



The Winnipeg River

Echo

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Sledders set Guinness World Record

by G. Sokoloski

Snowmobiles from all over Manitoba set out early on Saturday morning, February 2, 2002 with only one thought and one destination in mind. Gimli was the place, and a Guinness Book World Record for the greatest number of sleds in procession no more than 50 metres apart covering a 25 km course.

The Huntington Society of Canada staged this rally to raise funds and awareness of this fatal genetic disease. The disease affects the inner workings of the brain causing memory loss, shaking, loss of motor control and eventually death.

To enter the rally each sled had to raise a minimum of sixty dollars. Marcel Pitre, Vic

Dupont, Ernie Cyr and myself took on the challenge to represent the Pine Falls area. Thanks once again to the overwhelming generosity and support of the local businesses and many individuals, we were able to participate in the record breaking event with a total of \$1361.00 in pledges. Well done everyone.

We arrived at the Lakeview Resort in Gimli at 10:00 a.m., got ourselves registered and sat down to an excellent complimentary breakfast. Next it was line up the sleds and receive our sled numbers. The 11:30 a.m. till 2:00 p.m. wait to get started was trying but worthwhile in the end after a group of 30 sleds finally showed up after getting turned around on the trails. This



Left to Right - Chris Garunow, Devin McMurren and Michelle Kinghorn rode with Rumeo Hladki and Les Carson to help support the Huntington's Disease Society and partake in setting the World Record. They raised approximately \$1500.



Marcel Pitre was joined by Gord Sokoloski, Vic Dupont and Ernie Cyr in helping raise money and setting the world record.

group gave the rally a total of 311 sleds entered, which was 15 more machines than those that participated in the Ontario event in the year 2000. The sleds were lined up bumper to bumper, 50 sleds to a row and off we went row by row onto Lake Winnipeg.

The course was a line 10 miles out onto the lake towards Victoria Beach, around a large Canadian flag on a pole in the middle of the lake and back to Gimli. All the sleds completed the course and what a sight to

see. That line of sleds must have been close to nine miles long. I know that when we arrived back at the start, finish line that it took 20 more minutes for the last sled to come in, at an average speed of 30 miles per hour. Looking out onto the lake there was an endless line of sleds as far as the eye could see.

Our four sleds were numbered 14 to 17 and Marcel's sled in particular garnered a lot of attention from the people around and event the news

media. His windshield banner with the words "Rusty Zipper coffee club" got CBC footage and photos by our own Winnipeg River Editor, Val Anderson.

The weather was great, the event was well organized and the trails were in good condition in spite of the lack of adequate amounts of snow. Thank you to everyone for the chance to participate in this fun filled and rewarding event in support of Huntington's Disease research.

NDP nominates Hameluck

by Cindy Kellendonk

Over 100 NDP members gathered at the Lac du Bonnet Community Centre January 30, 2002 to cast their vote on who would be their representative in the upcoming provincial by-election.

Lac du Bonnet members elected Mike Hameluck to lead them through the next by-election. Hameluck previously won the NDP nomination in 1999, and came close to winning winning the Provincial Election against Darren Praznik of that same year.

The nominations were an exciting event lead by a rous-

ing speech from honoured guest - Manitoba's Premier Gary Doer. Members had the opportunity to hear why each should be chosen to represent their constituency from nominee's Jack Kowalchuk, an officer with Manitoba Conservation and Mike Hameluck, a Corrections Officer with the Milner Ridge Correctional Centre and former CFL veteran. The third contender - Marguerite Ogilvie - withdrew due to her professional commitments.

In nominating Hameluck, Fran Thompson from St George MB and Bill Joyce

from Whitemouth MB commented on Mike's integrity, dedication to his community and proven commitment to work hard for his constituency should he be chosen.

Hameluck mentioned his involvement in a few recent accomplishments starting with the highway improvement project of PR 433.

Hameluck said a few of his initiatives include:

-Working with the North Eastman Health Authority for the construction of a new hospital in Beausejour, the addition of five new ambulances

See NDP/page 2

Winter Carnival committee presents plaque to Grand Beach Motor Inn



by **Monika Evans**
A plaque created by the combined talents of Joanne Redman of Grand Beach, Jeanette Cherlet, Dee Rickner, Audrey and Roger Batchelor of Lakeshore Heights, Paul Coombe of Belair Properties, and Val Chitty and Bonnie Grace of Grand Marais, was presented last Friday to the Grand Beach hotel owners. Doug Hay and Rex Keating, and will permanently reside on the wall of the bar.

Mrs. Bonnie Grace made the presentation on behalf of the Grand Marais Family Festival's Winter Carnival Committee. She thanked all the

people who supported the efforts of the group over the past year.

She said, the mission of the committee was to bring the Grand Marais and surrounding East Beaches communities together for a winter carnival.

She thanked the new owners of the Hotel and their great staff. They have supported the works of the Committee from day one in any way they could, whether it was providing a meeting space, a raffle, a meal or 50/50 draw, or by contacting sales reps and getting donations for the group.

A small group of talented and hardworking people,

headed by Audrey Batchelor, the driving force of the Dew Drop Inn, created a mosaic to reflect the diversity and ambience of the Grand Marais area. When Audrey was asked for a donation for the Carnival, she came up with an idea, asked for a few volunteers, and they got busy. She designed the piece and provided the supplies at no cost. They busy hands were provided listed by the people above.

As the mosaic was uncovered, it was discovered how

many pieces of fragmented glass made up the plaque, which showed, that when bonded together for a common purpose, it became strong and beautiful. It was a great co-operative effort and it is hoped that everyone will enjoy this mosaic for many years to come.

It was presented to the Hotel and its owners to be displayed as a reminder of what a great community we live, work and play in.

Winter Carnival

The Grand Marais Winter Carnival will be held this weekend, beginning on the evening of Friday, February 8th with a bonfire at the Grand Marais Rec Centre.

Throughout the weekend there will be sleigh rides, tobogganing, skating, broomball, sponge hockey, indoor kids entertainment, pancake breakfast and much more.

Check the yellow poster on notice board in the neighbourhood for more information.

NDP nominates Hameluck

from page 1

for the region, an increase of one million dollars per capita in healthcare, the first regional Pinawa based LPN training program, new equipment for Laboratory Diagnostic Services in Pine Falls, Lac Du Bonnet, Beausejour and Pinawa.

-Construction of two new schools in the Agassiz School Division

"We are seeing first hand the NDP Government keeping their commitment to providing quality education to Manitobans with the addition of two new schools being built right here in this school division."

-Eastside road expansion project - "As we look at forming good partnerships with our First Nation Communities and looking at ways to bring Economic Development, Employment opportunities to the region."

-The Town of St Rita Fire Guard protection plan

- The Yellowhead Highway Project

- The Town of Beausejour Infrastructure Project's

- The New Provincial Asbestos Abatement and Mould Remediation Program

-Continued discussion with Farm Groups regarding Provincial Programs.

"We are very fortunate to have The NDP in Government and the support from many of the Ministers, MLA's and their support staff. They have always been there for us when we have requested their help in dealing with the issues and



NDP candidate, Mike Hameluck will run in the upcoming by-election in Lac du Bonnet

concerns. Many of them have been out to several meetings and events in the Constituency and with their support we have been able to accomplish many positive things for this region. We have a real positive team working together. I look forward to becoming a valuable member of the team.

Upon the election results naming Mike as the successful candidate, Jack Kowalchuk raised his hand and cast his vote in support of Hameluck, congratulating him on his success.

Hameluck gave credit to the party members, wife Betty and family thanking them for their continued support. "We are people working together, building partnerships for achieving a common goal."

"The working relationship we have built up over the past few years has been a real asset. When you stop and look at the government system we work under, you realize just

how important it is to be part of a good team. No one person is an expert in all areas. You rely on the strength and experiences of the people around us who put together our team."

"This Constituency remains one of the most intense diverse ridings in the Province. This riding needs to be represented in Government. I am confident that I have the ability to become a valuable member of the Manitoba Legislative Assembly for the New Democratic Party and the Lac Du Bonnet Constituency.

Commenting on the by-election, Betty Hameluck says, "This is like football all over. It seemed like we were getting ready for the Eastern Final and with that out of the way after the Nomination Meeting, now we are getting ready for the Grey Cup!"

No date has yet been determined as to the upcoming by-election.

