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July 9, 2008  
Volume 9, No. 06  
**The Winnipeg River**

# Echo

Pine Falls/Powerview, Sagkeong, St. Georges, Great Falls, Beaches, Little Black River, Manigotagan and Bissett



Alec Twoheart and Hugh Wynn admiring the new plaque honouring Duncan Twoheart.

## Duncan Twoheart Honoured

By Charles Norman

A plaque was unveiled at Bissett last Saturday, June 28, commemorating the first recorded discovery of gold in Manitoba. It precipitated a major gold rush which resulted in several mines going into production. One of them, the San Gold mine at Bissett, is still operating ninety-seven years after that first discovery.

The plaque reads:  
*Manitoba's first documented gold discovery occurred here in March 1911, when prospector Major Ephrem A. Pelletier, a Royal Northwest Mounted Police Inspector, guided by Arthur Quesnel and Duncan Twoheart,*

*staked the first of several of his claims, the Gabrielle.*

About sixty descendants of Duncan Twoheart, including his grandson Alec Twoheart and Grand Chief Phil Fontaine, a more distant relative, were in Bissett for the ceremony.

Following is an excerpt from the book "The Men From El Dorado", By Wilda Ward.

**Duncan Twoheart: The Discovery at Rice Lake**

*Two men were responsible for starting the gold rush in the Rice Lake Area which ultimately led to the development of the San Antonio Gold Mine at Bissett. One of the was Major Ephrem Pelletier, who staked the first claims and went on to achieve international fame and*

*fortune. The other one, Duncan Twoheart, who actually made the first discovery, is little known or remembered except in the annals of Bissett lore and the memories of friends and family. It is time to give Duncan the honour and recognition he deserves. The Following is his story, based on contemporary articles, letters, and memories of people who knew him.*

*Duncan Twoheart was born to Ojibwa parents in 1864, at Rice Lake. There are no records of his family and their circumstances, but one interesting thing about his birth is known. Duncan was a twin. He and his twin brother Charlie were called Ninj Mitehan, which means "Twoheart: in Ojibwa. Multiple births were a rarity among the Ojibwa and twin*

Continued on page 3

## An Inspiration to the Community



**OBITUARY**

**Dr. Edward Rooklidge Siddall**

February 13, 1925 - July 6, 2008

It is with great sorrow we announce the passing of our beloved father, grandfather, brother, and friend, 'Ted', as he was known to all who knew him.

After a brief lung illness fought most courageously, Ted passed away peacefully at Riverview Health Centre, surrounded by his family members.

Ted was born and raised in Winnipeg, Manitoba. The second eldest, Ted is survived by brothers Bill (Celia) of Toronto, Bob (Eleanor) of Wpg., and sister Margaret (Gary) of Ottawa. Raised in a family that respected education, Ted attended the University of Winnipeg and attained his medical degree in 1950. He met his future wife, June Anderson, in college, and they married in September that same year

and moved to Pine Falls, where Ted established his medical practice of 44 years. Ted was a dedicated, compassionate, and kind practitioner, always ready to lend an ear. He delivered many babies and was the anaesthesiologist during surgeries for an expansive area. Through his dedication, he provided care to the demographic including the beaches area, Traverse Bay, Sagkeong First Nation, Hollow Water First Nation, Powerview-Pine Falls, St. Georges, and up to Lac du Bonnet. Ted and June raised 3 children together: Elaine (Roland), Bill ( Nancy ), and Jim (Lori). Later in life, they welcomed Dan (Tina) into their home. Ted lost his loving wife, June, to cancer in 1995. Ted was very proud of his 5 grandchildren: Shawn, Jennifer, Alex, Stephen, and Heather, as well as 2 great-grandchildren: Jayce and Mason. He also leaves to mourn numerous friends and longtime neighbors, 'special friends' Joan, Kelly, Leo, Raymond, Ron, Andy, and John & Mary, as well as many nieces and nephews.

Ted had many interests and accomplishments over his lifetime. He was a recognized bodybuilder and held many prestigious titles: 'Mr. Red River Valley' in 1971, 'Mr. Manitoba' in 1972, and 'Sr. Mr. North America, Most Muscular' in 1976. Ted

Continued on page 13

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## Duncan Twoheart: The Discovery at Rice Lake (Continued from Page 1)

babies were considered as being a single person with two hearts. Hence the name "two heart".

Duncan's twin brother Charlie eventually moved to the United States, and nothing more is known of him. Duncan, on the other hand, remained near his birthplace in south eastern Manitoba all his life.

He never went to school, so he didn't have the opportunity to learn to read and write. At the time of the gold discovery he could only speak Ojibwa, but in his later years, through contacts with English speaking people in the area, he learned to speak English as well.

He is usually described as being a trapper, though in the summer he went back to Fort Alexander, where he made his home. Here he raised cattle and grew hay for feed. He knew the bush country east and north of Fort Alexander as well as any man living at that time. It was these skills as a trapper and his bush knowledge which gave him the opportunity to make his discovery of the gold.

He was at that time one of a group of natives hired to trap furs by Old Arthur Quesnel, a patriarch of Manigotagan. Old Arthur, who was by all accounts a real wheeler dealer, had his finger in many local pies. Not only did he buy and sell furs, he also ran a local stopping place for travellers, was involved in lake transportation and in the prospecting for minerals. When Pelletier who was interested in prospecting first came to Manigotagan it was natural that he would turn to Old Arthur for advice. Apparently it was Old Arthur's idea to get his team of trappers to look for interesting minerals, since they knew the country east of Lake Winnipeg so well.

There have been many accounts, both written and oral, of how the gold discovery came about. I am fortunate to have in my possession a copy of a letter which was written in 1941 by Major Pelletier to J. D. Perrin, the President of San Antonio Gold Mines. In this letter Pelletier gives a first hand account of the discovery.

Here, in Pelletier's own words, is what happened:

"I was prospecting in the district in 1910-11 - I had met Duncan and Quesnel and I got

him interested in sending us samples of likely looking rock he might encounter on his traplines. In February 1911 he sent some samples tied up in various pieces of cloth - one in a piece of blue denim looked particularly promising - I crushed it & panned it & it showed colors. In March I took Johnny Wood (of Manigotagan) up with me and went to Duncan's camp at Turtle Lake - I showed him the piece of blue denim ... he remembered & next morning we started for Rice Lake... Duncan led me to The Gabrielle Point & told me it was there the sample in blue denim came from - a boulder of float rock - rusty quartz was projecting out of the snow & he had chipped the sample from a corner..."

Pelletier then goes on to describe how they cleared away the snow with their snowshoes. On the bare ground underneath, he then discovered quartz seams running through the rock, one of which showed evidence of free gold the size of a small pea. He staked a claim on the spot that very day, March 11, 1911. This claim, which he named The Gabrielle proved to be the catalyst which precipitated the Rice Lake Gold Rush, and the opening of several mines in the area.

>From this initial strike.

Pelletier went on to develop The Gabrielle Mine and ultimately be on the Board of Directors of the San Antonio Gold Mine at Bisset when that company took over his Gabrielle property. This claim thus brought him fame and fortune. He went on to lead a typical life of a mining promoter. Roaming the world and alternating between periods of prosperity and poverty. His personal life was not a success. He married a socially prominent Winnipeg woman, but her family never accepted the foot-loose adventurer, and her two sons by a previous marriage didn't get along with Pelletier either. He had no children of his own, and was estranged from his wife for most of his married life. At the time of writing his letter to Perrin, he describes himself as being:

"...hard up but happy. I am over 60 now.... Money and I were never fast friends - never stuck - If you could find me a soft job as a mascot ... with a small salary, I'll take both. If I got an additional \$50 a month

income I would be without worry."

Whether he got this \$50 a month is not known. He soon retired to his home town in Quebec where he died a few years later, penniless.

What a contrast there was between the fortunes of Pelletier and Duncan Twoheart!

Duncan received very little material reward for his part in finding the gold at Rice Lake. In his letter to Perrin, Pelletier says:

"That summer 1911 Gabrielle Gold Mines was incorporated. Duncan and Quesnel were given their shares as agreed upon. I understand that later Quesnel bought out Duncan and paid him a team of horses."

According to Duncan's grandson Alec Twoheart, who currently lives at Fort Alexander, Duncan also received a bag of flour and two bottles of whiskey in payment from Old Arthur, in addition to the team of horses. This method of payment in kind rather than by money would have been a usual way of doing business in those days. Unfortunately, the team of horses froze to death before Duncan could get any use out of them, according to local lore.

This is fairly typical of what happens to men who actually find valuable minerals. Being inexperienced with the hard-nosed business of mining promotion, they usually sell or trade their claims or shares away for a pittance. Alexander Desautels for instance, who

and staked the even more lucrative San Antonio claim on Rice Lake later that same year, sold his rights to Pelletier for one dollar, over drinks in the Corona Hotel in Winnipeg.

Duncan Twoheart's life after his discovery of the gold on Rice Lake continued much as it had before. Everyone who knew him told me how much he was liked and respected in the district. Old Arthur Quesnel is even quoted as describing him as "my best friend". He continued trapping, and also worked at cutting trails through the bush. Pelletier hired him as a guide on more than one occasion. He cut the first trail from Manigotagan to Rice Lake in 1911, as well as the right-of-

way for the winter road from Pine Falls to Bisset in 1932. He also worked the route from Manigotagan to Bisset along the trail he himself had cut, hauling freight for the mines with teams of horses.

He was married seven times, and by all accounts was a good family man. I have heard of two sons who were born to him. William and Jean Baptiste, who was Alec's father. There may have been other children as well. Jean Baptiste was with him on his trap line when he discovered the gold. His last wife, Matilda Peebles, survived him. Her Niece, the late Maggie Clark of Manigotagan, told me she had often met Duncan at Family gatherings, and that her aunt accompanied him when he went out in the bush on his trap line. Joe Boulette and his wife Grace of Manigotagan also remember him as a friend.

As for his own opinion of himself, his grandson Alec says Duncan used to refer to himself as "Ogima", which means "lots of money" in Ojibwa. Obviously, there is more than one way of measuring wealth.

