



The
Winnipeg
River

Echo



Serials Dept.
200 Vaughan Street
Winnipeg, MB
R2C 1T5
June 24 03

Vol. 3, No. 6 September 2, 2003

\$1.00 tax included

4P Festival Fun For Whole Family

By Jim Hampshire

While many summer celebrations can often cost a family a small fortune, the 4P Festival offered family fun and games for all to enjoy and afford. Organizers report that all venues over the long weekend were well attended and well received by the local residents and the many visitors who attended the four-day event.

Although many parents were still a little foggy from the Friday night Jamboree, children of all ages awoke Saturday morning in eager anticipation of the giant inflatable fair, held at the Powerview School grounds. This venue provided giant slides and pony rides, along with a petting zoo and face painting on the spot. And while the children played the day away, parents were invited to take in the Market Square, which offered a large venue of vendors, right next door at the Powerview Arena. Saturday also offered an evening of kick boxing at the Pine Falls Arena. The event well attended and a more detailed report is to follow, as well as the annual Slo-Pitch Tournament, which got underway at all of the three ball



The Lord Selkirk Boy Scout Pipe Band led this year's 4P Festival Parade, clown's, horses, motorcycles, and floats delighted the many children who lined the streets eagerly awaiting treats and trinkets.

parks in Powerview.

4P Parade

Sunday also provided a host of events for both young and old, beginning at noon with the annual 4P Parade. This event

featured an impressive number of floats led by the Lord Selkirk Boy Scout Pipe Band as it made its way from the school in Pine Falls and along #11 Hwy. to its destination at the

Powerview Arena. As always, recognition were awarded for best float entrants, with the Pine Falls Moto-Cross Club taking First Place overall. Second Place honours was

awarded to the St. Georges Parish presentation as they celebrate a 100-year milestone, and Third Place was bestowed

See page 2 4P Festival

School Days are Here Again

Early inservice day allows teachers to work while students play

By Jim Hampshire

While many students were back in class on Tuesday of this week, the Sunrise School Division held an inservice day, giving area students an extra day of summer vacation.

Doug Craig, Principal at the Centennial School in Lac du Bonnet, noted that, although students had the extra day to play, teachers and administration staff were hard at work on Tuesday, planning and shaping the upcoming school year.

"Having this early inservice day gives staff members a chance to begin work on the upcoming school year," Princi-

pal Craig explained this week. "This gives us a chance to group together and work on curriculum and new budget matters for the upcoming year."

Craig reported that the Sunrise division has slashed \$27,000 from the Centennial School budget, with the cuts directly affecting the music, phys-ed and technology programs. In spite of the cutbacks, the principal said that the programs will be offered at the elementary level, although the process involves a little more paperwork.

"It turns out we have to apply back to the division for the funding shortfall, and we're also working on ideas to raise funds outside of the system," he said. "But those details are still being worked out."

Ironically, the budget shortfall couldn't come at a worse time as enrollment at the school has increased by 20 students over last year.

"The good news is, we have more students coming to the Centennial School, which is a wonderful development," he remarked. "This means we will be able to apply for an additional

teacher to join our staff, if everything goes to plan."

Craig added that teachers can be removed from staff if enrollment is down, therefore the formula should allow for a teacher to be added if the student numbers increase. The upswing in enrollment this year at the Centennial School comes courtesy of the Schools Of Choice program, where parents have the opportunity to send their children to another community for their education.

"Last year we had seven students attending our school through the program," Craig

stated, "And this year the number has risen to ten, so that says good things about our staff and our programs here in Lac du Bonnet."

Craig also noted there have been new improvements made at the elementary school over the summer, including new paint for the gym and hallways, as well as new paved parking lot in front of the building.

"We're looking good and looking forward to meeting the new students," he concluded. "The entire school staff is ready and looking forward to the new school year."

4P Festival Fun For Whole Family

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to Peter's Pro Hardware for their wonderful display of Harry Potter - the popular book series and the subsequent movies which undoubtedly celebrates a \$100 million in box office receipts.

Many parade spectators also enjoyed the cooling effect provided by the Pine Falls Fire Department to wind up the parade. As it turned out, many homeowners along the parade route lay-in-waiting with garden hoses to greet the local fire department. Suspecting this, the fire department had the pumper truck loaded and hoses in hand to help cool the onslaught of the would-be water assailants. In the end, the department hoses were mightier than that of the garden variety and some homeowners quickly found relief from the unseasonably warm temperatures. Sunday's activities continued with several events taking place at the Pine Falls Arena, where pie and corn on the cob were popular items on the contest menu. Although winners in these eating events were too numerous to mention, a long line-up of youngsters bellied up to the contest tables for a the

speed-eating events.

Not to be outdone, some rather robust adults bellied up to the beer table for a chugging contest. And while many contestants bellied back to their tables in defeat, one well-known entrant, Brent Osis, was deemed The King of Beers, although it is not known if Budweiser was his beer of choice.

The Pine Falls Arena was also the venue for the Ol' Kings hockey club's Western Dance featuring Winnipeg bands, Atomic Candy and Chocolate Pie, which played to an estimated crowd of 1400 attendees.

Sunday wound down with a spectacular fire works display at the St. Georges beach, with overwhelming attendance. Organizers say that despite the large traffic volume, the event went smooth thanks to the Pine Falls Fire Department, who lent a helping with traffic control.

The Monday holiday was also busy at the 4P Festival, which takes it's name from the four most popular attractions the Pine Falls region has to offer. Besides the first three P's

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Kid's had a blast at this years 4P Festival Kid's Day, they jumped, leaped and pased themselves to the velcro wall which was one of the many activities at the inflatable fair. Children along with their families got to enjoy some great weather and sun during the 4P weekend.

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Publisher
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Production/Art Design
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Jackie Frederick

SUBSCRIPTIONS
Local Rate: \$34.20
National & Urban Rate: \$39.90
Foreign Rate: \$102.60
(prices include PST & GST)

2nd class mail #1763687
(Postage paid in Pine Falls)

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The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

The **Echo**
Winnipeg River

4P Festival Fun For Whole Family



First place winner was the Pine Falls Moto-cross Club



Second place winner was the St. Georges Parish 100 year Celebrations float



Third place winner's and a children's delight was Peter's Pro Hardware entry "Harry Potter"

- power, paper and peas - the area is noted for its Pickerel fishing, and this year 40 anglers of all

ages combined to make up 14 teams in the annual 4P Family Fishing Derby which got underway at 9:00am Monday morning. The derby allows anglers to measure four separate

Pickerel caught during the derby, then combining the measurements for a total number of inches for top prize. This year Brian and Monique Cyr had help from their son and daughter team of Cody and Amber to measure in at 57 and 3/4 inches to claim First Place honours. A close second place was awarded to Guy and Nevin Cook as

they measured 56 and 3/4 inches of fish, while Gary Mysak had help from Lindsay, Katie and Mattie to claim Third Place with 44 and 7/8 inches worth of Walleye.

The Monday holiday also featured a Horse-shoe Tournament at the Manitou Lodge, where 36 entrants tossed the old

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The Winnipeg River Echo
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Reduce the Risk

West Nile virus

The first human case of West Nile virus in Manitoba has been reported. There are steps you can take to reduce the risk of you and your family becoming infected.

How is it spread?
 In Manitoba, the *Culex tarsalis* mosquito carries the West Nile virus and transmits it to people. At this time of year, there are more of this particular kind of mosquito and a higher chance of being bitten by a mosquito carrying the infection.



How can I reduce my risk?
 For most Manitobans, the risk of becoming infected with West Nile virus remains low. You can reduce your risk of being bitten by mosquitoes by:

- reducing the time you spend outdoors from dusk to dawn, when mosquitoes are most active;
- wearing light-coloured, loose-fitting, long-sleeved shirts and long pants when you are outside;
- applying insect repellent containing DEET; and
- checking that your door and window screens fit tightly and are free of holes.

What are the symptoms?
 Most of the time, people infected by the West Nile virus have no symptoms and do not become ill. Of those who do become ill, most will have a mild illness with symptoms such as fever, headache and body aches.

Less frequently, the virus can cause encephalitis, an inflammation of the brain. This is more likely to occur among adults over age 50 as well as people who have chronic diseases and weakened immune systems. Encephalitis has serious complications and can be life threatening. These complications include weakness, paralysis, confusion and coma.

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4P Festival Fun For Whole Family

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hoof hardware in singles and doubles competition. In the Singles Competition, Steve Kulyk tossed the winning game to capture the A-Side Event, while Romain Berthelette did well to win the B-Side final. Over in the doubles competition, Mark Nolin and Liz Gray combined to win top honours, while Herman Bird and Rich-

ard Bunn hit the pin to claim the B-Side event.

