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**THE  
POLICE  
BEAT**

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**Sports**  
**TRIPLE GOLD  
FOR DANCING  
BLADES**

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**Community**  
**GRAND OPENING  
OF THE ST.  
GEORGES MEAL  
PROGRAM**

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# the Voice

62¢ plus PST & GST

Vol. 7 #8 THURSDAY, FEBRUARY 25, 1999 Pine Falls, MB



Results of brushing on Johnny's Drive in Belair last Monday

## Butchers of Belair are at it again

Residents of Belair are up in arms over brushing methods by the R.M. of Alexander - and not for the first time.

President of the Belair Property Owners Association, Alex Szabolcsi, protested several years ago, over the spraying of herbicides on Maryglen Road without notifying local residents. He was promised, by the previous council, that residents would be kept informed in future.

Last Fall, during the municipal election, R.M. employees were seen preparing to cut trees on Galway bay. They were stopped by local residents - and left - only to return two days later, when no one was around.

They cut down a clump of birch, some of which were six inches in diameter. They had been there since the area was virgin wilderness.

Protests were lodged with Doug Neal, then Ward one councillor, and candidate for Reeve George Harbottle. Harbottle promised that it would not happen again if he was elected, and Neal was incensed. He said no brushing-by-law had been passed, and the employees were acting without authority. The brushing was stopped, but one resident was told by R.M. staff that it was unfortunate, since it would not now be possible to clear snow on Galway Bay.

Two weeks ago residents noticed that R.M. employees were tagging pegs on property in the area. When asked why, they were told the municipality was widening the roads by eight feet. Again there was a protest to Reeve Harbottle. "We're not going to cut down any of your trees." He said.

A week later mature trees were cut on Tralee Bay.

Last Monday, a contractor for the municipality mutilated Johnny's Drive. What was an attractive country lane is now a much widened road, almost to the property lines. The contractor carefully went around, and

cont'd pg. 2

## Hung jury ends second manslaughter trial

by Bruce Spence  
(c) KC News Service

For the second time, on February 11, 1999, the Queen's Bench trial of a Sagkeeng man charged with manslaughter ended when a 12 member jury could not reach a unanimous verdict after two days of deliberation.

Kelly Alton Courchene was charged a few days after Greg Guimond died the night of December 7, 1996, at his home on the Sagkeeng First Nation. Courchene's first trial in September last year also ended with a hung jury.

In both trials the Crown had argued that Guimond died of an internal injury resulting from a beating he received from Courchene. Defense Counsel John McAmmond maintained that Courchene never actually beat Guimond severely enough to cause such an injury.

Crown Counsel Dale Schille relied heavily on evidence given by Kimberly Morrisseau, a Sagkeeng resident who knew the accused and the deceased, and by RCMP Constable Dave Sparrow who conducted the initial investigation. The court also heard medical evidence from acting Chief Medical Examiner for Manitoba, Dr. Thambirajah Balachandra who conducted the autopsy on Guimond.

The February trial was very much like the first.

Court heard from a number of eye witnesses that on the second evening of a two day drinking and cocaine party Courchene fought with his nephew, Jesse Courchene, and that Guimond told them to stop fighting. Guimond was said to have been grabbed by his clothing by Kelly Courchene and struck in the head area but there was conflicting evidence about what happened next.

Jesse Courchene testified that he fought with Kelly, suffering a chipped tooth and a bloody nose but could not remember an altercation between Kelly and Greg Guimond. He said Guimond fell off his chair backwards half an hour after the fight was over and was moved over to couch where he tried mouth to mouth resuscitation.

Clayton Courchene and Annette Meeches said Kelly and his nephew Jesse fought and that Guimond went over and told them to quit and was roughed up by

Kelly. But, they said, the fight stopped and all resumed drinking at the kitchen table when some time later, Guimond slid off his chair.

Kimberly Morrisseau was the only eye witness who testified that she saw Courchene beat Guimond. She said after everyone involved in the initial altercation had returned to the kitchen table and resumed drinking, Courchene reached over, grabbed Guimond punched him, then kicked and stomped him after he fell to the floor.

All witnesses said Cardio Pulmonary Resuscitation (CPR) and mouth to mouth resuscitation was attempted on Guimond by a number of those present, by Cst. Sparrow and by ambulance technicians arriving at the scene.

There was also conflicting evidence as whether Guimond was on the couch or on the floor when CPR was performed.

Dr. Balachandra said Guimond had only one microgram of cocaine in his blood; more than 100 would be needed to be toxic. Guimond had a blood alcohol level of .290. He also confirmed that the cause of death was a ruptured mesentery, an internal membrane located inside the mid-section that supports the bowel. He said the injury was caused by a blunt force trauma consistent with a 15 to 20 foot fall, a car accident, by a kick or kneeling or hard hit with a fist and in some cases by an intentional force with the palm of a hand with the person on a floor. He said an injury like that would cause a significant amount of pain.

"A person would react shouting, crying, curling up," Balachandra said. "Even a person who is inebriated would react to this kind of pain."

Balachandra also said there were no bruises on Guimond's rib cage.

The trial opened February 1. The seven woman, five man jury began its deliberations Wednesday, February 10 and announced they were dead locked at 2:00 PM February 11. Madame Justice Holly Beard asked them to try again but dismissed them at 5:15 that afternoon.

Courchene will appear in Court March 10 to set a date for a third trial. He was ordered to abide by the conditions of a \$2,000 surety.

**PINE FALLS HEALTH COMPLEX  
IMPORTANT NOTICE!**

Please note that there will be one Physician providing care to the entire community from -  
**Friday, February 26 to March 7, 1999 Inclusive**  
There will be a doctor on call for Emergencies Only

Opinion

**YOUR VIEW:**  
Letters to the Editor

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Pine Falls, MB  
R0E 1M0  
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**Aboriginal voters urged to defeat Praznik**

Dear Editor  
It looks like Sagkeeng, Little Black River and Hollow Water could be in the firing line of Darren Praznik's come election time. Traditionally voters from our communities have not been high on the list around it will be a different story. The voting age population of these communities is significant. With the recent glee that Praznik demonstrated at getting out of the health portfolio, it makes you think about how sure the health care system is normally major if you are denied, you wouldn't be jumping for joy. We will see

the results of the job Praznik has done at the election poll. It was Mr. Praznik that criticized Aboriginals for their choice of lifestyle. In his mind of Mr. Praznik (and many other ultra right wing groups), Aboriginal people cause their own misery, like having AIDS, Diabetes, heart disease and so on. With the Aboriginal majority we saw visible government funds about Aboriginals. They're doing anything to stop an Aboriginal sensitive person from getting elected. The government expects people that blame did not know anything about the consequences. No one

with any sense believe this. He lies and closes friends were caught and admitted their guilt. To these people Aboriginal people are nothing.  
It is time for these communities to come in block and show Mr. Praznik that Aboriginal do count. You can make a difference. This government ignores these communities. If you want the government to listen, make sure to get out your vote at election time. These communities have the numbers to dictate who will represent them. *Allegewatch*  
*Steve Courciene*

**Cottage owners ask for consultation**

The following is a letter from the President of the Belair Property Owners Association to the R.M. of Alexander concerning brush cutting activities in Ward 1 areas.  
Dear Rose Marie  
It is my understanding that the Municipality is conducting a road widening project cutting program in the Ward 1 areas.  
In the past through our association, we've expressed our opposition of the Municipality in providing with consultation and involving the Association in any activities affecting our development prior to proceeding with the work. Following a detailed appraisal of the outside activities Road (in the summer of 1997) without notification, the then present Council have agreed not to conduct any brush cutting programs in the future without the approval of our Association.  
Again we received no prior notification of the new widening work project and we feel that, as residents and taxpayers we merit to be involved in the decision making of such destructive activities.  
We understand that in some specific areas the roads are overgrown with trees and brush, which impairs the operation of road clearing equipment. Hence we are asking, if it is necessary to

clear the roads up to or near the property line, making the work as if we reside next to a divided highway.  
Our Association has been in contact with a large number of cottage owners and will strongly oppose to such destructive program, which will result in less than believing of the area and subsequently our properties.  
We request that you arrange

an onsite meeting with your staff and the representative of our association, to discuss and agree on the extent of the necessary brush clearing prior to proceeding with the widening program in our development.  
*Respectfully submitted,  
Don Sattinen, President  
Belair Property Owners Association*

**Belair butchers from pg. 1**

behind, hidden rates and other signs, giving the lie to the assertion that brushing was needed to enable snow ploughs to get through. From the sites of the road, snow ploughs of brush and trees are standing up through the snow. They will be there until they rot, a continuing eyesore.  
Satisfactions written to the R.M. in behalf of local property owners demanding that local people be consulted before any more brushing takes place. (See letter, this page.) Residents have the feeling that the municipality is out of control. Long dead was of the opinion that the brushing is a make work project for employees who would normally be laid off, however the work on Anthony's Drive was by a contractor, approved and paid for by the Mayor and Council. Next, who as a councillor, was uninvolved in the concept of the brush cutting forming its own municipality is now a relevant supporter, as are many other residents.  
The issue was discussed at last Tuesday's council meeting when it was decided that any future brushing on Belair Properties would be discussed with a representative of the property owners association. Want one Councillor, Diane Bourgeois, and the R.M. Paula Mousaloman, Rose Marie said "We want destructive, but we have a responsibility for safety. The safe safety of intersections, access for emergency activities, road maintenance and snow clearing all those to be taken into consideration."

**the voice**  
The voice is an independent weekly newspaper published out of Pine Falls, MB. Advertising deadline is Friday at 6:00 pm.

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**Community Billboard - ph 367-4466**

**LIBRARY MILAUND:** Library Hours: *Open: 10:00am to 5:00pm Wednesday, 10:00am to 5:00pm 6:30pm to 8:00pm Thursday, 10:00am to 5:00pm 6:30pm to 8:00pm Friday, 10:00am to 5:00pm Saturday: 10:00am to 4:00pm*  
**KNIGHTS OF COLUMBUS:** Meetings every second Tuesday of the month in the basement of the Powerview Church.  
**ST. MARY'S GARDEN CLUB:** Grubbing - every 4th and 5th Monday of the month at 1:30pm. *Planting - every Thursday of the month at 1:30pm.*  
**WINNIPEG RIVER SENIOR SERVICE INC.:** Meetings: 1st & 3rd Tuesday of every month at 1:30pm.  
**WINDY HILLS BUSINESS ASSOC.:** Meeting - Every first Monday of the month at 10:00pm. *October through May: 7:30-2:30pm.*  
**ALCOHOLICS ANONYMOUS:** Sun Rise Group - Meetings every Monday, Wednesday and Friday 7:30am to 8:30pm. *Last Friday of the month open to the public located at St. George's Catholic Church Basement.*  
**PINE FALLS LUTHERAN:** Meetings held 2nd Thursday of the month. 7:30pm. *Legion Meetings held at Legion on Fridays from 8:30 to 9:30pm.*  
**PINE FALLS MASONIC LODGE # 254:** Meetings on second Friday of every month in the Pine Falls United Church. *Excess Jan. & Feb.*  
**BADMINION:** Pine Falls School Gym. Sunday & Wednesday nights. 7:00 - 10:00pm.  
**POWERVIEW GARBAGE PICKUP:** every Wed. Recyclable pickup every 1st & 3rd Thurs. of each month.  
**P.A.S. MEETING:** every 4th Thursday of each month at 7:00pm.  
**MILLAGE ON POWERVIEW MEETINGS:** every second Tuesday of each month.  
**WINNIPEG RIVER SENIOR SERVICE INC.:** Coordinator: Tina Polischuk. Office: Pine Falls Health Complex. Telephone: 367-4421. Hours: 10:00am - 5:00pm Monday - Friday. Services: Transportation, Home Maintenance, Food Care, Volunteer Work, Information, FAMILY CARE CENTER SUPPORT GROUP at the United Church, Pine Falls. Last Thursday of the month at 7:00pm.  
**AAA ALUMNI:** The Bachelors family group. Thursday at 8:00pm. Senior Centre. *Reserve: Beach - 1. Annual Road 7:30-8:00pm in 2nd-2nd Rd.*  
**PINE FALLS LIBRARY:** Library hours will be from 9:30am until 5pm Monday - Thursday.  
**HAPPY BIRTHDAY CARE:** The Happy Birthday Club. 7:00pm - 7:30pm. Pine Falls. 367-4400 - 367-2000. *held bi-weekly meetings in the last Monday of each month. 7:00pm at the Davers.*  
**HONORSCENE INC.:** 4-11 Athol Rd., Victoria Beach. General Meetings every 2nd Tuesday of the month. *4th Classes Wed. 7:00am. Wind Carving Wed. 7:00pm. Movies: Tue. 7:00pm. carpet bowling: Fri. 7:00pm. Bingo: Fri. 7:00pm. Call 367-6464 for more information regarding activities.*  
**SCHIZOPHRENIC SUPPORT GROUP:** Support group for families of those with schizophrenia. *held every third Wednesday at 7pm at the Pine Falls Senior Library.*  
**LAKESHORE ELITEEN GROUP:** Meet Thursdays at 10:00pm - 11:00pm. *Let do dinner Health Centre. 49 McIntosh St. Starts Sept. 30th. Call Laine 367-6227 or Vicki at 367-6520.*  
**SUNRISE SINGERS:** Meet every Monday evening 7-9pm. in the Pine Falls United Church. *New members welcome - Choir master - Fern Peters. piano: Gwen Welch.*  
**BEACHES HELP CENTRE:** 367-4400. Wed. 4-9pm. Fri. 10am-7pm.  
**POWERVIEW PARENT ADVISORY COUNCIL:** Meetings 1st Thursday of Every Month.