Duncan continued leading an active life, working in the bush until his late 70s. Finally, By 1941, the infirmities of old age made it too difficult for him to continue, so he approached the San Antonio Gold Mines to see if they would provide him with a pension in his declining years. Now this was before the days of universal Old Age pensions and private company pensions were not that common either. San Antonio Gold Mines

happened to be one of the few companies who actually did provide pensions for its employees, having established an Employees Retirement Income

plan. It was one of the few companies who actually did provide pensions for its employees, having established an Employees Retirement Income plan. It was one of the few companies who actually did provide pensions for its employees, having established an Employees Retirement Income plan.

and Savings plan back in 1934.

When Duncan approached the company for a pension J. D. Perrin wrote to Pelletier asking whether in his opinion Twoheart deserved financial recognition. Pelletier replied, in the letter from which I have been quoting:

"...if you can do something for him he is well worthy of it... I might never have found Gabrielle without him - It is true that I planned in January to return to Rice Lake when summer came - nevertheless Duncan made possible the happening sooner..."

As a result of Pelletier's favourable recommendation, Duncan Twoheart was granted a company pension of \$35 a month for the rest of his life. His grandson says this money was deposited for Duncan in the Bank of Montreal at Bisset, and that unfortunately some or all of it was never claimed and was lost after his death three years later. His widow approached Mine Manage D. J. Kennedy after her husband's death, wanting her bonus to continue. Whether she received any money is not known.

Duncan finally died at the age of eighty, on January 1, 1944. He is buried at Fort Alexander. His descendants still live in the area, and the memory of his exploit in discovering the first gold at Rice Lake also lives on.

All of us who worked in the mine or called Bisset home over the years since that discovery in 1911 owe Duncan Twoheart a debt of gratitude.

Wilda Ward was born and raised in Bisset. She will be publishing a new book on the history of Bisset in 2011 to coincide with the discovery of gold at Rice Lake.



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# Comment

## A Faith Perspective: How Important is Eternity?

By Pastor Jake Doell



What does the word eternity mean to our 21st century culture? Many love songs declare "I will love you forever and forever." Webster's, 1993 dictionary defines it as "infinite time." Another dictionary defines eternity as "the state of existing outside of time." Why two different definitions of the same word? The truth is that the concept of eternity can not be grasped with a finite mind. For example, try to imagine where the universes begin and end. What is beyond all we can see or even imagine? What goes beyond time and space?

We can find no limit to the outside universe, how about the inward space of the human soul? Psychologists and psychiatrists have probed the depths of the human soul and yet are still utterly amazed at the great unknown that lies

within all of us.

The Bible tells us that God our creator "has put eternity in their hearts." (Ecclesiastes 3:11) and in the book of Job 36:26 - "No one can begin to understand eternity." I had a friend who performed autopsies in a hospital and one day he questioned me on the existence of God. I asked him if he had ever "opened up a human brain" to which he answered "Yes." I asked him whether he had ever found an idea or a thought inside that brain. He answered "No." So I told him that just because he never found "a thought or idea" inside a human brain does not give you the right to conclude that they do not exist. On the same premise just because we have not seen God, we can not conclude that he does not exist.

The Bible tells us that God is eternal and that He

had no beginning and He has no end. "Before the mountains were created, before you made the earth and the world, you are God, without beginning or end." (Psalm 90:2) I believe that God put "a spark of eternity within each of our souls." We were created in the image of God. (Genesis 1:26) Even though that image has been deeply marred by our disobedience to God, yet that "spark of eternity" is still exists in every human heart. We dream of what could be and the desire to live forever in a state of perfection is common to the human experience. We may argue the existence of God, but still that inward uneasiness haunts us till we begin a "journey of faith" that leads us to God. God sent His only Son Jesus Christ to bridge the gap between time and eternity. He came 2000 years ago born as a human so that you and I could overcome our doubts and fears about eternity. God loved us so much that He did not want to leave us in doubt about eternity. Put your faith in Jesus Christ and He will guide you to your eternal destiny with joy and great hope.

## It is Not About Abortion

By Charles Norman

By now almost everyone is sick and tired of the whole Morgantaler debate, but one aspect has not been discussed.

The success of Morgantaler's campaign and that of the radical left wing, (not just the feminists) signalled a change in who controlled Canada.

The fact that the parliament of Canada dare not address the abortion issue indicates the extent of their power.

The fact that few politicians will publicly contradict the global warming scam is another indication of their power.

Efforts to control free speech on University campuses on these and other issues is another symptom.

The stranglehold that Marxist sociology has on Canada's social policies - especially noticeable in many Supreme Court decisions - is another example.

This power is so all-pervasive that none of the traditional checks and balances of a democracy can contain it. The press is constrained by it, reporters succumb to it, day in and day out the media repeat the message, so often and so frequently, and so consistently, that the occasional voice of reason is almost drowned out.

In view of all this we should not be the least bit surprised when Henry Morgantaler gets admitted to the Order of Canada. The people who now control Canada - Canada's new rul-

ing class - awarded it to him because his success marked the turning point in Canada's history. That is, the point when the new ruling class became the new ruling class.

Henry Morgantaler is an icon, a hero, in the New Canada. He is the natural recipient of New Canada's highest award.

The irony is that these people cannot sustain their ideology except when they are the underdog, as soon as they achieve power their whole reason for existence disappears. At the moment they are pretending to themselves that they are still in competition with the forces of reaction - Morgantaler expected a more violent reaction to his appointment for example - What happens when they come to realize that they have won is anybody's guess. In Marxist terms it would be called the end of history. (In Marx' philosophy all of history has been moving to where we are now.)

But life goes on - and so does history. Our immediate problem is that we don't know where we are being taken - only that most of us don't want to go there.

We are in the middle of a revolution, and, like any revolution, no one knows how it's all going to work out. Usually it gets worse before it gets better. Occasionally it results in the end of a civilization. It will be interesting to see what we've got when we get there. We can only wait and see.

There is a Chinese curse - "May you live in interesting times."



# Comment



**On Parliament Hill**  
Your Voice in Ottawa, Vic  
Toews, MP Provencher

## Tackling Violent Crime

The beginning of the month of July has brought with it not only a nationwide Canada Day celebration, but also the coming into force of several new measures that our Conservative government has taken to keep our streets and communities safe. The Tackling Violent Crime Act is fully in force as of July 2, and it has given law enforcement some important tools to get tough on criminals.

When we first took office in 2006, as Justice Minister I brought forward a number of the measures that ended up forming the Tackling Violent Crime Act, because for my entire political career I have fought for tougher measures to deal with the worst criminal offenders. Unfortunately, when I introduced them in the House of Commons, they were met with delay and obstructionism from the Liberal Party in particular. In some cases, the things I introduced to crack down on criminals were watered down by the opposition parties who hold the majority in the House before they were passed into law. For example, in a bill we passed to stop criminals convicted of certain crimes from serving their sentences in the community, the opposition took out several crimes that it would have applied to, like auto theft - a major concern especially in Manitoba.

My successor as Justice Minister, the Honourable Rob Nicholson, would not be deterred by the soft-on-crime outlook of the opposition parties. He brought forward the Tackling Violent Crime Act as a single bill including several measures I introduced. It finally passed and received royal assent, so these long-awaited measures that will help safeguard Canadians against those who commit serious and violent crimes are now the law of the land.

In particular, as of July 2, the Tackling Violent Crime Act gives police better tools to detect and investigate drug-impaired driving, and toughens penalties for impaired driving. And, it provides for

more effective sentencing and monitoring to prevent dangerous, high-risk offenders from offending again.

Especially as the summer gets into gear, I am enthusiastic about the tough new impaired driving provisions. Drivers caught under the influence of alcohol and/or drugs will now face a maximum life sentence if they cause death, and a maximum 10-year sentence if they cause bodily harm, when their blood alcohol levels exceeds .08. They can also be charged with a criminal offence if they refuse or fail to comply with a demand to provide for physical sobriety tests or bodily fluid samples. In court, they will now find it more difficult to get off on such stories as "I only had two beers." And there are now tougher mandatory minimum penalties such as a \$1000 fine for a first offence and sentence of 30 days in jail for a second offence.

Earlier in the spring, other aspects of the Tackling Violent Crime Act came into force providing for better protection for youth from adult sexual predators by increasing the age of protection for sexual activity from 14 years to 16 years; tougher mandatory jail time for serious gun crimes; and new bail provisions which require those accused of serious gun crimes to show why they shouldn't be kept in jail while awaiting trial. All of these measures are in keeping with the Conservative government's commitment to get tough on crime and keep our streets and communities safe. My colleagues and I will continue to push for strong new criminal justice measures to safeguard Canadian families.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 203-323 Main Street, Steinbach, MB R5G 1Z2, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net.

## A Liberal View of the Manitoba Hog Industry

By Dr. Jon Gerrard  
Leader, Manitoba Liberal  
Party

Our challenge in Manitoba is to work with the hog industry to achieve excellence in environmental stewardship and animal husbandry, as part of a world leading industry provincially.

Already 50-75 per cent (or more) of hog producers inject their manure four inches into the ground, dramatically reducing the run off of phosphorous into the waterways and odours emanating from hog operations.

Well above 50 per cent of producers have moved away from the use of low levels of antibiotics as growth stimulants in response to concerns that such practices might lead to antibiotic resistance, as well as being more costly than healthy animal husbandry practices that keep animals healthier without using antibiotics.

The industry is continually looking at ways to improve everything from nutrition, genetics and animal husbandry and well as reducing green house gas production.

With all these changes, it is pertinent to ask why the NDP has put forward Bill 17 to implement a moratorium on hog production in some 35 Manitoba municipalities, including those in the Red River Basin and Manitoba's Interlake regions.

It is my view, after listening to more than 300 presenters at the committee stage of Bill 17 that we should work with the industry to continue in the direction of improved environmental stewardship and improved animal husbandry.

The proposed moratorium will not achieve this. The moratorium will put the industry in a straight jacket and will remove the flexibility and, to a considerable extent, the equity needed to make the necessary changes.

In Manitoba, there are already many rules and regulations to ensure that hog farmers exercise strong envi-



Jon Gerard during a visit to Pine Falls

ronmental stewardship however these rules must be adhered to by all hog producers to be effective.

