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Vol. 1, No. 23

Tuesday, October 31, 2000

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Blues, Kings combine for SIHL



Cam Sokoloski of the Pine Falls Paper Kings (left) and Jay Griffith of the Lac du Bonnet Blues will soon skate up together in their first game as The Winnipeg River Wolfpack, Saturday, November 4 in Beausejour.

by Toni Bruneau

The Lac du Bonnet Blues and Pine Falls Paper Kings have joined forces as the newest senior hockey entry into the South Interlake Hockey League (SIHL) for the 2000-2001 season.

The team's first game as The Winnipeg River Wolfpack is away this weekend in Beausejour, Saturday, November 4, following practices Wednesday and Friday. It is hoped that the Wolfpack's first home game of the season at Pine Falls, Saturday, November 11 will be well attended as both teams are known for their many loyal fans. The SIHL schedule will be finalized by the end of this week and published weekly in *The Echo*.

Practices and home games for the Pack will alternate between Lac du Bonnet and Pine Falls throughout the season. Curtis Dancyt, Steve Gogo and Vince Rodych will be managing the team, along with Allan Grenier as coach. Currently there are seven players from Lac du Bonnet and ten from Pine Falls in the Pack.

It was really touch and go for a while whether or not there would be senior hockey in this area. Dancyt said, "We're still expecting some more players to come along, but we're right down to the wire whether we were going to go."

There was definitely some disappointment experienced

See WOLFPACK/page 8

Doer visits with local government

by Toni Bruneau

Premier Gary Doer graced the Lac du Bonnet Town and Rural Municipality councils with his presence at an informal meeting last Wednesday afternoon. Mayor Glen Hirst and Reeve Dorothy Boznianin welcomed the premier and the councils were introduced.

Doer expressed his interest in the area both recreationally and professionally. Many topics were discussed and local issues were addressed. Doer said, "We have a fairly cooperative relationship with the federal government... and we're interested in getting things resolved."

"We come here to try to be part of the solution... and that's

why we're here this afternoon."

Mayor Hirst discussed the water treatment plant and informed Doer that, "we are going to be applying for an infrastructure grant" and hoped he would look upon it favorably.

Hirst also addressed the Cambrian Stone project and said that Cambrian and the Federal Government were still talking and things were moving along. He said, "We're pleased about that and hope that it becomes a reality." Doer then inquired on existing obstacles.

An expansion to Centennial School and removing taxes from the municipal bill were

also issues of discussion by Doer and Hirst.

Reeve Boznianin raised concern of the personal property tax. She inquired on the rejuvenation of the assessment review committee. Doer responded with the mention of the former government's schedule of reassessment and the shift of taxation off of businesses and on to farm land.

Boznianin requested to have Bill 44 repealed. This bill was passed and exempted MTS from taxation of municipalities. She expressed her opposition of the sell off MTS and said, "Now they're asking for another increase on the grounds that they can't pay

See ISSUES/page 8



Mayor Glen Hirst presented Premier Gary Doer with a gift on behalf of the Town of Lac du Bonnet at an informal meeting last week.



From the Lions Den

by Dan D. Lion

October is usually a more relaxed month for Lions Club members as we do not usually have much in the way of fundraisers and planning for our Christmas seniors' supper and other activities are usually in the preliminary stages.

The first meeting on October

2 followed along this avenue with only Lion Vi Enns getting into the swing of things by raising pledges and walking in the Walk-a-Dog-a-thon. Lion Vi was very successful raising \$469 for training guide dogs for the visually impaired. One hundred dollars was donated to Centennial School and this pretty much wrapped up the first

meeting.

The second meeting October 16, however was much more exciting. At this meeting the Lions discussed the fact that they had paid off their original five-year commitment of a \$50,000 pledge to the Lac du Bonnet Community Centre, in three years. Last year, because we were building a new storage facility we were unable to pledge any more. This year after some discussion, the Lions have entered into a new five-year \$50,000 commitment to the centre, and a \$10,000 cheque was presented to the executive Wednesday, October 18.

As part of this commitment the Lions have agreed to run the New Year's Eve Gala for the next five years as a Community Centre fundraiser. Even though we were late starting, plans are well underway with John Enright being booked for catering and Road Show Sound supplying entertainment. We were unable to find a band who was not booked at this late date, however it allows us to improve our performance for next year, by booking live entertainment. We are hoping for a sellout as every cent raised will be donated by the Lions directly to the Community Centre.



Grade 1 students presented Janice Halliday with handmade smiles in appreciation of the special part she played in their lives at Centennial School.

Halliday ends 16 years as secretary

by Toni Bruneau

Janice Halliday was honored last Friday afternoon at a special assembly at Centennial School after which she will enjoy a well deserved extended holiday. After 16 years as secretary Halliday will leave her extended family at Centennial School and begin a new life, sharing retirement with her husband Jack.

Halliday was escorted into

the gymnasium and sat centre amongst the entire student and staff population at Centennial School. Students and staff thanked, congratulated and said goodbye to Halliday by presenting their talents to her, in the form of song, art and music.

On behalf of the Parent Advisory Council, Sharon Sveinson presented Halliday with a gift. She said, "Mrs. Halliday has done a lot for the school and for the students. She's wiped tears, wiped noses... bandaged boobies. If you needed to know an address, a phone number, who to contact... Mrs. Halliday knew everything!" Sveinson thanked Halliday and expressed appreciation, adding that she was "a big part of why Centennial School was so special."

After presentations were complete Doug Craig, Principal at Centennial School introduced the guest of honor, "the real reason why a lot of us sure feel a lot better and sure have a lot better days is because of Mrs. Halliday."

Halliday thanked everyone for the afternoon and for their gifts. She jokingly said, "I don't really miss the work Mr. Craig gave me... and I miss the teachers just a little bit." Fighting emotion she added, "But there's a whole group of people I miss a whole lot, and that's the students of Centennial School."



Vicki Short, President of the Board of Directors for the Lac du Bonnet Community Centre accepts a cheque for \$10,000 from Lion Mel Mitchell.

BINGO

COMBINED ACCUMULATORS

<p style="text-align: center; font-weight: bold;">Bonanza</p> <p style="text-align: center;">starting value this week</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">\$1706</p> <p style="font-size: 0.8em;">IF WIN POT STARTS AT \$800 Add 50% of sales on Monday. If not won, carry over total plus 50% of sales to Wednesday. If not won, carry over total plus 50% of sales to Thursday.</p>	<p style="text-align: center; font-weight: bold;">Minnie Loonie</p> <p style="text-align: center;">starting value this week</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">\$1323</p> <p style="font-size: 0.8em;">IF WIN POT STARTS AT \$200 Add 30% of sales on Monday. If not won, carry over total plus 30% of sales to Thursday.</p>	<p style="text-align: center; font-weight: bold;">Lucky 7</p> <p style="text-align: center;">in 24 numbers</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">\$855</p> <p style="font-size: 0.8em;">POT FREEZES AT 25 NUMBERS Add one # plus 30% of sales carry over on Monday; if not won, add one # plus 30% of sales carry over to Thursday. IF WIN POT STARTS AT \$200 in 17 numbers or less</p>
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IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL

FOR UPDATES CALL 345-8625

<p style="text-align: center; font-weight: bold;">Knights of Columbus</p> <p>Lac du Bonnet Community Centre Specials 7:00 p.m. <small>Lac du Bonnet</small></p> <p style="text-align: center; font-weight: bold;">Every Monday Evening</p>	<p>Bonus Line - \$473.00 Star - 113.00 Loonie Pot - Special "Y" - 270.00 Jackpot Strip - Poker Flush - 352.00</p>
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FOR UPDATES CALL 345-8619

<p style="text-align: center; font-weight: bold;">Lakers Ski Club</p> <p>Lac du Bonnet Community Centre Specials 7:00 p.m.</p> <p style="text-align: center; font-weight: bold;">Every Thursday Evening <small>Lac du Bonnet</small></p>	<p>Bonus Line - \$ 718.00 Star - 3834.00 Loonie Pot - 88.00 Poker Flush - 3834.00 Special "Y" - 55.00</p>
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FOR UPDATES CALL 345-6197

<p style="text-align: center; font-weight: bold;">Royal Canadian Legion #164</p> <p>Lac du Bonnet Legion Hall Specials 7:00 p.m.</p> <p style="text-align: center; font-weight: bold;">Every Wednesday Evening <small>Lac du Bonnet</small></p>	<p>Bonus Line - \$4981.00 Star - 47.00 Lucky 7 - Poker Flush - 351.00 Mini Loonie - 3079.00 #1 Loonie - 287.00 #2 Loonie - 1886.00 Jackpot Strip - 155.00</p>
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<p style="font-size: 0.8em;">Publisher Valerie Anderson Sales/Production/ Office Manager Toni Bruneau Production/Art Design Lori Pachkowsky</p> <p style="font-weight: bold; font-size: 0.8em;">SUBSCRIPTIONS</p> <p style="font-size: 0.8em;">Local Rate: \$34.20 National & Urban Rate: \$39.90 Foreign Rate: \$90.00 <small>(prices include PST & GST)</small></p>	<p style="font-size: 0.8em;">P.O. Box 550 Pine Falls, MB R0E 1M0 56 Art Street Powerview, MB e-mail: theecho@granite.mb.ca</p> <p style="font-size: 0.8em;">Powerview Office Ph: 367-9468 Fax: 367-9974</p> <p style="font-size: 0.8em;">Lac du Bonnet Office Ph: 345-9896 Fax 345-0004</p>	<p style="font-size: 0.8em;">The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, Manitoba.</p> <p style="font-size: 0.8em;">Advertising and submission deadline is Friday at 3:00 p.m. prior to Tuesday's publication.</p> <p style="font-size: 0.8em;">2nd class mail #1761687 (Postage paid in Pine Falls)</p>
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Chateau Video Under New Ownership

by V. Anderson

Ken and Rose Funk took official possession of the Chateau Video on October 1, 2000. This husband and wife team have resided in the Silver Falls area for the last 10 years. Both Ken and Rose like the area and are excited about their new venture.

