



The
Winnipeg
River

Echo



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Vol. 2, No. 31

January 8, 2002

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Fallen officer remembered

In memory of Cst. Dennis Strongquill, Regimental #40120, June 12, 1949 to December 21, 2001.

by Carl Dinsdale

In the early morning hours of the 21st of December 2001, Dennis Strongquill was tragically slain by criminal acts while on duty in Russell, Manitoba. For his family, friends and coworkers this sudden loss was devastating, but all take strength knowing that Dennis gave his life for something he believed in, his duty as a police officer.

Dennis was born in Fort Qu'Appelle, Saskatchewan and as a child moved to Barrows, Manitoba where he was raised and, as an adult, worked as the Community Constable until joining the RCMP in 1980. It was while growing up in Barrows that Dennis learned to play and love baseball, something that stayed with him always. Dennis was a hockey fan too, especially when it came to his own kid's teams, but was also known to root for the Montreal

Canadiens when it came to Hockey Night in Canada. Although Dennis loved his job, being a Dad always came first and he had no greater pride than his children. Nothing was too good for his kids and Dennis often went without to make sure his kids were looked after. He was passionate about life, had a great sense of humour and a love of music, all gifts he passed on to his children.

Dennis knew he wanted to be a Mountie at the age of 8 or 9, when he saw them in a parade in Swan River. He realized his dream in 1980 and in April of 1981 was posted to the Churchill Detachment. In 1984 Dennis was transferred to Powerview where he remained until 1998, at which time he received a transfer to Amaranth Detachment. In 2001 Dennis transferred to Rosburn and shortly thereafter moved to the newly created

Waywayseecappo Detachment. No matter what post he was at, Dennis was a highly respected policeman, always known to be firm, but fair. He was an articulate and meticulous investigator, well remembered for his near photographic memory, attention to detail and being a true protector of innocents.

Dennis will be deeply mourned by his family and friends, his passing a loss to all who knew him. It is also a loss to those who will never have the chance to meet him, for he truly enriched the lives of those around him. It is said by some that Mounties leave tall boots to fill and this is certainly the case with Dennis, as he was a giant among men.

I will conclude with the Police Officer's Prayer to Saint Michael, the patron Saint of the police, as it seems to embody the spirit of Dennis and the kind of man he was.



Saint Michael, heaven's glorious commissioner of police, who once so neatly and successfully cleared God's kingdom of all it's undesirables, look with kindly and professional eyes on your earthly force.

Give us cool heads, stout hearts, and uncanny flair for investigations and wise judgement.

Make us the terror of criminals, the friend of children and law-abiding citizens, kind to strangers, polite to bores, strict with law-breakers and imper-

vicious to temptations.

You know, Saint Michael, from your own experiences with the devil, that the police officer's lot on earth is not always a happy one; but your sense of duty that so pleased God, your hard knocks that so surprised the devil, and your angelic self-control give us inspiration.

And when we lay down our arms, enroll us in your heavenly force, where we will be as proud to guard the throne of God as we have been to guard the city of all people.

Amen

Praznik quits by-election in Lac du Bonnet



by Charles Norman
Lac du Bonnet MLA
Darren Praznik has announced

his intention to resign his seat in the Manitoba Legislature where he sits as the MLA for Lac du Bonnet. His resignation is expected to be made official on February 4.

Premier Gary Doer has to call a by-election within a year of the seat becoming vacant, i.e. by February 4, 2002. Speculation is that he will not wait long. The NDP lost the seat by a mere 147 votes in the last general election and expect to win it this time around. He will likely call it as soon as he is advised that the local NDP organization is ready.

There have been rumours that Doer is considering calling a fall general election, if so he need not call a Lac du Bonnet by-election. Otherwise an early spring by-election is anticipated.

Praznik will be moving to Ottawa to take over the position of Government Relations for the Canadian Blood Service. The Canadian Blood Service is owned by the provinces and administered by the federal government; hence a major part of its day-to-day activities is involved in inter-gov-

See PRAZNIK/page 15

Blues vs. Warren
This Saturday, January 12, 7:30pm

Paper Kings vs. Stars
This Saturday, January 12, 7:30pm

Making the trip

Wes Jones and Larry Sulatyski are embarking on a snowmobile adventure and making good things happen. Both Jones and Sulatyski hail from The Pas Manitoba and are going to snowmobile from their hometown through to Clarenville, Newfoundland. They are making this trip of over 4,000 miles to raise money for the Children's Wish Foundation of Canada.

The pair began their trip on January 2 and estimate that it will take them six weeks to

arrive at their final destination. "The first part of the trip was a bit trying, the ride is through bush area and we had to use a GPS to guide us through to Gimli," said Jones. "We anticipate the rest of the way will be somewhat easier as there will be groomed trails all the way to Newfoundland" said Jones.

Upon arriving in Gimli, the snowmobilers were met by family and the Gimli Sno-Mo Club. The Gimli Sno-Mo Club had spent until 2:00 a.m. that



Larry Sulatyski, Wayne O'Brien and Wes Jones got together this past Friday to help raise money for the Children's Wish Foundation of Canada

Ken Paupanekis appointed to Manitoba Hydro Board

Greg Selinger, minister responsible for Manitoba Hydro, announced the appointment of Ken Paupanekis to the Crown corporation's board.

Originally from Norway House where he attended elementary school, Paupanekis has a bachelor of arts, a bachelor of education in cross cultural education and a master of education from the University of Manitoba. He taught in several northern schools before returning to Norway House where he was vice-principal at

Jack River School before serving four years as the first principal of the Norway House High School.

Paupanekis has been a native language and native studies curriculum consultant and Cree language teacher for many years. Since 1998, he has been an assistant professor in the faculty of education at Brandon University.

"Ken brings a wide variety of northern experience to the Hydro board and a commitment to ensuring that Mani-

toba Hydro is responsive to the needs of the North," Selinger said. "He will bring a unique perspective on Manitoba Hydro's important efforts to work more closely with First Nation communities, in particular, Hydro's efforts to increase

Aboriginal employment." Selinger also thanked Stan McKay for his nearly two years on the Hydro board.

"Stan brought valuable northern perspective to Manitoba Hydro's deliberations," said Selinger, noting there are

11 Manitobans serving on the Hydro board, including three who are northern Cree. "We are placing great emphasis on developing good relationships with those communities that have been affected by past Manitoba Hydro projects."

ECHO MAIL:

Letters to the Editor

Box 550 Ph: 367-9468
Pine Falls, MB Fax: 367-9974

Dear Editor:
Now let me get this straight in my mind. From time to time, I read where another historic agreement with First Nations acquiring minority ownership in Hydro projects in the North. If memory can serve me, I cannot remember the government asking permission to build the Hydro dams on the Winnipeg River by its citizens, let alone being offered part ownership in projects of this magnitude.

As it stands, people payed through taxes so technically we should own the business ourselves, right? We continue to pay for its use everyday of our lives. There are people here who sometimes have hardships and cannot pay their

power bills, equal to First Nations people. Equality should pertain to every citizen of our great country. Hydro should note: the drastic changes that took place in the construction of these dams on the Winnipeg River system made a hell of a big difference to our environment. The river itself was a really beautiful sight to behold, many of the young people today don't realize just what it was like, picturesque, equal to none.

As of 1950, its beauty gone forever, blessed, now with dirty water, eroding banks on either side of the river, very unsightly to say the least. Poor fishing between the dams, even removing a historic cem-

etry in St. Georges.

Hydro owns most of the property along the river system, therefore the eroding banks were ignored for some years, when citizens started noticing the clay mud being washed away in some places, as much as 20 feet high. Simply, they owned the property, so what. With some persuasion and huge costs Hydro is slowly repairing its mistakes. Damage to properties no matter where the dams were built created the same problems, no matter who you are. First Nations in the North, perhaps, just perhaps have learned something from our mistake. They are being smart, capitalizing on the changes to their very livelihood, think about it eh?

Phil Cyr

BINGO

COMBINED ACCUMULATORS

<p style="text-align: center;">Bonanza</p> <p style="text-align: center;">starting value this week</p> <p style="text-align: center; font-size: 1.2em;">\$5803</p> <p style="font-size: 0.8em;"> IF WEDS POT STARTS AT 6300 Add 50% of sales on Monday If not won, carry over total plus 50% of sales on Wednesday. If not won, carry over total plus 50% of sales to Thursday </p>	<p style="text-align: center;">Minnie Loonie</p> <p style="text-align: center;">starting value this week</p> <p style="text-align: center; font-size: 1.2em;">\$1487</p> <p style="font-size: 0.8em;"> IF WEDS POT STARTS AT 6300 Add 30% of sales on Monday If not won, carry over total plus 30% of sales to Thursday. </p>	<p style="text-align: center;">Lucky 7</p> <p style="text-align: center;">in 25 numbers</p> <p style="text-align: center; font-size: 1.2em;">\$3076</p> <p style="font-size: 0.8em;"> POT PRESSED AT 6300 Add one if plus 30% of sales carry over on Monday. If not won, add one if plus 30% of sales carry over to Thursday. IF WEDS POT STARTS AT 6300 in 17 numbers at 1600 </p>
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IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL

FOR UPDATES CALL 345-8825

<p>Knights of Columbus</p> <p>Lac du Bonnet Community Centre Specials 7:00 p.m. LAC. LIC. 884</p> <p style="text-align: center;">Every Monday Evening</p>	<p style="text-align: center; font-size: 0.8em;"> Bonus Line - \$120.00 Star - 192.00 Loonie Pot - 452.00 Toonie Pot - 3045.00 Special "Y" - 188.00 Jackpot Strip - 225.00 Pickin' Flush - 687.00 </p>	<p style="text-align: center; font-size: 0.8em;"> Bonus Line - \$230.00 Star - 691.00 Loonie Pot - 277.00 Poker Flush - 7984.00 Special "Y" - 116.00 </p>
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FOR UPDATES CALL 345-8619

