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Serving
Pine Falls
Powerview
Sagkeeng
St. Georges
Great Falls
Reserving
Little Black River
Manitogan and Bissett

Vol. 1, No. 12

Tuesday, August 15, 2000

\$1.00 tax included

Friendly Manitoba

"I love those guys - I make sure I wave at them every time."



Nelson Starr

"Those guys" are Nelson and Jamie Starr of the Brokenhead First Nation. They are familiar to almost everyone who lives between Powerview and Grand Beach, and to the thousands of cottagers along the east side of Lake Winnipeg.

Nelson Starr, 64, and his brother Jamie, 55, began standing in the ditch alongside Highway 59 and waving to passing motorists last year. They are there, not just now and again, but almost all day-light hours. Nelson, with his dog Pooh Bear, usually gets there first, but it is not very long before he is joined by Jamie.

At first motorists were a little taken aback by this unexpected friendly gesture, but before very long they began



Nelson Starr of Brokenhead First Nation greets motorists on Highway #59

to wave back, and this year many motorists are looking for them as soon as they enter Brokenhead territory. They have become so familiar that children often begin waving before the Starr brothers are in sight.

Another motorist said no

matter how low she feels the friendly wave never fails to cheer her up. One Powerview teacher said "Those guys give me great joy". A Powerview resident leans right out of the car window to wave back. Occasionally a passing motorist will drop off a cold soft

drink on a hot day.

One visitor from overseas said "you really mean it when you say 'Friendly Manitoba'."

When asked why they started the welcoming wave Nelson said "you meet good friends on the road." Jamie said "we just like doing it."

With the Cats at Calgary



by I.N. Fielder
**Thursday,
August 3**

Nobody told me when I signed on to manage this Cat's Meow crew that I'd have to meet them at 5:00 a.m. in

Winnipeg. Sure enough, only captain Connie is awake, could have slept another hour.

It's 6:30 a.m. and after all the pick ups and gas ups our two vans are flying west. Pretty good trip and we're checking into the Calgary

Radisson by 7:00 p.m. local time. Thank God for the fundraising and our community support. Compared to last year's decrepit digs in Niagara Falls this place is a Shangri-la and at registration we find out that the whole

team has SPN hats and shirts from the Cowboys Bar. We've won and we haven't even played yet.

Midnight and the team is ready to hit the hay. I try to play chaperone a bit and then happily realize they're not students and this isn't travel club.

**Friday,
August 4**

Close to 11:00 a.m. and game time on a beautiful facility. There's even a canopy over the dugout and there's coat hooks. The girls had a great warm up but still seem nervous against Dewar Realty from St. Thomas, Ontario. Shauna gets the start and after a couple of walks, sandwiched between two hits we're down 3-0. Any doubt about bouncing back is erased when Terra leads off with an inside the park homer. Did that get the Cats going!? Well we batted around for eight

runs and never looked back. In the bottom of the fifth and leading 16-8 the girls decided to score four more for a mercy decision, pounding out 22 hits in total. Michelle went four for four with two doubles and a triple. What a start.

Nice draw! We're slated to play at 5:00 p.m. against the Brew Jays from Kamloops, BC. They're not a great hitting team but other than the two Tracies and Kim, we're not hitting either. Shauna and Tracy L. have held our opponents down and in the bottom of seven we're clinging to an 8-5 lead. Then a hit, and another, and another. Holy cow - it's 8-7 with only one out, tying run on third and winning run on first. Well, the Brew Jay batter pops a lazy fly to second and for some inexplicable reason the runner on first goes like heck. The catch, then back to one!

Game over and we finish

See CATS/page 7

Lazaruk - Low Pine Falls at Northeastern golf tournament



Gene Lazaruk of Powerview, was the low Pine Falls with a round of 72, placing him third after a comeback in the Championship Flight

The Northeastern 2000 was held at the Pine Falls Golf Club on August 12 and 13. There were 196 entries this year.

Championship Flight winner was Tim Cromarty who shot a 1 over par 71. Gene Lazaruk was the low Pine Falls who shot a 72. The course was in perfect condition thanks to the talents of Greens Superintendent Carl



Hutchison and staff. The week-end weather delivered rain, winds and sunshine. The 196 entries fared well.

Championship Flight - Tim Cromarty 71, Kerry Trotman 72, Gene Lazaruk 72, William Reichart 75.

1st Flight - Greg Hollins 74, Kevin Chevrefils 75, Ed Tomson 77, Matt Chevrefils 78.



Gene Lazaruk looks on as Ken Cyr puts out on the 18th green at the Pine Falls Northeastern Golf Tournament. Ken Cyr won Closest to the Pin Sunday afternoon.

Papertown
ECHOES Motor Inn presents...
COMEDY NIGHT
Tonight Only!
 Feature Act Opening Act
 
Daryl Makk **Scott Dumas**
Starts at 9:30pm \$5.00 cover charge

2nd Flight - Wayne Barkhouse 78, John Linklater 81, Rene Chevrefils 83, Cameron Boulet 82.

3rd Flight - Ernie Kuz 82, Grant Dugard 83, Al Hume 83, Dennis Cyr 84.

4th Flight - Allan Simcoe 84, Jamie Pachkowsky 87, Frank Thibedeau 87, Richard Coss 88.

5th Flight - Brian Cinquars 87, Willie Kemball 88, Danny Sharpe 89, Ron Pommer 90.

6th Flight - Peter Humble 92, Dennis Charrette 93, Clifford Veilleux 93, Aurele Desaulniers 94.

7th Flight - Wayne Temple 103, Paul Germain 105, Tom Wark 105, Art Ste. Croix 106.

Low Pine Falls - Gene Lazaruk 72. Closest to the Pin Saturday a.m. - Paul Snell. Longest Drive on Saturday a.m. - Steve Black.

Closest to the Pin Saturday p.m. - Todd Kemball. Longest Drive on Saturday p.m. - Robert McMullen.

Closest to the Pin Sunday a.m. - Marcel Lecuyer. Longest Drive on Sunday a.m. - Justin Magnusson.

Closest to the Pin Sunday, p.m. - Ken Cyr. Longest Drive on Sunday p.m. - Ed Thomson.

Community Billboard - ph 367-9468

LIBRARY ALLARD: Library Hours: Tuesday: 10:30am to 5:00pm Wednesday - Thursday 1:00pm to 5:00pm 6:30pm to 8:00pm Friday: 1:00pm to 5:00pm Saturday: 10:30am to 4:00pm

BEACHES LIBRARY: Library Hours: Tuesday 1-5pm, Thursday 4-8pm, Saturday 10am - 2pm.

KNIGHTS OF COLUMBUS: Meetings every second Tuesday of the month 7:30 in the basement of the Powerview Church.

SILVER HAVEN CLUB: Cribbage - every 4th and 5th Monday of the Month at 1:30 p.m. - Whist - every Thursday of the month at 1:30 p.m.

WINNIPEG RIVER W.I.: meetings third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges

PINE FALLS HEALTH AUXILIARY: Meetings on the first Tuesday of Every month at 1:30 pm

COTTAGE COUNTRY BUSINESS ASSOC.: Meeting - Every first Monday of the month at 7:00 p.m. October through May Ph 756-2596

ALCOHOLICS ANONYMOUS: - Sun Rise Group - Meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. - Last Friday of the month open to the public. Located at St. Georges Catholic Church Basement

PINE FALLS LEGION - Meetings held 2nd Thursday of the month 7:30 p.m. Legion. Meal raffles held at Legion on Fridays from 4:30 to 5:30

PINE FALLS MASONIC LODGE # 154 - meets on second Friday of every month in the Pine Falls United Church. Except Jan. & Feb.

BADMINTON - Pine Falls School Gym, Sunday & Wednesday nights, 7:00 - 10:00 p.m.

POWVIEW GARBAGE PICKUP every Wed. Recyclable pickup every 1st & 3rd Thurs of each month

P.A.A. MEETING every 1st Tuesday of each month at 7:00 p.m.

VILLAGE OF POWVIEW MEETINGS, every second Tuesday of each month

WINNIPEG RIVER SENIOR SERVICE INC. Coordinator Tina Pulvischuk, Office: Pine Falls Health Complex, Telephone: 367-9128, Hours: 9:00am - 3:00pm Monday - Friday. Services: Transportation, Home Maintenance, Foot Care, Volunteer Help, Information.

FAMILY CARE GIVER SUPPORT GROUP at the United Church, Pine Falls. last Thursday of the month at 7:00 p.m.

AA & ALANON - The Beaches family group, Thursdays at 8:00pm, Senior Scene, Victoria Beach - 1 Ateah Road 756-8000/18 or 756-2101

PINE FALLS LIBRARY - Library hrs. will be from 3 p.m. until 5pm Monday, & Thursday

HAPPY TOTS DAY CARE - The Happy Tots Place Inc. P.O. Box 773 Pine Falls, ROE 1M0 - 367-2601 hold board meetings on the last Monday of each month 7:00 p.m. at the Daycare

SENIOR SCENE INC. #1 Ateah Rd., Victoria Beach. General Meetings every 2nd Tuesday of the month. Art Classes Wed. 10 am, Wood Carving Wed. 1 pm, Movies Tue. 7 pm, carpet bowling, Fri. 2 pm. Bingo Fri. 7-15 pm Call 756-6468 for more information regarding activities.

MENTAL ILLNESS SUPPORT GROUP: Meetings held every 2nd Wednesday at 7pm at the Wings of Power office.

LAKESHORE AL-TEEN GROUP: Call Kathie 367-8237 or Vickie at 345-6520.

BEACHES HELP CENTRE - 756-6471, Wed. 1-4pm, Fri. 10am-1pm

POWVIEW PARENT ADVISORY COUNCIL - Meetings, 1st Thursday of Every Month

GREAT FALLS HALL WALKERS - Tuesdays & Thursdays from 10am - 11am

Church Services

NOTRE DAME DU LAUS: POWVIEW - Sat. Evening 7:30 pm (English), Sun. 8:30 pm (French), 10:30 am (English); STEAD - Sat. 5:00 pm

PINE FALLS UNITED CHURCH: Sunday service Sunday school 1:00 am Rev. Cindy Terry. Office Hours: Tues - Fri. 10:00 to Noon Tel: 367-2633

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8147 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 am.

ST. THERESA'S: Masses at Notre Dame du Laus

ST. GEORGES: Mass Sunday at 8:00 am and 10:00 am

ST. JUDE'S ANGLICAN CHURCH, Grand Marais, Holy Eucharist - 2nd and 4th Sundays, 11 a.m. Morning prayer 11 a.m. - 1st, 3rd and 5th Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH. Thalberg, 1 mi east and 1 mi South of junction 12 and 304 St. John's Evangelical Lutheran Church, Greenwald on Hwy. 12, 1/2 mi. north of junction with 317. Sunday church school 10 a.m., worship 11 a.m. (alternate locations). For info. call 635-2625 or 754-8682

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Thurs., Church Service at 10:30 a.m., Sunday School at 10:00 a.m

HOUSE OF PRAYER FULL GOSPEL - 2:30 every Sunday, Scantebury Mb., on Hwy. 59

ST. MARGUERITE R.C. MISSION Pin Rd. - Traverse Bay, 11:30 a.m. Sunday Additional Mass mid June thru Labour Day 7:30 p.m. Saturday. Closed November 1 - April 30th.

