

The Winnipeg River **Echo**



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Decomposing body found in Lac du Bonnet

By Cindy Kellendonk

The remains of a body were discovered in a ravine that runs into the ditch along Hwy. 502 outside of the Town of Lac du Bonnet at approximately 12:30 p.m. - Monday April 15. Local resident Audrey Friesen was walking along the ditch when she came across what appeared to be teeth and bones. Uncertain of her discovery she called on Sandy Hobbs, a neighbouring resident, to help confirm her findings before calling the RCMP.

"I walk here often but usually around the ravine. Today

I thought I would take a look at the ravine now that the water was gone. I wasn't sure what I was seeing at first. I thought it might be the remains of a deer until I noticed the clothing, and then I realized it must be a person", Friesen said.

At present, the cause of death is unknown and gender has not been determined due to the state of decomposition. Lac du Bonnet Staff Sergeant Mel Mitchell said that it is too soon to provide specific information but the RCMP are investigat-

ing this in conjunction with a missing person report from last fall. However foul play has not been ruled out.

Under the direction of Manitoba's Office of the Chief Medical Examiner, the remains have been transported to Winnipeg Health Sciences Centre where an autopsy will be performed to determine the cause of death. Forensic Identification Unit and Major Crime Units are attending the scene to assist with the investigation. See next weeks *Echo* for more details.

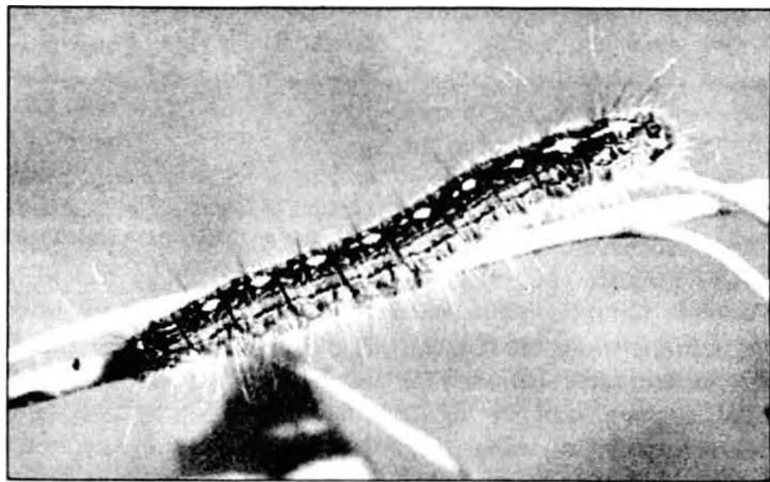


An unidentified, decomposing body was found in the ravine shown above located just off of Highway 502 in Lac du Bonnet.



Severe outbreak expected

Forest tent caterpillars on the march again



Forest Tent Caterpillar will be devastating poplar forests again this year

by Charles Norman

A provincial government survey carried out last December identifies The Beaches as being the worst hit area of the province this year, with up to 100% defoliation expected.

The caterpillars will hatch about the same time as trembling aspen begins to bud - usually in the second half of May - and can be expected to consume every poplar leaf in the neighbourhood over the next four to six weeks, reaching about two inches long in the process. When they have consumed all the leaves on the tree on which they were hatched they drop to the ground and migrate in the attempt to find unaffected trees. Cottages will be covered with them and roads will change colour with the remains of their bodies squashed by automobiles. Anyone walking under trees in the area will probably want to wear a hat to protect them from the fat caterpillars dropping into their hair. Unless there is a late frost

the infestation will be worse than last year. Forest tent caterpillars primarily attack poplar, but in periods of severe infestation almost all deciduous leaves can be attacked. Evergreens and red maple are usually ignored.

The infestation cycle for forest tent caterpillars is about fifteen to twenty years. Usually the infestation is severe for two to three years when natural predators, primarily parasites, increase dramatically, causing the caterpillar population to crash.

Pesticides are available which can do an effective job of controlling the outbreak but most of them will kill other, harmless or beneficial insects at the same time. However, there is a bacterial agent, *Bacillus thuringiensis* (BTK), which affects only the forest tent caterpillar and similar insects. Aerial spraying can be very effective if spraying takes place at the time the eggs hatch. This is usually, but not



Moth of forest tent caterpillar

always, at the time when the poplar buds. Complicating the spraying process is that it cannot take place in high winds, when rain is expected and will wash the BTK off the trees, or if wind is likely to carry the spray over water.

School Division Amalgamation

Press Release

The Springfield component of Transcona-Springfield School Division, the Pine Falls School District, and the Agassiz School Division steering committees have met numerous times and, together with their Boards, have accomplished their first set of requirements, namely the new division name, trustee representation and ward boundaries.

The first task was to determine a new division name. The name was selected from almost a hundred suggestions from all of the communities to be served by the new division. There were many excellent names submitted and the selection was difficult. The name chosen from those submissions was Sunrise School Division. Thank you to Archie Tordiffe, Justin Stefaniuk, Nina Furdyk and Brian Denchuk for their individual suggestions which recognizes the geographic location and signifies the new beginning.

The second task was to determine the number of trustees.

The three amalgamating partners decided the new division should be represented by nine trustees (the maximum allowed).

The third task was to determine the ward boundaries. The trustees had set criteria which guided the decision, for example; catchment areas should be kept in tact where-ever possible, the area covered must be manageable, leave as many existing wards unchanged as possible and ensure the requirements of the Public Schools Act are followed. There will be changes to the former Beausejour and Brokenhead area wards. The former Powerview area ward will incorporate Pine Falls School District when they are in a position to amalgamate. The Lac du Bonnet and Whitemouth/Reynolds area wards will not be changed. The three existing Springfield wards will also remain unchanged. There will be eight wards and nine trustees. Each ward will be represented by one trustee with the exception of the existing Oakbank area

ward which will be represented by two trustees.

Pending legislation, on or after July 1, 2002, the Springfield portion of the Transcona-Springfield School Division, the Agassiz School Division and the Pine Falls School District will unite into

one legal entity that will have jurisdiction over the entirety of the former Agassiz School Division, the rural portion of Transcona-Springfield School Division and the Pine Falls School District as determined by the Minister of Education, Training and Youth. At that

time, an Interim Board, agreed to by the Boards of Transcona-Springfield, Agassiz and Pine Falls will then assume governance of the new division until the trustee elections of October 23, 2002. Currently, the Boards continue to meet regularly in order to prepare for the transition.



Fort Alexander Northern store to close

The Sagkeeng First Nation has decided not to renew the Northwest lease of the building housing their convenience store in Fort Alexander.

Peter Brown of the North-

west Company said Sagkeeng said they have a better offer. He understands that the store will remain a convenience store. One of the problems with the location is the fact that

the store is not located on Sagkeeng territory. It is in fact located on land originally owned by the Northwest Company which was subsequently given to the Anglican Church and then to the Band, but is not part of the reserve. As a result cigarette taxes, for example, have to be charged at the off reserve rate.

There have been discussions between the Northwest Company and Sagkeeng on setting up a full scale grocery store. Nothing has been finalized.

BINGO

COMBINED ACCUMULATORS

<p>Bonanza starting value this week \$1884 IF WIN POT STARTS AT \$200 Add 50% of sales on Monday. If not won, carry over total plus 50% of sales to Wednesday. If not won, carry over total plus 50% of sales to Thursday.</p>	<p>Minnie Loonie starting value this week \$343 IF WIN POT STARTS AT \$200 Add 30% of sales on Monday. If not won, carry over total plus 30% of sales to Thursday.</p>	<p>Lucky 7 starting value this week \$1157 in 25 numbers POT PRIZES AT 25 NUMBERS Add one # plus 30% of sales carry over on Monday. If not won, add one # plus 30% of sales carry over to Thursday. IF WIN POT STARTS AT \$200 in 17 numbers or less</p>
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IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL

FOR UPDATES CALL 345-8825

<p>Knights of Columbus Lac du Bonnet Community Centre Specials 7:00 p.m. Lot. Lic. 894</p>	<p>Bonus Line - \$513.00* Star - 330.00* Loonie Pot - .00* Toonie Pot - 432.00* Special "Y" - .00* Jackpot Strip - 49.00* Poker Flush - .00*</p>
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FOR UPDATES CALL 345-8619

<p>Lakers Ski Club Lac du Bonnet Community Centre Specials 7:00 p.m.</p>	<p>Bonus Line - \$43.00 Star - 494.00 Loonie Pot - 190.00 Poker Flush - 9043.00 Special "Y" - 315.00</p>
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FOR UPDATES CALL 345-6197

<p>Royal Canadian Legion #164 Lac du Bonnet Legion Hall Specials 7:00 p.m.</p>	<p>Bonus Line - \$1659.00 Star - 85.00 Lucky 7 - 589.00 Full House - 49 numbers - \$1000 Poker Flush - .00 Mini Loonie - 2132.00 #1 Loonie - 326.00 #2 Loonie - .00 Jackpot Strip - 39.00</p>
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Papertown

Motor Inn

NITE BAR PRESENTS

SILLY Putty

April 18, 19 & 20
THURSDAY, FRIDAY, SATURDAY

LADIES NIGHT

THURSDAY Weekly Prizes
GRAND PRIZE 100 Free Minutes
TRIP to MEXICO at the Sun Tanning Salon
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<p>Publisher Valarie Anderson</p> <p>Writers Charles Norman, Shawn Tester, Cindy Kellendonk</p> <p>Office Linda Malo</p> <p>Production/Art Design Lori Pachkowsky</p>	<p style="text-align: center;">SUBSCRIPTIONS</p> <p>Local Rate: \$34.20 National & Urban Rate: \$39.90 Foreign Rate: \$102.60 <small>(prices include PST & GST)</small></p> <p style="font-size: x-small; text-align: center;">2nd class mail #1763687 <small>(Postage paid in Pine Falls)</small></p>	<p>P.O. Box 550, Pine Falls, MB ROE 1M0 56 Art Street, Powerview, MB e-mail: theecho@mb.sympatico.ca</p> <p>Powerview Office Ph: 367-9468 Fax: 367-9974</p>
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The Winnipeg River **Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Getting along with bears

With the coming of spring the black bear emerges from hibernating with little interest but food after a winter fast. Food is in short supply immediately after the disappearance of snow cover, there are few insects and no berries. Bears are forced to rely primarily on last years rotting leaves for sustenance. As a result household garbage becomes even more attractive than is usually the case. To store garbage outside is asking for trouble. Bears are extremely strong and can make short work of an outside storage shed. A garbage can is no problem. Once a supply of garbage is discovered bears will return again and again. Landfills are favorite sites.

