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Vol. 3, No. 51 June 3, 2003 \$1.00 tax included

Softwood lumber tariffs not valid

by Charles Norman

The World Trade Organization has found that the reasons for the US tariff on Canadian softwood lumber are not valid. (The US has claimed that Canadian stumpage fees do not reflect a market price for wood and are therefore a subsidy in contravention of the Free Trade Agreement)

The WTO ruling is not binding on the United States but it is expected to have a significant influence on the finding of the Free Trade Agreement dispute body that would be binding. The NAFTA decision is due in July.

The NAFTA decision is vitally important to this community. An agreement between eleven First Nations and Tembec for the joint management of the forest and joint ownership of two or three sawmills hinges on the outcome. In addition to the three sawmills

another paper machine and another TMP mill is on hold and a \$100 million dollar all-weather road to northern communities up to and including St Theresa Point is also dependent on the decision. A total of close to a billion dollars in investment and 1,000 high-paying jobs is at stake. Most of these jobs will be for aboriginal people.

With the end of the tariff the next major obstacle is the East Side Lake Winnipeg Land Use Study. This study, the result of an NDP promise during the last provincial election campaign, is stalled. Stakeholders have determined not to make a recommendation without a consensus. Since some of the "stakeholders" are environmental extremists from Winnipeg who believe that there should be absolutely no development at all, a consensus is impossible.

On a recent visit to the area,



A new paper machine and a new TMP Mill could result from a satisfactory softwood lumber agreement

Premier Gary Doer said the work of the committee is almost finished so the delay should not last very much longer. He also said consulta-

tion would not be an excuse for a delay in decision-making.

At a recent meeting in Winnipeg Land Use Study Chairman Phil Fontaine said the

committees work would be finished next summer but that extra time might be needed.

Water levels drop on Winnipeg River

By Jim Hampshire

The water levels along the Winnipeg River are at a 100-year low this week and conditions could worsen if the region doesn't get substantial rainfall soon.

Although water levels along the shores of Lac du Bonnet seem relatively normal, the same can't be said for the Whiteshell region above the Seven Sisters dam, where the water level is down more than two vertical feet in some areas. Leslie Urbanski, who works at Jessica Lake Lodge, reports that the water levels are down drastically, exposing nine feet of new shoreline and leaving some docks inaccessible by boat.

"Last year all our boat-houses were flooded at this time and now we can't get the boats out of the boat-houses because the levels are so low," she remarked.

Urbanski also noted that fishing has picked up significantly in the Whiteshell, which

she says might have something to do with the water levels. But despite the low levels, she said that there hasn't been any serious boating mishaps with the increased fishing activity.

"All the shallow rocks are well marked along the river system," she said. "And any rocks that aren't marked are sticking way above the waterline, so everyone is aware to use extra caution."

Water levels along the Winnipeg River are regulated by the Lake of the Woods Control Board, which feeds the river system from Ontario. Rick Cousins is the Senior Water Resources Engineer for the board and he says the water level on Lake of the Woods is the lowest since 1987.

"We've received the second lowest amount of precipitation on record over the last several months," Cousins said. "The situation is dry and we need some significant rainfall before levels rebound."

Cousins reported that the



These floating docks in the Whiteshell Park normally sit horizontally with the main pier but low water levels have turned the side mounted structures into ramps

water level on Lake of the Woods is more than three feet below normal and that hydro dam output has been reduced to help minimize the effect. The Lac du Bonnet region doesn't see significant fluctuations in water levels as it has a large mass body of water in Lake Lac du Bonnet, which acts as a reservoir for hydro

stations downstream. Because of this massive body of water, the rise and fall of water levels are more gradual between the Seven Sisters and McArthur generating stations.

Bob Brennan, CEO of Manitoba Hydro, said the situation along the Winnipeg River was similar last spring but

heavy rainfall in June helped the water levels return to normal.

In the meantime boaters are asked to use extra caution when navigating the river system through the Whiteshell, and when navigating the water below the Pine Falls generating station.

Underground Research Lab On Promise List

By Jim Hampshire

While riding high on a wave of province-wide popularity, Premier Gary Doer dropped in to meet with Pinawa council last Tuesday afternoon to reassure local government that the future of the Underground Research Lab near Lac du Bonnet was still on the government short list. Presently the Federal Government is scheduled to close the research facility at the end of June, due to the departure of funding dollars by Ontario Power, but Doer stressed that the NDP

have all available resources working on an alternative use for the site.

"As far as I see it, this area has too much natural advantages and too much technology to let go to waste," Doer told Pinawa council. "We do have people working on an alternate usage for the URL and I believe we are making progress."

Councillor Blair Skinner, also an AECL employee, said he was extremely happy with the efforts by the NDP government, and added that he was

optimistic about the future of the research site.

"I would like to personally state for the record that the level of interest by the province is unprecedented," he stated. "The provincial government is making a genuine effort to find alternate uses and save jobs at the site and that gives us reason to be optimistic."

One alternative example would see the site being used as a training facility for underground mining. The idea was

presented by Tanco Mine Manager Bill Ferguson at a site meeting with government officials last February. Ferguson noted at the time that mines across North America will face a skilled workers shortage as many employees in the industry are reaching retirement age. He said that the URL would provide an ideal training centre as it is a relatively new facility, equipped with deep shaft equipment.

Doer told Pinawa council that Minister of Industry and

Mines, MaryAnn Mihychuk, is heading up a committee to promote the URL and investigate the possibility to locate a training centre at the site.

Although the premier and Pinawa council members said they couldn't go into more detail regarding the immediate future of the URL, the premier did say there are still ongoing talks with the federal government to delay closure.

Sharpe Improves record to 6-0 standing

Submitted

This past Thursday, Pine Falls resident Larry "Razor" Sharpe was in professional boxing action. He faced veteran boxer, Darren "KO" Kenny of Edmonton Alberta. It was a different fight for Sharpe because Sharpe likes to move and counterpunch, being the aggressor was a different role. Sharpe stalked Kenny, using a stiff jab to keep him in a defensive mode. Sharpe would throw the left hand when the opportunity was there. When Kenny would attack Sharpe, he would easily

slip, weave, or block the punches. Sharpe stiff jab seemed to dictate the fight, and Sharpe landed the cleaner, harder power punches. At the end of the four round match Sharpe was declared the winner via an unanimous decision, by shutout winning every round on all three judges score cards.

In action also on this night was Sagkeeng Heavyweight Richie Goosehead, taking on #3 ranked (cruiser weight) Peter O'Kane.

O'Kane the naturally smaller man was busier throwing many punches at Goosehead, who just covered

up. The Goose would wait for O'Kane to tire and then he would load up with a big punch. This game plan seemed to work for Goosehead, as he landed some big shots. He had O'Kane in trouble on many occasions, but didn't have enough in the gas tank to take O'Kane out. When six rounds were completed O'Kane would squeak out a split decision.

In an up coming event Sharpe, is in negotiations to face #6 ranked super middle-weight Canadian Mark Flynn of Halifax, Nova Scotia. The fight if the two sides agree will take place June 21st in Halifax. Flynn will probably be the toughest boxing competition to date for Sharpe. The fact that the fight is in Halifax, means Sharpe will

need a knockout or a convincing performance to come back with his undefeated record intact.

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The **Winnipeg River Echo**

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Shoe Lake Annual Fishing Derby

Ross Brown Memorial

by V. Anderson

One hundred entries showed up at this years Annual Shoe Lake Fishing Derby, that was held this past Monday, May 26. Fishing began at sun-up and ran through until 3:00 p.m.

This year there was a tie for first place between Ray Fawcett and Clifford Houston, both measured in Bass at 45.75 cm. Top prize is valued at approximately \$500.