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Bonus Line - \$30.00* Star - 2101.00* Loonie Pot - 731.00* Toonie Pot - 182.00* Special "Y" - 363.00* Jackpot Strip - 31.00* Poker Flush - 866.00*	Bonus Line - \$416.00 Star - 891.00 Loonie Pot - .00 Poker Flush - 8221.00 Special "Y" - 347.00	Bonus Line - \$1034.00 Star - 405.00 Lucky 7 - 1738.00 Poker Flush - 106.00 Mini Loonie - 1295.00 #1 Loonie - 133.00 #2 Loonie - 146.00 Jackpot Strip - 75.00

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The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Century old farm awarded

André Dupont of St. Georges, Manitoba received the Manitoba Century Farm Award. The award was presented to the descendants of Ephrem Dupont to mark the continuous operation of a Manitoba farm at RL 32-18-10 E for more than one hundred years commencing in 1900. The award read "On behalf of the people of Manitoba this award recognizes the following family members whose operation of a Century Farm has made a significant contribution to Manitoba agricultural industry: Ephrem Dupont 1900., Albert Dupont 1924 , Febronie Dupont 1953 and André Dupont 1963."

life, you are your own boss" said Dupont. "I would like to thank Darren Praznik, the St. Georges Historical Society, Father Belanger and everyone who came out and attended the official ceremonies and dinner this past fall." In 1880, Father Alfred Dupont came to the Fort Alexander area as a missionary. In need of help, he sent for his brother Ephrem in the spring of 1881. Being a good rower, Ephrem was a great help to his brother who had to visit various missions by canoe. Ephrem was then 18 years of age. Son of Elie and Rose-Délina, he was born in St. Antoine in Quebec and had moved

at the age of two with his family (six brothers and nine sisters) to Minnesota. In 1882, Ephrem took possession of lot 23-18-19 as a squatter and lived mostly from hunting and fishing. During this time other families were establishing themselves in this area. Ephrem was one of those who went to meet the Georges Chevretils family when they arrived in Selkirk and led them to St. Georges. During the following months Ephrem often visited the Chevretils family bringing them fish or venison. This was apparently a pretext to visit with one See CENTURY/page 5



Lac du Bonnet Old Blues Captain Jeff Seifried (right) holds up the championship trophy

Old Blues pass the test!

The Lac du Bonnet Old Blues hockey club hosted 10 teams from Winnipeg, Selkirk Stonewall, Powerview and Ste Norbert in an action packed tournament last weekend. Congratulations to Ste. Norbert, winners of the B-side. In the final game for the A-side championship, Lac du Bonnet gave up a heartbreaking goal to the Winnipeg Ice Caps in the last half second of the game. The 4-4 tie score put them into over time, and then on into the dreaded shoot out. The last and winning goal, a quick deek by Old Blues # 17, Trevor Thomas, brought the championship cup back to the LdB Old Blues after 12 years. What a game! Congratulations guys!



Ed Teilleux (right) Regional Agricultural Representative presents André Dupont with the Century Farm Award

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Gary Doer addresses NDP nominating meeting

by Cindy Kellendonk

"We are building on the hopes and aspirations not of just NDP supporters, but of all people in all communities and want Manitobans to know and understand a we are building a future for all Manitobans", was the Honourable Premier Gary Doer's message to the 100 members attending the Lac du Bonnet Community Centre for the nomination meeting January 30, 2002.

"People elected our NDP team to help rebuild our health care program. The NDP team is saying no to the Americanization of Healthcare. We totally reject going to a two-tier profit health care system where people who are rich get in one line and the rest of us have to go in a longer line".

Doer told the meeting that the NDP is working daily to rebuild health care across Manitoba. He mentioned the addition of 5 new ambulances into the region and the announcement of the new tele-medicine in Pine Falls.

In reference to preventative medicine, Doer explained "the largest priority in rural Manitoba is the impact of the water quality on the health care of our citizens. Clean water is an absolute priority to the qual-

ity of life in Manitoba. We reject the idea of the privatization of private well testing." We have returned to testing of private wells.

Doer explained the Government has also proceeded on larger projects in a sustainable way. Mentioning the new water treatment operation for Lac du Bonnet and the Garson Tyndall area, Doer said the year after year of the boil water demands will be over. "Why should people of rural Manitoba not have public investment to ensure water is adequate and safe for their kids and citizens of that community?"

Referring to the recent financial fiasco where the Federal Government's claim that Manitoba was overpaid by over \$400 million, Doer said, "We are not sending this (new Beausejour Hospital) back to Ottawa. How are we going to send the bricks and patients back after we built this for the people of this region".

Doer said the Government is about choices and priorities, making decisions for the public in the best way we can serve. He said the Government is proud of the fact that universities, colleges and apprenticeship programs are more

accessible for all; that the Government has reduced tuition fees by 10%, added a \$5,000,000.00 bursary program for families having a tough time making ends meet, and in the last two years enrolments in post secondary facilities are up by over 10% in MB.

After meeting with a business group from Pinawa last year Doer explained the Government has an investment of \$700,000.00 into Axcion and their Electronic Beam Technology, which focuses on reducing stress and maintenance of aircraft parts by 100%. Axcion recently partnered with Air Canada to be the first North American maintenance centre using e-beam technology. "It is a tribute to eastern Manitoba in terms of economic strategy and idea's that you have". Doer said we see Pinawa as a natural site for climate change, new technologies and alternative fuels for the North American economy and will continue to make those work.

"We think it is important to work with all the communities across Manitoba on economic opportunities and investments we can make, and make them in a way that is sensible for the future".

Doer explained the Government is committed to tourism and has expanded the marketing strategy for tourism into the United States. He said we also want to work with the Aboriginal Community in developing the Bloodvein River for some of the best freshwater canoeing. "We really be-



Premier Gary Doer addresses 100 members attending the Lac du Bonnet Community Centre for the NDP nomination meeting last Wednesday

lieve we need to market what we have, which is what the people have said time and time again. We have some of the best rivers in the World. We know with 100,000 lakes, people want to come to Manitoba and enjoy some of the tremendous tourism sites that we have, and we will continue to promote that".

He said we are working with Tembec and Sagkeeng and Pine falls on the new sawmill in a way that doesn't take away from those spectacular river routes, but has enough fibre in the forest that will have those jobs available for future economic development.

Doer said we see Tembec as having the lowest Hydro rates in North America. Hydro is making over \$400,000,000 US in export sales built by dams built by the NDP. "We are working with First Nations and people on the east side of this province to build more dams and economic opportu-

nities and looking at the option of building those dams using Eastern Manitoba as part of the future site for that great potential for our province. Alberta has oil, we have hydro electricity." Citing Mrs. Lucci's Second Hand Store, a community youth initiative, Doer said this is an example of a dream of hope of people building together.

Speaking of Darren Praznik's taking a job in Ottawa, Premier Doer wished him well, saying he was very articulate, politically active, energetic and worked hard for his constituents.

On the nominee's Doer said, "I am absolutely positive that having member from this community elected as part of the NDP team will help us to do a better job in the legislature representing the hopes and aspiration of not just party members, but of all people in all communities in the Lac du Bonnet constituency"



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Century old farm awarded

of the daughters, Hedwidge, Ephrem and Hedwidge were married October 6, 1885. They were the first couple to be married in the new colony of St. Georges. Father Allard blessed their marriage at the Fort Alexander Mission. It's been said the Ephrem had bought himself a new pair of boots for his wedding but he had to go hunting before the big

day to break them in. It's also been repeated that after the marriage ceremony in the morning, Ephrem came back home to pick his potatoes since it was such a nice day and therefore the celebrations were held only later that evening.

Ephrem and Hedwidge established themselves on homestead 23-18-20 (now part of the town of Powerview).

Ephrem broke a bit of the land, but they lived mostly off his hunting and fishing, his main income being the sale of furs.

In 1896, thinking he'd be able to better provide for his family, Ephrem moved them all to Belcourt, North Dakota where Father Alfred Dupont had been assigned a parish in 1884. He gave agriculture a try

but the land was very rocky and thus this venture wasn't very successful especially since hunting and fishing wasn't very good there. Therefore he moved his family back to St. Georges late in the year 1900 and on November 24, 1900 he applied for a homestead (River Lot 32-18-10) on the east side of the Winnipeg River. Having no roof over their heads, they spent that first winter with Ephrem's brother-in-law, Jean-Baptiste Chevretils. Spring 1901 brought an epidemic of diphtheria

and claimed five of his nine children (Hermas, Blanche, Noémie, Charles and Eugénie). Later that year, Ephrem settled his family (Alfred, Albert, George, and Claire) on River Lot 32-18-10. The eldest son, Alfred, died in 1908 at the age of 22. Ephrem was the first to settle on the east side of the Winnipeg River in St. Georges. He broke a bit of land, but went back to fishing and hunting to provide for his family.

On the application for the Homestead Patent in 1906, of the 207 acres of

the homestead, 25 had been cleared (at the rate of 5 acres per year) and were cultivated. He had 17 heads of cattle, 5 horses, 19 sheep, and 12 pigs. He had a log house measuring 16 X 20 (value \$100), 2 log stables (value \$50), and 20 acres fenced (rail fence) (value \$50). On May 1, 1908, Ephrem obtained the title of River Lot 32-18-10 (207 acres). He cultivated the land a bit, started growing what were later to become the famous St. Georges peas, but was happier hunting and fishing.

Hedwidge Dupont died July 13, 1932 at the age of 72. Ephrem con- See CENTURY/pg. 15



Hedwidge, Ephrem, Albert, Febronie, and André Dupont. The Dupont family celebrates one hundred years of farming from 1900 to 2001.

Public Meetings

Share Your Ideas Mining Task Force

Share your ideas on Manitoba's mining, petroleum and aggregate industries.

