



The Winnipeg River Echo



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New proposed federal election boundaries announced for Provencher

Release
Under Canadian law, every 10 years new federal election boundaries are proposed. On August 9th, Manitoba's Federal Electoral Boundaries Commission released the proposed new federal election boundaries for our province. It has been proposed that the federal riding of Provencher be changed to include the communities and region of Pine Falls, Powerview, St-Georges and Great Falls, which are currently in the federal riding of Churchill. However, the Rural Municipality of Rhineland and the towns of Altona, Gretna and Plum Coulee would leave Provencher and join the federal riding of Portage-Lisgar. These new boundaries would come into effect in respect of a federal election held after June of 2004.

As the Member of Parliament for Provencher, I feel it is important that you are aware of these potential changes. The residents of your region have contributed much to the success of Manitoba and Canada and it is important that you have the opportunity to be heard regarding these proposed changes. I have been in touch with many of the effected reeves, mayors and councilors regarding this change and I expect to discuss this matter with them on a more formal basis in the near future. As part of the review process, hearings will be held that will allow individuals to make submissions on the proposed changes. These hearings and submissions are important because they will be considered in making the final federal

boundary recommendations. As well, I am interested in hearing input directly as the views of elected provincial and municipal representatives as well as those of concerned citizens will form the basis of my submission to the Boundaries Commission. The Commission will be holding public hearings in Winnipeg on October 10th and October 22nd, in Portage la Prairie and Brandon on October 15th and in Steinbach on October 17th. Citizens can make a presentation at any of these public hearings or can mail, fax or e-mail written submissions to the Commission if unable to personally attend hearings. If you would like more specific information about how to go about making a submission or attending a hearing, please feel free to contact my offices

in Steinbach, Altona or Lac du Bonnet. Additional information can also be found on the Elections Canada Web site at www.elections.ca. I look forward to hearing your comments on this important issue. Please feel free to contact my office if you have any concerns or issues you would like

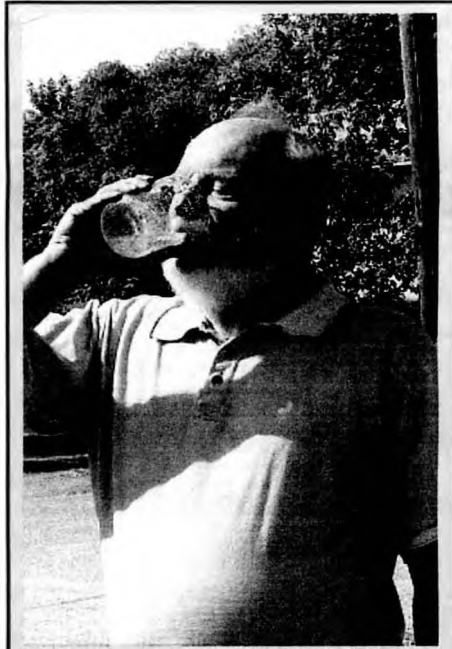
to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Altona at 204-324-9709 or in Lac du Bonnet at 204-345-9762. You may write me at Box 2470, Steinbach, MB R0A 2A0, by fax at 204-346-9874 or by e-mail at toewsvl@mts.net

RM plans water treatment plant

by Charles Norman
The RM of Alexander is planning the construction of a water treatment plant and distribution system to treat drinking water for those residents who take their water from the Winnipeg River. Project cost is estimated to be \$4.5 million. The RM will be holding a public meeting in September to inform ratepayers and to get feedback on the desirability of going ahead. Providing the feedback is positive, engineering design will start immediately and construction could begin in the spring. A five year construction schedule is anticipated. The plant will be built close to Nathan Chevreffils Creek and have a capacity of about 185 gallons per minute. Distribution mains to Silver Falls

and Great Falls upstream, and to St. Georges, The Pine Falls Generating Station and Broadlands, downstream of the plant should be completed in 2007. The plant will use a state-of-the-art treatment process. Disinfection will be by the traditional chlorine process plus the comparatively new ultraviolet (UV) radiation treatment system. Chlorine kills bacteria, but is not very effective against the spores of giardia and cryptosporidium which cause severe and painful gastrointestinal diseases, dehydration and, if untreated can cause death in the very old and very young. UV radiation does not kill these spores but does render them incapable of reproduction. Thus they cannot multiply in the gut. They

pass through harmlessly. Some chlorine is needed to provide a residual disinfection in case of recontamination. The plant will remove taste odour, colour and turbidity from the river water by the usual combination of flocculation, sedimentation and filtration. Surprisingly, the Winnipeg River is difficult to treat because it is comparatively clean. The normal flocculation process uses a chemical, usually aluminum sulphate (alum) which causes particles in the water to stick together, i.e. form a floc. The floc settles to the bottom of a sedimentation basin and the clear water overflows to a filter. It works well if there is a seed for the floc to coagulate on. See RM PLANS/page 4



Put your water where your mouth is!

Charles Norman of the Winnipeg River Echo demonstrates that it is safe to drink the Winnipeg River water, if treated. It seems that some readers were confused with last week's story "Winnipeg River Not Safe to Drink", thinking all river water was unsafe, this is not the case. See article on page 9 by Brian Kotak for further information on treated water.



ECHO MAIL:

Letters to the Editor

Email: theecho@mb.sympatico.ca

Box 550
Pine Falls, MB
Ph: 367-9468
Fax: 367-9974

Sensational Headlines

Mr. Charles Norman:
The Winnipeg River Echo
Vol. 3, No. 12 August 13,
2002, "Winnipeg River not
safe to drink"

A sensational front page headline no doubt helps to sell newspapers but please don't obscure the facts. The Manitoba Public Health Act states, as you also stated in your article that "All surface water (which the Winnipeg River is, or any river for that matter) shall be considered unsafe for domestic purposes unless boiled, chlorinated, or otherwise disinfected..." In conversation with an environmental officer he stated, "It is not unusual to find coliform bacteria in raw water, in fact it is to be expected." When you consider what raw water is this makes perfect sense, fish live and die in it, animals live by it, and on July 10, 2002 when the water samples were taken by Mr. Ed Forsyth, fishflies by the millions were dying in it. Also a water sample by its nature is merely a snapshot of water at the instant it is taken. So where you received a coliform level one day, you may, and quite

likely would get a different or no coliform reading on another day. I asked at the R.M. office if they were going to get samples retested at the sites that failed. They told me they have no intention of doing so, though on the Environ*Test report there is a coupon that says "Please remit this coupon for a FREE resample of Sample Number..."

You also failed to mention in your article that only two of the treated samples failed and the operators of that system quickly rectified the problem in their "treatment" process when they became aware of it. The raw water samples ranged from 24 - 200 ppm coliform bacteria, I am personally aware of raw water samples taken from the Winnipeg River that have less than one or zero ppm coliform bacteria. You stated that "a sample was taken from the intake area of the St. Georges Pumphouse to test for Giardia levels (cause of beaver fever) and the test came back positive." What you failed to point out was that all water samples from the St. Georges Pumphouse passed

and were deemed safe, which proves that their treatment system is working within provincial guidelines and we have nothing to worry about when "surface water is chlorinated, or otherwise disinfected."

So if you choose to use water from the Winnipeg River, raw surface water, you should expect to "boil, chlorinate, or otherwise disinfect it." Our Reeve, George Harbottle (Environ*Test #02-A48085 coliform 200 ppm), our Ward Three Councillor, Ed Forsyth (Environ*Test #02-A48094 coliform 24 ppm) and our RM Administrator Rose Blanchette (Environ*Test #02-A48083 coliform 200 ppm, ecoli 2 ppm) who choose to use "surface water" should not be surprised, but should expect to have coliform and/or ecoli levels in their water from time to time. They should not pursue political agendas they may or may not have by using you and your paper as pawns with sensational front page headlines.

Travis Duff

EDITOR'S NOTE:

We make no apology for warning people that, untreated the Winnipeg River is not safe for drinking or bathing babies.

It is our responsibility to keep people informed, especially in view of the fact that the North Eastman Health Authority has not done so.

Lac du Bonnet Community Centre News

Wow, have you seen the new parking lot? What a great difference! It certainly will save on the floors (& your dress shoes). But, of course this didn't happen for free; so once again the Lac du Bonnet Community Centre Fund Raising Committee has opted to produce a Community Cash Calendar. Our theme this year is "People in Our Neighbourhood". We would very much appreciate the community's assistance in gathering photos of people participating in local events or family gatherings. We will publish as many photos as possible.

Photos can be dropped off at True Value. Please provide any descriptive information and to whom the photo should be returned.

If any of the local organizations would like to provide us with dates of upcoming events/meetings etc., please do so as soon as possible so they can be included in the calendar. Also, anyone wishing to advertise (fees applicable), please contact Lois Byron at 345-8481 or Betty Edkins at 345-8668.

Pretty soon the centre will be up & running full time with bowling & curling leagues getting back into the swing of things. Hope to see you there.

NEWS TIPS?

