

The Winnipeg River Echo

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April 29, 2003

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Aircraft crashes near Lac du Bonnet

Pilot lucky to be alive, say the RCMP

by Jim Hampshire

A Winnipeg pilot is recovering in hospital with multiple fractures after his ultralight aircraft crashed near the Lac du Bonnet airport last week. The crash occurred on Friday afternoon when a home-built Challenger aircraft hit a hydro-feed wire and flipped onto the southbound lane of Hwy. 11, just north of town.

Lac du Bonnet RCMP report that it appears the pilot, 54-year-old Geoff Taylor, had just taken off from the Lac du Bonnet airport and was positioning himself for an emergency landing on Hwy. 11 when he ran into a hydro feeder-line which crosses the road. Staff Sergeant Mel Mitchell of the Lac du Bonnet detachment says that someone in the vicinity of the crash site had reported that the ultralight aircraft was having difficulty prior to the accident, which might have caused an attempted forced landing.

"An individual near the scene did indicate that the aircraft might have experienced an engine problem but we can't confirm the report at this time," Mitchell said on Monday. "We haven't spoken to the pilot as of yet but I'm sure he will be able to shed some light on this matter. In any case he

is a very lucky individual."

The accident caused the closure of Hwy. 11 from approximately 3:00pm to 4:30pm Friday afternoon, while emergency crews removed Taylor from the wreckage and cleaned up the crash

site. The pilot was then transported to Pinawa Hospital before being moved to the Health Sciences Centre in Winnipeg.

It was reported over the weekend that it was the first flight of the season for the ultralight aircraft, which was

stored at the Lac du Bonnet Airport. Taylor, who is an experienced pilot with over 1,000 hours of flying time, was in Lac du Bonnet visiting an unidentified friend when the mishap occurred. Relatives reported that Taylor has been

flying since the age of 16, and also has experience flying helicopters and gliders.

The family expressed their gratitude to the Lac du Bonnet emergency medical team and the staff at the Pinawa Hospital.

Government responds to fatal accidents on Highway 304



Provincial Government reduced speed limit on S-Curve on highway #304.

by Charles Norman

The provincial government has reduced the speed limit on part of Highway 304 South of PTH 11 presumably in response to a series of fatal accidents over the last few years and a petition calling for improvements to the road being presented by Lac du Bonnet MLA Gerald Hawranik to the

minister of highways Scott Smith in the legislature tomorrow.

The petition has been signed by more than 2,000 resident from the Pine Falls/Powerview area and is a response to the frequent deaths on a particularly treacherous 14 km stretch of Highway 304 south of Highway 11.

The Echo understands that

the highways department is preparing a functional design for changes to the highway that will be made available for public input in early summer. After public consultation a detailed design will be undertaken. The next step - the construction - will depend on when the provincial government decides to make the necessary funds available to build

the road.

Fatalities on that stretch of road have averaged almost one a year for the past eight years. In one of those years three people died. Last year, in a period of about six weeks, a total of twelve vehicles were pulled out of ditches alongside a series of ice-covered curves. In one of these accidents a young woman was killed.

Fightfest lives up to hype

More than 400 people were in attendance at the first annual Pine Falls Fightfest. Not a single person left without being thoroughly entertained.

The first bout of the evening was between Laura Wiebe of Fighting Fit and Erica Head of Pine Falls Muay Thai. The fight was considered an exhibition due to the big difference in weight. Erica weighed in at 105 lbs, which is 20 lbs lighter than her opponent. Early on it was evident that both girls wanted the win. Laura's size advantage was clear in the early going, as she knocked Erica off her feet twice in the first round with front kicks. In the next two rounds Erica use distance and circle her opponent and come in when she saw an opening. Both girls landed good combinations, displaying great skills. Erica would continue to stick and move while Laura looked to catch Erica when she was coming in. A good first fight for both of the 17 year old girls.

The second bout of the evening featured over 500 lbs in the ring. Superheavyweights Rob Oates of Fighting Fit and Curtis Bell of Pine Falls Muay Thai squared off in an exciting match. Both of these big guys landed some solid punches and kicks during the first two rounds with a slight edge going to Bell. By the third round both men were exhausted, but both man-

aged to finish the fight on their feet. It was another great fight for a couple of first timers.

The third bout of the night was a mixed martial arts contest. Chris "The Golf Pro" Kading of Brandon would dominate Chris Delorme of International Martial Arts in Winnipeg. Kading would be more effective when the two traded punches, as he dropped Delorme with a punch in the second round. Kading also did well avoiding takedowns, but when he was taken down he still dominated. The fight went the distance which meant it was called a draw there were no MMA Officials to judge the match. But to all in attendance Kading was clearly the winner.

The last bout of the undercard featured a green but game fighter, James Spiers of Portage la Prairie. He would face JC Simard of Pine Falls Muay Thai. The experience difference between the two was evident early on. To his credit, Spiers held in there and looked good for a first time competitor. Simard looked sharp and ready to go for his next match, which will take place May 10th in Selkirk.

The 1st semi-main event was a bad blood match between heavyweight professional boxers Marcello Arenvara and Richie Goosehead. The match lived up to its' hype, as the two

big men went toe-to-toe in the four round bout. Arenvara would drop Goosehead in the first round with a short right. But goosehead got up and returned some hard punches of his own. Both fighters would continue to trade heavy shots over the next three rounds. In the end Marcello Arenvara would be declared the winner via decision.

The second semi-main event was between local NHB professional Chris Fontaine and the one and only Mad Dog. This re-match would end quickly with a dramatic conclusion. Early on the Dog put out a lazy jab and Fontaine countered with a left hook sending Mad Dog to the canvas. Fontaine quickly pounced on Mad Dog with a flurry of punches before the referee could step in. Enraged by the referees slow stoppage, the dogs' entourage stormed the ring while Mad Dog lay unconscious. The referee was attacked, but managed to land a good punch of his own and fend off his attackers. When all the ring fighting stopped and the medical team could see that the Dog was conscious again all was forgiven.

In the main event dubbed "Battle of the Teachers" Larry "Razor" Sharpe took on Bill "The Teacher" Tibbs in a six round match. It was clear early on that both fighters showed up to fight. Sharpe seemed to



Larry "Razor" Sharpe improves record to 5 and 0 this past weekend at the Pine Falls Fight Fest

dominate the first two rounds using good movement and hard punches to slow down Tibbs. Tibbs would continue coming forward throwing punches, always putting pressure on Sharpe. By the third round Sharpe was getting tired of moving and began to stand in-front of Tibbs more.

The two combatants had some good exchange of punches, as they fought Tibbs' game plan. It would be Sharpe who would catch Tibbs with a hard left hook sending him to the canvas right at the bell. Tibbs barely beat the ten count,

and staggered back to his corner. But the resilient Tibbs seemed to clear the cob webs between rounds. Tibbs would begin the fourth more defensive, and even taunting Sharpe to hit him. When it appeared Sharpe was tired Tibbs would unload a flurry of punches. During one of those flurries Sharpe would catch Tibbs again, knocking him down to the mat. Tibbs would get up quickly, but by this time the referee had seen enough. Sharpe would earn a fourth round TKO in-front of his hometown enthusiastic crowd. Sharpe would now go on to a 5-0 record.

The tough Tibbs was a good test for Sharpe at this stage in his boxing career. Sharpe wanted to fight at home for his fans and those who haven't seen him fight. However, it will probably be his last appearance in Pine Falls as fighting and promoting don't mix well.

Thanks is extended to all who helped.

BINGO

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Legion Hall	48 numbers	Star - 2851.00
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BINGO

FOR UPDATES CALL 345-8619

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Great Falls Tuesday Nite

BINGO

Great Falls Hall 7:30pm

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The
Winnipeg
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Echo

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Wet weather for MS walkers

by Jim Hampshire

Bone-chilling temperatures and lashing rain didn't discourage the more than 100 participants who took part in the Walk for Multiple Sclerosis, held in Lac du Bonnet this past Sunday. And while organizers offered a more comfortable indoor walking option, all participants chose the outdoor elements, as opposed to making the alternative 10 kilometre trek around the inside of the local arena.

The participants were escorted through the mapped course by RCMP cruisers, starting at 1:00pm when weather conditions were more favorable than the morning hours. Organizer Paul Chapman did admit that the weather conditions might have hampered participation, but he says he is happy with the turnout just the same.

"It has been a miserable morning but you have to commend these people for coming out and braving the elements," Chapman said as he surveyed

See WET WEATHER/page 5



The damp weather didn't seem to phase this group of participants in the Walk for MS this past Sunday in Lac du Bonnet

Celebrate Graduation Safely!



Premier Gary Doer

I am very pleased to have this opportunity to extend congratulations to all Manitoba students who are poised to graduate from high school this year. Each and every one of you embodies the pride and promise of our next generation.

Celebrating this accomplishment with friends is often a memorable part of the graduation experience but it is vitally important to do so safely and responsibly. Planning ahead is imperative to ensuring all your memories are positive ones. It is a great tragedy to lose a young person to drinking and driving.

Students, I am asking for your help in making this year's graduation season the safest and most enjoyable yet by encouraging you to take part in SAFE GRAD.

What is SAFE GRAD? It is students, parents, and teachers getting together to plan responsible graduation celebrations. In this case, however, it is the students who take on many of the leadership roles as well as do the planning and scheduling of events.

I often have the honour of talking to parents and teachers about what the future holds and how we can make it even better for all Manitobans. We are all in agreement - the future begins with you. Please, be responsible.

Again, congratulations to the Class of 2003. Let us work together to make graduation safe.



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-  Brandon Police Service
-  Royal Canadian Mounted Police
- 
-  MAST
MANITOBA ASSOCIATION OF SCHOOL TRUSTEES
- 

For details on Safe Grad, please call Mr. Keith Thomas of the Manitoba Association of School Trustees (MAST) at (204) 233-1595.



You can't be serious Breakfast of Champions



by Jim Hampshire

"Flowers and cards, and let it be said, mothers deserve to have breakfast in bed!"

