

Serika Clerk, 31 June 10
 Legislative Library of Manitoba
 Room 100 - 200 Vaughan Street
 Winnipeg, MB R3C 1T5

HEALTH CORNER

Lime Disease

PAGE 10

BEACHES

Walter Whyte Graduation

PAGE 6

NATURE:

The Piping Plover

PAGE 8

\$1.00 tax included
 June 24, 2009
 Volume 10, No. 04

The Winnipeg River

Pine Falls/Powerview, Sagkeong, St. Georges, Great Falls, Beaches, Little Black River, Manigotagan and Bissett

ECHO

Perry Fontaine Gets Three Years

By Charles Norman

Perry Fontaine was head of the Virginia Fontaine Addictions Foundation in October 2000 when the foundation organized a Caribbean cruise for 75 people including 61 foundation staff members. . . Joining them on the Cruise were Perry Fontaine and his wife, Department of Indian Affairs officials Paul Cochrane, his Assistant Aline Dirks and their spouses, and eight people who were not associated with the foundation. Total cost of the cruise was \$135,015.

Probably no one would have noticed, but a federal election was called while the cruise was underway. A reporter got wind of it and it became an election issue.

Since the foundation was funded by Health Canada, the publicity caused a great deal of embarrassment to the Minister of Health, David Anderson.

With the media asking questions and the opposition demanding answers, Anderson reacted angrily and prom-

ised a forensic audit.

The audit took three years to complete. Initially Fontaine refused to hand over the books of the foundation to the auditors, claiming they were private.

The audit revealed that consulting firms had been set up to provide a conduit for federal funds to flow through to Fontaine, his family and government officials. Exotic trips, expensive cars, Ottawa Senators season tickets and luxury living became part of their life style.

As a result of the audit two senior federal civil servants, Paul Cochrane, a Deputy Minister of Health, and Patrick Nottingham, Regional Director, First Nations and Inuit Health programs in Manitoba were charged with fraud. In return for testifying against Fontaine they received lighter sentences and charges against their wives were dropped. Cochrane received a one-year sentence and was ordered to repay \$211,000 in restitution. Nottingham re-



Lubos Hrdina of Walter Engines A.S. from Prague on left, Ed Gaffray on right

And Now Some Good News...

Breakthrough for Local Aircraft Business

Winnipeg River Aircraft of Silver Falls was recently awarded a contract to repair two Walter M601E-11 turbo-prop engines for Walter Engines A. S. of Prague, Czech Republic. It is the first time that the Walter Engine Company has sub-contracted maintenance to an outside company.

The repair consisted of

splitting the engines to replace the internal combustion liners that were showing signs of premature wear. Each engine repair involved approximately 60 man hours of work. Ed Gaffray hopes that the repair will lead to more work on these engines. He noted that General Electric have recently taken over the Walter Engine Company any will likely be contracting out more mainte-

nance work.

The Walter Turbo-Prop is a popular engine on the prairies, (The two engines are installed on two Air Tractor 401 agricultural aircraft from Minnesota). The DeHavilland Otter's original Pratt and Whitney 9 Cylinder radial engines are often replaced by the Walter turbo-props. Blue Water Aviation' Otters have the Walter turbo-props.

Fatal Accident at Little Black River

RCMP Media Release

On June 19th 2009, at approximately 12:55 am members from the Powerview RCMP responded to a motor vehicle collision on the Little Black River First Nation. Investigation revealed that a car had struck a parked school bus which was unoc-

cupied at the time. There were three persons in the car and one has passed away due to injuries sustained in the collision. Alcohol is believed to have been a contributing factor. Investigation into the matter is still ongoing and no names are being released at this time.

welcome to the bright side.

SUNOVA

bank brighter.
 www.sunovacu.ca



Powerview RCMP Press Report June 14-21, 2009

2009/06/15

HOLLOW WATER - a break, enter and theft at a residence resulted several items stolen. Further information found 2 youth involved in the incident. The youth were spoken to and the items returned to the homeowner. Charges were declined by the homeowner.

FORT ALEXANDER - Police attended a complaint of a break, enter to a residence and a male advising he had a firearm. The suspect then fled the scene on a bicycle. Police were able to apprehend the man a short

time later. He was charged accordingly and remanded into custody to Provincial Remand Center. Investigations continue.

2009/06/16

FORT ALEXANDER - a complaint of a spousal assault remains under investigation. A female suffered injuries and was treated at local hospital. A male suspect has not been located by police at this time.

HOLLOW WATER - a missing woman was finally located in Winnipeg. Other assisting police agencies

were notified accordingly by Powerview Detachment.

GREAT FALLS - Hydro again was the victim of a theft of copper wire. Police continue to investigate.

2009/06/17

FORT ALEXANDER - a complaint of dangerous driving caused police to patrol the North Shore. The vehicle matching the description was located and police learned it was en route to local hospital with a youth requiring medical attention. The driver apologized but was also advised by police to slow down. No further action was necessary and no further complaints or problems were incurred.

2009/06/18

TRAVERSE BAY - culprits attempted to gain entry to a cottage property but an alarm system which was set

off, prevented any further damages or property being stolen.

FORT ALEXANDER - investigations are proceeding in 2 separate occurrences of assault.

A female youth and an adult female received minor injuries in the incidents.

2009/06/19

POWerview - check stop program was initiated by Powerview Detachment with check points at highways 11, 304 north and 59 at 304.

BLACK RIVER - investigations continue into a fatal motor vehicle accident which occurred in the early morning hours.

2009/06/20

PINE FALLS - police apprehended and charged a male youth with break, enter and theft. The youth was

released on a promise to appear in Powerview court at a later date.

- culprits were unsuccessful in attempting the theft of a ATV. Ignition was damaged in the incident.

RM ALEXANDER - stolen property was recovered by police in a rural location. Investigation continues.

2009/06/21

PINE FALLS - Police responded to an assault with a weapon incident. A female was injured and taken to local hospital for treatment. The investigation continues.

- an intoxicated male was removed from a local business and transported to a nearby relatives by police.

SUMMARY:

Police also attended to:
2 False 911 calls
4 Alarms
Continued top of next page



Facelift for Powerview RCMP

Powerview Mayor Ted Pichor and Sagkeeng Chief Donovan Fontaine help Assistant Commissioner Bill Robinson with the ribbon cutting ceremony for the renovations of the Powerview Detachment last Tuesday.

Thank you...

**EAST BEACHES WELLNESS COALITION
50's & 60's ROCK & ROLL DANCE**

The Special Events Committee would like to thank the following sponsors:

- Pine Pharmacy - Gold
- Sunset Spray Service - Gold
- White Wolf Hunting & Fishing Supplies - Gold
- Grand Marais Village Store - Gold
- Ken's Eavesdrothing - Gold
- Century 21 - Silver
- Broadlans Mall - Silver

Special Thanks to:
Mike Gerburt and to the Canteen Crew: Reg Thomas, Bonnie Grace, Jean Vialoux.

COSTUME WINNERS:
Sharon Bruce, Rosanne Wasyluniuk, Chris Kelly, Jamie Tibold

QUILT DRAW WINNERS:
Quilt: Cathy Kozak, Afghan: Laura Colon
Hanging Plant: David Roffey

SPECIAL DRAW WINNERS:
Wagon: Nellie Danwich, Raccoons: Frank & Dee Rickner,
Bar Fridge: Claudette Sabourin, Solar Lights: Des English,
Jewellery: Sandy Martin, Lawn Chairs: Gary Rotondo

Thank you to all our helpers and everyone who attended our event.

Denture Wearers

WE SPECIALIZE IN HARD-TO-FIT CASES

DAIEN DENTURE CLINIC

22 Years at our MAIN OFFICE: **266-3488** 10 Years at our SATELLITE OFFICE:
37-3rd St. S. Beausejour District Health Centre
Lac du Bonnet

• Seniors Discounts
• We honor all Dental Plans

BRYAN M. DAIEN, DENTURIST

Thursday	Friday	Saturday	
Bud, Spud & Rib Night	Bud, Spud & Steak Night	Bud, Spud & Steak Night	
\$8.99	\$8.99	\$8.99	

HAPPY HOUR Every Weekend 4:30-8:00pm

NITE Papertown
Motor Inn

News

- 6 Assistance to other Police Agencies/Service of Documents
- 11 Common Offence Notices (HTA/Liquor)
- 2 Coroners Act
- 1 Impaired Driving/Refusal of Breathalyzer
- 6 Intoxicated Persons
- Detention Act/Disturb Peace
- 5 Noise By Laws/Complaints
- 2 Theft Under(Prescription Medication)
- 1 Sexual Assault
- 6 Traffic Accident Reports

HAVE ANY INFORMATION ON ANY CRIMINAL MATTER YOU CAN REMAIN ANONYMOUS AND CONTACT CRIME STOPPERS AT 1-800-782-8477 OR THE POWerview RCMP AT 367-8728.

Perry Fontaine to Repay \$2.36 Million

Continued from page 1 Friday, June 19, Justice Perry Schulman sentenced Perry Fontaine to three year in prison and was ordered to repay \$1.14 million. In court of Queens Bench, Perry Schulman sentenced Perry Fontaine to three year in prison and was ordered to repay \$2.36 million.

The Public Utilities Board Notice of Public Hearing and Pre-Hearing Conference

Applicant: Manitoba Public Insurance Corporation

HEARING:

The Public Utilities Board (Board) will hold a public hearing of an application from Manitoba Public Insurance Corporation (MPI) at the Board's Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, MB, commencing at 9:00 a.m. on October 5, 2009. A Pre-Hearing Conference (PHC), will be convened by the Board in its Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, Manitoba at 9:00 a.m. on June 26, 2009.

APPLICANT:

Pursuant to The Crown Corporations Public Review and Accountability Act and The Public Utilities Board Act, MPI has applied to the Board for approval of rates and premiums for compulsory vehicle insurance as of March 1, 2010.

RATE IMPACT:

The Corporation is requesting approval for basic Autopac rates effective March 1, 2010, which would result in no overall change in premium revenue. The changes proposed for 2010/11 affect average base premiums for each major vehicle class as follows:

Major Class	Number of Vehicles	Increase/Decrease
Private Passenger	694,534	-0.19%
Commercial	41,681	-0.58%
Public	10,444	2.54%
Motorcycles	12,223	5.67%
Trailers	137,568	3.79%
Off-Road	48,579	-16.67%
Overall	945,029	-0.02%

The impact of proposed rate adjustments on the total vehicle population is distributed as follows:

- 479,210 or 50.71% of vehicles to receive a rate decrease, most decreases are \$50 or less;
- 40,582 or 4.29% of vehicles to receive no change in rate;
- 395,596 or 41.86% of vehicles to receive an increase of up to \$50;
- 21,715 or 2.30% of vehicles to receive an increase between \$50 and \$100; and
- 7,926 or 0.84% of vehicles to receive an increase greater than \$100

Actual premiums would vary depending on claim experience and driving record, insurance use, territory and vehicle rate group.

