

comp
 Serials Clerk
 Legislative Library of Manitoba
 Room 100 - 200 Vaughan Street
 Winnipeg, MB
 R3C1T5



Happy Trails to you...

Corporal Wayne O'Brien of the Royal Canadian Mounted Police officially retired on Monday November 20th, 2006. O'Brien retired after 25 years of service in style. He rode down the streets of Powerview early Monday morning on horseback in his full red serge uniform to collect his final pay and say farewell to his fellow officers and staff of the Powerview Detachment.

O'Brien graduated from training in Regina in 1982 and went to work in the Brandon Police Detachment. He worked in Brandon from 1982 to 1986.

In 1986, he accepted a transfer and came to work at the Powerview Detachment, where he stayed from 1986 - 1993. Even though he and his wife Janet wanted to stay here in Powerview they were relocated to The Pas from 1993 to 2000.

While stationed at The Pas, in 1995 he was awarded a Accommodation for Bravery for a heroic rescue of a civilian who drove off a government dock and into deep freezing waters.

The O'Briens were happy when the opportunity arose to return to Powerview in 2000, where they have remained until his retirement this week.

In 2003 Officer O'Brien was promoted to Corporal.

O'Brien and his wife Janet plan to remain living in the community. In his spare time he



Corporal Wayne O'Brien, retired today - November 20th.
 He rode up in style to the Powerview RCMP Detachment in his red serge uniform to hand over his gun to his commanding officer

enjoys playing hockey for the Pine Falls Ol' Kings and loves most outdoor activities.

The official retirement party will be held on Sunday at the Papertown Motor Inn.

Fellow officer and long time friend Dave Lower extended congratulations to Wayne on

his 25 years of services on behalf of all the staff at the Powerview Detachment.

AUTO INSURANCE

2nd Street and McArthur,
Lac du Bonnet

NO CHARGE INSURANCE QUOTE

• Photo Drivers Licences
 • autopac • Insurance - All Types

345-8607
 Toll free: 1-888-345-8196
 Res: 204-753-2674

OPEN: Mon. to Fri. 8:30 a.m. to 5:30 p.m.
 Plus Saturday, 9:00 a.m. to 4:00 p.m.

We are independent - we work for you!



An Independent Insurance Broker
Covers You Best.

Public Pathway

Delegation meets Powerview-Pine Falls Council

A delegation of about two dozen people attended last week's Powerview-Pine Falls Council meeting Tuesday, November 14 to discuss the closing of the public footpath from the Pine Falls Village Green to the drug store and post office.

Charles Norman repeated the group's position outlined at an earlier meeting; i.e. that the closing of the footpath by Sean Kemball who occupies No.5 Balsam, alongside the path, was illegal.

Norman said that, according to the Manitoba real Property Act, if a right-of-way existed on

a parcel of land prior to it's sale, that right-of-way continued to exist whether or not it was mentioned on the title to the property. He told the council that the right-of-way had existed since before the house was built. He said it existed, and was in use when Kemball bought the property, it existed when he (Norman) lived in the house, and existed when Frank Thibedeau's grandfather lived in the house seventy years ago, and had been designated as a public footpath on maps made before the mill was built.

Norman told the Council that Kemball's act in closing the public path was so obviously illegal that all council had to do was to send someone from their Public Works Department to reopen the path - and charge Kemball for the cost of doing so.

Powerview-Pine Falls Mayor Ted Pichor said that the council was working towards getting a resolution to the dispute. He said he hoped to get an agreement from those who lived along the path. He indicated that the Council was waiting for advice from the Councils legal advisor.

Good News for Powerview School Playground Committee

Powerview School Parent Advisory Council/Playground Committee gratefully acknowledges the receipt of \$10,000. from Manitoba Community Services Council, Inc. (MCSC) toward development of the new playground. They have also allocated 3 Bingo's (\$9000) to make the final total \$19,000 upon completion of the Bingo's which will begin in March 2007. Our goal is to have Phase 1 (Large Play

Structure) begin in the summer of 2007.

MCSC, with funding provided by the Province of Manitoba, and bingo events provided by Manitoba Lotteries Corporation, allocates grants (including bingo events) toward community service, social service, recreation and health-related services. Interested groups can obtain further information by contacting MCSC at (204) 940-4450.

Snowmobile season about to begin

Have Fun But Ride Safe On the Snow

Before the winter recreation season gets underway, snowmobile operators are reminded to be safe while enjoying Manitoba's winter. Conservation Minister Stan Struthers said today.

"Have fun but ride safe on the snow," said Struthers. "Manitoba offers year-round outdoor recreational activities. Snowmobile operators have thousands of groomed, marked trails to enjoy and they should

respect private property when driving off trails."

Snowmobile operators are advised to take extra caution when crossing streams, rivers and lakes as water bodies freeze at different rates and ice thickness may be unknown.

Trails in provincial parks have posted speed limits and warning signs at hills and curves for public safety,' said Struthers. "Natural resource

officers and the RCMP travel the trails to ensure safe riding practices are followed. Safety laws, including those against drinking and driving, apply to operating a snowmobile."

In Manitoba approximately 11,000 kilometres of groomed trails on Crown and private lands are marked with signs and maintained by the Snowmobilers of Manitoba Inc. (Snoman) organization to ensure the public have a safe ride. Snoman volunteers from 49 affiliate clubs groom trails on a regular basis.

The province grooms about

1,100 kilometres of trails within the Whiteshell, Birds Hill, Grand Beach, Hecla and Spruce Woods provincial parks. Local clubs groom trails in Turtle Mountain, Duck Mountain and Nopiming provincial parks.

"Snoman encourages riders to respect the environment and respect the laws," said Snoman executive director Duncan Stokes. "Like any motorized vehicle, there is a personal responsibility to drive

a machine you can handle and to drive within suggested speed limits, and staying on the groomed designated trail system is the safest option for riders."

Snoman is able to maintain the trail system with funds raised by the Snopass system. The annual Snopass is \$85 on or before Dec. 1 and \$115 after that date. A seven-consecutive-day Snopass is \$50.

More information is available at <http://www.snoman.mb.ca>.



NEWS TIPS?

Call us at 367-9468

KULYK INSURANCE AND FINANCIAL SERVICES

2 McDougall Ave.
(Behind Caisse Populaire)
St. Georges, Manitoba

- Life & Disability Insurance
- Home & Commercial Insurance
- Dental Plans
- Financial/Retirement Planning
- Estate Planning
- Private Pensions
- Investments/RRSPs

HOURS 9AM TO 5PM
MONDAY TO FRIDAY EVENING
APPOINTMENTS AVAILABLE!
CALL 367-9572

STEPHEN KULYK/TAMMY KUNZ

YOUR INSURANCE AND INVESTMENTS SPECIALISTS
EMAIL: steve@kulykfinancial.com
Serving the area since 1995

NITE

Crawfish

Papertown

Motor Inn

HAPPY HOUR

Every Weekend
4:30-8:00pm



Thursday	Friday	Saturday
Bud, Spud & Rib Night	Bud, Spud & Steak Night	Bud, Spud & Riblets Night
\$8.99	\$7.99	\$7.99

BINGO

Royal Canadian Legion #164
Lac du Bonnet
Legion Hall, at 7:00pm



Every Monday Evening
ACCUMULATIVE JACKPOTS

Everyone Welcome!

Great Falls Tuesday Nite BINGO

Great Falls Hall 7:30pm

Mini Loonie:	\$800.00
Lucky #:	\$273.00
Letter Y:	\$201.00
Poker Flush:	\$500.00 <small>per 525</small>



Loonie Pot: 00% of sales
Bonus Line: **\$518.00**
Full House: **\$500.00**
In 50 numbers

BONANZA \$2015

<p style="font-size: 0.8em; margin: 0;">Publisher Valarie Anderson</p> <p style="font-size: 0.8em; margin: 0;">Writers Jim Hampshire Charles Norman</p> <p style="font-size: 0.8em; margin: 0;">Production/Art Design Lori Pachkowsky</p>	<p style="font-size: 0.8em; margin: 0;">SUBSCRIPTIONS</p> <p style="font-size: 0.7em; margin: 0;">Local Rate: \$33.90 National & Urban Rate: \$45.20 Foreign Rate: \$113.00 (prices include PST & GST)</p> <p style="font-size: 0.7em; margin: 0;">2nd class mail #1763687 (Postage paid in Pine Falls)</p>	<p style="font-size: 0.8em; margin: 0;">P.O. Box 178, St. Georges, MB R0E 1V0 Place McDougall, St. Georges e-mail: theecho@mts.net</p> <p style="font-size: 0.8em; margin: 0;">Powerview Office Ph: 367-9468 Fax: 367-9974</p>	<p style="font-size: 0.8em; margin: 0;">The Winnipeg River</p> <h1 style="font-size: 3em; margin: 0;">Echo</h1> <p style="font-size: 0.7em; margin: 0;">The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.</p>
--	--	---	---

Midget Girls' Hockey Team Takes Silver at Kenora Tournament

submitted

With two wins and a tie, the midget girls were the top team coming through round robin play of the prestigious Lake of the Woods Girls Hockey 12th Annual Invitational Tournament that was held in Kenora November 17-19.

In the gold medal game Sunday, the girls lost 4-1 to Kenora Red, a team they had previously beaten in round robin play. The Kenora Red Team is the top of three midget girls' hockey teams from the Kenora area. Of interest too is that some of the city

teams that were playing in this tournament had as many as sixty girls try out for a roster of fourteen players!

The strength of the Pineview Midget Girls' Hockey Team, considering the number of players available and the fact that half of the girls on this team are bantam age, created a lot of interest at the Kenora Tournament, with coaches, managers, parents and players alike wondering and asking, where the heck is Pineview?

Congratulations to all the girls.



Is your subscription due?

Check your mailing label!

Call us now to renew
367-9468

1 Year Subscription
\$30.00 plus \$2.10 pst & \$1.80 gst
\$33.90 TOTAL

Cash

December
DEC 20

Give-a-way



S
South Interlake
Credit Union Limited

Christmas is just around the corner and so are those Christmas bills! Let SICU help 'take the Grinch out of Christmas' with our Cash Give-a-Way. Draw Date: December 20, 2006 Ask us for details today!

*Pine Falls members only

Looking for information and resources to grow

Your Community. Your Farm. Your Future.

GO For It.

Whether you're a farmer, business owner, budding entrepreneur or community leader, the staff at Manitoba Agriculture, Food and Rural Initiatives' (MAFRI) Growing Opportunities (GO) Centres can provide you with a wide variety of expert, objective information and resources.

Visit your local GO Centre today and get the information you need to:

- Develop, expand or diversify your business
- Increase or diversify your farm production
- Learn about opportunities in value-added and agri-food business start-ups, and...
- Grow your community

To find out more about what your local GO Centre can do for your farm, your community, your business and your future call them today or visit manitoba.ca/agriculture.

GROWING Opportunities

Your community. Your farm. Your future.

