

Hunting

**SCIENCE
BACKGROUND
ON TOXICITY
OF LEAD
SHOTSHELL
AMMUNITION**

...Pg. 2

200 Vaughan St. 1st. floor
Winnipeg, Mb.
R3C 1T5
(legal deposit)

News

**MANAGEMENT
CHANGE AT
THE MILL**


...Pg. 4



Athletics

**POWERVIEW
SCHOOL
CELEBRATES
PAN-AM
GAMES**

...Pg. 12



Winnipeg Voice

Vol. 8 #3 THURSDAY, JUNE 17, 1999 Pine Falls, MB

\$1.00 Tax Included



Scenes like this in Netley Marsh may soon become a thing of the past

Lake Winnipeg Flooding Netley Marsh

Netley Marsh is disappearing, and Lake Winnipeg may soon be only six miles north of Selkirk, according to the Netley Marsh Waterfowl Foundation.

The Foundation, in a brief to the Lake Winnipeg Shoreline Erosion Advisory Group, in Selkirk June 10, said that since Manitoba Hydro he-

gan to regulate the level of Lake Winnipeg the fifty individual wetland areas of the marsh has been reduced to sixteen, individual lakes within the marsh have been merged into one continuous waterway, and the Winnipeg Beach Ridge, is eroding.

The Winnipeg Beach Ridge is a long sweeping crescent of land that forms the southern

rim of the lake, and protects the marsh from the effects of storms on the lake. The foundation showed the advisory board maps of the area, from 1945, and 1996, showing a huge area of the marsh has disappeared. "Once the beach ridge is gone, the next high ridge is the Clandeboye Road, eleven miles south of the

cont'd on pg. 9...

Increased treaty payments proposed

A proposal to direct some First Nation funds directly to individuals is being discussed

A proposal to eliminate welfare in Canada's First Nations by increasing treaty payments to \$5,000 per head is to be discussed at a National Assembly of First Nations to be held in Birds Hill Park August 27, 28, and 29.

Brenda Everett, of the First Nations Mothers Association said the association is working with First Nations accountability to examine the feasibility of directing some of Canadian funding to First Nations directly to individuals. She said accountants are "crunching numbers" to determine the effect of the proposal.

Everett says the proposal would probably

save the government money. The intent is not to increase funding, but simply to divert money from control of band councils directly to band members.

Funding through the Department of Indian Affairs and Northern Development is currently around \$14,000 per head. It has been estimated that total funding through other government departments, Health Canada and others, is close to \$50,000 per head.

Everett said she sees re-directing funding directly to band members through increased treaty payments is a first step to accountability and self government.

MANITOBA NATURAL RESOURCES WEEKLY FIRE REPORT EASTERN REGION

FOREST FIRE DANGER	Low
NUMBER OF FIRES BURNING	2
NUMBER OF FIRES THIS YEAR	82
LOSSES TO DATE (Hectares)	46069



MAN CAUSED FIRES	73
LIGHTNING CAUSED FIRES	9

REPORT FOREST FIRES
TOLL FREE 1-800-782-0076

Hunting



Effective September 1, 1999, the possession or use of lead shot for the purpose of hunting most migratory game birds will be prohibited in Canada

Science Background on Toxicity of Lead Shotshell Ammunition

Lead Poisoning in Waterfowl
Lead shot ingestion has been reported in waterfowl since the late 1800's. Lead in the form of lead shot, is a toxic substance, estimated to kill some 250,000 waterfowl each year in Canada and poison millions more. Lead poisoning of waterfowl from ingestion of lead shot has been reported in at least 16 countries including Canada, the United States, Mexico, Great Britain, Norway, Sweden, Finland, Denmark, and Australia. Ten countries currently prohibit the use of lead shot for waterfowl hunting nationally or within zones.

Gizzard surveys from over 21,000 dabbling ducks from Canadian provinces (excluding Newfoundland) determined that lead shot ingestion occurred in all surveyed areas. Highest ingestion rates in dabblers were reported in British Columbia and the maritime provinces, whereas the lowest rates were from Alberta. A survey of lead

concentrations in wing bones of over 8,000 young-of-the-year mallard and black ducks revealed a geographical pattern of elevated lead exposure consistent with that found from gizzard surveys. Further research using stable lead isotopic analysis concluded that high lead exposure in waterfowl and their predators is consistent with lead shot ingestion, and is not consistent with exposure to other forms of environmental lead, such as lead from past gasoline combustion.

Secondary Lead Poisoning of Eagles
Many eagles and other predatory or scavenging birds also suffer lead poisoning by consuming lead shot embedded in tissues of game animals killed or wounded with lead ammunition. Where it has been explicitly studied in Canada, secondary lead poisoning of bald and golden accords for an estimated 14 - 19 % of the recorded post-fledging mortality in individuals examined for lead exposure.

Community Billboard - ph 367-4466

LIBRARY ALLARD: *Library Hours: Tuesdays 10:30am to 5:00pm Wednesdays 1:00pm to 5:00pm & 8:00pm to 8:00pm Thursdays 1:00pm to 5:00pm & 8:00pm to 8:00pm Fridays 1:00pm to 5:00pm Saturdays 10:30am to 4:00pm*
KNIGHTS OF COLUMBUS: Meetings every second Tuesday of the month 7:30 in the basement of the Powersview Church
SILVER HAVEN CLUB: *Cabbage - every 4th and 5th Monday of the month 1:30pm - 4:30pm - Hosts every Thursday of the month at 1:30pm*
WINNIPEG RIVER W.I.J. meetings third Tuesday of every month 7:00 p.m. Library Allard, St Georges
PINE FALLS HEALTH AUXILIARY: Meetings on the first Tuesday of every month at 7:00 p.m.
COTTAGE COUNTRY BUSINESS ASSOC.: Meetings Every first Monday of the month at 7:00 p.m. October through May Ph. 756-2505
ALCOHOLICS ANONYMOUS: - *St. Rose Group: Meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. Last Friday of the month open to the public, located at St. Georges Catholic Church Basement*
PINE FALLS LEGION: Meetings held 2nd Thursday of the month 7:00 p.m. Legion. Most suffers held at Legion on 7:00 p.m. 4th Thursday of the month
PINE FALLS MASONIC LODGE #154: meets on second and Friday of every month at the Pine Falls United Church Except Jan & Feb
BADMINTON: - Pine Falls Church Gym, Sundays & Wednesdays 10:00 am - 10:00 pm
POWERVIEW GARBAGE PICKUP: Every Wed. Recyclable pickup every 1st & 3rd Thurs. of each month
P.A.A. MEETING: every 4th Thursday of each month at 7:00 p.m.
VILLAGE OF POWERVIEW MEETINGS: every second Tuesday of each month
WINNIPEG RIVER SENIOR SERVICE INC.: Coordinator Tina Pollock, Office: Pine Falls Health Complex, Telephone: 367-9128, Hours: 9:00am - 3:00pm Monday - Friday. Services: Transportation, Home-Maintenance, Food, Care, Volunteer Help, Information
FAMILY CARE GIVER SUPPORT GROUP: at the United Church, Pine Falls, last Thursday of the month at 7:00 p.m.
AA & ALANON: - The Beaches family group, Thursdays at 8:00pm, Senior Service, Victoria Beach 1st. A-1st. Room 256A, 3018 st. 756-2101
PINE FALLS LIBRARY: *Library hours will be from 3 p.m. until 5pm Monday - Thursday*
HAPPY TOTS DAY CARE: - The Happy Tots Play Centre (PO Box 753 Pine Falls, ROE 1A0) - 367-2601 hold formal meetings on the last Monday of each month 7:00 p.m. at the Playcentre
SENIOR SCENE INC. #1: A-1st. Rd., Victoria Beach General Meetings every 2nd Tuesday of the month. 8th Classen West 10 am. Hand Carving Wed 1 pm. Movies Tue 7 pm. except bowling, Fri 2 pm. Bingo Fri 7:15 pm. Call 756-4468 for more information regarding activities
MENTAL ILLNESS SUPPORT GROUP: Meetings held every 2nd Wednesday at 7pm at the Wings of Power office
LAKESHORE AL-ATEEN GROUP: Meets Thursdays 8:00pm - 7:00pm. Lak du Bonnes Health Centre 89 Main. 1st. St. Starts Sept 10th. Call Kathleen 367-8237 or Vicki at 367-6520
SUNRISE SINGERS: Meet every Monday evening 7:30pm in the Pine Falls United Church. New members welcome - Choir master - Helen Peters pianist Gwen Welch Shore. Service Thursdays 7:30 - 8:45pm. Fri 10:00pm
POWERVIEW PARENT ADVISORY COUNCIL: Meetings, 1st Thursday of Every Month

