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Storm hits Pine Falls region

by Charles Norman

Last Wednesday evening a storm began building in the Interlake. By the time it reached Gimli winds of 100 kmph were recorded. It raced across Lake Winnipeg, tore through the Belair Forest and hit Pine Falls a little after 7:00 pm. Trees were torn up by the roots in Pine Falls and on the Pine Falls golf course they lost about 7 large trees. People taken by surprise by the fury of the storm sheltered anywhere they could. Several took refuge in the Tasty Treats building on Highway 11. Two children on Art Street ran for the Echo office and waited the storm out. Many houses had shingles lifted, one house lost a section of its roof, huge signs were ripped down, by the treacherous winds.

Twenty minutes later the area was covered with broken trees, branches and debris. Power lines were down - arcing to the ground in a surreal spectacle. Power went out throughout the area. Police and emergency response crews were out on highway 11 diverting traffic and removing debris to clear the highway.

And the storm went on. By the time it reached Silver Falls tornado type waterspouts were reported along the Winnipeg River, but no tornado was confirmed. The storm continued into the bush north of Lac du Bonnet and continued to tear down trees until it finally blew itself out.

Given the fury of the storm power was restored fairly quickly, but clean up the next



The storm which hit the Pine Falls area caused extensive damage to homes, and businesses within the area

day needed chain saws and heavy equipment to move the broken trees and branches left by the storm. There was a large number of damage reports throughout the area

Labor Day is last hurrah of the summer season

By Jim Hampshire

Police and Conservation officials will be out in full force this coming Labor Day long weekend, keeping a watchful eye as cottagers and campers flock to the region on the last holiday weekend of the summer season.

Park officials in Lac du Bonnet report that most campsites in Nopiming Park have been booked weeks in advance, with only a few overflow sites still available as of this past weekend.

Traditionally, the Labor Day long weekend is one of the busiest weekends of the year

in terms of travel to Provincial Parks, and Lac du Bonnet RCMP report they will be visible, both on the highways and on the water.

"We plan to have a full compliment of detachment members out for spot checks over the Labor Day weekend," Staff Sergeant Mel Mitchell said from his Lac du Bonnet office this week. "We'll be looking for seat belt compliance and things of that nature, but we also have the resources to be out on the water at a moments notice, so we expect to cover a lot of area this weekend."

Besides having the police boat at their disposal, the Lac du Bonnet detachment also incorporate twin personal watercraft when patrolling the regions waterways.

Mitchell reports that the addition of the personal watercraft has afforded the detachment greater accessibility and quicker response times to complaints and suspicious behavior on the Winnipeg River and in the Whiteshell lakes.

"The jet skis have definitely made a difference in our water patrols," Mitchell noted. "They are quick to launch and

can get into areas and can navigate where our 17-foot police boat might have some difficulty."

Mitchell also noted that the twin jet skis are not easily identifiable as a police vehicle, which offers the detachment the element of surprise on the water. The RCMP officers operating the watercraft wear personal floatation devices that covers a good portion of the uniform, making it difficult to identify the detachment member from a recreational user.

Due to the recent warm weather, Mitchell said he ex-

pects a busy long weekend, especially out on the waterways throughout the region.

"We had one of the busiest weekends this past Saturday and Sunday, and I expect the warm weather has a lot to do with it," he concluded. "There's no doubt there will be plenty of boaters out again this weekend and we'd like to ensure that everyone has a safe holiday this Labor Day weekend out on the water and at their cottages."

**4P Festival August 29, 30, 31 Sept 1st,
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Camping regulations under review

By Jim Hampshire

A deadly altercation at a provincial campground last week has Conservation officials working to revamp park regulations. David Leon DeMare of Winnipeg died early Friday morning as a result of injuries after confronting several young adults at Hnaua Beach Provincial Park near Gimli. Police say that DeMare, who was camping with his family, went to an ad-

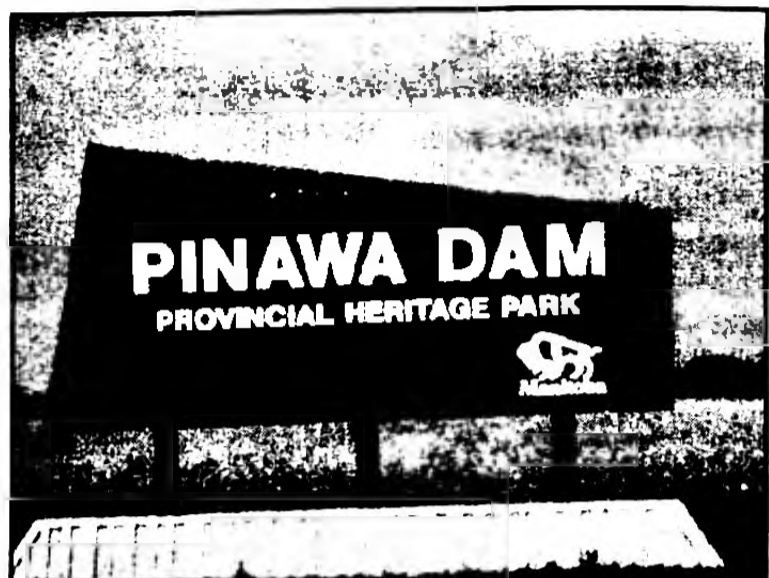
acent campsite to break up an all-night party during the early hours of August 22 when he was beaten by one assailant. RCMP report that Kelly Ryan Sinclair of Hodgson Mb. is charged with manslaughter in the beating death of the 38-year-old father of four.

Assistant Deputy Minister of Conservation, David Wotton, said over the weekend that Conservation Officials

already put out a call for a review of park regulations prior to the Hnaua incident, but added that the tragedy would be considered under any new regulations.

"We will definitely incorporate new security measures in the review," Wotton said.

As it stands, park attendants patrol campgrounds until 2:00am on weekends and a noise curfew is imposed at 11:00pm each night. One



Old Pinawa Provincial Heritage Park was also the scene of a violent death in 1983, prior to becoming a Provincial Park. Overnight camping was soon suspended following the incident.

con't next page



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Camping regulations under review

By Jim Hampshire

change under consideration would see the park patrols extended past the current 2:00am schedule. It was also reported by the CBC on Monday of this week that Conservation officials are considering expanding the ban on alcohol in Provincial campgrounds, possibly as early as next year. Currently, there is an alcohol ban in all provincial parks on the Victoria Day long weekend in May but conservation officials wouldn't com-

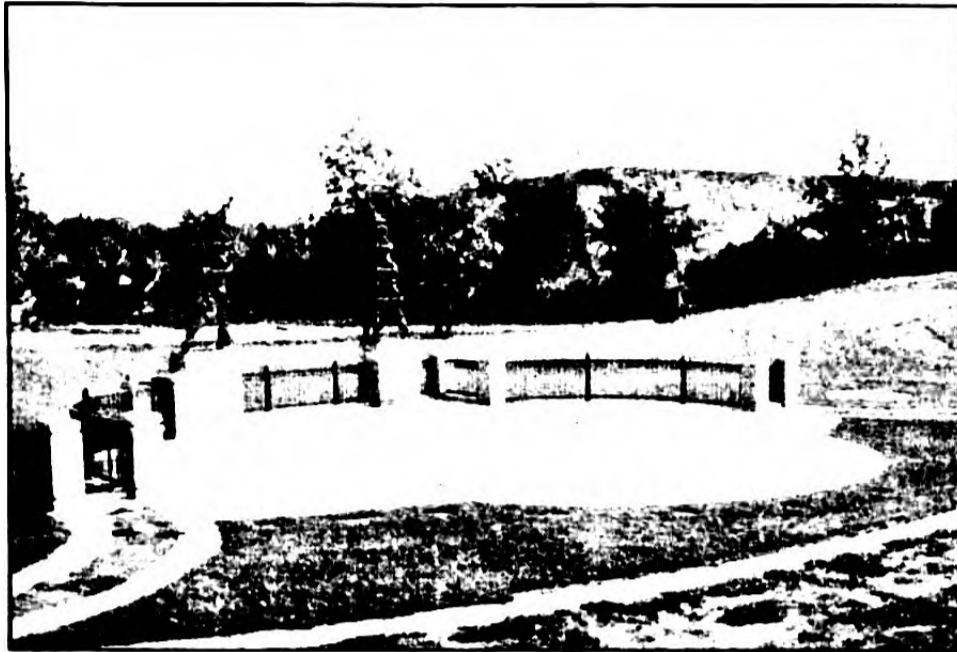
ment on a further ban or the CBC report.

