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**SPORTS:**

Die-Hards win  
4P Baseball  
Tournament

PAGE 8

**COMMENT:**

Election '08

PAGE 4

**FEATURE:**

The Monarch  
Butterfly

PAGE 11

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September 10, 2008  
Volume 8, No. 15

The Winnipeg  
River

# Echo

Pine Falls/Powerview, Sagkeong, St. Georges, Great Falls,  
Beaches, Little Black River, Manigotagan and Bissett

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## Drowning Results in New Barrier at Dam

Manitoba Hydro have installed a temporary barrier at the location of the drowning of an angler three weeks ago. A permanent barrier is to be installed later.

## Gang-Related Rape Rumours Proved Untrue

By Charles Norman

Staff Sergeant Hordijk of the Powerview RCMP told The Echo Tuesday that rumours that the RCMP had informed the organizers of Western Days that an Indian Posse initiation was to take place in Pine Falls on the Labour Day Weekend, and that the initiation would involve a rape, beating or knifing were completely false. It also appears that the story of an 18 year-old being abducted by three aboriginals and being held by two of them while the third punched her then violently raped her is also not true.

There is no question that people at the social Sunday night had heard that the RCMP had informed the Ol' Kings that there was to be an initiation and that the RCMP had asked them to keep the lights on in the Pine Falls Arena after the Social.

Later that night, (at 3:50 on Monday morning) an hysterical eighteen year-old girl woke up the Barkhouse family claiming she had been raped. There was also no question that she was hysterical.

At first she said that she did not want to talk to the police or go to the hospital, however she later talked to the RCMP and also saw a doctor.

She told the RCMP that the rape had taken place

between 12:30 and 1:00 am close to the temporary public toilets at the arena. As stated earlier, she said three aboriginal men grabbed her. Two of them held her while the third beat her then raped her. The RCMP found this difficult to believe because there were close to a thousand people and many volunteers at the social and no one reported hearing any cries for help or any struggle. She told the RCMP that after the rape she went back to the party and continued drinking with her friends without telling anyone of the incident. After leaving the party she apparently wandered around Pine Falls for a while. She told the RCMP that she was looking for a light so that she could ask for help. She eventually rang the Barkhouse's doorbell.

The doctor consulted found no evidence of any trauma consistent with either a violent rape or beating.

It appears that the alleged victim may have a history of mental illness.

At press time The Echo had not been able to discover the origin of the initiation rumours.

*Editor's Note: The Echo would not, under most circumstances, go into this much in a sexual assault case. But the rumours have generated a great deal of fear in the community.*



less scary than  
a fluffy dog  
named Sparkles.

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# Letters to the Editor

## Water Treatment Article "Misleading"

After speaking with both the representatives at the Intergovernmental Affairs Department (204-945-2570), and Linda Buleja at the Manitoba Municipal Board (204-945-2570), the story printed in the Winnipeg River Echo on August 13/08 was not entirely correct and was misleading.

- 1) The Water By-Law has not even been brought forward or applied for at this time to the Manitoba Municipal Board
- 2) This Water issue is only in the proposal stage at this point. (is not mandatory / compulsory as yet!)
- 3) The RM must first survey, poll and hold hearings with the affected residents before this project can move on.
- 4) 2/3 or 66% of the affected residents must vote in favour for this project to go forward.
- 5) The official hearing date has as yet not been determined, there is supposed to be a Public information

session scheduled for the end of September.

- 6) Should the outcome of the voting process leave anyone unhappy about the circumstances you may still appeal to the Municipal Board in writing.
- 7) I contacted Gerald Hawranik our regional MLA and was informed that he feels that he cannot interfere with jurisdiction of the municipality (what does the MLA actually do?)

- 8) The Municipality has represented to the Municipal Board that there are 800 potential connections who will be affected within the areas between St. Georges and Great Falls, most of 352 residents within the areas of Leisure Falls and Bracken Falls that I have spoken to are opposed to this project
- 9) The Municipality has designated Mr. Roger Bouvier (792-0849) and Mr. Yves Sabouring to

review the project and cost structuring with the firm of Genivar. These individuals have been hired by the Municipality and therefore work for the municipality.

I hope that this information has given you a better understanding of the situation at hand and how important it is for you to call the representatives of the Municipal Board and Intergovernmental Affairs and ask questions. It is also important for you to write letters stating your concerns.

**Sincerely Yours**  
**Henry & Terrie Bork**  
**Leisure Falls Residents**

## Please Stop Bill C-51

In Sept's Alive magazine, the editor, Terri Lynn-Stone, interviews Mr. Tony Clement, our Federal Minister of Health. She fails to ask the tough questions, however, Mr. Clement, you reveal your lack of knowledge regarding the effect to natural health products and their users none the less.

Canada that have already closed their doors. There are US companies that will not ship to Canada because of the outrageous cost of this "approval" process. How is that possible when the "approval system" will so greatly increase the cost to consumers that we would not be able to afford them? Mr. Clement, you are concerned for our safety? What a joke. You cite the death of 3 Americans due to ingestion of frog venom. I am sure we do not have to be protected against ingesting frog venom (poison) as a healthy choice! (LOL) Our safety, right, you and your government subsidize shipping costs of alcohol for our northern communities (so that a bottle of beer costs the same in Churchill as Winnipeg, but check the price of milk, or bread, or eggs, between these 2 communities!) Our government rakes in \$millions\$ on tobacco and alcohol taxes. How many deaths can we attribute annually to these products? Yet, no one has ever died of

the natural health products that you and our government are trying to restrict and deny us. How many Canadians have died recently from listeriosis, caused by infected meat products. Maybe spending the money on better inspections of our food might serve Canadian's safety a little better. Instead you want to waste time and money on policing vitamins and herbs. Mr. Clement, you make an issue out of labeling these products. Well I agree, we should know what is in the products we use. But, why then, did you defeat Bill - 517, that would require labeling of GMO foods?

I am truly at a loss to understand why you, Mr. Clement, and our government, want to overtly police (with Draconian measures no less), an industry that has not caused us any harm, and actually has been a great healthy alternative for many, many Canadians.

If you feel as I do, please sign the "STOP Bill C-51, C-52 petition" to prevent these bills from becoming law, and giving you, Mr. Clement, our Minister of Health, law mak-

ing powers which will supercede our parliament and our judicial system, and thus violating our Charter of Rights as Canadians. This petition can be found at many health food stores and

herbal outlets throughout Manitoba, including Through the Arbour in Pine Falls. For more info go to: [www.nhpps.org](http://www.nhpps.org)  
**Jon O. Phillips**

## Autopac Drags Heels

Most people living in our area already know about the destruction of our cenotaph early last spring. Keeping in mind, as to when it happened, and the time involved going through the procedures with Autopac, because it was damaged by a vehicle. Now, bearing in mind that we were hoping to erect a new one before November 11, Remembrance Day. In order to ensure of this happening, we have gone ahead and ordered the stone from Lac du Bonnet Memorial, and it is ordered from China, we have had to put a down payment of 3,000 dollars to initiate the order. Surely Autopac should realize the great importance this to our legion in the Pine Falls-Powerview

district. As far as I know, we have not heard a thing from them, except to look over the extent of damage, now at least two or more months have passed since. Autopac claims it is an unusual type claim. So what? Do you have to have ten meetings to solve something of this nature? Nobody can place an actual dollar value, as it stood for years undamaged, so the next thing to accept is the cost of erecting a new one, so this predicament, stop stalling and get on with the business at hand. Come and talk to our committee, let us know what is happening, we have been patient, so get on with it eh?  
**Phil Cyr**  
**2nd Vice RCL**

<b>Thursday</b> Bud, Spud & Rib Night <b>\$8.99</b>	<b>Friday</b> Bud, Spud & Steak Night <b>\$8.99</b>	<b>Saturday</b> Bud, Spud & Steak Night <b>\$8.99</b>
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# Winnipeg River Emergency Control District

**Barry J. Kemball**  
 Emergency Co-ordinator  
 Winnipeg River  
 Emergency Control  
 District

In the past month of August this year, an emergency preparedness resident survey was mailed out to all residents of the RM of Alexander and Powerview-Pine Falls. If you still have yours lying around the house, please complete and send it back. Out of over 2,000 sent out, 23 from Powerview-Pine Falls and 46 from the RM of Alexander have been returned, with the majority of those returned being from the Beaches and Bird River area. The poor reply, a little better than 3%, leads me to believe that 97% of the population are content with their knowledge of what they should do or have on hand during a disaster. If your emergency team and first responders only had 3% of the population to be concerned about, the job would be relatively easy, however during a disaster the other 97% would

more than likely get in the way with requests for assistance that we are not prepared for.

