

The Winnipeg River Echo

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Vol. 3, No. 69 October 14, 2003 \$1.00 tax included

Charges laid in Alcare scandal

More arrests expected this week in alleged Rehab Centre scandal

By Charles Norman

Sagkeeng resident Perry Douglas Fontaine, (50), former Board Chairman of the Virginia Fontaine Addictions Foundation, was arrested Wednesday October 8 and charged with fraud and three firearms offences. He was released on bail on Thursday. He was arrested again on Tuesday, October 14. His daughter, Vera Lynn Bruyere, (31), was also arrested on Tuesday. They were charged with multiple counts of Giving Benefit to a Public Official. Later the same day Perry Fontaine's wife, 51 year-old Dolores Diane Fontaine was also charged under the same section of the Criminal Code.

With Dolores Fontaine's arrest a total of eleven people have been arrested in connection with an RCMP investigation into Health Canada funding of the treatment centre.

Constable Les Dolhun of the RCMP Commercial Crime Section in Winnipeg said that the amount of money involved so far is about three million dollars. He said the investigation is continuing and additional arrests are expected this week.

On Wednesday, October 8, Fontaine was charged with five counts of Fraud over \$5,000 contrary to Section 380(1)(a) of the Criminal Code of Canada. He was also charged with two counts of possession of a firearm without a licence, and two counts of possession of prohibited devices, (high ca-

capacity rifle and handgun magazines) contrary to Section 91(2) of the Criminal Code. The firearms offences resulted from an RCMP search of Fontaine's home on July 22, this year.

In an October 8 press release the RCMP alleged that Fontaine "used his position as Chairman of the Board to cause the Virginia Fontaine Addictions Foundation (VFAF) and the Sagkeeng Solvent Treatment Centre (SSTC) to enter into a series of fictitious contracts with a sole proprietorship operating as KAGF Consulting between March 01, 2000 and April 01, 2001." The press release stated that "Police further believe that he arranged for the VFAF and the SSTC to make payments on these contracts despite having received no services. The money paid by the VFAF and the SSTC was returned to Mr. Fontaine in cash. The total value of the contracts with KAGF Consulting for which the VFAF and SSTC paid but received no services was \$623,000."

On Tuesday, October 14, Perry Fontaine was again arrested and charged with eight counts of Giving Benefit to a Public Official contrary to Section 121 of the Criminal Code. His daughter, Vera Bruyere, was also arrested and charged with two offences and his wife, Dolores Fontaine, was arrested and charged with one offence under the same section of the Criminal Code. The



The Addictions Foundation at Sagkeeng First Nation

public official named in the charges was former Assistant Deputy Minister of Health Canada, Paul Cochrane.

Two weeks ago former Health Canada Director in Winnipeg, Patrick James Nottingham was arrested on breach of trust and fraud charges for allegedly providing preferential treatment to the Sagkeeng Solvent Treatment Centre. RCMP allege that, in return for the preferential treatment, the centre awarded contracts totaling \$977,500 to a company registered to Nottingham's wife, Julia Anna Mandamin, who was charged in September in connection with the investigation.

The alleged funding scandal came to light during the last federal election when the Canadian Alliance Party began asking questions about treat-

ment centre employees holidaying on a cruise ship in the Caribbean along with Canada Health Assistant Deputy Minister Paul Cochrane and his assistant, Aline Dirks. The Caribbean cruise became a major election issue, embarrassing then Health Minister Allan Rock, who promised a full and complete investigation. Since then, as a result of a fo-

rensic audit and a massive investigation by the RCMP Commercial Crime Section, a total of eleven people have been charged in connection with the investigation, beginning with both Cochrane and Dirks. Paul Cochrane was in charge of Health Canada's \$1.2 billion budget for native health care.

Search continues for missing man

By Jim Hampshire

A Winnipeg resident is missing and presumed drowned after his capsized boat was found on the waters near Poplar Bay. It was reported that Richard Cudmic, age 51, was missing from his family cottage at Poplar Bay last Thursday and Lac du Bonnet RCMP were notified when a fisherman found his 12-foot aluminum boat floating upside down in the area.

Emergency personnel were immediately called to the area to conduct recovery operations last Thursday afternoon but the search was suspended due to darkness. Search and recovery operations by the Bird River Fire Department continued into the weekend but were called off when it became apparent the man didn't survive. Recovery operations were expected to resume Tuesday.

Weather conditions were not believed to have played

Sagkeeng Jr. B Schedule

OCTOBER

Friday, October 24th	Sagkeeng @ Selkirk	5:00 pm
Sunday, October 26th	St. Boniface @ Sagkeeng	2:30 pm
Tuesday, October 28th	Sagkeeng @ NW Selkirk	5:00 pm

Southwest Blazers Homecoming

1993

St. Georges Voyageurs host another great fishing weekend

The St. Georges Voyageurs hosted their 10th Annual Pine Falls International Walleye Classic. This past Thanksgiving weekend there were 80 boats competing for this year's title.

Saturday the fisherman faced rain for most of the day. With the cloud cover, catching fish would be a little easier than the next day. The biggest fish of the day was 11.11 lbs caught by the team of Richard Anderson and Dan Dashou. That biggest fish of the day won them \$250 donated by Clark's Corner. The total poundage caught on Saturday for all boats was 390.46 pounds.

Sunday brought sunshine, but with that fishing became difficult. Locals Murray Steinke and Sylvio Chevrefils with a weight of 7.97 pounds caught the biggest fish of the day on Sunday. They won \$250 donated by Broadlands Mall.

When all was caught and weighed the total poundage for the weekend was 669.70 pounds. Frank Christianson who guessed 668.60 pounds won the 50/50 guessing game. Frank won \$146.

The team of Jack Macy and Orvil Knisely won the \$ 500 Cool Under Pressure Award, donated by Papertown Motor Inn. They moved from 51st ranked position after Day 1 to 9th ranked position on Day two.

The prizes were very exciting as 7 out of the 15 prizes were awarded to local fisherman. The top local team ranked 5th with a total weight of 22.67 pounds. The father and son team of Clifford Houston and Clifford Houston Jr. won \$1000.00. Clifford Houston Jr. was also the youngest fisherman in the tournament. At 13 years old he has a promising future as he caught 5 out of their 8 fish weighed.

Other winning locals were: Don Powell and Sean Papineau (7th winning \$775), Rene Dube and Ray Fawcett (8th prize winning \$725), Pauline and Bob Vincent (12th prize was sponsored by The Fishing Hole). Bob and Pauline also won a 12 ft Lund boat for the top mixed team. Laurent Raymond and Trevor Thomas (13th prize was sponsored by Manitou Lodge), Murray Steinke and Sylvio Chevrefils (14th was sponsored by Genmar Boats), Alice Bisson



First place was awarded to the team of Ted Stewner and Al Carlson, they were presented a \$7,000 cheque by the St. Georges Voyageurs



(L to R) Dave Lagasse/Voyaguer awards a \$1,000 cheque to father and son team, Clifford Houston Jr. and Clifford Houston, along with co-presenter Raymond Houston/Voyaguer

and Leon Bouvier (15th prize was sponsored by Pro Am Tackle). Way to go!

First Place was awarded to Ted Stewner and Al Carlson who won \$ 7,000. Second place was awarded to Henry Loewen and Ike Klassen who won \$ 3,500. Third place for \$2,200 was awarded to Stephen and Chris Roehl.

Other winning teams were: Christianson and Christianson (4th winning \$1,100), Anderson and Dashou (6th winning \$850), Macy and Knisely (9th winning \$675), Zihruh and McKin (10th prize winning \$650), McDonald and Pyzer (11th prize was sponsored by Jackson's Caribou Lodge and Outpost).

The Early Bird Draw win-

ners were Mike and David Mortenson who won a 12-foot Lund Boat.

The Calcutta winners were 1st - Frank Christianson who won \$566, Diane Houston, Jackie May and Terry Wert won 2nd prize of \$283 and Jordon Gavanough won 3rd prize of \$212.25.

Laurent Raymond won 1st prize in the Voyaguer raffle, a Charlie Niedermayer knife. 2nd prize was won by Gerald Rheault, a carved Emu Egg. 3rd prize, a jigsaw, was won by Brandon Thomas.

It was a great tournament and once again a big success. Thank you to all our sponsors including Kulyk Insurance and Financial Services for their on-

going support and to all who make this Tournament run so smoothly.

BINGO

FOR UPDATES CALL 345-6197

Royal Canadian Legion #164

Lac du Bonnet	Full House	Bonus Line - \$1,192.00
Legion Hall	49 numbers	Star - 211.00
Specials 7:00 p.m.	\$1500	Lucky 7 - 1,517.00
Every Monday Evening	Lot. Lic. 453	Poker Flush - 1,668.00
In Case of Discrepancy the Latter will Prevail		Mini Loonie - 2,278.00
		#1 Loonie - 737.00
		#2 Loonie - 3,901.00
		Jackpot Strip - 2,268.00
		Bonanza - 2,559.00

BINGO

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Star - 1,314.00	PUT PRIZES AT 25 WINNERS
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Loonie Pot:	\$92.00
Bonus Line:	\$211.00
Full House:	650.00
In 56 numbers	

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Writers
Charles Norman,
Jim Hampshire

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Lori Pachkowsky
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 Foreign Rate: \$102.60
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P.O. Box 550, Pine Falls, MB ROE 1M0
 56 Art Street, Powerview, MB
 e-mail: theecho@mb.sympatico.ca

Powerview Office Ph: 367-9468 Fax: 367-9974

The **Winnipeg River Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

High-speed chase ends safely

By Charles Norman

A high-speed chase through Sagkeeng, Pine Falls and Powerview ended without injury or property damage last Friday.

