

The  
Winnipeg  
River

# Echo



Serials Dept. June 24 03  
200 Vaughan Street  
Winnipeg, MB  
R3C 1T5

Vol. 3, No. 17

September 17, 2002

\$1.00 tax included

## Mother and three cubs immobilized

by V. Anderson

The Pine Falls Conservation office has been swamped with calls from residents in the area with concerns of bears in and around the community. On Monday September 16, a mother bear and her three cubs were immobilized and removed from the downtown area of Pine Falls on Cedar Street. Conservation Officer Chris Atkin, along with Officers John Watling, Jeff Houghton, and Farrah Anderson were kept busy with the mother and her cubs. The bears were spotted early in the day and they all went up a tree on Cedar Street. Because of the close proximity to the school and residents it was determined that the bears had

to be immobilized and relocated to Sand River which is a remote area with a good food source.

The mother bear was tranquilized and upon being hit she went further up the tree almost to the top. Conservation Officers then tranquilized the three cubs and with the assistance of the MTS bucket truck and Manitoba Hydro worker Chris Christensen who used his climbing gear to climb the tree and roped the mother and string up a pulley, they were able to lower the mother and her three cubs down to safety. "We have had many calls once again because this time of year the bears are out on a feeding binge to put on weight for

their winter hibernation," said Atkins. "They will go from fruit tree to tree, and Oak trees to feed, and we ask the public to assist us by keeping their yards raked up and their garbage removed. Bears also like to snack on Humming Bird feeders, so be advised that these things that are left out are an invitation to bears."

The public is also asked that they keep a safe distance from the bears as they are wild animals and if a mother feels that her cubs are being threatened she will charge to protect them. When people observe a bear, always treat it with respect. This means to leave it alone and if it is up in a tree back off and give the animal its space. Keeping a bear up a tree in-

creases its stress level and will result in aggressive behaviour.

To date there have been approximately 20 or so bears spotted in the area, ten of which have already been relocated. Because of the number of bear trap available to the conservation office not all bears can be removed. It is hoped that in the next week or so the bears will move on and retreat to the forest for their winter hibernation. If you have any concerns please contact your local Conservation Office.



Manitoba Conservation Officers prepare to cage one of three bear cubs immobilized and relocated from Cedar Street in Pine Falls



Manitoba Conservation Officer Jeff Houghton removes the tranquilizer dart that immobilized the mother bear after she was removed from the top of the tree.



Another mother bear and her two cubs have been spotted in the area on numerous occasions over the past week and are now feeding in the Sharpe's Point area. It is hoped that they will keep to the riverbank and move along to their dens



Curtis Christensen (left) of Manitoba Hydro and Tom Wark (right) of MTS were able to use their skills to retrieve an approx. 200lb mother bear from the top of a tree after she was immobilized

### Southeast Blades vs. Winkler Flyers

Tuesday, September 17, 7:30pm

Blades defeated the Selkirk Steelers this past Saturday 4-3  
Come out and support your local team!



## ECHO MAIL:

Letters to the Editor  
Email: theecho@mb.sympatico.ca

Box 550  
Pine Falls, MB  
Ph: 367-9468  
Fax: 367-9974

# No smoking policy taken to the streets

Dear Editor:

I would like to start by telling you that I am a father of four wonderful children. Twice a day I drive them to school. Last year the school, along with the parent advisory council, decided that in the best interests of Powerview School that it would be best if the school adopted a non smoking policy. Some of the reasons were:

The school did not want to promote smoking.

We as a community do not and should not promote smoking to our children.

Peer pressure, makes it easy for other students to start smoking.

Having a smoke free environment is healthier for everyone.

Parents don't want their children exposed to smoking.

It keeps school property cleaner. And reduces cleaning costs.

Well we are now into the new school year. For the chil-

dren at school this means smoke free school grounds. When you sit back and think of this, you know this is good news for the majority of students.

Now however we as a community have run into a new problem. The students are blocking the road, obstructing traffic, and there are a few that use profanity or flip you the bird when you ask them to get out of the way. And there is also the problem of litter on the road and in the properties of those that live adjacent to the school.

There has been an outcry to the school and to the RCMP to address this problem. Most parents are aware of the problem this is causing. These parents are also the parents of these children. I think it is time the parents of these children take responsibility, and correct

this problem.

The RCMP have had numerous complaints on this matter. It has been a couple of weeks since school started and this problem still exists. How about the RCMP go ahead and do their job, and enforce traffic laws ie: obstructing traffic, littering.

I have talked to the RCMP and their position is they do not want to charge children. I tend to agree with them however, what is the alternative? If this problem is not addressed soon I am afraid there may be an accident and someone hurt or killed, especially since winter is just around the corner.

Sincerely yours,  
Richard Cure

# An apology from the Grads

On behalf of the graduates of 2003, I would like to apologize to both the community and to Manitoba Hydro.

Due to certain individuals some graffiti was put on the walls of the Manitoba Hydro Dam in Powerview.

As you may have noticed several unguilty grads took the time to go and clean off what some of our classmates had done.

Throughout the years, the community has supported the graduates of Powerview School in many ways. We hope that you continue to do so in the future.

Sincerely,  
Nicole Boulet  
Grad President

## Three killed in tragic accident

RCMP Release

On 2002-Sept-13 at 10:40 p.m. Beausejour RCMP responded to a two vehicle accident that occurred at the junction of Highway #4 and 12 North. Three persons were pronounced dead at the scene and three were taken to Beausejour General Hospital for treatment. Alcohol and speed are not considered to be factors. The names of the victims are not being released at this time. This matter is currently under investigation by Beausejour R.C.M.P.

# BINGO

## COMBINED ACCUMULATOR

Bonanza \$13053

Add 50% of sales on Monday  
If not won, carry over total  
plus 50% of sales to Thursday

starting value this week if won pay starts at zero

IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL

FOR UPDATES CALL 345-8619

|  |   |
|--|---|
| <p><b>Lakers Ski Club</b></p> <p>Lac du Bonnet</p> <p>Community Centre</p> <p>Warm-Ups 7:00 p.m.</p> <p><b>Mini Loonie \$1070</b></p> <p>starting value this week<br/>if won pay starts at zero</p> <p>Lot. Lic. 874</p> <p><b>Every Thursday Evening</b></p> <p>FOR UPDATES CALL 345-6197</p> | <p>Bonus Line - \$374.00</p> <p>Star - 226.00</p> <p>Loonie Pot - 329.00</p> <p>Poker Flush - 10691.00</p> <p>Special "Y" - 00</p> <p><b>Lucky 7 \$1680</b></p> <p>in 25 numbers</p> <p>FOR UPDATES AT ALL BINGO<br/>IF WON PAY STARTS AT ZERO<br/>IN 17 numbers or less</p> <p>Add one \$ plus 30% of sales.</p> |
|--|---|

|  |   |
|--|---|
| <p><b>Royal Canadian Legion #164</b></p> <p>Lac du Bonnet</p> <p>Legion Hall</p> <p>Specials 7:00 p.m.</p> <p><b>Every Monday Evening</b></p> <p>Lot. Lic. 463</p> | <p>Bonus Line - \$2939.00</p> <p>Star - 836.00</p> <p>Lucky 7 - 770.00</p> <p>Poker Flush - 624.00</p> <p>Mini Loonie - 623.00</p> <p>#1 Loonie - 354.00</p> <p>#2 Loonie - 2652.00</p> <p>Jackpot Strip - 144.00</p> |
|--|---|



## MELNICK MOTORS GM

# IS COMING TO PINE FALLS

## 3 Days Only!

Thursday, September 19 thur Saturday, September 21

★ SEE US AT PAPINEAU MOTORS ★

We'll have a great selection of New & Used Cars, trucks & vans on display!



Monday to Friday 8:00am to 6:00pm  
Saturday 8:00am to 4:00pm

# MELNICK Motors

1-877-MEL-NICK (635-6425) BEAUSEJOUR

|   |   |
|---|---|
| <p><b>Publisher</b><br/>Valerie Anderson</p> <p><b>Writers</b><br/>Charles Norman, Shawn Tester, Cindy Kellendonk</p> <p><b>Office</b><br/>Linda Malo</p> <p><b>Production/Art Design</b><br/>Lori Pachkowsky</p> | <p><b>SUBSCRIPTIONS</b></p> <p>Local Rate: \$34.20</p> <p>National &amp; Urban Rate: \$39.90</p> <p>Foreign Rate: \$102.60 (prices include PST &amp; GST)</p> <p style="font-size: 0.8em;">2nd class mail #1761687 (Postage paid in Pine Falls)</p> |
|---|---|

P.O. Box 550, Pine Falls, MB ROE 1M0  
56 Art Street, Powerview, MB  
e-mail: theecho@mb.sympatico.ca

Powerview Office Ph: 367-9468 Fax: 367-9974

The Winnipeg River **Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

# Knights of Columbus transfer's land

by V. Anderson

The Knights of Columbus #4244 of Pine Falls, have officially sold property located in St. Georges on Highway #11 to the St. George Community Development Corporation. The formal signing/transfer took place this past Friday, September 13th, at the St. George C. D. C. office located at McDougall Place.

In 1968, Bert Ber-

thelette, Grand Knight of the Pine Falls #4244 Knights of Columbus Council was approached by one of their members, Mr. Victor Vincent and asked if the Knights of Columbus would be interested in buying some land. Vincent had 15 acres located on Highway #11, with river front for sale in the St. Georges area.

Back then the Knights of Columbus ran a very

successful weekly bingo and it was hoped that the club would be financially able to build a Knights of Columbus Hall, with ample space for family, youth activities, sports and other programs.

When Berthelette was approached by Mr. Vincent he thought that this was an excellent place for pursuing the Hall project. Berthelette gave Vincent a personal cheque for \$50.00 as a deposit, until he could propose it at their next Knights of Columbus meeting. Fortunately, the bingo club had just enough money in the Bingo account, so it was passed that the Bingo Committee would purchase the land.

Over the next 30 years, the Knights of Columbus continued to raise money for many charities, community and church projects, however, interest by the council to build a hall and facilities waned, so the plans they had for a hall and such never materialized.

In 1999, the Knights of Columbus were approached by President, Diane Dube of the St. Georges Community De-



(From l-r) Bert Berthelette, Past State Deputy of the Knights of Columbus, Diane Dube, President of the St. Georges Development Corporation, (back l-r) Juliette Fillion, Leo Fillion and Adrien Joe Vincent conduct the official transfer of the Land Agreement signing at the Community Development Corporation office at MacDougall Place in St. Georges.

velopment Corporation, the CDC was interested in expanding the community of St. Georges and wanted to purchase the land for development. After further deliberation, and under terms agreeable to both parties, the Knights of Columbus agreed to sell the land.

The newly purchased land is now slated for development of the Grand View Bay Estates (see diagram). The 15 acres will be subdivided into forty-one lots, seven which are river front and engineer's will commence work next week. The St. Georges Community Development

Corporation will be setting up to pre-sell the lots by November of this year.

In the terms set out by the sale of the land, the transfer of land sold for \$30,000, to which the CDC paid \$1,000 down, three years taxes, and over a period of time, the remaining \$29,000 will be paid. The St. Georges Community Development Corporation will sell the lots and upon sale they will give 25% of the sale to the Knights of Columbus until such time the remaining \$29,000 is paid in full. The Knights of Columbus will also re-

tain two acres of the land, (see diagram) for any future use or development.

Upon signing the land agreement Bert Berthelette on behalf of the Knights of Columbus, stated, "Today is rather a historic event, as this land is being returned to St. Georges after a long period of time and I am happy to be a part of it."

If you would like further information in regards to the Grand View Bay Estates, please contact the St. Georges Community Development Corporation at 367-9970.



An architectural drawing done by Courtnage and Company depicts the layout of the Grand View Bay Estates Development which is being conducted by the St. Georges Community Development Corporation

## Latino Dance Lessons

There will be Latino Dance Lessons held EVERY MONDAY Anticline Community School Lessons Start September 30, 2002 at 7:00pm at the School

Registration will be held on Wednesday, September 25, from 6:00 to 8:00pm at the school. Cost for lessons will be \$40 for the month. Please feel free to contact Lorna at the school at 367-2266 if you are interested.