Bears are normally timid creatures and stay away from people, but they are wild and unpredictable – and very powerful. It is wise to keep your distance – especially from a female with cubs. Coming between a

female bear and her cubs should most definitely be avoided.

Male black bears will normally weigh around 300 lbs but can weigh up to 800 or 900 lbs females are smaller – averaging about 150 lbs. They appear ungainly but can move very quickly. One bear was clocked at 35 mph.

The eyesight of a black bear is relatively poor, but its senses of hearing and smell are very well developed. A startled animal will usually attempt to get downwind to make an identification by smell. They can detect garbage – and carrion which they scavenge – at considerable distances. Often a bear will stand on its hind legs with its nose in the air to detect any available food supply.

Black bears are solitary animals except for the close bond between a mother and her cubs and during the pairing that takes place during the mating season. Mat-

ing takes place in June or early July. Cubs are born in the following January or February while the mother is still in her winter den.

Usually two cubs are born, but the number can vary from one to up to four. When born, cubs are tiny, six to eight inches long and weighing about half a pound. They grow rapidly and are quite active by the time they leave their den with their mother in spring. A year old bear will weigh thirty to sixty pounds, but only slightly more at two years.

Males and females may attain sexual maturity between their third and fourth years in captivity, but often later in the wild. Male bears continue to grow until their seventh year; females cease growth somewhat earlier. Bears have lived for 25 or 30 years, but most animals in the wild would be less than 10 years old. In the autumn when days become shorter and temperatures

cooler, bears begin to search for a denning site. A suitable site may be under a tree stump or overturned log, or in a hole in a hillside. Most dens are only large enough to accommodate a bear when it is curled up. Generally, females line their dens with grass,

ferns, or leaves, but females usually do not. Males usually den earlier, males frequently wait until the first snowfall before entering a den.

Recent studies of black bear physiology have shown that denning bears show some characteristics of true hiberna-

tors. Although body temperatures are only slightly lower, heart rates are greatly reduced. In addition, unlike many small mammal hibernators, bears do not have to eat or eliminate waste, but subsist entirely on their stored fat. However, See *GETTING/pgue 10*



4P Festival

**NEEDS
YOUR
HELP**

MEETING

Thursday, April 18, 6:00 p.m.
Room #62, Powerview School.
Everyone Welcome!



**Aug. 29
to Sept. 2**

**It takes the whole community
to make the 4P weekend a success!**

WEED AND INSECT CONTROL BY THE USE OF PESTICIDES MANITOBA PROVINCIAL GOVERNMENT PROPERTIES

Manitoba Conservation, Forestry Branch, 200 Saulteaux Crescent, Winnipeg, proposes to conduct the following pesticide application programs:

- 1) To control Spruce Budworm infestations in coniferous forests using the biological insecticide "Mimic". Control programs will be conducted within the following areas: Bakers Narrows Recreational Area, Baker's Narrows Cottage Subdivisions, Schist Lake Cottage Subdivisions, Athapapuskow Lake Cottage Subdivisions, as well as the Grass River Provincial Park, Sheridon, Flin Flon, Athapapuskow Lake, Cranberry Portage, Goose Lake, File Lake, Batty Lake, Dow Lake, Loonhead Lake, Fairwind Lake, Burntwood Lake, File River System and Spruce Woods Provincial Forest. The method of application will be by fixed-wing aerial spray aircraft.
- 2) To control grasses, herbaceous and woody plant competition for the purpose of site preparation and release for coniferous plantations using the herbicides: "Vision", "Forza", Velpar, and "Release" within the following areas: Belair Provincial Forest, Agassiz Provincial Forest, Duck Mountain Provincial Forest, Sandilands Provincial Forest, Porcupine Provincial Forest, Wapum Provincial Forest, Moose Creek Provincial Forest, Marchand, Prospector Lake, Lake St. George, Lee Lake, Axis Lake, Sipiwek Lake, Bird's Hill Provincial Tree Nursery, and Snow Lake. The method of application will be: skidder-mounted sprayer, backpack sprayer or ATV plot sprayer, or Bracke herbicide spray equipment.
- 3) To control White Pine Weevil and other damaging insects in White Spruce Family Test sites using the insecticides "Methoxychlor" and "Malathion" within the following areas: Duck Mountain Provincial Forest, Boggy Creek, Rice Creek, Curie Landing, Mantagao Lake, Root Lake, Simonhouse Lake, and Bird's Hill Provincial Tree Nursery. The method of application will be backpack or ATV plot sprayer.

The projected dates of application will be from April 22, 2002 to November 30, 2002. All pesticides used and procedures applied will be in accordance with Federally approved label requirements and recommendations set by the Manitoba Conservation Environment Division.

The Public may send written submissions within 15 days of this publication to:

MANITOBA CONSERVATION
123 MAIN STREET, SUITE 160
WINNIPEG, MB R3C 1A5

Sunrise Bakery grand opening

The new Sunrise Bakery celebrated its grand opening this past week. Owners Roberta and Dave Desautels have opened their second location in downtown Lac du Bonnet. Customers were happy to see a bakery in the area. "I love fresh baked goods, my kids love it also, and the coffee is great" said one customer. The bakery will offer a full line of breads, donuts, cookies, pies, and cakes, etc. Cake decorating is a house speciality. Customers can now purchase edible image cakes. You can bring in your favorite

See *SUNRISE*/page 6



Above: Roberta Desautels (left) and LeAnn Jackson work together to serve the many customers that passed through the doors at the Grand Opening.



Sunrise Bakery owner Dave Desautels (right) with Sheldon Einfeld preparing fresh baked goods for sale at their Lac du Bonnet location.



Empower Education Centre is one of three North Eastern Continuing Education facilities working to offer Campus Manitoba Curriculum.

The Empower Education Centre is attempting to bring the option of a university education closer to home. Three facilities within North Eastern Manitoba, namely Empower Education Centre in Pine Falls, Agassiz Adult Education Centre in Beausejour, and New Directions School in Lac du Bonnet, may soon be on the list of Campus Manitoba Schools.

Campus Manitoba (CMB) is a collaboration of the University of Manitoba, University of Winnipeg, Brandon University and the College Universitaire de Saint-Boniface.

CMB currently offers and supports post-secondary courses throughout numerous Manitoba communities. CMB also provides logistical support for students in Red River College, Assiniboine Community College and Keewatin Community College's distance learning course.

In order for the local continuing educational facilities to offer the Campus Manitoba program, there is an urgent need for the communities' support.

The concept has been approved in principal, but Empower Education Centre principal, Glen Brouwer, is appealing to the local businesses and residents of North Eastman to write or email him detailing their support of the application for this new educational opportunity. As the application has to be in by the end of April, it is important to respond now.

If granted approval, the full line of Campus Manitoba courses will be available to local residents by September 2002.

Why study with CMB?

Courses offered are identified in every way to on-campus courses. Courses are fully accredited and if completed successfully, may be applied towards a degree. CMB provides an opportunity to obtain post-secondary education to those currently unable to attend college or university. By taking courses locally with CMB, you can maintain your current employment and family commitments.

Centre Coordinators can provide academic advice, answers to your questions and furnish you with the necessary application and registration forms.

Send your email or letters of support as soon as possible to: Glen Brouwer, Principal, Box 1778, Beausejour, Manitoba R0E 0C0, or you can email: gbrouwer@merlin.mb.ca.

For more information on the Campus Manitoba program call 204-727-9668 or 204-727-9604 or fax 204-726-1059 or please email: campus_mb@bradon.ca.

Report from Legislature Same sex adoption

by Gerald Hawranik, M.L.A. Lac du Bonnet Constituency

Bill 41 will be introduced into the current sitting of the Manitoba Legislature by the current government as early as May, 2002. This Bill deals with the issue of same sex adoptions and permits same

sex adoptions. I have received many letters and opinions regarding the proposed legislation. The legislation proposes that adoption be allowed by same sex couples. Without the legislation, gays and lesbians can individually adopt children, however, as a couple, they cannot. I welcome your

input into this legislation. How do you feel about the legislation? I have my own personal and religious opinion, but what about yours? Stuart Murray, the leader of the Progressive Conservative Party, is permitting a free vote in the Legislature on this issue. I represent the Constituency and all the people in it. Please write to me with your opinion and the rationale supporting your opinion. Please write to Gerald Hawranik, MLA for Lac du Bonnet Constituency, Box 430, Beausejour, Manitoba, R0E 0C0, I look forward to hearing from you before May 15, 2002.

ARCHERY LESSONS

The Winnipeg River Bowhunters will be giving introductory archery lessons for Adults starting in April.

The cost of 10 sessions for non members is \$25 and includes Equipment and Instruction. Sessions are 1 hour long.

For more info contact Tom Paukovic at 367-8798, Allan Actimichuk at 367-8739 or Mike Boulet 367-8976

Sessions:

Tuesdays & Thursdays starting April 11th.
Intermediate Archers 7pm
Adult Beginners 8pm
Equipment tune-ups 9pm

The Club would like to invite all former members and archers in the area to a "Tune up your equipment season" Bring your old equipment and have it tuned up, repaired and properly fitted. If you would like to receive some shooting tips or instruction the club has two Canadian Champions and fully certified coaches available.