Presenters gave various examples of where the province was derelict in enforcing the existing rules. Furthermore, in cases where producers are unable to practice top environmental stewardship, because they lack the economic base to make environmental improvements, there should be financial support from the province.

Where there is a shortage of needed scientific knowledge, the province needs to make sure the investment is made to address this. If the Minister really believes the hog industry is contributing far more than the 1.5% of phosphorous going into Lake Winnipeg, then we should be severely critical of the NDP for not ensuring better scientific knowledge is available - when they have had 9 years in government. We should also demand the investment is made to ascertain the scientific facts.

Putting on a moratorium without a strong scientific base is ludicrous. Yet today's NDP are doing just this. If there is a speeder on Highway One across Manitoba you give the offender a speeding ticket, you don't close the whole highway. Yet the NDP now, instead of improving enforcement, or improving environmental and animal husbandry standards are going to close the whole highway.

Liberals see an urgent need for intensive work on a

few small watersheds and water basins (Killarney Lake, Lake Irwin and the Seine River might be examples). Doing the work to clear up the algal problem on Killarney Lake will help those in the Killarney area and it will also give us important insights into the critical changes needed to improve the whole Lake Winnipeg watershed.

Liberals see that focusing on approaches which will improve environmental stewardship and animal husbandry is good for the industry, for Lake Winnipeg and for our province. It will also drive the innovation and Manitoba based production of forward thinking products (machinery etc) for the hog industry which will not only keep the industry a world leader, but will also stimulate new products and services produced in Manitoba which can be the basis of leading edge export industries. This is happening now, but with a moratorium these industries will be hurt not helped and Manitoba and the world will be the losers, for the industries will go elsewhere and are likely to be more polluting than if developed here.

Moratoriums are generally bad public policy and offer only short term solutions. The NDP hog moratorium is a poor effort to rewrite history to give the NDP the illusion that they are good environmental stewards. Bill 17 is an attempt to make up for years of NDP neglect in regards to Manitoba's lakes. Let us recognize it for what it is - poor public policy, and not give this credibility.

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# Powerview RCMP Press Report

## News June 23rd to July 6th, 2008

**Crime Stoppers:** - Over the past few weeks, several business's and vehicle's have been the target of pellet guns. Damages to windows are estimated at over \$ 5,000.00. Extra late night patrols have been made and will continue as resources permit. However to date police have no information on person(s) responsible for the acts of mischief and are requesting the public's assistance. Anyone with information is asked to contact the Powerview Detachment at 367-8728 and speak with Cst. Chantelle Kelly.

2008/06/23

**PINE FALLS** - police patrolled a playground after several suspicious youth were seen in the late evening hours. The youth were spoken to by police and advised to return home. A second patrol of the area found no one at or near the facility. - a vehicle was damaged with a pellet gun. A rear window and side panel were hit. **POWERVIEW** - a local business was vandalized when culprits shot a pellet gun damaging a window. - investigation continues

into a theft and fraud complaint - police were called to a residence where a male was assaulting a female and preventing her from leaving the home. The man was taken into custody, charged accordingly and transported to Provincial Remand Center.

2008/06/24

**HOLLOW WATER** - a break, enter and theft at a residence resulted in a play station 2 and DVD's being stolen. **PINE FALLS** - a yellow, red and green hammock was stolen from the back yard of a residence.

2008/06/25

**FORT ALEXANDER** - a male fled on foot from police after being observed in and near a building he was banned from. After a short chase the man was located and arrested accordingly. Further investigation found an outstanding warrant. The man was taken into custody and transported to Provincial Remand Center. - a male attended local hospital after he was attacked by another male over a property repair issue.

Investigation continues into the assault with a weapon. - an intoxicated male walked into a residence where the surprised home owner advised the man to leave and then called police. The man was located a short distance from the scene and lodged in cells until sober. No charges were laid in the incident at the request of the complainant.

**POWERVIEW** - police apprehended a female from a residence. The woman was in breach of several court orders and was causing problems. Alcohol was a factor in the incident. She was charged accordingly and remanded into custody.

**RM ALEXANDER** - complaint of a sunroom window being damaged by a pellet gun was made to police. **BERESFORD LAKE** - 2 Camper Trailers at the local campground were broken into and several items stolen. **TRAVERSE BAY** - police recovered a burnt stolen vehicle from Winnipeg off a side road. Winnipeg Police services was contacted accordingly and advised. **2008/06/27** **FORT ALEXANDER** -

investigation continues into an assault and threats being uttered to a female.

- a break, enter and theft at a residence was reported to police. Culprits accessed a side door in the incident. **POWERVIEW** - a vacant house was the victim of mischief. Several windows were damaged in the incident.

2008/06/28

**RM ALEXANDER** - police patrolled the highway when several ATV's continually crossed the highway. Police could not locate the quad's after several patrols but received no further complaints.

- in the early morning hours police came upon 2 males and female consuming alcohol in a vehicle in the parking lot of a local business.

**FORT ALEXANDER** - investigation into an assault with a weapon continues. 2 males involved in a dispute were taken to local hospital for treatment. Both were later released. Alcohol was involved in the incident.

2008/06/29

**BLACK RIVER** - investigation continues into a complaint of a male in breach of a court order. - police continue to investigate a spousal assault.

- a female was remanded into custody after attempting to assault persons at a residence with a knife. Investigation continues.

**BISSETT** - police attended a residence where a male had been issuing threats and causing a disturbance. Upon arrival the situation had stabilized and the male had left the residence without incident.

**TRAVERSE BAY** - vandalism to a residence resulted in an exterior wall being sprayed with paint balls.

**HOLLOW WATER** - a break and enter to a residence resulted in a Nintendo game being stolen. The item was later returned to the homeowner by a youth. Investigation continues.

2008/06/30

**RM ALEXANDER** - 2 men have been charged after assaulting a male with a beer bottle in the early morning hours. The man was taken to local hospital for treatment

for a head injury and released. The investigation continues.

- police attended to a fight in progress on the side of the highway but upon arrival a vehicle and persons involved had fled the scene. No further call were received about the incident.

- a patrol was made near broadlands mall after complaints of several youth with open liquor harassing people. The group had left prior to police arrival and a patrol of the area could not locate anyone matching the description. However no further calls were made to police.

**FORT ALEXANDER** - investigation continues into an assault of a male. The man attended hospital for treatment and was released.

**HOLLOW WATER** - a break and enter remains under investigation.

2008/07/01

**POWERVIEW** - police continue to investigate an incident of assault.

**PINE FALLS** patrols were made in an around the community after a suspicious youth was seen in the business area. No one matching the description was located at the time.

**HOLLOW WATER** - a complaint of an incident with a youth who was assaulted & burnt with an appliance. She was taken to local hospital for treatment & released. 2 suspects both youth have been identified to police as investigation continues.

**FORT ALEXANDER** - an assault with a weapon was reported to police. An argument escalated to violence between an estranged couple. Police have laid no charges in the incident pending locating the male suspect involved.

2008/07/02

**PINE FALLS** - theft at the local pool resulted in a loss of cash and a chlorine testing kit.

**POWERVIEW** - a male was apprehended for breaking into a residence. No charges were laid in the incident at the request of the complainant. Items taken were returned.

- a matter involving an incident of child assault was reported to police and is under investigation.

# News

**WANIPIGOW LAKE** - RCMP were dispatched to report of a single vehicle rollover collision 5 km's from Powerview Pine Falls. Emergency Medical Services from Powerview -Pine Falls and surrounding communities were dispatched. A total of 6 people, all adults occupants, were treated & subsequently transported to Hospital with undetermined injuries. A traffic analyst was called to the scene. Alcohol and speed are believed to be factors in the collision. No charges have been laid at this time however the incident remains under investigation.

2008/07/03

**POWERVIEW** - while attending to another complaint police located a male with outstanding warrants from Winnipeg Police service. The man wanted for a robbery with a weapon was remanded into custody to the Provincial Remand Center.

- a green 2005 Honda Rinicon ATV was stolen from a residence a second ATV was damaged in an attempt to steal it. Police have no suspects at this time in the incident.

**FORT ALEXANDER** - police apprehended a female from a residence. The intoxicated woman continued to cause problems for family members. Further investigation found the woman in breach of 2 court orders and was charged accordingly to appear in Powerview Court at a later date.

- investigation continues into a complaint of an assault between 2 females. **BERESFORD LAKE** - a break, enter and theft of a trailer at the local campground was reported to police. Numerous items were stolen in the incident.

2008/07/04

**FORT ALEXANDER** - Police did not locate a GMC pick up truck or a Chevy Lumina which were both stolen in the early morning hours.

**POWERVIEW** - a residence was attended by police when a female refused to leave a former residence. Police advised the woman accordingly and she left without further incident.

- a male was arrested and apprehended after an assault of his spouse. The man was released on conditions and will appear in Powerview court next month.

**RM ALEXANDER** - a female is under investigation for theft and fraud related incidents. **BISSETT** - a complaint of a break, enter and mischief at a vacant house was made. Investigation continues.

**HIGHWAY 304** - at approximately 10:30 p.m.

located a female and spoke with her accordingly. The woman was to return home for a urgent family matter.

- police also attended approximately 10 locations in Powerview, Pine falls, Fort Alexander and the beaches in regards to mischief, noise, false 911 calls and alcohol related incidents/complaints.

2008/07/06

**STEAD RD** - 2 youth were located by family after being reported missing to police. The quad the youth were utilizing had mechanical problems but the pair were located & back home safe and sound.

**POWERVIEW** - police were called to attend to a male lying on the roadway. Further investigation found the male extremely intoxicated and in possession of a

small quantity of marihuana. The man was also on several court conditions and was charged accordingly. He was taken into custody and transported to Provincial Remand Center in Winnipeg.

**TRAVERSE BAY** - a 19 year old man was apprehended by police after assaulting a family member. The emotionally disturbed male was held until assessment at local hospital could be made. The investigation continues.

**BLACK RIVER** - investigation continues into an assault of a female with a beer bottle. An injured female youth was located on the roadway by the local Band Constable and taken to local hospital for treatment. A male has been charged in the incident. Alcohol was factor. The couple were also on conditions with a no contact order.

