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[#40]
Vol. 1, No. 22

[March 13/2001]
Tuesday, March 6, 2001

\$1.00 tax included

School Division budget finalized

Agassiz School Division is proposing a \$1.3 million budget increase, representing a 3.5 mill increase in school taxes

by Charles Norman

Part of the increase is to deal with the effect of a deficit two years ago of \$1,151,000. At the time the division had an accumulated

surplus of \$624,000, thus the net shortfall was \$527,000. The division is committed to eliminating this deficit over a three-year period at a rate of \$175,000 per year. In the

1999-2000 school year \$168,000 was allocated to the deficit which now stands at \$359,000. To deal with the crisis the division has reduced expenditures by

\$600,000, but feel that any further cutting would endanger educational programs. The division has decided not to do this.

Other factors driving the need for more funds are the increases in the price of natural gas and fuel for school buses. This alone accounts for \$279,000 per year. Collective agreements are also up for renegotiation this year and a dollar amount has been estimated to deal with any increases in salaries.

Another factor is the *Schools of Choice* program. Under this program parents

can opt to send their children to schools in other divisions. The revenue from the provincial government for these students is then transferred to the other division. Agassiz is losing more than it is gaining under this program – perhaps influenced by the fact that the division rates below average in the province.

The School Board meets Monday and Tuesday, March 12 and 13 to finalize the budget and to determine how to deal with the exodus of students under the *School of Choice* program.

Wildlife's annual snow golf a success

A total of 88 men and women came out to support the Lac du Bonnet Wildlife Association at its annual snow golf tournament this past Sunday afternoon. Although the weather may not have been balmy, golfers did their best to cope in the cold, and execute their strategies. See story page 4.



Meeting set for hog operation

by Charles Norman

The Rural Municipality of Alexander has set a date for an informational meeting on the Hans Muster hog barn operation.

The operation calls for a 6,000 hog feeder project in the RM of Alexander close to the borders of the RMs of Lac du Bonnet and St. Clements. Three barns are proposed, all of them in the RM of Alexander. Hogs will be "finished" ie. taken from about 30 kilograms to market weight.

Since disposal of manure is the major problem associated with animal feed operations, they are classified in terms of Animal Units of Livestock Manure. The RM of Alexander zoning regulations require

a special permit for operations larger than 250 Animal Units of Livestock Manure. Muster's proposal calls for 858 Animal Units. A technical review by the provincial government is also required.

The technical review has found no major problems with the Muster proposal which is about 2,000 yards from the nearest building, and about 11 miles downwind of Stead, the closest community.

The informational meeting will be held Tuesday, April 17 at 7:00 p.m. at the RM council chambers.

Not Reeve Harbottle, nor any of the RM councillors would make any comment on the desirability of the proposal until "all the facts were in".

Lavallee wins Pine Falls mixed 'spiel

This past weekend was the Pine Falls annual mixed bonspiel. There were 27 rinks entered in this years event.

A event was won by Bill Lavallee (skip) and his rink of Joanne Dubé (third), Henry Dubé (second), and Jeannine Lavallee (lead). Lavallee beat out Nick Ogryzlo (skip), Valarie Anderson (third), Barry Place (second), and Pat Nixdorf (lead) with a 5-3 win.

B event was won by

Jack Bonekamp (skip), Kim Bonekamp (third), Rick Rusk (second), and Margie Nault (lead) who beat out the Tim Day rink.

C event was won by the Vic Dupont (skip), Michelle Dupont (third), Mike Dupont (second), and Norma Dupont (lead) who beat out the Shawn Prowse rink.

The bonspiel was again another great weekend. The ice conditions were very good thanks to iceman Reece Allison and his

workers.

Other winners in this years bonspiel were the Bob Chisholm rink who won third in A event, James Steedsman rink who won forth in A event, Gavin Fredrick rink who won third in B event, McCuish rink who won forth in B event, Rose Blanchette rink who won third in C event and the Louise Wert rink who won forth in C event.



A event winners: Jeannine Lavallee, Henry Dubé, Joanne Dubé and skip Bill Lavallee.

ROYAL CANADIAN LEGION BRANCH #164
ST. PATRICK'S DAY DANCE
Saturday, March 17
 8:00 p.m., Lac du Bonnet Legion Hall
FREE ADMISSION
 Members & Guests Welcome!
 ENTERTAINMENT
Double Trouble



B event winners were Margie Nault, Rick Rusk, Kim Bonekamp and skip Jack Bonekamp.

BINGO
COMBINED ACCUMULATORS

Bonanza starting value this week \$2132 IF WON POT STARTS AT \$800 Add 50% of sales on Monday. If not won, carry over total plus 50% of sales to Wednesday. If not won, carry over total plus 50% of sales to Thursday.	Minnie Loonie starting value this week \$987 IF WON POT STARTS AT \$200 Add 30% of sales on Monday. If not won, carry over total plus 30% of sales to Thursday.	Lucky 7 \$277 in 18 numbers POT FREEZES AT 25 NUMBERS Add one # plus 30% of sales carry over on Monday. If not won, add one # plus 30% of sales carry over to Thursday. IF WON POT STARTS AT \$200 in 17 numbers or less
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IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL.
 FOR UPDATES CALL 345-8825

Knights of Columbus Lac du Bonnet Community Centre Specials 7:00 p.m. Lot Lic. 594 Every Monday Evening	Bonus Line - \$1416.00* Star - 969.00* Loonie Pot - Special "Y" - 165.00* Jackpot Strip - 605.00* Poker Flush - 139.00*
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FOR UPDATES CALL 345-8619

Lakers Ski Club Lac du Bonnet Community Centre Specials 7:00 p.m. Lot Lic. 874 Every Thursday Evening	Bonus Line - \$944.00 Star - 325.00 Loonie Pot - 94.00 Poker Flush - 4808.00 Special "Y" - 393.00
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FOR UPDATES CALL 345-6197

Royal Canadian Legion #164 Lac du Bonnet Legion Hall Specials 7:00 p.m. Lot Lic. 453 Every Wednesday Evening	Bonus Line - \$5778.00 Star - 340.00 Lucky 7 - 1147.00 Full House 49 numbers \$1000 Poker Flush - 661.00 Mini Loonie - 4957.00 #1 Loonie - 108.00 #2 Loonie - 4450.00 Jackpot Strip - 167.00
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C event was won by Norma Dupont, Mike Dupont, Michelle Dupont and skip Vic Dupont.



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LdB hosts municipal bonspiel

by Toni Bruneau

The Town and Rural Municipality of Lac du Bonnet hosted the sixth annual North Eastern Municipal Curling Bonspiel last week Thursday, March 8.

The bonspiel was developed for municipal governments, corporations, other government bodies and suppliers to get together on an informal basis.

Organizers did an excellent job creating a hospitable atmosphere for curlers from across the Eastern District, as well as including local input of organizations such as The Lac du Bonnet Youth Centre, Lac du Bonnet Bowling Lanes and the Lac du Bonnet Curling Club.

This year's 'spiel was attended by 24 rinks which represented organizations such as the Department of Highways, Manitoba Hydro, the RM of Alexander, the LGD of Tyndall and Agassiz Weed Control, to name a few.

This year's event saw exceptional talent, admirable effort and all participating teams share in some great fun. Each team curled three two-end games, competing for total points at the end of the bonspiel.

Top spot this year, apparently being the bridesmaid for the last three years, was the

team of Mike Hollas, Doreen Boulet, Ray Parker and Bill Blanchette. Representing Manitoba Hydro's Property Department, this foursome collected a total of 11 points for first pick at the prizes.

Mike Hollas, when asked how he viewed this year's municipal bonspiel, said, "It was probably the best ever. I'm really happy with the entire turnout and everybody's participation."

Trailing close behind for second place honors, with nine points, was an RM of Lac du Bonnet entry consisting of Marlene Watson, Don Halbert, Rachelle Arseniuk and Conrad Lussier.