Manitoba 



Ginette Vincent (right) of comité culturel St. Georges presents Winnipeg River Senior Service Coordinator, Tina Polischuk with a cheque for \$310.00

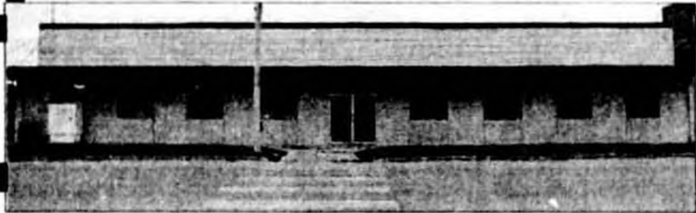
Comité culturel raises \$310

On November 21st, 2006, Ginette Vincent of comité culturel St. Georges organized a Sand Bag Tournament at the St. Georges Church Basement. Forty eight people participated and raised \$310.00 which was presented to the Winnipeg River Senior Service.

The money will be used towards the purchase of a commercial dishwasher for the St. Georges Meal Program. The Manitoba Health Board advised the Meal Program earlier this year that they must purchase a new dishwasher. A total of \$5000.00 needs to be raised.

Retail Space for Rent

Rupert's Landing
Pine Falls, Manitoba



Refurbished 14,000 SF Mall plus a lower level area. Come and join Celebrations, Country Concepts, T Gees, and Dancys. We have areas of 730 SF to a 1080 or 3,000 SF. Great interior, great parking, across from the Royal Bank and steady traffic.

If you need space office or retail please call Georges at 480-0147 Mainland Commerce Real Estate

Georges Bohemier,
FRI, CRP, CPM®
**Mainland Commerce
Real Estate**
(204) 480-0147



Julie & Harvey Giesbrecht



RUSSELL

FUNERAL HOMES & CREMATORIUM

Caring for your Family since 1941

268-2263 (24 HOURS)

Toll Free: 1-866-424-6271
437 Park Avenue W., Beausejour
CANADIAN INDEPENDENT

Tis the Season protect your PIN

Most Canadians recognize the importance of shielding their Personal Identification Number (PIN) when using their debit cards at a bank machine or at a store check-out terminal, but the majority are still not protecting their PIN all of the time. An unshielded PIN leaves cardholders more susceptible to fraudsters.

As we enter the busy shopping season, Canadians will be using their debit cards in record numbers to pay for their purchases.

Canadians love using their debit cards, in fact, according to Interac Associations, debit is the preferred method of payment for one out of every two Canadians.

As millions of transactions are successfully processed throughout the busy shopping season, cardholders are reminded to shield their PIN at all times, even when nobody can see them entering it.

"Through partnership, we're committed to driving debit card fraud out of Canada," said Tina Romano, Interac Association. Card holders can also play a part in this fight against fraud by shielding their PIN each and every time.

While the Interac network is among the most secure in the world, debit card fraud can

happen, however, victims of debit card fraud are protected by the Canadian Code of Practice for Consumer Debit Card Services and will not lose their money. Following are some cardholder safety tips: Use your hand or body to shield your PIN when you are conducting transactions at an Automated Banking Machine (ABM) or at the checkout. Keep your banking card in sight when conducting transactions at the checkout. Check your banking statements regularly and contact your financial institution immediately if you detect any unusual activity, e.g. purchases you did not make or missing charges. If your debit card is lost, stolen or retained by an ABM, notify your financial institution immediately. Memorize your PIN. Only you should know your PIN. If you suspect that someone knows your PIN, even a friend or family member, change it immediately. When selecting your PIN, never use obvious information, such as, your phone number, date of birth, address or Social Insurance Number. These numbers are often stored in the same place as your banking card enabling criminals to easily guess your PIN.

WEDDINGS - ANNIVERSARIES - BANQUETS
RETIREMENTS - MEETINGS, ETC.

at the **GREAT FALLS
COMMUNITY HALL**

Contact Hall Manager 367-2998

NOW AVAILABLE

Clark's Corner will now have
Chester Chicken Available

**Until 9:00pm Daily
GUARANTEED**



CLARK'S CORNER
Highway 11 and 304, Powerview, Manitoba, Phone 367-2238

Legion news

Lac du Bonnet Legion Branch #164

by Norm Rimmer, CD.

The Ladies Auxiliary celebrated their 60th Anniversary of the signing of their Charter on October 28, 2006. They were fortunate enough to have with them Mrs. Edie Brown Erlich, the last remaining member that signed the Charter in 1946.

The evening started with James Fraser piping in the head table. After O Canada and Grace the ladies sat down to an exquisite meal prepared

and served by the men of the Branch. After dinner, congratulation greetings were extended by Vice-President Rita Bell of Manitoba and Northwestern Ontario Provincial Command, 1st Vice-President

Emily Konopetski of Provincial Ladies Council, District #6 Ladies Commander Emily Bazylo and Branch President Cde. Lloyd Jones. Mayor Paul Chapman of the Town of Lac du Bonnet,

Reeve Don Halbert of the R.M. of Lac du Bonnet and MLA Gerald Hawranik presented anniversary plaques.

Madam Fay Dooley, President of the Ladies Auxiliary, made a financial presentation to the President of the Branch, Cde. Lloyd Jones. The evening concluded with skits, music and fellowship.

While I was attending the Lac du Bonnet Senior School's Remembrance Day Service, I was approached



by a young lady, Cathy Duff, asking me what significance the purple ribbon was on all wreaths. I was unable to answer her as I did not know. When I returned to the Branch, I had my research team, consisting of Fay LaBelle, check into the question. It was ascertained that there is no significance for the purple ribbon being on all wreaths, other than the colour purple is a regal colour and it goes good with the green of the wreaths. I hope that answers your question Cathy. We would like to thank the community for the large turn out for the Remembrance Day Service, also the large attendance at the Veterans' Dinner, both were very well attended.

We are still looking for volunteers to help us with the Regular and Senior Provincial Curling Champion-

ships being held from February 18 to 23, 2007. If you are interested in giving us a hand please contact our Administrator Fay at 345-6522 and leave your name and phone number.

The Annual Christmas Dinner will be held again this year on Christmas Day. The dinner is open to anyone living in the Lac du Bonnet, Pinawa, Whitemouth and Great Falls areas, who will be alone for Christmas. You **DO NOT** have to be a member to attend. The idea is that no one should be alone at Christmas. If you would like to attend please contact Fay Dooley at 345-8449 and leave your name, phone number and number of people attending, such as yourself and spouse. The deadline for letting us know if you are attending is December 20, 2006. It will be a full turkey dinner (no cost).

We would like to thank everyone who supported our Grey Cup Pool. The winners were for the 1st Quarter - Anita Bohn and the reverse score was John Trakys; 2nd Quarter - Ray Struss and

the reverse score was Peter Michael; 3rd Quarter - Rollie Grantham and the reverse score was Scott Samson and the final score was Martin Orvis and the reverse score was Yvonne Horch.

Again I would like to remind all members that the monthly General Meeting for February 2007 is normally held on the third Tuesday (Feb 20) of the month and is being moved to the fourth Tuesday (Feb 27); this move is due to the curling championship.

The Annual General Meeting for the Ladies Auxiliary will be held on December 5, 2006 starting at 7:30p.m. This year is the year to elect your executive for the coming two years. Don't forget that the Branch's Annual General Meeting will be held on Tuesday, December 12, 2006 starting at 7:00p.m. Try and make an effort to get out to these meetings, remember this is your Ladies Auxiliary and Branch and your input is needed in order for us to operate smoothly with your approval.

A word of thanks....

From St. Georges Parish. A special thank you to all the businesses who continue to support us at our annual bazaar:

To all the individuals who donated items, did some baking, donated their time and energy to make our annual fundraiser a huge success.

To everyone for coming out and encouraging us.

May God Bless you all!

- | | | |
|-----------------------|--------------------|-------------------------|
| Dancy's Foods | Sunrise Bakery | Rona |
| Great Falls Foods | Subway/Pine Falls | Powerview Fabrics |
| Hometown Sausage | Service Centre | The Echo |
| Midway Foods | Chicken Chef | Clark's Corner |
| Country Concepts | G's Septic Service | Rapid Water Sales |
| Papertown | Avon | Réseau communautaire |
| Chevretils Greenhouse | Broadlands Mall | Osis Building Supplies |
| Deals for Dollars | Coachroom | St-Croix Cycle & Marine |
| Pine Pharmacy | Phillips Massage | Papineau Motors |
| Caisse La Vérendrye | Rusty Nail | Dave's New & Used |

Eastern Beaches 4th Annual

Santa Claus Parade

Saturday
December 2
at 12:00pm

(Starts at Grand Marais Fire Hall)

We will be accepting
Non-perishable food items
and new, unwrapped toys.

•Pics w/Santa
•Chili/Hot dogs
•Raffles & More
At the Rec. Centre.



To enter the
Parade call
Tom Thomas
at 754-3721

Apply today — the Farmland School Tax Rebate is now 60%

Important news for Manitoba farmland owners

The Farmland School Tax Rebate

The Manitoba government has increased the farmland school tax rebate to 60%.

This increased rebate is part of the government's commitment to help support the rural economy and provide tax relief to farm families.

A 60% rebate will be available to individuals who paid 2006 school taxes on farmland.

How it works

If you own farmland in Manitoba and you paid your 2006 property taxes, you are eligible for the rebate. Your farmland does not currently have to be in cultivation or used for grazing to be eligible for the rebate. The rebate applies only to the farmland portion of your school taxes and does not apply to residences or buildings on your farmland.

How to apply

If you received a rebate for 2005, an application form has been mailed to you. Otherwise to apply for the rebate, simply download an application form from the Manitoba government website (www.manitoba.ca), call 1-866-Manitoba (1-866-626-4862) or pick one up from your local Manitoba Agricultural Services Corporation office, Manitoba Agriculture, Food and Rural Initiatives GO Centre or GO Office or rural municipal office.

For more information:

www.manitoba.ca

1-866-Manitoba (1-866-626-4862)

Manitoba



Support a local charity

The current tax year is drawing to a close. There is still time to contribute to a registered charitable organization, thereby saving tax dollars as well as supporting a good cause. Why not consider local registered charities? Your money will remain one hundred per cent within this region. One such local registered charity is Survivor's Hope Crisis Centre Inc.

Survivor's Hope Crisis Centre attained registered charitable status in 2003. The centre serves the same geographical region as the North Eastman Health Association. Survivor's Hope delivers two valuable programs to the region. The Sexual Assault Recovery and Healing (SARAH) program provides crisis intervention and

support to survivors and secondary victims of sexual assault. Volunteers, who have been trained by counsellors from Klinik in Winnipeg, are available to provide 24/7 support to emergency sexual assault calls from the hospitals in Beausejour, Pine Falls and Pinawa. SARAH presently has five trained volunteers in Beausejour, nine in Pine Falls and eight in Pinawa.

The Sexual Assault Discussion Initiative (SADI) program delivers educational workshops on topics related to sexual violence. Informative workshops are offered to service providers (clergy, police, medical staff, and school staff) who are often the first point of contact for sexual assault victims. During the 2005/2006 school year,

SADI delivered approximately one hundred and twenty workshops to students enrolled in grades eight through Senior two in Sunrise School Division, School District of Whiteshell and Sagkeeng First Nations Education. The demand for these workshops exceeds SADI's availability to deliver. Some topics covered within the school workshops are: sexual harassment, healthy relationships, self-esteem, internet relationships, date rape and date rape drugs.

