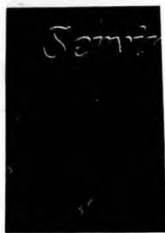


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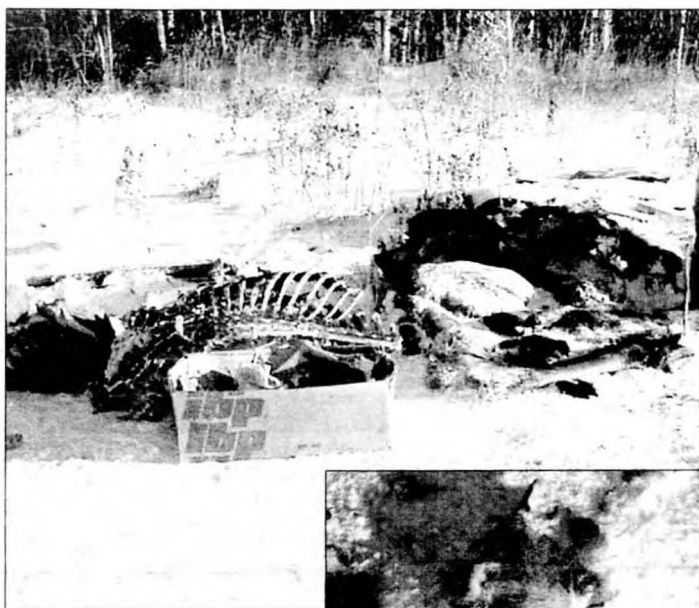


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Vol. 3, No. 27

November 26, 2002

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Animal carcasses of a moose and deer were dumped at the bottom of Muck Hill where kids from the community go sliding, skiing and snowboarding.

## Animal remains dumped at Muck Hill

Carcas remains were dumped by hunters and left stewn about at Muck Hill, a popular playground for young kids in the area.

Manitoba Conservation Officer John Watling believes that the remains were just dumped within the last day or so. "Hunters probably left the carcasses because the dump was closed on the weekend".

This is the second incident within a month that the RM of Alexander was contacted and had to have removed. Previously there was a bear carcass that was left at the same location.

"We don't encourage people to dump any type of waste, it is unfortunate that hunters would leave behind their kill in a public place", said Watling.

## Merger committee to be elected

### Advisory committee not participating

by Charles Norman

Tembec is arranging for a seven-member merger committee to be elected Friday December 6. There will be an advance poll on the previous Wednesday. All residents over the age of eighteen who have lived in Pine Falls for the previous six months are eligible to vote and seek election to the committee. Voting can be arranged for residents who have gone south for the winter.

The committee will begin orientation the following Monday but will break for Christmas from December 13 to January 6, 2003. It is anticipated that merger discussions with Powerview will begin in late January. It is expected that 120 days from the beginning of discussions with Powerview will be sufficient to determine if a merger is possible. The term of the committee will be until it is either obvious that a merger will not take place or until the merger has actually been completed.

The committee will represent residents of Pine Falls in Merger discussions, and will arrange for communication and feedback from Pine Falls' residents. They will also be involved in the selection of an independent Municipal Advisor.

The former Pine Falls advisory group have chosen to opt out of the merger negotiations between Powerview and Pine Falls.

## Beaches Wellness Centre board elected

by Charles Norman

Close to fifty people showed up to elect a board of directors for a proposed wellness centre on RM of Alexander property on the West side of Highway 59 across the highway from the Traverse Bay Store.

To date the proposal has been championed by the Alexander Sustainable Development Association (ASDA) chaired by Ken Young of Traverse Bay. ASDA has obtained a promise from the RM for a transfer of enough land for the centre and any other associated activities. (A community centre, curling rink, bowling alley and therapeutic pool have been suggested.)

The land in question is currently owned by the provincial

government. A transfer of land between the province, (Crown Lands), and the RM has been agreed to, but, according to RM Reeve George Harbottle, the implementation of the agreement has been stalled. Selkirk M.L.A. Greg Dewar told the meeting he would look into expediting the transfer.

Ken Young told the meeting that the centre would serve the area from Scanterbury to Victoria Beach to Pine Falls and Powerview.

Representatives of one local organization after another spoke in favour of the proposal. Lorraine Neal summed up the consensus when she said: "Everybody wants it. Lets get going on this. Let's get rolling."

A nine-member board was

elected with a mandate to elect table officers and to report back to a general meeting with a proposed constitution.

Elected to the board were: Margaret Berrington, Jeanette Cherlet, Dee Rickner, Lorraine Neal, Isabelle Brunel, Dianne Ateah, Elmer Blanchard, Marlene Farrell, and Ken Young.

**Southeast Blades vs. Dauphin Kings**  
Nov 26 7:30pm  
at Multiplex

# Students making a difference



Students of Project K.I.N.D. donated a bookshelf filled with books to the Pine Falls Health Complex

Powerview School students delivered on their promise to construct a book shelf for the Pine Falls Health Complex and filled it with children books this past Friday. "We are very thankful for this wonderful gift, and you should be proud of your efforts" said Care Team Manager Bridgette Budgell on behalf of the Pine Falls Health Complex.

Students of Project K.I.N.D. (Kids Initiating New Dreams) are from Powerview Schools grade six and seven class. They are dedicated to doing R.A.K. (Random Acts of Kindness) and setting individual, community, provincial, and worldwide goals. The project was developed by Mrs. Viznaugh and together with student input they shaped the project into what it is today. One of the main issues that was identified among the group was the perception of teenagers as being negative. The students decided to prove that image wrong, by doing volunteer work and making good things happen in the community. They wanted to

show community members that they are all not bad and are capable of making a positive impact, by doing random acts of kindness and learning what volunteering is all about. "It has really turned into a great project and the students are having a fun time making the project work," said Viznaugh.

Some of the past activities the group has done was raise \$85.00 and 91 lbs. of food. Their long range goal is to raise 300 lbs. of food by Christmas to donate to charity.

**New Email Address!**      [theecho@mb.sympatico.ca](mailto:theecho@mb.sympatico.ca)

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Bonus Line	598.00
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Jackpot Strip	314.00
Bonanza	643.00

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Shawn Tester

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The **Winnipeg River Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

# 'Tis the season for craft sales

Despite icy road conditions and cold blowing winds craft sale shoppers attended the annual Christmas craft shows held in both Great Falls and St. Georges.

Fresh baked breads, buns, pies, cakes, dainties, and muffins were the favourite among shoppers at the Great

Falls Recreation Hall. "We have had a good day so far even though the weather has kept a lot of people away", said one vendor.

Grandma's Craft Cabin was just one of about 12 vendors at this year's sale. Shoppers were able to purchase handcrafted dolls, oma-

ments, woodworking pieces, and pottery. Another popular table was the handmade candle table.

The St. Georges bazaar and bake sale was filled to capacity. People were able to purchase great gift ideas and took advantage of the many draws and door prizes. Vendors had homemade jams, salsas, marmalades, baking, knitting, crocheting and Christmas ornaments for sale. "It is really nice to see everyone come out and support us," said Leo Fillion. Fillion volunteered his time at the door, he not only greeted everyone, he made sure everyone was entered into the door prize, there was one for adults and one for children.



Leo Fillion greets people at the door at the St. Georges Bazaar this past Saturday at the Parish Hall



The Christmas Craft Sale at the Great Falls Community Hall offered a variety of tables including baking, crafts, painting, carvings, Body Shop and (right) handmade candles.



Artist Dianne Lund displayed her wolf prints and cards at the Great Falls Craft Show

**14th Annual Christmas Craft Sale**  
Pine Falls School Gym

**Saturday, November 30th**

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# Powerview varsity boys volleyball team captures divisional championship

On Wednesday, November 20th the Powerview Boys Varsity Volleyball Team travelled to Whitemouth School to play in the semi-finals and finals of the Sunrise School Division North Zone Volleyball Championship.

The boys team were sent off from Powerview after a school wide pep rally in the early afternoon.

In the best of three semi-fi-

nals, Powerview played against Wanipigow. Wanipigow surprised Powerview in the first game of the three game match. Powerview

played with very little emotion and they were quickly down one game to none. The boys rallied and won the next two games to head into the finals

against Whitemouth.

In the two previous best of five matches against Whitemouth, Powerview had lost both matches going the full five games.

Powerview defeated Whitemouth 13-25, 25-18, 10-25, 26-24, 15-12.

The turning point in the match came in the fourth game when Powerview's back was against the wall in a tight 23-23 contest. Powerview was victorious and never looked back.

Congratulations to our grade 12 players Steven Dupont, Jason Dahl, Jason Savoie, Kevin Lamoureux, Grade 11 players: Andrew Bonekamp, Jarred Pachkowsky, Grade 10 player, Payton Richardson, and Grade 9 student: Daniel Sokolowski. And to our manager Mr. Magnan.



