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\$1.00 tax included  
September 24, 2008  
Volume 8, No. 17

**The Winnipeg  
River**

# Echo

Pine Falls/Powerview, Sagkeeng, St. Georges, Great Falls,  
Beaches, Little Black River, Manigotagan and Bissett

## Public Info Hearing Set for Water Project

By Caitlin Laird

Council has passed a resolution regarding the progression of their proposed water project, which has been subject to delays and a subject of some contention for those residents resenting the projects' compulsory nature. The projects' progression is of interest as initialization will need to be forthcoming in order for the project to get off the ground. The Municipal Engineer and Consultants have suggested 3 distinct phases to achieve completion of the project, each of which requires Municipal Board approval.

The first phase's construction would get underway in 2009 in order to create a Water Treatment Plant/St. Georges Connection. Main water line construction would then begin with phase two in 2011, along with Chevrefils

and Great Falls connections. In 2013, feeder lines in remaining areas would characterize phase three.

Council has moved to authorize their consultants to proceed with Public Meetings and a Public Hearing on or near Monday, November 17th (an Information Meeting in Great Falls Hall will be held then) Tuesday November 18th (when in Winnipeg, a Public Information Meeting will occur) and Thursday, November 20th when an official public hearing will take place in Great Falls.

The Municipality will be funded in part by the Water Services Board for the first two phases of the project. They will also be forthwith in making applications in an effort to secure financial backing from senior government levels during phase 2 and 3 of the project.



Many of the students at the High School decorated their own T-shirts in celebration of the event.

## Sagkeeng's Drug Awareness Run

By Charles Norman

Several hundred Sagkeeng youngsters joined in a drug awareness day at the Sagkeeng High School on the North

Shore last Friday, September 19th

The day started at Catfish Creek at about 10:00 am with twelve runners (Five RCMP officers and seven students),

taking part in a relay from Catfish Creek to the High School.

RCMP Corporal Gabe Boulette led the way and



RM of Alexander administration office.



busier than an outhouse after a chili cook-off?

**SUNOVA**

[www.lendinglessons.ca](http://www.lendinglessons.ca)

# Letters to the Editor

Box 48, St. Georges, MB R0E 1Y0  
 FAX: 204-367-9574  
 EMAIL: theecho@mts.net

## Report From the Legislature



**By Gerald Hawranik,  
 MLA for Lac du Bonnet  
 House Leader and the Critic  
 for Advanced Education**

## Doctor Shortages

The College of Physicians and Surgeons of Manitoba reported that 231 Manitoba Doctors left Manitoba last year alone. Since 1999, a total of 1,471 Manitoba doctors left Manitoba for greener pastures either to other Provinces or to the United States. The number of doctors who leave Manitoba for other provinces and the United States has grown every year since 2001. The longer the NDP are in power, the worse the problem gets. Tens of thousands of Manitobans do not have a

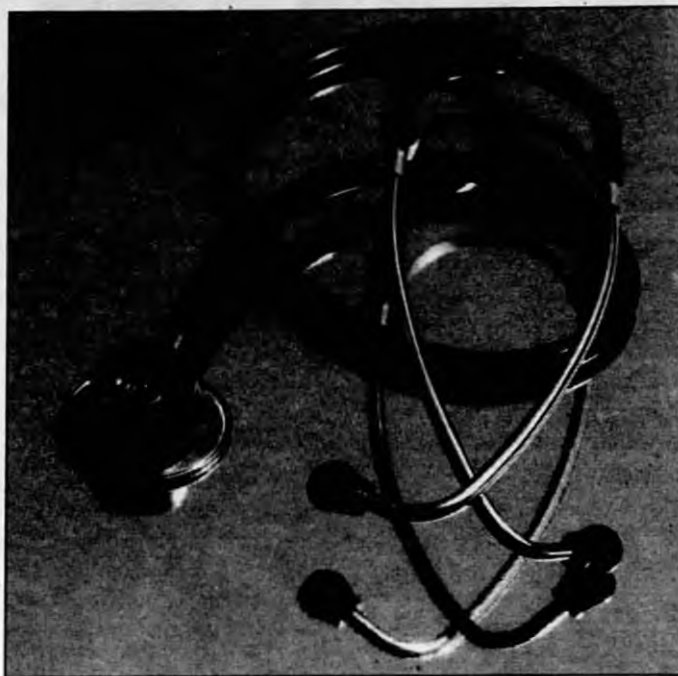
Minister of Health is failing Manitobans by not guaranteeing them the services of a family doctor. This failure is causing a doctor shortage in Manitoba, and Manitobans seeking medical care are the losers. If the Minister would do more to keep doctors here in Manitoba, we would not have this problem.

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.

## Filling Tank Half Way Makes "Cents"

I would like to comment further on Charles Norman's comments on the pricing of gasoline and that oil companies are gouging the public for a commodity we are in great need of (at least until another is found to change that). Adding to Charles' statement, I couldn't agree more on the very idea of half a tank versus full tank, as Charles explains. But the system of holding tanks for our vehicles makes sense, in more ways than one. Has anyone considered the weight of fuel? According to my dictionary, one litre of liquid is around 2.2 lbs. Even if I travel to Winnipeg, I never fill 'er up, as they say. Less weight, more pennies in your pocket eh? Think about it.

Phil Cyr



## Blue Water Physiotherapy

Box 418,  
 Pine Falls, MB  
 R0E 1M0  
 Phone: 367-2537



Blue Water Physiotherapy and the communities of Powerview Pine Falls and the Beaches will be sadly saying goodbye to our physiotherapist, Stephanie Hampson in the middle of September. Stephanie and her husband, Kevin, are expecting a baby at the end of the month. Thank you Steph for your dedicated care the past two years. Good luck and best wishes to the parents to be!

Celeste Basson will be working part time for the month of October. Unfortunately the clinic will be closed for the month of November and December. We will be welcoming a new physiotherapist, Cherie Gaus to our clinic in the New Year. Patients requiring physiotherapy during the months of November and December can contact the following clinics for treatment:

Physio at the Beach Sunset Beach 754-8165  
 Pine Tree Physio Lac du Bonnet 345-9239  
 Pinawa Physiotherapy Pinawa 753-2060  
 Beausejour Physiotherapy Beausejour 268-2302  
 Physiotherapy on the Red Selkirk 482-3200

We are very sorry for any inconvenience that this temporary closure may cause. Hope to see you in 2009!

Staff of Blue Water Physiotherapy

## Want to Start Your Own Business!

### Self-Employment Program

- You are presently receiving employment insurance (E.I.) benefits
- You have received E.I. benefits in the last 36 months
- You have received maternity or parental benefits in the last 60 months

If you are unemployed, and if any of these situations apply to you and you have a viable business idea, please call us for information

**Self-Employment Program** Call for more information!  
**345-8691**

Delivered by **Community Futures Winnipeg River**

Funding Provided by:  
 The Government of Canada Employment Insurance Account  
 The Province of Manitoba



September 25, 26, 27

## Papertown Motor Inn

Thursday Bud, Spud & Rib Night **\$8.99**  
 Tax Included

Friday Bud, Spud & Steak Night **\$8.99**  
 Tax Included

Saturday Bud, Spud & Steak Night **\$8.99**  
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**HAPPY HOUR** Every Weekend

No Cover Thursday



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# News

## Keeper "Proud" of Sagkeeng

*Continued from page 1*  
 actually ran all the way from the creek to the school. Other RCMP officers in the relay were Sergeant Paul Avanthay, and Constables Joel Germaine, Trevor Enns and Jeff Laforte. Sagkeeng youngsters were Jarrid Guimond, Cudy Guimond, Dakota Guimond, Dakota Guimond, Trevor Laforte, Dain Henderson and Tyndall Fontaine.

Like most Sagkeeng events it was fun, and the kids enjoyed a day off school, but they took the event seriously. All of them had tee shirts decorated for the event, some of them with elaborate Anishinabe designs and all of them with anti drug slogans and autographs from their friends.

Some of the slogans were lengthy and others very brief, from "I pledge to my Creator to stay drug free," to "Don't smoke dope!" Others were: "Just say no! You have the power to say no!"

"Don't let crack control you."

"Drugs kill brains."  
 "Try hugs not drugs."  
 "I'm not a follower, I say no to all."

And many more on the same lines.

After the run was completed the kids got their choice of hot dogs, hamburgers, beef stew, bannock, potato salad, and fruit juice. They

then listened quietly to a series of speakers.

Master of Ceremonies Pat Bruyere first introduced Sagkeeng Chief Donovan Fontaine.

"Don't do drugs." He said. "It ruins lives, it ruins people, it destroys lives, it ruins communities."

He said there are rumours of a crack house on the North Shore and rumours of a crack house on the South Shore and there are gangs are in our community.

"There is no better feeling than being straight and natural." He said. "No drugs will ever give you that feeling. I have been straight for 23 years and it's the best thing I ever did."

Chief Donovan said the council has been working on a drug policy which should be presented to a General Assembly in the next eight weeks.

Churchill MP Tina Keeper told Sagkeeng that



Churchill MP Tina Keeper

they "should be very proud of this type of action. We want to make sure that all you children have a safe tomorrow." I live a drug and alcohol free life and have for a very long time." She said. "We have to help each other to be strong."

She said she was working on getting access to provincial addiction services which have not been available to first nations.

"I am very proud of this Community," she said.

## Wings of Power News

**By GINETTE McMullen**  
**W**ings of Power, offers many things for families. We have a Prenatal and postnatal program (call Gerry or Donna @ 367-8855), Junior Kindergarten, Playgroup, Computer access, thrift store, lending library and our Drop-In. Feel like a cup of coffee or just want to sit and visit? Drop by and meet our friendly staff and enjoy a bit of shopping.

We also do family events throughout the year. Our next events are

• Harvest Dinner Wednesday October 8th 4:00 - 6:00 at Wings of Power. This event is Wings of Power's opportunity to share the harvest grown in our Community Garden and an opportunity to thank the community members for their support throughout the year. Look for details on our new sign.

• Come Play with us - Fun Family Event sponsored by Bright Beginnings and Wings of Power Featuring Al Simmons (children's entertainer) and Jodi Lee keynote speaker (The importance of Child's Play). Children's activities and refreshments available Tuesday October 28th 6:00pm at Ecole Powerview School.

**What's new at Wings?**

We have been invited by Sunrise School Division to participate in a National Pilot Project to introduce families to the Comfort, Play & Teach Activity Room Program.

This program consists of six one-hour sessions (to be delivered one/week) of parent child activities based on the Comfort, Play and Teach™ framework developed by Invest in Kids. (www.investinkids.ca).

Continued on page 11

## Toward a better driver rating system

We're proposing ways to improve Manitoba's Merit Discount/Demerit System and encourage safe driving.

