



Serials Clerk
 Legislative Library of Manitoba
 Room 100 - 200 Vaughan Street
 Winnipeg, MB
 R4C1T5 comp.

Public footpath to be re-opened

75 year old Pine Falls Footpath to be reinstated

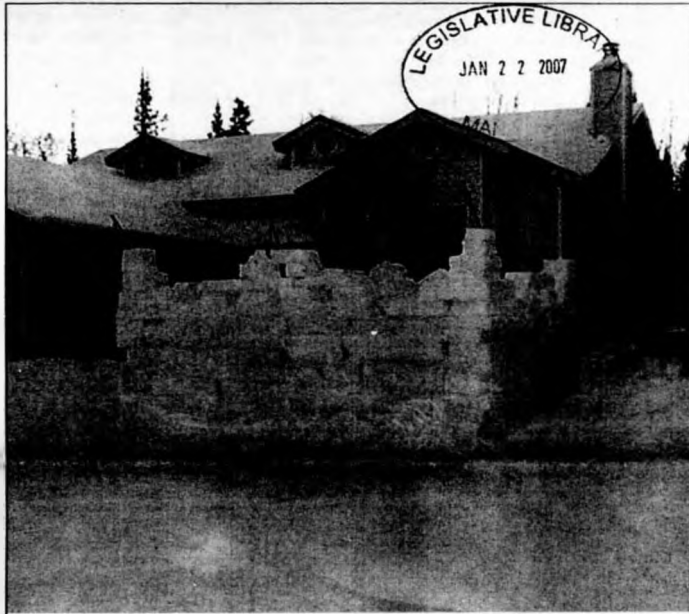


by Charles Norman

The public Footpath in Pine Falls, between the Village Green and Linden Road was scheduled to be re-opened Monday, January 15, but cold weather on Monday caused a postponement to today.

(Tuesday January 16)

The footpath is on private property. The closure last fall was initiated by Sean Kemball who lives on Balsam facing the Village Green; the footpath crosses his property but is not mentioned on his certificate of title. Because of this he claimed a right-of-way did not exist and closed off his portion



An amazing snow fort built by Gabe Boulette and family on Elm Street in Pine Falls will certainly provide a nice shelter when playing outside during this cold January.

Pine Falls fortress fun for family

of the footpath.

The closure caused a great deal of controversy. It was pointed out that, according to the Manitoba Real Property Act, if a right-of-way existed prior to the transfer of a prop-

erty it continued to exist whether or not it was included in the land title.

It has taken several months of public agitation, but after examining the legal ramifications, and discussions with the prop-

erty owners, the municipality has decided to re-open the footpath to the public.

The footpath has been in existence since the town was built 75 years ago.

LAB INSURANCE

32nd Street and McArthur,
 Lac du Bonnet.

NO CHARGE INSURANCE QUOTE

- Photo Drivers Licences
- autopac • Insurance - All Types

OPEN: Mon. to Fri. 8:30 a.m. to 5:30 p.m.
 Plus Saturday, 9:00 a.m. to 4:00 p.m.

We are independent - we work for you!

345-8607

Toll free: 1-888-345-8196
 Res: 204-753-2674



An Independent Insurance Broker
 Covers You Best.

The Groomer has no business telling me what I can do with my driveway - Nellie Danwich

by Charles Norman

After five years of problems with snowmobiles and groomed trails Nellie Danwich is losing patience. Almost as soon as snow groomers appeared on the scene they have been causing problems for Mrs. Danwich. She lives on Highway 59 just north of Traverse Bay Corner, and every year, after every snowfall, the snowmobile trail groomer packs down the snow across Mrs. Danwich's driveway. By the end of the winter there is a foot of ice across the drive way with a foot-high ridge that has to be chipped away with picks. In the spring they spread gravel from the driveway into the ditches on either side of the driveway.

"Last year they moved my lot sign without my permission, and smashed up my solar lights," She said. Mrs Danwich

said she would have no objection if they moved the trail to the other side of the road, (where she also owns the property), nor would she object if they moved the trail up to the shoulder where it crosses her driveway. "But you can't tell them anything. She said. "The groomer has no business telling me what I can do with my driveway."

Stop signs were recently installed at the driveway, but they are completely ignored by the snowmobilers. Mrs Danwich said about 30 of them went by last weekend, "but not one of them ... not one of them stopped."

Her son Ken Danwich is even more incensed. "They go through there like a bull in a china shop." He said. "We're tired of cleaning up after them. We've had it with this groomer. I've never met any-

one who has no regard for anyone. Who has the authority? No one knows. He does what he wants. I told him my mother is ninety years old."

"I don't really care" the groomer replied.

He blocked my mom's driveway twice in one day - not once, but twice in one day," Danwich said. "Last year he was really being a real jerk."

R. M. of Alexander Reeve George Harbottle said he sees no reason why the trail cannot be moved to the other side of the highway. He said that he is meeting with the Highways Department on the 25th of January to discuss moving the trail to the other side of the road. Ward 1 councillor Ed Arnold will be meeting with the snowmobile club prior to Highways meeting.

More studies needed for Wellness Centre

by Charles Norman

The land on which the proposed Wellness Centre is to be located has to go through a formal sub-division application. That process started last summer. Requirements by various government departments have recently been transmitted to the RM.

Only the Department of Transportation and Government Services had any problems with the proposal - because the Wellness Centre will be on Highway 59, which is a restricted access highway, the department wants a traffic study to be completed before approval. They also want assurance that the development will not interfere with highway drainage in the area.

There does not appear to be any problem with either of these conditions - except for the cost - The Wellness Centre will actually be on an extension of Highway 11 across from Traverse Bay Corner, and not directly on Highway 59. Also drainage north, in the ditch on the west side of 59, to the Hillside lagoon should not be a problem.

But at last week's council meeting, councillors speculated that the cost for the two might be as high as \$30,000. RM Reeve George Harbottle said he could see the cost being part of the municipality's contribution to the project, but would like to see some commitment from the other two municipality's involved (Victoria Beach and St Clements), before formally committing to the project. He told *The Echo* that it should be up to the Wellness Centre group to organize this.

EMCA - Eastern Manitoba Concert Association
Presents
PAVLO
Mediterranean Music & Vocals
Friday, Jan. 19th, 2007
at 8:00pm
Pinawa Community Centre
20 Vanier Drive, Pinawa



Single Performance: Adult \$20-Student (K-12)\$10.
Call Cathy 753-2767
Experience the Music
www.emcacanada.com

Lac du Bonnet Legion #164
WEEKLY ACTIVITIES
Open Monday to Saturday
10:00 a.m. to 10:00 p.m.

MONDAY
Table Top Curling 6:30 p.m. - Lounge
Bingo 7:00 p.m. - Hall

TUESDAY
Po Ke No 2:30 p.m. - Lounge
WEDNESDAY
Cribbage 7:00 p.m. - Lounge
THURSDAY
Darts 7:00 p.m. - Lounge
FRIDAY
Bingo 7:00 p.m. - Lounge
SATURDAY
Meat Draw 2:30 p.m. - Lounge

Happy Hour Every Day
All Members & Guests Welcome



STEPHEN KULYK
EMAIL: steve@kulykfinancial.com
Serving the area since 1995

- Pension/Group Benefits
- RRSPs/Personal Insurance
- Retirement Planning

2 McDougall Ave.
(BEHIND CAISSE POPULAIRE)
ST. GEORGES, MANITOBA
CALL 367-9572

SPECIALS NITE Papertown
Motor Inn

Thursday	Friday	Saturday
Bud, Spud & Rib Night	Bud, Spud & Steak Night	Bud, Spud & Riblets Night
\$8.99	\$7.99	\$7.99

Tax included

HAPPY HOUR
Every Weekend
4:30-8:00pm



BINGO
Royal Canadian Legion #164
Lac du Bonnet
Legion Hall, at 7:00pm



Every Monday Evening
ACCUMULATIVE JACKPOTS
Everyone Welcome!

Great Falls Tuesday Nite
BINGO
Great Falls Hall 7:30pm

There will be **NO BINGO** for the Months of January, February & March

Bingo will resume April 3rd



Publisher
Valarie Anderson

Writers
Jim Hampshire
Charles Norman

Production/Art Design
Lori Pachkowsky

SUBSCRIPTIONS
Local Rate: \$33.90
National & Urban Rate: \$45.20
Foreign Rate: \$113.00
(prices include PST & GST)

2nd class mail #1743687
(Postage paid in Pine Falls)

P.O. Box 178, St. Georges, MB R0E 1V0
Place McDougall, St. Georges
e-mail: theecho@mts.net
Powerview Office Ph: 367-9468 Fax: 367-9974

The **Winnipeg River Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Mediterranean heat hits Eastern Manitoba

by Evelyn Selda

Sizzling Mediterranean music arrives just in time to heat up a cold Manitoba January.

On January 19, Pavlo, labelled the "Greek God of the Guitar" by the News Leader in Duncan B.C. will mesmerize the audience at the Eastern Manitoba Concert Association (EMCA) in Pinawa.

Born in Toronto's Greektown, Pavlo Simtikidis, (known as Pavlo on stage) will weave Flamenco, Latin, classical and particularly Mediterranean through his guitar strings and Greek Bouzouki, accompanied by his haunting voice and his feet. Yes, feet. Pavlo, in true Greek tradition, does not just sit and play, he activates his music. A warning to audience members, particularly in the front rows, he has been known to coax dance partners to the stage.

Pavlo has worked with the best from the beginning of his career. While a newcomer to the industry, he opened the newspaper one day and

saw that Gordon Lightfoot was playing Massey Hall.

"I said 'OK, I think we might share the same demographic'", said Pavlo during an interview with CityLife reporter Graham Rockingham. He called Lightfoot's office and instead of being rebuffed, his call was taken by one of Lightfoot's handlers. Although it didn't get Pavlo a gig with Lightfoot, it started him on a path to a national tour opening for Canada's first lady of the guitar, Liona Boyd. He has composed works for her as well. Boyd has been quoted as saying, "A brilliant composer and guitarist, Pavlo is just a fabulous performer".

This prolific artist has four albums on the market. The first, self-titled "Pavlo", the second "Fantasia" which was nominated for Best Instrumental Album of the year at the 2000 Juno Awards. The third is "I Feel Love Again" and the fourth "Frostbite". In

2004 he won World Artist of the Year at the Canadian Independent Music Awards. As well his recordings "Pavlo" and "Fantasia" have received Gold certifications in Canada.

Pavlo has worked many large venues and in 2001 he performed for Prince Charles but he said he liked working with small audiences just as well. "It keeps me grounded," he said.

This man is a true showman. He will leave you wanting more - more music from Latin America, Eastern Europe and particularly the hot sunny Mediterranean.

Pavlo's EMCA performance will begin at 8 p.m. on Friday, January 19 at the Pinawa Community Centre, 20 Vanier Drive in Pinawa. For ticket information contact Cathy at 753-2767 or visit EMCA's website at www.emcaconcerts.com.



Pavlo will be playing at the Pinawa Community Centre on January 19th.



NEWS TIPS?
Call us at 367-9468

Seniors, Did You Know?

That the Winnipeg River Senior Services in Pine Falls offers the following...

- Home Maintenance
Help with caring for your home, inside/out.
- Foot Care
Professional Staff come to you home to provide basic footcare
- Transportation
We offer handivan services or paid volunteers to drive you to shopping, appointments, etc. ... The handivan must be booked in advance.
- Friendly visiting
Volunteers spend time with individuals who are lonely
- Red Cross Loans
The Sick Room Equipment Loan Service provides wheelchairs, walkers, and canes to up to three months.
- Victoria Lifeline
When others can't be with you or your loved one, Victoria Lifeline is 24 hours. A one time installation charge and low monthly fee puts assistance just a push of a button away.
- E.R.I.K.
Emergency Response Information Kits contain pertinent information in case of an emergency. Call Tina at the Winnipeg River Senior Services 367-9329 for more information.