Powerview School Varsity Boys Volleyball team display their Championship banner.

## MJHL Team Standings

Addison Division					
	W	L	OT	TL	Pts.
Selkirk Steelers	21	4	0	1	43
Southeast Blades	19	8	0	2	40
Winkler Flyers	14	16	1	0	29
Wpg. South Blues	13	13	1	2	29
Winnipeg Saints	9	19	1	0	19
St. James Canadians	1	27	0	0	2

Sherwood Division					
	W	L	OT	TL	Pts.
Portage Terriers	25	2	1	2	53
OCN Blizzard	22	7	0	1	45
Swan Valley	20	6	1	2	43
Dauphin Kings	15	11	2	0	32
Neepeawa Natives	13	16	1	1	28
Waywayseccappo	3	25	1	1	8

## Southeast Blades player profiles



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**Name:** Josh Pawluk  
**Position:** Right Wing  
**Birthdate:** 06/03, 1982  
**Hometown:** Teulon

**Favourites:**  
**NHL Team:** Edmonton Oilers  
**Hockey Player:** Ryan Smith  
**Food:** Fruit by the Foot  
**Movie:** Blade  
**Actor/Actress:** Robert Deniro  
**Music Group:** The Who  
**Song:** Song 2



**Name:** George Canard  
**Position:** Defense  
**Birthdate:** July 7, 1984  
**Hometown:** Sagkeeng First Nation

**Favourites:**  
**NHL Team:** Detroit Red Wings  
**Hockey Player:** Chris Chelios  
**Food:** Pizza  
**Movie:** Up in smoke  
**Actor/Actress:** Cher Maron/  
Catherine Zeta Jones  
**Music Group:** Tragically Hip  
**Song:** Little Bones



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**North Eastman Health Association Inc. Travel Health Clinic**

North Eastman Health Association, as of November 2002, is offering a travel health service. This service will be accessible to all the residents of our region.

Given that international travel and globalization of diseases will continue to escalate, NEHA is planning for the future, by providing this service to its clients.

People travel for many reasons including: business, missionary work, vacation, study, or to visit former homelands.

Travel Health Services are important not only for the protection of travellers but also their families and the public, upon their return.

A fee will be charged to cover program costs.  
*Clinics are scheduled for the 1st and 3rd Wednesday of each month*  
at the  
**Beausjour Primary Health Care Centre**

for information Joan Warbeck Travel Health Nurse 444-6116	for information Val Orick 267-7467
--------------------------------------------------------------------	------------------------------------------

## Rec Report



by Jay Seymour  
Recreation Director

### Pulse on Participation

**Youth Gym Night**  
YGN happens every Thursday night from 7:30-9:30 at the Powerview Gym. Students from Grades 8-12 can enjoy a variety of games and sports

#### Coaching Clinic

There will be a coach-

ing level clinic held at the Pine Falls Curling Club/ Arena on Dec 7&8

Phone the rec office to sign up.

#### Ref Clinic

-there is a referee clinic in Beausejour on December 1. Contact the rwecc office for more info

to sign up.

There is some leftover curling equipment that was left in the locker room at the curling club. Please pick it up so we can clean out the lockers for this years schedule.

#### Saturday Morning House league hockey

Starting in January there will be fun hockey during Saturday mornings. This is open to kids who are not playing minor hockey but would still like to play. Contact the rec office to sign up

The rec office is located at the Powerview School and the phone # is 367-9142 and email [pineviewrec@hotmail.com](mailto:pineviewrec@hotmail.com)

## Grand Marais winter carnival

### Sweat shirts now on sale

Sweatshirts and toques for the Grand Marais Family Festival Winter Carnival can now be purchased at local businesses. Sweatshirts are available in green, blue and grey at \$27 each.

A monthly General Meeting at the Walter Whyte School was told that the festival is arrang-

ing for the registration of the black bear on snowshoes logo, and a web page is being worked on.

This year the festival will be held on the second weekend in February, Friday, Saturday and Sunday, 7, 8, and 9 of February. A huge variety of events will be crammed into the weekend. There will be a bonfire on Friday and Saturday evenings, (and two smaller bonfires for

roasting marshmallows and wieners), sleigh rides, skating, slides, dancing, face painting, and crib and darts tournaments. For entertainment there will be step dancing, a fiddler, a magician, and a clown. A penny bingo, a fishpond, and a silent auction are also to be included in the weekend.

Events on the Sunday will begin with a pancake breakfast.



### Christmas Cracker

#### Materials:

- 1 toilet tissue roll
- snapper (available at craft stores)
- any small favours you wish to add
- an 8 x 10" piece of crepe paper
- 2 pieces of 8 x 5" crepe paper
- decorative trimmings
- glue
- transparent tape
- decorative string

Centre the toilet tissue roll lengthwise along the 10" side of the 8 x 10" piece of crepe paper. Wrap the crepe paper around the roll, securing it with 1 or 2 pieces of transparent tape. (The tape can be attached to the underside of the crepe paper so that it does not show.)

Insert snapper and favours (e.g. paper party hats, candies, nuts, riddles, trinkets, etc.) into the roll. The ends of the snapper should extend beyond the ends of the cracker.

Tie each end of cracker with string.

To make fringe, take an 8 x 5" piece of crepe paper and fold in half lengthwise. Cut 1" deep slashes about 1/2" apart along unfolded edges.

Repeat with second piece of 8 x 5" crepe paper. Take about 12" of decorative string (gold, silver, etc.) and place along inside fold of fringe. Gather and tie around end of cracker, over first tie. Repeat with other end, using second fringe. Ends of fringes may be curled gently.

Decorative trims, lace, ribbons, glitter, etc. may be used to decorate the body of the cracker.



### Graduated Driver Licensing

Changes take effect January 1, 2003

New drivers are three times more likely to have an accident than experienced drivers. That's why Graduated Driver Licensing (GDL) allows new drivers to get more experience under safer driving conditions.

#### Starting January 1

If you obtained your first passenger vehicle or motorcycle learner's licence on or after April 1, 2002, you're part of the program. Beginning January 1, 2003, all of the restrictions of GDL take effect.

#### Three Stages

The GDL program is made up of three stages:

- Learner stage—minimum nine months
- Intermediate stage—minimum 15 months
- Full stage

Each of these stages has specific restrictions.

#### Did you know that as a new driver

- You are prohibited from driving after drinking any amount of alcohol.

- Your supervising driver must have a valid licence and be fully licensed for three years.
- You are limited in the number of passengers you can carry.

These are just a few of the changes. For all details visit our Web site, call (204) 945-4850 or contact any Manitoba Transportation and Government Services, Driver and Vehicle Licensing offices.

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# Sagkeeng Jr. High School News

## Bullying

On November 5<sup>th</sup> all grades from five to eight received a bullying presentation from the Guidance program and completed a survey on bullying. At the Sagkeeng Jr. High it is important that the school environment be friendly and safe for all. The next step is to evaluate the surveys and examine what further strategies can be used at the school. Strategies currently used to address bullying in the individual classroom rules, school detentions, school suspensions, mediation, and we have had Constable Carl Dinsdale from the Powerview R.C.M.P. detachment attend our student assembly and present to the students on the topic of Bullying. We hope to have a member from the R.C.M.P. detachment come to the school once again as a follow-up and present to each of our classes. Another survey will be conducted sometime in April 2003 as a post evaluation for comparison on the issue of bullying now and later.

## Gang Awareness Presentations

On October 11<sup>th</sup> /02, guest speakers came to Sagkeeng Jr. High School and provided presentations to our students

on the topic of Gang Prevention. Guest Speakers were

Constable Dean Fontaine from the R.C.M.P. detachment (Gang Unit) in Winnipeg, and Pat Larouque from the Aboriginal Gang Initiatives - Corrections Canada. As a follow-up from last year, Winnipeg City Police - Constable Willie Dusharme will be at the school and give presentations to each class on November 26/02.

## Career Symposium

In partnership with Sagkeeng Employment & Training Services, Sagkeeng Education Authority, and Sagkeeng Social Development a Career Symposium is planned for December 5<sup>th</sup> & 6<sup>th</sup> /02. The title of the career symposium is "Soaring to New Heights". This will be our first annual career symposium with participants from educational institutions and employers. Other First Nations communities and education authorities have been invited to attend. Location of this event will be at the Family Treatment Centre Gym. This symposium is open to the Gr. 4 students, Jr. High Students/High School students, community members and organizations. We encourage all to attend this symposium!