## 4P Festival Silent Auction Winners

| ITEM                       | WINNER           | DONATED BY              |
|----------------------------|------------------|-------------------------|
| Butterfly Clock            | Denise Bowman    | Deals for Dollars       |
| Cottage Candle Holder      | Susan Chevreffis | Winnipeg River Echo     |
| Golf - 2 rounds 18         | Jan Paukovic     | Pine Falls Golf Course  |
| Oil Candle Lamp            | Janine Lambert   | Pro Hardware            |
| Shampoo Kit                | Kelly Houston    | Pine Falls Unisex Salon |
| Golf - 4 rounds 18         | Lori Charter     | Pine Falls Golf Course  |
| Forget-me-not Card holder  | Barbara Houston  | Celebrations            |
| Fishing Rod & Sleeping bag | Dan Garrloch     | Northern                |
| Drill Bits                 | Maxine Meade     | Zeb's Heating           |
| Fishing Rod                | Melissa Sinclair | Northern                |
| Tool Set                   | Onale Rupp       | Powerview Auto Supply   |
| Bike                       | Onale Rupp       | Sok's Service           |
| Electric Toothbrush        | Carol Hutchison  | Pine Pharmacy           |

Thank you to all the businesses for their generous donations and support towards helping to make this year's 4P Festival a success.

## Driver Education Instructors

(Part-time, evening positions)

Manitoba Public Insurance is committed to providing quality customer service and leads the way in creating a safe driving environment for Manitobans. We are seeking individuals to fill part-time positions in our High School Driver Education Program.

Interested applicants are invited to apply in writing to:

Manitoba Public Insurance  
Road Safety Department  
High School Driver Education Program  
Box 6300, 824-234 Donald Street  
Winnipeg MB R3C 4A4  
Attention: Jodi Winter  
E-mail: jwinter@mip.mb.ca  
Tel: 954-5399 Fax: 985-7652  
Toll Free: 1-800-261-9928

Only applicants being considered for an interview will be contacted. All applications will be retained in our files for six months for consideration in the event of an appropriate employment opportunity.

Qualified candidates require:

- Proven driving experience with Class 5 vehicles, and clean driving record;
- Driver instructor permit or willing to acquire certification;
- Excellent interpersonal and training skills; and,
- Teaching certification or training experience is an asset.

Work Location:

- Part-time, evening positions are available in Manitou/Miami /Swan Lake, Snow Lake, Lynn Lake, Cross Lake, Lac du Bonnet, and Selkirk.

Manitoba Public Insurance will gladly assist in arranging training for these contract positions.

Come visit us  
www.mip.mb.ca

Manitoba Public Insurance

# Skateboard competition a crowd pleaser

This past Friday the Ecole Powerview School hosted its first Annual Skateboarding Competition at the Powerview Arena Skate Park. Students from Pine Falls, Sagkeeng, Lac du Bonnet, Beausejour, Walter Whyte and Whitemouth were invited.

There were two categories based on experience, beginners, and advanced.

Approximately forty kids

entered into this years competition. Winners were in the beginners category first place went to Bryce Gear, second to Collin Garrard and third Corey Williams. In the advanced category first place went to Jonathon Anderson, second to Chris Vincent, third to Dustin Fontaine.

All competitors were able to enter the Best Trick Competition. There were approximately fifteen entries for this event. Jonathon Anderson was the winner of this years trick competition by executing a jump up a wedge to an inverted box with a five foot drop off the end to land it perfectly.

The students expressed thanks to supporting teacher Tanya Magnan.



Winners from the Skateboard Competition held at the Powerview School arena on Friday, September 13. (Left to Right) Bryce Gear - 1st place in beginner, Shane Blatz -doorprize winner, Jonathon Anderson - 1st in Advance & Best Trick, Corey Williams - 3rd place beginner, Chris Vincent - 2nd in Advance, Collin Garrard - 2nd in beginner, Missing - Dustin Fontaine, 3rd in Advance

Jonathon Anderson, Winner of 1st in Advance and Best Trick jumped the barrel (right) to seal the top spot.



**CAT IN A BOX ENTERPRISES**  
**CONSTRUCTION & CARPENTRY SERVICES**  
 Certified Blue Maxx Foundation Supplier & Installation  
 Steve Lyons 345-8987  
 Box 1266 Lac du Bonnet Manitoba

**RON'S BACKHOE SERVICE**  
 Septic Tanks & Fields  
 Waterlines - Driveways  
 Grey Water Pits - Holding Tanks  
 Sand - Gravel - Top Soil  
 Limestone  
 Phone anytime **345-8724**

**DAVIDSON INSTALLATIONS LTD FLOOR STORE**  
 Our commitment is providing the best in quality products, workmanship & service... we guarantee it!  
 -Carpet and vinyl  
 -Laminates & Engineered wood  
 Visit our showroom  
 Highway 313, 2 km east of Winnipeg River Bridge  
 Open Tues. thru Sat. 9:00-12:00  
 1:00-4:00, Closed Monday  
 Phone 345-9077

**SOBERING FUNERAL CHAPEL**  
 Our family serving your family  
 Doug & Marlene Sobering  
 Steven Sobering  
 Phone 24 Hours  
 Manitoba Toll Free: 1-877-776-2220  
 CANADIAN INDEPENDENT

**Allan Holm Agencies**  
 AUTOPAC PHOTO LICENCES  
 INSURANCE All Types  
 An Independent Insurance Broker Covers You Best.  
 "No place like HOLM for all your INSURANCE needs!"  
 HOURS:  
 Monday to Friday 8:30 a.m. to 5:30 p.m.  
 Saturday 9:00 a.m. to 4:00 p.m.  
 2nd Street and McArthur, Lac du Bonnet  
 Bus. 345-8607  
 Res. 345-2377

Gilles Lamoureux  
**G's SEPTIC TANK CLEANING SERVICE**  
 P.O. Box 905, PINE FALLS, MANITOBA R0E 1M0  
 PHONE: 367-4706 CELL: 345-3835

Anicinabe School Sagkeeng Jr. High Sagkeeng Anicinabe HS  
**3 SCHOOL FEAST**  
 In celebration of the new School year  
 Where: Anicinabe Community School  
 Date: Friday, October 4, 2002  
 Time: 12:00 p.m.  
 Everyone Welcome!

**Want to Start Your Own Business!**  
**Self-Employment Program**  
 • You are presently receiving employment insurance (E.I.) benefits  
 • You have received E.I. benefits in the last 36 months  
 • You have received maternity or parental benefits in the last 60 months  
 If you are unemployed, and if any of these situations apply to you and you have a viable business idea, please join us for an information session  
**Self-Employment Assistance Program**  
 Call to register for an information session! 345-8691  
 Delivered by Winnipeg River Brokenhead Community Futures Development Corporation  
 Funded entirely by Manitoba Education and Training  
 WINNIPEG RIVER BROKENHEAD COMMUNITY FUTURES DEVELOPMENT CORPORATION

## Papermakers Annual Golf Tournament

by V. Anderson  
Papermakers held their Annual Golf tournament on Thursday September 12 at the Pine Falls Golf Course. This years coordinator Ken Cyr did an outstanding job and all players enjoyed a great day of competitive golfing.

There were 82 entries in this years tournament. The winning team of Gene Lazaruk, Cliff Rideout, Lou Charbonneau, and Bill McGuire shot a 59 and won this years title. "It was a fun tournament, the course is in great shape and that made for

some good golfing, and the dinner was excellent. Bullet (Ken Cyr) did a great job on running everything, and did a lot of work on arranging the prizes, and we are all appreciative. We had a loose team this year, and it was a lot of fun playing with the guys." said

Lazaruk. There was only one title to capture this year, and all other entries, regardless of score, were randomly picked out of a hat in order to draw a prize. Thank is extended to the Pine Falls Golf Course management and staff for a job well done.

The  
Winnipeg  
River

# Echo

## Hours of Operation

56 Art Street Powerview  
Phone 367-9468 Fax 367-9971  
Monday to Friday  
9:00 a.m. to 4:00 p.m.

The  
Public  
Utilities  
Board

## Reminder Notice of Public Hearing

### Applicant: The Manitoba Public Insurance Corporation

**APPLICANT:** The Manitoba Public Insurance Corporation (the Corporation) has applied to The Public Utilities Board (the Board) for approval of the Corporation's 2003 base rates and premiums charged for compulsory driver and vehicle insurance. The application is being filed pursuant to The Crown Corporations Public Review and Accountability Act and The Public Utilities Board Act.

**RATE IMPACT:** The Corporation is requesting approval for basic Autopac rates effective March 1, 2003, which will maintain overall premium revenue at the same level as the preceding year. However, the changes proposed for 2003/2004 will affect base premiums for each major vehicle use category as listed below.

These changes will affect the major vehicle classes as follows:

| Major Use         | Number of Vehicles | Increase/Decrease |
|-------------------|--------------------|-------------------|
| Private Passenger | 620,264            | 0.0%              |
| Commercial        | 48,270             | 3.6%              |
| Public            | 8,820              | 3.7%              |
| Motorcycles       | 8,348              | 15.0%             |
| Trailers          | 98,328             | -9.8%             |
| Off-Road          | 26,923             | -8.7%             |
| <b>OVERALL</b>    | <b>810,953</b>     | <b>0.0%</b>       |

The impact of rate adjustments on the total vehicle population will be distributed as follows:

- 374,279, or 46.2% of vehicles will receive a rate decrease. Most decreases will be less than \$50.
- 7,849, or 1.0% of vehicles will receive no change in rate.
- 155,021, or 19.1% of vehicles will receive a rate increase of up to \$20.
- 190,609, or 23.5% of vehicles will receive an increase between \$20 and \$50.
- 71,246, or 8.8% of vehicles will receive an increase between \$50 and \$100; and,
- 11,949, or 1.4% of vehicles will receive an increase greater than \$100.

Actual changes to an individual's premium will vary depending on the owner's claim experience, driving record, insurance use, territory and vehicle rate group. The cumulative effect of these variations on individual rates will all fall within the dollar amounts described above.

No changes are proposed to fleet rebates and surcharges, existing driver's licence premiums or accident surcharges, existing time payment fees or existing service and transaction fees.

**PARTICULARS OF THE APPLICATION:** The Corporation proposes the following rate adjustments for policies issued between March 1, 2003 and February 29, 2004.

- Experience-based rate increases and decreases to individual classes ranging between +15% and -15%.
- Classification offsets ranging between -21.8% and +39.6%, to achieve revenue neutrality from the changes to vehicle rate groups.
- Lower rates for off-road vehicles and most trailers through a reduction in the allocation of operating costs to these classes, which was begun last year.

For full particulars, interested parties should examine the Corporation's application, testimony and supporting materials at the Corporation's offices, or at the Board's office.

Interested parties who wish to obtain copies of the application should contact:

Manitoba Public Insurance  
Attention: Rick Sloan  
8th Floor, 234 Donald Street  
Winnipeg, Manitoba R3C 4A4  
Telephone: 985-7335 (collect calls accepted)

**RATE VARIATION:** Rates for services by The Manitoba Public Insurance Corporation shall be reviewed by The Public Utilities Board under The Public Utilities Board Act and no change in rates for services shall be made and no new rates for services shall be introduced without the approval of The Public Utilities Board. Rates for services means in the case of The Manitoba Public Insurance Corporation, rate bases and premiums charged for compulsory driver and vehicle insurance provided by that Corporation. Upon any application to it, the Board may make an Order granting the whole or part only of the application or may grant such further or other relief in addition to or in substitution for that applied for, as fully and in all respects as if the application had been for such partial, further or other relief.

**HEARING:** The Board will hold a public hearing at the Public Utilities Board Hearing Room, 4th Floor, 330 Portage Avenue, Winnipeg, MB, commencing at 9:00 a.m., October 7, 2002.