The afternoon also featured a Kite Flying competition, where dozens of participants were given the opportunity to display their kite flying skills.

Overall, the weekend festival will be remembered as the most successful in recent memory and organizers would like to thank the many sponsors and volunteers who helped make it happen.



(L-R) Gord Sokoloski presented Marc Nolin and Liz Gray \$136.80 for top spot in the doubles competition at the 4P Horseshoes tournament



(L-R) Gord Sokoloski presented Steve Kulyk \$88.20 for his win in the singles event at this years 4P horseshoe tournament



Cody Cyr won first place at this years 4P fishing tournament, Cody was presented his award by Gary Mysak



The pie eating contest had the audience laughing with delight as the kids tried to eat their pie's



The corn-on-the-cob was a little hot but once it cooled down the kids munched back as fast as they could



2nd place fishing derby winner's were Nevin and his dad Guy Cook who were presented by Gary Mysak far right



3rd place fishing derby winner's were (L - R) Lindsay, Maddy, Gary, and Katie Mysak, this winning team measured their catch of the day at 44 7/8"

4P Jamboree draws record numbers

By Jim Hampshire

They came, they saw, and they celebrated over the Labour Day long weekend as 4P volunteer's presented another spectacular 4P Festival. As always, the four-day event was spread throughout the tri-town communities of Powerview and St. Georges, as well as Pine Falls, beginning Friday evening with a jam-packed Jamboree in the big tent on the Powerview Arena grounds.

This year the Jamboree stage lit up with local talent, emceed by longtime radio personality Joel Lamoureux and Norm Vezina, who both performed on stage with various bands and solo musicians. Early on in the evening music lovers enjoyed some of time favorites, great fiddle music, and tunes by Alain Chevretils and company, Gilles Boulet band and many others. Many of the estimated 600 plus spectators agreed that the



L-R Claude Bowman and Cam Pachkowsky were some of the many musicians that performed at this year's 4P Jamboree

This rock band say they have been together since high school and usually reunite every year, specifically for the 4P festival.

"We started out as a high school band and it's great that the annual Jamboree gives us an opportunity to get back together and play a few tunes after all these years," Pachkowsky said following their performance.

Dan Polischuk, joined by Richard Papineau, and others had the crowd up dancing the night away, with tunes like, Mustang Sally, Woolly Bully, and many more.

The young band Ninja Tom who wrapped up the evening had the younger crowd moshing to their favorite tunes.

Organizers say that this year's Jamboree was likely the busiest in terms of attendance, with many spectators utilizing the open-air venue adjacent to the beer garden tent. And although the bar had closed as scheduled, the performers played on until the wee hours of the night, much to audience delight.



Alex Lamoureux wowed this year's crowd with his fiddle playing talents. Alex was accompanied by his father Joel Lamoureux. This crowd pleasing duo were one of the highlights of the evening.

show stopper came early in the evening when Joel Lamoureux accompanied his eleven-year-old son and fiddle prodigy, Alex Lamoureux, as they whipped through a number of fast-paced fiddle tunes that would even make Don Messer blush. The young Lamoureux was able to master the foot stomping standards and even delved into the more modern sounds of East

Coast crazy man, Ashley McIsaac - a recent Juno Award winner, known for his antics on stage.

Most of the solo musicians over the course of the evening were accompanied by Claude Bowman, Guy Lavoie and Ryan Cyr - a guitar and bass duo who also performed with Cam Pachkowsky, Joel Lamoureux in their own band, The Particulars.

RCMP Need your help

The RCMP Detachment needs your assistance in solving the following offence:

Now that West Nile is in the media, criminals are taking every opportunity to protect their own families by stealing your mosquito trap's, "Power Trap's", or "Mosquito Magnet's" as they are commonly referred to. Lac du Bonnet detachment area has had a few reports of the theft of these "Mosquito Magnet's" being taken from the yards of the owners. If your family has a trap please lock it up.

The RCMP are requesting assistance from the general public in determining who may be responsible for these offenses.

CRIME STOPPERS

If you have any information and want to remain anonymous to any of the above crimes, please call CRIMESTOPPERS at

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You can't be serious Saved by the bell



by Jim Hampshire

If you listened carefully, on Wednesday September 3rd, at precisely 8:30 am, you might have heard champagne corks popping all over the neighborhood as young mothers everywhere marked the beginning of the new school year.

Okay, 8:30 is a little early in the morning to be nipping champagne - maybe a martini lunch would have been better advised.

Yes it's that time of year again. A time when all mothers can take pride as they watch their little Jane or Johnny board the school bus and embark on a new school year. It's also a time for mothers to do cartwheels across the driveway while little Jane or Johnny press their face against the back window of the bus as it drives away. Most importantly it's a time for mothers to enjoy the moment because little Jane or Johnny will take stock

of the whole situation and make a silent solemn pledge. "Mom won't be doing any cartwheels when we get home." is what they murmur in a sinister voice.

Yeah, kids are great! But honestly, after the last few weeks, don't you think mother finally deserves some quiet time around the house? And I'm not only talking about the usual summertime door-slammings normally associated with hyper kids. Day after day it's always the same thing, and quite frankly I don't know how mothers can put up with it. "It's too hot outside (whimper) and the wading pool water too cold (snivel). Can I buy another six-pack?"

Of course that was me whining over this long hot summer, but the kids can be a hand full, just the same! No wonder moms carefully count the number of sleeps leading up to the first day of school. "Just twelve more sleeps until

school!" is what mothers cheerfully say, often to an empty house, but hey! It doesn't matter if no one is there to listen because they need to remind themselves just to keep their sanity!

You might notice the mood of all mothers steadily improves through the last weeks of August, and you can actually see the excitement build when the "Back-to-school" sales begin. "Guess what we're going to buy today, kids?" is what a mother asks in a bid to antagonize the youngsters.

"A new bike? A slip-and-slide? An ice cream truck?" is how the youngsters foolishly respond with no idea whatsoever.

"No, we're buying SCHOOL SUPPLIES!" cackles the mother as she chases the kids around the house.

And off she goes, laughing hysterically as she drags her children in the direction of the

family car. And she rightfully deserves this moment because she spent the last seven weeks picking up sticky Popsicle sticks off the sofa. And she'll never forget how much time and money she wasted filling a brand new wading pool each and every day, only to see it punctured because little Johnny thought it might be cool

to ride his bike through it. And who can forget the day the kids took the kitchen blender outside and played with it in the sandbox in a fruitless effort to make cement.

Yes mom, it's payback time, and there are no sleeps left to count until school. Not that I need to remind you or anything.

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4P Festival

Thank you

The 4P committee would like to thank all the volunteers, businesses, organizations, for their contributions, donations, and help in hosting another great 4P Weekend. It is your efforts that bring communities together and make positive impacts on all who reside within.

Sponsors: Tembec Industries, R.M. Of Alexander, Village of Powerview, Manitoba Hydro, Rusty Nail Tavern. Silent Auction: Pine Pharmacy, Peter's Pro Hardware, Northern Stores, Pine Falls Service Centre, Deals for Dollars, Celebrations Unlimited, Dancyt's Foods, Through the Arbour, Jon Phillips Massage, The Winnipeg River Echo, Clark's Corner, Broadlands, Papineau Motors, St. Georges Voyagers, Chateau Video, Tasty Treats, Papertown Motor Inn, Powerview Fabric's, Powerview Auto Supplies, Sunrise Bakery.

Special thanks is extended to: Gord Sokoloski, Tara Berthelette, Wings of Power, Pine Falls Fire Department, all the Jamboree entertainer's, and the many volunteers who joined in and worked so hard to make this 4P Festival a weekend for all to enjoy. Your contributions were more than appreciated. Special thanks is also extended to all the Parade entries. It takes a whole community to make good things happen and we hope that you will all be back next year.

Bringing Communities, and People together!!!!

If we have forgotten anyone, please accept our apologies

Paul Barnard completes his journey

by Charles Norman

Paul Barnard, Manager of Special Projects at the Tembec newsprint mill in Pine Falls, has completed his 7,200km Cross-Canada bicycle journey, timing his arrival in Vancouver to coincide with a celebration by several hundred people all involved in the Missing Women's Legacy Society.

The "Missing Women" are the sixty-two women who have gone missing from Vancouver's East Side (Vancouver's red light district). Almost all of them were involved in the sex trade and most of them were heavy drug users, trapped in a vicious circle of dependency and debt. One of them is Paul Barnard's Sister's Sister-in-law Julie Young. It is suspected that most of these women have been murdered. The remains of some of them have been found on a pig farm outside Vancouver.

A major objective of the Society is to set up a treatment centre where women can get treatment for drug addiction and psychological help for an extended period.

