

the voice

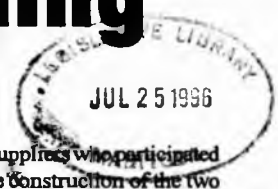
200 Vaughan St. COMP
Winnipeg, Mb.
R3C 1T5
(legal deposit)

52¢
plus PST & GST

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Mill Celebrates Official Opening of Environmental Projects



On Friday July 1 the Pine Falls Paper Company will be celebrating the official opening of its Waste Water Treatment Plant and recycling (De-inking) plant.

The De-ink Plant will begin going through the commissioning process next week and should be producing recycled, de-inked pulp from old newspapers for the paper machine by the end of August.

The Waste Water Treatment Plant was commissioned in November last year and was operating successfully by early December.

The two projects (together costing \$65 million) represent the first major improvement in the mill since the sulphate mill was converted to

the high yield process 40 years ago.

Both projects were initiated as soon as the management and employees took ownership of the mill Sept. 1 1994. The Waste Water Treatment Plant was fast tracked - designed, built and put into operation in the incredibly short time of 15 months, in order to meet stringent federal government environmental regulations coming into effect at the end of last year.

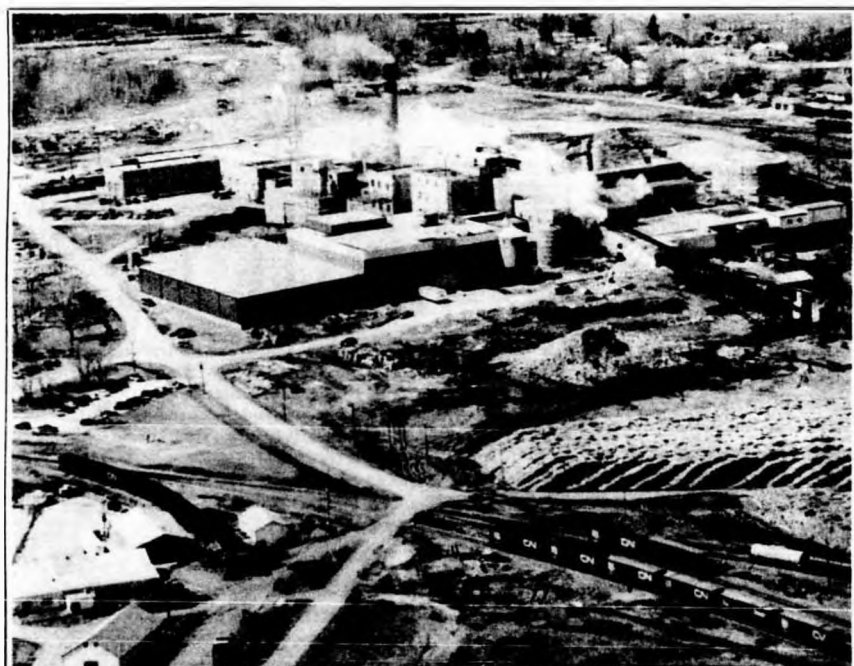
The Waste Water Treatment Plant is using well tried and proven technology to process 25,000 cubic meters of waste water per day. It is exceeding federal government standards for treatment of pulp mill wastes.

When the de-ink plant is in full operation it will be recycling 100 tonnes per day of old newspapers and old magazines. It is a 'state of the art facility'. Pulp Mill Superintendent Mark Petersson says that in terms of process design and equipment used it is by far the best in Canada.

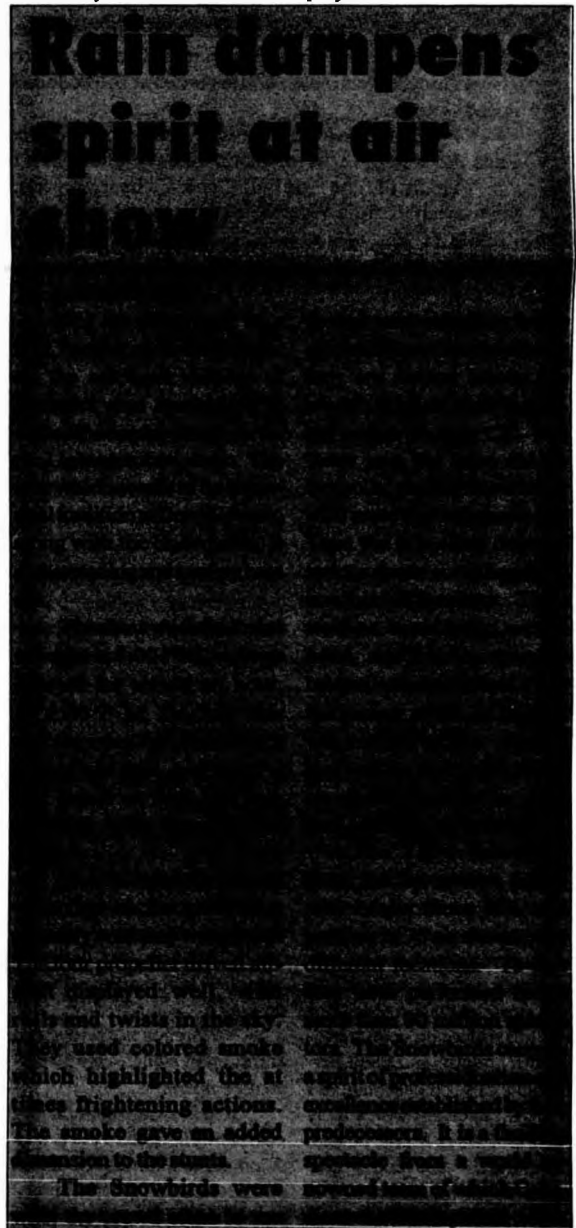
Everyone in the local community is invited to the official opening ceremonies beginning at 1:00 pm. The ceremony will begin in a tent on the grass behind the Mill office. Three provincial cabinet ministers including Lac du Bonnet MLA Darren Praznik will be in attendance as well as Provencher MP David Ifody.

Also taking part will be the company's board of directors and many of the contractors

and suppliers who participated in the construction of the two projects.



Pine Falls Paper Company Mill - the large building in the foreground is the de-inking plant.



POLICE REPORT

CRIME STOPPERS

TOLL FREE LINE: 1-800-782-8477

On July 11, A complaint was received from the Townsite of Fort Alexander I.R. that a bike had been stolen out of a residence. No witnesses or suspects.

Vandalism was reported to have happened at the Powerview School Playground. Three tires on a play park were slashed. Three youths were seen at the crime area around the time it occurred.

A report was received that an engine was stolen from an All Terrain Vehicle that was well hidden near Gem Lake near Beresford Lake.

On July 13, A house on the North Shore Road was broken into and tools were stolen.

A resident on Art Street in Powerview reports a theft of an Alpine Stereo from his Ford pickup. Suspect slid open back window to gain entry.

On July 14, B/Cst. from Little Black River I.R. reports that a complaint was received that \$1600 was stolen from a van. Monies belonged to Little Black River. Entry was gained through the little window on the passenger side.

A resident of Hollow Water I.R. reports his windshield broken. No suspects or evidence.

A complaint was received from a resident on Turcotte Drive in Traverse Bay that his gazebo, cabana and trailer was vandalized.

On July 15, A home on the North Shore of Fort Alexander I.R. was entered and a Philips Answering Machine and meat from the freezer was stolen.

A bicycle was stolen while parked at the Pedden's Mall. Bicycle is a blue 18 speed Cougar.

On July 16, Two bicycles were stolen from a residence on Poplar Street in Pine Falls. Both were CCM mountain bike's and one had a baby seat attached to it.

On July 17, The Pine Falls Paper Company reports a barrel fan was stolen. The fan was rented from Wyatt Rentals.

