

# The Winnipeg River **Echo**

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June 24 01

Vol. 1, No. 39 Tuesday, March 6, 2001 \$1.00 tax included

## Snowmobile accidents claim lives of three

### Head on snowmobile crash kills two

Lac du Bonnet RCMP are currently investigating a two snowmobile collision which occurred Saturday, March 3 at approximately 2:00 p.m. on the Pinawa Channel, part of the Lac du Bonnet trail system. The accident occurred just one

mile south of the Lee River Bridge. The two snowmobiles were travelling in opposite directions and collided, head on. Both men, single occupants of the snowmobiles, were killed as a result of the collision. Lac du Bonnet Staff Sergeant Mel

Mitchell said, the accident occurred on a corner of the river and that they "probably didn't see each other until it was too late, and collided." Speed is believed to be a major contributing factor of the accident. Although it is not known how fast

the two were travelling, the machines were totally destroyed from the collision. Alcohol is not considered to be a factor in this accident.

Dead at the scene were 39-year-old Kenneth Rist of Winnipeg and 35-year-old George

Metcalf, also of Winnipeg. Metcalf, who grew up in Lac du Bonnet leaves to mourn his wife Susan, also a former resident of Lac du Bonnet, and two young children.

### Charges pending in fatal accident

The Winnipeg River detachment of the Royal Canadian Mounted Police at Powerview report a fatal snowmobile accident which occurred near the community of Manigotogan, during the afternoon hours of Saturday,

March 3. The accident occurred west of English Lake near the Rice River road which is just north of the community of Manigotogan. Investigation thus far has determined that a snowmobile carrying three

occupants struck a stationary vehicle at a high speed causing the occupants to be ejected from the snowmobile. The snowmobile driver and one of the passengers suffered non-life threatening injuries and were transported to Pine Falls Hospital by Bissett

Ambulance. The other passenger was transported to Pine Falls Hospital by Pine Falls District Ambulance but, despite their efforts, was declared dead upon arrival at hospital. Dead is 24-year-old Jeremy Stephen Beyak of Winnipeg.

Police do note that the investigation thus far has indicated that excessive speed and alcohol consumption were contributing factors in the accident. The investigation continues and charges against the snowmobile operator are pending.

### Leo and Pauline Davis win Best Country Residence

Leo and Pauline Davis were included in the list of Lac du Bonnet award recipients of the The Manitoba Good Roads Association annual province wide competition. See more on pages 2 and 5.



### Pine Falls to discharge sewage lagoon

Under normal circumstances, the first discharge of the year for the Pine Falls sewage lagoon is in mid May. Last year you may recall that the lagoon was discharged twice before May, due to heavy rains and rapid snow melt in February and from a large water main break in the Town of Pine Falls, both of which caused a significant amount of fresh water to accumulate in the lagoon.

While neither of these problems has occurred this year, the lagoon is nevertheless close to its capacity now. "The premature filling of the lagoon this year is not what we expected to occur," says Brain Kotak, Environment Director for the Tembec's Pine Falls newsprint operation. "Last year we had to

discharge the lagoon twice in late winter and early spring. We were sure that the cause of the rapid filling last year was due to unusual rains and snow melt in February and a large water main break that poured almost 900 cubic meters of town water per day into the lagoon. Without those problems this year, we expected that the lagoon would have no capacity problem." Manitoba Conservation has been contacted in order to receive permission to discharge the lagoon. A small part of the lagoon will be discharged from March 9 to 12.

Tembec filed a plan with Manitoba Conservation last year to resolve the capacity issue of the lagoon. Denis Beausejour, vice president

and general manager of the mill, indicates "under the plan, we propose to either increase the capacity of the lagoon, divert some of the fresh water runoff from town by installing a separate storm sewer, or perhaps both. This major project will start this spring."

As a health precaution, the Sagkeeng water treatment facilities have been asked to increase the chlorination of their drinking water, and to increase their water sampling during the discharge period. Given the large flow of the river and the slow rate of lagoon discharge, water quality downstream is not expected to be effected. Sampling of the lagoon will be done daily while the discharge occurs.

# Lac du Bonnet receives MGRA awards

by Toni Bruneau

The Manitoba Good Roads Association (MGRA), a branch of the Association of Manitoba Municipalities (AMM), comprised of municipal officials from across the province, held their annual general meeting, banquet and awards presentations Sunday, February 25 in Brandon.

Both the Town of Lac du Bonnet and Rural Municipal-

ity of Lac du Bonnet were recipients of awards in the MGRA annual province-wide competitions.

The Town of Lac du Bonnet placed first in their class in the Beautification Competition of Urban Centres with a population between 1201 and 4000, and received the Wajax Industries Ltd. Shield for the year 2000.

The Rural Municipality of

Lac du Bonnet placed second in their class and district for Best Maintained System of Municipal Roads in Rural Municipalities.

A judging committee from the MGRA travelled the province during the summer of 2000.

The criteria for judging of the Beautification Contest included: general appearance of streets, shrubbery-flowers, and street lighting; facilities such as waste management, water quality and recycling; and recreation facilities.

The criteria for the Best Maintained Roads competition included: general condition of road surface - comfort and safety at posted speed limits, uniformity of grade, gravel and smooth surfacing; condition of ditches, bridges, culverts, and maintenance of grass, weeds and brush etc.

Pauline and Leo Davis of the RM of Lac du Bonnet also received an award, for Best Country Residence, see story page 5.

Grant Plischke, representing the Town of Lac du Bonnet, displays the plaque received from the Manitoba Good Roads Association.



Public Works Supervisor, Albert Hildebrandt representing the RM of Lac du Bonnet, displays the award received from the Manitoba Good Roads Association.



## Medal of Hope



The Lions Foundation of Manitoba and Northwestern Ontario is a charitable, non-profit organization whose primary functions involve the collection and distribution of monies to help those in need of financial assistance with medically-related travel and the provision of medically necessary equipment.

The Lions Foundation of Manitoba and Northwestern Ontario has established a MEDAL OF HOPE which is awarded by a Lions Club to a deserving member of the community who has provided service to the community, or humanitarian work within the community. The Club honors the recipient of the Medal for his/her contributions.

The Lac du Bonnet Lions Club is soliciting suggestions from community groups, organizations, individuals, etc. as to who would be a worthy candidate to receive a MEDAL OF HOPE. Please forward your suggestions in writing with supporting rationale as to how this individual has serviced the local community, to: P.O. Box 818, Lac du Bonnet. Submissions to be received by the 16th of March, 2001.

