

The
Winnipeg
River

Echo

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Vol. 5, No. 18

October 5, 2004

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Marissa Fontaine firing protested

Protesters around a "Sacred Fire" last Thursday afternoon. In the evening the protest reportedly swelled to more than a 100 band members. They were protesting the termination of Marissa Fontaine from her position as director of Education and the fact that Chief and Council has taken over "all decisions and directions with respect to the management and operations for the education system."

RCMP will be setting up random checkstops Thanksgiving weekend

Release

The Winnipeg River RCMP detachment, along with RCMP traffic services, would like to advise the public about Operation Impact, which will be conducted over the Thanksgiving Weekend October 8th to 11th, 2004.

During the weekend, Police will be concentrating on Intersections, Impaired Driving, Seat Belts, Speed and Pedestrians. Checkstops will be set up at

random locations throughout the weekend in our detachment area.

Intersections - almost 30% of all traffic fatalities occur as a result of crashes at intersections.

Impaired Driving - alcohol is cited as a contributing factor among 30% of all road users killed in traffic collisions.

Seat belts - almost 40% of fatally injured motor vehicle occupants were unbelted at the

time of crash occurrence.

Speed - a factor in one in six fatal collisions.

Pedestrians - half of all fatally injured pedestrians were deemed to be at fault.

The Winnipeg River RCMP detachment asks everyone to be safe on the highways and roadways at all times, and help make them safer for everyone.

For further information please contact Cst. Jim Cockburn at 367-8728.

Tembec files suit

Enright, Parisian, Ryall and Borlase named in statement of claim

by Charles Normand

Tembec filed a statement of claim in Court of Queens Bench Tuesday, September 28 naming Angela Enright, Darrell Parisian, Bryan Ryall and Bill Borlase as defendants.

The Statement of Claim asks the court for an order of restitution for \$67,579 from Angela Enright and \$5,607 from Darrell Parisian, which Tembec claims were fraudulently obtained. The company also claims that the Advisory Council collected and administered Service Fees without keeping proper records, took money collected as service fees for their own use and benefit, and under reported to Canada Revenue Agency by at least \$85,000 monies paid to Enright, Parisian, Ryall and Borlase creating an additional tax liability on the part of the company.

The statement of claim also asks for an accounting of monies collected and disbursed in the approximate amount of \$3.5 million, by the defendants relating to their involvement with the Advisory Council or their employment with the company.

Tembec also asked for, and received, an order from the court for the return of a desktop and lap top computer and records of the activities of the Advisory Council. This order resulted in officers of the court from the Sheriff's office entering the homes of Enright, Parisian and Warren Kane on Thursday September 30.

Tembec's Lawyer, Jamie Kagan of Thompson Dorfman and Sweatman, who has been designated spokesman for the company on this issue was asked if the two computers were found and also asked if any criminal investigation had been instigated. He said that because the claim is before the courts no further statements would be forthcoming.

Southeast Blades next home game

Winnipeg Saints Tuesday
October 12, 2004. Sagkeeng Multi-plex Arena.

Winnipeg South Blue,
Tuesday October 19th,
2004, Sagkeeng Multi-plex Arena



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I have never felt so violated

Your home could be next

Orchestrated by Tembec, 2 sheriffs and 2 Tembec lawyers entered our home on Thursday, September 30, 2004 with a court order. Our name was not listed on this order. Apparently, the word "other" on the order allows this personal aggression to be committed against anyone...under the guise of searching for \$7,000.00 in equipment and records.

This invasion of our home was nothing but another act of Tembec's intimidation meant to discredit...to conquer and divide further the town and its residents.

All cupboards, drawers, closets in every room of our home were rifled through. Our laundry basket, oven and dishwasher were searched.

And, just what did the sheriffs & Tembec lawyers walk out with? NOTHING...ISN'T

THAT A SURPRISE! I have never felt so violated in my life. This corporate oppression must be stopped. We do not live in a third world country.

I believe that Tembec's only interests are monetary and its escape from infrastructure and environmental costs. If Tembec has its way, these costs will be dumped on the ratepayers of Pine Falls and they alone will be paying for them for many years to come.

We, within our communities, must stand together, grow strong, fight this evil oppression and make Tembec accountable for its acts.

Only then can we move on with an "equitable merger" (one that is fair for both communities), heal and become a healthy and prosperous community...a legacy for our future generations.

Together we can build a great community!

Louise Kane

My heart goes out

Dear editor,

The recent events which took place in the Town of Pine Falls are very disturbing. My heart goes out to the families whose homes were invaded in such a manner. I can't imagine how it must feel. Please know there are people who care and feel that this should not be happening within our town.

A Caring Citizen,
Carmen Johnson

Looking for ways to improve and grow

The Winnipeg River Roundtable

There is a group that is looking beyond the present conflict between the past and future that is tearing Pine Falls apart. It is taking the strengths and foundation of the heritage of the region, adding to it the hope and optimism of the future, and building a solid foundation for improvement and growth.



It is the Winnipeg River Regional Roundtable (WRRR) and it is more - a lot more - than just another committee. First, the membership includes

just about every government you can think of - federal, provincial, municipal, and First Nation - plus community groups and major employers. Second the members have to commit to attending 100% of the Round Table meetings.

Roundtables work. Several years Winkler was losing population, its young people leaving for the city in droves. The community got to work. Among other initiatives they managed to establish a policy of providing a job for every high school

See LOOKING/page 5

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 Poker Flush - 18,772.00
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FOR UPDATES CALL 345-8619
Lucky 7 \$3,044
 POT FREEZES AT 25 NUMBERS IF WIN POT STARTS AT \$200 in 17 numbers or less
 Add one # plus 30% of sales.
Mini Loonie \$1226
 starting value \$10 worth IF WIN POT STARTS AT \$200

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 Lac du Bonnet BINGO
 Legion Hall
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 Every Monday Evening Lot. Lic. 453
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 Bonus Line - \$102.00
 Star - 3,242.00
 Lucky 7 - 120.00
 Poker Flush - 864.00
 Mini Loonie - 1,098.00
 #1 Loonie - 99.00
 #2 Loonie - 1,882.00
 Jackpot Strip - 5,095.00
 Bonanza - 1,613.00

Great Falls Tuesday Nite BINGO
 Great Falls Hall 7:30pm
 Mini Loonie: 129.00
 Lucky 7: 273.00
 Letter Y: 92.00
 Poker Flush: 988.00
 Loonie Pot: \$1,394.00
 Bonus Line: 292.00
 Full House: 675.00
 In 57 numbers
BONANZA \$888


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The Winnipeg River **Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Community Centre Calamity

New deal no reason to push panic button, says centre manager

by Jim Hampshire

The Lac du Bonnet Community Centre is under the financial microscope again this week and the public finger pointing is totally unwarranted, according to the facility manager.

"We are getting an enormous amount of calls from people who are wondering if the sky is falling," Michelle Demorest Voth said, referring to the backlash following an article regarding the centre's finances in a Lac du Bonnet newspaper. "That just isn't the case and people should be aware what is really happening in regards to our financial situation."

In the front page article (Community Centre Refinancing, Again), at least one member of the

RM council is critical at how the centre is run and suggested that employees at the centre might have to be let go in order to meet financial obligations.

"They've been spending money foolishly over the last four or five years," Councillor Russ Preston was quoted as saying in the Lac du Bonnet Leader last week. "If you ran a business that way, you wouldn't be in business very long."

Councillor Preston's comments came at a regular council meeting after learning that the community centre board is considering a debt restructure with the opportunity to lower their bank payments by extending the current financial arrangements.

According to

Demorest Voth, the published article did not tell both sides of the story, where the community centre budget has been cut to the quick, and where paid staff members regularly work events on a volunteer basis. She notes that over the last three years, staff payroll has been reduced from \$96,000 to the \$74,000 allocated in the 2004 budget. Besides salary reduction, the position of bowling lane manager was eliminated, giving Demorest Voth more duties as a result.

"Everyone working here at the centre chips in to help out where it is needed and that includes giving up free time to stage events," Demorest Voth explained. "We have a dedicated group here and they de-

serve credit where credit is due."

Some of the extra volunteer work by employees is paying off, Demorest Voth reports. Two recent events - The Sisters of the Holy Rock performance and the annual Rod Demoline Memorial Golf Tournament - raised \$6,000 in community centre revenue, and the new season has just started.

"We are going ahead with the Halloween Howl and we have the Christmas Dinner and Dance a few weeks later," she said. "Both these functions are made possible because of our staff members donating their time. After all this time and effort, how can we be spending money foolishly?"

In the newspaper article, Councillor Preston goes on to say that it might be necessary to eliminate all staff positions in favour of a completely volunteer-run operation, but Demorest Voth isn't optimistic that scenario would work in the long run. Besides the obvious office work, she points to the daily task of maintaining two halls along with the bowling lanes and curling club as reason a



Michelle Demorest Voth says her staff goes the extra mile to make the community centre events a success

volunteer run facility might not work.

"We have to open up, set up and clean up - sometimes late into the night. We already receive great support from volunteers helping in the canteen but to ask volunteers to look after the daily maintenance and operations is a bit much to ask of anyone," she said.

Currently the community centre board is looking at restructuring the

financing by extending their mortgage payments from 10 years to 17 years. With this move, the centre could lower payments to \$1,400 per month and rid themselves of the two balloon payments of \$13,000 the centre pays twice each year. Because the RM and the Town of Lac du Bonnet are guarantors of the current loan, approval from both councils is needed before any restructuring is made.