The annual budget for Survivor's Hope is nearly sixty thousand dollars, which is raised entirely through grants and donations. Any donation you are able to make would contribute towards maintaining these programs within your community. Donations may be sent to Survivor's Hope Crisis Centre Inc., P.O. Box 925, Pinawa, MB, R0E 1L0. A tax receipt will be issued to you.

Faith Perspective

by Pastor Jake Doell

An Organized Life

How often do we say, "I just haven't got the time"? Sometimes that truly is the case but it can also be the sign of an unorganized life. The following story illustrates what can be accomplished when a person organizes their time:

"John Wesley, the founder of the Methodist churches averaged three sermons a day for fifty four years, preaching all told more than 44,000 times. In doing this he traveled by horseback and carriage more than 200,000 miles or about 5000 miles a year. He also published a four volume commentary on the whole Bible, a dictionary of the English language, a five volume work on natural philosophy, a four volume work on church history; histories of England and Rome; grammars on the Hebrew, Latin, Greek, French and English languages; three works on medicine; six volumes on church music and seven volumes of his own sermons.

He was greatly devoted to pastoral work. Later in life he had all the care of the Methodist churches to look after. He arose at 4:00 AM and

worked solidly till 10:00 PM taking brief times for his meals. In the midst of all his work he

declared, "I have more leisure time than any man in England."

At age 83 he became frustrated when he discovered that he could not write more than 15 hours a day without hurting his eyes. At age 86 he was ashamed to admit that he could not preach more than twice a day. In his 86th year, he preached in almost every shire in England and Wales and oft rode more than 30 miles a day to do so."

The result of John Wesley's labors was that more than likely England was spared the "bloody revolution" that ripped through France. One man declaring the "Gospel of Jesus Christ" and untiringly traveling and preaching made a huge difference in the destiny of a nation. We need people today, who like John Wesley will organize their time to make our nation of Canada a nation to be an example of integrity and peace. Each person receives 24 hours each day from God. How are we using those hours?



SOBERING FUNERAL CHAPEL

Our family serving your family

Doug & Marlene Sobering
Steven Sobering



Phone 24 Hours
Manitoba Toll Free:
1-877-776-2220

CANADIAN INDEPENDENT

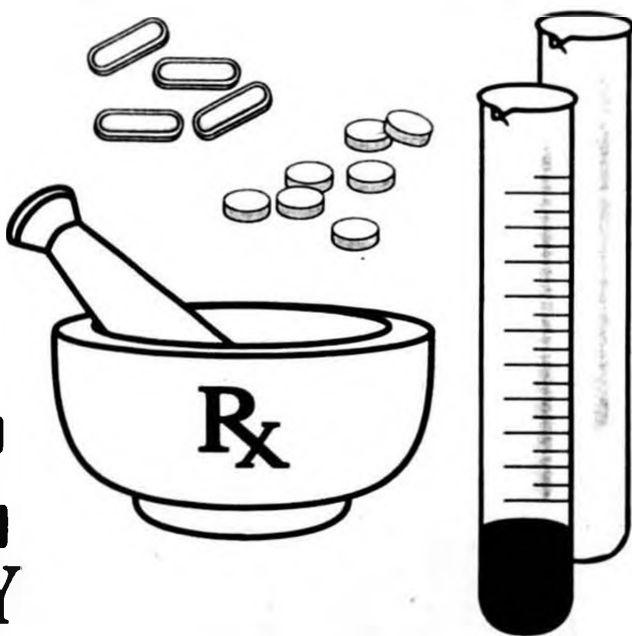
This Space is Gathering Dust!



Call to place your Ad!
The Echo 367-9468

TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts



PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m. — DISPENSARY

367-2611

367-2517

News Tips? 367-9468

Special Christmas "Tree of Lights"

The Pine Falls District Health Care Foundation Inc. was created to support hospitals, personal care homes, ambulance services and other non-profit charitable, educational and cultural organizations. It is the mandate of the foundation to assist in maintaining and promoting the good health for all the residents served in this area. The work of the Foundation is accomplished through donations from the community.

Honour the memory of a deceased loved one this Christmas season on the Pine Falls Health Complex's Special

"Tree of Lights"

This special tribute will enable interested persons to acknowledge their memories by purchasing a light (\$10.00 per name) on this tree, while providing donation funds for the foundation. A tax deductible receipt will be issued to all donors.

Interested person can contact the reception desk at the hospital or send their donations to
The Pine Falls District Health Care Foundation Inc.,
Box 2000, Pine Falls, MB
R0E 1M0



Legion news

Pine Falls Legion Branch #64

Our Early Bird campaign for Legion memberships is now in effect. Any Branch and Auxiliary members paying their dues before November 30th will be entered into our Early Bird draws. One name will be picked for the Branch and one for the Auxiliary members. These winners will have their 2007 dues refunded. Dues for the Branch are \$43.50 for regular and \$38.50 for retired members. There was a per capita increase of \$4.50 on the branch memberships. Auxiliary dues are \$15.00. These can be paid at our Legion clubrooms. Application forms are also available for anyone who is interested in becoming a Branch or Auxiliary member.

Meat raffles are held on Fridays from 5:00pm to 6:00pm. As a fund raising event we are holding Friday suppers at 6:15pm at a cost of \$10.00 per

person. Signs are posted advertising the menu or you can call our Legion 367-2718 to see what is on the Friday supper menu. We prepare for 36 people. If any of our branch or auxiliary members are interested in helping with the supper preparation or kitchen clean up, please contact Rubena Mignon at 367-9234 or Sharon Mignon at 367-8376.

We are holding a bake sale on Saturday, December 9th from 1:00pm to 3:00pm Branch and Auxiliary members are asked to drop off their baking at 11:00am for pricing. If there are any persons who would be interested in setting up tables to sell their various goods the day of our bake sale, please contact Chantal Courcelles at 367-4984 for information. The Bert Kunz memorial darts tournament will be held on Sunday, December 10th. Contact Jackie



Prowse at 367-8332 or Kathy Dahl 367-8695 for information.

Our next Branch and Auxiliary meetings will be held on Thursday, December 14th at 7:30pm. After the meeting we will have our Christmas party at 8:30pm. An invitation is extended to all Branch and Auxiliary members along with their spouse or guest to attend our party. Everyone attending is asked to bring something towards a light lunch that will be served at the party. There will be a gift exchange (\$10.00 value) for persons who want to participate. Mark your gift if it has to be given to a man or woman. The Early Bird draw will be held at our party.



New town Council

The new Powerview-Pine Falls Council. Left to right: Gord Watson, Councillor Ward I, Bev Dubé - Councillor Ward I, Val Irving - Chief Administrative Officer, Ted Pichor - Mayor, Jack Shwaluk - Councillor Ward II, Rick Rusk - Councillor Ward II, Henry Dubé - Councillor Ward I, Jack Bonekamp - Councillor Ward II.



Trust Matters.
www.thedominion.ca

Why not insure with a Canadian Company?

The Dominion has been serving Canadians since 1887, when Sir John A. MacDonald became the company's first president. Canadian owned and operated, we are committed to providing high quality car, home and business insurance products and services. We are financially sound and you can count on us being there in the long term.

To learn more about why you should be insured with The Dominion, visit www.thedominion.ca.



by Dave Redinger

Ask the Neighbourhood Mechanic



How long should I keep my car? I'm often asked this from the other side of the service counter by an owner faced with a large repair bill. The truth is as long as it makes financial sense. Today's cars can remain in service for up to 20 years with a good maintenance regime. When it comes to writing a car off, the condition of the body has become more of a deciding factor than the mechanical bits. Just like people, when the body goes, it's all over. According to Trevor Hutcheson of Krown Rust Control, body maintenance has become as important as mechanical maintenance in extending the life of your car. Maintaining your car will ensure that it's safe, reliable and good looking. Besides, look all the things you could do better when you're not making car payments.

Join me: I will be at the Master Mechanic Car

Clinic, Nov 22nd in Scarborough. It's free and informative. Contact: Don Campbell at 416 282 7878 to register. I lost the key to a Jeep Liberty. The dealer charged \$125 the cut a replacement. I was blown away. What happened to \$3 key?

Barb

Everything on today's car is high tech. Even the simple key has been elevated into the high tech world. When you insert your key in the ignition it talks to the vehicle's computer identifying itself. A wrong identity will lead to a no start condition. Treat your key with respect. Don't drop it or let it freeze. These conditions have been known to damage the imbedded chip. New key? Up to \$700.00 on some high end cars.

HELP! Gas prices are going through the roof and I commute about 125kms daily. I

drive a 2001 Caravan. Any ideas how I can save some gas? Desperate and broke!

Stan

Some way's to lower the cost of driving. Use the A/C sparingly. Try to avoid use of air conditioning in the morning when it's relatively cool. Unload the vehicle of stuff you should really store somewhere else. Golf clubs, sports equipment. If you're still driving around with a roof rack or luggage rack on the top remove them until they are needed. Slow down, on the hwy. just go with the flow. Don't buy more gas than you need. Check your manual for the proper octane level for your car. Don't purchase Super if a midrange will do. Most importantly make sure the vehicle is in good mechanical condition. A poor running engine will not only effect performance it wastes gasoline.

Having a baby?

Healthy Baby community programs provide support to pregnant women, new parents and their babies.

Having a baby changes your life. New babies can be demanding, especially for new parents. That's why the Healthy Baby community programs were developed.

Healthy Baby community programs are friendly, informal programs that provide you with support, information and resources before and after you have your baby.

Drop in to your local Healthy Baby group and you can:

- Ask questions about your pregnancy, your baby's development or parenting support
- Enjoy nutritious snacks, try new recipes and get information about nutrition and health
- Visit with other moms and dads and take part in activities with your baby

It's what's inside that counts

It's important to eat well to help you and your growing baby when you're pregnant. If you live in Manitoba, and your net family income is less than \$32,000 a year, you can receive a monthly Manitoba Prenatal Benefit cheque during your pregnancy to help you buy the healthy foods you need.

For more information

To learn more about the Healthy Baby program or to find out about locations of Healthy Baby groups, please call:

945-1301 (in Winnipeg)

1-888-848-0140 (outside Winnipeg)

945-1305 TDD (Telephone Device for the Deaf)

www.manitoba.ca/healthychild
or contact your local public health office



Healthy Child Manitoba

Manitoba

Recreation Re-boot

Pineview Recreation Commission, 367-9142

Archery

The Winnipeg River Bowhunters have started up for another year. Classes are held every Monday from 4:00 - 5:00 p.m. and again from 5:30 - 6:30 p.m. You are welcome to attend either class. For more information, or to register, call Tom Paukovic at 367-8798 or Alar Actimichuk at 367-8739.

Boxing/Kickboxing for Kids!!!!

If you are between the ages of 8 and 14 and would like to learn how to box or kickbox, then we have the class for you!! We will offer this program beginning in January if there is enough interest. Dates, times will be determined later and the fees will be based on the number of kids participating. So if you are interested call the Rec. Office at 367-9142 to register.

Ladies Hockey

The ladies recreational hockey team is looking for recruits. Come on out for some fun and exercise - and maybe teach the men a thing or two!!! The ladies skate every Wednesday evening at 8:30 p.m. To register, call Dawn Nault @ 367-8435 or the Rec. Office @ 367-9142.

