

COMMENT

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\$1.00 tax included
February 11, 2009
Volume 9, No. 35

**The Winnipeg
River**

Echo

Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls,
Beaches, Little Black River, Manigotagan and Bissett

Icy Roads Disrupt

Services

*Area Schools Closed,
RM Council*

Meeting Postponed

By Charles Norman

Icy roads made it next to impossible for councilors to get to Tuesday's council meeting for the RM of Alexander. The meeting was rescheduled for Wednesday February 11.

Also, the Sunrise School Division website reported that school buses were not running, that all schools in the division were closed and staff was not expected to come in on Monday and Tuesday.

Highway 304 was especially bad. Two vehicles ended up in the ditch south of the dam, but north of the dam the road was like a skating rink. Claude Starr, of Henry's Towing, said the road should have been closed. One semi trailer, on its way south slid into the ditch and dragged in a second when he stopped to haul him out. The two semis were hauled out by a tractor sent from Winnipeg.

Starr said Henry's Towing

pulled four vehicles out of the ditch on Monday and another three on Tuesday. At 4:00 pm on Tuesday two more vehicles still remained to be picked up on 304 north. He said the ice on 304 north was so bad that they had to salt the road before they got out of the tow truck because of the difficulty in maintaining footing.

Starr said that 5 Kmph was about all it was safe to travel at and that his truck would slide sideways from the crown of the road. He navigated by keeping two wheels on the ridge of snow left by snowploughs.

The icy conditions were common all over southern Manitoba. Warm air brought rain which froze when it hit the very cold earth. Freezing conditions forecast for Tuesday night with about two inches of snow in the forecast could result in very treacherous snow-on-ice conditions on Wednesday.



Face painting was just one of many activities for children to enjoy at this year's Family Festival. See more coverage on pages 7 and 8.

Another Great Festival Volunteers Make the Difference at the Annual Grand Marais Family Festival

Toques off to the folks who organized and orchestrated the weekend Family Festival in Grand Marais. If there were hitches or tension or anything other than full cooperation, it was not obvious to the 1500 guests at the annual winter event. Every detail was attended to from great sig-

nage to recognize more than a dozen businesses and organizations who sponsored each of the weekend events; to seeing that every single child left with a gift and souvenir from the weekend; and that anyone who came hungry left satisfied.

There was no job too big or small for Chairperson Len

Kancer. If he wasn't giving direction to new volunteers, or slipping easily into the role of gracious host for the half dozen dignitaries including M.P. James Bezan & M.L.A. Greg Dewar, Kancer could be found behind a huge broom sweeping up at the end of the day after the "standing room
Continued on page 7

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Letters to the Editor

Keeping in Touch With Old Friends... and the Past

Dear Editor:

When John received this letter from his friend Nick Bachynski from Cape Cod, I thought it was worth showing to my neighbours and friends. They suggested it should be put in our local paper, "The Echo" since it had so much local history of living in Pine Falls long ago.

John is now in the Pine Falls Sunnywood Manor Personal Care Home.

Mary Hutchison

Letter follows:

Dear John,

Thought you might be interested in some of my recollections going as far back as the Depression years during the 1930's in Pine Falls. Being slightly younger, I was behind you in school and because you lived on "The Rock" and lived in town; we did not have much contact then. We got to know each other better later in life primarily through Ted Tanner who had a closer relationship with each of us.

Nevertheless, since we both

grew up in Pine Falls, we can call ourselves soul mates and buddies.

Going back to the 1930s, I remember watching you and Marilyn Carey practice figure skating under the stars on the rink in sub-zero weather to such inspiring strains as "The Blue Danube" and "Swan Lake". You and Marilyn had the unique talent of transforming the musical movements into eye-catching, graceful physical form. This took a tremendous amount of energy,

strength, discipline, and determination by both of you. Skating movements were repeated over and over until each of you felt you had it right. Striving for perfection involved much work but both of you had youth on your side. Every time I hear a Straus waltz or a musical score by Tchaikovsky, my thoughts hark back to those figure skating days. World War II brought the figure skating to an end with you joining the Navy and Marilyn returning to the United States with her family. This story has a silver lining in that the Navy took you to Nova Scotia where you met your future wonderful partner in life, Mary.

When we visited you and Mary in 2004, I was absolutely amazed at what you had done reconstructing "The Shack". John, it showed you are a builder, par excel-

lence in addition to your other great talents. "The Shack" is no more, as you converted it into a lovely, comfortable summer home in a beautiful setting on the banks of the Winnipeg River. Your eye for perfection is most evident in all your handiwork.

You usual friendly, enthusiastic and uplifting persona full of smiles captivated Dot, my daughter, Lisa and granddaughter Corrine. It was so kind of you and Mary to host us that day and to have Margaret Ford and Donalda join us. As brief as it was, that visit was a memorable highlight of our trip to Manitoba.

John, looking back over the years, we had everything we could wish for in this small, isolated community including a hospital, a dental office, a good school plus

Continued next page

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CANADIAN INDEPENDENT

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Sunrise School Division
Announcement
PUBLIC MEETING

Sunrise School Division invites the Public to attend:

Draft Budget Presentation (2009/2010 School Year)

WHEN:

Thursday, February 26, 2009 at 8:30pm

PLACE:

Sunrise Education Centre, Multi-Purpose Room in Beausejour.

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News

Continued from previous page.

facilities for swimming, skating, hockey, curling, tennis, even a golf course, hunting, boating, camping, etc., etc. We did not need much of

a police force for if anyone stepped out of line, the whole town would know who, what and where immediately. I also remember the people of

Pine Falls helping each other and those in need during the Depression especially when the mill was shut down from 1930 to 1933. This, together with many young people in the area, including yourself,

who answered the call of military duty during World War II, clearly reflected the strong character of the Pine Falls community. In our youth, we did not know how lucky we were to be living in

such a place. John, I will try my best to keep in touch with you and Mary. Dot sends her love. God bless. All the very best, Nick



Notice Of Public Hearing and Pre-hearing Conference

Applicant: Manitoba Public Insurance Corporation

HEARING:

The Public Utilities Board (Board) will hold a public hearing of an application from Manitoba Public Insurance Corporation (MPI) at the Board's Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, MB, commencing at 9:00 a.m. on April 6, 2009. A Pre-Hearing Conference (PHC) will be convened by the Board in its Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, Manitoba at 9:00 a.m. on February 13, 2009.

APPLICANT:

Pursuant to *The Crown Corporations Public Review and Accountability Act* and *The Public Utilities Board Act*, MPI has applied to the Board for approval of drivers' licence premiums and vehicle discount levels to take effect on policies issued between November 1, 2009 and February 28, 2011. Approval of these new rates is required because of the introduction of the new Driver Safety Rating program.

APPLICATION PARTICULARS:

The Government of Manitoba has passed the Driver Safety Rating Regulation, a regulation under the MPC Act, which discontinues the vehicle and driver merit discount program and driver licence surcharge programs and replaces these programs with a new integrated system of insurance discounts and surcharges, known as the Driver Safety Rating system.

Along with establishing the program principles and policies, the new Regulation also establishes transition rules for moving drivers and vehicle owners from the old discount and surcharge systems to the new Driver Safety Rating system.

The Corporation is applying to the Board for approval of the driver and vehicle premium discount and driver premium surcharge rates to be charged at each "step" on the new driver safety rating scale.

RATE IMPACT:

If approved, 535,055 drivers (primarily those with the longest term safety record) will save a minimum of \$15 on their driver's premium; 82,691 drivers will see decreases of less than \$15, and 100,416 drivers will see no change in driver premium. The remaining 50,599 drivers will see increases, most of which are \$10 or less.

For vehicle premiums, 89.9% of merit eligible vehicles will see no change in vehicle discount levels, and 11.1% will see higher vehicle discount levels. There will be no increases to vehicle premiums due to the introduction of Driver Safety Rating.

Actual premiums would vary depending on driving record.

PRE-HEARING CONFERENCE:

Those wishing to intervene in respect of this application and to participate in the proceeding are required to attend, or send a representative to, the Pre-Hearing Conference (PHC). The objectives of the PHC include:

- i) to identify interveners;
- ii) to establish status of certain applicant interveners; and
- iii) to establish a timetable for the orderly exchange of evidence and information.