ST. ALEXANDER R.C. CHURCH, located at Sagkeeng 1st Nations. Sunday Mass 10:30 a.m.

ST. THERESA R.C. MISSION, 88 Glendale Ave. Grand Marais Mass or Community Service 7:30 p.m. Saty 1st Sat. of Nov. to last Saturday of April. May through October Mass 10am Sun.

SAGKEENG CHRISTIAN FELLOWSHIP CHURCH - Lloyd Gumdon (Pastor) Sagkeeng South Shore, Service Thursday 7:30 p.m. and Sundays 2:00 p.m.

CHRIST CHURCH ANGLICAN - Sunday 2:30 p.m. in Hollow Water

GRACE BAPTIST CHURCH - Bible Study, Wed. at 7:30pm, Call Pastor Todd Goudy for more information 367-2531.

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The **Echo**
 Winnipeg River

The Echo is an independent weekly newspaper published on Tuesdays in Pine Falls and Lac du Bonnet, MB.
 Advertising deadline is Friday at 3:00 pm.

Growth, Development, Improvements in Lac du Bonnet

McArthur sees improvements

by Toni Bruneau

McArthur Avenue saw some much needed improvements last week. The portion of McArthur from Minnawa to Oak Street was widened and repaved, to the satisfaction of motorists, cyclists, rollerbladers and pedestrians in this residential area, and all who utilize this route to Lac du Bonnet.

McArthur is the main access to and from Centennial School and Day Care. Between 8:30 a.m. and 9:00 a.m. the area is usually congested with school buses, parents dropping of children, motorists travelling from south of town to work and children walking or riding to Centennial School and the Senior School.

"It's going to make life a lot less nerve wracking," said school bus driver Jackie Hampshire, "It's a real congested area first thing in the morning."

Hampshire has been delivering Lac du Bonnet youth to school and home for many years. She said "There's not an awful lot of room there. It would be a plus," adding that vehicles, especial the huge buses, have to wait behind cy-



Maple Leaf Construction unloads (above) and levels (top right) fill in the process of widening McArthur Avenue five feet, from Minnawa to Oak Street

clists and pedestrians when there is oncoming traffic. "It would be a real asset to have that widened."

The Town of Lac du Bonnet

attempted to reduce the number of pedestrians and cyclists using McArthur with the walkway built in 1995, but some refuse to use it.

Maple Leaf Construction was awarded the tender for this job, which also included repaving up to Wood Street and patching at various loca-

tions in Lac du Bonnet.

The price tag on this project... approximately \$130,000, which was included in the 2000 general municipal mill rate budget.

Centennial School Shelterbelt cleanup

by Toni Bruneau

The brushing crew from the Milner Ridge Correctional Centre was hard at work last

Wednesday, August 9, sprucing up the shelterbelt and improving the appearance leading up to Lac du Bonnet on

Highway #11.

Chief Administrative Officer of the Town of Lac du Bonnet, Colleen Johnson

said, "We're happy to have them back in the town to assist us."

"They do a wonderful job," she said, referring to previous work done in the town, including the drainage area between the Lakers Ski Club and LaVerendrye Boat Launch.

The Milner Ridge Correctional Centre work program benefits the inmates.

Lac du Bonnet and many surrounding communities.

The brushing crew was also out at Seven Sisters Dam last week, and Pinawa recently received assistance levelling, watering and compacting a couple hundred yards of crushed gravel for the base of their millennium project, the sundial. A carpentry crew at the centre has constructed play structures for playgrounds and parks in the area as well.



The brushing crew from the Milner Ridge Correctional Centre work at cleaning up the shelterbelt leading up to Lac du Bonnet on Highway #11.

The Winnipeg River Echo

Your Community - Your News - Your Community Newspaper

Powerview School

will be accepting

STUDENT REGISTRATIONS

AUGUST 24 & 25

9:00 a.m. to 4:00 p.m.

(closed 12:00 noon to 1:00 p.m.)

Please bring:

- proof of birth
- MHSC number
- PHIN number
- Report Card/Transcript

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WATER TOWN INC.
Lac du Bonnet
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204-345-6945 fax

SHORELANDS Boat Trailers
Portoon Boats

MERCURY
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Lac du Bonnet Farmers Market

10th Anniversary

CUSTOMER APPRECIATION DAY

SATURDAY, AUGUST 19, 2000

RAIN DATE: Saturday, August 26
10:00 a.m. to 1:00 p.m.
Legion Park Lot, Lac du Bonnet

Cake Free Draws Refreshments

Water quality advisory to residents of North Eastman

Bulletin of the Office of the Chief Medical Officer of Health

Due to recent high rates of bacteria contamination observed in private wells in some parts of Manitoba, the Chief Medical Officer of Health is advising that all drinking water supplies and systems be tested for bacterial quality at least once since July 8, 2000. This advisory is warranted because of excessive runoff created by the heavy rains of June and July this year.

Although any water system can become contaminated, the risk for bacterial presence in well water is increased by one

or more of the following factors or conditions (which should be corrected where possible).

Groundwater sources which may be open to the surface because of shallowness and/or water permeable surface such as sand and gravel. These include sources covered by less than six meters of glacial till, clay, clayey shale or other non-water-tight materials;

Wells which are located in pits or depressions;

Wells whose casing is not sealed, do not extend at least 30 cm or more above the ground, or are rusted out in spots;

Wells nearby to abandoned wells which have not been sealed;

Wells nearby (i.e. within 30 meters) to septic tanks or fields, barns, feed lots, sink holes, or quarries;

Wells or groundwater sources affected by changes in environmental conditions such as floods or heavy rains, or an extended dry spell.

In addition to the above advisory, the following directive is being issued to owners and/or operators of water supplies and systems which are used by the public:

Owners and/or operators of water supplies to schools, hos-

pitals, personal care homes, day care centres, residential facilities, community wells, recreation centres and any other facilities offering drinking water to the public are directed by the Chief Medical Officer of Health to ensure that their water supplies have been tested for coliform bacterial present at least once between July 8, 2000 and August 21, 2000. A record of test results must be kept on file and made available on request from a medical officer of health or public health inspector. Test results which indicate the presence of coliform bacteria must be reported immediately to a

regional public health inspector and appropriate action taken.

The responsibility remains with the owners and/or operators of such water supplies and systems to take all reasonable measure to ensure that drinking water which is made available to the public is free from coliform bacteria through the appropriate maintenance and monitoring of their systems, including disinfection when necessary.

The public may obtain further information from: Health Links 788-8200 or toll free 1-888-315-9257.

LdB Community Billboard

Great Falls Women's Institute meets first Wednesday each month 7:00 p.m. Great Falls Hall. Pat 367-2586, Leone 367-8569.

Ladies' Auxiliary Royal Canadian Legion Branch #164 meets first Tuesday of each month 7:30 p.m. Legion Hall

LdB Committee on Family Violence and Abuse meets second Tuesday of every month 7:00 p.m. Vicki Landry 345-8647

Battered Women's Crisis Line 1-800-362-3344

Royal Canadian Legion Branch #164 general meetings third Tuesday of each month 7:30 p.m. Legion Hall.

Lakeshore Al-Anon Group Thursday 7:30 p.m. Lac du Bonnet Health Centre. Teri 345-8712.

Lakeshore Al-A-Teen Group Phone Kathie 367-8237, Vickie 345-6520.

Lakeshore A.A. meetings every Sunday and Tuesday 8:00 p.m. at St. John's Anglican Church, 86 McArthur, Lac du Bonnet. Last Sunday of the month open to the public. Call Ted 345-2839, Ron 753-8403.

Ladies A.A. Meetings Thursdays 1:00 p.m., 18 McDermot, Pinawa. Doreen 753-8357.

Lac du Bonnet Health Centre Auxiliary meets fourth Thursday of the month, Health Centre 1:30 p.m.

Lac du Bonnet Wildlife Association meets first Tuesday of every month 7:00 p.m., RM office, except June, July and August. Call Peter 345-6190.

New to town? Drop in to the Craft

Basket on Second Street and pick up your Welcome to Lac du Bonnet gift, courtesy of the Chamber of Commerce.

Two Rivers Seniors Resource Council Inc. Lac du Bonnet office, Health Centre 345-1227. Ruth Clay. Services: driver escort, life-line personal response system, friendly visitors, fee-for-service handy helpers, information volunteers

Pioneer Club Monthly Meeting first Monday of each month 9:30 a.m., Pioneer Club.

Horticultural Society meets second Tuesday of every month 7:00 p.m., Centennial School.

RM of Lac du Bonnet Council Meetings second Tuesday of each month 10:00 a.m. and fourth Tuesday of every month 6:00 p.m.

Town of Lac du Bonnet Council Meetings second and fourth Thursday of the month.

Alzheimer Society Theresa Conroy, Whittemouth 348-3505; Lac du Bonnet, Pine Falls, Victoria Beach, Pinawa, Beausejour, Whitemouth, Oakbank, Hadashville.

St. John's ACW meets first Monday of every month 1:30 p.m., parish hall.

Little Day Buddies Nursery School Mondays, Wednesdays and Fridays 9:00 a.m. to 11:30 a.m., 12:30 to 3:00 p.m., Lac du Bonnet Community Centre. Janice 345-8979.

Call to list your regular meetings and events
FREE OF CHARGE
345-9896

Lac du Bonnet Church Directory

ABUNDANT LIFE CHAPEL

Pastor Jeff Andrews, church 345-2934, home 345-1950
Sunday: 10:30 a.m. - morning worship (children's church during service); 7:00 p.m. - hymn and prayer

LUTHERAN CHURCH OF THE CROSS

Pastor Kolleen Karzowski, church 345-8654, office 345-2199
Sunday: 11:00 a.m. - worship service

NOTRE DAME CATHOLIC CHURCH

Father Richard Machura, 345-2900
Lac du Bonnet: 5:00 p.m. - Saturday mass; 11:00 a.m. Sunday mass
Pinawa (senior school): 9:15 a.m. - Sunday mass

ST. JOHN'S ANGLICAN CHURCH

Rev. Brian Rountree 367-8615, church 345-2357
Sunday: 11:30 a.m. - worship; 11:30 a.m. - first and third Sunday of each month, holy eucharist

The buffalo are back



The buffalo are back - 350,000 of them.

When the white man first arrived on the central plains

the land was filled with buffalo. Estimates of the numbers vary from 30 to 70 million.

By the late 1800s, thanks to

repeater rifles and excessive hunting, the number had been reduced to 1800 in the wild, with a very real danger of extinction.

