



Lucky lotto winner in Stead

by V. Anderson

"I couldn't believe it, I was shocked to see I had a winner," said Eleanor Rachuk of Stead, Manitoba. Rachuk was the lucky winner of the grand prize payout of \$50,000 in the scratch game Crossword.

Last Sunday evening Rachuk's daughter Beverly brought home her mother's weekly tickets. "I always love to play the Crossword game, I buy three at a time, I sit and scratch the letters and cross out the ones I don't have, it helps me see the words better," said Rachuk.

On Sunday around dinner time Rachuk began to play her Crossword game, and wasn't feeling so well, so she went to lie down after dinner, she woke up about 11:30 that evening and continued to finish her scratch ticket game. She was happily unveiling the letters and thought she had nine words, which paid out \$1000, she calls to her daughter to come check the words and she counted 10 words, excitedly they both went over the ticket and

counted 10 words. "We counted and recounted those words, we were so excited we called Randy and Helen Mabb who own the Sherwood Grocery and Chipstand where the ticket was bought. We could not check it out that night, because the machine was not online. First thing in the morning Helen Mabb called and we went into the store and sure enough the Manitoba Lotteries Commission confirmed I had a winning ticket. We were all so excited," said Rachuk. "I usually am happy when I win \$10 on my scratch game, but to win \$50,000 was like a dream."

That day Eleanor's brother Martin Rach drove the family into the city to claim her prize.

The Rachuk's have made plans to do some home improvements. "We were going to paint the house, but now we will be able to get new siding, and windows for our home" said Rachuk.

When asked if she will continue to play her favorite game, she happily replied, "Every week"



Eleanor Rachuk of Stead, Manitoba, was a lucky Crossword winner when she scratched the perfect ten word score to cash in on the grand prize of \$50,000.

The bus stops here

Public hearings generate little response

by Jim Hampshire

There was no ground swell of support and there was no last minute rally by would be bus riders. In fact, if it wasn't for a couple of residents from the town of Pinawa, the public hearings concerning Greyhound's imminent final departure from the region wouldn't have had any public opposition whatsoever.

As it was announced last autumn, Greyhound is seeking to drop some bus routes around the province, including the 'number 11' route which services the communities of Pinawa, Lac du Bonnet and Pine Falls. According to Greyhound officials, ridership has dropped to the point where a small mini-van could better serve the region, as opposed to a half-million dollar diesel bus.

"Basically nobody is riding

the bus anymore," Greyhound spokesman Mel Levandoski told a small gathering in Lac du Bonnet last Thursday. "We need between 12 to 16 passengers per day on average to break even and we are averaging around five customers per day. Financially this isn't a viable situation and Greyhound Canada is forced to make changes."

Levandowski says that even though Greyhound is seeking to amend its service contracts in many communities around the province, he points out that a replacement service provider would have to step up to fill the void before Greyhound could suspend services on any route. Levandoski also noted that any changes in service by Greyhound would first have to be approved by the Manitoba Transportation Board, and

based on the public hearings in Pine Falls and Lac du Bonnet last week, some definite changes are on the way.

"If the travelling public was even remotely interested in the service Greyhound provides, we wouldn't be here right now," Levandoski said to the 15 people in attendance. "It is just unrealistic to send a \$500,000 dollar diesel bus down the highway when a smaller van would do the job."

During the past year, Levandoski says that Greyhound did in fact use a conventional van and cargo trailer for a couple of weeks on the Lac du Bonnet and Pine Falls route while the regular bus was in for maintenance. Although the smaller vehicle did help the bottom line somewhat, Levandoski says that using a van as a per-

See THE BUS/page 4

**Lac du Bonnet
Blues play-offs
Tuesday, March 15
at 8:30pm
LdB Arena**



ECHO MAIL

Letters to the Editor

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Change is inevitable

Dear Editor:

It happened again today. I was escorting a client to the door of my Toronto office when he noticed my University of Manitoba plaque hanging on the wall. "Kurt, are you from Winnipeg?", he asked. "No, I'm not", I said. "I'm from a little town outside of Winnipeg called Pine Falls. I grew up there. I had the most wonderful childhood there, and it will always be my hometown" I told the client.

"I've heard of it", he said. I was through that way about ten years ago... beautiful country you have up there". "Yes, I know", I told my client. As he left, I had a familiar smile on my face, thinking how many dozen times in the last seven years in Toronto I had met a stranger who knew of Pine Falls, and had been left with a wonderful memory about it.

Ask any one of the thousands of Pine Falls / Powerview alumni living across the country, and we'll all say the same thing. "Those little towns were a wonderful place to grow up, and we'll always be from there, no matter how far we move away, or how old we get".

After reading "The Echo" newspaper for the last year and following the changes, the time has come to write this letter. I offer my thoughts as a community member - perhaps a long distance one albeit, but still a proud and caring citizen that wants to see these towns succeed together.

Change and more change

Throughout history, change, difficult change is inevitable. Winnipeg didn't want to lose the Jets hockey team. Canada resisted official bilingualism for the longest time. North York and Scarborough didn't want to become part of Toronto. Today, it appears that some in Pine Falls fear losing their independence. This is human nature, and the passion that both sides exhibited is admirable. The reality, in my opinion, is that the time has come to build a larger, single community for the greater good. From all the debates, it is good to see the spirit of the communities still lives. Now put aside differences and forge a new team that is now focused on strengthening the community - all of it, for the good of everyone. You are stronger together, than you are apart.

I want to believe that most people of both communities are much like me: someone who sees one big community of friends. I grew up in Pine Falls from 1967 to 1985. My class in grade 10 was the first class to experience the combined Pine Falls / Powerview school system whereby we were bussed back and forth several times each day. Long before today's issues, we faced a forced combination and made it work wonderfully. From the time of being a little boy, to my high school graduation, and continuing today, I never saw two communities - I only saw one. There were never any turf wars. To me, we were just a whole bunch of people, living near a river. Even today, living in Toronto, two of my best friends continue to be from Powerview and Great Falls. We got along wonderfully in our merged world, simply put.

The Name Game

For the record, here is my opinion on the town name. Honestly, from a business perspective, I have to say that the name "Pine Falls" is nationally recognized. I have seen this first hand on the streets of Toronto and if commerce matters

to the community, consider that the name. I also feel that Powerview - Pine Falls together is effective, but a mouth full. With that said, Minneapolis-St. Paul and Fort William-Port Arthur have used hyphenated names for decades quite successfully.

Corporate Interests

With my career deeply rooted in the financial markets, I keep a close eye on Tembec internationally, and particularly on their overall finances as a company. While long time residents of Pine Falls feel let down by a company that appears to be turning its back on the town infrastructure, the only unfortunate conclusion to be drawn is "that's business". Worldwide, corporations regularly leave small towns completely, often polluted and full of unemployment. The decision to put cash into Pine Falls infrastructure was likely made in a Montreal head office, by someone who has never sat in the swings in the Village Green on a beautiful summer day. I prefer to look at Abitibi Price as a company that gave all of us a great quality of life for almost 80 years. I think Tembec has done as much as can be expected from a company under the financial gun, and who inherited these problems less than a decade ago.

Looking forward, the combined towns face challenges. The constant threat of the mill closing year after year has stifled new home purchases, killed economic development and sank home prices. In the status quo, the issues within the towns won't matter much if the larg-

est employer for the entire area leaves. While much of Canada has seen their home values rise, I would argue that Powerview / Pine Falls have not. As all Canadians striving to get ahead in this world, here are some things to consider as the combined town commences strategic planning for the future:

1. Diversification of Business: To achieve greater economic value in the community, the towns (including St. Georges, Silver and Great Falls) need to reduce the reliance on Tembec as an employer. New business development should be attracted to the area to create new jobs and diversify the job market. Over time this will create economic stability, consumer confidence and a rising standard of living. As well, local entrepreneurship should be encouraged and supported locally. Form a committee on business development and study towns like Neepawa, Gimli, Elliot Lake, Ontario, St. Catherines, Ontario and even Pinawa to learn how these small communities have become economic centers to be admired in the face of adversity.

2. Tourism as a Business: Like my client said above, the Winnipeg River region is beautiful country. Cottages are popping up everywhere. On a hot summer day, Grand Beach attracts 80,000 people to within 16 miles of Powerview / Pine Falls. Tourism is a huge industry, yet largely goes undeveloped in Pine Falls / Powerview area. There is an undeveloped riverfront that could be beautiful. Look for new ways to attract the beach communities into town offering food, entertainment, services and products. Look for communities that have been successful at this in Canada and copy their success.

Medical Wonders
 My Dad was in the hospital

See LETTER/next page

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Change is inevitable

from previous page

in Pine Falls recently, resulting in my own visits to the hospital to spend time with him. Having grown up across the

street, I have known how important the hospital is to the entire region. This is yet another pillar of the community that should be explored for providing yet greater economic and re-

gional importance to the combined town.