**Church Services**  
**NOTRE DAME DE LAIS:** POWERVIEW - St. Evienne - 10:00am English, Sun & Mon (French) 10:00am (English) 5:00pm - Sat. 5:00pm.  
**PINE FALLS UNITED CHURCH:** Sunday services Sunday school 10:00am. *Choir: 10:30am. Office Hours: Tues-Fri. 9:00am-12:00pm. Tel: 367-2423.*  
**PINE FALLS ANGLICAN CHURCH OF THE ADVENT:** 295-1514. *Worship: 10:00am. Sun. 10:00am. Sun. 10:00am. Sun. 10:00am.*  
**ST. THERESA'S:** Masses at 9:00am, 10:00am, 11:00am, 12:00pm, 5:00pm, 7:00pm, 8:00pm.  
**ST. GEORGE'S:** Mass Sunday at 10:00am and 11:00am.  
**ST. JAMES ANGLICAN CHURCH:** Grand Masses: 8:00am, 10:00am, 11:00am, 12:00pm, 5:00pm, 7:00pm, 8:00pm. *1st & 3rd Sunday: 10:00am. Morning prayer: 11:00am. 1st & 3rd Sunday: 10:00am. 1st & 3rd Sunday: 10:00am.*  
**TRINITY ANGLICAN CHURCH:** 10:00am, 11:00am, 12:00pm, 5:00pm, 7:00pm, 8:00pm. *1st & 3rd Sunday: 10:00am. 1st & 3rd Sunday: 10:00am.*  
**ST. JOHN'S ANGLICAN CHURCH:** 10:00am, 11:00am, 12:00pm, 5:00pm, 7:00pm, 8:00pm. *1st & 3rd Sunday: 10:00am. 1st & 3rd Sunday: 10:00am.*  
**CHRISTIAN FAITH FELLOWSHIP:** - Bible study 7:30pm. *Church Services at 10:30am. Sunday School at 10:00am.*  
**HOUSE OF PRAYER FULL GOSPEL:** - 2:30pm every Sunday. *Scriptures: 10:00am, 11:00am.*  
**ST. MARGARET R.C. MISSION:** 1st Rd. - Transverse Bay. 11:30am. *Sunday Additional Mass and June-July Labour Day 7:30pm. Saturday Church: November 1 - April 30th.*  
**ST. ALEXANDER R.C. CHURCH:** located at Sagkeeng. 1st Nov. Sunday Mass 10:30am.  
**ST. THERESA R.C. MISSION:** 68 Gladale Ave., Grand Marais. Mass of Community Service 7:30pm. *Saturday 1st Sat. of Nov. to last Saturday of April.*  
**SAGKEENG CHRISTIAN FELLOWSHIP CHURCH:** - Lloyd Gouvan. *1st & 3rd Sunday 10:00am. Service Thursday 7:30pm. and Sundays 2:00pm.*  
**CHRIST CHURCH ANGLICAN:** - Sunday 2:30pm. in Hollow Water.

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**CHRIST CHURCH ANGLICAN:** - Sunday 2:30pm. in Hollow Water.

**The Police Beat**  
C.J. (Carl) Dinsdale, CST.  
Powerview Detachment

**Questions, Comments and Queries**  
One out of three is n't bad, and this week it's comments, but just a couple. Let me know what you think, whether you agree or disagree, good or bad, let's have it.  
C - It's a shame to read about the number of seemingly senseless twits behind the wheels of cars in our community, who knew? Everybody, we just didn't say anything about it! Thank you for the place to vent, it's long overdue. - unsigned  
C - You guys should have hoses not guns. All you've been doing for years is put out fires. - anonymous  
(I think I get the metaphor, but please write in again and elaborate.)  
C - Groovy fur hats! You're definitely not the fashion police. - anonymous, Powerview, MB  
(No comment)  
It's refreshing to see some criticism coming our way, but in order to deal with concerns, some detail is required. I sincerely hope that the person with the fire comment writes again and elaborates. For everyone else, give me something to write about or just have your say, either way get involved.  
**Alcohol and Crime**  
Most of us drink liquor in social settings and it generally involves a festive occasion. Parties, holidays or Friday night, basically we just want to have fun. Unfortunately liquor is a mood altering substance and affects our judgement and decision making. We generally become more uninhibited and, well, goofy. Some however have the habit of becoming incredibly stupid and the decisions made while drunk end up involving the Police. Let's be very clear, drunkenness is not a defence for any charge. It was tried once in Ontario and the Judge asked the defence counsel if he was drunk when he brought it up in Court. Whether drunk or sober, we are responsible and accountable for our actions.  
The reason I chose this topic is that without alcohol many situations that the Police are called to would never happen.

**News**

Without looking up the statistics, I can safely say that 80% of the offences against persons reported to the RCMP are directly related to alcohol being consumed by one or more of the people involved. Offences against persons include all assaults, threats and violence between people.  
As far as prevention goes in these offences, all I can say is use common sense. If you know someone is a mean drunk or looks for trouble when they are drunk, don't drink with them. If you see a friend or relative getting excited or out of control, cut them off or try to calm them down before things get out of hand. Last but not least, don't let anyone you know drive drunk, believe me you will always get a thank you the next morning. That wraps it up this week, if you want to see a piece on a specific topic, let me know.  
Play Safe  
If you are wondering how to get your questions or comments published, they can be submitted to The Voice at the drop off pouch on the door or by fax. They can also be dropped off at the Detachment or, if you see me about, do it in person. I'll keep the fur hat on it's leash.

**CRIME STOPPERS**

**Toll Free Line 1-800-782-8477**  
Manitoba Crime Stoppers inco-operation with the Sagkeeng First Nation, Wing Construction Co. Ltd. and the Powerview RCMP detachment would like your assistance in solving the following crime.  
Between the dates of October 14th, 1998 and October 27th, 1998 a tractor trailer belonging to Wing Construction of Thunder Bay, Ontario had the padlock cut and the entire contents of the trailer stolen. The trailer in question was parked at a construction site at the west end of Sagkeeng First Nation, also known as Fort Alexander Indian Reserve, located on the south shore of the Winnipeg River just west of Pine Falls, MB.  
The list of good stolen from the trailer are as follows:  
- 2' level and leather carpenter pouch, approx. 400 sheets of 3" blue SM foam insulation, approx. 600 2"x4" framing lumber, approx. 200 2"x4"x8' framing lumber, approx. 300 1"x2"x8' framing lumber, approx. trouble light extension cord, eight 100' all weather electrical cords, one heavy duty wheel barrel, one job site box, one Sokkisha DT-6 digital theodolite photo transit, case and tripod, one Porta Cable saw, one Dewald 1/2" drill, three 500 watt halogen job site lights, two am/fm radios, one coffee maker, one side kick saw, one 250' heavy duty 4 wire grounded electrical cord, one Honda 2500 gas generator, six shovels, three rakes, two construction bars, one 5', one 4', one 2" submersible pump and 50' hose, two 8' chokers (lifting slings), one 1 1/4" clevis, twenty insulated tarps, one axe, three sledge hammers, two 5 gal fuel containers, misc. assortment of saw blades and drill bits.  
Due to the amount of goods stolen, the culprits either had a large truck of their own or made several trips in a smaller truck. Value of goods stolen is in excess of \$30,000.00.  
Should you have any information concerning this or any other crime please call Crime Stoppers at 1-800-782-8477. Crime Stoppers will pay up to \$2000.00 dollars for information leading to the arrest and conviction of persons responsible for this or any other crime. Crime Stoppers does not subscribe to call display and your anonymity is guaranteed. *C.J. Dinsdale, Constable, Powerview Detachment*

**BLUE WATER MEDICAL GROUP**  
Will operate as a WALK IN CLINIC only  
March 1 - 5 Inclusive  
There will be only ONE DOCTOR on site.  
9:30am-11:30am & 1:00pm - 4:00pm

**The Rusty Nail Tavern**  
Presents...  
Friday & Saturday, February 26 & 27  
**The Road Kings**  
NO COVER CLASSIC ROCK BAND

**1998 INCOME TAX**  
PROFESSIONAL INCOME TAX PREPARED  
LOCALLY AT PAPERTOWN  
Starting January 16th  
Very Reasonable Rates  
For appointment please call Sandra (Sandy) at (204) 467-2969

**Mice and Elephants can share the road**  
Mice just need to be more careful!  
Trucks are getting longer, taller and wider. Cars are getting smaller. Big trucks have big blind spots called NO-ZONES - areas behind, beside and in front of them where they can't see your car. A car can safely share the road with a truck. Don't get trapped in a NO-ZONE!  
\* If you're following a truck and you can't see either of its side view mirrors, the truck driver can't see you.  
\* Truck drivers sometimes need to swing wide to the left to safely make a right hand turn. Give trucks plenty of room, never cut between them and the curb when they're turning right.  
\* When passing, look for the whole front of the truck in your rear-view mirror before pulling into the lane in front of it. Maintain a consistent speed and don't slow down or stop directly in front of a large truck. At 100 km per hour, a large truck requires more than the length of a football field to stop.  
**"Watch out for the NO-ZONES!"**  
The NO-ZONE program is a Manitoba RoadWise Initiative sponsored by Manitoba Public Insurance, the Manitoba Trucking Association and the Transportation Safety and Regulatory Services Division of Manitoba Highways and Transportation. For information on the NO-ZONE call 1-800-261-9928.

Sports

1999 Canada Winter Games  
Team Manitoba - Female Hockey

The 1999 Canada Games Female hockey team recently completed their pre-competition schedule leading up to the event. The 1999 Canada Winter Games is scheduled for Corner Brook, Newfoundland from February 21 to March 6, 1999. Team Manitoba Female Hockey Team leaves February 27 and returns March 6.

The pre-competition schedule was a great building block as Team Toba continually improved. At the first pre-competition weekend in September Team Toba were put through the paces as the

team participated in two practices, one exhibition game and fitness testing. The exhibition game was against the University of Manitoba Bison's Female team. The Bison's won this contest 4-1 even though they were out shot 41-18.

The second pre-competition weekend was held in Bredenbury, Saskatchewan as Team Toba played exhibition games against the Saskatchewan Canada Games Team and the University of Regina. Game one against the Saskatchewan Canada Games Team was a

hard fought battle but Saskatchewan was able to pull away in the third period winning 6-1. The second game for Team Toba was against the U of R and Team Toba dominated from start to finish winning 12-1. The final game, against the Saskatchewan Canada Games team was close through two periods as the score was 3-1. In the third period, Team Saskatchewan took the play to Team Toba scoring 6 goals and winning 9-2. Team Toba coaching staff remained positive after the weekend because there was a lot of positive developments throughout each game even though they lost two of three. The biggest difference was team fitness as Team Toba in both games against Team Saskatchewan ran out of gas in the third period.

The third and final pre-competition weekend was held in Winnipeg consisting of two exhibition games against the U of M Bison's Female Team. Team Toba played very well the first game as they went on to beat U of M 4-2 and out shot them 35-13. The second game had the save result as Team Toba won 2-1 in a hard fought battle and out shot U of M 29-13. This weekend avenged the 4-1 defeat to U of M earlier in the year.

Each weekend Team Toba has been together involved in exhibition games, practices and team building. The coaching feels the team is slowly string to grasp the systems and team concepts they are trying to instill.

Team Toba will be gathering one more time for a practice session. This will take place on February 26, the night before we leave to Corner Brook. The coaching staff has

expressed both positive and negative reviews of the Teams schedule in Corner Brook. The positive is we arrive on February 27 and do not play our first game until the evening of March 1. This allows the team to get a couple more practices in, climatize themselves to the weather and take in some of the Canada Games atmosphere before they play. The negative is the schedule has them playing four round robin games in a row with the last two games against Alberta and Ontario with only 14 hours rest between games.

Team Toba consists of players representing 8 or 10 Regions in Manitoba. The breakdown is as follows: Winnipeg - 5, Central Plains - 1, Eastman - 2, Interlake - 1, Parkland - 1, Westman South 3, and Yellowhead 2.

This year Team Toba has two sites, who have made the team, they are Jocelyn and Aimee Collins from Pilot Mound, MB. Jocelyn is 16 years old and Aimee is 14 years old. They both play on the same club team together, the Pilot Mound Pilots.

For more information please do not hesitate to contact Director of operations Chris Tauber at 204-925-5762 at the Hockey Manitoba office or Head Coach John Townsend at 204-937-2161 (residence).