Call the Echo 367-9468

Hawaiian Style Luau

At Library Allard
Thursday, August 22, 2002

The Fun Starts at 1:00pm

Music, Games, Fun for
Children of All Ages

Free Hotdogs & Drinks

It's a Party

BINGO

COMBINED ACCUMULATOR

Bonanza \$10154

starting value this week if won POT STARTS AT \$500
Add 50% of sales on Monday
if not won carry over total
plus 50% of sales to Thursday

IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL

FOR UPDATES CALL 345-8619

<p>Lakers Ski Club Lac du Bonnet Community Centre Warm-Ups 7:00 p.m.</p> <p>Mini Loonie \$551 starting value this week if won POT STARTS AT \$500 Lot. Lic. 874 Every Thursday Evening</p>	<p>Bonus Line - \$72.00 Star - 1590.00 Loonie Pot - .00 Poker Flush - 10291.00 Special "Y" - 826.00</p> <p>Lucky 7 \$1088 in 25 numbers POT PRIZES AT \$500000 if won POT STARTS AT \$500 in 17 numbers or less Add one \$ plus 30% of sales</p>
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FOR UPDATES CALL 345-6197

<p>Royal Canadian Legion #164 Lac du Bonnet Legion Hall Specials 7:00 p.m. Every Monday Evening</p>	<p>Bonus Line - \$2602.00 Star - 575.00 Lucky 7 - 441.00 Full House - 358.00 Mini Loonie - 377.00 Poker Flush - 1000.00 #1 Loonie - .00 #2 Loonie - 2042.00 Jackpot Strip - 284.00</p>
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<p>Publisher Valerie Anderson</p> <p>Writers Charles Norman, Shawn Tester, Cindy Kellendonk</p> <p>Office Linda Malo</p> <p>Production/Art Design Lori Pachkowsky</p>	<p>SUBSCRIPTIONS Local Rate: \$34.20 National & Urban Rate: \$39.90 Foreign Rate: \$102.60 (prices include PST & GST)</p> <p style="font-size: x-small;">2nd class mail #1763687 (Passage paid in Pine Falls)</p>	<p>P.O. Box 550, Pine Falls, MB ROE 1M0 56 Art Street, Powerview, MB e-mail: theecho@mb.sympatico.ca</p> <p>Powerview Office Ph: 367-9468 Fax: 367-9974</p>
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The
Winnipeg
River Echo

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Hikers on Pinawa trails mark opening of the Trans Canada Trail

More than 200 sets of footprints and bike tracks left their mark on Pinawa Trails this last Sunday as Pinawa celebrated the completion of the Pinawa section of the Trans Canada Trail (TCT).

Pinawa's section of the Trans Canada Trail (TCT) is the first western leg west of Ontario that has been opened. The 26 km trail features the Canadian Shield in a showcase of pristine riverside beauty and natural power. The Pinawa Trail extends from Seven Sisters Generating Station along side the Winnipeg River, then up and over the rushing waters on a new suspension bridge and then on to the old Pinawa Dam at the Pinawa Dam Provincial Park.

Pinawa Trails Association established a contract to receive assistance to fund trail improvements through the Manitoba Recreational Trails Association (MRTA). The Pinawa event officially opened the trail to kick-start the TCT in Manitoba. Trailpaq Go For Green assisted with event expenses. "Swamps were our biggest challenge," says Marsha Sheppard of the Pinawa Trails Association. "The first task was creating bridges and elevating some areas for dry passage. Completion of the Suspension Bridge Pavilion was another major accomplishment."

After a ribbon cutting ceremony at the Pinawa Sundial Park, tours explored the Ironwood Trail, Old Pinawa route and TCT along the Pinawa Channel to the Suspension Bridge's new Pavilion. Shuttle busses brought walkers back to town to enjoy Pinawa's Street Market and local services.

Gerald Hawranik, MLA for Lac du Bonnet shared in the celebration. "The event allows Pinawa, because of the trail and the number of people who were there during the opening, the chance to showcase its potential for economic development to people from outside of the area and of course the natural beauty that exists there."

Vic Toews, MP for Provencher was also in attendance and expressed a great interest in Pinawa's Trails. "I was pleased to participate in the opening of the Pinawa section of the Trans-Canada trail. After the ribbon cutting ceremony I had the opportunity to walk along a portion of the trail along with a number of other individuals, including Mayor Len Simpson. The trail will provide an enjoyable pastime for residents and visitors alike. The portion of the trail that I walked extends along the Winnipeg River and highlights some of the prettiest sections of the river, all near the town site. Although this portion of

the trail is one small part of the extensive system that is being developed across Canada, it forms a part of a patchwork quilt that offers different activities, challenges and scenery. Canada is truly rich in natural amenities. This spectacular project allows us not only to appreciate the beauty of individual areas but as a whole provides us with an appreciation of the overall landscape of Canada. I want to express my appreciation to all of the volunteers and other residents of Pinawa and area who spent so much time and energy to make this project a reality!"

Don Halbert of the RM of Lac du Bonnet expressed: "The RM of Lac du Bonnet is very supportive of development in the LGID of Pinawa.

We believe what is good for Pinawa is also good for Lac du Bonnet. And we look forward to the Pinawa section of the TCT being linked with the Lac du Bonnet section at some future date".

"It was a great trek," says trails enthusiast, Kevin Dearing who toured the trails by bike with friends and family. "The new bridges and sand fill, compacted and completed this last week makes a world of difference! And it will get better over time with use & rain. It was spectacular to see horses and hikers along the trails. There's a lot of contrast along the Pinawa trails, something interesting all along the way." The trail boasts coniferous Boreal forest, waterfalls, small rapids, granite ledges,

bare Canadian Shield, and rolling meadows with lots of wild flowers, before opening up at the spectacular Old Pinawa Dam Provincial Park.

The Pinawa and Stanley Trails are the first two sections in Manitoba to meet all the Trans Canada Trail standards. 15 other sections under development will take the Trail across the province from West Hawk Lake on the Ontario border, down the Red River to the Canada U.S. border up to Duck Mountain Provincial Park on to the Saskatchewan border. The TCT is expected to be fully blazed by 2005. When complete, it will be 16,000 km, making it the longest multi-active trail in the world, connecting three oceans.

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Library Corner

Lac du Bonnet Regional Library



We are back with a few end of summer reading suggestions on topics that deal with the outdoors and projects you may be contemplating.

Ideas and how-to guides are beautifully illustrated in our "Sunset Landscaping" book. It's never too late to look for new ideas - get started this fall to be ready for next year's spring planting!

Check out the "Homeowner's Complete Outdoor Building Book" by John Burton Brimer. The projects you can choose range from woodworking to masonry. Everything from fences, decks, yard shelters, gazebos, storage sheds, trellis rooms, patio furniture, patios, walkways, and even swimming pools are featured in this book.

"The Pocket Guide to Annuals and Biennials" by David Squire introduces you to some of the most attractive plants known to gardeners, and instructs how and where to plant different varieties.

"The Art of Decorating with Flowers" by Pamela Westland is not a new publication, but does contain timeless ideas for decorating using natural materials to be found in fields, vacant lots - almost

anywhere a good long walk will take you.

Moving indoors, we introduce "Painted Finishes for Walls and Furniture" by Susan Goans Driggers. She describes easy techniques for great new looks. "From worn-out pieces of furniture given a new lease on life with spattering, distressing, antiquing, and stamping, to walls given a wash of color or a complete change of texture, these techniques will enhance any object or fixture.

Author Carol Doak brings us "Easy Machine Paper Piecing". Follow just a few simple steps and you'll be ready to piece an intricate quilt top that invites closer inspection! A perfect falls project - choose from one of the 65 different traditional and original block designs, or use this technique with your own designs for literally hundreds of block possibilities!

Brand new videos await you

- you must have seen them at the theatre, but here's your chance to view them again with family and friends. "Harry Potter and the Philosopher's Stone" - see for yourself what everyone's been talking about.

The Lord of the Rings" will transport you to a world beyond imagination - read the books or watch the movie! We have both at the library!

A locally produced video comes to us from Pinawa. It is called "Exploring Whiteshell Provincial Park", and "takes the viewer on an exciting journey to explore all that awaits the visitor in one of Canada's premier recreation spots." The library is pleased to provide resources depicting the area's earlier and on-going history, and if anyone knows about books or publications that should be housed in our library, please make those recommendations to us.

RM plans water treatment plant

from front page

In water like the Red River this is not a problem there is enough silt to provide the necessary seeding, however, in the Winnipeg River that is not the case. In water like this flocs form slowly, and also settle very slowly. Large flocculation tanks and sedimentation basins can be required. The problem can be averted by providing an artificial seed, usually tiny particles of sand, to accelerate the flocculation process. Because the sand is heavier than the floc it can easily be separated in a centrifuge and reused in the process.

The slow settling can be resolved by simply reversing the process. Tiny bubbles of air are passed through the water causing the floc to rise and overflow to the centrifuge. Clear water is drawn off the bottom and filtered.

The RM is also planning a sewage collection and treatment system to service the same area. It will be built at the same time.

The RM has applied for infrastructure funding under a federal/provincial agreement. It has been turned down twice. No reason has been given.

Important Notice

The Village of Powerview office will be closed on the following days for staff holidays:

- Friday, August 23, 2002
- Monday, August 26, 2002
- Tuesday, August 27, 2002
- Wednesday, August 28, 2002



The Village of Powerview

Sorry for any inconvenience

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Under the Big Tent Jamboree

Come join the festivities and share in celebrating with family, friends & neighbours!

