



Straits Clerk June 24/05
 Legislative Library of Manitoba
 200 Vaughan Street
 Winnipeg, MB
 R4C1T5

Vol. 6, No. 05 July 5, 2005 \$1.00 tax included

Serving... Pine Falls Powerview, Sagkeeng, St. Georges, Great Falls, Lac du Bonnet, Beaches, Little Black River, Manigotagan and Bissett

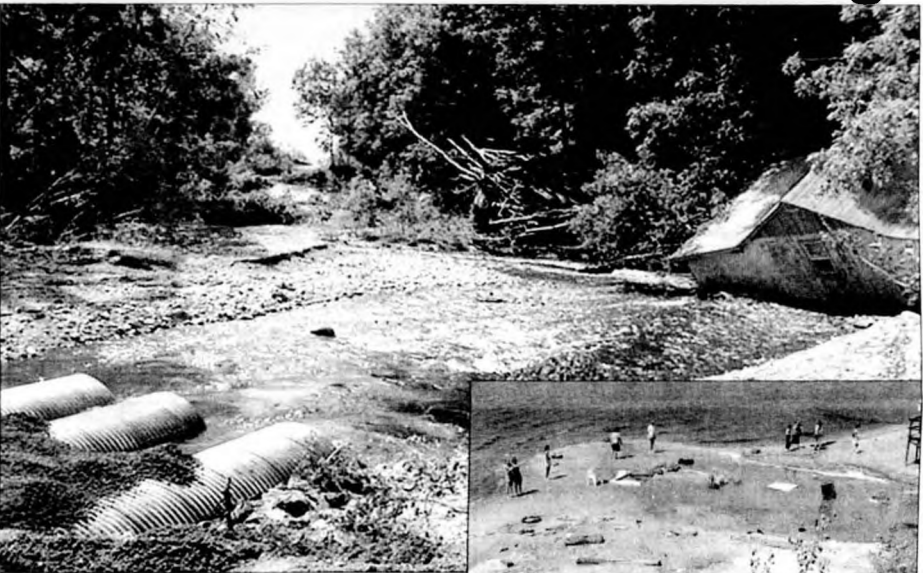
High waters cause flash flooding

A flash flood caused thousands in damages at Lester Beach, but miraculously nobody was seriously injured.

At approximately 8:15 Friday morning residents of Lester Beach were hit by a huge wall of water that came ripping down the south creek towards Lake Winnipeg. "It happened so fast, I did not know what was happening" said one resident. "When I seen that water come down, I just ran into the cabin for shelter and watched in horror as the water came rushing past, it took cars, vans and debris with it down the pathway and into the lake."

The exact cause of the flood was undetermined at press time, about 1000 feet straight north of the creek a ravine sits behind the old railway tracks. "We expect that with all the heavy rains over the past few weeks the ravine was holding more than normal levels of water, with the extra water the old railway ridge gave way, creating a wall of water approximately 300 ft. wide and 25 ft high rushing down the creek. We were fortunate that the time of the wash-out, was at 8 in the morning, a few hours later the beach would of been full of activity and the outcome much worse. It is really a miracle that no one was seriously injured in this natural disaster," said George Harbottle, Reeve of R.M. of Alexander.

Fifteen cottages were hit hard by the flooding, cottages were ripped from their foundations and some moved as much as 25 ft., vehicles, furniture, trees and other debris were washed into the lake. Some cars were able to be retrieved but searchers could not locate



Above: The main road in Lester Beach was left with a 300 ft. wide wash out. Right: Cottagers were taken by surprise when a wall of water ripped through the south creek, destroying homes and vehicles.

at least 2 of the vehicles. Estimated damage was unknown at press time. Emergency measures crews were quick to respond and worked throughout the night and over the weekend to help cottage owners, and get the road repaired. Hundreds of loads of gravel were being hauled in to repair the road and crews were working overtime to ensure travel was going to be possible by Sunday night or early Monday morning.

"The emergency response

crews did a great job, the fire departments, hydro, ambulance, everybody did their job. The St. Clements crew were great and all should be commended. This was a tragedy, and we are all thankful that nobody was seriously injured or hurt," said Harbottle.

The R.M. of Alexander has taken steps to obtain disaster assistance and will meet with all parties involved to determine what work and measures need to be taken.



July 8th, 9th and 10th

Festival
 Châteauguay
 Saint-Georges



- Sand Castle Building Contest
- Cribbage Tournament
- Whist Tournament
- Bocci Ball Tournament
- Beach Volleyball Tournament
- Baseball Tournament
- Mini Golf
- Face Painting
- Horseshoes
- Cat Fish Derby
- Fish Fry
- Pancake Breakfast
- Music & Dancing
- Farmer's Market

ECHO MAIL
Letters to the Editor
 Email: theecho@mb.sympatico.ca
 Box 550 Pine Falls, MB, Ph: 367-9468 Fax: 367-9974
 Send your letters Box 550,
 or comments to: Pine Falls, MB R0E 1M0

Cow Prices will remain low

Dear Editor,
 The total cattle population in Canada is currently 2.3 million animals higher than two years ago.
 Growth in a certain sector normally happens when higher demand leads to better market expectations. Not in this case. Since the US border closure for livestock in May 2003, beef production in Canada is expanding because producers are simply locked in to produce more as a consequence of a backlog of older animals not

finding enough slaughter capacity within Canada. A captive supply of older animals allows the processors to obtain cows and bulls for extreme low prices. Producers are torn between letting older animals go for a fraction of their book value or continue letting the herd size proliferate in the hope of a better way out tomorrow.
 Low cow prices are here to stay unless Governments and the federal Competition Bureau get their acts together. Despite a 10% price rise for ground

beef in Canadian grocery stores in 2004, farmers continue to receive less than half of what they got three years ago for cows and bulls.

Instead of increased testing like they do everywhere else in the world, Canadian authorities adopted USDA protocol of designating slaughter lines for either young mature animals (<30 months) or older animals (>30 months), thus effectively minimizing and monopolizing cow slaughter capacity.

In Alberta, 90% of the cull cows are currently slaughtered by XL Foods, a company owned by Nilsson Brothers.

One of the initiatives that could have greatly improved the market functioning for cull cows is Rancher's Own. This new generation co-op was in the final planning stages; they had bought a building site and a large part of the lean cow meat was going to be processed by Caravelle Foods (a meat processing company with a plant in Spruce Grove, Alberta). Caravelle Foods was acquired by Cargill in 2004. Lean cull cow meat is an attractive ingredient for processed meat products because it allows for value adding of fat trim from young mature animals. In the meantime however, Rancher's Own has seen

their plans to build a 800 head per day plant going up in smoke. Financiers held back start-up loans after Cargill had announced its intention to acquire the Better Beef processing plant in Ontario. Better Beef processes 1800 animals per day, mostly cows and bulls. By owning Better Beef, Cargill can now supply its own Caravelle plant with lean cow meat, further cornering the market. The National Farmers Union objected to the acquisition with the Competition Bureau. We met with them in Alberta, Saskatchewan and Ontario, illustrating with clear examples that this concentration of market power over farmers is unacceptable. The Ottawa officials took serious note of the facts but the Competition Act itself lost its teeth when the Mulroney government watered it down substantially, in the 1980s.

When agribusiness giant Cargill bought Caravelle Foods in 2004, the National Farmers Union communicated with then-agriculture minister Shirley McClellan, pointing out that the acquisition, as well as Cargill's expansion plans in High River (from 3000 head per day up to 5000 head), should be prevented for competition purposes. These two

developments would allow Cargill even more control over a market they already dominated. McClellan dismissed the concern, stating that; "companies like Cargill and Tyson are the only ones that can take the risk of expansion".

Cargill must have all along been willingly selected by the Alberta government to become a winner. The High River plant was built with a generous subsidy from the Alberta government in the early 1990s. The \$402 million Mature Animal Program offered to beef producers by the Alberta government in the fall of 2003 (to help overcome the market crash after the case of BSE triggered US border closure), paid besides \$9 million directly, many millions of dollars indirectly to Cargill. In their position of power, Cargill and Tyson lowered the price for finished animals by the exact amount the seller had received in program subsidy. This was confirmed in the summer of 2004 by the Alberta Auditor General's report on the government's BSE related assistance programs.

It is clear that provincial and federal governments would rather spend billions of dollars in bailout programs that are not creating solutions, than show the courage to prevent large agribusinesses and food retailers from cornering the market. Only that intervention will make the plans for new processing capacity in Canada come to fruition.

It would also be helpful if farmers in the rest of Canada organized themselves as Quebec farmers do. After a hold and successful rally last winter, the Quebec farmers union UPA with 95% of Quebec's farmers organized under its wings, owns and controls now 80 % of Colhex-Levinoff slaughter plants in the province with 5000 head per day slaughter capacity.

Jan Slomp
 Rimby, Alberta
 Phone (403) 843-2068

Papertown
NITE Motor Inn
EYE 2 EYE
July 7, 8, 9
Thursday, Friday, Saturday

Thursday Night Rib Night 1/2 Rack Ribs, Spud and Bud \$8.99	Friday Night Bud, Spud & Steak Select Brands of Beer \$2.50 all day \$2.75 Every Night \$7.99 Tax Included	Saturday Night Riblets Bud, Spud and Riblets \$7.99
--	---	--

Ladies Night is Back

Win \$1000 Cash
 (Grand Prize Give Away 4P Weekend)

KULYK INSURANCE AND FINANCIAL SERVICES
 2 McDougall Ave (Behind Caisse Populaire) St. Georges, Manitoba

- Life & Disability Insurance
- Home & Commercial Insurance
- Dental Plans
- Financial/Retirement Planning
- Estate Planning
- Private Pensions
- Investments/RRSPs

HOURS 9AM TO 5PM MONDAY TO FRIDAY EVENING APPOINTMENTS AVAILABLE! CALL 367-8572

STEPHEN KULYK/TAMMY KULYK
 YOUR INSURANCE AND INVESTMENT SPECIALISTS
 EMAIL: slowe@kulykfinancial.com
 Serving the area since 1995

Allan Holm Agencies
 2nd Street and McArthur, Lac du Bonnet

- Photo Drivers Licences
- Insurance - All Types

"No place like HOLM for all your INSURANCE needs!"

HOURS:
 Monday to Friday 8:30 a.m. to 5:30 p.m.
 Saturday 9:00 a.m. to 4:00 p.m.

autopac
 An Independent Insurance Broker
 Complete Your Needs

Bus. 345-8607
 Res. 345-2377

Lakers Ski Club BINGO

Bonus Line - \$910.00	Lucky 7 \$1770 PUT PRIZES AT 25 BONUS IF WINNERS STARTS AT \$200 in 17 numbers or less Add one # plus 30% of sales.
Star - 640.00	
Loonie Pot - 83.00	
Poker Flush - 21,318.00	
Special "Y" - 1038.00	

Lot. Lic. 874

Mini Loonie \$3,031
 IF WINNERS STARTS AT \$200

Every Thursday Evening 7:00pm
 At the Lac du Bonnet Community Centre

FOR UPDATES CALL 345-8619

BINGO
 FOR UPDATES CALL 345-6197

Royal Canadian Legion #164

Bonus Line - \$0.00	Star - 768.00
Lac du Bonnet Legion Hall	Lucky 7 - 1,385.00
Full House 52 numbers \$1,500	Poker Flush - 2,747.00
Specials 7:00 p.m.	Mini Loonie - 690.00
Every Monday Evening	#1 Loonie - 576.00
(In Case of Discrepancy the Latter will Prevail)	#2 Loonie - 396.00
	Jackpot Strip - 7,112.00
	Bonanza - 874.00

Great Falls Tuesday Nite BINGO
 Great Falls Hall 7:30pm

Mini Loonie - 177.00
Lucky 7 - 286.00
Letter Y - 17.00
Poker Flush - 12,682.00
Loonie Pot - \$338.00
Bonus Line - 228.00
Full House - 700.00

in 58 numbers

BONANZA \$832

Publisher
 Valarie Anderson

Writers
 Jim Hampshire
 Charles Norman

Production/Art Design
 Lori Pachkowsky

SUBSCRIPTIONS
 Local Rate: \$34.20
 National & Urban Rate: \$39.90
 Foreign Rate: \$102.60
 (prices include PST & GST)

2nd class mail #1763687
 (Postage paid in Pine Falls)

P.O. Box 550, Pine Falls, MB R0E 1M0
 51 Art Street, Powerview, MB
 e-mail: theecho@mts.net
 Powerview Office Ph: 367-9468 Fax: 367-9974

The **Winnipeg River Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Trust Fund dollars earmarked for testing

The Little John Dube Medical Trust Fund has topped the \$30,000.00 mark. The money that has been raised will be used to pay medical bills which have been estimated to up to US \$24,000.00 We will know at the end of July how much more fund raising will be needed. The committee will meet after Little John returns from the Mayo Clinic and decide at that.