Pine Falls Curling Club
Halloween BASH
 October 30, 8pm-1am

PRIZES for COSTUME

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Thanks for not smoking

Effective October 1, 2004, smoking is not allowed in enclosed public places and indoor workplaces in Manitoba. This means cleaner, healthier air and safer workplaces.

Smoking is permitted in outdoor eating and drinking areas, including patios. Some restrictions may apply.

For more information about the law or to find out how you can get help to quit smoking, please call 1-866-MANITOBA (626-4862). Information is also available on our website: www.manitoba.ca

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FRIDAY, OCTOBER 8, Calcutta & Rules, Papertown Motor Inn, 6:00 p.m.
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 Boat Checks from 6:00am - 8:00am, Mill Dock
 Fishing time 8:00am - 4:00pm both days

SUNDAY, OCTOBER 10
 Supper 4:00 p.m., Papertown Motor Inn. Awards to follow

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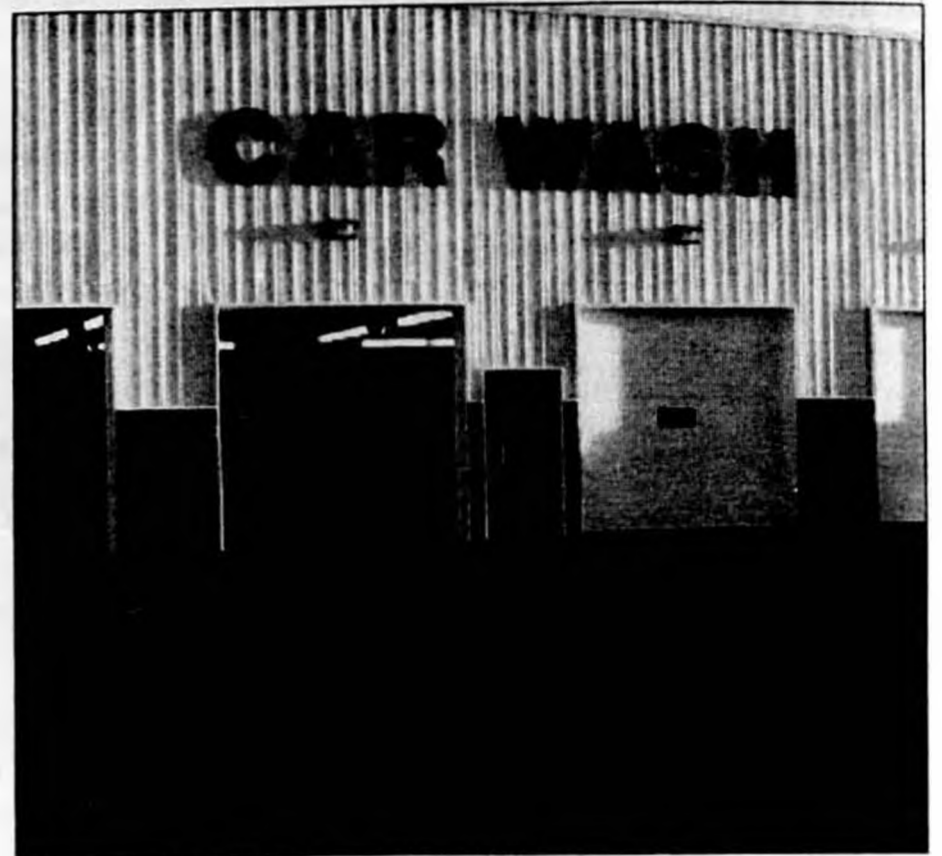
Tangle Ridge car wash open for business

After five months of construction, Lac Du Bonnet's newest business has opened its doors for business. Tangle



Ridge Car Wash opened on September 25th at 8:00 a.m. The first customers greeted with Champagne and orange juice were Lloyd Emberly and Steve Lyons. The car wash is located on the corner of Minnewawa Street and Highway 11 (next to the Co-op Gas Bar) and will be opened 7 days a week.

The car wash is owned and operated by Ritch & Bev Nally of Lac Du Bonnet. Ritch & Bev are presently the lease operators of the Lac Du Bonnet Co-op Gas Bar and have been in business in town for the past 12 years.



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CANADIAN INDEPENDENT

PUBLIC NOTICE

Time Change of All Regular Council Meetings
RURAL MUNICIPALITY OF ALEXANDER

The Public is hereby advised that all RM of Alexander Regular Council Meetings will now commence at 10:00 a.m.

Margaret Bonekamp
Chief Administrative Officer
R.M. Of Alexander

Lac du Bonnet & District Christmas Hamper Committee

Fall is once again upon us, and thoughts begin to turn towards Winter activities, including Christmas. As such, the Lac du Bonnet & District

Christmas Hamper Committee will be holding its annual organizational meetings at the Lac du Bonnet Town Office at 7:00 p.m. on Wednesday, the

6th of October 2004.

Through the efforts of a number of volunteers and the generosity of the community, 64 hampers were prepared and delivered to 107 adults and 94 children in 2003.

There is always a need in the community for Hampers at Christmas time, and the organizational meeting will formulate plans for the 2004 campaign, so that non one goes without.

All interested individuals and organizations are invited to attend this meeting. The support of the entire community is vital to the Committee's success.

Pineview Recreation Association/Commission

Annual General Meeting

October 18, 2004
Pine Falls Curling Rink
7:00 pm.

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Enjoy a full body massage. Feel Phenomenal!

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Try all 4 for only \$15.00

No Appointment necessary!
Located in Pine Falls Strip Mall.
Come down or call 367-9244

Got no time....think Quick Spa

Need to get in shape, and can never find the time.. Well the new Quick Spa that opened on October 1st has the answer to your problem.

Owner Della Vincent Clark, has ventured out in business to offer you a healthier lifestyle. Conveniently located at the Pine Plaza in downtown Pine Falls the new Quick Spa has lots to offer, in a bright cheery atmosphere, at very reasonable rates.

The ROM machine which stands for Range of Motion is an excellent work out machine that can offer you a complete cardio workout in minutes. The average time spent on this machine is 4 minutes, 2 minutes on the upper body and 2 minutes on the lower, but one can exercise up to 8 minutes. How can you possibly get a cardio workout in only 4 minutes per day you ask. The time required for an effective cardio-vascular exercise depends on the degree of oxygen consumption during the workout. The greater the amount of oxygen consumption during the workout, the shorter the required duration of a cardio workout. In other words, the quality of the workout determines the time required. More muscle cells involved means higher oxygen consumption means less time required. The ROM enables even totally out of shape peo-

ple and seniors to achieve much higher oxygen consumption levels than with any other form of conventional exercise and therefore they can shorten their exercise periods while getting superior results. The ROM is the 4 minute solution

and your heart rate. Also for your enjoyment is a full body massage chair, and the Chi Machine which also offers a relaxing new experience. All of this is offered to the customer for the minimal



to stretch all your muscles through long ranges of motion and in addition it increases muscle strength, burns calories and it yields significant cardio benefits.

The Spa also has a Gazelle machine. This machine is also an excellent way to get in shape! This low-impact, aerobic workout and resistance training machine gives you a powerful upper and lower body workout for strength training and muscle toning. The Gazelle mirrors natural walking motion - the suspended exercise is like walking on air. It features a grip pulse and easy-to-use workout computer that provides you with immediate feedback on speed, distance, time, approximate calories burned

amount of \$5.00 tax included per machine (10 minutes), and if the customer so chooses they can purchase all four at \$15.00.

"I am excited about the new business, I think keeping healthy is very important to everyone", said Clark. "What I like most about these ma-



chines is that they are designed for the avid exerciser, but also excellent for youth, and seniors. There is something for everyone here".

The Quick Spa is opened from Monday to Saturday and

hours are 10:00 am to 10:00 pm. No appointment is necessary but if you would like to book a time or just inquire further you can call that Spa at 367-9244.

Improve and grow

from page 2

The community stopped losing population and started to grow. Winkler, with a population of close to 10,000 is now on the verge of having enough people to qualify for incorporation as a city.

The community leaders involved in the Winnipeg River Roundtable have the same vision for their own community. They are looking into ways to become less dependent on a single industry. One initiative is for a regional trade training centre and other post-secondary educational facilities, another is to provide the infrastructure for tourism to grow - marinas, boat launches camp grounds, the Trans Canada Trail etc.

Adding to the social infrastructure will be a "Recreational Multiplex for young and old" It may include a tourist information centre, a courtroom and a 500 seat banquet room.



The winner of the Month of Free Groceries that ran during the first 3 weeks of September, is

Mr. Ron Letander Of Sagkeeng

Congratulations to Ron from Don & Lori Robb and staff of

Midway Foods (1999) Ltd.

Lac du Bonnet Legion #164

WEEKLY ACTIVITIES
Open Monday to Saturday 10:00 a.m. to 10:00 p.m.

MONDAY
Table Top Curling 6:30 p.m. - Lounge
Bingo 7:00 p.m. - Hall

TUESDAY
Po Kc No 2:30 p.m. - Lounge

WEDNESDAY
Cribbage 7:00 p.m. - Lounge

THURSDAY
Darts 7:00 p.m. - Lounge

FRIDAY
Hingo 7:00 p.m. - Lounge

SATURDAY
Meat Draw 2:30 p.m. - Lounge

Happy Hour Every Day
All Members & Guests Welcome

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CURLING REGISTRATION

Looking for a fun night out?

Ladies Wednesday Night Curling is the place for you! No experience necessary!

LADIES CURLING
Enter your own team.
Call Jackie Prowse at 367-8332.

