bicycle stolen in the past year.

Unclaimed bicycles will be donated to a charity at the end of summer.
Viewing may be made between 08:00 a.m. and 04:00 p.m. Monday to Friday.

RM ALEXANDER - Police continue to search for a male suspect wanted in connection with a spousal assault. The female victim suffered facial injury as a result of the incident. Alcohol was involved.

FORT ALEXANDER - a complaint of assault reported to police was found to be false. Police attended a residence and found the couple were safe, situation stabilized and that a verbal argument had occurred. The complainant had been con-

cerned for the safety of the children in the home but police found no evidence to support the allegation.

HILLSIDE BEACH - culprits attempted to gain entry to a cottage but were unsuccessful. Damage to screened windows were sustained.

POWERVIEW - investigations into a complaint of threats being uttered resulted in 1 male being charged. Prior charges and involvement with police resulted in the man being taken into custody and transported to Provincial Remand Center. He will appear in court in a Winnipeg later in the week.

2009/06/23
FORT ALEXANDER - police patrolled the south shore due to a complaint of a dangerous driver moving at a high rate of speed. The vehicle matching the description was not located but no further complaints were received.

PINE FALLS - a home-

owner was issued a ticket and fine after repeated verbal warnings by police failed. Continual by law complaints resulted in the action.

2009/06/24
TRAVERSE BAY - a male reported an assault in a parking lot of a local business as he was leaving the premises. A suspect has not been identified at this time. Investigations continue into the incident.

FORT ALEXANDER - Police attended with the Emergency Fire Dept. a suspicious trailer fire. The unit was used for storage at the time and no one was injured in the blaze which had consumed most of the structure.

- Police seized a small amount of marihuana and prescription pills from a location & destroyed. Police were not able to ascertain was unknown how the drugs were placed or by whom.

POWERVIEW - Culprits broke in to a local compound at the Golf Course damaging several carts.

HOLLOW WATER - an x box and controller were stolen from a break, enter and theft at a residence.

2009/06/25
MANIGOTAGAN - a male youth has been charged in a break, enter and mischief to a cottage residence. He was released to a parent with a promise to appear and undertaking for Powerview Court at a later date to deal with the charges.

POWERVIEW - a Husquarna brush cutter and concrete chain saw were stolen off a Manitoba Hydro vehicle. Police have no suspects in the incident.

FORT ALEXANDER - Police attended a residence on the North Shore to remove a guest who was causing a disturbance however upon arrival found the man had left on his own. The complainant

2009/06/26
ALBERT BEACH - a break, enter and theft at a cottage resulted in a ghetto blaster and camping tent being stolen. Culprits enter through a side window to gain access.

RM ALEXANDER - an ongoing dispute which escalated into mischief between 2 females, remains under investigation by police.

2009/06/27
BLACK RIVER - police continue to investigate the assault of a male which occurred outside a residence on a roadway. Alcohol was involved in the incident.

POWERVIEW - Police continue to try and locate a male who did not return to a correctional rehabilitation facility while on temporary leave. The man is believed to be in the surrounding area.

TRAVERSE BAY - Transportation Services was contacted by police after receiving complaints of dangerously high water flowing across Highway 59 due to continuing rainfall and high water levels in ditches etc.... Police remained on scene to warn motorists until the appropriate personnel arrived.

2009/06/28
HILLSIDE BEACH - a break, enter and theft at a cottage resulted in only alcohol being stolen from the place.

BISSETT - A house fire

had emergency crews and police respond to the incident. A single male received some injuries but was transported to local hospital in Pine Falls. The fire caused extensive damages to the home and remains under investigation.

TRAVERSE BAY - an act of mischief resulted in a door window being smashed and 1 man taken to local hospital for treatment. Police continue to investigate the incident.

FORT ALEXANDER - a request to locate an adult male and female were made to police. Police continue to follow up with relatives as to their whereabouts. The investigation continues.

SUMMARY:
Police also attended to:
3 - False 911 calls
7 - Alarms
3 - Assistance to other Police Agencies/Service of Documents
2 - Common Offence Notices (HTA/Liquor)
0 - Coroners Act
1 - Impaired Driving/Refusal of Breathalyzer
2 - Intoxicated Persons Detention Act/Disturb Peace
3 - Mental Health Act Transport
5 - Noise By Laws/Complaints
1 - Theft Under (Prescription Medication)
2 - Sexual Assault
6 - Traffic Accident Reports
REMEMBER IF YOU HAVE ANY INFORMATION ON ANY CRIMINAL MATTER YOU CAN REMAIN ANONYMOUS AND CONTACT CRIME STOPPERS AT 1-800-782-8477 OR THE POWERVIEW RCMP AT 367-8728.

News

Chateau Guay - a family heritage

The St Georges Festival Chateauguy celebrates a family history. About 110 years ago a local Priest, Father Allard wrote to his sister Angelique in Chateauguy, Quebec and told her of the beauty of the river and the value of the land. He encouraged her and her husband Jean Chevretils to move to St. Georges.

The Chevretils family, with two other Chateauguy families, the Vincent and the Dupont families came with them. At that time there was no road or railway to this area. They came by railway to Winnipeg and by boat to St Georges. Others followed later.

Chateauguy is a city across the St Lawrence River from Montreal. The original Chevretils home, (somewhat modernized, is still there). Distant relatives from the Chateauguy have been invited to this year's festival.

It takes place on the Weekend of July 17, 18, and 19th.

The festival is still looking for entries into the Catfish Derby, the Sand Castle Building Contest, Beach Volleyball, the Washoe Tournament (horseshoe with giant washers) and the Cardboard Boat Building Contest.

Last year, the Cardboard Boat building contest was a major attraction. As contestants learn from mistakes and the techniques of others it should improve every year.

Musicians Needed

Festival organizers are looking for local musicians to entertain the crowd in the tent Rendez Vous on Friday, July 17, beginning at 7:00p.m. The evening will feature the band "Dog Pound".



Winner of last year's cardboard boat race

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37-3rd St. S. Beausejour District Health Centre
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BRYAN M. DAIEN, DENTURIST

Congratulations to the Powerview School Class of 2009!
The entire Powerview School staff is proud of your achievements. Fifty-eight percent of the thirty-three graduates were offered an award. Scholarships and financial awards totaled over \$14,000.00. Students will be attending the University of Manitoba, University of Winnipeg, Canadian Mennonite University, Red River College, and Wellington College of Remedial Massage Therapy.
We wish you all the best next year!

Thursday Bud, Spud & Rib Night \$8.99	Friday Bud, Spud & Steak Night \$8.99	Saturday Bud, Spud & Steak Night \$8.99	 HAPPY HOUR Every Weekend 4:30-7:00pm
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NITE **Papert**

What's on the horizon?
Protect yourself from severe weather.

Severe weather conditions often occur during Manitoba summers. Thunder, lightning, hail and even tornadoes can develop quickly and have the potential to be extremely dangerous.

That's why it's important for you to understand the risks created by severe summer weather and how you can protect yourself - weather or not.

Look for the signs
Hot and/or muggy days and warm nights indicate thunderstorms may be forming - so be prepared. Keep your eyes on the sky and watch for the possible development of storms.

Listen for the warnings
Environment Canada monitors the weather and issues severe weather warnings. Check your local television or radio station regularly during the summer to see if any severe weather is expected in your area. Purchasing a Weatheradio receiver would also give you 24-hour-a-day access to Environment Canada's weather watches and warnings.

Take shelter
When severe weather threatens, find shelter immediately. Do not follow storms in your car or attempt to take photographs. If you're indoors, take shelter in the basement. If there is no basement, find shelter in a small interior ground floor room away from windows. If you are in an office or apartment building, take shelter in an inner hallway or room, preferably in the basement. If you are caught outdoors, lie flat in a ditch or other low-lying area and cover your head.

Be prepared
Storms often strike quickly so it's important that you have a plan in place before severe weather hits.
Prepare a "72 Hour" emergency kit - Your kit should include food, clothing, blankets, medication, bottled water and first aid and tool kits, as well as flashlights and a battery-powered radio - with extra batteries for both. You should have enough supplies in your kit to last 72 hours.
Reduce the hazards on your property - Trim rotting or dead branches and cut down dead trees on your property. You should also check the drainage around your house to reduce the possibility of basement flooding. Secure everything that might be blown around or torn loose. Flying objects such as garbage cans and lawn furniture can injure people.

Find out more
Learn more about how you can protect yourself from the dangers of severe summer weather at manitoba.ca

Manitoba

Comment

Reader says Echo lacks courage

Dear Mr. Norman
Re: More Beds Cut at Pine Falls Hospital

Now here is an issue that a local newspaper could and should give their close attention.

This insidious reduction of service has been going on for far too long. Several years ago when the Blue Water Medical was a respected entity, a committee was formed to attempt to hold NEHA responsible for their actions. This committee included citizens of the hospital catchment area and some of the medical staff. Nothing came of it, mainly for lack of strong leadership.

Now, of course, we have doctors who are in and out of the revolving door of the clinic before we can get to know them, nor do they show much interest in us and none toward the community they live and work in.