This years winning recipients were presented the Ross Brown Memorial Trophy by son Jody Brown. Both will be able to keep the trophy for a few months and then it will be returned to Tembec and will remain on display until next years tournament. The Ross Brown Memorial Trophy was donated to the Shoe Lake Derby by wife Sharon Brown.

Out of 100 entries, there were 17 females that participated at this years derby. That number is up from last year. Flo Walker, was awarded a special prize for the Highest Female Standing, she measured in a 44 cm Bass.

Mark Fountain, Gary

Schewe, and Robert McMullen organized this years tournament and did a great job of coordinating and ensuring that everybody had a great time. "The emphasis on this derby is to have fun with family and friends, and everyone certainly did that again this year," said Schewe. "The weather was great, and the fishing was really good. The Derby just keeps growing every year, we had about 20 more entries than last year, and we anticipate even more next year".

The derby is open to Tembec Mill employees, past employees, their family, sponsors and suppliers. The derby is kept at a local level, coordinator's try to keep it simple and want to ensure it is a family outing, where the fishing is not too competitive, but getting out with the family, having fun and socializing is the main emphasis. The derby was once again a great success, and a huge thank you goes out to the many businesses sponsors, volunteers, fishing enthusiasts, and organizers.



Ray Fawcett, (left) and Clifford Houston (right) tied for first place at this years Shoe Lake Fishing Derby. They were presented with the Ross Brown Memorial Trophy by son Jody Brown (centre). Both finalist measured in Bass at 45.75 cm. Each will have the honour of sharing the Ross Brown Memorial Trophy for a few months until it goes back on display at Tembec.

Ross Brown Memorial Shoe Lake Derby

Thank You!



Sponsors:

A special thank you goes out to our fantastic Logistics people, Mike Boulet and Ron Lussier. They man the big island faithfully each year. Also a big thank-you goes out to Sharon Brown for Donating the Beautiful Trophies. If we have missed anyone, please accept our sincere apologies. A huge bouquet to all of our wonderful volunteers.

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Pakoo land taken at gunpoint

by Charles Norman

The Pakoo family history reads like the worst of the American West.

The written record starts out innocently enough; In a letter dated 6th July 1887, from the Dominion Lands Commission in Winnipeg to the Secretary, Department of the interior, Ottawa, an unnamed official writes; "Re lot 64. Parish of St Peters I am directed by the Acting Commissioner to report on the facts of the case briefly as follows: - "Laurence Halcro got this land from Mr. Morrison West who purchased it from Chief Peguis. "Halcro died prior to the transfer leaving him surviving, his widow, Margaret Halcro and the following children; - Thomas, Joseph, Mary (who died unmarried and in testate 12 years ago), Euphenera, wife of Daniel Verna of St Peters, and Elizabeth."

Forty-three years later the descendants of Halcro, now named Pakoo, were still farming the land but something rather odd was happening.

Another memo, Dated June 26 1930, from J.S.C. Elliot of the Land Branch, Department of the Interior, Ottawa to a Mr. Caldwell, reads - "Re St Peters Indian Reserve No1 and clearance of records. "This file and Halcro Notation still stands noted in our records against Lot No 64 of St Peters Parish. According to Reference 152017 the wife of Halcro and children are Treaty Indians and their claim to this lot has not been established and the I. A. Dept. are looking after them. "Would it now be in order to transfer this lot to the Department of Indian Affairs as part of St. Peter's Indian Reserve No. 1?"

According to the family, the transfer of their land to Indian Affairs took place, but was



(left to right) Pakoo Family: Mary-Lou Pakoo, Lloyd Pakoo, Kelvin Pakoo, Rod Pakoo, Howard Pakoo, William Pakoo, Greta Malo, Olive Pakoo. Missing from photo is, Florance Malo, Vera Pakoo, Lucille Ogelvie, and Iris Houston. Family Members who have passed are: Eatheil Pakoo, Arthur Pakoo, Tim Pakoo, Jeanne Pakoo, Jennie Pakoo, Diane Houston and Glen Pakoo

later sold to settlers in the 1930's. Descendants of the family, now in their late sixties and early seventies were children at the time the land was taken from the family.

They have vivid recollections of government people and soldiers coming, burning down their house while they, adults and children, were still in it, so that they escaped with only the clothes on their backs. The barns were burned and the cattle and horses were shot. Even the dogs were shot.

They have harsh memories of the following, bitterly cold, winter when the lived in an unheated horse barn. Two of

the children died. The father sold the family's Treaty Rights for ten dollars each to feed the family during that winter.

In 1939 the father went to war with the Royal Winnipeg Rifles. He returned with shrapnel in his back too close to the spinal column to be operated on. After the war he worked at times for Abitibi Price in the mill or the woods but often his war wounds made it impossible to work. (Periodically bits of shrapnel would work their way to the surface of the skin, causing intense pain). Abitibi had an excellent health insurance package, but it did not

cover war wounds. He was told to apply to the Department of Veterans affairs. They told that since he was an Indian he wasn't their responsibility and he should apply to the Department of Indian Affairs. The DIA told him that since he had sold his Treaty Rights he wasn't eligible. The family's poverty continued.

As children they remember holes in their shoes, ill fitting clothes, kids at school laughing at them because of their clothes and bannock lunches, skipping school to escape the taunting, and a series of unkind, cruel and abusive foster par-

ents until they were old enough to get jobs and fend for themselves.

The Winnipeg Free Press is taking up the cause. They will cover the cost of the family getting legal help in getting compensation for their land. There is talk of their story becoming a book, or even a movie.



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Lac du Bonnet Legion #164



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Queen's Golden Jubilee medal presented to Morris Berthelette

by Charles Norman

The medal, to commemorate the 50th anniversary of the Queen's accession to the throne on February 6 1952, is awarded to people who have made a significant contribution to Canada, to their community or to their fellow Canadians.

Morris Berthelette was to have been presented with the medal by the Lieutenant Governor or his representative on January 1 at the same time as other New Years Honours are awarded but he was in hospital. He chose to have the medal

presented in front of family and friends in Pine Falls. The presentation took place on Sunday, June 1 - the 50th Anniversary of Her Majesty's coronation.

Master Warrant Officer Berthelette retired from the Canadian Armed Forces Provost Corps in October 1982 after serving for twenty-five years.

The medal was awarded for his contribution to alcohol and drug rehabilitation. Beginning in North Bay Ontario in 1973 he served as a lecturer and guidance counselor for a series of

alcohol and drug related programs. He contributed to the Sagkeeng Alcare centre for ten years after his retirement from the armed forces. During his volunteer service he also got an award for saving the life of a Stony Mountain Penitentiary prison guard who had been attacked by an inmate.

The medal was presented by Morris' elder brother Retired Royal Canadian Engineers Warrant Officer Bert Berthelette who had been asked to make the presentation by the Provost Corps.



Retired Royal Canadian Engineers Warrant Officer Bert Berthelette was honored to present his brother Morris Berthelette with the Queen's Golden Jubilee Medal at the Royal Canadian Legion Branch #64 at Pine Falls last Sunday.

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The Centennial School in Lac du Bonnet held their track and field day last Tuesday and despite some rainfall, the students were able to complete all events by days end.

just training corp. The Board of Directors would like to extend an invitation to those interested in attending the

Tuesday June 17th, 2003 at 6:00 p.m.

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Legion news

Lac du Bonnet Branch #164



Royal Canadian Mounted Police make contributions

by Constable Tara Lotz

by: Cde Howard C.D.

The Branch Dart Club end of season wind-up took place on May 1, 2003 to the tune of Jesse James music and with a great meal served up by the Ladies Auxiliary. Great job again ladies!! Top team award went to the trio of John Trakys, Faith Kraus and Tom MacDonald while Sid Thompson, Irene Waite and Joyce Williams were celebrated as the most "consistent" team. Ladies awards went to Faith Kraus (High Score) and Doreen Champagne (Dart Outs) and Dwayne Wickstorm (Dart Outs) and Curtis Wold (High Score) topped the Men's categories. Al Ostroman fired the lone "180" this year Thanks to all for a great and anyone is welcome to come on for casual darts on Thursday nights at seven. Next season kicks off in September.