**PROCEDURE:** The Board's Draft Rules of Practice and Procedure will apply to the conduct of the General Rate Hearing. Copies of this document are available upon request to the Board by writing to the Secretary or by calling 945-2638 (Winnipeg).

**PARTICIPATION:** Intervenor shall be persons, firms or corporations wishing to examine witnesses, or to provide evidence, or to make submissions and final argument. Intervenor should notify the Board of their intention to do so by applying to the Secretary of the Board immediately.

Copies of such notices should also be sent to the Corporation's Counsel:

Kevin M. McCulloch  
Vice-President, Corporate Legal  
General Counsel and Corporate Secretary  
Manitoba Public Insurance  
912 - 234 Donald Street  
Winnipeg, Manitoba R3C 4A4  
Telephone: 985-7383

Parties wishing to submit a brief or to express comments to the Board, but who do not wish to participate in the entire proceeding, are known as presenters. They should advise the Secretary of the Board of their intention to appear at the public hearing by no later than September 27, 2002.

DATED this 19th day of August, 2002.

G. O. Barron  
Secretary  
The Public Utilities Board



Five days  
notice required



Wheelchair access  
is available



## Announcing that www.CFDC.info is on line and ready to serve rural Manitoba businesses and communities!

Manitoba's 16 Community Futures Development Corporations are pleased to announce the launch of a new web site that provides immediate and up-to-date resources for entrepreneurs and community-led groups seeking assistance.

"This site, www.CFDC.info, reflects the mandate of Manitoba Community Futures Development Corporations (CFDCs) by providing information, useful links, and resources to entrepreneurs and community groups, with a community economic development focus," said Maurice Bouvier, General Manager of Community Futures Partners of Manitoba, the provincial CFDC association.

Ashern-based Super Six Community Futures Development Corporation was the lead CFDC in this provincial initiative along with the input of many other Manitoba CFDCs, Community Futures Partners

of Manitoba, and with the financial assistance of Western Economic Diversification.

At www.CFDC.info entrepreneurs can download and print a Business Plan Workbook, which will take them step-by-step through the process of completing this essential tool for starting their business. The workbook includes an "entrepreneur assessment" to help people analyze whether or not they have what it takes to be an entrepreneur. It includes a list of definitions, a fill in the blanks business plan, and a sample plan to show the user the type and format of information typically contained in a business plan.

CFDC Standardized Loan Applications are also available to be downloaded and printed in the comfort of one's own home. Each CFDC has their own requirements for information and format, so Super Six has incorporated a CFDC Locator to easily find the

CFDC serving any community in the province.

"As well, community groups no longer have to hunt through the seemingly endless supply of information on government programs because www.CFDC.info has done the hunting for you," said Mary Greber, Executive Director of Winnipeg River Brokenhead

CFDC.

The site concentrates only on government and private foundation programs with a community economic development purpose that would be useful to rural Manitoba community groups. People can search the database to find the program that will help get a project up and running with

program overviews, printable program guidelines, links to actual program web sites, and in most cases, application forms that can be downloaded and printed.

"Look to www.CFDC.info and your local CFDC to help you get started on your next project or new business. We are here to help," said Greber.

## Library Corner

### Lac du Bonnet Regional Library



Back to school means getting back to basics - reading, 'riting, and 'rithmetic... and a lot of fun stuff besides. At the library we are doing a review of our A, B, C's as well. Usually our book displays are a good way of letting patrons know what's new on the shelves... and of course, these books go out on loan very promptly. This fall we will feature another kind of display - older books that are sitting on the shelves waiting for attention. We plan to review the alphabet by featuring titles by authors whose name begins with the letter of the week. How many authors do you know whose name begins with "A"! Check it out!

Our Fall Supper is just two short weeks away. Mark your calendar for September 21st and reserve your tickets immediately. We are still needing a few grocery items - if you are able to help out in this way,

please call the library to see what is still needed. To set your mouth - "awatering" just picture this: traditional roast turkey with dressing, gravy, cranberry sauce and fresh vegetables. Side dishes include home-made meatballs, cabbage rolls, jellied salads and pickles. Top this off, if you can, with a slice of delicious home-made pie. Beverages include tea, coffee or juice. This year we feature reserved seating for groups of six or more, so invite your friends and join us for either the 5:00pm or 6:30pm sitting. Any questions, just call the library at 345-2653.

We are curious - so we checked our competitors statistics to

see which were the top circulating adult fiction titles. In case you are interested, they are: "Fleeced" by Carl Higgins Clark, "A Moment in Time" by Judith Gould, "The Surgeon" by Tess Grisham, "Orchid Blues" by Stuart Woods, "P is for Peril" by Sue Grafton, "A Woman Betrayed" by Barbara Delinsky, "The Next Accident" by Lisa Gardner, "Flesh and Blood" by Jonathan Kellerman, "Kentucky Rich" by Fern Michaels, "Treasures of the North" by Tracie Peterson, "Time and Again" by Nora Roberts, "Ghost Moon" by Karen Robards, "The Kiss" by Danielle Steel. Have you read a good book lately?

**The Winnipeg River Echo**

56 Art Street, Powerview  
Phone 367-9468, Fax 367-9974  
Monday to Friday  
9:00 a.m. to 4:00 p.m.

Box 550, Pine Falls,  
MB R0E 1M0

**NEW EMAIL ADDRESS**  
theecho@mb.sympatico.ca

**NEWS TIPS?**  
Call 367-9468

**GREAT FALLS BOWLING LEAUGE MEETING**

**TUESDAY, SEPTEMBER 24**

7:30 p.m. Great Falls Hall

**Everyone Welcome!**

**SILVER HAVEN MEAL PROGRAM**

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling

**Silver Haven at 367-4620 or Bernice at 367-8369**

**Friday, September 20:**  
Soup, swiss steak, mashed potatoes, corn, chocolate cake.

**Monday, September 23:**  
Salad, roast turkey, stuffing, mashed potatoes, gravy, beans, jello.

**Wednesday, September 25:**  
Soup, ham strata, broccoli and carrots, lemon pie.

**Sok's-Service**  
NORCO DISTRIBUTOR

✓ BICYCLES ✓ RENOVATIONS  
✓ ROOFING ✓ REPAIRS

Gord Sokolowski  
Telephone (204) 367-2660

**Agassiz Continuing Education**  
Increase your chances for employment

Talk to us about our:

- Mature High School Diploma
- Computer & Business Courses
- Red River College Courses
- Dual Credits - *New*
- Prior Learning Assessment - *New*
- On-line courses available - *New*

**Register at:**

Agassiz Adult Education Centre  
536 Park Avenue, Beauséjour, MB  
Phone: (204) 268-4832

New Directions School  
40 Park Avenue, Lac du Bonnet, MB  
Phone: (204) 345-2867

Empower Education Centre  
Oak Street, Pine Falls, MB  
Phone: (204) 367-2405

# Recreation Ramblings

by Suzanne Lussler, Recreation Program Coordinator  
Winnipeg River Recreation District, 345-8816/753-2639  
Email: reccomm@granite.mb.ca

## Sign up for some fall fun

This year's Fall recreation line up as proven to be very popular! It has been so popular, actually, that we are requesting that the registration fee must be paid at the time of signing up to be considered accepted into a program. So - if you have not done so already for an up and coming program - I would strongly recommend that you do so if you want to ensure that you get into the program that you want to go to. Some programs that have reached their maximum so far are Yoga, Aprons and Tux. Kids Funky Hip Hop and DeLuca's Cooking class is also getting close to the cut-off as well.

Please note the Start Date

for Kids Funky Hip Hop is September 24.

**Rhythmic Gymnastics**  
This fun classes gives girls age 4-6 a wonderful opportunity to learn skills and find joy in recreation. Classes will be on Tuesdays starting Sept. 24 - April 15<sup>th</sup> from 6:15 - 7:00 p.m. at F.W. Gilbert School. For more information, please contact the Rec. Office at 753-2639. It is a 12 week program that runs from September 24 to December 10.

**Aprons and Tux**  
Chef Josef from Jennifer's Restaurant will be cooking a Christmas meal on Friday Dec. 6<sup>th</sup> from 6:00-10:00 p.m. at LdBSS. Class is FULL!!!

**DeLuca's Cooking**  
Italian cooking at its finest. Come watch as Tony DeLuca

and crew cook up a storm on Oct. 21<sup>st</sup> from 6:00-9:00 p.m. at Pinawa Secondary School Home Ec Room.

**Royal Winnipeg Ballet Satellite Program**

Ballet's back and it's bringing along Creative movement, Pre-Ballet and Jazz classes as well!! Classes will run Saturdays from Sept. 28<sup>th</sup> - April in LdBSS gym for children ages 3 and up.

**Cardio-Kickboxing**  
Need some motivation to increase the physical activity level in your life? Kim Ogren is just the leader to do it! Our Kickboxing instructor extraordinaire is offering a fall session running in Pinawa at the Community Centre on Wednesday from 6:15 - 7:15 p.m. and Sunday nights from

5:30 - 6:30 p.m. the gym and Lac du Bonnet on Monday nights from 6:00-7:00 p.m. in LdBSS gym. Please contact the Rec. Office for more information. Classes are running now! Drop in fee also available.

**Hip Hop**  
Do you wanna dance? Kids' Hip Hop will be offered on Tuesdays from 6:00-7:00 p.m. for youth ages 6-12 in Centennial gym. Eddie Miller's XBK Dance Company will be instructing a second class for teens and adults (13 and up) running from 7:00-8:00 p.m. Sept. 24<sup>th</sup> - Nov. 26<sup>th</sup>. Eddie has been out to our area before for our Girls Club and our Girls On the Move day....his company is so energetic they make you really want to dance!

**Tap**  
This more traditional type of dance is also being offered by XBK Dance Company and promises to be a fun and challenging class. It will be offered at Gilbert gym in Pinawa from 6:00 - 7:00 p.m. on Friday nights for ages 6-12, and from 7:00-8:00 p.m. for ages 13-adult commencing September 27 - November 29.

**Highland Dancing**  
Tara Lotz will be teaching this traditional dance style on Wednesday nights at 5:00 p.m. at Centennial for anyone ages 5 and up. Classes will run from

Sept. 25<sup>th</sup> until April 16<sup>th</sup>. Please contact the Recreation Office at 753-2639 for more information.

**Therapeutic Stretching**  
Do you have a sore back? Shoulder? Muscle? Looking for a way to work a muscle or feel relief from tight muscles? Doug and Jean Stevenson are offering a four-month course to do exactly that! Please contact the Rec. Office for more information. Starting on Thursday, Oct. 3 running for 10 weeks from 7:00-8:00 p.m. at LdB Senior School Gym. Pre-resistance exercises, warm-up, and light resistance exercises.

**Engine Chatter**  
Taught by Darren Worona and Jill Augustine, this course teaches the basics of car care and gives you the confidence to deal with the "what ifs" or car travel. Held on October 7<sup>th</sup> from 7:00-9:00 p.m. at Worona's in Lac du Bonnet.

How to talk so kids will listen and listen so kids will talk  
Six Wednesdays, starting Oct. 9 from 7:00-9:30 p.m. at Gilbert Gym in Pinawa. No Fee. Pre-registration required by September 30. For more info call Janet at 753 2116 or Karen McDougall at 345 1214.

**Rec Director away**  
Please note, I will be away September 18-20 at the National Parks and Recreation Conference held in Winnipeg.

# Anicinabe School Poems

submitted by Wanda Fontaine, Grade 4F Anicinabe Community School.

## School

by Jacques and Sonny Courchene  
If you go to school, you rule.

by Obe  
If you don't go to school, you are a fool.

by Laura Whitesell  
The school is so cool.  
If you go to school, you rule.

by Adam Courchene  
When you go school, you'll be very cool.

by Tyler Guimond  
I have a tool, to build my school.

by Dylan Hope  
If you go to school, you're really cool.

by Lexie Fontaine  
School is a cool jewel.

by Chaney Swampy  
If you go to Pine Falls School, you swim in a pool.

by Christian Swampy  
I like school, it's so cool.

by Faith Fontaine  
The Pine Falls School, has a pool.

by Brent  
The school has a jewel.

by Tara  
I like school, it's not so cool.

by Kate, Lynn Letander  
If you go to school, you rule.  
If you don't go to school, you are a fool.