**SUMMARY:**

Police also followed up on 7 false alarms actioned 9 requests for assistance to other police services/service of legal documents, issued 12 tickets under the highway traffic/ liquor acts, attended 1 incident under the Coroners Act, charged 2 persons for impaired driving/refusal of breath test, lodged 9 persons under the intoxicated persons detention act, attended 5 noise complaints, processed 14 traffic accident reports and transported 5 persons under the mental health act to the appropriate facilities.

Remember if you have any information on any criminal matter you can remain anonymous and contact crime stoppers at 1-800-782-8477 or the Powerview RCMP at 367-8728.

TRY YOUR  
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- Greeting Cards
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367-2611

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Help protect our rivers and lakes.

CHOOSE TO KNOW  
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The choices we make in our daily lives can affect the health of our most precious resource—our water.

If each of us makes a small change, like using lawn fertilizer with zero phosphorus, we would help minimize damage to our rivers and lakes. The Manitoba government has introduced legislation to restrict the amount of phosphorus in lawn fertilizer.



When choosing lawn fertilizer you should look for a product labelled with zero as the middle number. This means the product is phosphorus free.

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Manitoba

# Community

## Changing of the Guard at the Maskwa Snowmobile Club

By Ian Cyr

This will be my last article for the snowmobile club. There is a new Executive that took over the Club in May, hopefully someone from the new executive will step up and keep the readers informed as to what is going on locally and provincially in the snowmobile tourism industry.

The new Executive is:

**President:** Mike Vincent  
**Vice President:** Arlen Bouvier.

**Treasurer:** Tonya Kemball  
**Secretary:** Dee Lavigne  
**Eastern Region Rep:** Don Lavigne

**Directors:**

Marcel Roy, Mark McHugh, Jamie Kemball, Eric Carlson, Kelly Kemball, Trevor Dowling, Danny Kemball, Jules Fontaine, Ron Anderson, Don Lavigne

The past executive would like to take this opportunity to wish the new executive good-luck.

I also attended my last Eastern Region meeting of 16 years in May and I have to tell you, I am glad I did because it was a doozy. The Government was in attendance at the meeting in the Snoman office. They had representation from the department of highways,

trade and tourism and district of natural resources. Each representative had their moment on the floor to address all 16 snowmobile clubs, on their concerns to amalgamate the Snopass on the registration. They told all 16 clubs to have some patients we are working on it.

The government officials then left and we had a lengthy discussion on what the government had to say. But it did not matter because a motion was put on the table for all of the Eastern Region Clubs to withdraw from grooming in the 2008 and 2009 season if the government does not table a Bill to have the Snopass and registration together for the 2009 and 2010 season. That gives the government 5 months to get it started. Saskatchewan tabled and passed the Bill in less than 4, so it's not like the Doer government has to start from scratch to create the Bill.

What does this mean for the snowmobiler if the Bill passes; it just means that the pass and plate insurance will be together upon payment, less paper work and volunteer hours to monitor the passes for clubs and vendors. It will also keep the passes at a lower rate as long as everyone insures their sled. Only 65% of sleds registered buy a Snopass. So if everyone pitched in the cost would be minimal.

To stay tuned over the summer months go to the SNOMAN web site for all the information and press articles that you may have missed on this issue.



## Local Teen Takes Silver in Eastman Golf Competition

Over the past several weeks, competitions have been hosted to select athletes and coaches to represent Eastman at the 2008 Powersmart Manitoba Summer Games. In the 13-14 year old Golf category Tyler Hiebert of Pine Falls earned second spot on the podium. Unfortunately, only the Gold winners will be asked to represent Eastman at the Manitoba Summer Games. But good job nonetheless, Tyler! The Gold went to Devon Schade of Beausejour, and Bronze to Brendan Baldwin of St. Adolphe.

ONXX Financial Group is a full service financial planning firm capable of managing all aspects of your personal and business finances.

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- Estate Planning and transfer of wealth to the next generation
- Business succession planning and exit strategies
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- Articulating financial and life goals
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- Personal and business investment strategies
- Tax minimization and tax-efficient investment strategies
- Retirement Planning



**ONXX FINANCIAL GROUP**

Stephen Kulyk 367-9572

2 McDougall Avenue, St. Georges, MB  
Fax 367-9068 Cell 781-0991 Toll Free 1-888-665-0649  
steve@onxxfinancial.ca sammy@onxxfinancial.ca

## TEMBEK FOREST RESOURCE MANAGEMENT

### PUBLIC NOTICE

NOTICE IS HEREBY GIVEN THAT TEMBEK INTENDS TO CONDUCT THE FOLLOWING VEGETATION CONTROL PROGRAM DURING 2008 ON FML 01:

- 1) CHEMICAL SITE PREPARATION
- 2) CHEMICAL PLANTATION RELEASE

375 hectares on Tembek's Forest Management License 01 are identified for spraying from August to late September 2008 using the forest herbicides Vision and Forza (glyphosate). Spraying will be done to control competing vegetation in areas that will be planted and in existing plantations.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

MANITOBA CONSERVATION  
PESTICIDE/FERTILIZER APPROVALS  
123 MAIN STREET, SUITE 160  
WINNIPEG, MANITOBA  
R3C 1A5



TyTashEm Grief Centre & Gift Shop

New Gift Shop NOW OPEN

Next to Pine Greenhouse  
Victoria Beach 756-3861

**CONSIGNMENT ITEMS WANTED**

<b>Thursday</b> Bud, Spud & Rib Night <b>\$8.99</b> Tax Included	<b>Friday</b> Bud, Spud & Steak Night <b>\$8.99</b> Tax Included	<b>Saturday</b> Bud, Spud & Riblets Night <b>\$7.99</b> Tax Included	 <b>HAPPY HOUR</b> Every Weekend 4:30-8:00pm
 <b>Papertown</b> Motor Inn			

## Public Safety Day is Back!

Do you know the last time you changed the batteries in your smoke detector? What class of fire extinguisher is in your kitchen? When was the last time you had your blood pressure checked? Are you prepared should a Tornado touch down? Do you know how to properly fit your bicycle helmet?

If you don't know the answers to these questions then we will see you on Sunday, July 13th at the VB Fire Hall - Hwy 59 & Ateah Road!

Once again the Victoria Beach Fire Department will be hosting Public Safety Day, a fun filled and informative event to entertain all ages. The day runs from 11-4 and features safety information from a number of organizations, including our local fire department and first responders, as always the BBQ will

be on and VBFD clothing will be on sale all day.

**Organizations attending Public Safety Day:**

- VB Fire Department
- VB First Responders
- VB EMO
- VB Ground Search and Rescue
- Canadian Coast Guard
- Manitoba Hydro
- East Beaches Animal Shelter
- Manitoba Public Insurance - Bicycle Safety
- West Nile Virus Info
- Life Saving Society - Water Safety
- Heart and Stroke Foundation of Manitoba
- Child Find Manitoba
- CancerCare Manitoba
- Lake Winnipeg Foundation
- ATV Safety
- Bear Smart
- Wildfire Information

- HELP Centre
- The Firefly Foundation
- Thermal Imaging Camera Display

Also: Information on Smoke Alarms, Fire Extinguishers, Fire Escape Planning, and Fireplace & Chimney Safety will be on display all day. Don't forget about the Children's Fire Safety Activities & Sparky! Have a safe summer!

**Victoria Beach Fire Department**



Left and above: Some pictures from last year's Safety Day

## WEST NILE VIRUS

**WHAT ARE THE SYMPTOMS?**

- A severe case of West Nile virus (WNV) can be debilitating and may result in long-term disability.
- Some people develop an illness with symptoms such as fever, headache, fatigue, body aches and rash.
- Most people infected with WNV have no symptoms and do not become ill.

**WHO IS AT RISK?**

- In southern Manitoba, anyone can be exposed to an infected Culex tarsalis mosquito during the summer months.
- Severe illness most often occurs among older adults or people with chronic health conditions or weakened immune systems. However, severe illness has occurred in all age groups.

**WHEN IS THE RISK HIGHEST?**

- The risk of WNV infection is highest during late June, July, August and early September.
- The risk varies from year to year based on temperature, precipitation, mosquito population and other factors.

**HOW DO I PROTECT MYSELF AGAINST WNV?**

- Reduce the time you spend outside between dusk and dawn.
- Apply an appropriate mosquito repellent.
- Wear light-colored, loose-fitting, long-sleeved clothing.
- Get rid of standing water around your home.
- Make sure your door and window screens fit tightly and are free of holes.

For more information about West Nile virus (WNV), including information about risk, visit our website at [manitoba.ca](http://manitoba.ca). For WNV health concerns, contact your doctor or call Health Links-Info Santé at 788-6300 (in Winnipeg); toll-free 1-888-345-3857.

**DON'T BE A TARGET!**

Manitoba

## THE RCMP MUSICAL RIDE

WEDNESDAY JULY 9, 2008

7:00 PM - 10:00 PM

TICKETS ARE \$10 AND ARE ON SALE IN PINE FALLS AT LIBRARY, PINE FALLS AND THE PINE FALLS SERVICE CENTRE. ALL PROCEEDS FROM THE TICKETS WILL GO TO SUPPORT THE COMMUNITY.

**Schedule of Events**

7:00 PM - 7:30 PM: Registration and Sign-in

7:30 PM - 8:00 PM: Musical Ride

8:00 PM - 8:30 PM: Dinner and Entertainment

8:30 PM - 9:00 PM: Live Auction

9:00 PM - 10:00 PM: Entertainment and Raffle

## ENJOYABLE EMPLOYMENT AND HOW TO GET THERE!

**RESUMES - COVER LETTERS - JOB SEARCH INTERVIEW SKILLS - CAREER PLANNING**

Individual or group workshops on above are available in your community.

We can help you develop your skills training plan and provide you with Labour market, Apprenticeship and training information.

**EMPLOYER SERVICES:**  
Assistance with finding the skilled people you need  
Wage subsidy programs for your new employees

**FREE SERVICES PROVIDED**

**JUST TRAINING**  
Call 345-2686 or Visit [www.justtraining.ca](http://www.justtraining.ca)

Funding Provided by the Government of Canada Employment Insurance Act and the Province of Manitoba.