Community Billboard - ph 367-4466

LIBRARY ALLARD: Library Hours: Tuesday: 10:30am to 5:00pm
Wednesday: 1:00pm to 5:00pm 6:30pm to 8:00pm
Thursday: 1:00pm to 5:00pm 6:30pm to 8:00pm
Friday: 1:00pm to 5:00pm Saturday: 10:30am to 2:00pm
THREE BEARS DAYCARE: Meetings first Thursday of every month
KNIGHTS OF COLUMBUS: Meetings every second Tuesday of the month 7:30 at St. Theresa's Church General Meeting
SILVER HAVEN CLUB: Cribbage - every 4th and 5th Monday of the Month at 1:30 p.m. - Whist - every Thursday of the month at 1:30 p.m.
WINNIPEG RIVER W.L.I. meetings third Tuesday of every month, 7:00 p.m. Library Allard, St. Georges
POWVIEW LOCAL MMF: Regular Meetings held on the first Thursday of each month - 7:00 pm at the Powerview Arena Meeting Room
FINE FALLS HEALTH AUXILIARY: Meetings on the first Tuesday of Every month at 1:30 pm
COTTAGE COUNTRY BUSINESS ASSOC.: Meeting - Every first Monday of the month at 7:00 p.m. Ph. 756-2596
ALCOHOLICS ANONYMOUS: - Sun Rise Group - Meetings every Monday, Wednesday and Friday 7:30 p.m. to 8:30 p.m. Located at Powerview Arena (small centre entrance in front). Last Friday of the month open to the public
FINE FALLS LEGION - Meetings held 2nd Thursday of the month 7:30 p.m. Legion Hall. Meat raffles held at Legion House on Fridays from 4:30 to 5:30 p.m.
FINE FALLS MASONIC LODGE # 154 - meets on second Friday of every month in the Pine Falls United Church. (except June, July, & Aug.)
BADMINTON - Pine Falls School Gym, Sunday & Wednesday nights, 7:00 - 10:00 p.m.
POWVIEW GARABAGE PICKUP every Wed. Recyclable pickup every 1st & 3rd Thurs. of each month.
P.A.A. MEETING every 4th Thursday of each month at 7:00 p.m.
VILLAGE OF POWVIEW MEETINGS, every second Tuesday of each month.
WINNIPEG RIVER SENIOR SERVICE INC. Coordinator: Thelma Hanson, Office: Pine Falls Health Complex, Telephone: 367-9128, Hours: 9:00-1:00 Monday - Friday.
Services: Transportation, Home Maintenance, Foot Care, Volunteer Help, Information.
ALANON - The Beaches family group, Tues. 7:30 pm. Ateah Rd. @ Hwy.59.

Church Services

NOTRE DAME D'OLAUS: Powerview Sunday Mass (English) 9:30 am & 7:30 pm Stead 11:30 am
FINE FALLS UNITED CHURCH: Sunday service Sunday school 10:00 AM Rev. Cindy Terry Office Hours: Tues - Fri. 10:00 to Noon Tel: 367-2633
PINE FALLS ANGLICAN CHURCH OF ADVENT: 1 Holy St. Ph. 367-8347 Service Sunday 9:00 am. Sunday School provided Rec. The Rev. Joan Mitchell Ass't. Curate Rev. Stephen Mitchell. Everyone Welcome.
ST. THERESA'S: Pine Falls Mass Sunday at 10:00 am
ST. GEORGES: Mass Sunday at 8:00 am and 10:00 am
ST. JUDE'S ANGLICAN CHURCH, Grand Marais, Holy Eucharist - 2nd and 4th Sundays, 11 a.m. Morning prayer 11 a.m. - 1st, 3rd and 5th Sundays.
TRINITY EVANGELICAL LUTHERAN CHURCH, Thaberg, 1 mi. east and 1 mi. South of Junction 12 and 304. St. John's Evangelical Lutheran Church, Grandmarais on Hwy. 12, 1/2 mi. north of junction with 317. Sunday church school 10 a.m., worship 11 a.m. (alternate locations). For info, call 635-3625 or 754-8682.
CHRISTIAN FAITH FELLOWSHIP - Financial Freedom Seminar - Friday nights at 7:00 p.m. Church Service at 10:00 a.m.
HOUSE OF PRAYER FULL GOSPEL - 1:30 every Sunday, Scanterbury Mb., on Hwy 59
ST. THERESA R.C. MISSION, 88 Glendale Ave. Grand Marais 10:00 am Sunday. Additional Mass mid June thru Labour Day 9:00 am Sunday.
ST. MARGUERITE R.C. MISSION Pine Rd. - Traverse Bay, 11:30 a.m. Sunday. Additional Mass mid June thru Labour Day 7:30 p.m. Saturday.
ST. ALEXANDER R.C. CHURCH, located at Sagkeeng 1st Nations. Sunday Mass 10:30 a.m.
ST. THERESA R.C. MISSION, 88 Glendale Ave., Grand Marais. Mass or Community Service 7:30 p.m. Saturday. 1st Sat. of November to last Saturday of April.

The Voice

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SUBSCRIPTIONS

\$22.80 within 65 km. (40 miles) radius of Pine Falls.

\$ 45.60 all other areas

(prices include PST & GST)

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SAN GREGORIO DEVELOPMENT UPDATE

Vancouver, B.C. - Rea Gold Corp. Ian B. Smith, President & CEO is pleased to give the following update on construction and pre production development at the Company's wholly owned San Gregorio Gold Project in northern Uruguay. The development program is advancing ahead of schedule and when in production, in early 1997, the mine will produce 70,000 ounces of gold per year bringing Rea's annual production to over 200,000 ounce of gold.

San Gregorio is an open pit gold project that is in the fifth month of a twelve month development program. A design, procure, and construct contract has been awarded that provides Rea with guarantees on cost, schedule, throughput, and plant performance. The process plant will be a CIL gold mill with a daily throughput rate of 2,500 tonnes. Metallurgical recovery is estimated to be 92 percent. The project had mineable reserves

of 5.06 million tonnes grading 2.588 per gold or 421,000 ounces of gold. Estimated cash costs are US \$180 per ounce, while capital costs are anticipated to be US \$41.9 million.

Highlights of the development program to date include:

- The project's design and procurement stages are 90 percent complete.

- On site construction workforce will peak in September at 250.

- Permanent mine operating staff at full production is estimated to total 180.

- CIL foundations complete and tanks are being erected.

- Tailings dam design is complete with earthworks underway.

- Warehouse, workshops and support facilities are 50 percent complete.

Rea is a Canadian mining company engaged in the acquisition, exploration, development and operation of precious metal properties. Rea also operates the

Mt. Hamilton Gold Mine near Ely, Nevada and is developing the Bissett Gold Mine in Manitoba which is also scheduled for production in early 1997 at an average annual gold production rate of 80,000 ounces. In addition Rea controls 64 square kilometres in the southern end of the Battle Mountain Gold Trend in Nevada and controls gold exploration concessions over some 3,000 square kilometres in Uruguay, covering the major prospective Greenstone belts in that country.

With one mine in production now and two more coming on stream early in 1997 Rea Gold will become a well financed intermediate sized gold producer with excellent potential for continued growth through acquisitions and exploration on ground it now controls. The common shares of Rea are traded under the symbol "REO" on the Toronto Stock Exchange in Canada and on the American Stock Exchange in the United States.

Life With A Skin Disease More Than Skin Deep

"Vitiligo"

by Todd Gulmond

The information gathered for this article is provided by Britannica, Medical and Health Encyclopedia 1989.

There are other skin diseases also such as: Acne, Psoriasis, Eczema, and Vitiligo on which this article is about.

Vitiligo is a disfigurement disorder that involves depigmentation of the skin. Leaving the patient visibly disfigured by uneven color. It affects approximately 1 to 2% of the United States population.

Vitiligo has no accompanying physical discomfort. Many skin diseases cause physical limitations. Eg: vitiligo patients should avoid active activities that expose them to sunlight since the affected areas may burn easily.

The social effects of these diseases cause more hardship than the physical limitations. Physically attractive people are thought to have more socially desirable traits than unattractive people. Physically attractive people are also treated better by peers, teachers, friends, employers, and strangers. Visibly stigmatized people thus face special obstacles in efforts to maintain a normal network of satisfying social relationships.

Studies of Psoriasis and Vitiligo demonstrate that although the vast majority of families appear to be generally supportive, family members may be afraid of developing the disease themselves through contagion or heritability. Close friends tend to be rated as supportive and sympathetic, while comments from strangers are generally the most unpleasant and most difficult to handle.

In a study of Vitiligo patients, over half reported strangers staring at them. 20% had been victims of rude remarks, and 8% had suffered job discrimination as a result of their condition.

Some studies have reported that approximately one-quarter to one-third of

people with extensive skin disease tend to avoid social situations that are potentially embarrassing. Among Vitiligo patients many avoid clothing that exposes their body.

A recent collaborative study conducted by sociologists, Judith R. Porter (Bryn Mawr, Pa.) college, and Ann Hill Beuf (Cedar Crest College, Allentown, Pa.) and James Nordlund (University of Ohio, Cincinnati.) found that in Vitiligo patients embarrassment is greatest in situations requiring exposure of the body, and that one-third of Vitiligo patients reported stress in interacting with strangers, and one-quarter reported embarrassment in contact with the opposite sex. People who considered appearance very important, and those with widespread and highly visible Vitiligo (especially on the face), and those who had generally low self-esteem are the most likely to anticipate discrimination from others.