## School Patrol News

On Thursday, November 14<sup>th</sup>/02 a group of students have officially become school patrollers. They received 1/2 day workshop and training

from the Guidance Program and practiced highway patrol safety. Some of the motorists may have noticed the large group of students on that day with their official vests and

flags. The students were also trained to patrol at recess times to provide supervision and assist staff at recess. Students are not to handle nor hand out

See SAGKEENG/page 15



## Report from Legislature

by Gerald Hawranik,  
M.L.A. Lac du Bonnet Constituency

I have been busy attending meetings of all the Rural Municipality, Town and Village Councils to introduce myself to the new Reeves, Mayors and Councillors. Municipal politicians are on the ground floor of politics - they hear the concerns and issues that are important to their ratepayers every day and I feel that it is important that I consult with them regularly to ensure that constituent concerns are dealt with. Besides the many council meetings, I managed to attend several functions, including the Beausejour Craft Show, the retirement tea for Glen Hirst, the former Mayor of Lac Du Bonnet, the casino fundraiser hosted by the

Brokenhead River Community Foundation, the ceremony to honor two of our constituents, Carl Sabanski and Ken MacMaster who received the Queen's 50<sup>th</sup> Jubilee Award from Vic Toews, 3 Remembrance Day ceremonies, a meeting of the Bird River Fire Department and the Lac Du Bonnet Community Centre Christmas Tree lighting ceremony where I served hot dogs and hot chocolate to the attendees. In addition, I managed to give 3 E.R.I.K presentations to seniors groups in Beausejour. It was a busy last 2 weeks.

I am preparing for the next legislative session which is scheduled to begin on November

27 and will end on December 12. Preparation includes attending Caucus meetings on a weekly basis, preparation of a plan for Question period for next session in the areas of Justice and Aboriginal Affairs, and preparing possible policy positions for our party for the next general election which is expected to be called next year.

Am I enjoying this? You bet! It is something different than what I was doing before and it presents me with a challenge and insight into politics.

If you have any questions regarding this article, or any other issues or concerns in the Constituency, please feel free to contact me at 268-4664, write to me at P.O. Box 430, Beausejour, Manitoba, R0F 0C0, E-mail me at Gerald@Geraldhawranik.com. Or visit my website at [www.geraldhawranik.com](http://www.geraldhawranik.com).

Gilles Lamoureux



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FRIDAY - Hot Wings

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**Effective November 1, 2002 safety eyewear and footwear is required by all visitors entering into the paper mill.** with the exception of spouses or vendors who are dropping off lunches for employees at the area provided at the front door of the mill. All other visitors must stop and sign in at the main office, attend a safety video to be aware of the safety rules, and be wearing safety glasses and footwear before entering into any area of the Pine Falls Operation.

We would like to thank you for your cooperation in helping us provide for a safe workplace for all employees and visitors.

**tembec** PINE FALLS Operations

The Winnipeg River

# Echo

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**QUESTIONS?  
COMMENTS?  
CONCERNS?**

Contact our office

**367-9468  
fax 367-9974**

# The Maskwa Snomobile Club Newsletter

by Ian Cyr

Well it is that time of the year again time to open the shed door and go over the sled to make sure it is ready to go especially after the snow we received on the weekend, it won't be long now Fred and Loren.

Last week the Maskwa held their annual General Meeting. Elections were held. There is no change from last years executive they were voted in by acclamation and they are:

Kevin Alarie-President  
Mike Dupont-Vice-President

Michelle Dupont-Treasurer  
Ian Cyr-Secretary

Directors: Omer Vincent, Eric Carlson, Marcel Roy, Rene Caya, Kelly Kemball, Gordie Sokoloski, Rene Chevrefils, Justin Brown, Mark McHugh and Ron Anderson.

Lifetime Members: Dave (Gazoo) Kemball and George Harbottle.

This is your last week to purchase a Snopass at the discount rate of \$55 up to December 1 and after that they go to \$75. The Passes were increased \$5 due to a 400% in-

crease in trail liability insurance for the province of Manitoba. The increase in Ontario was 700% a huge blow to the Ontario Snomobile Federation.

The Maskwa is having plenty of activities this year for our members so while you are purchasing a trail pass purchase a membership at the same time and come out and enjoy the club functions. We have built a new 20x20 shelter towards the Beaches to replace the run down shelter that was there is now a firewood shed. We are putting the finishing touches to it and it should be ready to enjoy around the Christmas Holidays.

Just a heads up for alot of you who still refuse to register or purchase a trail pass to support your local trail system. Snoman and the RCMP have targeted our area as one of the most abused areas. We have some where in the area of 275 snowmobiles in the Pine Falls to Great Falls area and 1/3 of them are registered and 1/3 of them have trail passes. So my advise to you is if you don't bother to get insurance to joy



Maskwa Snomobile Club has built a new shelter on Ptre Trail halfway towards the beaches

ride it is like riding with a bullet in the chamber. I know what you are thinking it will never happen to me but guess what. Lawsuits on snowmobilers are up 50%. The fine for no trail pass is \$150 and the fine for no insurance

is everything that you own so you do the math. Check stops will be very regular until we see an improvement in the numbers, so at any point and given time be expected to come across a check stop! So eliminate the hassle and regis-

ter your sled and purchase a Pass at Osis or Papineau Motors I don't want to be the one to say I told you so. So lets have a fun and safe winter and have respect of others and they will have respect for you. See you on the trails.



## Maskwa Snomobile Club 2002 and 2003 Activity Dates

Every Payday Thursday is Couples run to the Birchwood for ribs. Meet behind the hospital between 5:00 and 5:30  
**Everyone Welcome.**

January 4<sup>th</sup>  
Kids Day at the new 1/2 way shack towards the Beaches. Weather date

January 11<sup>th</sup>.  
Everyone Welcome

January 19<sup>th</sup>  
Hosting a Meat Draw at Birchwood.

January 25<sup>th</sup>  
Supporting and guiding the Prairie Women on Snowmobiles ride through Powerview to Gimli. Raise Money for Breast Cancer.  
**Everyone Welcome.**

February 1<sup>st</sup> & 2<sup>nd</sup>  
Annual Trip to Steinbach (Jason Gauthiers Hotel).  
**Everyone Welcome.**

February 8<sup>th</sup>  
Annual Trip to Bissett.  
**Everyone Welcome.**

February 15<sup>th</sup>  
Annual Poker Derby start and finish at the Clubhouse. **Everyone Welcome.**

**Bev Desjarlais, MP**  
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Monday to Thursday  
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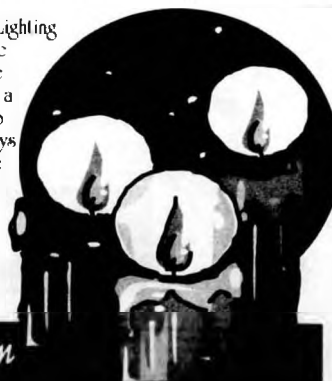
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*Worldwide Candle Lighting*

The 6th Annual Worldwide Candle Lighting will take place at 7:00pm in all time zones. Everyone in every time zone around the world is invited to light a candle in honour of all children who have died, that their light may always shine. As the candles go out in one time zone they are lit in the next, creating a wave of light that will encircle the globe. Please join us in this 24 hr. Memorial by lighting a candle, where ever you are at 7:00pm, December 8th.



December 8 at 7:00pm

# The Happy Tots Place

by Kathie Duff

Well I guess I can begin this newsletter by saying winter is here. The children here at The Happy Tots Place welcome winter with open arms as they enjoy playing outdoors everyday, making snowmen, digging with shovels, making piles of snow to roll in and jump through, and making snow angels. Shortly we will be going sliding both children and staff will enjoy this.

I will give a summary of what we did or will be doing during the month of November. November we talked about Bubbles and painting Bubble pictures using dabbers. November 4-8 we talked about different types of Safety in our homes, our early Childhood Learning Center and the importance of wearing helmets to protect our heads. We also talked about safety out on the street and we also touched on Remembrance Day. We coloured poppies and talked a bit about war (fighting), peace and how good it is to get along with our neighbours and friends. November 12-15 we talked about Me, Myself and

I. Some of the children brought in photo albums of their families to share with their friends at circle time. The children really enjoy when they can bring in something from home they can share about themselves. November 18-22 we will talk about Sports (Hockey, ice skating, golf, baseball, soccer, swimming). We will try and bring in some sports equipment every day for the children to see and try such as golf club set, footballs, baseball and bat, etc. November 25-29. This last week we will talk about the season of winter. How fitting this will be since we have snow and now the cold. We will be sure to have some fun filled activities for the children to make this season more enjoyable.