Mother's Day is, traditionally, the only day of the year where children go overboard to please mom. Sure, kids are on the best behavior on the days leading up to Christmas, but generally, children like to make an extra effort on Mother's Day. Of course these efforts aren't without a little mayhem but as every mother knows: it's the thought that counts!

The typical Mother's Day celebrations start out the same way each year. Kids wake up and are intent on making breakfast. Kids make mess instead. Kids put mess on a plate and surprise mom. Kids sit and watch as mom eats mess. It's a tradition, really, and in today's column we're going to visit a couple of typical youngsters as they work feverishly to impress their typical mother.

(This is the part of the story where wavy lines appear and the page becomes blurry, which indicates that you're traveling into the future so you can witness Mother's Day at any random household).

This special day usually begins in the kitchen, where you'd find a toddler or two working out the kinks in the breakfast menu. Of course they have very little to work with because they're not allowed to do things like operate the coffee maker, or turn on the stove elements, or pour milk from a heavy milk jug, so you might say their brunch special is limited to the food items within reach. Yet, undaunted, these toddlers toil away, making sure mom enjoys a nutritious breakfast on her big day. Let's listen in and see how these kids are doing!

First toddler: "Mom says sour cream is good for you!"

Second toddler: "No, mommy says Bran Flakes is good for you."

First toddler: "No, mommy

says she like sour cream."

Second toddler: "Mommy likes both!"

First toddler: "I have an idea!"

Before you know it the big moment has arrived and these little tykes can't wait to serve mom breakfast in bed, yum yum! And look at mommy's surprise as she rubs the sleep from her eyes. "How lovely," she shrieks, beaming with delight! "I love goo for break-

fast!"

After a few mandatory scoops she turns to her husband. "Here honey," she says. "Try some!"

"I'd love to, but Rover looks hungry, too! Here boy!"

Now this is the part of the story where wavy lines appear and the page becomes blurry for the second time, indicating that you fell asleep while reading this column. If by chance you didn't doze off, it might also mean that the skit is over and you're back in reality.

The moral of this story is: You can never screw up on Mother's Day, just as long as

your efforts are there to please mommy. You can destroy the kitchen in an effort to make brunch, or you can pick a lovely bouquet of Poison Ivy and it doesn't matter! She'll probably eat both because this is the only day of the year she has a hope of receiving breakfast in bed, and that's what it's really all about. Trust me. Final report cards are coming up and this is the last time you get to win favors!

"Happy Mother's Day, mom! She is the reason I write articles on a weekly basis, although she's not among us to read them."

Unification Group

The unification Group met April 17th Dianne Flood, Assistant Deputy Minister, Manitoba Intergovernmental Affairs to discuss in detail the regulatory and timing requirements for a municipal merger.

Ms. Flood outlined the three key merger timing/process steps as follows:

1. The time it takes for the three parties to this merger (Powerview, Pine Falls and Tembec) to agree on merger terms;

2. The time it takes for the Municipal Board to review the agreed upon merger terms, conduct public hearing and provide an order;

3. The time it takes for the Government of Manitoba, through Cabinet, to issue a regulation formally confirming the new merged municipality.

The Unification Group discussed a number of issue re-

lated to these three steps- in particular the ability of the parties to agree on some "transition arrangements" to practically move toward a merged community while the Municipal Board and Government work through their respective steps (#2 and #3).

The other key agenda item was preparing for the "Community Open House" scheduled for April 28th from 2:00 - 5:00 p.m. and 6:00 - 9:00 p.m. at the Pine Falls School. Open to residents to Powerview, Pine Falls and surrounding areas.

Question and Answer Who is representing Pine Falls citizens at the merger

meetings since the Advisory Council is no more?

An election in Pine Falls was held in December 2002 for a "Pine Falls Merger Committee. The mandate of the Merger Committee is to represent the interest of the ratepayer of Pine Falls in the merger talks with the Village of Powerview and Tembec.


The members of the Pine Falls Merger Committee are Bill Borlase, Warren Kane, Sean Kemball, Darrel Parisian, Paul Pelland, and Jack Shwaluk.

The Winnipeg River **Echo**

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Wet Weather for MS Walkers

from page 3

the crowd inside the Lac du Bonnet Arena prior to the walk.

And although money numbers weren't available as of press time, Chapman is confident the pledges will reflect last year's total of 23 thousand dollars.

"It should be close, whether we can do better than last year," he noted. "But then again, last year was a phenomenal year in terms of fundraising."

The Lac du Bonnet MS Walk has the dubious distinction as being one

of the largest MS walks in the province, with Chapman raising a good portion of the funds, personally. Last year he raised \$7,300 in pledges for the charity, which puts him second overall in terms of personal fundraising for the MS Society province-wide.

"This cause is very worthwhile for me as I did lose a good friend to the disease," he offered. "Even now we see the disease inflicting people locally and a good percentage of the money raised here today will go to care and support for

these people."

Chapman reports that 80 percent of the money raised goes directly to care and research, while the remaining 20 percent will go to administration costs, which is a remarkably low ratio when compared to other charities.

"The MS Society relies heavily on volunteers and that way more money can go to patient comfort and research to help find a cure," Chapman explained.

Watch in next week's Echo for the latest numbers from the Lac du Bonnet Walk.



The Lac du Bonnet Leos (Junior Lions Club) took part in the MS Walk this past weekend



Although the costumes might not be rainproof, this group of clowns showed remarkable spirit as they added a few laughs at the MS walk



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CUTTING TAXES

Sustainable income and property tax reductions four years in a row

- A new 6% middle income tax rate cut
- Education Support Levy cut by 2% over the last two years
- New tax savings for growing firms
- Maximum Education Property Tax Credit for seniors rises from \$775 to \$800
- Eligibility for the small business tax rises to \$360,000
- The average Manitoban will see a 14% cut in provincial income tax by 2004

NEW OPPORTUNITIES FOR YOUNG MANITOBANS

More opportunities for students to study and stay in Manitoba

- College and university enrollment up 22.5% since 1999
- A new 10% tax credit to encourage employers to create work placements for co-op education students
- Tuition fees remain 10% lower than 1999
- Public schools funding up \$23.8 million this year

CONTINUING TO IMPROVE HEALTH CARE

\$3 billion toward a stronger public health care system

- 1,300 more nursing students today than in 1999
- Over \$47 million for new medical equipment to reduce waiting times for tests
- More funding for West Nile Virus program
- Major hospital expansions and equipment purchases for communities like Thompson, Neepawa, Beausejour, Gimli, Island Lake and Swan River
- Largest health capital project in Manitoba history at Health Sciences Centre and major \$58 million Brandon Regional Health Centre project

STRENGTHENING FAMILIES

Families remain a top priority

- Child care funding up \$6 million this year and up 41.5% since 1999
- Support for children with disabilities increases by \$2 million
- \$115 million provided for early childhood development
- Full National Child Benefit to be restored to all eligible families

6%
MIDDLE INCOME
TAX RATE
CUT

STRONG ECONOMIC AND FISCAL MANAGEMENT

Economic plan remains on track – balanced budget and investments in a smart economy

- Positive balance of \$10 million
- Higher credit rating than 1999 – Moody's Investors Service recently upgraded the province to Aa2 rating
- \$96 million committed to debt reduction and pension liabilities for fourth year in a row
- Research and innovation grants increased to over \$12 million for biotechnology, food processing and information technology
- Year two of five-year \$600 million highways strategy to further modernize our transportation system



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Banquet wraps up bowling season

by Jim Hampshire

A sellout crowd was on hand at the community hall as the Lac du Bonnet bowling league handed out the hardware at the annual awards banquet on Saturday evening. The event, emceed by Arlene Boivin, honoured both individual and team excellence over the past season. And like other past seasons, the familiar 'Southern Comfort' team of Lee Valentonis, Kevin Clarke, Kevin Nally, Bob Becker and Art Meade walked away with the lion's share of the prizes, including the Barry Nixdorf Memorial Award as Grand Aggredgate champs.

The Southern Comfort team also picked up the 'A-Side' winner award as top team in the season-ending roll-off competition as they defeated the 'Alley Cats' in play-off action.

On the B-Side event, the French Connection rolled past the Pin Wizards to win the category, while the Cheekies picked up the Assenders award as the team most likely to improve.

In other award categories, Men's High Triple

and Men's High Average went to Carl Nilsson, while the Men's High Single - with and without handicap - went to Art Meade.

On the ladies side, Carol Griffin spent most of the evening walking to the podium as she picked up five awards, including Ladies High Single and Triple, as well as high average.

The Most Improved Bowler Award went to Carl Nilsson, which astounded the audience as he continually receives high score awards each season. In a rare seen display of modesty, Nilsson later returned his prize to the podium and asked that it be raffled during the evening.

The award for most improved female bowler went to Michelle Ritchot, while the newly named Myma Skoglund Memorial Award was presented to Rose Fifi for Ladies High Single With Handicap.

Bowling league chairman, John Van Gerwen, told the gathering of league members that they can expect changes next year, likely starting with the play-off format. During his audience address,



Southern Comfort were the big winners at the Lac du Bonnet Bowling awards banquet this past weekend

he urged all members to attend the annual general meeting this year and voice opinions on a possible new format.

"We need everyone's input and everyone's vote to help settle these minor disputes," he told the crowd. "There will be one vote and that vote will stand throughout next season."

Van Gerwen also thanked Past President, Bill Russell, for guiding

him through the sometime turbulent waters seen as chairman of the league. According to recent statistics, Van Gerwen says that league membership and participation is being main-

tained but notes that there is always room for improvement. He also added that he will be stepping down as chairman, to make room for new ideas and renewed enthusiasm, when vice-

chairman Lee Valentonis is expected to step up to the chair position. The bowling AGM will be held on August 20 at the community centre and the public is welcome to attend.



The league roll-off runner up team The Alley Cats say they gave it their best shot but couldn't overcome Southern Comfort in play-off action



The Grand Aggredgate runner up team of Cliff Franklin, Eva Lusser, Lorrie Franklin, Celine Bellin and Don Hendrickson (missing from photo) did well to place second this past season

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The Happy Tots Place

by Kathie Duff

Finally Spring is here and warmer weather. Both the children and staff are happy to be enjoying the great outdoors.