Local Musicians, singers, bands are invited to come, join in and create a true Jamboree of musical talents. Interested artists please contact 367-9496 or 345-1456 at 367-8359 as soon as possible to book a stage time.

Music Starts at 4:00pm
Admission \$5.00/Adult
Seniors and Students \$3.00
Children under 12 Free

The 4P Festival invites you to join in on the celebrations!

Friday, August 30
Labour Day Weekend
4P Festival
Powerview
Arena Grounds
4:00pm to 12:00am

All proceeds to 4P Festival

Canadian Champ makes return to ring in Pine Falls

submitted

Canadian Full Muay Thai Champion Joe Zycowca will return to the ring August 31st in Pine Falls. He has been taking time off due to an injury he suffered during a North American Title match, which ended in a draw. Zycowca from the Ski Tai Gym in Winnipeg fought in Pine Falls a couple years ago; before he won his Canadian title. He will

face WKA Western Canadian Kickboxing Champion Dave Herceg of Calgary, Alberta. This match is one of two semi main events on the Labour Day Card.

In the other semi-main event local pugilist "Iron" Chris Fontaine takes on Manitoba's notorious bad boy "Mad Dog" in a professional No Holds Barred Match. Mad Dog is most famous for beating Troy Westwood in his pro boxing debut. He has found

North American Champion, kickboxer Phil Petit, and many other top professionals as well. The Dog says that Fontaine has bitten off more than he can chew, and will be sorry this Labour Day.

In total there will be ten action packed matches including many local fighters. Saturday, August 31 at Pine Falls Arena, doors open at 5:30 p.m., Advance tickets \$20.00, at the door \$25.00. Ticket price includes dance.

5P&C Festival?

This year the Labour Day Festival will include an extra P and a C. There will be a Pie Baking Contest, and a Chili Cook-off in the Pine Falls arena on Sunday afternoon, immediately after the parade. You can either enter your home-baked fruit pie or join in the fun by entering the pie eating contest. Or you can enter the corn on the cob, hot dog, or water melon eating contests. Or you can try your hand - or mouth - at the bubble blowing contest.

This year the six day festival starts on Wednesday, with The Rusty Nail hosting a ping pong tournament and wing special in the bar.

Thursday is Ladies Night at the Papertown in the Nighterawlers bar. There will also have a special evening set up to kickoff the 4P festivities. This is ladies last chance to enter the draw for a free trip to Mexico

See NEW EVENTS next page



Joe Zycowca

The Winnipeg River Echo

Independently owned and operated
QUESTIONS?
COMMENTS?
CONCERNS?

Contact our office
367-9468
Box 550,
Pine Falls, MB
R0E 1M0
Email:
theecho@mb.sympatico.ca

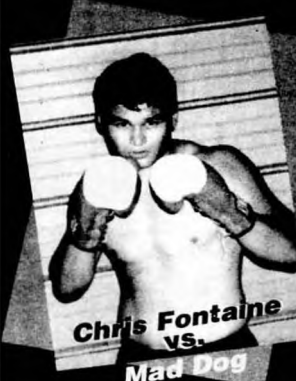
LABOUR DAY FIGHTS III



SANCTIONED FIGHT CARD


Featuring Kickboxing, Muay Thai and No Holds Barred





PRO NHB Match

Doors Open at 5:30pm



**Saturday, August 31st, 2002
Pine Falls Arena**

Also Featuring

- | | |
|----------------------------------|-----------------------------------|
| Paul
"THE BRAWLER"
Roberts | Scottie
"TOO HOTTIE"
Murphy |
| Kristy
Sharpe | Chrissy
Strongquill |
| "MAD"
Chad Schmidt | |



TICKETS AVAILABLE AT: • Pine Pharmacy • B&M Pawn FOR MORE INFORMATION
CALL (204) 367-9797 Tickets available in Winnipeg at • Sik Tai Kickboxing Club

New events at this year's festival

from previous page

Friday night under the big tent in the Powerview School grounds will be the 4P festival Jamboree. Local bands, The Particulars, Prairie Fire, A Train band, Les Larry and Stanley Sagkeeng band, Ninja

Tom and many others will provide music for dancing from 4:00 to midnight. Tickets are five dollars, three dollars for seniors and students. All proceeds from the Jamboree will go to the 4P festival fund.

Saturday is kids day. There

will be a super bounce, and entire inflatable fair, with giant slide, jungle bouncer, mazes, obstacle courses and little tyke bouncers. Also for the kids will be a 40 animal petting zoo, horse back rides and activity tents (face painting crafts etc.

etc.) Also new this year there will be an archery demonstration on the river next to Midway Foods. The slo-pitch tournament begins Saturday morning. Market Square runs Saturday and Sunday in the Pine Falls School. The traditional O'Kings Western Days will be held as usual in the Pine Falls Arena.

New this year - Kick Boxing in the Pine Falls Arena Saturday afternoon. Advance tickets

\$20, \$25 at the door. Come early.

Sunday the parade begins at the Pine Falls School at around noon and finishes in the Powerview School grounds about an hour and a half later.

Another new event this year is the horse shoe competition at the Manitou Lodge beginning at 11:00 on Monday. The entry fee is \$20 and includes lunch.

Library Allard Book Nook



Serving Chicken Soup at the library

submitted

We are cooking up some comfort food for all the starving souls out there.

That's right.... 'Chicken Soup for the Soul' by Jack Canfield.

Chicken Soup for the Christian Soul: 101 stories to open the heart and rekindle.

Chicken Soup for the Country Soul: 101 stories served up country-style and straight.

Chicken Soup for the Couple's Soul: 101 stories about love and relationships.

Chicken Soup for the Golden Soul: 101 stories for people 60 years and over.

Chicken Soup for the Golfer's Soul: 101 stories of insights, inspiration and laugh-

ter. Chicken Soup for the Kid's Soul: 101 stories of courage, hope and laughter

Chicken Soup for the Mother's Soul: 101 stories to open the hearts and rekindle.

Chicken Soup for the Pet Lover's Soul: 101 stories about pets as teachers and healers.

Chicken Soup for the Single's Soul: 101 stories about love and inspiration.

Chicken Soup for the Soul at Work: 101 stories of courage, compassion and creativity.

Chicken Soup for the Teen-

age Soul: 101 stories of life love and learning.

Chicken Soup for the Teenage Soul II: 101 more stories of life, love and learning.

Chicken Soup for the Teenage Soul III: 101 more stories of life love and learning.

This recipe is simple: just come down to the library and take home your soup. Our kitchen is open Tuesday 10:30am to 5:00pm, Wednesday 1:00pm to 5:00pm and 6:30 pm to 8:00pm, Thursday 1:00pm to 5:00pm and 6:30 pm to 8:00pm, Friday 1:00pm to 5:00pm, and Saturday 10:00am to 4:00pm.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling Silver Haven at 367-4620 or Bernice at 367-8369

Wednesday August 21:
Soup, chicken fingers, pasta salad, peas, rice pudding.

Friday, August 23:
Soup, spaghetti with meat sauce, brussel sprouts, cherry pie.

Monday, August 26:
Sou, seafood croissants, potato salad, apple spice cake.

Wednesday, August 28:
Soup, sweet and sour meat balls, rice, green beans, fruit cocktail.

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Agassiz Adult Education Centre
576 Park Avenue, Beauséjour, MB
Phone: (204) 268-4832

New Directions School
40 Park Avenue, Lac du Bonnet, MB
Phone: (204) 345-2867

Empower Education Centre
1 Oak Street, Pine Falls, MB
Phone: (204) 367-2495

THUNDER MOUNTAIN

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Grand Beach

Between RCMP Station and East Entrance of Park

★ 754-4066 ★

★ ★ **OPENING** ★ ★
Thursday, August 22

Recreation Ramblings

by Suzanne Lussier, Recreation Program Coordinator
Winnipeg River Recreation District, 345-8816/753-2639
Email: reccomm@granite.mb.ca

According to the Britannica Micropedia Ready Reference, the month August was formerly named after the Roman emperor Augustus who lived in 8 BC. There's no better time than this month to take some personal time, and treat yourself to a bit of physical activity. A relaxing walk or some morning yoga stretches take only minutes away from your day, but leave you feeling like a king (or should I say emperor!)

Puppets on Parade
The last clinic of this summer's program will be held at La du Bonnet beach at 10

o'clock on August 21 for children ages 5 and up. The event will give the participants an opportunity to create and experiment with puppets and puppet plays. If you are planning to attend or need more information, please contact the Recreation Office at 345-8816.

News from the Beach
Although you may not see as much of the lifeguards as you did when your children were taking swimming lessons, rest assured that they are still working hard to keep our beach a safe and enjoyable location for recreation. They

would like to remind everyone that the beach will NOT be guarded on August 19 and 20.

Lac du Bonnet Triathlon Volunteers

Our numbers are in, and the 2002 Lac du Bonnet Triathlon had over 132 volunteers help out this year. Due to this overwhelming support, we decided to draw a name and present the lucky winner with a complementary entry fee for the Lac du Bonnet ice Fishing Derby. This year's winner was Jeff Hegarty. Thank you Mr. Hegarty for taking the initiative and signing up, and thank you to everyone who helped out!