We want to hear from you.

Learn more at one of our information displays:

**Clearspring Mall (Steinbach)**  
 Monday and Tuesday  
 September 29 & 30, 2008

Visit: [www.mpi.mb.ca](http://www.mpi.mb.ca)

Or ask for a copy of our discussion paper by calling: 985-7000  
 toll-free 1-800-665-2410  
 TTY/TDD 985-8832



Philip & Susie Chevrefils are happy to announce that their son Chad will be returning to Shilo from his 2nd tour of duty in Afghanistan on Saturday, September 27th. We would like to thank all of you who have prayed for Chad while he was away. There is strength in prayer and it helped all of us deal with his absence and gave Chad the strength and encouragement he needed while away.

# Election 2008



This campaign is increasingly being defined by irrelevant mis-steps, rather than intelligent debate.

## Reporters Behaving Like Children

Ottawa Press Corps to Blame for Voter Apathy

By Charles Norman

Based on reporters' coverage of the federal election so far, you could be forgiven for thinking that the major issues in this election are the gaffes and tasteless jokes uttered by candidates or party workers. Opposing politicians can, of course, be expected to make the best of any slip that an opponent makes - however silly - as long as the press covers it and gives him a little extra free coverage. The important thing is to get his or her name in the paper day in and day out. To be ignored by the press is death to a politician so they will say anything that gets the reporters' attention. If reporters pay exaggerated attention to the occasional slip of the tongue from the millions of words that are written and spoken during an election campaign, then so will politicians - and if it goes on too long it will begin

to turn the election into a laughable spectacle. And that seems to be what this election has become. Whether it be a defecating puffin, a cabinet minister's gallows humour, a dope-smoking NDP candidate in BC (say it ain't so), or a Quebec Liberal candidate's musings on the nearly two-decade old Oka crisis - these are the stories that threaten to define this race. The problem is, despite the apparent apathy registered by the Canadian electorate, there are some very important issues being discussed in this election. We are facing a melt-down in financial markets and Canadians need to decide what party will best lead them through this turmoil. But the electorate will remain unimpressed and uninspired by their leaders if the media doesn't begin to take seriously their responsibility to engage Canadians in the important debates this

election raises. Those chosen by Canadians to run the country should be chosen on their abilities and on their policies - and not on the basis of who tells the worst jokes - but that is not what is happening in this election. Between the politicians and the voter is the press, and the press has turned the election into a circus. The Ottawa press corps are a conceited and arrogant bunch - they are used to being able to bully politicians no matter who they are. They are more interested in letting their readers know how clever they are (the reporters, not the readers), and give short shrift to their day-job, which should be to inform their readers of the actions of their politicians. Hopefully, in what is left of this campaign, the press will begin to smarten up and get around to telling us what this election is really all about.

## Candidate Profiles:

Continued from last week's Echo



Selkirk-Interlake LIB - Kevin Walsh  
Contact Info-988-9540

Kevin was raised on a farm in Marquette, Manitoba where he lived and worked until graduation. Upon moving to Winnipeg to pursue a career in personal care, Kevin has worked with people who have intellectual disabilities and has done so for the last 11 years. He has also been active as a fundraiser for Arcane Horizon Inc. which is a non-profit organization that provides assistance to those with disabilities. Kevin still lives in Winnipeg with his partner Nikki, where they run a foster home together. Walsh is keen on the green shift policy and hopes to facilitate clarity and good will for it throughout this election, seeing it as a positive for farmers and for all of Canada.



Selkirk-Interlake NDP-Patricia Cordner  
Contact Info-482-6476

Initially working as a clerk for the RCMP and then with the city's finance administration, Patricia Cordner has been

employed by the City of Selkirk for 23 years, and has been with the Selkirk and District Labour Council for 15 years. Retired but still self-employed, Cordner is also a proud grandmother to 5 grandchildren. A life-long member of the NDP party, Cordner cites former Selkirk-Interlake Candidate Ed Schreyer, who previously held office as premier and governor general, as inspiration. His legacy is one which she hopes to carry on.



Provencher LIB-Shirley Hiebert  
Contact Info-997-7012

Dr. Shirley Hiebert was born in Steinbach and has lived most of her life in the RM of Ste. Anne. Feeling compelled to towards service, she went to work in Northern Manitoba in remote First Nations Communities during the 1980's. Following this venture, Hiebert chose to enter graduate studies in nursing in an effort to better the lives of those around her. Dr. Hiebert received her PhD from the University of Manitoba. She has since focused on health care research, viewed from within a political framework. She also ran as a candidate in the 2006 Municipal Election in the RM of Ste. Anne. Currently, she works as a health-care consultant and online graduate studies educator.

Continued next page

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# Election 2008



Provencher NDP-Ross Martin  
Contact Info-791-5015

Born in St. Catharines Ontario, Ross Martin attended the University of Waterloo and

## What they're saying:

The Echo is continuing to offer all candidates in all three of the ridings that our readership covers (Provencher, Churchill and Selkirk-Interlake), a forum from which they can debate the issues concerning the local electorate in this election.

All candidates have been made aware of this feature and we hope they will all make the most of this opportunity to connect with the voters in their ridings.

In this week's installment, we have received submissions from: Churchill's Liberal Candidate, Tina Keeper; Selkirk-Interlake Conservative incumbent, James Bezan; Selkirk-Interlake Liberal candidate, Kevin Walsh; Provencher NDP candidate, Ross Martin and; Conservative incumbent, Vic Toews.



Tina Keeper, LIB Candidate for Churchill

## Tina Keeper (LIB - Churchill)

Liberal platform answers Northern needs. Ladopts Keeper's private member's bill

This week the Liberal Party of Canada released a fully-costed, fiscally-respon-

sible platform entitled, "A Richer, Fairer, Greener Canada," which lays out a progressive, inclusive vision to make Canada a stronger country for the next generation. "The Liberal Party platform responds to the most pressing issues facing residents across Manitoba's north," said Churchill Member of Parliament and Liberal candidate Tina Keeper. "It offers a balanced plan of urgent social programs, including increasing doctors, child care and housing; initiatives to increase Canada's competitiveness in the global economy; and the leadership and plan Canada needs to address the climate change crisis, among much more."

Keeper also touted the inclusion of the Kelowna Accord, the ratification of the United Nations Declaration on the Rights of Indigenous Peoples, and the implementation of Jordan's Principle, to swiftly resolve funding disputes, for First Nations children.

The Liberal election platform specifically refers to Keeper's Private Member's Bill introduced in Parliament, stating: "To resolve these disputes at the federal level, a new Liberal government will enact a Jordan's Principle law, based on an existing Liberal Member's Private Member's bill, which will require the federal department of first contact to pay for the required services and to seek resolution later so that children are not denied the serv-



Churchill CPC -Wally Daurich  
Contact Info-232-9448

Wally Daurich has been a resident of Churchill since he

ices they need."

"The Liberals under Stephane Dion are the only party offering generous social and environmental policy with an iron-clad commitment to keeping Canada in the black," said Keeper. "The Liberal platform is fully-costed, and leaves money to spare in case of harder times."



James Bezan, CPC Candidate for Selkirk-Interlake

## James Bezan (CPC - Selkirk-Interlake)

As part of our continued belief in lowering taxes for Canadians, a re-elected Conservative government will cut the federal excise tax on diesel fuel in half from four cents per litre to two cents per litre.

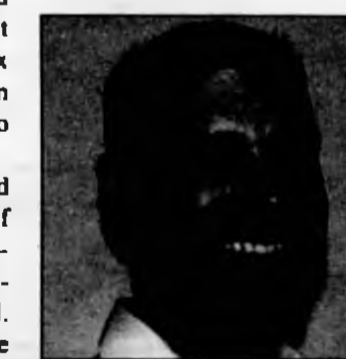
Since first being elected to represent the people of Selkirk-Interlake, I have promoted a reduction of the federal excise tax on diesel fuel. In 2005 I tabled a Private Members Bill and a subsequent motion in the House of Commons calling for the elimination of the excise tax on diesel fuel for farm and fishing operations. So I am pleased that the Prime Minister sees value in this tax reduction and will extend it to the transportation sector.

was a teenager, graduating from Keewatin Community College and embarking on a diverse career.

He began with work in logging and then as a hunting and fishing guide, followed by time spent as a building construction teacher at Barrenlands First Nation. Now, Daurich is a small business owner operating the Lazy Bear Lodge and cafe with his wife Dawn. In 2006, Daurich ran for mayor of Churchill and has been involved in the Churchill Economic Development Association and the

This tax reduction will benefit consumers who buy virtually anything that moves by truck, train, ship or plane. It will reduce transportation costs, keep the price of consumer goods down, and strengthen the national economy during a time of uncertainty. Locally, it will improve the competitiveness of Manitoba's truckers, agricultural producers, and fishers. At a time when Canadians are concerned about affordability, and energy prices are rising, we should be doing what we can to lower prices.

While the NDP and Liberals come up with ways to increase taxes, Conservatives know that Canadians need tax reductions. The NDP's sole focus on Toronto and the Liberal's carbon tax scheme only demonstrate their lack of knowledge of rural Canada. What farmers, fishers, truckers, and all consumers need are tax reductions.



Ross Martin, NDP Candidate for Provencher

## Ross C. Martin (NDP - Provencher)

People have a right to be safe in their homes and on their streets. I, as your representative, will work to stop the root causes of youth crime so that you don't become a victim. We will work at ending child poverty and by ensuring that youth have other, non-destructive activities to do in their neighbourhoods. And because poverty increases the use of our overloaded health system and our police services, we need to address it now. The problem in our

Churchill Chamber of Commerce. Daurich says he will, "work hard to continue to develop [a] resource economy and settle long outstanding treaty claims quickly." Protecting firearms rights for hunters and farmers is also one of his stated priorities.

Please refer to last week's Echo for the other candidates in the ridings of Churchill, Provencher and Selkirk-Interlake. We will continue to offer each of these candidates editorial space in the weeks prior to the election.

Concerns that include, but are not limited to the following: Providing funding not only to clean up Lake Winnipeg now, but to lay the groundwork for the lake's protection in the future. To ensure there is funding to provide education, health-care and clean drinking water for First Nations Communities. To invest in rural infrastructure, the paving of roads, bridges and the construction of community centres. As a Liberal Mr. Walsh is committed to the continued support of the Wheat Board and to farmers.



Kevin Walsh, LIB Candidate for Selkirk-Interlake

## Kevin Walsh (LIB - Selkirk-Interlake)

If elected, as the Liberal candidate for the Selkirk-Interlake, Mr. Walsh will carry his constituency's concerns to the capital. **Continued on page 7**

# News

## Powerview RCMP Press Report News Report September 15 to 21, 2008

2008/09/15

**RM ALEXANDER** - a missing youth returned home after police intervention. The youth had been reported missing earlier in the day.