For further information, please contact Lion President Mel Mitchell at 345-6311

# BINGO

## COMBINED ACCUMULATORS

<p><b>Bonanza</b> starting value this week <b>\$1555</b> IF WINN POT STARTS AT \$900 Add 50% of sales on Monday. If not won, carry over total plus 50% of sales to Wednesday. If not won, carry over total plus 50% of sales to Thursday.</p>	<p><b>Minnie Loonie</b> starting value this week <b>\$803</b> IF WINN POT STARTS AT \$200 Add 30% of sales on Monday. If not won, carry over total plus 30% of sales to Thursday.</p>	<p><b>Lucky 7</b> in 25 numbers <b>\$1595</b> POT FREEZES AT 25 NUMBERS Add one # plus 30% of sales carry over on Monday. If not won, add one # plus 30% of sales carry over to Thursday. IF WINN POT STARTS AT \$200 in 17 numbers or less</p>
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IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL

FOR UPDATES CALL 345-8825

<p><b>Knights of Columbus</b> Lac du Bonnet Community Centre Specials 7:00 p.m. Lot Lic. 584</p>	<p>Bonus Line - \$1353.00* Star - 913.00* Loonie Pot - 425.00* Special "Y" - 108.00* Jackpot Strip - 549.00* Poker Flush - 90.00*</p>
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FOR UPDATES CALL 345-8619

<p><b>Lakers Ski Club</b> Lac du Bonnet Community Centre Specials 7:00 p.m.</p>	<p>Bonus Line - 944.00 Star - 325.00 Loonie Pot - 94.00 Poker Flush - 4808.00 Special "Y" - 393.00</p>
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FOR UPDATES CALL 345-6197

<p><b>Royal Canadian Legion #164</b> Lac du Bonnet Legion Hall Specials 7:00 p.m.</p>	<p>Bonus Line - \$5895.00 Star - 279.00 Lucky 7 - 1056.00 Poker Flush - 599.00 Mini Loonie - 4845.00 #1 Loonie - #2 Loonie - 4268.00 Jackpot Strip - 104.00</p>
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# Cañ-Am Bear Country

would like to thank the many contributors who donated so generously to our event: Pine Falls Paper Co., Pepsi, Rural Municipality of Alexander, Hertz Rental, Wescan Electro Building, Chevrefl's Forest Products, Papertown Motor Inn, Esdale Printing Co. Ltd., Watertown Inc. Broadlands Mail Restaurant, Snap On Tools, Central Manitoba Railway Inc. Hillside Power Products, Labatt's, Ray Ann Transport Ltd., Nolin Enterprises Ltd., Lakeview Motor Hotel, The Village of Powerview, Pine Pharmacy and Kel-Tek Performance.

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Special thanks to Madeleine, Richard, Jean Pierre and all the many volunteers who helped make the weekend a great success.

**CONGRATULATIONS!**  
#26 David Stenlund of Red Rock, Ontario  
First Place Winner Pro  
#42 Justin Lavoie of Powerview, Manitoba  
First Place Winner Semi Pro  
Mireille Lavoie of Powerview, Manitoba  
First Place Winner Women's

Maurice Lavoie, Race Director

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Valarie Anderson  
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Toni Bruneau  
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Lori Pachkowsky

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Lac du Bonnet Office Ph: 345-9896 Fax 345-0004

The  
Winnipeg  
River  
**Echo**

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba. Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.

## Volunteers nominated for service awards

The Village of Powerview has nominated two Powerview residents, Justine Dugard and Bev Dubé, for volunteer service awards.

Justine Dugard has been nominated in the individual

and youth categories for the Premier's Volunteer Service Award. Bev Dube has been nominated for the Lieutenant Governor's Award.

Eighteen year-old, Powerview School student

Justine Dugard, is a member of the Community Youth Committee. The committee was formed in response to a string of suicides in the community a few years ago. Dugard was a founding member of the committee. Sharon Hebert, a Community Youth Worker and fellow member of the Youth Committee said that since "Justine has been a hard working, active member of the committee and has been very active in extra curricular activities" such as peer tutoring, the graduation committee, drama club, sports etc. She was instrumental in setting up and participating in such activities as a suicide awareness workshop, which was available to youth and community professionals who work with youth. She also helped to plan teen-parenting, grief and loss workshops, and self-esteem workshops.

"Justine is a unique individual who is always generous with her many talents and her time." Hebert said, "Her kindness and caring is apparent to all who meet her, as is her considerable inner strength."

Sharon Hebert and Cathy Good prepared the documentation to accompany Justine's nomination.

The documentation supporting Bev Dube's nomination states that she "has devoted countless hours and unflagging energy to a variety of causes in our community... including eight years with the Powerview Athletic Association, three years with the 4P Festival, ten years on the Christmas hamper program, nine years as choir manager for

the Sunrise Singers, 17 years on the Catholic Ladies Auxiliary, ten years on the parents advisory committee, a director on the Manitou Rapids Arts Council for six years, and ten years with the Tumblers Gymnastics club of which she was a founding member."

Yolande Fenez, Joyce Robinson, Dianne Dubé, Fran Thompson and Annette Chevretil prepared the documentation to accompany Bev's nomination.



Justine Dugard, nominated for Premier's Volunteer Service Award.

## Hog feeder operation proposed between RMs

Hans Muster, of Beausejour, is planning a 6,000 hog feeder operation on the boundary between the Rural Municipalities of Alexander and Lac du Bonnet, about 11 miles east of Stead. Hogs will be fed, (finished) from about 30 kilograms to market weight.

There will be three barns each housing 2,000 feeders; all of them will be built in the RM of Alexander. The project includes 3,000 acres, 1,600 acres around the barns but in both municipalities.

A project of this size requires a technical review carried out by various departments of the provincial government, primarily the Environment Branch of the Department of Conservation and the Department of Agriculture. Muster says the technical review is almost complete and no problems have emerged. He says the nearest house is two

miles away, and the nearest community, Stead, is 11 miles away in the opposite direction to the prevailing wind. "If I can't build a barn there, no one can build one anywhere," Muster said.

Muster's operation will employ one full-time person and two part-time people in the hog operation. Provincial regulations require that manure be

spread on farmland and that the amount of manure be no more than the crop being grown can utilize. Muster will be growing wheat, barley, oats, canola and flax, plus a small amount of soya bean and corn.

Muster said the RM of Alexander will wait for the technical review before deciding on the need for any public hearing.

### Little League Baseball

MEETING FOR 4 TO 17 YEARS OLD

THURSDAY, MARCH 22

7:00 p.m., Powerview Arena

Information for parents and for people who want to help out.

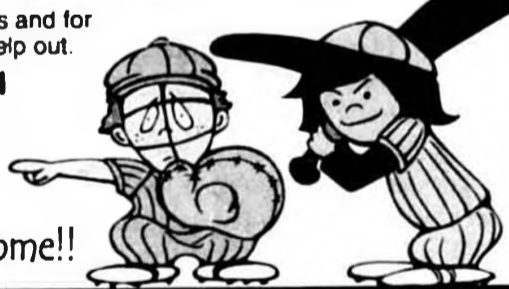
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MARCH 29

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## LdB Skating Club News

by Arlene Rollins

The 2000-2001 skating season has been a busy one! We began the year with an eager group of skaters: 39 CanSkaters, 11 Group Lesson girls and 10 Test Stream skaters. We offer two 45 minute instruction periods a week for the CanSkaters, with two 15

minute practice periods. Skaters in the Group Lessons get one hour of lessons per week with five hours of practice time/private lesson time. Test Stream skaters get six hours of practice/private lesson time per week.

We've had many fun activities this year, including cos-

tumes at Halloween, Christmas family skate with treats and a visit from Santa, chances to win two tickets to *Toy Story on Ice* and *Stars on Ice*, and an end of year *Bring a Friend* skate on March 22.

Our skaters have been very successful in passing their levels and still have more testing

to come: Hazelridge - March 11 and St. Adolphe March 19. Lac du Bonnet hosted a test day February 11, which was very well done. Appreciation is extended to volunteers Shannon Worona, Dena Gorrie, Laverne Wojciechowski and Marg Niemi.

We are pleased to have had 20 skaters (Sherilyn Adrian, Richelle Armstrong, Christina Boulanger, Taylor Button, Stephanie Champagne, Andrea Gorrie, Jessie Gould, Shayna Halstrom, Megan Harding, Victoria Lange, Dale Niemi, Hilde Oliver, Rachel Oliver, Melanie Rollins, Chelsey Shura, Emily Stefaniuk, Kendra Ulrich, Allison Wold, Melissa Wold and Alia Worona) represent our club at the Eastman regional competition Saturday, February 3 at Springfield Arena in Oakbank. The skaters all worked hard and looked great!