No changes are proposed to fleet rebates and surcharges. No changes are proposed to the amounts charged for time payments or service and transaction fees. For 2010/11, the Corporation proposes that late fee payments become customer based rather than policy based.

APPLICATION PARTICULARS:

The Corporation proposes the following rate adjustments for policies issued between March 1, 2010 and February 28, 2011.

- Combined classification offsets for all vehicles except off-road vehicles, to achieve revenue neutrality.
- Annual experience-based rate adjustments (+15% to -15%) for individual classes, with the exception of mopeds, motor scooters, trailers (\$2,500 or less), off-road vehicles and Dealer Moped insurance use.
- Annual experience based adjustment up to 25% for mopeds and motor scooters.
- Capping all rate changes at 20% per year, except rate changes for mopeds and motor scooters, which are capped at 25% per year, as well as Dealer Moped use.
- The Corporation proposes that Dealer Moped rates decrease to equal the rate for All Purpose Moped with the full indicated experience adjustment, without capping, for the highest rate group in each territory.

PRE-HEARING CONFERENCE:

A Pre-Hearing Conference (PHC), will be convened by the Board in its Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, Manitoba at 9:00 a.m. on June 26, 2009.

Those wishing to intervene in respect of this application and to participate in the proceeding are required to attend, or send a representative to, the Pre-Hearing Conference (PHC). The objectives of the PHC include:

- i) to identify interveners;
- ii) to establish status of certain applicant interveners, and
- iii) to establish a timetable for the orderly exchange of evidence and information

PARTICIPATION:

Interveners are those wishing to examine witnesses, provide evidence, make submissions, and/or present final argument. Interveners should notify the Board of their intention to do so by applying to the Secretary of the Board immediately—the Board will thereupon notify MPI of the intention.

Interveners may be entitled to financial assistance. The Board's Rules of Practice and Procedure (Rules) provide the procedure to seek an award of costs, and the guidelines for an award of costs. Parties wishing to make an application for an award of costs should review the Rules before applying.

Parties wishing to submit a brief or to express comments to the Board, but not wishing to participate in the entire proceeding, should advise the Secretary of the Board of their intention to appear at the public hearing by no later than September 18, 2009.

GENERAL INFORMATION:

MPI rates shall be reviewed by the Board, and neither a change in rates for services shall be made nor new rates for services shall be introduced without the approval of the Board. In the case of MPI, rates for services means rate bases and premiums charged for compulsory driver and vehicle insurance. Upon any application to it, the Board may make an Order granting the whole or part of the application, or may grant other relief in addition to or in substitution for that applied for.

Interested parties should take note that the Board does not have jurisdiction over the MPI lines of business denoted as Extension or SRE, nor over MPI's Driver and Vehicle Licensing operation.

The Board's Rules will apply to the conduct of the Hearing. The Rules may be viewed on the Board's website <http://www.pub.gov.mb.ca/> or be obtained on request to the Board, by either emailing (publicutilities@gov.mb.ca), writing or calling the Board Secretary (945-2638 or 1-866-854-3698, toll free).

Persons wishing to address the public hearing in French are required to notify the Board's Secretary prior to September 4, 2009 and if possible at the PHC. The Board is also prepared to convene meetings in Brandon or such other locations as may be warranted.

For full particulars, interested parties may examine MPI's application and supporting materials, either at the Corporation's or the Board's office. Interested parties may contact either the Board Secretary, or:

Manitoba Public Insurance
Attention: MaryAnn Kempe
8th Floor, 234 Donald Street
Winnipeg, Manitoba R3C 4A4
Telephone: 985-7335 (collect calls accepted)

DATED this 15th day of June, 2009.

G. Gaudreau, CMA
Secretary
The Public Utilities Board



Comment



The Solution to Health Care Delays:

Make patients an asset instead of a nuisance

By Charles Norman
Dr. Robert Ouillet, President of the Canadian Medical Association, went to Europe earlier this year to find out why their wait times were dramatically less than those of Canada.

He went to Belgium, Denmark, England, France and the Netherlands.

Everywhere he found that the wait times that Canada hopes to achieve, but never does, are far in excess of Europe's worst cases.

Six years ago wait times in England were almost as long as those in Canada. Then they made a very simple change. Instead of giving annual grants to hospitals they began to pay them for

the work they did. They paid for the services they actually provided to their patients. Overnight patients became an asset instead of a nuisance to health care bureaucrats. The more patient care the hospitals provided the more money they got.

It was a complete reversal of the previous situation where the hospital got the

same money, no matter what they did, and the patients were a cost to the system and a cost to the bottom line.

It is not difficult to imagine the difference here if NEHA was paid for providing health care to the local population.

Instead of finding ways to off-load the health care burden from NEHA to Winnipeg, Jim Hayes would be doing everything in his power to look after local

patients. Certainly we would find that Jim Hayes would discover that it was a good idea to deliver babies in Pine Falls instead of sending expectant mothers to Winnipeg.

Hopefully Dr. Ouillet will be successful in his campaign to require more accountability from health care bureaucrats.

The Tories should pick up on this. It sounds like an election winner.

More Questions for Jim Hayes

• It has been said that one of the reasons that the Blue Water Medical Centre had a waiting list was that they were not working on salary. Is this true?

• Why was an ambulance not stationed at Grand Marais last summer as promised?

• Where are you recruiting doctors?

• You said it's time that you be recognized as a leader in the community. What are your plans for this?

Letter to the Editor:

It's Time to Stand-up For our Hospital

Thank you Charles Norman and the Echo for putting out there what is happening to the Pine Falls Hospital. Since NEHA, our Hospital has been slowly downgraded and if we don't speak up I really feel we will have a Nurses Station here in-

stead of a Hospital.

My four children were born in this Hospital. Small operations were performed here. We had a thriving Hospital, with doctors that stayed in the area and raised their families here along with nurses who stayed in the area.

My question to Mr. Hayes is "Why is Pinawa Hospital being upgraded when they are closer to a big hospital in Beausejour, Concordia, Seven Oakes. Closer than people in Powerview/Pine Falls and surrounding areas?"

Since NEHA's inception,

Doctors and Nurses do not stay here very long. Why? When asked who your doctor is, we don't know, because we hardly get to know them and they move on to Alberta or other areas far away from NEHA.

Come on everyone in Powerview/Pine Falls and sur-

rounding areas that use the Pine Falls Hospital it is time to stand up for our Hospital before we lose it altogether, and if that happens, we will never get it back. You will then drive to Pinawa, Beausejour or even Winnipeg. POLITICS? Shirley Lavallee

PUBLISHER
Don Norman
EDITOR
Charles Norman
LAYOUT AND DESIGN
Don Norman
ADVERTISING DESIGN
Lori Pachkowsky

SALES
Della Vincent-Clark
CONTRIBUTORS
Charles Norman

SUBSCRIPTIONS
Local Rate: \$33.60
National & Urban Rate: \$44.80
Foreign Rate: \$112.50
Prices include GST & PST

2nd Class Mail # 1783687
(Postage paid in St. Georges, MB)

The **Echo**
Winnipeg River

Box 40, St. Georges, Manitoba R0E 1V0
Place McDougall, St. Georges
email: theecho@mts.net
Phone: 204-367-9488 • Fax: 204-367-9974

The Echo is an independent weekly newspaper published on Wednesdays in Pine Falls, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Wednesday's publication.

Comment



On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board



Liberals Need to Support Conservative Government's Legislation to Strengthen Canada's Justice System

Since taking office, our Conservative government has taken action to reform our criminal justice system. Our efforts are aimed at making our streets and communities safer, while ensuring the rights of victims come first, not the rights of criminals.

Our Government has:

- Passed into law the Tackling Violent Crime Act, comprehensive legislation that toughened sentencing and bail for those who commit serious gun crimes and better protects youth from sexual predators and society from dangerous offenders;
 - Passed legislation to increase penalties for those convicted of street racing;
 - Passed legislation to end conditional sentences, or house arrest, for serious personal injury offences, including sexual assault;
 - And we established the National Anti-Drug Strategy to curb illicit drug use in Canada.
- But there is more to be done. During the last session of Parliament, we introduced additional legislation to ensure our streets and com-

munities are safer.

We introduced legislation targeting gang violence and organized crime, making murders connected to organized crime automatically first-degree, regardless of intent. The Bill also targets drive-by and other reckless shootings and better addresses assaults against police and peace officers.

We introduced legislation to clearly limit the amount of credit that courts may grant to convicted criminals for the time they served in custody prior to their sentencing.

We introduced legislation to crack down on auto theft and property theft.

We've introduced legislation to modernize criminal procedure and make the justice system more efficient and effective.

We introduced legislation to repeal the "faint hope" clause. This would mean that criminals who commit first- or second-degree murder will no longer be able to apply for early parole.

We introduced legislation to further restrict the use of conditional sentencing for serious property and violent crime.

And we introduced legislation that will ensure law

A Faith Perspective: ✝

By Pastor Jake Doell

Mistakes

Mistakes, we all make them. Children as well as parents; students as well as teachers and parishioners as well as pastors. What always amazes me is that we expect them from others; but we surprise ourselves when we make them. Dentists can pull their mistakes, lawyers may put theirs away (literally), and carpenters may cover theirs up.

We all remember the famous Leaning Tower of Pisa in Italy. It has a 20 ft. lean to it because the designer only gave a ten foot deep foundation to a 179 ft. building.

Stephen Pile wrote the book: "The Incomplete Book of Failures." It includes a number of worst statements made:

- "Flight by machines heavier than air is impractical and insignificant.....utterly impossible." - Simon Newcomb (1835-1909)
- "We don't like their sound. Groups of guitars are on the way out." - Decca Recording Company when turning down the Beatles in 1962.