Registration Night
Isn't it great to go do your shopping at Superstore - buy some gas, some clothe, a few groceries and even flowers if you want! If you enjoy the one-stop-shop idea, you'll definitely want to check out our Lac du Bonnet Registration Night. The evening will feature all the fall/winter activities offered in Lac du Bonnet and

Pineview Mixed SloPitch League

Wednesday, August 14			
5:45pm	Mohawks vs	The Others	R
5:45pm	Die Hards vs	Mixed Nuts	I
7:00pm	Desperados vs	Not Even	R
7:00pm	Mustangs vs	Out of the Blue	I
Thursday, August 15			
5:45pm	Diehards vs	Mixed Nuts	R
5:45pm	Mohawks vs	The Others	I
7:00pm	Mustangs vs	Out of the Blue	R
7:00pm	Desperados vs	Not Even	I
Tuesday, August 20 Best of 3 Finals			
6:30pm	A Side - Game 1-	Best of 3	R
6:30pm	B Side - Game 1-	Best of 3	I
Wednesday, August 21 Best of 3 Finals			
6:30pm	A Side - Game 2-	Best of 3	R
6:30pm	B Side - Game 2-	Best of 3	I
Thursday, August 22 Best of 3 Finals			
6:30pm	A Side - Game 3-	Best of 3	R
6:30pm	B Side - Game 3-	Best of 3	I

give anyone interested a chance to sign up. So, if you're looking for a specific club such as hockey, ringette, bowling and 4-H, or if you'd like some information, come to the Arena between 6 and 8 on September 6 to check it out!

Cardio-Kickboxing
Kim Ogren and her loyal Cardio-Kickboxing followers are all set for a summer session. They are meeting every Monday and Wednesday from 6-7 at the Lac du Bonnet Senior School gym until August 29. Please contact the Recreation office for more information about the drop-in fee.

Fall Program Suggestions

The Recreation Office is in the process of compiling a fall activity brochure. If you have any program suggestions or would like to instruct a clinic/class, please contact the Rec. Office at 345-8816. We'd love to explore the possibilities!

Last week's clinics
Yoga-at-the-Beach was to be held on August 8, but was cancelled due to lack of interest and bad weather conditions. The Self-defense clinic with Lars Fieldburg did go as planned and was one of the most successful of the summer clinics. A special thanks to Ken Philips and Mr. Fieldburg for organizing the clinics.

Upcoming Games NESAs Soccer



Sunday, August 25 - Under 16 - At Powerview

W2	vs	B (Blue)	5:00pm
W1	vs	A (Green)	7:00pm

Monday, August 26 - Tykes Ages 4-6

Raptors	vs	Stars	St. Georges
Storm	vs	Bandits	Pine Falls

Tuesday, August 27 - 7/8 Sprocket Division - 6:45 p.m.

Stars	vs	Storm	Powerview
Saints	vs	Hawks	Pine Falls
Bandits	vs	Raptors	Beaches

Wednesday, Aug. 28 - 9/10 Mavericks Division - 6:45 p.m.

Stars	vs	Storm	Powerview
Saints	vs	Hawks	Pine Falls
Bandits	vs	Raptors	Beaches

Thursday, August 29 - Under 13 Division - 6:45 p.m.

White/Red	vs	Green/Blue	Powerview
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Nesa Soccer Info. and Rainout Hotline 367-9415.

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- ★ Activity Tents
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Hot Dog & Drink Stands
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12pm to 4pm
\$10.00
Powerview School Grounds

Manitoba therapist develops new massage technique

by Doris Penner
submitted

Eight massage therapists from across Manitoba travelled to Steinbach recently to learn about a new therapeutic technique developed by Martha Friesen, a registered massage therapist, working out of Family Wellness Centre.

The technique, known as "Essential Alignment," is designed to bring balance and ease stress in the body through a combination of massage and essential oils. While specific areas of the body are targeted with a gentle massage to assist lymphatic drainage, relax muscles, and increase circulation, the particular focus is the spine.

The technique is based on the belief that dormant viruses and/or bacteria may have congregated around the spinal column, causing alignment problems which in turn affect the body adversely. When oils, and manual therapy are applied, the spine is said to move back into alignment, releasing the imbalance in the body, which in turn, opens energy channels.

"I could talk for hours about the way this treatment has helped clients," says Friesen, pointing to testimonials about relief from arthritis pain and a lifting of depression.

"Some people say 'I can think more clearly and just have more energy,'" she says. She notes how individuals with fibromyalgia - a hard-to-diagnose illness, that demonstrates itself in chronic fatigue, muscle pain, and a low energy level -

have been relieved of at least some of the symptoms after undergoing a series of alignment treatments.

In developing the technique, Friesen drew from her own training in both massage therapy and aromatherapy as well as her experience in nine years of practice (she opened the Steinbach Wellness Centre in the fall of 2000, after seven years in Flin Flon).

The physical benefits of massage are, of course, known to many: improved blood circulation, muscular relaxation, relief from joint pain, and a release of stress, and feeling of well being. In fact, massage is being used in hospitals to help lower blood pressure and tension in

patients with various heart conditions, as well as to calm children suffering from hyperactivity.

In Friesen's opinion, the addition of essential oils to massage therapy enhances the treatment and, in fact, adds healing properties if its own. The oils, extracted from plants and thus considered to be "natural" as opposed to drugs, penetrate the skin when applied, she notes. Eventually they reach the bloodstream and lymph which transports them to internal organs.

In addition, the aroma from the essential oils has an influence on moods and emotions as most people know from experience, thus adding to the soothing effect the massage itself has.

Friesen notes these oils, when applied by massage, target the viruses and bacteria just as do antibiotics prescribed by a physician. They may remain in the blood stream for up to seven days.

In addition, she suggests the oils may enter the brain, and help clear the mind and induce a feeling of alertness. "That's why I have people coming back after the treatment saying, 'I felt like I was in a fog and now I can think clearly.'"

The Steinbach massage therapist is excited about the response of the essential alignment workshop participants. She notes after three days of study and hands-on practice, they were ready to try the tech-

nique on their own clients.

"I've already received calls reporting positive results," she says.

Friesen notes there appears to be a strong interest in aromatherapy and essential alignment treatment. She will repeat the Essential One workshop this summer and fall.

Jon Phillips, of Pine Falls, and Sharron Teetaert and Jeanne Stevenson of Lac du Bonnet, attended the workshop and are certified by Martha Friesen of the Family Wellness Centre to perform the "Essential Alignment" treatment.

Reprinted, with permission, from *The Carillon*, May 20, 2002. Steinbach

The Junior Kindergarten Program

by Crystal Rattai

Oh, it's that time of year again. Time to start thinking about getting ready to go back to school!

Wings of Power in partnership with Sunrise School Division (formerly Agassiz) are offering the Junior Kindergarten and Parenting Program at Powerview School. This is the second year of the program and we are very excited to be offering it again this year.

The Junior Kindergarten Program provides creative and stimulating activities that support children as they move and grow through the developmen-

tal stages preparing them for Kindergarten. Program emphasis will be placed on socialization, literacy, creative expression, and physical and emotional well being.

The Junior Kindergarten Program will run four half days per week. It will take place in the Powerview School Kindergarten classroom. At the end of every day there will be an opportunity for the Teacher to guide parents and children through fifteen minutes of uninterrupted quality time, focusing on fun activities designed to enhance the growth and development of the

child. The program will also include a home-visiting component. The home visiting approach will promote and enhance relationships between school, parent, child, and community.

Transportation will be provided one-way with the School Division by bus if required. Parents will be required to pick up children at lunch time from September until February as the program will run in the mornings and drop off their child at lunch time from February until June as the program will run in the afternoons for the second half of the year. At this time, parents will be encouraged to get involved with the program and participate in Parent Time. It is a very valuable and worthwhile experience for families.

If you have a child that will be four years old before December 31, 2002 (born in



1998) and think this program would be beneficial to you please contact Crystal at 367-9641 or Tracy at 367-2296 for more details and to register. Registration forms are available at the school and Wings of Power (39 Pine Street, Pine Falls). A reminder to bring proof of age (i.e. a birth certificate, baptism certificate) and Manitoba Health number. The program will begin at the beginning of this school year and follows the Powerview School calendar for the 2002-2003 school year.

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TUESDAY - Cnb Nite & Birthday Draw
WEDNESDAY - Steak & Brew
THURSDAY - Ribs, Meat Draw, Pool Tourney
FRIDAY - Hot Wings

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Straight Talk on Vitamins

"My daughter is stuffing the medicine cabinet with vitamins I've never heard of before. What's going on here?"

Your daughter is probably concerned about the adequacy of her diet. Many Canadians are. As a result, consumer demand for a wider variety of vitamin formulations has been jumping. Vitamin therapy has also become one of the liveliest medical specialties.

You can get your vitamins from a balanced diet or from manufactured vitamins. It's really up to you, but you need them everyday.

Vitamin labels can be confusing. RNI means recommended nutrient intake, RDA means "recommended dietary allowances", IU is the international unit of measurement and refers to vitamin strength.