Investigators looking at the self-esteem of Vitiligo patients found that 7% were severely depressed owing to the disease, 32% were actually embarrassed, and 27% showed some degree of embarrassment, 34% however were rated as having made good adjustments. Although skin disease may produce low self-esteem and feelings of inferiority, these psychological responses are not inevitable. Severity of this disease is one factor that causes differences in response. Those with severe Vitiligo tend to exhibit low self-esteem.

Never the less a number of studies have questioned whether severity is the best predictor of emotional effect of dermatosis. In many cases of Vitiligo a small patch of the disease may be more disturbing to some individuals than extensive skin involvement is for others.

Thus factors other than severity must be considered in evaluating probability of poor adjustment and poor self-esteem. The effect of gender has been investigated in many

studies of skin disease; Vitiligo has more negative emotional effects on women. Age also plays a part in the emotional response to dermatosis. Older patients with Vitiligo seem to be significantly less upset over impaired appearance than are young adults.

Studies of Vitiligo show that teenagers and young adults exhibit the most negative emotional response to skin disease. Young children with Vitiligo do not seem to suffer emotionally as much as adolescents do. The findings are contradictory on how the duration of the disease affects the patients self-esteem. Some studies of Vitiligo indicate that those with early-on set or long term disease develop effective coping mechanisms. Studies of Vitiligo patients have demonstrated that those with high overall self-esteem, those who give low importance to appearance, and those who did not perceive that they were discriminated against made good emotional adjustments to the disorder.

Physician - patient relationships may affect the way a patient feels about a skin disorder. Many patients report that primary care physicians often trivialize their skin conditions, viewing them as "only a cosmetic disorder." Many Vitiligo patients feel that doctors, both general practitioners, and dermatologists have ignored their questions or been insensitive to the psychological effects of the disease. Some form of psychotherapy has proved helpful for some patients, group therapy is often recommended for those who are particularly upset by their skin disease.

There may be a confusion of cause and effect in the relationship between skin disease and emotion. More research is needed so that factors causing variations in the psycho-social adjustment of patients who have visible skin disease can be evaluated and so that it can be determined whether psychological difficulties caused by these disorder leave lasting effects

on the patient. Even after the condition has improved.

Although a number of skin diseases are chronic, causing persistent physical distress, there are new and efficient treatments that can relieve many sufferers of their symptoms and some of the disfigurement. Meanwhile research continues, and still more and better treatments are likely to be developed. Until the time comes when these disfigurement conditions will be curable, however the emotional effects should not be trivialized. Skin conditions are not "only cosmetic disorders" and they are certainly not

caused by or related to uncleanness.

In conclusion I would like to mention that I wanted to write more about this disease because there are others besides myself who live with this skin disorder, and because not all the general public is aware of what it is, however it is unclear to me and physicians how it is developed, but it is not contagious or life threatening.

Although the understanding of this skin disorder was gathered from U.S.A. Information, it is the same for Canadians and is very present within the Sagkeeng Community.

NORTH WINNIPEG RIVER HANDIVAN SERVICE

367-9128

As of May 1996, The Winnipeg River Senior Service Inc. has been responsible for the Handivan. There has been several trips for medical purposes and a charter to the Snowbirds Airshow at Grand Beach. The Handivan was purchased through donations but the costs of administering and operating the van are to be covered by user fees and grants. The process for obtaining grants has been followed but to this time we are without outside funding. We are also pursuing funding from other sources but what needs to happen is for the van to be utilized to its fullest extent. The van is not intended for medical purposes only but for recreation, shopping or business. Recreational trips are not planned by the office as that it would increase the administration costs.

What about a group organizing a charter to visit the Dugald Museum, or a shopping trip to Kildonan Place? Various groups in the area do plan trips so why not use the van and give the people that always seem to end up driving a break. To give you an idea of what a charter would cost:

10 people charter the Handivan for a trip to Winnipeg Leave Pine Falls at 9:00 and return at 4:00 - 7 hrs
Mileage to Winnipeg = approx 230 kms
\$/kilometer = .30
Operational Fee - \$10.00/hour

Cost: 30x230 = \$69.00
Operational Fee: 7x 10.00 = \$70.00
69.00 + 70.00 = \$139.00
Cost per person = \$13.90

The information and booking is through the office at the Winnipeg River Senior Service Inc. at 367-9128. Individuals or groups wanting to organize trips, call for information and let us do the driving!

Lifestyles

SNAP SHOES



By Carole G.

Stan and Wanda Pacak recently celebrated their 50th wedding anniversary. The story of their lives, how they met, and how they came to Canada is truly unique.

Stan was born and raised in Poland and Wanda was from the Ukraine. At the age of 15, Wanda and her parents ended up moving to Germany as recruits to work in the war camps, in their case, they were sent to a weaving factory.

Stan, however, was not given the option of wanting to go to a work camp. On October 20, 1942 he was forcibly taken with many other youths off of a busy street at the age of 17 then sent to a railway work camp in Germany. After Stan had spent some time at the work camp, an unfortunate circumstance occurred. Stan was accused of committing an offense of which he was innocent, but he was unjustly punished and sent to a Nazi concentration camp. Amazingly, he escaped back into a work camp and resumed his life as a Polish worker under a new alias. He survived on wit and will until April 1st, 1945, when the foreign workers were officially free. Refugee camps were set up throughout Germany to house the workers until they could move on. Stan and Wanda, by sheer chance were sent to the same refugee camp, which was at an old army barracks in Paderborn, Germany. They met in June, 1945 and were married on January 29, 1946. Many of these people wanted to immigrate to North America, including the Pacaks. The rules and stipulations for immigrating kept changing, the time went on, and 5 years later,

their break finally came.

A representative from Abitibi Price visited the Pacaks camp to recruit woodsmen and Stan was a successful candidate for the Pine Falls mill. So in April, 1951, Stan began working at Bush camps and his wife and three children joined him several months later. After the bush camps, Stan worked at the powerhouse, in the woodroom, and later became a millwright. The Pacak family lived in Powerview for eleven years and their family continued to grow. They built the house in Pine Falls where they still live today. The Pacaks had six children; Stan, Halina, Regina, Daniella, Jane, and Gina. Four of them still live in Manitoba, and two are in the States.

Stan and Wanda have also sponsored two of his sisters and a brother to come over from Poland. Wanda's parents also came to Winnipeg in the 1950's and remained there until they passed away.

While Stan worked at the mill for 33 years, Wanda kept busy with her children, her painting and art work, the Horticultural Society, the St. Theresa's Church choir, and gardening.

I asked them if they enjoyed their lives here. They both assured me: "You never know where you're going to end up in life but this town has been very good to us and this country has provided us with opportunities for a very good life."

The Pacaks indeed have travelled an incredible journey to Pine Falls and because of it, they can appreciate life all the more.



COMMUNITY HEALTH WATCH

Part two of Dating Violence

Dispelling some common myths.....

For ease of reading, the words, "she" or "women" can be interchanged with "he" or "men." In actual fact, the dating myths usually apply to women.

Myth # One

Women are at greatest risk of being assaulted by strangers.

Reality:

Women are at far greater risk of being assaulted by men they know. Dating partners are more dangerous than strangers.

Myth # Two

Jealousy is a sign of love. Reality: Jealousy is the most common reason for assaults in dating relationships. When a man continually accuses a woman of flirting or having an affair, and is suspicious of everyone he sees with her, he is possessive and controlling.

Myth # Three

When a woman gets hit by her partner, she must have provoked him in some way.

Reality:

No one deserves to be hit. Whether or not there was provocation, violence is always wrong. It never solves problems, although it often silences the victim.

Myth # Four

Women in abusive dating relationships stay because they enjoy being abused.

Reality:

women who are abused by their dating partners do not stay in the relationship because they like being bullied. Most victims want to improve their relationship rather than end it. Adolescent girls, in particular, feel social pressure to stick it out because having a "bad" boyfriend is better than having no boyfriend at all.

Myth # Five

Men cannot control their sexual urges, and if a woman gets her date sexually aroused, she deserves what she gets.

Reality:

Men are capable of controlling themselves. That's why

forcing sex on a partner is illegal. Even if a woman has consented to petting or necking, she still has the right to control her own body. When a woman says NO or NO MORE, then the man is required by law to stop.