Men's Night

MENS CURLING TUESDAY
Enter your own team.
Call Howard May 367-8846

Friday Night Mixed

MIXED CURLING
Enter your own team.
Call Kari Kulyk at 367-9464.

Seniors League **SENIORS LEAGUE**
THURSDAY AFTERNOONS
Call Bob Sequin at 367-8344

Faith Perspective

by Pastor Jake Doell

How Do You Measure Up?



Our Justice System periodically issues a list of the ten most wanted people. These people are criminals and dangerous to society. They are characterized by traits such as stealing, cheating, lusting and out for dishonest gain and all other self-serving traits. Someone compiled another list of the ten most wanted people for the work of the Lord. Here are their characteristics:

1. The person who puts God's business above all other business.
2. The person who sees their own faults before they see

the fault of others.

3. The person who thinks more of their Sunday School class than their Sunday sleep.

4. The person who brings their children to church, rather than sending them.

5. The person who is willing to be the right example to every child they meet.

6. The person who measures their giving by what they have left, rather than by the amount they give.

7. The person who has a willing mind rather than a brilliant mind.

8. The person who has a

passion to help rather than a passion to be helped.

9. The person who goes to church for Christ's sake, rather than for themselves or for someone else.

10. The person who is more concerned about winning others for Christ than winning the next lottery.

Do you recognize yourself? Which of the ten most wanted are you?

Matthew 6:33 - "But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

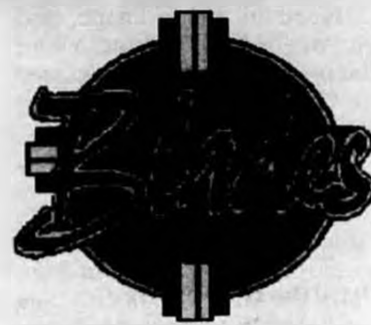
Blades Bits

MJHL Trade Transaction

The Winkler Flyers of the Manitoba Junior Hockey League (MJHL) have traded the Hockey Canada playing rights of 20 year old Defenseman, Craig Lazaruk of Lorette, Mb and 19 year old Forward Dan Kohanchuk of Winnipeg, Mb as well as Winkler's first round pick in the 2005 15 year old draft to the Southeast Blades of the MJHL for the Hockey Canada playing rights of 19 year old Defenseman Joel Whiteside of Deloraine, Mb and the MJHL list rights to 15 year old Forward Aaron Lewadniuk of Carman, Mb.

The Selkirk Steelers of the Manitoba Junior Hockey League (MJHL) have acquired the Hockey Canada playing rights of 18 year old Defenseman, Jeff Maronese of Thunder Bay, ON from the K & A Golden Hawks of the SJHL for Future Considerations.

The Southeast Blades of the Manitoba Junior Hockey League (MJHL) have traded the Hockey Canada playing rights of 19 year old Forward Dan Kohanchuk of Winnipeg, MB to the Selkirk Steelers of the MJHL for Future Considerations.



MJHL Game Time Change

The Winkler Flyers of the Manitoba Junior Hockey League (MJHL) wish to announce a game time change. The start time of the Winkler home game versus the Portage Terriers on October 1, 2004 will be 8:00 p.m.

OLD DUTCH/MJHL Player of the week

The OLD DUTCH Player of the Week award for the week ending October 3, 2004, is 20 year old Forward JAYDYN MURRAY of the Dauphin Kings. MURRAY was acquired by Dauphin from the Nipawin Hawks of the SJHL during the off season and hails from Melita, Mb. MURRAY led Dauphin to two wins in three games during the week vaulting the Kings into a three way tie for second place in the Sherwood Division of the MJHL. MURRAY tied for the weekly scoring lead with two other players by collecting 7 points on 2 goals and 5 assists.

NEWS TIPS? Call us at 367-9468

Library Corner

Lac du Bonnet Regional Library

Thank you, one and all, for the support shown for the library, by your donations and by attending the Fall Supper! We hope everyone enjoyed the meal and the gathering of friends, and even the working together to cook, set up, serve and clean up! It seems there are always extra helping hands when you need them at these community events!

Now it's time to plan our own family get-togethers for the Thanksgiving weekend! The library is a good place to look for a few new menu ideas, and possibly some decorating tips.

Perhaps this is also a good time of year to re-introduce some of those all-time good books we call "Classics" in the hope that many of our patrons will want to re-read an old favourite or two. Perhaps there is a title that has always appealed to you, but you've never actually taken the time to read.....or it seems a daunting task to tackle some of the longer works of classic fiction.

Let us inspire your efforts with a display of titles such as *A Passage to India* by E. M. Forster. Published in 1924, this novel was Forster's last major work of fiction. *Howard's End* and *Room with a View* are a few more of his stories.

"When Betty Wehner was 8 years old, she received an A for a grade-school composition." From that time on she was determined to write a book

some day. Forty years later, as Betty Smith (in 1943) Harper & Brothers published her autobiographical novel, *A Tree Grows in Brooklyn*. "Betty wrote three more novels, but none of them came close to matching the success of the beautiful book that had sprung from a grimy ghetto."

"A mysterious minister who never removes the black veil shrouding his face, an eccentric scientist who experiments with the fate of his friends, a cheerful tombstone carver who speaks the wisdom of the graveyard—these are but a few of the unusual New Englanders you'll meet in *Twice-Told Tales*, America's first great collection of short stories." Nathaniel Hawthorne never believed he would "never make a distinguished figure in the world", but by the time of his death, distinguished novelist and critic Henry James would declare: "his work will remain, for it is too original and exquisite to pass away." Also read *The Scarlet Letter* by Nathaniel Hawthorne.

And then we have titles such as *Treasure Island* by Robert Louis Stevenson, *The Old Curiosity Shop* by Charles Dickens, *The Return of Sherlock Holmes* by Sir Arthur Conan Doyle, *Silas Marner* by George Eliot (pseudonym for Mary Ann Evans Cross).....and many, many more. In each of these books, it is interesting to read



about the lives of the authors and the life experiences that shaped their writing. This fall, look forward to a New reading experience of an Old Classic!

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DISPENSARY

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You can't be serious



by Jim Hampshire

Snow-Bawling

by Jim Hampshire

I don't know about you, but personally, the recent snowfall over the weekend conjured up some festive images of that special season that lies ahead. That's right, in typical Manitoba fashion, an early snowfall is always there to remind us that Halloween is only three weeks away.

Welcome to October in Manitoba, where it is a crapshoot at best. In fact, it could be said that it is a

mixed Halloween-bag of weather, given the season. In 1971, for instance, a foot of snow dropped on Trick-or-Treaters on All Hallows' Eve, and again in 1984, when a -15 degree windchill made it unbearable to be out collecting candy.

But then there were years like 1982 and 1999, when mid-afternoon temperatures climbed near the 20 degree mark, leaving a mild evening for the little ghosts and goblins to enjoy. So what will this year bring? We couldn't even hazard a guess but as any good parent

knows, be prepared for anything.

So with this in mind, it is time to go costume shopping! This is definitely my favorite time of year, where we take the kids out into the aisles of mass destruction and pick that perfect costume up off the department store floor. The whole idea is to find something trendy and fashionable, yet five sizes too big, in case you have to use a ski-doo suit as a base coat.

Now, as a public servant, I will offer some costume choices as far as what is hot and what is not for this Halloween fashion season.

First of all, to start the ball rolling, it is okay to hand down that old Spiderman costume that's been hiding in the closet since the web-slinger's comic book days. Yes, back in the

days when the baby-boomers were little boogie men, the Spiderman outfit was a popular costume choice, although it was limited to a red tee-shirt and a plastic molded mask. The idea here is, those old costumes were extremely loose-fitting, whereby you could wear many layers of clothing underneath to combat the cold. And if by chance, the costume looks a little outdated - to the point of embarrassment, I mean - then the little trick-or-treater can simply remove the Spiderman garb and continue his or her quest for candy, dressed as a laundry hamper.

The next popular costume choice this year is a cartoon character named "Kenny" from the South Park TV show, which usually airs sometime after midnight be-

cause the creators of the show know that most parents have gone to bed and likely won't see a single episode, because if they did, they would burn their TV sets and replace them with fishbowls.

But, as it turns out, your children and mine know what South Park is all about because they are young and full of energy, and they don't always fall asleep before midnight. In any case, the South Park "Kenny" costume is an excellent choice because the character wears an extra long Eskimo parka with a furry hood, which well suits the weather we could expect this coming Halloween. Also, in the TV show, Kenny doesn't have any dialogue, so you won't have to worry about the four-letter vocabulary associated with the other characters on

the show.

Our last costume choice this week takes us back to the movies, where Lord of the Rings is king. Or maybe it's Harry Potter, I'm not sure. All I know it has something to do with a wizard. Anyway this wizard, named Gandorf or Snodgrass, or something to that effect, is a simple costume that requires long robes and long beards. All great stuff when you want to keep warm. Not great stuff if it's raining out. But what the heck, you're a wizard! Just wave your stick and change the bloody weather!

Clear skies and balmy conditions would be nice. But in the meantime, I'll be going out this year, dressed as "Kenny" from South Park, just in case there isn't any magic in that wizard stick.

Thank you...

The North East Soccer Association would like to extend a thank you to all the coaches, referees, and parent volunteers whose participation ensured a successful 2004 season. Over two hundred local youth participated in the annual year end tournament held October 2. **The players would like to thank the following businesses and volunteers for their support:**

- Tembec Paper Group - Pine Falls Operations
- St. Georges Voyageurs Hockey Club
- Pine Falls Service Centre
- Broadlands Mall
- Dancy's Foods
- Manitoba Hydro
- Pine Falls School
- The Echo
- Wayne & Ruth
- Barkhouse
- Kristen Kembal
- Doug & Wendy Urse
- Lynn Chevrefils
- Gene Lazaruk



The Winnipeg River **Echo**

QUESTIONS? COMMENTS? CONCERNS?