As I visited Dad, I learned that yet another Doctor was leaving, this time for Ontario. As someone from Toronto

Reader responds to "Flags at half mast" letter

Dear Editor,

This letter is in rebuttal to the letter in the March 8th issue of the Echo "Flag at half mast". I'm so sick and tired of people trying to stir the pot in this town and in doing so with such a tragic event. I've been living in Powerview/Pine Falls for over 8 years now. I have a home business and my husbands' family has a business in town. We have 3 children who are growing and thriving in the area. It's time for people to come together to make things happens instead of always being a critic.

I don't work at Tembec and have no family at Tembec but I know lots of people who work there and can tell you that the tragedy which occurred in Alberta was heartfelt throughout the entire area. I also know some RCMP officers and the

rest of the community also know some of these great men and women who put their lives on the line each day to protect everyone of us in this community.

The fact remains, when something like this happens usually its government offices that fly there flags at half mast. If you would have had a good look around it was pretty much only the government bodies that had their flags at half mast. However, I'm sure that if you would have phoned Tembec to let them know what you thought that they would have flown their flag at half mast. One thing I am certain of, this wasn't done to disrespect or down play this tragedy. The fact that you are using such a tragedy to try and stir something shows total disrespect on your part.

You are the one who

should be taking some time to think about the scope of this terrible incident and your absolute lack of respect. Shame on you!

I am proud of all the RCMP officers who serve this community. Thank you for working so hard to keep our community safe!

Also a proud Canadian!
 Natalie Lecuyer

where we have the same problems, I could sympathize with the town. We all know that government has no money to help. Again, I think it is up to the community to take care of itself. In southern Ontario, one little town came up with an effective way to find and keep doctors. They hunted out doctors on their own to come to the town and enticed the doctors with free homes, discounted vehicle purchases locally, discounted utility costs and more. In Canada you can't pay a doctor for services, but it appears you can reduce their costs! I thought this was brilliant, and a great demonstration of a motivated town striving to manage their internal issues.

My Alma Mater

Finally, a word about Pine Falls School and a topic that is close to my heart. In the last issue of "The Echo", I read about the discussions to close the school for good. As much as I welcome change in my life, even 1,000 miles away, my heart sunk when I read this. I support the decision, but I am strugg-

ling to put aside my 13 years of fond memories from inside that building. Even now, when I occasionally walk through the halls, I still recall stories from elementary school and high school, all the great teachers and all the sporting events in which I competed so emotionally in support of my community. Surely, as the school closes, there are other residents, past and present, who feel like me. So many other schools and towns carry such school pride throughout their life, yet our town and school memorabilia lies in a box somewhere...or worse, was thrown out already. Are there people who are willing to come together, as a committee, and create a historical society to preserve the memorabilia (pictures, trophies, banners, yearbooks and more - dig through that school basement!) from the school over the last 80 years? As a society you can likely get a charitable donation number and hand out tax receipts for money donated to preserving the school memories. If

someone takes up the challenge, I offer to write the first cheque in support. Don't let 80 years of history fade without the proper respect that thousands of students deserve.

Finally

In conclusion, as Powerview - Pine Falls embrace the change to become a stronger single community: I commend all the residents for taking this big step. Now I encourage the residents to grow your combined community economically, socially and culturally to be the largest and most respected community in southern Manitoba. Set your goals high.

This afternoon, as I watched that client leave my office, I thought about what he said. This man from Toronto, thought our little town by the river was beautiful country. What an impression to leave him with, without even trying.

Think about what you can accomplish when you try...

Kurt Rosentreter, CA,
 CFP, CIMA, TEP,
 FMA, CLU
krosentreter@barkshire.ca

Lacrosse Association spreads sport with unique system to provide gear

Manitoba Lotteries is pleased to pay tribute to the groups of volunteers who do so much to make Manitoba communities better. Each year, about \$4 million is raised by 400 community groups through MLC's Volunteer Bingo Program at Club Regent and McPhillips Street Station Casinos. We thank them for their work and wish them well.

Lacrosse, Canada's official national game, is growing rapidly in Manitoba, and it's largely due to an innovative program that gets sticks into the hands of kids anxious to try the sport.

Larale Higginson of the Manitoba Lacrosse Association says a program that has been in existence since 1990 has seen thousands more young people get involved, and many of them stay in the sport.

"Between 2000 and last year, our registration grew about 40 per cent and a lot of that is young people between nine and 16," she says. She gives much of the credit to an equipment loan program that makes it possible for young people to try the sport, and for schools around the province to teach it.

The association, which operates under the umbrella of Sport Manitoba, raises funds for the program partly through participation in Manitoba Lotteries Volunteer Bingo Program at the Casinos of Winnipeg.

Available equipment includes Inter-crosse sticks for a game that mimics lacrosse but is suited for entry level players. "It's a non contact version of the game, with equipment that isn't as rigid and softer balls, but the skills are the same," says Tammy. "Teachers feel a lot better about teaching it with this equipment than with traditional lacrosse gear."

The loan program also has equipment for both box lacrosse, the most popular version of the sport and played most often in hockey arenas, and field lacrosse, which is growing more popular in high school sports.

"Lacrosse isn't a high priority sport with some schools, but we find that having the equipment available to loan to the players makes it more popular," she says. "A lot of players at that level have their own equipment, but if they don't we can make it possible for them to play."

One recent success story is in Thompson, where volunteers revived the sport with a series of clinics and lessons. Last year, there were more than 225 young people registered to play at various levels in Thompson.

The MLC is responsible for the management and operation of Club Regent and McPhillips Street Station Casinos, the Video Lottery Terminal (VLT) network, sales and distribution of Lottery products, Bingo paper, and Breakopen tickets.

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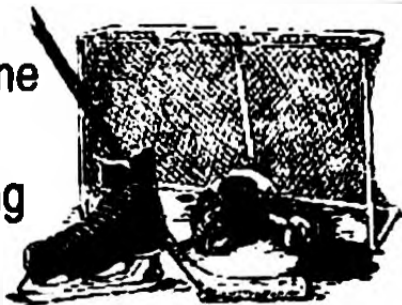


Hockey Finals

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Game Time
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 Sagkeeng
 Arena



Blues bounce back

LDB ties series at two after back-to-back wins over the weekend

by Jim Hampshire

It was definately what the doctor ordered: Take two games and call me in the morning.

The Lac du Bonnet Blues were able to do just that over the weekend, first showing some signs of life on Friday night by beating the Beausejour Stars at home in Lac du Bonnet, and then again on Sunday in Beausejour.

And not to be too confident here, but Lac du Bonnet easily outscored Beausejour in the last two games, sparking some to debate whether da Blues can bounce back a third time to win the fifth and deciding game in the series at home in Lac du Bonnet on Tuesday (Mar. 15) of this week.

The Blues began their comeback from elimination at home on Friday, when Tyler Tease and Jay Griffith each scored two goals to lead the Blues to a convincing 7-2 victory. The Lac du Bonnet squad opened the scoring early in the first period and never looked back. Already leading 2-0 heading into the second period, the Blues wasted little time re-

mindng the Stars who finished hiher in the regular season standings. In all, the Blues were able to score four more goals in the second frame to coast to a 7 to 2 win on home ice. More importantly, the Blues were able to generate some much needed team optimism after losing to Beausejour five times over the course of the regular season and first two playoff games, while only winning once all year.

To prove it wasn't a fluke, the Blues took their roadshow to Beausejour on Sunday and delivered a 4 to 1 wakeup call, which no doubt left Beausejour a little embarrassed. Unfortunately the scoring summary was unavailable as of press time but the two-game winning streak comes back to the Lac du Bonnet on Tuesday night and we can say confidently that Beausejour isn't at all happy about it after leading the series two games to none.

Game time is at 8:30 on Tuesday evening and the Blues invite Lac du Bonnet to come out and support the team in their bid to move onto the SIHL finals for the second year in a row



The Blues had a lot to celebrate over the weekend with back-to-back wins over the Beausejour Stars. The series is tied at two games apiece and the fifth and final game of the series will be played on Tuesday of this week in Lac du Bonnet



SUNRISE SCHOOL DIVISION

Please be advised the Regular Board Meeting of Sunrise School Division scheduled for **THURSDAY, MARCH 17, 2005 HAS BEEN CANCELLED** and Rescheduled to: **TUESDAY, MARCH 15, 2005 at 7:30pm** at the Sunrise Education Centre (MPR) 344 Second Street North, Beausejour, MB

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The bus stops here

Public hearings generate little response

from front page

manent replacement isn't an option for Greyhound.

"Using a van and cargo trailer would be a good fit for a smaller company," he explained. "Unfortunately Greyhound carries far too much overhead for this scenario to work."

Meanwhile those who did show up to voice their concerns, went home a little less concerned after learning that Greyhound

wasn't about to abandon the local route without approval from the province, and not before a replacement carrier could be found.

"We've been told we were losing service," Pinawa Councillor Lynn Patterson told officials from the Transport Board. "I've lived in Pinawa since 1963 and I've seen that residents don't always want to drive to Winnipeg, especially in winter conditions.

Rural Manitoba cannot afford to be without a transportation option."

It was also pointed out by concerned residents that a small replacement carrier could easily go bankrupt, whereas Greyhound garners a little more public confidence with its national reputation.