## Recreation Updates

For Powerview/Pine Falls, St. Georges & R.M. of Alexander

### CHILDREN & Teens

Summer Day Programs  
Pine Falls & Powerview Schools  
Starting June 30th - August 29th  
Monday - Friday 10:00 AM  
Calendar of events will be sent out through the schools and will be available at various businesses throughout Powerview-Pine Falls and St. Georges. Events will include crafts, sports, beach days and all kinds of activities children ages 6+.  
Mark your calendars for Mini Olympics July 9, T-Shirt Tie Dye July 11, Boys Only Day July 16, Girls Only Day July 23 & Survivor Day July 30.

For more info contact Lori @ Pineview Rec Office 367-9142

Junior Golf Clinic  
Grand Pines Golf Course  
Every Wednesday in June & July @ 6:30 PM  
\$10.00 Each Session  
Clinic will include golf etiquette, putting, chipping, swing & woods.  
Golf clubs will be available at no charge if required. Range balls supplied. Sing up day of golf clinic in person. For more info call 756-2345

Mom & Tot Music Program  
Pine Falls School  
Thursdays July 17 - Aug 21  
6 week session \$90.00  
1 to 3 year old - 10:00 am  
4 & 5 year old - 11:00 am  
A variety of music activities guided by Grace Dansereau, a long time music educator for children. The program will include a variety of small instruments, movement, ball play and lots of singing.

Discovery Music Program  
Pine Falls School  
Thursdays July 17 - Aug 21  
6 week session \$100.00  
6 & 7 years old at 1pm till 2pm  
7 & 8 year old - 2pm till 3pm  
Instructor Grace Dansereau will introduce children to music notation along with other activities including instruments and movement. Children will be provided with booklets and parents do not participate with this age group but are welcome to watch.

Softball  
► Level 1: Ages 5 & 6  
► Level 2: Ages 7 & 8  
Every Sunday May - August @ 2:00 PM  
Powerview-Pine Falls - Industrial Park  
Beaches - Walter Whyte School  
Cost \$10.00 per child  
Bring your own glove, hat & water  
The Parmlat Learn to Play Program is designed to be a young person's introduction to the sport of softball. The emphasis is on fun, action and a gradual introduction to non-stressful competition.  
To register contact Lori at Pineview Rec Office 367-9142

► Mixed Softball for ages 9-14

Every Sunday May - August @ 2:00 PM  
Location: Rupert's Park (Powerview-Pine Falls) & Walter Whyte School  
Cost \$10.00 per child  
Bring your own glove, hat & water  
To register contact Lori at Pineview Rec Office 367-9142

Physical Arts Training Camp  
► Victoria Beach Sports Club  
July 28, 29, 30, 31 & Aug 1  
Before July 7th: \$100.00/week or \$30.00/Day  
After July 7th: \$125.00/Week or \$40.00/Day

► Pine Falls School  
August 5, 6, 7 & 8, 2008  
Before July 7th: \$75.00/week or \$25.00/Day  
After July 7th: \$100.00/week or \$35.00/Day  
Contact Pineview Rec Office for registration forms 367-9142.  
Hop N Bop (ages 3-5) Daily  
10:00 am - 10:45 am  
Before July 7th \$30.00  
After July 7th \$40.00

Swimming Lessons  
Pineview Rec Office located in Pine Falls School - Poolside Entrance  
Stop in the office to register your children  
Monday - Friday 9am-4:30 pm  
To register call Lori 367-9142

ADULT  
Soccer Scrimmage  
16 Years & Up  
Every Sunday Evening @ 6:30 PM  
Starting June 1st @ Powerview School Field  
Contact Pineview Rec Office for more info 367-9142.

Golf  
► Ladies Golf Lessons  
Grand Pines Golf Course  
Every Wednesday in June & July @ 5:30 PM  
\$10.00 Each Session  
Lessons include: Instruction by CPGA Golf Pro Tome Betz. Golf clubs will be provided if needed.

► Ladies Open Tournament  
Pine Falls Golf Course  
Sunday July 13th  
Shotgun at 10:00 am  
Entry Fee \$35/Members \$40/Non Members  
For registration contact Susan Lazaruk 367-2681 or Debbie Robson 367-2892

► Men's Night  
Grand Pines Golf Course  
Thursday's @ 2:00 PM  
\$7.00 Entry Fee  
Front nine scores count towards weekly event. Prizes.  
Book your time with golf shop 756-2345.

► Grand Pines Men's Club  
Grand Pine Golf Course  
\$50.00  
Various events throughout the year will be posted in the golf shop. Be the next Club Champ!

► Junior & Family Golf Night

## Pineview Recreation Commission - Lori Vialoux, Rec. Director

Box 281 Powerview, MB. R0E 1P0 - 3 Walnut Street, Pine Falls  
Ph: 204-367-9142 Fax: 204-367-8605 E-Mail: prarec2003@yahoo.ca

Grand Pine Golf Course  
Every evening @ 6:00 PM  
Excluding some tournament dates  
Free For ages 16 & under  
9 Holes  
\$10.00 for adults playing with juniors  
Juniors 12 years and under must be accompanied by an adult. Tee times will be on a walk on basis - tee times will not be reserved. Golf club with bags & balls will be provided subject to availability for Juniors. For more info contact 756-2345.

► East Beaches Wellness Center Fun Golf Night  
Grand Pines Golf Course  
Every Tuesday starting May 20th  
Best Ball Scramble with Tee Off 6:00 PM  
\$20.00 per person plus prizes  
For more info contact Monty 754-3322

► Ladies & Couples Golf Night  
Grand Pines Golf Course  
Every night all year long!  
6:00 PM  
\$10.00 per person

Yoga  
Friday 7:00 PM @ Pine Falls School Gym  
Starting May 9th - July 4th  
8 Week Program \$65.00/Drop In Fee \$10.00  
Instructor - Grace Dansereau  
This program is a Hatha level 1 approach for all adults and seniors who are able to get down to the floor. Grace will modify program to your ability. Please bring a yoga mat & towel to help with stretching. For more info contact Lori 367-9142

Womens Kickboxing  
Every Monday & Wednesday  
September - June  
Monthly Charge \$30.00  
For more info contact Southida Sharpe 367-9797

Running Club  
Sundays at 2:00  
Powerview Track  
Free to all!  
For more info contact Southida Sharpe 367-9797  
Quilting  
Seniors Scene, Victoria Beach  
Every Thursday at 1:00 PM  
Have an unfinished quilt at home or interested in learning how it's done - head over to the Seniors Scene and spend the afternoon with some delightful ladies.  
For more info contact Marlene 756-2752.

SENIORS  
Dinner Dances  
Senior Scene, Victoria Beach  
June 28, July 19, August 16, September 20 & October 18  
Phone 756-6468  
www.seniorsceneinc.com

55+ Exercise Classes  
Senior Scene, Victoria Beach  
Every Monday 10:00 AM - 11 AM  
Moderate intensity and modified for each individual.

Included cardio, strengthen, stretch & balance.  
Drop in fee \$5.00 per class  
For more info contact Natasha Joy 756-3868

S & S.M.I.L.E. Program  
Senior Scene, Victoria Beach  
Wednesdays  
Walter Whyte School students & seniors having fun while learning together. If you would like to participate in this program please contact Dee Rickner 756-6471 for more info.

Line Dancing  
Senior Scene, Victoria Beach  
Every Tuesday @ 10:00 AM  
Drop In Fee Members \$2.00  
Non Members \$3.00  
A wonderful way to exercise your body and challenge your memory.  
For more info contact Judy 756-3132  
www.seniorsceneinc.com

Fillion 756-2913.  
Grand Beach Sun Run  
Grand Beach Community Club  
Sunday July 13 - 8:30 AM  
5 km & 10 km  
www.gbcoa.ca

Fishing Derby  
Sunday July 27 - 8:00 AM  
For more info contact www.gbcoa.ca

Festivals & Events  
CANADA DAY CELEBRATIONS  
July 1 @ Pine Falls Pool  
12:00 PM - 4:00 PM  
BBQ, Face Painting, Crafts, Games & Lots of Fun  
June 29 @ Albert Beach  
Fireworks, BBQ & Music  
July 1 @ Grand Marias Rec Centre  
Flea Market, Craft & Bake Sale, Crib Tournament, Bingo, Live Entertainment at 9:30 PM  
Fireworks starting at 10:30 PM  
For more info contact Jean MacDonald 754-3989

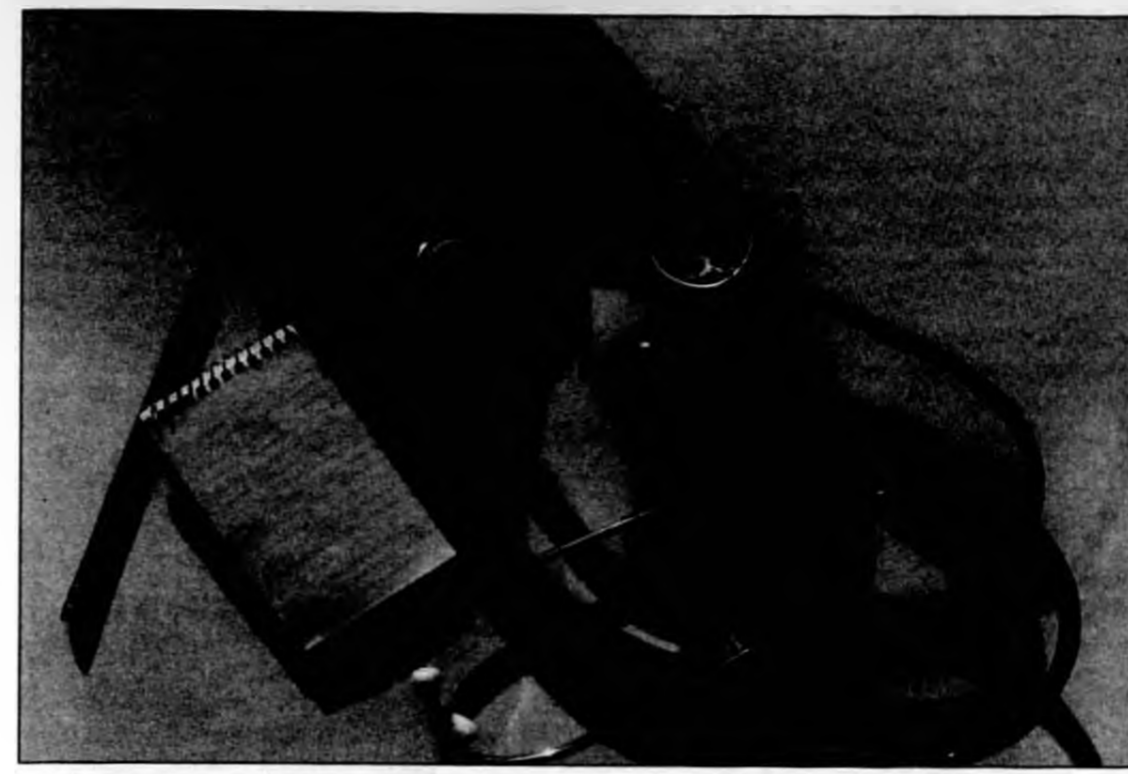
Public Safety Day  
July 13  
Victoria Beach Fire Hall  
11:00 am - 4:00 pm  
Hosted by the Victoria Beach Fire Department with information on Fire Extinguishers, Smoke Alarms, and Fireplace Safety including demonstration on Live Fire Exercises & Vehicle Extrication. Visit www.victoriabeachfd.ca for more info.

