

The Winnipeg River Echo

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(31)
Vol. 3, No. 24 February 4, 2003 \$1.00 tax included

comp

Bouncing baby boy born on Hwy. 304

by Charles Norman
Maximus Melvin Jack Maclan couldn't wait to get here.
His mother and father, Susan and Robert Maclan left Manigotagan early Friday afternoon, January 28 when Susan's contractions were three to four minutes apart. When they got to Pine Falls Susan's doctor, Dr Oelofse, decided there was enough time to get to the Selkirk General Hospital. He called for the Pine Falls Ambulance and joined Susan in the ambulance on its way to Selkirk via Highway 304. Maximus was not consulted.
Max was working on his own schedule. Perhaps because of the narrow, winding, bumpy ride, or perhaps just because he thought it was time, he decided to arrive at 1:55 pm

when the ambulance had just arrived at the straighter part of the highway, about 14 km from highway 11. He was delivered, a week early, by Dr Oelofse. He weighed in at 6lbs 5oz.
His unorthodox arrival did not seem to do him any harm. He was found to be a ten-point baby on arrival at the Selkirk Hospital. Ten is a perfect score. Max is a brother to Zachary who is exactly two years and a day older. Zachary was not born in an ambulance.
Max's mother is a Grade three teacher at the Frontier School Division School at Wanipigow. His father is a full-time homemaker and works part-time for the Bostrom Catering enterprise.
Susan praised the excellent care and attention by Dr Oelofse, ambulance attendants, John and Drew, and Dr. Speers and her Selkirk staff.



Maximus Maclan (centre) brother Zachary (left) with mother Susan and father Robert Maclan. Maximus arrived a week early on Highway 304 last Friday.

Pineview to host first ever girls' provincial hockey tournament

submitted by Marc Nolin
The Pineview Peeewe Girls' Hockey team would like to announce that they will be hosting the Peeewe Girls' B Provincial Hockey Championship Tournament, right here in our community. It's going to be a huge event with the best eight peeewe girls hockey teams in the province attending. As host of the tournament the Pineview Pee Girls are automatically in the tournament.
The Pineview Girls have really come together over the past two years and the im-

provement of their skills have been remarkable. The team is excited about hosting and being a part of the Peeewe Girls Provincial Hockey Tournament.
Our hockey team and parents are already in progress, funding and promoting this great game of girls hockey. At this time, with appreciation and kindness, we would like to ask the community to help us fund-raise for this expensive event; donations of any kind would help greatly.
This tournament is not about our hockey team trying

to raise money for our team. This is about raising money for an entire minor hockey association and about trying to start a girls hockey program in this area.
In only the second year, Pineview has an amazing three, all girls hockey teams; novice girls, peeewe girls and midget girls. Unfortunately this program started with nothing in the bank account so hosting this provincial tournament is an opportunity of a lifetime to start raising money and awareness for this great program for girls.
See PINEVIEW/page 3

Highway 304 petition

The petition asking the provincial government to improve highway 304, south of highway 11 will be presented to Lac du Bonnet MLA, Gerald Hawranik at his office in the Powerview Municipal building on Saturday, February 8th at 10:00 a.m.
Anyone who has not yet signed the petition is urged to do so as soon as possible.
The petition will be presented to the Minister of Highways at the opening of the provincial legislature expected in February.
The community is planning a major lobbying effort to ensure funding for the improvement is included in next year's budget.

LdB Blues vs. Beausejour
Sunday, February 9, 7:00pm
Lac du Bonnet Arena

Southeast Blades vs. Selkirk Steelers
Saturday, February 8, 7:30pm
Sagkeeng Arena Multiplex

Beaches readers up in arms

Users of the Beaches library are beginning to get more than a little upset at the way the beaches branch of the Library Allard is being run.

There was no problem until after Christmas. The library shut down for an upgrading of the computer system. As is often the case, the upgrade isn't working as well as the system it replaced.

The Beaches Library is a branch of the Library Allard in

St Georges; both come under the auspices of the Rural Municipality of Alexander. Some are saying the library should operate separately from the St Georges library and some are so steamed that they are even suggesting that that Ward 1 separate from the RM and form their own municipality.

The problem is that only those books from St Georges have been entered into the computer system. They are the only books on the shelves. Books circulated by the provincial government have not been entered and are still stored in boxes. IT appears they will stay there until they have to be returned. Books from the Walter Whyte School are also stored in boxes and student from the school have no access to their reference books.

The problem is that the St Georges librarian is the only person allowed to carry out the necessary data entry. Beaches readers are asking why the local librarian cannot take care of the data input.

Knights of Columbus Spearhead Blood Donor Clinic

After 20 years the Pine Falls area once again hosted a Blood Donor Clinic. For whatever reason in the past the Red Cross stopped coming to the area to host Donor Clinics. If my memory serves correctly there was a lack of donors and the trip out to the area just wasn't worth it. That changed in a dramatic way on January 30th 2003 in the Powerview School Gym. With the help of some dedicated Knights of Columbus the Canadian Blood Services came to our area and collected 138 usable pints of blood. In all 170 donors were screened and donated blood. For reasons unknown to us 138 of the donations were usable. According to Harvey Heather of the CBS that is a typical result for clinics. Your donations will help 500 potential transfusion recipients. What a great feeling to have had a small part in helping so many people. In addition to a great turnout of donors we had wonderful support from many Volunteer



Volunteers assist the many people who came through the doors of the Powerview School in order to give blood to a much needed cause

Knights. Blood Service workers complimented us on the many friendly dedicated volunteers and donors. They said it was a pleasure to work with such a nice group of people. Our challenge now will be to make sure that subsequent Clinics will be just as successful. I think that the long time between clinics contributed greatly to our success and that it will be more difficult to maintain such a high standard of donation numbers. Our Community will have to work hard to keep our numbers up but I think we can do it. Only 3% of Canadians in general donate blood that compares to 5% in the U.S. and 8% in Europe. As caring citizens we need to get the word out so that we have 180 donors next time. If for some reason you were unable to donate this time there is a good possibility that we will be having another clinic here in July. Once again congratulations to the many donors who made a difference.

Great Falls Tuesday Nite BINGO
Great Falls Hall 7:30pm

Mini Loonie: **\$480.00**
Lucky 7: **484.00**
Letter Y: **34.00**
Poker Flush: **3023.00**

Loonie Pot: **\$0.00**
Bonus Line: **888.00**
Full House: **575.00**
in 53 numbers

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BINGO
FOR UPDATES CALL 345-6197

Royal Canadian Legion #164

Bonus Line - \$ 4272.00	Star - 2086.00
Lac du Bonnet	Lucky 7 - 680.00
Legion Hall	Poker Flush - 108.00
Specials 7:00 p.m.	Mini Loonie - 2358.00
Every Monday Evening	#1 Loonie - 918.00
In Case of Discrepancy the Letter will Preval	#2 Loonie - 1048.00
	Jackpot Strip - 454.00
	Bonanza - 1824.00

Lakers Ski Club BINGO

Bonus Line - \$483.00	Star - 1342.00
Loonie Pot - 420.00	Poker Flush - 12,027.00
Special "Y" - 1240.00	Bonanza - 3793.00

Lot. Lic. 874
Every Thursday Evening 7:00pm
At the Lac du Bonnet Community Centre

Lucky 7 \$3847

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The **Winnipeg River Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Pineview to host provincial girls hockey tournament

from front page

The girls hockey program began last year. Kenny Flanagan and myself, decided to see if there would be any interest in a girls hockey team. The results were great and a pee-wee girls' team was put together. When Kenny decided to put a team together we had a franchise player to work with, his daughter, Cassandra. The year went very well and offered hope for a program to grow for years to come.

This year two more teams were added to the girls hockey program, novice girls and midget girls. Laurent Raymond and Bruce Johanson put the novice girls together. In their first year this novice team has already had huge success taking a gold medal home from the Kenora Girls Hockey Tournament.