What I am attempting to get across here is, if we do not know you need assistance, how can we assist you? At the time of a crisis/disaster, every one will be busy. If you are listed with us as requiring some type of assistance we will, as soon as possible, be attending your residence with that assistance. All we are asking is that you help us help you. Each and every request for assistance that has not been planned or prepared for causes delays and sometimes make-shift remedies have to be utilized.

I do not know, however it is has been said in conversation that the people of Powerview-Pine Falls and St. Georges are still under the impression that the paper mill still has an obligation to look after them. At one time that may have been true, but no longer. It is our own

responsibility to look after ourselves for at least 72 hours (3 days). Even Provincial and Federal assistance may take the 72 hours to respond in any crisis or disaster. We have to prepare to fend for ourselves for the first 3 days of any and all emergencies.

In response to the few replies received of the survey, the most prevalent question was what is meant by 'shelter in place'. This is the practice of going into or remaining indoors during the release of an airborne hazardous material, as opposed to evacuating the area. Unless the chemical is flammable, such as propane, emergency responders recommend that you stay indoors, ie, shelter in place.

Shelter in place is a safe response to an airborne hazardous material release of three hours or less.

Buildings can protect you by slowing the amount of air getting inside. It is important to stay indoors until told otherwise by officials.

What to do to Shelter in Place

1. Go indoors and stay there.
2. Close all windows and doors.
3. Turn off anything that moves air into or out of your home. This includes things such as your furnace, air conditioner, fireplace, ventilation fans and clothes dryer.
4. Listen to the local media for updates (CBC, CJOB)
5. For added protection you may also seal cracks around windows and doors with wide tape and rolled up damp towel at the floor space.
6. Do not exit until

told to do so. This article is the first of, with the kind assistance of The Echo that will answer your questions raised by our survey. Examples of future articles will include: evacuation procedures, why do I need an ERIK (Emergency Response Information Kit) and what it is, what to do in a tornado, and severe storms or ice storms with loss of power for long durations.

Before closing, let me repeat that, if you feel that for any reason you may need assistance of any kind during an emergency, please fill in the survey and return it to your Town (367-8483) or RM office (367-6170). Forms can also be picked up at these offices. Should you have any problems with the form, please call me 340-6192.

Until next time, be safe and plan ahead.

## Watch out for deer ticks

Lyme disease is caused by a bacterial infection that people can get from the bite of an infected blacklegged (deer) tick.

Manitobans can reduce contact with deer ticks by avoiding tall-grass habitats or wooded areas, wearing long pants and a long-sleeved shirt, tucking in clothing, using an appropriate mosquito repellent, looking for and removing ticks as soon as possible.

For more information about Lyme disease, its symptoms and how to prevent it, visit our website at [www.manitoba.ca/health/lyme/](http://www.manitoba.ca/health/lyme/)

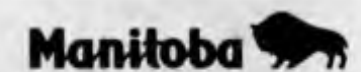
### You can help

You can help in the study of Lyme disease in Manitoba by collecting and submitting deer ticks for research purposes:

- Deer ticks are smaller than the more common wood tick. Unlike wood ticks, they do not have white markings on their bodies.
- If you find a deer tick, remove it slowly from skin or clothing using tweezers and steady pressure; avoid twisting. Cleanse area with soap and water or a disinfectant.
- Place the tick in a small, crush-proof container (for example, a pill bottle) with a piece of slightly damp paper towel (to help keep the tick alive).
- Firmly tape the lid shut.
- Check the pictures and additional information on the website to determine if your tick might be a deer tick.
- Hand-deliver or mail the sample to the address below. If mailing, place the container in a sealed plastic bag then in a cardboard box labeled: RESEARCH SPECIMENS - FRAGILE - HANDLE WITH CARE
- Include your name, telephone number and information about where, when and on whom (ex: a dog, a person) the tick was found. Deliver or mail to:

**Dr. Terry Galloway, Department of Entomology**  
 Animal Science/Entomology Building, Room 214  
 Fort Garry Campus, University of Manitoba  
 Winnipeg MB R3T 2N2

(Office hours: 8:30 am - 4:30 pm, Monday to Friday)



## Attention Physiotherapy Patients

Jenny Terrio Baturin of Physio at the Beach would like to announce that she will be expanding her hours of operation during the next several months. This will be done in order to accommodate patients from the Pine Falls area while Blue Water Physiotherapy is temporarily closed. Jenny will make every effort to meet the physio needs of her patients and she will remain open later into the fall if necessary to complete a course of therapy.

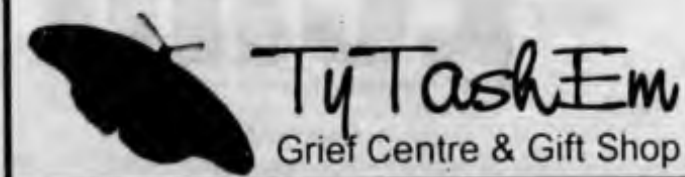
Please call 756-8165 to book an appointment.

## TyTashEm Grief & Resource Centre

19 Aleah Road, Victoria Beach  
 For directions or grief support please call 756-3861.

**Bereaved Parents:** Meet every Monday at 7:00pm  
**General Bereavement:** Anyone who has suffered a loss (including child loss) meets every Tuesday at 7:00pm  
**Gift Shop Hours:** Thursday, Friday & Saturday 10am - 3pm  
 This service is FREE any everyone is welcome.  
**Christmas Candle Light:** To be announced soon.

TyTashEm was established in loving memory of:  
 (Ty) Tyler Bonnstra, May 12th, 1981 - March 15th, 1995  
 (Tash) Natasha Bonnstra, Oct. 20th, 1979 - May 27th, 2005  
 (Em) Emily Bowcott, December 28th, 1998  
 Ty+Tash+Em forever loved, missed and remembered.



# Comment



## Election '08

There can be few of our readers who don't know where The Echo stands on the issues in the upcoming federal election, so we are going to reserve to two pages for comments by our local candidates. Since we cover three ridings - Provencher, Selkirk-Interlake and Churchill, - there will be nine candidates, we can only allow them about 250 words per week so they will have to choose their words more carefully than politicians often do.

In the meantime we have to make one last comment on Stéphane Dion's Green Plan. First it would be a disastrous blow to the Canadian Economy. Canada is a cold country and needs energy to survive in winter. It is also a big country and the cost of

transporting goods across the country is enormous enough as it is without adding an extra burden in the shape of a carbon tax. Second Dion is not a scientist, nor is he an economist. He is a professor of sociology. Professors of sociology believe that "social engineering" policies designed to modify peoples behaviour in the direction that professors of sociology think best is perfectly acceptable behaviour (to professors of sociology). Dion is not a Jean Chrétien, Chrétien promised to get rid of the GST but never had any intention of keeping his promise. Dion is scientifically and economically challenged - but he is stubborn enough to impose his carbon tax on us if he gets

elected no matter what advice he gets from Canada's very competent civil service. In this election even long-time liberals must be contemplating voting for someone else. A defeat for Dion will get rid of his silly carbon tax once-and-for-all, it will also get rid of Dion since he has to face a leadership convention if he loses an election. A convention he is not likely to survive given the fact that he only had ten percent of the support of his party on the first vote in the last Liberal leadership convention. It is understandable that he is calling this an election nobody needs. He doesn't need it. He is likely to be the first Liberal leader that never becomes Prime Minister.

## A Faith Perspective:

By Pastor Jake Doell



Each one of us has a life story which can be compared to the writing of a book. The amazing thing is that much of our life story we can choose to write as we want. We can choose our education, our jobs/careers, and where we want to live and who we want to marry. God has created us with a most unique computer - our brain. As a matter of fact no computer made with human ingenuity can even compare with our brain. Our brain records all of our life's events including the minutest details such as feelings, perceptions and even the ideas that have inspired us to do certain things.

The Bible tells us that God has our life recorded as well; "You (God) keep track of all my sorrows. You have collected my tears in your bottle. You have recorded each one in your book." (Psalm 56:8)

I do not believe that we are here as a product of chance, a random collection of cells bouncing through life experiencing whatever circumstances happen upon us. God gave us the power of choice. We have the awe-

some privilege to write our own life story.

So what are you writing in your "book of life?" You can't copy someone else's book. Each of us is created with a unique personality, different talents and abilities. The choices we make will affect the story we are telling. We all make good and bad choices and so some of the chapters in our book are "happy chapters" and some not so happy.

Someday each of us will stand before our Creator and each of our books will be opened up and read. "I saw the dead both great and small standing before God's throne. And the books were opened, including the Book of Life. And the dead were judged according to the things written in the books." (Revelation 20:12) Each of us has the choice whether we want to include a chapter in our book of life that deals with us choosing a lawyer (Jesus Christ) who will plead our case to a just and holy God when the time comes.

When we choose to include His life story in our book it will be the greatest story of our lives.