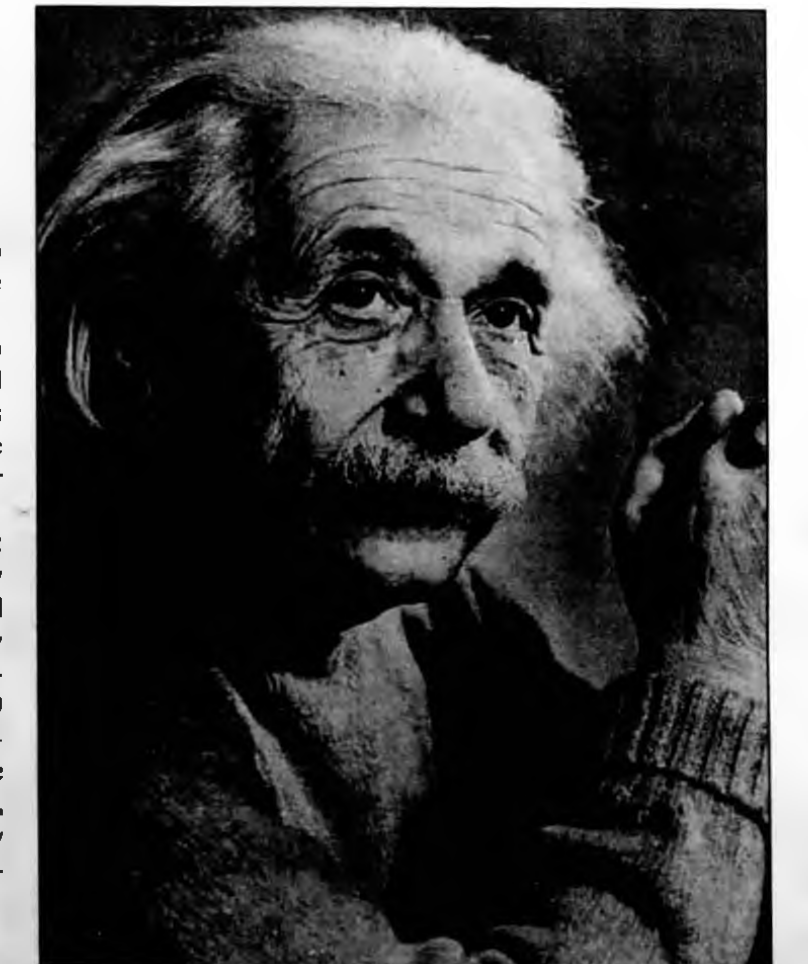
"You will never amount to much." A Munich school teacher to Albert Einstein aged ten.

I'm sure we could all write our own book of mistakes. Some of us could probably write a trilogy of books on that subject. I'm so glad that God has a perfect solution for all our mistakes.

We can bring our "leaning tower" failures and our imperfections to the only human being who ever lived a perfect life. He is willing to put them away from us into the deepest part of the ocean of His forgetfulness. If He can do that, it should encourage us to do the same for each other.

Jesus encouraged us with these words: "Why do you look at the speck of sawdust in the other person's eye and pay no attention to the plank in your own eye? How can you say to that person, 'Hey, let me take that speck out of your eye', if you fail to see the plank in your own eye? You hypocrite: first take the plank out of your own eye, then you will see clearly to remove the speck from your friend's eye." Luke 6:41&42

There is good news for all who have blown it. God is willing to give us a new start when we come to Him.



Community

by Laura Tuttle

At my age I should be cynical about the future. I am not. The children of our children are really quite terrific. They are smart and they are well taught. Ok, I confess that a couple of the children I'm about to tell you about are my grandchildren, so I may be a little biased. However, through them and their classmates, I see a wonderful future for East Beaches. I see smart young people with access to mountains of information and with acute reasoning skills and a certain mental dexterity that most of us never had the chance to exercise at their age. I believe they will take technology, creativeness and physical ability to the next level while honouring their elders as they mature.

I know that the children at Walter Whyte School are well monitored and more than just a good education is expected for each child who attends. With expectations high, the youngsters shine in very important areas of their development. A field trip, like the one my grade four granddaughter attended in Stonewall last week, gave her class a hands-on opportunity to understand basic science and to witness history. The children were sent on a search of fossils that are unique to this limestone

quarry and what was once Lake Agassiz. They were instructed to find several different varieties of ancient aquatic life and then were asked to categorize them and from that learn of their origin. That is living history and learning at it's finest. These are not lessons the children will forget.

Walter Whyte School, on the edge of Hwy. 12 and just six kilometres from Grand Marais is the only school in East Beaches. We are a large catchment area with a small proportion of school aged children. This school educates from Kindergarten to Grade 9. Because it is a relatively small school it means that graduation from Walter Whyte is a big deal. For one thing, high school students must endure a daily bus ride of an hour or more each way, every day during the school year, in order to attend the Lord Selkirk Comprehensive High School (The Comp) in Selkirk. Both of the above schools are in the Lord Selkirk School Division.

Recently the grade 9 class along with their teachers, parents and nearly a hundred guests bid farewell to this first phase of their formal education which ends Tuesday, June 30th. The party was based on a Hawaiian theme and included decorations & food fitting of that tropical paradise.

Both students and teachers provided good entertainment in the form of skits, roasts and recognitions.

For exemplary study and participation during the 2008-09 class year, graduate Ashley Thomas received the Lord Selkirk School Division "Award of Excellence" plus earned "Honors with Distinction" for her grade average of 90% or better. Paige Schott won the Celebration of Life award and Bryanne Kent received the distinction of "Most Improved" student, the "Walter Whyte School Student of the Year" award plus one of two "Citizenship" awards given to the Grade 9 class. Kent and Schott along with five more of their peers, will have their names on the Honor Roll for grade averages of 80% or better. Joining them are Carly Ateah, Nathen Eyoifson, Hayley Paul, James Schneider and Jeremy Pachkowsky.

The Rotary Legion Camp awards were presented to Paige Thomas for her Band participation and to Alex Binner & Andrew Juvonen for their athletic participation. Paige Schott received the "Celebration of Life" award for her Grand 9 class. Jeremy Pachkowsky was a multiple winner and over the course of the evening received the "Rotary Citizenship Award", the "Kyle Recksiedler Memorial Award", as well as the award for best male "Athlete of the Year". Another triple prize winner was Female "Athlete of the Year", Hayley Paul who garnered a "Citizenship" award and also earned a \$50



cash prize from the Manitoba Metis Federation in the Grade 7 to 9 class category.

Prizes were awarded to the other grades Walter Whyte students who had proved their talents through the school year. Also banking in on a \$50. MMF prize were Richelle Recksiedler, in the Grade 4 to 6 group; and Timothy Juvonen from the Kindergarten to Grade 3 group. Citizenship awards were received by Ty Jonker, Liam Rupp, Jade Baxter, Timothy Juvonen, Alexandria Bodoano, Richelle Recksiedler, Sarah Schott, Paige Thomas and Taylor Recksiedler in their respective Kindergarten to Grade 8 classes.

Recognized for earning the "Most Improved" were: Kathleen & Maureen Henderson, Patrick Bodoano, Fergus Campbell, Loughlin McKay, Ivan Johansson,

Brandon Caron, Callum Scramstead, Sadie Joss and Alex Binner. Celebration of Life awards were presented to Allyson Stucky, Olivia Smith, Emery Anderson, Sandra Rondeau, Christopher Fontaine, Isabelle Russell, Rose Renchler, Ivy Clark and Rana Thomas.

In addition to these individual awards there were eleven Grade 5 students named to the Honor Roll for achieving an average of 80% or better. Likewise in Grade 6 there were ten students while in Grade 7 and Grade 8 there were eight students each. Their names will remain posted so that perhaps someday their own children may view their class records. If any of the names are spelled incorrectly, please accept my sincere apology along with my congratulations for work well done.

Beaches Service Directory

General Store
Saffie's GENERAL STORE
 ALBERT BEACH

Real Estate
QUINT PINES WINDOW CLEANING
 756-3868

Real Estate
EastShore Realty Inc.
 Cheryl Demidiuk Broker

Window Cleaning
QUINT PINES WINDOW CLEANING
 756-3868

GRAND BEACH & THE EAST BEACHES CELEBRATE CANADA DAY July 1st, 2009 & RM St. CLEMENTS 125th ANNIVERSARY
 Grand Marais Recreation Centre Grounds
 8pm - 11pm, ACTIVITIES - Opening Ceremonies 9:00pm
 Birthday Cake & Family Entertainment
 11:00pm FIREWORKS
 Awesome Disply by Big Top Fireworks
ALL WELCOME - FREE ADMISSION
 Events Sponsored by: The Grand Beach & Area Development Corporation with Assistance from the Federal Department of Canadian Heritage, R.M. Of St. Clements, Local Businesses & Organizations, Cottage Associations and Individuals

Summer Kicks Off at Wings of Power

By Debbie Lackman

Friday, June 12 was the official kick off to summer at Wings of Power Family/Community Resource Center in Pine Falls. The weather may not have been able to decide what it wanted to do, but the families and community members were there for a great time regardless of rain or sun. With only a quick thundershower passing over, the day was enjoyed inside and out. Nothing could dampen the spirits of the people or the animals. The "open house" was celebrated with a visit by "Shelley's Traveling Petting Farm" from Selkirk. "Northern Lights Gospel" group from the Hollow Water/Manitogagan, fun activities for the children and a barbecued hot dog sale. With over 60 families (& 60

children) in attendance, this day was a huge success!

Shelley's Traveling Petting Farm set up right in the yard with everything from mice to a goat and a calf. If you ever wanted to touch a hedgehog, cuddle a rabbit, honk with a goose, kiss a pig, or chase hens, this was your day to do it. This hands-on, interactive animal farm was your chance to get close and personal with all the "creatures."

Inside, there was a sale featuring new clothes for only \$1.00, face painting for the children, and all kinds of activities. If this wasn't enough, the awesome sounds of gospel music could be heard courtesy of the Northern Lights Gospel group. Their "down home" sound and lively singing style was just what one need-



Community Members enjoy the petting zoo at the Wings of Power Open House



ed to get the toes tapping. With a keyboard, guitar, drums and more, these singers were well accompanied. It was a definite treat to shop to the sounds of the live music and brought the spirit of the day inside.

Through the generosity of CK Sausage in Lac du Bonnet and Hometown Sausage in St. Georges, quality wieners were served up vendor style. Everyone loves a great grilled hot dog in summer, and these were no exception. Every tasty

bite had them coming back for more. A refreshing glass of juice, milk or cold water was the perfect accompaniment when the sun came back out.

Whether you were there

for the animals, music, sale or food, a great time was had by all! Wings of Power is thankful for everyone who attended and hopes to see you all at the next special event!

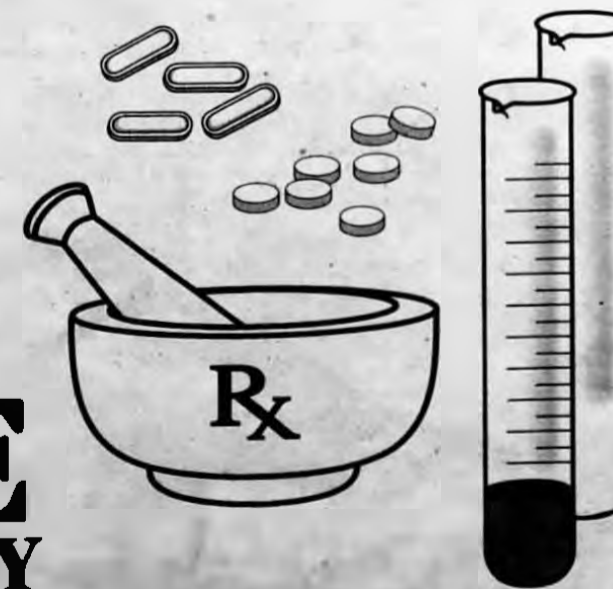


Northern Lights Gospel Group



TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts



PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m. — DISPENSARY
 367-2611 367-2517

Nature

The Piping Plover

The Piping Plover is a small shorebird that nests along sandy beaches. In Manitoba, they nest on broad beaches along Lake Winnipeg, Lake Manitoba, and occasionally at other inland lakes.