Dance Classes

Please note a change in the start date for dance classes. Dance classes for all ages will begin on Wednesday, November 1st and run for 6 weeks. Times are as follows:

- 4:30 - 5:30 p.m. Ages 3 & 4
- 5:30 - 6:30 p.m. Ages 5-7
- 6:30 - 7:30 p.m. Ages 8-12
- 7:30 - 8:30 p.m. Ages 14 - adult

The cost for the class will be \$63.60. Space is limited, so please register early by calling the Rec. Office at 367-9142.

We started a recreational volleyball league on Monday, Nov. 6th. The league runs on Monday nights from 7:00 - 9:00 p.m. at the Pine Falls School Gym. We have been having a great turnout so far!! If you are interested in playing or entering a team of six (6), call the Rec. Office at 367-9142.

Pine Falls Arena

There will be public skating at Pine Falls arena, every Monday, Wednesday, and Friday from 05:30 - 5:00 p.m. NO STICKS OR PUCKS are allowed on the ice during public skating. There will be open ice on Tuesdays and Thursdays at the same time and sticks and pucks will be allowed during open ice. HELMETS ARE MANDATORY DURING OPEN ICE. Weekend public skating and open ice times will vary with the times of minor hockey games, so please check with the arena for ice times on

Saturday and Sunday.

Craft Classes - Powerview Fabrics

Powerview Fabrics will be having several different craft classes in the next couple of months - just in time for Christmas!! All classes run from 6:30 - 9:00 p.m. at the store. These are some of the classes being offered.

- Nov. 22nd Micro Mitts
 - Nov. 29th Santa Door Decor (\$22/kit)
 - Dec. 6th H s a d m a d e Christmas Cards (\$1.50/cards)
 - Dec. 13th Tree Skirt
- Other classes will be offered

as well, but no dates have been set yet. These include: Snowman wall hanging, Snowman rag quilt, Christmas socks, flip and fold quilt, bags and purses, and placemats. For more information, please call Powerview Fabrics at 367-8438 or call the Rec. Office at 367-9142.

Public Library

The Public Library, located in Pine Falls School operates Monday to Friday from 1:30 p.m. - 3:30 p.m. and Thursday evenings from 7:00 p.m. - 8:00 p.m. Community internet access is also available during these times.



ON VIDEO NOVEMBER 21st:

Ice Age 2: Meltdown DVD
 Cast: Ray Romano, John Leguizamo, Denis Leary, Sean William Scott, Josh Peck, Queen Latifah, Will Arnett
 Rating: PG

You, Me & Dupree DVD
 Cast: Owen Wilson, Kate Hudson, Matt Dillon, Michael Douglas, Seth Rogen, Ralph Ting, Kee Knight
 Rating: PG

An Inconvenient Truth DVD
 Cast: Al Gore
 Rating: G

Barely Legal DVD
 Cast: Erik Von Detten, Tony Denman, Daniel Farber, Sarah-Jane Potts, Amy Smart, Tom Arnold, Day Young
 Rating: 14A

Seep DVD
 Cast: Hugh Jackman, Scarlett Johansson, Ian McShane, Kevin McNally, Woody Allen, Fenella Woolgar, Romola Garai
 Rating: PG


Marilyn Hitchhikes: Ballroom Dancing & Charm School DVD
 Cast: Robert Carlyle, Marisa Tomei, John Goodman, Mary Steenburgen, Sean Astin, Danny DeVito, Donnie Wahlberg
 Rating: PG




NEWS TIPS?

Call us at 367-9468

The Winnipeg Humane Society



127619, Prairie Dawn
 After being found in Tyndall Park with kittens, Prairie Dawn did a short stint in foster care where she was able to raise her kitties safely & in a family setting. She is a quiet, gentle cat who will do well in a variety of settings. As a long-term cat, Prairie Dawn is reduced to \$48.06 & this still includes her spay, tattoo, vet exam, pet insurance & more.



131516, Morgan
 Morgan is a great mature dog who likes to spend time with other dogs & is heartworm negative. This -6.5 year old Dalmatian deserves a "forever home" with responsible owners & preferably a fenced yard. His owner was no longer able to care for his sweet boy. Morgan can be a king of a shy guy so we suggest a home with kids 12 years+. \$155.00 adoption fee includes his vet exam, 14-day health period, behavioural evaluation, microchip & much more!

Where every adoptable dog finds a home and cats get a second chance at life!



The WHS needs your donations of canned cat food to help feed the many cats in our care. Drop off to 5 Kent Street.

If you or your family are interested in any of the listed animals here or others at the shelter, you can call us at 204-982-3551 or Fax 204-982-2047

Want to Start Your Own Business!

Self-Employment Program

- You are presently receiving employment insurance
- (E.I.) benefits
- You have received E.I. benefits in the last 36 months
- You have received maternity or parental benefits in the last 60 months

If you are unemployed, and if any of these situations apply to you and you have a viable business idea, please call us for information

Self-Employment Program

Call for more information! **345-8691**

Delivered by Winnipeg River Brokenhead Community Futures Development Corporation



On Parliament Hill **Winnipeg River Recreation Scene**



Your voice in Ottawa
Vic Toews, MP for Provencher

Real Support for Canadian Literacy

Canada has always been a world leader in resource-based industries like agriculture, lumber production, or oil and gas. In the 21st century, though, Canada must rise to the challenge presented by supercharged economies in other countries, like China and India, by making sure our traditional strengths are maintained while building more powerful knowledge-based sectors. To do this, the basic skill of literacy, and especially adult literacy, is critical. Literacy has an impact on quality of life and self-esteem. And it helps people upgrade their skills to find, and retain, good jobs.

Sadly, since 1994, under the previous Liberal government, the number of Canadians with low literacy skills actually increased. We can and must do better. Our government is working hard to ensure that the money we spend to improve literacy is effective.

Since we know that low literacy rates are a problem, we certainly don't need to pay more money to have advocacy groups point it out to us. We've already moved to refocus spending for literacy on programs that teach

people how to read and write, instead of funding conferences and advocacy work. We believe the Federal government should spend money on literacy education, not on the promotion of meetings and websites for the literacy industry.

Some of the old-style spending on literacy under the previous Liberal government included contracts for:

- Websites: \$81,900, \$45,000, \$71,000 (with a consultant billing of \$750 per day for work completed), and \$70,000.

- Promoting meetings: \$53,760, and \$220,500.

- Consultants: \$57,905 paid to a media consultant for working 31 days; \$800 per day to a consultant to develop a strategy; \$206,600 paid to a researcher.

We can add to those ghastly numbers some of the salaries paid to literacy industry executives: \$151,561 per year to an Executive Director; \$45,000 paid to a National Director for 50 days of work; and \$103,972 paid to an Executive Director for one year of work.

What does all of this have in common? Not one cent of this spend-

ing went to actually train people to read. So, over the next two years, Canada's New Government will be investing over \$80 million directly towards programs to help adults improve their reading and writing skills. Some of the programs we are funding include an Enhanced Language Training Initiative for people learning one of Canada's official languages for the first time; the Essential Skills and Workplace Literacy Initiative; the Workplace Skills Initiative; and the Computers for Schools program.

These programs are directed squarely at training and education, to actually improve literacy skills for Canadians. They're getting the results that Canadians expect. Our government will continue to make sure our spending in areas like literacy training is designed to get things done for families and taxpayers.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 203-323 Main Street, Steinbach, MB R5G 1Z2, by fax at 204-346-9874 or by e-mail at toewsvl@mts.net

By: Sharalyn Reitlo, Recreation Director
Ph: 345 8816 or 753 2639
Email: reccom@mts.net

Join the Fun at the Pioneer Club

If you are 50 years of age or older, you should really check out the Pioneer Club. They have all kinds of programs and special events to enjoy in a relaxed atmosphere. Activities include cards, bingo, pool, floor curling, floor shuffleboard, darts, special events with meals and entertainment, and much more. You can also stop in anytime just to enjoy a coffee, a visit and more informal activities. Membership is only \$15.00/year - why would you not join?

Don't let the weather stop you from walking

Hall Walking is available at the Lac du Bonnet Community Centre on Tuesdays & Thursdays from 1:00 - 2:00 p.m. Call Pat at the Two Rivers Office 345-1227 to register. Everyone welcome! Clean shoes required.

Junior Curling in Pinawa and Lac du Bonnet

Both Pinawa and Lac du Bonnet will be running Junior Curling this winter. Juniors will learn skills, have fun activities and play games! In Pinawa, the league will run on Mondays from 4:00-6:00 p.m. beginning on November 20th. Please call the Rec Office to register. In Lac du Bonnet, the league will run on Sundays from 5:30-8:00 p.m. beginning on November 19th. Call Teri at 345-8712 to register.

Lac du Bonnet Community Christmas Party

The annual tree lighting will be held across from True Value on Friday, November 24th at 6:30 p.m. Prior to the tree lighting, we will be having some entertaining SMOOSHING races from 6:00-6:30 p.m. Following the tree lighting, everyone is welcome at the Community Hall for hot dogs, fun and to see the big man himself. Make sure to get a picture with Santa. Kindergarten to grade 3 children will be out to sing Christmas carols and the Sr. school band will also play a few numbers. Also making a special appearance is Max the medic, Sparky the Fire Dog and Safety Bear! For more information contact Kim at 345 8194

2nd Annual Pinawa Winter Town Market

December 2 at the Pinawa Community Centre is the place to be for some country Christmas shopping. There are still some tables left Crafts and commercial products welcome. Book you table with Nancy at 753 5174.

Celebrate the Canadian Children's Book Week

Hadley Dyer, popular author of children's and teens books, will be at the Pinawa Public Library on Thursday, November 23 at 7:00pm. There will also be a surprise performance by some young Pinawa actors.

The Winnipeg River **Echo**
CLASSIFIEDS
\$5.00 for the first 25 words
15¢ per additional word
DEADLINE FRIDAYS
AT 3:00 P.M.

flu season
shot flu
And protect with a **too.**

Your annual flu shot is free if you are:

- age 65 or older,
- a child age six to 23 months,
- chronically ill, or
- a health care worker.

One pneumonia shot gives you a lifetime of protection - it's free if you are 65 or older, or chronically ill.

For more information, contact your public health nurse, doctor, pharmacist or call Health Links-Info Santé (toll-free) at **1-888-315-9257** or in Winnipeg at **788-8200**.

www.manitoba.ca

infohealth **Manitoba**

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

FACE 10-71375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly in your area. Please register with Gail 268-7465 or call your local public health nurse.

Library Allard: Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 12:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 12:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tues. 9:00am to 12:00 p.m., Thurs. 4:00 to 8:00 p.m., Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.

Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 5:00 to 6:00 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month

PAA: meeting first Tuesday of each month at 7:00 p.m.

Winnipeg River Senior Service Inc. Coordinator Tina Polschuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Village of Powerview: meets second Tuesday of each month.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches family group, Thursdays 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road 754-3173.

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare

Senior Scene Inc. #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.

Blue Water Support Group: meets every third Monday of the month 7:00 p.m. Pine Falls Health Complex.

Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Monday of every month.

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Pine Falls Library open 1:30 p.m. to 3:30 p.m. Monday to Friday, and Thursday evening 7:00pm to 8:00pm. Library is situated in the Pine Falls School, entrance facing pool.

Foster Homes Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Child Health Clinics - will be provided by area Public Health Nurse every Tuesday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info.