The centre will be in a rural setting about thirteen minutes from Maple Ridge BC. It is a ten-bedroom house set on three acres of land.

three acres of land.

Paul Barnard, accompanied by his parents in a camper, has been cycling across Canada to raise awareness of the issue and to raise funds for the centre. He found, surprisingly, that the toughest part of the journey were the hills of Northwest Ontario along the North Shore of Lake Superior. He said the hills along the lake were shorter but much steeper than the longer but easier climbs in the Rockies. He was lucky to have the wind at his back for most of Saskatchewan and all of Alberta.

He has had an excellent reception everywhere, every day dedicating that portion of the ride to one of the missing women.

Barnard's Sister's Sister-in-Law, Julie Young, has two daughters, now 12 and 15, who joined him, in BC, for the last two weeks of the journey. On one of those days, with Julie's two daughters, fifteen year old Brittany, and twelve year old Caitlin riding alongside him, and the ride for that day dedicated to Julie, Caitlin fell from her leg. Barnard immediately got on his cell phone to call the camper so that Caitlin could ride in the camper for the rest of the day. But Caitlin wasn't going to quit.



Paul Barnard has completed his 7,200km Cross-Canada bicycle journey dedicated to the Missing Women's Legacy Society.

so that Caitlin could ride in the camper for the rest of the day. But Caitlin wasn't going to quit.

Anyone wanting to make a charitable donation to the Legacy Society can mail a cheque to the Missing Women's

stopping." Anyone wanting to make a charitable donation to the

Maple Ridge, BC. V2X 7H5. The society maintains a web site at

Royal Canadian Mounted Police

Press Release August 27, 2003



Whitmouth RCMP are investigating the suspected drowning death of a 64 year old Winnipeg man that occurred earlier today on Dorothy Lake in the Whiteshell Provincial Park. Rudy Peter KOROL of Burrin Avenue, was out fishing with his 87 year old father at around 12 noon when he attempted to restart the outboard motor on their 12 foot aluminium boat unaware that the motor was still in gear.

When the motor started the sudden action caused KOROL to fall out of the boat. His father John made valiant attempts to keep his son above the water line but was unable to do so due to the differences in their weight and the fact that KOROL was not wearing a

life jacket. The elder KOROL flagged down a passing boat when went to call for help.

Whitmouth RCMP, Pinawa RCMP and members from the DNR Seven Sisters

District attended to the scene at around 1:00 p.m. and recovered the body shortly thereafter. Weather was not a factor in this incident. Police are still continuing their investigation.



Crime Stoppers will pay up to \$2000.00 in cash for information leading to an arrest in this or any other unsolved crime in Manitoba. Callers never have to reveal their identity and Crime Stoppers does not subscribe to caller ID.

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Bookkeeping & Accounting	October 14	Selkirk
Principles of Management (B13-M602N)	October 23	Selkirk
Microsoft Word (B15-S213N)	October 23	Selkirk
Simply Accounting Version 7	November 19	Selkirk
Microsoft Excel (B15-S313N)	December 3	Selkirk
Human Resource Management (B13-M613N)	December 3	Selkirk
Communication Skills for Counseling	September 9	Pine Falls
Family Counseling	September 18	Selkirk
Special Education in Canadian Schools	September 30	Pine Falls
Special Education in Canadian Schools	October 1	Selkirk
Anatomy and Medical Terminology	October 1	Pine Falls
E-mail Basics	October 22	Selkirk
Introduction to MS Excel	October 22	Beausejour
Writing Marketable Fiction	October 23	Selkirk
Applied Counseling Skills Certificate	September 22	Selkirk
Business Accounting, & Management Certificate	September 15	Selkirk
Para-Educator Certificate	September 29	Selkirk
Health Care Aide Certificate	September 15	Selkirk
Para-Educator Certificate	February 9	Pine Falls
Health Care Aide Certificate	January 26	Lac du Bonnet

WINGS OF POWER

Celebrate Breakfast for Learning Month September 2003!

By Andrea Chevretils

"Eat Right, Be Bright" Did you know that Wings of Power in partnership with the Sunrise School Division and Tembec Industries have sponsored the Breakfast for Learning program in both the Powerview and Pine Falls Schools?

This program runs at a cost of approximately \$15,000 dollars per year and serves approximately 660 children in grades K-S4. The program is open to all students and is available daily in the classroom at no charge to students or their parents.

As school begins for another year, what better time to help children learn healthy eating habits!

Children need food to fuel their bodies and their brains. The reality is that many children in Canada are not getting the proper nutrition they need. In Canada, 31% of elementary and 62% of secondary school students receive a failing grade when it comes to eating a nutritious breakfast on a daily basis. One in five children in Canada are not getting the recommended five to ten servings of fruits and vegetables they require daily.

As partners for Breakfast for Learning we supply to both Powerview and Pine Falls schools the following items

over the course of one year: 176 cases of apples 280 cases of bananas 120 cases of oranges 200 cases of baby carrots 1536L of milk. And on occasion dry cereal, muffin mix, and granola bars, are also ordered. Children go to school hungry for a number of reasons:

With parents working longer hours, more children than ever before must look after themselves before and after school, yet most don't have the know-how necessary to provide nutritious meals for themselves. Harried morning routines are becoming more common, as more and more children must wake up early in the morning to catch their bus, or have long bus rides to school.

The time constraints of modern living mean there isn't always enough time for meals. The response from Teachers at both schools has been favourable to the Breakfast for Learning program and comments such as:

"Students are more settled and able to do their work. It is one less worry for some."

"The Students that don't have breakfast before leaving home are more ready to work, more energy, happier"

"The children come in, in the



morning, look for the milk and fruit, settle in for the morning."

Moments such as these are proof that this program has made a difference in the lives of the students and will support their ability to learn.

This year, you have an opportunity to help us celebrate and support this viable program!

We are celebrating the month of September with a "Buy an Apple" campaign.

The apples will be for sale at these fine stores (Dancyt's, Northern, Midway and Great Falls Foods) and all it takes is a loonie to say that Breakfast for Learning matters to you and that you support the children in your community!

Thank you for your support! For more information on how your group or organization can support Breakfast for Learning, please contact Andrea at 367-9641 or drop by Wings of Power and see what is going on in your neighbourhood. Welcome back to all students for the 2003/2004 school year.

Library

Lac du Bonnet Regional



September 2, 2003

Back to school signals the end of summer, but also an exciting time for the youngsters to begin a new grade with a new teacher. It will be great to be back in class with old friends and new! We would like to encourage the kids to keep using the library year round - let us know what projects you are working on and what resources you are in need of. Let the library be a part of your learning experience this year!

Reading for fun is just as important as reading for "homework"! We have a lot of new junior and teen fiction to interest all young readers. A great basketball series by Canadian author, Eric Walters, is sure to appeal to ages 7 to 11. This author's years of experience as a teacher and basketball coach have inspired these titles: "Three on Three", "Full Court Press", "Hoop Crazy!", and "Long Shot".

Another basketball story for teens is "Slam!" by Walter Dean Myers. "Seventeen-year-old Greg "Slam" Harris can do it all on the basketball court.....his game is like his temper — hard and fast."

Football and friendship is what it's all about in "Crash" by Jerry Spinelli. "Everybody knows Crash Coogan, seventh-grade football sensation. He's been mowing down everything in his path since the time he could walk..."

The "Wessex Papers" by Daniel Parker is a 3 book series for teens. Read about shenanigans and life in general in Wessex Academy, a private

boarding school.. "Trust Falls", "Fallout" and "Out-smart" are the titles to look for.

Robert Cormier writes a tense thriller for teens - "The Rag and Bone Shop". A reading group discussion guide can be found at the back of this book. Perhaps there are teens in our community interested in starting a local reading group.

Are you ready for some "cool" fall titles? "Fast-paced, action-packed!" is the description of "Far North" by award-winning author, Will Hobbs. "In this classic tale of winter wilderness survival, Hobbs masterfully weaves adventure, Native American heritage, and friendship into a riveting, multi-layered narrative."

A hockey team from Mars? Gordon Korman is back with the Slapshots series.

In "The Stars from Mars" you'll meet this team with a problem! "They've got a defenseman who only skates backward, a star player who wants to be on another team, and a coach who calls everything a whatchamacallit. And if they don't get their game in gear soon, they'll be booted from the league."

Fall is a good season to get involved in sports - and still have time to read a book or two!