Myth # Six

Men have the right to expect sexual favors if the pay for dates or if they have a long standing relationship with a woman.

Reality:

This myth is particularly persistent among teenagers. In fact, it is unreasonable to expect sex in return for initiating and paying for dates. And not every long term relationship has to lead to "going all the way". Sex must be voluntary, and both partners have to agree on when they are ready.

Myth # Seven

Maybe things will get better.

Reality:

Once violence begins in a dating relationship, it usually gets worse without some kind of intervention. Waiting and hoping he'll change is not a good strategy. Partners in an abusive relationship need help to break out of the pattern.

Myth # Eight

"Name calling" doesn't hurt anyone.

Reality:

Emotional abuse is often considered harmless "name calling". But name calling hurts; that's why people use it. Emotional abuse lowers the victim's self esteem, sometimes permanently. For many women it is the most damaging aspect of abusive relationships.

Myth # Nine

I can tell if a guy is going to be a "hitter" just by looking at him.

Reality:

Abusers come in all sizes and shapes. They are not the stereotypical muscle bound thugs portrayed in the media. They are in the classroom, at the dance, or living next door.

Myth # Ten

It'll never happen to me! Dating violence can happen to you. It is not limited to a particular social class, or any single ethnic or racial group. Some women are victimized on their first date while others are assaulted after dating a long time. Everyone is at risk.

Material used in this column is courtesy of Health Canada. For further information on this or any topic, please telephone Family Services at 367-2224.

Compiled by Lorraine Neal

NORTH WINNIPEG RIVER HANDIVAN SERVICE
 Drivers required to operate the Handivan on a casual basis. The individual we are seeking must have a respect for the dignity and independence of the client as well as an understanding of the needs of seniors and physically disabled.
 Qualifications:
 -Valid Class 4 Drivers License -Current CPR -Current First Aid -Physical Capabilities to operate the lift -Willing to participate in orientatin of the Handivan restraint system.
 Submit resumes with documentation of qualifications as well as references prior to August 6, 1996 to:
 North Winnipeg River Handivan Service
 Box 1109 Pine Falls, MB R0E 1M0 367-9128

Russell Funeral Homes Ltd.
 Trusting & Caring Service Since 1941
 437 PARK AVENUE W., BEAUSEJOUR, MB., R0E 0C0
 CANADIAN INDEPENDENT

Sports

The Importance of Recreation and Play

by: Todd Guilmond

The way to tell whether or not an activity is play is a person's attitude or feeling toward the activity. If a person feels that he/she is doing something because someone told them to, then they would probably feel that the activity is not enjoyable, which would then draw them away from participating.

Things a person does because they must do them are work. A person is playing if they are happy about what they are doing and have no feeling that they are performing a task or duty.

Any activity which refreshes, and takes away the feeling of tiredness or boredom can be called recreation. Rest, sleep, hearing an inspiring quote, or listening to beautiful peaceful music often have an effect which can be called recreation.

Scientists who have studied the play of man and animals agree that play is a way of expressing many feelings. It is a natural and necessary part of growing up. Children spend most of their time playing. Adults also play, although of course they do not spend as much time at play as do children. Recreation and play are natural and necessary for the growth and health of bodies and minds. The development

of good character is also helped by healthy play. Children learn to become good sports through games they play. They learn to control their emotions by learning to co-operate on teams and to "win or lose gracefully."

One theory says that through play children develop certain skills which are needed in life. Children are born with instincts to do certain things for self protection and to get food. Running, jumping, throwing, climbing and hunting are skills as old as man, and every child practices these skills in active life.

The amount of time which individuals must spend at their work is growing shorter and free time is increasing. At one time people worked from 60-70, hours a week. Now the 40 - hour week with more pay is common. There is more time to play, recreation, and self development then there ever has been in the past. Making use of this free time is important to modern society. If the time is well used it means people will become healthier and happier.

Recreation and play always take the form of enjoyable past times. But they can be physically and mentally demanding as well. Activities such as hockey, basketball, or craft

projects all require skills that are developed through concentration and effort. People often seek recreation outdoors, games and sports can be enjoyed almost anywhere.

Recreation can be divided into active, and passive recreation. An example of active recreation would be playing hockey. An example of passive recreation is like a sensory play watching and listening to something. A recreational activity is best if it is very different from a person's job.

A person who works at a desk all day would probably get the most benefit from taking part in a sport such as tennis, golf, or swimming, whereas a person who works hard physically would probably get more recreational benefits from a hobby such as; photography, reading, or model building.

Children learn to play many games when they are quite young, but few of these activities are carried over into adult life. If children do not receive education in recreational activities, they will make up their own, and this may have bad results. With no recreational education, children may form (or) join gangs, break into homes, steal, and fight. Juvenile delinquency may grow from lack of proper education.

Some recreational opportunities are too expensive for many people to take part in. For example, many people cannot afford to take a trip to one of the national parks or to send their children to summer camps. Most communities today have a department of recreation in their governments, how it works, and what it offers depend on the dedication, commitment and creative imagination of their directors.

The public schools are used in many communities to provide after-school and evening recreation programs for children and adults. It has been found that companies and organizations which provide recreation for their employees have better relations with their workers. The workers develop greater loyalty to their companies and organizations and are less absent from their jobs.

Although much money is spent on recreation and play, it is usually considered money well spent. Much is saved by helping people gain, and keep healthy, fighting juvenile delinquency and crime.

Employees are happier in their job when a good recreation program is provided for them. Activities which are more popular are: bowling, softball, hockey, basketball, golf, and many other outdoor activities. Some companies, organizations run summer camps for their employees, give dances, parties, and encourage musical, drama, and arts and crafts activities.

Commercial recreation such as movies, ball games and other amusements take one-half of all money spent on recreation. People make their livings providing materials, equipment, and services, which are needed for recreation.

Pineview Mixed Slopitch League

	G	W	L	T	PTS
Powerview Fire	15	11	4	0	22
Harbodies	15	11	4	0	22
Stones	14	10	4	0	20
Falcons	15	10	5	0	20
Mustangs	14	8	6	0	16
Die Hards	15	7	7	1	15
Poppers	15	7	7	1	15
Wild Ones	15	7	8	0	14
Cool Dozen	14	6	8	0	12
Five Star Shooters	14	5	9	0	10
Mohawks	14	4	10	0	8
Young & Useless	14	0	14	0	0

The top 8 teams play off for League Championship. The bottom 4 teams play off for B side Championship.

Remaining Regular Season Games July

Mon. 22	Cool Dozen vs. Young & Useless	6:00 I
	Wild Ones vs. Five Star Shooters	7:30 I
	Falcons vs. Mustangs	6:00 R
	Stones vs. Harbodies	7:30 R
Tues. 23	Harbodies vs. Fire	6:00 R
	Poppers vs. Young & Useless	7:30 R
	Stones vs. Mustangs	6:00 I
	Cool Dozen vs. Mohawks	7:30 I
Wed. 24	Mohawks vs. Five Star Shooters	7:30 R

Play-offs begin Monday, July 29

MANITOBA MODEL FOREST INC.
 will be meeting at the
GRAND MARAIS RECREATION CENTRE
 Grand Marais, Manitoba
 Thursday, August 1, 1996
 at 6:00 p.m.
EVERYONE WELCOME!
 Visit our display on the Boardwalk at
 Grand Beach Provincial Park
 August 1, 1996 10:00 a.m. to 6:00 p.m.

FAREWELL TO JOHNNY CAMPBELL

"The Little Laird"

Part Two Of A Two Part Series

When Johnny arrived at Pine Falls, he found in the surrounding land an explorer's dream. Almost at once he began to travel it, seeking out the channels and the portage trails along the tumbling waters of the Winnipeg; recording on film its numerous beauty sports. An expert canoeist, he journeyed eastward into countless unnamed lakes and rivers of the Great Precambrian Shield.

To an experienced adventurer such as Campbell, the country of the Lower Winnipeg was paradise. But, for those with less woodland experience, it presented many dangers. Most of the people who had come to live at Pine Falls were from the cities of the East, the Western Prairies, or from far off Europe. And for these young people, regardless of their origin, the river held an irresistible attraction. Heedless of its dangerous currents, they swam in its waters, dared its waterfalls and rapids. Boating accidents became too commonplace and drownings all too frequent. There was an urgent need for organized courses in water safety but few people about who were qualified to shoulder such a task. Among those willing to accept this challenge was John Campbell.

