



The  
Winnipeg  
River

# Echo

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## Silvester wins LdB Mens

by V. Anderson

This past weekend the Lac du Bonnet Men's held their annual Bonspiel. The men's club hosted 48 rinks that entered into this year spiel. There were many out of town rinks who came to participate, they hailed from Winnipeg, Stonewall, Beausejour and as far as Yellowknife. "We have had great turn outs since the new facilities opened, we can attribute it to quality ice conditions, community hospitality, and great prizes." This year we paid out 75% of team entries that went directly into purchasing prizes, and the other 25% went into meal costs etc." said Buhay/president of the men's curling club. "We raised money for the club through various fund-raising efforts over the weekend."

This year's Bonspiel was a special one, wife Evelyn Funk, family members and former curling team-mates of the late Ed Funk made a special contribution to the Lac du Bonnet Curling Club. Ed and his wife Evelyn have been cabin owners in the Lac du

Bonnet area for many years. Ed and his team-mates, Doug Gyles, Jim Sorenson, Dave Lewis, Lloyd Begin, and team manager Leonard Funk (this year) had been curling in the Lac du Bonnet men's spiel for the past 25 years. Ed died suddenly on November 25, 2001, and his family and friends felt that they would like to contribute something towards the club in his memory. Family and friends donated a leather Milton Jacket and a beautiful trophy to establish the Ed Funk Memorial Trophy. This Trophy will be kept at the club and presented to the winner's of the men's annual Bonspiel.

Gary Buhay, President of the Lac du Bonnet Curling Club was honoured to accept the donation and extended a special thank you to the team-mates and family members for their generous donation, and their help in establishing the Ed Funk Memorial Trophy. "We are deeply appreciative and will be proud to display and present the trophy in memory of Ed." said Buhay.



Gary Buhay (left) - Lac du Bonnet Curling Club President presents Doug Silvester - skip, Dave McCaldler - third, Jimmy Hladki - second and George Beznoski - lead with the Ed Funk Memorial Trophy for winning the LdB Men's Bonspiel this past weekend.

Curling enthusiasts were able to watch some great matches between the 48 rinks vying for top honours. A-Event team finalists were Doug Silvester and his rink Dave McCaldler/third, Jimmy Hladki/second, and George Beznoski/lead of Lac du Bonnet take on Winnipeg team of Trevor Loreth/skip, Andrew Wickman/third, Ian Schillberg/

second, and Bert Martin/lead. In the first end Loreth took two points. Silvester got one in the second. Loreth blanked the third, and took one in the fourth, with Silvester taking one in the fifth to tie the game 3-3. Loreth once again blanked the sixth to keep the hammer. Silvester then stole one in the seventh end to be one up coming home without the hammer. In

a great final end the Silvester rink forced Loreth to a final draw to the four foot for his one point to tie and force an extra end. Loreth's draw came up heavy and Silvester took the win. "This was a special win for us, we got the old team back together, even George came all the way out from Yellowknife to help out. We

See LdB/page 10



## Pineview pups

by V. Anderson

A lot has happened to the Pineview dog family, a story which ran in a previous edition of the Echo, Not in the doghouse, on January 8th. I refer to them as the Pineview dog family now, because it is unclear of whose area these dogs fall under, Pine Falls, or Powerview.

Since the last story, the mother and her two pups set up winter camp behind the Pine Falls Golf Course. There they made a den. When viewing the mother dog in January, it seemed that she was pregnant. We had not seen her for quite

a while and then we got a call telling us she was living behind the golf course. We went in search of her and she seemed a lot smaller.

Last week we were informed that Bill Borlase spotted the pups in the den. Borlase went to the Town Office in Pine Falls and told them of the situation. Together Borlase, Glen Hibbert and Gerald Pelletier went to retrieve the pups. The den that the mother built was very deep and they had to use a fishing dip net to get them all out. They pulled out nine pups in total. Borlase took the pups to

the Winnipeg Humane Society and made a donation on their behalf.

Some good news is that the Shelter ran a special feature on Television in regards not only to the pups but all the animals that have been coming in after the Christmas season. The results were very good and many animals were given homes. The pups were shown on T.V. and all nine of them have been adopted.

However, the mother and her two other pups are still living in the area. We have had a few calls in regards to the animals, one in particular, was

from the Human Society. They informed us that if the dogs were caught they would spay and neuter them and try to find them homes. However, the mother would probably be much to wild by now, and if she was not a bother to the communities they suggested that she be caught, spayed and released back to live out her days. The pups could be found a home.

We would like the public's input on this matter, feel free to contact us at the Winnipeg River Echo.

We would like to publish your views.

**Blues vs. Flyers**  
Saturday March 2, 7:30 p.m.  
Lac du Bonnet Arena

## ECHO MAIL: Letters to the Editor

Box 550 Ph: 367-9468  
Pine Falls, MB Fax: 367-9974

### Reader says stop complaining

Dear Editor:  
Can we please stop complaining about the amalgamation and just get on with it? The bottom line is that our new school division will be the largest rural division in Manitoba, with one of the strongest assessment bases. We are blessed with great teachers, decent facilities and programs that our kids need and want. And with the extra support in funding from the province, Agassiz's deficit will be paid off at the end of June. I am certain that our trustees will make this division work.

Sincerely,  
Lindy Kaminawaish

## Health a major issue

by Charlea Norman

George Harbottle, who is seeking election under the Liberal banner in the Lac du Bonnet by-election, says he finds health is the issue most often raised by voters as he campaigns door-to-door.

He says the North Eastman Regional Health Authority is the poorest funded RHA in the province, with per-capita funding last year at \$632, compared to more than \$1,000 for some western Manitoba RHAs. Harbottle told the Echo that throwing money at a problem is not always the best way to deal with it, but money does not have to be wasted. "You

can get better mileage for your money" he said, and cited the \$80,000 survey by Health Minister Chomiak as an example of money which could be better spent elsewhere.

Harbottle said education is another issue raised by voters. He said the boundary decision is causing concern and pointed out that Agassiz is the only school division without a technical school.

He said Highway 304 is another major issue. He said the road south of Highway 11 needs straightening. "We don't need any more studies," he said, "You just have to drive along it to recognise that some-

thing has to be done." Harbottle said the government says that 17 billion dollars needs to be spent on highways, just to catch up, but the they are spending only \$170 million a year. "That's only 1%," he said, "it's not enough to come close to catching up. Our infrastructure is deteriorating and is restraining regional economic development."

Harbottle said he is getting a very positive reception from his door knocking campaign. "People seem to be willing to look at alternative to the two parties that have been running the province for close to fifty years."

## NDP Election Update

by Cindy Kellendonk

With almost two weeks of constituency door knocking under his belt, Mike Hameluck said the most common response he has heard from the general public about the upcoming by-election is "people want to see someone who understands local issues and

who can best represent us on the side of the current government" Overall, he feels his feedback has been very positive and that people are pleased with the work the NDP Government has been doing.

"The concerns of general public of this riding are complex. Each issue, whether it be

health care, education, economic development or any other, needs to be treated with the same level of importance", Hameluck said. "People want to make sure that the NDP keeps working on issues like the nursing shortage that we continue with initiatives like the LPN regional training program."

In reference to the ongoing drainage concerns, Mike stated, "Putting drains in is not a problem. The NDP Govern-

ment is putting money back into a program - maybe not as fast as people would like, but we are in a rebuilding stage that faced 12 years of cutbacks by the previous Government. We are also committed to economic development through tourism and job creation on a wide scale. We continue to put dollars into infrastructure funding with the goal of bringing in economic development into this region."

*The entire NDP Caucus and*

*Cabinet will be attending a retreat in Beausejour, February 27<sup>th</sup> and 28. The retreats are held twice a year throughout rural Manitoba as an opportunity for members to reflect on past issues, look at rising issues and meet the public as they prepare for the House to go back into session. Constituents can expect MLA's to be visiting most of the northern part of the region on Wednesday afternoon. Premier Gary Doer will also be supporting Hameluck during his rounds in meeting the public on the afternoon of the 27<sup>th</sup>.*

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Jackpot Strip - 132.00\*  
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Every Wednesday Evening Lac. Lic. 453


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Full House - 235.00  
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# Echo

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# Echo

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba.  
Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

## Pine Falls need more personal care beds

by Charles Norman

Gerald Hawranik, PC candidate in the upcoming Lac du Bonnet by-election says the Pine Falls personal care home needs more beds. He said Pine Falls and the surrounding community needs both. "Acute and extended care beds are needed for the proper working of the local health care system." He said.

He said roads into Pine Falls and Powerview are atrocious and need renewal. "Roads are a vital part of the infrastructure needed to encourage economic development." He said, adding that the proposed all-weather road on the east side of Lake Winnipeg is very important to the economic development of the area.

Hawranik said school division amalgamation is a concern raised by many voters because of its effect on taxes. He expects school taxes to "go through the roof this year". He said school taxes on property, especially farm land is a major concern. "There are only two provinces with a school tax on property." He said.

A major issue in farming areas is land drainage which Hawranik says has been badly neglected for many years.



## Can Am Bear X-Country a Success

The Can Am Bear X-Country races were held this past weekend. The event was well attended and sledding enthusiasts were treated to some high flying action. This family event offered a variety of activities for all to enjoy. See the full story in next week's Echo.

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## Education minister campaigns for Hameluck

Education Minister Drew Caldwell was in the Lac du Bonnet constituency last week campaigning with NDP hopeful Mike Hameluck. He said school division amalgamation will result in Agassiz will be the

largest school division in the province and will have a very strong tax base giving it an opportunity to develop educational programming in eastern Manitoba. He said his department has been working very very

closely with Agassiz supporting the division with its financial problems.

