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SPORTS:

Hayden Tardiff Wins Billy Roy Memorial

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Fight Gas Gouging!

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The Garter Snake

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\$1.00 tax included
 September 17, 2008
 Volume 9, No. 18

The Winnipeg River

Pine Falls/Powerview, Sagkeong, St. Georges, Great Falls, Beches, Little Black River, Manigotagan and Bissett

Echo

PF Arena to Stay Open For Now



Election Coverage 2008

The Echo will be working with the candidates in the the three federal ridings that we serve to bring you complete coverage of the local races.

At least one race is likely to be a nail-biter. In the last

election, Liberal Tina Keeper took the Churchill riding from the NDP, largely because the NDP dumped incumbent Bev Desjarlais over her vote on the same sex marriage bill. Last time, Niki Ashton lost by only 3000

votes, but Desjarlais ran as an independent and presumably split the NDP vote. Desjarlais received over 4000 votes. Keep reading the Echo to stay abreast of this race.

See Election, page 4.

By Charles Norman

During the furor over the proposed Public Works Building many made the point that the money would be better spent on recreation. They said that the Pine Falls Arena needed extensive repairs and was a danger to the kids that used it.

In the meantime the facilities committee of the Powerview/Pine Falls Council was working on resolving this and other problems associated with recreation facilities in the area.

Seventeen letters were sent to contractors and refrigeration experts asking for proposals for the two major alternatives, i. e. to upgrade either the Pine Falls or the re-open the Powerview Arena. Prior to this it had been established that costs for the Powerview Arena would be approximately \$90,000. This estimate covered \$30,000 for Plexiglas, \$8,000 for the ice plant, \$53,000 to insulate three walls and the ceiling. The estimate for the Pine Falls arena was \$150,000 for boards to be rebuilt, and a complete renewal of the Plexiglas.

Because of the short time frame, (one month) and a very busy construction industry, only one contractor

showed any interest. Eric Germain of Greenbrush Construction of Winnipeg

On July 29 he visited the community and was shown around by Powerview/Pine Falls Public Works Director Larry Stinson. He later met with the Pineview Recreation Commission Facilities Committee and some members of council and toured the communities recreation facilities.

He suggested that, instead of investing \$280,000 in a public works building, the Pine Falls arena could accommodate the needs of public works by simply adding overhead doors at the back of the arena. He said the Fire Hall could also be relocated there.

He said the Powerview Arena could be re-opened and a new curling rink built next door. He proposed using geothermal heat which he said would be sufficient to operate the ice plants for the two facilities and generate enough of a surplus to heat the forced air section of the Powerview School. (This represents about half the heating load of the school.)

Germain told the committee that a similar facility had been built next to a school in his home town in Quebec
 Continued on page 3





less scary than a fluffy dog named Sparkles.

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Letters to the Editor

Box 48, St. Georges, MB R0K 7V0
 FAX: 204-367-9974
 EMAIL: theecho@mts.net

Apology Demanded

I find it irresponsible and unprofessional that the Echo thought it necessary to print our name in the paper last week regarding the events of 4P weekend. Doing so had no bearing on the story and served no benefit. You were not given permission to use our name in your article and in doing so you have seriously inconvenienced my family. My children have been bombarded with questions at school and as a parent I find this totally unacceptable. As a result, I think the Echo should issue our family a public apology. If you can publish our name unnecessarily then perhaps you can publish it again in the form of an apology.

Thank you
 Ruth Barkhouse

Apology to the Barkhouse Family

I want to apologise to your family, and especially for any embarrassment I caused your children. I hesitated to use your name in the article, but it did have a bearing on the story and did serve a benefit. The story was a difficult one to write. The problem was that the rumour was more believable than the truth. I would have preferred not to have to write the story at all, but there was a fear in the community that was unfounded and the story had to be written. The story also had to acknowledge those parts of the rumours that were true, and that people knew were true, or the whole story in The Echo would not have

been believed. The Ol' Kings did leave the lights on in the Arena and an hysterical young woman did come to your door. It was not absolutely necessary to mention your name but doing so gave the story more credibility. In retrospect I'm sorry that I did it and also sorry that it did not occur to me that it might cause problems for your children. Had I thought of that I would not have used your name.

Charles Norman

Support Greatly Appreciated

The Saint Georges Historical Society would like to thank all those who attended and enjoyed the Labour Day festivities. The museum saw over 200 4P enthusiasts whom all enjoyed the pea soup and bannock lunch put on by our local upcoming Ecole Powerview School graduating class of 2009. We would like to thank Evan Race for organizing this event within our museum doors. Through out the 2008 summer season we

offered to all who walked through our doors the opportunity to take part in a variety of scavenger hunts which made the articles interesting for all ages. Those who took part entered their names in a draw and our winners for this year were: André Malo and Lorraine Robson from Winnipeg and Karley Race from Great Falls. Happy hibernating to all and we look forward to seeing you again next summer.

TEMBEC FOREST RESOURCE MANAGEMENT PUBLIC NOTICE

Tembec hereby gives notice that an application has been made to the Minister of Transport, Infrastructure and Communities pursuant to the Navigable Waters Protection Act for approval of the work described herein and its site and plans.

Pursuant to Section 9 of the said Act, Tembec has deposited with the Minister of Transport, Infrastructure and Communities and in the Lands Title Office at Winnipeg under deposit number R1193 a description of the following work, its site and Proposed Bridge over Beaver Creek in 20-25-14 EP from 15U0317331 E 5669782 N to 15U 0317344 E 5669791 N.

Comments regarding the effect of this work on marine navigation may be directed to: **The Manager,**

**NAVIGABLE WATERS PROTECTION PROGRAM
 TRANSPORT CANADA
 1100 9700 JASPER AVENUE
 EDMONTON, ALBERTA
 T5J 4E6**

However, comments will be considered only if they are in writing and are received no later than 30 days after the date of this notice. Although, all comments conforming to the above will be considered, no individual response will be sent.

Blue Water Physiotherapy

Box 418,
 Pine Falls, MB
 R0E 1M0
 Phone: 367-2537



Blue Water Physiotherapy and the communities of Powerview Pine Falls and the Beaches will be sadly saying goodbye to our physiotherapist, Stephanie Hampson in the middle of September. Stephanie and her husband, Kevin, are expecting a baby at the end of the month. Thank you Steph for your dedicated care the past two years. Good luck and best wishes to the parents to be!

Celeste Basson will be working part time for the month of October. Unfortunately the clinic will be closed for the month of November and December. We will be welcoming a new physiotherapist, Cherie Crous, to our clinic in the New Year. Patients requiring physiotherapy during the months of November and December can contact the following clinics for treatment:

Physio at the Beach Sunset Beach 754-8165
 Pine Tree Physio Lac du Bonnet 345-9239
 Pinawa Physiotherapy Pinawa 753-2060
 Beausejour Physiotherapy Beausejour 268-2302
 Physiotherapy on the Red Selkirk 482-3200

We are very sorry for any inconvenience that this temporary closure may cause. Hope to see you in 2009!

Staff of Blue Water Physiotherapy

Thursday	Friday	Saturday
Bud, Spud & Rib Night	Bud, Spud & Steak Night	Bud, Spud & Steak Night
\$8.99	\$8.99	\$8.99

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Boat Dock Update

On behalf of the Town of Powerview-Pine Falls Council and the Dock Committee we would like to say thank you to the local businesses and the community for your on going

support through selling and purchasing the annual dock passes.

- Passes can be purchased at the following locations:
- Papertown Motor Inn
 - Chicken Chef

- Clarks Corner
 - Papineau Motors
 - Broadlands Mall
 - PF Service Centre
 - Manitou Lodge
 - Town of Powerview-Pine Falls Office
- In the past three years, revenue from these pass sales and fund raising efforts have

funded over \$15,000.00 in repairs and maintenance to the docks, parking area and upper level parking area.

Our committee has identified the work planned for this current year and remain committed to making these improvements enhancing the fishing experience for local residents as well as visitors to our community.

In the spirit of welcoming these visitors we would encourage you to advise all of the annual pass fee but

offer to new visitors or those only utilizing the dock area once, the opportunity to try out our great fishery. We believe that by giving these visitors an option we will all benefit in the end.

Again, thank you to all for the tremendous efforts shown in this initiative and a big thank you to all our volunteers who have done an outstanding job.

Bev Dubé
 Chairperson, Dock Committee



Gerald Hawranik, MLA for Lac du Bonnet Constituency with Vanessa May, from Beausejour. She completed an honours degree in Canadian Studies in 2008. Vanessa has volunteered for 2 years at the Manufacturing and Exporters Association. She has volunteered as a peer tutor with international students and as a treasurer of a local hockey team. Her work experience includes respite care with children with disabilities and the hospitality industry. For the past 5 summers, she has served in Municipal government in the office of the Town of Beausejour. Vanessa was successful in securing a Legislative Internship at the Manitoba Legislature. She will be working for the Progressive Conservative Caucus conducting research and preparing reports for the PC MLAs. Her internship lasts for a 10-month period, during which she will be learning valuable information about the Legislative process. Gerald welcomes Vanessa to the Legislature, and wishes her well in her position.

Kudos for Keeper's Human Rights Bill

LPC Press Release

Last week's joint statement issued by several of Canada's most influential national First Nation, Inuit and Human Rights organizations endorsing my Private Member's Bill to implement the United Nations Declaration on the Rights of Indigenous Peoples confirms just how critical this legislation actually is, said Liberal Member of Parliament for Churchill Tina Keeper.

"Since introducing this Bill into the House of Commons I have received wide support from across my constituency of Churchill and indeed the entire country," said Ms. Keeper. "Canadians were shocked to hear the Conservative government—for the first time ever—voted against a human rights standard at the UN. Harper's opposition to the Declaration has been an international embarrassment and tarnished our record on human rights."

The General Assembly at

the UN passed the historic standard to guide the relationships between nation-states and the 370 million Indigenous Peoples worldwide.

The statement, signed by Amnesty International, the Assembly of First Nations, and the Inuit Tapiriit Kanatami, among others said: "In June a private members bill was introduced in the House of Commons calling for concrete measures to advance the Declaration in Canada. This includes requiring the Minister of Indian Affairs and Northern Development to report regularly to Parliament on implementation. Regrettably, Parliament will not have the opportunity to vote on this Bill before the October 14 election. We recommend that this worthy initiative be re-introduced and embraced by all political parties in the new Parliament."