**For Cooler Rental & Water Delivery Call**

**Vandenberg's**

**COOL & PURE WATER**

In Lac du Bonnet  
Call Roel- 345-2351 or 791-1928

In Winnipeg  
Call Rob 222-1184 or 782-1585  
Call Ron 667-8173 or 793-4893

*Trusting Caring Service Since 1941*

**Russell Funeral Homes Ltd. & Crematorium**

Government Road Allowance #317, Lac du Bonnet  
345-6051  
437 Park Avenue, Beausejour, 24 Hours  
268-2263  
Toll Free 1-866-424-6271

For 60 years Russell Funeral Homes has provided meaningful services to families of all faiths. In these changing times, isn't it comforting to know Russell Funeral Homes will be there for your family.

  
Julie & Harvey Giesbrecht

**FORETHOUGHT FUNERAL PLANNING**  
INDEPENDENT CANADIAN

# Rec Report



by Jay Seymour  
Recreation Director

# Pulse on Participation

3M NCCP Coaching Clinic  
So far there have been two coaching clinics arranged for the Eastman Region Level 1 - Steinbach - Oct. 4-6 cost \$45.00. Level 2 - Beausejour -

Sept 27-29 cost \$75.00. To register please contact the Eastman Sport office @ 1-866-774-2220(toll free) or 268-2172.

**Youth Gym Night**  
That's right, the youth gym night is back! Students from Grade 8-12 can come to the Powerview Gym on Wednesday nights from 7:00-9:00 p.m. Kids can come and play a variety of games/sports or just come to hang out.

**Hockey/Ringette skating camp**  
From Oct. 14-18 there will be hockey/ringette skating camp to get you ready for the season. Cost is only \$10 for the week! Kids will be in their own age groups and the only expectation is to have fun! Contact the rec office to register.

**Great Falls Tuesday Nite**

**BINGO**  
Great Falls Hall 7:30pm

Mini Loonie: \$82.00  
Lucky 7: 125.00  
Letter Y: 24.00  
Poker Flush: 1824.00  
Loonie Pot: \$319.00  
Bonus Line: .00  
Full House: 800.00  
in 54 numbers

**BONANZA \$2103**

# Time Jess for you

by V. Anderson

Jessie Fountain, of Powerview, has just recently opened her new home based business, "Time Jess for You". The business offers a variety of services from facials, manicures, pedicures, massage, make-up, waxing, and body treatments. "I am very excited about the new business, and I am happy to say that I am getting more and more new clients every day," said Jessie.

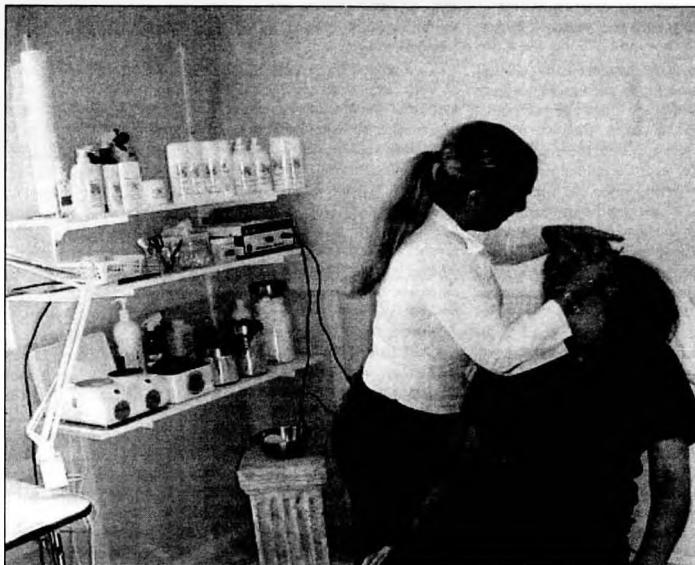
Fountain graduated this year from the Private European School of Esthetics in Winnipeg, and opened her business under the mentorship of one of the school's instructor's on June 30th. "I really enjoyed my training and I love the work that I am now able to do," said Fountain. "It wasn't easy leaving the community and my family, but with the support of my family, my girls, my fiance, and a lot of hard work, I was able to complete my training."

Customer's can enjoy a relaxing and pleasurable experience in Jessie's newly remodelled salon. "I want my clients to come to my business and enjoy themselves and feel that they have received the best service. It is not just about re-



Jessie Fountain is pleased to announce the opening of her esthetics business "Time Jess for You"

ceiving a facial, it is about maintaining healthy youthful skin, and a healthy body" said Fountain. Pedicure's are popular at the salon, many people require pedicures because of their lifestyles, working in an environment which requires one to stand on their feet all day, sport enthusiasts, and diabetics to mention a few. "Your feet are a very important part of your body and require care, they are your personal means of transportation," said Fountain. Manicures are also popular, when a client requests a manicure they can expect to have their nails and hands soaked, cleaned, cuticle work done, hands massage and moisturized, nail



Jessie Fountain, Certified Esthetician provides many services from waxing, pedicures, manicures, body treatment, facials. Customers can enjoy a relaxing and rejuvenating experience.

shaping and treatment and painted from an assortment of colours to choose from. Customers can also get gel nails, tips, nail art, and air brushing.

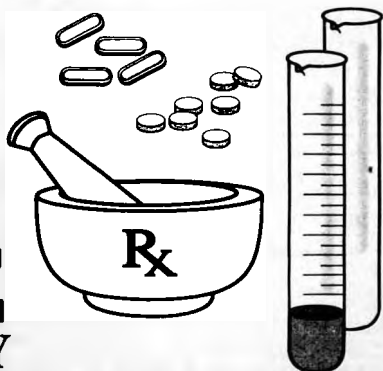
Clients can expect to receive top notch service from their local Esthetician and choose from a variety of prod-

ucts and services. To book your appointment, or require further details, you can call

367-2949. Time Jess for You is opened from Monday to Friday 9:00 a.m. to 5:00 p.m.

TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Health & Beauty
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts



**PINE PHARMACY**

Open Monday to Saturday, 9:30 a.m. to 5:30 p.m.

367-2611

DISPENSARY

367-2517

The Winnipeg River **Echo**

Is your subscription due?

Drop in to our office

56 Art Street, Powerview  
Phone 367-9468, Fax 367-9974  
Box 550, Pine Falls, MB R0E 1M0  
Email: theecho@mb.sympatico.ca

**Birchwood Buzzy** BIRCHWOOD MOTOR HOTEL  
Traverse Bay, 756-2596

Nightly Specials!

**THE BAR...**  
Mon Tue Wed. 11am to 12am  
Thurs. 11:00am to 1:00am  
Fri. & Sat. 11:00am to 2:00am  
Sunday 12:00pm to 7:00pm

**DINING ROOM...**  
Mon. to Saturday 9:00 a.m. to 8:00 p.m.  
Sunday 8:00am to 2:00pm

MONDAY - Canadian Tire Money is Fun in the Bar & Pool Tourney  
TUESDAY - Crib Nite & Birthday Draw  
WEDNESDAY - Steak & Brew  
THURSDAY - Ribs, Meat Draw, Pool Tourney

FRIDAY - Hot Wings  
**Honey Garlic Ribs & Shrimp**  
September 20 & 21 in the dining room!

★ **Karaoke** ★  
★ **Every Tuesday** ★  
★ **in September** ★  
See you there!

**DJ Every Weekend**

ATM Banking  Licensed Family Dining Room  Beverage Room  
Cold Beer Vendor  Licensed Outdoor Patio  Sand Volleyball  
Horseshoe Pitch  Canada Select Recommended Accommodations  
Video Lotto Terminals  Basketball Court  Fax & Photocopy Services  
 10 Brand New Rooms  Meeting Room  Hot Tubs  Satellite



The **Winnipeg River Echo**  
provides quality products  
at competitive  
prices.

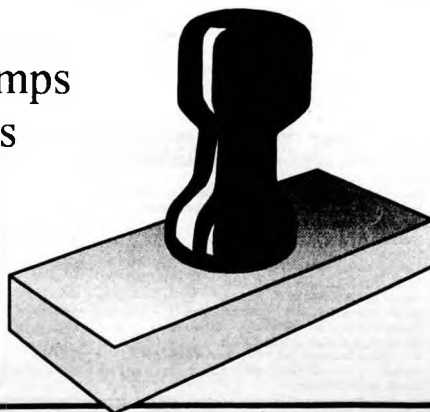
Call us for a  
quote on  
all your  
commercial  
printing  
needs.

**Commercial  
Printing**

The  
Winnipeg  
River **Echo**

- business cards
- letterheads
- envelopes
- business forms
- menus
- brochures
- labels
- placemats
- programs
- calendars
- flyers
- invoices
- rubber stamps
- newsletters
- invitations
- social tickets
- raffle tickets
- photocopying

56 Art Street, Powerview  
Phone 367-9468 Fax 367-9974



# Lac du Bonnet RCMP Report



September 6:  
 A report of a subject being sworn at by youth while out walking the dog in the Town of Lac du Bonnet.  
 A report of stereo equipment being stolen from a vehicle at Seven Sisters Falls.  
 A report of an assault taking place at a residence in Great Falls. Investigation revealed that a group was partying at a residence and were kicked out by the owner's son. No assault had taken place.  
 A report of an off-road vehicle being operated on the roadway and across an approach on Whitecrest Road in the RM of Lac du Bonnet. Follow-up done with the parent of the of-

ferend.  
 A report of an injury accident at the transfer station on PF 313 in the RM of Lac du Bonnet. Police and the ambulance attended and found that the adult male had been unloading a garbage container from the trailer, when same jumped ahead and pinned him. Injuries were not life-threatening.  
 A report of students from Lac du Bonnet Senior School trespassing on private property at the rear of the Catholic Church, particularly at the noon-hour.  
 A report of an adult male being lost on the snowmobile trail at Betula Lake in the Whiteshell Provincial Park. Took place while hiking the

trail, however, the subject had a cell phone. Info passed to DNR who got the subject going the right direction, and he got out of the area safe and sound.  
 A report of a four break and enters to cottages in the Brereton Lake area of the Whiteshell Provincial Park.  
 September 7:  
 A report of a small fire on the road surface on PR 313 in the RM of Lac du Bonnet. Police attended and the fire was out.  
 A report of a group of youth loitering at the end of Elm Street by Centennial School in Lac du Bonnet. Police attended the area, but subjects had departed.  
 A report of an under age male out of control at a residence in Lac du Bonnet. Police attended and assisted to regain control of the situation.  
 A report of an adult female leaving her residence with children, and the caller being concerned for her well being. The subject subsequently returned to the residence.  
 A report of an adult male kicking an under age male a location in Lac du Bonnet.  
 A request from Oakbank Detachment to arrest an adult male in the RM of Lac du Bonnet, and take possession of the subject's firearms. This

request was complied with and the subject was released for court.  
 September 8:  
 A report of an Intrusion Alarm at a business in Lac du Bonnet. This was found to be a false alarm.  
 A report of calves on the highway north of Great Falls. Police attended and chased the calves back into the fence and advised the owner of same.  
 A report of two unknown males being observed at a boat at a residence on McArthur in Lac du Bonnet. Police attended and found that a gas tank and boat strap were missing.  
 A report of an unknown vehicle driving across a lawn at a location in Lac du Bonnet.  
 A report from a location in the RM of Lac du Bonnet of mischief done to a boat at a campsite, with bicycle seats being stolen.  
 An adult's bicycle, blue in colour, was turned in as found property. Found behind a business in downtown Lac du Bonnet.  
 September 9:  
 A report of a large fire off McArthur by Centennial in the RM of Lac du Bonnet. Police attended and found it was a brush pile being burned.  
 A report of a farm tractor hav-

ing over turned along PR 408 just south of Seven Sisters in the RM of Whitemouth. No one around the scene.  
 A report of suspicious vehicles and drinking in vehicles in the area of Landerville Road in the RM of Lac du Bonnet.  
 A report of mischief to the Pump House along PR 502 in the vicinity of the boat launch in the RM of Lac du Bonnet. Took place over the past month.  
 A report of two cheques having been stolen and forged, and then cashed at a financial institution in the town of Lac du Bonnet.  
 A report of a single vehicle motor vehicle accident in Pinawa, in which a vehicle lost control and hit a number of trees, damaging the vehicle extensively. Investigation continuing.  
 September 10:  
 A report of an under age male who had not returned to the Milner Ridge Correctional Centre from a temporary absence permit in Winnipeg. Charge laid and warrant issued. Subject was subsequently returned to Milner  
*See LAC DU BONNET/pg. 15*