Piping plovers have a sand-coloured back, single black chest band, orange legs and an orange beak with a black tip. They are frequently confused with Killdeers - which are larger, much more common, and have two distinct chest bands.

Over the last decade Manitoba's Piping Plover populations have plummeted - with only a total of nine birds detected both in 2008 and 2009. Piping plovers are endangered both at the national and provincial level - and are currently the most endangered bird in Manitoba. There are many limiting factors to their success including - loss of habitat (rising water levels and encroachment of vegetation into once suitable habitat), human disturbance on beaches (including ATV activity and dogs on beach), and many natural predators like skunks, foxes, raccoons, and seagulls to name a few.

This year - we have six Piping plovers at Grand Beach and two birds at Gimli Beach. This is the first time a nest has ever been recorded at Gimli beach! The Gimli

birds were the first to nest and laid their final (fourth) egg on June 1. Their much anticipated chicks are due to arrive June 25-28 (based on a 25-28 day incubation period). Two of the pairs have been nested at Grand Beach - one by "the channel" and one in "Parking lot #5". The channel birds are incubating 4 eggs and the parking lot pair are incubating 3 eggs. We are anticipating hatching for both nests early July (Channel - June 28-July 1, P5 - July 1-3). Our final pair did initiate a nest and abandoned the nest with one egg due to unknown reasons. We are hoping they will re-nest, as this is a common occurrence when a first nest fails, however we have not witnessed any nesting activity with this pair at this time.

The nesting season for Piping plovers is relatively short and is a crucial time for their species success. We hope to encourage people using the beaches at Grand Beach and Gimli beach to respect signs and fenced off enclosures where the birds are nesting and to also please refrain from walking dogs along the shoreline - both Grand Beach and Gimli beach do not allow dogs on the beach however they do provide alternative walking areas like "the lagoon" at Grand Beach and "the boardwalk" at Gimli beach.



Piping Plover photographed by Geoff Smith

In 2002, the Piping Plover Recovery Program began at Grand Beach Provincial Park to help protect nesting Piping plovers and promote public awareness on the plight of the species. The recovery program is funded by the Habitat Stewardship Program (Federal) and the Special Conservation Fund (Provincial). Recovery efforts include installing protective enclosures around nests and nesting sites, increased signage, active management and monitoring of nests and Piping Plover family groups, and public education through presentations, interpretive programs, and on-site recovery staff and volunteers. Over the past seven years, great success has been recorded in Manitoba directly related to the success of recovery team efforts. In 2006, a record of 13 young Piping plovers successfully fledged from Grand Beach (13 chicks from 4

pairs). This is a total of 3.25 chicks per nesting pair which is well above the national goal of 1.25 listed outlined in the Species at Risk Act (SARA). Also - 2008 marked the first year of 100% chick survival rate in Manitoba with all 8 hatchlings surviving through to fledging (to flight). These great success stories would not be possible without the continued support of the recovery program, park staff, and most importantly dedicated volunteers.

Beginning on the first day of hatching an intensive monitoring schedule begins for the recovery staff. From the hours of 0530-21:30 the family groups are monitored. Human traffic is extremely high at both Grand Beach and Gimli during July, especially on weekends. Due to limited recovery staff resources, volunteers are needed to help monitor the birds during the especially

busy daytime hours (9am to 5pm). Volunteer Guardians assist in recovery by helping to protect Piping Plover nests and chicks from human disturbance. Guardians also play a critical role by educating the public, and by observing and reporting on Piping Plover behaviour. It's definitely a rewarding way to spend a day at the beach!

We are recruiting guardians on an ongoing basis - to become a Volunteer Guardian please contact the Program Coordinator: Alex Froese @ 945-6817 or by email Alex.Froese@gov.mb.ca. To learn more about Manitoba Piping plovers please see our website at www.gov.mb.ca/conservation/wildlife

There will be a presentation held at the Victoria Beach Club House on Thursday, June 25, 2009 from 3pm - 5pm about the Piping Plover Recovery Program. Entrance is Free!



Piping Plover photographed by Denis Swazey

PUBLIC NOTICE

is hereby given that the Town of Powerview - Pine Falls intends to conduct mosquito fogging every Thursday night weather permitting beginning July 2nd if nuisance levels are noticeable.

For residents requesting non-spray areas, as per article 10 of the Pesticide Use Permit, "the applicator shall compile a list of residents who register, in writing, their objections to mosquito adulticiding and turn off the equipment 100 meters on either side of the object's property, front, side, & rear". Please submit written objections to:

Town of Powerview Pine Falls
277B Main Street
Box 220
Powerview, MB R0E 1P0

Pesticide Use Permit #2009165



TOWN OF
POWVIEW-PINE FALLS
P.O. Box 220, Powerview, MB R0E 1P0
www.powview-pinefalls.com info@powview-pinefalls.com
Telephone: 204-367-8483 Fax: 204-367-4747

News

Natural Resources Training Program for Region's Youth



Manitoba Model Forest Junior Ranger Program Participants

The Manitoba Model Forest is gearing up for another summer of offering its popular Junior Ranger Program. "The Junior Ranger Program offers a unique opportunity for youth in grades 10 to 12 to gain valuable experience and training in a variety of skills needed to gain employment in the natural resources sector" indicates Manitoba Model Forest General Manager, Dr. Brian Kotak.

Potential employers such as Manitoba Conservation, Tembec, Manitoba Hydro, university researchers and environmental consulting firms are looking for employees that come with a certain skill set, and often times it is difficult for youth to gain these skills. The Model Forest runs the Junior Ranger program at the Shoe Lake Fire Fighting Training Facility (in Nopiming Provincial Park). The train-

ing facility, owned by Manitoba Conservation, is being provided to the Model Forest free of charge, as an in-kind contribution to the program.

Bob Austman, the Manitoba Model Forest Education Coordinator, is in charge of the Junior Ranger program including the arrangements for all of the training components. "The students not only acquire important skills, but the program allows gives them a chance to get a taste of what it is like working in the natural resources field and to challenge themselves and learn a little about their strengths and weaknesses" says Austman. Students participate in a wide diversity of training courses including first aid, boater safety, ATV safety, GPS and orienteering, fire fighting, chainsaw safety, firearm and hunter safety, trapper education and tree

planting and forestry surveying. The students walk away from the program with a host of provincially and federally-accredited training certificates. The students also learn about non-timber forest products, caribou management, and have time for canoeing, hiking and tours to local sawmills, a Manitoba Hydro generating station and the Tembec mill waste water treatment plant. Students also gain a deeper appreciation of First Nation culture through campfire talks provided by Hollow Water First Nation Elder Gary Raven.

The Junior Ranger program is offered twice during the summer. The first session runs from July 11 to 30, and the second session from August 8 to 27. Each session winds up with a graduation ceremony at Brokenhead Ojibway Nation. The program is open to youth (male and female) in grades 10 to

12, from the Model Forest region (roughly from Pinawa across to Brokenhead First Nation and north to Hollow Water First Nation). There is room for a total of 16 students in each program. "Through the generous financial contributions of Natural Resources Canada-Canadian Forest Service, Manitoba Conservation, Tembec, Manitoba Hydro and Louisiana Pacific, we are able to offer the Junior Ranger program at no costs to the students" says Dr. Kotak. "If we ran the program on a cost-recovery basis, the cost to each student would be approximately \$3,500". The Model Forest looks after all transportation, accommodations, meals, and instructor costs.

For more information, contact the Model Forest office at 367-5232 or Bob Austman at (204) 268-1140.

Freedom and the human soul

By Wally Daudrich contestant for the Churchill Conservative Party

There are good things that we all need such as love, caring and kindness. Have you thought that there are also bad things that the human soul needs to prosper. While many have these positive enforcements in our lives there are also negative enforcements, challenges that our souls need to thrive. Challenges that have been forgotten in modern debate.

I recall a teaching moment that occurred with my daughter last summer. My 11 year old needed gas for her ATV. After fueling my daughters ATV from my bulk tank and with two friends watching, she proceeded to give me two dollars in change for the one litre of gas purchased from her dad. Her friends while watching in dismay said "your dad charges you for gas?" My daughter without a second of thought said "of course, I pay my own way". As a loving father I try to provide what a father should provide, but I also try to teach my children that even if I have an obligation to provide for my family this obligation runs both ways as my children are expected to help when asked. My daughter knows that even if I owe her basic things that she needs in her life, I would be wrong to teach her that things come to her because she is entitled to them.

Several generations ago the Canadian government and our first nation's people signed several significant legal agreements. The agreements provide certain trade offs. Today's NDP wants government to take the role of provider. Jack Layton and others of this cradle to grave mindset want to use your money so government can provide everything. While this seems nice, what these people have actually accomplished is to promote what I call Soul Rot. A phrase coined by a friend from Garden Hill MB, which he uses to describe the government intervention in first Nations reserve life and in general what NDP have promoted in the rest of Canada for decades.

At my moose camp each fall I find a lot of fresh Poplar and Willow growth on the flood plain which gets flattened each year by river ice from the spring flood. You would think these bushes would die because of the repeated damage to them. But these bushes thrive from this repeated damage to them. Much like a fruit tree that is pruned, by cutting off branches. The size and amount of fruit increases dramatically and Moose love these leafy pruned plants. So it is with the

human soul. Something that has been forgotten in politics is that people need to be challenged in life, whether physically or emotionally. Without this natural challenge from a harsh and sometimes unforgiving world the human soul dries up and life loses much of its meaning. The NDP cradle to grave welfare state kills the soul of people.

Even drug dealers who have grown up in the NDP dream world in northern reserve communities, in some strange way enjoy some freedoms that others on reserve don't have. They may have lost their conscience yes, and selling drugs to our children is a despicable thing which should earn them hard time in jail, but even these people who have broken our laws yearn to own business and a home in our northern reserve communities. INAC has made a system that is confusing and mediocre because of restrictions to private property, home ownership, equity loans, and other such advantages that mainstream society offers but are not available to young native people. Challenges which would naturally harm and then strengthen our young people have been taken away, because government provides for all. Can you imagine a student who is guaranteed to pass each grade. Soul Rot provides equal opportunity to all. Mainstream suburbanites who spoil their kids and protect them from hard choices of life are the same on the inside.