Although conservation officials report that violent confrontations leading to death are rare in provincial campgrounds, many area residents can easily recall an incident at Old Pinawa campground 20 years ago, where a young Powerview male lost his life in a confrontation with a visiting biker. Wayne Doyle died from a stab wound received in an altercation with Gary Sawatsky, then with the Los Bravos motor cycle gang. Sawatsky served a

seven year term for manslaughter in the Stony Mountain Correctional facility before moving to the west coast to play football with the BC Lions of the CFL.

Overnight camping has since been banned at Old Pinawa as a result of that incident in 1983 and the site is now a Provincial Heritage Park for daytime visitors only.

RCMP caution campers to alert park attendants on site rather than confronting any potentially dangerous situation.



Since receiving Provincial Park status, Old Pinawa had become a quiet sanctuary for many visitors. Each year the Friends of Old Pinawa work to beautify the grounds.

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Reduce the Risk

West Nile

The first human case of West Nile virus in Manitoba has been reported. There are steps you can take to reduce the risk of you and your family becoming infected.

How is it spread?
In Manitoba, the *Culex tarsalis* mosquito carries the West Nile virus and transmits it to people. At this time of year, there are more of this particular kind of mosquito and a higher chance of being bitten by a mosquito carrying the infection.

How can I reduce my risk?
For most Manitobans, the risk of becoming infected with West Nile virus remains low. You can reduce your risk of being bitten by mosquitoes by:

- reducing the time you spend outdoors from dusk to dawn, when mosquitoes are most active;
- wearing light-coloured, loose-fitting, long-sleeved shirts and long pants when you are outside;
- applying insect repellent containing DEET; and
- checking that your door and window screens fit tightly and are free of holes.

What are the symptoms?
Most of the time, people infected by the West Nile virus have no symptoms and do not become ill. Of those who do become ill, most will have a mild illness with symptoms such as fever, headache and body aches.

Less frequently, the virus can cause encephalitis, an inflammation of the brain. This is more likely to occur among adults over age 50 as well as people who have chronic diseases and weakened immune systems. Encephalitis has serious complications and can be life threatening. These complications include weakness, paralysis, confusion and coma.

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infohealth Manitoba

Pinawa Hospital redevelopment NEHA publishes discussion paper

by Charles Norman

The North Eastman Health Association has completed an investigation into the cost of upgrading the Pinawa Hospital or building a completely new hospital at five other locations. While NEHA had originally said that the cost of the upgrading of the existing hospital would be much more than building a completely new facility and had used that assumption to justify looking into alternative locations it now appears that redevelopment of the Pinawa hospital is the most cost effective by close to

\$1.9 million over the least cost alternative.

The alternatives investigated included, 1) Lac du Bonnet, 2) at the intersection of Hwy 11 with Hwy 211 (The road to Pinawa), 3) the intersection of Hwy 11 with Hwy 307 (the road to Seven Sisters), 4) in the community of Sisters, and 5) a new hospital in Pinawa at a different location from the existing hospital.

The cost of upgrading at the existing location is estimated at \$11.5 million compared

with \$13.4 million for a new hospital in Pinawa or Lac du Bonnet. The cost in Seven Sisters would be in the range of \$13.7 to \$13.9 million. These three locations would have easy access to municipal services, e.g. fire protection, the other two, on Hwy 11, would not and would also be the most expensive, \$13.8

to \$13.9 million for the intersection with Hwy 211, and \$13.7 to \$14.2 million for the intersection with Hwy 307.

The discussion paper has been circulated to municipal governments within the NEHA region and is available to the general public by calling the NEHA Corporate Office at 204-753-3101. Written sub-

missions have been requested. No public meetings have been announced.

There is no indication in the discussion paper that the social cost of relocating the Pinawa Hospital has been addressed. Pinawa, which has lost AECL as a major employer, has an opportunity to become a "lifestyle" retirement community that would provide a permanent year-round economic base to the municipality. A local hospital is essential if that opportunity is to be realized. Relocating the hospital would result in a major social cost to the community.

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Lake Winnipeg algae could be toxic

by Charles Norman

The pretty blue colour on the East Beaches of Lake Winnipeg is probably blue-green algae. Some species of these algae, (a single cell cyanobacteria) can, under certain conditions, produce microcystin, a very potent poison.

Earlier this month the provincial government posted warnings at Albert Beach and Sandy Hook because of severe algae blooms. Elevated levels of microcystin were found at Sandy Hook. People were advised to stay out of the water and not to drink the water until tests showed that toxin levels

had dropped and the algae bloom dissipated. (Two days later it was announced that test levels indicated that the water was safe.)

So far no advisories have been issued for the East Beaches but the algae on the shoreline could be active for up to five months.

Microcystin causes skin rashes, and if consumed in even very low amounts can cause vomiting and diarrhea. In sufficient quantities, eg from drinking heavily contaminated water, can result in permanent liver damage and death from asphyxiation. Pets should obviously be prevented from

drinking water with algae present. Since it takes an expert to determine if dangerous algae are present, all algae blooms should be treated as suspect.

Algae blooms in Lake Winnipeg have been more noticeable this year than usual for a variety of reasons:

First, levels of nutrients essential for the growth of algae, nitrogen and phosphorous, have been increasing steadily in the rivers and streams feeding the lake for the last thirty years. (i.e. Since levels began to be measured.)

Second, high temperatures in August have resulted in

much warmer than usual lake temperatures.

Third, there has been less wind than usual resulting in a less turbulent lake and clearer water, thus allowing more sunlight to penetrate to greater depths.

Thus three of the major requirements, nutrients, heat and sunlight have combined to create ideal conditions for algae blooms this year.

The Manitoba government has a plan underway to return the level of nutrients entering Lake Winnipeg to the levels of thirty years ago. Since most of these nutrients enter the lake via the Red River this river is the major focus of the control program. They originate from run-off from agricultural areas and from cities and towns in southern Manitoba, Minnesota

and North Dakota. Minnesota is already in the process of reducing nutrients entering the Red River. In Manitoba there is a program to get more farmers to test soil prior to applying fertilizer and thus over-fertilizing. Traditional method of treatment of municipal sewage do not remove nitrogen and phosphorous and methods of doing this will be introduced into municipal treatment systems.

It is expected to take times to return lake conditions to the way they were thirty years ago, and it is expected to be two or more years before any change takes place. In the meantime the plans being introduced are expected to halt the trend towards increasing nutrient levels. The problem is not expected to get any worse.

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You can't be serious



by Jim Hampshire

The tent-shun builds (part II)

In part two of our camping guide, we look at the selection and construction of a user-friendly campsite.

You might recall that, in last week's column, we discussed the packing and travelling aspects of camping. You know, where we all pile into the car and putter merrily down the road. And where the family can pass the miles away by singing good old road songs with names like: "Are We There Yet?" And: "I Have To Go To The Bathroom Again!" And who can forget perhaps one of the greatest road songs of all: "Daaad, Timmy Just Spit In My Ear Again!"

Yes, thankfully, that was last week.

This week, though, we will take a long look at erecting an efficient tenting area, which might even possibly be located right next to your own campsite because you probably know just what the hell they're

doing and we'd just like to take a long look at it because it's the closest we will ever come to camping comfort. At least that's usually been my experience based on the equipment at my disposal.

Why is it that some fathers, much like myself, will spend two weeks worth of wages on a tent so elaborate and so spacious, it takes a team of experienced outdoorsmen the better part of a day to set up. Yet a some father, much like myself, will struggle most of the weekend just to get it out of the manufacturers packaging. Then, like idiots, after we finally get the tent set up the first time, we immediately throw away the ten page instruction manual. It never occurs to us that we made need instructions to take down the tent and pack it away properly.

So there I stand, in a picturesque campsite, with the kids picking their noses and

chasing squirrels while I survey the biggest pile of nylon laundry you ever saw.

Where is the front door? Why do I have 53 different poles and each one is only a foot long?

Where can I find the nearest cabin rental?

All very legitimate questions indeed. Unfortunately, none that I could answer at the time.

Luckily there's an old pioneer's rule that reads: 'Whenever lost or confused, build a fire.' Naturally, to show the kids that I had some kind of outdoor savvy, I rolled up my sleeves and went to work on a regulation-type campfire. "Yes," I said to myself in low voice so as not to be heard by

the kids, "An old fashion cookout will take their minds off the fact that we're basically homeless!"

Now I'm not sure if you've ever had the opportunity to watch kids cook their own food around a roaring campfire but why is it that, while at home, kids always inspect their supper servings for the least little burn mark or other cooking defects, yet around the old campfire, they are more than happy to spear a wiener on an old dirty stick and insert it into a burning inferno. And according to these young gourmet experts, the wiener isn't 'done' until it explodes. Or until the stick burns in half and the wiener falls into the fire. Unfortunately, due to some obscure Children's Rights and Welfare Association, you can't automatically push your son into

the fire to retrieve his entree' just because it's the fourth time it's fallen into the inferno in the last hour. So, like a good dad, it's up to you to roll down your sleeves and pick that flaming morsel from amongst the burning embers. In the meantime, it's a good idea to tell your son to run to the car to fetch some after-dinner items, such as gauze, some burn ointment, a fire extinguisher, and a paramedic crew, if you remembered to pack one.