Church Services

NOTRE DAME DU LAUS: **POWERVIEW** - Sat Evening 7:30pm (English), Sun. 8:30am (French), 10:30am (English); **STEAD** - Sat 5:00pm
PINE FALLS UNITED CHURCH: Sunday service Sunday school 10:00 am Rev. Cindy Terry: Office Hours: Tues - Fri 10:00 to Noon Tel: 367-2632
PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rectar, the Rev. Brian Rounice Sunday Service at 9:00 am
ST. THERESA: Masses at Notre Dame du Laus **ST. GEORGES:** Mass Sunday at 8:00 am and 10:00 am
ST. JUDE'S ANGLICAN CHURCH: Grand Marais, Holy Eucharist - 2nd and 4th Sundays, 11 am. Morning prayer 11 am - 1st, 3rd and 5th Sundays
TRINITY EVANGELICAL LUTHERAN CHURCH: Thalberg, 1 mi. east and 1 mi. South of junction 12 and 304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. 12, 1/2 mi. north of junction with 317, Sunday church school 10 a.m., worship 11 a.m. (alternate locations). For info, call 635-2623 or 754-8682
CHRISTIAN FAITH FELLOWSHIP: - Bible study 7:30 p.m. Thurs. - Church Service at 10:30 a.m. Sunday School at 10:00 a.m.
HOUSE OF PRAYER FULL GOSPEL: 2:30 every Sunday, Scarborough Mt., on Hwy 39
ST. MARGUERITE R.C. MISSION: Par. Rd., Transvers Bay, 11:30 a.m. Sunday Additional Mass mid June thru Labour Day 7:30 p.m. Saturdays
Closed November 1 - April 30th
ST. ALEXANDER R.C. CHURCH, located at Saugebec 1st Nations, Sunday Mass 10:30 a.m.
ST. THERESA R.C. MISSION, 88 Glendale Ave., Grand Marais. Mass or Community Service 7:30 p.m. Sundays, 1st Sat. of Nov. to last Saturday of April. May through October Mass 10am Sunday
SAGKEENG CHRISTIAN FELLOWSHIP CHURCH: Lloyd Guimond (Pastor) Saugebec South Shore. Service Thursdays 7:30 p.m. and Sundays 2:00 p.m.
CHRIST CHURCH ANGLICAN: Sunday 3:30 p.m. in Hollow Water.

RCMP News



C.I. (Carl) Dinsdale, CST, Powerview Detachment

The Police Boat

Comments, Questions and Queries

We're maintaining our average of two questions a week and this week's submissions provide a little variety for those of you who regularly read the column.

Q - While putting some things away in my teenager's room, I found what I think is marijuana. I don't want to report my own child but what can I do about it? - Anonymous, Powerview

A - Good question and I understand the difficulty of your position. As parents we all want to protect our kids from harm or trouble, including trouble with the police. In this situation though, I believe the police can help by determining who is preying on your child for drug sales and enlightening them to what drug use can lead to, both legally and personally. Talk to your son or daughter and confront them with the drugs you found, then come to the detachment and a member will talk to you both. Possession is against the law but putting the dealers out of business is a bigger bite out of the local drug trade.

Q - I lent my car to a relative a short while ago and he didn't return it for two days, after saying he only wanted to borrow it for the night. If this happens again, can I report the car as stolen?

A - Curious, the first thing I would do if I were you is stop lending my car to that relative. It doesn't sound like he's much of a relation if he takes advantage of your generosity like that. As far as your question goes, it's tough to call a car stolen that the owner gave permission and the keys for the other party to take it. If they are gone for an extended period of time, several days or longer and leave the area, perhaps we can approach it in a theft manner then, but that would depend

on all the conditions and be decided on a case by case basis.

That's a wrap for this week, keep up your submissions, this column depends on your participation. Speaking of your participation, I've not received any responses to my satisfaction survey printed in last week's column. In a nut shell, how are we, your local detachment, doing? We need to know in order to be able to tailor our service delivery to local concerns. Take some time and drop us a line.

Off the Cuffs

So, how about that weather these last few days? It's been a long time since I've heard of frost warnings in mid June. It's becoming a bit of a pain in the you know what covering and uncovering plants everyday, although some people have got it licked with the little paper cones.

The weather aside, summer is definitely here to stay and people are gearing up for the cottage, camping or just the back yard. Wherever you may be going keep the use of liquor responsible and definitely away from all modes of transport be it cars, ATVS, boats, personal water crafts etc. This message has been pounded out for years now but impaired driving stats still go every summer. Let's keep our little corner of the world out of the statistic books by being safe and looking out for each other.

The reason they call it "impaired" driving is because your mind is dulled by liquor, therefore we all must look out for each other and stop friends and relatives from attempting to drive any kind of motor conveyance. I've yet to see it here in Manitoba but it is not unusual for people to file civil lawsuits in Ontario for liability in im-

paired driving situations where a home owner or bar owner has allowed someone to drive away from residence or business while obviously drunk. I don't necessarily agree with this line of thought, as I believe we're all responsible for our own actions but on the other hand letting someone drive drunk is also an action we should maybe hold responsible for.

Boy, I keep flogging that horse and it just keeps rearing it's ugly head, no offence to horse owners.

Sports fans will be glad to know that Da Beers are still maintaining consistency with another loss on Tuesday night to the Fire. That's 0 and 7 and don't let that record fool you, I don't think you could find more entertaining softball anywhere. I didn't say good, but definitely entertaining, and it's free to boot. If you've got some free time and see us on the diamond, stop by and give us a cheer or two, in return we might just give you a laugh or two.



RCMP LAW ENFORCEMENT TORCH RUN

The RCMP from Powerview Detachment would like to thank all the members of the community who participated and/or contributed to the Annual RCMP Law Enforcement Torch Run. We were very pleased to see all of the students from the Pine Falls School joining us in our efforts to raise money for the Special Olympics. I would also like to thank the Papertown Motel and Restaurant, Powerview School and the Pine Falls Northern Store for their contributions to this event. Have a great summer!

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News

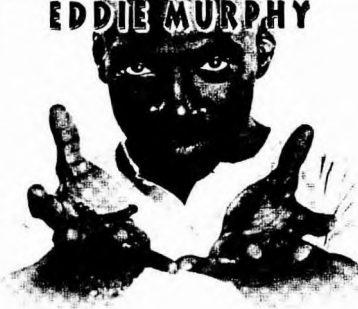
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Management change at the mill


At the end of June there will be a new mill manager at the Pine Falls Paper Company. Executive Vice President Al Wingate will be leaving. At press time, Pine Falls Paper Company President Denis Turcotte had not announced a replacement, but it is likely to be someone from Spruce Falls, Ontario.

Wingate told the Voice the decision to leave was mutually agreed by himself and Turcotte. At fifty, he does not plan to retire. He will be moving to Winnipeg and intends to take about six months off before looking for opportunities in the city.

Apart from a stint in the RCAF, Wingate has spent his entire career with the Pine Falls mill, beginning in the control department and working in management positions in almost all mill departments. He took over the management of the mill, under Turcotte, with the retirement of Fern Pitre shortly after the sale of the mill to Tembec.

Wingate says he has every confidence in Tembec, who have shown they are willing to invest. Detailed engineering of the \$185 million TMP and Saw Mill complex has begun, and a formal decision to commit to the construction of the project is expected in July.

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 AND RICH CULTURE



BEV DESJARLAIS MP
 CHURCHILL RIDING

NATIONAL ABORIGINAL DAY
 JUNE 21, 1999

Mini-School

What's been happening at Le Petit Soleil Mini - School



The three-year old mini-school class on a field trip to the Pine Falls Ambulance

Bike-a-Thon

We held our annual Bike-a-Thon at the Village Green to the delight of many 3 and 4 year old bikers. A good time was had by everyone and the silent auction winners walked away thrilled. The happy winners are as follows: Brooke Giesbrecht, Janelle Carlson, Emily Raymond, Sean Papineau, F. Garand, Evelyn Dodds, Nathan Papineau, Jordan Beck, Kendra Osis, Susie Tardiff, Kurt Wilcott, Ovide Tardiff, Courtney Mann, Breanne Mann, Bev Thorne, Nicole Ogrzylo, Renee Raymond, Laurette Leost, Sabryna Johansson, Missy Thevenot, Brittany Vinck, Lynn Osis, Dylan Wilcott.

The 4 year old classes (am & pm) visited the local RCMP station. A very well guided tour provided by Roger Lavallee had the kids captivated. From the office, through the jail cells, from the breath-alyser machine to a close up of the inside of a police car, the kids and parent supervisors enjoyed every minute. Tannis treated both classes to cookies or donuts at Einfeld's Bakers. Thank you Roger Lavallee!

Our year end party and graduation wrapped up the year on June 11, 1999.