The Branch will be holding a combined Garage Sale and Ladies Auxiliary Bake Sale on Saturday, May 31, 2003. Interested personnel are urged to

sort through their basements and garages to locate suitable items and to drop them off at the Branch or phone the Branch office at 345-6522 for items to be picked up.

The next popular Steak and Spud Night will take place on Saturday June 28, 2003 and is open to all members and guests. The dinner will be followed by music and dancing. Cut off date for tickets will be on June 25, 2003 so get your tickets early and don't be disappointed.

The Branch membership count has once again surpassed 400 members in addition to 110 members of The Ladies Auxiliary which is an impressive total in our lightly populated rural area. In addition to the traditional goals and interests of the Royal Canadian Legion, many members are engaged in the games and social activities taking place daily at the Branch. If you are interested in Legion membership, contact any member and become involved in a great organization.

The Lac du Bonnet RCMP (Lac du Bonnet, Pinawa, Whitemouth offices) would like to announce the distribution of the proceeds from the annual curling Funspiel. A total of \$2,600.00 was raised in this years spiel.

The funds have been divided amongst the communities. The Lac du Bonnet Minor baseball received \$600, Little Buddies Day Nursery School received \$800, The Lac du Bonnet Senior School sound system received \$250, The Pinawa Play Structure received \$250, Whitemouth Gymnastics received \$200, the Lac du Bon-

net Curling Club received \$500, and the DARE program received \$560.89.

Dare (Drug Abuse Resistance Education) is a program run in all three communities for grade six students. The program is in the classroom for one hour a week for sixteen weeks. Students are given instruction and tools to help them resist peer pressure, use eight ways to say NO. Anyone interested in attending the Pinawa Graduation is welcome at 10:45 a.m. at F.W. Gilbert School.

The RCMP Curling Funspiel is held every year at the end

of the curling season. RCMP staff from all three communities contribute to make this event a success. It is a fun event with participants of all ages.

The RCMP would like to thank all the contributors both businesses and participants for all their efforts to make this event a success. We couldn't do it without your assistance.

If you have any questions please call Constable Tara Lotz at 753-2217 or the Lac du Bonnet Police Detachment.

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You can't be serious



by Jim Hampshire

Getting The Bugs Out

By Jim Hampshire

Today we are going to take an indepth look at insect bites. If it so happens, you are not bothered by insect bites at this time, I invite you to go play outside by the mosquito pond and you can join this column in progress, later.

As you already know, insects can throw a wrench into any late night gathering. Myself, I believe its time to pick up those wrenches and throw them back!

Now I'm not going to get into a long story about how I used to live in Vancouver, and that the City of Vancouver has a by-law, prohibiting insects from entering the city limits. Or how you could sit outside all night until the cows come home, which used to be the only reason we would have to retreat inside because nobody wanted to sit with a herd of cows. The point is, there weren't any mosquitos to contend with and I think weshould incorporate those same anti-mosquito by-laws here in Manitoba because, sooner or

later, someone will get bit.

Of course we know that mosquitos can't read by-laws and they will be by soon, buzzing around, making our evening outings unbearable. Luckily new research proves conclusively that beer actually acts as a mosquito repellent. That's right! The hops, barely and yeast found in beer can actually ward off mosquitos. Think of the possibilities! One day your wife might catch you looking in your beer fridge before noon, and she might say something like: "What do you think you're doing buster?" At this point you can tell her that you're just drinking mosquito repellent and no one is the wiser.

Naturally not everyone likes drinking a Molson mosquito repellent before noon, but another government study says you can rub garlic over exposed areas of your skin, which also wards away mosquito bites. And probably most of your friends and family, mind you, but they say it is effective against bug bites.

While researching this arti-

cle, I also found some other interesting information on bugs. For instance, If you encounter a yellow-jacket bee in your backyard, you shouldn't squish it if all possible. Apparently, according to research, the squished bee will release a chemical that alerts other bees that you are a bully and

they will deal with you promptly. The article goes on to say that other bees will become "excited" and the only evasive action would be to "run." This is an actual evasive warning, written in an article I came across. You'd think, with all the research dollars afforded government researchers, they would come up with a better defense. No, they say running is the only recourse - like we didn't know that already.

Another research article I

came across discribes how deodorant and perfumes do well to attract mosquitos and bees - especially bees, who spend their entire day searching out sweet odors. So this begs the question: If you were to drink Molson's mosquito repellent and leave the Right Guard on the shelf, would that make you stinking drunk?

I hope this information makes for a better summer, and if you've learned anything, I hope it is that you keep a lot of mosquito repellent on hand because I could drop by.

Recreation Scene

Winnipeg River Recreation District

345-8818/753-2639
reocomm@granite.mb.ca
by Michelle Chudd

Pinawa soccer for adults

Starting this Wednesday, June 4 at 6:30pm is the ever popular evening soccer for teens (grades 10, 11 and 12) and adults at the Pinawa high school soccer field. No need to sign up - just come on by and play this weekly pick-up game of soccer.

Dance Camp (PhAT Camp) brochure is out there

All you want to do is dance? We have the camp for you! July 28 to August 1 you will be able to learn hip hop, funky jazz, kung fu, ballet, Hawaiian, creative movement, theatre and

so much more in this week long camp for preschoolers up to teens. Girls AND boys will love this program as there is dance, martial arts and a drama component too. Call the rec office today to find out more info or to register or take a look at our brochure for more details of this awesome camp for children of all ages! And for the curious folk PhAT stands for Physical Arts Training Camp.

Kid-Netic energy Camp

Explore, Discover...and have a blast at the best ever Science and Engineering Camp to be held in Pinawa June 30 to July 11. Hands on activities all day, every day. Open to kids having completed grades 4, 5 & 6 in June 2003. 50:50 girls:boys ratio. Staff is students of the University of Manitoba in Science and Engineering. Registration deadline is June 13. For a registration form contact the Rec office or see your local elementary school principal.

Lac du Bonnet Swim

The Rec office is now accepting registration for swim lessons at the Town Dock. The session dates are as follows: Session 1 - July 7 - 18; Session 2 - July 21 - August 1 and Session 3 - August 4 to 15. Contact the Rec office at 345 8816 for more details. Forms available at the Rec office, Centennial School, Mrs. Lucci's and the Town Office.

Bronze Medallion/Cross Update: Pinawa Pool will be offering these courses June 30 to July 11.

Summer Sound Off Concert

Come out June 19th at 7:30 PM for a night of great entertainment in support of the LDBSS Sound System project. Featuring the music of Godspeed with Ryan Neufeld. With special performances by: Carrie Thomas, Cheryln Sullivan, Melanie Rollins, Jeff Larson & Kendra Ulrich

The concert takes place at the LDBSS Gym and Tickets are only \$5.00. Tickets are available from LDBSS students LDBSS (345 2585) Local Businesses

Russell Funeral Homes Ltd. & Crematorium

Government Road Allowance #317, Lac du Bonnet

345-6051

437 Park Avenue, Beaujour, 24 Hours

268-2263

Toll Free 1-866-424-6271



Julie & Harvey Giesbrecht

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3:00 P.M.

TEMBEC FOREST RESOURCE MANAGEMENT PUBLIC NOTICE

NOTICE IS HEREBY GIVEN THAT TEMBEC WILL CONDUCT THE FOLLOWING ON FML 01:

- 1) GROUND CHEMICAL SITE PREPARATION
 - 2) GROUND CHEMICAL PLANTATION RELEASE
- 460 hectares on Tembec's Forest Management License 01 are identified for ground spraying from mid July to early September 2003 using the forest herbicide Vision. Spraying will be done to control competing vegetation in areas that will be planted and in existing plantations.