All in all, this summer's campout turned out as well as could be expected. On the bright side, I didn't fall out of any trees this year, and the wasps didn't get a chance to build their annual nest under the dashboard of the car. And in the end, after a valiant effort, we finally got to pitch the tent. In the campground dumpster, of course.

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Please have a Safe Weekend!

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PINE FALLS Operations



Lac du Bonnet Open pays tribute to past players

By Jim Hampshire

Unseasonably warm temperatures and high winds greeted a field of 64 golfers as the Lac du Bonnet Open took flight at the Pine Falls Golf Course on Sunday morning.

This year the event had a sombre overtone as the field paid respects to several former players who passed away over the last twelve months, including longtime tournament participants Doc Rutherford and Robert Kost.

Longtime tournament regular and multiple winner, Don Stupak, noted that Doc Rutherford was one of the founders of the tournament, which dates back to 1960.

"It was important to look back and pay tribute to some

of the players who left us over the past year," Stupak said following the awards banquet. "Both golfers have been past winners and Doc has been with this tournament since its inception more than forty years ago."

A new award was also unveiled in tribute to another longtime tournament participant, Jack Visca, who succumbed to cancer last December. The award was appropriately presented to the Third Flight winner, which, according to Stupak, is the flight Visca was most familiar with.

"Jack would always come in with a score in the low 90's, which is usually where the Third Flight prize was awarded," Stupak explained. "It only makes sense to name the Third Flight award after

Jack and present to a golfer with similar skill."

The first Jack Visca award recipient went to Gary Nadolsky of Lac du Bonnet, who shot a score of 92 on the day.

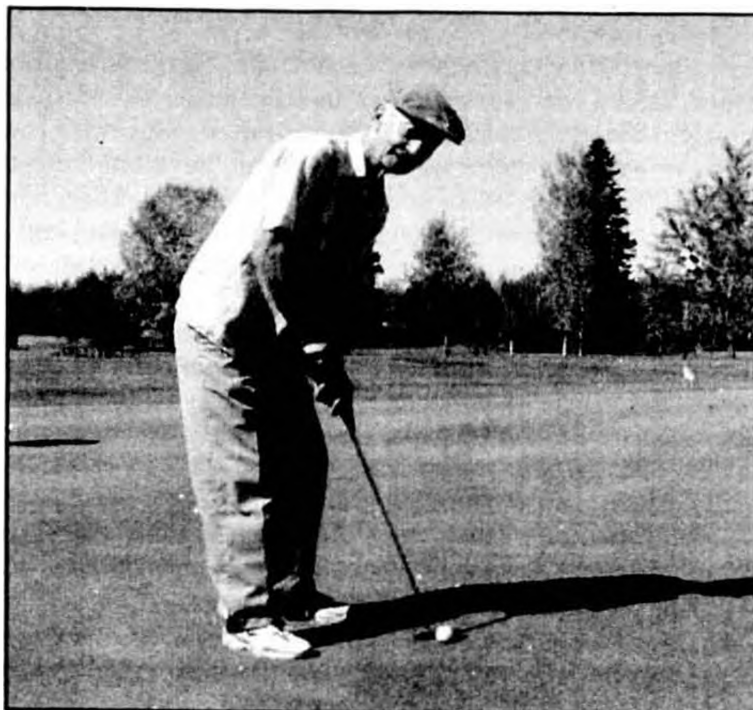
Overall, the best score of the day went to Wilf Picknicki, who carded a 78 to claim top spot in the tournament and the Ron Sydorko Trophy, presented to the Lac du Bonnet resident with the lowest score.

Other notable winners included Bruce Lindley, who carded a close 79, and Stan Werestiuk, who came off the course with a score of 80 over 18 holes.

Stupak, who is the tournaments most successful champion with 26 wins, was forced to play an abbreviated game of chip and putt due to a hand injury. Although the tournament was hoping for a full compliment of 80 golfers, he said the day was still a success overall.

"It was a little windy out on the course but all in all everyone concerned enjoyed a great day out on the links," he offered. "And that's what this tournament is all about."

Banquet ceremonies were held in Lac du Bonnet at Casey's Inn following the tournament.



A memorial award was established this year for Jack Visca, pictured here in a past tournament

Pine Falls



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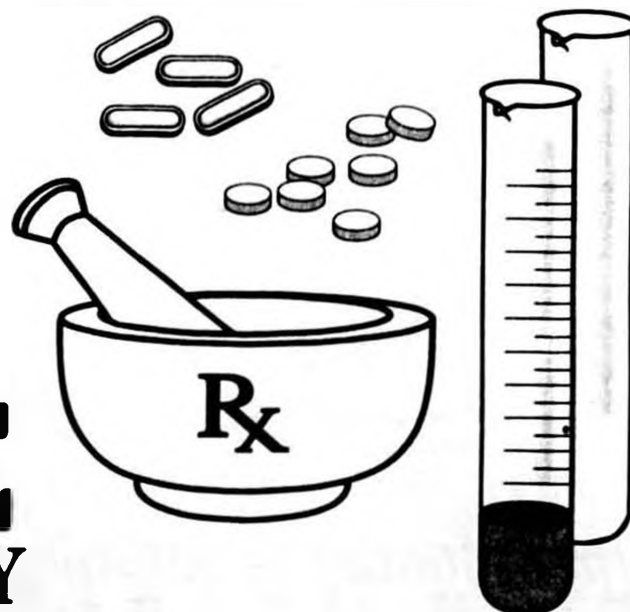
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Report from Legislature

by Gerald Hawranik,
M.L.A. Lac du Bonnet Constituency

Mad Cow Disease

Since a single cow was found having Mad Cow Disease in Alberta, the entire beef industry has been in turmoil. The decision of the US Secretary of Agriculture, Ann Veneman, to partially re-open the border to Canadian beef is a good first step, but unfortunately it will do very little to benefit most Manitoba cattle producers who are looking for the government to do more on their behalf.

The problem for Manitoba cattle producers is that they typically send live cattle to

American slaughterhouses which still remain closed to our Manitoba producers. The Americans have announced that they will start processing import applications for Canadian beef on September 1st and only for the following:

1. Boneless meat from cattle under 30 months of age,
2. boneless meat from calves under 37 weeks of age,
3. fresh or frozen liver from cattle,
4. boneless sheep and goat meat from animals under 12 months of age,


5. hunter harvested wild meat for personal use, and,
6. certain finished pet foods and products.

In order to ensure that Manitoba beef enters the United States, in the circumstances noted, the animal must be slaughtered first. The problem in Manitoba is that we have very few slaughterhouses. BJ Packers in Beausejour is Manitoba's largest slaughterhouse, and it does not have the capacity to deal with all of Manitoba's beef. We must increase our slaughtering capacity in Manitoba so that Mani-

toba beef producers can benefit from the partial re-opening of the American border to Canadian beef. The Provincial Government recently announced a loan package of only \$2 Million to help slaughterhouses expand or to establish in Manitoba. \$2 Million will not go very far to address our slaughterhouse shortage in Manitoba and given the uncertainty in the cattle industry, our

slaughterhouses do not need more debt!

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at P.O. Box 430, Beausejour, MB, R0E 0C0, e-mail me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.



TRAINING CAMP

Runs Friday August 29 to Monday September 1

Junior "A" Hockey Club

PRE-SEASON GAME: Friday, Sept. 5 at 7:30 pm vs. Wpg. Saints

1st REG. SEASON GAME: Saturday, Sept. 13 at 7:30 pm vs. Blues

★ Blades are also seeking families who are interested in billeting players for the upcoming season (\$350.00/player/month plus a food allowance). For more information contact Troy at 754-7165 or Lyle at 642-2013.

Want to Start Your Own Business!

Self-Employment Program

- You are presently receiving employment insurance (E.I.) benefits
- You have received E.I. benefits in the last 36 months
- You have received maternity or parental benefits in the last 60 months

If you are unemployed, and if any of these situations apply to you and you have a viable business idea, please call us for information

Self-Employment Assistance Program

345-8691

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Fourth and Final Labour Day Fight

As is the case with combat sports, some last minute changes to the fight line up have taken place. The main event will feature local MMA (mixed martial arts) professional Chris "The First Nation Sensation" Fontaine facing John "The Raptor" Rankin. Rankin is a seasoned MMA veteran with 12 wins and only 2 defeats. He's coming all the way from Nashville Tennessee and he's not coming to lose. It will probably be Fontaine's toughest test so far in his professional career.

