

With the Voice

The Beaches,
Bissett,
Great Falls,
Hollow Water,
Little Black River,
Manitowagan,
Pine Falls,
Powerview,
Sagkeeng,
Saint Georges
Stead

52¢
PLUS PST & GST

Shashawna's Life Could Depend on You

by Charles Norman

Five year old Shashawna Williams of Hollow Water is fighting for her life. She is in desperate need of a bone marrow transplant. Without it she is not likely to live more than a few months.

Shashawna was born with a very rare genetic disease Sanconi Anemia. Her bone marrow does not produce enough red or white corpuscles, or platelets.

Her grandmother Aurelia Williams takes her to Winnipeg for a blood transfusion every week, but even so the outlook is not good. It was looking very bleak last November when a young Winnipeg man was found who could act as a platelet donor. Platelets cause blood to clot. Without them young Shashawna

bruises and bleeds very easily.

The only cure is a bone marrow transplant. The problem is finding a suitable donor. Hollow Water Public Health Nurse Gloria Bushie said the odds are one in 100,000.

The best chance of finding a match is always with the immediate family. They have all been tested without success.

The next best chance of finding a suitable donor is within the aboriginal community. Unfortunately only 1% of Red Cross blood donors are of Aboriginal descent - and none of them match - nor do any of the Red Cross Caucasian donors.

Bushie and the Red Cross are organising blood testing at the Indian and Metis Friendship Centre in Winnipeg and the nine First Nations of the South East Tribal

Council (this includes Hollow Water, Little Black River, and Brokenhead) bushie said she is hoping other aboriginal communities will help in this drive.

Testing will take place on February 24. Blood samples have to be in Calgary for analysis within 24 hours.

Bushie said Shashawna is very mature for a five years old, and happy even when she's sick. "She's a tough little girl" she said.

Shashawna likes to watch cartoons. The Children's Wish Foundation has granted her wish to meet Mickey Mouse, she is flying to Disney World on February 22nd.

Gloria Bushie can be reached at the Hollow Water Medical Facility Building 363-7364, call Gloria Enns at the Canadian Red Cross (204) 982-7487.

Northern Strike Continues

by Charles Norman

The strike at the Northern Store will be entering its fourth month next week, and no end is in sight.

Union president Betty Cowan said "the only issue is management taking over our jobs".

She said the company cut part time hours in March 96 and management did the work "Don Robb was doing more union work than management" she said.

It is not a new problem. In September 1995 the union filed a grievance over the same issue. It went to arbi-

tration at the end of April 1996. The arbitrators decided in favour of the union in a decision handed down in August 1996. Normally this would mean the company would pay the part time workers who were not called in for the work performed by management. This has not happened. The union and the company have not agreed on the amount involved and this has to go back to the arbitrators for a ruling.

In the meantime, on April 30, 1996 the union contract expired. Negotiations began in June 1996. The main issue was

managements right to do union work.

"Since we won the arbitration case in August we were happy with the existing contract" Cowan said. "But the company wanted to change the contract and put management in union jobs.

"We will not go back to work under the conditions they want in the contract" she said.

"If they agreed not to have management doing our jobs we would go back to work. Otherwise, with this company, with this issue, we'll never go back to work." Cowan said.



5 year old Shashawna Williams needs a bone marrow transplant

PINE FALLS 70TH ANNIVERSARY

In January 1927 the Newsprint Mill started operation with one paper machine.

To celebrate this 70th anniversary year of both the mill & the town of Pine Falls, *the Voice* will be publishing a special edition at the end of March.

We would like the help of the community in preparing this issue. We are looking for old photographs, old memories, copies of the Abitibi news letter with stories of Pine Falls, and any interesting historical facts or anecdotes. We would especially like to find a picture of Pine Falls (the falls itself) before the dam was built.

RCMP Looking for help in arson case

RCMP Powerview are seeking the assistance of the general public, in particular the person that called the Three Bears Day Care on the day of the fire that resulted in the death of 2-year old Katrina Guimond. The person that called the Day Care between 11:00 a.m. and 11:50 a.m. on August 27, 1996 is asked to contact the Powerview RCMP at 367-2222. Investigators have established that the phone call was made shortly before or during the time the fire was started. This information is relevant to the investigation and can assist investigators to determine the chronology of events before and during the fire.

If you made the call, contact the RCMP in Powerview at 367-2222.

Editorials

Winnipeg River Needs a Co-op

It is apparent that the union local on strike at the Northern Store will not go back to work if a new contract would allow management to do union work. For the union it is fundamental. For them to back down on this issue would be the beginning of decertifying the union.

The Northwest Company must be aware of this, yet they have accepted a strike for the last three months which has cost them far more than they could hope to gain by winning on this issue. Something else is at stake.

Whatever the objectives of the Northwest Company the fact remains that a service to the community - uninterrupted for more than 60 years, has been interrupted twice since the company took over from The Bay.

When the newsprint mill was threatened with closing down the employees bought it.

Perhaps the whole Winnipeg River community should do the same thing with the Northern Store.

People are beginning to talk of setting up a Coop. It is to be hoped that it is not just talk. Action is needed.

This newspaper will help any way it can.

the Voice
 Publisher/Editor: Charles Norman
 Office Mgr: Gloria LaFreniere
 Graphic Artist: Lori Croucher
 Advertising Rep: Della Clark
 Contributors: Lorraine Neal, Carole Weger, Todd Gulmoed

SUBSCRIPTIONS
 \$22.80 within 65 km. (40 mile radius of Pine Falls)
 \$45.60 all other areas
 (prices include PST & GST)

The COMMUNITY VOICE
 P.O. Box 4000
 Pine Falls Mb.
 R0E 1M0
 TEL 367-4466 FAX 367-4078

E-MAIL: dnorman@cancom.net
 Community Newspaper Est. 1993
 2nd class mail #02315408-99
 (Postage paid in Pine Falls)

Community Billboard - ph 367-4466

LIBRARY ALLARD: Library Hours: Tuesday: 10:30am to 5:00pm Wednesday: 1:00pm to 5:00pm 6:30pm to 8:00pm Thursday: 1:00pm to 5:00pm 6:30pm to 8:00pm Friday: 1:00pm to 5:00pm Saturday: 10:30am to 2:00pm

KNIGHTS OF COLUMBUS: Meetings every second Tuesday of the month 7:30 at St. Theresa's Church General Meeting

SILVER HAVEN CLUB: Cribbage - every 4th and 5th Monday of the Month at 1:30 p.m. - Whist - every Thursday of the month at 1:30 p.m.

WINNIPEG RIVER W.L.: meetings third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges

POWVIEW LOCAL MMF: Regular Meetings held on the first Thursday of each month - 7:00 pm at the Powerview Arena Meeting Room

PINE FALLS HEALTH AUXILIARY: Meetings on the first Tuesday of every month at 1:30 pm

COTTAGE COUNTRY BUSINESS ASSOC.: Meeting - Every first Monday of the month at 7:00 p.m. Ph. 756-2596

ALCOHOLICS ANONYMOUS: - Sun Rise Group - Meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. Located at Powerview Arena (small centre entrance in front). Last Friday of the month open to the public. Fri. is non-smoking.

PINE FALLS LEGION: Meetings held 2nd Thursday of the month 7:30 p.m. Legion Hall. Meatraffles held at Legion House on Fridays from 4:30 to 5:30 p.m.

PINE FALLS MASONIC LODGE # 154: - meets on second Friday of every month in the Pine Falls United Church. (except June, July, & Aug.)

BADMINTON - Pine Falls School Gym, Sunday & Wednesday nights, 7:00 - 10:00 p.m.

POWVIEW GARBAGE PICKUP every Wed. Recyclable pickup every 1st & 3rd Thurs. of each month. P.A.A. MEETING every 4th Thursday of each month at 7:00 p.m.

VILLAGE OF POWVIEW MEETINGS, every second Tuesday of each month.

WINNIPEG RIVER SENIOR SERVICE INC. Coordinator: TheLma Hanson. Office: Pine Falls Health Complex, Telephone: 367-9128. Hours: 9:00 - 1:00 Monday - Friday. Services: Transportation, Home Maintenance, Foot Care, Volunteer Help, Information.

Family Care Giver Support Group at the Catholic Church St. Georges last Monday of the month at 7:00 p.m.

ALANON - The Beaches family group, Tues. 7:30 pm. Ateah Rd. @ Hwy. 59.

PINE FALLS LIBRARY - Library hrs. will be from 3 p.m. until 5 p.m. Monday - Thursday.

PRE NATAL CLASSES - Will be starting March 5 at Pine Falls Hospital Unit. To register call 367-2224.

Church Services

NOTRE DAME DU LAUS: Powerview Sunday Mass: (English) 10:00 am, Saturday eve. (French) 7:30 p.m. & in Stead Sunday 12:00 noon.

PINE FALLS UNITED CHURCH: Sunday service Sunday school 11:30 A.M. Rev. Cindy Terry. Office Hours: Tues - Fri. 10:00 to Noon Tel: 367-2633. Services held in Anglican Church of The Advent.