Following the final draws participants gathered upstairs in the Curling Club lounge for dinner and awards presentations.

RM of Lac du Bonnet Reeve Dorothy Boznianin was on hand and welcomed curlers



Mike Hollas, Doreen Boulet, Ray Park and Bill Blanchette, representing Manitoba Hydro, collected 11 points and top spot at this year's municipal bonspiel.

to Lac du Bonnet. She said, "I hope you had a real fun day, that's what it was meant to be."

Reeve Boznianin went on to

congratulate the people who put so much effort into the day's organization including Rachelle Arseniuk, Lorette Zolondek and Albert Hildebrand. Boznianin acknowledged Lynn Fosty from the RM office with a gift for all her hard work.

Town of Lac du Bonnet Mayor Glen Hirst was also on hand. Mayor Hirst thanked everyone for their participation, both the curlers and those who donated to the huge selection of prizes available to all

who took part in the 'spiel.

He made acknowledgements to CAO Colleen Johnson and Sue Brotherton of the Town of Lac du Bonnet for their contributions in organizing a first-class event.

Johnson said, "We received many positive comments on the day. Many people contributed to the success of the bonspiel."

It was announced after awards presentations, that next year's bonspiel will be hosted by the RM of Alexander.



Riley, with Mom Debbie, was just as enthusiastic as the participants in the municipal bonspiel last week, as he sits rink-side to cheer on his parents, Debbie and Duane Versluis of the LGD of Tyndall

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What are your views on the minimum wage?

The Minimum Wage Board of Manitoba would like to know the views of the public on the minimum wage paid to employees.

As well, the Board invites comments and views on these related issues:

- a different minimum wage for workers receiving tips/gratuities
- a different minimum wage for trainees
- the classes of workers excluded from the minimum wage
- linking the minimum wage rate to economic or other indicators.

Please forward your written submission by **APRIL 30, 2001** to:

Secretary
Minimum Wage Board
409-401 York Avenue
Winnipeg, MB R3C 0P8
Fax: (204) 948-2085
E-mail: mwb@labour.gov.mb.ca

If there is sufficient interest, the Board may also arrange for public hearings. Please notify the Board Secretary at (204) 945-4889 by **APRIL 30, 2001** to register your interest in making an oral presentation.

Minimum Wage Board
John Godard
Chairperson

Manitoba Labour and Immigration

LdB Wildlife hosts annual snow golf tournament

by Toni Bruneau

A total of 20 teams braved a biting breeze this past

weekend, with their favorite club in hand, getting an early start, very early, to this year's

golfing season.

The Winnipeg River was peppered with 88 golfers whose enthusiasm was far from frozen, as they made their rounds, visiting 18 holes in the Lac du Bonnet Wildlife Association's annual snow golf tournament Sunday, March 11. The association has been hosting this potentially frosty frolic for approximately 20 years now, with proceeds going towards Lac du Bonnet Wildlife Association projects.

The men's division this year had eight entries and was won by a three-man team, Dave Lane, Greg Lane and Rob Duda.

The ladies' division saw six teams compete with the result of Claudia Byzeck, Sharon Sveinson, Glenda Hopko and Jane McMillan taking first place.

Barb Dooley, David Dooley, Dorreen Champagne, Pat Harrison and Fay Dooley were the champs in the mixed division out of six

entries.

Golfers were treated to a steak supper at The Lakeview following the 18-hole play which preceded awards presentations and draws of a long list of raffle prizes.

President of the Lac du Bonnet Wildlife Association Peter Humble said it was a good turnout, and thanked everyone for joining in on the fun.

Humble also announced that he and his wife, Lenora

Gavaga, were considering retiring as executive for the association. Both Humble and Gavaga have been involved with the Wildlife Association for many years, in addition to Humble's six years sitting as president and Gavaga's eight years as secretary-treasurer. Brian Hattai thanked them for the great job of putting on the event and for their commitment to the Wildlife Association.



Glenda Hopko, Sharon Sveinson and Jane McMillan (missing), won in the ladies' division at this year's snow golf tournament.



Winning the mixed division was Doreen Champagne, David Dooley, Barb Dooley, Pat Harrison and Fay Dooley.



Easy shot right Kevin?! Oops... although mentally prepared, with total concentration on the ball, this ten inch putt was unfortunately, unsuccessful.

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Pine Falls Legion Dinner & Dance
SATURDAY MARCH 17



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TICKETS \$10.00



Travis Mazur, Kevin Lussier, Norm Ritchot, Brian Hattai and Cory Hobbs made up one of the eight mens' teams entered in the Lac du Bonnet Wildlife Association's annual snow golf tournament held last Sunday afternoon.



Bundled up and beautiful, Susie Rivera, Audrey Catellier, Marlana Law, and Trish Erickson were one of six all-female teams who braved the frigid winds to compete in this year's annual snow golf tournament.



Paul Chapman is a loyal Lac du Bonnet Wildlife Association supporter who faithfully takes part in the snow golf event. Although he "usually wins" Paul will have to try his luck again next year. Sorry Paul... nice stance by the way.

Hollywood's Harrelson to sponsor Green Kids

by Charles Norman

Green Kids, sponsored locally by the Manitoba Model Forest, have added Hollywood actor Woody Harrelson to their list of supporters.

Green Kids visited Pine Falls at the end of February and will be in Powerview, Wanipigow, Scantebury, Grand Marais and Bissett at the end of May. They are a not-for-profit environmental group from Winnipeg, who put on environmental awareness plays for elementary and middle schools.

Harrelson, a celebrated environmentalist, heard about the group in 1988 and flew

them to San Francisco where they performed in local schools. Harrelson has made a promotional video-tape based on the San Francisco appearances. He said "What Green Kids is doing is so exciting. It goes straight to the kids and it helps educate them in the topic at the same time as making them laugh." Green Kids consist of university actors who are hoping to carve a place in the acting profession. Usually there are three actors in a Green Kids show.

Woody Harrelson played a young barman in the television sitcom *Cheers* several years ago.

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Thank You!
 The Lac du Bonnet Skating Club would like to give a BIG THANK YOU to **Marjorie Gould** and **Laverne Wojciechowski** who volunteered their time at the recent Bank of Montreal Canadian Championships held in Winnipeg in January 2001.
 As a direct result, the Lac du Bonnet Skating Club received a cheque for \$556.58 from the Skating Events Trust Program for their efforts.
 Marjorie Gould is the grandmother of Jessie Gould, one of our Skate Canada Test Program Skaters and Ian Gould, one of our Canskaters. Laverne Wojciechowski is one of our adult skaters in the Skate Canada Test Program.
A Big Thank You Again!!!

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Sagkeeng High School student, sick and tired

I am writing this to share my feelings about my school. First of all I personally think that this school is not what it should be. Why? Look at how dirty and vandalized it is. Don't you feel embarrassed whenever we have visiting school teams and other visitors come into our school? Do you ever ask yourself what they are thinking when

they first walk into the school and all they see is a bunch of garbage all over the place? What ever happened to rules? Sure this school sets rules, but why don't they ever stick to them? It is so easy to skip in this school, everybody skips everyday and the teachers or principal don't do ANYTHING about it. When people ask me what

school I go to, I am ashamed to say that I got to Sagkeeng High School. I am sick and tired of seeing students who wreck our school. Why don't they ever get suspended? During our gym classes we can't participate at times because the students who are skipping their regular classes always come into our gym class. Why doesn't anyone say anything about it? Why are students always high in school and they don't get disciplined? To me this school just seems like a drop in centre where students just hang out with their



ECHO MAIL:

Letters to the Editor

Box 550 Pine Falls, MB Ph: 367-9468 or 345-9896 Fax: 367-9974 or 345-0004

friends. There are students who do come here to do their work and want to get an education, but I think the students who just wander the halls and cause trouble, should be dealt with. I get so angry whenever I see students talk back to their teachers when they are trying to send them to class. I mean, what's the point of coming to school if you don't want to go to class? Isn't school a place where you come to learn? Does this school have a student council? If so, why don't

they ever have meetings anymore? Cause I think that this school could use more school activities, don't you? I've only been here for a couple of years and I've seen so many bad things happen. I know when you've read this you'll probably just laugh, but I am a student sharing my thoughts about our school and that I know this could be a better place if we'd just be better people because we are young adults and we should act our age.
A concerned student

Pine Falls Community Billboard

MMF Powerview Local meeting February 27, 7:00 p.m., Papertown meeting room.