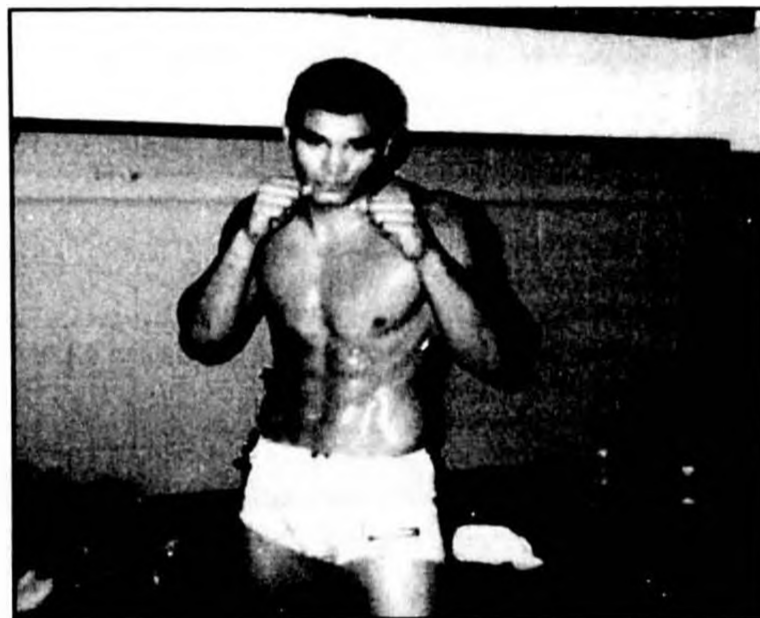
There has been some additions to the August 30th card as well. Local ironman Bob "The Fighting Frenchmen" Vincent has yet again taken a match on short notice. He will face Jarrod Silverthorne from the Brandon club. A match between two Canadian cham-

pions. Jade "White Tiger" Irwin of Dawson Creek British Columbia in and anticipated rematch with Trisha "Trasher" Sammons formerly of the Pine Falls Muay Thai. Trisha won a controversial split decision over Irwin last year to capture a Canadian Title. Many local competitors are still set to Fight like Grant "No Fear" Cyr, Neil "The Real Deal" Boulette, Dwight "Lighting" Legall, and Destiny "Second Wind" Williams.

Jeffery Dupont will face a older heavier fighter in Sean Hodge of Double Dragon. The only scratches have been Erika "The Energizer Bunny" Head and Monique "Boom Boom" Bouvier. There has been talk of an exhibition between the two, but a decision hasn't been made yet.

The Pine Falls Muay Thai

Fighters have been training hard in their new gym, Sharpe's basement. Larry Sharpe coach of the Pine Falls Club has add a ring in his basement to go with the weights, heavy bags, and treadmill. Chris Fontaine has taken most of the summer off to focus on his training at International Martial Arts as well. Fight promoter Larry Sharpe says he hopes to put on the best Labour Day Fights yet, because it is probably the last. If you have been meaning to attend an event and haven't yet don't miss this one.



Chris "The First Nation Sensation" Fontaine is in top shape for the upcoming match



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North Eastman Health Association Releases Pinawa Hospital Redevelopment Discussion Paper for Community Consultation

As part of its strategic planning for the future, the North Eastman Health Association has prepared a discussion paper for community consultation regarding the redevelopment of the Pinawa Hospital. The Hospital was built in the early 1960's and is in need of upgrading and renovation. From an operational and planning perspective, both internal and external expertise were utilized to identify the program and service issues and the relative benefits and drawbacks to redeveloping the hospital at its current site or at an alternative site. Architectural expertise was utilized to estimate the space and costs to meet the functional requirements of the

hospital's operation. A renovation and expansion proposal, as well as, a new site option was prepared. In both cases, the continued provision of the primary health care services in Pinawa was provided for. Engineering expertise was obtained in relation to utilities such as sewer and water to explore the feasibility of locating the hospital at various locations on Highway 11. Preliminary investigation was also done regarding land availability.

Before requesting Manitoba Health's support to finance these improvements, the Association will consult with the communities that access the Hospital for emergency and acute care services in relation to the future location of the

Hospital and the services to be provided. At the present time, primary health care services, including doctor's offices, mental health, public health, home care and services to seniors are also provided at the hospital. These services are also available at the two other hospitals in the Region, Beausejour District Hospital and Primary Health Care Centre and the Pine Falls Health Complex. This provides convenient access to diagnostic services for primary health care clients as well as immediate access for emergency and acute care patients.

The Board of Directors is looking forward to consulting with the municipalities involved in relation to the discussion pa-

per. It has been provided to the municipal councils and to the Region's District Health Advisory Council for feedback. It will be available to the general public through contacting the Corporate Office at 753-3101. Comments regarding the discussion paper are welcomed and can be provided by mail, fax or email as indicated below.

Mail: North Eastman Health Association
Box 339 Pinawa, MB
R0E 1L0
Fax: 753-2015
Email: neha@neha.mb.ca

When the feedback has been received, the Board of Directors will prepare a recommendation for consultation with Manitoba Health regard-

ing the future location of the Hospital and the services to be provided. The results of the consultation with the community and Manitoba Health will be shared through the Region's newsletter.

For further information, please contact:
Jim Hayes, Chief Executive Officer
North Eastman Health Association Inc.
Box 339 Pinawa, MB R0E 1L0
Tel: 753-3101 Fax: 753-2015
Email: jhayes@neha.mb.ca

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Wishing the communities a Safe and Enjoyable 4P Weekend!

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Driving Safety for Seniors

Many older drivers find that driving skills have changed as they age, as have the traffic patterns and the rules of the road. This does not mean they must hang up their keys and go the route of "Driving Miss Daisy". The 55 Alive Mature Driving Program developed by the Canada Safety Council helps older adults update their skills and learn how to compensate for age related factors.

Older drivers typically drive fewer kilometres than their younger counterparts, and when this is factored into their accident rate, they match the accident rates of 18-24 year olds. However, the type of accident is very different. Older drivers are over represented in violation for failure to obey traffic signs and signals, failure to yield the right of way, improper turns (particular left

turns) and illegal passing. Some studies also indicate that many elderly people fail to recognize age-related declines in driving ability. They overestimate their own driving skills and underestimate the dangers of driving.

Many accidents by mature drivers take place at night-time or dusk, when the eyes are adjusting to dim light. Ninety percent of all driving decisions are based on what you see. As we age our eyes let in less light and take longer to adjust to the dark-three times longer at age 70 than 25. We may also have problems differentiating some colours. Cataracts can also hamper the older driver's eye sight, as does reduced peripheral vision. Drivers over 65 years of age have to be one-third to one-quarter closer to read road signs than 25 year-old drivers(American Medical Association).

The 55 Alive Mature Driving course helps seniors to refresh their driving skills. They also discover how age related factors can affect their driving and how to compensate for them. The 7 1/2 hour course is held in the classroom and does not include any tests that affect their driver's license. It is an interactive course, giving participants an opportunity to share their experience and concerns.

The 55 Alive Program is supported by Manitoba Public Insurance and coordinated by Creative Retirement in Manitoba. Parents include the Manitoba Safety Council, Canada Safety Council and the Manitoba Seniors Directorate. The course fee is \$30.00 to \$35.00 for non members.

Renew Your Driving Skills for Today's Traffic 55 Alive/ Mature Driving

Do any of these situations bother you? Entering or exiting a highway, Changing lanes on the highway, Passing, Parking, Left turns, Yielding the right of way, Night driving, Winter driving. The frustration of today's complicated traffic environment.

If so, you will benefit from taking the 55 Alive Mature Driving Course. Learn how to compensate for normal age-

related factors that affect driving. 7and a half hour course, with manual and Certificate of Completion. There is no testing involved.

September 9th to 10th, 9am-1pm cost \$35.00. Golden Leisure Club, host services to seniors, Registered by September 2nd- 367-9128.

4P FESTIVAL WEEKEND

★ ★ ★ ★ ★ ★ ★ ★


Wishing all the communities a safe and fun filled weekend

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Wishing all the Communities a great 4P weekend!!!
See you at the Fireworks!!!!
Sunday at Dusk!!!

4P

Wishing everyone a wonderful 4P festival - enjoy!

Management & Staff **A.M.L.**

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Pine Falls **Northern**

Rec Report



by Jill Henderson
Recreation Director

Pulse on Participation

There will be a coaching clinic Intro to Competition A which replaces the NCCP level 1 theory course. The course is 64.20 per person and will be held at Powerview School September 27 & 28, 2003. For more info or to sign up contact Jill.

