

Serials Clerk
Legislative Library of Manitoba
Room 100 - 200 Vaughan Street
Winnipeg, MB R3C 1T5

COMMENT

**Winnipeg
Speed Traps
are Probably
Illegal**



PAGE 4

**EAST BEACHES
NEWS:**

**Grand Marais
Winter Festival
last Weekend**

PAGES 7-8

FEATURE:

**St. Valentines
Day**

PAGE

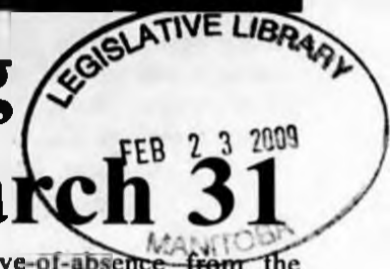
\$1.00 tax included
February 18, 2009
Volume 9, No. 38

**The Winnipeg
River**

Echo

**Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls,
Beaches, Little Black River, Maniyotagan and Bissett**

Sagkeeng Votes March 31



By Charles Norman

Elections for Sagkeeng Chief and Council will be held on March 31. The elections will be for a two-year term ending in March 2011.

A Band Council Resolution dated February 17 notifies potential candidates that any Band Council employee seeking election will have to take an unpaid

leave-of-absence from the time nominations close until the election is complete, i.e. April 1.

Nominations for Chief and Council will be held in the Sagkeeng First Nation Band Hall on the evening of February 17, between 5:00 pm and 9:00 pm.

A list of nominees will be carried in next week's edition of The Echo.

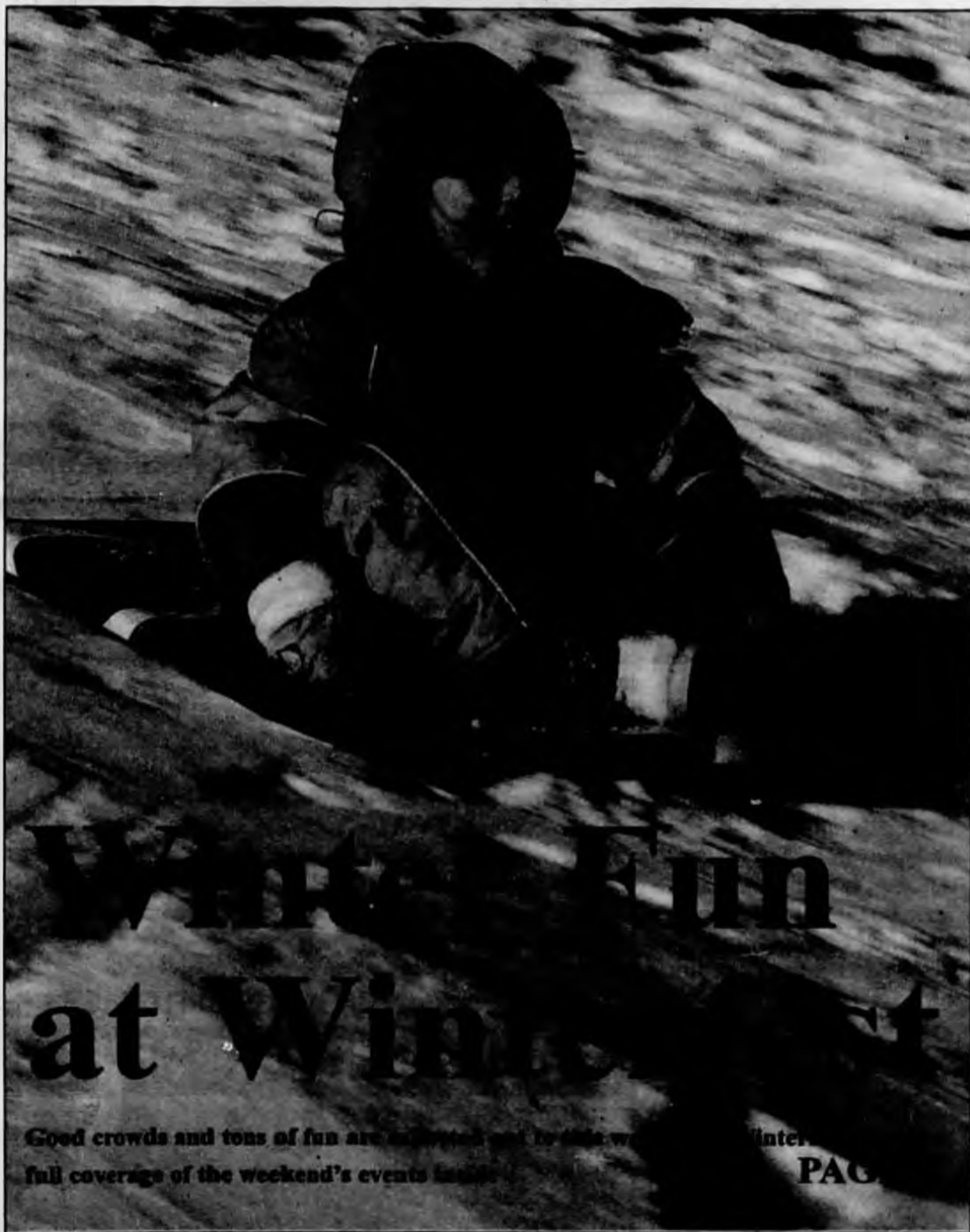
More Cutbacks at Tembec

Tembec last week announced a series of initiatives aimed at cost reduction during a period of significant economic decline that has affected virtually every sector and every region of the world. The actions announced specifically focused on reducing overhead costs (SG&A), and include:

- a reduction of approximately 100 staff positions, being achieved through a combination of terminations, layoffs and retirements
- a salary freeze for 2009 affecting management and staff personnel
- a reduction in travel and related expenses
- a review of the Company's participation in all associations and research institutes

"The actions announced today are extraordinary measures for our Company. However, these are extraordinary times for the economy generally, and for forest products in particular," said Jim Lopez, President & CEO. "The recapitalization of our Company completed a year ago gave us a strong balance sheet and liquidity. We intend to take the steps necessary to preserve that position, and to allow Tembec to weather this economic storm. We regret the impact of these actions on affected employees and their families."

These initiatives follow earlier temporary shutdowns of facilities in four Canadian provinces and in France that were taken in response to depressed market conditions for lumber, pulp and newsprint.



**Winter Fun
at Winnipeg**

Good crowds and tons of fun are expected for this weekend's winter festival. For full coverage of the weekend's events...

PAGE

investment opportunities are ripe
for the picking at Sunova.

Invest in an RRSP or Tax Free Savings Account (TFSA). Either way, it's a sweet deal!

www.sunovacu.ca

SUNOVA

bank brighter.

Letters to the Editor

Echo Editorial Creates "Dissention": Reader

I am writing to respond and rectify errors in the comment article in the February 4th edition of the Echo entitled "Road North Nixed by Hollow Water". First my name is Don Sullivan, not Don Sutherland. Secondly, had Mr. Norman actually checked his facts, something that he should do in the future, before writing his article he would have found out that Chief Barker was not respon-

sible for the blockade last fall nor was it sanctioned by him or by his Council. As the Executive Director of the Boreal Forest Network and a former member of the East side Planning Initiative I have gone on record as never being opposed to the construction of an all weather road up the East side of Lake Winnipeg if it were to be built to the benefit of those communities who need it the most. In fact, I concur that

"Manitoba Transportation undertake the Rice River Road upgrade and its extension to the community of Bloodvein..." and all of the conditions and recommendations on this matter that can be found in the status report "Promises to Keep..." Towards a Broad Area Plan for the East Side of Lake Winnipeg. Mr. Norman should know by now that First Nations will and must be consulted by the government of

Manitoba throughout the various phases of the construction of an all weather road to Bloodvein because the government has a constitutional obligation under Section 35 to do so. I firmly believe that First Nations should derive maximum employment benefits from the construction of an all weather road up the East side of Lake Winnipeg and they would be remiss to do otherwise. The only person who can be accused of creating dissention is Mr. Norman. Don Sullivan

that I would somehow use the actions of First Nations on the East side of Lake Winnipeg to advocate for as many jobs that they can receive from the construction of an all weather road on the East side as a means to create dissention and further delay construction of an all weather road is absolutely ludicrous. For Mr. Norman to state

Charles Norman Responds...

By Charles Norman
Before launching into my rebuttal of Don Sullivan's letter, I think it is important to understand a little background. When Abitibi Price owned the Pine Falls Mill, Winnipeg Environmental activists were very busy opposing the mill's logging practices. When the employees bought the mill the activists went away. When Tembec bought the mill the activists came back. The reason for this is that without a perceived bogeyman (in this case, a big bad forest products corporation), the activists themselves would look like the bad guys for trying to take away the livelihood of these underdogs who themselves, took on that same bogeyman. Environmental activism is a tricky business and it takes a savvy organizer to take advantage of the currents of public opinion and use them to

their advantage. A few years ago, shortly after Gary Doer had been elected as Premier of Manitoba and Paul Martin was actively campaigning for Jean Chretien's job, a demonstration took place in Pine Falls. Gary Raven from Hollow Water led a march of First Nation people from Sagkeeng, Black River, and Hollow Water, from the Pine Falls Generating Station to the mill. Paul Barnard, then a Pine Falls Paper Company Vice President invited Raven and some of the leaders into his office to discuss their concerns. The outcome of that meeting was the formation of the First Nations Limited Partnership by 11 First Nations, and an agreement with Tembec, new owners of the mill, to share with First Nations in the management of the forest, and to join with Tembec in the building of

three sawmills, one in Sagkeeng, one in Bloodvein, and one at Poplar River. After five years the ownership of the sawmills would be transferred to the First Nations Partnership. Tembec bought a \$300 million paper machine from Finland, which would have doubled the production of the mill. The mill expansion together with the sawmills would have required four times the wood than is currently the case. To get that volume all weather roads were to be built to Poplar River, and St. Theresa's Point and all communities in between. The road would be built by the mill and was estimated to cost \$90 million. Paul Martin, then Minister of Finance said he would put up two thirds of the cost. Gary Doer said he would not turn down \$60 million. The project would have created almost a thousand

jobs, most of them from remote communities with little source of funding other than federal government welfare. The total payroll would have been in the region of \$100 million. While it would not have totally eliminated poverty from those communities it would have gone a long way to alleviating the problem. The expanded mill would have been one of the lowest-cost mills in North America. Its future would be secure. So would the paper maker jobs in Pine Falls and Powerview. But it was not to be. During the election campaign that saw the NDP replace Gary Filmon's Conservatives, the NDP had promised environmentalists a

land-use-study for the East side of Lake Winnipeg. It was a promise that was kept (Unlike the ending of hallway medicine) The East Side Planning Initiative was set up. Don Sullivan was a member. They studied, and studied, and studied, and studied. And nothing happened, which was exactly what the Initiative wanted to happen. They would still be studying and studying if the provincial government had not realized that the funding would never stop unless they pulled the plug. But it was too late. The Planning Initiative, and later the Boreal Forest Network with Don Sullivan as its

Continued on page 4

Thursday Bud, Spud & Rib Night \$8.99	Friday Bud, Spud & Steak Night \$8.99	Saturday Bud, Spud & Steak Night \$8.99	 HAPPY HOUR Every Weekend 4:30-8:00pm
 			

Denture Wearers
WE SPECIALIZE IN HARD-TO-FIT CASES
DAIEN DENTURE CLINIC
 22 Years at our MAIN OFFICE: **268-3488** 10 Years at our SATELLITE OFFICE:
 37-3rd St. S. Beausejour District Health Centre
 • Seniors Discounts • We honor all Dental Plans
BRYAN M. DAIEN, DENTURIST

Stephen Kulyk
 Certified Financial Planner
 2 McDougall Avenue St. Georges, MB
 Telephone: (204) 367-9572 Toll Free: (888) 668-0099
 Retirement • Estate Planning • Insurance • Investments
ON Financial Group



Powerview RCMP Press Report

February 1 - February, 2009

REMINDER: Police only action requests for Criminal Record Checks/Searches Child Abuse Registry Checks are processed by Child and Family Services in Winnipeg. They can be contacted at 945-6967 or by attending 201-114 Garry Street, Winnipeg.
 The Powerview RCMP Memorial Hockey Tournament is scheduled for March 6, 7 & 8th, 2009. Come out for opening ceremonies Friday at 06:30 p.m., and see some fun Hockey throughout the weekend!