Keeper is encouraging all Canadians to ask their Member of Parliament and local candidates to support the UN Declaration.

20-Year Plan Being Considered

Continued from page 1

and that it had resulted in extensive use being made of the facilities by school children.

After Germain had left, the committee, given the choice between upgrading the Pine Falls Arena, and upgrading the Powerview Arena and Adding a curling rink, voted unanimously for the Powerview hockey and curling rink option.

The committee recommended that the Powerview Arena be re-opened and that an alternative location for the Rivers North Fitness Coop be found for this year. (Phase 1).

Phase 2 was to build a new four-sheet curling rink next to the arena.

On August 2nd the Powerview Council adopted the recommendations subject to two provisions:

- 1) Approval from the Sunrise School Division
- 2) Approval by council of each project once costs and other details were known.

The approval of the School Division for the curling rink site was obtained at a School Board meeting on August 21st.

But opposition from within the community began to emerge almost immediately after the July 29 meeting of the Facilities Committee meeting. At the next meeting of the committee on August 26th After hearing speakers for and against the Powerview Arena proposal a suggestion was made that the committee recommend that the Pine Falls Arena be used for this year, but the Sagkeeng Arena be rented for Midget Hockey, that no

money be spent on either facility until after the costs of both alternatives have been thoroughly investigated.

Council met on August 28th and accepted the committee's recommendation.

The Echo understands that the issuing of requests for proposals for the development of a twenty year recreation plan is now being considered.

Plan Ahead

We can Help

It may be difficult to think about final arrangements, but more and more people are discovering that preplanning makes sense.

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Comment



Fight Gas Gouging Buy half a tank of gas for the next two weeks or so

By Charles Norman

We watch the price of gas going up and up - know we are being taken to the cleaners - and feel hopeless to do anything about it.

But there is no need to feel helpless. There is one thing we can do - but only if we are angry enough and only if enough of us take one very small and almost insignificant action.

We have a weapon which we can use and which could take about five-billion dollars worth of gas out of the market. The oil companies are incredibly wealthy, but even they would notice five billion dollars.

We can use the incredible networking possibilities of the web to contact hundreds of millions of people in just a few days. All we have to do is fill our gas tanks to only half full - we don't restrict our driving, we don't buy

less gas - we just don't allow the oil companies to use our gas tanks as storage.

An oil refinery that produces - lets say a million litres of gas a day - it cannot produce 999,999 litres or 1,000,001 litres it can only produce a million litres a day.

The problem for the oil companies is that we don't use gas at such a steady rate - some days we buy more and some days we buy less. The oil companies build huge tank farms to store gas to allow them to meet the varying demand of their customers. They also have storage tanks at the service stations that serve the same purpose.

But sometimes it is not enough, so they use our gas tanks as storage. If their tanks are full they will lower prices to get us to fill our gas tanks. If their tanks are empty they will raise prices so that we will wait a little longer before we fill our

tanks. They have it down to a fine art, and it usually works quite well. The industry is competitive enough to keep prices within moderation and the price structure ensures that there will always be gas available at the pump.

But lately they have been taking advantage of storm warnings in the Caribbean and using these storm warnings as an excuse to gouge their customers.

We can fight back by buying half a tank of gas every time were stop at the pump - we don't need to buy less gas or travel less, we only need to buy half a tank - but do it more often. And we need to send an email to every contact we have asking them to do the same. If enough people are mad at being gouged that message will be all over North America in a few days. - The oil companies will notice - and the price of gas will come down

2008 Federal Election Coverage

The Conservative, Liberal and New Democratic Parties have nominated candidates in all three ridings served by The Echo (Provencher, Selkirk-Interlake and Churchill). The Green Party web page does not list any candidates for these three ridings.

In Provencher the incumbent Vic Toews is the Conservative candidate, Ross Martin is the NDP candidate and Shirley Hiebert is the Liberal candidate.

In Selkirk-Interlake the incumbent James Bezan is the Conservative candidate, Pat Cordner is the NDP candidate, and Kevin Walsh is the Liberal candidate.

In Churchill Incumbent Tina Keeper is the Liberal candidate, Niki Ashton is the NDP candidate and Wally Daudrich is the Conservative candidate.

At press-time, we were only able to put together profiles for Provencher incum-

bent, Vic Toews (CPC), Selkirk-Interlake incumbent, James Bezan (CPC), Churchill incumbent Tina Keeper (Lib), and Churchill NDP candidate, Nikki Ashton. We will publish the profiles of the other four candidates in next week's paper.

Space on our comments pages has been reserved for the use of all nine candidates to discuss election issues every week until the election. Each candidate is being offered 250 words in each issue of the Echo from now until the election (our last issue before the election is October 8). This week we have submissions from Provencher incumbent, Vic Toews (CPC), Selkirk-Interlake incumbent, James Bezan (CPC), Churchill NDP candidate, Nikki Ashton. We hope that in the ensuing weeks, other candidates will accept our offer to debate the issues of this election within our pages.



Election 2008

Candidate Profiles:

Churchill

NDP-Niki Ashton
Contact Info
Email: ulklashton@ndp.ca
Phone: 204-679-5778

Niki Ashton was born in Thompson, where she lives and works today as an instructor at University College of the North lecturing in topics such as sociology, politics and ethics. Ashton Chairs the Thompson Crisis Board and has been an NDP Federal Councillor for Manitoba. Ashton has focused on the health care needs of the North, saying "the health conditions facing First Nations communities are a direct Federal responsibility...[and] that in a country as

developed as ours there is simply no excuse for the health care conditions we face in Northern Manitoba."

Liberal-Teena Keeper
Contact Info
Email: keept1@parl.gc.ca
Phone: 367-6150

Widely recognized for her role on CBC television's influential series "North of 60", Teena Keeper spent her formative years in Chemawawin Cree Nation and is currently a member of the Norway House Cree Nation. Kepper has been the recipient of a Gemini Award, as well as an Aboriginal Achievement Award. She has participated in the creation of a visioning committee in

Manitoba for the creation of a Suicide Prevention Program, stating that "the rate at which young people are taking their lives is our country's greatest humanitarian crisis...there are communities in Northern Manitoba in crisis...there are First Nations in the Churchill riding that are in dire need of support."

Provencher

Conservative-Vic Toews
Contact Info
Email: info@victoews.ca
Phone: 371-3292

After obtaining his law degree from the University of Manitoba, Vic Toews practiced law with the Manitoba Department of Justice from 1976 to 1991. He was elected MLA for Rossmere in 1995

and then appointed Minister of Labour. He has also served as Justice Critic, Minister of Justice and Attorney General of Canada. He became President of the Treasury Board in early 2007. Most recently, he approved almost \$500 million in funding for Manitoba to be used for road and sewer renewal along with other infrastructure initiatives within the Building Canada Fund. Toews has been vocal in his criticism of Stephan Dion's Carbon Tax and advocates the Conservative "Turning the Corner" plan in order to reduce greenhouse gas emissions.

Selkirk-Interlake
Conservative-James Bezan
Contact Info

Email: vote@jamesbezan.com
Phone: 785-8308

James Bezan was raised on a ranch near Inglis, Manitoba and currently operates a cow-calf operation near Teulon. He graduated from Olds College with a diploma in Agricultural Production, and following his graduation worked in international livestock exporting and consulting. He was first elected to the House of Commons in 2004, speaking out strongly on behalf of agriculture. He has said that "the prosperity of rural Canada benefits the whole nation...we need to work towards the long-term viability of rural Canada." In his efforts to do so, James has focused on flood protection in his district and insuring the water quality of Lake Winnipeg.

What they're saying:



Niki Ashton, NDP Candidate for Churchill

Niki Ashton

Churchill NDP candidate Niki Ashton launched her campaign for the 2008 Federal election with a call for action for Northern Manitoba. Ashton was speaking after visiting Hollow Water.

Ashton says that the Churchill riding has been ignored too long by the Federal government. "The Conservatives have ignored us, The Liberals have been missing in action. As an NDP MP I would make sure that our concerns are heard."

Ashton, who is a College Instructor with UCN in Thompson, said that she has heard many concerns during her visiting throughout the constituency. "Since I was nominated to run in January 2007 I have visited virtually every community in the constituency, including every East side winter road community"

The Northern New Democrat said that she will speak out for Northerners. "I was born and raised in a

resource community. I know what it is like to be in a community that goes through good times and tough times. I have seen the challenges facing Aboriginal communities. Northern Manitoba has given a lot to Canada. It deserves something back."

The NDP candidate said she will be speaking out on the need for action on Northern concerns in terms of health, education, child care, housing, transportation and infrastructure. She will be focusing on the economy in the Churchill riding. She will also be speaking out on the need for action to address youth concerns. "I will be outlining our vision as New Democrats and our vision as Northerners for social and economic justice for all."

Niki Ashton said that the she knows how important it is to have someone to speak for us. "If I am elected I will always put the North first."



James Bezan, CPC Candidate for Selkirk-Interlake

James Bezan

(CPC - Selkirk-Interlake)

As your representative in Ottawa, I have been a strong voice for Lake Winnipeg and what it contributes to our economy, tourism, and recreation. Under the leadership of Stephen Harper, we have established a Water Stewardship Fund for the Lake Winnipeg Basin; a component of \$18 million in federal funding that the Conservative government has dedicated to Lake Winnipeg.

The funding for the clean up of Lake Winnipeg is supporting a scientific approach to understanding nutrient runoff and how it can be controlled. We are also expanding water monitoring sites in the basin area. The goal is to reduce blue-green algae levels, restore the ecological integrity of the lake, ensure a sustainable fishery, and reduce beach closures.

In an effort to promote the community's participation, we have earmarked \$3.65 million for the Stewardship Fund to support local projects having demonstrable results to reduce pollutants, and in particular, nutrient loads. We want to make sure all those who have a stake in protecting our lake are able to take part. That is why we recently extended the application deadline for potential projects from local stakeholders to September 30, 2008.

Further, in February 2008, we announced restrictions on phosphates in detergents that will come into

effect by regulation. By 2010, the Government will set a limit of 0.5% by weight for laundry and dishwasher detergents.

