



At: Senals Dept.  
200 Vaughan Street  
Winnipeg, MB  
R3C 1T5

June 24 01

Vol. 2, No. 8

Tuesday, July 17, 2001

\$1.00 tax included



## \$45,000 for Raquel

Three men from the Sagkeeng band members and welcomed Dennis McDougall and Graham Cummings to the community this past weekend. McDougall and Cummings graced the stage at the Leo de Bonis Arena Sunday, July 15 taking part in the music festival fundraiser held for former Leo de Bonis resident Raquel Godin. Over 600 people took in the daytime entertainment and family fun. A sold out concert at the arena followed with 1200 in attendance. As of press time it was estimated that \$45,000 was raised for Raquel, who gratefully acknowledged this generosity via fax, stating her intent of "buying the best set of legs she can find." See story and photo coverage of the event in next week's Echo. Raquel was stricken with meningitis early in April of this year. Her story was featured in the July 10 issue of The Echo.

## Sagkeeng to hold historic assembly

by Charles Norman

In a three-day General Assembly in the third week of August the Sagkeeng band members will be discussing far-reaching proposals for the restructuring of the community, including the band office and the Sagkeeng Education Authority. By the end of the three days Sagkeeng is likely to find itself back in a leadership role in the movement towards self-government.

Also on the assembly agenda will be discussions on education and finance, (the band's audited financial statements will be available prior to the assembly), tobacco and gas tax rebates, hydro costs, riprap, and proposals for building bridges between neighbouring communities.

In an interview with The Echo, Sagkeeng Chief Gary Swampy discussed some of the

problems and opportunities facing the new administration. He said construction of the new Early Years School near Catfish Creek on the South Shore will begin in September and students will be moving in September next year. In the meantime some windows, and possibly air conditioning, will be installed in the temporary buildings across Highway 11.

Swampy said he is hoping the addiction centre will be re-opening soon, possibly with less beds than before its closure. He said the Assembly of Manitoba Chiefs set up an Addictions Renewal Action Committee after the Virginia Fontaine centre was closed.

That committee is sending its final recommendations to Ottawa next week. At the same time the forensic audit will be complete. A re-opened centre will likely have a representa-

tion board from the communities making use of the facility.

Nursing program proposed

Swampy said Sagkeeng is looking at expanding its post secondary education programs. The band already has programs for bachelor of education degrees and all schools except the high school have Sagkeeng teachers. There are also post-secondary classes in self-government. In September the band will be meeting with the Red River Community College to look into the possibility of setting up a two-year registered nursing program. He said they would need the Pine Falls hospital for the practicum part of the course.

Chief Swampy said it is an honour to serve as Chief. "There is a lot of work to be done but there are a lot of competent people to do it." He said.

## 4P It's a Go!

Looks like the weekend is a go according to the staff at the Echo. The 4P committee that was in place last year have passed on the reins and the staff at the Winnipeg River Echo have taken on the challenge. "We have a good thing going here on that weekend, it would be a real loss for the communities to see it slip away," said Val Anderson.

With that in mind the staff  
SEE/4P FESTIVAL pg. 2



# 4P Festival a Go

got together and made the commitment to help ensure that the weekend will be a real success for all those involved. We are not the only ones that are concerned about losing that weekend, after making many calls it was realized that the townsie of Pine Falls, and the Green Team also wanted to be involved in helping out with the festivities. We have a lot of people to contact yet, but so far everyone has been very supportive.

We have a lot of planning to do, so far everyone who has been approached has made the commitment to get involved. Some of the 4P events will be the Market Square, this year we are looking at possible dividing it into both communities and running half in the Pine Falls School and half in the Powerview School. The Mixed Slo-Pitch Tournament is still a go. The tournament has in the past brought in as many as forty teams, however since the Provincial Slo-pitch championships are now held on labour day weekend, it's getting harder to draw that

number of teams. So far it is set at sixteen teams, but will be open to many more if interested. The Ol' Kings Western Days will be taking place as usual at the Pine Falls Arena, with afternoon beer gardens, and socials Saturday & Sunday night.

Jessica Arsenault has taken on the responsibility of organizing a Family Fun Day at the Village Green, with face painters, entertainers, kids games, and much more. She is also looking into getting a mobile skate park to come out and set up for the local skateboarders to use.

The committee is looking at setting up an outdoor come and go bingo. Also a petting zoo, inflatable fair, a show n' shine auto show, as well as possibly have carriage rides through town. There will also be the kite flying, family fishing derby, mill, hydro and museum tours.

The committee feels that a parade is first and foremost a representation of community involvement. We are encouraging all businesses, organiza-

tions and independent groups to get involved with this year's parade. We understand that there may not be enough time in many business owners days to put together a float, but if interested please feel free to call the Echo we may be able to help. We are looking for a group of individuals who are willing to offer a few hours of their time to help busy business owners with a float or decoration.

The 4P Festival has seemed to die down these last few years and volunteers have been hard to find. Many people come from surrounding areas to take part in the weekend festivities and what would happen if it no longer existed? Well that was almost a reality this year. The only way to bring it back to life is to make it bigger and better than ever. However, this takes the whole community, not just a handful of people. Anyone who has an idea or a little bit of extra energy that they would like to put forth toward their community, please don't hesitate to call the Echo at 367-9468.

If everyone takes even one hour out of their busy schedule to help, this festival will be a success!



Media Relations officer Steve Saunders

## RCMP Emergency Response Team needed

On Saturday July 14, a call was received at the Powerview R.C.M.P. detachment at approximately 3:30 a.m. of a domestic dispute in progress. It was reported that a 38 year old male was in a house and possibly armed. During the call to the R.C.M.P. the telephone line suddenly went dead. With the line going dead and the understanding that the man was armed the Powerview R.C.M.P. called the Emergency Response Team from Winnipeg.

Steve Saunders, media relations officer from Winnipeg told the Echo that once contact was cut off the next step was to re-establish communications with the house. The Emergency Response Team together with the Powerview detachment were held at bay for approximately seven hours. In the house there were six children and two female adults.

Constable Saunders said, that they were in the process of sending out the robot into the house to establish contact and it was then that the suspect came out of the house onto the deck at 11:45 a.m.. The suspect was rational and gave himself up to police. There was four weapons seized, one of these weapons was discharged. The suspect was arrested and charged with a number of offences.

# BINGO

## COMBINED ACCUMULATORS

<p><b>Bonanza</b> starting value this week <b>\$5046</b></p> <p><small>IF WIN POT STARTS AT \$200 Add 50% of sales on Monday If not won, carry over total plus 50% of sales to Wednesday If not won, carry over total plus 50% of sales to Thursday</small></p>	<p><b>Minnie Loonie</b> starting value this week <b>\$563</b></p> <p><small>IF WIN POT STARTS AT \$200 Add 30% of sales on Monday If not won, carry over total plus 30% of sales to Thursday</small></p>	<p><b>Lucky 7</b> in 25 numbers <b>\$4013</b></p> <p><small>POT PRIZES AT 20 NUMBERS Add one # plus 30% of sales carry over on Monday. If not won, add one # plus 30% of sales carry over to Thursday IF WIN POT STARTS AT \$200 in 17 numbers or less</small></p>
<p><small>IN CASE OF DISCREPANCY THE LATTER WILL PREVAIL.</small></p> <p><b>FOR UPDATES CALL 345-8825</b></p>		
<p><b>Knights of Columbus</b></p> <p>Lac du Bonnet Community Centre Specials 7:00 p.m. <small>Lot Lic. 584</small></p> <p><b>Every Monday Evening</b></p>		<p>Bonus Line - \$2548.00* Star - 558.00* Loonie Pot - 329.00* Toonie Pot - 462.00* Special "Y" - 371.00* Jackpot Strip - 456.00* Poker Flush - 222.00*</p>
<p><b>FOR UPDATES CALL 345-8619</b></p>		
<p><b>Lakers Ski Club</b></p> <p>Lac du Bonnet Community Centre Specials 7:00 p.m.</p> <p><b>Every Thursday Evening</b> <small>Lot Lic. 674</small></p>		<p>Bonus Line - \$2273.00 Star - 284.00 Loonie Pot - 585.00 Poker Flush - 6158.00 Special "Y" - 1038.00</p>
<p><b>FOR UPDATES CALL 345-6197</b></p>		
<p><b>Royal Canadian Legion #164</b></p> <p>Lac du Bonnet Legion Hall Specials 7:00 p.m.</p> <p><b>Every Wednesday Evening</b> <small>Lot Lic. 433</small></p>		<p>Bonus Line - 85.00 Star - 420.00 Lucky 7 - 103.00 Full House - 588.00 49 numbers - \$1000 Mini Loonie - 250.00 Poker Flush - 354.00 #1 Loonie - 978.00 Jackpot Strip - 45.00</p>

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The Winnipeg River **Echo**

*The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba.  
Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication*

# Winnipeg River RCMP report



Pine Falls Ambulance and Rescue attend to accident victims that were involved in a single roll over accident on Highway #11 last week

On Monday, July 9th, Grand Marais beach patrol reported two overdue kayakers coming from Winnipeg Beach. Police patrolled but Kayakers had arrived at their destination without injury. Police received a report of a hit and run in Little Black River. An unknown male driving a silver car hit a woman and her 7 year old nephew, there were no injuries. This matter is still under investigation. On Tuesday, July 10th, Police received a report of a speed-

ing vehicle, that was described as a wine coloured Mustang travelling toward Traverse Bay from Fort Alexander. Police received a report of a male stalling and sinking a boat along the Winnipeg River in Fort Alexander. Police received a complaint of a female being assaulted by another female in Powerview. Police investigated the incident which did not result in charges being laid. Police received a complaint about a black Mustang convertible spinning it's tires and

driving dangerously near Chapels Service station. The operator of the vehicle if facing charges under the Highway Traffic Act. On Wednesday, July 11th, at 3:00 a.m. police pulled over a vehicle on the south shore of Fort Alexander after a report of a MVA near the Birchwood Motel in Traverse Bay. Charged with Impaired Driving and Drive over .08 is Manny Guimond, 40 years old of Fort Alexander. He was lodged in police cells and his vehicle was impounded. He will be appearing in Powerview Provincial Court to face the charges.

