

# The Winnipeg River Echo



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## Liberals nominate George Harbottle

by Charles Norman

Lac du Bonnet liberals have nominated George Harbottle of Silver Falls to contest the by-election resulting from the resignation of the incumbent Tory MLA Darren Praznik.

Ninety-five members registered for the nominating meeting held in the Beausejour Recreation Centre Saturday afternoon to choose between Harbottle and Rock Matte from Traverse Bay. Harbottle was nominated by ex Sagkeeng Chief Gerry Fontaine, Matte by Gerry's brother Vincent Fontaine.

Matte told the meeting he was motivated to seek the nomination by a renaissance in the provincial Liberal Party and the need for new blood and new ideas.

Matte mentioned medicare,

unemployment, education and the brain drain as issued to be addressed during the coming election campaign. "We have to look at what we need - not what we want." He told the meeting. "We all know what the problems are - and the solutions is going to come from you - not from specialists but from the people because we live with those problems.

Nominating Harbottle, Gerry Fontaine said he had known Harbottle for many years, both as chief and as an individual. "He has been an advocate for people. He is an individual that can speak to the issues - he understands the issues - he has been there (for Sagkeeng) with advice and help for chief and council.

Harbottle said it is important to let potential investors

know that we, in this region, are open for business, and to let them know that we are serious about removing obstacles preventing responsible investment in our people and resources. He mentioned the increase in the economic development of the region, including the proposed Sagkeeng/Tembec joint venture sawmill, a casino at Brokenhead, a brick and tile plant in Beausejour, and all-weather road to northern communities on the east side of Lake Winnipeg. He said it is important that we make sure that the necessary infrastructure is in place to enable those developments to proceed smoothly - and that it is also important that First Nations be equally involved in the development process.



George Harbottle - will carry the Liberal banner in the upcoming by-election in Lac du Bonnet

Harbottle said the decision by the previous government to scale back funding of the rural drainage system shows a complete lack of vision and understanding of what agricultural producers require. "This is one issue I will pursue vigorously." He said.

He said the recent boundary changes of the Agassiz and Springfield school divisions

were a complete reversal of the Robin Hood analogy. "Education tax must be removed from the property tax." He said. "All school divisions should have equal course opportunities and standards for our youth to pursue. Our most important natural resource is our youth and it is our ultimate responsibility to encourage

See LIBERALS/page 2

## Praznik roast

by Charles Norman

At a farewell to Lac du Bonnet MLA Darren Praznik, Tory Party Leader Stuart Murray welcomed the more than 300 people at the banquet in the Beausejour recreational centre Saturday evening.

"You've got to be extremely proud of someone who came into peoples lives and made a difference." He said. "On behalf of all those in caucus I welcome everyone to pay tribute to a true Manitoban.

It was the nicest thing anyone said in an evening that turned out to be a true roast. But, in spite of the jokes it was apparent that Praznik was extremely popular with the crowd. Two party leaders, Stuart Murray and Gary Filmon were there, as were two previous Tory cabinet ministers, (former Education Minister Linda MacIntosh, and former Natural Resources Minister Harry Enns), and several PC MLAs.

Local reeves and mayors joked about the fact that whenever Praznik visited their municipality he always seemed to

come with a cheque in hand, (always lottery money). They thought it appropriate that they should return the favour and each presented Darren with a cheque. They were quick to point out that they were not handing out municipal taxpayers money - all the cheques were personal - for \$1:00 each.

No one in the constituency could miss the fact that Praznik was always late. Most aware were those people who worked for him over the years they presented him with a huge alarm clock, complete with a large chain for wearing around the neck.

RM of Alexander George Harbottle joined in roasting the Tort MLA in spite of having got the Liberal Party nomination to run in the seat he is vacating just a few hours before.

It was one of those "a good time was had by all" events as people socialized, renewing old acquaintances and visiting old friends. It was not a time to dwell on the fact that Lac du Bonnet will be losing a very good MLA.



Lac du Bonnet MLA, Darren Praznik (second from right) this time on the receiving end of cheque giving. Local mayors and Reeves joked about Praznik always coming with a cheque and thought it was their turn. They were personal cheques for \$1.00 each. Lottery money was not involved.

## Southeast Blades vs. Winnipeg Saints

# Liberals nominate Harbottle

from page 1  
them to develop."

Harbottle said he intends to make health a major issue and especially to address the disparity in health funding in the region. He said western Manitoba gets \$1145 per capita health funding, but the north-east region gets only \$645. He said this disparity limits our ability to deliver the health care services we need.

Provincial Liberal Party Leader Jon Gerrard, speaking while the ballots were being counted, told the 95 members present that the provincial party was on the rise, with an increase in popular support now up to 24%, up from 13% in the last provincial election.

Gerrard said this is a significant time for the Liberal Party

of Manitoba. The party has separated from the federal party as a result of changes in the provincial elections act. "We're positioning this party to fight whoever it may be - even liberals in Ottawa - to get things done. He mentioned agriculture, First Nations, and economic development as important issues, but specifically commented on the lower per capita health funding in this region, and said that agricultural drainage needs complete rethinking.

He said the first priority for the party is to improve the organization across the province, and said the fact that the liberal nomination in this riding was "the first off the mark" was an indication that the process had already begun.

# Lac Du Bonnet NDP to Elect Candidate

On January 30, 2002 the members of the Lac Du Bonnet NDP will elect their representative for the up-coming by-election. The nomination meeting will begin at 7:00 p.m. on Wednesday at the Community Center, 25 McArthur Ave, Lac Du Bonnet MB.

Guest Speaker, Premier

Gary Doer will kick-off the evenings excitement. Three people are vying for the opportunity to become the next NDP candidate for the constituency of Lac Du Bonnet. Mike Hameluck who nearly won in the 1999 provincial election is once again hoping to represent the constituency. Marguerite

Olgilvie, the NDP Candidate in 1995, and Jack Kowalchuck, a new comer to the nomination process, have also declared their intention to seek the nomination.

We look forward to your attendance at the nomination meeting January 30, in Lac Du Bonnet.

# Catfish Creek 100

by Gord Sokoloski

Yes, that was what the local Can Am x-country race was called way back in the mid 1980's. A group of dedicated snowmobilers ran the race out of the Victoria Beach area four different times between 1985 & 1994. The first two events were called "The Catfish Creek 100" with the race site at the mouth of the creek. Although some years were cancelled due to lack of snow and poor ice conditions, the race was held twice more under the title "The Traverse Bay 100".

Names like Wolfe Kraft and Wayne Jones come to mind during these early years. Then in 1995, the Maskwa Snowmobile Club became involved and the Can-Am event was renamed, "The Maskwa 170" and was held at St. Georges beach. One lap was approximately 60 miles long, leaving the beach, down the Winnipeg, then up the Maskwa (Bear) river, then looping around to the south and west to come down Bear Creek and back to the beach via the Bear and Winnipeg Rivers.

Shaun Jackson, wearing

#450 and riding a Polaris, ran the course in 2:06:18, February 24, 1996 with Grant Henderson now at the helm saw the Maskwa 180 with three local racers participating. They were Shaun Jackson #450, Justin Lavoie #42, and Daniel Lavoie #101. Shaun placed first in the semi-pro 600 and yhr semi-pro open events with Justin a close second in the open. Daniel unfortunately was unable to finish in the Trophy event. The route was a combination of snow/cross and x-country racing.

Starting in the field opposite the Papertown the spectators were able to see the talents of the racers going through the obstacle course before heading north to the Winnipeg River, up to the mouth of the Bear River, then back to the starting point, at the Papertown Motel. That year's expenses were approximately \$4500, which included operating expenses, insurance, trophies and a \$1000 purse. February 22, 1997.

The appeal of the excellent and annually varied race course brought out 53 entrants,

up from the previous two years of 34 & 38 entries. Bad ice conditions on the rivers dictated a course that started in the field across from Papertown, through the obstacle course, then south on the Mackintosh Trail to Gunning Trail, across Duck Lake and back to the start line on the Pitre Trail. Although it was a short lap, the racers had to cross Bouvier Trail once and PR 304 twice. The rules of the race were that the racers had to yield to passing traffic.

Names of volunteers like, Grant, Moe, Justin, Gord, Rene, Joan, Tim, Cam, Tanis, Rheel, Mike, Warren, Tex, Bonnie and Jerry are just a few, that once again, helped make the race a safe and enjoyable event for both racers and spectators.

Shaun Jackson did not finish this year due to mechanical problems. Justin Lavoie had respectable finishes in the Semi-pro and the Semi-pro open classes, placing 9th and 5th out of 24 entrants. Thanks to Wolf Kraft and several racers who helped get Jason Poitras' machine up to race

See *CATFISH*/page 9

New Email - theecho@mb.sympatico.ca

# BINGO

## COMBINED ACCUMULATORS

<p><b>Bonanza</b> starting value this week <b>\$7240</b> if your POT STARTS AT \$500 Add 50% of sales on Monday if not won, carry over total plus 50% of sales to Wednesday if not won, carry over total plus 50% of sales to Thursday</p>	<p><b>Minnie Loonie</b> starting value this week <b>\$1964</b> if your POT STARTS AT \$500 Add 50% of sales on Monday if not won, carry over total plus 30% of sales to Thursday</p>	<p><b>Lucky 7</b> starting value this week <b>\$3605</b> in 25 numbers POT FINISHED AT \$500000 Add one # plus 30% of sales carry over on Monday. If not won, add one # plus 30% of sales carry over to Thursday if your POT STARTS AT \$500 in 17 numbers or less</p>
<p><b>IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL.</b></p>		
<p><b>FOR UPDATES CALL 345-8825</b></p>		
<p><b>Knights of Columbus</b> Lac du Bonnet Community Centre Specials 7:00 p.m. <small>Lot. Lic. 064</small></p>		<p>Bonus Line - \$80.00 Star - 2064.00 Loonie Pot - 875.00 Toonie Pot - 139.00 Special "Y" - 328.00 Jackpot Strip - .00 Poker Flush - 831.00</p>
<p><b>FOR UPDATES CALL 345-8619</b></p>		
<p><b>Lakers Ski Club</b> Lac du Bonnet Community Centre Specials 7:00 p.m.</p>		<p>Bonus Line - \$280.00 Star - 744.00 Loonie Pot - 378.00 Poker Flush - 8048.00 Special "Y" - 179.00</p>
<p><b>FOR UPDATES CALL 345-6197</b></p>		
<p><b>Royal Canadian Legion #164</b> Lac du Bonnet Legion Hall Specials 7:00 p.m.</p>		<p>Bonus Line - \$ 888.00 Star - 362.00 Lucky 7 - 1660.00 Poker Flush - 65.00 Mini Loonie - 1225.00 #1 Loonie - 57.00 #2 Loonie - 62.00 Jackpot Strip - 32.00</p>
<p><b>Every Wednesday Evening</b> <small>Lot. Lic. 493</small></p>		

## The Winnipeg River Echo

56 Art Street, Powerview  
Phone 367-9468, Fax 367-9974  
Monday to Friday  
9:00 a.m. to 4:00 p.m.

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## The Winnipeg River Echo

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba.  
Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

## Tribute to Darren Praznik

by Charles Norman

At the farewell banquet in Beausejour for Darren Praznik last Saturday, Tory Leader Stuart Murray said, "You have to be extremely proud of someone who came into peoples lives and made a difference.