Congratulations to you all and thank you for helping us to receive the *Most Participants* trophy for the third year running! Allison Wold placed first in preliminary ladies'

freeskate ten and under and second in preliminary ladies compulsory elements ten and under. Melanie Rollins placed third in senior bronze ladies freeskate 13 and over and Alia Worona placed third in beginner ladies' compulsory elements nine and over. In the team events, the beginner team of Taylor Button, Andrea Gorrie, Shayna Halstrom and Hilde Oliver placed third, and the preliminary team of Christina Boulanger, Stephanie Champagne, Allison Wold and Melissa Wold also placed third in their category.

Congratulations to Dale Niemi of Lac du Bonnet who, with Sydnie Payne of East St. Paul, placed third in the junior bronze dance category at the Dodie Wardle Provincial Championship March 3 and 4 at St. Adolphe.

Congratulations to Angela Niemi and her partner Jason Dahl of Pine Falls who received bursaries for qualifying for the Junior Canadians in Kitchener, Ontario. It was a great learning experience for them and will help them in future skating endeavors.



Left to right: back row - Alia Worona, Andrea Gorrie, Melissa Wold, Kendra Ulrich, Stephanie Champagne, Victoria Lange, Melanie Rollins, Dale Niemi; middle row - Rachel Oliver, Shayna Halstrom, Allison Wold, Megan Harding, Christina Boulanger, Taylor Button; front row - Rachele Armstrong, Jessie Gould, Sherilyn Adrian, Chelsey Shura, Hilde Oliver, Emily Stephaniuk.

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**DANCER WEDNESDAY**

BIG MEAT DRAW & CASH DRAW SATURDAY

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## Security problems at the Beaches

**Cottage owners at Lester Beach worried about crowds on the May long weekend**

by Charles Norman

For many years young people had made it a tradition to descend on Grand Beach for the first long weekend of the summer. It was the place to go for 18-year-olds who were now old enough to drink.

The problem was that the on-going parties began to get pretty noisy as the night wore on. By the time families were trying to get to sleep the beach was covered with inebriated teenagers with ghetto blasters on full volume, shouting to make themselves heard above

the din.

Manitoba Natural Resources, who look after the Grand Beach Provincial Park, solved the problem by banning alcohol, restricting parking, and throwing out any one who made an unacceptable noise. The teenagers stayed away. It just wasn't fun any more.

Then, with the help of a Winnipeg radio station, they discovered Lester Beach.

Lester Beach is one of the finest beaches on Lake Winnipeg. Free parking was available on private land nearby,

(unknown to the owner of the land). The party moved to Lester Beach complete with bonfires, alcohol and loud music.

Cottage owners were not amused - and made their feelings known to the municipality.

Last Tuesday, RM of Alexander councillors met with representatives from the RCMP, Sergeant Lynch and Corporal Lower, and Geoff Houghton of the Parks Branch. The suggestion was to follow the example of Grand Beach - ban alcohol on the beach and

control parking. Corporal Lower pointed out that if camping was not allowed on the beach (it is not), then nor would be alcohol. Councillor Ed Forsyth said street parking could be controlled with tow-away zones at night. Reeve Harbottle said Dan Lester, the owner of the property used for parking, would be approached and asked to close off his property.

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**Annual Meeting**

7:30 p.m., Thursday, March 8  
Friedensfeld Community Centre

- Reports - Elections - MP Vic Toews  
**Everyone Welcome!**

# Best Country Residence

by Toni Bruneau

Included in the list of Lac du Bonnet winners at the Manitoba Goods Roads Association (MGRA) awards presentation, were Pauline and Leo Davis who were the first residents of the RM of Lac du Bonnet to take first place in their category - Country Residence Non-Farm Home.

Pauline and Leo own a 100 x 200 foot lot in the Back Bear Subdivision, with a beautiful unobstructed view year round - the Black Bear Golf Course.

Even during the winter months their yard is alive with the natural beauty of their feathered friends. "My buddies" Leo calls them. A ruffed grouse calls the Davis yard home, which also serves a playground for many tiny red poles.

During the summer months their fragrant property boasts a comfortable sitting area in the front yard, quietly veiled with nature provided greenery. There's also a quaint path leading to a peaceful pond which many birds access, as well as

the beautiful water iris.

What began as an empty back lot, Pauline has transformed into a magnificent color garden, with delphiniums, daisies, globe thistles, callililies and miniature roses to name a few.

Pauline says, "I don't consider it work. I'd rather be outside." She spends her summers outdoors, while in the winter she can be found busy with her quilting projects.

She proudly admitted to being responsible for all the digging, and added, "I do the

flowers, my husband does the vegetables. And if I need anything built, he helps."

Their yard is adorned by beautifully manicured perennials which Pauline says get overgrown. So, every year she digs them up and either moves them or shares with neighbors.

"We're always looking for something different," she said, referring to a native grape vine purchased at a nursery up near Daupin. "It also has to be hardy for this area."

The deck in the back yard is cooled by the large-leaved grape vine, and Leo says, "the birds love them".

The couple even convert their gourds into bird feeders. Pauline says "there's a little knack to that," before she explained the process. Leo is responsible for climbing the trees to install the feeders.

The proud couple attended the banquet and awards presentation in Brandon to receive their award, and at the same time celebrated their 50th wedding anniversary with family and friends. Congratulations on your efforts and acknowledgement, justifiably received. Also... best wishes for many more years of health and happiness together.

# Winnipeg River RCMP report



Police received a report of a stolen snowmobile from Powerview. Investigators are following up on information they received regarding the theft of the machine. The snowmobile is entered on the police computer as stolen.

Police came upon a single vehicle MVA on Highway #11 near McArthur Falls, one male and two females were found with the vehicle, all were uninjured. The vehicle was stolen. The matter is under investigation.

Police received a report of a hit and run in the Pine Falls Northern Store parking lot.

Police were dispatched to an alarm at the Grand Pines Golf Course. All secure, the alarm was false.

Police received a report from a female advising she has been receiving threatening phone calls from her ex-boyfriend. The matter is still under investigation.

Police received a complaint of a possible suicide attempt. Police attended the residence and everything was fine. Police contacted the male's family to spend the night with the subject to ensure his safety.

Police received a report of a stabbing at Little Black River. Two females were transported to the Pine Falls Hospital. One male was arrested at the scene.

Police attended an alarm at the Pine Falls School. All secure, the alarm was false.

## February 27

Police received a request for assistance in helping to locate a runaway from Winnipegosis. The subject was located in Little Black River.

Police were dispatched to an alarm at the Powerview School. All secure, the alarm was false.

Police received a report of harassing phone calls.

Police received a report of a runaway from Winnipeg. Subject was located and arrangements were made to have him picked up by family.

Police received a complaint of uttering threats from a female at Hollow Water, the matter is under investigation.

Police received a report of assault, the matter is under investigation.

Police were dispatched to an alarm at the Pine Falls School. All secure, false alarm.

Police received a report of mischief. A father reported his daughter and her friend were both intoxicated and wanted them removed from the house. Both subjects were removed and one female is facing charges of breaching her recognizance and minor consumption.

## February 28

Police received a report of an attempted break and enter into the Child and Family Services building at Hollow Water.

