

# The Winnipeg River Echo

Vol. 3, No. 53

November 12, 2002

\$1.00 tax included



Service  
200 Vaughan Street  
Winnipeg, MB  
R3C 1T5  
June 24 03



## A moment to remember

The Royal Canadian Legion Branch #64 observes the traditional two minutes of silence to honour all veterans who gave their lives in the defence of freedom.

During the ceremony, in Legion Branches all across the country including Pine Falls and Lac du Bonnet, the honour roll of those from local communities who gave their lives were commemorated.

They were:

(Abitibi Employees) C.H. Anderson, R.H. Betts, J. Boyd, B.E. Columbus, J.E. Cooper, C.S. Cybolsky, R.J. D'arcy, E.A. Dawson, G. Dean, F. Dewar, G.J. Doyle, B.G. Foy, D. Gold, E.W. Gold, H. Haider, R.R. Halford, J.E. Horvath, V. Hugli, M. Kalik, W.J. Kasubeck, W.E. Knight, A.J. Labarre, F.H. Lalor, T.E. Lavallee, O.J. Locke, D.S. MacLean, J.G. Nault, H. Newlove, R. Nicholas, R.D. Poe, J.C. Roach, W.T. Robinson, A.J. Ronholm, F. Sabourin, J. Semenuik, S.H. Smith, L.A. Tourand, W.N. Wolf, W. Yurinchuk.

(Powerview) Edmond Columbe, (United Church Honour Roll) Roy Thibodeau. (Church of the Advent Honour Roll) G. Legall. (St. Georges) Omer Vincent,

(Great Falls) C. Anderson, O.L. Gauthier, C. Winnberg.

(Fort Alexander) Philip Laforte. (Victoria Beach) James Flett, George Lemmerick, Jack Lemmerick, Eugene Leblanc, Clifford Thomas, Bert Thomas, William Wood.

(Lac du Bonnet/Seven Sisters)

1914-1918: A.H. Cook, A. King, J. Lavoie, G. McLeod, A.G. Sinclair, J.L. Smith, W. Wellman,

1939-1945: E. Blanck, J. Brezino, H.W. Cedarland, S. David, R.J. Fournier, G. Gillespie, E. Hendrickson, Horbatuik, D. Hudson, R. Irvin, L. Lavasseur, C. Ridge, F. Small, C. Tyndall, W. Wood.

(Pointe du Bois) 1939-1945: N. Bailey, J. Barly, H. Glassco, H. Grierson, S. Laurila, C. Mayo, R.J. McCrudden, S. Palmer, J. Sanger.

(Whitemouth), 1914-1918: Thomas Howard Corregan, Wilfred John Finney, Martin Jorgeson, Thomas James Little, John Solberg.

1939-1945: Clarence Walker Aker, Jack Paul Barski, Clarence Donald Biebrich, Elmer Walter Blank, Joseph Cooke, Hugh Gordon Gillespie, Donald Thomas Hudson, Frank Steve Janiuk, Peter Benjamin Kopp, John Kopp, Mike Mandziuk, Raymond Clifford Ridge, Otto Ludwig Schieve, James Thompson.

## Proposed water and sewer project for RM of Alexander

The R.M. of Alexander held an informational open house on November 6, 2002 at the Great Falls community Hall with regards to the proposed water and sewer project which would service the area from Great Falls along Highway 311 to Highway #304, over the dam and including Chevrefils District.

Present at the meeting were the R.M. of Alexander council, Bill Brandt and Jeff O'Driscoll from Cochrane Engineering, Fred Binnie from Manitoba Water Services Board, Dr. Cleary from North Eastman Health Association and Andreas Ortel our regional health inspector from Lac du Bonnet.

This meeting was held to give information to people from the proposed service area on some of these topics. 1) Why the R.M. of Alexander Council has initiated this study in 1999. 2) The health and safety concerns of the existing water systems. 3) What the projected cost would be. 4) What other benefits the water

and sewer infrastructure would bring to the community.

The meeting was well attended with residents from throughout the proposed service area. Understandably one of the biggest concerns raised was the cost to the individual households. However, many who felt this project is not necessary for the community, left the meeting with information and facts, which could sway their original thoughts on this single regional water supply.

Points worth considering are: 1) Ensure safe drinking water with the best technology available today. 2) Future costs to small co-ops for: a) Certified operators being required by the provincial government. b) Future required upgrading to these existing systems. c) Insurance costs and liabilities to these co-ops. d) The economic development aspect of having water and sewer infrastructure in order to reduce lot size to smaller than two acres (more residential development, more tax base).

See *PROPOSED*/page 2

## In memory of Peter Bedding

by Charles Norman

I laid a wreath at the cenotaph on Monday.

I knew four people who died in the Second World War, three of them not very well and one of them, Peter Bedding, very well indeed. During the two minutes of silence on November 11 I have always made a point of remembering those four people.

A friend of my father, My Godfather, was the first to die. I only vaguely remember him. He used to send me a gift every Easter, the last one for Easter 1939, when I was still four years old. It was a book of bible stories. I don't know what happened to the book, and only remember one of the stories, David and Goliath. At Easter

See *IN MEMORY*/page 2

## Proposed sewer and water project for RM of Alexander

from front page

The ability to attract business and industry to our area instead of having land annexed by other municipalities which shrinks the R.M. tax base. For example, the Chicken Chef, Clarks Corner, and the Papertown Motor Inn were annexed by Powerview because the R.M. of Alexander at that time could not provide these services.

We are fortunate at this time to have the support of the

Manitoba Water Services Board. Their financial support would cover approximately 50% of the costs. However, the demand for funding from the water service board has increased dramatically since the tragedy at Walkerton. The opportunity to upgrade our community to the standards of today and the future is now. Manitoba Hydro has also committed themselves to \$750,000.00 towards upgrading this infrastructure in our community.

The R.M. of Alexander feels there is a need for at least one more informational meeting before public hearings are held on this project. Residents of the area need to seriously consider the future and what this infrastructure will bring to them, their families and to their community. Consideration should also be given to the possible ramifications if this project is turned down.

More information to follow in later issues of the *Winnipeg River Echo*.

**Great Falls Tuesday Nite**  
**BINGO**  
 Great Falls Hall 7:30pm

Mini Loonie: **\$205.00**  
 Lucky 7: **186.00**  
 Letter Y: **312.00**  
 Poker Flush: **2382.00**

Loonie Pot: **\$424.00**  
 Bonus Line: **501.00**  
 Full House: **500.00**  
 In 51 numbers

**BONANZA \$525**

**Lakers Ski Club**  
**BINGO**

Bonus Line - \$833.00  
 Star - 675.00  
 Loonie Pot - 86.00  
 Poker Flush - 11,249.00  
 Special "Y" - 525.00  
 Bonanza - 1672.00

**Lucky 7 \$2585**  
 PUT FREEZER AT 25 NUMBERS  
 IF YOUR POT STARTS AT 6500  
 IN 17 NUMBERS AT LEAST

**Mini \$1911**  
 IF YOUR POT STARTS AT 6500

Lot. Lic. 874  
**Every Thursday Evening 7:00pm**  
 At the Lac du Bonnet Community Centre

**FOR UPDATES CALL 345-8619**

**BINGO**  
 FOR UPDATES CALL 345-6197

**Royal Canadian Legion #164**

Lac du Bonnet  
 Legion Hall  
 Specials 7:00 p.m.

Full House 99 numbers \$1500  
 #1 Loonie - 83.00  
 #2 Loonie - 4518.00  
 Jackpot Strip - 141.00  
 Bonanza - 344.00

Bonus Line - \$ 3397.00  
 Star - 1278.00  
 Lucky 7 - 1357.00  
 Poker Flush - 140.00  
 Mini Loonie - 1258.00

**Every Monday Evening**  
 In Case of Discrepancy the Letter will Prevail

## In memory of Peter Bedding

from front page

1940, he was a fighter pilot in France, and presumably had other things on his mind. He died the following fall in the Battle of Britain.

Peter Bedding died just under a year later.

Jim Ward lived on the same street as Peter and me. He was 13 when the war began, and I remember his mother telling my mother how glad she was that her two sons, twelve and thirteen were too young to serve. It was a long war. Jim Ward died in Normandy in 1944. He was eighteen.

Later that year, a second cousin, Peter Cross, a paratrooper, died at Arnhem in Holland. I remember him one Christmas, in Uniform, short, stocky, and full of confidence. To my young, hero worshipping eyes he seemed to be ca-

pable of taking on the whole German Army single handed.

But this story is about Peter Bedding. I had known him all his short life. We went to school together, and played at being soldiers together in the nearby Epping Forrest. Peter was very good at dying gloriously when attacking imagined enemy positions.

His death was not nearly as glamorous. He was six, a week short of his seventh birthday and a week after mine. During an air raid, (at least ten miles from any military target) He and his parents were sheltering in an "Anderson Shelter" in the back yard of their home. A bomb landed between the home and the shelter. A small concrete barrier between the house and shelter was shattered. Parts of it were blown

into the shelter, wounding Peter's mother and father, and killing their only son.

Peter's parents are now dead. Possibly, more than sixty years later, I am the only person who remembers him, but last year, during that two minutes of silence I could not remember his name. Nor could I for two or three weeks afterwards. Hence the wraith this year, and this story.

Two copies of this page go to the Legislative Library every week. Eventually they are recorded on microfiche and stored in the Manitoba Archives. It may be that no one will ever read this story after this week, but Peter Bedding's name will be there, recorded as a little something more that just one of the thirty thousand civilians who died in the London Blitz.



A typical World War II Anderson Air Raid Shelter

## Hunting from provincial roadways dangerous and illegal

Release

Manitoba Conservation is urging hunters to refrain from shooting at game from vehicles, from provincial and municipal roads or across provincial roads or across provincial and municipal roads, as it

is illegal and dangerous.

Conservation officials have received several reports of shootings from the road and are reminding all hunters to follow all safety rules while enjoying Manitoba's outdoors.

The Gillam area is of particular concern where the Pen Island caribou herd is moving into its winter season range and coming unusually close to populated areas.

Penalties for the illegal discharge of firearms from a vehicle, a provincial or municipal road or across a provincial or municipal road can be a maximum fine of \$10,000 or up to six months imprisonment or both.

Residents and hunters can contact Manitoba Conservation offers or 1-800-782-0076 with questions or concerns about hunting practices.

**Allan Holm Agencies**

AUTOPAC  
 PHOTO LICENCES

INSURANCE  
 All Types

As Independent Insurance Broker  
 Covers You Best

"No place like HOLM for all your INSURANCE needs!"

HOURS:  
 Monday to Friday 8:30 a.m. to 5:30 p.m.  
 Saturday 9:00 a.m. to 4:00 p.m.  
 2nd Street and McArthur, Lac du Bonnet

Bus. 345-8607  
 Res. 345-2377

**Publisher**  
 Valarie Anderson

**Writers**  
 Charles Norman,  
 Shawn Tester

**Production/Art Design**  
 Lori Pachkowsky

**SUBSCRIPTIONS**  
 Local Rate: \$34.20  
 National & Urban Rate: \$39.90  
 Foreign Rate: \$102.60  
 (prices include PST & GST)

3rd class mail #1763687  
 (Postage paid in Pine Falls)

P.O. Box 550, Pine Falls, MB ROE 1M0  
 56 Art Street, Powerview, MB  
 e-mail: theecho@mb.sympatico.ca

Powerview Office Ph: 367-9468 Fax: 367-9974

The **Winnipeg River Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

# Lac du Bonnet Food Bank: the first year in retrospect

by Shawn Tester

Lac du Bonnet and Area Food Bank, founded by Lac du Bonnet Lions Club and Lac du Bonnet Knights of Columbus, held their first Annual General Meeting on Wednesday, Oct. 30<sup>th</sup>. President and CEO of Peak of the Market, Larry McIntosh donated his time to drive out and give an inspirational address for the occasion. He had high praise for the committee and volunteers for a job well done. "People make things happen" was his message to the nearly 50 people who are active as volunteers and board members. He also recognized the generous and cooperative spirit of small town communities. Peak of the Market is involved in many outreach activities such as matching donations for food drives, and supports other service organizations such as Winnipeg Harvest and the Canadian Diabetes Association. He is a frequent MC and Co Chair of functions for organizations such as Alzheimer Society of Manitoba, Re-Fit Centre, Lifeworks and the Winnipeg Humane Society.