NEWS REPORT:
 2009/02/02
POWerview - Police recovered a missing vehicle and youth. Parents and police from the Emerson area were notified accordingly.

2009/02/03
PINE FALLS - investigation continues into theft of cash via an ATM.
 - a missing youth was placed on the police information system. The youth was last known to be in Winnipeg. The missing persons unit was also notified accordingly by RCMP.

FORT ALEXANDER - a female was charged with assault with a weapon on a male spouse. The investigation continues.
 - a warrant was issued for a male evading police. The man was involved in a spousal assault of a female.
 - a male was taken to local hospital by police after a falling on the roadway due to ice. A previous injury was re-injured in the incident.

2009/02/04
POWerview - police intervened in a family matter. No action taken by police other than to speak with both parties involved as no criminal action had transpired in the incidents. Both parties advised to seek counseling services.

2009/02/05
FORT ALEXANDER - a theft of tools from a residential garage was reported to police.
 - a male was apprehended at a residence which he was prohibited from attending. The man was charged accordingly and transported

to Provincial Remand Center.
 2009/02/06
FORT ALEXANDER - police checked on the well being of a female after a report of a possible domestic situation in progress. The woman was safe and sound with no evidence of an assault or otherwise.
 - police were contacted to assist with a male requiring medical attention who was being uncooperative and refusing treatment. The situation stabilized and the man finally left with ambulance attendants to local hospital for appropriate treatment.
 - a missing youth was returned by police to her guardian.
 - an attempted theft of a vehicle resulted in a damaged ignition.

MANIGOTAGAN - investigation continues into a theft of alcohol from a local business.
 2009/02/07
POWerview - no charges were laid by police where a vehicle was taken without the owners consent. A relative had borrowed the vehicle and returned it later in the day.

FORT ALEXANDER - a male was remanded into custody after assaulting a female with a broken bottle. The woman refused medical treatment in the incident. Alcohol was involved.
 2009/02/08
POWerview - several prescription medications were stolen from a vehicle parked outside a local business.

2009/02/09
FORT ALEXANDER - police continue to investigate a complaint of harassing phone calls.
 - a request to remove intoxicated persons from a residence was cancelled as both people had gone to bed and were no longer causing a disturbance. Police received no further calls from the home.

2009/02/10
HOLLOW WATER - investigation continues into a theft and fraud at a local

business.
POWerview - an incident of harassing phone calls was reported to police and a second law enforcement agency contacted to deal with the suspect accordingly. No further complaints were received on the incident as a result.
SEYMOURVILLE - an ongoing dispute between several people resulted in police speaking with all parties concerned accordingly.

2009/02/11
FORT ALEXANDER - a female youth was located by police and referred to child and family services.
 - vandalism to a local school resulted in a window being smashed. No entry was gained to the building.
 - investigation continues into an incident of personation.

POWerview - a warrant was issued by police for a male after incidents of non compliance with conditions

of a recognizance.
 2009/02/12
POWerview - a report of an assault resulted in the incident being a consensual fight. Alcohol was involved in the incident.
BLACK RIVER - investigation continues into a complaint of assault involving youth.

2009/02/13
RM ALEXANDER - a break and enter to a cottage resulted in a musical instrument being stolen.
HOLLOW WATER - police were contacted regarding an assault but were later informed that the suspects had left the residence and no further police action was requested at this time.

FORT ALEXANDER - police intervention was required when an assault between 2 students occurred and threats were made with a weapon at a local school. The

matter was dealt with by police and school authorities accordingly.
RM ALEXANDER - investigations continue into the assault of a youth.
 2009/02/14
POWerview - police attended a residence and patrolled the area after several males tried to gain entry, to a vehicle attempting to park at the home. The suspects were not located in the incident nor did they return.
 - a male was removed from a licensed premises after causing a disturbance. The man was charged under the liquor control act, lodged in cells until sober and issued a ticket.
 - a male was apprehended by police on outstanding warrants and was also in breach of court conditions. He was taken into custody, charged accordingly and then transported to the Provincial Remand Center in Winnipeg.

POWerview - a warrant was issued by police for a male after incidents of non compliance with conditions

of a recognizance.
 2009/02/12
POWerview - a report of an assault resulted in the incident being a consensual fight. Alcohol was involved in the incident.
BLACK RIVER - investigation continues into a complaint of assault involving youth.

2009/02/13
RM ALEXANDER - a break and enter to a cottage resulted in a musical instrument being stolen.
HOLLOW WATER - police were contacted regarding an assault but were later informed that the suspects had left the residence and no further police action was requested at this time.

FORT ALEXANDER - police intervention was required when an assault between 2 students occurred and threats were made with a weapon at a local school. The

matter was dealt with by police and school authorities accordingly.
RM ALEXANDER - investigations continue into the assault of a youth.
 2009/02/14
POWerview - police attended a residence and patrolled the area after several males tried to gain entry, to a vehicle attempting to park at the home. The suspects were not located in the incident nor did they return.
 - a male was removed from a licensed premises after causing a disturbance. The man was charged under the liquor control act, lodged in cells until sober and issued a ticket.
 - a male was apprehended by police on outstanding warrants and was also in breach of court conditions. He was taken into custody, charged accordingly and then transported to the Provincial Remand Center in Winnipeg.

Having a baby?

Healthy Baby community programs provide support to pregnant women, new parents and their babies

Having a baby changes your life. New babies can be demanding, especially for new parents. That's why the Healthy Baby community programs were developed. Healthy Baby community programs are friendly, informal programs that provide you with support, information and resources before and after you have your baby.

Drop in to your local Healthy Baby group and you can:

- Ask questions about your pregnancy, your baby's development or parenting support
- Enjoy nutritious snacks, try new recipes and get information about nutrition and health
- Visit with other moms and dads and take part in activities with your baby

It's what's inside that counts

It's important to eat well to help you and your growing baby when you're pregnant. If you live in Manitoba, and your net family income is less than \$32,000 a year, you can receive a monthly Manitoba Prenatal Benefit cheque during your pregnancy to help you buy the healthy foods you need.

For more information

To learn more about the Healthy Baby program or to find out about locations of Healthy Baby groups, please call:

945-1301 (in Winnipeg)
 1-888-848-0140 (outside Winnipeg)
www.manitoba.ca/healthychild
 or contact your local public health office



Comment



Misguided Activism Has Hampered Economic Development

Continued from page 2

director had effectively secured control of a huge chunk of northeast Manitoba.

Sullivan proposed that part of the Boreal Forest in his area be set up as a World Heritage Site. He, and others, convinced the local people that the World Heritage Site would bring in thousands of eco-tourists with millions of dollars, and would be a great substitute for logging. Sullivan did not mention that tourists, even eco tourists are one of the worst types of polluters. He did not mention, that, to preserve the pristine wilderness, tourism would have to be severely restricted. He did not mention, that his Boreal Forest Network has no standing at the United Nations, nor does the provincial government. He did not describe how he was to get the federal government on side. It did not matter. He wanted nothing to happen and he is getting his way.

There have been years when the leading cause of

death in Paingassi has been teenage suicide. It is the result of despair. A road out, or good jobs in the community could have made a difference.

The Response to Sullivan's Letter

First I must apologize for calling Don Sullivan Don Sutherland - to any Don Sutherland who may have been besmirched by identification with Sullivan. I cannot bring myself to apologize to Sullivan for anything - the reasons for that are made clear later in this reply.

Second I must apologize to Chief Barker for accusing him of organizing a blockade. I was told that the blockade was put in place by Hollow Water and assumed - wrongly - that it was put in place by the Chief and Council, not some dissident group from Hollow Water. I tried to contact Chief Barker

before publishing the story but was unable to contact him. An employee in the Band Office told me they did not know where he was.

The essential point in the February 4th editorial was that the blockade made the building of the road unlikely at any time in the near future, mostly because it is an excuse for inaction. Which is exactly what Don Sullivan wants and has been working for - very successfully - for the last ten years. The fact that the blockade was organized by a dissident group makes the problem worse. Who do you negotiate with if every man and his dog can halt construction?

Did you, Don Sullivan, organize this blockade?

You state: "I have gone on record as never being opposed to the construction of an all weather road up the East side of Lake Winnipeg if it were to be built to the benefit of those communities who need it the most."

The wording is curious, and I am sure not an accident. "gone on record as never being opposed to the construction" is not the same thing as "gone on record as being in favour of construction of the road"

And another point; "If it were to be built to the benefit of those communities who need it most." The implication being; "not if it benefits Tembec and Pine Falls."

Another point on wording that is not an accident. "I concur that Manitoba Transportation undertake the Rice River Road upgrade and its extension to the community of Bloodvein..."

Only Bloodvein? Not Berens River, not Poplar River, not Little Grand Rapids or Paingassi, or St Theresa's Point? Does that mean that someone at Bloodvein has more clout with our NDP government than you have?

One final point. You write: "First Nations will and

must be consulted by the government of Manitoba throughout the various phases of construction of an all weather road to Bloodvein because the government has a constitutional obligation under Section 35 to do so." This is simply not true. You are, I assume referring to Section 35 of the Constitution. It says nothing about consultation. You are, I think, confusing, probably deliberately, a court ruling dealing with aboriginal rights in British Columbia. That ruling has absolutely no relevance in this province. It is another example of curious wording. An example of "saying so makes it so" - if you "say it's so" often enough - it becomes an accepted fact. But it is not an accepted fact yet.

One of the problems with this is the different interpretations of the word "consult".

It makes sense to discuss developments close to any community with representatives of that community. Any community - not just First Nation communities - and to deal with any concerns raised in the best way possible. It is not the same thing as asking permission of the community to carry out any development for the benefit of a wider group for example, a road, or Hydro transmission line.

You have managed to convince some people in the communities of the east side of the lake that they have control over land in the general vicinity of the reserves. This has no legal basis whatsoever, but in saying it's so you have made it so. And by doing so you have effectively blocked any development in the region in the foreseeable future. You have also condemned many of the people living in those communities to continue to live in third world conditions. I don't pretend to understand the ideology that makes you tick and can't imagine why you would act in this way.

Comment

Report From the Legislature



By Gerald Hawranik, MLA for Lac du Bonnet House Leader and the Critic for Advanced Education

Brian Sinclair

We have been recently hearing a great deal about the circumstances surrounding the death of Brian Sinclair, a 45 year old homeless man and double amputee, who was found dead in the Emergency Room of the Health Sciences Centre after waiting 34 hours for treatment. Something went terribly wrong, and Brian Sinclair lost his life. The leader of the PC Party, Hugh McFadyen, asked numerous questions about this death from the Premier during Question Period in the Legislature. In addition our Health Critic, Myrna Driedger, also asked numerous questions of the Health Minister, Theresa Oswald. They asked questions to try to get to the bottom of what went wrong. It's important that we find out what went wrong so that steps can be taken to ensure that a tragedy such as this does not happen again. It goes without saying that the accuracy of answers to questions posed in Question Period is extremely important. If the answers are not accurate, if answers are given to cover up the truth, then how can we possibly find out what went wrong? It has become increasingly apparent that the answers given to us in Question Period by the Premier and the Minister of Health were

false and misleading at best. It appears that the Premier and the Minister of Health gave answers to try to cover up their incompetence and so that they would not accept responsibility for this death. The Premier and the Minister of Health are both responsible for the health system in this Province, and if it fails, as it failed in this case, they should accept responsibility. Instead of accepting responsibility, both the Premier and the Minister of Health have tried to deflect responsibility on others within our health system. In addition they have denied that anything wrong happened!

How could anyone wait 34 hours in an emergency department for service? Obviously the system failed Brian Sinclair and he paid for it with his life. However, the system is a product of the Premier and the Minister of Health, and they should pay for it with their jobs! This is my suggestion, but as all of you know, the Premier and the Minister of Health will never accept responsibility and will never resign!

