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**THE BEACHES**

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\$1.00 tax included  
May 28, 2009  
Volume 9, No. 49

**The Winnipeg  
River**

*Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls,  
Beaches, Little Black River, Manigotagan and Bissett*

# ECHO

## Manitoba Wins National Aboriginal Women's Hockey Championship

### Two local players on team

For the first time ever, Manitoba has won the Canadian Aboriginal Women's Hockey Championship.

Two local players, seventeen-year-old Kayla Chomokovski of Great Falls, and sixteen-year-old Darion Bruyere of Sagkeeng, were on the team. Alice Swampy of Sagkeeng served as Assistant Coach.

The Manitoba team Head Coach, Peter Symchuk, said it was the first time in the championship that the winning team went through the series undefeated.

He said it was a grueling seven game series with three twenty-minute periods each day. The Manitoba team was fortunate to get a bye on the Friday before the final, allow-

ing them to get some rest before the Saturday final at the Max Bell Centre at the University of Manitoba.

In the final game, played against Ontario South, on Saturday May 9, the Manitoba team was down 3 - 1 after two periods, but their mental and physical stamina showed in the final period. They scored within thirty seconds of the opening of the period and went on to score another three unanswered goals to win the game 5-3.

"We-out shot and out-skated them," Symchuk said. "We dominated the third period."

Until the Manitoba win the National Aboriginal Women's Hockey Championship had been dominated by Ontario and Quebec.



*Kayla Chomokovski of Great Falls*



*Darion Bruyere of Sagkeeng*

*Troy Westwood was the keynote speaker at the Living Like Champions health forum last week.*

## Living Like Champions

by Laura Tuttle

Troy Westwood can still deliver a great kick even though he has hung up his jersey with the Winnipeg Blue Bombers last year. Barely 40 years old, Westwood, also known as Little Hawk, has already earned the title of "Highest Scoring Blue Bomber of all Time" among a multitude of

other accolades during his professional football career. Add to these achievements, a singing career that has garnered three Canadian Aboriginal Music Awards, and a 2008 nomination for a Juno award. Currently Westwood works full time as co-host on QX104 radio and as a popular motivational speaker.

As keynote speaker, Westwood definitely scored a the winning goal at the "Living Like Champions" health forum held in Pine Falls on May 14th. The day-long event was positioned to address the prevention of Chronic Disease in the Blue Water district of the North Eastman Health Authority

*Continued on page 7*

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# Letters

## Lac du Bonnet Manitoba Youth Job Centre Open for Business

The Lac du Bonnet Manitoba Youth Job Centre is open once again for the summer! Centres across Manitoba are in their 34th year of successfully supporting youth employment in Manitoba. The Lac du Bonnet Manitoba Youth Job Centre (MYJC) is sponsored by Manitoba Education, Citizenship and Youth in partnership with J.U.S.T. Training and Community Futures Winnipeg River. We serve the communities of Pinawa,

Whitmouth, and Powerview/Pine Falls. My name is Matt and I am the Lac du Bonnet and area MYJC Office Manager for the summer of 2009. I have just completed my 4th year of study at the University of Winnipeg and I am very excited to be back in the community.

The MYJC is designed to meet the employment needs of students and youth, as well as the needs of employers who have vacant positions to fill, by offering a free referral

service to those who wish to hire an eager, hard-working young person. Employers of all types - business, household, farm, construction, etc. - can take advantage of the free services the Centre provides. Only the most qualified candidates are referred, and the employer always has the final hiring decision.

We encourage students and youth over the age of 12 to register with our office. If you are seeking full-time, part-time, or casual employment, need help with your



Matthew Gelley, Office Manager, Lac du Bonnet Youth Job Centre.

resume, or want to expand your job search or interview skills, just drop by and we will be happy to work with you.

I am looking forward to a great summer in our communities. If you have any ques-

tions or employment needs, please feel free to call 345-6916 or to stop by the MYJC office at 4 Park Avenue from 8:30-4:30. I hope to hear from you soon!  
Matthew Gelley  
Office Manager

## Coverage Appreciated

Two items really impressed me in the May 6th edition of your paper.

I must say that I am really impressed with Onale Thomas's efforts to keep her area free of litter. I wish that there were more people like her rather than the ones who pick up coffee or meals in town or Selkirk and then drop the bags and cups off at the side of the road on their way to the cottage. The other item that was simply wonderful was the Mother's Day

article featuring Nellie Danwhich. She is truly an amazing wonderful woman who deserves recognition. I have known Nellie since I moved here in 1997. Every time I needed some help or information or advice on living in this area, her name would come to mind. She is truly amazing.

Keep up the great work and I hope that you feature other people in the area at future dates.

Monika I. Szabolcsi

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# News

## Feds Launch \$1-Billion Fund to Help Forestry and Other Communities at Risk West to receive \$306-million in support through new Community Adjustment Fund

Government of Canada News Release

Canadian workers, families and businesses in communities that are hardest hit by the global recession will be able to pursue new economic opportunities in their communities thanks to Community Adjustment Fund, a major job creating investment contained in the

Government's Economic Action Plan.

"Our Government knows the challenges western families and communities are facing because of the global economic downturn," said Minister of State Yelich. "That's why our Government is taking action and delivering the Community Adjustment Fund to help create jobs and maintain employment in our

communities."

The Community Adjustment Fund will deliver a total of \$1-billion over the two years to local economies throughout Canada. The fund will provide \$306-million over two years to support the most affected western Canadian communities.

"This is great news for Manitoba. Through this fund, our Government is keeping our promise to provide immediate and direct assistance to rural communities affected by the global economic crisis," said the Honourable Vic

Toews, President of the Treasury Board. "The fund will help create jobs and maintain employment in Manitoba communities hardest hit by the current economic downturn."

Projects to be funded under CAF could include reforestation activities, investments in machinery and equipment, demonstration of new mining technologies, and initiatives to improve market access for products.

The Community Adjustment Fund will also build on the ongoing work of existing

federal programs and initiatives such as the \$170-million fund for forest products market diversification and innovation, and programs delivered by Western Economic Diversification Canada.

Western Economic Diversification (WD) will deliver the fund in the four western provinces. Program and applications details may be obtained at <http://www.wd-deo.gc.ca>. Project proposals are due by June 5, 2009 and projects needing more time to develop have until June 26, 2009.



Vic Toews: "Great news for Manitoba"

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**Manitoba**

# Comment

## Is The World Heritage Site Another Aboriginal Rip-off?

By Charles Norman

The provincial government is doing no one a service by, in effect, rewriting the treaties with the First Nations on the East Side of Lake Winnipeg.

There should be no doubt in anyone's mind that the treaties signed by Manitoba's First Nations were a gigantic rip-off. The Chiefs that signed those treaties had no idea how important it was to the government of Canada that the aboriginal peoples extinguish their rights to the land. If they had known they would have asked for more - much more - and they would have got much more. It is perhaps, a measure of the guilt that the government of Canada feels, that Canada's First Nations are getting far more now than was provided for in the treaties. (\$5.00 per person per year for Treaty No. 1).

But not only were those chiefs not in a position to know the value of what they were signing away, they were powerless to do anything about it even if they did. Sagkeeng was more badly treated than most. Chief Henderson of Fort Alexander met with federal negotiators at Rainy River in Ontario, and was promised land on both sides of the Winnipeg River from the Lake to MacArthur Falls. When he got to Winnipeg to sign the Treaty he found that businessmen in Winnipeg thought that the lumber from Pine Falls to MacArthur Falls was too valuable to let go. Henderson was brow beaten and bullied into taking little more than what they have now - then lost even more when the land on which Pine Falls is built was taken from them. Promises made with the transfer of that land

have not been kept.

So let us not argue about whether or not aboriginal people have been ripped off. They have been. Period.

As always, there is another side to the story. In the aboriginal culture there was no concept of the ownership of land in the way that the European settlers saw it. To the settlers, knowing who owned the land was absolutely vital. You do not plant crops on another person's land. The bank will not lend you money to build a barn, or a home, or a factory, if you do not own the land. There can be no development without ownership of land, there can be no standard of living beyond mere subsistence without ownership of land. Without the ownership of land there would be no money to pay the original \$5.00 per person per year, let alone the current payments to First Nations. There would be no money for elementary schooling, let alone a university education.

So, while Canadians have benefited immensely from the establishment of a property ownership-based economy, the wealth generated has not been fairly distributed. Certainly the people on the east side of the lake have not seen many of the benefits.

But nor will they if the Greens have their way and set up a World Heritage Site bigger than some European countries.

Environmentalists have convinced the aboriginal people who live on the east side of the lake that they have "traditional rights" to land outside their reserves. They have based this on a Supreme Court decision on a land claim in British Columbia, which has absolutely no relevance here.

Briefly, the decision related to land where there was no treaty, and where local aboriginal peoples could show occupation of the land prior to it being claimed by the crown. In Manitoba, the crown claimed the land draining into Hudson's Bay 400 years ago. The Ojibway settled here, following the fur trade, a little over 200 years ago. There are no traditional rights outside the reserves, except perhaps at St. Theresa's Point which has a partly Cree heritage.

Let's recap. Canada's Aboriginal people were ripped off, but there have been substantial benefits in spite of the rip-off.

The question is, are they being ripped off again, this time by self-described environmentalists, aided and abetted by the provincial government?

The "environmentalists" want to preserve this piece of pristine wilderness. They could have decided on completely unpopulated parts of Ontario, but that would not have stopped the development of the Conawapa Generating Station, so they chose the east side of the lake and convinced the people who live there that it would be good for them, in much the same way as those Canadian Government people convinced Chief Henderson to sign treaty No. 1.

Because the Greens and the provincial government have convinced the local people that they have "traditional rights" there is no ownership of the land there. Nothing can happen - certainly Manitoba Hydro cannot bring a transmission line through there - nothing can happen because no one knows who owns the land.