PARTICIPATION:

Interveners are those wishing to examine witnesses, provide evidence, make submissions, and/or present final argument. Interveners should notify the Board of their intention to do so by applying to the Secretary of the Board immediately—the Board will thereupon notify MPI of the intention.

Interveners may be entitled to financial assistance. The Board's Rules of Practice and Procedure (Rules) provide the procedure to seek an award of costs, and the guidelines for an award of costs. Parties wishing to make an application for an award of costs should review the Rules before applying.

Parties wishing to submit a brief or to express comments to the Board, but not wishing to participate in the entire proceeding, should advise the Secretary of the Board of their intention to appear at the public hearing by no later than March 20, 2009.

GENERAL INFORMATION:

MPI rates shall be reviewed by the Board, and neither a change in rates for services shall be made nor new rates for services shall be introduced without the approval of the Board. Rates for services means in the case of MPI, rate bases and premiums charged for compulsory driver and vehicle insurance. Upon any application to it, the Board may make an Order granting the whole or part of the application, or may grant other relief in addition to or in substitution for that applied for.

The Board's Rules of Practice and Procedure (Rules) will apply to the conduct of the Hearing. The Rules may be viewed on the Board's website <http://www.pub.gov.mb.ca/> or be obtained on request to the Board, by either emailing (publicutilities@gov.mb.ca), writing or calling the Board secretary (945-2638 or 1-866-854-3698, toll free).

Persons wishing to address the public hearing in French are required to notify the Board's Secretary prior to March 20, 2009 and if possible at the PHC. The Board is also prepared to convene meetings in Brandon or such other locations as may be warranted.

For full particulars, interested parties may examine MPI's application and supporting materials, either at the Corporation's or the Board's office. Interested parties may contact either the Board Secretary, or:

Manitoba Public Insurance
Attention: Gail Granger
8th Floor, 234 Donald Street
Winnipeg, Manitoba R3C 4A4
Telephone: 985-7335 (collect calls accepted)

DATED this 21st day of January, 2009.

G. Gaudreau, CMA
Secretary
The Public Utilities Board



Five days notice required.



Wheelchair access is available.



Comment



Winnipeg's Speed Traps are Probably Illegal (and have been for 786 years)

By Charles Norman
It is no secret that the City of Winnipeg has been making in huge amounts of money by enforcing the highway traffic act using electronically operated cameras, and while Mayor Sam Katz says "it's all about safety" a recent judgment seems to indicate that it is nothing at all to do with safety and everything to do with revenue.
A Winnipeg judge has recently ruled that "speed limit 60 when passing workers" cannot be enforced when there are no workers present, that is, after they have all gone home. The fact is that up until a few days ago

the city was collecting money from hundreds, and maybe thousands of people who ignored the sign when there were no workers present. It is difficult to see how these automatic cameras were protecting workers who were safely at home watching television. It was, and still is, about money, not about safety.
You can still get fined going past workers even if they are present, for example behind a grader having lunch and maybe a hundred feet from the highway, you can still get fined. A motorist who thought that because he could not see any workers

that he should not be fined was told by a judge in provincial court about two weeks ago that "just because you can't see them does not mean they are not there."

The motorist paid the fine.
The city collected the money, aided and abetted by the judge, who is supposed to be independent of the government. Ordinary people, who have an understanding of the meaning of justice have to be forgiven for wondering just how independent our judges are.

Another example is a speed trap on Provencher Avenue. The City parks an unmarked vehicle containing an automatic camera on the north side of Provencher Avenue near the Belgian Club. Provencher is a divided highway with two lanes both ways. Almost everywhere else in the city the speed limit on similar roads is 60 kilometres per hour. On Provencher it is fifty. It is not posted. You are supposed to know that the speed limit in the city is fifty unless otherwise posted. There is a sign that says so when you enter the city. Six members of my family have had their photographs taken by this camera, have received tickets in the mail a few weeks later, and paid the fines. They have gone back to that location and looked in vain for a sign limiting speed to fifty. If the city was concerned about safety they would post signs there to ensure that motorists

were aware of the limit. They do not because they are on a gravy train. They can collect \$260 for anyone travelling at 61 kmph. If six members of my family have been caught then there must have been thousands of others. That one location is probably netting millions of dollars for the city coffers.

There are numerous other locations, some of them with radar cameras and some with reactance loops buried in the road connected automatically to an electronic camera. Motorists will tell you of their coming across one of these locations unexpectedly and noticing flash after flash as the cameras get one driver after another. It is important to note that this is not caused by a sudden influx of unsafe drivers, but of ordinary drivers driving safely as they always do.

There are three aspects of the law where the city is on shaky ground: (I am not a lawyer so I may also be on shaky ground. I will find out on March 5th.)

Mens rea; Assuming you know the law you are supposed to feel guilty if you break it. This is not usually very helpful, it is a vague concept and difficult to apply to individuals, but when thousands and thousand are breaking the law and not feeling guilty, then maybe this should be taken into consideration.
Entrapment; It is a principle in law that law enforce-

ment officials cannot break the law in order to charge someone with breaking it. It is what the city has been doing on Provencher, in construction zones, and possibly at traffic lights.

The Magna Carta; The Magna Carta, (Great Charter), is the world's first charter. It was sealed by King John at Runnymede on the River Thames in 1215. It is from this charter that we get the writ of habeas corpus. Except where it has been modified by subsequent acts of the parliaments of Westminster or Ottawa it is still in force in those parts of the world which once came under English Common Law.

One of the provisions of the Magna Carta is that "all unjust fines will be repaid" This clause was not repeated in subsequent versions of the charter, presumably because the unjust fines had been repaid. That was then. This is now and the City of Winnipeg has collected millions of dollars in unjust fines. Unjust for those reasons already mentioned, and unjust because the city is collecting higher taxes from one class of taxpayer, (motorists), than from others.

I will be in court in Winnipeg at 10:00 am on March 5th to try to make these points. I would like to hear from any readers who feel that their testimony would help in bringing the City of Winnipeg to justice. I can be contacted at cwn1@mts.net

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Comment



On Parliament Hill Your Voice in Ottawa, Vic Toews, MP for Provencher and President of the Treasury Board

"Buy American" Trade Measures

The last thing we want to see happen during a time of global economic instability is a move to an era of protectionism when it comes to trade, especially by the United States.

We know from history that protectionist measures will only exacerbate the problems. History showed during the Great Depression that imposing trade barriers is not the answer. With the current crisis squarely upon us, we must resist the temptation to move towards protectionism.

If we want to increase opportunities and jobs, then we have to expand the opportunities to sell products and services. That's what we are doing here in Canada. Here in the riding of Provencher, I don't have to remind you how much we rely on trade.

The recent softening of protectionist trade language in the American economic stimulus package is good news for Canadian and glob-

al business. It's a welcome sign that President Obama recognized and listened to our legitimate concerns. It's a clear demonstration of the importance of diplomacy and using our voice to speak up for Canadian, and global, interests.

However, we can't rest yet. The American stimulus package is still going through the U.S. legislative process. We continue to work all

diplomatic channels to ensure protectionist measures don't creep back in. Minister Day and his officials continue to press their U.S. counterparts.

We all need to do our part to ensure the global economy stabilizes once again. We need to ensure that our borders remain open for the legitimate flow of goods and services. And we need to remain steadfastly committed to open markets and free trade.

Not surprisingly, Jack Layton and the NDP, fail to see the danger of protectionist policies, with Mr. Layton calling for Canada to adopt our own isolationist measures.

Our Prime Minister made it clear that this type of short-sighted, destructive policy

will not be adopted by our government, saying, "we can compete with the best in the world; we can sell around the world. We want to sell around the world, and that's what our policy is designed to have us do."

We expect the United States, like all other nations, to live up to its international trade obligations of open and fair trade. Our Government will be doing our part.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8 - 227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toews.v1@mts.net.