Email us at - theecho@mb.sympatico.ca



Switch and Save

Choose Compact Fluorescent Light Bulbs

A Bright Way to Save Money, Energy and Time.

**BUY 1 GET 2!
BUY 2 GET 4!**

Province wide from Sept. 25 to Oct. 26, 2004, if you buy one compact fluorescent light bulb, you'll get two free. If you buy two bulbs, you'll get four free.

- Watch for the Switch and Save coupon in your mailbox.
- Visit a Manitoba Hydro event location at a participating retailer near you or any Manitoba Hydro district office to redeem your coupon and receive your complimentary compact fluorescent light bulbs.
- For more information and event locations visit the Manitoba Hydro Web site at hydro.mb.ca.

Limit of 4 complimentary bulbs per household.

Participating retailers include:

- Canadian Tire
- Costco
- Home Hardware
- McDiarmid Lumber
- Penner Building Centre
- Real Canadian Super Store
- RONA
- Walmart



*Manitoba Hydro is a licensee of the Trademark and Official Mark

★ *Lucky Lotto* ★
★ *Keychain Winners* ★

The lucky winners of a MARRC Denim Shirt were:

G. Logan & W. Mirosch

The lucky winners of a pocket FM radio were:

★ T. Vincent, M. Lumond, ★
★ G. Logan, B. Patzer, & P. Turcotte ★

Thank you to everyone who participated in this year's EcoSummer Promotion

★ MARRC & RM of Alexander

New beach resort announced

By Jim Hampshire

After a successful Summerfest concert series at the Grand Beach Entertainment Centre, the local tourist industry in the beach region just got some more good news following the announcement that a new resort will be coming to the area.

Last week a pair of Winni-

peg investors announced plans to build a six-storey hotel and condo development along Hwy. #12, just east of Grand Marais. According to the investors, Cal Ramberran and Robert Rindahl, surveying is already underway on the condo project, with the lots being made available to the public in just a few weeks. According

to the plans, the lots will be located on the perimeter of a new 18-hole golf course on property adjacent to the resort complex, also announced as part of the development package.

If plans fall into place, the Escala Golf and Winter Resort could be up and running as early as the summer of 2006,

which is good news for the Grand Beach business community.

"As far as being a positive thing for the community, I think it definitely will be," St. Clements Reeve Steve Strang said following the announcement. "Over all I think it is an excellent idea. Not only does it bring something extra to the community, it builds on what we already have here."

The proposed resort, which is expected to operate year-

round, will feature a spa and health club, as well as a conference centre to accent the 50-suite hotel complex. The neighboring golf course will offer a licensed clubhouse and two driving ranges, and even a nearby campground to accommodate the weekend tenter.

The entire project will sit on a 300 acre parcel of land along Hwy. 12, which up until now, has been used primarily as pasture land.

Recreation Re-Boot!

There is still time to register for recreational activities for the winter season, call the rec office for more information. There has been a delay with the PowerSkate program, it will begin on Saturday Oct. 9 at 9:00 and at 11:00, Monday Oct 11 at 1:00 at the Sagkeeng arena.

PRA will be having an Equipment Exchange @ the Pine Falls Arena during the first week of Hockey, anyone interested should drop by the Arena with their equipment ready to sell.

TIME KEEPERS CLINIC;

Friday October 22 at 4:00 pm. If you are interested contact the Rec Office for more information or to register

HOCKEY COACHING CLINICS:

Everyone involved with coaching minor Hockey or become the teams' safety person must be certified

October 10th - Coach Awareness Program (Speak Out)

October 17th - Coach Level One

October 24th - Safety

There will be no fee for any of the above programs

If you are interested in Curling this year Contact Jackie Prowse @ 367-8332 & she will be able to help you with any question that you need to be answered.

Pineview Recreation Commission
Box 281

Powerview, MB. R0E 1P0
#2 McDougall - St. George Mall

Ph: 204-367-9142
Fax: 204-367-8605

E - M a i l :
prarec2003@yahoo.ca

Library Allard

The harvest season brings a gathering of family & friends in a celebration we have come to know as Thanksgiving. Unlike the American tradition of remembering Pilgrims and settling in the New World, Canadians give thanks for a successful harvest. Due to the fact that Canada is farther north than our American friends, the harvest season falls earlier. Ever since the very first harvest, about 2,000 years ago, people have given thanks for a bountiful harvest. The first formal Canadian Thanksgiving was held just over 40 years prior to the Pilgrims landing in Massachusetts. English explorer, Martin Frobisher, had been trying to find a northern passage to the Orient. He did not exceed but he did establish a settlement in Northern America and he did celebrate a harvest feast. This is considered the first Canadian Thanksgiving. In 1957, Parliament announced that the second Monday of October would be "a day of general thanksgiving to almighty God for the

bountiful harvest with which Canada has been blessed."

Library Allard has many fictional books to read to your wee ones: *The Berenstain Bears and the Prize Pumpkin*, *Clifford's Thanksgiving Visit*, *Cranberry Thanksgiving*, *The First Thanksgiving*, *Franklin's Thanksgiving* and many more. Junior & teen titles include *Thanksgiving Turkeys*, *Spooky Thanksgiving* and a junior craft book *Thanksgiving Fun*.

If you're looking for recipes, come in and check out our wonderful selection of recipe books or go on-line to <http://www.web-holidays.com/canada/recipes/index.asp> or if it's crafts your looking for to adorn your home for family entertaining or to do with the children, try this web-site <http://www.web-holidays.com/canada/crafts/index.asp>.

A few new paperbacks to mention that are now on our shelves: *The Alamo* - now a major motion picture "is a wonderfully written and suspenseful novel of courage and hero-



ism on an epic scale." ; *The Frumious Bandersnatch* by Ed MacBain is a novel of the 87th precinct; Minette Walters *Disordered Minds*; Ian Rankin's latest *A Question of Blood* is the number one bestseller and winner of the 2004 Edgar Award for Best Novel; Sara Paretsky has done it again with this great mystery *Blacklist* is guaranteed a great read. We also have Patricia MacDonald, James Hime, Johanna Lindsey, John Bemroses' *The Island Walker*, this book is the Giller Prize Finalist...and many more.

May your harvest be bountiful.

Happy Thanksgiving to all from the staff at Library Allard/Beaches Branch.

Library Allard - 367-8443
Beaches Branch Library - 754-4007

United Appeal Campaign

October is Campaign Month for the Pine Falls & District United Appeal Trust Fund. We are helping to raise much needed funds for research, development and programming for thirteen health-related charities: Canadian Cancer Society, Epilepsy Manitoba, Canadian Red Cross, Alzheimer's Society, C.N.I.B., Multiple Sclerosis, Arthritis Society, Muscular Dystrophy, Salvation Army, Manitoba Heart & Stroke Foundation, Canadian Mental Health, Kidney Foundation, and the Society of Manitobans with Disabilities. Many of these groups are active right here in our community.

One hundred percent of all donations received are forwarded on to the above mentioned organizations in Manitoba. With one donation, you can reach all of these worthwhile groups.

Please consider supporting the United Appeal when a volunteer canvasser comes to your door. If you work for the Pine Fall Health Complex, or for Tembec Paper Mill, you may choose to have your donation deducted from your paycheque every two weeks. Last year the employees of these two facilities together raised over \$32,000.00. Watch for information regarding this program in your work place.

If you would like to make a donation, or as a business would like to start a payroll deduction program, please contact Leah Boulet at 367-2462.

Big or small, every donation counts. You can make it count. Thank you for your support.

Winnipeg River

DANCE

REGISTRATION

For Fall/Winter classes

We are pleased to announce the 2004/05 dance season
Dance classes will be held for ages 3 through to 13.
Various dance classes being offered
* Adult Jazzercise classes to be offered depending on enrollment
* Pilates classes will be offered, (book early, don't be disappointed)
All classes will begin mid October
Please call Dena at 367-4372 for more information.

Register Now - Don't be disappointed!



How will a serious illness affect your wealth?

Given recent advancements in medicine, it's not surprising that people are increasingly surviving serious health issues. Statistics are positive. For instance, the immediate death rate from heart attack has decreased by 51% since 1968. Although 50,000 Canadians suffer a stroke each year, 75% of these individuals are expected to survive the initial event. And half of all people diagnosed with common cancers will survive the next five years or more. While this is definitely good news, it also opens the door to a new problem: surviving the illness financially. Ask yourself: if you were to be diagnosed with a serious illness tomorrow, would you be able to pay your bills? Not just medical expenses, but your mortgage payment, your utilities, your car loan, or any other bills you may have? If not, critical illness insurance may be the answer for you.

What is critical illness insurance?

Critical illness insurance is a living benefit, paid to you, the policy owner, in the event that you develop any one of the covered illnesses, diseases, or conditions. While the exact coverage options will vary according to policy, common illnesses covered by critical illness insurance include cancer, Multiple Sclerosis, stroke, Parkinson's, Alzheimer's, heart attack and kidney failure.

Individuals between the ages of 18 and 65 are eligible for this type of insurance. If you are diagnosed with any one of the covered illnesses, a lump sum benefit will be paid to you 30 days after your initial diagnosis. Benefit options start at \$25,000

and reach \$1 million for personal coverage and \$2 million for business coverage. A variety of other options (an allowance for inflation, for example) is available to create a customized plan that's suited to your individual needs.