Marni Seymour and Kenny Flanagan put the midget girls hockey team



Back Row (left to right) - Head Coach - Marc Nolin, Tara Ursel - Goalie, Emily Grant, Chelsey Nault, Sean Raymond, Kishay Starr, Katie Mysak, Stephanie Goddard, Mike Oman - Assistant Coach. Front Row - Meg Raymond, Karlee Nolin, Darton Bruvere, Lindsey Mysak, Megan Graham, Stevie Lemire, Paige Roy

together. This was a team that was combined with players of last year's pee-wee girls' team that had to move up because of age and girls from Powerview, Little Black River and St. Georges, some of who were eager to play hockey because their ringette program had come to an end. These were great players with lots of skills in skating and shooting because of the excellent ringette program that had been

established in Pineview. Now it is time for them to play in the best game in the world, hockey and to earn the chance of huge scholarships and perhaps even an opportunity to someday play on the Canadian Women's Hockey Team! There will be updates in the Winnipeg River Echo for the next five to seven weeks explaining more about the upcoming Pee-wee

Girls Provincial Hockey Tournament on March 21, 22, 23, 2003 at the Pine Falls arena. There will also be a player profile for the Pineview Pee-wee Girls Hockey Team in these issues. Please come out and support your local team in this Pee-wee Girls Provincial Hockey Tournament and help the Pineview Hockey Association to promote one of the fastest growing amateur sports in the world, girls' hockey.



Light bulb fizzles - after 65 years

Don Hills and Myles Wilcott changed a sixty watt bulb at the Anglican Church in Pine Falls. It was no ordinary light bulb. The surface was etched with "Manitoba Paper Company" indicating that it was installed before the Second World War. It is thought to have been installed when the church was built in 1937.

Don Hills said "they don't make light bulbs like they used to."

The replacement is not expected to last sixty five years.

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Big week for Blades

Coming off the All-Star Break and coming off a little hiccup in the season this week is crucial for our club if we want to finish first in the Addison Division. On Tuesday

we travel to Portage to face the Terriers for the final time. The Terriers have been on a little skid like ourselves so a win for either team will be a big confidence boost.

After we face Portage then the next 4 of 5 games are against the Selkirk Steelers. We are chasing the Steelers and if the last time we played the these guys is any indication these next 2 games will be intense, hard hitting hockey.

The All-Star games were held this weekend in OCN and the Flin Flon and the 6 repre-

sentatives from the Blades had a strong showing. On Friday the MJHL Prospects held their game in OCN with the Sherwood Division winning a close match 5-4. Saturday night our division the Addison played against the North Division of the SJHL and the MJHL should have won the game convincingly but they

suffered the Blades flu and couldn't put the puck in the net. Then on Sunday afternoon the Sher-Wood Division of both leagues faces one another and the SJHL team won 7-6 in a shoot-out.

As always a huge thank you to the community members and businesses that support the Blades.

Southeast Blades player profiles

Name: John Dorowy
Position: Left Wing
Birthdate: 10/02/82
Hometown: Cleveland, Ohio



Favourites:
NHL Team: New York Rangers
Hockey Player: Pavel Bure
Food: Steak & baked potato
Movie: Cool hand luke
Actor/Actress: Paul Newman
Audrey Hepburn
Music Group: Sublime
Song: Good day by Ice Cube

Name: Nathan McEntee
Position: Defense
Birthdate: March 1, 1982
Hometown: Lethbridge, Alberta
Favourites:
NHL Team: Calgary Flames
Hockey Player: Scott Stevens
Food: Pizza
Movie: Any Given Sunday
Gladiator
Actor/Actress: Al Pacino
Halle Berry
Music Group: Nelly & St. Lunatics
Song: She Hates Me



Library Corner Lac du Bonnet Regional Library



January was Alzheimer Awareness month- thanks to Theres Conroy, our Regional Co-ordinator for the Alzheimer Society of Manitoba, we now have several new resources for the library.

There's also visits the library every 4th Thursday as a volunteer storyreader for Preschool Storytime, and while she is here, she sets up a display of pamphlets and materials. The new book "What's Wrong with Grandma?" by Margaret Shawver will be located in our Junior Fiction area and we recommend that parents share this story based on personal experience with their children. "Written for the young child, "What's Wrong with Grandma?" Reaches out with compassion to those off ages who have a loved one afflicted with this disease." Over

15,000 Manitobans are affected by Alzheimer Disease and related disorders. As friends or families we give assistance where needed. Learn more about Alzheimer's this month!

"The Osteoporosis Book: Prevention and Treatment for Men and Woman" by Gwen Ellert RN, and John Wade MD was recently donated to our library as part of a Menopause Workshop at the Lac du Bonnet Health Centre. Are you at risk? Consider your family history-what are the genetic factors? Life-style factors? Medications and medical conditions? Read up on it.

Other helpful and interesting information can be found at your library- take the time to browse our selves, or ask a librarian to help you find what you're looking for.

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½ Rack Ribs
With Baked/Veg/Soup or Salad

For Valentine's we will be serving Strawberry Shontcake for dessert!

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SATURDAY

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THURSDAY February 20th ★ ★ ★

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With Apple Upside Down cake

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WEEKLY ACTIVITIES

Open Monday to Saturday 10:00 a.m. to 10:00 p.m.

MONDAY
Table Top Curling 6:30 p.m. - Lounge
Hingo 7:00 p.m. - Hall

TUESDAY
Cribbage 7:00 p.m. - Lounge

WEDNESDAY
Po Ke No 2:30 p.m. - Lounge

THURSDAY
Darts 7:00 p.m. - Lounge

FRIDAY
Hingo 7:00 p.m. - Lounge

SATURDAY
Meat Draw 2:30 p.m. - Lounge

*Happy Hour Every Day
All Members & Guests Welcome*

Pine Falls Knights host free throw

Powerview School Gymnasium was the hectic scene of this year's Council Free Throw Championship. Grand Knight Chic Desautels was on hand as fellow brothers assisted with the event. With 104 competitors the gym was packed as students from ages 10-14 tried their best at swishing consecutive free throws. Each participant had 3 warm up shots and then took 15 shots in a row. The Powerview School Leadership class was on hand to help the Knights. Special thanks to Mr. McClusky and Ms. H. Lambert for helping out and providing the gym space. Competitors were treated to hotdogs and pop after they finished their shooting. Iron Chefs Kara Schmidt and Brandy Wiebe did an excellent job of preparing gourmet Hot Dogs. Spe-

cial thanks to Kim and Laurie Wilson of Broadlands Convenience Store for providing free movie rentals to the winners of each age category.

- Winners were:
- 10 year old Girls
Miranda Pascal
 - 10 year old Boys
Adam Houston
 - 11 year old Girls
Elizabeth Vincent
 - 11 year old Boys
Jason Sanders
 - 12 year old Girls
Christina Nault
 - 12 year old Boys
Colton Johannson
 - 13 year old Girls
Ashley Desloges
 - 13 year old Boys
Steven Houston
 - 14 year old Girls
Jenna Pachkowsky
 - 14 year old Boys
Mathieu Thevenot

Council Winners will advance to the District Finals in Lac Du Bonnet on February 22nd.



Knights, Fritz Kemball and Maurice Desautels administer Free Throw Championship



Columbus Free Throw Champions
(Left to Right)

Colton Johannson, Mathieu Thevenot, Ashley Desloges, Jenna Pachkowsky, Elizabeth Vincent, Adam Houston, Grand Knight Chic Desautels, Chaplain Fr. Jim Gray, Jason Sanders, Miranda Pascal, Christina Nault, Steven Houston.

Email Us at theecho@mb.sympatico.ca

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Maskwa newsletter

by Ian Cyr

Over the past weekend we saw a record for snowmobiles in our area on Saturday and Sunday. The trails and local businesses were very busy with sleds as far away as Warroad, MN and Weyburn, Saskatchewan. It has come to my attention that our trails are one of the finest if not excellent trails in Manitoba right now because we have just a little more snow than other areas. This brings up an important safety note to some of the local people in town that use behind Pine Falls to walk or take a leisure ride. The out of town sledders are not expecting pedestrians or other snowmobiles to enter the main trail system right in front of them, you have to remember that they do not know the area but you do so use extreme caution when entering the main trail system behind Pine Falls, expect the unexpected at all

times.

Just a quick note while I am on the topic of trails behind Pine Falls, young riders have been running over the signs that are on sticks at major intersections and along the the main trail, these signs are very important for cross country skiers and others sledders. I have caught a few of them having fun and made them put them back up but a serious accident could occur if these signs are tampered with. The next time I catch someone tampering with trail signs will be answering to the RCMP for destruction of Private Property. We are also experiencing the same problem on our river markers that are every 200 yards, it takes a lot of volunteer work to put these signs up for the safety of snowmobiling so please think of others and not yourself.