Commencing with two canoes, Campbell gathered about him a group of boys ranging in age from sixteen to eighteen years. To them, he passed on his knowledge of canoeing: How to use the currents to advantage; how to avoid danger, and, should disaster overtake one, how to cope with such. Voyages lasting from two days to a week were undertaken... expeditions which took the young travelers far into the wilderness. During these journeys, the trainees were required to travel very light. Like Indians, they lived off the land, cooked on open fires and slept beneath their canoes. Besides canoeing and woodlore, the boys learned other skills like swimming and photography. Too, those journeys were

lessons in basic Christianity. One whose religion was a simple but firm belief in The Golden Rule, Campbell taught his students respect and consideration for one another and the world around them.

With the nucleus of his outdoors school trained in those necessary qualities of leadership, Campbell purchased four more canoes and began to enlist additional pupils. From Spring to Fall for fifteen years, Johnny's canoe brigades piled the water of The Winnipeg and, during that span, any boy or girl big enough to wield a paddle was eligible to participate. The youngsters learned to view their environment through experience eyes; accidents became a rarity. During a decade and a half of woodland travel under Campbell's supervision, not one serious mishap occurred. A record of which few such leaders may boast.

By 1949, Johnny Campbell had lived at Pine Falls for twenty two years. His position with the Manitoba Paper Company was well paid and secure. In the church and school, his presence had become an institution. No person, it seemed, could have had the roots of his life more firmly implanted. But a new and very different kind of adventure was calling him... one which, if successful, could help to solve one of the World's most pressing problems.

In the wake of The War, millions of people throughout the world had been left homeless. There was a need from rebuilding on a monumental scale... some type of construction both practical and fast. Campbell had been experimenting with a method of building that involved the use of insulated concrete slabs which interlocked, formed a strong, waterproof wall. Armed with the faith that had always accompanied him, he proceeded with his new and revolutionary idea. He purchased a house on Cambridge Street in Winnipeg and set to work on plans for the construction of a demonstration

home... a plan which would never materialize for, while he was on one of his periodic bicycle trips into the country, John Campbell was struck down by a careless motorist. Close to death, he was taken to the hospital where he would remain for six months.

Campbell's story of recovery is one of courage seldom surpassed. His injuries had left one side of his body paralyzed and the sight in one of his eyes seriously impaired. Doctors who attended him predicted that he would not walk again... that he would always be a helpless invalid. And, for most, this gloomy prognosis would have prevailed. But those physicians were not aware of the indomitable spirit of "The Campbell." Before he could lift his head from his pillow, Johnny was planning a future that included neither beds nor wheelchairs.

Johnny Campbell knew that plans for his invention would have to be abandoned... his life savings were now inadequate to meet the cost of further investment. The man responsible for his injuries had little means with which to meet his responsibilities and the court had awarded the victim only a meagre monthly payment. But, if Johnny Campbell could not help to house the homeless people of the world, then there were other worthwhile tasks he could perform.

The Province of Manitoba was changing. A network of roads was being built and people were flocking into what had previously been inaccessible regions. Many of the beauty spots Campbell had known had now become holiday resorts, something with which he had no quarrel. The forest and the lakes were a God given part of our heritage, here for all men to enjoy. But no one, he felt, had the right to hang a price tag on such things. Men who cared little for the future of our heritage were lining their pockets with money derived by its exploitation. Only those who could afford them could enjoy those things which rightfully belonged to everyone. There was, he felt, a need for the

retention of large areas where exploitation would be disallowed... where nature could remain unchanged and people could enjoy it without paying a price beyond the cost of its necessary protection. As he lay in his hospital bed, Johnny Campbell decided to acquire such an area. Back in his house on Cambridge Street, he set his course... a steep uphill slope that would take him two years to conquer.

The therapy Campbell practised was simply that of keeping both his mind and body active... sleeping only when he was too tired to entertain gloomy thoughts and, never under any circumstance, to consider the possibility of defeat. He practised his hobbies: building and creating; forcing his wasted arm to work for him. Each day, he tried to walk... to make his crippled leg respond. Four years later, only a slight limp remained as testimony to a long ordeal of suffering.

Once he was able to walk again, Campbell began to travel, scouring the country for a suitable location for his sanctuary. In 1955, he discovered the Glenboro property and one of his great dreams became reality. In 1990, he was awarded a life membership in the Naturalists Society of Manitoba.

John Campbell, The Lit-

tle Laird of Glenboro, has now gone to his rest; his ashes lie across the acreage he loved. The last time I saw him, he was planting plum and apple seedlings in a sandy forest clearing. "I won't be here to pick the fruit," he said. "But someday, someone will enjoy it."

Perhaps for most people who live in Pine Falls now the name, Johnny Campbell will mean nothing. But to those men and women who lived their childhoods here during the nineteen thirties and forties, only with our passing will be forgotten. Every time we look across the water we remember his canoe brigades and hear the voices of young people singing as they paddle. When we catch the scent of woodsmoke we recall those youngsters sleeping, heads and shoulders under their upturned canoes and feet toward the dying embers of a campfire... He has bequeathed to us, a legacy in precious memories. And he also left to us a greater love and understanding of the wild and beautiful forest world in which we lived... a lesson in appreciation we have passed on to our children and our children's children.

Farewell and Thank you, Johnny Campbell: You enriched each life you touched: You made The World a better place for all.

5P Festival

The 5P will be holding a parade again this year. Entry forms can be picked up at the office. Deadline Friday, Aug. 9th. Please mail entries to:

Michelle Moore / 5P Co-ordinator
General Delivery
Pine Falls, Mb.
ROE 1 M0

For more information call Michelle at 367-8878

Diversions

BUZZ WITH RUZ



By Rochelle Vinck

BUZZ WITH RUZ
If your kids are getting antsy and all you've been hearing lately is, "I'm bored; What can I do?" Well here's some fun ideas to do with your kids. In Pine Falls there's the pool and the Village Green park. There's also the train in front of the Pine Falls Paper Company that the kids like to take an imaginary ride on. In St. Georges there's the beach and the miniature golf next door. If the kids get brave enough to get as close as the "school" playgrounds during their summer break, all of the play grounds have great slides, swings, play structures, etc. St. Georges school playground just got a beautiful new play structure.

Did you know Library Allard not only has books but you can sign out movies and cassettes too. Also on Wednesday they have Craft

day for ages 5-7 from 11:00am- 12:00 noon, and ages 8-11 from 1:00pm-2:00pm, (register ahead, 10 kids max taken). Thursday is storytime and puppets from 11:00am-12:00 noon. For more info call 367-8443. Across the street from the library is our Historical Museum that's educational and interesting. Here are some out of town adventures: There's the good 'ol zoo, Discovery Zone, the Children's Museum and the Planetarium with Touch the Universe. The kids will have fun and maybe even learn something at the same time. (But don't tell them that... learn something during the summer break; no way!) The Sound of Music is also playing until mid August. They have songs the whole family will enjoy such as "Doe a Deer". That's at the Rainbow Stage.

Chris and Heather Power had a Lobster roast this Saturday. The lobsters were absolutely beautiful and big. Chris had them flown in from the Maritimes. Tony Moss, being from the East coast was in seventh heaven as the official lobster chef; he sure knows how to shell a lobster. Omer Vincent didn't walk away hungry after eating four lobsters, "green stuff" and all. I never knew that was inside but Omer informed me that that's the Lobsters liver: 'tis said to be the caviar of lobster. I didn't dare try it but my husband did and said that it tasted like mashed peas. Fun was had by all, Chris and Heather were very good hosts! (Great steaks, Bella!)

Mrs. Dansereau was a lucky lady with having her niece Addie from California and her grandson Vince Dansereau from Calgary visit her last week.

Ken and Eileen Lesosky were happy to find Lov Lesosky, Ken's brother, on their doorstep last week. He came from B.C to visit with his son Sequoia.

Visiting Herband Renate Johnson are Renate's cousin

Sandra and her beau Marcus both from Brenerhaven, Germany. They've spent one week here in Pine Falls, and are now on a camping adventure to the seventh wonder of the world, Niagra Falls, Ont. They'll be back in a couple of weeks to visit the Johnsons, then it's back to Germany. Hope they enjoy their visit here in Friendly Manitoba, Canada.

Mrs. Emma Rothstein celebrated her 97th birthday last week with her family and friends. It was a full house at Sunnywood and the cake, icecream, and fun was had by all especially Mrs. Rothstein.