Police received a report of a possible spousal assault in progress. Police attended the scene but the occupants of the residence refused to cooperate.

Police received a complaint of assault. The matter is under investigation.

Police received a report of theft of an Employment Income cheque from a  
*See WINNIPEG/page 7*

**PINE FALLS ANNUAL MIXED Bonspiel MARCH 9-10-11**

**CONTACT TIM SEGUIN 367-8305**

## ACCESS Programs

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### The University of Manitoba Access Program (UMAP)

Supports students working toward a first degree in any area of study at the University of Manitoba. Preference is given to Aboriginal people, Northern residents, and low income earners who reside in Manitoba.

### Special Premedical Studies Program (SPSP)

Supports Manitoba Aboriginal students working toward a first degree in preparation for admission to a professional health faculty at the University of Manitoba.

### Professional Health Program (PHP)

Supports Manitoba Aboriginal students completing a professional health degree (Medicine, Dentistry, Pharmacy or Medical Rehabilitation) at the University of Manitoba.

### Engineering Access Program (ENGAP)

Supports Aboriginal students working toward a degree in Engineering at the University of Manitoba.

### Nursing Access Program (NAP)

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# Aileen Oder celebrates 85th

by Toni Bruneau

Long-time Lac du Bonnet resident Aileen Oder recently celebrated her 85th birthday. Aileen, along with her husband Helge, of 52 years, were surrounded by family and friends at a gathering held in Aileen's honor, hosted by nieces Dorothy Boznianin and Marlene DePaulo, and Yvonne Heglin. The celebration took place at the Oder's residence in Winnipeg February 10.

Both Aileen and Helge grew up in the Brookfield area, where they now have a summer cabin. After completing normal school in

Winnipeg Aileen returned to the Brookfield area as a teacher and later went on to teach Grades 1 and 2 in Lac du Bonnet.

Aileen played a major role in the local historical publication, *Logs & Lines*, contributing her talents as editor.

She also wrote her own book, *Hello Soldier*, from letters exchanged with Lac du Bonnet soldiers during World War II. *Hello Soldier* includes correspondence from many Lac du Bonnet soldiers whose families still reside in the area, including John Horbatiuk, Frank Zaretski, Joe Sydorko, Sylvio David

and her only brother, Fred. The book is dedicated to her brother's memory. He was killed during air operations over Germany in the fall of 1943. The book was made into a movie, which was partly filmed in the Lac du Bonnet area, and airs every Remembrance Day.

Aileen, who coincidentally resides on Valor Road, never forgot her 'soldier boys' or her connection with Lac du Bonnet.

Happy birthday Aileen. All your friends and family in and around the Lac du Bonnet area, wish you well.



Long-time Lac du Bonnet resident, Aileen Oder.

## Ask your Pharmacist Getting ready for baby

"I'm having my first baby in a few months. Is there anything I need to order in advance for infant feeding from the pharmacy?"

Your neighborhood pharmacy probably has all the infant feeding supplies you'll

need without advance ordering—bottles for milk and juice, nipples, baby vitamins, formula (If you do not plan to breast-feed). Sterilizers and baby scales aren't priority items, but if you want them, your pharmacy will have them.

If you are planning on breastfeeding, did you know that you can refrigerate or freeze your own milk? It's easy to do, and it certainly is convenient to have a bottle of mother's milk on hand if you miss a feeding.

Wait until your milk supply is well established (a matter of a few weeks or even less). Then, just before nursing your baby, express some milk by hand or with a small breast pump. Don't worry, your baby's next few feedings won't be "short". As the baby nurses, your milk supply will simply increase to demand.

Pour the milk into a sterile plastic bag (the kind used as baby bottle inserts—for example, Platex, Eventlo, Curity), tie with a twist tie, and pop it into the refrigerator or freezer. To warm the milk, just run warm water over the bag. Breast milk can be kept in the refrigerator for two days or in the freezer for several months.

Your neighborhood pharmacy has breast pumps and breast pads. Breast pumps are inexpensive, less than \$10. Some pharmacies have good quality breast pumps for rent at reasonable prices.

For bottle-fed infants, your neighborhood pharmacy has a variety of infant formulas in liquid concentrate, powder to be diluted with water, or ready-to-use liquid form. The ready-to-use liquid form is generally the most expensive,

then liquid concentrate, then powder. Enfalac, S.M.A., and Similac are a few of the brands you may buy at your neighborhood pharmacy. Don't forget to include the baby's formula costs when preparing your food budget.

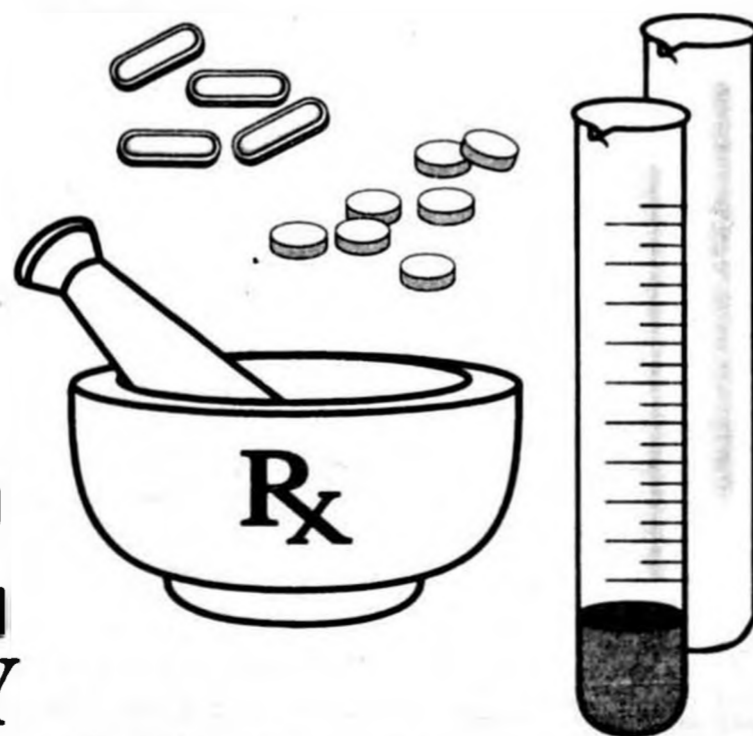
If your baby is allergic to cow's milk or some other ingredient in an infant formula, there are also special therapeutic formulas which your pharmacist can obtain for you.

When preparing a formula for your baby, always remember to check the expiry date and to follow the label directions carefully. Over-dilution of a formula can cause your baby to have diarrhea; under-dilution can lead to dehydration. In extreme cases, an over-concentrated formula can produce serious problems, such as kidney failure.

Two very good books on infant nutrition are "Feeding your child" by Louise Lambert-Lagace (Toronto: General Publishing, 1982) and "Breast-Feeding" (Franklin Park, Illinois: La Leche League International, 3rd edition, 1981). You may find these and others at your neighborhood pharmacy, too.

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# Winnipeg River RCMP report



continued from page 5

subject from Hollow Water. The matter is under investigation.

Police received a report of a theft of a DVD player.

Police received a report of a possible MHA person. The subject did not meet the criteria for an involuntary assessment.

Police received a report of assault and uttering threats. One female was arrested.

Police received a report of Pine Falls Paper Company trucks speeding down the North Shore road. Pine Falls Paper Company was advised.

Police charged two youths under the Off Road Vehicle Act. Both ORV's were impounded.

Police received a report of an alarm at the Pine Falls School. Police attended, all secure, false alarm.

