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MAR 29 1999



SPORTS
**THE PINE FALLS
TUMBLERS SHINE AT
THE EASTMAN WINTER
GAMES**

See page 5



Community
**HAPPENINGS AT
LE PETIT SOLIEL
MINI SCHOOL**

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Feature
**HENDERSON
INSTITUTE**

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The Voice

62¢ plus PST & GST

Vol. 7 #12

THURSDAY, MARCH 25, 1999 Pine Falls, MB

Ron Fontaine Elected Sagkeeng Chief

Ron Fontaine, who has been acting Chief of the Sagkeeng First Nation since Jerry Fontaine resigned last year was elected Chief in Sagkeeng elections held Wednesday.

Voting for Councillors was as follows:

Claude Guimond	254
Hector Prince	250
Lloyd Guimond	212
David Swampy	211

There are three new band councillors, Claude Guimond, Hector Prince, and Lloyd Guimond. David Swampy has been re-elected.

A complete tabulation of all votes cast will be included in next week's copy of the Voice.

Jerry Fontaine responds to fraud allegations

Taking legal advice on filing defamation suit

Jerry Fontaine has taken issue with Don Wing's allegations of fraud in connection with a contract between Wing Construction and Sagkeeng.

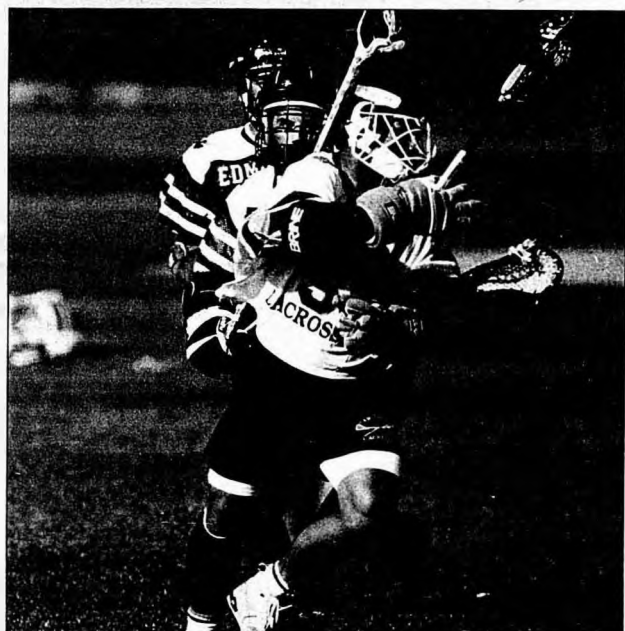
Wing filed a complaint with the RCMP Wednesday March 17 in which he alleged that a Band Council Resolution dated November 17, 1997 confirming that funding was in place for the Early Years School was not true. In an interview with The Voice last week Wing said the BCR was fraudulent in that funding was not, and is still not, in place. Wing Construction thus cannot be paid for the work done to date, amounting to two million dollars, and the company is facing bankruptcy as a result.

Fontaine said two independent reviews have been carried out on the project. One, by Winnipeg engineering consultants, Ininew, under contract to auditors Wintemute, Randle and Killmnik, whose responsibility was to determine the value of the

work completed. Fontaine said Ininew determined that the value of the work was only \$800,000. He said another review, by the engineering consulting firm of Standic, retained by the Department of Indian Affairs found the work was not structurally sound.

"It's not as if we're babes in the woods," Fontaine said. "We've worked on several major projects in partnership with contractors." He mentioned two seven million dollar projects, the High School and the sewer and water project, and two four million dollar projects, the Multiplex Arena and the North Shore Road. He said these partnerships worked quite well. "We've not had any difficulty until Wing. It's a blatant attempt to discredit three of the Councillors who are running for office," he said.

Fontaine and the councillors involved have talked to legal counsel with regard to filing a defamation suit. He said he will be filing a complaint within a week. The Voice may also be named in the complaint.



Roland Bruyere at the National Sr. Men's Field Lacrosse Championships in Coquitlam, B.C. in 1994

Athlete of the year - Roland Bruyere

Roland Bruyere was named Athlete of the Year by the Eastman Sports Development Association, and presented with a track suit at a ceremony in Sagkeeng's Anishinabe School last Friday, March 19.

Bruyere is a lacrosse player. He began 14 years ago, at the age of thirteen, when the Sagkeeng team was formed. Within a year he was playing in the men's league, on the same team as his coach Mike Gilbert who is Vice Principal and Physical education instructor at the Sagkeeng High School.

Lacrosse was at one time Canada's national sport. Bruyere said it was very popular before World War II. It is now slowly coming back into popularity. The game is a lot more popular on the East and West coasts, where youngsters begin at four years old. Lacrosse is a very old sport, probably originating with the Six Nations, in Ontario, several hundred years ago.

Sagkeeng finished first in the box league last year, but lost in the final game of the play-offs. Box Lacrosse is played in a hockey arena. Field Lacrosse is played on a soccer field. Bruyere plays both. Bruyere and his younger brother Drunson are both on the Manitoba team and will be competing in the National Championships in Halifax this year.

When Bruyere joined the Sagkeeng club he found himself in his natural element. "I enjoy it," he said. "With me it's the number one sport." He encouraged people to come out and watch a game. "If you come for one, you'll keep on coming back." The season runs from May to July. At the Sagkeeng Multiplex the cost is three dollars for adults. Children are free.

NDP Nomination Meeting

Lac du Bonnet New Democratic will be nominating their candidate for the up-coming provincial election at 2pm, Sunday, March 28 in the Pioneer Club in Lac du Bonnet. Thompson MLA Steve Ashton will be the guest speaker.

Community

Great Falls bake sale raises \$1800

The Great Falls Women's Institute combined a fund raising bake sale for the Jason Carriere family with a celebration of the 75th Anniversary of Great Falls and the 40th Anniversary of the Women's Institute on Saturday March 13th. The Bake sale raised over \$1800 for the Carriere Family. Jason Carriere is in the hospital in Hamilton recovering from a liver transplant.

Addressing a crowd of more than 200 at the Great Falls Community Hall, Dorothy Flanagan outlined the history of the community:

Ownership - The Winnipeg Electrical Railway Co. was the owner when the station was constructed and the first to deliver electricity to customers for the winter of 1923. It later changed to the Winnipeg Electric Co. (WECO). Then in 1953 WECO became Manitoba Hydro. It later combined with the Manitoba Power Commission still with the name Manitoba Hydro.

The Town - Great Falls was established as a company town to house workers and their families. Modern bungalows, a staff house and duplex were built and rented out to employees of WECO. There was always a waiting list to rent one of these homes. As cars were introduced, in the 1930s tin garages lined the back alley. In the late 50's and early 60's, a second street was added when the hydro townsites of Pine Falls and McArthur Falls were moved here by occupants, and a few new homes were added as well. In 1988 Mb Hydro began selling most of the homes to the private sector in the townsite. On the outskirts of town people built their own homes and small farms.

Politics - Great Falls has been unorganized territory; an incorporated village; part of the LGD of Alexander and now part of the R.M. of Alexander.

Transportation - The Winnipeg River with its many portages and a primitive trail were initially the only links to other communities. People, mail and goods came by canoe, dog sled, or horse team. The trail of 1914 with some variations developed into Highway #11, first as a corduroy wood and mud road, then a gravel road, and finally an asphalt road, allowing ease of

travel now. This road established in 1931 was not always driveable and since many residents did not own their own car the bus was popular.

The railway played an important part in the early days, used extensively during construction for transporting people and goods. It functioned until 1960 when it was no longer considered viable.

Communication - It is hard to picture people hovered around a radio in the 20's and 30's to get news from the outside world - or telegraphing a message from the railway station and anxiously awaiting the tap, tap of a reply. How isolated the early residents must have felt! Later a company PAX phone in the company office and homes of key personnel helped. Party line phones with as many as 12 families on one line were next. Two party and private phones appeared in the 50's. Then came Television in the late 50's, a communication device like no other, until the computer and internet in the 90's!

Education - School at Great Falls has been held in a Mess Hall, a two room school, expanded to 3 rooms by using the basement, Anderson Hall, plus a house to cope with the demand. A modern 5 room school was built in 1955 and used only a few years. Local children now are bussed to Lac du Bonnet and Powerview to attend Kindergarten to grade 12.

Church - Until the 1970's there were local church service and Sunday School usually in the hall. Now people wishing to attend church drive to nearby towns to do so.

Shopping - Initially the store in town was owned and operated by the company. It later became part of the Hudson's Bay Co., which closed in the 1950's. Catalogue shopping was popular. In 1936 Ameson's built a store "up the hill". Ownership and service have changed and expanded to provide us with groceries, sundries, post office, liquor, videos, gas, etc.

Medical Coverage - During the construction of the Great Falls Power Plant there was a makeshift hospital in a guest house in Great Falls. Later, a doctor was fetched from Lac du Bonnet as the need arose. Local nurses frequently

volunteered their service. For many years a doctor came from Pine Falls once a week to see patients in a room in the staff house. Now we travel to the health facility of our choice for care in nearby towns.