The Premier and the Minister of Health will never accept responsibility because they both misled the Legislature by their false answers in Question Period and they both misled the public in their comments in the media. Both the Premier

and the Minister of Health constantly told us in the Legislature, and constantly told the public that Brian Sinclair never presented himself to the triage desk in the emergency room, and was never triaged, and by doing so laid the blame on Brian Sinclair for his death and away from themselves. This statement on Brian Sinclair was made by the Premier and the Health Minister in Question Period 13 times last Fall. It was an attempt to cover up the true facts surrounding Brian Sinclair's death. All the while the Premier and the Minister of Health were answering questions related to Brian Sinclair in Question Period they both knew their answers were false. They both had the benefit of having received and reviewed a copy of the Winnipeg Regional Health Authority report which revealed that Brian Sinclair had in fact visited the triage desk and in fact was triaged. Instead of accepting responsibility for the system failure, both the Premier and the Minister of Health tried to blame Brian Sinclair, a homeless, double amputee!

Does the Premier deserve his job? NO! Should the Minister of Health resign? YES!

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



On Parliament Hill Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board

"Buy American" Trade Measures

The last thing we want to see happen during a time of global economic instability is a move to an era of protectionism when it comes to trade, especially by the United States.

We know from history that protectionist measures will only exacerbate the problems. History showed during the Great Depression that imposing trade barriers is not the answer. With the current crisis squarely upon us, we must resist the temptation to move towards protectionism.

If we want to increase opportunities and jobs, then we have to expand the opportunities to sell products and services. That's what we are doing here in Canada. Here in the riding of Provencher, I don't have to remind you how much we rely on trade.

The recent softening of protectionist trade language in the American economic stimulus package is good news for Canadian and global business. It's a welcome sign that President Obama recognized and listened to our legitimate concerns. It's a clear demonstration of the importance of diplomacy and using our voice to speak up for Canadian, and global, interests.

However, we can't rest yet. The American stimulus package is still going through the U.S. legislative process. We continue to work all diplomatic channels to ensure protectionist measures don't creep back in.

Minister Day and his officials continue to press their U.S. counterparts.

We all need to do our part to ensure the global economy stabilizes once again. We need to ensure that our borders remain open for the legitimate flow of goods and services. And we need to remain steadfastly committed to open markets and free trade.

Not surprisingly, Jack Layton and the NDP, fail to see the danger of protectionist policies, with Mr. Layton calling for Canada to adopt our own isolationist measures.

Our Prime Minister made it clear that this type of short-sighted, destructive policy will not be adopted by our government, saying, "we can compete with the best in the world; we can sell around the world. We want to sell around the world, and that's what our policy is designed to have us do."

We expect the United States, like all other nations, to live up to its international trade obligations of open and fair trade. Our Government will be doing our part.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8 - 227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net.



PUBLISHER Don Norman	SALES Della Clark	SUBSCRIPTIONS Local Rate: \$33.60 National & Urban Rate: \$44.80 Foreign Rate: \$112.50 Prices include GST & PST
EDITOR Charles Norman	CONTRIBUTORS Charles Norman Stuart Jansson Caitlin Laird	2nd Class Mail # 1763687 (Postage paid in St. Georges, MB)

Box 40, St. Georges, Manitoba R0E 1V0
Place McDougall, St. Georges
email: theecho@mts.net
Phone: 204-367-9468 • Fax: 204-367-9974

The Echo is an independent weekly newspaper published on Wednesdays in Pine Falls, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Wednesday's publication.

News

Local Volunteers Heading to the Dominican Republic

It all started in a church basement and now twelve residents of Pine Falls/Powerview and area, are off to the Dominican Republic and will not return until March 4th. No pleasure trip this one. The itinerary involves daily hard work plus living in what most Canadians consider primitive conditions. The small group of volunteers will be working in a small town called San Jose de Ocoa, which is couple of hours outside of Santo Domingo in the Dominican Republic. It is a mountainous district where there is no electricity and very little running water. On weekdays the team will be involved with building either a home or a school and will rally in town on the weekend. At that time

they can do laundry, catch up with friends, relatives and supporters on the internet and mingle with the townspeople. The adventure began when the youngest member of the group Hilary Chevretil persuaded her parents Richard Chevretil and Colleen Wileman to consider the experience. Hilary was inspired by a speech from a young fellow who had spent a month in the Dominican Republic doing the kind of mission work that the Pine Falls/Powerview Team now envisions. Once her folks were on board, they added another nine area residents to their number.

Two of the twelve folks are at time of writing, are snowbirds in Texas who will meet with the group in the

Dominican Republic. The group has their own personal priest, Father Dominic LaFleur who was recently transferred from St. Georges Parish to Holland, MB. Also, two long time friends Vivian Gibson, the group Secretary and Rosanne Wasyluniuk, (from the East Beaches) is the fundraising coordinator. Complementing the group is Denise Fenez, Yvon Grenier, Danny (Gizzy) Gelinis and Jeanette Mercier, the resident nurse of the team who will look after the first aid kit, medicine for the Dominicans and (so say the group) their "general good mental health".

At first the group thought they "would be tagging along" with Holy Family Catholic Church in Winnipeg who have been going to the Dominican Republic for a few years. To their delight they discovered this work was something they could do on their own time, with the right resources. Resources? They had to raise a daunting \$6000.00 to have the opportunity to do this work.

However, the Pine Falls/Powerview team, with tremendous family and community support went one better - They raised an amazing \$10,000.00. These funds, plus sweat equity of the volunteer group will go to ADESJO - The Association for Development of San Jose de Icoa Inc. in the Dominican Republic. ADESJO will buy supplies for the house building adventure and once there, our local group will either work on a house that has not yet been completed or help to start a brand new one.

Help for the project came in all kinds of ways. The group held their own local fundraisers including Pasta

Dinners, Silent Auctions, a Coffee House all of which raised nearly \$2000.00. The Knights of Columbus had a Pancake Breakfast and raised over \$1900.00 plus the raffle of a Wii as first prize cleared over \$1100. In addition the group has received almost \$5000 in private donations from the good people of Pine Falls/Powerview and area. We can expect that after better than two weeks of living and working with people who would find even our modest lifestyles to be rich, this group will have plenty to say to the communities of Pine Falls/Powerview and East Beaches when they return.



Powerview RC MP Report

Continued from page 3

2009/09/15
FORT ALEXANDER - Police received a complaint of an assault. 2 females got into an argument earlier in the evening which escalated into a physical fight. Investigation continues.

- Investigation continues into a complaint of spousal assault.

SUMMARY: Police also followed up on 8 false alarm(s) actioned 9 request(s) for assistance to other police services/service of legal documents, issued 6 ticket(s) under the highway traffic/liquor acts, attended 0 incident (s) under the

Coroners Act, charged 0 person(s) for impaired driving/refusal of breath test, lodged 7 person(s) under the intoxicated persons detention act, transported 4 person(s) under the mental health act to the appropriate facilities, attended 2 noise complaint(s) and processed 14 traffic accident reports.

REMEMBER IF YOU HAVE ANY INFORMATION ON ANY CRIMINAL MATTER YOU CAN REMAIN ANONYMOUS AND CONTACT CRIME STOPPERS AT 1-800-782-8477 OR THE POW-ERVIEW RCMP AT 367-8728.



SAGKEENG FIRST NATION MEMBERS

The Sagkeeng Post Secondary Education Program is accepting applications for **POST SECONDARY SPONSORSHIP**

For the 2009-2010 academic year.

Deadline for applications is April 15, 2009. For information please call Norma (extension 229) or Franklin (extension 243) at 1-204-367-2287 or call toll free 1-800-201-3505.

TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts



PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m. — DISPENSARY

367-2611

367-2517

Sports

Another Great Winterfest Shaping Up

A series of events that will rival the ever-popular 4P festival will be jam-packed into the next few days

Beginning on Thursday, February 19th with a family swim night, cross country ski poker derby, snow boarding, a family bonspiel and ending Sunday afternoon with the Funsplie finals, there will be more than enough action for everyone.

SCHEDULE OF EVENTS

Thursday:

2:00 PM - 7:00 PM @ PAPER-TOWN MOTOR INN CARNIVAL SPLASH! \$3.00 per person, bring own towel and swimwear. Hot dogs & pop sales. Bring the family for a night of swimming fun. Proceeds donated to PMHA
Friday
3:30 PM - 5:15 PM @ PINE FALLS ARENA OPEN ICE (Helmets Mandatory)

Friday

3:30 PM - 5:15 PM @ PINE FALLS ARENA PUBLIC SKATING
5:15 PM - 6:15 PM @ PINE FALLS ARENA OPEN ICE (Helmets Mandatory)
5:00 PM - 6:00 PM @ PINE FALLS LEGION MEAT DRAW & ROAST BEEF DINNER Dinner \$10 per person, tickets available at the Legion or call 367-2718
6:00 PM - 9:00 PM @ PINE FALLS VILLAGE GREEN FAMILY BONFIRE & FIREWORKS A fun family evening, horse drawn sleigh rides and a toasty bonfire to keep warm. Enjoy hot chocolate & marshmallows donated by the Blue Water Chamber of Commerce. Fantastic fireworks will end the evening for all to enjoy. CTV will be on site to cover the evening-so you might be on TV!

Saturday

6:00 AM @ BROADLANDS MALL RESTAURANT BREAKFAST Serving breakfast all day 367-4484
7:00 AM - 2:00 PM @ PAPER-TOWN MOTOR INN BREAKFAST
10:00 AM - 1:00 PM VICTORIA BEACH SNOW-DRIFTERS POKER DERBY

Registration at Birchwood Motor Hotel or 1/2 Way Hut on North Star Trail, \$10 per card/1 for \$20.00. 1st Prize 25%, 2nd Prize 15%, 3rd Prize 10%. Presentation @ Birchwood Hotel. Call Hillside Power Products 756-8655.
10:30 AM - 5:00 PM MUCK JAM @ MUCK HILL Snowboard park style contest for Mini Shredders (juniors), Almost Shredders (intermediate) and Shredders (experienced)/différents niveaux pour différents âges. Rules and introductions start at noon-all riders must attend. Competition starts at 1:00PM. All day bonfire & hot dog roast, sliding, games & the White Mud Falls Sled Races Enter your chance to win a Nintendo Wii brought to you by the Maskwa Club. To register contact Richard 471-7068 or Seth & Zane 367-8786.

11:30 PM UNVEILING OF MUCK HILL SIGN
12:00 PM - 3:00 PM @ MUCK HILL OLYMPIC TORCH DISPLAY The Olympic Torch for all to see during Muck Jam. RCMP Const. Gabe Boulette has been chosen to escort the torch through Manitoba while on route to the 2010 Olympics in Vancouver and will be available during the afternoon to talk more about the torch. Bring your camera.

1:00 PM - 3:00 PM @ GOLD-EN LEISURE CLUB CRIBB TOURNAMENT Games start at 1:30 PM. \$5.00 entry fee includes snacks, coffee and prizes/ \$5.00 café, goûter et prix inclus Golden Leisure is located in Pine Falls across from Post Office. For more info call Shirley 367-8983
4:00 PM - 6:30PM @ PAPER-TOWN MOTOR INN MEAT DRAW
5:00 PM - 6:00 PM @ PINE FALLS ARENA HOCKEY CLINIC The Winnipeg Jets Alumni team will be hosting a clinic for youth ages 10+. Cost is \$5.00 per person/10 ans et plus. \$5.00. All profits will go towards the the Olympia Ice Resurfacer repairs. Sign up sheet at arena or phone Lori at Rec Office 367-9142
7:00 PM - 9:00 PM @ PINE FALLS ARENA WINNIPEG JETS ALUMNI TEAM Cheer your local teams as they play the Wpg Jets Alumni Team. Pineview Saints Bantam

Girls, Pine Falls Ol' Kings and Powerview Ol' Timers will each play 20 minutes. 50/50 draw, puck toss and canteen will be open. \$2.00 entry fee. \$1.00 for 12 & under/ contre équipes locales. \$2.00, \$1.00 12 ans et moins. All profits will go towards the Olympia Ice Resurfacer repairs.
6:00 PM @ CURLING CLUB SPORTS ROOM Enjoy a refreshment while watching the Winnipeg Jets Alumni game.