Sandbag News

TEAM POINTS:

1. Philip Bouthillier 66
2. Jeanne Lavoie 41
3. Jos Vincent 33
4. Eliane Boulet 26
5. Victor Vincent 24
6. Edgar Vincent 20

HIGH SCORE MEN:

1. Edgar Vincent 8280
2. Victor Vincent 7600
3. Alex Kalychuk 6850

HIGH SCORE WOMEN:

1. Ginette Vincent 7330
2. Jeanne Lavoie 7290
3. Marguerite Boyer 7150

300's:

- |                     |    |
|---------------------|----|
| Lindsay Kaminawaish | 20 |
| Colette Vincent     | 8  |
| Heather Dufour      | 8  |
| Darren Dufour       | 7  |
| Andrea Frechette    | 7  |
| Sam Kush            | 4  |
| Honore Dupont       | 2  |
| Carolus Vincent     | 2  |
| Alain Majeau        | 2  |
| Philip Bouthillier  | 2  |
| Marguerite Boyer    | 1  |
| Eugenie Vincent     | 1  |
| Ginette Vincent     | 1  |
| Jeanne Lavoie       | 1  |
| Erik Kesanen        | 1  |
| Mike Lussier        | 1  |
| Diane Houston       | 1  |
| Irene St. Pierre    | 1  |

Carillon League Pee Wee 'A' Hockey Standings

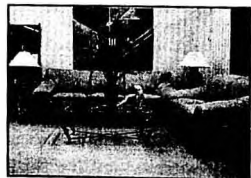
TEAM	GP	W	L	T	F	A	PTS.
Sagkeeng	18	17	0	1	147	23	35
Oakbank	18	14	2	2	135	43	30
Pinawa	18	12	4	2	83	62	26
Landmark	18	10	6	2	98	71	22
Pineview	18	9	7	2	64	66	20
Ile des Chenes	18	8	8	2	94	80	18
Lac du Bonnet	18	6	11	1	70	113	13
Steinbach W	18	2	12	4	57	108	8
Steinbach Blue	18	2	14	2	48	111	6
Beausejour	18	1	17	0	43	134	2

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Sports

Triple gold for the Dancing Blades

The Dancing Blades Figure Skating Club had skaters attend the Eastman Regionals in Pinawa on January 30, 1999.

In Pre-Primary Ladies (9 & under) Freeskatte, Danis Actimichuk placed 2nd and received a silver medal, Kailey Actimichuk placed 4th, Stephanie Murray 6th and Kathleen Frederick placed 9th.

In Pre-Primary

Ladies (10 & over) Freeskatte, Megan Frederick placed 2nd and received a silver medal.

In Primary Men Freeskatte, Ryan Dahl placed 3rd and received a bronze medal.

In Pre-Juvenile Men Freeskatte, Jason Dahl placed 1st and received a gold medal.

In Primary Dance, Ryan Dahl and Kelliann Kralka tied for 1st and both received gold medals.

In Primary Men Elements, Ryan Dahl placed 3rd and received a bronze medal.

In Pre-Primary Ladies (9 & under) Elements, Kelliann Kralka placed 4th, Kailey Actimichuk placed 5th, Danis Actimichuk placed 6th, Stephanie Murray placed 7th, Ashley Desloges placed 10th and Kathleen Frederick placed 14th.

In Pre-Primary Ladies (10 & over) Elements, Megan

Frederick placed 2nd and received a silver medal and Alisha Carlson placed 4th.

In Pre-Juvenile Men Elements, Jason Dahl placed 2nd and received a silver medal.

In the Canskatte Team competition, The Dancing Blades placed 4th.

Congratulations to all the skaters who participated. Good luck to Jason, Ryan, and Kelliann as they go on to provincials in Selkirk.



(right) Gold Medalists in Primary Dance - Ryan Dahl and Kelliann Kralka



Jason Dahl (centre) won a gold medal in the Pre-Juvenile Men Freeskatte

Great Falls Curling Club Glo-Spiel

March 12, 13, 14  
Cash Prizes  
\$100 Entry fee per team

Steak Dinner  
For more information call  
Nick Ogryzlo 367-9170.

Agassiz School Division No. 13

Applications are invited for the term Comptroller position to begin March 15, 1999. The applicant must be a minimum 3rd level CGA or CMA student and have experience using spreadsheets and word processing packages. The successful candidate will be a self starter and able to work well on their own. Salary dependent on qualifications.

Resumes stating qualifications, experience, references and salary expectations should be submitted by 4:30pm, March 3, 1999 to:

B. Lynn Braidon, CMA,  
Secretary Treasurer  
Agassiz School Division No. 13  
Box 1206  
Beausejour, MB R0E 0C0

Phone: (204) 268-6514  
Fax: (204) 268-1419  
E-mail: divoff@mb.sympatico.ca

Two fish derbies in a row

This weekend and next there will be two ice fishing derby's on the Winnipeg River. The first, this Saturday, The St. Georges Voyageurs Hockey Club will be hosting a derby above the Pine Falls Generating Station, off Nathan Chevreffis Creek, South of St. Georges. Registration is on the ice between 8:00 am and noon. The derby itself runs from noon to 3:00 pm. There are twenty prizes from \$300 to \$4,000. The cost is \$40 per hole, with a maximum of two holes per person. Hot food and drinks will be available. Call Ray Houston at 367 8533, or Dave Lagasse at 367 2460 for more information.

The following Saturday, The North Stars Men's fastball Club are holding a derby on the Sagkeeng North Shore, off Abraham's Point, close to the North Shore Ball Park, from 1:00 pm to 4:00 pm, registration begins at 9:00 am and



5 Pin News

Week #16

The ladies high games were: Doris Kahle 276&212, Shirley Admas 248, Sharon Tremain 229, Evelyn Dodds 221, Mandy Dankowski 218, Danyse Smith 214, Kim Fisher 203&203.

The men's high games were: Todd Jesseau 258, Roy Carlson 243, Jerry Gauthier 242&217, Dwayne Duff 235&204, Pat Papineau 220&210, Pete Richardson 208.

The female bowler of the week was Doris Kahle for her game of 276 which was 85 pins over her average.

The male bowler of the week was Roy Carlson for his game of 243 which was 75 pins over his average.

The Legion Special was won by the Richardson Team for their 3 game total of 3331.

Other comments: This weeks High Triple Games were: Doris Kahle 666, Todd Jesseau 619, and Dwayne Duff 601.

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Investment Advisor  
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Steve Day  
Beausejour 268-3778



Brenda Postnikoff  
Beausejour 268-3778



Zane Hunter  
Beausejour 268-3778  
Whitemouth 348-2359



Raymond Vinck  
Pine Falls  
367-4477



Tammy Kunz  
Pine Falls  
367-4477



Jenny Peterson  
Lac du Bonnet  
345-9777



# South Interlake

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## Pacer Report

### Powerview School Pacer Report

#### Resource Corner News

Powerview School has two members on their English Early/Middle Years Resource team - Diana Klassen (Early Years) and Darlene Cowie (Middle Years). Together with other support team members, the Resource Program focuses on meeting the academic and behavioural needs of individual students throughout the school. Assessment of students and program planning assists teachers in making the necessary adaptations or modifications for children who may experience learning difficulties or who may need enrichment.

Through various types of professional development activities, as a team, we are able to reflect upon current school needs, concerns, programs and strategies. Teachers have started to meet every second week during noon hour to discuss different

curricular topics. Recently several teachers had the opportunity to visit Centennial School and two other schools in Winnipeg #1. It was a great way for teachers to observe and pick up effective ideas in teaching the students.

Vision and Hearing Screening of students has just been completed by a team of volunteer parents. We appreciate their hard work in making the task run so smoothly. Parents have been notified of students needing further referrals.

Powerview School continues to pilot Spelling Sourcebook Program in the Early and Middle Years. The program began in January, after completion of inservicing by Karen David, Agassiz School Division's English Language Arts Coordinator. The program is based on 1200 most frequently used words. These words make up the students' spelling lists and are used in proof reading of all daily written work.

Ongoing monthly assessment will monitor the successes of the program.

This year our E.L.E.N.S. program is concentrating on the Early Years Level, specifically in the area of Mathematics. With the new Mathematics Curriculum now in use, it is important that children have a firm foundation of skills at the beginning levels. This is important for future skill building, mastery of mathematical skills and higher mathematical development. A concentrated team effort will help to ensure a more successful Math year for our Early Years children.

Working together for the success of all students is our goal.

#### Resource Corner News - Feb. 15

(Catherine Campbell)  
The high school's second semester is now

underway. Many students have entered new courses as of Monday, February 1, 1999. Some courses, however, run full year, therefore giving students opportunity to seek assistance and take on a more focused, dedicated approach to courses in which they didn't experience a great deal of success or in which they did not achieve to their fullest potential.

The school continues to encourage parents, grandparents and guardians to ask their children to show you some of their course notes, assignments and completed tests. Many students are doing excellent work and even high school students often appreciate a fuss made over their academic accomplishments or a gentle reminder to stay focused on their academic goals. By asking to see their work regularly it often can help to strengthen their focus on their work while at the

same time reinforcing to them your interest in their school assignments and achievements.

On average high school teachers give tests in their courses every two weeks. If you observe or sense that your child is experiencing difficulty, anxiety or lack of motivation related to a particular course we have found that it is best to inquire and deal with the concern as early as possible. The earlier academic or behaviour problems are identified the greater the likelihood of finding a positive solution or plan. Ms. Campbell is available to assist students and teachers with identifying adaptations and learning strategies, as well as to reach concepts of difficulty to students. Students can approach her regarding making appointments during their lunch hour, after school or during their study periods. As well, classroom teachers will often gladly spend extra time with students at lunch hour or during their prep periods if given adequate notice. Please feel free to phone or drop by the school if you or your child has an academic concern, or if you want to find out information regarding a student's progress.

The high school has implemented "homerooms" for students. The idea is to ensure that all students in their senior years have a teacher that is there for them. The homeroom teacher is assigned to the student for their entire senior years at Powerview School. Their role is to follow and support their homeroom students' academic progress and goal setting. If you are not aware of who your child's homeroom teacher is, please be sure to ask them.

A key goal of resource teachers is to strive to assist in providing information and support to ensure that students have a maximum opportunity to experience school success. Parent involvement, creative programming, student commitment and the school teamwork are all vital in this process.

A second Youth Forum involving Gr. 8 - Senior 4 students took place on Tuesday, February 9th at the school. Fifty students attended the first forum in December and a similar number of students were in attendance last week. The forums have provided an opportunity for the students to explore and voice their concerns regarding youth issues and wellness in the community. They have made a video to encourage community members to attend a community night. The youth wish to share their concerns and ideas regarding wellness with the community. Watch for the commercial on the cable channel this week, advertising the community night, which will take place at 7:00 p.m. on February 25th at the Pine Falls United Church.

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#### Agassiz School Division No. 13

#### ANNOUNCEMENT - PUBLIC MEETING

Agassiz School Division No. 13 invites the public to attend The Annual Budget Presentation for the School Year 1999-2000.

Place: Centennial School - Lac du Bonnet

Where: Multipurpose Room

When: March 3, 1999 at 7:00pm

### Whiteshell Advantage

Economic Development Authority of Whiteshell

The Economic Development Authority of Whiteshell has engaged a marketing company, Prairie Research Associates, to conduct a telephone survey in the Eastman Manitoba area.

The goal of the survey is to gather information on

- Job skills and work experiences of residents
- Current levels of education and training
- Future education and training needs
- Attitudes toward particular job types, wage ranges, and locations.
- Likelihood of continuing to live in, or returning to the region.

The EDAA believes the results of the survey will provide a profile of our labour market that is required to attract new businesses and industry to the region.

The survey has the support of the mayors and reeves of the region. Please take some time to answer these important questions should Prairie Research Associates contact you.

Economic Development Authority of Whiteshell  
Box 550, Pinawa, Manitoba R0E 1L0

Tel: (204) 753-2051

Fax: (204) 753-2146

Notice is hereby given that the Manitoba Department of Natural Resources, Forestry Branch intends to conduct the following pesticide application programs:

1. To control Spruce Budworm infestations in coniferous forests using the biological chemical "Mimic". Control programs will be conducted within the following areas: Lac du Bonnet, Sandy River, Mangolagan, Sprucewoods Provincial Forest, Athapapuskow, Goose, Namew, Yanush, Alik, and Rocky Lakes.
2. Control competing shrubs and hardwood saplings in coniferous plantations using the herbicides "Vision" and "Release" in or near the following areas: Bel-Air Provincial Forest, Agassiz Provincial Forest, Duck Mountain Provincial Forest, Porcupine Mountain Provincial Forest, Marchand, Berens River, Lake St. George, Simon House, Simon House Lake, Prospector, Cliff Lake, Guthrie Lake, Snow Lake, Axis Lake, Rice Creek and Sipwask Lake.
3. Control of grasses, herbaceous and woody competition during site preparation of coniferous plantations using the herbicides "Vision" and "Velpar" in the following areas: Porcupine Provincial Forest and the Duck Mountain Provincial Forest.
4. Control White Pine Weevil in White Spruce Family Test sites using the insecticide "Methoxychlor" within the following areas: Shorfdale, Boggy Creek, Rice Creek, Currie Landing, Mantago Lake, Root Lake, Simon House and Pine Grove.
5. Experimental control of dwarf mistletoe in jack pine with the herbicides "Release" and "Vision" in the following area: Belair Provincial Forest.