## March 1

Police received a request for assistance from the Selkirk RCMP to locate and arrest one male subject for spousal as-

sault and uttering threats. Subject was arrested and turned over to Selkirk RCMP.

Police received a complaint of sexual assault from a female from Hollow Water, the matter is under investigation.

Police received a complaint of theft from the North Star Hotel. The matter is under investigation.

Police attended to an alarm at the Pine Falls School. All secure, false alarm.

While investigating the theft at the North Star Hotel, one female was arrested for impaired driving. She provided two breath samples and failed both. She now faces charges for impaired driving and driving over .08. The vehicle was impounded.

## March 2

Police received a complaint of an intoxicated male causing a disturbance at a house. Police attended and arrested the subject. A computer check showed the male has several outstanding warrants. He was remanded in custody.

Police received a request to locate a male subject as he did not show up for work. Subject was located in the hospital.

Police received a report of an attempted truck theft. The matter is still under investigation.

Police received a report of intoxicated people causing a disturbance near Teeny Boppers. Subjects were located and advised to stay inside their residence. No further reports were received involving the same people.

## March 3

Police received a report of a disturbance at a house party. All parties left before police arrived.

Police received a report of a possible impaired driver on the North Shore. Police made a patrol of the area but were unable to locate the suspect vehicle.

Police received a report of a possible impaired driver in Little Black River. Police attended and located the vehicle abandoned. Vehicle was towed as it was unregistered.

Police received a report of a break and enter in Seymourville. Subject fled the scene when confronted by the owner. The matter is under investigation.

## March 4

Police received a request from the Pine Falls Ambulance to assist them at a call they received. One male subject was taken to hospital.

Report from the Papertown that a male subject was causing a disturbance. Subject was arrested and now faces charges under the LOA.

Police received a report of a stolen black Northface jacket from the Papertown. Owner just wants the jacket back. If found please turn it in to the RCMP detachment.

Police received a report of a fight at the Papertown. One female was taken into custody.

Police received a report of an attempted break and enter at a store in Manigotogan. The matter is under investigation.

Two male subjects were arrested in Manigotogan near the

location of the attempted break and enter. Computer check showed one subject had a warrant for arrest. Both subjects were taken into custody.

Police were dispatched to an alarm at the Powerview Hotel. Police attended, all secure, alarm false.

Police received a report of a drunken male causing a disturbance in Hollow Water. The matter is under investigation as the subject threw a chair through a window.

Police received a report of a stolen vehicle. The matter is under investigation. The vehicle has been entered as stolen.

Finally the local RCMP detachment hosted the annual Rob Thomas Memorial Hockey Tournament. Fourteen teams from the local area and around the Province participated. We would like to thank all volunteers, participants and fans that support our tournament. All proceeds will be donated the The Slain Peace Officer Fund.

# Lac du Bonnet Police Report



The following constitutes the police report for the Lac du Bonnet detachment for the period of February 22 to March 1.

A report was received from an adult male in Pinawa February 22 of another adult male following him home and accusing him of having an affair with his spouse. Reported for information purposes at this time.

From a location on the Macintosh Trail, in the RM of Alexander, a report was received of an injured snowmobiler. It was determined that the machine in question had left the trail and run into trees, causing the adult male driver to sustain a broken leg. He was removed from the scene and transported to the hospital.

A possibly impaired driver on PR 214, in the RM of Lac du Bonnet was reported February 22. Police apprehended the subject in question and subsequently charged him with refusing the breathalyser. He was released for court with a licence suspension and his vehicle was impounded for 60 days.

A report was received of an adult male being deceased at Pinawa Hospital, after having worked his shift at the

URL, in the RM of Lac du Bonnet, February 22. Death believed to be due to natural causes.

A Winnipeg Sun vending machine was reported stolen from outside a business in Lac du Bonnet February 23.

Following a hockey game at the Lac du Bonnet Arena February 23, police were requested to attend a possible disturbance outside. Police attended and all subjects dispersed without incident.

On February 24, a report was received of a vehicle roll-over along PTH 11 near PR 307. The adult female driver was not injured and the vehicle was towed out.

A suspicious vehicle was reported on Betker Road in the RM of Lac du Bonnet February 24. Police attended and located the vehicle with two adult females in same. They advised that they were looking for some privacy and did not appear to be involved in any criminal activity.

Underage subjects drinking at a residence in Lac du Bonnet were reported February 24. Police attended and found three underage subjects under the influence. All were charged accordingly and

released to parent/guardians.

An adult female driver sustained minor injuries when a vehicle roll-over occurred on PR 313, in the RM of Lac du Bonnet, February 24.

An adult male was reportedly riding his machine on the ice of the Lee River at Sunset Bay in the RM of Lac du Bonnet February 25, when he suddenly became ill and fell off the machine. The subject was removed to the Pinawa Hospital, however was deceased at that location. The cause is believed to be natural, and was not related to the operation of the snowmobile.

Another vehicle roll-over occurred on PTH 11, south of McArthur Falls February 26. The vehicle's three occupants were not injured.

A number of storage

trailers were reported being on fire at a business in the RM of Lac du Bonnet February 27. The trailers were extensively damaged but no injuries were sustained.

A request was made to police to discuss with an adult male resident of the RM of Lac du Bonnet who was without a valid driver's licence or registration for his vehicle, to impress upon him the fact that he was not to be driving.

On February 28 a report was received of a seven-year-old girl not coming home af-

ter school to her residence

in Lac du Bonnet. Just after this call was received, a report came in from a concerned citizen, that the girl in question had been found standing on a street corner. She was reunited with her parents.

A group of under age males were reported throwing snowballs at vehicles outside the Lac du Bonnet Senior School and in fact dented the vehicle of the complainant on March 1.

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## 'Round and about the Beaches



by Monika I. Evans

March came in like a lamb. It was warm, it was fluffy, it was beautiful and the best news is that we will have no major weather changes for the next ten days.

As soon as I got up, I looked at my outside thermometer (I don't trust the weather persons) and saw that it was about 0°C. I opened the window and let the breeze flow through the house. It smelled like spring but for now it is only a tease, but soon, it will come with a vengeance.

Neither Snoopy nor I could

stand the thought of being cooped up inside. He kept pacing the floor and going back and forth to the front door to be let out. It was almost as if he were telling me: "come on mom, lets get out there"!

Our usual human companion copped out on going for a walk so we picked up our doggie friend Maya and the three of us headed out to enjoy this wonderful morning. Outside of the odd chickadee, we saw no other living thing - the whole of Belair properties was ours. Maya and Snoopy would go into the snow drifts at the

side of the road. A few times, either one of them would be fooled by how soft the snow was and they would have to struggle to extricate themselves. It was fun just to see the expressions on their faces. Doggy treats, of course, eased the indignity of my laughing at their predicament. We ambled through the neighbourhood for about an hour.

When we finally returned Maya to her home, I had to almost shove her into the house. She wanted to stay with us and enjoy the day.

During the entire day, when-

ever I would go outside, Snoopy would take off and run after his bunnies. he smells them, but because of their camouflage, he cannot see them unless he is right on top of one. Frequently I would hear him baying as he was hot after his unseen prey. After all that running and fresh air, he was fast asleep early in the evening, dreaming of being the mighty hunter, leg twitching.

I spent the day outside finally doing things that it's been to cold to do lately. One of the tasks I worked on was getting as much snow off the roof as I could reach. The last time it warmed up for a day, I had four major drips coming down in the kitchen. I spent hours raking down the snow and breaking the ice in the eavestroughs. When I went into the house later in the evening, I had only three drips in the kitchen and one in the bedroom. It just made me feel all warm and fuzzy to know that after all that hard work, only one drip had

been eliminated. It was time to get help!