Sunday

CHURCH SERVICES St. George Parish, 17 Baie Caron S. St. Georges (en français) @ 9:00 AM Powerview-Pine Falls Catholic Church, 38 Laura St. @10:00 AM Pine Falls United Church, 8-5 Walnut St. @10:30 AM Anglican Church of the Advent, 2 Holly St Christian Faith Fellowship, Pth 11, Silver Falls
7:00 PM @ CHICKEN CHEF BREAKFAST Serving breakfast all day 367-4471
12:00 PM - 6:00 PM @ PINE FALLS CURLING RINK FAMILY FUNSPIEL Get your family out for a fun day of curling. Must have a minimum of 2 children under 17. Entry fee \$20.00 per team, prizes/\$20.00 par équipe. Registration sheet available at Pine Falls Curling Club, Pine Falls Arena or call Lori 367-9142.

12:00 PM @ 6:00 PM PINEVIEW ARENA CANTEEN SERVING RINK BURGERS & FRIES
12:00 PM - 2:00 PM @ PINE FALLS ARENA FAMILY SKATE
2:00 - 4:00 PM @ PINE FALLS ARENA OPEN ICE (Helmets Mandatory)
2:00 PM - 5:00 PM @ DUCK LAKE SKI TRAILS FAMILY SKI DAY The Duck Lake Cross Country Ski Club will be hosting a cross country poker derby starting at 2:00 PM SHARP! \$5.00 hand with 100% payout for top three hands. Start location is at the trail entrance located across from the Pine Falls Hospital parking lot. Bonfire, smokies & hot chocolate to follow at the Chalet. Pre-register and poker hands available at Pine Falls Liquor Mart. For more info contact Carol 367-2965.

Manitoba Stick Curling Championship Set to Go

Ten teams are set to hit the hacks starting Saturday the 21st at the Grand Marais Curling Centre in the fifth annual championship.

Returning to defend their championship, the brother duo of Ken and Chris Jensen will square off against Don Conrad and Dudley Hill in the opening of their group round robin. This year's field in the championship will have Earl Klatt who was a winner in '05, teaming up with his nephew Dwight Klatt, Ernie Oliver (2006) teaming up with Marcel Lemaire after his long time curling partner had to retire from competition. Lastly, George Axent and Jim Dawson who captured the title in 2007 will return to try and regain the championship at they lost last year. Rounding out the field are the teams of Lesosky & Seguin, Sheane & Smith, Pyper & Stone,

Craigie & Parson and Jackson & Lodewyks.

The competition will have two, five team divisions which will compete in a round robin with the top two teams in each division advancing to the championship round and the remaining three teams dropping to the consolation division.

Round robin action begins at 9:00AM on Saturday and every hour and fifteen minutes afterward, with six draws, wrapping up at 3:30PM and concludes on Sunday with two draws starting at 9:00AM.

The championship round will be played Sunday in the page playoff format with the 1vs1 game and the 2vs2 game starting at 12:15PM, semi-final at 1:45PM and the championship game at 4:30PM. Meanwhile, action in the consolation division will take place at 1:30PM, 3:00PM and 4:30PM.



TOWN OF POWERVIEW-PINE FALLS P.O. Box 220, Powerview, MB R0E 1P0 www.powerview-pinefalls.com municipal@mts.net Telephone: 204-367-8483 Fax: 204-367-4747

PUBLIC WORKS DEPARTMENT

Water Meter Technician

Applications are now being accepted for an experienced Water Meter Technician with the Town of Powerview-Pine Falls on a contracted basis.

This position will be responsible for installing new remote reading equipment as well as trouble shooting defective meters within the community. The successful candidate will have experience with the installation and repair of water meters, have a reliable vehicle, possess a valid Class 5 driver's license, and possess a courteous manner when dealing with homeowners.

Interested individuals are asked to submit a resume with expected hourly rated remuneration and fee for vehicle use, to the Municipal Office at , Box 220, Powerview, MB R0E 1P0 or drop off at 277B Main Street, Powerview, between 8:30 am to 4:30 pm Monday to Friday. Questions may be directed to the Public Works Supervisor Larry Stinson @ 367-2070, or email: ovp@pubw@mts.net

Closing date to receive applications is February 26, 2009 at Noon. The successful applicant will be required to submit a driver's abstract and a criminal record check prior to starting employment.

Sports



Top spot honours went to the local team of Lynn Chevretil/skip, Pauline Vincent/third, Bonnie Borlase/second, and Dawn Nault/lead.



The pictures on this side of the page are from the Saturday night dress up event. They are in no specific order.



Second Event went to Susan Lazaruk/skip, Monique Hawranik/third, Sandy Martin/second, and Tammy Martin/lead



The Third Event was won by Teri Kehler/skip, Christine Phillips/third, Leslie Carello/second, and Bernice Phillips lead.

Chevretils Rink Wins Pine Falls Ladies Bonspiel

Step right up and see the show, its carnival time...fun at the carnival and fun on the ice. That's what was in store for the women who participated in this year's bonspiel.

The Pine Falls Ladies Curling Club held their 59th annual bonspiel this past weekend. Top spot honours went to the local team of Lynn Chevretils/skip, Pauline Vincent/third, Bonnie Borlase/second, and Dawn Nault/lead. They defeated the Lac du Bonnet team of Connie Dancyt/skip, Maureen Smith/third, Cheri Dancyt/second, and Kim

Richardson/lead.

Second Event went to Susan Lazaruk/skip, Monique Hawranik/third, Sandy Martin/second, and Tammy Martin/lead they played Valarie Anderson/skip, Lori Pachkowsky/third, Jody McMullen/second and Laura Meyer/lead.

The Third Event was won by Teri Kehler/skip, Christine Phillips/third, Leslie Carello/second, and Bernice Phillips lead they defeated the five man of Kari/Kulyk/skip, Lisa Sippola/third, Debbie Phillips/second, and leads

Trista Brown, and Naomi Harley.

The number of entries was down this year but it didn't dampen the fun or the spirits of the teams that did participate. Twenty teams came together and competed over the weekend and curling enthusiasts got to see some great action of the ice.

Saturday's dinner was a combined effort of catering provided by Renata Johnson and the Ladies Club (who provided the meatballs and turkeys) put those two together and an excellent meal was provided to all the curlers followed by dessert.

After the ladies dined the entertainment followed and special applause goes out to Val Anderson and her team for their "Circus of Olay" performance. After that show, all who saw will be careful in what they wish for. Best Costume award was given to the Flying Pygmies team Lynn Chevretils rink. Honourable mention is given to the Pembina Girls team; they did a wonderful job on their costumes and their skit (Lion tamer and cats). All the teams that came out dressed up in full garb looked great and had a blast.

Special thanks is extended

to Karl Hutchinson the icemaker, Sharon Brown the Bartender, Valarie Anderson for Prizes and the Honorary Members for all their help and continued support, and last but not least the many volunteers who come together all year long to make curling possible in our community. Keep next year open for the 60th Annual Ladies Bonspiel. Another event that is just around the corner is the Pine Falls Mixed Bonspiel to be held on March 13th, 14th and 15th, 2009. There is still room to book your team, contact Faye Berthelette at 367-8968.

Sports

Victoria Beach Men's Bonspiel



1st Event

First Event Winners were from Victoria Beach (L-R) Les Sutherland, Mark Sieradski, Des Anderson, Cory Anderson - Skip



2nd Event

Second Event Winners were from Traverse Bay (L-R) Adrian Farmer, Ed Arnold, Steve Small, Ernie Thomas - Skip



3rd Event

Third Event Winners were from Belair and Hilside Beach (L-R) Ken Cyr, Dave Sparrow, Monty Vialoux, Gene Lazaruk - Skip

Community

Health Corner
NEHA Ask your Primary Health Care Provider

Please forward health related questions to:
Health Corner, Box 1030, Lac du Bonnet
District Health Centre, phone: 343-8647;
or Email: corvix@neha.mb.ca. For more
health information, please, visit the NEHA
website: www.neha.mb.ca.

Canada's Number One Killer

The number one killer in Canada is heart disease, also known as cardiovascular (CV) disease. It is the most costly disease, putting the greatest burden on the health care system. Heart disease includes diseases and injuries of the heart, the blood vessels of the heart, and the system of blood vessels (veins and arteries) throughout the body and within the brain. Oxygen and important nutrients carried by our blood are constricted or blocked causing

injury to our heart muscles. The buildup of fat deposits in the blood supply system is called Coronary Artery Disease may lead to blocked blood vessels and arteries. A lack of oxygen can result in a heart attack and permanent damage to heart muscles. Several factors, alone or in combination, may result in heart disease. One major factor is cigarette smoking. Other risk factors include: Diets rich in saturated fat

Physical inactivity
Stress
Family history of heart disease
Being overweight
Other medical conditions (including diabetes, high blood pressure, high blood cholesterol)
Focus on cigarette smoking:
In 1996, cardiovascular disease accounted for 37% of all deaths in Canada. Smokers have a 70% greater chance of dying from Coronary Heart Disease than

non-smokers. Smoking more than 40 cigarettes per day increases the chance of dying by 200 to 300% in comparison with non-smokers. Smoking or exposure to second-hand smoke makes the heart work harder by:

- decreasing the oxygen in the blood - carbon monoxide and other gases replace oxygen with each inhalation of cigarette smoke
- increasing the heart rate

- decreasing the size of blood vessels - fatty deposits associated with nicotine and carbon monoxide limits the blood supply to the heart.

Stopping smoking reduces the risk of smoking-related cardiovascular disease by approximately 50% within one year, and to normal levels (i.e. people who never smoked) within five years.

Heart Healthy Tips

Don't smoke. Not smoking or quitting smoking reduces your risk of developing heart disease. It may increase the "good" cholesterol (HDL) in your blood. It also reduces your risk of having a heart attack, stroke, and

common cancers.

Eat a wider variety of foods.

According to Canada's Food Guide, as part of a balanced diet, we should enjoy a variety of foods and choose lower-fat foods more often.

Get moving!
Just 30-60 minutes a day of accumulated physical activity will help keep your heart in shape. Eating well and staying physically active will help you to control your weight.

Avoid fad or miracle diets.

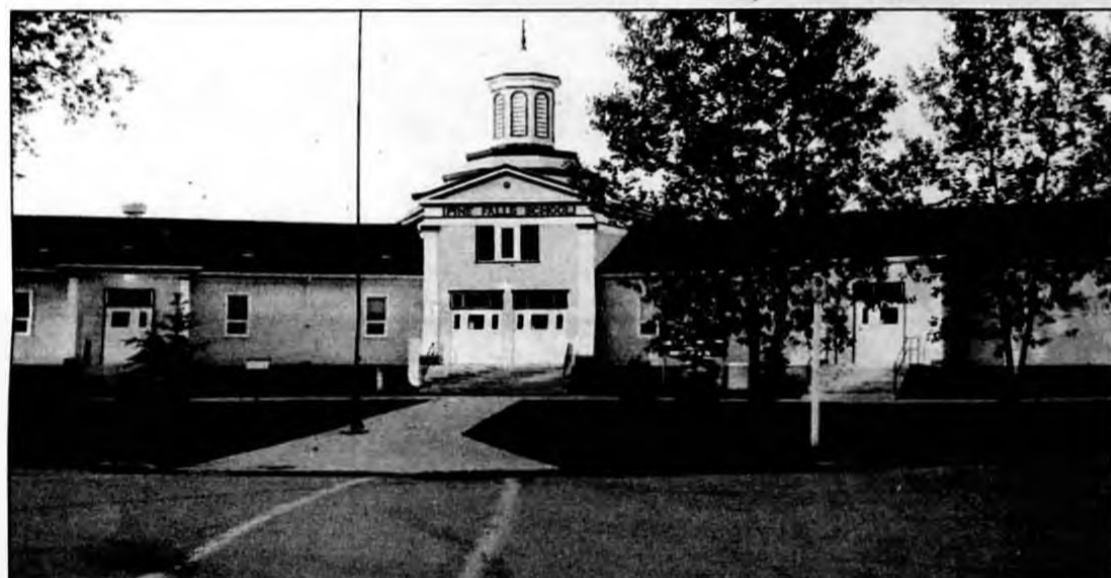
Have regular medical check-ups that include measurement of your blood cholesterol level.

You can also be tested for diabetes, one of the major risk factors for heart disease.

For more information on symptoms and how to minimize your risk, consult your Health Care Provider or the Chronic Disease Prevention and Management (CDPM) team in your area.