Rose worked for the previous owner Karen Inge of Winnipeg. Rose was employed at the Chateau Video for approximately the last five years. "Working here gave me a good

understanding of the business", said Rose. It helped a lot when I made the transition from employee to entrepreneur. The Chateau is a large building with lots of potential to try new things. Some of the most recent changes since Ken and Rose took over is there is now an arcade and pool table for the youth to enjoy. There is also air hockey, action games and pinball. The arcade/pool room is supervised from 5:00 pm until closing. The Chateau Video offers

more than 6500 movie rentals to choose from. The Chateau also has DVD's and game rentals. The video shop has a 52" TV. to play Nintendo 64 and Play Station II games on. Game players just hook time slots of 1/2 hour to approximately 2 hours. Drop by to see "Future Game Contests" to begin soon.

The bowling lanes are used for league playing from Monday to Thursday and they are run

by Evelyn and George Dodds. Friday, Saturday, and Sunday the bowling lanes are open for public use/rental. Birthday parties and other occasions are celebrated here on the lanes. Some of the new things that the Chateau is going to be doing for the young people in the area is "Glow Bowling" and they are also planning a youth

The Chateau Video's hours of operation are from 12:00 noon to 9:45 pm, seven day per week. The Chateau employs two part-time and two full-time staff. Both Ken and Rose look forward to their new venture and hope you keep them in mind for your next movie, game rental or concession needs.



Game enthusiast experiences Nintendo 64 on the 52 inch TV at Chateau Video.



Games room at Chateau Video will provide entertainment for local youth

Remembrance Day Saturday, November 11, 2000

Remembrance Day is not a holiday, but a day of commemoration to honour, observe, and reflect on the contributions made by Manitobans and Canadians during wars and international conflicts.

On Remembrance Day retail stores and services will be allowed to be open only **BEFORE** 9:00 a.m. and **AFTER** 1:00 p.m.

Services and businesses allowed to operate all day include:

- Hospitals, police, firefighting and security services;
- Emergency services for furnaces, heat, light, electricity, gas or water supply;
- Hotels, restaurants and continuous operation businesses;
- Transportation services by railway, aircraft or motor vehicle;
- Child care and home care services;
- Those in care of perishable products or live animals;
- Commemorative or religious services.

Services and businesses allowed to operate all day are to pause for **three minutes** to allow employees to reflect on the day starting at one minute before 11 a.m.

Employees who work on Remembrance Day have entitlements similar to those of a general holiday, as set out in The Employment Standards Code.

Employees in retail establishments have similar rights of refusal to work on Remembrance Day, as they do on Sundays.

FOR FURTHER INFORMATION:

Employment Standards Branch
Winnipeg: 945-3352
Outside Winnipeg: Toll free 1-800-821-4307
Internet: <http://www.gov.mb.ca/labour/standards>

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Travel Club hosts Halloween fundraiser

by Toni Bruneau

The Lac du Bonnet Senior School Travel Club hosted an evening of Hal-

loween fun for Centennial School students last Friday night which raised approximately \$683 towards their

trip to Greece planned for either March or August 2001.

Almost 150 children attended, many previewing attire intended for this evening's long awaited trick-or-treating. An atmosphere of extremely high energy filled the gymnasium at Lac du Bonnet Senior School where the little guests revelled in activities organized and manned by the Travel Club.

Pretty princesses, ghostly ghouls, and hair bearing hippies were among the crowd of youngsters who participated in and enjoyed a mummy wrap, guessing games, coloring contests,



dancing and the fortune teller, among the long list activities and contests.

Congratulations on a very successful endeavor. The Travel Club is continuing their fundraising efforts

with an odd job squad. If anyone can utilize the energy and talents of these youth, you can call the Lac du Bonnet Senior School at 345-2585.



Iftody acclaimed liberal candidate for Provencher

by Hilda Young

On a foggy Wednesday, October 25 at the Ste. Anne Legion, David Iftody, the incumbent Liberal MP was acclaimed by a standing room only crowd, from all parts of

the constituency.

Iftody was introduced by Ron Duhamel, MP for St. Boniface and Secretary for Western Diversification, "Mr. Manitoba".

Duhamel said, "David Iftody is a hard working MP." A quick summary was made of the financial situation when the Liberals took power in 1993 and the present situation. Duhamel said he "leaves perfection to the opposition".

Both Duhamel and Iftody stressed that Iftody is the only Liberal rural MP in western Canada. Iftody tries very hard to bring people together.

Duhamel said that Iftody is fighting hard for Pinawa. If the election had not been called, there would have been an announcement of several jobs for Pinawa.

Duhamel challenged the audience to ask the other parties what is their vision for this riding. "As David is a member of the govern-

ment they are better off."

Duhamel said that there are roughly 300 people here. It is 33 days to election day. He is asking you to identify 15 people per day to vote for David then he is going to win.

Iftody was formally nominated by three members of the Liberal constituency for different parts of the riding. Herman Martens, Reeve of Morris; Paul Vielfaure from La Broquerie and Winter Grewinski, a 19-year-old student from Lac du Bonnet.

In the audience there was representation from all ethnic and cultural groups in the riding including metis, aboriginal, French, Mennonite. When the National anthem was sung at the end, the French version was first.

Iftody stated that "we (the Liberal party) are there for you."

The Liberal team is committed to Iftody. Bob Smith, campaign manager had a cautionary note. He said that in '93 and '97 Iftody was not expected to win. The margin of victory was 1500 votes. But David is well liked in the riding. Issues outside of the area will affect the outcome.

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MacDonald Brown Rentals ready for winter season



Hillside Beach is home to MacDonald Brown Rentals.

by V. Anderson

MacDonald Brown Rentals is located in Hillside Beach. It has been in operation since May of 1997. The business is run by Manager Ian Pratt. The primary nature of the business is Small Tool and Equipment Rentals, other services include hardware sales, key cutting, hobby sales (plastic models kits) and small engine repair.

MacDonald Brown Rentals is open throughout the year... Business hours are reduced in off season to: Monday to Friday 11:00 am to 12:00 Noon (1

hour) and Saturdays and Sundays 10:00 am to 4:00 pm MacDonald Brown Rentals has a diversified rental inventory that includes Logsplitters to Air Nailers to Infant High Chairs and just about anything in between. Rentals are available by the day, 2 days, and by the week. Some of their items are available on a hourly basis. "The benefits from renting are many" said Ian Pratt. "Renting eliminates high acquisition costs, maintenance costs and storage and security costs. Renting is environmentally

friendly. Renting can also increase accessibility to a wide variety of specialized tools and equipment."

In the winter months MacDonald Brown Rentals also rents out snow-mobiles, Ice Augers and Ice Fishing Tents. In the summer months they rent out Boats/Motors Canoes, and Pedal Boats to mention a few rental items.

They are a company that has seen steady growth in sales. They

are an industry leader in low cost rentals. "We value our customer's suggestions and advice" said Ian Pratt. MacDonald Brown Rentals is active in supporting the community and is a member of the Cottage Country Business Association and the Hillside Rate Payers Association.

MacDonald Brown Rentals welcomes all customers from the Pine Falls/Powerview area and surrounding communities along the Winnipeg River to visit their shop and discuss their rentals needs with their staff.

They are located about 20 minutes from Pine Falls: Proceed West on Highway #11 to Highway #59, turn North (right) and proceed until the Hillside Beach turnoff (this is marked with a sign). Turn West (left) on the

Hillside Beach road and proceed to the first major intersection (about 1.3 km off highway # 59). MacDonald Brown Rentals is on the North East corner of this intersection. For more information call 756-8184

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David Iftody wants to continue to represent your interests



Since October of 1993 David Iftody has represented the residents of Provencher in Ottawa. As your Member of Parliament David has attempted to represent as best he could your views, even at the expense of voting against his government from time to time. He has had the courage to stand up for what he believes and what he understands his constituents believe - increase funding health care, fair compensation for flood victims and farmers and most importantly the traditional family values that all of us in Provencher hold so dear.

There is more to do. Continue to trust David. Vote for David, your voice in Ottawa.



Office headquarters — Phone: 346-1456
Fax: 346-1480

Authorized by official agent Denis Fillion

PUBLIC MEETING LAKE WINNIPEG SHORELINE EROSION ADVISORY GROUP

PRESENTATION OF FINAL REPORT

The Lake Winnipeg Shoreline Erosion Advisory Group was appointed by the Government of Manitoba in October 1998 to conduct an independent review and make recommendations regarding erosion along Lake Winnipeg shorelines. The Advisory Group has completed its work and will be presenting its final report, findings and recommendations as well as the results of its consultant's reports at the public meetings noted below. Anyone with an interest in erosion of Lake Winnipeg shorelines is encouraged to attend.

Community	Date	Location
• Gimli	November 6th	Recreation Centre
• Brokenhead	November 7th	Community Hall
• Winnipeg	November 8th	Canad Inn 1824 Pembina Highway
• Victoria Beach	November 9th	Seniors Centre

Times for all meetings:
Poster display: 3:00 p.m. to 7:00 p.m.
Presentation of reports: 7:00 p.m.

Copies of the final report will be available at the meeting.



For additional information please phone: 982-2561

Lac du Bonnet Police Report



The following constitutes the Police Report for Lac du Bonnet Detachment for the period of the 20th. of October to the 25th. of October:

October 20

A bag of duck decoys was turned in as found property.

October 21

A report was received of an adult male collapsing on the street in the Town of Lac du Bonnet. The ambulance attended and secured medical assistance for the subject.

A report was received from White Mud Falls in the R.M. of Alexander of a vehicle being lent to an individual as long as the Autopac payments were made. The subject has stopped the payments and the owner now wants the vehicle back.

A vehicle was stopped for displaying plates from another vehicle. The vehicle was towed and the plates were seized and the driver was charged accordingly.

October 22

A report was received of a building being pulled along PTH # 11 in the R.M. of Lac du Bonnet. Police attended and found that a pilot vehicle was being used and the roadway was not being damaged.

A report was received of an

Intrusion Alarm at a provincial premises in the town of Lac du Bonnet. Police attended and found that same was a false alarm.

A report was received of an adult male apparently threatening injury to himself in the town of Lac du Bonnet. Police attended and the subject agreed to a voluntary assessment by a doctor.

October 24

A report was received of an Intrusion Alarm at a residence on Mascanow Drive in the R.M. of Lac du Bonnet. Police attended and found all to be secure.

A report was received of an engine puller/lifter being borrowed by an adult male from Seven Sisters and not being returned in spite of numerous requests to return same.