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# Comment



## On Parliament Hill

Your Voice in Ottawa, Vic Toews, MP Provencher

## The Carbon Tax Failure

This week, the Liberal caucus is meeting right here in Manitoba. Liberals will be gathering in Winnipeg and it's a certainty that Stéphane Dion's proposed new carbon tax will be high on the agenda for discussion.

Since unveiling his new tax plan, there have been contradictions and hints of secret deals from the Liberal party. Even Liberal MPs have admitted that forcing Canadians to pay higher prices for everything is a bad idea.

Liberal agriculture critic Wayne Easter, who has heard from angry farmers and rural Canadians, has said: We (Liberals) need to figure what changes have to be made to accommodate the concerns that are raised. And there are concerns. We don't deny that."

It is not surprising that Canadians are worried about prices skyrocketing as a result of this proposed new carbon tax. If implemented, there can be no doubt that there will be increases in the costs of driving a car, buying groceries or heating a home.

B.C. MP Hedy Fry has commented that the new tax will lead to price increases for Canadians, saying: "We do know that it [the Carbon Tax] will in fact increase

costs, and that, people with children and families who are buying more, of a lot of things that are coming from across the country, will increase the cost in their pocketbook."

While Mr. Dion has tried to brand this new tax as an environmental plan, it is worth noting that it contains no environmental targets. Mr. Dion and his Liberal colleagues had 13 years to live up to their commitments to reduce greenhouse gases and air pollution. They failed and emissions rose.

Our Government recognizes that climate change is the leading environmental issue of our time. Prime Minister Stephen Harper, has said that inaction on the environment heralds consequences that are beyond contemplation.

But we're not going to make promises that we can't keep. Our 'Turning the Corner' plan includes mandatory reduction targets for all industries that produce greenhouse gases and air pollution based on where we stand today, and on the unique circumstances that define who we are as Canadians and how we live and work.

Combined with our new clean energy and cleaner transportation initiatives, as

well as actions taken by our provinces, our regulations will reduce Canada's greenhouse gas emissions an absolute 20% by 2020.

In fact, just a few weeks ago, Environment Minister, John Baird, launched another important regulatory phase as part of our Turning the Corner Action Plan releasing the first of three guides that will lead to creation of Canada's Offset System for Greenhouse Gases.

Mr. Dion is going to have a lot of explaining to do this week. While he talks, our



Government continues to take real action to protect the environment and the health of Canadians while doing our part to preserve our planet. We can and will achieve our goals through responsible action. We will keep our economy moving forward and taxes low. That's real leadership.

Please feel free to contact

my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 8 - 227 Main Street, Steinbach, MB R5G 1Y7, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net.

Rewarding WORK

## Apply today for the Manitoba Child Benefit

The Manitoba Child Benefit (MCB) is a new provincial supplement that provides monthly benefits to help families needing assistance with the cost of raising children.

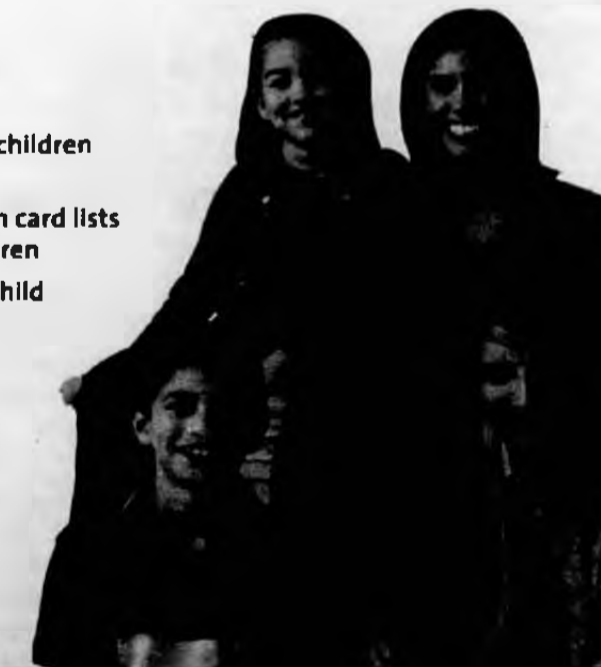
The MCB replaces and enhances the Child Related Income Support Program (CRISP).

### Are you eligible?

You may be eligible if:

- you live in Manitoba
- you have dependent children under the age of 18
- your Manitoba Health card lists your dependent children
- you receive Canada Child Tax Benefits for your dependent children
- your total family income is below a specific level

Other eligibility criteria may apply.



For more information  
 call 1-800-563-8793 or visit  
 manitoba.ca/rewardingwork

Manitoba

## North Eastman Health Association Association de santé du Nord-Est Inc. ANNUAL GENERAL MEETING 2008

The North Eastman Health Association Inc. is pleased to announce that it will be holding its Annual General Meetings on these dates in the following two communities.

**Tuesday, September 23rd - Beausejour**  
 Sun Gro Centre - South Interlake Credit Union Room  
 360 Community Lane, Beausejour, 7:00-8:30 pm

**Thursday, September 25th - Victoria Beach**  
 Senior Scene  
 1 Ateah Road, Victoria Beach, 7:00-8:30pm

Interesting Health Information Displays  
 Refreshments will be available.

"Working together to create a healthy North Eastman"

# News

## Powerview RCMP Press Report News September 1 to 9, 2008

### EVENT

The Dennis Strongquill Memorial Golf Tournament is scheduled for Sunday September 14th, 2008. 1 spot for a team of 4 is left to fill and interested persons may contact Cst. Chris Galbraith at 367-8728 to enter.

### News Report: 2008/09/01

**ALBERT BEACH** - a break, enter and theft at a cottage property resulted in an alcohol, prescription medication and a dvd player being stolen. Culprits found a spare key to the residence to gain access.

**POWERTVIEW** - investigation continues into the assault of a female by several individuals. The woman was badly bruised in the incident but did not seek medical attention.

- a female suspect was identified in a theft at a local business.

**PINE FALLS** - a sexual assault remains under investigation by police.

### 2008/09/02

**FORT ALEXANDER** - Police may be charging a person with public mischief after they reported false information regarding a theft at a residence.

**O HANLEY** - a vehicle was vandalized and several items taken after it was left due to mechanical problems on the roadside.

**RM ALEXANDER** - a complaint of assault was dealt with informally by 2

females rather than have charges laid. Both were spoken to by police and no further action was necessary.

### 2008/09/03

**FORT ALEXANDER** - Police received assistance from the local band constable when a male continued to cause a disturbance outside a residence. The man was calmed down and given a ride to a relatives by the band constable. No further action was necessary.

**RM ALEXANDER** - a patrol for a possible impaired driver was made by police but the vehicle and male driver were not located at this time. Later that same afternoon the man was located at a residence, removed and lodged in cells for his own safety until sober and to prevent any further problems from occurring.

**BLACK RIVER** - Police attended local hospital after a female had been assaulted. The woman declined to lay charges or provide a statement at this time.

**POWERTVIEW** - a complaint of gas being siphoned from a vehicle and jerry cans emptied was reported to police. No suspects were identified in the matter.

- police destroyed a marijuana plant which was recovered from a residence. No charges were laid in the incident.

### 2008/09/04

**PINE FALLS** - a residence was attended by police

in search of a male in breach of court conditions. The man was not present at this location at the time and no breach occurred. The complaint had been falsely made by an unknown source.

**BERESFORD LAKE** - licence plate N145T was stolen off a boat trailer parked by the launch.

**FORT ALEXANDER** - investigation continues into a complaint of mischief. The incident revolves around an ongoing dispute between several families.

### 2008/09/05

**POWERTVIEW** - a theft of a vehicle was interrupted when a resident observed a suspicious male standing near the car with an item in his hand. Police were called but the male had fled the scene prior to their arrival.

- an incident of threats being uttered was reported to police should anything further arise. The matter was documented at this time.

**FORT ALEXANDER** - several vehicles incurred flat tires after a make shit spike belt was thrown across a road. No suspects were identified in the incident.

- police were contacted and assisted in keeping the peace when a custody matter escalated on 2 occasions during the day. Child and Family Services were called to intervene with the children due to the unsafe nature of the situation. Investigation continues.

### 2008/09/07

**BLACK RIVER** - A com-

plaint of a domestic dispute in progress caused police to attend a residence. An intoxicated male and female, both on court conditions, were involved. The female declined medical treatment. Both were lodged in cells to prevent further incident and charged accordingly. Investigation continues.

- 2 break, enter and thefts to local teacherages were reported to police. Culprits did some damages and stole several items from the homes.

### 2008/09/06

**PINE FALLS** - a complaint of a disturbance sent police on a search of a male and female both on court conditions. The pair had left a residence on Fort Alexander heading into Pine Falls. The man a suspended driver was known to police. Police were unsuccessful in locating the vehicle and persons involved in the incident.