Helpers Journey A six week Caregivers Workshops beginning Monday, October 23, 7:00 p.m. Whittemouth Seniors Club room. Call Diane at Two Rivers Seniors 348-4610 for info.

Prenatal classes: held regularly at Pine Falls. Please register with Gail 268-6106 or call your local public health nurse.

Library Allard: Library Hours: Tuesday 10:30 a.m. to 5:00 p.m. Wednesday - Thursday 1:00 to 5:00 p.m. 6:30 to 8:00 p.m. Friday: 1:00 to 5:00 p.m. Saturday: 10:30 a.m. to 4:00 p.m.

Beaches Library: Library Hours: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. - 2:00 p.m.

Knight's of Columbus: Meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement

Silver Haven Club: Cribbage - every fourth and fifth Monday, 1:30 p.m. - What - every Thursday, 1:30 p.m.

Winnipeg River W.I.: meetings third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges.

Pine Falls Health Auxiliary: meetings first Tuesday of every month, 1:30 p.m.

Cottage Country Business Assoc.: Meets first Monday of the month, 7:00 p.m. October through May, ph. 756-2596

Alcoholics Anonymous: - Sunrise Group - Meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. Last Friday of the month open to the public. Located at St. Georges Catholic Church basement

Pine Falls Legion: Meetings held second Thursday of the month 7:30 p.m. Legion. Meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Library open 3:00 p.m. to 5:00 p.m. Monday and Thursday

Pine Falls Masonic Lodge # 154 - meets second Friday of every month. Pine Falls United Church except January and February.

Badminton - Pine Falls School gym, Sunday and Wednesday nights, 7:00 to 10:00 p.m.

Powerview garbage pickup every Wednesday, recyclable pickup first and third Thursday of each month

P.A.A. meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview meets second Tuesday of each month

Winnipeg River Senior Service Inc. Coordinator: Tina Polischuk, Pine Falls Health Complex, phone 367-9128, 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info

Family Care Giver Support Group at the United Church, Pine Falls, last Thursday of the month, 7:00 p.m.

AA & Al-Anon - The Beaches family group, Thursday 8:00 p.m., Senior Scene, Victoria Beach, 1 Ateah Road, 756-8018 or 756-2101

Happy Tots Day Care - 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare

Senior Scene Inc. #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month. Call 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches Help Centre - 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council - meets first Thursday of every month

Great Falls Hall Workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Winnipeg River Church Services

NOTRE DAME DU LAUS: POWERVIEW - Saturday evening 7:30 p.m. (English), Sunday 8:30 p.m. (French), 10:30 a.m. (English); **STEAD** - Saturday 5:00 p.m.

PINE FALLS UNITED CHURCH: Sunday service Sunday school 11:00 a.m. Rev. Jack Ballantine-Dickson. Office hours: Tuesday to Friday 10:00 a.m. to 12:00 noon, ph. 367-2633.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347. Rector, the Rev. Brian Rountree. Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais. Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info call 635-2625 or 754-8682

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wednesday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantebury, on Hwy #59

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday Closed November 1 to April 30th

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations. Sunday mass 10:30 a.m.

ST. THERESA R.C. MISSION 88 Glendale Avenue, Grand Marais. Mass or community service 11:30 a.m. first Sunday of November to last Sunday of April. May through October mass 10:00 a.m. Sunday

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

LdB RCMP report



The following constitutes the police report for the Lac du Bonnet detachment, March 1 to 8.

March 1: A report was received of a disagreement between an underage female and her mother at a residence in Lac du Bonnet. The girl in question had fled the home and did not wish to return, so she spent the night elsewhere.

A report was received of an intoxicated adult female in the lobby of a licensed premises in Lac du Bonnet who was causing a disturbance. Police attended, however, the subject's husband had taken her home.

March 2: A report was received of an intoxicated adult male at a residence in White Mud Falls in the RM of Alexander who was causing problems and would not leave. Police attended and arrested the subject on the strength of an outstanding warrant from Winnipeg River detachment.

A report was received from a resident of Fifth Street in Lac du Bonnet of an unknown per-

son or persons entering the yard and turning the satellite dish.

An underage male was apprehended operating an unregistered snowmobile along the Blueberry Rock Road in the RM of Lac du Bonnet. The snowmobile was towed and the subject was charged accordingly.

March 3: A report was received of an injury snowmobile accident on the Pinawa Channel in the RM of Lac du Bonnet. Investigation revealed that two snowmobiles had met head-on on a curve and both drivers were deceased.

A report was received of local youth harassing an out-of-town hockey team at a business in the Town of Lac du Bonnet. Police attended and found that the subjects in question had departed.

March 4: A report was received of an intrusion alarm at a cottage on Elsie Street in Still Cove in the RM of Alexander. Police attended to find that the alarm was false.

A report was received of a spousal assault at a residence in Lac du Bonnet. Police attended and arrested an adult female, who was lodged for the night and released for court.

A report was received of a possible impaired driver stuck in the ditch near Elma. Police attended, however, could not substantiate a charge. The vehicle was towed and the subject given a lift home.

A report was received of a ring being found in downtown Lac du Bonnet. The owner may claim same at the detachment by providing a description.

March 5: A report was received from a resident of the RM of Lac Du Bonnet of receiving hang-up telephone calls.

March 7: A report was received of a single-vehicle semi-trailer accident on PTH 11 at Elma in the RM of Whittemouth. Police attended and found that the adult male driver was deceased at the scene.

March 8: A report was received from Selkirk detachment of a veterinarian from Selkirk having removed a .22 calibre bullet from the leg of a dog whose owners reside on Tetrault Road in the RM of Lac du Bonnet. The dog was apparently shot between December and the third week of February, and the owners had no idea who might have shot the dog.

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Working for Tomorrow

The Pine Falls Curling Club have ice-maker Hans Wurthrick from Gimli, Manitoba come out in November to help assess the curling club and offer some expert advice. Some of the recommen-

dations were to increase lighting, invest in a new ice scraper machine, and set up curling sheets to accommodate junior curlers.

The Pine Falls Curling Club has now acquired an Ice King Scraper that will help make the ice faster and better. With this particular machine the ice can be done in much less time, which means it can be done more often with the end result being better ice conditions for the curlers. The money for the

See WORKING/page 15



Ice maker Reece Allison is able to increase the quality of the ice conditions at the Pine Falls Curling Club with the new Ice King Scraper.



Children participate in the junior curling program coordinated by Laurie Chartier and Tracey Sharpe.

LdBSS Short Shots

by Stephen David, Principal
Drama Update: *Steel Magnolias* is the Lac du Bonnet Senior School Drama Club's 20th anniversary production. This clever comedy is set in Truvy's Beauty Shop, the centre of gossip for six southern belles. The wonderfully written script shares the laughter and the tears of these six friends through romance and tragedy. The production date is April 23 to 26. The club is also commemorating the anniversary with sweatshirts. Former members are asked to contact Rudy Klassen or Karen Augustine if they are interested.

PAC Meeting: Do you realize that because you are a parent you are automatically a member of the Parent Advisory Council? The next PAC meeting is Wednesday, March 21 at 7:00 p.m.

Soup Label Drive: As some of you may know, the Senior School is in the initial stages of a Campbell's Soup Label Drive. If you would like to contribute, we have drop

off boxes at Campbell's Store, the Bowling Lanes and, of course, one here at the school.