A report was received from a resident of the town of Lac du Bonnet of damage being done to a bicycle at a location in the town of Lac du Bonnet. The owner wanted the damage repaired.

A report was received of dogs running at large in Great Falls, with a request from the R.M. of Alexander Council to follow up with the owners of the dogs in an attempt to have this activity cease.

October 25

A report was received from a resident of Pointe de Bois of some type of substance possibly being put into a drink at the place of work, and making the subject ill.

A report was received of a single-vehicle accident with the vehicle off the road, along P.R. 313 near the Rice Creek bridge. Police and ambulance attended to find that no-one

was in the vehicle. The driver had not been injured, and had been injured, and had been given a ride back to Pointe du Bois.

Village of Powerview considering by-law to ban off-road vehicles

by Gord Sokoloski

The club held an executive meeting on October 25, 2000 to get the upcoming season rolling. The fall general meeting will take place very shortly. See the advertisement in this paper for the time and place. Please make every effort to attend this meeting to elect the slate of officers that will run the club for the coming season.

Without your support, organized snowmobiling and groomed trails could become a thing of the past in this area. This is where Maskwa memberships and Snopass's come in to give the financial support for the club to maintain, build, and upgrade the buildings, equipment, and trails in the area. There are price changes this year. Some up and some down. A Snopass will now cost \$50 before December 5, 2000 and \$70 after that date. So purchase yours early.

With a change in the way Maskwa pays its insurance per capita to Snoman, we are able to reduce the cost of family memberships. All Maskwa memberships either family or single allows for one member and one spouse or girlfriend with voting privileges as well as coverage for family children under 18 years of age. Maskwa membership gives you the full right to use the clubhouse and warm up huts at any time. It gives you two small decals to put on your machines. It also provides a liability insurance against lawsuits. Club events also require a membership which in a lot of cases is honored by other clubs for their club events.

Why buy a Snopass?

It allows you to legally use the groomed trails and it also provides coverage in the form of liability insurance against

money raised by these passes goes to the clubs on a per capita basis to pay for and provide the groomed trails along with signs and area maps.

Equipment purchases are also assisted through this program. For those who are interested there is also a web site www.snoman.mb.ca, which has trail info and club area maps. Although not complete for the province, it is growing in info each year. Snoman can also be reached by phone, 940-7533, or go to their new office at 2121 Henderson Highway in Winnipeg. Passes and memberships are available at Osis Building Supplies and Papineau Motors in Powerview.

Plans for this year include a number of derbys, improving sections of the Bourgeois Trail and building a new half-way hut going to the beaches.

The Maskwa groomer will not be doing the Victoria Beach trails this winter. This will allow for more time on our own trails.

By-law consideration

Snowmobilers and ALL off-road vehicle users, take note. Due to numerous complaints regarding off-road vehicles, The Village of Powerview council is currently considering a by-law banning all off-road vehicles within the Village of Powerview limits.

As a resident I would hate to lose the ability to drive to and from my home with my off-road machines. I would not want to have load my machines on a truck and trailer and drive to the edge of town and then unload the same equipment to go for a ride and at the same time leave my truck and trailer unattended outside of town. Then upon returning I would again have to load my machines to return home.

Some people have called me with personal concerns on this subject, namely, that due to age or health, they would not be able to load and unload their off-road machines, thus they would be denied the ability to go out on the trails if this by-law were in place.

Just think about it for a minute. If council passes this by-law the business in town would also suffer through loss of tourists and residents being able to come to their establishments on their off-road machines to purchase gas, food, drinks and other necessities they might need. Remember this would include places like Clark's Corner, Mr. Pic's and Papertown as they now fall within the village boundaries.

How about the people that use their machines to go to work? To the people of Powerview especially but to all persons that will be affected by this "knee jerk" by-law, call, write or meet with the village council and its members to explain how such a by-law would hurt you and the community.

Yes we and other communities have a problem with the minority bunch of idiots that do not respect the property and rights of the residents. BUT do not let the rights and privileges of the many be punished for the abuse of the few, instead use the existing rules and laws and ensure that law enforcement is carried out to stop these abusers.

As individuals, do not hesitate to get descriptions of people and machines that are acting improperly. Then report them to the authorities. Simply complaining does not get the job done. Your help is needed to stop the abusers of what I consider a good thing.

Many towns have already lost the right of easy access to and from their homes with their machines. DO NOT let us become one of those communities.

Speak up and speak out to maintain and improve what we now have. To those who do not care about others rights and property, please have a change of heart or we all lose out.

EARLY RETIREMENT INVOLVES IMPORTANT DECISIONS

Call for a complimentary copy of our report "Strategies for Dealing With an Early Retirement Package".



This report highlights the major issues that must be addressed including:

- Special Tax Treatment for a "Reining Allowance"
- Pension Plan Options
- Retirement Income Planning
- General Financial Planning (debt reduction, replacing lost benefits and cash flow planning)

ANNE NEMECEK
Financial Consultant

Call (204) 946-9818 or
Toll Free 1 866 221-3635

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Winnipeg, Manitoba R3B 3N9



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ECHO MAIL:
Letters to the Editor
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 Pine Falls, MB Fax: 367-9974 or 345-0004

'Where's the money going?'

This letter is written as a formal and public request to address the current situation in Sagkeeng. Upon hearing what had transpired in the media in the last few days, regarding the Virginia Fontaine Treatment Centre, it struck me as an excellent opportunity to put in a request. My request is directed to the Chief & Council of Sagkeeng.

Since we are jumping on the 'Accountability Band Wagon', I am requesting that the Chief & Council, themselves, work at getting a forensic audit done on the Sagkeeng Education Authority. I feel that it is very unfair that only one organization is being picked

on and yet the management of our education funds is also being disputed. I the past few months there were meetings regarding the huge deficit in the schools, teachers' salaries, and monies being spent on areas they were not intended for. To my knowledge, nothing was really solved at these meetings. As a band member and a parent, I was not invited to attend these meetings and yet this very issue affects us all. If it was an open meeting, than we were very ill-informed.

Year after year, we hear the same song, "Where's the money going?" and yet nobody seems to do a thing about it. It's

There is nothing to do in this town

To Whom It May Concern:
 My name is Kalie Courcelles and I would like to talk about the community. There has been some vandalism around the community and kids are getting into lots of trouble with violence, alcohol and drugs. Well nobody is helping the kids stay away from that stuff. I am speaking for all teens when I say this, but there is nothing to do around here. We go and hang out at Sonny's Chicken House because there are arcade games

there but we all end up getting kicked out of there. The boys can't skateboard anywhere, so there is nothing to do. That is why some of us teens got together because we want to put up a youth centre, where teens can go hang out and have a Pepsi without getting kicked out 'cause we are teens. And maybe try to get a place where the boys can come and skate. Maybe a place with arcade games and a pool table, a place where teens can relax and not get into trou-

ble. We will have popcorn sales at school, hot dog sales and other activities. I think we should do something about the vandalism.....and other stuff that goes on in our community. I just want to say that there is nothing to do in this town and so that is why teens turn to alcohol and drugs is because being board. So thank you for taking time to see what the teens have to say.

Kalie Courcelles,
 Community Youth
 Committee Member

about time something is finally done and it should be done by our leaders.

Chief and Council, please don't just sit there, scratch your heads, look at each other and wonder who is going to fulfil this request. All of you, as a team, should take the responsible approach and contact the right people to arrange for this audit.

Sincerely, Bernie Robinson
 (Courchene)
 Concerned Band Member

Casey's Inn announces schedule for remodeling



Hotel improvements are in the works for Casey's Inn owner Bill Juba. Eight more rooms are going to be added to Casey's Inn, a second floor for the motel unit strip on First Street. These modern rooms will be equipped with jacuzzi's for customer enjoyment and relaxation.

Also slated for construction in the spring of 2001 will be a 14 foot addition for a dining room area with seating to ac-

commodate approximately 100 people. The dining room will also feature a warm fireplace where customers can relax and enjoy fine dining. Juba said he wants to care to the needs of the surrounding area and "improve services within the community." He said there will also be a new and exciting menu for our customer's in his posh new dining area.

The hotel is going to be featuring different types of entertainment. Some of the plans are to add a sound system, and feature rock and roll bands for the younger crowd, like the popular Mark Labossiere. And soon the bar will have a shut-

tle service for the convenience of its patrons.

Lac du Bonnet is a great community, its a place where there is a lot of fun and exciting things to do. In the summer you can fish, swim, camp

and enjoy the river system and great weather. In the winter snowmobiling is popular as well as, ice fishing, hockey and curling which draw people from neighboring towns, which the hotel will be able to accommodate.

1ST STREET, LAC DU BONNET
 345-6294

Casey's
 MOTOR INN

EVERY
 TUESDAY SUPER
 SENIORS NIGHT

Seniors receive 10% Off Our Low Prices starting at \$7.25
 Beverage room or restaurant

Tuesday Special
Pepper Steak \$9.95

INCLUDES FREE GLASS OF BUBBLY

DRINK SPECIALS
FOR SPORTS TEAMS
TWO for \$4.00
FIRST TWO BEVERAGES

Dine In or
 Take Out

CHESTER FRIED CHICKEN

Maskwa Snowmobile Club

GENERAL MEETING

SUNDAY NOVEMBER 5
 Papertown Motor Inn
 7:30 p.m.

North Eastman Health Association Inc.
CALL FOR NOMINATIONS

District Health Advisory Councils

Resulting from vacancies associated with the respective two councils, the North Eastman Health Association Inc. is seeking nominations for membership to participate on both District Health Advisory Councils (North and South).

The DHAC-North is seeking live members from the areas of:

- Powerview/St. Georges/Pine Falls
- Lac du Bonnet
- Pinawa
- Manigotagan/Seymourville

The DHAC-South is seeking four members from the areas of:

- Beausejour
- Whitemouth/Hadashville
- Rennie/Prawda

Nominations must be accompanied by three character reference letters.

The DHAC-North boundary is:
 North of Highway #44 to the 53rd parallel
 East of Lake Winnipeg
 West of the Ontario border

The DHAC-South boundary is:
 North of Highway #44 including Tyndall to the junction of Highway #11 north to Highway #307
 South of the Trans Canada Highway including the RMs of Reynold and Springfield
 East of the Red River
 West of the Ontario border

In an advisory capacity, the District Health Advisory Councils identify local health needs and priorities and provide a community perspective on health issues.