In this article I would like to share an article with you from the Canadian Child Care Federation. It is called The Best Parent Ever and it begins like this: Gazing at our newborns, we vow to become the best parents ever. A few years later overtired and stressed out, we feel guilty about not measuring up to that

ideal. The good news is that the parent child relationship is resilient and long term. There is time to make changes that lead to a happier, healthier home life for parents and children. Simple Your Life; We all seem to try and be a "super parent" trying to juggle work children, fitness, community and training. A lot of us schedule our children into a frenzy of lessons and activities and most times our children would rather just hang out with us. Recognize Seasons of Your Life. Our lives can be summed up as having seasons our youthful season is filled with team sports, travel, career building, socializing. Next is season of having babies and raising children. Looking at a whole life-span child-rearing season is short so we need to focus on it and enjoy it. Examine Your Family's Financial Priorities: Most families need two incomes to manage. Many parents have discovered that a creative approach to family finances that get back to basics could free them to work less and give more of themselves to their family life. Find a

Family Friendly Workplace: Progressive employers now recognize that offering parents the flexibility they need to effectively manage their home, work, life pay big benefits in terms of productivity and loyalty. Adopt Good Enough For Us Standards: Re-examine housekeeping priorities making healthy and safety the deciding criteria. Ask for Help: Family and friends are often delighted to take a more active role in a child's life and children are enriched by having a variety of caring adults they can depend on. Build a Supportive Network: Join support groups in your neighbourhood, reach out to the parents you meet through childcare, school, soccer practice and the park. Actively build a support network of caring friends. Take Time for Yourself: A rested refreshed and happy parent has more creativity, patience and stamina. Children are the first to benefit from that. It is important to take some time for activities and relationships that renew and refresh you, such as a movie, a jog or joining friends for a

coffee etc. Be Good to Yourself: Get exercise, nourishment and stimulation that you personally need to be the best that you can be. Then, you really will become the best parent you set out to be.

I will leave you with the themes for the month of December: 2-6, Christmas, 9-13 Christmas, 16-20 Christmas (December 20 our children's Christmas Party and a visit from you know who?) 23-27 Christmas, December 30 to January 3, New Years.

## The Winnipeg River Echo

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**Lights Up Christmas!**

# Recreation Ramblings

by Michelle Chudd, Recreation Director  
Winnipeg River Recreation District, 345-8816/753-2639  
Email: reccomm@granite.mb.ca

Want to live 4.5yrs longer?

Do you want to live 4.5 years longer? Studies show that if you exercise regularly that you will extend your life by 4.5 years. Even minimally active, chronically ill people are 50% less likely to die within 3.5 years than their inactive peers! So get out and get active and enjoy a long, healthy life!

What to do?

Winter Programs

I am starting to work on the winter line up of programs and activities. Cardio kickboxing and hip-hop are definitely returning, I can assure you that. If there is something that you would like offered - please call the Rec office at 345 8816 or 753 2639 and share your ideas.

Cardio-Kickboxing Class Update

In Pinawa at the Community Centre on Wednesday from 6:15 - 7:15 p.m. and Sunday nights from 5:30 - 6:30 p.m. the gym and Lac du Bonnet on Monday nights from 6:00-7:00 p.m. at Centennial gym until Dec. 18/02. Please note that Sunday, Dec. 8 class is cancelled due to the Seniors Supper in Pinawa. Please contact the Rec. Office for more information at 345-8816 or 753-2639. Classes are running now! Drop in fee available.

RWB LdB Satellite Program Notice

Saturday, November 30 and December 7 classes will take place at Centennial School Gym in Lac du Bonnet. December 14 class will be back at our regular location - Lac du Bonnet Senior School Gym.

# Sagkeeng Anicinabe High School News

The news was received today that our new server is here and will be installed this weekend! So by the time this is published we should be back online. I hear a collective sigh of relief.

The school staff has been trying to stress the importance of regular attendance this year. We had two perfect attendees in October and four others who had perfect attendance in at least half their classes. They are: Katie Pchajek, Charity Swampy, Marsha Bruyere, Katherine Fontaine, Rick Fontaine, and

Iama Courchene. Great work, all of you, and keep it up! Hopefully it will catch on and we will have even more names in November.

We would like to thank all the parents who came out to Parent Report Card Day on November 15 to check on the progress of their children. Parents are always welcome in the school so if you weren't able to make it that day please drop by during school hours to pick up your progress report(s).

Some secondary education institutions will be visiting the school to visit with students

and let them know about opportunities available to them after graduation. We are expecting the University of Manitoba, University of Winnipeg, and Red River College on November 28. That is a day not to be missed if you wish to further your education after high school.

This is just a reminder that the high school is closing at 12:30 on December 11, in order to prepare for the Community Feast. The feast begins at 3 p.m. and everyone in the community is welcome, especially those with a talent to share!

**Pine Falls Christmas Lights 2002**

**Categories**

- ★ Best Theme
- ★ Best Street
- ★ Original Creation or snow sculpture
- ★ Best Visual Effect
- ★ Best Business
- ★ Best Children's
- ★ Snow Man

Judging to take place Monday, December 15.  
Be sure to turn your lights on!

Light up your Life...  
Your home, your yard and your street...  
You are now a part of Pine Falls Christmas Lights Contest!

Empower Education Centre presents

## FoodSafe

A Sanitation Program for Food Handlers

**PROGRAM SCHEDULE**

Friday, November 29, 9am to 4:30pm  
at Empower Education Centre

Please register in advance. Only the first 15 paid registrants will be accepted. Fee \$25.00. If registering within seven days, please call Empower Education Centre for availability. For further information please contact Shannon Huber at 367-2495.

## Elections

### TOWNSITE OF PINE FALLS

Notice is hereby given that a vote will be taken to elect (7) seven members to a "Pine Falls Merge Committee" to participate in formal discussions with the Village of Powerview.

On Wednesday December 6th, 2002 from 8:30 a.m. to 4:30 p.m. at the Townsite of Pine Falls Administration office at #1 Walnut Street in Pine Falls.

ADVANCE POLL - December 4th, 2002 at the Townsite office between 8:30 a.m. and 5:00 p.m.

Deadline for Nominations is Thursday, 4:30 p.m. on November 28th, 2002. Nomination Forms are available at the Townsite office. For further information call 367-8954.

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# Lac du Bonnet RCMP Report



November 14:  
A report of an intrusion alarm at a loading facility at Molson in the RM of Reynolds. Police attended and found that it was a false alarm.

A report of a break and enter to the Whitemouth School in which a quantity of money was stolen.

A report of a tree being cut on the edge of property on Rycktreau Drive in the RM of Lac du Bonnet and concern expressed the wood in question may be stolen.

November 15:  
A report of an intrusion alarm at the Whitemouth School. Police attended and did not locate anything untoward. No key holder responded to the alarm.

A report of an intrusion

alarm at a loading facility at Molson in the RM of Reynolds. Police attended and found that it was a false alarm.

A report of a break and enter to the Whitemouth School in which a quantity of money was stolen.

A report of a tree being cut on the edge of property on Rycktreau Drive in the RM of Lac du Bonnet and concern expressed the wood in question may be stolen.

A report of an intrusion alarm at a location on Fernwood Lane in the RM of Lac du Bonnet. Found to be a false alarm.

A report of a dog barking at a youth in Great Falls. Matter

referred to the animal control officer.

November 16:  
A report of a disturbance outside a licensed premises in the town of Lac du Bonnet. Police attended and found an adult male and an adult female, both under the influence, with the male wanting to prevent the female from driving. Both subjects were given a lift home in order to prevent an offence of Impaired Driving.

A request to contact a subject in Pinawa and pass on information relative to a traffic fatality south of Winnipeg.

A report of a single vehicle non-injury motor vehicle accident at Bilan Road and PR 317 in the RM of Lac du Bonnet. Due to slippery roads.

A report of an adult female breaching a court order by having contact with another adult female, which in a licensed premises in Lac du Bonnet. The subject in question was taken home, as the other subject did not want a charge laid.

November 17:  
A report of an injury accident on PR 317 approximately four miles west of PTH #11 in the RM of Lac du Bonnet. The adult female driver and lone occupant sustained minor injuries. Due to slippery road conditions.

November 18:  
A report of a cow on the

roadway at Landerville and Charles in the RM of Lac du Bonnet. Contact made with the mother of the mother of the owner of the cow in order to get same back into the fence.

A report of a Craftsman Garage Door opener being lost in the vicinity of Lac du Bonnet.

A report of unknown persons possibly hunting too close to a residence in the area of Smith Road and the abandoned railway track in the RM of Lac du Bonnet. Police patrolled the area, but did not locate any hunters.

November 19:  
A report of a vehicle passing a school bus while unloading with lights flashing at the Senior School in Lac du Bonnet. Under age male identified as the suspect.