- police responded to a street fight but found all parties had dispersed from the scene prior to police arrival.

**MANIGOTAGAN** - investigation continues into 2 separate incidents of assault. A female and a youth are involved.

**POWERTVIEW** - an altercation at a parking lot resulted in the matter being referred to a peace bond. All parties were satisfied with this.

2008/09/16

**FORT ALEXANDER POWERTVIEW-PINE FALLS** - 3 break, enter and thefts occurred in the area. 2 local business's and a 3rd private residence. Police

were successful in apprehending 1 male in the residential hit. The male also had outstanding warrants for his arrest.

- investigation also continues into an assault of a female.

**HOLLOW WATER** - an assault of a youth by an adult remains under investigation.

- a break, enter and theft resulted in jewelry, mp3 and dvd's were taken.

2008/09/17  
**HOLLOW WATER** - a missing adult male was located and police advised accordingly.

2008/09/17

**FORT ALEXANDER** - a female youth has been charged with assault after attacking another female. An earlier altercation between the 2 had occurred. The youth was released on a promise to appear in

Powerview Court and on no contact conditions.

- police are attempting to locate another youth for uttering threats harm.

2008/09/18

**FORT ALEXANDER** - a break, enter and theft at a local business resulted in several cartons of cigarettes being stolen. A suspect was identified in the incident.

**HOLLOW WATER** - investigation continues by police into the careless use of a firearm by a youth.

2008/09/19

**BLACK RIVER** - police continue to look for a male in breach of court conditions. The man attended an ex spouse's residence while on a court order to refrain from doing so.

**POWERTVIEW** - police responded to a call of a disturbance at a local hotel and

found a female with outstanding warrants. The woman was removed from the premises and dealt with accordingly. She will appear in a Portage la Prairie court at a later date.

**FORT ALEXANDER** - a male with outstanding warrants and breaches of court conditions was finally located at a residence. The man was arrested and remanded into custody to Provincial Remand Center.

2008/09/20

**RM ALEXANDER** - a small herd of cattle were moved off the highway by police. The owner was contacted and no further problems were reported.

- police patrolled the area for 2 possible impaired drivers but were unsuccessful in locating either vehicle matching the descriptions provided. No further call backs were made to police.

2008/09/21

**FORT ALEXANDER** -

several residences were attended by police due to unwanted guests refusing to leave. Prior to police arrival all parties had departed and no further police action was necessary.

**SUMMARY:** Police also followed up on 4 false alarms actioned 6 requests for assistance to other police services/service of legal documents, issued 2 tickets under the highway traffic/liquor acts, charged 1 person for impaired driving/refusal of breath test, lodged 3 persons under the intoxicated persons detention act, attended 1 noise complaint, processed 3 traffic accident reports and transported 3 persons under the mental health act to the appropriate facilities.

Remember if you have any information on any criminal matter you can remain anonymous and contact crime stoppers at 1-800-782-8477 or the Powerview RCMP at 367-8728.

# Election 2008

## What they're saying - Local Candidates... Continued from page 5

country is too many poor people and an over worked and over taxed middle class.

In the short term, a New Democrat government will hire thousands of police and health-care providers to protect you and look after all Canadians. We will work towards keeping the good paying jobs here in Canada and move towards a greener environment. While some traditional jobs may be changed in the move to a more environmentally friendly society, thousands of jobs will open up and New Democrats will be there for you, to train and educate so that you and your family will be protected by this change.

New Democrats are committed to stopping the gouging at the gas pumps and at the banks. Governments have an obligation to ensure that all Canadians are treated honestly and fairly and they have failed you. I won't let you down!

New Democrats are the only party that will put you and your family first. Make a difference on October 14th!



Vic Toews, CPC Candidate for Provencher

### Vic Toews (CPC - Provencher)

All younger Canadians owe a debt of gratitude to our senior citizens. The Canada we are privileged to

call home - prosperous, peaceful, and free - was built by their hard work and sacrifice. Support from government and from all Canadians helps seniors to enjoy their golden years with greater security.

This week, Prime Minister Stephen Harper announced that our Conservative government will deliver further tax relief to seniors, by reducing your taxable income. The Age Amount on your income tax will be raised by an additional \$1,000. When this is fully implemented, the amount of income that a senior can earn tax free will be \$17,673, up from the \$12,627 that was in place under the previous Liberal government.

Prime Minister Harper also announced that our Conservative government will end unfair treatment of Canadians receiving U.S. Social Security payments. Starting in 1997, the Liberal government began to tax 85 per cent of U.S. Social

Security payments received by Canadian seniors. We think this is unfair, so our Conservative government will restore the 50 per cent inclusion rate that applied before the Liberals change. The restored, lower rate will apply to Canadians who were receiving U.S. Social Security payments prior to January 1, 1996.

Between now and October 14, Canadians will make a choice between tax relief or tax increases, between building on the gains we have made or going backwards. I believe that if we stay the course that has been chartered by Prime Minister Harper we can look forward to a hopeful future, for our seniors and for all Canadians.

## Watch out for deer ticks

Lyme disease is caused by a bacterial infection that people can get from the bite of an infected blacklegged (deer) tick.



Manitobans can reduce contact with deer ticks by avoiding tall-grass habitats or wooded areas, wearing long pants and a long-sleeved shirt, tucking in clothing, using an appropriate mosquito repellent, looking for and removing ticks as soon as possible.

For more information about Lyme disease, its symptoms and how to prevent it, visit our website at [www.manitoba.ca/health/lyme/](http://www.manitoba.ca/health/lyme/)

### You can help

You can help in the study of Lyme disease in Manitoba by collecting and submitting deer ticks for research purposes:

- Deer ticks are smaller than the more common wood tick. Unlike wood ticks, they do not have white markings on their bodies.
- If you find a deer tick, remove it slowly from skin or clothing using tweezers and steady pressure; avoid twisting. Cleanse area with soap and water or a disinfectant.
- Place the tick in a small, crush-proof container (for example, a pill bottle) with a piece of slightly damp paper towel (to help keep the tick alive).
- Firmly tape the lid shut.
- Check the pictures and additional information on the website to determine if your tick might be a deer tick.
- Hand-deliver or mail the sample to the address below. If mailing, place the container in a sealed plastic bag then in a cardboard box labeled: RESEARCH SPECIMENS - FRAGILE - HANDLE WITH CARE
- Include your name, telephone number and information about where, when and on whom (ex: a dog, a person) the tick was found. Deliver or mail to:

Dr. Terry Galloway, Department of Entomology  
Animal Science/ Entomology Building, Room 214  
Fort Garry Campus, University of Manitoba  
Winnipeg MB R3T 2N2

(Office hours: 8:30 am - 4:30 pm, Monday to Friday)



### Winnipeg River Learning Centre is offering the following course:

#### BOOKKEEPING AND ACCOUNTING FOR A SMALL BUSINESS

This is a Red River College credit course.

Tuesday evenings 6:30 - 9:30 starting in October running through to December, start date dependant on enrollment.

For more information/register call 367-2761 or drop by the office:

Winnipeg River Learning Centre  
PO Box 250, #3 Walnut St.  
Town of Powerview-Pine Falls, MB R0E 1M0

### North Eastman Health Association Association de santé du Nord-Est Inc.

#### ANNUAL GENERAL MEETING 2008

The North Eastman Health Association Inc. is pleased to announce that it will be holding its Annual General Meetings on these dates in the following two communities.

Tuesday, September 23rd - Beausejour  
Sun Gro Centre - South Interlake Credit Union Room  
360 Community Lane, Beausejour, 7:00-8:30 pm

Thursday, September 25th - Victoria Beach  
Senior Scene  
1 Ateah Road, Victoria Beach, 7:00-8:30pm

Interesting Health Information Displays  
Refreshments will be available.  
"Working together to create a healthy North Eastman"

# TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts



## PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.

367-2611

DISPENSARY

367-2517



### CASUAL OFFICE POSITION

Applications are now being accepted for a Casual Office Position with the Town of Powerview-Pine Falls. Employment start date October 6, 2008 with an offering of full time employment for a minimum of six weeks.

Interested individuals are asked to submit a resume with a list of education and experience to the Municipal Office at Box 220, Powerview, MB R0E 1P0 or drop off at 277B Main Street, Powerview, between 8:30 am to 4:30 pm Monday to Friday. Questions may be directed to the Chief Administrative Officer Marlene Watson @ 367-8483, or email: caopvp@mts.net. Knowledge of both official languages will be considered an asset.

Closing date to receive applications is October 1, 2008 at Noon. Salary per the IUOE Local 987 Collective Agreement.

### EMPLOYMENT OPPORTUNITY / OFFRE D'EMPLOI

#### Library Clerk - Term position / bibliothécaire adjointe - poste à terme

- 14.5 hrs/wk. - hours are flexible/heures/sem. - horaire flexible
  - Must be Bi-Lingual/ doit être bilingue
  - Computer experience required/ Expérience avec l'ordinateur requise
  - Salary: \$10 - \$14/hr. dependant on qualifications & expérience/un salaire de 10\$ a 14\$ selon les compétences et expériences
  - Must have a love of reading & enjoy working with the public/ doit aimer la lecture et à travailler avec le public
- Interested applicants should submit their resume no later than / Les personnes intéressées doivent soumettre leur résumé au plus tard le

September 30, 2008 to / 30 septembre 2008 à

Bibliothèque Allard Regional Library - 367-8443  
14 Baie Carron  
Box 157  
St-Georges, MB R0E 1V0  
e-mail: allardlibrary@hotmail.com

# Outdoors

## Tips to Help Avoid Conflicts With Bears

**M**anitoba Conservation reminds people with homes, cottages or campsites in or near bear country to be Bear Smart. Black bears are now increasing their food intake as they