Source: www.hypertension.ca & www.heartand-stroke.ca

Submitted by: Kelly Deveau RN BN



Winnipeg River Learning Centre Up-date

Safety is important, whether at work, at play, or around the food we eat. Safety training is all about preventing the accidents that could forever change our lives and the lives of family, friends, and customers. The Winnipeg River Learning Centre is offering the Food Safe Level 1 certificate, in conjunction with Manitoba Health. The Food Safe course will be held on February 25th from 9:00 a.m. to 4:00 p.m. in Pine Falls. This course is for anyone responsible for purchasing, handling, preparing and serving food. You will receive a nationally recognized certificate upon completion.

Attention all boat operators; all operators of personal water craft and vessels under

4m require their pleasure craft operator card. Vessel operators born after April 1, 1983 require their card. All pleasure craft operators will require their operator card after September 15, 2009. S.C.O.T.T.S. Boat Safe and the Winnipeg River Learning Centre will be offering the Pleasure Craft Operator Certification on May 23rd in Pine Falls. This is a half-day training class, and those who pass the exam will receive their Pleasure Craft Operators Card that is good for life.

Red River College certificate courses soon to start are: Health Care Aid certificate program starts on February 23rd. This is a 300-hour course, with four workshops, and 240-hours of clinical

experience. Human Resource Management certificate program, this is a part-time evening program.

Other short courses and workshops being offered at the Learning Centre this winter are: Income Tax Preparation; How to Prune Landscape Trees; How to Prune Apple Trees; Customer Service along the Winnipeg River; Business Communications; Power Point; MS Word for Business; MS Excel for Business; Introduction to the Personal Computer.

If there is a course that we can tailor to suit your needs, or you are interested in registering for one or more of the above-noted courses/workshops, please give us a call at 367-2761 or Email at wrlc@mtns.net

For All Your Printing Needs

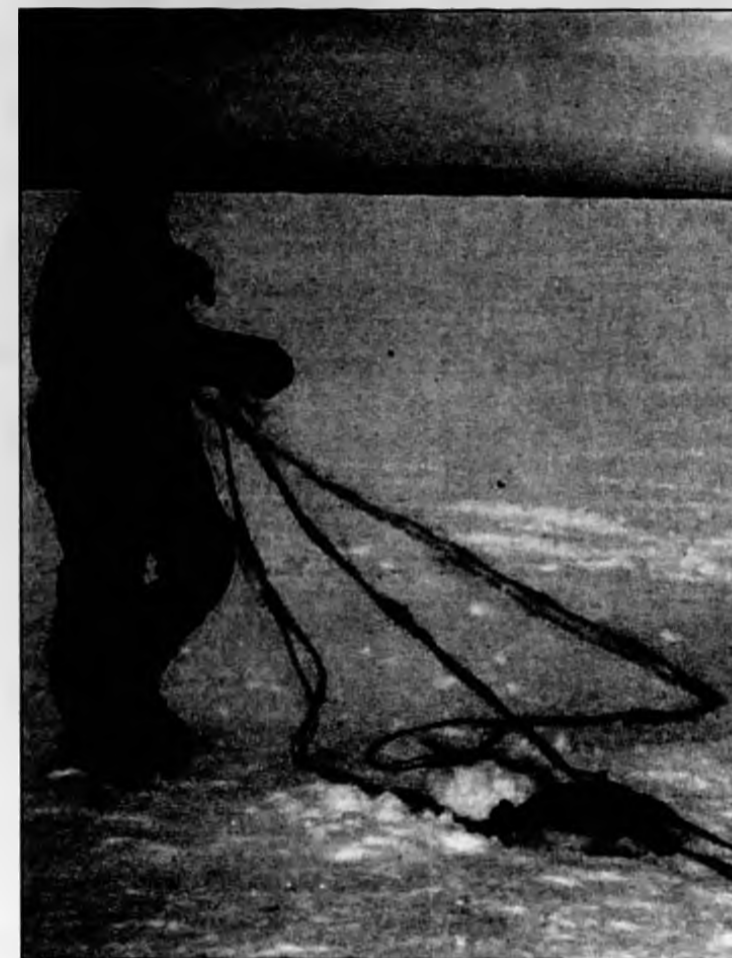
- Social Tickets
- Raffle Tickets
- Business Forms
- Wedding Invitations
- Envelopes
- Letterhead
- Cheques

The Winnipeg River **Echo**

Box 40, St. Georges, Manitoba R0E 1V0
Place McDougall, St. Georges
email: theecho@mtns.net
Phone: 204-367-9488 • Fax: 204-367-9974

Feature

Winter Fishing with Reney Thomas



By Laura Tuttle

It took a few calls to several commercial fishermen before I connected with Reney Thomas. I was looking for a winter fisherman who worked the East side of Lake Winnipeg between Victoria Beach at the mouth of the Red River. "In the winter, I just fish for carp y'know" said the voice on the phone. I could hear the apology in his voice and I understood.

The carp is one of the lowest ranking of the fish families. Of the 13 species harvested in Manitoba, pickerel (walleye) ranks first then whitefish and near the bottom of the cash harvest there is carp. In the eyes of a businessman, this has everything to do with money. Carp today gets sixty cents a pound.

Well before dawn, on a blustery Sunday morning in January, I meet Reney at his home near Traverse Bay. Mike Bruyere and I, with Reney at the wheel, climb into the Chevy 4X4 pickup that is our "home base" for the day. While we have the relative comfort of the warm truck, Bryce Thomas heads out right behind us with a snowmobile and large sleigh. Fishing has been good and

the path can be found even on foggy or snowy days. Reney tells me he is wary of the open crack in the lake not far ahead and he explains that "with the warm weather, it could have opened even since yesterday". The day before this trip, he and his helpers had put down a makeshift wooden bridge. I am well aware of the danger but I'm also thinking I haven't enjoyed anything so much in years.

At the anticipated ice fissure Reney stopped the truck and Mike and I got out. Bryce, Mike and Reney secured the plywood "bridge" over the cracked ice. Reney advised me to walk across. He said that "should the truck sink it would be better if just one person was in the vehicle". I was hardly about to argue with that logic.

The silence and the beauty are haunting. Reney said that yesterday a couple of coyote came close by and howled out their presence. Always, including this morning, the ravens fly close to the lift holes hoping for a free lunch.

The boys hack, by axe, into the ice at the edge of the marker. Once the hole is open, Reney uses a long handled hook to fish up the end of a nylon rope which, runs the length of the net from this anchor hole to the lift hole. We leave Bryce and the snowmobile at the anchor hole, holding the line. Mike and I climb in the truck with Reney and head for the next marker.

Within moments we slide to a stop right beside what will become the lift hole. This hole takes longer to dig as it must be big enough to accommodate the large carp that are expected on the line. Since the weather has been cold, there are several inches of ice covering the opening but within minutes water splashes out. While Bryce, at the anchor hole, releases line on the command of Reney at the lift hole, the net and the fish start to appear. At the first hole Reney hauls up each section of line and a few feet behind Reney, Mike Bruyere digs his heels into the snow and steadies the

heavy line.

From the first line the boys pull in 60 carp. "Not bad" says Reney, "although" he adds, "we have pulled in as many as 120 fish on one line". When the fish are on shore a safe distance from the water, the net is then reset, free of any tangles. The process begins again. The second net, which is pulled through the original lift hole, yields only 44 carp. No one is disappointed and I am the only one to take a break. I shelter in the truck to make a few notes and warm my camera. Could I do this day after day I wonder?

Leaving the lift hole of lines one and two, Mike and I ride with Reney in the truck on yet another rollercoaster ride across the snow until we stop about a quarter of a kilometre and a little to the southwest from the where we first parked. The truck pulls up very close to a tiny ice shack on skids. On closer inspection, the tiny edifice lies in a trough of blown snow. We don't enter the shack which never would have contained four adults at the best of times. Clearly this point marks the spot of the next lift hole. Reney does the honours at the anchor hole this time to the east while Mike and Bryce pull up the carp. With quiet expertise Mike and Bryce slowly free the fish and untangle the net while concentrating fully on their work. Reney joins us for the last part of the process.

The third and fourth nets contain catches that are very good. At the third line 88 carp cling to the net while at the fourth there are 73 carp who will soon be on their way to market. Not a single "other" species was pulled up this day. I credit this to the size of the net as pickerel or pike or any other species would easily swim through the net that Reney has set. Only carp, mature carp, are big enough to be caught in this large net. Lake Winnipeg is a relatively shallow lake (12 metre average) and because it's water is emptied and replenished every three to four years, the replacement and regenera-

tion of water makes it one of the most fertile fishing lakes in the World.

The truck was full by the time the third net was emptied and the fourth catch was stored in the large wooden sleigh that followed the Artic Cat. We aimed for home base just past mid day and without incident. Even at the ice fissure where I again climbed out at Reney's suggestion - "just to be safe" there was not a problem. Soon we were back at the Thomas home without incident and the job of transferring the fish to the "fish barn" began. It was a good day for me and for the three fishermen who so generously lent their time and expertise.

I asked Reney if there was anything in particular that he would like me to report when I wrote about my adventure. Actually, his answer did not surprise me. He said he knew I would tell a good story but he worried that folks might think that commercial fishing of carp might upset some of the folks who worried about the environment. Research on the subject of environment and sustainability has found this not to be a concern. The other thing Reney Thomas said warmed my heart and increased my respect for this man.

Reney said "mention Christopher when you write your story". Christopher Fontaine is Reney Thomas's grandson (by marriage). Chris, who goes to school with my granddaughter, lives full time with his grandparents. Reney dreams of the day when nine year old Chris can inherit the family business.

Christopher's Grandpa and benefactor explains it this way "On one hand I hope my grandson does not have to go out on the Lake to earn his living. He continues, "On the other hand all that is mine will be his." It was with this same generous spirit that Reney said "Sure!" when I had asked if I could join him for a day to observe first hand, commercial fishing on the East shore of Lake Winnipeg. Thanks Reney. The pleasure was mine.

RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

PINEVIEW RECREATION COMMISSION - Lori Vialoux, Rec. Director
 Box 281 Powerview, MB, R0E 1P0 - 3 Walnut Street, Pine Falls
 Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

EXERCISE PROGRAMS

Family Fitness
 Pine Falls School
 Monday & Wednesday's
SESSION STARTING FEB 18TH
 5:30 - 6:30 PM
 Instructor: Kim Bonekamp
 For youth ages 13+ with or without a family member.
 Includes cardio, circuit training, strength & flexibility.
 Need 10 confirmed registered to begin the class.
 Contact Rec Office 367-9142

Fitness Class For Beginners
 Pine Falls School
 Mondays & Wednesdays
 6:30 PM - 7:30 PM
NEW SESSION STARTING FEB 18TH
 Instructor: Kim Bonekamp
 Start on the road to a healthier lifestyle improving your cardio, strength & flexibility. For registration contact Kim Bonekamp 367-2107 email kbonekamp@hotmail.com or Rec Office 367-9142.