Four year old a.m. class with Cst. Roger Lavallee

A great big thank you is extended to all of you who donated and helped out at the bike-a-thon. Congratulations to those who won, and a "way to go" to all our young participants who made the bike-a-thon a huge success.



Four year old p.m. class with Cst. Roger Lavallee

Field trips


The 3 year old class visited the local ambulance. With the much appreciated guidance of Karen Carver, Chris Rollwagen and Mitch Daignault, the class got a good look at the

Rusty Nail Tavern



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Garden

Garden Talk...

Geraniums & Begonias



Tuberous Begonias

Tuberous begonias grow in partial shade but usually not so well in deep shade or full sun. Provide a well drained soil. The plants need frequent watering and fertilization but excess of either causes flower bud drop. The plants are quite brittle and staking helps them tolerate violent weather. The single female flowers are removed before seed forms to keep the plant blooming. The females are on either side of the double male flowers.

Tubers are started in February or March at temperatures of 65 to 68 degrees. Start tubers, indented side up, on a layer of peat. When new growth is 3 to 4 inches tall, repot and cover the tuber.

The tubers are dug when the leaves and stems fall off. This is preceded by reduced blooming and leaf yellowing. Do not break off the stems but wait until they fall off naturally. Injured bulbs are exposed to air to allow healing. Wash tubers and allow them to dry before storing. Dried tubers

are covered with peat or sand and stored at 45 to 60 degrees.

Propagation is by stem cuttings and by tuber division. Stem cuttings are made from surplus shoots which arise from the tuber. Stem tips may also be used. The cuttings are 3 inches long and are cut off just below a node. Sand may be used as the rooting media. Keep cuttings out of direct sun and in temperatures between 60 and 65 degrees. Rooting occurs in 5 weeks. Tuber division is the other way to propagate the plants. Divide the tuber so each division has a bud and use a fungicide to prevent rot. Allow the pieces to dry several days then place them one-half inch deep in sand. The new plants develop more rapidly with bottom heat. Pinch off the first flower buds.

Begonia Diseases

Begonias will be attacked by powdery mildew, especially if growing in the shade. Sprays of benomyl should control the problem.

Leaf spots may be found on

tuberous begonia. No chemical control is listed.

Stem rot causes the stalks to rot and collapse. The rotted areas are usually black. Avoid crowding and remove any infected plants. No chemical control is listed.

Begonia Insects

Thrips cause irregular reddish brown lines on the upper sides of the leaves. Spots form on the undersides of the leaves, especially along the main veins. The leaves may be deformed. Spray with Sevin, Orthene, or rotenone.

Black vine weevil grub eats the roots causing wilting and death. Spray with Orthene.

Mites stunt the new growth. Spray with rotenone.

Geranium

Geraniums are hardy perennials and should not be confused with annual geraniums which are in the genus *pelargonium*. The perennial geraniums grow 4 inches to 2 and a half feet tall depending on the species grown. The leaves are cut and can be almost fern-like. The smaller species may be used in the rock garden. Fuller types are not invasive like some other perennials. The white, pink, red, blue, or purple flowers are 1 to 2 inches across. Flowering is best when plants are grown in full sun although they tolerate some shade. Most are easily propagated by division.

Geranium

endress—Pyrenean

Craze's-bill

This geranium has rose colored, 1 and a half inch flowers starting in May. If cut back after the first bloom more flowers may be produced later. Two blossoms are produced on each stalk. The plant grows in sun or light shade. Propa-

gation is by division in spring or fall or by stem cuttings.

Geranium sanguineum—

Blood-red Geranium This geranium produces purplish red flowers, 1 and a half inches across, May through August. The foliage turns reddish in the fall when frosted. Cultivars have flowers of a different color. The plant grows 1 to 2 feet tall and spreads 2 feet. In rich soil the plant may spread rapidly.

Geranium Diseases

Bacterial leaf spots can be caused by *Pseudomonas erodii* and *Xanthomonas pelargonii*. Remove spotted leaves when seen. No chemical control is listed.

Leaf spots may be caused by several fungi, however few of these fungi will be seen. No chemical control is listed.

Powdery mildew causes a white coating on the leaves. Applications of sulfur or benomyl control the problem.

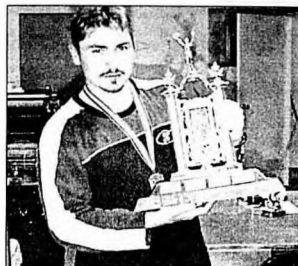
Geranium Insects

Four-lined plant bug makes sunken, rounded, brown, sunken spots on the leaves. In some years they can be quite numerous. The insect is green with black stripes. The insect is hard to see so the injury is often thought to be a disease. No chemical control is listed.



News

Lake Winnipeg flooding Notly Marsh - from pg. 1



Tim Garand gets Top Goal Tender Award

Eighteen year old Tim Garand of St. Georges was awarded the Presidents Trophy for top Goal Tender in the Manitoba Junior Hockey League at an end-of-season team banquet in Selkirk June 6.

The trophy was the result of a 3.78 goals against average with the Selkirk Fishermen last season. The Fishermen, Southern League Champions, with a season of 27 wins, four losses and one tie, went on to become Provincial Champions.

Garand, who is graduating from Powerview School next Friday, began playing hockey with the Pineview Saints at five years old, and began playing in goal two years later. He says he loves the game, and plans to spend the next two years at least playing hockey, "to see how far he can get".

He played a few games with the South East Blades last year, and the Blades have his rights, but is also talking to the Fin Fin Bombers of the Saskatchewan Junior Hockey League.

CONGRATULATIONS TIM!

We would like to take this opportunity to congratulate Tim Garand for doing a great job this year playing in net for the Selkirk Fishermen Jr. B's. The hard work paid off because he received the "Goalie of the Year" award for the Manitoba Jr. B league, '98-'99 season. He received his trophy on June 6, 1999 in Selkirk at the wind-up supper. Good Luck Tim with your future plans in hockey.

Love Dad, Mom & Andy

current ridge, and only six miles north of Selkirk." The Foundation spokesman said.

The result has been a reduction in both the numbers and species of waterfowl nesting in the marsh. Redhead ducks, once the most common duck in the marsh has been reduced to less than 5% of the (much reduced) total number of waterfowl. At one time several hundred Western Grebes nested in the marsh. Now there are none.

The Foundation brief stated that a healthy marsh requires periodic changes in level, and occasional drying out to enable wetland plants to germinate and grow. By maintaining artificially high level average levels in the lake, Manitoba Hydro are not only causing the erosion of the Winnipeg Beach Ridge, but also reducing the opportunity for the marsh behind the ridge to regenerate itself.

At a later public meeting of the Advisory Group, at the Seniors Scene in Victoria Beach, June 14, Wolf Kraft of Hillside Power Products, expressed concern as to the effect of lake levels on access to the lake from the lagoon east of Hillside Beach through the shallow channel south of Victoria Beach, and spoke of plans to build a breakwater at the entrance to the lagoon to reduce silting of the channel.

Father Shumski, of Victoria Beach,

who is 77 years old said is still hoping to enjoy his waterfront property. But since building his cottage he has had to move it three times as his land slipped into the lake. What was a sloping lawn to the beach is now a cliff. "The lake is too high," he said. "I'm trying to do what I can, but every year or two it seems that something urgent comes up." He said he has spent a minimum of \$40,000 - and that does not include the loss of a boat house, two boats and three docks. "I really Hydro may have a point, because they were authorized, but morally they don't have a case, they have a responsibility."

Lester Beach Realtor, George Limerick spoke very movingly of his experience with the storm in November 1997. He watched, powerless as the storm eroded his property at a rate of about a foot an hour. By the time the storm had blown itself out he had lost 45 of his property. His house is now only 45 feet from the lake. "Thank God the storm didn't last another two days," he said.

Limerick said Hydro is either not monitoring lake levels, or is exceeding allowable limits, especially in the fall when levels are normally low and storms severe. "Hydro is expropriating lake shores owners property," he said.

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Sports

Pineview Mixed Slo-pitch league

Baseball season is finally here. This year the Slo-pitch league has thirteen teams and have been out slugging it out since the middle of May.

The first game of the year for the Powerview Fire was Tuesday May 25, were they met up with the Diamond Heads in a close exciting game. After six innings the score was 10 Fire - 8 Diamond heads. The Diamond Heads pulled it together in the seventh inning with a two run homer by Simon Avanthay to tie the game and force it to extra innings where the international rule was in effect (last out is placed at second base). With the runner on Denter Nonnan hit a cagey single to score the runner, then Chris Courchene came up to bat with one out and hit a line drive to centre to score the winning run. New Fire recruit Cam Pachkowsky came out of retirement

after five years and had an impressive debut at third base. Lead off batter Grant Pachkowsky had a hot stick hitting three doubles. Winning pitcher Denten Normand was also hot at the plate batting 4 for 5 with two doubles. Female star of the game was Kathy Whitesell. Male star was Chris Courchene who was 4 for 5 with the game winning RBI.