Police responded to an anonymous report of a possible impaired driver. A patrol was made the male was not impaired but he vehicle was unregistered. The male was charged with driving an unregistered vehicle and his vehicle was impounded. Police received a report of a single motor vehicle accident at Manigotagan River near Black River. The lone occupant of the vehicle was taken to Pinawa Hospital where he was treated for his injuries. Police received a call regarding domestic violence in Bissett, MB. A female victim was reported to have been as-

saulted by her husband. Her husband is being charged with assault along with a number of other charges. The accused is being sought by police who has apparently relocated to the area of Russell, Man. On July 12th, police received an anonymous report of 8 youth hanging around the Pharmacy, a patrol was made but youths were gone. Police received a loud party complaint across from 38th Avenue in Grand Beach. Members attended but the party was over, a note was left as a warning for the night. Police received a call at 8:50 p.m. that dirt bikes were jumping Bouvier Trail near St. Georges and were operating the bikes in a dangerous manner. On Friday, July 13th, at 12:13 a.m. police received a report of a missing child from Grand Beach. Police were later contacted and advised that the boy was found with no injuries. At 12:20 a.m. the alarm at the Pine Falls Golf Course was reported to have gone off, police attended and all was secure. Police received a report of mischief to a vehicle. Youths kicked in the tail light of the car on Grand Beach Road. At 2:38 p.m. there was a single motor vehicle accident, a male rolled his truck near the 8 plex on the North Shore, Fort

SEE Winnipeg River/pg. 10

Dr. S.A. van Zyl, Dr. M.L. van Rooyen & Dr. A.C.W. Mare

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We thank all interested applicants, however only those selected for an interview will be contacted. All applications will be retained for 6 months.



# It's the Law

by Gerald Hawranik, Q.C.

## Burial or funeral instructions

*Gerald C. Hawranik, Q.C. is a lawyer in Beausejour with 20 years of extensive experience in most areas of law. 'It's The Law' will be published in each issue of The Winnipeg River Echo. If you would like to know more about any legal topic, please write to Gerald at Box 880, Beausejour, MB R0E 0C0, ph. 268-6300.*

Many people want to leave burial or funeral instructions in their will. Burial or funeral instructions cannot be enforced against the executor and the executor can ignore those instructions. You should discuss your wishes with your executor prior to making your will to ensure that you have his or her agreement. If the executor shows any signs that he or she will not go along with the burial or funeral arrangements, and these arrangements are important to you, then you may want to appoint a different executor in your will. One way to help ensure that your instructions will be carried out (although there is no guarantee), is to leave a portion of your estate to the executor but make the gift conditional on your executor following your instructions. Some people have bizarre ideas concerning unusual forms of burial or scattering of ashes in unusual places, and it is entirely likely that these instructions will not be carried out by the executor. If the instructions are reasonable, it is likely that the executor will carry them out.

If you have any questions about the information appearing in this article, or any other legal question, please call me for a free initial consultation.

*This article is intended to provide general information and not to advise anyone on what he or she should do in a particular situation. The facts of each case are important and usually affect the way in which the law is applied. When you have a legal problem, it is best to consult a lawyer.*



Dawn Blatz and her children enjoying a Family Swim on Monday at the Pine Falls Pool

## Pine Falls Pool

With all the hot weather we have been experiencing, why not take a nice cool dip at the Pine Falls Pool. The pool is free for all PRA Members and is open seven days a week.

Pool lifeguards are Marc Vincent, Nathan Trethart, Renee Fenez and D'Arcy Lower.

The Aqua-cise instructor is Amanda Johnston.

**Pool Hours are:**

**Monday, Friday, & Sunday**

Public Swim - 1pm-4pm

Family Swim - 4pm-5pm

Public Swim - 6pm-7pm

Family Swim - 7pm-8pm

Adult Swim - 8pm-9pm

**Saturday**

Public Swim - 10am-12pm

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Family Swim - 7pm-8pm

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Pool lifeguard, Marc Vincent

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Lac du Bonnet 345-9896  
or Powerview 367-9468  
theecho@granite.mb.ca

# Community Auction in LdB

Last week the Lac du Bonnet Community Centre hosted a fund-raiser auction. The idea of this fund-raiser came from Dave Webb. Mr. Webb is an auctioneer from Stillwater, Kansas who has been visiting the Lac du Bonnet area for a number of years. "He has seen the development of our new community centre and was impressed by how our community came together to create something that was beneficial for all. He wanted to do something to help," said organizer Rod Demoline. Webb contacted Colleen Johnson at the town office and offered the idea and his services. The committee was formed and organizers, Colleen Johnson, Cliff Franklin, Rod Demoline, Terry Fisher and other volunteers set out to host the auction.

This community auction raised approximately \$2,000 in total. There were numerous people who donated items that were to be auctioned off. "We had a good turnout and it was nice to see all the support," said Rod Demoline. The organizers who worked together to raise money are to be commended and Mr. Webb for all his help. There were also volunteers who cooked pork-on-a-bun for everyone who attended. The pork was donated by the Brightstone Hutterite Colony and the Manitoba Pork Association.

One customer who attended the auc-



Dave Webb, auctioneer from Stillwater, Kansas enjoyed auctioning off two benches with a hopeful buyer

tion said, "A community that works together grows together and this auctions proves just that. It's nice to see people

come out for a good cause." "I like our community centre and I am happy to support it," said another.



Dave Webb, owner of Webb Auctions was the quick talking auctioneer at the Community event held in LdB.

## Practice Safety with Lawn Care Tools

There's no better tool to put the finishing touches on lawn care than a weed eater. It's a garden tool that maintains a professional level of lawn care while being inexpensive, efficient, and easy to use. A weed eater eliminates hours of backbreaking work; however, it can also be dangerous if not handled properly.

The nylon cord of a weed eater whips around at over 10,000 revolutions in a minute. It can kick up sticks and stones that may not break bones, but the cuts and bruises will certainly sting.

Before you put the weed eater into action, inspect the area and pick up any large twigs, stones, wire and debris. Remember to dress for the job. Wear sturdy shoes or boots, close-fitting pants, and safety goggles-doing the job in shorts and bare feet is asking for trouble. Keep pets and children a safe distance away.

Before you start the unit, be sure the guard is attached. Also check that the extension cord is rated for outdoor use. Keep the cord clear of the trimmer head. If the cord gets damaged, unplug the weed eater before making any inspections. Follow the directions for replacing the cutting cord-if it is not in-

stalled properly, it could be dangerous when you attempt to use it.

It's a good idea to plug the weed eater into an outlet pro-

ected by a ground fault circuit interrupter to prevent shock. If rainy weather is upon you, save the job for another day.

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### The Review Panel on Common-Law Relationships in Manitoba invites written submissions.

The review panel on common-law relationships invites you to forward written submissions concerning the three areas of Manitoba legislation it has been asked to review:

- What, if any, changes are needed to the legislation concerning the interests and rights of same and opposite-sex common-law partners to inherit or share in their partner's property;

- What, if any, amendments are needed to Manitoba's conflict of interest provisions to require disclosure of conflicts arising from same and opposite-sex common-law partnerships; and

- What, if any, changes should be made to Manitoba's Adoption Act to permit adoption by same-sex partners.

Please send your written submission to:

5<sup>th</sup> Floor, 373 Broadway  
Winnipeg, Manitoba  
R3C 0T8

Your written submission must be received no later than August 15, 2001. If you are writing as an individual and wish your submission to be kept confidential, please advise and your privacy will be protected to the extent possible by law.

Hon. A.C. Hamilton  
Jennifer A. Cooper, Q.C.

# LdB RCMP New Victim Services Unit

The Lac du Bonnet RCMP are pleased to announce a new service for the Detachment area, including Pinawa, and Whitemouth. This new service, The Victim Services Unit, is available to community members who are victims as a result of crime or accident. The unit will provide various services including, emotional support, information about the judicial system, and referrals to community agencies.

The unit is coordinated by Sue Stirling in the Lac du Bonnet detachment office at 199 Fifth street, Phone 345-9762. Community members are welcome to help provide direct services to victims, and to perform other Unit activities. Full training will be provided for volunteers to become involved in the unit.