Together we will be able to restore the ecological integrity of Lake Winnipeg and I will continue to be a strong voice.

James Bezan
Conservative Party
Candidate for Selkirk-Interlake



Vic Toews, CPC Candidate for Provencher

Vic Toews

(CPC - Selkirk-Interlake)

I feel the two key issues in this election will be leadership and the economy, and these two are easily linked together. Canadians will have to make a choice between certainty and risk, at a time when the world's economy has entered a period of instability. Prime Minister Stephen Harper has demonstrated himself to be a strong leader who gets the job done. He knows where he stands and can be counted on to carry out his commitments.

Since 2006, our

Government has adopted a balanced and disciplined economic approach. We have controlled our spending and made major tax cuts. We have also paid down close to \$40 billion of the national debt. We don't want to pass this debt onto our children.

Now is not the time to gamble on Stephane Dion's national carbon tax. This tax will touch every Canadian. It will increase the cost of their food, their housing and every other basic necessity. And it will do so for one purpose and one purpose only: to pay for Liberal spending promises our country cannot afford.

Over the coming weeks my Conservative colleagues and I will be talking to Canadians about our party's plan for Canada. Financial security for seniors, improved health care, safe streets and communities, secure borders and national sovereignty. Led by Prime Minister Stephen Harper we will ensure that our country remains united, strong, prosperous and free.

Vic Toews
Conservative Party
Candidate for Provencher

Have Your Say!

We also invite comments from our readers regarding local election issues you deem important. Email us your submissions to theecho@mts.net

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News

Powerview RCMP Press Report News Report September 8 to 14, 2008

WHAT'S NEW?

Children are back in school now and motorists are reminded of the rules of the road in relation to stopped school buses, cross walks etc.. Again we remind the public shoulders are not passing lanes! Please drive safe and be aware of our children!

2008/09/08

RM ALEXANDER - a patrol of Bouvier Trail was made by police. A complaint of a suspicious vehicle/person in the area had been reported where a male was outside a vehicle and possibly a female inside who appeared to be arguing. The vehicle and persons were not located at this time.

- a complaint of theft is still under investigation. Equipment belonging to a local business was not returned by an ex employee.

2008/09/09

POWERVIEW - a confrontation between 2 people was dealt with informally by police. An ongoing dispute between 2 females was stabilized and no further action was necessary.

FORT ALEXANDER - A female suspect involved in an altercation with her spouse could not be located. An assault with a weapon resulted in no charges at the request of the victim. Alcohol was involved in the incident.

PINE FALLS - investigation continues into an inci-

dent of mischief. An ongoing dispute led to a vehicle being damaged.

2008/09/10

POWERVIEW - police checked on a female at a residence who could not be located by family. The woman was found at home safe but had problems with phone service at the cottage.

HOLLOW WATER - investigation continues into a breach of a no contact order by a male.

FORT ALEXANDER - 1 male has been charged for breaching court conditions by attending a residence when ordered not to do so. The man was released on a promise to appear in Powerview Court at a later date.

- investigation continues into an assault of a youth by a second youth. The youth attended local hospital for her injuries.

2008/09/11

FORT ALEXANDER - police responded to a disturbance at a residence however upon arrival found no one awake at the home or other persons in the area. No further call backs were received to that location.

POWERVIEW - investigation continues into a break, enter and theft at a local compound.

PINE FALLS - a male suspect has been identified in a shoplifting incident at a local business.

2008/09/12

FORT ALEXANDER - vandalism to a vehicle resulted in all 4 tires being slashed at a residence. A male suspect was identified in the incident.

- investigation continues into harassment of 2 females.
- a patrol of a local business was made after complaints of several suspicious youth in the area near parked vehicles. The youth had dispersed and no further call backs were received.

2008/09/13

BELAIR - 4 youth were arrested, charged accordingly and detained in cells after being located at break, enter and thefts to cottages in the area in the early morning hours. The investigation continues.

FORT ALEXANDER - a female has been banned from a local business due to theft and fraud.

- police attended a home to remove a male who was causing a disturbance there but found the man had left prior to police arrival. No further action was requested.

2008/09/14

MANIGOTAGAN - assistance to Child and Family Services occurred to check on several underage children left alone in a residence. Children were fine and a babysitter was in the residence at the time.

FORT ALEXANDER - police continue to investigate an assault of a female.

PINE FALLS - 2 disturbances at separate residences were attended by police. Both resulted in situations stabilizing and no further action being taken.

- a 1998 Honda Accord was stolen from a residence.
POWERVIEW - a break, enter and theft to a residence was reported to police. A possible suspect was also identified.

BLACK RIVER - a break in to a residence is still under investigation.

SUMMARY: Police also followed up on 5 false alarms actioned 3 requests for assis-

tance to other police services/service of legal documents, issued 1 ticket under the highway traffic/liquor acts, lodged 3 persons under the intoxicated persons detention act, attended 2 noise complaints, processed traffic accident reports and transported 3 persons under the mental health act to the appropriate facilities.

Remember if you have any information on any criminal matter you can remain anonymous and contact crime stoppers at 1-800-782-8477 or the Powerview RCMP at 367-8728.



Suicide Awareness Forum Planned

Suicide. We would rather not think or talk about it. But suicide is a reality and at some point in life most people think about it. Suicide affects people from all walks of life, regardless of race, gender, age and life circumstances. Suicide does not discriminate.

Although suicide is a major health problem, it is often preventable. Suicide can appear to be an impulsive act but it is often a complicated process to which suicide is the end result. One of the largest hurdles

for those having thoughts of suicide and for those who are trying to help them is asking for help. A first step in breaking this hurdle down is to start talking about suicide.

The North Eastman Suicide Awareness Committee is hosting an all day Suicide Awareness Forum "Ripples of Hope" on Thursday October 9, 2008 in Pine Falls. Contact Sandi Smith for information and registration at 753-5243. Registration forms are also available at all NEHA Primary Health Care Centres.

Health

September 2008 News Report from Pine Falls Health Auxiliary

Respectfully submitted,

A. Borlase

Is it really fall? With the 4P festival now a successful history we wish to extend our most sincere THANKS to all the wonderful bakers, workers and donations at our Saturday Bake Sale. We did very well. We also sold our Quilt tickets, draw to take place Dec. 1, 2008 so if we missed you ask any Auxilian for tickets.

We have been busy in the Community. The Ladies Wellness Day in May was very well attended, it is a full day of displays, speakers, nurse clinicians - all of which the ladies seem to appreciate along with lunch. We will continue to support this worthwhile interest.

At a recent meeting we committed to assist Sunnywood Manor with

some equipment for the comfort of the residents, this continues to be one of our main mandates. As well we are sponsoring a Survivor's Hope Crisis Centre, the needs of which are very high in our area it appears. As well it was with pleasure we issued two \$500.00 Bursary's for our High School graduates attending University this fall towards a Medical related field. Our worthy recipients this year were Chelsey Papineau and Bryan Whitford. Congratulations to them!

We are always looking for knitters, ideas for our gift cupboard, so keep us in mind.

We continue to appreciate our own Butch & Claudette Trethart for their hard work. Big appreciation goes out to all our Community volunteers - in every organization!

SADI's Book Corner

Survivor's Hope Crisis Centre's resource library is made available to the public through the provincial inter-library loan system. For a complete list of SADI books go to www.sdwhiteshell.mb.ca:88/LIBRARY/. In the "search" box type SADI and click on the yellow Call No button. Call your local librarian and they will bring the book you want into your local library.

Our book selection this month is actually two books, same topic:

Cyber-Safe Kids, Cyber-Savvy Teens by Nancy E. Willard.

Cyber bullying and Internet safety should be foremost in the minds of vigilant parents. The Internet is a great place for a lot of reasons: communication, research, exploration of personal interests, etc. Internet benefits, however, only take up the last three pages of the book. The remainder of the book provides information

for parents attempting to get up to speed on the life their children experience on the Internet. The media reports of online dangers are alarmist so the clear and concise parenting strategies offered in this book have a steadying effect on its readers. What do we need to know about online dangers? Those same strategies we teach our children to make good choices are easily transferred to the cyber-world. With common sense and confidence we can help our young people use the Internet safely and responsibly. This book is a good introduction to cyber safety.

Cyber Bullying by Robin M. Kowalski

Cyber Bullying is more

in-depth and should interest parents engaged by the first book. An overview of traditional bullying and cyber-bullying, followed by current research is both forceful and eye-opening. The factors that contribute to cyber-bullying deserve close inspection: anonymity, accessibility and passive bystanders make bullying over the Internet far worse than the bullying parents experienced as children in the schoolyard. Two chapters are dedicated to providing practical solutions for helping victims and bystanders addressing cyber bullies. A tough read from a parent's perspective but definitely necessary for your child's safety.

SARAH Program Sexual Assault Recovery and Healing Volunteer Training

Survivor's Hope Crisis Centre is gearing up to offer training for volunteers interested in supporting victims of sexual violence in eastern Manitoba through our SARAH program! A SARAH volunteer provides emotional support as well as information on local resources for the victim of sexual violence following a traumatic sexual experience. Do you have a big heart, a solid shoulder and compassion for victims of violence? After completing the application process the potential SARAH volunteer will be invited to participate in sexual assault crisis intervention training Tuesday,

September 30 (6-9), Saturday, October 4 (9-5) and Sunday, October 5 (9-5) in Pinawa. The full 2.5 days of training must be completed to volunteer with the SARAH program. The SARAH program operates out of all three NEHA hospitals: Pine Falls, Pinawa, and Beausejour - each hospital having its own group of dedicated SARAH volunteers. To find out more about becoming a SARAH volunteer in your community please contact Holly at 753-3150 or email sarah@granite.mb.ca contact Holly at 753-3150 or email sarah@granite.mb.ca

Pine Falls 5-Pin Bowling League Starts Tuesday, October 14th

Fees are \$30 per member for the year. This covers prize money & handicap fees. This fee is collected the first week of bowling. The alleys charge \$6 each week to bowl your three games. Anyone wishing to join the League as a SPARE pays a \$5 registration fee the first time they bowl. If spares want to qualify for the High Average award, they must pay the \$30 fee the first time they bowl and must bowl 2/3 of the scheduled league games. Students wanting to join must be 12 by Nov. 1st. Bowling is from mid Oct. to mid April. You bowl once a week with a two week shutdown at Xmas. Bowling will be early shift 7:30 to 9:30pm only on Tues. & Thurs. Evenings. If there are more than 8 teams, Wed. Evening will also be used.