The projected dates of application will be from May 1, 1999 to November 30, 1999. All pesticides used and procedures applied will be in accordance with Federally approved label requirements and recommendations set by the Manitoba Department of Environment.

The public may send written submissions within 15 days of the publication of this notice to Manitoba Environment, 123 Main Street, Suite 160, Winnipeg, Manitoba, R3C 1A5.

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## Health

### Intuitive Healer Coming to Pine Falls

Submitted by Elaine Pinnell

Brenda Fetterly, a native of the Sudbury area (Canada), assist in unblocking the energy locked up in the emotional body. This creates a chain reaction, promoting health and well-being at a physical, mental and emotional level within the human energy field. Unblocking the energy also aids the physician that everyone has inside themselves to open the necessary "chemicals", to enhance the natural healing process within the physical body. Brenda has an extensive background in

vibrating healing, auras, balancing and attunement, understanding to a deeper depth, the connection between the mind, body, spirit and energy. Brenda has moved beyond her experience as a Reiki Master and Therapeutic Touch into her own field of expertise.

A very unique individual with a remarkable gift, Brenda Fetterly has a mystique about her that is something to see. She inspires one's awareness which enhances the quality of one's life, and strongly believes that the energy of love promotes the

healing process... she is a pioneer in her field.

To label Brenda and classify what she does would be a difficult task. Just watching her use the creative talent she works with so well is heartening. "In Touch Within", the business Brenda operates, is dedicated to personal growth. A self-taught teacher, she counsels individuals on a wide range of issues about healthy living. She works with life patterns we all acquire, which either enhances or control our lives.

It was a strong desire to develop self-esteem and understand how she related to the world that led Brenda on her journey of self-discovery. Having gone through a divorce, she became painfully aware that the traditional "self-help" avenues were not working for her as well as she had hoped. The "answer" was not there... something was missing. Despite the insights she had gained about dysfunctional families through reading and attending several varieties of 12 step programs, and despite the help of doctors and therapists, her self-esteem eluded her.

A friend introduced her to a form of meditation called "Creative Visualization". For her, this was the missing link between her inner and outer experiences. Creative

visualization began her journey of inner exploration. She learned that you cannot heal what you are unable to feel. She began to experience tremendous results! Meditation in the form of creative visualization came easily to Brenda. She was so encouraged by the results she was getting and how it was changing her life, she wanted to share it with others.

A neighbour encouraged her to put together a course for the local community college. The year was 1989 and marked the beginning of Brenda's new and exciting teaching career. She continued to work on her own personal issues through a strong inner guidance. Individuals approached her for personal sessions, which started a clientele base that spread throughout the world! Letters, thank-you cards and testimonials encouraged her to continue teaching about emotions and our "inner world".

Understanding that each human being is unique and must be understood in the context of their own experiences, Brenda became very inspired by her own students in the way they were willing to look at themselves, and she continues to teach others what she has come to know herself: Our health, lifestyles, and our sense of well-being are all reflections of how we feel on the inside.

Brenda regards "emotional intelligence" as one of the leading

factors in well-being. She encourages her clients to "listen" to their feelings, to discover their own wealth of knowledge sometimes hidden deep within. She teaches individuals to be responsible and self-empowered, to affirm their uniqueness through self-acceptance and love.

Today Brenda is being encouraged to lecture, present workshops, and workbooks and to continue to reach out to her community and other cities with her unique and powerful approach to personal development and growth. Along with her ability for individual intuitive diagnosis, Brenda applies a form of therapeutic touch and the healing touch of Reiki either in person or over the telephone narrowing the barriers of space and time to assist her clients in their healing path, wherever they are residing in the world.

Individual work assignments with her clients are an important part of her own self-created healing process. She has developed ways to look at "patterns", "life scripts", "relationships", and can assist with the development of "emotional intelligence". "Dream Readings", and their connection to the human energy field are often utilized along with her extremely accurate "holographic" insight, which often presents her with colors, patterns and "overlays" seen superimposed over a client's body, and knowledge of the accompanying emotional issues or "blockages" that are creating dis-ease or frustration in life.

Brenda leads a rich, full life, with many caring individuals who support her. A true humanitarian who understands that we are first... Spirit.

Brenda is coming to Pine Falls on Thursday March 4th and will be here for four days. The evening of the 4th will be for a group but individual appointments of 1 1/2 hours each are being scheduled. Contact Elaine Pinnell at 367-8802 for further information or an appointment.

**WATER TOWN**  
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## Manitoba

### Notice of Environment Act Proposal

The Department of Environment has received a proposal pursuant to the Manitoba Environment Act from the following operation and invites public participation in the review process.

#### MANITOBA HYDRO GULL LAKE 115-12KV STATION (File: 4416.00)

A Proposal has been filed by Manitoba Hydro to construct and operate a new 115-12KV station in the northeast quarter of Section 24, Township 16, Range 7 E.P.M. in the Rural Municipality of St. Clements. The station is required to improve the electrical supply capacity and reliability in the Gull Lake area. The proposed project will include the salvage of the existing 33-12 KV Gull Lake Station and the 33KV regulator structure, and salvage of a 115-33KV transformer, 33-12 KV transformer and associated equipment. Manitoba Hydro has filed an Environmental Impact Statement for the project in support of their application. The proposed station project will require 17 months to construct and is anticipated to be in-service by August 31, 2000.

Anyone likely to be affected by the above operation and who wishes to make a representation either for or against the proposal should contact the Department, in writing, not later than MARCH 19, 1999. Upon receipt of any notification, the Department may request a public hearing to be held and the concerned persons will be notified. Further information is available from the Public Registries - located at 123 Main St. (Union Station), Main Floor, Winnipeg; the Centennial Public Library, 251 Donald St., Winnipeg; Selkirk Community Library, 303 Main St., Selkirk and the Bibliotheque Allard, Rm. 14 St. George Community Centre, St. Georges or by contacting Mr. Bryan Blunt at 945-7085.

Manitoba Environment Approvals  
123 Main Street, Suite 160  
Winnipeg, Manitoba R3C 1A5  
Toll Free 1-800-282-8069  
FAX (204) 945-5229  
INTERNET <http://www.gov.mb.ca/enviro>

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### SUSTAINABLE FOREST MANAGEMENT PLAN 2000-2009 for Forest Management License 01

Our Forestry Staff will be on hand to discuss the strategic direction with anyone in attendance.

#### DATES & LOCATIONS

Wednesday, February 17- Assiniboine Park Conservatory  
Winnipeg  
4:30 - 9:00 pm

Thursday, February 18- Papertown Motor Inn  
Powerview  
7:00 - 9:00 pm

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2727 Portage Ave  
Dunlop IGA  
1000 St. Mary's Road

**F** Fredette's IGA  
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Horseshoe Valley IGA  
145 Elmwood Road  
Kirk's IGA  
870 Calder Drive  
Kirk's IGA  
1500 Ross Street

**M** Maple's GARDEN MARKET IGA  
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Parker IGA  
Springfield Square, 1783 Pasko Rd. Winnipeg  
Parker IGA  
671 Henderson Hwy, Winnipeg  
Parker IGA  
Riverview Village 1500 Dakota St. Winnipeg

**P** Prevoucher IGA  
390 Provencher Blvd  
Riverside Square GARDEN MARKET IGA  
77 Rensselaire Drive, Winnipeg  
Riverside GARDEN MARKET IGA  
2535 Assiniboine, Winnipeg  
Sun Valley IGA  
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Liberty IGA  
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Parker IGA  
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Items may not be exactly as illustrated.

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**10 DISC CD CHANGER & REMOTE CONTROL HIGH POWER CASSETTE DECK BOTH**  
**\$298**

**3 WAY 150 WATT 6X9 CAR SPEAKERS**  
**\$22 ea**

**RCA 4 HEAD HI-FI VCR**  
**\$198**

**KENWOOD 5 DISC CD PLAYER**  
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**KENWOOD 500 WATT DOLBY PRO-LOGIC AM/FM Surround Sound Receiver**  
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**KENWOOD 240 CAR AMP**  
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**ON THE SPOT FINANCING 6 MONTHS NO PAYMENTS NO INTEREST**

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Take it Away!

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Remote, On-Screen..... **\$167**

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On-Screen, Digital Tracking.... **\$187**

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**RCA 4 HEAD HI-FI VCR**  
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*All Demo VCRs remaining will be cleared at cost or below Saturday from 3-5pm*

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You Deserve Better TV



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**AM/FM CASSETTE DECK**..... **\$44**

**240 WATT CAR AMP**..... **\$98**

**KENWOOD AM/FM CASSETTE DECK**  
Auto Reverse, 120 Watts..... **\$133**

**900 WATT AMPLIFIER**..... **\$188**

**CLARION DETACH FACE CD PLAYER**  
AM/FM, Detach Face..... **\$198**

**PIONEER 140 WATT AM/FM CD PLAYER**  
Clock, LCO Display, Bass, Trable..... **\$238**

**10" 600 WATT SUBWOOFER**..... **\$188**

**12" 800 WATT SUBWOOFER**..... **\$228**

**KENWOOD 10" SUBS** From..... **\$98**

**KENWOOD 120 WATT 6X9**... **\$44ea**

**JL 15" SUBWOOFER**..... **\$198**

*All high end Cassette & CD Players for car are clearing out at up to 50% OFF Kenwood, Clarion & Pioneer*

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**PIONEER 400 WATT PRO-LOGIC SURROUND SOUND SYSTEM**  
Includes: 400 Watt AM/FM Receiver, 25 Disc CD Player, Tower Loud Speakers, 5 Speaker System..... **\$798**

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Includes: 500 Watt AM/FM Receiver, 5 Disc CD Carousel, Tower Speakers, Centre & Rear Speakers..... **\$988**

**KENWOOD DOLBY DIGITAL 500 WATT SURROUND SOUND SYSTEM**  
Includes: 500 Watt Dolby Digital Receiver, 200 Disc CD Player, Custom 5 Speaker Surround Package..... **\$888**

**Bonus** - Free Powered Sub-Woofer  
**All Mini-Systems 20-50% OFF**

# KRAZY KRAZY

# IN PINE FALLS FOR 3 DAYS ONLY

## Community



Guest speakers at the St. Georges Meal Program grand opening. (l-r) Leo Fillion, Darren Praznik, Doug Neal, and Tod Stepanuk

## Grand opening of the St. Georges Meal Program

Lac du Bonnet MLA Darren Praznik, Doug Neal, and Leo Fillion, President and Past President of the Winnipeg River Seniors Service, and Tod Stepanuk of the North Eastman Health Association all spoke last Sunday at a celebration of the

Grand Opening of the St. Georges Meal Program in the Chateaugay Seniors residence in St. Georges.

Both Praznik and Neal spoke of the effort and dedication of Leo Fillion in bringing the project to fruition. Praznik

said meal programs were important in maintaining the health of older people, not only because it helps them to live longer and more productive lives but also because it reduces the cost of acute care.

The need for support serv-

ice to seniors was first recognized by Manitoba Housing and Health departments who identified services they were not able to provide to maintain individuals safely at home. Services were in the basic living category and were considered as non-care services, in that no personal services were required. Instead, a hands-on approach was needed to make practical help available to reduce isolation, stress and risk to seniors who were living alone or without adequate access to adequate supports. Support Services to Seniors became a provincial program in 1984. Nutritional meals at an affordable price is part of the program.

The St. Georges program was funded by Manitoba Health, Manitoba Community Services, Manitoba Housing, the Pine Falls Paper Company, Mark's Mediwheel of Beausejour and the R.M. of Alexander.

The meals program is run by a committee of volunteers from the Winnipeg Seniors Service Inc. Doug Neal is the President, Leo Fillion, Vice President, and Jan Roberts is the Treasurer. Also on the committee are Kathy Thurston, Peggy McMullen, Yvonne Berthelette, who lives in Chateaugay and

serves in a liaison capacity and Christine Polischuk, Resource Coordinator of the Winnipeg River Seniors Service.

Meals are served at noon, Monday, Wednesday and Friday, and cost \$4.00. They include soup or salad, entree, juice, desert and tea or coffee. They are cooked with little fat, no salt, and are low in sugar. There are nutritional guidelines but the menu is up to the cook - Janice Warren.

### St. Georges Meal Program

**Friday, February 26**  
Soup, pork chops, spanish rice, vegetables, cake

Open to all seniors 55 and up. You are always welcome to bring a guest. All meals are \$4.00. Your name must be on the list the day before by calling Janice

Please reserve 24 hours in advance,  
Call 367-8808.  
Seniors and guests.