The LdB Food Bank served 1141 adults and 1351 children last year for a total of 2492 people served. The clients came from Pinawa, Lac du Bonnet, Great Falls, Hollow Water, Manigotagan, Pine Falls, Powerview, Sagkeeng, Beausejour, River Hills, and Seven Sisters. The Canadian Association of Food

Banks "Hunger Count" annual survey documents the struggle of food banks to keep up with ever increasing demand. Food bank use has almost doubled since the CAFB first conducted the Hunger Count in 1989, increasing from 389,000 people in March of 1989 to 748,000 in March of 2002.

This year a total of 24,155.25 lbs of food donations were received. Private individual, Brightstone and Whiteshell Hutterite Colonies, Churches of Pinawa, Pine Falls, Powerview, Seven Sisters and Lac du Bonnet, and Lac du Bonnet Grocery Stores were top donors. Revenues from cash donations were 17,478.90. Special thanks to many individuals, and the following groups gave donations of over 400.00: USWA Local 7499, Knights of Columbus, RM of Whitemouth, PPF & Tembec Paper Group., Lac du Bonnet Lions, Pinawa Christian Fellowship, Lee River Subdivision, RM of Alexander, Manitoba Hydro, Interfaith Committee, Mrs. Luccis, RM of Lac du Bonnet, AECL Fire Fighters, Pinawa Benefit Concert, Cabot Mining Corporation, Church of Advent.

The PCF "Thank God it's Friday" youth group deserves special credit for its role in supporting the LdB and Area Food Bank. Initiatives such as the Food Bank food scavenger hunt held on Oct 25<sup>th</sup>, and their Wall of Beans project at Gil-



Board executive of the Lac du Bonnet and Arva Food Bank. Chairperson, Cliff Zarecki, Vice Chairperson Denis Godin, Treasurer Eva Lussier, Secretary Barbara Sabanski, Volunteer Coordinator Gail Conrad Davey.

bert school are examples of the ideas that have netted 504 lbs. of food from the generous citizens of Pinawa. Recently Myrna Teide was the winner of a 100.00 Northern Store food coupon. How many beans will that buy? she asked-and then donated the coupon toward the building of the wall, which will continue to

grow until Dec. 1<sup>st</sup>. After that date the cans will be distributed evenly between the Lac du Bonnet and Beausejour Food Banks.

The Board of the LdB and Area Food Bank will remain the same as last year, since the members all allowed their names to stand and were not challenged in elections.

Chairperson Cliff Zarecki, Vice Chairperson Denis Godin, Treasurer Eva Lussier, Secretary Barbara Sabanski, Volunteer Coordinator Gail Conrad Davey, Promotion Coordinator Marilyn Zarecki and Board members: Grace Decterow, Gilberte Godin, Louis Bruneau, Ches Carver, Joy Funk,

Beverly Richmond and Ron Wesa will all volunteer another year of service.

In looking toward another year of operations, board advises that they are seeking a donation of a freezer and a window air conditioner. If anyone can supply one of these, please call Denis at 345 8705.

## Graduated Driver Licensing

Changes take effect January 1, 2003

New drivers are three times more likely to have an accident than experienced drivers. That's why Graduated Driver Licensing (GDL) allows new drivers to get more experience under safer driving conditions.

**Starting January 1**

If you obtained your first passenger vehicle or motorcycle learner's licence on or after April 1, 2002, you're part of the program. Beginning January 1, 2003, all of the restrictions of GDL take effect.

**Three Stages**

The GDL program is made up of three stages:

- Learner stage—minimum nine months
- Intermediate stage—minimum 15 months
- Full stage

Each of these stages has specific restrictions.

**Did you know that as a new driver:**

- You are prohibited from driving after drinking any amount of alcohol.
- Your supervising driver must have a valid licence and be fully licensed for three years.
- You are limited in the number of passengers you can carry.

These are just a few of the changes. For all details visit our Web site, call (204) 945-8858 or contact any Manitoba Transportation and Government Services, Driver and Vehicle Licensing offices.

[www.manitobanewdrivers.ca](http://www.manitobanewdrivers.ca)

Because Experienced Drivers are Safer Drivers



**Manitoba Public Insurance**



## NOTICE

Wednesday, November 13

Pineview Ringette is holding a meeting to discuss it's future in our area.

**Discussion Includes:**

Ringette obligations: Pineview & Eastman  
Ringette's Future: Pineview & Eastman  
Team Jerseys  
Equipment (Goalie)  
Funds

We encourage everyone who was involved in Ringette (past & present) to attend. We want to hear what you have to say.

Pine Falls  
Arena  
6:30pm

# Blades dulling

by Jamie Leach

Every team slips into a pot hole through out a season and we have definitely fell into a crater this past week. The Blades are riding on the wrong side of a streak with 4 losses in a row. The boys are having trouble finding the back of the net and a few players are simply snake bit. On the positive side we are still out shooting teams and getting the scoring chances. If we weren't getting

the scoring chances then we would have something to worry about. Is this club panicking? No, but we are concerned.

We are looking for a little more offensive talent and have been shopping around and haven't found the right player for this mix. It's only November so we have lots of time before the January 10th trade deadline. The coaching staff is hoping that our 2 20 year old goal tenders will start winning

us some games. Last season Patrick and Guy won this club a number of games with their excellent play. This season it hasn't happened yet. We know that both these kids can play they just have to find their own game again.

This week we are playing the Winkler Flyers twice in a home and home series. The home game here was moved to La Broquerie on the 12th. Then on Saturday we travel to Winkler where last season we



## MJHL Southeast Blades

had some success. Sunday afternoon the impressive Swan Valley Stampeders visit the Sagkeeng Arena Multiplex for their 3rd game in 3 days. Dell Pedrick has done a great job with this club where they hold 3rd place in the Sherwood Division. The Stamps will be ready to play for they seem to pick up their game against the

top teams, they have beaten OCN twice so far.

We are hoping that the boys can get the train back on track this week for they are learning that the game is more enjoyable when you are winning. As always a huge thank you to the community members and businesses that support the Blades.

## MJHL Team Standings

### Addison Division

	W	L	OL	TL	Pts
Southeast Blades	16	3	0	1	33
Selkirk Steelers	16	6	0	1	33
Wpg South Blues	11	9	1	2	25
Winkler Flyers	10	14	1	0	21
Winnipeg Saints	8	16	0	0	16
St. James Canadians	1	23	0	0	2

### Sherwood Division

	W	L	OL	TL	Pts
Portage Terriers	19	2	1	2	41
OCN Blizzard	19	4	0	1	39
Swan Valley	15	5	1	2	33
Dauphin Kings	13	8	2	0	28
Neepeawa Natives	12	13	0	1	25
Waywayscoacappo	2	21	1	1	6

## Southeast Blades player profiles

**Name:** Josiah Matuszeusk  
**Position:** Defense  
**Birthdate:** July 15, 1983  
**Hometown:** Seattle, Wash.

**Favourites:**  
**NHL Team:** Detroit Red Wings  
**Hockey Player:** Lub Robitaille  
**Food:** Peanut butter & jelly sandwiches  
**Movie:** Deer Hunter  
**Actor/Actress:** Harrison Ford  
**Music Group:** Lynard Skynard  
**Song:** Regulators



**Name:** Joel Boyetchko  
**Position:** Left Wing  
**Birthdate:** 15/08, 1984  
**Hometown:** Quesnel, BC

**Favourite:**  
**NHL Team:** Vancouver Canucks  
**Hockey Player:** Mario Lemieux  
**Food:** Buzz Lightyear popsicles, hot wings  
**Movie:** Ace Ventura: What Nature Calls  
**Actor/Actress:** Mel Gibson  
**Music Group:** AFI  
**Song:** Despair Factor, the lost souls



## Colin Tetreault defenseman of the month

The MJHL Defenseman of the Month for October is 20 year old Colin Tetreault of the Southeast Blades. After the first six weeks of the season, Tetreault leads all defenseman

in scoring with 27 points on 7 goals and 20 assists in 20 games. Tetreault has led the Blades to the top of the Addison Division with 16 wins. He has been a major

contributor to the resurgence of Southeast as a major power in the MJHL this season.

Defenseman of the Month award is Jamie Dowhayko of the Selkirk Steelers.

Runner up for the

**NEWS TIPS?**  
Call the Echo  
at 367-9468

**CAT IN A BOX ENTERPRISES**  
CONSTRUCTION & CARPENTRY SERVICES  
Certified Blue Cross Foundation Supplier & Installation  
Steve Lyons  
345-8987  
Box 1286  
Lac du Bonnet  
Manitoba

**RON'S BACKHOE SERVICE**  
Septic Tanks & Fields  
Waterlines - Driveways  
Grey Water Pits - Holding Tanks  
Sand - Gravel - Top Soil  
Limestone  
Phone anytime **345-8724**

**SOBERING FUNERAL CHAPEL**  
*Our family serving your family*  
Doug & Marlene Sobering  
Steven Sobering  
Phone 24 Hours  
Manitoba Toll Free:  
1-877-776-2220  
CANADIAN INDEPENDENT

**Southeast Blades vs. Swan Valley**  
Sunday,  
November 17  
Sagkeeng Multiplex Arena  
*Come out and support your home game!*

**Russell Funeral Homes Ltd. & Crematorium**  
Government Road Allowance #317, Lac du Bonnet  
**345-6051**  
437 Park Avenue, Beausejour, 24 Hours  
**268-2263**  
Toll Free: 1-866-424-6271  
*Russell Funeral Homes provides affordable options of all services, from cremation to traditional earth burials. We have locations in Beausejour and Lac du Bonnet and all have ample parking, chapels with air conditioning for your comfort.*  
Julie & Harvey Giesbrecht  
**FORETHOUGHT FUNERAL PLANNING**  
INDEPENDENT CANADIAN

**DAVIDSON INSTALLATIONS LTD FLOOR STORE**  
*Our commitment is providing the best in quality products, workmanship & service... we guarantee it!*  
•Carpet and vinyls  
•Laminate & Engineered wood  
**Visit our showroom.**  
Highway 513, 2 km east of Winnipeg River Bridge.  
Open Tues. thru Sat. 9:00-12:00  
1:00-4:00, Closed Monday.  
Phone 345-8077

# Making a difference

submitted

If you haven't heard of our exciting new project, we'll tell you about it. Project K.I.N.D. stands for Kids Initiating New Dreams. We go to Powerview School and are in the grade 6/7 class. We are dedicated to doing R.A.K. (Random Acts of Kindness) and setting individual, community, provincial,

and worldwide goals.

Project K.I.N.D. was first introduced to our class by Mrs. Viznaugh. We discussed the image teenagers have and how it is not always positive. We talked about ways this image could be changed. To prove that image wrong we created Project K.I.N.D. Now people will know that we are

not all bad and that we have the potential to reach goals we've set for ourselves. Project K.I.N.D. started out fairly small, but has grown into an amazing project with fabulous results. This was made possible by encouragement from Powerview School staff and the incredible ideas of the grade 6/7 class.



Powerview School students participate in Project K.I.N.D. This part of their project was to help with the Powerview Arena. Students painted the lower level of the arena.