<p>Lakers Ski Club</p> <p>Lac du Bonnet Community Centre Specials 7:00 p.m.</p> <p style="text-align: center;">Every Thursday Evening LAC. LIC. 874</p>	<p style="text-align: center; font-size: 0.8em;"> Bonus Line - \$ 899.00 Star - 251.00 Lucky 7 - 1424.00 Full House - 838.00 49 numbers - \$1000 Mini Loonie - 1059.00 #1 Loonie - 00 #2 Loonie - 5076.00 Jackpot Strip - 254.00 </p>	<p style="text-align: center; font-size: 0.8em;"> Bonus Line - \$ 899.00 Star - 251.00 Lucky 7 - 1424.00 Full House - 838.00 49 numbers - \$1000 Mini Loonie - 1059.00 #1 Loonie - 00 #2 Loonie - 5076.00 Jackpot Strip - 254.00 </p>
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FOR UPDATES CALL 345-6197

<p>Royal Canadian Legion #164</p> <p>Lac du Bonnet Legion Hall Specials 7:00 p.m.</p> <p style="text-align: center;">Every Wednesday Evening LAC. LIC. 653</p>	<p style="text-align: center; font-size: 0.8em;"> Bonus Line - \$ 899.00 Star - 251.00 Lucky 7 - 1424.00 Full House - 838.00 49 numbers - \$1000 Mini Loonie - 1059.00 #1 Loonie - 00 #2 Loonie - 5076.00 Jackpot Strip - 254.00 </p>	<p style="text-align: center; font-size: 0.8em;"> Bonus Line - \$ 899.00 Star - 251.00 Lucky 7 - 1424.00 Full House - 838.00 49 numbers - \$1000 Mini Loonie - 1059.00 #1 Loonie - 00 #2 Loonie - 5076.00 Jackpot Strip - 254.00 </p>
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Lac du Bonnet Legion #164

WEEKLY ACTIVITIES

Open Monday to Saturday 10:00 a.m. to 10:00 p.m.

MONDAY

Table Top Curling 6:30 p.m. - Lounge

TUESDAY

Cribbage 7:00 p.m. - Lounge

WEDNESDAY

Po. Kc. No 2:30 p.m. - Lounge
Bingo 7:00 p.m. - Hall

THURSDAY

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Bingo 7:00 p.m. - Lounge

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The
Winnipeg
River

Echo

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

Economy down, Christmas hampers up

by Shawn Tester

The Lac du Bonnet Christmas hamper committee worked hard to fill 70 hampers, distributed to 106 children and 125 adults this year. The number of hampers has increased again in 2001, up from 52 in the year 2000 and 45 in 1999. Hamper chairperson Sharon Sveinson warns that if the need for hampers continues to increase at this rate, the

committee and town will not be able to continue to meet the demand in the next years. Even sustaining the current demand will be very difficult. Each hamper consists of a minimum of 100 dollars worth of food and gifts for children 15 years of age and under. Depending on the size of the family, some hampers cost up to 175.00. In discussions about the causes of the rise in ham-

per applications, the committee notes the high number of under employed and working poor. These numbers don't show up in unemployment statistics. Nationally, 1 in 4 children currently live in poverty.

As well as Chairperson Sharon Sveinson, Secretary Mel Mitchel and Treasurer Verna Emberly, representatives from the Town of Lac du Bonnet and the R.M.

Council and other local volunteers make up the committee of 8. They would like to thank their "accidental Co-chair", Sheldon Sveinson for all his efforts and for the use of Flying Pigment as main warehouse and headquarters. The organization starts in October with the assignment of duties. Applications are distributed to depots such as the Town and RM offices, Health Cen-

tre and schools' resource departments in November and picked up during December. Packing and delivering of hampers is done in the last two weeks before Christmas.

Some hamper recipients also volunteered their time to help with the effort. Roughly a third of the hampers are picked up and the rest are delivered to Lac du Bonnet destinations and as far away as Great Falls and Pointe du Bois. The committee networks with the Pine Falls committee to be sure that only one hamper per family is delivered. "We fiercely respect recipients confidentiality," says Sveinson.

"This year was amazing for donations", Sveinson says. "The schools, churches, Brightstone Colony and private donations have been exceptional. One night a local man came

in with a sizeable cash donation. He said that when he was a child, the Christmas hamper was the only way their family had a "Christmas."

With economic slowdown and a marked rise in working poor, one does wonder what happens to these folks for the rest of the year. Jodene Teows, of the LdB Health Centre says the new Food Bank has been very well used. Gils Godin confirms that food bank statistics for October and November have been an average of 8-10 families per day served. The school muffin program helps to feed kids that come to school hungry and Mrs. Lucci's has been widely used to supply clothing. Let's hope the Christmas spirit of sharing continues year around. And many thanks to the volunteers who make these vital programs work!

Watch Out Snowmobilers!

by Shawn Tester

The Winnipeg River is opening up in some unusual places this year. This hole is very near shore, right in front of Centennial Drive just 1.5 miles south of Lac du Bonnet. A mild winter, coupled with high water levels over the past year, continue to result in unsafe ice conditions in unexpected places. Notice the tracks right along the edge of this opening and the swirling eddy at hole indicating a very swift

current under the ice. Garth Ferguson of Manitoba Hydro corroborates that flows are indeed higher than normal this year. Centennial place residents Marie and Bob Gilmour say that there has never been open water in this location in previous years. They worry that travelers might not see the hole, especially at night. The coming milder weather might make conditions even worse. Be careful out there!



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945-1305 TDD (Telephone Device for the Deaf)



Manitoba

New SICU building for Lac du Bonnet

by Shawn Tester

The new Lac du Bonnet branch of the South Interlake Credit Union will start to rise on their new location at 26 Park Avenue (the former location of the Lac du Bonnet Theatre) in the next months. The contract was awarded in December to Park West Construction of Winnipeg Manitoba. The official start date is January 4th, and the target date for occupancy is June 30th, 2002.

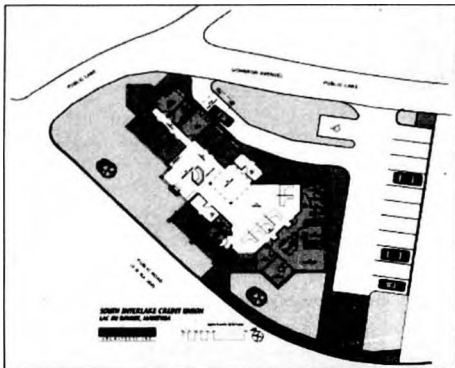
This impressive and inviting new 5400 square foot building has been designed

with client comfort and convenience in mind. It will incorporate features such as four private teller units with client seating, plus two express teller lanes. There will be a drive through Automatic Teller Machine and night depository, and another ATM in the vestibule. The plan includes a comfortable member lounge with two free internet terminals, free coffee and yes, even a fireplace! There will also be a private room for viewing safety deposit box contents, six new loans offices, a new staff lounge, and a bright, two



story skylight tower over the vestibule. The design is by Prairie Architects of Winnipeg.

SICU branch manager Curtis Fines says that the Lac du Bonnet Branch has exceeded all projections for growth. "We started out in 1995 as the smallest branch and now is the third largest, just behind Beausejour and Stonewall." It is expected that growth will continue, and that this beautiful new facility will be well worth the investment.



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The Winnipeg River Echo

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from page 2

day to make a trail across Lake Winnipeg for the first time. They worked hard having to smash the ice ridges with sledge hammers to clear a trail. This saved Wes and Larry about 100 miles of riding. Special thanks is extended to the Gimli Sno-Mo Club for all of their help.

Ian Cyr, Mark McHugh and Wayne O'Brien from Powerview went to meet the riders on the east side of lake Winnipeg only to find out the guys were still in Gimli. The three riders decided to ride out to meet Jones and Sulatski on the lake and together they rode back and visited with an old friend of Wes's that he has not

seen in 35 years. "I had not seen Ron Cassels for a very long time it was just great to see him once again. We had a great visit at his cabin with his two children," said Jones.

The group arrived in Powerview around 7:00 p.m. on Friday where they had a quick supper and then they were off to the Rusty Nail Tavern. Owners Randy and Marlene Sunduk were pleased to help out. They had set things up for the riders to take pledges that evening and announced that all the proceeds from Saturday's Wicked Ukrainian Christmas Meat Draw will be donated to the Children's Wish Foundation of Canada. The following day the two riders were

escorted by longtime friend Constable Wayne O'Brien to Lac du Bonnet around 9:00 a.m.. Along the trail they were met by Norman Bruneau of Lac du Bonnet and he escorted them to town. There they met up with Mike Abey, who looks after snowmobile tourism, his 11 year old daughter and the rest of his crew, together they rode with the two riders to Falcon Lake. From there they were on their way to Kenora.

continued next page

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Bev Desjarlais supports lumber industry workers

Press Release

Workers in Canada's softwood lumber industry should not have to bear the brunt of the ongoing trade dispute with the United States, NDP Industry Critic Bev Desjarlais said today.

Lumber industry workers and their supporters are holding a rally today in The Pas. Unable to attend the rally due to a prior commitment, Ms. Desjarlais sent the following message of greetings and solidarity to those taking part in the rally.

As the Member of Parliament for the Churchill riding, I want to extend my best wishes and support to those of you taking part in today's rally.

Canada's softwood lumber industry is under intense pressure from the 31% tariff imposed by the United States on many of our lumber products. The purpose of this tariff is to

put pressure on the Liberal government and wear down their resolve to get the best deal for Canada at the negotiating table. We must say clearly and strongly to the Liberal government, as I and my fellow NDP MPs have done repeatedly in the House of Commons, that we will not stand for any sellout of Canada's softwood lumber industry. We will not stand for the export of raw logs to the US that should be processed in Canada, by Canadians. We will not stand for any agreement that hinders our ability to compete on a level playing field in the US market.

My fellow NDP MPs have repeatedly called on the Liberal government to extend Employment Insurance benefits to lumber industry workers whose jobs are affected by the dispute. Because of the Liberal government's cuts to EI over

the past five years, benefits are now far lower than they were in any of the previous softwood lumber disputes with the US. This is making it far more difficult for the people whose jobs are affected this time around to cope - to pay the bills and put food on the table. With a surplus in the EI fund of well over \$30 billion dollars, there is no excuse for the Liberal government not to free up a tiny fraction of that money to help the workers in the lumber industry. People from coast to coast are losing their jobs through no fault of their own and they deserve more help than they're getting. The Liberal government's failure to extend benefits weakens our overall bargaining position with the US because it makes it more difficult for the people affected to hold out for a fair deal.