There will be a first aid course held September 20 & 21 at Pine Falls Schools. The cost to take the course is \$80.00 per person. This will be the last week to sign up. For more info contact Jill.

The pool will be closing August 29, 2003. With that in mind there will be one last fun

swim. On Thursday August 28, 2003 from 10:00pm-1:00am there will be a mid-night swim for ages 16 and up. If you are younger than 16 you must be accompanied by an adult. There will be snacks provided the cost is \$3.00 per person. Everyone must pay.

Volunteer's are needed for 4P Weekend so if you have some time, please contact our office, to see where you can help.

Wishing everyone a great and fun filled 4P Festival Weekend.

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District, 345-8816/753-2639
Email: reccomm@granite.mb.ca

The amazing line up See what the Rec has in store for you this fall! Our brochure will be out on the 25th of August. Here is a taste of what's to come!

Tuesday nights Join Linda Tait for Yoga at Gilbert School in Pinawa.

Find your inner cha and join Mike Quinn for Tai Chi Tuesday nights at Gilbert School in Pinawa.

Funky Eddie Miller is coming to Pinawa! Wednesday nights for Hip Hop Klub at the Secondary School.

Hip Hop is also happening in Lac du Bonnet Mondays for teens and adults and on Tuesdays for jr. Hip Hoppers. Classes will take place at Centennial School.

You wanted Pilates you got it! In Pinawa Wednesdays. In Lac du Bonnet Mondays

Get out your gloves and tighten your abs Kickboxing is back 3 nights a week m-w-f at Centennial School.

Miss Chantalle is back with ballet and jazz classes.

Shotokan Karate is coming to Lac du Bonnet on Wednesdays!

We've got cooking classes with Delucas and The Greek Market.

An evening of wine tasting Bread making

A fitness theory course The 23rd annual Christmas craft sale!

There is so much going on this fall I can't fit it all on one page! Watch out for the Fall Brochure for all the class information you will need to know!

Don't forget about registration night!

In Pinawa on Sept.3rd 6:30 at Gilbert School

In Lac du Bonnet Sept.5th 6:00 - 8:00

Registration Nights Summer is almost at an end fall is almost here. All clubs and groups running activities in the fall can call the Rec office for a table on registration night.

Lac du Bonnet -Friday September 5th 6:00pm - 8:00pm

Pinawa - Wednesday September 3rd at 6:30pm at Gilbert School

4P

From all of us, our best wishes for a happy, 4P Festival

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THURSDAY SEPTEMBER 11
Classes begin October 7th 7:00 p.m., Powerview School
Space is limited

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WINNIPEG RIVER DETACHMENT

• Hope all have a Safe 4P Festival!

• Please Remember Don't drink & drive.

Arts & Crafts **SALE**

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Don't Drink & Drive!

Wishing all festival goes a fun filled Weekend!

POWVIEW AGENCIES

MPI Drive Safely

Allard Library Book Nook

Summer Programming at Library Allard

The Summer Program at Library Allard ended on a sad note last week. The wind-up party was a huge success with lots of eager faces in attendance, however it also meant the departure of two wonderful girls, Karen Green and Ashley Lavoie, our Summer Programmer and Student Librarian, respectively. The library has returned, for a short time, to a very quiet place. Their hard work with organizing and running the summer program was greatly appreciated. They will certainly be a hard act to follow. The children have been coming in asking for Karen and Ashley on a daily basis. They sure do miss you girls!!

New books at Library
Harry Potter and the Order of the Phoenix by J. K. Rowling (at both Libraries)

A Beautiful Mind - Sylvia Nassar

A Heartbreaking Work of Staggering Genius by Dave Eggers

Fugitive Pieces by Anne Michaels

Rush Home Road by Lori Lansens

Tears of the Giraffe by Alexander McCall Smith

Another Season's Promise - Hope and despair in Canada's farm country by Ingeborg Boyens

Half in Love by Justin Cartwright

The Colony of Unrequited Dreams by Wayne Johnson

The River King by Alice Hoffman

The True Story of the Kelly

Gang by Kelly Carey

Mystic Medusa's Astrology Guide

365 Things to Make and Do - crafts for kids for every day of the year (at both libraries)

The Decorating Book - from painting floors to painting walls, fix up any room in your house with this book on creative decor

Manitoba 'Wayside Wildflowers by Linda Kershaw (at both libraries)

Animals in Desert

Animals in the Snow...and much much more!! Check out the new books at the Beaches Branch Library as well!

Our Internet has been down for the majority of the summer months, however, good news -

it's up!! We do apologize for the inconvenience this may have caused and we do NOT anticipate any problems with the Internet in the future.

If you would like to donate a book to the library in memory of a loved one, Allard Library is now able to place an acknowledgment inside the book. Come in and ask about this special way to honor a loved one.

Do you have a little one just starting school - come in and check out books on making this transition an easy one.

Summer Hours:
Allard Ph: 367-8443 or e-mail :
www.yourlibraryonline.com:
Tuesday: 10:30 - 5:00, Wednes-

day: 1:00 - 5:00 & 6:30 - 8:00, Thursday: 1:00 - 5:00 & 6:30 - 8:00, Friday: 1:00 - 5:00, Saturday: 10:30 - 4:00 (no children's program). Beaches Branch Ph: 754-4077 e-mail: beachesbranch@hotmail.com: Tuesday: 1:00 - 4:00, Thursday: 4:00 - 8:00 (Summer Program), Friday: 6:00 - 8:00, Saturday: 11:00 - 3:00 (Summer Program)

Allard Library is located in the Ecole Communautaire in St. Georges. Beaches Branch Library is located in Walter Whyte School on Highway 59, just seconds from the Grand Beach junction. Children are encouraged to stop by either location for a few hours of fun!

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Lac du Bonnet RCMP Report

Lac du Bonnet Police Report for the periods of August 15th to 22th, 2003



August 15 A report was received of vehicles speeding up Blueberry Hill at Nutimik Lake in the Whiteshell Prov Park.

A report was received of Off-Road Vehicles being operated on Landerville Road in the R.M. of Lac du Bonnet. Police patrolled, but did not locate same.

August 16 A report was received of a single vehicle rollover on PTH#11 near Brookfield Road in the R.M. of Lac du Bonnet. The single

female occupant escaped injury due to usage of her seat belt.

A report was received of a loud party at an unknown location on Alexander in Pinawa.

A report was received of a loud boat on the water near Rene Blvd. In the R.M. of Lac du Bonnet disturbing neighbours in the early hours. Police patrolled, but the boat had gone to shore. Follow-up subs. done as per the wishes of the complainant.

A report was received of an Intrusion Alarm at a business in Whitemouth. Police attended and found all secure.

A report was received of an Intrusion Alarm at a location on Sulphur Place in the R.M. of Lac du Bonnet. Police attended and found this to be a false alarm.

A report was received of a fire adjacent to PTH #11 in the R.M. of Lac du Bonnet, with lumber and tractor tires on fire. Police and the fire dept. attended and the fire was brought under control.

A report was received of an injured bear in the area of Blueberry Rock along PTH #11 in the R.M. of Lac du Bonnet. Police patrolled, but could not locate.

A report was received of a cottage having been entered at Brereton Lake in the Whiteshell Prov.Park. Nothing appeared taken.

A report was received of fireworks having been set off in the area of the Big Whiteshell Prov.Park.

A report was received of a possibly Impaired Driver on PTH #11 in the R.M. of Lac du Bonnet. Police patrolled the area, but did not locate the subject in question.

August 17 A report was received of an Intrusion Alarm at a business in Whitemouth. Police attended and found all

secure.

A report was received of a noisy party at a location on Marion Parks Road. Police attended and warned the home-owner.

A child's play tent was found outside Lac du Bonnet Detachment.

A 10 speed bicycle was turned in as Found Property in Whitemouth, after having been left at the fairgrounds.

A report was received of two-vehicle injury accident at PTH #11 and Hanson Road in the R.M. of Lac du Bonnet. Minor injuries and charges pending.

A report was received of a single-Motor vehicle Accident at Blueberry Rock Road at Nutimik Lake in the Whiteshell Prov.Park. Adult male driver taken to Pinawa and then to Winnipeg.

A report was received of vandalism to tires and a belt on a crusher was slashed. Took place off the Julius Road in the R.M. of Reynolds.

A report was received of a missing person in Great Falls. The subject had not been seen since Thursday. Inquires were made and the subject was located at a residence in Great Falls.

August 18 A report was received of an adult female causing a Breach of the Peace at a residence along P.R. 313

in the R.M. of Lac du Bonnet. Police attended and arrested the subject and lodged her to sober.

A report was received of an adult male being brought to Pinawa Hospital from a location in the R.M. of Lac du Bonnet. The subject was found to be deceased at the Hospital, and investigation revealed that it appears that natural causes brought on death.