## Lac du Bonnet Community Billboard

**Health Concerns?** Call 268-3235 to book your seat.

**Cooking for better health:** Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.

**PACE 7-1375:** meets first Tuesday of the month. Chicken Chef, Powerview meeting room.

**Sit and Be Fit exercise class:** Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

**Pre-natal classes:** held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

**Lac du Bonnet Lions Club** meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

**Lac du Bonnet Regional Library** open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

**Great Falls Women's Institute** meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

**Ladies' Auxiliary Royal Canadian Legion Branch #164** meets first Tuesday of the month 7:30 p.m. Legion Hall.

**LdB Committee on Family Violence and Abuse** meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

**Royal Canadian Legion Branch #164** general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

**Horticultural Society** meets second Tuesday of every month 7:00 p.m., Centennial School.

**St. John's ACW** meets first Monday of every month 1:30 p.m., parish hall.

**Lakeshore AI-Anon Group** Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

**Lakeshore A&A-Teen Group** For further information, Phone Kathie 367-8237 (evenings). Vickie 345-6520 (days).

**Town of Lac du Bonnet Council Meetings** second and fourth Thursday of the month.

**Lakeshore A.A. meetings** every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

**Ladies A.A. Meetings** Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

**Battered Women's Crisis Line** 1-800-362-3344.

**Lac du Bonnet Health Centre Auxiliary** meets fourth Thursday of the month. Health Centre 1:30 p.m.

**Lac du Bonnet Wildlife Association** temporarily meets at the call of the chair. Call Peter 345-6190 for information.

**New to town? Drop in to the Craft Basket** on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

**Two Rivers Seniors Resource Council Inc.** Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers.

**Pioneer Club** meets first Monday of month 9:30 a.m., Pioneer Club.

**RM of Lac du Bonnet Council Meetings** second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

**Alzheimer Society Theresa Conroy**, Whitemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

**Little Day Buddies Nursery School** Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

**Agassiz Horticultural Society** meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

request was complied with and the subject was released for court.  
 September 8:  
 A report of an Intrusion Alarm at a business in Lac du Bonnet. This was found to be a false alarm.  
 A report of calves on the highway north of Great Falls. Police attended and chased the calves back into the fence and advised the owner of same.  
 A report of two unknown males being observed at a boat at a residence on McArthur in Lac du Bonnet. Police attended and found that a gas tank and boat strap were missing.  
 A report of an unknown vehicle driving across a lawn at a location in Lac du Bonnet.  
 A report from a location in the RM of Lac du Bonnet of mischief done to a boat at a campsite, with bicycle seats being stolen.  
 An adult's bicycle, blue in colour, was turned in as found property. Found behind a business in downtown Lac du Bonnet.  
 September 9:  
 A report of a large fire off McArthur by Centennial in the RM of Lac du Bonnet. Police attended and found it was a brush pile being burned.  
 A report of a farm tractor hav-

## Report from Legislature



by Gerald Hawranik, M.L.A. Lac du Bonnet Constituency

### E.R.I.K. (Emergency Response Information Kits)

E.R.I.K. is an informational kit contained within a plastic sleeve that is magnetized and is kept on the front of your refrigerator. The Kit contains your medical and personal information which can be reviewed quickly in case of an emergency by ambulance attendants, fire personnel or police officers in the event that they are called to your home to respond to an emergency. Medical information includes your allergies, your Manitoba Health Services registration number, the current medications you are taking, and so on, which is important information that a First Responder may require. Even if you are unconscious or unable to otherwise respond to questions by ambulance, fire or police personnel, all the information they may require from you will be con-

tained in the Kit and available to them. It may result in quicker and more appropriate medical treatment or it may even save your life!  
 In the RM of Whitemouth, the RM of Reynolds, the RM of Lac du Bonnet, the Town of Lac du Bonnet and the LGD of Pinawa, you may obtain your Kit at your Municipal office or from the Services to Seniors office at 348-4610 or 345-1227. I believe that such an initiative is important and for that reason, I as your M.L.A., sponsored the Kits for distribution to those areas.  
 In the RM of Brokenhead, the Town of Beausejour, the Village of Garson and the U.V.D. of Tyndall, I spearheaded the formation and introduction of the E.R.I.K. Kits and the following community minded businesses sponsored the Kits: Cooperators Insur-

ance, Graves Insurance, Northern Lights Memorials, Russell Funeral Homes and Crematorium and Sobering Funeral Chapel and Crematorium. The E.R.I.K. Kit is available free of charge to anyone at the Constituency Office at 624 Park Avenue, Beausejour, 268-4664.  
 In Pine Falls, Powerview, St. George, Manigotogan and Bissett areas, these Kits may be obtained from your Services to Seniors Coordinator, Tina Polischuk at 367-9128.  
 If you have any questions regarding this article or any other issues in the Constituency, please feel free to contact me at 268-4664, write me at P.O. Box 490, Beausejour, Manitoba, R0E 0C0, e-mail me at hawranik@granite.mb.ca or visit my website at www.geraldhawranik.com.

## Lac du Bonnet Church Directory

**ABUNDANT LIFE CHAPEL**  
 Pastor Jeff Andrews, church 345-2934, home 345-1950  
 Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymns and prayer

**LUTHERAN CHURCH OF THE CROSS**  
 Church/office 345-8654  
 Sunday: 11:00 a.m. - worship service

**NOTRE DAME CATHOLIC CHURCH**  
 Father Richard Meachum, 345-2900  
 Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass  
 Pinawa (senior school): 9:15 a.m. - Sunday mass

**ST. JOHN'S ANGLICAN CHURCH**  
 Rev. Brian Rountree 367-8615, church 345-2357  
 Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

# Senior Service needs board members



Christine Polischuk, Winnipeg River Senior Service, call 367-9128

Hello! It's been some time

since I have submitted anything to the Echo, hope you all had a nice summer. I sure have with a month off this year. I would like to start by saying thank you to the Pine Falls Health Foundation for the donation towards the North Winnipeg Handian, with out it van may have had to be parked for a short period of time until we received our interim grant from Rural Development.

With regrets the board of Directors for the Winnipeg River Senior Service I have said goodbye to some long time board members. Thank you to Lorraine Carlson, Gunner Postnicks, Jan Roberts, Sharen Newton and Gordon Spence for your many years of

service and dedication to your comminutes.

Winnipeg River Senior Service is reaching out to the community in a need to recruit new board members. Are you interested in the well being of our senior, disabled persons as well as the mobility disadvantaged in our communities?

What Do Winnipeg River Senior Service Board Members Do?

- 1) Establishing and implementing the organization's purpose or mission
- 2) Setting the rate of progress, which the organization will undertake in achieving its purpose or mission.
- 3) Providing continuity for the governance and management of the organization's affairs.
- 4) Confirming the organization's identity within the community.

"The purpose of the Winnipeg River Senior Service is shall be to assist seniors and disabled persons of Pine falls, Powerview, Silver Falls, Broadlands/Chevrefils District, Whitemud/Leisure Falls,

St Georges, Stead Region and Great Falls to continue living independently an with dignity at home for as long as possible; to identify continually the needs of such persons and attempt to see that any identified

shortfalls in services are remedied"

The board of directors meets once month if you are interested in becoming a board director please call the office at 367-9128.

## Busing It

by Crystal Rattai

The school bus is different than a car because although you still need to be a careful passenger, you also need to think about how to get on and off the bus safely. Whether you ride the bus to school every day or just to track meets or field trips once in a while, it's important to follow these rules. Even if you're in a hurry to sit down with your friends, it's important to wait to get on the bus. As you see the bus coming near, you should get into a line. The line should start about 6 feet from the curb, and go back from the street, rather than down the side of the street. Wait until the bus stops, the driver opens the door, and he or she says it's OK to step on to the bus. This

is important! The driver is the only one who can really see all the traffic and make sure that it's safe for you to get on the bus. Be sure to listen to the driver's instructions every time you board.

### Rules for Bus Safety

As with riding in a car, the most important thing to do on the bus is buckle up (if the bus is equipped with seat belts). That's because it's just as important to be restrained when you're on the bus. If the bus is in an accident, the seat belt will keep you from bouncing all over the place. And it's important to play it cool when you're on the bus: no jumping around or running all over the bus. This can make it hard for the bus driver to concentrate and kids can get hurt. So after the bus ride, you arrive at your track meet or field trip, and you're eager to get off the bus! Not so fast - you have to pay attention when you're getting off the bus, too. When you step down, hold onto the handrail and be careful that your



backpack or book bag doesn't get caught on the rail or in the door. After you exit the bus, never walk behind it. If you have to walk in front of the bus, walk on the sidewalk next to the bus for at least 10 feet, make sure that the bus driver sees you, then cross. If you drop something as you cross the street, don't ever bend down to pick it up - the bus driver might not see you. Instead, tell the bus driver you dropped something. See how easy it is to be a safe passenger? Following these simple rules means you'll be more protected during a car or bus trip - and have more fun! So pack your bag, buckle up, and let's get on the road! Parents please remind your child of the rules for riding the bus so it is a safe experience for them.

## NEWS TIPS?

Call the Echo at 367-9468

*Scientific Marvel School*  
Of Hairstyling and Esthetics




# Enroll Now

For Fall/Winter Class in

- Hairstyling
- Nail tech
- Esthetics & Body

We are open to the public for hairstyling and skincare service  
*A career at your fingertips*


269 Kennedy Street Call (204) 943-2145

**The North Eastman Regional Parent-Child Centre Coalition**  
is accepting one-time applications for funding initiatives that support programming for families and children from birth to 5 years with a focus on

**PARENTING, NUTRITION, COMMUNITY CAPACITY BUILDING AND/OR LITERACY**  
in the North Eastman Region

Priority will be given to groups working in partnerships within their communities.

To obtain an information package, complete with application form and funding criteria  
**Phone 268-6025**  
**DEADLINE for receipt of application is October 15, 2002.**



### Southeast Blades 2002/03 Home Schedule

|              |     |                    |
|--------------|-----|--------------------|
| September 14 | vs. | Selkirk            |
| September 17 | vs. | Winkler            |
| October 2    | vs. | Winkler            |
| October 4    | vs. | Blues              |
| October 11   | vs. | Saints             |
| October 19   | vs. | OCN                |
| October 22   | vs. | Neepawa            |
| October 27   | vs. | Waywayseecappo     |
| October 29   | vs. | Portage la Prairie |
| November 1   | vs. | St. James          |
| November 6   | vs. | Neepawa            |
| November 9   | vs. | Saints             |
| November 12  | vs. | Winkler            |
| November 17  | vs. | Swan Valley        |
| November 19  | vs. | Portage la Prairie |
| November 22  | vs. | Blues              |
| November 24  | vs. | OCN                |
| November 26  | vs. | Dauphin            |
| December 13  | vs. | Blues              |
| January 4    | vs. | Selkirk            |
| January 14   | vs. | St. James          |
| January 17   | vs. | Blues              |
| January 19   | vs. | Swan Valley        |
| January 24   | vs. | Saints             |
| January 25   | vs. | Dauphin            |
| January 29   | vs. | St. James          |
| February 8   | vs. | Selkirk            |
| February 11  | vs. | Winkler            |
| February 15  | vs. | Selkirk            |
| February 21  | vs. | Waywayseecappo     |
| February 23  | vs. | St. James          |

# You are not alone

Sincg I was 12 years old, I've suffered with a condition called Trichotillomania, which is layman's terms for, Compulsive Hair Pulling. The physical devastation was severe, but the emotional damage was worse. When I was young, no one, including my doctor, knew how to help. I was alone.