Students of Project K.I.N.D. collected 91 lbs. of food during Lunch Hour Movie Manias and a Haunted House where they asked for non-perishable food items or a donation of \$0.50

So far we have had two Lunch Hour Movie Manias. Movie Mania was played in our multipurpose room at lunch time, as you may have guessed. We played two Halloween movies and asked for a donation of \$0.50 or a non-perishable food item. The Movie Mania was very successful. Then on Halloween we created a haunted house. We had students from jr. kindergarten to grades 12! It was very exciting and most of the props were from students in our classroom. In that spooky activity we managed to raise \$85.00 and 91 lb. of food! It was quite a turnout and our class was busy all day. We are also making a bookshelf that is to be delivered to the Pine Falls Health Complex. We are filling it full of children's books and our construction committee is making it themselves. We plan to donate it soon. Finally we are in the process of painting the downstairs of the Powerview Arena.



Students constructed a bookshelf that is to be delivered to the Pine Falls Health Complex

We have only set community goals so far but we are on the verge of setting more. Our community goals are to raise 300 lb. of food by Christmas and donate it all to charities. We are going to donate the money also. Our class' indi-

vidual goals are to complete at least 10 volunteer hours by Christmas and also to do at least one R.A.K. each day. As you can see we have been very busy and of course we are still expected to keep up with our class work.

This project has been both very exciting and very rewarding. We are learning many things such as teamwork, co-

operation, organizational skills, and communication skills. However, the most important thing we are learning is that we can make a huge difference in both our own school and our community. We truly hope we will reach all of our goals and at the same time create a more positive image of who teenagers are and what we can accomplish.

**Lac du Bonnet 22nd Annual Christmas Craft Sale**

**Saturday, November 16**

10:00 a.m. to 4:00 p.m., Lac du Bonnet Community Centre

**Baking, Woodwork, Chocolates, Ceramics, Knitted Items, Handmade soaps, Folk Art Paintings, and so much more!**

*Homemade Food Kitchen Open All Day! Free Admission!*

*For more information call the Rec Office 345 5516*

You're looking for answers, we're

## At Your Service Manitoba



From checking road conditions to finding the right child care centre, **AT YOUR SERVICE MANITOBA** - the province's one-stop information centre - will connect you to the resources you need. From online services to telephone numbers, **AT YOUR SERVICE MANITOBA** will provide you with access to over 1,000 provincial government programs and services. Visit our Web site at [www.gov.mb.ca](http://www.gov.mb.ca) or call us directly **Monday to Friday between 8:00 a.m. and 4:30 p.m. at 1-866 MANITOBA (626-4862)**. Discover a world of information that's yours for the asking.

**At Your Service Manitoba**

[www.gov.mb.ca](http://www.gov.mb.ca) 1-866-MANITOBA



## Saint Georges School News

On Friday, November 8, the students and staff participated in a special ceremony to commemorate the soldiers who served our country during the great wars. Our special guests were Mr. and Mrs. Victor Vincent. Mr. Vincent is the brother of Omer Vincent who died while on duty in Holland during the Second World War. The students appreciated having the opportunity to view the medals, letters and pictures that were brought by our guests. Some students wrote poems that were read during the ceremony. All the veterans of Saint-Georges, Power-

view and Pine Falls were honoured by having their pictures placed on large poppies which served as a background for our ceremony.

### Nouvelles de l'école communautaire Saint-Georges

Le 8 novembre nous avons pris le temps de reconnaître les sacrifices qu'ont faits les soldats pendant les grandes guerres. Nos invités d'honneur étaient M. et Mme Victor Vincent. M. Vincent est le frère d'Omer Vincent qui fut

tué en Hollande pendant la deuxième guerre mondiale. Nos invités ont apporté des lettres, des médailles et des photos. Les étudiants et le personnel ont beaucoup apprécié pouvoir en apprendre plus au sujet d'un brave soldat de la communauté de Saint-Georges. Les étudiants ont reconnu tous les anciens combattants de cette communauté en collant leurs photos sur des coquelicots. Quelques élèves ont aussi lu des poèmes qu'ils avaient composé en reconnaissance des sacrifices faits par les soldats de ce coin du pays.



Mr. and Mrs. Victor Vincent, guests at our Remembrance Day Service. M. et Mme. Victor Vincent nos invités d'honneur



Andrew Nault regarde les souvenirs apportés par M. et Mme. Vincent. Andrew Nault, examining letters, photos and medals brought by Mr. & Mrs. Victor Vincent.

## Lac du Bonnet Christmas hamper campaign underway

submitted

The 2002 Organizational Meeting of the Lac du Bonnet and District Christmas Hamper Committee recently took place at the Lac du Bonnet town office.

Representatives of various community organizations met in order to plan the up-coming Christmas Hamper campaign. Sharon Sveinson was elected to continue on as Chairperson. Mel Mitchell was elected to continue on as Secretary, and Verna Emberley was elected to continue on as Treasurer.

It was noted that the Committee assembled 70 hampers for Christmas 2001. These hampers served 125 adults and 106 children, and it is anticipated that at least as many hampers will be required for 2002. There is always a need

in the community, and the Hamper Committee attempts to address this need by providing hampers to those who otherwise might go without.

The procedure which was implemented in 1999 to ascertain those who are in need of a hamper will continue again this year. Anyone who feels that they are in need of a hamper, or who knows of someone who should receive a hamper, will be required to complete an application form. These forms are available at the Lac du Bonnet Town office, the RM of Lac du Bonnet office, Mrs. Lucci's, the Lac du Bonnet Health Centre and Great Falls Foods. The completed application forms can be mailed to the Lac du Bonnet Christmas hamper committee, PO Box 1271, Lac du Bonnet, or dropped off

at the Lac du Bonnet town office. The deadline for receipt of same is Tuesday, the 10th of December.

The hamper committee wishes to encourage all individuals, businesses and organizations in the community to consider a donation to the cause. Collection cans for space change will be in a variety of locations by the third week of November. Collection boxes for food or other items will be at the usual locations. Instead of a gift exchange at a Christmas Party, who not consider a donation from the group to the hamper committee? Any and all donations will be gratefully received. A sincere thank you to those groups and individuals who have already donated.

For further information on any aspect of the Christmas hamper campaign, please contact Sharon Sveinson at 345-2254. Groceries of other items can be dropped off at 135-5th Street, Lac du Bonnet after 4:00p.m. weekdays. Monetary donations can be mailed to Verna Emberley, PO Box 1161, Lac du Bonnet, Manitoba.

## Christmas Hampers

Collection boxes for donations of groceries for our Christmas hampers will soon be out in stores, churches, and schools.

Donations of cash are welcome and are used to purchase food needed to round out Christmas dinner, including mandarin oranges and some candy treats, and stables for the long month of January.

This community has always been generous in sharing its joy of Christmas. We ask, once again, for your support.

Families needing a Christmas hamper should phone Health and Family Services 367-5401, and speak to Judy.

Names need to be in by December 15. We must have good addresses and wherever possible, the number of the green sign at your roadway.

Cash donations may be given to any of the committee members: Bev Dube, Marlene Jackson, Loreen Carlson, Shirley Finkbeiner, Claire Sokoloski, Darlene Cowie, Linda Kemball, Yvette Gelinias. A tax receipt will be issued for all donations. Last year \$1918.99 was spent on food for the hampers.

A reminder too, that warm mitts, hats, scarves and socks are always very welcome.

Sorting will be done December 19 in the basement of the Powerview Catholic Church. Packing and delivery will take place Friday, December 20.

# Birchwood

## BUZZ

**BIRCHWOOD MOTOR HOTEL**  
Traverse Bay, 766-2596

### Nightly Specials!

**THE BAR...**  
Mon Tue. Wed. 11am to 12am  
Thurs. 11:00am to 1:00am  
Fri. & Sat. 11:00am to 2:00am  
Sunday  
12:00pm to 7:00pm

**DINING ROOM...**  
Mon. to Saturday  
9:00 a.m. to 8:00 p.m.  
Sunday  
Closed

MONDAY - Canadian Tire Money is Paid in the Bar & Pool Tourney  
TUESDAY - Crib Nite & Birthday Draw  
WEDNESDAY - Steak & Brew  
THURSDAY - Ribs, Meat Draw, Pool Tourney  
FRIDAY - Hot Wings

**Dining Room Special**  
**November 15 & 16**  
Lobster Tail and Shrimp

**Karaoke**  
★ 1st Friday of every month ★

**Dining Room Closed Sundays**

**DJ Every Weekend**

ATM Banking  Licensed Family Dining Room  Beverage Room  
Cold Beer Vendor  Licensed Outdoor Patio  Sand Volleyball  
Horseshoe Pitch  Canada Select Recommended Accommodations  
Video Lotto Terminals  Basketball Court  Fax & Photocopy Services  
 10 Brand New Rooms  Meeting Room  Hot Tubs  Sateites

Gilles  
Lamoureux

## G's SEPTIC TANK

CLEANING SERVICE

P.O. Box 905, PINE FALLS, MANITOBA R0E 1M0  
PHONE: 367-4706 CELL: 345-3835

## Pine Falls Legion news

by Sharon Mignon

Our Friday lunches are still very popular. We are still looking for additional Branch and Auxiliary members to volunteer their time to prepare and serve these meals. The Legion provides all the supplies. If you are interested in taking a turn, contact Rubena Mignon at 367-9234 or Janet Rideout at 367-2718 and we will team you up with other members. Application forms are available in our clubrooms for anyone who is interested in becoming a Branch or Auxiliary member.

For any children who attended the Legion athletic camp this past summer from

our immediate area, the cut off date for submitting your claim will be November 30th. Anyone submitting after this date will not be eligible to receive any refund.

Our Early Bird membership campaign is in full swing. Any Branch and Auxiliary members who pay their dues by November 30th will be entered in our draw and the winners will have their dues refunded. If we can get 50% of our Branch members to pay their dues by this date, we will receive an Early Bird award from Command. So be sure and pay your dues by November 30th. Any "snowbirds" please be sure and pay your

dues before you head down south. All dues can be paid at our Legion clubrooms.

Our Grey Cup party will be held on Sunday, November 24th. Tickets are being sold on a 32 inch TV and a ghetto blaster. There is also a Grey Cup pool board in our clubrooms at \$2.00 per square.

We had a good turnout for our Legion Bingo Bowl which was held on November 9th. Our annual Branch meeting will be Thursday, November 14th at 7:30 p.m. at which time elections will be held. The Ladies Auxiliary meeting will be Thursday, November 21st at 7:30 p.m. Please attend our meetings as your input and support is important.

## Winter Fun with Wings of Power



Snow, snow and more snow, this is what a Manitoba winter looks like. The arrival of snow to our beautiful town has got me thinking of Christmas and all the busy activities we will be planning for here at Wings of Power. This November we will be having a Family Craft Night, November 26 at 6:30 p.m. We are planning on making Christmas ornaments. We hope to see a lot of people out for Family Craft Night. The crafts we are planning will be child friendly, although some of the younger children may need help from mom or dad. We hope that your creation will make a lovely addition to your Christmas tree.

Story and Craft is on its way for November. Last week we read Thomas' Snowsuit and made birdseed ornaments with peanut butter and birdseed. I hope that the birds are enjoying our craft. This week we will be reading Murnel, Murnel and making a winter snowman. Last month we had great attendance for our stories and crafts and I hope to see

more new faces this month. If you would like to come but need a ride please call Leila at 367-9641.

With the onset of the colder weather Wings of Power is in need of warm winter clothing. If you have a donation it can be dropped at 'The Nothing's More Than a Quarter Store' Monday to Friday 9 - 5 PM or in the green bin outside on our steps at 39 Pine Street. If it is a larger donation please call us and let us know so one of our staff can bring the donations inside. Thanks.

The Prenatal Drop ins for November will be on the 14<sup>th</sup> and 28<sup>th</sup> from 11 - 1 PM. The Postnatal Drop in will be on the 19<sup>th</sup> from 11 - 1 PM. If you need a ride or would like more information on the program please call Gerry at 367-8855. Transportation and childcare are provided.