Thanks to the actions of a very few individuals who raised buffalo in captivity the threat of extinction was averted. Some buffalo have since been re-released into the wild (e.g. the Wood Buffalo National Park in Northern Alberta), but the big story is the fact that ranchers are raising them for meat.

Buffalo meat tastes sweeter and richer than beef. It is higher in protein and lower in fat and cholesterol than beef, pork, or even skinless chicken. It is cooked in much the same way as beef, but at a lower temperature.

There are two buffalo ranches in the immediate area, both of them on the east side of Highway 59. One of them belonging to the Brokenhead First Nation and the other, the Red River Bison Ranch, a little further south and visible from the highway. The Red River Ranch has a herd of 225, of whom 50 are currently on summer grazing land about ten miles southwest of Silver Falls.

BINGO

COMBINED ACCUMULATORS

<p style="text-align: center;">Bonanza</p> <p style="text-align: center; font-size: 0.8em;">starting value this week</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">\$2892</p> <p style="font-size: 0.7em;">IF WIN POT STARTS AT \$500 Add 50% of sales on Monday. If not won, carry over total plus 50% of sales to Wednesday. If not won, carry over total plus 50% of sales to Thursday.</p>	<p style="text-align: center;">Minnie Loonie</p> <p style="text-align: center; font-size: 0.8em;">starting value this week</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">\$4130</p> <p style="font-size: 0.7em;">IF WIN POT STARTS AT \$500 Add 30% of sales on Monday. If not won, carry over total plus 30% of sales to Thursday.</p>	<p style="text-align: center;">Lucky 7</p> <p style="text-align: center; font-size: 0.8em;">in 25 numbers</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">\$6046</p> <p style="font-size: 0.7em;">POT FREEZER AT \$5 WINNINGS Add one if plus 30% of sales carry over on Monday. If not won, add one if plus 30% of sales carry over to Thursday. IF WIN POT STARTS AT \$500 in 17 numbers or less</p>
IN CASE OF DISCREPANCY, THE LATTER WILL PREVAIL		
FOR UPDATES CALL 345-8825		
<p>Knights of Columbus</p> <p>Lac du Bonnet Star - \$915.00 *</p> <p>Community Centre Star - 816.00 *</p> <p>Specials 7:00 p.m. (Lac du Bonnet) Loonie Pot - 297.00 *</p> <p>Every Monday Evening Special "Y" - 255.00 *</p> <p style="font-size: 0.7em;">*Unless previously won</p> <p>Jackpot Strip - 804.00 *</p> <p>Poker Flush - 66.00 *</p>	<p>Lakers Ski Club</p> <p>Bonus Line - \$ -</p> <p>Star - 2948.00</p> <p>Loonie Pot - 143.00</p> <p>Poker Flush - 2763.00</p> <p>Special "Y" - 673.00</p>	<p>Royal Canadian Legion #164</p> <p>Bonus Line - \$3655.00</p> <p>Star - 67.00</p> <p>Lucky 7 - 71.00</p> <p>Lac du Bonnet Legion Hall Full House 49 numbers \$1000 - 529.00</p> <p>Specials 7:00 p.m. Mini Loonie - 2138.00</p> <p>Every Wednesday Evening #1 Loonie - 232.00</p> <p>#2 Loonie - 844.00</p> <p>Jackpot Strip - 132.00</p>

Growth, Development, Improvements in Lac du Bonnet

Lac du Bonnet Planning District

by Toni Bruneau

The year 2000 is no different for the Lac du Bonnet Planning District and Lac du Bonnet is growing at a continuous rate.

To date, Lac du Bonnet Planning District Building Inspector and Development Officer Karl Gugenheimer, reports a total of 156 permits issued in the Rural Municipality of Lac du Bonnet. These permits include 27 construction permits for housing.

Gugenheimer said the amount of rainfall in June slowed construction considerably, but has now picked up. The expected late summer rush, September and October, should result in matching or exceeding 1999's total of 214 permits.

Permits issued in Lac du Bonnet in the last three years averages 220 per year. Development is continuous with the increased numbers of subdivisions following the water system in the area.

The Lac du Bonnet Planning District issues over 140 different permits to accommodate construction, excavation, renovation, demolition and many other regulated developments.

The permits' main purpose is to ensure the health and safety of the owners and/or occupants of the structures, as well as the contractors, with the building code being the foundation of regulations to ensure such.

Fire protection, maintaining standards and the RM's taxation data, relies on successfully following these regulations. Since the Lac du Bonnet Planning Scheme was initiated in 1970 the standard for construction has been revised, improving safety and quality.

Any structure 120 square feet or less does not require a building permit, although a locate permit is necessary. If you're considering construction, an addition, or any type of development to your property, it is best to check with the Lac du Bonnet Planning District as each individual circumstance may or may not warrant the municipality's acknowledgment.



Construction of Rick Lussier's family's home started in April.

The spacious open living area boasts these attractive windows on the north side of the house.

Construction on Bruneau Road

by Toni Bruneau

Rick and Gisselle Lussier started construction of their home on Bruneau Road in April of this year and hope to be in by the time school starts.

Rick made the decision to do the work himself, with help from his father Paul Lussier, who Gisselle says, "has been here almost every day." Paul who is semiretired, has been in construction for over 40 years.

Rick says, "friends and family have been there to help at key times

and there are other trades involved."

"I've actually been enjoying it until this heat hit," Rick said, referring to the extreme temperatures in July.

Kyne Konstruktion was also called in to assist with the construction of the shell, as was Rick's friend Craig to help with electrical, Bernhardt Plumbing and Urban Sales and Service for heating.

The Lussiers agree with the purpose of building permits but have been tagged with a \$1,150.20 fee to



accommodate their living space. The fee includes a plumbing permit although Rick says an additional fee is required for the electrical permit and permits for the shop.



More construction on Bruneau Road. Cat in a Box Enterprises is erecting this structure, owned by George Fontaine, neighbor and father of Gisselle Lussier.

Cat in a Box Enterprises

by Toni Bruneau

Steve Lyons of Cat in a Box Enterprises is presently working on George Fontaine's house, also on Bruneau Road, next door to Rick and Gisselle Lussier.

Cat in a Box has been in operation for three years now. Steve Lyons previously held a position in partnership with his brother Doug for four and a half years, as L&L Contractors.

Cat in a Box capabilities include framing, repairs, renovations, roofing, concrete work, decks, stairs and wood basements. Lyons specializes in Blue Maxx, an insulated styrofoam concrete form with

an R25 rating, used in frame-work and basements.

Lyons works in the Lac du Bonnet area but says he has had jobs in surrounding areas: Great Falls, the Whiteshell and Winnipeg. He was responsible for the renovations at New Directions School and the Royal Canadian Legion, as well as the concrete work for the amphitheatre at Old Pinawa.

When discussing the Planning District's building permits, Lyons says they are to "make sure it's structurally sound" and controls the standards of construction.

Lyons said, "Karl's one of the best building inspectors

I've ever run into... He's good to work with."

"He's been in the business for years and he's got some good ideas... and common sense" although he said, "Sometimes it seems a little excessive, what you pay for the permit."

"If it's cosmetic then it's different but if you're adding a room or putting a hole in the wall to put a window... if you don't put a beam where that window came out then it's going to sag," and the window will break.

Permits ensure that procedures are done correctly, protecting the home owner from costly error and possible injury.



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Growth, Development, Improvements in Lac du Bonnet

Larson Diversified Ltd.

by Toni Bruneau

Cy and Jody Larson started Larson Diversified in 1987. Their services include industrial concrete work, commercial buildings and general contracting. Larson Diversified is certified in Enermiser Foam Form foundation and basements, which eliminates the need for vapor barrier and frame work.

Larson Diversified acquired the capability of waterfront services with the purchased S&H Docks and Lifts in 1998, an established business out of Rennie. They now deal in retail steel sales, docks, lifts, boat ramps, steel staircases, boat houses and any other waterfront development as well.

Cy Larson said he has "been working from Falcon Lake to Wallace Lake," and as far north as Grand Beach.

High temperatures in July, no doubt help business when it comes to work on the waterfront, but Larson said, "Our peak business is in May when people are setting up for the summer. This year we were extremely busy from the middle of April to the middle of July."

Larson agreed that the purpose of permits are to ensure health and safety of the homeowner as well as the contractor. He said, "They actually benefit the home owner more than anybody, but they protect both."

"If you go through the chan-



One of the various installations produced by S&H Docks & Lifts.

nels, make sure you get all your inspections and permits... you're not gambling that someone's going to say that's inadequate. Once you pass an inspection, that's proof that its done right."

He considers the new Shore

Land Permit Program to be very good, not only for his business, but for the area. "It improves the overall appearance of the waterfront. There's now shoddy work allowed," he said.

S&H Docks is a manufacturing, and installation, based

company. Larson said, "There are very few products being manufactured in Lac du Bonnet."

Larson Divirsified Ltd. employs seven, four of which contribute to its family-oriented status, Cy and his wife Jody, son Anders and nephew Cory.

Water Storage Land Management

by Toni Bruneau

Caryn Campbell of Lac du Bonnet is an inspector for Water Storage Land Management, Manitoba Hydro. Anyone with development plans, living on waterfront, must first obtain approval from Manitoba Hydro or Crown Lands before proceeding. This includes areas between Seven Sisters and Pine Falls within the generating stations, as well as Lee River, Lake Lac du Bonnet and Bird River.

Development of shore lands includes the erection of struc-

tures or placement of equipment, as well as tree removal or earth work, removable docks, waterlines, boat houses, sheds or landscaping.

Although Manitoba Hydro allows the use of shorelands, it has also restricted certain uses due to concerns of safety and maintenance issues. Erosion, riverbank failure, settling, gullyng or interfering with the riverbank protection (rip rap) program are issues in which development may be declined.

Powerview's 50th anniversary

The village of Powerview was incorporated on January 1, 1951, and will be celebrating its golden jubilee next year.

The Village Council has set up a committee to look at ways to mark the occasion, and the Echo is carrying a series of articles dealing with way things used to be. We a looking for anecdotes and photographs of Powerview in the old days, around the time of incorporation and before.

The Leonard School

The first school in Powerview was a one-room school built in what was then called Bannock Town. It lasted a year or two - until 1927, when the Leonard School was built on the land where the Powerview RCMP detachment headquarters now stands.

It, too, was a one-room schoolhouse but stayed that way for only three years. First one room was added and then another. Even so, by the time the Pine Falls Generating Station construction began classes had up to fifty students or more.

Teachers came and went. Two male teachers became Liberal Members of Parliament, Rene Jutras for Provencher, and a Mr. Allard for St. Boniface. Female teachers left as soon as they got married. Pregnant teachers were just not acceptable.

The result was a school without any real sense of permanence, but this changed in 1948, when six nuns - Sisters of St. Hyacante - arrived to begin teaching in the school, followed in 1949 by Lucien Laroche who

stayed until his retirement. Laroche became Principal of the Leonard School, and later Vice Principal of the combined elementary and high school under the Agassiz School Division.