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Community

Stimulus Money Slated for Arenas, Community Centres

Provencher MP Vic government's Recreation Toews toured the Infrastructure in Canada Anola Community (RInC) program, from the Center and highlighted the recently released federal

budget. To build jobs and stimulate local businesses in communities across Canada, the RInC program will invest \$500 million in building and renewing community hockey arenas, swimming pools and recreations centres. "Rec centres and arenas play an important role in our towns and cities. They are places where we come together as communities to cheer on our teams and to spend time with our friends and neighbours. They promote well-being and healthy lifestyles," said Toews. Many of Canada's community recreation centres were built to commemorate Canada's centennial anniversary in 1967. After more than 40 years, as well as countless hockey games and community events, many of these buildings need extensive repairs. "Investing in our rec centres and hockey arenas will create jobs and put money into our local businesses right away. Facilities like these will help us to teach our children about the importance of competitiveness and fair play for years to come," said Toews. The government has allocated \$500 million for eligible projects in the next two years, which may include hockey arenas, swimming pools, basketball and tennis courts, soccer fields and recreation centres. Under the RInC Program, municipalities, First Nations, counties, community organizations and other not-for-profit entities will be invited to apply for renewal funding. This funding may be dedicated to either the construction of new recreation facilities or the upgrading of existing sites and will cover up to 50 per cent of the total project costs.

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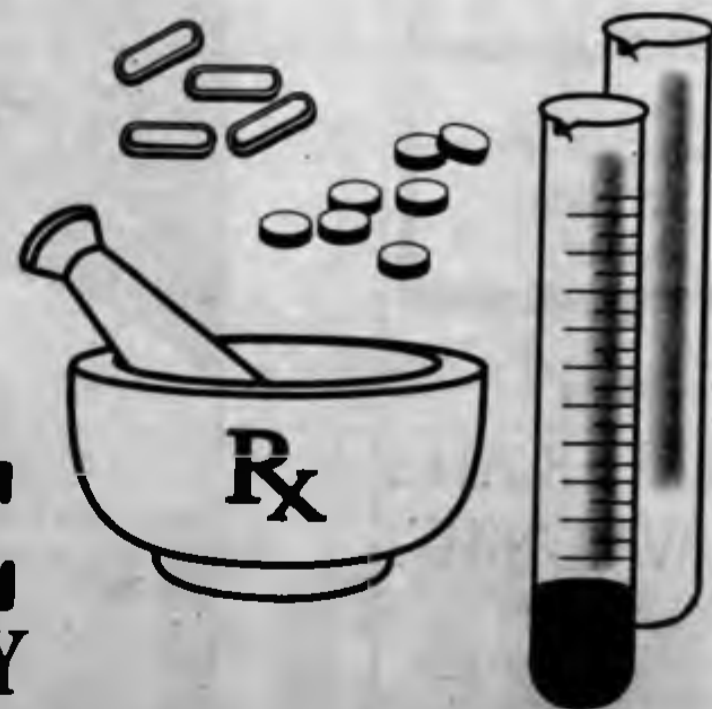
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Festival



A huge banner hails all to Grand Marais Family Festival 2009

Warm Memories to Carry Us Through the Rest of Winter

Continued from page 1
own. George Rooswinkle was a tireless volunteer who passed away last summer. His presence was missed and he was honoured at both the Interfaith Service on Sunday, as well as at the opening ceremonies on Friday. Gloria Jovonen, on behalf of the students of Walter Whyte School, presented a painting done by his young friends to commemorate Rooswinkle's dedication to the community and the Recreation Centre.

Without a doubt, one of the most heart warming moments of the weekend was witnessing the Festival Volunteers recognizing one of there

own. George Rooswinkle was a tireless volunteer who passed away last summer. His presence was missed and he was honoured at both the Interfaith Service on Sunday, as well as at the opening ceremonies on Friday. Gloria Jovonen, on behalf of the students of Walter Whyte School, presented a painting done by his young friends to commemorate Rooswinkle's dedication to the community and the Recreation Centre.



Festival Chairperson Len Kancer and wife Lynn began serious preparation for the Festival in September. Success was evident but not possible without great leadership and a plethora of convenors, volunteers, donated cash and time and material.

DIVISION SCOLAIRE FRANCO-MANITOBAINE

INSCRIPTIONS À LA MATERNELLE du 23 au 27 février 2009

Les inscriptions à la maternelle auront lieu dans nos écoles au courant de la semaine du 23 au 27 février 2009. Les enfants qui auront cinq (5) ans avant le 31 décembre 2009 sont admissibles. Veuillez apporter à l'école un certificat de naissance.

Les écoles françaises sont ouvertes à tous les ayants droit. Un « ayant droit » est un résident du Manitoba dont la première langue qu'il a apprise et qu'il comprend encore est le français ou un résident du Manitoba qui a reçu au moins quatre ans d'enseignement scolaire dans le cadre d'un programme français au Canada ou encore être le père ou la mère d'un enfant qui reçoit de l'enseignement scolaire dans le cadre d'un programme de français ou qui a reçu un tel enseignement pendant au moins quatre ans. Si vous avez des questions, veuillez communiquer avec les directions d'école de votre quartier dont la liste est la suivante :



TÉL. : (204) 878-9399
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École Saint-Lazare	Saint-Lazare	683-2251
École Sainte-Agathe	Sainte-Agathe	882-2275
École Taché	Saint-Boniface	233-8735

Grand Marais Winter Festival



The official mascot of the Grand Marais Family Festival, Rex the Bear was at the parking entrance to welcome 1500 people to the 2009 event. Rex is shown here along with his creators who won first prize in the Ice Sculpture Competition.



Since 2006 the Sleigh/Hay Ride had to be cancelled because the winter was so cold. Not this year!



Got a sweet tooth? Candy Floss was tested by Mary Aspin & Sharon Bruce who had more fun making it than eating it! That's their story and they were "stuck to it".



The four metre high Toboggan Slide gave hours of fun.



The outdoor Skating Rink was open to anyone with skates - hockey sticks were optional.



Johnny Cash would have been impressed by tunes plucked out by this Guitar Class from Grand Marais.



Live Entertainment on Friday Night was provided by Dwight Klatt, Glen Westburg & guests. Noted: These folks can sing!

St. Valentines Day

St. Valentine's Connection with 'Lovers' Iffy

By Charles Norman

There are numerous saints going by the name Valentine, but little is known of any of them. None of them are connected with courtly love.

It has been suggested that the Church chose St Valentines Day for the 14th of February to coincide with a Roman fertility rite celebrated from the 13th to the 15th of February. Since there is no known connection between the two best known Valentines and love there does not seem to be any reason to suppose the Church chose that particular day for that reason.

While growing up in England I understood that the connection with St Valentine and love was simply the coincidence of the date with the mating of birds. Geoffrey Chaucer wrote, in 1382, in the Parliament of Fools;

"For this was sent on Valentines Day when every bird cometh to chase his mate."

Some US Scholars have discounted this possible beginning of the tradition, suggesting that mid-February

is an unlikely time for birds to mate. As I recall, February was the beginning of the mating season for birds native to England. And the holiday was named at the height of the Medieval Warm Period when the climate was warmer than it is now.

In 1415, Charles Duke of Orleans, in Prison in the Tower of London, sent a

Valentine message to his wife and around 1600 Shakespeare referred to it in Hamlet.

Ophelia:
Tomorrow is Saint Valentines Day;

All in the Morning Betime,
And I a maid at your window,
To be your Valentine.