The next day my neighbour came over and spent at least three hours getting the snow off my roof. He sent the snow onto the deck and I then shovelled it over the side. It was a job well done since now I have no (cross my fingers) drips in the kitchen or bedroom.

What time I didn't spend on the roof, I spent unearthing my woodpile that has been sitting uncovered under the snow for over a year. That was fun, first I had to shovel, then loosen the wood (usually with the back end of my axe) and then scrape off the frozen on snow. After that I tossed the wood nearer to the house where it ended up. What a job!

Aside from all this fun, my toilets have frozen up again and I keeping hoping every morning that the warm weather will thaw me out soon. I keep looking down at the level of the water in the toilet, checking it several times a day, but sadly it's still there! Ah, the joy of country living. Thank goodness for the port-a-potty.

## LdB Pioneer Club news

by Carmen and Phyllis

It has been awhile since we have given a report as to the news from the club. To begin with, our New Years Eve dance was as usual, a great success.

Also, elections were held early in the month. Three members remain on the existing board and new members are Isabel Palmer as treasurer, Ethel Cottrell as assistant and Rose Fife as secretary. Elections were run by Norm Rimmer and many thanks to all who helped.

Our general meetings are changed from Monday to the first Wednesday, 9:30 a.m., each month. The non-smoking has come into effect and the backroom seems to be helping to make the adjustment.

Our Wellness Program continues to be successful and we have enjoyed some visits from Marge Seel, RN retired, who spoke on coping with Alzheimer's Disease. Karen Omichinski came in February

and spoke on diabetes education. The information was most appreciated and we thank them very much.

The next speaker will be on stroke and recovery. We urge all interested members to attend. Blood pressure and sugar checks will be available on March 15 and April 12 between 12:00 noon and 1:00 p.m. We have lost a few of our members these past months and our sympathy is extended to their families.

Upcoming events are a potluck supper on Saturday, March 31 with music by our favorite DJ, Jim. All members welcome.

Plans are well underway for our annual floor curling bonspiel to be held at the end of April. We are looking forward to a good turnout of curlers and spectators.

There will be a banquet dinner and dance to end the festivities. Please, members show your support, as a lot of hard work from the volunteers goes

into this event.

The next meeting of the Arthritis Sit and Fit exercises will be held at 1:00 p.m., each Thursday. New members, all welcome. Hope you all survived the miserable weather we have had the past few months.

## March is Amnesty Month

Anyone who has overdue books, videos, etc. - no matter how long they've been overdue, days, weeks, months, years - is asked to dig them out and drop them off at Library Allard fine free!! That's right - we will not be collecting fines on ANY overdue items for the month of March.

The February draw was won by Gabrielle Deveau.

### New books at Allard

The latest Oprah Book *We Were the Mulvaney's* by Joyce Carol Oates, *Irish Love* by Andrew M. Greeley, Alan Dean Foster's *Kingdoms of Light*, and two by Barbara Hambly - *Dragonshadow* and *Knight of the Demon Queen*. *The Cat Who... Cookbook* includes recipes made famous in *The Cat Who...* series by Lilian Jackson Braun, and two of Jean Pare's newest cookbooks - *Company's Coming Low Fat Cooking* and *Company's Coming Low Fat Pasta*. Also new are *The Ethical Investor* by David Skinner, and *What's in a Canadian Name?* by Bill Casselman.

### New books at the Beaches

*Who Put the Skunk in the Trunk* by Phil Callaway, *Unsolved Miracles* by John Van Diest, *Sew it Tonight. Give it Tomorrow* by Stacey L. Klamon and a beautifully illustrated copy of Aesop's Fables. In adult fiction we've added *Legend of the Celtic Stone* and

*An Ancient Strif'*, books one & two in the *Caledonia* series by Michael Phillips, *The Breaker* by Minette Walters and *Maire* by Linda Windsor.

*The Great Gray Owl: on Silent Wings* by Robert R. Taylor is available at both Allard and the Beaches Branch. "Photographer and author Robert Taylor has spent three decades observing and photographing these alluring birds. The text is designed to give an insight into the private life of the Great Gray Owl".

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**WEEKLY ACTIVITIES**  
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**MONDAY**  
Table Top Curling 6:30 p.m. - Lounge

**TUESDAY**  
Cribbage 7:00 p.m. - Lounge

**WEDNESDAY**  
Po Ke No 2:30 p.m. - Lounge  
Bingo 7:00 p.m. - Hall

**THURSDAY**  
Darts 7:00 p.m. - Lounge

**FRIDAY**  
Bingo 7:00 p.m. - Lounge

**SATURDAY**  
Meat Draw 2:30 p.m. - Lounge

*Happy Hour Every Day*  
All Members & Guests Welcome

**ECHOES FROM THE Heart.**  
**Watch what you say!**

*In the course of your conversation each and every day, Think twice, try to be careful of what you have to say; Your remarks may be picked up by someone's listening ear. You may be surprised at what some people think they hear. Things that you innocently say, or try to portray, Can be changed, and greatly exaggerated along the way; Many stories change for the worse as they are retold So try to keep any questionable remarks "on hold". May I give all of you some very sound advice? When you speak of others, say something nice; Try to say good things, regardless of who is around, If you have nothing good to say, don't utter a sound. You may find that an innocent remark, in the end, May lose you a close and valued friend.*

Henry Lesser

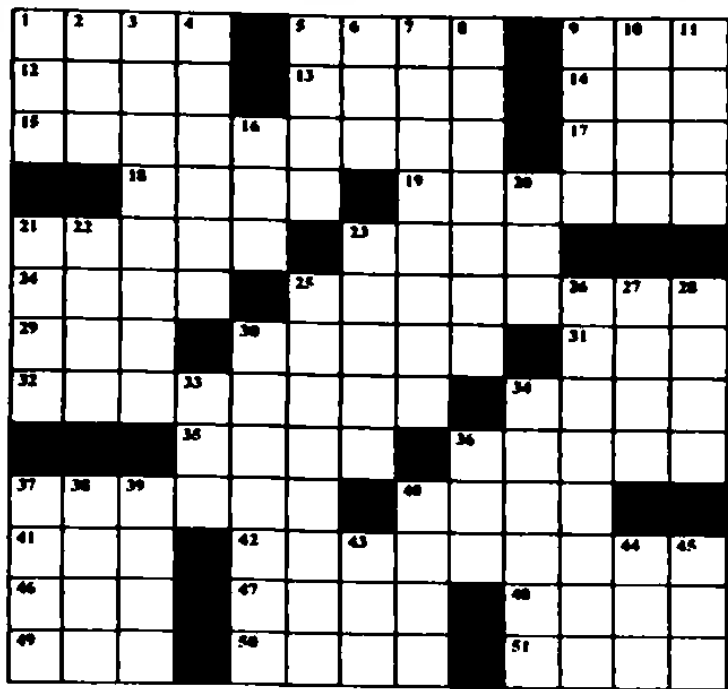
**SPRING CLEANING**  
DON'T FORGET YOUR CLOSET

For the whole month of March  
Box up your used clean clothes and bring them in to

*Country Concepts*

Located in Pine Falls Post Office Building, Main Floor  
A women's shelter will come and pick them up.  
**LET'S ALL HELP OUT!!**  
Receive a FREE pin from AGAPE HOUSE - Country Concepts will also give you a scarf.  
**WOMEN'S & CHILDREN'S USED CLOTHING!!**