The Diamond Heads came out way on top with a 27 to 3 victory over the DaBeers on June 7.

The Swingers came up against the Fire on May 27, mercying the Fire 25 to 15. It was a good game. The Swingers first win! Clayton Fontaine of the Powerview Fire helped the Swingers to their win by tripping over his own feet. The Swingers finally had base hits which led them to the win. Winning Pitcher was Lance Dube.

Sagkeong Cubs (4-3-1) in the Men's Winnipeg Fastball League

The Sagkeong Cubs defeated rivals Gasoline Alley by a score of 8-0 in 5 innings. They now have a 4 wins, 3 losses and 1 tie record. The first inning went scoreless for both teams. In the second inning the Alley squad went down with three straight outs. Cubs second baseman Todd Guimond started the rally that would continue throughout the remainder of the game as he drove a single down the middle and was the first player to get on base since the game began. Cubs pitcher Phil Thomas got the first when he placed an excellent bunt between the Alley pitcher and first baseman. This moved Guimond into scoring position. As the following batter came up to the plate a wild pitch was thrown by the Alley pitcher, this advanced the baserunners into a better scoring position. Third baseman Mike Guimond then drove a solid shot into center field and scored his first and second RBI's of the game as the Cubs moved ahead 2-0. The scoring wasn't over yet as they pounced the Alley pitcher for another 2 runs. Darren Kent looked like he would have been gunned down at home plate but the collision between him and the Alley catcher knocked the ball loose and gave the Cubs another run. Catcher Claude Guimond drove a hard shot into left field giving him a double and putting him into scoring position where he did not remain

too long because of another hard shot driven into left field by first baseman Edward Bruyere. This hit looked like it should have been a triple shot but he ran out of gas rounding second. The Alley team's best scoring chances came in the fourth inning when they had a runner on 3rd base. But that was as close as they would come as Cubs pitch Phil Thomas was throwing great throughout the game and closed the door on any scoring chances the team could get. Second baseman Todd Guimond hit a towering two run shot over the left field wall bringing the Cubs their final runs of the game. Excellent plays were displayed by the entire Cubs team as they continue to battle for first place in the Winnipeg Fastball League.

The Cubs will be travelling to the John Blumberg sports complex (just outside of the city) on June 11, 12, and 13th to participate in a men's AA fastball tournament where they will be competing with teams from the United States, and around the province. Their next regular season game is on Monday, June 14th at Lockport, MB, where they will battle with the Red Devils who won their first match by a score of 8-0 in 5 innings.

Losing Pitcher was Denten Normand. Male Star - Chancy Colquhoun and female star - Amy Marin.

The Desperados are back after a year off. They captured a 12 to 8 win over the Diamond Heads. Winning pitcher was Terrence Mann and losing pitcher - Jenny Vincent. Home Runs by the Desperados were Donovan Kent and Terrence Mann. Diamond Head home runs were by Simon Avanthay and Ray Avanthay. Game stars for the Desperados were Donovan Kent and Elaine Bird. For the DH - Ray Avanthay and Jenny Vincent. On June 10 they defeated the 5 Star Shooters 16-8 with home runs by Donovan Kent and Nelson Bunn. Game stars were Mike Dorie and Monica Bouhroie. Male star for the Shooters was Jeff Oakes.

The Hardbodies are off to a great start this year. On June 8 they defeated the 5 Star Shooters 17 to 4 after five innings. Sheldon Einfield (Baker) was the winning pitcher and Stephanie Gunter - losing pitcher. Home runs for the Hardbodies were hit by game star Mike Dupont (Jagger) and female game star was Tais Thomas. Game stars for the Shooters were Garnet Sloman and Sara Keenan.

PINEVIEW MIXED SLO-PITCH LEAGUE STANDINGS

TEAM	W	L	Pts.
Muskkrals	7	2	14
Hardbodies	5	1	10
Whipmasters	5	1	10
Desperados	4	2	8
Diamond Heads	4	3	8
Bunch of Indians	3	3	6
LBR Slammers	3	3	6
Swingers	3	3	6
Powerview Fire	2	3	4
5 Star Shooters	2	5	4
Diehards	2	3	4
Mohawks	1	6	2
Da Beers	0	5	0

MONDAY JUNE 7

6:00 Whipmasters	Slammers	I
6:00 Mohawks	Swingers	R
7:15 Da Beers	Diamond Heads	I
7:15 Diehards	Bunch of Indians	R

TUESDAY JUNE 8

6:00 Hardbodies	5 Star Shooters	I
6:00 Desperados	Diamond Heads	R
7:15 Fire	Slammers	I
7:15 Swingers	Bunch of Indians	R

WEDNESDAY, JUNE 9

6:00 Muskkrals	Slammers	I
7:15 Swingers	Da Beers	I

FASTBALL AT RUPERT - 6PM START

Community

RIPPLING RIVER NEWS...

submitted by Jann Aamundson & Vanessa James

The end of the school year is almost here and the excitement of summer holidays is apparent throughout the halls. We hope to keep this excitement going all summer long by offering the youth things to do when they are out of school. The youth activities are aimed at ages 12 & up and will be offered every weekend. They will range from indoor activities (ie. badminton, rollerblading) to outdoor activities (ie. basketball, lacrosse). For these age groups registration is not necessary, however it would give us a good idea of how many to prepare for. There is no fee for these activities and drinks and snacks will be provided.

Friday: 7:00-10:00pm - A variety of activities will be held in the Powerview arena, gymnasium and on the school grounds.

Saturday: 10:00am-12:00pm - Beach volleyball will be held at the Powerview school courts and/or the St. Georges beach.

Sunday: 2:00-4:00pm - Anyone interested in playing tennis can meet at the VillageGreen. If you have your own equipment please bring it and if not equipment may be provided. Youth excursions which are short trips within the area will happen in the month of August. Watch for details. These experiences may include rock climbing, sailing, canoeing etc. There may be a small fee required for day trips.

*Please note: The featured sport weeks, example (i.e. Soccer Week) are separate events with a minimal fee of \$5.00 per person. Youth 12 & up are still welcome to register for these events.

For the younger children 5 to 12 years old we have created something special called "Playdays." These are scheduled for Tuesdays and Thursdays in July and August. The locations may vary throughout the area. Times for ages 5-8 will be at 9:00-11:30pm and ages 9-12 will meet at 1:00-3:30pm. Again, there is no formal registration, you can just drop in and there is no cost. "Playdays", can feature songs, crafts, games and many other experiences with other children from the area. Parents are encouraged to join in the

fun. The "playdays" are similar to any summer camp with the same learning experiences and no cost. So, take advantage of this great opportunity, hope to see you there! Adult volunteers are always needed for many of our events. If you are interested please call Jann or Vanessa at 367-9641.

We have been around the schools explaining the program to the students, so hopefully everyone knows a little something about what is available for them this summer. (If not, call us, we are happy to assist you). Take care for now and Good Luck to all the students writing exams.



Rippling River Program receives \$1000

Pine Falls South Interlake Credit Union Manager Raymond Vinck presenting a cheque for \$1000 to Tanya Magman for the Rippling River Summer Recreational Program now getting underway.

The Program is organized to create summer activities for young people for the entire region from the beaches to Bissett.

AGASSIZ SCHOOL DIVISION #13 PINE FALLS SCHOOL DISTRICT #2155 AMALGAMATION REVIEW June 10, 1999

The Pine Falls School District is currently part of a transition where both the school district and the town of Pine Falls will separate their historical relationship with the Pine Falls Paper Company early in 2000 and become public organizations. As part of this transition the school district is exploring several options, including amalgamation with neighboring divisions.

The Pine Falls School District and Agassiz School Division have established a Joint Board Steering Committee to explore amalgamation of the two organizations and prepare recommendations for consideration by the two school boards.

The Joint Board Steering Committee members include Trustee representatives from the Boards and the Senior Administrators of each division. The Committee will guide the exploration process and serve as the primary working group. Ad hoc committees may be established to consider specific issues or ideas. A Joint Divisional Advisory Committee, including all members of the Steering Committee, and representatives of employee, parent and community groups will provide a general advice and counsel to the Steering Committee on the alternatives being explored.

Enhancing the quality of education, visibility of school within the communities and efficient use of resources is the primary focus for exploring amalgamation of the division and district. Key areas to be reviewed as part of this exploration are:

- *Educational needs of the communities
- *Programs and services offered in our schools
- *Staff and contracts
- *School and divisional facilities
- *Finance and Taxes
- *Trustees and Wards

A positive recommendation to amalgamate that is accepted by both boards would be followed by conversation with the divisional communities. Both boards would then submit an application to the Board of Reference for consideration and an award.