Phone Complete Teams or Singles Names, into one of the following Evelyn Dodds 367-8413 Sharon Mignon 367-8376

All new players are welcome! Come out and give it a try! All regular players welcome back!

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Individual or group workshops on above are available in your community.

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Sports

Hayden Tardiff Wins Billy Roy Memorial

Submitted by Jack Shwaluk

The seventh annual Billy Roy Memorial Junior Golf Tournament was won by Hayden Tardiff who shot an 18 hole score of 87.

Despite cool weather and very soggy golf course, 34 junior golfers came out to brave the less than ideal conditions. Several came from as far away as Winnipeg and Lorette. Pools of water were

in evidence on almost every hole; sand traps and greens included. Lift clean and place rules were in effect from tee to green.

Brady Osis was a double winner on the day. He posted a 48 to top the scores turned in by the junior golfers in the 12 and under age group. Glenn Hibbert also presented Brady with the Ted Harrison Memorial trophy emblematic of most improved junior golfer.

Each golfer received a prize for participating in the tournament. In addition, prizes were awarded for the putting contest, chipping contest, closest to the pin and long drive competitions.

After the round all were

treated to a delicious hot meal served by Flo Garand and her staff.

Many thanks to the volunteers, prize donors and pro shop staff who contributed to the tournament's success. A big thank you to Glenn

Hibbert for all the clinics he conducted for the junior golfers this past summer.

Special thanks go out to the Roy family for their continued support and very generous donation.



Glenn Hibbert presents Brady Osis with the Ted Harrison Memorial Trophy



Jack Shwaluk presents Hayden Tardiff with the Billy Roy Memorial Trophy

More Snapshots...



The New Library Allard



The nearly completed Library Allard in St. Georges.

Library Allard Launches Local Capital Fundraising Campaign

As completion of Library Allard's innovative facility approaches fruition, another fundraising project is being implemented. A Payroll Deduction Program in partnership with Tembec allows employees to deduct a small amount off each pay cheque as a contribution to the library. Charitable donation receipts will be issued. The goal of the campaign is to raise \$25,000 in honor of Library Allard's 25th anniversary which is being celebrated this year. It will take only 100 employees with a deduction of \$12.50

per pay cheque over a ten month period to reach the goal.

"Each donation of \$100 or more will be recognized on a donor wall [in the main entrance walkway of the new library facility]," explains the fundraising committee. "The more you are able to donate, the more you are able to receive as a credit [when you file your taxes]. For example, a donation of \$1,000 allows you a \$238 return, whereas \$2,000 allows you \$498."

The organizers are hoping the payroll campaign will make all the difference to the

new Library Allard. Originally housing some 30,000 books, this library is one of the oldest French bilingual libraries in the province. Recognizing the historical significance, the library plans to showcase the history and culture of the early European settlers in the area. A vision of the facility is one that seeks to promote the library as a popular destination for the entire region, throughout the municipality and beyond.

The construction project is on schedule and October 27th is the targeted moving date. They are getting closer

to the fundraising goal of \$180,000.00. The library is looking for volunteers to help continue with fundraising activities as well as the

big move and organization of the official opening. Please contact a member on the Board of Directors or Library Staff to volunteer.

Board of Directors:

Jack Bonekamp
Diane C. Dubé
Odile Dubé
Bob Kovachik
Ed Forsyth
Shirley Finkbeiner

Staff:

Lesa Filep
Elise Zolinski
Jacquie Ducharme

A Wealth of Knowledge at Library Allard



By Caitlin Laird

While construction of Library Allard nears completion, the wealth of knowledge and history that will be housed

there has also been building. Sister Odile Saint-Pierre has just donated a history of her family to the library, entitled "Les Saint-Pierre a Saint Georges", which chronicles her family ties from 1921-2008. "I wrote the last word on June 9th," she says, reminiscing over tea and cake at The Tea Room. "I had wanted to write it for 10 years but I could never find the time", she laughs.

Indeed, Sister Odile has been keeping busy over her long career. She became a nun at 24, which was seen as "a great honor and service" to her French-Catholic community, explains Diane Dubé, who received the book on behalf of the library. Sister Odile will be 85 in November and is just now

retiring, though she says she plans to work in the library of St. Joseph Convent in Quebec. She is planning to move there shortly, and considers it a return to her homeland.

She relays one of the many stories contained within the book; how her mother and father met. "She had just come over from France and wanted to learn English. She was told to go to the English teacher at the school [in St-Georges]. That teacher was my father and eventually, they married."

The history serves as an example to those who wish to write of their own families' and it will be available at Library Allard this fall, when it is set to be open to the public.

Giving Speaks Volumes

Allard Regional Library Capital Campaign.
Help make this vision a reality.

It is a pleasure to contribute \$ _____ to the Allard Regional Library

Enclosed is an initial cheque for \$ _____

Please enter my pledge for:

\$25 \$75 \$100 \$150 Other \$ _____

Name: _____

Address: _____

Signature: _____

Bibliothèque régionale
Allard Regional Library



P.O. Box 157, St-Georges, MB R0E 1V0

Phone: (204) 367-8443

Community



Bouncing for Breakfast

An impromptu idea by a local business owner led to \$108.00 being raised for the Wings of Power Breakfast for Learning program at Powerview School. Rose and Ken Funk, owners of Chateau Video, ran a promotion this summer at their store. Customers received a coupon with every rental. Five coupons would earn them a free wristband for a "Children's Bounce Party" that was held Saturday, September 6th. The day before the event Rose was trying to come up with a fair way to allow children who hadn't earned any coupons to participate in the event. The event was meant to thank her loyal customers, not a cash grab for the business. That was when

she came up with the idea of making it a fundraiser for Wings of Power. Each child who did not have a wristband would be asked to make a two dollar donation. After contacting Wings of Power, it was decided that since September is Breakfast for Learning month, the money raised would go directly towards the Breakfast program. Children raising money for children seemed like a good fit.

Despite the idea being last minute, fifty-four children came and donated a twoonie to be able to play on the four bounces that were set up across the street from the Chateau. What a great way to end the summer and celebrate the start of school.

A Faith Perspective:

By Pastor Jake Doell

To Learn or Not to Learn



It was Sir Winston Churchill who said, "Personally I'm always ready to learn, although I do not always like to be taught." Our world today is not lacking in knowledge. With the internet we have experienced a "knowledge explosion" that has opened up the vast storehouse of the knowledge of the ages to us. This story is told of Charles W. Elliot, a famous president of Harvard University. He was being honored one night by a group of well known educators. "Permit me to congratulate you on the miracle you have performed at the university," said one educator. "Since you have become president, Harvard has become a storehouse of knowledge." "That is true," laughed Elliot "but I scarcely deserve the credit for that. It is simply that the freshmen bring in so much and the seniors take away so little."

We may smile at that, but are we doing any better today? We have no excuse

not to access the "storehouses of knowledge" today. But is knowledge alone the answer? Knowledge without the wisdom of how to apply that knowledge can be dangerous. You see without wisdom we do not learn from our mistakes and therefore we keep repeating them over and over again. I personally believe that if we continue to disregard the wisdom of God's Word and do not apply it to the knowledge we have gained, we are setting ourselves up to repeat history whether we like it or not. The great Roman Empire of centuries past is the foundation for justice and the whole democratic system of the free world today. Yet in all its greatness, it collapsed. Why? Edward Gibbons in writing "The Decline & Fall of the Roman Empire" (1787) gave the following reasons for that fall:

1. The rapid increase of divorce, the undermining of dignity and the sanctity of the home which is the basis of human society.
 2. Higher and higher taxes and spending of public money for free bread.
 3. The mad craze for pleasure; sports becoming every year more exciting and more brutal.
 4. The building of gigantic armaments when the real enemy is within: the immorality of the people.
 5. The decay of religion - faith fading into mere form - losing touch with life and becoming powerless to guide people.
- Allow me to ask the question, "Do these 5 reasons for the fall of Rome tell us anything about our own national situation? The Bible in Proverbs 9:12 - "If you become wise, you will be the one to benefit. If you scorn wisdom, you will be the one to suffer." I hope that we learn by applying God's wisdom to the knowledge we have and hopefully not repeat all the mistakes of the past.



We could learn a thing or two from the mistakes of the Romans.

North Eastman Health Association Association de santé du Nord-Est Inc.

ANNUAL GENERAL MEETING 2008

The North Eastman Health Association Inc. is pleased to announce that it will be holding its Annual General Meetings on these dates in the following two communities.

Tuesday, September 23rd - Beausejour
Sun Gro Centre - South Interlake Credit Union Room
360 Community Lane, Beausejour, 7:00-8:30 pm

Thursday, September 25th - Victoria Beach
Senior Scene
1 Alesh Road, Victoria Beach, 7:00-8:30pm

Interesting Health Information Displays
Refreshments will be available.

"Working together to create a healthy North Eastman"

Features

Cougars, Wolves and Wolverines

A natural history of the East Beaches and Winnipeg River

Garter Snakes

By Charles Norman

Garter snakes are not as common on this side of Lake Winnipeg as they are in the limestone deposits in the Interlake, near Inwood for example, where many thousands hibernate in limestone caves below the frost line.

The reason for the scarcity of garter snakes in our region is the shortage of suitable places to hibernate. They sometimes use anthills which are several feet deep, or they may use burrows from other animals.

Nevertheless they are seen now and again. Two were seen in Belair in the spring and three were seen on highways 304 and highway 11 near St George about a week ago. A few years ago two of my grandchildren came across some garter snakes swimming in Lake Winnipeg off Lester Beach and found them fun to play with.

There are seven subspecies of garter snake, five of them breed in Manitoba the most common in Manitoba being the red sided garter snake found in the Interlake.

The two garter snakes seen in the spring in Belair lacked the red cheek and side so were not the Red Sided subspecies. It is not known what subspecies they, or the St George snakes belonged to.

The Red Sided Garter snake is the only species known to occupy large communal dens and since this

side of the lake lacks suitable hibernation sites it is unlikely that those seen in this area belong to this subspecies.