November 20:  
A report of an incident of Indecent Exposure at Red Rock Bible Camp in the Whiteshell Provincial Park.

A report of vandalism to a ramp at the Pinawa Diversion Dam, a trail head sign was stolen, and four directional signs destroyed at Pinawa.

A report of an adult male was arrested on the strength of an outstanding warrant from Winnipeg River Detachment. Released for court.

A report of a small truck with a white cap passing an-

other vehicle on the Winnipeg River Bridge on PR #211.

A report of an under age female threatening another under age female in Lac du Bonnet.

November 21:  
A report of an adult female and her son not returning to her residence in the RM of Lac du Bonnet, and concern was expressed that she was missing. Police conducted enquiries, but did not locate the two subjects. Later in the day, however, it was reported that they were safe and sound.

A report from Pinawa of a cheque being fraudulently written on the complainant's bank account.

A report of a residence being unlawfully entered in Lac du Bonnet and a half a case of beer being stolen.

An adult male drove to the detachment and came into the office suffering with heart difficulties. The ambulance was summoned and the subject was transported to Pinawa Hospital for treatment.

A report of a bicycle rider having been hit by a vehicle at Great Falls on Saturday evening, the 16th of November. The driver of the bicycle was taken to Pine Falls Hospital with non life threatening injuries.

## Lac du Bonnet Community Billboard

**Health Concerns?** Call 268-3235 to book your seat.

**Cooking for better health:** Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.

**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

**Six and Be Fit exercise class:** Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

**Prenatal classes:** held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

**Lac du Bonnet Lions Club** meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

**Lac du Bonnet Regional Library** open Tues and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed and Fri, noon to 4:30 p.m., Sat 10:30 a.m. to 2:30 p.m., ph 345-2653.

**Great Falls Women's Institute** meets first Wednesday each month 7:00 p.m. Great Falls Hall Pat 367-2586, Leanne 367-8569.

**Ladies' Auxillary Royal Canadian Legion Branch #164** meets first Tuesday of the month 7:30 p.m. Legion Hall.

**LdB Committee on Family Violence and Abuse** meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

**Royal Canadian Legion Branch #164** general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

**Horticultural Society** meets second Tuesday of every month 7:00 p.m. Centennial School.

**St. John's ACW** meets first Monday of every month 1:30 p.m., parish hall.

**Lakeshore Al-Anon Group** Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

**Lakeshore Al-a-Teen Group** For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

**Town of Lac du Bonnet Council Meetings** second and fourth Thursday of the month.

**Lakeshore A.A. meetings** every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

**Ladies A.A. Meetings** Thursdays 1:00 p.m. - 18 McDermot, Pinawa. Doreen 753-8357.

**Battered Women's Crisis Line** 1-800-362-3344.

**Lac du Bonnet Health Centre Auxiliary** meets fourth Thursday of the month, Health Centre 1:30 p.m.

**Lac du Bonnet Wildlife Association** temporarily meets at the call of the chair. Call Peter 345-6190 for information.

**New to town?** Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

**Two Rivers Seniors Resource Council Inc.** Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers.

**Pioneer Club** Meets first Monday of month 9:30 a.m., Pioneer Club.

**RM of Lac du Bonnet Council Meetings** second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

**Alzheimer Society** Theresa Conroy, Whitemouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

**Little Day Buddies Nursery School** Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

**Agassiz Horticultural Society** meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

## Lac du Bonnet Church Directory

**ABUNDANT LIFE CHAPEL**  
Pastor Jeff Andrews, church 345-2934, home 345-1950  
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.

**LUTHERAN CHURCH OF THE CROSS**  
Church office 345-8654  
Sunday: 11:00 a.m. - worship service

**NOTRE DAME CATHOLIC CHURCH**  
Father Richard Machura, 345-2900  
Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass

Pinawa (senior school): 9:15 a.m. - Sunday mass

**ST. JOHN'S ANGLICAN CHURCH**  
Rev. Brian Rountree 367-8615, church 345-2357  
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

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# Poison

A long time ago, a girl named Li-Li got married and went to live with her husband and mother-in-law. In a very short time, Li-Li found that she couldn't get along with her mother-in-law at all. Their personalities were very different, and Li-Li was angered by many of her mother-in-law's habits. In addition, she criticized Li-Li constantly.

Days passed days, and weeks passed weeks. Li-Li and her mother-in-law never stopped arguing and fighting. But what made the situation even worse was that, according to ancient Chinese tradition, Li-Li had to bow to her mother-in-law and obey her every wish. All the anger and unhappiness in the house was causing the poor husband great distress.

Finally, Li-Li could not stand her mother-in-law's bad temper and dictatorship any longer, and she decided to do something about it.

Li-Li went to see her father's good friend, Mr. Huang,

who sold herbs. She told him the situation and asked if he would give her some poison so that she could solve the problem once and for all. Mr. Huang thought for awhile, and finally said, Li-Li, I will help you solve your problem, but you must listen to me and obey what I tell you. Li-Li said, "Yes, Mr. Huang, I will do whatever you tell me to do." Mr. Huang went into the back room, and returned in a few minutes with a package of herbs. He told Li-Li, "You can't use a quick-acting poison to get rid of your mother-in-law, because that would cause people to become suspicious. Therefore, I have given you a number of herbs that will slowly build up poison in her body. Every other day prepare some pork or chicken and put a little of these herbs in her serving. Now, in order to make sure that nobody suspects you when she dies, you must be very careful to act very friendly towards her. Don't argue with her, obey her every

## ECHOES FROM THE Heart

wish, and treat her like a queen." Li-Li was so happy. She thanked Mr. Huang and hurried home to start her plot of murdering her mother-in-law.

Weeks went by, and months went by, and every other day, Li-Li served the specially treated food to her mother-in-law. She remembered what Mr. Huang had said about avoiding suspicion, so she controlled her temper, obeyed her mother-in-law, and treated her like her own mother. After six months had passed, the whole household had changed. Li-Li had practiced controlling her temper so much that she found that she almost never got mad or upset. She hadn't had an argument in six months with her mother-in-law, who now seemed much kinder and easier to get along with.

The mother-in-law's attitude toward Li-Li changed, and she began to love Li-Li like her own daughter. She

kept telling friends and relatives that Li-Li was the best daughter-in-law one could ever find. Li-Li and her mother-in-law were now treating each other like a real mother and daughter. Li-Li's husband was very happy to see what was happening.

One day, Li-Li came to see Mr. Huang and asked for his help again. She said, "Dear Mr. Huang, please help me to keep the poison from killing my mother-in-law! She's changed into such a nice woman, and I love her like my own mother. I do not want her to die because of the poison I gave her." Mr. Huang smiled and nodded his head. "Li-Li, there's nothing to worry about. I never gave you any poison. The herbs I gave you were vitamins to improve her health. The only poison was in your mind and your attitude toward her, but that has been all washed away by the love which you gave to her."

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Winnipeg River ECHO

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# Winnipeg River RCMP Report



**November 18:**  
A vehicle was vandalized over the weekend at Broadland's Mall.

Police responded to a Break and Enter at Albert Beach. Damage to the front entrance was noted but nothing was taken in the incident.

Police are investigating the report of a stolen vehicle taken from the Pine Falls Arena

parking lot.

**November 19:**  
A complaint of bullying and an assault was received from Hollow Water. School Authorities were notified and the incident is still under investigation.

Police assisted local police services at Hollow Water to remove an individual under the Indian Act. The male sub-

ject has been banned from attending this 1st Nation property.

A break and enter complaint at one of the Church's in Hollow Water is still under investigation.

Police are investigating a complaint of Uttering Threats involved in a domestic matter in Hollow Water.

A spousal assault which occurred on the South Shore of Fort Alexander have a male and female both charged with assault. An argument escalated to the point of a weapon being involved. Alcohol was involved.

**November 20:**  
Assistance to Selkirk RCMP where a complaint of mechanical tampering with a vehicle was taken and forwarded to their point.

Police responded to a report of an abandoned vehicle on Highway 11. The incident is

still under investigation.

**November 21:**  
Again throughout this week numerous motor vehicle accidents were reported due to icy road conditions. If you are travelling any distance you can call the Road Conditions Hot Line at 945-3704 before you embark on your trip.

Police are investigating a dispute which resulted in a vehicle being vandalized on the North Shore of Fort Alexander.

**November 22:**  
A complaint of an assault occurring at the residence on the South Shore of Fort Alexander proved to be false. All parties were intoxicated at the time. The call appeared to be made to tone down a house party.

**November 22:**  
Police received a complaint of a theft of a camera.

The camera was taken

from a classroom at Anicinabe School on the North Shore of Fort Alexander. The camera is described as a Samsung 35 mm with a zoom lens and a black case.