I recall years ago when Alexa McDonough then leader of the NDP while in debate mentioned to her audience that "We are for poor children, especially the hungry ones". I thought maybe I am not that smart but who in their right mind would be against poor children, especially the hungry ones. But because the NDP/liberals can not win a debate in the arena of ideas they focus on feelings because they are short on facts. Any good parent will tell you that there are some things taught that can not be seen that are more important than food and clothes.

As a possible Conservative Party candidate my aim is to get to the truth and get real change that will help people. I will expose the Soul Rot policies of the NDP and Liberals that would steal the dignity of Northern Manitobans. To promote smaller government and greater personal freedom. Government should not be subsidizing neo occasions. The mission to tax springs with it a chance to succeed. Home and private property ownership would bring hope and stability to our Aboriginal communities as it does elsewhere. I would promote the abolition of INAC and bring Native self government which is representative and fair to all. I will stand against the political correctness crowd who would use



name calling and accusations of racism instead of dealing with reality.

Please support Wally Daudrich for Conservative Candidate.

- The first candidate since Cecil Smith to take his campaign to 90% of reserves in the 2008 election.
- A candidate that has election experience and can win against the leftists when the next election is called.
- A candidate who doubled the Conservative vote percentage.

The election raised record finances from Conservatives and together with the experience gathered in the last election we can expose the soul rot of the NDP/Liberal parties and win this riding. Wally has lived in the North most of his life, born here in Manitoba, his wife Dawn and their 5 children ages 1 thru 12 operate the Lazy Bear Lodge in Churchill. www.lazybearlodge.com Lazy Bear Lodge is also on facebook.

To support Wally Daudrich in the Conservative Party nomination please call (204) 675-2988 or go to www.conservative.ca and become a member of the Conservative Party ASAP so you can vote for Wally. Deadline for voter memberships is June 26.

Community

Health Corner

Ask your Primary Health Care Provider

Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre; phone: 345-8647; or Email corvis@neha.mb.ca. For more health information, Please, visit the NEHA website: www.neha.mb.ca.

Lyme disease

Lyme disease is an illness caused by the bacterium, *Borrelia burgdorferi*, which can be spread through the bite of the blacklegged tick, better known as the deer tick. The bacterium that causes Lyme disease is normally carried in mice, squirrels, birds and other small animals. This bacterium is transmitted to ticks when they feed on these infected animals and then to humans through the bites of the infected ticks. Although, dogs and cats can contract Lyme disease, there is no evidence that they can transmit the infection directly to humans. Pets can, however, carry infected ticks into your home or yard.

Though closely related to insects, ticks are actually a type of mite. Ticks vary in size and color; blacklegged ticks are very small. Before feeding, adult females are approximately 3-5 mm in length and red and dark brown color; following a blood-meal, females can be as large as a grape. In the pre-adult stages, young ticks

are smaller and lighter in color, when unfed. Ticks are usually picked up when brushing against vegetation and once on bare skin they attach by their mouth parts. The risk of contact with ticks begins in early spring when the weather warms up and lasts through to the end of fall. Research has shown that blacklegged ticks can be found in all areas of Canada. It is presumed that these ticks are introduced into these areas by migratory birds. About 10% of these ticks are infected with the Lyme disease agent.

Although the symptoms and health effects will vary from one person to the next, Lyme disease is often described in three stages. The first sign of infection is often a circular rash. This rash occurs in about 70-80% of infected people and begins at the site of the tick bite after a delay of three days to one month. Additional symptoms may include fatigue, chills, fever, headache, muscle and joint pain and swollen lymph nodes. If untreated, the dis-

ease progresses into the second stage which can last several months. Symptoms of this stage include migraines, weakness, multiple skin rashes, painful or stiff joints, abnormal heartbeat and extreme fatigue. If the disease continues to progress, the third stage of Lyme disease can include symptoms such as chronic arthritis and neurological symptoms, including headaches, dizziness, numbness and paralysis.

Fatalities from Lyme disease are rare. However, if contracted during pregnancy, Lyme disease can pose serious health risks to the baby, including stillbirth. Lyme disease can be treated effectively with antibiotics. A full recovery is more likely when treatment begins in the early stages of the disease. Undiagnosed Lyme disease may develop into chronic illness that can be difficult to treat.

To minimize your risk of exposure to Lyme disease, find out from your local public health office if there are ticks in your area, especially blacklegged ticks. If you are going to spend time outdoors in wooded areas, or tall grass that may be tick-infested:

- Wear light-colored, long-sleeved shirts and pants. The light colors will help you see whether there are any ticks on you. Tuck your shirt into your pants and pull socks up over your pant legs. This will keep ticks away from your bare skin.
- Wear shoes that cover your entire foot. Avoid sandals or open shoes.
- Spray clothing and exposed skin with an insect repellent that contains DEET. Read and follow the manufacturer's directions for safe use.
- After finishing your outdoor activity, check your clothing and your entire body for any attached ticks.

If you find a tick attached to your skin:

- Use tweezers to remove it. Grasp the tick's head and mouth parts as close to your skin as possible and pull slowly until the tick is removed. Be careful not to twist, rotate or crush the tick during removal.
 - Once you have removed the tick, use soap and water to wash the spot where you had been bitten. You may also disinfect the bite area with alcohol or household disinfectant.
 - Try to save the tick in an empty pill vial or a double zip-locked bag. If you develop any symptoms of Lyme disease, the tick can be sent to a laboratory for identification and this may help diagnose your illness. It may also help public health workers identify areas of higher risk for Lyme disease.
 - Contact your health care provider right away if you develop a rash or any other symptoms of Lyme disease.
- Submitted by: Laura Gmiterek Source: Health Canada

UNDER THE MUNICIPAL ACT NOTICE OF PUBLIC HEARING REGARDING BY-LAW 01/09

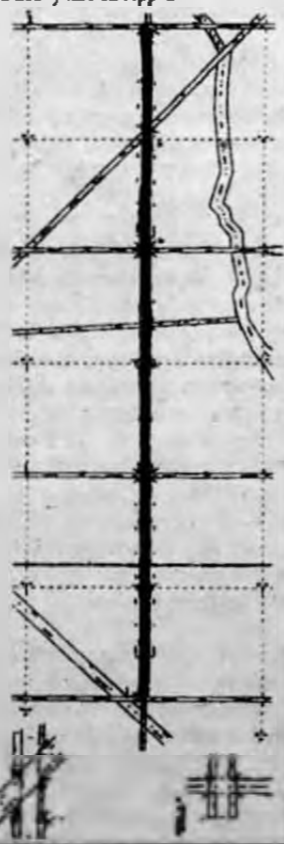
THE RURAL MUNICIPALITY OF ALEXANDER

TAKE NOTICE that the Rural Municipality of Alexander has proposed a by-law providing for the closing of portions of the following Municipal Roads:

1. The portions of municipal roads located on the Stead area described as follows are hereby closed:

ALL THOSE PORTIONS OF THE GOVERNMENT ROAD ALLOWANCES LYING BETWEEN SECTIONS 31 AND 32 TOWNSHIP 17 RANGE 9 EPM AND SECTIONS 5 AND 8 AND SECTIONS 6 AND 7 TOWNSHIP 18 RANGE 9 EPM CONTAINED WITHIN THE LIMITS OF PARCELS A ON A PLAN PREPARED BY ALBERT GERHARD DEGENER OF THE CITY OF WINNIPEG, MANITOBA LAND SURVEYOR AND SWORN TO BY HIM ON THE 9th DAY OF SEPTEMBER, 2008 PLAN NO. _____ (WLTO DEPOSIT NO 2372008).

as shown outlined by a heavy line on Appendix "A" below



A copy of the above By-law of the Rural Municipality of Alexander and supporting material may be inspected by any person during regular office hours at the office of the Municipality at St. Georges, Manitoba.

The Council of the Municipality will hold a PUBLIC HEARING at the office of the Municipality at St. Georges, Manitoba on July 14th, 2009, at 11:00 a.m. to hear in person or by agent any person who claims that his land will be prejudicially affected by the by-law and who applies to be heard.

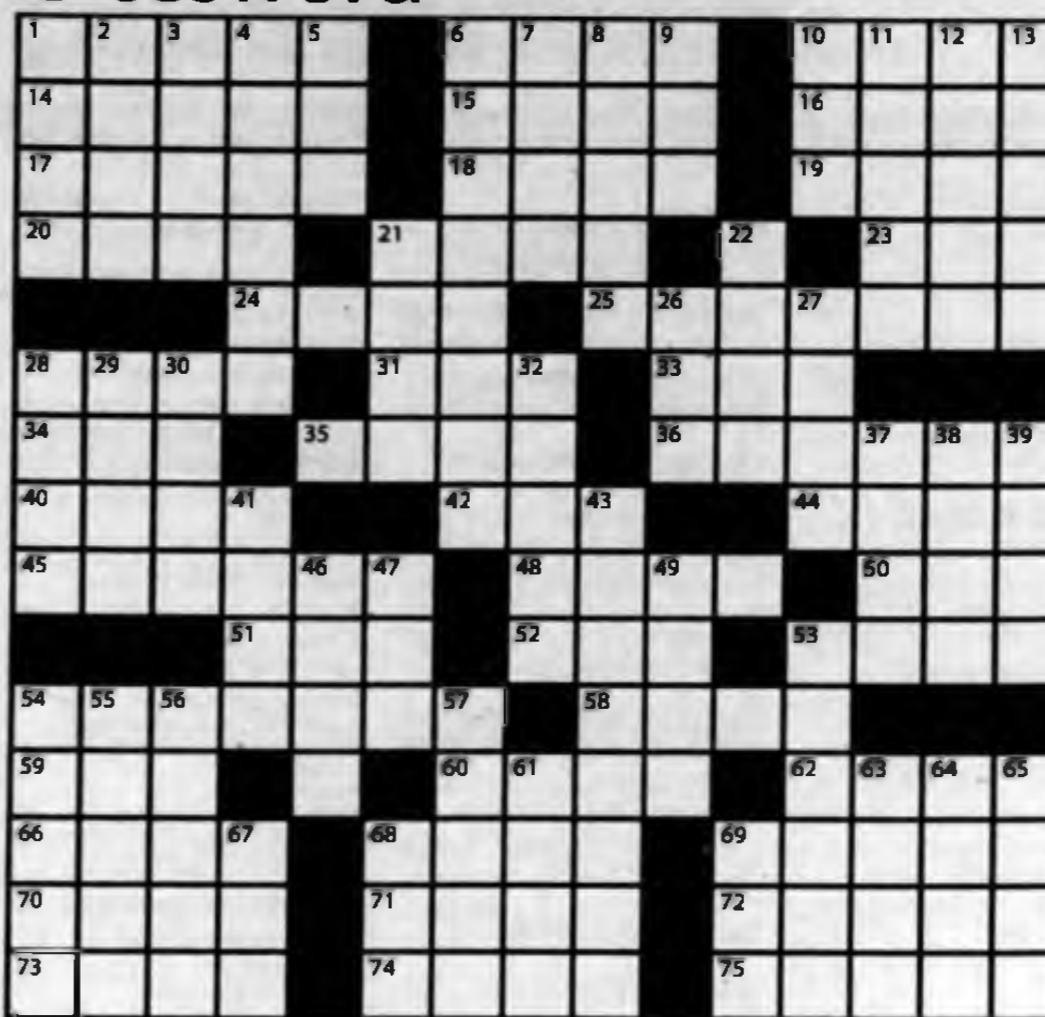
DATED at St. Georges, Manitoba this 3rd day of June, 2009.