PINE FALLS ANGLICAN CHURCH OF ADVENT: 1 Holly St. Ph. 367-8347 Service Sunday 9:00 am. Sunday School provided Rec. Services by Lay Readers. Everyone Welcome.

ST. THERESA'S: Pine Falls Mass Sunday at 10:00 am

ST. GEORGES: Mass Sunday at 8:00 am and 10:00 am

ST. JUDE'S ANGLICAN CHURCH, Grand Marais, Holy Eucharist - 2nd and 4th Sundays, 11 a.m. Morning prayer 11 a.m. - 1st, 3rd and 5th Sundays.

TRINITY EVANGELICAL LUTHERAN CHURCH, Thalberg, 1 mi. east and 1 mi. South of junction 12 and 304. St. John's Evangelical Lutheran Church, Greenwald on Hwy. 12, 1/2 mi. north of junction with 317. Sunday church school 10 a.m., worship 11 a.m. (alternate locations). For info. call 635-2625 or 754-8682.

CHRISTIAN FAITH FELLOWSHIP - Bible study 7:30 p.m. Wed., Church Service at 10:30 a.m. Sunday School a 10:00 a.m.

HOUSE OF PRAYER FULL GOSPEL - 2:30 every Sunday, Scatterbury Mb., on Hwy. 59

ST. MARGUERITE R.C. MISSION Pitt Rd. - Traverse Bay, 11:30 a.m. Sunday Additional Mass mid June thru Labour Day 7:30 p.m. Saturday.

ST. ALEXANDER R.C. CHURCH, located at Sogkeng Is. Nations. Sunday Mass 10:30 a.m.

ST. THERESA R.C. MISSION, 88 Glendale Ave., Grand Marais. Mass or Community Service 7:30 p.m. Saturday. 1st Sat. of November to last Saturday of April.



CHATEAU VIDEO
 "Your first choice for entertainment"
 4 Maple St., Pine Falls. 367-8362
 12:00 Noon - 9:45 p.m.

News

Announcing: manitobanews.com

The Manitoba Community Newspapers Association is pleased to announce a joint venture with Technology Plus, Rural Manitoba's largest privately owned Internet service provider based in Neepawa, Manitoba. The venture will bring Manitoba's community newspapers to the Internet through Techplus.com. MCNA President Gerry Dorge stated in making the announcement that bringing all of Manitoba's community newspapers on-line and under one roof is an important step in our long term plan to bring the Manitoba news to the Internet world.

The service is accessible by use of the domain name "www.manitobanews.com" and as the weekly newspapers come on-line, they will be featured under one banner.

In addition, the website will also extend the range of our "Province Wide Classifieds". Purchasers of the classified which run concurrently in all of Manitoba's weekly newspapers, will now receive the added benefit of having their advertisements accessible on a world wide basis.

Also featured on the MCNA home page are all the statistics relating to each member's newspaper. Circulation area, circulation numbers and advertising rates

and contact numbers as well as links to email addresses and home page addresses for each newspaper. "This ushers in an exciting era for community newspapers", stated Dorge.

Mark Anderson, owner of Technology Plus stated that hosting the manitobanews website will be a major plus for their business. "We are aware of the tremendous readership loyalty of community newspaper readers and expect a major boost in traffic to our service through this venture. Through the experience of the Minnedosa Tribune, there is definitely a market that can be expanded through this new medium." Anderson was referring to the marketing tests conducted by The Minnedosa Tribune since going on-line in April of 1996. Through their

website which carries the full text of The Minnedosa Tribune, that newspaper has now been able to reach subscribers worldwide. Bob Mummery, publisher of The Minnedosa Tribune, indicated that former residents who have relocated to other parts of Canada and the world can now be kept up on their hometown news at the same time as local subscribers receive their newspapers. "It has opened up a whole new market for us. Those subscribers were not satisfied with the lengthy delivery times through the postal system but with this new delivery medium, they receive their news the same time as someone living just down the street, even if they happen to live in Bangkok." The Tribune has an on-line subscriber living in Bangkok, Thailand.

Have you protected any of your profits from next year's crops?
 Do you even know how to lock in a price for some of next year's crop?

Why not sign up to take a grain marketing course in your own home, by distance education? Talk to the staff at your local Manitoba Agriculture office for more information, or call Assiniboine Community College at 726-6683 or 1-800-862-6307.



Assiniboine
 COMMUNITY COLLEGE

COMMUNITY FORUM

AN INVITATION TO PARENTS AND COMMUNITY MEMBERS OF THE LORD SELKIRK SCHOOL DIVISION # 11

The Board of Trustees of the Lord Selkirk School Division #11 invites interested citizens, taxpayers and parents to a special meeting on the topic of the school division's budget for 1997-98:

Tuesday, February 25th, 1997
 7:00 p.m.
 Cafeteria
 Lord Selkirk Regional School
 221 Mercy Street
 Selkirk, Manitoba

This will be your opportunity to provide input to your trustees in their development of the school division budget for next year.

Come and share your opinions and priorities.

DANCYT'S FOODS

SPECIALS FEB. 11-16

82, 3rd Street, Lac du Bonnet

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 *Everyday Low Prices on Brand Name Quality!
 *Super Low Prices on Smart Choose Generis Brand!

Monday - Friday 8AM-8PM
 Saturday - 8AM - 6PM
 Sunday - 11AM - 5PM

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- Smart Choice Margarine 454g..... .88
- Smart Choice Macaroni & Cheese 200g..... 3/.98
- Smart Choice Cheese Silce's 24's 500g..... \$3.48
- Smart Choice Peanut Butter Asst. 1Kg..... \$2.48
- McCain French Fries Asst. 1Kg..... \$1.48
- VIVA Paper Towels Jumbo 2 Roll..... \$1.98
- HUNT'S Puddings Asst. 4x13g..... \$1.58
- COFFEEMATE Coffee Whitener 500g..... \$2.98
- KELLOGG'S Raisin Bran Cereal 800g..... \$4.33
- E. D. Smith Ketchup 1 Litre..... \$1.88
- JAVEX Liquid Bleach Jumbo 5 Litre..... \$1.98
- PURITAN Flaked Meats Asst. 184g..... .98
- GENERAL MILLS Trix or Peanut Butter Puffs Cereal 325-400g \$2.98

PRODUCE

- Sweet Honey Tangerines U.S. Grown No. 1..... 88lb/1.94kg
- Sunkist Navel Seedless Oranges Sweet..... 58lb/1.28kg
- New Red & White potatoes U.S. Grown No. 1..... 58lb/1.28kg
- Romaine "Caesar" Lettuce U.S. Grown No. 1..... .98ea
- Sweet Red Bell Peppers Imported..... 1.58lb/3.48kg
- Long English Cucumbers Imported..... 1.58ea
- Extra Large Vine Ripened Tomatoes..... 88lb/1.94kg

DAIRY Beatrice

- Stirred Yogurt Asst 125g..... 10/\$2.98
- Breyer's Classic Ice Cream Reg. or Lite Asst..... 2L \$3.48
- Cream Cheese Soft Spread or Brick 250g..... \$1.98

BAKERY

- Deli World Bagels Asst. 6's..... \$1.48
- Wonder Bread White or Brown 570g..... .98
- Meatyme Hot Dog or Hamburger Buns 8's..... .98

MEATS

- Schnelders Meat Pie - Beefsteak, Turkey, Chicken or Beef. Pkg. of 6 pies 400g \$2.69ea
- Schnelders Cheddar Cheese - Mild, Medium, Old, Marble, Farmers, Old Nippy, Random cuts, a taste for everyone .89 per 100g
- Schnelders Tarts - Butter, Pecan, or Lemon 6 pak. \$1.89ea
- Schnelders Bung Bologna - .69 per 100g
- Black Forest Deli Ham - \$1.09 per 100g
- Beef Rump Roast - boneless, no waste \$2.39lb/5.27kg
- Pork Loin Chops - Family Pack \$2.29lb/5.05kg
- Rock of Pork or Crown Roast of Pork (Company's coming)... \$2.29lb/6.59kg

- Ground Turkey - freshly minced while it lasts \$2.29lb/5.05kg
- Kurtwurst Sausage - fresh, made from beef in pork \$2.19lb/4.82kg

*PLUS MANY MORE MEAT SPECIALS TOO NUMEROUS TO MENTION!

Education

BEACHES BUZZES

Upcoming
Thrill, chills and spills...ice racing on February at Wanasing Beach, Saturday, February 22nd afternoon. Follow the signs past Jackie Johnson's place.

Curling...
Still lots of bonspiels taking place here in the beaches and over in Pine Falls. Took part in the Avery family funspiel on Saturday in Grand Marais. Haven't curled in many a year, and my other half never curled before. It showed....rocks through the house, and some short....good ice though and lots of wonderful company. "My team," skipped by Harvey Lacroix was winner, didn't lose one game (not through any great skill on my part). It was fun, brought back reminders of just how much fun the game really is! Also brought out the question

why it's taken this long to get back to it. Perhaps there would be some benefit in conducting a curling clinic next fall....might bring out some latent curlers?

Indoor Golf...
Looking for something to get the old bod' in shape for spring? Try indoor golf at Victoria Beach Senior Scene on Mondays. Give Bill Wilson a call for more details - 756-3487.