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Whose money is it anyway?



Your voice in Ottawa

Vic Toews, MP for Provencher

It is often very difficult to determine how taxpayers' dollars are being spent. Votes in Parliament involving billions of dollars are often passed by the members without a clear understanding of how these funds are being allocated by the Liberal Government. Even so, there has always been at least a tacit acknowledgement by politicians that the money being spent comes from the public purse, put there by the people of Canada.

It was therefore alarming to learn that the Liberal Government recently blocked public access to expense accounts of Cabinet Ministers and their political staff. Although these expense accounts were previously available to the public through the Access to Information Act, on the basis of a new interpretation of a 1997 Supreme Court of Canada the Government took the position that Ministers and their political staff were exempt from having to disclose how they spent public money while on government business.

In view of this important change I asked the government representatives appearing before the Public Accounts Committee to provide the committee members with the legal reasons behind this new interpretation, and why this interpretation was taken almost five years after the Supreme Court decision was made. Other than stating that the release of these expense accounts would violate the privacy rights of the Ministers and their political staff, their response was that the legal reasons behind the government's refusal to release the expense account information were protected by legal privilege and therefore could not be discussed.

As I stated in Committee it is "absolutely astounding" for the Liberals to refuse to let taxpayers know how their money is being spent by public servants on the basis of "privacy rights", and then to refuse to provide the public with the legal basis for this position. In an effort to avoid public criticism over this issue, the Prime Minister has now directed the Ministers and their political staff to voluntarily consent to the release of the expense accounts when requested. However, government officials stated that if a request for release is made,

the Minister or staff member would first have the chance to review and, if necessary, "correct" the expense account. Furthermore, the released records, once corrected, would not reveal whether the Minister or their political staff had first reimbursed the government for any expenses that they now believe should not have been claimed.

The ability of Ministers and their political staff to cover-up their expenses or to correct these records before they are released to the public undermines the reason why the Access to Information Act was passed. For example, it allows Minister Rock and his special assistant to avoid a probe into allegations that they used tax dollars and other government resources to help Minister Rock win a Liberal Party

leadership battle in Manitoba over party supporters loyal to Finance Minister Paul Martin. Even if the recent directive from the Prime Minister now requires Minister Rock to release these records, the truth may never be known if he is allowed to change these records before they are released.

The process that the Prime Minister has adopted, in fact, permits the filing of less than truthful expense accounts and then allows public servants to avoid producing the original records when called to account. Canadians should be appalled that this government would attempt to hide questionable expenses behind the veil of a new interpretation of the governing legislation. As Liberal Minister Don Boudria stated in the House of Commons

in 1986 when he was an opposition member: "Since when is potential embarrassment a criterion for screening information under the Access to Information Act?" This is no less true sixteen years later. The government needs to take immediate steps to ensure that the public has the legal right to fully examine how its money is being spent. After all, whose money is it anyway?

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Altona at 204-324-9709 or in Lac du Bonnet at 204-345-9762. You may write me at Box 2470, Steinbach, MB R0A 2A0, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net

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Jodi (12), Megan (7)

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Hours: Thursday and Friday, 11 a.m. to 6 p.m.; Saturday 10 a.m. to 5 p.m.

**April 25-27,
Keystone Centre, Brandon**

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www.ruralforum.mb.ca

SPECIAL GUEST APPEARANCE BY OLYMPIC GOLD-MEDAL WINNER **LEMATRIONA DOAN** FRIDAY, APRIL 26 AT 9:00 A.M.



Manitoba Intergovernmental Affairs

Laughter, is the best medicine

Courtesy of Reader's Digest
www.readersdigest.ca
by Barbara Strudwick

When the restaurant where my son, Brian, worked as a cook had a special promotion and brought in live lobsters, he and his co-workers took great delight in playing with the little creatures. So they were invited to a seminar on how to handle and prepare lobsters.

The speaker began by explaining how important it was to take care when handling them. Upsetting the lobsters more than

necessary could drastically shorten their life span. Brian began to feel uncomfortable when the speaker continued, "And it has been rumoured that in one restaurant, staff have been racing them!"

Overcome by guilt, Brian raised his hand and said, "Okay, I'm sorry."

The speaker sighed, "Make that two restuarants."

Remembering the Queen Mother



by George Bayly

On April 6th, 7th, and 8th, residents

of London and other parts of Britain formed a line which stretched for three miles along the Victoria Embankment and the river walk on the south side of the Thames. They waited patiently, some as long as eight hours and all night, to file past the casket of the Queen Mother who lay in state in the ancient Westminster Hall, the last remaining section of the Palace of Westminster built in the 11th century by King William Rufus. This incredible throng of mourners bears witness to the fact that the "Queen Mum", as she was affectionately known, was greatly loved and respected in Britain and throughout the world.

Lady Elizabeth Bowes-

Lyon grew up at Glamis Castle in Scotland, the 9th child of the 14th Earl of Strathmore. She was born in 1900, one year before the death of Queen Victoria, her life spanning all of the 20th century. During World War I, in which one of her brothers was killed in action and another brother wounded, Glamis castle was turned onto a convalescent home for wounded soldiers, where, until war's end in 1918, she helped to care for them. When she married the second son of King George V, the Duke of York, in 1923, she became the first commoner to marry royalty. In 1936, George V, died and was succeeded by Edward VIII who abdicated the throne only months later, to marry the American divorcee, Wallis Simpson, Elizabeth's husband, the shy Duke of York suddenly found himself on the throne as George VI, with the coronation

of King George VI and Queen Elizabeth taking place on May 12, 1937.

In 1939, just months prior to the outbreak of World War II, King George and Queen Elizabeth visited Canada, the first of many trips that the Queen Mother would make to our country. In Winnipeg, as in other cities across the nation, the Royal couple was greeted with great enthusiasm during ceremonies at City Hall... at the Legislature where they were welcomed by Premier John Bracken and Mrs. Bracken, at the Polo Grounds ((now the site of Polo Park Mall), and as the royal car joined the parade through the streets of Winnipeg accompanied by marching bands, the pipes and drums of the Queen's Own Cameron Highlanders and a regal cavalry escort of Manitoba Dragoons dressed in bright blue tunics

and gleaming silver helmets adorned white plumes.

Throughout the Blitz and the darkest days of 1940, when Nazi bombs rained down on London, Queen Elizabeth refused to leave the city stating that she would not leave her husband and that she had a

moral duty to endure the blitz like everyone else. When George VI died of cancer in 1952, she took on the role as Queen Mother, helping her daughter make the transition from Princess Elizabeth to Queen Elizabeth II. I recall watching

a film in school, when I was in Mr. Van Malsen's Grade 6 class, showing the 1953 coronation of Elizabeth II. After the film, we were all given a bronze commemorative Coronation Medal, which I still own.

During the war, the people of the east end of London appreciated her visits to the severely bombed out areas such as Stepney and the Dockland, where she became known as "Gran". After a wing of Buckingham Palace was badly damaged in a German air raid, she said, "Now I can look the East End in the face". At age 87, during a visit to the East End, she diverged from the planned schedule and entered "The Queen's Head", a popular lo-

cal pub. There, she went behind the bar and pulled herself a pint of Young's bitter ale and after a hearty swig exclaimed, "Forget the champagne, this is much better!"

In 1989, the Queen Mother visited Canada for the 11th time which marked the 50th



Anniversary of the first visit in 1939. On May 8, 1995, hundreds of thousands thronged Buckingham Palace and The Mall to celebrate the 50th Anniversary of VE Day and cheered when the Queen Mother appeared on the balcony.

The Queen Mum passed away in her sleep at Windsor Castle on March 30, 2002. She was the spirit and inspiration of the British Nation and Commonwealth including Canada. She loved Canada and the Canadian people and appreciated our support through the two World Wars. At her death, she was the patron of 300 charities throughout the world. Her genuine nature, sense of humour, and her strength in difficult times earned her the love and respect of people everywhere.

Sunrise Bakery now open

from page 4

picture and have the picture image transferred to the cake, they are a great idea and can be a lot of fun at birthday parties, grand opening, and other special occasions. Customers will also be able to drop by and enjoy a cup of coffee and their favorite baked treat. The Sunrise Bakery's hours of business are Tuesday to Saturday, 8:30 a.m. to 5:30 p.m.

Customers can pre-order for special occasions or drop by to choose from the many fresh



baked items on display. The Sunrise Bakery's motto is "Order ahead, don't be disap-

pointed, no order to small". Customers can call 345-2593 for all their baking needs.

1st Annual RCMP



Saturday, April 27, 2002
Powerview School, 5:30 p.m.
Formal Dinner & Dance

Regimental Ball & Auction

In Support of "Powerview 2002" Community Based Policing Initiative

- ◆ Silent Auction (Local Artisans)
- ◆ Sit Down Dinner & Dance
- ◆ Local Entertainment
- ◆ Door Prizes

- ◆ All proceeds for a youth excursion to Ottawa
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The Winnipeg River

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fax 367-9974

ECHOES FROM THE Heart

One day a young man was standing in the middle of the town proclaiming that he had the most beautiful heart in the whole valley. A large crowd gathered and they all admired his heart for it was perfect. There was not a mark or a flaw in it. Yes, they all agreed it truly was the most beautiful heart they had ever seen.

The young man was very proud and boasted more loudly about his beautiful heart.

Suddenly, an old man appeared at the front of the crowd and said "Why your heart is not nearly as beautiful as

mine." The crowd and the young man looked at the old man's heart. It was beating strong but full of scars, it had places where pieces had been removed and other pieces put in, but they didn't fit quite right and there were several jagged edges. In fact, in some places there were deep gouges where whole pieces were missing.