If you are interested in learning more about the Victim Services Unit, the services that are available, or volunteering, please give Sue a call at 345-9752. She will be pleased to answer your questions.

## A word of advise

In these warmer days of summer there have been several responses of theft in the areas of Lac du Bonnet, Pinawa and Whitemouth. Many of these incidents could have been prevented by simply keeping the garage, the shed and the house locked up. Keeping a list of item serial numbers in your residence is a good practise for prevention. Do your part, keep your tools and yard implements locked up and out of sight from prying eyes.

For further information, please contact the Lac du Bonnet RCMP detachment at 345-8685.



## Pine Falls Community Billboard

**Fort Alexander Health Centre:** Diabetes Clinic, 9:30 a.m. to 3:30 p.m. every Tuesday. Blood sugar check, nutritional counselling, phone 367-2208  
**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.  
**MMF meeting:** Tuesday, May 29 at Mr. Pic's, 7:00 p.m.

**Prenatal classes:** held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

**Library Allard:** Tuesday, 10:30 a.m. to 5:00 p.m. Wednesday and Thursday 1:00 to 5:00 p.m. and 6:30 to 8:00 p.m. Friday 4:00 to 5:00 p.m. Saturday 10:30 a.m. to 4:00 p.m.

**Beaches Library:** Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. to 2:00 p.m.

**Knights of Columbus:** meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement.

**Silver Haven Club:** cribbage every fourth and fifth Monday, 1:30 p.m. what every Thursday, 1:30 p.m.

**Winnipeg River W.I.: meetings** third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges.

**Pine Falls Health Auxiliary:** meetings first Tuesday of every month, 1:30 p.m.  
**Cottage Country Business Assoc.:** meets first Monday of the month, 7:00 p.m. October through May, ph. 756-2596

**Alcoholics Anonymous:** - Sunrise Group meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m., last Friday of the month open to the public, located at St. Georges Catholic Church basement.

**Pine Falls Legion:** meetings held second Thursdays of the month 7:30 p.m. Legion, meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Call The Echo 367-9468

to list your community event FREE OF CHARGE

## Winnipeg River Church Services

**NOTRE DAME D'ILAUS:** Powerview - Saturday evening 7:30 p.m. (English), Sunday 8:30 p.m. (French), 10:30 a.m. (English), Stead - Saturday 5:00 p.m.

**PINE FALLS UNITED CHURCH:** Sunday service Sunday school 11:00 a.m. Rev. Jack Ballantine-Dickson. Office hours: Tuesday to Friday 10:00 a.m. to 12:00 noon, ph. 367-2633.

**PINE FALLS ANGLICAN CHURCH OF THE ADVENT:** Ph. 367-8347 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

**ST. THERESA'S:** Masses at Notre Dame du Laus.

**ST. GEORGES:** Mass Sunday at 8:00 a.m. and 10:00 a.m.

**ST. JUDE'S ANGLICAN CHURCH:** Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

**TRINITY EVANGELICAL LUTHERAN CHURCH:** Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info. call 635-2625 or 754-8682.

**CHRISTIAN FAITH FELLOWSHIP:** Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

**HOUSE OF PRAYER FULL GOSPEL:** - 2:30 p.m. every Sunday, Scantebury, on Hwy. #59.

**ST. MARGUERITE R.C. MISSION:** Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

**ST. ALEXANDER R.C. CHURCH:** located at Sagleking First Nations. Sunday mass 10:30 a.m.

**ST. THERESA R.C. MISSION:** 88 Glendale Avenue, Grand Marais. Mass or community service 11:30 a.m. first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday.

**SAGKEKING CHRISTIAN FELLOWSHIP CHURCH:** Lloyd Guimond (Pastor) Sagleking South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

**CHRIST CHURCH ANGLICAN:** Sunday 2:30 p.m. at Hollow Water.

**GRACE BAPTIST CHURCH:** Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

## ECHOES FROM THE Heart

Once there were three trees on a hill in the woods. They were discussing their hopes and dreams when the first tree said, "Someday I hope to be a treasure chest. I could be filled with gold, silver and precious gems. I could be decorated with intricate carving and everyone would see the beauty."

Then the second tree said, "Someday I will be a mighty ship. I will take kings and queens across the waters and sail to the corners of the world. Everyone will feel safe in me because of the strength of my hull."

Finally the third tree said, "I want to grow to be the tallest and straightest tree in the forest. People will see me on top of the hill and look up to my branches, and think of the heavens and God and how close to them I am reaching. I will be the greatest tree of all

time and people will always remember me."

After a few years of praying that their dreams would come true, a group of woodsmen came upon the trees. When one came to the first tree he said, "This looks like a strong tree, I think I should be able to sell the wood to a carpenter" ... and he began cutting it down. The tree was happy, because he knew that the carpenter would make him into a treasure chest.

At the second tree a woodsman said, "This looks like a strong tree, I should be able to sell it to the shipyard." The second tree was happy because he knew he was on his way to becoming a mighty ship.

When the woodsmen came upon the third tree, the tree was frightened because he knew that if they cut him down his dreams would not come

true. One of the Woodsmen said, "I don't need anything special from my tree so I'll take this one", and he cut it down.

When the first tree arrived at the carpenter's, he was made into a feed box for animals. He was then placed in a barn and filled with hay. This was not at all what he had prayed for.

The second tree was cut and made into a small fishing boat. His dreams of being a mighty ship and carrying kings had come to an end. The third tree was cut into large pieces and left alone in the dark.

The years went by, and the trees forgot about their dreams.

Then one day, a man and woman came to the barn. She gave birth and they placed the baby in the hay in the feed box that was made from the first tree. The man wished that he could have made a crib for the baby, but this manger would have to do. The tree could feel the importance of this event and knew that it had held the greatest treasure of all time.

Years later, a group of men got in the fishing boat made from the second tree. One of them was tired and went to sleep. While they were out on the water, a great storm arose and the tree didn't think it was strong enough to keep the men safe. The men woke the sleeping man, and he stood and said "Peace" and the storm stopped. At this time, the tree knew that it had carried the King of Kings in its boat.

Finally, someone came and got the third tree. It was carried through the streets as the people mocked the man who was carrying it. When they came to a stop, the man was nailed to the tree and raised in the air to die at the top of a hill. When Sunday came, the tree came to realize that it was strong enough to stand at the top of the hill and be as close to God as was possible, because Jesus had been crucified on it.

## Birchwood

### BUZZ

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### Boys Nite Out

### Oil Wrestling

Wednesday, July 18  
Show starts at 9pm

### Renegades Band

Friday & Saturday

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# Pinawa Heritage Sundial

Grand Unveiling held this past weekend



**Submitted**

The grand unveiling of Pinawa's millennium project, Pinawa Heritage Sundial, located on Willis drive next to the Marina took place on Saturday, July 14 during Pinawa's Birthday Weekend celebra-

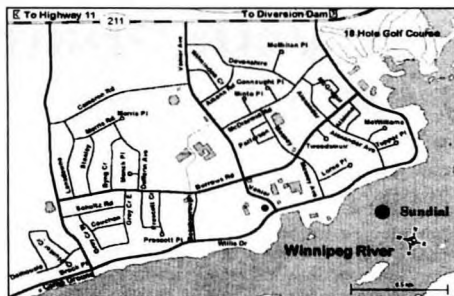
tion. The sundial marks the millennium through the blending of art, science and heritage relevant to the Pinawa area.

The Pinawa Sundial Heritage Project was conceived and developed by Carl Sabanski. Flying Pigment Design Studio created the design and construction of the icons. The project was conceived three years and development will continue as the park is landscaped.

The project consists of a horizontal dial spanning 10 metres sq. in a park setting at the heart of Pinawa. The steel gnomon (sail) stands 5 metres high and accurately tells time. Fabricated from local 1/2" steel and graphite, the Sundial incorporates icons depicting the history of the Eastman re-

gion. Special plaques recognize support from government and community donations including Canada Millennium Partnership Program, Manitoba Culture, Heritage and Tourism, Whiteshell Community Adjustment Fund provided by Western Economic Diversification (administered through Winnipeg River Brokenhead CFDC), and Local Government District of Pinawa.

"The sundial is a fine tribute to the proud heritage of the Pinawa Region, and a symbol of hope for the future," said the Honourable Herb Gray, Deputy Prime Minister and Minister responsible for the Government of Canada's millennium initiative. "The Government of Canada proudly supported the Pinawa Heritage Sundial with a partial financial contribution



Map of Pinawa with the Heritage Sundial Location

through the Canada Millennium Partnership Program." This program contributed up to one third the eligible costs, while the private sector and other organizations proved the

remaining funding. CMPP - supported projects promoted our history, our youth, our culture, and environment and the development of your communities.

## Your Child is Counting on You

By Mary Ann Haddad

Something that might appear unimportant or simple when installing could compromise the safety of your child. The installation of your child/children's care seat and seat belt needs to be handled with care, also being aware of sizes and standards according to weight of the child. A child's body differs from that of an adult's not only in size but also in composition and weight distribution. As a result collision or sudden stop will often propel the child headfirst into objects. A seat belt alone will not protect your child!