## News

## Three Golden Rules For Building Your RSP

Submitted by **Brain Ryall, Pine Falls Royal Bank Manager**

**Contribute Early.** If you're like most Canadians, you're probably just getting around to making your RSP contribution for the 1998 tax year. Most of us wait until close to the deadline (this year it's March 1, 1999) to get our money into our plans.

You could add thousands of dollars to the value of your RSP over time by contributing early. That's because if you make your contribution early each year instead of waiting until the RSP deadline, you'll benefit from an extra year of tax sheltered growth. Do this each year and the effect over time can be significant.

For example, suppose you contribute \$3000 a year to your RSP and your average return is 8%. After 30 years, you'll have \$339 850 in your plan if you contribute at the end of each year. But if you put in the money 12 months earlier, your plan will be worth just over \$367 000 - a difference of more than \$27 000, just because your money got in your plan sooner.

Contribute Annually. Many people don't realize that even a single missed RSP

contribution can be costly. For example, suppose you're allowed to contribute \$7000 to your plan but, for whatever reason, you skip the payment. If your average yearly return in your plan is 8%, that one missed contribution will reduce the value of your RSP after 25 years by almost \$48 000. That's because you don't just lose the missed contribution, you also lose all the compound income it would have earned over time.

So don't shortchange yourself. If necessary, borrow the money to ensure you make your contribution every year.

**Contribute Your Maximum.** If you put \$1000 less into your plan each year for 25 years, assuming an 8% annual return, the final value of your RSP will be reduced by almost \$79 000.

The more money you contribute to your RSP each year, the faster your plan will grow and the greater your financial security will be when you retire.

For more information about RSP's and other registered plans, visit your local Royal Bank branch or Royal Bank's website at [www.royalbank.com/yourmoneymatters](http://www.royalbank.com/yourmoneymatters).

## Agassiz Festival of the Arts

The annual Agassiz Festival of the Arts will take place May 3-7, 1999. Piano, voice, and instrumental competitions will be held in Beausejour, and speech arts in Powerview. The dance venue has not yet been decided. The Festival Highlights Concert featuring winning performances will be May 19 at Edward Schreyer School.

The speech arts segment of the festival has classes in spoken poetry, drama, dramatic reading, and public speaking. There are competitions for all areas of musical performance including solo voice, choral, piano, instrumental, band orchestra, and musical theatre. Dance classes include a variety of forms from ballet to folk and choreographed modern numbers. Selections for performance may be from the new provincial syllabus or your own choice.

Performers who aim for provincial competition must consult the syllabus and follow the regulations therein regarding choice and number of selections required to qualify.

To help defray festival costs, there will be an entry fee of \$1.00 for each individual entry. For example, if a student enters 3 different piano classes, he/she will pay \$3 entry fees. Duets or trios are also classified

as individual entries. There is no fee for school classroom entries.

Agassiz School Division continues to support the festival financially. Local businesses and organizations are canvassed for donations for medals and scholarships. The Festival Committee depends on a host of volunteers run the week long event.

School children and members of the community at

large are encouraged to enter our festival. Professional adjudicators are employed to give constructive criticism. It's a wonderful opportunity to display your talent and enhance your performance skills.

Festival applications may be obtained at the office at Powerview School. Entry deadline is March 15th. Please get in on time.



## C'est Bon!

Jacques Chenier and Christian Perron both from St. Boniface, entertained french immersion students at Powerview School Monday. The event was organized by the Canadian Parents for French.

## Sagkeeng Job Creation CASH DRAW



Buy your ticket(s) early for a chance at winning extra cash everyday for the month of March 99!

### MARCH CALENDAR

Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
	1. \$500.00	2. \$500.00	3. \$5000.00	4. \$500.00	5. \$1000.00	6. \$1000.00
7. \$1000.00	8. \$500.00	9. \$500.00	10. \$5000.00	11. \$500.00	12. \$1000.00	13. \$1000.00
14. \$1000.00	15. \$500.00	16. \$500.00	17. \$5000.00	18. \$500.00	19. \$1000.00	20. \$1000.00
21. \$1000.00	22. \$500.00	23. \$500.00	24. \$5000.00	25. \$500.00	26. \$1000.00	27. \$1000.00
28. \$1000.00	29. \$500.00	30. \$500.00	31. \$15000.00			

Tickets \$50.00 Each  
only 2000 tickets Printed

14 Prizes of \$500.00  
12 Prizes of \$1000.00  
4 Prizes of \$5000.00  
1 Prize of \$15,000

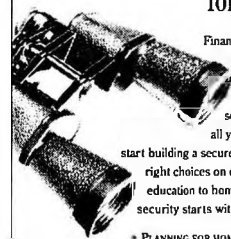
#### RULES:

- All tickets to be paid by cash
- Everyday draw to be held at Sagkeeng Bingo Hall by a random player, approximately 8:30-9:00pm nightly
- Winners to be paid by certified cheque nightly
- Winners will be posted at the Human Resource Centre & Band Hall daily (see chart)
- Final draw will be March 31, 1999 for \$15,000.00
- Must be 18 years of age to buy & claim prizes
- Tickets to be purchased on Sagkeeng 1st Nation Reserve
- S.J.C. Employees not eligible to purchase tickets
- Each ticket purchased is eligible for one draw
- All tickets not drawn will remain in the drum

#### For tickets Call

Sagkeeng Human Resource Centre 367-8740  
or Mary 367-9692  
Florence 367-4047  
Jackie 367-8764

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- SAVING FOR A CHILD'S POST-SECONDARY EDUCATION
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## Northern GREAT NEWS!!

Starting March 1, 1999 Northern's Save Flyers will begin on Monday and run until the Following Sunday

That means you can take advantage of our Save Prices in Foods and Retail..... 2 DAYS A WEEK

### EVERY TUESDAY IS SENIOR'S DAY

All Seniors 55 and Over Receive 10% OFF  
All Regular Priced Merchandise Storewide.  
Plus... Now Seniors can take advantage of our low, low, Sale Prices as Well

SALE PRICES  
7 DAYS A  
WEEK

SALE FLYERS  
BEGIN  
MONDAY

## History

### Milestones and Memories

By George Bayly

The opening of the Pine Falls Beer Parlor on March 31, 1928, was an important milestone in Papertown history. The first anniversary of that event was recorded by the *Abitibi* magazine in May, 1929 and brilliantly described, so I will repeat it here verbatim.

Records of consumption were established that day that have never been approached. But men were men in those days and the thing was a novelty and we recall with amusement the feverish activities of the townsie crew to get the house in order - the sawing, the hammering, and painting, the waiting crowd, and finally, the triumphant processing of the keg laden wagon through the streets of the town, the solemn tapping of the first keg, and the fountain of suds that sprayed the smiling Bill Plenderleith when he smashed the wrong bung hole. And where is the

valiant chap who sank a dozen schooners in as many minutes - he of the hollow leg? Gone like the gunner from Galway." It would be interesting to find out how many aspirins were handed out at the hospital dispensary by Dr. Lansdown on the following morning.

It seems that the winter of 1930 saw the establishment of a curling record which probably still stands to this day. The curlers in question for this momentous occasion were Hugh Lougheed, Joe Davenport, Bert Dimock, and Jim Lyons on one rink, and Jim Jamison, Cal Harvy, Jack Miller and John Dean on the other. The game commenced at 7:30pm and concluded at 3:00am the following morning. It was a continuous match which was interrupted only by the "absorption of THE PRIZE, consisting of several fully rigged schooners from Shea and Dreary shipyards and roast beef and trimmings from

Charlie Young's cafe owned by Charlie Young, a Chinese gentleman who had pioneered the restaurant business in Pine Falls two years earlier. The meal was paid for by the losers.

In April of 1929, the Third Annual Father and Son Banquet was celebrated in the basement of the United Church with "a record crowd of fathers and sons and fathers-by-proxy and foster sons in attendance." Rev. King Gordon, toastmaster, introduced the principal speaker of the evening. Judge Hamilton of Juvenile Court of Winnipeg, who spoke eloquently on the topic "Overcoming Difficulties". He drew great applause at the end of his discourse. In charge of the Committee of Mothers who prepared and served the meal were Mesdames W.G. Harbottle, C. Young, C.C. Irvine, N. Walton, J. Dean, and D. McDonald.

Another first for Pine Falls was a "Garden Fete" held by the Young People's Club of the United Church on the Village Green on June 21, 1930. Attractions included clowns Percy Gardiner and Irish McClurken, a Tea Booth run by the Church Ladies, a Candy Booth operated by the C.G.I.T., a refreshment booth set up by the Young People's Club and fortune telling by Mrs. Hutchison and Mrs. S. Bird. Crowds lined up to participate in the various sporting events: Horse Shoe Tournament, Tennis Tournament, Kick the Football, Hoop-La, and Clock

Golf. A stage had been erected for the evening's program which included a Children's Chorus under the direction of teacher Mabel Payne, a saxophone solo by F. Wilson, an Irish jig by Margaret Kahle, Margery and Madge Brown, and Ruth Thibedeau, a solo sung by Bill Hibbert (Glen's father), and a vocal duet by Bill Hibbert and Henry Halpin. That evening, the tennis awards were handed out to Lauder Harbottle for Mixed Doubles. The evening's entertainment ended with a "jiteny" dance which was held on the tennis court.

In the spring of 1929, fire destroyed the St. Georges Parish Church, but the determined and devoted parishioners banded together and constructed a new edifice which opened in the fall, only a few months later. Much credit had to be given to Rev. Father Caron, whose tireless efforts guided the project to completion in such a short period of time. Then, on Monday, June 23, 1930, an impressive ceremony took place: that of the consecration of the bell for the new church. On the banks of the historic Winnipeg River in the picturesque village of St. Georges, a large number of people gathered to witness the sacred rite in which the blessing of the bell was performed by His Grace Archbishop Beliveau of St. Boniface, assisted by Father Caron and other clergy from Diocese headquarters. In attendance were the Hon. R. Hoey and the

Hon. Albert Prefontaine, Minister of Municipal Affairs representing the Provincial Government, and a great number from Pine Falls and district.

The following day, Tuesday, June 24, The Pine Falls Catholic Church held its very first confirmation service during which 65 children were confirmed by His Grace, Archbishop Beliveau, assisted by Msgr. Wilfrid Jubinville and parish priest Father Caron.

In the spring of 1930, Pine Falls could have been called "The Gladiolus City", as townsie employees planted over 3000 gladioli around the town. During the planting season, no place was visited as frequently as "Dutchie" Van d'Vooren's greenhouse located on the rock east of the present-day Post Office, and still known today as "Dutchie's Rock". He supplied Pine Falls citizens with a great variety of bedding plants at the price of 25 cents per dozen. That summer, the land around the General Office near the mill was cleared, levelled, and sown to grass, and to further beautify the town, shrubs and trees were planted.

At the end of June, 1930, Pine Falls school completed its fourth year of existence. According to the "Abitibi", the year's results were very favourable; an 88 per cent pass list. Some promotions that year were: Arleen Witt, Clarence Hutchison, and Louis Lacharite to Grade 2 Jr.; Laverne Taylor, Harold Robinson, and Germaine Lacharite to Grade 2 Sr.; Clayton Farmer, Stewart Kahle, Mary Irvine to Grade 3; Jown Bissett and Madge Brown to Grade 4; George Lalor and George Dean to Grade 5, Ruth Thibedeau, Foster Brown, and Freda Mastin (Mackie) to Grade 7; and Bill Irvine, Francis Walton, Russell Bowman, and Grace French (Huhn) to Grade 8. There were three categories of promotion: Honors - 80 to 100%, Pass - 70 to 80%, On Trial - a grade under 70%. At the end of the school year, Principal W. Gresham travelled to Winnipeg where he marked examination papers for two weeks. The *Abitibi* also announced that Lauder "Bud" Harbottle and Stanly Fryer had returned from the University of Manitoba and that Jim Irvine from St. John's College School in Winnipeg.

## School News

### Powerview School News

#### Kindergarten needs your help

The Kindergarten class needs your help. Our supplies of toys is dwindling due to deterioration from many years of use. If you have the following toys that are in good condition you would like to donate, they would be greatly appreciated; cars and trucks of all sizes, little tikes and fish price toys, action figures, magna doodle toys, dolls and doll clothes, puzzles, games, etc....

#### Wanted

If you have any spareskates, helmets or skate/boot laces at home, please send them to the school office for our skate donation.

#### Emergency closing

This is just a reminder that if the Agassiz School Division closes schools for the entire day, an announcement will be made on radio stations CJOB, CKY-58, and CFQX-104 Selkirk in the morning. No calls will be made to parents.

#### Congratulations

Congratulations to Grade 4F student Kathleen Frederick for winning second place in the "Concours histoires de Noel" organized by the French radio station CKSB. Une excitante veille de Noel.

La veille de Noel de 1997 a été toute une aventure pour le Père Noel. Je vais te raconter l'histoire.

Quand le Père Noel est arrivé à maison il est tombé dans la cheminée.

"Ouff", a fait le Père Noel est arrivé em tombant sur le plancher.

Le bruit m'a réveillé ma souèr, ma mère et mon père. Ils ne me croyaient pas. On est tous aller voir.