## Library Corner

Lac du Bonnet Regional Library



Who said that the library has to be quiet place? Our Canadian Children's Book Week got off to a rousing good start with our Family Storytime on November 5th. It wasn't exactly noisy - just the pleasant sound of a dozen or so kids enjoying the stories and props - thanks, Kristen, for making this a storytime to remember! All of the children enjoyed the scavenger hunt and the goodies that followed. Our three lucky book draw winners were Brendan Nykoluk, Mitchell Carter and Nicole Hebert. Keep on reading, kids!

Our new displays for this week include some great reading material relating to war and

Remembrance. Read about the "Uncommon Courage" of Canadian Secret Agents in the Second World War. The aim of "Valour Remembered" is simply to tell something of the story of the Canadians who went overseas, to give them some idea of where they fought and died, and what they were able to achieve. Read "Back the Attack! Canadian Women During the Second World War - at Home and Abroad" by Jean Bruce. "Hello Soldier" by Aileen Rebecca Oder is a compilation of the newsletters that wrote to servicemen overseas from Lac du Bonnet during the Second World War and excerpts from

some of the replies she received. "Silent Night" is a 2001 publication by Stanley Weintraub which tells the story of the World War I Christmas Truce.

Looking ahead, we want to remind parents and children that the library will be hosting our annual Children's Christmas Bazaar on Friday, December 6th from 3:00p.m. to 5:30 p.m. This is not a fund-raiser, just an opportunity for the children of our community to do their Christmas shopping with the help of our volunteers. Their gifts will be wrapped and labelled as well. Parents can enjoy a cup of coffee while they browse the Christmas selection of books and magazines.

## Is your subscription due?

Renew Today!

ONLY \$30.00/plus tax

56 Art Street, Powerview

Powerview PHONE 367-9468

Mail to: Box 550, Pine Falls, MB R0E 1M0

## EMERALD

Carpets & Duct Cleaning  
Powerful Truck Mounted Steam Cleaning  
For Carpet & Upholstery

STATE OF THE ART TRUCK MOUNTED POWER BRUSHING & VACUUM SYSTEM FOR YOUR VENTILATION SYSTEM  
Grant Schmidt - Owner/Operator - 15 Years Experience

Boasejour 268-3775

## The Winnipeg River Echo

Independently owned and operated

Call 367-9468

or fax 367-9974

Box 550 Pine Falls, MB

## Now Hear This!

SHAWN MILLER BC-HIS

Licensed Hearing Instrument Specialist with 20+ years experience will be at the PINE FALLS HOSPITAL on Maple Street Pine Falls, Manitoba

Thursday, November 28, 2002

HASTING HEARING CENTRES LTD.

For an Appointment Call Toll Free 1-800-782-0078, Manitoba

"Hearing is our concern"  
For info on Products, Services and Clinics check our website:

www.hastingshearing.com

943-6561

727-3429 (Brandon)

390 Graham Avenue  
Winnipeg, MB R1C 0L4  
(SW corner of Graham & Edmonton)

Ask about NEW Digital Hearing Aids - Programmable Test Hearing.

For Cooler Rental & Water Delivery Call

Vandenberg's

COOL & PURE WATER

In Lac du Bonnet  
Call Roel- 345-2351 or 791-1928

In Winnipeg  
Call Rob 222-1184 or 782-1585  
Call Ron 667-8173 or 793-4893

# I love you honey

by Author Unknown

They have been married for two years. He loves literature, and often posts his work on the net, but nobody ever reads them. He is also into photography, and he handle their wedding photos. He loves her very much. Likewise with her. She has a quick temper, and always bullies him. He is a gentleman, and always gives in to her. Today, she's being "willful" again.

Her: "Why can't you be the photographer for my friend's wedding? She promised she'd pay."

Him: "I don't have time that day."

Her: "Humph!"

Him: "Huh?"

Her: "Don't have time? Write less of those novels, and

you will have all the time you need."

Him: "I... someone will definitely recognize my work some day."

Her: "Humph! I don't care; you'll have to do it for her."

Him: "No."

Her: "Just this once?"

Him: "No."

Negotiation's broken. So, she gave the final warning: "Give me a Yes within three days, or else..."

First day.

She "withheld" the kitchen, bathroom, computer, refrigerator, television, and hi-fi... Except the double bed, to show her "benevolence". Of course, she has to sleep on it too. He didn't mind, as he still has some cash in his pockets.

Second day.

She conducted a raid and removed everything from his pockets, and warned, "Seek any external help, and you bear the consequences." He's nervous now. Night. On the bed. He begs for mercy, hoping that she'll end this state. She doesn't give a damn. No way am I giving in, whatever he says. Until he agrees.

Third day.

Night. On the Bed. He's lying on the bed, looking to one side. She's lying on the bed, looking to the other side.

Him: "We need to talk."

Her: "Unless it's about the wedding, forget it."

Him: "It's something very important."

She remains silent.

Him: "Let's get a divorce." She did not believe her ears.

Him: "I got to know a girl."

She's totally angry, and

# ECHOES FROM THE Heart

wanted to hit him. But she held it down, wanting to let him finish. But her eyes already felt wet.

He took a photo out from his chest. Probably from his undershirt pocket, that's the only place she didn't go through yesterday. How careless.

Him: "She's a nice girl."

Her tears fell.

Him: "She has a good personality too."

She's heartbroken, because he puts a photo of some other girl "close to his heart".

Him: "She says that she'll support me fully in my pursue for literature after we got married."

She's very jealous, because she said the same thing in the past.

Him: "She loves me truly." She wishes to sit up and scream at him: "Don't I?"

Him: "So, I think she won't force me to do something that I don't want to do."

She's thinking, but the rage won't subside.

Him: "Want to take a look at the photo I took for her?" Her: ".....!"

He brings the photo before her eyes.

She's in a total rage, hits his hand away and leaves a burning mark of a slap on his face.

He sighs.

She cries.

He puts the photo back to his pocket.

She pulls her hand back under the blanket.

He turns off the light, and sleeps.

She turns on the light, and sits up.

He's asleep.

She lost sleep.

She regrets treating him the way she treated him. She cried again, and thought about a lot of things.

She wants to wake him up.

She wants to have an intimate talk with him.

She doesn't want to push him anymore.

She stares at his chest. She wants to see how the girl looks. She slips the photo out. She wanted to cry, and she wanted to laugh.

It's a nicely taken photo of her. A photo he took for her. She bends down, and kissed him on his cheek.

He smiled. He was just pretending to be asleep.

**Papertown**  
★ ★ ★ ★ ★  
**Motor Inn**  
★ ★ ★ ★ ★  
PRESENTS **NITE**  
BAR  
**Fore Play** ★ ★ ★ ★ ★  
November 14, 15 & 16  
**THURSDAY, FRIDAY & SATURDAY**

St. Georges Parish  
**Bazaar & Craft Sale**  
St. Georges Parish Hall  
Saturday  
November 23  
2:00 p.m. to 4:00 p.m.  
*Bake Sale  
Craft Sale  
Silent Auction  
Raffle, Meat Draw*

**OPEN HOUSE**  
Please join us at our  
**OPEN HOUSE**  
**Tembec**  
TEMBEC INDUSTRIES INC.  
FOREST RESOURCE  
MANAGEMENT  
GROUP  
PINE FALLS OPERATIONS  
Coffee & Dainties  
will be served.

◆ Input to the Draft 2003 Operating and Renewal Plan

DATES & LOCATIONS	
Wednesday, November 20	Sagkeeng Arena Fort Alexander - 7:00 pm to 9:00pm
Thursday, November 21	Lac du Bonnet Community Centre Lac du Bonnet 7:00pm to 9:00pm
Tuesday, November 26	Place Louis Riel Winnipeg 7:00 p.m. - 9:00 p.m.
Wednesday, November 27	Peguis Community Hall Peguis 7:00pm to 9:00pm
Thursday, November 28	Hollow Water Band Office Hollow Water 7:00pm to 9:00pm

**NEWS TIPS?**  
**Call the Echo at 367-9468**  
Is your subscription due?  
Visit our office  
56 Art Street Powerview  
Phone 367-9468  
theecho@mb.sympatico.ca  
Box 550, Pine Falls, MB.  
R0E 1M0

# Local United Appeal Fund has successful campaign

Volunteers fanned out in various areas of the district, canvassing for donations to the United Appeal Trust Fund throughout the month of October. Their hard work paid off as individuals and local businesses in the area contributed \$6,600.00. Tembec continued with tradition, giving a generous corporate donation of \$15,000.00. This money will

be combined with the payroll deductions made during 2002 from employees at both the paper mill and the hospital. At the end of the year, one hundred percent of every donation received will be divided equally amongst the thirteen recipient health related charities - Canadian Cancer Society, Epilepsy Manitoba, Canadian Red Cross, Alzheimer's Society, Canadian Institute for the Blind, Multiple Sclerosis, Arthritis Society, Muscular Dystrophy, Salvation Army, Manitoba Heart

er's Society, Canadian Institute for the Blind, Multiple Sclerosis, Arthritis Society, Muscular Dystrophy, Salvation Army, Manitoba Heart

and Stroke Foundation, Canadian Mental Health, Kidney Foundation and the Society of Manitobans with Disabilities. Anyone still wishing to

make a donation to this year's campaign may send it to United Appeal Trust Fund, Box 95, St. Georges, Manitoba, R0E 1V0.

## Ask your pharmacist

### Constipation

Your mother may have impressed on you that one bowel movement a day is required for good health, but mother was only partly right. It is regular bowel movements that are important. Twice a week or twice a day, whatever is normal for you, is required for your good health. Anything less than twice a week, or excessive straining or difficulty passing a stool is usually considered constipation.

Constipation is usually caused by not enough fibre in your diet and poor bowel habits. Keeping a diary of your diet and bowel habits may uncover a problem easily corrected. Ideally, daily dietary fibre intake should be a 10 to 12 grams and daily fluid intake of 6 to 10 glasses. Exercise and routine bowel habits will help to keep you regular.

If constipation is ongoing in

spite of increased fibre and fluids or you have noticed a change in bowel habits, it may be a symptom of an underlying illness or a side effect of medication, e.g., iron or calcium. Travel, changes in diet, and acute illnesses such as the flu can also result in constipation.

Laxatives as a rule should only be used for occasional relief. There are, though, a few exceptions. Heart patients may want to avoid straining at stool, thus routinely use a stool softener. Pregnant women may be bothered by constipation when the growing fetus affects their bowel activities. Bedridden people may not get the exercise needed for proper bowel function.

Bulk forming laxatives, for example, psyllium, or stool softeners such as docusate are safer than other laxatives because their effects are directly on the stool. They cause no

cramping and enable you to pass a stool more easily.

Stimulant laxatives such as phenolphthalein, bisacodyl, cascara, senna, and castor oil; and osmotic laxatives such as magnesium salts and lactulose are best used only in low doses for short periods of time or on the recommendation of your pharmacist or physician. Suppositories and enemas are used when there is bowel impaction or when complete emptying of the bowel is wanted, for example, before a bowel x-ray.

Regular use of laxatives should be avoided because it can lead to dependence on the laxative for proper functioning. Your bowel becomes sluggish, loses tone and is unable to work. Regular laxative use can lead to laxative misuse - using them to lose weight or maintain a specific body weight. Laxative abuse leads to poor nutrition and is usually accompanied by psychological problems.



### Ice Candles

These candles are easy to make and turn out very nice. The ice will make a variety of crags, crevices and holes in the wax.