Praznik made a difference here in Pine Falls, but no one mentioned it at the banquet.

About ten or twelve years ago Abitibi Price decided that the Pine Falls newsprint mill had no place in their organization. It needed a \$30 million dollar effluent treatment plant and \$20 million dollar recycle mill. Abitibi decided it just wasn't worth the money and decided to close it down. They gave local management and

employees the option of buying the mill to save their jobs.

Local people met the challenge head on - but they did not have, and could not get conventional funding for, the \$50 million dollars needed to keep the mill going.

The provincial government came through with a thirty million dol-

lar "loan authority". Given that level of confidence the Royal Bank came through with \$20 million dollars, and Abitibi accepted very generous terms for the purchase of the mill.

Praznik played a major role in obtaining that \$30 million dollar loan authority from the provincial government at a time when many of his

colleagues were very nervous of what had happened at the kraft pulp mill in The Pas.

The fact that he was able to persuade his colleagues that we were worth the risk has made a real difference to this community. Without it five hundred people would



Outgoing MLA, Darren Praznik

## Women's Health Consultation in Lac Du Bonnet

by Cindy Kellendonk

Approximately 34 people gathered January 22, 2001 at the Lac du Bonnet Community Centre to attend the fourth in a series of Women's Health Consultations throughout the Province, driven by the Minister for the Status of Women, Dianne McGifford.

The focus of the meeting was an opportunity to invite an informal approach for residents of the North Eastman region to raise concerns or issues women face in health care with the goal of incorporating those interests into related policy or program development.

Minister McGifford led the meeting along with Theresa Harvey Pruden - Assistant Deputy Minister for the Manitoba Women's Directorate - Annette Willbom - Director of the Manitoba Women's Health Unit and Judy

Coleman - Vice President of Programs and Services for the North Eastman Region.

Some areas of regional concern raised are the need for:

- ensuring the Provincial Government recognizes the Pinawa Hospital as a continued essential service to our community.

- midwifery services to facilitate an option for expecting mothers for home birthing versus hospital deliveries

- low income housing for women

- a support program for victims and aggressors of Domestic Violence

- Mental Health Services in remote areas

- in-house psychiatric facilities shared by both genders to move to gender specific facilities.

Representation from the North Eastman Health Authority, The Manitoba Women's Ad-

visory Council, and Board Members from the Pinawa Hospital were on hand to discuss some of the concerns raised.

The Manitoba Women's Advisory Committee represents women's concerns by drawing attention or advising the Government of Manitoba on matters relating to the achievement of full and equal participation of women society.

Their purpose is to advance the goal of equal participation in society and to promote changes

in social, legal and economic structures.

The Minister encourages those who did not attend the meeting and wish to share their concerns regarding women's issues in the North Eastman Region to contact the Honourable Diane McGifford RM 156, Legislative Building Winnipeg, MB R3C 0V8 (204) 945-0825, 1-800-282-8069 or the Manitoba Women's Advisory Council, 107-175 Carlton Street, Winnipeg MB, R3C 3H9 (204) 945-6542.

have lost their jobs and the Pine Falls and Powerview would virtually have disappeared.

That is making a difference.

But there is more - much more.

The mill, now owned by Tembec, is expanding. A TMP mill has replaced the outdated sulphite and groundwood mills. Chips are used instead of whole logs - meaning that half the wood can be used for higher value lumber. A sawmill is to be built on Sagkeeng territory in a Tembec/First Nation joint venture. A third paper machine is likely to be installed at the Pine Falls mill; the forest is to be managed by a

Tembec/First Nation partnership. Two more sawmills will follow the third paper machine. In the sawmills and in the forest, up to a thousand first nation people are likely to be getting high paying jobs - people who are unemployed now.

An all-weather road will be built on the east side of Lake Winnipeg to Island Lake, and possibly as far as Gods Lake. The 20,000 people in the communities served by that road will no longer be dependent on the unreliable winter road system. The social benefits of this are tremendous.

That is really making a difference. Thank you Darren.

The Winnipeg River **Echo**

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945-1301 (In Winnipeg)  
1-888-848-0140 (at no cost)  
945-1305 TDD (Telephone Device for the Deaf)



Manitoba

# Essential Tax-Smart RRSP Strategies for Investors

by Kurt Rosentreter, CA, Senior Financial Advisor, Berkshire Securities Inc.

With the turn of a new year comes the opportunity to organize your finances now and receive the benefit over the entire year and future years to come. During the calendar year, the first deadline we face is the RRSP deadline. March 1, 2002 is the last day you can contribute to your RRSP and be able to claim a tax deduction on your 2001 personal tax return.

Here's a collection of important rules and strategies to consider for RRSP investors focused on stock market related investments:

Don't wait until the deadline to contribute - set up a monthly contribution plan that zips the money out of your bank account and into your RRSP. This means of saving is less painful since it happens in small amounts all year long, and also gets the money into your tax sheltered plan faster, enhancing the tax deferred growth.

Go with a spousal RRSP plan if you think your spouse will have a lower income in retirement than you will. Note

it is your RRSP contribution room that is affected if you do this - not your spouses's. He or she can still make their own contribution if they have their own contribution room.

If you are younger, over-contribute to your RRSP by up to \$2,000. Every Canadian can top up their RRSP by \$2,000 cumulatively. This is more tax deferred money working for you.

Take out a loan to make your RRSP contribution, but only borrow as much as you can repay in one year. The tax deferred growth you get over time, and the tax refund easily outweigh the loan interest costs. Note, the interest expense is not tax deductible!

Minimize fees inside your RRSP. Remember, your RRSP is tax deferred money and you want to preserve and grow this tax deferred cash. Paying fees out of money within your RRSP is a bad thing - you are using tax deferred money to do so. It is far better to pay all investment fees using money from outside the registered plan. There are ways to ensure fees such as RRSP admin fees, stock trading commissions, and even some mutual

fund MERs can be paid from money outside of your RRSP. Explore investment accounts with asset based fees.

Pay attention to what investments go where. Your RRSP is a tax deferred savings plan where you generally will only pay tax when you collapse the plan at age 69. However, if you also have a taxable savings pool in addition to your RRSP, this money is taxable every year. Given some of your savings are tax deferred and some are taxable, make sure you are tax-smart about which investments you put in each type. It may not make sense to put the same mutual funds or even stocks and bonds in both accounts! Put the highly taxed investments like bonds, GICs, and bond funds inside the RRSP. Put the lower taxed investments in your taxable account. Overall you save more taxes this way.

Don't rush to assume that it is okay to put the same stocks, bonds and mutual funds in your and your spouse's savings accounts. If you and your spouse are in different tax brackets and paying different levels of taxes each year, it is tax smart to put highly taxed

investments in the hands of the lower earning spouse.

Note that your RRSP deduction is not the same as your RRSP contribution. Your contribution room is the amount of money you can deposit into an RRSP each year. The RRSP deduction is the amount you deduct from taxable income on your tax return. Most people deduct what they put in, but you don't have to. If you income will be rising next

year, it can make sense to contribute the maximum this year, but save the deduction and take a larger tax deduction next year. This will refund you more taxes than you would otherwise get.

Kurt Rosentreter is the Author of Tax Smart Investing and Rosentreter's Rules: 100 Financial Strategies to Achieve High Net Worth. He can be reached at krosentreter@berkshire.ca.

## Legion news

Royal Canadian Legion Pine Falls Branch #64



There are still a few Branch and Auxiliary members who have not paid their 2002 dues. Please be sure to pay by January 31 to ensure that your name is not deleted from our membership lists. Branch and Auxiliary dues can be paid at our Legion clubrooms.

Our next event is a Valentine's Day Ribeye Steak dinner on Thursday, February 14th from 5:00 to 7:00 p.m. Tickets are \$10.00 each and are available at our clubrooms. There will be entertainment from 7:00 p.m. to 9:00 p.m. and will feature Michelle Hanson and Kelly Palmer. This event is always a sellout, so don't wait too long to purchase your tickets.

The Branch meeting will be held on Wednesday, February 13th at 7:30 p.m. and the Auxiliary meeting will be on Thursday, February 21st at 7:30 p.m. in our clubrooms.

*In Case We've Missed You...  
And You Would Like to Help...*

## 2nd CanAm Bear X-Country Race Day Event

*Other events include:  
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social evening and the*

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**We welcome all to come & enjoy the Races  
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# The Winnipeg River Echo

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# With Eyes Wide Open - Part II

by Shawn Tester

A 2001 survey revealed that while the student population province wide shows high rates of alcohol and other drug use, there is a spike in a telling area in this region. The difference is in the student perception that "soft" drug and underage alcohol use is acceptable, both by peers and by parents.

Is this really the impression we as parents mean to convey to our kids?

As discussed last week, a variety of drugs are readily available to our children.

What can we as parents do about this situation?

We can work together as a community. We can get to know the parents of our kids friends and network with them to keep tabs on our teenagers. The best defense against peer pressure and the temptation to use drugs are:

Display a healthy attitude toward alcohol and other drug use in the home

Encourage friendly and open communication.

Nurture good self esteem in your child.

In an effort to help parents become educated about what is out there, here are the second two installments in a series of informative arti-

cles aimed at raising awareness of drug use in our communities and what we can do about it.