Growing up, I didn't fit in anywhere and suffered great shame knowing I'd brought this affliction upon myself. My hands seemed to have a mind

of their own. "What's wrong with me," I'd often wonder. Sometimes, people inquired about my lack of eyelashes and eyebrows. It was tough being a teen without the added torment of my condition. Although I was lonely, I kept people at a distance. But each night, before I fell asleep, I'd pray for wisdom, and for God to send someone who understood.

In 1985, when I was 25, I read a letter, in Ann Landers,

from a mom whose child suffered from compulsive hair pulling. I could hardly believe my eyes. After all these years, I discovered, I was not alone. In fact, my condition even had a medical name. Ann Landers pointed out, over a million people suffered from this syndrome.

At that moment, my journey for healing began. I took small steps at first—telling only a few friends. Some said, "Ew", but others tried to understand. Then, they began to share their secrets with me. I learned to see myself the way God saw me, someone deserving of love.

Then one day, my miracle happened. A friend called with wonderful news. She'd just met a woman with Trich—someone just like me. She gave me her phone number. I was ecstatic. I quickly dialed, and

# ECHOES FROM THE Heart

from the minute Christina answered, we began to chat like old friends, both thrilled to find someone who understood our pain. We planned to meet soon, but in the mean time, she wanted to mail me some literature. When I gave her my address, she let out a piercing scream. Even though I resided in the lightly populated, rural area, of Soquel, California, it turned out, we lived only two houses away.

We immediately dropped our phones, and in the dark of the night, ran outside in our pajamas, where we hugged, cried and talked for hours. She shared her dream about opening a Trich. learning center,

and I shared mine—to write a book about my lonely experience. I felt I'd just met my long lost twin, someone who understood my pain and struggles. There was no doubt about it, I was looking into the eyes of a miracle.

When we walked back to my house, and into the light, Christina slowly lifted her long hair revealing patchy, bald spots. Then with a deep breath, I took off my makeup and let her see me as no one else ever had, not even my husband of 10 years. In that moment, I knew, my childhood prayer had been answered.

Yes, it was true. I was not alone.

## Pine Falls Community Billboard

**Fort Alexander Health Centre:** Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

**PACE 7-1375:** meets first Tuesday of the month. Chicken Chef. Powerview meeting room.

**Prenatal classes:** held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

**Library Allard:** Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

**Beaches Library:** Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.

**Knights of Columbus:** meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

**Silver Haven Club:** cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

**Pine Falls Health Auxiliary:** meetings first Tuesday of every month 1:30 p.m. **Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.

**Alcoholics Anonymous:** Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

**Pine Falls Legion:** meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

**Pine Falls Masonic Lodge #154:** meets second Friday of every month, Pine Falls United Church, except January and February.

**Badminton:** Pine Falls School gym, every Tuesday and Wednesday nights 7:00 to 10:00 p.m.

**Powerview garbage pickup** every Wednesday, recyclable pickup first and third Thursday of each month.

**PAA:** meeting first Tuesday of each month at 7:00 p.m.

**Village of Powerview:** meets second Tuesday of each month.

**Winnipeg River Senior Service Inc.** Coordinator Tina Poltschuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday.

Services: transportation, home maintenance, foot care, volunteer help, info. **Family Care Giver Support Group:** at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

**AA & Al-Anon - The Beaches family group:** Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Atchah Road, 756-8018 or 756-2101.

**Happy Tots Day Care** 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.

**Senior Scene Inc. #1 Atchah Rd., Victoria Beach:** General meetings second Tuesday of the month, 756-6468 for more info.

**Mental Illness Support Group:** meets second Wednesday of the month 7:00 p.m. Wings of Power office.

**Beaches HELP Centre (seniors service)** 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

**Powerview Parent Advisory Council:** meets first Thursday of every month.

**Great Falls Hall workers - Tuesdays and Thursdays** from 10:00 to 11:00 a.m.

**Pine Falls Library** open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

**Foster Homes** Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

## Winnipeg River Church Services

**NOTRE DAME DU LAUS:** Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon.

**PINE FALLS UNITED CHURCH:** Sunday service 11:00 a.m. Bonita E. Garrett, Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome. Sunday School, September 8 at 11:00 a.m., everyone welcome.

**PINE FALLS ANGLICAN CHURCH OF THE ADMENT:** Ph. 367-8347. Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

**ST. THERESA'S:** Masses at Notre Dame du Laus.

**ST. GEORGES:** Mass Sunday at 8:00 a.m. and 10:00 a.m.

**ST. JUDE'S ANGLICAN CHURCH** Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

**TRINITY EVANGELICAL LUTHERAN CHURCH** Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations) For info call 635-2625 or 754-8682.

**CHRISTIAN FAITH FELLOWSHIP - Bible study** 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

**HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m.** every Sunday, Scanterbury, on Hwy. #59.

**ST. MARGUERITE R.C. MISSION** Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

**ST. ALEXANDER R.C. CHURCH** located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

**ST. THERESA, R.C. MISSION** 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

**SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor)** Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

**CHRIST CHURCH ANGLICAN - Sunday** 2:30 p.m. at Hollow Water.

**GRACE BAPTIST CHURCH - Bible study, Wednesday** 7:30 p.m., call Pastor Todd, Gladly for information 367-2511.

# Is rest after an injured muscle a bad thing?

submitted by Jenny Terrio-Baturin of Pine Falls Physiotherapy

Contrary to popular belief, recent research shows that trying to work through an injured muscle may be the worst thing that you can do. Athletes who strain a muscle have long been advised to run through the pain, but researchers in Buffalo who used special equipment to measure what happens to injured muscles and joints drew the opposite conclusion. It may be better to lay off for a few days to speed up the healing process and to avoid further injury.

What happens with an injury? Often with injuries, there are microscopic tears in the muscle fibres. Strained mus-

cles can lose more than 20 per cent of their strength immediately after sustaining an injury.

For the first two days, the body compensates by changing its mechanism, particularly in runners. The body tries to protect the injured muscle by shifting its stress to other parts of the body, injuries will begin to show up in weak spots - an ankle are or in the bones of the foot; remember, these changes are multiplied by thousands of repetitions. The end result is often not immediate. It is a gradual process which may be undetected or the athlete may be aware of these changes for a longer period of time. On Day Three, the pain will peak and the muscle will begin to recover its

strength. Full recovery ranges from at least two weeks for a minor injury to six months for a serious sprain - the older you are, the longer it takes.

Because the muscle needs rest to heal properly, it is important to build up slowly and not to force it to its maximum until it is ready to cope with effort. This can often mean adaptations in your training program or a shorter workout during the week - you can also alter some of the flexibility or stretching exercises. As most athletes know, these changes can speed recovery and return to full activity.

Your physiotherapist can counsel you on exercises to strengthen the damaged area to regain full function.

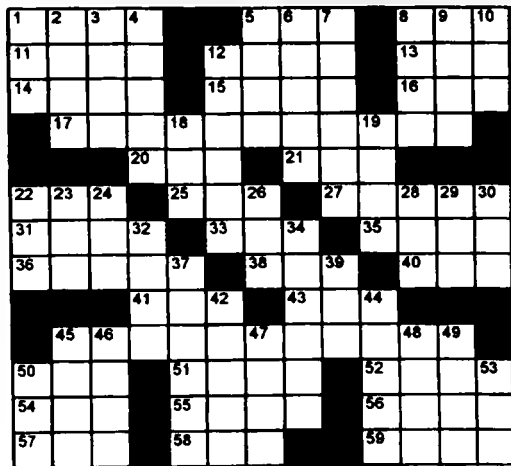
The  
Winnipeg  
River  
**Echo**

**QUESTIONS?  
COMMENTS?  
CONCERNS?**

Contact us at our office.  
**Powerview 367-9468, 56 Art Street  
Box 550, Pine Falls, MB R0E 1M0**

Email us at -  
**theecho@mb.sympatico.ca**

# WEEKLY CROSSWORD



- 25. Supplement
- 27. Mexican tree
- 31. Sharp pain
- 33. Greek underground movement
- 35. Literary society (abbr.)
- 36. Become cheerful
- 38. Small spot
- 40. Presidential advisors (abbr.)
- 41. Order (suff.)
- 43. Morindin
- 45. Fat removal
- 50. Band
- 51. Deity
- 52. Bookseller org. (abbr.)
- 54. "I love ewe" in sheep-talk
- 55. Macaque Indian
- 56. Fiji airport
- 57. Imitate
- 58. Japanese money
- 59. Bible giant

**ACROSS**

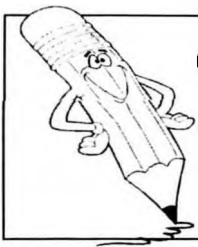
- 1. Fleet ballistic missile sub (init.)
- 5. Siamese linear unit
- 8. Goat's hair fabric
- 11. Narrow shoe width
- 12. Beetle
- 13. Storage pit (N.Z.)
- 14. Ape
- 15. Cushions
- 16. New Deal agency (inits.)
- 17. Crushed with sorrow
- 20. Burmese distance measure
- 21. Cup
- 22. Filipino yam

**DOWN**

- 1. Type of ammo (inits.)
- 2. Measure
- 3. Evil
- 4. Nymph

- 5. River
- 6. Vedic god
- 7. Loathsome
- 8. "Rule Britannia" composer
- 9. Suntan
- 10. Motorists' org.
- 12. Mental grasp
- 18. French island
- 19. Sumatran volcano
- 22. Bar code symbol (inits.)
- 23. Exclamation of contempt
- 24. Italian oil combine
- 26. Same (Rx abbr.)
- 28. Aircraft landing system (abbr.)
- 29. "Will Ye \_\_\_ Come Back?"
- 30. Palm leaf
- 32. Clench
- 34. Mother of Absalom & Tamar
- 37. Nodose
- 39. Swat
- 42. French river
- 44. Woody vine
- 45. Insect secretion
- 46. Dies \_\_\_ (Days of wrath)
- 47. North China
- 48. Coin
- 49. Nothing (Sp.)
- 50. Future CEO's deg.
- 51. Oak (Scot.)

**LAST WEEK'S ANSWERS**



## CRYPTIC PUZZLE

ZBY DXF ZGHH XF GHGJKXFZ LM  
 NGXPQ ZB DKXNOG RKGf KG  
 ZXSGM BYZ KLM PLFGN'M DHYT  
 DXNP.

Each letter represents another letter in the alphabet.  
 See if you can break the code to figure out the famous quotation

**Last Week's Solution**

IF YOU TICKLE A MULE HE MAY LIKE IT  
 BUT YOU WILL GET A FAR BIGGER KICK  
 OUT OF IT.

## WEEKLY ECHO HOROSCOPE

for the week of Sept. 16 to Sept. 22



**ARIES (Mar. 21- April 20)**

Changes in your residence may be financially favorable. Hassles with your boss are sure to erupt if you speak your mind. Property investments, insurance, tax rebates, or inheritance should bring you financial gains. Problems with female members of your family may play on your emotions.



**TAURUS (Apr. 21- may 21)**

This might not be a day for hasty decisions. You can make money through solid investment plans. Entertain those who can provide you with valuable information and knowledge. You may find that purchases or entertainment could be expensive.



**GEMINI (May 22-June 21)**

Don't allow colleagues to put unreasonable pressure on you. Don't consume more than necessary of a short supplied item. You will have extra energy; put it to good use. Pushy people must be kept at arm's length.



**CANCER (June 22-July 22)**

Partnerships will be successful. You may find yourself in a heated dispute with a friend if you try to change your mind. Don't ruffle the feathers of those you care about most. You will enjoy interaction with others this week.