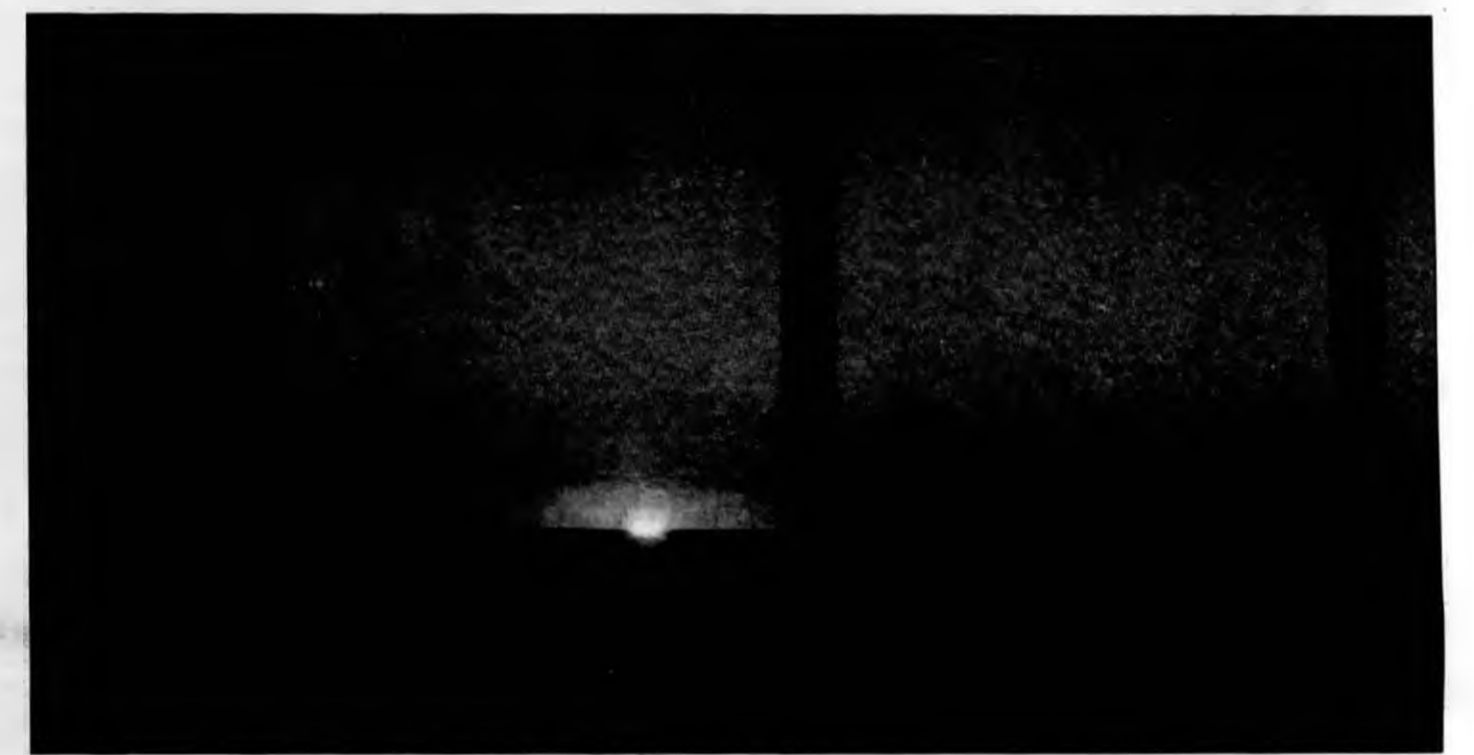
Then up he rose, and donn'd his clothes,

And Dupp'd the Chamber door,
Let in the maid that out a maid
Never departed more.

But it was not until the middle of the nineteenth century that the Valentines Day that we know really took-off. Perhaps coinciding with the

introduction of the Post Office and the Penny Post. Sending Valentine's Day cards to loved one's, (often to secret loves, who had to guess the name of the secret lover).

Today about a billion Valentines Day cards are sent to lovers, to friends and teachers. The number is second only to Christmas cards.



It was not until the middle of the nineteenth century that the Valentines Day that we know really took-off.

TRY YOUR DRUGSTORE

first

- Jewellery
- Watches
- Perfumes
- Chocolates
- and many more gift ideas.

Happy Valentine's Day
Keith Clark & Staff

PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.

367-2611

DISPENSARY 367-2517

Valentine's Day Specials

- ♥ Steak & Lobster
- ♥ Prime Rib & Yorkshire Pudding
- ♥ Chicken Marco Polo

Birchwood BIRCHWOOD MOTOR HOTEL
Traverse Bay, 756-2596

ATM Banking | Licensed Family Dining Room | Beverage Room
Child Care Vendor | Licensed Outdoor Patio | Sand Volleyball
Horseshoe Pitch | Canada's Select Recommended Accommodations
Video Lottos Terminals | Basketball Court | Fax & Photocopy Services

The Winnipeg River **Echo**

Box 40, St. Georges, Manitoba R0E 1V0
Place McDougall, St. Georges
email: theecho@mts.net
Phone: 204-367-9488 • Fax: 204-367-9974

Community

A Faith Perspective:

By Pastor Jake Doell

Caring Enough To Confront

I have been watching with keen interest as President Obama has made the selections of key leaders for his administration. Several of them have run into a snag because of unpaid taxes which has brought embarrassment to themselves and their party. What puzzles me

is why this was not dealt with before the selection was made. First of all it proves "be sure your sins will find you out." Secondly why did somebody not warn them that this is being morally irresponsible? Another political leader named Solomon wrote in the Bible these

words, "Wounds from a sincere friend are better than many kisses from an enemy." (Proverbs 27:6)

Would it not have been better if a close friend who was aware of the problem pointed it out to them? Its one thing to make an honest mistake, discover it and correct it. It quite another thing to purposely withhold information and then hit the "confession stand" when the promotion is dependant on your character, as it should be.

How many of us appreciate somebody confronting us and saying, "That's wrong, it's going to destroy you if you don't change?" Suppose your doctor tells you, "I've found a tumor in your abdomen, but I don't want to hurt you so we won't operate." Of course not! Your doctor does not confront you with the truth to hurt you but to get you back to good health.

Are we being a true friend if we do not confront a close friend who is seriously messing up? The truth often hurts, but the sooner a problem is pointed out the sooner a correction can be made. The temptation to withhold taxes by not declaring taxable income probably comes to all of us at one time or another. I care enough to confront you with this warning, "You might get away with it for a while, but somewhere down the road it will bite you." You don't know what opportunities will come to you and when they do the spotlight gets turned on you. Then you should thank your friend for caring enough to confront you so you could make that necessary correction. Your opportunity for a promotion might be determined by your response.



Come Celebrate Valentine's at the
Saturday Feb. 14th
COACHROOM RESTAURANT & LOUNGE
Featuring a special Valentine's Menu



Your doctor does not confront you with the truth to hurt you but to get you back to good health.

Happy Valentine's Day!
Ingham PHARMACY
Lac du Bonnet
345-2232

Wishing everyone in the area a Happy Valentine's Day!
Great Falls Foods
Highway 11, Great Falls

Wishing you a very ...
Happy Valentine's Day
Stop by and pick up your Gift Certificate for someone special.
THE HAIR SHOPPE
367-2875
Located beside the Pine Falls Post Office

PINE FALLS SERVICE CENTRE
Monday to Saturday 6:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight
367-8037
SUBWAY
Happy Valentine's Day!
bway open 7 days a week from 10:00 a.m. to 11:30 p.m.
367-8803

COME AND SEE OUR STOCK!
Happy Valentine's Day!
St. Bon's
367-2218

Health

Health Corner

Ask your Primary Health Care Provider

Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre, phone: 345-8647; or Email corvis@neha.mb.ca. For more health information, Please, visit the NEHA website: www.neha.mb.ca.

Did You Know?

Early childhood tooth decay (ECTD) is the most common chronic disease amongst children under six! It's actually 5 times more prevalent than asthma!

ECTD is the presence of tooth decay in one or more primary teeth among children between birth and six years of age. Tooth decay is a rapid form of bacterial infection that can spread in just a few months if it is not treated. Even the first tooth is at risk of tooth decay! Tooth decay occurs when bacteria in the mouth combines with sugar to produce an acid that absorbs

tooth enamel. Every time teeth are exposed to sugar, they are attacked by acid for twenty minutes. Acid attacks weaken tooth enamel and increase a person's risk of developing tooth decay.

The effects of ECTD can be severe and can last beyond childhood! ECTD is a very painful disease and can interfere with a child's development. Children with ECTD often experience repeated infections and fevers; difficulties with eating, sleeping, and learning; problems with speech development and behavior management; decreases in self-esteem; and an increased risk of crooked or crowded adult teeth.

Oral health is connected to overall health and is an impor-

tant aspect of everyday life! In fact, poor oral health can lead to increase risk of diabetes and cardiovascular disease. Gum disease increases the risk of type 2 diabetes and makes existing diabetes harder to control. Poor oral hygiene raises your risk of clogged arteries, blood clots, heart disease and stroke.

Oral health care is a lifetime daily habit...so start early! No child should have to experience ECTD...It is 100% preventable!

Parents should see a dentist regularly to ensure their proper oral health. The bacteria that leads to this infection in children is most often

passed on from main caregiver to infant through practices such as cleaning the soother in the caregiver's mouth, sharing utensils, and tasting food. Avoiding these practices and keeping the mouth clean will help minimize the transfer of cavity-causing bacteria.