Lac du Bonnet Regional LibraryP. O. Box 216 Lac du Bonnet, MB R0E1A0 Phone: (204)345-2653 Fax: (204)345-6827 mldb@mb.sympatico.ca

The Winnipeg River **Echo**

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Recreation Ramblings A history of Unions

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District, 345-8816/753-2639
Email: recomm@granite.mb.ca

Farewell to summer
As I write this a tear is rolling down my cheek - summer is done. The Lifeguards are finished for the season and what an awesome job they did this year. The Youth Job Centre has been closed and Brent is settling in at school. Oh summer. But wait, a slight smile begins to appear - why? It must be because I am thinking about the up and coming opportunities in this new season. Yes, the smile is getting bigger! There are some exciting activities on the horizon - I cannot wait! I have to sign up now so I can be a

part of the excitement.
Registration Nights
Fall into action and sign up now for activities in your community. You say there is nothing to do? We will prove you wrong at the community registration nights!
Lac du Bonnet - Friday September 5th 6:00pm - 8:00pm at the Arena
Pinawa - Wednesday September 3rd at 6:30 - 8pm at Gilbert School
The Amazing Line Up
See what the Rec has in store for you this fall! Our brochure is out there! Here is a taste of

what's to come!
Tuesday nights Join Linda Tait for Yoga at Gilbert School in Pinawa.

Find your inner cha and join Mike Quinn for Tai Chi Tuesday nights at Gilbert School in Pinawa.

Funky Eddie Miller is coming to Pinawa! Wednesday nights for Hip Hop Klub at the Secondary School.

Hip Hop is also happening in Lac du Bonnet Mondays for teens and adults and on Tuesdays for jr. Hip Hoppers. Classes will take place at Centennial School.

You wanted Pilates you got it! In Pinawa Wednesdays. In Lac du Bonnet Mondays

Get out your gloves and tighten your abs Kickboxing is back 3 nights a week m-w-f at Centennial School.

Miss Chantalle is back with ballet and jazz classes.

Shotokan Karate is coming to Lac du Bonnet on Wednesdays! Sept. 17 - December 10th

We've got cooking classes with Delucas and The Greek Market.

An evening of wine tasting A fitness theory course The 23rd annual Christmas craft sale!

The Terry Fox Run Sept. 12th at Centennial School in Lac du Bonnet.

Don't forget about registration night!

In Pinawa on Sept. 3rd 6:30 at Gilbert School

In Lac du Bonnet Sept. 5th 6:00 - 8:00

Over 100 years ago (1894) North America's Labour unions conceived Labour Day as a testament to our cause. It constitutes a yearly International tribute to the contributions workers have made to the strength, prosperity and well being of our world.

In a Labour Day article last September, reporter George Packer wrote: "In recent years life has put a rather low value on honest, unglamorous work and brotherly self-sacrifice. 'Solidarity Forever' was not a message that made much impression on the laid-off manufacturing worker, being told to quite whining and get retrained."

I live and travel in areas dominated by rich and powerful and I am often asked what line of work I am in. In fact, I am asked that question so frequently that the answer is almost automatic. "I work for a Labour Union - the Paper Allied-Industrial, Chemical and Energy Workers (PACE) Intl. Union. I lobby employers for worker rights, Social Security, Health care, trade, and other issues important to working families." I always watch their faces for a reaction. Obviously, you can tell some wish they had never asked the question and cut the conversation short. But surprisingly, others, even though they may never have "worked" for a living, will say something like, "Hey, my Uncle Bill (or some other member of their family) was a Union member."

Many of them hunger to learn more about the Labour movement and will engage me in long conversations about unions. I would like to think that through these exercises there are now more Canadians who appreciate you and what you do. Be proud and show your pride. Each of us has seen young workers enter the workplace excited about the wages and benefits the company has "given" them and telling the shop steward and co-workers that he/she sees no reason to belong to a union.

As mad as statements like those make us, the job of educating them must fall on the shoulders of you and me. It is easy to treat them as the free-riders they are; however, it is better for you, better for them and better for your union to teach them some Labour history and make them proud to be union members. Finally, as parent and grandparents many of us have failed to adequately teach our youth the history of Labour and an appreciation for the price paid by those before us.

Ask yourself, how many children do you know who actually understand the meaning of Labour Day? Between now and next September 1, I challenge each of us to take the time to teach a child what a union is, why they are necessary and why there is a holiday on the first Monday of each September called Labour Day. Enjoy YOUR holiday. P.A.C.E. 7-1375 (excerpts taken from letter by PACE Citizenship-Legislative Director.)

St. Georges Farmer's Market

By: Julie Chevreffils

We're finally coming to the end of summer. On Saturday, August 23, we held our last Farmer's Market. We sure had a great summer. We were able to offer various products, such as: antiques, baking, beanie babies, candles, crafts, dream catchers, hand knits, jewelry, lawn furniture & ornaments, paintings, plants, vegetables and much more.

Thanks to the vendors, special guests, and those who provided live entertainment, for helping make the St-Georges Farmer's Market a huge success in our first year. I would also like to thank all those who came out and supported the Farmer's Market.

Although there will be no more markets this year, if you would like to join us next year, have any suggestions or would like to help out, please call 367-9970. We'd love to hear from you.

There will also be a HUGE GARAGE SALE some time in September, in the Place McDougal parking lot. (just across from the beach). Be sure to look out for the advertisements.

Reminder, we are still looking for more recipes, so that at the end of the summer we can publish a cookbook. Whether they are for muffins, cakes, pies, puddings or even cookies, email, fax or drop off your much-loved recipes.



Community Mental Health Program

Welcomes all emergency service personnel, health care providers, volunteers, and the general public alike, to an:

Inspiring informational session
On

POST-TRAUMATIC STRESS DISORDER
Tuesday, September 9th, 2003

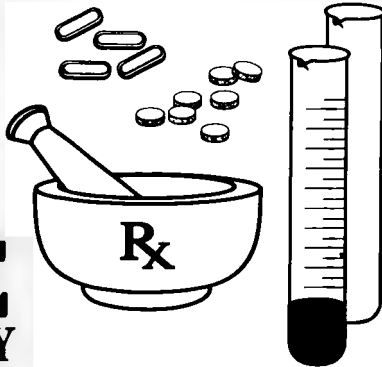
Location:
Powerview School
Begins at
7:00 p.m.

Keynote speaker:
Martin Kimball
will share his healing journey

Also Presenting:
Dawn S. ...
Vivian ...

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DISPENSARY

367-2611

367-2517

Lac du Bonnet RCMP Report

Lac du Bonnet Police Report for the periods of August 22nd to 29th, 2003



August 22

A report was received of a vehicle proceeding westbound on P.R. 313 in the R.M. of Lac du Bonnet and a beer can being thrown out, narrowly missing another vehicle. The vehicle was last seen proceeding to the Town of Lac du Bonnet. Police patrolled the town, but did not come up with the offending vehicle.

A bicycle was turned in after being found in the water off the Lac du Bonnet Town

Dock. Described as a red Venura Ridge runner.

August 23

A request was received to escort a vehicle proceeding from Otter Falls to the Beauséjour Hospital with a sick subject.

A report was received of a noisy party at the Betula Lake Group use area in the Whiteshell Prov. Park. Police attended to have the noise kept to a minimum, and DNR subsequently had to evict the

group.

A report was received of a possible child abandonment at a residence on Second Street in the Town of Lac du Bonnet. Police attended and found this was not the case, as an adult was present with the underage subject.

A report was received of thefts from the group campground at Betula Lake in the Whiteshell Prov. Park. An adult male suspect was identified, and found to be camping in an unauthorized area. The investigation did not produce sufficient grounds to lay a charge of Theft, however, the subject was evicted by DNR.

A report was received of an unknown subject "body-surfing" on an unidentified vehicle east-bound on P.R. 317 in the R.M. of Lac du Bonnet. Police patrolled 317, but did not locate anyone engaged in this.

A report was received of noise from a location on Rene Blvd in the R.M. of Lac du Bonnet. Police attended to the location in question and had the music turned down.

A report was received of a vehicle being operated in the Opapiskaw Campground in the Whiteshell Prov. Park, with a possibly impaired driver, and with subjects sitting in the back in lawn chairs. DNR and the police both patrolled the area, but did not locate.

A report was received of a break and enter to a cottage on James in Auglen Park in the R.M. of Alexander. Suspects have been identified and the investigation is continuing.

A report was received of the theft of a digital camera from Opapiskaw Campground boat launch in the Whiteshell Prov. Park.

A report was received of a large bonfire on Wendigo Beach in the R.M. of Lac du Bonnet, in contravention of the Open Fire Ban. Police attended and had some extinguished.

A report was received of an unruly patron in a Licensed Premises in the Town of Lac du Bonnet. Police attended and found that the subject was an adult male from Oakbank, who departed after police attendance.

A report was received of an urgent message to pass on to a subject who was believed to be at an unknown location in

the vicinity of the O Nutimik Camp-Ground. Neither the police or the DNR could ascertain a location for the subject.