A preliminary recommendation by the Joint Board Steering Committee to the two school boards is scheduled for only fall, 1999 and will be followed by consultation with the communities.

For inquiries or additional information, please feel free to contact the Board Chairs of the divisions:

Lynne Champagne, Agassiz School Division #13 Office: 268-6500 Home: 268-4239

Ria Paulin-Snell, Pine Falls School District #2155 Office: 367-2254 Home: 367-8062

Athletics

Powerview School celebrates Pan-am Games

June 10 & 11, Powerview School celebrated the Pan American Games coming to Winnipeg with a pageant of their own.

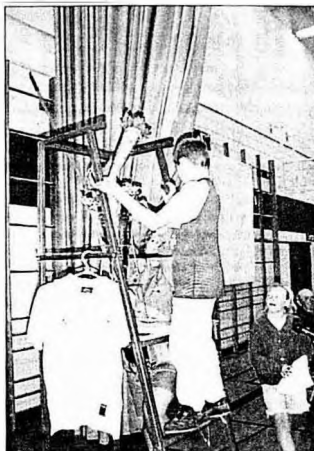
Organized by Physical Education Teacher Darla Armstrong, who teaches Physical Education from Kindergarten to Grade 8, and is, herself a Pan Am volunteer, the celebration began Thursday June 10, with a Pan Am games morning, with traditional games from sixteen of the 42 participating countries.

In the afternoon the same 16 coun-

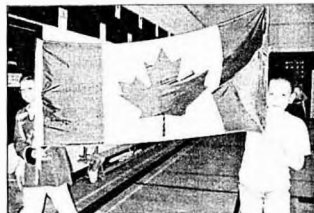
tries were represented in an opening ceremony in which about 300 students (grades K to 8) participated.

Friday morning was a field day with a tabloid presentation, followed by pavilions from the various countries. Armstrong said the other teachers did a tremendous job in helping with the celebration, and the kids had a really good time and really enjoyed it.

R.M. Councillor Diane Sourisseau officially opened the games at the opening ceremony.



Pan-am torch being lit by Marcel Hapel (student)



Team Canada leaving the gym



French Kindergarten class doing the limbo. They were representing the Bahamas

News

Manitoba Youth Job Centre

by Scott Brady

Presentations on resume writing, job search techniques and interview skills have been completed in the Lac du Bonnet, Pinawa, Whitemouth, and Pinefalls schools. I hope that the grade nine students in each school enjoyed themselves and learned at least a little bit about the material that I lectured on. The Youth Job Centre is also in the midst of sponsoring a poster contest for the Grade 5 students at the Centennial Elementary School in Lac du Bonnet, and at F.W. Gilbert School in Pinawa. The theme of the contest, similar to previous years, is Hire A Student Week which will run from June 28 to July 4 in Lac du Bonnet and from July 12 to July 18 in Pinawa. This is a perfect opportunity to educate and introduce the younger students to the centre. Students may use crayons, paints, pencil crayons, or markers to create their posters. The deadline for the contest is June 14. The names of the winners will be announced in this column on June 22. Prizes will be awarded to the winning students and their posters will be on display in the community to promote Hire A Student Week.

Hire A Student Week, as stated above, will coincide with the Canada Day Celebrations in Lac Du Bonnet and the Pinawa Birthday celebrations later in July. Events will be advertised in this column and posters will be placed at the community hot spots to make sure no one misses out on any of the MYJC's activities and Odd Job Squad events.

Pinefalls and Powerview students aged 12 to 16 are encouraged to register to be a part of the Odd Job Squad. It's never too early to gain some work experience! Remember, being a member of the Odd Job Squad is a perfect way to meet future employers and gain extra spending money for the summer! I will be visiting the Powerview school

later on this month to try to set up an Odd Job Squad with the Grade 7's and 8's. Hopefully, there will be enough interest to schedule events for these students in the surrounding area.

The Youth Job Centre is also in need of university/college students to apply. Please give me a call if you have just got back from Red River Community College and are having a hard time

finding a summer job in the Pinefalls area. Employers and home owners are also encouraged to register with the Centre if they need students to do any casual or full-time work. Students and potential employers can reach me (Scott) at 345-6916 or e-mail

A rating system for video games that's so simple
it's **child's play**

Hey Parents,
You care about your children. You watch what they eat, who they play with, what TV shows they watch—and you may have wondered about the games they play on their video game system or computer.

Not all these games are suitable for children. That's why the Entertainment Software Rating Board (ESRB) has developed a standardized rating system for interactive software products. The Government of Manitoba and local video game retailers are cooperating with the ESRB to give you easier access to information about these products.

Look for these symbols

The ESRB's rating system for interactive software products appears on all game packaging. Watch for the ESRB Guy at your local video game retailer, and look for these symbols next time you buy or rent interactive software.

Early Childhood suitable for persons age three and older	Everyone suitable for persons age six and older	Mature suitable for persons age 17 and older
Teen suitable for persons age 13 and older	Rating Pending product has been submitted to ESRB Board but awaiting final rating	Adults Only suitable only for adults

For more information on how these symbols will help you make the right choice for you and your family, look for the ESRB Guy at your local video game retailer or call 1-800-771-ESRB (3772).
Web site: <http://www.esrb.org>

Manitoba Culture, Heritage and Citizenship

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Filled with coupons, discounts and special travel packages, the **1999 Manitoba Travel Values Guide** offers great savings on dining, accommodations and attractions around the province.

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Home Economy

Health tips for the summer season

**Marilyn Zarecki, Home Economist
Manitoba Agriculture, Beauséjour,
268-6015**

Now that the hot, humid, sunny days of summer are here, there are a few reminders to keep you healthy and safe.

Sun

Most sun and heat illnesses are the result of doing too much too soon. A bad sunburn is not only painful but dangerous and can lead to skin cancer in later years. Enjoy the sun by taking a few simple precautions.

What can I do?

Avoid direct sunlight between 11 a.m. and 2 p.m.

Use a sunscreen with a sun protection factor (SPF) of 15 or greater with frequent application. A higher SPF factor is recommended for children under 6 months of age.

Apply sunscreen 30 minutes before going out and after swimming or excessive sweating.

Wear sunglasses, a hat and other protective clothing when possible.

Check with your doctor regarding the potential adverse interactions of sun with the medications you may be taking.

You can burn even when you're not directly in the sun or it's overcast. Get in the habit of applying sunscreen and dressing appropriately even when you're not on the beach.

Heat

The most serious threat to your body is dehydration. While you should forsake your daily 5 km run, especially during midday, you can still exercise if you use common sense and take some precautions. Obese, unfit or elderly persons are at greater risk of developing a heat illness, especially through overexertion.

What can I do?

Drink plenty of fluids.

Avoid alcohol and beverages contain-

ing caffeine.

•Add extra salt to your diet.

•Take it slow and don't overdo exercise.

Whether you plan to be physically active or not, you should wear loose fitting, light colored clothing made of natural fabrics, such as cotton or linen. These fabrics breathe better and will help your body remain cool.

Motion sickness

One in 20 travelers will experience motion sickness whether travelling by airplane, boat or automobile. Motion sickness may be avoided by choosing your seat carefully. There are also several effective medications available.

What can I do?

In a car, the best place to be is the driver's seat. Second best is a front window seat.

On a bus, sit near the front by a window, preferably one that opens.

On a plane, the seats over the wings or wheels are the most stable.

There are several prescription and over-the-counter medications, such as Gravol, available to relieve the symptoms of motion sickness. Most should be taken at least half an hour before departure. Talk to your health care professional about the appropriate medication and dosage, especially for children.

Reminder

If you're interested in a Basic Farm Equipment Operator's Course during July 6 (evening), July 7 and 8, in Beauséjour, call me at 268-6015. Some of the lessons include: hitching and unhitching equipment to a drawbar and 3-point hitch, connecting and disconnecting hydraulic hoses to the tractor, backing a truck to a grain auger, safe driving techniques on a swather and combine. This course is open to anyone 14 years and older.

Skunk Deodorant recipe



There are many skunks around now. I thought I would reprint the "full proof" skunk deodorant recipe.

Occasionally, we, or one of our pets, have the unfortunate opportunity to meet up with the wrong end of a furbearer known as the striped skunk. As a result of this critter's chemical defense, we, Tabby or Rover, the cat, the basement, the garage, or anything in the area ends up with the worst smelling, clinging, objectionable odour known to man permeating our nostrils.

We all have probably tried grandma's or someone else's favorite skunk essence remover, including good old tomato juice, which may cut into the outer layer of the problem, but we know, and anyone who comes within 20 feet of the sprays knows, the smell lingers on.