One call to our new number does it all

Starting **January 15, 2007**, call **1-800-665-2410** (toll free) to report your claim for handling at our Beausejour Claim Centre.

Dialing **1-800-665-2410** will route your call through the Manitoba Public Insurance Call Centre. Just tell our customer service rep you'd like your claim handled at our Beausejour office.

Our customer service rep will take your report and arrange your damage estimate appointment, if you need one. The whole process is fast and easy.

For your convenience, our Call Centre operates on extended hours:

Monday to Friday
7:00 a.m. to 9:00 p.m.

Saturday
8:30 a.m. to 4:00 p.m.



Fitness Coop to open March 1

by Charles Norman

The Rivers North Fitness Coop is gearing up for a March 1st opening. The Coop will be located in the Powerview Arena and will be open, on a card-lock system 24 hours per day, 7 days a week. There will be a camera security system.

\$30,000 has been raised and professional exercise equip-

ment has been ordered. Membership in the coop costs \$100 and is a one-time only cost. User fees are lower for Coop members than for non-members.

People can get more information, or can register, at the Recreation Office in the Pine Falls School on Tuesday, January 16 at 6:30 pm. Registration

forms can be picked up from Linda Cyr at the Tembec Woodlands office, from the Powerview - Pine Falls town

office, or from the Recreation office at the Pine Falls School.

There has been a great deal of interest shown in the Coop,

and they are expecting to get close to 100 members by the time the membership drive is over.

South Beach Casino encourages patrons to play responsibly

While most Manitobans view a trip to a casino as simply a fun and relaxing form of entertainment, a small percentage of the population will find that gambling harms their financial, personal or professional life. Recognizing that some of its patrons may find its games simply too enticing, South Beach Casino at Scaterbury has implemented programs and initiatives to help prevent gambling from getting out of hand.

"The owners and managers of South Beach Casino are strongly committed to responsible gaming," says Barry Denesiuk, Director of Casino Operations. "While we welcome patrons to spend their entertainment dollars in our casino, we certainly don't want them to spend borrowed dollars or dollars required for daily living."

To help its patrons play responsibly, Denesiuk says all relevant staff are taught to rec-

ognize the signs and symptoms of problem gambling and where to refer clients for help. They learn how to tactfully suggest the player take a break from the gaming tables or slot machines, and might even suggest the patron consider enrolling in the casino's Voluntary Exclusion Program.

Under this program, patrons can request that they be banned from the casino for one year or longer. The patron requesting the ban is required to sign a consent form agreeing to a one year exclusion from the casino and must have his/her photo taken to allow identification by staff. Patrons desiring re-admittance after the one year exclusion must submit a written request and must complete a gambling education course before being allowed to return.

Denesiuk adds that not all casino bans are voluntary. For example, he says the casino will exclude a patron for up to two years if they have left children

under the age of 12 unattended in a vehicle.

Organizations that work to overcome and prevent gambling addictions estimate about two to three percent of players develop some degree of gambling addiction. To prevent gambling from becoming all-consuming, they say it's important to decide on a loss limit ahead of time and stick to it. They also warn against gambling when stressed or depressed, and against borrowing money to gamble.

In addition to providing staff training and the Voluntary Exclusion Program, Denesiuk says South Beach Casino is working to educate patrons and the general public about the potential dangers of gambling. To that end, casino patrons will find many reminders about responsible play through brochures, washroom posters and even scrolling messages on the slot machines.

The casino has also revamped its website (www.southbeachcasino.ca) to include a 20 question quiz used by Gamblers Anonymous, to help web visitors assess whether they have a gambling problem. The site also debunks some common myths about slot machines.

"It's surprising how many people think that if they have a 'system' when playing slot machines or VLTs, they can increase their odds of winning," says Denesiuk. "In fact, there is no way to improve the chances of winning. All VLTs and slot machine are designed so that each press of the button or pull of the handle is completely random and independent of earlier plays. All VLTs and slot machines in Manitoba are programmed to take money over time."

Manitobans who think they may have a gambling problem, or are concerned about the gambling activities of someone they know, are encouraged to call the Addictions Foundation of Manitoba Problem Gambling Helpline at 1-800-463-1554 or 944-6382 (Winnipeg).

This Space is Gathering Dust!



Call to place your Ad!
The Echo 367-9468

THE RURAL MUNICIPALITY OF ALEXANDER CALL FOR TENDERS

FOR THE SALE OF RM PROPERTY

The Rural Municipality of Alexander is hereby calling for tenders for the sale of RM properties listed below. Tender conditions may be obtained between the hours of 8:30 a.m. - 4:30 p.m. Monday to Friday from the Administrative Office situated at 104058 P.T.H. # 11.

All tenders shall be submitted in accordance with the tender conditions. The property is subject to the reserve bid as shown below.

Deadline for tenders: Friday, February 2, 2007 at 4:00 p.m.

Tenders will be opened Wednesday, February 7, 2007 at 10:30 a.m.

Roll #	LEGAL DESCRIPTION			Reserve Bid
	Lot	Block	Plan	
154183	20	2	15333	7,300

Submit Tenders in accordance with tender conditions to:

Margaret Bonekamp, Chief Administrative Officer
Box 100, St. Georges MB R0E 1V0



NEWS TIPS?

Call us at 367-9468

OPEN HOUSE

Please join us at our
OPEN HOUSE

Tembec

TEMBEC INDUSTRIES INC.
FOREST RESOURCE
MANAGEMENT
GROUP
PINE FALLS OPERATIONS



◆ Input to the Draft 2007-2008 Operating and Renewal Plan and the 2009-2028 Forest Stewardship Plan

DATES & LOCATIONS

- Monday, January 22
Place Louis Riel
Winnipeg 7:00 p.m. - 9:00 p.m.
- Tuesday, January 23
Lac du Bonnet Community Centre
Lac du Bonnet 7:00 p.m. to 9:00 p.m.
- Wednesday, January 24
Bissett Community Hall
Bissett 7:00 p.m. - 9:00 p.m.
- Thursday, January 25
Manitou Lodge
Pine Falls 7:00 p.m. - 9:00 p.m.
- Tuesday, January 30
Hollow Water Board Room
Hollow Water 7:00 p.m. to 9:00 p.m.

Christmas Hampers 2006 Wrap Up

This year we delivered 55 hampers, 9 less than last year.

We had a generous response to our needs, and for this we have many people to thank.

Once again, our Christmas people, Lori and Don Robb gave us wonderful support. Our thanks to them for their great spirit of caring and community. Along with their suppliers they donated a box of oranges, one to two loaves of rye bread, bacon, cold cuts, a litre of milk, treats of chips and drinks, for each hamper.

Our thanks and appreciation for all of this to the Robbs and to McDonalds Consolidated; Freybe's Meats; Weston Bakeries and Dave McCaulder; I & P Distributing - Beatrice & McGavins; Schneider's Meats; Pepsi; Old Dutch Foods; Hostess/Frito-Lay.

Speaking of Christmas people - Mike and Brent Osis of Osis Building Supplies continued their annual, generous gift of 10 turkeys. They have been showing their sharing spirit for many years.

Liz and Pic Boiteau bought two very large Christmas stockings, and the Chicken Chef owner and staff sold

tickets and managed the funds for a raffle which brought in \$396.00

Powerview School and staff not only collected a lot of food items, but the Social Committee held a silent auction - \$257.00, and a staff luncheon - \$48.00.

Tembec Paper Group donated 10 turkeys.

Dancys Foods donated groceries to the value of \$350.00.

And the hospital staff had The Great Cereal Challenge and donated over 40 boxes of cereal.

Thanks Yo!

Donations of cash were received from:

Manitoba Hydro - Pine Falls Division, Powerview Ladies Auxiliary, Pine Falls Ladies Wednesday Curling - cash and food items, Great Falls and District Recreation Association - cash and food items, Town of Powerview-Pine Falls, The Hair Shoppe, Pine Falls United church, Duck Lake Ski Club, Pine Falls Service Centre, And many individuals.

The Knights of Columbus members again picked up the boxes of donated food items.

Members of the Fire Department and their chief, Willie Kembal, delivered the hampers locally, and the R.C.M.P. again delivered them to the northern communities of Manigotogan, Seymourville, Hollow Water and Bissett.

It bears repeating that without this combined effort, we cannot imagine what we would do!

The guys from the

Southeast Blades turned out to set up the tables for us to work on.

A special thank you to the Powerview Catholic church. Year after year we are allowed to use the basement space for storing, sorting and packing, and this is a huge help to us.

Our thanks to Tracy Sharpe who is our contact person at the Child and Family Services office; to each one who donated knitted articles, cash or food items.

Thank you to Val at

the Echo office for always finding space for us as we begin and end the project each year.

To read all of this is a very real account of a community in action; of people who care, and who are generous with their spirit and their time.

And so - as always, along with our sincere thanks, our wish to all is for health, happiness, and peace in our lives in 2007.

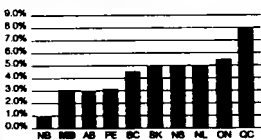
We will be back at the same spot in December, with your help, spreading Christmas spirit once again.



Manitoba businesses exported more than **\$9 Billion** in manufactured goods to the U.S. in the last two years.

That ain't whistling Dixie!

SMALL BUSINESS INCOME TAX RATE, 2007



DID YOU KNOW?

Manitoba's small businesses currently enjoy the 2nd lowest income tax rate in Canada (tied with Alberta). This is significant because businesses with 50 employees or less represent 97% of all businesses in the province, making them the true backbone of Manitoba's diversified economy.

From the bright lights of New York City to the small towns of the American Midwest, the made-in-Manitoba label is recognized for its quality and dependability. In just the last two years, Manitoba exported over \$441 million of buses to the United States alone. Even more impressive is the fact that the Conference Board of Canada predicts Manitoba's 2006 real Gross Domestic Product (GDP) growth will be 3.3% - the third best in the country. The reason for this success is simple. Manitoba enjoys one of the healthiest, most diversified business economies in Canada. Our strong, steady growth combined with our many business advantages like low energy costs, a very competitive cost-of-living, a skilled, hard-working labour force and attractive business taxes help make Manitoba businesses extremely competitive - whether they're doing business within Canada or around the world.

MANITOBA means BUSINESS

Find out more at: manitoba.ca

Manitoba
spirited energy



PINE FALLS Bartender's Delight Winners

Winners of the Pine Falls Curling Club Bartender's Delight raffle were:

1st: Monty Villoux

2nd: Jill Oman

3rd: P. Courchene

Thank you to all the curlers for donating towards the prizes and for selling tickets.

Also a big thank you to everyone who purchased tickets.

The Club raised approx. \$2200.00



Cougars Wolves and Wolverines

A Natural History of the East Beaches and the Belair Forest

The Cougar

by Charles Norman

This is the fourth article of a series dealing with the wildlife in our area and our relation to it. This week's article features the Cougar. We welcome your comments and personal observations - and corrections if your experience differs from what you read here. Every year the series will be published in an annual, full colour, magazine. Your photographs are welcome.

The recent report in the Winnipeg Free Press of the first ever photographs of a Cougar in the wild taken in Manitoba is a good opportunity to deal with the cougars in our neighbourhood.

The photographs were taken by Guy Dew, a swan Valley farmer in September last year, but not reported in the Free Press until Tuesday January 9 this year. Quoted in the Free Press Bill Watkins, a zoologist with Manitoba Conservation said it is the first sighting of a cougar in Manitoba since November 1, 2004. He was wrong. In March 2005, three Cougars, probably a female with two nearly full-grown kittens, were seen sunning themselves in the snow near highway 304 close to where the CMMR railway crosses the road. There may very well have been other sightings since then that were not reported to Manitoba Conservation.