Spring?
All the reports we've heard so far this winter indicate we'll have an early spring. Certainly the nice days we've had this past couple of weeks show some signs this just may be true. Of course we must realize there will still be some c-o-l-d days yet, and some more snow, just to keep us humble... That's all folks....

Wondering about the Internet? Want to give it a try?

A PUBLIC INVITATION to "surf the net"

at your community's **Community Access Program Open House** Friday, February 14 12:30 - 4:00

Library Allard, St. Georges Empower School, Pine Falls

Refreshments Served...a project coordinated by Winnipeg River Brokenhead CFDC



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For your special love we also have a wide selection of...

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- ♥ Plush Animals



Shop Early for best selections. Open till 6:00 p.m. Valentine's Day!

Meeting of Bissett Old Timers a success

by Wilda Ward

An exhibit to commemorate the 100th anniversary of the Klondike Gold Rush was on display at the Museum of Man and Nature in Winnipeg, from November 5, 1996 to January 26, 1997. In conjunction with this exhibit there was also a display of artifacts and photographs on Manitoba's own gold rush, in the Rice Lake area. It featured the mines at Central and Beresford Lake, but special emphasis was placed on the mine at Bissett.

To conclude this exhibit a panel discussion was held on Sunday, January 26 at the Museum. The panel consisted of four people who grew up in Bissett - Mary Leith (Campbell) Ellwood, Monty Vialoux, Hugh Wynne and Wilda (Reynolds) Ward. Geologist Don Anderson chaired

the panel. High, the only one of the panel still living in Bissett began by showing slides of the earliest developments in the mine and concluded with ones showing current developments, in particular the demolition of the old head frame to make way for a new expanded one. There was also a general discussion in which the panel shared their experiences and memories in such areas as transportation, schooling, social life, and local personalities, as well as mine history.

The standing room only audience for this discussion consisted of at least 150 persons, most of them former or current residents of Bissett. It was an enthusiastic audience, who were more than willing to share their own memories of life in Bissett.

TOURISM TRAINING NOTICE

Why not pursue a career in the Tourism Industry?

-It is the world's fastest growing industry?
-Ten things tourism employees like about their jobs - Variety, dealing with people, working with other tourism employees, opportunities, advancement potential, developing global skills, easy to get started, training opportunities, tips and creativity.

Are you interested in taking a National Certification course in Tourism.

- We are planning to offer this training program in Pine Falls in March, 1997.
- This training will be sponsored through a partnership between various Provincial & Federal agencies at no cost to the trainees.
- Training will consist of both classroom and on the job work experience.
- Local employers are involved and will hire successful trainees at the end of the program.
- Training will be provided by the Manitoba Tourism Educational Council.
- The main sectors of training will include Food & Beverage, Accommodation and Tourism Services (Retailing).

Interested persons can contact: Debbie Rattai (Manitoba Education & Training @ 268-6083. Barry Vokey (J.U.S.T. Training Corp.) @ 345-2686.

Registration Deadline - February 21, 1997

EFFECTIVE FEBRUARY 10, 1997

Blue Water Medical Clinic

Shall operate

BY APPOINTMENT ONLY!

During current physician shortage.

Thank You for your co-operation during this period.

Education

Powerview School Pacer Report

This first semester is over and it is time for Powerview School to be sharing more information with parent and community members. The Voice has agreed to allow Powerview School to submit a weekly column about the activities and events at our school.

On January 23rd and on January 27th the Pine Falls/Agassiz Liaison Committee met to share information, to discuss concerns and to plan for the future. The following topics were shared:

Feelings Staff/Students - All Powerview School, Staffing Update, Technology Update - ITV Project, Site Based Management - When is it?, Parent Advisory Council - Good collaboration and cooperation, Extra Curricular athletic, non-athletic - Volleyball Season Cham-

pions - Boys, Band Program Proposal, School Uniforms, High School Courses - Second Semester - Pre-registration guidelines 97/98, Apprenticeship program, Graduation - Parent Meeting, High School Counselling/Guidance Counselling, RCMP - Communication, Discipline/Bully Proofing, High School Attendance, At risk students - Alternative Program.

At the end of the meeting a four person sub committee made up of Mr. Klassen, Superintendent of the Agassiz School Division; Mrs. Ria Snell, Chairperson of Pine Falls School; Mr. Paul Barnard, Vice President Human Resources Pine Falls Paper Company and myself were selected to plan for a permanent arrangement. The committee is to report back to the Liaison Committee on March 10th. A public meeting is also planned to share information and to listen to suggestions and concerns.

It is budget time and the school board has just completed a draft budget. On February 13th the board will be informing our staff and our Parent Advisory Council of their intentions and on February 20th a public meeting is scheduled. The school will keep parents updated.

The Discovery Program run by Mrs. Johnston is set to start its second series of craft classes. The proposed workshops are:

Stained glass, (2) Arts & Crafts, Drama, Outdoor Education, Creative Problem Solving, Home Economics, Jazz Dancing, Newspaper, Graphic Arts, Bowling.

The Curling Club hosted the Agassiz High School Curling Championships on February 4/97. Mr. Tim Seguin organized the boys and girls draws. Both teams finished in third place.



Teachers Terry Schwartz, Sylvia Reid and Sharron Keilback with Instructor Irene Froehlich at an evening session on early years reading.

Teachers Appreciation Week Teachers - Forever the Student

How do teachers stay in tune with all the demands of the new curriculum, teaching practices and relevant material? They go back to school! During the school year six days are set aside to allow teachers to keep in touch with all the new dimension of their profession.

Feb. 10th was the most recent inservice day. A variety of activities were held in all the major centres. Teachers from K-4 were involved in a Math Inservice in Beausejour, which introduced the new math curriculum, as well as analysed the grade 3 standardized exam and discussed strategies for preparing the children. Middle years teachers met in Lac

du Bonnet to discuss both Math and Language Arts curriculum. In the high school in Beausejour teacher were examining the yearly, semester and quarterly systems of timetabling. In Powerview the remainder of high school teachers were reviewing software that could be used across all subject areas, the internet, and overall how technology can be incorporated into the classroom. Counsellors met to work on a divisional plan for career counselling and special needs had a session on Working with Impulsive kids.

Throughout the year, evening and weekend inservices are held, and are well attended by teachers. In the Division many teachers are enrolled in post graduate university courses and drive evenings into the city to attend their classes.

February 10-14 has been declared Teacher Appreciation Week. All aspects of teaching are challenging. Every year new curriculum, new expectations, and new teaching methods are addressed. Keeping in touch and in tune with all these areas are extremely important to the teacher and as a result to the students. Please take time to remember your child's teacher and the important role they play in your child's life.

BROADLANDS CONVENIENCE STORE



You can purchase a lovely flower arrangement for just \$40.00 (including tax and a \$2.00 delivery charge)

Smaller Arrangements, single roses for \$2.79, carnations are available.

We have flowers for everyone's budget. Prebooking available. Call or drop in 367-4665

SAFETY CERTIFIED CALL TODAY FOR MORE INFO. TOLL FREE 1-800-204-7520 SELKIRK 1-204-482-3612

RETURN TO YOUR COMMUNITY FOR RECOVERY

If you or a member of your family are needing hospitalization in Winnipeg, you have the option to request being returned to Pine Falls General Hospital or Sunnywood Manor Personal Care home as soon as possible, for example, when:

- Your surgery is over
- Your condition improves but you need further hospital treatment.
- For palliative care services

Pine Falls General Hospital and Sunnywood Manor Personal Care Home offer:

- Quality medical and nursing care;
- Convenient free parking;
- Close proximity to your home; and
- Lower cost per hospital bed than an urban hospital

Access to community Home Care Services can be obtained through your local Community Health and Family Service office: Pine Falls 367-2224

Health

Rubella Outbreak in Manitoba

Women of child-bearing age are urged to take precautions against a re-emerging outbreak of rubella (German measles). There have been over 200 cases in the province since October 1996.

Most women of childbearing age have developed immunity (protection) either through natural exposure or through immunization at birth or at 12 years of age. However, some women remain unprotected.

To prevent infection, women of child-bearing age who are not pregnant should check with their own records, the local Public Health unit, nursing station or doctor to ensure they have been immunized against rubella or have had a blood test in the past proving they are protected. If they are not protected, they should be immunized by a doctor or Public Health Nurse as soon as possible unless pregnant or trying to become pregnant. Pregnancy should be avoided for three months after immunization.

Pregnant women are tested for immunity when pregnancy is diagnosed. If she is not immune, she should avoid exposure to anyone known to have rubella for the first 20 weeks of pregnancy. Should she be exposed to rubella she should contact her doctor immediately.

Women who are trying to become pregnant can receive a blood test to determine whether or not they are protected.

Rubella is normally a mild illness which results in rash, headache, fever, runny nose, irritation of the eyes, and swelling of the lymph glands. The major risks, however, are the serious effects to an unborn baby. Fortunately, there is a vaccine against this disease which offers protection.