Therapeutic doses of vitamins are used to treat certain deficiency states or diseases under a doctor's care. They can be several times the RNI, which is always a very low dose.

Supplemental doses of vitamins supplement the diet by

providing further amount of vitamins. Supplemental doses are not megavitamins. Megavitamin dosage refers to amounts 10 times or more beyond the RNI of two or more vitamins.

Vitamins are divided into two classes - water-soluble vitamins (C and B's) and fat-soluble vitamins (A,D,E and K).

Water-soluble vitamins must be supplied every day because they are not stored in the body. Excess amounts of water-soluble vitamins are passed out of the body in the urine. Excess amounts of fat-soluble vitamins are not passed out of the body. They are stored in liver and fatty tissues.

It is possible to take too much of a good thing. Fat-soluble vitamins, if taken in large quantities, and/or over a period of several years, can reach dangerous levels in the body. It is also possible to overdose on water-soluble vitamins. Vitamin C, for example, in doses greater than 1 gram per day can cause nau-

sea, vomiting, and diarrhea in some people. Doses greater than four grams per day have resulted in kidney or bladder stones.

Overdose symptoms are many and diverse. Some are serious. As your pharmacist to tell you about any possible side effects.

Minerals are not vitamins, but they also play an important role in normal body function. Some important ones are iron,

calcium, magnesium, iodine, and potassium. Excessive mineral intake, too, can lead to overdose. For example, iron overdose is associated with such symptoms are nausea, vomiting, diarrhea and drowsiness.

Almost all vitamins and minerals are available in multivitamin combinations, as well as separately. A balanced multivitamin product may be the best initial choice for the

family medicine cabinet. Individual vitamins can then be added prudently.

Consider cost factors when buying vitamins. On most labels, you'll find the words "natural" or "synthetic". Both are exactly the same chemically. Cost is the only difference.

If shelves of vitamins still confuse you, ask your pharmacist for advice. Questions about diet, health, and pocketbook are worth asking any day.

Environmental Corner

by Brian Kotak



Drinking water quality excellent and safe in Pine Falls and Powerview

The recent article in the Echo concerning the quality and safety of the Winnipeg River as a source of drinking water has generated a number of phone calls and requires some explanation. Any surface water that is used for drinking should be treated prior to consumption, as even the cleanest looking lakes, rivers and streams contain naturally occurring organisms such as E. coli, giardia (beaver fever) or Cryptosporidium. These organisms are even found in cold, clear mountain streams! This however, does not mean

that treated drinking water is not safe.

People in Pine Falls and Powerview are supplied with treated water that is provided by the Pine Falls treatment plant. The treatment steps include flocculation (settling out large particles), sand and carbon filtration and chlorination. The treatment process is thorough and destroys and removes disease-causing organisms.

A recent provincial project testing for Cryptosporidium included Pine Falls as one of its project sites. The outcome of this in-depth testing showed

the Pine Falls water supply to be one of the best in the province for water quality.

To ensure the quality and safety of the water provided by the Pine Falls treatment plant, the water is comprehensively tested several times a day and also weekly. The tests are conducted by a laboratory in Winnipeg and the results are reported to the government on a regular basis. Results consistently demonstrate that the water produced from the Pine Falls plant is not only safe, but of the best quality in the province.

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Rain Date: Monday, Sept. 2

- 3 games guaranteed
- First 24 teams paid
- Entry Fee: \$150.00
- 6 Males 4 Females

Call Vince Rodych 367-8912 or The Echo 367-9468

Proceeds to Winnipeg River Little League

Winnipeg River Bowhunters will be hosting a

Archery Demonstration

At the 4P Festival

Sign up early for Winnipeg River Bowhunters Youth Development Program. Spots are limited. Starts in November Ages 9 & up

Saturday, August 31 10am to 5pm

All ages welcome to participate. Equipment and targets supplied.

Lac du Bonnet RCMP Report



The following constitutes the Police Report for the Lac du Bonnet Detachment for the period of the 4th day of August to the 15th day of August. August 4: It was reported that several picnic tables on a beach in the Gausdin Pt. area were burned during a bonfire/beach party. Two suspects were arrested for the spray painting vandalism in town. Police responded to a false alarm at a local establishment. August 5: Police responded to a complaint of fireworks nears the Teen Center in Pinawa. Sev-

eral youths in the area were spoken to. The Park Patrol at the Whiteshell Park apprehended an impaired driver who was turned over to police. He subsequently blew over the legal limit and was charged accordingly. Two suspicious people were noted behind a local establishment by COP's. They were gone on arrival. Two windows were reported broken out at the new South Interlake Credit Union building. Police are investigating. It was reported to police that a person had his boat and motor

stolen at Shoe Lake, after he had to leave it to get a new tire for the trailer. An individual called to report he had lost a bag of pillows and sheets between Flanks Lake and Lac du Bonnet. A pair of green work pants with keys were found in Pinawa. A report of an impaired driver was forwarded to police who located the subject in downtown Lac du Bonnet. The subject blew under the legal limit. A report was received of two vehicles driving erratically in Lac du Bonnet. As per the complainants wishes both parties were spoken to. A phone call was received about a possible domestic situation. The matter was unfounded. August 6: A report was taken about a lost set of keys with a very unusual key chain. Finder can turn into the RCMP office. A file was created for a vandalized car near Grey Owl park. A call was taken concerning a theft of clothes from a

clothes line. One article of clothing has been returned. A report was taken from a former Lac du Bonnet resident about his ex-wife harassing him in Winnipeg. The report was forwarded to Winnipeg Police Services. A report was received about a local run away youth. The youth was located and picked up by the father. A call was received about a suspicious vehicle on Tinant Road. It was gone on arrival. August 7: A report was taken about a theft of a truck and a further missing youth related to the incident on August 6th. Both the truck and youth were located and the owner declined to pursue criminal charges but the youth was charged for driving without a licence. In the early morning two false alarm calls were responded to. A report was received of a youth selling marihuana at a local camp. It turned out to be tobacco, however the youth was warned about the elements to prove a trafficking offence

under the appropriate laws. N O charges were pursued. It was reported that overnight a quantity of dynamite was stolen from Tantalum Mining Corporation. The dynamite was properly stored and police are investigating. Police responded to a domestic complaint in Lac du Bonnet. One subject was arrested and lodged and released before a magistrate with conditions. A report was received of a theft of an orange and white tent worth \$7,000 from a mining site. The tent also had metal poles. It was reported that a male on conditions to abstain from alcohol was at a local establishment. It was determined he had not been drinking alcohol. August 8: It was reported to police that a boat had been vandalized and a motor thrown in the water at Tulibi Falls. It was reported to police that

Lac du Bonnet Community Billboard

Health Concerns? Guest speakers on homogeneity and car candling. Monday, December 3, 7:00 p.m. in Lac du Bonnet. Call 268-3235 to book your seat.
Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.
Lac du Bonnet Pioneer Club Bake Sale: Saturday, November 24, 10:00 a.m. to 12:00 noon
PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.
Sti and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.
Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.
Lac du Bonnet Lions Club meets the first and third Monday of each month. 7:00 p.m., LdB Community Centre.
Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m., Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.
Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.
Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.
LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.
Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.
Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.
St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.
Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-s-Teen Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days)
Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.
Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.
Ladies A.A. Meetings Thursdays 1:00 p.m., 1A McDermot, Pinawa. Doreen 753-8357.
Battered Women's Crisis Line 1-800-362-3344.
Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.
Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.
New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.
Two Rivers Seafors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers.
Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club.
RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.
Alzheimer Society Theresa Conroy, Whitemouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.
Little Day Buddies Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.
Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL
 Pastor Jeff Andrews, church 345-2934, home 345-1950
 Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.
LUTHERAN CHURCH OF THE CROSS
 Church/office 345-8654
 Sunday: 11:00 a.m. - worship service
NOTRE DAME CATHOLIC CHURCH
 Father Richard Machura, 345-2900
 Lac du Bonnet, 5:00 p.m. - Saturday mass: 11:00 a.m. Sunday mass
 Pinawa (senior school): 9:15 a.m. - Sunday mass
ST. JOHN'S ANGLICAN CHURCH
 Rev. Brian Rowntree 367-8615, church 345-2357
 Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

See Lac du Bonnet/page 15

Crime of the week

Manitoba Crime Stoppers along with the Lac du Bonnet RCMP would like your assistance in solving the following offence: Sometime during the early morning hours of August 12 unknown culprits broke into a storage shed on Red Deer Rd in Lac du Bonnet. The culprits made off with a quantity of power tools that were being used to build a barn at the site. The culprits parked on an adjacent road and walked to the site they made off with easily moved tools and left heavier tools untouched. The tools taken were impulse nailers, cordless saws and a transit level with a value near \$2000.00. Call Crimestoppers 1-800-782-8477.

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Life is a test

Bill and Pearl were a very special couple. They were a couple who knew all about the brutality of life. One would never know the harshness of life they had endured unless you were very close to them.

Bill was a quiet unassuming man, who was devoted to his beloved Pearl. Pearl radiated happiness and was a delight to all that knew her. She loved life and constantly counted her blessings and practised faithfully what she often reminded us, her family and friends. "Laughter is the best medicine." Her infectious laugh was so contagious she had me convinced.