Caldwell said the government is committed to investing in education. This year the province is investing \$70 million in capital projects, (includ-

ing Tyndall-Garson and Beausejour) which he said was the largest investment in education in Manitoba's history but,

he said, it is far short of the \$250 million needed for education infrastructure.

## PROVINCIAL BY-ELECTION LAC DU BONNET

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### Get Your Name on the Voters List

Having your name on the voters list will make voting more convenient for you on election day. If you were not enumerated, your name is probably not on the voters list. Check with your Returning Officer to find out whether or not your name is on the list (address below).

If your name is not on the voters list, you can have it added during revision.

Revision is held from 8 a.m. to 8 p.m., Wednesday, February 27 to Saturday, March 2 at the returning office. Revision will also be held from 8 a.m. to 8 p.m., Thursday, February 28 at Golden Leisure Seniors Club in Pine Falls.

You will have to show your driver's licence or 2 other pieces of identification that together confirm your identity.

If you are a qualified voter and are unable to go to revision in person, you have two options:

1. You can phone your Returning Officer to arrange to have a revising agent visit you at home.
2. You can ask a relative to go to the returning office and fill out an application to have your name added to the voters list. Your relative will have to show your driver's licence or 2 other pieces of your identification.

For more information about revision, contact the Returning Officer.

Division	Returning Officer	Address	Phone Numbers
Lac du Bonnet	Violet Mozil lacdubon@mtnet	Box 1072 608 Park Ave. E., Beausejour, MB R0E 0C0	204-268-6000 1-866-994-9918 Fax: 204-268-6003

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# Gabey's: A new restaurant for the Glenn Howard Inn



Gabey's Restaurant located in the Glenn Howard Inn is set to open on April 1, 2002

by Shawn Tester

Lac du Bonnet's newest hotel, the Glenn Howard Inn plans to fill a culinary gap for the area with the addition of a new restaurant. Eddy and Gabriella Zawislak have taken on the venture with the opening of Gabey's, specializing in ethnic foods of Polish, Ukrain-

ian and Hungarian origin. Tentative menu plans also include a regular weekly Chinese smorg. The lavishly decorated facility of 30 seats is expandable to include the semi-attached lounge for a total seating capacity of 58. This flexibility allows for private parties, small or large and is licensed to serve wine, beer

and coolers. The target date for opening is April 1st.

The good folks at the Glenn Howard Inn are now working to complete their new salt water pool and fitness centre. Not surprisingly, there has been strong public interest shown in membership to this new facility. It's onward and upward at the new Glenn Howard Inn!

# It's the Law

by Gerald Hawranik, Q.C.

## Factors to consider before making a will

Gerald C. Hawranik, Q.C. is a lawyer in Beausejour with 20 years of extensive experience in most areas of law. *It's The Law* will be published in each issue of *The Echo*. If you would like to know more about any legal topic, please write to Gerald at Box 880, Beausejour, MB R0E 0C0, phone 268-6300.

There are many factors to consider before making a will. Some of them include:

1. Who will be your Executor? Normally your surviving spouse will be your Executor, but who will be the Executor if your spouse predeceases you? Name at least one alternative Executor, preferably one who resides in Manitoba, though that isn't a requirement.

2. Decide on the distribution of your estate. Who will be the beneficiaries of your estate in the event that your spouse predeceases you? Will your grandchildren take the share of your child who might predecease you? Do you want certain assets to be transferred directly to specific people - assets such as heirlooms which you want to stay in the

family.

3. Decide on the powers which are given to your Executors. Generally, the powers given to an Executor should be wide powers - which give authority to your Executor to sell any assets you may have in order to distribute your estate, or which even allow your Executor to postpone sales of assets which in the opinion of the Executor will be in the best interests of your estate.

4. Who will be the guardians of your infant children? It is best to speak to potential guardians before making your will to obtain their consent. Any guardian appointed should have a similar lifestyle to yours.

These are only some of the factors to consider before making your will.

If you have any questions about the information appearing in this article, or any other legal question, please call me for a free initial consultation.

*This article is intended to provide general information and not to advise anyone on what he or she should do in a particular situation. The facts of each case are important, and usually affect the way in which the law is applied. When you have a legal problem, it is best to consult a lawyer.*

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## Lac du Bonnet looking good

by Cindy Kellendonk

The efforts of the Lac du Bonnet Public Works crew whose job it is to maintain the attractive hanging baskets, flower displays and public grounds around town this past summer did not go unnoticed. The Manitoba Good Roads Association chose the Town of Lac du Bonnet as the winner of the 2001 Urban Centre Beautification Contest.

On behalf of the town, Allan Simcoe - Public Works Supervisor, attended the awards banquet held in Brandon, February 17, 2002 to accept The Powell Equipment Shield in the Urban Beautification Com-

petition.

This is the 15th award for Lac du Bonnet in this category since receiving the first in 1958.

The Good Roads Association represents over 60 rural municipalities and 30 towns and cities for road improvements and awards recognition of special efforts.

In this competition, over 30 centres in Manitoba are rated on a variety of categories such as general appearance (47%), facilities (23%), recreation (19%), accommodation (6%) and points of interest (5%). The most recent and past awards are on display in the Lac du Bonnet Town Office.



LdB Public Works Supervisor Allan Simcoe receives Good Roads Association Award for the Town's Urban Beautification Program

## New bursary through Helen Betty Osborne Foundation Civil Technology and Engineering students to benefit from new award

Press Release

Aboriginal and Northern Affairs Minister Eric Robison today announced the establishment of a new bursary to be delivered through the Helen Betty Osborne Memorial Foundation to assist northern students pursuing a future in engineering and civil technology.

"Recruitment and retention of skills people continues to present a challenge in the North and this is particularly true for graduates with qualifications in engineering and civil technology," said Robison. "This initiative is designed to support and encourage northerners to develop the knowledge and skills to benefit from future opportunities while contributing to meeting the needs of the North."

The bursary will be funded by the province for a period of three years with a contribution this year in the amount of \$20,000 to support four stu-

dents. Individuals pursuing studies in civil technology or engineering are eligible to apply.

It is anticipated that the demand for these skills will be met in part through the new civil technology program at the Thompson campus of Keewatin Community College.

Mark Mirza-Agha, department head of management, trades and technology at Keewatin Community College in Thompson, welcome the announcement and said that the bursary is great news for the program.

"I am very pleased with the Department of Aboriginal and Northern Affairs for making this commitment to support the long-term needs of northern students," said Mirza-Agha. "This scholarship will have a very positive impact for students with a financial need. It will open many doors for them as they pursue a future in civil technology or

engineering."

Robison added that, in addition to the bursary itself, the Department of Aboriginal and Northern Affairs will provide summer employment to three students from communities within the department's jurisdiction.

The Helen Betty Osborne Memorial Foundation was established by an act of the provincial legislature in 2000 in memory of Helen Betty Osborne whose aspirations to become a teacher were tragically cut short as a result of her violent death in 1971. The scholarship fund established by the foundation honours her memory while helping others pursue post-secondary education.

Requests for information and bursary applications can be made to the Helen Betty Osborne Memorial Foundation c/o Manitoba Justice, 235-405 Broadway, Winnipeg, Manitoba R3C 3L6.

## The Winnipeg River Echo

56 Art Street, Powerview  
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# Terrific Tournament in Lac du Bonnet

by Shawn Tester

On Feb 22-24, Lac du Bonnet White and Black Lightning teams hosted the Beausejour Blades, Pinawa Panthers, Sagkeeng Hawks #1 & #2, and Pineview Saints #1 & #2 in an Initiators Hockey Tournament. Excellent effort by all the players and coaches made for a surprisingly fast and exciting round of games. Expert commentary and superb organization of the event made it a real pleasure for all.

This was especially true for the Sagkeeng Hawks #1 team, pictured above, who took home A side honours over run-

ners up Pinawa Panthers. Other standings- B side winners: Beausejour Blades, runners up Lac du Bonnet Black Lightning. C side winners: Pineview Saints #2 over LdB White Lightning. D side winners: Sagkeeng Hawks #2, runners up Pineview Saints #1.

Special thanks to referees and the organizing committee: Ray Brennan, Mike Lussier, Caroline Brennan, Lynne and Pat Adrian, Tammy Lussier, Stu Evans and Anthony Kost and all the volunteers who worked hard to make this a memorable event for the initiators.



Lac du Bonnet Initiators Tournament winners- Sagkeeng #1 Hawks  
#77 Brian Black Jr. #14 Tya Black, #4 Nicholas Bruyere, #3 Gordie Carver, #18 Jonah Fontaine, #17, Trevor Laforce, #8 Tyrone Morriseau, #7 Josh Prince, #311 Rochelle Ryder, #55 Glen Sinclair #22 Logan Zacharias Coach: Randy Bruvere, Asst. Coach Brian Black Sr

## Library Corner

### Lac du Bonnet Regional Library



With the end of February comes the end of "I Love to Read" month! To keep the reading momentum going, library staff is inviting all kids from Kindergarten to Grade 6 to participate in our new reading program for the month of March. "There's Snow Better Time to Read!" Sign up your youngsters as soon as possible. We will keep a record of all the

library books that they read during this time - the children can read any books of their choice! There will be book prizes, stickers, candy and bookmarks to give away. This is not a competition - just an opportunity to get to know the library better and to read some great books! Allow us to tell you about a few new titles:

"Piglets Don't Watch Tel-

evision", and "Goldfish Don't Take Bubble Baths", and "Lizards Don't Wear Lip Gloss" are three catchy new titles for our Junior readers. They are part of the "Abby and Tess Pet Sitters" series by Trina Wiebe. You can also visit Abby and Tess online at [www.abbyandtess.com](http://www.abbyandtess.com).