This past weekends trip to Steinbach was cancelled for the second time due to poor snow

conditions south of Beausejour, but this weekend the annual trip to Bissett takes place on Saturday everyone is leaving from Gazoo's at 8:00am. I heard that the trip is full and it quite possibly might be the last trip due to the San Antonio Motel closing down during the

winter months, which would be too bad because you could write a book about just this trips experiences over the past 33 years.

Also next weekend on February 15th we are holding are annual Poker Derby. For some of you that can't participate you can purchase cards at Osis Building Supplies for \$5.00 each or 3 for \$10.00 the derby

starts at 10:00am at the Maskwa Clubhouse. Also that day there is the longest snowmobile line world record being broke at Gimli to raise money for Huntington's Disease to make a contribution contact Gordie Sokoloski or Marcel Pitre it's for a good cause.

Bye for now RIDE SAFE AND RIDE DRY.

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TUESDAY - Crib Nite & Birthday Draw
WEDNESDAY - Steak & Brew
THURSDAY - ribs, Meat Draw, Pool Tourney
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February 7 & 8
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WINGS OF POWER



Yippee it's February and it's one of my favourite months of the year because I get chocolate and besides that it is also I love to read month. I would like to encourage all of you to enjoy reading with your child this month. Our Lending Library has many good books for you to borrow to read with your child. We have no late fees for the books borrowed from our library. So come on by and take a look at a book.

Wings of Power will also be having Family Nights starting February 5th at 6 p.m. We hope that our Family Nights will be fun and enjoyable for the whole family. If by chance you may need a ride Please call Wings of Power @ 367-9641.

In light of the skating accident that occurred last week in Virden I would like to share some information that I have found on the proper use of helmets. Let's keep our kid safe out there.

I know how tempting it may be to use your bike helmet to go iceskating but unlike hockey helmets, bike helmets are designed as a single impact helmet. Hockey helmets are

designed for multiple impacts. This means that they are made to help protect your head from collisions with the ice, the boards, sticks, pucks, etc. If by chance you have an old helmet please check it for cracks and damage. A helmet that doesn't fasten won't stay on the head it is trying to protect.

All helmets must be certified by a recognized organization. In Canada helmets are certified by the Canadian Standards Association (CSA) or by ANSI or Snell (US standards) Hockey Helmets should especially have the CSA label. This means the helmet you are buying has been properly tested and meets the safety standards.

There are some helmets on the market called 'multi-sport'. If you see a 'multi-sport' helmet with a CSA label it means that it meets CSA's standards for biking and another standard (for example skateboarding and/or in-line skating). Make sure to check if the helmet is or isn't a multi-impact helmet.

And Remember the 4 s's
Size: Make sure the helmet fits right.

Strap: Know how to adjust

the straps to keep the helmet secure.

Straight: A helmet should be worn straight on the head, with the front edge just above the eyebrows not angled back, leaving the forehead unprotected.

Sticker: Look for the certification sticker.

Finding out your head size is easy. Take measuring tape for sewing and measure your head above the ears and just above then eyebrows Use this Conversion Table to help you figure out the size of helmet you need.

cm.	In.	Fitted Hat Size
48	18 7/8	6
49	19 3/8	6 1/8
50	19 5/8	6 1/4
51	20	6 3/8
52	20 1/2	6 1/2
53	20 7/8	6 5/8
54	21 1/4	6 3/4
55	21 5/8	6 7/8
56	22	7
57	22 3/8	7 1/8
58	22 3/4	7 1/4
59	23 1/4	7 3/8
60	23 5/8	7 1/2
61	24	7 5/8
62	24 3/8	7 3/4

Would you like to learn more about the world wide web? You may register for a work shop based on the "the internet" called a Cyber camp. The Cyber camps will be held in the evenings at 6:00-7:00 p.m.; February 11th, 18th, 25th at Wings of Power CAP site.

To register please contact the Community Coordinator at 367-9641 Monday, Tuesday and Friday or 367-8443 on Wednesday's and Thursday's. Drop-in and visit the CC if you need help or have questions relating to the internet or computer basics.

Rec Report



by Jay Seymour
 Recreation Director

Pulse on Participation

Men's Bonspiel Feb 7,8,9
 With this year's theme being all about fun in Las Vegas, you know you'll have great fun, great food, and there will be great prizes. To enter, call Kelvin Kralka @ 367-2380(w) or 367-9219(th).

Muck Hill Fun Day, Feb 23
 As talks resume on the development of the hill, there will be a fun-filled day at the hill. Activities like sliding, sno-boarding, snowmobile rides mixed-together with hot dogs and hot chocolate have the makings of a great winter day.

The Winnipeg Blue Bombers are Coming to Town!

Yes, that's right... the Blue Bombers! Our favorite football team have traded their cleats for skates this winter and are challenging a team made up of Paper King alumni. They will sign autographs before the game and chat with the fans after as well.

Game time is 7:30pm on Feb 22. Hope to see you there!

Youth Gym Night
 Every Thursday night from 7:30 -9:30pm students from grade 8-12 are welcome to participate in a plethora of sports and activities at the Powerview Gymnasium.

Wheel Chair Parking
 There is now wheel chair access in front of the Pine Falls Arena and there is a sign designating that spot for wheel chair parking only. Since the sign has been put up, there have been many people that have parked there without having the proper (or any) identification. Just to let you know, violators will be towed. Please leave this spot open so everyone can enjoy the game.

Rec office ph. 367-9142, email- pineviewrec@hotmail.com



CHECK OUT THE SWEET DEALS In Lac du Bonnet

Only 25 Minutes South of Pine Falls

NEW 2002 FOCUS SE WAGON



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Loaded, Mint. **ONLY \$21,995**

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Nice Car **ONLY \$9,895**

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1999 F150 XLT Reg. Cab



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Tan, 43,000 km **ONLY \$12,995**

2000 FOCUS SE SPORT



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by George Bayly

When proceeding along the Strand

from Savoy, you soon encounter the massive white stone structure of Somerset House, which covers a large area of land from the Strand down the embankment. This great house, where Elizabeth I lived as a princess and where Oliver Cromwell was crowned as Lord Protector, has served as The Admiralty, the Royal Academy, Registry Office for Births, Deaths, and Marriages, and presently houses the Courtauld Institute Galleries. At the eastern extremity of the building is another smaller gateway leading into the courtyard of King's College which actually was built as an annex of Somerset House in 1829.

King's College is of the great interest to me because it is my grandfather, Dr. G.H. Landown, studied medicine from 1890 to 1895. At King's College Hospital in Portugal Street, Lincoln's Inn Fields, just ten minute walk north from the college, medical students like my grandfather did their practical training. On one occasion, he had the great experience of assisting at an operation performed by Sir

Joseph Lister, who was Professor of Clinical Surgery at the College. At the head of the grand staircase in the old wings of the college, there is a plaque commemorating Dr. Lister, "the Founder of Modern Antiseptic Surgery". On one of my visits there a few years ago, I was allowed to research in their archival library where I was shown the yearbook from 1890 to 1895. I happily discovered a wealth of knowledge that no one in our family had known about previously. For example, I found that my grandfather had won, in his graduating year, the prize for Surgery, the Prize for Forensic Medicine, and shared a prize for Obstetrics with another student.

In Victorian times pubs, restaurants, theatres, and music halls lined the Strand and the side streets in the vicinity with the whole illuminated by gaslight. A popular after-theatre "snack bar" frequented by young people was the "Oyster Room". In those days, oyster were plentiful and therefore one of the cheapest items on a menu.

In front of King's College, the church of St. Mary-le-Strand founded in the 14th century and rebuilt in 1717, is the first of two churches that sit isolated on islands in the

middle of the Strand. The second, St. Clement's Dames, is the official church of the R.A.F., and is the subject of the old rhyme, "Oranges and lemons say the bell of St. Clement's".

As you head eastward towards St. Clement's you can't help but notice the massive Gothic structure of the Royal Courts of Justice looming in the distance. Once abreast of the Courts, you will see in front of you the landmark that marks the end of the Strand and the beginning of Fleet Street. It is a statue of a bronze dragon at the place where a magnificent archway, the Temple Bar, built by Wren, once stood. It was relocated to Waltham Cross in 1878 as it interfered with the increasing volume of traffic along the street. In leaving the Strand, I would like to quote Benjamin Disraeli, Prime Minister of England in 1868 and from 1874 to 1880, who said: "The Strand is perhaps the finest street in Europe, blending the architecture of many periods".