I'd like to give you a summary and some highlights of the month of April and some of our plans for the month of May.

April 7-11 we talked about Birds (kinds, what they eat). The children made a bird nest from chow mein noodles, lettuce and grated carrots and got to taste their Science Project. The highlight was getting to taste the chocolate eggs that they put in their nests.

April 14-18 we made special crafts that the children's enjoyment. Both children and staff got to have a long Easter vacation as our center was closed both Good Friday and Easter Monday. I hope everyone had a nice Easter.

April 21-25, 2003 is the Week of the Early Childhood Educator. This week is a chance for Parents, board of directors and the public to give credit to those of us who have pursued careers in the field of caring for children. So if you know an Early Childhood Educator please give them some sort of praise for a job well done. They will greatly appreciate it.

Themes:
April 21-25- Nursery Rhymes

April 28-May 02 - Spring
May 05-09 - Mother's Day
May 12-16 - Community Workers

May 26-30 - Pets

On Monday May 19, 2003 we will hold our Annual General Meeting at The Happy Tots Place at 7:00 p.m. We will elect a new Board at this time and introduce all our staff members. Everyone is welcome. This may be a chance to come on by and see what Happy Tots Place is all about; refreshments and snacks will also be served.

I will leave you with a chuckle from some 1st Graders whose Teacher asked to finish some well known proverbs. I came across this in a magazine. I hope you enjoy this as much as I did.

Better to be safe than... punch a 5th grader.
Strike while the...bug is close

It's always darkest before... Daylight Savings Time.

Never underestimate the power of... termites.

You can lead a horse to water...but how?

Don't bite the hand that... looks dirty.

No news is...impossible.

A miss is as good as a...Mr.

You can't teach a old dog...Math.

If you lie down with dogs, you'll...stink in the morning.
Love all, trust...me.

The pen is mightier than the...pig

An idle mind is...the best

way to relax.

Where there's smoke there's...pollution.

Happy the bride who...gets all the presents.

A penny saved is...not much.

Two's... company, three's...the Musketeers.

Don't put off tomorrow what...you put on to go to bed.

Laugh and the whole world laughs with you, cry and

...you have to blow your nose.

None are so blind as...Stevie Wonder

Children should be seen and not...spanked or grounded.

If at first you don't succeed...get new batteries.

You get out of something what you...see pictured on the box.

When the blind leadeth the blind...get out of their way.

And the Favorite...
Better late than...Pregnant!

Library Corner Lac du Bonnet Regional Library

For the week of April 28

The taste of spring is probably whetting a few appetites for vacation time. So, when looking ahead to planning a summer vacation, it is a good idea to visit the library for information. We are presently receiving travel packages which provide current information about accommodations, camping, recreational and tourist attractions, from all of the provinces. See more of Canada this summer - or any time of the year, for that matter!

Wedding books and magazines are popular loans this spring. The newest "Wedding Bells" is available for loan, as well as the Spring 2003 Canadian Brides magazine. Other

"hot" topics also include renovations and decorating, gardening, making birdhouses or feeders.

Tickets are now on sale for our Spring Draw, the beautiful handcrafted items that have been donated for this draw are on display in the library. Thanks... to the Skoglunds for the wooden birdhouse, to Norma Hladki for the crocheted doily, to Doris Desautels for the painted garden rock, and to Joan Lesko for the pastel coloured Afghan. The draw will take place at our annual Volunteer Tea to be held on May 30th, so be sure to get your tickets as soon as possible.

Manitoba Book week has come and gone, but Manitoba authors provide a good read any

time of the year. Some of the authors to look for are Susan Bowden, Linda Hole, David Bergen, Sandra Birdsell, Deborah Froese, Ishbel Moore, Carol Shields, Margaret Sweatman, Jack MacDonald and many more. Did you pick up your bookmark entitling you to 15% off a book purchase at participating bookstores? It is valid from April 21 to May 4th.

There are so many good reasons to visit the library - check your e-mail, do your word processing, get some photocopies made, do your research, update your membership, check out the latest best-sellers, borrow a couple of videos, or bring your preschoolers for storytime, or just come for a quiet afternoon read.

give me solutions



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Manitoba Hydro has some suggestions.

Our energy experts will come to your door and provide you with a Home Energy Assessment.

We'll highlight priority areas and recommend home improvements that will work for you.

We can even help you with our Power Smart Residential Loan Program.

Our energy experts are happy to help you find solutions that will reduce your energy bills and keep your home comfortable year round.

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www.hydro.mb.ca



The Herbal Grove

Spring is the Time for Renewal

by Kristine A Phillips MNIMH

Spring is in the air, and the cycle of rebirth is well on its way. As the earth is in its renewal phase, it is a good time to look inwards and to assess our own personal health. Most of us gain a few additional pounds over the winter from indulging in comfort foods and by not maintaining a healthy level of physical activity. Now is the time to find a way to get back into healthy habits. A detox program is an excellent way to kick-start our bodies into our own renewal phase.

Detoxification programs vary widely for each individual, for one person it can be a strict diet with supportive and eliminatory herbs, for another it may be fasting, or it may be simply the elimination of harmful foods. The intensity of a detox program depends on the individual's health, lifestyle and determination. In any detox program the focus is on what we consume, on a daily basis most people eat foods that tax the liver (our processing organ for toxins). We eat foods laden with sugar and refined, ready to eat foods, we drink alcohol and caffeinated beverages, and we continuously take in toxins through our lungs. The simplest of

detox plans is to eliminate harmful foods and to focus on eating fresh or lightly steamed fruits and vegetables, and by minimizing heavier foods that require more work for the body to digest such as meats and dairy products. For more intense programs, herbs can be very helpful in flushing the body of accumulated toxins. Herbs such as Dandelion root and Burdock can help to cleanse the liver; psyllium and slippery elm can aid in bowel cleansing; dandelion leaf and cleavers have an affinity for the kidneys and can eliminate accumulated fluid; and red clover and nettles are both known for their blood cleansing properties. Juicing and fasting are also good ways to eliminate toxins, but require more effort and are very dependent on the individual's health for suitability. Regardless of the appropriate detox plan water is extremely important!!! At least 2 liters a day of bottled spring water will go a long way towards cleansing the body. The results of a two-week program can include weight loss both from flushing away excess retained fluid and by increasing metabolism of fats; increased vitality and energy as toxins

can become a physical burden and require the body's attention; an improved immune system by allowing the body to focus on invading micro-organisms and by increasing the good bacteria in the intestines;

and an increased awareness of our own health where we can feel the positive changes we are all able to make.

Herbal medicine has been used for thousands of years to support the body's systems, to help rid the body of unwanted illnesses and to maintain optimal health. Its philosophies are not about taking the right herbal pill to make it all go away, its about being healthy

by making healthy choices (eating your vegetables, exercising and enjoying your life), herbs are added to help with that process. "Whole Plant Remedies For Whole People"

For more information or questions about detox programs or any other health concerns Kristine is available on Wednesday afternoons at Through the Arbour or by e-mail at kristine@granite.mb.ca

Sentencing of Criminals



Report from Legislature

by Gerald Hawranik,
M.L.A. Lac du Bonnet Constituency

The proper Sentencing of Criminals is one of the most, if not the most important function of the Justice system. Appropriate sentences for criminal offences builds confidence in the Judiciary, confidence in prosecution and confidence in policing. Inappropriate sentencing undermines not only our confidence in Judges but also undermines our confidence in Crown Prosecutors and the police. A strong system of Justice brings public confidence in the system and a sense of protection.

The confidence in our Justice system took a serious blow when Jon Amadatsu, a previously convicted pedophile, who is caught downloading hundreds of images of child pornography, then stalks an 11

year old girl on the internet, sending her child pornography images and then is sentenced after our lenient Manitoba prosecutions branch only asked for a mere 18 to 24 months in jail during the sentencing hearing! When is Government and the Justice Minister going to take child pornography seriously, and instruct his Crown Prosecutors to request increased jail time for these types of offenders? Why do other serious crimes, such as armed robbery, usually net sentences of 5 to 10 years or more, but serious crimes which ruin lives of innocent little children, merit a sentence request of only 18 to 24 months? This is a sad excuse for a Justice system in this Province!

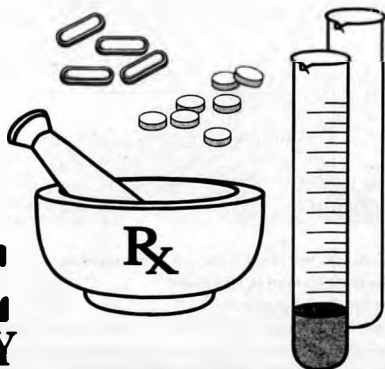
How many of you were outraged by the "slap on the wrist" received by Thomas Woroby at the beginning of April? I was certainly outraged! Thomas Woroby only received a \$3,500.00 fine for child pornography charges. He downloaded 258 pornographic pictures of children onto his computer. The \$3,500.00 fine worked out to less than \$14.00 per picture. Is this what we call justice? I hope not!

Sentencing must be a deterrent, and certainly the penalties given to Jon Amadatsu and to Thomas Woroby do not act as deterrents!

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at P.O. Box 430, Beausejour, MB, R0E 0C0, E-mail me at gerald@geraldhawranik.com or visit my website at www.geraldhawranik.com.

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18 Pine St., Pine Falls (204) 367-2141

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Self-Employment Program

- You are presently receiving employment insurance (E.I.) benefits
- You have received E.I. benefits in the last 36 months
- You have received maternity or parental benefits in the last 60 months

If you are unemployed, and if any of these situations apply to you and you have a viable business idea, please join us for an information session

Self-Employment Assistance Program

Call for more information!

345-8691

Delivered by Winnipeg River Brokenhead Community Futures Development Corporation

Funded entirely by Manitoba Education and Training



New Friends wins provincial award

Spirit in Manitoba



Premier Gary Doer (right) presented New Friends Mentorship representatives, Mabel Fedoryshyn and Barb Sabanski with the prestigious Premier's Volunteer Service Award

by Jim Hampshire

The New Friends Community Mentorship Group in Lac du Bonnet received a pleasant surprise this past week as they were presented with the prestigious Premier's Volunteer Service Award at an awards banquet held at Canadimms in Winnipeg this past weekend.