There will be practically no benefit to the local people if a world heritage site ever happens. And there will be no other benefit. The people

on the east side of Lake Winnipeg will continue to live in poverty in third world conditions - in despair and without hope for the future.

## A Faith Perspective:

By Pastor Jake Doell

### What is Real Faith?



Often at sporting events you see people holding up signs that say something like "We believe". What does it mean to truly believe something or to have faith in it? Is faith just something you say? Millions of people in North America claim to be Christians, yet many show no evidence in their lives of a real faith in Christ. Remember when Larry Flint the publisher of Hustler magazine, said he was "born again" but he kept right on printing pornography. The Bible says that's phony faith. James 2:14 - "What good is it dear brothers and sisters, if you say you have faith but don't show it by your actions?"

Is real faith something you feel? When you think about God and get a "quiver in your liver" or a warm fuzzy feeling, is that faith? Suppose you see someone really hungry and you get the feeling you should do something about it and you say, "God Bless you" and leave it at that.

Real faith is more than just sympathy and feeling sorry for someone. James the half brother of Jesus wrote these words: "So you see faith by itself is not enough.

Unless you produce good deeds, it is dead and useless." (James 2:17)

About 40 years ago there was a famous tight rope walker named George Blondin who decided to walk across the Niagara Falls on a tight rope. The first time he walked across by himself, but the second time he did it with a wheel barrow full of dirt. He did it about nine or ten times and then asked a tourist if he believed that he could do it with a human being in the wheel barrow? The tourist replied, "I believe you can do it." Blondin dumped out the dirt and said, "Hop in."

In a very real sense that is what God says to each of us. In other words put your money where your mouth is. You say, "I believe in Jesus!" Prove it. Our Faith is demonstrated by our actions. Actions talk louder than your words. The Bible tells us, "Examine yourselves to see whether you are in the faith." (2 Corinthians 13:5) Will the faith you have in Christ get you to heaven or is it just some nice words you say to make you feel good? Real faith is acting on what you believe by obeying God's word in your everyday actions.

# News

## On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board

## Report From the Legislature



By Gerald Hawranik, MLA for Lac du Bonnet, House Leader and the Critic for Advanced Education

## Healthcare Failures

It appears as if the NDP is setting up our health care system up for failure. Not only do we have nursing shortages and doctor shortages in this province numbering in the thousands, we also have critical shortages of Health Care Aides. A shortage of Health Care Aides adds to nursing workloads and compromises patient care. The number of Health Care Aide vacancies has more than doubled in the last 10 years. How could have the Minister of Health allowed this to happen, when Health Care Aides offer critical support for nurses and doctors in our health care facilities? We are already short more than 1,300 nurses across the province, and this adds to their already intolerable workload. Since 1999, the NDP has fired almost 1,500 doctors in Manitoba, who have left the province in search of greener pastures elsewhere, and as a result, you bear the brunt of this NDP failure. Many of us in our constituency identify with this failure when we try to obtain the services of a family doctor - whether we wait months for the next appointment, or whether we try to obtain the services of a doctor who could be our family doctor. Either way, this demonstrates the failure

of this government!

Another critical failure of this government is with respect to the treatment of children with life threatening allergies. Believe it or not, children with life threatening allergies are being forced to wait up to 3 months to see a specialist. To force children to wait for 3 months for life saving treatment is intolerable and inhumane. Asthma and other allergic reactions are unpredictable. Waits of up to 3 months are extremely dangerous and could be fatal. One minute, a child with this condition could be fine, and the next, the situation could become life threatening. In Winnipeg alone, there are 575 children waiting to see a specialist. Cases considered urgent and life threatening are forced to wait up to 3 months for treatment. Maybe this is only part of the reason why Manitoba's health care system is ranked dead last in Canada.

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



## Supporting Canadian Farmers

Farming in Canada is not just about producing the best quality food in the world. It truly is a way of life, one that has built this country. Farming has shaped our national character and even at the best of times, there are many challenges. During this global economic downturn the challenges are that much greater. There is uncertainty and volatility across our economy, and agriculture is no exception.

Today's farmers are feeling the strain, and those who wish to enter the industry face tough choices. If we don't take decisive action to bolster the sector now, the 84,000 farmers expected to retire over the next 15 years will not be replaced.

That is why our Government intends to provide support to Canadian farmers who are finding it difficult to obtain loans due to the tightening of global credit markets can count on our Conservative Government to help.

We will be bringing forward new legislation to guarantee an estimated \$1 billion

in loans over the next five years to Canadian farm families and cooperatives, most of which will go to farmers and cooperatives that were previously ineligible.

Farmers are the backbone of the local economy for hundreds of communities throughout Canada, including here in Manitoba. We want to ensure they have the credit they need to build and grow their operations.

Our proposed legislation will expand the scope of the Farm Improvement and Marketing Cooperative Loans Act, thereby delivering on a key component of Canada's Economic Action Plan.

The proposed changes contained in Canada's Economic Action Plan include increasing the amount of guaranteed credit available to farmers.

The plan also calls for expanding the criteria for the program so that new farmers, who are excluded from receiving loans under the existing Act, will also be able to access

this credit.

The eligibility criteria for agricultural co-operatives will also be expanded so that more co-ops can also receive funding.

Finally, Canada's Economic Action Plan supports intergenerational farm transfers so that young farmers can more easily take over the family farm.

Our government will always respect the hard work of Canadian farmers and stand with them, especially during challenging global economic times. Expanding credit for farmers means strengthening our rural economy and ensuring that farming remains a viable career choice for generations to come.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8-227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by email at toewsv1@mtns.net.



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# Community

## Westwood Delivers a Positive Message

Continued from page 1  
and, it was aimed at Youth. At least 70% of the audience were students of Ecole Powerview either because they live in the Pine Falls/Powerview area or because they are resident High School students from Little Black River or Wanipigow. Each teen and every adult listened attentively as the former football player delivered a rousing, timely and powerful discourse on the responsibility of youth to not only live their dream (as he has done), but most of all to live responsibly in a way that realizes both personal wellness while honouring culture and the environment.

Westwood began his address in Ojibwa and for over an hour never looked at a note as he appealed pas-

sionately to "his brothers and sisters" not to "disappear from happiness". He encouraged them to "do what you love" and "find something that makes you happy" but he advised that "it is hard to live well if your spirit is not happy". His advice to move on from an unhealthy lifestyle is "Learn from the mistakes of those around you" and he admonishes that "the power of change lies in the power of choice". He asked the young audience to "reach out and teach - make a positive choice". He reminded those present that this is a "crazy world. It is tough and it {success} doesn't come easy". He admonishes "Live in a way to affect positive change". Whether you were sixteen or sixty, this message was clear. Chronic illness can be prevented.



## Tumblers Gymnastics

We have just finished another successful season of gymnastics. This year we had 62 children registered with the club ranging from 3 to 12 years of age. The class enrolment has increased significantly over the last few years and we are hoping for continued growth.

I would like to thank all the kids for the wonderful job they did at our year end show, I could not be more proud of these kids in getting this show together in just a few practices. All the 250+ people who attended were

treated to a wonderful gymnastics display.

I would like to thank the coaches for all their hard work and dedication throughout the year, and to all our volunteers who help with the set-up and take-down of equipment each week. Your help is really appreciated.

A big thank you goes out to the community for all their support in our fundraising efforts. Fundraising enables us to purchase equipment that is much needed in order for our kids to continue to achieve a higher level of

ability. Our competitive group of gymnasts attended 5 competitions this season including Provincials. As the President and a coach of this club I am very proud that this local group of athletes placed somewhere in the top ten in each of the competitions. Hard work and commitment does pay off in the end! In closing I would like to say thank you to everyone for a great season and hope to see you back again at registration in the fall.

**Audrey Cure,**  
President  
Tumblers Gymnastics

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## Hidden Victim/Hidden Healer

The Eight Stages of Healing

A healing process for families and friends of someone with mental illness and/or occurring disorder.

Are you a family member or caregiver to someone who has a major mental illness and/or substance use problem?

Have you ever wondered how to cope with the effects and impact of mental illness? On you and your family?

Do you often feel alone in the battle of coping as a family member or friend?

The workshop is being offered by the Manitoba Schizophrenia Society  
This one day workshop will be held at Wings of Power in Pine Falls  
(date to be determined upon request)

For further information and registration please call:  
Debbie at 367-9647 or  
email: dl.wingsofpower@mts.net



## Plan Ahead

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# Community

## Health Corner

Ask your Primary Health Care Provider

Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre; phone: 345-8647; or Email corvis@neha.mb.ca. For more health information, Please, visit the NEHA website: www.neha.mb.ca.

## Stroke Facts and Warning Signs

A stroke occurs when the flow of blood to a part of the brain is cut off. It can also be called a 'brain attack'. This can be due to something (usually a blood clot) blocking the flow of blood to the brain (ischemic stroke). It can also be caused by a burst blood vessel bleeding into the brain (hemorrhagic stroke). Most

strokes are caused by a blockage of the blood flow. Without a blood supply, the brain cells in the affected area start to die.

Every year some 50,000 Canadians suffer a stroke. Someone in Canada suffers a brain attack every ten minutes, and every 32 minutes someone dies from one. The annual death toll of 16,000 makes stroke the third leading killer, after cancer and heart disease.

The effects of a stroke depend on which part of the brain is affected and how severe the damage is. A stroke may affect your ability

to move, your ability to speak and understand speech, your memory and problem-solving abilities, your emotions, and your senses of touch, hearing, sight, smell, and taste. In some cases, a stroke can be fatal.

It's important to recognize the warning signs of stroke, because quick treatment can reduce the risk of brain injury and death. A stroke usually comes on suddenly, over a few minutes or hours. With stroke, every minute counts 'time is brain'. Each minute delay in calling 9-1-1 increases the odds of permanent brain damage, disability or death."