Of the four Inns of Court in London, the Temple is by far the most historically fascinating of them all. Access into Temple is gained by turning off Fleet Street into Middle Temple Lane which runs straight to Temple Gate where the lawns stretch down to the river. Within the precincts next to the middle Temple Hall is Fountain Court, with its round pool and a single jet of water spraying into the air. Middle Temple Hall was badly damaged during the Blitz but was repaired including its beautiful carved oak screen and double hammerbeam roof. Here, in 1602, Shakespeare's company presented "Twelfth Night". Inner Temple Lane from Fleet Street leads you to the Temple Church which has an unusual circular nave known as the Round (1185) modelled on the Holy Sepulchre in Jerusalem. This was the headquarters of the Knights Templar in England, an organization of knights who were dedicated to the crusades to the holy land. The Knights Templar disbanded in 1312 and sold the grounds to lawyers. The Temple Church was gutted by German bombs in

World War II, but has been restored to look exactly as it did before the Blitz. In the Round of the church you can see effigies of the Knights Templar, from the 13th century, sitting cross-legged on the concrete floor. In the Inner Temple Gardens there is a small fountain in memory of the English essayist Charles Lamb, who lived in Inner Temple Court.

When you arrive back on Fleet Street, emerging from Inner Temple Lane, there is a warm and friendly hosterly known as the "Cock Tavern" where Charles Dickens often stopped for refreshment. The food today, is still excellent. Beside the tavern is a half-timbered Tudor style house dating from 1610 where, on the ornate plaster ceiling; you will see the initials PH. This was the house of Prince Henry, the elder brother of the unfortunate Charles I, who was beheaded in 1649.

On the north side of Fleet Street, just past Fetter Lane is Wine Office Court, an extremely narrow passageway where you will find another cozy pub, "Ye Old Cheshire Cheese", where Dr. Samuel Johnson and his biographer,

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District, 345-8816/753-2639
Email: reccomm@granite.mb.ca

Do you have a great coach? Nominate your coach today for the Coaching Manitoba Excellence Awards! Awards presentation at the Radisson Suite Hotel Winnipeg Airport

Saturday, April 12. Nomination deadline is March 3, 2003. For more info contact Coaching Manitoba at 1-888-887-7307 or 925 5913.

Eastman Juried Art show will take place May 8-11 in Steinbach. Application forms may be picked up at the Recreation office.

Lac du Bonnet Wellness Day

Lac du Bonnet Wellness Club presents speaker: Barb Krahn - "Exercise & Arthritis" in the Pioneer Club. Everyone welcome!

Creative Writing - still time to sign up!

This course has been pushed back to Monday, January 27 running until March 17/03 from 7:00-9:00pm at LdB Senior School with Gerry Beirne. For all writing abilities. Explore Fiction, non-fiction, memoirs through informal discussions. Manuscript evaluation available.

Cardio Kickboxing - Drop right in!

Two nights in LdB running now! (Mondays and Fridays)

from 6-7pm at Centennial Gym. **Pinawa** class runs on Wednesdays from 6:15 - 7:15pm at the Community Centre. For more info contact the Rec office at 345 8816 or 753 2639. Drop in fee, 1 night, 2 night and 3 night a week rates too!

Therapeutic Stretching - four spaces still available.

Thursdays, commencing on January 23 running for 10 weeks at LdB Senior School Gym from 7:00-8:00pm.

Jan Cam curling note: Not sure what calendar I was working off of but it definitely wasn't the school one! Spring Break is the week of March 31 - which means the date for Jam Can Curling in Pinawa is March 31 and April 1.

Facility diploma courses Arena/Curling Rink Level 2 and Pool courses are being held April 7 to April 11 at the St. Norbert Community Centre. For more information call 750 0058.

March is family month in Pinawa... Watch for some really exciting activities to be announced soon by the Early Childhood Development Committee.

NEWS TIPS?
Call the Echo 367-9468



Vegas Night

February 7, 8, 9

Pine Falls Men's Bonspiel

Entry \$140

Great Fun!
Great Food!
Great Prizes!

Friday Social evening includes Calcutta auction, card games, crib tournament, Killamey craps, Liar's Dice, bottle draws, etc...

Saturday Meal draws Sat. Afternoon, dinner at 5:30pm, catered by Bostrom's. Immediately following dinner the tables open for **VEGAS NIGHT**

Dig out your gambling bucks and try your luck!

Hope to see you there!
Call Kelvin Kralka to enter
(w) 367-2380 or (h) 367-9219
Mail Entries To: Box 640, Pine Falls, MB R0E 1M0

It's RRSP season. Are you terrified?

3. Costs of investing matter, dig into it. Most investors don't pay much attention to the costs of investing and this is a mistake. While the amount of fees you pay matters, I think that value for the fees you pay is the real issue. Here are several important points on costs you may be incurring:

a. If you own mutual funds, you likely bought them on a "DSC" basis. Funds sold on a DSC basis have no upfront purchase commissions; rather you pay a declining redemption fee should you sell within 8 years typically. Most Canadians are sold funds on a DSC basis. I recommend that you avoid it. While you may not pay an upfront commission to buy, you may end up paying more every year through higher annual fees inside the fund (MERs). As well, to avoid the redemption fees, you need to stay in the fund family for up to 8 years. I think that

your portability and access to your money is too important to be "locked up" for 8 years. Avoid DSC fees. Instead, buy your mutual funds on a "front end zero load basis". All mutual funds from any company can be sold in this "no load" manner today, meaning there are no purchase fees, no selling fees and you have freedom to sell whenever you want.

b. If you have an RRSP at a full service investment dealer, you may be paying an annual RRSP or RRIF administrative fee, sometimes as high as \$125 per person. If your investment portfolio has reached several hundred thousand dollars in size, ask the institution to waive the fee completely. Your advisor has this discretion, and your account is big enough that you can use your clout to cut this fee.

c. Further to mutual fund fees, go one step better and start buying the "F

Class" version of the mutual funds you currently own. Most mutual fund companies in Canada offer the traditional funds and they offer the F Class versions of the same funds. The only difference is fees, where the F Class version has a much lower annual MER - often more than 1% less. In these versions, the advisor compensation and other costs are eliminated and you are left with only the pure cost of money management. This lower money management cost leaves more money in your pocket every year - a lot more money! See below how the advisor's earnings become visible, controllable and possibly tax deductible with these F Class funds. They have been around for several years - why haven't you heard of them? There is no doubt they are better for you!

d. Switch your investment accounts from traditional com-

mission based accounts to fee based investment accounts. Most investment dealers in Canada now offer both options. In a traditional commission based account, you pay a commission when you buy and sell a stock, bond or mutual fund. Mutual fund loads are commissions. Mutual fund trailer fees are also commissions. In a fee based investment account, any stocks, bonds and mutual funds you buy have zero commissions. For mutual funds you buy the F Class version described above. So in the fee based account you have fewer, lower product costs compared to a traditional investment account. But in a fee based account, a separate, negotiable advisory fee is charged on the account annually. The amount of this fee depends on your account size and other factors. So why is this better? Here's why:

funds, you pay the same high fee even if the value of your account is large;

ii. The advisory fee is based on the value of your accounts. This is far more objective than commissions charged on products where the broker makes money whether you do or not. With a fee based approach, the advisor's fee only rises when your account value does, so your goals are now aligned.

iii. The advisory fee in the fee based account is visible, meaning you see and feel what you pay your advisor each year. This leaves you in a better position to judge value. In a traditional commission based account, if you own mutual funds, do you know what you are paying in fees and what your advisor earns? Few people do and that's a shame.

iv. Fee based is better for two solid tax reasons as well. If your investment account is non-registered, the advisory fee is tax deductible each year. Stock and mutual fund commissions are not tax deductible. So a fee based approach

i. The advisory fee in the fee based account is tiered, meaning fees go down as your account grows. With traditional commission products like mutual

See IT'S RRSP Page 15

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Pine Florist



Sagkeeng Anicinabe High School News

Our new semester began on Friday, January 24 with registration in the morning and classes beginning in the afternoon. The first full day of classes was Monday, January 27.

Final reports for semester one were issued on Parent's Day, which was Friday, January 31.

There are only two regular season games left for the girls' varsity basketball team. Badminton practice and tryouts for the school team will begin next week.

The Senior 4 students will be visiting various Winnipeg universities and other secondary education institutions in February. Please check the office for destinations and dates.