The Government of Manitoba seeks your input on how Manitoba can strengthen and sustain its mining, petroleum & aggregate sectors.

Present your views through written submissions, or at the following public meetings:

Feb. 11, 2002	Virden (Jay's Inn and Suites) Hwy. 1	7:00-9:00 pm
Feb. 12, 2002	Winnipeg (Canad Inns, Polo Park) 1405 St. Matthews Ave.	7:00-9:00 pm
Feb. 14, 2002	Lac du Bonnet (Pioneer Club) 32 Park Ave.	7:00-9:00 pm
Feb. 15, 2002	Stonewall (Stonewall Christian Assembly) 2 Dolomite Ave.	7:00-9:00 pm
Feb. 18, 2002	Flin Flon (Council Chambers) 20 First Ave.	7:00-9:00 pm
Feb. 19, 2002	Thompson (Juniper Centre) 108 Nelson Road.	7:00-9:00 pm

- * discussion focusing on but not limited to the petroleum industry
- ** simultaneous French translation will be available for the February 12 Winnipeg meeting
- *** discussion focusing on but not limited to the quarry and aggregate minerals industry
- **** discussion focusing on but not limited to the base and precious metals industry

Meetings will be conducted by a four-member task force composed of Members of the Legislative Assembly. Participants are to make 10-minute presentations to the task force.

A detailed background paper is available on the Manitoba Government web site. Please pre-register at least one week prior to meeting date.

For further information or to register contact:
(204) 945-8093 (Winnipeg) or 1-800-223-5215 (outside Winnipeg)
Fax: (204) 945-8427, E-mail: miningtaskforce@gov.mb.ca

Written submissions (maximum five pages) may be sent to the address below no later than February 19, 2002:

Mining Task Force
c/o Manitoba Industry, Trade and Mines
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Update on Pine Falls Sewage Lagoon

Brian G. Kotak, Tembec

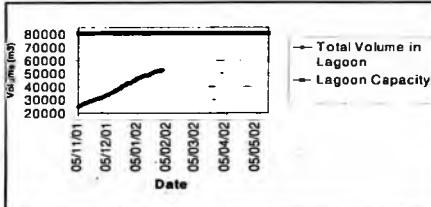
As mentioned in previous articles in The Echo, the Pine Falls sewage lagoon does not have enough capacity to hold all sewage and rain and snowmelt runoff from the town over the 6 month period (November to May) where discharge of treated sewage effluent is not permitted by the province. To correct this problem, an infrastructure application was submitted to the province last fall. The application not only addressed the sewage lagoon capacity, but also addressed other aspects of the town's infrastructure, including water mains, a storm sewer system, upgrades to the water treatment plant and improvements to sidewalks. We are still waiting for a reply from the province on our application. Tembec has made a commitment to the province that the lagoon issue will be corrected by the end of 2002.

With respect to the lagoon, permission has been requested from the province in 2000 and 2001 to discharge part of the lagoon prior to May. The main cause of the capacity problem is due to snow melt and surface runoff in the spring, which flows directly into the lagoon. The lagoon itself also does not

from entering the lagoon system.

Sewage levels in the lagoon are being tracked on a daily basis. The chart below shows how quickly the lagoon is filling. The horizontal line at the top of the graph indicates the capacity level of the lagoon.

Currently, there is approximately 35% capacity left. At the present rate of filling (which appears to be slightly slower than in 2001), we expect the lagoon to reach its capacity by mid April. However, this will occur earlier because



appear to have the capacity to hold all of the sewage generated by the town and mill over the 6 month winter period. Residents of town are requested to take steps to reduce their water use at home. This can be achieved in a number of ways, including installation of low flow showerheads. The mill has already taken steps to remove sources of clean water (e.g., from air conditioners)

of snowmelt. How much earlier, will depend on the weather. The province has already been notified of the situation. In the event that an early discharge is required again this year, a notification will be published in The Echo, and as a precautionary measure, the Sagkeeng water treatment plants will be requested by the province to increase their level of chlorination.

Financing Proposals It's the Law

by Gerald Hawranik, Q.C.

Gerald C. Hawranik, Q.C., is a lawyer in Beausejour with 20 years of extensive experience in most areas of law. If you would like to know more about any legal topic, please write to Gerald at Box 880, Beausejour, Mb R0E 0C0. Phone 268-6300.

All lenders will ask to see "something in writing" before deciding on whether to finance the purchase of a business or the refinancing of your business. The Financing Proposal is built around your Business Plan. The Business Plan is simply a written summary of what your business is, where you intend to take it, and how you plan to get there. The Financing Proposal adds to your Business Plan by providing details as to the amount of money you will need, how that money will be used, what profits you expect, and what security for repayment you will provide. The Financing Proposal forces you to look at the facts and provides you with a plan against which you can measure the actual results. It

also forces you to manage your business better. It is important to structure your financial proposal objectively - state the downside as well as the upside - all businesses have risks and therefore, identify them and tell how you will overcome these risks. All financial institutions require a financing proposal so that they can justify granting you a loan. Most financing proposals are prepared after consulting with your banker, lawyer, insurance agent and accountant. They can all give you helpful suggestions on how to prepare it. If you have any questions about the information appearing in this article, or any other legal question, please call me for a free initial consultation.

This article is intended to provide general information and not to advise anyone on what he or she should do in a particular situation. The facts of each case are important, and usually affect the way in which the law is applied. When you have a legal problem it is best to consult a lawyer.

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Protecting Canada's children



Your voice in Ottawa

Vic Toews, MP for Provencher

Last year, John Robin Sharpe argued before the Supreme Court of Canada that he had the "constitutional right" to possess child pornography. Sharpe had been arrested in British Columbia after police found photographs of nude boys and sexually explicit written materials, most of which were described as "extremely violent" by the investigating detective, and included children as young as six years.

Although the Supreme Court substantially upheld Canada's child pornography laws in the Sharpe decision, recently the media has reported that Toronto has become an international hotspot for manufacturing and circulating child pornography, with police announcing that they have made one arrest and are investigating another 200 suspects. One man is alleged to have stored 200,000 computer images and photos, involving the sexual abuse of "tens of

thousands of innocent children as young as six months old," according to an investigator. Toronto police have blamed Canada's justice system for failing to crack down on offenders, and as the Justice Critic for the Official Opposition, I strongly agree.

It is now clearer than ever that Parliament must send a very strong signal of "zero tolerance" to sexual predators. One legal option that I have long supported is raising the age of sexual consent to at least 16 years. Many Canadians are not aware that our laws allow a 14-year-old child to consent to sexual activity with an adult, although the devastating effects on 14 and 15-year-old children who have been victims of the manipulation of adult sexual predators are all too well known.

Raising the age of sexual consent to at least 16 would give parents and law enforcement officers some of the legal protection and authority they need to give these children the proper protection from predators like Sharpe,

who has said on national TV that because children's bodies might be sexually maturing at age 12 that was sufficient justification for allowing adults to sexually exploit them.

Last year the Canadian Alliance put forth the concept of a national sex offender registry to track pedophiles after they have served their prison terms. Currently, these offenders are simply released into the Canadian public when their sentences have been completed, and are not required to

register their whereabouts, putting the safety of our children at an unpredictable risk. Although the Liberal Government voted in favour of the registry, almost a year later they have yet to implement it.

As a former crown prosecutor and as a member of the Manitoba attorney general's department for many years, I believe that the excuse put forward by the Liberal Government that these are complex matters is simply not accurate. If there were any concern on the part of government about this issue, the law could easily accommodate concerns raised, and any consequential amendments that would have to be put in place are minor. It is not a question of complexity.

It is, rather, a question of whether the government cares enough to make the changes to protect these children and to give our parents and our law enforcement authorities the necessary jurisdiction to clamp down on these dangerous sexual predators.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889 or in Altona at 204-324-9709 or in Lac du Bonnet at 204-345-9762.

You may write me at Box 2470, Steinbach, MB R0A 2A0, by fax at 204-346-9874 or by e-mail at toewsv1@mts.net

NDP Caucus Tours Manitoba

by Cindy Kellendonk

Members of the NDP caucus have been touring rural Manitoba to hear the concerns of people throughout the Province. This is a new process for Manitobans in that the NDP is the first Government to undertake this process since coming into power in 1999.

Instead of holding their meetings in the legislature, the caucus is taking it out to the constituencies as part of an ongoing strategy to incorporate one-on-one sessions with rural people to hear their concerns.

MLA Ron Lemieux - Minister of Culture and Tourism and MLA Scott Smith - Minister of Consumer and Corporate Affairs met with community members in a round table session at the Lac du Bonnet Chicken Chef on January 30, 2002 to take note of some of those concerns.

Ron Lemieux said, "The most important part of being here is not to listen to us, but to listen to you. We want to find out what is going on out-



Left to Right - MLA Ron Lemieux, John Ehinger - Past President Lac du Bonnet NDP, MLA Scott Smith addressing a meeting at the Chicken Chef in Lac du Bonnet

side the perimeter. We know we are doing a lot of good things, but it is import to hear from you where you think we can improve."