The very future of our

softwood lumber industry is riding on what happens at distant negotiating tables and international trade tribunals. Our government has a responsibility to defend our interests in these international forums and that responsibility extends to helping those affected while the issues play out. Thank you

to everyone attending today's rally.

I urge you all to stay strong, stay united, stand up for your rights and demand that the government start paying attention to your concerns and the real economic hardships and uncertainty this dispute is causing.

ECHOES FROM THE Heart

I am thankful for...

The spouse who hogs the covers every night, because he/she is not out with someone else.

The teenager who is not doing dishes but is watching TV, because that means he/she is at home and not on the streets.

For the taxes that I pay, because it means that I am employed.

For the mess to clean after a party, because it means that I have been surrounded by friends.

For the clothes that fit a little too snug, because it means I have enough to eat.

For my shadow that watches me work, because it means I am out in the sunshine.

For a lawn that needs mowing, windows that need cleaning, and gutters that need fixing, because it means I have a home.

For all the complaining I hear about the government, because it means that we have freedom of speech.

For the parking spot I find at the far end of the parking lot, because it means I am capable of walking and that I have been blessed with transportation.

For my huge heating bill, because it means that I am warm.

For the lady behind me in church or synagogue that sings off key, because it means that I can hear.

For the pile of laundry and ironing, because it means I have clothes to wear.

For weariness and aching muscles at the end of the day, because it means I have been capable of working hard.

And for the alarm that goes off in the early morning hours, because it means that I am alive.

Making the Trip

from previous page

Ontario. "There is not too much snow on the trails right now and this makes travelling a little difficult," said Jones. We have set out a trail route and we are staying as far up north as possible to ensure that the trails will have snow for easier riding."

"We are impressed with all the people who want to help out. We have had so much support from family, friends, businesses, and organizations. We would like to thank them all for their support and their generous donations to the Children's Wish Foundation of Canada. The donations that

are received from each Province will stay in that Province's Children's Wish Foundation," said Jones.

The Children's Wish Foundation of Canada is dedicated to fulfilling a favorite wish for children afflicted with a high risk, life-threatening illness. The Manitoba Chapter of the Children's Wish Foundation of Canada has been very busy with wish requests this year. As they receive no government funding, they depend heavily on individuals and groups who are willing to raise funds to make the wishes of Manitoba children come true. "Jones and Sulatski's generous donation will not only help us grant the most heartfelt wishes of children suffering from high

risk, life-threatening illnesses, but will also assist us in our mission to create awareness throughout Canada," said Dawn Schmitt/Event Coordinator.

If you would like to make a donation to the Children's Wish Foundation you can make this direct or contact Constable Wayne O'Brien at the Powerview RCMP Detachment. If you are interested in keeping updated or would like to send in a donation you can contact their website at <http://www3.mb.sympatico.ca/~wjones/index.html>. To date the travelling duo have raised a whopping \$15,500 for this worth while cause. What a great way to start of the new year.

The Winnipeg River Echo

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QUESTIONS? COMMENTS? CONCERNS?

Contact our office
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Not in the doghouse It's the Law

by V. Anderson

In the past few weeks the Echo office has been contacted a number of times in regards to the family of dogs that seem to have taken up residence somewhere between Powerview and Pine Falls.

The dogs have been around for a while now and people in the communities are becoming concerned for the animals welfare. The mother and her two offspring who are now about seven months old are not that approachable and do not seem to be in that great of health.

The mother has been around for about two years or so and this is not her first litter. She is very resourceful and has managed to avoid the dog catcher so far. This past spring she had three pups, one of which was caught and given a home by one family in the area. However, she still has her other two pups with her. She was spotted last week and it is very apparent she is pregnant again. This means that there will now be about three more pups running around in no time. When spring come around the two she has now will indeed have some pups of their own.

This has caused concern for some residents in the community, they do not want a pack of dogs running wild in the area. "The dogs have been here for a long time they are

very cute and hungry," said one community member. "I drop food off for them every other day" The feeding site that seems so popular is just by Midway Foods, you can drive by there and see the occasional car stopped and dropping food off for the canine family.

The other questions that are being asked is who's jurisdiction do the dogs fall under, Pine Falls or Powerview and how are the dogs going to be

caught if they have managed to remain elusive to the dog catchers in the past. "I don't want anything bad to happen to them, but I feel so awful about their situation, it is not fair that these animals are brought into the world and not given a home" said one caller. "something has to be done."

If anyone has any suggestions about how to deal with this problem, please contact the Echo at 367-9468 or email theecho@granite.mb.ca.



The family of dogs that have taken up residence along Hwy 11 between Powerview and Pine Falls are becoming a concern for community members

by Gerald Hawranik, Q.C.

Buy life insurance to pay taxes

Gerald C. Hawranik, Q.C. is a lawyer in Beausejour with 20 years of extensive experience in most areas of law. *It's The Law* will be published in each issue of *The Echo*. If you would like to know more about any legal topic, please write to Gerald at Box 880, Beausejour, MB R0E 0C0, phone 268-6300.

Buying life insurance to fund the payment of income taxes that arise in an estate is a common tax planning strategy. On death, all the assets of the deceased are deemed to have been sold at fair market value. Certain assets such as the principal residence of the deceased are not taxed since any capital gain on the principal residence is exempt.

Other assets such as RRSPs, if the beneficiary is designated to be the spouse of the deceased, are "rolled over" tax free to the spouse. However, many assets, such as mutual funds, stocks and bonds, and shares in a business may be taxable if there is a gain in their

value from their original purchase price to the date of death.

As at the date of death, these assets are "deemed" to be sold, even, in fact if they are not sold by the executor/administrator of the estate. In some estates, this can result in a significant tax liability, since all the gains or income are brought into the deceased's tax return in one year. It is therefore advisable to consult with your tax expert and your life insurance broker to determine whether a life insurance policy is needed to fund this possible tax liability.

If you have any questions about the information appearing in this article, or any other legal question, please call me for a free initial consultation.

This article is intended to provide general information and not to advise anyone on what he or she should do in a particular situation. The facts of each case are important, and usually affect the way in which the law is applied. When you have a legal problem, it is best to consult a lawyer.

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Pine Falls celebration year has arrived

By George(Joe) Bayly

2002 has arrived and there are only 8 months until the 75th anniversary celebration begins at the end of July. The arena has been booked and arrangements for other venues are being made.

In January of 1927, 75 years ago, the folks in Pine Falls must have been putting a few extra lumps of coal in the furnace for it was a bitterly cold winter that year. In my article "Americans in Pine Falls" (Aug. 29, 2000), I included an expert of a letter that Emie Moore had written to his wife on January 31, 1927, the day that the first roll of paper was produced in the Pine Falls Mill. He told how they had worked 36 hours without a break to get No. 1 paper machine up and running by the end of the month. As for the weather, he said, "the temperature has been down to 45 degrees below zero- hardly a

cloudy day and the nights are surely lovely. The moon is so bright and the sky is so clear."

Many pioneers arrived during that bitter winter of '27. There was Jack Beatty who came on January 5 and then wrote to his friend Emie Coote who subsequently arrived in March. In February of 1927, William Henry Brown, wife Annie, and their children Herb, Emily, Lily, Percy, Hattie, Allan, Foster, Marjorie, Madge, and Keith, moved from Durban, Manitoba and settled on "The Rock". Mr. Brown worked in the Mill Yard and later ran the yard engines. First the "Old 100" and then the "No. 30".

Mr. Nanne Bosma left Holland and arrived in Canada in 1925. He worked on a farm in Birtle, Manitoba and one year later sent word to his sons Martin and Don, still in Holland, that they should join him in Canada. In 1927, Nanne

arrived in Pine Falls with his two sons and began work in construction. They lived across the river below the waterfalls, and in order to get to school, the boys had to row back and forth across the river and walk on the ice in the winter. During the war, Martin served in the army and Don in the navy. Martin married Lillian Velie, raised two daughters: June and Brenda and Don married Betsy Ross and they raised three children: Vida, Ross, and Mark. Martin Bosma, who became Paper Machine Superintendent, passed away in 1971. Don, who retired as Millwright, still resides in Pine Falls with his wife Betsy.

Howard and George Cyr, in that cold winter of '27, stepped off the train at Pine Falls having made the journey from St. Laurent, Manitoba. The Cyr brothers first worked on the construction of the golf

course with Howard staying on as greenskeeper for a time. They planted many of the beautiful trees which still grace the Pine Falls Golf Course. Apparently, the first social event that Howard Cyr attended was the wedding of Alphonse Hebert and Claudia Menard (Lillian Veilleux's parents), which took place on the very day that they arrived. George and Dina Cyr raised five children: Jim, Dave, Rita, Fred, and Edna. Howard and Angel Cyr raised ten children: Philip, Larry, Florence, Norman, Beatrice, Lloyd, Gerry, Yolande, Dolores, and Richard. Phil, Gerry, and Yolande still reside in the Pine Falls area.

I could write volumes to name all the people who made the journey to Pine Falls during that winter. Some others were: George and Agnes Dychuk who raised five children: Ruth, Pearl, Ralph, George Jr., and Agnes and Ted Lavallee, the "Fred Astaire of Pine Falls", who married Anne LaFrance and had six children: Dorothy, Joan, Edward, Joe, and Theresa.

My father, Goff Bayly, had been hired by Chief Forester Alec McKenzie in the fall of 1926 in Newfoundland and eventually arrived in Pine Falls on New Year's Day, 1927. When he boarded the Pine Falls train in Winnipeg, he sat beside a stranger who introduced himself as Joe Clarke, the first Woods Superintendent in Pine Falls. Joe Clarke recollected the encounter in a letter to Goff in 1968. It went as follows: "It almost seems

like yesterday that I took the train for Pine Falls on New Year's Day, 1927, and had the same seat with a young fellow. Fortunately, I had a bottle of whisky and after due consideration, said, "Would you like a drink?". Your reply of course was "Yes", and then you produced a bottle of gin. "We have been friends ever since." (Taken from the Bayly Family history available in both local libraries). Glen and Freida Stewart arrived that winter and settled on "The Rock", living in two tents with wooden floors and banked with snow for insulation. They had four children: Donald (Mrs. George Sharpe), Beth (Mrs. "Slim" Frederick), Lillian (Mrs. Ken Walsh), and David, who married Red Ahrensbach's sister Eva. (More on the Stewart family in the Clayton Sands story "Pine Falls Resident Received Historic Message"- the Echo, Nov. 7, 2000).