You qualify if:

- You have an interest in health;
- You are a resident of the District; and
- You are not a health care provider who is working within the North Eastman region

The term of the appointment will be for two years. Application forms are available through the NEHA Corporate Office located at:

North Eastman Health Association Inc.
 W.B. Lewis Business Centre - 24 Aberdeen Avenue
 P.O. Box 339, Pinawa, MB R0E 1L0

All completed application forms should be returned to the above no later than **November 30, 2000.**

If you have any questions please contact Mr. Gerrit Boonstra (Chair, DHAC-South) at 204-268-3998, Ms. Mariene Farrell (Chair, DHAC-North) at 204-756-2752, or Ms. Linda Kulkarni, Interim Chief Executive Officer at the NEHA Corporate Office at 204-753-2012 or toll free 877-753-2012.

"Taking Charge of your Health"
An opportunity to get involved with the Health of your Community.

Wolfpack sure to entertain Winnipeg River residents

continued from page 1
when the Blues and the Kings couldn't field enough players for both teams. "Each team had its own individuality and now they're giving it up," Dancyc said. Yet, just having senior hockey in the Winnipeg River area is ex-

pected to get some adrenaline going and attract players, if not for this year, maybe next year.

Cam Sokoloski, a veteran in his fourteenth year and captain for the Paperkings, said he is also disappointed that there weren't enough players for two

teams, especially with the quality of players in both towns. There is definitely not a shortage of skaters in the area, perhaps just of commitment.

"I think it will be good. It will be good for the area," Sokoloski said. "Lac du Bonnet always has

a good crowd. We always have a good crowd."

Interest in hockey, even minor hockey, seems to be lacking from kids, especially in the older levels, like Midgets and Bantams. Dancyc said, "Hockey all over is suffering and there's not too many

kids coming up that we can look forward to, to fill the void."

The uniting of these two teams will provide entertaining senior hockey in both Lac du Bonnet and Pine Falls. We hope that previous fan support will continue and help our team achieve victory.

Issues for the budget Doer visits local government

continued from page 1
their taxes. Well what taxes, when we're not allowed to tax them?"

Bozianin said this issue has the potential to open up a can of worms and asked, "How many other corporation are going to exempt from taxation when they are not Crown corporations?"

Another issue for budget that Bozianin discussed was the lack of funding for programs such as the recreation commission and the regional development corporations. "Our recreation commission has been very successful," she said. "We're getting to the point now that our rec director is probably going to need an assistant to handle the

work load."

"We definitely believe there are some challenges here," Doer said. "I think some of the points you're raising, we do know there are some things we need to rebuild and reinvest in. We're not going to be able to do all of them the first twelve months or the second twelve months. It's going to take a little time to re-

build and we want to make sure we're rebuilding the right ones too. We don't want to go backwards, we want to go forward. I certainly respect what you're saying, it's going to take us a little time to make sure we get it right. We'll start with nurses, and the schools. And the roads because it's so important to tourism."

Councillor Rod Demoline ended discussion with the youth centre in Lac du Bonnet and how it was "a wonderful addition to the neighborhood for the kids" saying that it could fit hand in hand with the recreation district funding. He encouraged the premier to consider funding as a guaranteed continuance of these valuable programs.

Lac du Bonnet Community Billboard

2000 Manitoba Attorney General Crime Prevention Awards will be held November 16 at Garden City Canad Inn, 2100 McPhillips Street. Wpg For tickets and info call 945-5286

Cholesterol and Healthy Eating November 9, 10-15 a.m. Prawda Hall, come out and meet Dale Kornelson, our new community dietician

Presentation on Stress by Leone Pommer, November 15, 1-30 p.m. Hadashville Seniors

Wellness Day November 23, 12-30 p.m. Lac du Bonnet Pioneer Club

Lac du Bonnet Lions Club meets the first and third Monday of each month, 7:00 p.m. at the LdB Community Centre.

Lac du Bonnet Regional Library open Tues. and Thurs 10:30 a.m. to 4:30 p.m. and 7:00 to 8:30 p.m., Wed and Fri. noon to 4:30 p.m., Sat 10:30 a.m. to 12:30 p.m., ph. 345-2653.

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall, Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of each month 7:30 p.m. Legion Hall.

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Vicki Landry 345-8647.

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

St. John's ACW meets first Monday of every month 1:30 p.m. parish hall

Battered Women's Crisis Line 1-800-362-3344

Lakeshore At-A-Don Group Thursday 7:30 p.m. Lac du Bonnet District Health Centre, 89 McIntosh Call Teri 345-8712

Lakeshore At-a-Teen Group begins November 2, 6:30 p.m. at Lac du Bonnet Youth Centre (McArthur Avenue). Phone Kathie 367-8237, Vickie 345-6520

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St John's Anglican Church, 86 McArthur, Lac du Bonnet Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403

Ladies A.A. Meetings Thursdays 1:00 p.m. 18 McDermot, Pitawa Doreen 753-8357

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association meets first Tuesday of every month 7:00 p.m., RM office, except June, July and August. Call Peter 345-6190

New to town? Drop in to the Craft Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Lac du Bonnet office, Health Centre 345-1227, Ruth Clay Services: driver escort, lifeline personal response system, friendly visitors, fee-for-service handy helpers, information volunteers

Pioneer Club Meets first Monday of month 9:30 a.m., Pioneer Club

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month

Alzheimer Society Theresa Conroy, Whitemouth 348-3505, Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville

Little Day Buddies Nursery School Mondays, Wednesdays and Fridays 9:00 a.m. to 11:30 a.m., 12:30 to 3:00 p.m., Lac du Bonnet Community Centre Janice 345-8979

Call The Echo to list your regular meetings and events

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL
Pastor Jeff Andrews, church 345-2934, home 345-1956
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer.

LUTHERAN CHURCH OF THE CROSS
Pastor Kolleca Karlovsky, church 345-8654, office 345-2919
Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH
Father Richard Mackara, 345-2900
Lac du Bonnet: 5:00 p.m. - Saturday mass: 11:00 a.m. Sunday mass
Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH
Rev. Brian Roastree 367-8615, church 345-2357
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist.



Halloween Similies

by the Pine Falls School Kindergarten Class

Halloween is...

- ...as orange as an orange
- ...as black as a
- ...as gooey as cherry bubble gum
- ...as fast as a
- ...as spooky as a ghost
- ...as scary as a skeleton
- ...as fun as wrestling with my brothers

by Dylan Wilcott

- ...as orange as a pumpkin
- ...as black as a witch's hat
- ...as gooey as jelly
- ...as fast as a horse
- ...as spooky as a ghost
- ...as scary as a fat spider
- ...as fun as having a birthday party

by Jeanne-Louise Van Rooyen

- ...as orange as a pumpkin
- ...as black as a cat
- ...as gooey as snails
- ...as fast as a rabbit
- ...as spooky as a witch
- ...as scary as a ghost
- ...as fun as eating candies

by Krista Ketola

- ...orange as a pumpkin
- ...as black as a wizard's hat
- ...as gooey as caramel
- ...as fast as a coyote
- ...as spooky as a ghost
- ...as scary as a goblin
- ...as fun as making a snowman

by Zane Anderson

- ...as orange as a pumpkin
- ...as black as a bat
- ...as gooey as frogs
- ...as fast as a jet
- ...as spooky as a vampire
- ...as scary as Frankenstein
- ...as fun as jumping on a trampoline

by Aaron Pachkowsky

- ...as orange as an orange
- ...as black as a dark night
- ...as gooey as mud
- ...as fast as a bunny
- ...as spooky as a ghost
- ...as scary as a bear
- ...as fun as riding my bicycle

by Lee Gaffray

- ...as orange as a pumpkin
- ...as black as a witch's hat
- ...as gooey as slime
- ...as fast as a cheetah
- ...as spooky as a vampire
- ...as scary as a witch
- ...as fun as catching leaves

by Garrett Berthelette

- ...as orange as a pumpkin
- ...as black as a cat
- ...as gooey as slime
- ...as fast as a tiger
- ...as spooky as a ghost
- ...as scary as a bear
- ...as fun as a party

by Amber Cyr

- ...as orange as a pumpkin
- ...as black as a bat
- ...as gooey as noodles
- ...as fast as a dog
- ...as spooky as a ghost
- ...as scary as a witch
- ...as fun as flying a kit

by Brittany Frederick

- ...as orange as a pumpkin
- ...as black as a bat
- ...as gooey as bubble gum
- ...as fast as a car
- ...as spooky as a ghost
- ...as scary as a vampire
- ...as fun as eating a candy.

by Cole Dinsdale





Mlle. Lambert instructs students in the arts and crafts program at Powerview School. Students display their Halloween crafts produced in the arts and crafts program.

Exciting Program Offered At Powerview School!

The discovery Program in Powerview School has been established for eight years. We have been able to offer various sessions throughout this time. Our goal has been to enrich the students' interests by exploring activities not offered in the regular school program.

The program consists of bi-weekly activities compris-

ing eight to ten weeks of 80 minute instruction. Grades 5 to 8 students participate in an activity of their choice.

Initially the program was supported by a grant, but it is now operating with the help of fund-raising.

The coordinators of the program are Claudette Lambert, Micheline Lafreniere, and Judy Johnston.

This year the first eight sessions include: dance/Mrs. Magnan; junior curling/Mrs. Sharpe and Mr. Playfair; pottery/Mrs. Kovachik; native art/Mr. Kent and Ms. Hovorka; decorative wood painting/Mrs. Watson; mini home economics/Mrs. Jones; arts and crafts/Mme Savard and Mlle Lambert; sports/Mr. McCluskey; stained glass/Mme Lafreniere and Mrs.

Sheane; outdoor education/ Mr. Paukovic and Mr. Augstin.

Other sessions offered throughout the years have in-

cluded: watercolour painting, calligraphy, sailing, computer graphics, and Olympic wrestling.



Teachers Aid Daniel Kent teaches students in the Native Art class at Powerview School.

Halloween Safety

Be safe, be seen, have a RoadWise Halloween

No children injured by vehicles last Halloween

It's the night for ghosts and goblins, ghouls and gremlins - imagined terrors lurking behind every bush and under every doorstep. But Halloween can also be a night of very real dangers for trick-or-treating children. An average of three Manitoba children are injured by motor vehicles on this night each year. Last year, there were none.