A cougar was shot on a farm near Stead about twenty-five years ago. (It is now in the Manitoba Museum). Since then there have been sightings in the Pinawa area, but none locally until about eight years ago when Helen Norman saw one crossing Highway 59 just north of the Stead Road intersection. The sighting was reported to a Conservation Officer in Winnipeg who did not believe it could have been a cougar, and said it was either a domestic cat or a bear. Since it was about eight feet long from nose to tail it was either a very big cat or a very unusual bear. (A cougar sighting a few days ago in Minot North Dakota is being explained away as a big domestic cat by government of-

ficials.)

Manitoba Conservation now accept that there is a breeding population of Cougars in and around the Belair Forest, and sightings have been frequent. Since Helen Norman's sighting was reported in the Community Voice, there have been several reports of cougars in the area. That same year a cougar was seen crossing Highway 304 just south of Powerview, and another, perhaps the same one, near Great Falls. There were two others seen near Manigotagan that year.

More recently, a cougar was seen on the old CN rail bed close to the Belair store, another by a horseback rider on the North Star Trail, and one was seen dragging a deer into the bush in the RM of Victoria Beach. Three or four years ago, the scat left behind by a cougar was seen on a sandy trail off Lakeshore Road near Belair Properties. It had been covered by the big cat. The huge claw marks were unmistakable.

The cougars main source of food is the white tailed deer. Frequent sightings in the Pinawa area are probably explained by the fact that hunting is not allowed in the LGD of Pinawa.

The cougar is the second largest cat in the Americas, (the jaguar is the largest), depending on food supply and habitat, the male weighs around 150 lbs, and the female around 90 lbs. Body length, without the tail is a little larger than six feet, male are larger than females. Cougars are usually a tawny colour and can vary from a reddish to a grey tawny, or sometimes to a dark chocolate brown. Like all cats the cougar has five digits on the forepaw and four on the hindpaw. Each digit has a long, sharp,

claw which is extremely useful in holding onto its prey. It kills its prey by squeezing the windpipe with its powerful jaws to suffocate the animal or by breaking its neck.

Population densities vary depending on food source. In ideal conditions the area contained by the Catfish Creek Wild life Management Area, (roughly the area enclosed by Highway 304, Highway 11 and Highway 59), about 200 square miles, could support a population of up to 30 cougars. Male cougars have larger territories than females and usually do not overlap with the territories of other males. Several females will occupy one male's territory. The male will mate with as many females in his territory as he can find. Cougars are solitary animals and travel alone except when mating. They are very wary of people.

Cougar's prey is predominantly white-tailed deer, but they will also take elk, and moose calves, porcupine, beaver, coyote, snowshoe hare and ground squirrel. They hunt their own prey and will seldom scavenge animals not killed by themselves.

Females mate for the first time when they are two to three years old. Gestation is about 90 days after which up to six kittens are born, rarely do more than three survive. They are weaned after about five weeks. The kittens stay with the mother until they are about 18 months old. By this time they are almost full grown and male kittens are bigger than the mother.

If you have any comments on any part of this article, or would like to report any other cougar sightings please call me at 756 3057 or email me at cnorman@granite.mb.ca.

To be continued. Copyright by Charles Norman, 2006

Faith Perspective

by Pastor Jake Doell

To Be Blessed - Be A Giver!

Christmas has come and gone and as you look at your visa bill you're saying "Ouch!" that's enough giving for a while. But on the other hand most of us received some gifts in return. Although Christmas is a "giving time" for most people it should an attitude we carry with us through out the year. The Bible encourages us to be givers, for "it is more blessed to give than receive."

I read a very interesting article by Mark Tidd, of Webster, New York. It demonstrates the great lesson that it truly is more blessed to give than receive:

"An old man showed up at the back door of the house we were renting. Opening the door a few inches, we saw his eyes were glassy and his furrowed face glistened with silver stubble. He clutched a wicker basket holding a few unappealing vegetables. He bid us good morning and offered his produce for sale. We were uneasy enough that we made a quick purchase to alleviate both our pity and our fear.

To our chagrin, he returned the next week, introducing himself as Mr. Roth, the man who lived in the shack down the road. As our fears subsided, we got close enough to realize it wasn't alcohol but cataracts

that marbled his eyes. On subsequent visits he would shuffle in, wearing



two mismatched right shoes, and pull out a harmonica. With glazed eyes set on a future glory, he's puff out old gospel tunes between conversations about vegetables and religion.

On one visit, he exclaimed, "The Lord is so good! I came out of my shack this morning and found a bag full of shoes and clothing on my porch."

"That's wonderful, Mr. Roth!" we said. "We're happy for you."

"You know what's even more wonderful?" he asked. "Just yesterday I met some people that could really use them."

I've often heard it said, "It's not how much we give, but how much we have left over after we give." Some of the greatest givers I know are people who have very little of this world's wealth. Yet they give and give without ever complaining.

There are three kinds of givers - the flint, the sponge, and the honeycomb. To get anything out of the flint, you must hammer it out. To get anything from the sponge, you must squeeze it out. The honeycomb overflows with sweetness. I hope you are the honeycomb giver who freely receives and freely gives.

NEWS TIPS?

Call us at 367-9468

The Pine Falls District Health Care Foundation Inc.

"Tree of Lights" Donations

Donated By: Arlene McIntyre

In Memory Of: James Lindsay McIntyre
Arthur & Leora Witt
Leon & Germaine Berthelette
Fred Kalynchuk
Margaret Roy, Pearl Roy,
James Roy
Cameron Frederick

Sarah & Jackie
Mom & Dad



Fay, Leonard & Family
Leo Tardiff, Evelyn Tardiff,
Elizabeth Houston,
Robert Berthelette

Is your subscription due?

Drop in to our office

Place McDougall, St. Georges

Phone 367-9468,

Fax 367-9974

Box 178, St. Georges, MB R0E 1V0

Breakfast for Everyone

Community support for the Breakfast for Learning program at Powerview and Pine Falls Schools continues to be strong. Local fundraising efforts over the last few months have raised close to three thousand dollars. The Pine Pharmacy and Pine Falls Service Centre continue to support the program on an annual basis with cash donations. Midway Foods ran the third annual Buy an Apple campaign during the month of November. Customers were asked to purchase a paper apple in support of the Breakfast program. New support was received this year from EKA Chemicals who do-

nated \$500 towards the program.

Most exciting is seeing the support received from the children and their families themselves. Pine Falls Home and School Association donated money towards the program while the Pine Falls Student council raised funds through a drive that asked each family that was able to donate \$5.00. A total of \$675.00 was donated on behalf of the two groups.

Powerview Parents Advisory Council donated \$350 towards the program, proceeds from a bake sale held during Parent Teacher Evening brought in another \$82.50.



Michelle Berthelette accepts cheque on behalf of Wings of Power from Pine Falls Student Council and the Home and School Association for the Breakfast Program. A total of \$675 was raised by the two groups. l-r: Lynn Chevrefils - PF Home and School Assoc. president; Kyle Chilton, Lukas Adams and Tamara Michelle - PF Student council reps; Michelle Berthelette.



Midway staff displays a few of the apples sold during the "Buy an Apple Campaign" held during the month of November.

The Breakfast program is valued at both schools, both by the students and by the staff.

In Canada, 24% of children in grade 4 do not eat breakfast every day; by grade 8, 47% of girls and 33% of boys do not eat breakfast daily. Obesity is increasing dramatically in children and eating disorders remain a significant problem among teenage girls. Our community is no different. Teachers in our schools see children coming to school hungry on a daily basis.

Inadequate food intake limits the ability of children to learn about the world around them. Undernourished children are typically fatigued and uninterested in their environment, compared to their well-nourished peers.

Studies show that students who are well nourished perform better in school. Their ability to concentrate improves, as does their overall ability to learn. Undernourished children have difficulty focusing on tasks at hand, have lower self-esteem and are absent more often from school.

Children go to school hun-

gry for a number of reasons:

With parents working longer hours, more children than ever before must look after themselves before and after school, yet most don't have the know-how necessary to provide nutritious meals for themselves.

Harried morning routines are becoming more common. Children have long bus rides to school.

Lack of parental supervision at mealtimes.

Poverty.

Costs to run the program at Powerview and Pine Falls Schools currently average approximately \$1000 per month. This covers the cost of food only. Fundraising efforts do not go towards any administrative costs. Every cent raised goes directly towards the purchase of fruit, carrots, cereal and milk for the children.

On behalf of staff and students at both schools, Wings of Power would like to thank everyone for their continued support of the Breakfast Program. Together we can ensure that "No child ever has to go to school hungry."

PUBLIC NOTICE
Change of Meeting Date
RURAL MUNICIPALITY OF ALEXANDER

The Public is hereby advised of the following meeting change date from...

Tuesday, January 23, 2007 to
Monday, January 22, 2007

Margaret Bonekamp, C.M.M.A.
 Chief Administrative Officer
 R.M. of Alexander

The **Echo**
 Winnipeg River

Call us with
 for quotes
367-9468

Visit our office in St. Georges,
 Place McDougall
 Phone 367-9468
 theecho@mts.net

Weight Watchers of Manitoba
PARTICIPANT NOTICE

New Session to begin January 10th, 2007
 12 Week Session
4:45pm to 5:30pm Weigh-in
Meeting starts 5:30pm
Pine Falls United Church

For information contact Delores 367-2945 or 345-3399
 Or weight watchers at 1-800-651-6000

Commercial Printing

- Letterheads
- Envelopes
- Business Cards
- Rubber Stamps
- Raffle Tickets
- Posters
- Social Tickets
- Flyers
- Brochures
- Invoices
- Placemats
- Instant Printing

Trudell's Wine Supplies
 WINE & BEER SUPPLIES TO BREW YOUR OWN

JANUARY SALE
 Make Wine in Time for Easter!
 California Connoisseur & European Select Wine Kits \$1.00 Off
 Niagara Mist Fruit Wines \$2.00 Off Ice Wine \$3.00 Off

Dess Trudell
 Owner/Manager
367-8403

Open 9am to 2pm, Mon.-Fri.
 Open All Day Saturday
 22 Vincent Ave., Powerview

Library Allard

As of January 1, 2007 Patrons of Bibliothèque Allard Regional Library/Beaches Branch will have all of their past fines cleared!! Why?? To introduce a NEW POLICY. Any fines on overdue library material that reach a total of \$5.00 must be paid in order to continue checking-out any library material. This will ensure that all materials within the libraries continue to circulate with ease of availability for everyone.

A few new good books to mention: for those of you that have read the series by acclaimed author James Patterson and happen to be an Alex Cross fan, the latest in his high-velocity thrilling series is said to be the "most emotional Cross ever", #12, simply titled Cross is ready for reading. Wild Fire by Nelson DeMille is said to be "more chilling than yesterday's headlines and as prophetic as tomorrow's". This book is said to "question everything you thought you knew about your leaders and your country while thrilling you with suspense that builds with every page." A new inspirational fiction book and a new author to the library, Cindy Woodsmalls' Sisters of the Quilt, Book One When the Heart Cries is a touching story

about Amish life and the trials and tribulations of life therein. Tim LaHaye and Jerry B. Jenkins, bestselling authors of the phenomenal The Left Behind Series introduces The Jesus Chronicles, the first of four books that "individually and collectively paint a vivid portrait of the Prince of Peace told in the voices of those who knew Him best: the Gospel writers, John, Mark, Matthew, and Luke" - John's Story: The Last Witness is ready for check-out.

New authors soon to adorn our shelves, Deepak Chopra, Nora Roberts, James Patterson, Sue Monk Kidd, Amy Tan, Karen Kingsbury, Ian Rankin & Ruth Rendell.

Please note the Library has added hours to its' regular open hours - there are no more closures!! I know that some of you came to the Library to find the doors closed and we again apologize and thank-you, just the same, for your patience and understanding. The Library (in St-Georges) hours are as follows: Tuesday 10:30 - 5:00; Wednesday & Thursday 12:00 - 8:00; Friday - 12:00 - 5:00 and Saturday - 10:30 - 4:00.