If you enjoy stories about horses, you will want to read

the two new titles in the "Thoroughbred" series by Joanna Campbell are "Ashleigh's Promise" and "Rising Star".

"Speed and Light" by Sybil Rosen is historical fiction for juniors. "The Holocaust is over. But hatred and prejudice still exist..."

Read "Website of the Cracked Cookies" by Eric A. Kimmel for some adventures in cyberspace.

We would like to encourage the children to read a variety of types of literature. Check our display for different examples to choose from.

Did you know Buzz Aldrin had written a book? He... "writes with authority.... The man who set foot with Neil

Armstrong on the moon on that amazing morning in 1969 is very good at describing the incredible thrills and substantial dangers of space travel," says New York Post. His book, published in 2000, is entitled "The Return" - a tale about the kind of space adventure that could happen today - and that will happen tomorrow.

Pat Capponi has written "Bound by Duty - Walking the Beat with Canada's Cops". Take a look at what it means to be a cop in Canada today. "A complex and fascinating look at a closed-door institution in flux, "Bound by Duty" gives us reason for hope about the future of policing in Canada."

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**On Tuesday, March 12 elect**  
**Mike Hameluck to join Gary Doer**  
**& his NDP team**

Today's Authorized by Fran Thompson - Official Agent for Mike Hameluck Today's

# Gone Fishin' National Fishing Week July 6-14, 2002

by Shawn Tester

National Fishing Week is a coast-to-coast to coast awareness program that has been declared Canada's week to explore the magic lure of fresh and saltwater sport fishing. Parents, youngsters and wanna-be anglers everywhere,

are invited to experience Canada's amazing outdoors. The purpose of this event is to encourage more Canadians to experience the excitement and the many benefits of recreational fishing.

"Recreational fishing reduces stress and builds confidence, especially in children. It also helps us form lasting relationships," states Psychotherapist Christine Freeman. According to Freeman, who

deals with family matters as a part of her practice, fishing with friends and family members is an excellent and affordable means of enhancing emotional well-being.

"Fishing in a natural, stress-free environment is conducive to quiet conversation, enabling people to bond emotionally," Freeman says. "Sharing time with others when the focus is on a this kind of simple, relaxing activity allows people to gain some physical and emotional distance from their problems. By taking children fish-

ing, adults create opportunities to share the same healthy experience. This is very reassuring to youngsters. They derive confidence from knowing that grown-ups are happy and care enough to spend time with them."

"Fishing has been a stabilizing force in Canadian families for generations. It combines wholesome family experiences with opportunities to learn about and appreciate our natural environment. What's more, it allows kids, parents and even grandparents to share a common adventure and savour the memories."

Dr. Matthew Stewart is an author and educator specializing in trauma and recovery. He gives fishing high marks as a therapeutic activity for anyone who is suffering. "By its nature, fishing is a quiet, relaxing activity that helps people alleviate the pressures of daily life. Fishing allows people to spend time in a peaceful and soul-restoring way that can be very healing. As a bonus, research shows that laughter, a common by-product of fishing, also boosts

our immune systems".

Fishing is one of the easiest and most affordable ways for families to come together in a meaningful way. It is also one of the finest teaching tools we have to help youngsters and adults acquire a solid appreciation of our outdoor environment and all of the creatures who rely so heavily on us to use these resources wisely.

Fishing and other related activities also generate over \$7 billion each year for the Canadian economy. Above all, fishing is an integral part of our culture. It helps define us as Canadians.

Explore this site to learn how to participate in National Fishing Week or to find a full-stringer of information on when, where and how to catch fish anywhere in Canada. [www.nationalfishingweek.com](http://www.nationalfishingweek.com)

Maybe you'll find some tips on how to catch the big one and some big cash in the upcoming Lac du Bonnet Ice Fishing Challenge, slated for Saturday, March 9. Register at Woody's and Laverendrye Trading Co. in Lac du Bonnet.

# Recreation Ramblings

by Michelle Chudd, Recreation Director  
Winnipeg River Recreation District, 345-8816  
Email: [recomm@granite.mb.ca](mailto:recomm@granite.mb.ca)

## Act up! Act fast!

We have the opportunity to book the Manitoba Theatre for Young People for half day intro to drama workshops over the March Spring Break for children ages 5-9 and 10 years and up. This would be held on March 27 & 28. Are you interested? Call the Rec office ASAP. Minimum of 15 participants.

## Cardio Kick Boxing ... aka boxercise

Ok, Kim has a little time on her hands and has come up with a funkified name for Boxercise. So - for the next session, commencing on April 3 to June 26 (Wednesdays and Sundays, same times, same location) we have Cardio kick boxing. Interested? Call the Rec office to sign up!

## Boxercise dates

March 10 - from 5:00 - 6:00 p.m. for this day only.

## Jewellery making and

## gem setting

Interested? Please call the Rec office as we are looking at two options..holding the course in Pinawa if numbers and equipment meet the requirements or arranging a car pool to go into the program held in Winnipeg at Sturgeon Creek Continuing Ed which has a facility that is top notch.

## Family month spear-headed by Pinawa early childhood development committee

Events to prepare for (dates and activities are tentative)...

March 3 - A visit with Jackrabbits - Bonfire in the Bush

March 8 - Family IceCapades

March 5/19 - Gymnastics

March 24 - Family Jam Can Curling from 1:00 - 3:00 p.m. at Pinawa Arena

For more info contact Susan Barnett 8239, Janet Hilliard


## 2116 or Jackie Sturton 8839 Recreational fishing league for youth

For youth ages 9-15 years. Season runs from May 20 to June 24, 1 day per week. For more information contact the Rec office at 345 8816 or 753 2639. Opportunities for a LdB and Pinawa Program. This program is run in conjunction with the Manitoba Wildlife Federation and Manitoba Conservation (Fisheries Branch). Lifeguard/swim instructor opportunities

Ok - so we still have snow and ice but...if you are thinking of being a Lifeguard or Swim Instructor this summer then there is some homework to do...Do you have your First Aid and CPR? How about your Water Safety Instructor's course? Ambitious - maybe get your Lifesavings Instructor and National Lifeguard certificate too. And then what? Send in your application for either the LdB Waterfront program or Pinawa Pool. Need more info? Contact me at 345 8816 or Connie at 753 5100. See RECREATION/page 15

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Authorized by D.C. Dube, Official Agent

# Direct democracy

## Your voice in Ottawa



Vic Toewa, MP for Provencher

The idea that Canadians should have a say in matters of significant importance to their safety and fundamental rights has often been dismissed by elitists who seem to believe that citizens are too ignorant to make informed decisions about matters of public policy. Recent developments, including the announcement of the

federal Progressive Conservative Party to accept direct democracy policies as part of their platform, indicate that this attitude may be beginning to change.

The Canadian Alliance, and its predecessor, the Reform Party, for more than a decade have been promoting greater participation by citizens in the democratic process. As Canadians have become increas-

ingly disillusioned with the political process, the Reform/Alliance has strongly advocated citizens' initiatives and other forms of direct democracy in order to give citizens a greater voice in the decisions that affect their lives and to give legitimacy to the decision-making process.

I am not suggesting that citizens' initiatives and referenda in this country should replace our current system of representative democracy. However, there are certain matters, particularly those of moral or

ethical concern, or regarding health and safety matters, that have far-reaching implications on Canadians and their daily lives. All Canadian voters should have the opportunity to have a direct say on these issues.

A number of U.S. States have been conducting citizen-initiated referenda successfully for decades. In a study of referenda conducted in the year 2000, American citizens voted on issues ranging from re-mapping of electoral districts and bilingual education, to drug treatment initiatives and gun control. The required number of citizens' signatures to trigger these referenda ranged from 4% to 15% of the voter turnout for the previous election. This minimum threshold of signatures is generally set high enough to ensure that a frivolous or nonsensical referendum is not initiated by a tiny minority of the voting population, but low enough to ensure that the voice of the ordinary citizen can still be heard.

Citizen initiated referenda have also been utilized in many European countries. Switzerland, for example, has a centuries-old tradition of direct democracy - federal laws may be submitted to referendums if demanded by 50,000 citizens, and citizens can even propose constitutional amendments if 100,000 citizens sign a petition to this effect. In fact, any constitutional changes initiated by the government must be approved by the voters in a referendum, in contrast to Canada in which most of the constitutional changes in the past two decades have been effected by nine appointed judges of the Supreme Court.

Furthermore, most jurisdictions in Canada and elsewhere that have allowed referenda

have held them in conjunction with other election campaigns. By following this course of action, we could be tapping into voters' wishes at virtually no extra cost to taxpayers.

One additional advantage to referenda is that they tend to have a consensus building and unifying effect on policy. To illustrate the point, New Brunswick held a referendum last

year on whether or not to ban video lottery terminals. During this campaign, the Coin

Machine Owner's Association promised to start reinvesting millions of dollars of VLT revenues into addiction research and counseling. This was a significant compromise that would not have emerged without the democratic and awareness-raising exercise of the referendum campaign.