Summer Winds Music Festival  
Victoria Beach Sports Field  
Saturday July 26, 2008  
Gates Open 1:30 pm  
Music, Children's Activities, Beer Gardens & Food  
www.summerwindsfamilymusicfestival.com

East Beaches Wellness Centre  
5 K Fun Run  
Charlie Wall Park, Hillside Beach  
Saturday August 9, 2008  
For more info contact Gloria

# Community

## Pine Falls Woman Gets the Wake-up Call of Her Life



It can happen to anyone. That's what Lori Robb, a wife and mother of two grown children, has learned after suffering a near-fatal heart attack at the age of 48.

The symptoms began gradually. In late September 2006, Robb, a grocery store owner with her husband began feeling run down and increasingly fatigued.

By early October, Robb, who was accustomed to walking her dog everyday, was beginning to have a hard time keeping up with her dog and had difficulty catching her breath. She also began experiencing pain in her jaw, back, and shoulder.

"I felt like I was falling apart, piece by piece," said Robb, whose friends were telling her that she looked a little grey.

Having been seeing her doctor regularly for a thyroid issue, Robb decided to tell

him about her pain and difficulty breathing, but he wasn't overly concerned at that point.

"The pain in my jaw was phenomenal, but because it was on my right side, and not the left, he thought maybe I'd pulled a muscle," said Robb.

Robb has a family history of heart problems. Her father died at age 62 of a heart attack, and her brother had a major heart attack at 36, so when she discovered that her blood pressure was higher than usual, she demanded that her doctor run tests. Robb was sent for an EKG, but the results showed nothing.

Still having difficulty breathing and now experiencing feelings of indigestion, Robb was willing to try anything to relieve her suffering. In late November, she saw a chiropractor for what she thought may have been a hia-

tus hernia. Her chiropractor treated her and she went home.

Twelve hours later, on the night of November 30, 2006, Robb woke up to a burning sensation from her sternum to the base of her throat.

"It was so tight, it felt like 1000 elastic bands around my chest," said Robb, who sought relief by getting up and walking around. She continued this cycle of walking and resting until 6:00 a.m. when she decided to go to work. Despite feeling exhausted and aching, she worked until 9:00 a.m. and then stopped to prepare herself some breakfast.

"I had this really odd craving for poached eggs. I never have that craving. I put it on the table and started feeling nauseous. I ate one egg and that's when the pressure started in my back and just kept building," said

Robb. "My right arm began feeling completely numb."

Robb, whose home is located above their family-owned store, made her way down to the store entrance to page her husband. A sudden tense pain rushing through her chest, back and shoulder caused her to collapse in the hallway.

"An elephant, a Mack truck and the entire three ring circus came to sit on my chest," she said.

She slid down the wall in a half sitting position, as her dog, Shadow, tried to help her up. "Shadow was whining and licking and started lifting my arm with her nose," said Robb.

She tried calling down to the store for help, but to no avail. The dog kept pushing her, so she grabbed her collar and she helped pull her back up to her feet. When she reached the front desk, she paged her husband and he immediately rushed her to the hospital in Pine Falls, where she was still very unaware of the seriousness of her condition.

"I told the receptionist that I thought I was having a hernia attack because I still could not catch my breath," said Robb. The Emergency Room nurse spotted Robb bent over in her wheelchair and rushed her to a bed to receive treatment for a heart attack. Initially, Robb was offered Nitro, but refused.

After some persistence from the nurse, Robb was given the life saving drug. Later that morning, when the doctor on call asked Robb why she refused the Nitro, she responded, "because if I take the Nitro, that means I'm really sick." His response, according to her was, "you've had a heart attack, madam, you are really sick."

Once she was stable, Robb was moved to St. Boniface Hospital in Winnipeg for surgery where she received an angioplasty and afterwards felt immediately better. She was told that she had a 90 per cent blockage in her main artery that would need a stent, and a 50 to 60 percent blockage in another artery, which would need surgery at some point in the future.

"It feels surreal, because I recovered so well. Some days it's hard to appreciate how close it all came. I got a

warning. I'm luckier than most," said Robb.

Robb's family all came to visit, including Robb's daughter, Alaina, who flew from Edmonton to be by her mother's side and together, they celebrated her 23rd birthday in the hospital room.

"Because it's hereditary, both children know it's a wake up call for them as well. Both are working hard to be healthier," said Robb, who recently walked 164 steps to the top of the Diamond Head Volcano with her husband and daughter while on vacation in Hawaii. Robb is also looking out for her own health. Already a moderately active woman before the attack, she has made significant changes to her lifestyle to help prevent future attacks.

"I have an absolutely different outlook on life. At the time of the attack, I was only 48 and pre-menopausal, so there seemed to be a denial, and idea that it can't happen. I know better now. I tell my husband, not living is not an option. I've taken up kayaking again after a long absence. I do Pilates five days per week, and I can now ride my bike up to 15 km. I just make the time to do it."

Said Robb who is currently eating healthier and only working part-time to keep her stress-level in check. In addition, Robb plans to volunteer as a Team Leader for the 2008 Heart and Stroke Big Bike, in hopes of bringing the 30 seater through her community of Pine Falls for the first time ever.

"I'm a strong advocate. I think (Big Bike) will be an excellent tool to bring more awareness to our area. People need to be better informed on their health and ensure that preventive (rather than reactive) measures are taken, and I'm passing that on to anybody who will listen."

Thousands of Canadians die each year of heart attacks because they don't recognize the signals early enough. Warning signs include pain in the chest, neck, jaw and shoulder and back; shortness of breath; nausea; sweating and or fear or denial. Heart disease is the leading cause of death in women. Pre-menopausal women with diabetes have similar risk to men of the same age.

## Library Allard News



### Beaches Library Summer Reading Program

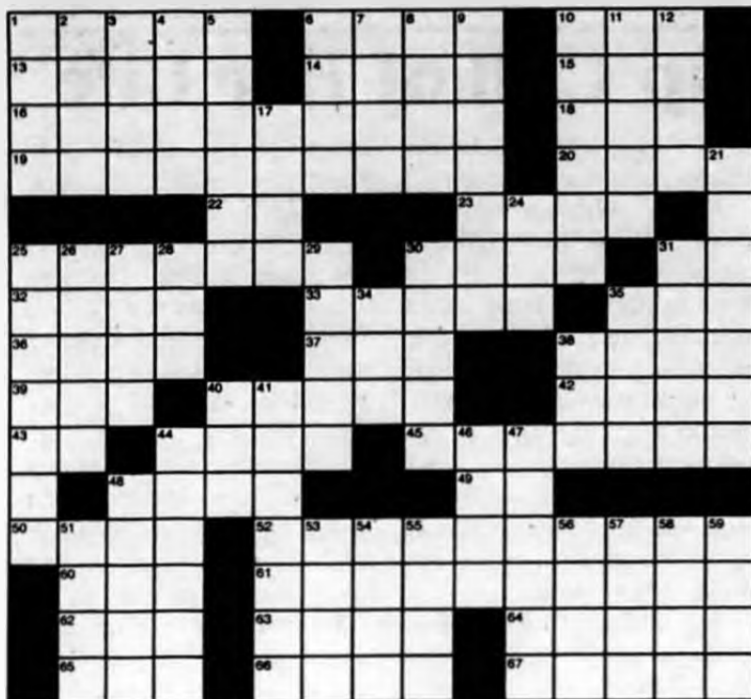
Library Allard/Beaches Library staff would like to welcome Robin Spakowski to our team. Robin will be the Summer Programmer/Student Librarian for July & August at the Beaches

Branch Library. With the hiring of Robin comes extended hours for the library as well as this was such a "hit" last year for cottagers & permanent residents alike. Robin will also be implementing a summer reading program for school children ages 6 and up. Stop by the library or give Robin a call for more information. The new Beaches Library Hours are Tuesday & Wednesday 9:00 - 3:00, Thursday & Friday 1:00 - 8:00, Saturday 10:00 - 2:00. Beaches Library has

internet access that is free for all. Photocopy/print/fax services are also available.

Allard Regional Library in St-Georges is also offering a summer reading program that students ages 6 and up can participate in. However, due to our small space, this program is one students can do with their families at home. We have a bookworm reading challenge wherein students complete a bookworm reading card, they can pick a prize from our treasure chest. More details at the library.