That is why Manitoba Public Insurance (MPI) is once again teaming up with the Manitoba Brain Injury Association (MBIA) to distribute glowsticks free of charge to almost 124,000 kindergarten to grade six students across the province.

"We're very pleased that children from 639 schools from all across the province will be safer this Halloween," said John Douglas, MPI's Vice President of Public Affairs.

"Motorists can't avoid children they can't see. We're encouraging students to carry a glow stick or wear it on their costumes to help them be more visible to motorists. We're also providing their parents with an explanatory letter and some pedestrian safety tips that will help them keep their children safer any time they are walking near vehicles."

And while Douglas encourages parents and children to take steps to ensure their own safety, he also wants motorists to be reminded to slow down and be particularly careful on this night when thousands of

children are out after dark.

"Injury prevention is a very important part of what we do," said MBIA president Glen Bergeron. "And because so many children are out after dark on Halloween, that night presents a particular risk for injury." Participating schools are being asked to send the glowsticks and letters home with students on Monday, October 30.

For those who would like additional glowsticks, the Manitoba Brain Injury Association is selling them through their office and at all Boston Pizza outlets in Manitoba. All funds raised through the sale of these glowsticks will help provide support services to people with brain injury and their families in Manitoba.

Community Billboard - ph 367-9468

Helpers Journey - A six week Caregivers Workshops beginning Monday, October 23, 7:00 p.m. Whitemouth Seniors Club room. Call Diane at Two Rivers Seniors 348-4610 for info.

Library Allard's Library Hours: Tuesday: 10:30 a.m. to 5:00 p.m. Wednesday: 1:00 to 5:00 p.m. 6:30 to 8:00 p.m. Friday: 1:00 to 5:00 p.m. Saturday: 10:30 a.m. to 4:00 p.m.

Beaches Library: Library Hours: Tuesday 1:00 to 5:00 p.m., Thursday 4:00 to 8:00 p.m., Saturday 10:00 a.m. - 2:00 p.m.

Knights of Columbus: Meetings every second Tuesday of the month 7:30 p.m. Powerview Church basement

Silver Haven Clubs: Cribbage - every fourth and fifth Monday, 1:30 p.m. - Whist - every Thursday, 1:30 p.m.

Winnipeg River W.L.: meetings third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges

Pine Falls Health Auxiliary: Meetings first Tuesday of every month, 1:30 p.m.

Cottage Country Business Assoc.: Meets first Monday of the month, 7:00 p.m. October through May, ph 756-2596

Alcoholics Anonymous: - Sunrise Group - Meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. Last Friday of the month open to the public. Located at St. Georges Catholic Church basement.

Pine Falls Legion - Meetings held second Thursday of the month 7:30 p.m. Legion. Meat raffles held at Legion on Fridays 4:30 to 5:30 p.m.

Pine Falls Masonic Lodge # 154 - meets on second Friday of every month in the Pine Falls United Church. Except January and February.

Badminton - Pine Falls School Gym, Sunday and Wednesday nights, 7:00 to 10:00 p.m.

Powerview Garbage pickup every Wednesday recyclable pickup first and third Thursday of each month

P.A.A. meeting first Tuesday of each month at 7:00 p.m.

Village of Powerview meetings, second Tuesday of each month

Winnipeg River Senior Service Inc. Coordinator: Tina Poltschuk, Office: Pine Falls Health Complex, Telephone: 367-9128, Hours: 9:00 a.m. to 3:00 p.m. Monday to Friday. Services: transportation, home maintenance, foot care, volunteer help, info.

Family Care Giver Support Group at the United Church, Pine Falls, last Thursday of the month, 7:00 p.m.

A.A. & Al-Anon - The Beaches family group - Thursday, 8:00 p.m. - Senior Scene, Victoria Beach, 1 Ateah Road 756-8018 or 756-2101

Pine Falls Library - Open 3:00 p.m. to 5:00 p.m. Monday and Thursday

Happy Tots Day Care - 367-2601, board meetings last Monday of each month 7:00 p.m. at the daycare

Senior Scene Inc. #1 Ateah Rd., Victoria Beach. General meetings second Tuesday of the month. Call 756-6468 for more info.

Mental Illness Support Group: meets second Wednesday of the month 7:00 p.m. Wings of Power office.

Beaches Help Centre - 756-6471, Wednesday 1:00 to 4:00 p.m., Friday 10:00 a.m. to 1:00 p.m.

Powerview Parent Advisory Council - meets first Thursday of every month

Great Falls Hall Workers - Tuesdays and Thursdays from 10:00 to 11:00 a.m.

Winnipeg River Church Services

NOTRE DAME DU LAUS: POWERVUEW - Saturday evening 7:30 p.m. (English), Sunday 8:30 p.m. (French), 10:30 a.m. (English), STEAD - Saturday 5:00 p.m.

PINE FALLS UNITED CHURCH: Sunday service Sunday school 11:00 a.m. Rev. Jack Ballantine-Dickson Office hours: Tuesday to Friday 10:00 a.m. to 12:00 noon, ph 367-2633.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rector, the Rev. Brian Rountree: Sunday Service at 9:00 a.m.

ST. THERESA'S: Masses at Notre Dame du Laus

ST. GEORGES: Mass Sunday at 8:00 a.m. and 10:00 a.m.

ST. JUDE'S ANGLICAN CHURCH Grand Marais, Holy Eucharist - second and fourth Sundays, 11:00 a.m. Morning prayer 11:00 a.m. - first, third and fifth Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH Thalberg, 1 mile east and 1 mile south of Junction #12 and #304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. #12, 1 1/2 miles north of junction with #317. Sunday church school 10:00 a.m., worship 11:00 a.m. (alternate locations). For info. call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Thursday, church service 10:30 a.m. Sunday school 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 p.m. every Sunday, Scantbury, on Hwy. #59.

ST. MARGUERITE R.C. MISSION Pitt Road - Traverse Bay, 11:30 a.m. Sunday additional mass mid-June through Labour Day 7:30 p.m. Saturday. Closed November 1 to April 30th.

ST. ALEXANDER R.C. CHURCH located at Sagkeeng First Nations Sunday mass 10:30 a.m.

ST. THERESA R.C. MISSION 88 Glendale Avenue, Grand Marais. Mass or community service 7:30 p.m. Saty. first Saturday of November to last Saturday of April. May through October mass 10:00 a.m. Sunday

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Guimond (Pastor) Sagkeeng South Shore, service Thursday 7:30 p.m. and Sunday 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. at Hollow Water.

GRACE BAPTIST CHURCH - Bible study, Wednesday 7:30 p.m., call Pastor Todd Goudy for information 367-2531.

Temper tantrums

by Crystal Rattal

I've been asked this question a lot lately: "My child has temper tantrums - how should I handle it?" From living with an eighteen month old child, I have seen the wrath of the temper tantrum first-hand. I'm sure many parents have experienced the temper tantrum, as it is very common in children age two to four. Manitoba Health has a wonderful information pamphlet on suggestions for dealing with a temper tantrum, I'll share some of their ideas with you.

What can you do if your child has a temper tantrum?

One of the best things a parent can do is stay calm and ignore the tantrum. I know - easier said than done, but a firm, matter of fact approach

allows parents to have control over the situation and sets a good example for the child. Attempts to argue, plead, reason, or "talk sense" with the child will not work since the child is out of control and unable to listen. Physical punishment and threats will not work either.

Temper tantrums usually release a great deal of built up physical energy. It is important to protect the child from getting hurt, harming others or damaging property. The child will feel guilty later for any injury or damage he has caused during the tantrum. Therefore parents should calmly move the child to a safe place. It may help the child get control of himself if the parent holds the child securely. Parents can help the child calm down by providing a quiet, dis-

traction-free space. This gives the child the time and energy needed to get out of the tantrum.

Some children hold their breathe until they turn blue. As frightening as this may seem, the body's reflexes will make the child breathe before he is in any danger. So if left alone the tantrum will end naturally and the child will resume breathing on their own.

As a younger child calms down, discuss the tantrum with him. Let him know that you disapprove of the behavior, but understand how frustrated he must feel. Help the child find non-destructive ways to release his anger.

When a child has a tantrum in a public place, the parents may feel pressured and embarrassed. Onlookers may criticize or give well-meant advice.



Parents should remember that most people will understand because they have probably been in a similar situation. The child's tantrum should be handled in the same calm way, no matter what the setting. Taking the child to the car or restroom where he can have his tantrum in private may help. Stay with the child until he has calmed down.

Suggestions

Stick to the child's routine and rituals - they are a source of security to the child. Change can lead to a feeling of loss of control and insecurity to the child. Make sure your child is getting plenty of sleep and is having regular meals. Temper tantrums are more likely to occur when a

child is hungry and tired. Set realistic rules and limits for the child. Failing to tell the child what the rules are or changing the rules is confusing and frustrating. Try to use positive words when explaining: "You can watch TV after you have eaten" rather than "No you can't watch TV now." It's important to remember that temper tantrums are a very natural part of growing up, but understanding and concern can help reduce the child's frustration.

Another great resource for parents in the Parent Help Line at 1-888-603-9100 or you have the internet check out parentsinfo.sympatico.ca or feel free to call Wings of Power at 367-9641.

Ask your Pharmacist

Pesky germs are smarter than we thought

Health experts are concerned about the number of germs that have developed resistance to medications. The problem is antibiotic resistance. It's a case of Darwin's "survival of the fittest": antibiotics kill most of the germs they're supposed to, but sometimes a few "get away"

because the antibiotic doesn't have any effect on them. While the weaker germs are killed off, these stronger germs become more common - until it gets to the point where only the stronger germs are left. At this point, the antibiotic is useless because it has no effect on the stronger

germs. This means we have to develop newer, stronger antibiotics and start the fight all over again.

Here's what you can do to help conquer those germs:

* Don't insist that your doctor give you a prescription for an antibiotic if you're suffer-

ing from a cold or the flu. These are caused by viruses, not bacteria, so antibiotics won't work on them.

* Don't demand the "latest" in drugs. The most expensive and newest drugs aren't always the best ones to use - sometimes older, less sophisticated drugs will do the trick. Then we can save the really high-powered drugs for the most serious infections. After

all, there's no point in using a sledgehammer to swat a fly.