FURTHER INQUIRIES MAY BE MADE IN THE NEXT 15 DAYS TO:

MANITOBA CONSERVATION
123 MAIN STREET, SUITE 160
WINNIPEG, MANITOBA
R3C 1A5

Library Corner Lac du Bonnet Regional Library



(for the week of June 2, 2003)

The end of the school year is in sight and we are making plans to brighten up those lazy summer days for the kids in our community! Our plans are slowly taking shape for our Summer Reading Program-stories and activities will resolve around the province-wide theme of "Catch a Dragon by the Tale." Children aged preschool to Grade 5 are invited to register soon as that we know how many partici-

pants to plan for.

Thank you to all parents and preschoolers who stopped by our display at the Kindergarten Readiness clinic held at Centennial School on May 21st. We enjoyed meeting you and sharing information about what the library has to offer. We have extra copies of the hand-out we have prepared-pick up a copy when you visit the library. It lists great reading resources all about parenting, the health and well being of your children and great

ideas for child's play! Besides the very popular Letterland books for kids, we now have a selection of "Rookie Readers". These are levelled as follows: A--Emergent (Gr.K-1); B--Early Fluent (Gr.1-2); and C--Fluent (Gr.1-2).

If you a parent, do you take the time to talk to your kids about Internet use? You are probably aware of the Library's policy regarding internet use for kids under 18 we require that parents/guardians and their children

read and sign our Internet Use Policy. We don't have any filtering devices on our computers and are not always aware of the sites your children are visiting, so it is important that parents set ground rules as well. The library receives copies of "The Police Association Newsletter" for public display and were pleased to see an article titled "Danger of the Internet" in the last issue. Information contained therein would be helpful in teaching good judgment and critical thinking to anyone using the Internet. Check this out on your next visit to the library. There really is a lot of very useful information to be found on the internet, even though online searches are usually quite

time-consuming. Make good use of the Internet- use it wisely. Internet use at the library is free to the public. Appointments are available necessary.

Reading is an ability most of us take for granted. For some, however, this is a difficult accomplishment. Sally Shaywitz, M.D. has written "Overcoming Dyslexia: A New and Complete Science-Based Program for Reading at Any Level". "Many parents will recognize their children or themselves in this book and know that they are not alone, that they have enormous capabilities, and that there is real hope for improving their lives". This is a brand new addition to our collection of books- check it out.

New Friends News Manitoba Youth Job Centre article

by Barbara Sabanski

Margaret Mead said it best when she stated, "Never doubt that small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." To see how true this statement is, take time to look at what has been accomplished in your community by its citizens.

New Friends was born 10 years ago in Lac du Bonnet and included Pinawa in 1999. Our Mentors are from all age groups and walks of life. Our premise is simple and effective. Adult Mentors are paired with children and at risk youth

to provide guidance, support, encouragement and most importantly friendship.

We operate from September 1 through to June 30th each year with July and August as a time of rest.

A commitment of some time each week to befriend a child, is all it takes to help our most precious commodity. Today's youth and tomorrow's future.

To learn more about our program, please call 345-2867 or 753-2406. Mentors are a work of heart.

Brent Stokes

The warm weather is here to stay, and that means fun-filled days of swimming, boating, hiking, fishing and biking. Unfortunately, there's also a downside to the warm weather: yard work. If you're finding that there aren't enough hours in the day to mow your lawn, weed your garden, wash your windows and have a good time, why not hire a student?

The Manitoba Youth Job Centre has received many ap-

plications from eager students looking for yard work or odd jobs to do. If you have some work to be done, give the Centre a call at 345-6916. We're open weekdays from 8am-4pm.

On the road again

For the second week in a row I was busy burning up the highways in the region. On Tuesday I had the opportunity to speak to the Grade 7, 8 and 9 classes at Powerview School. I also toured businesses in Pine Falls, Powerview and Sagkeeng. The next day I spent my morning with the Grade 7, 8 and 9 classes of Lac du Bonnet Senior School. As with my school visits the week before, I explained to the students what the Manitoba Youth Job Centre is and gave

a brief presentation on cover letters and resumes.

No matter where I was presenting to, there were always some students that were very interested in summer employment. I encourage businesses to register any summer positions they may have so that we can find these students some work.

If you have not turned in your registration form, please get it in to the MYJC as soon as possible. We are located in New Directions School, 40 Park Avenue, Lac du Bonnet. For those who are unable to visit us during our office hours (weekdays 8am-4pm) you may hand in your registration form at your school's office.

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- **Hair Products**
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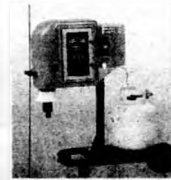
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Nouvelles de l'école communautaire Saint-Georges

Submitted

Récemment nous avons eu la visite de M. Daniel Koulack, un musicien qui joue surtout des instruments à corde. Il a donné un court spectacle devant tous les élèves pendant lequel il a joué du banjo, du violon, la contrebasse, la mandoline et la guitare. Ensuite, il a donné des ateliers à de petits groupes d'élèves en

quatrième, cinquième et sixième années qui apprennent à jouer le ukulele. Pendant ces ateliers il leurs a donné des conseils pour améliorer leur techniques. Ces élèves se préparent présentement pour un court spectacle qu'ils donneront à la Fête d'été du 13 juin.



Daniel Koulack musicien invite l'école St. Georges. He gave the grades four, five and sixes lessons on playing the ukulele.

Saint Georges School News

Submitted

Recently, we welcomed Mr. Daniel Koulack, a musician who plays mostly string instruments. He gave a thirty minute performance to the students in which he played the banjo, guitar, violin, mandoline and bass. Later, he gave workshops to small groups of

grade four, five and six students who are learning to play the ukulele. He gave them suggestions to improve their technique. These students are presently practicing for a short performance that will take place at the Fête d'été scheduled for June 13th.

Want to Start Your Own Business!

Self-Employment Program

- You are presently receiving employment insurance (E.I.) benefits
- You have received E.I. benefits in the last 36 months
- You have received maternity or parental benefits in the last 60 months

If you are unemployed, and if any of these situations apply to you and you have a viable business idea, please call us for information

Self-Employment Assistance Program

Call for more information!

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Funded entirely by Manitoba Education and Training



Email:

theecho@mb.sympatico.ca

Join in the excitement

Sagkeeng Employment & Training Services are seeking individuals who are interested in Volunteering in the Manitoba Indigenous Summer Games Athletics Qualifying Event here in Sagkeeng.

The event is scheduled for June 14th, With a rain date of June 15th, 2003. Volunteers are vital to the success of these games. Help is required in areas such as sporting venues, officiating, medical & athletic services, security, opening & closing ceremonies and more. For more information or to register as a volunteer, please contact Jennifer Courchene at S.E.T.S. (204) 367-8080



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Lac du Bonnet RCMP Report

This report is to cover periods of May 19 to the 29, 2003



May 19

A report was received of the stop sign at Park and Oak in the Town of Lac du Bonnet having been damaged in an attempt to remove sign.

A report was received of a miniature haywagon with flowers having been stolen from a yard in the Town of Lac du Bonnet, and a chair from a neighbouring yard having been left in the complainant's yard.

A report was received of a window being broken in the

door of a business in the Town of Lac du Bonnet.

A report was received of a suspicious vehicle having dropped some items near where a subject was fishing near Great Falls. Investigation ascertained with the owner of the vehicle was and it appeared that same had been disposing of items not sold at a Garage Sale.

A report was received of solar moon light having been stolen from a residence at Pinawa, and then broken on

the street.

A report was received of a concrete deer lawn ornament being stolen from a residence in the Town of Lac du Bonnet, and then broken on the street.