Now, a chemist from the Midwest by the name of Paul Krebaum, has developed a safe, fast and cheap recipe for removing skunk odour. Here it is:

- 1 quart of 3% hydrogen peroxide
- 1/4 cup baking soda (sodium bicarbonate)
- 1 teaspoon of liquid soap

By mixing the above together in a plastic bucket and washing the infected object, including man or beast, but keeping the solution away from eyes, noses and mouths - the skunk odour should immediately disappear!

Basic farm equipment operation course

I'm considering holding this course on July 6 (evening), July 7 and 8, in Beauséjour. If you are interested in learning more about farm machinery operation, this course may be for you! Some of the lessons include: hitching and unhitching equipment to a drawbar and 3-point hitch, connect and disconnect hydraulic hoses to the tractor, back a truck to a grain auger, functions of a combine, safe driving techniques on a swather and combine, and farm equipment safety. This course is open to anyone 14 years and older.

For more information call me at 268-6015. There needs to be a minimum of 12 people. If a student is 12 or under, please ensure a parent is also participating in the course.

Beaches

'Round and about the Beaches

by Monika I. Evans

Weekends at the Beaches

On Saturday mornings during the spring and summer season, all throughout Manitoba, and perhaps all of Canada, as soon as the sun peaks out above the horizon, the pilgrimage starts - the search for the perfect Garage/Yard Sale.

If the time listed is from 8:00am to 4:00pm you can be assured that the most ardent of bargain hunters will be there at 7:30 a.m. awaiting the opening of the sale. Their need for a bargain can be seen in their eager eyes.

I must admit that I am also stricken by the bug. Last weekend, while walking my dog very early in the morning, I spotted a sign in our survey that a sale was happening. Just shortly after 8:00am, I had already purchased a lovely pair of bedroom lamps and a hood to repel mosquitoes. I was her second customer already and she had to hold my purchases for me until I could go home and get some money. Her prices were so good, that I felt bad about trying to haggle a lower price. After breakfast, my husband and I headed off to the sales.

We drive up to the Hillside Beach to look for signs. We don't really need anything, but the thrill of getting a bargain, that we might possibly need at a future date, is just too much of a temptation.

Our next searching area usually turns up to be along Highway 59 to check the bulletin board to the Traverse Bay corner. We are not alone in this quest. We constantly run into the same people on the same trail. Quite a few of the sales close up at 2:00 pm so the challenge to get there before everything is gone

makes our trip more exciting. This weekend we were very disappointed. We had originally set out to get some eggs from the Val Mac Farm and Macdonald Petting Zoo, but also were hunting for a sale. We got our eggs, but saw no sign of a yard sale, what a disappointment! A weekend without a garage yard sale is almost like no weekend at all!

If you love animals, especially, if you have little ones, a trip to the Val Mac Farm and Macdonald Petting Zoo is a must. We watched the amorous antics of a male peacock. He extended his plumage to the fullest and we were treated to a wonderful display of colours. It was making guttural noises and shaking his feathers to attract his lady love. Sadly, she would have none of this. She happily kept feeding on birdseed being provided by a young visitor. You had to feel sorry for the poor fellow who was getting nowhere despite his marvellous display. Maybe he had better luck later. I suggested to him that he should try some candy or a candlelight dinner.

We were given a personal tour by Val, one of the owners, who told us about the animals in her care. There are several ferrets which are quite friendly. Some of their exhibits are presently being housed at Walter Whyte School and will soon return to the zoo.

One of my favourite animals was the hedgehog by the name of "Spiny". He was rather hesitant of being disturbed so we mostly saw his rounded back, but he did show us his face with his cute little pointed snout. He then went back to rolling himself into

goose egg, an emu egg and an ostrich egg. The emu's egg is very dark green.

We also saw three darling kittens and their mom. The little ones were only a day old.

There were two different creatures, which I would not have considered pettable, both were lizards. One was a herbivore and the other a bug-eating lizard.

There are ducks and chickens, rabbits and lots of goats, nannies and their kids, who are all very friendly. The goats have been dehorned and love to be petted and fed. There also is a pony which will be used for pony rides. The pony is descended from pit ponies which were in mining before automation.

We thoroughly enjoyed our tour and just love the fresh taste of the eggs, definitely not like those store bought in the city.

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Feature

Go North young men - Part III

by Lindsay Sutherland

We were on the road at 8:00 a.m. this morning. The sky was overcast and hinted at rain. The morning dew was fresh and soaked our shoes as we stood in the grass beside the car bidding farewell to my friend Todd in Edmonton. He had fed us well with a huge breakfast and sent us on our way. My father used to say that a man could handle any obstacle as long as he had a full belly. As this day turned out, it was a good thing that we had eaten so well. We would need a full belly for what this day had in store for us. It was good seeing Todd again, but it was time for our odyssey to the north to reconvene. And it did... with a vengeance.

A few hundred kilometres north of Edmonton is a town called Valleyview. Feeling a little bit fatigued, we got out at a Tourist stop to get some maps for the road to Yellowknife and any other pertinent information that we might need. A large lady with golden honey coloured hair greeted us with a smile. I suppose we didn't look like her typical clientele of happy travelling young families or globe trotting motor home retirees.

"Hi fellas," she said tilting her head. "What can I do for you two young characters?"

"Well, we were hoping to get some maps and information about Yellowknife," I answered. "Yellowknife. Wow." Her eyes lit up like a pinball machine. "You boys are headed all the way up there?"

"I guess so."

"Whatcha ya gonna do up there, if you don't mind me asking?"

"Hopefully find some work and make some money," Don added.

"Well I hope you do find

work and make some money, and if you hang on just a minute, I'll look around in the back where I think we have an information guide on the North West Territories. I'll be back in a jiffy."

"Thanks"

There was another person working there, a young lady, likely a university student, who was typing away at a computer listening to us and giggling as we joked nervously about impending doom. I suppose it's a self defence mechanism, but we create some great self deprecating laughter when speculating on our possible demise.

"So you're headed to Yellowknife, eh," the younger lady asked Don. He stopped laughing and nodded.

"My older brother went up there last year. He just got back a few weeks ago."

"Really? Did he find work?" Don inquired.

"He said that it took him a while but eventually he got hired to work at a mining camp somewhere north of Yellowknife. He said it was good money too."

"That would be awesome." Don said turning to me. "I could handle mining."

"Yeah, but you'd be better suited to cleaning outhouses." We all laughed again.

"I guess you guys know about the MacKenzie River, though," she asked us. The large lady was back with some pamphlets hidden behind her chubby hand.

"Well..." Don started, "yeah, we know what it is. What about it?"

"At this time of year... actually my brother left at the same time. I think, in the first week of May, and to get to Yellowknife, you have to cross the MacKenzie River."

"Okay."

"Well, in the winter it's no problem because you can drive over the ice roads but now those roads are beginning to melt." Our enthusiasm sank slightly. I felt like a boxer taking a shot to the jaw. "I think my brother said that he and his friend had to go by helicopter or something like that."

Don and I looked at each other with fear on our faces. The other lady was flipping through the Tourist Guide and stopped at a page reading at a whisper.

"If I'm not mistaken," she added, "they can air lift your car..."

"Yup, here it is," the large lady interjected, "during the spring thaw," she read, "the only way to cross the MacKenzie river is to air lift vehicles by helicopter. The price is \$275 dollars per vehicle and \$50 per passenger. If you boys want to wait a couple of weeks there's a ferry that crosses it. It says here that the ferry usually operations around the 15th of May or so. I'm sure that'll be much cheaper."

"I'm sure it's cheaper," I said glumly, "but who can wait that long?"

"I think this guide is a couple of years old too, so it might even be more expensive than that," she added. "I'm sorry, boys, I hope we didn't ruin your trip."

I laughed almost despondently. "It's not your fault," Don said. "Thanks for your help."

The ladies offered other ideas to us but I don't think we absorbed too much. We grabbed the literature reluctantly. Our immediate predicament consumed our thoughts. My mind raced frantically about the absurdity of this whole trip in the first place. Now there was confirmation.

As we left, the ladies tried their best to get us to smile and told us to come back and tell them how we did upon our return. Walking to our car, Don turned to me and pretended to answer them.

"Year, we'll be back in two weeks to tell you that there ain't no \$H all up there! No \$H all! We're poor sorry fools!" For some reason we laughed hard and long about that.



WATER-TOWN

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Web: water-town.md.ca



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Cooking

Community Kitchen



Pick a Pickle - Any Pickle

Gherkins, Sweet Mix, Half-Sours, Full-Sours, Baby Dills - whole, sliced or crinkle cut... Canadians love their pickles and, with so many to choose from, picking a pickle can be a dilly of a decision. For more than 4,500 years, people have been enjoying the preserved cucumber and the folks at Strub Brothers Limited have turned their own family recipe into a 70 year North American tradition.