"In a situation where board approval is granted for change, Greyhound would continue to be responsible for that route and must reinstate its regular service to any route where a third party carrier fails," Transportation Board spokesperson Edna Krosney said in response. "Greyhound Canada would have to come back to this board



Mel Levandoski and Alex Brandt speak on behalf of Greyhound, as the company is seeking to amend service in the region

and apply once again before it could drop the route entirely."

The Manitoba Transportation Board will be holding public hearings around the province

through to the end of April. Until then, the board is not willing to commit one way or the other on how it will decide on the local bus route.

"We still have a lot of work ahead of us and we will look very hard at what will be the right fix for each individual route," Krosney said on behalf of the board.



Manitoba Transportation Board members Jacques Samyn, Edna Krosney and Lorene Mahoney look on as residents voice their concerns in Lac du Bonnet last week

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Fishing derby frigid once again

Cold hampers crowds at Lac du Bonnet derby

by Jim Hampshire

If the Lac du Bonnet Ice Fishing Challenge didn't have such terrible weather each year, it probably wouldn't have any weather at all. At least that's how it seemed, as yet another blast of Arctic air swept through the province over the weekend, dropping daytime temperatures into the minus teens.

Of course windchill watchers would tell you the temperature felt 20-degrees colder, but that didn't seem to phase the estimated crowd of 2,000 who spilled out onto the ice in front of Lac du Bonnet at 8:00am last Saturday. For them, it was a chance to win some big loot, and the real chance to be stricken with a disfiguring frostbite was far down the list of items to be concerned about when \$20,000 dollars is on the line.

By the stroke of noon, all anglers were seen hunched over their chosen icehole, waiting tediously for the starting gun to sound. There they were, frozen in the moment, and anxious for the chance to drop hook, line, and sinker into this fierce competition.

And with the crack of the gun, they were off and it was a race to the bottom. Some anglers would jig, while some would jag, but all could be heard murmuring under their voices, prodding that one prize pike lurking down below the ice surface.

As many in attendance on this day know, ice fishing is a time-consuming process, where a great deal of patience is required to be successful. Only the true angler knows of the enormous commitment it takes to choose the perfect bait and present it properly in an underwater environment. Experts in the field say it can be a painstaking ordeal, needing hours of undivided attention in order to be successful.

Or you could be like Kevin Tkachuk and catch the big fish just five minutes into the tournament and by-pass all the dramatics. According to Tzchachuk, he snagged the 14.5 lb Pike early, giving himself the rest of the afternoon to ponder his possible winnings.

"The derby was over at 12:05 (pm) for me," Tkachuk laughed after receiving his

cheque for twenty-grand. "At that point I was ready to pack it in and go to the bar because I had a feeling no one could beat that fish."

And nobody really did. The nearest competitor weighed in a 11.6 lb Pike, almost three pounds of the winning pace, but still good enough for the \$5,000 cash prize which accompanies second place.

Third place saw a further slide down the fish scale, where a 8.93 lb Pike held on to land the cheque for one grand.

On the local front, it is not known if any big derby prizes were handed out to any regional residents as a list wasn't made available as of press time. We can confirm, however, that local resident Carrie Toker won the annual Lions Club draw for \$1,000, while another local, Bill Russell was drawn to win a free pass to next year's fishing derby, courtesy of the Lac du Bonnet Youth Centre.

As always, organizers from Ernie's Bait and Tackle complimented the local volunteers, who work to drill the holes and help set up to make the

derby happen. Host Allan Kaplan says the derby will be entering its tenth year next year, and it is because of the hard work on the local level that the Ice Challenge continues to be a success.

"Not many of these derbies have a life longer than a few years because it takes a lot of work to host them," Kaplan said over the weekend. "It takes a community of volunteers and this town always shows great support."

If there's anything the derby does lack, Kaplan says it is good weather.

"It was a good turnout but you have to consider the weather does a lot to harm us," he explained. "I think we could almost double attendance if we could only get a sunny mild day for a change."



It was fairly easy to spot the winner of the Lac du Bonnet Ice Fishing Challenge, held last Saturday. Kevin Tkachuk of Winnipeg looked quite satisfied with himself as he made his way to the stage to pick up the \$20,000 first place prize.

Do you have a great project idea?
Find out how you can tap into resources
to bring the project alive!



The Manitoba Model Forest Presents:

Eastern Manitoba Funding and Resources Forum

Learn about the organizations and programs available to help individuals, communities and community groups with projects in the Eastern Manitoba region.

Find out how to access funding and technical support in the following program areas:

- ▾ agriculture ▾ economic development
- ▾ heritage resources ▾ tourism ▾ recreation
- ▾ improvement and protection of the environment

Information displays and organization representatives will be on hand to provide assistance and answer questions.

Thursday, April 7, 2005

10 am. - 4 pm.

**Great Falls Community Center
Great Falls, Manitoba**

Residents, communities, and community groups in eastern Manitoba are encouraged to bring their project ideas, submissions and questions to the Eastern Manitoba Funding and Resources Forum.

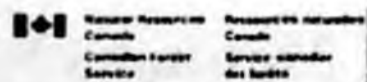
For additional information about the Forum, contact the coordinator:
Carissa Wieler, e-mail: carissa.wieler@shaw.ca Tel: (204) 668-1583

Or contact the Manitoba Model Forest offices.

Tel: 204-367-5232 Fax: 204-367-8897

P.O. Box 6500,

Pine Falls, Manitoba R0E 1M0



St. Patrick's Day SUPPER

March 17th, 6:00pm
Pine Falls Legion

Catered by
Diane
Thomas

**Tickets
\$12.50 each**

Limited Seating...
Get your tickets early!

The Daffodil Tea & Bake Sale

Pine Falls
Legion Branch
& Ladies
Auxiliary

**SILENT
AUCTION**

March 19, 2pm to 4pm

Gelean rink wins Pine Falls Mixed spiel

Twenty teams entered this years bonspiel, held on the weekend.

Kerry Gelean from the beaches area skipped his team Lori Chartier, John Folster, and Jessica Featherstone to victory over local team Jack Bonekamp, Kim bonekamp, Rick Rusk, Annie Lamoureux. B-side winners were Guy Borlase, Dawn Nault, Bob Vincent, and Janice Papineau who beat out Bob Nault, Bonnie Borlase, Greg Smith, and Jan MacCuish. C-side winners had two teams from Lac du Bonnet vying for top spot with the Nick Ogryzlo, Val Ogryzlo, Peter Humble, and Valarie Anderson team beating out Cliff Veilleux, Alice Meade, Art Meade, and Gwen Veilleux in a closely played match.

Organizer's put on an excellent weekend for all to enjoy. Friday nights "Fun Skills Competition" was won by the Jeff Pluchinski, Kathy Gauthier, Paul Durocher, and Sandy Martin team. Saturday's spectators got to see some great curling throughout the day. Curlers worked up an appetite and were treated to

a delicious meal, provided by Bostrom's. During the evening everyone had a terrific time dancing and listening to local band General Lee. Musicians Lawrence Patzer, Dan Polischuk, Richard Papineau, Gary Anuik, and Dave Turney put on a great show. The band was joined by guests Bill Johnston, Sean Keiths, Wayne Martin, Stephen Polischuk, and Khale Richardson much to the crowds delight.

Special thanks goes out to staff and volunteers at the Pine Falls Curling Club, your hospitality was outstanding.



Winners of the Pine Falls Mixed Bonspiel (left to right) Skip - Kerry Gelean, Third - Lori Chartier, Second - John Folster, Lead - Jessica Featherstone



C-Event Winners (left to right) Skip - Nick Ogryzlo, Third - Val Ogryzlo, Second - Peter Humble, Lead - Valarie Anderson



B-Event Winers (left to right) Skip - Guy Borlase, Third - Dawn Nault, Second - Bob Vincent, Missing Lead - Janice Papineau

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QUICKSPA Client Testimonials...

After working out one month at Della's Quick Spa for 5 days a week and following the Dr. Phil program. I am sleeping much better, my energy has doubled and I feel 10 times better. I love it and it works!
I have lost an amazing 25 pounds. I have lost 6 1/2" on my waist, 4 1/2" on my legs, 3" on my arms, 2 1/2" on my chest. This is a total loss of 16 1/2". I feel great!

Rose Chevrefils

After joining the Quick Spa for just 3 weeks, I have lost 22 pounds. I also lost 3" on my waist, 3" on my chest, 1" on my hips and on my left thigh I lost 5" and on my right thigh I lost 4", for a total of 16 inches. I have followed a healthy diet and came faithful to the spa everyday, 6 days a week. Della has been very supportive and encouraging me every step of the way. I not only feel phenomenal, but I have gained more confidence in myself. I feel so happy now and I could kick myself for not joining sooner.