**LEO (July 23-Aug 22)**

You will feel better about yourself and you may also meet potential lovers. Discord may arise with someone you're close to. It may be a disappointing day emotionally. Verbal abuse could lead to carelessness.



**VIRGO (Aug. 23 -Sept. 23)**

You will have to face each issue separately and in person. Don't hold back. You may experience financial loss if you don't use good judgment. You need to enjoy the company of those who enjoy the same pastimes.



**LIBRA (Sept. 24 -Oct. 23)**

Get involved in fitness programs that will bring you in contact with new friends. You will find that friends or relatives may not understand your needs. One-sided relationships are likely. You will find that joint ventures could easily turn out to be dead end projects.



**SCORPIO (Oct. 24 - Nov. 22)**

Any capricious behavior will confuse loved ones and your mood swings will result in loneliness. Don't let opposition from those envious of your talents daunt your progress. Use your creative talent in order to accomplish your goals. You have a lot to offer.



**SAGITTARIUS (Nov. 23 -Dec. 21)**

Avoid being overly opinionated or you will alienate friends. Friends and relatives may not understand your needs. Relationships may be hard to handle. Good friends will give you honest answers.



**CAPRICORN (Dec 22.- Jan. 20)**

Be prepared to neutralize any threats. You won't be able to keep a secret. You will find good buys and you will lift your spirits. Kick your shoes off and relax a bit this week, it will do you good.



**AQUARIUS (Jan. 21 -Feb. 19)**

You may have some time off but your thoughts will be on your work and your cash situation. Be careful when using machinery or electrical equipment. Get busy making those changes to your home. A need to express yourself may come out in creative ways.



**PISCES (Feb. 20-Mar. 20)**

Your romantic inclination should lead to a committed relationship. Visit friends you don't get to see that often. Escapist tendencies may lead to overindulgence. Don't be afraid to pursue unfamiliar grounds.

# Echo Classifieds

**Bankruptcy Info-line** - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

**Victoria Beach** - 3 bedroom, 2 bathroom house for rent in Victoria Beach. Comes with washer/dryer, fridge/stove, non smoker, no pets, call 756-3780.

**Great Falls Christmas Craft Sale.** Vendors needed for craft sale to be held, Saturday November 23rd, 2002, from 10am to 4 pm, at the Great Falls Hall. Table rental is \$20.00, plus a donation to the silent auction, canteen available, non-smoking hall. For more information please call-Pat@367-2998.



**37 Silver Dale, Silver Falls, between Lac du Bonnet and Powerview.** Immaculate 3+ bedrooms, Rec with OFP, full, ensuite and 2 - 2pce. baths, Central Air, Wood/Electric furnace, double attached garage. \$84,900, call Wayne Goodman 204-482-7355 Evan Kruetzer Real Estate Services Inc.



### Chevrefils-Oman

Richard and Annette Chevrefils, are pleased to announce the engagement of their daughter Coleen, to Michael Oman son of Forrest and Noella Oman. A June 2003 wedding is being planned.

**Apartments for Rent** - One bedroom apartment for rent in Powerview. New paint, new carpet, new counter top, preferably a non-smoker, for rental application call 367-4922 after 6:00 p.m.

**House for Rent or Sale in Pine Falls:** 2 storey, 3 bedroom, insulated detached garage, approximately 1200 sq. ft. call Scott at 367-5317 (days) or 367-2164 (after 6:00pm).

**1995 Ford Taurus LX Sedan** Aut - 463.0 L - Loaded, Safetied, Very Good Condition, \$5600.00 call 367-2493.



**Boat** - 17 ft. Alumacraft boat, 100 HP Merc outboard, Shorelander trailer, \$13,500, excellent condition. Call 367-9284.

**Handyman Wanted**- required to do cottage repairs, roofing in the Silver Falls area, call Al weekdays at 367-8010 or weekends at 339-2700.

### Tribute to Ag

I have been married to this girl for 43 years, September 19th. She is a great woman! She has been my lover, my friend when I needed her, my councillor - she kept me out of debt, my advisor and a #1 wife. Her meals would be #1 in any book. She has the best egg salad sandwiches and her hams are to die for. She has needle-point hung with pride in our home. This is my Ag - Top cleaner, garden specialist, flower specialist, painting - my boss, being a little millwright - this is my Ag. Mother to two and Nanny to four, she still has time for me. I know I owe you forty three years, Ag I love you.

Shack

## NOMINATIONS

### SUNRISE SCHOOL DIVISION PROVINCE OF MANITOBA

NOTICE IS HEREBY GIVEN that on **September 25, 26, 27, 30, and October 1, 2002** between the hours of 8:30 in the forenoon and 4:30 in the afternoon, (Closed at Noon 12-1) at the Sunrise School Division office located at 74 Fifth St. South, in the town of Beausejour, I will receive Nominations for the office of:

|                              |                          |
|------------------------------|--------------------------|
| <b>WARD #1 - ONE TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 13: Whitemouth          | Poll 16: River Hills     |
| Poll 14: Rennie              | Poll 20: Elma            |
| Poll 15: Prawda              | Poll 21: East Braintree  |
| <b>WARD #2 - ONE TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 3C, 5B, 5D, 5F          | Anola                    |
| 4A, 4B, 4C, 4D, 4E           | Hazelridge               |
| <b>WARD #3 - ONE TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 1B, 5E, 5B              | Dugald                   |
| 1C, 5C, 5H, 3B               | Cook's Creek             |
| <b>WARD #4 - TWO TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 1A, 3A                  | Oakbank                  |
| <b>WARD #5 - ONE TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 1A                      | Beausejour A-L           |
| <b>WARD #6 - ONE TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 2:                      | Garson                   |
| Poll 3:                      | Tyndall                  |
| Poll 4A:                     | RM of Brokenhead A-L     |
| Poll 4B:                     | RM of Brokenhead M-Z     |
| <b>WARD #7 - ONE TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 6:                      | St. Clements             |
| Poll 7:                      | Powerview                |
| Poll 8:                      | St. Georges              |
| <b>WARD #8 - ONE TRUSTEE</b> |                          |
| Voting Places:               |                          |
| Poll 11:                     | Lac du Bonnet (Village)  |
| Poll 12A:                    | RM of LdB A-L            |
| Poll 9:                      | Great Falls/Silver Falls |
| Poll 10:                     | Stead                    |
| Poll 12B:                    | RM of LdB M-Z            |
| Poll 19:                     | Woodrow                  |

Of the aforesaid Local Authority, for a four year term, commencing the first meeting after the October 23rd, 2002 election. All nominations shall be made in writing and shall be signed by at least twenty-five electors, or NOT less than 1% of the electors (whichever is the lesser) of the authority or ward (as the case may be) but in all cases by at least two electors. Each nomination shall be accompanied by a written acceptance thereof by the candidate and also by the candidates' declaration of qualification duly signed and attested.

Nomination papers may be obtained upon application from: the Returning Officer (268-3219), OR Deputy Returning Officer (635-2128), OR from the Sunrise School Division Office, 75 Fifth St. South, Beausejour, Manitoba (268-6500).

Dated at Beausejour, in the province of Manitoba, this 21st day of August 2002.

|   |  |
|---|--|
| <b>Mrs. Diana Harasid</b><br>RETURNING OFFICER<br>SUNRISE SCHOOL DIVISION | <b>Mrs. Diana Gunning</b><br>DEPUTY RETURNING OFFICER<br>SUNRISE SCHOOL DIVISION |
|---|--|

## UNDER THE PLANNING ACT NOTICE OF PUBLIC HEARING REGARDING BY-LAW 13/02

The Council of the Rural Municipality of Alexander under the authority of The Planning Act will hold a PUBLIC HEARING at the office of the Municipality at St. Georges, Manitoba on the 8th day of objections from any persons who wish to make them in respect of By-law number 13/02 to amend the R.M. Of Alexander Zoning By-Law number 08/98 as amended.

A copy of the above noted By-law of the Rural Municipality of Alexander and supporting material may be inspected by any person during regular office hours from 8:30 a.m. To 4:30 p.m. Monday to Friday at the office of the Municipality at St. Georges Manitoba.

(1) The general intent of By-law 13/02 of the Rural Municipality of Alexander is to amend Zoning By-law Map 7-0 in order that the areas described as follows:

(a) Part River Lot 14, Township 18, Range 10 E.P.M. And part Road Plan 2403 (to be closed)

And shown outlined by a heavy broken line on Appendix "A", attached hereto, presently zoned "A40" Limited Agriculture be hereby re-zoned to "RG" General Residential.

(b) Pt. Water Storage Plan 5165

And shown outlined by a heavy broken line on Appendix "A", attached hereto, presently zoned "A40" Limited Agriculture be hereby re-zoned to "OS" Open Space.

**Appendix "A"**

Attached to By-law number 13/02 of the Rural Municipality of Alexander amending Map 7-0 of By-law 8/98 being the Rural Municipality of Alexander Zoning By-law as amended.

Legend:

|     |                                |
|-----|--------------------------------|
| RG  | "RG" General Residential Zone  |
| OS  | "OS" Open Space Shoreland Zone |
| --- | Limits of area affected        |

August 15, 2002  
 Scale: 1" = 400'  
 MANITOBA INTERGOVERNMENTAL AFFAIRS  
 Dist. Number 600-68-228

# Echo

One Year  
Subscription  
One Low Price  
**\$30.00**

56 Art Street,  
Powerview  
367-9468  
Email  
thecho@  
mb.sympatico.ca

**Card of thanks**

The family of the late Genevieve Guimond would like to express their gratitude to all family, relatives, and community members for their kind and thoughtful deeds during her passing. We thank you for spending time with us, also, for all the kind and loving words, cards, and beautiful flowers. The generous donations of food were much appreciated also. We also thank the Pine Falls Hospital staff of Dr. Van Rooyen and nurses for taking good care of our mother.

A heartfelt thank you also to Father Laval Cloutier for his kind, loving guidance and support and to Father Jim of Powerview who also was with the family to pray and administer the Holy Bread. We also want to thank everyone who still continue to offer condolences since our loss.

Kitchi-Miigwetch to all!  
Genevieve Guimond: January 20, 1914 to July 30, 2002.

**Card of thanks**

A big thank you is extended to all the local businesses, our friends, family, neighbours and co-workers who pledged us for participating in the Riding Mountain Challenge MS Bike Tour.

All money raised supports research to finding a cure for Multiple Sclerosis and to provide sources for those affected by this disease.

Thanks Again,  
Paul & Jan Robert and Angie & Rheel Nault

Special thanks to my son George and daughter in law Pat, for my 80th birthday party.

Also special thanks to my family and friends who attended, you made my birthday a very special day.

Pauline Wolchuk

**Card of thanks**

As a member of the Pine Falls Seniors, I have to say thank you to Gerry Gauthier and Dave Middleton for the Bang up job they did with the Pine Falls Seniors this past season. I have been a member of Pine Falls Golf Club for 29 years and I have never seen the array of prizes Gerry got for our final golf wind-up. In conclusion great season! Thanks to Gerry and Dave.

Shack

# Lac du Bonnet RCMP Report

from page 10

Ridge by his mother, where he was arrested and escorted to the youth centre.

September 12:

A report of vehicles being operated carelessly in the town of Lac du Bonnet by two female drivers. This was reported after the fact.

A report of a vehicle being unlawfully parked on 5th Street in Lac du Bonnet. Property owner will follow up with the owner of the vehicle prior to police involvement.

A report of a break and enter to four cottages in the Brereton Lake area of the Whiteshell Provincial Park. These took place since the 10th of September and it appeared that the

boat and motor was missing from one of the locations.

A report of paving being done too late into the evening in the town of Lac du Bonnet. Police followed up with the pavers and the activity was terminated.

September 13:

A report of an adult male being found deceased in his residence on Edward Crescent in the RM of Lac du Bonnet. Police investigation revealed that the matter was very likely due to natural causes and no foul play indicated.

A report of a vehicle being hit by a hit and run driver while parked at Seven Sisters, and sustaining damage to the left front fender.