Barb Sabanski of New Friends Community

Membership Inc. was notified only days before the awards banquet that the mentorship group had won the provincial award. And when you consider that only three awards of this type are presented each year throughout the entire province, it speaks volumes for the work that New Friends have accomplished in a short time.

"We we're very thrilled to

receive this wonderful award," Sabanski said following the banquet. "Our success is shared by many who work for New Friends and also by the many mentors who help the youth in our area. These dedicated people work quietly behind the scenes and our program exists because of our members who donate time to help our young people."

Sabanski explained that the program isn't always funded from any given source on a yearly basis, and that means a lot of attention is placed on

finding new revenue to keep the mentorship program alive. As a result she is quick to share the success and the Premier's Award with all the volunteers and local support that helps hold the program together.

"We are always searching for new funding and new mentors for New Friends," she said this week. "It goes to show you that we have two communities with big hearts in both Pinawa and Lac du Bonnet."

Sabanski only received notice of the award presentation just days prior to the banquet, which made for a hectic week-end. The group was nominated by Edith Olson of New Directions School in Lac du Bonnet and Sabanski was accompanied by Olson and fellow colleague Mabel Fedoryshyn to the banquet for the presentation by Premier Gary Doer.

The New Friends Mentorship Program is the second-largest mentorship program in the province - second only to the Big Brothers and Big Sisters organizations. Sabanski noted that although they are well supported within the region, she says there is still a need for new mentors.

"Right now we have a waiting for young people needing mentors," she said. "We would like to hear from people who can donate a small amount of time each month, which can help make a huge difference for the youth in the area."

A mentor appreciation dinner is scheduled at the Pinawa Motor Inn on May 30, and in the meantime, if anyone is interested in volunteering some support or time each month, your asked to call New Friends at 345-2867 or 753-2406.



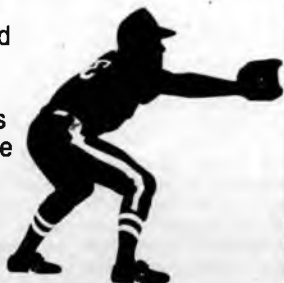
Mel Mitchell with Premier, Gary Doer

Pineview Mixed Slo-pitch MEETING & REGISTRATION

Monday, May 5
7pm Brickenwood Room
Papertown Motor Inn

All teams interested in playing this year please bring money to the meeting.
Everyone Welcome!

Entry \$400 per team
Please attend the meeting to discuss any concerns you may have in regards to this year's Slopitch League.



Grand Opening

May 3 to 10

RadioShack
AUTHORIZED DEALER 2387 DEALER

Chances to WIN a \$250 RadioShack Shopping Spree!

Grand Opening Specials

On Radio Shack Products, Flowers, Giftware and more!

The Yellow Door

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Lac du Bonnet, MB (204) 345-9114

MTS

Lac du Bonnet RCMP Report



Lac du Bonnet Police Report for the periods of 17th of April to the 24th of April 17

April 17
A request was received to check on a residence in the R.M. of Lac du Bonnet as concern was expressed over the possible well-being of the inhabitant of same. Police attended and found that all was in order.

April 18
A report was received of a 911 Hang-up call from a location on Tanco Crescent. Police attended and found that same was a hoax call.

A report was received of a group of youths throwing eggs and mud at the Lac du Bonnet

Senior School. The group appeared in a grey cargo van.

A report was received of a group of six youth running through yards in Lac du Bonnet.

April 19
A report was received of a cottage on David Drive in the R.M. of Alexander being vandalized, but nothing taken.

A report was received of a summer residence at Milner Ridge in the R.M. of Lac du Bonnet being broken into and vandalized. This took place since September of 2002.

A report was received of a golf cart being operated at an excessive speed in a parking lot in Pinawa. Investigation revealed that the operator had

permission to be there, an he was told to slow down.

A report was received of a cheque being received in the mail by a subject who was selling a truck on the Internet. This was found to be part of a "Nigerian Scam", and the cheque and particulars were forwarded to the Commercial Crime Section in Winnipeg. Anyone receiving an unexpected cheque in the mail, particularly from an unknown source, should exercise caution in dealing with same.

A report was received of a suspicious vehicle parked along PR 315 near the Ontario border. Investigation revealed that the owner of same was camping in the area.

A report was received of noise at the Bird River Bible Camp in the R.M. of Alexander. Felt that same could be subject breaking in. Police attended and found that all was secure and no-one around. Could possible have been a work crew at the site.

A report was received of a deer having been hit on PTH

44 in the Whiteshell Province. Park, some 20 km east of PR 307. Police attended and dispatched the injured deer.

April 20
A report was received of a youth partying and fighting at the Youth Centre in Pinawa. Police attended and no-one was around. Beer bottles were left behind.

A report was received of a shot or shots fired in the vicinity of Pointe du Bois. Police attended and found that a subject had built a replica of a Civil War Cannon, which he had fired off with powder only.

A report was received of an Intrusion Alarm at a business in the R.M. of Lac du Bonnet. Found to be a False Alarm.

April 21
A report was received of subjects gaining access to the Lac du Bonnet Senior School, and dropping a dead skunk into the school.

A report was received of a domestic disturbance and a possible threat at a residence in Pinawa. Police investigated and found that no threat had

taken place. Police efforts at mediation were not successful.

April 22
A report was received from subjects passing through the area who were along PTH 11 in the R.M. of Lac du Bonnet when the adult male became convinced that his spouse, whom he did not recognize, was stealing his vehicle. Police attended and escorted the subject to Pinawa Hospital, where he was sedated, and then taken home by his wife.

A report was received of an older GMC SUV speeding on Park in the Town of Lac du Bonnet. Police located the driver in question and warned him re: driving habits.

A report was received of the theft of a paddle boat in Pinawa, which took place over the last month and a half.

April 22
A report was received of an Intrusion Alarm at the Pinawa Club in Pinawa. Found secure when police attended.

See LAC DU BONNET/ page 15

Lac du Bonnet Community Billboard

Health Concerns? Call 268-3235 to book your seat!

Cooking for better health. Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.

PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed. and Fri. noon to 4:30 p.m., Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall, Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Monday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-A Teen Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL
Pastor Jake Doell, church 345-2934, home 345-9766
Sunday, 11:00 a.m. - morning worship; 6:30 p.m. - Upper Room

LUTHERAN CHURCH OF THE CROSS
Church office 345-8654
Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH
Father Richard Machars, 345-2908
Lac du Bonnet: 5:00 p.m. - Saturday mass: 11:00 a.m. Sunday mass
Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH
Rev. Brian Raustree 367-8615, church 345-2357
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club RM of Lac du Bonnet Council.

Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District, 345-8816/753-2639
Email: reccomm@granite.mb.ca

MYJC Office Opening

The 2003 Office Manager for the Manitoba Youth Job Centre Lac du Bonnet Region is Brent Stokes. Brent will be operating out of the New Directions building in Lac du Bonnet and will be ready to take job orders by Monday, May 5.

Soccer and TBall Registration

LdB Soccer will start on Thursday, May 1st. LdB Tball will start on Tuesday, May 6 and Pinawa Soccer will start on Monday, May 5. We still require coaches for the programs. Please contact the rec office at 345 8816 or 753 2639 if you are interested.

Soccer in LdB will run on Thursdays at 6:00pm at Centennial School fields and Tball will run on Tuesdays at Husky Park in Lac du Bonnet. In Pinawa, soccer will run Mondays at 6:00pm at the High School Fields. To register, please complete the registration form on our green flyer and send it in along with the registration fee to the Rec office. We would appreciate your cooperation in registering prior to the program starting as fees are

not collected on the fields.

Spring-A-Ling Things

Ok - if you haven't seen the green machine of recreation to do's this Spring...read on. One important piece of advice is to pre-register which not only includes giving your name and phone number but your registration fee as well. A lot of programs have a cap on the number of participants so do not delay and register now. Call the Rec office at 345 8816 or 753 2639, drop in to our office in the LdB Senior School or the Community Centre in Pinawa or mail in your form.

Big Fat Greek Cooking Class

The movie was great...the cooking class is even better with the Greek Market coming out to do this one evening session on Tuesday, May 6 from 6-9pm in the Home Ec Room in Pinawa Secondary School.

Youth Recreational Fishing League

Ok - so this one (if a little further down the line (fishing line, get it). Nonetheless - we still need to inform potential participants and potential volunteer coaches that the pro-

gram runs May 19 to June 23. Call the Rec office for details.

Agassiz Horticultural Society Calendar

Medicinal Plants and Traditional Healing. May 10: The Big Spring Plant and Bake Sale at 10:00am at the Pioneer Club in LdB. This year's special: Roses.

Junior Garden Club

Gardening is great recreation for the whole family. Agassiz Horticultural Society's Junior Garden Club offers a summer program of gardening activities for children ages 6 and up. Membership is free. Call Carol Clegg at 345 8419 or see Donna Wold at Centennial.

Kid-Netic Energy Camp Invent.

Explore. Discover. and have a blast at the best ever Science and Engineering Camp to be held in Pinawa June 30 to July 11. Hands on activities all day, every day. Open to kids having completed grades 4, 5 & 6 in June 2003. 50:50 girls:boys ratio. Staff are students of the University of Manitoba in Science and Engineering. Registration deadline is June 13. For a registration form contact the Rec office or see your local elementary school principal.

With your personal finances, what stock or fund to buy is the least of your worries

Part III or III

by Kurt Rosentreter, CA, CFP, CIMA, TEP, Senior Financial Advisor, Berkshire Securities Inc. Chartered Accountant and Tax Specialist

12. Risk of Not Getting Ahead Because You Don't See the Big Picture

Working with several different investment advisors, two insurance agents, a bank, a lawyer and an accountant leaves no one professional able to comment on your "Big Picture" and provide a comprehensive and integrated strategy for all of your finances together. This approach can be dangerous and costly. Position one capable and technically strong overall advisor to guide you overall for better integrated advice.