A report was received of under-age males throwing rocks, shining flashlights and yelling and swearing in the Opapiskaw campground in the Whiteshell Prov. Park. The matter was referred to the DNR, who subsequently located the pair, and evicted same.

August 24

A report was received of subjects coming into the yard of a cottage at Brereton Lake in the Whiteshell Prov. Park, and running away when the lights were turned on. Investigation revealed that the DNR had broken up a large party in the vicinity and the subjects were no doubt from the location.

Police on patrol found 3 under-age males consuming liquor at the Pinawa Pool. All were taken into custody, and subsequently released to their parents, with the applicable charges laid.

A report was received of a noisy party at a location on Athlone Crescent in Pinawa. Police attended and found that the party was over, but follow up was done with the property owners.

A report was received of an adult male having been assaulted by an under-aged male at a location in Pinawa.

A report was received of a suspicious person on Second Street in the Town of Lac du Bonnet. Police attended and found that the subject was staying in the Town of Lac du Bonnet.

A report was received of trespassing on private property on Daniel in the R.M. of Lac du Bonnet. Investigation revealed this to be a disagreement between neighbours.

A report was received of an aircraft landing on Saddle Lake in the Whiteshell Prov. Park, and then developing a hole or crack in one of the floats, which caused same to tilt over to one side.

A report was received of an adult female threatening suicide at a location in the Wendigo Trailer Park in the R.M. of Lac du Bonnet. Police attended and forced their way into the location, and ar-

rested the subject under the Mental Health Act. She was taken to Pinawa, where she was assessed by a doctor, who turned her over to her husband.

A report was received of a break and enter to location at Rrereton Lake in the Whiteshell Prov. Park.

August 25

A request was received from Selkirk Detachment to assist in the apprehension of a vehicle which was being pursued in the Stead or Grand Marais area. Lac du Bonnet police patrolled north on PTH 12, and were then advised that the vehicle in question had been apprehended.

A report was received that a black duffel bag of clothing had been lost on P.R. 313 between Pointe du Bois and the Wendigo Road.

A report was received of a blue men's mountain bike having been left in the yard of a residence on Park Ave. in the Town of Lac du Bonnet.

A report was received of a back pack containing women's clothing being found at the Town Dock in the Town of Lac du Bonnet.

A report was received of a vehicle speeding in Whitemouth. The identity of the suspect was provided to police, and the investigation is continuing with a view to laying a charge.

August 26

A report was received of a small red vehicle chasing another around the streets of Pinawa and not stopping at stop signs. A group of noisy youth near the Northern Store in Pinawa were also reported. Police patrolled, but did not locate any vehicles, and the group of youth were sent home.

An outboard motor with a mounting bracket was turned in as Found Property, after having been found at the corner of P.R. 313 and P.R. 315 in the R.M. of Alexander. The owner of same was subsequently identified.

A report was received from Elma of a subject blocking the roadway to prevent another subject from passing.

A report was received of a Mosquito Magnet having been stolen from a location in Lake Ave. in the Town of Lac du Bonnet.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat.

Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168. **PACE 7-1375:** meets first Tuesday of the month. Chicken Chef. Power-view meeting room.

St and Be Fit exercise class: Thursdays. Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m. LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 2:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore At-A-Non Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore At-a-Teen Group For further information, Phone Kaitie 367-8237 (evenings), Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month. Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club meets first Monday of month 9:30 a.m., Pioneer Club

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beauséjour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Doell, church 345-2934, home 345-9766

Sunday: 11:00 a.m. - morning worship; 6:30 p.m. - Upper Room.

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654

Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Richard Maehara, 345-2988

Lac du Bonnet: 5:00 p.m. - Saturday mass

Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Brian Remtrea 367-8615, church 345-2357

Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.



The Herbal Grove

by Kristine A Phillips
MNIMH

It's hard to believe, but as the first few days of September roll around, we start to think of fall, and try not to think of the approaching winter. However, it is a good time to start thinking about how to stay healthy through our long cold and flu season. There are some basic steps to keeping healthy.

During the summer months we tend to be outside more, walking, gardening, playing and so on, and we feel better for it. It is important to find ways to bring some activity into winter, and all the better to keep up some outdoor activity. A short walk outside everyday supplies us with fresh air, activity, and Vitamin D from the sun. Just 15 minutes per day, even in full winter apparel, will give you all the Vitamin D your body requires.

Keeping up with a healthy diet is also important. Eating your fruits and vegetables (especially the brightly coloured ones) will supply your body with important vitamins and nutrients needed for maintaining health. Including more whole foods (whole wheat bread/pasta, brown rice etc) and cutting down on quick processed foods can also do a lot of good. Even with our best

intentions it is sometimes difficult to get everything we need from our food. This is when a daily supplement can be beneficial, and there are many types to choose from. There are tablets, powders, one-a-days, and speciality supplements such as for greens or for protein. Lots of Vitamin C can also go a long way to help you keep up your good health.

There are also many ways to keep your immune system in top condition with the use of herbs. Echinacea is a well known herb for boosting the immune system. It has been proven to increase production of white blood cells, which is a key line of defence against invading microbes. Echinacea can be taken safely all through the winter, but is best if "pulsed" (every second day or 4 of 7 days a week), it can be taken in liquid, capsules or as a tea mixed with other herbs to increase its health benefits and to improve its taste. There are even formulations for children. If a cold or flu does strike, Echinacea can be taken in larger doses at the first sign of illness and until all symptoms are gone. Astragalus is herb that is well known in Chinese medicine for improving the immune system. It may be found

alone, or in combination with other Chinese herbs. It works in a similar way as Echinacea, but should not be taken during acute illness or fever. Garlic is a tried and true protector against many illness as well as being good for lowering cholesterol levels. The most efficient way to take garlic is by eating one whole clove per day. However, as this can be hard to swallow, there are capsules available, some are odourless and some are combined with other herbs (such as parsley) to combat "garlic breath".

The passing of the 4P Festival may signal the end to summer for many, but just think of the coming fall and winter activities ahead. Curling, skating, sledding, and fishing, to name just a few, will help you keep your activity level up. And remember, there are many more options to consider when trying to stay healthy. So for more information on this, or any other health concern come into "Through The Arbour" on Monday, Wednesday or Friday afternoons, to speak with Kristine.

ECHOES
FROM THE

Heart

The Perfect spouse

Years ago, I asked God to give me a spouse. "You don't own because you didn't ask" God said. Not only I asked for a spouse but also explained what kind of spouse I wanted. I want a nice, tender, forgiving, passionate, honest, peaceful, generous, understanding, pleasant, warm, intelligent, humorous, attentive, compassionate and truthful. I even mentioned the physical characteristics I dreamt about.

As time went by I added the required list of my wanted spouse. One night, in my prayer, God talked to my heart: "My servant, I cannot give you what you want."

I asked, "Why God?" and God said "Because I am God and I am fair. God is the truth and all I do are true and right."

I asked "God, I don't understand why I cannot have what I ask from you?"

God answered, "I will explain. It is not fair and right for Me to fulfill your demand because I cannot give something that is not your ownself. It is

not fair to give someone who is full of love to you if sometimes you are still hostile, or to give you someone generous but sometimes you can be cruel, or someone forgiving; however, you still hide revenge, someone sensitive; however, you are very insensitive...."

He then said to me: "It is better for Me to give you someone who I know could grow to have all qualities you are searching rather than to make you waste your time to find someone who already have the qualities you want. Your spouse would be bone from your bone and flesh from your flesh and you will see yourself in her and both of you will be one. Marriage is like a school. It is a life-long span education. It is where you and your partner make adjustment and aim not merely to please each other, but to be better human beings and to make a solid teamwork. I do not give you a perfect partner, because you are not perfect either. I give you a partner with whom you would grow together"

Canadian Council of Technicians & Technologists Announces Results of National Survey

Technician, technologist professions key to Canadian industry, and offer well paying, rewarding careers to both men and women.

Ottawa, ON, Sept. 2, 2003 - Certified Canadian technicians and technologists enjoy well paying, stable and rewarding careers, are highly trained in the latest technologies - and are committed to continually updating their leading-edge skills - and are the 'backbone' of Canadian industry, according to a national survey commissioned by the Canadian Council of Technicians and Technologists (CCTT).

"The National Survey of Professional Technologists and Technicians clearly shows that certified members enjoy lucrative, challenging and rewarding careers in a wide variety of industries," said Neil Johnson, ASCT, president of the Canadian Council of Tech-

nicians and Technologists. "What's more, the survey confirms what the CCTT and its members have long known - that certified technicians and technologists are highly trained and dedicated professionals, and are truly the backbone of Canadian industry."