The warning signs of stroke include:

- sudden weakness, numbness, or tingling of the face, arm, or leg (often on only one side of the body)
- sudden, trouble speaking,

confusion, or trouble understanding speech

- sudden vision problems (often in one eye only) or double vision
- sudden dizziness, trouble walking, loss of balance or coordination, or falls
- sudden severe headache (often described as "the worst headache of my life") with no known cause

If you notice these symptoms, call 911 (or your emergency medical number if you do not have 911 service) immediately and tell them you think you are having a stroke. Stroke (brain attack) is a medical emergency.

The sooner you arrive in the emergency room, the better your chance of being assessed and screened for the possibility of receiving a clot buster drug. Clot buster drugs can be given to attempt to actually "stop a stroke in

its tracks" or "reverse the stroke that is in progress." However, the key to this treatment is timing.

From the time the symptoms begin you only have a period of three hours to be considered for and receive treatment.

No one is immune to a stroke. It is a life-changing event that not only affects the person who may be disabled, but the entire family and other caregivers as well. Be sure to know the warning signs and action to take. For more information on how to reduce your risk of having a stroke, please contact your local health care providers.

References:  
Heart and Stroke foundation of Manitoba (www.heartand-stroke.ca) & The Canadian Stroke Strategy (www.canadianstrokestrategy.ca)  
Submitted By:  
Sharlene Thompson

## Breakfast for Learning – Wings of Power Fundraiser

By Executive Director-  
Debbie Lackman

Wings of Power is a not for profit agency. This means so many different things but the most important thing to note is that the money that comes into our organization, goes out in programming and meeting the needs of the community. One of these great needs is the Breakfast for Learning Program in Powerview School. Studies have shown that a child's ability to learn is greatly increased when they are properly nourished and ready to start the day. Breakfast is a meal that is often overlooked by many of us, but when it is overlooked for children, our future and our children suffer. Wings of Power makes it part of our mission to meet this great need.

Each day we serve healthy food and milk for the students at Powerview School at no cost to them. This program is open to every student and we are proud to support this endeavor. As you can imagine, great cost comes with this program and funding grants do not always cover our operating costs. This is a service we do not wish to

discontinue and that is why we are pleased to be the recipient of the proceeds from the MLCC's second annual wine tasting event.

This event is to be held on Friday, May 29, 2009 from 7:00 to 10:00 pm in the Pine Falls School gymnasium. Your \$25.00 admission ticket not only gets you into this highly anticipated event, it includes food and beverage. In addition, we are pleased to offer a fabulous silent auction with great prizes to win (who couldn't use a paid night at the Delta hotel, tickets to a Bomber game, or gift cards & baskets from local businesses). We have been overwhelmed with support from the community and community friends. We would like to invite you to attend this worthwhile event and to support the Wings of Power Breakfast Program.

It is our responsibility to care for and teach our children. Children have an amazing capacity to learn. Proper nutrition goes a long way to helping them achieve their goals. Your support and role modeling contributes another substantial amount. Support our children. Drink responsibly. Be a role model for our children.

## Mandatory Boat Safe Certification at the Winnipeg River Learning Center

By September 2009 all Canadian recreational boaters will require a Pleasure Craft Operator Card (PCO) to drive a boat powered by a motor.

If you operate a boat powered by a motor, you will need this card! This includes personal water craft and vessels under 4m. (13'1"). If you are born after April 1, 1983 and you are planning on being a boat operator, you require the Pleasure Craft Operator Card.

An operator card can be issued to those who successfully complete an accredited test. Attend the BOAT SAFE course at the Winnipeg River Learning Center and then write the test. The lesson contains all of the required material provided by the original Canadian Coast Guard program.

You will learn all of the boating basics to get started as a boat operator.

Attend this classroom presentation by S.C.O.T.T.S.

Boat Safe and enjoy your boating experience with a clear understanding of on-the-water-safety. Learn and understand the buoyage systems and the collision regulations. Find out how the various Acts, Laws, Regulations and Systems affect you on the water.

Upon completion and passing of the test, you will

receive a Pleasure Craft Operator Card that is good for life.

This Boat Safe Certification workshop will be held on May 23rd from 9:30 a.m. to 1:00 p.m., \$75 per participant at the Winnipeg River Learning Center in the former Pine Falls School. Pre-registration is required. Please call the Winnipeg River Learning Center to register at 367-2761.

## Summer Student!!!

Are you a student returning to school in the fall?  
We are hiring for a twelve week position beginning June 8, 2009.  
Position includes a variety of work in a fun  
Rewarding environment!

## Job Opportunity

For more information or application form, contact Debbie at  
Wings of Power (39 Main Street, Pine Falls, 367-9641)

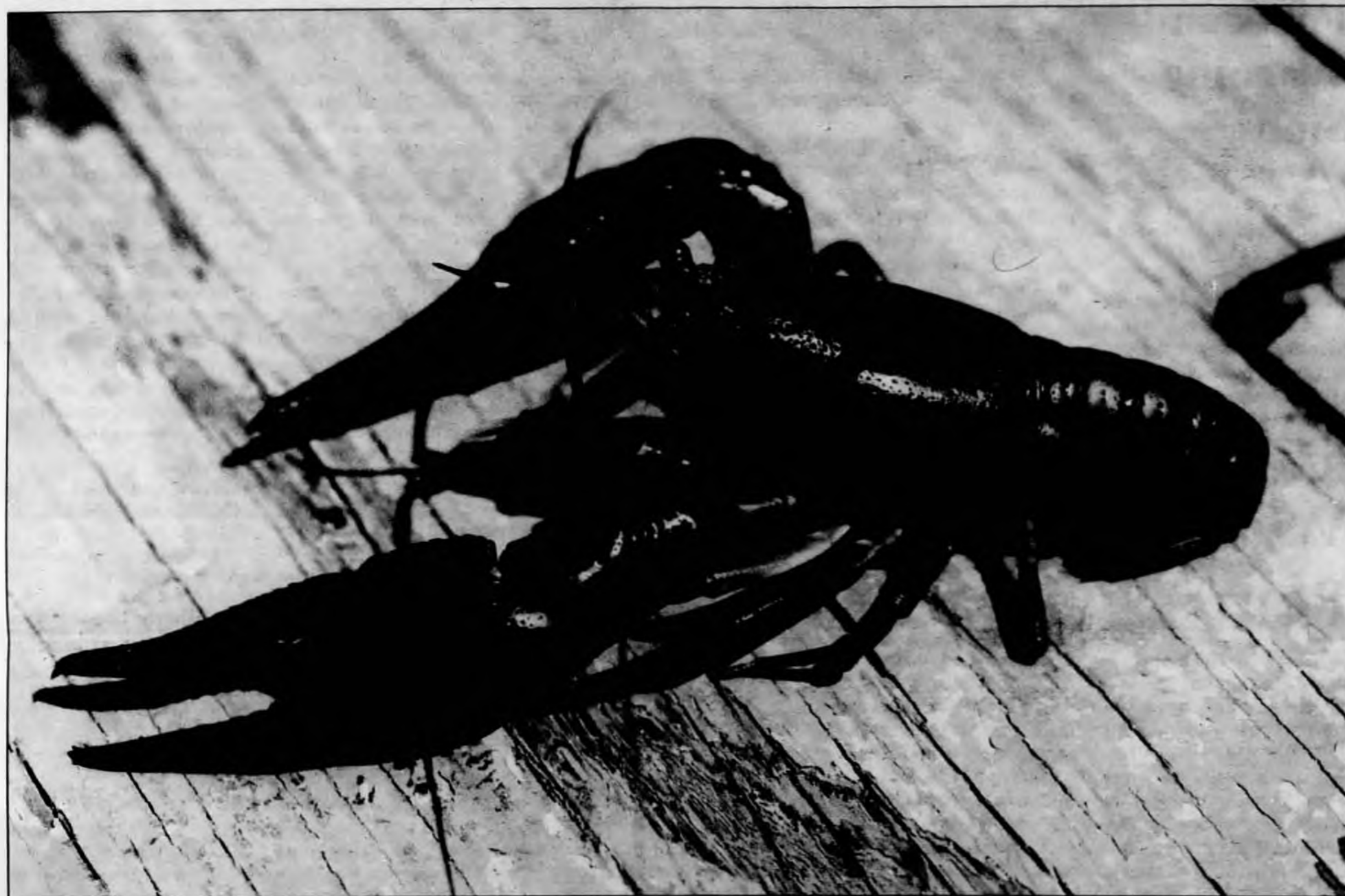
Wings of Power is your community & family resource centre...  
Working together to serve our community.

"People Helping People"

# Feature

## Cougars, Wolves and Wolverines

A Natural history of the East Beaches and Winnipeg River



### Crayfish

By Charles Norman

Manitoba has only one naturally occurring species of crayfish, the orconectes virilis, or northern crayfish. It occurs naturally from Alberta to Quebec and into the US as far south as Arkansas. In the southern US it is a popular food and it is becoming more popular in Europe. The taste is like lobster but sweeter. In the US crayfish are boiled with corn, and potatoes, and consumed with beer. In Sweden crayfish is washed down with vodka in a fashionable feast.

Apart from its natural predators, a new invasive species of crayfish has recently appeared in Manitoba. The rusty crayfish has been artificially introduced into the Great Lakes,

(From Ohio streams where it is native) and has been migrating slowly westward, perhaps aided by sports fishermen using it as live bait. Since it grows to roughly twice the size of the native species it can be a serious competitor. It was first found in Lake of the Woods in 1990, and in the Ontario portion of the Winnipeg River in, but not yet in the Winnipeg River in Manitoba. In late 2007 a rusty crayfish was found in Falcon Lake which measured 3 inches long.

The northern crayfish grows to a length of 10-12 cm, not including claws and antennae. The claws have a bluish tint, male claws are larger than females. Apart from size the claws are the easiest way of distinguishing the two species. The claws of the northern crayfish close

completely, the claws of the rusty crayfish leave an open oval space when the tips are closed. The rusty crayfish also has a rust spot on the carapace, (the shell-like covering of the head and thorax.)