John, his mother Theresa and his school teacher, Ilene Cadieux will be driving to the Mayo Clinic in Rochester, Mn on July 24th. John's first medical appointment is set for

3:00pm on July 25th followed by three days of testing. At the end of the tests and medical review, John and his family will know that can be done to help him.

John's Dad, Omer Dube will remain home with the other children and his work. He and his parents John and Yvon Dube will be in daily contact with Theresa and Little John for updates. Theresa's Mother, Ilene Meade may also travel to Rochester to provide moral support.

Little John's parents, family and the members of the fund raising committee express sin-

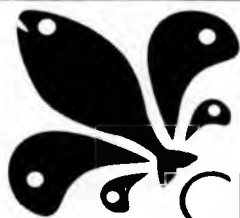
cere thanks to all people who have contributed time and money over the past three months. A lot of work went into the dinner, social, BBQs, draws and many other events that have made such a success and each person involved needs to know that they are appreciated.

A special thank you to those who made anonymous donations to the fund. We respect your desire to remain unnamed but we want you to know that your generosity is very special.

When Little John returns from Rochester we will pass on what we hope and pray will be good news.



Omer & Theresa Dube with their three sons. Little John (centre) will be leaving to the Mayo Clinic on July 24th with his mother and teacher



July 8th, 9th and 10th

Festival
Châteauguay
Saint-Georges

Museum
OPEN
July, 8, 9, 10
9:30am-
5:00pm

Friday, July 8th

Cattfish Derby:

8:00am sharp.
To register call: 367-9970
All families welcome!



Pickeral Fish Fry:

5:00pm to 7:00pm
Tickets Available at Rapid Water Sales



JIG & DANCE

With Couléemusique from Saint-Laurent. Mixture of Traditional and Modern Music. David Laroque will entertain during Cocktail Hour. **SATURDAY, JULY 9th**
Tickets Available for Supper & Dance or Just the Dance at Caisse Populaires or Rapid Water Sales

La Grande Caisse

Tea House Open
All Weekend



Saturday, July 9th

- Sand Castle Building Contest
- Cribbage Tournament
- Whist Tournament
- Bocci Ball Tournament
- Beach Volleyball Tournament
- Baseball Tournament
- Mini Golf
- Face Painting
- Horseshoes

At St-Georges
BEACH



Sunday, July 10th

Pancake Breakfast:

10:00am St. Georges Beach

Baseball & Horseshoe Tournament:

Farmer's Market:

10:00am-1:00pm Place McDougall



Minnesota Marching Band Makes Big Impression

High School Group Travels Eight Hours To Perform in Parade

By Jim Hampshire
It is a well known fact that people come from far and wide to take in the Lac du Bonnet Canada Day celebrations, but a large group of high school students get an A-Plus for effort after travelling eight hours by bus, specifically to perform in the annual Canada Day Parade.

"We only come to Canada to perform once every eight years, and Lac du Bonnet is our chosen destination," band entourage member Mary Barkley said following the Friday afternoon parade. "It's such a beautiful town and we get treated very well here."

Barkley says the Annandale Marching Cardinals perform regularly throughout the mid-western United States, usually in major cities, but the group

of 140 students especially enjoys the trip into Canada, where they spend four days to take in all sights in Southern Manitoba.

"The band marches in parades in cities like Chicago and St. Louis but we have to follow a very confined schedule," she said, referring to traffic congestion and strict school security policies. "It's so much more relaxed here in Manitoba and it's a safer atmosphere for the students so we get to go out and do more."

During their four-day stay, the students were able to travel around the region daily before returning to their Winnipeg hotel rooms each night. On parade day, the group was transported to Lac du Bonnet by three touring buses and spent most of Canada Day taking in the festivities following



The Annandale Marching Cardinals performed in this years Canada Day Parade in Lac du Bonnet



the parade. The group then returned to Winnipeg for a scheduled cruise on the Red River.

Their performance in the Canada Day Parade was easily a crowd favorite, with the 120 along the parade route. The 120-piece band was flanked by more than a dozen contemporary dancers, weaving back and forth on the parade route in a very disciplined formation. In a show of appreciation, the band paused at several points along the route for a collective bow in front of applauding audiences.

Barkley says the Annandale Marching Cardinals in the most

popular program for the high school, with more than one-quarter of the school population of 600 taking part each year.



QUICK SPA

Monthly Memberships \$60.00 Reg Price

COST: \$5.00/10 minutes a piece or Try all 5 for only \$15.00

No Appointment necessary!
Located in Pine Falls Strip Mall.
Come down or call 367-9244

Open 6 Days a Week Monday to Friday 10am to 8pm
Saturday 11am to 5pm



- Come try out the:
- Full body Massage Chair
 - ROM Machine
 - Chinese Chi Machine
 - Gazelle
 - Ab Lounger

Get a full body workout in 10 minutes!
Enjoy a full body massage. Feel Phenomenal

GREAT PLACE FOR MEN, WOMEN, & CHILDREN OF ALL AGES TO GET IN SHAPE

QUICKSPA Client Testimonials

After working out one month at Della's Quick Spa for 5 days a week and following the Dr. Phil program, I am sleeping much better, my energy has doubled and I feel 10 times better. I love it and it works!
I have lost an amazing 25 pounds. I have lost 6 1/2" on my waist, 4 1/2" on my legs, 3" on my arms, 2 1/2" on my chest. This is a total loss of 16 1/2". I feel great!

Karen Chevrolet

WOW - I Lost 65lbs, 33 inches!

It's unbelievable! I have lost 65 pounds in just 4 months. My friends and family have noticed the inches just melt away. I have lost 8" on my waist and 8" on my chest, 5" on my hips and on my left thigh 6" and the right thigh 6" for a total of 33". I am still following a healthy diet and came faithfully to the QuickSpa everyday, 6 days a week. Della & Cathryn make sure that you are using the equipment properly and are receiving the best workout. Della makes me feel fantastic in the way she supports and guides me everyday. I am so grateful that Della opened the QuickSpa in town.

Sherrida Bussan (Pulitzer)

I've been working out regularly about 5 times a week doing a variety of activities to keep in shape. I've tried many different machines and have been a member at different clubs that had everything to offer. I got bored doing the usual ones, treadmill, bikes, climbers and then enjoyed running, biking, skiing and free weights. Although this routine served me well it didn't challenge me and I was at a stand still. When I walked into Della's spa I was skeptical that a little 10 minute workout on the R.O.M. And her other interesting machines would give me results because I usually worked much much longer than that, but WOW... I am impressed. I noticed a difference in my overall shape in just 2 weeks compared to the last 4 years of my regular exercise routine. I am working out less and getting an awesome workout. I have more energy and now am using my time more efficiently. After 3 children, my toughest areas, my abs (which I gave up on) once again Della's machine is giving me results. I also don't have my usual side effects of exercise which used to halt my routine such as shin splints, sore back and muscles and joint pain. Thank you Della for taking my fitness to the next level.

Karen Morrison

Come and celebrate with us

Saint-Georges, June 27 2005. After the success of the festivities held in honour of Saint-Georges' Centennial, the village decided to organise an annual signature event that celebrates the francophone culture in this region of Manitoba. This year, on the 8th, 9th and 10th of July, Festival Châteauguay will be three days of fun-filled activities for the whole family.

Friday, July 8th: Catfish Derby

Amateur fisherman, take out your fishing rods and your nets! To kick off the Festival, the committee invites all families to their first ever Catfish Derby on Friday, July 8th at 8:00 a.m. sharp. All are welcome to the pickerel fish fry that is scheduled to follow from 5:00 p.m. to 7:00 p.m. The Blue Water Chamber of Commerce is hosting the fish fry.

Registration for the Catfish Derby: 367-9970

Saturday, July 9th: Activities on the beach

All day long, Saint-Georges' waterways will be riddled with activities on the beach: sand castle building contest, crib-

bage tournament, whist tournament, bocci ball tournament, beach volleyball tournament, horseshoes, mini-golf and face-painting for young and the young at heart.

There is also a baseball tournament (if we can find more teams) and a scavenger hunt in the afternoon.

In the evening, the group Couleemusique, from Saint-Laurent, will come and make us all jig and dance to their wonderful rhythms. Also, during cocktail hour, a local group of children will be coming out to fiddle for us with David Laroque.

Tickets are available for the supper and the dance or just the dance. Please call 367-9970 for more details.

Sunday, July 10th

It is well known that many francophone festivals often are hosts to the famous pancake breakfasts. Starting at 10:00 a.m., on the Saint-Georges beach, we will be able to satisfy our sweet tooth and get full of energy for the activities on the last day of the Festival.

On the program for the day: the rapping up of the baseball and horseshoe tournaments.

The farmers' market will be open as well, at Place McDougall from 10:00 a.m. to 1:00 p.m.

Last but not least, during the three days of the Festival, the Saint-Georges Museum will be open from 9:30 a.m. to 5:00 p.m. as well as the local tea-room, La Grande Tasse. In the Museum, you can find an impressive collection of antiques and artefacts, which documents the lives of the Franco-Manitobans in the region over several generations.

Young and old, fisherman, sand castle sculptors, amateur baseball or horseshoe players: we invite you all to attend our Festival Châteauguay in Saint-Georges, the 8, 9 and 10 of July. Let the festivities begin!

Source: Diane Dubé, President, Festival Châteauguay Committee, St. Georges CEDC, (204) 367-9970.

Monique Dubé, Réseau communautaire, Saint-Georges Coordinator, (204) 367-9970.

Célébrons la Francophone

Saint-Georges, le 27 juin 2005. Après le succès obtenu dans le cadre des Fêtes du 100^e anniversaire de Saint-Georges, le village a décidé d'organiser un festival annuel qui célèbre la francophonie dans cette région du Manitoba. Cette année, le Festival Châteauguay aura lieu les 8, 9 et 10 juillet, avec une foule de nouvelles activités pour toute



Festival
Châteauguay
Saint-Georges

la famille.

Vendredi, 8 juillet: Tournoi des barbues

Amateurs de pêche, sortez vos hameçons et vos appâts! Pour démarrer le Festival Châteauguay, le comité convie toute la population à son tournoi des barbues, le vendredi 8 juillet, dès 8 h du matin. Cette activité sera suivie d'un «fish fry aux dorés» entre 17 h et 19 h organisé par la Chambre de Commerce de Blue Water.