Well that's all for this week but remember if you feel you have anything you'd like to add to our column please phone or write me. Birthday greetings to Mona Forsyth, Angeline Dufour, Art Lavoie, Nolan Kunz, Raymond Berthelette, Cara Malo, Lindsay Robertson, Linda

Wilcott, Kevin Boulet, Dave Kush, Cheryl Sokoloski, Richard Cure, Jeremy Pelland, Norm Viznaugh Jr., and Ron Popiel. Anniversary wishes to Leon and Irene Coss, Pat and Kim Arsenault, Lea and Judy Habing, and Grant and Linda Cyr.

This week Jo says: Children- If it's not life threatening, morally wrong or unsafe "Let them do it!"

Here's a few imaginative ways to cope with stress while the "Sweetheart" are home for the summer: 1. Pay your hydro bill in pennies. 2. Drive to work in reverse. And my favorite... 3. "Tattoo" Out of Order" on your forehead!

Brad's word of the week is ADZE- tool like axe, with arched blade at right angles to handle.

*Don't forget to Buzz Ruz at 367-4416 or write me at Box 25 Powerview. Until next week...Enjoy!!

Open to all seniors 55 and up, you are welcome to bring a guest. All meals are \$4.00 each. Meals are at 12:00 noon on Mondays, Wednesdays, and Fridays. Your name must be put on the list the day before calling Silver Haven at 367-4620 between 8-10 or by calling Bernice Phillips at 367-8369. All meals include tea or coffee, juice and buns.

Monday, July 29/96
Soup, Ham and Cheese quiche, mixed vegetable, Blueberry crisp.

Wednesday, July 31/96
Soup and garlic bread, Lasagna, broccoli and carrots, Peach crumble pie.

Friday, August 2/96
Salad, Grilled Chicken, noodle bake, peas, Lemon pudding.

Monday, August 5/96
Salad, Shepherd's pie, cabbage, Ice cream sundays.

Wednesday, August 7/96
Soup, Smorg. Assorted diahes, Fruit cocktail.

Friday, August 9/96
Side Salad, Roast turkey, mashed potatoes, gravy, stuffing, mixed beans, Cheesecake.

Papertown Motor Inn

ECHOES presents...

HOT SOUL FOOD

July 26-27

Classic Rock/Top 40 Band No' Cover

VILLAGE OF POWERVUEW PUBLIC NOTICE

The financial report, together with the related financial statements (to December 31, 1995) have been deposited in the office of the treasurer of the Village of Powerview and are available for inspection by any person or his agent at his own expense, may make a copy thereof or extracts therefrom, at #32 - P.T.H. No. 11, Monday to Friday, between the hours of 8:30 a.m. and 4:30 p.m. This notice is published in accordance with Section 608 (2) (C) of the Municipal Act.

Henry J. Ostrowski, Jr.
Mayor
VILLAGE OF POWERVUEW

Minutes

MINUTES OF THE REGULAR MEETING OF COUNCIL OF THE LGD OF ALEXANDER HELD IN COUNCIL CHAMBERS IN ST. GEORGES, MB. ON TUESDAY, JULY 9, 1996, AT 10:00 A.M.

Present: Ken Danwich, Doug Neal, Nick Roman, Alex Kalynchuk, Sandy Kapeluch
Also present: Jim Norrie, Gary Hlatky (arrived at 10:15 A.M.)

Reeve: Councilor Ward I, Councilor Ward II, Councilor Ward III, Councilor Ward IV
Administrative Assistant: Public Works Foreman

CALL TO ORDER: With a quorum present Reeve Danwich called the meeting to order at 10:05 A.M.

READING AND CONFIRMING OF MINUTES: Resolution No. 373/96 Motion: S. Kapeluch - A. Kalynchuk BE IT RESOLVED that the minutes of the Regular Council Meeting of June 25, be adopted as circulated. Carried.

REPORTS OF STANDING COMMITTEES:
Ward I Councilor Neal reported on his attendance at the Grand Opening of the new Union of Manitoba Municipalities Office in Portage la Prairie on July 5, and on his attendance at the Belair Properties Cottage Owners' Association Annual Meeting July 7, 1996.
Ward II Councilor Roman reported on his attendance at a Stead Basin Committee Meeting held July 4, 1996 at the R. M. of St. Clements.
Ward III Councilor Kalynchuk reported on his attendance at a Pine Falls Hospital Board Meeting June 26; Chevrefils District proposed sewer system meeting on June 26; and on his attendance at the Pine Falls/Powerview Graduation Ceremonies held June 27, 1996.
Reeve Danwich reported on his attendance at the Chevrefils District proposed sewer system on June 26; Traverse Bay Heights Trailer Court Recycling Meeting June 30; and on his attendance at the Belair Properties Cottage Owners' Association Annual Meeting July 7, 1996.
Administrator - No Report

HEARING DELEGATIONS: 10:45 a.m. Leo Filion of the North Winnipeg River Handivan Service appeared before Council to discuss the current operation of the Handivan Service. Mr. Filion informed Council their grant application is still being considered by the Province and what they are attempting to arrange meeting with the Pine Falls Paper Company and the Village of Powerview. Mr. Filion indicated that he will keep Council informed.

11:00 a.m. Variation Hearing - Regarding Lot 14, Block 3, Plan 13370 (Kupecki - Albert Beach) Information relating to this application was reviewed as well as the report from the Development Officer of the Winnipeg River Planning District and their resolution of denial.

Resolution No. 374/96: Motion: Nick Roman - Doug Neal RESOLVED that Council sit as a Variation Board. Carried.

Resolution No. 375/96: Motion: S. Kapeluch - Nick Roman WHEREAS a PUBLIC HEARING has been held in reference to an application for a Variation by Norm Kupecki for Lot 14, Block 3, plan 13370, Trainer Holdings - Albert Beach (Roll # 191814); NOW THEREFORE BE IT RESOLVED that the request to allow: 1) a proposed 24' x 40' garage be 6.0 feet clear of all projections from the side yard boundary rather than the required 15 feet be approved. Recorded Vote:

For: Sandy Kapeluch, Councilor - Ward IV
Against: Nick Roman, Councilor - Ward II
 Doug Neal, Councilor - Ward I
 Alex Kalynchuk, Councilor - Ward III

DEFEATED:
 11:15 A.M. Ian Ross, General Manager - Business Development and Gordon Keith, General Manager - Eastern Region, Manitoba Telephone System - appeared before Council to discuss the Manitoba Telephone System's newly proposed rate group structure application to the C.R.T.C. Mr. Ross presented an overhead presentation outlining M.T.S.'s proposal. Council and the general public in attendance were given the opportunity to ask Mr. Ross and Mr. Keith questions regarding the proposal and the rationale behind it.

RECEPTION OF PETITIONS: Council accepted a Dust Control Petition submitted by R. Sims for Additional Dust Control Services at Leisure Falls. (See Communications - Item #16.)

MATTERS ARISING FROM MINUTES:
 * None

COMMUNICATIONS	DATE	SUBJECT AND DISPOSITION
1. L. Filion	June 25/96	Winnipeg River Senior Service Handivan - Rec'd as info
2. Russ Clifton	June 20/96	Variation - 14-3-13370 - See Variation hearing Res. #376/96
3. Wpg Riv Pkg Dist	June 13/96	Variation - 14-3-13370 - See as above.
4. Ian Ross	June 18/96	Rate Group Presentation - Rec'd as info
5. Ian Ross	July 5/96	Rate Group Presentation - Rec'd as info

6. Albert Driedger Rec'd as info June 21/96 Nathan Chevrefils Creek - Rec'd as info
 7. G. Trambley June 26/96 Jacques et al - Rec'd as info
 8. J. Thevenot June 25/96 Zoning By-law 224/96 - Rec'd as info
 9. W. Letkeman July 2/96 Firat Responder Training - Rec'd as info
 10. T. Laniuk June 28/96 Chevrefils District Sewage System - Rec'd as info
 11. K. Tranborg June 20/96 Manitoba Housing Mitnace Improvements - Rec'd as info
 12. R. Smart July 9/96 R.C.M.P. Crime Stats (May '96) Rec'd as info
 13. N. J. Duboff June 25/96 Poplar Bay Trailer Park - Rec'd as info
 14. L. Derkach June 2/96 Community Round Tables Report - Rec'd as info
 15. R. & B. LaRiviere July 9/96 Public Reserve Across 5-14-15122 - Rec'd as info
 16. R. Sims June 16/96 Dust Control 1-2-11553 Petition for additional Service Leisure Falls

FINANCE:
 1. List of Accounts - General and Payroll Resolution No. 377/96 Motion: Nick Roman - Doug Neal WHEREAS the accounts of the LGD of Alexander for the period ending July 9, 1996 have been examined and found to be in order; THEREFORE BE IT RESOLVED That General Cheques Nos. 9143 to No 9184, both inclusive, for a total amount of \$107,127.30 be hereby approved for payment. Carried.
 Resolution No. 378/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED that the following 1996 accounts be approved for payment; Inland Aggregates Ltd. - Gravel Materials \$73,148.00; Flet's Water Co-op - Water Shop \$60.00. Carried.
 Resolution No. 382/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED that Payroll Cheques Nos. 8951-8958, 8999-9006 and 9011 - 9037 all inclusive, in the total amount of \$32,837.93, be approved. Carried.