A few other members of caucus who hosted these information sessions were Minister of Agriculture - Roseanne Wowchuk, Minister of Justice - Gord Mackintosh, Deputy Premier - Gene Friesen, Minister of High-

ways - Steve Ashton, Minister of Education - Drew Caldwell, Minister of Finance - Greg Selinger, and Minister of Aboriginal Affairs - Eric Robinson.

Rose Buss, President of the Lac du Bonnet NDP constituency association said many of the recent provincial initiatives in this constituency are the result of the round table sessions held last year in Lac du Bonnet by the NDP Government.

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 Bingo 7:00 p.m. - Hall
THURSDAY Dart 7:00 p.m. - Lounge
FRIDAY Bingo 7:00 p.m. - Lounge
SATURDAY Meet Draw 2:30 p.m. - Lounge
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 All Members & Guests Welcome

With eyes wide open - part III

by Shawn Tester

A 2001 study from within our region revealed an elevated degree of student perception that 'soft' drug and underage alcohol use is acceptable, both by peers and by parents.

Is this really the impression we as parents mean to convey to our kids? As discussed last week, a variety of drugs are readily available to our children. The survey from within our region also indicates that 39% of high school students have used cannabis, 18.2% have used magic mushrooms, and have used 4.5% cocaine, 4.3% have used ecstasy. Other

drugs appearing in these article have also been used to somewhat lesser degrees

Where are they doing this? 70% of the use is taking place at parties, 68% at friends houses, 52% in cars, 42% at school, 34% at socials, 32% alone, 28% with siblings, 18% at bars, 9% at home.

What can we as parents do about this situation? In an effort to help parents become educated about what's out there, here is the last of three installments in a series of informative articles aimed at raising awareness of drug use in our communities and what we can do about it.



LSD paper squares are currently the most common forms in which the drug appears. They common are printed in cartoon designs to look innocent and appeal directly to children

Speed, Ice, Crank, Crystal methyl-amphetamines:

Effects include increased alertness and energy, a feeling of well being, decreased appetite, rapid heart beat and

breathing, increased blood pressure, sweating, dilated pupils and dry mouth. A person may become talkative, restless, excited, feel powerful, superior, aggressive, hostile or behave in a bizarre repetitive fashion. Very large doses reduce hallucinations. Death can result from use as a consequence of burst blood vessels in the brain, heart failure, very high fever. Violence, accidental or otherwise is the leading cause of amphetamine-related deaths.

Chronic heavy users develop malnutrition and amphetamine psychosis, a mental

illness similar to paranoid schizophrenia. They may be prone to violence. Like cocaine, amphetamines can produce very powerful psychological dependence leading to compulsive patterns of use.

LSD, Acid or Blotter

Effects last 2-4 hours. Perception intensifies, objects become sharply defined or distorted. Possible changes in perception of time and distance. Thinking and concentration are difficult and short term memory is impaired. Extreme mood swings can occur. Accidental deaths have been caused by drug induced confusion.

Decreased motivation and interest, prolonged depression and anxiety are after effects. Flashbacks (recurring LSD high) may spontaneously occur, days, weeks or even months later. Use during pregnancy may lead to spontaneous abortion or fetal abnormality.

After using LSD a user must abstain for several days to regain sensitivity. Chronic users may become psychologically dependent.

Inhalants, sniff (solvents)

See EYES/page 15

Library Corner

Lac du Bonnet Regional Library



It's been a great winter so far! January has come and gone, and we have only had a few very cold days! But it is the time of year that we like our "comfort food" - hot soups, stews and casseroles. Sometimes we just need a change in our diet, and the cookbooks become popular "reading".

Check out our brand new cookbooks the next time you visit the library and try a few

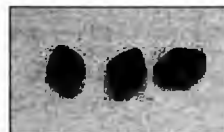
new recipes! Company's Coming titles are always a hit. Lunches will be easy to serve when you plan ahead with "Soups and Sandwiches" by Jean Pare.

"Appliance Cooking" by Jean Pare features recipes for 10 time saving appliances - use your blender, bread machine, hand blender, juicer, slow cooker, toaster oven, pressure cooker, sandwich maker, food processor, and electric frying

pan to good advantage and enjoy great eating in the process.

"Sandwiches and wraps" by Jean Pare are part of the Greatest Hits Series - over 175 quick and easy recipes with great tastes in every bite.

When you are cooking with health concerns in mind, try some of the recipes in "Crazy Plates - Low Fat So Good, You'll Swear It's Bad for You!" by Janet and Greta Podleski. If you think the title



Rohypnol - a club drug that has been circulating at raves and dances



Ice - death can result from use as a consequence of burst blood vessels in the brain.

is slightly crazy, read on. The Table of Contents lists chapters entitled "Bring Home the Bakin'", "Pasta La Vista, Baby", "My Fair Ladle" and "The Sweets of San Francisco". Cooking doesn't have to be dull - live a little and enjoy all that this cookbook has to offer.

On a more serious note, we recommend the great tasting recipes found in "Company's Coming Diabetic Cooking." Specially developed and tested with input from people with diabetes and their families, these all new recipes are low in fat, low in sugar - and high in flavour! No more cooking separate meals at dinnertime -

one meal suits all, diabetic and non-diabetic alike.

Get the kids involved in helping in the kitchen. "Company's Coming - Cook for Kids" provides tasty recipes for any event; from school snacks and sleepover, to birthday parties and graduations.

Another cookbook in our Junior section features Mexican dishes - look for "A World of Recipes: Mexico" by Julie McCulloch. Learn about food customs and preparation techniques as you use these easy to follow recipes.

Let your taste buds be your guide ... follow them to the cooking section in the library.

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Rec Report

Pulse on Participation



by Jay Seymour
Rec Director

Hello everybody, hope you're not freezing too much out there! I have to apologize for the comment on the Leafs I made last week. At least they are doing better than the Canadiens! With my weekly insult out of the way, it's time to get down to business. The winner of this weeks "name the rec report" goes to Butch Trethart. Congrats Butch! If there is anybody interested in volunteering to be on the Win-

ter Carnival committee please call me. We have some good ideas but need a few people to organize it. You can reach me @ ph 367-9142 or you can email me @ pineviewrec@hotmail.com.

Here is a list of what's going on.

Story and Craft Time
Starting feb. 7 at Wings of Power you can bring your children for a fun morning of stories and crafts. It happens Thursday mornings from 10:00 a.m. to 11:30 a.m. Please call Wings of Power for more info.

Youth Gym Night

Starting Feb 12 teenagers (13-18) can come to powerview school and enjoy a variety of activities. Thursday nights from 7:00 - 9:00 p.m. listen to music, play sports, or just hang out with friends.

Cross Country Skiing
It's a fun way to get out and enjoy the winter weather and get some great exercise. Although there are some quality trails we need the snowmobiles and four traxx to stay of the ski trails. There are plenty of other trails to ride so please show some common courtesy.

Play Group
Tuesday and Thursday afternoons (1:30-4:00 p.m.) parents (caregivers) can drop by Wings of Power with there

kids and enjoy and an afternoon friendship making, and game playing.

Kickboxing
Larry Sharpe along with wife Southeida put you through the paces Mon., Tues., and Thurs. at the Pine Falls gym. Tuesday nights are Southeida's time to shine as she gets her women's' only

class working up a sweat. Times are 7:00 p.m. intermediate 8:00 p.m. beginner, call Larry 367-9797.

Hall Walking
Walk the warm halls of Powerview school mon-fri from 4:00-9:00 p.m.

That's it for this week and I continue to welcome and ideas or concerns you may have.

New Friends

news -Mentorship

February is the month when people's hearts turn to love. Songs such as Put a Little Love in Your Heart, All you Need is Love, etc. help us to reflect on what is really important in life. AS Mother Theresa said: "The hunger for love is much more difficult to remove than the hunger for bread."

You'll notice the first three letters of the word mentorship is MEN. New Friends is looking for men who are willing to give some time each week to help a young boy benefit from the companionship and relationship with an older, wiser person. These boys need guidance, help in school, attention, direction, a boost in self-esteem or just a good friend to look up to. Many of our youth, both boys and girls come from homes headed by a singled Mom or Dad. Raising children

is difficult at the best of times and our program is designed to help children who might not get the one on one encouragement they may need to become useful and responsible citizens.

Any woman between the ages of 18-80 would also make a great Mentor. We have young girls in the program waiting for a special friend to share social and life skills, love of animals, learning crafts, music appreciation, etc. The only qualifications is that you have a heart for children. New Friends Mentorship is a creative way to meet the needs of at risk youth, academically, socially and emotionally, in our community. Why not call 345-2867 or 753-2406 to find out more about our program? You'll make two people happy.

The Brick

A young and successful executive was traveling down a neighborhood street, going a bit too fast in his new Jaguar. He was watching for kids darting out from between parked cars and slowed down when he thought he saw something.