Brenda Broza (Peltier)

I've been working out regularly about 5 times a week doing a variety of activities to keep in shape. I've tried many different machines and have been a member at different clubs that had everything to offer. I got bored doing the usual ones, treadmill, bikes, climbers and then enjoyed running, biking, skiing and free weights. Although this routine served me well it didn't challenge me and I was at a stand still. When I walked into Della's spa I was skeptical that a little 10 minute workout on the R.O.M. And her other interesting machines would give me results because I usually worked much longer than that, but WOW... I am impressed. I noticed a difference in my overall shape in just 2 weeks compared to the last 4 years of my regular exercise routine. I am working out less and getting an awesome workout. I have more energy and now am using my time more efficiently. After 3 children, my toughest areas, my abs (which I gave up on) once again Della's machine's are giving me results. I also don't have my usual side effects of exercise which used to halt my routine such as shin splints, sore back and muscles and joint pain. Thank you Della for taking my fitness to the next level.

Karen Moreau

Southeast Stars going to the finals

by Marc Nolin

The Stars are going to the finals against Sagkeeng on March 15th, 7:00pm at Sagkeeng Arena.

It is going to be a heck of a series. Sagkeeng are undefeated in the season and have a very good team. But don't count these girls out just yet, they are the only team to give Sagkeeng there monies worth tying them 9-9.

Coming off a series win against Lac du Bonnet, the

Stars are ready to play. I have no doubt the girls can beat this team, but it is going to take a team effort to shut down the high powered defence.

Both teams have improved tremendously since the start of the season, so it is a show down between the two top teams in the league. It is going to be a barn burner. Don't be disappointed and come out and cheer on your team. Good luck to both teams.

Local bands rock the house

submitted by Marc Nolin

It was an overwhelming turnout at the Pine Falls Legion on Saturday, March 5th for the Fundraiser. With the Legion struggling to stay above water, local musician, Alan Houston decided to help put together a fund-raiser.

Alan along with many local talented musicians decided to have a jam session at the Legion to see what kind of response they would receive in helping our local legion.

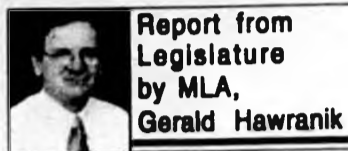
When asked, Alan responded "We definitely didn't expect 150-160 people cheering, clapping and screaming as

we played."

When speaking with President Cliff Rideout about the turnout, Cliff was amazed with the response these local musicians received.

It was nice of Alan, Rob, Lance and all their bands to help raise money which was well needed. As I sat there listening to these local bands play, I kept asking myself why are these local musicians not asked to play in our own community, like the bars that pay thousands for out of town bands and not to mention the 4P Festival. Let's face it we're all tired of "Free Ride"!

Report from Legislature: Regional Health Authorities in need of review



Report from Legislature by MLA, Gerald Hawranik

Health Care is the single most important issue to Manitobans.

Health Care in Manitoba is currently run by Regional Health Authorities, and in Northeastern Manitoba, it is run by NEHA (Northeastman Health Authority). Prior to NEHA, Health Care facilities, for the most part, were administered by local hospital or care home boards. The message that I have been hearing over the last few years is that Regional Health Authorities are not working.

The frustration level among doctors, staff, patients, local councils and communities is immense. Communities see their hospitals as an essential link to their future and to economic stability and growth. The Regional Health Authorities readily admit that they have no concern about economic growth or even survival of communities. Their mandate is to provide health care at the cheapest possible rate.

They are failing at this task.

It was a Conservative government that set up Regional Health Authorities in 1997. It wiped out the deficits of local boards and promised to never again put health deficits back on to Municipal councils.

However, the system was supposed to be revised after 5 years, in 2002. The Doer government has never conducted a review, and it is now 2005! The people of Northeast Manitoba have conducted their own review by observing the health care decline, and they want the Regional Health Authorities changed big time! Vera Kerr's letter to the editor in the Echo is only a symptom of the problem! She states that in Pine Falls she has had a family physician for 10 years prior to NEHA. Since NEHA took over, in 1997 (only 7 years) she will be treated by her 4th physician. In other words, NEHA is going through doctors like water through a sieve!

Communities are tired of footing the bill to recruit more doctors, only to have doctors leave after a year or two to go to another community, or even out of Province. We need to educate more doctors at the

University of Manitoba, and pay their tuition, in exchange for working at least 5 years in Rural Manitoba and in particular in our Constituency!

Regional Health Authorities appear to be very top heavy in administration, and many unnecessary administrative positions need to be converted to front-line services. Waiting lists are very frustrating - MRI diagnostic waiting lists are up to 17 weeks, and hip and knee waiting lists are up to 2 years. This is completely unacceptable to me, and should be unacceptable to you!

Vera's letter makes a very valid point! Why are members of our Health Authority appointed by Doer? They are too busy protecting their political party! The Board members of NEHA should be elected, and then they would have to account to us!

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



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MJHL Working Overtime

After the first eight games of the 2004-2005 MJHL playoff series, five games have gone into overtime, with one game from the series being decided in sudden death. The first overtime game was Game 1 of the first round series between the Winnipeg South Blues and the Selkirk Steelers. Game 2 of the first round series was also an overtime game. In other two series, overtime games were both decided in the first overtime period with Selkirk taking Game 1 from the Blues and Selkirk beating the Winnipeg South Blues in Game 2 of the series.

During the MJHL regular season, 36 out of 248 games went into overtime. Twenty-five of those games ended in a tie while 31 were settled in the five minute overtime period. Hockey fans in all MJHL playoff arenas are getting more than full value from their hockey dollar.

Faith Perspective

by Pastor Jake Doell

"Full Gospel or Lite Gospel?"

Today when you shop in a grocery store you see many products that are advertised as "lite." These are similar to the original product but "lite" in the calorie content. While that might work for food and drink products, it doesn't apply to the message of salvation given to us in the Bible. The full version of the gospel of Christ is: "That if you confess with your mouth the Lord Jesus and believe in your heart that God raised Him from the dead, you will be saved." (Romans 10:9)

The gospel that the Bible declares is not a message that can not be altered to suit our modern appetites. The "lite version" of the gospel is that God loves everyone and therefore accepts everyone just as they are. The message of God's love is a statement of fact but it is only part of the gospel story. The same Bible that tells us of God's love (John 3:16) also tells us that "the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." (Romans 6:23) You see God paid a tremendous price for you and me to be saved from the penalty of our sins. He sent his only Son Jesus Christ to take our place on the cross and die for us so that by faith in Him and his death and resurrection, we can be saved. You see the "lite version" of the gospel would tell us that if we believe that God exists and try our best and do good things that God will accept us. In Isaiah 64:6 we read; "All our best deeds of rightness and justice are as filthy rags." (Amplified Bible)

My friend what would you say of your doctor if he had a medicine that would get you well again, but it had a strong bitter taste to it, so he prescribes a "lite" version of it so that you like the taste of it. Problem is you don't get well and remain in a state of sickness. You'd probably tell him to give you the "full" version so you can get well again. If we do that for our sick bodies, why would we do it any different when we are dealing with our sin sick souls? Why would we prescribe a "lite" gospel when it can't heal our broken souls? Let me encourage you to place your faith (complete trust) in Christ's death for you and that He rose again on the 3rd day. If someone gives you a "lite" version of the gospel, it might taste better than the "full" version, but it will not make you well. Only faith in Christ and his death and resurrection will heal you of your "sin sickness". "Lite" might work on the grocery shelf but it doesn't work for the salvation of our eternal souls.

Library Corner

Lac du Bonnet Regional Library

Just a couple of weeks until Easter and this year the children's Spring Break is a part of this long weekend! The school year is moving along so quickly, and we have so many new books that youngsters should be reading in conjunction with school projects!

Read for information - check out nature topics such as *snakes (their life story)*, *dolphins (and what they can teach us)*, *watching water birds*, *animal look-alikes (compare bees and wasps,*

crows and raven, cheetahs and leopards, alligators and crocodiles....just to name a few!).

Learn about the past in books such as *On Juno Beach (Canada's D-Day Heroes)* by Hugh Brewster; *Castles & Forts* by Simon Adams; *Navajo Long Walk* by Joseph Bruchac; *The Return of the Buffaloes* by Paul Goble; and *The Inuit: Ivory Carvers of the Far North* by Rachel A. Koestler-Grack.

Hope it's not too late to think about science fairs - check out



Quick-but-Great Science Fair Projects by Shar Levine & Leslie Johnstone. Discover the courageous world of the rescue services - from life-saving techniques to the latest technology in *Rescue* by Claire Watts. *Space & Art Activities* by Polly Goodman is a way of linking art to the world around us.

Get the inside scoop on the young Prince William in this kid's book entitled *Your Unofficial Guide to Everything Wills*. Find out about his likes and dislikes, his schooling, hobbies and what's in store for his future!

Skateboarding by Mike Kennedy explains "everything a skateboarder would want to know about the sport, from the history of skateboarding to information about professional riders."

For young aspiring artists, we have *Kids Draw Baby Animals* by Christopher Hart. Learn some basic drawing skills that will help bring your characters to life. Get creative with a help from some of the many how-to-draw books in our library!

Anytime is a good time to stock up on reading material. And if you don't have time to read much but spend considerable time travelling, be sure to check out the audio books that are available. As always, we boast "something for everyone" on our shelves. Check it out!

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PINE FALLS Operations

TEMBEC REGIONAL DEVELOPMENT FUND

The Tembec Regional Advisory Committee supported by Tembec has established a fund to promote an improved quality of life for the region in the areas of health, education, recreation and the environment, with a view to increasing economic, social and cultural benefits.