Although legislation differs slightly from province to province, it is a requirement that all children within certain height/weight parameters be secured in a proper restraint when in a motor vehicle.

Which car seat do I buy? Here are some criteria you should consider:

1. Does it meet the requirements of the Canadian Motor Vehicle Safety Standards (CMVSS)? If so, it will have an approval sticker on the seat itself.
2. Does my child fit the height/weight parameters set out for this seat? If not, do not buy it! The seat is only effective if used by a child who fits its properly.
3. How does the seat fit my vehicle? Manufacturers design the seat to conform to the average passenger motor vehicle. If your vehicle is a sub-compact a larger car seat may be difficult to install and awkward to get your child in and out of.

4. Are the extra features worthwhile? Don't let the extras be your deciding factors. Practicality and safety first, then consider the nifty gadgets.

How do I install my car seat? It is estimated that 80% of car seats in Canada are improperly installed. Do not undertake its installation without referring to the manufacturer's guide thoroughly. Some of the more common errors occur with respect to the locking clip, the tether strap, and the correct tension of the harnessing to your child's body. Something that appears unimportant when installing could compromise the safety of your child.

If you have questions about the installation of your seat, most manufacturers provide a toll-free number for assistance. As well, most communities offer information or free inspections through your local police service, MPIC Auto Pac and some health agencies.

Taking the time to find out if your car seat or seat belts are age appropriate is critical for your child's safety.

What's New - Kids Summer Fun

Wings of Power is offering a Summer program for children 4 to 11 years old.

**Kids Summer Fun** will be offered Tuesday, Wednesday and Thursday from 10-12 p.m. and 1-4 p.m. The program will offer a fun time with Craft, Games, Sports, Story-



telling and Cooking-Fun. Registration is Wednesday 10:00 a.m. to 4:00 p.m. with crafts being offered. Bring your children out, have fun in the sun. For information please call 367-9641 ask for Chris or Tara.

Is your organization or group having a special function?  
CALL US AT

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345-9896  
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367-9468

## Library Corner

### Lac du Bonnet Regional Library

How many books can you read this summer? That is the question we are asking the kids who have joined our Summer Reading Program! We had 19 children participate in our first activity club on Tuesday. Gemma talked to them about Manitoba books and authors, read them a couple of stories, and everyone began work on a poster to show what special tourist attraction they would like to see in Lac du Bonnet. Some great ideas were forthcoming! We are going to continue to learn more about Manitoba - each week on Tuesday morning the activity club will explore a new topic. The children who come to Thursday morning Storytime will also be learning about Manitoba. Please join us!

Look for summertime reading for all ages on our shelves! Elizabeth Peters is back with a new title "Bird of the Silent". Accompany Amelia Peabody, the indomitable archaeologist-sleuth, to Egypt. Tantalizing clues "point toward an archaeological discovery of unparalleled importance and the resurrection of a voice that has been silent for millennia."

Read "Sharpe's Prey" by Bernard Cornwell. "It is 1807 and Lieutenant Richard Sharpe

newly returned to England, now wants to leave the army. One last job is offered to him." And, of course, that is when the adventure begins!

Are you an Andrew Gueley fan? His newest book is now available - "The Cardinal Virtues." You may have to add your name to a reserve list to read this one!

If you have been following Sue Grafton's alphabetical list of titles, we can now offer you "P" is for "Peril". (We understand she is already working on "Q is for Quarry", but you'll have to wait awhile for that one.)

Elizabeth Berg has written many award winning books. Her recent bestseller "Open House" was in Oprah's Book Club selection in 2000. Her brand new title that we would like to introduce to you is "Never Change".

These are only a few of the suggestions we have to offer. Check out our displays and also take the time to do a thorough browse of our bookshelves! Don't lose that joy of reading just because the television and Internet are trying to demand your time and attention!

There are more worthwhile things in life!

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## Ask your Pharmacist I Like to Tan

"I would like to get a spectacular tan this summer. What sort of suntan lotion should I use?"

You are wise to choose your sunscreen product carefully. Suntanned skin, although pleasing to the eye, can be dangerous. Long term exposure to the sun results in a loss of the skin's elasticity, causing a wrinkled, leathery appearance, and can cause skin cancer. The use of an appropriate sunscreen will reduce the risk of sun related injury.

Melanin is a pigment found in the outer layers of the skin whose purpose is to protect the body from harmful effects of the sun. Ultra-violet (UV) sunlight causes this pigment to darken, and over time, increased the thickness of skin layers. A sunburn occurs when UV ex-

posure exceeds the rate of melanin production.

Sunscreens are formulated as oils, lotions, creams and gels. Creams and gels generally provide you with a bit more protection than oils and lotions. Sunscreens are most effective if applied about 30 minutes to one hour before exposure. This allows the ingredients to penetrate into the skin. You must apply your sunscreen smoothly and evenly and reapply it after swimming or if you are sweating heavily. This will help you continue your sunscreen's initial protection; however, continuous reapplication of the same product will not lengthen the time you can be out in the sun before burning. You simply cannot double your SPF factor by applying the same sunscreen twice.

SPF factor? You've probably noticed that most products today are marked with an SPF number--the "sun protection factor" number. It represents the ratio of time for sunburning unprotected skin as opposed to protected skin. For example, if you usually burn in one hour of sun exposure, you can, theoretically, remain in the sun for six hours before you will burn if you use a product with an SPF of six. In theory, that is. Some products vary in the accuracy of their ranked SPF values. SPF numbers are drawn from a scale of two to 30. PABA is one sun blocking agent commonly found in sunscreens, but can be irritating to sensitive skin, and it may stain clothes or upholstery. Padimate, titanium oxide, and many other agents are also effective for mini-

mizing the harmful effects of the sun.

If you plan to participate in water sports, or tend to sweat heavily, you may wish to use a waterproof product. Towelling dry will remove waterproof sunscreen however, so remember to re-apply if afterwards.

Choose your SPF number by the type of skin you have.

What type of skin do you have? You'll have to answer that one yourself by considering your previous sun tanning history. Don't forget: your skin's sensitivity to the

sun can change. Have you been badly burned before? You will burn more easily now.

Are you taking any medications? Birth control pills, for example? Tetracycline for acne? Your skin may be more sensitive to the sun that usual. This includes winter or summer sun. Your pharmacist can tell you what medicines may have this effect. Be sure to ask.

One more thing. A sunburn does not show for two to six hours after leaving the sun. Come in early.

## Recreation not just sports Recreation ramblings

by Robin Attas, Recreation Assistant  
Winnipeg River Recreation District, 753-2639/345 8816  
Email: reccomm@granite.mb.ca

Recreation Ramblings for Major event warning! Coming up this Saturday, July 21, from 11:00 a.m. to 4:00 p.m. Old Pinawa plays host to the first anniversary celebration of the grand opening of the Trans Canada Trail. This year the event takes a slightly different format than last year's Relay 2000. We're offering free (yes, free) clinics on mountain biking, fly fishing, birdwatching, hiking footwear, and trick kite flying, as well as heritage walks, independent hikes, and bike rides on the Trans Canada Trail. Local food vendors will be available for all your dining needs, a kids tent run by the Manitoba Youth Job Centre Odd Job Squad will look after your little ones for \$2, and some area musicians will entertain you when you need to just kick back and relax.

As this event is occurring in conjunction with Canada Parks Day, we have a couple

of special offers. First, admission to Old Pinawa Heritage Park is absolutely free all day! And second, if you take the independent hike and return with a secret trivia question, you'll be entered in a draw for local prizes, and your name will be forwarded to a national draw for even more chances to win!

So come on out and take a hike, fly a kite, and ride a bike this Saturday! (if it rains, it'll be Sunday, but we're crossing our fingers!!)

### Triathlone Out? No Way!

Now that you've got the Kids of Steel and/or Free Spirit triathlons under your belt, give the Sandman a try (or tri-hee hee). Check it out July 29 in Lac du Bonnet.

### Preschool Swim Lessons

These will be offered at the Pinawa Pool in the third session of lessons, July 30 to August 10. Call the LGD of Pinawa at 753-5100 to register.

The Winnipeg River **Echo** ADVERTISING DEADLINE  
FRIDAY 3:00 P.M.  
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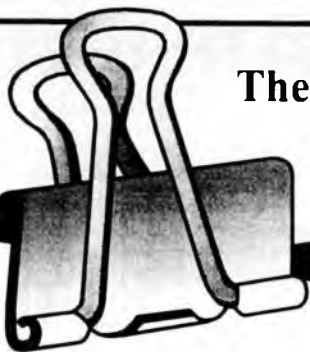
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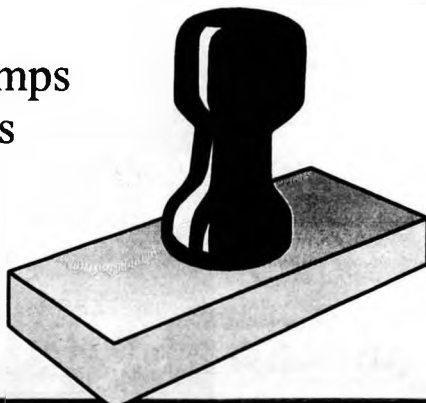
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# Winnipeg River RCMP report



FROM pg. 3

Alexander. When police responded he had already got the vehicle back on the road and attended his resident. The subject was located at his residence on the North Shore and was administered the roadside alcohol screening device. As a result of the test he was issued with a 24 hour suspension of his drivers licence and was also charged with having no insurance.