Strub's is Canada's largest family owned pickle producer, and 1999 marks their 70th anniversary. In 1929, at the beginning of the Great Depression, Michael Strub first traded a barrel of pickles for groceries. They sold so well to customers that the grocer asked to buy more the next time - and the Strub family tradition is proudly carried on today by third and fourth generation pickle makers. Today, Strub's processes and packs more than 60 million pickles every year, using the original Strub family recipes.

aged in barrels, then kept cold to keep the pickles at their peak flavour. These refrigerated pickles are freshness dated. Regardless of the way you purchase your pickles, all pickles must be refrigerated once opened and, for maximum taste, should be eaten within one month. The different flavours of pickles are achieved through various spice combinations.

In a pickle?

The Strub family shares the following tips for making perfect pickles at home:

Choose the freshest pickling cucumbers for pickle making, or better yet, grow your own.

The perfect size for a pickling cucumber has a length to diameter ratio of 3:1

Two to four inch cucumbers are best for home pickling because you can maximize the number in a typical canning jar. Wash cucumbers thoroughly and check for blemishes prior to pickling.

Prick the skin of each cucumber once or twice lightly with a fork to allow the flavours to penetrate the cucumbers.

Experiment with flavours - try adding extra garlic, green peppercorns, or whole chilies.

Pickle Protocol

So, just how does one eat a pickle? Etiquette pertaining to pickles is related to the context in which they are served. If you are having a Full Sour Dill with your steak, it should be eaten with a fork and knife. If eating a Half Sour with a smoked turkey sandwich, by all means, pick it up and take a bit. Similarly, a prosciutto wrapped Gherkin hors d'oeuvres is a delightful cocktail party finger food. Canadians' favourite

way to eat pickles? Right from the jar!

The Strub's line today includes more than 20 products and can be found in supermarkets across Canada and select retailers in the U.S. Look for Strub's original barrel-cured pickles in the refrigerated section and Strub's Homestyle products in the condiment aisle.

Glossary of Pickle Matching

Dill Pickles - Full Sours

The true garlic taste of full sours goes well with red meats such as roast or steak and cheese. Delicious with a thick deli sandwich like corned beef or pastrami.

New Dill pickles - half sours

The fresh cucumber taste complements lighter fare such as fish and chicken. Also great with smoked turkey deli sandwiches. Add to chopped tomatoes and onions for a home made salsa.

Homestyle Bread & butter pickles

The sweet taste goes great in egg, tuna or chicken salad. Also great for home made relish and tartar sauce. When eaten right from the jar, it's hard to stop!

Homestyle sandwich snacks

The perfect sliced pickle for hamburgers and submarine sandwiches, they also nestle perfectly in a hot dog bun. Your favourite flavours, already sliced.

Mini dill pickles

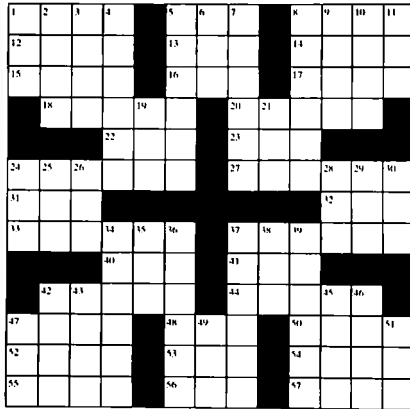
One bite dill wonders. Perfect for hors d'oeuvres and for snacking. Try wrapping a piece of prosciutto around a mini dill and dip in honey mustard for a savoury treat.

Homestyle sweet Gherkins

Try in party sandwiches rolled up with tuna or cream cheese for a sweet surprise in the middle.

Relax

THE VOICE WEEKLY CROSSWORD
Names and Places III



- States, abbr.
7. BC town or cartoonist MacPherson
8. Diamond pattern
9. Female student
10. Employ
11. Endangered shade tree
19. Ticket
21. Falsehood
24. Joke
25. Ms. Sheep
26. Over, condensed
28. MacInnis's tool
29. Extrasensory perception, for short
30. Musical note
34. Alberta town or WW2 commander MacNaughton
35. Hawaiian garland
36. Decennium
37. Blouse ruffles
38. Pride of Parry Sound
39. Shape stone or clay
42. Flesh
43. R!st
45. Friendly greeting
46. Case
47. Televisions, for short
49. Faint
51. Annex

ACROSS

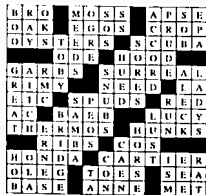
1. Cook
5. Contianer
8. Painful sensation
12. Twenties art genre
13. Water, in Rouyn
14. Churn
15. Auricles
16. Cable sports net
17. Microbe
18. ___ frutti
20. Alberta town or writer Gilmour
22. Feed
23. Be unwell
24. Nova Scotia bay or boxer Chuvavo

40. Born of
41. Circle part
42. Noncombatant
44. Alberta town or singer Cockburn
47. Perforation
48. Bustle
50. Caloric wise
52. Jar
53. Telegraphic signal
54. Newfoundland island or MP Martin
55. Oleo
56. Printer's measure
57. Hard work

DOWN

1. From B to F
2. Nuke?
3. Beige
4. Quebec town or hockey announcer Hewitt
5. Diminutive
6. Organisation of America

LAST WEEKS ANSWER



Did you Know?


- ★ The world's termites outweigh the world's humans 10 to 1!
- ★ The electric chair was invented by a dentist!
- ★ Windmills always turn counter-clockwise, Except for the windmills in Ireland!
- ★ A hedgehog's heart beats 300 times a minute on average!
- ★ Camels have three eyelids to protect themselves from blowing sand!
- ★ The placement of a donkey's eyes in its' heads enables it to see all four feet at all times!
- ★ Human teeth are almost as hard as rocks!
- ★ A mole can dig a tunnel 300 feet long in just one night!
- ★ Ancient Egyptians slept on pillows made of stone!
- ★ A hippo can open its mouth wide enough to fit a 4 foot tall child inside!
- ★ A quarter has 119 grooves on its edge, a dime has one less groove!

Relax


WEEKLY HOROSCOPE

for the week of
June 17 - June 23


ARIES March 21 - April

 Your thoughts are moving rapidly. There is not time to dawdle; be decisive and take the initiative. Let go of the status quo and try something new. Someone sitting on the sidelines just needs some encouragement from you.


TAURUS April 20 - May 20

 Now is the time for a change of pace. It's easier getting into a rut than getting out of one. Things ongoing on behind the scenes will benefit you. Friends and foes alike recognize your appeal and ingenuity. Remember to keep your feet firmly planted on the ground.


GEMINI May 21 - June 20

 You have a chance for greater financial reward and increased responsibility. Move ahead confidently and be willing to defend your views and decisions. Someone you think is on your side may be playing a waiting game. Know it and act accordingly.


CANCER June 21 - July 22

 Education is highlighted. Take a class, go to a museum or read a book - it will pay off. Ignore the temptation to procrastinate. Finish a current project or duty before you start something new. Your enthusiasm is catching, and others see you in a different light.


LEO July 23 - Aug. 22

 People may doubt you, but the final results win them over. You can turn on the charm when you need it, but you also need to know when to be tough-minded. A fresh start could lead to renewed romance and will improve your opportunities.


VIRGO August 23 - September 22

 Independence is emphasized - you need to take some risks. Go out on a limb and stand up for what you believe in. An unpopular position may be the right one. Now is the time to take your place in front of the crowd. Others are attracted to you.


LIBRA Sept. 23 - Oct. 22

 You regain something you thought was lost this week. Your hard work deserves a reward - its time for a celebration. Take a close look at yourself and where you're going. Your thoughtful nature comes in handy. Keep monitoring your health and fitness.


SCORPIO Oct. 23 - Nov. 21

 Keep a close eye on money and budgets. Be sure you're getting the quality you're paying for. Maintain your poise and refuse to get drawn into disputes. Be willing to help others, but don't forget your priorities. Follow your dreams.


SAGITTARIUS Nov. 22 - Dec. 21

 Perseverance and hard work pay off. Others thought it couldn't be done, but you did it. You are on a roll and make a good first impression. Be careful that you pay enough attention to domestic situations before they grow into difficult problems.


CAPRICORN Dec. 22 - Jan. 19

 Focus on family and home issues. Show your appreciation when a friend or family member comes through when you need it most. Let your creativity shine. Try to sidestep obstacles and avoid confrontations. Take some time to pamper yourself.

AQUARIUS Jan. 20 - Feb. 18

 It's time to do your best work behind the scenes. You'll know the right time to make your move. Your intuition is right on target. Financial problems get resolved in your favour. A personal situation seems confusing, but don't make a hasty decision.

PISCES Feb. 19 - March 20

 Balance home and work. Keep your priorities straight. Be sure you want what you're asking for - you just might get it! Keep an eye on finances. A family situation may require special handling. Be diplomatic, but it's up to you to say what needs to be said.