# WEEKLY CROSSWORD



## Terrible Wearables

### ACROSS

- 1. Chancel
- 5. Certain burgers
- 9. Expression of disapproval
- 12. Soon
- 13. Captain's cry
- 14. Printer's concern
- 15. Winter underwear
- 17. Faucet
- 18. High \_\_\_\_\_
- 19. Hot and wet
- 21. Certain chocolates
- 23. Verse
- 24. Employs
- 25. Winter headwear
- 29. Winter malady
- 30. Darts

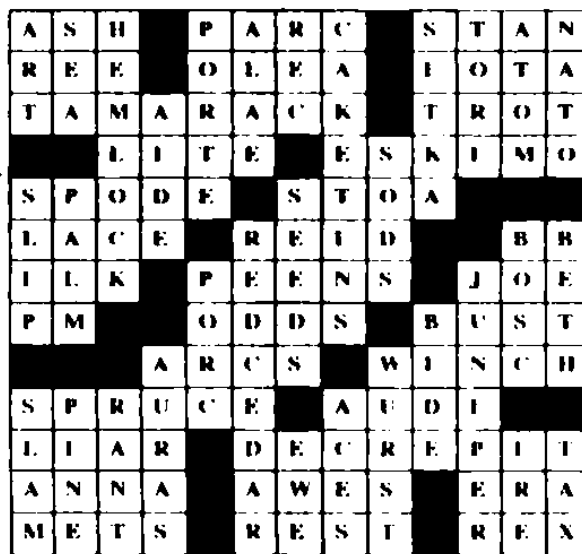
- 31. Little island (British)
- 32. Castle
- 34. Drunkard
- 35. Clean
- 36. Winter outerwear
- 37. Winter woollen
- 40. Valley
- 41. Beverage
- 42. Winter face-saver
- 46. Winter warmer upper
- 47. Enough (archaic)
- 48. Prepare for printing
- 49. Listening device?
- 50. British school
- 51. English river

### DOWN

- 1. Ball, in Boucherville
- 2. Fruit salts
- 3. Mr. in Montreal
- 4. Enrages
- 5. Chairman Tse tung, and others
- 6. Sigh of relief
- 7. Spouses
- 8. Computer arrays
- 9. Greek cheese
- 10. Wet nurse
- 11. Spot
- 16. James, for short
- 20. Aussie bird
- 21. Winter car gear
- 22. Norwegian Capital

- 23. Pakistani money
- 25. Pachyderm
- 26. Attractive damsel
- 27. Stoolpigeon
- 28. Greek portico
- 30. Frisky disc?
- 33. Airline initials
- 34. Billfold
- 36. Chest muscle, slangily
- 37. Satisfy
- 38. Brain wave
- 39. Partner of tear, sometimes
- 40. Sunrise
- 43. Toilet
- 44. Wine, en francais
- 45. Consumed

### LAST WEEK'S ANSWERS



# CRYPTIC PUZZLE

Each letter represents another letter in the alphabet  
See if you can break the code to figure out the famous quotation

"D JRUZWDB NWP ELDHTZCVY WP  
JCSTZ DV."

- CUN FLHWJCSY

### Last Week's Solution

"SOMETIMES A SCREAM IS BETTER  
THAN A THESIS"

- RALPH WALDO EMERSON

# WEEKLY ECHO HOROSCOPE for the week of March 5 to 11

### Aries - March 21 to April 20



A get together with family or friends will promote new romantic connections. Your need to open up mentally to new ideas and life styles will result in changes involving friends as well as direction. Take heed of advice given by older individuals.

### Taurus - April 21 to May 21



Lady luck is in your corner. Get involved in investments that you know will pay off. Real estate will be profitable. Involvements with institutional environments will turn out to be lucrative. Don't lend or borrow possessions this week.

### Gemini - May 22 to June 21



Opportunities for romance are evident. Take advantage of situations that encourage meeting new mates. Your energy is high and the groups you join will welcome your stamina and acertive action. Don't jump to conclusions.

### Cancer - June 22 to July 22



Your high energy can be put to good use this week. Get busy making necessary changes in your domestic scene. Make adjustments to negate the delemmas that have been bothering you.

### Leo - July 23 to August 23



You will find yourself in the limelight once again. Organize an evening of entertainment that includes friends. As the night progresses how ever, you may have the desire to be alone with your mate. Stick to creative endeavors for best results this week.

### Virgo - August 24 to September 22



Business or pleasure trips will be successful. You will meet new clients that will lead to a potential lover. You can acquire a lot of knowledge just by observing. Unexpected bills may cause worry. Spend your money wisely.

### Libra - September 23 to October 23



Don't jump to conclusions when it comes to your personal life. Over indulgence will be tempting. Don't make unreasonable promises. Someone may try to take advantage of you. Use good judgement when dealing with friends.

### Scorpio - October 24 to November 22



Opportunities to make money will develop. Get involved in projects that enable you to work with others. Transportation difficulties may be frustrating. Be precise in your communications. You could be misunderstood.

### Sagittarius - November 23 to December 21



You can do nothing wrong when it comes to financial matters. Luck is with you. Social festivities will promote romance that will provide you with the adventures you desire and seek. Take a chance with someone new.

### Capricorn - December 22 to January 20



Real estate will pay off. You can successfully make a residential move or alternations to the home you live in. Unexpected visitors will be a welcome surprise. Roll out the carpet and entertain with flare.

### Aquarius - January 21 to February 18



You will be competitive today in your approach to work. Opportunities for romance will develop through relatives. Your home environment will be active, and guests will give you good ideas for redecorating.

### Pisces - February 19 to March 20



Unexpected good fortune is apparent. Express your professional demands and ask for the opportunity to have more responsibility. Your home will experience beneficial changes. Minor health problems may flare up. Take proper precautions.

## Echo Classifieds

**Snowmobile** - 1995 Ski-doo Formula STX 583 LT, medium and low windshield, new sliders, stand, excellent condition, asking \$3,000, phone 753-2156.

**16 X 80 Mobile Home** - in excellent condition, 1996, 3 bedroom, 2 full bathrooms, 5 appliances, skylight, landscaped lot in Bissett with gardens, shed and large screened gazebo, 277-5587

**93 Dodge Shadow** - 158,000 highway km, 4 door, liftback with fold-down rear seat, well maintained, \$3500, 277-5587.

**Pool table** - Brunswick, 130 anniversary table, 4 x 8 ft. slate top, cover, pool table light, excellent cond., asking \$900, call 345-3187.