Inscription au Tournoi des barbues : 367-9970

Samedi, 9 juillet: Activités sur la plage

Tout au long de la journée, les rives de Saint-Georges s'animeront avec des activités sur la plage : concours de châteaux de sable, tournoi de crib, tournoi de whist, tournoi de bocci ball, tournoi de volleyball sur sable, fer à cheval, mini-golf et peinture sur visages pour petits et grands.

Il y aura aussi un tournoi de baseball et une chasse aux trésors en après-midi.

En soirée, le groupe Couleemusique, de Saint-Laurent, viendra faire giguer et danser les festivaliers au rythme de leur musique des plus entraînantes. De plus, pendant les cocktails, un petit groupe local de jeunes violoneux joueront avec le

fameux David Laroque.

Des billets pour le banquet / danse ou pour la danse seulement sont disponibles. Téléphonnez 367-9970 pour plus de renseignements.

Dimanche, 10 juillet:

C'est bien connu, les festivals francophones font souvent place au fameux déjeuner aux crêpes. Des 10 h, sur la plage de Saint-Georges, on pourra donc se sucrer le bec et faire le plein d'énergie pour les activités de la dernière journée du Festival.

Au programme de la journée : tournoi de balles et tournoi de fer à cheval. Le marché des fermiers sera également ouvert. Place McDougall, de 10 h à 13 h.

Enfin, durant les trois jours du festival, le Musée de Saint-Georges et le salon de thé La Grande Tasse seront ouverts, de 9 h 30 à 17 h. Dans le musée, on y retrouve une collection impressionnante d'antiquités et d'artefacts du Manitoba français qui documentent la vie dans la région sur plusieurs générations.

Petits et grands, pêcheurs, sculpteurs de châteaux de sable, amateurs de balles ou de fer à cheval : on vous attend au Festival Châteauguay, à Saint-Georges, les 8, 9 et 10 juillet. Que la fête commence!

Mr. Oil Drops says



Used oil recycling is as easy as **1-2-3**

Take your used **1 OIL FILTERS & CONTAINERS** To the St. Georges or Traverse Bay Landfills

Receive your **2 LUCKY LOTTO** key chain (One per person)

CONTEST ENDS: September 15th, 2005
Draws will take place thereafter


3 WIN A 2005 Pontiac Sunfire!

Gauthier
PONTIAC • BUICK • GMC

- +2.2L 143 horsepower ECOTEC engine
- +5 speed manual Getrag transmission
- +60/40 split folding rear seats
- +AM/FM stereo
- +Fog lights
- +PASSlock theft deterrent
- +Dual frontal airbags
- +5 year 100 000km (whichever comes first) extended powertrain limited warranty



North Eastman Health Association Inc. Regional Scholarship Program



The North Eastman Health Association Inc. Board of Directors is very pleased to offer scholarships throughout our region in support of high school graduates pursuing a health related post secondary education. We feel that support of our youth is critical to the long-term success of health services and supporting regional graduates is critical to the success of the region as a whole.

The Association is granting one scholarship to each high school in the region for a possible total of seven each year as a part of our commitment to the delivery of health services within the North Eastman Region. The successful graduates for the 2005 scholarships are:

Beausejour High School	<i>Desirée Pachkowski</i>
Lac du Bonnet Senior School	<i>Ashley Côté</i>
Pinawa High School	<i>Trevor Gascoyne</i>
Powerview High School	<i>Holly Ryall</i>
Springfield Collegiate	<i>Margaux Mandigo</i>
Whitemouth High School	<i>Tina Ross</i>

We wish each and every graduate All the Best in the coming year and every success in their chosen field of endeavor

Canada Day crowd totals climbs

Lac du Bonnet Lions host birthday party like no other



Murray Zarecki stands in front of his Plymouth Cuda, a car he bought new in 1973

by Jim Hampshire

Bigger and better is a phrase often used to describe coming events, but when describing the Canada Day celebrations in Lac du Bonnet it will be difficult to top the turnout seen this past holiday weekend. From the opening Canada Day Parade on Friday, to the waterfront activities at the Town Dock on Sunday afternoon, people came out in droves over the entire weekend to make the 2005 celebrations the largest in the 40-year history of the event.

The annual parade kicked off the long weekend celebrations with a unique theme, in a salute to The Year of The vet-

eran. This year marked the 60th anniversary of the end to World War II and the Royal Canadian Legion led the long line of floats through the streets of Lac du Bonnet. And although the Legion traditionally enters a Veteran's float in the local parade each year, a notable difference was apparent this Canada Day as a number of floats also carried Veterans or individuals wearing Canadian military uniforms.

This year the parade also featured the return of the Annandale Marching Cardinals High School Band from Minnesota, which visibly extended the length of the parade with the addition of 140 marching

musicians and dance performers. According to the band director it has been eight years since the Marching Cardinals were last featured in the Canada Day event.

Winding up the parade, crowds were especially appreciative when the entire Lac du Bonnet Blues hockey club rolled by on a flatbed Semi, displaying one of the largest trophies in sports history. It wasn't quite the Stanley Cup but it did stand seven feet tall in recognition of their giant championship season in the South Interlake Hockey League.

Float prizes were awarded in several categories, with the Town of Lac du Bonnet picking up the Best Corporate entry, while the South Interlake Credit Union coming in at a close second-place. In the theme category, The Abundant Life entry hit top spot, followed by the Pioneer Club. The Commercial category was won by Old Country Style Pizza, while Sokal Industries was awarded second-place.

Over to the Unaffiliated Category and parade officials report the Red Hat Society capped off the winners and the Lac du Bonnet Blues entry did well to win second prize.

Finally, top spot in the organizational entries goes to the Lac du Bonnet Horticultural Society with second place going to the Historical Society.

Following the parade, crowds were invited to take in a number of events on Canada Day, including the annual car show and the Miss Minnewawa Pageant, both taking place at the Lac du Bonnet Community Centre. And while car buffs were treated to some seldom seen balmy temperatures, the crowd inside the community centre enjoyed an afternoon of entertainment and pageantry. After some very difficult judging, South Interlake Credit Union representative, Lisa Smith, stood front and center as Miss Minnewawa 2005.

Meanwhile the car show outside in the parking lot featured a number of antique classics, dating back to 1924, as well as entries from the fa-

See CANADAnext page



Lisa Smith was chosen as Miss Minnewawa during Canada Day festivities on Friday

Lac du Bonnet Legion #164

WEEKLY ACTIVITIES

Open Monday to Saturday 10:00 a.m. to 10:00 p.m.

MONDAY
Table Top Curling 6:30 p.m. - Lounge
Bingo 7:00 p.m. - Hall

TUESDAY
Po Ke No 2:30 p.m. - Lounge

WEDNESDAY
Cribbage 7:00 p.m. - Lounge

THURSDAY
Darts 7:00 p.m. - Lounge

FRIDAY
Bingo 7:00 p.m. - Lounge

SATURDAY
Meat Draw 2:30 p.m. - Lounge

Happy Hour Every Day
All Members & Guests Welcome

Pine Falls Legion #64

COMING EVENTS

MEAT RAFFLE
Every Friday 5pm to 6pm

BINGO
Doors open 1:00pm
Game Starts 2:00pm

Darts

Pool

TRY YOUR DRUGSTORE first

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts

PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m. — DISPENSARY

367-2611 **367-2517**

NOW HEAR THIS!

A Board Certified Hearing Instrument Specialist (BC-HIS) from

HASTINGS HEARING CENTRES LTD.

Visits
PINE FALLS HOSPITAL, Maple St., Pine Falls, MB
"Once a Month"
"Your Hearing is our Concern"

HASTINGS HEARING CENTRES LTD.

SERVING MANITOBBANS FOR OVER 40 YEARS!

- Specializing in Digital Hearing Instruments.
- Hearing Testing, Musician and Noise Plugs.
- Service to all Makes and Models.
- Home Visits Available *60 day trial

CLINICAL AUDIOLOGIST ON STAFF

To Arrange an Appointment Call Toll Free:
1-800-782-0078

For more info on Products, Clinics and Services
www.hastingshearing.com

WINNIPEG 943-6561
890 GRAHAM AVE.

BRANDON 727-3429
600 ROSSER AVE.

WINKLER 331-1561
CROCUS MALL
370 MAIN ST.

PORTAGE LA PRAIRIE 1-800-782-0078
Herman Prior Centre
40 Royal Rd. N.

Canada Day crowd totals climbs

from previous page
mous muscle car years which began in the mid-1960's.

As always, Canada Day wound up with a bang Friday evening when members of the Lac du Bonnet Fire Department lit a fire under more than 300 mortars, sending upwards

of 800 shells into the skies above the Lac du Bonnet shoreline. The annual fireworks display, funded entirely by donations, is without a doubt the largest display in the province, rivaled only by displays inside the City of Winnipeg. Lions Club members say they

were very impressed with the turnout, believed to be the biggest ever, and while donation totals are still being counted, the Canada Day display brought in some much needed dollars.

Events continued throughout the weekend, including the annual Slo-Pitch tournament which got underway on Saturday. This year organizers say 26 teams came in from all parts of the region, including Winnipeg, for the two-day tournament. And while overnight showers did create a sloppy playing field, the mainly sunny daytime conditions allowed for all round robin games to go on

schedule. Of course there was a blip on the radar late Sunday afternoon when a storm front hammered the region, causing a cancellation of the tournament finals. It is not known at press time exactly how the winners were declared, but we can report with certainty that the team that travelled all the way from Berens River picked up an impressive third place showing.

New events for the holiday weekend included a Powerboat Poker Derby and Canoe races, with both events drawing a lot of interest, a good indication that they will become a part of next year's event list.



The Year of the Veteran was the theme of the Canada Day Parade



Perhaps the smallest entry in the parade, this little driver had no trouble keeping up with the big ones



This little tyke showed his dad how to reel in the big one.

Weekend Holiday uneventful for RCMP

by Jim Hampshire

It wasn't totally incident free but the Lac du Bonnet RCMP do report that the Canada Day celebrations were a success as far as complaints received.

As always, the RCMP do expect some rowdy behavior, and that comes with any gathering of this size. But overall, the local detachment reports that crowds were rather well behaved, which has become a welcome tradition associated with these celebrations, according to Cpl. Brian Jack.

"We know there will always be some liquor-related offenses and a few minor assaults, but that comes with the territory," Cpl. Jack said fol-

lowing the weekend event. "Most of the members on duty were out on foot and everyone was basically well behaved."

Knowing that Lac du Bonnet enjoys the reputation for being a remarkable host for visitors, Cpl. Jack says the RCMP lends a little leniency on such an occasion, hoping that everyone enjoys themselves without going overboard.

"We encountered several liquor violations, where people would be openly carrying a beverage where they shouldn't," he explained. "And basically we'd ask that they dump the contents and issue a warning."

Besides a few hit and run damage complaints, the RCMP had a fairly quiet weekend,

free of any impaired driving charges and other major violations.

"All members of the detachment and RCMP auxiliary were working the weekend so we had a high visibility around town," Cpl. Jack said. "We even brought in a Sergeant from Lundar to help out and he said he had a great time during his stay."

On a somber note, Cpl. Jack reports that a fatality occurred over the weekend at Lee River. A Lac du Bonnet ambulance was dispatched when it was reported that an elderly woman died while boating out on the river. It is believed that the individual succumbed as a result of heart failure.