Here are some other helpful tips to prevent ECTD.....

- Begin mouth care at birth...wipe baby's mouth with a soft damp washcloth twice a day
- Begin brushing baby's teeth twice a day as soon as the first tooth erupts
- Avoid putting juice or other sweet drinks in bottles or sippy cups
- Avoid letting a baby fall asleep or walk around with a bottle or sippy cup
- Lift the lip once a month to check teeth for discolored

spots along the gum line

- Serve healthy foods and beverages that are low in sugar
- Frequent snackers should brush their teeth more often
- Visit the dentist at least once a year starting at age one

Healthy Smile Happy Child is a prevention initiative that focuses on preventing ECTD in Manitoba children. Numerous resources are available to the community to raise awareness about ECTD and decrease the number of children affected by the disease. For information on how you can become involved call (204) 444-2227 ext 6217 or visit www.wrha.mb.ca/healthinfo/preventill/oral_child.php
Evan Zarecki, North Eastman and South Eastman Community Facilitator

ENJOYABLE EMPLOYMENT

AND HOW TO GET THERE!

RESUMES ~ COVER LETTERS ~ JOB SEARCH INTERVIEW SKILLS ~ CAREER PLANNING

Individual or group workshops on above are available in your community.

We can help you develop your skills training plan and provide you with Labour market, Apprenticeship and training information.

EMPLOYER SERVICES:
Assistance with finding the skilled people you need
Wage subsidy programs for your new employees

FREE SERVICES PROVIDED

JUST TRAINING

Call 345-2686 or Visit www.justtraining.ca

Plan Ahead

We can Help

It may be difficult to think about final arrangements, but more and more people are discovering that preplanning makes sense.

Meet with us and we can explain the many options available to you.

- We can come to your home.
- Service in French and English



Harvey & Julie Giesbrecht Owners

Russell Funeral Home Ltd.

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(204) 268-2263 (24 HOURS) TOLL FREE 1-866-424-6271
Serving Southeastern Manitoba since 1941

Valentine's Day Specials **Gas Special**
With every \$20.00 gas purchase get a coupon worth \$1.00 off
TAKE OUT SPECIAL 6 Piece Chicken Combo
Wedges, Fries, Salad, Buns, Dessert
\$14.00
Baked Potato/Rice/Mashed Potato
Bannock & Buns, Coleslaw, veggies,
Black Forest Cake & beverage.
\$14.00
Valentine's Flowers
Pre-book your flowers and arrangements call 367-4665
Broadlands Mall Open 6am - 10pm
367-4484

RECREATION UPDATES

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

PINEVIEW RECREATION COMMISSION - Lori Vialoux, Rec. Director

Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

EXERCISE PROGRAMS

Family Fitness
Pine Falls School
Monday & Wednesday's
SESSION STARTING FEB 18TH
5:30 - 6:30 PM
Instructor: Kim Bonekamp
For youth ages 13+ with or without a family member.
Includes cardio, circuit training, strength & flexibility.
Need 10 confirmed registered to begin the class
Contact Rec Office 367-9142

Fitness Class For Beginners

Pine Falls School
Monday & Wednesday's
6:30 PM - 7:30 PM
NEW SESSION STARTING FEB 18TH
Instructor: Kim Bonekamp
Start on the road to a healthier lifestyle improving your cardio, strength & flexibility. For registration contact Kim Bonekamp 367-2107 email kbonekamp@hotmail.com or Rec Office 367-9142

Arthritis Exercise Program

Pine Falls School Gym
Every Monday's & Wednesday's
11:15 AM - Noon
NEW SESSION STARTING FEB 18TH
Instructor: Kim Bonekamp
This program is designed through PACE for people living with arthritis. There is no charge for this program.
For more info contact Kim @ 367-2107

Strength For Seniors

NEW INSTRUCTOR KIM BONEKAMP
Pine Falls School Gym
Monday's & Wednesday's
10:00 - 11:00 AM
NEW SESSION STARTING FEB 18TH
Instructor: Kim Bonekamp
Free program open to all seniors 55+. Class includes walking, exercise ball, stretching & resistance. For more info contact Kim 367-2107

50 Plus Exercise Class

Senior Scene, Victoria Beach
Monday's 9:30 - 10:30 AM
Friday's 10:00 - 11:00 AM
Instructor: Natasha Joy
Monthly fee of \$5.00 per class
Program includes a lower intensity workout that includes cardio, muscle & stretching.
To register call Natasha 756-3868 or email natashaj@mts.net

Total Body Workout

St. Georges School Gym
Monday & Wednesday's
7:00 PM - 8:30 PM
Instructors: Nick Bonekamp & Paul Roberts
\$20.00 per month/ Family plans available
Kickboxing, Stretching, Skipping, Rubber Bands, Circuits & Felt Pads
Loose Weight & Feel Great!
Contact Nick 367-2702 or Paul 367-8018

Rise & Shine Fitness Class

Pine Falls School Gym
Monday, Tuesday, Wednesday & Thursday
6:30 AM - 7:30 AM @ Pine Falls School Gym
NEW SESSION STARTING FEB 17TH
Instructor: Kim Bonekamp
Program includes aerobics, circuits & boot camp training
To register call the Pineview Rec office 367-9142 or Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

Exercise Class

St. Georges Church Basement
Monday, Wednesday & Fridays
9:30 AM - 10:30 AM
Every Mon, Wed, Thurs & Fri
This is a free for all ages. For more info contact Ginette Vincent 367-8244 or 367-9970

Seniors Exercise

Golden Leisure Club, Pine Falls
Every Mon, Wed, Thurs & Fri
10:15 - 10:45

Rivers North Fitness Coop

\$100.00 membership
\$250.00 annual user fee with membership
\$300.00 annual user fee without membership
For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

WINTER ACTIVITIES

Hockey Clinic
Pine Falls Arena
Saturday February 21
5:00 - 6:00 PM
The Winnipeg Jets Alumni team will be hosting a minor hockey clinic for youth ages 10+.
Cost \$5.00 per child.
Register at Pineview Rec Office 367-9142

Badminton

Pine Falls School Gym
Thursday & Sunday's
7:00 - 9:30 PM
An adult must accompany children
For more info contact Ginette Vincent 367-8244

Duck Lake Ski Club

Pine Falls
Single Membership \$20.00
Family Membership \$30.00
Groomed trail starts from the Pine Falls Hospital. Memberships can be purchased at Celebrations Unlimited (Sears) and all membership monies go toward maintenance of the trail. For more info contact Howard May 367-8846.

Broomball

Pine Falls Arena
For ages 12 & up
Friday evenings 7:30-8:30 PM
Cost: \$60.00 for the season
For more info call J.L. Papineau 367-8570

Pine Falls Skating Program

Pine Falls Arena
Friday's 6:15 - 7:15 PM
Ages 3+
For more info contact Lori 367-9142 or Cheryl Gogo 367-8499

Recreation Hockey

Pine Falls Arena, Victoria Beach Sports Club & Grand Marais Rec Centre
January, February & March
Days & times to be confirmed
Ages 8+
Equipment needed: Skates, Helmet & hockey stick
Program will include coaching & general skills plus scrimmages.
5 step program with warm up & cardio
This is a free for all ages. For more info contact Ginette Vincent 367-8244 or 367-9970

Lazer Ladies Hockey

Pine Falls Arena
Every 2nd Wednesday
7:30-8:30 PM
Check arena schedule for dates.
For more info contact Dawn Nault 367-8419

Junior Curling League

Victoria Beach Sports Club
Thursday's 6-7 PM
For ages 8 - 15
For more info & registration contact Kim Mackelson 756-2984

Junior Curling

Pine Falls Curling Club
Tuesday's 6:30-8PM
For ages 12 (born 1996) and older
Cost: \$50.00 per person
To register or for more information please contact Melinda 367-4682 or Fay 367-8968

Drop In Curling

Pine Falls Curling Club
Every Thursday @ 1:00 PM
Grand Marais Rec Centre
Every Wednesday @ 1:00 PM
Drop in curling is open to everyone.