### Supplies

- Paraffin wax
- broken crayons
- cardboard orange juice can
- ice cubes
- cotton string



Melt wax in a double boiler, making sure that the pan on top is dry. (water into wax will explode). Braid three long strands of cotton string (the string MUST be cotton to burn correctly). Dip string into wax a few times. Put into freezer briefly to harden wax. Keep string straight. Stand string up in center of juice can and pour a small amount of wax in the bottom of can. Put can in freezer. Careful not to burn your hands. After 10 minutes remove can, wax should be hard. Fill can with ice cubes, making sure that wick stays in the center. Fill can with liquid wax to about 1/2 inch from top. Wait for cubes to melt and wax to harden. Pour off water. Remove cardboard from candle. And there it is a very nice creation!

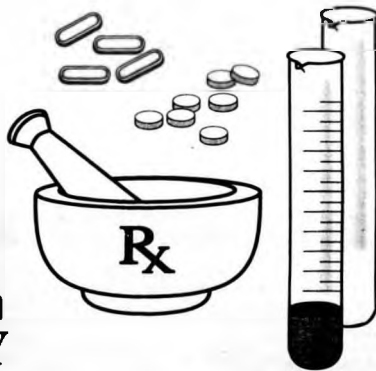
The Pine Falls & District United Appeal would like to extend a grateful thank you to all the individuals and businesses who contributed to our 2002 campaign. A special thank you to the volunteers who helped make the campaign happen.

*Thank You*

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• Broadlands Mall</li> <li>• Celebrations</li> <li>• Chevrefils Forest Products</li> <li>• Chicken Chef</li> <li>• Clark's Corner</li> <li>• Daney's &amp; Sons</li> <li>• Darrell Tarrant</li> <li>• Dave's New &amp; Used</li> <li>• Dr. A. Anderson</li> <li>• Esser Chiropractic</li> <li>• Manitou Lodge</li> <li>• Midway Foods</li> <li>• Ostis Building Supplies</li> <li>• P. &amp; A. Contracting</li> </ul> | <ul style="list-style-type: none"> <li>• Papertown Motor Inn</li> <li>• Papineau Motors Ltd.</li> <li>• Pine Falls Service Centre</li> <li>• Pine Pharmacy</li> <li>• Powerview Agencies</li> <li>• Powerview Auto</li> <li>• Pro Hardware</li> <li>• R.C.L. No. 64</li> <li>• Royal Bank</li> <li>• Rusty Nail</li> <li>• Sonny's Chicken/Fine Chinese Cuisine</li> <li>• South Interlake Credit Union</li> <li>• Sunrise Bakery</li> <li>• Tembec Paper Group</li> <li>• Yves Normandin Trucking</li> </ul> |
|---|---|

## TRY YOUR DRUGSTORE *first*

- **Pharmaceuticals**
- **First Aid Supplies**
- **Hair Products**
- **Health & Beauty**
- **Stationary**
- **Greeting Cards**
- **Lottery Centre**
- **Gifts**



## PINE PHARMACY

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.

DISPENSARY

367-2611

367-2517

# Lac du Bonnet RCMP Report



**November 1:**  
A report of a semi-trailer having rolled over on PR 307 near Dorothy Lake in the Whiteshell Provincial Park. Police attended and found that there had been no injuries.

A report of a residence on Balsam Crescent in the town of Lac du Bonnet having been egged.

**November 2**  
A report of a residence on McIntosh in Lac du Bonnet having been egged.

A report of suspicious subjects in a yard at a location along PR 502 in the RM of Lac du Bonnet. Subs. found to be the owners of the property.

A report of a suspicious ve-

hicle at Bird Lake in Nopiming Park. Police patrolled, but did not locate the vehicle in question.

**November 3:**

A report of a residence on Park Ave in the town of Lac du Bonnet having been egged.

A report of a break and enter to a location at Leisure Falls in the RM of Alexander. Police attended and found that the door had in face been blown open by the wind.

A report of a number of snare traps having been found on the street in Pinawa. Appeared to have fallen from a vehicle.

A report of a suicidal male at a location in Pinawa. Police

attended and the subject voluntarily went to the Hospital.

A report was received of a vehicle speeding on PTH 15 in the RM of Reynolds. Police patrolled the highway, but did not locate a vehicle matching the description.

**November 4:**

A request for assistance in returning effects to a subject at Rennie in the Whiteshell Provincial Park.

A report of a truck being egged while parked outside the Lac du Bonnet arena on Halloween night, causing damage to the paint.

A report from a business in Lac du Bonnet that an adult female customer had threatened an employee. The employee did not wish court action, and the subject in question was barred from entering the business.

A report from a resident of the RM of Lac du Bonnet of an adult female refusing to pay for an item given to her, and threatening to break window's on the complainant's resi-

dence.

**November 5:**

A report of a shed at a location in the RM of Reynolds having been broken into, and a Husqvarna chain saw having been stolen.

A report from a resident of the RM of Lac du Bonnet of a subject taking the complainant's vehicle without any permission and damaging same. Apparently took place two years ago.

A report of a suspicious adult male on McArthur in Lac du Bonnet. Police patrolled, but not subject located.

A report of an Intrusion Alarm at a business on McArthur in the town of Lac du Bonnet. Police attended and found all secure.

A report of the theft of Christmas lights from Christmas wreaths at the Lac du Bonnet town yard.

**November 6:**

A report from an adult male of being threatened by another adult male at a location in the RM of Reynolds.

A report of an under age male being physically abused at a location in the RM of Whitemouth.

**November 7:**

A report of an off-road vehicle roll-over along PTH #44 near PTH #11 South, in the RM of Whitemouth. Police attended and the adult female was taken via ambulance to Whitemouth Hospital. Investigation continuing, and charges pending.

Police responded to two separately reports of an Intrusion Alarm at a loading facility at Molson in the RM of Reynolds. On both occasions, the premises were secure.

A report from Whitemouth of a vehicle apparently intentionally sewing into the path of another vehicle, almost causing an accident.

## Lac du Bonnet Community Billboard

**Health Concerns?** Call 268-3235 to book your seat

**Cooking for better health** Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168

**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

**Sit and Be Fit** exercise class. Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

**Prenatal classes:** held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse

**Lac du Bonnet Lions Club** meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre

**Lac du Bonnet Regional Library** open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653

**Great Falls Women's Institute** meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569

**Ladies' Auxiliary Royal Canadian Legion Branch #164** meets first Tuesday of the month 7:30 p.m. Legion Hall.

**LdB Committee on Family Violence and Abuse** meets second Tuesday of every month 7:00 p.m. Contact person 345-2664

**Royal Canadian Legion Branch #164** general meetings third Tuesday of each month 7:30 p.m. Legion Hall

**Horticultural Society** meets second Tuesday of every month 7:00 p.m., Centennial School

**St. John's AEW** meets first Monday of every month 1:30 p.m., parish hall

**Lakeshore Aka-Anna Group** Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Terri 345-8712

**Lakeshore Aka-Teen Group** For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

**Town of Lac du Bonnet Council Meetings** second and fourth Thursday of the month

**Lakeshore A.A. meetings** every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403

**Ladies A.A. Meetings** Thursdays 1:00 p.m., 18 McDermid, Pinawa. Doreen 753-8357

**Battered Women's Crisis Line** 1-800-362-3344

**Lac du Bonnet Health Centre Auxiliary** meets fourth Thursday of the month, Health Centre 1:30 p.m.

**Lac du Bonnet Wildlife Association** temporarily meets at the call of the chair. Call Peter 345-6190 for information

**New to town? Drop in to the Craft Basket** on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce

**Two Rivers Sealers Resource Council Inc.** Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers

**Pioneer Club** meets first Monday of month 9:30 a.m., Pioneer Club

**RM of Lac du Bonnet Council Meetings** second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

**Alzheimer Society** Theresa Conroy, Whitemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville

**Little Day Buddies Nursery School** Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m. Lac du Bonnet Community Centre. Janice 345-8979

**Agassiz Horticultural Society** meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

# Greetings from Sagkeeng Jr. High

Grade 5V Teacher Mrs. Kimberly V. Guimond  
Anin, greetings from the grade 5V Class. First and foremost I would like to congratulate those students who did great in the first term of the school year. Great job, keep up the great effort.

worked hard and earned this trip. The trip was very good and the students were very well behaved. Also, a big thank you to our bus driver John Fontaine for being patient with us, a providing us with a safe trip.

poems written by the grade 5v students.  
**by Adrian Boubard 5V**  
Poppies are red  
Violets are blue  
I am free and  
So are you  
Thanks for the soldiers who fought for peace.

## October Events

On October 11 the grade 5's celebrated Thanksgiving Day by having a dinner in our classroom. Our guest for the dinner was Mike Guimond. Thanks Mike for taking time to come and share our thanks. Also, I would like to thank Ashley Swampy for the wonderful prayer of thanks great job Ashley.

On October 18, both grade five's went on an incentive field trip to the Pan Am Pool and dinner in Winnipeg. The students who attended were the diligent students who

## October Achievers

Grade 5V's diligent students for October  
**Homework Awards**  
Alanna O'Laney  
Stephanie Daniels  
Ariel Courchene  
**Best Attendance**  
Ariel Courchene  
Alanna O'Laney  
Stephanie Daniels  
Amelia Dorie  
Great job Grade 5V's. Keep up the great effort!

**by Devin Twoheart 5V**  
I stand for a moment to remember the soldiers that went to war. So lets bow our heads and say a little prayer for those people who died in the war, who fought for freedom.

## Remembrance Day

Here is a few of the many

**by Ariel Courchene**  
Listen; listen as the cannons boom. We shoot the guns boom, boom. We defeat the foe those who have died and now they look down on us and they thank you all for remembering us. This poem goes out to all the men and women that went to war for world peace.

See GREETINGS/page 15

## Lac du Bonnet Church Directory

**ABUNDANT LIFE CHAPEL**  
Pastor Jeff Andrews, church 345-2934, home 345-1950  
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.  
**LUTHERAN CHURCH OF THE CROSS**  
Church office 345-8654  
Sunday: 11:00 a.m. - worship service  
**NOTRE DAME CATHOLIC CHURCH**  
Father Richard Machura, 345-2900  
Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass  
Pinawa (senior school): 9:15 a.m. - Sunday mass  
**ST. JOHN'S ANGLICAN CHURCH**  
Rev. Brian Rountree 367-8615, church 345-2357  
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

New Email Address!

theecho@mb.sympatico.ca

# Sagkeeng Anicinabe High School News Recreation Ramblings

This year we have a very long list of potential graduates; that is, students who hope to complete all graduation requirements by June 2003. Next week I will list mature students who hope to graduate this year. This week I would like to list those regular students who plan to have at least 28 credits by the end of this school year. They are: Ryan Bruyere, Lyle Buboire, Arien Courchene, Carolyn Courchene, Chasidy Courchene, Jessica L. Courchene, Jessie L. Courchene, Miranda Courchene, Gabrielle Guimond, Anthony Henderson, Whitney Henderson, Jamie Houle, Holly Legget, Melanie Mulholland, Joy Sawchyn, Charity Swampy, and D.J. (David) Swampy. Good luck to all of you and I hope to see

you crossing that stage in June! Your dreams can come true if you work hard.

The school has instituted a late policy: if a student is more than 10 minutes late for class they must go to the office and have a late slip filled out which they then must hand in to the classroom teacher in order to gain admittance to the class. These late slips will then be added to a student's file and tabulated at the end of each week. Students: try not to accumulate too many lates! There will be consequences.

For those interested there will be two major fundraising bingos (one a merchandise, the other a toy bingo) coming up at the end of this month and the beginning of next. The Three School Parent Education Council want to raise money to buy Christmas gifts for the elementary and junior

high students and to send the high school students on a Christmas field trip; traditionally lunch at Pizza Hut and a movie of the student's choice at a Silver City location in Winnipeg. The grads are trying to raise money for their ceremony and dinner in June. For more information contact the school.