The existing Powerview High School was built in 1960 under the Agassiz School Division, at the same time a larger Leonard Elementary School was built at the same location. Five years later the Leonard School Board merged with the Agassiz School Division to take advantage of increased provincial funding.

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Cats Meow at Calgary

continued from page 1

day one leading our six team pool. Little did we know the cruel circumstances fate had in store!

A little casino action after supper and most of us actually come away with a few dollars more than we started with. Later the ladies wanted to play cards - Kristin and Corrin are getting too good. A nice police detective from Victoria joins us (he's there with a team) and they're all calling him uncle Barry. Go figure.

Saturday, August 5

Another 11:00 a.m. start, that's not very hard to take. We take on the Okotoks Rainbows from Okotoks, Alberta. Kim starts but can't find the plate and after some hits and walks and a couple of errors we're down 6-0 after one. The hitting isn't bad as Corn, Connie and Michelle all go three for

four, but we're still down 15-10 in the seventh. However the Cats come back highlighted by a surprise triple from Kim. We pull to 15-14, bases loaded and two out.... that routine fly ball to left can't be happening. Yah, it is and we can't believe it ended that way. Oh well, we still have a target of being in the top three in the pool so we'll get two playoff lives.

A late lunch and a 3:00 p.m. date with the team with the red seats with a big white ball on the front. Their name is coming into view now! It's... it's... it's Chicks with Balls from Innisfail, Alberta. Another light hitting team but frustratingly we're barely touching the ball either.

Still, thanks to Terra and Cheri we gradually inch ahead and lead 6-5 with Chicks batting in the top of seven. Well they come through and push two across and we grab the

sticks in the bottom of seven down by one.

Not to fear! Tracy L. gets her only hit of the game, a leadoff double and we throw in a fast courtesy runner. A tie for sure right, maybe a win. Oh god! A pop to short, a fly to rover, and a third out ground out. This is not happening. If only the bunt was allowed in slo-pitch we'd have squeezed that run in.

Already 7:30 p.m. and everybody's dressed to kill to board the school buses to the social at Cowboys. Everybody had a great time. I set an example and was first home. Hope today's losses don't get the girls down. Playoffs tomorrow.

Sunday, August 6

Game time's 9:30 a.m. and pretty well everybody's read for action. We finished #3 in our pool so we have two

chances left. We meet the Dirty Mothers from Didsbury, Alberta and they were a good hitting team. The girls are down and we never lead this one. Tracy L. comes alive and goes four for four, but we squander opportunity after opportunity. We're down by three in the seventh and load the bases again but fall 9-11. One playoff life remaining against McKraken Wizards, also from the city of Kamloops.

Start time of 3:30 p.m. rolls around after a team brunch at Denny's and a couple of critical errors gets us down 3-1. Still, the defence is awesome, especially the trio of corn at short, Shauna on second and Judy on first. Tracy's pitching well and we're leading 5-4 thanks to Shauna's best game at the plate going three for four.

Yikes! We're still up 5-4 with two out as the Wizards are down to their last strike in the seventh. Wham! Murphy's Law was illustrated to the Cats

in spades. The lefty smokes a ball all the way to the right field fence and we're going to extra innings.

Top of the eighth and the Cat's bats come alive, sending four runners home. Confidence is back, lots of high fives, etc. etc. But... the Wizards start doing something they hadn't done in seven tries, consecutive singles one after the other. With one out we erase a run at home on a nice relay, but with two out and runners on second and third their number nine hitter puts a double just out of our rover's reach. It's mercifully over and we lose another one run decision 9-10. The ladies are in shock and there's nothing I can say.

Don't think I've seen so much hard luck and heartbreak to one team in one tournament, but they sure were competitive.

Maybe next year. Hey! Where in Canada are Ladies D nationals for the year 2001?

Rippling River News

submitted by Melissa Nelson

Summer is winding down and there is only a few weeks left in our program. I'm having a great time and I hope that everyone is enjoying it as well.

Our Playdays theme this week was Nature. We played a variety of games such as soccer (the big crowd pleaser!), volleyball and other innovative games. Crafts this week were extraordinary in color and design. All the butterfly mobiles looked very realistic and the

nature pictures, made from various natural items, were intriguingly creative.

We had a Picnic in the Park this Wednesday and even though the turnout wasn't quite as big as we expected, it was still a great event. The main event consisted of a magician and "Sparkles" the clown who made us marvelous balloon animals and hats. A water balloon toss was held and our participants managed to launch those

balloons an impressive distance. Even though a few people got a little wet, it was a successful event. As well there was a 3-legged race and our winners made it from start to finish in no time at all. A huge thank you goes out to Paul Bourgeois and Al Cheverfills for the use of the trailer, and to Pinnacle Entertainment for lining up our entertainers.

Keep posted in next week's article for future updates and information.

Upcoming Events

- August 15th & 17th - Olympics 2000 Playdays
- August 17th - Sailing
- August 19th - Waterskiing
- August 21st to 25th - Gymnastics & Wrestling Week
- August 22nd & 24th - Beach Bash Playdays
- August 26th - Community Bonfire @ the Village Green

Reader searching for two sisters

I am a New Zealander trying to locate the family of Lillian Rose and Vera/Vara Rose (sisters), believed to have grown up in the Pinefalls, Manitoba area. If they are alive, they would now be ages 72 and 80 respectively. They are cousins of my mother, so would be my great-aunts.

I would appreciate your assistance in obtaining contact details for me to search for the following information: newspaper marriage notices for Rose family members, from 1948 to 1960; newspaper death notices for Rose family members, from 1985 to 1999; United Church birth records for Rose family members from 1918 to 1930; United Church marriage records for Rose family members from 1948 to 1960

If you can give me email, fax or postal addresses for sources of the above info, I would be very appreciative.

Thank you, Judee Vidal

Note: If you have any information that could assist Judee in her search, please contact the Echo at 367-9468 or e-mail theecho@granite.mb.ca.

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Great Falls & District Recreation Association

would like to thank all of the organizations that made donations towards the Children's Games Room. The donations were used to purchase prizes for a raffle held on Sports Day July 8, 2000. With great support the club raised generous profits to be used to purchase sporting and games equipment for the youth of Great Falls.

Our thanks go out to the following:

- Pine Falls Paper Company, Manitoba Hydro, RM of Alexander, Lac du Bonnet Home Hardware, Great Falls Women's Institute and Lillian Tepleski.

Congratulations also go out to the winners of the raffle:

- 1st Prize: 7 Piece Patio Set Winner: Mike & Debbie Barrett
- 2nd Prize: Cedar & Glider Winner: Lionel Vincent
- 3rd Prize: 18 Speed Bike Winner: Betty Edkins
- 4th Prize: Cooler Gift Pack Winner: Linda Chagnon
- 5th Prize: Landscape Light Set Winner: Pat & Marvin Hueston
- 6th Prize: Oscillating fan Winner: Kevin Champagne

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Lac du Bonnet RCMP report

The following constitutes the police report for the Lac du Bonnet detachment for the period of August 4 to 10.

August 4

A report was received of a vehicle speeding and driving through stop signs in Pinawa.

A report was received of a vehicle driving recklessly in the Town of Lac du Bonnet. The driver was identified and followed up with as per the wishes of the complainant.

A report was received of an adult female not returning to her residence at Pinawa, and the babysitter having to remain at the residence. The subject in question subsequently returned later in the day.

A report was received of

a semi trailer backing into the front of another vehicle parked behind it on McArthur Avenue.

A report was received of an under age male unlawfully at large on a temporary absence permit from Milner Ridge Correctional Centre in Winnipeg. The subject was charged accordingly, and a warrant for arrest was issued.

A report was received of a threatening telephone call being received at Pointe du Bois.

August 5

A report was received of subjects causing a disturbance at a residence on Gauer Road. Police attended and all was quiet, however, various options were discussed with the complainant.

A report was received of a rear licence plate having been stolen from a ve-

hicle parked in the Town of Lac du Bonnet.

August 6

A report was received of ATVs coming onto a yard at Still Cove, with damage being done to the ignition and console panel of a boat.

A report was received of a domestic disturbance at a residence on Grouse Road. Investigation revealed an allegation of assault, and an adult male was arrested and released for court.

A report was received of a possible impaired driver in a vehicle which had driven off the road along Lee River Road. It could not be proven that the subject in the vehicle had driven the vehicle.

A report was received of loud music at a residence on McArthur. Police attended and had the mu-

August 7

A report was received of a boat being operated erratically by an underage male on the Winnipeg River just north of Lac du Bonnet. Follow up was done with the father of the suspect.

A report was received of noise being caused at a cottage at Lee River Co-op. Police attended and woke the owner of the cottage up to advise him of the complaint.

A report was received of a 56-year-old male having collapsed at a cottage on Oiseau Drive. Police and the ambulance attended, however, he had expired. Death believed to be due to natural causes.

August 8

A report was received of a vehicle which had broken down on Sikora Road hav-

ing been extensively vandalized.

A report was received from a resident of Bonny Vista Lodge having a quantity of money stolen from the apartment. An investigation was carried out, however, it was subsequently discovered by the complainant that the money was not stolen.

A report was received of a vehicle cutting another off while passing on PR 313. Follow up was done with the suspect driver as per the wishes of the complainant.

August 9

A report was received of a person unlawfully in a barn on property on Grouse Road. Police attended and searched the area, however, the suspect had departed.

No indication as to identity.

A report was received of a break and enter to a resi-

dence on Tinant Road. The homeowner's dog was let out and items were strewn about inside. A suspect was identified and subsequently arrested for break and enter and obstruction of a peace officer.

A report was received of an under age male driving recklessly in Lac du Bonnet. The driver was identified and is to be charged.

A report was received of a bear being hit by a vehicle on PR 211. Police attended and searched the area, however, the bear could not be located.

August 10

A report was received of an underage male illegally operating an ATV in Pointe du Bois. Enforcement action will be undertaken with respect to the matter.

'Round and about the Beaches

Summer time and living ain't easy



by Monika I. Evans

Last weekend, being a nice long one, everyone else was enjoying the beaches, the nice hot weather and whatever else ---me, I was stuck at home keeping the "home fires burning". I have been a golf widow for approximately seven days already, and there are still another four to

go until my loved one returns to the fold. No---he's not playing golf ---he's volunteering at the PGA Seniors being held at the Charleswood Golf and Country Club in Winnipeg, and worshipping the ground that the likes of Jack Nichols walk on. He's having the time of his life and tells me about all the people he met during the day and who said what, etc. He's had Christmas and his birth-

day all wrapped into this one occasion the way he is enjoying himself. He told me that he's already used up four rolls of 24 pictures - it's a good think that he bought lots of film - cheap.

There will be a column about his experiences in the near future, probably with some rather unique photos of the event.

With all our renovations, which are still not finished, I have missed

picking strawberries (so no jam), raspberries and only once was I able to go pick a few blueberries. Instead of picking - I'm digging trenches and holes and moving dirt. Hopefully I'll have some time to pick some blueberries before they are all gone.