Thanks to Parents: On behalf of the staff at Lac du Bonnet Senior School, I would like to thank the parents of the Grade 6 students for being such excellent advocates for their children!

MTYP Production: The Manitoba Theatre for Young People will be visiting Lac du Bonnet Senior School March 23 to give their performance of *Rocks*. Stay tuned for further details.

Student of the Month: The following students recently received student of the month awards: Tony Sinclair, Melissa

Wold, Justin Budgell, Chris Martin, Matt Walker, Morgan Schinkel, Crystal Bellin, Megan Sofley, Becky Boyer, Jennifer Kulikowski, Karen Cottrell, Josh Enns, Joel Barrett, Deena Barrett, T.J. Sealy, David Dooley, Ursula Hysio.

Travel Club Update: I regret to inform you that this year's Travel Club is no longer in existence. Due to a lack of interest, the group decided to dissolve itself.

Business Competition: Mr. Paziuk will be accompanying eight students to Gimli for a regional Business Education competition March 13.

That's it for now... have a safe and productive week!

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Videos OF THE WEEK

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Bedazzled (4 Bottles)
 Starring Brendan Fraser and Elizabeth Hurley. It is a hilarious, divinely devilish delight of a film.

Bless The Child (4 Bottles)
 Starring Jimmy Smits, Christina Ricci and Kim Basinger. Riveting supernatural thriller filled with spine-tingling chills and white knuckle suspense.

Bring It On (4 Bottles)
 Starring Kirstin Dust. A smart and sassy fresh and funny film.

Get Carter (3 Bottles)
 Starring Sylvester Stallone. Stallone is taking action with attitude to the next level.

Urban Legends Final Cut (4 Bottles)
 Starring Jennifer Morrison and Matthew Davis. Cutting edge Terror is back. Legends never die.

What Lies Beneath (4 Bottles)
 Starring Harrison Ford and Michelle Pfeiffer. A first class thriller. A spine tingling movie.



If icy winds are rattling your windows, and your furnace is working overtime, a Government of Canada service can help. EnerGuide for Houses will show you how to save energy in your home and keep more money in your pocket.

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You can begin working immediately or make improvements to your home's energy efficiency in stages; you can do

the work yourself or hire an experienced contractor. Most EnerGuide advisors will be able to provide you with information about qualified local contractors.

An average evaluation will cost you about \$150. The total cost to the organization offering the service is about \$300, of which Natural Resources Canada pays \$150.

EnerGuide for Houses is available from several professional organizations across Canada. To find out who the EnerGuide for Houses advisors are in your area, call Natural Resources Canada at 1-800-387-2000.

If you want to know more about the program, you can ask for the Counting on Comfort brochure or go to the Web site at www.oec.nrcan.gc.ca/houses.

Host Families Needed for HS Exchange Students

Celebrate the new year by hosting a high school exchange student from Germany, Brazil, Japan, Spain, Mexico or France. Students are awaiting word on their host family for the 2001-2002 academic school year. Host families provide room, board and guidance to a teenager living thousands of miles from home. Students are well screened and are selected based on academic performance, English proficiency, teacher recommendations, character references and personal interviews. Couples, single parents, and families are all encouraged to apply.

The exchange students arrive from their home country shortly before school begins in fall 2001. Each World Heritage student is full insured, brings his/her own spending money and expects to bear his/her share of

household responsibilities, as well as being included in normal family activities. At the same time, the student will be teaching their newly adopted host family about their own culture and language.

Families may select the student of their choice from student applications, photo collages, and biographical essays. Once paired, students and families are encouraged to begin corresponding prior to the student's arrival.

To find out more about this wonderful opportunity, call Angela at 705-745-4147 or 1-800-888-9040 or visit our website at www.world-heritage.org for more information on hosting an exchange student.

Lac du Bonnet Community Billboard

Advance care planning: March 14, Pinawa Club, following the Over 50 Club luncheon.

Wellness Days: March 15, Lac du Bonnet Pioneer Club, 12:00 to 1:00 p.m. blood pressure and sugar checks, 1:00 p.m. exercise class, 1-45 p.m. Stroke Recovery Association.

Sit and Be Fit exercise class: Thursdays, Lac du Bonnet Pioneer Club, 1:00 p.m.

Prenatal classes: held regularly at Lac du Bonnet. Please register with Gail 268-6106 or call your local public health nurse.

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m. at the LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs. 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m.; Wed. and Fri. noon to 4:30 p.m.; Sat. 10:30 a.m. to 12:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of each month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Contact person 345-2664.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh. Call Teri 345-8712.

Lakeshore Al-a-Teen Group begins November 2, 6:30 p.m. at Lac du Bonnet Youth Centre (McArthur Avenue). Phone Kathie 367-8237, Vickie 345-6520.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

Battered Women's Crisis Line 1-800-362-3344.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association temporarily meets at the call of the chair Call Peter 345-6190 for information.

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Lac du Bonnet office, Health Centre 345-1227 or 348-4610. Diane Dumas. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers, information volunteers.

Pioneer Club meets first Monday of month 9:30 a.m., Pioneer Club.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Alzheimer Society Theresa Conroy, Whitmouth 348-3505. Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitmouth, Oakbank, Hadash-ville.

Little Day Buddies Nursery School Mondays, Wednesdays and Fridays 9:00 a.m. to 11:30 a.m., 12:30 to 3:00 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

To book your community event
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Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jeff Andrews, church 345-2934, home 345-1950
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.

LUTHERAN CHURCH OF THE CROSS

Pastor Kolleen Karłowski, church 345-8654, office 345-2919

NOTRE DAME CATHOLIC CHURCH

Father Richard Machura, 345-2900

Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Brian Rountree 367-8615, church 345-2357

Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each

Freeze-thaw cycle creates unpredictable driving conditions

Speed limits aren't targets - Slow down when roads are bad

What a difference a few feet can make. Picture this... You are driving along at 50 kilometres an hour. Suddenly you see

something in front of you - a car, a small child on a bicycle, a trash can - can you stop? What if you were going just a few "clicks" faster? (C'mon, everyone does it, right - there's no harm in that!) You could still stop in time... couldn't you?

"Even a small increase in speed can affect your ability to stop," said Shauna Crognali, Road Safety Issues Specialist with Manitoba Public Insurance (MPI). "Add an icy or slushy patch like we're seeing these days and a situation that might be avoidable on dry

roads could be disastrous." In fact, Crognali says that simply increasing your speed from 50 to 60 kilometres per hour increases your stopping distance by 10.33 metres (that's over 30 feet) - under ideal conditions.

MPI is reminding drivers not to let the warmer weather lull them into driving as though it's summer.

While warmer weather can give the impression that the season of slick and treacherous winter driving is a thing of the past, the spring freeze thaw cycle can lead to unpredictable and hazardous road conditions. MPI is reminding drivers to slow down when conditions are poor and to keep an eye out for changeable conditions even on the same stretch of road.

"There are two kinds of speeding," said Crognali. "The one most of us think of is going over the speed limit. But the other can be just as dangerous - and that's going too fast for the road conditions."

Drivers need to remember that speed limits aren't targets, they are maximums under ideal road conditions. When road conditions are less than ideal, they need to slow down."

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Food Labels

by Crystal Rattai
Labels line grocery shelves. Bold artwork and colourful photos appeal to adults and children. Food that claims to be low in fat and cholesterol-free calls out to the health-conscious consumer. Turn the can around and you will discover the back or side covered with nutritional values, a listing of ingredients, and other food labels information.

Food Label Claims
A food claim is often made by the manufacturer on the front of the package - for example "low fat" or "no chole-

sterol". Even though these claims are regulated, you still need to be cautious when reading claims. When you see a claim that says reduced fat, it has less fat than the regular brand. Light means that the product has 50% less fat than the regular product. Low fat means a product has three grams of fat per serving of two tablespoons.