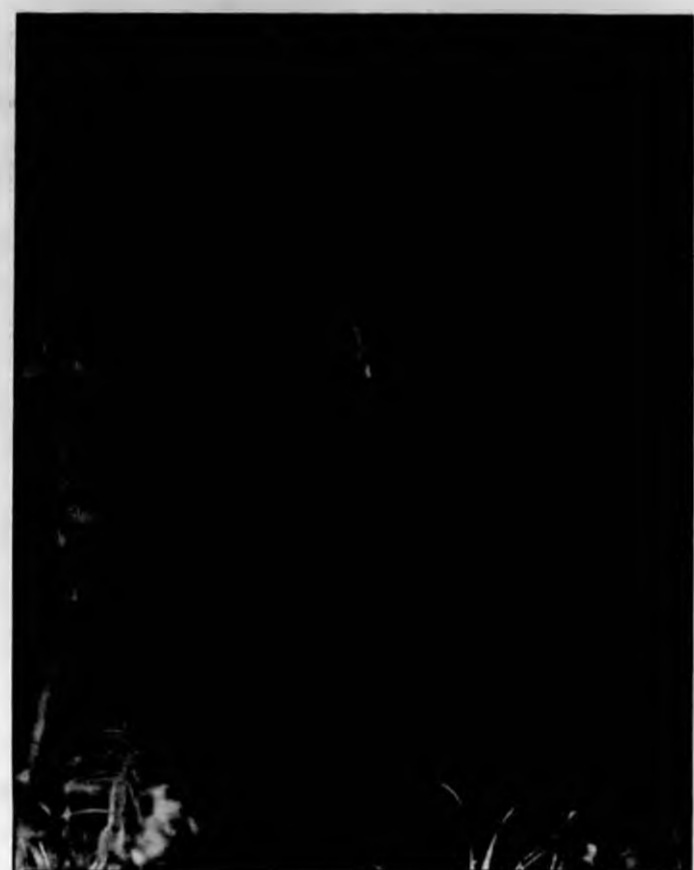
prepare for hibernation later this fall. People may see more black bears in the woods or near their homes and cottages as bears search for natural foods such as fruit and acorns. People can help avoid conflicts with bears by eliminating and securing anything

that emits a bear-attracting odour. To help, the following precautions should be followed:

- Never approach or feed a bear.
- Take down all bird feeders and clean up the ground below the feeder.
- Remove all ripened or fallen fruit daily in the morning and before dusk.
- Feed pets indoors and keep food dishes indoors as well.
- Clean and store barbecues after each use.
- Double bag garbage and place it in a bear-resistant container, secured building or fenced area. Be sure to seal it in a way that will not allow odours to escape.
- Clean garbage containers regularly with bleach or ammonia to stop odours.
- Take garbage with you when leaving your home or cottage, or ask a neighbour to put out the garbage for you just before pickup.
- Don't burn garbage.
- Don't compost any food item.
- Alert your neighbours if a bear is present.

Bears are wild animals and must be respected for the danger they can pose to people. When in bear country, always assume bears are around even if no recent sightings or problems have occurred. For more details on how to be bear smart, refer to Manitoba Conservation's website at

[www.gov.mb.ca/conservation/wildlife/problem\\_wildlife/black\\_bear.html](http://www.gov.mb.ca/conservation/wildlife/problem_wildlife/black_bear.html)



### 4P Committee and Community Say Thanks!

The committee of the 26th Anniversary of the 4P Festival would like to extend their thanks to the following volunteers and business contributors for their tremendous support in making this 4P Festival a success.

- Pic Boiteau and the Ol Kings volunteers who picked up, delivered and returned tables and chairs for the Market Square.
- Christine Huebner and Alisha Carlson for hosting a breakfast for vendors and volunteers helping at the Market Square on Sunday.
- Tembec Inc for hooking up the electrical outlets for the market square and Jamboree.
- Delores Kembell, Nellie Oman and Liz Boiteau who manned the door at the Jamboree from 4:30pm to 1:00am.
- Pine Falls Ol Kings for working closely with the 4P Committee and sending Chic Desautels and Pat Arsenault to work directly with our committee. They assisted us with many events and activities too numerous to list.
- David Kembell for fixing the plugged washrooms at the Pine Falls Arena.
- Norm Vezina, and Vince Rodych for another well run slow pitch tournament.
- Town of Powerview-Pine Falls Public Works, Larry and his staff for helping out in numerous areas.
- Coleen Lemire, Ted Pichor, Jack Schwiluk and Gord and Dorinda Watson for helping out selling wristbands at the KidsZone.
- The PRC Rec Commission, Lori and her staff, Steve Kulyk of Onyx Financial Group and the Wings of Power for sponsoring the Sunday Kids Games and activities.
- St George Community Development Corporation and Diane Dubé for supervision of the 4P Summer Student as well as the use of their telephone for the summer.
- St. George Community Club for office space and equipment for the 4P summer student.
- Sunova Credit Union, Debbie and her staff for assisting with the business donations and firecracker sales.
- To Terry Papineau for being the Parade Marshal and to the drivers Monty Vielleux and Jack Shwaluk.
- Adam Barkhouse for acting as the MC for the Jamboree and to all the performers that came out to entertain us.
- Gord Sokolowski and his helpers for the family fishing derby along with all the sponsors of the Derby.
- Della Clarke and Val Anderson for volunteering to look after the horseshoe tournament. Melvin Vincent and Mike Bouvier for supplying the horseshoes.
- Mary Malo and the Golden Leisure Club for hosting the cribbage tournament.
- Sunrise School Division and Trustee Jamie McMullen for use of their grounds and facilities.
- PRC Rec Commission, Lori and her staff for putting on the Saturday morning breakfast in the tent and raising funds for the Pool.
- The MB Metis Federation, Earl Boyer and his team who put on a tremendous musical event.
- Powerview Auto Supplies for hosting the Show and Shine, which was a big hit.
- Caitlyn Laird, our summer student, who did a wonderful job for the community.
- St Georges Museum and the Powerview School Grads for the Pea Soup and Bannock event.

Again, thank you to all who helped in any way as well as all who participated in the Festival!

#### 2008 4P Committee Members

Bay Dubé	Chic Desautels	Nikki Blatz
Diane Dubé	Terry Papineau	
Pic and Liz Boiteau	Debbie Calma	Earl Boyer
Pat Arsenault	Coleen Lemire	Caitlyn Laird

#### Business and Community Donations for 2008 To Date

Town of PV/PP	Pine Pharmacy
RM of Alexander	Ray Ann Transport
MB Hydro	PF Shell
Sunova Staff	Steve Kulyk-Onyx Financial Group
Sunova	Powerview Agencies
Bluewater Co/C (Fish Fry)	Hillside Building Supplies
Rusty Nail (Meal Draw)	St Croix Cycle
Wpg River Seniors (Canteen)	RC Legion
Great Falls Foods	BlueWater Physiotherapy
M Guilmond Trucking	G's Septic
Clarke Corner	Daves New Furniture
Powerfalls Autobody and Glass	PV Dental
PF Technical Services	Paperlown
Tasty Treats	RCMP
Mr. Pic's Salvage	Celebrations

### Request for Pricing Snow Clearing

Sealed bids will be received by the undersigned until 12:00 noon local time on Wednesday, October 8th, 2008 for snow clearing at the Pine Falls Health Complex, Lac du Bonnet PHC & Health Centre, Whitemouth District Health Centre and Pinawa Hospital. The term of the Service Contract shall be two (2) years. The Bidder shall provide pricing for the two (2) years of the Contract. The prices quoted by the Bidder shall be firm for the length of the two (2) year Contract.

- Proposals from the bidder must specify:
- Hourly rate of clearing (inclusive of operator & equipment).
  - Hourly rate cost for hauling away if required:
    - 1) Tandem truck rate
    - 2) Semi-trailer rate
  - Evidence of current liability insurance coverage - include copy of supporting documentation.
  - Type of equipment to be used, indicating size of loader, skidsteer, and dump truck
  - List of three references is required.
  - Back-up equipment available.
  - Written guarantee of emergency clearing.

Please contact Allan Tardiff, Physical Plant Manager at 1-204-367-5413 with any questions regarding specifications.

Recommend to pick up Specifications by contacting the undersigned.

The lowest or any bid may not necessarily be accepted. North Eastman Health Association Inc.

Cathy Minnie  
Director, Material Services  
Highway 302 South  
Box 209  
Beausejour, MB R0E 0C0  
Phone: 268-8726 Fax: 268-8727

## Hunter Safety Course

A Hunter Safety Course will be held on Saturday, September 27th, in Powerview, Manitoba.

Space is limited. Anyone who is interested in taking this course is asked to register in advance.

For more information or to register for this course, call Ron Pachkowsky @ 367-8056.

# Features

## Cougars, Wolves and Wolverines

### A natural history of the East Beaches and Winnipeg River

#### Northern Goshawk

By Charles Norman

**T**he Northern Goshawk is a year-round resident. It feeds on birds and mammals - its favourite foods are grouse, snowshoe hares (bush rabbits) and squirrels. It is very secretive and nests are not easily found. It is also fiercely territorial and will attack people as far away as one kilometre from the nest. It is incredibly fast and an attack by a goshawk is almost impossible to avoid.

It will also make ferocious attacks on any of its own species attempting to invade its territory. Two or three years ago, a goshawk crashed into the window of my home in Belair. Behind

the window was a darkened room, thus the window acted like a mirror. The Goshawk had seen its image in the window and attacked. It did it again, talons first right at its reflection, staggered in the air, rested for a while on the deck handrail and tried again. This time it attacked so furiously that it fell into the snow below and lay stunned for several seconds. It then gave up and flew away.

Goshawks fly at about tree height or a little below, in a straight line with four or five wing beats then a short glide, but when approaching the nest they fly close to the ground and swoop up to the nest as they get closer. They have a long square tail and

short-stubby wings adapted to flying through the forest. The female, like most raptors, is larger than the male, and has a wing-span of up 26 inches.

Young goshawks are brown above and yellowish brown below. Adult plumage is acquired at two years old. The upper surfaces are a bluish grey and the underside is cross-banded with reddish brown bars on a creamy white breast. Underside tail feathers are white.

The goshawk uses two methods of hunting. It may sit hidden on the branch of a bushy tree and wait for a victim to move from cover. It then launches itself quietly into the air, dives straight down for several feet to pick up speed, then flattens out and glides straight towards its prey. If the victim sees the



walk and tries to get away the goshawk can put on a tremendous burst of speed to make the hit before the quarry reaches cover. It may also cruise along the edge of the forest or along river banks watching for prey out in the open.

Nests are about two feet across about ten to twenty feet above the ground. Five to seven eggs are laid early in the year, with snow still on the ground. Incubation, mostly by the female, takes about five weeks. The fledglings fly after another three or four weeks but spend part of that time as "branchers" living in the trees but being fed by the adults.

### Town of Powerview-Pine Falls PUBLIC NOTICE Board of Revision

PUBLIC NOTICE is hereby given that the 2009 Assessment Rolls for the Town of Powerview - Pine Falls has been delivered to the Municipal Office of the Town of Powerview - Pine Falls and is open for public inspection during regular office hours (8:30 a.m. to 4:30 p.m. Monday to Friday). Applications for revisions may be made in accordance with Sections 42 and 43 of The Municipal Assessment Act.