The school would like to send thanks out to the coaches and officials of the volleyball season. Liz Gray coached the varsity girls team while Peter Jones coached both the varsity boys and the junior varsity (j.v.) girls. The officials are Chief Garry Swampy, Mike Gilbert, Richard Bruyere, and Sean Roche. As of writing all three teams are in the playoffs. Good luck to all players! The next sports season at the high school will be basketball and I will keep you updated on that in future issues.

by Michelle Chudd, Recreation Director  
Winnipeg River Recreation District, 345-8816/753-2639  
Email: reccomm@granite.mb.ca

**Cardio-Kickboxing**  
In Pinawa at the Community Centre on Wednesday from 6:15 - 7:15p.m. and Sunday nights from 5:30 - 6:30p.m. the gym and Lac du Bonnet on Monday nights from 6:00-7:00p.m. in LdBSS gym. Please contact the Rec. Office for more information at 345 8816 or 753 2639. Classes are running now!

Drop in fee available.

**Winter Programs**  
I am starting to work on the winter line up of programs and activities. Cardio kickboxing and hip-hop are definitely returning. I can assure you that. If there is something that you would like offered - please call the Rec office at 345 8816 or 753 2639 and share your ideas.

## Rec Report



by Jay Seymour  
Recreation Director

### Pulse on Participation

Safety Clinic (hockey parents and coaches)

Do you know what to do if a child gets hurt on the ice? There is a safety clinic Saturday November 16 at the curling club. We need at least 3-4

representatives from each team to take this course. Phone the rec office to sign up.

**Youth Gym Night**  
Every Thursday from 7:30-9:30 at the Powerview Gym. See REC REPORT/page 15

**NEWS TIPS? Call the Echo 367-9468**



Winnipeg River ECHO

# Christmas Season Promotion



## Advertise Your:

- ★ Specials    ★ Occasions
- ★ Gifts        ★ In-Store Specials
- ★ Crafts       ★ Christmas Sales
- ★ Christmas Greetings

*We offer reasonable rates  
and are committed to  
Local Supported Shopping!*

# Winnipeg River RCMP Report



**November 4:**  
A vehicle was vandalized at a local business parking lot in Powerview. The windshield had been kicked in.

A trailer on the North Shore of Fort Alexander was the victim of a Break and Enter. Point of entry was a kitchen window. Culprits did not take anything however the inside of the trailer was damaged in the in-

cident.

**November 5:**  
A break, enter and theft occurred on the North Shore of Fort Alexander and a Play station 2 taken. A suspect however was identified and was charged accordingly.

An attempted theft of a vehicle on Fort Alexander was reported. Thieves were not successful in taking the vehi-

cle but did damage the steering column.

**November 6:**  
Police assisted Brandon Police Service by locating and executing a warrant on a male subject. He was released on a Promise to Appear in Brandon Court.

An assist to Selkirk RCMP resulted in a male being executed on 1 male subject. He was taken into custody and transported to their point.

Police attended a single vehicle accident on the South Shore of Fort Alexander. Icy road condition were the cause of the accident.

A vehicle was vandalized sometime during the past week at Albert Beach. Damages were to several areas of the vehicle. There were no suspects or witness's to the incident.

An assault took place in Hollow Water between 2 females. An investigation continues.

Police charged 1 male with a assault with a weapon in a domestic matter. The incident occurred on Fort Alexander.

**November 7:**  
A house in the RM of Alexander on Louis Riel Drive was the victim of spray paint.

A break and enter occurred on the South Shore of Fort Alexander. The matter is still under investigation.

Police attended a residence in Beaconia after a call was received of a mentally unstable person alone in the residence. The situation was stabilized. No further action was necessary.

A shed at a residence in Hollow Water was broken into.

Two sets of Hockey equipment were taken in the incident. A suspect has been identified at this time.

**November 8:**  
A male was taken into custody and lodged until sober after police were called to a disturbance at a residence on the North Shore of Fort Alexander.

Police attended a call to the North Shore of Fort Alexander of an assault with a weapon, a family dispute which got out of hand between a father and son was dealt with. 1 male was lodged until sober. No charges were laid in the incident.

Police charged 1 male in breach of probation after attending a call of a disturbance in Hollow Water.

Police assisted St Rose Detachment in locating and executing a warrant on male subject.

A vehicle stolen out of the Papertown parking lot was later recovered near Little Black River. Investigation continues.

**November 9:**  
A male subject was lodged until sober after police attended a local restaurant to retrieve a patron who had fallen asleep. The male subject was extremely intoxicated and had passed out.

Police attended a report of an assault in Pine Falls. 2 males were apprehended at the time and later released. An investigation continues in the incident.

A report of an assault on Hollow Water was attended by police. Investigation re-

vealed the fight was consensual and no charges were laid.

Police responded to a residence on the North Shore. Police arrived to find the porch had been burnt after an unwelcome guest was asked to leave. An investigation continues.

**November 10:**  
Police attended a Break, Enter and Theft at Grand Pines Road in Traverse Bay. Point of entry was the front door, a VCR and TV were taken in the incident.

A call was received of an intoxicated male causing problems on the North Shore of Fort Alexander. Police attended but the male subject had left the area.

A vehicle was the victim of mischief in Powerview. Police investigation revealed 2 youth had egged a vehicle. Both youth were located. The matter was dealt with informally having the youth involved clean up the vehicle.

**November 11:**  
Police responded to a report of a suspicious vehicle at a residence on the South Shore. Members attended but could not locate a vehicle and the residence secure.

A report of an extremely intoxicated & mentally unstable male had police attend Hollow Water. The male subject was taken to Pine Falls Hospital treated and released. He was then lodged until sober for his own safety.

Police received a call and are investigating a complaint of assault involving 2 females from the South Shore.

## Pine Falls Community Billboard

**Fort Alexander Health Centre:** Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

**Prenatal classes:** held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

**Library Allard:** Tuesday 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

**Beaches Library:** Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.

**Knights of Columbus:** meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

**Silver Haven Club:** cribbage every fourth and fifth Monday 1:30 p.m. to 4:00 p.m. whist every Thursday 1:30 p.m.

**Pine Falls Health Auxiliary:** meetings first Tuesday of every month 1:30 p.m. **Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.

**Alcoholics Anonymous:** Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

**Pine Falls Legion:** meetings held second Thursday of the month 7:30 p.m. Legion, meet raffles held at Legion on Fridays 4:30 to 5:30 p.m.

**Pine Falls Masonic Lodge #154:** meets second Friday of every month, Pine Falls United Church, except January and February.

**Badminton:** Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

**Powerview garbage pickup** every Wednesday, recycle pickup first and third Thursday of each month.

**PAA:** meeting first Tuesday of each month at 7:00 p.m.

**Village of Powerview:** meets second Tuesday of each month.

**Winnipeg River Senior Service Inc.** Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday.

**Services:** transportation, home maintenance, foot care, volunteer help, info.

**Family Care Giver Support Group:** at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

**AA & Al-Anon - The Beaches:** family group, Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Atchah Road, 756-8018 or 756-2101.

**Happy Tots Day Care:** 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.

**Senior Scene Inc. #1 Atchah Rd., Victoria Beach:** General meetings second Tuesday of the month, 756-8468 for more info.

**Mental Illness Support Group:** meets second Wednesday of the month 7:00 p.m. Wings of Power office.

**Beaches HELP Centre (seniors service):** 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

**Powerview Parent Advisory Council:** meets first Thursday of every month.

**Great Falls Hall workers - Tuesdays and Thursdays:** from 10:00 to 11:00 a.m. **Pine Falls Library:** open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

**Foster Homes:** Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

**Sunrise Ladies Ensemble:** meets every Thursday from 7:00 to 9:00 p.m. at the Pine Falls United Church.

**Call The Echo 367-9468 to list your community event FREE OF CHARGE**

## Winnipeg River Church Services

**NOTRE DAME DU LAUS:** Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon.

**PINE FALLS UNITED CHURCH:** Sunday service 11:00 a.m. Bonnie E. Garrett, Minister, Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 8 at 11:00 am, everyone welcome.

**PINE FALLS ANGLICAN CHURCH OF THE ADVENT:** Ph 367-8347. Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

**ST. THERESA'S:** Masses at Notre Dame du Laus.

**ST. GEORGES:** Mass Sunday at 8:00 a.m. and 10:00 a.m.

**ST. JUDE'S ANGLICAN CHURCH:** Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

**TRINITY EVANGELICAL LUTHERAN CHURCH:** Thalberg, 1 mile east and 1 1/2 miles south of Junction #12 and #304, St. John's Evangelical Lutheran Church, Greenswald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.

**CHRISTIAN FAITH FELLOWSHIP:** Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

**HOUSE OF PRAYER FULL GOSPEL:** 2:30 p.m. every Sunday, Scantebury, on Hwy. #59.

**ST. MARGUERITE R.C. MISSION:** Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

**ST. ALEXANDER R.C. CHURCH:** located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

**ST. THERESA R.C. MISSION:** 88 Glenvalc Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

**SAGKEENG CHRISTIAN FELLOWSHIP CHURCH:** Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

**CHRIST CHURCH ANGLICAN:** Sunday 2:30 p.m. at Hollow Water.

**GRACE BAPTIST CHURCH:** Bible study, Wednesday 7:30 p.m., call Pastor Todd Grady for information 367-2531.

# The Winnipeg River Echo

One Year Subscription  
One Low Price

Your Community  
Newspaper

Box 550, Pine Falls, MB  
R0E 1M0

**\$30.00**

plus \$2.10 PST &  
\$2.10 GST

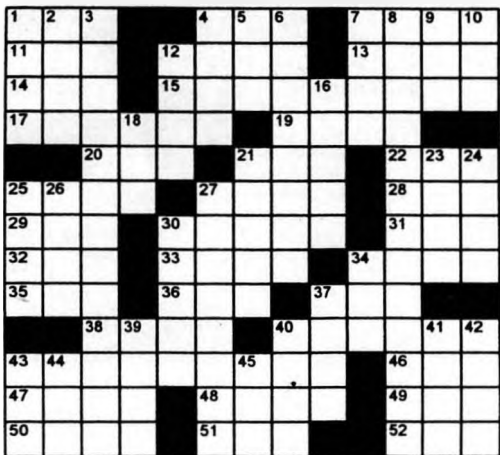
56 Art Street, Powerview

Phone 367-9468 - Fax 367-9974

**NEW EMAIL ADDRESS**

theecho@mb.sympatico.ca

# WEEKLY CROSSWORD



**ACROSS**

- 1. Pick, pick, pick
- 4. Vigoda or Burrows
- 7. Crabgrass control (abbr.)
- 11. Driver's aid
- 12. Patricia of Hud
- 13. Chinese lute
- 14. Railroad org. (abbr.)
- 15. Irritable
- 17. Timber tree
- 19. Missile (abbr.)
- 20. Anti-shoplifting device (abbr.)
- 21. Know (word stem)
- 22. Alias (abbr.)
- 25. Campus military org.

**DOWN**

- 1. River
- 2. Narrow shoe width
- 3. Yielding red stones
- 4. Age
- 5. What ewe said
- 6. Hamlet's home
- 7. Bit
- 8. Under the jaw
- 9. Evil (pref.)
- 10. Hydrocarbon (suff.)
- 12. Person in authority
- 16. Guitarist Jim
- 18. Aircraft landing system (abbr.)
- 21. Round (comb. form)
- 23. African water antelope
- 24. White (comb. form)
- 25. Hungarian city
- 26. Comply
- 27. Ring
- 30. Indian sum
- 31. Flooring woods (abbr.)
- 32. WW I doughboys (inits.)
- 33. Daughter of Zeus
- 34. Goodbye (Ital.)
- 35. Side issue
- 36. Honey eater bird
- 37. Punch
- 38. S. African money
- 40. Spot on the skin
- 43. Ambidextrous
- 46. Swedish country
- 47. New (Ger.)
- 48. Sloth
- 49. Dentists' org. (abbr.)
- 50. Trial
- 51. Small child
- 52. Rotational speed (inits.)