Arthritis Exercise Program
 Pine Falls School Gym
 Every Monday's & Wednesday's
 11:15 AM - Noon
NEW SESSION STARTING FEB 18TH
 Instructor: Kim Bonekamp
 This program is designed through PACE for people living with arthritis. There is no charge for this program. For more info contact Kim @ 367-2107

Strength For Seniors
NEW INSTRUCTOR KIM BONEKAMP
 Pine Falls School Gym
 Monday's & Wednesday's
 10:00 - 11:00 AM
NEW SESSION STARTING FEB 18TH
 Instructor: Kim Bonekamps
 Free program open to all seniors 55+. Class includes walking, exercise ball, stretching & resistance. For more info contact Kim 367-2107

50 Plus Exercise Class
 Senior Scene, Victoria Beach
 Monday's 9:30 - 10:30 AM
 Friday's 10:00 - 11:00 AM
 Instructor: Natasha Joy
 Monthly fee of \$5.00 per class
 Program includes a lower intensity workout that includes cardio, muscle & stretching.
 To register call Natasha 756-3868 or email inatasha@mts.net

Total Body Workout
 St. Georges School Gym
 Monday & Wednesdays
 7:00 PM - 8:30 PM
 Instructors: Nick Bonekamp & Paul Roberts
 \$20.00 per month. Family plans available.
 Kickboxing, Stretching, Skipping, Rubber Bands, Circuits & Felt Pads
 Loose Weight & Feel Great!
 Contact Nick 367-2702 or Paul 367-8018

Rise & Shine Fitness Class
 Pine Falls School Gym
 Monday, Tuesday, Wednesday & Thursday
 6:30 AM - 7:30 AM @ Pine Falls School Gym
NEW SESSION STARTING FEB 17TH
 Instructor: Kim Bonekamp
 Program includes aerobics, circuits & boot camp training.
 To register call the Pineview Rec office 367-9142 or Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

Exercise Class
 St. Georges Church Basement
 Monday, Wednesday & Fridays
 9:30 AM - 10:30 AM
 5 step program with warm up & cardio
 This is a free for all ages. For more info contact Ginette Vincent 367-8244 or 367-9970

Seniors Exercise
 Golden Leisure Club, Pine Falls
 Every Mon, Wed, Thurs & Fri
 10:15 - 10:45

Rivers North Fitness Coop
 \$100.00 membership
 \$250.00 annual user fee with membership
 \$300.00 annual user fee without membership
 For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

WINTER ACTIVITIES
Hockey Clinic
 Pine Falls Arena
 Saturday February 21
 5:00 - 6:00 PM
 The Winnipeg Jets Alumni team will be hosting a minor hockey clinic for youth ages 10+
 Cost \$5.00 per child.
 Register at Pineview Rec Office 367-9142

Badminton
 Pine Falls School Gym
 Thursday & Sunday's
 7:00 - 9:30 PM
 An adult must accompany children
 For more info contact Ginette Vincent 367-8244

Duck Lake Ski Club
 Pine Falls
 Single Membership \$20.00
 Family Membership \$30.00
 Groomed trail starts from the Pine Falls Hospital. Memberships can be purchased at Celebrations Unlimited (Scars) and all membership monies go toward maintenance of the trail. For more info contact Howard May 367-8846.

Broomball
 Pine Falls Arena
 For ages 12 & up
 Friday evenings 7:30-8:30 PM
 Cost: \$60.00 for the season
 For more info call J.L. Papineau 367-8570

Pine Falls Skating Program
 Pine Falls Arena
 Friday's 6:15 - 7:15 PM
 Ages 3+
 For more info contact Lori 367-9142 or Cheryl Gogo 367-8499

Recreation Hockey
 Pine Falls Arena, Victoria Beach Sports Club & Grand Marais Rec Centre
 January, February & March
 Days & times to be confirmed
 Ages 8+
 Equipment needed: Skates, Helmet & hockey stick
 Program will include coaching & general skills plus scrimmages.
 Looking for volunteers to help coach this program.
 For more info contact Lori 367-9142

Lazer Ladies Hockey
 Pine Falls Arena
 Every 2nd Wednesday
 7:30-8:30 PM
 Check arena schedule for dates.
 For more info contact Dawn Nault 367-8419

Junior Curling League
 Victoria Beach Sports Club
 Thursday's 6-7 PM
 For ages 8 - 15
 For more info & registration contact Kim Mackelson 756-2984

Drop In Curling
 Pine Falls Curling Club
 Tuesday's 6:30-8PM
 For ages 12 (born 1996) and older
 Cost: \$50.00 per person
 To register or for more information please contact Melinda 367-4682 or Fay 367-8968

Pine Falls Curling Club
 For more info contact Gloria Brody 367-2656 Melinda 367-4682 or Fay 367-8968.
 For more info on Drop In curling contact Bob Seguin 367-8344

Victoria Beach Sports Club
 For more info or team registration contact Tracey 756-3742 or Cathy 756-2662

Grand Marais Recreation Association
 For more info contact Chris Jensen evenings 754-3058 or email gcjensen@mts.net

MUSIC, DRAMA & ARTS
Guitar Lessons
 Beginners & Intermediate
 Ages 10+
 Sponsored by the Southeast Regional Music Corporation
 Free program. Limited space is available. To register contact the Pineview Rec Office 367-9142

Beaches Drama Club
 Thursdays & Saturdays
 Age: 12+
 Cost: \$30.00
 Production of "The Hysterical History of the Trojan War"
 Directed by Liz Jonkers. Looking for lots of adult help.
 Contact Angel Krafi 756-6426 or Liz Jonkers 756-8446

Adult Band
 Powerview School Band Room
 6:00 PM
 For those who have an instrument or for those who want to learn to play. Everyone Welcome! For more info contact Dorinda Watson 367-2296.

CHILDREN & TEENS
First Lake Winnipeg Beavers
 Walter Whyte School
 Monday's 3:30 - 5:00 PM
 Ages 3-5 (Male & Female)
 October - May
 Games, crafts, music, the outdoors & spiritual fellowship.
 For more info contact Carol Laing 754-6232 or Sue 754-2541

ADULT LEAGUES
Darts
 Branch 64 Darts @ Royal Canadian Legion
 Pine Falls
 Tuesday Nights 7:00 PM
 For more information contact Jackie Prowse 367-8332

Adult Bowling League
 Pine Falls Bowling Alley
 Tuesday's & Thursday's @ 7:30 PM
 For more info contact Evelyn Dadds 367-8413 or Sharon Mignon 367-8376
Seniors Bowling League
 Pine Falls Bowling Alley
 Tuesday's & Thursday's @ 1:00 PM
 For more information contact Gerry Gauthier 367-8798

SENIORS
GOLDEN LEISURE CLUB
 PINE FALLS
Canasta
 Wednesday & Friday's
 1:00 PM
Cribbage
 Every first Monday of the month
 1:00 PM

SENIORS SCENE
VICTORIA BEACH
Beginners Line Dancing
 Every Tuesday @ 9:30 AM
Advance Line Dancing
 Every Tuesday @ 11:00 AM
Stained Glass & Ceramics
 Every Thursday @ 9:30 AM
Quilting
 Every Thursday 10:00 AM - 3:00 PM
Square Dancing
 Every Thursday 3-5 PM
Carpet Bowling
 Every Friday @ 1:30 PM
 For more info contact Judy 756-3132
 www.seniorsceneinc.com

FOR ALL AGES
Pole Walking
 Senior Scene, Victoria Beach
 Mondays, Wednesdays & Fridays
 9:00 - 10:00 AM
 \$2.00 Drop in fee
 Poles available for lending. For more info contact Angie Glowa 756-2068.

Archevy
 Pine Falls Fire Hall
 Wednesdays from 4PM - 6PM
 For registration contact Tom Paukovic 367-8798

Bean Bag Club
 Grand Marais Rec Centre.
 For more information contact Jean MacDonald 754-3989.

Hall Walking Club
 Grand Marais Rec Centre
 Monday, Wednesday & Friday
 9:00 AM - Noon
 For more info contact Bonnie 754-3240

Pine Falls Golf Memberships
 2009 Memberships forms are now available at the Pineview Rec Office.

FESTIVALS & EVENTS
BONSPIELS
Pine Falls Ladies,
 Pine Falls Feb 13 - 15
Victoria Beach Mens,
 Victoria Beach Feb 13 - 15
MB Open Stick Curling
Championship,
 Grand Marais Feb 20 - 22
VB Fireman's Bonspiel,
 Victoria Beach Feb 20 - 22
VB Family Bonspiel,
 Victoria Beach Feb 27 & 28
Ice Breaker Mixed Cashspiel,
 Grand Marais Feb 27 - Mar 1
Pine Falls Mixed Bonspiel,
 Pine Falls March 13 - 15

WINTERFEST
FEBRUARY 19, 20, 21 & 22
POWVIEW-PINE FALLS & ST. GEORGES
 Family swim night, bonfire & fireworks, snowboarding & sliding, Cross country ski poker derby, family bonspiel & more.
 If you are interested in volunteering or contributing please contact Lori @ Pineview Rec Office 367-9142

Mack Jam
 Saturday, February 21
 Mack Hill, St. Georges
 Races start 1:00
 All Levels of Shredders Welcome
 Park style contests, bonfire, food & beverages.
 Bring your own gear & prepare the full day.

SnowDrifters Poker Derby
 Saturday, February 21
 10:00 AM - 1:00 PM
 Registration: Birchwood Motor Hotel or 1/2 Way Hut @ North Star Trail
 \$10.00 per hand for \$20.00
 All Ages Welcome

Pineview vs Winnipeg Jets Alumni
 Saturday, February 21
 7:00 PM
 Come watch the Powerview OJ/Timers, Pine Falls Old Kings and Pineview Bantam Girls battle it out with the Wpg Jets Alumni team for Winterfest.

Duck Lake Ski Club Derby
 Sunday, February 22
 Starts 2:00 PM SHARP!
 Pre-register at Pine Falls Liquor Mart Trail Entrance (Pine Falls Hospital)
 \$5.00/Hand - 100% Payout
 Bonfire, hot chocolate & smokies to follow at 4:00 PM
 For more info contact Carol Hutchison 367-2965

Winterfest Family Fauspiel
 Sunday, February 22
 Starts 12:00 Noon
 Pine Falls Curling Club
 \$20.00 team registration
 Teams must consist of at least 2 youth between ages 5 & 17.
 1st & 2nd Events & Prizes

PUBLIC LIBRARIES
Bibliothèque Allard Regional Library
 St. Georges
 Operation Hours
 Tuesday 10:30 AM - 5:00 PM
 Wednesday & Thursday 12:00 PM - 8:00 PM
 Friday 12:00 PM - 5:00 PM
 Saturday 10:00 AM - 2:00 PM
 Internet Access Site

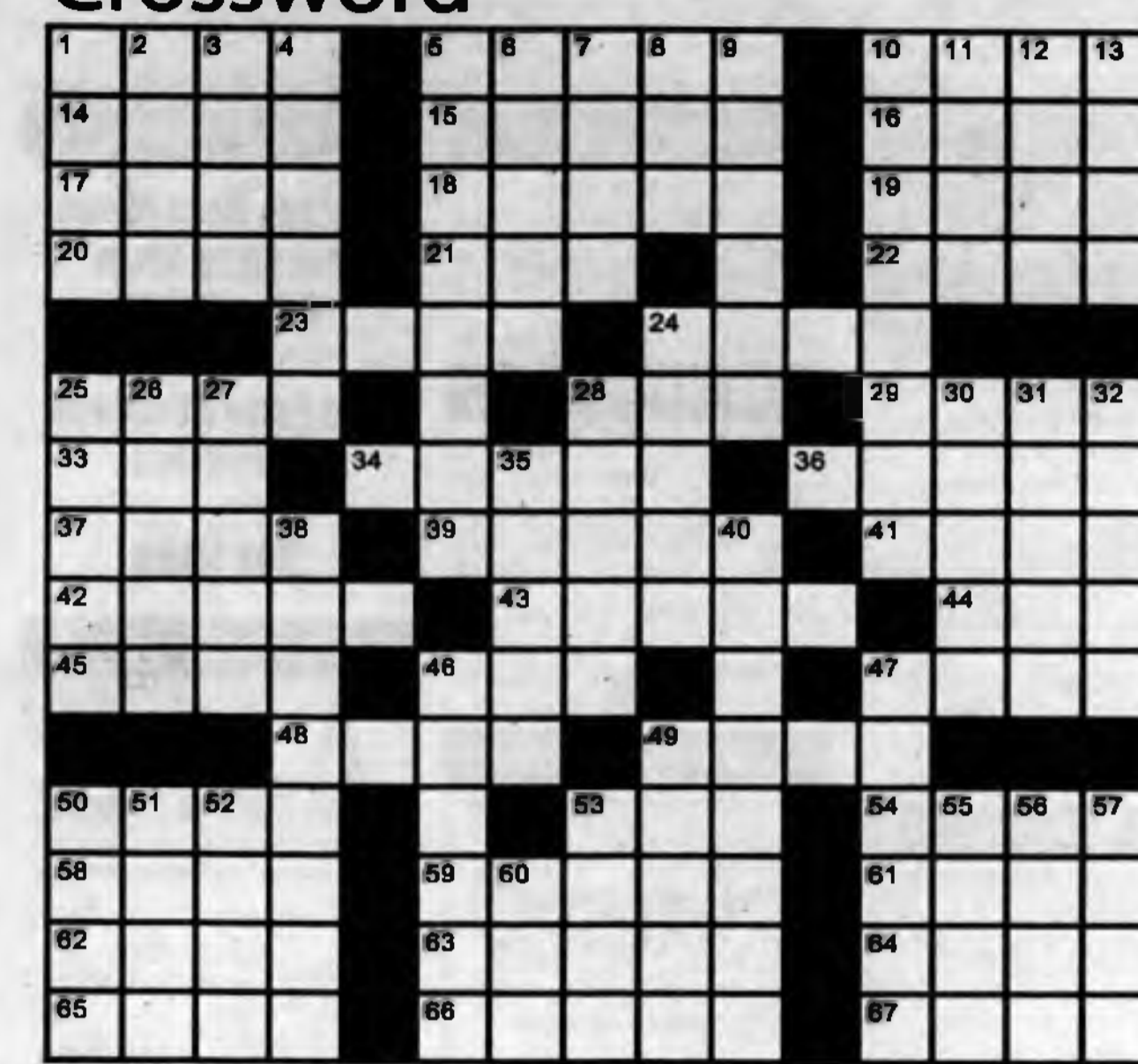
Beaches Library
 Located in Walter Whyte School 754-4007
 Operation Hours
 Tuesday 9:00 AM - 12:00 PM
 Thursday 4:00 PM - 8:00 PM
 Saturday 10:00 PM - 2:00 PM
 Internet Access Site