**APPLICATION FOR REVISION:**  
42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of the premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- the classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

**APPLICATION REQUIREMENTS:**  
43(1) An application for revision must

- be made in writing;
- set out roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by:
  - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2); or
  - serving upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on October 30th, 2008 at 7:00 p.m. in the Council Chambers of the Town of Powerview - Pine Falls.

The final date on which applications must be received by the Secretary of the Board is October 14th 2008. Please Note: the Board shall not consider applications which do not comply with above requirements [subsection 43(2)].

Dated in Powerview, this 24th day of September A.D. 2008.

Marlene Watson, c.m.s.  
Secretary Board of Revision  
Town of Powerview - Pine Falls  
Box 220 Powerview, MB R0E 1P0

## Having a baby?

Healthy Baby community programs provide support to pregnant women, new parents and their babies

Having a baby changes your life. New babies can be demanding, especially for new parents. That's why the Healthy Baby community programs were developed. Healthy Baby community programs are friendly, informal programs that provide you with support, information and resources before and after you have your baby.

#### Drop in to your local Healthy Baby group and you can:

- Ask questions about your pregnancy, your baby's development or parenting support
- Enjoy nutritious snacks, try new recipes and get information about nutrition and health
- Visit with other moms and dads and take part in activities with your baby

#### It's what's inside that counts

It's important to eat well to help you and your growing baby when you're pregnant. If you live in Manitoba, and your net family income is less than \$32,000 a year, you can receive a monthly Manitoba Prenatal Benefit cheque during your pregnancy to help you buy the healthy foods you need.

#### For more information

To learn more about the Healthy Baby program or to find out about locations of Healthy Baby groups, please call:  
945-1301 (in Winnipeg)  
1-888-848-0140 (outside Winnipeg)  
[www.manitoba.ca/healthchild](http://www.manitoba.ca/healthchild)  
or contact your local public health office



Manitoba

# Community

## Pine Falls Legion Branch #64 News



Greetings from Branch #64. Summer is coming to a close and our cottagers will be returning to town. Please join us at the Legion. Our non smokers as well as our smokers have been enjoying our screened in patio. We have had the carpet and all the chairs cleaned. Our meat draws are held every Friday from 5:00pm to 6:00pm. Our Friday evening barbecues are finished and we are back to our regular \$10.00 suppers every second Friday. The first supper will be on September 26th after our meat draw. Watch for posted menu signs. If you can help with these suppers, please phone 367-2718 or 367-8376. Darts is starting September 30th and for further info contact Jackie Prowse at 367-8332.

We are working hard to

have a new cenotaph in place by November 11th. We are not getting anywhere too fast with Autopac. We have applied to the Federal Memorial Fund for monies and Provincial Command about using some of our Poppy Funds. We were most grateful this past week at receiving a generous donation from the Sunova Credit Union to help with the cenotaph. Thank you to Debbie Cairns. We really appreciate this. It restores our faith. The Town Council has offered man and equipment hours for placement of the new cenotaph as well as Chevrefils Greenhouses. We are most appreciative for this assistance.

On the new monument, all the names on our Honour Roll will be listed. To be on the Honour Roll, the person would have been killed in action. If someone's name is missing, phone us at 367-9234. Our current Honour Roll names listed on the brass plate are: C.H. Anderson, R.H. Betts, J. Boyd, B.E. Columbus, J.E. Cooper, C.S. Cybolsky, R.J. D'arcy, E.A. Dawson, G. Dean, F. Dewar, G.J. Doyle, B.G. Foy, D. Gold, E.W.

Gold, H. Haider, R.R. Halford, J.E. Horvath, V. Hugli, M. Kalik, W.J. Kasubeck, W.E. Knight, A.J. Labarre, F.H. Lalor, T.E. Lavallee, O.J. Locke, D.S. MacLean, J.G. Nault, H. Newlove, R. Nicholas, R.D. Poe, J.C. Roach, W.T. Robinson, A.J. Ronholm, F. Sabourin, J. Semenuik, S.H. Smith, L.A. Tourand, W.N. Wolf and W. Yurinchuk. The following names will be added to the new cenotaph. Edmond Coulombe, Roy Thibedeau, G. Legall, Omer Vincent, C. Anderson, O.L. Gauthier, C. Winnberg, Phillip Laforte, James Flett, George Lemmerick, Jack Lemmerick, Eugene Lablanc, Clifford Thomas, Bert Thomas & William Wood.

Our next branch meeting is at 7:30pm on Thursday, October 9th. Our Ladies Auxiliary will hold their meeting the same night as the Branch. They will meet one half hour earlier at 7:00 pm on Thursday, October 9th. We hope this will bring out more members to enjoy a social get together after the meetings. Our meetings are not long and there is a loonie draw at each meeting. Please come out and support your Legion.

## A Faith Perspective:

By Pastor Jake Doell

### The Truth Test



Have you ever wondered whether someone was telling you the truth or not? Sometimes a lie comes dressed in a cloak of truth and it is hard to tell the difference. European explorers of Africa discovered a strange but effective test in testing for truth. When a serious crime had been committed, all the villagers were made to line up to be questioned by the village chief. If no confession was forthcoming, every suspect was lined up to undergo a spear point test.

The test was simple. The spear was heated till it was white hot. Then every suspect stuck out his tongue to be touched by the hot metal. You see they had a belief that only a tongue that lies would be burned. Here is what happened. Usually the guilty person would bolt and run into the jungle as the spear test came closer. Case settled.

But what happened if no one ran? The test still worked. Down the line the hot spear would move, touching tongues without effect until a guilty person screamed in pain.

You might say that's superstition, but it actually was quite scientific. We know that a normal tongue has enough moisture to prevent a quick burn. Anyone under intense strain, such as guilt and apprehension, however has a dry mouth and a dry tongue.

Since everyone trusted

the final result of the test, those innocent, suspects relaxed, because their mouths and tongues were wet. However the guilty person's mouth became dryer as the spear approached. Then his own tongue betrayed him.

Interestingly enough that's the basic principle of the modern polygraph instruments, also known as lie detectors. These detectors measure blood pressure, heart rate and other signs of stress.

No one appreciates being lied to. Telling the truth is not just a matter of convenience, it's a way of life. Jesus Christ said; "I am the way, the TRUTH, and the life." (John 14:6) The good news is that He came to forgive us for our lying. When we confess our sins and lies to Him, He not only forgives us our sins but He also gives us the power to live a life of truth. By that I mean that whenever we catch ourselves telling a lie we confess the lie to the one we've lied to and also to our Savior. That is a much better way to deal with a lie than the "hot spear" test. God has given to each one of us a "built in lie detector." It's called a conscience. When we keep it focused on the true north star of our lives - the Word of God, we will learn to talk and walk in God's truth.

(Story of the "Spear Test" taken from the Encyclopedia of 15,000 Illustrations by Rick Warren)

# Community

## Health Corner

NEHA Ask your Primary Health Care Provider

Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre: phone: 345-8647; or Email corvis@neha.mb.ca. For more health information. Please, visit the NEHA website. www.neha.mb.ca.

### Vaccination: Your Best Defense Against the Flu

The flu is a highly contagious infection of the nose, throat and lungs. It is caused by a virus and is easily caught and spread. Although some symptoms may be cold-like, others are much more serious.



Some of these symptoms include body aches, fever, headache, chills and a dry cough. Full recovery from the flu virus may take up to six weeks.

Most people will fully recover, but for some people the flu may lead to more severe and life-threatening illness, with a high risk for complications. Each year, about one quarter of Canadians is infected with the flu virus. Of these, thousands will become seriously ill and many will die from complications.

A flu shot is your best defense to avoid getting the flu. Because flu viruses constantly change, the vaccine must change too. Therefore to defend yourself against the flu, you need a flu shot once a year.

Since the flu vaccine contains dead viruses, it can not give you the flu. Some people who receive the vaccine will experience mild swelling, tenderness at injection site, or low grade fever. Acetaminophen or

ibuprofen will relieve these symptoms. If you are allergic to eggs or any component of the vaccine, the flu shot may not be for you. It is important that you check with your health care professional before getting the shot.

Remember, the flu is a highly contagious, serious illness. Your best defense against the flu is the flu vaccine.

Submitted By: Kari Lange

## Wings of Power (Continued)

Continued from page 3  
Program begins Wednesday October 15th with a morning session 10:00 - 11:00 or an evening session 6:00 - 7:00 so that we may accommodate more families.

### Program Features and Goals

- This program is designed for parents and their children, 18-36 months.
- An introduction to Comfort, Play & Teach for parents that provides an understanding of the framework and how to apply it in the interactions they have with their child daily.
- Theme-based sessions that include developmentally appropriate, engaging activities for parents and children
- Weekly session guides for parents that include an overview of the weekly theme, songs and activities for the session, suggested activities to try at home.
- To increase parents' knowledge of child development
- To increase parents' confidence in supporting their child's development.

Pre-registration is required and space is limited. If you and your child are interested in participating, or have any questions please call Michelle or Ginette @Wings of Power 367-9641.

## Wings of Power Annual General Meeting

October 20th 2008  
6:00pm  
39 Main  
Pine Falls, MB.



"She's a Keeper"

A Strong and Experienced Voice for Northern Manitoba  
Liberal  
Tel: 204-677-0220 WWW.TINAKEEPER.LIBERAL.CA  
Authorized by Leah Ballantyne Official Agent of Tina Keeper

## RE-ELECT TINA KEEPER ON OCT. 14

"I will continue to be your voice in building a strong prosperous north!"

Over 20 years of community service for Manitobans and their families. Make the best choice for you and your family.

ON OCTOBER 14TH, VOTE ROSS MARTIN PROVENCHER

To join the campaign, call 791-5015 or visit our website at rossmartin.ndp.ca

NDP

Authorized by the Official Agent for the Provencher NDP

### UNDER THE PLANNING ACT NOTICE OF PUBLIC HEARING REGARDING BY-LAW 18/08

The Council of the Rural Municipality of Alexander under the authority of The Planning Act will hold a PUBLIC HEARING at the office of the Municipality at St. Georges, Manitoba on the 14<sup>th</sup> day of October, 2008 at 11:00 a.m., at which time and place the Council will receive representations and objections from any persons who wish to make them in respect of By-law No. 18/08 to amend the R.M. of Alexander Zoning By-Law No. 08/98 as amended.

A copy of the above noted By-Law of the Rural Municipality of Alexander and supporting material may be inspected by any person during regular office hours from 8:30 a.m. to 4:30 p.m. Monday to Friday at the office of the Municipality at St. Georges, Manitoba.