Around 10:00 am Friday morning, the Powerview RCMP detachment got a call from a Sagkeeng resident reporting an impaired driver driving erratically. Police caught up with the automobile a little before noon in the Sagkeeng Townsite and attempted to pull it over.

The driver ignored the police and took off towards Pine Falls at speeds in excess of 130 kmph.

In the meantime the RCMP had established a road block in Pine Falls to prevent cars from

traveling west on Highway 11 and risking a collision with the speeding vehicle.

The car roared through this road block, past an RCMP officer with gun drawn, and through Pine Falls and Powerview at speeds up to 100.kmph - RCMP cars following the vehicle had pulled back a little to reduce the risk of the injury from collision with other vehicles or pedestrians. The erratically driven vehicle turned north on Highway 304, crossed the dam, evaded the following police cars and turned back across the dam, went back through Pine Falls and Powerview and finally ran out of gas a short distance into Sag-

keeng.

The driver emerged from the car with arms spread and hands open to show he wasn't armed. He was apprehended by police, handcuffed, and taken to Powerview where he was held in jail and charged with impaired driving, driving with a blood alcohol level over 0.08, motor vehicle flight from police, and dangerous driving.

The chase through town provoked rumours that the Caisse Populaire, the Credit Union or the Royal Bank had been robbed. None of these were true. The incident appears to have been the result of a domestic problem.



The car and driver finally came to a halt on Highway 11, and officers quickly made the arrest, without incident

New Sagkeeng business opens on South Shore

Sleeping Wolf - a new Sagkeeng business, opened for business last week.

Lionel Courchene, 20, will be renovating, restoring and customizing old cars and trucks - a trade he learned from his fa-

ther, Jourmeyman Auto-mechanic, Joseph Courchene. Lionel already has a restored 1977 Ford F 150 close to completion.

Sleeping Wolf will also be offering building and house cleaning services

and lawn care.

Lionel Courchene is in the process of building a garage so that work can continue through the winter. He is financing the business without any outside help.

NEWS TIPS? 367-9468
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Thank You!

The St. Georges Voyageurs would like to thank all who have supported us for our 10th Annual Pine Falls International Classic. A big thanks to our sponsors:

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You can't be serious



by Jim Hampshire

Scary scars and hopping bars

Because Halloween is fast approaching, I have taken it upon myself - with little regard to my own personal safety - to have exploratory surgery performed this week. On the upside, I figure I might be able to obtain real stitches and scars to accent my Halloween costume in an effort win the "Best Costume Award" this year. On the downside, I'm going to have a really big boo-boo.

Actually this procedure was my doctor's idea and I thought I might run with it... as far as Texas, if I need to. Just as long as I don't have to put on one of those silly hospital gowns (which, due to a manufacturing flaw, actually resembles a really big bib) and have my body violated by those extremely sharp objects that make you bleed. That's right, I staunchly oppose any sharp objects that can make you bleed. Even when I shave, I use the cardboard packaging

that the razors come with just to avoid paper cuts. The way I look at it, all vital liquids, including blood, should remain in the natural confines of your body.

But no, the good doctor says I have a mass growing under my skin and it should be removed with a sharp scapple, hence the blood, the stitches, and the scar. Now I'm confused here. Had the good doctor pointed out that I had a 'mess' growing under my skin, as opposed to a mass, I might feel some urgency in this matter. Anyone who knows me might point out that I have several 'masses' growing under my skin - most notably, above my belt line. But the good doctor isn't terribly concerned with my eating habits at this time. He's only concerned with this little tiny lump that doesn't even show through some very selective baggy clothing.

So basically, I'm resigned to having this procedure.

Mostly because there's no way in hell I'm able to run all the way to Texas, and also because - as the good doctor pointed out - I should have a whopping scar as a result.

"Hey..." I said to the good doctor in the examination room. "Could you make it a real grotesque scar, maybe on my forehead?"

Apparently that's not the way it works. According to the most recent medical studies, any operation entry should be directly in front of the infected area, which, in this case, seems to be my chest. So what good does the impending scar do for my Halloween costume? Should I dress up like Pamela Anderson? I mean, in the event that operating staff is missing a few sponges at the end of the procedure. And if that's the case, will Tommy

Lee be available as my date?

To tell you the truth, I was looking forward to a visible scar this Halloween. And maybe some stitches and a drain tube for costume effect, but it all might work out for the better. The last thing I'd need at any Halloween bash, is for some half-gooned reveller pulling on my stitches, remarking at the authenticity of my make-up. In the meantime, before I decide on costume, or if any scar will have visible effect, I still have to summon the courage to:

A) Have my chest hair shaved

B) Wear a hospital gown, resembling a backless bib, much like you'd have to wear if you were having buttocks surgery

C) And finally to summon the courage to let go of the

hospital ward bed before the actual operation, while several ward attendants tug at your ankles to put you on a hospital gurney for transport to the operating room.

But make no mistake, I will be there for the big Halloween bash nearest you. And although I might be dressed as a hospital patient, wearing a really big backless bib, I'd respectfully ask that if any hospital ward personnel inquire about my whereabouts, tell them I'm half way to Texas.

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Arena Board works to salvage hockey season No home ice advantage for Lac du Bonnet in the coming weeks

By Jim Hampshire

The Lac du Bonnet Arena will remain closed for an undetermined amount of time while arena board members deal with the problems pertaining to the artificial ice machine. The aging ice machine broke down last month on startup when a major component of the machine was contaminated by brine solution, cutting the freezing ability in half.

Meanwhile, board members are working to salvage the start of the local hockey season, which includes adjusting the various hockey schedules with neighboring towns to compensate for the absence of ice at the local hockey rink.

Several sources indi-

cate that Pinawa and Powerview were working to accommodate Lac du Bonnet minor hockey by making ice available for use in their respective communities. When contacted, Lac du Bonnet Arena Board Chairman Scott Gorrie couldn't confirm that any new schedule had been worked out with the neighboring rinks but he did indicate that both Pinawa and Powerview were working to provide as much ice time as possible so the 2003 / 2004 minor hockey season can get underway with a modified schedule. One alternative would see the Lac du Bonnet teams play all their away games in the early part of the season while repairs are being made to the artificial ice machine at the



The public notice board at the Lac du Bonnet Arena tells the story as arena board members try to find a solution to make expensive repairs to the artificial ice machine.

Lac du Bonnet Arena. Not only will the repairs be costly, but also time

consuming as the new parts and components will have to be shipped in from Toronto.

The ice maintenance

staff at the arena did manage to make some ice in recent weeks with the limited equipment still operational but it became

apparent that further damage could occur with the ice machine working at half capacity.

Healing Service

An evening of praise and worship, preaching and prayer for healing.

Thursday, Oct. 23rd

Join us for an evening with Catholic missionary-evangelist Greg Trainor from West Palm Beach, FL. Whether speaking from a pulpit or on a street corner, Greg says that preaching the Gospel is the greatest joy of his life.

Greg preaches a powerful message from God's Word that has changed the lives of thousands throughout the world.

There will be prayer for healing.

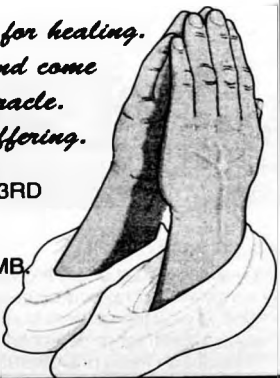
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TIME: 7:30 P.M.
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Call John or Yvonne at 367-86-2673

Everyone is Welcome!



TENDER

MANDATORY SITE VIEWING 2004 TREE PLANTING CONTRACTS

The Forestry Branch of Manitoba Conservation will be inviting tenders during the spring of 2004 for tree planting contracts on Crown Lands. **Viewing of the sites is mandatory in order to submit a bid.** All transportation, including the use of off road vehicles is the responsibility of the prospective bidders.

Prospective bidders must meet contract level requirements and must supply all equipment, tools, labour, transportation and operating supplies.

Inclement weather may force cancellations or alternate viewing dates. Contact 204-945-5977.

All numbers are approximate and subject to change depending on availability.

VIEWING SCHEDULE:

Northwest	- The Pas Provincial Bldg.	8:30 a.m.	October 20, 2003
Western	- Swan River Provincial Bldg.	8:30 a.m.	October 21, 2003
Interlake	- Gypsumville District Office	10:00 a.m.	October 22, 2003
S. Eastern	- Anola PetroCan Station	8:30 a.m.	October 23, 2003
Eastern	- Rennie District Office	8:00 a.m.	October 24, 2003

Tenders are invited for the following contracts:

LEVEL 1 (1 - 150,000 trees)

Contract	No. of Seedlings	Type	Site
NW-1-2004	80,000	o/w container	prepared
E-1-2004	87,000	o/w container	barrels and chains/unprepared

LEVEL 2 (150,001 - 300,000 trees)

Contract	No. of Seedlings	Type	Site
I-1-2004	260,000	o/w container	prepared/unprepared

LEVEL 3 (300,001 - 600,000 trees)

Contract	No. of Seedlings	Type	Site
E-2-2004	413,000	o/w container	brace/herbicide/prepared/unprepared
W-1-2004	307,800	o/w container	prepared/unprepared
W-2-2004	538,200	o/w container	prepared/unprepared
ES-1-2004	580,000	o/w container	brace/brace/herbicide/unprepared

Lowest or any tender not necessarily accepted. There will be a winter viewing of other contract(s).