COMMUNITY HEALTH WATCH

Menopause - Part II

The initial onset of menopause is quite unpredictable. Perimenopause may begin as early as 35 and starts earlier for women who smoke than for those who don't. Menopause is predetermined and is reached at different times by different women. Menopausal timing is not related to race, class, pregnancy, breastfeeding (or not breastfeeding) fertility patterns, the birth control pill, height, weight, age of onset of menstrual periods or the age of the woman at the last pregnancy.

The age of the average menopausal woman is 51. If menopause is reached naturally or surgically before the age of 45, it's called early menopause. If menopause is reached surgically, and if both ovaries are removed, the conditions associated with menopause are often immensely intensified. The abrupt drop in estrogen levels caused by such surgery may lead to major physical and emotional changes and can lead to major depression.

It is important for women to remember that perimenopause is simply a phase, that all the mind and body confusion is only temporary. It might be reassuring to

realize this phase may only last for two or three years, although for some women it unfortunately can last for up to twelve years.

Women should recognize the importance of continued check ups with their physicians, whether they are still experiencing menstrual periods or not.

Hot Flashes...Night Sweats...

Hot flashes are sudden explosions, or mild waves of body heat that last from 30 seconds to five minutes. These flashes of heat are caused by sudden rushes of hormonal changes. The hot flash will often start with a tingling sensation in the fingers and toes. The tingling, (if it appears) is followed by fast rises in skin temperature and rapid heart palpitation.

Seventy five percent of women have hot flashes during perimenopause. Fifty percent of women have one each day. Twenty percent have more than one hot flash per day. Ten percent have them for a period of up to five years after menopause. They are uncommon after that.

Hot flashes often include drenching sweats that can soak the bedding when they happen at night. Women who have hot flashes generally weigh less than women who don't. Women should begin reading and learning about menopause long before it happens. There are significant health risks which can be avoided, using preventive measures.

Here are Some Tips to help Relieve Hot Flashes...

1. Regular exercise, biofeedback, cold showers, de-

Cont'd on Next Page.

Community

Notre Dame du Laus Parish News

HEALTH WATCH

Cont'd from pg. 6

creased stress and cooler rooms.

2. Reduced intake of tea, alcohol, hot beverages and spicy foods.

3. Wearing thin layers of all cotton clothes which can be removed.

4. Keeping a 'hot flash' diary to learn what triggers them.

Osteoporosis...Loss of Bone Mass...

One of the causes of loss of bone mass is because of the loss of estrogen during perimenopause. Women with osteoporosis lose between one and one and a half percent of their bone mass each year. Bones become brittle and more likely to break as they become less dense. Complications can be fatal. Osteoporosis has no symptoms - bone density testing is recommended in the following instances:

1. Following menopause or any other prolonged time without menstruation.

2. If a woman has spinal abnormalities

3. If a woman takes steroids, which can cause rapid bone loss.

4. If a woman has an overactive parathyroid gland, which can lead to rapid bone loss. Bone loss can begin with

perimenopause. It's important for females of all ages to build bone mass with weight bearing exercise such as walking, running, and weight lifting. It is also important to enrich their diets with vitamin D - at least 1,000 mg of calcium before menopause and 1,500 mg after menopause. Remember, estrogen replacement can help stop osteoporosis, but the bone mass that's been lost cannot be replaced.

Women are at highest risk who:

a) are white or Asian

b) weigh less than average for their height

c) have early menopause or have a family history of osteoporosis

d) have a diet high in caffeine, alcohol, or protein

e) have a diet low in calcium and vitamin D

f) have hormonal conditions such as diabetes, hyperthyroid, Cushing's Disease

g) smoke

h) don't get enough exercise

i) take thyroid or cortisone medications

Information used in this column courtesy of Planned Parenthood of America. Compiled and edited by Lorraine Neal. Next week: Sex and the Mid life change, Traditional and Alternative Therapies.

ASH WEDNESDAY (February 12th) marks the beginning of the Lenten season. Lent is a season when we are called to renew and deepen our relationship with the Lord so that we may better celebrate the events of our redemption.

The penitential traditions of LENT (fasting, repentance, prayer and almsgiving) are not in themselves the goals of Lent, but rather ways that the Church commends to help us draw closer to our God. We perform these deeds in the belief that God will bring new spiritual life out of our death to self. Let us welcome this chance for anew beginning and open our hearts to our merciful and saving God. Let us truly experience the Lenten season!

A Big Thank You to everyone involved in the organizing the Youth Retreat which was held January 31 - February 2, at the Powerview School. It was a great success. Many hearts were touched by the Lord during this wonderful and uplifting weekend. The Holy Spirit worked wonders through the team of young adults, from

all over the province, who put on the retreat. We are all looking forward to having them back.

A very special thank you to: Broadland's Restaurant, Mr. Pie's, Riverview Self Serve, Midway Foods, Chicken Delight, Papertown Hotel, and all who made cash donations. Your generosity was greatly appreciated. Words of thanks to Paul Mangan and the school staff for allowing us to use the school facilities. Also a special thank you to all who gave of their time and energy (especially the cooks), those who donated food, and those who prayed for the success of the weekend. May God bless you

and keep you all!!!
A big bouquet to Chad Vincent and Father Rene Chartier for getting the Retreat Team out here!
Sincerely, Young Christians in Action Youth Group.

Mark your calendar and plan to attend, the parish retreat which will be held Monday through Thursday, February 24, 25, 26 & 27 at the Church in Powerview. The retreat will be directed by Fr. James Fiori, o.m.i. There will be morning and evening sessions and possibly afternoon workshops. There will be more information in next week's paper. Watch for it!

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90 Safari Van Loaded	\$10,990
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95 FIREFLY 3dr.	\$7,990
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90 GRAND AM 4dr. SE	\$7,990
91 GRAND PRUX 4dr LE	\$8,990
88 FORD xt Super Cab	\$8,990
88 PARK AVE Loaded	\$7,990
88 CUTLASS International	\$7,990
90 FIREFLY 2dr.	\$7,990
90 LINCOLN Cont.	\$11,500
88 CARAVAN Belge	\$8,990
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90 TERCEL 2dr.	\$8,990

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INVITATION
EMPOWER ADULT EDUCATION CENTRE
GRAND OPENING
"Open House"
12:30 - 4:00 p.m.
February 14, 1997
1 Oak Street, Pine Falls
Empower School is proud to announce its official Grand Opening (Ribbon Cutting 12:30 p.m.)
Drop by the school to see the changes of our new location. The staff & students welcome you to visit and explore the many different courses & computer programs we have to offer. We now have our site location for the Community Access Program. Come surf the net (Business and Public Internet).
Hope to See you there! Coffee and Donuts!!

Treat your sweetie at the Papertown or Valentine's Day!
Papertown Motor Inn
Specials...
Prime Rib.....\$14.95
Steak and Seafood Sauté.....\$19.95
Fettuccine Alfredo.....\$10.95
With Shrimp and Scallops
Steak and Lobster.....\$24.95
9oz New York, 5oz Lobster Tail
The above meals come with soup or salad, choice or potato, fresh vegetables, and a dinner roll.

Thank you...
O.P.E.I.U. Local 216 Pine Falls,
Gateway Industries Union Winnipeg,
Debbie Lagasse - Celebrations Unlimited,
West Fair Workers, Fran Rodgers, Linda Rudd, Yolande Bruneau, Kim Sharpe, Dorothy Flanigan, Ed Fisher, Mike Muzik, Linda Schwaix, Alex Bushie,
Pine Falls Nurses Local 18
from, The Retail Wholesale Canada - Canadian Service Sector Workers of United Steel Workers of America

Sports

Gordon Watson
Pine Falls Paper Kings.

Thanks and thanks again for what you and the Paper Kings did for me last night in your arena and please say thank you to all the others that shared in this very special night. I have been lucky to have been in a lot of hockey arenas the past 50 years, but no where have I been treated as well as I was in Pine Falls on Friday, January 31. Hey lets be honest I could not have planned it any better. Good luck in the play-offs and thanks for the MEMORIES.

Your Friend in Hockey Cal Marvin, Mgr.
Warroad Lakers Hockey Club.



Eastman Ringette League

Standings as of January 7

NOVICE DIVISION

GP	W	L	T	P	GF	GA	
Lorette	11	10	1	0	20	183	81
Ste. Anne	11	9	1	1	19	122	69
Steinbach	12	8	3	1	17	161	74
Pineview	10	5	5	0	10	94	101
Grunthall	11	3	8	0	6	100	139
Niverville	11	1	9	1	3	71	155
Ld Bonnet	10	0	9	1	1	56	154

PETTIE DIVISION

GP	W	L	T	P	GF	GA	
Steinbach	11	11	0	0	22	134	28
Niverville	11	5	5	1	11	56	78
Pineview	10	4	6	0	8	67	72
Ld Bonnet	8	2	5	1	5	27	61
Landmark	8	1	7	0	2	37	82

TWEEN "A" DIVISION

GP	W	L	T	P	GF	GA	
Mitchell	11	9	1	1	19	154	64
Steinbach	11	8	1	2	18	116	59
Pineview	9	7	2	0	14	114	67
Ste. Anne	9	3	4	2	8	67	82

TWEEN "B" DIVISION

GP	W	L	T	P	GF	GA	
Landmark	11	4	6	1	9	91	106
Niverville	10	2	8	0	4	52	96
Ld Bonnet	11	0	11	0	0	30	150

JUNIOR "B" DIVISION

GP	W	L	T	P	GF	GA	
Mitchell	8	4	2	2	10	58	52
Landmark	9	4	2	2	10	64	67
Niverville	8	1	6	1	3	47	66

JUNIOR "A" DIVISION

GP	W	L	T	P	GF	GA	
Steinbach	4	3	0	1	7	32	11

BELLE DIVISION

GP	W	L	T	P	GF	GA	
Ste. Anne "A"	3	3	0	0	6	29	3
Pineview	1	1	0	0	2	17	0
Ld Bonnet	4	0	4	0	0	3	46

(Please note cross over games between "A" and "B" divisions are recorded)

The Coaches Association of Manitoba

is now accepting nominations for the

"3M Coach of the Year" Awards,

and the

"McDonald's Fair Play Recognition" Awards.