See you in the library, Bibliothèque Allard Regional Library - 367-8443 Beaches Library - 754-4007



Health Corner

Ask your Primary Health Care Provider

Please forward health related questions to: Health Corner, Box 1030 Lac du Bonnet, R0E 1A0 - Phone 345-8647; or Email: corvis@neha.mb.ca For more health information visit the NEHA website: www.neha.mb.ca

Need a Reason Not To Smoke?

Smoking is the leading preventable cause of death, disease and disability, costing us too many lives, too many dollars and too many tears.

-Smoking harms nearly every organ of your body, causing many diseases and reducing your general health.
-The toxins from cigarette smoke go everywhere the blood flows.

-Smoking cigarettes with lower tar and nicotine provides no clear benefit to health.

-The latest research indicates that cigarette smoking is linked to diseases such as leukemia, cataracts, pneumonia and cancers of the cervix, kidney, pancreas, bladder and stomach.

-Tobacco use increases the risk of gum problems and complications in pregnancy.

-The 2004 Surgeon General's report stated that smoking reduces the overall health of smokers, contributing to such conditions as hip fractures, complications from diabetes, increased wound infections following surgery, and a wide

range of reproductive complications.

-On average, males who smoke cut their lives short by 13.2 years.

-On average females who smoke cut their lives short by 14.5 years.

There is no safe cigarette, whether it is called 'light,' 'ultra-light,' or any other name. The only way to avoid the health hazards of smoking is to quit completely or to never start smoking.

It is never too late to stop smoking. Quitting smoking at age 65 or older reduces by nearly 50% a person's risk of dying of a smoking-related disease.

What are the physical benefits after quitting smoking?

The physical benefits after quitting smoking are remarkable:

-Within 20 minutes- Your blood pressure, heart rate, body temperature in your hands and feet return to normal.

-Within 8 hours- The amount of oxygen in your blood improves.

-Within 24 hours- Your sense of smell and taste improves.

-Within 3 days- Your lung capacity improves, your airways relax and if they are not damaged, breathing is easier.

-2 weeks to 3 months- Your

circulation improves and walking is easier. Your lungs begin to work better.

-At 1 year- Your risk of heart disease is reduced by half.

-At 5 to 15 years- Your risk for heart disease, stroke and cancer continuously lowers.

If we are going to be serious about improving health and preventing disease we must work toward decreasing tobacco use and we must prevent our youth from taking up this dangerous habit.

Are You Ready to Quit?

If you are thinking about quitting and would like a review of the options, you might like to attend one of the following information sessions: Tuesday January 16 from 7:00-8:30 p.m. in Beausejour or Thursday February 22 from 4:00-5:30 p.m. in Whitemouth. For more information or to register call 268-7478. Registration Deadline: Friday, January 12

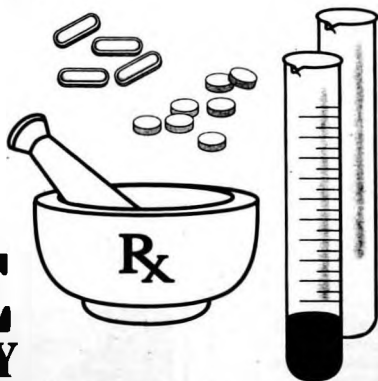
Submitted by: Sharlene Thompson, NEHA Primary Health Care Nurse

Chronic Disease Prevention Initiative (CDPI) Coordinator

Sources: Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion. Surgeon General's Report 2004.

TRY YOUR DRUGSTORE *first*

- **Pharmaceuticals**
- **First Aid Supplies**
- **Hair Products**
- **Health & Beauty**
- **Stationary**
- **Greeting Cards**
- **Lottery Centre**
- **Gifts**



PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.

367-2611

DISPENSARY

367-2517

WEDDINGS - ANNIVERSARIES - BANQUETS
RETIREMENTS - MEETINGS, ETC.

at the **GREAT FALLS COMMUNITY HALL**

Contact Hall Manager 367-2998



NEWS TIPS?

Call us at
367-9468

Winnipeg River Recreation Scene

By: Sharalyn Reitlo, Recreation Director
Ph: 345 8816 or 753 2639
Email: reccom@mts.net

New Year, New Scene

The format of the Recreation Scene is changing. Each week we will not only list upcoming events, programs and activities, but we will also do a weekly feature and provide you with new information in sport, recreation and culture that you may not otherwise know. If you want your recreation activities/events featured in this column, please contact the Rec Office.

Did you know that Regional/Community Sport Development Grants are available to assist teams, athletes,

coaches and officials? See the Sport Manitoba web site for more information at www.sportmanitoba.ca.

Weekly Feature - Pilates, the Secret is Out

Pilates is the fastest growing fitness trend in the world and we are fortunate to be able to offer classes in both Pinawa and LdB. Eddie Funky Miller from XCompany in Winnipeg is a top notch instructor who teaches you to improve your posture while you tone and strengthen your entire body, especially your core abdominal and back muscles. Pilates is great if you are in a job that requires you to sit for long periods of time, or if you want a low impact activity that is easy on the joints. Once you try pilates you'll be hooked. Give it a try!

Upcoming Activities - Call the Rec Office for more information

-Fitness Expressruns Mondays from 6:15-7:45 p.m. starting Jan. 15 in LdB

-Body Sculptingruns Mondays from 5:00-6:00 p.m. starting Jan. 15 in LdB

-Aqua Fitnessruns Tuesdays and Fridays starting on Jan. 16 in LdB

-Pilatesruns Mondays in both Pinawa and LdB starting Jan. 15

-Yogaruns Tuesdays from 5:15-6:15 p.m. starting Jan. 16 in Pinawa

-A Flex/Stretch class will be held on Thursdays from 7:00-8:00 p.m. starting Jan. 18 in LdB

-A cooking class will be held on Jan. 25 from 6:30-9:30 p.m. on Jan. 25 in Pinawa

-Drawing classes will run for 6 weeks on Thursdays from 7:00-9:00 p.m. in Pinawa beginning Feb. 1

-Karateis starting up again starting Jan. 17 in LdB. Classes available for kids and adults on Wednesdays and Saturdays.

-Cheer/Mat Gymnastics classes will be held on Thursdays for kids ages 6-10 in both Pinawa and LdB beginning February 1st.

-Hip Hop/Break-Dance classes will be held on Thursdays for kids ages 10-14 in LdB beginning Feb 1

Upcoming Events
February 2 - Kids Game Day in LdB

February 25 - Pinawa Invites the World Day
March 10 - Lac du Bonnet Ice Fishing Derby

March 26 - Jam Can Curling in Pinawa

April 20-22 - 3rd Annual Spring Fling in LdB

Take me by the hand...

by Michelle Berthelette

Every child has the same basic need and wish, for their parent (s) to take them by the hand and lead them. As parents this is our desire as well; to be there for our children, to help them, to teach them and to love them. Much of this comes naturally, but not always and certainly not easily.

That is why Wings of Power offers parents opportunities to share the parenting experience with one another; to discuss issues and struggles along with the joys and triumphs of everyday parenting. "Take Me By The Hand" is a parenting support group that offers various programs throughout the year to help parents maintain the confidence they need to continue with the most important job they will ever have. The group meets Wednesdays from 11:30 a.m. - 1 p.m. Coming up:

January 10, 17, 24 - **Positive Discipline without Shaking, Spanking or Shouting**

At the end of this program parents should be able to implement age-appropriate parenting techniques, ultimately creating a healthier, more positive parent-child relationship.



February - Literacy and Parenting Skills (LAPS) This program provides support for parenting, empowerment, helps build new connections with other parents in the community, gives alternatives to TV, ideas on safe places for children as well as help with learning reading and writing. The program gives literacy tips for parents of children 0 and up, as well as help for parents who feel they need some help improving their own reading and writing skills.

Looking for somewhere to go with your little ones to beat those winter blahs? Why not stop by for a morning of conversation and play with other parents and children? **R-Time Playtime** is a parent and tot playgroup that meets at Wings of Power every Wednesday from 9:30 - 11:30. Everyone is welcome.

Library Corner

Lac du Bonnet Regional Library

Once again Tim LaHaye combines his insight into Biblical prophecy with his skills as a master storyteller to deliver the suspense thriller "The Edge of Darkness", Babylon Rising, Book 4. This time Michael Murphy sets off in search of the Lost Temple of Dagon. His quest will lead him to a final confrontation with an old enemy and uncover one of the Bible's most feared warnings.....

"Dear John", the letter read. And with those two words, a heart was broken and two lives changed forever... If you are a Nicholas Sparks fan be sure to add your name to the re-

serve list of his latest novel "Dear John".

Have you ever wondered what goes on in your mind while you are sleeping? If the answer is yes, then be sure to pick up the new illustrated "Dreams". The book is set up in an easy to find subject format from A to Z and provides an invaluable insight into the fascinating world of the human mind.

Focus on the Family presents another Adventures in Odyssey audio series "Character-Building on the Go!" This special collection of audios has 12 episodes and 5 hours of travelling entertainment for the



whole family.

As we enter into another new year, the library staff would like to remind patrons that fines are charged for overdue items from the library. Because of an increased workload we are unable to make overdue phone calls as reminders, so please be aware of the return dates of books, videos, magazines and audios and call us to renew the items or try to have them back by the due date. Our phone number is 345-2653.



Julie & Harvey Giesbrecht



RUSSELL

FUNERAL HOMES & CREMATORIUM

Caring for your Family since 1941

268-2263 (24 HOURS)
Toll Free: 1-866-424-6271
437 Park Avenue W., Beausejour
CANADIAN INDEPENDENT

The Winnipeg River Echo

**YOUR COMMUNITY
NEWSPAPER**

**CALL WITH YOUR NEWS
TIPS, COMMUNITY EVENTS,
AND ADVERTISING NEEDS.**

CALL 367-9468

Report from Legislature



By Gerald Hawranik, MLA for Lac du Bonnet
Official Opposition Finance Critic

"Pay more - get less"

A report prepared by the Winnipeg Health Authority in 2003 indicated that the number of surgical procedures must increase to meet the demands of an aging population in Manitoba and to meet the demands of those who require dialysis and cancer surgeries. However, under the NDP, nearly 4,500 less major surgeries were completed in Winnipeg last year, compared to the number of major surgeries performed in 1999. This number represented a reduction in major surgeries of almost 10% from the time the NDP became the government in Manitoba in 1999. This reduction comes at a time when health care spending has gone up by more than \$1.5 Billion over 1999 levels. We are spending more, but getting less! This proves the point that it's not how much you spend that matters - what matters is how you spend the

money that you have! Instead of demanding results for health care spending, we have a government that is content with throwing more money into a system without asking for results. This is just another clear example of NDP mismanagement, and as a result, thousands of Manitobans are forced to wait even longer for treatment every year. Under the NDP, there have been 1,000 fewer gynecological surgeries, which include surgery on cancer patients. Manitobans are being denied timely access to care when they need it.

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.

RRSP Contribution Strategies for 2006



by Steve Kulyk

Jeremy Nicholls,
Tax Specialist,

AIC Tax & Estate Planning Group

According to Statistics Canada, only 8% of available RRSP contribution room was used by Canadian taxpayers in 2004. Therefore, we should ask ourselves why are taxpayers not contributing more to their RRSPs? One reason may be that taxpayers do not have cash available to contribute to their RRSP. To help these taxpayers, we will review some alternatives for making contributions to their RRSPs for 2006?

Borrow the money to make an RRSP Contribution
The benefits of contributing to an RRSP earlier, including the tax-deferred compound growth in an RRSP can outweigh the interest costs associated with borrowing money to make an RRSP contribution. While the interest costs on an RRSP loan is not tax deduct-

ible, the immediate tax savings (or refund) from your contribution can be used towards repaying the RRSP loan and reducing the overall interest costs on the loan. To see how an RRSP loan can be part of your retirement plan, use AIC's RRSP Catch-Up Loan Calculator at www.aic.com.