**RM ALEXANDER** - investigation continues into a matter of harassment. The incident involved an ongoing dispute between 2 males.

**HILLSIDE BEACH** - a break, enter and theft which occurred sometime over the past 3 weeks was reported to police. Damage to a window and several small items were taken from the place.

### 2008/09/07

**HOLLOW WATER** - a break, enter and theft at a residence resulted in a 37 inch Flat Screen TV, a dvd player and a cell phone being stolen.

**POWERTVIEW** - a male was warned by police after an incident of threats being

uttered. - investigation continues into a matter of criminal harassment.

- a 2002 Chevy Silverado truck was taken without the owners consent from a residence in the early morning hours.

- a fight at a local bar was reported to police. Just prior to police arrival a suspect had fled the scene in a red sunfire. Police did not locate the man or vehicle but learned he had been bothering other clientele during the course of the evening. The man did not return to this location.

-Police patrolled Highway 304 & Highway 11 in separate reports on dangerous or erratic driving. Both vehicles involved were not located and no further call backs were received.

**BELAIR** - a 2005 Polaris Sportsman ATV was stolen from a residence.

### SUMMARY:

Police also followed up on 4 false alarms actioned 2 requests for assistance to other police services/service of legal documents, attended 1 incident (s) under the Coroners Act, lodged 8 persons under the intoxicated persons detention act, attended 2 noise complaints, and processed 5 traffic accident reports.

Remember if you have any information on any criminal matter you can remain anonymous and contact crime stoppers at 1-800-782-8477 or the Powerview RCMP at 367-8728.

For those of you who want to sign your child(ren) for this school year, we do have a few spots left in both the 3 and 4 year old programs. Your child(ren) will have a fun filled morning of gym time, circle time, crafts, science and more. For more information you can reach me from 8:30am to 12:30pm Monday through Friday at 367-8082. Or if you'd rather come by and take a peek at our classroom and register your child(ren) we are located at the old Pine Falls School (#2 Walnut St., come in through the main front doors, straight down the hall).

Sincerely,  
Nancy Windsor, Director  
Pine Falls Preschool Co-op

Some of you may or may not know that the 2008/09 school year for the Pine Falls Preschool has begun. I'd like to start off by saying welcome to all the new and returning students to the preschool. And a BIG WELCOME TO ALL THE FAMILIES.

Hello everyone, my name is Nancy Windsor and I'm the new early childhood educator and director of the Pine Falls Preschool. I'd like to say thank you to the Board of Directors of the Pine Falls Preschool for giving me the opportunity of educating and caring for some of the youngsters in the area.

I'd like to also take this

opportunity to introduce myself. I was born and raised in the Pine Falls area where I attended and graduated from Powerview School. Once graduating from high school, I moved to British Columbia where I resided for approximately for 10 years. I've recently moved back to the area and obtained my diploma in Early Childhood Education and a certificate in the studies of Aboriginal Child Care. I've had many years of experience in working in licensed daycares providing quality care to infants, preschoolers and school-aged children. Along with working in childcare, I am a proud mother of three

children: two daughters( 15 and 13) and a one year son. I look forward to a wonderful year of caring for your 3 and 4 year olds and watching them grow physically, emotionally, socially and cognitively. I realize that I have big shoes to fill since Kathy Duff has done such a wonderful job, but rest assured that your children will receive TOP QUALITY CARE and will have fun, feel safe, and enjoy learning while in my care. I believe that families are the most important people in a child's life, therefore family participation is welcomed along with communication between parents and teacher

is encouraged. Please do not hesitate to ask me any questions, and since this is my first year at a new school, if I don't know the answer I will find the answer for you.

I'd also like to thank the families for signing the donation list, your generous donations to our classroom are what contributes to our on going success. If anyone has any 'junk' (household items, containers, etc.)at home that they need or want to get rid of let me know. You know what they say...one man's garbage is another man's treasure. Recycled items are a great medium for our young artistic minds.

# Community

## Winnipeg River Learning Centre



Please forward health related questions to: Health Corner, Box 1030, Lac du Bonnet District Health Centre; phone: 345-8647; or Email carvis@neha.mb.ca. For more health information, please, visit the NEHA website: www.neha.mb.ca.

### What You Need to Know About Your Digital Camera and Your Computer

Digital photography basics is a course being offered at the Winnipeg River Learning Centre in Pine Falls School for anyone & everyone who is interested in learning about the diverse features of a digital camera. The first course is a series of 3-hour workshops, providing a primer on using the digital camera, transferring images from camera to computer, and the basics of image editing. Students will then explore the camera further by familiarizing students with the potentials and features available with Adobe Photoshop.

### Canadian Firearms Safety Training

Anyone wishing to take their Canadian Firearms Safety Courses (CFSC) can

do so at the Winnipeg River Learning Centre. After the course, students will be able to comfortably and safely handle a wide variety of firearms, and will be familiar with current laws. In most provinces the Canadian Firearms Safety Course Exam(s) must be passed in order to get a Possession and Acquisition Licence - the actual training course is optional.

Anyone wishing to challenge the CFSC exam, can do so, please call the Winnipeg River Learning Centre for more information.

**Tree Pruning**  
The Winnipeg River Learning Centre is offering two programs on tree pruning. How to Prune Landscape Trees & How to Prune Apple/Fruit Trees.

For more information on these courses or any other courses we are offering, please call the Winnipeg River Learning Centre at 367-2761 or Email Lesa at wrlc@mts.net.

### How does the Community Health Assessment (CHA) process happen?

Being the best one can be mentally, emotionally, spiritually and physically is the true definition of health. To arrive at this ultimate state of well-being, a complex set of factors interact to influence health. These factors, or determinants of health, include: income, social status, support networks, education, working conditions, employment, lifestyle choices, access to health services, genetics, culture, and gender.

The Community Health Assessment (CHA) presently underway in North Eastman is a process that provides us with an informative picture of the overall health of people in the region. The objective of the CHA is to identify community health strengths and needs, examine contributing factors, and establish health priorities/objectives. Armed with this infor-

mation, NEHA and its community partners can implement or improve policies, programs, and services, as well as advocate for resources targeted at improving the community health status and quality of life for residents of the region.

### Who is the CHA TEAM?

A successful Community Health Assessment is all about team work: T.E.A.M. - Together Everyone Achieves More. The NEHA CHA Lead is Dr Bunni Fatoye, with Suzanne Dick as Project Coordinator. Together with a dedicated team of health care professionals, partners and community members, they are working hard to create a healthier North Eastman and a successful CHA process.

Where does information for the CHA come from?

Information needed for the CHA is collected from a variety of sources including Manitoba Health, Health Canada, and local community consultations. This fall, members of the NEHA CHA team will be talking to people in the community about factors that affect health. Community members will be invited to provide their input in a variety of ways, including: participating in focus groups, personal conversations, surveys, question-

naires, and community meetings.

This input is essential to help identify what the health priorities are at the community and district levels. It assists health planners understand the 'why' behind health trends, providing insight that numbers alone cannot.

Community input also increases the likelihood that the CHA will be relevant to the health planners and the probability that users of the information will trust the findings that arise from the assessment.

### Sharing Information

The 2008/09 CHA process will conclude with a written report submitted to Manitoba Health. All CHA reports are public documents available to community members and partners to view. The 2003 CHA report and summary can be found on the NEHA website www.neha.mb.ca or by visiting your local library. Feedback to the community and partners regarding the ongoing 2008-2009 CHA, will be provided in the spring of 2009.

If you have any questions regarding the CHA, please call our toll free number at 1-877-753-2012

Submitted by  
Kelly-Lynn Bekar

## TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
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- Greeting Cards
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- Gifts

# PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m. — DISPENSARY

**367-2611** **367-2517**

### Explore the Trade of your choice

Have you ever thought of obtaining a career in an Apprenticeship Trade?  
Have no idea of what trade you are interested in?  
Just not sure that a career in the trades is a good career option for you?  
Have a sincere interest in exploring trades as a career option?

A program specifically designed for exploring Trades as a career may be coming your way in early winter of 2008. JUST Training Corporation invites you to learn more about the potential upcoming Pre-Employment Trades Exploration Program.

Find out if this program is suitable for you. You may be eligible if you fit into one of these three categories:  
1. underemployed (working less than an average of 20 hours/week) and current or previous Employment Insurance (EI) recipient or 2. unemployed and receiving or eligible for Employment and Income Assistance benefits or 3. a lower income individual or family

To find out more about the program, and to pre-register for an Orientation session regarding the Pre-Employment Trades Exploration Program; contact JUST Training Corporation at: Phone 345-2686; Cell 345-3456; Fax 345-6334 or e-mail to justtraining@mts.net. ERegistration deadline Sept 12 to attend one of the orientation sessions scheduled for Sept 17 (either the 3:00 to 5:00 pm session or the 6:30 to 8:30 pm. session).