The survey also confirms that the technician and technologist professions offer significant career growth and opportunity to women. Nearly one out of five members of Canada's technician and technologist associations are women (17 per cent), and women are well represented in the fields of mining, building and instrumental.

The 2002 National Survey of Professional Technicians and Technologists, undertaken by EKOS Research Associates Inc., also found that:

Job satisfaction amongst surveyed technicians and technologists is "very high." More than eight in 10 (86 per cent) say they are satisfied with their jobs. Nearly the same percentage (78 per cent) say they are

happy with their career prospects and 79 per cent say they are given the freedom to decide major issues affecting their work performance.

Technicians and technologists are well paid. The median income amongst those surveyed in 2001 was \$56,000, with an average of \$61,500.

Technicians and technologists are predominantly employed in stable and permanent jobs in large companies, and are responsible for a wide variety of technical and managerial tasks. A significant percentage of technicians and technologists hold senior positions within their firms.

1 in 5 working members (20 per cent) report directly to their organization's president or vice-president (or equivalent). 42 per cent of members report to a department head or director in their organization.

36 per cent of working members report managerial experience.

85 per cent of members are employed in permanent positions. Both the average and

median number of years in the labour force amongst members is 20.

42 per cent of members work in firms with over 500 employees; this includes 33 per cent who work in firms with over 1,000 employees.

1 in 5 members (20 per cent) say computer operations is a key function of their job.

Technicians and technologists are the 'backbone' of Canadian industry.

17 per cent are employed in the civil engineering field, 13 per cent in the electronics industry, and 10 per cent equally in the electrical, industrial, mechanical, and building technology industries.

18 per cent work in professional, scientific and technical services, 14 per cent in manufacturing, and 13 per cent in construction.

Technicians and technologists are highly trained and committed to lifelong learning.

58 per cent of members have one degree, diploma or certificate. Nearly 1 in 3 (27 per cent) have two, and 12 per

cent have three or more.

64 per cent of members have undertaken additional professional training in the past three years to maintain or upgrade their skills.

59 per cent say that information technology skills and knowledge (such as programming, server/workstation support and maintenance, and computing technical support) are important elements of their jobs. Three in 10 rated IT skills as highly important to their jobs.

About CCTT

The Canadian Council of Technicians and Technologists (CCTT) is a not-for-profit corporation of the ten provincial associations representing the interests of 48,000 practicing certified technology professionals in the fields of applied science and engineering technology. The CCTT's mission is to benefit society by advancing technology through the applied science and engineering technology professions.

Winnipeg River RCMP Report

This report covers the period of August 22th to August 27th, 2003



August 22
Lester Beach - Winnipeg River Detachment received a 911 report of a possible boat

fire approx 5 - 10 kms from shore. Suspected sail boat on fire. MB Conservation, Grand Marais fire department, Gimli

Coast Guard and Wolf Craft Search & Rescue Team mobilized. It was determined that the black smoke reported, was actually a military exercise.

Grand Beach Provincial Park - Winnipeg River Detachment was advised of a scheduled protest/demonstration to be held on Sunday, August 24th at the Surf Club. Managers of the club are protesting the imposed reduced hours as regulated by the Provincial Parklands quiet hours regulations.

South Shore Fort Alexander - A bicycle was turned into the Powerview Detachment. The owner of the bicycle has not been located to date. Should anyone be missing a bicycle, that has not already been reported it to the detachment, please contact the Powerview Detachment with the bicycle description and serial number to recover it. The bicycle will be held for 30 days.

Grand Marais - Grand Marais detachment was advised of an unregistered vehicle and trailer parked on Grey St., in Grand Marais. The owner was contacted and asked to remove his property from the street. A time limit was arranged for the property to be removed otherwise it would be towed. The owner complied with the request and was grateful for the advanced notice.

Powerview - A roadwatch checkstop enforcement program was conducted in Powerview by the Powerview and Grand Marais Detachments. A Fort Alexander woman in her early twenties was issued a 24 hour roadside suspension for blowing over .05 on the roadside screening device.

RM of Alexander - A Pine Falls man was charged for driving without a valid driver's licence. He was checked as part of the roadwatch checkstop. This charge carries a No Set Fine and he will have to appear before a magistrate. His vehicle was towed.

Powerview - A complaint was received by the Powerview Detachment of a stolen cell phone from the Papertown Hotel. A serial number for the phone could not be provided to police. The cell phone description has been recorded for information purposes in the event that someone turns it into the detachment. The phone has been cancelled with the

owner's subscriber.

Grand Beach - Two Winnipeg men who were highly intoxicated were arrested by Manitoba Conservation Park Patrol. A 21 year old man assaulted one of the officers and has been charged by Grand Marais Detachment for assaulting a peace officer. Both men were released in the morning once they were sober.

Belair - Winnipeg River Detachment received a complaint of an erratic driver on PTH 59 near Belair. The information received was that the driver of the suspect vehicle was driving under the speed limit and continually crossing the centre line. The licence plate number had been provided to the police. Upon discussion with the with the registered owner of the provided licencee plate number, it was determined that a mistake had been made with the number. The vehicle, as described by the complainant, could not be located. The police investigation has been concluded.

Fort Alexander - A 46 year old Fort Alexander woman was lodged under the Intoxicated Persons Detention Act by the Powerview RCMP members. Police became involved when she made a complaint that another woman had stolen her vehicle keys and would not return them. When police attended the residence the intoxicated 46 year old was quite obnoxious which resulted in the arrest for her own safety until she sobered. She was released the following day.

Hollow Water - A report was received from a mother at Hollow Water that her young daughter was assaulted by two other girls. The parents of all the kids involved were spoken to and decision made not to have the girls contact each other until they were able to peacefully work things out. Any reoccurrences are to be referred to the detachment.

August 23
Fort Alexander - An automobile was reported stolen from beach on Fort Alexander. Police located the vehicle and when it was determined that a friend had taken the vehicle, the owner did not want to pursue any charges. Keys had been left in the vehicle at the time of its disappearance.

Powerview - Papertown Hotel staff report an underage

man was being very obnoxious and attempting to gain access into the hotel premises. They called Powerview Detachment for assistance, however the young man had departed prior to members arriving.

North Shore Fort Alexander - Powerview RCMP received a complaint of a minor assault between a man and a woman. When police attended the residence where the complaint originated, the complainant nor the suspect could be located. Inquiries the following day did not surface any new information. The investigation is continuing.

Fort Alexander - A Fort Alexander woman returned home to discover her son was having a drinking party. She called the Powerview RCMP to assist her in the removal of the unwanted guests. All the unwanted people had departed before police arrival.

Seymourville - A 2002 Hyundai was reported stolen from Seymourville. A couple of youths were reported in the vehicle shortly after it was noticed missing. Powerview Detachment continues its investigation.

Fort Alexander - Powerview Detachment members responded to rollover injury motor vehicle accident on the Fort Alexander North Shore road. A 19 year old man has been charged with possession of stolen goods and four counts of breach of court orders. Alcohol was a contributing factor in the accident.

Pine Falls - One mile west of TeenyBoppers on PTH 11, a tree was reported causing power lines to arc. The complainant did not know the phone number for Manitoba Hydro. MB Hydro had been contacted by police.

Hollow Water - A Hollow Water woman returned to her home after being away for a few days. She discovered that her house had been broken into. The culprits had broken her door and some small currency is reported missing. Powerview Detachment is continuing their investigation.

Grand Beach - Manitoba Conservation Park Patrol arrested a drunk 17 year old Winnipeg man for causing a disturbance and cutting down trees in the campground. The youth was intoxicated and

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.
PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.
Parental classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.
Library Allard: Tuesday 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.
Beaches Library: Tues. 1:00 to 4:00 p.m., Thurs 4:00 to 8:00 p.m., Fri. 6:00 to 8:00 p.m. Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.
Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meet raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge #154 meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month.
PAA: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets second Tuesday of each month
Winnipeg River Senior Service Inc.: Coordinator Tina Poltschuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.
Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.
AA & Al-Anon - The Beaches family group, Thursdays 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road, 756-8018 or 756-2101.

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.
Senior Scene Inc. #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.
Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Thursday of every month.