Make your RRSP contributions by direct payroll deduction

Ask your employer about letting you contribute to your RRSP through direct regular payroll deductions. In this case, your employer does not have to withhold income tax on the amount of your payroll contributions going directly into your RRSP. This means more of your money (pre-tax payroll earnings) goes to work for you in your RRSP now, instead of you making smaller RRSP contributions from your after-tax earnings and then waiting for an income tax refund after you file your income tax return.

Contributions-in kind to your RRSP

Instead of using cash to

make your RRSP contribution, you might consider transferring investments from your unregistered accounts to your RRSP. This will entitle you to the same benefits as making a cash contribution and based upon the market value of the investments at the time they are contributed to your RRSP. However, you should consult with your financial and tax advisors to ensure the right investments are transferred. Investments that have increased in value since purchase will give rise to a capital gain (and therefore a tax liability) on transfer to your RRSP. Investments that have decreased in value since purchase should not be transferred to your RRSP because the capital loss that arises is denied for all purposes.

This article has been provided by Steve Kulyk of ONYX Wealth Planning and Kulyk Insurance and Financial Services Ltd. Mutual Funds offered through Quardrus Investment Services. His office is located in St. Georges and he can be reached at 367-9572 or at steve@onyxfinancial.ca.

Sunrise School Division
Kindergarten Registration
and Grade 1 Beginners - For September 2007

Eligibility Requirement For

Kindergarten: Children must be five (5) years of age on or before December 31, 2007
Grade 1: Children must be six (6) years of age on or before December 31, 2007. Children previously enrolled in Kindergarten classes DO NOT need to be re-registered.

Dates of Registration: Monday to Friday, January 22 to January 26, 2007
Mornings: 9:00am to 12:00 noon Afternoons: 1:00pm to 3:30pm.

Programs in Three (3) Languages Offered to all children beginning in Kindergarten or Grade 1 at the following centres.

Anola School	866-2962	English
Beausejour Early Years School	268-2664	English & French Imm.
Centennial School	345-2462	English
École Dugald School	853-7929	English & French Imm.
Gillis School	268-4353	English
Hazelinde School	755-2214	English
Oak Bank Elementary School	444-2473	English & English/Ukrainian (M, Tu, Th, F, 9:30-11:30am)
Pine Falls School	367-2254	English
Ércole Powerview School	367-2296	English & French Imm.
Feynolds School	426-5559	English
Whitemouth School	348-2595	English
Graffon Colony School	268-2507	English
Greenwald Colony School	285-3522	English
Heartland Colony School	755-2342	English
Richland Colony School	866-3293	English
Springwell Colony School	345-6410	English
Whiteshell Colony School	348-7055	English

Note: Proof of age must be presented at time of registration. Birth Certificates would be preferred. However, if a birth certificate is unavailable, then a Baptismal Certificate will be accepted.

Entry into the French Immersion and English/Ukrainian Bilingual Programs is open to all children of Kindergarten and Grade 1 age who possess little or no knowledge of the French or Ukrainian language but who wish to become bilingual by learning French or Ukrainian as a second language.

The Winnipeg Humane Society

Canon, 133078
>Canon is a staff favourite- this sweet kitty was brought to us after being found stray in the Alexander Avenue area on November 21. -Two years old, Canon has been a happy & healthy girl since coming into the shelter. If you are looking for a very friendly & very cuddly cat, Canon may be just who you need! \$79.00 adoption fee includes spay, tattoo, vet exam, vaccine, pet insurance & more!

Dexter, 130702
Dexter is a wonderful senior Lab mix (~9 years old) who longs to be adopted! His owner surrendered him & it took him awhile to settle in to the routine of the shelter. Dexter likes other dogs, listens well & is very food-motivated. For his age, Dexter is a very active, playful dog & should go to someone who enjoys walking & throwing a ball around. As he is a confident dog, we suggest he meet any dog he's expected to live with before adoption. Dexter knows "sit", "down", "shake a paw" & more! This staff favourite's adoption fee is only \$69.00 as a Golden Oldie! Fee includes vet exam, pet insurance, microchip, behaviour evaluation & more!

Samantha, 132014
> Samantha longs to be part of a loving family! Found as a stray in Elmwood back in November, she lacked any ID that we could trace to an owner. Sadly, this absolutely wonderful dog has not yet found a home. Samantha loves other dogs & is very respectful of them; she walks well on leash & has good manners. Sam has fabulous family potential but is right now best for kids 6yrs+ as she's still learning good manners. \$159.00 adoption fee incl. spay, vet exam, microchip, dog license, pet insurance & more!

Vinni, 132701
Vinni was found as a stray with an injured paw on Winnipeg Avenue in November- this big Tom Cat had a number cat fight wounds & feás- we've fixed him up as good as new! Vinni has also tested negative for FIV and FeLV, an added adoption bonus! As a longterm cat, Vinni's adoption fee is only \$48.06 & includes his neuter, vet exam, vaccine, pet insurance & more!

Where every adoptable dog finds a home and cats get a second chance at life!

The WHS needs your donations of canned cat food to help feed the many cats in our care. Drop off to 5 Kent Street.

If you or your family are interested in any of the listed animals here or others at the shelter, you can call us at 204-982-3551 or Fax 204-982-2047

On Parliament Hill



Your voice in Ottawa
Vic Toews, MP for Provencher

Taking on New Cabinet Challenges

For most of my career, I have been actively involved in issues related to justice and the legal system. In fact, even before entering electoral politics, I practised law for many years. I was a Crown prosecutor here in Manitoba, and in 1987 I was appointed the director of constitutional law for the Province of Manitoba. In that role, among many other

memorable experiences, I had the privilege of acting as legal counsel to the Premier of Manitoba at the Meech Lake Accord discussions in 1990.

Once I sought elected office, I was honoured to serve in the cabinet of Manitoba Premier Gary Filmon, as provincial Minister of Justice and Attorney General, as well as a previous stint as Minister of

Labour.

In federal politics, after being elected as a Canadian Alliance MP for the first time in 2000, I served as the party's justice critic in the House of Commons. I kept that role right until Canadians elected a Conservative government last year, under Prime Minister Stephen Harper. The justice issues I advocated in opposition – like stronger sentencing for serious violent and sexual crime, better protection for our children, and more responsiveness to victims – were the very issues I was able to make progress on when the Prime Minister named me Minister of Justice and Attorney General of Canada.

Last week, the Prime Min-

ister asked me to take on a new challenge, and I am excited to begin work as the new President of the Treasury Board. This key job within the federal government puts me at the heart of decision-making. The Treasury Board is the cabinet committee tasked most specifically with keeping tabs on where your tax dollars are spent, so my responsibility as its president is substantial – a responsibility I take very seriously.

I've been proud of our government's performance thus far on making sure tax dollars are spent effectively, and on areas that meet the priorities of Canadians. Last fall, under the leadership of the previous Treasury Board President John Baird and Finance Minister Jim Flaherty, we announced that we had delivered a billion dollars in savings from spending areas that were not providing value for money, that had outlived their usefulness, or that were not meeting the real needs of ordinary Canadians. I look forward to keeping a keen eye on all government spending, and I will strive to ensure that every tax dollar the government spends is spent wisely.

My new job will also mean that I will be deeply involved in the implementation of the recently passed Federal Accountability Act (FAA). When the Conservative government

was elected, we pledged that this would be our first piece of legislation we introduced, and just before Christmas it was passed, after being shepherded through Parliament by Minister Baird. It is the most sweeping piece of anti-corruption legislation in Canadian history, with implications for a wide range of federal government functions. Treasury Board is responsible for accountability and ethics, as well as financial, personnel and administrative management, comptrollership, and approving regulations. So as we set about putting the FAA provisions into effect, it will fall to me as President of the Treasury Board to lead the implementation. It's an important challenge, and one I look forward to. I thank the Prime Minister for the unique opportunity.

And as always, I will be first and foremost the Member of Parliament for Provencher, dedicated to serving your interests and advancing your voice in Ottawa.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 203-323 Main Street, Steinbach, MB R5G 1Z2, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net.

Ask the Neighbourhood Mechanic



by Dave Redinger

At the time of this writing we are in the midst of the warmest winter on record across North America. Many people think that a warmer winter would be better for their car. Nothing could be further from the truth. It's on the days when everything warms up and then freezes at night that your car will corrode the most. The moisture and dirt that has worked its way into the panels and gaps has a tendency to stay wet. Metal doesn't like moisture and the result is a prematurely rusted car. Solution: have the vehicle oil sprayed by a reliable rustproofing such as KROWN. Failing that wash the vehicle on a regular basis. Hint: if you're washing your car with a hose, run the water along the base of the windshield near the fenders. Modern cars duct the water along the inside of the rockers to flush out the dirt that gets trapped inside.

I bought a 94 Honda Accord for my son last summer. It works great except that the air

conditioning

wasn't cool enough. I thought it was simply too old or low on Freon until later in the fall when I found out that warm air couldn't be shut off. I turn the dial down to bottom, warm air still comes out of the vents. Could you tell me what could be the problem, and what could I do about it?

The heater control has seized. It's basically a water valve built into the cooling system. This condition will cause the gearing in the control unit to strip the gears that move the cable. Have a tech inspect and lubricate the system so that it moves freely. If the unit has been damaged the repairs can be costly as the control unit will have to be replaced.

I just bought a used car 2002 Toyota Corolla. It always moves to right when drive on the road. It is still a little bit after the tire was adjusted (aligned). What is the problem? Another issue for this car, this brand car supposes to be save gas, but my car consumed over 11 litres gas per 100 KM in city drive. What is the problem?

Pulling is usually a sign that the alignment is off...Have the dealership perform a four-wheel alignment. That means all four wheels will be aligned. In some instances the back wheels will steer the vehicle....After this done and the problem persist....have the tires rotated...there is a possibility that the tires are not square and pulling off to one side....this is referred to as radial run-out. Fuel mileage in the winter? "Forgetaboutit". Cold weather plays havoc with fuel economy.

Do you know how to check your oil? Change a flat tire? Do minor maintenance items?

I will be hosting a car clinic (2 hrs) in the Burlington Area of Ontario. Wed. Jan 24th @ 7:00pm at the Master Mechanic shop in the area. Contact: Zoltan 905-634-4211 and tell him your coming. We have space for about 50 people. We will take you under the car and show you how and why, while answering your questions. The clinic is ideal for those who want to become more aware of how their car works. Best of all it's free.

The DOMINION OF CANADA
Government of Canada

Trust Matters.
www.thedominion.ca

Why not insure with a Canadian Company?

The Dominion has been serving Canadians since 1887, when Sir John A. MacDonald became the company's first president. Canadian owned and operated, we are committed to providing high quality car, home and business insurance products and services. We are financially sound and you can count on us being there in the long term.

To learn more about why you should be insured with The Dominion, visit www.thedominion.ca.

**Hot New...
RELEASES**

ON VIDEO JANUARY 16TH

Gridiron Gang DVD
Cast: Dwayne "The Rock" Johnson, Xzibit, L. Scott Caldwell, Leon Rippy, Kevin Dunn, Jade Yorker, David V. Thomas
Rating: 14A

Texas Chainsaw Massacre: The Beginning DVD
Cast: Jordana Brewster, Taylor Handley, Diora Baird, Matthew Bomer, Lee Tergesen, R. Lee Ermey, Andrew Bryniarski
Rating: 18A

Employee of the Month DVD
Cast: Dane Cook, Jessica Simpson, Dax Shepard, Efrén Ramirez, Andy Dick, Tim Bagley, Brian George
Rating: PG

The Protector DVD
Cast: Tony Jaa, Petchtai Wongkamlao, Bongkoj Khongmalai, Xing Jing, Nathan Jones, Johnny Nguyen, Lateef Crowder
Rating: 14A

Undisputed 2: Last Man Standing DVD
Cast: Michael Jai White, Scott Adkins, Eli Danker, Ben Cross, Veizlar Binev, Michail Elenov, Mark Ivanir
Rating: TBD

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

FACE 10-71375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly in your area. Please register with Gail 268-7465 or call your local public health nurse.