PINE FALLS LADIES

FEBRUARY 14, 15 & 16, 2003



DISCO THEME

Games - Friday Night Supper & skits - Saturday Night

53rd Bonspiel

\$120.00 Entry fee per team

Please make cheques payable to Pine Falls Ladies Curling Club

First PAID 32 Teams

Guaranteed 3 games

Send Entries to:

Tracy Sharpe, Box 37, St. Georges R1E 1V0 Ph 367-8533 367-2346
 Fay Berthelotte, Box 144, Powerview, MB R1E 1P0 Ph 367-9010

Lac du Bonnet RCMP Report



Lac du Bonnet Police Report for the period of January 20, 2003, to January 27, 2003
January 21, 2003

A report was received of a vehicle rolling backwards at a business in the R.M. of Lac du Bonnet and coming into contact with a phone booth. Minor damages resulted.

A report was made of an Instruction Alarm at a business in the Town of Lac du Bonnet. Police attended and found all secure.

January 22, 2003
A report was received of a vehicle stopped along PR 313 in the R.M. of Lac du Bonnet, and partially on the travelled portion. Police attended and found that it had broken down, but subjects were in the process of moving it. The registered owner subsequently had it owned.

A report was received of a dog possibly being left outside a location on Scott Crescent in the Town of Lac du Bonnet.

Police attended found that the dog was in fact cared for and was not in any danger.

January 23, 2003
A report was received of a hang-up 911 call from a location on Landerville Road in the R.M. of Lac du Bonnet. Police attended and found no-one home. It was subsequently as certain that the speed-dial button had been accidentally hit.

A report was received as a result of a request from Stone-

wall Detachment, police executed a Search Warrant at a location in the River Hills area of the R.M. of Whitemouth, and recovered a large quantity of used bricks which had apparently been stolen from a location near Winnipeg.

A report was received from Ste. Rita of an under-age female not returning home from school in Oakbank.

A report was received of a 911 hang-up call from the Milner Ridge area. Investiga-

tion revealed this to be from a faulty phone.

Police on patrol has occasion to seize an unregistered snowmobile on the parking lot of the Lac du Bonnet area. The operator was under-age and not wearing a helmet.

A report was received of an attempted break and enter to a residence on Scott Crescent in the Town of Lac du Bonnet. No entry gained, but some
See LAC DU BONNET/page 15

Blues defeat first place Stonewall

submitted by MP

The Lac du Bonnet Blues ended the month of January on a winning note, defeating first place Stonewall on Flyers home ice 6-4. Blues Coach Jeff Seifried offered the January stats, stating the Blues were undefeated in January, beating every team in the league.

While Lac du Bonnet is challenging first place with the addition of goaltender Shane Hintz, Stonewall cannot say the same. The Flyers' came out strong on Friday, January 31st with at least four shots on Hintz in the first minute, but the first rush by the Blues forward line of Abraham-Turner-Reynolds beat Stonewall goalie Klimpke to quickly change the momentum.

Two minutes later, Mike Grewinski stood in the slot to screen a shot from Cam Sokoloski who put it away for

the second goal by the Blues. The Flyers could not score on Hintz during their first power play early in the period, but the Blues made no mistake on their own power play when Dwight Hirst grabbed the third goal for the Blues, one timing a rebound from a Jay Seymour shot, Arsenault also drawing an assist.

Stonewall finally answered with their first goal at even strength midway through the first period. The penalty calls went Stonewall's way again late in the period, the Flyers enjoying yet a third power play, but Jay Usackis was strong in clearing the puck from the Blues zone to close the period at 3-1 Lac du Bonnet.

In the second period Lac du Bonnet once again opened the scoring, keeping the pressure on when John Dancyt tipped in a Curtis Ramsden shot from

the blue line. Stonewall had a breakaway less than a minute later, but Hintz won the battle.

Stonewall quickly went on the offensive with a fourth power play and a two man advantage, but Lac du Bonnet got a break when a Stonewall goal was waved off after being tipped from a Flyer skate in the crease. Jay Griffith momentarily provided relief from the Stonewall onslaught when he made a diving play to tip the puck out of the Blues zone.

Lac du Bonnet finally converted late in the second following a face off in the Stonewall zone. Curtis Ramsden took the shot from the blue line with Jay Abraham in the right place to tip in the goal to push the Blues ahead 5-1, closing out the second period scoring. A huge goal, coming at the right time.

Early in the third period, Dwight Hirst got hungry and rushed only to hit a cross bar to be denied another goal. Stonewall's Andrew Kirk, top league scorer, created a great turnover behind the Blues net, centering a pass that enabled Stonewall to net their second goal on Hintz with both teams at full strength.

The Blues answered during a two man advantage, this time Seymour scoring on a pass from Hirst. Hirst missed another opportunity on a rebound

from a Seymour shot minutes later. While Hintz made a great save at 10:21 of the third, the shot that came seconds later found its mark, Stonewall using the triangle passing technique effectively to net their 3rd goal, being their first success on eight power play attempts.

The refereeing went from bad to worse after the Flyers came to within three goals. Stonewall was handed the gift of their ninth, 10th and 11th power plays. Hintz covered well on the corners, but could not hold off back to back offensive strikes, allowing Stonewall a fourth goal on a power play with only two minutes left in the game.

After the whistle on the fourth goal, Stonewall's Kyle Millar head butted Blues defenceman Curtis Ramsden to be assessed a five minute major, carrying with it an automatic match penalty and two game suspension. Andrew Kirk objected loudly to the head ref and for too long before finally drawing a ten minute misconduct.

With the clocking ticking down, Stonewall called a time out with forty-three seconds remaining. They pulled their goalie and Lac du Bonnet narrowly missed the empty net on two clearing attempts. Stonewall did not score again. Final: 6-4 Blues.

In conversation with a neu-

tral fan from Lockport, Albert Hildebrandt had this to say about the head ref, "up to the end of the second period, was not bad, a bit lopsided favouring Stonewall. The third period was brutal, the only good call came when Andrew Kirk of Stonewall got a ten minute misconduct, and the ref was slow in calling that one."

Coach Seifried looked tired but pleased with the victory, "Usackis had a good game, as did Shane and Dwight. The team did exactly as I said, they played the way we wanted it to be done."

Jay Abraham demonstrated great control of the puck throughout the game, passing and dumping quite effectively to the cheers of the over 30 Lac du Bonnet fans in attendance, who were much louder than the meager Stonewall showing. Abraham recorded three assists and one goal for the Blues, maintaining his sixth place overall in the league scoring. Hirst moved up to third overall in the league, with Seymour in ninth position.

Although this was only Stonewall's third loss of the season, they don't like to lose, said a Stonewall player who commented on the Blues "good power play."

Bad refereeing did not prevent the Blues' victory. The team was on a high after the win, as were the plentiful fans who were rewarded with their team's first win over the first place Stonewall. Celebrations were the order of the day. Lac du Bonnet was to travel to Lundar the next night. If they could win that one, they would grab first place outright. Should be easy enough. Lundar had not beaten Lac du Bonnet this season. The fans went home, confident their team could handle Lundar the next day. Such was not the case.

Grand Sands Motor Inn
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VALENTINE'S DAY WEEKEND
Friday, Feb. 14 & Saturday, Feb. 15
Awesome Steak Night - Both nights
50/50 Draws - Each night for a two night stay at the beautiful Falcon Lake Resort Hotel.
Proceeds to winners & local groups. Must be present to win.
Evening Dancing - Both nights
Lawrence Patzer and General Lee

Chinese Buffet - 14 Delicious Dishes
•All You Can Eat •Prepared Fresh •NO MSG
Tuesday, Feb. 18th
5:00p.m. - 8:00 p.m.
(3rd Tuesday of every month)

Steak Night - Every Friday
5:00p.m. - 9:00 p.m.
8 oz. Top sirloin or 6 oz. Chicken
Roasted potatoes, coleslaw, garlic toast, w/beer or shot

VLTs - ATM - SATELLITE - DJ Fridays & Saturdays
Restaurant open everyday at 8:00 a.m.
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Book your graduation tuxedo before April 30/03 and get \$5 off.

COUNTRY CONCEPTS
367-2248 - Pine Falls (Next to Post Office)

Dancing Blades host Regional Championship

This year the Pine Falls Dancing Blades Figure Skating Club hosted the Eastman Starskate Regional Championships on Saturday, February 2nd.

It was the first time that the championships were hosted by the Pine Falls club.