In the end, the people of New Brunswick voted in favour of allowing VLT's in their province. However, whether a person agrees with legalizing video lottery terminals or not, a referendum on the issue was certainly an effective way to enhance direct democracy and to gauge the public reaction to the matter. Above all, it ensured that voices from all sides of this important debate could be heard and end all doubt as to where the people stood on this important issue.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Altona at 204-324-9709 or in Lac du Bonnet at 204-345-9762. You may write me at Box 2470, Steinbach, MB R0A 2A0, by fax at 204-346-9874 or by e-mail at [toewsvl@mts.net](mailto:toewsvl@mts.net)

# Ask your Pharmacist

## Hypertension: Do you have it?

It's estimated that as many as one in five Canadians suffers from hypertension, or high blood pressure. But only 25 percent of those people know for sure that they suffer from it and get treatment. If left untreated, hypertension can eventually cause death and stroke or heart attack.

It's important to have regular checkups for hypertension, because it doesn't have any specific warning symptoms. There are certain risk groups, however. People with a family history of hypertension are prone to the disease, and it is more common in middle-aged

and elderly people. Women who are pregnant or on birth control pills are also at special risk, as are black males. Excess weight, excessive salt intake, and smoking are all risk factors for developing hypertension, as are medical problems such as high blood cholesterol and diabetes.

There are a number of drugs that can be used to lower blood pressure. Patients with hypertension can also "take control" by altering their lifestyle to lower their blood pressure.

Look at your diet, lower the amount of salt you use, keep your weight at an acceptable

level, and reduce intakes of cholesterol and saturated fats.

Moderate exercise is a good idea, but talk to your doctor about what types of exercise you can and can't do.

Watch your stress level. Try to avoid getting "stressed out", and set aside some time every day just to relax.

Quit smoking: people with hypertension who smoke two packs of cigarettes a day increase their chance of suffering a heart attack by 10 times.

If you have any questions about hypertension or medication you may be prescribed talk to your pharmacist - your drug expert!

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FLOOR STORE

# Happy tots place

by Kathy Duff

I would like to start this article by giving you some highlights of the month of January. At the start of the month, Natalie and I took a group of children and walked to her house to make a fire in the fire pit in her back yard. We let the children roast weiners and marshmallows around the fire pit in keeping with our theme Winter Sports and Recreation. Unfortunately, due to cold weather we had to cancel our sledding trip to the Pine Falls Golf Course and also a visit from Lisa's boyfriend who was going to bring his snowmobile to the daycare for the children to see.

January 21-25 was a busy week here at our center. Mary

Lou Sanderson, a Dental Hygienist came in to demonstrate how the children should brush their teeth. She also gave them each a toothbrush to practice brushing for themselves. Dave Sanderson brought some puzzles and kits to take fingerprints of the children. He talked to the children about the importance of being an R.C.M.P. officer and as he departed he turned on his siren and lights on the R.C.M.P. truck. Dale Finley also came in to talk to the children about being a Paramedic and some children got to tour the inside of the ambulance. It was nice to see how many of our parents who have such important jobs in our own community. Earlier in the week we walked

to the Pine Falls Post Office. Joan Kleyh gave us a tour and the children got to stamp their letters and prepare them to go on the postal truck. We ended our week by walking to the Pine Falls to tour and have a short ride around the block on the school bus with Murray Evans the bus driver. It was worth the trip to see all the children so attentive with eyes wide open and smiles on their faces were a great way to end a busy week. We ended the month of January talking about opposites, black/white, long/short and left/right.

February has begun as another busy and exciting month. First week 4-8, we discussed fairy tales. The children love to hear stories made up from

long, long ago.

The children are also excited about February 14 coming, as they will wear RED that day and we will be having a party, with a valentine card exchange amongst their friends at our center. Thank you to those who donated Kleenex boxes. We now have enough boxes for each child to decorate for our party. February 18-22 we will learn about music. We will be sure to sing a variety of songs in keeping with our theme.

February 25 - March 1, we will discuss shapes as our theme. We will learn and identify these shapes, which are all around us everyday.

In keeping with February as I Love to Read Month, our Early Start Program is hosting a family pizza and literacy night for the families of our center. Here we will share pizza, followed by a circle story time with a special guest speaker. Geri Moore from Book Mates, which is a family literacy program. Families of our center get to have a spe-

cial night out to learn a few exciting new rhymes to share with their children.

I would like to pass on some information that I received from a school teacher that I have been using with my own children at home. It is called the five finger method and here's how it works. Observe your child as he/she reads. As your child reads a book if you notice there are five words or more your child has difficulty with, then this book is beyond your child's reading ability. Another book needs to be selected which will be easier for them to read. When your child has mastered easier books and no fingers are held up, you will know it is time for your child to move on to a more difficult book or books. I hope this is helpful for you as it was for me. Happy Reading this month.

I will close with the themes for the month of March: March 4-8, Senses, March 11-15, St. Patrick's Day, March 18-22, Numbers, March 25-29, Easter.

# World day of prayer

**Challenged to Reconcile - Written by the women of Romania**

Christians around the world will be focusing on the country of Romania during the annual World Day of Prayer service. Local residents are invited to join in this worldwide event by attending a 7:00 pm service on Friday, March 01, 2002 at the St-Georges Roman Catholic Church.

This year's World Day of Prayer service, written by the women of Romania, reflects on the theme "Challenged to Reconcile". The Romanian women greet all those participating in this service by saying, "Bine ai venit", which means, "Welcome".

Romania, an Eastern European country bordered by

Moldavia, the Ukraine, Hungary, Yugoslavia, Bulgaria and the Black Sea, is a country of many contrasts. Its population of nearly 23 million is made up of Romanian, Hungarian, German, Roma, Jewish and Turkish peoples. Many people live in poverty, a result of failed economic reforms and high unemployment since the country overthrew its 45-year communist regime and dictator Nicolae Ceausescu in 1989. Yet the country has a rich cultural heritage and bountiful natural resources, including health resorts famous for their mineral and thermal springs.

When you attend the World Day of Prayer, not only will you learn more about this beautiful country and its unique culture and heritage, but you will also be joining Christians in 200 countries around the

world and 2,000 communities across Canada who will gather together to pray and take action in solidarity with the people of Romania.

The World Day of Prayer has its roots in an ecumenical day of prayer organized by women in Canada and the United States in 1920. This event became the international World Day of Prayer in 1922, and Christians around the world began celebrating this event on the first Friday of March.

In Canada, the World Day of Prayer is coordinated by the Women's Inter-Church Council of Canada. In this community, the coordinating group has representation from local denominations.

For more information on the services being held in this community, please contact Jeannine Chevretils, 367-8230.

To learn more about the Women's Inter-Church Council of Canada, please visit our website at [www.wicc.org](http://www.wicc.org) or contact us at the following address: Women's Inter-Church Council of Canada, 201 -394 Bloor Street West, Toronto, ON M5S 1X4 Tel: (416) 929-5184; Fax (416) 929-4064; E-mail: [wicc@wicc.org](mailto:wicc@wicc.org)

# ECHOES FROM THE Heart

by Malcolm Forbes

A lady in a faded gingham dress and her husband, dressed in a homespun threadbare suit, stepped off the train in Boston, and walked timidly without an appointment into the president of Harvard's outer office. The secretary could tell in a moment that such backwoods country folks had no business at Harvard and probably didn't even deserve to be in Cambridge. She frowned. "We want to see the president," the man said softly. "He'll be busy all day," the secretary snapped. "We'll wait," the lady replied.

For hours, the secretary ignored them, hoping that the couple would finally become discouraged and go away. They didn't. And the secretary grew frustrated and finally decided to disturb the president, even though it was a chore she always regretted to do. "Maybe if they just see you for a few minutes, they'll leave," she told him. He sighed in exasperation and nodded. Someone of his importance obviously didn't have the time to spend with them, but he detested gingham and homespun suits cluttering his office.

The president, stern-faced with dignity, strutted toward the couple. The lady told him, "We had a son that attended Harvard for one year. He loved Harvard, and was very happy here. But about a year ago, he was accidentally killed. And

my husband and I would like to erect a memorial to him somewhere on campus." The president wasn't touched, he was shocked. "Madam," he said gruffly, "we can't put up a statue for every person who attended Harvard and died. If we did, this place would look like a cemetery."

"Oh, no," the lady explained quickly. "we don't want to erect a statue. We thought we would give a building to Harvard." The president rolled his eyes. He glanced at the gingham dress and homespun suit, then exclaimed, "A building!! Do you have any earthly idea how much a building costs? We have over seven and a half million dollars in the physical plant at Harvard!!"

For a moment the lady was silent. The president was pleased. He could get rid of them now. The lady turned to her husband and said quietly, "Is that all it costs to start a university? Why don't we just start our own?" Her husband nodded. The president's face wilted in confusion and bewilderment. Mr. and Mrs. I.eland Stanford walked away, traveling to Palo Alto, CA where they established the University that bears their name...a memorial to a son that Harvard no longer cared about.

"You can easily judge the character of others by how they treat those who can do nothing for them or to them."

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**The Winnipeg River Echo**

# Coaches comment

by Jamie Leach

The past week was supposed to be the week that put us in a great position to make the playoffs. It was the hardest seven days of this campaign but we felt confident that when the smoke cleared we would be the team standing.

Last Tuesday we faced a team fighting for second position in the division, the St. James Canadians. Rick Bender has his team working hard every night and they are a team we have had trouble with all year. The boys answered the bell with a strong 60 minute game and we dominated the Canadians with a 4-1 win.

On Saturday the #1 ranked Junior "A" team in Canada was in town, the OCN Blizzard and we knew we were in for a tough evening. The first period we tested the waters and found us down 3-0 but we came out strong the last two periods and ended up losing 5-3. We outplayed the Blizzard the last 40 minutes and a few bounces our way would have rewarded us with a couple of points. The Blizzard are a great team and our boys showed up to play and impressed the coaching staff with their fight to the end.