Clubs and organizations - As times and people changed, so have out organizations. Just a memory now are the following: Junior Red Cross, Cubs, Scouts, Beavers, Girl Guides, Brownies, Tennis Club, Square Dancing Club, Badminton, Water Ski Club, Junior Curling and Junior Bowling, the Library and 4-H. Ice Carnivals and Annual Christmas Concerts were taken for granted. Saturday night movies, Box Socials, Sadie Hawkins Dances, Crib and Whist Tournaments went out when T.V. came in. Great Falls used to have it's own hockey teams and baseball teams. With transportation easier, adults and children commute to nearby towns to play on their teams or take part in school sports instead. The natural white sand beach is not always useable since the river flow was changed for the construction of McArthur Falls Generating Station, but on good years Red Cross Swimming Lessons are provided here.

Active Clubs in 1998 are: the Great Falls Recreation Association, Women's Institute, Bowling Club, Curling Club and the TV club. Great Falls area residents look forward to Sports Days, New Years Dances, Breakfast and gifts with Santa, the Weekly Bingo, Hallows'en Parties, and numerous other activities in our well kept hall. Our hall has been the center of most of our activities. The current one was built by Manitoba Hydro in 1963 to replace the aging Anderson Hall. As of January 1, 1998, Manitoba Hydro transferred the ownership of the hall to the community. A dedicated group of residents is working to keep it operating.

After 75 years great falls provides a great service to Manitobans (power), is a great place to be employed and retired, is a great place to live, is a great place to raise a family, is a great place for indoor and outdoor recreation, is a great place to have a cottage, is a great place to visit. Great Falls is just great!

Community Billboard - ph 367-4466

LIBRARY ALLARD: Library Hours: Tuesday: 10:30am to 5:00pm
Wednesday: 1:00pm to 5:00pm 6:30pm to 8:00pm
Thursday: 1:00pm to 5:00pm 6:30pm to 8:00pm
Friday: 1:00pm to 5:00pm Saturday: 10:30am to 4:00pm

WINNIPEG RIVER W.I.: meetings third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges

KNIGHTS OF COLUMBUS: Meetings every second Tuesday of the month 7:30 in the basement of the Powerview Church.
SILVER HAVEN CLUB: Cribbage - every 4th and 5th Monday of the Month at 1:30 p.m. - Whist - every Thursday of the month at 1:30 p.m.
WINNIPEG RIVER W.I.: meetings third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges

PINE FALLS HEALTH AUXILIARY: Meetings on the first Tuesday of every month at 1:30 pm

COTTAGE COUNTRY BUSINESS ASSOC.: Meeting - Every first Monday of the month at 7:00 p.m. October through May. Ph. 756-2596
ALCOHOLICS ANONYMOUS: - Sun Rise Group - Meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. Last Friday of the month open to the public. Located at St. Georges Catholic Church Basement

PINE FALLS LEGION: Meetings held 2nd Thursday of the month 7:30 p.m. Legion. Meat raffles held at Legion on Fridays from 4:30 to 5:30.
PINE FALLS MASONIC LODGE # 154: meets on second Friday of every month in the Pine Falls United Church. Except Jan. & Feb.
BADMINTON: - Pine Falls School Gym, Sunday & Wednesday nights, 7:00 - 10:00 p.m.

POWVIEW GARBAGE PICKUP: every Wed. Recyclable pickup every 1st & 3rd Thurs. of each month.
P.A.A. MEETING: every 4th Thursday of each month at 7:00 p.m.
VILLAGE OF POWVIEW MEETINGS, every second Tuesday of each month.

WINNIPEG RIVER SENIOR SERVICE INC. Coordinator: Tina Polischuk, Office: Pine Falls Health Complex, Telephone: 367-9128, Hours: 9:00am - 3:00pm Monday - Friday. Services: Transportation, Home Maintenance, Pool Care, Volunteer Help, Information.

FAMILY CARE GIVER SUPPORT GROUP: at the United Church, Pine Falls, last Thursday of the month at 7:00 p.m.
AA & ALANON: - The Beaches family group, Thursday at 8:00pm, Senior Scene, Victoria Beach - 1 Ateah Road, 756-8018 or 756-2101.
PINE FALLS LIBRARY: - Library hrs. will be from 3 p.m. until 5pm Monday - Thursday.

HAPPY TOTS DAY CARE: - The Happy Tots Place Inc. P.O. Box 773 Pine Falls, R0E 1M0 - 367-2601 hold board meetings on the last Monday of each month 7:00 p.m. at the Daycare
SENIORSCENE INC. #1: Ateah Rd., Victoria Beach, General Meetings every 2nd Tuesday of the month. Art Classes Wed. 10 am, Wood Carving Wed. 1 pm, Movies Tue. 7 pm, carpet bowling, Fri. 2 pm, Bingo Fri. 7:15 pm. Call 756-6468 for more information regarding activities.

SCHIZOPHRENIC SUPPORT GROUP: Support group for families of those with schizophrenia held every third Wednesday at 7pm at the Pine Falls School Library.

LAKESHORE AL-ATEEN GROUP: Meets Thursdays 6:00pm - 7:00pm. Lac du Bonnet Health Centre, 89 McIntosh St. Starts Sept. 10/98. Call Kathie 367-8237 or Vickie at 345-6520.

SUNRISE SINGERS: Meet every Monday evening 7-9pm in the Pine Falls United Church. New members welcome - Choir master - Henry Peters pianist Gwen Welsh.

BEACHES HELP CENTRE: - 756-6471, Wed. 1-4pm, Fri. 10am-1pm
POWVIEW PARENT ADVISORY COUNCIL: - Meetings, 1st Thursday of Every Month

Church Services

NOTRE DAME DULAUS: POWVIEW - Sat. Evening 7:30pm (English), Sun. 8:30am (French), 10:30am (English); STEAD - Sat. 5:00pm.
PINE FALLS UNITED CHURCH: Sunday service Sunday school 11:00 am Rev. Cindy Terry, Office Hours: Tues - Fri. 10:00 to Noon Tel: 367-2633.

PINE FALLS ANGLICAN CHURCH OF THE ADVENT: Ph. 367-8347 Rector, the Rev. Brian Rountree. Sunday Service at 9:00 am.
ST. THERESA'S: Masses at Notre Dame du Laus.
ST. GEORGES: Mass Sunday at 8:00 am and 10:00 am

ST. JUDE'S ANGLICAN CHURCH, Grand Marais. Holy Eucharist - 2nd and 4th Sundays. 11 a.m. Morning prayer 11 a.m. - 1st, 3rd and 5th Sundays.
TRINITY EVANGELICAL LUTHERAN CHURCH, Thalberg, 1 mi. east and 1 mi. South of junction 12 and 304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. 12, 1/2 mi. north of junction with 317. Sunday church school 10 a.m., worship 11 a.m. (alternate locations). For info call 635-2623 or 754-8582.

CHRISTIAN FAITH FELLOWSHIP: - Bible study 7:30 p.m. Thurs. Church Services at 10:30 a.m. Sunday School at 10:00 a.m.
HONORARY FIRE DEPARTMENT: 2:30 every Sunday. Secretary, Mr.

RCMP News



The Police Beat

C.J. (Carl) Dinsdale, CST, Powerview Detachment

Comments, Questions and Queries

We crawled, we walked and it looked like we were almost running and wham, we crumped up into the first corner. What I'm trying to say is I did not receive any submissions of any kind this week. Now I know the weather has been getting nicer and all the winter activities are wrapping up so I can sympathize with everyone's busy schedules and can understand that you just didn't get around to dropping off your submissions. It's that or my column is less interesting than drying paint and for the sake of my ego I'm leaning towards nice weather and busy schedules. I still have a little to

write about without anything to directly respond to and one such thing is the fact that I have had several people approach me and let me know they enjoy the column. A couple of people have even commented that it was well written. I appreciate the comments and hope they are being honest. As far as the writing itself goes, Mr. Vermette of Kelvin High School can be thanked for making my English interesting. As nice as the praise for the article is, not everyone can share these sentiments and if you do not I encourage you to tell me so. I am a firm believer in constructive criticism and see it as one of the

building blocks of knowledge. I will not know if I am doing something wrong unless you let me know if you pick up on it. Also rest assured I'm a big boy and will take any criticism in stride, being in the army for several years exposed me to plenty of what you might loosely call colourful criticism, so I'm pretty sure you will not hurt my feelings. Enough of that, on to some new information regarding last week's question about controlled crosswalks in Powerview. I explained that this type of traffic control is the responsibility of the municipal government. While that is correct, it

the time I was not aware that the Village of Powerview had gone to the Dept of Highways about controlled crosswalks already. The Dept. of Highways conducted a traffic survey as a result of Powerview's request and concluded that there was not enough traffic to warrant such a device. "So why does Pine Falls have one?" you ask. Well that is because the Pine Falls Paper Company paid to have it installed. Unfortunately it would appear that it boils down to a question of money, like it so often does. So ultimately the citizens of Powerview have a choice to either cough up the money to install the control devices or lobby the Dept of Highways or local MLA directly. That wraps up this week, now put pen to paper and give me something new to talk

about. **Bikers** Spring is in the air and with spring comes the re-emergence of that seemingly care free, sometimes lawless and usually dirty crowd of individuals running around our streets on their two wheeled steeds. You guessed it, the kids are getting their bikes out and that means it is time to exercise some extra care driving around town. It is also time for our kids to be reminded that they have to remember the rules of the road and safe riding habits. I'm not going to beat this one to death, just the basics: -helmets should be used. For those kids who don't think it's cool, it's probably cooler than a big cranial scar and the metal plate in your head complicating air travel for the rest of your life. -ride on the side of the road and in single

file if riding in a group. - use hand signals to indicate stops and turns. - if riding at night wear bright clothing and make sure your bike has adequate reflectors, lights are even better. As I said short and sweet but I believe you get the gist and I know you've heard this all before. I just want to make sure everyone's mind is in sync with the change of season. Play Safe

Help the fight against Kidney Disease! Donate two hours of your time during March. Contact The Kidney Foundation 989-0800 or 1-800-729-7176

NUNAVUT

On April 1, 1999, a new territory will be born. Nunavut

Nunavut, "our land" in Inuktitut, is the traditional land of the Inuit in Canada's eastern Arctic. This fifth of Canada's land-mass is home to a young and dynamic population of about 25,000.