Crayfish occur in lakes, rivers and marshes where the water is deep enough not to freeze to the bottom, and where oxygen levels do not get too low. They need rocks, logs or thick vegetation to hide from predators in daytime. Predators are fish, herons, ducks and other waterfowl.

They will feed on anything they can get, tadpoles, small fish and aquatic insects but feed primarily on vegetation or dead animals. It is with vegetation that the rusty crayfish can do the most harm, clearing great areas of vegetation that provides habitat for smaller fish and

nesting areas for larger fish. They destroy spawning habitat and eat the eggs of fish.

Northern crayfish can mate in fall or early spring, but eggs are not fertilized or laid until spring. Females store sperm from a fall mating and protect their eggs by carrying them under the tail. Eggs are attached to swimmerets in a large raspberry-like ball. They hatch about two months after they are laid, and look like adults when they hatch, and can grow to 2 cm in their first

year. Northern crayfish seldom live more than two years, although four years has been reported.

Because of the threat to wildlife habitat from the rusty crayfish, the possession of any live crayfish has been illegal in Manitoba since the fall of 2007.

If you should come across a rusty crayfish in the Winnipeg River you should contact the local Manitoba Conservation office.

**DAN'S EXCAVATING**  
204-340-5783  
Bobcat Services Dan Courcelles  
Box 1, Powerview, MB R0E 1P0

# Community

## Communities Extend a Helping Hand



Quebec country singer, Mariette Croteau

One of the goals of The St-Georges Cultural Committee was to organise a community choir for 2008/09. Lynne Beaudry, a member of the committee and a teacher at St-Georges school offered to take on the task. However, there seemed to be little interest from local community members until a purpose was identified.

Two families within the local communities had experienced hardships at the beginning of the year. Mike Bouvier, a valuable member of the community suffered from a stroke in February and Evan Racc, who suffered from meningitis as toddler, needed a cochlear implant to help him hear again. The travel and accommodations for this procedure was costly, as the operation could only be done in Newfoundland.

An idea came forward that lending a hand to help these families might entice people to join the community choir. As a result a group of people

from Great Falls, St-Georges and Powerview have formed a singing group and have been practicing on a weekly basis since the end of April. With the guiding hand of Mary-Anne Lougheed, the group decided that a sing along would be an attainable goal.

A social evening has been planned featuring country singer Mariette Croteau, visit her website at <http://www.mariettecroteau.com> The group of community singers will kick off the evening with a short sing along featuring French Canadian songs with a bilingual twist. There will also be a silent auction. This will take place at the St-Georges Church basement, May 23rd 2009 at 6:45 pm. Tickets for this evening are 10\$ and are available at the Caisse, The Sunrise Bakery, Pine Pharmacy and the Bibliotheque Library Allard. If you would like tickets please call Ginette Vincent at 367-9970. Come out and support these local families.

## Introducing THE MANITOBA ENHANCED IDENTIFICATION CARD

A voluntary affordable alternative for travelling to the U.S. by land or water

As of June 1, 2009, a new U.S. law requires that Canadian citizens 16 and older have a passport or an approved alternative to enter the U.S. by land or water.\* The Manitoba Enhanced Identification Card is a voluntary option for this purpose.

Read the Applicant's Guide and find out if the card is right for you. Guides are available from your local Autopac agent or online at [www.mpi.mb.ca](http://www.mpi.mb.ca)

\*To fly to the U.S. a passport is required.

Don't delay-book your appointment today.

[WWW.MPI.MB.CA](http://WWW.MPI.MB.CA)



Manitoba Public Insurance

Manitoba

# East Beaches

## The Hysterical History of the Trojan War

by Laura Tuttle...  
**B**rush up on your Greek mythology if you plan to attend "Dinner Theatre" in Victoria Beach on June 13th. The youth and adults of the cast and crew of "The Hysterical History of the Trojan War" have a delicious treat in store. With tongue in cheek, they present this little piece of mythology with the sincerity and jocularly that only a resort community can muster.

The planning of this production began before Christmas 2008. Parents in the East Beaches area were looking for ways to fulfil the mandate "It takes a village to raise a child". They wanted a

venue to mix children and adults in a fun way. The result became an idea for dinner theatre and a play called "The Hysterical History of the Trojan War". The brain child of Angel Kraft, the production is already more than 50% sold out for its one night stand.

I was privileged to attend a rehearsal from the newly conceived group of "Victoria Beach players". Actors and actresses, range in age from the unmentionable "over forty" epoch to the "I'm in Grade Four" gender. The cast is a mix of classification however, the troupe was fortunate to find among their midst, Liz Jonker who has ably taken on the job as Director of the play. Jonker is a new comer to the community. The move was thanks to her plumber husband who moved his family to East Beaches so he could work with Mitch Poirier (a fixture of the East Beaches trades community). In real life Liz Jonker is a wife and mother but she brings to the V.B. community a love of acting, a gift for directing plus the patience required to

work with an unstudied cast. This week the rehearsal began with each player presenting their mythical personality and, while in character, answering questions from the audience about this same public figure. During past practices the group has begun the evening with a number of related exercises. They have studied the history of Troy, its subsequence characters and the mythology as well as the dress and climate of the day. As a result this band of players have created a performance complete with music and decor that are identifiable along with a few keepsakes that theatre guests can take home after the evening entertainment in mid-June.

At this particular practice, the Spartans and the Greeks duke it out but only with words and wit until the actual dialogue of the play takes place. The pre-rehearsal exercise was 'improv' at it's best. As guests watched the warm-up to the play, we were witness to a newly finished backdrop of "the Gates of Troy" and to a premier appearance of some of the

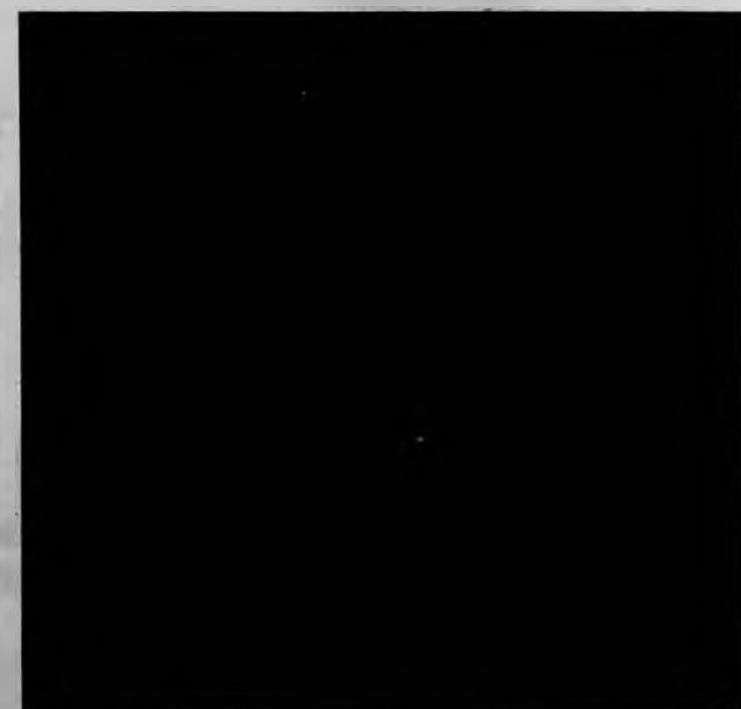
necessary artillery, several period costumes and elegant hairdos integral to the time period. We also listened to a story in song from the "Homerettes" who accompany, in song, the blind but talented Homer, author of the story of the Trojan Horse.

The mid-week rehearsal began with Liz Jonker (Director) filling in as "Helen of Troy" because Aurora Kraft - THE Helen - had to work late before getting to practice. Such is life so long after Troy! Jonker, in the role of understudy to the main character, set the benchmark for the thespians in the production. Following Helens lead we heard from Paris, the very young suitor of Helen; Achilles, who we all know has a heel; Agamemnon, the legendary Lord of the Greeks; and of course, the god "Zeus". Each individual, in their mythical form gave personal information to the audience while staying within the boundaries of their character.

I had a short interview

with actor Thomas McKenzie who plays the parts of Zeus and Menelaus in the play. McKenzie who is not yet into high school, tells me he finds it great fun "to boss people around" while in his character role. He also says that doing the play "has made my winter go by really fast." We can identify with Thomas.

It has been a very long winter but this production includes both adults and children in a harmonious mix while playing make-believe, wearing costumes, building props, and basically having fun. Angel Kraft observed, "often, young people who are involved in sports have a venue, but there are very few outlets for those who have a more artistic bend". And so it became the goal of the planners to involve those who may not otherwise have the opportunity for community involvement. I hope we see you at the Victoria Beach Sports Centre for their version of "The Hysterical History of the Trojan War".



Liz Jonkers - Director of 2009 Trojan War

**NOW OPEN! TEE TIMES: 756-2345**

# Grand Pines

Golf Course

**Early Twilight Special**  
 Sunday to Wednesday  
 after 2:00pm

**\$25.00** Walking  
 PER PERSON

**\$35.00** Riding  
 PER PERSON

Excludes Holiday Sundays  
 STARTS MAY 3, 2009  
 VALID UNTIL JUNE 30

**Call 204-756-2345**  
 Located on Hwy. 59  
 15 kms. North of Grand Beach  
 www.golfgrandpines.com

**EAST BEACHES WELLNESS COALITION**  
**ANNUAL GENERAL MEETING**

DATE: MAY 30, 2009 TIME: 1 pm  
 LOCATION: Walter Whyte School  
 (Hwy 59 near Grand Beach)

WE ARE MOVING FORWARD...  
 FIND OUT THE LATEST PLANS FOR THE WELLNESS CENTRE

More Info...Email: ebrwc@mts.net or Ph: 756-3035

General Store

**Saffie's**  
 GENERAL STORE  
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Real Estate

Judy Calvert-Pierce  
 Shaun Pierce  
 Grand Beach & Area  
 (204) 754-2709  
 Winnipeg:  
 (204) 250-9180  
 Toll Free:  
 1 (800) 559-7873  
 Email: sold@beachesrealty.com  
 www.beachesrealty.com

Westshore Realty Inc.