Library Allard: Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 12:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 12:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tues. 9:00am to 12:00 p.m., Thurs. 4:00 to 8:00 p.m., Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.

Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion meetings: held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 5:00 to 6:00 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month. Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup: every Wednesday, recyclable pickup first and third Thursday of each month.

PAA: meeting first Tuesday of each month at 7:00 p.m.

Winnipeg River Senior Service Inc.: Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Village of Powerview: meets second Tuesday of each month.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA-Al-Anon - The Beaches family group: Thursdays 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road. 754-3173.

Happy Tots Day Care: 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.

Sealer Seats Inc. #1 Ateah Rd., Victoria Beach: general meetings second Tuesday of the month, 756-6468 for more info.

Blue Water Support Group: meets every third Monday of the month 7:00 p.m. Pine Falls Health Complex.

Beaches HELP Centre (seniors service): 756-6471, Wednesday 10:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Monday of every month.

Great Falls Hall workers - Tuesdays and Thursdays: from 10:00 to 11:00 a.m.

Pine Falls Library open: 1:30 p.m. to 3:30 p.m. Monday to Friday, and Thursday evening 7:00pm to 8:00pm. Library is situated in the Pine Falls School, entrance facing pool.

Foster Homes: Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Child Health Clinics - will be provided by area Public Health Nurse every Tuesday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info.

Weight Watchers: Wednesdays at 4:45 weigh-in and at 5:30 Meetings Call Delores at 367-2945 or 345-3399 or 1-800-651-6000.

Pine Falls Golden Leisure Club: Bridge 7:00pm Mon & Thurs. Canasta 1:00pm Friday, Whist 1:30pm Wednesday, Crib, 1st Monday of Month at 1:30pm Exercise Class, Mon, Wed, Thurs. Fri.

Town Powerview-Pine Falls: Recycle every Thursday 8:00am, Garbage Pick up - Powerview - Wednesdays 8:00am, Pine Falls Tuesdays & Fridays 8:00am.

Overcomers Outreach meetings: www.overcomersoutreach.ca, weekly meeting Contact Isabelle (204) 367-2359.

Parenting Support Group: Meets the first three Wednesdays of every month at Wings of Power, 11:30 a.m. - 1 Lunch and childminding are free, transportation also available. Call 367-9641.

Family Leading Library: Open 10, 12 and 1-4, Mon-Fri at Wings of Power.

Computer access: Wings of Power CAP site, Open 10-12 and 1-4, Mon-Fri.

Narcotics Outreach meetings: every Tuesday, 7-8pm at the Sagkeeng Multi-Purpose Building (south shore highway 11).

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Worship Service and Sunday School at 11:30 a.m. 367-2633. Everyone Welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-9520 Rector, the Rev. Sandra Tankard Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus

ST. GEORGES: Mass Sunday at 9:00am.

ST. JUDE'S ANGLICAN CHURCH: Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH: Thalberg, 1 mile east and 1/2 mile south of Junction #12 and #304, St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1/4 miles north of junction with #117. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantisbury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION: Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH: located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION: 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

LIFE SKILLS CHURCH - Christian Healing Services, Minister: Isabelle Fiola (204) 367-2359

Powerview RCMP Report

This report covers the period from December 4th to December 11th, 2006



December 18:
BLACK RIVER - local band constable discovered a break and enter to a residence. A computer was 1 of several items taken in the incident. 2 suspects were identified and the items recovered and returned to the owner of the residence. A male youth has been charged accordingly.

- police attended a residence to remove an unwanted intoxicated male guest but found the man to be in breach of a court order. The man was arrested, charged and lodged in cells until sober.

December 19:
POWERVIEW - child and family services requested assistance from police with the apprehension of several children from a home. The situation was stable and no complications arose from the incident.

December 20:
TRAVERSE BAY - a stolen honda quad was recovered by police the result of a break, enter and theft to a shed.

FORT ALEXANDER - police transported an intoxicated female to a relatives to prevent a further breach. The woman was involved in an altercation with her spouse at the time

December 21:
HOLLOW WATER - a highly intoxicated and emotionally disturbed female was apprehended by police. The woman was lodged for her own safety and later released once sober and stable to a family member after consultation with local hospital.

FORT ALEXANDER - while attending a residence on another incident an intoxicated female attempted to assault a male at the residence. The woman was lodged in cells to prevent any further problems and no charges were laid by police.

HOLLOW WATER - The local Health Centre was the target of a break, enter and theft for a third time in the past 2 months. 1 item was recovered in the vicinity. Investigation continues.

RM LAC DU BONNET - Powerview RCMP assisted officers when a routine traffic stop escalated for police. 2 males in a vehicle were noted with open liquor when 1 of the males became abusive and belligerent with police. The man continued to resist police and was finally placed inside the police vehicle where he continued to cause mischief kicking and smashing a rear window of the unit.

December 22:
POWERVIEW - police located a male in possession of a weapon walking down highway 11. The man had been in an altercation earlier in the evening with 2 females. Further problems occurred when the man continued to be uncooperative with police. He was finally apprehended, lodged in cells and charged accordingly.

HOLLOW WATER - a break, enter and theft at a residence was reported to police. Damage to an exterior door and numerous items were stolen in the incident.

PINE FALLS - investigation continues into a fraud matter.
FORT ALEXANDER - a business vehicle was stolen from a personal care centre. The car was later recovered damaged in Winnipeg and the owner notified.

- a male has been charged with assault cause bodily harm to a female. An argument escalated and the female pushed by the male fell and broke her arm as a result. Investigation BELAIR PROPERTIES - a break and enter and mischief occurred to a garage. Culprits entered a side door but had hacked into the garage door causing damages. Access was not gained to the main cottage.

- a break and enter to a second cottage was made but nothing taken in the incident. Culprits damaged the front door in the incident.

December 23:
RM ALEXANDER - investigation continues into an assault of a male which occurred in Selkirk.

BLACK RIVER - investigation continues into a break, enter and theft at a residence.

FORT ALEXANDER - police patrolled the area in search of a male possibly carrying a weapon who was involved in an argument earlier in the evening. The male was not located by police and no further problems arose from the incident. Alcohol was involved.

December 25:
FORT ALEXANDER - a verbal argument between a couple continued to get out of control but the situation stabilized when police arrived. No further action was necessary.
SEYMOURVILLE - police received a complaint of vandalism when a window was broken to a residence. No other damages were reported.

December 27:
FORT ALEXANDER - intervention in a custody issue

caused police to speak with a male and female involved to stabilize a situation.

- police were contacted to serve a protection order on a male due to an ongoing spousal situation.

- investigation continues into an incident of threats issued and an assault.

GULL LAKE - a stolen snowmobile was recovered by police and the owner advised.

December 28:
PINE FALLS - a female youth reported missing was later located at a friends residence and returned home.

December 29:
FORT ALEXANDER - a complaint of theft is still under investigation.

- a male youth has been charged with failing to comply with a probation order after he was found in possession of marijuana paraphenalia.

December 30:
TRAVERSE BAY - investigation continues into an assault of 2 males by 2 other males at a local business.

FORT ALEXANDER - police were contacted regarding a vehicle in the ditch where alcohol may have been involved. Upon arrival no occupants were in the vehicle and further checks could not locate anyone in the vicinity. The owner of the vehicle was contacted and the vehicle towed to prevent any further problems from occurring.

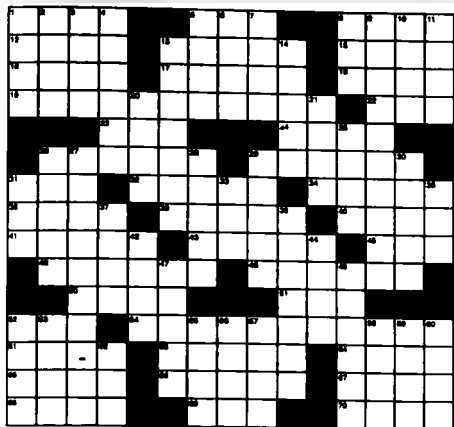
December 31:
POWERVIEW - investigation continues into a complaint of theft at a local business.

FORT ALEXANDER - investigation continues into a report of a stolen auto.

SUMMARY: - Police also actioned 6 request(s) for assistance to other detachments/ service of legal documents, attended 5 false alarm(s), processed 7 traffic accident report(s), lodged 10 person(s) under the Intoxicated Person Detention Act, charged 5 person(s) for impaired driving/ refusal of breath test, attended 2 noise complaint(s) and issued 6 ticket(s) under the liquor/highway traffic act.

Remember if you have any information on any criminal matter you can remain anonymous and contact Crime Stoppers at 1-800-782-8477 or the Powerview Detachment at 367-8728.

WEEKLY CROSSWORD



40. English political party.
 41. Positions something to make it balanced.
 43. Imbecilic.
 45. Electrocardiogram.
 46. Small branches of a plant with leaves in them.
 48. Having a woven pattern.
 50. Initial contribution a player makes to the pot in poker.
 51. Tear apart.
 52. Acronym for Over the Top.
 54. Not at all suited to the circumstances.
 61. Acronym for Acid Rain Information Clearinghouse.
 63. Break or tear apart.
 64. _ Laine, British singer.
 65. Representation of the cross on which Jesus died.
 66. Made pain or sorrow easier to bear.
 67. _ Turing, British mathematician and computer scientist.
 68. Make synchronous and adjust in time.
 69. Japanese monetary unit.
 70. Scandinavian form of "Laurence."
5. Past tense of "ring."
 6. Unincorporated community in Utah.
 7. Legislative assembly in Germany.
 8. Rabble.
 9. Sudden, great or irresistible influxes of anything.
 10. Knock unconscious.
 11. _ Benitez, model.
 13. Civilians trained as soldiers but not part of the regular army.
 14. Oval or round dormer window.
 20. Short for university.
 21. Acronym for Servizio Meteorologico Dell'aeronautica Militare.
 25. Stomach of a lower animal.
 26. People of little refinement.
 27. Act of possessing a place.
 28. Tapestry covering a wall.
 29. Presenting a clear view.
 30. Relatively dense in consistency.
 31. Acronym for Direct Drive Turntable.
33. Acronym for Total Efficiency Network.
 35. Encourage to act.
 37. John W. _ , Democratic VP candidate on William Jennings Bryan's third run for the presidency.
 39. Aroused to vigilance.
 42. In the original place.
 44. _ Nolde, German Expressionist painter.
 47. General term describing the standard category and overall character of a work.
 49. At the summit.
 52. Implements used to steer a boat.
 53. _ Bayliss, superbike racer.
 55. Salty waters.
 56. Lessen the intensity of.
 57. Free from irregularities.
 58. _ Blame Duo, based in Milwaukee, WI.
 59. Scorch.
 60. Large amounts.
 62. Federal health agency in Atlanta.

- Across
1. Influenzas.
 5. Ruddy.
 8. Engage in.
 12. Prescribed course for ships.
 13. Chef _ Batali.
 15. Egg-shaped figure.
 16. Variant of "Ayda."
 17. Something that reveals.
 18. Small areas of a room set back into a wall.
 19. Announces officially.
 22. Mauna _ , volcano in Hawaii.
 23. Tropical American bird with black plumage and a long tail.
24. Young Men's Christian Association.
 26. Heart of _ , 1916 film starring Myrtle Gonzalez.
 29. Past participle of "learn."
 31. TV show starring Billy Ray Cyrus.
 32. Love of fine objects of art.
 34. Corn salad.
 36. Place in a criminal court where a prisoner stands during the trial.
 38. Tall, tropical palms of southeastern Asia that have egg-shaped nuts.

- Down
1. Movable piece of tissue partly connected to the body.
 2. Den.
 3. Cause the ruin of.
 4. Village in Ohio.