INDEMNITY AND EXPENSES:
 Resolution # 380/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED that the following Council expense accounts be approved for payment: Ken Danwich - June expenses \$383.80; Alex Kalynchuk - June Expenses \$97.00; Doug Neal - June expenses \$317.70; Sandy Kapeluch - June expenses \$240.30. Carried.

BY - LAWS:
 1. By-law 1284 - Zoning Amendment "O" Open Space District & SR1 Seasonal Resort District - Grand Pines Subdivision Resolution No. 381/96 Motion: Doug Neal - Nick Roman BE IT RESOLVED that By-Law 1284 which provides for "SR1" Seasonal Resort District zoning for Lot 9, Block 1, Plan 32,528 and for "O" Open Space District zoning to that portion of Block 7, Plan 32,528 situated between Lots 10 and 11, Block 1, Plan 32,528 be read a first time. Carried.

UNFINISHED BUSINESS:
 1. Wayne & Jayne Liebrecht (1-6-12281) Resolution No. 382/96 Motion: Doug Neal - Nick Roman BE IT RESOLVED that Wayne & Jayne Liebrecht of Lot 1, Block 6, Plan 12281 (Roll #5890) in the Green Subdivision be given 30 DAYS NOTICE by registered mail, to clean up trees and branches, as well as stumps which resulted from a move-on building being brought in to Lot 1, Block 6, Plan 12281, in 1995; AND BE IT FURTHER RESOLVED that should Wayne & Jayne Liebrecht fail to comply with this order, said material will be cleaned up and charges for doing so will be billed to them; AND BE IT FURTHER RESOLVED that if said bill is not paid within 30 days, it will be added to the 1996 property tax roll #5890 (Wayne and Jayne Liebrecht). Carried.

2. Fire Calls - Maccanow Drive
 * Reply that the LGD is agreeable to suggested arrangement regarding reciprocal "man-hour" charges only.
 3. B. Crawford - Poplar Bay Trailer Park
 * Reply, awaiting further information.

4. Crown subdivisions (Bird River)
 * Tabled to August 13, 1996 Regular Meeting

5. Proposal to Subdivide - Pine 1/4 33-18-17EPM - Lester Beach Estate Ltd.
 Tabled.

6. Recycling Processor Meeting - Steinbach - June 18, 1996 Resolution No. 383/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED Reeve Ken Danwich be authorized to attend a meeting in Steinbach, Manitoba on June 18, 1996 regarding recycling and Bluewater Waste Management; AND BE IT FURTHER RESOLVED that an indemnity of \$40.00 and mileage be paid in accordance with Indemnity By-Law 1182. Carried.

GENERAL BUSINESS:
 1. Chevrefils Sewage System - Manitoba Water Services Grant Resolution No. 384/96 Motion: A. Kalynchuk - Nick Roman WHEREAS an area in the Chevrefils District requires an extension of water and sewer mains

and a lagoon expansion; AND WHEREAS J. R. Cousin Consultants Ltd. Completed a March 1996 feasibility study (attached) for the required works; THEREFORE BE IT RESOLVED that the L.G.D. of Alexander request the Manitoba Water Services Board to provide financial assistance in the form of an Agra Services Board to provide financial assistance in the form of an Agra water grant to construct the said works in 1996. The financial assistance should include service lines works; AND BE IT FURTHER RESOLVED that since the L. G. D. of Alexander wishes to have the works installed in 1996 the services of their municipal consultant J. R. Cousin Consultants Ltd. Have been retained to finalize the required plans and specifications to Manitoba Water Services Board standard and to solicit all approvals to initiate construction. Carried.

2. Chevrefils Sewage System - Meeting between solicitor and engineer Resolution No. 385/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED that Administrative Assistant, Jim Norrie and Councilor Alex Kalynchuk be authorized to attend a meeting between the Municipal Engineer and the Municipal Solicitor on July 12, 1996 in Winnipeg; AND BE IT FURTHER RESOLVED mileage and expenses be paid as per Indemnity by-law 1182. Carried.

3. Public Works Committee Mtg Resolution No. 386/96 Motion: Nick Roman - S. Kapeluch BE IT RESOLVED that Council go into a Public Works Committee of the Whole and "in camera." Carried

Resolution No. 387/96 Motion: S. Kapeluch - Nick Roman BE IT RESOLVED that the Public Works Committee of the Whole rise and report and continue former order of business. Carried.

Resolution No. 388/96 Motion: S. Kapeluch - Alex Kalynchuk BE IT RESOLVED that the Public Works Foreman be authorized to install 3 "no Parking" signs at 1) Poplar Bay (Parker/Newbiggin); 2) Keystone Heights (on top of hill/turn-around); 3) Anderson Boat Launch. Carried.

Resolution No. 389/96 Motion: S. Kapeluch - Alex Kalynchuk BE IT RESOLVED that the Public Works Foreman be authorized to make the necessary arrangements to replace/repair Boat Dock at Audlen Park not to exceed \$300.00; AND BE IT FURTHER RESOLVED this be charged to Recreation Ward IV in the 1996 Budget. Carried

Resolution No. 390/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED that the Public Works Foreman be authorized to hire casual labourers at his discretion for seasonal employment for approximately 1 month. Carried.

Resolution No. 391/96 Motion: S. Kapeluch - A. Kalynchuk BE IT RESOLVED that the L. G. D. of Alexander authorize the placement of a new telephone line at the Bird River Fire Department. Carried.
 Resolution No. 392/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED that Reeve and Council be authorized to attend a Swiss Corp Seminar in Gimli, Manitoba on Wednesday, July 17, 1996; AND BE IT FURTHER RESOLVED that an indemnity of \$80.00 be paid to each member of Council attending as well as mileage as per indemnity By-law 1182. Carried.

Resolution No. 393/96 Motion: Doug Neal - Nick Roman BE IT RESOLVED that the LGD of Alexander donate \$1,000.00 to the Belair Properties Cottage Owners' Association AND BE IT FURTHER RESOLVED this be charged to Grants to Organizations in the 1996 Budget.

Resolution No. 394/96 Motion: S. Kapeluch - A. Kalynchuk BE IT RESOLVED that the following Drainage Work be undertaken in Ward II Drainage improvement: Schwark - North of Section 3-16-8E (1/2 mile); Cleanout Ditch East side Section 9-16-8E; AND BE IT FURTHER RESOLVED that this be charged to \$3412-26900 Drainage Ward II in the 1996 Budget. Carried.

4. Stairway Repairs - Lester Beach
 * Public Works Foreman to obtain estimate.
 5. Garbage Cans (Lagoon) - Hillaide Beach
 Public Works Foreman instructed to remove.

6. Unsanitary Premises - Lester Beach Area
 Concerned citizens to be asked to make formal complaint(s).

NOTICE OF MOTION: None
PERSONNEL AND IN CAMERA: None
ADJOURNMENT: Resolution No. 395/96 Motion: Nick Roman - Doug Neal BE IT RESOLVED that the meeting be adjourned (3:00 P.M.) Carried

NEXT MEETING: Regular Meeting - Tuesday, July 23, 1996 at 2:00 P.M.

HEALTH CARE NEWS

Innovative Primary Health Services Project
 The Board of Directors of the Pine Falls Health Complex has embarked upon a new and innovative pilot project to provide Primary Health Services to the R.M. of Victoria Beach. For the first time in twenty years Victoria Beach was not able to recruit a physician for the summer. As a result of discussions with Bill McDonald (the Reeve of Victoria Beach), and Dr. J. Kuschke, Chief of the Medical Staff; the Board of Directors approved this pilot project.