Manitoba

Town Crier

Events and information from *The Echo*



by Jim Hampshire

Last weekend we were cruising around in the Echo Express when we ran across a dart tournament at the Lac du Bonnet Legion. For the record, we always make it a point to park the Echo Express in any Legion we come across - the Pine Falls branch included. This is because we have a Legion card and we don't leave home without it.

Anyway, back to the dart tournament. There we were, at the Lac du Bonnet branch looking for a beverage, and lo and behold, there were little tiny missiles flying in every direction! Now obviously you can tell by my last name that I might know something about the game of darts - being a little British and all. Poppy-cock! I know nothing about darts except not to stand anywhere near a dart board during a rousing game. I tried playing darts once and I had better luck playing 'Pin the tail on the donkey' - which I tried for the first time last week. It's a lot like darts, where you hold a pointy object in your hand and then stick on the ass (Note to editor: actual dictionary term, meaning donkey). Anyway, if you ever seen me through a dart, you'd know why I find both games very similar.

As for the dart tournament last weekend, I thought it was worth mentioning today because the event drew dart players from all over eastern Manitoba, and even players from Kenora. This was just an invitational tournament but teams came in from all Legions in the region, from Selkirk to Pine Falls, and it was a resounding success considering

it was just an afternoon of recreational fun.

When it was all over, I had a chance to talk with several Legion members and they wanted to let the public know that both the Lac du Bonnet and Pine Falls Legions are finalizing plans for their Grey Cup parties and they wanted me to pass along a little plug. First of all, you should know that it is a public event (that's way these places have a guest book) and there are different activities and pools - not to mention the food - to keep everyone entertained, just in case the football game turns out to be a yawner.

Moving right along, we should take a look at the more immediate future. As you know, Halloween is only a few weeks away and there will be a number of costume bashes around the area. We were asked to mention the Lac du Bonnet Community Centre Monster Bash, which will creep up on All Hallow's Eve. Once again the Knights of Columbus will host the event and tickets can be picked up at the community centre office. We also know that several taverns will celebrate this night of fright and we will toss up a complete list next week.

Now before we close this column for another week, we promised we would mention Christmas in November (what?). That's what we first thought but it was explained to us that this event is a dinner and dance fund-raiser for the Lac du Bonnet Community Club, who get a lot of ink in this column because they promised to send a lot of ad-

vertising our way. Hey! We gotta make a living too! Anyway, we're happy to lend support to non-profit community based organizations, but first we should explain this "Christmas in November" shin-dig. You see, it all began with the '100 Club' dinner and dance, where people thought that tickets cost 100 bucks. That wasn't the case and it went over well. The community centre then hosted the 200 Club dinner and dance the following year, and you guessed it. People thought the tickets would be 200 bucks. The idea behind the 200 Club is that only 200 tickets were made available and then the community centre would make random draws for gobs of money. If your ticket was pulled, you'd get the gobs. The drawing card here is that you have a better chance to win gobs of money if you were in a room with a minimal amount of people. It was all too confusing to the public so the centre decided to keep the format the same, but change the name. Christmas in November pretty much means Christmas comes early for the lucky ticket holders to attend this event. Cash can be a pretty nifty gift and the community centre is making several draws so that you might win gobs. There's plenty of time to pick up tickets as this event goes on November 22, but we thought we'd pass along a little eye-opener in the meantime.

That's all for this week and if you'd like to see your organization in this spot next week, give us a call at the Echo office and we'll give you gobs of ink in print.



The Lac du Bonnet Legion played host to a regional dart tournament, with players coming in from as far away as Kenora Above, Nick Boncamp of Powerview takes aim during a practise round



Al Johnson of the Lac du Bonnet Legion helped organize the weekend dart tournament at the Lac du Bonnet Legion and he says he is impressed with the turnout, which saw players coming in from Ontario.

Special Situation Survivors



Angel, 79662

Angel's a great kitty who came in during the summer with a litter of kittens. After going into foster care, she's come around really well. She eats a hypoallergenic cat food in order to alleviate some digestive problems she's had. As a result, her adoption fee is only \$51.00 plus tax.



Coco, 83718

Coco's owner couldn't afford the veterinary care he required. He's a very lovely, well tempered older dog who enjoys going for walks and meeting new friends both human and canine. He will be happier and healthier as he continues to lose weight. As an older dog, his adoption fee is only \$60.00 with tax!

The Winnipeg Humane Society

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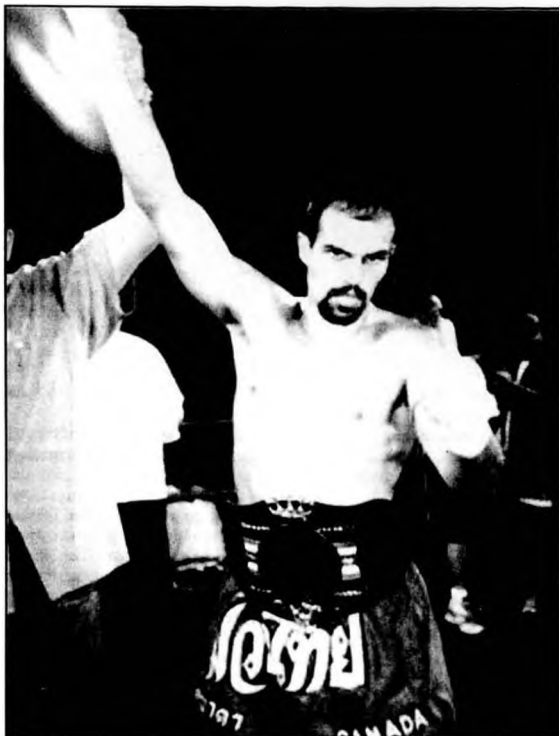
Razor's retirement cut short!

Last November local professional fighter Larry "Razor" Sharpe announced that he would be retiring from Kickboxing. At the time Sharpe stated that he would only kickbox again if a World Title was on the line. Sharpe has gone on to rack up a professional boxing record of 6-1. His only loss a six round decision to now Canadian Champion Mark Flynn of Nova Scotia.

Two months ago Raul Hemodez of Mexico contacted Sharpe to fight for

a World Title in Mexico City. Sharpe is to face Aldo Tello (38-4) in Mexico City in December of this year. Sharpe has begun training hard kicking again and has a big time warm up match in Winnipeg.

For awhile six time world champion Duke Roufus of the States, has been after Sharpe to fight his prodigee Ben Dauck. "Batling" Ben Dauck is an undefeated fighter who has won the US Amateur National Title seven years in a row before turning pro. Sharpe who currently already holds, North American Titles in 2 of the 3 major sanctioning bodies in the world. Sharpe will try to gain the I.S.K.A. North American Title in his match against "Batling" Ben Dauck. The match takes place October 25th, 2003 at the Rendez-vous. Tickets can be purchased from Joyce Sharpe or Neil Boulette.



Larry "Razor" Sharpe is slated to fight on October 25th at the Rendez-vous, in Winnipeg

Library

Lac du Bonnet Regional

The Library's annual Fall Supper, held on October 4th, was a sell-out event once again. The Legion Ladies Auxiliary outdid themselves in preparing enough delicious food to feed almost 400 people. Our thanks go out to all who donated grocery items, those who baked pies, and those who set up, served, and helped with clean-up! Every year new members of our community and surrounding area "discover" this delectable dining experience, and we begin to get calls in August asking for the date of this special event.

For information, anytime, about Library happenings, feel free to check out our website at www3.mb.sympatico.ca/~mldb. You can even email us if you have any questions or suggestions.

What's new in the world of books? We have a number of health related titles to share with you....If you are one of the millions suffering from chronic pain, relief is here. Read and follow the advice offered by Canadian Dr. David Corey in his book, "Pain: Learning to Live Without it."

Another title that deals more specifically with back problems is "A Consultation with the Back Doctor" by Hamilton Hall, M.D.

"Before the Heart Attacks" by Robert Superko, outlines a revolutionary approach to de-

tecting, preventing, and even reversing heart disease.

"There are many misconceptions about mood disorders. Patients suffer not only from the disorders themselves, but also from the social stigmas associated with them." In "Bipolar Disorder, Depression and Other Mood Disorders", author Helen A. Demetriades helps the reader gain a more thorough understanding of these life-altering disorders.

Read about other real-life experiences. In "The Voyage of Northern Magic" by Diane Stuemer, you'll learn of this Canadian family's adventures aboard their 40-year old boat. Over these 4 years, they visited 34 countries and covered 35,000 nautical miles.

"On April 14, 1998, Sarah de Vries disappeared from her usual spot on the corner of Princess and Hastings in Vancouver." In "Missing Sarah", Vancouver writer, editor, teacher, Maggie de Vries, "reflects on her sister's story through Sarah's own poetry, excerpts from her journals, her parents' and siblings' memories and the recollections of people who knew Sarah during her fourteen years downtown.....Tragic though it was, in many ways, Sarah's life had meaning."

Read about Catriona Le May Doan's accom-

plishments as a Canadian speed skater which have twice earned her the Canadian Female Athlete of the Year award. Her story is told in "Going for Gold".