After two strong games in a row, one felt pretty good on Sunday afternoon before play-

ing the Swan Valley Stampede. Boy did I misread our club. We played the weakest game of the season facing a much depleted opponent. The players went through the motions it may have cost us the playoff spot we have worked so hard for. All we were looking for was 25% of the effort from the night before and we could have taken the much needed 2 points.

At the moment we are 4 points behind Selkirk with 3 games remaining. Tuesday here at the Sagkeeng Multiplex against the Winkler Flyers and then we face Selkirk back to back on the weekend. Selkirk is playing some good hockey at the moment and the few bad losses have put us in a tough position to make the playoffs. We must beat Selkirk both games and to make matters worse if we don't take any points against Winkler we have to beat Selkirk a certain



amount of goals this weekend. We haven't put ourselves in a good spot but we believe in these boys and it can be done. Like the great support we got on Saturday against OCN, we really need the backing this week from this community. As always the Blades would like to thank the local businesses and fans that do come out and support these boys!

## MJHL League Standings

TEAM	G	W	L	SOL	OTL	PTS.
Winkler Flyers	62	45	16	1	1	92
St. James	62	31	25	3	3	68
Winnipeg South	61	31	25	2	3	67
Selkirk Steelers	62	23	34	3	2	51
SE Blades	61	21	35	1	4	47
Winnipeg Saints	62	19	39	4	0	42
OCN Blizzard	61	53	5	2	1	109
Portage Terriers	63	43	18	0	2	88
Neepawa Natives	60	37	19	3	1	78
Swan Valley	61	34	17	8	2	78
Dauphin Kings	62	24	32	3	3	54
Waywayseecappo	61	8	49	3	1	20

## Lac du Bonnet Community Billboard

**Health Concerns?** Guest speakers on homeopathy and ear candling, Monday, December 3, 7:00 p.m. in Lac du Bonnet. Call 268-3235 to book your seat.

**Cooking for better health:** Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.

**Lac du Bonnet Pioneer Club Bake Sale:** Saturday, November 24, 10:00 a.m. to 12:00 noon.

**FACE 7-1375:** meets first Tuesday of the month. Chicken Chef, Powerview meeting room.

**Sit and Be Fit exercise class:** Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

**Prenatal classes:** held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

**Lac du Bonnet Lions Club** meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

**Lac du Bonnet Regional Library** open Tues and Thurs, 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed and Fri, noon to 4:30 p.m., Sat, 10:30 a.m. to 12:30 p.m., ph. 345-2653.

**Great Falls Women's Institute** meets first Wednesday each month 7:00 p.m. Great Falls Hall, Pat 367-2586, Leone 367-8569.

**Ladies' Auxiliary Royal Canadian Legion Branch #164** meets first Tuesday of the month 7:30 p.m. Legion Hall.

**LdB Committee on Family Violence and Abuse** meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

**Royal Canadian Legion Branch #164** general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

**Horticultural Society** meets second Tuesday of every month 7:00 p.m., Centennial School.

**St. John's ACW** meets first Monday of every month 1:30 p.m., parish hall.

**Lakeshore Al-Anon Group** Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh Call Teri 345-8712.

**Lakeshore Al-a-Teen Group** For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

**Town of Lac du Bonnet Council Meetings** second and fourth Thursday of the month.

**Lakeshore A.A. meetings** every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

**Ladies A.A. Meetings** Thursdays 1:00 p.m., 18 McDermod, Pinawa. Doreen 753-8357.

**Battered Women's Crisis Line** 1-800-362-3344.

**Lac du Bonnet Health Centre Auxiliary** meets fourth Thursday of the month, Health Centre 1:30 p.m.

**Lac du Bonnet Wildlife Association** temporarily meets at the call of the chair. Call Peter 345-6190 for information.

**New to town?** Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

**Two Rivers Seniors Resource Council Inc.** Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers.

**Pioneer Club** Meets first Monday of month 9:30 a.m., Pioneer Club.

**RM of Lac du Bonnet Council Meetings** second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

**Alzheimer Society** Theresa Conroy, Whitemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadschville.

**Little Day Buddies Nursery School** Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

**Agassiz Horticultural Society** meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

## Lac du Bonnet Church Directory

**ABUNDANT LIFE CHAPEL**  
Pastor Jeff Andrews, church 345-2834, home 345-1950  
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.

**LUTHERAN CHURCH OF THE CROSS**  
Church/office 345-8654  
Sunday: 11:00 a.m. - worship service

**NOTRE DAME CATHOLIC CHURCH**  
Father Richard Macbura, 345-2900  
Lac du Bonnet: 5:00 p.m. - Saturday mass, 11:00 a.m. Sunday mass  
Pinawa (senior school): 9:15 a.m. - Sunday mass

**ST. JOHN'S ANGLICAN CHURCH**  
Rev. Brian Bountree, 367-8615, church 345-2357  
Sunday: 11:30 a.m. - worship, 11:30 a.m. - first and third Sunday of each month, holy eucharist.

## LdB Men's Bonspiel

from page 1

are very happy to take this win and it's unbelievable to be the first team on the EdFunk Memorial Trophy. I knew Ed for the last 15 years or so, we were not the best team here, but I felt he was here helping us all the way," said Silvester upon presentation. Thank you was also extended to Gary Buhay and his wife, the Ladies Club and draw master for all their volunteering on the weekend and to the ice makers for ensuring great ice conditions. Third and fourth in A-event were the Kulyk rink and the Milloy rink.

B-Event finals saw Winnipeg skip Bryan Novak, Bruce Jaspersen/third, Cecil Wilson/second, and Clarke Bradley/lead beat out another out of town rink skip Darko Reischek, Rick Stoneman/third, Glenn Gustafson/second and Ralph Schmidt/lead. The Reischek rink took one in the first. Novak took two in the second and stole another big two points in the third to make the game 4-1 heading into the fourth. Reischek fought back in the fourth to capture one, and then went on to steal one more in the fifth. In the sixth end Novak scored a big four points and the Reischek conceded the win. Third and fourth in B-Event was the Silvari rink of Winnipeg and F. Loreth rink of Lac du Bonnet.

C-Event finals saw a skip Craig Lobban and Richard Fosty/third, Patrick Lachance/second, and Doug Longmuir/lead of Beausejour defeat Win-



B-Event Winners - (left to right) Bryan Novak - skip, Bruce Jaspersen - third, Cecil Wilson - second and Clarke Bradley - lead



C-Event Winners - (left to right) Craig Lobban - skip, Richard Fosty - third, Patrick Lachance - second, Doug Longmuir - lead

nipeg team Larry McBain/skip, Chris Ech/third, Phil Chan/second, and Kevin Dodge/lead in a closely played match. Lobban stole two in the first and McBain answered back with scoring three in the second. Lobban took one in the third and McBain took one in the fourth. Lobban took one in the fifth and McBain taking one in the sixth to make the game 5-4 in his favour. Lobban took one in the seventh to tie the game up coming home without the hammer. Lobban managed to steal the

one big point for the win in the eighth when McBain wicked the guard while trying draw through a port to the four foot.

The Bonspiel was well attended by fans and curlers. Many teams commented on the quality ice conditions and an extended thank you is given to ice makers Dennis Kuzyk, Mike Enns, Brenda Kuzyk and Gord Strong for a job well done. The winner of the Milton leather jacket was Gary Potts. Money raised from the donation of the jacket over the weekend was \$523.00.

## Eastman ready to rock in The Pas-OCN

A sea of red, black, and silver balloons, greeted the guests at the Team Eastman Pep Rally held at the Brokenhead River Rec Complex on Tuesday, February 19, 2002.

Over 350 athletes, coaches, and parents were in attendance to hear what to expect at the 2002 MTS Manitoba Winter Games in The Pas-OCN, March 6-10, 2002.

Mid-way through the evening, the Edward Schreyer High School cheerleaders gave a demonstration of their skills, and then taught the athletes a cheer, "Eastman Rocks", to take to the Games.

At the end of the evening each sport selected one of their teammates to compete for the honor of carrying the Eastman flag at the Opening Ceremonies. These athletes then raced to eat a gooey, chocolate donut without using their hands. Lee Courchene, a badminton player from Manigotagan was first to finish. A draw was then made from all the names of the badminton players and Trevor



The Edward Schreyer High School Cheerleaders give a demonstration of their skills at the Eastman Pep Rally

Coss from Pine Falls was the winner. He will lead the 188 member Team Eastman squad

into the Galaxy of Stars outdoor venue. Good luck to all the ath-

letes. Go Eastman!

For more information please call Louise Malo,

Eastman Games Coordinator at 268-2172 or toll free at 1-888-836-8029.

## Maskwa Snowmobile Club Newsletter

by Ian Cyr

Last weekend we held our annual Poker Derby with 70 sleds and 260 poker hands sold. We had a lot of out of town riders that enjoyed the heated outhouses and the hospitality of Donna Carriere and Gord Sokoloski at the Clubhouse.

1<sup>st</sup> place winner with 3-10's & 2-8's (full house) was Norman Fenez of Powerview. Norm's comments were that he has been Poker Derbing for 16 years and this is the first time he has won, so congrats go to Norm.

2<sup>nd</sup> place winner with 3-9's & 2-5's (full house) was Rene Caya of Great Falls. Rene also

River Derby the week before and was a grand prize winner in Red Lake 3 years ago winning a brand new snowmachine.