I have had three ripe tomatoes so far. The rest of my garden is the pits except just maybe the yellow and green peppers and cucumbers. If the slugs don't eat them first, I should have some to harvest soon. Well, as gardeners always say - there is always next year.

I have to rely on the kindness of neighbours for necessary rides to meetings or get some supplies. Thank goodness for friends and neighbours, since I have yet to see a bus pass my house.

I have been spending some quality time with a little charmer by the name of Kaitlin. She and I have walked Snoopy and Maya just about every day this week. She is all of six and has the loveliest blue eyes. I wish I could have about one-tenth of her energy. She is a true bundle of energized joy. This morning we walked, while she ran with Snoopy, down to the playground and went on to the swings, the teeter totter, she used the slide and then hung from the monkey bars. Her grandmother and I got tired just watching her. Even after all that, she still ran almost all the way home. I'm going to miss her when she goes back to the city. She is a delight to talk to and a very bright young lady. I'm especially going to miss her goodnight hugs.

There won't be an article next week, since I am heading to the city and giving myself a few days off. I plan to go to Folklorama for one evening, if possible. I'll try to fit in going to lunch with my old office gang. I haven't seen them for

a while, except while waiting in the photo pick-up line at Wal-mart about a month ago. The following night I will take my Mother-in-law to see "42nd Street" at Rainbow stage. We haven't gone for a number of years and have truly missed it. I heard from a friend who has seen it, that it is a wonderful show. I'm really looking forward to it. I then will head to the St. Norbert Farmer's Market on Saturday morning and then take in the Forks Market before heading back home. That used to be my favourite thing to do while I lived in Winnipeg. It was a carry-over from living in Ottawa where each Saturday was spent at the Byway Market, shopping, meeting friends and just hanging out.

An Update

My apologies to the Church at Lester Beach. It's proper new name is the Lester Beach Community Church.

The volunteers that were responsible for the great job of renovation were Peter Regier, Henry Goetz, John Martens, George Kempen, Henry Weibe, Helmut Eck, Dan Pauls, Willie Loewen, Frank Friesen, Walter Bergen and Henry Gunther.

The Lester Beach Cottage Owners Association donated the funds and bought the material.

Freida and Henry Goetz worked very hard to clean up the church after the renovation work was completed. They did a great job!

Henry Gunther won't be at Church this coming Sunday since he is also going to be at the Senior PGA Golf Tournament enjoying some fantastic golf. Have fun Henry!

As I type this article, George Burns is -7 and leading -- no, not that "George Burns"!

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Great weather for Steadfest

Stead Slo-Pitch tournament was a great success. There were 14 mens teams and 6 women's teams. This was Stead's 14th Annual Tournament. There were camp groups set up with approximately 20-30 campers.

There were beer gardens set up with music to enjoy. The community centre also ran a concession stand that offered drinks, chips, burgers, hot dogs and the famous Stead burger. Hats off to all the volunteers who helped with the food stand and the food was great.

A couple of the teams, namely the Beausejour Sphincters, and the Gull Lake Ducks brought down a couple of floats. The Beausejour Sphincter's float featured a pool and bar with a swinging lounge and card table.

Also present was the ever famous Duck Mobile.

The ball playing was hard hitting and intense. The end results were as follows:

Men's

A-side: Beausejour Sphincters defeated IAS from Sagkeeng.

B-side: Franchise LdB defeated Orange Crush & Ketchup Chips from Lac du Bonnet.

C-side: Mohawks from Powerview/Pine Falls defeated the Gull Lake Ducks.

Women's

A-side winners were the Wildcats from Winnipeg.

B-side winners were Chicks with Sticks from Pine Falls/Powerview.

C-side winners were the Goo Goo Dolls.

There was some confusion with the draw due to a team dropping



Winners of the 14th Annual Stead Slo-Pitch Tournament held this past weekend in Stead. The Beausejour Sphincters won the A-Side title by defeating TAS from Sagkeeng.

out. Stead Community Centre apologizes to the players for any inconvenience this may have caused. Overall the two day event was a great success and fun was had by all the par-

ticipating teams, and their family and friends. The Stead Community Centre hosts this event every year. President Pete Gerbrand said "this weekend is a fundraiser for our commu-

nity centre, and that there are a lot of people who worked hard to make this happen." Pete said he would like to thank all of the volunteers who participated in making this weekend

happen. Hats off to Mark Otto, Event Coordinator, and to Ben Radchuk and Allen Rach who ran the concession stand along with the many other volunteers.



Runners up in Men's A - TAS from Sagkeeng



Winners of men's C- the Mohawks from Pine Falls/ Powerview



(Above) Winners of Women's B - Chicks with Sticks from Powerview/Pine Falls.

(Right) Monique Bouvier of Chicks with Sticks gets a base hit in the B-Side final.

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Recreation Ramblings

by Robin Attas, Special Events Coordinator
Winnipeg River Recreation District

No poetry this week, just a goodbye! I've headed back to university, so this is my last column for the year. I'd lie to thank everyone who I've worked with this summer, everyone's been so helpful and kind to me. But I'd especially like to thank Michelle for putting up with me around the office and for guiding me through the mysteries of the world of recreation. Oh there are definitely mysteries - but if I told everyone who reads this column about them, they wouldn't really be mysteries anymore, now would they?

I know you're probably not ready to think about fall yet, but as that's where my focus has been for the past couple of weeks and as I'm heading back to school (a sure sign of fall in my books), I thought I'd let you know about some of the nifty things for you to look forward to in September and beyond.

First of all, there are some pretty interesting clinics that I've been booking in the past few weeks. From cooking to

acting to swing dancing, there something for every age category this fall. Keep an eye out around town for the Rec District's orange fall flyer which will give you the scoop.

Another important event which will be coming up soon - the Terry Fox Run! This year is the twentieth anniversary of Terry's run, and we're trying to make it the biggest year ever in this district. The official run date is Sunday, September 17 but we're going to try having some events in the week prior, if we can. Again, keep your eyes peeled around town for more details. And I'm sure Michelle will be writing all about it in this column as well.

Thanks for a great summer, and I hope everyone takes the time to participate in at least one program, course or event this fall, as a volunteer, an instructor or participant. There's a lot of exciting things going on, and I hope you all take advantage of them. Thanks again, and have a great year!

LdB Slo-pitch 2000 season standings

Team	W	L	%	GBL
Classics	15	3	.833	-
Frenchmen	13	5	.722	2
Heroes	11	7	.611	4
Submerged*	10	8	.556	5
Comfort	10	8	.556	5
River Rats	3	15	.167	12
A Stars	1	17	.056	14

* won season series over SC

Playoff picture

First round: bye to pennant winner Classics.

Series A

A Stars vs Frenchmen

Series B

River Rats vs Heroes

Series C

Comfort vs Submerged

Update:

Thursday August 10 game: comfort 18, Submerged 7

On Tap:

Monday, August 14
Submerged at Classics (game 2)

Tuesday, August 15
A Stars and Frenchmen (double header)

Wednesday, August 16
Comfort at Submerged (if necessary)

Thursday, August 17
A Side semi final (game 1)

Monday, August 21
B Side elimination game

Tuesday, August 22



A Side semi finals (game 2)
Wednesday, August 23
A Side semi final (game 3 if necessary)
Thursday, August 24
Game 1 A final and B final
Tuesday, August 29
Game 2 A final and B final
Thursday, August 31
A and B finals (game 3 if necessary)

Ask your Pharmacist Fear of Falling

As we get older, it seems we get more and more like Humpty Dumpty: When we fall, it's harder to put us back together again. Falls resulting in broken bones are a fairly common problem among seniors. Unfortunately, this may be as a result of the person's medications: Medication may cause dizziness, drowsiness, or af-

fect a person's balance.

If you feel any of these symptoms, talk to your doctor or pharmacist to see if they can suggest a switch to another medication. As well, you can reduce the likelihood of falling in your own home:

Remove throw rugs and tack down any area rugs.

Apply bright reflective tape to the top and bottom steps of staircases.

Install grip bars and non-skid mats in the bathroom.

Invest in a footstool so you don't need to use a chair as a stepladder.

Use night lights

Use non-skid floor wax.

Get up slowly when you get up from a chair or from bed. Don't walk around in your stocking feet.

It's almost important to keep a close eye on your medications. Always buy your prescription and non prescription drugs from the same pharmacy, and make sure your pharmacist has a complete list of all the medications you use. It's also a good idea to bring in all your medications to your pharmacist or doctor at least once a year, so the medications can be reviewed to see if there are any you should change or stop taking.

TRY YOUR DRUGSTORE *first*

- Pharmaceuticals
- First Aid Supplies
- Hair Products
- Household Products
- Stationary
- Greeting Cards
- Lottery Centre
- Gifts

PINE PHARMACY

Open Monday - Friday 9:30 am - 5:30 pm

DISPENSARY

367-2611 367-2517

North Eastman Health Association Inc.

Administrative Assistant

1.0 EFT - permanent/non union position

Location: Corporate Office - Pinawa

Qualifications:

Grade 12
Demonstrated proficiency in computer applications, in particular Microsoft Office programs.
Demonstrated organizational skills
Ability to maintain positive working relationships in team-based working environment.
Ability to work with a variety of sensitive information and to maintain confidentiality.
Preferably two more years of related office experience.
Accurate typing skills with a minimum speed of 60 w.p.m.
Clerical perception is necessary to proof read type written material, file correspondence and to organize daily work.
Bilingualism would be an asset.
Please forward resume.

Submit applications by August 25, 2000 in confidence to:
Human Resources Manager, 24 Aberdeen Avenue, Box 339
Pinawa, MB R0E 1L0, Fax (204) 753-2015 or E-mail: hr@neha.mb.ca

We thank all applicants for their interest but only those selected for an interview will be contacted.

Pine Falls Swimming Pool update

submitted by the friendly lifeguards at the PF Pool

Well as summer's end is quickly approaching we are asking ourselves where the time went! Our time at the pool has been great (despite a bit of rain) and we are savouring every beautiful summer day we have left. It is wonderful to see how the kids enjoy spending time at the pool and to see how much they improve over the summer months. There is still time for more improvement! The last session of swimming lessons runs through Monday, August 14 to Friday, August 25th and there is plenty of room for

more students to enroll. Call Claudette at 367-8319 and she will be happy to help you.

We also have Aquasize Classes for the adults to enjoy every Monday, Wednesday and Friday from 8:00-9:00pm. The instructor, Mrs. Rita Boulet, was kind enough to lend her time and skill so come out for a night of great exercise and fun. As always the Aquasize Classes are free to PRA Members.

Pool Hours:

Sunday to Friday

1-4pm, Public Swim, 4-5pm Family Swim, 6-7pm Public Swim, 7-8pm Family Swim, 8-9pm Adult Swim*.



*Note: Mondays, Wednesdays and Fridays from 8-9pm the pool hosts Aquasize Classes.