Funding Provided by:  
The Government of Canada  
Canada The Manitoba Government  
Manitoba

# 4P Festival 2008

## Metis Family Entertainment

Sunday, August 31st we held our 2nd Metis Family Entertainment afternoon in conjunction with the 4P Festival.

We had a crowd of around 300 in attendance. Young and old were entertained by the "Gaudry Boys", a Metis band from St. Laurent, Manitoba. Their fiddling and musical skills were amazing for a band as young as they are.

We were also entertained by the excellent jigging and square dancing of "Brenda Lapointe and the Half Pints" from Winnipeg. These well trained, beautifully attired young ladies love to dance. You could tell by the radiant smiles they had during their performance.

Once again the crowd really enjoyed the entertainment with their toes tapping and hands clapping along with the music.

We are very fortunate to have such talented young people who are proud to

show their Metis heritage through their music and dance.

During the afternoon we sold 50/50 tickets to start a bereavement fund to help families who have lost a family member and need some financial help with the funeral. We were able to collect \$202.00. Thank you to all who purchased tickets.

The Powerview Metis Local would like to thank our Vice-President, Denise Thomas from the Southeast Regional Office for coming out to our event and the financial assistance we received from them to help us put this event on.

A special thank you to Raymond Garand our Master of Ceremonies for the afternoon. His story telling while the band was setting up was very entertaining and informative.

A big thank you to all our volunteers, especially Craig Berthelette, Connie Boyer,



Rita & George Fontaine and Val Garand. Without your help we would not have been able to put this event on. Also, thank you to our local executive, Earl Boyer, Gunner Berthelette and Susie Chevrefils.

We hope to see everyone come out again next year during the 4P Festival.



## Diehards win 4P Baseball Tournament



Above: The Diehards defeated Crucial Unit in the A event final at this year's 4P Festival Slo-pitch Tournament. They took home \$1000.00 first prize along with dufflebags.

The 2008 4-P Slo-Pitch Tournament was held on the labor day weekend. The tournament was hosted by The Pine Falls Ol Kings.

The contestants on the A side were 2 local teams, they

were, Melissa Cure's "Diehards" who received \$1000.00 and Molson Duffel Bags as champions. The runners up were Ray Jay Bouvier's "Crucial Unit" who received \$ 700.00

On the B side, the cham-

pions were Roddy Getz's, "Ringers" out of Selkirk, they received \$ 600.00 and Molson T shirts. The runners up on B side were, Sagkeengs, Harold Bird's "Smokin' Aces" they received \$ 500. 00



A-Side runners-up in the 4P Baseball tournament - Crucial Unit.

# 4P Festival 2008



CORRECTION: Second Place 4P Fishing Derby: Jamie, Patsy and Walker Berthelette, and Flo and John Walker



CORRECTION: Third Place 4P Fishing Derby: Connor, Ian, and Nolan Cyr



Payton, Danny and Chad take their jobs seriously on the Tembec float at the 4P Parade on Sunday. The parade was a great success and Terri Papineau, who was on the organizing committee, issued a "big thank you" to all the businesses who participated. "It is a busy week and for them but they still put something together and showed their community spirit." She said.

## 1-800-498-7806

"It's worth the trip!"

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<p><b>2004 Nissan Quest S van</b> very well equipped &amp; loads of room for all of your needs</p>	<p><b>2004 Toyota HIGHLANDER</b> Awdrive V6, auto, leather seats, alloy wheels plus so much more! Check this one out</p>	<p><b>2002 GMC Envoy SLT</b> loaded incl leather seats, alloy wheels, running boards plus so much more!</p>	<p><b>2001 Ford Ranger XLT</b> 4x4 xtra cab auto, air, power group, alloy wheels, box liner, tow package plus more</p>	<p><b>2003 Toyota Tundra</b> Access cab 4x4 V8 auto, air, power group, privacy glass, alloy wheels plus more. Another local trade in</p>
<p><b>2003 Dodge Dakota Crew Cab</b> 4x4 looking for a good truck? Check this one out</p>	<p><b>2004 Chev Avalanche</b> 4x4 very nice truck, check this one out!</p>	<p><b>2004 GMC 2500HD</b> 6.6L Diesel 4x4 lots of options &amp; shows very well</p>	<p><b>2004 Chev Silverado</b> 4x4 xtra cab Z71 package plus so much more</p>	<p><b>Dodge Dakota Sport</b> xtra cab 4x4 very well equipped check this one out</p>
<p><b>Mazda B4000 4x4</b> xtra cab air, cruise, alloy wheels, plus so much more</p>	<p><b>2004 Toyota 4Runner Sr5</b> V8 Sport, 7pass, power group, alloy wheels, low pkg plus more</p>	<p><b>2005 Mazda Tribute SUV</b> Auto, air, cruise, power group plus more Check this one out!</p>	<p><b>2005 Ford Escape XLT</b> auto, air, cruise, power group plus so much more</p>	<p><b>2005 Jeep Liberty Sport</b> great looking unit. Just arrived call for more info!</p>

# Entertainment

## EMCA Celebrates with Ray St Germain and Sierra Noble

By Marion Delaney

What a combination! Manitoba's Entertainer of the Year, Ray St. Germain along with fiddle/violin virtuoso Sierra Noble will open EMCA's new season on Friday, September 19, 2008. This will be a celebration to mark the 35th Anniversary of the first professional concert that took place on the EMCA stage in the fall of 1973.

Ray St Germain never stops. He is still writing songs, still making records and still performing to sell-out crowds. It's what Ray does and he has been doing it for over 50 years. George Raymond, Music Director of NCI FM says it all. "Ray St. Germain is a legend. Our Dad's love him. We love him. Our kids love him." Ray joined his first band back in 1954 when he was 14. In these early years he wowed audiences with his hip-swivelling rockabilly. He learned his trade in the country band led by Hal Lone Pine, his wife Betty Cody and their jazz legend son, Lenny Breau. They were featured on CKY's Caravan weekly radio show as they travelled about the province. CKY said that Ray St Germain's record "She's a Square" was the first local rock'n'roll 45 they ever played. During this time he performed on the bill with such greats as Johnny Cash, Porter Wagoner and Johnny Horton.

St. Germain's television career began when he won a

national CBC talent contest called Talent Caravan. This led to many television series in the '60s such as Music Hootenanny, Time for Livin' and My Kind of County. Throughout this time he also did more radio work, hosting Country Kings on CKDM Dauphin and Afternoon from Winnipeg on CBC with Murray Parker. In 1978 Ray produced Ray St. Germain Country for CKND which won the Gold Medal at the Can Pro Awards for Best New Variety Series. That was followed by a 13 year run of Big Sky Country on Global.

After many television shows and tours to as far away as Germany, Cyprus and Israel. Ray went back to radio as program manager for NCI-FM. For eight years he hosted the Drive Home Show and still hosts the Métis Hour X 2 with co-host Naomi Clark on Saturday mornings. Ray co-produced, wrote, and performed on "Rhythms of the Métis" for the APTN-TV series featuring Métis music. He was the voice of the Bear on the award-winning children's series "Tipi Tales" on YTV and APTN.

Ray has received many honours and awards including The Aboriginal Order of Canada, induction into the Manitoba Aboriginal Hall of Fame and no less than four awards from the Manitoba Association of Country Arts. Ray is also honoured in the "Canadian Country Music Hall of Fame" in Calgary.

Sierra Noble, just barely



Sierra Noble

18, has been studying classical music for most of her life. When Sierra was 8 years old, she was drawn to the music of the Métis people. Tutored by Manitoba fiddler Tommy Knott, she has developed a huge repertoire of fiddle melodies. She also plays Celtic, bluegrass, country, jazz and world beat. Recently, she has introduced vocals to her performances.

Sierra has travelled to France and Belgium where she was the fiddler on the eight-day Aboriginal Spiritual Journey in 2005. Two years later she played at the Vimy Memorial for the 90th Anniversary Ceremony of the Battle of Vimy Ridge. That same year she travelled to Mexico, where the Province of Manitoba hosted Canada week in Monterrey and Guadalajara. Sierra has toured from Nova Scotia to the Yukon to perform in festivals, fundraisers, school presentations and fiddle workshops. She is currently preparing for a multi-city Canadian tour, The Spirit

Train, to promote the 2010 Olympic Winter Games in Vancouver. Her passion for music is matched by her passion for making a difference.

Ray St. Germain



Voyageur for fiddling and jiggling. She is also the recipient of three humanitarian and volunteer awards including The Queen's Golden Jubilee Medal.