Pine Falls Library
 Located in Pine Falls School 367-8983
 Open Monday - Friday
 1:00 PM - 3:00 PM
 Internet Access Site

PINE FALLS ARENA SCHEDULE

WED	THUR	FRI	SAT	SUN	MON	TUE	WED
Feb 11	Feb 12	Feb 13	Feb 14	Feb 15	Feb 16	Feb 17	Feb 18
3:30 - 5:15 Public Skate	3:30 - 5:15 Open Ice	3:30 - 5:15 Public Skate	11:15 Novice vs Springfield	11:00 Novice vs St. Annes	3:30 - 5:15 Public Skate	3:30 - 5:15 Open Ice	3:30 - 5:15 Public Skate
5:15 - 8:00 Novice Practice	5:15 - 8:15 Novice Practice	5:15 - 8:15 Open Ice	1:00 - 3:00 Public Skate	12:30 Alans vs Steamboat	5:15 - 8:15 Novice Practice	5:15 - 8:15 Novice Practice	5:15 - 8:00 Public Skate
8:15 - 7:15 Pewees Practice	8:15 - 7:15 Atom Practice	8:15 - 7:15 Learn to Skate	8:45 - 9:45 PV O/Timers vs River Rats	8:15 - 7:15 Pewees Practice	8:15 - 7:15 Atom Practice	8:15 - 7:15 Pewees Practice	8:15 - 7:15 Pewees Practice
7:30 - 8:30 LeFlowers & Ladies	7:30 - 8:30 Bantam Girl Practice	7:30 - 8:30 Broomball		7:30 - 8:30 Bantam Boys Practice	7:30 - 8:30 Bantam Girl Practice	7:30 - 7:30 Midget B Practice	
8:45 - 9:45 Bantam Boys	8:45 - 9:45 OJ Kings Practice			8:45 - 9:45 Midget A Practice	8:45 - 9:45 OJ Kings Practice	8:45 - 9:45 LeFlowers	
	10:00 - 11:00 Voyagers Practice						

Crossword



Copyright © PuzPuz Puzzles 2008

- Across
- 1. Against
 - 5. Wooden pole
 - 10. Bookie's quote
 - 14. Robe
 - 15. Came alive
 - 16. Water vessel
 - 17. Axis of
 - 18. Widely known
 - 19. Smidgen
 - 20. Heroic tale
 - 21. Lie
 - 22. Cafeteria carrier
 - 23. Sharpening stone
 - 24. Bill of fare
 - 25. and sciences
 - 28. Scottish cap
 - 29. Eager
 - 33. Spelling contest
 - 34. Burger topper
 - 36. Saltwater
 - 37. Teen affliction
 - 39. Fund
 - 41. Eastern discipline
 - 42. Lifted
 - 43. Transport
 - 44. Auction unit
 - 45. Perfect
 - 46. wire
 - 47. Course

Last Week's Answers



CRYPTIC PUZZLE



XJBS E TES KU XOEMMBA WM KS JKTUBRD JB
 TEQBU E MOBVVZ UTERR MEGQEHB -
 PLJS OWUQKS

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

Last Week's Solution
 THE WORD 'POLITICS' IS DERIVED FROM THE WORD 'POLY', MEANING 'MANY', AND THE WORD 'TICKS', MEANING 'BLOOD SUCKING PARASITES'. - LARRY HARDIMAN

Weekly Horoscopes

February 12-18, 2009

- ARIES** (Mar. 21-April 20) You may find that getting together with colleagues after hours will be worthwhile. You can set your goals and make a beeline for your target. You will be looking for creative ways to make a little extra cash. Recognition will be yours if you meet your deadline.
- TAURUS** (Apr. 21- may 21) You may get some opposition. Personal changes will be to your benefit. Your own small business on the side sounds pretty lucrative. Your personal life will still be experiencing difficulties and you are best to avoid the issues for the time being. Lend an ear to children; it can make a difference.
- GEMINI** (May 22-June 21) Help elders with their concerns. Resist the temptation to gamble. Risks will not be profitable. You will be best suited to doing things around the house or inviting friends over for a visit. Find ways to mellow out.
- CANCER** (June 22-July 22) You will have an interest in foreigners and their cultures. You can make moves, but they won't be setting. Concentrate on work. Take special care in any home improvement project you work on this week, you'll be glad you did.
- LEO** (July 23-Aug 22) If you're uncertain of your feelings, keep your opinions to yourself. Try out for a local sports team such as volleyball, tennis, lawn bowling, or whatever interests you. Dead end projects could plague you. You will have to be careful not to let others find out about your intentions.
- VIRGO** (Aug. 23 -Sept. 23) Travel will be favorable. Verbal abuse could lead to carelessness. You will be appreciated for the competence you exhibit and for taking on responsibilities. A long discussion is in order if you wish to clear the air.
- LIBRA** (Sept. 24 -Oct. 23) Plans to make physical improvements may lead to psychological changes, too. Your willingness to help others can and will lead to fatigue if you don't learn to say no. Pleasure trips or friendly get-togethers will be satisfying and intellectually stimulating. Relatives will be cordial.
- SCORPIO** (Oct. 24 - Nov. 22) Be sure that you lay your cards on the table. Your creative ideas will be put to good use if you dig in and do things around the house that will make your family happy. Try to be understanding. Get them to pitch in, if you need help.
- SAGITARIUS** (Nov. 23 - Dec 21) You're best to channel your energy into work. Your lover will be annoyed with your participation. Travel will be fun and entertaining. Don't bend to the pressure.
- CAPRICORN** (Dec 22- Jan. 20) Try to communicate if you wish to help. Think twice before you pursue an unrealistic endeavor. Stay away from social unpleasantness. Take positive action.
- AQUARIUS** (Jan. 21 -Feb. 19) Take time to catch up on gossip and make plans to do a little adventure travel. Proceed with caution if operating equipment or vehicles. Your talents are likely to be discovered. Travel will entice you; however, a tendency to overspend is quite possible.
- PISCES** (Feb. 20-Mar. 20) Controversial subjects should be avoided at all costs. Instant romance could be yours if you go out with friends. Do not invest in ventures that only appear to be lucrative. You must act quickly.

Classifieds

For Rent
WoodlandPlace/DaleHaven Apartments, 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. Furnished, weekly and monthly rates also available, call after 6:00 p.m. 367-4922. TFN

Advertising
The Echo Classifieds
\$5.50 for first 25 words, 15¢ for each additional word. \$5.00 each per photograph.
Fax: 367-9974.
theecho@mts.net

For Sale
Two, 2003 Polaris Fan Cooled Twin 550 Trail Touring. Electric Reverse Control, Hand Warmer. One With 1125 Miles And The Second One With 1280 Miles. Stored Indoors, Winter/Summer Double Carbide Sliders, Moulded Plastic Skis. Well Maintained, Cover Included. Price: \$ 3900 Each. Call Alex - 756-8554

Wanted to Rent
I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFN

Advertising
For the Best Rates for Long-term Advertising
The Echo Business Directory
367-9488

Obituary
SUZANNE LORRAINE DION
Mrs. Suzanne Dion, aged 62 years of Powerview, MB dearly beloved wife of Rosaire, passed away on Sunday, February 15, 2009 at the Pine Falls Hospital with her family at her side.
She is survived by her husband Rosaire; her mother Virginia St. Croix, her sons Pierre and Robert; her daughters Michelle (Ken Mikolayanko), Anita (Sylvia Marion) and Ginette; her grandchildren Britney (Chris Desjardins), Jaynie, and Stacey; her sisters Irene (Jean Belanger), Collette (John MacLellan), Claire (Bob Stokes); her sister-in-law Lucille St. Croix, her nieces and nephews Louise, Rene, Jacques, Roland, Nicole and Melissa and her life long friend Sheila Bruce as well her dog Telly.
She was predeceased by her father Omer St. Croix and by her brother Louis St. Croix.
Funeral mass will be celebrated on Friday, February 20 at 11:00 a.m. in the Notre Dame du Laus Roman Catholic Church, Powerview, MB, with Rev. Fr. James Gray presiding. Prayers will be said 1/2 hour prior to the mass.
In lieu of flowers, if friends so desire, donations in her memory may be made to CancerCare Manitoba, 675 McDermot Avenue, Winnipeg, MB R3E 0V9, or the Humane Society, 45 Hurst Way, Winnipeg, MB R3T 9Z9.
The family extends a special thanks to Louise and Denise and the staff of Pine Falls Hospital.
SOBERING FUNERAL CHAPEL & CREMATORIUM, Beausejour
268-3510 or MB toll free 1-877-776-2220

Obituary
SUZANNE LORRAINE DION
Mrs. Suzanne Dion, aged 62 years of Powerview, MB dearly beloved wife of Rosaire, passed away on Sunday, February 15, 2009 at the Pine Falls Hospital with her family at her side.
She is survived by her husband Rosaire; her mother Virginia St. Croix, her sons Pierre and Robert; her daughters Michelle (Ken Mikolayanko), Anita (Sylvia Marion) and Ginette; her grandchildren Britney (Chris Desjardins), Jaynie, and Stacey; her sisters Irene (Jean Belanger), Collette (John MacLellan), Claire (Bob Stokes); her sister-in-law Lucille St. Croix, her nieces and nephews Louise, Rene, Jacques, Roland, Nicole and Melissa and her life long friend Sheila Bruce as well her dog Telly.
She was predeceased by her father Omer St. Croix and by her brother Louis St. Croix.
Funeral mass will be celebrated on Friday, February 20 at 11:00 a.m. in the Notre Dame du Laus Roman Catholic Church, Powerview, MB, with Rev. Fr. James Gray presiding. Prayers will be said 1/2 hour prior to the mass.
In lieu of flowers, if friends so desire, donations in her memory may be made to CancerCare Manitoba, 675 McDermot Avenue, Winnipeg, MB R3E 0V9, or the Humane Society, 45 Hurst Way, Winnipeg, MB R3T 9Z9.
The family extends a special thanks to Louise and Denise and the staff of Pine Falls Hospital.
SOBERING FUNERAL CHAPEL & CREMATORIUM, Beausejour
268-3510 or MB toll free 1-877-776-2220

Employment
Employment
TOWN OF POWERVUE-PINE FALLS
P.O. Box 220, Powerview, MB R0E 1P0
www.powerview-pinefalls.com manclark@mts.net
Telephone: 204-367-8483 Fax: 204-367-4747

PUBLIC WORKS DEPARTMENT
Permanent Fulltime Position
Applications are now being accepted for a Permanent Fulltime Position with the Public Works Department of the Town of Powerview-Pine Falls.
The position offers forty hours per week (40) at the truck driver/tractor operator entry level. The successful applicant must possess a Class 3 Drivers License with air brake endorsement, enjoy working outside in all seasons, physically capable of strenuous labour, and able to work in a team environment.
The position is within the collective bargaining unit with a comprehensive benefit package available after completion of the probationary period. Bilingualism would be considered an asset.
Interested individuals are asked to submit a resume with a list of education and experience to the Municipal Office at , Box 220, Powerview, MB R0E 1P0 or drop off at 277B Main Street, Powerview, between 8:30 am to 4:30 pm Monday to Friday. Questions may be directed to the Public Works Supervisor Larry Stinson @ 367-2070, or email: pubw@mts.net
Closing date to receive applications is February 26, 2009 at Noon. Salary per the IUOE Local 987 Collective Agreement. The successful applicant will be required to submit a driver's abstract and a criminal record check prior to starting employment.