The Celebration 2002 Task Force sincerely hopes that many of the children and grandchildren of these pioneers will be able to come to Pine Falls next summer to take part in the 75th anniversary party, which in part, commemorates those early employees who ventured forth into unknown regions to start their lives anew.

Pine Falls Legion News

by Sharon Mignon

Our Early Bird winners were Bill Thomson for the Branch and Clara Dahl for the Auxiliary. Their names were drawn at our Legion Christmas Party. If you have not paid your dues, please be sure to pay by January 31st to ensure that your name is not deleted from

our membership lists. Branch and Auxiliary dues can be paid at our Legion clubrooms.

Our Candy Cane Draw on December 24th was won by Louis Charbonneau. Our New Year's Dance was a great success and a good time was enjoyed by all who attended. Our Friday meat raffles are still

ongoing and our draws are at 5:00 p.m., 5:30 p.m. and 6:00 p.m. If you have not attended, be sure and come out on Fridays and see how lucky you are at winning the prizes.

The Branch meeting will be held on Thursday, January 10th at 7:30 p.m. There will be no Auxiliary meeting in January.

The Winnipeg River **Echo** QUESTIONS? COMMENTS? CONCERNS?
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CANADIAN INDEPENDENT

New Friends news

by Barbara Sabanski

Flatter me, and I may not believe you. Criticize me and I may not like you. Ignore me and I may not forgive you. Encourage me and I may not forget you. - William Arthur Ward.

Being a Mentor is "encouragement" personified. If you are eighteen years or older I hope you will make a personal decision in the year 2002 to be all you can be - a Mentor. Children between the ages of 7 - 12 years are waiting for a special friend who may have interests much like their own, i.e. sports, music, crafts, outdoor activities, looking after pets, woodworking projects, reading, etc. You should expect to share your time with your Mentee, once a week for a school year. If you're interested in this special calling, telephone me at 345-2867 or 753-2406 for more information. Happy New Year!

SwingSoniq to swing into Pinawa

By Brent Stokes

The first EMCA concert of the new year features SwingSoniq this Friday. The band has been described as a mix of Hot Club Swing, Country Swing and Blues. With Greg Leskiw (formerly of *The Guess Who*) at the helm, the group of four provides an all-acoustic blend that celebrates sounds of the past with a unique version of contemporary jazz-swing.

Concert-goers may remember SwingSoniq from the Winnipeg Folk Festival. The band has also played at the Montreal Jazz Festival and quickly rose to the top of the Canadian music scene.

Moonglow, SwingSoniq's first album, is an excellent mix of original tunes, and standards. The album received a nomination at the 1999 Prairie Music Awards for Outstanding Jazz Recording, the

same year Greg Leskiw was nominated for Outstanding Songwriter.

Typical SwingSoniq shows include hits from the 30's and 40's including popular songs from Louis Armstrong, Frank Sinatra, Bobby Darin, Hank Williams and Willie Nelson. If you're planning on attending this concert, you'll be more than just a spectator. SwingSoniq shows are not only about great music, but audience participation

Ask your Pharmacist Headaches

Everyone experiences a headache at one time or another. Whether it is an occupational headache, Monday morning of late Friday afternoon (tension headache), or a migraine headaches all have pain as the common factor. Factors like cause, duration, intensity, location and relief of the pain are used to identify the type of headache.

Tension headaches are caused by muscle contractions of the scalp and neck. Pain is moderate and it can occur over the eyes, across the forehead, over the top of the scalp or at the back of the head and neck.

Sporadic episodes of tension headaches may occur when the frustrations of like build up. Chronic tension headaches may last days and cause sleep disturbances. Emotional factors are the key triggers for tension headaches as chronic sufferers may experience lack of sleep, lack of interest, early morning fatigue, irritability and anxiety.

Sporadic headaches can be relieved with acetaminophen, acetylsalicylic acid (ASA) or stress management. Chronic tension headaches may be relieved with counselling to resolve the anxiety and stress.

Anti-anxiety or antidepressant drugs may be used to prevent the headaches while stress management is being done.

Migraine headaches are of vascular origin. Throbbing pain usually occurs on one side of the head but may spread to the other. The headache may be associated with nausea, vomiting and visual disturbances and lasts anywhere from four to 72 hours: Stress, oversleeping, fasting, alcohol, chocolate, nuts, large quantities of citrus juice, aged cheese, bright sunlight, lights, loud sounds and a stuffy room may trigger an attack. Some



women experience a migraine during ovulation or before menstruation when estrogen levels vary.

Avoiding trigger factors may prevent headaches. Sleep may relieve an attack. Resting in a dark quiet room, ice or moist heat and massage may reduce the pain intensity. Acetylsalicylic acid (ASA) or acetaminophen used immediately at the start and then every four hours when necessary may relieve the pain. Once the headache is most intense these pain relievers are of little benefit. Ibuprofen may be beneficial for premenstrual migraine. Migraines not relieved by these measures may require treatment with prescription drugs that act on the blood vessels. People who experience

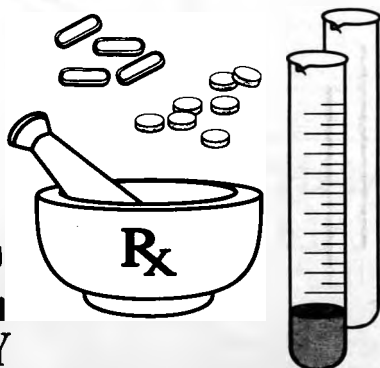
several migraines may benefit from preventative prescription therapy.

Using codeine to treat headaches may be beneficial for short term use. Chronic headache use of codeine may lead to addiction and dependency. Withdrawal from codeine can cause headaches.

Other types of headaches require a thorough medical examination to discover their cause. A headache that interrupts or prevents sleep or occurs suddenly with intense pain may be due to sinus problems, dental problems, aneurism, hemorrhagic stroke or meningitis. A headache that does not respond to over the counter pain relievers and interferes with lifestyle needs to be seen by a doctor.

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The Lac du Bonnet and Area Food Bank officially opening for business on Monday, October 1, 2001.

The Ribbon Cutting Ceremony took place at the Food Bank on December 1, 2001 with approximately 40 people in attendance.

The response from the surrounding communities has been overwhelming!

To all the people who have given money in the money jars, food donations and any others I may not be aware of - but you will be thanked in the next ad on April 1, 2002

Thank you Everyone!



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- Lee River Snow Riders - \$ donation
- LdB Ennis Club - one month rent
- RMI Whitecourt - one month rent
- Lembe Paps Group Pine Falls - \$900.00
- Mary & Gerry Kuchan - \$ donation
- Pinawa Dental Clinic - case of toothbrushes
- Big Way Foods - LdB - \$ from Halloween pumpkin contest & Jay old bread
- LdB Lutheran Church - \$ donation
- Pat Luxton - \$ donation
- Michael & Helen Tomlinson - \$ donation
- Lee River Subdivision - \$575.00
- Grumpy's Country Life Market - \$ donation
- RMI Alexander - \$1000.00
- Manitoba Hobbies - LdB Staff - \$550.00
- WCC Employees - building one \$100
- Winnipeg Hobbies - 120 pounds of food
- Pinawa recycling - \$125
- Terry Howe - \$ donation

Managing holiday expectations

5 Ways to Make this Year Great

By Mary Ann Haddad

Have you had a holiday get together that didn't go as well as you would have hoped? With so many plans to make, gifts to buy and family members to get along with, it's no wonder that people often feel a great demand to be more loving, generous and happy during this time of the year. For everyone from single parents trying to manage their children's schedules to those confronted with unresolved family issues popping up again, the holidays often fall short.

Yet it is possible to have a beautiful holiday season, no matter what your biggest obstacles are. Here are five ways to deal with the five most common holiday concerns—and five ways to make this your best year yet:

Examine your holiday expectations carefully—sitting down and making a list of your expectations from this holiday season. Try not to censor yourself, letting yourself make up a wish list. By doing this

you might become quite surprised and much more aware of what your *real* expectations are for the holidays. Also pay attention to the things that you are dreading. Many people have memories from the past, which they fear replaying. As we know holidays and celebrations are a time of memories, and a lot of emotions resurface. Usually these very memories are part of what we are expecting and perhaps dreading at the same time.

Find new ways to meet those expectations—once you have become aware of what your expectations are, it's important to find out if they are relevant now. Is it possible to have them met? Are our expectations and demands excessive? What is it that we actually want? Do we really need to receive all these gifts and invitations, or is it just love we are seeking? The basic truth is when people feel truly loved and loving, they generally feel satisfied, regardless of what is happening around them. There

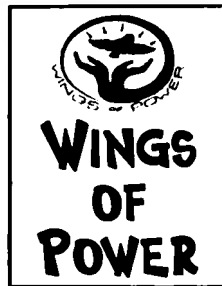
are many ways to give and receive love. It's extremely liberating in being able to let go of specific demands in that things need to go a certain way, and being able to find new ways of expressing and receiving the love we desire.

Focus on what you are giving to others—instead of worrying about being happy and having things go as you wish, try to focus on what you can give to others and how you can make the holidays beautiful for them. The greatest cause of unhappiness and conflict is feeling we have not gotten what we want or deserve. When this happens, we feel we have not made the grade or achieved what we wanted because there is something wrong with us. This feeling is easy to dissolve. Try not to focus upon what you're not getting, focus upon what others need and do your best to provide it. It's surprising how rewarding this can be and the joy it will bring to you.

Forgive—often the reason why it's difficult to be with

some family members or other individuals during the holidays is because we are holding resentment and grudges against them, and we're unwilling to accept them as they are. Here, it is wonderful to be able to give up our demands and expectations. Decide to make this holiday a time of forgiveness and acceptance. Let the past be the past, and let people be who they are now. Let go of your pictures of how they should have been, or could have been, and simply be with them in the moment as they are. Not only will this clear the air and make the holidays beautiful for them, but you will feel such inner peace that you will be amazed that you held onto anger and other negativity for so long.