13. Risk of Asset Loss From Being Sued or Going Bankrupt

Someone slips on your driveway, breaks a leg and sues you. All of a sudden you are facing total bankruptcy and loss of your personal assets. Through proper use of trusts, corporations and insurance, a professional advisor can help you to put safeguards in place to creditor proof your net worth.

14. Risk of Asset Loss From Divorce

Two years after your daughter's marriage, she gets divorced. What happens to the deposit you gave to the couple to buy the new home? From your marriage to the marriage of your children and grandchildren, a professional advisor with advanced financial planning expertise can help you to implement strategies to guard against this type of loss.

15. Risk of Asset Loss Due to Excessive Spending or Lack of Financial Smarts

Often surviving spouses or heirs to an estate can find themselves overwhelmed when it comes to managing financial affairs after you are gone - particularly if you were the family financial expert. Many risk management strategies can be adopted to help survivors learn how to manage their affairs when they are alone. A large part of this includes a trusted, objective financial advisor at their side after your death.

16. Risk of Excessive Fees Impairing Your Ability to Reach Your Objectives

In some cases the high costs of financial products and financial advice offer poor value. Do

you know the cost of the products and services you buy? You should! More importantly, the financial advisor you use should always take the time to explain the costs you pay and justify the value they provide. For investment portfolios of one million or more, substantial fee discounts should be possible.

17. Risk of Missed Planning Opportunities That Can Further Help Your Finances

Tax, investing, legal and estate rules can change every business day. How all these rules interact with your unique financial situation must be analyzed and strategized. Only an expert financial advisor that knows all the rules in detail can help you to benefit from them. Something as simple as advice on how to structure ownership of assets and investment accounts requires deep thought on the issues and strategies right for you.

Conclusion

This article has demonstrated that while the press and many financial advisors sing the praises of mutual fund returns and market timing, deep underneath your personal financial situation there are many important issues that reach into every corner of your finances.

Successful financial management is about far more than what stock or fund to buy. Process is more important than product. Seek expert advice to guard you against these many risks of having money highlighted in this article.

Kurt Rosentreter is a Senior Financial Advisor with Berkshire Securities Inc*. Chartered Accountant & Tax Specialist

Kurt spent almost 10 years at one of Canada's most prestigious CA firms providing advanced wealth planning services to affluent clients across Canada. Mr. Rosentreter is also a best-selling author on investing and wealth planning, with "Tax Smart Investing" and "Rosentreter's Rules" in bookstores nationally. He may be contacted at krosentreter@berkshire.ca (*Member CIPF).



Looking for a home

We featured this puppy three weeks ago in the Echo and received numerous calls from people interested in him. However at that time he had wandered off. He has been found once again and we encourage those previous callers to phone the Echo if interested in adopting this little rusty coloured pup. Please contact us at 367-9468.

Sagkeeng Anicinabe High School News

Graduation time is quickly approaching. The ceremony will be held on Thursday, June 19 at the Sagkeeng Arena and the final examinations are on June 15 and 16. The potential grads will be holding a carwash on Friday, May 2 at the Sagkeeng Arena starting at 10 a.m.

Lacrosse practices are in full swing but the final player roster has not yet been decided. The team players will be reported in a future issue. Their first game is on Monday, May 5 at McQuat Field on Rue Maginot in Windsor Park against Oak Park High School. A cheering section would be greatly appreciated.

On Friday, April 25 some grade 11's and 12's went to the Manitoba First Nations Education Resource Centre Science Fair. They were accompanied by Pam Courchene, their Science teacher, and the fair was held in the Duckworth Centre at the University of Winnipeg.

Last week Sagkeeng Anicinabe High School won the Zone 13 North Badminton Championships for the first time in school history. Outstanding performances were recorded by Adam Bruyere, the boys singles winner, Carolyn Courchene and Maya

Bruyere, the girls doubles winners, and by Arien Courchene, the runner-up girls single player. Other excellent results were achieved by Bryan Twoheart and Troy Fontaine, third in boys doubles, and Alice Swampy, fourth in girls singles. Other team members who did not qualify for the zone tournament, but per-

formed well, reaching the quarter-final stage of their events were Melissa Fontaine, Tanis Courchene, and Chris Bellegrade. Well done and congratulations to all team members. Winning the banner was a great achievement and a just reward for the many hours of practice that went into preparing for this event.

Fort Alexander Health Centre
SAGKEENG FIRST NATION

Health Forum 2003

At-Care Building
May 7th-8th, 2003

Creating awareness
of healthy living
in our community

Breakfast and Lunch Provided
Join us for breakfast at 8:30 A.M.
DOOR PRIZES

Volunteer
Appreciation Week
April 27 to May 3, 2003

The North Eastman Health Association is pleased to extend an invitation for you and a friend to attend a

Volunteer Appreciation Tea

Volunteer Appreciation dates and locations are as follows:

- Pine Falls and Victoria Beach Communities will be held on **Monday, April 28 at 2:00pm**
At Sunnywood Manor Personal Care Home, Pine Falls, MB
- Springfield Community will be held on **Tuesday, April 29 at 2:00pm**
At Kin Place Personal Care Home, Oakbank, MB
- Lac du Bonnet Community will be held on **Wednesday, April 30 at 2:00pm**
At the Lac du Bonnet Personal Care Home, Lac du Bonnet, MB
- Beausejour Community will be held on **Thursday, May 1 at 2:00pm**
At East-Gate Lodge Personal Care Home, Beausejour, MB
- Whitemouth Community will be held on **Monday, May 5 at 2:00pm**
At East-Gate Lodge Personal Care Home, Beausejour, MB
- Pinawa Community will be held on **Tuesday, May 6 at 2:00pm**
At Pinawa Alliance Church Hall, Pinawa, MB

*You are an important member of our Region's Health Care Team.
Together let's celebrate your hard work and dedication!*

Winnipeg River RCMP Report



ADVISORY: Spring is here and so is the fire season! A reminder to all to be careful and report any suspicious blaze to local firefighting crews in your area.

April 17:
Thursday morning had police attend several accidents due to poor road conditions. A single vehicle rollover on Highway

304 north of Peddens and a 2 vehicle collision on Highway 11 near St. George. All parties involved attended Pine Falls Hospital for minor injuries or checks and released.

Police arrested 1 impaired driver near Traverse Bay on Highway 11. The male subject was escorted to the Detachment in Powerview, tested and

charged accordingly. The vehicle was seized and towed to Traverse Bay Auto.

A complaint of theft from Manigotagan was reported. The incident results from a former spousal relationship dispute that police continue to investigate.

April 18:
A query to locate a youth on Little Black River had police attend several locations. Assistance from the Band Constable was requested, the youth was located and returned home.

Noise complaints had police attend a location in the RM of Victoria Beach. Upon arrival police found the crowd dispersed and no further action required.

April 19:
The Traverse Bay Dump was the location that a stolen vehicle from Selkirk was recovered from by Powerview RCMP. Selkirk RCMP were advised and the vehicle towed to their point.

One of the local school yards in the area was the victim of mischief. A vehicle appeared to have spun out over the lawn making several ruts to the surface.

A suspicious vehicle was reported to police leaving Fort Alexander heading towards the Beachs. Police patrolled the area but could not locate the vehicle.

Police attended a local hotel after a complaint of an unruly patron was received. The male subject was located, escorted to the Detachment and released in the morning when sober.

Police were contacted regarding numerous harassing phone calls received by a youth from another youth in Powerview. The parents of the youth calling were contacted and the matter was dealt with without further police action.

April 20:
An assault which occurred at a local hotel involving 2 females is still under investigation.

Members were called to a location in Powerview when an intoxicated individual was attempting to leave a residence and drive off in his vehicle. Police attended and spoke with the male in question who calmed down and returned inside the residence to go to sleep.

Police attended a noise complaint at a residence in Powerview. Partygoers were advised to shut down the music which was done and members departed the location.

A complaint of an assault was received from the South Shore of Fort Alexander. A youth was assaulted by several others.

A bicycle at a residence in Manigotagan was shot with ei-

ther a cap or pellet gun. No suspects or witness's were identified but the complainant wanted this reported for information should similar incidents occur.

April 21:
A spousal assault on the South Shore of Fort Alexander is being investigated.

Hillside Beach was the location police attended after a report of a break and enter to a shed was received. Damage to the door was sustained but no articles were taken in the incident. A second break, enter and theft was also reported. Culprits entered a cottage sometime during the winter months. A lawn mower, vacuum cleaner and 2 bicycles were stolen in the incident.

April 22:
The lagoon behind the Alcare Centre on Fort Alexander was the scene of a vehicle fire. Members continue to investigate the incident where a Ford Mustang LX model year 1987 to 1993 was destroyed in the blaze.

A complaint of dirtbikes speeding and causing excessive noise around the Powerview area will have members be on the lookout in future for them.

Another complaint of Truckers speeding on Highway 11 before Pine Falls was received.

Police are investigating a break, enter and theft of a residence in Hollow Water. 55 dvd's and 8 cd's were stolen but no major damages were made to the property.

A youth driving erratically on an AT in the Pine Falls vicinity was identified to police. The parents of the youth were contacted and the youth was spoken to.

A grass fire on Fort Alexander had local Fire departments attend and locate several tires which were a blaze. The fire was extinguished by firefighting personnel.

April 23:
An investigation into a theft at a local school continues. Two weigh scales valued at \$336.00 were taken in the incident.

Police attended Pine Falls Hospital after a strong smell of gasoline in one area was located. Upon attendance police found the gasoline odour was permeating from a vehicle parked at an entrance. The vehicle was recently at a local gas station and some spillage had occurred.

A missing person reported to be in Little Black River had police attend a residence there. The adult female was not at the residence and Winnipeg Police Service was advised accordingly.

A cottage owner at Beresford

Lake reported a break and

enter. Culprits accessed the garage by breaking the door handle but nothing was taken. The incident had occurred sometime during the winter months.

A Hillside Beach resident made complaints regarding the ATV's and Dirtbikes constantly speeding around. Operators are not properly attired with Helmets.