**Ecstasy: MDMA**  
Ecstasy tablets are difficult to identify because of the variation in shape, size and colour. The most well known have the impression of a bird on the face of the tablet and are known as 'Doves'. Ecstasy capsules are not as common. They may additionally contain amphetamine and LSD. Red and black capsules are more familiar and have been named 'Dennis the Menace'

Ecstasy is often associated with raves or dances. It is a hallucinogenic which can produce

feelings of euphoria, pleasure, empathy and sociability, as well as confusion, depression, sleep problems, anxiety, panic attacks, blurred vision, nausea, muscle tension, teeth-clenching, faintness, chills, sweating and increased heart rate and blood pressure. Higher doses produce distortions in perception, thinking and memory, hallucinations and, in some people, anxiety and depression.

Deaths as a result of kidney and/or heart failure due to dehydration or hyperthermia have occurred. Some research suggests repeated use can cause brain damage. Chronic users may become psychologically dependent.

**Magic Mushrooms (psilocybin)**

'Magic mushrooms' are picked and dried. The mushrooms contain the drugs psilocin and psilocybin. Up to 30 may be required for an hallucinogenic experience

Mushroom tablets,

which have the smell and appearance of proprietary yeast tablets, were illicitly made from virtually 100 per cent dried mushroom material.



"Magic Mushrooms" are picked and dried. They are taken for a hallucinogenic experience.

Each tablet is approximately 10mm in diameter by 5mm wide and weights up to 4 to 5 grams.

Effects of "Shrooms" are felt in half an hour and last several hours. There are sensations of relaxation or fatigue, separation from surroundings. Larger doses produce perceptual distortions, dizziness, abdominal discomfort, numbness in the mouth, nausea, shivering, yawning, flushing and sweating. These drugs may precipitate psychosis (a severe mental disorder often involving personality changes) in vulnerable users. After using mescaline or psilocybin, user must abstain from both for several days to regain sensitivity, and may develop psychological dependence.

prevent drug use:

Use your power as a parent to set examples of responsible behaviour and to monitor activities and spending money. Know where your children are, who their friends are, and what they are doing. If you see these signs in someone you know or have concerns don't be afraid to ask questions and to insist on answers. These actions may not be popular, but you child will get a clear message that you care and are prepared to go the distance to ensure their success.

For help or information on how to keep a friend or family member drug free, call Kirstin (for youth) at 345-2585 LDBSS (Mon. and Wed.) Edward Schreyer School 268-3706 (Tues. and Thurs) or Trina Vernon (for adults) 268-6166.



Left mushroom tablets. The tablets are made from virtually 100 per cent dried mushrooms. Right Ecstasy capsules, the red and black capsules at the bottom right are more common and have been nicknamed "Dennis the Menace".

**Lac du Bonnet NEW TIPS**

Call 367-9468 or call Shawn at 345-8072

**Employment Standards** WORKING TOGETHER **Manitoba's minimum wage is increasing**

On April 1, 2002, it will rise to \$6.50 per hour.

On April 1, 2003, it will rise to \$6.75 per hour.

For more information, please contact us at 945-3352, toll-free at 1-800-821-4307, or on the Internet at <http://www.gov.mb.ca/labour/standards/>

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**For more information contact Raymond Phone/Fax 204-367-8533**

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**Advertising Deadline FRIDAY, 3:00 P.M.**

The Winnipeg River Echo  
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# What's hempanning

All parts of the hemp plant are useful. Hemp can be used to produce everything from fuel to soap. The oil from hemp seeds has the highest percentage of essential fatty acids and the lowest percentage of saturated fats. Industrial hemp can yield 3-8 dry tons of fibre per acre. This is four times what an average forest can yield. It can replace wood fibre and help save our forests. Trees take approximately 20 years to mature - hemp takes 4 months. Paper made from hemp lasts for centuries, compared to 25-80 years for paper made from wood pulp. Hemp is the perfect source for fuel. It produces more biomass than any other plant. If we had to pay at the pump for all the military costs to keep the oil flowing clean burning alcohol fuel produced from hemp would be a bargain. Today industrial hemp is cultivated in Canada, China, Russia, Hungary, Germany, the Netherlands, France, Spain, England, Poland and many other Eastern European countries.

**Hemp facts:**  
The commercial growth of hemp was made legal in Canada on March 16, 1998.

Hemp's medical legacy goes back thousands of years.

Hemp is said to be the most earth friendly of plants, it is said it can transform economies and heal the planet. One acre of hemp saves three acres of trees.

Hemp and waste paper can generate all fuel for autos and industries.

Hemp seeds provide the world's best source of protein, and could be the most economical solution of the world to feed the Earth's hungry.

Hemp grows vigorously without chemicals.

The first pair of Levi's jeans were made of hemp.

Hemp lined the interior of many army tanks that helped save Winnipeg from the flood of '97.

George Washington and Thomas Jefferson both urged the growth of hemp.

The original declaration of independence was written on hemp paper.

The pilgrims first sailed to America with sails made of hemp.

In 1859 there were more than 8300 hemp farms in the U.S.

Hemp fuel can replace all nuclear power at a fraction of the cost of fossil fuels with no pollution or Chernobyl.

# Pine Falls Pre-School

Hi again from all of us at the Pine Falls Pre-School! January was a busy month for us. Our themes included snowflakes, snowmen, warm winter clothes, happy songs and through our experiments we realized it takes a lot of snow to make a little bit of water. Our show and tell in January was once again a big hit.

The children loved sharing their special gifts with all of their friends.

Through all of our themes, we focused a lot on numbers and letters of the alphabet. Recognizing their alphabet is a big accomplishment for the children and knowing their phone numbers and knowing the numbers by sight is also

great. The children caught on to this really quick.

February will be our "Valentine Month", lots of hearts and sharing and just being friends to everyone.

We hope everyone has a great month. If you have any questions about our program, feel free to call the mini-school at 367-8082 and ask for Susan or Felicia.

# Do you need a living will? It's the Law

by Gerald Hawranik, Q.C.

*Gerald C. Hawranik, Q.C. is a lawyer in Beausejour with 20 years of extensive experience in most areas of law. It's The Law will be published in each issue of The Echo. If you would like to know more about any legal topic, please write to Gerald at Box 880, Beausejour, MB R0E 0C0, phone 268-6300.*

It is a sensitive topic, but do you want to ensure that your wishes for medical treatment are respected? If so, you need a living will! A living will is intended to provide clear and explicit instructions for medi-

cal care when you may be near death. Living will are legally recognized in many provinces, although they go by different names. In Manitoba, they are called 'advanced health care directives'. If you become incapacitated you will be unable to express your medical requests. Without another method to inform your physicians, you may end up with treatment that you do not want - you may be put on life support systems when you do not want them.

A living will is not a will at all - it is a legal document which provides instructions to others concerning medical care when you cannot provide those instructions.

What can you express in your living will?

- a) You can specify that you do not want to be kept alive by life support systems if you are incapacitated and your chances of recovery are slim;
- b) You can specify limits on your medical treatment. You can indicate that you want all possible medical treatment to keep you alive, or, if you are terminally ill, you can specify that you should not be resuscitated if you go into cardiac arrest;
- c) You can outline procedures to limit your suffering if you are near death.

A living will benefits both you and your loved ones because potential family disputes over medical treatments for you can be avoided.

There are two elements of every living will. First, you appoint a person or persons who make the decision on your behalf (your proxy). It is best to appoint someone close to you - your spouse, children or close family friend are among the best choices. You can and should name an alternate choice in the event that your first choice cannot make a decision. Second, you should specify the type of treatment you want or do not want. It is best to consult your doctor and your lawyer. Your physician can make suggestions concerning the medical circumstances that should be included in the living will. Make sure your proxy and your medical practitioner have current copies of your living will to avoid disputes over your medical wishes.

If you have any questions about the information appearing in this article, or any other legal question, please call me for a free initial consultation.

*This article is intended to provide general information and not to advise anyone on what he or she should do in a particular situation. The facts of each case are important, and usually affect the way in which the law is applied. When you have a legal problem, it is best to consult a lawyer.*

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# The Pine Falls pulpwood controversy of 1927



by George Bayly

As the Pine Falls Paper

mill was getting set to go into operation in January of 1927, an issue which became known as the Manitoba Pulpwood controversy came to a climax. Controversy over the allotment of pulpwood limits in Manitoba was, as the Manitoba Free Press put it, "fast reaching fever heat". W. Travers Sweatman, K.C., Lawyer for the Pine Falls Paper Company, questioned the sincerity of Mayor Webb of Winnipeg and asked if he was working for an entrepreneur, a Mr. E.W. Backus, who owned limits of 3000 square miles on the English River containing 10,000,000 cords. This wood was not as accessible as the wood in the Lake Winnipeg basin.

It was revealed that at a meeting held at the Marlborough Hotel attended by the Mayor and Mr. Backus, that Mr. Backus had declared that he was willing to construct a pulp mill on the Red River between Kildonan and Selkirk. Representatives of the Manitoba Paper Company were not present at that meeting and Mr. Sweatman charged that "the meeting was an attempt by the Webb-Backus interest to misinform the public," and challenged Mr. Webb to face him

at a meeting of the Industrial Board of Trade in the afternoon of January 31. Mr. Backus claimed at the Marlborough Hotel meeting, also attended by Premier Bracken and Attorney-General R.W. Craig, that there was enough wood in the Lake Winnipeg basin to supply two paper mills with the raw material. We now know that history has proved otherwise. In the terms of the proposed pulpwood contract, the Manitoba Paper Company would be granted 6,000,000 cords. Backus knew that would not leave him enough wood to operate a paper mill near Selkirk.

Representatives of the Manitoba Paper Company fought to gain grants to pulpwood concessions on the west side of lake Winnipeg in addition to those on the east side of the lake. Premier Bracken urged that the release of limits be confined to the area on the east side of the lake, the same position he took in 1925 when the original contract was entered into between the federal government and the Manitoba Paper Company. When the Federal Government finally signed the contract on February 12, 1927, this was the only condition that was not accepted by Hon. Charles Stewart, the federal Minister of the Interior. Experts of the day estimated that 6,000,000 cords would keep a 250 ton per day mill in operation for 60 years.

In the contract, the minimum prices per cord was fixed at \$1.40. The Free Press went on to say, "However, trees mature in 30 years, so the Manitoba Paper Company is assured of a wood supply in perpetuity. The company will use about 100,000 cords per year and on that basis will pay the federal government \$140,000 annually in royalties."