The deadline for nominations is February 28, 1997.

For more information or nomination forms please call 925-5667.

Manitoba Jr. B League Standings as of Jan. 26/97

TEAM	GP	W	L	T	OTL	GF	GA	PTS
ST. MALO	28	23	5			263	111	46
BRANDON	30	21	8	1		217	149	43
PEGUIS	30	20	8	2		273	167	42
SELKIRK	30	17	11	2		148	130	36
ST. CLAUDE	29	14	15		1	190	144	29
N. WINNIPEG	28	10	17	1	1	157	173	22
GIMLI	30	7	22	1		87	252	15
SAGKEENG	30	2	28	1		73	282	5

Wednesday February 5
N. Wpg 7 Sagkeeng 6
Sunday, February 9
Sagkeeng 11 Gimli 0

ZONE 13 - North, Varsity Girls Basketball Statistics

NAME	School	#g.p.	t.pts.	av. p.p.
Cramers, S	PIN	2	31	15.5
Letander, Cynthia	SAHS	4	58	14.5
Courchene, Desiree	SAHS	4	51	12.8
Culbert, K	ESS	5	62	12.4
Teetart, Kristen	LDB	2	20	10.0
Dube, Stephanie	PV	1	10	10.0
Moneyas, Roxane	WAN	1	10	10.0
Gunter, Stephanie	PV	2	18	9.0
Swampy, Andrea	SAHS	4	35	8.8
MacMillan, K	PIN	3	25	8.3
Dreger, R	PIN	3	25	8.3
Bigelow, E	PIN	3	23	7.7
Kohle, B	ESS	5	38	7.6
Hobbs, Chrissy	LDB	3	22	7.3
Goritz, Carla	ESS	5	32	6.4
Nault, Stephanie	PV	1	6	6.0
Moneyas, Niki	WAN	1	6	6.0
Bouvier, Monique	PV	2	11	5.5
Obenick, E	PIN	3	14	4.7

ZONE 13 - North, Varsity Boys Basketball Statistics

NAME	School	#g.p.	t.pts.	av. p.p.
Weslack, T	ESS	5	129	25.8
Dancyt, John	LDB	3	58	19.3
Moneyas, Blair	WAN	1	19	19.0
Wassing, Shawn	LDB	3	44	14.7
Arseniuk, Jon	LDB	3	42	14.0
Jubenville, Ryan	PV	2	24	12.0
Blackbird, Josh	SAHS	2	21	10.5
Sandersen, Lee	PV	2	21	10.5
Lynn, Ricky	LDB	3	30	10.0
Davidson, B	PIN	3	27	9.0
Allan, R	PIN	3	26	8.7
Duff, Troy	PB	2	17	8.5
Litke, J	ESS	4	33	8.3
Augustine, Corey	LDB	3	24	8.0
Cramer, K	PIN	3	22	7.3
Charnas, C	ESS	3	19	6.3
Dorie, Anthony	SAHS	4	25	6.3
MacFarlane, Scott	LDB	3	18	6.0
Fontaine, L	PV	1	6	6.0

VARSITY HIGH SCHOOL BASKETBALL

VARSITY GIRLS SCHOOL

GP	W	L	Pct.	GB	PF	PA	
Pinawa Panthers	3	2	1	.667	0	173	129
LdB Chargers	3	2	1	.667	0	108	93
Edward Schreyer	5	3	2	.600	1/2	156	167
Sagkeeng Wolves	4	2	2	.500	1	158	148
Wanipigow Stingers	1	0	1	.000	1 1/2	24	48
Powerview Pacers	2	0	2	.000	2 1/2	54	79

VARSITY BOYS SCHOOL

GP	W	L	Pct.	GB	PF	PA	
LdB Chargers	3	3	0	1.000	0	273	85
Edward Schreyer	5	4	1	.800	1/2	299	230
Powerview Pacers	2	1	1	.500	1 1/2	93	86
Sagkeeng Wolves	4	1	3	.250	2 1/2	104	240
Wanipigow Stingers	1	0	1	.000	2 1/2	32	54
Pinawa Panthers	3	0	3	.000	3	122	238

GREAT FALLS CURLING CLUB

MIXED BONSPIEL FEB. 21, 22 & 23

\$80.00 per team Phone 367-9171

St. Georges Sand Bag News

Mens highest game:

1. Robert Chevrefils 7590
2. Philip Bouthillier 7160
3. Erik Kesanen 6930

Womens highest game:

1. Maria Dupont 6980
2. Elaine Boulet 6240
3. Lindy Kaminawaish 6210

Highest Square

1. Maria Dupont 1140
2. Victor Vincent 1200

Most 300's - Colette Vincent - 13

Team Points

1. Jos Vincent 47
2. Horace Nault 42
3. Jeanne Lavoie 40
4. Victor Vincent 29
5. Edgar Vincent 27
6. Henri Desautels 27
7. Florence Windsor 22
8. Philip Bouthillier 7

Sports

Maskwa Newsletter

by Ian Cyr

The count down to Spring is quickly approaching us so if you don't have 2,000 miles on your sled you had better hurry because the ground hog predicts an early spring.

The Maskwa is experiencing a problem with underage drinking at the Clubhouse. When minors are drinking they and many others revert to vandalism. This is just a warning to some of you parent's that think your kid is an angel. I don't mind if they use the Clubhouse for a meeting place, but it is not to be used for a minor age drinking facility. The next time it happens the R.C.M.P. will be taking care of it and don't be surprised if you have a late night knock on your door. They have no respect for the Club leaving their gar-

bage all over, beer bottles frozen to the tables and last but not least splitting firewood inside the building leaves a terrible mess not to mention costly damage. Remember that the club is operated by dedicated volunteers, so if you "mess it", "clean it", we're not your mothers.

The Maskwa Club has spent \$500.00 in signing for the town of Powerview but some idiot keeps stealing or rearranging these signs. If caught you will get a personal vandalism charge not to mention replacement for the signs. These signs are for the safety of the snowmobiler and the public, please leave them alone.

The Maskwa Derby-fest 97' is on Saturday, February 15. Registration is from 9 a.m.

- 1 p.m. My apologies to the ladies that are curling in the bonspiel and will be unable to attend but I'm sure your husbands don't mind. Maybe next year you won't schedule it on the third weekend in February.

The following week on the 22nd Can-Am race association will be here for the Maskwa 170 x-country race that will start and finish in the open field across from the Papertown Motor Inn. They will have a 1/4 track set up before they head out into the bush, so come out and cheer on our local prospect Shawn the Piston Jackson driving a XCR 440 with the number 911. If you want to volunteer please contact Grant Henderson or Kevin Allarie. Until next time drive safe and happy sledding.

HANOVER -TACHE HOCKEY LEAGUE STANDINGS

TEAM	GP	W	L	T	F	A	PTS	PIM
ILE DE CHENES	21	18	3	0	147	71	36	652
ST JEAN	20	14	6	0	112	97	28	448
STE ANNE	21	10	10	1	106	106	21	741
59ers	20	8	11	1	87	101	17	559
PINE FALLS	23	8	15	0	118	131	16	930
LA BROQUERIE	21	7	14	0	93	147	14	530
ST ADOLPHE	22	6	16	0	96	168	12	876
STEINBACH	19	5	14	0	82	130	10	440
WARROAD	13	13	0	0	149	39	26	276

Note- Warroad plays a home & home series with each team. and wins and losses count in standings for the league teams

SCORING LEADERS

PLAYER	TEAM	GP	G	A	PTS	PIM
Naaykens, Dave	IDC	19	17	43	60	26
Bouchard, Brian	St. Jean	18	19	32	51	12
Gotfried, Mike	IDC	19	24	20	44	84
Daneault, Dan	St Jean	18	24	18	42	70
Desautels, Rick	IDC	16	14	26	40	39
Sellen, Grant	Ste Anne	14	21	19	40	53
Normandeau, M.	La Bro.	20	18	18	36	47
Kemball, Todd	PF	18	12	24	36	28
Lafournaise, Rob	59ers	16	12	22	34	26
Beauchemin, Joe	IDC	20	13	20	33	38

Seniors

SENIORS INFO CORNER

Personal Safety

Now that winter is all but over, people will start to venture outdoors once again. Here are some preventive tips for your home and your own personal safety.

In The Home..