Any time I was in charge of an entertainment event, program, or play, I would suggest she be guided to a seat near the front not far from the stage. Whatever the entertainment might be, and if laughter would be a plus, Pearl would make sure it was a hit. Her cheerfulness would infiltrate the audience and not only would laughter prevail, but also everyone, including the performers felt a jovial feeling.

A few years after we met Bill and Pearl, they experienced a tremendous financial setback which caused them to lose their farm.

There was never a complaint from either of them about their circumstances. Neither of them was in very good health and we were concerned as to what this latest blow could do to them. When my husband and I went to visit them to see what we could do to help, Bill said, "Here is where we are, here is where we have to go, and I guess packing our things is what must be done now."

Lorin asked, "What about your machinery?" He was determined to be of help, while refusing to show his sadness about the tragedy that had befallen this couple. Bill's answer to this question was, "Well, since the farm is no longer ours, we have no use for the machinery, so we can leave it here for the young man who is going to take over. He will need it." "Bill never thought of selling it. His first thought was someone needed it.

One day, while I was helping Pearl pack, there were boxes everywhere and there were piles of throw-a-way, piles to pack, piles to keep and piles for charity. As we worked, I kept thinking of their state of affairs and was on the verge of tears. It hurt so badly to think of my friend having to give up so much—things that they had worked for all their lives. And now, at their age, moving into a small rented home.

I turned to ask her a question and saw this sweet, humble woman sitting in the midst of chaos with a smile on her face. She started to laugh. Her infectious laugh reached out to me and I soon found myself sitting on the floor beside her. Oh, how I was going to miss my friend. This woman had been my confidante, my counsellor, my good neighbour and

especially my friend. "Pearl, this is crazy. What are we laughing about? There is nothing funny about packing." "Well you know what they say about life don't you?" The quizzical look on my face was evidence that I had no idea what she was referring to. She continued, "You know, it is often said that life is a test." "Well, yes, I have heard that," I answered. "But I still don't understand, what's so funny?" She finally stopped laughing and with a sly smile said,

"Honey, I just realized I have never been good at tests!" She taught me that life was good under any circumstances, if I would allow myself to just count my blessings and find joy in laughter.

Pearl and her husband moved nearer to their children and life seemed to be going quite well for them, until a year later when Bill died. As she shared the news with me, my

ECHOES FROM THE Heart

mind raced back to that afternoon sitting on her floor with debris all around us as she reminded me that, "Life was a test." Her voice told the whole story.

Regardless of how difficult the test was, she had enough faith that would see her through, despite what she had said that day—"Honey, I have never been good at tests."



Skate Park closes for the season

Skateboarders take a last opportunity to utilize the Skate Park. The Skate Park closed for the season last Friday.

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Register by calling the Echo at 367-9468, Val or Lori

Winnipeg River RCMP Report



Winnipeg River Detachment police report for the period of August 9, to August 15, 2002.

August 9: Police responded to a call at 2:00 a.m. at Grand Beach Provincial Park and are now investigating a complaint of a sexual assault on a female and a complaint of assault with a weapon on a male.

A silver Supercycle Free Spirit, one speed bike was found by railroad tracks in Pine Falls.

A resident of Sagkeeng town-site reports that his home was broken into overnight and a Playstation 2 and bike were stolen.

At 5:00 p.m. a resident of Sagkeeng reported that a fisherman on the river was pulling on his fish nets. Police attended and spoke with fisherman who did not know that the markers on the river meant that fish nets were in place.

At 10:45 p.m. police responded to a call of numerous

youths throwing rocks into the Pine Falls Pool. Several local teenagers from Powerview and Pine Falls were found to have been involved and all were spoken to and parents advised.

At 5:45 p.m. police responded to a call of individuals in a vehicle swearing and yelling at people in their yards. All believed to be impaired. Vehicle located, driver was not impaired and all were cautioned about their behaviour. At 9:50 p.m. police responded to a complaint of possible domestic assault at residence on the North Shore of Sagkeeng. Investigation revealed no assault had occurred.

August 10: Three people were charged for impaired driving during the early morning hours.

At 6:08 a.m. police were called out to a residence on Sagkeeng of assault occurring. Police attended and found that no assault had occurred and the two males involved in argument were now sleeping.

At 4:03 p.m. members attended to a report of break and enter on Nellie Drive in Traverse Bay were alcohol and stereo equipment had been stolen. A shed was also broken into and various tools were taken. This matter is still under investigation.

At 4:30 p.m. police responded to another false report of a domestic assault on Sagkeeng.

At 1:30 p.m. Grand Marais

members were made aware of an E-mail scam being sent in which a female is requesting money for her family in Nigeria. Police request public be aware of this Internet scam.

At 10:00 a.m. police responded to a call of aggravated sexual assault. Police responded and as a result of investigation one male has been charged and was transported to Winnipeg Remand Centre.

At 7:26 p.m., police received a complaint from a resident of Lakewood Drive, Albert Beach that a wishing well statue of a black fisherman was stolen over the last couple of days.

August 11: Two impaired drivers were apprehended in the early morning hours and charged.

August 12: At 12:26 p.m. police responded to Belair on a report of a young female running away into hush area on Mary Glen Road. After some time she was found and returned to the Mary Glen camp.

A Powerview resident reports the theft of two men's 10 speed bikes, one green and one purple, from his residence.

A second call was received from a Powerview resident that his green/blue Free Spirit, 21 speed was stolen from his residence.

A resident of the North Shore Road reports that his home was broken into over the weekend and a Sharp portable stereo, a Toshiba VHS VCR

and a Nintendo game cube with accessories were stolen.

A resident of Grand Marais reports that some time over last few days the cemetery gates had been vandalized.

August 13: At 10:20 a.m., police responded to a call in Traverse Bay of mischief and disturbing the peace. As a result two males were lodged for breach of peace.

At 2:00 p.m., a report that a young child had been shot in the foot with a BB gun. Investigation revealed that same occurred while there was no adult supervision. Due to age of young offender no charges were laid.

August 14: At 3:35 a.m. police attended a fatal motor vehicle accident on main road in Hollow Water.

A resident of Powerview reports a blue 18 speed renegade bike stolen from his yard.

August 15: At round 3:20 a.m. police patrolling Pine Falls, noticed several stop, yield and street signs taken down on street corners. Should anyone have witnessed this incident, they are asked to contact our office.

At 9:30 a stolen auto was recovered on Hollow Water and towed to Powerview for fingerprinting prior to being released to owner. Vehicle had been stolen from Winnipeg.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 7-1375: meets first Tuesday of the month. Chicken Chef. Powerview meeting room.

Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Tuesday, 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m. **Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meet raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month. Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup: every Wednesday, recyclable pickup first and third Thursday of each month.

PAA: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets second Tuesday of each month.

Winnipeg River Senior Service Inc. Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches family group: Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Atchab Road 756-8018 or 756-2101.

Happys Tots Day Care: 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.

Senior Scene Inc. #1 Atchab Rd., Victoria Beach: General meetings second Tuesday of the month, 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches HELP Centre (seniors service): 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:30 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Thursday of every month.

Great Falls Hall workers - Tuesdays and Thursdays: from 10:00 to 11:00 a.m.

Pine Falls Library: open 3:00 p.m. to 5:00 p.m. Monday and Tuesday.

Foster Homes: Open your heart and home to a foster child, foster homes needed in Pine Falls and surrounding area, call Debby at 268-6158.

Winnipeg River Church Services

NOTRE DAME DU LAIS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bonita E. Garrett, Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph 367-8347. Rector, the Rev. Brian Ruutiree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus.

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH: Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sunday.

IBINITY EVANGELICAL LUTHERAN CHURCH: Thalgberg, 1 mile east and 1 mile south of junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study: 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL: 2:30 p.m. every Sunday, Scantbury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION: Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER B.C. CHURCH: located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA, R.C. MISSION: 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor): Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN: Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

Pie Baking Contest Chili Cook-off 4P CONTESTS

Challenge your friends and neighbours to enter their best pie in the Contest and win great prizes

Rules: Fruit Pies Only, no cream or custard, all homemade. Pies must be baked in a 9" pie pan. Include card with name, address, phone, and age. Registration cards available at the arena. Registration deadline: September 1st 2002, 2:30 p.m.

- ★ Bubble Gum Blowing
- ★ Pie eating,
- ★ Hot Dog eating,
- ★ Watermelon eating and,
- ★ Corn on the Cob eating contests!

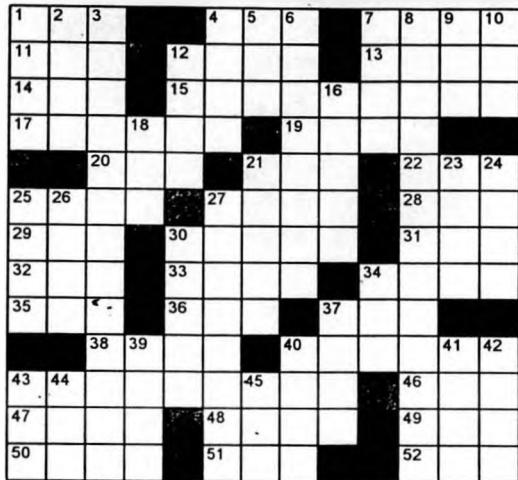


Put your Chili to the test! Enter your own super homemade pot of Chili!