Be thankful—spend time during the holiday season finding things each day to be thankful for. Them give thanks for them. Set aside time for expressing gratitude. Also spend time realizing what others have given to you throughout the year, and make a spe-



cial effort to acknowledge it and give thanks to them as well. There are many ways to give thanks. Of course, we can say "thank you," and tell people what they mean to us. There are other ways as well. While you're sitting down at the holiday table together, have every member of the family take turns saying what they are most grateful for this year. Special way. Of your own to give thanks to special people in your life, to god, to the universe, for all the good you have received and are receiving every moment. Doing this daily will make the holidays and every day after a beautiful time for you and others.

The Price of Peace



Your voice in Ottawa

Vic Toews, MP for Provencher

Even during a time of war, peace appears to come into fashion for everyone at Christmas. However the understanding of peace or the hope of achieving it is often based on false or unrealistic expectations. Some people speak of peace arriving as an inevitable consequence, like a rock following the law of gravity, or the certainty of a sunrise at the end of a dark night. Indeed, now as the conflict in Afghanistan seems to be entering a new phase, many are hopeful that peace is not far away. There is an anticipation that with the broad based military campaign winding down, we can expect peace to break out at any time.

However, peace isn't like that. It must be earned.

Peace is not a conclusion; it is a process. The situation in Afghanistan requires an ongoing commitment to end hostilities and an unyielding effort to prevent their recurrence. Unfortunately, there is no final destination where we can take off our boots and put up our feet. This process must be based on a

number of initiatives, some requiring immediate attention, while others involve a long-term strategy.

Afghanistan has rarely and only briefly been able to maintain a central government able to effectively impose order over the various regions within its national borders. Neither the former Soviet Union nor the Taliban could do more than hold the warring Afghan tribes or ethnic groups in check. There was no success in establishing a national identity or even institutions that delivered national programs. This lack of a historical national presence within Afghanistan now limits the mechanisms available to stabilize the country and ensure that its people survive the harsh conditions they find themselves in.

Although the delivery of humanitarian aid by foreign military forces may not be ideal, it is clear that the victorious Afghans allied with the Western powers are not suitable or capable of carrying out what is required. The differences among the Afghans arising out of tribal and ethnic backgrounds, exacerbated by twenty years of war, leave lit-

tle choice. Foreign troops are required to not only administer and carry out the delivery of this aid, but also to act as a police force to ensure that the country doesn't spiral into another bloodbath.

At the same time there must be a renewed and vigorous commitment by all parties to rid this impoverished land of the "souvenirs" of twenty years of conflict: millions of buried landmines and other unexploded ordnances, many of them specifically designed to wound the civilian population. Without this action thousands more Afghans will lose life or limb on an annual basis. Without this effort farmers will be unwilling to cultivate their land and grow crops in order to build towards self-sufficiency in food production.

The steps made at the United Nations sponsored conference in Bonn, Germany to form a broad-based national Afghan government are tenuous, but encouraging. We must support this attempt to establish a representative government to guide Afghanistan through a period of transition to a democracy. Although the United Nations may be overly optimistic with its prediction that this transition period will last only six months, it is clear that without the development

of institutions capable of governing the country, its future is very uncertain.

Throughout this process there is a need for not only a military presence dedicated to peacekeeping efforts, but also a requirement for civilian governments and non-government agencies to contribute to the long-term development of the country. There is a need for the immediate delivery of aid in cooperation with organizations like the church-based Canadian Foodgrains Bank and the Mennonite Central Committee. It also requires the delivery of educational training and developmental programs by democratic governments and

non-governmental agencies. The need to answer this call is not simply one to be answered on a voluntary basis by charitable organizations; rather it is a moral responsibility that attaches to all those who choose to engage or participate in war. It is ignored at the peril of every people seeking peace. Indeed, it is the price of peace.

Please feel free to contact my office if you have any concerns or issues you would like to discuss. You may contact me toll free at 1-866-333-1933 or at 204-326-9889. You may write me at Box 2470, Steinbach, MB R0A 2A0, by fax at 204-346-9874 or by e-mail at toewsvs@mts.net

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MPI and MJHL team up for road safety

Students to hear safe driving message from hockey players

The arrival of hockey season signals a busy time for thousands of Manitobans who jump into their vehicles and head off to the local hockey rink.

With an ongoing commitment to road safety, Manitoba Public Insurance and the Manitoba Junior Hockey League have partnered to launch 'Arrive Alive'; a unique safety awareness campaign designed for both the hockey crowd and Manitoba students.

The 'Arrive Alive' campaign will incorporate a number of safety messages with a strong emphasis on discouraging impaired driving. Speeding/aggressive driving and driving while fatigued are also discouraged while the use of seatbelts and driving sensibly during our severe winters is encouraged.

"MPI is committed to road safety as part of life-long learning," said MPI's Vice-President of Public Affairs, John Douglas. "The very nature of this partnership seemed a natural fit. Hockey participants and spectators are a very

important audience for this campaign. Many families, coaches, players and fans spend hours on the road driving to and from games around the province.

The other, equally important audience, is students - young people who are on the verge of a lifetime of driving and who are already being pressed to make some tough decisions about drinking, drugs and high risk behaviour.

Having these messages delivered by junior hockey players in their communities is a unique initiative that will carry a lot of weight with young people. Schools interested in booking a presentation can do so by calling the MPI Speakers Bureau at 985-7065.

MJHL in the Community

The MJHL has had a community presence for more than

80 years. The 12-team league has franchises based throughout Manitoba - as far north as The Pas area (OCN Blizzard), and south to Winkler (Winkler Flyers).

The 'Arrive Alive' campaign includes highly visible rink board advertising and posters at MJHL arenas. Fans attending games will also hear 'Arrive Alive' public address announcements promoting safe driving.

Ensuring young hockey fans receive the 'Arrive Alive' message, MJHL players will also visit middle schools in their respective communities to deliver a road safety presentation which will include the showing of a video and discussion sessions.

"This partnership is a win-win situation for MPI and the MJHL," said Frank McKinnon, MJHL Commis-

sioner. "Our fans' safety is very important to each and every MJHL team. No one wants to see anyone injured or killed in an automobile crash."

Community involvement is a major focus of both MPI and the MJHL, who also announce the creation of a joint Community Service Award which enables teams to recognize players who have provided exemplary service to their community while maintaining a high level of play on the ice. Award winners will be recognized on the league and team web sites, in press releases and at local and league banquets.

"Improving the MJHL's profile within the province, and promoting road safety are achievable goals through this partnership," said McKinnon. "I know that all the teams are looking forward to going into their communities to promote safety, and of course hockey."

Lac du Bonnet Community Billboard

Health Concerns? Guest speakers on homopathy and ear candling. Monday, December 3, 7:00 p.m. in Lac du Bonnet. Call 268-3235 to book your seat.

Cooking for better health: Lose weight, gain energy and prevent illness. Classes begin for every five people registered. Cindy Reimann, certified in nutrition, call 268-2168.

Lac du Bonnet Pioneer Club Bake Sale: Saturday, November 24, 10:00 a.m. to 12:00 noon.

PACE 7-1375: Meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

Lac du Bonnet Regional Library open Tues and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed and Fri. noon to 4:30 p.m., Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of the month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-A-Teen Group For further information, Phone Kathie 367-8237 (evenings), Vickie 345-6520 (days).

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m. - 18 McDermot, Pinawa Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair. Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome in Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers.

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Alzheimer Society Theresa Conroy, Whittemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whittemouth, Oakbank, Hadassville.

Little Day Bubbles Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

To list your community event FREE OF CHARGE. CALL 345-9896

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL
Pastor Jeff Andrews, church 345-2934, home 345-1950
Sunday: 10:30 a.m. - morning worship (children's church during service): 7:00 p.m. - hymn and prayer

LUTHERAN CHURCH OF THE CROSS
Church office 345-8654
Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH
Father Richard Macharski, 345-2900
Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass
Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH
Rev. Brian Rountree 367-8615, church 345-2357
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist

SE Blades Player Profiles



Colin Tetrault #27

Position: Defense, **Shoots:** Left, **Hometown:** La Broquerie, Manitoba **Single/Taken/Player:** Single, **High School Grade:** Graduate **Favourite High School Subject:** Phys. Ed, **Hockey Idol:** Scott Neidermayer, **NHL Team:** Columbus Blue Jackets **Dream car:** Nissan Maxima '85 **Favourite food:** Steak dinner, **Favourite TV Program:** Simpsons, **Hobbies:** play pool, playstation, skate and shoot pucks. **Most Memorable Hockey Moment:** Winning AAA Midget Championship, **Goal and aspirations for the 2001-2001 Season:** Helping the team make the playoffs and stay in the line-up by not getting injured.



Alexander George Canard #11

Position: Defence, **Shoots:** Left **Hometown:** Sagkeeng, **Single/Taken/Player:** Single, **High School Grade:** 11, **Favourite High School Subject:** Computers, **Favourite NHL Team:** Colorado Dream **car:** Cobra Mustang **Favourite food:** Pizza, **Favourite TV Program:** 70's Show, **Hobbies:** Hanging out with friends, going out, **What's your goal or aspirations for the 2001-2002 Season:** to play hard every game.

The Winnipeg River **Echo** ADVERTISING DEADLINE **FRIDAY 3:00 P.M.**

Lac du Bonnet
Phone 345-9896, Fax 345-0004
Powerview
Phone 367-9468, Fax 367-9974

Blues earn much needed split

by Stu E.

Well, it's been a couple of weeks since we last spoke about happenings in Blueville (not to be confused with Whoville) so sit back, push aside all of that Christmas baking and prepare to be informed.

The Blues played 4 games since you last read these pages which included a pair this past weekend. In the two games that took place just before Christmas and then before New Years they hosed Beausejour and Pine Falls. They were gracious hosts in another lopsided win for the Stars to the tune of 11-4. They fared better the following weekend defeating the still winless Paper Kings 7-4 which turned out to be the Blues leading scorer Dwight Hirst's last game as he has now gone on to

play for the U of M Bisons. Coach Randy Gustafson did not want to dwell on the departure of Hirst advising "We'll miss him for sure, but it's up to rest to pucker up the void". That message apparently didn't get through to the boys this Friday night when the Lundar Falcons stopped by for a visit.