The benefits of critical illness insurance

The main benefit of critical illness insurance is peace of mind. Should you contract a serious illness, you will need all your strength to recover. Obviously, this is easier to do if you don't have to worry about how you're going to cover your monthly bills when you're off work.

Another obvious benefit is flexibility. The funds provided from a critical illness plan may be used to pay medical bills, the cost of ongoing therapy, moving costs, as well as other expenses such as your mortgage payments, car payments or child care. The choice is yours.

Critical illness insurance can be an essential component of a sound financial plan. But it's not something that you should purchase without a thorough review of your financial situation. If you're interested in investigating what critical illness insurance is right for you, call your financial advisor. He or she will be happy to review the pros and cons of several policies with you and select the one that's right for your needs.

Steve Kulyk is president of Kulyk Insurance and Financial Services in St. Georges Mb. He can be reached at 367-9572 or at steve@kulykfinancial.com. Serving the area since 1995.

ECHOES FROM THE **H** Heart

Jack and the cop

Jack took a long look at his speedometer before slowing down: 73 in a 55 zone. Fourth time in as many months. How could a guy get caught so often?

When his car had slowed to 10 miles an hour, Jack pulled over, but only partially. Let the cop worry about the potential traffic hazard. Maybe some other car will tweak his backside with a mirror.

The cop was stepping out of his car, the big pad in hand. Bob? Bob from Church? Jack sunk farther into his trench coat. This was worse than the coming ticket. A cop catching a guy from his own church. A guy who happened to be a little eager to get home after a long day at the office. A guy he was about to play golf with tomorrow.

Jumping out of the car, he approached a man he saw every Sunday, a man he'd never seen in uniform. "Hi, Bob. Fancy meeting you like this."

"Hello, Jack." No smile. "Guess you caught me red-handed in a rush to see my wife and kids."

"Yeah, I guess." Bob seemed uncertain. Jack thought that might be a good thing.

"I've seen some long days at the office lately. I'm afraid I bent the rules a bit - just this

once." Jack toed at a pebble on the pavement. "Diane said something about roast beef and potatoes tonight. Know what I mean?"

"I know what you mean. I also know that you have a reputation in our precinct."

Ouch. This was not going in the right direction. Time to change tactics. "What'd you clock me at?"

"Seventy. Would you sit back in your car please?"

"Now wait a minute here, Bob. I checked as soon as I saw you. I was barely nudging 65." The lie seemed to come easier with every ticket.

"Please, Jack, in the car."

Flustered, Jack hunched himself through the still-open door. Slamming it shut, he stared at the dashboard. He was in no rush to open the window. The minutes ticked by. Bob scribbled away on the pad. Why hadn't Bob asked for a driver's license? Whatever the reason, it would be a month of Sundays before Jack ever sat near this cop again. A tap on the window jerked his head to the left. There was Bob, a folded paper in hand. Jack rolled down the window a mere two inches, just enough room for Bob to pass him the slip.

"Thanks." Jack could not quite keep the sneer out of his voice. Bob returned to his po-

lice car without a word. Jack watched his retreat in the mirror. Jack unfolded the sheet of paper. How much was this one going to cost? Wait a minute. What was this? Some kind of joke? Certainly not a ticket. Jack began to read:

Dear Jack,
Once upon a time I had a daughter. She was six when she was killed by a car. You guessed it - a speeding driver. A fine and three months in jail, and the man was free. Free to hug his daughters. All three of them. I only had one, and I'm going to have to wait until Heaven before I can ever hug her again. A thousand times I've tried to forgive that man. A thousand times I thought I had. Maybe I did, but I need to do it again. Even now. Please pray for me. And be careful, Jack, my son is all I have left. Bob.

Jack turned around in time to see Bob's car pull away and head down the road. Jack watched until it disappeared. A full fifteen minutes later, he too, pulled away and drove slowly home, praying for forgiveness and hugging a surprised wife and kids when he arrived.

Please drive safely and carefully. Remember, cars are not the only things recalled by their maker.

WEDDINGS - ANNIVERSARIES - BANQUETS
RETIREMENTS - MEETINGS, ETC.
at the **GREAT FALLS COMMUNITY HALL**
Contact Hall Manager 367-2998

Pine Falls Curling Club \$\$\$\$\$\$\$\$\$\$

CASH SPIEL

MIXED BONSPIEL - NOV. 5-7, 2004

Lunch Provided
Progressive
Cash Pay-out **\$140.00 per team**

Contact
Jackie Prowse at 367-8332



Stay warm and save energy

It's hard to think about saving energy when we use so much to stay warm on a cold winter day. But with little or no investment, it is possible to conserve energy, save money and stay cozy with these handy tips

from Manitoba Hydro.

A well-maintained furnace operates more economically. Change the furnace filters regularly and insulate warm air ducts for maximum efficiency. Aluminum duct tape can re-

duce air leaks by up to 25 per cent. If it's time for a new furnace, choose an energy efficient model and save up to 25 per cent on your home heating costs each year.

Get rid of drafts around windows, doors, baseboards and attic hatchways by using caulking and weather stripping. You can also upgrade the insulation in your walls, basement and attic. And if you are building an addition or renovating, in-

stall energy efficient windows and doors. When you feel chilly, put on a sweater instead of tapping up the thermostat. For every one degree you lower the temperature, you'll save two per cent on your heating bill.

As for appliances, you can keep your refrigerator operating efficiently by vacuuming the heating coils. Then unplug that second refrigerator or freezer. It's an energy hog.

You can even save energy when you use your dishwasher. Simply select the dishwasher's no heat or air-dry cycle. In the laundry room, wash clothes in warm water and rinse in cold. Clothes rinsed in cold come out just as clean as those rinsed in warm water. Avoid over drying clothes. They should be done in 40 to 50 minutes. If you are in the market for a new dryer, choose one with a moisture sensor.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 10-71375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly at Pine Falls Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 12:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 12:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.
Beaches Library: Tues. 1:00 to 4:00 p.m., Thurs. 4:00 to 8:00 p.m., Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.

Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 5:00 to 6:00 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup: every Wednesday, recyclable pickup first and third Thursday of each month

PAA: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets

second Tuesday of each month.
Winnipeg River Senior Service Inc. Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches family group, Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road, 756-8018 or 756-2101

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare
Sealor Scene Inc. #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.

Mental Illness Support Group: meets every second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Monday of every month

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

Weight Watchers Meeting Every Thursday - weigh in at 4:45 to 5:30pm, --call Dolores for info. at 367-2945

Foster Homes Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Child Health Clinics - will be provided by area Public Health Nurse every Thursday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info

Weight Watchers: Effective October 8th Wednesdays at 4:45 weigh-in and at 5:30 Meetings

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon

PINE FALLS UNITED CHURCH: Worship Service and Sunday School at 11:00 a.m. 367-2633 Everyone Welcome

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-9520 Rector, the Rev. Sandra Tankard Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scamterbury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais Mass 12:00 noon first Sunday of November to last Sunday of April May through October mass 10:00 a.m. Sunday

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

Winnipeg River RCMP Report

The Winnipeg River RCMP, Powerview Detachment along with Manitoba CrimeStoppers would like your assistance in solving the following:

On Wednesday, September 29th, 2004 at approximately 4:45 p.m. a report was received that a neon green older car, similar to a Mercury Topaz was driving in a dangerous manner on Highway 304 south of Powerview. The complainant advised that the two (2) occupants were wearing ski masks and appeared to be trying to force the callers vehicle off of the road.

RCMP also need your help with the following: Between September 14 and 21st, 2004 the

fence at the Pine Falls Golf Course has been damaged. On three (3) separate occasions culprit(s) have cut the fence along the back trail between Powerview and Pine Falls off of Dupont Street. On the last occasion a section of the fence approximately 18 inches wide was removed, top to bottom.

If you have information regarding this or any other crime please contact the Winnipeg River RCMP at 367-2222 or by calling Manitoba Crime Stoppers at 1-800-782-8477. You will not have to give your name nor go to court and may be eligible for an award of up to \$2000.00.



RCMP needs your help in solving the said Crimes!



Report from Legislature

by Gerald Hawranik, M.L.A. Lac du Bonnet Constituency

Are we better off today than 5 years ago?

That is the question - "Are we better off today than we were five years ago when the Doer Government was elected"? Consider this. In the year 2000, the Hells Angels came to Manitoba. In spite of the Justice Minister's political rhetoric, we do not have a single member of the Hells Angels (a criminal organization) who has been successfully convicted of a crime. At the same time, we know that five members of the Hells Angels have been charged with violent crimes in Manitoba and all five members have not been convicted. Is this the kind of Justice Minister we want in Manitoba? Do we want a Justice Minister who is afraid of the Hells Angels and who has allowed the Hells Angels to establish a retail store, without opposition, just down the street from the Justice Minister's constituency office? Do we

want a Justice Minister who has allowed the Hells Angels to expand and take over the drug trade in Manitoba? Do we want a Justice Minister who will sit back and let it happen, and as a result our children and grandchildren will suffer as a result of drug addiction and drug dependency? I don't believe that we want this kind of Justice Minister! I am the Justice Critic in the Manitoba Legislature, and I can tell you that I would not stand for this incompetence!

Consider this. After a billion dollars more spending on health care since 1999 we are now probably further behind than we were in 1999. Not a week goes by without complaints from constituents regarding health care waiting lists. I have several constituents who have been waiting more than a year for knee or hip surgery. If we had to wait

more than a year for our mechanic to change the oil on our vehicle what would we do? Most likely, we would go to another mechanic! We don't have this option under our current health care system, but why shouldn't we? We have the option when maintaining our car, but somehow, astonishingly, we don't have the option when we need to repair parts of our body - and we put up with this!