# Weekly Crossword

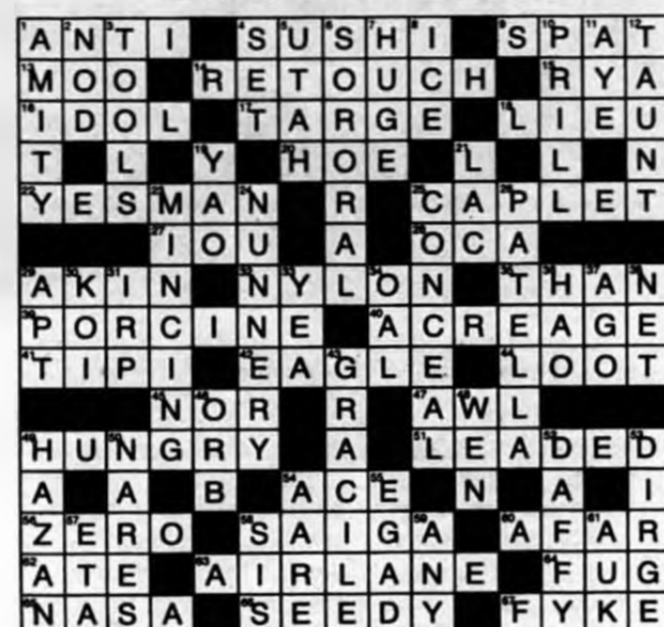


40. Found pleasant.  
42. Tiny piece of anything.  
43. Novel by Stephen King.  
44. Clownish.  
45. Of a triangle having three sides of different lengths.  
48. German for "stream."  
49. Used to connect words representing alternatives.  
50. Long, usually formal, woman's dress.  
52. Composed of one leg-islative body.  
60. That which is below standard.  
61. Organize into modules.  
62. Smallest whole number.  
63. Declare positively.  
64. Backless sofa.  
65. Good hearing.  
66. Person's reputation.  
67. Concerning.

1. General kind of some-thing.  
6. Injure with a sharp, point-ed object.  
10. Large storage vessel.  
13. Past tense of "arise."  
14. Feel concern.  
15. Capital of an Armenian kingdom 3,000 years ago.  
16. Mortician.  
18. Discenumber.  
19. Constellation Ursa Minor.  
20. Whole individual unit.  
22. Negative.  
23. Undecided.
25. Worn out.  
30. Peasant laborer.  
31. Used to express surprise.  
32. Common currency shared by members of the European Economic Community.  
33. Burning feeling of skin.  
35. Fossilized coal used only as jewelry.  
36. Decide what will be removed.  
37. Negative side.  
38. Breed of medium-sized Hungarian sheepdog.  
39. Loud, harsh noise.

17. Walk on.  
21. Month of May.  
24. Forward and back.  
25. Parallel grooves cut into the edge of a coin at right angles to the face.  
26. Official examination of a company's books.  
27. Act of closing the teeth and showing them.  
28. Past participle of "get."  
29. Highly offensive.  
30. Causes to go some-where.  
31. Profits earned from a business venture.  
34. Channon, actor.  
35. Strong, coarse fiber used for making burlap.  
38. Friend.  
40. Resinous incrustation
- produced by the female of the lac insect.  
41. Extremely cruel in a frightening way.  
44. Benjamin, conductor of the Boston Philharmonic.  
46. Type of fossil fuel.  
47. Large fleet.  
48. Devil, film starring Robert Stack.  
51. Woodwind instrument.  
53. Appearance of a new star.  
54. Same as above.  
55. Successful treatment of a disease.  
56. Bode, vocalist.  
57. Tear it apart.  
58. Muslim call to prayer.  
59. Actively cause some-thing to happen.

## Last Week's Answers



Each letter represents another letter in the alphabet.  
See if you can break the code to figure out the famous quotation

## Last Week's Solution

CANADA IS THE LINCHPIN OF THE ENGLISH-SPEAKING WORLD - SIR WINSTON CHURCHILL



## CRYPTIC PUZZLE

AB CDQ BE FGAHASJJ, KBLSMSN JTCPP,

GJ SMSN LCJQSH - CSJBR

# Weekly Horoscopes July 10 to July 10

**ARIES** (Mar. 21- April 20) You will be full of energy and you need to find something constructive to do. Your outgoing nature will surprise others this week. You may find yourself in a heated dispute with a friend if you try to change your mind. Don't forget to read the fine print.

**TAURUS** (Apr. 21- may 21) Children might be on your mind. Don't hesitate to make special plans just for two. Groups and organizations that indulge in social events to raise money will be conducive to meeting new and exciting lovers. Don't go out of your way, and don't let these unexpected guests cost you money. You will be able to borrow money in order to invest.

**GEMINI** (May 22-June 21) Take the time to close deals that have been up in the air. Romantic opportunities will develop through friends or relatives. Try to curb overindulgence this week. Don't let your emotions interfere with completing your chores.

**CANCER** (June 22-July 22) Visit someone who hasn't been feeling well lately. Camping, swimming, and biking expeditions should all be considered. Sudden good fortune will help you cover your debts. Take care of any dealings with government agencies.

**LEO** (July 23-Aug 22) A need to express yourself may come out in creative ways. Your compassion will be appreciated more than you can imagine. Property investments should payoff. Trouble could be brewing at home.

**VIRGO** (Aug. 23 -Sept. 23) It's hard to stay mad if the object of the anger refuses to react. Take time to help children with projects that may be too hard for them to do on their own. You will be moody and react poorly to issues concerning your mate. Your generous nature could be taken advantage of.

**LIBRA** (Sept. 24 -Oct. 23) Toning, fitness, pampering should all be scheduled. The key to feeling good about yourself will be to do something about it. Don't be too eager to give a piece of your mind or even your opinion this week. Residential changes, renovations, or moves are likely to disrupt your routine.

**SCORPIO** (Oct. 24 - Nov. 22) You'll be dropping friends for no apparent reason. Sudden changes regarding friendships are likely to occur if you have tried to change others. You will find that you are able to clear up a number of small but important details. Get help setting up a reasonable budget. Look into ways of making extra cash.

**SAGITTARIUS** (Nov. 23 -Dec. 21) Social activities or travel should be in your plans. Opportunities for romance will develop through group endeavors; however, the association isn't likely to last. Use your genuine warmth and compassion to win hearts. Build on friendship rather than starting out in an intimate encounter.

**CAPRICORN** (Dec 22- Jan. 20) Romantic opportunities will be plentiful if you get out and mingle. Take care of your personal needs. Assist a relative or good friend by setting of a budget for them. You may have difficulties with in-laws or family members.

**AQUARIUS** (Jan. 21 -Feb. 19) Your bankbook will suffer and your restrictions will put a damper on your relationship. Exhaustion combined with overindulgence could result in minor health problems. You need to be sure that you aren't in your present relationship because it is convenient. Get together with friends and do something entertaining but not too expensive.

**PISCES** (Feb. 20-Mar. 20) You will enjoy travel and getting together with peers. Proceed with caution if operating equipment or vehicles. Your efforts will be rewarded handsomely. Relationships have not been the best for you lately and it's left you somewhat gun shy.

## Public Notice

### UNDER THE PLANNING ACT NOTICE OF PUBLIC HEARING REGARDING BY-LAW 12/08

The Council of the Rural Municipality of Alexander under the authority of the Planning Act will hold a PUBLIC HEARING at the office of Municipality at St. Georges, Manitoba on the 22<sup>nd</sup> day of July, 2008 11:00 a.m., at which time and place the Council will receive representations and objections from any persons who wish to make it in respect of By-law No. 12/08 to amend the R.M. of Alexander Zoning Law No. 08/98 as amended.

A copy of the above noted By-Law of the Rural Municipality of Alexander and supporting material may be inspected by any person during regular office hours from 8:30 a.m. to 4:30 p.m. Monday to Friday at the office of the Municipality at St. Georges, Manitoba.

The TABLE OF CONTENTS of the Rural Municipality of Alexander Zoning By-law is hereby amended by deleting the following sub-section in PART 2 ADMINISTRATION:

#### 2.14 FEE SCHEDULE

**MOBILE HOMES AND MOBILE HOME PARKS**  
Sub-section 4.2.3 Mobile Homes and Mobile Home Parks is hereby amended by deleting the following:

(g) Attached, enclosed structures or buildings such as cabanas, summer kitchens, breezeways and similar structures shall be permitted onto mobile homes up to a maximum area of 250 square feet for each mobile home. For purposes of compliance with clearance and set requirements, additions shall be considered as being part of mobile home.

Sub-section 4.2.3 Mobile Homes and Mobile Home Park hereby further amended by re-numbering Section 4.2. reflect the removal of subsection 4.2.3(g) accordingly.

Table V "RMH-P" Residential Mobile Home Park Zone and Bulk Table of Sub-section 4.3.2 is hereby further amended by deleting the following row of the use and table:

REQUIREMENTS	FOR MOBILE HOME PARKS WHERE PUMP/OUT HOLDING TANKS SEWAGE DISPOSAL SYSTEMS ARE USED FOR EACH INDIVIDUAL MOBILE HOME	FOR MOBILE HOME PARK WITH MUNICIPAL AND/OR CENTRAL WATER SUPPLY AND SEWAGE DISPOSAL SYSTEMS
Maximum floor area of attached enclosed structures such as cabanas, summer kitchens, or other living areas	250 sq. Ft.	250 sq. Ft.

#### TOURIST CAMPS AND TRAVEL TRAILER PARKS

That Sub-section 5.2.3 (a) Tourist Camps and Travel Trailer Parks is hereby amended by deleting the following:

(vii) Cabanas are not to exceed the length of the travel trailer excluding hitch assembly, or exceed 12 feet in width. Cabanas are to be self-supporting and not structurally attached to the travel trailer. Except for the roof and a 60 square foot maximum change room or bathroom, cabana may not be enclosed or sheathed in, but may be screened only. The cabana roof may be extended over the travel trailer to maximum width of 24 feet, but is to be self-supporting and not structurally attached to the travel trailer by any means

#### TOURIST CAMPS AND TRAVEL TRAILER PARKS

Sub-section 5.2.3 (a) Tourist Camps and Travel Trailer Parks is hereby further amended by re-numbering Section 5.2. reflect the removal of Subsection 5.2.3 (a)(vii) accordingly

#### RECREATION MOBILE HOME PARKS

Table IX Recreational Mobile Home Parks Use and Bulk Table of Section 5.4.3 be amended by deleting the following row:

REQUIREMENTS	FOR MOBILE HOME PARKS WHERE PUMP/OUT HOLDING TANKS SEWAGE DISPOSAL SYSTEMS ARE USED FOR EACH INDIVIDUAL MOBILE HOME	FOR MOBILE HOME PARK WITH MUNICIPAL AND/OR CENTRAL WATER SUPPLY AND SEWAGE DISPOSAL SYSTEMS
Maximum floor area of attached enclosed structures such as cabanas, summer kitchens, or other living areas	250 sq. Ft.	250 sq. Ft.