A report was received of a vehicle cutting another off, and almost forcing the complainant into the ditch, as the vehicle in question was turning onto the Lee River Road in the R.M. of Lac du Bonnet.

A report was received of the theft of fishing equipment and fishing rods from a boat at Nutimik Lake in the Whiteshell Prov. Park.

A report was received of a single vehicle Motor vehicle Accident on Berryland Road in the R.M. of Lac du Bonnet. Police attended and found no injuries, however, the vehicle ended up in the water filled ditch.

May 20

A report was received of garbage being strewn about at the McArthur Falls Generating Station.

A report was received of an under-age male doing damage to bicycles at the Pinawa Youth Centre.

May 21

A report was received of an Intrusion Alarm at a location on Leaside Drive in the R.M. of Lac du Bonnet. Police attended and determined that same was a False Alarm.

A report was received of a possible stolen vehicle at the corner of PR 313 and Pr 315 in the R.M. of Alexander, with two male in same. Police attended and found that the vehicle was stuck and the subjects were sleeping, however, it was not stolen. The subjects were on their way to Flandre Lake.

A report was received of a School Bus having been passed on PR 502 in the R.M. of Lac du Bonnet. Lic. plate number obtained and a charge will be laid.

May 22

A report was received of an airplane down along the Wendigo Road in the R.M. of Lac du Bonnet. Police attended and ascertained that all 4 occupants had varying injuries, although none life-threatening. The cause of the accident is under investigation.

A report was received of an off-road vehicle having been driven in a garden in Pinawa.

May 23

A report was received of an under-age male being unlawfully at Large on a temporary absence permit in Winnipeg, while absent from Milner Ridge Correctional centre.

A report was received of a theft of a yellow and red CCM 12- speed bicycle from a residence on Minnewawa in the Town of Lac du Bonnet.

A report was received of an under-age female having taken off from the Whitemouth School. Prior to the police attendance, the subject returned to the school.

May 24

A report was received of an unlicensed bus being operated illegally in the area. The subject in question was located at the Pinawa Golf Course, and it was found that he was driving a new Motor Coach Industries bus which he was which he had used to bring a group to the Golf Course.

A report was received of a possibly abandoned children at a location at Wendigo in the R.M. of Lac du Bonnet. Police were enroute when advised that in fact the children had a baby-sitter.

A report was received of an emergency call from GMC Onstar. The vehicle in question was located at the owner's residence, and the system had not in fact been activated. No emergency.

May 25

A report was received of a two year old bear in a yard at a location in Whitemouth.

A report was received of an Intrusion Alarm at a residence on Leslie in the Town Lac du Bonnet.

May 26

A report was received of noise coming from an unknown location in the vicinity of Leslie in the Town of Lac du Bonnet.

A report was received from Pinawa of careless driving. The driver in question was identified and follow-up was done as per the wishes of the complainant.

A report was received of an Intrusion Alarm at a location on McKenzie Pointe Road in the R.M. of Lac du Bonnet.

Police attended and found that same was a False Alarm.

May 27

A report was received of the theft of 63 treated 2x4's, 12' in length, from a location at Whitemouth, subsequent to an auction sale.

A report was received if the theft of a Mickey Mouse Bag from New Directions School in the Town of Lac du Bonnet.

An intoxicated adult female attended at the Detachment requesting transportation to a shelter. It was determined that the shelter would not take the subject wife under the influence, so she was given a ride to a relatives.

May 28

A report was received of a vehicle having been hit by another vehicle while parked on Second Street in the Town of Lac du Bonnet. The offending vehicle did not stop.

A report was received of a vehicle driving onto the Wpg River Bridge on PR 313 when farm equipment was crossing the bridge. The vehicle in question was hit by the equipment, causing minor damage.

A report was received of a suspicious vehicle at a residence on Apsit in the R.M. of Lac du Bonnet. Investigation revealed that same belonged to a subject who was at the residence.

A report was received of the theft of a fish finder, marine battery, boat seat and 2 life jackets from a boat pored in a driveway at Lorothy Lake in the Whiteshell Provincial Park.

A report was received of fireworks or fire crackers being set off in the vicinity of 3rd street in the Town of Lac du Bonnet. Police patrolled and sat in the area, but did not find the source of same.

May 29

A report was received from Pinawa of lawn maintenance equipment being operated too early in the morning.

A report was received of an Intrusion Alarm at a residence in Pinawa. Police attended a found same to be a False Alarm.

A report was received of a boat parked at a location along a street in Pinawa and blocking the view of a stop sign.

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat.

Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered Cindy Reimann, certified in nutrition, call 268-2168.

PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting, room

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Practical classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 2:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall, Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horicultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh, Call Teri 345-8712.

Lakeshore Al-A Teen Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa, Dorcen 753-8357.

Battered Women's Crisis Line 1-800-362-3344.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505.

Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville

Little Day Buddies Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre, Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jake Doell, church 345-2934, home 345-9766

Sunday, 11:00 a.m. - morning worship; 6:30 p.m. - Upper Room.

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654.

Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Richard Machura, 345-2980

Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass

Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Brian Rouniree 367-8615, church 345-2357

Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

Premier Doer opens Blue Water Trail

by Charles Norman

After five years of effort, and hundreds of hours of volunteers time the Blue Water Trail from the old Pinawa Dam to St. Georges was officially opened last Sunday. The trail follows the east side of the Winnipeg River to the Great Falls, crosses the river at the Great Falls Generating station to Coca Cola Falls and Broadlands, crosses the river again at the Pine Falls Generating Station then follows the river to St. Georges. Still to be completed is the section from St. Georges that will take in the Bouvier Trail, east to the North Star Trail, then on to Highway 59. Another group is responsible for the trail from the Beaches to Winnipeg.

The trail is part of the Trans Canada Trail, billed as the longest recreational trail in the

world, it will, when completed, join the Atlantic, Pacific and Arctic Oceans. It will be suitable for walking, cycling, and horseback riding in summer, and cross-country skiing and power tobogganing in winter.

Opening ceremonies were held in the Great Falls Hall, with the ribbon cutting on the dam itself. Manitoba Premier Gary Doer led off the speeches. He said the trail was a great idea – about getting out and enjoying all four seasons. He said his family intends to come back and enjoy the trail when he has more time – “but not all 70 km – never make a promise you can’t keep”. Lac du Bonnet MLA Gerald Hawranik said the trail highlights the connection of the prairie to the shield. “It’s a natural classroom for our stu-

dents.”, NDP candidate Mike Hameluk said of his family – “We are the luckiest people in Manitoba – because we decided to stay in this province and in this part of the province – and all this is right in our backyard.”

Walter Tokar of the Manitoba Model Forest presented a cheque for \$8,300 to the Blue Water Trail Association. He said the intention had been to hand the cheque over to Ken Cowie in person but Cowie was unable to be at the meeting because he had got sawdust in his eye while working on the trail and the eye had become infected. RM of Alexander Councillor Ed Forsythe told the meeting that Ken Cowie was responsible for the Trans Canada Trail coming through this region and put in a



Ed Forsyth and Premier Gary Doer along with many community members attend the official opening of the Blue Water Trail.

tremendous amount of time and effort. At the beginning he worked almost single handedly to make the Blue Water Trail a reality.

After the speeches there

Premier Doer cut the ribbon at the dam. A second ribbon cutting – at Coca Cola Falls was dispensed with because Gary Doer, on the campaign trail, was running late.

Cornerstone

Marilyn Zarecki, Home Economist
Manitoba Agriculture and Food, Bausejour, 268-6015
e-mail: mzarecki@agr.gov.mb.ca

Submitted for period of June 2 to 8th, 2003

Clean air, pure water and wide open spaces – the perfect setting for Manitoba’s diverse and dynamic agriculture and food industry. Manitoba produces thousands of high quality food products for satisfied customers all over the world.