Nunavut faces formidable challenges, but it also holds great promise for its people. Northerners have always demonstrated resourcefulness, ingenuity and adaptability. The new Government of Nunavut will reflect this in a partnership that incorporates the best of traditional Inuit values and contemporary systems.

Canada - built through cooperation, an evolving democracy and a tradition of peace - continues to grow with the birth of this new and unique territory, Nunavut.

Government of Canada / Gouvernement du Canada

Sports

Pineview Ringette Rocks

That's what 80 participants said during the week of March 16-20th. After an all out Ringette recruitment sponsored by Pineview Ringette and led by Tony Vincent, Pineview received an overwhelming response of interested girls and boys. With over 80 showing initial interest during the school recruitment drive. Pineview's expectations were far surpassed. While the initial responses was great, the actual turn out at the Pine Falls arena was fantastic. With Tony Vincent family, Tim Boyer family, Dan Boyer, Peter Raymond, Joanne Raymond, and Wendy Ursel organizing along with other helpful volunteers, skates, sticks, helmets were gathered so each child could participate in the games and on ice activities that were held on Monday March 15, Wednesday March 17, and Saturday March 20th.

With Pineview attempting to increase their teams for next season and to give a chance for anyone to try Ringette who has never played it before, the turnout of 15 Bunnies (ages 4-7),

22 Novice/Petite/Tween (ages 8-13), and 14 Junior/Belle (ages 14-17) for Saturday's Top Gun program makes next season look very promising. Also, there were some who participated in the scrimmages but were unable to make the Top Gun session and who are still highly interested. Pineview has always welcomed any new and interested young person to their athletic program.

Some of the comments made by on ice participants and parents were, "I didn't realize I could do as well as I did." "My child is really enjoying playing and they really like the social atmosphere created by a team sport."

There were many skilled young athletes who participated and with practice will be able to get their own goals in the future. Whether it be just to have fun or to strive for excellence personally and then as a team player. Who knows, a Provincial tournament could definitely be in anyone's future.

Tony Vincent will be organizing an equipment drive

in the community to help outfit the large number of new players anticipated for the upcoming season. Pineview has a solid base of Ringette supporters in the community and we're sure Tony will have no trouble gathering much of the needed equipment. This will ensure costs will be kept to a minimum for their initial outfitting and other costs will be far outweighed by the benefits a young person receives by being part of a team sport.

Thank you to everyone for your enthusiasm and participation and we hope to see you in September when team registrations are made. The millennium year would be a great time for something new and exciting!

Special thank-you to everyone who lent equipment for this Pineview cause and if you are willing to donate any of the used equipment, it would really be appreciated. You can call Tony Vincent at 367-4330. Please leave message if you would like Tony to Pick up the equipment.

Eastman at Canadian Championships

Medals, medals and more medals. Smithers, BC was host to the Canadian National Cross Country Ski Championships this last week. Over 300 elite skiers from coast to coast represented all our Provinces and Territories to crown the best in Canada.

Murray Marchment of Wanipigow was one of our coaches for Team Manitoba, while Sarah Chernis proudly represented Pinawa as one of Manitoba's top athletes.

It was a scene from the children's storybook "The Little Train Who Thought He Could", a Manitoba team of eight athletes and three coaches entering into a Canadian Championship against power house teams such as Ontario, who arrived with over seventy three athletes and a large coaching base.

Our athletes were on the medal podium every race day. On some days more than once and with other team members taking up forth and fifth place finishes.

Another athlete recently from Eastman, Shannon

Dikkema skied to victory collecting onesilver, two bronze and the overall aggregate award of second place.

Our athletes and coaches must be very proud, for the calibre of skill is at its highest. The winners of these events eventually move to their next level, representing Canada at future Olympics.

Coach Marchment states, it is because of events like this I would encourage young athletes to become involved in Cross Country Skiing. I mean just think of the facilities we travel to and compete in all across Canada. Kilometres of beautiful ski trails nestled amongst some of the most beautiful mountain ranges in the world.

Travelling to communities such as Smithers "200km from the Pacific Ocean and just a short trip from the North West Territories. Being catered to hand and foot by friendly towns folk. Meeting and making friends with athletes and coaches from all across Canada. I can't wait till next year to do it all again.

Sports

The Pine Falls Tumblers Shine at Eastman Winter Games



Intermediate 10 yr. olds all-around, Jenna Pachkowsky (gold) Bronwyn Prince (silver) Letitia MacDonald (5th) Rebecca Boyer (6th)

The '99 Eastman Winter Games gymnastic competitions were held on three separate weekends this year in order to accommodate the growing number of athletes. The Pine Falls Tumblers had members representing the club at all three competitions, with all gymnasts doing very well. The following is a review of how well our local gymnasts performed at each competition.

Beginner Girls

The beginner girls competition was held in Beausejour on Friday 27th. The Tumblers only had three girls competing at this level, but all did exceptionally well. Lindsay Mysak and Stevie-Lynn Lemire competed in the 6 year old beginner group, with Lindsay bringing home gold all around and Stevie taking bronze. Madalyn Starr competed in the eight year old category and also came home with ribbons. This was the first competition for these girls. It proved to be a long day, but one filled with fun and excitement. Keep an eye on the podium upcoming years for these future champions.

Intermediate & Advanced Girls

Warm ups were compete and energy filled the air. Months of training and preparation had been leading up to this very moment and now the gymnasts were ready. It was time to start the intermediate and advanced girls gymnastic competition of the 1999 Eastman Winter Games.

Hosted by the Pine Falls Tumblers, the games were held on Feb. 21 in the

scoring was done by Adam Chevrefils.

The competition was tough but the Tumblers managed to come in a close second, with Whitmouth taking the trophy once again. All 26 of our competitors received ribbons with 18 placing all around and 9 receiving medals. Congratulations to: Stephanie Berthelette, Rebecca Boyer, Alisha Carlson, Hilary Chevrefils, Heather Courchene, Ashley Desloges, Tiffany Dupont, Satira Duval, Stephanie Godard, Emily Grant, Heidi Grant, Sandra Henderson, Tanya Herntier, Holly James, Olivia Keeper, Tonya Lessard, Kayla Lussier, Letitia MacDonald, Clarise Marc, Ronet Marc, Amanda Meilleur, Chadele Mulaire, Jenna Pachkowsky, Bronwyn Prince, Shasta Turner, and Jocelyn Vincent.

Congratulations and sincere thanks are also awarded to coaches Rick Anderson and Laurette Sundstrom as well as to assistant coaches Adam

Chevrefils, Jeanesse Bourgeois, Simone Dugard, Vince Lavoie and Heidi Grant. Without their guidance and positive encouragement our club could not have achieved the level of success that it has.

A team effort was needed to ensure that the day ran smoothly. Several sponsors helped out by donating towards the rainbow auction, athlete lunches and goody bags. Brain Reiteimer and Elaine Berthelette from "Brian's Canteen" were indispensable in helping to feed the large crowd of athletes and spectators. Ken and Mandy Dankowski were also on hand to ensure that any first aid needs were quickly taken care of.

The Tumblers Gymnastics Club and Executive would like to sincerely thank once again the local community for all of its support. Without the backing of the school, businesses, family and friends we would not have been able to host the Winter

Games with such success. Boys- Level 1&2 Whitmouth was the place to be on March 7th, as boys from across the Eastman region battled for top spot in five men's gymnastic events.

The Tumblers had six boys competing against gymnasts from Beausejour, Pinawa, and Whitmouth. Not to be outdone by the girls, the boys put on brilliant performances and all managed to come home with ribbons. Bringing back medals were: Level 2 Age 10-12 category, Jeffrey Gaffray- gold and Mathew Thevenot silver; Level 2 Age 13&up- Christopher Dupont- gold and Steven Dupont silver. Also competing in Beausejour were Myles Whitford and Marcel Hopel.

The boys placed second in the all around club scores with 113.55 points to Whitmouth's 118.5. It was extremely close and the boys will be gunning to take the trophy home next year.

Congratulations once again to all of the gymnasts and good luck to all who are going on to the Provincial Games on March 27-28 in Brandon.

5 Pin News

by Janelle Carlson
Week #19

The Ladies high games were: Nancy Breton 240, 236, Rita Morissette 230, 229, Shirley Adams 229, Kim Fisher 227, Heather Adams 222, Carol Griffin 222, and Eileen Nelson 219.