Cheryl Demiduk  
 Broker

Window Cleaning

756-5888

# Community

## Library Allard News:

### What's Just Outside Your Backdoor?

Author of award winning outdoor book to visit Bibliothèque Allard Regional Library

**A**n award winning Manitoba author is visiting St. Georges - Pine Falls area to provide a slide show and presentation featuring photographs from his newest book, "Manitoba, Naturally". This book was recently selected as the best outdoor book in Canada.

Award winning author Bill Stilwell will take you on a photographic odyssey throughout Manitoba. His new book, Manitoba Naturally leads visitors to an assortment of "little-known"

papers. The more we travel the more we realize that there is still much more to see. Come out to enjoy this colourful presentation and see places that you likely never knew existed in our province as author Bill Stilwell will take you on a photographic odyssey throughout Manitoba. His new book, Manitoba Naturally leads visitors to an assortment of "little-known"

places that provide amazing scenery and diversity of wildlife, wildflowers and other plants. You simply will not believe the spectacular places that are revealed and described in his book!

So come out and learn what has catapulted one of Manitoba's own local citizens to the top of the best selling author's lists.

His visit is sponsored by the Bibliothèque Allard Regional Library and the

Manitoba Model Forest. 104086 PTH 11, St. Georges, MB  
 When: Thursday May 21 at 7:30 p.m.  
 Where: Bibliothèque Allard Regional Library, 367-8443  
 For more information contact the library at: (204)



## Employment Opportunity

### Government of Manitoba

**Staff Nurse — NN1 - 2 positions, LPN - 3 Positions,**  
 1 - NN1 Part Time Term, as if and when (renewable),  
 1 - NN1 Full Time Regular, LPN - 3 Positions  
 (part time term, renewable), .7 - 12 hour days,  
 every third weekend, 6 week repeating rotation 0700-1900,  
 Manitoba Justice, Milner Ridge Correctional Centre,  
 Banusejour  
 Advertisement No.: 21159  
 Salary Range: LPN - \$25.21 to \$28.94 per hour  
 NN1 - \$30.93 - \$36.46 per hour  
 Closing Date: June 12, 2009

These unique opportunities will be of interest to dynamic and broadly-experienced nurses who would like to become members of a professional medical unit that provides assessment and treatment to clients within a correctional environment.

**Qualifications:** Registration with the College of Registered Nurses or College of Registered Psychiatric Nurses with related experience for the NN1 positions and Registration with the College of Licensed Practical Nurses with related experience for the LPN positions. Excellent teamwork/interpersonal skills to ensure a high standard of health care. Demonstrated experience making decisions based on sound clinical assessments skills. Experience in crisis intervention, and emergencies services is considered an asset. The successful candidate will be subject to security checks including a Criminal Record and Child Abuse Registry Check.

Please provide a photocopy of your current CPR Certificate and Nurse Registration.

Your cover letter and résumé must clearly indicate how you meet the qualifications.

**Duties:** Milner Ridge Correctional Centre addresses immediate acute and chronic health care needs including health stabilization. Positions provide nursing and treatment delivery including assessments, examinations, administering of medication and treatment of illness/injuries. These challenging and rewarding positions provide a great opportunity for a unique and interesting career in nursing, and may lead to further career opportunities. As members of the medical team, incumbents must be able to work independently without direct supervision. Reasonable weekend work is required.

**Apply to:**  
 Manitoba Justice  
 Human Resource Services  
 1130 - 405 Broadway  
 Winnipeg MB R3C 3L6  
 Fax: (204) 945-3764  
 Email: hrsjus@gov.mb.ca

We thank all who apply and advise that only those selected for further consideration will be contacted.

Employment Equity is a factor in selection. Applicants are requested to indicate in their covering letter or résumé if they are from any of the following groups: women, Aboriginal, visible minorities and persons with disabilities.



## North Eastman Health Association



is the Regional Health Authority responsible for planning, coordinating and delivering the full continuum of health services in North Eastman Manitoba to approximately 40,000 residents during the winter, and an estimated summer population of 80,000, including the Whiteshell, Winnipeg River and Eastern Beaches. Please visit our Website for more information at www.neha.mb.ca

### Current Employment Opportunities

**Pine Falls Health Complex**  
 Registered Nurse - Acute Care - 1.0 F.T.E  
 Registered Nurse - Emergency Room - 0.70 FTE  
 Summer Term ending October 15, 2009  
 4 positions

**Whitemouth District Health Centre**  
 Registered Nurse - Long Term Care - 1.0 FTE

**Qualifications:** Active registration with College of Registered Nurses of Manitoba (CRNM) and a member in good standing.  
 - Current certification in Cardiopulmonary Resuscitation.  
 - Certificate in A.C.L.S. and T.N.C.C. preferred.  
 - Additional courses in Gerontology is an asset for Long Term Care

New Nursing Graduates willing to relocate to rural Manitoba can apply to the Nurses Recruitment and Retention Fund for a grant in the amount of \$4,000.00.

If eligible, nurses can also apply to the Nurses Recruitment and Retention Fund for Personal Care Home Grant in the amount of \$2,000.00

Relocation Assistance may also be available.

We are committed to a workforce that is reflective of the communities we serve, and actively recruit people with diverse backgrounds, experiences and perspectives to ensure services are delivered in a culturally sensitive manner.

Interested applicants are invited to submit a résumé and cover letter by May 19, 2009 in confidence to the address below. We thank all applicants for their interest. However, only those candidates being considered for an interview will be contacted.

Human Resources Assistant  
 North Eastman Health Association Inc.  
 Box 339, Pinawa, MB. R0E 1L0  
 Fax: (204) 753-2015  
 Email: hr@neha.mb.ca

A Great Place to Live, a Great Place to Work

# RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

**PINEVIEW RECREATION COMMISSION** - Lori Vialoux, Rec. Director  
 Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls  
 Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

### EXERCISE PROGRAMS

**Body Sculpture**  
 Walter Whyte School, Grand Marais  
 Instructor: Natasha Joy  
 Monday's & Thursday's  
 6:30 - 7:30 PM  
 10 classes for \$60.00  
 Moderate - High intensity. Class is always different and modified for every level.  
 Need a minimum of 10 people for the class. To register contact Natasha 756-3868 or email inatasha@mns.net

### Family & Beginners Fitness

Last Chance Before Summer  
 Pine Falls School Gym  
 May 4 - June 24  
 Monday & Wednesday's  
 5:30 - 6:30 PM  
 \$60.00/Adult \$40.00/Student  
 Instructor: Kim Bonekamp  
 For youth ages 13+ with or without a family member.  
 Includes cardio, circuit training, strength & flexibility.  
 Need 10 confirmed registered to begin the class.  
 Contact Rec Office 367-9142

### Strength For Seniors

Pine Falls School Gym  
 Monday's & Wednesday's  
 10:00 - 11:00 AM  
 \$60.00 per person  
 Instructor: Kim Bonekamp  
 Free program open to all seniors.  
 55+ Class includes walking, exercise ball, stretching & resistance.  
 For more info contact Kim 367-2107

### Total Body Workout

St. Georges School Gym  
 Monday & Wednesday's  
 7:00 PM - 8:30 PM  
 Thursdays 7:00 - 8:00 PM  
 Instructors: Nick Bonekamp & Paul Roberts  
 \$20.00 per month/ Family plans available  
 Kickboxing, Stretching, Skipping, Rubber Bands, Circuits & Felt Pads  
 Loose Weight & Feel Great!  
 Contact Nick 367-2702 or Paul 367-8018

### Rise & Shine Fitness Class

Last Chance Before Summer  
 May 4 - June 24  
 Pine Falls School Gym  
 Monday, Tuesday, Wednesday & Thursday  
 6:30 AM - 7:30 AM @ Pine Falls School Gym  
 \$80.00 per person  
 Instructor: Kim Bonekamp  
 Program includes aerobics, circuits & boot camp training  
 To register call the Pineview Rec office 367-9142 or Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

### Seniors Exercise

Golden Leisure Club, Pine Falls  
 Every Mon, Wed, Thurs & Fri  
 10:15 - 10:45

### Rivers North Fitness Club

\$100.00 membership  
 \$250.00 annual user fee with membership  
 \$300.00 annual user fee without membership  
 For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

### SPRING ACTIVITIES

Interior Design 101  
 Osis Building Supplies, Powerview  
 Saturday, May 9  
 9:00 AM - 1:00 PM  
 \$40.00 Per person  
 Maximum of 24 participants.  
 Purchase tickets at Osis Building Supplies  
 367-367-9663 or Pineview Rec Office 367-9142.

### Introduction to Creative Writing

Bibliothèque Allard Library, St. Georges  
 \$80.00 per person  
 Participants: 6(minimum)-12(maximum)  
 Instructor: Donna Besel  
 April 23-June 4  
 Do you like to write? Feel a need to express Yourself clearly? Find encouragement, fun and inspiration in a creative writing classes. To register contact Bibliothèque Allard Library 367-8443 or Pineview Rec Office 367-9142

### Pine Falls Golf Memberships

2009 Memberships forms are now available at the Pineview Rec Office.

### Pine Falls Swimming Program

Session 1: July 6-17  
 Session 2: July 20-31  
 Session 3: August 3-14  
 Duck (Parent & Child Program), Sea Turtle, Salamander, Sunfish, Red Cross Levels 1-10  
 For registration and fees contact Rec Office 367-9142

### Soccer

North Eastman Soccer Association  
 Late Fee of \$5 after April 20  
 Beaches & Pineview team forms available at Pineview Rec Office, Pine Falls School

Tykes \$40.00 (Born 2005/04/03)  
 Sprokets \$45.00 (Born 2002/01)  
 Mavericks \$50.00 (Born 2000/99)  
 13 & Under \$60.00 (Born 1998/97)  
 16 & Under \$60.00 (Born 1996/95/95)  
 Regular price will be charged for first two children.  
 Each subsequent child is \$25.00  
 Prices include T-shirt, insurance fees, referee costs, windup and games.  
 Black shorts, black soccer socks & shin pads are required.  
 Soccer cleats are optional.  
 If you are interested in coaching, assistant coaching or managing, please contact Lori at Rec Office 367-9142.