Open to all persons by 2:30pm. All entrants will be required to fill out registration cards prior to contest.

To be held in the Pine Falls Arena Sunday afternoon, September 1st following the parade.

WEEKLY CROSSWORD



ACROSS

- 1. The ____ of Cooking
- 4. The Chisel (constellation)
- 7. Hawaiian feast
- 11. Gangster Reles
- 12. Benzene-derived (pref.)
- 13. Land grant

14. Start of MGM's motto

- 15. Connoisseur of wine
- 17. Hidden
- 19. In comes in drops
- 20. Same (Rx abbr.)
- 21. John L. Lewis union (inits.)
- 22. Your (Fr.)

DOWN

- 1. Goat
- 2. Work (Sp.)
- 3. Last night
- 4. Country Atkins
- 5. Virgil's epic (abbr.)
- 6. Immensity
- 7. Utah city

- 8. Stupid
- 9. Morindin
- 10. Apricot
- 12. Large puddle
- 16. Chess pieces
- 18. Greek underground movement
- 21. Living in a city
- 23. Author Ferber
- 24. Fleet ballistic missile sub. (init.)

- 25. Breadfruit tree
- 26. Modified organism
- 27. Bachelorhood
- 30. Rustic
- 34. Duct
- 39. Space craft
- 40. Large, compact bud
- 41. Narrow shoe width
- 42. Interior
- 43. Last year jurs.
- 44. Island
- 45. Saint (Port.)

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

ZB ZW CVWZCD BQ GZYFB GQD
 JDZPKZJMCW BFVP BQ MZNC KJ
 BQ BFCL.

-VMGDRCR VRMCD

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

Last Week's Solution

SHOW ME A SANE MAN AND I WILL
 CURE HIM FOR YOU
 -CARL GUSTAV JUNG

WEEKLY ECHO HOROSCOPE for the week of August 19 to August 25

ARIES (Mar. 21 - April 20)



You can make money through your creative efforts. You will have no problem getting your point across to those in a position to help you. Be careful not to get involved in other people's personal affairs. Do not over expand if you have your own business. Sit tight.

TAURUS (Apr. 21 - May 21)



Opportunities for new romantic encounters will unfold through the social events you attend. Travel will be to your advantage; however, it might be expensive. You can certainly gain popularity; however, don't do it by paying for everyone else. Your hankbook will suffer and your restrictions will put a damper on your relationship.

GEMINI (May 22-June 21)



Time spent with family, children, or good friends will be regenerating and positive. You need an outlet that will help take your mind off any troubles at work. Try to keep an open mind. Your lover may be annoyed if you have been flirtatious or not attentive to their needs. Compromise if you have to, to avoid verbal battles.

CANCER (June 22-July 22)



Evasion is likely if you aren't direct about your feelings. Take a second look; difficulties with appliances, water, or electricity in your home may be evident. You may have an abundance of innovative ideas; but before you proceed make sure that you take along hard look at the cost factor. Someone could oppose you adamantly.

LEO (July 23-Aug 22)



You need to make your lover feel wanted, not like a piece of the furniture. Try to be reasonable. Outbursts of passion may cause arguments with your mate. You must be careful not to reveal secrets or get involved in gossip. Think before you act if you wish to avoid friction. Real estate investments could be prosperous.

VIRGO (Aug. 23-Sept. 23)



Relatives may not be telling you the whole truth about a family situation. Spend some time with the one you love. Pleasure trips will be satisfying. You will find yourself tied to the phone. Communications will be plentiful, but misunderstandings and exaggeration could lead to problems with colleagues as well as relatives.

LIBRA (Sept. 24-Oct. 23)



You may have the opportunity to get involved in some interesting conversations. Your contributions will be valued and helpful. Opportunities for new friendships are apparent. You can expect changes in your living arrangements. Secret activity is evident. Verbal abuse could lead to carelessness. Try to channel your energy into physical work.

SCORPIO (Oct. 24 - Nov. 22)



Investments may be misrepresented this week. Dig deep to find out how costly a new venture will be before you sign on the dotted line. Children may be less than honest with you. You will have a problem holding on to your cash this week. Leave your checkbook and credit cards at home.

SAGITTARIUS (Nov. 23-Dec. 21)



Social activity should be on your agenda this week. Think of joining a health club that will benefit your physical appearance. Help children complete projects they're having difficulty with. You can make changes to your living quarters that should please family members. Don't give out any personal information that you don't want spread around.

CAPRICORN (Dec. 22 - Jan. 20)



Social activity should be on your agenda. Get involved in sports events that will benefit your physical appearance. Help children with important projects. Deception is likely. You can get the attention of important individuals but it might not be the time to get them to help or to back your ideas.

AQUARIUS (Jan. 21 -Feb. 19)



Self-improvement projects will pay off in more ways than one. You will feel better about yourself and you may also meet potential lovers. Someone you least expect may not have your best interests at heart. Your communication skills may win you points. You can persuade even the toughest opponents to think your way.

PISCES (Feb. 20-Mar. 20)



Insincere gestures of friendliness may be misleading. Travel may be confusing. Be aware that minor accidents or injury may prevail if you are preoccupied. Your pilgrimage may end up being fruitless. You have been going through a period of change that no doubt caused problems with your loved ones.

Echo Classifieds

Miscellaneous

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy.

31-11N

For Rent

Apartments for Rent - One bedroom apartment for rent in Powerview. New paint, new carpet, new counter top, preferably a non-smoker, for rental application call 367-4922 after 6:00 p.m.

Dance Classes

Adult Dance Classes - (Jazz, tap and ballet) from September to April in Powerview call 367-4645.

12-4x

Daycare

Daycare - Tiny Steps Licensed family daycare has available spaces for infant and pre-school starting August 1, 2002. Non smoking, subsidized, for more information call Donna Strongquill at 367-4589.

13-2x

For Sale



Apartments for Sale - Income producing property, 7 suites, Four 2 bedroom suites, and three 1 bedroom suites. Coin operated laundry, newly renovated decks, located in the town of Powerview, good investment. \$285,000, Estate Sale, Call 367-4137 or 367-2684.

13-TFS

For Sale

Heavy Duty Trailer - 3/4 ton capacity, 14" rims, spare tire, \$500.00 OBO, leave a message. 367-8217.

13-1x

Snow Blower - Ariens, 9 horsepower snow blower - 24" cut, mint condition, \$500.00 OBO, leave a message 367-8217.

13-1x

Birthday



Happy 21st Birthday Angie!

Love your friends

Card of thanks

To the community,

We would like to thank the community for all the friendship and support you have given to our family over the past twenty-two years. Seeing so many friends at the get-together at the Manitou Lodge in early July meant a lot to us.

The picture of the community was very much appreciated and will warm up our home in North Bay.

Thanks again for making us feel at home. Remember to give us a call if you are in the North Bay area - you are more than welcome.

Ria, Bill, Paul, Laura & Carly

A big thank you!

I would like to thank everyone who helped after my car accident on Thursday, August 8. It was a scary time and everyone made it just a bit easier. I would also like to wish Jim all the best.

Heather Dufour

Notice of Revision List of Electors

Rural Municipality of Alexander

Notice is hereby given in accordance with the provisions of Section 19 of the Local Authorities Election Act being Chapter L-180 of the continuing consolidation of Manitoba Statutes, that the LIST OF ELECTORS for The Rural Municipality of Alexander has been deposited with the undersigned.

A copy of the LIST OF ELECTORS may be examined at the undermentioned place:

RM of Alexander Administration Office
St. Georges, Manitoba
R0E 1V0
Phone (204) 367-6170
Monday to Friday 8:30 a.m. To 4:30 p.m.

The Revising Officer will sit at the office of the Rural Municipality of Alexander during the hours between one o'clock in the afternoon and nine o'clock in the afternoon on Tuesday the 3rd day of September, 2002 for the purpose of revising the List of Electors by:

- Adding thereto names of electors who are entitled to have their names thereon but whose names have been omitted therefrom;
- Deleting therefrom the name of persons who are not entitled to have their names thereon, but whose names appear thereon; and
- By making such other correction of errors in the list as are required.

Any person desiring to have the LIST OF ELECTORS corrected by adding a name thereto; deleting a name therefrom, or in any other way, may appear before me on that day at the hours specified in this notice when he/she will be heard. Where it is alleged that the name of any person other than the applicant appears on the LIST OF ELECTORS and that the person is not entitled to have his/her name thereon, the application must be made in writing, stating the nature of the error alleged to exist, addressed to and left with the Revising Officer not later than September 3, 2002.

In accordance with Sections 5(3) and 5(4) of the Local Authorities Election Act, any non-resident elector who owns property in more than one Ward, is responsible to notify the Revising Officer, in writing, no later than September 3, 2002 of the Ward which he/she desires to vote. Failing the foregoing, the elector's name will be placed on the list as the enumerator may select.

In accordance with Section 36.1(1) of The Local Authorities Election Act, an elector may apply in writing to the Revising Officer no later than September 3, 2002 to have his/her name and other personal information omitted or obscured from the list of electors in order to protect the elector's personal security.