The Men's high games were: George Dodds 282, 255, Pete Richardson 252, 236, Todd Jesseau 241, Jerry Gauthier 237, 217, 214, 210.

The Female bowler of the week was Nancy Breton for her game of 240, 94 pins over her average.

The Male bowler of the week was George Dodds for his game of 282, 108 pins over average.

The Legion Special was won by the Lane Jumpers for a 3480 triple.

Other comments: High

WATER TOWN
Box 3000, Lac du Bonnet, Manitoba R0E 1A0
Phone: 204-245-0868 Fax: 204-245-0845
Web: watertown.mb.ca

DORAL *Campion*

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Fishing Boat
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Triples: George Dodds 706, Rita Morissette 668, Pete Richardson 662, Jerry Gauthier 661, 604, Todd Jesseau 611, Shirley Adams 609, Heather Adams 604, Evelyn Dodds 602.

Week #20

The Ladies high games were: Carol Griffin 244&206&203, Doris Kahle 241&203, Heather Adams 219&218, Janelle Carlson 217, Rita Morissette 206, Sharon Mignon 204, Evelyn Dodds 202.

The Mens high games were: Pat Papineau 302&280&230, Jerry Gauthier 301&212, Bill Lavallee 248 &211, Jason

Dankowski 212, and Todd Jesseau 201.

The female bowler of the week was Julie Rheume for her game of 223 which was 100 pins over her average.

The male bowler of the week was Jerry Gauthier for his game of 301 which was 95 pins over his average.

The Legion Special was won by the Gutter Balls for their 3 game total of 3245.

Other comments: This weeks High Triple Games were: Pat Papineau 812, Carol Griffin 653, Jerry Gauthier 632, Bill Lavallee 623, Doris Kahle 614.

Sandbag News

TEAM POINTS:		300's:	
1. Philip Bouthillier	81	Lindsay Kaminawaish	27
2. Jeanne Lavoie	47	Colette Vincent	16
3. Jos Vincent	45	Andrea Frechette	11
4. Eliane Boulet	28	Heather Dufour	9
5. Victor Vincent	27	Darren Dufour	9
6. Edgar Vincent	27	Philip Bouthillier	7
		Sam Kush	4
		Diane Houston	4
		Ginette Vincent	4
		Alain Majeau	3
		Honore Dupont	3
		Carolus Vincent	2
		Mike Lussier	2
		Marguerite Boyer	1
		Eugenie Vincent	1
		Jeanne Lavoie	1
		Erik Kesaran	1
		Irene St. Pierre	1
		Flo Windsor	1

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Community

'Round and About the Beaches

By Monika I. Evans
Spring has Sprung,
But the Grass Isn't

Happy First of Spring! Even though we still have snow on the ground, the air smells of Spring. Every day the days are getting longer and the sun is getting warmer. It is still quite chilly when Snoopy and I head out for our morning walk, but by the time we are heading home, it is quite warm and off have come the gloves and more often than not, the jacket is open.

Snoopy has made himself a little sundeck with his bales of hay, and spends many a happy hour catching a few rays. He is almost reluctant to leave his warm nest to go for a walk with me. Finally, after a little bribery of a treat, he will come reluctantly out of his nest. After some major stretches, he'll slowly come out of his nest. He finds it difficult to realize that the snow is melting and will climb on a snowbank, only to have it collapse under him. He then looks at me rather perplexed as he clambers out of the drift. The other day he was marking a spot that had been previously marked by another

canine and halfway during the exercise the snow crumbled under him and he almost fell over. Some of the poplars facing south are covered in buds which resemble pussy willows. It is one of the first sure signs of spring. The wind whispers gently through the pines promising us gentler days to come. You can smell Spring in the air.

I have ordered my seed catalogues and will be heading for T&T Seeds any day now with my list in hand. I will try again to grow tomatoes and hopefully will have some ripe ones before October, not like last year. My scarlet runner beans were the only things that had flourished in the garden. I managed one good feed of fresh peas before they died on me. The green beans did a little better until the bugs got into them.

I hope that my miracle rhubarb comes up again this year. If you're wondering why I call it "miracle rhubarb", well that's a bit of a story. Bob's Aunt Leila had rhubarb which came originally out of his grandfather's garden. She had sold her house and told all the family members with gardens to come and get some of it. Bob and I dutifully

went and dug out a clump and planted it in an old coal pail. In the winter I put it in the garage and when Spring came, it was planted in a sunny spot in the garden where it grew beautifully. It stayed there for a little over a year and then we moved. Back it went into the same pail in which it sat for a few months. Finally my Mother-in-Law and I planted it in my little flower patch in front of the house. She is not known to be too green thumbed and almost killed the rhubarb. It struggled valiantly and was gaining ground until we had our well put in. We were told to put a small barrier up so that the overflow from the well would flow down past the flowerbed in the woods. Well, let me tell you it didn't! The grey muck went over our steps, completely covered the flowerbed and drowned the rhubarb.

The next Spring I held out little hope that it would survive, but sure enough, as soon as the weather was nice, out peeked fresh shoots of the plant. It grew nicely all summer until the ants got in the plant. I moved it in the fall to a much better place, and if it comes up again this Spring, it will truly be a "miracle rhubarb".

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Tuition costs are free to residents of the Agassiz, Pine Falls, and Lord Selkirk School Divisions

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Buy your ticket(s) early for a chance
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MARCH CALENDAR

Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
	1. George Bouvier \$500.00	2. Marc Courchene \$500.00	3. Clifford J Courchene \$5000.00	4. Sagkeeng Cable \$500.00	5. Evelyn Webster \$1000.00	6. Carey Lavadier \$1000.00
7. Laurie Guimond \$1000.00	8. Emilie Courchene Jr. \$500.00	9. Richard Fontaine \$500.00	10. Elvis Bruyere \$5000.00	11. Cindy Guimond \$500.00	12. Sharon Johnston \$1000.00	13. Bridgette Delaquis \$1000.00
14. Richie Nelley \$1000.00	15. Madelaine Bunn \$500.00	16. Louise Raven \$500.00	17. Brian R. Fontaine \$5000.00	18. Walter Fontaine \$500.00	19. Elmer Courchene \$1000.00	20. Gloria Guimond \$1000.00
21. R.J. Guimond \$1000.00	22. \$500.00	23. \$500.00	24. \$5000.00	25. \$500.00	26. \$1000.00	27. \$1000.00
28. \$1000.00	29. \$500.00	30. \$500.00	31. \$15000.00			

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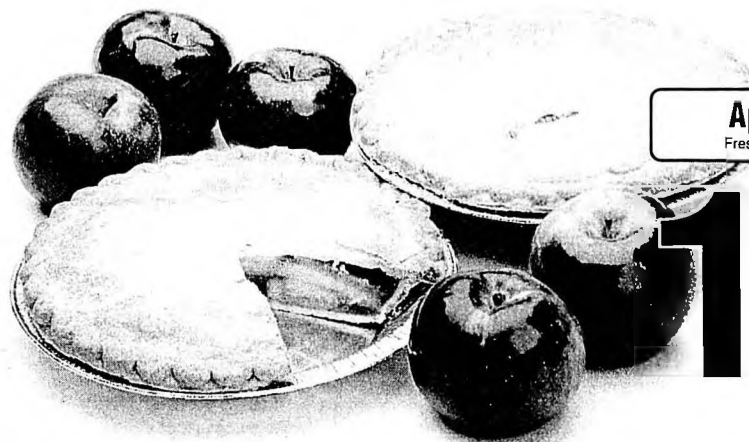
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12 Prizes of \$1000.00
4 Prizes of \$5000.00
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RULES:

- All tickets to be paid by cash
- Everyday draw to be held at Sagkeeng Bingo Hall by a random player, approximately 8:30-9:00pm nightly
- Winners to be paid by certified cheque nightly
- Winners will be posted at the Human Resource Centre & Band Hall daily (see chart)
- Final draw will be March 31, 1999 for \$15,000.00
- Must be 18 years of age to buy & claim prizes
- Tickets to be purchased on Sagkeeng 1st Nation Reserve
- S.J.C. Employees not eligible to purchase tickets
- Each ticket purchased is eligible for one draw
- All tickets not drawn will remain in the drum

For tickets Call
Sagkeeng Human Resource Centre 367-8740
or Mary 367-9692
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History



Simone Dugard (l) and Tanja Smutny will be competing in the World Sailing Championships in Kingston at the end of August

Simone Dugard to compete in world sailing championship

Seventeen year old Simone Dugard has been sailing as long as she can remember, but only began sailing competitively last year. With Tanja Smutny at the helm she won the 18 and under Laser II provincial championship. She also was awarded the Susan Meszaros Trophy for Women's Sailor of the year.

This year she will be competing in four qualifying rounds to qualify for the Western Canada Games. One of the qualifying rounds will be hosted by the Winnipeg River Sailing Club in St. Georges on June 5. Dugard will also be competing in the Canadian Youth Championships in Victoria BC at the beginning of August.

She is already qualified for the World Championships to be held at Kingston Ont., at the end of August. The competition is open to all ages, and even her mother, Kathy Dugard does not expect her to come home with a medal. She will be competing with adults, many of whom have been sailing in competition for many years.

Simone will be graduating from Powerview School this year, and will be studying biology Queens University at Kingston in the Fall. She says she wants to do field work in her chosen field rather than spend her time in the lab. She has chosen Queens University because it has an excellent sailing club.