**Lot for Sale:** Lot for sale at Centennial Place, Lac du Bonnet - 213 x 150, call Ritch Nally 345-6655. TFN

**Land for Sale** - 5.64 acres, Traverse Bay area, near Albert Beach and Grand Pines Golf Course, call Don 982-8114. 38-2x

**House for rent** - Two bedroom house for rent, 8 miles west of Lac du Bonnet, ph. 345-2929 or 268-5312. 39-TFN

**Office Space in Lac du Bonnet** - Prime office space for rent, located in downtown Lac du Bonnet, phone 345-8294. 31-TFN

**Apartments for rent** - One and two bedroom apartments for rent, call 367-4922. 38-4x

**Guaranteed Jewellery and Watch Repairs:** guaranteed lowest prices, 100 First Street, Lac du Bonnet, phone 345-9451. TFN

**See us for your rental needs:** Log splitter, air nailer and much more. We are only 20 minutes from the Pine Falls area. Call 756-8184 for business hours. 25-10x

**Bankruptcy Info-line** - free, confidential. Call 1-800-463-8371. This is a community service offered by L.C. Taylor & Co. Ltd., Trustee in Bankruptcy. 31-TFN

**Housekeeping position** - Part-time house keeping position open, apply at Manitou Lodge. For more information call 367-2252, ask for Peter. 39-1x

**Grill Line Cook** - Grill line cook position open. Apply at Manitou Lodge. For more information call 367-2252, ask for Peter. 39-3x

**Finishing carpenter** - Finishing carpenter with 25 years experience available for kitchen renovations and other mill work. Free estimates, ph. Claude 344-5998 or 756-2913. 37-4x



**FAJARDO - McKAY**

Edie Fajardo, Rob McKay and daughter Vanessa Fajardo, along with their families Rudy and Lita Tinio and Bob and Linda McKay, are pleased to announce their marriage on February 15, 2001 at the Southwood Supper Club, Winnipeg.

### Birth Announcement



**POTTER (nee Holm)** - Douglas and Gaylene have been truly blessed with a darling son, SAMUEL DOUGLAS, born January 26, 2001, weighing 7 lbs. 14 oz. Great-grandma Edith Cranston, grandparents George and Carol Potter and Allan and Bea Holm rejoice with them and many other family members and friends at the birth of our miracle baby!

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### Child and Family Service Worker - HS4, Term

Manitoba Family Services and Housing, Regional Operations, North Eastman Region, Pine Falls. Advertisement No. 4667. Salary Range: \$35,992 - \$49,950. Closing Date March 14, 2001.

**Qualifications:** Bachelor of Social Work or related degree, plus two years case management experience. Other acceptable combinations of education and experience may be considered at a commensurate salary level. Candidates must have experience working in a helping capacity in a rural community, experience in providing outreach services to prevent family disruption and experience working with resistant families and those who have been experienced significant disruption. Experience in assessing whether children are at risk is also required. Knowledge of the Child and Family Services Act and Regulations, prior experience working with a Child and Family Service Agency, experience in teaching parenting skills, experience in intervening with children at risk and computer skills would be desirable. Candidates must have the use of a vehicle and be willing to travel. Must be available to work evenings, weekends and statutory holidays upon occasion. Applicants will be subject to a satisfactory criminal records check, child abuse and prior contact check.

**Duties:** Department of Family Services, North Eastman Region, requires a full-time Child and Family Services Worker to work with children, families and communities to protect children at risk of abuse or neglect, to prevent family disruption, and to promote family and community health and well-being.

We thank all who apply and advise that only those selected for further consideration will be contacted.

**Apply in writing to:** Manitoba Family Services and Housing, Human Resource Services, 4089 - 300 Carlton Street, Winnipeg, Manitoba R3B 3M9, fax 204-945-0601.

Employment Equity is a factor in selection. Applicants are requested to indicate in their covering letter or resume if they are from any of the following groups: women, aboriginal people, visible minorities and persons with disabilities.

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## PUBLIC NOTICE THE RURAL MUNICIPALITY OF ALEXANDER

Public Notice is hereby given that the Rural Municipality of Alexander intends to conduct the following Pesticide Control Programs during 2001.

- 1) To control noxious weeds on road allowances within the Municipality. The projected dates of application will be from May 1, 2001 to October 31, 2001. The herbicides to be used may include: 2,4-D Amine, Dicamba, EstaProp, Glyphosate, Picloram, Paraquat, Amitrol T, Garlon 4, Simazine, Round Up, Atrazine, Killax, Dy-clear 24.
- 2) To control the following insects pests including grasshoppers, mosquitoes, elm bark beetles, canker worms, etc. The proposed dates of application for these programs will be from May 1, 2001 to October 31, 2001. The insecticides to be used may include: Decis, Lorsban, Sevin, Furidan and Malathion.

The public may send written submissions within 15 days of the publication of the notice to the department below:

**MANITOBA CONSERVATION**  
 123 Main Street, Suite 160, Winnipeg, MB R3C 1A5

# Happy Tots Place news

by Kathie Duff

February was an emotionally charged month here at the Happy Tots Place! We discussed the different kinds of emotions people can have, the best one being happy, especially on St. Valentine's Day. Both children and staff had an enjoyable day on February 14, exchanging Valentines, and eating treats, which the day care provided, and the generous treats given by parents. They were delicious!!! A wonderful thanks from the staff for the flowers and chocolates, they were greatly appreciated.

February also marked / Love to Read Month. In keeping with this, on Wednesday, February 21 June Kush of the Early Start Program and Rob Sarginson of Literary Partners of Manitoba shared

books with parents and children. June and Rob stressed the importance of and the many ways in which parents can read to their children. The positive outcome of sharing between parents and child, just 15 minutes of our time each day, from infancy through adulthood, can form both positive quality time and greatly increase a child's vocabulary. This will help him or her throughout their life. Parents, children and staff enjoyed the valuable information, which was shared and found the food delicious. This evening marked The Happy Tots Place second annual Pizza Night.

Did you know that each learning centre has to complete an annual licensing inspection, which is carried out by a day care coordinator. The day care

coordinator inspects our learning centre, as well as checking our filing system to ensure all the necessary postings are complete for licensing checklist to obtain an annual license. The Happy Tots Place is proud that we have met all the necessary regulations and have a new license completing a day car checklist as well as successfully completing an annual fire and health inspections. Our new annual license was obtained without any exemptions or compliance to the regulations.

The Happy Tots Place has received an advisory information letter concerning potential strangulation from drawstrings on children's outerwear. The letter states: Ottawa-Health Canada is warning Canadians about the potential danger of children being seriously in-

jured or strangled by drawstrings on children's outerwear. Drawstrings, especially on snowsuits, jackets and sweatshirts, can become caught on playground equipment, fences or other objects. Recently, a child in New Brunswick narrowly escaped serious injury when the drawstring on her coat became caught in a school bus hand-rail. Parents and caregivers are advised to check all children's outerwear. At the bottom of children's outerwear, either remove the drawstrings completely or trim the exposed length to eight centimetres,

with the garment fully stretched. Make sure the end of the drawstring is free of knots, loops or toggles, as they can get caught. To keep it from slipping through its channel, make sure the drawstring is tacked to the garment. Ensure new purchases of children's clothing have alternative closures to drawstrings. These include elastics, buttons, Velcro, or snaps.

In closing, I will leave you with our themes for the month: March 3 to 9 Shapes, March 12 to 16 St. Patrick's Day, March 19 to 23 Spring, March 26 to 30 Senses.

# That's not my problem

## New Friends news

by Barbara Sabanski

How many times have you said, or heard someone excuse themselves by speaking those four little words? Increased cutbacks in the educational system, changes of lifestyles, marriage breakdown, serious illness, all cause problems for adults - but it's the children, who have yet to develop the coping skills to deal with these ongoing situations who hurt

the most. Today there are 7.5 million volunteers who are fundamental to the social and economic landscape of Canada. Because we are spiritual people sharing a human experience, we know that any problem is "our" problem.

In the towns of Lac du bonnet and Pinawa, we have children who need a mature friend to act as a role model, advisor, counselor and extra support

person. While you're reading this message, think about the knowledge, skills and abilities you could contribute to a young person's life. Three hours per week for a school year is the commitment New Friends Community Mentorship Inc. is asking of you. Children are waiting. Turn this problem into an opportunity by calling 345-2867 or 753-2406. Volunteers - the value of one; the power of many.

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