At 4:00 p.m. police responded to a single motor vehicle accident on highway 11, alcohol was not a factor.

On Saturday, July 14th, at 1:30 a.m. the police pulled over a vehicle where the driver was suspected of driving impaired, after failing the roadside test he was taken to the detachment where the breathalyser was administered, following the

results of that test he was charged with impaired driving and driving over .08. He was released to his very unhappy wife.

Police received a call, a male had threatened to shoot himself and all other occupants of the house. Shots were reported to have been fired into the air however there was no one injured. The RCMP Emergency Response Team from Winnipeg and several other technical support people were deployed to a residence on the south shore of Fort Alexander. Police were able to negotiate a peaceful conclusion to the situation and the male subject gave himself up to police without incident. Charged with careless use and unsafe storage of a firearm is Brian Fontaine 38 years of age from the South Shore of Fort Alex-

ander.

Police received a report of theft at the Pine Falls Golf Course. Several golf course lockers were broken into, still under investigation.

Police responded to a complaint of threats that were made to staff members at the Surf Club at Grand Beach. The matter is still under investigation.

A male subject was arrested along Highway 11 in the RM of Alexander after it was determined that he had assaulted his spouse. It was also learned that the subject had outstanding warrants for his arrest by Winnipeg Police service and was escorted to Winnipeg.

On Sunday, July 15th, an incident of assault was reported to police which occurred in the area of Albert Beach. The assault took place at a house

party and resulted in a male subject being charged with several criminal code offences. Several females were arrested after being involved in a fight in the community of Little Black River. The matter is still under investigation with charges pending.

Police responded to a report of a stranded boater along the Winnipeg River east of Pine Falls. The operator had been calling for help as he was swimming away from his boat. The subject along with the boat were located and returned to shore. Alcohol was found to be a factor in this incident. A water sport knee board was found in the area of Clarks corner in Powerview. Information about the board can be obtained from the Powerview RCMP office.

On Monday, July 16th, a vehicle fire was reported at the junction of Highway 59's and 304 at approximately 11:45 a.m. A McEwen Tractor Trailer unit caught fire as it was hauling Peat Moss from the stead area to Winnipeg. The driver and lone occupant of the vehicle attempted to extinguish the fire however was unsuccessful. The driver suf-

fered burns to his body

and a broken arm as a result of the fire and the explosion of one of the vehicles tires. He was transported to the Selkirk Hospital where he was treated for his injuries. The fire was caused by an overheated wheel bearing.

The Sagkeeng Child and Family Services garage on the North Shore of Fort Alexander was broken into over the past weekend where a 5 HP green coloured lawn mower was stolen, as well as a weed eater grass trimmer, and "Fiesta" Classic BBQ. There are no suspects in this incident.

A concession at the Grand Beach Boardwalk area was broken into between 2a.m. and 10a.m. on the 16th of July. Stolen was a case of Pepsi and chips. The incident is currently under investigation.

The Winnipeg River RCMP ask that if you have any information that might assist us with any of the above noted investigations or regarding any other matters, you are asked to call our office at 367-2222 or you can go through Manitoba Crime Stoppers at toll free 1-800-782-8477.

## Heat processing of fruit

Marilyn Zarecki, Home Economist

Manitoba Agriculture and Food, Beausejour, 268-6015, e-mail: mzarecki@agr.gov.mb.ca

With all the farmers' markets, roadside stands and U-picks open, it's time to do something with all those strawberries and saskatoons. Following are the latest recommended procedures for canning fruit.

### Preparation:

1. Prepare water bath canner: place rack in canner, half fill with boiling water, cover and return to a boil.

2. Prepare jars and lids:

• Check jars and lids for chips and cracks, discard if not in perfect condition. Use only new metal lids.

• Wash jars thoroughly in hot, soapy water and rinse well. Sterilization is not necessary as heat processing kills all harmful organisms.

• Place metal lids in boiling water for 5 minutes prior to filling jars. The boiling water softens the sealing compound and helps to ensure the seal.

3. Prepare fruit:

• Discard diseased or moldy fruit. Bruises and blemishes indicate the presence of micro-organisms.

• For best quality, pick or buy fruit on the day it is to be canned. Changes that occur even a few hours after picking can affect flavor, texture and possibly storage quality.

• Ensure that the fruit is neither immature nor overripe.

• Prepare only the amount of fruit that will fill the number of jars that will fit in the canner at one time.

4. Pretreat cut fruit to prevent browning:

• Place cut fruit pieces in one of the following color protection solutions as soon as they are peeled or cut, and until ready for processing:

• Dissolve a commercial ascorbic acid mixture in water as recommended in product directions.

• Mix 50 mL (1/4 cup) bottled lemon juice with 1L (4 cups) water.

• Dissolve 1 mL (1/4 tsp) ascorbic acid with 1L.

### Packing

Fruit may be prepared for processing in two ways:

1. Raw pack means putting raw, unheated food directly in jars. Boiling hot water, juice or syrup is poured over the food to obtain proper head space. Fruits packed raw should be packed tightly be-

cause they will shrink during processing.

2. Hot pack means heating the food to boiling (or cooking it for a recommended length of time) and then packing the hot food and boiling hot liquid in jars. Foods packed hot should be packed fairly loosely, as shrinkage has already taken place.

For both raw pack and hot pack, there should be enough liquid to fill in around and to cover the fruit in the jars. If not covered by liquid, fruit at the top tends to darken and develop unnatural flavors. It takes from 250 mL (1 cup) to 350 mL (1 1/2 cups) of liquid for a 1 litre (quart) jar of fruit.

Fruit juice, plain water or sugar and water syrups can be used to pack home-canned fruit. The sugar in the syrups helps retain the flavor, color

and shape but it does not prevent spoilage.

1. Pack the fruit into hot jars and add boiling liquid. Fruits are packed leaving 2 cm (3/4 inch) head space and one cm (1/2 inch) should be left at the top after liquid is added.

2. Slide a rubber scraper or spatula along the inside of the jars, gently shifting food to remove air bubbles.

3. Wipe jar rim to ensure a clean surface for the seal and put lids and rings on jar.

4. If using metal lids, centre lid on jar with sealing compound next to glass rim. Apply screw band until fingertip

tight.

### Processing

1. Place jars on rack in canner as they are filled. When jars are in place, add enough simmering water to cover jars by 5-8 cm (2-3 inches) and return to boil. Check guides for processing times for different fruits.

2. Begin timing when water returns to a boil.

### Post Processing

After processing, remove jars from canner to cool. Test for seal. Sealed lids curve downwards. Refrigerate any jars that do not seal and use within one week.

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## Host family volunteers needed

World Heritage is seeking families, couples or single parents (with or without children at home) who are adventurous, fun-loving, responsible and most of all caring, who are interested in hosting a highschool-aged foreign exchange student. By hosting a student from another country, your entire family will discover a world of fun and enlightening adventure. Students who spend a semester or year in Canada are fulfilling a lifetime dream. Canadian culture plays an important role all over the world; the English language is the international language of our times. Share your home for year; enjoy a friendship for a lifetime!

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## Pineview Slo-pitch league standings

TEAM	G	W	L	Pts.
Muskrats	13	12	1	24
Fire	13	11	2	22
Out of the Blue	13	8	5	16
Diamond Heads	14	7	7	14
Desperados	14	7	7	14
Diehards	12	6	6	12
Mohawks	13	6	7	12
Mustangs	12	5	7	10
Pistols	12	1	11	2
Bisons	12	1	11	2

## Pineview Slo-pitch league schedule

### TUESDAY, JULY 17

6:00 p.m.	OPEN				
	Bisons	vs.	Diamond Heads		R
7:15 p.m.	Fire	vs.	Pistols		J
	Out of Blue	vs.	Desperados		R

### WEDNESDAY, JULY 18

6:00 p.m.	OPEN				
	OPEN				R
7:15 p.m.	Mustangs	vs.	Bisons		I
	Muskats	vs.	Desperados		R

### THURSDAY, JULY 19

6:00 p.m.	Fire	vs.	Mohawks		I
	OPEN				R
7:15 p.m.	Bisons	vs.	Out of the Blue		I
	Mustangs	vs.	Muskats		R

### MONDAY, JULY 23

6:00 p.m.	Diehards	vs.	Fire		R
	Bisons	vs.	Diamond Heads		I
7:15 p.m.	Mohawks	vs.	Diamond Heads		I
	Muskats	vs.	Bisons		R

## NEWS TIPS?

The Winnipeg River **Echo** Phone 345-9896 or 367-9468

## FORT ALEXANDER MEDICAL GROUP

Are pleased to announce that we are now able to provide the people of Pine Falls and Powerview an alternative to the current availability of Medical, Pharmaceutical and Dental Care. We are now able to accept all patients regardless of Treaty Status.