Are we better off now than we were five years ago when the Doer government took power? Not likely!

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at Box 430, Beausejour, MB, R0E 0C0, email me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.

On Parliament Hill



Your voice in Ottawa
Vic Toews, MP for Provencher

Uncovering the truth

While the June 2004 federal election has already been long forgotten, the Sponsorship scandal that preceded it is still fresh in the minds of many Canadians. Now that the public hearings for the official inquiry have begun, revelations from these hearings are promising to finally uncover the truth about what happened to the \$250 million of taxpayers' money.

The most recent documents tabled at the judicial inquiry into the Sponsorship Program confirm Opposition statements that there was political direction from the highest levels of government. These documents show that the former clerk of the Privy Council, Jocelyne Bourgon, wrote to former Prime Minister Jean Chrétien in the fall of 1997 to say that his office had final authority for the program, including deci-

sions about which projects would be funded.

This is a key discovery that confirms that there was political direction from the top levels of power, not simply 'rogue bureaucrats', as Prime Minister Martin has suggested. We now know that the millions of dollars that ended up in the pockets of Liberal-friendly ad firms were entirely under the control of the Prime Minister's Office for the duration of the program.

Furthermore, the inquiry has also received evidence that the Public Works Department spent \$2 million trying to control publicity after Auditor General Sheila Fraser released her first scathing report on the sponsorship program in 2002. The money included \$935,000 paid to outside consultants and auditors, \$624,700 for processing access-to-information re-

quests, and \$465,000 for a quick-response team to deal with media demands and opposition denunciations.

Now we know that the Prime Minister in fact not only had the ultimate responsibility for the administration of the program, but that the political leadership attempted to gloss over the truth when it became evident that their mistreatment of taxpayers' money would be exposed. Last February, Prime Minister Martin said that he would not hold an election until he had gotten to the bottom of this spending scandal; but it is clear just by these most recent revelations that "the bottom" may yet be a long way off.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Lac du Bonnet at 204-345-9762. You may write me at 203-323 Main Street, Steinbach, MB R5G 1Z2, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net

ENERGY CORNER

prepared by
Manitoba Hydro

Kids and kitchen safety

When it's time to cook supper, make it a family affair. Bringing kids into the kitchen is a great way to introduce them to cooking and what could become a lifelong passion. It's also a great way to spend some quality time together. Just keep these safety tips in mind while you pass along your culinary expertise to your children.

Start with your range. Install a buckle-style latch on the oven door so it can't be pulled open accidentally. Then anchor the range to the wall so that a child cannot pull the appliance over if they try to open the door. And always turn pot handles inward when you use the cooktop. Do not rest a handle over a burner that is on.

Water and electricity do not mix. To eliminate the potential for electric shock, keep your small appliances away from the sink. You can also check to make sure that no appliance cords hang over the edge of the counter. Unplug and tuck them away when they aren't being used.

It's also a good idea to install a cover over the switch of your garbage disposal. Then snap the metal cap on before engaging the appliance. Never bath a baby in the kitchen sink while the dishwasher is running. Hot water can bubble up through the drain and create a burn hazard.

When it comes to microwave cooking, teach children to do so safely and limit use to older children. Remind them that metal containers, foil, or dishes with metal trim do not belong in a microwave. They should also be taught that sometimes containers could feel cool when they come out of the microwave even though the food inside is very hot.

Lastly, install a certified smoke detector in the kitchen. Teach everyone to use it.

NEWS TIPS? Call us at 367-9468
We Want to Hear From You!

The Winnipeg Humane Society



Billy, 98417

Meet Billy, he is a really friendly and sweet rabbit who was found as a stray. He is looking for a loving home, someone to spoil him. He is a little shy at first but warms up to you once he gets to know you. He loves to be petted and you can pick him up and cut his nails without a problem. He is litterbox trained.

Donations of clumping litter are needed for our foster program. Donations can be brought to the WHS at 5 Kent Street.



Carrot 98850, Celery 98851, Lettuce 98852

Our owner gave us to the shelter because her rabbit accidentally had a litter. This is why it so important to spay and neuter your rabbit so events like this will not happen. These little cuties are super friendly and are about 3 months old. There are 2 boys and 1 girl up for adoption. Rabbit adoption fees are \$39.00 this includes getting them spayed or neutered, taxes and a two week health guarantee. Right now we are over run with rabbits. We have 12 up for adoption. Come down to the shelter and adopt one or two.

If you or your family are interested in any of the listed animals here or others at the shelter, you can call us at 204-982-3551 or Fax 204-982-2047

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Lac du Bonnet RCMP Report

Police Report for the period of September 27 to October 4



On the 27th of Sept., a report was rec'd that a vehicle which had been parked at Seagrim Lake in Nopiming Prov. Park was broken into and a cooler, set of jumper cables, a tow strap, oil, a first aid kit and a small air compressor were stolen.

On the 27th of Sept., a report was rec'd of a vehicle passing another on P.R. 214 in the R.M. of Lac du Bonnet, spraying the passed vehicle with stones and chipping the windshield. Lic. Plate of the offending vehicle obtained.

On the 27th of Sept., a report was rec'd to attend to a location along Wendigo Road in the R.M. of Lac du Bonnet to put an injured deer out of its misery. Police attended, however, the deer in question was gone, and could not be located.

On the 29th of Sept., a report was rec'd from Pinawa that a black BMX bicycle was found at a location on Dufferin. Police follow-up reunited the bicycle with its owner.

On the 29th of Sept., a report was rec'd that a hydraulic line was cut on a haybine

parked in a field along P.T.H. #11 in the R.M. of Whitemouth. Took place overnight.

On the 29th of Sept., a report was rec'd of an adult male trespassing on farmland belonging to another subject along P.R. 408 in the R.M. of Whitemouth. This also involved an altercation between the two subjects and damage to a set of glasses.

On the 29th of Sept., a report was rec'd of an adult female entering her former residence along the Lee River in the R.M. of Lac du Bonnet and removing items without the consent of the complainant. Police determined that this was part of a property division due to a separation and, in the absence of a Court Order, no criminal offence had taken place.

On the 30th of Sept., a report was rec'd that nuisance telephone calls were rec'd at a residence in Pinawa over the course of the past number of weeks.

On the 30th of Sept., a report was rec'd that the rear tires were slashed on a vehicle while parked in a parking lot in the Town of Lac du Bonnet. Took place between 11:00 PM and 1:00 AM on Wednesday.

On the 30th of Sept., a report was rec'd that an unlicensed truck was driving on Homestead Road in the R.M. of Whitemouth. No plate # was obtained, and when police patrolled, the vehicle in question was not located.

On the 30th of Sept., a report was rec'd of careless driving along P.T.H. #44 in the vicinity of Seddon's Corner. Police stopped the vehicle in question further east on #44, and found the driver to be sober. Warning issued for driving.

On the 30th of Sept., a request was rec'd to assist Wpg. River Detachment with follow-up with an assault victim and provision of transportation to the subject, as the Wpg. River Detachment were tied up at the time with more urgent matters.

On the 1st of Oct., a request was rec'd to check the Lac du

Bonnet Airport for a helicopter which was overdue. Police attended, however, were advised while enroute that the helicopter had turned up.

On the 1st of Oct., a report was rec'd that an under-age female was missing from her residence in the R.M. of Lac du Bonnet over the course of the past week. The subject was believed to be in the Lac du Bonnet area, and was subsequently arrested at a business in the R.M. of Lac du Bonnet. Arrangements were to be made by Child and Family Services for a placement in Wpg., however, no spaces were available, so the subject was turned over to her parents.

On the 1st of Oct., a report was rec'd of an under-age male smoking marijuana in the vicinity of the Orville Acres Arena in Pinawa prior to going to Pinawa Secondary School.

On the 1st of Oct., a report was rec'd of damage to a loader in the gravel pits along P.R. 214 in the R.M. of Lac du Bonnet. Investigation revealed that lights were stolen from the loader and the cable to the battery was cut. Took place over Thursday night.

On the 2nd of Oct., a report was rec'd of a break and enter to a cottage on Wendigo Road in the R.M. of Lac du Bonnet. This took place since the 18th of Sept., and the cottage was gone through by the culprits. Pellet rifle appeared to be the only thing stolen.

On the 2nd of Oct., a report was rec'd of shots fired in the vicinity of Lone Island Lake in the Whiteshell Prov. Park. Police patrolled the area, but did not locate the source of the shots in question.

On the 3rd of Oct., an under-age male was arrested for minor consuming and possession of liquor on First Street in the Town of Lac du Bonnet. Arrested and lodged to sober up. Released to his mother with applicable charges.

On the 3rd of Oct., a report was rec'd of a Motor Vehicle Accident on P.R. 214 in the R.M. of Lac du Bonnet. Police, fire and ambulance at-

tended to find that this had been a hoax 911 call.

On the 3rd of Oct., a report was rec'd that a vehicle was broken down along P.T.H. #11 in the R.M. of Lac du Bonnet south of McArthur Falls. Police attended to find that the vehicle in question was unregistered, so same was impounded and towed and the driver was charged accordingly.

On the 3rd of Oct., a report was rec'd of a domestic dispute at a location on Leslie in the Town of Lac du Bonnet. Police attended to find that an intoxicated adult male had assaulted an adult female. The male was arrested and lodged to sober up. Released for Court.