**LAST WEEK'S ANSWERS**



## CRYPTIC PUZZLE

XB XW CVWXC BQ EXPFB EQD  
 GDHXJXGKCW BFBVH BQ KXLC MG  
 BQ BFCN.

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

**Last Week's Solution**

MANY PEOPLE SEEK OUT AND RECEIVE ADVISE, BUT FEW ACTUALLY LISTEN TO IT.

# WEEKLY ECHO HOROSCOPE

for the week of Nov. 11 to Nov. 17



**ARIES (Mar. 21- April 20)**

Be careful not to lead someone on if you truly have no interest. You will meet new romantic partners if you get involved in seminars or travel. You need to take a good look at all sides of an issue before making a decision. Changes regarding your image will bring you greater confidence.



**TAURUS (Apr. 21- May 21)**

You can make a serious attempt at quitting those bad habits that you've picked up over the years. Misunderstandings at work could easily lead to your demise. You'll feel much better when your slate is clean again. Now is the time to concentrate on building a strong financial future for your family.



**GEMINI (May 22-June 21)**

Direct your energy wisely this week. Anger will prevail if you expect help from others. Family trips or projects should be on your mind. Hard work will bring rewards. Make your intentions perfectly clear and find out exactly what is expected of you.



**CANCER (June 22-July 22)**

Moneymaking ventures may just turn your life around. Finish projects that have been hanging over your head. You can make excellent investments if you are in the right place at the right time. Exercise is always a good way to relieve stress.



**LEO (July 23-Aug 22)**

You can come into money; however, perhaps not under the best circumstances. Don't let criticism upset you. Hassles will delay your plans. The battle continues. You may want to clear the air where older relatives are concerned.



**VIRGO (Aug 23 -Sept. 23)**

A long discussion is in order if you wish to clear the air. Take a close look at documents before signing on the dotted line. Lighten up your serious attitude. Pamper yourself for a change.



**LIBRA (Sept. 24 -Oct. 23)**

Ferret out information that will hold others responsible for their actions. Your mate, however, may not be too pleased with you. Get down to business. They will not have the patience to wait for you to complete things that they've asked you to do. Opportunities for partnerships are present; but get every detail in writing.



**SCORPIO (Oct. 24 - Nov. 22)**

Try to mix business with pleasure while traveling. Don't gossip. Home improvement projects will go well if you delegate work to all your family members. It's time you let your true feelings out.



**SAGITTARIUS (Nov. 23 -Dec. 21)**

It's a favorable time for real estate, investments, and moneymaking opportunities to be successful. Limitations with females could lead to unfortunate circumstances. Romance could develop through social activities or short trips. Don't expect new acquaintances to be completely honest about themselves.



**CAPRICORN (Dec 22 - Jan 20)**

You can make new friends and experience new things if you do a bit of traveling. A lack of support and negativity have been the main problems. Pleasure trips should be on your agenda. You may want to get involved in financial investments presented to you.



**AQUARIUS (Jan. 21 -Feb. 19)**

Don't be afraid to confront situations concerning loved ones in order to solve any problems that may exist. You need to spend some time with individuals who have more experience than you. Dealing with in-laws or relatives will not be in your best interest. Look into physical activities that will help get rid of some of that tension you may be feeling.



**PISCES (Feb. 20-Mar. 20)**

You may find yourself in the midst of a pretty good deal. Your ideas may be good, but they aren't necessarily right for everyone. Watch for empty promises that may give you false hope. New partnerships will develop if you join investment groups.

# Echo Classifieds

## North Eastern Manitoba Fastball League Reunion

by Al Tymko

For years, the North Eastern Fastball League provided entertainment for fans and an opportunity for players to compete in a very competitive league. Many good teams and players participated in fastball throughout the northeastern region. The membership changed throughout their years, but teams from Pine Falls, Powerview, Lac du Bonnet, Seven Sisters, Beausejour, Pinawa, Tyndall and Cloverleaf were always there. Other teams from such places as St. Georges, Milner Ridge, Whiteshell, Whitemouth, River Hills, Victoria Beach, Thalberg, Fort Alexander, etc. were also active participants from time to time. Slowly as slopitch came onto the scene this league ceased operate.

However, in order to share in some of the memories of this league's history a committee of interested former fastball players who played fastball in the North Eastern Fastball League have come together in order to organize a reunion of all former players, umpires, spouses and team associates. The reunion is planned for July 12th and July 13th, 2003 in Beausejour.

On July 12th, activities will be headquartered at the Brokenhead River Recreational Center located in Beausejour. Activities will begin at 10:00 am, culminating with a sit down dinner and dance beginning at 5:30 p.m. Participants are asked to dig into their special storage areas and locate such items as photographs, uniforms, jackets, news clippings, trophies, or any other such memorabilia. All these special treasures can be brought down to the hall so that everyone present can share in these past treasures and memories. As well, for those who are interested in golfing the Beausejour Golf Course has been booked from 8:00 am. to 12:00 p.m.. You can get a team together and do some golfing.

July 13th activities will take place at Great Woods Campground. Pancake breakfast will be available between the hours of 9:00 am. and 12:00 noon. As well, people can participate in such activities as fishing, horseshoes, lawn darts, canoeing, pedal boating, etc. A jam session (musical instruments) has also been planned. A number of former players from the Pine Falls area have committed to bringing along their instruments in order to display their talents. All others interested are asked to bring along their instruments and participate in this fun activity.

On of the concerns which the organizing committee has is to make sure they don't miss someone who participated in this league as a player, as a manager, as an list of people involved with the different teams, many of these people have been contacted, however, just to make sure you haven't been missed or you know of someone who should be included, you can contact one of the following just to be sure or if you want further information or you need something clarified: Don McDonald 348-7707, Ron Loeb 268-1012, Robin Henschell 348-3700, Lloyd Dreger 753-2494, Eric Fuerst 268-2675, John Usackis 345-8712, Fozz Thomas 345-0049, Ken Lesosky 635-2392, Garry Gesell 348-2418, Paul Thompson 348-2833, Art Linke 268-1422, Archie Tessier 755-2278, Ted Deering 253-1940.

Is your subscription due?  
 Visit our office  
 56 Art Street  
 Powerview  
 Phone: 367-9468



### 29 Hand in Crib

Horace Nault of Winnipeg River Manor had a perfect 29 game in cribbage on October 9, 2002. Congratulations Horace.

From all of us

### For Sale

**Cupboards**- Mahogany cupboards, 7 1/2 ft. lower, 14 ft. upper, 6 pieces total. \$320.00, call 367-8425.

26pd 1s

### SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest.

All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays.

Your name must be put on the list the day before by calling

**Silver Haven at 367-4620**

**Wednesday, Nov. 13:**

Salad, chicken in mushroom sauce, noodles, carrots, ice cream.

**Friday, Nov. 15:**

Soup, Salisbury steak, mashed potatoes, peas, cheese cake.

### Memoriam

In loving memory  
**ROSS BROWN**

Gone from our sights,  
 but never our memories.  
 Gone from our touch,  
 But never from our hearts.  
 We miss you.

Forever loved and remembered, Rick, Judy, Randy, Lori, Loyld, Shawn, Karen, and families

### Craft Sale

**Great Falls Christmas Craft Sale** - Vendors needed for craft sale to be held November 23, 2002 from 10:00am to 4:00pm at the Great Falls Hall. Table rental is \$20.00, plus a donation to the silent auction, canteen available, non-smoking hall. For more information please call Pat at 367-2998.

### Miscellaneous

**Bankruptcy Info-line** - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

### Employment

**Birchwood Hotel** - Position available for bartenders, waitresses, cooks. Applicants can contact Jack or Karen at 756-2596.

### For Rent

**Woodland Place/Dale Haven Apartments** - 1 & 2 bedroom apartments for rent. Utilities and parking included, coin operated laundry, very clean.

### Memoriam



**ROSS BROWN**  
 In loving memory of  
**ROSS GEORGE BROWN.**

It's been two years since God called you home, we remember it like it was yesterday.

There was no time to say goodbye, or tell you how much we love you.

We miss you so much. Our hearts are full of sorrow. We have only to look at your picture, the tears start to flow again.

We have our memories of our times together, that can't be taken away. But we'd give just about anything for yesterday and you.

You'd be so proud of the boys, they try hard to be the men of the house now. When I'm feeling sad they are such great comfort.

Please watch over us, be our guardian angel until we meet again. In our Father's house. We love and miss you more each day. Be at peace, Ross.

If tears could build a stairway, and memories were a lane. We would walk right up to heaven to bring you home again.

No farewell words were spoken, no time to say goodbye. You were gone before we knew it, and only God knows why.

Our hearts still ache in sadness. And secret tears still flow. What it meant to lose you, no one will ever know.

*Remembering with love, every waking moment of every day,  
 Sharon, Jody and Justin*

## PUBLIC NOTICE SNOW REMOVAL

The Rural Municipality of Alexander hereby gives notice that any party who deposits snow upon a highway or the shoulders thereof, may be in contravention of Section 217(2) of the Highway Traffic Act, which reads as follows:

A person who drops, throws or deposits upon a highway any substance or thing likely to injure a person, animal, or vehicle shall immediately remove or cause it to be removed.

As the practice of cleaning private lanes and driveways and leaving of snow on the road and/or shoulders creates hazardous driving conditions, the Rural Municipality of Alexander will take whatever action is necessary to enforce the above-mentioned section of the Act.

NB: The term "highway" applies to all roads and streets within the Municipality; both Provincial and Municipal.

Council of the R.M. of Alexander

## Greetings from Sagkeeng Jr. High

from page 12

by **Stephanie Daniels 5V**

Remembrance day means to remember those veterans who went to war. We should be thankful for those who fought for your country and our freedom.

by **Alanna O'Laney**

I wear a poppy to remember the soldiers for their great courage who fought for peace and freedom.

by **Adam Fontaine 5V**

What remembrance day means to me? What remem-

brance day means to me, is about the people who gave their lives for peace and freedom. I would like to thank my grandpa Louis Paul Fontaine for going to world war II to fight for peace. Thanks grandpa.

by **Ashely Swampy 5V**

This day we wear a poppy to honour the soldiers who went to war to fight for freedom and peace. Meegwetch.

by **Tyler Fontaine**

Some people died  
Some came back

From the war

Remembrance day  
Is a day to be  
Greatful to the veterans  
Who fought for world peace

by **Tim Courchene 5V**

I remember the brave ones who fought for our country. I remember the brave ones who loved Canada. I remember the brave ones who died faraway and because I remember I stand for a moment to give thanks.

## 'Tis the Season for Holiday Lights

Holiday lights are getting bigger, brighter and better every year. Now is the perfect time to create a safe and decorative outdoor display.

Start by checking through strings of lights for frayed cords, exposed wires and broken bulbs. Replace bulbs as necessary according to the manufacturers' instructions. If it's time for a new string of lights, choose mini lights, which are more efficient than the traditional larger bulbs. Before you purchase any lights, however, be sure that they are certified by an accredited certification organization and specifically labeled for outdoor use. And be sure to check the manufacturer's label

for the safe number of sets that can be hooked together.

When you're ready to set up your light display, turn off the breaker to the outside power. The next thing to do to prepare your lights is to wrap each light connection with a section of a plastic trash bag, secure it with electrical tape, and then position the bulb so that the socket is pointed downward.

This precaution will prevent dampness, which could lead to shock or electrocution. When attaching lights to your home, use insulated staples-nails will pierce the protective insulation on light cords. And remember not to string light along metal objects such as gutters, wires or wrought iron handrails: an

exposed wire could electrify the entire object.

Rope lighting is a popular choice this season but use it with care. Never lay rope sections over one another as they could heat up and cause a fire. Underpowered extension cords are also fire hazards: use a heavy-duty outdoor extension cord to power your outdoor display.