A limited number of grants up to, but not greater than \$10,000.00 will be awarded on a quarterly basis.

Preference will be given to requests that benefit a larger area within the region and/or affect a larger number of people.

Background information, eligibility criteria and application forms are available from Tembec Paper Group - Pine Falls Operations at the front desk or by calling Daphne Webb at 367-5202 or email: daphne.webb@tembec.com

Applications in writing will be received by sending to the attention of:

Tembec Regional Advisory Committee Donations
Box 10, Pine Falls, MB R0E 1M0
Email: daphne.webb@tembec.com
Fax: 204-367-2442

The TRAC Donations Committee will meet quarterly to review and approve donation requests. Deadline for applications will be:

March 31, 2005
June 30, 2005
September 30, 2005
December 31, 2005

Winnipeg River RCMP Report

The week of March 7th to March 12th, 2005



GENERAL: The Winnipeg River Detachment sends a belated thank you to Ed

"Chic" DESAUTELS for his part at the opening ceremony of the Rob THOMAS ME-

MORIAL HOCKEY TOUR-NAMENT. "Chic" had short notice for attending the event but was able to provide a fitting and well chosen prayer!

crews when a chimney fire broke out at the former "northern" store building. The building was undergoing renovations at the time.

- a spousal assault occurred outside a local business. Investigation continues.

BLACK RIVER- a complaint of threats being uttered in a domestic situation is still under investigation.

SUMMARY: - police also did 7 assistance files for probation services, other detachments and Winnipeg police services, 5 traffic accident reports and issued 6 tickets under the HTA.

Police request that if you have any information with any of the above noted incidents, or any other criminal matter, you are asked to call the Winnipeg River Detachment at 367-2222 or you can remain anonymous and call Crime Stoppers at 1-800-782-8477.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 10-71375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly in your area. Please register with Gail 268-7465 or call your local public health nurse.

Library Allard: Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 12:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 12:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tues. 1:00 to 4:00 p.m., Thurs. 4:00 to 8:00 p.m., Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m. **Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 5:00 to 6:00 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month. Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month.

PAA: meeting first Tuesday of each month at 7:00 p.m.

Winnipeg River Senior Service Inc. Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Village of Powerview: meets second Tuesday of each month.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches family group. Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road, 756-8018 or 756-2101.

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare **Senior Scene Inc.** #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.

Blue Water Support Group: meets every third Monday of the month 7:00 p.m. Wings of Power office.

Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Monday of every month.

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday. **Weight Watchers Meeting:** Every Thursday - weigh in at 4:45 to 5:30pm, --call Dolores for info. at 367-2945.

Foster Homes Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Child Health Clinics - will be provided by area Public Health Nurse every Thursday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info.

Weight Watchers: Effective October 8th Wednesdays at 4:45 weigh-in and at 5:30 Meetings

Pine Falls Golden Leisure Club: Bridge 7:00pm Thursday, Canasta 1:00pm Friday, Whist 1:30pm Wednesday, Exercise 10:15am, Monday, Tuesday, Saturday, Crib, 1st Monday of Month at 1:30pm.

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Worship Service and Sunday School at 11:00 a.m. 367-2633. Everyone Welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-9520 Rector, the Rev. Sandra Tankard. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus.

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais. Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantbury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goady for information 367-2531.

MARCH 7: **HOLLOW WATER-** police are still investigating a report of threats being uttered to 2 youth by an adult male. The incident occurred after the man's dog was teased by the youth.

FORT ALEXANDER- culprits broke into a shed and stole numerous hand, garden and lawn tools.

- 2 spousal assaults are still being investigated by police. 1 female was taken to hospital for treatment and later released. Both male spouses in these incidents have been charged accordingly.

MARCH 8: **PINE FALLS -** police assisted emergency response

MARCH 9: **FORT ALEXANDER -** theft of a snowmobile occurred in the early morning hours.

- police picked up an intoxicated male and lodged him in cells for his own safety until morning.

HOLLOW WATER- a complaint of harassing phone calls is still being investigated by police.

MARCH 11: **PINE FALLS -** an incident of mischief was reported for information purposes.

BLACK RIVER- police are still investigating a spousal assault where a male attempted to choke a female.

MARCH 12: **RM OF ALEXANDER**

Legion news



by Sharon Mignon

We would like to thank the local musicians and all who attended the Rock for Relief Night on Saturday, March 5th. The feedback was that everyone had a great time and the local talent was tremendous. Plans are to hold another Rock Night on Saturday, April 30th so be sure to mark this date on your calendar. Plans are being made for a Car Rally on Saturday, April 16th. More details will be forthcoming.

Tickets are available at \$12.50 each for our St. Patrick's Day Supper on Thursday, March 17th at 6:00 pm. This is being catered by Diane Thomas. We are hold-

ing a Daffodil Tea & Bake Sale on Saturday, March 19th from 2:00pm to 4:00pm. There will also be an silent auction held. Our 16th annual bowling fun tournament will be held on Saturday, April 2nd. There will be two shifts of 1:00pm and 3:00pm. Sign up sheet is posted in our Legion. Cost is \$14.00 per bowler and covers dinner, bowling and prizes. Guests for the meal are \$8.00 each. Cut off date for entries is Monday, March 28th. Our meat raffles are held on Fridays from 5:00pm to 6:00pm. We will be closed Good Friday, therefore our meat raffle that week will be held Thursday, March 24th. Sunday afternoon Bingo -

doors open at 1:00pm. Ve g a s games start at 1:15pm and regular bingo starts at 2:00pm. Children are allowed to attend our being as long as they are playing bingo and are accompanied by an adult. Our clubrooms are also available for special events (birthday parties, retirements, anniversaries, etc.) We can accommodate up to 125 persons. For further information, contact our manager Janet Rideout 367-2718. We have various events coming up, so come on out and bring along some guests - we need you.

RCMP Thank You...

On behalf of the members of the Winnipeg River RCMP Detachment, Powerview and Grand Marais Detachments, I want to thank the communities we serve for their support, kind words and gestures during the recent loss of four members of the R.C.M.P. in Alberta. Your cards, calls, and gifts of kindness were truly appreciated. Your message that we were not alone in our grieving was heartfelt by all of the members and staff. I want to assure you that we will carry on and we remain committed to providing each of you with our nationally mandated goal of safe homes and safe communities.

S.D. (Steve) Saunders, S/Sgt.
N.C.O. i/c Winnipeg River Detachment



Royal Canadian Mounted Police

Gendamerie royale du Canada

On Parliament Hill



Your voice in Ottawa
Vic Toews, MP for Provencher

RCMP, Canadians deserve answers

Canadians were profoundly saddened at the news of the shooting deaths of four young RCMP officers near Mayerthorpe, Alberta last week. Canadians from coast to coast are grieving for the family, friends, and fellow officers of these men, who are suffering an unspeakable loss.

James Roszko, the 46-year-old convicted pedophile with a long history of violence, who ambushed and gunned down the four Mounties on his farm in northwest Alberta, also shot and killed himself during the incident. Because he is dead, there can be no criminal trial but Canadians, along with the men and women of the RCMP who serve our communities across this country, deserve nothing less than a full and public investigation of how this tragedy came to pass.

Fortunately, the law in Alberta requires a public fatality inquiry whenever a police officer dies in the line of duty. Accordingly, there is an appropriate forum to ensure that the public hears the facts.

Some of the questions that need to be answered include: how the raid was planned; why a convicted criminal and notoriously dangerous individual like Mr. Roszko was in possession of firearms; where there any steps taken in the past to bar him from owning firearms; and certainly, whether or not the firearms were registered under the Firearms Act.

On the issue of the Firearms Act, incredibly, Liberal MP Marlene Jennings said recently that the gun registry was not effective in preventing the shooting deaths of these four RCMP officers because some provincial governments refused to take the responsibility for enforcing the law. Specifically, she said: "I think that people who opposed the gun registry did contribute somewhat to the lack of confidence and to the problems that the federal government had getting the gun registry up and running and working efficiently."

That is a terrible misrepresentation. When the Firearms Act was

brought into force, all provinces were given the option of leaving the enforcement of the act to the federal government. In provinces that accepted that option - such as Alberta and Manitoba during the time that I was Attorney General - federal officials undertook to look after its enforcement. And despite Ms. Jennings's pathetic comments, it is quite apparent to the Canadian public that the real reason for its failure is that despite almost the \$2 billion spent on it, it simply doesn't work.