3<sup>rd</sup> place winner with 3-6's & 2-8's was Rick Sparkes of Winnipeg. Rick was impressed with the clubhouse and the trail system so much that he bought a membership. Thanks Rick.

The Derby was a great success thanks to the many volunteers. Kevin and Janet Alarie for all the card and poster preparation. Cam Sokoloski for the excellent job on the new cards. Lionel and Elaine Vincent, Rene, Lynn and Allisa Chevrefils for taking

care of the canteen for Derby day but also spent a considerable amount of time there all week cleaning the Clubhouse and preparing it for the Derby. I talked to many snowmobilers that stopped while they were there and they appreciated a warm fire and great hospitality. I would like to thank everyone that helped out because without you it would not be possible to put on this event. Its nice to see a smile on out of town sledders out riding with there whole family. The last word is this. There were a number of participants from out of town for this years Derby. I would like to know

do not support our club. We have over 175 sleds registered in this area and the Maskwa has a total of 30 members and 100 Snopasses sold. I need to know from the riders what we as a club are doing wrong so that we can correct or make it better. We have the potential to be a very successful club if everyone was to contribute their part by either buying a Snopass or becoming a member.

Remember monies sold for each Snopass go back into the trail system in your area not to the Government. The Snowmobile Clubs control the Snopass allocation.

The Winnipeg River

# Echo

## ONE YEAR SUBSCRIPTION

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100 First Street Lac du Bonnet 345-9896

ONE LOW PRICE

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plus PST & GST

# Winnipeg River RCMP detachment report



**February 16:**  
At 00:30 a call was received regarding a disturbance at a residence in Hollow Water. Patrol was made, everyone left.

Received a complaint at 1:22 a.m. of persons knocking on windows at the George Guimond Care Centre.

A call was received at 2:45 a.m. of a loud party at a home in Hollow Water. Members had to lodge a very intoxicated female.

Members attended at a resi-

dence on Sagkeeng at 9:30 p.m. parents were having problems with their son. Son was intoxicated, however parents dealt with problem and said they would call police if his behaviour continued.

At 11:30 p.m. a person called the police station stating there was a suspicious person at the end of their driveway. Police made a patrol, however the person was gone.

**February 17:**  
Person from Little Black River called police at 10:42

a.m. stating they had a Break, Enter and Theft to their residence over the weekend. The culprits stole a TV, VCR, Playstation 2, and DVD Player, police are still investigating.

At 7:30 p.m. the Pine Falls Ambulance called for assistance. Police arrived at a residence to find a male was by himself, had fallen down and was bleeding from a cut to the head. Ambulance drove the male to the Pine Falls Hospital.

**February 18:**  
A complaint was received at 7:47 a.m. of a window broken at the Sagkeeng Multiplex Arena. Still under investigation.

At 5:00 p.m. a call was received from a lady stating there was a stray dog hanging around her yard and growling at her. Investigation revealed the dog belonged to her neighbour two doors down and the owner picked up the dog.

A call was received at 10:30 p.m. stating he was as-

saulted at the Petro Can by a former employee. Investigation continuing.

**February 19:**  
A female called at 00:42 hours reporting threatening phone calls from another female. Still under investigation.

At 10:47 a.m. the Department of Highways attended our office to report a break and enter at the weigh scale by the dam. The culprits entered through a side window and emptied the fire extinguisher in the building and stole a red and blue flasher.

A female called at 10:50 a.m. stating she was being harassed by a male. Still under investigation.

At 9:48 a.m. Child and Family Services attended our office to report a sexual assault. Members are investigating.

**February 20:**  
A call was received at 11:20 a.m. from Child and Family Services reporting a child missing from his foster home. B/Cst. located the child and returned him to his foster parents

at 3:12 p.m.  
At 3:45 p.m. a lady from St. Georges called stating some boys were having a fist fight and people were starting to gather along the highway. Police quickly departed however, when police got there the boys were already gone.

A female called at 6:50 p.m. complaining of threats by a male. Police are still investigating.

At 10:20 a call was received about a break and enter into the Junior High School on Sagkeeng and the caller said he knew who did it.

A call was received from a lady at 9:00 p.m. while she was on the ice curling in the Pine Falls Curling Club her jacket was stolen from the coat rack. Members attended an her coat was located behind the Manitou Lodge.

At 11:00 p.m. a female called complaining about harassing from another female. Still under investigation.

See RCMP/page 15

## Pine Falls Community Billboard

**Fort Alexander Health Centre:** Diabetes Clinic 9:30 a.m. to 1:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.  
**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.  
**Prenatal classes:** held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.  
**Library Allard:** Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.  
**Beaches Library:** Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.  
**Knights of Columbus:** meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.  
**Silver Haven Club:** cribbage every fourth and fifth Monday 1:30 p.m., whilst every Thursday 1:30 p.m.  
**Pine Falls Health Auxiliary:** meetings first Tuesday of every month 1:30 p.m.  
**Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.  
**Alcoholics Anonymous:** Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.  
**Pine Falls Legion:** meetings held second Thursday of the month 7:30 p.m. Legion, meal raffles held at Legion on Fridays 4:30 to 5:30 p.m.  
**Pine Falls Masonic Lodge #154:** meets second Friday of every month, Pine Falls United Church, except January and February.

**Badminton:** Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.  
**Powerview garbage pickup:** every Wednesday, recyclable pickup first and third Thursday of each month  
**PAA:** meeting first Tuesday of each month at 7:00 p.m.  
**Village of Powerview:** meets second Tuesday of each month  
**Winnipeg River Senior Service Inc. Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 1:00 p.m. Monday to Friday Services:** transportation, home maintenance, foot care, volunteer help, info.  
**Family Care Giver Support Group:** at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.  
**AA & Al-Anon - The Beaches family group:** Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Alcah Road 756-8018 or 756-2101.  
**Happy Tots Day Care 367-2601,** board meetings last Monday of each month 7:00 p.m. at the daycare.  
**Senior Scene Inc. #1 Alcah Rd., Victoria Beach:** General meetings second Tuesday of the month, 756-6468 for more info.  
**Mental Illness Support Group:** meets second Wednesday of the month 7:00 p.m. Wings of Power office  
**Beaches HELP Centre (seniors service):** 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.  
**Powerview Parent Advisory Council:** meets first Thursday of every month  
**Great Falls Hall workers - Tuesdays and Thursdays:** from 10:00 to 11:00 a.m.  
**Pine Falls Library:** open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

**Call The Echo 367-9468 to list your community event FREE OF CHARGE**

## Winnipeg River Church Services

**NOTRE DAME DU LAUS:** Powerview Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English), Sead Sunday 12:00 noon.  
**PINE FALLS UNITED CHURCH:** Sunday service 11:00 a.m. Bonita E. Garrett, Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome.  
**PINE FALLS ANGLICAN CHURCH OF THE ADVENT:** Ph. 367-8347 Rectory, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.  
**ST. THERESA'S:** Masses at Notre Dame du Laus.  
**ST. GEORGES:** Mass Sunday at 8:00 a.m. and 10:00 a.m.  
**ST. JUDE'S ANGLICAN CHURCH** Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.  
**TRINITY EVANGELICAL LUTHERAN CHURCH** Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682.  
**CHRISTIAN FAITH FELLOWSHIP -** Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.  
**HOUSE OF PRAYER FULL GOSPEL -** 2:30 p.m. every Sunday, Scantebury, on Hwy. #59.  
**ST. MARGUERITE R.C. MISSION** Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.  
**ST. ALEXANDER R.C. CHURCH** located at Sagkeeng First Nations. Sunday mass 10:00 a.m.  
**ST. THERESA R.C. MISSION** #8 Glensvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.  
**SAGKEENG CHRISTIAN FELLOWSHIP CHURCH -** Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.  
**CHRIST CHURCH ANGLICAN -** Sunday 2:30 p.m. at Hollow Water.  
**GRACE BAPTIST CHURCH -** Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

# Lac du Bonnet RCMP report



**February 14:**  
A report was received that a school bus light's were not activated while children were loading onto the bus.

A report was received of a missing youth in Pinawa. The youth was located at a friends residence.

**February 15:**  
A report that a vehicle was stuck by the lagoon behind the Pinawa works yard.

While on patrol officers broke up a fight that was taking place in Pinawa between two youths. An investigation into this matter is taking place.

**February 16:**  
A report about a single vehicle roll over accident that occurred near Tanco Mines. One person was injured and the accident is under investigation.

A report of a theft of an ignition switch from a snow mobile that had been parked across from Casey's Motor Inn in Lac du Bonnet.

A report about a minor two vehicle accident that occurred in Pinawa.

A request was received to try and locate a cottager about an urgent family member.

A report was received that a person was operating a vehicle without a valid drivers licence.

A report was received that snow mobiles were trespassing on private property in the Lee River area.

A report that local youths were fighting outside a social. The police intervened and the parents of the youths were contacted.

The police issues a 24 hour licence suspension to an individual that had been drinking but was not over the legal limit.

**February 17:**  
A report was received about an intrusion alarm at Lee Dale Store in Pointe Du Bois. The alarm turned out to be false.

A request to have an RCMP member attend the opening ceremonies in Pinawa in Red

Serge of the Girls Hockey Tournament on March 1st.

The police apprehended one individual for having care and control of a motor vehicle while under the influence of alcohol. Charges are pending.

**February 18:**  
The police received a report of a lost cell phone on a snow mobile trail north of Lac du Bonnet.

Police received a report of a lost dog in the Wedigo road area. The dog was later found.