Assistance was required to keep the peace with a couple in a domestic matter. Police retrieved and returned property.

An investigation continues into a report of an assault which occurred on Fort Alexander. Police are investigating an incident of assault which occurred at Powerview School earlier in the week.

A motor vehicle rollover accident occurred on Highway 11 By Teeny Boppers. 2 people were treated at Pine Falls Hospital and released.

**November 23:**  
A patrol was made to a residence in the RM of Alexander after a call was received of a  
*See WINNIPEG RIVER/pg 14*

## Pine Falls Community Billboard

**Fort Alexander Health Centre:** Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday Blood sugar check, nutritional counselling, phone 367-2208  
**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room

**Prenatal classes:** held regularly at Pine Falls Please register with Gail 268-6106 or call your local public health nurse  
**Library Allard:** Tuesday, 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

**Beaches Library:** Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.  
**Knights of Columbus:** meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement

**Silver Haven Club:** cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

**Pine Falls Health Auxiliary:** meetings first Tuesday of every month 1:30 p.m.  
**Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

**Alcoholics Anonymous:** Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement

**Pine Falls Legion:** meetings held second Thursday of the month 7:30 p.m. Legion, meet raffles held at Legion on Fridays 4:30 to 5:30 p.m.

**Pine Falls Masonic Lodge #154:** meets second Friday of every month, Pine Falls United Church, except January and February

**Badminton:** Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

**Powerview garbage pickup:** every Wednesday, recyclable pickup first and third Thursday of each month  
**AAA:** meeting first Tuesday of each month at 7:00 p.m.

**Village of Powerview:** meets second Tuesday of each month.  
**Winnipeg River Senior Service Inc.** Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday

**Services:** transportation, home maintenance, foot care, volunteer help, info  
**Family Care Giver Support Group:** at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

**AA & Al-Anon - The Beaches family group:** Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road, 756-8018 or 756-2101

**Happy Toys Day Care 367-2601:** board meetings last Monday of each month 7:00 p.m. at the daycare

**Senior Scene Inc. #1 Ateah Rd., Victoria Beach:** General meetings second Tuesday of the month, 756-6468 for more info.

**Mental Illness Support Group:** meets second Wednesday of the month 7:00 p.m. Wings of Power office

**Beaches HELP Centre (seniors service):** 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

**Powerview Parent Advisory Council:** meets first Thursday of every month  
**Great Falls Hall workers - Tuesdays and Thursdays:** from 10:00 to 11:00 a.m.

**Pine Falls Library:** open 3:00 p.m. to 5:00 p.m. Monday and Thursday.  
**Foster Homes:** Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158

**Sunrise Ladies Ensemble:** meets every Thursday from 7:00 to 9:00pm at the Pine Falls United Church.

**Call The Echo 367-9468 to list your community event FREE OF CHARGE**

## Winnipeg River Church Services

**NOTRE DAME D'LAUS:** Powerview, Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead Sunday 12:00 noon

**PINE FALLS UNITED CHURCH:** Sunday service 11:00 a.m. Bonita E. Garrett, Minister, Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 8 at 11:00 a.m., everyone welcome

**PINE FALLS ANGLICAN CHURCH OF THE ADVENT:** Ph. 367-8347 Rector: the Rev. Brian Rountrie Sunday Service at 9:00 a.m.  
**ST. THERESA'S:** Masses at Notre Dame du Laus

**ST. GEORGES:** Mass Sunday at 8:00 a.m. and 10:00 a.m.  
**ST. JUDE'S ANGLICAN CHURCH:** Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays

**TRINITY EVANGELICAL LUTHERAN CHURCH:** Thalberg, 1 mile east and 1 mile south of Junction #12 and #304, St. John's Evangelical Lutheran Church, Greenwood on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682

**CHRISTIAN FAITH FELLOWSHIP:** Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.  
**HOUSE OF PRAYER FULL GOSPEL:** 2:30 p.m. every Sunday, Scantierbury, on Hwy #59

**ST. MARGUERITE R.C. MISSION:** Pitt Road - Traverse Bay, 11:30 a.m. Sunday, additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th

**ST. ALEXANDER R.C. CHURCH:** located at Sagkeeng First Nations, Sunday mass 10:00 a.m.  
**ST. THERESA R.C. MISSION:** 88 Glenvale Avenue, Grand Marais, Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday

**SAGKEENG CHRISTIAN FELLOWSHIP CHURCH:** Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.  
**CHRIST CHURCH ANGLICAN:** Sunday 2:30 p.m. at Hollow Water  
**GRACE BAPTIST CHURCH:** Bible study, Wednesday 7:30 p.m., call Pastor Todd Coudy, for information 367-2531

## Lac du Bonnet RCMP Need your help

RCMP detachment would like your assistance in solving the following offence:

A local business located on PR 520 across from Old Pinawa (emergency response #440) has recently been victim to a series of break ins. In three separate instances beginning on October 8th: fishing poles, duck decoys, a camouflage tent, a 6' glass display, a 1990 Ski Doo Safari snowmobile, and a 500W Coleman generator were stolen from the premises. On a previous occasion, the assail-

ants attempted to gain access by using a shotgun to remove the lock.

In a possible related incident, a local resident reported that his 17' green fiberglass canoe was stolen, as well posted road and trail signs were damaged using a shotgun near the same area as the above offences on PR 520. A white older model Nissan or Toyota 4x4 truck was seen in the area.

The RCMP is asking local residents for their help in identifying these assailants

who are targeting local businesses and willfully damaging public property. Please report any suspicious vehicles or persons in this area.



*If you have any information and want to remain anonymous to any of the above crimes, please call CRIMESTOPPERS at 1-800-782-8477*

# The Winnipeg River Echo

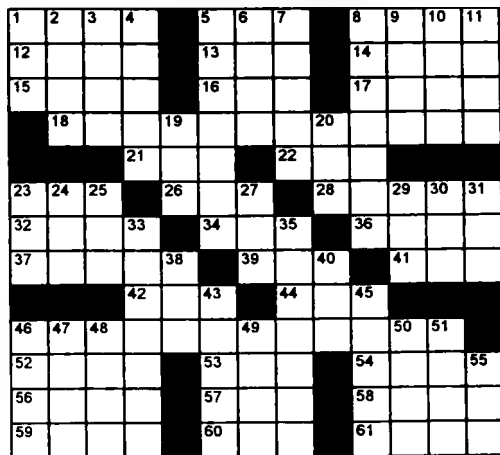
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**NEW EMAIL ADDRESS**  
theecho@mb.sympatico.ca

# WEEKLY CROSSWORD



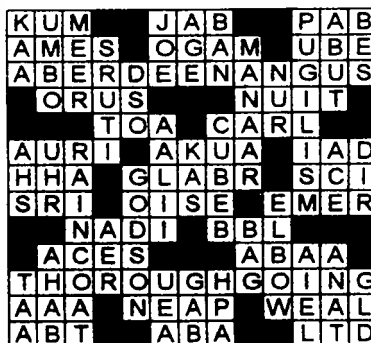
- 23. For what
- 26. Borneo pepper plant
- 28. Witches' meeting
- 32. Nurse
- 34. Small spot
- 36. Apiece
- 37. Zambian money
- 39. Aircraft landing system (abbr.)
- 41. Goat's hair fabric
- 42. \_\_\_ Age
- 44. Liquid measure
- 46. Cornucopia (3 wrds.)
- 52. Lifeless (comb. form)
- 53. Measure
- 54. Furatom (abbr.)
- 56. Pointed (Fr.)
- 57. Letters
- 58. African country
- 59. Nepalese
- 60. Mayan Indians
- 61. Ye \_\_\_ Curiosity Shoppe

- 6. Goddess
- 7. Expression
- 8. Moring
- 9. Indian nursemaid
- 10. Wings
- 11. Blood (pref.)
- 19. Germanic name ("happy")
- 20. Norma or Charlotte
- 23. Pallid
- 24. British ruler (abbr.)
- 25. Deviation
- 27. Driver's aid
- 29. "I love ewe" in sheeptalk
- 30. Ice breaker (abbr.)
- 31. Arabic letter
- 33. Odious
- 35. Idolatry
- 38. Novelist Umberto
- 40. The Chisel (constellation)
- 43. Actor Zimbalist
- 45. Memory (comb. form)
- 46. Cold sea mist
- 47. Ashanti religion
- 48. Swiss mountain
- 49. Ancient Indian weight
- 50. Afrikaans
- 51. Barren (Scot.)
- 55. Business firm (Fr.)