A report was received of an adult male apparently assaulting and adult female at a residence in Rennie. Police investigated the matter, and no charges were laid.

A report was received of insecure premises in the R.M. of Lac du Bonnet. Investigation revealed that the owner of the premises was out.

August 19 A report was received of a motorcycle on the side of P.R. 214 in the R.M. of Lac du Bonnet. Investigation revealed that the driver had been involved in an accident with same on his way to work, but only minor injuries.

A report was received of an apparently abandoned vehicle near P.T.H. and the Molson Road in the R.M. of Reynolds.

A report was received of an aluminium Lund boat c/w am outboard motor being found adrift in Pinawa Bay. Same was subsequently reunited with owner.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat.

Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168. PACE 7-1375: meets first Tuesday of the month. Chicken Chef, Power-view meeting room.

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 2:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-a-Teen Group For further information, Phone Kathie 367-8237 (evenings) . Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357

Battered Women's Crisis Line 1-800-362-3344

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers. Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Doell, church 345-2934, home 345-9766

Sunday: 11:00 a.m. - morning worship; 6:30 p.m. - Upper Room.

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654

Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Richard Machura, 345-2900

Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass

Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Brian Rountree 367-8615, church 345-2357

Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

Russell Funeral Homes Ltd. & Crematorium

Government Road Allowance #317, Lac du Bonnet

345-6051
437 Park Avenue, Beausejour, 24 Hours
268-2263
Toll Free 1-866-424-6271

Isn't it comforting to know that you can count on the experience of Russell Funeral Homes to provide all families with the professional service they expect. For 60 years Russell Funeral Homes, a leader in the community.



Julie & Harvey Giesbrecht

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COOL & PURE WATER

In Lac du Bonnet
Call Roel- 345-2351 or 791-1928

In Winnipeg
Call Rob 222-1184 or 782-1585
Call Ron 667-8173 or 793-4893

Lac du Bonnet RCMP Report

A report was received of a careless driver proceeding north on PTH #11 in the R.M. of Lac du Bonnet. The only description was that same was a white vehicle. Police patrolled, but did not locate such a vehicle.

A report was received of a possible underage drinking at a location in the R.M. of Lac du Bonnet. Police attended and no offences nor drinkers were present.

August 20 A report was received of a noisy party at a location on Cauchon in Pinawa.

A report was received of a dog barking through the night when its owners were away, in Lee Country Village in the R.M. of Lac du Bonnet.

A report was received from Elm Street in the Town of Lac du Bonnet of an unlocked garage being entered overnight and beer and a can of tobacco stolen.

A report was received from a location on Lake Ave. in the Town of Lac du Bonnet of the screen on the front door being damaged and cigarettes been stolen from the kitchen table.

A report was received of a 911 hang up call from a location along P.R. 520 in the R.M. of Lac du Bonnet. Police attended, and found that a child had been playing with the phone.

A report was received of the theft of a red mountain bike from outside a business in Pinawa.

A report was received of a vehicle having been taken for a joy-ride from a location on Lake in the Town of Lac du Bonnet, and then returned to the residence.

A report was received of an Intrusion Alarm at a business in the R.M. of Lac du Bonnet. Police attended and found that same was a False Alarm.

August 21 A report was received of a vehicle nearly hitting a stop sign at a location

in the Town of Lac du Bonnet, and then driving away.

A report was received of a number of lights being broken out of strings of lights which had been installed at Leslie and Memorial Parks in the Town of Lac du Bonnet.

A report was received of a hit and run to a vehicle which had been parked at a business in the Town of Lac du Bonnet on the first of August.

A report was received of a jogger having been attacked by a dog while jogging along P.R. 502 in the R.M. of Lac du Bonnet. The owner of the dog advised that he will be putting same down.

An under-age male was charged for Imprudent Driving on P.R. 502 in the R.M. of Lac

du Bonnet after his driving was witnessed by the police on patrol. A shotgun was taken into police possession from the vehicle in order to ascertain ownership status.

A report was received of a group of apparently under-age subjects carrying liquor in the area of Dorothy Lake in the Whiteshell Prov.Park. DNR followed up on this, but could not locate any such group.

A report was received of a White Mustang in the ditch east of Nutimik Transfer Station in the Whiteshell Prov.Park. with

a number of youth around it. Police attended the scene, but the vehicle was gone.

August 22 A report was received of concern for the whereabouts of an adult female, as she was not at her residence in the R.M. of Lac du Bonnet. Police attended the location and checked same out, but the subject was not to be located. She did turn up safe and sound.

Papertown
NITE Motor Inn PRESENTS
FLESH TONE ROCKETS
AUGUST 28, 29 & 30
THURSDAY, FRIDAY & SATURDAY

CLASSIFIED ADVERTISING
Low, Low Rates
 Classified Ads starting at
\$5.00
 for the first 25 words,
 .15 for each additional
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 Call for details 367-9468.

4P CONTEST
Come join the fun!
Pie Baking Contest
Chili Cook-off
 Great Prizes, great fun,
 All contests open to everyone.
 Youth and Adults.
 Watch for details!

- ★ Bubble Gum Blowing
- ★ Pie eating,
- ★ Hot Dog eating,
- ★ Peach Eating
- ★ Corn on the Cob eating contests!

To be held in the Pine Falls Arena
 Sunday afternoon, August 31st,
 following the parade.



Customer Appreciation
Friday, August 29
11:00am - 2:00pm

- ★ Hot Dog & soft drink
- ★ Prize draw
- ★ Children's draws & giveaways

Manitoba Hydro - Powerview Office - 106044 PR 304
 (Just before the Dam)

Manitoba Hydro

Winnipeg River RCMP Report

This report covers the period of August 5th to August 14th, 2003



August 15

Powerview - a truck was stolen overnight from Great Falls, MB and located in Powerview with an impaired driver still in the vehicle. Police

charged 1 female and the vehicle returned to its owner.

Fort Alexander - police located a male after he falsely identified himself on an out-

standing warrant. The warrant was finally executed and the male was also charged with personation.

A request from Winnipeg Police Service to locate and arrest a female on an outstanding warrant was issued. The female has not been located at this time.

Pine Falls - a suspicious vehicle was seen outside a local business. The vehicle and a lone male occupant had been parked for some time at this location. Police attended but the vehicle finally left shortly before their arrival.

Lakeshore Heights - a break, enter and theft occurred to a cottage. Access was gained through a sliding patio window that was pried open. 2 sheds were forced into at his location also. Numerous items were stolen which included a sharpe colour tv 25" & remote, a kenmore air conditioner, a pair of binoculars, numerous cd's, liquor, groceries, 4 blue deck cushions, a men's mountain bike blue, and a Poulan Chainsaw. Investigation continues.

Seymourville - a fire is under investigation of a vacant older log cabin. No one was injured in the incident and the Seymourville Fire Dept attended. The building was destroyed in the flames.

August 16

Belair - a party was shut down after several complaints of loud music were received.

Fort Alexander - a residence was attended to a call of an intoxicated male causing problems. Police picked up a lone male who was also in breach of a court order. He charged accordingly and released from cells when sober.

A loud party was attended after complaints of people shouting and music blaring were received. Police attended the location to find the party was shut down and several people fleeing on foot from the location. The area was patrolled but no one returned to the residence.

Hollow Water - a spousal assault had 1 male located and arrested in the incident.

Grand Beach - members

located a family for an emergency situation.

Pine Falls - a local bank was the victim of mischief when the night deposit box was damaged.

August 17

Manigotogan - reports of a party with a large bonfire had police attend and speak with the small group. The fire was extinguished and the people spoken to. No further action was necessary. The area is dry and recently had a small bush fire extinguished so there was some cause for concern.

Powerview - the local arena was the victim of a break and enter. Several youth were questioned and a female youth was identified. The incident is still under investigation.

Police request that if you have any information with any of the above noted incidents, or any other criminal matter, you are asked to call the Winnipeg River Detachment at 367-2222 or you can remain anonymous and call Crime Stoppers at 1-800-782-8477.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tues. 1:00 to 4:00 p.m., Thurs. 4:00 to 8:00 p.m., Fri. 6:00 to 8:00 p.m. Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.

Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month.

PAA: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets second Tuesday of each month.

Winnipeg River Senior Service Inc. Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches family group, Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Atcah Road, 756-8018 or 756-2101.

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare

Senior Scene Inc. #1 Atcah Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Thursday of every month.

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

Weight Watchers Meeting: Every Thursday - weigh in at 4:45 to 5:30pm, --call Dolores for info, at 367-2945.