- (1) That Section 5.4.2 Table VI "SR" Seasonal Residential Zone Use and Bulk Table is hereby amended reducing the site width requirements for Single Family Dwellings and Seasonal Uses on Backshore lands only from 150 feet to 90 feet as identified in the shaded print:

PERMITTED USE	MINIMUM SITE WIDTH REQUIREMENTS (As per amended Zoning By-Law)				MINIMUM SITE WIDTH REQUIREMENTS (As per existing Zoning By-Law)			
	SR	SR1	SR2	SR3	SR	SR1	SR2	SR3
Single Family Dwelling	90	90	90	90	150	150	150	150
Seasonal Use	90	90	90	90	150	150	150	150

- (2) That Section 5.4.2 Table VII "SRG" General Seasonal Recreation Zone Use and Bulk Table is hereby amended reducing the site width requirements for Single Family Dwellings and Seasonal Uses on Backshore lands only from 150 feet to 90 feet as identified in the shaded print:

PERMITTED USE	MINIMUM SITE WIDTH REQUIREMENTS (As per amended Zoning By-Law)				MINIMUM SITE WIDTH REQUIREMENTS (As per existing Zoning By-Law)			
	SRG	SRG1	SRG2	SRG3	SRG	SRG1	SRG2	SRG3
Single Family Dwelling	90	90	90	90	150	150	150	150
Seasonal Use	90	90	90	90	150	150	150	150

Margaret Bonekamp, C.M.M.A.  
Chief Administrative Officer

## Recreation Updates

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

It's a little quiet in my office these days. My summer staff have all gone back to school & to Winnipeg to pursue futures. The pool is slowly being readied for winter with no shrills and laughter coming through my window of kids having fun. I think we need to start more programs!!

The last two weeks there has been an incorrect date printed for the First Aid Class Level B that is scheduled for this Saturday & Sunday September 27 & 28. For registration please contact myself or the Winnipeg River Learning Centre 367-2761.

I still have not received any confirmed information regarding gymnastics at Walter Whyte School. It looks like the program will get started during the winter season. Once I have something I will let you know. It is not too late to sign up for the Tumblers Gymnastic program running at the Pine Falls School Gym starting on September 29. Information & prices are below. Hockey meetings are being held to determine ice times and openings this week. I would like to start a Recreation League for different ages groups. I will let you know more once I have confirmed ice time available. I am currently working with Cheryl Gogo who is very excited to get the Can Skate & figure skate program up and running again at the Powerview Arena. Once again more information will be available after ice time has been confirmed.

I was just informed a few days ago that there is a small pilates class available in Grand Marais. If you would like more information you can call Jenny Terrio Baturin at 754-8165. I am always looking for people that have that hidden talent to share with the community. I you are interested in hosting a program or course, please give me a call so we can discuss putting something together.

The Pine Falls Annual Christmas Arts & Crafts Festival is scheduled for Saturday, November 22. Registration forms for vendors are available at the Rec Office. Please give me a call if you would like more info.

I have not received any response to Natasha's Bootcamp. The class would run on Saturday's at 11:30 AM in October. She needs 10 - 12 people to confirm and cost will be \$8.00 per class. Call the Rec Office to register or email Natasha at inatasha@mts.net.

Kelly Murray will be hosting a card making class for Christmas cards on Saturday October 25. Kelly is amazingly creative and will pass on her talents to you to surprise your friends and family with a wonderful homemade Christmas card this holiday season. Also booked for November 29 in Pine Falls and December 6 in Victoria Beach there will be a one-day class creating Holiday Stepping Stones with Audrey Batchelor. Times and locations TBA. Last thing to announce is the soccer windup this Saturday September 27th for all teams at the Pine Falls School. For more info contact Ruth 367-9232. That's it for this week.

Lori Vialoux  
367-9142  
Pineview Rec Director

CHILDREN & Teens  
Junior Curling  
Pine Falls Curling Club  
For ages 11 +  
Registration cost and dates are not

yet confirmed. For more information please contact Melinda 367-4682 or Fay 367-367-8968

Tumblers Gymnastics  
Start Date September 29  
Pine Falls School Gym  
Monday, Tuesday & Wednesday's  
Kindergym \$90.00 (ages 3 & 4),  
Juniorgym \$90.00 (ages 5 & 6),  
Recreational \$120.00 (7 & up), Pre-Competitive \$240.00 &  
Competitive \$340.00  
For more information contact Audrey Cure 367-4963 or pick up registration forms at the Pineview Rec Office located at the Pine Falls School.

Pineview Minor Hockey  
Pine Falls Arena  
Initiation \$50.00 (born 2002, 2003, 2004), Novice \$290.00 (born 2000, 2001), Atoms \$330.00 (born 1998, 1999), Pee Wee Girls \$330.00 (born 1996, 1997), Pee Wee Boys \$335.00 (born 1996, 1997), Bantam/Midget Girls \$375.00 (born 1991-1994), Bantam Boys \$375.00 (born 1995, 1994), Midget Boys \$425.00 (born 1991, 1992, 1993)  
Time payment is acceptable. \$25.00 late fee to applications after September 20, 2008. Pineview Recreation Winter Membership is mandatory for hockey registration \$128.00 + \$6.40 GST = \$134.40 made payable to Pineview Recreation Commission. For more info contact Natalie 367-9519 or pick up registration forms at the Rec Office located at the Pine Falls School.

ADULT  
Christmas Card Making  
Pine Falls School  
Saturday, October 25th  
9:00 AM - 4:00 PM  
Instructor: Kelly Murray

Darts  
Branch 64 Darts @ Royal Canadian Legion  
Tuesday Nights 7:00 PM  
League play starts October 14th. Do not have to be a legion member to play. Come out and bring a friend on fun nights September 30 & October 7. For more information contact Jackie Prowse 367-8332

Mens Golf Windup  
Pine Falls Golf Club  
Saturday Sept 27th @ 2:00 PM  
www.senioreceneinc.com

Curling  
Pine Falls Curling Club  
Men's League (Monday Evenings)  
Junior League (Tentative Tuesday Evenings)  
Ladies League (Wednesday Evenings)  
Drop In Curling (Thursday Evenings)  
Mixed League (Friday Evenings)  
Registration date October 6th at Pine Falls Curling Club 7:00 - 7:30 PM, AGM to follow registration. Registration costs to be confirmed. For more information please contact Gloria Brody 367-2656 Melinda 367-4682 or Fay 367-367-8968.

Curling  
Victoria Beach Sports Club  
Ladies League (Monday & Thursday Evening)  
Men's League (Tuesday & Wednesday Evening)  
Mixed Fun League (Friday Evenings)  
For more info or team registration contact Tracey 756-3742 or Cathy 756-2662

Curling

## Pineview Recreation Commission - Lori Vialoux, Rec. Director

Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls  
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

Grand Marais Recreation Association  
Men's League (Wednesday & Thursday Evenings)  
Drop In Curling (Wednesday Afternoon @ 1:00)  
For more information or team registration contact Chris Jensen evenings 754-3058 or email gcjensen@mts.net  
Mixed League (Monday Evenings)  
For more information or team registration contact Lori Reichik 754-2128

Junior & Family Golf Night  
Grand Pine Golf Course  
Every evening @ 6:00 PM excluding some tournament dates  
Free For ages 16 & under  
9 Holes  
\$10.00 for adults playing with juniors  
Juniors 12 years and under must be accompanied by an adult. Tee times will be on a walk on basis - tee times will not be reserved. Golf club with bags & balls will be provided subject to availability for juniors. For more info contact 756-2345.

Quilting  
Seniors Scene, Victoria Beach  
Every Thursday at 1:00 PM  
Have an unfinished quilt at home or interested in learning how it's done - head over to the Seniors Scene and spend the afternoon with some delightful ladies.  
For more info contact Marlene 756-2752.

SENIORS  
Strength For Seniors  
Pine Falls School Gym  
Monday's & Thursday's

Free program open to all seniors 55+. Class includes Chi Quung Tai Chi, exercise ball & stretching. For more info contact Tina 367-9128

50+ Exercise Class  
Senior Scene, Victoria Beach  
Sundays @ 2:00 PM  
Instructor: Natasha Joy  
Program includes a lower intensity workout that includes cardio, muscle & stretching. For more info contact

Dinner Dances  
Senior Scene, Victoria Beach  
October 18  
Phone 756-6468  
www.senioreceneinc.com

Line Dancing  
Senior Scene, Victoria Beach  
Every Tuesday @ 10:00 AM  
Drop In Fee Members \$2.00 Non Members \$3.00  
A wonderful way to exercise your body and challenge your memory. For more info contact Judy 756-3132  
www.senioreceneinc.com

FOR ALL AGES  
Terry Fox Run  
Monday, September 29th  
Powerview School  
Please join Powerview School and their efforts to help raise funds for cancer research. All community members are welcome to join the walk or run.

Hockey Coaching Clinic  
\*Initiators Program  
October 18th @ He Des Chene  
November 2 @ Steinbach  
November 23 @ Beausejour  
\*Coach Level  
October 4 @ Niverville  
October 18 @ Powerview  
October 26 @ Steinbach  
For more information and registra-

tion go to www.eastmanminorhockey.ca

Referee Clinics  
Level 1 & II  
October 19 @ Lac Du Bonnet  
For more information and registration go to www.eastmanminorhockey.ca

Sagkeeng Balancing Wellness Centre  
For Males & Females Ages 13-40  
Programs include support groups for healing, nutrition, building confidence & self-esteem. Plus support for residential school survivors to help move on from the effects of residential schools. Issues include: loss of language and culture, abandonment, identity, colonization, loss of parenting skills, abuse in the residential schools and effects. For more information contact Lillian Cook 367-2755.

Hunter Safety Course  
Saturday, September 27th  
For ages 12+  
Cost \$35.00. Must pre register by calling Ron Pachkowsky 367-8056

Festivals & Events  
Grand Marais Annual Fall Supper  
Saturday, September 27, 2008  
Grand Marais Recreation Centre  
Sittings at 4:00 PM & 6:00 PM  
Tickets \$13/Adults \$6/Children under 12  
For more info contact Chris 754-3058

Wings of Power Harvest Dinner  
Wednesday, October 8th 4PM - 6PM  
Everyone are welcome to attend this free event at Wings of Power - bring your appetite and a smile!

Victoria Beach Fireman's Annual Fish Fry  
Saturday, October 11th  
Victoria Beach Sports Club  
Two sittings 4PM & 7 PM. Tickets available at businesses throughout the beaches. Get your tickets early!!

Walking Club  
Grand Marais Rec Centre  
For more information on inside walking club contact Bonnie 754-3240

Bean Bag Club  
Grand Marais Rec Centre  
For more information contact Jean MacDonald 754-3989.