As his car passed, no children appeared. Instead, a brick smashed into the Jag's side door! He slammed on the brakes and spun the Jag back to the spot from where the brick had been thrown. He jumped out of the car, grabbed some kid and pushed him up against a parked car shouting, "What was that all about and who are you? Just what the heck are you doing?!" Building up a head of steam he went on, "That's a new car and that brick you threw is going to

ECHOES FROM THE Heart

cost a lot of money. Why did you do it?!"

"Please, mister, please. I'm sorry, I didn't know what else to do!" pleaded the youngster. "I threw the brick because no one else would stop..." Tears were dripping down the boy's chin as he pointed around the parked car. "It's my brother," he said. "He rolled off the curb and fell out of his wheelchair and I can't lift him up." Sobbing, the boy asked the executive, "Would you please help me get him back into his wheelchair? He's hurt and he's too heavy for me."

Moved beyond words, the driver tried to swallow the rapidly swelling lump in his throat. He lifted the young man back into the wheelchair and took out his handkerchief and

wiped the scrapes and cuts, checking to see that everything was going to be okay. "Thank you and God bless you," the grateful child said to him. The man then watched the little boy push his brother down the sidewalk toward their home.

It was a long walk back to his Jaguar...a long, slow walk. He never did repair the side door. He kept the dent to remind him not to go through life so fast that someone has to throw a brick at you to get your attention.

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St-Georges School News

For the past three weeks the grade four to grade eight students have been practicing the art of playing chess during their art classes. The players with some previous experience were grouped in the Bobby Fischer pool whereas the novice players were grouped in the Gary Kasparov pool.

All of the students had recently viewed the film "Searching for Bobby Fischer" and were motivated to play chess. Twice a week during a one hour period the young competitors had an opportunity to challenge their peers. Certain beginners soon felt

confident enough to challenge the best players in the school. Some students are even choosing to play chess while eating their lunch. There is no shortage of young Bobby Fischers at our school.

Nouvelles de l'École St-Georges

Depuis les trois dernières semaines les étudiants de la quatrième à la huitième année ont pratiqué l'art du jeu d'échecs plutôt que les arts plastiques. Les jeunes les plus expérimentés étaient dans le groupe Bobby Fischer tandis que les joueurs débutants étaient dans le groupe Gary

Kasparov. Tous les jeunes avaient déjà visionné le film « Searching for Bobby Fischer » et ce film leur a donné le goût de jouer aux échecs. Deux fois par semaine pendant une heure de temps les jeunes compétiteurs avaient l'occasion de se mesurer à leurs paires. Certains débutants ont vite décidé qu'ils possédaient les compétences pour jouer contre les meilleurs joueurs de l'école. joueurs



Vanessa Robert and Jeremy Bruneau contemplating their next chess move

jouent tout en mangeant leur (Bobby Fischer) à l'École dîner. Vive tous les jeunes communaire St-Georges.!

Banish the washday blues

Do you hate doing the laundry? Worse still - do you do your laundry in a damp and chilly basement? Banish the washday blues by improving the comfort level of your laundry room. A supplementary heating system will make you warm up to the task.

A heating unit can be permanently installed or portable so it can be used in other areas of the house. Whether you choose a baseboard heater, an infrared unit mounted on the ceiling or wall or a wall insert heater, all have their own thermostats so you can turn on the heat only when you need it. With a supplementary heating

unit, you'll save energy by not having to crank up the thermostat which heats the entire house.

Portable units should have a CSA or other safety approval certification. Position the unit so that laundry baskets and stacks of clothing won't block air circulation. Before plugging the space heater in, give it a check up, inspecting for frayed cords or damage to the protective casing. Watch for signs of overheating while in use.

If you are planning a room renovation, adding insulation to the basement walls will also make things warm

and cozy. Don't forget to weatherstrip around the basement windows. You may want to add plastic film to your windows for the winter to cut down on the draft and insulate the electrical outlets to stop the winter winds from blowing in.

A major renovation is a good opportunity to increase the comfort of the basement.

A ground floor heating system will go a long way in improving the comfort of your basement and warming up that laundry room floor.

Who knows? You may even start to look forward to doing the laundry!

Lac du Bonnet Community Billboard

Health Concerns? Guest speakers on homophobia and ear candling, Monday, December 3, 7:00 p.m. in Lac du Bonnet. Call 268-3235 to book your seat.

Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reisman, certified in nutrition, call 268-2168. **Lac du Bonnet Pioneer Club Bake Sale:** Saturday, November 24, 10:00 a.m. to 12:00 noon.

PACE 7-1375: meets first Tuesday of the month. Chicken Chef. Powerview meeting room. **Sit and Be Fit exercise class:** Thursdays. Lac du Bonnet Pioneer Club. 1:00 p.m.

Present classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month. 7:00 p.m., LdB Community Centre. **Lac du Bonnet Regional Library** open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586. Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall. **Horticultural Society** meets second Tuesday of every month 7:00 p.m. Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall. **Lakeshore At-Home Group** Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore At-Home Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357. **Battered Women's Crisis Line** 1-800-362-3344.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m. **Lac du Bonnet Wildlife Association** temporarily meets at the call of the chair. Call Peter 345-6190 for information. **New to town?** Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers. **Pioneer Club** Meets first Monday of month 9:30 a.m., Pioneer Club. **RM of Lac du Bonnet Council Meetings** second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whitemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

Little Day Buddies Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Agassiz Horticultural Society meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL
Pastor Jeff Androm, church 345-2934, home 345-1950
Sunday, 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymns and prayer
LUTHERAN CHURCH OF THE CROSS
Church/office 345-8654
Sunday: 11:00 a.m. - worship service
NOTRE DAME CATHOLIC CHURCH
Father Richard Machura, 345-2900
Lac du Bonnet: 3:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass
Pinawa (senior school): 9:15 a.m. - Sunday mass
ST. JOHN'S ANGLICAN CHURCH
Rev. Brian Beaudette 347-8615, church 345-2357
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

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Pine Falls badminton players dominate the Eastman Games

Despite hazardous driving conditions early Saturday morning, Jan. 19th, Pine Falls badminton players quickly gained composure and proved to be unyielding on the courts in Oakbank at the Eastman Games.

Pine Falls entered four of the five events in the senior competition. The day was most enjoyable for the competitors as well as the spectators.

Dan Cure captured the silver medal in the men's singles event in a grueling match against Alex Walton of Steinbach. Trevor Coss with his spectacular lunging took the bronze medal in men's singles.

Leitha Fraser battled Joyce Sharpe for the gold in women's singles. Joyce successfully claimed silver in a tiring

3 game match against Shauna Boulette of Wanipigow.

Pine Falls has a history of producing strong competitors in men's doubles. This year Trevor Coss and Dan Cure teamed up to overthrow Oakbank for gold in the men's doubles event. They will proceed to the Manitoba Games to represent the Eastman Region.

Lawrence Abraham also competed in the men's doubles event, he and his partner picked up the bronze medal.

Finally, but by no means least, Joyce Sharpe and Leitha Fraser took gold in the women's doubles downing Wanipigow. Joyce and Leitha qualify to compete in the Manitoba Games in The Pas in early March. Congratulations to all players!!

If you are interested in dust-



Trevor Coss (left) and Dan Cure (right) were the men's double gold medal winners in badminton at the Eastman Games held in Oakbank. Also winning gold were Joyce Sharpe and Leitha Fraser (centre), in the women's doubles

ing off your racquet and getting a little exercise this winter — Badminton is played

Sundays and Wednesdays from 7:00-9:30 pm at Pine Falls School Gym. For more

details call Dave or Alice Loucks at 367-2392 or Leitha Fraser at 367-8287.

Children learn snowmobile safety

MPI and Snoman promote safe riding. Thousands of youngsters throughout Manitoba continue to learn safe riding skills thanks to the Snowmobilers Association of Manitoba (Snoman) and Manitoba Public Insurance (MPI). Over the last two years 14,000 children at 180 Manitoba junior high schools have taken part in the highly popular MPI/Snoman Sled Smart Program, which begins its third winter of operation.

Sled Smart instructors have travelled as far north as Thompson and Lynn Lake to the southern regions of the province to promote safe snowmobiling. "Snowmobiling should be a fun and enjoyable outing," said Snoman Executive Director, Bob Aiken. "Unfortunately, many people don't practice safe riding. The MPI Sled Smart program deals with safe riding, proper equipment and how to avoid a serious accident."

Sadly, there have already been three snowmobile-related deaths in the province since November 1, 2001. Aiken said the MPI/Snoman Sled Smart program lays a strong foundation of safe riding for the youngsters who attend the session.

Safe Snowmobiling Tips:

- Ride Safe, Stay on the Trail - Respect Private Property
 - Know Before You Go - Always Check Local Ice Conditions
 - When Night Riding, Slow Down - Expect the Unexpected
 - Cross With Care - Don't Become Road Kill
- Ride safe, ride sober, sled smart!

Protecting both the rider and snowmobile are priorities of MPI, which recently introduced several enhanced insurance packages related to all off-road vehicles (ORV). The new ORV insurance packages, which are available at any Autopac outlet, provide enhanced third-party liability coverage for owners; coverage for theft or damage to the ORV; collision damage and accident benefits to injured people.