'99 Provincial High School Basketball Results

March 19&20, "A"

Girls (held in Sagkeeng-Championship Final- Treherne 66, Hamiota 65, **Championship Semi-Finals-** Hamiota 69, Arborg 45, Treherne 84, and Gilbert Plains 25, **3rd Place Final-** Gilbert Plains 43, Arborg 27, **Consolation Final-** Boissevain 50, Steinbach Christian 36, **Consolation Semi-Finals-** Boissevain 61, Sagkeeng Anicnabe 22, Steinbach Christian 51, Joseph H. Kerr (Snow Lk) 34, **Quater Finals-** Gilbert Plains 41, Steinbach Christians 39, Treherne 84, Joseph H. Kerr (Snow Lake) 23, Arborg 64, Boissevain 46, Hamiota 95 and Sagkeeng Anicnabe 6.

All Stars- Nancy Mathison (Hamiota), Karen Rawlings (Hamiota), Christine Little (Hamiota), Corrine Parkes (Treherne) and Amber Jeffrey (Treherne).

Player's Choice- Steph Reimer (Steinbach Christian).

Boys (held in Lac du Bonnet)-

Championship Final- Glenboro 71, Boissevain 40, **Championship Semi-Finals-** Boissevain 65, Western

Christian (Dauphin) 51, Glenboro 91 and Lac du Bonnet 66, **3rd Place Final-** Western Christian (Dauphin) 64, Lac du Bonnet 52, **Consolation Final-** St. Paul's (Elie) 94, Hamiota 75, **Consolation Semi-Finals-** St. Paul's (Elie) 64, Ross L. Gray (Sprague) 61, Hamiota 86 and Leaf Rapids 71, **Quarter Finals-** Boissevain 66, St. Paul's (Elie) 56, West. Christian (Dph) 55, Ross L. Gray (Sprague) 45, Lac

du Bonnet 65, Hamiota 44, Glenboro 76 and Leaf Rapids 51.

All Stars- Peter Roberts (Western Christian- Dauphin), Rob Maxwell (Boissevain), Sheldon Dyck (Boissevain), Travis Hamilton (Glenboro) and Marcel Vallotton (Glenboro).

Most Valuable Player- Trent Hamilton (Glenboro).

Player's Choice- Richard Kaupilla (St. Paul's- Elie)



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Community

Notre-Dame-Du-Laus Parish News



Constable Carver with the 4 yr. old afternoon class during Health & Safety Month

Happenings at Le Petit Soleil Mini School

Time is flying by this year. Our classes are preparing for our Easter and spring themes.

Our Christmas concerts were a huge success. The children's performances were wonderful and the visit from Santa was enjoyed by all.

Constable Carver from the RCMP detachment came to visit us during Health and Safety month. It is very important for the children to recognize a RCMP officer and know what they do.

We already have parents inquiring about pre-registration for 1999-2000. It will be held May 6, 1999 from 6:30-8:00pm in the mini-school. We have

separate classes for the three year and four year olds. Age restrictions apply as do they for public school. Children attending the three year old class must be three by Dec. 31 of that school year. Four year olds must be four by Dec. 31st of the same school year. Two classes per week are offered for each age group. Three year old classes are Monday and Wednesday mornings. Four year old classes are Tuesday and Thursday mornings and afternoons.

If you are interested in registering your child come to the Mini-school on May 6/99. If you have any questions, please call the school at 367-8082. We are located in Pine Falls School.

Questions about Cancer?

Call the Canadian Cancer Society's Cancer Information Service

1-888-939-3333



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Nick 367-9171

Holy Week is upon us once again. Holy Week is the most important week of the year, for the Church and for every Christian. The special celebrations of the Holy Week recall the principal events of our Lord's life which brought us salvation.

The three days in which the major feasts are celebrated are known as the TRIDUUM: Holy Thursday, Good Friday and Holy Sunday.

Holy Thursday-Solemn celebration of the Lord's Last Supper. On Holy Thursday, we listen to Christ's words as He gives himself to us in the Bread of Eternal Life and the Cup of Salvation, the pledge of His unconditional love. He establishes ministerial priesthood, and gives the sign of true ministry and service by washing the feet of his disciples. Jesus calls us to love one another as He has loved us.

Good Friday-Memorial of our Lord's Passion, Crucifixion and

Death. On Good Friday, we are urged to stand and watch by the Cross as Jesus pours out his precious blood for our redemption. The Passion is read from the Gospel of John. It is followed by ten intercessory prayers for the whole world, as Jesus died for the salvation of all. Then comes the veneration of the cross which leads into a simple communion service. The service ends by inviting all to pray and prepare for the feast of the resurrection which takes place at the Easter Vigil. (Good Friday is a universal day of fasting and abstinence from meat.)

Easter Vigil-Solemn celebration of our Lord's Resurrection. On Saturday night, we are called to witness to Christ's resurrection. Jesus was raised to life by the Spirit and all who died believing in him rise with him. During the Easter Vigil, which is the greatest celebration of the year, the Light of Christ enters our churches. Then, after the Easter Proclamation, the

Triduum. Spread the Good News!!!

Easter Triduum Celebrations Schedule
Holy Thursday, April 1st-7:30 (Mass of the Lord's Supper)

Good Friday, April 2nd- 3:00pm (Celebration of the Lord's Passion)

Easter Vigil (Holy Saturday), April 3rd- 8:00pm (Resurrection of the Lord)

Easter Sunday, April 4th- 8:30am (Resurrection of the Lord)- in Stead

10:30am (Resurrection of the Lord)- in Powerview
Way of the Cross

Good Friday, April 2nd. The walk will start at 9:30am from St. Theresa Church (Pine Falls) and end up at N-D-du-Laus Church (Powerview). Everyone is welcome. Come Walk With Us!

A famine lunch will follow the Way of the Cross in the Powerview Church basement.



PARTNERS WITH YOUTH works with Manitoba employers to help our youth fully participate in the opportunities of the 21st century.

The Partners With Youth program provides wage incentives to employers who offer young Manitobans entry-level career related positions. Applicant employers must demonstrate that the jobs are ongoing and will continue on a full-time basis beyond the wage incentive period.

Employee candidates must be between 16 and 24 years of age, recent graduates or unemployed youth who have not yet landed that all-important "first job." Under Partners With Youth students returning to school are not eligible employees.


FOR YOUNG ENTREPRENEURS
Partners With Youth also operates Young Entrepreneurs, a program encouraging young Manitobans, 18 to 24 year of age, to consider setting up a small business. Under Young Entrepreneurs, approved applicants are given start-up grants to help them open full-time, year-round business ventures.

For more information, on **PARTNERS WITH YOUTH** or **YOUNG ENTREPRENEURS** please call: 268-6064 or 268-6018 (Heusejour) or toll free at 1-800-665-6107.

Applications will be accepted until March 31, 2000.


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Hon. James C. McCrae
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Admission: \$12 Extra Card: \$6 Loonie Strip \$2

8 Games of \$100.00 7 Games of \$125.00
1 Game of \$500.00 1 Game of \$1000.00

Extra Games as Follows:
Bonanza - 48#s or less for \$700.00, add \$100.00 each week until reaching \$1000.00 then add one number plus \$100.00 til won;

1st Special - Two lines anyway - 50% payout
2nd Special - Double Action - full card - 50% payout
3rd Special - odds & even - full card 50% payout
4th Special - Bonanza - full card, if not won - 50% payout
5th Special - last chance, double Bingo - 50% payout.



Thank you St. Alexander & Senior Social Club Bingo Committee

ST. ALEXANDER & SENIOR SOCIAL CLUB \$3,175.00			
Page #	Game #	Game	Prize
Extra	Card	First Special - Two lines Anyway	50%
	1	One Line Anyway or the Four Corners	\$100.00
2	2	Double Bingo	\$125.00
	3	Six Pack Anywhere	\$100.00
Extra	Card	Block of Nine in Any Corner	\$125.00
	Card	Double Action - Full Card	50%
3	5	Three on top & Three on the bottom	\$100.00
	6	Top or Bottom Line with Two Opposite Corners	\$125.00
4	7	Small House	\$100.00
	8	Double Diamond and the 4 Corners	\$500.00
XX	*****	INTERMISSION	XX**XX
Extra	Card	Odds & Evens - Full Card	50%
	9	One Line Anyway	\$100.00
5	10	One Line up and down & One Line Across	\$125.00
	11	One Line or the 4 Corners	\$100.00
6	12	Two Lines Anyway	\$125.00
	13	One Line Anyway or the 4 Corners	\$100.00
7	14	Two Postage Stamps Anywhere	\$125.00
	Extra	Card	Bonanza - 48 #s or less for \$700.00, add \$100.00 each week until reaching \$1000.00 then add one number plus \$100.00 til won.
Extra	Card	Share the Wealth - Double Bingo	50%
	15	Small House	\$100.00
8	16	Empty House	\$125.00
	17	Full House	\$1000.00

Feature

Henderson Institute Inc.



Myrelene Ranville (l) with the University of Manitoba Faculty of Architecture

Who we Are

The Henderson Institute is located within the territory legally described as the Fort Alexander Indian Reserve, now, commonly referred to as the Sagkeeng First Nation. The Fort Alexander Indian Reserve holds special status in Canada. This special status is derived from Treaty One, negotiated with Her Majesty Queen Victoria in 1871.