Weight Watchers: Wednesdays at 4:45 weigh-in and at 5:30 Meetings Call Delores at 367-2945 or 345-3399 or 1-800-651-6000.

Pine Falls Golden Leisure Club: Bridge 7:00pm Mon. & Thurs., Canasta 1:00pm Friday, Whist 1:30pm Wednesday, Crib, 1st Monday of Month at 1:30pm.

Exercise Class, Mon., Wed., Thurs., Fri., 10:15am

Town Powerview-Pine Falls, Recycle every Thursday 8:00am, Garbage Pick up - Powerview - Wednesdays 8:00am, Pine Falls Tuesdays & Fridays 8:00am.

Overcomers Outreach meetings www.overcomersoutreach.ca, weekly meeting Contact Isabelle (204) 367-2359

Parenting Support Group: Meets the first three Wednesdays of every month at Wings of Power, 11:30 a.m. - 1 Lunch and childminding are free, transportation also available Call 367-9641.

Family Leading Library: Open 10-12 and 1-4, Mon-Fri at Wings of Power.

Computer access: Wings of Power CAP site, Open 10-12 and 1-4, Mon-Fri.

Narcotics Anonymous meetings every Tuesday, 7-8pm at the Sagkeeng Multi-Purpose Building (south shore highway 11).

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon

PINE FALLS UNITED CHURCH: Worship Service and Sunday School at 11:30 a.m. 367-2633 Everyone Welcome

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-9520 Rector, the Rev. Sandra Tankard Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus

ST. GEORGES: Mass Sunday at 9:00am.

ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304, St. John's Evangelical Lutheran Church, Greenwald on Hwy #12, 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantbury, on Hwy #59.

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

LIFE SKILLS CHURCH - Christian Healing Services, Minister: Isabelle Fiola (204) 367-2359

Powerview RCMP Report

This report covers the period from Nov. 6 to Nov. 14



Powerview Detachment RCMP Officers who attended this year's Remembrance Day Service

Nov. 6
FORT ALEXANDER - a complaint of a possible assault was unfounded as further investigation by police resulted in the information being false. No assault had occurred between a couple nor was any argument evident or transpired. Police left the residence and no further calls were received on the matter.

- investigation continues into a complaint of theft and forgery.

- a break, enter and theft to a shed resulted in a "Stihl" chainsaw and a .22 rifle being stolen. Police have no suspects at this time.

RM OF ALEXANDER - a female reported missing and mentally unstable was located in Winnipeg.

Nov. 7
RM OF ALEXANDER - a complaint of a male breaching a recognizance proved to be false. Police found a male had visitation in regards to his children and no order had been broken.

- a vehicle fire was attended by emergency services personnel. The vehicle suffered extensive damages and was towed to the local compound.

MANIGOTAGAN - a female was assaulted with a weapon at a local business. Investigation continues into the incident.

POWERVERVIEW - investigation continues into a sexual assault.

FORTALEXANDER - a male was issued a appearance notice by police after being in breach of a protection order.

- investigation continues into a theft of cash from a local business.

HOLLOW WATER - investigation continues into a report of an assault.

BISSETT - a theft of copper wire valued at approximately \$1,600.00 was reported to police. The wire was taken from the SG-1 mine site. Investigation continues.

AYERS COVE - a break, enter and theft of a camper resulted in numerous tools, tv, vcr, fridge etc. being stolen.

Nov. 8
RM OF ST CLEMENTS - investigation continues into a reciprocal assault.

FORT ALEXANDER - food and prescription drugs were taken from a break and enter to a residence. Entry was gained through a bedroom window.

Nov. 9
FORT ALEXANDER - a reciprocal spousal assault resulted in both parties being charged by police. The couple were released on promises to appear in court at a later date and on conditions to have no contact with each other.

Nov. 10
RM OF ALEXANDER - a male was released from cells with a verbal warning. The heavily intoxicated man was lodged when he became belligerent with police after he was located on a roadway wandering into oncoming traffic.

Nov. 11
HOLLOW WATER - investigation continues into an accident involving a 4 wheeler and a truck. 1 person was taken to local hospital for their injuries.

FORT ALEXANDER - an attempted theft of a Polaris ATV resulted in damage to the console and wiring. No suspects were located at this time.

SUMMARY: - Police also actioned 2 request(s) for assistance to other detachments/service of legal documents, attended 5 false alarm(s), processed 9 traffic accident report(s), lodged 4 person(s) under the Intoxicated Person Detention Act, charged 2 person(s) for impaired driving/refusal of breath test, attended 2 noise complaint(s) and issued 1 ticket(s) under the liquor/highway traffic act.

Sunrise School Division

PARTICIPATE IN THE BUDGET PROCESS



The Sunrise School Division is currently developing its 2007/2008 Operating Budget. The Community: ratepayers, parents, members of the Greater Community are invited to share their educational priorities for the Division.

There are two ways to have your priorities considered:

1. Submit written suggestions on the upcoming budget to the Board of Trustees by no later than 4:00 p.m. on November 20, 2006 at the following address:

Sunrise School Division
 75 Fifth Street South, Box 1206
 Beausejour, MB R0E 0C0

OR

2. Attend a public input meeting on November 21, 2006 at the Sunrise Education Centre (344 - 2nd Street North, Beausejour) in the Multi-Purpose Room at 6:30pm.

Additional submissions will be accepted to December 18, 2006 for consideration.

Nov. 14

FORT ALEXANDER: - while attempting to make an unrelated apprehension of a man police located a female in breach of a

See next page...

Powerview RCMP Report

recognizance. The woman was taken into custody and transported to Provincial Remand Centre.

- police patrolled the area of the townsite after a complaint of mischief and suspicious youth was received. Upon arrival the youth had left the scene and further patrols could not locate anyone in the vicinity.

PINE FALLS - a complaint of shoplifting at a local business was made to police.

RM OF ALEXANDER - investigation continues into an instance of illegal hunting.

Nov. 15
FORT ALEXANDER - a green fern contour was stolen sometime overnight. The vehicle has some damages to it previously from an accident.

- a call to assist with an emotionally unstable female had police attend the residence. Upon arrival the situation had stabilized and no further assistance was required.

HOLLOW WATER - a missing youth was located in Winnipeg.

Nov. 16
HILLSIDE BEACH - a break, enter and theft at a cottage was reported to police. Culprits walked away with a DVD player and movies.

FORT ALEXANDER - investigation continues into a complaint of harassing phone calls.

POWERTVIEW - investigation continues into an assault with a weapon. 1 male was injured and treated locally.

Nov. 16
PINE FALLS - a second complaint of shoplifting from a local business was made to police. The same business was targeted earlier in the week.

FORT ALEXANDER - police removed an intoxicated male off a yard after he fell in the snow. Further information found the male to be in breach of a recognizance on 2 counts. Investigation continues.

Nov. 17
BERESFORD LAKE - police continue to investigate 2 break, enter and thefts to cottages.

MANIGOTAGAN - a male was arrested in the early evening hours by police on an outstanding warrant from Brandon Po-

lice Services. The man was remanded into custody and transported to Provincial Remand Centre.

Nov. 18
TRAVERSE BAY - a male in breach of a recognizance on 2 counts was remanded into custody by police and transported to Provincial Remand Center.

PINE FALLS - thieves were interrupted and unsuccessful in stealing a GMC Sonoma. Damage to windows on the vehicle was sustained in the incident and a tool left behind.

- a second truck was also tampered with culprits there left behind a pry bar. The ignition switch was popped off in the incident.

- a third vehicle
FORT ALEXANDER - investigation continues into a

matter of harassment. The matter revolved around a former relationship between a couple.

SUMMARY: - Police also actioned request(s) for assistance to other detachments/service of legal documents, attended false alarm(s), processed traffic accident report(s), lodged person(s) under the Intoxicated Person Detention Act, charged person(s) for impaired driving/refusal of breath test, attended noise complaint(s) and issued ticket(s) under the liquor/highway traffic act.

Remember if you have any information on any criminal matter you can remain anonymous and contact Crime Stoppers at 1-800-752-8477 or the Powerview Detachment at 367-8728.

Blue Water Chamber of Commerce

Holiday Madness

SANTA Fun Day

At Chateau Video
December 2nd 2-5pm
Meet Santa & Get a Treat.
Photos Available \$4.00



Treasure MAP
All Week get your map stamped to WIN one of three prizes (see retailers for details)

Late Night Shopping
November 30th
6-9pm

Restaurant Specials All Week
Nov. 27 - Broadlands
Nov. 28 - Chicken Chef
Nov. 29 - Clark's Corner
Nov. 30 - Maritou Lodge
Dec. 1 - Sonny's
Dec. 2 - Papertown

Activities:
- Snowmobile Rides
- Bonfire
- Hot Dogs
- Winter Soccer/Baseball
- Kids Crafts
- Music
- Bake Sale
- Trade Tables
- Refreshments
- Baked Goods Available

North Eastman Health Association

North Eastman Health Association is the Regional Health Authority responsible for delivering and administering a broad spectrum of Health programs & Services to a population base of 40,000 during the winter and an estimated summer population of 90,000 including the Whiteshell, Winnipeg River and Eastern Beaches. Please visit our website for more information at www.neha.mb.ca

Current Employment Opportunities

RECREATION WORKERS
Casual
Days/Evenings/Weekends
Whittemouth/Lac du Bonnet/Pine Falls

Activity Worker's certificate or equivalent preferred. Previous related experience is preferred.
Willing to train suitable candidates.

Interested applicants are invited to submit a resume and cover letter by **Monday, November 27th** in confidence to: Human Resources Assistant, North Eastman Health Association, PO Box 339, Pinawa, MB, R0E 1L0, Fax: 204-758-2016, Email: hr@neha.mb.ca

We thank all applicants for their interest. However, only those candidates being considered for an interview will be contacted.

THE RURAL MUNICIPALITY OF ALEXANDER CALL FOR TENDERS

FOR THE SALE OF RM EQUIPMENT

The Rural Municipality of Alexander is offering for tender the sale of RM equipment listed below.

Year	Make	Model	Serial No.
1990	Ford	F150	2F7TEP15N3LCA51245
1992	Ford	F250 4x4	2F7THF26H2NCA11608

Not every or any tender accepted upon tender being submitted. Within 10 days of tender acceptance a certified cheque must be forwarded to office and vehicle must be removed.

No warranties, representations or assurances to vehicle quality. Sold "AS IS WHERE IS" and purchaser is to rely entirely on their own inspection.

Vehicles are available for inspection at the Public Works yard. Please call 367-6156 to arrange an appointment.

All tenders must be submitted individually in **sealed envelopes** and the outside of the envelope must be marked "SALE OF RM EQUIPMENT".

Deadline for tenders: Monday, December 4, 2006 @ 4:00 p.m.

Tenders will be opened Wednesday, December 6, 2006 @ 10:30 a.m.

Submit Tenders to:
Margaret Bonekamp, Chief Administrative Officer
Box 100, St. Georges MB R0E 1V0
Or drop off at the Municipal Administration Office
104058 PTH 11

Lac du Bonnet RCMP Report

This report covers the period from November 6th to November 13th, 2006

The following is the Lac du Bonnet Detachment Press Release from the 6th of November, 2006 to the 13 November, 2006 as guest written by Cpl. Brian JACK.