Pine Falls Curling Club

For more info contact Gloria Brody 367-2656 Melinda 367-4682 or Fay 367-8968.
For more info on Drop In curling contact Bob Seguin 367-8344

Victoria Beach Sports Club

For more info or team registration contact Tracey 756-3742 or Cathy 756-2662

Grand Marais Recreation Association

For more info contact Chris Jensen evenings 754-3058 or email gcjensen@mts.net

MUSIC, DRAMA & ARTS

Guitar Lessons
Beginners & Intermediate
Ages 10+
Sponsored by the Southeast Regional Metis Corporation
Free program. Limited space is available. To register contact the Pineview Rec Office 367-9142

Beaches Drama Club

Thursdays & Saturdays
Age: 12+
Cost: \$30.00
Production of "The Hysterical History of the Trojan War"
Directed by Liz Jonkers. Looking for lots of adult help.
Contact Angel Kraft 756-6426 or Liz Jonkers 756-8446

Adult Band

Powerview School Band Room
6:00 PM
For those who have an instrument or for those who want to learn to play. Everyone Welcome! For more info contact Dorinda Watson 367-2296.

CHILDREN & TEENS

First Lake Winnipeg Beavers
Walter Whyte School
Monday's 3:30 - 5:00 PM
Ages 3-5 (Male & Female)
October - May
Games, crafts, music, the outdoors & spiritual fellowship.
For more info contact Carol Laing 754-6232 or Sue 754-2541

ADULT LEAGUES

Darts
Branch 64 Darts @ Royal Canadian Legion
Pine Falls
Tuesday Nights 7:00 PM
For more information contact Jackie Prowse 367-8332

Adult Bowling League

Pine Falls Bowling Alley
Tuesday's & Thursday's @ 7:30 PM
For more info contact Evelyn Dodds 367-8413 or Sharon Mignon 367-8376
Seniors Bowling League
Pine Falls Bowling Alley
Tuesday's & Thursday's @ 1:00 PM
For more information contact Gerry Gauthier 367-8798

SENIORS

GOLDEN LEISURE CLUB
PINE FALLS
CASAATA
Wednesday & Friday's
1:00 PM
Cribbage
Every first Monday of the month
1:00 PM

SENIORS SCENE

VICTORIA BEACH
Beginners Line Dancing
Every Tuesday @ 9:30 AM
Advance Line Dancing
Every Tuesday @ 11:00 AM
Stained Glass & Ceramics
Every Thursday @ 9:30 AM
Quilting
Every Thursday 10:00 AM - 3:00 PM
Square Dancing
Every Thursday 3-5 PM
Carpel Bowling
Every Friday @ 1:30 PM
For more info contact Judy 756-3132 www.seniorsceneinc.com

FOR ALL AGES

Pole Walking
Senior Scene, Victoria Beach
Monday's, Wednesday's & Friday's
9:00 - 10:00 AM
\$2.00 Drop in fee
Poles available for lending. For more info contact Angie Glowa 756-2068.

Archery

Pine Falls Fire Hall
Wednesdays from 4PM - 6PM
For registration contact Tom Paukovic 367-8798

Bean Bag Club

Grand Marais Rec Centre
For more information contact Jean MacDonald 754-3989.

Hall Walking Club

Grand Marais Rec Centre
Monday, Wednesday & Friday
9:00 AM - Noon
For more info contact Bonnie 754-3240

Pine Falls Golf Memberships

2009 Memberships forms are now available at the Pineview Rec Office.

FESTIVALS & EVENTS

BONSPIELS:
Pine Falls Ladies,
Pine Falls Feb 13-15
Victoria Beach Mens,
Victoria Beach Feb 13-15
MB Open Stick Curling Championship,
Grand Marais Feb 20-22
VB Fireman's Bonspiel,
Victoria Beach Feb 20-22
VB Family Bonspiel,
Victoria Beach Feb 27 & 28
Ice Breaker Mixed Curling,
Grand Marais Feb 27 - Mar 1
Pine Falls Mixed Bonspiel,
Pine Falls March 13-15

WINTERFEST

FEBRUARY 19, 20, 21 & 22
POWVIEW-PINE FALLS
& ST. GEORGES
Family swim night, bonfire & fireworks, snowboarding & sliding, Cross country ski poker derby, family bonspiel & more.
If you are interested in volunteering or contributing please contact Lori @ Pineview Rec Office 367-9142

Muck Jam

Victoria Beach Sports Club
Saturday, February 21
Muck Hill, St. Georges
Races start 1:00
All Levels of Shredders Welcome
Park style contests, bonfire, food & beverages
Bring your own gear & prepare the a full day.

SnowDrifters Poker Derby

Saturday, February 21
10:00 AM - 1:00 PM
Registration: Birchwood Motor Hotel or 1/2 Way Hut @ North Star Trail
\$10.00 per hand @ \$20.00
All Ages Welcome

Pineview vs Winnipeg Jets Alumni

Saturday, February 21
7:00 PM
Come watch the Powerview Old Timers, Pine Falls Old Kings and Pineview Bantam Girls battle it out with the Wpg Jets Alumni team for Winterfest.

Duck Lake Ski Club Derby

Sunday, February 22
Starts 2:00 PM SHARP!
Pre-register at Pine Falls Liquor Mart Trail Entrance (Pine Falls Hospital)
\$5.00/Hand - 100% Payout
Bonfire, hot chocolate & smokies to follow at 4:00 PM
For more info contact Carol Hutchison 367-2965

Winterfest Family Funspiel

Sunday, February 22
Starts 12:00 Noon
Pine Falls Curling Club
\$20.00 team registration
Teams must consist of at least 2 youth between ages 5 & 17.
1st & 2nd Events & Prizes

PUBLIC LIBRARIES

Bibliothèque Alard Regional Library
St. Georges
Operation Hours
Tuesday 10:30 AM - 5:00 PM
Wednesday & Thursday 12:00 PM - 8:30 PM
Friday 12:00 PM - 5:00 PM
Saturday 10:00 AM - 2:00 PM
Internet Access Site