Margaret Benzamp, C.M.M.A.
Chief Administrative Officer



Adult Deer Tick

Crossword



Copyright © PuzPuz Puzzles 2008

- | | | |
|--------------------|----------------------------|-------------------|
| Across | 20. "Gee whillikers!" | 36. Alternative |
| 1. Cut corners | 21. Heroic poem | 40. Matured |
| 6. 100-meter, e.g. | 23. "The loneliest number" | 42. Gratuity |
| 10. Lean | 24. Cab | 44. Border |
| 14. Shinbone | 25. Modern sing-along | 45. Give up |
| 15. Get ___ shape | 28. Impose, as a tax | 48. Sleigh |
| 16. Eye amorously | 31. ___ de Triomphe | 50. Before |
| 17. True up | 33. Martini ingredient | 51. Lingerie item |
| 18. "Halt!" | 34. Miner's find | 52. Chum |
| 19. Radar image | 35. Arab ruler | 53. Secondhand |

- | | |
|--------------------------|-------------------------------|
| 54. Throw away (hyph) | 21. Test |
| 58. Diplomacy | 22. Misstep |
| 59. Skirt's edge | 26. In the past |
| 60. Butcher's cut | 27. Wager |
| 62. ___ liquor | 28. Bread shape |
| 66. Length x width | 29. Consequently |
| 68. Make, as money | 30. Turn sharply |
| 69. Salk's conquest | 32. Brittle |
| 70. River deposit | 37. 15th of March |
| 71. In ___ of | 38. Shrek, e.g. |
| 72. Liability's opposite | 39. Requirement |
| 73. Administer | 41. Money owed |
| 74. Gift tag word | 43. Precious metallic element |
| 75. Pit | 46. Develop |
- Down
- | | |
|--------------------------|------------------------|
| 1. Doe's mate | 47. LummoX |
| 2. Metric weight | 49. Flair |
| 3. Wading bird | 53. Extreme |
| 4. Powerful | 54. Gorge |
| 5. Cooking vessel | 55. Cliffside dwelling |
| 6. Demoralize | 56. Refine, as metal |
| 7. Against | 57. Pizazz |
| 8. Inventory | 61. Chocolate cookie |
| 9. Short flight | 63. In addition |
| 10. Slow pitch | 64. Bank claim |
| 11. Ice hut | 65. Carry |
| 12. Move furtively | 67. Dined |
| 13. Native American tent | 68. Pixie |
| | 69. Ballet step |

Last Week's Answers



CRYPTIC PUZZLE



HT STX ZEMX JTV QIEHIVW;
HT MX EQTSI, UIVWTS XT UIVWTS -
RTXLIV XVIWE

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

Last Week's Solution

THE BEST THINGS IN LIFE ARE NOT THINGS

- ART BUCHWALD

Weekly Horoscopes

June 25 - July 1

ARIES (Mar. 21 - April 20) You'll be able to discuss your ambitions with your mate. Direct your energy into physical exertion. Residential moves will be favorable. Moves will be hectic but favorable in the end. Dig deep, ferret out any hidden concerns be fore you sign your life away.

TAURUS (Apr. 21 - May 21) Your charm will mesmerize members of the opposite sex this week. You must be careful not to ignore the needs of the youngsters in your family. You will need a little competition this week. Get involved in activities that will stretch your stamina. Moves will be hectic but favorable in the end.

GEMINI (May 22 - June 21) Try to curb your bad habits. Your pursuits may end up being fruitless. You may want to clear the air where older relatives are concerned. Help children with important projects.

CANCER (June 22 - July 22) Don't make unreasonable promises. Be sure to organize events that will keep the children busy. Your self esteem will come back if you take part in organizational functions that allow you to be in the lime light. Spend a quiet day with the one you love.

LEO (July 23 - Aug 22) Chances to express your ideas and beliefs can bring popularity as long as you're not arrogant. Your high energy must be directed into productive goals, or frustrations will occur. Try not to get into disputes that will lead to estrangement's. Don't let coworkers get wind of your ideas or they might try to take credit for your hard work.

VIRGO (Aug. 23 - Sept. 23) You will be uncertain of your feelings. Take a break; you can finally mend any disputes on the home front. You may have a problem dealing with elders. Avoid any intimate involvement's with coworkers or employers.

LIBRA (Sept. 24 - Oct. 23) It's time to reconnect with some of the people you used to know. Travel for business purposes may bring the highest returns. Others may want to steal your thunder when they realize your ideas are pretty solid. Refrain from arguing with your mate.

SCORPIO (Oct. 24 - Nov. 22) Take care of the needs of elders in your family. Finish off old projects before starting something new. Don't exhaust yourself or minor health problems will set in. Get involved in worthwhile endeavors and meet new friends.

SAGITARIUS (Nov. 23 - Dec 21) Your ability to visualize will help you convince others of the possibilities. Don't try to hide your true feelings from your mate. Try not to lend or borrow money or belongings this week. Opportunities to make financial gains will develop through your connections with other people.

CAPRICORN (Dec 22 - Jan. 20) Don't trust others with private information that could be used against you. False information from someone trying to start problems is likely. Don't cause a scene, but when you get home let your partner know how you feel and why. You can come up with ways of earning extra cash.

AQUARIUS (Jan. 21 - Feb. 19) Do not yield to children or relatives when they really don't deserve it. If you haven't planned a vacation, then at least try to get away for the weekend. Your ability to do detailed work will dazzle those who are less creative. You are ahead of your time, and trying to stay in one spot could be asking too much.

PISCES (Feb 20 - Mar 20) Avoid wrong doings, joint ventures and steer clear of groups that want you to contribute financial assistance. Make changes to enhance your appearance and entice potential partners. Dead end projects could plague you.

RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

EXERCISE PROGRAMS

Body Sculpture
Walter Whyte School, Grand Marais
Instructor: Natasha Joy
Classes to resume in September
For more info contact Natasha 756-3868
or email inatasha@mts.net

Family & Beginners Fitness
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

Strength For Seniors
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September

Total Body Workout
St. Georges School Gym
Monday & Wednesdays
7:00 PM - 8:30 PM
Thursdays 7:00 - 8:00 PM
Instructors: Nick Bonekamp & Paul Roberts
\$20.00 per month/ Family plans available
Kickboxing, Stretching, Skipping, Rubber Bands, Circuits & Felt Pads
Loose Weight & Feel Great!
Contact Nick 367-2702 or Paul 367-8018

Rise & Shine Fitness Class
Powerview-Pine Falls
Instructor: Kim Bonekamp
Classes to resume in September
For more info contact Kim Bonekamp 367-2107
or email kbonekamp@hotmail.com

Seniors Exercise
Golden Leisure Club, Pine Falls
Every Mon, Wed, Thurs & Fri
10:15 - 10:45

Rivers North Fitness Coop
\$100.00 membership
\$250.00 annual user fee with membership
\$300.00 annual user fee without membership
For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

SUMMER ACTIVITIES

Golf
Pine Falls Golf Course
Ladies Night
Every Wednesday
Tee off 5:30 PM
9 holes
Pre-registration call 367-8463
Men's Night
Every Thursday
Shot Gun at 5:00 PM
18 Holes
Pre-registration call 367-8463
Seniors Day
Every Friday
Tee off at 9:00 AM
9 holes
Grand Pines Golf Course
Ladies Golf Clinic
Every Wednesday in June
5:30 PM
\$10.00 per week
Kids Golf Free
Every evening starting 6:00 PM
Includes 9 holes
Parental approval for under 12
Family & Couples Night
Every evening starting 6:00 PM
\$10.00 for 9 holes

Mixed Fun Golf
Every Tuesday evening starting
6:00 PM
9 Hole Scramble
Prizes every week

Softball
\$10.00 per child
Starting the week of June 22 -
July 23
Level 1: Ages 5 & 6
Thursday evening @ 6:30 PM
Industrial Park Diamond,
Powerview
Level 2: Ages 7 & 8
Wednesday evenings @ 6:30
PM
Industrial Park Diamond,
Powerview
Youth ages 9 - 14
Monday evenings @ 7:00 PM
Tasty Treats Diamond,
Powerview
Bring your own glove, hat &
water
The Parmalat Learn to Play
Program Level 1 & 2 is
designed to be a young person's
introduction to the sport of soft-
ball. The emphasis is on Fun,
Action and a Positive
Atmosphere with a gradual
introduction to non-stressful
competition.
To register contact Lori at
Pineview Rec Office 367-9142

PHat Camp
Physical Arts Training Camp
Programs for children & youth
ages 6+
Victoria Beach: July 27-31
Before July 1 \$100/After July 1
\$125
Powerview- Pine Falls:
August 10-14
Before July 20 \$100/After July 20
\$125
This year's theme is Way of the
Young Legends.
Programs include: Phat School
Musical, Hip Hop,
Music Video, Cheer, Boat
Camp, Film Making and more.
Teen & Adult Workshops
New for this year for Tues &
Thurs Evening
Hip Hop Dance @ Victoria
Beach Sport Club
Before July 1 \$25/After July 1
\$30
Salsa Dance @ Powerview
School
Before July 20 \$25/After July 20
\$30
Camp registration forms avail-
able @
Pineview Rec Office 367-9142

Hop n Bop Program
Ages 3-5
Victoria Beach: July 27-31
Before July 1 \$30/After July 1
\$40
Powerview-Pine Falls: August
10-14
Before July 20 \$30/After July 20
\$40
Monday - Friday 10:00AM -
10:45AM
Funky, fun, energetic class ideal
for both boys & girls. The class
is designed with creative & fun
elements teaching kids a better
sense of body awareness, coordi-
nation, memory and rhythm
using a wide range of both pop-
ular and world music.
Camp registration forms are
available @ Pineview Rec
Office 367-9142

Pine Falls Swimming Program
Session 1: July 6-17
Session 2: July 20-31
Session 3: August 3-14
Duck (Parent & Child Program),
Sea Turtle, Salamander,
Sunfish,
Red Cross Levels 1-10
For registration and fees contact
Rec Office 367-9142

CHILDREN & TEENS
Junior Golf Lessons
Pine Falls Golf Course
Every Wednesday
6:00 PM
Free of charge
For more info contact Glen
Hiebert 367-8982 or
Pine Falls Golf Course 367-
8463

Junior Golf Clinic
Grand Pines Golf Course
Wednesdays for month of June
\$10.00 per class
Junior golf clubs available if
required

Hip Hop & Jazz Dance
Register now for July/August
Session
Golden Leisure Centre
Tuesday's
Instructor: Alisha Carlson
Kids Program Ages 3-4 \$25.00
Kids Program Ages 5-7 \$25.00
Kids Program Ages 9-11
\$35.00
Adult Program \$35.00
Registration night Monday June
22
At the Pineview Rec Office
For registration & fees contact
367-9142

SENIORS
Pole Walking
Senior Scene, Victoria Beach
Monday, Wednesday & Friday
9:00 AM
For beginners, intermediate and
high speed walkers.
Coffee is available after the
walk.