TEMBEC INDUSTRIES FOREST RESOURCE MANAGEMENT

PUBLIC NOTICE

NOTICE IS HEREBY GIVEN THAT TEMBEC WILL CONDUCT THE FOLLOWING ON FML 01:

- 1) GROUND CHEMICAL SITE PREPARATION
- 2) GROUND CHEMICAL PLANTATION RELEASE

550 hectares on Tembec's Forest Management License 01 are identified for ground spraying from mid August to late September 2005 using the forest herbicide Vision™ (glyphosate). Spraying will be done to control competing vegetation in areas that will be planted and in existing plantations.

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

MANITOBA CONSERVATION
PESTICIDE/ FERTILIZER APPROVALS
123 MAIN STREET, SUITE 160
WINNIPEG, MANITOBA
R3C 1A5

We are independent - we work for you!

Steeltown Insurance

GENERAL INSURANCE
House, Farm, Commercial
Photo Drivers Licences • autopac
Blue Cross & Travel Insurance

OPEN: Mon. to Fri. 8:30 a.m. to 6:00 p.m.
Plus Saturday, 9:00 a.m. to 2:00 p.m.

482-9202

Toll free: 1-888-204-4656

NO CHARGE INSURANCE QUOTE

*Are you receiving all your discounts?
You may qualify for up to 25% off!*

318 Main Street - Selkirk, Manitoba

Your Insurance Broker Understands
Affiliated with the Whiteshell Agencies
in Pinawa & Whitemouth, MB

Lac du Bonnet Triathlon

The sixth annual Lac du Bonnet Triathlon will be held on Sunday, July 31, 2005. The race is being coordinated by the Lac du Bonnet Knights of Columbus and the Lac du Bonnet Youth Recreation Centre. All proceeds from the Lac du Bonnet Triathlon will be donated to the Youth Centre. Last year's race raised \$5,000. The goal for 2005 is increase this amount to \$6,000.

This event has the full support of the Town and the Rural Municipality of Lac du Bonnet and is sanctioned by Triathlon Manitoba. For 2005 we are expecting 500 people to be directly involved in the day's events, including over 200 competition participants and more than 100 volunteers. To help achieve this goal businesses are solicited for monetary or value in kind sponsorships. Sponsors get posted on the website, in brochure, on our custom event T-shirts and broadcast over the sound system at the Triathlon. The spectacular growth in triathlon competition events in Manitoba, together with the success that the Lac du Bonnet Triathlon has enjoyed, presents an outstanding marketing opportunity at a prestigious (LOCAL) amateur event.

Lac du Bonnet Triathlon History

Ran four years at Grand Beach as the Sandman Triathlon.

Because of hazardous water conditions on windy days at Grand Beach and the small volunteer base, the Sandman moved to Lac du Bonnet in 2000. With the help of community volunteers, the 2000 Lac du Bonnet Sandman was run by Michelle Barnett and Scott Brown (from Winnipeg).

In 2001, Michele and Scott solicited help from the Lac du Bonnet Knights of Columbus.

The Knights took on the challenge and used this opportunity to raise much needed funds for operation of the Lac du Bonnet Youth Recreation Centre. \$3600 was raised in 2001.

In 2002, the Lac du Bonnet sandman was renamed the Lac du Bonnet Triathlon. Participation increased and \$4510 was raised for the Youth Recreation Centre.

In 2003, participation increased again, but the committee did not solicit as many sponsors, but managed to raise \$4050 for the youth.

In 2004, participation decreased because of inclement weather, but the committee did manage to raise \$5000 for the youth.

The committee is stepping up soliciting sponsorships for 2005 and has set a goal of raising \$6000 for the operation of the Youth Centre.

Lac du Bonnet Triathlon Information

The **Transition Area** is on the grassy lot in front of Lakers Ski Club in a picturesque park-like setting along the shore of the Winnipeg River.

The **Triathlon Swim** is in the Winnipeg River starting and finishing at the Lakers Ski Club dock.

The **Cycle** is on a flat course mostly on Highway 11 starting and finishing at the transition zone.

The **Run** is through the town of Lac du Bonnet starting and finishing at the transition zone.

Three course lengths are used to accommodate the serious athlete, the amateur athlete and the beginner (**Olympic**-1500m swim/40k bike/10k run, **Sprint**-750m swim/20k bike/5k run and **Tri-a** Tri-300m swim/10k bike/2.5k run).

The **Duathlon Run** (run/bike/run) is on the same course concurrent with the Triathlon.

The **Corporate Challenge** is a fun event unique to Lac du Bonnet Triathlon. In



Last year the Lac du Bonnet Triathlon raised \$5000.00

2002, we added the Corporate Challenge Relay (750m swim, 20km bike, 5km run), which has been highly successful. However, in an effort to increase participation for 2005, we made the Corporate Challenge a Sprint Duathlon Run (2.5k run / 20k bike / 5k run). (The swim event has always been a showstopper for many potential interested challengers). Two or three people can form the Corporate Challenge team. If you're interested, or know of a co-worker(s) that might want to bike and run for some healthy keep fit fun competition...this is the event for you and your company.

The **Triathlon Banquet/Awards Presentation** is immediately after the event (~12:00) at the Community Centre. A delicious meal is served (at a modest cost) and is open to all athletes and general public welcome.

For more information about the race, please link to our website from the Triathlon Manitoba page at www.triathlon.mb.ca or contact Gil or Denis Godin at 345-8705.

Manitoba Youth Job Centre

by Brent Stokes

Lac du Bonnet's Odd Job Squad is kicking things into high gear this week. All week long they'll be selling tickets for a student labour raffle. Tickets are just \$1 each and could win you 3 hours of free labour. There's a winner for every 25 tickets or better.

On Thursday, bouquets of red and white Canada Day carnations are going to be assembled and delivered to everyone who placed an order. The patriotism continues with the Odd Job Squad float in the huge Canada Day parade on Friday in Lac du Bonnet. On Saturday, the Odd Job Squad will be keeping shoppers cool with ice cold drinks at the Farmer's Market, 10am-1pm, across the street from Chicken Chef.

Still to come are the ever-popular hot dog day and strawberry picks. Keep watching for dates to be announced!

Please feel free to stop by the office in New Directions School, 40 Park Ave., Lac du Bonnet, or give us a call at 345-6916 if you'd like more information about any event, or to hire a student. The office will be closed during Odd Job Squad events.

HANDYMAN SERVICE AVAILABLE

- Yard Work - Grass Cutting
- Home Maintenance
- Housekeeping
- Miscellaneous Services



Contact Tina at the
Winnipeg River Senior Service at 367-9128

NOTICE TO ALL VETERANS:

You may qualify for funding, call for information.



The Winnipeg River Echo

YOUR COMMUNITY NEWSPAPER
CALL WITH YOUR NEWS TIPS,
COMMUNITY EVENTS,
AND ADVERTISING NEEDS.
CALL 367-9468

Recreation Scene

by Michelle Chudd, Ph: 345 8816 or 753 2639, Email: recom@mts.net
Beach Open!

Have you noticed some smarty blue and yellow tank topped people standing on the Town Dock in Lac du Bonnet lately? That's our 2005 Life-guard Staff. This summer we have returning guards Lacie Johnson, Meaghan Slimmon and Kurtis Ulrich. Along with the old, comes 2 new ones - Joey Enright and assistant life-guard Lindsay Balcaen. Remember, this crew is out there patrolling the beach and swim area to ensure it is a fun and safe environment for everyone - please respect their positions!

LdB swim registration Red Cross Swim Kids

Don't delay and sign up today for the upcoming swim season at the Town Dock. Class times will be posted the Wednesday before the session commences. The forms are out and about for the new Red Cross Swim Kids program that will be offered over 3 sessions. Session 1: July 4 to 15; Session 2: July 18 to 29 and Session 3: August 1-12. For more information or to register contact the Rec office.
PhAT Camp 2005 - 2 weeks away

Get ready to go Medieval at our 3rd Annual Physical Arts Training Camp with instruction provided by X Company July 11-15 at Centennial School in Lac du Bonnet! Children ages 5 and up can take part in this week long camp full of martial arts, theatre, hip hop dancing, improve and drumming to name a few. Get in on the action and be a PhAT Camper this summer!

Karate Camp

Karate chop! This new camp will run August 8-12 from 10am to 1pm daily at Centennial School in LdB with instruction provided by local black belt Dave Ogren. Registration is limited to the first 20 PAID participants (5 spots left) So do not delay and sign up today. This camp is open to children, youth and teens ages 7 and up. All Lac du Bonnet Karate Club Tiny Tigers (aged 6) can participate in this camp!

Pinawa pool action

The pool is open! Program offered include the following: Aqua Fitness: 3 sessions per day 12-12:45pm, 1-1:45pm and 8:15-9pm. Mom's & Tot's will be June 20 - July 1 1:30-2pm and July 18 - August 26 11:30am-12 Noon To register for swim lessons, Aqua Fitness or Mom's & Tot's contact

Faith Perspective



by Pastor Jake Doell

What About Those Hypocrites?

As a pastor I hear different reasons and excuses why some people don't attend church. Probably the most common excuse is, "There are hypocrites in the church." Well the other day I read an article that kind of put that story in its right perspective:

"A Christian once visited a farmer to talk to him about Christ. "I wouldn't come to

church up there." The farmer said, "I know old so and so (insert a name) church goer who claims to be a Christian and So and So (insert another name) church goer who claims to be a Christian and they don't live any differently from me. I am as good as they are."

Everywhere the farmer went he told about the hypocrites in that church. Months passed and the Christian went to see the farmer again. "I want to buy a hog," said the Christian. The farmer showed all his best hogs to him.

Then they came to the runt. "I believe I will take that one," said the Christian. The farmer replied, "BUT you don't want that one. He is the runt of the litter." "I sure do" said the Christian. So they loaded the runt on the truck.

"Now" said the Christian, "what if I take this pig here

from your farm and ride all over the area telling folks that this is the kind of hogs you raise?"

"That's not fair," the farmer exclaimed. "I have some nice hogs and you want to show people that runt?"

The Christian replied, "If it's fair for the church it's fair for the farm!"

My friend if you have ever been tempted to use the "hypocrite" excuse for not going to church, remember that there are also many other folk who care for you and want God's best for you. The church consists of imperfect people who have committed their lives to Christ and are on a journey of faith and love to their heavenly home. We are committed to loving our neighbor as ourselves even when they struggle in their faith walk.

Connie at the LGD office at 753 5100.

Kids of Steel triathlon

Mark Saturday, July 9 on your calendars for the Pinawa Kids of Steel event. For more info or to register, contact Triathlon Manitoba at 925 5636.

Pinawa's Birthday Beach Volleyball Tournament

Do you dig volleyball? Grab a co-ed team of 4 and sign up on Saturday, July 16 at 12:30pm and then partake shortly thereafter in our annual tournament. On site registration and coordination will be taken care of by Brent's MYJC Odd Job Squad in partnership with Wpg River Rec District.

Southeast Blades add Assistant Coach

The Southeast Blades of the Manitoba Junior Hockey League are pleased to announce the appointment of Rick Shpiruk as Assistant Coach for the 2005-2006 hockey season. Coach Shpiruk brings to the Blades an extremely strong background as a player (he is an alumni of the MJHL, WCHL, CIAU and the SWHL), teacher of the game (course conductor for Hockey Manitoba and as a coach) and scout (the MJHL's Winkler Flyers).

General Manager and Head Coach, Ray Neufeld says, "The addition of Coach Shpiruk to the Blades off-ice team adds an extremely valuable dimension to our program and his awareness of the talent and attitude necessary for success is a great asset for our players and our program."

Recreation Re-Boot!