I had a short stay in the Pine Falls hospital in January. I was shocked and also disgusted to see what they are using for pillows and towels. Pillows hard, thin and uncomfortable, and marked as having come from Whitemouth PCH; and towels so thin and worn they are really good only for rags, plus they were in extremely short supply. To the point of not being able to wash my face in the morning until the laundry came up.

For many years Pine Falls Hospital was the best in the area - well equipped, and providing surgery and deliveries. We had excellent doctors and nurses. We expected good care and we had a stable nursing staff, not the same revolving door mentality that governs all of the medical care in Pine Falls.

You have taken a couple of little forays into this issue, but it seems you lack the courage to take it and run with it.

You would gain a lot of credibility and respect if, on our behalf, you take NEHA to task and ask some hard questions and demand some true answers. Our health care has deteriorated from the moment they took us over. There appears to be a distinct bias towards Pine Falls. Why? Is it Jim Hayes alone - he began immediately to see that everything was centered in Pinawa; or is there any other reason? I cannot see one.

Our geographical position alone means that we need to have a fully equipped and staffed health facility here.

Where is Tembec's voice? A disaster at the mill is always a possibility that surely they cannot overlook.

A chat with some of the nurses who have been on staff from some time would be a start and an eye opener for you.

Get your teeth into this, and good for you.

Courage not the issue

By Charles Norman

The letter on this page asking us to tackle NEHA and the deteriorating delivery of health service to local communities suggests we lack the courage to address the issue "You have taken a couple of little forays into this issue, but it seems you lack the courage to take it and run with it."

It is not lack of courage. It is lack of information. There is no question that health delivery services have continuously deteriorated since Jim Hayes took over as CEO of NEHA. It may be that health services were going to deteriorate anyway, because of costs or government policy. It may be just a coincidence that it began when Jim Hayes took over. Whatever the cause, the fact that it is happening here and not in Pinawa or Beausejour demands an explanation.

But we need people to talk to us. It appears that there is a morale problem in

the Pine Falls Health Complex, but we are not sure. No one will talk to us. We need specifics but everyone seems afraid to talk to us.

All information flows through Jim Hayes. To the board and to the public, information only comes through Jim Hayes. No one in NEHA is allowed to talk to The Echo except Jim Hayes. Jim Hayes talks a lot, but it is often difficult to separate fact from fiction.

About three weeks ago we sent Hayes a series of questions from the Echo and from our readers. We offered him space in The Echo for a reply. So far all he is done is say he will be in touch with us to arrange a meeting. We have told him that written responses are perfectly acceptable - but still no reply.

We ask our readers to get in touch with us, letters do not need to be signed and telephone callers need not identify themselves. It is all very well to say health serv-



Jim Hayes

ices have deteriorated, but we need specific examples, many, many of them so that they cannot be swept under the carpet and ignored by those above Jim Hayes. We especially need help from the aboriginal community. It has been noticed that Pinawa and Beausejour get better health services than we do here. Some people in the aboriginal community believe that it is racially motivated. We at The Echo do not believe that. What we do believe is that this community is being discriminated against. We need to find out why, and then we need to correct it. If that means that Jim Hayes has to go then Jim Hayes has to go. If he is not responsible for the problem then he has to tell us who is. If he is responsible then he has to go.

Please Note: Letters to the Editor do need a signature to be published in the Echo, we have made an exception of the letter on this page because of its content. Telephone calls and letters to the Echo for information purposes can be anonymous.

Stephanie Tardiff Trust Fund

Dear Editor:

On the 19th of June 2009, Mitchell Harry passed away following a tragic car accident in Little Black River. He will be missed by us all, especially his fiancée, Steff Tardiff and three children Tyra, 8, Terrell, 4 and Jace, 3.

We have started up a trust fund at the Sunova Credit Union for the family. Anyone wishing to contribute and help support the family may do so by donating to: Steff Tardiff's Trust Fund account. Any amount will be greatly appreciated.

Katherine Wingate

Comment

Lac du Bonnet is not an option More on Regional water Supply

By Charles Norman

In the furor over the cost of the proposed RM of Alexander's water treatment and distribution system many taxpayers, especially in the Leisure and Bracken Falls developments and in Great Falls have complained that the possibility of water supply from Lac du Bonnet was not properly examined. They believed this would be a lower cost alternative.

Right at the outset engineers with the Water Services Board said Lac du Bonnet was not an option and told the RM so. Thus The RM's engineers did not look at that alternative. It was not in their terms of reference and, in any event their experience told them that it was not an option that was worth examining. If it had been otherwise they would have suggested it to the RM.

Ignoring the advice and expertise of the engineers, would-be politicians in the RM raised it as an issue. One said that the Lac du Bonnet plant was only operating for five hours a day and could easily supply the RM of Alexander's requirements. Many took up the cause and demanded a proper study.

The fact that the RM of Lac du Bonnet had not made any effort to sell their supposedly surplus treated water to the RM of Alexander went completely unnoticed. (They had so little interest in the proposal that they neglected to return The Echo's phone calls asking for comment on the issue).

It is true that last winter the Lac du Bonnet water treatment plant was only operating for five hours per day, but that does not mean that the other 19 hours are available for sale.

First the plant can only operate for 19 hours per day. It cannot treat water while it is cleaning its filtration system. The plant produces 21 litres per second while it is in operation.

The plant is designed for peak day operation, not average day. The peak day

requirement for the town of Lac du Bonnet occurs in the summer, Peak day consumption is twice the average day and in August last year was recorded at 11litres per second. The plant had to operate for ten hours per day to produce this volume of treated water.

From the preceding two paragraphs we get:

19 hours per day available production time, less the 10 hours per day production required to meet peak day requirements leaves a total of 9 hours. That is, the time available for the production for sale is nine hours per day.

But the Town of Lac du Bonnet has contracted to supply four litres per second to the RM of Lac du Bonnet. It takes almost 4 hours per day to satisfy this demand.

Five hours production per day is still available for sale.

But what of the future? Maybe you could argue that there will be no increase in demand for water in the next twenty years, that the municipality will not grow, but that is not the way that this plant was designed. It was assumed that the population growth would be a modest 1% per year and that the demand for water would increase to a peak day requirement of 20 litres per second (including the RM of Lac du Bonnet). That is,

eighteen hours production per day.

Since only 19 hours of production per day is available, only one hour per day would be available for the RM of Alexander. Alexander's need is for 14 litres per second. - Thirteen hours of production per day from the Lac du Bonnet plant.

Thus the Lac du Bonnet water treatment plant is far too small to supply the needs of the RM of Alexander. An expansion would be needed. The cost of that expansion, according to Dick Mennon, an engineer with the Water Services Board, would be about 9.3 million dollars - roughly twice the cost of the RM's proposal.

A detailed cost analysis has not been done. The \$9.3 million estimate is based on the cost of similar projects in other locations.

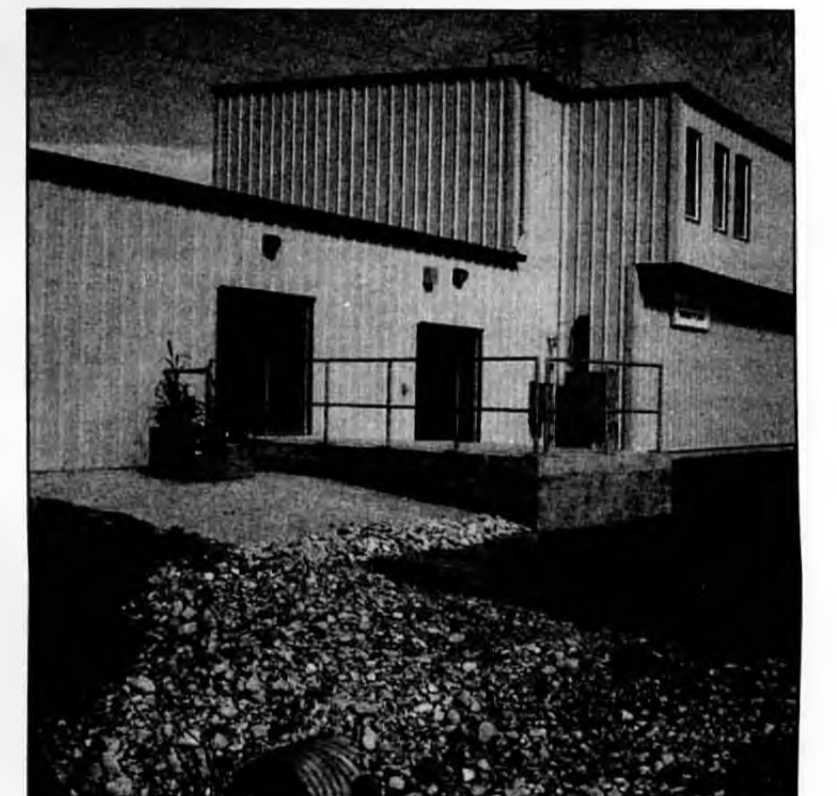
I have had a great deal of experience in the design of water treatment facilities. One of my first projects on arrival in Canada nearly fifty years ago was the design of the original water treatment plant in Pinawa. One of my last engineering projects was a \$750,000 upgrade to the Tembec water treatment plant. In my experience estimates based on the cost of similar projects in other locations are almost always low.

The cost of an expansion to the Lac du Bonnet plant would be at least \$9.3 million. It is not worth the cost of any further investigation. Some will insist. Just remember that it is your money they want you to throw away.