The Henderson Institute was founded by Myrelene Ranville. She caused major changes to Canada's Indian Act by challenging the membership policies in R. vs. Ranville in the early 1980's. Myrelene Ranville is a published author. Her Grandfather, Thomas Henderson and his brother, Peter Henderson were on the council that negotiated Treaty One. Peter

Henderson signed Treaty One.

The Henderson Institute honors Peter and Thomas Henderson's wisdom and foresight. Treaty One is a symbol of sovereignty for all first nations. The Henderson Institute is a celebration and an expression of Peter and Thomas Henderson's wisdom.

The Henderson Institute is an awareness and learning centre where Treaty One knowledge and wisdom is the focus for being. The Henderson Institute is a think tank that studies, shares and disseminates Anishnabaw knowledge and wisdom through discussion, seminars, workshops, focus groups, research and publication.

Capability Profile

The Henderson Institute is

operated by a Board of Directors, the majority of whom are direct descendants of the Henderson treaty makers.

The offerings of the Henderson Institute are managed by highly skilled professionals with proven ability in the development of unique projects and programs. The institute has an established capability profile in the development of projects and programs for public schools, governments, community groups and publishing. The institute has experience in the design, development and delivery of human resource programs and projects for youth and adults.

The Henderson Institute can develop programs and teaching tools for First Nations schools in the areas of primary, secondary, post secondary, and special needs

education. The adult and continuing education programs include tourism training, industrial training, health care training, justice, communications, community human resource planning, public school curriculum and environmental and outdoor education. The Henderson Institute will revive ancient skills and crafts in pottery, willow, birchbark, quills, bone, hides and the foods of the Anishnabaw.

The Henderson Institute finances its operation from the sale of educational products, tools, training programs and by competing for research contracts. The Henderson Institute can host think tanks, focus groups and visiting researchers from all over the world.

Henderson Institute to begin training

The Henderson Institute will begin delivering adult learning programs this year. Myrelene Ranville, the founder and a director of the Henderson Institute expects to be able to respond to the adult training needs of the Sagkeeng First Nation and the neighboring communities.

Ranville said, "We are in the business of providing market driven training to adults and to purchasers of adult education. The training has to be linked to employment or small business development in our territory. Basic literacy in Anishnabaw and English will be offered on demand. The people have talents, skills and crafts that can be developed and nurtured through trades training, basic business skills development, communications skills development and personal development".

The Henderson Institute Inc. is the realization of an ambition that Ranville has had for most of her adult life. She is deeply honored that her grandparents were leaders in the development of the historic treaty making process. The Treaties are the cornerstone of the relationship between First Nations and Canadians. Her Grandfather, Thomas Henderson and his brother Peter Henderson were on the council that participated in the negotiations that resulted in the signing of Treaties One and Two at Lower Fort Garry in 1871. Peter Henderson was signatory to the important adhesions to the treaties which granted Canadians access to western Canada for settlement and development, and provided for the Anishnabaw to continue their way of life and the resources to participate in Canadian society at their own pace. Notwithstanding Canada's motives of assimilation and the enactment of the Indian Act, the Treaties have remained the basis upon which a First Nation still exists.

Myrelene Ranville is optimistic that the people of Sagkeeng, Little Black River, Hollow Water, Brokenhead, Lac Du Bonnet, the Beaches, and all the communities along Highway 11 will benefit by the programs that the institute has planned. If people from across the continent or around the world want to participate, they are welcome.

A twelve week course called, "First Nations Tourism - Understanding an Industry" will begin in May, 1999.

"The Henderson Institute incorporates a number of my ambitions" Ranville said. "This part of the world has great potential for major tourism development. I have always wanted to have an accommodation for people from Europe, Hong Kong, Japan, and the Americas. Some of the wealth in the world should be spent in our territory after all we helped to create that wealth. I would like to attract people who have become too familiar and bored with the usual touristy challenges of Waikiki, African safaris and the French Riviera. They need to come to Sagkeeng and the surrounding area where they can gaze at the stars and the spectacular Northern Lights in a pristine environment. We have three major ecosystems converging here at the mouth of the Winnipeg River, a huge lake, the Great Plains and the awesome beauty of the Canadian Shield. There is so much to offer the tourists."

The institute is located at # 51 Great River Road, Hwy 11, Fort Alexander, Manitoba. The Henderson Institute is currently accepting applications for the program called, "First Nations Tourism, Understanding an Industry". The institute is open Monday to Friday, 9:00 a.m. to 4:00 p.m.

Ultimately, the Henderson Institute will be a 'think tank' for research and development of

cont'd next page...

Feature

Henderson Institute Inc.

from previous page...

information on all aspects of the life and the environment of the Treaty One area. The Henderson Institute has and will continue to develop educational programs and materials for sale to schools, universities and all learning institutions. The educational programs and materials with Anishnabaw content are designed by experienced Anishnabaw professionals. The materials are for both educators and learners. The Henderson Institute will develop programs for children, youth, elders, political leaders, educators, other governments and industry.

It is through the sale of these home grown educational programs, training courses and teaching materials that Ranville expects to finance the operation of the Henderson Institute.

A book store will be housed in the Henderson Institute. The bookstore will feature the works of Anishnabaw writers and scholars. An art gallery and a library are in the plan.

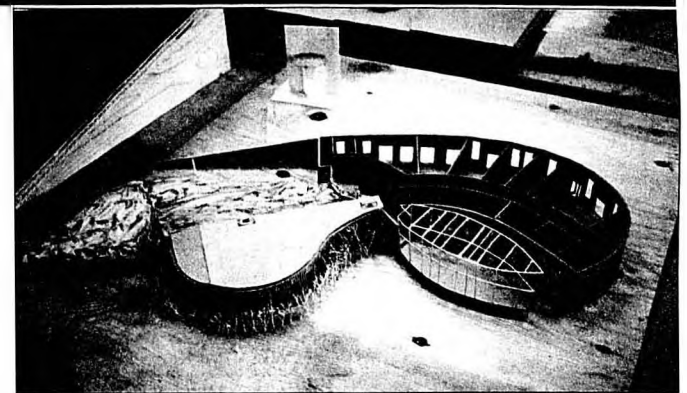
Myrelene Ranville has no hesitation in describing the target market for the Henderson Institute.

"I expect that we will eventually be hosting some major think tanks and researchers' conferences. There are so many aspects to our environment that needs study and understanding. There needs to be a development of systems for a sustainable co-existence with our neighbors.

Scientists from all over the world can interact and receive the insights of our own elders. Our legends and our Oral history and experiences will be the basis for the significant historical study projects and publications that will originate from the institute. The unique learning and research products that will influence political and economic decision makers."

"Current history of the Anishnabaw was and has been written by strangers to our culture and recent arrivals to our territory" says Ranville. "Now that we are literate, we have to uncover our own historical evidence. I accept and respect the oral history traditions of our people. Traditional ways and means worked just fine for our people prior to universities, other governments and the foreign European languages. The key organizational strategy of the Henderson Institute is the research and development of our own materials based on archeological and other evidence from our past."

The Henderson Institute will lead environmental and social research that relates to its very unique and historical environment. The Winnipeg River is one of North America's most historic waterways. Sagkeeng was a major intersection along the trans Canada water route for almost three centuries. Prior to the building of a series of hydro electric dams and other industries along the great river, Sagkeeng was here. Prior to Winnipeg becoming



Model of one of the U of M architectural designs for the Henderson Institute

'the gateway to the west', Sagkeeng was here participating in the trade and commerce of the day. The river banks and river bed must be teeming with archeological evidence and artifacts from ancient times, the fur trade, the missionary era and modern times. The Henderson Institute will develop a program in marine archeology to explore the treasures that lie in our river bed. An archeological dig in strategic areas along the river would produce centuries of artifacts. Of particular interest would be the sites of the old missions and fur trading forts.

The Henderson Institute is currently developing a pre apprenticeship training program in stone masonry. The institute has partnered with the International Union of Bricklayers and Craftworkers, Manitoba chapter who will deliver the skill and craft of stone masonry. They are also the apprenticeship authority for the province of Manitoba. As an indication of the need to develop this program, the average age of stone masons in Canada is 56. There is a need to attract a cadre of stone masons to fill the need of this industry. The stone masons are needed for heavy and residential construction.

Ranville has selected a site for the eventual home of the Henderson Institute. She remembers her childhood with absolute joy!

"I was a happy little Indian" she smiles. "I remember my siblings, cousins and I standing along the old road and posing for the tourists who ventured out to the reserve. I had such a happy childhood! We had a place where we planted the family garden. It was about three quarters of a mile into the bush, away from the river. There is also a big rock out there. I remember playing on the rock as a child. Our people believe that all

our Ancestors are resting in the rocks. I thought that rock would be a nice place to build my institute and home. I would incorporate that rock into the design. The Rock, a place where I can rest and a place where my family and friends can call home."

Ranville convinced an old friend, Dr. Carl Nelson, a professor of the Faculty of Architecture at the University of Manitoba to help. The Faculty of Architecture made the design of the Henderson Institute a term project for the pre masters qualifying class of 1995! They called the project, "A Rock and Some Walls". Sixteen post graduate architecture students trekked the three quarter miles into the bush, and made all their measurements, took photographs and sketched the site. In December 1995, the Faculty had a juried presentation of the scale model designs of the Henderson Institute. The Henderson Institute project is featured in the Faculty's "Warehouse Four" newsletter for 1995-96.