The people stared - how can he say his heart is more beautiful, they thought? The young man looked at the old man's heart and saw its state and laughed. "You must be jok-

ing," he said. "Compare your heart with mine, mine is perfect and yours is a mess of scars and tears."

"Yes," said the old man. "Yours is perfect looking but I would never trade with you. You see, every scar represents a person to whom I have given my love. I tear out a piece of my heart and give it to them as often they give me a piece of their heart which fits into the empty place in my heart. But, because the pieces aren't exact, I have some rough edges, which I cherish, because they remind me of the love I shared.

Sometimes I have given pieces of my heart away, and the other person hasn't returned a piece of his heart to me. These are the empty gouges - giving love is taking

a chance. Although these gouges are painful, they stay open, reminding me of the love I have for these people. I hope someday they may return and fill the space I have waiting. So now do you see what true beauty is?"

The young man stood silently with tears running down his cheeks. He walked up to the old man, reached into his perfect young and beautiful heart, and ripped a piece out. He offered it to the old man with trembling hands. The old man took his offering, placed it in his heart and then took a

piece from his scarred heart and placed it in the wound in the young man's heart. It fit, but not perfectly, as there are some jagged edges. The young man looked at his heart, not perfect anymore but more beautiful than ever, since love from the old man's heart flowed into his. They embraced and walked away side by side. How sad it must be to go through life with a whole heart.

Remember... Work like you don't need the money, Love like you've never been hurt., Dance like nobody else.

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District, 345-8816
Email: reccomm@granite.mb.ca

RWB Satellite Program Recital

It's recital time this Saturday, April 20 at 1:00 p.m. at the Lac du Bonnet Senior School Gym for the participants in the 1st year of our program. Come on out and see how well our dancers have done!

Agassiz Junior Garden Club
The Agassiz Junior Garden Club will be starting in early May. Children ages 6 and up can experience the joy of gardening and meet new friends at monthly meetings during the summer. Membership is Free! Garden Club parents enjoy the

activities as much as the kids. For more info contact Carol Clegg at 345 8419 or Donna Wold at 345 2462w/345 8506h.

Kidsport
This nation program assists children by overcoming financial barriers which prevent or limit their participation in organized sport. The deadline to apply is April 30/02. For more information contact Sport Manitoba - Eastman Region at 268 2172.

Tball & Soccer
...COACHES NEEDED
Children ages 4 and Up can register for this program and

will be divided into their own group if numbers permit. As soon as the snow disappears and warm weather sets in to dry the fields up, the programs will start. Forms may be picked up at Elementary Schools and the Rec offices. 2 adult coaches per team required! For more info contact the Rec office at 345 8816/753 2639.

Scholarship
Applications are now being accepted for the Manitoba Foundation of Sport Scholarship. Applications may be obtained on the Sport Manitoba website at www.sport.mb.ca Application deadline is April 30/02. Scholarships for students going into 1st year university as well as those entering 2nd year

See RECREATION/page 15

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Pulse on Participation Rec Report



by Jay Seymour - Rec Director
367-9142, email: pineview@a hotmail.com

Well hello once again everybody, it looks like it is finally starting to warm up. That can only mean three things... hockey playoffs, summer sports, and construction. With the Montréal Canadiens hanging on to the final playoff spot in the WEAK eastern conference and the leafs all banged up, it looks like Canada's oldest teams will get a long summer break. I for one can't wait! On with the report.

Baseball - Registration takes place April 9 & 11 at the powerview arena with both days running from 6:00 - 8:00 p.m. there is an umpire clinic on April 20th. Phone the rec office to sign up.

Kickboxing - Call Larry Sharpe to join this high paced workout today. There are beginners classes and intermediate classes.

Pool Exercises - The Papertown has open the pool-doors to the public, some come with some friends for some great exercise in a comfortable environment. Call the Papertown for more info.

Youth Gym Night - Students from grade 8 to grade 12 can come Thursday nights from 7:00 to 9:00 p.m. and enjoy some games like basketball, floor hockey, badminton.

Rabies Clinic
SUNDAY, APRIL 28
Powerview School (flagpole entrance)
1:00 p.m. to 4:00 p.m.
A community service of
Beausejour Animal Hospital and Lac du Bonnet Veterinary Service
Provided by
Dr. Marco Lopez
APPOINTMENTS: Please Call 345-2535
Pets must be in good health and may be vaccinated against other diseases at the same time.

Focus on Fibromyalgia

Submitted by Jenny Terrio-Baturin of Pine Falls Physiotherapy

What is Fibromyalgia?

Fibromyalgia syndrome (FM) is a common form of generalized muscular pain and fatigue. The name "Fibromyalgia" means pain in the muscles and the fibrous connective tissues (ligaments and tendons).

Is Fibromyalgia a form of arthritis?

Fibromyalgia is a form of soft tissue or muscular rheu-

matism rather than arthritis of a joint. Rheumatism refers to pain and stiffness associated with arthritis and related disorders of the joints, muscles and bones. Fibromyalgia mainly affects muscles. There for, although fibromyalgia may feel like a joint disease, it is not a true form of arthritis and does not cause deformities of the joints. This said, it is important to remember that many people suffer from both arthritis and fibromyalgia.

What are the symptoms of

FM?

Pain is the most prominent symptom. It is generally felt all over, although it may start in our region, such as the neck and shoulders, and seems to spread over a period of time. Although individuals may look well, a careful examination will demonstrate very tender areas at specific locations on their bodies.

About 90% of people with fibromyalgia describe moderate or severe fatigue with lack of energy, decreased endur-

ance, or flu like exhaustion. People with FM may sleep lightly and wakeup during the night. Scientific studies have stated that in most cases there are abnormal sleep patters, marked by interruptions in deep sleep.

Changes in mood and thinking patterns are also common. A person with FM may be depressed or anxious and simple mental tasks may become difficult due to lack of ability to concentrate.

People may also experience headaches, irritable bowel or spastic colon, bladder spasms, changes in skin and circulation.

How is Fibromyalgia diagnosed?

No one lab test or x-ray can diagnose fibromyalgia. A diagnosis of FM may occur when other possible conditions are ruled out and the patient has a number of tender points located and confirmed by a

rheumatologist or other doctor with experience in diagnosing and treating FM.

How is Fibromyalgia treated?

The typical treatment for FM includes medications to diminish pain and improve sleep; exercise programs that involved muscle stretching and improve cardiovascular fitness; relaxation techniques and other measures to help to relax tense muscles, and educational programs to help cope with FM.

Physiotherapy treatment is often very beneficial in addition to regular medical care. Your physiotherapist can provide you with an exercise plan and stretching techniques. Many patients obtain relief with physiotherapy using modalities such ultrasound, short wave diathermy and acupuncture that enables the patients to exercise more effectively and increase regular function.

Ask your Pharmacist Anxiety and Panic Disorders

Generalized anxiety disorder (GAD) and panic disorder affect people of all ages and is seen more commonly in females. People with GAD are anxious or worried, often about normal life concerns. They cannot stop thinking about these fears and the anxiety prevents them from performing daily tasks. People with GAD have struggled with anxiety for at least six months, and have more days where they are fearful than days where they feel normal. Other symptoms of GAD may include restlessness, fatigue, difficulty in maintaining atten-

tion, irritability, tense muscles, trouble sleeping, sweating, nausea, diarrhoea, irritable bowel syndrome, and headaches. Children and adolescents with GAD are excessively anxious about their performance in areas like school or sports, being on time for appointments, or fear of disasters such as nuclear war. They tend to be perfectionists, constantly needing approval and reassurance for their work, or repeating tasks that are less than perfect.

Panic disorder is a type of anxiety disorder. People with this illness have short periods

of intense fear or discomfort which starts quickly and usually peaks in about 10 minutes. The person feels that they are in immediate danger and need to escape. Some feel like they are having a heart attack. Physical symptoms during the panic attack can include difficulty breathing, fast heart beat, headaches, dizziness, feelings of choking or smothering, nausea, or bloating. These attacks may even happen while sleeping. The attacks may occur daily, weekly or less frequently, and are followed by a period where the person is worried about having another

attack. This fear can severely restrict their behaviour to the point where they fear leaving their house. If not treated, patients can become depressed, agoraphobic, and substance abuse problems can develop in some instances.

GAD can be treated by cognitive-behavioural therapy (a form of psychotherapy) and medications. Drugs are used to treat the anxiety, muscle tension, insomnia, and other physical symptoms associated with GAD. Patients may receive drug therapy for several months or even years. Benzodiazepines, a family of drugs which include lorazepam, are typically used to treat the acute symptoms of GAD. Antidepressant drugs are

usually used for the long-term treatment of GAD, especially in those who are depressed.

Cognitive-behavioural therapy can also be used to treat panic disorder. Panic disorder is usually treated with an 8 to 12 week trial of antidepressants. If the antidepressant works, it will be continued for 12 or more months. If the panic attacks have not returned after one to two years, the antidepressants can be slowly stopped. Benzodiazepines may also be used in the first few weeks of treatment to help them deal with the fear and anxiety.

You can find more information on GAD and panic disorder at www.nimh.gov/anxiety/anxiety/panic/.

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Volunteer Appreciation Week

April 21 to 27, 2002

The North Eastman Health Association is pleased to extend an invitation to our Volunteers to attend our Volunteer Appreciation Celebrations. We sincerely hope you will be able to join us.