It is not the time for the federal government to try to point fingers in an at-

tempt to avoid its own political responsibility for the failure of the gun registry. Now is the time for the federal government and its agencies, including the RCMP, to provide answers by working closely with provincial officials and with the fatality inquiry in Alberta to uncover the truth about this tragedy. The deaths of these four fine officers and their comrades who continue to serve us across Canada deserve nothing less.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 203-323 Main Street, Steinbach, MB R5G 1Z2, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net

Agriculture news

Brent Reid, Ag Rep,
Dugald, 853-5170
breid@gov.mb.ca
March 9, 2005

Growing Flax

If seeding flax this spring is in your plans then you might be interested in some of these tips. According to Bruce Murray, Weed Specialist with MAFRI when you are using a Bromoxynil MCPA type herbicide the weather conditions 4-8 hours after application seems to be the most important for crop safety. This means spraying in the cool, early morning would be alright as long as it doesn't get beastly hot in the afternoon but your best timing would be spraying in the evening. Top up herbicide treatments such as Telar, Pinnacle (old Refine) and Ally aren't registered for a reason. They might work great most of the time but you can get burned under certain conditions. If you get a rain and Telar gets

washed into the root zone you can get Group 2 damage to the flax. Most algologists don't recommend these products and they should only be considered as a rescue treatment. Flax is only about 1/2 as competitive as canola so weed control is crucial. This means you should be putting flax on a clean piece of land. While you are deciding what field to plant flax remember there are herbicide carryover concerns from previous years. Most herbicides break down with water so that means last year was good in that respect. However, a product like Everest is actually preserved under wet conditions so the carryover might actually be longer. Check the product labels.

Dr. Khalid Rashid of Agric and Agri-Food Canada in Morden indicates that the disease Pasmio might be robbing more yield than we think. It is caused by a septoria that is specific to flax and it can

See AGRICULTURE NEWS/page 15

The Winnipeg Humane Society

Low Income? Call our Subsidy Spay & Neuter Program Coordinator, Melissa @ 982-2038 today!

The WHS is in serious need of canned cat food; please drop off your donation to 5 Kent Street today!



Sasha, 42878

Sasha is an excellent dog who seems to like other dogs & is expected to do well with kids ~7 years+. She has pretty decent leash manners & listens well. She loves to play outside in the snow & is housebroken. Sasha is an indoor dog. \$159.00 fee. All dog adoption fees include a vet exam, vaccine, microchip, 6 weeks of free pet insurance & more!



McGill, 102157

McGill is a super sweet cat who came in badly frostbitten. As a result, he has lost the tips of both ears. McGill uses his litterbox & is eager to become a part of a loving, responsible family where he will be kept warm & safe. As a frostbitten kitty, his adoption fee is reduced by \$10.00!

If you or your family are interested in any of the listed animals here or others at the shelter, you can call us at 204-982-3551 or Fax 204-982-2047

S

By order of the Board of Directors, South Interlake Credit Union hereby gives notice to its shareholders that a

Special District Meeting

will be held on Wednesday, March 23rd at 7:00 pm
Manitou Lodge

The purpose of this meeting is to elect a District Director to serve on the South Interlake Credit Union Board of Directors. If you are a member of the Pine Falls branch and are interested in running for the position, please pick up an application form from your local branch. Members in attendance will also have the opportunity to bring forward new business.

Door prizes will be given away and refreshments will be served. We hope to see you there!

South Interlake
Credit Union Limited

www.sicu.mb.ca

Lac du Bonnet RCMP Report

Report for the weeks of March 7th to March 14th, 2005



On the 7th of Mar., a report was rec'd that a vehicle has been damaged by a hit and run driver while parked on Scott Crescent in the Town of Lac du Bonnet. Took place during the evening hours of the 6th of March.

On the 7th of March, a report was rec'd of an adult male causing a disturbance by yelling at an adult female at a location along Fifth Street in the Town of Lac du Bonnet, and then driving away, possibly under the influence of alcohol.

On the 7th of March, a report was rec'd of a vehicle driving eastbound on P.T.H. #15 in the R.M. of Reynolds, and it was felt that the driver may be impaired.

On the 7th of March, a report was rec'd of a Motor Vehicle Accident at the corner of P.T.H. #44 and P.R. 406 in the R.M. of Whitemouth. Police attended and found a vehicle upside down, but no driver present. The adult male driver was subsequently located at a residence in Whitemouth and

taken for a medical check-up to the Pinawa Hospital.

On the 7th of Mar., a report was rec'd that a vehicle was stopped on the travelled portion of P.R. 433 in the R.M. of Lac du Bonnet, with no-one present. Police attended and found that the vehicle was stopped on the travelled portion, with no lights on, nor anyone present. Same was towed.

On the 8th of Mar., a report was rec'd that phone calls were rec'd at a location in the R.M. of Lac du Bonnet in contravention of a no-contact Court Order. An adult male in Wpg. is the suspect.

On the 8th of Mar., a report was rec'd of two apparently under-age males siphoning gasoline from a vehicle parked behind a business on Park Avenue in the Town of Lac du Bonnet. The subjects ran away when noted that they had been detected.

On the 8th of Mar., a report was rec'd that blue paint graffiti had been sprayed on the rear doors of the Orville Acres Arena in Pinawa.

On the 8th of Mar., a report was rec'd of a vehicle driving erratically on P.R. #211 heading towards Pinawa. Police

patrolled, but did not locate the vehicle in question. No plate # available.

On the 8th of Mar., a report was rec'd that a vehicle which had been left at a location in down-town Lac du Bonnet on the evening of the 6th of March, had been unlawfully driven and had been left at another location. Noted that the vehicle had sustained damage.

On the 9th of Mar., a report was rec'd of a 2-vehicle Motor Vehicle Accident at the corner of McArthur and Minnewawa in the Town of Lac du Bonnet. Police attended and found that a vehicle had been stopped at the Stop Sign, when another rear-ended it. Drivers of each vehicle sustained minor injuries.

On the 10th of Mar., a report was rec'd of an Intrusion Alarm at a location at Barrier Bay in the Whiteshell prov. Park. Police attended to find that all was in order and the Alarm was false.

On the 12th of Mar., a report was rec'd of an injury snowmobile accident on a trail west of Elma in the R.M. of Reynolds. This resulted in an adult male being taken to the Health Sciences Centre with non life-threatening injuries.

On the 13th of Mar., a request was rec'd from a location on Burrows in Pinawa to keep the peace while an adult male moved out and took his belongings with him.

On the 13th of Mar., a report was rec'd of snowmobiles being operated at high speeds late at night on Pinawa Bay and on the Lee River.

On the 13th of Mar., a report was rec'd of an Intrusion Alarm at a location at Big Whiteshell Lake in the Whiteshell Prov. Park. Found to be a False Alarm.

On the 14th of Mar., a report was rec'd of a vehicle on its side along P.R. 313 in the R.M. of Lac du Bonnet. Police attended and found same on P.R. 520 near the intersection with P.R. 313. No-one was at the vehicle, however, the adult female driver attended with a tow truck. No injuries resulted due to the usage of occupant restraints, however, vehicle extensively damaged.

On the 14th of Mar., a report was rec'd of the theft of a quantity of gasoline from a fuel tank at a location in the R.M. of Whitemouth.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to hook your seat
Cooking for better health Lose weight, gain energy and prevent illness. Classes begin for every five people registered Cindy Reimann, certified in nutrition, call 268-2168
PACE 7-1375: meets first Tuesday of the month. Chicken Chef. Power interview meeting room

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-7465 or call your local public health nurse

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed. and Fri. noon to 4:30 p.m., Sat. 10:30 a.m. to 2:30 p.m., ph 345-2653

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall Pat 367-2586, Leone 367-8569

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:00 p.m. Legion Hall

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall

Horticultural Society meets second Tuesday of every month 7:00 p.m., LdB Senior School Home Ec Room. No meetings Jan, July, Aug. St. John's M.W. meets first Monday of every month 1:30 p.m., parish hall

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712

Lakeshore Al-a-Teen Group for further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days)

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa Doreen 753-8357

Battered Women's Crisis Line 1-800-362-3144

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227. Services driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club

R.M. of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Harald Huege, Whitemouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville

Little Day Buddies Nursery School Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre Janice 345-8979

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Doell, church 345-2934, home 345-9766
Sunday 11:00 a.m. - morning worship, 6:30 p.m. - Upper Room

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654

Sunday 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Mirek Szybal, 345-2900

Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass

Pinawa (senior school): 9:15 a.m. Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Sandra Tankard 367-9528, church 345-2357

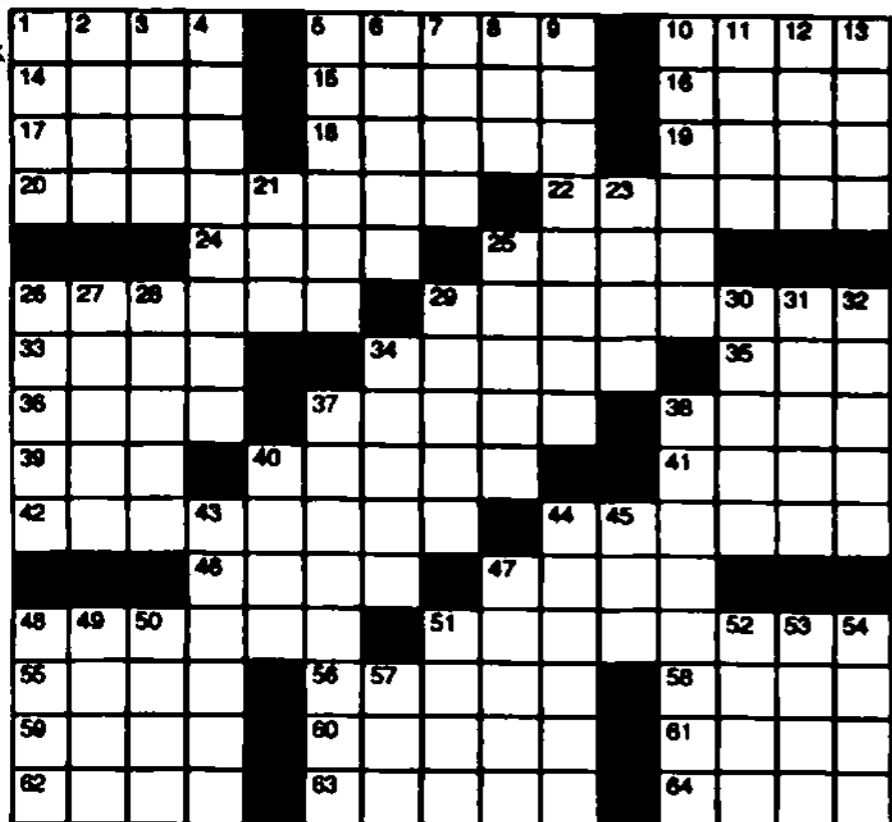
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.