Eighty three skaters participated in this year's event. They represented twelve clubs from within the Eastman Region.

All the girls from Pine Falls, Lac du Bonnet, and Pinawa did very well in the competition.

"We are so pleased with the turnout over the weekend. All the competitors did very well. We received a lot of positive feedback and our club worked hard to ensure everything went well," said Dancing Blades Chairperson, Michelle Kotak. Christal Van Rooyen of Pine Falls placed fifth in the Introductory Free Skate for 9 and under. This was her first year in the competition.

The Lac du Bonnet Flaming Blades placed second in the preliminary team competition and in the preliminary Junior Bronze team the Lac du Bonnet SAAM placed second and the Pine Falls Northern

Lights placed third.

Janice Ikeda of Pinawa captured herself a gold medal for the Senior Bronze Ladies Freeskate. And Allison Wold of Lac du Bonnet received silver for the Junior Bronze Ladies Free Skate 11 and under.

Other medals were awarded as follows:

- Senior Bronze Ladies Freeskate
- Gold Janice Ikeda Pinawa
- Silver Katrina Peter Beausejour
- Junior Bronze Ladies 12 & over Freeskate
- Gold Patricia Johnson St. Adolphe
- Silver Melissa Wold Lac du Bonnet
- Bronze Meghan Rafferty Niverville
- Junior Bronze Ladies 11 & under Freeskate
- Gold Holly Grabowecy St. Adolphe
- Silver Allison Wold Lac du Bonnet
- Junior Bronze Ladies Short Program
- Gold Holly Grabowecy St. Adolphe
- Silver Melissa Wold Lac du Bonnet
- Bronze Allison Wold Lac du Bonnet
- Preliminary Ladies Compulsory Elements

- Gold Camilia Schalla Steinbach
- Silver Lindsay Martin Beausejour
- Bronze Stephanie Champagne Lac du Bonnet
- Pre-preliminary Ladies 11 & over Freeskate
- Gold Jodelle Nault Hazelridge
- Silver Tegan Jacobs Hazelridge
- Bronze Andrea Gorrie Lac du Bonnet
- Beginner Ladies 10 & over Freeskate
- Gold Marie-Claude Gratton St. Adolphe
- Silver Halie Scott St. Adolphe

- Bronze Shayna Halstrom Lac du Bonnet
- Beginner Ladies 9 & under Freeskate
- Gold Amber Lotz St. Adolphe
- Silver Catherine Sellen Oakbank
- Bronze Emily Stefaniuk Lac du Bonnet
- Introductory Ladies Compulsory Elements
- Gold Elizabeth Cochrane Lac du Bonnet
- Silver Laura Glowachuk Ile des Chenes
- Bronze Virginia Murkin

- Beausejour Preliminary/Junior Bronze Team Event
- Gold Hazelridge Chicks with Picks
- Silver Lac du Bonnet SAAM
- Bronze Pine Falls Northern Lights
- Pre-preliminary Team Event
- Gold Oakbank Jumpers
- Silver Lac du Bonnet Flaming Blades
- Bronze Hazelridge Superstars
- Beginner Team Event
- Gold Lac du Bonnet Lightning
- Silver Hazelridge Ice Princesses
- Bronze St. Adolphe Silhouettes



Holly Grabowecy of St. Adolphe (right) received Gold and Allison Wold of Lac du Bonnet (left) captured silver in the Junior Bronze Ladies Freeskate 11 & under



Patricia Johnson (centre) of St. Adolphe - Gold, Melissa Wold (left) of Lac du Bonnet - Silver and Meghan Rafferty (right) of Niverville received bronze in the Junior Bronze Ladies Freeskate 12 & over

Sunrise School Division
PLEASE BE ADVISED
 The Location of the Regular Board Meeting of the Sunrise School Division to be held on Tuesday, February 4, 2003 at 7:30pm has been changed to the Super 8 Motel in Beausejour.

Through the Arbour
 Many unique hand-crafted gifts for someone special!
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 Now Available
 Consultation with Kristin Phillips, Medical Herbalist. Call now for your appointment!
 "Royal Rose" Essential Oil, Full Body Massage 1.25 hours
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 Heart drops, Wonder Tea, K&H
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 367-2611 367-2517

Winnipeg River RCMP Report



January 27:
A family dispute resulted in a window to a residence being broken at Little Black River. Police intervened and the parties involved will be seeking a Peace Bond. No charges were laid in the incident.
Police responded to a location in Traverse Bay for assistance with a mentally unstable male. The situation was sta-

bilized and no further action was necessary.
A request to remove a female from a Powerview residence had police attend. Upon arrival Police found the situation under control and no indications of any disturbance. The matter had already been resolved.
A complaint of threats being uttered was reported to

police. Further investigation revealed 2 females were unhappy about their children dating. Both parties had been spoken to by Police to prevent any further problems.
January 28:
A complaint of money missing from a residence in Belair is under investigation.
The Wanipigow School in Hollow Water was evacuated in the afternoon after receiving a bomb threat. Police attended, a search of the school was conducted and no explosive was located. Investigation continues in the incident.

released. Alcohol was involved in the incident.
A male was found by police on highway 11 in the South Shore of Fort Alexander wandering down the centre lane, the victim of a beating and highly intoxicated. He was taken to Pine Falls hospital for treatment of his injuries. Further inquiries found the male to be in violation of conditions of his Court Order. Investigation continues on the aggravated assault.
January 31:
Police received a call to attend a Break and Enter on Fort Alexander. The culprit was still inside but quickly left when the homeowner entered. Police are still investigating the incident.
A male was lodged in cells after police picked him up off of Highway 11 attempting to flag down Traffic. The male was highly intoxicated and was released in the morning when sober.
An intoxicated female was removed from a residence on the South Shore of Fort Alexander for causing a disturbance after police responded to several nuisance calls from this location. She was later released when sober.
February 1:
A Break, Enter and Theft occurred at a cottage in Manigotagan. Suspects entered the cottage by breaking through the sunroom window. They re entered the cottage through a second window. Liquor & beer cans were taken in the incident.
Police received a call to remove a female from a residence on the North Shore of Fort Alexander. The female was driven home and advised to stay away from that location.
A break, enter & theft had police respond to a residence in Little Black River. A number of items were stolen and police continue to investigate.
A green & beige Tote Bag with skidoo apparel was turned into the Winnipeg River Detachment after it was seen falling off of a truck on Highway 59 near Belair.
Police attended 2 Break,

Enter & Thefts at Hollow Water. Numerous items were taken in the incidents. Point of entry was gained via the back door being kicked open in the 1 incident.
A break, enter and theft had police attend a residence in Powerview where an ATV was taken and recovered. Police continue to investigate.
Police responded to the South Shore of Fort Alexander where a male and female were fighting. Investigation continues.
Police attended a residence on the South Shore of Fort Alexander where a male was banging on the door. The male was driven to his residence. No further action was taken in the incident.
A call to a fight at the Townsite of Fort Alexander had police attend. Upon arrival the fight had dispersed and all parties had left the scene.
Police assisted Beausejour RCMP in investigation of a snowmobile accident which occurred on the Stead Rd. The male driver was taken to Pine Falls Hospital. Investigation continues with Beausejour RCMP.
February 2:
Police received a report of a spousal assault causing bodily harm which occurred on Fort Alexander. 1 male was arrested & charged in the incident. Investigation continues.
A 2nd Break & Enter of a cottage next door to a location previously reported occurred in Manigotagan. Access was gained via a screen on the porch & an inside window being broken.
Police attended the North Shore of Fort Alexander and apprehended a male subject. The male was intoxicated, arguing and causing a disturbance at the home.
An intoxicated female was picked up and lodged in cells after assaulting her children. Investigation continues in this incident.
Police attended a residence on the North Shore of Fort Alexander after a call of a possible assault. Police arrived and found no assault just a small house party.
A stolen snowmobile recovered led police to several suspects who were linked in the Break, Enter & Thefts at Hollow Water. Investigation continues.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.
PACE 7-1375: meets first Tuesday of the month. Chicken Chef, Powerview meeting room.
Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.
Library Allards: Tuesday, 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.
Beaches Library: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.
Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement
Nilver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.
Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.
Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.
Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.
Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.
Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.
Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

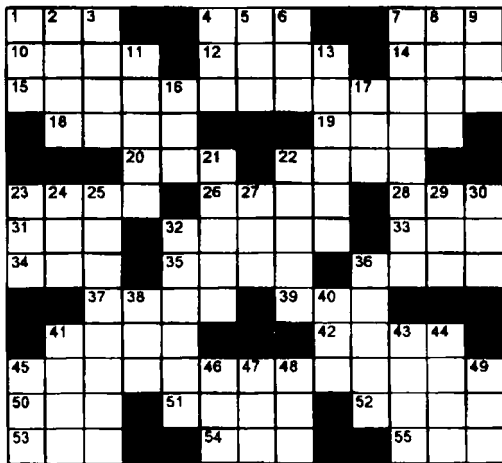
Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month.
PAA: meeting first Tuesday of each month at 7:00 p.m.
Village of Powerview: meets second Tuesday of each month.
Winnipeg River Senior Service Inc. Coordinator Tina Poltschuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday.
Services: transportation, home maintenance, foot care, volunteer help, info.
Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.
AA & Al-Anon - The Beaches family group, Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road 756-8018 or 756-2101.
Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.
Senior Scene Inc. #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.
Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.
Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.
Powerview Parent Advisory Council: meets first Thursday of every month.
Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.
Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday.
Foster Homes Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.
Sunrise Ladies Ensemble: meets every Thursday from 7:00 to 9:00pm at the Pine Falls United Church.
Call The Echo 367-9468 to list your community event FREE OF CHARGE.