Located in the Fort Alexander Health Centre  
 367-2208



## Golf tip of the week

Dale Mitchell,  
 CPGA Golf Professional

## Remember to Clean your golf equipment

Well folks has it been hot enough for you? Well I hope the golf game is as good as it is hot. Today's tip is one of the more simple ones but often forgotten ones. I was watching one of my members the other day and she hit a short chip shot that came up about 50 feet short of the pin. After she hit the shot she asked if she did anything wrong and my reply was the only thing I could see was her wedge was unrecognizable from the dirt. If she cleaned her club she probably wouldn't have been 50 feet short. It's a simple thing but some times it can make a huge difference. Also rumour has it that the golf ball flies farther when it's clean as well.

That's it for this week happy golfing.

## ANNOUNCEMENT



345-2121

1 Park Avenue, Lac du Bonnet  
 www.century21suncountry.com



Greg Crognali, Broker of CENTURY 21 Sun Country Realty is pleased to announce that

**DOUG SILVESTER**

has become part of the CENTURY 21 Sun Country Realty team.

Doug has been in the real estate profession for 16 years and has a wealth of experience and knowledge of the area. He has also been a long time resident of Lac du Bonnet.

If you are interested in buying or selling, please call Doug. He looks forward to serving his past & present clients from his new office and welcomes you to call or drop in.

"put the power to work for you"

**Papertown Motor Inn**  
 ECHOES ★ ★ ★  
 PRESENTS  
**STAR 69**  
 Band  
 July 19, 20, & 21  
 Thursday, Friday & Saturday

# Lac du Bonnet RCMP detachment report



The following constitutes the Police Report for Lac Du Bonnet Detachment for the period of the 5th of July to the 12th of July:

On the 5th of July, a report was rec'd of dangerous operation of a Personal Watercraft near Spruceland Drive in the R.M. of Alexander.

On the 5th of July, a report was rec'd of two under-age males in a burgundy coloured vehicle parked at the Town Dock in the Town of Lac Du Bonnet and appeared to be drinking from a brown bag. Police patrolled the area, however, did not locate a vehicle matching this description.

On the 5th of July, a report was rec'd of a red 16-speed bicycle and a green Mountain bike having been taken from a residence in the town of Lac Du

Bonnet.

On the 6th of July, a report was rec'd of an intoxicated under-age male at the Wilderness Edge Resort in Pinawa. The subject had caused a substantial amount of damage. Police arrested the subject and lodged him to sober up, and subsequently released him to a Child and Family Services worker. Arrangements made prior to his release for the damages to be covered.

On the 6th of July, a report was rec'd of vandalism at the Town Dock area in the town of Lac Du Bonnet. Benches and a picnic table were broken and garbage strewn about.

On the 6th of July, a report was rec'd of a vehicle having driven into the side of a business in the Town of Lac Du Bonnet. No injuries.

On the 6th of July, a report was rec'd of the theft of a number of rolls of copper wire, aluminium wire, and copper-clad telephone wire from a location along PTH #11 just north of Great Falls in the R.M. of Alexander. A beige and brown 2-tone pick-up, possibly a Chev, was observed loading same.

On the 6th of July, a report was rec'd of an unsafe vehicle being operated on PTH #11 in the R.M. of Lac Du Bonnet. Police stopped the vehicle on #11 just south of Great Falls, and found that the driver was unlicensed, the vehicle was uninsured, and improper plates were being displayed on same. The driver was issued two Offence Notices, the plates were seized, and the vehicle was towed.

On the 6th of July, a report was rec'd of a break and enter to a cottage on Spruceland Drive in the R.M. of Alexander. Stolen was a Sylvania VCR and a quantity of liquor.

On the 6th of July, a report was rec'd of a possible spousal assault of Marcus in the R.M. of Lac Du Bonnet. Police attended and found that no assault had taken place. One firearm was seized, however, due to being improperly stored.

On the 6th of July, a report was rec'd of damage to an aircraft parked at the dock west of the Marina in Pinawa.

On the 6th of July, a report was rec'd of a wallet being stolen at a business in the Town of Lac Du Bonnet, and later recovered in the business without the money which had been in it.

On the 6th of July, a report was rec'd of the passenger side mirror being broken on a vehicle parked along PR 502 in the R.M. of Lac Du Bonnet during the fireworks.

On the 7th of July, a report was rec'd from a Licenced Premises in the Town of Lac Du Bonnet that an intoxicated adult female was in the Premises after being barred and would not leave. The subject had departed prior to the police attendance.

On the 7th of July, a report was rec'd of a noisy party at a

residence in the R.M. of Lac Du Bonnet. Police attended and had the owner quiet the gathering down, and while at the location, charged an under-age male for consuming liquor.

On the 8th of July, a report was rec'd of noise at a location along the Bird River in the R.M. of Alexander. Police attended and the owner agreed to shut the function down.

On the 8th of July, a report was rec'd of a small vehicle driving around Pinawa playing loud music. Police patrolled, but did not locate a vehicle fitting this description.

On the 8th of July, a report was rec'd of an adult female possibly being off medication at a location in the R.M. of Lac Du Bonnet. Police followed up on this, as concern was expressed for her well-being, however, she was found to be safe.

On the 8th of July, a report was rec'd of an Intrusion Alarm at a location in the Town of Lac Du Bonnet. Police attended to find that it was one of the staff.

On the 9th of July, a report was rec'd of an intrusion Alarm at a residence on Riverland Road in the R.M. of Lac Du Bonnet. Police attended and found a door insecure, but no indication of an entry.

On the 9th of July, a report was rec'd from Pinawa of a Man's 18-speed Mountain Bike having been stolen from outside an Apartment. The bike was subsequently located on the lawn of a residence and reunited with its owner.

On the 9th of July, a report was rec'd from a location on McIntosh in the Town of Lac Du Bonnet of three under-age females having been observed stealing a bird-house from the property in question.

On the 9th of July, a report was rec'd of a vehicle having been broken into while parked over-night at Tooth Lake in Nopiming Park and a large quantity of items stolen from it.

On the 9th of July, a report was rec'd of a boat, outboard motor and trailer having been stolen from the vicinity of the boat launch at Still Cove in the

R.M. of Alexander.

On the 10th of July, a report was rec'd of the theft of a 14' Peterborough boat and a 9.9 Johnson Outboard Motor from the Bird River area in the R.M. of Alexander.

On the 10th of July, a report was rec'd of the theft of a green 18-speed bike from a residence of Park Ave. in the Town of Lac Du Bonnet.

On the 11th of July, a report was rec'd of an elderly adult male sleeping in a vehicle outside a business in Whitemouth. Police attended to the location, however, the subject had departed.

On the 11th of July, a report was rec'd from a location on McIntosh in the Town of Lac Du Bonnet of a dog being loose and attempting to bite the complainant.

On the 11th of July, a report was rec'd of an adult male having been involved in a Motor Vehicle Accident north of Black Lake on P.R. 314. The subject was found walking along the side of the highway, and was transported to Pinawa Hospital via ambulance. He was found to be missing from a location in Minnesota and was subsequently escorted to the Health Sciences Centre for a psychiatric assessment.

On the 11th of July, a report was rec'd of an adult male going for a pail of water at White Lake in Whiteshell Prov. Park, and subsequently being found deceased in the water. Cause of death believed to be accidental.

On the 11th of July, a report was rec'd from Leisure Falls in the R.M. of Alexander of vandalism to a garden, yard and yard ornaments.

On the 11th of July, a report was rec'd of building materials being stolen from a cottage on Laurilla Drive in the R.M. of Lac Du Bonnet.

On the 11th of July, a report was rec'd of two bikes having been found in the vicinity of PR 502 and Edward Crescent in the R.M. of Lac Du Bonnet. Bikes were a green Mountain Bike and a maroon-coloured Sportek.

On the 12th of July, a report was rec'd of windows being broken at the Man. Hydro pump-house at the Town-site at Seven Sisters in the R.M. of Whitemouth.

On the 12th of July, a report was rec'd of the loss of a trailer tail-gate with a Trailer Licence Plate on PR 313 or PTH #11 in the R.M. of Lac Du Bonnet.

On the 12th of July, a report was rec'd of an adult female laying on a driveway along PR 313 in the R.M. of Lac Du Bonnet. Police and ambulance attended and found that the subject was not injured and in fact had passed out from the heat.

## Lac du Bonnet Community Billboard

**PACE 7-1375:** meets first Tuesday of the month, Chicken Chef, Powerview meeting room.

**Sit and Be Fit exercise class:** Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

**Prenatal classes:** held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

**Lac du Bonnet Lions Club** meets the first and third Monday of each month, 7:00 p.m., LdB Community Centre.

**Lac du Bonnet Regional Library** open Tues and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

**Great Falls Women's Institute** meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

**Ladies' Auxiliary Royal Canadian Legion Branch #164** meets first Tuesday of each month 7:30 p.m. Legion Hall.

**LdB Committee on Family Violence and Abuse** meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

**Royal Canadian Legion Branch #164** general meetings third Tuesday of each month 7:30 p.m. Legion Hall. **Historical Society** meets second Tuesday of every month 7:00 p.m. Centennial School.