<p>Monday, April 22 - 2:00 p.m.</p> <p>Tuesday, April 23 - 2:00 p.m.</p> <p>Wednesday, April 24 - 2:00 p.m.</p> <p>Thursday, April 25 - 2:00 p.m.</p> <p>Friday, April 26 - 2:00 p.m.</p> <p>Tuesday, April 30 - 2:00 p.m.</p>	<p>Pine Falls and Victoria Beach Communities, Sunnywood Manor Personal Care Home (Pine Falls)</p> <p>Lac du Bonnet Community Lac du Bonnet Personal Care Home</p> <p>Whitemouth Community Whitemouth District Health Centre</p> <p>Beausejour Community East-Gate Lodge Personal Care Home</p> <p>Springfield Community, Kin Place Personal Care Home (Oakbank)</p> <p>Pinawa Community Pinawa Alliance Church Hall</p>
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Pine Falls exports spruce

The Pine Falls logs on their way to Kenora. Since the completion of the TMP Mill, the Tembec Newsprint Mill uses almost one hundred percent chips and is not able to use the large stock piled in the mill yard. Harvested logs are being shipped to a Kenora sawmill for the production of lumber. Waste will be chipped and returned to Pine Falls for the production of newsprint. When the proposed sawmill goes into production these logs will be processed here.

Library Corner

Lac du Bonnet Regional Library



CANADA READS is a new project of CBC Radio that will choose one book for the nation to read together. This is a massive literacy/cultural event where Canadians vote on their favorite books which, through celebrity debates and a "Survivor Game" are whittled down to one specific favorite title, to be announced on Canada Book Day which is April 23rd. If you're interested in these proceedings and would like more details, go to www.cbc.ca/canadareads. Special features of the Web site include a "Peoples's Choice" vote and profiles of each book and author.

Canada Book Day 2002 falls on April 23rd! This year we are celebrating libraries-in schools, colleges and univer-

sities as well as public libraries.

Log onto the official web site and read "The History of Libraries in Canada" by Peter McNally. Also find details about a new poster contest and an exciting writing contest - check www.canadabookday.com. The Canada Book Day 2002 Coupon is available at the library - it is worth \$2 off a book purchase of \$10 or more at participating booksellers.

Share our love of books and libraries. Visit your local library often!

Our flag has been flying half-mast this past week in honour of HRH, the Queen Mother. We have a good collection of books in our Biography section on the Royal Family, and many of these are

now out on loan. "The Royal Family" by Rupert Matthews highlights the Queen Mother's 90th birthday. "The Royal Family Album" by Don Coolican, contains a wonderful collection of colour photos of all members of the Royal Family. In the introduction we are told "The Queen Mother was born Elizabeth Bowes-Lyon, the fourth daughter of Lord and Lady Glamis of Glamis Castle in Angus, Scotland.....She never expected to be a queen, but proved to be one of the finest consorta a British king could ever have had". This is a 1978 publication and even at that time it was said of her, "At this stage of her life the "Queen Mum" is a very happy and contented woman. She has seen

Hidden Wealth It's the Law

by Gerald Hawranik, Q.C.

Gerald C. Hawranik, Q.C. is a lawyer in Beausejour with 20 years of extensive experience in most areas of law. It's The Law will be published in each issue of The Echo. If you would like to know more about any legal topic, please write to Gerald at Box 880, Beausejour, MB R0E 0C0, phone 268-6300.

Did you know that there is more than \$70 million sitting unclaimed in more than 1 million bank accounts, many of which continue to gather interest. If an account remains dormant after 9 years, the account is handed over to the Bank of Canada to hold until it is claimed. In today's mobile society, more and more bank accounts are getting lost in the shuffle of repeated moves and transfers.

There are companies who will track down money in inactive accounts by searching the Canada Gazette, a legal newspaper in which the account is required to be published, before it is turned over to the Bank of Canada. However, that information can be yours for free if you ask for it. Bank of Canada officers have a listing of all inactive accounts and

her daughter become one of the most admired monarchs in history, she is surrounded by loving grandchildren and continues to be close to the hearts of millions of people throughout the world." Now in 2002.... the outpouring of condolences from around the world, and the love and respect for her that is being shown during this week

will help you search through the lists to determine if you or any relative can cash in on this windfall. 90% of accounts held by the Bank of Canada are worth less than \$90.00, however, with some accounts which date back to the early 1900's and which have gathered interest since then, the account balance can be much higher.

If you have any questions about the information appearing in this article, or any other legal question, please call me for a free initial consultation.

*This article is intended to provide general information and not to advise anyone on what he or she should do in a particular situation. The facts of each case are important, and usually affect the way in which the law is applied. When you have a legal problem, it is best to consult a lawyer.

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of mourning reiterates the fact that she had become one of the most admired monarchs in history!

We have books on the Royal weddings, the children, the Duke and Duchess of Winsor, Royal visits, etc. If you are interested in the history of the Royal Family, avail yourself of the many books available on this subject.

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Pine Falls Health Auxiliary news update

Submitted by Anita Borlase

We are sad to report the death of Sylvia McHugh a long time member of the Auxiliary.

We will again be offering a bursary to a local deserving graduate going into a medical related field.

We continue to operate an extensive gift cupboard at the hospital so keep us in mind should you need a gift, it all goes back into the community facility. Along with this we have a cart which makes daily rounds of the patients rooms, spearheaded by Lillian Meilleur along with a group of

ladies whose main concern is to visit our sick and hopefully spread some cheer.

We have purchased booklets from the Riverview Health Foundation to distribute to family and friends who visit at our Sunnywood Personal Care Home. It should help with visits, activities and understanding in dealing with this stage of life for their loved one.

We have also donated \$2,000.00 for the Resident Council of the Personal Care Home to assist them with their various activities to enhance the daily life of the patients. We have assisted with the

purchase of Therapeutic equipment in the form of weights and a Tens machine for the newly formed Physio position operating in our hospital.

[We are assisting financially to the success of a Wellness Workshop which is to be held Mach 16, 2002 at the United Church, watch for postings of this day event.

A big expenditure, very close to our heat is the upgrading and refurbishing of our Hospital Family Room. This was our big project 10 years ago and we just spent

\$3,000.00 upgrading it. The room is now complete, it appears to be a very warm and relaxing and we are delighted with the finished product. It was done along with the renovation of two palliative care patient rooms which are also very tastefully done and with comfort in mind.

We have just ordered an Orthobiotic Chair for use in the hospital, very much needed when a child is in hospital and a parent is attending overnight.

Our newest project was to offer a First Aid/CPR course

to local residents, free of charge and taught by a paramedic. The course covered two days, with 20 people attending, they all received their certificates. We felt there was a need for this in the area and the people left on the waiting list much feel the same. Perhaps we will be able to offer it again next spring.

And lastly - we are 50 years old - we now have a banner to call our own which hangs in our hospital. A salute to all the volunteer hours of our past and present members!

Getting along with bears

from page 3

black bears are not true hibernators, and most bears can be aroused if prodded sufficiently. If the weather becomes exceptionally warm some bears may wake up and wander around for short periods during the winter months.

With the coming of spring and warmer weather, bears emerge from their dens and search for food. During the winter they may have lost up to 30 % of their pre-denning weight. Most bears continue to lose weight during the early summer period until mid-July when quantities of berries start to become available.

Recently, the increasing demand for bear gall bladders, bear paws, and other parts that are believed to have medicinal and aphrodisiacal value has caused concern about increased illegal killing of bears. In certain parts of the world a dried gall from a wild bear may sell for up to \$50 000.

Some black bears harbour parasites such as tapeworms and roundworms, but these seem to have little effect on the bear's health. In general, wild black bears have remarkably few internal or external parasites. From a public health viewpoint, trichinosis, which is caused by a nematode or

roundworm, is probably the most important parasite of bears. As people can become infected, all bear meat should be cooked carefully before consumption.

Relationship to people At this time in Canada and Alaska there are two legal hunting seasons for black bears, spring and fall; however, most jurisdictions in the lower 48 states no longer allow bear hunting in spring because of overharvest.

This information has been taken from the Canadian Wildlife Centre's Hinterland who's who

Lac du Bonnet Community Billboard

Health Concerns? Guest speakers on homeopathy and ear candling, Monday, December 3, 7:00 p.m. in Lac du Bonnet. Call 268-3235 to book your seat.

Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.

Lac du Bonnet Pioneer Club Bake Sale: Saturday, November 24, 10:00 a.m. to 12:00 noon.

PACE 7-1375: meets first Tuesday of the month. Chicken Chef, Powerview meeting room.

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall. **Horticultural Society** meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-a-Teen Group For further information, Phone Kathic 367-8237 (evenings), Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club meets first Monday of month 9:30 a.m., Pioneer Club.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505: Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jeff Andrews, church 345-2934, home 345-1950
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.

LUTHERAN CHURCH OF THE CROSS

Church/office 345-8654

Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Richard Machura, 345-2900

Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass

Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Brian Ronntree 367-8615, church 345-2357

Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

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Happy Tots Place

by Kathie Duff

March was a bit of a quiet month for us here at The Happy Tots Place with the extension of winter and the cold weather. We are hoping April will bring warmer spring weather soon, so the children can watch the grass and flowers grow as we go on our nature walks around town and in the bush behind the Center.

Highlights of March include:

March 4 - 8; we discussed Senses (sight, hearing, smell, taste and touch). We had a taste test, we made a textured craft, we smelled various spices such as cinnamon and nutmeg and we made a flute and rattle.

March 11 - 15; we talked about St. Patrick's Day, we discussed what it would be like to be Irish and on March 15 we had a green day when all the children and staff wore green. At the afternoon snack time we ate green jello and shortbread cookies with green sprinkles

donated by Karen Longridge (one of our parents). The children also enjoyed Shamrock milkshakes with their delicious snack. The highlight of the afternoon was following a trail of Shamrocks with lucky charms that led to a pot of gold covered chocolate coins much to their surprise. After the p.m. snack the children went outside and followed a green trail in the snow left by Lenny the Leprechaun and much to their disappointment they were not able to catch him. I guess we'll have to try again next year.

March 18 - 22; we talked about numbers. Throughout the week we counted and sorted objects, toys and food. By the end of the week some children could count up to ten.