Pineview Recreation Commission

Summer holidays have arrived for the kids!! Now is the time to start thinking of ways to occupy them during the summer. We will be offering lots of fun activities for kids of all ages. Just call us at the Rec. Office for more information.

We are Moving

As of July 1st our office will be situated in the old Town of Pine Falls office in Pine Falls School. I may not have my phone hooked up until later in the week so if you have any questions or concerns you can call me on my cell @ 345-4689.

P.H.A.T. Camp

There is still space available for the Phat Camp (Physical Arts Training Camp). This was a huge hit last year with the kids and parents alike. X-Company from Winnipeg runs the camp and they are awesome! The kids learn funky dance, kung-fu, theatre and drumming. The camp runs from August 8-12 and you can register for the entire week (4 different classes per day) for \$120/week, or register for individual classes for \$50/week.

Swimming Lessons

There is still some space left in all the sessions. The first session starts on July 4th. You can check at the pool for session times or call Jenna @ 367-2627. There will also be a swim clinic at the pool on July 28th at 1:00 with an instructor from Winnipeg. It will run for two hours and the cost is just

\$5.00.

Aquasize

There will be Aquasize classes every Monday and Thursday beginning July 11th and running until August 18th. This is a fun and refreshing way to get in shape! For more information or to sign up for the class call Jenna @ 367-2627 or Ruth @ 367-9142.

Creative Writing

Are you an adult interested in improving your creative writing skills? We are trying to find a group of people (approx. 5-10) who may be interested in this course. It will be held on Monday evenings for ten weeks, at a cost of \$5.00/class. Anyone interested should call either Morris Guimond at 367-2551 or the Rec. Office at 367-9142.

Upcoming Events

Day Camps will begin July 4th. Check the calendar that was sent home with our Summer Newsletter to see if there is something going on that your child might be interested in. It will be a fun summer filled with lots of activities!!

Festival Chateaugay

Festival Chateaugay will be happening at St. Georges July 8, 9, & 10. Two of the events that the Rec. Department will be involved in are Bocci Ball and Beach Volleyball. You can call the Rec. Office to register for these events. Come out and enjoy the fun!!

Pineview Mixed Slo-Pitch 2005 News

Team	Games	W	L	Pts
St. Lunatics	15	13	2	26
Powerview Fire	15	13	2	26
Out of the Blue	14	9	5	18
Tipi Crawlers	13	5	8	10
We're not Poopie	11	4	7	8
Ole 304	10	0	10	0
Angels	11	0	11	0

Tuesday July 5

6:00 Angels vs We're not Poopie R
 7:15 Tipi Crawlers vs We're not Poopie R
 6:00 Fire vs St. Lunatics I

Wednesday July 6

6:00 Tipi Crawlers vs Out of the Blue R

Thursday July 7

6:00 Fire vs Angels R
 7:15 We're not Poopie vs Angels R
 6:00 Ole 304 vs St. Lunatics I
 7:15 Ole 304 vs Out of the Blue I

Monday July 11

6:00 Tip Crawlers vs We're not Poopie R

The Pineview Mixed Slo-pitch League will be participating the Festival Chateau Guay Baseball Tournament. The Powerview Fire, Tipi Crawlers and We're Not Poopie are participated. They are looking for one more team to make the maximum of eight teams for the tournament July 9th and July 10th.

Is your subscription due?
Drop in to our office
 51 Art Street, Powerview
Phone 367-9468, Fax 367-9974
 Box 550, Pine Falls, MB ROE 1M0

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.
PACE 10-71375: meets first Tuesday of the month. Chicken Chef. Powerview meeting room.
Prenatal classes: held regularly in your area. Please register with Gail 268-7465 or call your local public health nurse.
Library Allard: Tuesday 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 12:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 12:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.
Beaches Library: Tues. 9:00am to 12:00 p.m., Thurs. 4:00 to 8:00 p.m., Sat. 11:00 a.m. to 3:00 p.m.
Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.
Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.
Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.
Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.
Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.
Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 5:00 to 6:00 p.m.
Pine Falls Masonic Lodge #154: meets second Friday of every month. Pine Falls United Church, except January and February.
Madrimin: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.
Powerview garbage pickup: every Wednesday, recyclable pickup first and third Thursday of each month.
PAA: meeting first Tuesday of each month at 7:00 p.m.
Winnipeg River Senior Service Inc. Coordinator Ina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 1:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.
Village of Powerview: meets second Tuesday of each month.
Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.
AA & Al-Anon - The Beaches family group, Wednesday 8:00 p.m., Senior Scene, Victoria Beach, 1 Atch Road Harb 754-3173 or Alice 756-3933.
Happy Tots Day Care: 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.
Senior Scene Inc. #1 Atch Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.
Blue Water Support Group: meets every third Monday of the month 7:00 p.m. Wings of Power office.
Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.
Powerview Parent Advisory Council: meets first Monday of every month.
Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.
Pine Falls Library: open 3:00 p.m. to 5:00 p.m. Monday and Thursday, Weight Watchers Meeting Every Thursday - weigh in at 4:45 to 5:30pm, call Dolores for info at 367-2945.
Foster Homes: Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.
Child Health Clinics - will be provided by area Public Health Nurse every Thursday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info.
Weight Watchers: Effective October 8th Wednesdays at 4:45 weigh-in and at 5:30 Meetings.
Pine Falls Golden Leisure Club: Bridge 7:00pm Thursday, Canasta 1:00pm Friday, Whist 1:30pm Wednesday, Exercise 10:15am, Monday, Tuesday, Saturday, Crb. 1st Monday of Month at 1:30pm

Winnipeg River Church Services

NOTRE DAME DU LACS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon.
PINE FALLS UNITED CHURCH: Worship Service and Sunday School at 11:00 a.m. 367-2633. Everyone Welcome.
PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph 367-9520 Rector, the Rev. Sandra Tankard. Sunday Service at 9:00 a.m.
ST. THERESA'S: Masses at Notre Dame du Lac.
ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.
ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.
TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304 St. John's Evangelical Lutheran Church, Greenwald on Hwy #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682.
CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.
HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scanterbury, on Hwy. #59.
ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday Closed November 1 to April 30th.
ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations Sunday mass 10:00 a.m.
ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.
SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.
CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.
GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Cloudy for information 367-2531.



High waters cause damage on Hwy #11

Approximately 25 ft. of Highway washed out due to high waters along Highway 11 through Sagkeeng. Traffic was rerouted temporarily this past week through Sagkeeng while the closures were enforced until emergency road repairs were completed. Above Yves Normandin of Normandin Trucking and local highways worker assess the crater. The hole was approximately 25 feet wide and about 12 feet deep. High waters washed out culverts under the highway which caused the highway to become unstable.

RCMP need your help

RCMP Detached would like your assistance in solving the following offence.
 On Monday, June 20th, 2005, behind the local post office a vehicle was vandalized in the afternoon. 2 young males approximately 15 years of age were seen by the vehicle, 1 being native in appearance wearing a red cap, and 1 being a Caucasian in appearance wearing a basketball jersey. If you have any information on these suspects please advise the Lac du Bonnet RCMP at (204) 345-6311 or Crime Stoppers.
 We've also received a report of a 17' canoe found along the Lee River the Weekend of the 18th and 19th of June.



please contact the Lac du Bonnet RCMP if you believe it to be yours at (204) 345-6311.
 You can call Crime Stoppers at toll free 1-800-222-TIPS (8477).

Library Corner

Lac du Bonnet Regional Library

BLAST OFF! We're ready for take-off! This is our last invitation to sign up for the TD SUMMER READING PROGRAM which begins on Wednesday, July 13th with an activity session for children K to Gr. 5.....and on Thursday, July 14th for the Preschoolers Storytime! Enjoy a summer of space exploration by means of books, crafts, special activities, draws, contests and snacks! You can also sign up as a Reading Member only if you are unable to come to our weekly sessions. **READING is fun.....**and when the weather does not allow the outdoor activities you have planned, don't despair. Pick up a book and while away the hours!
 Adults can also learn more about our universe. Check out *The Universe and Beyond* by Terence Dickinson, and



when your family is travelling. *The Chronicles of Namia* are now ready for loan—all seven audio dramas have been recorded on nineteen CD's! Listen to *The Magician's Nephew*, *The Lion, the Witch and the Wardrobe*, *Prince Caspian, The Voyage of the Dawn Treader, The Silver Chair, and The Last Battle*.
 School is out and the kids are ready for a few "fun" titles: read a couple of new Geronimo Stilton books. Look for *The Mona Mousa Code*, and *A Cheese-Colored Camper*. A book by Rebecca Lisle looks to be an entertaining read for kids - read *Dogs Don't Do Dishes*. Enjoy the summer holidays!

On Parliament Hill



Your voice in Ottawa
Vlc Toews, MP for Provencher

Martin's fixes fix nothing

This past week, the Liberal-NDP coalition in Ottawa was put to the test in more confidence votes relating to the two budget bills in Parliament, C-43 and C-48.

The Conservative Party supported Bill C-43 - the original budget plan - because it included some worthwhile measures, and we have been successful in responsibly amending the bill to make it more fiscally sound.

However, the Conserva-

tives did not support the Liberal-NDP budget arrangement in Bill C-48 to eliminate tax relief for business and increased spending. C-48 represents the worst kind of free-for-all spending that led to things like the gun registry and the sponsorship scandal.

Even though these budget bills passed - both the Liberal budget and the NDP budget - it came at the expense of Prime Minister Martin's credibility as a fiscally responsible

finance minister. The Conservative Party will continue to hold the Liberals to account where spending is unfocused and wasteful.

Last week's Supreme Court decision on private health insurance was another critical blow to Paul Martin's credibility. It was Martin's gutting of the health care system that created the wait lists at the core of last week's decision. The Court was scathing in its indictment of the system under Lib-

eral governments: "The evidence in this case shows that delays in the public health care system are widespread, and that, in some serious cases, patients die as a result of waiting lists for public health care."

The Court's ruling has validated the Conservative Party position that flexible delivery options are required, and that they are completely consistent with a universal public health care system. The Liberals can no longer resort to fear-mongering that only they can stop health privatization. They have been responsible for the system's deterioration, and for the wait lists that cause people to look for other options. The public system should meet people's needs, not deprive them of treatment options.

Paul Martin can continue to talk about his mythical "fix for

a generation" that was supposed to have occurred last fall, but Canadians know the truth - that the system needs a real fix, not more Liberal rhetoric. Over a decade of Liberal waste, mismanagement and scandal has shown that billions of dollars sent to Ottawa would have been better managed if they were left in the pockets of hardworking Canadians and re-invested into Canada's public health care system.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 203-323 Main Street, Steinbach, MB R5G 1Z2, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net

**Advertising Deadline:
FRIDAYS BY 3:00PM**

The
Winnipeg
River

Echo

Call us with
your NEWS TIPS
367-9468

Pro Tips



Rob Hollins,
CPGA Head
Professional Pine
Falls Golf Club

Sometimes when we play golf, there are reasons for our problems that sound like excuses, but some are actually valid. Today's column will be a miscellaneous list of the unknown causes for problems

with our golf game (yes, these are all true!)

Eyewear can be a major problem, especially in the older population. For convenience in life, a lot of people chose bifocals for these glasses to aid them in everyday life, part for reading, part for normal vision. Some even wear tri-focals. These are one of the most detrimental things to a golf game that most do not know about. When a golfer is at the address position looking down at a golf ball, and wearing bifocals, it forces that individual to tilt his or her head down slightly more than they would normally so that they can see the ball out of the top part of their glasses. This causes the spine to slightly hunch over, resulting in a change in the golfer's swing plane to being more upright. When the golfer swings more upright, they "lift their head" (and the rest of their body), resulting in a poor shot. If you wear bi-focals, try playing without them on, or wear singular vision sunglasses. You will "see" a big difference.