Je n'en crois pas mes yeux! a dit mon père.

Le Père Noel nous a vu. Il a crié et a essayé de remonter la cheminée. Ma mère a pris de la cire chaude. Ça ne fonctionnait pas. Ma soeur a pris du beurre. Ça ne fonctionnait pas non plus. Pendant ce temps Maggie a eu une idée. Elle a sauté et elle a léché les oreilles du Père Noel. Il a commencé à gigoter et il est tombé.

Il nous a dit d'aller dormir. Il a donné les caadeaux et il est parti.

Joyeux Noel!

#### Scouts Canada

If you are between the ages of 11 and 14 and want to have lots of fun, you may be interested in joining Scouts Canada. For more information, or to register, please contact Father Chartier 367-2700, John Walling 367-4127 or Edna Pichor 367-8445. Registration fee is \$36.00. Come on out and see if it's for you!

#### National Non-Smoking week activities

Why Keeping Kids Tobacco Free Is Important - By age 18, about two thirds of young people have tried smoking. Nearly all first use of tobacco occurs before high school graduation. Most young people who smoke are addicted to nicotine and they report that they want to quit but are unable to do so. The younger a person begins

smoking, the greater the risk.

Early Smoking, Early Consequences - The younger a person begins smoking, the greater the risk for developing numerous illnesses associated with smoking. And even teens experience adverse health effects: •General decrease in physical fitness •Increased coughing and phlegm •Greater susceptibility to the severity of respiratory illness •Early development of artery disease, a possible precursor of heart disease •Slower rate of lung growth - and by adulthood, possible reduced level of normal lung function.

At Powerview School students in Grade 4-7 were given the opportunity to sign a pledge "Not to Smoke" until the age of 20. Pledges signed were validated by parents and authenticated with the Powerview School stamp. Pledges will be displayed to help students remember to maintain a healthy lifestyle, especially during times of peer and media pressures. Congratulations as well to high school students who chose not to smoke during Weedless Wednesday of National Non-Smoking Week and a big thanks to Brian (Canteen Manger) who provided cookies and chips to the students who made the effort.

School based programs are beneficial at teaching young people how to resist social influences to smoke. Such programs are even more successful when they are supported in the adolescent's home and community.

#### Volunteer Corner - by Tracy Sharpe

Thank you - I would like to thank Donna Frederick, Tracy Martin, and Mary Gold for joining Jamie and Ginette McMullen and myself in delivering the Breakfast Program. Thank you.

Volunteer at Home - Many people are working during the day or have small children still at home, therefore they cannot volunteer in the school. However, there is a need for parents to make materials at home for the school. There are some fun and interesting learning games for both children and teenagers.

Ecole Powerview School will provide a training seminar to teach you how to make these games. The kids love to play them and they are learning at the same time. If you are interested in learning how to make these materials, please call me.

Volunteers Needed - We are still looking for people to read to children during lunch hour, either on a regular (1 day/week) or casual basis. The Lunch Hour Story Time is from 12:20-12:45 pm. If you are interested in helping out in these areas or any other please call Tracy Sharpe at 367-8533.

#### CPF News

The winners of the dainty raffle were 1st - Claire Sokoloski, 12 dozen dainties; 2nd - Lucie Papineau, 6 dozen dainties. The ticket sales winners were 1st - Kyle Sokoloski, \$20; 2nd - Bryton Papineau, \$10. Congratulations! We hope you enjoyed your winnings!

Festival du Voyageur is almost upon us. This year CPF is proud to sponsor the bus expenses and subsidize the activity

fees of the events the Grade 8, 9, and 10 French Immersion students will take in on their field trip. They go on February 19th to St. Boniface to take in the following activities: "Mauvais quart d'heure", an alternative powerpop band; "atelier", called toile tiree where they learn the native way to stretch and decorate "skins" using traditional methods; trip to Parc du Voyageur where they will have a chance to visit the various exhibits (Fort Gibraltar, Maison Chabaille, cam autochtone) as well as seeing the various sculptures and tents; and finally they will attend the finals of the DSFM Improv league at the CCFM, teams from each of the various high schools complete in an active game which our students also do in their francais classes. All in all a full day. We are asking that the students pay \$5 each to Mme. Lafreniere for the remaining costs of the admission fees.

For the adults in Kindergarten to Grade 7, on February 25th, Jacques Chenier a well known children's entertainer will be performing for them in the afternoon. On February 26th, the students will get to play the outdoor games that are planned. They will also receive hot chocolate and bannock that morning. Parents interested in helping our please call Kelly at 367-2840. Make sure your children are dressed warmly for the games.

Centure flechees order forms will be going home with the students. There is only one size, the adult's which are designed for children ages 6 and up. They are \$20 payable to CPF by February 12th. No late orders will be taken.

Concours d'art Oratoire is having its local competition on Wednesday, March 3. The winners will then go to our divisional competition held here this year on Wednesday, March 17th.

Jeux de la francophonie Canadienne is a newly available competition for French Immersion students 15-18 years of age. It is available to students only if their school has a CPF chapter. This competition is in Memramcook NB from August 19-22, 1999. Registration deadline is March 31, 1999. Only 104 French immersion people (87 students and 17 trainers and assistants) across Canada are able to go. It is on a first come, first serve basis. The cost is subsidized at \$200 per participant; their parent/guardian must be a current member of CPF (\$25 annual fee - see your local CPF rep). All attending must speak French at all times or will be sent home at their own expense. Categories available for entry are

sports: track (30 students); volleyball (20 students); and badminton (8 students), arts; visual (6 students); improve (6 students); and musical (7 students). Leadership training with involvement in journalism, video production and community action (10 students).

Also, 2 cooperative activities, kinball and multi-media sculpture. For more information check <http://222/franco.ca/fjc7/index.html>.

#### I'm special (Anonymous)

I'm special, in all the world there's nobody like me.

Since the beginning of time, there has never been another person like me.

Nobody has my smile. Nobody has my eyes, my nose, my hair, my voice. I'm special.

No one can be found who has my handwriting. Nobody anywhere has my tastes - for food or music or art. No one sees things just as I do.

In all of time there's been no one who laughs like me, no one who cries like me. And what makes me laugh and cry will never provoke identical laughter and tears from anybody else, ever.

No one reacts to any situation just as I would react. I'm special.


I'm the only one in all of creation who has my abilities. Oh, there will be somebody who is better at one of the things I'm good at, but no one in the universe can reach the quality of my combination of talents, ideas, abilities and feelings. Like a room full of musical instruments, some may excel alone, but no one can match the symphony sound when all are played together. I'm a symphony.

Through all of eternity no only will ever look, talk, walk, think or do like me. I'm special. I'm rare.

And in rarity there is great value. Because of my great rare value, I need no attempt the imitate others. I will accept - yes, celebrate - my differences.

I'm special. And I'm beginning to realize it's no accident that I'm special.

I'm beginning to see that God made me special for a very special purpose. He must have a job for me that no one else can do as well as I. Out of all the billions of applicants only one is qualified, only one has the combination of what it takes. That one is me. Because... I'm special.



## H<sub>2</sub>Oyeah!

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Buy a new 1999 Polaris watercraft before May 31 and you'll get your choice between our 6 month "no, no, no" financing\*, or \$500 toward tricking out your new boat, getting some wetwear, a tube, or other Polaris garments and accessories. **POLARIS**

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RSP Specialist



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### Weekend Special

#### Jumbo Shrimp & Steak

Happy Hour Daily 4:30-6:00pm  
Seniors Discount all the time.  
Breakfast special daily served until 11:00am

Open 7am - 10pm Monday - Sunday  
367-2252 take out Pizza "THICK CRUST OR THE CLASSIC  
COACHROOM CRUST (Wood Stone Baked)"



## Health



### Health Connections

Submitted by Health Educator Karen McDougall, Winnipeg River Health District

#### Promoting Healthy Body Images

Submitted by Karen McDougall, WPG River Health District 345-8647  
What does an ultrathin model in a fashion ad have to do with healthy living? How about an ultrathin actress

lighting up a cigarette on screen? These pervasive visual images might have more to do with healthy living than first meets the eye. According to Health Canada, health and well being are being linked to self-esteem and positive body

#### SILVER HAVEN MEALS

Open to all seniors 55 and up. You are welcome to bring a guest. All meals are \$4.00. Meals are at 12:00 noon. Your name must be put on the list the day before by calling Silver Haven at 367-4620 or Bernice at 367-8369.

##### Monday, March 1

Soup, turkey pot pie, fruit torte

##### Wednesday, March 3

Salad, Meat loaf, mashed potatoes, gravy, green beans, tapioca pudding

##### Friday, March 5

Soup, Pizza (ham, cheese, mushroom, green onion), Ice creams

#### What can I donate?

Every organ donor can help improve the lives of many people, sometimes making the difference between life and death. Here's what you can donate:  
Heart, lungs, kidneys, liver, pancreas, corneas, bones, skin, small bowel, heart valves.



image (body image simply means the mental picture you have of your body, plus your feelings and judgments about the mental picture.) People who feel good about themselves and their bodies, tend to lead more physically active lives, follow a pattern of healthy eating, and are less likely to be smokers. Furthermore, hoe people feel about their bodies is determined to a large extent, by the beauty ideals of the culture we live in, as projected by mass media. In the western world, including Canada, the currently prevailing beauty ideal for women, is ultra-slim and preferably tall, and for men, is tall, slim, and muscular. The media is relentless in it's promotion of the one perfect look that we should all achieve. Never mind the fact that these unrealistic beauty ideals are next to impossible for 95% of the population to achieve (5% of the population will naturally meet these ideals). Health concerns resulting from pursuit of these impossible ideals are many, but most are preventable.

#### Tips For Building a Healthy Body Image

- Accept yourself. Feeling good about yourself starts with accepting who you are and how you look. Focus on your good qualities. Emphasize positive self-talk.
- Resist the unrealistic media images of beauty. Go a step further and fight back.
- Scales are for fish. If you are weighing yourself frequently, throw out the scale. (sounds radical doesn't it?) This metal object has too much power to determine how you feel on any given day.
- Step off the diet roller-coaster... for good! Dieting brings temporary weight loss, but usually (in 95% of cases) all the weight is gained back, and sometimes more to boot. The cycle of losing and gaining weight can be very harmful to your health (both mental and physical), and can lead to an even poorer body image. Eating disorders almost always begin with dieting.
- Eat well. Eat for energy, for health, and for pleasure. Follow Canada's Food Guide to Healthy Eating. (I know, I

know, it may sound boring, but it works).

- Be physically active. Regular physical activity helps you feel good both mentally and physically, and is the ideal way to manage weight. (bottom line... it works)
- Educate yourself and your family. Read up on these issues. Better still, plan to attend our "Body Sense" presentation. (March 4, 1999 from 7-9:30pm at Lac du Bonnet Senior School. Call for registration details) where we will explore many of these issues. Why not bring your teenage daughters as well (age 16 and up).
- Remember that it is so much easier to prevent eating disorders than it is to treat them. This is the third and final column in the series addressing weight and body image issues. Sources: Too numerous to list. Available upon request.

#### Pretty Puppy

Professional Dog Grooming For Your Pet  
By Appointment - Phone 345-2049  
Grooming by March 15th

#### MAGK Financial Solutions Ltd.

Steve Kulyk  
Office located on top of Pine Falls Post Office  
Pine Falls: 367-3233  
Winnipeg: 924-1758

**Toyota**  
FINANCE UP TO 4.8%  
\$199/mo \$599 DOWN  
'99 TOYOTA TERCEL CE  
Dr. 5 Sp. PS. PB. Cassette. Value Package. Blk. Htr.  
1st monthly payment \$199 base fee & opt. taxes due on 1st. 48mo. OAC  
**FUNK'S TOYOTA**  
326-9808 STEINBACH  
It's Always Worth the Trip

#### NOTICE TO CREDITORS

In the matter of Manex Co-op Seed:  
All claims against the above company, duly verified by Statutory Declaration, must be sent to the undersigned at 242 Dunkirk Drive, Winnipeg, MB R2M 3W9, on or before the 18th day of March, 1999.  
Dated at Pine Falls this 18th day of February, 1999.  
Don Flatt  
Solicitor for the Executor

#### NOTICE

SAGKEENG EDUCATION AUTHORITY AND ABORIGINAL FOCUS PROGRAMS OF THE UNIVERSITY OF MANITOBA ARE PARTNERING TO OFFER COMMUNITY RESIDENTS OF SAGKEENG FIRST NATION THE OPPORTUNITY TO BEGIN YOUR POST SECONDARY STUDY CLOSER TO HOME

The transition year program is designed to help you build the academic and personal coping skills needed for success in the university or college program of your choice.

The transition year is an accredited full-time study opportunity, offering credit hours for first year courses. An assessment of each student will be completed prior to the start of the program.

Applicants must meet the general entrance criteria of The University of Manitoba or be admitted under the mature student category.

The transition year program will start September 1999 at Sagkeeng First Nation. If you meet the general entrance requirements for the University of Manitoba submit your application to Sagkeeng Education Authority or call 367-2249 for more information.