An alarm at Albert Beach had Police attend to find a pot left on the stove smoldering. The resident had stepped out for a few minutes and forgotten the element on the stove was on. Police extinguished the small blaze and the owner had returned in the meantime. A happy homeowner was thankful police responded so quickly to the incident. No serious damages were sustained to any property except the pot.

A missing youth was driven home by police after not returning home to family. The youth had been in Winnipeg, took a bus back to Powerview and police located the youth at the depot.

A report for information was taken when a vehicle was vandalized at Lester Beach. The owner was proceeding through Autopac but wanted Police to be aware of the incident and it was noted as such.

April 24:
Attendance at a residence on the North Shore of Fort Alexander to a disturbance call had police intervene. A male subject was arguing with his spouse and other family members. The situation was stabilized and the male subject was given a ride home.

A theft of a tailgate from a Park Truck occurred in Grand Beach. The tailgate is described as belonging to a Ford Pickup burnt orange with a black stripe.

A break, enter and theft occurred to a shed in the RM of Alexander. Missing is a Husquavarna Chain Saw in this incident.

A break and enter was reported at a cottage in Albert Beach. The complainant at this time did not know what had, if anything, been taken. Access was gained through the front door being pried open.

A call to Hollow Water on a report of mischief occurred. A window was broken in a family argument. Police continue their investigation.

A suspicious vehicle driving erratically in the RM of Alexander on Highway 11 had police patrol the area. The vehicle was not located at this time.

See WINNIPEG RIVER RCMP/page 15

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Tuesday, 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m. to 9:30 p.m. and 1:30 p.m. to 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m. to 3:00 p.m.

Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles, held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Mistake Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month.

PAA: meeting first Tuesday of each month at 7:00 p.m.

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bonita E. Garrett, Minister Church 367-2633 or Cell 754-7220. Everyone Welcome Sunday School, September 8 at 11:00 am, everyone welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347. Rector, the Rev. Brian Reuntree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus.

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH: Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH: Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP: Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL: 2:30 p.m. every Sunday, Scanterbury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION: Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH: located at Sagkeeng First Nations, Sunday mass 10:00 a.m.

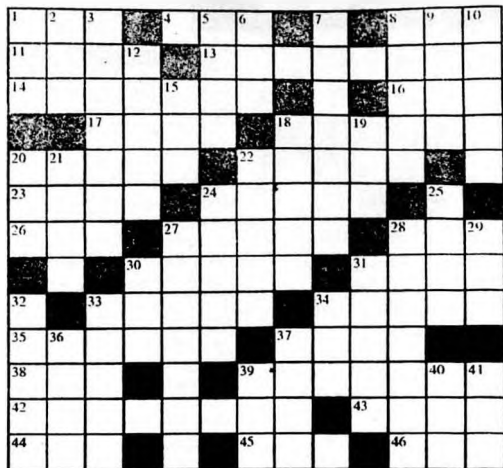
ST. THERESA R.C. MISSION: 88 Glenavale Avenue, Grand Marais, Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH: - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN: - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH: - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goady for information 367-2531.

WEEKLY CROSSWORD



- | | | |
|----------------------------------|--------------------------------|--------------------------------------|
| 23. Soft cheese | 5. Put down | 25. Supply |
| 24. Roman god of carnal love | 6. Son of Jacob | 27. Turned |
| 26. Monetary unit of Japan | 7. Growths in the upper throat | 28. Flexible |
| 27. Stormed | 8. Enthusiastic | 29. Bleat of a sheep |
| 28. Tavern | 9. Woody plant | 30. Chieftain |
| 30. Pertaining to a lobe | 10. Pack leader | 31. Remove a cap |
| 31. Bone of the forearm | 12. Efface | 32. Pueblo indian village |
| 33. Emirate on the Persian Gulf | 15. Equipment | 33. Sound of a duck |
| 34. Nematocyst | 18. Higher | 34. Vulgar, ill-bred fellow |
| 35. Taillike | 19. Slender bar | 36. 6th month of the Jewish calendar |
| 37. Large almost tailless rodent | 20. To endure | 37. Not bright |
| 38. Room within a harem | 21. Extent of space | 39. Spun by spiders |
| 39. Shallow enough to be waded | 22. Sucrose | 40. Legal science |
| 42. Scombrid fish | 24. Clique | 41. Organ of sight |
| 43. Drama | | |
| 44. Vessel build by Noah | | |
| 45. Used for resting | | |
| 46. Female sheep | | |

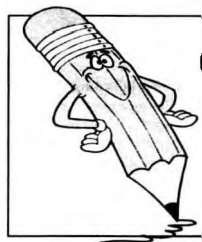
ACROSS

- 1. Shaggy-haired wild ox
- 4. Advanced in years
- 8. 7th letter of the Greek alphabet
- 11. River in central Switzerland
- 13. Large burrowing African mammal
- 14. Immature fruit of a cucumber
- 16. Command to a horse
- 17. Female servant
- 18. Unwind
- 20. City in central Belgium
- 22. Trail of a wind animal

DOWN

- 1. Synthetic yttrium aluminium garnet
- 2. Exclamation of surprise
- 3. Citadel of Moscow

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

Y JACJKEWUAC UW WUFHKZ DGO HKYJO
 QGOSO WAFOACO TAD DUSOL AZ DGUCPUCT.

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

Last Week's Solution

START EVERYDAY OFF WITH A SMILE AND GET IT OVER WITH.

WEEKLY ECHO HOROSCOPE

for the week of April 28 to May 4

ARIES (Mar. 21 - April 20)



People you live with will not be terribly happy with you regardless of what you do this week. Romantic encounters will develop through group activity. You may not be happy if members of your family are not pulling their weight. You have bent over backward trying to help them and now it's time to let them stand on their own two feet.



TAURUS (Apr. 21 - May 21)

To avoid any minor health problems, don't get too stressed. You may have difficulties with someone who lives with you. Consider selling your homemade crafts at the flea market. You mustn't make promises that you won't be able to keep.



GEMINI (May 22 - June 21)

You will easily blow situations out of proportion. Coworkers may not be completely honest with you; try not to rely on help from others. Don't allow colleagues to stand in your way. Tempers will mount if you're too pushy at work or at home.



CANCER (June 22 - July 22)

You should consider submitting some of your written work for publication. Deal with the needs of children. Discord could be unnerving. Stick to doing things that will make you a better person both physically and mentally.

LEO (July 23 - Aug 23)



Travel will lead you in new directions. Someone you live with may cause drastic alterations in your usual routine. Your colorful conversation may attract new friends. You can make money if you concentrate on producing services that will make domestic chores easier.



VIRGO (Aug. 23 - Sept. 23)

Travel will be on your mind, but you should be sure that you've got all your work up-to-date. You can expect to feel confused about your personal prospects. Make any necessary changes to your insurance policy. Uncertainties are still prevailing.



LIBRA (Sept. 24 - Oct. 23)

Be precise in your communications to avoid any misunderstandings and arguments. Your need to put great detail into everything you do may cause you to miss the overall picture. You may have taken on a little too much, but you will enjoy every minute of it. Do not jump to conclusions concerning your romantic partner.



SCORPIO (Oct. 24 - Nov. 22)

Your persuasive nature will win the heart of someone you've had your eye on. Cultural activities open your eyes to new ways of doing things. Someone you work with could have a personal interest in you. You can bet that someone in a higher position is watching to see how busy you are.

SAGITTARIUS (Nov. 23 - Dec. 21)



Someone close to you will get upset easily if you are insensitive to their needs. Be aware that a female you work with may be trying to hold you back. Don't be afraid to pursue unfamiliar grounds. You're in the mood to spend time with your lover.



CAPRICORN (Dec 22 - Jan. 20)

Don't let any money slip through your fingers this week. Use your creative flair. Don't let your family put demands on you. Look into attending seminars that can expand your perception.



AQUARIUS (Jan. 21 - Feb. 19)

Don't let coworkers get wind of your ideas or they might try to take credit for your hard work. They will jump at the chance to do something without you if it sounds like more fun. Do not ruffle feathers if possible. Pleasure trips or friendly get-togethers will be satisfying and intellectually stimulating.



PISCES (Feb. 20 - Mar. 20)

Look into making changes to your personal papers and don't neglect those bills that have been piling up. Your need to obtain additional details will lead you into strange topics of conversation. Your best efforts will come through hard work. Don't take offense at comments made by coworkers.

Echo Classifieds

For Sale



House for sale- Beautiful water front home. Silver Falls. 2800 sq. ft. Tri level. Double attached garage. Three Decks. .43A Septic field, and own water line, Fireplace, many extra's. Serious inquiries only. Phone 1-204-367-8375. Very quiet area.

House for Sale-by owner, 1248 sq. ft. bungalow, 1248 sq. ft. finished basement, 5BR, 3 baths, F/A electric furnace, HRV, Central Air, new carpet & Lino., Polar Windows, 26x26 double garage, 8x16 shed, beautifully treed yard, close to school, immaculate condition, F. S. D/W. Blinds included, 28 Louise Street, Powerview, call 204-367-8045.

1997 Mercury Sable - Blue, AC, PW, PL, AM/FM Cassette, Automatic, Cruise, tilt, \$8300 OBO, for more information call 367-2766.

For Sale



House for Sale - 1388 sq. ft. Split Level Home with 3 bedrooms, 2 baths, Island Kitchen with Lots of cupboard space, 2x6 walls with electric heat. Double attached insulated garage on 152 acres, approximately 1.5 acre yard, co-op water, near Great Falls, asking \$120,000, phone 367-9175.

Tires - 2 - LT 225/75 R15 Tires on Ford Rims. Less than 300km on tires. \$80.00 each. call Denis at 367-2038.

1992 Plymouth Grand Voyager, teal blue, rear air, cruise, tilt, safetied, no rust. call 367-9171.

For Rent

Woodland Place/Dale Haven Apartments - 1 & 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained. call after 6:00 p.m. 367-4922.