Improperly fitting golf gloves are more of a problem than a solution to improving your grip on the golf club. Most of us see a good deal on a glove, and we buy it. If it is just a little bit large, no problem? Gloves are supposed to "fit like a glove", not be loose, especially in the thumb. Wearing a loose glove prevents a proper grip, and forces the other hand to more likely swing the club. And as stated in past columns, the glove hand is the

key to swinging the club on a consistent plane and path, in balance. If it is not a snug fit, or it is not a leather glove, it will not improve your golf, and therefore it is not any benefit at all.

Poor nutrition before and during golf will hurt you near the end of a round. While we all like a cool beverage or two while playing, improper hydration will affect your muscles, and sugar rushes make a temporary fix for hunger or lack of energy. Be aware of what can possibly happen during a round on a hot or humid day, and stay hydrated with a lot of water or other fluids like sports drinks, and healthier snacks like fruits and nuts (not the chocolate bar only).

Carrying your golf bag, while great exercise, should be done with a double strap. Single strapped bags with any weight whatsoever can cause your back some pain from the improper alignment it creates while walking the 4 miles or so required in a game of 18 holes. And most of this distance is seldom on level ground, hills being very common.

Pull carts are a problem mainly because of the name itself: pullcart. A cart should be pushed, because this allows the stronger muscles to do the work in an aligned manner. Pulling a cart makes a contorted spine do some work, and the last time I checked, the spine was not a muscle. I can't understand why golfers have back problems after these last two examples.

And these are just a few examples. My first column talked about the importance of proper

The Winnipeg Humane Society

The WHS is seeking Satellite Adoption Centres! If you own/operate a business of any type, a pet supply store or a vet clinic, call Melinda @ 982-3552 if this interests you!



Precious, 96540

This sweet little beauty was abandoned in the care of a friend when her owner went to BC on holidays; she called and said she wouldn't be back! This full grown, well-mannered dog listens well and enjoys affection; we are looking for a home with teenagers or adults only as she doesn't have the patience required for younger children. As a long-term resident, her fee is only \$88.06 and includes her spay, microchip & much more!



Me-Shoe, 105661

I survived a house fire but my owners could not longer keep me. Me-Shoe has lived with other cats (came in with 2 others) and longs for happy days with a loving family again. We're having an ADULT CAT SALE!! Adult cats 6 months of age+ are only \$25 from Monday, June 27 until closing Sunday, July 3; we are closed July 1 for Canada Day. This low price does not include our two week health period but does come with 6 weeks of free pet insurance. No rainchecks.

If you or your family are interested in any of the listed animals here or others at the shelter, you can call us at 204-982-3551 or Fax 204-982-2047

Lac du Bonnet RCMP Report



Report for the weeks of June 30 to July 3, 2005

June 27:

A caller contacted police to advise he was challenged to a fight at a local hotel but declined to pursue the matter.

Police responded to a report domestic situation in the RM of Lac du Bonnet. Ends up it was an argument between the couple.

June 28:

A report came from Pinawa about a theft of jewellery from a residence.

Several traffic reports were taken concerning vehicles striking deer, hit and runs and people reporting accidents af-

ter being unaware they are required to do so.

A call was taken about cattle that had escaped and the owner was trying to retrieve them.

Police attend to a false alarm at a local banking institution.

A vehicle struck a cow on Hwy 44 resulting in damage to the vehicle and the demise of the cow.

Police were advised that a number of windows had been soaped in Pinawa.

June 29:

Manitoba Hydro contacted police to discuss the possible

implementation of emergency plans in Pointe du Bois due to the excessive rainfall. Within 24 hours the emergency had proved to be unfounded and Hydro was able to handle the water volumes.

Police responded to a noise complaint behind the school in Pinawa. All parties were gone on arrival.

Police were advised the Cop sign at the Pinawa Gas Bar had been broken. Investigation is continuing.

Police responded to White Lake with Department of Conservation to effect a water rescue of a family. All were ok.

A lady reported her purse stolen at a business in town. The purse was misplaced and found and returned to the owner.

June 30:

It was reported to police that the Pinawa School sign had been smashed. Investigation is continuing.

Several accident reports were taken.

The Burger Boat was broken into in Pinawa. Investigation is continuing.

It was reported a male fell out of a window in the Cape Coppermine area. He apparently only had hurt his arm and the ambulance was dispatched.

July 1:

A vehicle was parked on a street in town and towed as it was not insured.

A male was charged in the Whiteshell Park for possession of stolen property after being found with a stolen boat and motor.

A vehicle was reported. He

stopped on a roadway and forgot to put his truck in park and it rolled into the ditch and submerged.

A local business reported damage to a fence.

It was reported to police that an individual and his neighbour were having a possible attempted theft.

A report was made to police concerning a hit and run that occurred in town but later the other party had contacted the complainant.

A complaint of shot being fired in Ste. Rita.

Police responded to a complaint in the Seddons Corner area of a male intoxicated. He was lodged in Beausejour.

It was reported to police that a number of youth were drinking in the downtown area.

Police and ambulance responded to an emergency of a woman in cardiac arrest on a boat in the Lee River area. Taken to Pinawa Hospital for observation.

July 2:

Police responded to a loud party complaint in town.

A business owner contacted police about a damaged flower pot overnight.

A caller advised he had his car windshield broken in town after being parked there overnight.

A woman contacted police about losing her Nokia cell phone in the town area.

A caller advised she thought a house might have been broken into in the White Mud Falls area. Police attended and the house was secured.

Police responded to a two

vehicle accident on PTH 313 at Wedigo Rd. Both vehicles were written off. No injuries.

Another caller advised they had their windshield smashed while their car was parked overnight in town.

Police responded to an illegal parking complaint and the offender was ticketed. Had two trucks been available the vehicle would have been towed. Was noted to have moved a half hour later.

A male reported being assaulted the night before. Investigation is continuing.

A lady reported having her purse stolen while at the beach in town.

A youth was arrested for allegedly threatening another with a broken beer bottle. Ends up it was only a confrontation and the youth was turned over to an adult.

Two youths were found in possession of a small amount of marijuana.

July 3:

A male was arrested at the beer gardens for being in possession of a knife in contravention of the Liquor Control Act. He also faces charges of Possession of a Narcotic, Breach of Probation and carry a Concealed Weapon.

Police responded to a loud party complaint in town.

Police responded to a complaint that a houseboat in Pinawa had items stolen from it. Investigation continuing.

Over the long weekend there were two escapes from Milner Ridge Correction but all four have been apprehended.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat
Cooking for better health Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168
PACE 1-1375: meets first Tuesday of the month. Chicken Chef. Power-view meeting room

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-7865 or call your local public health nurse

Lac du Bonnet Lions Club meets the first and third Monday of each month. 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed and Fri noon to 4:30 p.m., Sat 10:30 a.m. to 2:30 p.m., ph 345-2653

Great Falls Women's Institute meets first Wednesday each month 7:00 pm Great Falls Hall Pat 367-2586, Leone 367-8569

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:00 pm Legion Hall

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 pm Contact person 345-2664

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall

St. John's A.C.W. meets first Monday of every month 1:30 p.m., parish hall

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh Call Teri 345-8712

Lakeshore Al-a-Teen Group for further information, phone Kathie 367-8237 (evenings), Vickie 345-6520 (days)

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL
 Pastor Jake Doell, church 345-2934, home 345-9766
 Sunday, 11:00 a.m. - morning worship, 6:30 p.m. - Upper Room

LUTHERAN CHURCH OF THE CROSS
 Church/office 345-8654
 Sunday 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH
 Father Mirek Szyal, 345-2900
 Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass
 Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH
 Rev. Sandra Tankard 367-9520, church 345-2357
 Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

The ECHO

Is your subscription due?

**One Year
Subscription
One Low Price**

\$30.00 plus \$2.10 PST

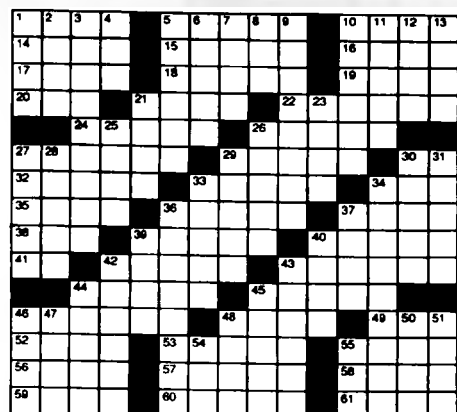
or mail to:

**Box 550,
Pine Falls, MB
R0E 1M0**

**Advertising Deadline:
Fridays by 3pm**

Email: theecho@mts.net

WEEKLY CROSSWORD



- 43 Pigtails
- 44 Move stealthily
- 45 Scottish groups
- 46 Pour wine
- 48 Ardor
- 49 Jump on one foot
- 52 Above
- 53 Mistake
- 55 Clinging plant
- 56 Fork prong
- 57 Hoist erect
- 58 Indian of Peru
- 59 Snow coaster
- 60 Spirited horse
- 61 Grows older

DOWN

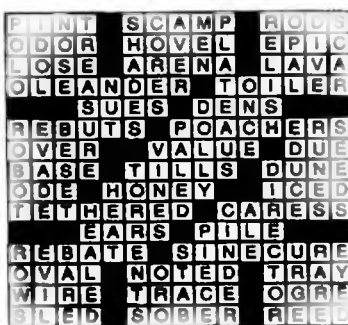
- 1 Sidewalk edging
- 2 Largest continent
- 3 Reprove sharply
- 4 Before (pref.)
- 5 Safe
- 6 By oneself
- 7 Skulk furtively
- 8 Fruit drink
- 9 Deserted
- 10 Swapped
- 11 Ranted
- 12 High cards
- 13 Saucy
- 21 Certain
- 23 Row of objects
- 25 Pleasant
- 26 Talk idly
- 27 Rose essence
- 28 Hum monotonously
- 29 Forest clearing
- 30 Assisted
- 31 Prophets

ACROSS

- 1 Bony fish
- 5 Dinner greenery
- 10 Snare
- 14 Consumer
- 15 Evade adroitly
- 16 Speed contest
- 17 Sweetly mellow
- 18 Centers of apples
- 19 Allege
- 20 Exclude
- 21 Scuttled
- 22 Most ancient
- 24 Harden to misuse
- 26 Wielded diligently
- 27 Regard highly
- 29 Magnificent
- 30 While
- 32 Vestige
- 33 Blackboard
- 34 Rival
- 35 Musical sound
- 36 Serving dish
- 37 Created
- 38 In addition to
- 39 Move smoothly
- 40 Stupid mistake
- 41 Scale note
- 42 Charm of movement

- 33 Glossy
- 34 Disappearing
- 36 Flower pots
- 37 Groan
- 39 Broad smile
- 40 Cereal product
- 42 Stared angrily
- 43 Sounded stidently
- 44 Stage setting
- 45 Shut
- 46 Specks
- 47 Wicked
- 48 Great Lake
- 50 At one time
- 51 "Two ___ in a pod"
- 54 Gnawing rodent
- 55 By way of

LAST WEEK'S ANSWERS



Did you Know?