Manitoba Agriculture and Food is pleased to provide you with the 2003 Manitoba Food Products Directory. This directory is designed to assist members of the food industry to explore and source Manitoba food products. It is a comprehensive, updated listing of Manitoba products, manufacturers, processors, distributors, marketing boards and producer associations that will help make the contacts essential to

source your needs.

Listings contain addresses, telephone numbers, fax numbers, company contacts and product lists. Some of the products listed include fresh produce, fish, jams, jellies, preserves, syrup, peas, beans, lentils, prepared foods, snacks, vegetables and wild rice.

Manitoba’s food processing industry is committed to quality and food safety as it transforms raw ingredients from our family farms into the diverse products sought by the marketplace. Collectively, the industry has worked hard to earn a reputation for excellence!

If you require additional information or free copies of this directory, please contact me at 268-6015, or visit the Manitoba Agriculture and Food website at www.gov.mb.ca/agriculture



The Herbal Grove

Oh, that pain in the chest!

by Kristine A Phillips
MNIMH

Most people, at one time or another, experience a burning pain in their chest shortly after eating or when in bed. For some it can be an occasional annoyance, while for others it can be a daily issue riddled with food avoidance, constant antacids, and little relief.

Heartburn has nothing to do with the heart, although severe heartburn can feel like angina or even a heart attack (if in doubt, consult a physician) but is often the result of a lax esophageal sphincter allowing stomach acids to come into contact with the lower end of the esophagus. It is more common after the consumption of fatty meals, alcohol, and/or caffeine (which can cause the relaxation of the sphincter), or in pregnant women, due to decreased room in the abdomen as the baby grows. Eating quickly, anxiety and incomplete digestion are also causes of heartburn. Chronic heartburn

can have long term damaging effects as the acids can corrode the sensitive lining of the esophagus leading to ulcers and other complications.

It is important to identify the cause of heartburn in each individual and treat accordingly. Taking antacids on a regular basis is not a solution but is merely a cover-up (and does not supply the body with calcium, as calcium needs the stomach acids to be digested)! If the cause is poor digestion, there are many herbs that can be helpful, along with digestive enzymes, and liver stimulation or support. Helpful herbs include fennel, meadowsweet, and marshmallow root. Herbs such as dandelion root, yellow dock, turmeric, and milkthistle can help to stimulate and support liver function. If pregnancy is the issue, herbs can still be taken, but it is important to consult with a herbalist as many herbs are contraindi-

cated at this time. Slippery elm is an excellent short-term solution; it can reduce the pain of heartburn and coat the esophagus to allow healing of any damaged tissue. It also has beneficial properties for the entire digestive tract without any negative side effects. When certain foods are the issue, it may be related more to poor digestion, and further investigation is warranted.

As with most ailments, increasing your intake of fruits and vegetables, and decreasing harmful fats, processed foods, caffeine and alcohol can go a long way in helping your body to right itself.

For more information on heartburn or any other health concerns Kristine is available on Monday, Wednesday and Friday afternoons at Through the Arbour, 367-2141, or by e-mail at kristine@granite.mb.ca

Winnipeg River Echo
Deadline for submissions
Ads, Pictures, Classifieds
Friday's 3:00 p.m.

Winnipeg River RCMP Report

This report covers the period from May 26 to May 29, 2003

May 26
A vehicle was vandalized up at Gem Lake sometime during the past 2 weeks. Steering column was tampered with and several wires cut. A park pass

and an electric brake control were taken.

Police were advised and a complaint taken of some damages to a local school in the area. The mischief appears to

be an ongoing problem for school authorities. Police are monitoring the situation closely.

Expensive camera equipment was stolen from a location in Grand Beach. Police continue to investigate the incident. A further update will be provided next week.

Police were advised of and recovered several golf bags in Powerview along the Winnipeg River.

An incident is still being investigated involving a male being in violation of his court order in Powerview.

May 27

An intoxicated male youth was lodged in cells after causing a disturbance at a residence in Seymourville. The youth was released in the morning when sober and ticketed for consuming liquor under age.

A spousal assault occurred in Hollow Water. A male was arrested and charged accordingly. Alcohol was involved in the incident.

A vehicle was recovered at Patricia Beach. Further checks indicated that it was stolen from Selkirk. Selkirk RCMP were advised and the

vehicle towed.

May 28

Police were asked to inquire about a possible stolen vehicle which turned up in a parking lot at Grand Marais. The Owner showed up later and picked up the vehicle. No further action was required.

A male was lodged in cells for his own safety. The male was extremely intoxicated on the roadway in Hollow Water where he was picked up and later released when sober.

Police received a call of a truck fire that burnt an older model GMC sometime in the early morning hours near Manigotagan. Investigation continues.

A complaint of theft of tools was received from Fort Alexander. Investigation continues.

Police responded to a report of a vehicle theft in Powerview. The suspect in the incident later turned himself into police and advised of the location of the vehicle. The vehicle was recovered without extensive damages.

A complaint of a disturbance at a Fort Alexander Residence had police warn one



individual. The male returned to his home. Alcohol was involved.

May 29

An altercation between students at a local school was dealt with by School Authorities. The incident was noted by police for information should events escalate again.

Police were called to a spousal assault at a residence in Fort Alexander. Investigation continues.

Grand Beach Provincial Park was the scene of several youth with open liquor and drinking under age. The group voluntarily dumped their beverages and returned home to their cottages after being given a verbal warning.

Police lodged a male youth for causing a disturbance at a residence in Fort Alexander. The youth was released to a parent in the morning. Alcohol was involved in the incident.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208

PACE 7-1375: meets first Tuesday of the month. Chicken Chef. Powerview meeting room

Pre-natal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Tuesday 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tues. 1:00 to 4:00 p.m., Thurs. 4:00 to 8:00 p.m., Fri. 6:00 to 8:00 p.m. Sat. 11:00 a.m. to 3:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m. - whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliaries: meetings first Tuesday of every month 1:30 p.m. Cottage Country Business Assoc. meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup: every Wednesday, recyclable pickup first and third Thursday of each month

PA: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets second Tuesday of each month **Winnipeg River Senior Service Inc.** Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday, services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches family group: Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Rd. 756-8018 or 756-2101

Happy Tots Day Care: 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare

AA & Al-Anon - The Beaches family group: Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Rd. 756-8018 or 756-2101

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Winnipeg River Church Services

NOTRE DAME D'ULAU: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon

PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bonita E. Garrett, Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 8 at 11:00 a.m., everyone welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347. Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Lau

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH: Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays

TRINITY EVANGELICAL LUTHERAN CHURCH: Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP: Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL: 2:30 p.m. every Sunday, Scantterbury, on Hwy #59

ST. MARGUERITE R.C. MISSION: Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH: located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA, R.C. MISSION: 88 Glenville Avenue, Grand Marais, Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH: Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.



Your voice in Ottawa

Vic Toews, MP for Provencher

Sex Offender Registry Needed To Alert Public

Ottawa - The failure of the federal government to act quickly to implement an effective national sex offender registry continues to place Canadian children at risk, says Canadian Alliance Justice Critic Vic Toews.

The Manitoba Member of Parliament for Provencher said today that recent reports about a convicted sex offender in Winnipeg luring three young children into his home and sexually assaulting them again illustrates the pressing need or a national program that alerts parents about sexual offenders living in their neighbourhood.

"It is bad enough that dangerous offenders are being released into communities where they continue to prey upon children," Toews said. "But it is inexcusable that the federal government continues to restrict the ability of police to warn the community that these child molesters are living anonymously in the community.

The privacy rights of predators should not overrule the right of parents to know." Toews noted that the proposed registry being introduced in Parliament by the Liberals after years of delay will not address the problem.

"The proposed Liberal reg-

istry fails to automatically include those who have been convicted of sexual offences in the past and denies the public access to information concerning those who are eventually placed on the registry. What good is a sex offender registry if the public doesn't know who is on it?" concluded Toews.