**St. John's ACW** meets first Monday of every month 1:30 p.m., parish hall.

**Lakeshore AF-Asen Group** Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

**Lakeshore Af-A Teen Group** Thursdays, 6:30 p.m. at Lac du Bonnet Youth Centre (McArthur Avenue). Phone Kathie 367-8237, Vickie 345-6520.

**Town of Lac du Bonnet Council** Meetings second and fourth Thursday of the month.

**Lakeshore A.A. meetings** every Sunday and Tuesday 8:00 p.m. at St John's Anglican Chu:sh. 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

**Ladies A.A. Meetings** Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 353-8357.

**Battered Women's Crisis Line** 1-800-362-3144.

**Lac du Bonnet Health Centre** Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

**Lac du Bonnet Wildlife Association** temporarily meets at the call of the chair. Call Peter 345-6190 for information.

**New to town?** Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

**Two Rivers Seniors Resource Council** Inc. Call Pat at the Lac du Bonnet office, Health Centre at 345-1227 or 348-4610. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers, information volunteers.

**Pioneer Club** Meets first Monday of month 9:30 a.m., Pioneer Club. **RM of Lac du Bonnet Council** Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

**Alzheimer Society** Theresa Conroy, Whitemouth 348-1505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Cadbank, Hadsah-ville.

**Little Day Buddies** Nursery School Tuesdays, Wednesdays and Fridays 9:00 a.m. to 12:00 noon, 12:30 to 3:30 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

To list your community event FREE OF CHARGE CALL 345-9896

## Lac du Bonnet Church Directory

### ABUNDANT LIFE CHAPEL

Pastor Jeff Andrews, church 345-2934, home 345-1950  
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer

### LUTHERAN CHURCH OF THE CROSS

Pastor Kullera Karlowicz, church 345-8654, office 345-2919

Sunday: 11:00 a.m. - worship service  
**NOTRE DAME CATHOLIC CHURCH**  
Father Richard Macburn, 345-2900

Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass  
Pinawa (senior school): 9:15 a.m. - Sunday mass

### ST. JOHN'S ANGLICAN CHURCH

Rev. Brian Rountree 367-8615, church 345-2357  
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.

## SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling Silver Haven at 367-4620 or Bernice at 367-8369

### Wednesday, July 18

Soup, beef stir fry, rice, bread pudding.

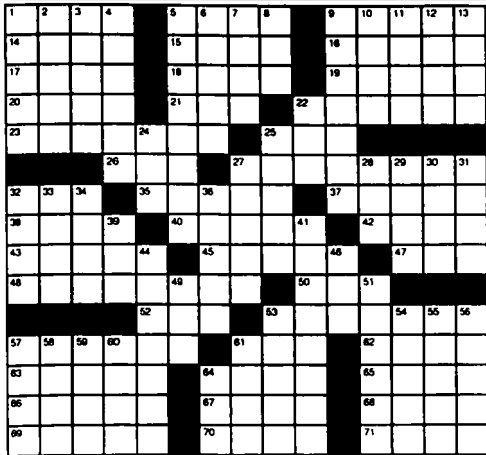
### Friday, July 20

Salad, chili and garlic toast, lemon cake.

### Monday, July 23

Soup, honey garlic chicken wings, hashbrowns, coleslaw, sex in a pan.

# WEEKLY CROSSWORD



**ACROSS**

- 1. Shopper's delight
- 5. Breakfast treat
- 9. Mortal
- 14. Actor Ladd
- 15. Revise
- 16. Area of action
- 17. Threat particles

- 18. Catcalls
- 19. Temporary shelters
- 20. Assert
- 21. Large vase
- 22. Protects from sun
- 23. Sahara and Gobi
- 25. Letter
- 26. Corrode
- 27. Most pointed
- 32. Small peg

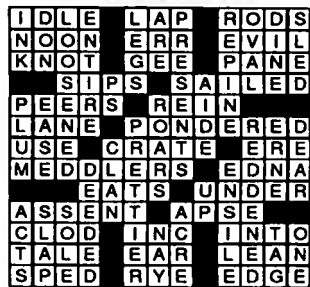
- 35. Glue
- 37. Spanish gentleman
- 38. Shade trees
- 40. Slightest
- 42. Assistant
- 43. Identical
- 45. Garret
- 47. Time period
- 48. Soak food to tenderize
- 50. Royal Air Force (abbr.)
- 52. "\_\_\_the season"
- 53. Help
- 57. Religious teaching
- 61. Dads
- 62. Furor
- 63. Worship center
- 64. Roman emperor
- 65. Anger
- 66. Servant
- 67. Explosive sound
- 68. Short jacket
- 69. Detested
- 70. English princess
- 71. Greek letters

- 9. "Faith of our \_\_\_"
- 10. Region
- 11. Care for
- 12. Poker stake
- 13. Irish girl
- 22. Red or Caspian
- 24. Knock
- 25. Thorax
- 27. Declare
- 28. Legume
- 29. Oklahoma city
- 30. Cake ingredient
- 31. Playing card
- 32. Athletic group
- 33. Cinder or Fitzgerald
- 34. Asian leader
- 36. Benches
- 39. Winter sport
- 41. Boring
- 44. Came in
- 46. Preserve
- 49. Trouble
- 51. Mel or Jose
- 53. English title
- 54. Loyalty
- 55. Eskimo abode
- 56. Adolescents
- 57. Laceration
- 58. Pitcher
- 59. Immediately, to an M.D.
- 60. Resurface the road
- 61. Peasant
- 64. Celtics organization (abbr.)

**DOWN**

- 1. Tossed or Caesar
- 2. Animated
- 3. Bowling areas
- 4. Menu offering
- 5. Debate summation
- 6. Scetus
- 7. King of the jungle
- 8. Lieutenants (abbr.)

**LAST WEEK'S ANSWERS**



## CRYPTIC PUZZLE

"XGBT KA RC KDDTAKAFKQXT PTAKDT  
FG QT KDDTAKAFKQXZ PTAKDTP."

- DGQTFD YDGA

Each letter represents another letter in the alphabet.  
See if you can break the code to figure out the famous quotation

**Last Week's Solution**

WHAT THE WORLD REALLY NEEDS IS  
MORE LOVE AND LESS PAPERWORK.

- PEARL BAILEY

# WEEKLY ECHO HOROSCOPE

for the week  
of July 16 to July 22

**Aries - March 21 to April 20**



You desire freedom. Go for it. Set an agenda. Follow your heart and your dreams, but remember to hold your tongue and emotions. Talking without thinking on the 21st could require mending fences with friends and family.

**Taurus - April 21 to May 21**



Weigh all options before planning the last getaway of the summer. Compromising with your partner on where to go won't be easy, but it will smooth out the rough patches in your relationship. If your partner is too disagreeable, consider going alone.

**Gemini - May 22 to June 21**



Don't let anyone talk you into doing something you do not want to. Be on the lookout for an invitation to a gala event; it will turn out to be fascinating. Wearing dark green, the color of nature and the earth, will make you stand out in a crowd.



**Cancer - June 22 to July 22**  
Wanderlust overtakes adventurous Sagittarius as trips stateside and abroad are planned. Jealous friends try to talk you out of the journeys. Keep your passport updated. Romantic possibilities multiply.

**Leo - July 23 to August 23**



Too many things vying for your attention? Burying anger toward your responsibilities could backfire. Write down your feelings and thoughts before vocalizing them. Laughter breaks the tension.

**Virgo - August 24 to September 22**



Ah, romance. But can you remain true? Only time will tell. Focusing on the everyday aspects of life may become difficult when blurred by the rosy color of love. Keep a close eye on finances. It's easy to go overboard on luxury items.

**Libra - September 23 to October 23**



Strike up the hand and strike out on your own! A business opportunity presents itself, and the financial rewards may be too great to pass up. For a control freak like you, this could be a dream come true.

**Scorpio - October 24 to November 22**



As it gets closer to your birthday, focus on upcoming plans for change and improvement. Family members outwardly support your desire to change but silently want you to remain the same. Try some gentle persuasion.

**Sagittarius - November 23 to December 21**



For a rainbow to appear, you must have rain. Resolve negative feelings through communication and discussion. Set new goals and think big. The only thing holding you back from a new career opportunity is you.

**Capricorn - December 22 to January 20**



A positive mental attitude helps as you are torn in two directions. Do not be the messenger between the two sides. Instead, ask if you can be the mediator and then step back. After all, you need to take care of yourself!

**Aquarius - January 21 to February 18**



If the competition is too tough, ask for some help. Strong-willed Iaurus asks for a favor so infrequently that others are willing to jump at the chance. This may be the time to break an old habit.

**Pisces - February 19 to March 20**



Simplify your lifestyle this week. Too many people and things are requiring your attention, and you are becoming frazzled. Persistence faith, desire and determination help get you back on track by the week-end. Celebrate.