It is time for ill-informed

people to stop pretending to have expertise that they do not have. It is time for them to stop ignoring the advice of professional engineers.

The real option is a regional water distribution system based on the Tembec water treatment plant - more on that next week.



Lac du Bonnet Water Treatment Plant

Phillips' Massage Therapy

18B Pine Street, PO Box 132
 Powerview/Pine Falls, MB, R0E 1P0
 367-2141, email: iphillip@granite.mb.ca

To my many valued clients:

I would like to take this opportunity to express my thanks for your continued support. I realize that it has been difficult recently for us to schedule your appointments in a timely manner. Therefore, I have submitted my resignation at Revitalize Soul Spa in Selkirk, so that I may concentrate my efforts at "Through the Arbour" in Pine Falls. This will take effect at the end of July.

To celebrate this event, for the first week in August (the 4th to 8th), I will set up at the Maskwa Project. Not only will massage therapy be available, you can bring your swimming suit and take a dip in the river, or enjoy the wood fired sauna. Hiking trails and canoes are available for your use on site. A healthy snack will also be provided (for a minimal cost.) The Maskwa site provides a very healing atmosphere on its own. Just think of enjoying a therapeutic massage in the comfort of a screened dining tent. Hearing the birds, the water, and enjoying the fresh air while receiving your treatment will make a refreshing change of atmosphere for you (and me!).

Hope to see you soon, at "Through the Arbour" in Pine Falls or on the banks of the Bear River at the Maskwa Project.

Please book early to reserve your spot!

Thank you,
 Jon O. Phillips, RMT

Recreational Boating Operator Competency Test

All recreational boaters must have a Pleasure Craft Operator Card by September 15, 2009. If you are 23 & under, you must have your card NOW.

Purchase the course manual, self-study, challenge the exam.
 Cost of the manual: \$15.00
 Cost of examination: \$35.00
 These costs include your Pleasure Craft Operator Card which is good for life.

Please call Lesa at the
Winnipeg River Learning Center
 #3 Walnut Street, Powerview-Pine Falls
 367-2761 or Email at wrlc@mts.net

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News



On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board

Canadian Tax Competitiveness: The Tim Hortons Story

Competitive business taxes are integral to encouraging new investment, growth and job creation in Canada. After years of high business taxes under the previous Liberal government, our Conservative government has taken action to reduce taxes so that Canada becomes an investment destination of choice.

As a result, Canada is once again becoming attractive for businesses. Tim Hortons Inc. recently announced that it plans to shift its base of operations from Delaware to Canada because of our lower taxes.

We have a bold plan to make Canada's business investment tax rate the lowest in the G7 & below the

OECD average with:

- the lowest overall tax rate on new business investment in the G7 by 2010;
- a federal corporate rate of 15% in 2012 - from 22%;
- a combined fed-provincial rate of 25% by 2012 - the lowest statutory tax rate in the G7.

This will give Canada a statutory tax rate advantage of about 13 percentage points over the US.

We have also encouraged the provinces to follow our lead and many have acted, announcing reductions to their provincial corporate rates.

Our Economic Action Plan includes measures that will reduce the tax burden for Canadian families and businesses by more than \$20 billion over 2008-09 and the following five fiscal years. It builds on early action to offset the economic downturn taken by this Government in the 2007 Economic

Statement, which announced substantial permanent tax reductions. In total, actions taken by this Government since 2006 will reduce taxes by \$220 billion over 2008-09 and the following five fiscal years.

Our tax relief measures are building a solid foundation for future economic growth. Tim Hortons, an icon that left Canada under the high-tax Liberals, is now reorganizing as a Canadian company - a clear sign that our actions are having an impact.

Good coffee and lower taxes - what could be more Canadian?

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8-227 Main Street, Steinbach, MB, R5G 1Y7, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net.

A Faith Perspective:

By Pastor Jake Doell

Is God Into Cloning?



Marlene Watson

By Charles Norman
Powerview-Pine Falls Chief Administrative Office Marlene Watson retired last week.

She says she has been working for more than twenty years and is now enjoying a rest from the political environment. Eventually, but not just yet, she will be operating a consulting business in accounting, human resource development and administration.

She said she loved her job with the town. She said she was very busy, and enjoys

being busy. She especially enjoyed being back in her hometown and meeting old friends every day. She said the job with the town was exciting because there were so many things to be done. She said she found the staff "super to work with."

Commenting on the council she said being a counselor is a thankless task, noting that they have to take a lot of criticism from a small group of people. She said the problem of the possibility of the mill closing has become like a noose around everyone's neck. Decisions that need to be made are often postponed because of the uncertainty of the future of the mill.

But she noted that within council there is an environment of conflict that is not being addressed. She said the council struggles a bit. "They need to grow, but there is so much on their plate." She said, "There is some growing work to be done. They need to come together as a team."



Emergencies vehicles at the scene of a rollover last Tuesday, June 30th

Rollover on Highway 304

by Charles Norman

Last Tuesday morning, Katherine Wingate of Pine Falls, driving north on Highway 304 close to the Bouvier Trail came across two vehicles parked on the side of the road. In a swamp on the west of the road was an upside down vehicle. The front end was completely underwater, only the rear wheels were showing.

Within two minutes a fire truck, the RCMP and an ambulance had arrived.

Katherine Wingate said it was thought that there were people in the vehicle. Several men plunged into the swamp to try to right the car, but were unsuccessful. Attempts to break windows were also unsuccessful.

Chains were collected from among the bystanders; they joined together and to the vehicle, then to the fire truck that then hauled the vehicle out of the water. There was no one in the car

but a very small, and very wet dog, was released after a window was smashed in.

Unknown to those present at the scene the driver of the car, a woman had already been taken to the Pine Falls Hospital.

Neither the RCMP nor the hospital was able to identify the woman or her rescuer, nor would they provide any information as to her injuries. The RCMP said she was not a local resident.

3rd Annual Summer Winds Family Music Festival

Victoria Beach Sportsfield, Hwy 59 (next to the Firehall)
Victoria Beach, Manitoba

Friday, July 24 - Gates Open 7:00 pm

8:00 pm - Mike Lauze
9:15 pm - Burning Kettles (Becky Hill)
10:30 pm - Take me to the Pilot (Mike Bilenki)

Saturday, July 25 - Gates Open 3:00 pm

4:00 pm - Lulu & Tomcat
5:30 pm - Tom Stucky & Squirrel Creek Ramblers
7:00 pm - Dust Rhinos
9:00 pm - Damn Straight
11:00 pm - Division Slaves

- Children's Activities
- Beer Garden
- Silent Auction
- Craft Tables (to rent a table call Glenn 756-2662)

+ Raffles

Tickets: Friday Night \$5.00
Advance Single \$15.00 (includes Friday)
Advance Family \$30.00 (includes Friday)
At the Door - Single \$20.00, Family \$40.00

Available at: VB General Store, Saffies, Traverse Bay Corner, Grand Marais Village Store or call Bruce 756-6463 or Glenn 756-2662

Sponsored by: Alwright Contracting, Ateah Realty, Beaches Half Marathon, Hillside Building Supply, Lakeside Surveillance, Molson, RM Alexander, RM Victoria Beach, Riverside Development (Walter Chomichuk), The Echo & The Cottager

Visit our website www.summerwindfamilymusicfestival.com



First it was "Dolly" the cloned sheep, next it might be your child or grandchild. Although the cloning of human beings is still illegal in many countries, sooner or later it is bound to happen.

The Independent News in the UK reported that; "A controversial fertility doctor claimed to have cloned 14 human embryos and transferred 11 of them into the wombs of 4 women who had been prepared to give birth to cloned babies. None of the embryo transfers led to a viable pregnancy. The doctor said that this was just the 1st chapter in his ongoing and serious attempts at producing a baby cloned from the skin cells of its parents."

What is human life anyway? Is it a mere chance of certain cells coming together (even just skin cells)? You and I are more than the chance findings of a scientific experiment, by fertility doctors and geneticists. You are here because out of the billions of sperm produced by your father and the hundreds of eggs produced by your mother, one sperm would hit the right egg just at the right time so that you would be conceived in your mother's womb. Each of those chromosomes has a

unique genetic code to it. So every match up between sperm and egg produces a different person. You are more than a double-helical arrangement of chromosomes. Here is how the Bible describes the wonderful process of conception and birth:

"You (God) made all the delicate inner parts of my body and knit me together in my mother's womb. Thank you for making me so wonderfully complex! You watched as I was formed in utter seclusion, as I was woven together in the dark of the womb. You saw me before I was born." Psalm 139:13-16

So the answer is - NO, God is not into cloning human beings. He has set into place the process of conception and birth, so that each human life is a unique, one time being, not an exact replica of its human parents. A distinctive personality with strengths and aptitudes likes and dislikes. God made only one like you and He designed your physical, emotional and mental make up. Read those verses from Psalm 139 again and you will see that you are here for a purpose and you are wonderfully made to fulfill it.

News

Powerview-Pine Falls CAO retires



By Charles Norman
Powerview-Pine Falls Chief Administrative Office Marlene Watson retired last week.