The Falcons bushwacked the Blues 15-5 or 15-4, (there was nobody left in the stands to confirm the final tally) in a game that was pretty much over after the first period. Lundar had built up a first period lead of 7-1 before the Blues realized they had their helmets on backwards. In the second, Lac du Bonnet managed to claw back to respectability by only being down 7-4 and controlling the play. The comeback dream ended in

the first minute and a half of the third when the Falcons netted three quickies causing the Blues, in coach "Gussies" mind "to simply quit". After that even the Falcons trainer figured in on the scoring. With that monstrosity fresh in their minds, the Blues took to the Interlake on Saturday for an evening contest with the Arborg Avalanche.

Things started out well for the Blues travellers as they had a 1st period lead of 3-1 and were looking pretty good. The wheels started to look as they were about to fall off as Arborg fought back to tie it up at 3, then took a 4-3 lead that blossomed into a 7-4 lead with about seven minutes left in

the game. We all know what happened the previous night when the Blues found themselves looking at the wrong end of a 7-4 deficit. Would they collapse again or did something drastic have to happen? Although I can't confirm it, rumour has it that assistant coach Jeff Seifried went behind every player and conducted a group wedgie pull. With the Fruit of the Looms stretched to the limit, the Blues plugged away (no pun intended) to get back within one. With Donovan Henzel on the bench for the extra attacker, Jay Usackis tied it up with just under a minute to play. In the overtime frame, Henzel stood on his head again to give the Blues a chance to win. With about three minutes left in the

O.T. period, Blues defence man Brendan Arsenault started a rush from behind his wet weaving and waving his way when into Arborg territory Bobby Orr like fashion setting up for the blistering game winning shot. The Arborg goal tender was seeing the same scenario unfolding before him, setting himself up for that big shot. Arsenault wound up, followed through and promptly fanned on it sending a knuckle ball game winner through the legs of a suddenly fooled netminder. With that goal, "B" ended up having a 4 point night (2 goals, 2 helpers) and earned the 1st Lunch Box Award of 2002. "B" and the rest of the Blues hit the ice this Saturday night hosing the Warren Mercs at 7:30 p.m.

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District, 345-8816
Email: reccomm@granite.mb.ca

Winter 2002

Happy New Year everyone! This week the Winter flyer will be in circulation - posted around town, at businesses and outside of the Recreation office. And the following is a sneak peek of what is in store for 2002 to meet your recreation needs. A lot of programs start next week so you may register by phone, email or in person the first night of the activity. And to answer all of the "what about Yoga" questions - at this time there will not be a Yoga class in the winter.

Watercolour basics

Learn the basics and practice techniques working on landscapes and close-ups with instructor Anita Drabyk. Thursdays, Jan. 17 - Feb. 21 from 1:00 - 3:00 p.m. in Pinawa. Fee is \$35 Maximum: 10 participants.

Creative Writing Intermediate

A creative writing course suitable for people with some writing experience. Providing group and one-on-one tuition - fiction, poetry, memoir, etc. Tuesdays, Jan. 15 - March 9 from 9:15 - 11:15 a.m. Instructor is accomplished writer Gerry Beirne.

Self Defense for women

This 4 session course will expose participants to a range of self-defense situations. Participants will leave the course with an awareness of what a real physical confrontation may involve. 4 Tuesdays - Febru-

ary 5-26 from 6:00 - 7:30 p.m. at Centennial School Gym in LdB. Fee is \$25. Your instructor, with 15 years experience in Martial Arts is Lars Fielberg.

Please note: RWB Dance classes resume on Saturday, January 5/02.

Boxercise

Wednesdays from 6:15 to 7:15 p.m. and Sundays from 5:30 to 6:30 p.m. at Pinawa Community Centre commencing on January 9/02 until March 31/02. One night a week fee \$45 and two night a week fee of \$85.

Karate

Tuesdays from 8:00 - 9:00 p.m. at Gilbert School in Pinawa for ages 10 and up. Join David Ogren, second degree black belt, in this 10 week program which begins on January 8/02 and runs until March 12/02.

Dancercise

Warm up with yoga and then sway into jazz and fun dances that will get you moving, have fun and feel great. Every Tuesday evening commencing January 8/02 from 7:30 - 8:30 p.m. at LdBSS Gym.

Highland dancing

Sundays from 1:00 - 4:00 p.m. at LdB Senior School Gym commencing Sunday, January 13 until March 10/02. Fee: \$40 For more info contact Tara at 345 2572.

Square dancing

My Square Dancers remind me that every Wednesday evening at 7:00 p.m. at the

Pinawa Lutheran Church is Square Dancing time. All are welcome!

Parents and tots coffee group

This drop in group is open to parents, grandparents, babysitters and their preschool children, age 5 and under! Come and enjoy a cup of coffee while your child enjoys some playtime, crafts, stories, songs and a snack! Every Tuesday from 1:30 - 3:30 p.m. at Abundant Life Chapel.

MTS Eastman winter games in Springfield

It's not too late to sign up today and be a part of the 2002 Eastman Winter Games. The list includes youth sports of female hockey, male hockey, figure skating, curling, youth bowling, ringette, alpine skiing, cross country skiing, badminton and gymnastics. And for adults there is 5-pin bowling, co-ed volleyball, basketball, badminton, cross-country skiing and alpine skiing. So how do you

register? Contact Louise at Eastman Sport Development Association at 268 2172 or come by the Rec office and pick up a form. The Regional competitions takes place January 19-20 in Springfield and the winners go on to the Manitoba Games in The Pas March 6-10/02. Get into the games and sign up today!

Preschool open gym

Mrs. Lucci's would like you to know about this program that runs Wednesdays, from 6:30 - 7:30 p.m. at Centennial School Gym and it's FREE! This program is for children ages 5 and under accompanied by their parent. Come on out and enjoy some physical activity with your child.

Hallwalking

Are you finding it a little too chilly to walk outside? Don't like walking in the evenings when it is so dark out? I have the place for you! Every Monday to Friday from 4:30 - 8:30 p.m. there is Hallwalking in the LdB Senior School hallways. No need to sign up - just drop on by! (School closed on Halloween night). And in Pinawa you can walk the quad around the Library/Community Centre at Pinawa Secondary School weekdays from 3:35pm - 8:00 p.m.

Details still to come

Drama for Young People, Greek cooking, Cooking with Carl, Funky Dance, Food Safety

The Winnipeg River **Echo**
QUESTIONS?
COMMENTS?
CONCERNS?
Contact our office nearest you
345-9896 or 367-9468
Email us
theecho@granite.mb.ca

Papertown
Motor Inn
★ ★ ★
PRESENTS
Cherry Cola
January 10, 11 & 12
THURSDAY, FRIDAY & SATURDAY
Vendor open Sundays, 12:00 noon to 9:00 p.m.

Upcoming events

Cornerstone

Marilyn Zarecki, Home Economist
Manitoba Agriculture and Food, Beausejour, 268-6015
 e-mail: mzarecki@agr.gov.mb.ca

Alternative Crop ideas meeting - January 29, 9:45 a.m. -3:30 p.m., Whitemouth Hall

If you are interested in learning more about seed potato production, growing and marketing garlic in Manitoba, oriental vegetables, bedding plants, tomatoes and cucum-

bers, as well as researching and marketing your idea, then this meeting is for you. It will be held at the Whitemouth Hall from 9:45 a.m. to 3:30 p.m. and the cost is \$10.00, which includes lunch. Pre-registration is required by January 25. Call me at 268-6015, or Brent Reid at 853-5170, to

register.

Brokenhead Ag conference - February 6, Beausejour

This 17th annual conference will again be held at the Brokenhead River Recreational Complex in Beausejour from 9:00 a.m. to 4:30 p.m. and the Agassiz Soil and Crop Improvement Association Annual Meeting will be held after the supper and entertainment by the Prairie Gophers. The line up of speakers for the day includes Carol Gunvaldson on "Market Outlook", Andrew Dickson on "Environmental Planning for Livestock Producers", Terry Whiting on "Dangers on the Farm - You and Your Neighbours", Doug Wilcox on "Changes in Manitoba Crop Insurance", and Bob McLeod "Investing Outside the Farm".

After lunch, Fraser Stewart will show his slides on "Rural Life in Mongolia". Murray Hanson from the Grains Commission will talk on "Grading", Allison Schoofs will speak on "Pesticide Free Production", and Gary Martens on "GMO Wheat, Round-Up Ready Canola and Non-GMO Soybeans". Watch for more information.

Eating disorders conference - February 8, Zion Lutheran Church, Beausejour

This conference is aimed at educators and health care professionals in order to help them identify eating disorders. Different physicians and dietitians will cover the topics of "Diagnosing Eating Disorders in Children and Adolescents", "Practical Approaches in Dealing with Eating Disorders in Children and Adolescents", plus "Nutrition

and Counselling", and "Interventions in Eating Disorders". Call me for more information.

Financial planning for farmers - Feb 12, 7:00-9:30 p.m., Dugald Community Hall

David Sellen, lawyer from Deeley Fabre and Sellen Law Firm, will speak on "Wills and Estate Planning Tips". David will discuss the importance of a will for everyone. He will also talk about estate planning and how you can avoid future problems and expense. The second part of the evening will cover "Insurance Needs of Farm Families". Terry Bialek of Horizon/Tuxedo Insurance Brokers will look at different types of insurance and what is appropriate for farmers.

These types of insurance include disability, life and critical illness. Keep this date open.

Pine Falls Community Billboard

Fort Alexander Health Centre: Diabetes Clinic 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208.

PACE 7-1375: meets first Tuesday of the month, Chicken Chef. Powerview meeting room.

Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Tuesday, 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 1:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m. Story Time - Wednesdays at 1:30 p.m.

Beaches Library: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.

Knights of Columbus: meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

Silver Haven Clubs: cribbage every fourth and fifth Monday 1:30 p.m., whist every Thursday 1:30 p.m.

Pine Falls Health Auxiliary: meetings first Tuesday of every month 1:30 p.m.

Cottage Country Business Assoc.: meets first Monday of the month 7:00 p.m. October through May, phone 756-2596.

Alcoholics Anonymous: Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, at St. Georges Catholic Church basement.