Even if a food is low in fat, the food may not necessarily be nutritious or good for your health. Even a low-fat food may be high in sodium or low in nutrition, such as pretzels.



WINGS OF POWER

Food companies may also make claims such as no cholesterol, but that does not necessarily mean the product is also low in fat.

Serving Size and Serving per Container

At the top of the Nutrition Facts you'll see a serving size. The serving size is the amount of food you would need to eat to get the amount of listed nutrients. The serving per container or package

tells you how many servings are in the entire package. So if one serving is one cup, and the entire package has five cups, there are five servings per package. These quantities are based on the amount people generally eat, and they are determined by the manufacturer. Serving sizes are not necessarily recommended amounts, but common ones. Other nutritional information on the package is based on the listed serving size. So if there are two servings in the package, and you eat the entire package, then you must double all of the nutritional amounts listed.

Calories and Calories From Fat

Although calorie requirements vary for each person, depending on age, weight, gender and activity level, food labels are based on a diet of 2000 calories a day. The number on the left, calories, indicates how many calories are in one serving of the food. The number on the right, calories from fat, tells the total number of calories that come from fat in one serving. The label lists fat because people should be careful of the amount of fat in their diets.

Percent Daily Values

Percent daily values like serving size are based on an average adult male who consumes 2000 calories a day. Percent daily values are listed in the right-hand column in percentages, and they tell you how much of a certain nutrient you will get from eating one serving of

that food. Your daily goal is 100% of each of those nutrients. If a serving of a food has 18% protein, then that food is providing 18% of your daily protein needs if you eat 2000 calories per day.

Percent daily value is most useful for determining whether a food is high or low on certain nutrients. If a food has 5% or less of a nutrient, it is considered to be low in that nutrient. A food is considered a good source of a nutrient if the percentage is between 10% and 19%. If the food has more than 20% of the percent daily value, it is considered high in that nutrient.

Using Food Labels to Create a Well-Balanced Diet

The following tips will help you create healthy food choices using food labels:

- Snacks such as potato chips and cheese puffs are high in calories, sodium, cholesterol, and fat and low in vitamins and minerals. Healthy snacks should include fruits, vegetables, and breads.
- Insufficient amounts of nutrients can lead to deficiency and diseases. By giving your child a variety of healthy foods, you can ensure that they take in a wide variety of nutrients.
- Limit total fat intake to no more than 65 grams a day or 30% of your total calories. By making sure that all foods that you eat have less than 30% of the calories from fat your diet will be low in fat.

Read all labels on the foods you normally buy and use your new food label savvy to create a well-balanced diet. It may seem complicated at first, but by using food label information to select foods that are high in nutrients, you will make better food choices. For more information on this topic check out kidshealth.com or call 367-9641.

Ask your Pharmacist

Don't give ASA to kids

This is the high season for influenza, chickenpox, and the common cold, and that makes it high season for Reye's syndrome, a serious illness affecting the brain and liver. It occasionally occurs following an acute viral illness.

The first sign of Reye's syndrome comes if the child starts to vomit three to seven days after coming down with the flu, chickenpox or other viral infection. If the child continues to vomit for more than 12 hours, you should call your doctor. Also call your doctor

if your child is delirious or listless, or stares at nothing. Vomiting on the first day of a viral illness is common and usually is not related to Reye's syndrome.)

In later stages of the syndrome, the child may show changes in personality, such as aggressive behavior, may become confused, and may not recognize other people. If the problem is caught and treated early, the child has a good chance of recovery.

If your child (ranging in age from infant to teenager) needs

relief from fever or aches, talk to your doctor or pharmacist about which medication would be best. A medication called acetaminophen is usually the medication of choice. Don't give your child products that contain ASA (acetylsalicylic acid) to relieve fever or aching bones. ASA is suspected of increasing the danger that a child will develop Reye's syndrome.

Also talk to your pharmacist before buying any over-the-counter remedies for your child while he/she is sick, because some products may contain ASA without knowing it.

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Recreation Ramblings

by Michelle Chudd, Recreation Director
 Winnipeg River Recreation District, 753-2639/345 8816
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Creative writing

The very talented Gerard Beirne is offering a second slate of creative writing classes starting March 21 and running every Wednesday from 9:30 to 11:30 a.m. for six weeks in the board room of the Pinawa Secondary School. Call the rec office today to sign up!

Jam Can Curling - call for kids!

Deadline to register teams is this Wednesday! This fun bonspiel takes place March 26 to 28 at Pinawa Arena for children in Kindergarten to Grade 12. If you do not have

a team to sign up, and would like to sign up as an individual, call the rec office and we will try and put a team together for you.

What is Jam Can? It's a fun curling bonspiel (with plastic rocks) and it's a whole lotta fun. For those of you that do not reside in Pinawa - the Teen Centre in Pinawa will be able to offer babysitting during the day (for in between games). And as always, we're looking for referees - so if you are interested in volunteering please let me.

Willow courses

Pat Lawrence, the great willow maker, will be back this April to teach three willow courses: Willow Arbor April 21, 22; Willow Table April 27 from 6:00 to 10:00 p.m.; and finally Willow Chaise Lounge April 28 and 29 from 9:30 a.m. to 5:30 p.m. at LdB Senior School. Minimum 12 participants.

Mother daughter gym night... getting' going on Thursday night

It's open gym for the girls and women! Every second Thursday night, March 22 being the next session, from 7:00 to 9:00 p.m. the LdB Senior School gym is "open" for mothers/grandmothers/

guardians/aunts and daughters/girls/nieces. And what's the kicker? It's FREE!!! What a great way to beat the winter time blues by getting out, being active and sharing a whole lotta laughs!

Rec volleyball and basketball

Okay people, where are you??? You're missing out on a great night of sport on Wednesday nights... adult rec volleyball and basketball for those folk that are 16 and over. Volleyball from 6:30 to 8:00 p.m. and basketball from 8:00 to 10:00 p.m. at the LdB Senior School Gym. Come on out adults.

On all of the time

Hall walking: Every Monday to Friday from 4:30 to 8:30pm at LdB Senior School hallways and at Pinawa Secondary School prior to (8:00 a.m.) and after school (4:00 p.m.).

Pinawa Basketball Night: Every Monday from 8:00 to 10:00 p.m. at the Community Centre. For more info contact Tara Lotz.

Corner kicks - catching up...

The Rec office is on the look out for coaches for the in house recreation Soccer for Kids program. If you are interested, please let me know.

Canadian Agriculture Safety Week - March 14-21, 2001

ATV safety

Cornerstone

Marilyn Zarecki, Home Economist
 Manitoba Agriculture and Food, Beausejour, 268-6015
 e-mail: mzarecki@agr.gov.mb.ca

Similar to tractors, ATVs have a high incidence of rider and operator turnover. When combined on rough terrain, their high-speed capabilities and short wheelbase make a dangerous combination. Add to that a person's natural reaction to put their foot out to balance themselves, and you have a potentially deadly recipe.

An All Terrain Vehicle (ATV) is any two, three or four-wheeled motorized vehicle designed for off-road, rugged land-

scapes. Although designed primarily for recreational use, ATVs are a popular and useful tool on farms. And, as with any equipment, there are safety rules that should be followed.

Most provinces require owners to register their ATV with the Ministry of Transportation and may issue driver and vehicle licenses and plates. Vehicle liability insurance is required for all ATVs being driven anywhere other than on land owned or occupied by the vehicle owner and the driver must carry proof of insurance. Persons under 12 years of age are not permitted to drive an ATV except on land

occupied by the vehicle owner, and under the close supervision of an adult. Check your provincial legislation for the laws that apply in your area.

ATVs are prohibited from traveling on all highways, roads, and streets designed for the use of on-road vehicles. This prohibition includes the entire area between the boundary of property lines including the median strip, shoulders and ditches. There are two exceptions:

1. Operators may drive the ATV directly across certain roads. If crossing or operating an ATV on a road, the driver must be in possession of a valid driver's license.