For the majority of people, a feeling of security is found in the safety of their homes, however, if your home is an

easy target for a burglar, your chance of being victimized increases.

Many people fail to take even basic precautions to secure their homes. There are a number of precautions you can take that will reduce opportunities offered to potential burglars. Here are some preventive tips:

1. Make a security check of your residence to determine possible entry points and any weaknesses they may have.
 2. Install good locks, including a deadbolt and always use them.
 3. Don't leave tell tale signs indicating your absence.
 4. Don't allow entry to a stranger without credentials. Install a wide angle door viewer which permits you to see callers before you open the door.
 5. Keep valuables in a safety deposit box at the bank. If this isn't possible, lock all valuables in a logical hiding place in your home.
 6. Don't keep large amounts of money in your home.
 7. Keep all entrances and garages well lit.
 8. Close window shades or draperies after dark.
- Change your routine often. Burglars can act on your

routine as well!
In Public Places or On the Street...

Some seniors are concerned about their safety on the street or in public. It's best not to have an exaggerated fear of crime. The majority of street crimes are crimes of opportunity. There are ways you can reduce the risks and increase your sense of personal security. Here are some more preventive tips:

1. Walk only in well lit areas.
2. Walk near the curb and away from alleys and doorways.
3. Walk with purpose, be aware of your surroundings and avoid areas that increase your chances of being assaulted, like alleys or poorly lit areas.
4. If you suspect you're being followed, cross the street, go to the nearest home, service station, or business and call the police.
5. Go shopping in pairs or in a group.
6. Never display large sums of money in public.
7. Don't burden yourself with packages and a bulky purse.
8. Carry a purse only when necessary, a wallet or billfold

that fits in your pocket is much safer. Use a fanny pack if you require additional carrying space.

9. Carry only what you need in a purse or wallet, not everything you have.

10. Carry your purse close to your body and don't wrap the handles around your wrist, this invites injury if you happen to be the victim of a purse snatching.

11. Never leave a purse unattended in a shopping cart.

12. If you suspect you are being watched while you're in a bank or store, ask for help from an employee or bank officer. If you're being menaced shout for help.

13. Avoid if possible, waiting for or getting off a bus at isolated stops when alone. Arrange for a friend or family member to escort you or meet you at these locations.

SILVER HAVEN MEALS

Open to all seniors 55 and up, you are welcome to bring a guest. All meals are \$4.00 each. Meals are at 12:00 noon on Mondays, Wednesdays, and Fridays. Your name must be put on the list the day before by calling Silver Haven at 367-4620 between 8-10 or by calling Bernice Phillips at 367-8369. All meals include tea or coffee, juice and bun.

- Monday, Feb. 17**
Salad, Spaghetti and meatballs, peas. Fruit Torte.
- Wednesday, Feb. 19**
Soup, Glazed ham, scalloped potatoes, mixed vegetables, Fresh Berry crumb pie.
- Friday, Feb. 21**
Soup, tuna casserole, broccoli and carrots, Peach/apricot cobbler. 7

Minutes

MINUTES OF THE REGULAR MEETING OF COUNCIL OF THE RURAL MUNICIPALITY OF ALEXANDER HELD IN THE COUNCIL CHAMBERS IN ST. GEORGES, MANITOBA ON TUESDAY, JANUARY 28, 1997 AT 2:00 P. M.

Present: Ken Danwith Reeve
Doug Neal Councillor Ward I
Nick Roman Councillor Ward II
Alex Kalynchuk Councillor Ward III
Sandy Kapeluch Councillor Ward IV
Also present: Jim Norris Administrative Assistant
Gary Hlatky Public Works Foreman

CALL TO ORDER
With a quorum present Reeve Danwith called the meeting to order at 2:02 P.M.

READING AND CONFIRMING OF MINUTES
Resolution No 27/97
Motion: A. Kalynchuk - S. Kapeluch BE IT RESOLVED that the minutes of the Regular Council Meeting of January 14/97 be adopted as circulated. Carried.

REPORTS OF STANDING COMMITTEES
Ward I Councillor Neal reported on his attendance at a regular Meeting of the Winnipeg River Planning District held January 20, Personnel and Policy Committee Meeting January 21; Winnipeg River Senior Service Inc. meeting January 22; Pine Falls and District Ambulance Board Meeting January 27; and on his attendance at a Bluewater Regional Waste Management Committee Meeting held January 27, 1997.
Ward II No Reports
Ward III Councillor Kalynchuk reported on his attendance at Pine Falls Hospital Board Meeting January 16; and on his attendance at an Emergency Measures Organization Workshop in Portage la Prairie January 21 to 23, 1997.
Ward IV Councillor Kapeluch reported on her attendance at a Regular Meeting of the Winnipeg River Planning District held January 20; Personnel and Policy Committee Meeting January 21; and on her attendance at a Winnipeg River Brokenhead Ventures - Community Futures Development Corporation Meeting held January 27, 1997.
Reeve Danwith reported on his attendance at a Regular Meeting of the Winnipeg River Planning District held January 20, Emergency Measures Organization Workshop in Portage la Prairie January 21 to 23; and on his attendance at a Bluewater Regional Waste Management Committee Meeting held January 27, 1997.

ADMINISTRATIVE ASSISTANT - No Reports

HEARING DELEGATIONS
2:30 P.M. R.M. of Victoria Beach - Reeve Bill McDonald and Councillor Kevin Ateah from the RM of Victoria Beach appeared before Council to discuss the current fire-fighting agreement in place between the 2 municipalities and to determine the RM of Alexander's position on the possibility of entering into a longer term fire fighting agreement with the RM of Victoria Beach. Mr. McDonald and Mr. Ateah were advised Council would forward a reply to their proposal at a later date. Discussions regarding other items of joint/mutual interest such as Lagoons, Nuisance Grounds and Ambulance Services were also discussed.

3:00 P.M. Variation Hearing - 2 - 3 - 14146 (G. and B. Kennington). Information relating to the application as well as Memo from Reeve Clifton, Winnipeg River Planning District Development Officer from the Winnipeg River's Planning District were reviewed. There were no delegations (a) who appeared to oppose or support said application and no written replies of objection or support were received.

Resolution No 28/97
Motion: Nick Roman - Doug Neal RESOLVED that Council sit as a Variation Board. Carried.
Resolution No 29/97
Motion: S. Kapeluch - A. Kalynchuk RESOLVED that the Variation Board rise and report. Carried.

Resolution No 30/97
Motion: S. Kapeluch - A. Kalynchuk WHEREAS a PUBLIC HEARING has been held in reference to an application for a Variation by Gordon and Barbara Kennington for Lot 2, Blk 3, Plan 14146 - Sunset Bay (Roll # 227924); NOW THEREFORE BE IT RESOLVED that the request to allow: 1) the front yard boundary for a 14.3' x 12.9' shed be 3.8' clear of all projections rather than the required 30'. 2) the side yard boundary for a 14.3' x 12.9' shed be 4.4' clear of all projections rather than the required 15'. 4) the side yard boundary for a 5.6' x 4.7' shed be 3.5' clear of all projections rather than the required 15' be APPROVED subject to obtaining all necessary permits within 60 days. Carried.

3:10 P.M. - L. Anderson - Operator - Traverse Bay Nuisance Grounds
* G. Avanthay - Operator - St. Georges Nuisance Grounds
* B. Bryk - Operator - Coca Cola Falls Nuisance Grounds
Mr. Anderson, Mr. Avanthay and Mr. Bryk appeared before Council to review the 1996 operations at the above noted nuisance grounds and to discuss the site operations for 1997. They were advised that there is a great deal of uncertainty regarding the long term operating status of the Municipality's Nuisance Grounds and that Council is examining a number of different options regarding waste management in the Municipality. All three gentlemen expressed their desire to continue as operators for the 1997 year and they were advised to forward any specific requests to Council by February 15.

4:00 P.M. - J. Lemire - Proposal to Subdivide - Pt NW 1/4 1 - 18 - 10 EPM
Mr. Lemire appeared before Council to discuss the above noted proposal to subdivide. A general discussion regarding various aspects of the proposal occurred. Suggested rip-rapping recommendations from Manitoba Hydro pertaining to this subdivision proposal were also reviewed. Council advised Mr. Lemire that if it could be accomplished for a minimal amount of money, they would appreciate a detailed plan of subdivision regarding the proposal from which they could conduct

a proper review. Mr. Lemire was also advised that should he need more information regarding Manitoba Hydro rip-rapping standards he should contact Manitoba Hydro. The matter was tabled pending the receipt of additional information from M. Lemire.