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.
Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday.
Weight Watchers Meeting: Every Thursday - weigh in at 4:45 to 5:30pm. -call Delores for info. at 367-2945

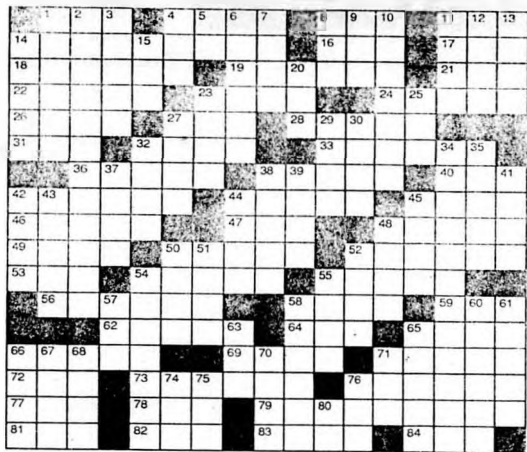
Foster Homes Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Child Health Clinics - will be provided by area Public Health Nurse every Thursday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info.

Winnipeg River Church Services

NOTRE DAME D'LAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon
PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bob Rodger Minister, Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 7 at 11:00 am, everyone welcome.
PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.
ST. THERESA'S: Masses at Notre Dame du Laus.
ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.
ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.
TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations) For info, call 635-2625 or 754-8682.
CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.
HOUSE OF PRAYER FULL GOSPEL: 2:30 p.m. every Sunday, Scantbury, on Hwy. #59.
ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.
ST. ALEXANDER R.C. CHURCH located at Sagleong First Nations. Sunday mass 10:00 a.m.
ST. THERESA, R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.
SAGKEONG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagleong South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.
CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.
GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

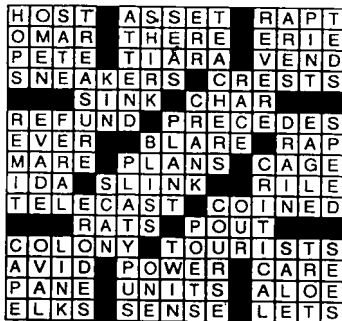
WEEKLY CROSSWORD



- 45. Stadium
- 46. Appraises
- 47. Numerous times
- 48. Where Canea is
- 49. Operatic prince
- 50. Sporting events
- 52. Scolded severely
- 53. Gull
- 54. _ winks
- 55. Occupation
- 56. Mollusks
- 58. Miss Verdon
- 59. Doctor's group
- 62. Of the eye
- 64. Soindle
- 65. Develop
- 66. Wager
- 69. Woeful word
- 71. Movie director
- 72. Blunder
- 73. Does arithmetic (2 wds.)
- 76. One hundred cents
- 77. Intention
- 78. Born
- 79. _ hit (comp.wd.)
- 81. Legume
- 82. Like the Gobi
- 83. Italian family
- 84. Answer (abbr.)
- 8. Soviet (abbr.)
- 9. Picnic drink
- 10. Playing card (comp.wd.)
- 11. Highest point
- 12. Forgo food
- 13. Three-spot
- 14. Jewish law
- 15. Color
- 20. Slippery one
- 23. Greek letters
- 25. Equal (comb.fm.)
- 27. Mr. Calhoun
- 29. Imitator
- 30. Quarry
- 32. Leads
- 34. Government program
- 35. Nation
- 37. Unique thing
- 38. Half a hundred
- 39. Permis
- 41. Vehicle
- 42. Reduce in numbers
- 43. Conducts
- 44. Holy water receptacle
- 45. Toward the mouth
- 48. Socail unit
- 50. _ in one
- 51. _ Minor
- 52. MacMurray
- 54. _ ten (2wds.)
- 55. Pairs
- 57. Northern bird
- 58. Mathematical diagrams
- 60. Fen
- 61. Knowing
- 63. _ Vegas
- 65. Roman emperor
- 66. Seven _
- 67. Numerical group
- 68. Armada
- 70. Musical instrument
- 71. College in Iowa
- 74. German pronoun
- 75. Moslem ruler
- 76. English river
- 80. Right (abbr.)

- ACROSS**
- 1. Gazelle
 - 4. Throw
 - 8. Held session
 - 11. Ship section
 - 14. Successful
 - 16. Literary form
 - 17. Standard amount
 - 18. Type of street (2wds.)
 - 19. Football team
 - 21. Compass point
 - 22. Actress Ada
 - 23. Bird call
 - 24. Like _ (fast)
 - 26. English river
 - 27. Girl's name
 - 28. Northern tribesmen
 - 31. Harbor(abr.)
 - 32. Quartet
 - 33. Trial impressions
 - 36. Aspire
 - 38. Swift
 - 40. Pronoun
 - 42. Two tens
 - 44. Like a furnace

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

BOFWZA MEZFSHSGZFSPW AZQNO AP
P UDWM.

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

Last Week's Solution

THEY SICKEN OF THE CALM WHO KNOW
THE STORM.

WEEKLY ECHO HOROSCOPE

for the week of
August 31st to Sept 6th



ARIES (Mar. 21- April 20)

Changes in your residence may be financially favorable. Hassles with your boss are sure to erupt if you speak your mind. Property investments, insurance, tax rebates, or inheritance should bring you financial gains. Problems with female members of your family may play on your emotions.



TAURUS (Apr. 21- may 21)

This might not be a day for hasty decisions. You can make money through solid investment plans. Entertain those who can provide you with valuable information and knowledge. You may find that purchases or entertainment could be expensive.



GEMINI (May 22-June 21)

Don't allow colleagues to put unreasonable pressure on you. Don't consume more than necessary of a short supplied item. You will have extra energy; put it to good use. Pushy people must be kept at arm's length.



CANCER (June 22-July 22)

Partnerships will be successful. You may find yourself in a heated dispute with a friend if you try to change your mind. Don't ruffle the feathers of those you care about most. You will enjoy interaction with others this week.



LEO (July 23-Aug 22)

You will feel better about yourself and you may also meet potential lovers. Discord may arise with someone you're close to. It may be a disappointing day emotionally. Verbal abuse could lead to carelessness.



VIRGO (Aug. 23-Sept. 23)

You will have to face each issue separately and in person. Don't hold back. You may experience financial loss if you don't use good judgment. You need to enjoy the company of those who enjoy the same pastimes.



LIBRA (Sept. 24-Oct. 23)

Get involved in fitness programs that will bring you in contact with new friends. You will find that friends or relatives may not understand your needs. One-sided relationships are likely. You will find that joint ventures could easily turn out to be dead end projects.



SCORPIO (Oct. 24 - Nov. 22)

Any capricious behavior will confuse loved ones and your mood swings will result in loneliness. Don't let opposition from those envious of your talents daunt your progress. Use your creative talent in order to accomplish your goals. You have a lot to offer.



SAGITTARIUS (Nov. 23 -Dec. 21)

Avoid being overly opinionated or you will alienate friends. Friends and relatives may not understand your needs. Relationships may be hard to handle. Good friends will give you honest answers.



CAPRICORN (Dec 22.- Jan. 20)

Be prepared to neutralize any threats. You won't be able to keep a secret. You will find good buys and you will lift your spirits. Kick your shoes off and relax a bit this week, it will do you good.



AQUARIUS (Jan. 21 -Feb. 19)

You may have some time off but your thoughts will be on your work and your cash situation. Be careful when using machinery or electrical equipment. Get busy making those changes to your home. A need to express yourself may come out in creative ways.



PISCES (Feb. 20-Mar. 20)

Your romantic inclination should lead to a committed relationship. Visit friends you don't get to see that often. Escapist tendencies may lead to overindulgence. Don't be afraid to pursue unfamiliar grounds.

Echo Classifieds

For Rent

House for rent, Powerview area.
1 1/2 story house for rent. Available September 1st, 2003 call 367-8232

60 X 3

For Rent

Office space for rent Above Pine Falls Post Office. c/w private washroom.

For sale: One hospital bed, \$300.00.

For more information call Denis at 367-8651.

TFN

For Rent

3 bedroom house for rent. St. Georges area. \$500 per month (utilities not included) Damage deposit required, \$500. Available Sept. 1st. Call Marc at 367-4656

For Rent

May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever.
-Amen
Say six times a day for nine days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.

For Rent

The St. Georges Parish Centennial Committee would like to thank the following sponsors as well as all the volunteers who helped make the centennial celebrations a success. May we always remember the community spirit and the kindness of its people.
Tembec Industries
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R..M. of Alexander
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Macmor Industries
Caisse La Verendrye
Community Club

For great results, place your advertising here

For Sale

Well Water Pump new, manufactured by Red Jacket, half horse power, 3450 RPM's. asking \$225.00 OBO.

1 Ton Chain Block and Tackle, manufactured by Wright \$125.00.

Industrial Lawn Edger, powered by 2 horse power, Briggs & Stratton, Good condition, \$275.00 OBO.

Various heavy duty chains with hooks.

Call Bill at 669-2767

For Sale

1993 Ford Explorer, new brakes, rotors, pads, shoes, and drums. New exhaust, safetied in June 2003. Very good condition, non-smoking. Asking \$4900 OBO call Kevin or Kim at 367-4419

Memoriam

To Mom, Grandma and nee **Edna Phillips** September 3, 2003

May the wings of love blow softly on a quiet peaceful spot. Where the one we love is sleeping and will never be forgotten.