"Monty Roberts is definitely a pioneer. In the past, horse breaking has been man against horse, checking his will, dominating him. Monty does something quite different." He is "The Man Who Listens to Horses" and horses listen to him as well.

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Manitoba

Environmental Forum

by Brian Kotak

Winnipeg River goes to the doctor



For the next two weeks the Winnipeg River will be having a physical (and chemical, and biological) check-up. Under the Pulp and Paper Effluent Regulations, the Canadian government mandates that each mill must assess the health of the river bodies that they discharge effluent into. This occurs every three to four years, usually in the fall. Stantec Consulting, from Calgary will be conducting the assessment starting on October 9.

This Environmental Effects Monitoring study examines the impact of the mill's effluent on water quality, benthic invertebrates (bugs that live on the river bottom) and on fish. The last study was conducted in 1999. At that time, the study found that the effluent mixes very rapidly into the river. A 1% effluent level (1 in 100 dilution) occurs between 370 and 740m downstream of the effluent outfall, depending on the flow of the river. There were no detectable differences in water quality between sites upstream of the hydro dam and sites located downstream.

A large part of the study is focussed on fish. White sucker was chosen as a key species

to study, as this species feed almost exclusively near the bottom and has been shown by other studies in Canada, to be sensitive to effluents. In 1999, fish were collected upstream of the dam and at various distances downstream of the effluent outfall. The consultants examined growth rates, reproductive status, energy stores, diet and general health. There were no differences between fish upstream and downstream of the mill in terms of growth rates, and reproductive parameters such as the weight of reproductive organs, egg production, egg size and the age at which the fish are reproductively mature. In other studies conducted in Canada, liver size has been shown to be a good indicator of health. The 1999 study of suckers in the Winnipeg River found that the livers in fish upstream were larger than downstream of the mill. This is contrary to what was expected if the mill was having an impact on the fish. The results reflect that the fish upstream have a different diet than those downstream.

The 1999 study also examined the effects of the effluent

on benthic invertebrates, which are a food for some fish species (including sucker). The results indicate that the effluent is having a slight enrichment effect. There were more species and types of invertebrates, and greater numbers downstream of the mill. This is a common finding in studies conducted on any effluent source (pulp and paper mills, town and city sewage). When comparing the EEM study conducted in 1996 with that conducted in 1999, the consultants found that the impacts on the invertebrate community have largely disappeared. These impacts were associated with the logs and bark that are present on the river bottom. This improvement suggests that the bark is being broken down over time.

With the many improvements in our effluent observed since the startup of the TMP in 2001, the minor effects noted in 1999 should be even less. The startup of the TMP and the shut down of the sulfite mill has improved our effluent quality greatly. This is on top of the major improvements observed when the wastewater treatment

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District 345-8816/753-2639
Email: reccomm@granite.mb.ca

Not sure on what to do with yourself in the evenings this month? How about trying one of our upcoming cooking classes? Or, if you are a craft sort - think about participating in the Rec District's Annual Christmas Craft Sale on November 15. There is plenty to do this Fall - just give us a call!

Get stuffed With the Greek Market: Do you love Greek food? Have you ever had stuffed zucchini? How about stuffed tomatoes or peppers? Ever wonder how it is done? October 21st you can learn it all at the Secondary School Home EC room in Pinawa. Call the rec office at 345 8816 or 753 2639 to register.

An evening of wine tasting with Kenaston Wine Market: Not sure how to match up your wines with you food? Ever hosted a dinner party and had trouble figuring out what the majority of people would like? Kenaston Wine Market will answer those question on October 28. In the Secondary School Home EC room in Pinawa. Call the rec office to

sign up today!

Cardio Kickboxing: Punch and kick away stress while getting in shape. Running until December 12 at Centennial School Gym in LdB.

Mondays 6:00pm - 7:00 PM
Wednesdays 6:30 - 7:30pm
Fridays 6:00pm - 7:00pm

Fitness Leaders Theory course: Interested in fitness training? This certification course is being offered in our area on November 14 - 16 at LdB Senior School. Call the rec office for details.

Annual Christmas Craft Sale

It is not too early to plan for the biggest craft sale in town. Mark Saturday, November 15 on your calendars and come on down to the LdB Community Centre from 10am to 4pm and take in oodles of vendors with some awesome craft items and so much more!

Toy Sale

Mrs. Lucci's will be holding their annual Toy Sale on Saturday, November 15. If you would like to book

NEWS TIPS? 367-9468

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INFLUENZA 2003 CLINICS

Pine Falls & Area Clinics

Wed., Oct. 15th	9:30am - 2:00pm	Victoria Beach Sports Club
Sat., Oct. 18th	9:30am - 11:30pm	Pine Falls Golden Leisure Club
	1:00pm - 4:00pm	Pine Falls Health Centre (Multipurpose Room)
Tue., Oct. 21st	1:00pm - 2:00pm	Pine Falls Pineview Manor
Tue., Oct. 28th	11:30am - 1:30pm	Seymourville Health Office
	11:30am - 1:30pm	Manigotagan Health
	3:00pm - 4:00pm	Bissett Health Centre
Mon., Nov. 3	10:30am - 12:00pm	Powerview Winnipeg River Manor
Tue., Nov. 4	2:00pm - 3:00pm	St. Georges Chateauguay Manor
	11:30am - 1:00pm	Stead Community Centre
Wed., Nov. 5	9:00am - 4:00pm	Pine Falls Health Centre (Itinerant Office)
Wed., Nov. 12	9:00am - 12:00pm	Pine Falls Health Centre (Itinerant Office)

Lac du Bonnet & Pinawa Clinics

Thur., Oct. 16	9:00am - 1:00pm	LdB Pioneer Club
	2:30pm - 4:30pm	LdB Health Centre Public Health
Wed., Oct. 22	9:30am - 12:00pm	
	1:00pm - 3:30pm	Pinawa Hospital Public Health
Thur., Oct. 23	9:30am - 12:00pm	
	1:00pm - 3:30pm	LdB Health Centre Public Health
Sat., Nov. 1	9:00am - 12:00pm	LdB Health Centre Public Health
	2:00pm - 6:00pm	Pinawa Hospital Public Health
Sat. Nov. 8	11:00am - 3:00pm	LdB Ingham's Pharmacy

North Eastman Health Association

WINGS OF POWER

Busy week sees many wondrous guests

By Michelle Berthelette

Wow! What a busy week we've had at Wings of Power. We were very busy preparing for many different events, aside from running our regular programs. We were all a little tired afterward, so it was nice to have a rest over the Thanksgiving weekend. Now that we are all re-energized, we are ready to go again.

Let me recap the many special events that went on over the last week or so. I hope you had a chance to come join us for some of the fun.

Thursday, October 2 Al Simmons was at the Powerview School gym. Mr Simmons put on a fantastic show for approximately 250 people. Many parents and caregivers came out with their little ones. We were also very pleased to see many others join the K - 2 students from Ecole Powerview School, including: Black River School, Pine Falls School, Sagkeeng J.H. School nursery and Kindergarten classes and Dufour Daycare. After personally greeting and helping to seat the expectant crowd, Mr. Simmons entertained us all with his wonderful musical talent, his wacky props and zany humour. When he sang his well-loved song "Something's Fishy at Camp Wiganishic," everyone followed the actions and sang along. Afterwards, Mr. Simmons was available to say hello and sign autographs. Sometimes it was hard to tell who was more in awe, the adults or the children. The show at Powerview School was part of a tour that Bright Beginnings sponsored to help

celebrate early childhood and everyone's efforts in the area to support it. Rhea Galeschuk was on hand with a beautiful display to explain a little about Bright Beginnings and how local people and organizations can apply for funding to help support their early childhood initiatives. For more information you can contact them at (204) 753-2022. Wings of Power was very happy to help out and do some of the local leg work for them. Bright Beginnings is a worthwhile coalition, and the concert was definitely a show to remember.

On Tuesday, October 7th we were very pleased to welcome a delegation from Argentina. The delegation was part of the Healthier Futures Project and consisted of four members. There was a representative of the Pilagas Nation, an obstetrical nurse, a representative from the Ministry of Education and a physician from the Ministry of Human Development. Two Canadian coordinators from Health Canada accompanied the delegation and acted as translators. The Pine Falls CPNP project was chosen because of our similar interests in health, education and remote services. They wanted to see us "in action" but it was interesting for us to hear about their programs and to share information. It was definitely an enriching experience for everyone.

Wings of Power was the place to be Wednesday, October 8th as we held our 3rd annual Community Harvest Dinner. The inside and outside were decorated, the tables set



Wings of Power held their 3rd Annual Community Harvest Dinner, the event was once again well attended and children along with their families had a great time during the celebrations.

up and the guest book set out. It was so rewarding to see the 142 smiling faces that showed up, more than double the crowd we had last year! There was toe tapping Old Time music, thanks to the talents of Alain Chevretil and Dave McMillan. The Harvest Bingo had everyone talking as they searched and quizzed for the answers to the many little know facts about Wings of Power. There were thirteen prizes in the silent auction and that meant that there were plenty of people anxiously waiting to see if they had won. Although not everyone was able to take home a prize, everyone was welcome to help themselves to the bountiful harvest from our Community Garden. Our student gardener was Jolene Trethart and she managed to cultivate plenty of veggies from our little garden patch. What wasn't used for the Harvest Dinner was set out in bins for people to take home. A community garden is exactly that, for the community, so it was nice to see that very little was left. Cookie decorating

was as popular as always, which could be easily seen by the icing surrounding all the little smiling faces. The Harvest Dinner was a resounding success. We had loads of fun and are already planning for next year. If you missed out this time make sure you don't miss out again.