Maskwa club news

by Kevin Alarie

Hello sled heads, the 2002 snowmobile season is well underway in our area with snowmobiles filling the parking lots of our local businesses. Our executive members have been busy signing and grooming the trails and tell me they are in great shape. The season got off to a later start and as a result some of our functions have been cancelled. Our next event will be the open derby on February 16. Start time is at 10:00 a.m. at the club house. Cost is \$5 per hand or three for \$10 there will be a canteen that day but we still need volunteers. Contact Kevin Alarie at 367-8326 or Ian Cyr at 367-8084. Everyone is welcome but you must have a snowpass.

Snow passes and memberships are available at Osis Building Supplies & Papineau Motors. Our membership and snowpass sales have been slow due to the lack of snow earlier. No more excuses now.

The club is also in the process of replacing the half way

shack to the beach. The warm up shelters along our Manitoba trials are very important to snowmobiling in case of emergency. A sledder knows that if they run into trouble on the trail or get lost there is a hut near by. Snowmobilers also stop at these huts to check maps, gather together and plan their next stop. They are also the place families choose to take young children who could not go on longer trips (town to town) without a break and a chance to warm up. It is not uncommon to have 50-100 sleds pass through these huts on a Saturday or Sunday, or to see families with 20 or so kids having a Weiner roast.

The new hut we built next to the old hut, approximately half way on the trail that connects Pine Falls to the Beaches. It will be either 16' x 16' or 20' x 20' in size (de-

pending on the funds raised). It will include a wood stove with cooking grill, tables, benches, candles, maps, emergency phone numbers and signage advertising the businesses, organizations and person who have donated towards it's building cost. We have had numerous donations to date but still require more funding to complete this project. No donation is too small. Contact Kevin Alarie or email kjaralie@mtns.net.

Other events this year include the annual Bissett trip on February 9 and a Kids Day (Date pending). Remember to catch the Can-am Bear X-Country race on February 23 to see our local as well as visiting racers compete. Contact Moe Lavoie 367-8665 to help out.

That's it for now so until next time, happy trails.

February 8, 9, & 10

- Dinner Saturday
- Karaoke Friday
- Pyjama Theme
- Great Prizes

\$120.00 Entry Fee

Don't be disappointed book your team! Call Tracy at 367-8533



Pine Falls Ladies Bonspiel

The Winnipeg River **Echo**

Is your subscription due?

Drop in to our office nearest you

56 Art Street, Powerview
Phone 367-9468, Fax 367-9974

Box 550, Pine Falls, MB
R0E 1N0

E-mail: theecho@mb.sympatico.ca

Winnipeg River RCMP detachment report



January 26:
A woman attended the office to state that she was taking a dog found in Pine Falls home to take care of its frost bitten feet. The dog was described as an amber coloured dog (lab) male, no tag. Should you be missing your dog, kindly call our office and we will give you the name and number of this person so you can contact her.

Police attended a report of a break and enter at a cottage in Whitesands Estates. Several

electrical items were stolen. Police investigation is ongoing.

At 17:30 hours, a call was received that a skidoo had been taken while at a poker derby in Seymourville. The skidoo has been recovered and returned to the owner. Police have suspects and are investigating this matter.

January 27:
At 3:10 a.m. police attended a home on Art Street to shut down a party as per the owner's request.

At 3:14 a.m., police were called to a fight at a residence in Sagkeeng. A male young offender has been charged with assault causing bodily harm and has been remanded into custody.

At 10:18 a.m., a report of a domestic assault was received. Police attended and determined that no assault had occurred.

January 28:
Between the hours of 7:00 p.m. and 9:00 p.m. a 2000 Ford Explorer was hit while parked at the Roman Catholic Church in Fort Alexander. Police are requesting help in identifying the suspect vehicle.

January 29:
10:00 a.m. - The Pine Falls School reports receiving 2 NSF cheques, both from the same suspect, passed on a closed account. This matter is being investigated and charges are pending on one adult male.

At 10:30 a.m. a call was received from the Sagkeeng

Junior High School that a teacher had been threatened by an adult male. The investigation is continuing in this matter.

At 11:30 p.m. a complaint of three intoxicated females causing a disturbance in the Multiplex in Fort Alexander. Police responded and two subjects were arrested, one with an outstanding warrant.

January 30:
At 2:35 a.m., two vehicles were caught racing down Art Avenue in Powerview. Both drivers were warned.

Between the hours of 9:00 a.m. and 4:40 p.m., a 1996 Yamaha snowmachine, black in colour, licence number 34M8 was stolen from a residence in Cure's Trailer Court in the R.M. of Alexander. Tracks led to the river. Police are asking for the public's help in locating this snowmachine and the apprehension of the people responsible for the theft.

At 10:50 p.m., police responded to a call of an un-

wanted intoxicated guest at a home in Seymourville. On arrival at the home, the guest had departed on his own.

January 31:
At 1:35 a.m., a young male, in possession of stolen stereo equipment was caught and held for police. Investigation revealed that the Pine Falls arena had been broken into and that two other young males and one adult male were responsible. Charges of break and enter and theft, possession of stolen property and mischief to property are pending.

At 7:00 p.m. police responded to a suspicious vehicle at the Pine Falls Golf Course. Patrol was made, but vehicle was gone.

At 7:40 p.m., police attended a resident of Hollow Water as there was a runaway from Mary Mound School living there. A young female was picked up and transported back to Child and Family Services custody in Winnipeg.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.
PACE 7-1375: meets first Tuesday of the month, Chicken Chef, Powerview meeting room.
Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.
Library Allard: Tuesday, 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m. Story Time - Wednesdays at 1:30 p.m.
Beaches Library: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.
Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.
Silver Haven Club: cribbage every fourth and fifth Monday 1:30 p.m., wine every Thursday 1:30 p.m.
Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.
Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.
Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.
Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meal raffles held at Legion on Fridays 4:30 to 5:30 p.m.
Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

**Call The Echo 367-9468
FREE OF CHARGE**

Winnipeg River Church Services

NOTRE DAME DU LAUS: Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead - Sunday 12:00 noon
PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bonita E. Garrett, Minister, Church 367-2633 or Cell 754-7220. Everyone Welcome.
PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.
ST. THERESA'S: Masses at Notre Dame du Laus.
ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.
ST. JUDE'S ANGLICAN CHURCH Grand Marais: Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.
TRINITY EVANGELICAL LUTHERAN CHURCH Thelberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwood on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.
CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.
HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantebury, on Hwy. #59.
ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.
ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.
ST. THERESA, R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.
SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 1:30 p.m. and Sunday 2:00 p.m.
CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.
GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

Lac du Bonnet RCMP report



January 24:
A report from a resident of Whitemouth of the subject's estranged husband contacting the complainant via a written note, in contravention of Bail conditions. The subject was charged accordingly.

January 25:
A report from a cottage at Sunset Bay in the R.M. of Alexander of finding tracks in the snow around the residence and storage shed and down to the waterfront.

January 26:
A patrol of the fishing shacks on the Winnipeg River near the boat launch resulted in open liquor being dumped out and a seizure of marijuana.

A report from an adult female in Elma of being assaulted by a neighbour.

January 27:
A report of a vehicle being operated in a careless manner

in the Town of Lac du Bonnet. The driver was identified and follow-up done as per the wishes of the complainant.

January 28:
A report of an Intrusion Alarm at a residence on Lavoie Road in the R.M. of Lac du Bonnet. Police attended and found all to be secure.

January 29:
An adult male was checked in the Town of Lac du Bonnet for operating a vehicle without a valid registration. Subject was charged for driving without a valid Driver's License and Driving an unregistered vehicle, and the vehicle was towed.

January 30:
A report of a break and enter to an office on McArthur in the Town of Lac du Bonnet. Nothing appeared to have been taken.

A report of a vehicle

stopped partially in the travelled portion of PR 214 in the R.M. of Lac du Bonnet. Police attended and found that the vehicle had a flat. Traffic control done while the owner changed the flat.

A report of a vehicle having been taken by an adult male from a location on 5th Street, Lac du Bonnet. The vehicle was subsequently located on Scott Crescent in Lac du Bonnet.

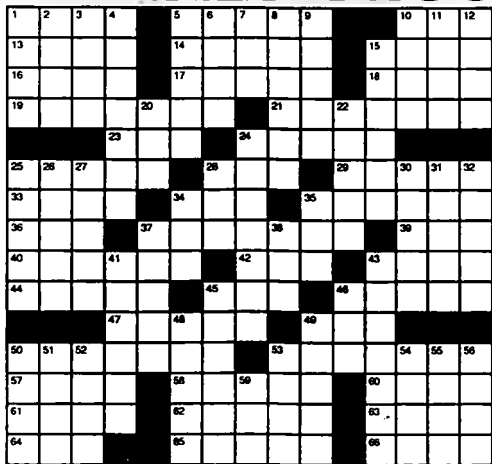
A report of an intoxicated adult female causing a disturbance on Scott Crescent. Police attended and located the subject and took her home and turned her over to her spouse.