2. Vehicles with three or more wheels may be driven along a road by a farmer when used for a farming operation or by licensed hunters and trappers of fur-bearing animals when using these vehicles for hunting or trapping. All farmers, trappers

and hunters that use an ATV on a road must display a slow moving vehicle (SMV) sign on the rear of the vehicle.

Certain offenses under the Criminal Code, such as dangerous driving and alcohol related offenses, will apply to drivers of ATVs, as will offences under the Highway Traffic Act such as careless driving.

When operating a single person ATV do not carry passengers. A passenger can impair the driver's ability to shift weight to steer and control the ATV.

Ride within your own skill limitations and those of your ATV. Keep both feet on the footrests at all times and never try to stabilize a tipping machine by putting your foot down, you could run over your foot or leg.

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and over. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon on Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling Silver Haven at 367-4620 or Bernice at 367-8369.

Wednesday, March 14
 Salad, roast beef, mashed potatoes, gravy, beans, ice cream

Friday, March 16
 Soup, honey garlic ribs, rice, brussel sprouts, jello

Monday, March 19
 Caesar salad, barbecued pork chops, baked potatoes, corn, cherry crisp

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Ask about NEW Digital
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'Round and about the Beaches



by Monika I. Evans

It's early Monday morning and you're trying to call a friend on the phone. You're either greeted with no answer or the answering machine will greet you with: "Hi, you have reached..., I'm sorry we can't take your phone call, if you leave a message, etc...". You call again on Tuesday morning, same thing happens and again several times during the week. So where is your friend? Could be that he/she is learning how to use a computer.

If you had offered an older person the chance to operate a computer ten or even five years ago, they most likely would have told you to go on,

that they were too old to learn something new like this. Most women would have been terrified of the new technology. Well, we've come a long way, baby and are still going a very long way.

I've had my computer for only several years and its an antique compared to some of the equipment I've seen around lately. My girlfriend's husband was taking an accounting course quite a while ago and was using this computer for his homework. When he finished the course, the computer sat in their basement gathering dust. She called me and asked me if I would like to have it, and I jumped at the chance. Outside of the word processing package, I don't really use it very much. The

monitor is black and white and the games are only solitaire and minesweeper. I've played both so often and have aced solitaire so it is no longer a challenge.

One of my oldest male friends has a computer which is the latest state of art. I think he has it updated every time something new comes up. He has the scanner, capability of photo enhancements, the internet, sound, color and probably things I don't know about. I envy him his machine.

One of my female friends with severe arthritis has another up-to-date computer which is upgraded frequently by one of her sons. She 'surfs the net' and is really knowledgeable about computer use. She and her husband have cel-

ebrated their fiftieth anniversary and then some.

Last Monday a neighbor called me for some assistance. They have just bought their son-in-law's older computer and wanted to know how to use the email. Now this computer I would love to have if someone wanted to pass one off to me. It has all the latest bells and whistles you would ever want. I probably will have to make an appointment to see them when they aren't surfing or emailing. It gets to be a real obsession sometimes.

One of my best friend's mother in her 80s has asked for a computer so that she can play games and be in touch with her friends. My darling mom had trouble dealing with the remote on the television.

The Empower School is setting up some classes to teach how to use the internet. I'm really looking forward into getting access. I would love to find a friend that I haven't seen since I was 19. I hope to be able to do so through the net. The internet should soon be available at the Beaches Library. We've been looking forward to this for a long, long time.

Happy St. Patrick's Day to all of you Irish, and to the rest of us who are on that day!

Warning

Due to a recent chain of break-ins in the beaches area, residents are urged to be aware of suspicious vehicles. Anyone noticing an unfamiliar vehicle in their area are urged to contact the RCMP.

So, how much does a miracle cost?

Tess was precocious eight-year-old when she heard her Mom and Dad talking about her little brother, Andrew. All she knew was that he was very sick and they were completely out of money. They were moving to an apartment complex next month because Daddy didn't have the money for the doctor bills and their house. Only a very costly surgery could save Andrew now and it was looking like there was no one to loan them the money. She heard Daddy say to her

tearful Mother with whispered desperation, "Only a miracle can save him now!"

Tess went to her bedroom and pulled a glass jelly jar from its hiding place in the closet. She poured all the change out on the floor and counted it carefully - three times, even. The total to be exactly perfect. NO chance here for mistakes. Carefully placing the coins back in the jar and twisting on the cap, she slipped out the back door and made her way six blocks

to Rexall's Drug Store with the big red Indian Chief sign above the door.

She waited patiently for the pharmacist to give her some attention, but he was too busy at the moment. Tess twisted her feet to make a scuffing noise. Nothing. She cleared her throat with the most disgusting sound she could muster. No good. Finally, she took a quarter from her jar and banged it on the glass counter. That did it!

"And what do you want?"

ECHOES FROM THE Heart

the pharmacist asked in an annoyed tone of voice. "I'm talking to my brother from Chicago whom I haven't seen in ages," he said without waiting for a reply to his question.

"Well, I want to talk to you about my brother," Tess answered back in the same annoyed tone. "He's really sick... and I want to buy a miracle."

"I beg your pardon?" said the pharmacist.

"His name is Andrew and he has something bad growing inside his head and my Daddy says only a miracle can save him now. So, how much does a miracle cost?"

"We don't sell miracles here, little girl. I'm sorry, but I can't help you," the pharmacist said, softening a little.

"Listen, I have the money to pay for it. If it isn't enough, I will get the rest. Just tell me how much it costs."

The pharmacist's brother was a well-dressed man. He stooped down and asked the little girl, "What kind of a miracle does your brother need?"

"I don't know," Tess replied with her eyes welling up. "I just know he's really sick and Mommy says he needs an operation. But, my Daddy can't pay for it, so I

want to use my money."

"How much do you have?" asked the man from Chicago.

"One dollar and eleven cents," Tess answered barely audibly. "And it's all the money I have, but I can get some more if I need to."

"Well, what a coincidence," smiled the man. "A dollar and eleven cents - the exact price of a miracle for little brothers." He took her money in one hand and with the other hand he grasped her mitten and said "Take me to where you live. I want to see your brother and meet your parents. Let's see if I have the kind of miracle you need."

That well-dressed man was Dr. Carlton Armstrong, a surgeon specializing in neuro-surgery. The operation was performed without charge and it wasn't long until Andrew was home again and doing well. Mom and Dad were happily talking about the chain of events that had led them to this place.

"That surgery," she whispered "was a real miracle. I wonder how much it would have cost?"

Tess smiled. She knew exactly how much a miracle cost... one dollar and eleven cents... plus the faith of a little child. A miracle is not the suspension of natural law, but the operation of a higher law.

The
Winnipeg
River

Echo

YOUR COMMUNITY
YOUR NEWS

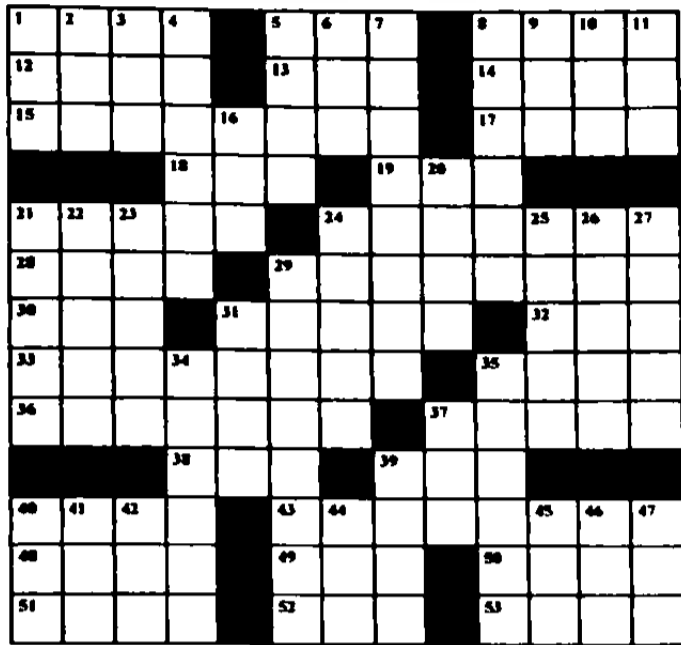
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WEEKLY CROSSWORD