**Deadline for application is April 15, 1999.**

#### Sagkeeng Education Authority and The University of Manitoba University 1+

The Sagkeeng Education Authority and Aboriginal Focus Programs of The University of Manitoba are partnering to offer community residents of Sagkeeng First Nation the opportunity to begin your post-secondary study closer to home this coming September.

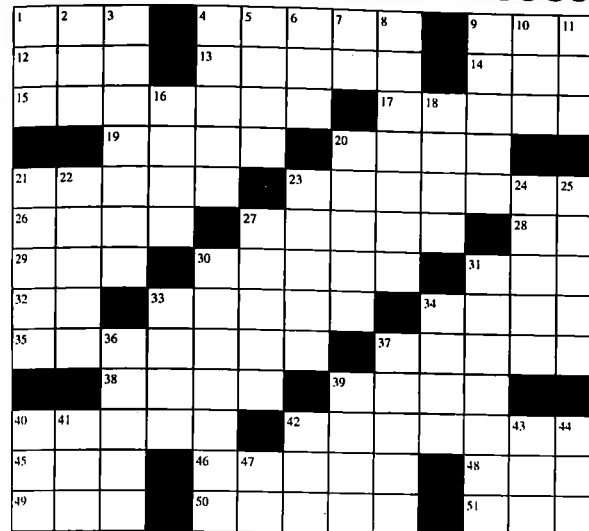
The first year program is designed to help you build the academic and personal coping skills needed for success in the university or college program of your choice.

The first-year transition program is a full-time study opportunity, offering first year courses. Applicants must meet the general entrance criteria of The University of Manitoba or be admitted under the mature students category. For more information on the program, come to the Information Session:

**Information Session**  
Tuesday, March 9, 1999  
Sagkeeng STEP Building  
10:30am to 12:00 noon

For more information call 367-2249.  
University of Manitoba Admissions applications for this program will be available at the Information Session

## Relax THE VOICE WEEKLY CROSSWORD



42. Not specific  
45. Sense of self  
46. Spiky irritant  
48. Scimp  
49. Condensation  
50. Thai dish  
51. Slump

#### DOWN

1. Condiment  
2. Caliph  
3. Move genre  
4. River, Alberta  
5. Munitions, for short  
6. Rink surface  
7. Related to, for short  
8. Hanked  
9. Lake, Nfld.  
10. Consumed  
11. Gender  
16. Nostril

18. We, in St. Denis  
20. Timid gambler  
21. Shaded colours  
22. Full of veins  
23. Body part  
24. Water bird  
25. Infections  
27. Metal spike  
30. Pedants  
31. Curtain calls  
33. Wood wind instrument  
34. Kind of cabbage  
36. Sask.  
37. Bay, BC  
39. Female deity  
40. River part  
41. Mature  
42. Obtained  
43. Alias  
44. Limb  
47. Partner of Ha, sometimes

#### LAST WEEKS ANSWER

C	H	I	T	T	W	O	I	C	E	R
L	A	D	A	I	O	U	S	A	R	I
A	H	O	Y	P	E	I	O	L	I	O
W	A	L	L	I	S	J	U	L	I	E
				O	A	T	A	N	D	
A	D	O	R	N	E	D	S	E	P	O
I	S	H	R	I	A	E	V	E		
R	O	M	E	O	T	R	I	S	T	A
				S	O	S	S	U	E	
B	U	R	T	O	N	E	D	W	A	R
A	N	O	A	A	N	N	E	D	E	R
L	I	L	T	P	E	A	R	A	P	E
I	S	L	E	S	O	L	S	M	O	G

#### ACROSS

1. Moose, Sask.  
4. Hill, Alberta  
9. Possesses  
12. Brew  
13. Wedding necessity  
14. Israel or Jacob follower  
15. Identify incorrectly  
17. Add on  
19. Tropical starch food  
20. Urge on  
21. Visible  
23. Body cavities  
26. Stagnant pool  
27. Medieval weapons  
28. Proceed  
29. Contianer  
30. Yeamed  
31. Stray  
32. Registered Nurse, for short  
33. Furthest from centre  
34. Lake, Manitoba  
35. Sask.  
37. Verified information  
38. Choice cut  
39. Aura  
40. Children

#### CRYPTIC PUZZLE

Each letter represents another letter in the alphabet. See if you can break the code to figure out the famous quotation

BZC YDW FVG'S VB HYC JKWG LBM NBGVFCWP  
SKW YZSWPGYSFQW  
- RYMPFNW NKWQYZFWP

**LAST WEEK'S SOLUTION**  
OPPORTUNITY DOES NOT KNOCK, IT PRESENTS ITSELF WHEN YOU BEAT DOWN THE DOOR.  
- KYLE CHANDLER

## HOROSCOPE

(February 25 - March 3)

**ARIES** March 21 - April  
Your goal this week? Get things scheduled and organized. Once you do, you'll find you can get a lot more done in a lot less time. Enjoy some quiet time this week. Choose one afternoon to get away from it all on your own. How about a walk.

**TAURUS** April 20 - May 20  
Think beyond how a situation looks this week. Dive into it and find out what's really going on. There's someone at work who is being treated poorly by a number of coworkers. It's up to you to stop the nonsense. Start by taking that person to lunch.

**GEMINI** May 21 - June 20  
There's a lot to be accomplished this week. It will be a challenging one. Fortunately, you'll find you have energy and the urge to push forward. Use that energy wisely! A potentially close relationship could grow into more this week. Choose your words wisely.

**CANCER** June 21 - July 22  
It should be smooth sailing this week as you press ahead with some new ideas you have in the works. And it will be a good week to interact with authority figures on those ideas. Just remember, both at work and at home, go with the flow, not against it.

**LEO** July 23 - Aug. 22  
Psychological growth may just be your means to personal success. Make sure you follow through with it. This could be the time to give in to your urge to strike out in a new direction and take on new challenges. Don't be afraid to take risks.

**VIRGO** August 23 - September 22  
If you have an opportunity to attend a class, seminar or workshop, be sure you take advantage of it. It could give you ideas on how to do some tasks at work more efficiently. A new relationship could bring out the best in you... just what you've needed.

**LIBRA** Sept. 23 - Oct. 22  
This week could be very trying for you. You may not find the support you need and have been counting on. Instead, you may experience opposition on all sides concerning an event. Take a deep break, don't get too frustrated and show that you can handle the situation.

**SCORPIO** Oct. 23 - Nov. 21  
This is the week your boss' boss may seek you out for a special project. It will definitely keep you busy, but it will be more than worth it! Take advantage of a breather in your schedule to spend a little special time with someone very close to you.

**SAGITTARIUS** Nov. 22 - Dec. 21  
If someone doesn't like an idea you have come up with at work, don't be too concerned because he/she may have a change of heart later in the week. During the time in between, work to make everyone understand why it's a great idea.

**CAPRICORN** Dec. 22 - Jan. 19  
Communication is easy for you this week. Because it is, you can expect some sort of recognition from those around you. That puts you in the limelight at work and makes you even more recognized by your superiors. Celebrate by treating yourself to a night out.

**AQUARIUS** Jan. 20 - Feb. 18  
Your difficulty in respecting authority this week may not be because of the rule, but the one who is enforcing it. Work on expressing yourself and your ideas with others, even though it's not an easy task. Whatever you do, don't fly off the handle.

**PISCES** Feb. 19 - March 20  
New competition in the workplace can be good for you. It will make you push even harder for those goals that are so important to you. Let your organizational abilities and your sense of responsibility guide you. It can only help you to be even more successful.

## Classifieds

PUBLIC QUOTATION  
SUPPLY ROCK

The Rural Municipality of Alexander will receive quotations to supply, load, haul and place approximately 500 Cubic Yards of Rock (24" and larger) to Hillside Point Road Boat Launch for the purpose of a rock groin. Work is to be completed within a specific time frame as set out by the Rural Municipality of Alexander Contract.

Lowest or any quotation not necessarily accepted, preference may be given to local contractors.

Sealed quotations marked "Rock Quotation" will be received until 4:30pm, March 19, 1999 at the following address:

Rural Municipality of Alexander  
Box 100  
St. Geroges, Manitoba R0E 1V0  
Attention: Rose-Marie Blanchette  
Chief Administrative Officer

PUBLIC QUOTATION  
CRUSHING GRAVEL

The Rural Municipality of Alexander will receive quotations to crush and stockpile 10,000 cubic yards of traffic gravel near the Gull Lake Area (according to highways specifications). Work is to be completed within a specific time frame as set out by the Rural Municipality of Alexander Contract.

Lowest or any quotation not necessarily accepted, preference may be given to local contractors.

Sealed quotations marked "Crushing Quotation" will be received until 4:30pm, March 19, 1999 at the following address:

Rural Municipality of Alexander  
Box 100  
St. Geroges, Manitoba R0E 1V0  
Attention: Rose-Marie Blanchette  
Chief Administrative Officer

PUBLIC QUOTATION  
FOR GRAVEL HAUL

The Rural Municipality of Alexander will receive quotations to load, haul and spread approximately 5,000 cubic yards of traffic gravel "Class B" (according to highways specifications) from Milner Ridge Pit or Old Pinawa Dam Area to R.M. of Alexander roads in Ward IV Area. Work is to be completed within a specific time frame as set out by the Rural Municipality of Alexander Contract.

Lowest or any quotation not necessarily accepted, preference may be given to local contractors.

Sealed quotations marked "Gravel Quotation" will be received until 4:30pm, March 19, 1999 at the following address:

Rural Municipality of Alexander  
Box 100  
St. Geroges, Manitoba R0E 1V0  
Attention: Rose-Marie Blanchette  
Chief Administrative Officer

PUBLIC QUOTATION  
CRUSHING GRAVEL

The Rural Municipality of Alexander will receive quotations to crush and stockpile 5,000 cubic yards of traffic gravel "Class B" (according to highways specifications) from Milner Ridge Pit LS 12, Section 13-14-10E or Old Pinawa Dam Area. Work is to be completed within a specific time frame as set out by the Rural Municipality of Alexander Contract.

Lowest or any quotation not necessarily accepted, preference may be given to local contractors.

Sealed quotations marked "Crushing Quotation" will be received until 4:30pm, March 19, 1999 at the following address:

Rural Municipality of Alexander  
Box 100  
St. Geroges, Manitoba R0E 1V0  
Attention: Rose-Marie Blanchette  
Chief Administrative Officer

## MEMORIAM

## Kimberly Ann Bird

In memory of our dearest mother who would have been celebrating her 27th birthday today, February 26, 1999 you were suddenly taken from us on October 31, 1998 and not a day goes by where we wish you were still here with us.

We love and miss you very much Mom,

Ashley and Ashton  
and family

## AUTO

Cars for \$100.00. Government seized and sold locally. Call Monday to Friday, 8 a.m. to 4 p.m. 1-888-735-7771 ext 1919.

BUSINESS  
OPPORTUNITY

WATKINS SINCE 1868! Create the lifestyle you deserve! Watkins offers: quality everyday products, proven marketing plan, low start-up, training, support, money-back guarantee. Information package 1-800-922-2545.

NO BULL!!! Earn \$2000.00 - \$3000.00 weekly. Car leases, computers, \$450.00 investment and a little try. I can help. It's worth the call 306-984-4637. Leoville, SK.

DISTRIBUTORS REQUIRED in your area for GOLDEN PRIDE, TARRA, RAWLEIGH'S & ETERNAL ENERGY products. Free Information and Training. Earn extra cash full/part time. Call 1-800-319-3193. (mcna)

MAKE \$3000/WEEK PLUS BONUSES. Excellent home based business opportunity. No experience needed, setup/training provided. For details call Tracey, 306-377-4434.

EARN \$3,000 TO \$8,000 per week plus. Guaranteed car lease, Gateway computer. No credit needed. \$450.00 down. Phone. 604-855-9204.

Call the Voice at 367-4466  
to place your ad in the Classified Section

PUBLIC QUOTATION  
CRUSHING GRAVEL

The Rural Municipality of Alexander will receive quotations to Crush and stockpile 15,000 Cubic Yards of gravel "Modified A Base" (according to highways specifications) near the Belair Area of Ward I of the Rural Municipality of Alexander. Work is to be completed within a specific time frame as set out by the Rural Municipality of Alexander Contract.

Lowest or any quotation not necessarily accepted, preference may be given to local contractors.