**February 19:**  
A report of a vandalism to a garage in Pinawa.

**February 20:**  
A report was received of careless driving in Lac du Bonnet.

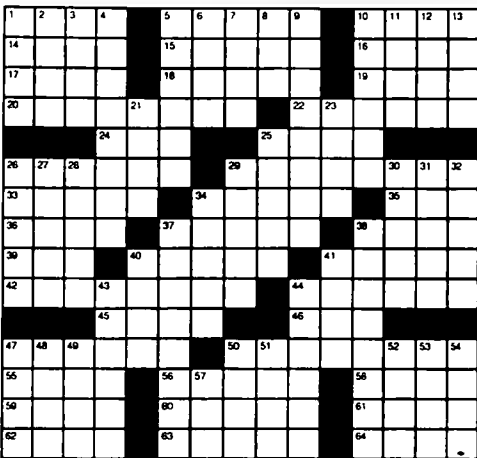
**February 21:**  
A report was received of an assault and damage to a car in Lac du Bonnet.

A report of a youth throwing garbage around the parking lot by the teen centre in Lac du Bonnet.

*If you have any information and want to remain anonymous to any of the above crimes, please call CRIMESTOPPERS at 1-800-782-8477*

# CRIME STOPPERS

# WEEKLY CROSSWORD



**ACROSS**

- 1. Camelot lady
- 5. Sound loudly
- 10. Tolled
- 14. Counsel
- 15. Personal atmospheres
- 16. And others
- 17. Common seasoning
- 18. Stairs
- 19. New star

**DOWN**

- 20. Pacts
- 22. Wedded secretly
- 24. Charged particle
- 25. Winter precipitation
- 26. Virtuous persons
- 29. Wine bottle
- 33. Sea eagles
- 34. Group of witches
- 35. Sandpiper
- 36. Peel

**DOWN**

- 37. Rants
- 38. Evergreen trees
- 39. Utilize
- 40. More rational
- 41. Send payment
- 42. Mythical seawomen
- 44. Rents
- 45. Partner
- 46. Print measures
- 47. Trade
- 50. Write commentary
- 55. Landed
- 56. Desert fertile spot
- 58. \_\_\_\_\_ the Terrible
- 59. Head (Fr.)
- 60. Nimble
- 61. Roman emperor
- 62. Fortuneteller
- 63. Medicine units
- 64. Mardi \_\_\_\_\_

**ACROSS**

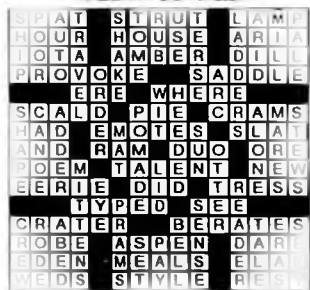
- 11. On
- 12. Church part
- 13. Happy
- 21. Toddlers
- 23. Lend
- 25. Cut off
- 26. Medical fluid
- 27. Come up
- 28. Central
- 29. Birds of peace
- 30. Clips
- 31. Weird
- 32. Relaxes
- 34. Confection
- 37. Train track
- 38. Eating sumptuously
- 40. Bargain event
- 41. Nevada city
- 43. Be significant
- 44. Eye parts
- 47. Baseball clubs
- 48. Toward shelter
- 49. Ceremonial
- 50. With no charges
- 51. Egyptian river
- 52. Declare
- 53. Scarlett O'Hara's home
- 54. Adam's grandson
- 57. Previously

## ECHO Trivia

• The person who manipulates the Muppets — namely Miss Piggy, Fozzie, Animal, and Grover — is Frank Oz. Oz also provided the voice of Star Wars' Yoda. His real name is Frank Oznowicz.

• Hitchcock bought the rights to the novel Psycho anonymously from Bloch for just \$9,000. He then bought up as many copies of the novel as he could to keep the ending a secret. During filming, this movie was referred to as "Production 9401" or "Wimpy".

**LAST WEEK'S ANSWERS**



## CRYPTIC PUZZLE

"BYCX DYWF VGFO HGFR'JF DPKKFB;  
DPHX HPSF P WFXPCF PQB CFH TPDS  
HY RYL KPHFJ."

-WPJR TKR

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

**Last Week's Solution**

TO BELIEVE IN ONE'S DREAMS IS TO SPEND ALL OF ONE'S LIFE ASLEEP.

- CHINESE PROVERB

# WEEKLY ECHO HOROSCOPE

for the week of  
February 25 to March 3

**Aries - March 21 to April 20**

It's time for you to get away from the everyday grind. Whether it's a day, a weekend or more, it's what you need to put everything in perspective. A great opportunity may be headed your way, but be sure you look thoroughly before you leap.



**Taurus - April 21 to May 21**

Maybe what you need is a change in your career. Maybe you just need to take a vacation. Whatever it is, your outlook is starting to affect other people, so you need to work on attitude improvements. Start now before you cause permanent damage.



**Gemini - May 22 to June 21**

Put some zest into your relationships. Take a trip with your partner to rekindle happier times. Plan a day of fun at the mall, a spa or a ballgame with a friend or group of friends. An old and dear relative could really use some company.



**Cancer - June 22 to July 22**

If you don't know the whole story, don't jump to conclusions. You've been more than generous with your time recently. Have you bitten off more than you can chew? Is part of your life suffering? Maybe it's time to reconsider commitments.



**Leo - July 23 to August 23**

Use your time wisely this week. You may even find that by doing so you have some time for yourself. Don't waste it-do something special. Maybe you can get away for the weekend with your partner or a friend. Or maybe you should just relax at home.



**Virgo - August 24 to September 22**

Your priorities are out of sync. It's time to get them in order. Your home life and your work are suffering from your indecision. Even though you're busy with home and work, don't forget that a special day is coming for a dear friend.



**Libra - September 23 to October 23**

You might be looking forward to the weekend, but Friday will be your big day this week. That's because you'll get some good news from work, friends or family. You can count on that friend who promised to help you with a project this weekend.



**Scorpio - October 24 to November 22**

Be open to any travel you may have to do this week. It might be a complicated week at home, but don't let that influence you if you need to go out of town for work. A parent or sibling might be a good source of help for a developing problem at home.



**Sagittarius - November 23 to December 21**

Break routine! Yes, this is the week when you need to take the plunge and try something new, even if it's just a new route to work or a different breakfast cereal. How about a class? You might find a new hobby or hidden talent you really enjoy.



**Capricorn - December 22 to January 20**

Go the extra mile to try to understand a person's point of view. It's best if you don't jump to conclusions, so listen carefully to the whole story or idea. Tuesday should be a red-letter day for you. Plan something special with your friends.



**Aquarius - January 21 to February 18**

Don't be afraid to take a chance this week. It could mean that your supervisor will see your true potential, which could open doors for you at work. Try not to be vague when discussing plans for an upcoming event. You don't want it to be a drag.



**Pisces - February 19 to March 20**

The offers are coming in this week. It could be for a new job or maybe a chance to learn something that could help in your current position. Don't let the offers pass you by. Take advantage of the situation to help develop the new you.



# Echo Classifieds

### For Rent

**Apartments for Rent** - One and two bedroom apartments for rent in Powerview. Utilities and parking included, coin laundry, very clean and well maintained. If interested please call for details after 6:00 p.m., 367-4922. 23-TFN

**House for Rent** - Three bedroom house for rent, partially furnished, includes satellite TV, available February 1st, 2002. Call 367-4549. 31-TFN

**House for Rent** - Large Lot, many trees, 3 Bedroom house, 1 mile South of Lac du Bonnet. "Grass cutting" included in rent price. Call 345-8733. 31-TFN

**House for Rent** - 1 1/2 story house for rent in Powerview, appliances included, quiet neighbourhood, large yard, call Norm at 367-8232. 31-TFN

**Bankruptcy Info-line** - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TFN

**Wanted** - 29 people to lose weight. Will pay \$\$\$ to lose. Call 1-866-617-5736. 36-44

### For Sale

**St Georges** - 2 Bedroom single level dwelling in St. Georges, 677 sq. ft. Exterior and roof recently renovated, appliances included, asking \$35,000 OBO, call 367-8634 or 367-8522. 34-TFN

1144 sq. ft. double lot, Spacious 3 Bedroom bungalow, completely remodeled, (1999) central vac, new windows, carpets, cupboards, all new appliances, fridge, stove, washer/dryer, dishwasher. To view call 367-4922. 33-TFN

**Snowmobiles** - 1997 Arctic Cat ZR440, Can Am X-country racer, only 297 miles, race ready, mint condition, \$4500 Firm, Call 268-1450 ask for Peter. 36-TFN

1999 Arctic Cat Panther, 440CC Fan - Coolant, 1250 kms. Mint condition, best offer. And 1987 Polaris - Indy Sport 340CC, Good Condition, Best Offer. Call Gerry or Donna at 367-8861. 36-21

**Sonny's Chicken House & Fine Chinese Cuisine** Waitress Wanted day and evening shifts, apply at restaurant, ask for Shaun or Donna 37-21

**Permanent** - Part time Bartender, \$8.50 per hour, commencing March 14, shiftwork. 38-11

### Birthday



Sugar and spice and all things nice - NOT!

**Happy 13th Birthday,**  
Love your #1 Mom

A special thank you going out to everyone who shared the celebration of our 50th Anniversary. To my nephew Allan Randy Courchene for being the spokesperson and my future daughter-in-law Jenny for the great gifts you gave. And to our friends who didn't make it, but shared by sending wonderful cards, thank you. A special thank you to my children and grandchildren, thank you so much.