Badminton  
Pine Falls School Gym  
Sunday & Thursday evenings starting October 2nd  
For ages 15 & Up (under 15 must be accompanied by a parent)  
7:00 PM - 9:30 PM  
\$25.00 Per Person, \$45.00 Couple, \$60.00 Family  
For more info please contact Ginette Vincent 367-8244 or 367-9970

Body Sculpting  
Every Monday @ Walter Whyte School  
6:30 - 7:30  
Every Sunday @ Senior Scene 12:30 - 1:30  
Total body conditioning including muscular endurance & strength and cardiovascular conditioning. New challenges every class. For ages 16 - fit seniors.  
\$6 per class if prepaid for the month or \$10 drop in fee.  
For more info contact Natasha by email inatasha@mts.net

Total Body Workout  
September 8th - May 2009  
Monday & Wednesday  
7:00 PM - 8:30 PM @ St. Georges School Gym  
\$20.00 per month/ Family plans available  
Kickboxing (with or without pads), Stretching, Skipping, Rubber Bands, Circuits & Felt Pads  
Loose Weight & Feel Great!  
Contact Nick Bonekamp 367-2702 or Paul Roberts 367-8018

Rise & Shine Fitness Class  
Monday, Tuesday, Wednesday & Thursday  
6:30 AM - 7:30 AM @ Pine Falls School Gym  
\$80.00 for 32 Classes  
You are welcome to come to all classes or pick and chose what days work best for your schedule. Need

20 people registered to start the program.  
To register call the Pineview Rec office 367-9142 or Kim Bonekamp 367-2107 or email kbonekamp@hotmail.com

First Aid Class Level B  
Pine Falls School  
Saturday & Sunday September 27 & 28th  
8:00 AM - 4:00 PM  
\$120.00 includes books and AED (Automatic External Defibrillator)  
Advance payment required for the course minimum 6 people required.  
For more info contact Ron Bruneau 367-8989

Winnipeg River Greenback Challenge  
October 25 & 26  
\$500.00 Entry Fee  
For more information contact Laurent Raymond 367-2238

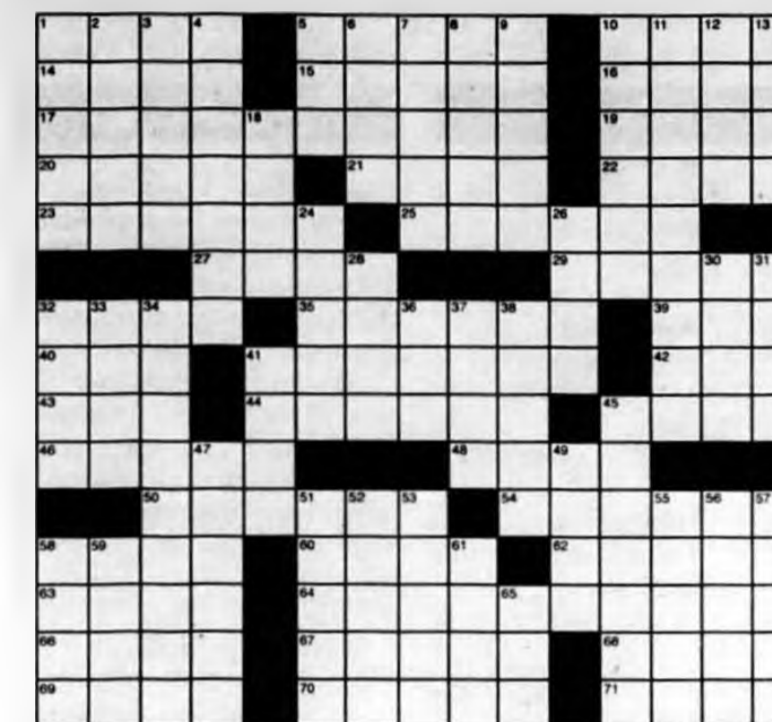
RIVERS NORTH FITNESS CO-OP  
Memberships  
The Fitness Co-op is now entering into its second year of operation. All membership fees are due. The one time co-op membership fee remains at \$100.00 with members paying a \$250.00 annual user fee and non-members \$300.00. For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

PUBLIC LIBRARIES  
Bibliothèque Allard Regional Library  
Located in St. Georges School 367-8443  
Operation Hours  
Tuesday 10:30 AM - 5:00 PM  
Wednesday & Thursday 12:00 PM - 8:00 PM  
Friday 12:00 PM - 5:00 PM  
Saturday 10:30 AM - 4:00 PM

Beaches Library  
Located in Walter Whyte School 754-4007  
Operation Hours  
Tuesday 9:00 AM - 12:00 PM  
Thursday 4:00 PM - 8:00 PM  
Saturday 10:00 PM - 2:00 PM  
Internet Access Site

Pine Falls Library  
Located in Pine Falls School 367-8983  
Open Monday - Friday  
1:00 PM - 3:00 PM  
Internet Access Site

# Weekly Crossword



- Across
1. Light, curved skirt skeleton.
  5. Fill with high spirits.
  10. Upper angle between an axis and an offshoot.
  14. As well as.
  15. Sacred book of Islam.
  16. Kind of pickax.
  17. Regent's deputy.
  19. Reckon.
  20. Of a leaf shape.
  21. Wise person.
  22. Mix with a rising and falling action.
  23. Grass-yielding, edible grain.
  25. Arranged according to size.
  27. Combination of smoke and other particulates.
- Down
1. Violent, and needless disturbance.
  2. The Other Reindeer.
  3. Micheauf, producer.
  4. Female poet.
  5. Likewise.
  6. Written records of messages sent or received.
  7. Physical quantities expressing the size of a part of a surface.
  8. Latin American ballroom dance.
  9. Pass into the interior of.
  10. Became less severe.
  11. Skin disease with numerous small pigmented spots resembling freckles.
  12. March 15th on the Roman

13. Used as an auxiliary in the imperative to express a command.
14. Bevel out.
18. Cause to move to a position below.
24. Portable canvas shelter.
26. Insulting remark intended to make someone look foolish.
28. Boggy area.
29. Having awns.
30. Island reef in northeast Italy separating the lagoon of Venice from the Adriatic Sea.
31. Last president of the 12 Colonies of Man on Battlestar Galactica.
32. Paper adhered to a wall.
33. Beginning of a song.
34. Common place name in German.
35. Small picture inserted with-in a larger one.
36. Younger son of Roman emperor Septimius Severus.
37. Suddenly.
38. Someone that tells.
39. Official language of Thailand.
40. Weapons considered collectively.
41. Garlic mayonnaise.
42. Snow that is ready to discharge meltwater.
43. B vitamin that prevents skin lesions and weight loss.
44. and Tity.
45. Julian Francis, architect.
46. Traps fish.
47. Saucy.
48. Character in WarCraft.
49. Woody, single-stem, self-supporting perennial plant.

- Down
1. Violent, and needless disturbance.
  2. The Other Reindeer.
  3. Micheauf, producer.
  4. Female poet.
  5. Likewise.
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## Last Week's Answers



## CRYPTIC PUZZLE

B ACDX FWG ACHH FBXJ OKLX  
MNNKL PQGCPXD PSBG SX ECGUD  
- DCL TLBGCD VBWMG

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

## Last Week's Solution

DEMOCRACY CONSISTS OF CHOSING YOUR DICTATOR AFTER THEY'VE TOLD YOU WHAT YOU THINK IT IS YOU WANT TO HEAR

# Weekly Horoscopes

September 24 to September 30

**ARIES** (Mar. 21-April 20) Don't start any arguments unless you're prepared to accept irrevocable results. Dead end projects could plague you. Don't lament to a friend about any grievance regarding your mate, or it may be hard to rectify your relationship. You have to believe in yourself and your talents.

**TAURUS** (Apr. 21-May 21) Elders may get you going this week. Plan your day thoughtfully, but try not to rely on others. It's time to reconnect with some of the people you used to know. Uncertainties regarding relatives will make situations uncomfortable if you attend a family function.

**GEMINI** (May 22-June 21) Do not over expand if you can take your own business. Sit tight. You can make extra cash by moonlighting. Mingle with those who can further your goals. Try out for a local sports team such as volleyball, tennis, lawn bowling, or whatever interests you.

**CANCER** (June 22-July 22) You can make money if you're willing to push your ideas on those in a position to support your efforts. Make the necessary changes that will enable you to advance financially. Exercise is always a good way to relieve stress. You can put in some overtime and make extra cash.

**LEO** (July 23-Aug 22) Your magnetic, outgoing personality will capture hearts. You can certainly gain popularity; however, don't do it by paying for everyone else. You could lose money or precious belongings if you aren't careful. You can work in conjunction with those in the know in order to get to the bottom of any pending issue.

**VIRGO** (Aug. 23-Sept. 23) Travel for business or pleasure. Secret affairs may be brought out in the open. You should be putting in some overtime. Avoid lovers who already have a relationship, even if it is a bad one.

**LIBRA** (Sept. 24-Oct. 23) Spend time with your lover this week. Don't hesitate to take short trips. You can meet new and exciting lovers through work related projects. You may find that your anger stems from lending or borrowing money.

**SCORPIO** (Oct. 24 - Nov. 22) You will earn recognition for the work you are doing. Put your energy into self-improvement programs that promise to make you into a better you. Don't reveal information that is personal or confidential. Put your efforts into job advancement.

**SAGITTARIUS** (Nov. 23 -Dec. 21) Uncertainty regarding your direction is likely. Don't shy away from potential mates they want to introduce you to. Be discreet about any information you uncover. Don't be too quick to judge your position or surroundings at work.

**CAPRICORN** (Dec. 22 - Jan. 20) Do your own thing. You'll find it easy to deal with government agencies or large institutions. Your mate will be pushing you to do things that you really don't want to do. Emotional relationships will be plentiful if you attend group activities.

**AQUARIUS** (Jan. 21 -Feb. 19) Any intimate relationships with colleagues will lead to gossip that could easily affect your position. Travel and communication will be lucrative for you. Your input into their activities will help bring you closer together. If you haven't planned a vacation, then at least try to get away for the weekend.

**PISCES** (Feb. 20-Mar. 20) Rewards for past good deeds will be yours. You can meet potential new mates if you socialize with friends. Help elders with their concerns. You must make sure that all your personal documents are in order.

# Classifieds

- Card of thanks
- House for Sale
- Wanted to Rent
- St. Georges Meals
- Advertising

**THANK YOU**  
Our sincere thanks to all those who joined us on the 13th. of September at the curling club Sports Bar to celebrate our 50th. wedding anniversary! It was perfect!  
To Paula, Tim and Kenzie for all the planning, hard work, and secrecy!! We love you!  
To the girls who helped our family - good friends are forever, you are always there!  
To our sister Sharon, and brother in law Marcel for making sure that Stacy was with us even though they could not be.  
To Stacy for being here all the way from Whitty.