- ACROSS**
- 1. Wild ox
  - 5. Antidepressant (abbr.)
  - 8. Measure
  - 12. Narrow shoe width
  - 13. Washington DC airport code
  - 14. Mexican gum
  - 15. Stomach specialist (abbr.)
  - 16. Brazil monkey
  - 17. Dstraint
  - 18. Abnormally persistent flow of milk
  - 21. Economic agency
  - 22. French month

- DOWN**
- 1. Boor
  - 2. Monkey
  - 3. Fool
  - 4. Bird of prey
  - 5. Jettison

**LAST WEEK'S ANSWERS**



## CRYPTIC PUZZLE

BXCWD VCQ WXDQ RXVFS.D. GTQF  
 HTQM'CQ FSH NRCXBTH, HTQM'CQ  
 BCVFJ.

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

**Last Week's Solution**

NOT A SHRED OF EVIDENCE EXISTS IN FAVOUR OF THE IDEA THAT LIFE IS SERIOUS.

## WEEKLY ECHO HOROSCOPE

for the week of Nov. 25 to Nov. Dec. 1

**ARIES (Mar. 21 - April 20)**

You will find that you are able to clear up a number of small but important details. You must try to lay your cards on the table. Talk to your mate and tell them how you feel. Be sure to organize events that will keep the children busy. You can pick up wonderful buys if you really look hard this week.

**TAURUS (Apr. 21 - May 21)**

Risky ventures may turn in your favor. Emotional deception is evident. You will have to face each issue separately and in person. You can make professional changes and direct your energy into making all the right moves. Go after your goals.

**GEMINI (May 22 - June 21)**

You can deal with large institutions or government agencies successfully this week. Visitors are likely to drop by and chances are, they may even stay a little longer than you want them to. Go after your goals and don't be afraid to ask for assistance. Put financial speculation with family members or friends on the back burner for now.

**CANCER (June 22 - July 22)**

Try to get everyone involved in an outing or get together; it will help bring you closer together. Try to understand both sides of the issue before taking sides in a friends argument. Friendships will be ruined if you let too many people get involved in any disputes. Secret affairs may only cause complications in your life.

**LEO (July 23 - Aug 22)**

Arguments with employers or colleagues will be to your detriment. Think twice before you speak. You may want to plan physical activities that will help burn off some of their excess energy. You will find the excitement gratifying.

**VIRGO (Aug. 23 - Sept. 23)**

Calm down and take a step back. Risks will not be profitable. Finish those changes you've been talking about making to your residence. Your ability to get the job done will result in added responsibility and possible promotion.

**LIBRA (Sept. 24 - Oct. 23)**

Visitors may be likely to drop by. You need time to make things better if you have offended someone. Reevaluate your motives concerning an employment change. Hobbies will be good for your emotional well being.

**SCORPIO (Oct. 24 - Nov. 22)**

You'll find it easy to charm members of the opposite sex this week. Travel and learning should be on your agenda this week. You may have the day off but your thoughts will be on your work and your cash situation. Family may not want to get involved but an entrepreneur will.

**SAGITTARIUS (Nov. 23 - Dec. 21)**

Changes in your residence may be financially favorable. Direct your energy into physical exertion. Residential moves will be favorable. Opportunities for travel must be carefully considered. Your involvement with children will be most rewarding.

**CAPRICORN (Dec 22 - Jan. 20)**

Depression may be likely if you're away from home. Comfort is a necessity. Check your motives. Travel will promote new romantic encounters and additional cultural knowledge. Hidden assets can be doubled if you play your cards correctly.

**AQUARIUS (Jan. 21 - Feb. 19)**

Your practical approach to life may charm someone who has been observing you. Tempers will mount if you are too pushy at work. Arguments with children or friends may leave you steaming.

**PISCES (Feb. 20 - Mar. 20)**

You need a change and you need to earn more cash. You may have some difficulties with someone you live with. Major job changes or opportunities to get ahead professionally are apparent. Sudden changes regarding work and colleagues are apparent.

# Echo Classifieds

## Winnipeg River RCMP Report

from page 12  
youth not returning home. The youth was upset went to a friends and then returned home.

A request to locate an intoxicated male had police find the male subject safely at home on the South Shore of Fort Alexander.

A male subject was arrested and charged for impaired driving after crossing the centre line on Highway 11 on the South Shore and almost hitting oncoming traffic. The male was lodged until sober and released on a Promise to Appear in Powerview Court.

Assistance was given to Winnipeg Police Service in

locating a male subject, executing a warrant and processing the matter for a Winnipeg Court date.

Police attended Fort Alexander on 2 on a call of a domestic dispute. Alcohol was involved. Investigation continues.

Police attended a Fort Alexander residence after receiving a report of a disturbance involving a weapon. 1 male was charged accordingly and the firearm seized.

November 24:  
Police were called to a residence on the North Shore of Fort Alexander after a call was received of a group of people

attempting to enter the residence to fight the male owner. All subjects were located and spoken to and the matter resolved. A family disagreement was the cause of the dispute.

A vehicle was stopped on Highway 11 in Powerview. The male driver was charged for impaired driving. A second passenger was arrested for an outstanding warrant. Both including a 3rd female passenger were lodged until sober.

Police located a vehicle on Highway 11 that was reported wandering across the road. 2 males were taken into custody. 1 male was charged with impaired driving and the 2nd male had an outstanding warrant which was executed. Both were lodged until sober and released.

A mentally unstable male subject was lodged in cells for his own safety after attending the Powerview RCMP detachment with no shirt or shoes. Alcohol was involved.

### Miscellaneous

**Bankruptcy Info-line** - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 11-117X

### For Rent

**Woodland Place/Dale Haven Apartments**, 1 & 2 bedroom apartments for rent, utilities and parking included, coin laundry, very clean and well maintained, call after 6:00 p.m. 367-4922. 26-115X

### Part time Employment

**Part-time Employment Opportunity**, Secretarial Clerical skills necessary. Good communication people skills, 20 plus hours per week. Term position. Resumes to be submitted by Friday, December 6, 2002 to: Esser Chiropractic Health Centre, Box 98, Powerview, MB R0E 1P0, (204) 367-4858 Fax: (204) 367-9259, Corner of Church St. & PTH 11 (next to Papineau Motors).

### For Sale

**1988 Cadillac**, Fleetwood Brougham, leather, loaded, safetied, \$2500.00. in recent repairs, asking \$4000.00. Phone 345-2202 or 345-8747. 26-25X

**Hay for Sale** - Protet your septic system, hay for sale. Good for all types of insulation, \$1.00 each or \$2.50 delivered. Minimum of 10 bales, Pine Falls area. Call 367-8836 or 367-9284. 26-115X

### Prayer Corner

May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever. -Amen

Say six times a day for nine days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.

## UNDER THE PLANNING ACT NOTICE OF PUBLIC HEARING REGARDING BY-LAW 17/02

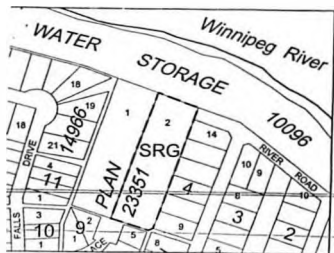
The Council of the Rural Municipality of Alexander under the authority of The Planning Act will hold a PUBLIC HEARING at the office of the Municipality at St. Georges, Manitoba on the 10th day of December, 2002 at 11:15 a.m., at which time and place the Council will receive representations and objections from any persons who wish to make them in respect of By-law No. 17/02 to amend the R.M. of Alexander Zoning By-law No. 08/98 as amended.

A copy of the above noted By-law of the Rural Municipality of Alexander and supporting material may be inspected by any person during regular office hours from 8:30 a.m. to 4:30 p.m. Monday to Friday at the office of the Municipality at St. Georges, Manitoba.

(1) The general intent of By-law 17/02 of the Rural Municipality of Alexander is to amend Zoning By-Law Map13-29 in order that that area described as follows:

Lot 2, Plan 23351 WLTO being part of the NW 29-17-11 EPM

and as shown outlined by a heavy broken line on Appendix "A", attached hereto, presently zoned "RR2" Rural Residential Zone by hereby re-zoned to "SRG" General Seasonal Recreation Zone.



### APPENDIX "A"

Attached to By-law No. 17/02 of the Rural Municipality of Alexander Amending Zoning Map 13-29 of By-law No. 8/98 Being the Rural Municipality of Alexander Zoning By-law as amended.

**LEGEND:**  
SRG "SRG" General Seasonal Residential Zone  
Units of area affected

Oct 11, 2002  
Scale: 1"=200'  
MANITOBA  
Municipal Government Affairs  
Dep. No. 800-58-227

Rose-Marie Blanchette, Chief Administrative Officer  
Rural Municipality of Alexander

## FOR SALE - BY TENDER

Tenders will be received for the following items:

- 1-1974 International Model F4370 Hiway Tractor
- 1-1980 Triple axle Pulp Trailer

Items will be sold on an "AS IS - WHERE IS" basis. Deadline for offers is 5:00pm, Friday, December 6/02. Highest or any offer not necessarily accepted. Please submit tenders to:

South Interlake Credit Union  
11 Linden Street, PO Box 3000,  
Pine Falls, MB R0E 1M0

Call 204-367-4477 to make arrangements to view the vehicles.