Pine Falls Legion: meetings held second Thursday of the month 7:30 p.m. Legion, meet raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge #154: meets second Friday of every month, Pine Falls United Church, except January and February.

Badminton: Pine Falls School gym, Sunday and Wednesday nights 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month.

PAAs: meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview: meets second Tuesday of each month.

Winnipeg River Senior Service Inc. Coordinator Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group: at the United Church, Pine Falls, last Thursday of the month 7:00 p.m.

AA & Al-Anon - The Beaches Family group, Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateach Road 756-8018 or 756-2101.

Happy Tots Day Care 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare.

Senior Scene Inc. #1 Ateach Rd., Victoria Beach. General meetings second Tuesday of the month, 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches HELP Centre (seniors service) 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council: meets first Thursday of every month.

Great Falls Hall workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday.

Call The Echo 367-9468 to list your community event FREE OF CHARGE

Winnipeg River Church Services

NOTRE DAME DU LALUS: Powerview - Saturday evening 7:30 p.m. (English). Sunday 10:00 a.m. (English), Stead - Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Sunday service 11:00 a.m. Bonita E. Garrett, Minister. Church 367-2633 or Cell 754-7220. Everyone Welcome.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph 367-8347. Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Lalus.

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info, call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantebury, on Hwy #59.

ST. MARGUERITE B.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER B.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:00 a.m.

ST. THERESA R.C. MISSION 88 Glenvale Avenue, Grand Marais. Mass 12:00 noon first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

Lac du Bonnet RCMP report



December 21:

A request was received to attend at a residence in the Town of Lac du Bonnet to pick up documents on behalf of a subject who was prohibited from attending at the residence. Police attended, however, there was no one at the residence.

A report was received from Pinawa of an adult male assaulting an adult female. The subject was arrested and released for Court on conditions.

December 22:
 A report was received of a vehicle having been parked on P.R. 315 in the R.M. of Alexander and concern expressed that same may be stolen. A check of the plate found that the vehicle was not stolen, and it was gone when police attended.

A report was received from Pinawa of the driver's side window having been broken on a vehicle parked over night on Dufferin.

A report was received of the theft of a string of Christmas lights from a residence on 5th Street in the Town of Lac du Bonnet.

A report was received from Milner Ridge Correctional Centre of an adult male being Unlawfully at Large while on a temporary absence permit in Winnipeg. A charge was laid and a warrant for arrest issued.

A report was received of an unlicensed snowmobile being operated in the town of Lac du Bonnet. Police located the

machine in question and charged the under age male who was operating same accordingly. Police subsequently received another call about the same snowmobile, however, upon stopping same found that it had been properly registered in the meantime.

December 23:
 A report was received of a dog running at large at Great Falls. Police contacted the owner, who will tie the dog up.

December 24:
 A report was received of an adult female being assaulted by her eighteen year old son at a location in Great Falls.

A report was received of an Intrusion Alarm having been activated at a location on Elsie Road at Still Cove in the R.M. of Alexander. Police attended and found all to be in order.

A report was received of an Intrusion Alarm having been activated at a location on Park

ries.
 A report

Avenue in the town of Lac du Bonnet. Police attended and found all to be secured.

A report was received of a snowmobile being ridden with no lights on in Great Falls. Police patrolled the area, but did not locate the snowmobile in question.

December 25:
 A report was received of an adult male having been found deceased in a gravel pit in the vicinity of Sedan's Corner. The subject was found to be missing from Winnipeg, and investigation revealed that the death was due to natural causes.

December 26:
 A report was received from Pinawa of a concrete Santa Claus ornament having been stolen from outside a residence.

A report was received of a vehicle having been driven

See LdB/page 15

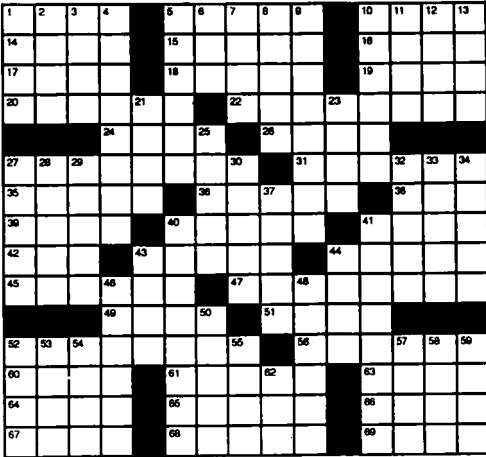
Crime of the Week

Manitoba Crime Stoppers in co-operation with the Lac du Bonnet RCMP would like your assistance in solving the following offence:

Police were advised of a theft of a boat motor. Sometime between the 3rd and 9th of December 2001. A motor was stolen from the area of the "Old Trappers" building on PR#315. The motor is described as a Mercury Cruiser 120HP inboard/outboard, along with the motor, the pump trim motor was also stolen. If you have any information on this or any other crime in the Lac du Bonnet area please contact Crime Stoppers at 1-800-782-8477.

Crime Stoppers will pay up to \$2000.00 in cash for information leading to an arrest in this or any other unsolved crime in Manitoba.

WEEKLY CROSSWORD



40. Aircraft operator
 41. Conserve
 42. Drink made from (suff.)
 43. Command
 44. Has ascended
 45. Live
 47. Harsh sounding
 49. Decimal points
 51. Conceal
 52. Abandoned
 56. Hollow utensil
 60. Operatic solo
 61. Angry
 63. Sound in body
 64. Grinding machine
 65. Wading bird
 66. Make eyes at
 67. Caresses
 68. Marsh grasses
 69. Not physically strong

ACROSS

1. Stuff
 5. Tiny particles
 10. Eat dinner
 14. Fully grown
 15. Light boat
 16. Biblical garden
 17. Article
 18. Alpha and _____
 19. Ran away
 20. Haircutter and shaver
 22. Achieves a goal
 24. Rave
 26. Bird with a weird cry
 27. Goes by again
 31. Small poisonous snakes
 35. Apart from others
 36. Velvety flower
 38. Knock
 39. Dreadful

DOWN

1. Baby's bed
 2. Actress Moreno
 3. Imitator
 4. Thin tissue layer
 5. Oak nuts
 6. Flat round caps
 7. Dollar bills
 8. Powerful person
 9. Land bordering ocean
 10. Protect
 11. Unemployed
 12. Require
 13. Concludes
 21. Comfort
 23. Buffalo Bill
 25. Lukewarm
 27. Detecting device
 28. Slur over
 29. Tiny skin openings
 30. Receipts in business
 32. Rub out
 33. Large black bird
 34. Tired out
 37. _____ Dakota
 40. More attractive
 41. Minor circus exhibition
 43. Smell
 44. Travel on horseback
 46. Noble goals
 48. Metal bolts
 50. Strong twilled fabric
 52. Slightly moist
 53. Pa. port city
 54. Sediment
 55. Challenge
 57. Wise man
 58. Singer Fitzgerald
 59. Onion like vegetable
 62. Spread for drying

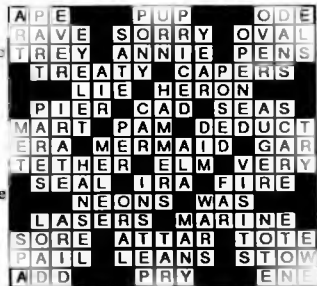
ECHO Trivia

• The city morgue in the Bronx, New York, has been so busy at times that next of kin take numbers - as in a corner bakery shop, and wait in line for their body-identification call.

• The sun burns 9 million tons of gas a second. At this rate, it has been estimated it will burn out in another 10 billion years.

• The longest name in the Bible is Mahershalalbaz (Isaiah 8:1).

LAST WEEK'S ANSWERS



CRYPTIC PUZZLE

"CEKKO, BHSZKC FTA ZKFEJZ, JQ RK
 JBMEG KTWQGKA LMCJ RK
 HTJKBBMOJKA."

-WKFT OFME BHSZJKB

Each letter represents another letter in the alphabet.
 See if you can break the code to figure out the famous quotation

Last Week's Solution

YOU DON'T GET ULCERS FROM WHAT
 YOU EAT. YOU GET THEM FROM
 WHAT'S EATING YOU.

- VICKI BAUM

WEEKLY ECHO HOROSCOPE

for the week of
 January 7 to January 13

Aries - March 21 to April 20

Be a little flexible with your time this week. Your schedule has been so hectic, you need to loosen it up a bit. Before you speak out about someone this week, examine your motives, and don't let anger decide what you are going to say.



Taurus - April 21 to May 21

Your self-confidence is at a high level this week. Use it wisely to get projects and goals accomplished. If the holidays seem to have gotten to you, and you are not feeling well, seek the advice of a doctor. Don't depend on a friend's diagnosis.



Gemini - May 22 to June 21

Without the rush of the holidays, it's a good time to take up a new hobby. Look to a community college for ideas. Or maybe a close friend has a good suggestion for the two of you. Making time for something new will bring a new feeling of fulfillment.



Cancer - June 22 to July 22

Stick to your own plans and principles; don't be influenced by the crowd. This is a good week for you to consider your long- and short-term goals. If you're worried about your weight, it's also the perfect time to change your diet and workout habits.



Leo - July 23 to August 23

If you are attracted to someone new this week, it's best if you don't voice your opinion yet. It could end up jeopardizing a long-standing friendship. You've been working too many hours, so this would be a good time to get a little balance back in your life.



Virgo - August 24 to September 22

Discuss your future goals with someone you respect. His/her advice could help you get through some tough times. Money-making opportunities are there. You just have to decide how to go about taking advantage of those opportunities.



Libra - September 23 to October 23

What a great time to clean out your closets and storage areas. Take the items that could be useful to someone else to a goodwill mission and take the junk to the dump. If it's no longer useful to you, or you haven't used it in a year, get rid of it!



Scorpio - October 24 to November 22

Things may not look good at work this week if you ask for and don't receive a raise. Check out your options, but don't burn your bridges. Make sure you have a job before you say "I quit!" to this one. Your partner would be a good source for emotional help.



Sagittarius - November 23 to December 21

If work seems unusually stressful, consider taking a break. If that won't work, maybe you should consider delegating some of your day-to-day tasks. It would be a good time to make an appointment for a medical checkup... an important way to start off the new year.