RECEPTION OF PETITIONS
* None

MATTERS ARISING FROM MINUTES

COMMUNICATIONS DATE SUBJECT AND DISPOSITION
1. G. A. Liebrecht Jan 20/97 R.C.M.P. - Year End Report - Rec'd as info
2. D. Mazur Jan 14/97 North Eastman Health Ass'n/Chair absence - Reply
3. R.M. of Franklin Jan 97 Inter Municipal Bospital - Rec'd as info
4. K. Leavenley Jan 20/97 Land Use Permit - Auglen Park Bridge - Rec'd as info
5. M. Allard Jan 20/97 Wall Track System Council Chambers - Tabled to Feb 11/97
6. B. Hoover Jan 97 Premier's Volunteer Service Award 1997 - Rec'd as info
7. J. Mauve Jan 20/97 MB Good Roads Assoc. Banquet - Rec'd as info
8. D.K. Graham Jan 20/97 Total Municipal Assessment - Rec'd as info
9. D. McBain Jan 13/97 Gen. Permit Assignment R.L. 21-18-10EPM - Res 31/97
Resolution No 31/97
Motion: A. Kalynchuk - S. Kapeluch BE IT RESOLVED that the R.M. of Alexander has no objections regarding the assignment of General Permit No 207 - RL 21 - 18 - 10 E, Winnipeg River South of Parcel A, Plan 13372 WLTO from the estate of Richard Thomas to Nick and Helen Kush. Carried.
10. V. Poppo Jan 15/97 Decoration Day Service June 8/97 Res 32/97

Resolution No 32/97
NOTION: Nick Roman - Doug Neal BE IT RESOLVED that Reeve Ken Danwith be authorized to attend a Royal Canadian Legion Decoration Day Service in Lac du Bonnet on June 8, 1997; AND BE IT FURTHER RESOLVED that an indemnity of \$40.00 be paid to each member of council attending as well as mileage as per indemnity by law 1285. Carried.

11. J. Horrook Jan 9/97 Grant Request - 1997 - Refer to Budget
12. L. St. Germain Jan 15/97 Letter of Thanks Pub Works Dept - Rec'd as info
13. B. Chamberlain M.P. Jan 15/97 Pledge of Allegiance - Rec'd as info
14. B. Bryk Jan 20/97 Street Naming Request - Tabled
15. Agassiz School Div Jan 22/97 Budget Development Process - Rec'd as info
16. D.K. Graham Jan 7/97 Assessment Notice Improvements - Rec'd as info
17. R. Brown Jan 6/97 Ward Boundary Reviews - Reply
18. J. Fearn Jan 13/97 Portion of Parcel C, Plan 20525 - Reply
19. T. J. Schatzkowsky Jan 9/97 Heathendale Develop. Inc. L.O.C. - Reply
20. H. Olfert Jan 23/97 Variation - 10-3-22708 Still Cove - Reply
21. Natural Resources Jan 27/97 Permit - Auglen Park Bridge - See Unfin. Bus Item #4.
22. J.M. Thevenet Jan 27/97 Annexation Proposal - Vill. of Powerview - Refer to solicitor
23. R. Clifton Jan 27/97 Variation 2-3-14146 Sunset Bay - Rec'd info see Deleg 3pm
24. P. Martin Jan 24/97 Auglen Park Bridge - See Unfinished Bus Item #4.

FINANCE
1. List of Accounts - General Cheques
Resolution No 33/97
Motion: Doug Neal - Nick Roman WHEREAS the accounts of the RM of Alexander for the period ending January 24/97 have been examined and found to be in order NOW THEREFORE BE IT RESOLVED that General Cheque Nos. 10147 to 10189, both inclusive, for a total amount of \$37,368.92 be hereby approved for payment. Carried.

Resolution No 34/97
Motion: Nick Roman - Doug Neal BE IT RESOLVED that Payroll Cheque Nos. 10048 - 10053 and 10131 - 10146, all inclusive, in the total amount of \$15,331.76 be approved. Carried.

BY-LAWS
1. By-Law 1294
Resolution No 35/97
Motion: S. Kapeluch - A. Kalynchuk BE IT RESOLVED that By-Law No 1294 to provide for the creation of the Chief Administrative Officer position for the Rural Municipality of Alexander be read a third time. Carried.

UNFINISHED BUSINESS
1. C. Turak - Business Start up 5-5 14494 Keystone Heights
D. Turak - Business Start-up 5-5 14494 Keystone Heights
Tabled to February 11 Regular Meeting

2. Overall Zoning - Meeting Date Confirmation
A date of Monday, February 10/97 at 4:00 p.m. was selected to

hold the next overall zoning review meeting. Community Planner, F. Jackson to be advised.

3. R.M. of St. Clements - Joint Meeting Date Confirmation
A date of Wednesday, February 19/97 was selected to conduct a joint meeting with the RM of St. Clements. The meeting will be held at the R.M. of Alexander Administration Building.

4. Auglen Park Bridge
Council was advised the Land Use Permit regarding the Auglen Park Bridge Agreement has been received. Public Works Foreman advised he will schedule necessary bridge construction/repairs at the Bridge as soon as it is practical to do so and when the weather permits.

5. Proposal to Subdivide - Pt NW 1/4 1 - 18 - 10 EPM - J.L. Lemire
See Hearing Delegations - 4:00 P.M.

GENERAL BUSINESS
1. Chief Administrative Officer Position
Resolution No 36/97
Motion: S. Kapeluch - A. Kalynchuk BE IT RESOLVED that Rose Marie Blanchette be appointed as Chief Administrative Officer of the RM of Alexander effective February 5/97, at an annual salary of \$46,500.00 per annum; AND BE IT FURTHER RESOLVED that the applicable appointment by-law be prepared for adoption by Council. Carried.

2. Personnel and Policy Committee Meeting - Minutes and Items January 21/97
Resolution No 37/97
Motion: S. Kapeluch - Doug Neal BE IT RESOLVED that the minutes of the Personnel and Policy Committee Meeting of January 21/97 be adopted as circulated. Carried.

Council held a discussion regarding various amendment items pertaining to the proposed Chief Administrative Officer appointment by-law and the proposed Non Union Employee By-law. Copies of the amended draft by-laws are to be provided for consideration by Council.

3. Public Works Committee Meeting - Date Change
The February/97 Public Works Committee Meeting will be held Friday, February 7/97 at 1:00 p.m.

4. Tall Timber
Reeve Danwith, will discuss this matter with R. Clifton, Development Officer with the Winnipeg River Planning District.

5. Variation Referral Process - Winnipeg River Planning District.
RM of Alexander variation applications are to be forwarded to the Winnipeg River Planning District as "information" only. A draft policy statement regarding variation applications to be prepared by J. Norris, Administrative Assistant and R. Clifton, Development Officer with the Winnipeg River Planning for consideration by Council at the February 11, 1997 Council Meeting.

6. Video Camera Purchase
A discussion regarding the possibility of purchasing a video camera to assist Council in their decision making process pertaining to variation applications, drainage issues, and a variety of public works issues occurred. The matter was tabled for discussion at a later date.

7. Pine Falls and District Ambulance Service - Grant
Councillor Neal advised he will request information regarding the proceeds of a grant previously provided to the Ambulance Service.

8. 1997 Budget Deliberations
Meeting dates will be determined at the February 11, Council Meeting. All Councillors were requested to forward their respective Public works project requests to the Public Works Foreman for his investigation and review.

9. Stand Pipe - Great Falls
Information regarding potentially charging some general maintenance costs pertaining to the standpipe to the Municipality at large is to be investigated.

10. Engineering Services
Municipal Engineer is to be requested to forward progress reports regarding various municipal projects on a more timely basis.

NOTICE OF MOTION
PERSONNEL AND IN CAMERA
Resolution No 38/97
Motion: S. Kapeluch - A. Kalynchuk BE IT RESOLVED that the meeting be adjourned (5:55 P.M.)
Carried.

NEXT MEETING
Regular Meeting - Tuesday, February 11, 1997 at 10:00 A.M.

x.c.
Local Government Support Services/Roger Bouvier
Dept of Highways - Jules Gosselin - Piney
Public Works Foreman - Gary Hlatky
Dept of Highways - Barry Praxton - Steinbach

Emma Rothstein

Emma Rothstein passed away peacefully on Friday, January 31, 1997 at the Sunnywood Manor, Pine Falls, Man., at the age of 97 years, with her daughter by her side.

She will be lovingly remembered by her daughter Dorcas Enright and her husband Pat, five grandchildren, Larry (Tammy), Tim (Barb), Bernie (Delmar) Demchuk, Jeff (Kim), Linda (Don) Phillips; great grandchildren Amy, Ali, Dean, Britini, Derek, Daniel, Tory, Samantha, Darin and Robert; her sisters, Christina Kuchuk, Rose Werner, Gertrude Machadanz and Bertha Sinclair (Ed); sisters-in-law, Irene and Marie Heremesch, all of Minnesota, sister-in-law, Mabel Rothstein, Lindlaw, Sask. She was predeceased by her husband Larry in 1972, four brothers and sisters.

Emma was a devoted member of the CWL since 1949 and received a life membership in Yorkton, Sask. She loved her family dearly, especially all of her grandchildren. They meant the world to her!

Funeral liturgy was held on Tuesday, February 4 at the St. Theresa Roman Catholic Church, Lindlaw, Sask., with Rev. Fr. Bruno Kartanowicz, the celebrant. Interment followed in the parish cemetery.

Palbearers were grandsons, Larry Enright, Tim Enright, Jeff Enright, Don Phillips, Delmar Demchuk and nephew Lorne Rothstein.

We would like to thank all the nurses and staff at the Sunnywood Manor for the dear loving care they gave to Mom.