The facility is providing primary health services by Registered Nurses. The service includes triage of the patient. This necessitates a complete physical assessment, development of a treatment plan, implementation of the treatment and evaluation of the effectiveness of the treatment. The Manitoba Provincial Triage Guidelines and Criteria for Application (1994) are being used by nurses to determine the urgency for treatment. The two nurses, Laurie Pilon and Cheryl Boisvert, are sharing the responsibility for the service by offering services every Monday, Tuesday, Thursday, Friday and Saturday, out of the Doctor's Clinic at Victoria Beach, from 10:00 hours to 1400 hours. The project commenced July 15 and terminates August 31, 1996. Manitoba Health is aware of and supports this pilot project. The Pine Falls Health Complex is funding this project from its 1996/97 global budget. All costs and statistical information related to running this project are being monitored. This includes: salary, mileage, medical/surgical supplies, pharmaceuticals, laundry, etc. In addition, all patient contacts are being recorded on and OPD/Emergency Form and will be retained in the Health Records Department. We are optimistic that this project will be successful. If it is there will be opportunities for the staff, the facility, and the North Eastman Regional Health Authority in the future. If you would like additional information related to any aspect of this project please contact Susan M. Derk, Executive Director/Director of Care Services at 367-4441. Submitted by Susan M. Derk

SUMMERTIME JAMS

By Marilyn Zarecki
STRAWBERRY JAM
 1L crushed strawberries (about 1.3 kg)
 75 ml lemon juice
 1L sugar
 Combine strawberries and sugar, let stand 1 hour. Add lemon juice, bring to a boil, stirring frequently. Boil to jam stage (about 13 min). When jam stage is reached remove form heat. Stir and skim 5 minutes. Pour into hot sterilized jars. Cool and seal, Makes about 1.1L.
Jam is a deliciously easy way to preserve the fresh taste of summer to enjoy all year. What could be more comforting than the refreshing flavor of homemade jams slathered on warm toast. Follow the recipe exactly and you shouldn't have any problems.
SASKATOON JAM
 2L saskatoon berries (about 1.5 kg.)
 1.25 L sugar
 100 ml water
 grated rind & juice of 1 lemon
 Mash 1L of berries and leave 1 L whole. Add sugar and water, stirring to dissolve sugar. Bring to boil, stirring frequently. Add lemon juice and rind. Boil to jam stage (about 18 min). when jam stage is reached remove from heat. Stir and skim 5 min. Pour into hot sterilized jars. Cool and seal. Makes about 1.5L. May be stored up to 6 months.

News

BEACHES BUZZES

By: Lorraine Neal

Adios treasured friend... It was with sadness I heard about the departure from this community (Pine Falls) of our friend Gayle Yatkovsky. She and Lacey have set up housekeeping across the lake. Whether it is permanent or not we'll have to wait and see. I do hope not. Gayle is like a bubbling spark, she brightens up any event or gathering with her quick and sharp wit. Gayle gives everything 150% of her energy, and is such a hard worker. Her well read column "Chat with Pat" is informative, folksy and full of laughs. Everyone loves it. Whatever she decides to do, we certainly wish her and Lacey all the best life has to offer. This community is a sadder place without them. New kid on the block.... Welcome to Rochelle Vinck, who's prose was present in last week's edition. Rochelle has a nice easy style of writing, and like Gayle, is a breath of fresh air to these pages. Rochelle will be doing what Gayle Yatkovsky did so well, report on who's doing what, birthdays, anniversaries and all the real people stuff. Rochelle is no stranger to some of the beaches folk, for she and husband Raymond operated Belair store for some time. Brittany was only a baby when they moved here,

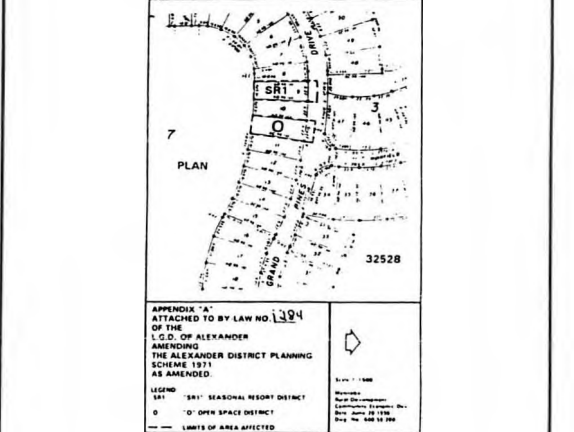
and Garrett was just a babe when they left us. Grand Beach Sun Run, and is for either 5 kms or 10 kms. For further info call 754-3287 or the MRA Race line at 1-204-925-5742. In August there'll be Sagkeeng's Pow Wow Respecting Mother Earth. This is always an exciting time with lots of events taking place. The dates are August 3rd to 5th, and more information will be on these pages as the time is closer.

UNDER THE PLANNING ACT NOTICE OF PUBLIC MEETING REGARDING BY-LAW 1284

The Council of the Local Government District of Alexander under the authority of The Planning Act will hold a PUBLIC MEETING at the office of the District at St. Georges, Manitoba on the 13th day of August, 1996 at 11:00 A.M., at which time and place the Council will receive representations and objections from any persons who wish to make them in respect of By-law No. 1284 to amend the Alexander District Planning Scheme 1971, as amended. A copy of the above By-law of the Local Government District of Alexander and supporting material may be inspected by any person during regular office hours from 8:30 a.m. to 12:00 noon and 1:00 p.m. to 4:30 p.m. Monday to Friday at the office of the District at St. Georges, Manitoba.

The general intent of By-law 1284 of the Local Government District of Alexander is to provide "SR1" Seasonal Resort District zoning to the following property:

- a) Lot 9, Block 1, Plan 32, 528 as shown outlined by a heavy broken line on Appendix "A" below. The property is presently zoned "O" Open Space District and to provide "O" Open Space District zoning to the following property:
- b) That portion of Block 7, Plan 32,528 situated between Lots 10 and 11, Block 1, Plan 32,528 as shown outlined by a heavy broken line on Appendix "A" below. The property is presently zoned "SR1" Seasonal Resort District



The property is located within the Grand Pines Development Corporation Subdivision located approximately 1/2 mile north of the Junction of Highway #59 and Highway #11.

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BEL-AIR PROPERTIES
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COTTAGE FOR SALE
 3 bdrm. 7 yrs. old 24' x 40' winterized and screened porch. Lot 100' x 200'. Hillside Estates, immediate possession. Call 367-8963.

WANTED
 Teacher requires suite or room in Pine Falls/Powerview area from Sept. 1 to Dec. 31. Phone Brent at 482-6367. 2xpd.-1

HOUSE FOR SALE
 2 bdrm. bungalow 24' x 32'. Lot 82' x 268'. Located in Powerview \$38,000. Price negotiable. Ph. 367-2909. 2xinv.-2

CAMPERS
 For sale 24 ft. Corsair Camper, sleeps 7 c/w rear bunks, nice condition, for more information call Lionel Vincent at 367-8482. 2xinv.-2

WEDDING ANNOUNCEMENT
 Congratulations go out to Brad Guimond of Sagkeeng, Manitoba and Tina Ryle of Peguis, Manitoba who were united in marriage on July 13, 1996 at the Wide World of Faith Church, in Winnipeg, Manitoba.
From The Guimond Family and Friends

FOR SALE
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1996

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Buffie
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6:00 P.M.

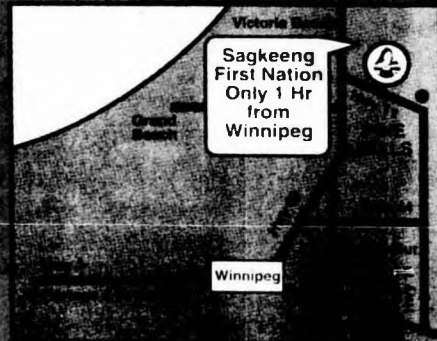


Keith Secola and
The Wild Band of Indians



with special guest
Ulali

- Treaty Days - Aug. 1-5
- Sun Rise Ceremony - daily
- Grand Entry Traditional Pow-Wow - noon daily - Aug. 1-5
- Children's Pow-Wow - 10:00 AM - Aug. 1-5
- Square Dance - Aug. 1-5
- Round Dance - Aug. 1-5
- 12:00 AM - Aug. 1-5
- 1:00 AM - Aug. 1-5
- 2:00 AM - Aug. 1-5
- 3:00 AM - Aug. 1-5
- 4:00 AM - Aug. 1-5
- 5:00 AM - Aug. 1-5
- 6:00 AM - Aug. 1-5
- 7:00 AM - Aug. 1-5
- 8:00 AM - Aug. 1-5
- 9:00 AM - Aug. 1-5
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- 9:00 PM - Aug. 1-5
- 10:00 PM - Aug. 1-5
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