On February 16, 1927, the Manitoba Free Press ran an article saying, "will double

capacity of Pine Falls Mill". The article stated: "With the contract between the Manitoba Paper Company and the Dominion government, involving the guarantee of 6,000,000 cords of wood to the company, completed on Saturday, the release of \$1,500,000, held by bankers pending the consummation of the agreement, has been made. The Paper Company, on the strength of this release, has placed its order for a second paper machine which

will increase the capacity of the Pine Falls Mill to 250 tons per day." (My article *How Pine Falls Was Born* of July 30, 1997 is related to this story).

Another article in the Free Press on Tuesday, February 15 boasted the following headline: "Abitibi Today Looms Large in the Paper Industry". (special dispatch to the Free Press - February 14). The news item said: "Abitibi today is one of the largest factors in the See PINE FALLS/page 15

# Toews Responds to Cabinet Shuffle



## Your voice in Ottawa

Vic Toews, MP for Provencher

Provencher and Canadian Alliance Justice Critic Vic Toews responded to this week's changes to the federal Cabinet. In the biggest Cabinet shuffle since the Liberal Government came to power in 1993, many MPs were promoted while others who have faced controversy in recent months were demoted or removed.

Toews congratulated outgoing Justice Minister Anne McLellan on her new appointment to the Health portfolio, saying that he hoped she would rise to the many significant challenges that the new position would bring. "While the Minister often deferred to her officials in the Justice Depart-

ment in terms of important decisions, health in Canada today is an issue that requires clear direction and a solid hand on the part of the Minister," noted Toews.

At the same time, Toews welcomed incoming Justice Minister Martin Cauchon, saying that he looked forward to working with him on the various justice issues currently before Parliament. Continued complications with the long gun registry and the new Youth Justice Act, as well as concerns regarding anti-terrorism legislation and national security are expected to be central issues in the upcoming session.

Toews commented further that he was discouraged that a new Agriculture Minister had

not been appointed to replace Lyle Vanclief. "Unfortunately, Minister Vanclief has not demonstrated a sufficient understanding of the needs of Western farmers. Without a federal Agriculture Minister committed to resolving the troubling issues surrounding the farming industry, our farmers will continue to suffer," said Toews.

In addition, Toews called the former Public Works Minister Alfonso Gagliano's appointment as Canada's Ambassador to Denmark "disappointing." "The Prime Minister continues to sweep ethical scandals under the rug instead of dealing with the issues. Now that Gagliano has secured for himself a high-paying patronage appointment, we may never know the truth about the questionable activities in his former department," commented Toews.

Lastly, Toews wished outgoing Manitoba Veterans Affairs Minister, Ron Duhamel the best of health and good wishes in his new Senate position. In his place Rey Pagtakhan, the new Veterans Affairs Minister, will become the senior Manitoba cabinet minister. "As a provincial member of the Legislature I worked with Minister Pagtakhan on a number of local matters. As a member of the federal Official Opposition I look forward to continuing that productive relationship with Minister Pagtakhan. He will need to work diligently not only to deal with the demands of his government department but also to ensure that the concerns of all Manitobans are heard by the Prime Minister."

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# Lunch with God

by Author unknown

There once was a little boy who wanted to meet God. He knew it was a long trip to where God lived, so he packed his suitcase with Twinkies & a six-pack of root beer, and he started his journey.

When he had gone a few blocks from home, he met an old man. He was sitting in the park near the water just staring at some birds.

The boy sat down next to him and opened his suitcase. He was

about to take a drink from his root beer, when he noticed that the old man looked hungry, so he offered him a Twinkie.

The old man gratefully accepted it and smiled at him. His smile was so incredible that the boy wanted to see it again, so he offered him a root beer.

Once again, he smiled at him. The boy was delighted! They sat there all afternoon eating and smiling, but they never said a word.

As it grew dark, the boy re-

alized how tired he was, and he got up to leave, but before he had gone more than a few steps; he turned around, and ran back to the old man, and gave him a hug.

The old man gave him his biggest smile ever. When the boy opened the door to his own house a short time later, his mother was surprised by the look of joy on his face. She asked her son: "What did you do today that made you so happy?"

# ECHOES FROM THE Heart

The child replied: "I had lunch with God." But before his mother could respond, he added: "You know what? He's got the most beautiful smile I've ever seen!"

Meanwhile, the old man, also radiant with joy, returned to his home. His son was stunned by the look of peace on his face and asked: "Dad, what did you do today that made you so happy?" He replied: "I ate Twinkies in

the park with God." But before his son responded, he added: "You know, He's much younger than I expected."

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring. All of which have the potential to make someone's day a very special one, or even turn someone's life around.

# Ask your Pharmacist A medication time table

It's important to take your medicine, but sometimes that's easier said than done, especially for people who are on several medications or for those who don't immediately feel a reaction when they forget to take their medication. Here are some hints on how to make it easier to stay on track:

Make it routine: Link your medication schedule with something in your daily routine, such as brushing your

teeth or having your morning coffee. Another obvious link is meal times, if your medication is compatible with or required to be taken with food.

Write it down: If you take more than one medication, ask your pharmacist to develop a schedule with the timetable for each medication, its description and what it's for. Leave the schedule someplace where you can't miss it; maybe on the refrigerator at home, or the tel-

ephone at work.

Use visual cues: Sometimes it's easy to forget whether or not you actually took your medicine - some people find it useful to set out their entire daily requirement in the morning, and then they can see at a glance what has or hasn't been taken. Holders are also available from your pharmacist with separate compartments indicating the time each tablet or capsule is to be taken.

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Keep a record: If your out and about all the time, you could take a diary or calendar with you to record your intake. Compartmentalized holders are also useful here.

It's important to gauge your reactions to medication, and report any changes or unusual effects to your physician or pharmacist. Be sure that they are aware of all prescriptions and non-prescription medica-

tion you are taking, because they may interact with each other and cause harmful side effects.

If you are concerned or not sure about any aspect of your medication schedule, be sure to ask about it, your pharmacist will be glad to assist you. The more you understand about the drugs you are taking, the easier it will be to remember to take them.

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## Catfish Creek 100

from page 2

specs. Jason was able to finish 1st in the Trophy Class.

Thanks to the sponsors and the volunteers, the purse grew to \$7200 which was all used up for expenses and prizes. Disaster strikes in 1998. The local Can-am x-country race was cancelled due to lack of snow. This spelled the end for the Maskwa 170, but not the event. Grant Henderson along with a number of the other organizers successfully staged a comeback in 1999 with the Victoria Beach 100 the course was a combination of lake ice and sand ridge as well as swampy grass trails. It was very challenging and cold.

Millennium race time and Grant and the gang held their second Victoria Beach 100 on the same course. A hot dog stand was a very welcome addition under once again cold and windy conditions.

In the year 2001, Grant took a well deserved retirement as organizer and Moe Lavoie took on the job of organizing

the now name Can-am Bear x-country. The event once more returned to the Pine Falls area with the race site on Chevreuil's field. The start/finish was on Pine Creek. A large crowd watched some excellent cross country and snow cross events on this beautiful, mild day, complete with race announcer. There were rides and a small challenge course for the kids. Moe and his army of volunteers outdid themselves with a huge, heated tent, complete with a concession stand and beer garden. The tent was the scene of raffles, silent auctions and a pig roast supper for fans and racers with the awards later in the evening. The \$9000 event was something to see.

This year, 2002, on February 23rd, the second annual Can-Am Bear x-country race will be staged at Pine Creek with Moe at the helm. More of the same spectacular racing is in the works along with an even bigger tent to welcome the fans and racers. There will

be a beer garden and concession stand again along with live music and more raffles. The tent is heated and there are outhouses on site. Come out and enjoy a great sport on your snowmachine or come in a vehicle as parking is available. The admission this year is \$6.00 for 13 years and up. If you want to be part of this annual event, not only as a spec-

tator or racer, but as a volunteer, contact Moe Lavoie at 367-8665. The race purse is now at \$3000, along with a \$1000 Dash for Cash event. Bring the kids and make it a family outing day as there are things to do and enjoy for the youngsters as well as the adults. See you on race day for our local event in the nineteenth year of Can-am racing

in Manitoba.

Last year's winners were Pro - Dave Stenlund #26 of Red Rock, Ontario, Semi-Pro - Justin Lavoie #42 of Pine Falls, Semi-Pro Fan - Lee Gudajtes #01 of Minto, North Dakota, Sport & Masters - Jamie Anseeuw #40 of Oak Bluff, Women - Mireille Lavoie, Jr. - Elliot Ginter #44 of Halbstadt.

## Rec Report



by Jay Seymour  
Rec Director

Hello everybody, i'm back with another installment of the ... Rec Report? I need a better title for my column than that! There is just one problem though, I can't think of one. So instead of using the last few cells in my head to come up with a title... i'll let you do it. So please email or phone me with some ideas and a distinguished panel of judges (myself and anyone I can find close to my office) will pick the best

one. Now that I have your brain working, it is time to get the rest of your body moving. I know it is cold outside and you would rather watch the Toronto Maple Leafs lose on t.v., but there are a lot of fun activities you can do outside. Things like snow shoeing, cross-country skiing, road hockey, walking your dog, or even shoveling snow (I know it might not be fun, but it is good exercise) are all excellent activities. So get outside with friends or family and enjoy the great white north.

What's Happening Around Town?

### Kickboxing

Instructor Larry Sharpe continues his high paced workouts at the Pine Falls gym. Mon, Tues, and Thurs nights. 7:00 p.m. intermediate, 8:00 p.m. beginner. Don't forget, Southside's Tuesday night session for women only starting in February! call Larry at 367-9797.

### Hall Walking

It may be cold outside but it is warm in the halls of Powerview school. So from 4:00 p.m.-9:00 p.m. mon to fri you can cruise around with a buddy and get those legs going. There is no need to call

ahead so just drop on by. Please bring a pair of clean shoes.

### Open Ice

There is plenty of open ice in the Pine Falls arena but nobody is using it. This free time plays a valuable role in the development of a young figure skater, ringette or hockey player. Many of the greats attribute this time on the ice as a catalyst for their skills. All you have to do is phone the rink ahead at 367-2703 to see when the next available ice is.

### Curling

Thursday night curling has started but we need a few more teams. Please call Howard May at 367-8846 for more information.

### In the Future

I know it is still winter but I need you to start thinking about some summer sports. How about a girls fastball team? We also need water safety instructors and lifeguards. Please call me if interested.