She says she has been working for more than twenty years and is now enjoying a rest from the political environment. Eventually, but not just yet, she will be operating a consulting business in accounting, human resource development and administration.

She said she loved her job with the town. She said she was very busy, and enjoys

being busy. She especially enjoyed being back in her hometown and meeting old friends every day. She said the job with the town was exciting because there were so many things to be done. She said she found the staff "super to work with."

Commenting on the council she said being a counselor is a thankless task, noting that they have to take a lot of criticism from a small group of people. She said the problem of the possibility of the mill closing has become like a noose around everyone's neck. Decisions that need to be made are often postponed because of the uncertainty of the future of the mill.

But she noted that within council there is an environment of conflict that is not being addressed. She said the council struggles a bit. "They need to grow, but there is so much on their plate." She said, "There is some growing work to be done. They need to come together as a team."

NEWS TIPS?

Call us at the Echo with your News Tips or Sporting Events.

PHONE: 367-9468
FAX: 367-9974
EMAIL: theecho@mts.net

Deadline for Advertising is Fridays at 3:00pm

TEMBEC FOREST RESOURCE MANAGEMENT PUBLIC NOTICE

NOTICE IS HEREBY GIVEN THAT TEMBEC INTENDS TO CONDUCT THE FOLLOWING VEGETATION CONTROL PROGRAM DURING 2009 ON FOREST MANAGEMENT LICENSE 01:

- CHEMICAL SITE PREPARATION
- CHEMICAL PLANTATION RELEASE

300 hectares on Tembec's Forest Management License 01 are identified for spraying from August to late September 2009 using the forest herbicide Vision and Forza (glyphosate). Spraying will be done to control competing vegetation in areas that will be planted and in existing plantations.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

MANITOBA CONSERVATION PESTICIDE/FERTILIZER SECTION SUITE 160, 123 MAIN STREET, WINNIPEG, MANITOBA R3C 1A5

Grand Pines Golf Course

Early Twilight Special
Sunday to Wednesday
after 2:00pm

\$31.00 Walking PER PERSON
 \$41.00 Riding PER PERSON

Excludes Holiday Sundays

Call 204-756-2345

Located on Hwy. 59
15 kms. North of Grand Beach
www.golfgrandpines.com

Cougars, Wolves and Wolverines

A Natural history of the East Beaches and Winnipeg River



Have you seen this Bird?

By Charles Norman
 Seventy or eighty years ago the range of the House Finch was limited to Mexico and southern California. In the nineteen forties they were being sold, illegally, as a cage bird in New York. It was sold as a Hollywood Finch in an attempt to get around the Migratory Birds Act. Its attractive colouring and song made it a popular cage bird. Its song is a series of rapid cheerful warbles repeated over and over again, interspersed by a series of chirps.

Some cage birds were

either released, (to avoid prosecution) or escaped. They adapted quickly to their local surroundings. They expanded rapidly and soon had become firmly established on eastern seaboard of the United States. In the meantime the California population had begun to colonise the US west coast, and by the early sixties it was breeding in south eastern British Columbia. The House Finch is now common throughout the United States and has become firmly established in southern Saskatchewan and south west Manitoba. It is now breeding in Winnipeg

but the prairie is thought to be the limit of its range. Since it competes with the House Sparrow, and has replaced the sparrow in some areas, it is possible that it has moved into our area. If it is nesting in your neighbourhood please report it the Manitoba Naturalists Society, (204-943-0029), a photograph might be necessary to confirm the sighting since it is often confused with the Purple Finch. The colouring of the House Finch can vary depending on the berries it eats. The colour of the female are brown above and streaked underneath. The

colour of the male can vary from a pale straw yellow to a bright orange, (Both rare) to a deep intense red. The colour varies with the season and the bird's consumption of fruit and berries. They feed on grains, seeds and berries. Their strong bill enables them to crack open seed casings. They are especially fond of dandelion seeds and in bird feeders will use bird feeders stacked with sunflower or nyjer seeds. They need to have easy access to water. The nest is built by the female in only two or three days. She chooses building cavities, outdoor decorations

and sometimes nests abandoned by other birds. Nests may be used again in subsequent years. The female lays 4 or 5 bluish-green eggs, usually twice a year, between March and August. Eggs are incubated 12 to 14 days. On hatching, the young are pink with closed eyes and a fluffy down. For about a week they make no sound but then begin to peep during feeding, (mostly dandelion seeds). Feeding is by both parents. They fledge about 11 to 19 days after hatching. The female is meticulously clean. Removing eggshells soon after hatching and feces as the young birds grow.

Sports

Sagkeeng Hosts Bantam Lacrosse Provincial Championship

by Laura Tuttle

Chris Guimond, coach of the "Ojibway" team of Minor Lacrosse says, "The Manitoba Lacrosse Association asked Sagkeeng if we could host the Provincials this year. We did not have Bantam provincials last year because there was no host [so] we jumped on the opportunity". Chris, a "home-town boy" who is the IT specialist and a teacher at the Fort Alexander High School, is also a veteran Lacrosse player. He has been playing since he was 11 and was eager to mentor and coach kids from his community in Canada's National Sport.

I must admit I was excited when I was invited to come and view a game for the Provincial Finals at the Sagkeeng Arena. I even dragged my "arm chair jockey" to the games. He loved it!

As for me, I am an absolute novice at the game of Lacrosse, although I encourage my grandchildren to catch and pass the prerequisite rubber ball on our front lawn. Actually, our dog, Duke is the most adept at grabbing the target. The Sagkeeng team consists of nine boys and one girl who are either 13 or 14 years of age. They tasted hard earned victory recently when they won the Bantam B championship in the Red River Lacrosse League for THE SECOND YEAR STRAIGHT. No mean feat when you witness the game live and realize the intense dexterity and level of physical fitness required to play the fast paced game.

The truth is that I have only seen Lacrosse played on T.V. What makes it interesting to me, is the proud history of the sport. Lacrosse has been around since the 1200's and in the beginning of the last century was dubbed as Canada's National sport. Ok - hockey recently shared this title, but Lacrosse came first. It has been played as an organized sport in Canada since 1856 when a Montreal Dentist defined the rules and took the game to the big times of University competition. The first official game was in 1867. The game has it's ori-

gin as a native American sport that was, in the early days, played with as many as 100 members and used as part of a religious ritual, and often played to resolve conflicts. The benefits of the game were to heal the sick, develop strong, virile men and prepare for war.

Since its inception into an acknowledged team game, Lacrosse has evolved into three categories - Field Lacrosse (played outside, of course), Women's Lacrosse (which does not allow physical contact) and Box Lacrosse which is played by the Sagkeeng "Ojibway Team", of Fort Alexander and Victoria Beach. This popular form of the sport requires the venue of an ice hockey arenas once the ice is removed. It keeps the arena viable even when summer visits. Lacrosse is sport at its best because it does not encourage violence (physical contact) and it gives both teams fair playing time.

Wikipedia describes it best "The style of the game is fast, accelerated by the close confines of the floor and a shot clock. The shot clock requires the attacking team to take a shot on goal within 30 seconds of gaining possession of the ball. In addition, players must advance the ball from their own defensive end to the offensive side of the floor within 10 seconds. Fighting is illegal in box lacrosse, however what separates box lacrosse (and ice hockey) from other sport is that at the top levels of professional and junior lacrosse, penalties are given for minor and major offences and the players are not ejected for participating in a fight.

There weren't a many penalties handed out in the course of the weekend. The Sagkeeng team played clean and finished well. Their participation earned them an honourable place among the winning teams. The last game against Thompson left the 'visitors' with the winning score of 8 to 5 against our home town team. There was special pleasure in the win for Thompson because they had

travelled so far to participate in the Provincial final. Even sweeter, our home team played very well against opponents who were actually "A" division while our team is still in the "B" division of Bantam Box Lacrosse. To boot, the Sagkeeng team is under resourced when it comes to back-up players. Most of the other teams had as many as twenty teens in their line-ups.

The arena in Fort Alexander was a buzz of anxious parents, judicious coaches and really active sportsmen and women for the weekend of July 3 to 5th. With the Papertown Motel and it's fabulous water slide close by; and with the city of Winnipeg just an hour and a bit away,



Sagkeeng Bantam Lacrosse Team

the venue was well chosen and most of the visitors from afar chose to stay right in Pine Falls. My contacts tell me that the guests from Thompson and Winnipeg commented on the excellent

reception and friendly reception that the received from the community. But as Sig Kraft, an enthusiastic parent of one of the Sagkeeng team said "these courtesies were the trademarks of a rockin'

cage fighters can make a lot of money but a loan is less painful than a body cast.



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East Beaches

Canada's Birthday in East Beaches...

by Laura Tuttle

There was much to celebrate in Grand Marais on Canada's 142nd Birthday. First it was Manitoba's 139th Birthday. For residents of much of East Beaches it was cause to celebrate with the R.M. of St. Clements who recognized 125 years of political representation in one of the most beautiful territories in all of Manitoba. The confines of the R.M. of St. Clements are defined by land that runs along the East bank of the Red River and into the South Basin of Lake Winnipeg. The Southern boundary of St. Clements is just beyond Winnipeg and the R.M. of East St. Paul then tapers to an end in the North within the confines of Grand Beach Provincial Park.