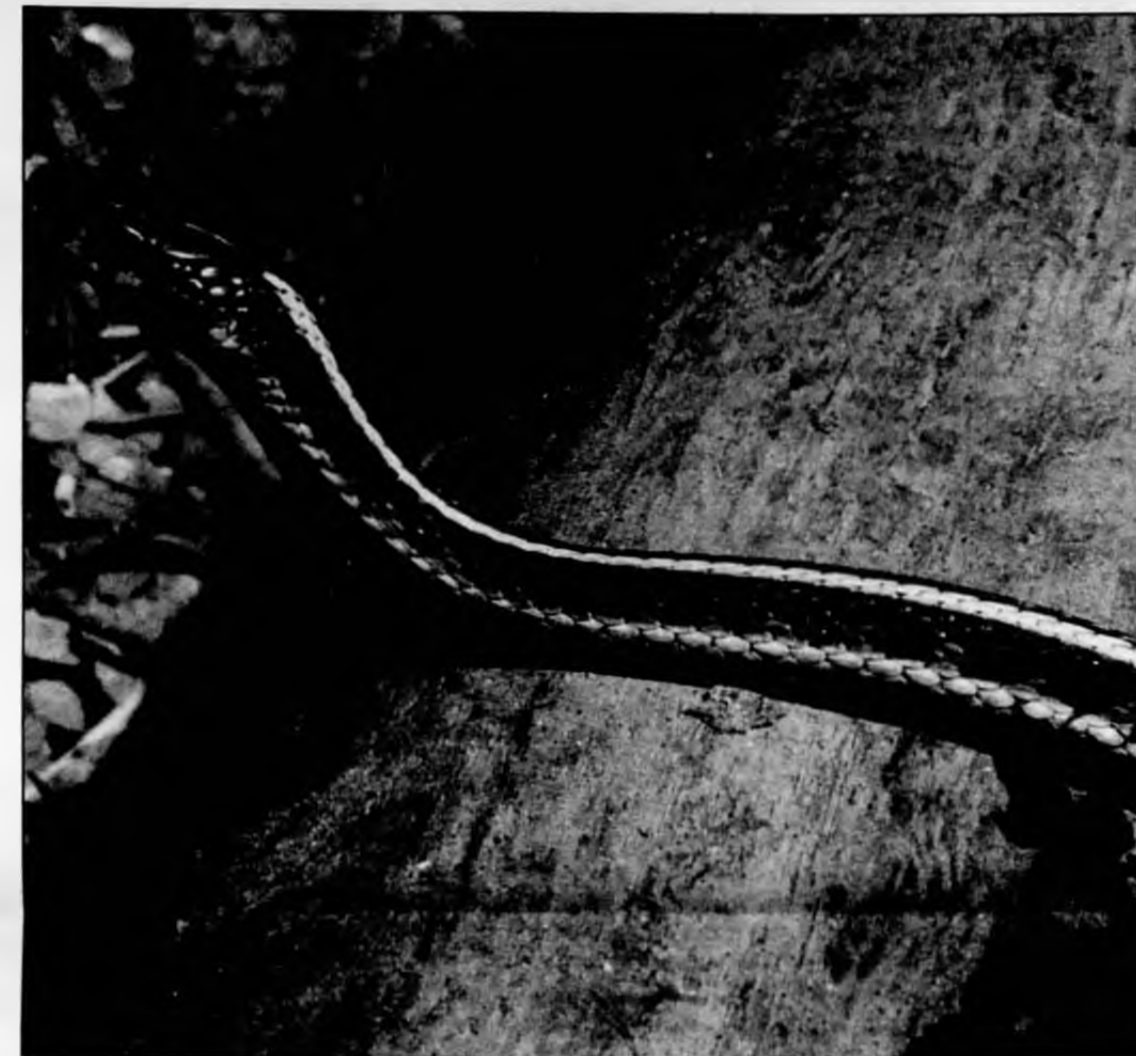
Den sites have to be below the frost line and can include tree roots, shale cliffs, rock piles, sewers, foundations, and sinkholes. A Seniors home in the Interlake had a problem with garter snakes finding their way into the basement and emerging on the upper floors in the following spring, much to the alarm and consternation of the elderly residents.

They do not breed for three years and thereafter breed every second year. Adult females can produce up to forty live young although in the first year they seldom produce more than five. Only one in four survive the first year and about fifty percent die every year after the first year. Predators are crows, ravens, weasels, mink, martins, racoons, foxes, ground squirrels, skunks, hawks and owls.

Garter snakes feed on frogs, salamanders, leeches and small birds and animals. Earthworms make up as much as eighty percent of the diet of juveniles.

Females are larger than males. Females can reach a length of 90 cm. (three feet) and males a maximum of 75 cm. (30inches) A female of 90 cm is likely ten years old.

It is said that the chances of a garter snake reaching twelve years of age is less than one in 5,000



TEMBEC FOREST RESOURCE MANAGEMENT PUBLIC NOTICE

Tembec hereby gives notice that an application has been made to the Minister of Transport, Infrastructure and Communities pursuant to the *Navigable Waters Protection Act* for approval of the work described herein and its site and plans.

Pursuant to Section 9 of the said Act, Tembec has deposited with the Minister of Transport, Infrastructure and Communities and in the Lands Title Office at Winnipeg under deposit number R1195 a description of the following work, its site and Proposed Bridge over Beaver Creek in 29-25-14 EP from 15U0317854 E 5670724 N to 15U 0317843 E 5670734 N.

Comments regarding the effect of this work on marine navigation may be directed to: **The Manager,**

**NAVIGABLE WATERS PROTECTION PROGRAM
TRANSPORT CANADA
1100 9700 JASPER AVENUE
EDMONTON, ALBERTA
T5J 4E6**

However, comments will be considered only if they are in writing and are received no later than 30 days after the date of this notice. Although, all comments conforming to the above will be considered, no individual response will be sent.

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Tembec hereby gives notice that an application has been made to the Minister of Transport, Infrastructure and Communities pursuant to the *Navigable Waters Protection Act* for approval of the work described herein and its site and plans.

Pursuant to Section 9 of the said Act, Tembec has deposited with the Minister of Transport, Infrastructure and Communities and in the Lands Title Office at Winnipeg under deposit number R1194 a description of the following work, its site and Proposed Bridge over Beaver Creek in 21-25-14 EP from 15U0318572 E 5669183 N to 15U 0318572 E 5669167 N.

Comments regarding the effect of this work on marine navigation may be directed to: **The Manager,**

**NAVIGABLE WATERS PROTECTION PROGRAM
TRANSPORT CANADA
1100 9700 JASPER AVENUE
EDMONTON, ALBERTA
T5J 4E6**

However, comments will be considered only if they are in writing and are received no later than 30 days after the date of this notice. Although, all comments conforming to the above will be considered, no individual response will be sent.

Recreation Updates

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

CHILDREN & Teens
Junior Curling
 Pine Falls Curling Club
 For ages 11 +
 Registration cost and dates are not yet confirmed. For more information please contact Melinda 367-4682 or Fay 367-367-8968

Tumblers Gymnastics
 Pine Falls School Gym
 Monday, Tuesday & Wednesday's
 Kinderym \$90.00(ages 3&4),
 Juniorym \$90.00(ages 5 & 6),
 Recreational \$120.00(7 & up),
 Pre-Competitive \$240.00 &
 Competitive \$340.00
 For more information contact Audrey Cure 367-4963 or pick up registration forms at the Pineview Rec Office located at the Pine Falls School.

Pineview Minor Hockey
 Pine Falls Arena
 Initiation \$50.00 (born 2002, 2003, 2004), Novice \$290.00 (born 2000, 2001), Atoms \$330.00 (born 1998, 1999), Pee Wee Girls \$330.00 (born 1996, 1997), Pee Wee Boys \$335.00 (born 1996, 1997), Bantam/Midget Girls \$375.00 (born 1991-1994), Bantam Boys \$375.00 (born 1995, 1994), Midget Boys \$425.00 (born 1991, 1992, 1993)
 Time payment is acceptable. \$25.00 late fee to applications after September 20, 2008. Pineview Recreation Winter Membership is mandatory for hockey registration \$128.00 + \$6.40 GST = \$134.40 made payable to Pineview Recreation Commission.
 For more info contact Natalie 367-9519 or pick up registration forms at the Rec Office located at the Pine Falls School.

Junior Golf Night
 Free For Kids ages 16 & under
 Grand Pine Golf Course
 Every evening @ 6:00 PM
 excluding some tournament dates
 9 Holes
 \$10.00 for adults playing with juniors
 Juniors 12 years and under must be accompanied by an adult. Tee times will be on a walk on basis - tee times will not be reserved. Golf club with bags & balls will be provided subject to availability for juniors. For more info contact 756-2345.

ADULT
Darts
 Branch 64 Darts @ Royal Canadian Legion
 Tuesday Nights 7:00 PM
 League play starts October 15th. Do not have to be a legion member to play.
 Come out and bring a friend on fun nights October 1 & 8.
 For more information contact Jackie Prowse 367-8332

Canadian Firearms Safety Course
 Winnipeg River Learning Centre, Pine Falls School
 Saturday, September 13th
 9:00 AM - 6:00 PM
 For ages 18+. If you own firearms or buy ammunition, you MUST have a Firearms License. Exam to follow course for the Possession and Acquisition License.
 \$65.00 per person/pre-registration required. Maximum 8 people.
 Please contact Lesa 367-2761

How To Prune Landscape Trees
 Winnipeg River Learning Centre, Pine Falls School
 Tuesday, September 16th
 10:00 AM - 12:00 PM
 \$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

How To Prune Apple Trees
 Winnipeg River Learning Centre, Pine Falls School
 Thursday, September 18th
 10:00 AM - 12:00 PM
 \$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

Curling
 Pine Falls Curling Club
 Men's League (Monday Night), Junior League (Tentative Tuesday Night), Ladies League (Wednesday Night) Drop In Curling (Thursday Afternoons) Mixed League (Friday Night).
 Registration date October 6th at Pine Falls Curling Club 7:00 - 7:30 PM. AGM to follow registration. Registration costs to be confirmed. For more information please contact Gloria Brody 367-2656 Melinda 367-4682 or Fay 367-367-8968.