That's it for this week and i'll quickly thank everybody for the support and encouraging comments so far.

You can reach me by: ph. 367-9142, fax 367-9142, email pineviewrec@hotmail.com or drop by the school at room 51.

## Library Corner

### Lac du Bonnet Regional Library



The emphasis is still on reading! We stressed the importance of Family Literacy, and our display table boasts a variety of interesting titles for all ages. Bring the whole family to the library. On Tuesday and Thursday evenings we are open from 7:00 p.m. to 8:30 p.m. Each member of the family can choose a book or two.

How many "Reading Groups" do we have in Lac du Bonnet? If you and your friends have been thinking of starting one, we have a new book with some down to earth advice on how to make your group a page-turning success. Read "The Complete Idiot's Guide to Starting a Reading Group" by Patrick Sauer. "You're no Idiot, of course. You know that people across

the nation are getting together, swapping ideas, and sharing their love of literatures. You also know how enjoyable it is when you and a friend have read the same book and spend hours discussing it." Give it a try - at least for the winter months. Let the library help - we can inter-library loan copies of the book you need. And let us know how your group is faring.

Several writing workshops will be held at the University of Winnipeg Campus in February sponsored by "The Writers' Collective". Topics include "Writing and Editing Basics" with John Baillie; "Introduction to Romance Writing" with Judy Reynolds; and "Beginnings, Middles and Ends" with Ishbel Moore.

There is a \$25.00 fee for non-members. For more information, see the poster on the library Bulletin Board.

While we like to think that books are everybody's best friend, we do know how important friendships are - especially those childhood relationships. "Best Friends, Worst Enemies; Understanding the Social Lives of Children" written by psychologist Michael Thompson, Catherine O'Neill Grace, "Illuminates the crucial and often hidden role that friendship plays in the lives of children from birth through adolescence." Parents, teachers, counsellors - indeed anyone who cares about children - will find this an eye-opening and wonderfully affirming book.

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We thank all applicants for their interest but only those selected for interviews will be contacted. Applicants who have submitted resumes previous to this advertisement need not apply again.



# Coaches Comments

by Jamie Leach

Last week the Blades had 2 very important games and came up short on one and finished the job on the other. On Thursday we travelled to Winnipeg to face the South Blues and let a 2-0 lead slip through our fingertips. The last frame we pressed hard but couldn't find the much needed goal to tie the game. A win would of put us within reaching distance of the Saints but a few bad mistakes cost us. Fortunately in hockey there is always next game and on Saturday we travelled back to Winnipeg to meet the Saints, the team we are

chasing to make the post-season. The boys came to play and we dominated the game and wore down the Saints to a 7-0 shut out victory. The Saints threw everything they had at us and we responded every time. The game finished extremely physical with the Blades not only winning on the scoring clock but also winning the one on one battles as well.

We are now only 2 points back of the Saints and guess who comes into the Multiplex on Tuesday the 29th? The Winnipeg Saints will try and get some retribution for the loss on Saturday. The Saints

haven't been playing particularly well as of late but all they need is 1 win and that can change things around. We will have our hands full on Tuesday for both clubs are fighting for the honour to play in March. February 1st the South Blues come to town for the last time and they are a team we have played well against this season. We are looking for the win to pass the Saints.

The playoff race is a tight one. Selkirk is only 1 point behind us and we are 2 points behind the Saints. Every game we play the rest of the season is an important one for every point is vital. We face the Steelers the last two games of the season and I hope it doesn't come down to those two matches but it probably will. It is an exciting time for this organization for our sites are focused on the playoffs and we



# MJHL

## Southeast Blades

have a really good chance of reaching that goal. As always the Blades would like to thank the local businesses and fans that do come out and support these boys!

## MJHL League Standings

TEAM	G	W	L	SOL	OTL	PTS.
Winkler Flyers	48	35	11	1	1	72
St. James	51	28	19	1	3	60
Winnipeg South	47	24	19	1	3	52
Winnipeg Saints	50	17	29	4	0	38
SE Blades	50	16	30	1	3	36
Selkirk Steelers	50	15	30	3	2	35
OCN Blizzard	49	44	4	1	0	89
Portage Terriers	51	35	14	0	2	72
Swan Valley	48	30	10	6	2	68
Neepawa Natives	49	28	17	3	1	60
Dauphin Kings	53	18	29	3	3	42
Waywayseecappo	50	8	39	2	1	19

## Lac du Bonnet Community Billboard

**Health Concerns?** Guest speakers on homeopathy and ear candling, Monday, December 3, 7:00 p.m. in Lac du Bonnet. Call 268-3235 to book your seat.

**Cooking for better health:** Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.

**Lac du Bonnet Pioneer Club Bake Sale:** Saturday, November 24, 10:00 a.m. to 12:00 noon.

**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

**Sit and Be Fit exercise class:** Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

**Practical classes:** held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

**Lac du Bonnet Lions Club:** meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

**Lac du Bonnet Regional Library:** open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

**Great Falls Women's Institute:** meets first Wednesday each month 7:00 p.m. Great Falls Hall, Ph. 367-2586, Leone 367-8569.

**Ladies' Auxiliary Royal Canadian Legion Branch #164:** meets first Tuesday of the month 7:30 p.m. Legion Hall.

**LdB Committee on Family Violence and Abuse:** meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

**Royal Canadian Legion Branch #164:** general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

**Horticultural Society:** meets second Tuesday of every month 7:00 p.m., Centennial School.

**St. John's ACW:** meets first Monday of every month 1:30 p.m., parish hall.

**Lakeshore At-Home Group:** Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

## Lac du Bonnet Church Directory

**ABUNDANT LIFE CHAPEL**  
Pastor: Jeff Andrews, church 345-2934, home 345-1950  
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.

**LUTHERAN CHURCH OF THE CROSS**  
Church office 345-8654  
Sunday: 11:00 a.m. - worship service

**NOTRE DAME CATHOLIC CHURCH**  
Father Richard Machars, 345-2900  
Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass  
Pinawa (senior school): 9:15 a.m. - Sunday mass

**ST. JOHN'S ANGLICAN CHURCH**  
Rev. Brian Rountree 367-8615, church 345-2357  
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

**Lakeshore At-Home Group:** For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

**Town of Lac du Bonnet Council Meetings:** second and fourth Thursday of the month.

**Lakeshore A.A. meetings:** every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

**Ladies A.A. Meetings:** Thursdays 1:00 p.m., 18 McDermot, Pinawa. Dorcen 753-8357

**Battered Women's Crisis Line:** 1-800-362-3344.

**Lac du Bonnet Health Centre Auxiliary:** meets fourth Thursday of the month, Health Centre 1:30 p.m.

**Lac du Bonnet Wildlife Association:** temporarily meets at the call of the chair. Call Peter 345-6190 for information.

**New to town?** Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

**Two Rivers Seniors Resource Council Inc.:** Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers.

**Pioneer Club:** meets first Monday of month 9:30 a.m., Pioneer Club.

**RM of Lac du Bonnet Council Meetings:** second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

**Alzheimer Society:** Theresa Conroy, Whitemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadselville.

**Little Day Birdies:** Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

**Agassiz Horticultural Society:** meeting every 2nd Tuesday of the month, except January, July & August. Centennial School, 7:00 p.m. All gardeners welcome.

# SE Blades Player Profiles

## Damian Saunders #17

**Position:** Centre, **Shoots:** Right, **Hometown:** Norway House, MB, **Single/Taken/Player:** Single, **High School Grade:** 11-12, **Favourite High School Subject:** Gym, **Hockey Idol:** Tie Domi, **NHL Team:** Big bad Bruins, **Dream car:** Don't have one **Favourite food:** Moose meat, **Favourite TV Program:** **Hobbies:** Weightlifting, fishing, hunting and watching television, **Most Memorable Hockey Moment:** Winning the Bantam A Provincials, **Goal and aspirations for the 2001-2001 Season:** Help the team in every way I can to make the playoffs, give it 110 percent each game.

## Darcy Weasel Head #14

**Position:** Right Wing/Centre, **Shoots:** Right **Hometown:** Blood Reserve, Alberta, **Single/Taken/Player:** taken, **High School Grade:** 12, **Favourite High School Subject:** Math, **Hockey Idol:** Pavel Bure, Todd Bertuzzi, **Favourite NHL Team:** Edmonton Oilers and Vancouver Canucks, **Dream car:** 2002 Honda Accord, **Favourite food:** Taco Bell, **Favourite TV Program:** Fresh Prince of Belair, **Hobbies:** Working out, watching tv, reading books, **Most Memorable Hockey Moment:** Scoring first OHL goal against North Bay Centennials. **What's your goal or aspirations for the 2001-2002 Season:** Help the team make the playoffs, and develop as a player and person

# Keep your snowmobile rides safe this winter

Watch for Wires! That's the message going out to snowmobilers thanks to signs cosponsored by Manitoba Hydro and the International Brotherhood of Electrical Workers. The signs are posted along major highways throughout the province. In recent winters there have been record numbers of snowmobile accidents—a statistic everyone wants to prevent.

When travelling through the ditch or riding along the road, keep an eye out for guy wires attached to utility poles. The brightly coloured markers are sometimes damaged or missing. If you are not keeping an

eye on the trail, you may not see a wire until it is too late.

Snowmobiles, like automobiles, can't stop on a dime. Give yourself space and reduce your speed when there are obstructions along the path.

When riding at night, make sure your snowmobile has a working and clean headlight. It will help you spot the rocks, driveway approaches and wires. It's always a good idea to keep your speed down while riding in unfamiliar territory or when blowing snow reduces visibility.

Be sure to dress for the occasion. Wear a windproof

outer layer, warm gloves, boots and a helmet with a visor or goggles. If you are planning to travel on ice, wear personal flotation type clothing. Pack a survival kit, map and extra tools.

Only cross rivers, lakes, ponds and marshes when you are certain it is safe. Look back often and if you see dark areas or slush, get off the ice immediately.

Many snowmobiling clubs offer training courses to help make your outings as enjoyable as possible. Visit the Canadian Council of Snowmobile Organizations online at [www.ccsco-ccom.ca](http://www.ccsco-ccom.ca).