Much of the R.M. of St. Clement lies within Cottage Country found to the West of Hwy 59 until the invisible line that becomes the R.M. of Alexander. This district is the "South" portion of East Beaches and includes the beautiful parks of Patricia Beach and Grand Beach plus dozens of cottage plots along

the banks of Lake Winnipeg. I often wonder on a July weekend if ANYONE is left to keep order in the city. Our little communities and the adjoining parks flood to overflowing with campers, cottagers and "day-trippers".

My gosh! July 1st, 2009 in East Beaches was special. At the Grand Marais Recreation Centre, Market tables displayed their wares all through the morning and just past lunch. You could buy trinkets, or wind chimes, or beautiful stained glass art for your garden, table or window. The multitude of books for sale was impressive, likewise the plants and baking, or the very unique doggie clothes that were for sale. I had to drag myself away from the really gorgeous carry bags made in Africa from beautifully woven wool in a magnificent array of pattern and color. I did buy the most excellent ankle bracelet which is magnetic and will help me deal with arthritis in a "holistic" manner. When I showed my anklet to my sisters on the weekend they each requested one for their birthday. Darn - why did



Louis Fiset wrestles a flag from one of the many vendors at the Grand Marais Market

Mom and Dad have so many girls??? But what a great gift for those I love.

If you didn't want to cook at home on a National holiday, you could have breakfast or lunch prepared hot from the Grand Marais Recreation Centre kitchen. There were homemade blueberry muffins or you could choose from a great Denver sandwich or THE BEST

FRENCH FRIES in Canada - truly awesome. At this point, you need to know I am a French fry connoisseur/snob and have yet to find better tasting "chips". Yes, I am including V.J.s, Dairy Whip and Mrs. Mikes in Winnipeg AND the chip truck in Kenora. Maybe your idea of food heaven is a feast of deep fried perogies with a dollop of sour cream. You will find this NOT heart smart meal, at the Recreation Centre compliments of the secret recipe hoarded by the Grand Marais Seniors who make the fixings of this delectable treat.

Food or shopping not being your fancy, you could have spent the afternoon playing serious Cribbage with the 39 other dedicated number addicts. It was all about winning (I think) and money or prizes were distributed to the lucky or perhaps, astute players. I think they had fun, it was pretty intense from my vantage point in the monkey gallery. If cards are not for you, perhaps a few goes at "bean bag toss" would capture your athletic prowess. A game of skill, this was played outside in the seasonally reformed skating rink. Then again, maybe you would have liked the fireworks? They were spectacular. A fitting end to a weather perfect day that also witnessed the beginning of the new Destination Grand Marais Heritage Centre and the start of the much anticipated Wellness and Recreation Centre that will begin to make a statement in the fall of 2009. Yes! It really IS going to happen. East Beaches holds its collective, bated breath.

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TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts



PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.

367-2611

DISPENSARY

367-2517

PUBLIC NOTICE

THE RURAL MUNICIPALITY OF ALEXANDER
AUDITED FINANCIAL STATEMENT

In accordance with Section 194 of the Municipal Act, NOTICE is hereby given that copies of the 2008 Audited Financial Report of the Rural Municipality of Alexander, together with the related statements have been deposited at the office of the Municipality and are available for inspection at any time during regular office hours.

Margaret Bonekamp, C.M.M.A.
Chief Administrative Officer
R.M. of Alexander

Community

Health Corner

NEHA Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre; phone: 345-8647; or Email corvis@neha.mb.ca. For more health information, Please, visit the NEHA website: www.neha.mb.ca.

Being Summer Active

So our long and brutally cold winter has finally come to a close, and you know what that means, right?

It's time to be summer active! Now that the sun is shining and everything is blooming, we have no excuse to be spending all of our time inside. Health Canada informs us that physical activity is one of the most important things you can do to maintain your physical and mental health and quality of life as you get older. As for children, keeping them active is a great way to not only promote healthy growth and develop-

ment, but to meet new friends.

Walking, stretching, and keeping your muscles in good condition will help you to keep moving and stay strong.

Some Important Facts to Think About...

Only 54% of Canadians aged 18+ are active at a level equivalent to walking one hour per day.

60% of older adults are inactive.

Approximately two-thirds (2/3) of Canadian children and youth are physically inactive; there are distinct gender differences in physical activity levels, intensity

of physical activity and participation in sports (Canadian Lifestyles & Fitness Research Institute's Physical Activity Monitor, 2004).

With an inactive lifestyle comes the risk of a decrease in bone and muscle strength, heart and lung fitness, and flexibility. Also, inactivity can be as harmful to your health as smoking.

So why not make the decision this summer to feel good about yourself by getting active? There are so many things to do, and you don't have to do it alone either! Be active with family, with friends, or be active within your community:

• Go walking on a regular basis;

• Choose to do light, moderate, or heavy chores around your home for exercise (depending on what you are physically capable of);

• Do some gardening;

• Take some time out of your day to improve your flexibility by bending, reaching, and stretching;

• Go swimming, etc.

If you have children or teenagers, encourage them to join a sports team, go to the pool with friends, or attend a summer camp.

There's something out there for everyone, and we can all benefit from increased physical activity. The more active we are, the more we are helping to offset many of the negative effects of certain diseases and disabling conditions.

References:
Canadian Journal of Diabetes. Physical activity levels of Canadian children and youth; current issues and recommendations. March 2004, 28 (1).

"Canada's Physical Activity Guide for Youth". Public Health Agency of Canada, 2002. www.phac-aspc.gc.ca

"Healthy Living: Physical Activity". Health Canada, 2009. www.hc-sc.gc.ca

Submitted By: Kalon Bergen, Nursing Student

Summer is just around the corner and so are exciting events at Library Allard

Our TD Summer Reading Program gets underway July 7 at 1 pm. The program this year is based around the theme Agent 009 taking the children on activity and reading adventures. This program runs on Tuesdays and Thursdays for 3+ to Grade 2 ages and on Wednesdays and Fridays for Grade 3 to Grade 6 from 1 to 4 pm.

Information pamphlets went out with the schools in June, but if you happened to miss getting one, they are available at our library check out counter. There is no fee for this great summer program but you must register your child to attend.

Also the Library will be having its First Annual Book Sale on Saturday, July 18th from 10 am to 2 pm. A must see for avid readers.

The library now has a Victor Reader to loan out to its sight impaired members, a

Victor Reader allows the individual to be able to listen to Audio books. CNIB has sent us 75 different titles in both French and English for members who choose to listen to their books, come and check through the selection. This selection will rotate every 8 months, so make sure that you check out the different titles on a regular basis.

A Focal Collection of Audio books is available by CD with 25 different titles, this selection will rotate on a 2 month basis and is stored by the video section.

A collection of large print books has just made its way to our library with a variety of book genres; this collection rotates every 3 months.

The library has just developed a newsletter that will go out quarterly to let its members and non-members know what is happening here. Stop by to see what's new on our shelves and our programs.

Beaches Service Directory

General Store
Sabbie's GENERAL STORE
ALBERT BEACH

Real Estate
Judy Calvert-Pierce
Sharon Pierce
Grand Beach & Area
(204) 754-2709
Winnipeg:
(204) 250-9180
Toll Free:
1 (800) 559-7873
Email: s04@beachesrealty.com
www.beachesrealty.com

Real Estate
EastShore Realty Inc.
Cheryl Demiduk
Broker

Window Cleaning
QUIET PINES WINDOW CLEANING
756-3868

RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

SUMMER PROGRAMS

Crafts & Outside Games
A different craft every week in the morning and outside games for the afternoon that can include baseball, soccer, badminton, Bocca ball etc.
Every Monday @ Powerview - Pine Falls
Every Tuesday @ Victoria Beach Sports Field
10 am - 3 pm
Cost: \$3.00 Bring a lunch

Girls Only Day

An amazing fun day for just girls that includes crafts, manicures, make-up, games and popcorn & a movie.
Wednesday July 8 @ Pine Falls School Gym
Thursday July 9 @ Victoria Beach Sports Field
10 am - 4 pm
Cost: \$5.00 Bring a lunch

Mini Olympics

Put your sneakers on and get ready for a super fun challenging day of individual and relay races.
Wednesday July 15 @ Pine Falls School Field
Thursday July 16 @ Victoria Beach Sports Field
10 am - 4 pm
Cost \$5.00 Bring a lunch

Hip Hop & Jazz Dance

Register now for July/August Session, Golden Leisure Centre
Tuesday's Instructor: Alisha Carlson
Kids Program Ages 3-4 \$25.00
Kids Program Ages 5-7 \$25.00
Kids Program Ages 9-11 \$35.00
Adult Program \$35.00
Registration night Monday, June 22nd
At the Pineview Rec Office
For registration & fees contact 367-9142

Softball

Powerview-Pine Fall
Cost: \$10.00 per child for summer
For July & August
Level 1: Ages 5 & 6
Thursday evening @ 6:30 PM
Industrial Park Diamond, Powerview
Level 2: Ages 7 & 8
Wednesday evenings @ 6:30 PM
Industrial Park Diamond, Powerview
Youth ages 9 - 14
Monday evenings @ 7:00 PM
Tasty Treats Diamond, Powerview. Bring your own glove, hat & water. The emphasis is on Fun, Action and a Positive Atmosphere with a gradual introduction to non-stressful competition. To register contact Lori at Pineview Rec Office 367-9142