House for sale in Powerview. Large lot. 3 Bedrooms, electric heat, central air, Double garage and one single garage, finished basement. Kitchen has new cupboards. Well maintained house. For more information, please call 204-444-2302 after 5:00 pm. 2x2

**Wanted to Rent**  
I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFN

**St. Georges Meals**  
Wed Sept 24  
Vegetable Soup  
Tuna Casserole  
Veg Cheese Cake  
Fri Sept 26  
Green Salad  
BBQ Chicken Pieces  
Rice, Veg  
Orange Mousse

**Advertising**  
The Echo Classifieds  
Advertise your for sale items, birth announcements, weddings, anniversaries, engagements, birthdays, engagements, thank you's, greetings and best wishes, graduations, and memoriams. \$5.50 for first 25 words, 15¢ for each additional word. \$5.00 each per photograph. Call for more information 367-9468 or fax us at 367-9947. theecho@mts.net

**For Sale**  
**FOR SALE**  
1 Antique display cabinet \$100  
1 Coke cooler standup \$150  
1 set patio doors \$300  
Belair - 204-754-3322 1x2pd

**Bridal Shower**  
Before the Miss becomes a Missus, lets shower Jessica Arsenault with love and good-wishes. A bridal shower, Sunday October 5, at 2:00 pm at the Chicken Chef Banquet Room in Pine Falls. The bride is registered at Home Outfitters.

Advertise in the Echo Classifieds. This space could be yours for only \$5.50/week!

## Business Directory

## HOME RENOVATION

**O'HANLEY INSULATORS**  
Blow In Cellulose Insulation  
Free Estimate Call Charles 367-1578  
Messages 367-4411  
Cell: 266-9193  
ohanley-insulators@hotmail.com

**WANTED**  
8 HOMES THAT NEED NEW WINDOWS  
Eight (8) homeowners in this area will be given the opportunity of having Cimelite Shield Premium Windows installed on their homes at a very reasonable cost.  
Your home can be a showpiece in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.  
Ask about low monthly payments through Hydro.  
For an appointment call  
Nancy Stewart at  
NISBY WINDOW & DOOR  
1-800-582-5488  
www.nisby.mlb.ca

**Funk's TOYOTA** 1-800-498-7806  
STEINBACH "It's worth the trip!"  
OPEN 8AM - 9PM MON - FRI

 <b>2004 Nissan Quest S van</b> very well equipped & loads of room for all of your needs	 <b>2004 Toyota HIGHLANDER</b> Awdrive V6, auto, leather seats, alloy wheels plus so much more! Check this one out	 <b>2002 GMC Envoy SLT</b> loaded incl leather seats, alloy wheels, running boards plus so much more!	 <b>2001 Ford Ranger XLT</b> 4x4 xtra cab auto, air, power group, alloy wheels, box liner, tow package plus more	 <b>2003 Toyota Tundra</b> Access cab 4x4 V8, auto, air, power group, privacy glass, alloy wheels plus more. Another local trade in
 <b>2003 Dodge Dakota Crew Cab</b> 4x4 looking for a good truck? Check this one out	 <b>2004 Chev Avalanche</b> 4x4 very nice truck, check this one out!	 <b>2004 GMC 2500HD</b> 6.6L Diesel 4x4 lots of options & shows very well	 <b>2004 Chev Silverado</b> 4x4 xtra cab Z71 package plus so much more	 <b>Dodge Dakota Sport</b> xtra cab 4x4 very well equipped check this one out
 <b>Mazda B4000 4x4</b> xtra cab air, cruise, alloy wheels, plus so much more	 <b>2004 Toyota 4Runner Sr5</b> V8 Sport, 7pass, power group, alloy wheels, low pkg plus more	 <b>2005 Mazda Tribute suv</b> Auto, air, cruise, power group plus more Check this one out!	 <b>2005 Ford Escape XLT</b> auto, air, cruise, power group plus so much more	 <b>2005 Jeep Liberty Sport</b> great looking unit. Just arrived call for more info!

- HOTEL & RESTAURANT
- REAL ESTATE
- MEDICAL SERVICES

**PINE FALLS SERVICE CENTRE**  
Monday to Saturday 8:00 a.m. to 12:00 midnight  
Sunday 8:00 a.m. to 12:00 midnight  
**SUBWAY**  
Subway open 7 days a week from 10:00 a.m. to 11:30 p.m.  
367-8803

**CLARK'S CORNER**  
OPEN 7 DAYS A WEEK  
Tackle & Outdoors Store  
Live Bait  
Diesel Fuel  
DOMO  
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Email c21sun@mts.net  
www.c21sun.com

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Phone 367-2537  
Please call for an Appointment  
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•Neck and Back Pain  
•Acupuncture  
•Orthotics  
•Manual Therapy  
•Pilates - Reformer Sessions  
Located on Highway #11 in Powerview  
**Celeste Basson**  
B.ScPT, C.AFC  
**Stephanie Hampson**  
BMR (PT)

**For the Best Rates for Long-term Advertising**  
**The Echo Business Directory**  
367-9468

**Papertown Motor Inn**  
367-2261  
Deluxe Jacuzzi Rooms  
Licensed Family Dining Room  
Banquet Facilities  
VLTs, Beer Store  
Hot tub  
Night Club  
1 Mile East of Pine Falls, Hwy. 304 & 11

**Broadlands Mall**  
Convenience Store/Gas  
Movie Rentals  
Open Daily 7 am - 11 pm  
Restaurant  
Daily Specials  
Open 6 am - 10 pm  
367-4484

**AUTOMOTIVE**  
powerfalls AUTO BODY  
Phone 367-2877  
Fax 367-2538

**Custom Services**  
MB Heavy Equipment Safety Station  
345-6363  
call: 345-3636

**WINE SUPPLIES**  
Trudell's Wine Supplies  
WINE & BEER SUPPLIES TO BREW YOUR OWN  
Dess Trudell  
367-8403

**COMPUTERS**  
M&C Bruneau's PC SERVICES  
Ph: 345-6878

**GROCERY**  
Great Falls Foods  
Highway 11, Great Falls  
367-2976  
OPEN 7 DAYS A WEEK  
Store Hours:  
Mon-Thu 8am-6pm, Fri 8am-6pm,  
Sat 9am-6pm, Sun 12 noon-6pm  
Having a Social Function?  
Call us to look after everything for you  
Ask us about delivery  
**The House of Quality**

**PHARMACY**  
**TRY YOUR DRUGSTORE**  
**first PINE PHARMACY**  
Open Monday to Saturday  
9:30 a.m. to 5:30 p.m.  
367-2611  
367-2517

**Powerview/Pine Falls Dental Centre**  
277A Main Street, Powerview  
Hwy. 11 - Municipal Building  
Monday - Friday 9:30 a.m. to 4:30 p.m.  
**Dr. Mark Karpa**  
**Dr. David Kindrat**  
**Dr. Drew Dear**  
**Dr. Jackie Chun**  
Emergency Care  
New patients welcome  
367-2815

**Dr. A.H. Anderson & Dr. M.H. Anderson**  
**LAB ON SITE**  
Optometrist  
Contact Lenses and Eyeglass Fittings  
**MANITOU LODGE PINE FALLS**  
367-2390  
Monday - Friday, 9:00am to 5:00pm  
Closed for lunch hour 12:30 - 1:30pm  
Examinations done on Mon. & Tues.

**Bluelwater District Transit**  
For Bookings Call  
367-9128 Office  
345-3075 Driver

**Dr. Alan Grant - DENTIST**  
Fort Alexander Dental Clinic  
(in the Fort Alexander Health Centre)  
Tuesday, Wednesday, Thursday  
9:30am - 4:30pm  
Fridays 9:00am to 3:00pm  
367-4417

**Esser Chiropractic Health Centre**  
Corner of PTH 11 and Church Street (beside Papineau Motors)  
• Autopac  
• Blue Cross  
• Veteran's Affairs  
• Worker's Compensation  
**Phone 367-4858**  
No referral required Please call for appointment

**Jon. O. Phillips, RMT**  
Registered Massage Therapist (MTAM)  
**CLINIC LOCATIONS:**  
**Through the Arbour** 188 Pine Street, Pine Falls (204) 367-2141  
**Revitalize Soul Spa** 225 Clendeboye Ave, Selkirk (204) 785-8922  
Direct billing available to Blue Cross & Great West Life

**BIRCHWOOD MOTOR HOTEL**  
- 16 Modern Units  
- Hot tubs  
- Dining Room  
- Beverage Room  
- Meeting Rooms  
- Fully Licensed  
Traverse Bay 756-2596  
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Mon.-Wed. 8am to 9pm  
Thurs. & Fri. 8am to 10pm  
Sat. 10am-10pm, Sun. Closed  
367-2252  
Tuesday Nite  
Wing Nite & Draft Special!

**The Lakeview STEAKHOUSE**  
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Phone 345-8661

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LIBERTY TAX SERVICE  
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BOOKKEEPING SERVICES  
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**FURNITURE**  
DAVE'S FURNITURE & APPLIANCES  
367-2480  
Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm

**SEPTIC**  
Gilles Lamoureux  
G's SEPTIC TANK CLEANING SERVICE  
367-4244

**GIFT SHOP**  
The Veranda GIFT SHOP  
756-8184

**ELECTRIC**  
340-5600  
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Serving Pine Falls & Area

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Resident Agent For All Seasons  
Serving Victoria Beach, East Shore Lake Winnipeg and Area  
Winnipeg REALTORS® Medallion Club  
Phone: 204-756-3749  
Fax: 204-756-3798  
Cell: 204-754-7094  
Toll Free: 1-866-755-5406  
Box 70, Victoria Beach, MB R0E2C0  
email: melodie@ateahrealty.com  
www.ateahfamily.com


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Cash purchase discount up to \$11000 off. or GMAC Financing 0 % up to 72 months (eligible on most 2008 car and truck models)

 **Discount Gas Card Promo:** 20¢/L discount on 2500 L of gas on all gm vehicle purchases except full size pickup /utilities Or 40¢/L discount on 2500 L. to all full size pickup buyers

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2006 Pontiac Montana SV6 Ext.,  
Only 48k. \$15900



2004 Chevrolet Silverado LS Crew cab  
4x4 Z71, 5.3L, Bucket seats, pwr seat,  
Bose +much more 78k. Only \$21900



2001 Buick Century,  
Very nice condition,  
Yours for \$8950

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Owner

**Shawn Stogran**  
Sales Manager

**Edna Ritchot**  
Business Manager

**Herb Kowalke**  
Sales and Leasing

**Richard Smith**  
Sales Consultant

**MELNICK**  
*Motors*



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