GOLDEN LEISURE CLUB
PINE FALLS
For Adults & Seniors 45+
Canasta
Wednesday & Friday's
1:00 PM
Cribbage
Every first Monday of the
month
1:00 PM
Bridge
Every Monday & Thursday
7:00 PM
Exercise
Every Monday, Wednesday &
Friday
10:15 - 10:45 AM

SENIORS SCENE
VICTORIA BEACH
For Adults & Seniors
Yoga
Every Monday @ 3:00 PM
Advance Line Dancing
Every Tuesday @ 10:00 AM
Cribbage
Every Tuesday @ 7:00 PM
Stained Glass & Ceramics
Every Tuesday @ 9:30 AM
Square Dancing
Every Tuesday @ 3:00 PM
Quilting
Every Tuesday @ 10:00 AM -

3:00 PM
www.seniorsceneinc.com

FESTIVALS & EVENTS

Welcome to Summer Tea
Senior Scene, Victoria Beach
June 20th from 1:00 - 3:00 PM
Includes bake sale, treasure
table, silent auction,
Raffle & 50/50.

PT Cup Golf Tournament
Pine Falls Golf Course
Saturday June 20th
12:00 Shot Gun
For registration call 367-2261

Fish Fry
Victoria Beach Sports Field,
Hwy 59
Saturday, June 27th
4:00 - 9:00 PM
Hosted by VB Sports Club &
Volunteer Fire Department
For more info contact Laurie
Danwich 756-2665

Canada Day Celebrations
Pool Party
Wednesday July 1st
Pine Falls Pool
BBQ, Games & Pool Activities
Canada Day Festivities
Grand Marais Rec Hall
Wednesday, July 1st
9:00 AM - 1:00 PM Flea
Market
8:00 PM Entertainment &
Greetings
11:00 Fireworks
For more info contact Jean 754-
3989

Vacation Bible School
Notre Dame du Laus
(Powerview)
Catholic Church Basement
July 13-17
Cost: \$20.00
Pre-register by June 30th with
Michelle Kotak
367-2700 or 367-2753
Cool Kingdom Party Vacation
Bible School includes games,
Prizes, snack, crafts, faith & lots
of fun.

**3rd Annual Beaches 1/2
Marathon &
1/4 Marathon**
July 25th
Located in Hillside Beach start-
ing at 8:00 AM

For more info contact 756-3868
Email: inatasha@mts.net
Register online:
www.events.runningroom.com

Festival Chateaugay
July 17, 18 & 19, 2009
Weekend celebration of culture,
music, food, children's
activities, fishing tournament,
sand castle building and
great family fun.
For more info contact Diane
367-9970

**Summer Winds Music
Festival**
Victoria Beach Sports Field
July 24 & 25, 2009
Music, children's activities,
great food & beer gardens.
3rd Annual advance tickets are
available.
Visit www.summerwindsmu-
sicfestival.com

Picnic In The Park
Village Green, Pine Falls
Friday, August 7th
Noon - 4:00 PM
Bike Parade & Rodeo, Chronic
Disease Prevention,
Entertainment,
Helmet & Bike Safety, BBQ &
more.

PUBLIC LIBRARIES
**Bibliothèque Allard Regional
Library**
St. Georges
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00
PM - 8:00 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

Beaches Library
Located in Walter Whyte
School 754-4007
Operation Hours
Tuesday 9:00 AM - 12:00 PM
Thursday 4:00 PM - 8:00 PM
Saturday 10:00 PM - 2:00 PM
Internet Access Site

Pine Falls Library
Located in Pine Falls School
367-8983
Open Monday - Friday
1:00 PM - 3:00 PM
Internet Access Site

Classifieds

Fathers Day

Happy Father's Day
to our 2 Dads!

Love Cam, Alice,
Karlee & Kassee

Training Opportunity

IT'S NOT TOO LATE!
Space still available in
the 6-Month
RRC - Electrical
Certificate Program

Being held at the
Winnipeg River
Learning Center
in Powerview-
Pine Falls

Start date:
June 22, 2009
End date:
December 11, 2009

Call - 367-2761
Email - wric@mts.net

Real Estate



MLS# 2904999
32 Laura St Powerview - 1140 sq
ft fabulous kitchen incl cherry
wood cupboards & cork flooring,
2 br main fl and 2 br in fin basmt,
2 full baths, new windows, DT/2
and insulated, hot tub, attractive
patio area, large lot



MLS# 2903924
92 Pelican Harbour, \$15,900,
Beautiful lot at Pelican Harbour
for an excellent price! Beautifully
treed gated cottage lot develop-
ment about 2 hr drive north of
Winnipeg, 100 x 332 lot, 75 acre,
close to the shoreline.



For Sale

FOR SALE
Sharp Electric Cash Register
Model ERA 320. Brand new,
never used. Cost \$2,500.00,
asking \$1500.00, call 367-
8839.

For Rent

Woodland Place/Dalc Haven
Apartments, 1 - 2 bedroom
apartments for rent, utilities and
parking included, coin laundry,
very clean and well maintained.
Furnished, weekly and monthly
rates also available, call after
6:00 p.m. 367-4922. TPN

Garage/Yard Sales

Garage Sale
18 Sinclair Crescent, Traverse
Bay, (Traverse Woods off
Highway #11), June 28th to
June 30th.
30 bundles or shingles and fur-
niture plus much more.

Multi-family yard sale,
Saturday, June 27th from 9am to
4pm, 13 Church Ave.,
Powerview Rain Date: Sunday,
June 28th, 9am to 4pm.

Garage Sale, Saturday, June
17th, 9am to 3pm, 31 Poplar
Street, Pine Falls.

Real Estate



MLS# 2902097
7 Ross St Powerview - 1920 sq ft
bi-level home (960 sq ft upper &
960 sq ft lower) 3 br DT/2 insulated
& heated with workshop. Custom
oak kit cab, gleaming hardwood in
living rm and bamboo hardwood in
2 upper bdrs, 2 full baths, large
fenced in rear yard with cedar deck
and garden.



MLS# 2908522
50 Fergusson Cr, Attractive 1136 sq
ft home plus 224 sq ft veranda, single
det garage, 3 br, 2 full baths, 1-
5 pc with jetted tub and 1 - 3pc in
finished basement, hardwood floors,
private fenced deck w/hot tub, new
kitchen cabinets, flooring, a must
see!

MLS# 12909228
113077 Pitt Rd. Perfect getaway for
a family. Fully furnished 3 season
cottage with large screened porch
on large private 1 acre lot. Close to
sandy Albert Beach. Includes
canopied hot tube on deck, patio
furniture, BBQ, 2 lawn mowers,
lawn tractor. Priced to sell!

Wanted to Rent

Wanted to Rent
I want to rent a house or trailer
in the Pine Falls, St. Georges or
Great Falls area. 1-204-482-
6171 188

Wanted to Purchase

Wanted to Purchase
Family wanting to purchase
land on the Maskwa or
Winnipeg River, please call
204-219-5304. 2x2

Help Wanted

**Anderson Family
Vision Care**

We are currently seeking an
individual to fill a term position
in our busy office. This position
would be 4 days a week. The
successful applicant must be
reliable, possess good people
skills, have a willingness to
learn new skills and have a
basic knowledge of computers.

Please submit resumes to
**Anderson Family
Vision Care,**

Attention: Terri at
Box 40 Pine Falls, MB
R0E 1M0 or email:
2040@mts.net or
Fax: 367-2728

Real Estate



MLS# 2909845
Pitt Rd - \$250,000, 80 acres im-
mediately south of Albert Beach, walk-
ing distance to gorgeous sandy
beach, 1321 ft on Pitt Rd, north
boundary adjacent to subdivisions
along Sonora Dr and Trainor Dr is
2640 ft. Excellent potential!



MLS# 2906279
1 Park Bay, 3 season mobile home
on large lot in Traverse Bay, well
maintained 4 large bedrooms, 1260
sq ft, 10 x 12 screened porch, wood
stove makes it nice and cozy!

MLS# 2817130
38 Ash St, Leisure Falls, \$12,000
Affordable lot on Ash St., between
Lac Du Bonnet and Pine Falls
near the Winnipeg River

Obituary



Dora Blanche Pereux (Pelland)

Dora Blanche Pereux (nee Pelland) passed away at the age of 82
on June 21, 2009 at the Sunnywood Personal Care Home in Pine
Falls, MB. Dear Mother of Paul (Alison), Yvette (Danny) Gielmas
and Louis (Gary). Loving grandmother of Synove Gielmas (Ivan),
Lainee (Tony) van Hoof, Chad (Tracy) Drabky and Christopher
Pereux. Cherished great-grandmother of Sullivan Lavoie. Also
survived by her sister Lorraine. She was predeceased by her son
Richard and her brother Jean-Paul.

Funeral Mass will be celebrated on Friday June 26, 2009 at Notre
Dame du Laus church in Powerview, MB; with Reverend Father
Jim Gray at 10:30 a.m. Interment will follow at the St. Georges,
MB Parish Cemetery.

In lieu of flowers, donations in her memory may be made to the
Alzheimer Society of Manitoba, 10-120 Donald Street, Winnipeg,
MB, R3C 9Z9 1-204-943-6622

SOBERING FUNERAL CHAPEL & CREMATORIUM,
Beausejour
268-3510 or
MB toll free 1-877-776-2220

Real Estate



MLS# 2909839
PTH 11 - \$49,900, 157.96 acres of
Manitoba farm land, located on
Highway 11 just West of Jackfish
Creek. Excellent opportunity and
priced to sell!



MLS# 2906279
1 Park Bay, 3 season mobile home
on large lot in Traverse Bay, well
maintained 4 large bedrooms, 1260
sq ft, 10 x 12 screened porch, wood
stove makes it nice and cozy!

MLS# 2817130
38 Ash St, Leisure Falls, \$12,000
Affordable lot on Ash St., between
Lac Du Bonnet and Pine Falls
near the Winnipeg River

NOTICE

New Heaters have
been installed in
the Pine Falls
Pool!!

Ateah Realty Ltd.