Curling
 Victoria Beach Sports Club
 Ladies League (Monday & Thursday) Men's League (Tuesday & Wednesday) Mixed Fun League (Friday's)
 For more info or team registration contact Tracey 756-3742 or Cathy 756-2662

Curling
 Grand Marais Recreation Association
 Men's League (Wednesday & Thursdays), Drop In Curling (Wednesday Afternoon @1:00)
 For more information or team registration contact Chris Jensen evenings 754-3058 or email gcjensen@mts.net
 Mixed League (Monday Nights)
 For more information or team registration contact Lori Rotchik 754-2128

RCMP Golf Tournament
 Pine Falls Golf Course
 Sunday, September 14 @10:00 AM
 18 Holes
 For more info contact 367-8463

Men's Golf Night
 Grand Pines Golf Course
 Thursday's @ 2:00 PM
 \$7.00 Entry Fee

Pineview Recreation Commission - Lori Vialoux, Rec. Director

Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls
 Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

Front nine scores count towards weekly event. Prizes.
 Book your time with golf shop 756-2345.

Junior & Family Golf Night
 Grand Pine Golf Course
 Every evening @ 6:00 PM
 excluding some tournament dates
 Free For ages 16 & under
 9 Holes
 \$10.00 for adults playing with juniors
 Juniors 12 years and under must be accompanied by an adult. Tee times will be on a walk on basis - tee times will not be reserved. Golf club with bags & balls will be provided subject to availability for juniors. For more info contact 756-2345.

Ladies & Couples Golf Night
 Grand Pines Golf Course
 Every night all year long!
 6:00 PM
 \$10.00 per person

Quilting
 Seniors Scene, Victoria Beach
 Every Thursday at 1:00 PM
 Have an unfinished quilt at home or interested in learning how it's done - head over to the Seniors Scene and spend the afternoon with some delightful ladies.
 For more info contact Marlene 756-2752.

How To Prune Landscape Trees
 Winnipeg River Learning Centre, Pine Falls School
 Tuesday, September 16th
 10:00 AM - 12:00 PM
 \$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

How To Prune Apple Trees
 Winnipeg River Learning Centre, Pine Falls School
 Thursday, September 18th
 10:00 AM - 12:00 PM
 \$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

SENIORS
Strength For Seniors
 Rivers North Fitness Co-Op
 Monday's & Thursdays
 10:00 AM & 11:00 AM
 Free program open to all seniors 55+. Class includes Chi Qung Tai Chi, exercise ball & stretching. For more info contact Tina 367-9128

Dinner Dances
 Senior Scene, Victoria Beach
 September 20 & October 18
 Phone 756-6468
 www.seniorsceneinc.com

Line Dancing
 Senior Scene, Victoria Beach
 Every Tuesday @ 10:00 AM
 Drop In Fee Members \$2.00
 Non Members \$3.00
 A wonderful way to exercise your body and challenge your memory.
 For more info contact Judy 756-3132

www.seniorsceneinc.com

FOR ALL AGES
Hunter Safety Course
 Saturday, September 27th
 For ages 12+
 Cost \$35.00. Must pre register by calling Ron Pachkowsky 367-8056

First Aid Class Level B
 Pine Falls School
 Saturday & Sunday September 8 & 9th
 8:00 AM - 4:00 PM
 \$120.00 includes books and AED (Automatic External Defibrillator)
 Advance payment required for the course minimum 6 people required.
 For more info contact Ron Bruneau 367-8989

Badminton
 Pine Falls School Gym
 Sunday & Thursday evenings starting October 2nd
 For ages 15 & Up (under 15 must be accompanied by a parent)
 7:00 PM - 9:30 PM
 \$25.00 Per Person, \$45.00 Couple, \$60.00 Family
 For more info please contact Ginette Vincent 367-8244 or 367-9970

Body Sculpting
 Walter Whyte School
 Every Monday & Thursday starting September 15 & 18
 6:30 - 7:30
 Total body conditioning including muscular endurance & strength and cardiovascular conditioning. New challenges every class. For ages 16 - fit seniors.
 \$6 per class if prepaid for the month or \$10 drop in fee.
 For more info contact Natasha 756-3868

Total Body Workout
 Starting September 8th - May 2009
 Monday & Wednesdays
 7:00 PM - 8:30 PM @ St. Georges School Gym
 \$20.00 per month/ Family plans available
 Kickboxing (with or without pads), Stretching, Skipping, Rubber Bands, Circuits & Felt Pads
 Loose Weight & Feel Great!
 Contact Nick Bonekamp 367-2702 or Paul Roberts 367-8018

Rise & Shine Fitness Class
 8 Week Program Starting September 8th
 Monday, Tuesday, Wednesday & Thursday
 6:30 AM - 7:30 AM @ Pine Falls School Gym
 \$80.00 for 32 Classes
 You are welcome to come to all classes or pick and chose what days work best for your schedule. Need 20 people registered to start the program.
 To register call the Pineview Rec office 367-9142 or Kim Bonekamp 367-2107 or email

kbonekamp@hotmail.com

Sagkeeng Balancing Wellness Centre
 For Males & Females Ages 13-40
 Programs include support groups for healing, nutrition, building confidence & self-esteem. Plus support for residential school survivors to help move on from the effects of residential schools. Issues include: loss of language and culture, abandonment, identity, colonization, loss of parenting skills, abuse in the residential schools and effects. For more information contact Lillian Cook 367-2755.

Festivals & Events
Grand Marais Annual Fall Supper
 Saturday, September 27, 2008
 Grand Marais Recreation Centre
 Sitings at 4:00 PM & 6:00 PM
 Tickets \$13/Adults \$6/Children under12
 For more info contact Chris 754-3058

Winnipeg River Greenback Challenge
 October 25 & 26
 \$500.00 Entry Fee
 For more information contact Laurent Raymond 367-2238

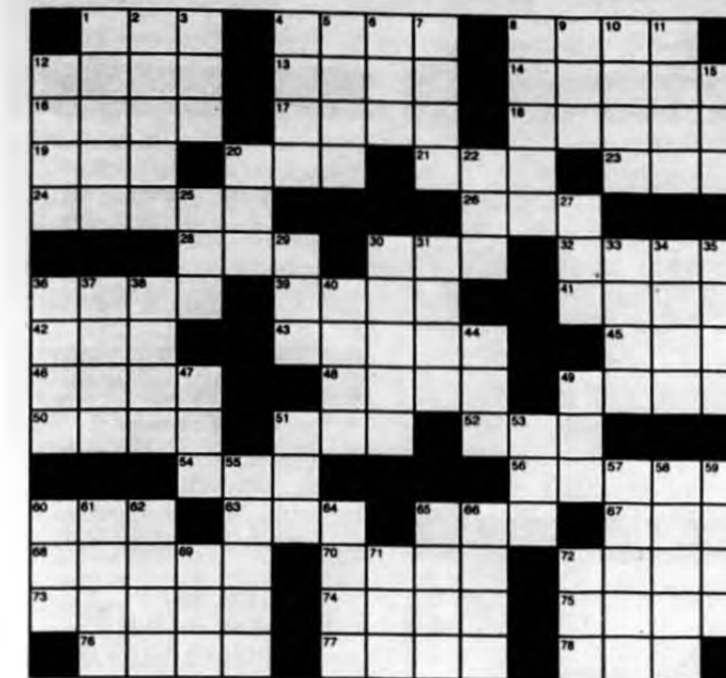
RIVERS NORTH FITNESS CO-OP
 Memberships
 The Fitness Co-op is now entering into its second year of operation. All membership fees are due. The one time co-op membership fee remains at \$100.00 with members paying a \$250.00 annual user fee and non-members \$300.00. For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382

PUBLIC LIBRARIES
Bibliotheque Allard Regional Library
 Located in St. Georges School 367-8443
 Operation Hours
 Tuesday 10:30 AM - 5:00 PM
 Wednesday & Thursday 12:00 PM - 8:00 PM
 Friday 12:00 PM - 5:00 PM
 Saturday 10:30 AM - 4:00 PM

Beaches Library
 Located in Walter Whyte School 754-4007
 Operation Hours
 Tuesday 9:00 AM - 12:00 PM
 Thursday 4:00 PM - 8:00 PM
 Saturday 10:00 PM - 2:00 PM
 Internet Access Site

Pine Falls Library
 Located in Pine Falls School 367-8983
 Open Monday - Friday
 1:00 PM - 3:00 PM
 Internet Access Site

Weekly Crossword



Across

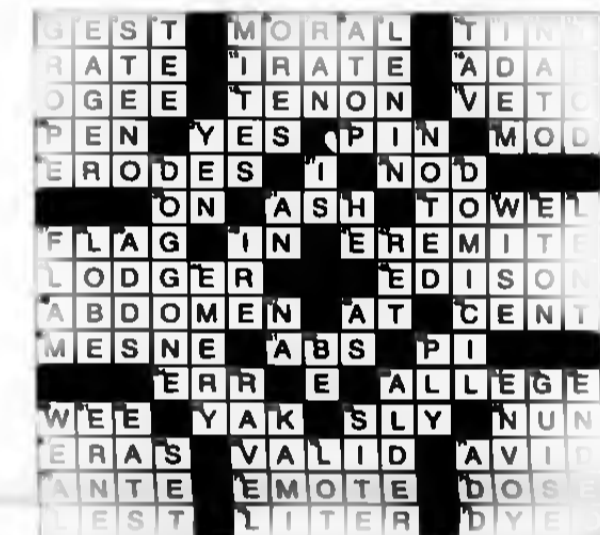
- Become listless.
- Capital of Azerbaijan.
- In the _ of the Night.
- Shiva's wife.
- Wide-spouted pitcher.
- Moses' brother.
- For men and women.
- Lead or conduce.
- Slant or slope.
- _ Darya river.
- Chap.
- John Dos Passos novel trilogy.
- Bathroom (British slang).
- Transitional place.
- Urban area.
- Ancient Greek goddess of recklessness.
- First man made by the Scandinavian gods.
- News.
- Ancient town in Israel.
- Fencing move to avoid a thrust.
- Festal pomp or dress.
- One-dollar bill.
- Convocation of witches.
- Encountered.
- Muslim religious leader title.