Capricorn - December 22 to January 20

Make it your resolution to get into better shape. You've been putting off joining an exercise class, but with things tapering off, you can't use time as an excuse. Think about taking a self-improvement class to round out your new year's goals.



Aquarius - January 21 to February 18

Discuss the work problem that's been bothering you with your partner. A fresh incentive may be just what you need to help you through it. Someone may misinterpret a chance meeting with you. Don't let the misunderstanding continue.



Pisces - February 19 to March 20

Keep your evening plans flexible because you may have to deal with sudden changes. This is not a good week to sign legal documents. Instead, take time to review them and make sure you read all the small print. Consider extra security for your home.



Echo Classifieds

In Powerview rent to own - commercial residential property. Spacious 3 bdrm. home with business in front. House has been repainted inside and out, hardwood floors in living room and kitchen. Large treed lot. For more info call Marlene 367-2398. 22-TPN

Apartments for Rent - One and two bedroom apartments for rent in Powerview. Utilities and parking included, coin laundry, very clean and well maintained. If interested please call for details after 6:00 p.m., 367-4922. 25-TPN

House for Rent - Three bedroom house for rent, partially furnished, includes satellite TV, available February 1st, 2002. Call 367-4549. 31-TPN

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TPN

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Agassiz School Division #13 Kindergarten Registration For 2002-2003

If your child was born in 1997, he/she is eligible to attend Kindergarten during the 2002-2003 academic year.

Parents/guardians are asked to register their children at anytime between 9:00 a.m. and 3:00 p.m. on January 15, 16, 17 & 18, 2002 at one of the following schools in accordance with attendance areas:

- Powerview School (including French Immersion)
- Lac du Bonnet Centennial School
- Whitemouth School
- Reynolds School
- Beausejour Elementary School (including French Immersion)
- Garson School
- Hutterite Colony Schools (Greenwald, Springwell; Whiteshell)



Proof of age (birth certificate or similar documents) should be provided by the parents/guardians at the time of registration.

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Silver Haven at 367-4620 or

Bernice at 367-8369

Wednesday, January 9: Coleslaw, liver & onions, mashed potatoes, gravy, corn, fruit cocktail.

Friday, January 11: Soup, pizza, (cheese, ham & pineapple), tapioca pudding.

OUTREACH WORKER (0.2 EFT) (6 month term position - To start as soon as possible)

Wings of Power is currently seeking an Outreach Worker to provide support to pregnant women participating in the program offered by the Blue Water Mobile Prenatal Team. The Outreach Worker works in collaboration with other team members in the development of programs/resources. Home visiting throughout the Blue Water district is an integral part of the position and a valid driver's license and access to a vehicle are required. Some flexibility in work hours is possible. The ideal candidate will have strong interpersonal and communication skills and a non-judgemental, accepting attitude.

Interested candidates can forward their resumes to Geraldine Dandeneau, c/o Wings of Power, Box 66 Pine Falls, Mb., or call 367-8855 for further information. **Closing date for receiving applications is Monday, January 21, 2001**

Red River College - Gimli Campus

To register for the following course, or information on other courses, please call 1-204-642-5496.

COURSE	START DATE	LOCATION
Report Writing	January 7	Selkirk
Microsoft Access 97	January 22	Selkirk
Human Resource Management	February 1	Selkirk
Payroll and Benefits	February 8	Selkirk
Human Behaviour in Organizations	February 28	Selkirk
Management & Assertiveness Training	March 4	Selkirk
GED Preparation	January 28	Selkirk
Problem Solving & Decision Making	January 14	Selkirk
Non-Violent Conflict Management	March 9	Selkirk
An Introduction to Collecting Antiques	February 5	Selkirk
Faux Finishes	March 6	Selkirk
Recreational Boating Regulations	March 4	Stonewall
Recreational Boating Operator	March 5	Stonewall
Competency Exam		
Keyboarding and Computer Fundamentals	February 11	Selkirk
Bookkeeping/Business Calculations	February 11	Selkirk
Microsoft Word 97	March 12	Selkirk
Business Communications	March 12	Selkirk
Microsoft Excel 97	April 5	Selkirk
Microsoft PowerPoint 97	April 8	Selkirk
Office Procedures	April 15	Selkirk
Microsoft Access 97	April 30	Selkirk
Quickbooks 2001 - Level 1	February 7	Selkirk
Applied Counselling Practicum	February 6	Selkirk
Philosophical, Historical and Legal Foundations	January 18	Selkirk
Health Care Aide	May 21	Beausejour
GED Preparation	January 21	Pine Falls

HOLLOW WATER FIRST NATION

ELECTION IN HOLLOW WATER FIRST NATION

The Elections in Hollow Water First Nation will be held on January 23, 2002 at the Hollow Water Community Hall. Addresses for Mail-Out Ballots are required due to this year's off-reserve eligible band member votes.

To confirm if you are on the Voter's List or for more information, please call:

Electoral Officer: Shirley Smith (204) 363-7462
Deputy Electoral Officer: Norman Moneyas (204) 363-7543 or
Hollow Water Band Office (204) 363-7278.

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Praznik quits - from page 1

ernment relations. Praznik says his experience as Minister of Health in the previous PC government will be a real asset in his new job. He said after seventeen years in public life it is time for a change. He did not close the door completely to the possibility of returning to politics in the future but said it is not his intention at this time. He will not be selling his house in Beacoma. Praznik expects that the coming by-election in Lac du Bonnet will turn out to be a referendum on the amalgamation of school divisions. He said the amalgamation would be especially harmful to the Agassiz

School Division. He said Whiteshell has a \$1.2 million debt, and would have to purchase the gym from AECL; The Transcona Springfield Teacher Agreement would cost \$400,000 to harmonize with Agassiz. He also accused the NDP government of deliberate political gerrymandering when it took a strip of land out of Springfield and put it into the Winnipeg School Division, giving fifteen percent of the tax base to Winnipeg. The strip of land in question is mostly industrial and has very few students. An NDP MLA told the legislature that taking the industrial tax base from Springfield was a punishment

for them not voting NDP in the previous election.

Three candidates have already announced that they will be seeking their party's nomination.

The Tory Party will be holding a nominating meeting in mid-February. Beausejour lawyer George Hawranik will be seeking the nomination. He said there may be others.

Hawranik said the area needed an effective voice to deal with the concerns of the region. He sees rural development as a major need and says the NDP are more urban oriented. "We need the PCs to push for the development needed in our area." He said.

He told The Echo that the MLA needs to develop a good working relationship with the municipalities who are at the "grass roots level"

Hawranik agrees that school district amalgamation will be a major issue citing the major cause of the problem being that the amalgamation is being forced by the provincial government instead of being arranged by negotiations between the divisions involved.

RM of Alexander George Harbottle will be seeking the liberal party nomination at a nomination meeting January 26. There are reports that at least one other candidate will be seeking the nomination.

Harbottle thinks he has a pretty good chance at winning the election, given the support he has throughout the region. He said it's time for a change. "The Tories were doing less and less - and the NDP is doing nothing - and spending more. He sees a liberal MLA as being able to establish better relations with the federal government that will be a major source of funding for the municipal infrastructure needed in the region. On the school division issue Harbottle said the Provincial govern-

ment has said it intends to review its decisions and will be making an announcement at a Springfield meeting January 10. He said the real cause of the problem is that part of school division revenues are raised by taxes on property. He said politicians have been promising to remove the school levy from property taxes for forty years. "Education funding should be taken of property taxes." He said.

Another candidate who thinks he has a good chance is New Democrat Mike Hameluk who lost the last election to Praznik by a margin of only 147 votes, but he acknowledged that the fact that there will be a liberal candidate this year would make it more difficult. He said constituency concerns are helped if the MLA is on the government side of the house. Hameluk said school division amalgamation would be an issue, and not everyone is aware of the impact, especially in Pinawa and Pine Falls. He said Pinawa would be an issue because of federal government funding being withdrawn; health care, and per-capita funding for health will also be an issue in the election, as will draining of agricultural land.

LdB RCMP Report

from page 12 onto a lawn in Pinawa. The driver was contacted and warned by the police as per the wishes of the complainant.

December 27: A report was received of a suspicious vehicle driving in the local area. Police checked same out and ascertained that the vehicle was looking for an address in the R.M. of Lac du Bonnet.

A report was received from Seven Sisters of an under age female having stolen her foster parents' vehicle. The subject and the vehicle were located at Falcon Beach, where the subject was arrested and subsequently escorted to the Youth Centre in custody.

December 28: A report was received of a vehicle doing power turns at a location in the Town of Lac du Bonnet. Police patrolled and subsequently located a vehicle matching the description, however, no method of identifying the driver at the time.

A report was received of a vehicle running tow stop signs and then spinning into a stop

sign. Driver identified and charged accordingly.

December 29: A report was received of a domestic disturbance at a residence on Drabek Road in the R.M. of Lac du Bonnet. As a result, an adult male was arrested for Assault and uttering Threats and released for court.

A report was received of a hit and run to a vehicle outside a business in the R.M. of Lac du Bonnet.

December 30: A report was received of snowmobiles being operated on the roadway in Auglen Park. Police attended and warned the mother of the offenders as per the wishes of the complainant.

A report was received of an Intrusion Alarm at a residence on the Maple Creek Road in the R.M. of Lac du Bonnet. Found to be a false alarm.

December 31: A report was received from a resident of the R.M. of Lac du Bonnet of a cheque having been forged and uttered at a local financial institution.

January 1:

A report was received of two vehicles being operated in Pinawa in what was considered to be a dangerous manner. Police patrols did not locate any vehicles fitting the description given.

January 2: A report was received of a break and enter to a shed at a cottage on Sprucecland in the R.M. of Alexander. Various tools were stolen.

A report was received of snowmobiles being operated by youth in the vicinity of the Lac du Bonnet Senior School. No snowmobiles located when police patrolled.

A report was received of an adult male being found deceased at his residence on Belluk Road in the R.M. of Lac du Bonnet. Investigation revealed that same was due to natural causes.

January 3: A report was received of a burnt vehicle just off PR 435 in the R.M. of Lac du Bonnet. Investigation revealed same to be a GMC pick-up which was stolen from Winnipeg sometime over night. No indication at the scene as to who would have been responsible.

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