MELANIE GRIFFITH'S MOTHER IS TIPPY HEDREN, BEST KNOWN FOR HER LEAD ROLE IN THE MOVIE "THE BIRDS"

SHANNON HOON, THE NOW-DEAD LEAD SINGER OF BLIND MELON WAS A BACK UP SINGER FOR GUNS N' ROSES ON THEIR USE YOUR ILLUSION



CRYPTIC PUZZLE

PDR DLBKR B JSC TSBW, PDR FSBR
NCHW JSC TZNN DLFR

Each letter represents another letter in the alphabet
See if you can break the code to figure out the famous quotation

Last Week's Solution

EVERY TIME THE LEOPARD ESCAPED FROM THE ZOO, HE WAS ALWAYS SPOTTED.

Weekly Echo Horoscopes

This edition covers the week of July 3rd to July 10th

ARIES (Mar. 21- April 20)
Look into events that you might find interesting, and compromise by doing a few things that you both like to do. Opportunities to make advancements through good business sense are apparent. Acceptance is the key.

TAURUS (Apr. 21- may 21)
Keep your cash in your pocket and offer them sound advice rather than your financial assistance. Use your charm, but don't be phony. Try to join groups of interest such as ballroom dance classes or perhaps an internet organization. Romantic encounters will develop through group activity.

GEMINI (May 22-June 21)
You will be relentless when it comes to getting yourself back into shape. Financial gains can be made through wise investments. Do not force your opinions on others the connections will be short lived.

CANCER (June 22-July 22)
Don't be alarmed. You could be emotional if you didn't take care of problems with loved ones. Take some time out. You can put in some overtime and make extra cash for those bill or that special project you may have.

LEO (July 23-Aug 22)
Talk to those in a position of power about your intentions. You may find that your mate is well aware of the circumstances. You could come into extra cash. Be prepared to make compensations and adjustments.

VIRGO (Aug. 23 -Sept. 23)
Stop those bad habits. You will have additional discipline that will aid you in your objectives. Opportunities to learn important information will surface through discussions with peers or seminars you attend. You may find yourself changing crowds.

LIBRA (Sept. 24 -Oct. 23)
You can pick up some overtime this week. Avoid lovers who already have a relationship, even if it is a bad one. Be an observer before getting involved. You need to spend some time pampering yourself

SCORPIO (Oct. 24 - Nov. 22)
Weigh the pros and cons and make a decision that will change the conditions you've been living under. Good friends or mates are not to be taken lightly. Life can be enjoyable if you play your cards right. Take time to finish small tasks and odd jobs.

SAGITTARIUS (Nov. 23 -Dec. 21)
Your charisma will no doubt attract a lot of attention. The stamina you possess will be apparent in your approach to life. If you are diligent you will get the results you seek.

CAPRICORN (Dec 22.- Jan. 20)
Social get-together will bring you in contact with intelligent new friends. Try to avoid any drastic/ decisions concerning personal legal matters. Use your obvious talent to work with detail and you can come up with something great.

AQUARIUS (Jan. 21 -Feb. 19)
You may have difficulty trying to get your mate to understand your position. Investments that deal with property will be lucrative; however, upsets with family members may be likely. You may find that someone you live with may be irritable; you're best to leave them alone.

PISCES (Feb. 20-Mar. 20)
Get involved in competitive sports. Friends will appreciate your attention and playful nature. You may be tempted to spend too much on entertainment or luxury items. You could pick up valuable knowledge through conversations with experienced individuals. Look into the cost factor, but don't try to get backing yet.

Echo Classifieds

For Rent
Office space for rent
 Above Pine Falls Post Office. c/w private washroom. For more information call Denis at 367-8651. TFN

For Rent
Woodland Place/DaleHaven Apartments. 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained, call after 6:00 p.m. 367-4922.

Miscellaneous
Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

Accommodations
Rooms and Suites for rent. Weekly and Monthly rates available. Hydro and satellite included, call Omer at 367-9991 or 367-4210.

For Sale
House for sale: 1200 sq. ft. bungalow with double detached garage. Home is situated on 9.5 acres. Two 40'X 40' Workshops, upgrades include, new Shingles and Siding, recent new Well and Septic Disposal. All for just \$124,900. Home is located 5 miles south of Gull Lake, Mb. Call 265-3529.

SILVER HAVEN MEAL PROGRAM
 Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling **Silver Haven at 367-4620**
Friday, July 8
 Soup, liver and onions, mashed potatoes, stir fry veg., fruit torte.
Monday, July 11
 Salad, roast pork, mashed potatoes, celery and carrots, fruit cocktail.
Wednesday, July 13
 Coleslaw, beef stew and dumplings, ribbon cake.

For Sale
 Danby 30", 4 burner and oven propane stove. 7.5 cubic foot propane fridge. Both in new condition, \$1000.00 for the pair. 204-437-4666 or 367-4859.

For Sale
House for Sale 1 1/2 storey, large corner lot, extensive renovations, \$69,000 offers call 345-8156.

For Sale
Resort Getaway Prize - 8 days - 7 nights, choose from a number of destinations, expires October 2005. Prize is negotiable. Call Wanda at 367-8586.

For Sale
12 ft. 2002 Lund fishing boat with 1987 10HP motor. Motor runs fine, boat is in good shape, asking \$1300 call Stephen 367-2772.

Prayer to the Sacred Heart
 May the Sacred Heart of Jesus and the Immaculate heart of Mary, be praised, adored and glorified throughout the world forever and ever. Amen. Say 6 times a day for 9 days.

Lawn Cutting Service and Small Jobs, call Mo at 367-8301.

Prière au Sacré-Coeur



Prière au Sacré-Coeur
 Que le Sacré-Coeur de Jésus soit loué, adoré et glorifié à travers le monde pour des siècles et des siècles. Amen.

Dies cette Prière six fois par jour pendant neuf jours et vos prières seront exaucées même si cela semble impossible. N'oubliez pas de remercier le Sacré-Coeur avec promesse de publication quand les faveurs seront obtenues. Remerciements au Sacré-Coeur pour faveur obtenue.

Advertising

The Echo Classifieds feature low, low rates. Advertise your birth announcements, weddings, birthdays, engagements, anniversaries and memoriams for as low as \$5.00. Cost to run a photograph is an additional \$5.00.

Obituary

Lorne Arnott Finkbeiner 1922 - 2005

He was a good and a gentle man, and he was the steadfast rock we leaned on.

Lorne Arnott Finkbeiner died June 23 in the Pine Falls Hospital after a brief illness.

He leaves to mourn his death, but to celebrate his life, his wife Shirley, his daughters Lorie Finkbeiner and Lisa Botsford, and three fine grandsons - Jamie, Stephen and Nicholas Botsford. Lorne was born June 14, 1922 at home in Isabella, Manitoba. He was the youngest son of Harry and Bertha Chapman Finkbeiner. In July 1948, he married Shirley Head of Strathclair and together they raised their two daughters, Lorie Ann and Lisa Kathleen. He taught them many things but they remember with a smile that he taught Lisa to pitch ball and to love fishing in the early morning, and Lorie to drive her first car with a standard gearshift and to use all the tools he made sure she had. His teaching career began with one year in Scarth, Manitoba followed by three years in Strathclair and five years in Virden, before teaching in Pine Falls for thirty-four years. In Virden and in Pine Falls, he was a teaching principal in the elementary schools. His lifetime as a teacher was vitally important to him. He was an innovative and energetic teacher and principal, and he remained always interested in the pupils he had taught.

He was a man of many talents and many interests. He golfed; he curled; as a young man he was a very good baseball pitcher. A summer at Banff School of Fine Arts, with instruction from A. Y. Jackson, was a lifelong favourite memory, and he painted in oils for many years after. He enjoyed photography and developed his own film and enlargements in his basement darkroom. When he retired, Lorne began wood carving and some of his work is now with friends in England, in South Africa, in Japan, and across Canada. Over the years, he built many pieces of furniture for his family and also found the time to build two boats. He was the unofficial historian for the United Church in Pine Falls and compiled a unique pictorial history.

Most of all, Lorne was a man of unshakable honesty and integrity, these principles guided his life.

Family came first for him. He wanted always to be able to fix everything for us, from broken toys to broken hearts. His daughters and his grandsons grew up believing he could - and would - fix anything. He loved us, and his caring was a constant in our lives.

In his memory, please do this one small thing. If you had a teacher who was important to you or who made a difference in your life, pick up the phone, write a letter, or visit - let him or her know. To a caring teacher, this is a gift of rare value. It always meant a great deal to Lorne to have people he had taught drop in to tell him what they were doing with their lives.

Our grateful thanks go to the staff at the Pine Falls Hospital. The care and compassion shown Lorne by all levels of nursing care and housekeeping staff; the care and understanding you showed each of us as you propped us up will be a forever memory. And for Lauren, Colleen, Deanna, and Jeanette, special thanks for your gentle care.

A memorial service to celebrate this man and his life will be held Wednesday, June 29 at 2:00 pm at the Pine Falls United Church. Flowers are gratefully declined; memorial donations may be made to a charity of your choice.

"Good night! Good night! As we so oft have said beneath this roof at midnight, in the days that are no more, and shall no more return. Thou hast but taken up thy lamp and gone to bed; I stay a little longer, as one stays to cover up the embers that still burn." — Longfellow

Commercial Printing

- Letterheads
- Envelopes
- Business Cards
- Rubber Stamps
- Brochures
- Invoices
- Placemats
- Instant Printing
- Raffle Tickets
- Posters
- Social Tickets
- Flyers



Call for a Quote on all your Printing Needs!

Advertising Deadline: Fridays at 3:00pm
The Winnipeg River Echo

Echo deadline for advertisements and submissions is Friday's at 3:00 p.m.

Flooding continues in many areas of Southern Manitoba

A flood warning continues for portions of the Roseau River watershed due to torrential rains of up to 125 mm received near the U.S. border southeast of Dominion City Saturday night.

This warning does not include the Roseau River itself but applies to northward-flowing tributaries of the Roseau River west of Tolstoi and most of the R.M. of Franklin.

The area is experiencing extensive overland flows and washouts. The flooding is expected to diminish today.

Levels of the Roseau River rose one to two feet from Gardenton to Dominion City due to the rain. However the river is now at its crest.

The dike at Dominion City was raised as a precaution. Rainfall across southern Manitoba yesterday ranged generally from five to 10 mm with some areas receiving 15 mm.

The rain was localized and has had a minimal effect on river levels in most areas.

The weather forecast for the rest of this week is favourable according to Environment Canada, with little or no rain expected across southern Manitoba.

Red River

Levels of the Red River rose 0.2 to 0.3 feet from Emerson to Ste. Agathe in the 24-hour period ending this morning.

Levels from St. Adolphe to the floodway inlet, and points from Lockport to Breezy Point, rose less than a quarter of a foot.

The level in the city of Winnipeg fell slightly and stood at 20 feet this morning.

The Red River is presently at or near its crest from St. Adolphe to Breezy Point. Additional rises of a quarter foot or so are expected from Emerson to St. Agathe.

This is the second highest level on the Red River in Winnipeg since the floodway was first operated in 1969. The level in 1997 was 24.5 feet. The usual summer level at The Forks is 6.3 feet.

This is the highest summer flood on record for the

Red River. Taking into account spring and summer floods, this is the seventh-highest flood in the past 85 years. Larger Red River floods occurred in the springs of 1997, 1996, 1979, 1974, 1966 and 1950.

The Red River in Manitoba is presently above flood stage at most points with agricultural flooding of low-lying lands near the river. Few buildings are threatened due to flood proofing following the 1997 flood.

Most tributaries of the Red River have now crested. However, minor additional rises are occurring on the Seine River from Dufresne to Lorette. Minor over-bank flows are still occurring on some streams. The downstream portions of many Red River tributaries are affected by backwater from the Red River and will decline as the river declines.

Pembina River

Significant flooding continues in the Pembina River watershed from Lorne Lake to Swan Lake.