On the 3rd of Oct., a report was rec'd of two suspicious adult males attempting to hitch a ride along P.T.H. #44 east of Seddon's Corner. Police attended and found that the pair had stolen a vehicle in Beausejour. Both were arrested and turned over to Beausejour Detachment.

On the 3rd of Oct., a report was rec'd that an under-age male had assaulted his step-father at the residence on McDiarmid in Pinawa and then departed the house. The subject was subsequently located and arrested and turned over to Child and Family Services, with a court appearance.

On the 3rd of Oct., a report was rec'd of a vehicle driving on the lawn of a church on Massey in Pinawa, and causing damage to the lawn surface. Took place over the last number of days.

On the 3rd of Oct., a 911 call was rec'd to a location on Charles in the R.M. of Lac du Bonnet. Police found that this was a false call and due to phone problems.

On the 3rd of Oct., a report was rec'd that two adult males were missing from Milner Ridge Correctional Centre and had escaped sometime in the evening. Police patrolled the area and along P.T.H. #44, but did not locate the pair.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat.

Cooking for better health Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168. PACE 7-1375: meets first Tuesday of the month, Chicken Chef. Power-view meeting room.

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-7465 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 2:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall, Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:00 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horticultural Society meets second Tuesday of every month 7:00 p.m. Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Aeon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-a-Teen Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403. Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa, Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Doell, church 345-2934, home 345-9766. Sunday: 11:00 a.m. - morning worship, 6:30 p.m. - Upper Room.

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654

Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Mirek Szymal, 345-2900

Lac du Bonnet: 5:00 p.m. - Saturday mass, 11:00 a.m. Sunday mass

Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

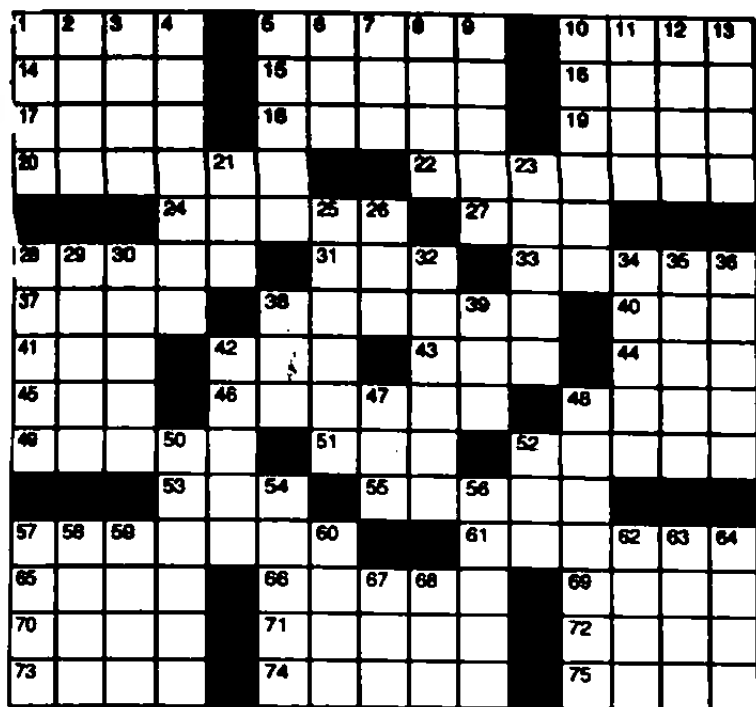
Rev. Sandra Tankard 367-9520, church 345-2357

Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

For all your community news tips

CALL THE ECHO
367-9468

WEEKLY CROSSWORD



ACROSS

- 1. Actor Singer
- 5. Vends
- 10. Mae _____
- 14. Beehive State
- 15. Skirt fold
- 16. Melody
- 17. Bristle
- 18. Perplex
- 19. Covers
- 20. Swarmed
- 22. NYC baseballers
- 24. Praise
- 27. Robert E. _____
- 28. TV series
- 31. Status _____
- 33. Wiped out _____
- 37. Copycat

- 38. Jolted
- 40. Offer
- 41. "_____ Who Dared"
- 42. Kind of soup
- 43. Stuttering sounds
- 44. Cutting tool
- 45. Before
- 46. Dining
- 48. British gun
- 49. Outmoded
- 51. Sault _____ Marie
- 52. Loamy deposit
- 53. Glass container
- 55. Plating
- 57. Pittsburgh footballer
- 61. Goes in _____ the Red
- 66. Studio item
- 69. False god
- 70. "I _____ never!"
- 71. Let loose
- 72. Relief
- 73. Foot digits
- 74. Performing mammals
- 75. Small duck

Down

- 1. Obligation
- 2. To _____; exactly (2 words)
- 3. Fee
- 4. Room
- 5. Garden tool
- 6. Graceful tree
- 7. Meadow
- 8. Dormant
- 9. Rob

- 10. Strider
- 11. Great Lake
- 12. Flank
- 13. Russian newspaper
- 21. Building annex
- 23. Wants
- 25. Bends over
- 26. Total
- 28. Detested
- 29. Musical play
- 30. Belief
- 32. Kitchen gadget
- 34. Ebb
- 35. Dice throw
- 36. Paradises
- 38. Actress Arthur
- 39. Work unit
- 42. Propel a bicycle
- 47. Call _____ day (2 words)
- 48. Raids
- 50. Expels
- 52. _____ Chaney
- 54. Shoals
- 56. Blends
- 57. Chair
- 58. Singing group
- 59. One (Ger.)
- 60. Hard to find
- 62. Mild cheese
- 63. JFK's mother
- 64. Killed
- 67. Ocean
- 68. Moray

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE


C HZDRQV FKR TCGY PKJT C HXQYT, C
HZDRQV HXQYT TCGY PKJT C FKR


Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation


Last Week's Solution


IT'S BEST NOT TO BREAK THE LAW, BUT IF YOU BREAK THE LAW OF GRAVITY YOU'LL LIKELY GET A SUSPENDED SENTENCE.


Weekly Echo Horoscopes

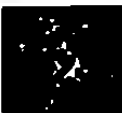
ARIES (Mar. 21- April 20)
 You will have the discipline and fortitude to accomplish what you want this week. Someone you work with could have a personal interest in you. Find an outlet for any mounting frustration.

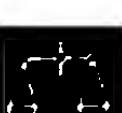
TAURUS (Apr. 21- May 21)
 You can make money if you put your mind to it. Don't let someone take the credit for a job you did. Focus on what's important rather than spreading yourself too thin and accomplishing little.


GEMINI (May 22-June 21)
 Don't promise to deliver the goods if you aren't positive that you can meet the deadline. Take care of the needs of elders in your family. You will be misinterpreted if you get involved in other people's problems.

CANCER (June 22-July 22)
 A lot can be accomplished if you organize your time. You may feel a need to make changes to your legal documents. You may want to clear the air where older relatives are concerned. Past partners are likely to reappear.


LEO (July 23-Aug 22)
 You can convince others to follow suit. Unexpected visitors will be a welcome surprise. Try to channel your energy into professional endeavors. Talk to others about your plans.


VIRGO (Aug. 23 -Sept. 23)
 Opportunities to make advancements through good business sense are evident. Don't expect support from your mate. You may find your self in a romantic situation. You will expand your circle of friends if you join groups.


LIBRA (Sept. 24 -Oct. 23)
 You can make major gains if you talk to your boss about your findings. You can bet officials will be waiting for you when you do. Children may be difficult to deal with. Don't get involved in uncertain financial ventures.


SCORPIO (Oct. 24 - Nov. 22)
 Don't bother complaining, do the work yourself. Put your time and energy into travel, philosophy, and soul-searching. Take care of your personal needs. Talk to an older, established individual about your present situation.

*This edition covers the week of
October 4th - October 9th*

SAGITTARIUS (Nov. 23 -Dec. 21)
 Someone important may be watching you from afar. Take time to talk things over. Travel for business or pleasure. Jealous colleagues may try to undermine you.

CAPRICORN (Dec 22- Jan. 20)
 Business trips might prove unproductive. Focus on your own domestic problems. You can elaborate on your creative ideas and get involved in groups that relate to the arts. You should check out prestigious clubs or groups that have a cause you believe in.

AQUARIUS (Jan. 21 -Feb. 19)
 Your home environment appears to be a little shaky. Avoid getting involved with married individuals. Your efforts won't go unnoticed; however, someone you work with may get jealous. Now is a good time to ask for favors.

PISCES (Feb. 20-Mar. 20)
 Lovers will be less than accommodating, and decisions regarding personal direction a necessity. Camping, swimming, and biking expeditions should all be considered. You may feel a need to make changes to your legal documents.

Echo Classifieds

Office space for rent
Above Pine Falls Post Office. c/w private washroom. For more information call Denis at 367-8651. TFN

House for rent, 3 bedroom, 2 full baths, stove, fridge, quiet area in Great Falls. \$535 per month includes water call 345-2931. TFN

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. M-TFN

For Rent
House for rent, Bungalow - River lot in Lac du Bonnet, close to all amenities, appliances included, phone 367-8482. TFN

For Sale: Double wide trailer in St. Georges, very private, great location. 1440 sq. ft. - 4 bedrooms, 2 full baths, attached garage, deck, washer/dryer, fridge and stove and dishwasher. Please call 367-4502 or 367-8523. M-TFN

Mark's Medi Wheel, 659 Park Avenue, Beausejour. Mobility and home healthcare store serving the North Eastman Region. Sales, rentals, and service. New and used scooters available. Good selection of magnetic therapy products and bath safety equipment. Call toll free 1-800-438-9301. M-TFN

Woodland Place/DaleHaven Apartments, 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained, call after 6:00 p.m. 367-4922. TFN

Rooms and Suites for rent. Weekly and Monthly rates available. Hydro and satellite included, call Omer at 367-9991 or 367-4210. M-TFN

Place you classified ads in this space. The real place where bargains await you. Call 367-9468. very affordable rates. M-TFN

Village of Powerview PUBLIC NOTICE BOARD of REVISION

PUBLIC NOTICE is hereby given that the 2005 Assessment Roll for the Village of Powerview has been delivered to the Municipal Office of the Village of Powerview and is open for public inspection during regular office hours (8:30 a.m. to 1:00 p.m. and 2:00 p.m. to 4:30 p.m. Monday to Friday). Applications for revisions may be made in accordance with Sections 42 and 43 of The Municipal Assessment Act.