PHat Camp

Physical Arts Training Camp Programs for children & youth ages 6+
Victoria Beach: July 27-31 Before July 1 \$100/After July 1 \$125
Powerview- Pine Falls: August 10-14, Before July 20 \$100/After July 20 \$125
This year's theme is Way of the Young Legends.
Programs include: Phat School Musical, Hip Hop, Music Video, Cheer, Boot Camp, Film Making and more.
Teen & Adult Workshops
New for this year for Tues & Thurs Evening, Hip Hop Dance @ Victoria Beach Sport Club
Before July 1 \$25/After July 1 \$30
Salsa Dance @ Powerview School, Before July 20 \$25/After July 20 \$30
Camp registration forms available @ Pineview Rec Office 367-9142

Hop a Hop Program

Ages 3-5

Victoria Beach: July 27-31

Before July 1 \$30/After July 1 \$40
Powerview-Pine Falls: August 10-14, Before July 20 \$30/After July 20 \$40
Monday - Friday 10:00AM - 10:45AM
Funky, fun, energetic class ideal for both boys & girls. The class is designed with creative & fun elements teaching kids a better sense of body awareness, coordination, memory and rhythm using a wide range of both popular and world music.
Camp registration forms are available @ Pineview Rec Office 367-9142

Pine Falls Swimming Program

Session 1: July 6-17
Session 2: July 20-31
Session 3: August 3-14
Duck (Parent & Child Program), Sea Turtle, Salamander, Sunfish, Red Cross Levels 1-10
For registration and fees contact Rec Office 367-9142

Female Softball/Fastpitch

Squirt (born 1999) PeeWee (born 1997) Bantam (born 1995)
Looking into developing athletes to play in league play in 2010 in Winnipeg and also for the Manitoba Indigenous Summer Games, Manitoba Summer Games and possibly for the 2011 North American Indigenous Games in Wisconsin, USA.
For more info contact Allister Courchene 367-4411 (work) 367-2885 (h/m) allistercourchene@black-river.ca

EXERCISE PROGRAMS

Seniors Exercise
Golden Leisure Club, Pine Falls
Every Mon, Wed, Thurs & Fri 10:15 - 10:45

Body Sculpture

Walter Whyte School, Grand Marais
Instructor: Natasha Joy
Classes to resume in September
Contact Natasha 756-3868
inatasha@mts.net

Family & Beginners Fitness

Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

Strength For Seniors

Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

REQUEST FOR TENDER

The Town of Powerview - Pine Falls invites experienced companies to submit a quotation on the proposed construction & paving projects identified in the 2009 municipal budget. Estimated length of street resurfacing is 850 metres with some curb and gutter replacement.

Specifications are available from the Municipal Office at 277B Main Street in Powerview.

Interested parties are to submit quotations on or before 12 o'clock noon July 17, 2009, either by mail, fax, or email clearly marked "Paving Tender".

The Town of Powerview - Pine Falls

Box 220 227B Main Street
Powerview, Mb. R0E 1P0
Phone 367-8483 Fax 367-4747
Email: munclerk@mts.net

Contact the Public Works Supervisor @ 367-2070 if more info is required.

PINEVIEW RECREATION COMMISSION - Lori Vialoux, Rec. Director

Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

Total Body Workout

St. Georges School Gym
Instructors: Nick Bonekamp & Paul Roberts
Classes to resume in September
Rise & Shine Fitness Class
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September
Contact Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

Rivers North Fitness Coop

Powerview Arena
\$100.00 membership
\$250.00 annual user fee with membership
\$300.00 annual user fee without membership
For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

Golf Junior Golf Lessons

Pine Falls Golf Course
Every Wednesday
6:00 PM, Free or charge
For more info contact Glen Hebert 367-8982 or Pine Falls Golf Course 367-8463

Junior Golf Clinic

Grand Pines Golf Course
Wednesdays for month of June
\$20.00 per class. Junior golf clubs available if required

Pine Falls Golf Course

Ladies Night, Every Wednesday, Tee off 5:30 PM
9 holes, Pre-registration call 367-8463
Men's Night, Every Thursday
Shot Gun at 5:00 PM, 18 Holes
Pre-registration call 367-8463
Seniors Day, Every Friday
Tee off at 9:00 AM, 9 holes
Grand Pines Golf Course
Ladies Golf Clinic, Every Wednesday in June, 5:30 PM
\$10.00 per week
Kids Golf Free, Every evening starting 6:00 PM. Includes 9 holes. Parental approval for under 12
Family & Couples Night
Every evening starting 6:00 PM
\$10.00 for 9 holes
Mixed Fun Golf
Every Tuesday evening starting 6:00 PM, 9 Hole Scramble
Prizes every week

SENIORS

Pole Walking
Senior Scene, Victoria Beach
Monday, Wednesday & Friday 9:00 AM. For beginners, intermediate and high speed walkers.
Coffee is available after the walk.

GOLDEN LEISURE CLUB

PINE FALLS
For Adults & Seniors 45+
Canasta, Wednesday & Friday's 1:00 PM
Cribbage, Every first Monday of the month, 1:00 PM
Bridge, Every Monday & Thursday, 7:00 PM
Exercise, Every Monday, Wednesday & Friday, 10:15 - 10:45 AM

SENIORS SCENE

VICTORIA BEACH
For Adults & Seniors
Yoga
Every Monday @ 3:00 PM
Advance Line Dancing
Every Tuesday @ 10:00 AM
Cribbage
Every Tuesday @ 7:00 PM
Stained Glass & Ceramics
Every Tuesday @ 9:30 AM
Square Dancing
Every Tuesday @ 3:00 PM
Quilting
Every Tuesday @ 10:00 AM - 3:00 PM
www.seniorsceneinc.com

Festivals & Events

Vacation Bible School
Notre Dame du Laus (Powerview) Catholic Church
Basement, July 13-17, Cost: \$20.00. Pre-register by June 30th with Michelle Kotak 367-2700 or 367-2753
Cool Kingdom Party
Vacation Bible School includes games, prizes, snack, crafts, faith & lots of fun.

3rd Annual Beaches 1/2 Marathon & 1/4 Marathon

July 25th
Located in Hillside Beach starting at 8:00 AM
For more info contact 756-3868
Email: inatasha@mts.net
Register online: www.events.runningroom.com

Festival Chateauguay

July 17, 18 & 19, 2009

North Eastman Health Association

is the Regional Health Authority responsible for planning, coordinating and delivering the full continuum of health services in North Eastman Manitoba to approximately 40,000 residents during the winter, and an estimated summer population of 80,000, including the Whiteshell, Winnipeg River and Eastern Beaches. Please visit our Website for more information at www.neha.mb.ca

Current Employment Opportunities

Recreation Worker Casual - Pine Falls

Qualifications:
- Completion of a recognized Activities/ Recreation Program required.
- Applicants with certificate will be given priority. Non-certified applicants will be considered if there are no certified applicants.
- Previous related experience is required.
- Genuine interest in the health care of the elderly and disabled.
- Ability to work independently.
- Willing to train.

We are committed to a workforce that is reflective of the communities we serve, and actively recruit people with diverse backgrounds, experiences and perspectives to ensure services are delivered in a culturally sensitive manner.

Interested applicants are invited to submit a resumé and cover letter by July 13, 2009 in confidence to: Human Resources Assistant, North Eastman Health Association Inc., Box 339, Pinawa, MB. R0E 1L0, Fax: 204-753-2015, Email: hr@neha.mb.ca

We thank all applicants for their interest. However, only those candidates being considered for an interview will be contacted.

Weekend celebration of culture, music, food, children's activities, fishing tournament, sand castle building and great family fun.
For more info contact Diane 367-9970

Summer Winds Music Festival

Victoria Beach Sports Field
July 24 & 25, 2009
Music, children's activities, great food & beer gardens.
3rd Annual advance tickets are available.
Visit www.summerwindsmusicfestival.com

Plenic in The Park

Village Green, Pine Falls
Friday, August 7th
Noon - 4:00 PM
Bike Parade & Rodeo, Chronic Disease Prevention, Entertainment, Helmet & Bike Safety, BBQ & more.