To Be Frank

ACROSS

- 1. Slender
- 5. Calendar abbr.
- 8. Actor Nicholas
- 12. Chocolate cookie
- 13. Before, poetic
- 14. Say
- 15. Toronto industrialist Frank
- 17. Tibetan priest
- 18. Nonsense
- 19. Marx or Jingo follower
- 21. Records
- 24. New Brunswick politician Frank
- 28. Tunes
- 29. Lachrymous
- 30. Parents and teachers org.
- 31. Original
- 32. Movie studio, for short
- 33. Attains

- 35. Prayer ender
- 36. Radio/TV comedian Frank
- 37. Evaluate
- 38. Q to U
- 39. Black cockoo
- 40. Legal or normal preceder
- 43. Ballet dancer Frank
- 48. Balm
- 49. Labor or social follower
- 50. Neighbor or Huron
- 51. Metis martyr
- 52. Ushered
- 53. Trigonometric term

- 26. Bombed, in a way
- 27. In unison
- 29. A kind of joint
- 31. Fisherman's concern
- 34. Jewish state
- 35. Giest up
- 37. African antelope
- 39. Wheather worn
- 40. Golf score
- 41. Caliph
- 42. Seafood
- 44. Shoshonean
- 45. Denotes three
- 46. Opposite of Yang
- 47. Born of

DOWN

- 1. Distress sign.
- 2. Light rail transit, abbr.
- 3. Mess or boss follower
- 4. Newfoundland politicians Frank
- 5. Tidy
- 6. Tolkien creation
- 7. Conveyances
- 8. More still
- 9. Gardener, for one
- 10. Jewel
- 11. Amount of time
- 16. Refusals
- 20. Scandinavian toast
- 21. Mulberry barks
- 22. H
- 23. Malay boat
- 24. Van line
- 25. Actress Shearer

LAST WEEK'S ANSWERS

B	E	M	A		M	A	C	S		F	I	E	
A	N	O	N		A	H	O	Y		E	M	S	
L	O	N	G	J	O	H	N	S		T	A	P	
			S	E	A	S		S	T	E	A	M	Y
M	O	I	R	S		P	O	E	M				
U	S	E	S		E	A	R	M	U	F	F	S	
F	L	U		F	L	I	T	S		A	I	T	
F	O	R	T	R	E	S	S		W	I	N	O	
			W	I	P	E		P	A	R	K	A	
S	I	W	A	S	H		D	E	L	I			
A	D	E		B	A	L	A	C	I	A	V	A	
T	E	A		E	N	O	W		E	D	I	T	
E	A	R		E	T	O	N		T	Y	N	E	



CRYPTIC PUZZLE

Each letter represents another letter in the alphabet.
See if you can break the code to figure out the famous quotation

"XAZ CWR YAG LGZE RGX FZWL SGGL
NGGME AWE RG WLOWRXWSZ GOZF XAZ
CWR YAG HWR RGX FZWL"

- CWFM XYWBR

Last Week's Solution

"I WORSHIP THE QUICKSAND HE WALKS IN"

- ART BUCHWALD

WEEKLY ECHO HOROSCOPE for the week of March 12 to 18

Aries - March 21 to April 20



Don't make decisions until later in the week. Investments will be profitable. Get involved in educational pursuits and travel that will promote new relationships. Don't overspend on items for your home. Make adjustments to your budget.

Taurus - April 21 to May 21



Visits to friends and relatives will pay off if you are receptive to their advice and knowledge. Don't over spend to impress others or on unnecessary luxury items. Confusion will prevail if you take on too much.

Gemini - May 22 to June 21



Don't allow older members of your family to take advantage of your generosity. You will be prone to take on too much. Take a good look at the investments you already hold. Visit friends you don't see often.

Cancer - June 22 to July 22



Your need to be in love may fool you when it comes to a meaningful relationship. Be cautious of one-sided romantic attractions. Don't over react to your friends' attitudes. Unexpected expenses may set you back.

Leo - July 23 to August 23



Secret love affairs will be tempting. Think twice before you get involved. Idle promises are likely with regard to career advancement. You will be extremely popular if you socialize. Go out and have some fun with family or one's you consider dear.

Virgo - August 24 to September 22



Confrontations with co-workers or employers will not pay off. Keep your thoughts to yourself, until an appropriate time evolves from developments at work. Take care of pending legal matters, that may develop into potential burdens.

Libra - September 23 to October 23



Don't rely on other people who have made you promises. Put your time an energy into organizational functions that will enable you to meet prominent individuals. Talk to those with knowledge of the investments of which you wish to get involved.

Scorpio - October 24 to November 22



Put your time and energy into work related projects. You can make progress at work or while on business trips. Your emotions will be unpredictable. Don't retaliate until you have all the facts. Money making investments are present.

Sagittarius - November 23 to December 21



You need time to clear your head. Travel in order to spend time with close friends will be important. You can catch up on correspondence making headway if you mix business with pleasure. Don't live with the past, relationships will grow if you're active.

Capricorn - December 22 to January 20



Emotions regarding your personal life can create problems if you are not direct and positive. Take time to show affection towards your mate. If you reassure them of your feelings you can save yourself a lot of grief.

Aquarius - January 21 to February 18



Romantic opportunities will be plentiful. Your unique way of doing things will attract members of the opposite sex who are intelligent. Your high energy and outgoing attitude will come in handy when you put your best foot forward.

Pisces - February 19 to March 20



You can change your career direction if you wish. Money can be made if you're willing to put forth an honest effort. Interviews will go exceptionally well. Your warmth and genuine character will win you points.

Echo Classifieds

'83 Honda Big Red - good condition, extra body for parts, \$1,000, phone 345-9193 or 345-3927. 40-1x

Snowmobile - 1995 Ski-doo Formula STX 583 LT, medium and low windshield, new sliders, stand, excellent condition, asking \$3,000, phone 753-2156. TFN

Lot for Sale: Lot for sale at Centennial Place, Lac du Bonnet - 213 x 150, call Ritch Nally 345-6655. TFN

House for rent - Two bedroom house for rent, 8 miles west of Lac du Bonnet, ph. 345-2929 or 268-5312. 3x-TFN

Office Space in Lac du Bonnet - Prime office space for rent, located in downtown Lac du Bonnet, phone 345-8294. 31-TFN

Apartments for rent - One and two bedroom apartments for rent, call 367-4922. 38-4x

Full time or part-time - Full time or part time employee required for summer yard maintenance. Must be 16 years or older, preference given to those with bobcat, landscaping or spraying experience. Submit resume with references to Box 247, Lac du Bonnet. For more information phone 345-9193. 40-1x

Part-time Help - Part time help wanted, 8 hours per week. Some sewing or crafting knowledge is an asset or a willingness to learn. Apply in person at Powerview Fabrics. 40-2x

Grill Line Cook - Grill line cook position open. Apply at Manitou Lodge, Pine Falls. For more information call 367-2252, ask for Peter. 39-3x

Housekeeping position - Part-time housekeeping position open, apply at Manitou Lodge, Pine Falls. For more information call 367-2252, ask for Peter. 40-2x

Finishing carpenter - Finishing carpenter with 25 years experience available for kitchen renovations and other mill work. Free estimates, ph. Claude 344-5998 or 756-2913. 37-4x

Guaranteed Jewellery and Watch Repairs: guaranteed lowest prices, 100 First Street, Lac du Bonnet, phone 345-9451. TFN

See us for your rental needs: Log splitter, air nailer and much more. We are only 20 minutes from the Pine Falls area. Call 756-8184 for business hours. 25-10x

Bankruptcy Info-line - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TFN

I would like to express my appreciation to all those who assisted me on the Lee River March 3, 2001, after the tragic accident which claimed two lives as a result of a snowmobile accident.