Rock Lake is cresting today at 1338.5 feet which is six feet higher than the normal summer level and the second-highest crest on record.

A minor additional rise is expected on Pelican Lake which is about two feet above the summer target level.

Flooding of low-lying areas from Swan Lake to La Riviera and Windygates is expected to develop later this week.

Saskatchewan River

Levels of the Saskatchewan River and the lower Carrot River at The Pas rose 0.25 feet in the 24-hour period ending this morning.

Rises will continue until the crest is reached late this

week.

There is no change in the height of the predicted crest, which is 855 to 856 feet at Rall's Island.

The level this morning at Rall's Island was 854.9 feet. Dike construction and sandbagging of homes is complete.

Assiniboine River

The Assiniboine River was expected to crest at Miniota yesterday but a second crest on Birdtail Creek has caused a further rise at Miniota where the crest is now expected late today. The crest is expected at Virden late tomorrow and at Brandon on Friday.

Significant flooding of low-lying valley lands is occurring from Miniota to Grand Valley.

The river has now crested at PTH 34 and is expected to crest at Portage la Prairie later today with some flooding of farmland.

Levels from Baie St. Paul to west Winnipeg will be rising two to three feet this week as flows in the Portage Diversion are decreased, but flooding is not anticipated.

Souris River

The Souris River continues to rise at Melita where an additional rise of half a foot is expected when the crest arrives at mid-week. Flooding of farmland along the river from the U.S. boundary to Hartney will continue for the next two to three weeks.

Other Rivers and Lakes

Flooding continues along the Winnipeg River. The level at Nutimik was near 907.1 feet this morning. The normal summer level is 901.5 feet. High water levels continue to be experienced along the Nelson River due to high levels on Lake Winnipeg. Outflows on the lake are at the maximum

possible for the present lake level.

Most lakes in southern Manitoba are at unusually high levels with little change expected for the rest of July.

Manitoba Emergency Measures Organization The Manitoba Emergency Measures Organization (EMO) has

moved its mobile command centre to Deloraine to provide a location for co-ordinated provincial assistance to those affected by flooding in the area. To date, 13 rural municipalities have declared local states of emergency. The EMO Emergency Operations Centre in Winnipeg remains open.



Cottage for Rent

Cottage for rent in Belair. Only one minute from the lake, 10 minute walk to sandy playground beach and five minute drive to Hillside Beach

Three bedroom fully equipped cottage on wooded lot with 800 sq. ft deck. Available July 1 to July 30 Only \$600.00 per week, Longer rentals negotiable

Call 756-3057 or 756 3967.

BUSINESS DIRECTORY

Jen. C. Phillips RMT
Licensed Massage Therapist
CranioSacral Therapy Levels I & II
Remedial/Relaxation Massage Therapy
204-367-2141
at The Green in the Arts, Pine Falls

Cottage Country ELECTRICAL
Lac du Bonnet & Area Call for a Quote
Licensed Electrician 345 2892

EVERGREEN
www.evergreenrty.com

Windshield Replacement & Repair
All Your Autobody Needs
Country Cars
powerfalls AUTO BODY
Blair 187
P.O. Box 168
RUE 191
Phone 367-2677
Fax 367-2336

Rob Oakes
Sales Agent
Sales Office:
Pine Falls, MB R0E 1M0
Phone: (204) 345-4828
Email: roboakes@mts.net

Gilles Lamoureux
G's SEPTIC TANK CLEANING SERVICE
P.O. Box 305 PINE FALLS, MANITOBA R0E 1M0
PHONE: 367-4706

The Winnipeg River **Echo**
CLASSIFIEDS
\$5.00 for the first 25 words
15¢ per additional word
DEADLINE FRIDAYS AT 3:00 P.M.
Phone 367-9468, Fax 367-9974
Email theecho@mts.net

Physio at the Beach
Physiotherapy Clinic

Jenny Terrio Baturin
Physiotherapist
• Ph: 754-8165
• Fax: 754-2387
• #3 Sunset Beach
• Grand Marais, MB

TRY YOUR DRUGSTORE first
PINE PHARMACY
Open Monday to Saturday
9:30 a.m. to 5:30 p.m.
367-2611
DISPENSARY
367-2517

NEWS TIPS
Call
367-9468

Blue Water Physiotherapy

Phone: 367-2537
Please call for an Appointment

- Work and Sports Injuries
- Neck and Back Pain
- Acupuncture
- Orthotics
- Manual Therapy

Located on Highway #11 in Powerview

Celeste Basson
B.Sc.(PT), C.AFCI

QUICK SPA

Open 6 Days a Week
Mon - Fri 10am to 8pm Sat - Sun 11am - 5pm

Monthly Memberships \$75.00

Come try out the:

- Full body Massage Chair
- DOM Machine
- Chinese Chi Machine
- Gazelle
- Ab Sculpter

Book a full body workout in 90 minutes! Enjoy a full body massage, facial & manicure!

No appointments necessary!
Located in Pine Falls Strip Mall
Come down or call 367-9244

LIBERTY TAX SERVICES

Sandi Duval
Franchise Owner
367-4244

INCOME TAX SERVICES

BOOKKEEPING SERVICES

2 McDougall Ave
St. Georges, MB

BRYAN M. DAIEN
Denturist

Celebrating 20 years in business

Complete/Partial Dentures
Repairs while you wait
Relines (one hour)
Extractions/Restorations Arranged
SENIORS DISCOUNT

ON-SITE LAB
37 Third St. S. Beausejour

District Health Centre
Lac du Bonnet
2nd and 4th Tuesday of each month
268-3488

OAKES LAW CORPORATION

Barriester, Solliciteur, Notary Public
LAURIE A.E. OAKES, LL.B.

8-175, 11 Thuman Rd. Phone: (204) 367-2496
Powerview, MB R0E 1V0. Fax: (204) 367-2648
E-mail: oakes@lawcorporation.mb.ca

PREFERRED AREAS OF PRACTICE

- Civil Litigation
- Personal Injury/Slip & Fall Claims
- Autopac Claims
- Workers Compensation Board Claims
- Wrongful Dismissal
- Real Estate
- Wills and Estates

Call for a free initial consultation without obligation.

WILL ALSO CONSIDER FEES BASED ON A PERCENTAGE OF YOUR SETTLEMENT.

For All Your Grocery & Clothing Needs

PINE FALLS
387-2372

Northman

The Lakeview STEAKHOUSE

57 Park Avenue, Lac du Bonnet
Phone 345-8661

PINE FALLS SERVICE CENTRE

Monday to Saturday
6:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

SUBWAY

Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.

367-8803

Kevin MacDonald
LEVENE, TADMAN GUTKIN & GOLUB
Barristers & Solicitors

Lac du Bonnet every Tuesday
at Allan Holm Agencies
26 McArthur Avenue
11:00 a.m. to 3:00 p.m.

Powerview every Tuesday
at Powerview Agencies
2:00 to 7:00 p.m.

Lac du Bonnet 345-8479
Powerview 367-4455, 8450
or Winnipeg 1-204-957-6403

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)

- Autopac
- Blue Cross
- Veteran's Affairs
- Worker's Compensation

Phone 367-4858

No referral required Please call for appointment

Enjoy dual satellite reception.

Available at

DAVE'S NEW & USED FURNITURE

21 Art Street, Powerview, MB

Contact **Dave or Warren 367-2460**

The shape of the future.

Great Falls Foods

Highway 11, Great Falls
367-2976

OPEN 7 DAYS A WEEK

Winter Hours
Mon - Thur 8-6, Fri - Sat 8-8
Sun. 12-6

Having a Social Function?
Call us to look after everything for you
Ask us about delivery

The House of Quality

DAVE'S NEW & USED FURNITURE

JVC - HOTTOP - OZ - BUNKER - SANTA BEONDO

"For the Best Quality New & Used Furniture & Appliances... Call us First!"

367-2460
21 Art Street, Powerview
Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm

Country Concepts FAMILY WEAR & Accessories

www.countryconceptsbk.ca
367-2248
Located at Pine Falls Post Office Building

MacDonald Brown Rentals

Hillside Beach
756-8184

DR. ARNOLD ANDERSON

LAB ON SITE

Optometrist

Contact Lenses and Eyeglass Fittings

MANITOU LODGE PINE FALLS
367-2390

Monday - Friday 9:00 a.m. - 5:00 p.m.
Closed for lunch hour 12:30 - 1:30pm

Examinations done on Thursday

M&C Bruneau's PC SERVICES

COMPUTER REPAIRS & MAINTENANCE

Microsoft Certified Professional Systems Engineer

• HARDWARE DIAGNOSIS • HARDWARE UPGRADES • TROUBLE SHOOTING • SOFTWARE INSTALLATION • SYSTEM CONFIGURATION

Ph: 345-6876

Place your ad here!

Dr. Alan Grant DENTIST

Pine Falls Dental Clinic
36 Maple Street
(across from the Hospital)
367-4417
Tuesday & Thursday
10:30am-6:00pm

Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
367-2208
Monday & Wednesday
9:30am - 4:30pm

Brush & Floss

DENIS LABOSSIÈRE
LAWYER

Every Second Tuesday
at St. Georges Community Centre

CALL 925-1900
for appointment

Clark's Corner

DOMO Service Station

Convenience Store
Restaurant

Chester Fried Chicken

367-2238
Located at corner of Highways 11 and 304

Papertown

367-2261 Motor Inn

Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub

Home of **NITE** Night Club

TWISTERS WATER PARK

1 Mile East of Pine Falls, Hwy. 304 & 11

Broadlands Mall

Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm

Restaurant
Daily Specials
Open 6 am - 10 pm

367-4484

BIRCHWOOD MOTOR HOTEL

- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed

Traverse Bay
756-2596

OPEN YEAR ROUND

Manitou Lodge

Coachroom Restaurant & Lounge
Open 7:00 a.m. to 10:00 p.m.

367-2252 Wood Stone Baked
TAKE OUT PIZZA
Thick Crust or The Classic Coachroom Crust

Midwest INSTALLATION GROUP

Marc Fenez
367-9133
marc@midwestinstallation.com

Dispatch 866 745 7233
Box 659, Pine Falls, MB
R0E 1M0
www.midwestinstallation.com

Authorized Installations of Bell ExpressVu, Satellite, API Alarm Inc.
Security Systems, Camera and Access Systems
Distributed Audio and Video Systems, and Structured Wiring Design and implementation.

DARREL J. TARRANT CHARTERED ACCOUNTANT

Full Time office at Powerview Agencies, Highway 11
Ph. 367-9193, Fax 367-8616
New Lac du Bonnet Location,
11 Park Avenue, Lac du Bonnet (across from Royal Bank)
Wednesdays and by appointment. Ph. 345-9771

Personal Income Tax Planning and Preparation
Corporate/Business Accounting
Financial Statements, Audits, Tax Planning and Compliance

TURBO'S LANDSCAPING

- Mini Backhoe
- BobCat Work
- Landscaping
- Snow Clearing
- Tandem and 1 Ton Truck Available
- Rooftop Snow Removal
- Post Hole Drilling
- Brush & Lot Cleaning

Marc Pelletier PELLETIER ENTERPRISES
Box 146 St. Georges, MB R0E 1V0
Home (204) 367-4092
Cell (204) 345-3752

Powerview Dental Centre

277A Main Street, Powerview
Hwy 11 - Municipal Building
Monday - Thursday 9:30 a.m. to 4:30 p.m.

Dr. Mark Karpa
Dr. David Kindrat
Dr. Drew Dear

Emergency Care
New patients welcome

367-2815