Ph 204-756-3749 Fax: 204-756-3798
Toll Free: 1-866-755-5406
Box 70 Victoria Beach, MB R0E 2C0



Sunrise School Division



Board Meeting Schedule 2009/2010

July 16, 2009 - Regular Board Meeting
Location: Sunrise Education Centre (MPR) at 7:30p.m.

August 20, 2009 - Regular Board Meeting
Location: Sunrise Education Centre (MPR) at 7:30p.m.

September 3, 2009 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

September 17, 2009 - Regular Board Meeting
Location: Whitemouth School at 6:30 p.m.

October 8, 2009 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

October 22, 2009 - Regular Board Meeting
Location: Ecole Dugald School at 6:30 p.m.

November 5, 2009 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

November 19, 2009 - Regular Board Meeting
Location: Sunrise Education Centre (MPR) at 7:30p.m.

December 3, 2009 - Regular Board Meeting
Location: Sunrise Education Centre (MPR) at 7:30p.m.

January 7, 2010 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

January 21, 2010 - Regular Board Meeting
Location: Sunrise Education Centre (MPR) at 7:30p.m.

February 4, 2010 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

February 18, 2010 - Regular Board Meeting
Location: Centennial School at 6:30 p.m.

March 4, 2010 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

March 25, 2010 - Regular Board Meeting
Location: Springfield Middle School at 6:30 p.m.

April 8, 2010 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

April 22, 2010 - Regular Board Meeting
Location: Ecole Powerview School at 6:30 p.m.

May 6, 2010 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

May 20, 2010 - Regular Board Meeting
Location: Hazelridge School at 6:30 p.m.

June 3, 2010 - Discussion Session
Location: Sunrise Education Centre (MPR) at 5:30p.m.

June 17, 2010 - Regular Board Meeting
Location: Sunrise Education Centre (MPR) at 7:30p.m.

Public Budget Meeting Schedule 2009/2010
November 12, 2009
February 25, 2010

Division PAC Assemblies Schedule 2009/2010
October 20, 2009
April 27, 2010

"Please see Sunrise website (www.sunrisesd.ca) to access agendas"

Please note Discussion Sessions are purely for exploration purposes and receiving of information for the Board to base future decisions. The regular board meetings are intended for decision making and approvals by the Board of Trustees.

Classifieds

Business Classifieds

<p>ATV/Motor Cycles</p> <p>St. Gxix Cycle ALL TERRAIN MOTORCYCLES & POWER PRODUCTS Hwy. 11 367-2219</p>	<p>Concrete/Excavating</p> <p>A.M.L. AL MEISNER LTD •REDI-MIX CONCRETE •EXCAVATING •AGGREGATES 367-8454</p>	<p>Grocery</p> <p>Great Falls Foods Highway 11, Great Falls 367-2976 OPEN 7 DAYS A WEEK Store Hours: Mon. - Thur. 8-6, Fri. - 8-7 Sat. 9-7 Sun. 12-5 Having a Social Function? Call us to look after everything for you Ask us about delivery The House of Quality</p>
<p>Automotive</p> <p>Custom Services MB Heavy Equipment Safety Station 345-6363 cell: 345-3636</p>	<p>Excavating</p> <p>DAN'S EXCAVATING 204-340-5783 Dan Courcelles Box 1, Powerview, MB ROE 1P0</p>	<p>Excavating</p>
<p>Windshield Replacement & Repair All Your Auto Body Needs Courtesy Care powerfalls AUTO BODY Box 187 Powerview, MB ROE 1P0 Phone 367-2877 Fax 367-2336</p>	<p>Financial</p> <p>Caisse A better way to bank 367-4268 www.caisse.biz</p>	<p>Hardware</p> <p>RONA HARDWARE For all your Hardware Needs OPEN: Mon. to Sat. 9am to 6pm Call 367-2380 Pine Falls 367-2380</p>
<p>Bakery</p> <p>Sunrise Bakery 367-8018</p>	<p>Building Supplies</p> <p>Osis Building Supplies "Home of the Cross"</p>	<p>Hotel/Restaurant</p> <p>BIRCHWOOD MOTOR HOTEL - 16 Modern Units - Hot tubs - Dining Room - Traverse Bay Room - Beverage Room - Meeting Rooms - Fully Licensed OPEN YEAR ROUND</p>
<p>Catering</p> <p>RAPID WATER DELI & CONVENIENCE Business Hours: Mon. - Fri. 8am - 6pm Sat. & Sun. 9am - 5pm Call 367-5388 Located in McDougall Plaza, St. Georges</p>	<p>Furniture</p> <p>Dave's 367-4244</p>	<p>Insulation</p> <p>O'HANLEY INSULATORS Blow In Cellulose Insulation Free Estimate Messages Call Charles 367-4411 367-1578 Cell: 266-9193 ohanley-insulators@hotmail.com</p>
<p>Computer/Networking</p> <p>M&C Brunneau's PC SERVICES Microsoft Certified Professional Hardware Diagnosis - Hardware Upgrades - Troubleshooting Software Installation - System Configuration Printer Setup Phone: 345-6876</p>	<p>Gift Shop</p> <p>plum creek Gift Shop Closed Until April 11, 2009 Phone: 756-2555 Owner: Diana Skelton</p>	<p>Insurance</p> <p>POWERVIEW AGENCIES 367-4455 of the co-operative autopac</p>
<p>Great North Computer Services 367-2576 www.greatnorthcomputer.ca</p>	<p>Grocery</p> <p>Dancy's FOODS 367-2576</p>	<p>Insulation</p> <p>CLARK'S CORNER 367-4455</p>

Classifieds

<p>Hotel/Restaurant</p> <p>The Lakeview STEAKHOUSE 57 Park Avenue, Lac du Bonnet, Phone 345-4661 Every Friday & Saturday Steak Dinner Specials CHINESE Available Live Entertainment Country Bands 345-6294</p>	<p>Medical/Dental</p> <p>Dr. Alan Grant - DENTIST Fort Alexander Dental Clinic (in the Fort Alexander Health Centre) Tuesday Wednesday, Thursday 9:30am - 4:30pm Closed Mondays and Fridays Health Centre 367-2208 Direct Line 367-4417</p>	<p>Medical/Dental</p> <p>DR. ARNOLD ANDERSON LAB ON SITE Optometrist Contact Lenses and Eyeglass Fittings MANITOU LODGE PINE FALLS 367-2390 Monday - Friday 9:00 a.m. - 12:30 p.m. 1:30 p.m. - 5:00 p.m. Closed Lunch Hour Examinations done on Tuesdays</p>	<p>Memorials</p> <p>STEWARTS MEMORIALS Lac du Bonnet 345-2644</p>	<p>Printing</p> <p>For All Your Printing Needs • Social Tickets • Raffle Tickets • Business Forms • Wedding Invitations • Envelopes • Letterhead • Cheques The Echo Box 40, St. Georges, Manitoba ROE 1V0 Place McDougall, St. Georges email: theecho@mts.net Phone: 204-367-9468 • Fax: 204-367-9974</p>
<p>Manitou Lodge Mon. - Wed. 8am to 9pm Thurs. & Fri. 8am to 10pm Sat. 10am-10pm, Sun. Closed 367-2252 WEEKEND FEATURES EVERY WEEKEND Tuesday Nite Wing Nite & Draft Special</p>	<p>Blue Water Physiotherapy Phone: 367-2537 Please call for an Appointment •Work and Sports Injuries •Neck and Back Pain •Acupuncture •Orthotics •Manual Therapy Located on Highway #11 in Powerview Celesté Basson B.ScPT, CAFC</p>	<p>Pawn Shop</p> <p>CASH IN A FLASH PAWN Located on the corner of Arl Ave. and Hwy. 11 In Powerview 367-4537</p>	<p>Real Estate</p> <p>Ateah Realty Ltd Professional Service Professional Results Toll Free 1-866-755-5406 Resident agents serving Eastern Shore of Lake Winnipeg and area 204-256-3149 www.ateahrealty.com</p>	
<p>Papertown Motor Inn 367-2261 Deluxe Jacuzzi Rooms Home of NITE Club Banquet Facilities VLTs, Beer Store Hot tub TWISTERS WATER PARK 1 Mile East of Pine Falls, Hwy. 304 & 11</p>	<p>Blow In Cellulose Insulation</p> <p>Esser Chiropractic Health Centre Corner of PTH 11 and Church Street (beside Papineau Motors) • Autopac • Blue Cross • Veteran's Affairs • Worker's Compensation Phone 367-4858 No referral required Please call for appointment</p>	<p>Pharmacy</p> <p>TRY YOUR DRUGSTORE first PINE PHARMACY Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 367-2517</p>	<p>For All your Real Estate Needs! CONTACT Our Real Estate Professionals Look forward to Working with You! Call 1-800-854-8148 345-2121 / 268-2011 Email: c21sun@mts.net www.century21suncountry.com</p>	
<p>PINE FALLS SERVICE CENTRE Monday to Saturday 8:00 a.m. to 12:00 midnight Sunday 8:00 a.m. to 12:00 midnight SUBWAY Subway open 7 days a week from 10:00 a.m. to 11:30 p.m. 367-8803</p>	<p>For the Best Rates for Long-term Advertising The Echo Business Directory 367-9468</p>	<p>Septic</p> <p>Gilles Lamoureux G's SEPTIC TANK CLEANING SERVICE Portable Toilet Rentals P.O. Box 805 PINE FALLS, MANITOBA ROE 1M0 PHONE: 367-4706 CELL: 345-3835</p>		
<p>Broadlands Mall Convenience Store/Gas Movie Rentals Open Daily 7 am - 11 pm Restaurant Daily Specials Open 6 am-10 pm 367-4484</p>	<p>Insurance</p> <p>POWERVIEW AGENCIES 367-4455 of the co-operative autopac</p>	<p>Windows</p> <p>WANTED 8 HOMES THAT NEED NEW WINDOWS Eight (8) homeowners in the area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost. Your home can be a showplace in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes. The lifetime product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Climate Shield Premium Windows come with TempSmart Space System as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill. Ask about low monthly payments through Hydro For an appointment call NSBY WINDOW & DOOR 1-800-582-5488 www.nsbymt.mb.ca</p>		
<p>Gift Shop</p> <p>The Veranda GIFT SHOP Gifts • Antiques • Collectibles 756-8184</p>	<p>Insulation</p> <p>CLARK'S CORNER 367-4455</p>	<p>Windows</p>		

Your Ad Here

TRY YOUR DRUGSTORE

- *Pharmaceuticals*
- *First Aid Supplies*
- *Hair Products*
- *Health & Beauty*
- *Stationary*
- *Greeting Cards*
- *Lottery Centre*
- *Gifts*

first



*Pick up Your
Sunscreen for your
work in the garden!*



PINE PHARMACY

Open Monday to Friday 9:30 a.m. to 5:30 p.m.

DISPENSARY

367-2517