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

BCXDWF VGP HRVJHCK GHF VLF WDKV
 BWGMBGCVBEF NBXVBDC QFBCM RHBVVFC
 VDSGT.

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

Last Week's Solution

WATER, TAKEN IN MODERATION, CANNOT HURT ANYBODY.

-MARK TWAIN

Weekly Echo Horoscopes

January 7th to 15th, 2007



ARIES (Mar. 21 - April 20)
 Travel should be on your mind. Your charm will attract members of the opposite sex. Make sure that you get legal matters checked out thoroughly. You can get good solid advice from relatives or close friends you trust.



TAURUS (Apr. 21 - May 21)
 Talk to someone you trust if you need advice about broaching the subject. This might not be a day for hasty decisions. You can make career changes that may put you in a much higher earning bracket. Find ways to make extra cash. Start making things or reusing rather than buying ready made.



(May 22 - June 21)
 This is a turning point. Talk to your mate about a vacation and discuss the expectations of your relationship. Take care of your own responsibilities before you help others. Friends may not be completely honest with you.



CANCER (June 22 - July 22)
 You won't have to look for the action. Your emotional state could leave you vulnerable and confused. Get involved in jobs that require creative input. You can win points with both peers and superiors. Changes to your self image will be to your benefit as long as you don't over pay.



LEO (July 23 - Aug 22)
 Try to be there for someone if they need assistance. Opportunities to meet new lovers will evolve through your interaction with groups or fundraising functions. Be willing to listen, but don't be fooled. You can make money if you're willing to push your ideas on those in a position to support your efforts.



VIRGO (Aug. 23 - Sept. 23)
 Mingle with those who can help you get ahead. Make amends if you can. Get into fitness programs to keep in shape. Your ambitious mood may not go over well with loved ones. Consider starting a small business on the side. Look for a marketable gimmick.



LIBRA (Sept. 24 - Oct. 23)
 Reciprocate by offering helpful hints. You can set your goals and make a beeline for your target. You need an outlet. You must make sure that all your personal documents are in order.



SCORPIO (Oct. 24 - Nov. 22)
 Channel your efforts into achieving your goals. Use your creative flair. A change in position could be better than you thought. Difficulties with your mate may lead to isolation.



SAGITTARIUS (Nov. 23 - Dec. 21)
 Don't let your emotional partner upset you this week. Someone you work with could try to undermine you. Try not to attempt to do something unless you are fully intent on following through with the plans. Your lover may disappoint you in such a way that estrangement will follow.



CAPRICORN (Dec 22 - Jan. 20)
 If you are not already, think about going into business for yourself. Female colleagues may be able to help you get the job done. Your involvement in sports or entertainment will lead to new romances. Get back into the swing of things.



AQUARIUS (Jan. 21 - Feb. 19)
 You need some help this week. You can make personal changes that will enhance your reputation and give you greater self confidence. Your partner could also use some time alone with you. You will have original ideas for ways to make extra money.



PISCES (Feb. 20 - Mar. 20)
 You can expect to feel confused about your personal prospects. Try not to judge too quickly. You can continue to forge ahead if you make a few long distance calls pertinent to closing pending deals. New interests are preoccupying your time.

Lac du Bonnet RCMP Report

This report covers the period from December 19th to January 7th, 2007



Monday, December 19, 2006

Nothing of press value to report for this day.

Tuesday, December 19, 2006

At 6:38 AM there was a report of a possible impaired driver sleeping in his truck in the RM of Lac du Bonnet. A patrol was made but the vehicle and driver were gone.

Wednesday, December 20, 2006

At 4:00 PM there was a report of a missing person from Winnipeg possibly being in our area. The subject was located

in the park and info was passed on to the city.

At 5:30 PM there was a report of a possible impaired driver. A patrol was made and the vehicle was located. The driver was not impaired.

Thursday, December 21, 2006

A checkstop in the RM of Lac du Bonnet resulted in a number of charges out of a vehicle including possession of a controlled substance, resist arrest and Mischief after an incident.

Friday, December 22, 2006

At 10:45 AM there was a

report of fraudulent use of a persons credit card. Investigation continues into this matter.

At 11:53 AM there was a report of a fire in a building at Milner Ridge Correctional facility. An overheated motor had begun to smoke. The matter was handled by the fire department.

At noon there was a report of a deserted vehicle in the RM of Lac du Bonnet.

At 5:58 PM there was a call of a stolen vehicle in Lac du Bonnet. The owner of the car then called back saying that it was not stolen but a family member had used it.

Saturday, December 23, 2006

At 1:39 AM there was a call of a female walking to Winnipeg from the RM of Reynolds. A patrol was made and everything was fine.

At 12:41 PM there was a report of a dispute over property. The matter was resolved between the two parties.

At 11:30 PM there was a report of a Break and Enter into a cabin in the Nopiming Provincial Park. Investigation is continuing.

Sunday, December 24, 2006

At 10:24 AM there was a report of vandalism to a light post and hydro box in Pinawa.

The painting was done in Christmas snow which just rubbed off.

At 8:06 PM there was a report of possible gun shots in Molson. A patrol was done and it was revealed that bottle rockets had been lit off.

Monday, January 1st, 2007

At 5:30 AM there was a report that there had been an argument in the RM of Lac du Bonnet. Some people had left headed for Winnipeg and the complainant was concerned for their safety. Checks found that everything was fine.

Tuesday, January 2nd, 2007

At 7:10 PM there was a report of uttering threats. Members handled the matter by way of warning which was agreeable to the complainant.

Wednesday, January 3rd, 2007

At 8:30 AM there was a report of a theft of 4 tires and rims from a vehicle in Elma.

At 11:53 AM there was a report of harassing phone calls in Pinawa. The calls were just hang ups.

At 2:00 PM there was a report of a possible fraud. The matter was in relation to a time share purchase from a company in the U.S. Matter was to be reported to the FBI.

At 2:43 PM there was a report of a found pedal bike in the RM of Lac du Bonnet. Same was brought to the detachment to look for an owner.

At 2:50 PM there was a report of a suspicious person selling tools out of a red truck in Lac du Bonnet. A patrol could not find the truck as it was gone.

At 4:42 PM there was a report of damage to a truck. Owner was from Lac du Bonnet but it was unknown when and where the damage occurred.

At 3:59 PM there was a re-

port of a 911 call from the Lac du Bonnet Community Centre. Kids could be heard giggling. Member attended and the child responsible was identified. Warning given.

At 6:09 PM there was a report of snowmobiles traveling on a driveway in the RM of Lac du Bonnet.

At 11:52 PM there was a call of a family disturbance. A patrol was made and there was no criminal element. One party was given a ride to another residence to ensure calm.

Thursday, January 4th, 2006

At 3:20 PM there was a report of a suspicious vehicle in the RM of Reynolds. A check of the vehicle found that it was stolen out of Winnipeg and was towed there.

At 11:01 PM there was a report of youth having placed Christmas trees in the intersection of Burrows and Prescott. Same had been removed already.

Friday, January 5th, 2006

At 2:43 AM there was a report of a vehicle in the RM of Alexander with a snowmobile trailer that had been parked for two days. A check found the owner and he was fine and returned to get his trailer.

Saturday, January 6th, 2006

Nothing of press value to report for this day.

Sunday, January 7th, 2006

Nothing of press value to report for this day. With the snow that has finally arrived there are lots of sleds out and about in the area. Lac du Bonnet RCMP wants to let people know that they will be out on the trail system ensuring laws are being followed and that trail passes are on sleds. Safe sledding. See you on the trail.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat.
Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.
PACE 7-1375: meets first Tuesday of the month. Chicken Chef, Power-view meeting room.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-7465 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month. 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed. and Fri. noon to 4:30 p.m., Sat. 10:30 a.m. to 2:30 p.m., ph 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall Pat 367-2586, Leone 367-8569

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:00 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh Call Teri 345-8712

Lakeshore Al-a-Teen Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days)

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St.

John's Anglican Church, 86 McArthur, Lac du Bonnet Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403
Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa, Doreen 753-8357.
Distressed Women's Crisis Line 1-800-362-3344.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227. Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Corey Daly 268-4752, Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausjour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre Janice 345-8979

Garden Club meeting every 2nd Wednesday of the month, 7:00pm, at St. John's Anglican Church Hall. No meetings January, July & August

Canada Day Celebrations - June 30 to July 2, fireworks, wonder shows, parade, car show, beer gardens, baseball tournament, etc... visit www.lacdubonnetlions.ca, or call Violet 345-9291 for more info

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Doell, church 345-2934, home 345-9766
Sunday 11:00 a.m. - morning worship, 6:30 p.m. - Upper Room

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654

Sunday 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Mike Szymal, 345-2900

Lac du Bonnet 5:00 p.m. - Saturday mass, 11:00 a.m. Sunday mass

Pinawa (senior school) 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Sandra Taskard 367-9578, church 345-2357

Sunday 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$5.00. Meals are at 11:30 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling

Silver Haven at 367-4620 or Denise 367-2374

Wednesday, Jan. 17

Soup, roast pork, purple cabbage, baked potato, bread pudding.

Friday, Jan. 19

Soup, pork cutlets, mushroom sauce, rice, mixed vegetables, upside down cake.

Monday, Jan. 22

Salad, chicken pot pie, cauliflower, raisin pie.

Wednesday, Jan. 24

Soup, roast beef, yorkshire pudding, mashed potato, carrots, trifle.

PAPER MAKERS WANTED

Pratt Industries (USA) Mill Division located in Staten Island, NY is seeking the right individuals for the following positions due to company growth and promotions:

- Paper Makers with relevant mill experience.
- Mechanical Maintenance Techs with mill experience.
- E & I Maintenance Techs.
- Production Leadership positions.
- Maintenance Leadership positions.
- Engineers.

Very competitive pay structure and excellent benefits. Must be willing to relocate:

EOE
Send resumes to: 4435 Victory Blvd.
Staten Island, NY 10314
Att. HR Department
or fax to: 718-370-1115

Echo Classifieds

Office/Retail Space for Rent Pine Falls Upstairs - approximately 200 square feet, comes with washroom. Main floor - approximately 900 square feet with private office, washroom and counter. Call Denis at 367-8651. TFW

House for Sale/or Rent, 1 1/2 storey, 3.25 acres, call 367-8232 or 345-4307. TFW

House For rent, 3 bedroom, 1-1/2 bathroom house in Pine Falls, near hospital. Available at beginning of March, washer, dryer, fridge and stove included. For more info, please call Rob @ 367-4653 or 612-9794. TFW-1

Rooms and Suites for rent. Weekly and Monthly rates available. Hydro and satellite included, call Omer at 367-9991 or 367-4210. 26 TFW

Casino trip to Skydancer Casino (near Peace Gardens), January 29, 30, 31st. \$120.00, call 345-2664. TFW-1

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. TFW

Spare cooks wanted for St. Georges Meal Program, call Tina at Services to Seniors 367-9128.

The Echo Classifieds feature low, low rates. Advertise your birth announcements, weddings, birthdays, engagements, anniversaries and memoriams for as low as \$5.00. Cost to run a photograph is an additional \$5.00.

To the community, my family I would like to say Thank you for your support these past weeks. The out pouring of prayers, well wishes and kindness has touched each and every one of us.

Thank you does not seem enough to the Emergency Room staff of Jean Pelland and Monique Coss. Without you 2 ladies, heaven only knows how things would have been different. Thank you.

To the EMS staff who took the trip to Winnipeg and back home again, thank you for your compassion, and congratulations for staying on that terrible Hwy. #304, thank you.

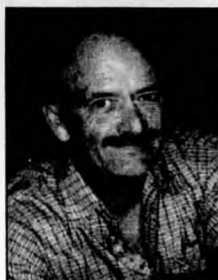
To the hospital staff in the lab and on the ward for taking care of us while I was in the hospital, thank you.

To our incredible staff who has carried on even though we are short handed. Thank you.