These two exceptional Manitoba musicians will take the stage at 8:00 p.m. on Friday September 19, 2008 at the Pinawa Community Centre, 20 Vanier Ave, Pinawa. For ticket information phone Cathy at 753-2767 or visit EMCA's website at <http://www.emcacerts.com>.

EMCA - Eastern Manitoba Concert Association Presents

Ray St. Germain with Sierra Noble

Country/Métis Musical/Roots

Friday, Sept. 19th, 2008 at 8:00pm

Pinawa Community Centre 20 Vanier Drive, Pinawa

Single Performance: Adult \$20-Student (K-12)\$10.

Call Cathy 753-2767

Celebrating 35 years of Music

[www.emcacerts.com](http://www.emcacerts.com)

# Features

## Cougars, Wolves and Wolverines

### A natural history of the East Beaches and Winnipeg River

#### Monarch Butterfly

By Charles Norman

The monarch butterfly is one of Canada's biggest butterflies with a wingspan of about four inches. It is of special interest because of its migration pattern, and the involvement of the Manitoba Model Forest in preserving its overwintering habitat in Mexico.

The Monarch Butterfly feeds on milkweed and is found almost everywhere where milkweed is found.

It is native to North America and, following agricultural development and the increase in suitable habitat for milkweed, has spread all over the United States and southern Canada. It has spread to Argentina, Bermuda, the Azores and Canary Islands, Hawaii, India, New Zealand and Australia. It is occasionally found in Europe but has not become established there because of lack of suitable feed.

There are some populations that do not migrate, but in North America Monarchs migrate to a forest between

70 and 170 km west of Mexico City, where they collect in one of only 30 tiny overwintering sites of just a few acres. They pass the winter hanging from a few trees, and have been known to collect in high enough numbers to break branches of the host tree. One estimate put at 14 million the number of Monarchs in one small overwintering location.

The altitude of the forest is around 3,000 metres and the winter temperature stays a few degrees above freezing for the entire winter. On occasional days of warm sunshine the entire popula-

tion will suddenly take to the wing. It can be imagined what a spectacle it makes to suddenly see 14 million Monarch Butterflies glittering orange and black in the sunlight.

Several years ago, the Manitoba Model Forest, under the leadership of the late Mike Waldram, carried out a program to protect these overwintering sites which were being threatened by logging. They planted 240,000 trees and worked to help the local people develop new sources of income to reduce their dependence on logging. The project was so successful that the Model

Forest received the Manitoba Award for Excellence in Sustainable Development.

The curious thing about the Monarch's migration is that it does not live long enough to travel from Canada to Mexico. Three generations are necessary for it to travel from the north to the south of its range. There is no way for it to learn the route to these very few trees in Mexico. They emerge from the chrysalis knowing the way to go and where to find those very few trees.

In winter their metabolism slows down sufficiently for them to live through the winter.



FOR SALE & REMOVAL  
RCMP TRAILER  
POWERVIEW, MB

Public Works and Government Services Canada (PWGSC), on behalf of the Royal Canadian Mounted Police (RCMP), wishes to obtain information by 14:00, September 17, 2008, with respect to the sale and removal of a trailer located in the Dufour Trailer Park, Powerview, Manitoba.

This 1981 single-wide trailer is wood framed with aluminum siding.

Disposal involves the removal of the trailer from the site, capping off all services, and full site restoration to the satisfaction of the RCMP, all by September 30, 2008.

For invitation and Offer forms please contact:

Powerview RCMP Detachment  
265 Main Street  
P. O. Box 250  
Powerview, Manitoba R0E 1P0  
Phone: 204-367-8728

For further information contact:

Linda Veenevan  
Real Estate Services Western Region  
PWGSC  
Telus Plaza North, 5th Floor, 10025 Jasper Avenue Edmonton, Alberta T5J 1S6  
Phone: 780-497-3713

Sealed offers will be accepted until 14:00, September 17, 2008, at the following address:

Bid Receiving Unit  
PWGSC  
Telus Plaza North, 5th Floor  
10025 Jasper Avenue  
Edmonton, Alberta T5J 1S6

THE HIGHEST OR ANY OFFER NOT NECESSARILY ACCEPTED

Canada

## Recreation Updates

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

There is a lot of new information down below for you to go through so I will keep my information short. I am still waiting to confirm children's evening programs at Walter Whyte School regarding gymnastics and dance. Once I have that info I will share with you. Natasha Joy would like to run a Saturday morning 11:30 AM Bootcamp in October. I am working on a location, she needs 10 - 12 people to confirm and cost will be \$8.00 per class. Pineview Minor Hockey needs officials for this year's hockey season. There are clinics coming up in Beausejour on September 20th and Lac Du Bonnet October 19th. All registrations and payment must be done online at [www.eastman-minorhockey.ca](http://www.eastman-minorhockey.ca) and follow the programs for officiating registrations. There will also be a coaching clinic that is mandatory for coaching hockey available in Pine Falls on October 18 at Powerview School. Once again registration must be complete on line at [www.eastman-minorhockey.ca](http://www.eastman-minorhockey.ca). That's it for now, I have to get ready for the Big Bike Ride and peddle for Taylor's Team for Hope. Have a great week!

Lori Vialoux  
367-9142  
Pineview Rec Director

**CHILDREN & Teens**  
Junior Curling  
Pine Falls Curling Club  
For ages 11 +  
Registration cost and dates are not yet confirmed. For more information please contact Melinda 367-4682 or Fay 367-8968

**Tumblers Gymnastics**  
Pine Falls School Gym  
Monday, Tuesday & Wednesday's  
Kindergym \$90.00(ages 3&4),  
Juniorgym \$90.00(ages 5 & 6),  
Recreational \$120.00(7 & up),  
Pre-Competitive \$240.00 &  
Competitive \$340.00  
For more information contact Audrey Cure 367-4963 or pick up registration forms at the Pineview Rec Office located at the Pine Falls School.

**Pineview Minor Hockey**  
Pine Falls Arena  
Initiation \$50.00 (born 2002, 2003, 2004), Novice \$290.00 (born 2000, 2001), Atoms \$330.00 (born 1998, 1999), Pee Wee Girls \$330.00 (born 1996, 1997), Pee Wee Boys \$335.00 (born 1996, 1997), Bantam/Midget Girls \$375.00 (born 1991-1994), Bantam Boys \$375.00 (born 1995, 1994), Midget Boys \$425.00 (born 1991, 1992, 1993)

Time payment is acceptable. \$25.00 late fee to applications after September 20, 2008. Pineview Recreation Winter Membership is mandatory for hockey registration \$128.00 + \$6.40 GST = \$134.40 made payable to Pineview Recreation Commission.  
For more info contact Natalie 367-9519 or pick up registration forms at the Rec Office located at the Pine Falls School.

**Junior Golf Night**  
Free For Kids ages 16 & under  
Grand Pine Golf Course  
Every evening @ 6:00 PM  
excluding some tournament dates  
9 Holes  
\$10.00 for adults playing with juniors  
Juniors 12 years and under must be accompanied by an adult. Tee times will be on a walk on basis - tee times will not be reserved. Golf club with bags & balls will be provided subject to availability for juniors. For more info contact 756-2345.

**ADULT**  
Darts  
Branch 64 Darts @ Royal Canadian Legion  
Tuesday Nights 7:00 PM  
League play starts October 15th. Do not have to be a legion member to play.  
Come out and bring a friend on fun nights October 1 & 8.  
For more information contact Jackie Prowse 367-8332

**Canadian Firearms Safety Course**  
Winnipeg River Learning Centre, Pine Falls School  
Saturday, September 13th  
9:00 AM - 6:00 PM  
For ages 18+. If you own firearms or buy ammunition, you MUST have a Firearms License. Exam to follow course for the Possession and Acquisition License.  
\$65.00 per person/pre-registration required. Maximum 8 people.  
Please contact Lesa 367-2761

**How To Prune Landscape Trees**  
Winnipeg River Learning Centre, Pine Falls School  
Tuesday, September 16th  
10:00 AM - 12:00 PM  
\$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

**How To Prune Apple Trees**  
Winnipeg River Learning Centre, Pine Falls School  
Thursday, September 18th  
10:00 AM - 12:00 PM  
\$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

**Curling**  
Pine Falls Curling Club  
Men's League (Monday Night),

## Pineview Recreation Commission - Lori Vialoux, Rec. Director

Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls  
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: [prarec2003@yahoo.ca](mailto:prarec2003@yahoo.ca)

**Junior League** (Tentative Tuesday Night), Ladies League (Wednesday Night) Drop In Curling (Thursday Afternoons) Mixed League (Friday Night).  
Registration date October 6th at Pine Falls Curling Club 7:00 - 7:30 PM. AGM to follow registration. Registration costs to be confirmed. For more information please contact Gloria Brody 367-2656 Melinda 367-4682 or Fay 367-367-8968.