Saturday

10am-12pm Public Swim, 1-4pm Public Swim, 4-5pm Family Swim, 6-7pm Public Swim, 7-8pm Family Swim, 8-9pm Adult Swim.

Donations of lifejackets for children are greatly appreciated.



(Top) Swimmers take advantage of the hot weather and cool off during the Public Swim at the Pine Falls Pool
(Bottom) Young diver shows great form.



Boredom Busters - Quick Easy Crafts for Kids Any Age

You've visited the library, chalked the sidewalk, and filled the splash pool. And it's only noon. Out comes the art kit. "Mine" shrieks your toddler, dumping out wooden pieces and a thick instruction booklet. Defeated you open the store bought playdough but it's dried out - ahhh! There has to be a better way. Here are seven craft ideas that will delight toddlers to preteens. Preparation and clean up are minimal. So raid your kitchen for art supplies, sit back and relax - if you can resist joining in!

1. Stuck on Stained Glass
Looking for a quick, mess free craft? With a roll of clear contact paper (from the department store - about \$8.00 at Walmart) your kids can make a textured collage or stained glass window. Best of all, no glue is needed.

Find scraps of tissue paper, fabric, ribbons, tinfoil, dollies, paper muffin wrappers or feathers. Then cut a rectangle of contact paper. When you peel off the backing, you're left with a sticky surface.

Arrange the collage materials on the sticky, clear paper, place a matching piece of contact paper on top. Add

a construction paper frame and you have a multicolored stained glass window. Hang it up and invite the sun.

2. Filtered Sunlight

Time for a coffee break? Use basket type fluted coffee filters for a spectacular craft. Open filters and lay them flat. Pour several drops of food coloring in a small container. Add a few drops of water. Prepare red, yellow and blue. Paint the filters with cotton swabs, feathers or paintbrushes.

For extra fun, use medicine droppers. Young children love to watch new colors appear with every drop. Because it looks like tie-dye, this art appeals to older kids too. Let filters dry and hang them in a window.

You can also make a flower, by poking a straw through the middle of the filter. Use masking tape to bunch the filter around the straw "stem". Arrange in a vase or glass and display for all to see.

3. Salt Surprise

Although you may be cutting back on salt, dust off your shaker for this craft. First, draw or scribble a design on paper with non-toxic, water-based markers. Then dip a paintbrush in water and

paint it over the marker lines. The watery color bleeds onto the paper. Shake salt onto the wet picture to create circles. Few toddlers can resist the appeal of shaking their sillies out.

Tell your big kids that artists use this same salt technique for silk scarf painting. They'll surprise you with sophisticated watercolor art, or make stunning homemade cards.

4. Ice Painting

On a steamy day, cool off with ice painting. Fill a homemade plastic Popsicle maker with water (or some container and place a popsicle stick into it) and freeze until solid. Fill an old film canister with powdered tempera paint and punch holes in the top with a nail. Shake the powdered paint on white paper. Then, rub the popsicle on the paper. Watch colors magically appear. Add a dash of salt to liven up your picture.

5. Use Your Noodle.

Pass the pasta for a quick craft with oodles of kid appeal. Boil a pot of noodles (spaghetti works well) and drain. Divide the cooked noodles into three separate containers. Stir in a few drops of red, blue and yellow food coloring - one color per container. Your kids can mix noodles together to create new colors.

Toddlers love to heap handfuls of the stuff onto paper or cardboard (a black background looks dramatic), but

a pile of pasta wont adhere to the paper. Instead lightly press noodles down individually so they stick. They'll wonder why the noodles stick - it's the starch.

6. Perfect Playdough

Unlike commercial brands that can dry out, this playdough is pliable, fragrant and long lasting. Mix 2 cups flour, 4 tsp. cream of tartar, 1 cup salt and 2 tbsp. oil and whisk together in a large bowl. Add 2 cups of water mixed with a small package of drink crystals. Microwave the mixture on high for 3-5 minutes stirring every minute. Keep cooking until it's so thick you can't stir it. When it's cool knead until smooth. For extra fun use kitchen utensils to play with the dough.

Toddlers will be thrilled if you provide safety scissors. Or show them how to roll dough and cut off pieces. If you store it in an airtight container, playdough will last for several months.

7. Just Goo It!

Even kids who hate to get messy can't wait to get their hands on this squeezeable stuff. Mix together 1 cup flour, 1/4 cup salt, 1/4 cup sugar, 3/4 cup of water and some food coloring. Pour the mixture into squeeze bottles. You can find ketchup and mustard containers at the dollar store.

Squeeze the goo on paper or cardboard. When dry, it forms a sparkly, textured picture. For a shiny painting, use tinfoil-covered cardboard. Goo is also great for making raised alphabet cards. Learning to read is easier when your child can both see and touch the letters. Older kids can make birthday cards of signs. Unused goo will last for several days.

You can find more children's craft ideas in the August 2000 issue of *Today's Parent*, where I adapted this article from, or for more crafts for kids call Crystal at 367-9641.

Family Practice of General Dentistry

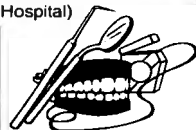
Dr. U.P. Odiatu

with

Kim Cyr/Dental Assistant

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Cosmetic Dentistry
- Anxiety Control/
Sleep Dentistry



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The Incredible Doctor Fields



by George T. Lalor

The particular discipline of his doctorate we never did get to know... perhaps because we never thought to ask. In retrospect, the only thing of which one can be reasonably sure is that his degree was not one of "Doctor of Divinity." For the not-unhandsome, charming gentleman who was Doctor "Whats-his-face" was one of the most arful con-men to ever set foot in the Pine Falls region.

He simply appeared on the street one day in the summer of 1932, a soft-spoken gentleman with an English (possibly as-

sumed) accent, beside him, his charming wife dressed identically to him in corduroy breeches, high top leather boots and wide-brimmed hat resembling those worn by the Mounties. And he told a story of adversity that would melt our generous "boon dock" hearts to mush.

Doctor and Mrs. (presumably) Fields were journalists commissioned by a large Toronto newspaper to write a series of feature articles dealing with the people of Canada's northern forest. We of the Pine Falls district had been selected as an ideal subject and to that end the good doctor and his courageous little wife had paddled their canoe all the way across Lake Winnipeg and up the Winnipeg River to the cataract at Pine Falls where they hoped to commence their work. But alas... "The best laid plans of mice and men": their canoe had turned over in the rapids and all of their money, equipment (including their typewriters) and their provisions had all gone to the bottom of the river. They themselves had barely escaped a watery grave by clinging to the upturned craft.

I suppose, in retrospect, we should have asked how two people could have survived such a terrible ordeal without losing the crease in their respective breeches or the heroic little lady her permanent hair set. But, as I have already indicated, we were, at that time real yokels. All hearts went out to the poor, destitute Fields. The people of the town supplied them with board and room to be paid for after the money for the feature articles began rolling in. Other

people lent the couple tent, blankets, cooking utensils, and canoe paddles to replace those presumably lost in the accident. One generous lady gave them the use of her typewriter; another supplied the typing paper. All of these acts of generosity would, it was promised, receive prominent mention in the doctor's articles.

At that time, the paper mill was not in operation and a number of the young men from the town had gone to live in the woods and survive by trapping and hunting. Earny Thomas, Jack Beatty and Earny Coote along with others such as Davy Crawford and Don Clements had built a log cabin at the waterfall on the fifth portage of the Muskwa River and it was to this picturesque place, the Fields decided to go for their research and writing. The Fields' brief sojourn at Muskwa River can only be told in language much modified from that used by Earny Thomas.

"I've never known a more useless CENSURED in my life than that CENSURED Fields," said Thomas. "He couldn't even pitch

a DELETED tent or light a DELETED fire. Then a CENSURED bear came around and they wouldn't sleep in the CENSURED tent we had to give up the CENSURED cabin for them. Then the stupid DOUBLE CENSURED dropped his canoe and smashed it up and we had to transport him and his wife to Pine Falls."

At Pine Falls, the good doctor expressed his concerns: His writings was as yet unfinished and he was without canoe. Could someone kindly lend him one? Of course. Young Allan Brown had a beautiful craft and was willing to help out a fellow in need. Several weeks later, young Allan recovered his canoe from Victoria Beach where it had been abandoned.

But everything else: tent, typewriter, canoe paddles, tools and implements borrowed at Muskwa River along with numerous I.O.U.'s all vanished with the worthy doctor and his wife. And though the law pursued the culprits, they were never to be seen again.

But although he was never

seen again the doctor certainly would be heard from. An article bearing his byline did appear in a Toronto newspaper. And if there is one good thing to be said about the elusive journalist, he was certainly an excellent writer. His feature article which was entitled "CITY MAN ONE POINT AHEAD" marked its author as a real professional. The trouble was: Doctor Fields was also a dishonest writer. His story infuriated the local people for it painted them as backward, lazy indigent; the boys at Muskwa River so lacking in woodsmanship that they could not even pitch a tent; a cowardly bunch who trembled in their cabin while he, the doctor, and his wife drove off an angry bear".

To my knowledge, Dr. Fields did not appear in print. Again... or, if he did, he used another non-de-plume. I've searched the records of Canadian writers but found no trace of him. Perhaps he tried to treat his publishers the way he treated us. Who knows?

SILVER HAVEN MEAL PROGRAM

Open to all seniors 55 and up. You are welcome to bring a guest. All meals are \$4.50. Meals are at 12:00 noon on Mondays, Wednesdays and Fridays. Your name must be put on the list the day before by calling Silver Haven at 367-4620 or Bernice at 367-8369.

Wednesday, Aug. 16
Caesar salad, chicken cutlets, potato wedges, brussel sprouts, rice pudding

Friday, Aug. 18
Pancakes and sausages with strawberries, ice cream

Monday, Aug. 21
Soup, roast beef, mashed potatoes, gravy, peas, fruit cocktail. For Aug. 21 Contact Jacque 367-2983



NORMAND

Alice Eugenie Normand, born Alice Eugenie Pelletier in Ste. Rose, Man., on February 22, 1911, passed into the presence of her Saviour on July 23, 2000, at West Coast General Hospital ECU in Port Alberni, BC., after a lengthy illness. Predeceased by her husband, Justin in July 1958; an infant son in 1935; sisters, Yvonne, Mary Louise and Sylvia;

brothers, Israel, Emile, Victor and Maurice and son-in-law, Bob Oversby. Survived by one brother, Lucien (Emelda) Pelletier of California; children: Rita Oversby of Dryden, Ont. Cecile (Bud) Lidstone, Laurette Robinson and Lucienne (Rolly) Harrison of Port Alberni, B.C., Rene (Eva) Normand, Donald (Lois) Normand and Edith (Don) Stoddart of Nanaimo, B.C., Denise (Fritz) Kembal and Noella (Louis) Fenez of Pine Falls, Man.; thirty-two grandchildren; forty-six great-grandchildren and two great-great grandchildren. Alice lived in Ste. Rose and Pine Falls, Man. and moved to Port Alberni, BC in 1968.