To our dear friends and patrons who have stopped in, called, sent well wishes, flowers and treasures and above all just provided the support to keep us all going. Thank you.

A community not only raises a child, it nurtures all of us that live within it. Thank you.

Lori Robb and family
Don, David, Alaina.



Albert Kunz
October 28, 1956 -
January 18, 2006

There will always be a sadness,
And many a silent tear,
But always special memories,
Of the days when you were here.
God has you in his keeping,
but we have you in our hearts.

We miss you everyday Bert
All our love,
Tammy & Nolan

Book this space and sell all of your old or new articles or household/garage gadgets and such. Only \$5.00, call 367-9468 to book your classifieds.

JOYCE MAXINE DAY
(nee Nelson)

Mrs. Joyce Day, aged 76 years dearly beloved wife of John Day of Silver Falls passed away on Wednesday, January 10, 2007 at the Sunnywood Manor in Pine Falls, Mb.

She is survived by her husband John; sons David (Janet), Jack, Robert, and Tim (Michelle), grandchildren Trevor, Miranda, Katelyn, Rebecca, Jordan, Colin, and great grandchild Cayden, as well as her brother Lloyd. She was predeceased by her brothers Raymond, Ken, sister Violet and parents Melvin and Mary Nelson.

Joyce was born on April 12, 1930 in Great Falls, MB. Her life was shaped while growing up in the small communities of Pine Falls, Lac du Bonnet and Newcombe, with her brothers and sister. While living in Long Lake, MB, she met and later married her one true love, John. They were married on June 25, 1949. They moved to Pine Falls and began to raise a family. Joyce and her family then moved to Flin Flon where two sons were born. In 1957, she moved her family to Winnipeg, where another son was born in 1960. Joyce started working in 1968 for Sectors Ltd. and while there made many wonderful and meaningful friendships. Joyce retired along with her husband in 1980 and built a new home in Silver Falls, MB. Joyce developed arthritis several years later and in July 2006, moved into Sunnywood Manor in Pine Falls.

Joyce had many interests and passions in her life. Her parents, brothers and sister, and all her nieces and nephews were always in her thoughts and heart. She enjoyed knitting, crocheting and crafts. She enjoyed being a hockey mom at her son's hockey games. She was involved with the Boy Scouts at St. Cuthberts Church. She loved to go fishing at Pine Falls with her husband and four sons and weekend campfires at the cottage at Silver Falls. Joyce enjoyed baking and always enjoyed a challenge, such as wedding cakes. She had a passion for watching wrestling, hockey, figure skating, skiing, curling and rodeo.

A funeral service will be held on Monday, January 15, 2007 at 1:00 p.m. at the Church of the Advent, Pine Falls, MB. with Rev. J. Giroux presiding. The service will terminate at the church with cremation to follow. Pallbearers will be Trevor Day, Craig Parisian, Richard Lavoie, Gary Mysak, Dean Duguid, and Jim Stephens. In lieu of flowers, if friends and family so desire, donations in her memory may be made to the Arthritis Foundation of Manitoba or Sunnywood Manor, Pine Falls, MB.

The family wishes to extend their heartfelt thanks and gratitude to the staff at Sunnywood Manor and Pine Falls Hospital for their kind and gentle care that they provided for Joyce.

SOBERING FUNERAL CHAPEL & CREMATORIUM, Beaujour 268-3510 or MB toll free 1-877-776-2220

North Eastman Health Association
Board of Directors
Call for Nominations



is the Regional Health Authority responsible for planning, delivering, and administering a broad spectrum of Health Programs and Services to a multi-cultural population base of approximately 40,000 residents. North Eastman is geographically diverse, extending east to the Ontario border, north of the 53rd parallel, west to Lake Winnipeg and south slightly beyond the Trans-Canada Highway.

Mission: "The North Eastman Health Association strives to promote effective, equitable, accessible, integrated, responsive and cost efficient health programs and services to meet the needs of our population."

Vision: "Working together to empower individuals, families, and communities to pursue optimum health through healthy lifestyles."

A number of board member positions become vacant on April 1, 2007. In accordance with the Regional Health Authority Act, the Minister of Health will appoint directors to fill these vacancies.

Any resident of the North Eastman Region may nominate a person or persons, including him or herself for the board of the North Eastman Health Association. The board members will be selected from nominations received from individuals interested in improving health for Manitobans, and who are prepared to make the time commitment required of a director of the board. The appointments will represent a board cross-section of interest, experience and expertise. Geographic representation will also be considered.

Information regarding qualifications, general responsibilities of board members, and the nomination form for appointment are available at the North Eastman Health Association Corporate Office.

Nomination forms are also available on the Manitoba Health Website www.gov.mb.ca/health/rha/rhadocs.html.

Submission deadline is January 31, 2007. Completed and signed nomination forms can be forwarded to the North Eastman Health Association Corporate Office, W.B. Lewis Business Centre, 24 Aberdeen Avenue, PO Box 339, Pinawa, MB R0E 1L0 or directly to the Minister of Health. (A resume, CV or any additional information should be submitted with this form.)

Secretary-Treasurer Position Available
Pine Fall United Appeal Trust Fund

The Pine Falls United Appeal Trust Fund is looking for someone wanting to work a few hours a month out of their home.

Bookkeeping, computer and organizational skills are an asset.

Please send your resume to PO Box 10, c/o B.A. Desloges no later than January 23, 2007.

Position will be paid in Honorarium.

For more information call B.A. Desloges at 367-5335.

Town of Powerview - Pine Falls

The Town of Powerview-Pine Falls is offering the former Public Works office located at 46 Main Street (Pine) for rent.

The building has 460 sq. ft. heated office area, with washroom, and an additional 360 sq. ft. un-insulated shop space with a steel overhead door.

Tenants will be responsible for utilities and must be prepared to provide proof of insurance before possession. Inspection can be arranged by contacting Public Works at 367-2070.

Written proposals will be accepted at the Municipal Office until January 31st, 2007 at 4:00 p.m.

Blue Water Physiotherapy

Phone: 367-2537
Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Acupuncture
- Orthotics
- Manual Therapy
- Pilates - Reformer Sessions

Located on Highway #11 in Powerview

Celesté Basson
B.ScPT, CAGP

Stephanie Hampson,
BMR (PT)

To Book this Space call 367-9468

Gilles Lamoureux

G's SEPTIC TANK CLEANING SERVICE
Portable Toilet Rentals

P.O. Box 805 PINE FALLS, MANITOBA R0E 1M0
PHONE: 367-4706 CELL: 345-3835

Windsfield Replacement & Repair
All Your Auto Body Needs
Courtesy Care

powerfalls AUTO BODY

Box 187 Powerview, MB R0E 1P0
Phone 367-2877 Fax 367-2336

LIBERTY TAX SERVICE

Sandi Duval
Franchise Owner
367-4244

INCOME TAX SERVICES

BOOKKEEPING SERVICES

2 McDougall Ave., St. Georges, MB

BRYAN M. DAIEN
Denturist

Celebrating 20 years in business

Complete/Partial Dentures
Repairs while you wait
Refines (one hour)
Extractions/Restorations Arranged
SENIORS DISCOUNT

ON-SITE LAB

37 Third St. S. Beausejour

District Health Centre
Lac du Bonnet
2nd and 4th Tuesday of each month
268-3488

Business Directory Ad starting as low as

\$3.75 per week

Call 367-9468 to inquire.

- ◆ Reflexology
- ◆ Ear Candling
- ◆ Reiki

Janice Warren
10 Dupont Street, Powerview, MB
367-8272

Lakeview STEAKHOUSE

57 Park Avenue, Lac du Bonnet
Phone 345-8681

YOUR FIRST

INE PHARMACY

Monday to Saturday
8:30 a.m. to 5:30 p.m.

367-2611

PHARMACY
367-2517

MacDonald Brown
Rentals
Hillside Beach
756-8184

Dr. A.H. Anderson & Dr. M.H. Anderson

LAB ON SITE

Optometrist
Contact Lenses and Eyeglass Fittings

MANITOU LODGE PINE FALLS
367-2390

Tuesday - Friday 9:00 a.m. - 5:00 p.m.
Closed for lunch hour 12:30 - 1:30pm

Examinations done on Thursday

Alice's Footcare Service

Providing Certified Diabetic Footcare

Call for an Appointment
Traverse Bay 756-1911
Pine Falls 367-2141 Email: Agc@net.net

M&C Bruneau's PC SERVICES

Microsoft Certified Professional Systems Engineer

HARDWARE DIAGNOSIS - HARDWARE UPGRADES - TROUBLE SHOOTING - SOFTWARE INSTALLATION - SYSTEM CONFIGURATION

Ph: 345-6876

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)

- ◆ Autopac
- ◆ Blue Cross
- ◆ Veteran's Affairs
- ◆ Worker's Compensation

Phone 367-4858

No referral required Please call for appointment

Enjoy dual satellite reception.

Available at

DAVE'S NEW & USED FURNITURE

21 Art Street, Powerview, MB

Contact **Dave or Warren 367-2460**

The shape of the future.

Great Falls Foods

Highway 11, Great Falls
367-2976

OPEN 7 DAYS A WEEK

Store Hours:
Mon. - Thur. 8-6, Fr. - 9-7
Sat. 9-7 Sun. 12-5

Having a Social Function?
Call us to look after everything for you
Ask us about delivery

The House of Quality

DAVE'S FURNITURE & APPLIANCES

For the Best Quality New & Used Furniture & Appliances... Call Us First!

367-2460

21 Art Street, Powerview
Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm

Country Concepts FAMILY WEAR & Accessories

367-2248

Located at 19 Pine Street, Pine Falls

Powerview Dental Centre

277A Main Street, Powerview
Hay 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.

Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Grishma Kapadia

Emergency Care
New patients welcome

367-2815

Dr. Alan Grant DENTIST

Pine Falls Dental Clinic
36 Maple Street (across from the Hospital)
367-4417
Tuesday, & Thursday
10:30am-6:00pm

Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
367-2208
Monday & Wednesday
9:30am - 4:30pm

PINE FALLS SERVICE CENTRE

Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

SUBWAY

Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.

367-8803

Clark's Corner

DOMO Service Station
Convenience Store

Chester Fried Chicken

367-2238

Located at corner of Highways 11 and 304

Papertown

367-2261 **Motor Inn**

Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub

Home of **THE NIGHT CLUB**

TWISTERS WATER PARK
1 Mile East of Pine Falls, Hwy. 304 & 11

Broadlands Mall

Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm

Restaurant
Daily Specials
Open 6 am - 10 pm

367-4484

BIRCHWOOD MOTOR HOTEL

- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed

Traverse Bay
756-2596

OPEN YEAR ROUND

Manitou Lodge

Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed

367-2252 Tuesday Night
WEEKEND FEATURES
EVERY WEEKEND
Wing Nite & Draft Special

Bluewater District Transit

For Bookings Call
367-9128 Office
345-3075 Driver

Century 21 Sun Country Realty

Rob Oakes
Sales Agent

Ph: 204-345-2121
1-800-854-8148
Email: rob@century21suncountry.ca
www.century21suncountry.ca

This Space is Gathering Dust!

Call to place your Ad!
The Echo 367-9468

Bed and Breakfast B&B PFISHER

Denise Fenez
NEW PHONE NUMBER
367-2574
email: dfenez@mts.net

Jon. O. Phillips RMT
Licensed Massage Therapist
CranioSacral Therapy Levels I & II
Remedial/Relaxation Massage Therapy

204-367-2141
at The Arbour, Pine Falls

StreakersS

Hair Design

- Cutting & Styling
- Updos
- Colors &perms
- Facial Waxing

Monday to Saturday
By Appointment Only
Call Roberta Laliberte
367-4093

CR Certified Computer Repair

285 Main Street
Saskatoon, MB S1A 1S7
Ph: (204) 482-5492
Fax: (204) 482-5410
Cell: (204) 485-1912

VINCE MAREK
Computer Technician
www.cerifiedcomputer.ca