Card of thanks

The Bunn Family would like to thank the people for their moral and emotional support in helping to locate our brother, son and uncle, Roland Bunn. Our thanks for not giving up to the following; Ron Guimond for the use of his boat and motor, Bill Abraham, George and Walter Starr, Rich Bunn, Kirby Fontaine, Joel Abraham, Clifford Doric, Phil & Margaret Starr and daughter Sherry, Byron and Debbie Starr, Craig and Marion Berthelette, Nora Bittle, Linda Bunn, Art & Margaret Henderson, Harold & Gladys Bird, Elaine Bird, Herman Bird, Curtis Bird, Alfred Bunn, Wallace, Flora Letander and daughters. We extend our greatest appreciation to everyone for their donations of food, cash and flowers during the wake services and a special thank you to the gospel singers and pall bearers. Once again thank you all. Your help and support helped us, the Bunn Family, with our loss. We'll be forever grateful.



Card of thanks

The Fountain Family would like to express our heartfelt gratitude to all those who were so thoughtful and caring to us in our time of great sorrow. Words alone cannot express the warmth and love we felt from the community during this time. To all those who brought food, flowers and cards we would like to send out a special thank you. We will not forget you people. Also a special thanks to Dr. Olefse and the staff at Pine Falls Hospital.

The Fountain Family

I wish to express my sincere thanks to all the persons that contributed to my farewell party at the Legion on April 25th. To those persons that organized the event you are special and I am going to miss being in your company, before I return to this area. And to all that attended and made the evening special for me I will be always grateful.

William McGuire

Birthday



65 and Still Has the Drive!
Shack Hibbert
April 14th, 2003

Now that you get a pension, Thought that we should mention, How proud we are of you, and all the things you do. You never hold back, That's why everybody knows Shack! You talk as fast (and as much!) as you skate, But you've never run from a town debate. And like any good referee, You always call whatever you see — In life and in hockey (sometimes not!) But in both you've given us all a lot. So as you tee up for the 40,000th time, Pat yourself on the back - you've done fine! Here's hoping 65 brings you that "hole in one" Or an "honest" 65 score before the years done! With love - your family

Miscellaneous

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. www.lctaylor.net This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

Safe Boating Course

Federal regulations require a boat operator to have a Pleasure Craft Operator Card. Do you have yours? The next Safe Boating Course will be Thursday, May 8, 2003 from 6:00pm to 10:00pm at Powerview School. To register call Tracy at 367-2296. Cost: \$65.00 per person. Boaters wanting to challenge the exam only, phone 756-4262 to arrange.

Call the Echo at 367-9468 to place your ad in the Classifieds!

Obituary

Jennie Fountain (nee Pachkowsky)

Jennie was born December 11, 1928 in Pine Falls. She was 74 years old when she passed away at the Pine Falls Hospital on April 11, 2003. Jennie was multi-talented, at a young age, she loved to figure skate. As years progressed she involved herself with the local figure skating club - making costumes and teaching some of her students her skills. Jennie had other hobbies like making ceramics, cake decorating, antarsia, needle work, among others. Jennie was a terrific cook; anyone who tasted her cooking or bakings would undoubtedly agree. Jennie touched many hearts throughout her life; she was kind, thoughtful and a loving mother who would give of herself to accommodate the people that would visit with her. Oh Mom, with heavy hearts and tear filled eyes, we all miss you so, so much. Jennie will be placed with her husband Douglas H. Fountain at a later date at the Pine Falls Cemetery.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling **Silver Haven at 367-4620**

- Monday, April 28**
Salad, Swiss steak, mashed potatoes, mixed veggies with Jello and cookie for dessert
- Wednesday, April 30**
Soup, Sweet and Sour Pork, Vegy fried rice, and Springtime pudding for dessert
- Friday, May 2**
Soup, Baked salmon, scalloped potatoes, peas, and Trifle for dessert
- Monday, May 5/03**
Salad, Pork pie (tourtiere) mashed potatoes, mashed turnip, and carrot cake for dessert

THE VILLAGE OF POWERVIEW GRASS CUTTING TENDER

The Village of Powerview is now accepting Tenders to cut the grass in the Anniversary Park located on River Lot 21, Township 18, Range 10E.P.M. In Powerview, Manitoba

Work under this contract involves cutting the grass on the basis of one cut per week from May 15, 2003 to September 15, 2003 and must include trimming around trees, structures, posts, walkways, etc... Council is requesting the grass clippings be bagged or swept when necessary. Tenders should include a list of available equipment and specify the type of liability insurance carried. Quotations must also include Workers Compensation registration number.

Sealed tenders marked - TENDER - GRASS CUTTING must be received no later than Friday, May 9, 2003 at 4:00 p.m. At the Village of Powerview Municipal Office located at #32, P.T.H. #11 in Powerview, P.O. Box 220, Powerview, MB R0E 1P0. For more information regarding this Tender, please contact J.M. Thevenot, (Administrator) at 367-8483.

The Village of Powerview reserves the right to cancel and re-issue this tender for any reason and shall incur no liability thereby, nor shall the bidder have any legal recourse.

Lowest or any tender not necessarily accepted.

J.M. Thevenot, Administrator
Village of Powerview
Box 220,
Powerview, MB R0E 1P0

Winnipeg River RCMP Report

from page 12
April 25:

Police attended a residence at the townsite of Fort Alexander. A family dispute had gotten out of hand and Police intervened by driving one female to another relatives for the evening.

A computer was stolen during a recent move of facilities on Fort Alexander. A description of the computer is still to be submitted.

A cottage, garage and shed were the victim of a break and enter at Belair. The owner did not find anything missing at this time and would follow up with police later.

Police responded to a former spousal complaint

where a male took a vehicle and property belonging to a female. The vehicle and male were located in the incident.

Police continue to investigate a report of vandalism in Lakeshore Heights.

A male youth was apprehended in Hollow Water after police received a report of a possible gun involved. Further inquiries found a pellet gun in the youths possession. The youth was dealt with accordingly and the gun seized.

A complaint of an unwanted female had police attend a residence on the South Shore of Fort Alexander. The family disagreement had police and Sagkeeng CFS locate interim

accommodation for a couple and child.

Police are investigating a break, enter and theft at a cottage in Traverse Bay. The incident occurred sometime during the week when access was gained through a screen door of a porch and then the front door of the main building. A list of items stolen is not available at this time.

A investigation continues into an incident where a spousal altercation involving police escalated. The incident occurred on Fort Alexander early in the afternoon.

Another spousal assault with a weapon is under investigation. A male subject in-

involved was taken to Pine Falls Hospital for treatment.

A complaint of a break and enter to a small warehouse at cottage location in Manigotagan is under investigation.

April 26:

A youth was held in cells for their own safety after an incident at home caused family members to call police to a location in Fort Alexander. The youth had damaged some property and was out of control.

Police were called to a location on the North Shore of Fort Alexander where a male was causing problems. The male was removed from the residence, lodged in cells for his own safety and released in the morning.

A female was arrested after a short pursuit of an erratic driver in a vehicle on Highway 11 near Pine Falls. Investigation continues.

A residence in Powerview was attended after a noise complaint was received. The party music was shut down after police attended that location.

Police checked a residence on the North Shore of Fort Alexander on a call of a disturbance in progress. Upon arrival members found the subject had left the residence.

An abandoned vehicle was towed from a location on Highway 11. Four people were seen to exit a vehicle which appeared to have smoke coming from it. The vehicle was towed locally and investigation continues.

A fire was reported to police in the RM of Alexander. All emergency agencies responded and the blaze extinguished.

Police patrolled Highway 11 after a call of a lone male wandering across the road intoxicated was received. The male subject could not be located at the time.

A vehicle accident was attended by Police on Fort Alexander. Alcohol may have been involved and investigation continues.

Police are also investigating an assault with a weapon which occurred on Fort Alexander.

Lac du Bonnet RCMP Report

from page 10

A report was received of the theft of approx. A half-ton load of aluminum signs from the Highways Maintenance Yard along PR 317 in the R.M. of Lac du Bonnet.

A report was received of

mischief having been done to the new stecco job on the Teen Centre at Pinawa.

A report was received of trees being on fire near a residence in Elma and police attendance being requested.

Police attended with the Whitemouth Fire Department, and the fire was extinguished.

A report was received of an Intrusion Alarm at the Lakers Ski Club in the R.M. of Lac du Bonnet. Police attended with the key-holder and found that same was a False Alarm.

A report was received of a single-vehicle roll-over on PR 433 in the R.M. of Lac du Bonnet. Police attended and found that the driver had been spared death or injury due to wearing her seat-belt.

A report was received of a Sexual assault on an under-age female by an under-age male in Pinawa.

April 23

A report was received of an Intrusion Alarm at a location in Lee Country Village in the R.M. of Lac du Bonnet. Police attended and found all to be secure.

A report of a propane tank floating down the Winnipeg River was received. Investigation revealed same to be a float from a dock.

A report was received of an adult male making inappropriate remarks to an adult female at a business in the Town of Lac du Bonnet.

A report was received of an under-age female having her ball taken by a group of under-age subjects.

April 24

A report was received of an Alarm and attempted break and enter to a farm property on Landerville Road in the R.M. of Lac du Bonnet.

A report was received from a residence in the Town of Lac du Bonnet of an adult female being assaulted by an adult male. Police attended, arrested the male, and released him for Court.

BUSINESS DIRECTORY

SUBWAY
98 Third Street, Lac du Bonnet
Phone: 345-6100
NEW WINTER HOURS:
OPEN Sunday to Thursday 9 a.m. to 9 p.m.
Friday to Saturday 9 a.m. to 11 p.m.