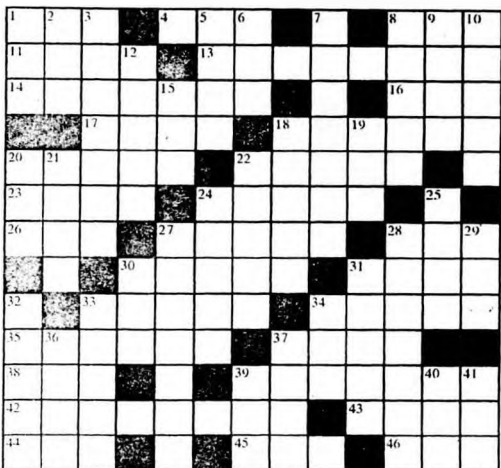
For more information, please contact:

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WEEKLY CROSSWORD



ACROSS

- 1. Furrow
- 4. Head covering
- 8. Malt beverage
- 11. Old
- 13. State of USA
- 14. Immature fruit of a

- cucumber
- 16. Statue
- 17. Female servant
- 18. Simpler
- 20. Tendency
- 22. Pertaining to cats
- 23. Wife of one's uncle
- 24. Combat

- 26. Implore
- 27. Confused hand-to-hand fight
- 28. Chart
- 30. Mother
- 31. Distribute cards
- 33. Rational
- 34. Pet term for dog
- 35. Barbary sheep
- 37. Hindu music
- 38. Sink or bend downwards
- 39. Illness
- 42. Wool-clippers
- 43. Extent of space
- 44. Belonging to us
- 45. Brown-capped bolete mushroom
- 46. Bristle of barley

DOWN

- 1. Worthless piece of cloth
- 2. Exclamation of disgust
- 3. Abounding
- 5. Among
- 6. Slender metal fastener
- 7. Put into a sheath
- 8. Once more
- 9. Ornamental fabric

- 10. Entrance
- 12. Delineation
- 15. Equipment
- 18. Enthusiastic
- 19. Become firm
- 20. Tap gently
- 21. Regretted
- 22. Greased
- 24. Stinking
- 25. Dutch name of The Hague
- 27. Ghastly
- 28. One of the Furies
- 29. Wield
- 30. Mire
- 31. Prescribed doctrine
- 32. Rope with running noose
- 33. Automatic pistol
- 34. Automatic pistol
- 36. Island of Hawaii
- 37. Ascend
- 39. Curve
- 40. Of recent origin
- 41. Convert into leather

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

PRZBK MRZ TNK KTBAZE BRZOQKJ
BRZQZJK LK BRZOWKJ YZKNK ZIPK
D

Last Week's Solution

TAKEN OUT OF CONTEXT I MUST SEEM SO STRANGE

WEEKLY ECHO HOROSCOPE

for the week of June 2 to June 8



ARIES (Mar. 21- April 20)

Travel opportunities should be your first choice. Don't try to twist things around so that they sound more enticing. Your ability to add a sophisticated touch will help you capture the look you're after.



TAURUS (Apr. 21- may 21)

You are best to concentrate on your professional endeavors. Someone may be trying to take advantage of you. Concentrate on work and on making money. Make amends if you can.



GEMINI (May 22-June 21)

Put your money into a safe place that will ensure a profit if you let it sit long enough. Pay attention to small but important details. You will be tempted to shop till you drop. Property investments will pay-off.



CANCER (June 22-July 22)

Organize your day to avoid any setbacks that might ignite temper flare-ups. Keep tabs on your spending. Be prepared for an active but rewarding day. If you have treated them equitably, you might be able to count on their loyalty.



LEO (July 23-Aug 22)

Be diplomatic but stem. Most partner problems are a result of both people not living up to their promises. Be careful not to overexert yourself. Try not to lose your cool, and make your point known.



VIRGO (Aug. 23 - Sept. 23)

Sign up for seminars that will expand your business awareness. Plan to get out and do a bit of travel. Travel should be on your agenda. You could find yourself left with someone's dirty laundry.



LIBRA (Sept. 24 -Oct. 23)

Consider the source before you believe what you hear. Just be yourself. Family outings that aren't expensive will be enjoyable and help strengthen ties. Invite people home to discuss your plans for group fundraising events and outings.



SCORPIO (Oct. 24 - Nov. 22)

Be honest with yourself before getting involved with someone who is likely to lead you on. Try not to say the wrong thing at the wrong time. Someone you care about may not be too pleased with you. Deception is likely.



SAGITTARIUS (Nov. 23 -Dec. 21)

Set the ball in motion and be relentless until you complete the project. You're in the mood to spend time with your lover. Listen to the complaints of others. You will be able to work with fine detail this week.



CAPRICORN (Dec 22.- Jan. 20)

Resist the temptation to gamble. Risks will not be profitable. Your ability to do detailed work will dazzle those who are less creative. Concentrate on work and on making money. You need time to put your house in order and sort out what you are going to do about your personal direction.



AQUARIUS (Jan. 21 -Feb 19)

Do something constructive outside. Think twice before you say something you might regret later. Get back to basics and reevaluate what is important in life. Don't overspend on luxury items.



PISCES (Feb. 20-Mar. 20)

You can continue to forge ahead if you make a few long distance calls pertinent to closing pending deals. Your ideas are right on the mark and your work commendable. Use your energy wisely. Be careful not to let friends or peers make you look bad.

Echo Classifieds

For Sale

House for sale Powerview area. Lot size 83X103. Very quiet area. Three bedroom bungalow, Main floor 1056 sq. ft., solid Oak kitchen, built in dish washer, built in over, Island with counter top elements, Sunken dining room, bath room with tub, large back entrance with closet. Full basement, large family room, wet bar, utility room, bathroom with shower. Large deck on back 24X16 with a 8X10 landing. Two driveways and an attached garage. For more information, please call Rheel at 367-8439

For Sale

1997 Mercury Sable, air/tilt/cruise, power windows, power door locks, AM/FM cassette. Call for more information: 367-2766.

House for Sale - by owner. 1248 sq. ft. bungalow. 1248 sq. ft. finished basement, 5BR, 3 baths, F/A electric furnace, HRV, Central Air, new carpet & Lino., Polar Windows, 26x26 double garage, 8x16 shed, beautifully treed yard, close to school, immaculate condition, F, S, D/W, Blinds included, 28 Louise Street, Powerview, call 204-367-8045.

Thank You

The Fountain family would like to extend their utmost thanks to everyone who offered their support during our times of grief and loss.

We want the entire community to know we greatly appreciate everyone who said prayers and sent flowers, cards and food. The family would like to send a special thank you to Dr. Oelofse, the nurses and the health care aides who helped make Sharon's final days as comfortable as possible. Also, thanks to Liz and Pic Boiteau for all of the help and kindness. Sharon appreciated all of the visitors who came to her bedside to show their love and support.

Thank you to everyone who helped our family through this very difficult time. The Fountain Family

Wedding Anniversary

60TH WEDDING ANNIVERSARY



Emmanuel & Georgianna Bouvier
1943 - June 9th - 2003

Congratulations!
Mom and Dad on your 60th Wedding Anniversary
with lots of love your,
Children, Grand Children, and Great Grand Children

For Rent

Two bedroom house for rent. Located in the Pine Falls area, on the rock. Call Norm at 367-8232 pager # 933-3451

For Sale

Cottage for Sale- Smokey Lake, newer three bedroom 768 sq. ft. cottage in Nopiming area. There are only 5 cottages on lake. Deck, Shed, Fly-in or ATV(3 miles). \$60,000 or OBO. Please call 832-9784.

Stolen

Stolen from wooded area on Bear River.



Cedar Strip Canoe. Hand crafted wedding gift, woven seat, hand carved yoke. Niedermayer Paintings on both front sides, front left inside wood burnt names Andrea & Dan April 24, 1999. Reward \$500 Any information, please call 367-2911.