**Curling**  
Victoria Beach Sports Club  
Ladies League (Monday & Thursday) Men's League (Tuesday & Wednesday) Mixed Fun League (Friday's)  
For more info or team registration contact Tracey 756-3742 or Cathy 756-2662

**Curling Grand Marais Recreation Association**  
Men's League (Wednesday & Thursdays), Drop In Curling (Wednesday Afternoon @1:00)  
For more information or team registration contact Chris Jensen evenings 754-3058 or email [gcjensen@mts.net](mailto:gcjensen@mts.net)  
Mixed League (Monday Nights)  
For more information or team registration contact Lori Rotchik 754-2128

**RCMP Golf Tournament**  
Pine Falls Golf Course  
Sunday, September 14 @10:00 AM  
18 Holes  
For more info contact 367-8463

**Men's Golf Night**  
Grand Pine Golf Course  
Thursday's @ 2:00 PM  
\$7.00 Entry Fee  
Front nine scores count towards weekly event. Prizes.  
Book your time with golf shop 756-2345.

**Junior & Family Golf Night**  
Grand Pine Golf Course  
Every evening @ 6:00 PM  
excluding some tournament dates  
Free For ages 16 & under 9 Holes  
\$10.00 for adults playing with juniors  
Juniors 12 years and under must be accompanied by an adult. Tee times will be on a walk on basis - tee times will not be reserved. Golf club with bags & balls will be provided subject to availability for juniors. For more info contact 756-2345.

**Ladies & Couples Golf Night**  
Grand Pines Golf Course  
Every night all year long!  
6:00 PM  
\$10.00 per person

**Quilting**  
Seniors Scene, Victoria Beach  
Every Thursday at 1:00 PM

Have an unfinished quilt at home or interested in learning how it's done - head over to the Seniors Scene and spend the afternoon with some delightful ladies.  
For more info contact Marlene 756-2752.

**How To Prune Landscape Trees**  
Winnipeg River Learning Centre, Pine Falls School  
Tuesday, September 16th  
10:00 AM - 12:00 PM  
\$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

**How To Prune Apple Trees**  
Winnipeg River Learning Centre, Pine Falls School  
Thursday, September 18th  
10:00 AM - 12:00 PM  
\$25.00 per person/pre-registration required. For more info contact Lesa 367-2761

**SENIORS**  
Strength For Seniors  
Rivers North Fitness Co-Op  
Monday's & Thursdays  
10:00 AM & 11:00 AM  
Free program open to all seniors 55+. Class includes Chi Qungg Tai Chi, exercise ball & stretching. For more info contact Tina 367-9128

**Dinner Dances**  
Senior Scene, Victoria Beach  
September 20 & October 18  
Phone 756-6468  
[www.seniorsceneinc.com](http://www.seniorsceneinc.com)

**Line Dancing**  
Senior Scene, Victoria Beach  
Every Tuesday @ 10:00 AM  
Drop In Fee Members \$2.00  
Non Members \$3.00  
A wonderful way to exercise your body and challenge your memory.  
For more info contact Judy 756-3132  
[www.seniorsceneinc.com](http://www.seniorsceneinc.com)

**FOR ALL AGES**  
Hunter Safety Course  
Saturday, September 27th  
For ages 12+  
Cost \$35.00. Must pre register by calling Ron Pachkowsky 367-8056

**First Aid Class Level B**  
Pine Falls School  
Saturday & Sunday September 8 & 9th  
8:00 AM - 4:00 PM  
\$120.00 includes books and AED (Automatic External Defibrillator)  
Advance payment required for the course minimum 6 people required.  
For more info contact Ron Bruneau 367-8989

**Badminton**  
Pine Falls School Gym  
Sunday & Thursday evenings starting October 2nd  
For ages 15 & Up (under 15

must be accompanied by a parent)  
7:00 PM - 9:30 PM  
\$25.00 Per Person, \$45.00 Couple, \$60.00 Family  
For more info please contact Ginette Vincent 367-8244 or 367-9970

**Body Sculpting**  
Walter Whyte School  
Every Monday & Thursday starting September 15 & 18  
6:30 - 7:30

Total body conditioning including muscular endurance & strength and cardiovascular conditioning. New challenges every class. For ages 16 - fit seniors.  
\$6 per class if prepaid for the month or \$10 drop in fee.  
For more info contact Natasha 756-3868

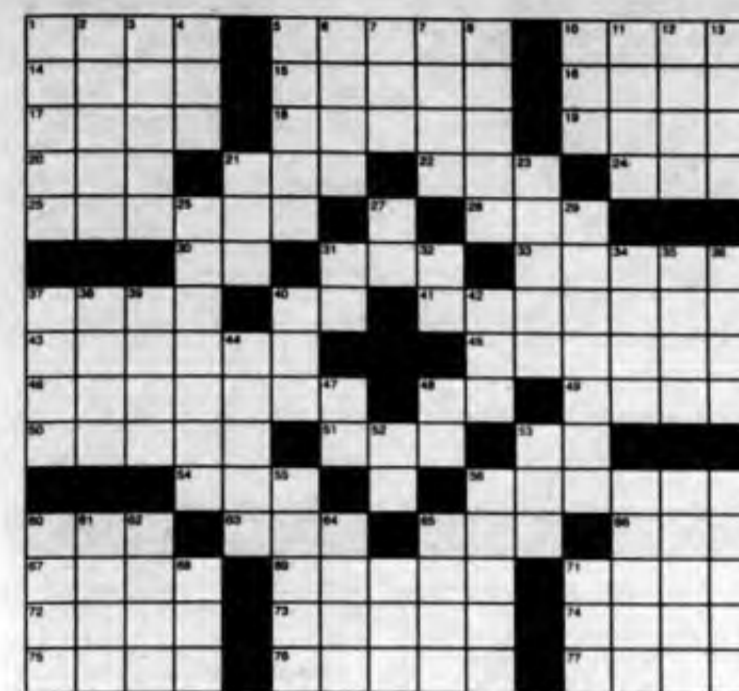
**Total Body Workout**  
Starting September 8th - May 2009  
Monday & Wednesdays  
7:00 PM - 8:30 PM @ St. Georges School Gym  
\$20.00 per month/ Family plans available  
Kickboxing (with or without pads), Stretching, Skipping, Rubber Bands, Circuits & Felt Pads  
Loose Weight & Feel Great!  
Contact Nick Bonekamp 367-2702 or Paul Roberts 367-8018

**Rise & Shine Fitness Class**  
8 Week Program Starting September 8th  
Monday, Tuesday, Wednesday & Thursday  
6:30 AM - 7:30 AM @ Pine Falls School Gym  
\$80.00 for 32 Classes  
You are welcome to come to all classes or pick and chose what days work best for your schedule. Need 20 people registered to start the program.  
To register call the Pineview Rec office 367-9142 or Kim Bonekamp 367-2107 or email [kbonekamp@hotmail.com](mailto:kbonekamp@hotmail.com)

**Sagkeeng Balancing Wellness Centre**  
For Males & Females Ages 13-40  
Programs include support groups for healing, nutrition, building confidence & self-esteem. Plus support for residential school survivors to help move on from the effects of residential schools. Issues include: loss of language and culture, abandonment, identity, colonization, loss of parenting skills, abuse in the residential schools and effects. For more information contact Lillian Cook 367-2755.

**Festivals & Events**  
Grand Marais Annual Fall Supper  
Saturday, September 27, 2008  
Continued on page 14

## Weekly Crossword



- 53. 16th letter of the Greek alphabet.
- 54. Go astray in belief.
- 56. Plead in support of.
- 60. Very early.
- 63. Gab.
- 65. Playfully artful.
- 66. 25th letter of Arabic alphabet.
- 67. Distinct periods of time.
- 69. Authoritative.
- 71. Greedy.
- 72. Cost of something.
- 73. Behave theatrically.
- 74. Quantity of medicine prescribed.
- 75. For fear that.
- 76. 1.0567 U.S. liquid quarts.
- 77. Became colored.

- formed in 1949.
- 13. Crush.
- 21. Yearn for.
- 23. Well known.
- 26. Confounded.
- 27. Paris Burning?
- 29. Permanent legal residence.
- 31. Chemical symbol for actinon.
- 32. 5th letter of Hebrew alphabet.
- 34. In the know.
- 35. Town in Berkshire, England.
- 36. Fasting period from Ash Wednesday to Easter.
- 37. Cheat.
- 38. Roundish projection.
- 39. Writes further.
- 40. Fury.
- 42. Soak flux.

- 44. Board for grinding.
- 47. Chemical symbol for sodium.
- 48. In the manner of.
- 52. Attend to.
- 53. Employ busily.
- 55. Confuse.
- 56. Kurt \_\_, German chemist.
- 57. Diplomatic agent.
- 58. Semblance.
- 59. Terminated.
- 60. Well-being.
- 61. Sea eagle.
- 62. Ravages.
- 64. One of the Shinto deities.
- 65. Put in position.
- 68. Price something.
- 70. River in southern France.
- 71. Find sum of.