Powerview School Jazz Band win Music Contest

The Powerview Jazz Band playing recently at Powerview School's Band Recital. Their band teacher, Dave Westdal, entered them their C.D. into a "Play Out Contest" which was geared towards musical school youth groups. The Contest was to raise awareness for Teens Against Drunk Driving. The program was supported by MAST. The band won the Jazz Component and will be playing at the West End Cultural Center Tuesday, March 22nd as a result. The band members are Kale Richardson, Dave Westdal, Dylan Smitzniuk, Shane Blatz and Elliot Mysak.

WEEKLY CROSSWORD



- 48 Ants live in an ant ____
- 51 Vacationing sightseers
- 55 Greedy
- 56 Physical might
- 58 Be concerned
- 59 Window division
- 60 Single quantities
- 61 Medicinal plan
- 62 Large deer (pl)
- 63 Intelligence
- 64 Allows

DOWN

- 1 Jumps
- 2 Prophetic sign
- 3 Satisfy fully
- 4 Wealth; riches
- 5 Be present at
- 6 Avoid an obligation
- 7 Oceans
- 8 Make a mistake
- 9 Instructors
- 10 Venerate
- 11 Greek god of war
- 12 One half quart
- 13 Spreads for drying
- 21 One's relatives
- 23 Speed contest
- 25 Bad tempered person
- 26 Send money
- 27 Elude
- 28 Wild
- 29 Factory
- 30 Flow off gradually
- 31 Bird of prey
- 32 Velocity
- 34 Complete happiness
- 37 Duckbilled ____
- 38 Crucial

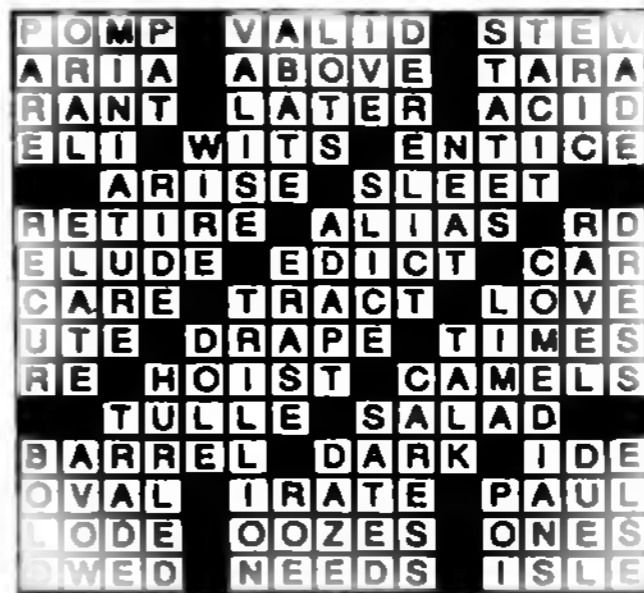
ACROSS

- 1 Multitude
- 5 Useful quality
- 10 Deeply engrossed
- 14 Actor Sharif
- 15 In that place
- 16 Great Lake
- 17 Baseball's Rose
- 18 Jeweled coronet
- 19 Sell
- 20 Sports shoes
- 22 Wave tops
- 24 Submerge
- 25 Burn

- 26 Return money
- 29 Goes before
- 33 At all times
- 34 Loud strident noise
- 35 Knock lightly
- 36 Female horse
- 37 Schemes of action
- 38 Animal enclosure
- 39 Miss Lupino
- 40 Move stealthily
- 41 Anger
- 42 Television broadcast
- 44 Minted
- 46 Rodents
- 47 Sulk

- 40 Scrutinize
- 43 Eats away
- 44 School curriculum
- 45 Of us
- 47 Bards
- 48 Promontory
- 49 Egg shaped
- 50 Chain division
- 51 Being one of a pair
- 52 Auction
- 53 Jogging gait
- 54 Perceives
- 57 Dollar bill

LAST WEEK'S ANSWERS



Did you Know?

Silly Stat: According to one study, seven percent of dog owners have had at least one birthday party for their dog and invited other dogs.

Fun Fact: Every day more money is printed for Monopoly than the U.S. Treasury.

Giraffe Hygiene Truth: A giraffe can clean its ears with its 21-inch tongue.



CRYPTIC PUZZLE

BXX CWDV FXCCGGBHHJ KWJBH
LXMNJ WDP QHR CGDMBHJ

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

Last Week's Solution

EVERY FEEL LIKE A DOUGHNUT? YOU'RE EITHER IN THE DOUGH OR IN THE HOLE.

Weekly Echo Horoscopes



ARIES (Mar. 21-April 20)
Your home may be in an uproar and you are best to stay out of the line of fire if at all possible. Relatives may not be telling you the whole truth about a family situation. You will be misinterpreted if you get involved in other people's problems. Residential moves should be considered carefully.



TAURUS (Apr. 21-May 21)
Someone you least expect may not have your best interests at heart. Take some time to change your house around. You may have a hard time relating to children this week. Try to convince a good friend to take a holiday with you.



GEMINI (May 22-June 21)
You may want to get involved in some kind of creative group. Relatives may not be telling you the whole truth about a family situation. You should visit a friend or relative who hasn't been feeling up to par. Cutbacks at work will be a cause for worry.



CANCER (June 22-July 22)
Your creative talent will prove to be lucrative if put to proper use. You can accomplish a great deal. Pleasure trips will induce exciting and passionate encounters with those of foreign extraction. Travel should be on your agenda.



LEO (July 23-Aug 22)
Discord may arise with someone you're close to. Put your efforts into job advancement. You can make money through your own creative efforts. You can expect to feel confused about your personal prospects.



VIRGO (Aug. 23-Sept. 23)
Financial limitations are likely if you take risks. Your need to get away could lead you into greater debt. Most partner problems are a result of both people not living up to their promises. Use discretion in your dealings and refrain from making verbal promises of any kind.



LIBRA (Sept. 24-Oct. 23)
You can help other people with their financial problems by setting up a budget for them. Finish up any correspondence by early afternoon. Be honest in your communication and don't lose your cool. Don't give in too quickly.



SCORPIO (Oct. 24-Nov. 22)
You may be frustrated by the way situations are being handled in your personal life. Your honesty will not only win you points but also respect. Love and romance are evident. Be cautious while traveling; minor accidents are evident.

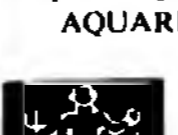
*This edition covers the week of
March 14 to March 20*



SAGITTARIUS (Nov. 23-Dec. 21)
Much can be accomplished if you compromise. Based on your excitement, serious-minded individuals will be more than interested in backing your ideas. A quiet restful day just staying in bed or catching up on reading will be your best bet. Romance will unfold if you take trips or get together with friends.



CAPRICORN (Dec 22-Jan. 20)
Your health may have suffered due to neglect or abuse. You should put a little extra effort in at work. Your intellectual charm will win hearts and bring opportunities that you least expect. Someone you least expect may not have your best interests at heart.



AQUARIUS (Jan. 21-Feb. 19)
Make sure that you have covered yourself legally and try not to let your temper get out of hand. A romantic infatuation from your past may surface if you frequent places that you both used to go. You're in the mood to party. You need to spend time with friends and family.



PISCES (Feb. 20-Mar. 20)
You may find that others do not do things the way you want; however, if the job gets done, let it pass. You can meet interesting new friends if you join worthwhile groups. Try spending the day catching up on any responsibilities that need to be taken care of. You may be tired of working for someone else.

Echo Classifieds

For Rent

Office space for rent
Above Pine Falls Post Office.
c/w private washroom. For
more information call Denis at
367-8651. TFN

For Rent

Woodland Place/
DaleHaven Apartments, 1
- 2 bedroom apartments for
rent, utilities and parking in-
cluded, coin laundry, very
clean and well maintained, call
after 6:00 p.m. 367-4922.