In explaining the range of programming that the Henderson Institute will deliver, Ranville says, "Because we have had a number of requests for a program in basic literacy, we are immediately preparing to offer an English literacy program." The institute will and is capable and certified to offer literacy programs. Adults wanting literacy training should come into the institute.

The Henderson Institute is incorporated as a business. Myrelene Ranville and her sister Jean Boulette are directors. The Henderson Institute is in the process of incorporating a charitable non profit partner corporation which will be able to accept tax deductible donations.

Boulette expects that the non profit arm of the Henderson Institute

will be able to develop scholarship funding for the training of professional skills among the Anishnabaw.

"There are more and more restrictions on funding for our learners" says Boulette. "Canada, through Indian Affairs has made it more and more difficult for our students to achieve success in post secondary learning. We have tremendous athletes who need to develop their capabilities and chances at making it to the big leagues. We should be able to develop that extra push to get them through".

Ranville and Boulette both agree that there is need to develop the professional expertise and capability within their own population, and to develop those abilities among the people most familiar with the Treaty One environment. The Henderson Institute will engage the services of professionals for trades and other skills. They expect to attract the most qualified training personnel available for each of the programs.

"Our communities can no longer compromise the future of our people...our children, by accepting affirmative action training offered by institutions who use our educational funding to accommodate their financial needs and interests, while exposing our children to inferior and affirmatively actioned graduates. Twenty years from now, we will be clamoring for compensation for damages done to our people by the affirmative action programs being turned out by universities!" says Ranville. "We don't need that. We need to bring in the respected researchers, scientists, business minds and academics to guide us through European questions, and from there we will realize and fulfill our potential."

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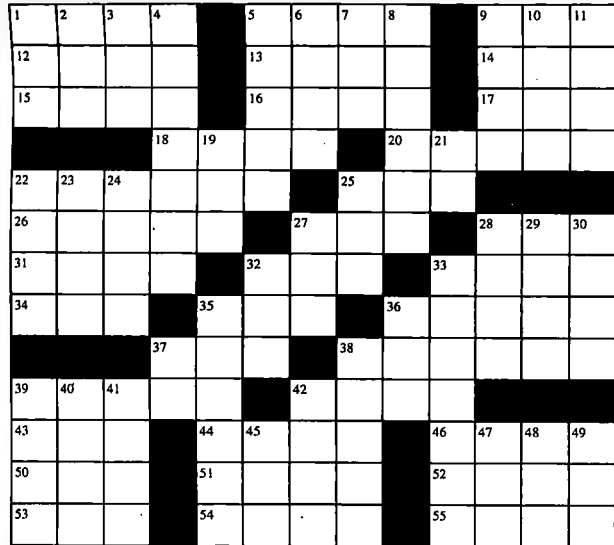
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Manitoba  Canada 

Relax

THE VOICE WEEKLY CROSSWORD



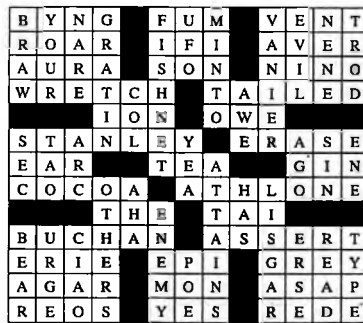
- 42. Opera solos
- 44. Hawaiian garland
- 45. Brew
- 46. Military machine
- 47. Water bird
- 48. Born of
- 49. Ova
- 50. Not ashore
- 51. Tuberous root

DOWN

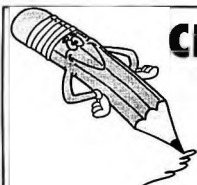
- 1. Musical notation
- 2. Hind end
- 3. Homeland of many Canucks
- 4. Rolls
- 5. A kind of sword
- 6. Lair
- 7. Atop
- 8. Not known
- 9. Woody vine
- 10. The whole works
- 11. Horse talk

- 17. Block of metal
- 19. National Research Council, abbr.
- 20. Dwarf buffaloes
- 22. Finished
- 23. No, in Pinsk
- 24. Quest of bucks
- 25. Head of state, in Iran
- 26. BC park
- 27. Steam bath
- 30. Scums
- 31. Homeland of many Canucks
- 33. Disguises
- 34. Sheepish remark
- 36. Telling whoppers
- 37. Homeland of many Canucks
- 39. Burial wrap
- 40. Entreaty
- 41. Appear
- 42. Consumed
- 43. Tease
- 44. Plouffe
- 47. Tantalum symbol

LAST WEEKS ANSWER



- ACROSS
- 1. Grand, vintage
- 4. Do again
- 8. Cavalryman
- 12. Albanian currency
- 13. Frank
- 14. River of Pharos
- 15. Corn container
- 16. Japanese currency
- 17. Homeland of many Canucks
- 18. Canadian motherland
- 20. Soon
- 21. Rage
- 22. Canadian motherland
- 25. Synchronize, for short
- 27. Headband
- 28. Shoe size
- 29. Garden tool
- 30. Anwar
- 31. Command right
- 32. Expression of comprehension
- 33. Hints
- 34. Yield
- 35. Homeland of many Canucks
- 37. Automobile
- 38. Meditation
- 39. Winners



CRYPTIC PUZZLE

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

ZBY CWD VBF TFGYQ HJ BKQ QGYLYQ
 QYGMFC GFQYQ BKQ QBKTZ.
 - ZBFCWQ NFWWD

LAST WEEK'S SOLUTION

NEVER HATE YOUR ENEMIES, IT AFFECTS YOUR JUDGEMENT.
 MICHAEL CORLEONE

HOROSCOPE

ARIES March 21 - April
 What is really important to you? Maybe it's time for you to take a step back from your responsibilities and decide who and what should be first in your life. Take a friend up on his/her suggestion this week. Remember a promise to another friend.

TAURUS April 20 - May 20
 With the weather getting nicer, take time to enjoy yourself, your family and the outdoors. Re-evaluate your commitments to organizations and other people. Try something new this week. How about that restaurant that just opened in town?

GEMINI May 21 - June 20
 Don't let your independent ideas get you in hot water this week. You may have some great suggestions, but be careful how you present them to others. It's time to re-evaluate your savings and budget plans.

CANCER June 21 - July 22
 Be ready for anything this week. You may even be called upon to organize and lead a presentation. You can do it. You're the one with the knowledge, now put it to good use. Take an evening to enjoy time with your partner or a close friend.

(March 25 - March 31)

LEO July 23 - Aug. 22
 Although it may seem like it, all your hard work will not go unnoticed. The research and preparation you did will pay off in the end. Spend Saturday in the park or at the beach. It will be a fun day, and you can renew an old and dear friendship.

VIRGO August 23 - September 22
 Remember to consider the practical side of a situation, not just the idealistic one. Listen to your heart on the romance front. If you do, and you really put yourself into it, this relationship can work. Don't let others tell you differently.

LIBRA Sept. 23 - Oct. 22
 Your flair for entertaining will come in handy this week. You may be called upon to help those a gathering for work or a social organization. Don't forget, you can ask for help. You don't want to spread yourself too thin, and others are willing.

SCORPIO Oct. 23 - Nov. 21
 Personal and professional problems mean you have to depend on a partner and a trustworthy coworker this week. You've been there for them, let them both return the favour. By Thursday, the problem at home should start to work itself out.

SAGITTARIUS Nov. 22 - Dec. 21
 Take a closer look at your professional network it could come in hand for you later in the week. You can depend on the trust of an old family friend. Along the way, be sure to keep an open mind concerning ideas from others.

CAPRICORN Dec. 22 - Jan. 19
 Lately you have been feeling down. Take a look at your lifestyle and think about where you can make some changes. You can start with goals to get in better shape. In addition, what about becoming more involved in your community?

AQUARIUS Jan. 20 - Feb. 18
 Rely on your sense of humour this week. It may just get you through a tough situation and you may win some new friends because of it. Are you ready to more into the next phase of a personal relationship? Someone else may be - consider your options.

PISCES Feb. 19 - March 20
 If someone is not being clear, ask questions and straighten out the confusion before it gets worse. Before you get much farther along in the year, you had better take the time to organize your accounts and your financial goals.

Health

Numbers of Manitobans with Kidney Disease Climbs

The Kidney Foundation of Canada Warns Dialysis Resources Stretched to the Limit (Winnipeg, MB) The executive director of the Kidney Foundation of Canada (Manitoba Branch) says Manitoba has the highest number per capita of dialysis patients than any other Canadian province, 25% higher than the national average.

Lori Fenn says as a community we must recognize kidney dialysis resources are stretched to the limit. Each day, an average of eight Canadians learn their kidneys have failed and that their survival depends on a kidney transplant or dialysis treatment for the rest of their life.

"Doctors tell us the number of Manitobans requiring dialysis will double

over the next five years," says Fenn. "Dialysis treatment costs between \$25 000 and \$75 000 per patient per year.

Currently, over 1 300 people are being treated for kidney disease in Manitoba. People requiring hemodialysis must commit to four-hour treatment sessions in hospital three days each week. It's costly and inconvenient.