### Softball

Powerview-Pine Falls, St. Georges R.M. of Alexander  
 Registration at Rec Office \$10.00 per child  
 Starting in May  
**PHat Camp**  
 Physical Arts Training Camp  
 Victoria Beach: July 27-31  
 Powerview- Pine Falls: August 10-14  
 Registration forms and prices will be available next week.  
 This year's theme is Way of the Young Legends.  
 Programs include: music video, ninja skool, break-dance, Film kombat, hip hop, Hawaiian, mask, kung fu, samurai way, Extreme dance combat, cheer, fashion, improv, film making.  
 And choreography.  
 For more info contact 367-9142

### Hop a Bop Program

Ages 3-5  
 Victoria Beach: July 27-31  
 Powerview- Pine Falls: August 10-14  
 Monday - Friday 10:00AM - 10:45AM  
 Funky, fun, energetic class ideal for both boys & girls. The class is designed with creative & fun elements teaching kids a better sense of body awareness, coordination, memory and rhythm using a wide range of both popular and world music.

### CHILDREN & TEENS

**Hip Hop & Jazz Dance**  
 Pine Falls School Gym  
 Tuesday's & Thursday's  
 Instructor: Aliaha Carlson  
 Kids Program Ages 3-4 \$15.00  
 Kids Program Ages 5-7 \$15.00  
 Youth Program Ages 9-11 \$25.00  
 Adult Program \$25.00  
 For registration & fees contact 367-9142

### Babysitter Safety Training

Ecole Powerview School  
 Walter Whyte School  
 June 12 & 19th  
 Ages 12+(or turning 12 in 2009)  
 4:00 PM - 9:00 PM  
 \$25.00 per student  
 Kamie Kettle, Powerview School 367-2296  
 Bea Henderson, Walter Whyte 754-2240  
 Lori Vialoux, Pineview Rec 367-9142

### First Lake Winnipeg Beavers

Walter Whyte School  
 Monday's 3:30 - 5:00 PM  
 Ages 3-5 (Male & Female)  
 October - May  
 Games, crafts, music, the outdoors & spiritual fellowship.  
 For more info contact Carol Laing 754-6232 or Sue 754-2541

### Family Fitness

New Session Starting May 2  
 Pine Falls School Gym  
 Monday & Wednesday's  
 5:30 - 6:30 PM  
 Instructor: Kim Bonekamp  
 For youth ages 13+ with or without a family member.  
 Includes cardio, circuit training, strength & flexibility.  
 Need 10 confirmed registered to begin the class.  
 Contact Rec Office 367-9142

### SENIORS

**GOLDEN LEISURE CLUB**  
 PINE FALLS  
 Canasta  
 Wednesday & Friday's  
 1:00 PM  
**Cribbage**  
 Every first Monday of the month  
 1:00 PM

### SENIORS SCENE

**VICTORIA BEACH**  
**Writing Group**  
 Every 4th Monday of the Month  
 1:00 PM  
**Advance Line Dancing**  
 Every Tuesday @ 10:00 AM  
**Quilling**  
 Every Thursday 10:00 AM - 3:00 PM  
**Carpet Bowling**  
 Every Friday @ 1:30 PM  
 For more info contact Judy 756-3132  
 www.seniorsceneinc.com

### FOR ALL AGES

**Pine Falls Golf Memberships**  
 2009 Memberships forms are now available at the Pineview Rec Office.

### FESTIVALS & EVENTS

**Wine Tasting Evening**  
 Pine Falls School Gym  
 Friday, May 29th  
 Over 55 different wines to sample as well as breads & cheeses as well as a silent auction. Tickets are \$25.00 each and available at Wings of Power 367-9641 or Pine Falls Liquor Mart 367-2965  
 Money raised for this event will be put toward the Wings Of Power Breakfast for Learning Program.

### Victoria Beach Drama Club

### Presents

The Hysterical History of the Trojan War  
 Victoria Beach Sports Club  
 June 13, 2009  
 \$30.00 Per person  
 Includes a catered traditional Greek dinner.  
 Cocktails 5:30PM/Dinner 6:00 PM  
 Advance tickets only. For tickets call Tannis 756-3474

### Canada Day Pool Party

Wednesday July 1st  
 Pine Falls Pool  
 BBQ, Games & Pool Activities

### 3rd Annual Beaches 1/2 Marathon & 1/4 Marathon

July 25th  
 Located in Hillside Beach starting at 8:00 AM  
 For more info contact 756-3868  
 Email: inatasha@mns.net  
 Register online: www.events-runningroom.com

### Festival Chateauguay

July 17, 18 & 19, 2009  
 Weekend celebration of culture, music, food, children's activities, fishing tournament, sand castle building and great family fun.  
 For more info contact Diane 367-9970

### Summer Winds Music Festival

Victoria Beach Sports Field  
 July 25, 2009  
 Music, children's activities, great food & beer gardens.  
 3rd Annual advance tickets are available.  
 Visit www.summerwindsmusicfestival.com

### PUBLIC LIBRARIES

**Bibliothèque Allard Regional Library**  
 St. Georges  
 Operation Hours  
 Tuesday 10:30 AM - 5:00 PM  
 Wednesday & Thursday 12:00 PM - 8:00 PM  
 Friday 12:00 PM - 5:00 PM  
 Saturday 10:00 AM - 2:00 PM  
 Internet Access Site

### Beaches Library

Located in Walter Whyte School 754-4007  
 Operation Hours  
 Tuesday 9:00 AM - 12:00 PM  
 Thursday 4:00 PM - 8:00 PM  
 Saturday 10:00 AM - 2:00 PM  
 Internet Access Site

### Pine Falls Library

Located in Pine Falls School 367-8983  
 Open Monday - Friday  
 1:00 PM - 3:00 PM  
 Internet Access Site



## EMPLOYMENT OPPORTUNITY SENIOR ELECTIONS OFFICIAL (SEO)

The Town of Powerview - Pine Falls is looking for a non-partisan individual responsible for conducting fair and impartial elections, maintaining the integrity of the election process and ensuring compliance with the legislation governing elections in the municipality. Applicants should enjoy a challenge, participating in the democratic process and working with a wide variety of people.

### To be an SEO you must

- Be eligible as per the Municipal Councils and School Boards Elections Act.
- Exercise general direction and supervision over the conduct of elections and votes on questions in the local authority;
- Ensure that election officials in the local authority carry out duties with fairness and impartiality, and in compliance with legislation.
- Give election officials in the local authority instruction necessary to administer legislation.
- Discharge his or her responsibilities under the law independently and impartially;
- Be available for the duration of the election period;
- Be committed to responsibilities, be a good organizer, Communicator and manager;
- Be able to meet deadlines;
- Be proficient with computers

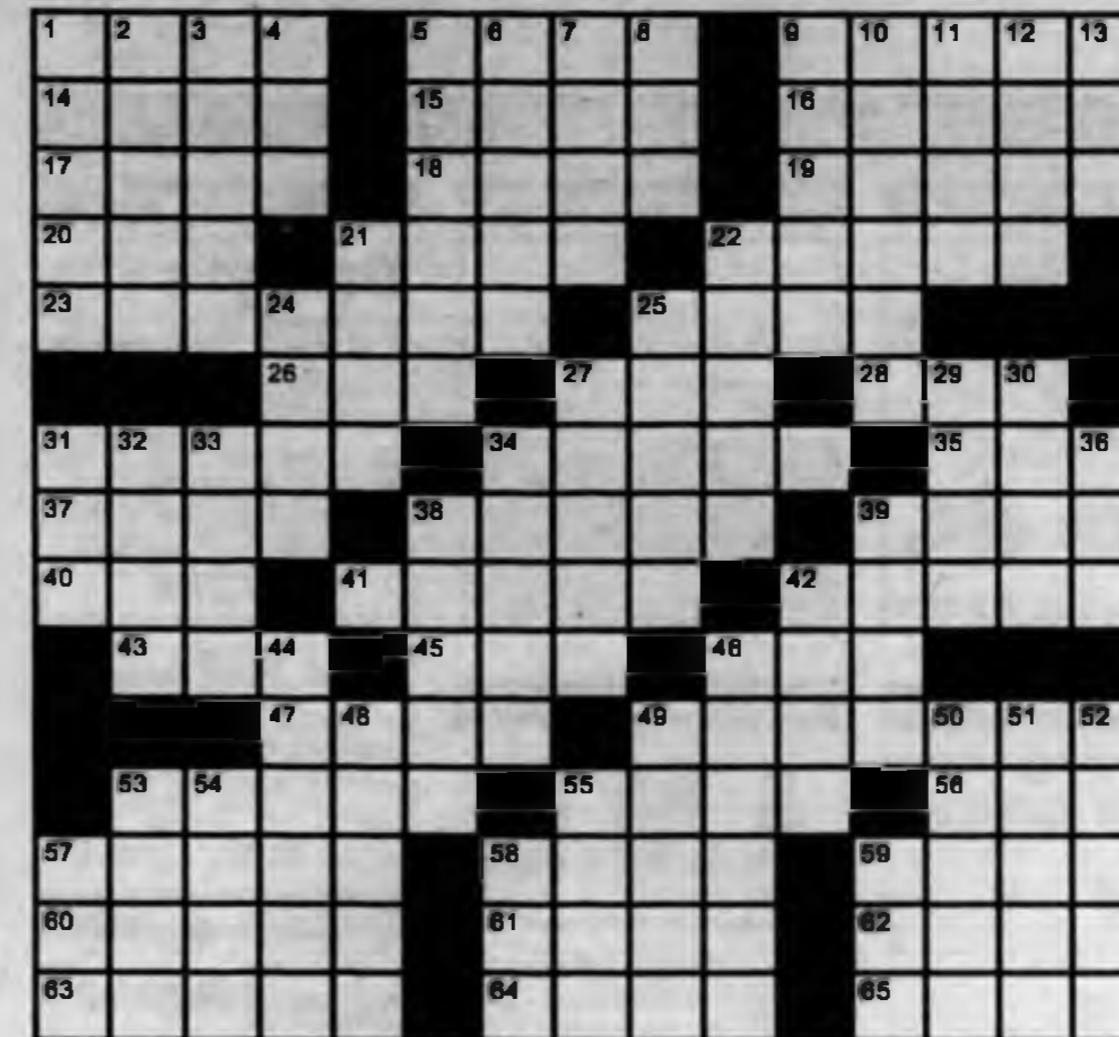
Knowledge of the general electoral area is recommended. Proficiency in the French language would also be considered an asset.