- Lubricate.
- Jacob's first wife.
- Roman emperor.
- Mother.
- Before.
- _ of a kind.
- Actor Robert
- Distinctive period.
- Rhoda's mom.
- 7th letter in Greek alphabet.
- Female goat.
- Sacred collection of writings.
- Wait.
- Alter gene arrangement.
- Rhoda's mom.
- Divisible by two.
- In any way different.
- Buried.
- Annual season of fasting before Easter.
- Wrath.

Down

- Ruth's mother-in-law.
- Oil.
- Executed.
- 2nd letter in Greek alphabet.
- Filled with admiration.
- Actor Olin.
- One official language of Pakistan.
- Ishmael's mother.
- Crosette.

Last Week's Answers



Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation



CRYPTIC PUZZLE

IJRTWFDH HTSXNXYX TK HMTTXNSL DTZW
 INHYFYTWX, FKYJW YMJD'AJ YTQI DTZ BMFY
 DTZ YMNSP NY NX DTZ BFSY YT MJFW

Last Week's Solution

IT'S KIND OF FUN TO DO THE IMPOSSIBLE - WALT DISNEY

Weekly Horoscopes

September 2 to September 9

ARIES (Mar. 21- April 20) Your health may have suffered due to neglect or abuse. Overindulgent people will cause disruptions in your life. Deception and confusion regarding your status in society is likely. Profusion with females you live or work with will try your patience and cause temper flare ups.

TAURUS (Apr. 21- may 21) You'll be able to discuss your ambitions with your mate. Chronic health problems are likely to surface if you are keeping your problems locked up inside. You are best not to discuss your personal life with others. Your depressed mood has been hard to shake.

GEMINI (May 22-June 21) Get on with business. Opportunities for new and exciting relationships will be yours if you get out and join groups. You can gain distinction; however, it may be for the wrong reasons. Travel should be on your mind.

CANCER (June 22-July 22) Don't give them the use of your credit card. You can make a difference if you take a position of leadership. Be sure to get involved in self improvement programs that will bring you in contact with interesting people. Be on your best behavior.

LEO (July 23-Aug 22) This is a wonderful day to look into courses or hobbies that interest you. You will be full of energy and you need to find something constructive to do. Social activity should be on your agenda this week. Use your genuine warmth and compassion to win hearts.

VIRGO (Aug. 23 -Sept. 23) You may want to take a look at courses offered at a local institute. Minor accidents are likely if you take risks. You must deal with an emotional problem with your loved one that you have been avoiding for some time now. Don't let jealous friends put you down, making you insecure about your capabilities.

LIBRA (Sept. 24 -Oct. 23) Your ability to deal with others will help you accomplish your goals. This could be a difficult day to deal with coworkers. You could make extra cash through creative hobbies. A change is as good as a rest. Don't go looking for change.

SCORPIO (Oct. 24 - Nov. 22) Your ideas are right on the mark and your work commendable. Exercise discipline when it comes to controlling bad habits. Be sure you get accurate information. Rely on yourself and you will look good to superiors.

SAGITTARIUS (Nov. 23 -Dec. 21) You can be sure that any dealing with large institutions should go well. Set a limit on the amount you're willing to spend, and be sure to stick to it. Your emotional partner may make you angry this week. You should consider submitting some of your written work for publication.

CAPRICORN (Dec 22- Jan. 20) Keep your thoughts and opinions to yourself and you won't get dragged into an unsavory debate. You will gain a lot if you listen. Cultural activities will prove to be quite enlightening for everyone. Your emotional state will vacillate.

AQUARIUS (Jan. 21 -Feb. 19) You should look into making some physical changes, such as new hair color or toning up your body. You can purchase items that will enhance your appearance. You can get your point across and make valuable connections. You may have a problem keeping secrets.

PISCES (Feb. 20-Mar. 20) Don't go overboard; start small and work toward building it up slowly. You will need a little competition this week. Get involved in activities that will stretch your stamina. Get the red tape and the unwanted paperwork out of the way. Residential moves will be hectic and may be unsatisfactory.

Classifieds

For Sale
Landscaping - John Deere Lawn Edger, 1 J.D D-35 Lawn Edger, like new, \$500.00 OBO, call 367-2892. 3a-3

Used Building Materials, sliding windows with screen, 2 at 22" x 40", \$25.00/each, 1 at 18" x 30", \$25.00, 1 at 2 ft. x 4ft., sky light \$40.00, 3x30 pieces 2x8x5' fir .50cents/foot, call 367-2892. 3a-3

House for Sale
House for sale in Powerview. Large lot. 3 Bedrooms, electric heat, central air, Double garage and one single garage, finished basement. Kitchen has new cupboards. Well maintained house. For more information, please call 204-444-2302 after 5:00 pm. 1x2

For Sale or Rent
House for Sale or Rent Large two-storey 3 bedroom House on Highway 11, near Powerview. Phone (evenings only). 367-8665 1x1

Wanted to Rent
Wanted to Rent I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171 TFM

Employment
Employment

Bridal Shower
Before the Miss becomes a Missus, lets shower Jessica Arsenault with love and good-wishes. A bridal shower, Sunday October 5, at 2:00 pm at the Chicken Chef Banquet Room in Pine Falls. The bride is registered at Home Outfitters.

Child Care
Looking for a part-time child care assistant for the Pine Falls Preschool. Please send resume to Box 580, Pine Falls, Mb, R0E 1M0 or drop it off at the Preschool at #2 Walnut Street.

St. Georges Meals
Wed Sept 17 Cream of Celery Soup Chicken Skillet RiceVeg Banana Loaf
Fri Sept 19 Tossed Salad BBQ Mixed Grill Fried Potatoes Veg Cookies and Sorbet
Mon Sept 22 Borsch 'n Sauerkraut Boiled Potatoes Veg Berries & Ice cream
Wed Sept 24 Vegetable Soup Tuna Casserole Veg Cheese Cake

Real Estate
Advertise in the Echo Classifieds. This space could be yours for only \$5.50/week!

Real Estate
Everything a seasonal or year round person would ever want. Relax on your stone patio or light a fire in the fire pit as you gaze over the water at the view. Spend sometime picking apples or even Grapes, there is even a large garden that is filled with fresh vegetables. All of these exciting features are accessible through the walkout basement. Appliances included finished basement, million dollar view, well landscaped, large garden, lots of fruit trees. The home is located near pine falls and is close to all amenities. Come and see this home On Sunday September 7/2008 from 12-4pm or call Jim to view sooner as it wont last long.

Jim Abbott, RE/MAX professionals
1601 Buffalo Place, Winnipeg, MB R3T 3K7
1-204-228-1538
jamesabbott@shaw.ca
www.jimabbottrealestate.com

OPEN HOUSE



DREAM PROPERTY
182 Northshore Road

Everything a seasonal or year round person would ever want. Relax on your stone patio or light a fire in the fire pit as you gaze over the water at the view. Spend sometime picking apples or even Grapes, there is even a large garden that is filled with fresh vegetables. All of these exciting features are accessible through the walkout basement. Appliances included finished basement, million dollar view, well landscaped, large garden, lots of fruit trees. The home is located near pine falls and is close to all amenities. Come and see this home On Sunday September 7/2008 from 12-4pm or call Jim to view sooner as it wont last long.

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www.jimabbottrealestate.com

The Winnipeg River Planning District EMPLOYMENT OPPORTUNITY

The Winnipeg River Planning District requires the services of a qualified Building Inspector/Plumbing Inspector/Development Officer

Qualifications
Candidates for the position should have Formal Certification in a trade related discipline (i.e. carpentry, plumbing, electrical etc.) and no less than 3 years field experience. Candidates with an equivalent level of training, background and experience will also be considered.

Preference will be given to candidates that:

1. Have a sound working knowledge of Part 9 of the National Building Code (2005) and the National Plumbing Code (2005);
2. Display effective oral, interpersonal and written communication skills and sound judgment;
3. Have above average ability to read and interpret technical drawings, building plans, provincial statutes, agreements, by-laws, regulations and assure proper application;
4. Currently hold a clear Class 5 driver's license for a minimum of 24 months.
5. Have proficiency in word processing, record keeping, and information management systems utilizing Microsoft and Quickbooks software.

Duties
Under the direction of the Board of the Winnipeg River Planning District, the Building Inspector/Development Officer will be responsible for:

1. The issuance and administration of Building Permits (including the completion of all mandatory building and plumbing inspections as well as reporting and documenting deficiencies and the issuance of work orders where necessary);
2. The enforcement of Building Infractions within the jurisdictions of the RM of Alexander and the Town of Powerview-Pine Falls;
3. The completion of reports pertaining to development within the jurisdiction.

Salary and Benefits
To be determined depending on knowledge, qualifications and experience.

Applications
Interested applicants are invited to submit a written application with a detailed resume, accompanied with a current drivers extract, proof of qualifications, including two character and work related references, via mail, fax or email to the attention of:


Michele Stefaniuk, Secretary-Treasurer
Winnipeg River Planning District
Box 70, St. Georges MB R0E 1V0
Phone: (204) 367-6170
Fax: (204) 367-2257
wrpd@malexander.com

Application deadline is 4:00 p.m., September 26, 2008.

We thank all persons that apply but advise that only those candidates selected for an interview will be contacted.

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8 HOMES THAT NEED NEW WINDOWS

Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.