PUBLIC LIBRARIES

Bibliothèque Allard Regional Library
St. Georges 367-8443
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00 PM - 8:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

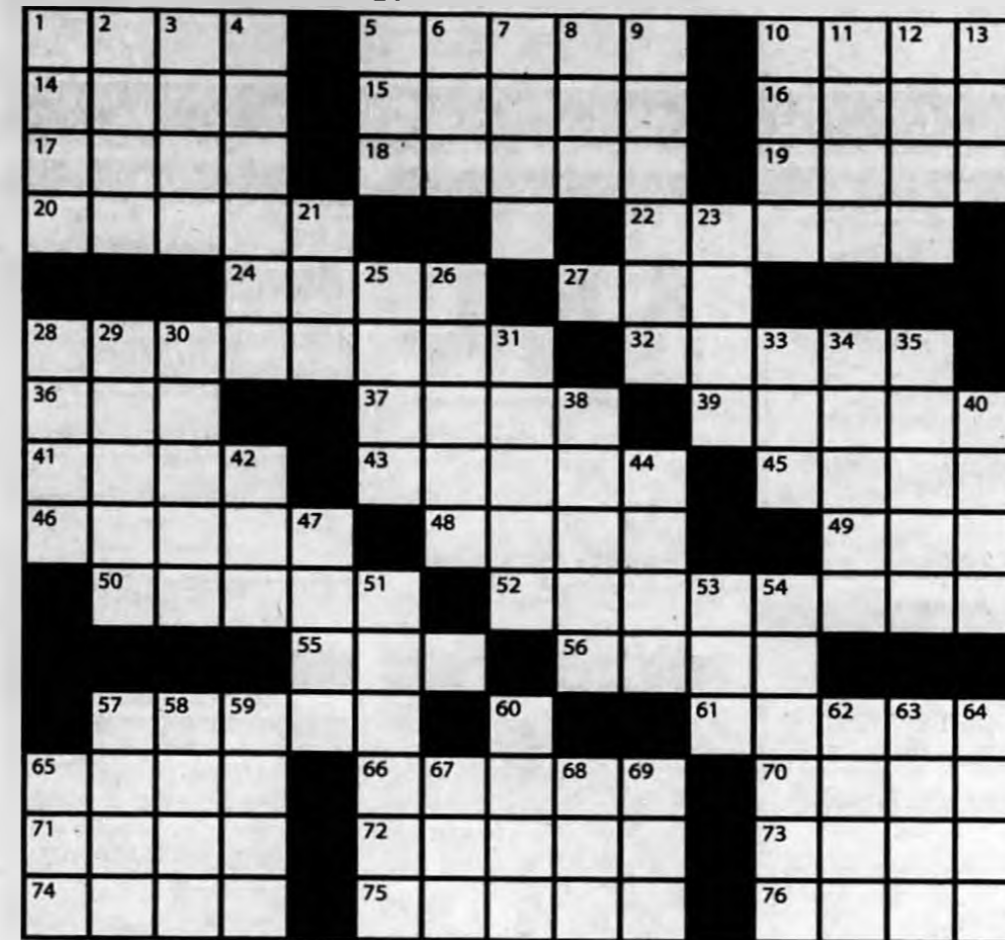
Beaches Library

Located in Walter Whyte School 754-4007
Operation Hours
Tuesday 9:00 AM - 12:00 PM
Thursday 4:00 PM - 8:00 PM
Saturday 10:00 PM - 2:00 PM
Internet Access Site

Pine Falls Library

Located in Pine Falls School 367-8983
Closed for July
Internet Access Site

Crossword



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- Across
- Tattled
 - Blue hue
 - Bottomless pit
 - Female horse
 - Divas solo
 - Bind(Hyph.)
 - Morally bad
 - Not fat
 - "Come in!"
 - Adam's apple spot
 - Welsh dog
 - Horse's neck hair
 - "Good !"
 - Kind of shell
 - Roadhouse
 - Pixies
 - Week day
 - High mountain
 - Auth. unknown
 - Gossiper
 - Sea
 45. Horse's neck hair
 46. "Good !"
 48. Kind of shell
 49. Roadhouse
 50. Pixies
 52. Week day
 55. High mountain
 56. Auth. unknown
 57. Gossiper

- Fortunetellers card
- Drift
- Go upward
- Insect stage
- Matures
- "M*A*S*H" setting
- friendly
- Shopping place
- Lawn mower's path
- Confined
- Missile housing
- Legislate
- Birdcall
- "So !"
- Internet messages
- Outstanding
- Shoot for
- Tartan
- Reddish brown dye
- Russian villa
- Refuse
- Gun, as an engine
- Verb preceder
- Accomplishment
- Pants
- Decompose
- Buy in a hurry (2wds.)
- Eastern discipline
- At any point
- Hatchling's home
- Former Italian currency
- Con
- Exposed
- Bakery product
- Male sheep
- Near depletion
- Gathered
- "___, humbug!"

Down

- Soap rock
- Chocolate cookie
- Perjurer
- Thin ice, e.g.
- Had a bite
- Container
- Himalayan legend
- Litigate
- Leap
- Bill of fare
- Assert
- Houston university
- Large northern deer
- Sick
- Nil

Last Week's Answers

A	M	M	O	A	D	L	I	B	R	O	L	L
R	E	E	K	P	R	I	O	R	A	L	O	E
T	S	A	R	H	Y	E	N	A	B	I	T	E
S	A	L	A	M	I	N	K	I	O	S	K	
S	C	O	W	L	U	R	E	S	I	S	T	
L	U	R	I	D	E	N	S	U	E	D	O	E
O	B	I	T	R	E	L	A	X	H	E	L	P
P	I	E	V	A	L	I	D	S	U	A	V	E
E	C	L	A	I	R	T	M	E	L	E	E	
C	O	B	R	A	D	E	G	R	E	S	S	
A	R	E	A	A	P	A	R	T	A	A	T	O
S	E	N	T	R	A	Z	O	R	P	R	I	M
T	O	T	E	C	R	E	D	O	T	O	R	E

CRYPTIC PUZZLE



KO KV C FRRA OBKJF HRU CJ PJGAPECOGA
ICJ OR UGCA DRRMV RH TPROCOKRJV
- XKJVORJ EBPUEBKNN

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

Last Week's Solution

IT IS A GOOD THING FOR AN UNEDUCATED MAN TO READ BOOKS OF QUOTATIONS. -WINSTON CHURCHILL

Weekly Horoscopes

June 25 - July 1

ARIES (Mar. 21- April 20) Don't say something you'll live to regret. You may exaggerate your emotional situation. Don't get involved in expensive entertainment that involves gambling. Try not to use emotional blackmail; it will only make matters worse.

TAURUS (Apr. 21- may 21) You should follow through on educational endeavors you have wanted to pursue for some time. Your emotional attitude with respect to your status and direction in society may be unrealistic. You won't have to look for the action. Losses are likely if you get involved with uncertain individuals.

GEMINI (May 22-June 21) Trips will be favorable for business as well as pleasure. Don't let coworkers get wind of your ideas or they might try to take credit for your hard work. Pushy people must be kept at arm's length. Don't overreact to someone's advances.

CANCER (June 22-July 22) You may have a problem dealing with elders. You can handle situations that require contact with institutions or large corporations. Don't get involved in other people's private doings. In return, the satisfaction you get is enough for you.

LEO (July 23-Aug 22) You may have difficulties with family members if you get involved in petty arguments. Your concern with older family members and those less fortunate than yourself will only add to your attractiveness. You will be able to get good advice if you listen to close friends or relatives you respect. Try to stay calm, and whatever you do, don't nag.

VIRGO (Aug. 23 -Sept. 23) You will make new friends through physical activities. Get involved in worthwhile endeavors and meet new friends. Avoid being overly opinionated or you will alienate friends. Outbursts of passion may cause arguments with your mate.

LIBRA (Sept. 24 -Oct. 23) Regardless of your first reaction, the outcome will be favorable. You will have a problem sorting out your true feelings when it comes to your relationship. Drastic financial losses may be likely if you lend money. Creative pursuits should payoff.

SCORPIO (Oct. 24 - Nov. 22) You should teach children some of your unique creative talents. You are best to concentrate on your professional endeavors. Rather than making a scene, communicate quietly about the way you feel. You should get out and meet new people this week.

SAGITARIUS (Nov. 23 -Dec. 21) Take time to catch up on gossip and make plans to do a little adventure travel. Your boss won't be too thrilled if you leave things unfinished. The existing problems must be dealt with one way or another. Don't let individuals with wild schemes talk you into a financial deal that is not likely to be successful.

CAPRICORN (Dec 22- Jan. 20) You can mesmerize anyone you meet with your cultured attitude and outlook. Listening can be more valuable than being a chatterbox. Don't hesitate to voice your ideas and opinions. You can accomplish a great deal.

AQUARIUS (Jan. 21 -Feb. 19) Uncertainty regarding your mate may emerge; reevaluate what you see in each other. Don't let situations get out of hand. Do not over expand if you have your own business. Sit tight. Insincere gestures of friendliness may be misleading.

PISCES Feb. 20-Mar. 20) If you can mix business with pleasure much can be accomplished. You can make a big difference to children if you are understanding of the difficulties they are experiencing. Make money using your ingenuity and creative talent. Lack of cash might be partly to blame for the problems at home or her.

Classifieds

Memoriam



Ted Siddall
February 13, 1925 to
July 6, 2008

Silent Tear
Each night we shed a silent tear,
As we speak to you in prayer.
To let you know we love you,
And just how much we care.
Take our million tadpoles. Wrap
them up in love. Then ask the
wind to carry them. To you in
heaven above.
Ted. Your wisdom and kindness
will never be forgotten.

Dan, Tina,
Stephen and Heather

Memoriam

Russel Henderson
Born 1933,
passed away July 7, 2006

In loving memory of our Dad,
Grandfather and
Great Grandfather,
You are deeply missed and
always in our hearts. We hold
precious memories of you, now
and forever. We shed quiet
tears, we miss the visits and
talks of advice. We miss the
funny things you did and funny
comments you made about the
grandkids. You will always
hold a special place in Mom's
heart. We all love you very
much. Three years have gone
by, but never forgotten.

Sadly missed by your wife
Lillian, children, grandchildren
and great grandchildren.