DATED at St. Georges, Manitoba this 12th day of August, 2002.

Jim Norrie
Revising Officer
R.M. Of Alexander

VOLUNTEERS WANTED

To help with various events during the 4P Festival Labour Day Weekend. August 29 to September 2. Any amount of participation would be greatly appreciated. Call to sign up. 367-9468.



Notice of Revision 2002 List of Electors

Notice is hereby given in accordance with the provisions of Section 19 of the Local Authorities Election Act that the LIST OF ELECTORS for the Local Authority has been deposited with the undersigned. A copy of the LIST OF ELECTORS may be examined at:

Beau-Head Senior's Centre
645 Park Avenue
Beausejour, Manitoba
Phone: (204) 268-2444

The Revising Officer will sit at 645 Park Avenue during the hours between one o'clock in the afternoon and nine o'clock in the afternoon on August 28, 2002 for the purpose of revising the List of Electors by:

- Adding the names of electors who are entitled to have their names on the list, but whose names have been omitted;
- Deleting the names of person who are not entitled to have their names on the list; and
- By making such other correction of errors in the list as are required.

Any person desiring to have the LIST OF ELECTORS corrected by adding or deleting a name, may appear before me on that day at the hours specified in this notice when he/she will be heard. Where it is alleged that the name of any person other than the applicant appears on the LIST OF ELECTORS and that the person is not entitled to have his/her name thereon, the application must be made in writing, stating the nature of the error, addressed to and left with the Revising Officer not later than August 28, 2002.

In accordance with Sections 5(3) and 5(4) of the Local Authorities Election Act, any non-resident elector who owns property in more than one ward, is responsible to notify the Revising Officer, in writing, no later than August 28, 2002 of the ward which he/she desires to vote. Failing the foregoing, the elector's name will be placed on the list as the enumerator may select.

In accordance with Section 36.1 of The Local Authorities Election Act, an elector may apply in writing to the Revising Officer no later than August 28, 2002 to have his/her name and other personal information omitted from the list of electors in order to protect the elector's personal security.

DATED at Town of Beausejour in the Province of Manitoba, this 15th day of August, 2002.

Lorena Stepaniuk
Revising Officer
Sunrise School District
Beausejour, Manitoba R0E 0C

Echo

One Year Subscription
One Low Price

\$30.00

plus \$2.10 PST
and \$2.10 GST
Contact our office
nearest you

56 Art Street,

Powerview

367-9468

Email

thecho@a

mb.sympatico.ca

Box 550

Pine Falls, MB

R0E 1N0

Fax 367-9974

Lac du Bonnet RCMP Report

from page 10

a male had gone missing on a motorcycle trip. He and a friend were returning from the Brandon area and due to the weather they were separated. The missing male turned up the next day at home after spending the night in a hotel.

There were two reports taken of people hitting deer with their vehicles.

August 9:

A call was taken about two males trying to steal gas from a vehicle on Park Avenue in Lac du Bonnet.

A report was received of damage to the bathroom at the Town boat launch. Damage rendered the facility unusable.

A call was taken about two males allegedly threatening another male over an incident the day before concerning a dog.

A report was taken about a break and enter into a boat house off Riverland Road.

It was reported that three individuals failed to report in Winnipeg while on a temporary absence from Milner Ridge Corrections. Warrants have been issued for their arrests.

A camper was entered at Camp Hide-a-Way while the owners were out boating. A purse with ID was taken from the camper.

August 10:

A report was received of loud parties in the White Mud Falls area.

A report was received of three overdue fishermen who later showed up in Winnipeg. They had car troubles.

A report was taken from the Tall Timber area that between the 25th of July and this date a 6 hp outboard motor was stolen.

An accident report was received about an accident on PTH 315 between a car and a semitrailer.

A report was taken and subject spoken to concerning Personal Water Craft in the Still Cover area.

Two canoeists reported canoeing along the Bird River near the Bernic Lake Road when several shots were fired in their direction from across the road. Subject is unknown at this time and the act is not believed to be intentional.

A report was received of a female receiving annoying phone calls from her ex-boyfriend.

A complaint was taken of a noisy partying Pinawa. Police attended and it was found to be an outdoor concert.

August 11:

A person attended the Detachment in Lac du Bonnet to report an apparent suicide in Lac du Bonnet. Police attended and it was determined that the gentleman had taken his own life.

A caller advised that people have been ringing her doorbell

after 11 p.m. Police are investigating but there are no suspects at this time.

A complaint was taken concerning youths on ATV's in the Leisure Falls area. Police will be patrolling that area and enforcing the Off Road Vehicles Act.

A person reported losing their wallet at the Black Bear Golf Course after driving away with the wallet left on the car.

August 12:

A report was received of break and enter to a storage shed at the corner of Red Deer and Landerville in the R.M. of Lac du Bonnet. Various power tools and a Transit were stolen.

A report was received of vandalism having been done at a location on McArthur in the Town of Lac du Bonnet over the course of the weekend. Parking signs were ripped from the building, plug-in boxes and a drain pipe damaged, and wires for the automatic door were ripped out.

A report was received of a roll-over single-vehicle accident on Riverland Road in the R.M.

of Lac du Bonnet. Police attended and found no one present. The vehicle had expired plates from another vehicle on it, and same was towed.

A report was received of a Life-Line Alarm being activated at a location on Park in the Town of Lac du Bonnet. Police investigated and found everything to be in order.

A report was received of an Off-Road vehicle being operated illegally on Tinant Road in the R.M. of Lac du Bonnet. Police patrols did not locate the guilty party.

A report was received of an attempted entry to a vehicle while it was parked in Pinawa, causing damage to the door lock.

A report was received of a window having been broken on the rear of a building on 2nd Street in the Town of Lac du Bonnet.

August 13:

A report was received of a bear in a tent at the campground at White Lake in the Whiteshell Provincial Park. Police attended at the location, however, the

bear had departed.

A report was received of a vehicle in the Rennie River north of Brereton Lake in the Whiteshell Provincial Park. Same was removed from the water, and found to be not stolen. Investigation being done.

A report was received of a disturbance at a residence on Scott Crescent in the Town of Lac du Bonnet. Police attended, however, the adult male in question had fled the residence prior to police arrival. An allegation of a previous assault by the male in question on an adult female was received.

A report was received of a boat and motor having been found at a dock of a residence along Lake in the Town of Lac du Bonnet. The outboard motor had subsequently disappeared from the boat. The boat in question is now being held by the police as Found Property.

August 14:

A report was received of the theft of 2 sections of portable bridging from a logging road near Springer Lake in Nopiming

Park. The sections are orange in colour, steel decking, 12' long and 3" wide.

While doing a check-stop with the Provincial Gas Tax inspector, police had occasion on the 14th of August to charge an adult male for No Drivers Licence, and adult female with driving while suspended. The vehicle of the female was impounded.

A report was received of a missing underage female from Pinawa. The subject was subsequently located in Winnipeg at a relative's and her parent attended and picked her up.

August 15:

A report was received of an abandoned vehicle on the side of PR 214 in the R.M. of Lac du Bonnet. Police attempted to contact the registered owner, but were not successful, so had the vehicle towed.

A report was received of a white 4-door vehicle being driven erratically in the parking lot of the Lac du Bonnet Senior School. No plate number noted.

Notice of Revision List of Electors

The Village of Powerview

Notice is hereby given in accordance with the provisions of Section 19 of the Local Authorities Election Act being Chapter L-180 of the continuing consolidation of Manitoba Statutes, that the LIST OF ELECTORS for THE VILLAGE OF POWERVIEW has been deposited with the undermentioned place,

The Village of Powerview
Powerview, Manitoba
Phone 367-8483

The Revising Officer will sit at the office of the Village of Powerview during the hours between one o'clock in the afternoon and nine o'clock in the afternoon on August 28, 2002 for the purpose of revising the List of Electors by:

- Adding thereto names of electors who are entitled to have their names thereon but whose names have been omitted therefrom;
- Deleting therefrom the name of persons who are not entitled to have their names thereon, but whose names appear thereon, and
- By making such other correction of errors in the list as are required.

Any person desiring to have the LIST OF ELECTORS corrected by adding a name thereto; deleting a name therefrom, or in any other way, may appear before me during the hours and the days mentioned above, when he/she will be heard. Where it is alleged that the name of any person other than the applicant appears on the LIST OF ELECTORS and that the person is not entitled to have his name thereon, the application must be made in writing, stating the nature of the error alleged to exist, addressed to and left with the Revising Officer not later than August 28, 2002.

In accordance with sections 5(3) and 5(4) of the Local Authorities Election Act, any non-resident elector who owns property in more than one Ward, is responsible to notify the Revising Officer, in writing, no later than August 28, 2002 regarding in which ward he/she desires to vote. Failing the foregoing, the elector's name shall be placed on the list as the enumerator may select.

In accordance with Section 36.1(1) of The Local Authorities Election Act, an elector may apply in writing to the Revising Officer no later than August 28, 2002 to have his/her name and other personal information omitted or obscured from the list of electors in order to protect the elector's personal security.

DATED at Village of Powerview, Manitoba this 19th day of August, 2002.

Dora Peroux
Revising Officer
The Village of Powerview
Powerview, Manitoba
ROE 1P0

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