On the 6th of November a suspicious vehicle was reported in the early morning hours at the Seven Sisters Generating Station.

On the 6th of November a women reported losing her wallet in the Whitemouth area. She was advised to cancel her credit cards.

On the 6th of November a statement of claim was served on an individual on behalf of MPI in the RM of Lac du Bonnet area.

On the 7th of November a person reported the windows to his car were smashed and his stereo removed while in was parked for sale at the industrial park area of the RM of Lac du Bonnet.

On the 7th of November an erratic driver was reported on 317. The vehicle was located parked in Lac du Bonnet but

no one was around.

On the 7th of November a business in Lac du Bonnet reported a possible credit card fraud involving a transaction with a person in South Africa. The matter was referred to Phone Busters for their information.

On the 8th of November it was reported to police of a gathering of youth near the Lac du Bonnet Senior School and the caller was concerned something was going on. Police went to the area and nothing was happening.

On the 8th of November a caller advised of a possible unregistered vehicle driving around Pinawa.

On the 8th of November a male person was arrested for shoplifting in Lac du Bonnet. A further review revealed insufficient evidence to proceed.

On the 8th of November it was reported that a house in the Seven Sisters Hydro site had been broken into. Nothing was missing.

On the 9th of November a person from the Seven Sisters area was charged for having a homemade validation sticker on his vehicle. The car was towed.

On the 10th of November a caller advised of dogs on her

property destroying her chickens. One dog was seized and the owner will be seeking compensation from the dogs owners through civil remedies.

On the 11th of November members of the Lac du Bonnet Detachment attended Remembrance Day Ceremonies in Lac du Bonnet and Whitemouth.

On the 11th day of November a caller in the RM of Lac du Bonnet reported some hood ornaments from her two vehicles had been stolen.

On the 11th day of November it was reported that someone had set the garbage bins behind Mrs. Lucci's on fire.

On the 11th day of November a loud party complaint was taken from the night before in Pinawa. The home owner was spoken to.

On the 11th day of November a caller advised of a possible impaired driver on 214, which was unfounded.

On the 11th day of November a call of a possible domestic in Pointe du Bois was investigated and deemed to be unfounded.



On the 12th of November a caller advised that someone had backed into his vehicle and left while it was parked on Minnewawa.

On the 12th of November police were involved in a dispute over dog ownership. The parties involved will sort it out themselves.

On the 12th of November an unregistered vehicle was found parked on a street in Lac du Bonnet and was towed.

On the 13th day of November a caller reported for information purposes a minor assault that occurred to them at a local establishment in Lac du Bonnet on Friday night. Did not wish police involvement at this time.

Numerous accidents and speeding violations were handed out during this period.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat.
Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168. **PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-7465 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 2:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:00 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-a-Teen Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St.

John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227. Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Harald Huege, Whitemouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Garden Club meeting every 2nd Wednesday of the month, 7:00pm, at St. John's Anglican Church Hall, No meetings January, July & August.

Canada Day Celebrations - June 30 to July 2, fireworks, wonder shows, parade, car show, beer gardens, baseball tournament, etc... visit www.lacdubonnetlions.ca, or call Violet 345-9291 for more info.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Doell, church 345-2934, home 345-9766
Sunday: 11:00 a.m. - morning worship; 6:30 p.m. - Upper Room.

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654
Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Mirek Szymal, 345-2900
Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass
Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Sandra Tankard 367-9520, church 345-2357
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$5.00. Meals are at 11:30 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling
Silver Haven at 367-4620 or Bernice 367-8369

Wednesday, Nov. 15
Soup, beef stroganoff, noodle, creamed cauliflower, chocolate mousse.

Friday, Nov. 17
Soup, pork pie, mashed potatoes with mushroom gravy, turnip, cheesecake.

Monday, Nov. 20
Salad, fish and fries, carrots, cake pudding.

Seniors, Did You Know?

That the Winnipeg River Senior Services in Pine Falls offers the following...

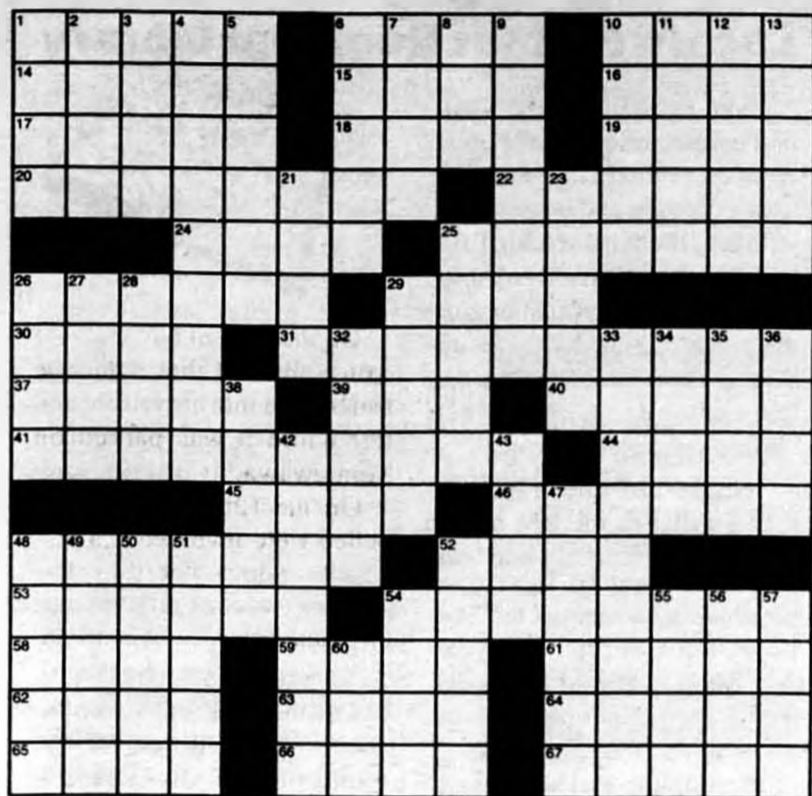


- **Home Maintenance**
Help with caring for your home, inside/out.
- **Foot Care**
Professional Staff come to you home to provide basic footcare.
- **Transportation**
We offer handivan services or paid volunteers to drive you to shopping, appointments, etc.... The handivan must be booked in advance.
- **Friendly visiting**
Volunteers spend time with individuals who are lonely.
- **Red Cross Loans**
The Sick Room Equipment Loan Service provides wheelchairs, walkers, and canes for up to three months.
- **Victoria Lifeline**
When others can't be with you or your loved one, Victoria Lifeline is 24 hours. A one time installation charge and low monthly fee puts assistance just a push of a button away.
- **E.R.I.K.**
Emergency Response Information Kits contain pertinent information in case of an emergency.



Call Tina at the Winnipeg River Senior Services 367-9128 for more information.

WEEKLY CROSSWORD



leg.

- 39. One billion years.
- 40. Uncanny.
- 41. Deprived of water.
- 44. Firearms.
- 45. Main point.
- 46. Small islands.
- 48. Suppose or assume.
- 52. Island in Indonesia.
- 53. Opposed to.
- 54. Person who extols.
- 58. Rescue.
- 59. Trite phrases.
- 61. British pennies.
- 62. Paradise.
- 63. U2 guitarist.
- 64. Register for school.
- 65. Dry; withered.
- 66. Katherine or Marion.
- 67. Step-like excavation.

- 13. Eats out.
- 21. _ facto.
- 23. Master of ceremonies.
- 25. Express a belief.
- 26. Allen or Lowe.
- 27. Poem, song or verse.
- 28. Looped Tau cross.
- 29. George C. or Randolph.
- 32. Stop.
- 33. Lazily careless.
- 34. Not false.
- 35. Am not.
- 36. To a smaller extent.
- 38. Borders.

- 42. Person who rivets.
- 43. Rotatable disk.
- 47. Slants downward.
- 48. Foundations.
- 49. Avoid answering directly.
- 50. Escapement pallet.
- 51. Greek personification of peace.
- 52. Clears off tables.
- 54. Incites.
- 55. Box hung from an obi.
- 56. Old English bard.
- 57. British for "TV."
- 60. Busy activity.

ACROSS

- 1. Begin.
- 6. Kermit the _.
- 10. Belt or strap.
- 14. Restores to health.
- 15. Hawaiian feast.
- 16. Mountain range in Kyrgyzstan.
- 17. Mother's brother.
- 18. Former name of Ireland.
- 19. Capital of Valais.
- 20. Of Tahiti.
- 22. Bun seeds.
- 24. Venomous snakes.
- 25. Gradual absorption.
- 26. Frasier, Niles and Martin.
- 29. Detailed description.
- 30. Scour for game.
- 31. Western.
- 37. Joint between the foot and

DOWN

- 1. Short tail.
- 2. Flat-jointed prickly pears.
- 3. Cunning; crafty.
- 4. Dependably.
- 5. Bloodsucking African fly.
- 6. Common pet parasites.
- 7. Destroy.
- 8. Boat paddle.
- 9. Conjectured.
- 10. Person who sings bass.
- 11. Jennifer Garner show.
- 12. Wynonna Judd's mom.

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

BX CWDV WDX VFGX HD H JDDK,
LJV HD H MNWVMP.

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

Last Week's Solution

KEEP YOUR PROMISES TO YOURSELF AND PERHAPS YOU WILL BE REWARDED.

Weekly Echo Horoscopes

November 19th to November 25th



ARIES (Mar. 21 - April 20)

You will be popular and will easily attract members of the opposite sex. Get involved in sports groups or hobbies that attract you. Catch up on overdue phone calls and correspondence. You can come up with solutions to the problems responsible for inefficiencies at work.



TAURUS (Apr. 21 - May 21)

Spend time with friends or family. You may find that getting together with colleagues after hours will be worthwhile. Be prepared to counteract the damage that adversaries are about to create. Residential moves will be favorable, and larger quarters the most probable direction.



GEMINI (May 22 - June 21)

Don't forget to let your mate know how much you care. Family outings or a quiet stroll through the park will lead to stimulating conversation and a closer bond. Take care of any dealings with government agencies. You can be sure that any dealing with large institutions should go well.



CANCER (June 22 - July 22)

Pleasure trips will be most enjoyable and should lead to new and lasting friendships. You can solidify your relationship if you plan a special evening with your mate. You will do well if you mingle with the brass this week. You can change your living arrangements.



LEO (July 23 - Aug 22)

You will enjoy travel and getting together with peers. Your added discipline will enable you to complete some of those unfinished projects. Do your own thing. Your outgoing nature might work against you this week.



VIRGO (Aug. 23 - Sept. 23)

You will feel tired and rundown if you have allowed yourself to get into a financial mess. Try to stay calm and understand both sides of the situation. Romance is likely if you participate in unusual forms of entertainment. You can make gains if you look at long-term investments.



LIBRA (Sept. 24 - Oct. 23)

Family outings should include visiting friends or relatives. Use your charm to get your own way. You don't owe anyone an explanation. Do your own thing, you need time to yourself. Do not push your opinions or try to reform your emotional partner this week.



SCORPIO (Oct. 24 - Nov. 22)

Real estate investments will payoff. You must be careful not to trust just anyone. Your ability to be practical in business will help. It's time to reconnect with some of the people you used to know.