Foster Homes Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Child Health Clinics - will be provided by area Public Health Nurse every Thursday afternoon at the Pine Falls Complex, Community Health Office assessments of babies (or child's) height, weight, infant nutrition, advice, immunizations (as necessary) and any other advice you may wish, please call 367-5406 for more info.

Winnipeg River Church Services

NOTRE DAME DULAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bob Rodger Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 7 at 11:00 am, everyone welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus.

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scanterbury, on Hwy. #59

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

4P Festival Jamboree

"Alex Lamoureux" "Diamond Steel"
 "Alain Chevretils" "Hedge Monkey"
 "Particulars" "Come join the fun"
 MC: Joel Lamoureux "Gilles Boulet"

"Featuring many more artists"

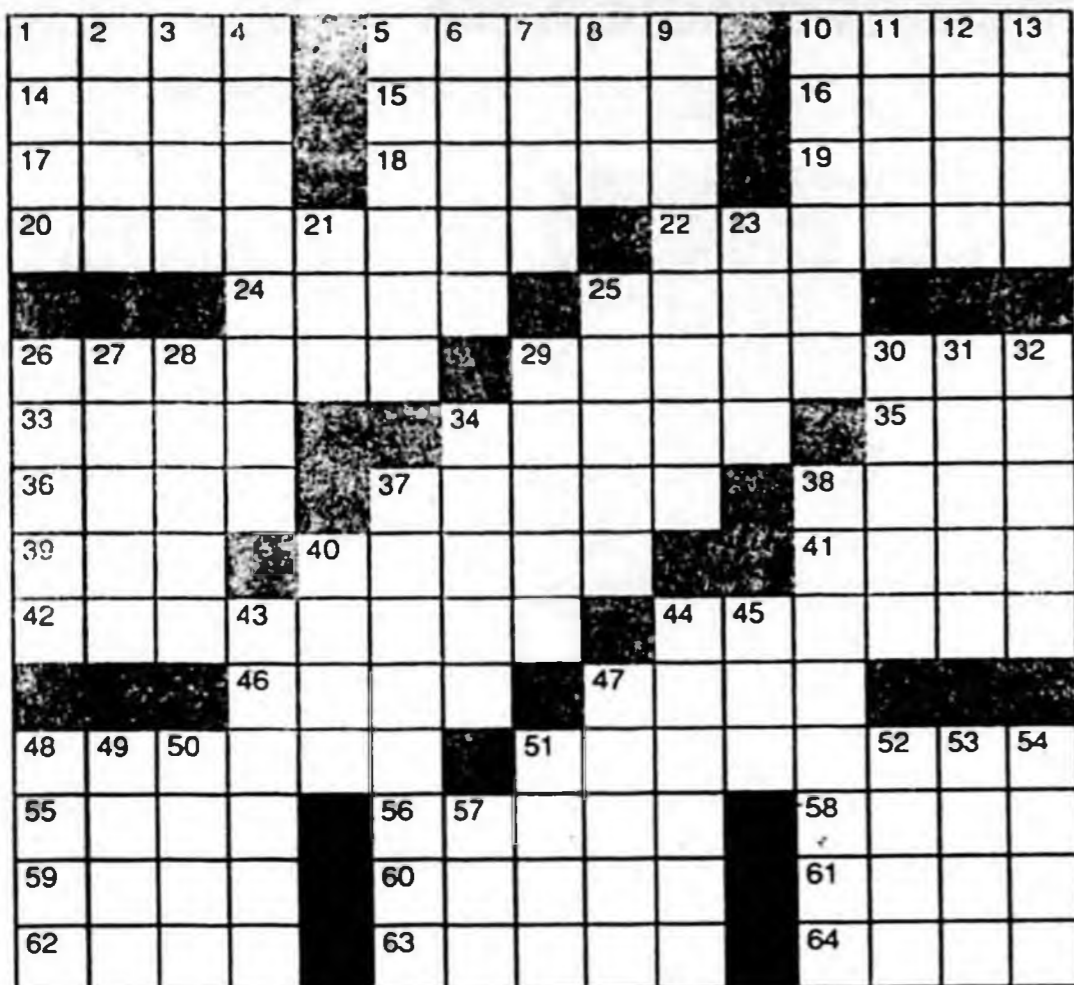


♪ Music Starts at 5:00pm
 ♪ Admission \$5.00/Adult
 ♪ Seniors and Students \$3.00
 ♪ Children under 12 Free

Friday, August 29
 Labour Day Weekend
4P Festival
 Powerview Arena Grounds
 5:00pm to 12:00am

All proceeds to 4P Festival

WEEKLY CROSSWORD



ACROSS

- 1. Multitude
- 5. Useful quality
- 10. Deeply engrossed
- 14. Actor Sharif
- 15. In that space
- 16. Great Lake
- 17. Baseball's Rose

18. Jeweled coronet

- 19. Sell
- 20. Sports shoes
- 22. Wave tops
- 24. Submerge
- 25. Burn
- 26. Return money
- 29. Goes before

- 33. At all times
- 34. Loud strident noise
- 35. Knock lightly
- 36. Female horse
- 37. Schemes of action
- 38. Animal enclosure
- 39. Miss Lupino
- 40. Move stealthily
- 41. Anger
- 42. Television broadcast
- 44. Minted
- 46. Rodents
- 47. Sulk
- 48. Ants live in an ant _____

- 51. Vacationing sightseers
 - 55. Greedy
 - 56. Physical might
 - 58. Be concerned
 - 59. Window division
 - 60. Single quantities
 - 61. Medicinal plant
 - 62. Large deer (plr)
 - 63. Intelligence
 - 64. Allows
- Down**
- 1. Jumps
 - 2. Prophetic sign
 - 3. Satisfy full
 - 4. Wealth; riches
 - 5. Be present at

- 6. Avoid an obligation
- 7. Oceans
- 8. Make a mistake
- 9. Instructors
- 10. Venerate
- 11. Greek god of war
- 12. One-half quart
- 13. Spreads for drying
- 21. One's relatives
- 23. Speed contest
- 25. Bad tempered person
- 26. Send money
- 27. Elude
- 28. Wild
- 29. Factory
- 30. Flow off gradually
- 31. Bird of prey

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

KMCP ANQGCX BE KMC QLTR SMB
GXBS KMC AKBDR

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

Last Week's Solution

WE'LL LOVE YOU JUST THE WAY YOU ARE
IF YOU'RE PERFECT

WEEKLY ECHO HOROSCOPE

for the week of
August 24th to 30th

Aries - March 21 to April 20



Don't get involved in other people's problems. You can make changes to your living quarters, but not everyone will be pleased with your choices or your efforts. Better get the okay before you start.

Taurus - April 21 to May 21



You will meet new lovers if you attend fundraising events. You can impress those you meet with your knowledge and your loyal and stable nature. Spending time with family will be insightful.

Gemini - May 22 to June 21



You will find that co-workers will be supportive. You can make suggestions that will improve your work environment and help everyone do their jobs more efficiently. You can meet new friends and potential mates through close friends.

Cancer - June 22 to July 22



Your determination will help you achieve your goals. Take the initiative to get into regimented self-improvement projects. You need to take action if you wish to raise your self confidence.

Leo - July 23 to August 23



Relatives will be reluctant to tell you the whole truth. You will have to count on your friends to give you a clear vision regarding your personal life. You need to get away where you can relax for a while.

Virgo - August 24 to September 22



Don't over spend on luxury items or entertainment. You need to put your efforts into learning and creative hobbies. Changes at home will be necessary. New relationships will develop through your selfless actions.

Libra - September 23 to October 23



Your dedication will pay off. Use your clout to influence those in positions of power. You can get your own way if you turn on your charm and use your sophisticated intelligence. Your heart is in the right place and your childlike nature will surface.

Scorpio - October 24 to November 22



Your imagination will run wild. Put your thoughts down on paper. You have a story in you just waiting to be told. It's time you shared your knowledge and experience with others.

Sagittarius - November 23 to December 21



A new love interest may perk up your evening. You should join in festivities that will engage a large number of people. You love to get out and visit others. You've shopped carefully and can be sure that everyone will be pleased with your choices.

Capricorn - December 22 to January 20



You will be overly sensitive and fatigued if you've tried to do all the preparations yourself. You will feel much better when the festivities are over. You need time alone with the one you love. Peace, quiet and of course, a little bit of passion are in order.

Aquarius - January 21 to February 18



Don't tell others about your personal dilemmas. New love attractions will develop through family or friends. Don't believe everything you're told, you're likely to be misled. You're hard work will pay off.

Pisces - February 19 to March 20



You will have children on your mind. You can make a difference if you do things that will help youngsters. Get involved in organizations that deal with helping those less fortunate.