January 31:
A report of an intoxicated adult male causing a breach of the peace at a residence near Seddon's Corner in the R.M. of Lac du Bonnet. Police attended, arrested the subject and lodged him to sober up.

If you have any information and want to remain anonymous to any of the above crimes, please call
CRIMESTOPPERS
 at 1-800-782-8477

CRIME STOPPERS

WEEKLY CROSSWORD



39. Metal source
40. Those acting for others
42. Enforceable rule
43. Unpleasant task
44. Electrical switch
45. Moving truck
46. Begins business day
47. Having more wisdom
49. Coffee vessel
50. Supervises
53. Answers back sharply
57. Cupid
58. From the Far East
60. Painful
61. Almost all
62. Deserve
63. Fencing sword
64. Not quite two
65. Makes preparations
66. Act
8. Harsh
9. Poet's works
10. Animal's den
11. Continuing inward
12. One of equal rank
15. Odors
20. Convent member
22. What the model did
24. Having sharp corners
25. Speed detector
26. Reflection
27. Conifer trees
28. Bitter vetch
30. Make amends
31. Summer TV show
32. Lock of hair
34. Curvy letter
35. Bench with a back
37. Loft
38. Adult male
41. Most recent
43. Against
45. Liquid holding utensil
46. Not in
48. Letter requirement
49. Pennies
50. Demonstration sample
51. Press
52. Fragrant flower
53. Cloudburst
54. Lariat
55. Forest member
56. Plant origin
59. Lyricist Gershwin

ACROSS

1. Drinks eagerly
5. Tie holder
10. Month part
13. Ardor
14. Broncobusting exhibition
15. Rational
16. Snout
17. Overhead
18. Issue summons
19. Lessening of tension
21. Empire ruler
23. Regret
24. Purposely set fire
25. Become mature
28. Compass pt. (abbr.)
29. Begins
33. Among
34. Unit of work
35. Bother
36. Newsmen _____ Rather
37. Took for granted

DOWN

1. Grant use of
2. African lily
3. Gone by
4. Smiled derisively
5. Shipping container
6. Fleshy part of ear
7. Fuss

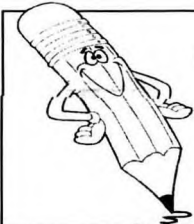
ECHO Trivia

• Twenty thousand plants are listed by the World Health Organization as being used for therapeutic purposes.

• Ida May Fuller of Brattleboro, Vermont was the first U.S. citizen to receive a Social Security check. She lived to be over 100 and collected her first check in 1940. She collected over \$20,000 in total benefits.

• The sea lion is susceptible to sunburn, and if put on board a ship, will get as seasick as a man.

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

"AZBY CWBD AZV Z EQFQB
GZRWHH, SZITJPVV GZRV WHH JWC."
-QJDJWCJ

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

Last Week's Solution

AN EXPERT IS ONE WHO KNOWS MORE AND MORE ABOUT LESS AND LESS.

- NICHOLAS MURRAY BUTLER

WEEKLY ECHO HOROSCOPE

for the week of
February 4 to February 10

Aries - March 21 to April 20

Make Valentine's Day extra-special this year. You and your partner haven't been away together in quite a while. Consider a quiet, romantic spot, not a hectic day shopping or hopping from place to place. It will really help your relationship thrive.

Taurus - April 21 to May 21

Relationships are the key to your week, those at home and at work. Depend on them to help you get through the next week or so. They'll help you stay on course so you can get the job done. If someone offers you time away from the grind, take it!

Gemini - May 22 to June 21

Entertaining friends or relatives from out of town may end up blowing your Valentine's Day plans. Enjoy the time with your guests; after all, you haven't seen them in quite a while, and you can always celebrate Valentine's Day later.

Cancer - June 22 to July 22

Feeling restless? That's understandable with everything that's been going on at work and home. This would be a good time to get away for a long weekend. However, before you set out, make sure you have the finances to cover the trip.

Leo - July 23 to August 23

Don't let outdated notions hold you back. Instead, explore them, then ask yourself if there is an alternative. Organize your time. You have a lot of chores and errands to get done, and in order to do that, you'll have to keep to your list.

Virgo - August 24 to September 22

Even though you'll be busy during the first part of the week, it should slow down soon. Along the way, keep your eyes and ears open for bits of information that can help you. Just don't promise anything you can't deliver.

Libra - September 23 to October 23

Changes are taking place in your circle of friends. New friendships are formed, old ones are fading away. In this natural process, be open-minded and flexible; but you'll find your old and new friends don't have a lot in common.

Scorpio - October 24 to November 22

Skip the chocolates this year. Instead, put a little more thought into this year's Valentine's Day gift. You still have time to put some creativity into your choice. Seek professional advice on a pertinent family matter that has you in the middle.

Sagittarius - November 23 to December 21

Valentine's Day is approaching, and love is in the air. Don't get too wrapped up in it and don't get in over your head. It may feel like love, but it may not be. Don't forget family matters with your hectic schedule, work and friends.

Capricorn - December 22 to January 20

Don't let pessimism in the workplace bring you down. Things may be rough at work now, but relief may be on the way. Take advantage of an opportunity that may come your way. It won't be easy, but be open-minded at home.

Aquarius - January 21 to February 18

If you find yourself a little ahead on the budget this week, use the money wisely. How about planning an educational trip or time at a spa to get in better shape? Maybe you could sign up for a class to make you even more valuable at work.

Pisces - February 19 to March 20

Take advantage of your high energy level this week. It will go a long way toward helping you balance home, friends and work. You should be able to get home and work projects done ahead of time, which means extra time for fun.

Echo Classifieds

Apartments for Rent - One and two bedroom apartments for rent in Powerview. Utilities and parking included, coin laundry, very clean and well maintained. If interested please call for details after 6:00 p.m., 367-4922. 25-TFN

House for Rent - Three bedroom house for rent, partially furnished, includes satellite TV, available February 1st, 2002. Call 367-4549. 31-TFN

House for Rent - Large Lot, many trees, 3 Bedroom house, 1 mile South of Lac du Bonnet. "Grass cutting" included in rent price. Call 345-8733. 33-TFN

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TFN



OPEN HOUSE
1:00 - 3:00 p.m. Sunday, February 10, 2002, 37 Silverdale, Silver Falls, 3 BR, 3 Bathrooms, central air, wood/electric furnace, dbl. attached garage, various upgrades. \$89,900 Wayde Goodman, 204-482-8238, Evan Real Estate Service Inc.

St Georges - 2 Bedroom single level dwelling in St. Georges, 677 sq. ft. Exterior and roof recently renovated, appliances included, asking \$35,000 OBO, call 367-8634 or 367-8522. 34-TFN

1144 sq. ft. double lot. Spacious 3 Bedroom bungalow, completely remodeled, (1999) central vac, new windows, carpets, cupboards, all new appliances, fridge, stove, washer/dryer, dishwasher. To view call 367-4922. 35-TFN



Happy Sweet 16th Amanda
Now you can drive the real thing.
Love Aunty Bunny

Phase II Dental Assistant - needed part-time. Fort Alexander Dental Clinic. Experience is an asset. Please call Dr. Alan Grant at 367-2208. 34-24

Prayer Corner
May the Sacred Heart of Jesus and the Immaculate Heart of Mary be praised, adored, and glorified everyday throughout the world forever. -Amen

Say six times a day for nine days and promise publication and your prayers will be answered no matter how impossible they may seem by the ninth day.

Card of Thanks
We would like to thank everyone who showed compassion in our time of sorrow for the late **Michelle Nechiporenko - Alexander**

Elder George Matthew Courchene, Chief Garry Swampy, Sagkeeng VLT Committee, George M. Guimond Care Centre & Staff, Sagkeeng Human Resource Centre, LaForte's Bingo Collection, Phyllis & boys, Ken & Wanda & Family, Gerald & Linda Twoheart, Ron & Mimi Fontaine, Murray & Theresa Courchene & Family, Sagkeeng Social Services, Walter Starr, Christ Anglican Church, Mr. & Mrs. Rene Spence, Joan Guimond, Barbara Bruyere & Family, John & Lucy Henderson, Councillor Hector Prince, Fort Alexander Health Centre & Staff, Sagkeeng Treaty Days, Katrina Rae Bingo Collection, S.H.R.C. Bingo Collection, Tony & Bopper & Family, Bella Malo & Family, Norbert Guimond, Sagkeeng D.P.W. - Able & Shack, Teeny Boppers, Margaret & Phillip Starr, Sagkeeng Child & Family, Freda Courchene, Lloyd Guimond, Langford & Karen Guimond, Thorton & Kim, Gospel Singers - Wilfred Abraham, Larry Guimond, Joe Land, Florence Boubard, Julianna Courchene, Bill & Doreen Meade.
For the Feast After the Funeral - Linda Ann Guimond, Diane Emily Beaulieu.

The Alexander Families

Obituary

Sidney John Watson

On Monday, February 4, 2002 at the Pine Falls Hospital, Pine Falls, Manitoba, Sidney John (Skidder) Watson passed away at the age of 49 years.