SAGITTARIUS (Nov. 23 - Dec. 21)

Take care when dealing with older relatives. You can develop your creative talents if you take the time to practice your art. Interaction with colleagues will only be upsetting. Use your creative talent in order to accomplish your goals.



CAPRICORN (Dec 22 - Jan. 20)

A need to express yourself may come out in creative ways. You can make a difference if you offer your help at functions that involve children. Before you proceed be sure to talk your plans over with those they will affect. You are best to be discreet.



AQUARIUS (Jan. 21 - Feb. 19)

Don't let your work and your personal life interfere with each other. Stop those bad habits. Communication will be the source of your knowledge and you must be sure to spend time with those who have more experience. Don't make large purchases unless you have discussed your choices with your mate.



PISCES (Feb. 20 - Mar. 20)

Speak of your future goals, intentions, and commitments. Don't donate more than you can afford in order to impress others. Visitors may be likely to drop by. You can make extra cash by moonlighting.



Health Corner

Ask your Primary Health Care Provider

Please forward health related questions to: Health Corner, Box 1030 Lac du Bonnet, ROE 1A0 - Phone 345-8647; or Email: corvis@neha.mb.ca For more health information visit the NEHA website: www.neha.mb.ca.

Taking care of baby teeth (pre natal - newborn)

DID YOU KNOW???

Baby teeth begin forming in the third week of pregnancy; therefore pregnant women should make sure their diet is sufficient in calcium and Vit. D, so baby teeth are developed with strong enamel, more resistant to early childhood tooth decay.

When the baby is born it is important to clean his/her mouth gently, after feeding, with a soft, damp washcloth or an infant pre-toothbrush (Ask your pharmacist about this product).

Even formula and breast milk, that babies need in order to thrive, have sugars in them, therefore it is important to clean his/her mouth.

Propping the bottle or offering baby the breast all night may

cause early childhood tooth decay. It is better to feed him/her, then put the baby down to sleep, and, cleaning the baby's mouth at least twice a day, especially before night time.

Dipping baby's soother in honey or any sweet liquids can cause early childhood tooth decay.

If you clean your baby's mouth from birth, your baby will more likely accept help cleaning his/her teeth later on when the teeth have erupted.

Only water, or baby tooth-paste, should be used to clean baby's teeth until they are 1 year old.

Mother's good oral health is important because she can pass on cavity-causing bacteria to her infant through cleaning baby's soother in her mouth

or sharing toothbrushes or kissing baby around the mouth area or tasting food. Seeing the dentist is okay during pregnancy, ideally, during the second trimester.

Lift the baby's lip, when they have teeth, to show the area where the gum and teeth meet. This is where you may find white chalky or brown lines, indicating the beginnings of early childhood tooth decay.

Contact your local dental office or health professional if you see any signs.

Checking your baby's teeth should be done at least once a month by "lifting the lip".

Submitted by: Lynn Giesbrecht, Dental Therapist

Community Facilitator, NEHA Source: Healthy Smile Happy Child Resources

Library Corner

Lac du Bonnet Regional Library



Even as Rebecca and Danielle Thornton rejoice in the preservation of their family during a long drought and devastating wildfire, the hard work of rebuilding their beloved Australian cattle station is just beginning. Be sure to pick up Bonnie Leon's third book in the Queensland Chronicle: "When the Storm Breaks".

The year is 878 and Wessex is free from the Vikings. If you are a Bernard Cornwell fan, you will want to read this breathtaking adventure in "The Lords of the North". The year is 878 and Wessex is free from the Vikings. This novel tells of the creation of English identity, as the English and the Danes begin to become one people, appropriating each other's languages and fighting side by side.

We have another large print book to add to our collection. "Angels All Over Town" by Luanne Rice.

The best weapon against diabetes is knowledge. Mayo Clinic on Managing Diabetes: How to Prevent, Control and

Live Well With Diabetes" is a complete guide from the experts at Mayo Clinic and provides essential advice and insights to help you successfully control your diabetes.

Once again we have a wonderful selection of gifts for our Christmas Draw to be held on December 15th. Thanks to Lynn Hildebrand, Ali Eason, Bev Richmond, Shirley Pawlowich and Debbie Bridges for their donations. Tickets for this library fundraiser are on sale at the library.

Lac du Bonnet Regional Library (MLDB)
Box 216
Lac du Bonnet, Mb R0E 1A0
mldb@mts.net
Phone 204-345-2653
Fax 204-345-6827

ECHOES FROM THE Heart

Roses for a Dime

Bobby was getting cold sitting out in his back yard in the snow. Bobby didn't wear boots; he didn't like them and anyway he didn't own any. The thin sneakers he wore had a few holes in them and they did a poor job of keeping out the cold.

Bobby had been in his backyard for about an hour already. And, try as he might, he could not come up with an idea for his mother's Christmas gift. He shook his head as he thought, "This is useless, even if I do come up with an idea, I don't have any money to spend."

Ever since his father had passed away three years ago, the family of five had struggled. It wasn't because his mother didn't care, or try, there just never seemed to be enough. She worked nights at the hospital, but the small wage that she was earning could only be stretched so far.

What the family lacked in money and material things, they more than made up for in love and family unity. Bobby had two older and one younger sister, who ran the household in their mother's absence.

All three of his sisters had

already made beautiful gifts for their mother. Somehow it just wasn't fair. Here it was Christmas Eve already, and he had nothing.

Wiping a tear from his eye, Bobby kicked the snow and started to walk down to the street where the shops and stores were. It wasn't easy being six without a father, especially when he needed a man to talk to.

Bobby walked from shop to shop, looking into each decorated window. Everything seemed so beautiful and so out of reach. It was starting to get dark and Bobby reluctantly turned to walk home when suddenly his eyes caught the glimmer of the setting sun's rays reflecting off of something along the curb. He reached down and discovered a shiny dime.

Never before has anyone felt so wealthy as Bobby felt at that moment. As he held his new found treasure, a warmth spread throughout his entire body and he walked into the first store he saw. His excitement quickly turned cold when salesperson after salesperson told him that he could not buy

anything with only a dime.

He saw a flower shop and went inside to wait in line. When the shop owner asked if he could help him, Bobby presented the dime and asked if he could buy one flower for his mother's Christmas gift. The shop owner looked at Bobby and his ten cent offering. Then he put his hand on Bobby's shoulder and said to him, "You just wait here and I'll see what I can do for you."

As Bobby waited, he looked at the beautiful flowers and even though he was a boy, he could see why mothers and girls liked flowers.

The sound of the door closing as the last customer left, jolted Bobby back to reality. All alone in the shop, Bobby began to feel alone and afraid.

Suddenly the shop owner came out and moved to the counter. There, before Bobby's eyes, lay twelve long stem, red roses, with leaves of green and tiny white flowers all tied together with a big silver bow. Bobby's heart sank as the owner picked them up and placed them gently into a long white box.

"That will be ten cents



NEWS TIPS?

Call us at 367-9468

young man," the shop owner said reaching out his hand for the dime. Slowly, Bobby moved his hand to give the man his dime. Could this be true? No one else would give him a thing for his dime! Sensing the boy's reluctance, the shop owner added, "I just happened to have some roses on sale for ten cents a dozen. Would you like them?"

This time Bobby did not hesitate, and when the man placed the long box into his hands, he knew it was true. Walking out the door that the owner was holding for Bobby, he heard the shop keeper say, "Merry Christmas, son."

As he returned inside, the shop keepers wife walked out. "Who were you talking to back there and where are the roses you were fixing?"

Staring out the window, and blinking the tears from his own eyes, he replied, "A strange thing happened to me this morning. While I was setting

up things to open the shop, I thought I heard a voice telling me to set aside a dozen of my best roses for a special gift. I wasn't sure at the time whether I had lost my mind or what, but I set them aside anyway. Then just a few minutes ago, a little boy came into the shop and wanted to buy a flower for his mother with one small dime.

"When I looked at him, I saw myself, many years ago. I, too, was a poor boy with nothing to buy my mother a Christmas gift. A bearded man, whom I never knew, stopped me on the street and told me that he wanted to give me ten dollars.

"When I saw that little boy tonight, I knew who that voice was, and I put together a dozen of my very best roses."

The shop owner and his wife hugged each other tightly, and as they stepped out into the bitter cold air, they somehow didn't feel cold at all.

Echo Classifieds

Office/Retail Space for Rent Pine Falls - approximately 200 square feet, comes with washroom. Main floor - approximately 900 square feet with private office, washroom and counter. Call Denis at 367-8651.

Rooms and Suites for rent. Weekly and Monthly rates available. Hydro and satellite included, call Omer at 367-9991 or 367-4210.

Riverfront Lot for Sale, Lot #3, Block 1, Plan 21436. Call Debbie for more details 367-4477.

Bankruptcy Info-Line - free, confidential. Call 1-800-463-9371. www.letsytol.net This is a community service offered by L.C. Taylor & Co. Ltd., Trustees in Bankruptcy.

Would like to rent a house or trailer in the Pine Falls - Powerview, St. Georges or Great Falls area. Please call Walter at 204-482-6171.

House for rent, furnished, available immediately until April (possibly longer). 3 bedrooms, 1-1/2 bathrooms, near hospital. Serious calls only please. Robert @ 642-9794.

May the Sacred Heart of Jesus and the Immaculate heart of Mary, be praised, adored and glorified throughout the world forever and ever. Amen.

Say 6 times a day for 9 days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.



Doris Hladki
May 2, 1938 to
Nov. 2, 2006

Five years have passed since you've been gone and yet it seems like only yesterday that we were enjoying our time together. How quickly our lives change. We think of you each day and miss you very much. Our grief is only softened by the many beautiful memories that we continue to cherish and the knowledge that you are with your Lord. There will always be a sense of peace inside all our hearts where love remains eternal and our memories will never fade. You are a beautiful person and will forever be in our thoughts and prayers. "Of all the gifts you have given us, we treasure most the memory of all the special times we have spent with you."

Loving husband Bill,
daughters Lorraine, Susan
and Karen

NOTE: The Echo apologizes as the above memoriam should have ran in the October 31st edition. Once again our sincere apologies.

NOTICE of PUBLIC AUCTION

Sale of Lands for Arrears of Taxes Town of Powerview-Pine Falls

Pursuant to subsection 367(7) of The Municipal Act, NOTICE is hereby given that unless the tax arrears for the designated year of 2005 and costs in respect of the hereinafter described properties are paid in full to the municipality prior to the commencement of the auction, the municipality will on the 14th day of December, 2006 at the office of the Town of Powerview-Pine Falls at 2778 Main Street, at the hour of 10:00 AM, proceed to sell by public auction the following described properties:

Roll Code Number	Description	Assessed Value	Amount of Arrears & Int. (Whol. property may be offered for sale)
6099	De. Lot 26 Plan 2150 N1/2 sec. 607	4,700	\$3,812.01
1000	De. Lot 4 Plan 11002	20,600	\$7,484.19

The Tax Sale is subject to the following terms and conditions:

- Payment will be accepted by cash or certified cheque only. (Interac available)
- 25% deposit must be paid at the time of sale. Balance due within 15 days.
- Deposit is non-refundable if tax sale purchase is not concluded.
- Purchasers of Tax Sale properties will be responsible for all current taxes, arrears and other charges upon the lands purchased.
- Purchasers of Tax Sale properties must be aware that there is a 30 day appeal period after final payment is received before which registration of title will be accepted by Land Titles.
- The risk for the property lies with the Tax sale purchaser during the interim period between the Tax Sale and Registration of the Title by the Tax Sale purchaser.
- The Town of Powerview-Pine Falls makes no representation or warranty whatsoever concerning the properties being sold.
- Properties listed above may be subject to Reserve bids.
- Contact the Town Office for verification.