Echo Classifieds

For Rent

House for rent, Powerview area.
1 1/2 story house for rent. Available September 1st, 2003 call 367-8232

61 X 3

For Rent

1 Bedroom Apartment to rent. Located in St. Georges. Utilities Included. Call 367-8244

61 X 2

For Rent

Office space for rent Above Pine Falls Post Office. c/w private washroom.

For sale: One hospital bed, \$300.00.

For more information call Denis at 367-8651.

TFN

Announcement



Jodie Bailey & Adam Sanderson
August 16, 2003

The Sanderson and Sinclair family are pleased to announce the marriage of Adam and Jodie on August 16, 2003. The wedding ceremony took place on the lawn at the Sanderson home and was attended by close family and friends. We were blessed a beautiful day of sunshine as we witnessed the exchanging of their vows. Special thanks to all those who joined us in preparation for the day and to fill the air with excitement. Thank you to Vince Harbottle and to Eugene Papineau for their last minute assistance.

To Grandpa Andrew Sinclair for the beautiful service, to the musicians, drummers and music man, Kitchi Meegwetch.

For Sale

Boat, Motor, Trailer: 18' Fiberglass "Vanguard". 115 hp Merc W/Power trim; EZ loader and extra's. Water ready. \$3695.00. Powerview, call 367-8722

For Sale

House for sale. Located in the Powerview area. Four bedroom bungalow, with garage, fenced back yard, finished basement, 2 baths, recently renovated large kitchen. Asking price \$95,000.00. For more information call 367-9113, or 367-4068.

For Sale

Well Water Pump new, manufactured by Red Jacket, half horse power, 3450 RPM's. asking \$225.00 OBO.

1Ton Chain Block and Tackle, manufactured by Wright \$125.00.

Industrial Lawn Edger, powered by 2 horse power. Briggs & Straton, Good condition, \$275.00 OBO.

Various heavy duty chains with hooks.

Call Bill at 669-2767

tfn

Miscellaneous

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net

This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

31 - TFN

Securing our future, August 28 and 29, 2003. Sagkeeng Anicinable High School. A conference on treaty, and Aboriginal rights that includes: hunting, trapping, fishing, forestry, environmentalism and governance initiatives such as the F.N.G.A. and Aboriginal self government. The conference is free to all

Obituary

Risi

Mr. Edward Risi, age 75 years, a resident of Thunder Bay, died on Tuesday, August 12, 2003. Ed was born in Winnipeg, came to Fort William at he age of nine and attended Francis Street School. He started at Abitibi at 15 years of age and worked the next 29 years at the Fort William Mission Mill followed by Pine Falls Manitoba for 15 years retiring in 1987. Ed married Norma Carroll June 22, 1950 in Fort William. Ed was a member of the Port Arthur Curling Club, curling in the Go Slow League and in his younger years was actively involved in bowling, hockey and baseball.

Ed is survived by his wife Norma, children Sharon Maurik and husband Chris, Thunder Bay, Judi Thomson and husband Bryan, Winnipeg Walter and wife Ruth, Thunder Bay, Terri Foster and husband John, Brandon, Jack and wife Gloria, Atikokan, Ken and wife Rachele, Kamloops, Pattie Jo Papineau and husband Caude, Pine Falls, 17 grandchildren and six great-grandchildren. Nieces, nephews and other relatives also survive, Ed was predeceased by his parents Elizabeth and Xavier, brothers John and Walter and sister Betty Salmi.

3 bedroom house for rent. St. Georges area. \$500 per month (utilities not included) Damage deposit required, \$500. Available Sept. 1st. Call Marc at 367-4656

Anniversary



Fred and Loreen Carlson
August 29, 1953 - 2003

Congratulations on 50 years of caring and sharing. YOU are an inspiration to all of us. Best wishes and Love from your family and friends.

Give away

Moving, need loving home for 5 year old cat. Finnegan, is friendly, and loving. Please call 756-3950

Birthday Greetings

Happy 1st Birthday



Elizabeth Annice

Our little baby is getting so big. You bring us smiles everyday, you make the sun come out to play. We love you so much. Our sweet little bug. Hugs and kisses, love Mom, Grandma, and Grampy

For Sale

1993 Ford Explorer, new brakes, rotors, pads, shoes, and drums. New exhaust, safetied in June 2003. Very good condition, non-smoking. Asking \$4900 OBO call Kevin or Kim at 367-4419

BUSINESS DIRECTORY

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Downtown Loc du Bonnet
Phone 345-6100
Open 7 days

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powerfalls
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Powerview, MB
R0E 1P0
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Fax 367-2336

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G's SEPTIC TANK
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Licensed Massage Therapist
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TAMMYE KUNZ
ACCOUNT REPRESENTATIVE
2 McDougall Ave. Box 219
St. Georges, MB R0E 1V0
EMAIL: skulyk@mb.sympatico.ca
PHONE: (204) 367-9572
FAX: (204) 367-9068
TOLL FREE: 1-888-665-0649
CELL PHONE: (204) 781-0991



Junior "A" Hockey Club

1st ANNUAL SKILLS DEVELOPMENT CAMP

Expert Instruction by Professional and Jr. A Players and Coaches

CONTACTS:

Troy Kennedy
754-7165

Lyle Loewen
642-2013

Email: lyle@hnts.net
Fax: 367-2647

Information, registration, name, age, address and phone number.

SKILLS DEVELOPED WILL BE:

- Power Skating
- Stick Control
- Passing/Shooting
- Rule Checking
- Goalkeeping

Cost of the Camp is \$100.00 for 10 - one hour sessions.

Added bonus of free ticket to the Blades game on October 4.

DATES:

All Ice times will be in the evenings.

September 15, 16, 17, 18, 22, 24, 25, 29
October 2, 3 & 4

Pre-Registration is required by Phone, Fax or Email by September 10, 2003

The ECHO

Book this space for your Business Directory



KEN'S EAVESTROUGHING

KEN DANWICH
204-756-2709 or 204-754-7015

5 INCH
CONTINUOUS EAVESTROUGHING
FASSICA - SOFFIT - PRE-PAINTED COLORS
FREE ESTIMATES

Blue Water Physiotherapy

Box 418
Pine Falls, MB ROE 1M0
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Call for an Appointment!

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Pine Falls Dental Clinic
36 Maple Street (across from the hospital)
367-4417
Tuesday, & Thursday 11:00 am - 7:00 pm
Mon, Wed, Fri Closed

Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
367-2208
Monday & Wednesday 9:30 am - 4:30 pm
Tues, Thurs & Fri - Closed



Rusty Nail Tavern
Cold Beer Vendor

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Monday to Saturday 8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

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CALL 925-1900 for appointment

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500 ml Bottles

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Wood Stone Baked Thick Crust or The Classic Cochroom Crust

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Hwy. 11 - Municipal Building
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PLACE YOUR BUSINESS HERE

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Fireworks

4P Festival

(Sunday August 31 at 10:00pm at St. Georges Beach)

Friday August 29

- * 4P Jamboree 5pm-1am
- Under the Big Tent
- Powerview School Grounds
- * Hawaiian Theme Dinner Pine Falls Legion

Saturday August 30

- * Hydro Tours 12pm-4
- * Market Square 12pm-6 Powerview Arena
- * Float Plane Tours 10am-4pm Blue Water Aviation
- * Kick Boxing Doors Open @ 7pm Pine Falls Arena
- * Mixed Slo-Pitch Tournament
- * Kid's Day 12pm-4pm Powerview School Grounds
- * Rusty Nail Wicked Meat Draw 4pm-6:30pm Rusty Nail
- St. Georges Tea Room & Mini Golf 4P Specials
- Western Days 1pm-6pm Beer Gardens Free Admission

Sunday August 31

- * Hydro Tours 12pm-4pm
- * Market Square 12pm-6pm Powerview Arena
- * Parade 12pm Starts @ Pine Falls School Ends @ Powerview Arena
- * Cook-Off Contest 2pm Pine Falls Arena
- * Mixed Slo-Pitch Tournament
- * St. Georges Museum Pea Soup and Bannock after Parade
- * St. Georges Tea Room & Mini Golf 4P Specials
- * Fireworks Starts 10:30pm St. Georges Beach
- * O'1 Kings Western Day Evening Dance Starts @ 8pm

**EVERYONE
WELCOME!!!!**

Monday September 1

- * Family Fishing Derby 9am-12pm St. Georges Dock
- * Horseshoe Tournament Reg @ 10:30 Starts @ 11:00am Mamitou Lodge
- * Crib Tournament 1:30pm Golden Leisure
- * St. Georges Tea Room & Mini Golf 4P Specials
- * Kite Flying Contest 11am Powerview School Grounds
- * Walk/Run Poker Derby 10am Powerview School Grounds

**Sunday Evening
St. Georges
Beach**

**COME
ENJOY THE
FUN!!!!**