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon.
PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bonita E. Garrett, Minister, Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 8 at 11:00 am, everyone welcome.
PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph 367-8347 Rect., the Rev. Brian Runnree, Sunday Service at 9:00 a.m.
ST. THERESA'S: Masses at Notre Dame du Laus.
ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.
ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.
TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy #12, 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682.
CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.
HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday. Scantebury, on Hwy #59.
ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday - Closed November 1 to April 30th.
ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.
ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.
SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.
CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.
GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd, Gladys, for information, 367-2531.

The Winnipeg River **Echo**
ADVERTISING DEADLINE FRIDAY 3:00 P.M.

WEEKLY CROSSWORD



- 8. Ape
- 9. Egyptian music god
- 11. Curved
- 13. Capital of Canada
- 16. Mine-clearing (abbr.)
- 17. Stitchbird
- 21. Eastern Arabia sheik-dom
- 22. Fermented fruit juice
- 23. Detergent brand
- 24. Computer info transfer (abbr.)
- 25. To fester
- 27. That girl
- 28. Washington DC airport code
- 31. B'nai B'rith group (inits.)
- 32. One-celled protozoa
- 33. "Will Ye _____ Come Back?"
- 34. Pen brand
- 35. Language group
- 36. The _____ Duckling
- 37. Merit
- 39. Actor Brynner
- 41. Bow (Ital.)
- 42. False god
- 45. Trite
- 50. _____ pack
- 51. Japanese sock
- 52. Brass wind instrument
- 53. Dutch town
- 54. Actors union (inits.)
- 55. "A Shropshire
- 29. Mulberry
- 30. Turkish title
- 32. Skillful
- 36. Abounding (Suff.)
- 38. Deed
- 40. Where (Lat.)
- 41. _____ and a lass (2 wds.)
- 43. Napalese
- 44. Bantu
- 45. Ahead (pref.)
- 46. Chinese pagoda
- 47. Filipino yam
- 48. _____ gram or phragm
- 49. "_____ am I"

ACROSS

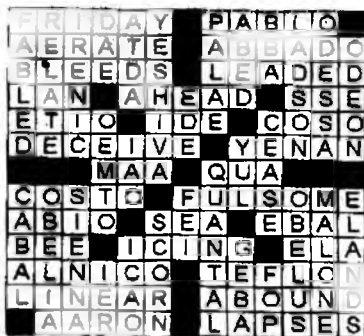
- 1. Gold (pref)
- 4. continental golfers (abbr.)
- 7. _____ fest
- 10. Fish
- 12. Billionth (pref.)
- 14. New Guinea port

- 15. Shortened forms
- 18. Environment (comb. form)
- 19. Bangkok native
- 20. Economic agency
- 22. Disfigure
- 23. Fight
- 26. Indian grass

DOWN

- 1. Narrow shoe width
- 2. Boss on a shield
- 3. Lean animal
- 4. Letter holder (abbr.)
- 5. Moo goo _____ pan
- 6. Sayings
- 7. Dusk

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

BWCCVWDQ VF W DCQWR VGFVRVRYVHG.
 SYR V'B GHR CQWJT KHC WG
 VGFVRVRYVHG TQR.

Last Week's Solution

YOU ARE ONLY YOUNG ONCE, BUT YOU CAN STAY IMMATURE FOREVER.

WEEKLY ECHO HOROSCOPE

for the week of Feb. 3 to Feb. 9

ARIES (Mar. 21 - April 20)



Don't exaggerate. Be careful not to overexert yourself. Compromise will be necessary. Control your emotions and everything will fall into place.

TAURUS (Apr. 21 - May 21)



You need to take some time out to decide what you want to do. Use your high energy and dynamic approach to win favors from superiors. Unpleasant situations concerning family members will be unnerving. You may be confused regarding your love life.

GEMINI (May 22 - June 21)



Do not let in-laws upset you. Hidden assets can be doubled if you play your cards correctly. You may need to lend an ear to an old friend. It is time to clear your decks.

CANCER (June 22 - July 22)



Difficulties with female members of your family may result in estrangements. You may want to try your hand at a little creative writing. Don't let your boss get the better of you. You may not want to spend time around family or your home. The great outdoors will allow you to teach youngsters some of the things you learned when growing up.

LEO (July 23 - Aug 22)



Your ability to ferret out secret information will lead you to an inside scoop on an amazing financial deal. You can make excellent investments if you are in the right place at the right time. If you go shopping, only take what you can afford to part with. Jealous coworkers may try to sabotage your attempts to get ahead.

VIRGO (Aug. 23 - Sept. 23)



Tie up your personal papers or push to have legal settlements completed. Resist the temptation to gamble. Risks will not be profitable. Remember: talk to them, not at them. Put some energy into getting back into shape. Listen to reason.

LIBRA (Sept. 24 - Oct. 23)



Added knowledge will give you the edge when dealing with peers. Don't let an incident at work play on your mind. You will be highly entertaining when in contact with your lover. New relationships will surface through work related events.

SCORPIO (Oct. 24 - Nov. 22)



You may have a rather hectic day due to events that children are involved in. You may overspend if you travel this week; however, the trip will be one to remember.

Your unique contribution to the organization will enhance your reputation. You will be in the mood for competition, and your ability to lead a group will bring you popularity.

SAGITTARIUS (Nov. 23 - Dec. 21)



Property investments should payoff. Upgrading at this point is not a bad plan. Try not to get into disputes that will lead to estrangements. Don't let your emotions interfere with moneymaking deals.

CAPRICORN (Dec 22 - Jan. 20)



You just hate waste, and when someone else costs you dearly you see red. You should focus on moneymaking matters and stay away from emotional disputes. Concentrate on your career and on making money. Your diplomatic nature will help you in straightening out unsavory situations.

AQUARIUS (Jan. 21 - Feb. 19)



You will meet new and exciting people if you attend social activities or sporting events. Uncertainty regarding your direction is likely. You need to be sure that you aren't in your present relationship because it is convenient. Home improvement projects will enhance your residence and bring the family closer together.

PISCES (Feb. 20 - Mar. 20)



You may want to get a little extra rest. You are prone to infections and fevers. Take special care in any home improvement project you work on this week, you'll be glad you did. Make arrangements to meet friends at your local dance club. Try to calm down and listen to your partner's complaints. Compromise may be necessary.

Echo Classifieds

Jewelry Arts Studio

Jewelry, Watch & Artwork Sales - Expert jewelry, watch and clock repair. Watch batteries - you buy the first one, we supply the rest as long as you own the watch. 1st Street & McArthur, Lac du Bonnet, Manitoba. 345-9451.