## BUSINESS DIRECTORY

**SUBWAY**  
98 Third Street, Lac du Bonnet  
Phone 345-6100  
NEW WINTER HOURS  
OPEN: Sunday to Thursday 9 a.m. to 9 p.m.  
Friday to Saturday 9 a.m. to 11 p.m.

**Jen. C. Phillips RMT**  
Licensed Massage Therapist  
CranioSacral Therapy Level 1 & 2  
Hermetic/Reiki Massage Therapy  
204-367-2141  
at Through the Arbor, Pine Falls

**KAY**  
INSURANCE AGENCIES LTD.  
Robert D. (Bob) McKay  
Business and  
Personal Insurance Planning  
#1 Park Avenue, Lac du Bonnet  
Residential, Commercial  
Farm, Life, Disability  
Investments  
345-8196  
Toll free: 1-888-345-8196

To book  
this space  
call  
367-9468

**magk**  
Financial  
Solutions Ltd.  
Steve Kulyk  
Financial Advisor  
\*\*\*NEW OFFICE LOCATED AT\*\*\*  
2 McDougall in St. Georges 367-9572  
Winnipeg Toll Free 1-888-665-0649  
Serving Pine Falls and surrounding  
areas since 1995

## DD's Audio Video Services Ltd.

Get Bell ExpressVu... digital satellite for television viewing and internet connection or  
For business... get DirecWay for fast 2-Way High Speed Internet using no phone lines.  
Contact Don at 367-8323  
dishman@mb.sympatico.ca

**KEN'S EAVESTROUGHING**  
KEN DANWICH  
204-756-2709 or 204-754-7015  
5 INCH  
CONTINUOUS EAVESTROUGHING  
FASSICA - SOFFIT - PRE-PAINTED COLORS  
FREE ESTIMATES

# The Winnipeg River Echo

CLASSIFIEDS

**\$4.50**

REALTY  
FOR SALE  
FOR RENT  
WANTED  
HELP WANTED  
CARDS OF THANKS  
IN MEMORIAMS  
LOST and FOUND  
SERVICES  
EMPLOYMENT  
for the first  
25 words  
15¢ per  
additional  
word

DEADLINE  
FRIDAY 3:00 P.M.

Call our office  
56 Art Street  
Powerview  
Phone 367-9468  
Fax 367-9974

Box 550,  
Pine Falls, MB  
R0E 1M0

**Sunrise School Division**  
**SNOW CLEARANCE TENDER**  
SEALED tenders will be received by the undersigned until 12:00 noon, Friday, September 27, 2002 for removal of snow for the 2002-2003 season from parking lots and driveways for the following schools in the Sunrise School Division:  
Beausejour Elementary School, Bus Garage - Beausejour, Administration Office - Beausejour, Edward Schreyer School - Beausejour, Agassiz Adult Education - Beausejour, Gillis School - Tyndall, Powerview School, Empower - Pine Falls, Lac du Bonnet Senior and Centennial Schools - Lac du Bonnet, Whitemouth School and Reynolds School.  
Specifications and tender forms are available at the office of the Maintenance Supervisor, 75 Fifth Street South, Beausejour, Manitoba during regular office hours, Monday to Friday.  
TENDERS will be accepted on individual schools or the complete group of schools.  
Tender forms may be submitted by fax to: (204) 268-4149. Lowest or any tender not necessarily accepted. Please mark envelope "Snow Clearing Tender".  
Mr. Derrick Ryback  
Maintenance Supervisor  
Sunrise School Division  
Box 1206, Beausejour, MB R0E 0C0  
September 11, 2002.

# BUSINESSES

Interested in seeing your business appear in the Winnipeg River Echo Business Directory?

## Low Low Rates

Rates as low as \$3.37/per week,  
call for more information.  
367-9974

For All Your Grocery & Clothing Needs

**PINE FALLS 367-2372**



**DAVE'S NEW & USED FURNITURE**  
 JVC • MONTPOINT • DE • SUNLIER • BERTA BEDROOM

"For the Best Quality New & Used Furniture & Appliances... Call us First!"

**367-2460**  
 21 Art Street, Powerview  
 Mon to Fri 10 am - 5 pm • Sat 10 am - 3 pm

**Country Concepts**  
 Ladies Wear & Accessories

**367-2248**  
 Located at Pine Falls Post Office Building

**Rusty Nail Tavern**  
 Cold Beer Vendor

Located at the Powerview Hotel on Art Street, Powerview

**367-4317**

**Rusty Spoon Diner** 367-4895

**RAPID Water Sales**

Distributor of Simply Natural Water

Business Hours: Mon. - Fri. 9am to 6pm, Saturday 12pm to 5pm

Call 367-2352  
 Located on Highway 11

**BRYAN M. DAIEN Denturist**

**Celebrating 15 years in business**

Complete/Partial Dentures  
 Repairs while you wait  
 Relines (one hour)  
 Extractions/Restorations Arranged  
**SENIORS DISCOUNT**

**ON-SITE LAB**  
 37 Third St. S. Beausejour

District Health Centre  
 Lac du Bonnet  
 2nd and 4th Tuesday of each month  
**268-3488**

**Sunrise Bakery**

Powerview Lac du Bonnet

Edible Image CAKES

**NEW STORE HOURS**  
 Tuesday to Friday 8:00 a.m. to 6:00 p.m.  
 Saturday 8:00 a.m. to 5:30 p.m.  
**367-8019**  
 Lac du Bonnet  
**345-2593**  
 Don't be disappointed Order ahead

**Great Falls Foods**  
 Highway 11, Great Falls  
**367-2976**  
**OPEN 7 DAYS A WEEK**

See us for your custom cutting and smoking needs, both domestic and wild meat, or supplies for home use.

**Having a Social Function?**  
 Call us to look after everything for you Ask us about delivery

**The House of Quality**

**Powerview Dental Centre**  
 Hwy 11 - Municipal Building  
 Monday - Friday 9:30 a.m. to 4:30 p.m.

**Dr. Mark Karpa & Associates**

General & Cosmetic Dentistry.  
 Periodontal maintenance therapy available daily!

Emergency Care  
 New patients welcome

**367-2815**

CERTIFIED ESTHETICIAN

**Time "Jess" For You**

Facials • Manicures • Pedicures • Massage  
 Make-up • Waxing • Body Treatments

48 Art St. Powerview MB  
 204-367-2941

Open Mon. - Fri.  
 10:00am to 5:00pm

**Lakeview STEAKHOUSE**

57 Park Avenue, Lac du Bonnet  
 Phone 345-8661

**PINE FALLS SERVICE CENTRE**

Monday to Saturday  
 6:00 a.m. to 12:00 midnight  
 Sunday 8:00 a.m. to 12:00 midnight

**SUBWAY**

Subway open 7 days a week  
 from 10:00 a.m. to 11:30 p.m.  
**367-8803**

**Kevin McDonald**

**LEVINE, LEVENE & TADMAN**  
 Barristers & Solicitors

Lac du Bonnet every Tuesday  
 at Allan Helm Agencies  
 28 McArthur Avenue  
 11:00 a.m. to 1:00 p.m.

Powerview every Tuesday  
 at Powerview Agencies  
 3:00 to 7:00 p.m.

Lac du Bonnet 345-8479  
 Powerview 367-2355 8150  
 or Winnipeg 1-204-957-6408

**Esser Chiropractic Health Centre**  
 Corner of PTH 11 and Church Street (beside Papineau Motors)

- Autopac
- Blue Cross
- Veteran's Affairs
- Worker's Compensation

**Phone 367-4858**

No referral required Please call for appointment

Enjoy dual satellite reception.

Available at

**DAVE'S NEW & USED FURNITURE**  
 21 Art Street, Powerview, MB

Contact  
**Dave or Warren 367-2460**

The shape of the future.

**Sok's-Service**  
 NORCO DISTRIBUTOR

- ✓ BICYCLES
- ✓ RENOVATIONS
- ✓ ROOFING
- ✓ REPAIRS

Gord Sokoloski  
 Telephone (204) 367-2660

MacDonald Brown

**Rentals**  
 Hillside Beach  
 756-8184

**DR. ARNOLD ANDERSON**

**LAB ON SITE**

Optometrist  
 Contact Lenses and Eyeglass Fittings

**MANITOU LODGE PINE FALLS 367-2390**

Monday - Friday 9:00 a.m. - 5:00 p.m.  
 Open noon hours  
 Tuesday, Wednesday, Friday

Examinations done on Thursday

TRY YOUR DRUGSTORE *first*

**PINE PHARMACY**  
 Open Monday to Saturday  
 9:30 a.m. to 5:30 p.m.  
**367-2611**  
 DISPENSARY  
**367-2517**

**BIRCHWOOD MOTOR HOTEL**

- 16 Modern Units
- Hot tubs
- Dining Room
- Beverage Room
- Meeting Rooms
- Fully Licensed

Traverse Bay  
**756-2596**

**OPEN YEAR ROUND**

**DAVID BULLMAN**  
 GENERAL CONTRACTING  
 Commercial & Residential

- New Home Construction
- Carpentry
- Concrete Work
- Window Replacement
- Vinyl Siding
- Aluminum Soffit & Fascia
- Plumbing
- Roofing, etc.

"No Job Too Big or Small" Over 30 Years Experience in Building Construction  
**268-3465 or 367-2763**

**DARREL J. TARRANT**  
 CHARTERED ACCOUNTANT

Full Time office at Powerview Agencies, Highway 11  
 Ph. 367-9193, Fax 367-8616

New location at Shoreline Realty  
 at McArthur Avenue and Second Street, Lac du Bonnet  
 Wednesdays and by appointment, Ph. 345-9771

Personal Income Tax Planning and Preparation  
 Corporate/Business Accounting  
 Financial Statements, Audits, Tax Planning and Compliance

**LINDA BOEL HAPKO**  
 (204) 989-6900 (24 hr.)

Fax (204) 257-6382  
 Toll Free 1-866-989-6900  
 email: lnhapko@escape.ca  
 Lac du Bonnet 345-0056  
 48 Park Avenue

**ROYAL LEPAGE**

The premier Real Estate  
 INDEPENDENTLY OWNED AND OPERATED BROKER  
 1549 St. Mary's Road  
 WPG, Manitoba R2M 5G9

**Dr. Alan Grant FORT ALEXANDER DENTAL CLINIC 367-2208**

Tuesday to Friday  
 9:00 a.m. to 5:00 p.m.  
 New Patients Always Welcome!

Windshield Replacement & Repair  
 All Your Auto Body Needs  
 Courtesy Care

**powerfalls AUTO BODY**

Box 187  
 Powerview MB  
 R2E 1P0

Phone 367-2877  
 Fax 367-2338

**DENIS LABOSSIERE**  
**LAWYER**

Every Second Tuesday  
 at St. Georges  
 Community Centre

**CALL 925-1900**  
 for appointment

**Papertown Motor Inn**  
 367-2261

Deluxe Jacuzzi Rooms  
 Licensed Family Dining Room  
 Banquet Facilities  
 V.I.T.A. Beer Store  
 Hot tub

Home or Night Club

**TWISTERS WATER PARK**

1 Mile East of Pine Falls, Hwy 304 & 11

**Manitou Lodge**

Coachroom Restaurant & Lounge  
 Open 7:00 a.m. to 10:00 p.m.

**367-2252** Wood Stone Baked  
 TAKE OUT PIZZA  
 Thick Crust of The Classic Coachroom Crust

**Sawbuck DELIVERIES**  
 Serving Pine Falls & Surrounding Area

**Will deliver**  
 Groceries  
 Furniture  
 Prescriptions  
 Major Appliances  
 Plus much much more

Call for all your deliveries  
**1-204-367-9284**

**Broadlands Mall**

Convenience Store/Gas  
 Movie Rentals  
 Open Daily 7 am - 11 pm

Restaurant  
 Daily Specials  
 Open 6 am - 10 pm

**367-4484**

**Clark's Corner**  
 DOMO Service Station  
 Convenience Store  
 Restaurant  
 Chester Fried Chicken

**367-2238**  
 Located at corner of Highways 11 and 304