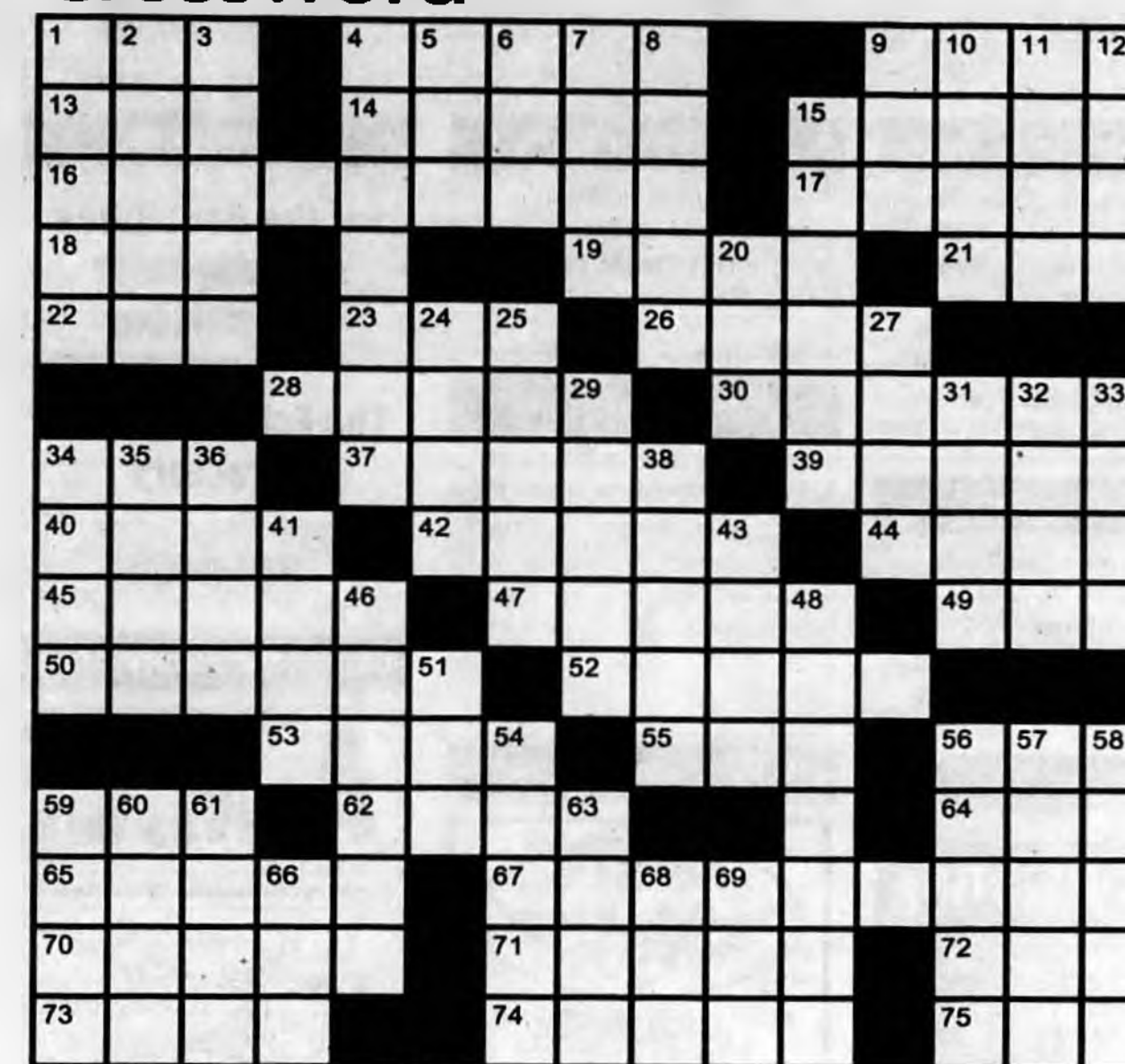
Beaches Library

Located in Walter Whyte School 754-4007
Operation Hours
Tuesday 9:00 AM - 12:00 PM
Thursday 4:00 PM - 8:00 PM
Saturday 10:00 PM - 2:00 PM
Internet Access Site

Pine Falls Library

Located in Pine Falls School 367-8983
Open Monday - Friday
1:00 PM - 3:00 PM
Internet Access Site

Crossword



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- Across
1. Limit
4. Move furtively
9. Spill the beans
13. Be mistaken
14. Sing like Bing
15. Origami bird
16. Unfinished business (2wds.)
17. Type of coffee
18. Flightless bird
19. Monetary unit
21. Royal Highness
22. Immoral
23. Slight amount
26. Effortless
28. Gutter
30. Scrimpy
34. Sphere
37. Old hat
39. Beat back
40. Hammer's target
42. Neighbor of Oman
44. Yuletide
45. Up to
47. Challenger
49. Arid
50. Not mono
52. Stopwatch e.g.
53. Lopsided

55. Robert E. ___
56. Gang
59. Pouch
62. "It's a ___!"
64. Entirely
65. Reef material
67. Throw away (2wds.)
70. Become one
71. Trekker
72. Zuyder ___
73. Money owed
74. Attempted
75. Finish
24. Not present
25. Discourage
27. Twisted strand of wool
29. Send payment
31. Well-behaved
32. Always
33. Bank (on)
34. Burden
35. Deliver a tirade
36. Angler's hope
38. Beelzebub
41. Former Italian currency
43. Identify
46. Obscenely
48. Upwind
51. Miner's find
54. Marina sight
56. Indian corn
57. Bygone
58. Hemorrhage
59. Gulf war missile
60. Topnotch (hyph.)
61. Baby's bed
63. Den
66. Astern
68. Hit the slopes
69. Golf ball holder

- Down
1. Famous person
2. Bouquet
3. Feeling pleased
4. Perfumed
5. Wrath
6. Crime family head
7. Prospector's find
8. Follow
9. Lingerie item
10. Slat
11. Wager
12. Oktoberfest serving
15. Shut down
20. Male sheep

Last Week's Answers



CRYPTIC PUZZLE

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

XIJS E TES KU XOEMMBA WM KS JKTUBRD JB
 TEQBU E MOBVVZ UTERR MEGQEHB -
 PLJS OWUQKS

Last Week's Solution

THE WORD 'POLITICS' IS DERIVED FROM THE WORD 'POLY', MEANING 'MANY', AND THE WORD 'TICKS', MEANING 'BLOOD SUCKING PARASITES'. - LARRY HARDIMAN

PINE FALLS ARENA SCHEDULE

WED	THUR	FRI	SAT	SUN	MON	TUE	WED
3:30 - 5:15 Public Skate	3:30 - 5:15 Open Ice	3:30 - 5:15 Public Skate	11:15 Novice vs Springfield	11:00 Novice vs St Anne	3:30 - 5:15 Public Skate	3:30 - 5:15 Open Ice	3:30 - 5:15 Public Skate
5:15 - 6:00 Initiator Practice	5:15 - 6:15 Novice Practice	5:15 - 6:15 Open Ice	1:00 - 3:00 Public Skate	12:30 Alton vs Steinbach	5:15 - 6:15 Initiator Practice	5:15 - 6:15 Novice Practice	5:15 - 6:00 Initiator Practice
6:15 - 7:15 Pewee Practice	6:15 - 7:15 Alton Practice	6:15 - 7:15 Learn to Skate		8:45 - 9:45 PW of Timera vs River Rats	6:15 - 7:15 Pewee Practice	6:15 - 7:15 Alton Practice	6:15 - 7:15 Pewee Practice
7:30 - 8:30 Ladies & Ladies	7:30 - 8:30 Bantam Girl Practice	7:30 - 8:30 Broomball		7:30 - 8:30 Bantam Boys Practice	7:30 - 8:30 Bantam Girls Practice	7:30 - 8:30 Midgal B Practice	7:30 - 7:30 Midgal B Practice
8:45 - 9:45 Bantam Boys	8:45 - 9:45 OF Kings Practice			8:45 - 9:45 Midgal A Practice	8:45 - 9:45 OF Kings Practice	8:45 - 9:45 Ladies	
	10:00 - 11:00 Voyagers Practice						

Weekly Horoscopes

February 12-18, 2009

- ARIES (Mar. 21- April 20)** You may find that getting together with colleagues after hours will be worthwhile. You can set your goals and make a beeline for your target. Recognition will be yours if you meet your deadline.
- TAURUS (Apr. 21- may 21)** You may get some opposition. Personal changes will be to your benefit. Your own small business on the side sounds pretty lucrative. Your personal life will still be experiencing difficulties and you are best to avoid the issues for the time being. Lend an ear to children; it can make a difference.
- GEMINI (May 22-June 21)** Help elders with their concerns. Resist the temptation to gamble. Risks will not be profitable. You will be best suited to doing things around the house or inviting friends over for a visit. Find ways to mellow out.
- CANCER (June 22-July 22)** You will have an interest in foreigners and their cultures. You can make moves, but they won't be setting. Concentrate on work. Take special care in any home improvement project you work on this week, you'll be glad you did.
- LEO (July 23-Aug 22)** If you're uncertain of your feelings, keep your opinions to yourself. Try out for a local sports team such as volleyball, tennis, lawn bowling, or whatever interests you. Dead end projects could plague you. You will have to be careful not to let others find out about your intentions.
- VIRGO (Aug. 23 -Sept. 23)** Travel will be favorable. Verbal abuse could lead to carelessness. You will be appreciated for the competence you exhibit and for taking on responsibilities. A long discussion is in order if you wish to clear the air.
- LIBRA (Sept. 24 -Oct. 23)** Plans to make physical improvements may lead to psychological changes, too. Your willingness to help others can and will lead to fatigue if you don't learn to say no. Pleasure trips or friendly get-togethers will be satisfying and intellectually stimulating. Relatives will be cordial.
- SCORPIO (Oct. 24 - Nov. 22)** Be sure that you lay your cards on the table. Your creative ideas will be put to good use if you dig in and do things around the house that will make your family happy. Try to be understanding. Get them to pitch in, if you need help.
- SAGITARIUS (Nov. 23 - Dec 21)** You're best to channel your energy into work. Your lover will be annoyed with your participation. Travel will be fun and entertaining. Don't bend to the pressure.
- CAPRICORN (Dec 22- Jan. 20)** Try to communicate if you wish to help. Think twice before you pursue an unrealistic endeavor. Stay away from social unpleasantness. Take positive action.
- AQUARIUS (Jan. 21 -Feb. 19)** Take time to catch up on gossip and make plans to do a little adventure travel. Proceed with caution if operating equipment or vehicles. Your talents are likely to be discovered. Travel will entice you; however, a tendency to overspend is quite possible.
- PISCES (Feb. 20-Mar. 20)** Controversial subjects should be avoided at all costs. Instant romance could be yours if you go out with friends. Do not invest in ventures that only appear to be lucrative. You must act quickly.