### Across

- 1. Story or tale.
- 5. Ethical
- 10. Pale color.
- 14. Scold.
- 15. Enraged.
- 16. 6th month of Jewish calendar.
- 17. Gula.
- 18. Join securely.
- 19. Prohibit emphatically.
- 20. Female swan.
- 21. British progressive rock band formed in 1968.
- 22. Human leg.
- 24. 1960s style of dress.
- 25. Eats into.
- 28. Become careless.
- 30. In connection with.
- 31. Light, silvery-gray color.
- 33. Absorbent paper.
- 37. Newspaper nameplate.
- 40. Fashionable; stylish.
- 41. Hermit or recluse.
- 43. Roomer.
- 45. Central New Jersey township.
- 46. Belly.
- 48. On or near.
- 49. U.S. bronze coin.
- 50. Intermediate or intervening.
- 51. Stomach muscles.

### Down

- 1. Search for blindly.
- 2. Impatiently longing for.
- 3. Person who takes shorthand dictation.
- 4. Begin.
- 5. Very small creatures.
- 6. Metal-bearing rocks.
- 7. Escaped.
- 8. On top of.
- 9. Formerly Kaufmann Peak.
- 10. 23rd letter of Hebrew alphabet.
- 11. Same as previously given.
- 12. Defense organization

### Last Week's Answers



## CRYPTIC PUZZLE



IJRTWFDH HTSXNXYX TK HMTXNSL DTZW  
INHIFYTWX, FKJYW YMJD'AJ YTQI DTZ BMFY  
DTZ YMNSP NY NX DTZ BFSY YT MJFW

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

### Last Week's Solution

IT'S KIND OF FUN TO DO THE IMPOSSIBLE - WALT DISNEY

## Weekly Horoscopes

September 3 to September 9

**ARIES** (Mar. 21- April 20) Your health may have suffered due to neglect or abuse. Overindulgent people will cause disruptions in your life. Deception and confusion regarding your status in society is likely. Problems with females you live or work with will try your patience and cause temper flare ups.

**TAURUS** (Apr. 21- may 21) You'll be able to discuss your ambitions with your mate. Chronic health problems are likely to surface if you are keeping your problems locked up inside. You are best not to discuss your personal life with others. Your depressed mood has been hard to shake.

**GEMINI** (May 22-June 21) Get on with business. Opportunities for new and exciting relationships will be yours if you get out and join groups. You can gain distinction; however, it may be for the wrong reasons. Travel should be on your mind.

**CANCER** (June 22-July 22) Don't give them the use of your credit card. You can make a difference if you take a position of leadership. Be sure to get involved in self improvement programs that will bring you in contact with interesting people. Be on your best behavior.

**LEO** (July 23-Aug 22) This is a wonderful day to look into courses or hobbies that interest you. You will be full of energy and you need to find something constructive to do. Social activity should be on your agenda this week. Use your genuine warmth and compassion to win hearts.

**VIRGO** (Aug. 23 -Sept. 23) You may want to take a look at courses offered at a local institute. Minor accidents are likely if you take risks. You must deal with an emotional problem with your loved one that you have been avoiding for some time now. Don't let jealous friends put you down, making you insecure about your capabilities.

**LIBRA** (Sept. 24 -Oct. 23) Your ability to deal with others will help you accomplish your goals. This could be a difficult day to deal with coworkers. You could make extra cash through creative hobbies. A change is as good as a rest. Don't go looking for change.

**SCORPIO** (Oct. 24 - Nov. 22) Your ideas are right on the mark and your work commendable. Exercise discipline when it comes to controlling bad habits. Be sure you get accurate information. Rely on yourself and you will look good to superiors.

**SAGITTARIUS** (Nov. 23 -Dec. 21) You can be sure that any dealing with large institutions should go well. Set a limit on the amount you're willing to spend, and be sure to stick to it. Your emotional partner may make you angry this week. You should consider submitting some of your written work for publication.

**CAPRICORN** (Dec. 22- Jan. 20) Keep your thoughts and opinions to yourself and you won't get dragged into an unsavory debate. You will gain a lot if you listen. Cultural activities will prove to be quite enlightening for everyone. Your emotional state will vacillate.

**AQUARIUS** (Jan. 21 -Feb. 19) You should look into making some physical changes, such as new hair color or toning up your body. You can purchase items that will enhance your appearance. You can get your point across and make valuable connections. You may have a problem keeping secrets.

**PISCES** (Feb. 20-Mar. 20) Don't go overboard; start small and work toward building it up slowly. You will need a little competition this week. Get involved in activities that will stretch your stamina. Get the red tape and the unwanted paperwork out of the way. Residential moves will be hectic and may be unsatisfactory.

**Continued from page 12**  
 Grand Marais Recreation Centre  
 Sitings at 4:00 PM & 6:00 PM  
 Tickets \$13/Adults \$6/Children under 12  
 For more info contact Chris 754-3058  
 Winnipeg River Greenback Challenge  
 October 25 & 26

**\$500.00 Entry Fee**  
 For more information contact Laurent Raymond 367-2238  
**RIVERS NORTH FITNESS CO-OP**  
 Membership  
 The Fitness Co-op is now entering into its second year of operation.  
 All membership fees are due. The one time co-op membership

fee remains at \$100.00 with members paying a \$250.00 annual user fee and non-members \$300.00. For more info contact Bev Dube 367-8064 or Linda Cyr 367-2382  
**PUBLIC LIBRARIES**  
 Bibliotheque Allard Regional Library  
 Located in St. Georges School

367-8443  
 Operation Hours  
 Tuesday 10:30 AM - 5:00 PM  
 Wednesday & Thursday 12:00 PM - 8:00 PM  
 Friday 12:00 PM - 5:00 PM  
 Saturday 10:30 AM - 4:00 PM  
 Beaches Library  
 Located in Walter Whyte School 754-4007  
 Operation Hours

Tuesday 9:00 AM - 12:00 PM  
 Thursday 4:00 PM - 8:00 PM  
 Saturday 10:00 PM - 2:00 PM  
 Internet Access Site  
 Pine Falls Library  
 Located in Pine Falls School 367-8983  
 Open Monday - Friday  
 1:00 PM - 3:00 PM  
 Internet Access Site

# Classifieds

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## OPEN HOUSE

Sunday, September 14, 1-3pm

Atlantic Avenue, Beauséjour  
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 www.century21suncountry.com

**Employment**

## SEASONAL JOB OPPORTUNITY

### Arena Manager and Assistant

The PRC Facilities Committee is looking for two mature, energetic persons to work as the Arena Manager and Assistant for the upcoming Winter Season.

Duties will include:  
 •Ice making  
 •Maintenance of the ice surface  
 •Cleaning the ice surface  
 •Maintenance and cleaning of Lobby and Dressing Rooms  
 •General Building Maintenance  
 •Other duties as assigned by the PRC Facilities Committee  
 •Must possess a valid Driver's License

All interested persons are asked to submit a resume, along with salary expectations, to the address below. All applications must be received at this office no later than Wednesday, September 17, 2008 @ 4:00pm

Pineview Recreation Commission  
 P.O. Box 281  
 Powerview, MB ROE 1P0

Only those applicants being considered for the position will be notified.

**For Sale**

Landscaping - John Deere Lawn Edger, 1 J.D. D-35 Lawn Edger, like new, \$500.00 OBO, call 367-2892. 3x-2

**For Sale**

Used Building Materials, sliding windows with screen, 2 at 22" x 40", \$25.00/each, 1 at 18" x 30", \$25.00, 1 at 2 ft. x 4ft., sky light \$40.00, 3x30 pieces 2x8x5' fir .50cents/foot, call 367-2892. 3x-2

**Wanted to Rent**

Urgently need to rent a house in Pine Falls, Powerview, St. Georges, Silver Falls or Victoria Beach, please call Lydia at 1-877-753-2012.

Wanted a 3 Bedroom House to rent in the town of Powerview - Pine Falls, please call 367-5202.

**Wanted to Rent**

I want to rent a house or trailer in the Pine Falls, St. Georges or Great Falls area. 1-204-482-6171

**Real Estate**

## OPEN HOUSE

**DREAM PROPERTY**  
 192 Northshore Road

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Jim Abbott, RE/MAX professionals  
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 1-204-228-1538  
 jamesabbott@shaw.ca  
 www.jimabbottrealestate.com

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 1-800-582-5488  
 www.missy.mb.ca

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 Monday to Saturday  
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 Sunday 8:00 a.m. to 12:00 midnight  
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- Veteran's Affairs
- Worker's Compensation

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