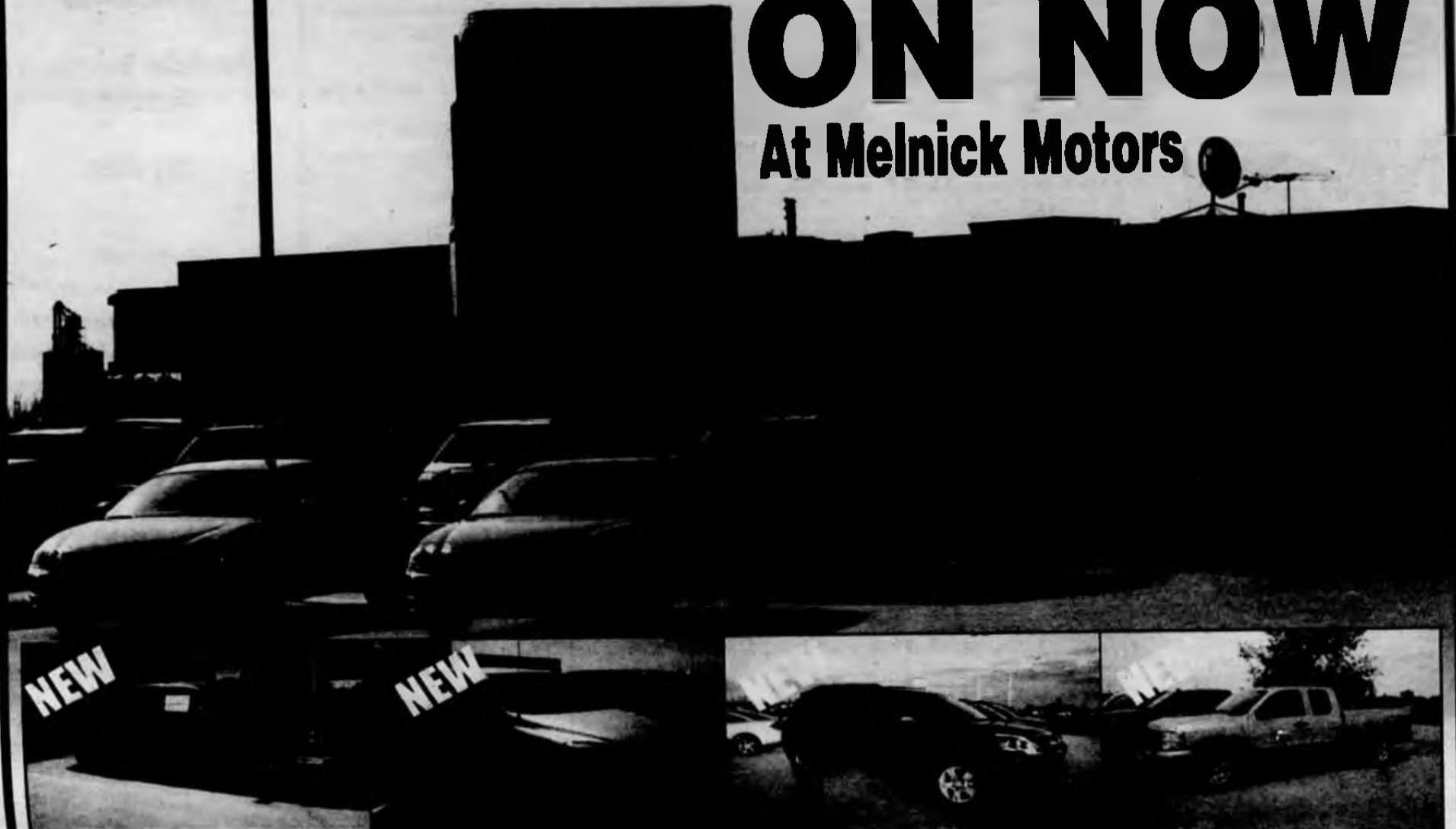
This lifetime product has captured the interest of homeowners throughout the province who want to know if this will be the last time they will replace their windows. Climate Shield Premium Windows come with TempSmart Space System as well as SecurPlus and are Energy Star Rated. It will make your home more energy efficient and save up to 30% on your fuel bill.

Ask about low monthly payments through Hydro For an appointment call MRS. NISBY WINDOW & DOOR 1-800-582-5488 www.nisby.mb.ca

<p>HOTEL & RESTAURANT</p> <p>PINE FALLS SERVICE CENTRE Monday to Saturday 8:00 a.m. to 12:00 midnight Sunday 8:00 a.m. to 12:00 midnight SUBWAY Subway open 7 days a week from 10:00 a.m. to 11:30 p.m. 367-8803</p> <p>CLARK'S CORNER Tackle & Outdoors Store Live Bait Diesel Fuel DOMO JUMP TO THE PUMP!</p>	<p>REAL ESTATE</p> <p>For All your Real Estate Needs! CONTACT Century 21 Our Real Estate Professionals Look forward to Working with You! Call 1-800-854-8148 345-2121 / 268-2011 Email c21sun@mts.net www.century21sun.com</p>	<p>MEDICAL SERVICES</p> <p>Blue Water Physiotherapy Phone: 367-2537 Please call for an Appointment •Work and Sports Injuries •Neck and Back Pain •Chiropractic •Orthotics •Manual Therapy •Pilates - Reformer Sessions Located on Highway #11 in Powerview</p> <p>Celeste Basson B.ScPT, C.A.C.P. Stephanie Hampson, B.M.R. (PT)</p>	<p>For the Best Rates for Long-term Advertising</p> <p>The Echo Business Directory</p> <p>367-9468</p>
<p>Papertown 367-2261 Motor Inn Deluxe Jacuzzi Rooms Licensed Family Dining Room Banquet Facilities V.I.Ta, Beer Store Hot tub WATER PARK 1 Mile East of Pine Falls, Hwy. 304 & 11</p>	<p>Broadlands Mall Convenience Store/Gas Movie Rentals Open Daily 7 am - 11 pm Restaurant Daily Specials Open 6 am-10 pm 367-4484</p>	<p>AUTOMOTIVE</p> <p>Wrenchhead Replacement & Repair All Your Automobile Needs Courtesy Care! powerfalls AUTO BODY Phone 367-2877 Fax 367-2236</p>	<p>Dr. A.H. Anderson & Dr. M.H. Anderson</p> <p>LAB ON SITE</p> <p>Optometrist Contact Lenses and Eyeglass Fittings</p> <p>MANITOU LODGE PINE FALLS 367-2390 Monday - Friday, 9:00am to 5:00pm Closed for lunch hour 12:30 - 1:30pm Examinations done on Mon. & Tues.</p>
<p>BIRCHWOOD MOTOR HOTEL • 16 Modern Units • Hot tubs • Dining Room • Traverser Bay 756-2596 • Beverage Room • Meeting Rooms • Fully Licensed</p>	<p>Manitou Lodge Mon.-Wed. 8am to 9pm Thurs. & Fri. 8am to 10pm Sat. 10am-10pm, Sun. Closed 367-2252 Tuesday Nite Wing Nite & Draft Special</p>	<p>WINE SUPPLIES</p> <p>Trudell's Wine Supplies WINE & BEER SUPPLIES TO BREW YOUR OWN Dress Trudell 367-8403</p>	<p>Powerview/Pine Falls Dental Centre 277A Main Street, Powerview Hwy. 11 - Municipal Building Monday - Friday 9:30 a.m. to 4:30 p.m.</p> <p>Dr. Mark Karpa Dr. David Kindrat Dr. Drew Dear Dr. Jackie Chun</p> <p>Emergency Care New patients welcome 367-2815</p>
<p>Advertising</p> <p>The Echo Classifieds Advertise your for sale items, birth announcements, weddings, birthdays, engagements, anniversaries, thank you's, greetings and best wishes, graduations, and memoriams. \$5.50 for first 25 words, 15¢ for each additional word. \$5.00 each per photograph. Call for more information 367-9468 or fax us at 367-9947. theecho@mts.net</p>	<p>For the Best Rates for Long-term Advertising</p> <p>The Echo Business Directory</p> <p>367-9468</p>	<p>COMPUTERS</p> <p>M&C Bruneau's PC SERVICES Microsoft Professional Systems Engineer Ph: 345-6876</p>	<p>Blowwater District Transit</p> <p>For Bookings Call 367-9128 Office 345-3075 Driver</p>
<p>FURNITURE</p> <p>DAVE'S FURNITURE & APPLIANCES "For the Best Quality New & Used Furniture & Appliances... Call us First!" 367-2460 21 Ave Street, Powerview Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm</p>	<p>INCOME TAX</p> <p>LIBERTY TAX SERVICE Sandi Daval 367-4244</p> <p>INCOME TAX SERVICES BOOKKEEPING SERVICES 2 McDougall Ave., St. Georges, MB</p>	<p>GROCERY</p> <p>Great Falls Foods Highway 11, Great Falls 367-2976 OPEN 7 DAYS A WEEK Store Hours: Mon-Thu 8am-6pm, Fri 8am-6pm, Sat 9am-6pm, Sun 12 noon-6pm</p>	<p>Dr. Alan Grant - DENTIST</p> <p>Fort Alexander Dental Clinic (in the Fort Alexander Health Centre) Tuesday, Wednesday, Thursday 9:30am - 4:30pm Fridays 9:00am to 3:00pm</p> <p>367-4417</p>
<p>GIFT SHOP</p> <p>The Veranda GIFT SHOP Gifts • Antiques • Collectibles 756-8184</p>	<p>ELECTRIC</p> <p>340-5600 ORSON CUTHBERT Journeyman Electrical Contractor - Licensed & Insured Serving Pine Falls & Area</p>	<p>PHARMACY</p> <p>TRY YOUR DRUGSTORE</p> <p>first PHARMACY Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 367-2517</p>	<p>Esser Chiropractic Health Centre</p> <p>Corner of PTH 11 and Church Street (beside Papineau Motors)</p> <ul style="list-style-type: none"> • Autopac • Blue Cross • Veteran's Affairs • Worker's Compensation <p>Phone 367-4858 No referral required Please call for appointment</p>
<p>REAL ESTATE</p> <p>Ateah Realty Ltd. Melodie Ateah - Broker/ Owner Resident Agent For All Seasons Serving Victoria Beach, East Shore Lake Winnipeg and Area Winnipeg REALTORS @ Medallion Club Phone: 204-756-3749 Fax: 204-756-3798 Cell: 204-754-7094 Toll Free: 1-866-755-5406 Box 70, Victoria Beach, MB R0E2C0 email: melodie@ateahrealty.com www.ateahrealty.com</p>	<p>PHARMACY</p> <p>TRY YOUR DRUGSTORE</p> <p>first PHARMACY Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 367-2517</p>	<p>TRY YOUR DRUGSTORE</p> <p>first PHARMACY Open Monday to Saturday 9:30 a.m. to 5:30 p.m. 367-2611 367-2517</p>	<p>Jon. O. Phillips, RMT</p> <p>Registered Massage Therapist (MTAM)</p> <p>CLINIC LOCATIONS:</p> <p>Through the Arbour 188 Pine Street, Pine Falls (204) 367-2141 Revitalize Soul Spa 225 Candeboya Ave, Selkirk (204) 785-8922</p> <p>Direct billing available to Blue Cross & Great West Life</p>

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