In lieu of flowers, donations in her memory may be made to Sunnywood Manor, Box 2000, Pine Falls, MB, ROE 1M0.

A little pair of Rosary Beads, as plain as plain can be, but only God in Heaven knows how dear they are to me.
I have them always with me, at every step I take, at evening when I slumber, at morn when I wake.
In bright and cloudy weather, in sunshine or in rain, in happiness or sorrow, in pleasure or in pain.
It helps me in my struggle, it improves me when in sin, its look of gentle patience, rebukes the strife within.

In days of pain and anguish, the greatest help I have, was to hold my Rosary Beads, until I calmer grew.
So when the time approaches, when I will have to die, I hope my little Rosary Beads, will close beside me.

That the holy name of Jesus, may be the last I say, and kissing my sweet Rosary Beads, my soul may pass away.

Bischoff Funeral Chapel, 1-204-268-3510, Blain's Funeral Home, Kelvington, Sask. 1-306-327-4999.


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Multiple Sclerosis (also referred to as MS) affects the central nervous system and usually

occurs in the early adult years. Myelin provides a layer of insulation around nerve fibers. MS results when the nerve fibers of the central nervous system develop patches of demyelination (removal of the myelin cover). This disrupts nerve transmission.

Symptoms include:

- Feelings of pins and needles in the hands and feet
- Numbness
- Loss of Balance
- Clumsiness
- Sensitivity to heat and cold
- Blurred or double vision
- Difficultly walking

In more advanced stages, walking becomes more difficult, movements more spastic, arms and hands can become weak,

chronic urinary urgency or incontinence may develop, speech can become slurred and fatigue may make even small tasks difficult. Alternative medicine regards Multiple Sclerosis as a complex disease with many facets and involving several causes. When those causes are addressed, the symptoms can be alleviated or even reversed.

One fact, or a series of facts will appear each week until April. This is to promote the Walk for MS which will be taking place in Lac du Bonnet in April. This is such a great cause - perhaps someone in Pine Falls/Powerview/St. George area could organize a similar walk?

W.R.W.I. Happenings

1997 Calendar

Jan. 21 - Swedish Cuisine & Hot tub, Feb. 18, Pot Luck supper 6:00 p.m., Parish Hall, St. Georges, Mb. (Silver Collection for the family of Arlette Laroche) Everyone Welcome!

Mar. 18 - Business meeting - prepare for M.W.I convention '97. This year the W.R.W.I. will be putting forth a resolution re: Breast Screening, breast self-examinations, & mobile units.

April 15, Surf the Internet, May 20 - Women and the Law, June 17 - Community garage sale, July & Aug - no program. Sept.

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Manitoba Natural Resources

NOTICE OF PUBLIC HEARING

22.4.97

One cable skidder with a minimum of 140 net (hydraulic horsepower) or operator to skid over Crown Lands in the Eastern Region with equipment supplied by the Province. The equipment consists of a set of anchor chains (two or three individual chains), tractor pad drags and a bracke skidder. The equipment may be viewed at the Provincial Forest Nursery located at Headingley. Modifications to the skidder to fit the equipment must be carried out at the owner's expense. This is to include a set of anchor chains, a set of pad drags and a bracke skidder which can accept a bracke hitch.

The bids for tendering in the base rate per hour, for approximately 300 hours.

22.5.97

One cable skidder with a minimum of 140 net (hydraulic horsepower) or operator to skid over Crown Lands in the Eastern Region with equipment supplied by the Province. The equipment consists of a bracke skidder. Modifications to the skidder to fit the equipment must be carried out at the owner's expense. This is to include a set of anchor chains, a set of pad drags and a bracke skidder which can accept a bracke hitch.

The equipment may be viewed at the Provincial Forest Nursery located at Headingley. Modifications to the skidder to fit the equipment must be carried out at the owner's expense. This is to include a set of anchor chains, a set of pad drags and a bracke skidder which can accept a bracke hitch.

The bids for tendering in the base rate per hour, for approximately 375 hours.

22.6.97

One crawler tractor with a minimum of 130 to 160 net (hydraulic horsepower) or operator to skid over Crown Lands in the Eastern Region with equipment supplied by the Province. The equipment shall consist of an eight foot Penco Drum Chopper. Modifications to the tractor to fit the drum chopper shall be carried out at the owner's expense. The equipment may be viewed at the Provincial Forest Nursery located at Headingley. The bids for tendering in the base rate per hour, for approximately 600 hours.

Tender information is available from Manitoba Natural Resources (Rm 3015, Headingley, Manitoba, R0A 2A0, Phone (204) 336-3102, 9:00 a.m. to 4:00 p.m., Monday to Friday, February 28, 1997 unless otherwise advised. Bids will be opened publicly at that time and interested bidders must be available to Manitooba for inspection by Departmental personnel within 10 days of acceptance of the award. Copies of any tender and necessary accepted.

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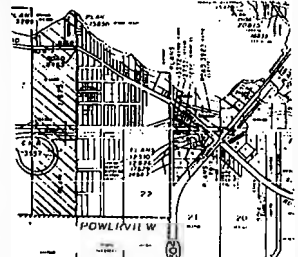
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PUBLIC NOTICE

The Council of the Village of Powerview under the authority of the Municipal Act will hold a public meeting in the Village of Powerview Church Chambers, No. 32 - P.T.H. No. 11 in the Village of Powerview, Manitoba on Thursday, February 27, 1997 at 7:00 p.m. The purpose of the meetings is to allow any interested person to make a representation, ask questions or register an objection to the proposed annexation of two small parcels of the Rural Municipality of Alexander, as per sketch below.

A copy of the above mentioned annexation proposal may be inspected by any person between the hours of 8:30 a.m. and 4:30 p.m. Monday to Friday, at the municipal office of the Village of Powerview, located on P.T.H. No. 11, in the Village of Powerview.



J.M. Thevenot, Administrator VILLAGE OF POWERVIEW
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OFFICE HOURS:
Open Monday to Thursday by appointment or request
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Lloyd Emberly
Esso Sales Agent
Lac du Bonnet
Bus. **345-2285**
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LORRAINE'S TRAVEL
KLARA MESZAROS
Travel Consultant
PHONE:
Bus: 345-8185 Fax: 345-2013
P.O. Box 790
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Business Directory

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Hwy 11, Great Falls
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See us for your custom cutting and smoking needs, both domestic and wild meat, or supplies for home use.
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Call us to look after everything for you
Ask us about delivery
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All Service Guaranteed
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FINANCIAL STATEMENTS, AUDITS, TAX PLANNING AND COMPLIANCE
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Pharmacy
In Your Drugstore First!
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DENTURIST
Beausejour
37 - Third Street South
Complete Dentures - Partial Dentures - Relines & Repairs
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SATISFACTION GUARANTEED
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ALL DENTAL PLANS ACCEPTED
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REAL ESTATE SERVICES
JIM HALL, B.A., FRI
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Traverse Bay, Manitoba
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PRE-PAINTED ALUMINUM
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DR. ARNOLD ANDERSON
Optometrist
Contact Lenses and Eyeglass Fittings
MANITOU LODGE PINE FALLS
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9:00 a.m. to 12:00 noon & 1:00 p.m. to 5:00 p.m.
Examinations done on Tuesdays
LAC DU BONNET DISTRICT HEALTH CENTRE
345-8647
Tuesday
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All repairs to TV, VCR's & Microwaves.
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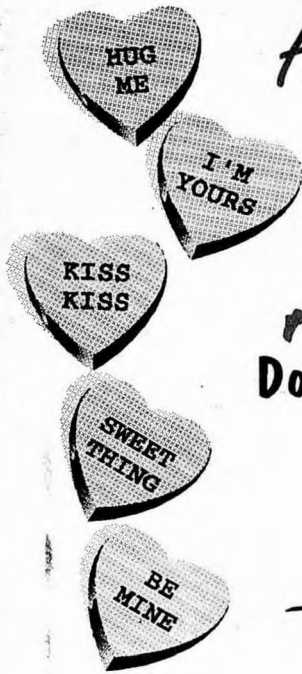
Family Chiropractic Health Care
Dr. Clinton Esser
Days of Operation
Monday - Saturday
Phone: 367-4858

REAL ESTATE

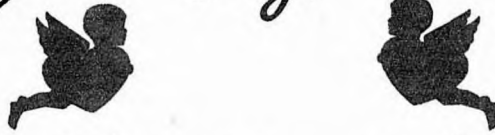
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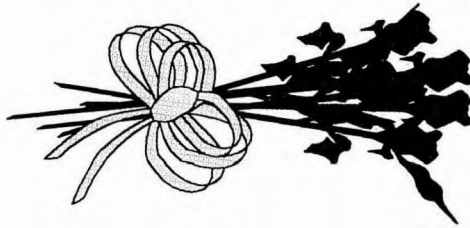
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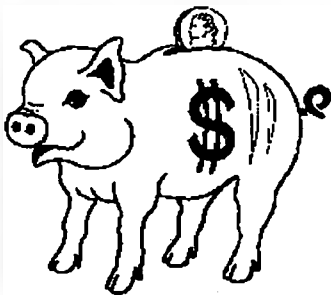
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**Don't forget your sweetheart
on Valentine's Day!**



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