Windshield Replacement & Repair
All Your Auto/body Needs
Courtesy Care
powerfalls
AUTO BODY Box 187
Powerview, MB
R0E 1P0
Phone 367-2677
Fax 367-2336

Gilles
Lamoureux
G's SEPTIC TANK
CLEANING SERVICE
P.O. Box 909, PINE FALLS, MANITOBA R0E 1M0
PHONE: 367-4706 CELL: 345-3835

Jcn. O. Phillips RMT
Licensed Massage Therapist
CranioSacral Therapy, Lymphatic
Remedial/Relaxation Massage Therapy
204-367-2141
at Through the Arbor, Pine Falls

KAY
INSURANCE AGENCIES LTD.
Robert D. (Bob) McKay
Business and
Personal Insurance Planning
#1 Park Avenue, Lac du Bonnet
Residential, Commercial
Farm, Life, Disability
Investments
345-8196
Toll free: 1-888-345-8196

KULYK INSURANCE
AND FINANCIAL SERVICES
STEPHEN A. KULYK
ACCOUNT REPRESENTATIVE
TAMMY E. KUNZ
ACCOUNT REPRESENTATIVE
2 McDougall Ave. Box 219
St. Georges, MB R0E 1V0
EMAIL: skay@mb.sympatico.ca
PHONE: (204) 367-9572
FAX: (204) 367-9068
TOLL FREE: 1-888-665-0649
CELL PHONE: (204) 781-0991

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Get Bell ExpressVu... digital satellite for television viewing and internet connection or
For business... get DirecWay
for fast 2-Way High Speed Internet using no phone lines.
Contact Don at 367-8323
dishman@mb.sympatico.ca

KEN'S EAVESTROUGHING
KEN DANWICH
204-756-2709 or 204-754-7015
5 INCH
CONTINUOUS EAVESTROUGHING
FASSICA - SOFFIT - PRE-PAINTED COLORS
FREE ESTIMATES

SUMMER RECREATION DIRECTOR

Pine Falls, Powerview, and the R.M. of Alexander require a Summer Recreation Director. The Recreation Director is responsible to the Pineview Recreation Commission/Association and operates within the municipal boundaries of the Town of Powerview, the Townsite of Pine Falls and the Rural Municipality of Alexander.

Qualifications:

Post secondary education in the field of Recreation & Leisure or equivalent work experience preferred.

Excellent organization, effective interpersonal and strong leadership skills. Ability to establish working relations with community organizations and volunteers. Must be self-motivated, have the ability to work independently and have the ability to supervise others.

Duties:

Responsible for and not limited to the following:
Summer programming - coordinate, organize and promote social, physical, cultural and educational recreational opportunities for all ages. Oversee the operation of two arenas, curling club, swimming pool, and tennis courts.
Administration - full responsibility for daily operations of the recreation office, including financial management.
Supervise part-time employees.

Salary depending on qualifications and experience.

Duties to begin May 15 to September 5, 2003.

If you have any questions, please call
Paul Magnan, President of P.R.A.
Please submit resume and references to Search Committee,
Pineview Recreation Association, Box 281,
Powerview, MB R0E 1P0

Deadline for applications is May 2, 2003. Thank you to all applicants, however only those who are selected for an interview will be contacted.

Blue Water Physiotherapy

Box 418
Pine Falls, MB R0E 1M0
Phone: 367-2537

Call for an Appointment!

Located on Highway #11
In Powerview,
Between Church Street
and Art Street

Celeste Basson
B.Sc.PT, C.AFC

Rusty Nail Tavern
Cold Beer Vendor

Located at the
Powerview Hotel
on Art Street,
Powerview
367-4317

Rusty Spoon Diner
367-4895

RAPID Water Sales

Distributor of
Simply Natural Water

Business Hours:
Mon. - Fri. 9am to 6pm
Saturday 12pm to 5pm

DELIVERY
10 Ltr
4 Ltr
18.9 Ltr
500 ml
Bottles

Call 367-2352
Located on Highway 11

BRYAN M. DAEN
Denturist

Celebrating 15 years in business

Complete/Partial Dentures
Repairs while you wait
Relines (one hour)
Extractions/Restorations Arranged
SENIORS DISCOUNT

ON-SITE LAB
37 Third St. S. Beausejour

District Health Centre
Lac du Bonnet
2nd and 4th Tuesday of each month
268-3488

Sunrise Bakery

Powerview Lac du Bonnet

NEW Edible Image CAKES

STORE HOURS
Tuesday to Friday
8:00 a.m. to 6:00 p.m.
Saturday
8:00 a.m. to 5:30 p.m.

367-8019
Lac du Bonnet
345-2593
Don't be disappointed
Order ahead

CERTIFIED ESTHETICIAN

Time "Jess" For You

*Facials *Manicures *Pedicures *Massage
*Make-up *Waxing *Body Treatment

48 Art St., Powerview, MB
1-204-367-2949

Open Mon - Fri
9:00am to 5:00pm

Lakeview STEAKHOUSE

57 Park Avenue, Lac du Bonnet
Phone 345-8861

PINE FALLS SERVICE CENTRE

Monday to Saturday
8:00 a.m. to 12:00 midnight
Sunday 8:00 a.m. to 12:00 midnight

SUBWAY

Subway open 7 days a week
from 10:00 a.m. to 11:30 p.m.
367-8803

Kevin McDonald
LEVINE, LEVENE & TADMAN
Barristers & Solicitors

Lac du Bonnet every Tuesday
at Allan Holm Agencies
28 McArthur Avenue
11:00 a.m. to 1:00 p.m.

Powerview every Tuesday
at Powerview Agencies
3:00 to 7:00 p.m.

Lac du Bonnet 145-8479
Powerview 367-4455 8350
or Winnipeg 1-204-957-6403

Esser Chiropractic Health Centre

Corner of PTH 11 and Church Street (beside Papineau Motors)

- Autopac
- Blue Cross
- Veteran's Affairs
- Worker's Compensation

Phone 367-4858

No referral required Please call for appointment

Enjoy dual satellite reception.

Available at
DAVE'S NEW & USED FURNITURE
21 Art Street, Powerview, MB

Contact
Dave or Warren 367-2460

The shape of the future.

Great Falls Foods
Highway 11, Great Falls
367-2976

OPEN 7 DAYS A WEEK

See us for your custom cutting and smoking needs, both domestic and wild meat, or supplies for home use.

Having a Social Function?
Call us to look after everything for you
Ask us about delivery

The House of Quality

DAVE'S NEW & USED FURNITURE

JTC-HOTPOINT-GE-BURLER-SERTIA BEDDING
"For the Best Quality New & Used Furniture & Appliances... Call us First!"

367-2460
21 Art Street, Powerview
Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm

Country Concepts
Ladies Wear & Accessories

367-2248
Located at Pine Falls Post Office Building

MacDonaid Brown Rentals
Hillside Beach
756-8184

DR. ARNOLD ANDERSON
LAB ON SITE

Optometrist
Contact Lenses and Eyeglass Fittings

MANITOU LODGE PINE FALLS
367-2390
Monday - Friday 9:00 a.m. - 5:00 p.m.
Closed for lunch hour
12:30 - 1:30pm

Examinations done on Thursday

TRY YOUR DRUGSTORE first

PINE PHARMACY
Open Monday to Saturday
9:30 a.m. to 5:30 p.m.
367-2611
DISPENSARY
367-2517

BIRCHWOOD MOTOR HOTEL

- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed

Traverse Bay
756-2596

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GENERAL CONTRACTING
Commercial & Residential

- New Home Construction
- Carpentry
- Concrete Work
- Window Replacement
- Vinyl Siding
- Aluminum Soffit & Fascia
- Plumbing
- Roofing, etc.

"No Job Too Big or Small" Over 30 Years Experience in Building Construction
268-3465 or 367-2763

Powerview Dental Centre
Hwy 11 - Municipal Building
Monday - Friday 9:30 a.m. to 4:30 p.m.

Dr. Mark Karpa & Associates

General & Cosmetic Dentistry.
Periodontal maintenance therapy available daily!

Emergency Care
New patients welcome
367-2815

For All Your Grocery & Clothing Needs

PINE FALLS
367-2372

LIBERTY TAX SERVICE

Sandi Duval
1 Southview Drive
367-4244

NEW LOCATION
2 McDougall Ave.
St. Georges, MB

OPEN:
Monday to Friday
9am to 5pm

Dr. Alan Grant & Dr. Ryan Tsang DENTISTS

Pine Falls Dental Clinic
36 Maple Street
(across from the hospital)
367-4417
Monday & Tuesday, 9am-5pm
Thursday, 10am - 7pm
Friday, 9:30am - 3pm

Fort Alexander Dental Clinic
(in the Fort Alexander Health Centre)
367-2208
Monday/Tuesday/Wednesday
9:30am - 4:30pm
Thursday & Friday - Closed

DENIS LABOSSIERE
LAWYER

Every Second Tuesday
at St. Georges
Community Centre

CALL 925-1900
for appointment

Clark's Corner
DOMO Service Station

Convenience Store
Restaurant
Chester Fried Chicken

367-2238
Located at corner of Highways 11 and 304

Papertown
367-2261 Motor Inn

Deluxe Jacuzzi Rooms
Licensed Family Dining Room
Banquet Facilities
VLTs, Beer Store
Hot tub

Home
Oi
NITE
Night Club

TWISTERS WATER PARK
1 Mile East of Pine Falls, Hwy. 304 & 11

Broadlands Mall

Convenience Store/Gas
Movie Rentals
Open Daily 7 am - 11 pm

Restaurant
Daily Specials
Open 6 am - 10 pm

367-4484

Manitou Lodge

Coachroom Restaurant & Lounge
Open 7:00 a.m. to 10:00 p.m.

367-2252 Wood Stone Baked
TAKE OUT PIZZA Thick Crust or The Classic Coachroom Crust

DARREL J. TARRANT
CHARTERED ACCOUNTANT

Full Time office at Powerview Agencies, Highway 11
Ph. 367-9193, Fax 367-8616

New location at Shoreline Realty
at McArthur Avenue and Second Street, Lac du Bonnet
Wednesdays and by appointment, Ph. 345-9771

Personal Income Tax Planning and Preparation
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Financial Statements, Audits, Tax Planning and Compliance

Pine Falls Physiotherapy

- Acupuncture
- Back/neck pain
- Rehabilitation for Seniors
- Home visits
- Orthotics
- Sports, MVA and work injuries

Bill Wade
Phone: 204-367-4811
Fax: 204-367-2962
Pine Falls Health Complex, 37 Maple Street
Box 932, Pine Falls, MB R0E 1M0

Doctor's referral not required
Direct billing to Blue Cross,
DVA, MPIC, WCB