Your invaluable assistance made my task much easier and, I'm sure, was appreciated by the families of the two men who lost their lives.

There are too many to thank personally and some I did not get a chance to meet, but be assured it was appreciated.

Once again, thank you.
Cst. B. Jack

We wish to thank everyone for the kind words and cards of sympathy.

Thank you Alex and family for the lovely meat and cheese platter and thank you Stan and Rosalie for the buns. Tanco, your generous fruit basket was thoughtful and kind.

Lorne and Patsy, your support and thoughtfulness on our time of sorrow was greatly appreciated. You're always here in our time of need. Thank You!

From,
Lloyd, Carrie,
Crystal and Tanya



POTTER (nee Holm) - Douglas and Gaylene have been truly blessed with a darling son, SAMUEL DOUGLAS, born January 26, 2001, weighing 7 lbs. 14 oz. Greatgrandma Edith Cranston, grandparents George and Carol Potter and Allan and Bea Holm rejoice with them and many other family members and friends at the birth of our miracle baby!

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POWER SUPPLY REQUEST FOR QUOTATION # 008882 GARBAGE PICKUP & DISPOSAL SERVICES FOR MANITOBA HYDRO'S SEVEN SISTERS GENERATING STATION

Sealed quotations will be received at Manitoba Hydro, Power Supply Purchasing, 1565 Willson Place, Winnipeg, Manitoba, R3T 4H1. Copies can be obtained by contacting the indicated individual.

The Work shall consist of supplying all supervision, labour, equipment, transportation, permits, licenses and all other associated costs as required for the provision of garbage pickup and disposal services for a one-year term.

For further details regarding site requirements or to arrange for a site visit, please contact Paul Sottley, Great Falls, Manitoba at 204-367-5123, prior to Wednesday, March 21, 2001.

Closing Date: 12:00 hours (Noon), Manitoba Local time, Friday, March 23, 2001.

Contact: Jeff Stanton, Power Supply Purchasing, Phone 204-474-3778 or Fax 204-474-3179.

Manitoba Hydro reserves the right to reject any or all quotations. The lowest quotation will not necessarily be accepted.

J. C. Snell
Power Supply Purchasing
Manager
Winnipeg, Manitoba



POWER SUPPLY REQUEST FOR QUOTATION #008878 GARBAGE PICKUP & DISPOSAL SERVICES FOR MANITOBA HYDRO'S GREAT FALLS, McARTHUR FALLS AND PINE FALLS GENERATING STATIONS

Sealed quotations will be received at Manitoba Hydro, Power Supply Purchasing, 1565 Willson Place, Winnipeg, Manitoba, R3T 4H1. Copies can be obtained by contacting the indicated individual.

The Work shall consist of supplying all supervision, labour, equipment, transportation, permits, licenses and all other associated costs as required for the provision of garbage pickup and disposal services for a one-year term.

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Manitoba Hydro reserves the right to reject any or all quotations. The lowest quotation will not necessarily be accepted.

J. C. Snell
Power Supply Purchasing
Manager
Winnipeg, Manitoba

LAMOUREUX, William - In loving memory of William Lamoureux, who passed away March 10, 1980.

*Treasured memories will never die.
As days go on and time goes by,
Deep in our heart a memory is kept.
Of one we love and will never forget.*

Lovingly remembered and sadly missed,
Richard, Lil and family



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MARGOT JANINE COURCELLES (nee Fountain)

Suddenly after a brief illness, Margot Courcelles aged 37 years of Pine Falls, Manitoba, passed away on Friday, March 9, 2001 at St. Boniface Hospital with family at her side.

She will be lovingly remembered by her mother Jennie W. Fountain, son Louis, daughters Kalie and Rheane. Brothers Brian (Jean), Mark (Irene), Bradley (Louise); sisters Sharon and Wendy as well as many nieces and nephews.

Margot was predeceased by her father Douglas Henry Fountain in 1995, grandmother Mary Henowicz and uncle Lawrence Pachkowsky.

Margot was a fun loving free soul, with sparkling blue eyes, who loved music and enjoyed dancing. Some of her favorite pastimes included figure skating, travel and crafting. She was an outgoing person who loved to laugh. She loved spending time with family and friends. Some of her favorite times were spent camping and going to the beach with her children.

Memorial services will be held Tuesday, March 13, 2001 at 2:00 p.m. at the Sobering Funeral Chapel Park Avenue East, Beausejour, Manitoba. Interment of remains will follow at a later date.

If friends and family so desire, memorial contributions may be made to The Canadian Cancer Society (Manitoba Division), 193 Sherbrook Street, Winnipeg, Manitoba R3C 2B7.

Sobering Funeral Chapel & Crematorium, Beausejour in care of arrangements, phone 1-877-776-2220 or 268-2510.

continued from page 7
purchase of the Ice King came from both the Pineview Recreation Association and the Tembec Paper Group.

There is now a junior curling program in place. Program coordinators are Laurie Chartier and Tracey Sharpe. They are assisted by many other volunteers who want to help bring new young curlers into the game. There are approximately 50 young curlers involved to date. Their ages range from six to 17 years old. The junior program has the club every Monday, with draws at 5:30 p.m. and 6:30 p.m.

The club also has the Ecole Communautaire St. Georges school using the facility one day per week through their

physical education classes.

This year the club worked with the Powerview School Discovery Program which ran six weeks. This program was designed to give kids exposure to a variety of different sports, craft making etc. The Powerview School Discovery Program had approximately 24 students participate in learning how to curl.

The curling club executives are working towards increasing their membership. It is hoped that for next year, their will be more teams entered into the leagues. If you want to get involved with your community club call Ed Gaffery or Reece Allison at the Pine Falls Curling Club, they will be more than happy to assist you.



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anne_nemecek@ca.ml.com
deidre_alexander@ca.ml.com

GRAND PINES GOLF COURSE PROPOSED PESTICIDE-USE PROGRAM PUBLIC NOTICE

Public Notice is hereby given that Grand Pines Golf Course intends to conduct the following Pesticide Control Program during 2001, as necessary:

1. To control broadleaf weeds and other nuisance vegetation, Par III and Round-up;
2. To control fungal diseases such as pythium root rot and Fossarium, Fournal, Daconil, Arrest, Quintozene, Truban and Allitte WDP.

Projected dates of application would commence April 15 and end November 15.

The public may send written submissions within 15 days of publication to:

Manitoba Conservation
123 Main Street, Suite 160
Winnipeg, Manitoba R3C 1A5

UNDER THE PLANNING ACT NOTICE OF PUBLIC HEARING REGARDING BY-LAW 01/01 THE RURAL MUNICIPALITY OF ALEXANDER

TAKE NOTICE that the Rural Municipality of Alexander has proposed a by-law providing for the closing of the following public reserve:

THAT all portions of the Public Reserve as shown in Block 2, Plan 11921WLTO subject to the reservations and provisos contained in the grant from the Crown in N½ 35-19-7EPM attached as Schedule "A" to the by-law.

And for conveying and transferring ownership of said Public Reserve to the respective owner of Lot 4, Block 3, Plan 10817WLTO.

A copy of the above By-law of the Rural Municipality of Alexander and supporting material may be inspected by any person during regular office hours at the office of the Municipality at St. Georges, Manitoba.

The Council of the Municipality will sit at the Municipal Offices in St. Georges on March 27, 2001 at 3:00 p.m. to hear in person or by agent any person who claims that his land will be prejudicially affected by the by-law and who applies to be heard.

DATED at St. Georges, Manitoba this 14th day of February 2001.

Rose-Marie Blanchette, CMMA
Chief Administrative Officer

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Box 932, Pine Falls, MB ROE 1M0

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