Sidney is the beloved son of Frank and Melina Watson and brother to Patrick (Marlene), Gordon (Dorinda), Kathy Whittaker (John), Bill (Molly) and Tanice Senft (Warren). He will be sadly missed by many nieces and nephews, aunts, uncles and friends.

He was predeceased by his brother Bryan.

Sidney was born on March 9, 1952 in Pine Falls. He was employed by the Pine Falls Paper Company. In later years with the company he developed Hodgkins Disease and as a result finished his years on long term disability.

Sidney enjoyed fishing, music, his motorcycle and especially catching up on the local news at Clark's Corner.

Cremation has taken place and a Celebration of Sidney's life will be on Thursday, February 7, 2002 at 2:00 p.m. at the Notre Dame du Laus RC Church, Powerview, Manitoba with Fr. James Gray officiating. Honorary pallbearers will be Ron Papineau, Leon Bouvier, Chris Coulombe, Gary Mysak, Grant Pachkowsky and Norman Dupont.

If friends so desire memorial donations in Sidney's memory may be made to a charity of one's choice.

"For you the pain and suffering have ended, go now in peace."

Russell Funeral Homes Ltd. and Crematorium of Beausejour, Manitoba are in care of arrangements. 1-866-424-6271 (toll free) or 268-2263.

Found

Cross breed lab/retriever, amber in colour with star on chest. Approx. 5 yrs. old, found in Pine Falls area, brought the dog home to Lac du Bonnet, please call 345-9956.

In Memoriam

Christina Guimond

In loving memory of a Mother and Mama, Christina Guimond who passed away one year ago, January 28, 2001.

*In tears I saw you sinking,
I watched your fade away,
You suffered much in silence,
you fought so hard to stay.
You faced your task with courage,
your spirit did not bend,
But still you kept on fighting
until the very end.
God saw you getting tired,
When a cure was not to be,
So He put His arms around you,
and whispered "Come to Me"
So when I saw you sleeping,
So peaceful, free from pain,
I could not wish you back,
to suffer that again.
You didn't deserve what you went through,
so He took you home to rest.
God's garden must be beautiful,
for He only takes the best.*

Lovingly remembered and sadly missed by Rose, Percy, Beth, Linda, Diane, Cecile, Shirley, (Larry - Tracy, Cliff, Anita, Chop, Buffy) and grand children & great grandchildren

BUSINESS DEVELOPMENT OFFICER
Winnipeg River Brokenhead
Community Futures Development Corporation

Winnipeg River Brokenhead CFDC provides community development services to the North Eastman region. The Corporation is seeking an enthusiastic, self-motivated, and organized individual for the position of **Business Development Officer**.

The Business Development Officer will be responsible for assisting clients with business planning, market research, and financial forecasting and analysis. He or she will also provide assistance, counseling, and support to clients in all aspects of business management, and will help entrepreneurs develop solutions for business challenges or problems.

The Business Development Officer will also be involved in the community economic development work of the Corporation including assisting with the preparation of feasibility studies and business plans for community projects, helping community groups to identify and access government programs and services, providing planning and organizational assistance for economic development initiatives, and assisting communities in the region with identifying and attracting business opportunities.

The successful candidate will have a strong background in business planning and financial analysis, be knowledgeable of small business start-up, marketing and management, and have good client counseling skills. Sound analytical and research skills, and experience with project planning and proposal preparation are required. Excellent communications and interpersonal skills, a commitment to teamwork, and the ability to meet deadlines are essential. A diploma or degree in a related field is required. Entrepreneurial business experience would be a definite asset.

The position is located in Lac du Bonnet, Manitoba and will require some local travel. Salary is in the range of \$28,000 - \$35,000 commensurate with qualifications and experience.

Please forward resumes by February 18, 2002 to: WRBCFDC Hiring Committee, Box 505, Lac du Bonnet, MB R0E 1A0. Resumes also accepted by Fax (204) 345-6334 or e-mail info@wrbcfdc.mb.ca

We thank all who apply, but only those selected for an interview will be notified.

With eyes wide open

from page 8

Effects include feelings of euphoria, light-headedness, exhilaration, vivid fantasies, recklessness and feelings of invincibility. Deaths have been related to passing out with plastic bags over the mouth and nose, and from strenuous activity while intoxicated.

Outward signs include pallor, fatigue, forgetfulness inability to think clearly, tremors, poor coordination and difficulty walking, thirst, weight loss, depression, irritability,

hostility and paranoia. Kidney, liver and brain damage may occur. It is not known to what extent the damage is reversible. Simultaneous alcohol consumption may compound the damage. Regular use develops tolerance, making larger doses necessary to produce the same effect. Psychological and physical dependence can develop. Withdrawal symptoms include anxiety, depression, irritability, dizziness tremors, nausea, abdominal pains and headaches.

'Club Drugs'

The drugs listed below have been used to aid sexual assaults because of their effect of reducing inhibition and causing forgetfulness. Often the victim will not remember the assault has occurred. They are odourless and tasteless and so may be slipped into the drink. These drugs have been circulating at raves and dances.

Rohypnol - roofies, rope or the forget pill

Extremely potent produces

Century old farm awarded

from page 5

tinued to live on the farm in the little house he had built for himself and his wife. He continued to hunt and fish, initiating his grandsons to his passion. At the age of 81 years, Ephrem died on July 15, 1944.

In 1924, the title of the farm was transferred to his son Albert. Albert was born in 1892 and was still very young when the family settled in the area, but he soon became his father's right hand man. As a young man, he was a hard worker and he cleared most of the land. On July 19, 1919, he married Febronie Martin in Ste. Martine, Quebec. He brought back to St. Georges his young bride where they lived with his parents in the family house built in 1913. Albert and Febronie had 10 children (Maurice, Isidore, Marguerite, André, Paul, Evangeline, Pierre, Catherine, Jean and Maria. Evangeline and Pierre died in 1935 during another diphtheria epidemic.

Having inherited the family farm, Albert worked hard clearing all the land. For a couple of years he grew hay which he sold in Lac du Bonnet for horses in the lumber camps. Around 1927 when the cheese factory in St. Georges

was in operation, he milked cows and had a milk contract. He cultivated peas on a larger scale for about 15 years while the market was good in Quebec. He also had flock of sheep for a number of years. The wool was shipped to Quebec. He also raised pigs, goats and chickens. In 1952, with the help of his sons, Albert built a big dairy barn.

In 1951, all the buildings on the farm had to be moved away from the river because the construction of the dam in Powerview raised the level of the water on the Winnipeg River. Approximately 64 acres of the farm were lost. Of the initial 207 acres only 132 now remain.

Albert witnessed the arrival of more sophisticated farm machinery and wisely invested to make the farm easier to manage and more profitable. Throughout the years many farm implements were purchased to do what had to be done manually.

When Albert passed away suddenly on June 6, 1953 at the age of 60, the title of the farm was transferred to his wife Febronie but the actual managing of the family farm became the responsibility of his son André. He continued

in the footsteps of his father with the help of his brother Jean, milking cows, growing hay and cereal crops.

Wanting to improve the heard of milking cows and the production of milk, André purchased the first registered Holstein bull in the region in 1957. In 1960 he sold the milk contract but continued to milk cows and sold the cream. He was also raising pigs during these years. In 1975 he quit milking cows and started raising beef cattle, his herd growing gradually over the years. In May 2001, André sold the last cows of his herd. André and Jean still make hay and grow cereal crops. They also continue to cultivate peas on a much smaller scale. Today these peas are manually bagged in 1 kg bags and sold at the St. Georges Museum.

André and Jean still live in the family home built by their grandfather in 1913. André took care of his mother Febronie till she moved in the seniors' home in St. Georges in 1975. Febronie passed away May 16, 1979 at the age of 87.

100 years later, the farm is still owned and cultivated by the grandsons of the first owner, Ephrem Dupont.

drowsiness, dizziness, memory loss, muscle relaxation, impaired thinking and motor coordination. It can also produce aggressive behavior. Regular use induces tolerance.

GHB- liquid X, scoop

Effects of lower doses can include lowered inhibitions, euphoria, calmness, progressing to drowsiness, dizziness and amnesia. Higher doses may produce confusion, hallucinations, nausea, vomiting, diarrhea, tremors, combative and self injurious behaviours, seizures, shortness of breath, loss of consciousness and coma.

What you can do to prevent drug use :

- Use your power as a parent to set examples of responsible behaviour
- Monitor activities and spending money.

• Encourage friendly and open communication

• Nurture good self esteem in your child

• Know where your children are, who their friends are, and what they are doing.

• If you see these signs in someone you know or have concerns don't be afraid to ask questions and to insist on answers. These actions may not be popular, but you child will get a clear message that you care and are prepared to go the distance to ensure their success.

For help or information on how to keep a friend or family member drug free, call Kirstin (for youth) at 345-2585 LDBSS (Mon. and Wed.) Edward Schreyer School 268 3706 (Tues. and Thurs) or Trina Vernon (for adults) 268-6166.

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