The  
**Echo**

**QUESTIONS? COMMENTS? CONCERNS?**

Contact us at our office in Powerview 367-9468

# Blues halt streak, eventually



by Stu Evans

Entering into this past weekends play, the Lac du Bonnet Blues

were riding the coat tails of a three game losing skid. Friday night they travelled to Stonewall to try and put an end to this streak. Now facing off against the best team in the league is not exactly the ideal situation when one needs a win rather badly. But on this night the flyers were missing a plethora of their offensive output due to injuries and other assorted reasons making them right for the picking. Right? Wrong! The Flyers showed why they are at the top of the standings even without star talent in the line-up as they spanked the Blues 7 - 4 in a game that was basically over after the first period. The first period was a case of many de-

fensive lapses that allowed stonewall to jump out to a 4 - 0 lead. "We played that period with our heads up our %\*# (rhymes with bass)" commented Blues captain Warren Zirk after the game. The blues re-grouped a little bit in the second frame with Jay Griffith capitalizing on the power play with a neat little shovel shot past the flyer's goalie Greg Greaves. It took all of a minute and some for the Flyers to respond and regain the four goal advantage at 5 - 1 going into the third. In the third, Griffith responded again just 36 seconds in on another power play marker giving the Blues a much needed boost. Joel Henzel got the blues within two goals at the 16:24 mark converting a snap shot from the high slot after making a nice move inside the blue line. Any hope of a Lac du Bonnet comeback was nuked approxi-

mately 30 seconds later then Carl Boonstra completed his hat trick making it a 6 - 3 affair and deflating the blues's sails in the process. The teams exchanged another goal apiece including Griffith's third of the evening (another power play) to round out the scoring. Referee Richard Mikaluff handed out 7 minors to the Blues and 13 to the Flyers including a gross misconduct tot he flyer's Tom Plesh who after having a brief scrap with Henzel of the Blues, decided to throw his helmet at him. Bad boy Tommy!! Can you say suspended?

So now with four losses in a row, who better to play than the league cellar dwellers, the 415 Phantoms. The Blues travelled to St. Laurent on Sunday afternoon and came away with a 12 - 5 whooping making the 415 gang look not too phantomy. The Blues

built up period leads of 5 - 0 and 9 - 2 before settling on the final score. Lots of Blues made it to the score sheet on more than one occasion including Kyle Stamler who notched a hat trick, Griffith (2 goals & 3 helpers) and Travis Brown (2 goals and 3 helpers). Other goal scorers were John Dancyt and Troy Simcoe who returned to the line-up after re-injuring his ankle before

Christmas. For the Lunch Box Award, it would be safe to keep it at the Griffith residence for another week as jay racked up an 8 point weekend. The blues have this weekend off so actually Griffith gets to keep the Lunch Box for two weeks as a result. He may want as a sign of leadership to let Stamler have it for a couple of days. But that is only my suggestion of which I have many. Be good.

## Lac du Bonnet Ol' Blues update

The Ol' Blue's have played 20 games so far this season. There record is 15 wins and 5 losses to date.

The Ol' Blue's will be hosting their annual tournament at the Lac du Bonnet arena on February 1, 2 and 3rd. Games start at 6:30 Friday night and will run all weekend.

We have 10 teams confirmed. Once again the Ol' Blue's will run the refreshment stand and have Ol' Blue specials. We will also be raffling off a Team Canada Jacket, also Super Bowl tickets will be available with a chance to win \$1,000.00 if you have the final score of the game on your ticket.

Admission for the tourna-

ment is FREE and your sure to see some great hockey action all weekend long. Push, pull or drag a friend with you to the Lac du Bonnet Arena for a great weekend of fun.

Teams that are participating so far in this years tourney are Lac du Bonnet, East Side Brewers, St. Georges, Winnipeg River Rats, St. Norbert, Powerview, Winnipeg Cobra's, Pinawa, Stonewall and the Selkirk Ice-caps.

If you are particular on watching the Ol' Blue's play, they are scheduled to open the tournament and play at 6:30 p.m. Friday February 1, 2002.

The Ol' Blue's hope to see you at the rink this weekend, come join the fun, and lend your support.

## Recreation Ramblings

by Michelle Chudd, Recreation Director  
Winnipeg River Recreation District, 345-8816  
Email: reccomm@granite.mb.ca

### Self defense for women - Starts next week!

This 4 session course will expose participants to a range of self-defense situations. Participants will take part in exercises in the following areas: striking (kicking and punching), weapons (use of and defense against), grappling (throwing, falling, ground fighting). A significant aspect of the course will involve discussion regarding the psychological aspects of self defense. Participants will leave the course with an increased awareness of what a real physical confrontation may involve. **4 Tuesdays - February 5-26** from 6:00-7:30 p.m. at Centennial School Gym in LdB. Fee is \$25. Your instructor, with 15 years experience in Martial Arts is Lars Fielberg. Participants can come to the first

### class on Feb. 5 to register. Way to go Eastman!

Congratulations to our local athletes that participated in the Eastman Games in Springfield January 19, 29 & 26. And good luck to our local winners that are heading to The Pas for the Manitoba Games in March. **Karate for adults**

Dave Ogren is willing and very able to teach a Karate class for adults. Sound good? Give the Rec office a call today to find out more and sign up!

### Self Hypnosis - what is it? date changes

Learn the skill of Self-Hypnosis to use your natural ability to reduce stress, conquer fears, control pain, alter unwanted habits, etc. It can be used in any area of your life: work, study, sport, etc. It is a powerful way to achieve self

change. This 8 week course will run on Mondays, from 7:00-9:00 p.m. Start date will be determined at a later date. Instructor: Gerry Beime.

### Creative writing - intermediate.

A creative writing course suitable for people with some writing experience. Providing group and one-on-one tuition - fiction, poetry, memoir, etc. Tuesdays, until March 9 from 9:15 - 11:15 a.m. Instructor is accomplished writer Gerry Beime.

### Boxercise

You can still pop by to register for this program that runs Wednesdays from 6:15 - 7:15 p.m. and Sundays from 5:30 - 6:30 p.m. at Pinawa Community Centre which runs until March 31/02. One night a week fee \$45 and two night a week fee of \$85. Drop in fee

also available.

### Karate for youth, you can still sign up.

It's never too late to sign up. Come on out on Tuesdays from 8:00 - 9:00 p.m. at Gilbert School in Pinawa for ages 10 and up (yes, that means adults too). Join David Ogren, second degree black belt, in this 10 week program which runs until March 12/02.

### Dancercise

Come on out and dance your feet off, have lots of laughs and exercise too. Warm up with yoga and then sway into jazz and fun dances that will get you moving, have fun and feel great. Every Tuesday evening from 7:30- 8:30 p.m. at LdBSS Gym until March 12/02.

### Square dancing

My Square Dancers remind me that every Wednesday See RECREATION/pg. 15

## February 8, 9, & 10

- Dinner Saturday
- Karaoke Friday
- Pyjama Theme
- Great Prizes

**\$120.00**  
Entry Fee

Don't be disappointed  
book your team!  
Call Tracy at 367-8533

# Pine Falls Ladies Bonspiel

The Winnipeg River **Echo**

*Is your subscription due?*

Drop in to our office nearest you

**56 Art Street, Powerview**  
Phone 367-9468, Fax 367-9974

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Box 550, Pine Falls, MB  
R0E 1N0  
E-mail: theecho@mb.sympatico.ca

# Winnipeg River RCMP detachment report



## January 18:

A call was received for a possible location of 2 young offenders wanted on bail violations. Police were unsuccessful in locating them.

## January 19:

A report of an assault on a youth. A suspect was identified and the incident still under investigation.

Early afternoon police responded to a stabbing incident in the Hollow Water, Wanipigow - two males were

involved in the altercation - the matter is still under investigation.

A report of an erratic driver on Highway 304 resulted in one male being charged with impaired driving.

Two calls were received for police to attend house parties. All concerned in the first instance were spoken to and advised to keep the noise down. The other had disbursed and members were not required to attend.

## January 20:

One adult female was reported missing and possibly suicidal but was located an aunts residence on the North Shore, Fort Alexander.

Some time during the wee hours vandalism occurred at the Pine Falls School and a window was smashed. Anyone with any information is asked to contact the Powerview Detachment.

Police are also asking for assistance in locating three electric wood log splitters stolen from 38 Leon Drive in Traverse Bay sometime during the early morning hours.

## January 21:

Northern store reported two shoplifters caught on video - items were recovered and the two youth were dealt with accordingly. Both the store and the parents of the youth were satisfied with the outcome.

A female youth was reported missing from her foster home. The youth was located

at a friends house the following evening.

## January 22:

A Break and Enter to a residence on the South Shore, Fort Alexander was reported. Nothing was taken in the incident. A side door was kicked in.

Police received a call at approximately 7:12 a.m. that a van was stolen from House 526 on the North Shore, Fort Alexander. The vehicle has not been recovered at this time. Police are looking for any information related to this theft and you may call the Powerview Detachment at 367-8728.

## January 23:

Prisoner escorts for Court in Powerview.

An assault took place on the North Shore, Fort Alexander. Members are still looking into the matter as information received was via a third party.

## January 24:

Police were called to Hollow Water, Wanipigow to at-

tend to an assault. The suspect in the incident could not be located at this time. Charges are pending for an adult male in the incident.

Police responded to another incident of an assault in Manigotagan where a male subject was injured and transported to a hospital in Winnipeg. A male suspect was identified and charged at this time. The investigation continues.

A report of an unruly visitor to be removed from a residence resulted in police being called out to Hollow Water, Wanipigow. Further investigation revealed a very intoxicated female being lodged until sober.

Remember if you see a crime happened and wish to remain anonymous please call Crimestoppers at 1-800-782-8477 or the local detachment in your area.

## Pine Falls Community Billboard

**Fort Alexander Health Centre:** Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.  
**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.  
**Prenatal classes:** held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.  
**Library Allard:** Tuesday: 10:30 a.m. to 5:00 p.m., Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m., Friday 1:00 to 5:00 p.m., Saturday 10:30 a.m. to 4:00 p.m., Story Time - Wednesdays at 1:30 p.m.  
**Beaches Library:** Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.  
**Knights of Columbus:** meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement  
**Silver Haven Club:** cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.  
**Pine Falls Health Auxiliary:** meetings first Tuesday of every month 1:30 p.m.  
**Cottage Country Business Assoc.:** meets first Monday of the month 7:00 p.m. October through May, phone 756-2596  
**Alcoholics Anonymous:** Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement  
**Pine Falls Legion:** meetings held second Thursday of the month 7:30 p.m. Legion, meet rallies held at Legion on Fridays 4:30 to 5:30 p.m.  
**Pine Falls Masonic Lodge #154:** meets second Friday of every month, Pine Falls United Church, except January and February.