Love Winnie & Louis, Silvia & Dawn, Randy & Morgan and Dallas

Thank You

Thank you to our family and friends for helping us celebrate our 25th wedding anniversary on July 26th, at Ayers Cove. A special thank you to my sisters Dawn and Judy, also Max, Tom, Cathy & Paul, Ted & Cheryl, and our children Jessica and Branden. Also to all of you that helped make it the perfect day. It was a day we will always remember. For all the cards and gifts we received we cannot that you all enough, we were overwhelmed!

We hope that you all had as much fun as we did.

Love Pat and Kim (the Skipper and Maryanne)

Thank You

A special thank you to everyone that donated to our annual Alzheimer's Memory Walk. This year our communities raised \$2,836.00 for the Alzheimer's Society of Manitoba. The top fund-raiser in North Eastman Region was our very own Dick Kropp with \$2079.00 raised.

Thank you from the staff and residents of Sunnywood Manor Personal Care Home.

Miscellaneous

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net

This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

31-1FN

Place your advertising here

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling **Silver Haven at 367-4620**

Wednesday, August 20

Soup, Chicken legs, Spanish rice, peas, banana cream pie

Friday, August 22

Coleslaw, Salisbury steak, mashed potatoes, carrots and celery, pudding

Monday, August 25

Soup, lasagne, garlic bread, celery and carrots, chocolate cake



Sunrise School Division

Sunrise School Division Board of Trustees wishes to advise of the regular Board Meeting Dates, being held on the following Thursdays for the 2003/2004 school year:

- September 4, 2003
- September 18, 2003- Lac du Bonnet Senior School
- October 2, 2003
- October 16, 2003- Springfield Middle School
- November 6, 2003
- November 20, 2003
- December 4, 2003
- December 18, 2003
- January 8, 2004
- January 22, 2004
- February 5, 2004
- February 19, 2004
- March 4, 2004
- March 18, 2004- Beausejour Early Years School
- April 8, 2004
- April 22, 2004- Reynolds School
- May 6, 2004
- May 20, 2004- Whitemouth School
- June 3, 2004
- June 17, 2004

All regular Board Meetings will be held at the Edward Schreyer School in Beausejour unless otherwise specified and until the completion of the new Division Office.

Call the Echo For all of your News Tips

JOB POSTING THE VILLAGE OF POWERVIEW PUBLIC WORKS EMPLOYEE

The Village of Powerview is seeking a highly motivated, organized individual to work in the Public Works Department for a 3.5 month term position (October 1, 2003 to January 15, 2004).

The successful applicant must possess the following qualifications:
- High School Diploma or equivalent
- Valid driver's license
- Experience operating heavy equipment

Knowledge of the following skills would prove to be an asset:
- Knowledge of water and sewer works
- Ability to do mechanical repairs
- Welding

The successful applicant must have the ability to work in a variety of environments, as a team member, with the public and independently.

This is a unionized position with applicable union dues being deducted.

For further information, please contact J.M. Thevenot at 367-8483.

All resumes must be submitted to:
The Village of Powerview
P.O. Box 220
Powerview, Manitoba
R0E 1P0

Resumes must be received no later than Wednesday, September 17, 2003 at 4:00 p.m.

All applicants are thanked for their interest, but only those selected to be interviewed will be contacted.

J.M. Thevenot,
Chief Administrative Officer
Village of Powerview

Winnipeg River RCMP Report

lodged in RCMP cells overnight. He was released to his mother in the morning, after he was charged under the Provincial Parklands Act.

Grand Beach - An 18 year old Winnipeg man was arrested by Manitoba Conservation Park Patrol and lodged in RCMP cells overnight. Due to his intoxication and the disturbance that he was causing he was evicted from the campground and charged under the Provincial Parklands Act. He was released in the morning after he sobered.

Grand Beach - Another three Winnipeg men, all 20 years of age, were arrested by Manitoba Conservation Park Patrol for disturbing the peace. The men were lodged in RCMP cells overnight. All were evicted from the campground and released in the morning. No charges were laid. Alcohol was a major contributing factor.

Grand Beach - Three 17 year old Winnipeg men were arrested by Manitoba Conservation and lodged in RCMP cells overnight. They were evicted from the Park with one youth being charged. All parents had been notified and all were released in the morning once they were sober.

RM of Alexander - A minor motor vehicle collision had been reported to the Grand Marais Detachment involving an older model pickup and a 4 wheel ATV. No one was injured, however the investigation is continuing regarding this incident.

Grand Beach - A 20 year old Winnipeg man was charged by

Grand Marais RCMP for having open liquor on the Boardwalk. All liquor was destroyed and the man faces a \$90 fine.

August 24
Pine Falls - Pine Falls Hospital requested the assistance of Powerview Detachment to bring a violent patient back into the hospital from the parking lot.

Beaconia - Grand Marais Fire Department advise that they were attending to a car fire on PR 500 near Beaconia beach. Powerview Detachment member attended scene and spoke with a Winnipeg woman who had been operating the vehicle earlier during the weekend. The investigation is continuing as to the cause of the fire.

Grand Marais - Grand Marais Detachment received a complaint of a quad driving up and down Grand Marais Blvd for the better part of two hours. At the time of the call, the quad was parked in the water. Powerview members while patrolling in the area attended to Grand Marais Blvd and spoke to the 45 year old man operating the quad. He was given a warning.

Grand Marais - A found driver's license was turned into Grand Marais Detachment. The owner could not be reached for its return. Further attempts are being made to return the driver's licence.

August 24
Grand Beach - a break, enter & mischief occurred at a cottage. Graffiti and trash were scattered about the cabin. Fort

Alexander - a collision at the ball park resulted in 1 injury. A bit of a skirmish ensued but the matter was dealt with informally.

August 25
Grand Beach - a vehicle at the campground was broken into. Culprits pried a butterfly window open and stole a video camera, 12 volt converter, ladies leather jacket and a Phillips shaver.

Seymourville - a shed was broken into overnight and a red & white 51 Husquavarna Chainsaw was taken.

Fort Alexander - 1 male was arrested after violating his bail conditions. He was released on a promise to appear in Powerview Court.

A female in breach of a court order has yet to be located. Police tried to locate her after it was reported she was in violation of a no contact order but she was gone from the residence upon arrival.

Powerview - a break, enter and theft occurred to a residence. Culprits pried open the porch door and stole a Jasmine Acoustic Guitar, and RCA VCR and an x box with 3 controllers.

August 26
Hollow Water - police attended a residence where reports of a loud party and a male in breach of his court conditions could be located. The party was contained inside the house and the male was not in breach of conditions.

A male was arrested and charged after threats were uttered to his common law

spouse. Alcohol was involved in the incident and a confrontational situation with the male stabilized quickly.

Powerview - 3 intoxicated people were lodged in cells for their own safety and released when sober.

August 27
Grand Beach - a cottage property was the victim of mischief when a vehicle parked on the beach the night before had a party. The cottage owner awoke to find debris and bottles littered on his walkway. The owner of the vehicle was identified and a group were spoken to about the incident. The matter was settled informally without court action.

Police were requested in 2 instances to locate family staying in the area for emergency purposes. Both were located and no further action necessary.

Traverse Bay - several break and enters were reported. An investigation continues.

Fort Alexander - several complaints on a couple of youth who were vandalizing vehicles. Investigation continues.

Members attended a residence after a report of a suspicious person carrying a firearm. The area was searched extensively with the Band Constable and no one was located. The family went to a relatives for precautionary reasons.

Police request that if you have any information with any of the above noted incidents, or any other criminal matter, you are asked to call the Winnipeg River Detachment at 367-2222 or you can remain anonymous and call Crime Stoppers at 1-800-782-8477.

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Bill Wade

Phone: 204-367-4811
Fax: 204-367-2962
Pine Falls Health Complex, 37 Maple Street
Box 932, Pine Falls, MB R0E 1M0

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204-756-2709 or 204-754-7015

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FASSICA - SOFFIT - PRE-PAINTED COLORS
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Box 418
Pine Falls, MB R0E 1M0
Phone: 367-2537

Call for an Appointment

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Between Church Street
and Art Street

Celesté Basson
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Rusty Nail Tavern
Cold Beer Vendor

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367-4317

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Pine Falls Dental Clinic
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367-4417
Tuesday, & Thursday
11:00 am - 7:00 pm
Mon, Wed, Fri Closed

Fort Alexander Dental Clinic
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367-2208
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9:30 am - 4:30 pm
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