# Echo Classifieds

**For Sale**  
**1974 mobile home** - 14 x 60, includes attached porch, wood electric furnace, fridge, stove, dishwasher, washer and dryer. All new windows and rear residential door, new cupboards, two airconditioners and set of bunkbeds. \$11,000, call 367-2088. 49-TFN

**Miscellaneous** - Honda snowblower, 5 hp., VGC, \$350; 4 winter tires, new w/ studded tires w/rims for Ford car, 215-65-15, \$500; couch and chair, good cond., extra cushions, \$400 OBO; small deep freezer, \$150; elec. fire-place, \$250; call 367-2673 or 367-8604. 7-4x

**House for Sale** - Pine Falls, 3 bedroom, 2 storey, central air, new electric furnace, fireplace, 2 car garage, new carpeting, across from school. Priced to sell, call 367-8994 or 367-5267.

**Bankruptcy**  
**Bankruptcy Info-line** - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TFN

**Lost and Found**  
**Keys lost:** 1 set of keys lost on Sunday, June 24 at Manitou Lodge. Please call Cynthia 367-4817. 7FN

**Music Lessons**  
 August 7 to September 15, \$60.00. guitar (electric and acoustic), bass guitar, violin (fiddle & classical), mandolin. Regular lessons begin, September 17. Phone 268-0888 or 268-9007, Don. 8x-4

**Miscellaneous**  
**For those hidden treasures** - Blue Water Antiques and Collectables, located behind Catch and Release Motel, half mile past dam. Open 10:00 a.m. to 5:00 p.m. Tuesday to Saturday, closed Sunday and Monday. 7-4x

**In Memoriam**  
**Joan Sokoloski** (nee Mulligan)

In loving memory of a daughter, grandmother, who passed away. Time may heal the broken heart. Time may make the wound less sore, but time can never stop the longing for the loved and remembered by your husband, sons, daughter-in-law, grandchildren and In-laws.

**For Rent**  
**Office space in Lac du Bonnet** - Prime office space for rent, located in downtown Lac du Bonnet, phone 345-8294.

**Services**  
**Guaranteed Jewellery and Watch Repairs:** guaranteed lowest prices, 100 First Street, Lac du Bonnet, phone 345-9451. 7FN

**Birthdays**

**Birthdays**



**Guess Hula's 50!**

Best wishes from  
**The Alberta Hula Dance Club**

## UNDER THE PLANNING ACT NOTICE OF PUBLIC HEARING REGARDING BY-LAW 06/01

The Council of the Rural Municipality of Alexander under the authority of The Planning Act will hold a PUBLIC HEARING at the office of the Municipality at St. Georges, Manitoba on the 24th day of July, 2001 at 11:00 a.m., at which time and place the Council will receive representations and objections from any persons who wish to make them in respect of By-law No. 06/01 to amend the R.M. of Alexander Zoning By-law No. 08/98 as amended.

A copy of the above noted By-law of the Rural Municipality of Alexander and supporting material may be inspected by any person during regular office hours from 8:30 a.m. to 4:30 p.m. Monday to Friday at the office of the Municipality at St. Georges, Manitoba.

The general intent of By-law 06/01 of the Rural Municipality of Alexander is to amend Zoning By-Law Map 7-30 in order that that area described as follows:

- (1) Lot 1, Plan 22597 WLTO being part of the NE 25-28-9 and SE 36-18-9EPM at present zoned "RR2" Rural Residential Zone be rezoned to "RG" General Seasonal Residential Zone.

and as shown outlined by a heavy broken line on Appendix "A" below.



**APPENDIX "A"**  
 Attached to By-law No. 06/01 of the Rural Municipality of Alexander Amending Zoning Map 7-30 of By-law No. 8/98 Being the Rural Municipality of Alexander Zoning By-law as amended.

Scale 1"=400'

**LEGEND:**  
 RG "RG" General Seasonal Residential Zone  
 Limits of area affected

**MANITOBA**  
 Information Services  
 Open May 20, 2001  
 Reg. No. 623-66-222

Rose-Marie Blanchette, Chief Administrative Officer  
 Rural Municipality of Alexander

**Obituaries**

**Obituaries**

**Help Wanted**

**Aileen Rebecca Oder** (nee Small)  
**February 10, 1916**  
**July 10, 2001**



Aileen Oder was born in Winnipeg, MB on February 10, 1916 to John and Sarah Small of London, England. She lived in Lac du Bonnet where she grew up and went to school. She went to Normal School after Grade 12 and became a teacher. Her first school was in Brookfield School District (1937 - 1938). She taught in Lac du Bonnet for a few years and then in Hamiota where she enjoyed a special friendship with Helen Maitland and family and then East Kildonan for 5 years.

During the war years, she was asked by Frank Waters to write news letters to all the local boys overseas. Aileen kept all correspondence and later wrote a book which was called "Hello Soldier". This was done especially in memory of her only brother F/O Fred George Small who was killed October 1943 over Germany. This book later became a film (The Last Farewell) which we still see on Remembrance Day.

Aileen married one of her soldier boys, Helge Oder from Brookfield on July 3, 1948. During their 53 years of marriage, Aileen was asked to put together the history of Lac du Bonnet, titled Logs and Lines by her good friend Betty Lange, and endorsed by the Senior Citizens Pioneer Club of Lac du Bonnet. Aileen was an avid reader and kept in touch with all her friends with weekly letters and cards. She always encouraged the children to read and write letters - once a teacher always a teacher.

Aileen is survived by her husband Helge; her two nieces Marlene DePaulo of Tyndall and family and Dorothy Boznianin and family of Lac du Bonnet and several great nieces and nephews.

Cremation has taken place and a Memorial Service will be held on Friday, July 13 at 11:00 a.m. at the St. John's Anglican Church in Lac du Bonnet.

In lieu of flowers, donations in Aileen's memory may be made to a charity of your choice.

Sobering Funeral Chapel & Crematorium in care of arrangements. Phone 268-3510 or Manitoba Toll Free 1-877-776-2220.

### The Powerview Dental Centre

is now accepting applications for a  
**Full-time or Part-time  
 Dental Hygienist.**  
 Please send resume to:  
 Box 266, Powerview, MB R0E 1P0

### The Winnipeg River Echo

#### CLASSIFIEDS

REALTY - FOR SALE  
 FOR RENT  
 HELP WANTED  
 CARDS OF THANKS  
 IN MEMORIAM  
 LOST & FOUND  
 SERVICES  
 EMPLOYMENT

**\$4.50**  
 for the first 25 words  
 15¢ per additional word

**Phone 345-9895  
 or 367-9468**

**DEADLINE  
 FRIDAY  
 3:00 P.M.**

# Liven up your outdoor space

## Container gardening - growing your garden in a box

Gardening is one of Canada's fastest-growing outdoor leisure activities. It can also provide a sense of personal satisfaction and pride, not to mention the benefits of physical activity and 'getaway' from the stresses of day-to-day routines. However, not everyone has an acre of land in which to grow their favourite plants. This year's hot new trend and perfect solution for those with limited outdoor space, as with apartment and condominium balconies and houses with small backyards, is 'container gardening'.

A great alternative to regular gardening, container gardening is essentially 'gardening in a box'. It allows you to be as creative as you want by customizing your containers to suit your personal style and outdoor decorating themes. You can choose from a wide variety of styles and sizes of containers and a wide selection of plants. Other advantages include being able to move your containers around for different looks and adding an instant splash of colour to your outdoor space!

Whether you are new to gardening or a seasoned green-thumb, container gardening is sure to make your gardening efforts easier, creative and lots of fun. To help you get started on your own container garden, the gardening team at Canadian Tire offers the following tips:

Selecting the right container  
Take a look at the space



you have to work with - how much room do you have? What sort of look are you going for? Would long boxes look better than square ones? One of the most important things to remember when choosing a container is to check that it has holes in the bottom for draining excess water.

Here are some of the more popular choices for containers:

Clay pots - admired for their beautiful earth tone colour, clay pots are a traditional favourite among gardeners. However, be prepared to water more frequently as clay is porous. Moisture is lost more readily from the sides and bottom. These beauties are also breakable and can be quite heavy. It's probably best if they remain in one location throughout the season. Because of their porous nature clay pots should be brought indoors for the winter.

Light-weight plastic

containers - If mobility is important, then go with this type of container. They come in a variety of shapes and colours including imitation clay and concrete-looking pots so you can have the look of the real thing, without the weight.

Wood - another popular material for containers, it is also great for portability and comes in a variety of styles and sizes. Redwood or cedar is relatively rot resistant and can be used without staining or painting.

If you still can't decide which containers to use - select a variety of styles to give your space a unique look. You can also try recycling old buckets, cans or similar containers.

Things to keep in mind

Remember to also keep in mind the type of plant when selecting the right pot. There needs to be a balance between the top growth and the root systems of the plant. Small plants can be grown

in fairly small, shallow containers while larger plants require a deeper container. Plants in "stressful" locations such as a patio exposed to the sun, or in elevated locations, may need a slightly larger container, to hold more soil and water than ones less exposed. By selecting the right plant for the containers you want to use, you will have better show and less maintenance.

Choosing the right plant  
Select the best variety based on the area in which

you plan to place your containers - whether it is sun, partial shade or full shade. Annuals are great for containers as they produce colour for the entire summer and early fall. Try mixing annuals and perennials of different colours and textures to create interest in your containers. Mounding or trailing plants, such as miniature trailing petunias, Ivies or Bacopa, look great flowing over the edges of a container. Also, try the unique Wave Petunia

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