**To Apply:** Please submit your resume, along with remuneration expectations, in confidence to the CAO on or before May 29, 2009:

Marlene Watson  
 Town of Powerview - Pine Falls  
 Box 220, Powerview, MB R0E 1P0  
 Email: caoovf@mns.net  
 Phone: 1-204-367-8483  
 Fax: 1-204-367-4747

We thank all who apply and advise that only those selected for further consideration will be contacted.

# Crossword



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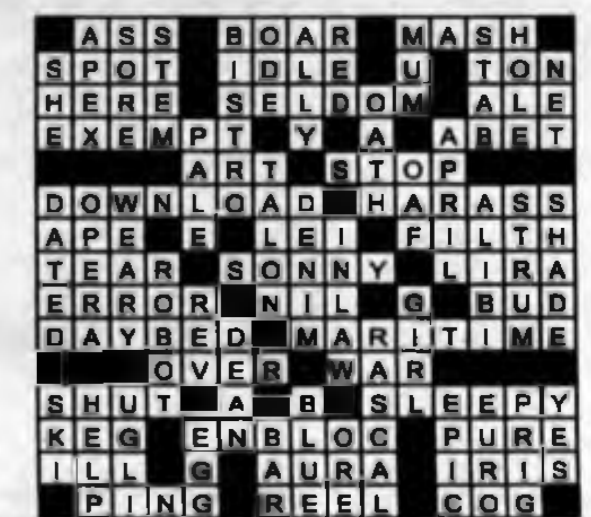
### Across

1. Coarse file
5. Latvia's capital
9. Billiard shot
14. Choir voice
15. Battery contents
16. Killer whales
17. Radar image
18. Frigid
19. Believe in
20. Container
21. Pub purchase
22. Sweet
23. Entry
25. Wrath
26. Human limb
27. Confab
28. "\_\_\_ Gang"
31. Smallest
34. Senegal's capital

### Down

1. Spiritual leader
2. Poker term (2wds.)
3. Police operation
4. Music genre
5. Discrimination
6. Images
7. Thin layer of gold
8. Append
9. Engine
10. Dry gulch
11. Rabbit's tail
12. Cumberbund
13. Approx.
21. Lively
22. Sousaphones
24. Poison ivy woe
25. Hindu mendicant
27. Range
29. Military group
30. Great review
31. Allow
32. And others, for short (2wds.)
33. Highest point
34. Lure
36. Sweet potato
38. Get rid of
39. Field mouse
42. Slender gull
44. Rise
46. Young raptor
48. Walk's through water
49. Around
50. Abstain from
51. Employee brotherhood
52. Shelf
53. Agitate
54. Flair
55. Not crazy
57. Prefer
58. Long, long time
59. Ooh and

## Last Week's Answers



## CRYPTIC PUZZLE



K JCXJ EQOG VQ VJG EQPENWUKQP VJCV  
 RQNKVKEU KU VQ UGTKQWU C OCVVGT VQ  
 DG NGHV VQ VJG RQNKVKEKCPU --  
 EJCTNGU FG JCWNG

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

### Last Week's Solution

I HAVE COME TO THE CONCLUSION THAT POLITICS IS TOO SERIOUS A MATTER TO BE LEFT TO THE POLITICIANS -- CHARLES DE GAULE

# Weekly Horoscopes May 21 - May 27

**ARIES** (Mar. 21- April 20) Helping children may be rewarding and challenging. You may find that your family responsibilities are piling up. Your partner may make you feel jealous and unloved. Catch up on your reading and correspondence.

**TAURUS** (Apr. 21- may 21) Try making some changes to your appearance and your attitude that will reinforce just that. You need to keep everyone on your domestic scene too busy to complain. You can expect to have a passionate time if you go out with someone you are romantically interested in. You might be a tad overindulgent this week.

**GEMINI** (May 22-June 21) Opportunities will come through behind the scenes activities. Do not get involved in joint financial ventures. Your emotional attitude with respect to your status and direction in society may be unrealistic. Changes in your home may be alarming at first.

**CANCER** (June 22-July 22) Don't turn down offers that include sports activities or children. Do not let your mate annoy you; patience will be the key. Speak of your future goals, intentions, and commitments. Be careful not to push your luck or take too much for granted when dealing on either a personal or professional level.

**LEO** (July 23-Aug 22) Join humanitarian groups and let your leadership ability take over. Take time to explain your intentions to loved ones. Put your efforts into your work or money making ventures rather than your emotional life. You can expect to have a problem with your lover. Don't put off the things that they have asked you to do.

**VIRGO** (Aug. 23 -Sept. 23) An older member of the family may need assistance. Family outings will make you feel secure and happy. Prove your worth; concentrate on getting the job done and steer clear of office politics and gossip. Your social activity should be conducive to finding love.

**LIBRA** (Sept. 24 -Oct. 23) Do your job and then spend some time with family; you'll be glad you did. You will have to make some changes regarding your direction if you wish to keep on top of your career expectations. Sign up for seminars that will expand your business awareness. Be sure that you lay your cards on the table.

**SCORPIO** (Oct. 24 - Nov. 22) Don't take your frustrations out on loved ones. Jealous coworkers may try to sabotage your attempts to get ahead. Don't hesitate to sign up for creative courses or physical fitness programs. Don't let your mate talk you into going somewhere you'd rather not go.

**SAGITARIUS** (Nov. 23 - Dec 21) Patience will be of utmost importance. Travel may be confusing. Your leadership qualities will come in handy. Don't count on others to cover up for your shortcomings.

**CAPRICORN** (Dec 22.- Jan. 20) Red tape could be impossible to clear up this week. Keep your eyes and ears alert for any evasive or deceptive statements. You will meet new friends and enjoy a multitude of new activities. Old friends may not like your choices.

**AQUARIUS** (Jan. 21 -Feb. 19) You need to make changes that will raise your self esteem, such as a new hairstyle or a new image. Older family members may try to put unreasonable demands on you. Travel will be favorable. Avoid joint ventures and steer clear of groups that want you to contribute financial assistance.

**PISCES** (Feb. 20-Mar. 20) Avoid any hassles. You may find yourself in an opportune position if you are willing to take a bit of a risk. Residential moves will be favorable. You will be emotional when dealing with coworkers or employers.

# Classifieds

<p><b>Summer Student OPPORTUNITY</b> at Bibliothèque Allard Regional Library Bilingual preferred Children's programmer Student librarian (MUST BE AT LEAST 16 YEARS OLD) 35 hours/week for 12 weeks beginning June 8, 2009 DROP OFF YOUR RESUME DURING REGULAR LIBRARY HOURS OR MAIL TO BOX 157, ST. GEORGES, MB R0E 1V0 DEADLINE MAY 29, 2009 FOR MORE INFORMATION PLEASE CALL 367-8443</p>	<p><b>Help Wanted</b> Professional Window cleaner needed, full time from April through November. Willing to train a motivated person. \$12.00 to \$15.00 per hour. Will consider fair commission for long term. Slight OCD an asset. Quiet Pines Window Cleaning 756-3868.</p> <p><b>HELP WANTED</b> Full-time Cook Wanted Apply in person to Rapid Water Deli and Convenience, Place McDougall, St. Georges.</p> <p><b>Wanted to Rent</b> <b>Wanted to Rent</b> I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171</p> <p><b>For Rent</b> Woodland Place/Dale Haven Apartments, 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. Furnished, weekly and monthly rates also available, call after 6:00 p.m. 367-4922.</p> <p><b>PSA</b> Eastman Regional Development AGM, Jubinville Hall (Knights of Columbus), 1298 Dawson Road, Lorette, MB, Wednesday, May 20th, 2009. Call for Registration or information 268-2884 or Toll Free 1-866-268-2884, email: erd@mts.net</p> <p><b>Advertising</b> The Echo Classifieds \$5.50 for first 25 words 15¢ for each additional word. \$5.00 each per photograph. Fax: 367-9974. theecho@mts.net</p>
<p><b>Real Estate</b> •MLS # is 2904999 •32 Laura St. Powerview -1140 sq ft fabulous kitchen incl cherry wood cupboards &amp; cork flooring, 2BR main flr and 2 BR in fin bsmt, 2 full baths, new windows, DT/2 and insulated, hot tub, attractive patio area, large lot.</p> <p>•MLS # is 2902097 •7 Ross St. Powerview -1920 sq ft bi-level home (960sq ft upper &amp; 960sq ft lower), 3 BR DT/2 insulated &amp; heated with workshop. Custom oak kit cab, gleaming hardwood in liv rm and bamboo hard wood in 2 upper bedrms, 2 full baths, large fenced in rear yard with cedar deck and garden</p> <p><b>Ateah Realty Ltd.</b> Ph 204-756-3749 Fax 204-756-3798 Toll Free: 1-866-755-5406 Box 70 Victoria Beach, MB R0E 2C0</p>	<p><b>Real Estate</b> •MLS # is 2904999 •32 Laura St. Powerview -1140 sq ft fabulous kitchen incl cherry wood cupboards &amp; cork flooring, 2BR main flr and 2 BR in fin bsmt, 2 full baths, new windows, DT/2 and insulated, hot tub, attractive patio area, large lot.</p> <p>•MLS # is 2902097 •7 Ross St. Powerview -1920 sq ft bi-level home (960sq ft upper &amp; 960sq ft lower), 3 BR DT/2 insulated &amp; heated with workshop. Custom oak kit cab, gleaming hardwood in liv rm and bamboo hard wood in 2 upper bedrms, 2 full baths, large fenced in rear yard with cedar deck and garden</p> <p><b>Ateah Realty Ltd.</b> Ph 204-756-3749 Fax 204-756-3798 Toll Free: 1-866-755-5406 Box 70 Victoria Beach, MB R0E 2C0</p>