Always take the dose that's prescribed by your doctor, and for the whole time period prescribed. If you take less than the prescribed dose or stop taking it too soon, you're not hitting the germs with the full force of the drug. (Of course, don't take more than the prescribed dose, or you could make yourself really sick!)

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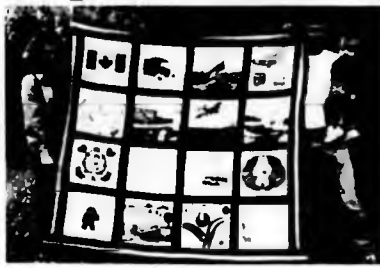
Have you ever watched kids On a merry-go-round? Or listened to the rain Slapping on the ground? Ever followed a butterfly's erratic flight? Or gazed at the sun into the fading night? You better slow down. Don't dance so fast. Time is short. The music won't last Do you run through each day On the fly? When you ask "How are you?" Do you hear the reply? When the day is done Do you lie in your bed With the next hundred chores Running through your head? You'd better slow down Don't dance so fast. Time is short. The music won't last.

Ever told your child, We'll do it tomorrow? And in your haste, Not see his sorrow? Ever lost touch, Let a good friendship die Cause you never had time To call and say "Hi"? You'd better slow down. Don't dance so fast. Time is short. The music won't last. When you run so fast to get somewhere You miss half the fun of getting there. When you worry and hurry through your day, It is like an unopened gift... Thrown away. Life is not a race. Do take it slower Hear the music Before the song is over.

Wood wins quilt raffle

by Toni Bruneau

Cindy Wood of Winnipeg, was the lucky winner of the Riverside Quilters' 2000 quilt raffle. Members of the Riverside Quilters contribute to the production of raffle quilt making it a rewarding team effort. Proceeds of the raffle have been donated to many worthwhile causes in the local area including: The Patricia Enright Fund, the Lac du Bonnet Regional Library, New Friends Mentorship Program, the Alzheimers Society, the Ashley Kovari Fund, Old Pinawa Heritage Walk, the Lac du Bonnet Community Centre and the Welcome to Lac du Bonnet Monuments.



Cindy Wood, fiance Perry Tetrault and their son Connor, hold this year's raffle quilt, a result of the talents of many members of the Riverside Quilters.

Where have all the sportsmen gone?



by George Bayly
Sportsman-ship? Would someone like to explain it to

me in the context of today's Sports? The Oxford dictionary defines "sportsman" as: "A person who regards life as a game in which opponents must be allowed fair play", and defines "sportsmanlike" as "befitting or worthy of a sportsman".

It seems to me that the general attitude of fairplay and sportsmanship has nearly vanished and has been replaced by a "quest to win at all costs"; after all, today's sports, whether it is hockey, baseball, or football, are based entirely on buying the best players, and operating the team as a business. The fact is that today's teams are high-level business in which fair play and sportsmanship are of secondary importance. In the sixties, Green Bay Packers coach Vince Lombardi said: "Winning isn't the only thing, it's everything". And so it is today, along with high profitability and ridiculously high salaries, that winning is everything.

The attitude of many professional athletes reveals a zealous and arrogant individual, who, when having reached a position of advantage over an opponent during a match, feels obliged to "rub dirt in the face of the opponent" For example, in football, we have spiking the ball, gesturing or waving a finger in the face of an opponent, or performing some ritualistic tribal dance. This past weekend, such a ritual resulted in the ejection of two players from a football game. Are these athletes role models for young people who are aspiring to take up sports? Certainly and emphatically not!

In the hockey arena, some players seem to have to demonstrate primal, atavistic habits by swinging their sticks like their cavemen ancestors had done eons ago. Players who are paid millions of dollars participate in a profession where belligerent and bellicose actions should be condemned by owners, coaches,

players, the media, and by the paying public. Athletes who wish to behave as barbarians should become wrestlers, thus keeping all such types in the same barn, so to speak.

Among athletes, professional sport is the elite world, and because of that distinction, they should be leading the way as role models. Unfortunately, when they receive that distinction, they tend to whine because their annual contract is only for six million dollars and not eight million (with no additional signing bonus of two million dollars.) The whole state of affairs was flashed to the world twenty-eight years ago at the Moscow Sports Palace in 1972, when hockey aficionado and player agent Alan Eagleson, for all the world to see, raised his middle finger to the Russian people. Has it all been downhill since then? We've even got a pro hockey player who went on record in front of the television cameras to say that he liked fighting and that it was his job. As a boy growing up in Pine Falls, I watched a lot of hockey on T.V. and local games played by the Paper Kings in the hey day era of the 1950's, and there was some fighting and the occasional cheap shot, but nothing to the extent of what goes on today. Granted, there are more teams and players than 50 years ago which would increase the frequency of incidents, but that fact still does not legitimize their occurrence in sport. Back then, players did not wear helmets, except in certain circumstances, so player safety was given consideration by the vast majority of players. The old stalwart hockey referee, Red Storey, in an interview a few days ago, at the conclusion of the McSorley trial, referred to the present state of things in the NHL, as "a mess". He should know, because that old timer, who started his career as a referee in the 1940's, is in the best position to make some comparisons. How can young kids understand the meaning of good sportsmanship and fair play when they see what is happening in arenas and stadiums across the land?

On the move - Girls Day

Recreation Ramblings

by Michelle Chudd, Recreation Director
Winnipeg River Recreation District

Well, for those of you who did not hear about this day, holy smokes! It was a good one. Last Wednesday all of the girls at Pinawa Secondary School and Lac du Bonnet Senior School took part in an *On The Move* day. The goal of the day was to promote girls and physical activity as well as to introduce the girls to a variety of activities and reasons why you should be active. A few special sessions were also included that the girls ranked high on their list of sessions that they wanted in the May survey that was distributed to help plan the day. To say the day was a success would be an absolute understatement. Special thanks to the schools for their cooperation and tremendous support and to all of the girls that participated.

From funky dance to golf, make up to massage, pannel sessions to tae boxing, the day was action packed! Some presenters were "home grown talent" and others travelled from Beausejour. Winnipeg, Powerview and surrounding areas.

Rumor mill update... I have heard some rumblings of a boys day happening in 2001... stay tuned.

Pinawa badminton club: Do you enjoy the sport of badminton? This fun, recreation league meets every Tuesday from 8:30 to 10:30 p.m. and Wednesday evening from 7:30 to 9:30 p.m. at the Pinawa Community Centre. Lessons can also be provided too. For more information contact Elaine Greenfield at 753-2515.

Adult rec volleyball and

basketball: every Wednesday night an adult (16 and over) rec night out with volleyball from 6:30 to 8:00 p.m. and basketball from 8:00 to 10:00 p.m. at the Lac du Bonnet Senior School gym. Come on out! Due to high school sports - the rec night may not run due to home games, organizers will have a telephone "tree" to let those interested know about it.

20th annual Christmas craft sale: This is the main event, the big one - the one you're all waiting for. Saturday, November 18 from 10:00 a.m. to 4:00 p.m. at the Lac du Bonnet Community Centre. Czeck the Kitchen homemade food will be back again!

Hallway walking: Every Monday to Friday from 4:30 to 8:30 p.m. at the Lac du Bonnet Senior School hallways.

MB Farm Women's Conference

Marilyn Zarecki, Home Economist, Manitoba Agriculture
Beausejour, 268-6015, e-mail: mzarecki@agr.gov.mb.ca

Canadian farmers represent 3% of the population, but that 3% makes a difference! Come and discover how at the Manitoba Farm Women's Conference November 13 and 14.

Smart Women authors, Barbara Thrasher and Madelon Smid, will start off the conference, followed by Larry McIntosh from Peak of the Market. Select-a-sessions include: herbal remedies, rural child care, willow furniture, communication skills, new generation co-ops, financial workshops, mood disorders and taking care of you. David Northcott from Winnipeg Harvest will also be speaking. For your entertainment there will be aquasize classes, tours, the famous mini market and a special surprise after the banquet. We can't tell you, but think green. Juno Award winner Al Simmons

farm women's stories book "Around the Kitchen Table - A 2nd Helping" will also be available for purchase.

The conference fee includes two full days of sessions, meals, banquet and entertainment. See you at the conference!

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LdB/Pinawa participate in provincial initiative to promote physical activity

by Toni Bruneau

Last Wednesday 129 girls at Lac du Bonnet Senior School and 81 girls from Pinawa Secondary School, not only enjoyed a day off from the classroom but were treated to a day packed of entertainment and activity.

In conjunction with a provincial initiative to promote physical activity for girls, Winnipeg River Recreation Director Michelle Chudd developed *On The Move - Girls Day*, with the idea originating from a recreation conference last February. A presentation was given to School authorities and North Eastman Health Association following the conference which resulted in the formation of committee to organize the event.

A survey was conducted in the spring to help the selection of events and activities to be

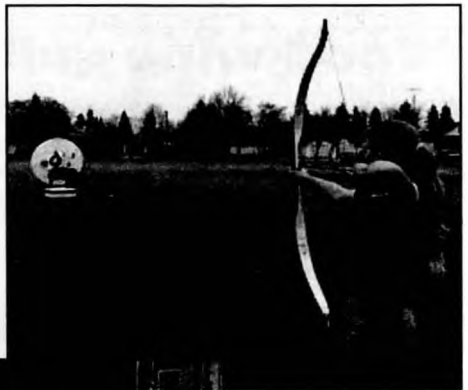
included in the agenda. Yoga, archery, step aerobics, martial arts, golf, massage therapy, funky dance and cosmetics... to name a few, were included in the day's schedule.

Some of the girls' comments collected on evaluation sheets include: "The day was awesome", "Inspiring", "I admit this is the most exercise I've got in a long time."

Canvassing for support was

conducted towards local businesses and organizations to offset the \$1000 budget, which contributed to the success of the day.

"I think the goal of spreading the message about the importance of physical activity was met," said Chudd, and added that it was an awesome day and "absolutely worthwhile."



Carolyn Larson (above) took part in a hands-on archery demonstration by Tom Paukovic of Powerview. Eddie Miller of Winnipeg attended Lac du Bonnet Senior School to provide a funky dance class, at which over 100 girls participated.