## THE LIQUOR CONTROL ACT

**TAKE NOTICE** that an application has been made by: **NORTH EASTMAN HEALTH ASSOCIATION INC.** of Pine Falls for **DINING ROOM LICENCE** for the premises known as **SUNNYWOOD MANOR PERSONAL CARE HOME** situated at **37 MAPLE STREET, PINE FALLS, MANITOBA**. Under **DINING ROOM LICENCE** liquor may be served from 9:00a.m. until 2:00 a.m. Monday to Saturday, 11:00 a.m. until 2:00 a.m. on Sunday, 12:00 noon until 2:00 a.m. on Good Friday and Remembrance Day.

**FURTHER TAKE NOTICE** that objections to this application should be made forthwith to the Liquor Control Commission, P.O., Box 1023, Winnipeg, Manitoba, R3C 2X1, and no later than 14 days of the date of this public notice. An objector shall state the reasons for his objections. The applicant will be provided with a copy of any objection filed with the Commission.

All persons who file objections, and the municipality wherein the premises is situated shall be given notice by the Commission of the hearing and of the time and place so fixed and may at that time attend and state his objections.

## SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest.

All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling

**Silver Haven at 367-4620**

**Wednesday, Nov. 27:** Soup, baked salmon, rice, broccoli casserole, tapioca pudding.

**Friday, Nov. 29:** Coleslaw, beef stew and dumplings, cherry cheesecake.

**Monday, Dec. 2:** Soup, beef roll up, noodles, cauliflower and carrots, broken glass.

The Winnipeg River **Echo**

Independently owned and operated

Call 367-9468

or fax 367-9974

Box 550 Pine Falls, MB

**In Memoriam**

**Marie Madeline Bunn (nee Guimond)**  
 Nov. 12, 1926 to Nov. 17, 2002

Peacefully, with her family by her side, our loving wife, mother, sister, grandmother, great-grandmother, great-great-grandmother, auntie and friend who passed away on Sunday, November 17, 2002. She leaves to cherish her memory her loving husband of 59 years Roderick Bunn Sr., her children Mary (Dallas), Ambrose (Harriet), Wilfred, Roderick Jr. (Cynthia), Lena (Ron), Doris (Walter), Henry (Juliet), Cameron (Harriet), Roland, Zelma (Henry), Lionel (Marie), Beverly and Blaine; as well as 65 grandchildren, 100 great-grandchildren, and two great-great grandchildren. Also surviving are sisters Bella and Mildred (Clifford); her in-laws, Joseph (Laura), John (Virginia), Mary (Tom), Christina, Verna and Andrew. Our beloved mother has gone to join her father Pierre and mother Hannah; brothers, Victor and Lawrence; sisters, Dorothy, Susan, Annie, Angele and Myrnia; her beloved sons; Lee-Lee, Nelson and Clarence; son-in-law Jerry; father-in-law Alexander; mother-in-law Florence; brothers-in-law Frank, Harvey, Joseph and Alec; as well as four beloved grandchildren Jessica, Farrah, Vincent and Roland. We wish to acknowledge special friends, Karen, Marie, Lena, Lucy, Muriel, Helen and Eva. Our mother was truly gifted, she raised her own and then her sister's children and grandchildren. She leaves to mourn Alfred, Lloyd, Maggie, Nora, Lillian, Linda, Maureen, Adeline, Marie, Judy, Malie, Joey, Kathy and Roman. Wake services were held at the home of Roderick Bunn Sr., North Shore, Ft. Alexander, MB. Funeral services were held on Thursday, November 21 from the St. Alexander R.C. Church, Ft. Alexander with Fr. Laval Cloutier and Fr. Jean Jacques Sarceau officiating. Interment in the parish cemetery. Pallbearers were R.J., Nelson, Steven, Derek, Neil, and Kelvin. The family wish to thank Dr. Oletson and nurses at the Pine Falls Hospital for the care and compassion given to mom.



# Sagkeeng Junior High School

from page 6

disciplinary actions, but are to report these matters to the office. It is the office that will deal with the students who are reported to the office by the school patrollers. The students who are on duty will also receive wages as an incentive to their job duties. School patrollers will learn responsibility, leadership skills, and good citizenship. It is important that the patrollers are listened to and supported. All patrollers have been scheduled for duty and officially started duty on Monday, November 18, 2002. Other students are becoming interested and they will undergo the same training. They will be utilized as substitutes for the time being until a position becomes available. All patrollers received an official patrol badge to wear everyday. As a part of this program will be pulled into Career Guidance topics and students will learn about Career Awareness topics. They will gain the understanding of job training, skills, job performance, job schedules, pay-roll, and staff meetings. This pro-

gram is also assisted by the Home & School Coordinator (Randy Guimond) who helps very much in making this program function. Thank You Randy for all the work you do!

### Amicnabe Elementary School News

This year at Amicnabe Elementary School, a violence prevention program called Second Step is being implemented school wide. All classroom teachers have been familiarized with the program and are now delivering the program in each of their classrooms. A few of the teachers and some of the students were already familiar with the program which is fine and in fact is a bonus to the implementation of it. The program is preventative in nature and teaches pro-social behaviour. Regardless of what grade

the student is in, the program is designed with three main units in the area of teaching empathy skills, Impulse Control, and Anger Management. It is important to remember that the program itself is not a quick fix to addressing violence but is preventative, with our goal being to teach positive interaction between students and to resolve problems.

Equally important to note is that the grade five students at the Jr. High also receive this same program from their teachers. Both the grade five teachers have been delivering the program for the last two years. This will be the first year we will have the violence prevention program delivered to the students right from grade one to five. Great Job To All The Teachers!

## BUSINESS DIRECTORY

**SUBWAY**  
 98 Third Street, Lac du Bonnet  
 Phone 345-6100  
**NEW WINTER HOURS:**  
 OPEN Sunday to Thursday 9 a.m. to 9 p.m.  
 Friday to Saturday 9 a.m. to 11 p.m.

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 ACCOUNT REPRESENTATIVE  
 2 McDougall Ave. Box 219  
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 EMAIL: skulk@rbc.sympatico.ca  
 PHONE: (204) 367-9572  
 FAX: (204) 367-9068  
 TOLL FREE: 1-888-665-0649  
 CELL PHONE: (204) 781-0991

**Jen. C. Phillips RMT**  
 Licensed Massage Therapist  
 Cranio-Sacral Therapy, Lymphatic & Reflexology  
 Massage Therapy  
**204-367-2141**  
 at Through the Arbour, Pine Falls

**DD's Audio Video Services Ltd.**  
 Get Bell ExpressVu... digital satellite for television viewing and internet connection or  
 For business... get DirecWay for fast 2-Way High Speed Internet using no phone lines.  
**Contact Don at 367-8323**  
 dishman@mb.sympatico.ca

**KEN'S EAVESTROUGHING**  
**KEN DANWICH**  
 204-756-2709 or 204-754-7015  
**5 INCH**  
 CONTINUOUS EAVESTROUGHING  
 FASSICA - SOFFIT - PRE-PAINTED COLORS  
**FREE ESTIMATES**

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 POWERVUEW  
 367-9468

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 (Within a set size, call for details)

**NEWS TIPS?**  
**Call the Echo 367-9468**

For All Your Grocery & Clothing Needs  
**PINE FALLS 367-2372**  


**DAVE'S NEW & USED FURNITURE**  
 JVC - HOTPOINT - GE - BUHLER - SERTA BEDDING  
 "For the Best Quality New & Used Furniture & Appliances - Call us First!"  
**367-2460**  
 21 Art Street, Powerview  
 Mon to Fri 10 am - 5 pm Sat 10 am - 3 pm

**Country Concepts**  
 Ladies Wear & Accessories  
**367-2248**  
 Located at Pine Falls Post Office Building

**Rusty Nail Tavern**  
 Cold Beer Vendor  
 Located at the Powerview Hotel on Art Street, Powerview  
**367-4317**  
**Rusty Spoon Diner** 367-4895

**RAPID Water Sales**  
 Distributor of Simply Natural Water  
 Business Hours: Mon - Fri, 9am to 6pm Saturday 12pm to 5pm  
 DELIVERY: 10 Litre 4 Litre 18.9 Litre 500 ml Bottles  
 Call 367-2352  
 Located on Highway 11

**BRYAN M. DAIEN Denturist**  
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