Upcoming events include

our Halloween Drop, which will be from 10 - 12 on October 31st. We will also be starting a Nobody's Perfect Parenting Group on November 5th. For more information call Michelle at 367-9641. Better yet, drop in, look around, have a coffee and chat. You are always welcome.

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Lac du Bonnet RCMP Report

The report covers the period of the October 3rd through to October 10th, 2003



On the 3rd of Oct., a report was rec'd of a window having been broken on a cottage on Marcus Drive in the R.M. of Lac du Bonnet.

On the 3rd of Oct., a report was rec'd of a break and enter to a location at Leisure Falls in the R.M. of Alexander. Stolen items included a television set, stereo & speakers, and a shotgun.

On the 3rd of Oct., a report was rec'd of a break and enter to a location on Samuel Hearne in the R.M. of Lac du

Bonnet. The only item reported stolen was a plumber's crimp.

On the 3rd of Oct., a report was rec'd of damage having been done to a bicycle at the Teen Centre in Pinawa. An under-age male was identified as the suspect.

On the 4th of Oct., a report was rec'd of a vehicle in the ditch along P.T.H. #11 in the R.M. of Lac du Bonnet. Police attended and no-one around. The vehicle was towed.

On the 4th of Oct., a report was rec'd of an attempted break and enter to a location on Spruceland in the R.M. of Alexander. It appeared that the culprits were scared off by an outside audible alarm.

On the 4th of Oct., a report was rec'd of shots having been fired in the vicinity of Nutimik Lake in the Whiteshell Prov. Park. Police followed up on this and learned that same had come from goose hunters who had been out on the Lake.

On the 4th of Oct., a report was rec'd of unidentified youth throwing items at a passing vehicle on Leslie in the Town of Lac du Bonnet. Police attended the area in question, but no-one was around, and no indication as to who was resp.

On the 4th of Oct., a report was rec'd of a speed limit sign and an address sign knocked down at Lee River Falls in the R.M. of Lac du Bonnet.

On the 4th of Oct., a report was rec'd of careless driving on Oak Street in the Town of Lac du Bonnet. An older Mustang, an extended Chev truck and a black Jeep Grand Cherokee were reported to have been involved.

On the 4th of Oct., a report was rec'd of a group of underage subjects hanging around in front of a location on Scott Crescent in the Town of Lac du Bonnet. The complainant had asked same to leave, but they came back, and were causing a disturbance. Police attended, identified the subjects, and sent them on their way.

On the 4th of Oct., a report was rec'd of an under-age male causing a breach of the peace and assaulting his foster mother at a location in Pinawa. Police attended, arrested the subject, and lodged him to prevent further problems.

On the 4th of Oct., a report was rec'd of dirt bikes racing in the vicinity of the Youth Centre in the Town of Lac du Bonnet. Police attended and the subjects were gone, however, their identity was reported by a witness. Follow-up done with the respective parents.

On the 5th of Oct., a report was rec'd of a suspicious person taking photographs of cottages at a location in the R.M. of Lac du Bonnet.

On the 5th of Oct., a Seat-Belt Stopcheck was conducted on P.R. 313 at the Wpg. River Bridge in the R.M. of Lac du Bonnet. During this Stopcheck, 93 vehicles were checked, and 15 charges were

laid. On the 6th of Oct., a report was rec'd of an Intrusion Alarm at the Whiteshell Centre in Pinawa. Police attended to the location and found that the alarm was false.

On the 6th of Oct., a report was rec'd of youth hanging around by the bridge on Water Street in Whitemouth at noon hour. On this date, it was reported that 3 unidentified subjects were attempting to throw a plank from the bridge into the water.

On the 6th of Oct., a report was rec'd of a possibly Impaired Driver on P.T.H. #44 westbound from Seddon's Corners. Beausejour and Selkirk were alerted to the vehicle in question, but did not locate same.

On the 7th of Oct., a report was rec'd of as chain being cut at a business in the Town of Lac du Bonnet and 11 full Bar-B-Q tanks being stolen.

On the 7th of Oct., a report was rec'd of an adult male calling a location in the R.M. of Lac du Bonnet in an attempt to get back together with his ex-common-law spouse.

On the 7th of Oct., a report was rec'd of a Motor Vehicle Accident involving a bear on P.R. 317 in the R.M. of Lac du Bonnet. Police attended and had to dispatch the injured bear. The vehicle was towed from the scene.

On the 7th of Oct., a report was rec'd of a dispute in the Town of Lac du Bonnet which involved an adult male calling two adult females names, and a request to have the police speak with the subject in question.

On the 8th of Oct., a report was rec'd of an adult male being assaulted by another adult male at a location in Pinawa.

On the 8th of Oct., a report was rec'd of an Intrusion Alarm at a location on Mascanow in the R.M. of Lac du Bonnet. Police attended and found that same was a False Alarm.

On the 8th of Oct., a request was rec'd to accompany the Building Inspector in Pinawa to a location in Pinawa to serve an Order on a subject constructing a residence.

On the 8th of Oct., a report was rec'd of vehicles speeding on Lake in the Town of Lac du Bonnet on Tuesday evening.

On the 8th of Oct., a report was rec'd of a vehicle being shot with a pellet rifle while travelling on McArthur in the

Town of Lac du Bonnet.

On the 8th of Oct., a report was rec'd of an adult male continually driving on a road in the R.M. of Lac du Bonnet, in an apparent attempt to harass his ex-wife who was living on same.

On the 8th of Oct., a report was rec'd of an adult male being found at his residence on Lee River Crescent in the R.M. of Lac du Bonnet and concern expressed at the time that he may be deceased. Police and the Ambulance attended and it was found that the subject was in fact deceased. No crime nor natural causes involved.

On the 8th of Oct., 2 reports were rec'd of cattle on the roadway on P.T.H. #11 just south of the Town of Lac du Bonnet in the R.M. of Lac du Bonnet. Police patrolled on both occasions, but no cattle were on the roadway, nor in the vicinity.

On the 9th of Oct., a report was rec'd from Pinawa of a cat being spray-painted with blue paint at an unknown location.

On the 9th of Oct., a report was rec'd of an adult male attending at a cottage at Poplar Bay in the R.M. of Alexander, and concern expressed for his well-being. A check of the cottage revealed the subject had gone out on the water in a small boat. It was found that the boat had been found floating upside-down in the vicinity, but no sign of the subject. A search was initiated, however, the subject has not been located to this point.

On the 9th of Oct., a report was rec'd of break and enters to 3 cottages at Leisure Falls in the R.M. of Alexander. In one case, it appeared that the culprits had stayed in the cottage, with a flashlight, pocket knife and chocolate bars stolen. In the other cases, minor damage had been done. A fourth cottage was reported to have been broken into, however, it was found that this was a case of the porch door not being properly closed.

On the 10th of Oct., a report was rec'd of a group of youth hanging around in the area of the Public Washrooms in the vicinity of the Town Dock in the Town of Lac du Bonnet. Police patrolled, but the group had departed.

On the 10th of Oct., a report was rec'd of two break and enters to cottages having been discovered at Big Whiteshell Lake in the Whiteshell Prov. Park.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat.

Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168. PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Pulverizing meeting room.

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 2:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall, Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2654.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Arab Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh, Call Teri 345-8712.

Lakeshore Al-Arab Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Deell, church 345-2934, home 345-9766
Sunday: 11:00 a.m. - morning worship; 6:30 p.m. - Upper Room.

LUTHERAN CHURCH OF THE CROSS
Church/Office 345-8654
Sunday: 11:00 a.m. - worship service

NOTRE-DAME CATHOLIC CHURCH
Father Richard Machura, 345-2900
Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass
Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH
Rev. Brian Rosenthal 367-8615, church 345-2357
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club.

R.M. of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

Little Day Baddies Nursery School Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 1:30 to 3:30 p.m., Lac du Bonnet Community Centre, Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

RCMP Need your help

Manitoba Crime Stoppers in cooperation with the Lac du Bonnet RCMP would like your assistance in solving the following offence:



Know of a hot deal on Propane Tank? It may be hotter than you think... On Tuesday, October 7th it was reported to the Lac du Bonnet RCMP that several new propane tanks were stolen from the Lac du Bonnet Co-op gas station. The tanks were secured by a chain that was cut at the scene. If you or someone who know has information relating to this or other crimes please contact Manitoba Crime Stoppers or your local RCMP detachment.

On October 9th, a number of break ins to cabins at the Leisure Falls area north of Great Falls, MB were reported to Lac du Bonnet RCMP.

The would be thieves

gained entry by breaking screens or windows or prying doors open. If you or anyone you know has information related to this or other crimes please contact your local RCMP detachment.

If you have any information and want to remain anonymous to any of the above crimes, please call CRIMESTOPPERS at 1-800-222-8477

Crime Stoppers will pay up to \$2000.00 in cash for information leading to an arrest in this or any other unsolved crime in Manitoba. Callers never have to reveal their identity and Crime Stoppers does not subscribe to caller ID.

Country Christmas Tour Cornerstone

Marilyn Zarecki, Home Economist
Manitoba Agriculture and Food, Beausejour, 268-6015
e-mail: mzarecki@agr.gov.mb.ca

It's a fun time of the year! Did you know there are some businesses in the area who are already thinking about Christmas gift buying?