Messages from Kuwait

Dave Penner, on leave from Centennial School, is currently teaching Grade 4 at the American School of Kuwait. His wife Janet is also employed at the same school in resource/guidance. Dave and Janet visited back home, here in Lac du Bonnet, during their sum-

mer holidays. They have agreed for us to publish their experiences, via email to Toni Bruneau, in a weekly column, *Messages from Kuwait*. Any messages or questions for the Penner's can be forwarded to Toni at The Winnipeg River Echo 345-9896.

Premium 30¢ per litre

Dear Toni,

Driving in Kuwait is "CRAZY". Everyone drives really fast. Top of the line Mercedes, BMW's, Jaguars, Bentleys and assorted American and European sportscars are the cars of choice for Kuwaitis. They drive by a different set of rules. Many accidents here are brutal.

Coming out of the desert one day we came upon a crash where one vehicle was cut into three pieces. It's reminiscent of the late 50's and early 60's in Canada when cars were devastated in crashes.

Driving home one night, with a friend, I was surprised to realize we were traveling at 140 kilometres an hour and cars were whipping past us in the passing lane. It is common to have a vehicle drift across three lanes at high speed, passing through an opening barely one

car length, with the driver busily conversing on a cell phone, all at 140+ kilometres.

There are no ditches here, the desert provides a handy 1000 mile wide shoulder on both sides of the road. Three lanes can easily turn into four with the desert turning into the fourth lane. Six abreast in four lanes can also happen. You don't ride a bike in Kuwait! In the country it can be unnerving to have vehicles pass between your car and an oncoming car putting three cars abreast on two lanes. Move over boy!

When you want to get into a lane, you drive up beside a vehicle in that lane and put your front fender about four inches from his, and DON'T make eye contact, keep edging forward and he'll back off. Make eye contact and you're lost, you'll never get in.

We choose our driving times carefully and avoid driving at night, especially on the weekends (Thursday and Fridays). The up side to driving in the Middle East is cheap gas. You can't even get regular gas in Kuwait, only premium and super premium. The cost? 30 cents Canadian per litre (and this after a hike in prices last year).

Kuwait is a city state. Almost everyone lives in Kuwait City. Two and a half million people live around Kuwait Bay, just south of Iraq. There are no lakes or rivers in the entire country, yet Kuwait has a lot of fresh water. Gigantic de-salination plants remove the salt from the sea water for use in the country. There is never any rationing of water and you can drink right out of the tap, although most of us buy bottled water which is very inexpensive here.

Since the Iraqi invasion, there has been much planting within the city. Date palms line most streets and many parks have been built in the city and along the Arabian Gulf.

In order for plants of any kind to grow in Kuwait they must be watered continuously. Thousands of miles of plastic hosing have been laid to irrigate planting projects. The date palms are beautiful and mesh bags are tied around the dates when they start forming so that they are already bagged when they ripen. In places where they aren't bagged the sidewalks are a sticky mess when the fruit drops.

Dave and Janet Penner P.S. Things to get used to: three and a half minute red lights and dust storms.

Next Week: Kuwaiti cuisine

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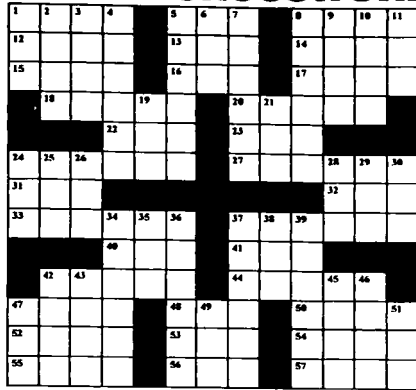
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WEEKLY CROSSWORD



Rhyme Time

ACROSS

- 1. A kind of wound
- 5. Mason's aid
- 8. Heredity unit
- 12. About aviation
- 13. Rage
- 14. _____, Alberta (sounds like Noyen, Quebec)
- 15. Golfer Mike
- 16. Born as
- 17. Base metal

- 18. Anwar _____
- 20. Centre
- 22. Sense of self
- 23. Compass pt
- 24. Field piece
- 27. Givers
- 31. Ms. Lennon
- 32. King, in Kamouraska
- 33. _____, Manitoba (sounds like Fertile Saskatchewan)
- 37. _____, Ontario (sounds like Reston,

Manitoba)

- 40. Own, in Ayrshire
- 41. Grownup chick
- 42. Lure
- 44. _____, Ontario (sounds like Canora, Saskatchewan)
- 47. _____, British Columbia (sounds like Pope, Saskatchewan)
- 48. Trotsky or social follower
- 50. Regulation
- 52. Matures
- 53. Coach Murphy, for one
- 54. German river
- 55. Rhymor
- 56. Printers concerns
- 57. Spotted

DOWN

- 1. Hack or chain follower
- 2. Golf props?
- 3. Operatic selection
- 4. _____, Saskatchewan (sounds like Morden, Manitoba)
- 5. _____, Alberta (sounds like Clinton, Ontario)
- 6. Metal source
- 7. Judged
- 8. _____, British Columbia (sounds like Holden, Ontario)
- 9. Appraises visually
- 10. Tidy
- 11. Finish
- 19. Back then
- 21. Metric or rhythm preceder
- 24. Carriage horse
- 25. Black cuckoo
- 26. Neither black _____ white
- 28. Table scrap

- 29. Kangaroo, for short
- 30. Wrongdoing
- 34. The most domesticated
- 35. Rim
- 36. Tempt
- 37. Important people, slangily
- 38. Slipper fish
- 39. Sleeps noisily
- 42. _____ Saskatchewan (sounds like Fugate, Newfoundland)
- 43. Fencing sword
- 45. Obnoxious
- 46. On the sheltered side
- 47. Hockeyists Day or Holmes
- 49. Scotsman's topper
- 51. Sea eagle

LAST WEEK'S ANSWERS

Apologies to our Crossword Enthusiasts

There was a little mix up with last week's puzzle. We apologize for any inconvenience this may have caused. This space will contain the answers to Rhyme Time, in next week's issue.



CRYPTIC PUZZLE

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

FK FE RQKKQC KL RQ IQXCQU KGXZ PLAQU
FIBLJ SXZZLK RQ RLKG

- ZFSSLPL TXSGFXAQPPF

Last Week's Solution

"IT'S NOT THE SIZE OF THE DOG IN THE FIGHT. IT'S THE SIZE OF THE FIGHT IN THE DOG"

- MARK TWAIN

WEEKLY HOROSCOPE

for the week of October 30 - November 5th

Aries March 21-April 20



Keep your mind on business. Pay attention to what needs to be done and get it accomplished. You'll get out from under a long-standing obligation and be free to do things your own way. Try to be fair with friends and family.

Taurus April 21-May 21



Experience is the best teacher, but you have to be observant and open-minded. Be aware that others may not have your best interests at heart. Much of what is going on behind the scenes will become known. Take time for yourself and sort out your feelings.

Gemini May 22-June 21



Don't be afraid to ask the tough questions. You need to find out the right answers, plus it makes a good impression on the people in charge. Financial situations take a turn for the better. An older person plays an important part in your life this week.

Cancer June 22-July 22



You'll shed burdens and obligations not rightfully yours. Good news, and a challenge, come long-distance. Don't worry; you're up to the task. Your powers of persuasion bring others around to your side. An admirer wants to get to know you better.

Leo July 23-August 23



Learn the advantages of saving for the future. Start watching your budget and keep an eye on finances. Remember to take small steps. This also applies to work and home life. Now is the time to catch up on things you've let slide around the house.

Virgo August 24-September 22



Asking questions now pays off with the answers you need. Be direct. You may have to serve as a wake-up call for those in charge. Finish projects you have on hand before trying to start anything new. Now is the time to get organized, so stay motivated

Libra September 23-October 23



Be cautious and get all the facts before making a move. Things are not always how they appear. Some changes have already started and others are coming. You may want to just sit on the sidelines and wait. You'll come out ahead in the end. Keep health and diet plans.

Scorpio October 24-November 22



You need to plan now in order to make things happen in the future. Be willing to review and revise. Try to learn something new. Make sure your purchases are truly necessary and get value for your money. You get a boost from an older friend or relative.

Sagittarius November 23-December 21



Investment of time and resources will start to pay off. Don't rest on your laurels. Get right back into action and take charge. You're at your peak and others sense it. Be aware that some things are happening behind the scenes to your benefit.

Capricorn December 22-January 20



You have to dig to sort out what is true from what isn't. Many facts need to be uncovered. A trusted friend or ally will come to your aid, but you may have to curb their enthusiasm. A small gathering with friends or family lifts your spirits.

Aquarius January 21-February 18



Don't let an unpleasant task ruin your good mood. Try to keep a positive outlook and be cheerful, even if you have to act a bit. Now is the time to clean up and put things in order. Keep an eye out for a storm on the horizon—you should be able to steer clear.

Pisces February 19-March 20



Making your dreams come true requires more hard work than talent. Perseverance and dedication are crucial to your success. Don't give up too easily. A younger friend or family member cheers you up and an older mentor gives good advice.

Echo Classifieds

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Used electric furnace - 25 kW, good condition, asking \$250, call 367-2627.

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2 Bedroom Home - w/ business opportunity, 4 car garage attached, double lot, price reduced \$85,000. Phone 367-2398 or 367-4317, Powerview, Marlene or Randy. **TEN**

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Come & Go Tea

Come & Go Tea in honor of **André and Auréa St. Pierre's 50th Wedding Anniversary** Saturday, November 4, 2000 2:00 to 4:00 p.m. St. Georges Church Basement No gifts please

Card of Thanks

The Richardson family would like to say thank you to all in the community who gave heartfelt condolences, generously prepared and purchased foods and flowers that were sent to our home. Grief and burden was eased buy your thoughtfulness and help. Many cards have been given and yet to be opened and read. Thank you to the Pine Falls District Ambulance, doctors and staff of the Pine Falls Health Complex and Blue Water Medical Group; to the Minister and members of the United Church and the ladies of the United

Church who let us use the hall, organize its setting and prepare lunch; along with the Legion Ladies Auxiliary, to Canon J. Whitford, Dorinda Watson, Wendy Cyr, Fran Thompson and Janice Knutson for their special roles in the service; to colleagues and friends that Margaret worked, volunteered or associated with throughout her life. Your kindness will always be remembered. Margaret was so lovingly honored and we are so proud to have been her family. Margaret Richardson family

In Memoriams

In loving memory of Kimberly Ann Bird - February 26, 1972 - October 31, 1998

If only we could turn back the clock, to that morning two years ago when God decided to take you home.