Classifieds


Memoriam

STANLEY CHYCHALUK

In memory of Stan, who passed away February 12, 2008. No longer in our lives to share, But in our hearts, you are always there.


Your friend Lil and family
Brother Lloyd and mom, Rose
Cousin Helen and Zanny

50th Anniversary



Happy 50th Anniversary Mom & Dad
Love your family

North Eastman Health Association



is the Regional Health Authority responsible for planning, coordinating and delivering the full continuum of health services in North Eastman Manitoba to approximately 40,000 residents during the winter, and an estimated summer population of 80,000, including the Whiteshell, Winnipeg River and Eastern Beaches. Please visit our Website for more information at www.neha.mb.ca

1.0FTE Maintenance Worker II Lead Hand Lac du Bonnet

Qualifications:
-Grade 12 education or equivalent
-General Knowledge and/or practical experience in the maintenance and operations of a hospital or public building
-Valid Manitoba Class "5" drivers license
-Computer experience would be an asset

We are committed to a workforce that is reflective of the communities we serve, and actively recruit people with diverse backgrounds, experiences and perspectives to ensure services are delivered in a culturally sensitive manner.

Interested applicants are invited to submit a resume and cover letter by February 17, 2009 in confidence to: Human Resources Assistant, North Eastman Health Association, 24 Aberdeen Avenue, Box 339, Pinawa, Manitoba, ROE 1L0, Fax: 204-753-2015, Email: hr@neha.mb.ca

We thank all applicants for their interest. However, only those candidates being considered for an interview will be contacted.

For All Your Printing Needs

- Social Tickets
- Raffle Tickets
- Business Forms
- Wedding Invitations
- Envelopes
- Letterhead
- Cheques

The Winnipeg River Echo

Box 40, St. Georges, Manitoba ROE 1V0
Place McDougall, St. Georges
email: theecho@mts.net
Phone: 204-367-9468 • Fax: 204-367-9974

For Rent

WoodlandPlace/DaleHaven Apartments, 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. Furnished, weekly and monthly rates also available, call after 6:00 p.m. 367-4922. TFN

Advertising

The Echo Classifieds \$5.50 for first 25 words, 15¢ for each additional word. \$5.00 each per photograph. Fax: 367-9974. theecho@mts.net

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Dan's Painting

Serving Winnipeg River area

FREE ESTIMATES
204-572-6282

Estimates may vary according to weather

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367-4537

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Free Estimate Messages
Call Charles 367-4411
367-1578 Cell: 266-9193
ohanley-insulators@hotmail.com

Wanted to Rent

I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFN

House for Sale

House for Sale in Pine Falls Located at #7 Birch Street, Pine Falls. Ideal single or couple house, newer windows, well insulated, finished basement, new carpets, all appliances, 2 bath, deck, detached garage. 367-8695. 4-1

ATV/Motor Cycles

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367-2218

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Plum Creek

Gift Shop

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Phone: 756-2555 Owner: Dennis Stalinski

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POWerview AGENCIES

367-4455

the co-operative autopac

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Caisse

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STEWART'S MEMORIALS

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WANTED

8 HOMES THAT NEED NEW WINDOWS

Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.

Your home can be a showplace in your neighborhood and we will make it worth your while if we can use your home as one of our model showhomes.

Ask about low monthly payments through Hydro

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•EXCAVATING
•AGGREGATES

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Watch for our Coffee Shop Opening Soon!

Store Hours: Mon-Fri 6:30am-5:30pm Sat-Sun 6:30am-5:30pm
367-8019

Catering

RAPID WATER DELI CONVENIENCE

Business Hours: Mon-Fri 8am-5pm Sat & Sun 8am-5pm
Call 367-2382
Located in McDougall Place, St. Georges

PIZZA WATER REFILLS MOVIE RENTALS

Grocery

Dancyt's FOODS

21st Street, Lac du Bonnet
204-367-2382

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WANTED

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Your home can be a showplace in your neighborhood and we will make it worth your while if we can use your home as one of our model showhomes.

Ask about low monthly payments through Hydro

For an appointment call St. Vincent at
MISSY WINDOW & DOOR
1-800-562-6488
www.missy.biz

HOTEL & RESTAURANT

PINE FALLS SERVICE CENTRE

Monday to Saturday 8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

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Papertown

367-2261 Motor Inn

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1 Mile East of Pine Falls, Hwy. 304 & 11

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• Beverage Room
• Meeting Rooms
• Fully Licensed

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Professional Systems Engineer

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For the Best Quality New & Used Furniture & Appliances... Call us First!

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OPEN 6:00am to 10:00pm 7 Days a week

Tackle & Outdoors Store
Live Bait
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Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed

367-2252 Tuesday Nite Wing Nite & Draft Special

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Phone 345-8661

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Bldg 681, Pine Falls, MB

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Sat. 9-7 Sun. 12-5

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The House of Quality

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367-2611

PHARMACY
7-2517

PINE PHARMACY

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9:30 a.m. to 5:30 p.m.

367-2611

PHARMACY
7-2517

MEDICAL SERVICES

Blue Water Physiotherapy

Phone: 367-2537
Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Acupuncture
- Orthotics
- Manual Therapy
- Pilates - Reformer Sessions

Located on Highway #11 in Powerview

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B.ScPT, CAPCI
Stephanie Hampson
BMR (PT)

Dr. A.H. Anderson & Dr. M.H. Anderson

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Optometrist

Contact Lenses and Eyeglass Fittings

MANITOU LODGE PINE FALLS

367-2390

Monday - Friday, 9:00am to 5:00pm
Closed for lunch hour 12:30 - 1:30pm
Examinations done on Mon. & Tues.

Blowwater District Transit

For Bookings Call

367-9128 Office
345-3075 Driver

Dr. Alan Grant - DENTIST

Fort Alexander Dental Clinic (in the Fort Alexander Health Centre)

Tuesday, Wednesday, Thursday
9:30am - 4:30pm
Closed Mondays and Fridays

Health Centre **367-2208**
Direct Line **367-4417**

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)

- Autopac
- Blue Cross
- Veteran's Affairs
- Worker's Compensation

Phone 367-4858

No referral required Please call for appointment

Jon. O. Phillips, RMT

Registered Massage Therapist (MTAM)

CLINIC LOCATIONS:

Through the Arbour 18B Pine Street, Pine Falls (204) 367-2141
Revitalize Soul Spa 225 Candeboye Ave, Selkirk (204) 785-8922

Direct billing available to Blue Cross & Great West Life

Fête d'Hiver

Winterfest

February
19-22
le 19-22
février

Powerview
Pine Falls
St. Georges

Muck Jam

Carnival Splash

Thursday Night 2pm-7pm
at Papertown \$3.00
Bring your own towel

FRIDAY

Family Bonfire & Fireworks

Sliding, Sleigh Rides, bonfire,
hot chocolate & marshmallows.
At the Village Green. FIREWORKS!



Olympic Torch Display

The Olympic Torch will
be on display at Muck Hill
from 12pm-3pm, Saturday

Muck Jam - Saturday
10:30am to 5:00pm
at Muck Hill

Competition Starts at 1:00pm
All day bonfire, hot dog roast,
sliding and games. Contact Richard May
at 471-7068 or Seth & Zane 367-8786.



Winnipeg Jets Alumni Game

7pm to 9pm
Saturday

Curling Club Sportsroom Open at 6:00pm

Cheer on your local team as they Play the Winnipeg Jets Alumni.
Pineview Saints Bantam Girls, Pine Falls O' Kings and
Powerview O' Timers will each play a 20 minute period.
50/50 draw, puck toss, canteen, \$2.00 entry Adults. Kids \$1.00



Poker Derby

Victoria Beach Snowdrifters Poker
Derby. Saturday, 10am-1pm
Register at the Birchwood or 1/2 Hut
on the North Star Trail. Info. 756-8655



Family Funspiel

Sunday, 12pm-6pm

Must have 2 or more
children ages 5-17.
\$20/team entry. Prizes.
Register at the Pine Falls
Curling Club or call Lori

367-9142



Meat Draw

Crib Tournament

Registration fee includes snacks, coffee & prizes.