Miscellaneous

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-1PNS

For Sale

Hay for Sale - Protect your septic system, hay for sale. Good for all types of insulation, \$1.00 each or \$2.50 delivered. Minimum of 10 bales, Pine Falls area. Call 367-8836 or 367-9284. 26-1PNS

Accommodations Wanted

Artist/Biologist looking to rent a room, furnished or not, with cooking facilities in a home or cottage for five months. May 1st to September 30th in Pine Falls. Please call me at 204-694-3981 in Winnipeg. I will be locating and drawing wild plants for a new publication. I travel by bicycle and on foot. 31-2P

Casino Trip

Thief River Falls Casino - \$129.00 March 10, 11 & 12, 2003. \$0.85 US exchange. Free 40 ounce, early booking rebate of \$10.00. Your cost \$119.00, call 345-2664. 34-1 & 35-1

Congratulations



Congratulations Kristine for your diploma in Herbal Medicine. Three years in B.C. studying with the "Dominion Herbal College" (Vancouver) and a couple trips to "The College of Phytotherapy" (East Sussex, England) for your fourth and final year, and you did all this while becoming a new mum. WOW! But you persevered and got it all done, and we are proud to have you in Pine Falls as you start your new career as a Medical Herbalist.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling **Silver Haven at 367-4620**

Friday, Feb. 7:
Coleslaw, roast turkey, mashed potatoes, gravy, corn, stuffing, jello

Monday, Feb. 10:
Soup, fish and chips, carrots and celery, sauce, apple pie

Wednesday, Feb. 12
Soup, pork cutlets, noodles in cheese sauce, peas, pudding.

NEWS TIPS?

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PUBLIC QUOTATION FOR GRAVEL HAUL

The Rural Municipality of Alexander will receive quotations to load, haul and spread approximately 5,000 cubic yards of traffic gravel from E ½ 2-15-9EPM in the R.M. of Lac du Bonnet area to R.M. Of Alexander roads in Ward IV area. Work is to be completed within a specific time frame as set out by the Rural Municipality of Alexander contract.

Lowest or any price not necessarily accepted, preference may be given to local contractors.

Sealed quotations marked "Gravel Quotation" will be received until 4:30pm, February 26, 2003 at the following address:

Rural Municipality of Alexander
Box 100, St. Georges, Manitoba R0E 1V0
Attention: Rose-Marie Blanchette
Chief Administrative Officer

PUBLIC QUOTATION CRUSHING GRAVEL

The Rural Municipality of Alexander will receive quotations to crush and stockpile 5,000 cubic yards of traffic gravel from E ½ 2-15-9EPM, in the R.M. Of Lac du Bonnet area. Work is to be completed within a specific time frame as set out by the Rural Municipality of Alexander contract.

Lowest or any price not necessarily accepted, preference may be given to local contractors.

Sealed quotations marked "Crushing Quotation" will be received until 4:30pm, February 26, 2003 at the following address:

Rural Municipality of Alexander
Box 100, St. Georges, Manitoba R0E 1V0
Attention: Rose-Marie Blanchette
Chief Administrative Officer

Sagkeeng First Nation Memebers

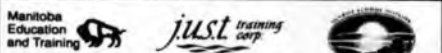
The Sagkeeng Post Secondary Education Program is accepting applications for the 2003-2004 Academic Year.

Please submit applications by April 15, 2003:

Sagkeeng Education Authority
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For applications call Franklin or Norma at 1-204-367-2287 or toll free 1-800-201-3505.



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Agassiz Adult Education - Beausejour	268-4832
New Directions School - Lac du Bonnet	345-2867
Empower Adult Education - Pine Falls	367-2495

Lac du Bonnet RCMP Report

from page 10

damage to the door.
January 24, 2003

A report was received about heavy trucks driving on Bilan Road, speeding. Police patrols will be in the area.

A report was received of a young possibly missing from school. A follow up call was noted 15 minutes later that the youth had returned.

January 25, 2003

A vehicle was stopped in town and the driver was operating on an expired licence. She was charged accordingly and open liquor was seized and destroyed at the scene.

A counterfeit \$10.00 bill was turned over to us by a local banking institution. The

bill has been sent off for forensic analysis.

January 26, 2003

In the early hours members were dispatched to an area with regards to a possible suicidal person who was en route from Winnipeg. While en route the person in question was located in Winnipeg.

A report was received of a woman contacting the police to check on her husband as she could not get through on the phone. Police attended and it was determined the portable phone was not operation.

January 27, 2003

The Lac du Bonnet Detachment were advised by Winnipeg Police Service that they had apprehended an individual

on one of our arrest warrants. The male subject was released to appear in Lac du Bonnet court at a later date.

A false alarm was reported after a contractor set off the alarm by accident.

January 28, 2003

The same alarm was activated again and was determined to be an alarm fault.

A request was received to apprehend a female youth, who was staying in Lac du Bonnet from an out of Province Child and Family Services Agency. It was determined that the local Child and Family Services would intervene first to determine the best course of action.

A report was received from

a concerned citizen in Pinawa that vehicles were playing cat and mouse and looked suspicious. One vehicle was located and the driver spoken to.

A report was received about an accident involving a vehicle and several cows on a local municipal road. Three cows were badly injured and the driver sustained no injuries. The truck he was driving was extensively damaged.

A report was received of an intoxicated female was unwanted at a residence just outside of Lac du Bonnet. Prior

to the police attending the female had left.

January 29, 2003

Police responded to a residential alarm. It was determined the cat had knocked over an ornament which set off the alarm.

A further false alarm was reported, in Pinawa

Police responded to a fight in progress at a local establishment did not wish to pursue charges under the Liquor Act for those involved. The penalties under the Liquor Act carries substantial fines.

It's RRSP season. Are you terrified? -from page 9

costs less, after-tax as well. Further, an advisory fee is deductible against your regular income on your tax return, potentially saving you up to 46% of tax or so. With traditional commissions, the biggest write off you can get is approximately 23%. The tax impact of investment fees is often overlooked, but you can save a lot of money if you are tax smart in setting up your advisor fee arrangement.

When you look at a traditional investment account this way, and you see the advantages of a fee based approach, I hope you'll agree that fee based is superior for a variety of different, yet all important reasons. Switch to fee based today for all your investment accounts.

e. Stay clear of specialty investment products. Some ad-

visors and some investment dealers like to sell a variety of specialty products to clients. Products like wrap programs, royalty trusts, high yield trusts, income trusts, limited partnerships, linked notes, labour funds, hedge funds and more. The fact of the matter is that most investors will do just fine with blue chip stocks, bonds and/or mutual funds. Some of these specialty products are unproven without track records of past success. Some of these products are expensive. Some of these products are higher risk than traditional investments. Most of them are complicated and sold with slick marketing materials. Get a second and third opinion from a qualified expert before you buy any of these and other "new-fangled" products. Or just stay clear all together.

See PART III, Next week

Kurt Rosentreter, CA, CFP, CIMA, TEP is a Senior Financial Advisor with Berkshire Securities Inc. * in Toronto, a Canadian best selling author on personal finance and has been a respected financial expert to The Globe and Mail, The National Post, Maclean's Magazine, Canadian Business, CBC and Canada AM. Kurt is the past co-founder of the national wealth planning practice at one of Canada's most prestigious CA firms. Today Kurt offers "Family CFO" services to families in Toronto, and welcomes new client inquiries - no minimum account size required. Kurt can be reached at 1-866-ASK-KURT or krosentreter@berkshire.ca. *Member CIPF

This article is solely the work of Kurt Rosentreter. The views, opinions and recommendations are those of the author alone and they may not necessarily be those of Berkshire Securities Inc. or Berkshire Insurance Services Inc. This article is not meant to provide legal, accounting or account advice, as each situation is different, you should seek advice based on your specific circumstances. Please call to arrange for an appointment.

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 Lac du Bonnet
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 Sunday 8:00 a.m. to 12:00 midnight

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 trop. 10:00 a.m. to 11:30 p.m.
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Barristers & Solicitors
 Lac du Bonnet every Tuesday at Allan Holm Agencies
 28 McArthur Avenue
 11:00 a.m. to 1:00 p.m.
 Powerview every Tuesday at Powerview Agencies
 3:00 to 7:00 p.m.
 Lac du Bonnet 345-8476
 Powerview 367-3455, 8350
 or Winnipeg 1-204-957-6403

Esser Chiropractic Health Centre
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- Worker's Compensation

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367-2611
DISPENSARY 367-2517

Dr. Alan Grant & Dr. Ryan Tsang DENTISTS

Pine Falls Dental Clinic
 36 Maple Street (across from the hospital)
367-4417
 Monday & Tuesday, 9am-5pm
 Thursday, 3pm - 9pm
 Friday, 9:30am - 3pm

Fort Alexander Dental Clinic
 (in the Fort Alexander Health Centre)
367-2208
 Monday/Tuesday/Wednesday 9:30am - 4:30pm
 Thursday, 9:30am - 2:30pm

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LAWYER
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CALL 925-1900 for appointment

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