March 25 - 29; we talked about Easter. During this week the children painted bunnies, made an Easter basket, coloured a boiled egg and made an egg shaped Easter card, which they took home on

Thursday, March 24. They also were given some chocolate Easter eggs left by the Easter bunny to enjoy.

Before I close I would like to tell you about a very special week, which is coming up for us as Early Childhood Educators. April 28-May 4/02 is the week of the Early Childhood Educator and I'd like to explain to you the history of why this special week came about.

The idea to proclaim an annual week to celebrate the work of Manitoba's care givers came out of discussions by the Manitoba Child Care Association's Early Childhood Educators committee early in 1992. These volunteers were struck by the Manitoba results of the national survey of care giver's salaries (The Caring For A Living Study), which showed that very few Manitoba care givers felt they had the respect of the society for the work they did while "car-

ing for a living". We determined a need to raise public awareness, but just as importantly, need to raise our self-esteem about our chosen careers.

Since then, we have celebrated a yearly week of activities. We have worked hard to promote the use of the term Early Childhood Educator instead of child care worker to our members, the media (even in the classified section), by child Day Care, the colleges and universities, at the center, family child care home levels and by the government.

We developed special recognition awards for the exceptional Early Childhood Educator and care giver of the year and presented these annually at the Manitoba child care association conference. We have encouraged the child care community to blow their horns about achievements and to share our joy in what we do with the parents whose children we care about.

The Manitoba Child Care Association has a code of ethics for Early Childhood Educators, which I'd like to share with you:

ECE's promote the health and well being of all children.

ECE's use the developmentally appropriate practices when working with all children.

ECE's demonstrate caring for all children in all aspects of their practice.

ECE's work in partnership with parents, supporting them in meeting their responsibilities.

ECE's work in partnership with colleagues and often service providers in the community to support the well being of families.

ECE's work in ways that enhance human dignity.

ECE's pursue on an on going basis, the knowledge, skills and self-awareness needed to be professionally competent.

ECE's demonstrate integrity in all of their professional relationships.

I will leave you with the Proclamation for the week of the Early Childhood Educator.

WHERE AS: Early Childhood Educators offer worthwhile contributions to family support, early childhood education, social and economic development and the betterment of society.

AND WHERE AS: Manitoba early child educators in licensed family child care homes and children's centers enable parents to work or go to school confident of their children's health, safety, developmentally and appropriate care.

AND WHERE AS: The Manitoba Child Care Association actively promotes child care as a profession and a service.

Tim Sale, The Minister of Family Services and Housing for the Province of Manitoba proclaimed the week of April 28th - May 4th 2002 as: "Week of the Early Childhood Educator".

If you know any Early Childhood Educators in your community, be sure and tell them that you read this article and give them a pat on the back for their wonderful contribution they have given to the children in your community. This may become the highlight of this special week.

Celebrate Earth Day on April 22

It's important to take care of our Earth every day, but Earth Day reminds us of all the fun and exciting ways to do it! On April 22, over five million people in 164 countries will celebrate the day. Virtually every student in Canada takes part in an Earth Day activity.

Events and projects come in all sizes. Some are big, like Victoria, BC's Earth Walk that attracts 5,000 people. Some are small, like parking the car for a week and using public trans-

portation. From tree planting parties and neighborhood clean-ups to workshops and parades, there's an Earth Day activity for everyone.

The first Earth Day happened in the United States in 1970. With 20 million participants, it marked the birth of environmental consciousness around the globe. Canada joined the celebrations in 1990 when April 22 became International Earth Day. This annual global event draws attention to issues such as climate

change and protecting endangered species.

Check out Earth Day Canada's website at www.earthday.ca for some great ideas like organizing a garage sale, canceling your junk mail, walking to work or planting some trees. The website includes a downloadable version of *Solutions*, a handy newsletter with even more great ideas. Do your part and help the environment with a positive action this Earth Day.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling

Silver Haven
at 367-4620 or
Bernice at 367-8369

Wednesday, April 17:
Salad, bacon and tomato, cheese, pizza, ice cream.

Friday, April 19:
Soup, chicken fingers, rice, broccoli and cheese sauce, jello

Monday, April 22:
Soup, ham, scalloped potatoes, green beans, jello.

Pineview Mixed Slo-pitch

MEETING & REGISTRATION

Thursday, April 25
7pm Brickenwood Room
Papertown Motor Inn

Entry
\$300
per
team

All teams interested in playing this year please bring money to the meeting.

Everyone Welcome!

The Winnipeg River Echo

Is your subscription due?

To renew, drop in for a visit at our office

One Year Subscription
One Low Price

\$30.00 plus \$2.10 PST & \$2.10 GST

56 Art Street, Powerview
Phone 367-9468, Fax 367-9974

Box 550, Pine Falls, MB
R0E 1M0

Winnipeg River RCMP detachment report



April 6:
At 2:30 a.m. Police were on patrol and noticed a vehicle which did not stop at the stop sign at the corner of P.R. 304 and PTH #11. Police stopped the vehicle. Female driver was intoxicated. She was lodged in cells and charged for driving over .08.

Female called at 10:15 p.m. stating she had been assaulted three hours ago at a party. She was approached the next day, however declined to pursue

charges.
April 7:
1:55 a.m. While doing patrols police stopped a vehicle and the driver was charged for driving with no licence.

7:15 a.m. A male called from a party stating he was assaulted half an hour ago. Members attended. Suspect was arrested, charged and released to attend court.

3:30 p.m. Female called stating her son was out of control. Members attended and

calmed him down.
4:46 p.m. Members attended at an alarm at the Pine Falls School.

6:30 p.m. While RCMP were on patrol on Stead Road, a driver was charged for speeding. He was going 120km/hr in a 100 km/hr zone.

April 8:
8:10 a.m. Police had to assist in repossession of a van. Owners did not dispute missing payments on van. The keys were turned over and the van was towed to a compound.

9:00 a.m. The police had to attend Powerview School as there was a disturbance going on. A male was arrested for assault and causing a disturbance and will be attending court.

2:05 p.m. A member of the cottage watch called our of-

ice stating she had discovered seven cottages had been broken into. Members attended, examined the crime scene, took photos and several exhibits were dusted for fingerprints.

3:00 p.m. Worker from Child and Family Services attended our office with a report of possible sexual assault while in a foster home. Members will be interviewing family members. Still under investigation.

April 9:
8:15 a.m. A driver charged for speeding on P.R. 304. The driver was going 110 km/hr in a 90km/hr zone.

9:45 a.m. Driver charged for not wearing seatbelt while driving in Powerview.

2:00 p.m. Phone call received stating there was a vehicle travelling on Hwy. 59 the night before with no rear lights on vehicle and defective lights on the front. Registered owner

will be issued a Warning Ticket to repair lights.

April 10:
5:30 a.m. A lady called police stating she woke up to find someone in her cottage on Danwich Drive in Traverse Bay. Members immediately attended along with the police dog. Two young offenders were arrested inside a cottage. One young offender was remanded in custody and the other was released to his father to attend court.

12:50 a.m. A call was received stating two boys on roller skates being pulled by vehicles. Members attended and spoke with the boys telling them of the danger of doing this and warned not to do that again.

9:30 p.m. Search Warrant was issued for two residences

See RCMP/page 15

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

Beaches Library: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., whilst every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m. **Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month.

PAA: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets second Tuesday of each month.

Winnipeg River Senior Service Inc. Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches family group, Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road, 756-8018 or 756-2101.

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare

Senior Scene Inc. #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Thursday of every month.

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m. **Pine Falls Library** open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

Call The Echo 367-9468 to list your community event FREE OF CHARGE

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bonita E. Garrett, Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus.

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info. call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantebury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

Lac du Bonnet RCMP report



April 5:

A report of cows on PTH #11 south of Great Falls in the R.M. of Alexander. Police attended and patrolled the highway, but the livestock was gone.

April 6:

A report of a suspicious vehicle being parked along PR 313 near the Winnipeg River Bridge in the R.M. of Lac du Bonnet. Investigation revealed that the vehicle had been parked at the location due to mechanical difficulties, and the owner removed same.

A report of unknown subjects setting of blasting caps on Friday night in the vicinity of the pumphouse on Blueberry Rock Road in the R.M. of Lac du Bonnet.

A report of a window being broken on a cottage on Elsie Street in the R.M. of Alexander. This was done since the 30th of March, and caused by a firearm or a slingshot.

A report of under-age subjects riding in the vicinity of Meadows Drive on ATVs and

snowmobiles, in the R.M. of Lac du Bonnet.

April 7:

A report of a break and enter to a cottage at Breton Lake in the Whiteshell Provincial Park. Police investigation revealed that the cottage had shifted and the door had popped open.

A circular saw was turned in as found property, after having been seen to have fallen off a vehicle on the highway in the vicinity of Lac du Bonnet.

April 8:

A report of mischief to the side windows on an Explorer vehicle used on the rails at Pointe du Bois.

A report of two adult males strewing garbage about outside a business establishment in the Town of Lac du Bonnet. Took place on Sunday evening.

April 9:

A set of keys on an unusual key-ring was turned in after being found along PTH #11 in the R.M. of Lac du Bonnet.

April 10:

A report of an erratic vehicle being operated in Elma.

Vehicle also believed to be unlicensed. Police patrolled but found the vehicle parked, and no evidence to lay a charge.

A report was received of what appeared to be a bloody blanket being found in a field along the Lowland Road in the R.M. of Lac du Bonnet. Police investigation and it appeared from the scene that the blanket had been used with a deceased pet.

April 11:

A report was received of geese being illegally hunted without the permission of the land owner on land along Maple Creek Road in the R.M. of Alexander.

A report of an intoxicated adult male being at a residence in Great Falls and refusing to leave. Police attended and found the subject outside and arrested and lodged him to sober up.