Special thanks to all the nurses of ECU for the care and kindness given to mom during a long and difficult period. A Memorial Service was held on July 28, 2000 at 1:00pm at the Notre Dame Catholic Church, Port Alberni, B.C., Father Gary Hartman officiating. Reception to follow in the church hall.

ECHOES FROM THE Heart.

Build Quality Into Your House

An elderly carpenter was ready to retire. He told his employer-contractor of his plans to leave the house building business and live a more leisurely life with his wife enjoying his extended family. He would miss the paycheck,

but he needed to retire. They could get by.

The contractor was sorry to see his good worker go and asked if he could build just one more house as a personal favor. The carpenter said yes, but in time it was easy to see

that his heart was not in his work. He resorted to shoddy workmanship and used inferior materials. It was an unfortunate way to end his career.

When the carpenter finished his work and the builder came to inspect the house, the contractor handed the front-door key to the carpenter. "This is your house," he said, "my gift to you."

What a shock! What a shame! If he had only known he was building his own house, he would have done it all so differently. Now he had to live in the home he had built none too well.

So it is with us. We build our lives in a distracted way, reacting rather than acting, willing to put up less than the best. At important points we do not give the job our best effort. Then with a shock we look at the situation we have created and find that we are now living in the house we have built. If we had realized, we would have done it differently.

Think of yourself as the carpenter. Think of your life as the house. Each day you hammer a nail, place a board or erect a wall, build wisely. It is the only life you will ever build. Even if you live it for only one day more, that day deserves to be lived graciously and with dignity.

The plaque on the wall says, "Life is a do-it-yourself project, do it to the best of your ability."

Videos OF THE WEEK

Brought to you by the Pop and Movie Shop

Buzz Light Year of Star Command (4 Bottles)

Featuring the voice of Tim Allen as Buzz. Buzz Lightyear is an all new feature length animated saga for the whole family.

Reindeer Games (4 Bottles)

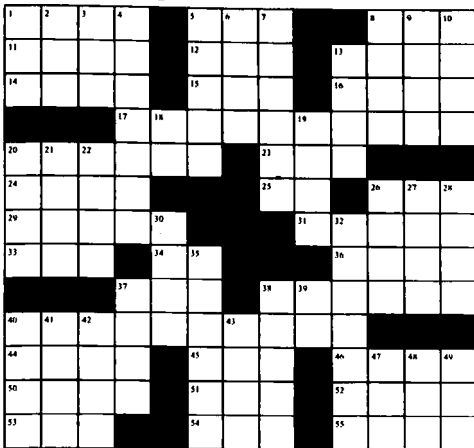
Starring Ben Affleck, Gary Sinise, and Charlize Theron. Reindeer Games is a high energy thriller that never lets go. The trap is set, the game is on.

Out next week

Erin Brockovich
Cider House Rules
Family Tree

Winnipeg River Echo Weekly Crossword

Blue Box Special



- | | | |
|--------------------------|------------------------|----------------------|
| 23. Partner of outs | 8. Apple part | 32. _____ containers |
| 24. Pig's do it | 9. Fibber | 35. Vanquish |
| 25. Accomplish | 10. Woes | 37. Item |
| 26. _____ cartons | 13. Dandies | 38. Corkboard _____ |
| 29. _____ ware | 18. Popular TV drama | 39. Albright |
| 31. Breathlessness | 19. Ancient buffalo | 40. Step |
| 33. Tennis term | 20. Work units | 41. Hawaiian garb |
| 34. Osmium symbol | 21. A kind of spy | 42. Stench |
| 36. Lounge | 22. Dhow or dory, e.g. | 43. Used _____ |
| 37. Eskimo knife | 26. Slaughter, for one | 47. Wedding words |
| 38. Brags | 27. Shekels | 48. Born as |
| 40. Directories | 28. Buffalo _____ | 49. Sombre |
| 44. German auto | 30. Flat fish | |
| 45. Ten, in Temiskaming | | |
| 46. Jam _____ | | |
| 50. Coagulate | | |
| 51. Nod or glob follower | | |
| 52. Notion | | |
| 53. Corn plant part | | |
| 54. S | | |
| 55. Female freshie | | |

ACROSS

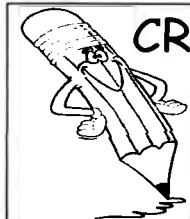
- | | |
|-------------------------|---------------------|
| 1. Mason _____ | 13. Aluminum _____ |
| 5. Mountain pass | 14. English School |
| 8. Roman 151 | 15. Electrical unit |
| 11. Cookie | 16. Spoken |
| 12. King, in Kamouraska | 17. Tabloid _____ |
| | 20. Fire remains |

DOWN

- Kapp or Clark
- Arthur, for short
- Classic car
- Verses
- Boasts
- Partner of Ahs
- Transparent

LAST WEEK'S ANSWERS

A	R	A	T		R	A	W		B	A	T	A		
L	U	L	U		O	L	A		U	L	A	N		
G	N	A	R		B	A	Y		C	A	R	D		
A	G	E	N	D	A	N	O	H	I	T	S			
					E	E	R		E	S	A			
S	E	C	R	E	T	S			E	N	A	T	E	
A	R	A			S	O	B		G	E	L			
C	A	N	D	Y		T	R	A	V	E	L	S		
					O	E	R		A	L	E			
S	I	M	C	O	E				C	I	R	R	U	S
K	O	O	K		E	L	K		N	O	T	E		
I	D	L	E		D	O	E		O	P	E	C		
S	E	E	D		S	U	N		N	E	S	T		



CRYPTIC PUZZLE

BV BC WDX FDCCBQGP HDT J HGBRKV
 JVVWPWSJWV VD RPV J FBGDV ETPRWJWY.
 -TBLKJTS HPTTBC

Each letter represents another letter in the alphabet.
 See if you can break the code to figure out the famous quotation

Last Week's Solution
 NOT ONLY IS THERE NO
 GOD, BUT TRY FINDING A
 PLUMBER ON SUNDAY.
 -WOODY ALLEN

WEEKLY HOROSCOPE for the week of August 15th - August 21st

ARIES March 21 - April



Ask yourself why the negativity. Examining childhood memories may give today's problems perspective. Do not allow others to walk all over you. Stand up for yourself. Continue working on your self-esteem. You are almost there.

TAURUS April 20 - May 2



Comic relief is welcomed at work when tension escalates this week. You keep things in perspective, even when it seems like you're in the middle of a three-ring circus. The financial tide may turn against you.

GEMINI May 21 - June 20



Avoid caffeine this week; you are wired enough as it is. You can't be in two places at the same time. Start setting educational goals for yourself, as well as a young person in your life. Setting a good example is what counts.

CANCER June 21 - July 22



An obsession with your physical appearance is getting out of control. Seek professional help and ask for a second opinion. Don't let minor frustrations at home stop you. Mesmerize yourself by gazing at the stars. It could bring solace.

LEO July 23 - Aug. 22



Don't think twice about changing your course. Sleep deprivation could cause you to doubt your decision-making. Once you make up your mind, sleep comes easier. Keep mum on a real estate deal. An elderly relative may try to change your mind.



YOUR UNIQUE point of view has coworkers flocking to you for advice. Weigh your words carefully. If you look for the best in people, you will find it. Take care of tasks that seem to slip to the bottom of your priority list.

LIBRA Sept. 23 - Oct. 22



Shun will power and enthusiasm may get you over a personal crisis on the 15th. Don't allow the crisis to make you unproductive at work. A work relationship may be over. Part amicably and avoid the temptation to gossip.

SCORPIO Oct. 23 - Nov. 21



If you're feeling frustrated and drained by a friendship, get out. You have given but not received. It's hard to remain loyal when your needs are not being met. Re-examine family ties, but not those that bind.

SAGITTARIUS Nov. 22 - Dec. 21



A new experience could bring you so much closer to a young person. The scenario is highlighted by your natural sense of timing and good luck. Cut back on time spent with those who zap your energy. It is time to get back down to business.

CAPRICORN Dec. 22 - Jan. 19



Spending time and money on your education is one of the best ways to improve your status in life. Do not fizzle out on this commitment. Remaining focused is difficult; avoid being impulsive. Meditation may calm first-day-of-school jitters.

AQUARIUS Jan. 20 - Feb. 18



Push the envelope and you could find extraordinary advances at your fingertips. Don't give up. Your values are changing. Seek out relationships with people as committed as you are. Clear your head of the old way of thinking.

PISCES Feb. 19 - March 20



Cut your "to do" list down this week. You may be too distracted by changes at work to give your full attention to at-home duties. During downtime, allow yourself to daydream. Convert those dreams to goals!

ALL THE RIGHT Stuff

Dear Ms Know-it-all:

In this day of Women's lib and equal rights, it's tough for a guy to know what to do. Can you give me some tips on how I should behave in public with a woman?

Confused

Dear Confused:

While there have been sweeping changes in recent years regarding the rules for how men and women treat each other, it is still important to put each other at ease, make them feel comfortable and assure that their needs are met. When you act with respect and consideration, you will always react appropriately. As in most areas of etiquette, common sense should prevail. These guidelines will cover most situations.

* In a restaurant, you lead the way if you're the host. The woman leads, if she is the host.

* If you are a woman's dinner guest, relax and be her guest. Her invitation implies that she will pay

the tab and you should allow her to do so.

* Rise when a woman enters or leaves a room or leaves or returns to the table.

* Serve a woman first, before serving yourself.

* Hang up a woman's coat for her.

* If a woman is having trouble getting her coat on, you may assist her.

* Hold a woman's chair and help to seat her. In some restaurants, the maitre d' does the seating. In that case, stand until she is seated.

* Take off your hat indoors - even if it's a baseball cap.

* In a theatre, allow a woman to walk ahead of you into the row. You sit on the aisle. If you're in a group of two or more couples, the women sit between the men.

* Precede the woman when walking down stairs or escalators; follow her if you are going up.

* When entering an elevator with a woman, go first to clear the way. The person closest to the door exits first, regardless of gender, and holds the door open for the others.

* When walking on the street with a woman, walk to her left, closer to the street. If you are in a potentially unsafe area, walk on the building side to protect her.

* In any unfamiliar building or situation, open the

door first and look around before inviting your female companion to proceed.

* If you have parked in unfamiliar territory, walk around and open her door. Look all around the car before doing so.

* When entering the car, open the door for your female guest. Look inside the car before you open the door to ensure that no unwanted intruder is hiding in the backseat.

* When using public transportation, defer to older persons, male or female. It is not necessary to give up your seat to an able-bodied female, although the gesture is usually appreciated.

* If your female companion has a heavy package and your hands are free, offer to carry the package.

* If two people are sharing an umbrella, the taller person should hold it.

* Keep all public conversations suitable for mixed company. If you are telling a group of men a joke or story that you wouldn't normally share with a woman, it is better not to tell it, especially if the conversation would stop dead if a woman were to approach. Sudden silence in the presence of a woman is extremely rude.