For Rent

Woodland Place/Dale Haven
Apartments, 1 - 2 bedroom
apartments for rent, utilities and
parking included, coin laundry,
very clean and well maintained.
Furnished, weekly and monthly
rates also available, call after
6:00 p.m. 367-4922. TPN

Prayer Corner

May the Sacred Heart of Jesus
and the Immaculate Heart of
Mary be praised, adored, and
glorified everyday throughout
the world forever.

- Amen Say six times a day for
nine days and promise public
ation and your prayers will be
answered no matter how impos-
sible they may seem by the
ninth day.

Congratulations



Payton Richardson
Earned his diploma in Creative
Communications from Red
River College on June 3, 2009.
Congratulations from your
family.

Wanted to Rent

Wanted to Rent
I want to rent a house or trailer
in the Pine Falls, St. Georges or
Great Falls area. 1-204-482-
6171 TPN

Help Wanted

Papertown is looking for mature
motivated people to fill the
positions of Housekeeping and
DJ. Please drop off resume in
person at the Papertown Motor
Inn.

Card of thanks

Dora Blanche Pexoux, passed
away on June 21 2009

Thank you to Father Jim Gray
for the beautiful funeral celebra-
tion. Also to our parish for their
prayers and support, to the choir
and to the Ladies Auxillary for the
delicious lunch after the
funeral.

Thank you to the nurses and
caregivers at the Sunnywood
Manor for your care, kindness
and respect to mom during her
final days. Also thank you to the
Rec girls, cleaning and kitchen
staff for your understanding
during our trying days. We
appreciated you all so much and
will never forget.

Mom would also have wanted
to thank everyone for the good
entertainment that she so greatly
enjoyed with the residents and
their families at Sunnywood.

Last but not leastly I would like
to thank my workplace The
Powerview Dental Centre for
your understanding and consid-
eration during my final time
with my mother.

Yvette & Danny Gelinax
and family

Business Classifieds

ATV/Motor Cycles

St. Croix Cycle
ALL TERRAIN MOTORCYCLES
& POWER PRODUCTS
Hwy. 11
367-2219

Automotive

powerfalls AUTO BODY
Windshield Replacement & Repair
At Your Automobile Needs
Courtesy Care
Phone 367-2677
Fax 367-2338

Bakery

Sunrise Bakery
Watch for our
Coffee Shop
Opening Soon!
367-8019

Building Supplies

Osis Building Supplies
Home of the Crooked Stud

Catering

RAPID WATER DELI
CONVENIENCE
PIZZA
WATER REFILLS
MOVIE RENTALS
367-2582

Computer/Networking

M&C Bruneau's PC SERVICES
Hardware Diagnostics
Software Installation
System Configuration
Ph: 345-6876

WHYTE NORTH COMPUTER SERVICES
367-2170
www.whytenorth.ca

WE DO IT ALL
*Custom Equipment Design *Network Design & Support
*Virus & Spyware Removal *Web Design & Hosting
*Onsite Office Computer Software Support

Concrete/Excavating

A.M.L.
AL MEISNER LTD.
REDI-MIX CONCRETE
EXCAVATING
AGGREGATES
367-8268

Excavating

DAN'S EXCAVATING
Dan Courcelles
Box 1, Powerview, MB R0E 1P0
204-340-5783

Financial

Caisse
A better way to bank
367-8268
www.caisse.biz

Financial

LIBERTY TAX SERVICE
Sandi Duval
367-4244

Furniture

Dave's
367-8268

Gift Shop

plum creek
Gift Shop
Closed Until
April 11, 2009

The Veranda
GIFT SHOP
756-8184

Grocery

Dancyt's FOODS
204-345-2221

Grocery

Great Falls Foods
Highway 11, Great Falls
367-2976
OPEN 7 DAYS A WEEK
Store Hours:
Mon - Thur. 8-6, Fri. - 8-7
Sat. 9-7 Sun. 12-5
Having a Social Function?
Call us to look after everything for you
Ask us about delivery
The House of Quality

Excavating

DAN'S EXCAVATING
Dan Courcelles
Box 1, Powerview, MB R0E 1P0
204-340-5783

Hardware

RONA HARDWARE
For all your Hardware Needs
OPEN: Mon. to Sat. 9am to 6pm
Pine Falls 367-2380

Hotel/Restaurant

BIRCHWOOD MOTOR HOTEL
16 Modern Units
Hot tubs
Dining Room
Traverse Bay
Room 756-2596
Beverage Room
Meeting Rooms
Fully Licensed
OPEN YEAR ROUND

Broadlands Mall

Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm
367-4484

Restaurant

CLARK'S CORNER
367-4455

CLARK'S CORNER
367-4455

Tackle & Outdoors

DOMO
JUMP TO THE PUMP

Classifieds

Hotel/Restaurant

The Lakeview STEAKHOUSE
57 Park Avenue, Lac du Bonnet, Phone 345-8881
Every Friday & Saturday
Steak Dinner Specials
CHINESE Available
345-8294

Manitou Lodge

Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed
367-2252
Tuesday Nite
Wing Nite &
Draft Special
EVERY WEEKEND

Papertown

367-2261 Motor Inn
Deluxe Jacuzzi Rooms
Licensed Family
Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub
Night Club
1 Mile East of Pine Falls, Hwy. 304 & 11

PINE FALLS SERVICE CENTRE

Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight
SUBWAY
Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.
367-8803

Insulation

O'HANLEY INSULATORS
Blow In Cellulose Insulation
Free Estimate Messages
Call Charles 367-4411
367-1578 Cell: 266-9193
ohanley-insulators@hotmail.com

Insurance

POWVIEW AGENCIES
367-4455
of the co-operation autopac

Your Ad Here

Medical/Dental

Dr. Alan Grant - DENTIST
Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
Tuesday, Wednesday, Thursday
9:30am - 4:30pm
Closed Mondays and Fridays
Health Centre 367-2208
Direct Line 367-4417

DR. ARNOLD ANDERSON

LAB ON SITE
Optometrist
Contact Lenses
and Eyeglass Fittings
MANITOU LODGE PINE FALLS
367-2390
Monday - Friday 9:00 a.m. - 12:30 p.m.
1:30 p.m. - 5:00 p.m.
Closed Lunch Hou
Examinations done on Tuesdays
Celesté Basson
B.Sc.(PT), C.A.C.I.

Bluwaterr District Transit

367-9128 Office
345-3075 Driver
For Bookings Call

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Medical/Dental

Blue Water Physiotherapy
Phone: 367-2537
Please call for an Appointment
•Work and Sports Injuries
•Neck and Back Pain
•Osteoporosis
•Orthotics
•Manual Therapy
Located on Highway 811 in Powerview

Powerview/Pine Falls Dental Centre

277A Main Street, Powerview
Hwy. 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.
Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Danny Bae
Emergency Care
New patients welcome
367-2815

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)
• Autopac
• Blue Cross
• Veteran's Affairs
• Worker's Compensation
Phone 367-4858
No referral required Please call for appointment

Jon. O. Phillips, RMT

Registered Massage Therapist (MTAM)
CLINIC LOCATIONS:
Through the Arbour 18B Pine Street, Pine Falls
Revitalize Soul Spa 225 Clondeboye Ave. Selkirk
Direct billing available to Blue Cross & Great West Life

Memorials

STEWARTS MEMORIALS
Lac du Bonnet
345-2644

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Pawn Shop

CASH IN A FLASH PAWN
Located on the corner of
Art Ave. and Hwy. 11
in Powerview
367-4537

Pharmacy

TRY YOUR DRUGSTORE first
PINE PHARMACY
Open Monday to Saturday
9:30 a.m. to 5:30 p.m.
367-2611
367-2517

Septic

Gilles Lamoureux
G's SEPTIC TANK CLEANING SERVICE
Portable Toilet Rentals
PHONE: 367-4708 CELL: 345-3838

Windows

WANTED 8 HOMES THAT NEED NEW WINDOWS
Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.
This Meigs product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Climate Shield Premium Windows come with TempShield Source Systems as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.
Your home can be a showplace in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.
Ask about low monthly payments through Hydro
For an appointment call
367-2111
NISBY WINDOW & DOOR
1-800-582-5488
www.nisby.mb.ca

Printing

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- Envelopes
- Letterhead
- Cheques

Echo
Box 40, St. Georges, Manitoba R0E 1V0
Plecia McDougall, St. Georges
email: theecho@mts.net
Phone: 204-367-9468 • Fax: 204-367-9974

Real Estate

Ateah Realty Ltd
Professional Service
Professional Results
Toll Free
1-866-755-5406
204-756-3449

For All your Real Estate Needs!

CONTACT Century 21 Sun Country Realty
Our Real Estate Professionals
Looking forward to Working with You!
Call 1-800-854-8148
345-2121 / 268-2011
Email: c21sun@mts.net
www.century21suncountry.com

Windows

Chevrefils Greenhouse



**BLOW-OUT
SALE**

**Statues
10% off**

**Trees &
Shrubs
20% off**

• **All Veggies
\$1.00**

• **Baskets
\$20.00**

• **All Flowers
\$2.00**

**192 Northshore Road
Across the Powerview Dam**

367-4044

• **Pots \$1.00 off
marked price**