Four businesses from East Central Tourism Network have pulled together to offer a one day tour on Thursday, November 13, from 9:00 a.m. to 3:00 p.m. The cost is \$18.00 which includes lunch. The maximum number of people is 25, so please register by November 7, on a first come, first serve basis. Tour stops are:

Wild Rose Pottery - see pottery being made and browse in the shop. Look for unique pottery gifts including stocking stuffers.

Spirit Grove - At Spirit Grove you will be able to sample and purchase some of Manitoba's best food products. Make this Christmas giving a unique experience with a basket of Manitoba food products

or Manitoba handcrafted giftware.

Aspen Acres - Visit and learn about the reindeer. Hear the story about their special role at Christmas. Enjoy a demonstration of making a mixed coniferous wreath.

Get It In Stone at Plainview Greenhouses -Shop for unique gifts and ornaments. Enjoy a Christmas bow demonstration and a gardening "skin care product" demonstration. Located at Plainview Greenhouses.

We will meet at the Beausejour Government Building at 8:30 a.m. to car pool to Wild Rose Pottery. To register or receive more information call me at 268-6015. There will be many unique Christmas gifts and decorations featured. Dress warmly! Plan to shop! Hope to have you join us!

Make a difference with World Heritage

World Heritage, a non-profit student exchange program, is currently seeking a local community representative to provide high school exchange students with program support. The ideal candidate should enjoy fostering international friendships, be community minded, and enjoy working with teenagers. Community representatives screen potential host families, meet with local high schools, and provide support counseling for host families and students.

World Heritage also provides international opportunities for families to host a student and for a Canadian teen to become an exchange student. If you are interested in one of these rewarding experiences, please call Marion Kozub-1-204-376-2567 or 1-800-888-9040 or visit our website at www.world-heritage.org

A Students Perspective Ecole Powerview School

These past couple of weeks, Powerview School could have been known as boring, lifeless, muted, hushed, it was pretty much just like the energizer bunny, but with a dead battery. It went from being cold and damp to the middle of July again. Mother Nature has got to make up her mind. Speaking of freezing temperatures, the high school boys and girls soccer teams made there way to Beausejour on Tuesday September 30th to take part in a tournament on probably the coldest day this fall, was it great or what? Everybody on the bus had dressed up like as if they were going hiking in the middle of January, 4 shirts, 3 pairs of socks, toques and plenty more of winter attire to accommodate them. Despite the cold weather, the girls played excellent, winning their first 3 games and lost in the fourth 1 to 0 to finish in second place, qualifying for the zones playdowns. As for the boys, well they were ok, considering they were "so much colder than the girls somehow or another. The boys went undefeated in the first two games and then lost horribly in the last two, it was a good try though. The boys would like to thank Paul Barnard and Greg Smith for taking time to coach the

boys, thanks guys! The volleyball teams have commenced their season as well. The boys had their first exhibition against some very elderly staff members who gave the boys a good thrashing. Better luck next time boys. So the high school girls volleyball team figured the boys were rather poopy at volleyball so they decided to challenge the boys to a game. The boys however came out victorious but were on their heels for the whole game. On Wednesday, October 9th, the girls soccer team moved on to the zones playdowns and played with passion and excitement. In a game tied 2-2 forcing a shootout, which did not solve anything because they tied the shootout as well, which now meant a sudden death shootout! Michelle Nault came through with a big goal to help the girls capture the victory which meant they were now competing in the final game of the day for first place. In the final match the girls played very well but came up short in the end and gladly took a 2nd place finish, congratulations girls. Our grad class is looking forward to putting on Spirit week at the end of October, they are planning for a good week, filled with fun and games. Grad 2004 are in the process of selling Moms Pantry Products. You

may contact any grad member for further information on purchasing some of your favorite products. Have a good week and enjoy the hot weather while its here!



Report from Legislature

by Gerald Hawranik,
M.L.A. Lac du Bonnet Constituency

Violent Criminals

Last week, Jeffrey Marsh, a serial bank robber from Edmonton was released to a halfway house. Now one would think that the bank robber would be released to a halfway house in Alberta, but Alberta refused to take him because he was too violent! His criminal record included 15 convictions for various robberies, break-ins and thefts. The severity of his offences increased to the point where he was using firearms to commit robbery and where police, to arrest him, were involved in high speed chases with guns drawn. This is obviously someone who does not learn from being caught and who does not benefit from rehabilitation. This is also someone from Alberta, who was refused by the halfway house in his home Province of Alberta because he is too dangerous.

I raised the issue with the Doer government last week in Question

Period and the government simply tried to pass the buck - blaming everyone but themselves. I believe that Manitobans are looking for action, not more excuses. We should not be a dumping ground for violent Alberta convicts. Winnipeg is already the violent crime capital of Canada, and has been so for the last three years. I demanded that the Justice Minister refuse to accept potentially violent criminals here - after all, Alberta refused to keep one of their own, because he was too violent. Less than a week later, on October 4th, Jeffrey Marsh, at knifepoint, robbed two employees in a McDonalds restaurant in Winnipeg. He demanded money from the two employees, and received an undisclosed amount of cash before fleeing in a stolen vehicle. A police pursuit at speeds up to 80 kms/hour continued for seven minutes in downtown Winnipeg. During

the police chase, Marsh sideswiped two other vehicles and a transit bus. Miraculously, no one was injured! Innocent Manitobans could have been injured or even have lost their lives because of the actions of this convict.

Why would our Justice Minister accept convicts from Alberta when even Alberta would not accept him because he is too violent? It's time that Manitoba stops being a dumping ground for violent criminals.

What do you think? If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at P.O. Box 430, Beausejour, MB, R0E 0C0, e-mail me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.

Winnipeg River RCMP Report

The report covers the period of the October 10th through to October 14th, 2003



October 10
 Traverse Bay - The Grand Pines Golf Club reported another golfcart missing however

the cart was later recovered in the area damaged. This is the second incident of a golf cart being stolen.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Power-view meeting room.

Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allards: Tuesday 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tues. 1:00 to 4:00 p.m., Thurs. 4:00 to 8:00 p.m., Fri. 6:00 to 8:00 p.m. Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m. **Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup: every Wednesday, recyclable pickup first and third Thursday of each month.

PAA: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets second Tuesday of each month **Winnipeg River Senior Service Inc. Coordinator Tina Polischuk,** Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m. **Beaches HELP Centre (seniors service)** 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare **Senior Scene Inc. #1 Ateah Rd.,** Victoria Beach General meetings second Tuesday of the month, 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Thursday of every month.

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday **Weight Watchers Meeting:** Every Thursday - weigh in at 4:45 to 5:30 p.m.

-call Dolores for info. at 367-2945. **Foster Homes Open:** your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Child Health Clinics - will be provided by area Public Health Nurse every Thursday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info.

Weight Watchers: Effective October 8th Wednesdays at 4:45 weigh-in and at 5:30 Meetings

Winnipeg River Church Services

NOTRE DAME D'ILLAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon

PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bob Rodger Minister, Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 7 at 11:00 a.m., everyone welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus.

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays. 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantterbury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais, Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

Fort Alexander - a high speed pursuit ensued when police were advised of an intoxicated male driving at a high rate of speed. The driver attempted to flee police and created a dangerous situation. No one was injured in the incident which resulted with 1 male being apprehended and charged accordingly. Investigation continues into the matter.

Police are also investigating the theft of an auto which occurred sometime during the day.

Seymourville - an assault on a police officer occurred when members attended a residence. Police were called when a young male would not leave the residence. A second call advised the male had left but may have had a weapon with him. When police arrived at the house the male had returned and proceeded to try and assault police. He was apprehended, taken into custody and charged accordingly. Investigation continues.

October 11

Powerview - a suicidal female was located by police in

her home after relatives could not get a response from the woman. Ambulance attended and she was transported to Pine Falls Hospital. A relative was contacted and the children taken into care. No further action was required by police at this time.

Police were contacted when a second mentally unstable female alarmed relatives. Upon arrival the situation was under control and the female was taken to Pine Falls Hospital for treatment. No further action was necessary.

Little Black River - police arrested 1 male after receiving a call of a spousal dispute. The male was lodged in cells until sober. Investigation continues.

Fort Alexander - a call of a possible impaired driver had police search the North Shore. A vehicle was located in the ditch but no driver could be located in the incident.

October 12

Pine Falls - a mentally unstable male was taken to Pine Falls Hospital. Police were called when the male threatened to harm himself or fam-

Our agricultural community deserves better

Since the discovery of a single cow with "Mad Cow Disease" in Alberta on May 20th, 2003, the Canadian border has remained virtually closed to cattle. Live cattle represent more than 40% of beef exports, or about \$1.8 billion annually for the Canadian economy. In 2002, the total export market for all beef products was \$4.5 billion - 80% of which was to the U.S. However, since May 20th, producers have lost \$11 million per day in lost exports, and \$7 million per day in collapsed prices.

So, producers have been hit with a triple whammy - they can't sell abroad; when they can sell, the price is down; and cows are coming off pasture and must be fed or disposed of. Options and time are running out.

The effects of this are many and wide. Suppliers and dealers are feeling the pinch. Lay-offs continue throughout the packing industry. The dairy industry complains they cannot dispose of cull cows while their members must feed and milk their existing herds and new calves. Elk, sheep, and bison

ranchers are also caught up in the border situation.