April 12:

A report of an intoxicated adult male at a residence near Great Falls and causing a breach of the peace. Police attended and arrested the male and lodged him to sober up.

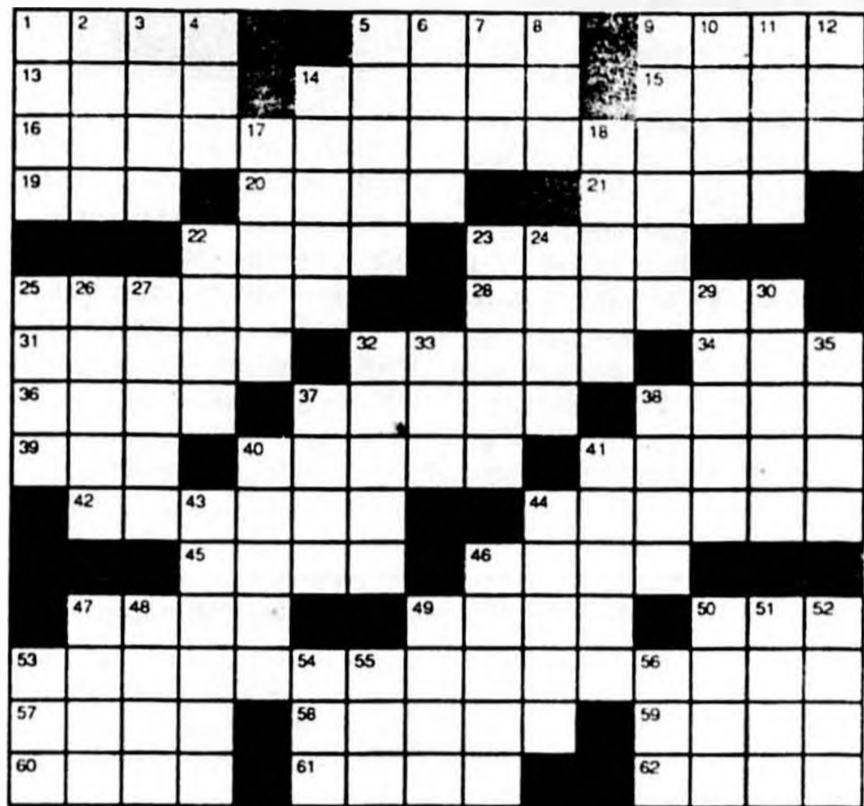
The Winnipeg River

Echo

ADVERTISING DEADLINE FRIDAY 3:00 P.M.

New Email Address: theecho@sympatico.mb.ca

WEEKLY CROSSWORD



- 38. Simple
- 39. Preacher
- 40. Principle
- 41. Wash soap out
- 42. Redecorated
- 44. Paper holder
- 45. Skills
- 46. Round roof
- 47. Finest
- 49. Certain
- 50. That woman
- 53. Set of parents (3 wrds)
- 57. Medical herb
- 58. Fencing swords
- 59. Mata _____
- 60. Tear
- 61. Golf gadgets
- 62. Eve's garden
- 14. Majestic
- 17. Airborne toys
- 18. Rick soil
- 22. Portico
- 23. Astir
- 24. Maize
- 25. Set of two
- 26. Poisonous snake
- 27. Sifter
- 29. Tendency
- 30. Enquire
- 32. Hair of lions
- 33. Bullring cheer
- 35. Ale
- 37. Canvas shelter
- 38. Distance measure
- 40. Rich cake
- 41. "___ and Juliet"
- 43. Ran quickly
- 44. Shapes
- 46. Fops
- 47. Cotton bundle
- 48. British college
- 49. Dagger
- 50. Herring
- 51. In this place
- 52. Ireland
- 53. Distnat
- 54. Prepare flax
- 55. Monkey
- 56. Definite article

DOWN

- 1. Johann Sebastain
- 2. Dull pain
- 3. Smile
- 4. Unit of time (abbr)
- 5. Contributor
- 6. Scent
- 7. Above (poet.)
- 8. Decay
- 9. Mocker
- 10. Baking chamber
- 11. Barrels
- 12. Electrical units

ACROSS

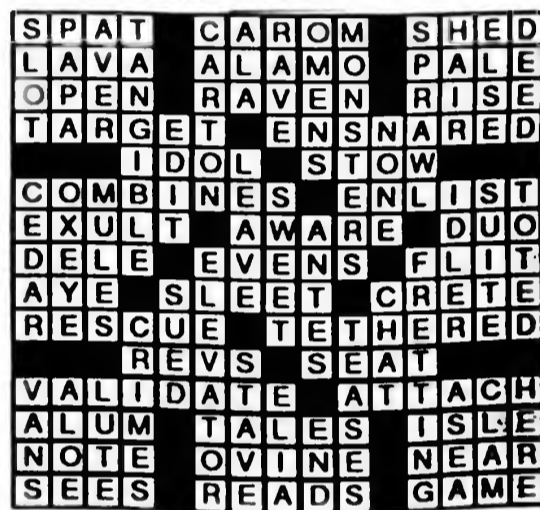
- 1. Sacks
- 5. Entrance
- 9. Gag
- 13. Land measure
- 14. Cowboy show
- 15. Always
- 16. What came first, the _____? (4 wrds.)
- 19. Female fowl
- 20. Russian man's name
- 21. Footed vases
- 22. Nighttime twinkler
- 23. Highest point
- 25. Delicate colour
- 28. Quarter
- 31. Goodbye (Sp.)
- 32. Marshy wastelands
- 34. Steal
- 36. Notion
- 37. Bird claw

ECHO Trivia

•The only two days of the year in which there are no professional sports games (MLB, NBA, NHL, or NFL) are the day before and the day after the Major League all-stars game.

•Court ladies of Henry VIII's reign tinted their hair with the spice saffron until the king forbade it. He feared a saffron shortage would result from the fashion statement, and that it might reach his own dining table.

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

XB YCX WCX DV ECQQF RGSEBHS
C TJGVXK, XBJ DV LHJV BM EGL
TJGVXK SGNN EV GL HXECQQF.

-SEBYCL THNNVJ

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

Last Week's Solution

LAUGHTER IS NOT A BAD BEGINING FOR A FRIENDSHIP, AND IT IS THE BEST ENDING FOR ONE.

-CHRISTIAN MORGENSTERN

WEEKLY ECHO HOROSCOPE

for the week of April 8 to April 14

Aries - March 21 to April 20

Your week may start out bad, but by Thursday, things will turn around. Don't blame someone for a problem that crops up. It's not his/her fault. If anyone should take the blame, it's you. You have to start taking responsibility for what you do.



Taurus - April 21 to May 21

Look to a close relative for some help with a major problem. He/she will make you feel better about the problem and yourself. Love may be in the air, but you'll want to stay away from it. It's not a good time to get involved in a relationship.



Gemini - May 22 to June 21

The constructive use of your talents is vital to making the week go better. Don't flaunt something you have because that action could come back to haunt you, and it's not the kind of attitude that will get you ahead of the rest of the pack.



Cancer - June 22 to July 22

You'll find your friends and coworkers very helpful this week. Even though there is a mix-up at work, someone will come through for you, and everything should turn out all right. Make sure you repay a long-overdue favor.



Leo - July 23 to August 23

Business travel may be in the cards for you this week. You can count on it being successful, which means you'll also have some time to enjoy yourself. Try something new and different, like a dish at the new restaurant in town.



Virgo - August 24 to September 22

A friend's family problems will help you realize that you don't have it so bad. It might be a good idea to lighten up on a partner or a close relative. Getting away this weekend will be out of the question. You have too much to do—don't let it go.



Libra - September 23 to October 23

Don't let a message destroy your self-image. It could be that you are taking the information the wrong way. Give a new coworker a chance. He/she could really use an ally in the workplace. Consider taking him/her to lunch or dinner soon.



Scorpio - October 24 to November 22

This is not a good week to jump into new investments. Give it awhile before you take the plunge. It's also not the time to jump into a new romance. What looks like a great idea may not be good at all. Investigate it before you present it.



Sagittarius - November 23 to December 21

Don't believe rumors that start circulating about a new coworker. Something has been misinterpreted, so don't pass it on to others. Be wary about someone who asks you for a favor. You don't want him/her to start taking advantage of you.



Capricorn - December 22 to January 20

It's time to become more culturally aware. Ask a friend for advice or to accompany you to some events. It could actually work out to be a boost to your career. If someone is a little short with you today, be patient and forgiving.



Aquarius - January 21 to February 18

Planning a weekend get together for friends? Just remember to watch the noise level. You don't want to have any problems with a particular neighbor. Financially, you are doing pretty good right now, but don't blow it with a big risk.



Pisces - February 19 to March 20

Watch that line between your professional and personal life. There are some things that should stay at home. You sure don't care for others bringing those into the workplace. Be very careful how you deal with a loved one this week.



Echo Classifieds

Apartments for Rent - One bedroom apartment for rent in Powerview. New paint, new carpet, new counter top, preferably a non-smoker, for rental application call 367-4922 after 6:00 p.m. 25-TFN

House for Rent - Large Lot, many trees, 3 Bedroom house, 1 mile South of Lac du Bonnet. "Grass cutting" included in rent price. Call 345-8733. 33-TFN

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TFN

Wanted - Older farm tractors and crawlers running or not. Phone 635-2217. 45-1a

Puppy - 9 month old herding male - rough coat sheltie (mix) needs wide open spaces. Teddy has all of his shots and is fixed. Requires loving home and companionship, will only let him go to a good home. Serious inquiries only, please call 367-9049.