Margaret Bonekamp, C.M.M.A.  
Chief Administrative Officer

## Classifieds

### Birth Announcement

**Mackenzie Elize SANDERSON**  
"Big" brothers, Bailey & Aidan, proudly announce the arrival of their beautiful baby sister! Mackenzie arrived on June 7, 08 weighing 9lbs. 3 oz & was 21 1/2 in. Proud parents are Adam & Jodie Sanderson. Meegwech to Our Creator for the safe & healthy arrival of our first granddaughter..... We are delighted! "Shoom" & "KoKo" Sinclair "Papa" & "Nana" Sanderson

### Help Wanted

Cook wanted for La Grande Tasse  
Call 367-9978 TFN

### For Sale

29 ft. ERCOA Pontoon Boat. 65 HP Evinrude Motor. 2 Batteries - 2 Tanks (2 adult, 2 child's life jackets). Tandem Trailer - Shoreliner. \$12,500.00

1998 F150 Club Cab Truck: 84800 KM - Remote - AC/PW/PS. Dk. green with Cap and box liner Call Des - 367-8403. \$8500.00. **SOLD**

### Business For Sale

**BUSINESS FOR SALE**  
Rusty Nail Tavern For Sale  
Call Marlene at 367-2398 TFN

### For Rent

I want to rent a house or trailer in the St. Georges, Pine Falls and Great Falls area, phone 1-204-482-6171.

## Business Directory

### HOME RENOVATION

**O'HANLEY INSULATORS**  
Blow In Cellulose Insulation  
Free Estimate  
Call Charles 367-1578  
Messages 367-4411  
Cell: 266-9193  
ohanley-insulators@hotmail.com

**WANTED 8 HOMES THAT NEED NEW WINDOWS**  
Eight (8) homeowners in this area will be given the opportunity of having Climate Shield Premium Windows installed on their homes at a very reasonable cost.  
Your home can be a showplace in your neighbourhood and we will make it worth your while if we can use your home as one of our model showhomes.  
Ask about low monthly payments through Hydro  
For an appointment call  
Mr. Stewart at  
**NISSBY WINDOW & DOOR**  
1-800-582-5488  
www.nisby.mb.ca

### Obituary

#### Edward Siddall... Continued from page 1

continued his love of physical activity throughout his life, working out three times a week well into his eighties. He travelled extensively and enjoyed all mediums of cultural arts, including the symphony, the theatre, plays, and museums worldwide, especially those in New York and most recently, on a trip to Paris, France.  
In his retirement, Ted pursued his true passion for art and began painting and sculpting. He could be found at the Forum Art Institute four days per week, and he participated in several art shows, selling many original pieces and being commissioned for others. He made many friends at the Forum and will be greatly missed there. All who knew Ted loved his quiet nature and positive outlook in life. He accepted people for who they were without passing judgment; he never had a harsh word to say about anyone and was accepting and forgiving of all. He was an intelligent man, full of charm, and had a good sense of humor. Mostly, he was down-to-earth and had a gift for 'captivating his audience'. Ted was deeply loved by all his family and friends; his kind spirit has left an imprint on our hearts and souls, and he will be forever missed.  
As per Ted's wishes, cremation has taken place. A memorial service in celebration of Ted's life will take place at the Powerview Catholic Church at 38 Laura Street on Saturday, July 12th at 1:00 p.m. All are welcome to attend.  
In lieu of flowers, if so desired, donations may be made to Riverview Health Centre, the Lung Association MB, or a charity of one's choice.  
The family would like to thank Dr. Janice Richman-Eisenstat and all the E2 wing staff at Riverview for their thoughtful and devoted care. As well, we would like to kindly acknowledge those patients who befriended Ted during his time at the centre.

### Wings of Power

Wings of Power is a community-based parent-child centre that provides families with resources and services related to nutrition, parenting, and literacy; these also include health and wellness. We are currently recruiting the following positions for our Junior Kindergarten Program:

**Teacher/ Outreach worker 20 hrs/wk**

This position will include four half days a week of classroom time with four year old children and the remaining time will be outreach work with the families in the program.

ECE II or III, ability to work with families, ability to collaborate with professional staff is required. Knowledge of the community and resources would be an asset.

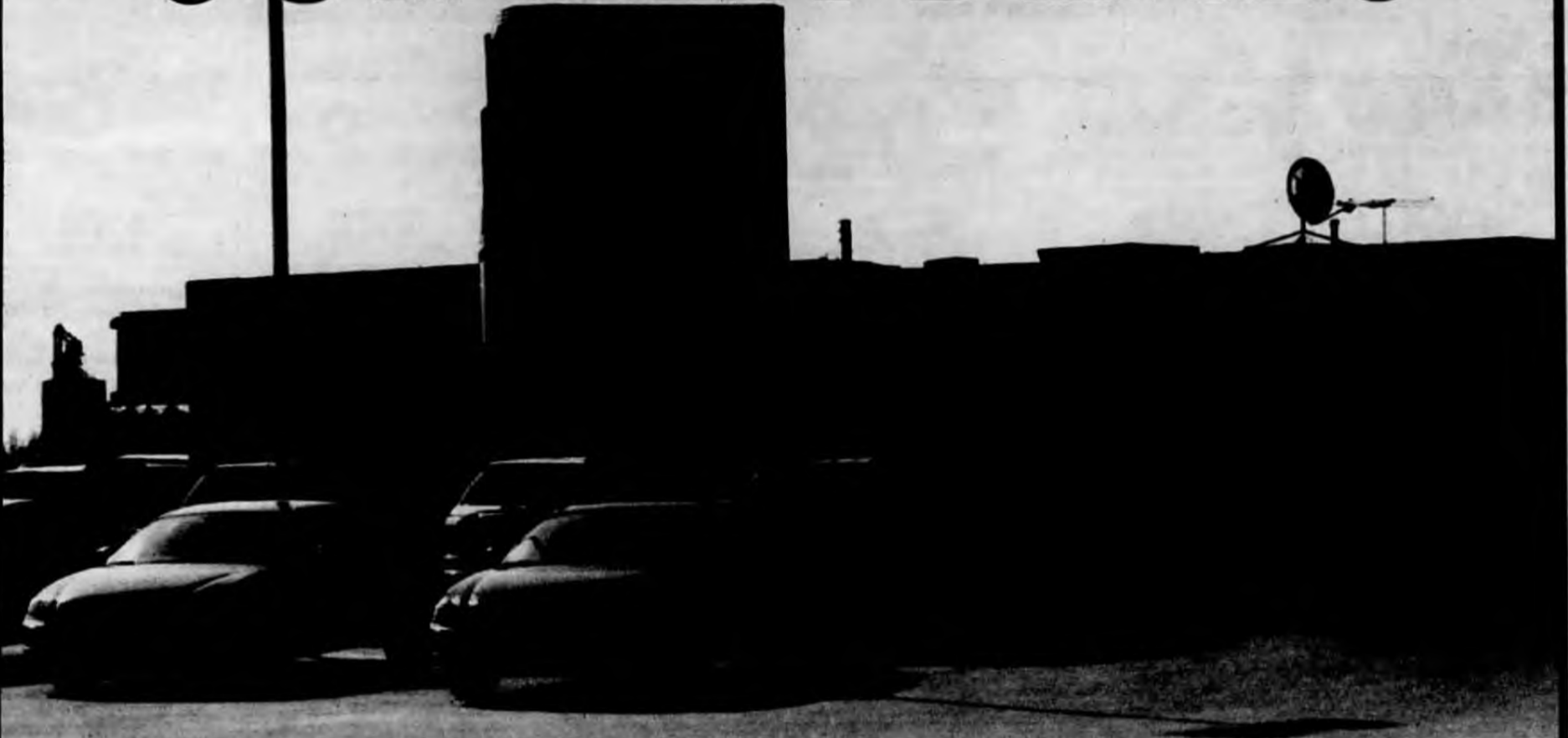
**Junior Kindergarten Integration Worker 12-14 hrs/wk**

The successful candidate(s) will work with the teacher and with the provincial Children with Disabilities Program. Experience working with young children with developmental disabilities would be an asset. Candidates must be self-motivated and able to work as part of a team.

Further information on Wings of Power and/or the Junior Kindergarten program is available by contacting Michelle Berthelette at 367-9641. Forward resumes to Wings of Power, Box 66, Pine Falls, MB, R0E 1M0, fax: 367-9784, or email to [mb.wingsofpower@mts.net](mailto:mb.wingsofpower@mts.net). Closing date is Tuesday, July 15. Only those candidates selected for interviews will be contacted.



# SUMMER DEALS



**2008 PONTIAC MONTANA Sv6**  
 RWB, A.C, power group, deep tint glass,  
 cruise, Onstar, Remote start, and much more!  
**Cash Deal Only**  
**\$19980** plus taxes **OR** **SMARTLEASE**  
**\$319** plus taxes  
 48 mth lease 20k/yr



**2008 CHEVROLET EQUINOX**  
 LS FWD, Team Canada Edition  
**Starting from:** **\$28989**  
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**2008 GMC SIERRA SLT**  
**Crew cab 4X4 Z71**  
**Very well equipped!** **Cash Deal Only**  
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2006 Pontiac Montana Sv6 Ext.,  
 Only 48k, \$15900



2004 Chevrolet Silverado LS Crew cab  
 4x4 Z71, 5.3L, Bucket seats, pwr seat,  
 Base +much more 78k, Only \$21900



2001 Buick Century,  
 Very nice condition,  
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**Shawn Stogran**  
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**Edna Ritcho**  
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**Herb Kowalke**  
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**Richard Smith**  
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