## Business Classifieds

<p><b>ATV/Motor Cycles</b> <b>St. Croix Cycle</b> ALL TERRAIN MOTORCYCLES &amp; POWER PRODUCTS Hwy. 11 367-2219</p>	<p><b>Computer/Networking</b> <b>GREAT WHYTE NORTH COMPUTER SERVICES</b> We DO IT ALL •Custom Computer Design •Network Design &amp; Support •Virus &amp; Spyware Removal •FWD Design &amp; Hosting •Data Backup Computer •Software Support</p>	<p><b>Grocery</b> <b>Dancy's FOODS</b> Highway 11 Powerview 367-2976 THIRD STREET, LAC DU BONNET 204-345-2221</p> <p><b>Great Falls Foods</b> Highway 11, Great Falls 367-2976 OPEN 7 DAYS A WEEK Store Hours: Mon. - Thur. 8-5, Fri. - 9-7 Sat. 9-7 Sun. 12-5 Having a Social Function? Call us to look after everything for you Ask us about delivery <b>The House of Quality</b></p>
<p><b>Automotive</b> <b>Custom Services</b> MB Heavy Equipment Safety Station 345-6363 cell: 345-3636</p> <p><b>poweralls AUTO BODY</b> Windshield Replacement &amp; Repair All Your Auto Body Needs Courtesy Care 367-2877 Fax 367-2338</p>	<p><b>Concrete/Excavating</b> <b>A.M.L.</b> AL MEISNER LTD -REDI-MIX CONCRETE -EXCAVATING -AGGREGATES 345-8454</p>	<p><b>Hardware</b> <b>RONA HARDWARE</b> For all your Hardware Needs OPEN: Mon. To Sat. 9am to 6pm Dish Washing &amp; Dishwasher Services Pine Falls 367-2380</p>
<p><b>Bakery</b> <b>Sunrise Bakery</b> Watch for our Coffee Shop Opening Soon! 367-8019</p>	<p><b>Financial</b> <b>Caisse</b> A better way to bank 367-8268 www.caisse.biz</p>	<p><b>Hotel/Restaurant</b> <b>BIRCHWOOD MOTOR HOTEL</b> -16 Modern Units -Hot tubs -Dining Room -Traverse Bay 756-2596 -Beverage Room -Meeting Rooms -Fully Licensed OPEN YEAR ROUND</p>
<p><b>Building Supplies</b> <b>Oasis Building Supplies</b> Home of the Cedar</p>	<p><b>Furniture</b> <b>DAVE'S FURNITURE &amp; APPLIANCES</b> JVC - HOTPOINT - GE - BUNNEN - COSTA RECORDS "For the Best Quality New &amp; Used Furniture &amp; Appliances... Call us First!" 367-2480 Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm</p>	<p><b>Broadlands Mall</b> <b>Convenience Store/Gas</b> Movie Rentals Open Daily 7 am - 11 pm <b>Restaurant</b> Daily Specials Open 6 am-10 pm 367-4484</p>
<p><b>Catering</b> <b>RAPID WATER DELI</b> CONVENIENCE PIZZA WATER REFILLS MOVIE RENTALS Located in McDougall Place, St. Georges</p>	<p><b>Gift Shop</b> <b>Plum Creek Gift Shop</b> Closed Until April 11, 2009 Phone: 756-5535</p>	<p><b>Insurance</b> <b>O'HANLEY INSULATORS</b> Blow in Cellulose Insulation Free Estimate Messages Call Charles 367-4411 367-1578 Cell: 266-9193 ohanley-insulators@hotmail.com</p>
<p><b>Computer/Networking</b> <b>M&amp;C Bruncau's PC SERVICES</b> Microsoft Certified Professional System Configuration Engineer HARDWARE DIAGNOSIS • HARDWARE UPGRADES • TROUBLE SHOOTING • SOFTWARE INSTALLATION • SYSTEM CONFIGURATION Ph: 345-6876</p>	<p><b>Veranda GIFT SHOP</b> Gifts • Antiques • Collectibles 756-8184</p>	<p><b>Insurance</b> <b>POWERVIEW AGENCIES</b> 367-4455 ag the co-operative autopac</p>

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**The Winnipeg River Echo**

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Place McDougall, St. Georges  
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# Classifieds

<p><b>Hotel/Restaurant</b> <b>The Lakeview STEAKHOUSE</b> 57 Park Avenue, Lac du Bonnet, Phone 345-8661 Every Friday &amp; Saturday <b>Steak Dinner Special</b> CHINESE Available <b>Casey's MOTOR INN</b> Live Entertainment Friday &amp; Saturday Country Bands 345-6294</p>	<p><b>Medical/Dental</b> <b>Dr. Alan Grant - DENTIST</b> Fort Alexander Dental Clinic (in the Fort Alexander Health Centre) Tuesday, Wednesday, Thursday 9:30am - 4:30pm Closed Mondays and Fridays Health Centre 367-2208 Direct Line 367-4417</p>	<p><b>Medical/Dental</b> <b>DR. ARNOLD ANDERSON</b> LAB ON SITE Optometrist Contact Lenses and Eyeglass Fittings <b>MANITOU LODGE PINE FALLS</b> 367-2390 Monday - Friday 9:00 a.m. - 12:30 p.m. 1:30 p.m. - 5:00 p.m. Closed Lunch Hour Examinations done on Tuesdays</p>	<p><b>Memorials</b> <b>STEWART'S MEMORIALS</b> Lac du Bonnet 345-2644</p>	<p><b>Printing</b> <b>For All Your Printing Needs</b> • Social Tickets • Raffle Tickets • Business Forms • Wedding Invitations • Envelopes • Letterhead • Cheques <b>Echo</b> Box 40, St. Georges, Manitoba R0E 1V0 Place McDougall, St. Georges email: theecho@mts.net Phone: 204-367-9468 • Fax: 204-367-9974</p>
<p><b>Manitou Lodge</b> Mon.-Wed. 8am to 9pm Thurs. &amp; Fri. 8am to 10pm Sat. 10am-10pm, Sun. Closed 367-2252 WEEKEND FEATURES EVERY WEEKEND Tuesday Nite Wing Nite &amp; Draft Special</p>	<p><b>Painter</b> <b>Dan's Painting</b> Serving Winnipeg River area FREE ESTIMATES 204-572-6282</p>	<p><b>Blue Water Physiotherapy</b> Phone: 367-2537 Please call for an Appointment •Work and Sports Injuries •Neck and Back Pain •Osteoporosis •Orthotics •Manual Therapy Located on Highway #11 in Powerview <b>Celesté Basson</b> B.ScPT, CACCI</p>	<p><b>Painter</b> <b>Dan's Painting</b> Serving Winnipeg River area FREE ESTIMATES 204-572-6282</p>	<p><b>Real Estate</b> <b>Ateah Realty Ltd</b> Professional Service Professional Results Toll Free 1-866-755-5406 www.aateah.com</p>
<p><b>Papertown Motor Inn</b> 367-2261 Deluxe Jacuzzi Rooms Licensed Family Dining Room Banquet Facilities VLTs, Beer Store Hot tub Home of NITE Night Club TWISTERS WATER PARK 1 Mile East of Pine Falls, Hwy. 304 &amp; 11</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Pawn Shop</b> <b>CASH IN A FLASH PAWN</b> Located on the corner of Art Ave. and Hwy. 11 in Powerview <b>367-4537</b></p>	<p><b>Real Estate</b> <b>For All your Real Estate Needs!</b> CONTACT <b>Century 21 Sun Country Realty</b> Our Real Estate Professionals Look forward to Working with You! Call 1-800-854-8148 345-2121 / 268-2011 Email: c21sun@mts.net www.century21sun.com</p>
<p><b>Bluewater District Transit</b> For Bookings Call 367-9128 Office 345-3075 Driver</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Real Estate</b> <b>For All your Real Estate Needs!</b> CONTACT <b>Century 21 Sun Country Realty</b> Our Real Estate Professionals Look forward to Working with You! Call 1-800-854-8148 345-2121 / 268-2011 Email: c21sun@mts.net www.century21sun.com</p>
<p><b>Esser Chiropractic Health Centre</b> Corner of PTH 11 and Church Street (beside Papineau Motors) • Autopac • Blue Cross • Veteran's Affairs • Worker's Compensation <b>Phone 367-4858</b> No referral required Please call for appointment</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Pharmacy</b> <b>TRY YOUR DRUGSTORE first</b> <b>PINE PHARMACY</b> Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 <b>DISPENSARY</b> 367-2517</p>	<p><b>Real Estate</b> <b>For All your Real Estate Needs!</b> CONTACT <b>Century 21 Sun Country Realty</b> Our Real Estate Professionals Look forward to Working with You! Call 1-800-854-8148 345-2121 / 268-2011 Email: c21sun@mts.net www.century21sun.com</p>
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