For added impact, make use of your existing outdoor lighting by repositioning lamps to highlight your holiday display. Coloured filters are also excellent for special effects, and low voltage ground lighting will add holiday sparkle to your walkway this season.

## Rec Report



by **Jay Seymour**  
Recreation Director

### Pulse on Participation

from page 11

students from gr. 8-12 can come and enjoy a plethora of activities.

**Ice Jam**

-We are looking at starting a Friday night ICE JAM at the Pine Falls Arena for the winter. Music, Skating, Dancing, hanging out with friends are just a few reasons to come. We need adult volunteers to supervise the participants, so if you would like to support please contact the rec office for more info.

**Time keepers**

-Pineview minor hockey needs timekeepers for this hockey season. Training provided, call the rec office for more info.

**House Hockey League**

-Do you want to play hockey but cannot travel? We have a great solution! On Saturday mornings, the P.R.A would like to set up a house league for kids who are not playing organized (ie. pineview saints) but would still like to play. Like everything else, we need participants and people to help run it. If this is something you are interested in, call the rec office to sign up. The cost is only \$5.00 per session.

**Powerview Arena**

-Thanks to many volunteers, (mostly from the Powerview Ol' Cocks) the ice is ready in Powerview. Line painting will take place on Saturday Nov. 16, and we need your help. Contact the rec office to sign up.

For all your Recreation needs call 367-9142 or email [pineviewrec@hotmail.com](mailto:pineviewrec@hotmail.com)

## BUSINESS DIRECTORY

**SUBWAY**  
98 Third Street, Lac du Bonnet  
Phone 345 6100  
NEW WINTER HOURS:  
OPEN Sunday to Thursday 9 a.m. to 9 p.m.  
Friday to Saturday 9 a.m. to 11 p.m.

**Jen. C. Phillips RMT**  
Licensed Massage Therapist  
CranioSacral Therapy Level I & II  
Nerve/Proprioception Massage Therapy  
204-387-2141  
at Through the Arches, Pine Falls

**K A Y**  
INSURANCE AGENCIES LTD.  
Robert D. (Bob) McKay  
Business and  
Personal Insurance Planning  
#1 Park Avenue, Lac du Bonnet  
Residential, Commercial  
Farm, Life, Disability  
Investments  
345-8196  
Toll free: 1-888-345-8196

To book  
this space  
call  
367-9468

{magik}  
Financial  
Solutions Ltd.  
Steve Kulyk  
Financial Advisor  
\*\*\*NEW OFFICE LOCATED AT\*\*\*  
2 McDougall in St. Georges 367-8572  
Winnipeg Toll Free 1-888-665-0649  
Serving Pine Falls and surrounding  
areas since 1995

## Affordable Advertising CLASSIFIEDS

REALTY - FOR SALE - FOR RENT - WANTED - HELP  
WANTED - CARDS OF THANKS  
IN MEMORIAMs - LOST AND FOUND - SERVICES -  
EMPLOYMENT OPPORTUNITIES

**\$4.50**

for the first 25 words  
15¢ per additional word

56 ART STREET,  
POWERVIEW  
367-9468

**OBITUARIES  
FREE OF  
CHARGE**  
(Within a set size,  
call for details)

## DD's Audio Video Services Ltd.

Get Bell ExpressVu... digital satellite for television  
viewing and internet connection or

For business... get DirecWay  
for fast 2-Way High Speed Internet  
using no phone lines.

Contact Don at 367-8323  
[dishman@mb.sympatico.ca](mailto:dishman@mb.sympatico.ca)



**KEN'S EAVESTROUGHING**  
KEN DANWICH  
204-756-2709 or 204-754-7015

---

5 INCH  
CONTINUOUS EAVESTROUGHING  
FASSICA - SOFFIT - PRE-PAINTED COLORS  
FREE ESTIMATES

For All Your Grocery & Clothing Needs

**PINE FALLS**  
367-2372



**DAVE'S NEW & USED FURNITURE**  
FURNITURE • HOME • OFFICE • BAR • RESTAURANT • BERTS BEDROOMS

"For the Best Quality New & Used Furniture & Appliances... Call us First!"

**367-2460**  
21 Art Street, Powerview  
Mon. to Fri. 10 am - 5 pm - Sat. 10 am - 3 pm

**Country Concepts**  
Ladies Wear & Accessories

**367-2248**  
Located at Pine Falls Post Office Building

**Rusty Nail Tavern**  
Cold Beer Vendor

Located at the Powerview Hotel on Art Street, Powerview

**367-4317**

**Rusty Spoon Diner** **367-4895**

**RAPID Water Sales**  
Distributor of Simply Natural Water

**Business Hours:**  
Mon. - Fri. 9am to 6pm  
Saturday 12pm to 5pm

Call 367-2352  
Located on Highway 11

**DELIVERY**  
10 Litre  
4 Litre  
18.9 Litre  
500 ml Bottles

**BRYAN M. DAIEN**  
Denturist

**Celebrating 15 years in business**

Complete/Partial Dentures  
Repairs while you wait  
Fittings (one hour)  
Extractions/Restorations Arranged  
**SENIORS DISCOUNT**

**ON-SITE LAB**  
37 Third St. S. Beauséjour

**District Health Centre**  
Lac du Bonnet  
2nd and 4th Tuesday of each month  
**268-3488**

**Sunrise Bakery**  
Powerview Lac du Bonnet

**NEW Edible Image CAKES**

**Powerview STORE HOURS**  
Tuesday to Friday  
8:00 a.m. to 6:00 p.m.  
Saturday  
8:00 a.m. to 5:30 p.m.  
**367-8019**  
Lac du Bonnet  
**345-2593**  
Don't be disappointed  
Order ahead

IDENTIFIED ESTHETICIAN

**Time "Jess" For You**

\*Facials \*Manicures \*Pedicures \*Massage  
\*Make-up \*Waxing \*Body Treatment

125 Ave St., Powerview, MB  
1-204-367-2940

Open Mon. - Fri.  
8 o'clock to 5 o'clock

**The Lakeview STEAKHOUSE**

57 Park Avenue, Lac du Bonnet  
Phone 345-8661

**PINE FALLS SERVICE CENTRE**

Monday to Saturday  
6:00 a.m. to 12:00 midnight  
Sunday 8:00 a.m. to 12:00 midnight

**SUBWAY**  
Subway open 7 days a week  
from 10:00 a.m. to 11:30 p.m.  
**367-8803**

Kevin McDonald

**LEVINE, LEVENE & TADMAN**  
Barristers & Solicitors

Lac du Bonnet every Tuesday  
at Allan Holm Agencies  
28 McArthur Avenue  
11:00 a.m. to 1:00 p.m.

Powerview every Tuesday  
at Powerview Agencies  
3:00 to 7:00 p.m.

Lac du Bonnet 345-8479  
Powerview 367-2345, 8350  
or Winnipeg 1-204-957-6403

**Esser Chiropractic Health Centre**  
Corner of PTH 11 and Church Street (beside Papineau Motors)

- Autopac
- Blue Cross
- Veteran's Affairs
- Worker's Compensation

**Phone 367-4858**

No referral required Please call for appointment

Enjoy dual satellite reception.

Available at

**DAVE'S NEW & USED FURNITURE**  
21 Art Street, Powerview, MB

Contact  
**Dave or Warren 367-2460**

The shape of the future.

**Great Falls Foods**  
Highway 11, Great Falls  
**367-2976**

**OPEN 7 DAYS A WEEK**

See us for your custom cutting and smoking needs, both domestic and wild meat, or supplies for home use.

**Having a Social Function?**  
Call us to look after everything for you  
Ask us about delivery

**The House of Quality**

MacDonald Brown

**Rentals**  
Hillside Beach  
756-8184

**DR. ARNOLD ANDERSON**  
LAB ON SITE

Optometrist  
Contact Lenses and Eyeglass Fittings

**MANITOU LODGE PINE FALLS**  
**367-2390**  
Monday - Friday 9:00 a.m. - 5:00 p.m.  
Open noon hours  
Tuesday, Wednesday, Friday  
Examinations done on Thursday

TRY YOUR DRUGSTORE *first*

**PINE PHARMACY**  
Open Monday to Saturday  
9:30 a.m. to 5:30 p.m.  
**367-2611**  
DISPENSARY  
**367-2517**

Dr. Alan Grant  
**FORT ALEXANDER DENTAL CLINIC 367-2208**

Tuesday to Friday  
9:00 a.m. to 5:00 p.m.  
New Patients Always Welcome!

Windshield Replacement & Repair  
All Your Autobody Needs  
Courtesy Care

**powerfalls AUTO BODY**  
Box 187  
Powerview, MB  
R0E 1P0  
Phone 367-2677  
Fax 367-2336

**DENIS LABOSSIERE**  
LAWYER

Every Second Tuesday  
at St. Georges  
Community Centre  
**CALL 925-1900**  
for appointment

**Papertown Motor Inn**  
367-2261

Deluxe Jacuzzi Rooms Home of NITE Night Club  
Licensed Family Dining Room  
Banquet Facilities  
V.I.T.s, Beer Store  
HOT TUB

**TWISTERS WATER PARK**  
1 Mile East of Pine Falls, Hwy. 304 & 11

**BIRCHWOOD MOTOR HOTEL**

- 16 Modern Units
- Hot tubs
- Dining Room
- Meeting Rooms
- Fully Licensed

Traverse Bay  
**756-2596**

**OPEN YEAR ROUND**

**Sawbuck DELIVERIES**  
Serving Pine Falls & Surrounding Area

**Will deliver**

Groceries  
Furniture  
Prescriptions  
Major Appliances  
Plus much much more

Call for all your deliveries  
1-204-367-9288

**Clark's Corner**  
DOMO Service Station

Convenience Store  
Restaurant  
Chester Fried Chicken

**367-2238**  
Located at corner of Highways 11 and 304

**Broadlands Mall**

Convenience Store/Gas  
Movie Rentals  
Open Daily 7 am - 11 pm

Restaurant  
Daily Specials  
Open 6 am - 10 pm

**367-4484**

**Manitou Lodge**

Coachroom Restaurant & Lounge  
Open 7:00 a.m. to 10:00 p.m.

**367-2252** Wood Stone Baked  
TAKE OUT PIZZA Thick Crust or The Classic Coachroom Crust

**DAVID BULLMAN**  
GENERAL CONTRACTING  
Commercial & Residential

- New Home Construction • Carpentry
- Concrete Work • Window Replacement • Vinyl Siding
- Aluminum Soffit & Fascia • Plumbing • Roofing, etc.

"No Job Too Big or Small" Over 30 Years Experience in Building Construction  
**268-3465 or 367-2763**

**DARREL J. TARRANT**  
CHARTERED ACCOUNTANT

Full Time office at Powerview Agencies, Highway 11  
Ph. 367-9193, Fax 367-8616

New location at Shoreline Realty  
at McArthur Avenue and Second Street, Lac du Bonnet  
Wednesdays and by appointment, Ph. 345-9771

Personal Income Tax Planning and Preparation  
Corporate/Business Accounting  
Financial Statements, Audits, Tax Planning and Compliance

**LINDA BOEL HAPKO**  
(204) 989-6900 (24 hr.)

Fax: (204) 257-6382  
Toll Free: 1-866-989-6900  
email: lshapko@escapc.ca  
Lac du Bonnet: 345-0056  
48 Park Avenue

**ROYAL LEPAGE**  
Top producers Real Estate  
INDEPENDENTLY OWNED AND OPERATED. BROKER  
1548 St. Mary's Road  
WPG, Manitoba R2M 5S8

**Sok's-Service**  
NORCO DISTRIBUTOR

- ✓ BICYCLES
- ✓ RENOVATIONS
- ✓ ROOFING
- ✓ REPAIRS

Gord Sokolowski  
Telephone (204) 367-2660