We would have begged you to stay home with us that night before, and maybe you would still be here with us today.

If only you just stayed home with us, maybe you wouldn't have been in that car accident that took you away from us forever.

In loving memory of Janet Boyer, who passed away November 1, 1996.

As time goes by without you, And days turn into years, Time holds a million memories, And a thousand silent tears. To us you were so special, What more is there to say, Except to wish with all our hearts, That you were here today.

Lovingly remembered by the Dankowski family

We would have done this, and we would have done that, but no matter how hard we wish you're never still here, we know you'll never come back to us.

God chose to take you that early morning, and to this day, we still don't know why. Why would he take our sweet Mommy from us?

We still needed you, and we wish with all our hearts that you were still here to take care of us, Mom.

We love you very much, Ashley and Ashton



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Operation Hours & Refrigeration Appliance Disposal

ST. GEORGES WASTE DISPOSAL GROUNDS

Councils for the RM of Alexander, Village of Powerview and the Town Site of Pine Falls wish to provide notice to their residents that effective November 13, 2000, the hours of operation regarding the St. Georges Waste Disposal Grounds will be amended as follows:

WINTER HOURS:

Mon. 8:00 a.m. to 5:00 p.m.
Tues. 8:00 a.m. to 12:00 p.m.
Wed. 8:00 a.m. to 5:00 p.m.
Thurs. 8:00 a.m. to 12:00 p.m.
Fri. 8:00 a.m. to 5:00 p.m.
Sat. 9:00 a.m. to 5:00 p.m.
Sun. 12:00 p.m. to 5:00 p.m.

SUMMER HOURS:

Mon. 8:00 a.m. to 6:00 p.m.
Tues. 8:00 a.m. to 12:00 p.m.
Wed. 8:00 a.m. to 6:00 p.m.
Thurs. 8:00 a.m. to 12:00 p.m.
Fri. 8:00 a.m. to 6:00 p.m.
Sat. 9:00 a.m. to 5:00 p.m.
Sun. 12:00 p.m. to 5:00 p.m.

REFRIGERATION APPLIANCE DISPOSAL REQUIREMENTS

The Public is also advised that effective November 1, 2000, payment of a \$45.00 decommissioning/transportation fee will be required in order to permit the disposal of any Refrigeration, Freezer or freon based appliance at the St. Georges Waste Disposal Grounds. The decommissioning fee may be paid at the RM of Alexander Municipal Offices in St. Georges and proof of payment must be presented at the St. Georges Waste Disposal Grounds prior to disposal.

BY ORDER OF COUNCILS OF THE RURAL MUNICIPALITY OF ALEXANDER, VILLAGE OF POWERVIEW & TOWNSITE OF PINE FALLS

Thank you to all listed below for your kind donations to the Victoria Beach Merry Maker's annual Rummage and Brown Bag Sale on October 21, 2000.

Hiltside Resort Store, Nellie Danwich, Linda Danwich, Mr. Pic's, Powerview Agencies, South Interlake Credit Union, Pine Falls Service Centre, Pine Pharmacy, Donna Koschlanek - Party Ltc, Saffies - The General Store, DMD Electric, Traverse Bay Corner, Eva Brown, Ken's Eavesstrough, Diane Sourisseau, Terry Wall, Trainor Water, Alice Waters, Jo-Ann Jonsson, East Beach Senior Scene, Sandra Atchah. Your continued support over the years has been greatly appreciated.

Thank You!

Reminder

Merry Maker's Christmas Craft Sale SATURDAY, NOVEMBER 11
12:00 noon to 4:00 p.m.
Victoria Beach Sports Club
Great Christmas gift ideas.
A wide variety of crafters book.
Tables still available. Contact Sandra Atchah 756-3117 to book your table. Hope to see you there!

THE VILLAGE OF POWERVIEW NOTICE OF TENDER

Separate sealed tenders will be received by the Village of Powerview at the Village of Powerview, Box 220, Powerview, MB R0E 1P0, as follows:

Up to 3:00 p.m., prevailing Winnipeg time, November 6, 2000.

Project No. WE00134WE

This Tender call is for the installation of a low pressure sewer extension of the Village of Powerview. The Village shall supply all sewer mains, service pipes, encasement pipes, gate valves, cleanouts, tees, bands, reducers, plugs, curb stops and saddles for the project. The work includes the installation of 1860 metres of 100 dia. HDPE LPS, 470 metres of 75 dia. HDPE LPS, 920 metres of 50 dia. HDPE LPS, and all the necessary appurtenances.

Each tender must be accompanied by a fully executed BID BOND on the form provided and in favour of the Village of Powerview for the amount of 10% of the tender price. Under no circumstances will a certified cheque be accepted in lieu of a Bid Bond. Contract documents may be obtained at the Village of Powerview office or at Cochrane Engineering Ltd., 600 - 5 Donald Street, Winnipeg, MB R3L 2T4, October 11, 2000 after 12:00 noon. The lowest or any tender not necessarily accepted. The successful bidder will be required to produce satisfactory evidence that he has sufficient equipment on hand to enable him to complete the work within the time limits and in accordance with the specifications.

For further information, contact Richard E. Sison at Cochrane Engineering Ltd. 204-477-6650.

Community Circle Project - Moving Beyond Survival

The Manitoba Metis Federation Winnipeg Region, in conjunction with the Aboriginal Healing Foundation have established the Community Circle Project-Moving Beyond survival. The primary focus of this unprecedented project is to assess and respond to the inter-generational effects of the Residential Schools on the Metis community of Winnipeg. The project intends to gather information from those who were impacted directly or indirectly by the Residential School system. The project will aim to reclaim collective pride and to build capacity, which will contribute to the future wellness of the community.

The Residential School system functioned as a tool of oppression upon the Aboriginal people of Canada from approximately 1879 to 1988. In addition to the most commonly referred to "Residential Schools", this system also included Industrial schools, Boarding schools, Day schools, and Mission schools. There were well over 100 such schools in operation within Manitoba during the Residential School period. Although there have been important steps taken within the First Nations community to address the cultural-social impact of these schools, There has yet to be any studies which have examined how the Metis people were affected by this system. In this way, The Community Circle Project is indeed a groundbreaking initiative.

The Community Circle Project will offer safe oppor-

tunities for the Metis survivors of residential school abuse to reclaim their voice, to share their stories, and to contribute to the development of solutions. As inheritors of the residential school legacy, Metis people will benefit from being involved in strategic activities which will enable them to express their needs and take action. The participation of the community will create opportunities for support, networking, leadership and rebuilding of individuals and families. The current focus of the project is to create awareness of this initiative and to encourage anyone who wishes to

share their stories and experiences to contact the project staff. We maintain a policy of complete respect and strict confidentiality. "The reason we must dredge up the past, whether or not it causes discomfort for such members of the community, lies in the understanding that as long as we deny the past, as long as we pretend that the hurts are not there, the longer it will take to be healed" (Carol Geddes in No End of Grief by Agnes Grant) For more information contact: Jeff Richards/Project Manager or Alix Reynolds/ Youth Facilitator call 589-4327.

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RURAL MUNICIPALITY OF LAC DU BONNET

NOTICE OF PUBLIC MEETING

Regarding By-Law No. 23-2000

The council of the Rural Municipality of Lac du Bonnet under the authority of the Planning Act will hold a public meeting in the Rural Municipality of Lac du Bonnet, Manitoba, on November 14, 2000, at 11:00 a.m. at which time and place the council will receive representations and objections from any persons who wish to make them in respect of By-Law 23-2000, being an amendment to the Lac du Bonnet District Planning Scheme 1970, as amended.

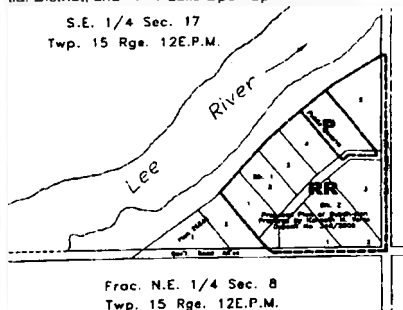
A copy of the above amending by-law and supporting material may be inspected by any person between the hours of 9:00 a.m. and 4:30 p.m. Monday to Friday at the municipal office of the Rural Municipality of Lac du Bonnet, located along PR 317 in the Rural Municipality of Lac du Bonnet.

The general intent of the above amending by-law is to further amend District Map No. One of the Lac du Bonnet Planning Scheme 1970, as amended, in order that:

Part of the Fractional SE 1/4 Section 17-15-12 EPM, as shown on a proposal plan of subdivision prepared by Kenneth M. Yerex, Manitoba Land Surveyor, and sworn to by him at Winnipeg on the 17th day of May, 2000 A.D.

As more particularly shown outlined with a heavy broken line on Appendix "A" Attached hereto, presently undesignated be hereby designated "RR" Rural Residential District, and "P" Public Open Space district.

S.E. 1/4 Sec. 17
Twp. 15 Rge. 12E.P.M.



Frac. N.E. 1/4 Sec. 8
Twp. 15 Rge. 12E.P.M.

APPENDIX "A"
Attached to and being part of By-law No. 23-2000
Amending District Map One as amended
of the Lac du Bonnet District Planning Scheme
1970 as amended

LEGEND:
RR Rural Residential District
P Public Open Space District
--- Lines of area proposed

Marlene Watson, Chief Administrative Officer
RURAL MUNICIPALITY OF LAC DU BONNET
Box 100, Lac du Bonnet, MB R0E 1A0

Coffee Break Fundraiser a success



North Eastman raised a whopping \$1,744.66 during the recent Coffee Break fundraising event. This couldn't have happened without the enthusiasm of hosts and participants in all communities. Funds raised will help to continue providing services across North Eastman.

Pine Falls and Powerview	\$234.34	- 5 hosts
Lac du Bonnet	400.60	- 8 hosts
Pinawa	293.88	- 4 hosts
Beausejour and Seddon's Corner	189.88	- 7 hosts
Whitemouth	305.44	- 5 hosts
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For more information contact the Alzheimer Society's North Eastman Region office at 204-348-3505.

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