St Georges - 2 Bedroom single level dwelling in St. Georges, 677 sq. ft. Exterior and roof recently renovated, appliances included, asking \$35,000 OBO, call 367-8634 or 367-8522. 34-TFN

House for Sale - 1144 sq. ft. double lot. Spacious 3 Bedroom bungalow, completely remodeled, (1999) central vac, new windows, carpets, cupboards, all new appliances, fridge, stove, washer/dryer, dishwasher. To view call 367-4922 or 367-4137. 15-TFN

Snowmobiles - 1997 Arctic Cat ZR440, Can Am X-country racer, only 297 miles, race ready, mint condition, \$4500 Firm, Call 268-1450 ask for Peter. 36-TFN

Home Interiors Displayer - Would like to share a fantastic business opportunity with flexible hours and great income potential. We are a highly reputable company that has been in business over forty years and features home decorating accessories such as, framed art, florals, and greenery, sconces, shelves, scented candles. For more information about us or how to join a wonderful team, please contact Rhonda Pollard at 807-483-5854. 45-2a

1990 Grand Am - 4 door, with air conditioning, new tires, 260,000 kms, good running condition, to get safety it may need minor repairs, asking \$1300, call Beausejour 268-2654. 44-1a

House for Sale - 26 Cedar St., Pine Falls. Private Sale, This home is in great shape! Just decorated, freshly painted, cleaned and ready to be moved into. 3 Bedrooms, 2 bathrooms, finished basement, spacious kitchen and dining area, new windows, low energy costs (well insulated), living & family room, all appliances, patio doors leading to large deck area, garage and separate shed, completely fenced yard, if interested please call Joyce Sharpe at 367-8038, priced to sell at \$69,500, A must see. 44-1a

Prayer Corner
May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever.
-Amen
Say six times a day for nine days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.

Wallace Lake - 1100 sq. ft, winterized cottage, 4 bedrooms, full washroom, solar and propane, hot water, screened porch, large deck, garage, septic tank, includes furniture. Maintenance free; "Good Fishing", call Raymond Desrocher at 204-453-6740 after 6:00 p.m. 45-1a

Part-time Bookkeeper - Knowledgeable in Quick Books, Experience preferred, resume can be sent to Box 186, Powerview or faxed to 367-2085 or dropped off at Yves Normandin Trucking, Powerview. Deadline for applications is 4:00p.m., April 19th. 44-2a

North Eastman Health Association Inc.



North Eastman Health Association Inc. is responsible for delivering and administering a broad spectrum of Health Programs & Services to a population base of 38,000 during the winter and an estimated summer population of 75,000, including the Whiteshell, Winnipeg River and Eastern Beaches.

Current Employment Opportunities

PINE FALLS
Receptionist/Typist (0.5 EFT)
Designated Bilingual Position

Qualifications: Grade 12, Completion of secretarial course preferred with minimum typing speed of 60 wpm and proficiency in Microsoft Word and Excel, Office experience required. Ability to speak and understand English and French.

Interested applicants are invited to submit a resumé and cover letter by April 24, 2002 in confidence to: Human Resources Officer, Lac du Bonnet District Health Centre, Box 1030, Lac du Bonnet, MB, R0E 1A0, Fax: 204-345-8609, Email: hr@neha.mb.ca.

We thank all applicants for their interest. However, only those candidates being considered for an interview will be contacted.

BUSINESS DIRECTORY
TO BOOK THIS SPACE
Call the Echo at 367-9468 for Details.

VILLAGE OF POWERVIEW PUBLIC NOTICE
PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of the Municipal Act that the Council of the Village of Powerview intends to present its financial plan for the fiscal year 2002 at a public hearing in the Council Chambers of the Village of Powerview on the 18th day of April at 7:30 p.m. Council will hear any person who wishes to make a representation, ask questions, or register an objection to the financial plan, as provided.
A copy of the financial plan is available for review and may be examined by any person during the regular office hours of the Municipality at #32 on Highway #11 in Powerview, Manitoba.
Dated this 4th day of April, 2002.
J.M. Thevenot
Administrator
Village of Powerview

just training corp.
JUST Training Corporation is a non-profit organization, which provides guidance and opportunities for individuals within the Eastern Region to access the skills and resources necessary to achieve meaningful employment.
The Corporation is seeking an enthusiastic, self-motivated, and organized individual for the position of Client Services Administrative Support Officer.
The Client Services Administrative Support Officer will be responsible for all administration, financial and client support services in the delivery of the Corporation's responsibilities and in support of the Manager of the Corporation.
This individual will be conducting one on one and/or group interviews with clients. These interviews are with clients from diverse cultural and educational backgrounds that are often experiencing stress associated with job loss. This individual will facilitate group sessions for select client groups, provide informal assistance or coaching to clients requiring minimal support in order to return to work.
The successful candidate will demonstrate the following:
• Strong knowledge of local labour market trends and knowledge of the Programs, Policies and Procedures of Manitoba Education, Training and Youth as well as basic knowledge of other Government Service Agencies and non-profits.
• Proficient skills in computer programs: Windows, Word, Excel, Access, Internet, Email, Simply Accounting and Publisher.
• Ability to develop and facilitate resume workshops individually or in-group setting.
• Capable of assisting individuals or in-group settings with job search techniques: electronic and by individual counselling.
• Maintain and update database of confidential client files.
• Strong interview skills and comfortable manner in dealing with clients.
• Excellent administrative skills including: reception, filing, recording and simply accounting.
• Strong leadership ability to work independently and maintain an organized office.
The position is located in Lac du Bonnet, Manitoba. Salary is commensurate with qualifications and experience. Please forward covering letter, resume and references by April 26, 2002 to: JUST Hiring Committee, Box 326, Lac du Bonnet, MB R0E 1A0, or by fax to: 204-345-6334

Winnipeg River
Echo
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REALTY, FOR SALE
FOR RENT, HELP
WANTED, CARDS OF
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MEMORIALS, LOST and
FOUND, SERVICES,
EMPLOYMENT
\$4.50
for the first 25 words
15¢ per additional word
Call us at 367-9468
or fax to 367-9974
DEADLINE
FOR CLASSIFIED
ADVERTISING
FRIDAY 3:00 P.M.
Your community newspaper

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District, 345-8816
Email: reccomm@granite.mb.ca

from page 7
in 2002-2003.

Wednesday Night Slow-pitch League in LdB

Haven't played for a while? Not into the mixed league? Wanna go out and play ball with other women? Here's your chance. For more info contact Connie Dancyt.

Cardio Kick Boxing...Drop In

Kim Ogren has an awesome program going and you too, can be a part of it! This session will run until June 26 (Wednes-

days 6:15 - 7:15 p.m. and Sundays from 5:30 - 6:30 p.m., at the Pinawa Community Centre) we have

CARDIO KICK BOXING.

Interested? Call the Rec office to sign up! Drop in fee also available. And two program tips...bring bottled water with you - you'll need it.

AND if Kim starts off a sentence with "Now, for fun let's do...." Her tongue is definitely in her cheek and she's offering up a challenging exercise (thanks, Kim).

Recreational Fishing League for Youth

This local program, for youth ages 9-15 years is sponsored by the Lac du Bonnet Wildlife Association. Season runs from May 20 to June 24, 1 day per week. For more information contact the Rec office at 345 8816 or 753 2639. Opportunities for a LdB and Pinawa Program. This program is run in conjunction with the Manitoba Wildlife Federation and Manitoba Conservation (Fisheries Branch).

Winnipeg River RCMP Report

from page 12

for stolen property from the break and enters from the beach area. Several items were recovered. One male adult and one young offender were arrested, lodged and remanded in custody. These two were charged with six break and enters from Monday.

April 11:
3:00 p.m. A home owner who lives by Petro Can reported that strange vehicle drove into her driveway at 3:30 in the morning. The vehicle stayed there for five minutes and then left. The vehicle was a small newer model car but she could not see who was inside as it was too dark.

5:28 p.m. We received a call from a female stating that she was assaulted by another female. This occurrence is still under investigation.

5:50 p.m. Report of a gray

jeep on Maple Creek Road and people are shooting at ducks. Patrol made, however jeep was gone.

April 12:
1:00 a.m. A call was received stating a young offender was breaching his curfew. Members attended and the young offender was lodged in cells.

2:15 a.m. A female called stating she got bit by another female. Another female stated one female tried to hurt herself with a knife. She was therefore lodged in the cells.

2:30 a.m. A male reported that he was assaulted by another male. Police took him to the Pine Falls Hospital and the other male was lodged in cells.

3:20 a.m. A female called stating there was an intoxicated male banging on her door and window. Police attended and lodged the male in cells.

Whiteshell laboratories decommissioning project

HULL - April 2, 2002 - Environment Minister David Anderson today announced his decision regarding the environmental assessment of the proposed Whiteshell Laboratories Decommissioning Project. The Minister has determined that the project is not likely to cause significant adverse environmental effects, and that no further environmental assessment by a review panel or a mediation is warranted. The project was proposed by Atomic Energy of Canada Limited and has been referred back to the responsible authorities, the Canadian Nuclear Safety Commission (CNSC) and the Department of Fisheries and Oceans (DFO), for appropriate action.

The decommissioning activities consist of dismantling

and/or decontaminating and refurbishing all structures, infrastructures, and services that were part of the project.. It also includes the remediation of all lands in the project area, except for eight hectares where continued management of radioactive waste under CNSC license is proposed to continue in the future. The decommissioning is intended to render the buildings and lands to a condition acceptable for release from CNSC licensed control.

Minister Anderson made his determination based on the following considerations:

- * the comprehensive study report, including the commitment to implement the enhanced monitoring program for the Waste Management

Area;
* the comments received on that report during the public consultation period and CNSC and DFO responded to those comments; and

* the implementation of the mitigation measures described in the report and supporting documents.

The Whiteshell Laboratories Decommissioning Project was subject to an environmental assessment under Section 5 of the Canadian Environmental Assessment Act, as a result of a requirement by the CNSC for authorization pursuant to the Nuclear Safety and Control Act as well as a possible requirement by DFO to issue an authorization pursuant to the Fisheries Act.

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