* When dealing with a woman who is unable to accept your courtesies gracefully, consider her ungraciousness as a failing on her part, not on yours.

Pine Falls - Our community, council and us

Townsite Notices

Mosquito abatement program

Have you noticed the difference? Thursday will be the preferred day for weekly mosquito spraying (weather permitting). The program will continue until the 4P Festival. Enjoy the summer picnics and bar-b-ques!

Water Main Leak

On Tuesday, August 15th, the water will be off in the vicinity of 24-28 Maple St. for repairs. At the time of writing workers hope the shut down will require only an hour or so, but if your water is off when you read this, they may have run into complications!

Recycling

Recycling Facts: Newsprint - The average person generates 8 pounds of newsprint in a month. Every tonne on old newspapers recycled represent a saving of three cubic meters of landfill space. One metric tonne of recycled newspaper saves about 17 trees.

Cardboard - Recycling one ton of cardboard saves over 9 cubic yards of landfill space. By recycling cardboard, we save about 1/4 of the energy used to manufacture it.

Glass - Each year, in Canada, 6 million tonnes of glass is thrown away. In Manitoba, most recycled container glass is used as aggregate material in roads and sidewalks. This saves your community recycling program energy and money because the glass doesn't have to be shipped to distant markets. Just think... you could be walking on old jam jars!

Aluminum - Recycling one aluminum can saves the amount of energy needed to light one 100-watt bulb for 20 hours. The energy saved from recycling one aluminum can is enough to run your television for 3 hours. 20 aluminum cans made from recycled materials are equivalent to

the amount of energy that it takes to make 1 brand new can.

Steel - Every pound of steel recycled saves enough energy to light a 60-watt bulb for more than a day. One tonne of recycled steel saves 1.4 tonnes of iron ore and 3.6 barrels of oil.

Plastics - Five PET bottles yield enough fiber to make an extra large t-shirt. Canadians take home over 55 million shopping bags a week. It takes 35 two litre PET bottles to make enough fibrefill for a sleeping bag.

Keep Manitoba Beautiful

When was the last time you saw someone littering? Maybe it was recently, or it may be difficult to think of a time when you witnessed someone littering. But, litter does not simply appear on its own. When it comes to littering people are the problem and people are also the solution. Knowing more about littering will help us all become part of that solution.

Studies show that people litter when: They feel no sense of ownership or responsibility to the property. They believe someone else will clean up after them. Litter is already present. Trash receptacles are not easily acceptable.

Did you know?

There are seven primary sources of litter. These sources of litter can be either deliberate or accidental in nature: 1) Improperly handled garbage and recyclables, 2) Improperly handled commercial refuse, 3) Construction and Demolition sites, 4) Loading and delivery areas, 5) Uncovered trucks, 6) Pedestrians, 7) Motorists.

Litters costs your community, both financially and environmentally. Tax dollars are spent cleaning litter from parks, roads and public places. Litter pollutes our waterways, damages our landscape and injures animals and

people. Litter can negatively impact community recycling programs, too.

Litter from recycling pickup or depots may result in negative perceptions regarding their effectiveness in cleaning up the environment. Litter may include products and materials which are recyclable and should be removed. What can you do?

Set an example - don't litter. Make sure community trash cans have lids that can be securely fastened, and have clear signage.

Suggest that community business owners check dumpsters daily to ensure that tops and side doors are closed. Ask them not to overflow dumpsters.

Use a litter bag inside municipal vehicles.

When outdoors hold onto trash until you reach a trash receptacle or recycling bin.

Ask residents to cover open loads on all trucks, and ensure municipal vehicles do the same.

Organize a community clean up event.

Planning a Community Clean-up?

Get permission from the property owner of the area you would like to clean.

Visit the site prior to clean up day to see what type of material needs to be removed (large debris may require large equipment).

Take before and after photos.

Tell local media (newspaper, radio station, television) about your project.

Ask local businesses to sponsor bags, gloves, coffee, etc. Be sure to follow up with a thank you letter.

Recruit local community groups and community members who may want to participate.

Keep a diary of the event and a log of names and phone numbers in case you decide to plan another clean-up next year.

Be sure to thank everyone who was involved.

Back to School

School begins again for students on Tuesday, August 29 at Pine Falls School, and on Wednesday, August 30 at Ecole Powerview School. (Who remembers the days of shopping for school supplies at The Bay, when it was the only show in town! If you were lucky, you'd be the kid to get a brand new textbook - of course, the parents thought that they were the lucky ones if someone would sell last year's books at the usual half-price markdown! And how about the first day of school photocalls! Someone remembers)

4P Festival

Planning continues for the 4P Festival over the Labour Day weekend. This major regional festival offers a parade on Sunday, September 3 - and this year there is no entry fee! A great opportunity to decorate those bikes, build a float, get out the face paint and have some fun! The Festival Market Square will be happening on Saturday and Sunday, the 2nd and 3rd. The volunteer committee has worked hard and long to arrange a terrific event; let's get out and support it!

Watch for the townsite booth at the Pine Falls Arena, and check out the photos of the most beautiful yards. The twelve winning gardens will be photographed in time for display at the festival.

Call 367-2512 for festival information and opportunities. For details on the Market Square, call Shirley at 367-8983.

Action Committees

Some folks might not know that the Action Committees are an opportunity to get involved in the "extras" of town management. If you're interested to extend to beautification, arts & culture,

tourism and business, safety or more you might want to pitch in to help out. Volunteerism is a strong tradition for Pine Falls, and participating on a committee is a way to get together with others to work toward shared goals. Think about it!

The Beautification committee will be judging town gardens between the 22nd and 24th of August, so get that grass cut before then! A team of judges will be cruising' the town to spot the most beautiful yards, and the result of their work will be at the 4P.

The Arts and Culture Action Committee is at work preparing a plan for activity over the coming (brr) winter, so readers will see details soon.

Opportunities for continuing education for adults will abound over the winter, sponsored by the Town as well as the other, previously established agencies. Watch for announcements about upgrading, leisure arts and crafts and more.

In the meantime, here's a "heads-up" about a coming arts event - the Eastman Juried Art Show will take place next spring in Pine Falls. The last EJAS was held in Pinawa in '98 and we hope to offer the same high quality of work by artists from all "round Eastman. The Manitou Rapids Arts Council was a major mover in proposing the event for this area, and a committee is being formed. Iris Rountree will chair the committee, and volunteers are assembling to begin work in September. Volunteers are needed for everything from publicity to registration, hospitality and exhibit setup. Whether you enjoy following the planning through its entirety, or having the fun of a blitz at the last minute, there are things you can do! Feel free to call Iris at 367-8615 if you want more information.

Book Break! in Pinawa. Sellers of used books, fine coffees, teas, desserts. We buy books, phone Dorothy at 753-2357.

Business for sale: Distributor wanted for Simply Natural Spring Water for PF and LdB area. Call Rene at 345-3187 or 783-5536.



For sale in Broadlands: Near Pine Falls, Bi-level, 2000 plus sq. ft. Newly painted int., new maintenance free ext. 3 Bdrms, 1 1/2 baths, FR with fireplace, workshop and utility room, wood/electric heating, AC and CV, dble. garage. on 160 acres, call 367-8873.

For Sale 1974 Mobile home, 14x64" to be moved, located at Victoria Beach, ideal for cottage or house. For further info call 669-2767 ask for Bill.

Electric Hospital Bed in good condition, \$350.00 OBO, 2 Spanco mattress pads to fit the same bed, good condition, \$50.00 call 1-204-669-2767.

International T-6 Crawler Tractor w/ front-end loader, also w/ bulldozer blade and hydraulics, all in working order, call 669-2767 ask for Bill.

Lot for sale: at Centennial Place, 213 x 150, call Ritch Nally 345-6655.

Immediate opening for cooks and serving personnel for year round employment. Full and part time, call 756-2401.

AGASSIZ SCHOOL DIVISION NO. 13 HELP WANTED CLEANER

Powerview School
Written applications will be received by the undersigned until noon Thursday, August 24, 2000 for the position of Cleaner at the Powerview School in Powerview, Manitoba.
Sick leave and other benefits as provided by collective agreement will apply.
Qualifications - previous cleaning experience in a commercial establishment or school preferred. Salary of \$8.96 per hour, as provided by collective agreement presently in effect. Duties to commence September 5, 2000.
Further information as to required duties may be obtained from Maintenance Supervisor Glen Hirst 268-6512 or 345-2749.
Applicant to submit a summary of pertinent information including qualifications, past experience and references.
Address applications to: Glen Hirst, Maintenance Supervisor, AGASSIZ SCHOOL DIVISION NO. 13, Box 1206, Beauséjour, MB R0E 0C0



Pelland (nee Bruneau)

Braeden Pelland, along with his mommy, Bobbie and daddy, Gerald, would like to announce the safe arrival of his little brother, NOAH CALVIN JOSEPH, Sunday, August 6, 2000 at 6:43 a.m., weighing 7 lbs., 8 oz. and measuring 20 inches long.

Proud grandparents are Lynnette and Robert Bruneau and Denis and Annette Pelland.



Born to Andrea and Dan Laliberte, a beautiful daughter, Anna Marie.

Anna came into this world on Saturday, August 5th at 3:35 p.m. weighing 7lbs 6ozs and was 19 1/2 inches long.

Proud grandparents are Diane & Andy Laliberte and Heather and Doug Abrahamson. Proud great grandparents are Bernice Nicole of Lac du Bonnet and Walter & Anna Abrahamson of Lac du Bonnet.

Happy 18th Birthday Draper!

From childhood to adulthood... Years may have come and gone, but you will always be our same, cute, lovable, handsome, mature young man that you were back then.
Thanks for giving us such joy and excitement in our lives, and special thanks for always being there.
We love you Draper,
Good Luck in University!
Love Mom, Dad, Max, Rob, Chewy, Macey, Trey, Tiana, Dwayne & Debbie



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1991 - 1680 Case with speciality rotor, Petersen sieve and straight cut header available. call Nick 345-2244.

Wanted

Wanted - Looking for persons to rent tables for sporting card sale, mini stanley cups and many other miscellaneous items, call 367-8960, ask for Toni.

Cards of Remembrance

Helmer and I would like to thank our children for the most memorable 50th anniversary party. Also our friends for making it so enjoyable (cards and gifts).

Helmer and Celine Bellin

We would like to express a heartfelt thank you to everyone who donated and sympathized with our loss of our father, husband, grandfather, and great grandfather Melvin Fontaine Sr. Your comfort and kindness through our loss is greatly appreciated. Kitchimeegwetch and God bless you all!

Mrs. Celine Fontaine and family

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PINE FALLS - 1 Holly Street
One storey home with attached garage. 1132 sq. ft. of living area, 2 BR, den or office, some hardwood floors, fireplace, large kitchen and dining area. Close to schools and business centre. Call to view.

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