**Badminton:** Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.  
**Powerview garbage pickup:** every Wednesday, recyclable pickup first and third Thursday of each month.  
**PAA:** meeting first Tuesday of each month at 7:00 p.m.  
**Village of Powerview:** meets second Tuesday of each month.  
**Wanipigow River Sealer Service Inc.** Coordinator Tina Poltschuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.  
**Family Care Giver Support Group:** at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.  
**AA & Al-Anon - The Beaches family group,** Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road 756-8018 or 756-2101.  
**Happy Totz Day Care** 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.  
**Senior Scene Inc., #1 Ateah Rd., Victoria Beach.** General meetings second Tuesday of the month, 756-6468 for more info.  
**Mental Illness Support Group:** meets second Wednesday of the month 7:00 p.m. Wings of Power office.  
**Beaches HELP Centre (seniors service)** 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.  
**Powerview Parent Advisory Council:** meets first Thursday of every month.  
**Great Falls Hall workers - Tuesdays and Thursdays** from 10:00 to 11:00 a.m.  
**Pine Falls Library** open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

**Call The Echo 367-9468 to list your community event FREE OF CHARGE**

## Winnipeg River Church Services

**NOTRE DAME DU LAUS:** Powerview - Saturday evening 7:30 p.m. (English), Sunday 10:00 a.m. (English); Stead Sunday 12:00 noon  
**PINE FALLS UNITED CHURCH:** Sunday service 11:00 a.m. Bonita E. Garrett, Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome.  
**PINE FALLS ANGLICAN CHURCH OF THE ADVENT:** Ph. 367-8347 Rectory, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.  
**ST. THERESA'S:** Masses at Notre Dame du Laus  
**ST. GEORGES:** Mass Sunday at 8:00 a.m. and 10:00 a.m.  
**ST. JUDE'S ANGLICAN CHURCH** Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays  
**TRINITY EVANGELICAL LUTHERAN CHURCH** Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwood on Hwy. #12, 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.  
**CHRISTIAN FAITH FELLOWSHIP -** Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.  
**HOUSE OF PRAYER, EULL GOSPEL -** 2:30 p.m. every Sunday, Scantoberbury, on Hwy. #59.  
**ST. MARGUERITE R.C. MISSION** Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.  
**ST. ALEXANDER R.C. CHURCH** located at Sagkeeng First Nations. Sunday mass 10:00 a.m.  
**ST. THERESA R.C. MISSION** 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.  
**SAGKEENG CHRISTIAN FELLOWSHIP CHURCH -** Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.  
**CHRIST CHURCH ANGLICAN -** Sunday 2:30 p.m. at Hollow Water.  
**GRACE BAPTIST CHURCH -** Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

# Lac du Bonnet RCMP report



## January 17:

A report of an adult male who was under the influence having stopped his vehicle in downtown Lac du Bonnet and got out of same. Police attended and found that the subject was under the influence. He was subsequently charged for Care and Control while over .08, and was released for Court. Licence suspended and vehicle impounded.

## January 18:

A report of an audible alarm coming from a residence of Lake Ave. in the Town of Lac du Bonnet. Police attended and found that all was secure.

## January 19:

A report from a Motel in Seven Sisters of theft of two blankets and a pillow. Follow-up done with the subject who had the room, including search of the vehicle, was negative.

A report of an adult female resident of the R.M. of Lac du Bonnet of concern over comments another adult female was making about her. The

police contacted the subject in question and she agreed to have no further contact with the complainant.

## January 20:

A report of an adult male attending at a location in the R.M. of Lac du Bonnet in contravention of a Court order.

A report of an injured coyote on Smith Road in the R.M. of Lac du Bonnet. Police attended and disposed of the animal.

## January 21:

A report from a location in the R.M. of Lac du Bonnet of snowmobiles trespassing on private property.

A report of a Motion Detector having been activated in the Pinawa Secondary School. This was subsequently determined to be a false alarm.

## January 21:

A report of an under age female baby-sitting for a subject in the Town of Lac du Bonnet and failing to come home from the residence in question. Investigation revealed that she had gone with

the subject she was baby-sitting for and was in the Little Black River and Powerview areas. She subsequently returned home.

A report of a round hay bale on the Winnipeg River bridge on PR 211. Police attended and had same removed.

## January 22:

A report for a resident of the R.M. of Lac du Bonnet of sexual assaults on an under age male by another male.

A report of a logging truck having jackknifed near the Winnipeg River bridge on PR 313 in the R.M. of Lac du Bonnet. Police attended and found that the truck in question was gone.

## January 23:

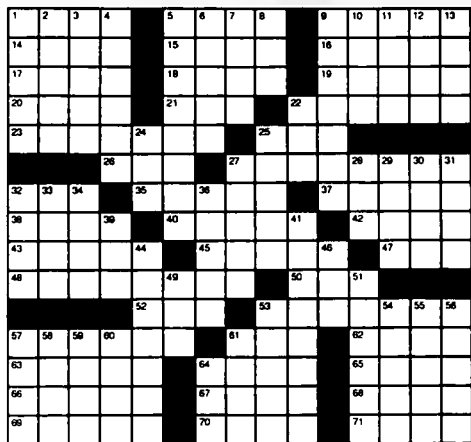
A report of ice fishing shacks on the Winnipeg River by the boat launch being pushed around by an unknown person with a 4x4.

A report of a residence in the Town of Lac du Bonnet having tracks around same. Appeared to be someone checking it out.

*If you have any information and want to remain anonymous to any of the above crimes, please call CRIMESTOPPERS at 1-800-782-8477*

# CRIME STOPPERS

# WEEKLY CROSSWORD



**ACROSS**

- 1. Lavish party
- 5. Price per unit
- 9. Send money
- 14. River in England
- 15. Arabian chieftain
- 16. Get up
- 17. Facts and figures
- 18. Farm building
- 19. Country estate
- 20. Dutch cheese
- 21. Utilize
- 22. Kindling
- 23. Chooses
- 25. Metal container
- 26. Building site
- 27. Wailed
- 32. Small fairy
- 35. Desert water hole
- 37. Minister to

- 38. Hard wind
- 40. Cherished
- 42. Adolescent
- 43. Coral island
- 45. Buffalo
- 47. Type measures
- 48. Regretted strongly
- 50. Central
- 52. And not
- 53. Emergency armed force
- 57. Ferocious
- 61. Basin
- 62. Dispatched
- 63. A flame
- 64. Hodgepodge
- 65. Pedestrian walk
- 66. Narrow roads
- 67. Sleep lightly
- 68. On the ocean
- 69. Tasty surprise
- 70. Orbs of sight
- 71. Permits

**DOWN**

- 1. Loses colour
- 2. Escape
- 3. Whole sum
- 4. Glossy paint
- 5. Proof that refutes
- 6. Gather
- 7. Become weary
- 8. Sea eagle
- 9. Gulches
- 10. Ireland
- 11. Gentle
- 12. Small body of land
- 13. Rip
- 22. Scotch cap
- 24. Dove's call
- 25. Pillow covers
- 27. Black and blue
- 28. Fishing seine
- 29. Forest plant
- 30. Level
- 31. Lairs
- 32. Mild oath
- 33. Tardy
- 34. Complete failure
- 36. Solemn
- 39. Building wing
- 41. Indoor game
- 44. Lengthiest
- 46. Nothing
- 49. Fish eggs
- 51. Gloomy
- 53. Corn
- 54. Tantalize
- 55. Bay
- 56. Book of maps
- 57. Table seasoning
- 58. At a distance
- 59. Clinging plant
- 60. Region
- 61. Frustrating tactic
- 64. Lyric poem

## ECHO Trivia

• There are more than 200 satellites orbiting earth solely for the purpose of private communications services, including pagers, telephones, and computers.

• In trucking circles, a "bumper sticker" is a tailgater who is following another vehicle too closely.

• A lightning bolt generates temperatures five times hotter than the 6,000 degrees centigrade found at the surface of the sun.

**LAST WEEK'S ANSWERS**



## CRYPTIC PUZZLE

"XB YCWYDV FQ GBY PJG HBGQ  
RGDY XBK RGDY XLBNV TYQQ XBK  
TYQQ."

-BFMJGTXQ RNDXSLNVTYD

Each letter represents another letter in the alphabet.  
See if you can break the code to figure out the famous quotation

**Last Week's Solution**

WAGNER'S MUSIC IS BETTER THAN IT SOUNDS.

- MARK TWAIN

# WEEKLY ECHO HOROSCOPE

for the week of  
January 28 to February 3

**Aries - March 21 to April 20**

A situation will arise that you may misinterpret. Try to get all the facts before you say anything. It's important that you don't jump to conclusions because you will look bad if you do. Take care of some business that has been hanging on for too long.



**Taurus - April 21 to May 21**

Don't give up on a friend or family member this week when things get rough. Your help and confidence will make all the difference in his/her life. Set aside some cash for a problem that may arise at home. You'll be glad you did.



**Gemini - May 22 to June 21**

Plan a dinner or party for a friend's special day. When you make up the guest list, don't leave someone out who could really be hurt by it. Double-check your bank account mid-week. A problem at the bank could mean a mix-up with your account.



**Cancer - June 22 to July 22**

Improve yourself. You could take a class or a workshop to gain knowledge or learn a new hobby. You could also volunteer to help people in need. Whatever you choose, you'll gain a new perspective and respect, too.



**Leo - July 23 to August 23**

Be aware of a new person in your life. What may seem really great may in the end be too good to be true. Don't depend on someone else's opinion in this case, either. There's a young person in your life who needs your help and support.



**Virgo - August 24 to September 22**

You will have a lot of issues to deal with this week. It won't be easy. But there is someone who will help you if you are in over your head. You may want to try cutting your problems down to smaller ones so you can deal with them better.



**Libra - September 23 to October 23**

This week, put work on the back burner. It's time to concentrate on your love life. You can work out the problems with the one you really care about, even though they may seem insurmountable. You'll both have to learn to give and take more.



**Scorpio - October 24 to November 22**

Take a new look at your life this week. You need to make some changes. Maybe it would be as simple as a new hairstyle, suit or outfit. But maybe it means you need a big change, like a new job or place to live. Remember, be open-minded.