Dated this 7th day November, 2006

Valerie P. Irving, B.Ed, C.M.M.A.
Chief Administrative Officer
Town of Powerview-Pine Falls
Ph: (204) 367-8483

HOUSE FOR SALE



Prime location on Cherry Street in Pine Falls 1161 sq ft, 1-1/2 storey 3 bdrm, full basement, updated, FAE furnace, hardwood floors, priced to sell. Contact Len Wilko toll free 1(877) 250-6500.

Wilko & Co Real Estate Services.

MORRIS BERTHELETTE

(Sept. 20, 1936 - Nov. 11, 2006)

While in the Pine Falls Hospital with his wife and family by his side, Morris peacefully left this world to be with Jesus. Morris faced his heart wrenching diagnosis of a brain tumour with true grit and unyielding determination during this most untimely journey. He is survived by his loving wife, Vivian, Children: Jerome (Carmen), Les (Shannon), Michelle (Jim), Lionel (Tracey), Agnes (mother of his children), Step-sons: Cameron (Cheryl), Grant (Lori) Dez (Michelle) Pachkowsky, his grandchildren whom he loved dearly: Sean, Stacey McPhee, Veronica and Courtney Berthelette, Stephanie, Brendan, Aaron, Drake, Chase, Bailey, Kyle, Chad, and Jeremy Pachkowsky. Morris will also be missed by his sisters: Lorraine (Chris), Doris (Paul) and Evelyn, his brothers: Bert (Mrs), Andy (Noeline), sisters in law: Cheryl (Maurice), Sherry (Albert), brother in law Derwin of B.C. He was predeceased by his father and mother, Adrien and Anestie, his sister Lillian, brothers Lawrence and Robert, Mother in law Margaret Linklater and other dear ones.

Morris served in the Armed Forces as a Military Policeman and became a Warrant Officer. He received a Canadian Peacekeeping Service Medal as a result of having served in the Belgium Congo with the United Nations Peace Keeping Forces. He received a medal to commemorate the 50th Anniversary of the Queen ascending to the Throne in February of 1952. He retired in 1982 after serving 25 years. He received an award for saving the life of a Stoney Mountain Prison Guard, while working as a correctional officer. He contributed to alcohol and drug rehabilitation. Morris along with his son, Les went into body building and won several championships. He enjoyed travel with his wife Viv, camping and dancing.

A funeral service was held at the Notre Dame du Laus Roman Catholic Church in Powerview, on Tuesday November 14, 2006 at 1:00 pm with Fr. James Gray officiating. Interners followed at the Notre Dame du Laus Parish Cemetery. Flowers are gratefully declined, donations may be made to the Cancer Care Foundation of Manitoba. A big thank you to Dr. Abu Dieh for his compassionate care and to the nurses and staff at the Pine Falls Hospital. Also to Dr. Vijay and Kim Pardoosi and the staff at CancerCare. God Bless you all.

Should you go first, I remain to walk the road alone. I'll live in memories garden dear, with happy days we've known. In Spring I'll watch for roses red, and shades of lilac blue. In early fall then the brown leaves fall, then I'll catch a glimpse of you. Should you go first and I remain, to finish the scroll, no lengthening shadow shall creep in to make this life seem dull. We've known so much of happiness, yes we had our cup of joy, and memory is one gift of God, that death cannot destroy. Should you go first and I remain, there's one thing I'll have you do, walk slowly down that long road, for one day I'll follow you. I want to know each step you took, so that I may walk the same. For some day down that lonely road, I'll hear you call my name. Rest in Peace, my darling husband.



Brycee Stogran
Sales Agent

AFFORDABLE LIVING

Approx 1200 sq ft home in Powerview with 3 bdrm, gong maple kit upgrade, entrance has + storage. Partial fin bsmt has rec rm, shower in laundry rm. Large yard. Call 346-5002 to view!

VACANT LOTS

Seven Sisters Falls, treed, water and sewer avail \$16000 for 2!!!

Treed \$22500, water co-op avail, Soft Lacedu Bonnet.

For your real estate questions please call
Brycee Stogran
346-5002

We would like to express our gratitude to all of you who sent cards, food, flowers & gifts to the house in our time of sorrow. Your kind words and prayers will never be forgotten. Thank to the doctors, nurses and nurse aides for the great care you gave mom during her stay at the hospital and the personal care home the last 13 months. Thank you to the reverend, pallbearers, ushers and pianist on November 10th, 2006, the United Church Women for the lunch that was prepared. You all made this very difficult time in our lives more bearable. From the bottom of our hearts, thank you.

Valerie & Raymond Garand
and family

Blue Water Physiotherapy

Phone: 367-2537
Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Acupuncture
- Orthotics
- Manual Therapy
- Pilates - Reformer Sessions

Located on Highway #11 in Powerview

Celesté Basson
B.ScPT, CAFCI
Stephanie Hampson,
BMR (PT)

To Book this Space call 367-9468

Gilles Lamoureux

G's SEPTIC TANK CLEANING SERVICE
Portable Toilet Rentals

P.O. Box 905, PINE FALLS, MANITOBA R0E 1M0
PHONE: 367-4706 CELL: 345-3835

Windshield Replacement & Repair
All Your Autobody Needs
Courtesy Cars

powerfalls AUTO BODY

Box 187 Powerview, MB R0E 1P0
Phone 367-2677 Fax 367-2336

LIBERTY TAX SERVICE

Sandi Duval
Franchise Owner
367-4244

INCOME TAX SERVICES

BOOKKEEPING SERVICES

2 McDougall Ave. St. Georges, MB

BRYAN M. DAIEN
Denturist

Celebrating 20 years in business

Complete/Partial Dentures
Repairs while you wait
Relines (one hour)
Extractions/Restorations Arranged
SENIORS DISCOUNT

ON-SITE LAB

37 Third St. S. Beausejour

District Health Centre
Lac du Bonnet
2nd and 4th Tuesday of each month
268-3488

Business Directory Ad starting as low as \$3.75 per week

Call 367-9468 to inquire.

◆ Reflexology
◆ Ear Candling
◆ Reiki

Janice Warren
10 Dupont Street, Powerview, MB
367-9272

The Lakeview STEAKHOUSE

57 Park Avenue, Lac du Bonnet
Phone 345-8661

YOUR FIRST PINE PHARMACY

Monday to Saturday
9:30 a.m. to 5:30 p.m.

367-2611
367-2517

MacDonald Brown
Rentals
Hillside Beach
756-8184

DR. ARNOLD ANDERSON
LAB ON SITE

Optometrist

Contact Lenses and Eyeglass Fittings

MANITOU LODGE PINE FALLS
367-2390

Monday - Friday 9:00 a.m. - 5:00 p.m.
Closed for lunch hour 12:30 - 1:30pm

Examinations done on Thursday

Alice's Footcare Service

Providing Certified Diabetic Footcare

Call for an Appointment!
Traverse Bay 756-3933
Pine Falls 367-2411 Email: Agardai@mts.net

M&C Bruneau's
PC SERVICES

COMPUTER REPAIRS & MAINTENANCE

Microsoft Certified Professional Systems Engineer

HARDWARE DIAGNOSIS - HARDWARE UPGRADES - TROUBLE SHOOTING
SOFTWARE INSTALLATION
SYSTEM CONFIGURATION

Ph: 345-6876

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)

- ◆ Autopac
- ◆ Blue Cross
- ◆ Veteran's Affairs
- ◆ Worker's Compensation

Phone 367-4858

No referral required Please call for appointment

Enjoy dual satellite reception.

Available at
DAVE'S NEW & USED FURNITURE
21 Art Street, Powerview, MB

Contact
Dave or Warren 367-2460

The shape of the future.

Great Falls Foods
Highway 11, Great Falls
367-2976
OPEN 7 DAYS A WEEK

Store Hours:
Mon. - Thur. 8-6, Fri. - 8-7
Sat. 9-7 Sun. 12-5

Having a Social Function?
Call us to look after everything for you
Ask us about delivery

The House of Quality

DAVE'S FURNITURE & APPLIANCES

JVC - HOTPOINT - GE - SAMSUNG - BERTHA BEDDING

"For the Best Quality New & Used Furniture & Appliances... Call us First!"

367-2460

21 Art Street, Powerview
Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm

Country Concepts FAMILY WEAR & Accessories

www.countryconcepts.ca

367-2248
Located at 19 Pine Street, Pine Falls

Powerview Dental Centre

277A Main Street, Powerview
Hwy. 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.

Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear
Dr. Grishma Kapadia

Emergency Care
New patients welcome

367-2815

Dr. Alan Grant DENTIST

Pine Falls Dental Clinic
36 Maple Street
(across from the Hospital)
367-4417
Tuesday, & Thursday
10:30am-6:00pm

Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
367-2208
Monday & Wednesday
9:30am - 4:30pm

PINE FALLS SERVICE CENTRE

Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

SUBWAY

Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.
367-8803

Clark's Corner

DOMO Service Station
Convenience Store

Chester Fried Chicken

367-2238
Located at corner of Highways 11 and 304

Papertown Motor Inn

367-2261

Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub

Home of **NITE** Night Club

TWISTERS WATER PARK

1 Mile East of Pine Falls, Hwy. 304 & 11

Broadlands Mall

Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm

Restaurant
Daily Specials
Open 6 am - 10 pm

367-4484

BIRCHWOOD MOTOR HOTEL

- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed

Traverse Bay
756-2596

OPEN YEAR ROUND

Manitou Lodge

Mon.-Wed. 8am to 9pm
Thurs. & Fri. 8am to 10pm
Sat. 10am-10pm, Sun. Closed

367-2252

Tuesday Nite
WEEKEND FEATURES
EVERY WEEKEND
Wing Nite & Draft Special

Bluewater District Transit

For Bookings Call
367-9128 Office
345-3075 Driver

Century 21 Sun Country Realty

Rob Oakes
Sales Agent

Ph. 204-345-2121
1-800-854-8148
Email: rob.oakes@mts.net
www.century21.suncountry.ca

This Space is Gathering Dust!

Call to place your Ad!
The Echo 367-9468

Jon. O. Phillips RMT
Licensed Massage Therapist

Craniocervical Therapy Levels I & II
Remedial/Relaxation Massage Therapy

204-367-2141
at Through the Arbour, Pine Falls

CPR Certified Computer Repair

295 Main Street
Saskatoon, MB R1A 1S7
Ph: (204) 482-5400
Fax: (204) 482-5410
Cell: (204) 485-1912

VINCE MAREK
Computer Technician
www.certifiedcomputer.ca

Bed and Breakfast B&B PFISHER

Denise Fenez
NEW PHONE NUMBER
367-2574
email: dfenez@mts.net

Streakers

Hair Design

- Cutting & Styling
- Updos
- Colors & Perms
- Facial Waxing

Monday to Saturday
By Appointment Only!
Call Roberta Laliberté
367-4093