Painter
Dan's Painting
Serving Winnipeg River area
FREE ESTIMATES
204-572-6282

ATV/Motor Cycles
St. Croix Cycle
ALL TERRAIN MOTORCYCLES & POWER PRODUCTS
Hwy. 11
367-2218

Gift Shop
Plum Creek
Gift Shop
Open Friday, Saturday, Sunday
12pm - 5pm
Hwy 11
Phone: 754-5555 Open: Drive Sideline

Pawn Shop
CASH IN A FLASH PAWN
Located on the corner of
Art Ave. and Hwy 11
In Powerview
367-4537

Hardware
RONA HARDWARE
For all your Hardware Needs
OPEN: Mon. to Sat. 9am to 6pm
Pine Falls 367-2380

Building Supplies
OSHA'S SUPPLY
277B Main Street, Powerview, MB
367-2070

Home Renovation
OHANLEY INSULATORS
Blow In Cellulose Insulation
Free Estimate Messages
Call Charles 367-4411
367-1578 Cell: 268-9183
ohanley-insulators@hotmail.com

Home Renovation
WANTED
8 HOMES THAT NEED NEW WINDOWS
Eight (8) homeowners in this area will be given the opportunity of having Casella Shield Premium Windows installed on their homes at a very reasonable cost.
This window product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Casella Shield Premium Windows come with Tempormat Space Systems as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.
Your home can be a showpiece in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.
Ask about low monthly payments through Hydro.
For an appointment call
Mr. Stewart at
NISBY WINDOW & DOOR
1-800-582-5488
www.nisby-wd.com

House for Sale
House for Sale in Pine Falls
Located at #7 Birch Street, Pine Falls. Ideal single or couple house, newer windows, well insulated, finished basement, new carpets, all appliances, 2 bath, deck, detached garage. 367-8695. 4s-2

Computer/Networking
WHYTE NORTH
COMPUTER SERVICES
Jim Whyte
204.367.2970
jim@grahlynorth.ca
www.grahlynorth.ca
WE DO IT ALL
Custom Computer Design - Network Design & Support
Virus & Spyware Removal - Web Design & Hosting
On-site Office Computer Software Support

Bakery
Sunrise Bakery
Watch for our Coffee Shop Opening Soon!
Store Hours: Pine Falls
Tuesday to Saturday
8:30am to 5:30pm
367-8019

Financial
Caisse
A better way to bank
367-6288
www.caisse.biz

Memorials
STEWARTS MEMORIALS
Lac du Bonnet
345-2644

Home Renovation
RAPID WATER DELI
CONVENIENCE
Water Refills
15L - 4.95 - Free
Hot & Cold Water - Free
Call 367-6888
Located in McDougall Plaza, St. Georges

Grocery
Dancy's FOODS
Hwy 11
Powerview
367-2070
THIRD STREET, LAC DU BONNET
204-345-2221

Home Renovation
WANTED
8 HOMES THAT NEED NEW WINDOWS
Eight (8) homeowners in this area will be given the opportunity of having Casella Shield Premium Windows installed on their homes at a very reasonable cost.
This window product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Casella Shield Premium Windows come with Tempormat Space Systems as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.
Your home can be a showpiece in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.
Ask about low monthly payments through Hydro.
For an appointment call
Mr. Stewart at
NISBY WINDOW & DOOR
1-800-582-5488
www.nisby-wd.com

Concrete/Excavating
A.M.L.
AL MEISNER LTD
REDI-MIX CONCRETE
EXCAVATING
AGGREGATES
367-8454

Computer/Networking
WHYTE NORTH
COMPUTER SERVICES
Jim Whyte
204.367.2970
jim@grahlynorth.ca
www.grahlynorth.ca
WE DO IT ALL
Custom Computer Design - Network Design & Support
Virus & Spyware Removal - Web Design & Hosting
On-site Office Computer Software Support

Bakery
Sunrise Bakery
Watch for our Coffee Shop Opening Soon!
Store Hours: Pine Falls
Tuesday to Saturday
8:30am to 5:30pm
367-8019

Financial
Caisse
A better way to bank
367-6288
www.caisse.biz

Memorials
STEWARTS MEMORIALS
Lac du Bonnet
345-2644

Grocery
Dancy's FOODS
Hwy 11
Powerview
367-2070
THIRD STREET, LAC DU BONNET
204-345-2221

Home Renovation
WANTED
8 HOMES THAT NEED NEW WINDOWS
Eight (8) homeowners in this area will be given the opportunity of having Casella Shield Premium Windows installed on their homes at a very reasonable cost.
This window product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Casella Shield Premium Windows come with Tempormat Space Systems as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.
Your home can be a showpiece in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.
Ask about low monthly payments through Hydro.
For an appointment call
Mr. Stewart at
NISBY WINDOW & DOOR
1-800-582-5488
www.nisby-wd.com

HOTEL & RESTAURANT

PINE FALLS SERVICE CENTRE
Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight
SUBWAY
Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.
367-8803

Papertown
367-2261 Motor Inn
Deluxe Jacuzzi Rooms Home of NTE
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub
Night Club
1 Mile East of Pine Falls, Hwy. 304 & 11

BIRCHWOOD MOTOR HOTEL
- 16 Modern Units
- Hot tubs Traverse Bay
- Dining Room 756-2596
- Meeting Rooms
- Fully Licensed
OPEN YEAR ROUND

COMPUTERS
M&C Bruneau's PC SERVICES
Microsoft Certified Professional
Hardware & Software Support
Network Design & Support
Virus & Spyware Removal
Web Design & Hosting
On-site Office Computer Software Support
Ph: 345-6878

Your Ad Here

FURNITURE
DAVE'S FURNITURE & APPLIANCES
For the Best Quality New & Used Furniture & Appliances... Call us First!
367-2480
21 Mt Street, Powerview
Mon. to Fri. 10am - 5pm - Sat. 10am - 3pm

GIFT SHOP
Veranda GIFT SHOP
Gifts • Antiques • Collectibles
758-8184

YOUR AD HERE

CLARK'S CORNER
OPEN 8:00am to 10:00pm
Tackle & Outdoors Store
Live Bait
Diesel Fuel
Under New Management
DOMO
JUMP TO THE PUMP!

Broadlands Mall
Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm
Restaurant
Daily Specials
Open 6 am-10 pm
367-4484

Manitou Lodge
Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed
367-2252
Tuesday Nite
Wing Nite & Draft Special

Lakeview STEAKHOUSE
57 Park Avenue, Lac du Bonnet, Phone 345-6881
Even - Friday & Saturday
Steak Dinner Specials
CHINESE Available
Casey's MOTOR INN
345-6294

INCOME TAX
LIBERTY TAX SERVICE
Sandi Daval
367-4244
INCOME TAX SERVICES
BOOKKEEPING SERVICES
2 McDougall Ave., St. Georges, MB

SEPTIC
Gilles Lamoureux
G's SEPTIC TANK CLEANING SERVICE
PORTAGE Total Rentals
P.O. Box 905, PINE FALLS, MANITOBA R0E 1M0
PHONE: 367-4708 CELL: 345-3836

ELECTRIC
340-5600
GREEN CUTHBERT
Journeyman Electrician - Licensed & Insured
Serving Pine Falls & Area

Your Ad Here

REAL ESTATE

For All your Real Estate Needs!
CONTACT Century 21
Our Real Estate Professionals Look forward to Working with You!
Call 1-800-854-8148
345-2121 / 268-2011
Email: c21sun@mts.net
www.century21suncommunity.com

Ateah Realty Ltd
Professional Service
Professional Results
Toll Free
1 866 755 5406
204-367-3699
www.ateah.com

AUTOMOTIVE
Windshield Replacement & Repair
All Your Auto Body Needs
Courtesy Care
powerfalls AUTO BODY
367-2877
Fax 367-2338

Custom Services
MB Heavy Equipment Safety Station
345-6363
cell: 345-3636

GROCERY
Great Falls Foods
Highway 11, Great Falls
367-2976
OPEN 7 DAYS A WEEK
Store Hours:
Mon. - Thur. 8-6, Fri. - 8-7
Sat. 9-7 Sun. 12-5
Having a Social Function?
Call us to look after everything for you
Ask us about delivery
The House of Quality

PHARMACY
TRY YOUR DRUGSTORE
first
PINE PHARMACY
Open Monday to Saturday
9:30 a.m. to 5:30 p.m.
367-2611
367-2517
DISPENSARY

Your Ad Here

MEDICAL SERVICES

Blue Water Physiotherapy
Phone: 367-2537
Please call for an Appointment
•Work and Sports Injuries
•Neck and Back Pain
•Occupational
•Orthotics
•Manual Therapy
•Pilates - Reformer Sessions
Located on Highway #11 in Powerview

Celeste Basson
B.ScPT, CAFC
Stephanie Hampson
BMR (PT)

Powerview/Pine Falls Dental Centre
277A Main Street, Powerview
Hwy. 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.
Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Jackie Chun
Emergency Care
New patients welcome
367-2815

Place Your Business Here
367-4968

Dr. Alan Grant - DENTIST
Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
Tuesday, Wednesday, Thursday
9:30am - 4:30pm
Closed Mondays and Fridays
Health Centre 367-2208
Direct Line 367-4417

Esser Chiropractic Health Centre
Corner of PTH 11 and Church Street (beside Papineau Motors)
• Autopac
• Blue Cross
• Veteran's Affairs
• Worker's Compensation
Phone 367-4858
No referral required Please call for appointment

Jon. O. Phillips, RMT
Registered Massage Therapist (MTAM)
CLINIC LOCATIONS:
Through the Arbour **Revitalize Soul Spa**
188 Pine Street, Pine Falls (204) 367-2141
225 Clandeboye Ave, Selkirk (204) 785-8922
Direct billing available to Blue Cross & Great West Life

For the Best Rates for Long-term Advertising

The Echo Business Directory
367-9468

Dr. A.H. Anderson & Dr. M.H. Anderson
LAB ON SITE
Optometrist
Contact Lenses and Eyeglass Fittings
MANITOU LODGE PINE FALLS
367-2390
Monday - Friday, 9:00am to 5:00pm
Closed for lunch hour 12:30 - 1:30pm
Examinations done on Mon. & Tues.

Bluelwater District Transit
For Bookings Call
367-9128 Office
345-3075 Driver

Fête d'Hiver

Winterfest

February 19-22
le 19-22 février

Muck Jam

Carnival Splash
Thursday Night 2pm-7pm
at Papertown \$3.00
Bring your own towel

FRIDAY

**Family Fun
Fireworks** *Dress Warm!*

Sliding, Sleigh Rides, bonfire,
hot chocolate & marshmallows.
At the Village Green. FIREWORKS!

Olympic Torch Display

The Olympic Torch will be on display at Muck Hill from 12pm-3pm, Saturday

Muck Jam - Saturday
10:30am to 5:00pm
at Muck Hill

Competition Starts at 1:00pm
All day bonfire, hot dog roast,
sliding and games. Contact Richard May
at 471-7068 or Seth & Zane 367-8786.

Winnipeg Jets Alumni Game

Cheer on your local team as they Play the Winnipeg Jets Alumni. Pineview Saints Bantam Girls, Pine Falls O' Kings and Powerview O' Timers will each play a 20 minute period. 50/50 draw, puck toss, canteen, \$2.00 entry Adults. Kids \$1.00

7pm to 9pm Saturday
Curling Club Sportsroom Open at 6:00pm

Poker Derby

Victoria Beach Snowdrifters Poker Derby. Saturday, 10am-1pm
Register at the Birchwood or 1/2 Hut on the North Star Trail. Info. 756-8655

Family Funspiel

Sunday, 12pm-6pm

Must have 2 or more children ages 5-17.
\$20/team entry. Prizes.
Register at the Pine Falls Curling Club or call Lori
367-9142

Meat Draw

Crib Tournament

Games start at 10:00am
fee includes snacks, coffee & prizes.