The Liberal Government announced a federal/provincial program of up to \$460 million that expired August 30th. Little of that money ever reached producers because it was caught up in politics and bureaucracy. Minister of Agriculture Lyle Vanclief insisted that provinces sign on to his unpopular Agriculture Policy Framework before money would flow. He announced \$600 million as the second installment of transition funding, but this does little for the beef industry. It primarily goes into NISA accounts that are difficult to trigger and won't release funds until next spring.

The Minister brags that he formed a Beef Value Roundtable with industry representation, but has ignored everything it proposes. What he fails to realize is that the industry doesn't want handouts. What it wants is a workable plan that will lead to a rational transition for producers. From the Liberals it gets silence. A partial opening of the border, for one part of the industry,

the situation was stabilized and the male was detained at Pine Falls Hospital for assessment and treatment.

Hollow Water - police attended a residence after a report of a male breaching his bail conditions. Upon attending the residence the young male proceeded to go with officers but then lunged at police. The male was apprehended and charged accordingly. It was later discovered the male possessed a weapon in his pocket.

Grand Beach - a report of a break, enter and theft at a cabin was received. The incident transpired sometime during the past several weeks. A list of items stolen was not available at this time.

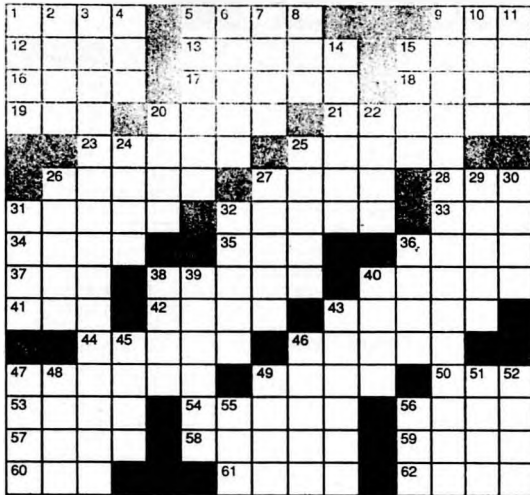
Police request that if you have any information with any of the above noted incidents, or any other criminal matter, you are asked to call the Winnipeg River Detachment at 367-2222 or you can remain anonymous and call Crime Stoppers at 1-800-782-8477.

hardly constitutes success - the Liberals have reacted slowly, moved uncertainly, and offered no answers for the future.

Our federal government must have contingencies in place, not go into paralysis when faced with these challenges. A good start on the national stage would be to work with provinces and industry rather than holding them hostage. On the international front, Canada must have better protocols in place to deal with problems of this nature, and it must have strong, healthy relationships with our trading partners and agreements that keep trade flowing. Our agricultural community deserves better than it is receiving from our government.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free in Steinbach at 1-866-333-1933 or 204-326-9889, in Altona at 204-324-9709, or in Lac du Bonnet at 204-345-9762. You may write me at Box 2470, Steinbach, MB R0A 2A0, by fax at 204-346-9874, or by e-mail at toewsyl@mts.net

WEEKLY CROSSWORD



ACROSS

- 1. _ Cod, Mass
- 5. Skills
- 9. For each
- 12. Having wings
- 13. Shore
- 15. Noble lady
- 16. Swiss capital
- 17. Say
- 18. Dry

DOWN

- 19. Matched group
- 20. _ and Andy
- 21. Landed property
- 23. At no time
- 25. Vulgar
- 26. Lucky number
- 27. Detest
- 28. Boy
- 31. Land measures
- 32. Perceive

- 33. Epoch
- 34. Low voice
- 35. Possessed
- 36. Killed
- 37. Samuel's teacher
- 38. Halts
- 40. Tokyo country
- 41. Lair
- 42. _ and needles
- 43. Roman garments
- 44. Wading bird
- 47. Tedious
- 49. Bullring cheers
- 50. Set of tools
- 53. Prepare copy
- 54. Citrus fruit
- 56. _ Tuner, singer
- 57. Heavy book
- 58. Rub out
- 59. A top
- 60. I am, he is, we
- 61. Increased in size
- 62. Selves

- 22. Dagger
- 24. Nights before
- 25. Musical groups
- 26. Weighing device
- 27. Piles
- 29. Regions
- 30. Glowed
- 31. Not up yet
- 32. Gleaned
- 36. Wise
- 38. Reach across
- 39. Prickling sensation
- 40. DiMaggio
- 43. Dec. 31. Ring in_
- 45. Ceremony
- 46. Shut
- 47. Type of VCR
- 48. Scent
- 49. Tentmaker
- 51. Inside of
- 52. New Mexico City

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE





BCEZMNOAKNTUP FZJTNLJTF HTZXU
T IZAN GTKM PZO OANLU PZO FVMT
K J.

Each letter represents another letter in the alphabet
See if you can break the code to figure out the famous quotation





Last Week's Solution

I WANT TO WALK THROUGH LIFE INSTEAD OF BEING DRAGGED THROUGH IT.





WEEKLY ECHO

-  **ARIES**(Mar. 21- April 20)
Try to slow down, and take another look. Real estate investments will be profitable. You'll be able to discuss your ambitions with your mate. You might get behind if you spend too much time debating senseless issues.
-  **TAURUS** (Apr. 21- may 21)
Self-deception is likely. Raise your self esteem and your confidence if you want to get back into the mainstream again. Family outings will make you feel secure and happy.
-  **GEMINI** (May 22-June 21)
You can make changes to your home that will be pleasing to all concerned. Opportunities for new and exciting relationships will be yours if you get out and join groups. Property investments will pay-off. You will meet new friends and enjoy a multitude of new activities.
-  **CANCER** (June 22-July 22)
Empty promises and a lack of cash may put a damper on your plans. Be creative in your pursuits. Your intuition will be right on. Follow your feelings in matters pertaining to financial investments.

HOROSCOPE

-  **LEO** (July 23-Aug 22)
You need adventure and excitement in your life. You may need to make a choice. You will gain knowledge through your adventure. An older loved one may be having problems.
-  **VIRGO** (Aug. 23 -Sept. 23)
Avoid friction with your mate. Don't reveal anything about your personal life that could be used adversely. Lack of funds may add stress to your already uncertain situation. You may be sensitive concerning friends and their situations.
-  **LIBRA** (Sept. 24 -Oct. 23)
Do not confront situations unless you are sure you have a good understanding of the dilemma. Home improvement projects will go well if you delegate work to all your family members. Don't make excuses.
-  **SCORPIO** (Oct. 24 - Nov. 22)
Sudden romantic encounters are quite likely, but discretion will be a must. You can solidify your relationship if you plan a special evening with your mate. Include friends and family members in your redecorating plans. Get back into the swing of things.

for the week of
Oct 12th - Oct 18th

-  **SAGITTARIUS** (Nov. 23 -Dec. 21)
Don't waste this exciting day by sitting at home. Property investments, insurance, taxes, or inheritance should bring you financial gains. Attend trade shows that will allow you to look at new products. If you're preoccupied, be careful while operating a vehicle or any kind of equipment or machinery.
-  **CAPRICORN**(Dec 22.- Jan. 20)
Opportunities to get ahead will be evident. Personal alterations will be in your best interest. Your best efforts will come through hard work. Look before you leap.
-  **AQUARIUS** (Jan. 21 -Feb. 19)
Have a heart-to-heart talk with family and find out what the problems are. You will be up and down emotionally. Be sure to cover all the necessary groundwork before signing binding contracts. Try not to get into disputes that will lead to estrangements.
-  **PISCES** (Feb. 20-Mar. 20)
This is a great day to start that new health regimen you've been talking about. You may attract attention if you get out socially. Don't make any rash decisions that may affect friendships.

Echo Classifieds

For Rent

Office space for rent
Above Pine Falls Post Office. c/w private washroom.
For sale: One hospital bed, \$300.00.
For more information call Denis at 367-8651.

TFN

Suite for Rent: Spacious 1100 Sq. ft., 2 Bedroom Basement Suite. Private Entrance. Utility Room, 2 bathrooms, and appliances included. Call 367-4770 or 367-8232

TFN

House for Rent: In Powerview with Bachelor suite in basement. Ideal for two single people. Includes washer/dryer, two fridges, two stoves, deep freeze, and satellite TV., phone 367-4549.

TFN

Woodland Place/DaleHaven Apartments, 1 - 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained, call after 6:00 p.m. 367-4922.

TFN


For Sale

Truck: Blue 1988 Chevy pick-up, Full Size, standard with V6 Engine. Good Condition, hwy miles \$1000 O.B.O. call 756-2357

1991 Honda Civic SE, 4 door sedan, automatic, PS & PB, safetied, \$2900.00, call 345-2742.

TFN

EVERGREEN
Rob Oakes 345-4828



ST. GEORGES 1480 sq. Ft. Three bedroom bungalow overlooking the Winnipeg River. This home includes: fridge, stove, central air, whirlpool bath, 10x40 deck, electric forced air, woodstove, garage, storage shed, recent renovations. **This home is priced to sell!**

GRAND PINES GOLF COURSE - 58 acres with access to #5 hole. This beautifully treed lot has year round water and sewer and is only minutes away from the beach and shopping. **Great investment at \$15,900.**

WHITEMUD FALLS - huge double lot, with year round water and sewer. **\$15,000.**

For Sale

House for sale: Located in the Powerview area. Four bedroom bungalow, with garage, fenced back yard, finished basement, 2 baths, recently renovated large kitchen. Asking price \$95,000.00. For more information call 367-4662 or 367-9113.