For Sale

Gravel Trailer- 26 foot Belly Dump Gravel Trailer. "old but good" \$4,500.00 or OBO phone 345-0002.

For Sale

House for Sale-Beautiful Winnipeg River waterfront property for sale by owner. 175 feet of river frontage on one acre lot 2 km from the town of Lac du Bonnet. Parklike grounds with mature trees, shrubbery, flower gardens and private bay for beach or float plane. 1170 square foot bungalow with 3 bedrooms, 2 baths, finished basement and newer triple pane windows. Detached insulated garage, garden shed and greenhouse. Taxes for 2002 \$1,175.00. Price \$179,000. Phone 345-9677

Flora Albina Dube
1909 - 2003

Peacefully on Sunday, May 18, 2003 Flora passed away with her family by her side. She was predeceased by her son Henri; her husband Oscar; her brothers, Domina, Donat, Zenophile; nad her sistes, Rose-Anna, Therese, Fleurdinanda and Simone. She will be sadly missed and never forgotten by her children, grandchildren, and great grandchildren.

The Dube Family

Employment

Employment Opportunity-The Lac du Bonnet Legion Branch #164 is now accepting applications for evening and weekends shifts. Call 345-6522 or drop resumes off at Branch.

Miscellaneous

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

Safety Courses

Federal regulations require a boat operator to have a Pleasure Craft Operator Card. Do you have yours? The next Safe Boating Course will be Thursday, June 12, 2003 from 6:00 p.m. until 10 p.m. at Powerview School. To register call Tracy at 367-2296. Cost: \$65.00 per person. Boaters wanting to challenge the exam only, phone 756-4262 to arrange.

Prayer Corner

May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever. -Amen Say six times a day for nine days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.

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OBITUARIES FREE OF CHARGE
(Within a set size, call for details)

Advertising Deadline:
Friday at 3:00 p.m.

8th Annual Tembec Employee Golf Tournament

by V. Anderson

This past Saturday, the Tembec Paper Group employees held their 8th Annual Texas Scramble Golf Tournament. The top three teams were: First place winners with a score of 8 under par 62 Kelly Kembal, Tim Sequin, Joel Johnson, and Jody Johnson. Second place winner's with a low score of 6 under par 64 Jeff Dugard, Gary Mysak, Don Powell, and Steve Gogo. Third place winner's were, with a score of 5 under par 65 Kelly Sharpe, Tyler Danielson, Alain Earle, Mike Nyzci, and Dave Stertzler.

Golfer's got to enjoy beautiful weather, as they competed for top honours at this years tournament. The ladies team deserves honourable mention with a most honest score of 107.

After all was said and done player's got to feast on a wonderful roast beef dinner with all the trimmings, served by the staff at the Pine Falls Golf. A big thank you goes out to the staff at the club for great hospitality and good course conditions.



1st place winner's Kelly Kembal, Tim Sequin, Jody Johnson, Missing Joel Johnson



2nd place winner's Jeff Dugard, Don Powell, and Gary Mysak, Missing Steve Gogo



3rd place winner's Kelly Sharpe, Mike Nyzci, Dave Stertzler, Tyler Danielson, Missing Alain Earle

Pineview Mixed Slo-pitch League

After losing both games in a week one, Out of the Blue beat the Misfits last Monday and the Mustangs on Wednesday. The Die Hards beat the Mustangs, then lost out to the Fire in a slug fest at Rupert Park last

Wednesday.

The Fire also beat Simply Sagkeeng on Tuesday, and the Mustangs playing in their 3rd game of the week got a win over teh Misfits last Thursday at the Industrial Diamond.

Teams	Games	Wins	Losses	Pts
Fire	5	4	1	8
Mustangs	5	3	2	6
Die Hards	4	2	2	4
Out of the Blue	4	2	2	4
Misfits	4	1	3	2
Simply Sagkeeng	4	1	3	2

The first league game will be played in Little Black River at 7:00 p.m. Tuesday as Simply Sagkeeng travels to take on Out of the Blue.

Tuesday June 3

7:00p.m. - Fire vs Mustangs - Rupert

Wednesday June 4

7:00p.m. - Die Hards vs Misfits - Rupert

Thursday June 5

7:00p.m. - Fire vs Simply Sagkeeng - Rupert

7:00p.m. - Mustangs vs Out of the Blue - Industrial

Monday June 9

7:00 p.m. - Die Hards vs Mustangs - Rupert

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SILVER HAVEN MEAL PROGRAM
Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling Silver Haven at 367-4620
Wednesday, June 5
Soup, cold cuts, potato salad, vegetable sticks, and banna cream pie for dessert.
Friday, June 7
Soup, liver and onions, mashed potatoes, celery and carrots, and tapioca pudding for dessert
Monday, June 9
Salad, Swiss steak, mashed potatoes, corn, and pudding for dessert

Blue Water Physiotherapy

Box 418
Pine Falls, MB R0E 1M0
Phone: 367-2537

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Phone 345-8681

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Sunday 8:00 a.m. to 12:00 midnight

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from 10:00 a.m. to 11:30 p.m.

367-8803

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Closed for lunch hour 12:30 - 1:30pm

Examinations done on Thursday

TRY YOUR DRUGSTORE first

PINE PHARMACY

Open Monday to Saturday
9:30 a.m. to 5:30 p.m.

367-2611

DISPENSARY
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BIRCHWOOD MOTOR HOTEL

- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed

Traverse Bay
756-2596

OPEN YEAR ROUND

Powerview Dental Centre

Hwy 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.

Dr. Mark Karpa & Associates

General & Cosmetic Dentistry.
Periodontal maintenance therapy available daily!

Emergency Care
New Patients Welcome

367-2815

For All Your Grocery & Clothing Needs

PINE FALLS
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Willbros

LIBERTY TAX SERVICE

Sandi Duval
Family Tax Advisor
367-4244

NEW LOCATION
2 McDougall Ave.
St. Georges, MB

OPEN:
Monday to Friday
9am to 5pm

Dr. Alan Grant DENTIST

Pine Falls Dental Clinic
36 Maple Street
(across from the hospital)
367-4417
Tuesday & Thurs 11am-7pm
Friday, 9:30am - 2:30pm
Mon. & Wed. Closed

Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
367-2208
Monday & Wednesday
9:30am - 4:30pm
Tues, Thurs & Fri - Closed

DENIS LABOSSIERE
LAWYER

Every Second Tuesday
at St. Georges Community Centre

CALL 925-1900
for appointment

Clark's Corner

DOMO Service Station

Convenience Store
Restaurant
Chester Fried Chicken

367-2238

Located at corner of Highways 11 and 304

Papertown Motor Inn
367-2261

Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub

Home of **NITE** Night Club

TWINSTERS WATER PARK

1 Mile East of Pine Falls, Hwy. 304 & 11

Broadlands Mall

Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm

Restaurant
Daily Specials
Open 6 am - 10 pm

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Wood Stone Baked
Thick Crust or The Classic Coachroom Crust

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CHARTERED ACCOUNTANT

Full Time office at Powerview Agencies, Highway 11
Ph. 367-9193, Fax 367-8616

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Wednesdays and by appointment, Ph. 345-9771

Personal Income Tax Planning and Preparation
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Financial Statements, Audits, Tax Planning and Compliance

Pine Falls Physiotherapy

- Acupuncture
- Back/neck pain
- Rehabilitation for Seniors
- Orthotics
- Sports, MVA and work injuries
- Home visits

Bill Wade
Phone: 204-367-4811
Fax: 204-367-2962
Pine Falls Health Complex, 37 Maple Street
Box 932, Pine Falls, MB R0E 1M0

PHYSIOTHERAPY

Doctor's referral not required
Direct billing to Blue Cross, DVA, MPIC, WCB