Love Mom & Dad (Mishoom & Kookum) Sincerely,  
Edgar & Theresa Swampy

### Birthday

**Birthday Greetings**  
Lana Romano  
February 27



Dollies and curls a sweet little girl, gee how time flies, she's now 25.

Best wishes to a wonderful neice who has a heart of gold. Happy Birthday

Love Auntie Viv & Uncle Morris

May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever. -Amen

Say six times a day for nine days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.

### In Memoriam

**Kimberly Ann Bird**  
February 26, 1972 -  
October 31, 1998

Remembering our dearest mother and sister who would have been celebrating her 30th Birthday today.

Today, we ask that you share a hug with your loved one, for we would too if we could. Today, we ask that you share a kiss with your loved one, for we would too if we could. Today, we ask that you tell your loved one "I love you", for we would too if we could. We ask these three things from you today because, too often, we take one another for granted.

We just never know when our loved ones will suddenly be taken from us.

Sadly missed and always remembered,  
Ashley and Ashton  
The Bird Family

### Card of thanks

We would like to thank all those who helped make the 2002 Eastman Novice "B Championship" a success.

To all who came out to support us and to all the volunteers, we offer our heartfelt thanks. Our gratitude to Arnie and to Shack, without them, things would never run as smoothly as they do. We would especially like to thank all of our generous sponsors.

Broadlands Mall, Caisse Populaires, Chateau Video, Chicken Chef, Clark's Corner, Dancyst's Foods.

Deals for Dollars, Eastman Minor Hockey, Ed & Ron's Fishing Tackle, Grand Pines Golf Course, Hillside Building Supply, Hillside Power Products, Hillside Resort Store, Jon Phillips, Keystone Sporting Goods, Manitou Lodge, Paper Kings, Papertown Motel, Peter's Pro Hardware, Pine Falls Hair Salon, Pine Falls Service Centre & Subway, Plum Creek Giftshop, Powerview Fabrics, Powerview Hotel, RCMP Powerview, Royal Bank, South Interlake Credit Union, Southeast Blades, Sunrise Bakery, Tembec Paper Group, The Echo, Traverse Bay Corner.

Thank you!  
It is great to grow up in such a wonderful community!

The Pineview Novice Boys Hockey Team

**SILVER HAVEN MEAL PROGRAM**  
Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling  
**Silver Haven at 367-4620 or Bernice at 367-8369**  
**Wednesday, February 27:**  
Salad, meatloaf, mushroom bake, carrots & celery, hashbrowns, jello  
**Friday, March 1:**  
Soup, baked chicken legs, pasta with cheese sauce, strawberry short cake.  
**Monday, March 4:**  
Soup, barbecued pork chops, red cabbage, mashed potatoes, apple crisp.

**Agassiz School Division #13**  
Announcement  
**PUBLIC MEETING**  
Agassiz School Division No. 13 invites the Public to attend the Annual Budget Presentation for the School Year 2002- 2003.  
**Place:** Lad du Bonnet Senior School in Lac du Bonnet, MB  
**When:** Monday, March 4, 2002 at 7:00 p.m.

**Agassiz School Division #13**  
**Pine Falls School District No. 2155**  
**Whiteshell School District No. 2048**  
**Transcona-Springfield School Division No. 12**

The trustees from the Transcona-Springfield School Division, Agassiz School Division, Whiteshell School District and Pine Falls School District are asking for your ideas for a new name for the new school division that has been created by the Minister of Education, Training and Youth's recent amalgamation announcement. This new division will encompass the rural area of Transcona-Springfield School Division No. 12, all of Agassiz School Division No. 13, and Pine Falls School District No. 2155 with Whiteshell School District No. 2048 possibly being amalgamated at a later date.

Please reflect on the following potential features of the new name as you look for and create possibilities:

- Historical significance
- Geographical focus
- Simplicity
- Creativity
- Aesthetic appeal: visual, auditory, including potential for creation of a logo.
- Symbolism

Please use the space provided below to record your ideas for a name and the rationale as to why you have chosen the name.

Name: \_\_\_\_\_  
Rationale: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of individual making this submission: \_\_\_\_\_ (Please Print)  
Student: \_\_\_\_\_ Grade: \_\_\_\_\_ or \_\_\_\_\_  
Adult: \_\_\_\_\_ Address: \_\_\_\_\_

Please return this completed form in your local school Principal or to the School Board Office in your Division/District by Friday, March 1, 2002

# Beat the winter blues

## Motivate Your Child to Learn with These Helpful Tips

Now that the second half of the school year is well underway, are you pleased with your child's performance, or do you think there is room for improvement? No matter what letters appeared on his report card in the first half of the school year, there's still plenty of time to help your child get excited about school and learning.

Creating excitement in your child can be accomplished by creating an atmosphere in your home that encourages learning. The education experts at Sylvan Learning Centre, which provides personalized educational services at over 75 Sylvan locations across Canada, have created the following tips to help parents emphasize the importance of learning and help motivate them in the classroom.

- Have family reading time at least once a week.

- Set aside a specific time for homework and studying. Take advantage of this quiet

time to sit with your child and work on your paperwork. This visually demonstrates the importance of "work time" to your child.

- If homework was a struggle during the first half of the school year, set up a reward system for this term. For example, deposit change in a small jar when homework is complete. As soon as the jar is full, treat the whole family to something everyone will enjoy.

- Refresh your child's "study space." Make sure all materials, such as pencil sharpeners, erasers and extra paper are easily accessible and in adequate supply.

- Create study plans. Have your child do her most challenging assignment first, while she is most focused, then have her work on easier tasks. Finish each homework session with a fun activity.

- Search the Internet with your child to learn more about topics being covered in school.

- Invite your child to participate in cooking or shopping activities to strengthen his math skills.

- Encourage your child to

choose a classmate with whom she can study and swap reading books.

- Get your child organized inside and outside of school. By being organized, your child will have plenty of time to complete all assignments, and he will also learn the value of time management.

- Talk to your child's teachers. The second half of the year can be more challenging than the first. Find out if your child needs extra help in a specific subject in order to keep up with the class.

For tips on helping your child understand math or how to improve his reading and studying skills, visit Sylvan Learning Centre's "Tips for Parents and Students" page on the web at [www.educate.com/tips](http://www.educate.com/tips), or by phone at 1-800-31-SUCCESS. *Learning feels good™ at Sylvan Learning Centre, the leading provider of supplemental education services to students of all ages and skill levels. With more than 20 years of experience and over 870 centres located throughout North America. and 70*

centres in Canada. Sylvan Learning Centre is the largest organization of its kind in the industry. Sylvan's trained and certified teachers provide personalized instruction in reading, writing, mathematics, study skills and test-prep for college entrance and state exams. At Sylvan, students de-

velop the skills to do better in school and the confidence to do better in everything else. Sylvan Learning Centre is a division of Sylvan Learning Systems, Inc. For more information regarding the Sylvan Advantage™, call 1-800-31-SUCCESS or visit [www.educate.com/info](http://www.educate.com/info).

# RCMP Report

from page 12

## February 22:

A call was received regarding a youth in Hollow Water who was breaching his curfew. Members attended and arrested him and put him in cells.

At 1:00 a.m. a complaint was received of several youths stealing gas from a car in Pine Falls. Members attended, located them and charged them.

Police request that if you have any information that might assist police with any of the above noted incidents, or any other criminal matter, you are asked to call the Winnipeg River Detachment of the RCMP at either 367-2222 or 754-2300. If you would like to remain anonymous you can call Manitoba Crimestoppers at toll free 1-800-782-8477.

## Hockey Tournament:

Rob Thomas Memorial Hockey tournament to be held March 8, 9, and 10 in Sagkeeng, Pine Falls and Powerview. Opening ceremonies will be held on Saturday at 3:00 p.m. at the Sagkeeng Multiplex Arena.

There will be teams from Hollow Water, Sagkeeng, Little Black River, Powerview, Pine Falls, St. Georges, Sheriff's Office, Stony Mountain Penitentiary Guards, RCMP Pistols and The Pas RCMP.

Please come out and support this annual event. All proceeds will be going to the slain officers fund.

The event will include skills competition, silent auction, loonie stick and secret square.

# Recreation Ramblings

from page 6

## Self Hypnosis - March 4 Start Date

I learn the skill of Self-Hypnosis to use your natural ability to reduce stress, conquer fears, control pain, alter unwanted habits, etc. It can be used in any area of your life: work, study, sport, etc. It is a powerful way to achieve self change.

This 8 week course will run on Mondays, from 7:30-9:00 p.m. Start date will be determined at a later date (Beginning of March). Instructor: Gerry Beime.

## Boxercise

You can still pop by to register for this program that runs Wednesdays from 6:15 - 7:15 p.m. and Sundays from 5:30 - 6:30 p.m. at Pinawa Community Centre which runs until March 31/02. One night a week fee \$45 and two night a week fee of \$85. Drop in fee also available.

## Hallwalking

Are you finding it a little too chilly to walk outside? Don't like walking in the evenings when it is so dark out? Roads a little bit icy? I have the place for you! Every Monday to Friday from 4:30 - 8:30 p.m. there is Hallwalking in the LdB Sen-

ior School hallways. No need to sign up - just drop on by! (School closed on Halloween night). And in Pinawa you can walk the quad around the Library/Community Centre at Pinawa Secondary School weekdays from 3:35 p.m. - 8:00 p.m.

## Coming soon -

Jam can curling

March 24 and 25 at Pinawa Arena

Sign up as a team of 4 in one of the 3 categories (Primary K-gr. 3, Intermediate Gr.4-6 or Senior Gr. 7-12) or volunteer as a referee!!! Stay tuned for more info.

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