CRYPTIC PUZZLE

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation.

ZBYDX CQBFV
YGF TCFGF HQS
SJKJSFS ZL
MFGQ.
-VNFKPP TGJHCN

LAST WEEK'S SOLUTION

DO, OR DO NOT, THERE IS NO TRY.

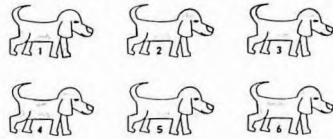
-YODA



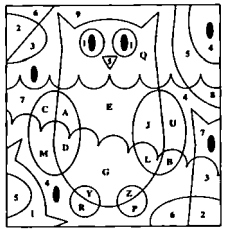
Activity Page



FIND THE TWINS
WHICH TWO ARE EXACTLY ALIKE?



HIDDEN PICTURE



Color in each space that contains a letter.

SEEK AND FIND
FIND THESE WORDS IN THE PUZZLE BELOW.

ACE DIAMOND KING
CARDS HEART QUITZ
CLUB JACK SHUFFLE
DICE JOKER SPADE

THE WORDS READ UP, DOWN AND ACROSS

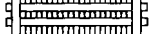
S X A E S R T V Y I
A B I S P A N L P O
D F G C A R D S H J
E V B H D E N M L K
C Z A E B C L U B
E D I A M O N D R W
I E U R Y J A C K T
O C P T H D C O I L
M K O M Q U E E N F
S H U F F L E W G E

Learn Some French

le garçon



la barrière



The boy is sitting on the fence.
Le garçon est assis sur la barrière.

RECORDS, RECORDS & MORE RECORDS

From making beer to educating people, times have really changed for Guinness. It all started back in the 1930s, when the Guinness company was looking for ways to promote its beer.

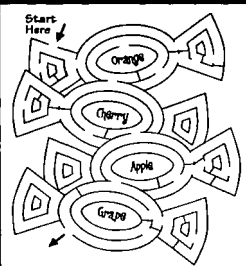
The answer became a book that a bartender could use to help settle arguments about all kinds of topics.

The Guinness Book of Records first came out in 1955 and became a bestseller. Since it first came out, more than 80 million copies have been sold in 40 countries. It has been published in 37 languages.

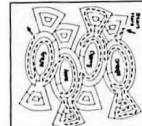
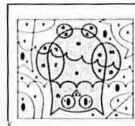
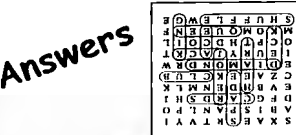
Today, the company also publishes Guinness Rockopedia, The Guinness Book of Amazing Nature, Guinness Classical 1000, Guinness Guide to Classical Composers, Guinness Book of Knowledge and The Guinness Book of Crime.

From the biggest feet in the world to the craziest pet wedding to finding out how a microwave oven works to everything you want to know about rock and pop music, the Guinness books have all kinds of information.

MAZE



Answers



Classifieds

OBITUARY

Winnie Woods

Peacefully, on June 8, 1999, at the Pine Falls Hospital, Winnie Woods of Pine Falls, beloved widow of George E. Woods, passed away at the age of 91.

Winnie leaves to mourn her daughters Audrey (and Bob) Wallace of Fort St. John, B.C., Arlie (and Bill) McGuire of Pine Falls, MB and Sharon Babish of Edmonton, AB; sister Kathleen Brown of Toefield, AB; grandchildren Linda (Don) Avison, Donald (Penny) Wallace, David (JoAnne) Wallace, Janet (Paul) LaForest, Susan (Gerry) Ilkxhain and Carrie Lee (Earl) McLaughlin; great grandsons Christopher, Stephen, Jason and Darryl; sisters-in-law Evelyn (Green) Dempsey and Rose (Woods) Mann; numerous nieces and nephews; and special friends residing at the Pineview Lodge.

She was predeceased by her husband George in 1986 after 55 years of marriage; parents Edward and Elizabeth Green; brothers Jack and David Green; sister-in-law Louis Babish; sister-in-law Dora Green; and brother-in-law Percy Brown. Winnie was born in Lurgan, Northern Ireland on July 21, 1907 and emigrated to Canada with her parents and siblings in 1925. She was very active in the communities of Killarney, Selkirk and Pine Falls during her adult life. Win was a life member of the Royal Canadian Legion Br. #64 L.A. as well as a member of Br. #64 (Pine Falls). She was the first woman to hold the position of Honorable Royal Lady of the Royal Purple Lodge #101 (Killarney). Winnie was also a member of the Order of the Eastern Star Chapter #56 (Pine Falls) and the Coronation Rebekah Lodge #51 (Pine Falls).

Cremation has taken place. A Memorial Service was celebrated on Monday, June 14, 1999 at 2:00pm at the Anglican Church of the Advent, Pine Falls, with Rev. Brian Rounis officiating. Honorary pallbearers were all her fraternal sisters and brothers of the above organizations who were present at the service. Interment will take place in Killarney at a later date.

In lieu of flowers, donations may be made to the Manitoba Cancer Foundation, 100 Olivia Street, Winnipeg, Man. R3E 9Z9 or a charity of your choice.

God saw that she was getting tired, and a cure was not to be, so he put his arms around her, and whispered, "Come with Me".

With tearful eyes, we watched her suffer, and saw her fade away, although we loved her dearly, we could not make her stay.

A golden heart stopped beating, a hard working hand laid to rest, God broke our hearts to prove to us,

He only takes the best

We'll miss you Mom (Nana)

Sobriest Funeral Chapel and Crematorium in care of arrangements. Phone 1-204-367-2300

OBITUARY

FOUND

An electrical instrument. Owner may reclaim by writing a complete description of it, include your name and phone number and send this information to Box 553, Pine Falls, Manitoba. After a correct identification this item will be returned to you.

FOR RENT

For Rent - Woodlands Apartments, two - 1 bedroom apartments, immediate possession. Dale Haven Apartments - two - 2 bedroom apartments available July 1st. Parking and utilities included. Call days 367-8386 or evenings 367-4922

FOR SALE

3 Bedroom house for sale, lot 21, Church Street, Powerview. Asking \$49,500. Phone 367-2167 or 367-2493.

EMPLOYMENT

Looking for Breakfast Cook, line cooks, hostess, bussers, serving personnel, cleaning personnel, bartenders. Limited accommodations available. Send resume to Dockside resort Box 217 Traverse Bay, R0E 2A0 or ph: 756-2401 or fax 756-3695. Experience an asset.

CARD OF THANKS

Thank you for your prayers, kind words, expressions of sympathy, and flowers at teh recent loss of our Mother and Grandmother. All these things were deeply appreciated.

Glen, Elaine, Jeff, Michael, & Kelly Pennell

TO GIVE AWAY

To give away four adorable kittens, please call 367-9129.

EMPLOYMENT

Employment opportunity at Tiny Steps Daycare. Mature person wanted for long term, casual employment. Must have valid drivers license, first aide certificate or willingness to acquire one. Previous childcare experience an asset. Must be able to work some flexible hours. Ability to problem solve and work in a high energy environment. This is a non-smoking facility. Call Donna at 367-4589.

CARD OF THANKS

To all my friends and family for coming to my retirement dinner. For all the lovely gifts, cards and good wishes. The North West Company & staff at Northern Store for everything they did for the supper and after party. To the band, you were great. Special thanks to Paul & Cathy for having the after party "What a Party".

Dar

The family of the late Father Healter would like to thank Father Charter for the prayer service held in Powerview, the Choir, the parishioners who attended.

Thank you to all the priests, Knights of Columbus, Pall Bearers, parishioners, friends and family that attended the funeral in St. Boniface. Care givers, doctors and nurses who devoted special care to Father Healter, a special thank you to you all. All the people that have helped in many ways at his cottage in Silver Falls, we would like to thank them for being there for him when we were unable to.

Father Relinger, his very dear friend and Father Martin Hinson, all of you will be remembered in our prayers as well as his.

Thank you..

The Sagkeeng High School Junior Chel and Council wish to extend thanks to the following for their support with our fundraising projects throughout the 98/99 school year: Chel and Council, Sagkeeng Education Authority, George M Guimond Care Home, Fort Alexander Health Unit, Ancinabe Community School, Sagkeeng Consolidated School, Sagkeeng Fire Department, Teeny Boppers Convenience Store, The Northern Stores (Fort Alexander and Pine Falls), Pine Falls Golf Club, Grand Pines Golf Course, Pine Falls Service Centre, Peddens, Clark's Corner, Midway Foods, Kalma Rae Daycare Centre, and special thanks to the Virginia Fontaine Memorial Centre. We hope we didn't miss anyone.

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Jenny Tario Baturin B.Sc (PT), MCPA


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