Sealed quotations marked "Crushing Quotation" will be received until 4:30pm, March 19, 1999 at the following address:

Rural Municipality of Alexander  
Box 100  
St. Geroges, Manitoba R0E 1V0  
Attention: Rose-Marie Blanchette  
Chief Administrative Officer

## MEMORIAM

EMPLOYMENT  
OPPORTUNITIES

ENNS BROTHERS LTD. The John Deere Agricultural Dealer for Winnipeg, Portage la Prairie and Morris is looking for: SERVICE MANAGER (WINNIPEG) Duties include: Management of a thriving fast paced service department, service labour marketing, personnel development, supervision and motivation of service staff exceeding 25. Detailed job description available. Qualifications: Previous Management Training and Experience. Self-Motivated with disciplined time management skills. Strong organizational skill. Farm Equipment knowledge. Post Secondary Education. We offer: A modern, well equipped service department. Excellent working conditions and employee benefit plan. An attractive compensation package including lucrative performance incentives. This is a challenging position with a fast paced company. Candidates should be highly motivated team players with a positive attitude, along with strong people skills and a keen desire to satisfy customers. Please send resume in complete confidence to ENNS BROTHERS LTD. Box 460, Oak Bluff, MB. R0G 1N0 Attention: Ben Gogorie. All applicants are thanked in advance for their interest in our company. Only candidates selected for an interview will be contacted. website www.ennsbros.com

SAWMILL \$4895 SAW LOGS INTO BOARDS, planks, beams. Large capacity. Best sawmill value anywhere. Free information 1-800-566-6899. Norwood Sawmills, R.R.2, Kilworthy, Ontario, P0E 1G0.

CARPET & VINYL FOR SALE. Remnants from 3ft up to 50 ft x 12ft. Supply and installed. 1918 Main St. at Leila, Winnipeg, 204-334-3700. Open from 9-8 M-F, 9-5 Sat., 12-4 Sun. Installers wanted.

20 FREE CD'S, YOU PICK! 27" television, 230 watt stereo system, 4 head Hi-Fi VCR, 8mm camcorder. All for only \$29.00/week! FREE DELIVERY. 1-800-304-7834.

ENNS BROTHERS LTD. The John Deere Agricultural Dealer for Winnipeg, Portage la Prairie and Morris is looking for: PARTS MANAGER (PORTAGE LA PRAIRIE). Duties include: Management of a thriving parts department, parts marketing, personnel development, supervision and motivation of parts staff. Detailed job descriptions available. Qualifications: Self-motivated with definite time management skills. Organizational skill. Farm equipment knowledge. Previous parts experience. We offer: a modern well equipped parts department. Excellent working conditions and benefit plan. Attractive compensation package with performance incentives. Please send resume in complete confidence to ENNS BROTHERS LTD. Box 1230, Portage la Prairie, MB., R1N 3J9. Attention: Peter Hoepfner. All applicants are thanked in advance for their interest in our company. Only candidates selected for an interview will be contacted. website www.ennsbros.com

THE INTERNET! Hiring distributors for home based business. Computer, car and training provided. \$450.00 investment. Guaranteed financing. Income \$2,000-\$8,000/weekly. 1-877-337-2799, call toll free.

EQUIPMENT  
FOR SALE

DON'T BE FOOLED. Y2K or not, Power failures are more frequent. Generators are cheap insurance. PTO, Diesel, CNG, Units from \$4000. Avoid disaster. Call 1-800-667-6879.

OKANAGAN AGGREGATES LTD., Armstrong, BC has employment positions open for experienced asphalt paving personnel. Foreman, paverman, screedman, rollerman, rakerman, labourers. Fax resume to: 250-546-8955.

## FOR SALE

SAWMILL \$4895 SAW LOGS INTO BOARDS, planks, beams. Large capacity. Best sawmill value anywhere. Free information 1-800-566-6899. Norwood Sawmills, R.R.2, Kilworthy, Ontario, P0E 1G0.

CARPET & VINYL FOR SALE. Remnants from 3ft up to 50 ft x 12ft. Supply and installed. 1918 Main St. at Leila, Winnipeg, 204-334-3700. Open from 9-8 M-F, 9-5 Sat., 12-4 Sun. Installers wanted.

20 FREE CD'S, YOU PICK! 27" television, 230 watt stereo system, 4 head Hi-Fi VCR, 8mm camcorder. All for only \$29.00/week! FREE DELIVERY. 1-800-304-7834.

## HELP WANTED

LOSE WEIGHT, control cravings, boost ENERGY, burn FAT! 100% natural & DR recommended. Money-back guarantee! Call 1-204-488-9074. Log onto www.hbn.com access code 5347.

EARN \$200.00, \$300.00, \$500.00 or more per week. Part time and full time job available. For more information send a self addressed stamped envelope to: O.P.H. 6-2400 Dundas St West, Suite 541, Ref. 529, Mississauga, Ontario. L5K 2R8.

EARN EXTRA MONEY working from home, selling over 300 JOCUS toys, games, crafts - 70% under \$15.00. New spring catalogue. Hostess Bonus. Start-up kit special. Call 1-800-361-4587 ext 9386.

COUPLE REQUIRED AT remote resort 150 km NE of Winnipeg. Duties include assistant cook, cabin cleaning, maintenance & yard work. \$3000 per month. Couple required at Base Camp. Duties include carpentry, dock & yard work, cabin cleaning & bookkeeping. \$2500.00 per month (May to Oct.) Apply E.N.R. Box 25, Pointe du Bois, MB, R0E 1N0.

## HELP WANTED

ADDITIONAL SWAN RIVER based salesperson to sell cabinets and commercial millwork throughout Manitoba. Some cabinetry or carpentry experience necessary. Vehicle provided. Company benefits and high job satisfaction level working with progressive and dynamic Manitoba company. Submit resume to: Swan Valley Cabinet c/o Don Buhler, Box 1719 Swan River, Manitoba, R0L 1Z0, or fax to 1-204-734-3923.

## MAIL ORDER

LOOKING FOR NATURAL WELLNESS? Write to Turners naturopathic Dispensary. For a free catalogue. Licensed Physician available for consult. Vitamins, Herbs, Homeopathics. Excellent prices. P.O. Box 22035, Steinbach, MB, R5G 1B6.

## MISCELLANEOUS

DISCREET BOUTIQUE, 340 Donald street, Winnipeg, 1-204-947-1307. Toll Free 1-800-247-0454. We carry Lingerie, oils, lotions and 10,000 more items. http://www.discreet.mb.ca

## MOBILE HOMES

COME SEE THE NEW 1999 Grandeur 3 br-2 bath 16' x 78' for only \$44,500. Built in Manitoba. We have a good selection to choose from up to 20' wide. 5 used - 16' wide starting at \$29,000. 10 used - 14' wide starting at \$14,500. Delivery included up to 250 miles. Altona Mobile Homes. Hwy 30, Altona, Manitoba, 1-204-324-6776 or 1-800-582-4036.

## MUSICAL

CASH IN YOUR HANDS for your drums, guitars, amps, trumpets, clarinets, saxophones, flutes, compact discs, DVDS and videos. Buy, sell, trade, consign. Second Encore Music - Winnipeg 1-204-788-0967.

## NOTICE

LADY OF THE LAKE has enchanting treasures for you and your home. Park Avenue, Brandon. 50% off winter clothes. We'll include the sales tax when you bring in this ad.

OPPORTUNITY  
KNOCKS

INCREASE COVERAGE. Run classified ads in Manitoba's community newspapers. Very cost-effective. High readership. JUST \$150 PER AD FOR 333,000 CIRCULATION in 50 community newspapers throughout Manitoba. Phone us for details or call: 1-800-782-0051. BONUS: Your classified ad is put on our website (mcna.com) FREE. \*\*ANY 2 MONTH PERIOD - book 3 classified ads and get the 4th ad FREE\*\* Manitoba Community Newspapers Association. Fax: 1-204-947-1919.

## Classifieds

## PERSONALS

HIMALAYA PSYCHIC ANSWERS. GUIDANCE FROM above. 1-900-677-7979, 18+ \$2.99/minute, 24 hours.

XXX Grand Opening!! For a limited time get Adult Novelties and 98 to 99 movies for \$9.95 each. Send to: Video Paq, Box 7163, Sandwich, P.O., Windsor, Ontario. N9C 3Z1

LONELY? ALONE? CONNECT with bored housewives, singles, couples and gays in your town tonight. 1-900-830-2222 code 76. Adults only, 18+, \$50 max. charge, 24 hours.

PROFESSIONAL  
DRIVERS

NOTICE! NOTICE! NOTICE! Owner Operators. Due to customer expansion we are in immediate need of 25 Owner Operators based in MB/SK/NW Ontario. Canada/U.S.A. Lanes. No Start-Up Cost. Driver Requirements: Class 1 License - 3 yrs min. Minimum 2 years OTR experience. Must be able to run U.S. Positive Attitude. Unit Requirements: 5 years or newer. 19,500 maximum weight. No paint code. Current Safety. Now that we have your attention! For more information please call Driver Relations Department, Winnipeg. TransX: 1-204-632-7755, 1-800-548-7377. (MCNA)

TRANSX GROUP OF COMPANIES. Due to increased volumes of freight... We're looking for 20 Professional Company Drivers. If you meet with the following requirements: Minimum 3 years OTR experience, USA Entry, Good Abstract, Professional Attitude. Please! Check TransX out by giving the Driver Relations Department a call!!! 1-204-632-7755 or 1-800-548-7377. New pay package. Shop and compare. Pride and commitment to excellence keep us on the move....

## PROPERTY

RTM HOMES BY BARKMAN Construction. Homes starting at \$45,750.00. Quality built for over 20 years. For plans and information - Hwy 206, Landmark, 204-355-4366 or 1-800-224-1082.

## REAL ESTATE

GET OUT OF YOUR TIME SHARE GUARANTEED!!! Mini-vacation included. Holiday Resort International. #1 in buying/renting vacation properties! Total Internet advertising. Call now toll free 1-800-720-6631 or 1-760-721-2692. Visit our website http://www.holiday.com

## STEEL BUILDINGS

STEEL BUILDINGS LIMITED DEALERSHIPS AVAILABLE. Steel Straightwall buildings, coloured walls, clear spans to 150', eave heights to 30'. Lowest industry pricing from \$3.30 sq.ft. Toll Free 1-877-898-0508.

## TRAVEL

REMOTE OUTCAMP FISHING EXPERIENCE affordable for Manitoba anglers: 4 nights accommodation, 3 days fishing on 3 lakes, 2 boats/ motors/ gasoline, air charter - 4 person - \$395.00 + tax each. Open for March/April: 3 fully modern log cabins, new games room with huge hot tub, heated ice-fishing huts, groomed snowmobile trails. Clearwater Lake 23 miles NE of The Pas. Carpenter's Clearwater Lodge. 204-624-5467.

## WORK WANTED

I AM THE PRESIDENT of my union, the Grain Services Union, and one of our locals in Manitoba is Local 2000 which is Agricore employees in the elevator and agri centres. If you work in a workplace of 50 or more workers and would like to find out more about the advantages of being organized. All inquiries confidential. Call Gamet Lee. Business 204-746-5969. Fax 204-246-2483. Weekends/Home 204-246-2304.

## FOR RENT

Executive Home for Rent Beautiful, modern winterized home for rent just south of Grand Beach. Six skylights, oak floors, electric heat, wood burning stove, fireplace and propane fireplace in huge master bedroom. Available immediately. Call Jim in Wpg. at 669-1149 to view. tfxinv-5

## BIRTH

Congratulations to Margaret Dankowski on a baby girl born on January 25, 1999, Jaylene Shayna Dankowski weighing 6lbs 12oz. Proud great-grandparents are Joe & Marge Dankowski.

## BABY SHOWER

Baby Shower for Margaret Dankowski at the Golden Leisure Club on February 28, 1pm-4pm.

## SKILLED TRADE

Skilled Trade - Experienced body person, painter required immediately in Winnipeg. Full time position, top wages, complete benefits, fax resume to 204-663-2554. 1xinv-1

## FOR RENT

Rooms available for rent, call 367-8375. 2xinv-2



Isabel Simard

In loving memory of my grandmother who passed away February 23, 1998.

There's a special kind of feeling, That is meant for you alone, A place within my heart, That only you can own. There will always be a sadness, And often a silent tear, The tears I shed will wipe away, The ache in my heart will always stay.

Forever loved and remembered,  
your granddaughter Vera.

In loving memory of our great-grandma who passed away February 23, 1998.

Always Missed, always remembered, always loved.

Forever loved, your great-granddaughters Darlan, Dakota, Kyla

Isabel Simard - Remembering with love, my mom who passed away February 23, 1999

For all that life has given me and all that's left to do. There will never be a greater gift than the days I had with you. Memories are not my treasures that no one can ever steal. Just like my broken heart that I hope someday will heal. You were someone I could talk to, that no one can ever replace. You were someone I could laugh with, Till the tears rolled down my face. You're the one who saw my through my darkest hours. You were my strength when I was weak. Thanks for all times you stood by me. For all the truths you made me see and for all the happiness you brought into my life. You gave me faith because you believed. I'm everything I am, Mom because of your unconditional love. It's so lonely here without you, but there's comfort in knowing that once again you're with dad and Mel. So until we meet again, dearest Mom, I love you and miss you.

Your daughter Phyllis

Grandma, We did not know that morning, What sorrow the day would bring, You were gone before we knew it and did not say goodbye.

But love and memories never die, Wishing today as we wished before you could have been here a few more years. As time goes by without you, and the days turn into a year, It holds so many memories, And many silent tears, Today, tomorrow, and forever, We'll always love and remember you.

Love grandsons, Jonathon, Corey, Sheldon, Clem Jr., and son-in-law Clem.

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


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