**Sagittarius - November 23 to December 21**

Life is getting really hectic, and it shows in your attitude to the people around you. Don't be so hard on the people you work with or your friends. Whatever you do, don't take work and its problems home with you. Lighten up and try to



be happy.

**Capricorn - December 22 to January 20**

Thursday may just be your lucky day this week. Remember that life is not all work and no play, so do something enjoyable with your family or a group of friends. Don't forget about the promise you made to someone who is close to you.



**Aquarius - January 21 to February 18**

It's time for you to take steps to become more assertive. There's a person who has been taking advantage of your good nature. Put your foot down and don't allow it anymore. Some assertiveness on the home front will be a big plus, too.



**Pisces - February 19 to March 20**

Get away from the everyday grind. Whether it's a day away from responsibilities or just a lunch break, it's what you need to put everything in perspective. A great opportunity may be headed your way, but you must use your head.



# Echo Classifieds

**Apartments for Rent** - One and two bedroom apartments for rent in Powerview. Utilities and parking included, coin laundry, very clean and well maintained. If interested please call for details after 6:00 p.m., 367-4922. 25-TFN

**House for Rent** - Three bedroom house for rent, partially furnished, includes satellite TV, available February 1st, 2002. Call 367-4549. 31-TFN

**House for Rent** - Large Lot, many trees, 3 Bedroom house, 1 mile South of Lac du Bonnet. "Grass cutting" included in rent price. Call 345-8733. 31-TFN

**Bankruptcy Info-line** - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TFN

**Phase II Dental Assistant** - needed part-time. Fort Alexander Dental Clinic. Experience is an asset. Please call Dr. Alan Grant at 367-2208. 34-24

**Silver Falls** - Silverdale, 3 Bedroom, 1288 sq. ft. Bungalo, 4 pce. bath and ensuite and 2 pce. Rec w/O.F.P., central air, wood/ electric furnace, dbl. attached garage, various upgrades. \$89,900 Wayde Goodman, 204-482-7355, Evan Real Estate Service Inc. 34-14

**St Georges** - 2 Bedroom single level dwelling in St. Georges, 677 sq. ft. Exterior and roof recently renovated, appliances included, asking \$35,000 OBO, call 367-8634 or 367-8522. 34-TFN

**Dog** - Crossbred Lab & retriever male dog, amber in colour with a white star in his chest. He is approximately 5 years old and he was found around downtown Pine Falls area, Saturday. He appeared to have an injured leg. Brought the dog home to Lac du Bonnet, please call 345-9956.

Is your subscription due?  
Check your mailing label.

*We would like to thank everyone who showed compassion in our time of sorrow. The meals, flowers, gifts, cards, and calls mean so much to us. We would also like to thank Jennette Schmidt, on behalf of Spud, for all the help she provided over the last year as well as her friendship. Spud spent much of the past year in and out of the hospital so to the staff at both Pine Falls & St. Boniface hospitals, we also give thanks, his care was appreciated. To all Spud's family and friends who attended the celebration of life at the legion, thanks. Spud would have had it no other way.*

The Guinn Family

*I would like to thank all the people who supported me in our effort to open the other access door. The phone calls to Canada Post or the signed petition, not sure what convinced them to reopen the door. Whatever it was, we now have the door joining Canada Post in Pine Falls and Country Concepts open. So we are wheelchair accessible again. A great big thank you again to all who supported me in this matter.*

Jo-Anne Chevrefils  
Country Concepts

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Monday to Friday 8:00 a.m. to 4:00 p.m.	Ottawa 1-613-992-3018	Monday to Thursday 8:00 a.m. to 4:00 p.m.

**SECRETARY**

The Blue Water Recreational Trail Assoc. is looking for a person to assume duties of recording secretary. We would like a person who is computer-literate, creative and able to handle communications. Salary available. For further information or to apply for the position contact the Blue Water Recreational Assoc. at P.O. Box 566, Pine Falls, Manitoba R0E 1M0.

**Agassiz School Division #13**  
**Ecole Powerview School**  
**Powerview, Manitoba**

Applications are invited for a .5 f.t.e. - Instructional Teaching Assistant position at Ecole Powerview School to commence immediately.

Applications for the above position stating qualifications, experience and references should be received by noon, January 30th, 2002 to:

Sé O'Hagan, Ph.D.  
Assistant Superintendent  
Agassiz School Division No. 13  
Box 1206, Beausejour, MB R0E 0C0

Phone: 1-204-268-6503  
Fax: 1-204-268-4149

For further information regarding this position please contact Mr. Paul Magnan, Principal at 1-204-367-2296.

**RURAL MUNICIPALITY OF LAC DU BONNET**  
invites applications for the position of

**ENUMERATOR**

A municipal election will be scheduled for October, 2002. Persons interested in the position of Enumerator are requested to submit an application to the Rural Municipality of Lac du Bonnet, Box 100, Lac du Bonnet, MB R0E 1A0 on or before Friday, February 15, 2002.

The duty of the enumerator is to compile a list of electors in each year in which a list is required as per The Local Authorities Election Act.

A copy of the Local Authorities Election Act may be reviewed or obtained from the Rural Municipality of Lac du Bonnet.

Remuneration: Fifty cents (\$0.50) per name plus mileage and expenses.

For more information contact Mavis Maslow, Returning Officer, at 345-8447.

**ONE-TO-ONE SUPPORT WORKER**

*Wings of Power*

is looking for a compassionate, understanding person to provide Roland Bouvier, a 26 yr. old, blind, special needs young man with one-to-one support within the community.

Duties and responsibilities will include planning the daily routine, implementing activities that will be interesting and challenging. This is a permanent position: 30 hours per week. Some flexibility in work hours.

Valid Drivers License & Vehicle required First Aid/CPR is an asset, or must be willing to take training.

Deadline for applications February 4, 2002.  
Forward resumes to: Wings of Power  
Box 66, Pine Falls, MB R0E 1M0 or fax 367-9784  
Drop off at 39 Pine Street, for further information call Kimlee/Debra at 367-9641.

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**Fax 367-9971**

# Recreation Ramblings Pine Falls pulpwood controversy

from page 11  
 evening at 7:00 p.m. at the Pinawa Lutheran Church is Square Dancing time. All are welcome!

## Parents and tots coffee group

This drop in group is open to parents, grandparents, babysitters and their preschool children, age 5 and under! Come and enjoy a cup of coffee while your child enjoys some playtime, crafts, stories, songs and a snack! Every Tuesday from 1:30 - 3:30 p.m.

location is at Abundant Life Chapel in LdB. This program is sponsored by Mrs. Lucci's.

## Preschool open gym

Mrs. Lucci's would like you to know about this program that runs Wednesdays, from 6:30 - 7:30 p.m. at Centennial School Gym and it's FREE! This program is for children ages 5 and under accompanied by their parent. Come on out and enjoy some physical activity with your child.

## Hallwalking

Are you finding it a little too

chilly to walk outside? Don't like walking in the evenings when it is so dark out? I have the place for you!

Every Monday to Friday from 4:30 - 8:30 p.m. there is Hallwalking in the LdB Senior School hallways. No need to sign up - just drop on by! (School closed on Halloween night). And in PINAWA you can walk the quad around the Library/Community Centre at Pinawa Secondary School weekdays from 3:35pm - 8:00 p.m.

from page 7

paper industry in Canada". At the time of this article in 1927, the Pine Falls mill was of course owned by the Spanish River Paper Company which at the time was controlled by some interested owned by Abitibi. The Free Press article continued by saying "Mills owned or controlled by Abitibi include the Ste. Anne Paper Company and the Escanaba Paper Company and there have been numerous rumours that Spanish River Paper Company and Abitibi would be merged."

In my article of April 5, 1999, *The Abitibi Grand Old Magazine*, I told of "the Big Merger" of 1928 when 10 paper mills belonging to various companies, including the Manitoba Paper Company at Pine Falls, merged to form Abitibi, making it a giant in the

world paper industry. (The Community Voice, April 15, 1999).

The present company in Pine Falls, Tembec, has upgraded the mill converting it to the thermal mechanical process of producing newsprint and introducing a de-inking plant which uses recycled paper thereby keeping the mill up to date with the latest technology and staying apace with today's demands in the pulp and paper industry. Paper making in Pine Falls has continued for 75 years, providing employment and security for the many faithful employees who have made Pine Falls and area their home.

As one can see by that controversy 75 years ago, when the first newsprint spewed out of No. 1 paper machine, the path to where Pine Falls is today, was often a difficult one.

## Cornerstone news

**Marilyn Zarecki, Home Economist**  
**Manitoba Agriculture and Food, Beausejour, 268-6015,**  
**e-mail: mzarecki@gov.mb.ca**

### New crop ideas

If you are looking for ways to make more money off your land, diversify your farm or add another enterprise, plan to attend a New Crop Ideas Meeting at the Whitemouth Hall on January 29, from 9:45 a.m. to 3:30 p.m. The day will be packed with information about producing and marketing crops that are a bit unique. This includes seed potato production, greenhouse production of bedding plants, tomatoes and cucumbers, plus production of oriental vegetables, garlic and other specialty crops. There will also be a topic on research and marketing your idea. Rory

Timmers from Oakville is a premiere garlic grower and marketer. In addition to sharing his knowledge about production and marketing, he will also be preparing several tasty garlic dishes for you to enjoy at lunch.

The registration fee is only \$10 for the whole day, but you must preregister by phoning Marilyn Zarecki at 268-6015 or Brent Reid at 853-5170.

### 17th annual Brokenhead river agricultural conference

The date is Wednesday, February 6, 2002, at the Brokenhead River Recreational Complex in Beausejour. The cost is \$8.00 for the day

(includes lunch), \$12.00 (supper and evening), or \$15.00 for the entire day (includes lunch and supper). I believe the topics are both timely and interesting to the farm people around here. Morning sessions include *Market Outlook, Planning for Environmental Issues, Changes in Crop Insurance, and Investing in Your Future*. Afternoon sessions cover *Fraser Stewart's Experiences in Inner Mongolia, Grading Our Grain, Pesticide Free Production, and From Cinderella to Cruella: Volunteer Canola*. There will be many exhibits and door prizes. Following supper at 5:00 p.m. the Prairie Gophers will once again entertain us. Watch for more advertising in the local papers


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Lac du Bonnet 345-8479  
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