68-4x

Hay Bales: Protect your septic system. Hay hales make the best insulation. \$1.00 each, phone 367-8836 or 345-3260 Broadlands.

Help Wanted

We are currently hiring class 1 & 3 drivers that have dump experience. Work is all in the Lac du Bonnet area. Please phone 204-345-8454.

69-2x

Memoriam

Joe Lavoie
October 21, 1993 - 2003

In memory of my husband, our father, grandfather and great grandfather. It's been 10 years since you've been gone. To some you may be forgotten, to others a part of the past, but to us, who loved and lost you, your memory will always last.

Forever remembered,
Simone & Family

Wanted

Good loving home needed for Pet:
Tri-color and Liver Springer Spaniel. Ten year old female, Fixed. Pure Bred with papers, and Kennel. Call 756-2357

Honda 3 Wheeler, phone 488-1638, leave a message.

69-2x

CALL
367-9468

SLEEPING WOLF
Larry's Cleanup, Lawn Care Service

- For all types
- Car Customizing
- Car Restoration
- Car Detailing
- Building/ Renovation Needs
- House
- Business/ Building Cleaning

Phone: 204-367-8504
Messages: 204-951-8396



Sunrise School Division SCHOOL BUSES

Sunrise School Division will accept sealed bids for the sale of surplus school buses: (1986 66 pass., 1986 54 pass., 1987 66 pass., 1988 72 pass., 1989 36 pass.) Vehicles will be sold as is. Information and bid forms for these vehicles can be obtained by contacting Jim Wright, Transportation Supervisor or Wallace Klos at 44-2498. Sealed bids will be accepted by Fran King, Purchasing Agent (268-653), at 75-5th Street South, Beausejour, MB R0E 0C0 until 4:00 p.m. October 24, 2003.

VILLAGE OF POWERVIEW CITIZENSHIP WEEK

WHEREAS Canada's Citizenship Week will be held from October 13th to 19th, 2003.

AND WHEREAS Canada's Citizenship Week provides an opportunity to reflect on the value of citizenship and immigration and to focus on the privileges, rights, responsibilities and obligations of citizenship;

AND WHEREAS New Canadians bring a strong sense of commitment to their new home, make many valuable contributions to Canada and play an important role in our economic strength and cultural diversity;

AND WHEREAS the themes and values of Canadian Citizenship reinforce an important message for all Canadians - that newcomers are welcome in Canada and that we all belong;

AND WHEREAS ALL Canadians, old and new, can join together in reaffirming their commitment to Canada;

THEREFORE, I, Mayor Henry J. Ostrowski, Jr., Do hereby proclaim the week of October 13th to 18th, 2003, as "Canada's Citizenship Week" in the Village of Powerview.

Prayer Corner

May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever.
-Amen
Say six times a day for nine days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.

Announcement

Robin Faye and Lynn Perrin will be joining the wellness team at "Through the Arbour" in Pine Falls on a part time basis. Robin has 18 years experience and currently operates Dragonfly Scent-Free Bodywork and Massage Therapy in Winnipeg. Lynn Graduated from Professional Institute of Massage Therapy in 2000, and practises in Beausejour, Winnipeg and Lac du Bonnet. Call 367-2141 to book appointments with either of them.

31-1FN

Miscellaneous

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net
This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling

Silver Haven at 367-4620

Friday, October 17
Coleslaw, salmon patties, oven roast potatoes, stir fry vegetables, lemon pie.

THE RURAL MUNICIPALITY OF ALEXANDER PUBLIC NOTICE

BOARD OF REVISION - NOVEMBER 19, 2003

Notice is hereby given that the real property assessment roll of The Rural Municipality of Alexander for the year 2004 has been deposited in the Municipal Office and will remain open to the inspection of all persons between the hours of 8:30 a.m. And 4:30 p.m. Monday to Friday. Applications for revision may be made in accordance with sections 42 & 43 of the Assessment Act.

The Board of Revision will sit to hear complaints and revise the said assessment roll, on Wednesday, November 19, 2003 at 4:00 p.m., in the Municipal Office, #16 on PTH #11, St. Georges, Manitoba.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of the Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- (A) liability to taxation;
- (B) amount of an assessed value;
- (C) classification of property, or
- (D) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

- 43(1) An application for revision must:
- (A) be made in writing;
 - (B) set out the roll number and legal description of the Assessable property for which a revision is sought;
 - (C) state the grounds on which the application is based;
 - (D) be filed by delivering it or causing it to be delivered to:

BOARD OF REVISION
THE RURAL MUNICIPALITY OF ALEXANDER
P.O. BOX 100
ST. GEORGES, MANITOBA
R0E 1V0

Or serving it upon the secretary at the Administration Office at #16, PTH #11 in St. Georges, Manitoba at least 15 days (no later than Tuesday, November 4, 2003 at 4:30 p.m.) Before the scheduled sitting date of the Board of Revision.

DATED AT ST. GEORGES, MANITOBA THIS 30th DAY OF SEPTEMBER A.D. 2003.

ROSE MARIE BLANCHETTE
SECRETARY - BOARD OF REVISION
RURAL MUNICIPALITY OF ALEXANDER

Canadian Down Syndrome Society

The Canadian Down Syndrome Society is disturbed by the focus of an article in today's edition of the New England Journal of Medicine. The article, and a related editorial, looks at the effectiveness of first-trimester screening for Down syndrome.

The CDSS understands that first- and second-trimester screening and pre-natal genetic testing are not inherently bad. Identifying a baby with Down syndrome before birth can be helpful in ensuring that both mother and child receive optimum pre- and post-natal care. It is the manner in which the results are conveyed to prospective parents and the information offered in conjunction with the results which is concerning.

Medical professionals are often steeped in the principle that different equals deficient, and their language reflects that.

In the NEJM editorial, the authors indicate that "non-directive counseling enables couples to compare the risk and burden of Down's (sic) syndrome with the risks, accuracy and limitations of amniocentesis." The CDSS asserts that counseling cannot be considered non-directive if words like "risk" and "burden" are used in reference to Down syndrome. Language that is prejudicial to people with genetic, physical or cognitive differences colors the information that is being offered and detracts from the objectivity of the counselor. As medical professionals are looked upon as experts, this prejudicial slant may impact upon the choices made by parents.

The CDSS believes that

impact is the reason why more than 90 per cent of parents given the news that their baby will be born with Down syndrome choose to terminate that pregnancy.

"When parents receive counseling after a positive test result, the doctor will usually point out all the risks associated with Down syndrome," says CDSS Chair Willie Seymour. "They'll tell the parents there's a 50 per cent risk the baby will have a cardiac defect, there's a 15 per cent risk for thyroid dysfunction. What they don't say is that most people with Down syndrome live relatively healthy lives. They don't tell parents that if they choose to continue the pregnancy, there's a 100 per cent risk of falling hopelessly in love with that baby."

The Canadian Down Syn-

drome Society upholds a woman's legal right to choose the course of any pregnancy. However, when that choice is being made after a positive screening or test for Down syndrome, it must be made with objective information that offers insight into the rewards and benefits of parenting a child with Down syndrome and not just statistics about increased medical risk. The CDSS recommends that doctors put prospective parents in touch with families who have a member with Down syndrome.

Mission Statement

To enhance the quality of life for all individuals who have Down syndrome through advocacy, education, and providing information.

Vision Statement

The vision of the Canadian Down Syndrome Society is that people understand and respect the dignity, worth and rights of all people regardless of ability. People with Down syndrome are an important part of their community and are recognized as making a rich contribution to the growth and well being of society.

THE VILLAGE OF POWerview NOTICE OF BOARD OF REVISION

Public Notice is hereby given that the Real and Personal Property Assessment Rolls of the Village of Powerview for the year 2004 have been deposited in the Municipal Office and will remain open to the public inspection during normal office hours. Application for revision may be made in accordance with Sections 42 and 43 of the Assessment Act.

APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) OF The Real Property Act, an occupier of premises who is required under the terms of lease to pay the taxes on the property, or an assessor, may take application for the revision of an assessment roll with respect to:

- A) liability to taxation
- B) amount of an assessed value;
- C) classification or property; or
- D) a refusal by an assessor to file an assessment roll under Subsection 13(2) of the Municipal Assessment Act

APPLICATION FOR REQUIREMENT:

- 43(1) An Application for revision must be made in writing
 - A) set out the roll number and legal description of the assessable property for which a revision is sought,
 - B) state the grounds in which the Application is based, and
 - C) be filed by
 - 1) delivery or causing it to be delivered to:

Board of Revision
C/o Village of Powerview
P.O. Box 220
Powerview, Manitoba
R0E 1P0
 - 2) serving it upon the Secretary at least 15 days before the scheduled sitting of the Board.

The last day to file such a complaint is October 28, 2003 before 4:30 p.m.

The Board of Revisions for the Village of Powerview will convene in the Council Chambers, #32-P.T.H. No. 11, Powerview, Manitoba at 7:00 p.m., Thursday, November 13, 2003 in order to consider applications for the revision of the 2004 Assessment Rolls of the Village of Powerview

Prior to filing an appeal, you are encouraged to discuss the matter with the Provincial Assessment Branch in Selkirk at (204) 785 5137.

Dated at Powerview, Manitoba this 2nd day of October, 2003.

J.M. THEVENOT, C.M.M.A.
Administrator
Village of Powerview

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