APPLICATION FOR REVISION
42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of the premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:
a) liability to taxation;
b) amount of an assessed value;
c) the classification of property; or
d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS:
43(1) An application for revision must
a) be made in writing;
b) set out roll number and legal description of the assessable property for which a revision is sought;
c) state the grounds on which the application is based; and
d) be filed by:
(i) delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2); or
(ii) serving upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on November 10th 2004 at 7:00 p.m. in the Council Chambers of the Village of Powerview.

The final date on which applications must be received by the Secretary of the Board is October 25th 2004. Please Note: the Board shall not consider applications which do not comply with above requirements [subsection 43(2)].

Dated in Powerview, this 22nd day of September A.D. 2004.

Valerie P. Irving, B.Ed, C.M.M.A.
Secretary Board of Revision
Village of Powerview
Box 220 Powerview, Mb. ROE 1P0



Cat Found - Male black and white cat found in St. Georges area. If this is your cat or if you are willing to provide a home, please call 367-8635

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling **Silver Haven at 367-4620**

Friday, October 8
Soup, fish, oven roast potatoes, carrots and cauliflower, jello

Monday, October 11
Closed for Thanksgiving

Wednesday, October 13
Salad, roast turkey, stuffing, mashed potatoes, carrots and peas, pumpkin pie

PUBLIC NOTICE SNOW REMOVAL

The Rural Municipality of Alexander hereby gives notice that any party who deposits snow upon a highway or the shoulders thereof, may be in contravention of Section 217(2) of the Highway Traffic Act, which reads as follows:

A person who drops, throws or deposits upon a highway any substance or thing likely to injure a person, animal, or vehicle shall immediately remove or cause it to be removed.

As the practice of cleaning private lanes and driveways and leaving of snow on the road and/or shoulders creates hazardous driving conditions, the Rural Municipality of Alexander will take whatever action is necessary to enforce the above-mentioned section of the Act.

NB* The term "highway" applies to all roads and streets within the Municipality; both Provincial and Municipal.

Council of the RM of Alexander

THE RURAL MUNICIPALITY OF ALEXANDER CALL FOR TENDERS FOR THE SALE OF RM PROPERTIES

The Rural Municipality of Alexander is hereby calling for tenders for the sale of RM properties listed below. Specifications may be obtained between the hours of 8:30 a.m. - 4:30 p.m. Monday to Friday from the Administrative Office situated at 104058 P.T.H. #11.

All properties are subject to a reserve bid.

All tenders must be submitted individually in sealed envelopes and the outside of the envelope must be marked "SALE OF RM PROPERTIES TENDER" and also state the "Legal Description".

Deadline for tenders: Friday, October 29, 2004 at 4:00 p.m.

Tenders will be opened Wednesday, November 3, 2004 at 10:00 a.m.

Roll#	LEGAL DESCRIPTION				PROPERTY DESCRIPTION	ASSESSMENT
	Legal	Section	Twnshp	Range	Size	Assessed Value
79200	NE	14	18	7	160 acres	\$22,000
Public Reserve	SE	31	17	11	50' x 166.9'	\$3800

SUBMIT TENDERS TO:
Margaret Bonekamp, Chief Administrative Officer
Box 100, St. Georges, MB, ROE 1V0

Wings of Power Outreach Worker

Wings of Power has a current employment opportunity for outreach worker with the Spread Your Wings program.

The outreach worker will work with youth to help them develop employability skills, life skills, career planning and personal growth. The outreach worker will assist with program implementation, building community resources, case management, skill building workshops (facilitate or coordinate), build agency relationships, monitor work experience and maintain accurate documentation. Experience working with youth at risk, excellent interpersonal skills, knowledge of the community and resources, access to a vehicle required.

Please submit resume's to: Michelle Berthelette, Executive Director, Box 66, Pine Falls, MB ROE 1M0; email: wingsofpower@mts.net; or Fax 367-9784 no later than 4 p.m., Friday, October 15th.

"Eating Out" in the field

**Marilyn Zarecki, Home Economist
Manitoba Agriculture, Food
and Rural Initiatives,
Beausejour, 268-6015**
e-mail: mzarecki@gov.mb.ca

Every farm family has its own set of challenges when it comes to meals. With the wet weather, the possibility of frost, farm families are under extreme pressure to get crops off the field as soon as possible. There will be no time for stopping to eat. Every family member can help with the meals to the field.

Steps to Follow:

Take inventory of what you have in the freezer. Perhaps

you may want to prepare some of your meals ahead and freeze them in meal size containers that are easy to reheat. Examples include casseroles, soups, meatballs, lasagnas, and stews. Incorporate fresh garden vegetables, fruits, breads, muffins or cookies to finish out the meal.

Check out what you will be using to transport your meals to the fields. Are there enough insulated containers available to separate the hot and cold dishes, and are they in good condition?

If lunch is going to the field first thing in the morning, special care needs to be taken to keep cold foods cold and hot foods hot. Freezer gel packs

will keep food cold until lunch-time, but are not recommended for all day storage. Perishable food should not stay in the danger zone temperature of 4°C-60°C (40°F-140°F) for more than two hours, and if the temperature is over 32°C (90°F), this is reduced to one hour. This can become a critical factor if the meal is kept in a warm setting for any length of time, such as the cab of your truck!

Preparing Food for Transport:

When having sandwiches consider freezing them ahead of time to keep them cold as long as possible. Sandwich fillings that freeze well include peanut butter, meat and fish. Moist fillings, mayonnaise, raw vegetables and eggs do not freeze well.

Freeze water bottles or juice boxes to add to your lunch box as this will not only add needed fluids, but also help insulate your food.

Keep cold foods in the refrigerator right up to the time you are ready to go to the field. Then place in an insulated container with a frozen gel pack.

Send hot food in an insulated container to stay hot. If you don't have these available, wrap the roaster or casserole dish in newspaper, or towels to stay hot.

When you use a thermos for soup or hot beverage, place hot water in first to warm it up, then add the food.

Prepare meals in slow cookers to allow for flexibility of time. This way the meal can be ready for you when you get home and you can take it out to the field in the liner of your slow cooker to keep it hot.

Food Safety in the Field

Farm workers in the field also need to take some precautions to protect themselves when it comes to food safety. If working with agricultural chemicals, precautions should be taken to clean your hands and face before eating. Take along a pail of potable (safe) water, a bar of soap and pa-

per toweeling to wash up in the field. Once clean, be careful not to touch equipment until after eating. Even if you are not working with any chemicals, taking the time to clean your hands before eating your meal is always a good idea, especially if you are eating foods with your hands. If water is not available to wash your hands, keep some alcohol-based wipes of hand lotion in the cab instead.

Partial article from *Family Connections*, August 2004.

4-H NEWS

The Brokenhead Busy Bunch 4-H Club reorganization meeting is on October 7, 2004, at 7:00 p.m. at the SunGro Centre in Beausejour. Every child between 8-19 years is welcome.

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**THE RURAL MUNICIPALITY OF ALEXANDER
PUBLIC NOTICE - BOARD OF REVISION -
NOVEMBER 17, 2004**

Notice is hereby given, that the real property assessment roll of The Rural Municipality of Alexander for the year 2005 has been deposited in the Municipal Office and will remain open to the inspection of all persons between the hours of 8:30 a.m. and 4:30 p.m. Monday to Friday. Applications for revision may be made in accordance with sections 42 & 43 of the Assessment Act.

The Board of Revision will sit to hear complaints and revise the said assessment roll, on Wednesday, November 17, 2004 at 10:00 a.m., in the Municipal Office, #104058 on PTH #11, St. Georges, Manitoba.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of the Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- (a) liability to taxation;
- (b) amount of an assessed value
- (c) classification of property; or
- (d) a refusal by an assessor to amend the assessment roll under subsection 13(2)

APPLICATION REQUIREMENTS

43(1) An application for revision must:

- (a) be made in writing;
- (b) set out the roll number and legal description of the assessable property for which a revision is sought;
- (c) state the grounds on which the application is based; and
- (d) be filed by delivering it or causing it to be delivered to:

**BOARD OF REVISION
THE RURAL MUNICIPALITY OF ALEXANDER
P.O. BOX 100
ST. GEORGES, MANITOBA R0E 1V0**

or serving it upon the secretary at the Administration Office at #104058, PTH #11 in St. Georges, Manitoba at least 15 days (no later than Tuesday, November 2, 2004 at 4:30 p.m.) Before the scheduled sitting date of the Board of Revision.

DATED AT ST. GEORGES, MANITOBA THIS 27th DAY OF SEPTEMBER, A.D. 2004.

**MARGARET BONEKAMP
SECRETARY-BOARD OF REVISION
RURAL MUNICIPALITY OF ALEXANDER**

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