During their annual March door-to-door campaign, the Kidney Foundation hopes Manitobans will consider the needs of people undergoing treatment for kidney disease and continues to support research into the prevention and treatment of the disease.

The Kidney Foundation also hopes Manitobans will continue to discuss organ and tissue donation with their loved ones.

Nutrition Month Tips

By Marilyn Zarecki, Home Economist MB Agri. Beausejour, 268-6015

March is Nutrition Month. The following are tips from the Dietitians of Canada website - www.dietitians.ca. All their information is accurate and complete.

• Most diets don't work over the long haul. In fact, most people who go on diets regain the weight they lost. Some dieters even gain more weight than they started with. Instead of dieting, learn to eat well, enjoy being active and get on with healthy living.

• Start by making small changes, like adding more high-fibre foods to your day. Higher fibre choices include whole grain and bran breads and cereals, vegetables, fruit, beans and lentils. As you eat more fibre remember to drink more fluids as well.

• Breakfast is the most important meal of the day. Eating a balanced breakfast everyday gives you the energy and nutrients to take on your day and helps you maintain a healthy weight. A balanced breakfast can be a bowl of ready to eat cereal with milk, a glass of juice and yogurt.

• Vitamin supplements don't provide energy (calories) nor all

the nutrients you need for good health. You only get that by having a foods from each of four food groups in Canada's Food Guide to Healthy Living.

• No time for breakfast or too busy at work to stop for a break? Keep foods such as fruit, vegetable sticks, crackers, dried cereals, bagels with peanut butter, and yogurt handy to munch on at your convenience throughout the day. Eating something anytime during the morning is better than eating nothing at all.

• Canada's Food Guide to Healthy Eating recommends we eat 5-10 servings of Vegetables & Fruit each day. Having vegetables and fruit at each meal and snack will help you get more into your day.

• Go for 6-12 servings of Grain Products per day. They are rich in nutrients, complex carbohydrates, B vitamins and iron. Whole grains are high in fibre and may help lower blood cholesterol and maintain bowel regularity.

• Meat is a key source of protein, B-vitamins and iron and zinc. Purchase the leaner cuts more often; trim visible fat off the meat, and bake, barbecue, broil or microwave.

• Milk products provide

calcium, riboflavin and vitamins A and D. Eating plenty of calcium-rich foods throughout life are important for healthy bone growth and prevention of osteoporosis. Aim for 2-4 servings of Milk Products each day.

• Moderation doesn't mean giving up foods you enjoy, it only means having a smaller amount less often. It's not just what you eat, but how often and how much, that really makes the difference.

• Snacks are great for helping you meet your nutritional needs, filling in the gaps, and keeping your energy levels high. When choosing snacks, look for those that are low in fat, make a valuable contribution on the nutritional front and are a good source of fibre.

• Not eating enough during the day can cause you to feel ravenous between dinner and bedtime. Prevent this from happening by eating a snack or meal every 3-4 hours. Stay hydrated by drinking water all meals and snacks.

• Keep snacks such as breakfast bars, whole-grain crackers, granola bars or popcorn in the glove compartment of your car for those times when you are stuck in traffic. Carry a water bottle or container of juice with you to help prevent thirst, headaches and dehydration.

• Do you find it difficult to get in at least 5 servings of Vegetables & Fruit each day? If yes, plan to have on serving of fruit or vegetables with each meal or snack and you'll easily achieve this goal. For example, add a banana to your breakfast cereal, load your sandwich with vegetables, have a piece of fruit for an afternoon snack and include a cup of vegetables at dinner.

• Health Canada defines a moderate caffeine intake as 400-450 mg per day or about 3 cups of coffee per day. For some people, too much caffeine can lead to "coffee nerves" which are characterized by insomnia, headaches, irritability and nervousness.

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Monday, March 29
 Soup, ham, scalloped potatoes, asparagus, jello.
Wed, March 31
 Coleslaw, honey garlic ribs, rice, brussel sprouts, coconut cream pie.
Friday, April 2
 Seafood chowder, chicken legs, noodles with cheese sauce, veg. stir fry, cranberry muffins

Finance/Classifieds

Don't sell Canada short

Let's give Canada a fair chance. While it makes sense to have some international diversification in your investment portfolio, don't lose sight of the opportunity available here in the True North. We believe a number of factors are beginning to align themselves in Canada's favour.

From the macro standpoint, conditions in Canada have rarely been better. Don't underrate the significance of our fiscal achievements. Ottawa has balanced its books, and is actually beginning to whittle away at the accumulated debts of the previous 25 years of government. Blessedly, inflation remains dormant. Taxes, at long last, are beginning to ease. Unemployment has fallen to the lowest levels in a decade, and, as noted by our Economist, Karim Basta, the new jobs are spurring consumer demand. Even though hampered by the lowest commodity prices in a generation, our economy continues to post solid growth.

Meanwhile, the U.S. is firing on all cylinders as it enters the final year of a decade that by some financial and technological measures has been its best ever. Robust economic growth continues, apparently unfazed by international volatility. As detailed by Merrill Lynch Chief Economist Bruce Steinberg, manufacturing productivity has expanded at an unprecedented rate. Capital spending, particularly on technology, is expanding at the strongest pace in half a century.

While Canadian equity markets may have underperformed the U.S. in 1998, it would be a mistake to ignore the intrinsic value of many Canadian companies. One limiting factor has been the weak

Canadian dollar, whose performance has been closely correlated to soft commodity prices. Base metals, gold, oil and gas, forest products and agriculture commodities are all fetching prices that will likely spell eventual economic ruin for many producers. The Commodity Research Bureau index is at a 24-year low. More spectacularly, commodity prices, when adjusted for inflation, are at their lowest point since 1800. For Canada, where commodities constitute about 35% of the value of exports, this weakness hurts. Of course Canada underperforms the U.S. markets, when commodity stocks fell from 37% of the value of the TSE 300 in 1996 to a mere 21% currently.

We are looking for stronger commodity prices across-the-board. Crude, currently US\$11.49 per barrel, is forecast to average US\$14.75/bbl this year and US\$17.00/bbl in 2000. Gold, currently, US\$285 per ounce, is forecast to average \$310/oz in 1999. Base metals and forest products are likewise expected to strengthen. (data reflects Feb 24/99)

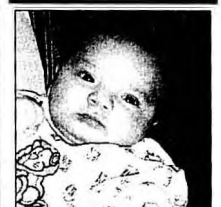
Our hopes for higher commodity prices hinge on resumption of strong international economic growth, particularly in the key Asian region. Much rides on Japan, the second largest economy in the world. One early signal may be that Japan base metal inventories appear to be achieving a balance with output levels. Merrill's Global Metals team points out that has historically been one of the strongest signals of an impending turnaround.

Stronger commodities do several things. First, they provide reinforcement for the Canadian dollar, which is steadily

discounted to the U.S. dollar. A recovering currency adds to the attraction of Canadian stocks. (For instance, Canadian banks are at least 15% cheaper on an overall basis than comparable U.S. banks.) And finally, stronger commodity prices should quickly result in higher share prices for producers. The result of all this could well be a period of relative outperformance by Canada's stock markets.

The point is, don't abandon Canada. Our day will come. -Dunnery Best, CFA Director, Head of Private Client Investing MERRILL LYNCH CANADA INC.

BIRTH



Proud parents Eric Boyd and Anita Harper, and siblings Amber, Nicholas, Angela and Janine are proud to announce the birth of Daniel Jon Boyd, born at the Pine Falls Hospital on February 20, 1999 weighing in at 3,600 grams (8lbs.) A big thanks/meegwetch goes to Dr. Van Zyl and Heather Guimond for their special support in the delivery room.

Anita's co-workers and clients at the Sagkeeng Solvent Treatment Centre are also extended a big meegwetch for Daniel's baby shower.

IN MEMORIAM



In memory of our dear brother Franklin. Who left us one year ago. There will always be a heartache. And often a silent tear. But always precious memories. Of the days when you were here. We hold you close within our hearts. And there you will remain. To walk with us throughout our lives. Until we meet again.

Forever loved and remembered. Your brothers and sisters. And your children, and grandchild.

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Applicants must meet the general entrance criteria of The University of Manitoba or be admitted under the mature student category.

The transition year program will start September 1999 at Sagkeeng First Nation. If you meet the general entrance requirements for the University of Manitoba submit your application to Sagkeeng Education Authority or call 367-2249 for more information.

Deadline for application is April 15, 1999.

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Classifieds

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THANK YOU Words seem inadequate at this time to express my thanks to all who attended or contributed to my retirement party. Your good wishes make good stepping stones as I start this new road in my life.

Special thanks for the flowers, gifts, cards, faxes and to those who attended from out of town. Thanks also to my co-workers at PFPC including my Woods Department family and my curling team for making me feel like a queen during my last week at work.

Friends are forever and my door will always be open in St. Georges.

In grateful appreciation, Lynne Sparrow

FOR SALE 2 bedroom cottage one acre lot, approx. 10 minute walk from Albert Beach. Includes running water, sewer, fridge, stove, electric heat, 2 sheds, located at Traverse Bay on Pitt Rd, priced to sell 367-2958 or 367-2480. t2px-1

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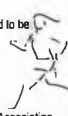
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