Bankruptcy Info-line

- free,
confidential. Call 1-800-463-
8371. www.lctaylor.net This
is a community service offered
by L.C. Taylor & Co. Ltd.,
Trustee in Bankruptcy. SA 1124

Accommodations

Rooms and Suites for rent.
Weekly and Monthly rates
available. Hydro and satellite
included, call Omer at 367-
9991 or 367-4210. 26 1124

Help Wanted

Hairdresser or Barber wanted
to work Saturdays or possibly
evenings in popular, busy full
service salon in Pine Falls,
Manitoba. Call Shanna or
Nancy at 367-2875. 44-3

Wanted

Contractors wanted to load,
haul and unload 16 foot logs,
phone 1-204-689-2261,
Wabowden, Manitoba. 11-1

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and
over. You are welcome to
bring a guest. All meals are
\$4.50. Meals are at 12:00
noon Mondays, Wednes-
days and Fridays. Your
name must be put on the list
the day before by calling
Silver Haven at
367-4620

Wednesday, March 16
Soup, swiss steak,
mashed potatoes, peas
and carrots, fruit.

Friday, March 18
Soup, pizza
(bacon, mushrooms,
green peppers, tomatoes),
peach cobbler

Monday, March 21
Caesar salad, lasagna,
garlic toast, mixed
vegetables, apple crisp.

For Sale



For Sale by Owner
2 bedroom, full basement, par-
tially furnished, large fenced in
yard, 2 garages & 1 storage
shed. Excellent Starter Home!
LOW PRICED, Must See!
Call 367-2708 for more infor-
mation. 34-1

For Sale

Lake front Cottage, Lot 27.
Sunset Drive Ayer's Cover, 24'
x 32' cottage with large
windowed veranda, excellent
view, lot size 100' wide x 300'
deep, hydro available. A must
see treasure. Serious inquiries
only, please call 367-8859. 44-4

For Sale

House for Sale, 16 Louise
Street, Powerview. Corner Lot
size 123' x 123', 1206 sq. ft.,
with full basement, 5 bedroom,
2 baths, electric furnace, cen-
tral air, double door garage, 26'
x 32' insulated and heated.
Fenced yard, shed 12' x 12',
many extra features too many
to list. Serious inquiries only,
please call 367-8859. 44-4

For Sale

1996 Red Chevy 115 Pick-up,
4 wheel drive, extended cab,
asking \$15,000, awesome truck
but must sell, call 367-9522. 11-1

For Sale



Jacques Guay
March 10, 2003

I thought of you with love
today,
but this is nothing new.
I thought of you yesterday,
and the days before that too.
I think of you in silence
and often speak your name.
All i have now are memories
and your pictures in a frame.
It broke my heart to lose you,
but you didn't go alone.
A part of me went with you
the day God took you home.

Love your brother
Marcel ,(Giselle)

Jacques Guay
March 10, 2003

May the wind of love blow
softly
and whisper for you to hear.
That we still love you dearly
and wish that you were here.
We hold you close within our
hearts
and there you will remain.
To walk beside us all our
lives
until we meet again.

Love you and miss you,
Jackie, Angie and Buddy

ENERGY prepared
CORNER by
Manitoba
Hydro

National Farm Safety Week - March 14 - 20

It's never too early in the season to review the safety rules on your farm. Ensure that everyone on your farm knows about safe clearances, ground-fault circuit interrupters and the proper way to operate a livestock waterer. Brush up on the facts during National Farm Safety Week, which takes place March 14 to 20, 2005.

One of the best places to get farm safety information is at www.hydro.mb.ca. Scroll to *Safety First*, then select the *Farm Safety* section.

Start your refresher course with a review of the myths that surround safety. Rubber boots, gloves and tires offer no protection against electric shock. And stay away from branches that have grown into powerlines. While wood may be an insulator, it becomes a very good conductor at the slightest hint of any moisture, providing the potential for electric shock.

Manitoba Hydro's Web site

includes information on the *Look Up. Stay Clear. Stay Alive* program. It provides guidelines for the safe movement of oversized, and in particular, over height farm equipment in Manitoba. Always review the clearances required between powerlines and wells when transporting oversize equipment.

You'll also find information on who to call before you plant trees or make other excavations on your farm. Digging could be deadly if you don't know the exact location of buried lines. Always call Manitoba Hydro before you dig.

Additionally, the site includes information on livestock waterers, farmyard planning and renovation information. And challenge your farm safety knowledge by completing the Farm Safety Checklist. Visit www.hydro.mb.ca for your farm safety refresher course during Farm Safety Week, March 14 to 20.

Call the Echo at 367-9468 to place your CLASSIFIED ADVERTISEMENTS!

Affordable Advertising

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IN MEMORIAMS - LOST AND FOUND - SERVICES - EMPLOYMENT OPPORTUNITIES

\$5.00 for the first 25 words
15¢ per additional word

DEADLINE FOR ADVERTISING FRIDAYS BY 3:00PM

51 ART STREET, POWerview
367-9468

Eastern Manitoba Artists Co-op's

Inaugural Annual General Meeting

Eastern Manitoba Artists Co-op membership drive is well underway. Current members and interested artists are invited to attend the co-op's first Annual General Meeting (AGM) Saturday, March 19, 2005 at the Anola Community Hall. Anola was chosen to host the first AGM as is the geographic centre of the co-op's region. Registration for the full day event will begin at 8:30.

Artists who have not yet joined the co-op will be able to register and pay for their membership at the door. To register in advance for the AGM, please call Kelly at 1-888-298-9023.

Speakers at the AGM will discuss the benefits of membership in a Marketing Co-op, provide an overview of policies and procedures, and facilitate the nomination and election of a Board of Directors. There will also be an e-business and customer service training ses-

sion in the afternoon. Lunch will be provided. Participation in the AGM is free to all Eastern Manitoba Artists Co-op members. Members are also invited to display their work at the AGM. Information for the website will be collected during the day and those artists requiring photos of their work for the website may bring a few pieces to be photographed.

The Eastern Manitoba Artists Co-op is open to any type of artists or craftspeople who

can benefit from the services of the co-op. The Artists Co-op aims to assist artists to market themselves, network with other artists, and further their business skills. The first major initiative is the development of a comprehensive website featuring portfolios of co-op member's, including photos of their work and contact information, enabling potential buyers to contact artists to purchase their work.

Membership fees have been set at \$100 per year, plus a one time share of \$5. The fees will be used to create and promote the website as each member

will have their own page on the site. In future years, fees will be used to maintain the website and develop other group marketing initiatives, as determined by the members. Other potential initiatives include the development of a map of artist studios and galleries, a regional art show, and a printed catalogue.

Artists needing an application can contact the Membership Drive representative in their area or visit their local Credit Union or Caisse Populaires. For artists wanting more information, please contact Kelly at 1-888-298-9023.

Agricultural news - from page 11

reduce seed yield and quality. It also lowers the fibre quality of the straw. It chops the stems into small pieces and reduces the long fibres that are required by the industry. This disease starts on the lower leaves and moves up on the plant around flowering. Some years 100% of the flax fields have some Pasm. Currently there are no fungicides that give a consistent yield increase so rotation is the main defence.

When it comes to fertility, John Heard, MAFRI Fertility Specialist suggests that total fertilizer and soil nitrogen between 75 and 100 pounds is ideal. Nitrogen has the greatest impact on yield. As you increase N the chance of lodging also increases. You might get more bolls/plant but the yield doesn't go up in direct proportion as the number of seeds/boll drop. Phosphorus is needed but the response to seed placed P has been inconsistent. Probably the best way to get a response is to plant into a field with high residual P. Flax is highly mycorrhizal which means this fungus works

with the flax root to source the P. This fungus is reduced in the soil by growing canola or under summerfallow. For this reason don't plant flax the year after canola. As an aside, don't plant corn for the same reason.

Seeding date has a bigger effect on yield for flax than with cereals. Dr. Dave McAndrew from the Morden Research Station did trials that showed May 21-29 is the ideal seeding period. Early seeding dates around May 8-13 tended to increase the days to maturity but didn't increase yield.

March Evening Beef Meeting

Our evening beef meeting series continues in Beausejour with our next meeting occurring on March 22nd. So far on the agenda, featured speakers will include Heather Froebe, livestock specialist, who will discuss radio frequency identification tags and readers, the Canadian Cattle Identification Agency's online birthdate registry, the U.S. border situation and other topics. As well, Dwayne Summach, forage

specialist, will discuss all of the different methods of putting up feed that are available to beef producers in our region. After our cool, wet summer I have been getting a lot of calls about pit silage, round bale silage, swath grazing, chaff feeding and the like. If you are considering a change in how you put up feed, Dwayne's talk could be very helpful. This meeting is being generously sponsored by Toromont Ag Products who will be doing a presentation about their line of haying equipment. This meeting will be held on March 22nd at 7 p.m. at the Super 8 Motel here in Beausejour. For more information feel free to give the Ag office in Beausejour a call at 268-6094.

Marketing Cattle After The Border Opens

The meeting scheduled for Wednesday, March 16 at the Grunthal Auction Mart to discuss marketing cattle after the border opens has been cancelled for obvious reasons. Please let your neighbours know of this change.

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